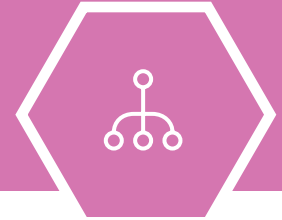


Defining Guidelines for Appropriate Telehealth Use



Telehealth can be a helpful way to provide care to patients remotely; however, it likely won't be appropriate to use in every situation.

Below are some common examples of conditions or visit types where other physicians and practices have found telehealth appropriate vs. where an in-person visit was more appropriate. However, you should use your judgment when determining the appropriateness of telehealth based on developed protocols and the specific conditions of the individual patient.

COMMON USE CASES FOR TELEHEALTH	TELEHEALTH IS NOT APPROPRIATE FOR
<ul style="list-style-type: none"> <input type="checkbox"/> Appointments with existing patients <input type="checkbox"/> Prenatal visits <input type="checkbox"/> ADHD, Anxiety, Depression, toddler behavioral, and sleep (follow-up and medication management) <input type="checkbox"/> Asthma follow-up and medication management (not when having acute symptoms or wheezing) Children on high-dose inhaled steroids may need to be seen in the office to monitor growth <input type="checkbox"/> Allergy evaluation/medication management <input type="checkbox"/> Eczema, acne evaluation, and medication management and follow-up <input type="checkbox"/> Any other medication management not requiring a physical exam <input type="checkbox"/> Simple conjunctivitis (pink eye) without fever <input type="checkbox"/> Minor trauma screening (lacerations, abrasions, animal bites) <input type="checkbox"/> Follow-up for dietary guidance <input type="checkbox"/> Review of lab, X-ray, and consultation reports <input type="checkbox"/> Surgery follow-up <input type="checkbox"/> Foreign travel (may require a vaccination visit) <input type="checkbox"/> Foreign adoption (review of records prior to adoption) <input type="checkbox"/> Lactation 	<ul style="list-style-type: none"> <input type="checkbox"/> First-time appointments <input type="checkbox"/> Anytime a physical exam is needed <input type="checkbox"/> When patient is experiencing a symptom outside the bounds of your clinical protocols for telehealth visits (e.g., fever, difficulty breathing, vomiting, confusion, agitation, or other abnormal mental states, etc.)