



where hearts are healed.



Bo's Place exists
to enhance the
lives of those who
have experienced
the death of a
loved one.



Dear Friends,

Fiscal year 2022-2023 was a busy year. With the generous help and support of our community, we continued to learn from the lessons of the post-pandemic world in which we live and to prioritize increasing access to grief support services for the bereaved in our community. We are proud of the progress made on our goals and share some highlights below:

Eliminate waitlists: Bo's Place enrolled 1,452 unique individuals in online and in-person grief support groups, a 6% increase over 2021-2022. We increased the number of active volunteer facilitators from 108 to 160 which enabled us to add the following in-person group options: a 9-week family group on Tuesday evenings (English and Spanish); a 9-week adult group on Tuesday evenings (Spanish); a 6-week Little Friends group on Wednesday afternoons (English); and additional 7-week school-based groups (in English or Spanish). As of the end of 2022-2023, we eliminated all wait lists for our support group programs.

Increase access to grief support for underserved students: Bo's Place increased student enrollment in our school-based grief support groups to 153 students, a 25% increase over 2021-2022. We worked in partnership with Communities in Schools Houston, Harris County Resources for Children and Adults, KIPP Texas Inc., and Las Americas Newcomer School to identify schools needing grief support resources, prioritizing those that serve under-resourced communities with high Hispanic/Latino and Black/African American populations. Bo's Place trained 613 school professionals in methods to better support their bereaved students and distributed 79 grief resource bookbags containing age-appropriate grief support literature and discussion guides to schools in 23 school districts.



Ensure families and individuals gain healthy coping skills and support systems: 95% of support group participants reported they have developed a strengthened support system and 93% reported their families have gained healthy coping skills; 82% of students in school groups reported they learned healthy coping skills and 92% felt supported by their group.

This year provided an additional unexpected challenge when Bo's Place experienced a major leak in the HVAC system in January 2023. The hard work of staff and volunteers, the grace of group participants, and the support of our community helped us navigate two and a half months of remediation and repair while minimizing disruption of our in-person programs. It is what the "magic" of Bo's Place is all about.

With much gratitude,

A handwritten signature in black ink that reads "Mary Beth Staine".

Mary Beth Staine
Executive Director
2022-2023



Grieving is a natural human experience.

2022-2023 Program Impact

Grief Support Groups

Grief support groups at Bo's Place give children, families, and adults a safe place to express their thoughts and feelings with others on a similar journey. Sharing and connecting helps the bereaved process the many feelings they are experiencing due to the death of someone significant to them. It helps them better understand their reactions to the death. At Bo's Place, they find a place and the time they need to rediscover joy and hope for the future.

Grief support groups are led by trained volunteer facilitators under the supervision of Bo's Place clinicians. Depending upon the type of support group, online and/or in-person options may be available, in English and/or Spanish. All groups are offered at no cost to the bereaved.

1,452 individuals attended one or more grief support groups

611 children

841 adults

8,961 group sessions attended

Participant Enrollment in Online vs In-Person Groups

60% online groups

40% in-person groups



Enrollment by Group Type

Family Groups

50% (848 participants)

Little Friends Groups

3% (43 participants)

School Groups

9% (153 participants)

Adult/Young Adult Groups

36% (601 participants)

Pregnancy Loss Groups

2% (38 participants)

Total Group Enrollment

100% (1,638 group participants)



Groups for Children and Families

Family Groups for children, ages 5-18, who have experienced the death of a sibling or parent, and their parents or guardians

Little Friends Groups for preschool children, ages 3-5, who have experienced a death in their immediate families, and their parents or guardians

School Groups for students at designated K-12 schools in partnership with other community partner organizations

Groups for Adults

Adult and Young Adult Groups for adults, ages 18-30, who have experienced the death of a significant person – child, parent, grandchild, spouse, partner, relative or friend

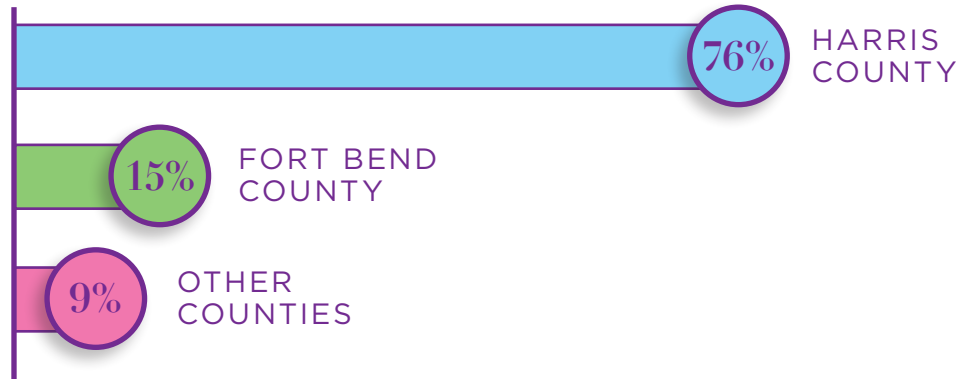
Pregnancy Loss Groups for women who have experienced the perinatal death of a child or children



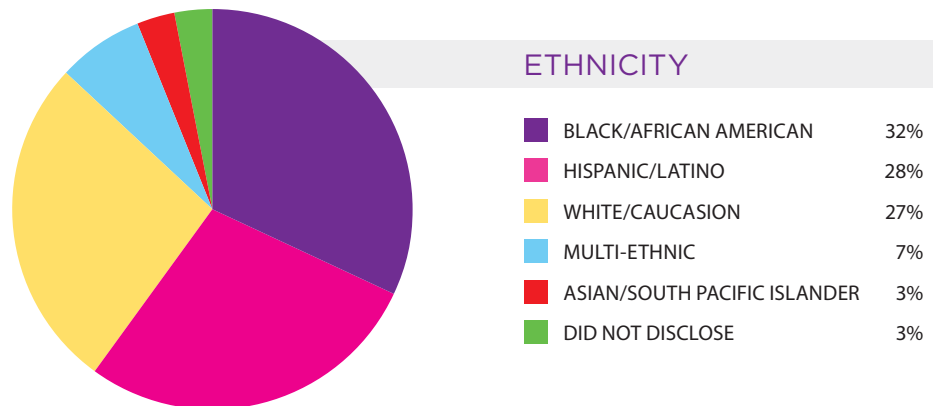
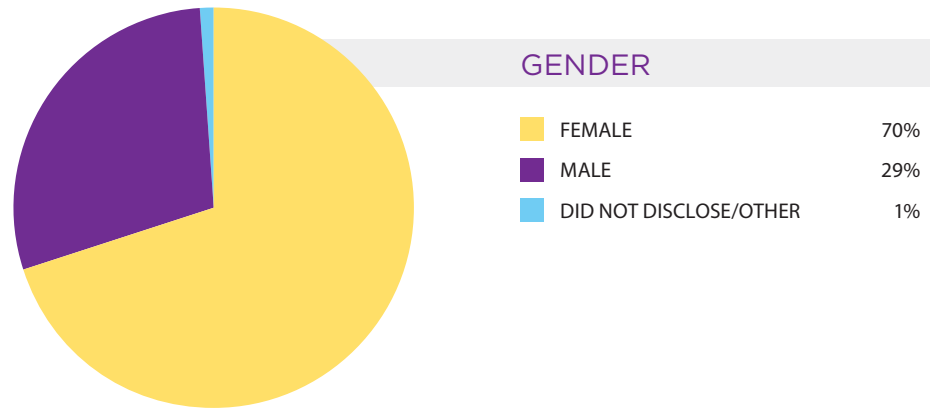
Sharing experiences with others in grief helps individuals move towards hope and healing.

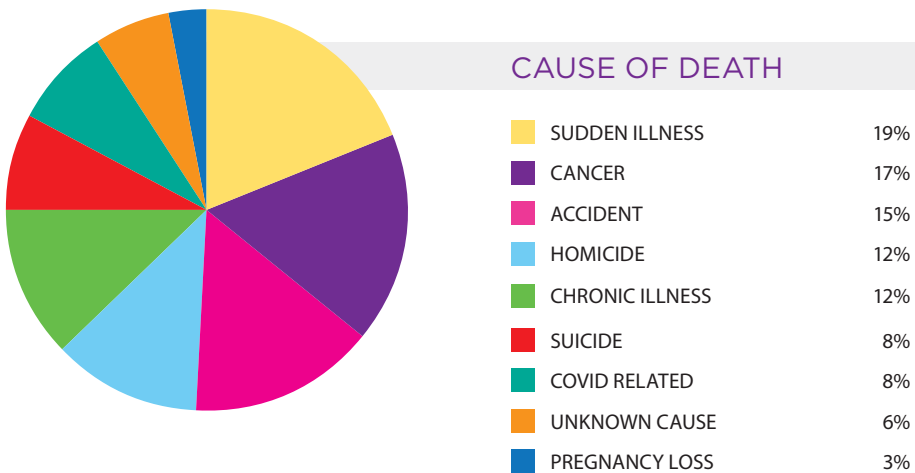
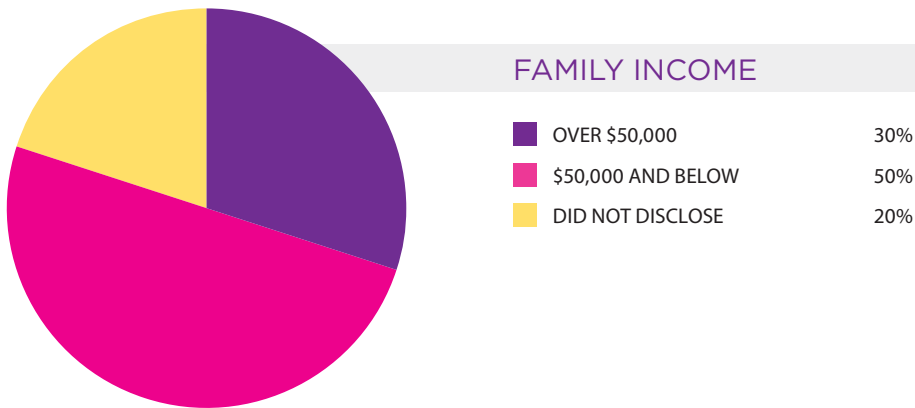
Our Support Group Participants

The Greater Houston area is comprised of 9 counties. The majority of support group participants reside in Harris and Fort Bend Counties.



Support Group Participant Demographics





What Our Support Group Participants Report

95% have developed a strengthened support system and are feeling less alone in their grief

93% report their families have acquired new healthy coping skills and are better able to face the challenges of their grief

92% of parents and guardians feel more prepared to be present for and supportive of their grieving children

88% have an increased sense of possibility for the future and for experiencing joy again

97% of respondents would recommend Bo's Place to other grieving families



Bereaved students face many additional stressors during a school day besides their grief.

Program Spotlight

School Grief Support Program

Increased Access to Grief Support for Underserved Students

153 K-12 students enrolled in school groups, 25% increase over 2021-2022

613 school professionals trained in methods to better support their bereaved students

79 grief resource bookbags distributed to schools in 23 school districts providing age-appropriate resources for teachers and counselors



Our School Group Participants

Students are offered support in the language in which they are most comfortable talking about their grief experience.

83% attended English language groups

17% attended Spanish language groups

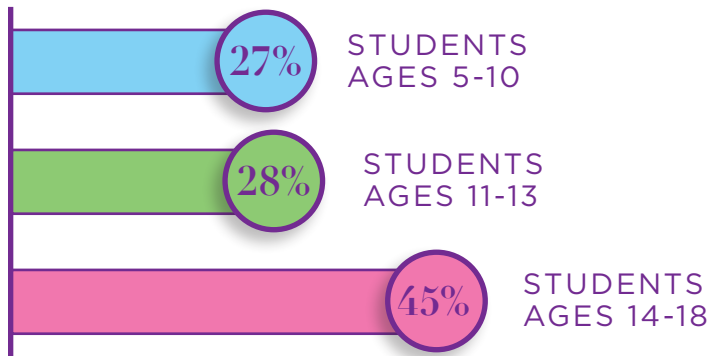


Ethnicity and Family Income

83% of students identify as Hispanic/Latino or Black /African American

82% report family income of less than \$50,000

Student Ages



“ My experience in this group was amazing because it helped me focus on school and also made me feel at ease with my person’s death. ”

– School Group Participant

What Students and School Support Staff Report

92% of students felt supported by their group

91% of school support staff report they saw a positive impact in school behavior for students attending group

100% of school support staff report that participating in group helped students feel more comfortable sharing their grief experience

Program Spotlight

Bilingual Women’s Retreat

Thirty-five women attended the Bo’s Place Bilingual Women’s Retreat designed to provide a day-long experience focused on self-care, building connection and a stronger support system, and remembering their loved ones.



Each of us grieves within the context of our own family, culture, and community.

Information & Referral Line

The Information & Referral Line at Bo's Place is the first point of contact for those who seek bereavement support, resources, and referrals. Bo's Place clinicians answer calls and inquiries from those who have experienced a death, as well as from family, friends, co-workers, and other concerned individuals who want guidance in how to support the bereaved. Bilingual clinicians are available for inquiries from those whose preferred language is Spanish.

4,101 inquiries, 20% more than pre-pandemic levels

Inquiries to the Information & Referral Line

Most inquiries received are from individuals who reside in Harris and Fort Bend Counties.



National Alliance for Children's Grief Fall Conference: Supporting Children and Families following a Stigmatized Death (pictured: Tina Barrett, LPC, conference co-presenter; Vicki Jay, CEO, NACG; Mary Beth Staine, Executive Director, Bo's Place, local host)

Community Education & Training

To build capacity in the Houston community to support the bereaved, Bo's Place offers regular online and in-person community education and training opportunities for professionals and others working to support those in grief. Bo's Place also strives to raise awareness about the prevalence of childhood bereavement and the consequences of not providing appropriate support. Through community outreach, Bo's Place seeks to ensure grief support resources are available and accessible to those in need of support.

24 trainings and workshops

1,239 participants

80% attended free of charge

669 participants at 14 presentations held at community sites

457 participants at 7 online webinars

113 participants at 3 trainings held at Bo's Place



Lori Bokone, M.Ed, LPC and Arlette Rangel Rodriguez, LCSW presenting to Communities in Schools Houston staff.

Training and Workshop Presentations

Trainings and workshops are presented by Bo's Place clinical staff, as well as other local and national field experts.

- *Understanding Children's Grief*
- *Understanding and Supporting the Bereaved*
- *Understanding and Supporting Grieving Children and Families*
- *Good Grief for Helping Professionals*
- *Good Grief for School Professionals*
- *Understanding and Supporting Grieving Students*
- *Grief at School: Forming and Facilitating Grief Support Groups at School*
- *NACG Fall Conference: Supporting Children and Families following a Stigmatized Death**
- *Helping Navigate Pregnancy Loss: A Workshop for Healthcare and Mental Health Providers**
- *Ethics & Self Care Webinar: Recalibrating Our Approach through Mindful Self Compassion**
- *Healing & Collective Grief**

* Guest field experts presenting.



Those who are grieving are supported when given space to express their grief in their own ways.

Awareness and Outreach

Childhood Bereavement: The Need is Great

An estimated 1 in 14 children in Texas will experience the death of a parent or sibling by the age of 18. By age 25, this number more than doubles.

1 in 14
children

experience the death of a loved one
before the age of 18.

2023 CBEM National and State Reports Judi's House.

(2023) Childhood Bereavement Estimation Model. Retrieved from www.judishouse.org/CBEM

Community Outreach

Bo's Place invites community organizations and partners to utilize our training and facility space for their organization's training needs. Many groups use the opportunity to participate in a volunteer project as well. Bo's Place staff and volunteers also reach out into the community to participate in events and other opportunities to share our message.

Bo's Place in the Community

- *Baker-Ripley's Annual Mental Health Symposium*
- *Belle Blackwell Texas School Nurse Conference*
- *Harris County Juvenile Probation Community Resource Fair*
- *HISD Annual Back to School Extravaganza*
- *Mental Health America of Greater Houston 6th Annual Behavioral Health Conference*
- *SBISD Health & Wellness Fair*
- *Texas Association of School Psychologists Annual Conference*

The Cost of Failing to Provide Appropriate Support

Childhood bereavement has profound impacts on youth, families, and communities. Research shows that bereaved children are at an increased risk of disrupted development. Unaddressed, childhood grief and trauma can lead to short- and long-term difficulties, including decreased academic performance, relationship difficulties, reduced resiliency and self-esteem, and early mortality.

Timely and appropriate support promotes healthy child development. Every day, bereaved youth turn to peers and adults for assistance in managing their complex grief reactions. The peers and adults in their lives are often unprepared and ill-equipped to provide the trauma- and bereavement-informed support needed. Bo's Place is a safe environment where children and families can grieve together, learn about healthy and adaptive grieving, and start to heal.

Bo's Place is here to help ensure bereaved children and their families receive the support they need when they need it most.



“ Bo's Place is the only place where I can be real. Out there I pretend, but at Bo's Place I can be real. ”

– Family Group Participant

We grieve
the death of
someone in
different ways at
different times
in our lives.

Volunteer Program

Volunteers are at the heart of the work done at Bo's Place. They are support group facilitators (under the supervision of Bo's Place clinicians), hospitality volunteers, quilters, playground monitors, special project volunteers, event chairs, ambassadors, committee members, board members, graduate level interns, and more. They are caring individuals from diverse backgrounds who share our vision of a community committed to ensuring that grieving children and families receive the support they need when they need it most.

366 total volunteers

8,398 volunteer hours

\$250,772 dollar value of donated volunteer hours

160 volunteer facilitators



“ The best part of being a Bo's Place volunteer is seeing the light shift in the eyes of those hurting... seeing hope again. I am always full of gratitude when leaving Bo's Place. ”

–Bo's Place Volunteer

Financial Information

Total Revenue: \$2,067,243

Revenue:

| | | |
|----------------------------|-------------|-----|
| Foundations: | \$1,099,903 | 53% |
| Special Events (less DDB): | \$574,556 | 28% |
| Individuals: | \$151,210 | 7% |
| Corporations: | \$83,596 | 4% |
| Net Investment Returns: | \$63,265 | 3% |
| Churches: | \$32,342 | 2% |
| In-kind: | \$26,940 | 1% |
| Organizations: | \$20,346 | 1% |
| Other Income: | \$15,085 | 1% |

| | | |
|---------------|---------------------|-------------|
| Total: | \$2,067,243* | 100% |
|---------------|---------------------|-------------|

**The net differential of revenue less expenses was funded by Board approved contributions from the Long Term Strategic Development Fund and Board Designated Fund, as well as restricted funds received in prior years for 2022-2023 expenses.*

Total Expenses: \$2,379,913

Expenses:

| | | |
|----------------------|-------------|-----|
| Program | \$1,628,231 | 68% |
| Fundraising | \$452,660 | 19% |
| Management & General | \$299,022 | 13% |

| | | |
|--------------|--------------------|-------------|
| Total | \$2,379,913 | 100% |
|--------------|--------------------|-------------|

Net Assets as of June 30, 2023: \$5,628,257



Grief is both
a universal
and a uniquely
individual
experience.

2022-2023 Donors

Bo's Place gratefully acknowledges the foundations, corporations, civic and faith organizations, and individuals who believe in our mission and allow us to provide the highest quality of services for the bereaved in our community through their generous support.



\$50,000 or more

The Brown Foundation, Inc.
Ed Rachal Foundation
The Hamill Foundation

\$25,000-\$49,999

The Cullen Trust for Health Care
The Ellwood Foundation
The Florence and William K.
McGee, Jr. Family Foundation
George and Mary Josephine
Hamman Foundation
The George Foundation
Houston Texans Foundation
John P. McGovern Foundation
John S. Dunn Foundation
The Marie M. and James H.
Galloway Foundation
McCrea Foundation
Ruth Jones MacDonald Charitable Trust
SpawGlass Construction Corporation
Paula and Rusty Walter



*2023 Hats, Hearts & Horseshoes: A Kentucky Derby Affair:
Co-Chairs Michael and Julie Chen, Champions of Hope Honorees
Dorothy and Ronny Cuenod, and Co-chairs Alice and JW Lodge.*



\$10,000-\$24,999

Jenny and Todd Abbott
Charlotte Ann Abercrombie
The Astros Foundation
Kathy Butler and Don Sanders
The C.T. Bauer Foundation
Susan and Giulio Cattozzo
CFP Foundation
Charity Guild of Catholic Women
Dorothy and Ronny Cuenod
Barbara and Ronald Cuenod
Jenny Elkins
The Gayden Family Foundation
Debbie and Mark Gregg
Harris County Hospital District Foundation
The Henderson-Wessendorff Foundation
Kirsten and RB Herrscher
Huffington Foundation
Jack H. and William M. Light Charitable Trust
The John M. O'Quinn Foundation
M.D. Anderson Foundation
Fred G. Marshall
Janice S. McNair
Memorial Drive Presbyterian Church
National Alliance for Grieving Children —
Brave of Heart Fund
Lindy and Larry Neuhaus
St. Martin's Episcopal Church
Rick Smith
Sue Smith and Craig Brown
Spindletop Community Impact Partners, Inc.
Mary Beth and Ross Staine
Sterling-Turner Foundation
Strake Foundation
The Tapeats Fund
Stephanie and Brad Tucker
Vivian L. Smith Foundation
The W.T. and Louise J. Moran Foundation
The William Stamps Farish Fund



2023 Hearts of Hope Luncheon: Co-Chairs Sam and Ashley Cruse, Guest Speaker Emily Cave, and Co-Chairs Mary and Carter Groves



*2023 Robin Bush Award Honoree:
The Junior League of Houston, Inc.*

No grief journey is the same, yet each person grieving needs one powerful thing: support.



\$5,000-\$9,999

100 Women Who Care Cypress
 Albemarle Foundation - Pasadena
 Alvin A. and Roberta T. Klein Trust
 Chris and Merrell Athon
 Erika and Matthew Benz
 Kristy and Chris Bradshaw
 Jennifer Brown
 Cecile Cao and Robert Le
 The CBJR Foundation
 The Church of St. John the Divine
 The Crain Foundation | Lacy Crain
 and Joe Galloway
 Ashley and Sam Cruse
 Erin and Jared Curless
 Desroches Partners, LLP
 Edward H. Andrews Foundation
 Sidney and Ab Fay
 Allie and Jay Fields
 Shari and Tom Fish
 Fort Bend Junior Service League
 Claire and Joe Greenberg
 Mary and Carter Groves
 Cynthia Guill
 Pam and Jim Harris
 H-E-B
 Hildebrand Fund
 Houston Endowment, Inc.
 Houston Pi Beta Phi Foundation

Nicole and James Lassiter
 Julia and Harvin Lawhon
 Joyce and Ed Lehotsky
 Stacey and Al Lindseth
 Lodge Lumber
 Macy's
 Flo McGee
 Leila and Walt Mischer
 John L. Nau, III
 William J. and Dorothy K. O'Neill
 Foundation
 Karen and Dean Patrinely
 Brian Poldrack
 QBE International Markets
 Russell & Smith Ford - Honda - Mazda
 St. Paul's Methodist Foundation
 of Houston
 Susan D. Sarofim
 Mary Jane and Bo Sasnett
 Judy and Henry Sauer
 Tina and Dan Silvestri
 Aimee and Wynne Snoots
 The Stanton Foundation
 Wade Upton
 Erin and Frank Verducci
 Mollie and Kent Wallace
 Dr. Julie Longoria and Dr. Stephen Chen
 Daisy and John White

\$1,000-\$4,999

987 Aesthetics & Wellness
Dorothy and Mickey Ables
The Albert and Ethel Herzstein
Charitable Foundation
Altar'd State-City Centre
Christina and Matthew Altenau
Anderson Family
Andrews Foundation
Animo Hat Company
Ann and Tom Estus Fund
Frances and Tim Arnout
Avetta
Ashley and Clark Beecher

Beth Wolff Realtors
The Bob and Janette Strode
Charities
Pam and Murray Brasseux
Justin Burch
Nancy and Harry Burrow
Kelly and Sean Butler
Robert Cabes
Ginny and Dennis Cahill
Minnie and Ed Cappel
Carnes Funeral Home
Bettie Cartwright
Julie and Stephen Chen

Kathy and Frank Comiskey
Hope Conroy
Carolyn and Sam Cruse
Custom Millwork, Inc.
Ginger and Jayar Daily
Claire and Tyler Day
Bruce W. Derrick
Valerie and Tracy Dieterich
Susie and Joe Dilg
Ali Dodson
Duncan Genesis Foundation
Amanda and Marc Eichenbaum
Lesha and Tom Elsenbrook

Our home on Buffalo Speedway

Bo's Place offers in-person grief support programs at our 18,000 square foot facility which includes 10 support group rooms; art, play, and activity rooms for children; a dining room; and a training room.

In January 2023, Bo's Place experienced a significant leak in our HVAC system which caused damage to both the first and second floors of the building. The remediation and repair process interrupted the delivery of in-person programs for 2 ½ months. Online programs and school groups were not impacted. Support from generous donors covered expenses not reimbursed by insurance.



Grief is not just felt in your heart – it is an experience that impacts your entire being.

\$1,000-\$4,999 (continued)

Elva J. Johnston Foundation
Susan and Bill Finnegan
Myrna Fisch
Margaret and Bryant Fitts
Ellie and Michael Francisco
Kem and Fred Frost
Elia Gabbanelli
Sherrie and Allen Gibson
Gilbane Building Company
Jeryl and Jeff Golub
Kathleen and Chris Graf
Lauren and Rob Gray
Franny and Jim Gray
Nicci and Chris Greeley
Christine and Bill Gutknecht
Terez and Alexander Hanhan
Julie and Victor Harris
Marian P. Harrison
Claudine and David Hartland
Jeana Hayes-Carrier
Lucinda Ann Garnes Henrichson
Daniella and Ricardo Hernandez
Beth Hickey
Cindy and Harry Holmes
Houston Dentists at Post Oak
Sarah Jane and Jack Howell
Anne and Jay Hughes

Marjorie and Palmer Hutcheson
Yael Iffergan
Claudia Iselt
Beverly B. Jackson
Evelyn and Bob Jewell
JMAC Family Fund
The Junior League of Houston, Inc.
Katy Funeral Home
Kendra Scott Cypress
Boardwalk Townelake
Katy and Cort King
Lucy Kormeier
Kosmos Energy
Kellen Kroger and Cameron Kroger
Gretchen and Lance Lahourcade
Virginia and Lee Lahourcade
Cynthia Y. Lam
Heidi Lapham
Laura U Design Collective
Laura Laux
Debbie Leder
Robin and Jim Livesay
L. Keith Long, DDS MD PA
Stephanie Loveless
Anne and Baines Manning
DeeDee and Wallis Marsh
Matula, Stubbs & Winkler Advisors



2023 Volunteer Appreciation BBQ: Over the Hill Gang



Bo's Place altar display celebrating and remembering loved ones for Día de los Muertos.

Christina and David McAllen
 Karen and Kevin McCarthy
 Devin and Ryan McCord
 Gillian and Michael McCord
 Donald McFall
 April and Wells McGee
 Lindy and Tom McGee
 Hannah and Cal McNair
 Megan Hotze Editorial
 Brandon Meyers
 Cassie and John Milam
 Beth Muecke
 Amy and David Mitchell
 Ginni and Richard Mithoff
 Melissa and Logan Moncrief
 Denise Monteleone
 Monique and Omar Alexis Montes
 Morgan Stanley
 Louise and Gary Moss
 NADA Foundation
 Bobbie Nau
 Susan and Charlie Neuhaus
 Mary and Carlos Newall
 Leslie and Randy Newcomer
 Orlando Ocanas-Manzo
 Catherine and Stephen O'Connell
 Kathy O'Neil and Phil Ferguson
 Carol Ann and Bob Paddock
 Susan Peak

Katherine Phelps
 Sheridan and Robert Plumb
 Jan and Ershel Redd
 Richard M. Schulze Family Foundation
 River Oaks Baptist School
 Jennifer and Kyle Roane
 Peggy Roe
 Regina Rogers
 The Ruby Cattle Company
 Maidie Ryan
 Megan A. Ryan
 Heather and Robert Safi
 Stephanie and Brian Sauer
 Adrienne Saxe and Andrew Borches
 Kaitlyn and Michael Scheurich
 Julie Seamans
 Millette and Haag Sherman



Healing does not mean forgetting – it means finding a way to carry the love and memories forward.

\$1,000-\$4,999 (continued)

Erin and Billy Shipley
Cassie and Wesley Sinor
SK Foundation
Lynn and Michael Smith
Claudia and Alan Stewart
Sally Anne Schmidt
Judy and Charles Tate
Texas Association of
School Psychologists
John Reily Thomason
Tootsies
Rebecca and Jacob Tripplehorn
Tracy Tyler-McMath and
John McMath
Lynda Underwood
Union Pacific Foundation

Hallie Vanderhider
The Vaughn Foundation
Vision Corner — Dr. Sophia W Barnes
Debra Anne Waite
Kate and Logan Walters
Pamela Webster
Kelli and John Weinzierl
Westside and Northside Lexus
Annie and Austin Williford
Kathleen Williford and Greg Bean
Anna Winter
James Woodruff
Jessalynn and Cory Worden
Sushma and Haresh Yalamanchili
Steve Ybarra

The above listing is for cumulative gifts of \$1,000 or more from July 1, 2022 – June 30, 2023. Bo's Place is grateful for all gifts regardless of size of the donation. We make every effort to record all donations received correctly and apologize for any errors. We ask that you contact us at **713-942-8339** or **give@bosplace.org** so that we can make any appropriate corrections.

Make a Donation

At Bo's Place, we envision a world in which no one has to be alone in their grief. There is a place they can go for support and resources and that is Bo's Place. To help care for the bereaved in our community, please contact our Development Department at **713-942-8339** or **give@bosplace.org**.



Texans players and Toro visit Gallegos Elementary school group participants.



Board Leadership

Thank you to our 2022 - 2023 Board of Directors

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Kirsten Herrscher, *President Elect*
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Mary Beth Staine, *Executive Director*

**Board member through December 31, 2022*





Information & Referral Line:

Call: 713-942-8339
Email: info@bosplace.org

MONDAY – THURSDAY
8:30 am – 5:30 pm

FRIDAY
8:30 am – 4:30 pm

10050 Buffalo Speedway
Houston, TX 77054

Join Us in Supporting Grieving Families

It is not uncommon to feel uncertain about how to comfort a grieving friend, family member, or colleague. Many struggle to find ways to help and the right words to say without being intrusive or insensitive. What matters most to those navigating a grief journey is simply that you express your concern and your desire to help.

Tips from Bo's Place Families

Speak in the present tense. "When is Matthew's birthday?"



Use the name of the person who died.



Stay connected. Check in regularly, long after the funeral.



Show up. There will be good, bad, and ugly times.
Just being present is a big comfort to the bereaved.



Offer comfort with a hug.



Listen without passing judgment or giving advice.



Find ways to honor a loved one's memory.



Acknowledge what happened –
it's okay to use the words "death" or "died".



Reach out on special days –
birthdays, anniversaries, and holidays.



Do not put the burden on the grieving family to ask for help.
Just do it. Even small things make a difference.