

Division of Graduate Medical Sciences

Office of Professional Development and Postdoctoral Affairs

The GMS OPDPA speaker series aim to provide the postdocs and Ph.D. students with information and resources and to exchange of ideas and the intellectual enrichment of the trainees' community.

| Title: | Five Steps to Finishing Your Thesis on Time While Enjoying Life |
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| Speaker: | Dora Farkas, Ph.D. |
| Date: | Wednesday, July 23 rd |
| Time: | 12:30 – 2:00 pm |
| Location: | Room L-109A/B, BU School of Medicine Instructional Bldg. |
| Additional Information: | Email: Yolanta@bu.edu to RSVP, Lunch will be served |

Description: Would you like to finish your PhD or Masters thesis on time while enjoying time with friends and family?

If you are feeling stressed and overwhelmed in graduate school, this seminar will help you to become more productive, so you can get your thesis on track and have more time for yourself, your friends and your family.

Intended for students in all stages of graduate school, "Five Steps to Finishing Your Thesis on Time" will help you to:

-Clarify the direction of your thesis and career,
-Identify fears that hold you back from success,
-Develop strategies to be more productive,
-Stay motivated and prevent burnouts, and
-Find the right balance between work and recreation.

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Bio: Dora Farkas, PhD, earned both her Bachelor's degree in Chemical Engineering and her PhD in Toxicology at the Massachusetts Institute of Technology. She completed her postdoctoral fellowship at Tufts Medical School and worked as a Senior Scientist at AbbVie Bioresearch Center for over 3 years. Dora Farkas is the Founder of www.Finishyourthesis.com. As a Thesis and Career Coach, Dora helps graduate students to complete their thesis and develop successful job searching strategies.

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