

### Cwrs cyntaf

Cawl y dydd - gyda bara crystiog cynnes a menyn (Figan, DG ar gael) - **£3.50**

Halloumi wedi'i ffrio, cwinoa coch a gwyn, salad tomato ceirios a dresin raita a mintys (LI) - **£4.50**

Sgiwerod corgimychiaid y brenin wedi'u marinadu, egin pys, salsa mango, dresin oren a chilli (DG) - **£4.95**

### Prif gwrs

Cig Oen wedi'i goginio'n araf gyda rhosmari a gwin coch, tatws stwnsh hufennog, llysiau gwyrdd sautee a moron enfys (DG) - **£13.50**

Ffiled o eog wedi ei bobï, tatws newydd mâl, sbigoglys wedi'i falu a brocoli coesau main gyda dil hollandaise (DG) - **£13.25**

Cnau menyn rhost, parsel sbigoglys a feta, salad tomato ceirios a cwinoa a phiwrî mango (LI) - **£9.95**

Cyw iâr rhost provençal, tatws stwnsh hufennog, llysiau'r gwanwyn sautee (DG) - **£11.95**

### Pwdin

Cacen gaws mafon a siocled gwyn gartref, meraingue mâl a coulis ffrwythau (LI) - **£4.95**

Pwdin taffi stici arbennig y cogydd, saws taffi a hufen iâ fanila (LI) - **£4.95**

Parfait mefus a mintys, briwsion bisged amareti, ffrwythau ffres a saws mango (Figan) - **£4.95**

### Starter

Soup of the day served with warm crusty bread and butter (Vegan, GF available) - **£3.50**

Pan fried halloumi, red and white quinoa, cherry tomato salad and minty raita dressing (V) - **£4.50**

Marinated king prawn skewers, pea shoots, mango salsa, orange and chilli dressing (GF) - **£4.95**

### Mains

Slow cooked Lamb henry with rosemary and red wine, creamy mashed potato, sautéed greens and rainbow carrots (GF) - **£13.50**

Baked fillet of salmon, crushed new potato, wilted spinach and tender stem broccoli with dill hollandaise (GF) - **£13.25**

Roasted squash, spinach and feta parcel, cherry tomato and quinoa salad drizzled with mango puree (V) - **£9.95**

Roast chicken provençal, creamy mashed potato, sautéed spring greens (GF) - **£11.95**

### Dessert

Homemade raspberry and white chocolate cheesecake, crushed meringue and fruit coulis (V) - **£4.95**

Chef's special sticky toffee pudding, toffee sauce and vanilla ice cream (V) - **£4.95**

Strawberry and mint parfait, amaretti biscuit crumb, fresh fruit and mango sauce (Vegan) - **£4.95**