

# Alcohol harm in Na h-Eileanan Siar

There are **101** places you can buy alcohol in Na h-Eileanan Siar.

**66** on-sales premises (pubs and restaurants).



**35** off-sales premises (supermarkets and shops).

Source: Scottish Government, Scottish Liquor Licensing Statistics 2020-21

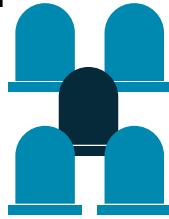
In Na h-Eileanan Siar around **1 in 4 men** (26%) and **1 in 12 women** (8%) drink at levels harmful or hazardous to their health.



In Scotland as a whole, **1 in 4 people** drink above the low-risk guidelines.

Source: Scottish Health Survey 2019

Between 2016 and 2020, an average of **8 people** died each year because of alcohol in Na h-Eileanan Siar.



There were **1,190 alcohol-specific deaths** across the whole of Scotland in 2020.

Source: National Records for Scotland, 2021. Based on a 5-year moving average.

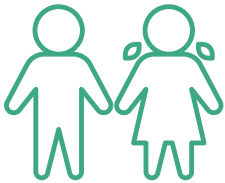
There were **243 alcohol-related hospital admissions** in Na h-Eileanan Siar in 2020/21.



Rates of hospital admissions in Na h-Eileanan Siar were **higher** than the Scottish average.

Source: Public Health Scotland, 2021

**34%** of 13 year olds and **63%** of 15 year olds have ever had an alcoholic drink in Na h-Eileanan Siar.



Source: SALSUS, 2018

Parental drinking was a concern identified for **24%** of children on the child protection register in Scotland.



Source: Scottish Government, Children's Social Work Statistics 2020-2021

Alcohol harms cost Na h-Eileanan Siar **£9.94m** annually. This is **£379 per person**.



HEALTH SERVICE:	£1.21m
SOCIAL CARE:	£1.58m
CRIME:	£3.18m
PRODUCTIVE CAPACITY:	£3.97m
<b>TOTAL COST:</b>	<b>£9.94m</b>



The above total cost does not include wider social costs that estimate the value of non-paid work and intangible social costs associated with people who experience premature mortality from alcohol-related diseases. As these costs are hard to estimate accurately they have been excluded from the overall total, but are believed to be somewhere in the range of £9.02m-£16.41m for Eilean Siar.

Source: Local cost of alcohol profile, Alcohol Focus Scotland, 2012