

# Open Gloving



## Disclaimer

A series of booklets has been developed by the Clinical Skills Lab team (staff, recent graduates and students) from the School of Veterinary Sciences, University of Bristol, UK. Please note:

- Each booklet illustrates one way to perform a skill and it is acknowledged that there are often other approaches. Before using the booklets students should check with their university or college whether the approach illustrated is acceptable in their context or whether an alternative method should be used.
- The booklets are made available in good faith and may be subject to changes.
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Year Group: BVSc3 +



### Equipment for this station:

- Gown (you should already be wearing this)
- Gloves of correct size
- Hand measurement scale - for correct glove size
- An assistant - (an assistant would normally open the glove packaging for you)



### Considerations for this station:

- We re-use gloves in the Clinical Skills Lab (CSL)
- Please re-pack the gloves (see 'Resetting the open gloving station' towards the end of this booklet)

Anyone working in the Clinical Skills Lab must read the 'CSL\_I01 Induction' and agree to abide by the 'CSL\_I00 House Rules' & 'CSL\_I02 Lab Area Rules'

Please inform a member of staff if equipment is damaged or about to run out.



# Clinical Skills: Open Gloving



**1**  
Pick up the right glove with your left hand (if right handed). Only touch the cuff on what will be the inside of the glove.



**2**  
Work the fingers of your right hand into the glove leaving your thumb out.



**3**  
Hold your thumb up and then pull the cuff up and over. This will prevent the glove from bunching up and the outside surface touching your arm.



**4**  
Leaving the cuff over your thumb, pick up the second glove by sliding your gloved fingers underneath the cuff as shown.



**5**  
Grasp the left hand cuff with your right hand and, in one movement, pull the glove over your hand and cuff of the gown – (see photos 5-7).





# Clinical Skills: Open Gloving



7  
Ensure the cuff of the glove completely covers the cuff of the gown all the way around.



8  
Now, with your gloved hand, lift the cuff of the right glove up and over the cuff of the gown.



9  
Don't grasp the glove cuff because you have already touched the inner surface of the glove with your bare hand, therefore it is not sterile.



10  
Work your fingers into the glove.



11  
Ensure the cuff of the glove completely covers the cuff of the gown all the way around.



12  
Adjust the gloves as necessary to ensure they are comfortable.

How to stand –  
hands up and clasped



Glove completely covers cuff all the way around



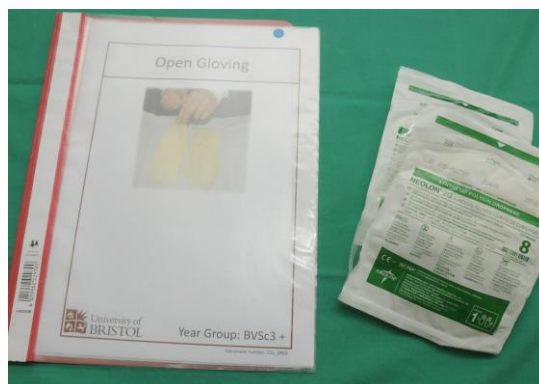
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# Resetting the station

## Open Gloving

1. In the Clinical Skills Lab gloves are reused so please take the gloves off carefully – so as not to tear them
2. Ensure all fingers are the right way out
3. Fold the cuffs up
4. Place the gloves on the paper wrapper with the fingers pointing AWAY from you
  - a) Thumb on 'top'
  - b) Right glove on right side
  - c) Left glove on left side
5. Fold the paper around the gloves

*Station ready for the next person:*



Please inform a member of staff if equipment is damaged or about to run out.



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## I wish I'd known: Open Gloving

- It is helpful to have another unopened pack of gloves nearby, just in case one tears or becomes unsterile. That way the nurse won't have to leave the patient!
- Make sure you try out different sizes now, a half size bigger makes the gloves easier to put on, but surgery will be easier when wearing the snugest fitting gloves that are comfortable.
- When open gloving, the gown does not have to cover your hands. The cuff of the gown should sit around your wrists with your hands completely out of the gown. When the gloves are put on they must be pulled over the gown ensuring the gown cuffs are completely under the gloves.
- If practising at home a long sleeved jumper can be worn to represent the gown and to practise completely covering the gown cuffs.

