School Meals in Arizona

How'd they do that?

Palominas Elementary School

District

Whole Wheat Spaghetti "Lunch in the Classroom" Meal

- · Currently being served in the classroom via meal delivery
- Food Cost: \$0.40/meal

Whole Wheat Spaghetti

Procurement

• USDA Foods-Direct Delivery

Meat Sauce

Procurement

- Ground Beef: USDA Foods-Direct Delivery
- Marinara Sauce: USDA Foods-Direct Delivery

Steamed Peas and Carrots

Procurement

- Peas (Frozen): USDA Foods-myFOODS
- Surplus Catalog
 Carrots (Canned): Available from Shamrock Foods

Fresh Mixed Fruit Salad

Procurement

- Blueberries (Frozen): USDA Foods-Direct Delivery
- Strawberries and Kiwi: USDA Foods-DoD Fresh

Whole Wheat Dinner Roll

Procurement

Available from Shamrock Foods



Equipment

- Warming OvenSteam Table
- Insulated bags and coolers with ice blankets

Packaging

- 5-compartment bento boxes (pictured) or clamshells
- Silverware packet

Labor

- Day before service: Dinner rolls are thawed/baked.
- Day of service: Two cooks to prepare spaghetti, fruit salad, and steam vegetables.
- Hot items are plated and placed in the warming cabinet.
- Fruit salad placed in a cooled container and added to the rest of the plate upon delivery.

Food Safety

- Utilize steam table during preparation/packaging. Hold hot food in a warming oven at 140 degrees or
- more and use insulated bags during transportation. Keep cold items refrigerated before bagging. Use a cooler and ice blankets to hold food at 40 degrees during transportation.



