

CONGREGATION BETH ISRAEL

ChaiLights

FALL 2019 WINTER 2020 EDITION • CHESHVAN-TEVET

5780 NEWSLETTER



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News from The President

I always thought that my favorite times at CBI were Shabbat services or the *chagim*. Don't get me wrong - I love our Shabbat services, attentively listening to Rabbi Cohen's *drashot* with my eyes closed, and to the response of the Congregation during the *musaf kedusha* with such *ruach*, with such *neshama*, that I truly feel the presence of the *Shechinah* dwelling amongst us on a peaceful Shabbat. And I love the *chagim* at our shul, when the shul is packed, and our hearts rejoice even as the holy community trembles.

But I am starting to think that my new favorite time at shul is the weekly evening service. No matter the season of the year, we always come in as the sun is setting and leave the shul when it is dark. The shul is quiet, sometimes we have to wait a few minutes for the *minyan* to gather before *mincha*. And then, between *mincha* and *ma'ariv*, R. Cohen or another learned member of the Congregation gives a short *dvar torah*, just a few minutes long, followed by Rabbi Chania ben Akashia *omer*, followed by *kaddish d'raban* and then *ma'ariv*. These few words of Torah, these pearls of wisdom between *mincha* and *ma'ariv*, I intertwine with my daily life.

Our congregation has just completed a year of study, organized by R. Cohen and Maharat Sutton, on the topic of telling stories. Allow me to share part of my own story. My favorite time at shul may have changed, but Beth Israel has been present for me and my family for the past 32 years. Of course it has been present to celebrate Shabbat and the Festivals week after week, year after year. But it was also present thirty years ago when my children went to Gan Shalom, and it was present twenty years ago when we celebrated their bar and bat mitzvahs.

I have gone through intense life cycles in the last 3 years. My three children married, both of my parents passed away, and two grandchildren were born. Moments of joy and moments of trembling - in every joyous event there was trembling, and in every sad event there was also joy. And in every event CBI was present - when we celebrated an *aufruf* with the community, in the compassionate words of condolence by R. Cohen and M. Sutton during my and Patricia's mourning period, as the only place in Berkeley to say *kaddish* every day of the year, and in the joy of hearing R. Cohen chant the *bracha* announcing the name of my grandson Asher during his *brit mila*.

Beth Israel has always been present for me and my family, and Beth Israel is always present for all of us. If you are like me, of a certain age, think of all

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the times that CBI has made a difference in your life and the lives of your family. If you are from the next generation, think of the profound impact the community has already had on your life - your home away from home, preparing for conversions, preparing for weddings, dealing with infertility, holding the *brit mila* or *simchat bat* of your child, your first community after leaving home. CBI is privileged to have several young adults serving on our shul's Board as well as on various committees, including executive, finance, fundraising, security, and community building. In our many meetings and conversations, I am amazed to learn how your involvement at CBI impacts your lives. More than being present, CBI is a force, a tremendous source of spirituality, of learning, of community.

We need your financial support to keep CBI a viable and vibrant home for our Modern Orthodox community in Berkeley. Allow me to give you some financial facts. The current annual budget for the shul is \$650,000. Dues paid by the membership cover

\$350,000, or about 55% of expenses. The rest must come from donations, and CBI's Yom Kippur Appeal is the largest source of our donations.

If you did not have an opportunity to return your Yom Kippur Appeal's card, please call the office and make a pledge. Please consider your means and give to the best of your ability.

Whatever your favorite time at shul is, CBI is here for you, in moments of joy or in moments of trembling, as a holy community with whom to observe and celebrate Shabbat and the Festivals, in the form of R. Cohen and M. Sutton, our incredible spiritual leaders, in the form of Gan Shalom, in the form of youth and adult education, in the form of social capital in the daily life of your family. We need to keep CBI present in our lives, for us, for our children, and, as I now appreciate even more, for our grandchildren. Today it is your turn to act on being present for CBI.

Issy Kipnis

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CHAI-LIGHTS

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 *R. Yonatan Cohen, Rebecca Landes, Desmid Lyon, M. Victoria Sutton, Joelle Yzquierdo

GAN SHALOM LIAISON

Ben Rose

COMMUNITY BUILDING

Josh Ladon, Noah Nathan, Marti Zedeck, Miriam Barrere, Irene Resnikoff

HIGH HOLIDAY SET UP

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 *Lois Marcus, Nae Golomb

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 *Noah Alper, R. Yonatan Cohen, Jessica Fain

YOUTH EDUCATION

*M. Victoria;
 Advisors - Irene Resnikoff, Sarah Miranda, Philip Tendler

CHESED

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 *Joelle Yzquierdo

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 *M. Victoria Sutton

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*Melissa Nathan, M. Victoria Sutton

LEGACY SOCIETY

Leslie Valas
 *Noah Alper, Rena Rosen
 *indicates non Board member

From The Rabbi

Gratitude is foundational to Jewish faith and practice. After all, the very name “Jew” (or *Yehudi*, which means “of Judah”), comes from the same root as the word *Todah* – to give thanks, to express gratitude.

We are the ‘thankful ones.’ It is no wonder that a Jew begins his or her morning by expressing gratitude for being alive (*modeh* or *modah*), setting an attitude of gratitude for the day ahead. Simply put, to be a Jew is nothing more and nothing less than to lead a life of gratitude.

Over the years, I’ve collected several stories about this disposition and trait. One such story is about Rav Yisrael Zev Gustman, who was my own rabbi’s rabbi.

Rav Gustman lived in Vilna before the war. Lipman Podolsky shares that “when the Nazis [invaded Vilna], he escaped to the woods and joined up with a group of partisans. The Nazis would frequently dispatch troops into the thick Lithuanian woods to rout out the rebels and Jews. Rav Gustman succeeded repeatedly in escaping detection by living among the thick undergrowth. In this way, his life was saved. Upon making aliyah, Rav Gustman, despite his stature, and in later years, despite his old age, made it his habit to water the yeshiva’s plants. On occasion, Rav Gustman would explain that he felt forever indebted to the plants. <http://briskyeshiva.blogspot.com/2009/05/this-is-one-of-great-mizrachi-rabonin.html>

A story of war and gratitude is also told about the Tzshurbiner Rebbe. The Tzshurbiner Rebbe spent the war in Siberia. He was fortunate to receive monthly care packages, delivered by the Red Cross, from an American Jew who recognized the rebbe’s name on a list of deportees. Years later the man, Moshe Veinfeld, published a note the Tzshurbiner Rebbe sent him on the day he arrived to the land of Israel. The note is short, brief, and to the point: “*Hayom hegati le’Haifa. Todah al hamazon sheshalachta.*” “Today I arrived to Haifa. Thank you for the food packages you sent.” On the very day of his arrival to the Land of Israel, the Rebbe sent this note! Can we even imagine all the other competing needs, concerns, and worries, of that particular moment? And yet it seems that none could compare to the rebbe’s urgent sense of personal indebtedness.

The holiday of Chanukah was also set on a similar foundation. Our rabbis have taught that the holiday was established a year after the Maccabees’ miraculous deliverance as a time designated for “gratitude and praise” (BT Shabbat 21b). Rashi explains that “Chanukah was established entirely for the sake of gratitude” (BT Shabbat 24a). In other words, Chanukah is the Jewish holiday of Thanksgiving.

In ritual practice, we express our gratitude through the singing of *Hallel* each morning of Chanukah and by publicizing God’s

miracle through the lighting of the menorah. I believe that these ritual practices should impact our inter-personal relations as well. Chanukah could be a good point during the year, certainly it is a mid-point of an academic calendar, to take stock, ensure that we are not taking anything or anyone for granted, and express our gratitude to family members, teachers, friends, community members, and communities.

One of my favorite activities in recent years has been writing thank you notes after the High Holidays with members of our board to all individuals who contributed to making the holidays a rich and transformative experience at our shul. We write over 150 notes each year and the activity reminds us of the web of gratitude that holds all of us together as a community. In this issue of *Chailights*, pages 23-25 include a complete list of the individuals who volunteered at CBI over the *Chagim*. Please do express your gratitude to a few of these individuals if you haven’t done so already.

In my own practice, I’ve often used Chanukah as an opportunity to write thank you notes to individuals that impacted my life, either recently or even years ago. I once sent a note to a fifth-grade teacher of mine, who has told me that she now carries the note in her purse at all times! In this way, Chanukah’s eight days of gratitude could become a time to write eight notes of gratitude, a note each day, that in turn could enrich our own saying of *Hallel* and deepen our sense of the light that is in our own lives.

May these days of gratitude sharpen our own appreciation for our lives, for one another, for our community, and for the Holy One.

Chag Urim Sameach,
R. Yonatan Cohen





GAN SHALOM PRESCHOOL

Growing in Our Garden

We are excited for this new year at Gan Shalom. This year we have a new teacher, Alana Kessler. Alana has an M.A. in Special Education with a focus in Art Integration and a B.A. in Religious Studies. She's a great addition to our team as one of the Lead Teachers in our older children classroom. Alana has also worked at Urban Adamah and is our Gardening and Environmental Specialist. She will be growing Gan Shalom's garden.

The natural environment provides children with the spontaneity and surprise that deepens Jewish learning and sparks curiosity. During their gardening classes, children discover and create the Gan Shalom garden, learn to garden, and learn to recognize plants, vegetables, and bugs. Through a multi-sensory approach to the garden, children gain an understanding of Jewish holidays and culture, strengthen a sense of respect toward their community, learn about respecting animate and inanimate objects, and learn about the food chain.

PEACE AND BLESSINGS!

How can we teach and learn about *Kavod* (Respect) through the Gan Shalom Garden?

Alana Kessler

The Gan Shalom community of the 2019-2020 school year is going to be part of a very exciting development and exploration in our outdoor spaces. Our guiding question as educators when working with the children in this space will be "How can we teach children about *Kavod* (Respect) for others, for our community, and for our environment through the Gan Shalom Garden?"

Before Gan students started the school year, Rabbi Bill Kaplan shared his edible Judaism curriculum with our teaching team. He left us with knowledge and inspiration to integrate Torah and Jewish holidays into the Gan Shalom Garden. I cannot wait till all seven species are growing and being used in our kitchen and enjoyed by our community for different celebrations throughout the year.

Following R. Kaplan's visit, we invited parents and staff to germinate pea seeds and write blessings for our students. As the students arrived for their first day of school, I found it no coincidence that the pea seeds started to sprout. We also posted the parents' blessings in the patio of the school.

During our first week, students had the opportunity to get pea seeds ready for

planting by wrapping them up in a damp paper towel. We spent time looking at the differences between seeds that have started to grow and those still in the packaging. With this seed exploration students were able to notice similarities and changes between solid dry seeds and soaked damp seeds. This is part of our ongoing conversation about how seeds grow into plants.

Before our first Shabbat, we broke ground and planted our seedlings. Gan gardeners will patiently wait and care for the peas as they grow in our backyard! We will learn what plants need to grow and be healthy. We will express gratitude for the four elements - earth, air, sun, and water - and learn how the elements help the seeds and plants grow.

Both downstairs and upstairs students learned about *Bal Tashchit* and *Des Troy*, two friends who act very differently in the Gan garden. *Bal* is full of love and kindness. *Des* is not as thoughtful and makes big messes. We shared the importance of acting like *Bal* and having a safe calm body around things that grow so we don't waste the seeds we've planted. *Bal Tashchit* is not just a character's name, it is the Jewish value of caring for the environment and not wasting.



The Gan garden has mint growing both in a barrel and on the rocks, and our learners had the opportunity to compare the differences in the mints and where it grows by using all of their senses! Together we prepared a special lemon-mint drink. Teacher Veronica led the students in a lemon juicing activity in the kitchen as gardeners were carefully picking mint leaves. We show the same *kavod*, or respect, to our plants as we do to our friends and teachers. We are careful and gentle with whatever is growing or learning at the Gan. This connects beautifully with our director Beatrice's vision for teaching and modeling respect and consent.

I am so excited for this Jewish farming dream to grow at Gan Shalom. We have great areas that we can clear and build garden beds. There is so much value in exploring the seed-to-table experience with little ones. They will develop the skills to care for each other and for the plants. We hope placing value on the environment at Gan Shalom inspires them to continue to be *Shomrei Adamah* - guardians of the Earth!

OAKLAND HEBREW DAY SCHOOL

How Community Builds Student Leaders at OHDS

The excitement builds as the students at Oakland Hebrew Day School get ready for Maccabbiah - a day of Jewish-themed color wars. Middle school students get together for weeks beforehand to plan the day's activities and discuss how to create fun team-building experiences for the whole school. The younger students choose their color-themed costumes to wear on the day and wait in anticipation for the older students to take them by the hand and lead them through relay races, art projects, Torah trivia games, and the delicious Chanukah lunch they will enjoy together.

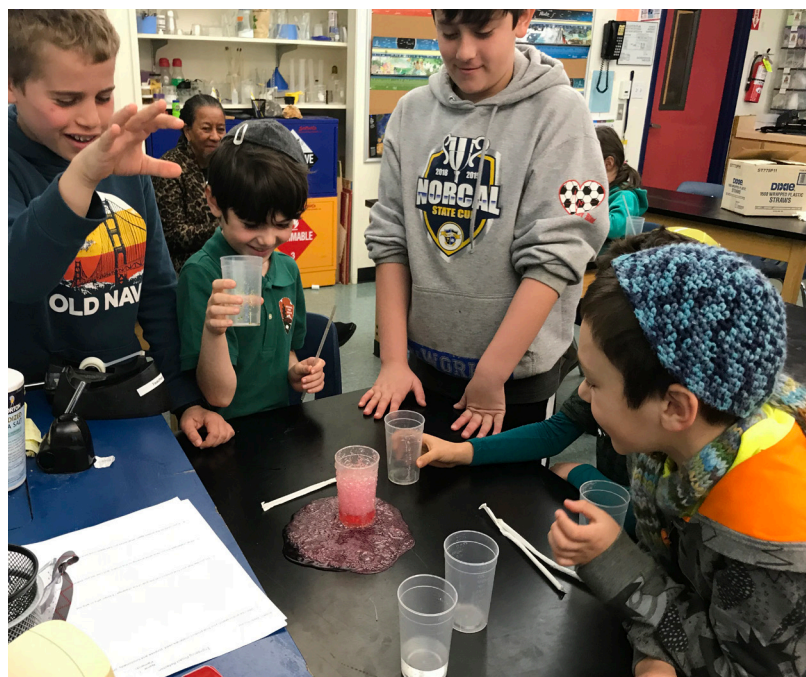
There are many community-building experiences at OHDS which promote important leadership skills such as effective communication, collaboration with a wide variety of people, and developing the confidence to articulate ideas. For example, on American Civics Day each grade prepares a topic to teach another grade. The students love learning from one another and taking on the role of both teacher and learner.

Another example building leadership skills is when fifth through eighth grade student leadership (SPLASH) organize a variety of fun social events for all the students to participate in, such as a Sunday bowling game or a burrito lunch. The older students are responsible for creating a budget, organizing the logistics, and promoting the event.

And last year, after learning about recycling and composting in second grade, the students created posters and pictures to guide other students in their composting and recycling efforts. The second graders worked together to research City of Oakland regulations, visited Urban Adamah to see composting in action, and figured out how to communicate this information to other students.

OHDS students also enjoy building bridges to the community outside of school. For example, seventh graders partner with second grade reading buddies at a local elementary school, fifth graders meet students from a variety of different backgrounds and focus specifically on building communication and conflict resolution skills at a week-long field trip to The Mosaic Project, and kindergartners visit elderly residents at a nearby assisted living program to engage in intergenerational experiences.

We invite you to enjoy our community events and experiences! Contact Philippa Lichterman, Admissions Director, for more info: plichterman@ohds.org.



CBI GREETERS

CBI instituted the Greeters program to warmly welcome people to shul as well as to increase security awareness. We thank our dedicated team of Greeters:

Allen Mayer • Asaf Shor • Bathea James • Ben Rose • Benni Darmoni • Brian Helfer • Carol Cunradi • Daniel Magid • David Corwin • Deborah Pearl • Desmid Lyon • Doreet Stein • Dorit Resnikoff • Dov Jelen • Eden Gerson • Elliot Onn • Emily and Jacob Levy • Eric Seder • Hilik Frank • Hilla Abel • Ilana Mantell • Irene Resnikoff • Issy Kipnis • James Mitrani • Jeff Stein • Jodie Morgan • Jonathan Astmann • Joseph Friedman • Josh Kirsch • Josh Ladon • Leora Lawton • Lisa Gessow • Lois Marcus • Lou Schubert • Marilyn Paul • Marti Zedeck • Matan Gilbert • Meena Viswanath • Melissa Nathan • Michael Kaye • Miriam Petruck • Nell Mahgel-Friedman • Nimrod Elias • Noah Nathan • Noam Saper • Ori Kanefsky • Patricia Kipnis • Phillip Tendler • Rachel Saper • Raizy Lichtenstein • Rebecca Landes • Rona Rothenberg • Rona Teitelman • Ronna Kabatznick • Sara Bamberger • Sheila Yudenfreud • Stephen Leist • Talya Marcus • Tamara Beliak • Vered Frank

If you have not yet signed up to be a Greeter, now is the time to do it. Contact Noah Nathan (noahnathan@hotmail.co.uk).

YCT Torah and Climate Change Conference • We need your voice!

Invitation to join Climate Conference Program Committee

By Rabbi Haggai Resnikoff, Yeshivat Chovevei Torah

I found my voice the first time I spoke at Beth Israel. It was in the old shul, with its creaky floors, gold tinted windows, and gigantic Magen David skylight. I was eighteen or twenty, just returned from yeshiva in Israel and dying to communicate my newly adult thoughts and beliefs to the community where I had been a child. I spoke about passion, about commitment to God and Torah, about taking action and not holding back. That was the first time I ever felt I had something to say, and I'm not sure that I said anything at all.

There was nothing concrete in that drasha, nothing practical, only a feeling that we should find something that was important to us and commit to it with all our hearts. But what?

In the years since, I've learned to be concrete. I'm always on the lookout for Torah texts that can inform my understanding of the world and its problems. And I continue to seek out those things that raise my passion and need my contribution. This year, my passion and my concern has been captured by the biggest issue of all.

This year I'm working on Climate Change.

Under the auspices of Yeshivat Chovevei Torah, I am organizing a major conference on Torah and Climate Change next summer. Our mission is to involve Jews from across the United States and Canada in a sophisticated discourse regarding the intersection between Jewish texts and Climate Activism. Topics to be covered include religious Jewish obligation towards our natural world, individual action, synagogue and community engagement, and climate advocacy.

This is the first conference of this type, to my knowledge, on this topic and I want to offer the CBI community the opportunity to be part of it. In order for this conference to meet its potential, we need

to hear the voices of Jews across the country.

I'm assembling a Program Committee of 50-100 people nationwide to advise, support, and publicize the event. If you have ideas about integrating Torah and contemporary issues, Climate and Environmental education, or Climate Change in general, we need your help! The committee will meet 4-6 times over the course of the year to consider potential agendas and publicity strategies. The commitment is small and the reward is great! We need your voice. We need your passion. You can email me at hresnikoff@ycttorah.org.

As we move from the Tisha B'Av season into Elul and the Yamim Noraim, we move from one kind of introspection to another. From "What caused our destruction?" we move to "How must we change in order to rebuild?" The entire world stands right now at a similar moment of transition. There has been destruction and there will be more. But there are still opportunities to rebuild. Join YCT in clarifying and amplifying the uniquely Jewish nature of this issue and, who knows, possibly saving the world.

Conference Dates • July 26-28, 2020

New York City • Exact location to be announced



Synagogue Administrator • Joelle Yzquierdo

Joelle Yzquierdo became our shul administrator in February 2004. She saw the old Beth Israel building torn down, our new one rebuilt; in 2006, the Cohen family joined us as R. Yonatan became our rabbi; a few years later Maharat Sutton and her family joined CBI. Gan Shalom was rebuilt. Seven boards of directors have come and gone. Many of you have had a chance to interact with Joelle over the years, but how much do you really know about her? We are happy to present a glimpse.

My birth home was Kinshasa, in the Democratic Republic of the Congo. I was raised throughout equatorial Africa, interspersed with occasional stays in my family's homeland, France. My parents followed the trail of jobs that opened throughout Africa in the 1950's and 60's, years of great instability and decolonization. We were jostled from country to country, we probably moved fifteen times in those years. We left Africa permanently when I was 12 and settled in Brussels, then in Paris where I graduated from high school when I was just shy of 16. My parents sent me on a foreign exchange program to the United States for a year; I graduated high school once again, in Santa Clara, among its last remnants of orchards and creeks, and learned English for the first time.

Returning to Paris, I forayed into university, studying English, German, Russian, politics and economics (with one random elective of Hebrew!). Those were years of constant political unrest in France, and the university was on strike more often than not – when it wasn't the teachers, it was the administration, or the janitors, or the Metro to get there . . . it was frustrating. I decided I would do better concentrating on my side jobs. I worked in an antique book collector's store at the Palais Royal, translated a few books from English to French (including a biography of Menachem Begin), and made my way through the world of publishing, until in the early 1980's I was co-opted by a small group of long-time friends who launched a famous hip French magazine called *Actuel* – a cross between *Rolling Stone* and *Life Magazine* of the 1940's. The magazine was a hit, I was its technical editor, it was glamorous and a ton of fun. But, I finally had to admit, none of it resonated for me. Growing up, girls were not encouraged to orient toward sciences, but left to myself, I read *Scientific American* exclusively. And watched *Star Trek*.

From my early avocation of ballerina, I had veered into martial arts, studying Pencak Silat while living in Indonesia. I finally saved enough to make my way into first year medical school in Paris, which opened the door for me to get into chiropractic school in the US. The relationship between human form and its function was obvious and fascinating. I was excited to mix my two passions, and in 1985 moved to Los Angeles. I have to thank the maternal Tennessee grandfather I never met, who fought his way to Paris in 1918. A green card was mine within 48 hours. I worked as a neurology research assistant while going to Los Angeles Chiropractic College.

This is where my life took a turn. Midway through my studies, a car crash left me with permanent back damage and subsequently in financial jeopardy from medical and school bills. I was never able to finish my education. My best friend Kris had moved from Paris to San Francisco and she took me in for a few months while

I recovered. Soon I was able to work, at first assisting my friend Peter Caddy of the New Age community of Findhorn, Scotland, then after he left the Bay Area, mostly in law firms. I got to sit through depositions by Santana, Journey, the Jefferson Starship, Bill Graham . . . suing rock stars was big business in San Francisco. By 1992, I was out of debt, and sold off all my belongings to return home to France at long last.

I met my husband Peter Norton 3 weeks before I was scheduled to leave the United States. We had been in the same school in Cameroon when we were 8 years old, and randomly sat next to each other at a San Francisco event. We reconnected. My English was better than his French, so -- I stayed. When our son Benjamin was born in 1994, I was happy to stay home for a few years. Peter and I separated, and my friend Ljuba Davis persuaded me to interview for a position at her synagogue. The word she used back then to describe the match was “*besheret*.”

Because of the kindness and welcome I received from the Beth Israel community, and the mentorship from Rabbi Silverman, Rabbi Cohen, Maharat Sutton, Laura Lipman at Gan Shalom, and the leadership of CBI's boards over the last 15 years, I can say CBI has become my home, my journey, my care -- and peace after care. I have chosen to live unaffiliated with any organized answers about what God is or wants; but spending my days in service of anyone who works on living a life examined, supporting others in times of need, and repairing the world in any small way, makes my heart sing. It has been a privilege to learn from the amazing teachers in this community, to grow, to celebrate and mourn together, and to create some of the strongest friendships of my life.

While serving as CBI's office staff I managed to also work as the executive director of Cazadero Performing Arts Family Camp until 2015, and of the Northern California Regional Organization of Child and Adolescent Psychiatry until last year. Peter and I married again in 2017, having failed at our divorce.

Overall, an odd life filled with surprises. I am filled with gratefulness for having been invited to share some length of it with all of you.



Member Profile

Maayane and Yitzhak Mor

By Katrin Arefy

Maayane and Yitzhak Mor moved to Berkeley from Jerusalem in July. Maayane is from Paris, she has degrees from French institutions and a Ph.D. from England. “I made aliyah five years ago and was in a post-doctoral program in astrophysics at the Weizmann Institute. But I prefer to live in Jerusalem, where my mother is originally from, because it was easier socially and also to find a community.”

Yitzhak is from Nof Ayalon, though he was born in Jerusalem and his family has deep roots there. After serving in the IDF, he moved to Jerusalem and attended Hebrew University, studying philosophy, economics, and political science. He was living in the Rehavia neighborhood when he and Maayane met at a partnership minyan. After they married they moved to Jerusalem’s German Colony. Maayane is now undertaking a second post-doc, this one at the Computational Cosmology Center at Lawrence Berkeley Lab. “We are using a large amount of data to research exploding stars called supernovae as well as other astronomical phenomena which have a very short lifetime.”

Yitzhak is a graduate student at Hebrew University in comparative religion and he is writing his thesis. “I am writing about contemporary American Catholics and their relation to American Jews. It interests me to understand the communities that are



very different from us and very similar to us at the same time.” In addition, he’ll be doing an internship with the Israel Economic Mission to the West Coast, which connects Israeli and American high tech and other industries by facilitating economic interactions.

Maayane and Yitzhak plan to be here one year only. “We are really amazed by the CBI community and how welcoming they are. It really helped us with our settling here and feeling at home. Being in this community is one of the best things that has happened to us in Berkeley.” They are expecting their first children (twins, *b’sha’ah tovah*), so they are exploring as much of California as possible before the babies are born.

“We would like to take this opportunity to thank the community for the warm welcome we’ve received.”

Member Profile

Marilyn Paul & David Stroh

By Katrin Arefy

Marilyn Paul and David Stroh moved to Berkeley 4 years ago. “While we feel a part of several communities, we also were very drawn to Rabbi Cohen and we know other CBI members. We keep Shabbat and we wanted to be part of a community where people keep Shabbat and invite each other for Shabbat. We love Shabbos meals and the camaraderie, learning and singing that takes place.”

Marilyn wrote a book called *An Oasis in Time, How a Day of Rest Can Save Your Life*. She says, “Shabbat is important to me. I noticed that those who come from non-observant backgrounds don’t know Shabbat traditions, such as not talking about work on Shabbat, and turning off your phone on Shabbat. So I decided to write a book to remind people of all faith backgrounds (including nones) of these ancient traditions that we need now more than ever.”

David and Marilyn moved to Berkeley from Brookline, Mass after living one year in Israel. Their son Jonathan was nine at the time. “Because of the Boston weather we looked into moving to Berkeley. And our work is portable and allows us to live where we want.”



Marilyn’s passion is helping people who are overwhelmed and overloaded. She helps them keep their connections with family, nature, and community. She loves to cook and to bring good food to the table. She is working on another book, *Get Food on the Table without Making Such a Mess: In the Kitchen and on the Planet*. It is not a cookbook but will have some recipes.

David helps people work together for social and environmental change. His book is *Systems Thinking for Social Change*. He works with non-profit organizations and communities on complex systemic challenges such as combatting climate change, poverty reduction, homelessness, and K-12 education.

Their son Jonathan is now 15 and is an avid artist and athlete.

Goodbye from Russell Kassman • August 25, 2019

As I prepare for perhaps the biggest change in my life, yesterday was an emotional Shabbat and one that is etched in my memory for life.

In 2006, after my dear Mother's (of blessed memory) death, I came to Congregation Beth Israel in Berkeley to say Kaddish for her. I was introduced to this Synagogue by a piano customer, Dr. Isaac Kaplan, who assured me that I would be comfortable with the community at CBI.

Orthodox synagogues are not historically welcoming environments for the LGBTQ community. In fact, it is the primary reason many of us formed Sha'ar Zahav, which started as an Orthodox gay minyan in the late 1970's. Thru the years, I maintained membership in Sha'ar Zahav while serving as a trustee of two Orthodox Synagogues in San Francisco. When Tom would attend with me, we went to Sha'ar Zahav. When my Dad was visiting, we went to Adath Israel.

I came to CBI in a time of great grief, feeling vulnerable and alone. What I discovered was a community that was warm, accepting, and open beyond comprehension. That mantra is manifested in their choice of a spiritual leader, Rabbi Yonatan Cohen.

Throughout the 12 years I have attended this Congregation, I have made many dear friends. Dr. Stan Wulf and his wife Linda treat me as family. Noah and Hope Alper have opened their hearts and home to me, and Noah's guidance in selling my shop was invaluable. Nae Golomb, who I knew previous to joining CBI, has been a constant movie buddy and a stalwart friend. Jessica and Michael J. Klass (Jessica is a fabulous piano teacher) share my passion for pianos, and you should be so lucky as to have Jessica make you a pie, like I have. When friends Jeff and Jodie Morgan, owners of Covenant Winery, moved to Berkeley, I knew there was only one place for them: CBI.



Throughout my two bouts with cancer, this community provided meals and emotional support that truly kept me going. In short - well, not really - I owe a LOT to this community.

Yet, yesterday, they chose to honor me at services. Being called up to the Torah during the reading is always meaningful for me, but then Rabbi Cohen went a bit far. Before services concluded and the kiddush in my honor sponsored by a LONG LIST of friends began, the Rabbi, well, eulogized me in such glowing terms that I wasn't sure he was speaking of me.

Rabbi Cohen spoke of some of the community endeavors that I have been peripheral in supporting, and stated that the community was lucky to have me, and would miss me. I must disagree with the Rabbi. By far, I have received far more from this wonderful community than I could ever repay.

USE SCRIP TO FUNDRAISE FOR CBI!

If you shop with Scrip, thank you. For the rest of you, please read.

WHAT IS SCRIP AND HOW DOES IT WORK?

Scrip is money in the form of gift cards. When you buy a Scrip gift card, the retailer donates a small percentage of the card's value to CBI.

Last year these small percentages added up to \$4,000 in donations to CBI!
Buying Scrip from CBI makes money for our shul AT NO COST TO YOU.
Lets do more this year!

Please contact Naomi Stamper with orders or questions, nstamper@sbcglobal.net.

Beth Israel Classes

Classes are held at CBI unless otherwise noted

MONDAY

Key Books in Tanakh: Book of Samuel: Following the chaotic period of the Judges, the Book of Samuel narrates the centralization of leadership in Israel. The book opens with the birth of the prophet Samuel, who unifies the nation, and crowns the first kings of Israel. The Book of Samuel presents a gripping exploration of political personalities, palace intrigue and the role of God in the lives of kings and nations.

M. Victoria Sutton • Mondays • 12:00 pm

NCSY LNL – Latte & Learning (for teens in grades 9 to 12): Our Special Blend: Coffee & Torah every week. In addition to coffee, NCSY's Latte & Learning initiative serves up Judaism in a relaxed, inspirational, and fun environment. L&L is the place for teens to ask questions, voice their feelings, and connect with each other.

Mondays • 7:30-8:30 pm • Starbucks, 2128 Oxford St., Berkeley

TUESDAY

The Competing Powers of Feeling and Thinking: Self, Other, Action: For millennia, humans have struggled to balance the competing powers of emotion and mind, feeling and thinking. How does Jewish tradition understand the relationship between emotion and thought, feeling and thinking? In this series, we shall explore this core question in terms of its practical relevance to three related vital questions: How do we understand ourselves as individuals, our humanity, Jewishly? How do we understand & value our relationships with others? How do we translate these views of self and others into moral and political actions? Our discussion will be based on classical and contemporary Jewish texts and a variety of other sources.

Dr. Bernie Steinberg is Director Emeritus, Harvard Hillel, teaches at the Graduate Theological Union and Kevah in Berkeley. He recently wrote an essay on Maimonides for Oxford University Press Bibliographies.

Dr. Bernie Steinberg • Tuesdays, November 5, 12, 19 • 7:30 pm

Emotions in Halakha: Jewish law has a lot to say about how we act, but do emotional states have significance in halakha? We will look at some well-known human emotions through a halakhic lens, from the Talmud through rabbinic responsa, as well as some constructs around more elusive emotional states that have implications in Jewish law.

M. Victoria Sutton • Tuesdays, November 26, December 3, 10 • 7:30 pm

"Alter"natives: Divergent Paths to Ethical Perfection in the Evolution of the Mussar Movement: Rabbi Israel Salanter (1809-1883) innovated the Lithuanian Mussar Movement, an immersive and controversial approach to character development which applied ethical teachings and psychology to Torah study and meditative practice. Rabbi Israel's three primary disciples, the "Alters" (Elders of Kelm, Slabodka, and Novhardok, approached the monumental task of character development from different angles. In exploring a selection of their texts, we will focus on the creative and startlingly divergent ways in which the "Alters" interpreted Biblical passages and instituted Mussar exercises in order to inspire personal growth in their students. We will also consider how some of these approaches might be meaningful in a contemporary quest for personal development.

Raizy Lichtenstein has taught Judaic Studies and English Literature in a wide variety of educational settings. She holds a master's degree in English Literature from the Hebrew University. Raizy currently works as a Jewish educator at Edah and Kevah, and is an artist-in-residence fellow at the Atiq Maker Kollel. She thanks the CBI community for its friendship, enthusiasm, and continued warm welcome.

Raizy Lichtenstein • Tuesdays, January 21, 28, February 4 • 7:30 pm

Inner Light, Sacred Fire: Embracing the Whole Self in Hasidic Mysticism: This class explores Hasidic teachings on the emotional life and the importance of cultivating aspects of the self beyond the intellect. The first session will be devoted to Hasidic teachings on the importance of joy as a first-order religious value, understood in these sources not as a simplistic commitment to happiness but rather as a contemplative, mindful approach to life in the world. Our second class will take up the theme of *tikkun ha-middot*, on the process of uplifting and transforming one's inner spiritual qualities as the key to religious transformation. The third and final session will explore emotion in the teachings of Rabbi Kalonymous Kalman Shapira, the Esh Kodesh, including: his pre-war spiritual diary, his handbook for a mystical fellowship, his guidelines for emotional work, and, of course, in impassioned wartime sermons.

Ariel Evan Mayse joined the faculty of Stanford University in 2017 as an assistant professor in the Department of Religious Studies, after previously serving as the Director of Jewish Studies and Visiting Assistant Professor of Modern Jewish Thought at Hebrew College in Newton, Massachusetts, and a research fellow at the Frankel Institute for Advanced Judaic Studies of the University of Michigan. He holds a Ph.D. in Jewish Studies from Harvard University and rabbinic ordination from Beit Midrash Har'el in Israel.

R. Ariel Mayse • Tuesdays, February 11, 18, 25 • 7:30 pm



WEDNESDAY

Vices & Virtues: Mussar is a spiritual Jewish practice focused on virtue-based ethics. Through the cultivation of inner virtues, such as patience, gratitude, and reverence, we improve ourselves. Our sessions will explore various vices and virtues as presented by classical books of Mussar.

R. Yonatan Cohen • Wednesdays, starting November 13 • 12:00 pm

Mussar Shmooze: Join in ongoing Mussar *chaburot* or *hevrutot*, organized around a particular Mussar work, from classical to modern. The evening of learning, over hearty soup, will close with an opportunity for folks to share words of Torah from their learning. Please be in touch with Maharat Victoria Sutton to participate.

M. Victoria Sutton • Wednesdays bi-monthly, starting November 20 • 7:30 pm

Emmanuel Levinas: Nine readings of the Talmud by the French Jewish philosopher Emmanuel Levinas translate Jewish thought into the language of modern times. Here Levinas applies a hermeneutic that simultaneously allows the classic Jewish texts to shed light on contemporary problems and lets modern problems illuminate the texts. Besides being quintessential illustrations of the art of reading, the essays express the deeply ethical vision of the human condition that makes Levinas one of the most important thinkers of our time.

Muni Schweig • Wednesdays • 8:00 pm • *The Schweig Home*

FRIDAY

Talmudic Wisdom: Join us for a weekly class on Tractate Chagigah that explores major Jewish questions of practice and thought. In this week's class we will begin the second chapter of the tractate. Class on hiatus, resumes October 25.

R. Yonatan Cohen • Fridays • 9:00 am

SUNDAY

Contemplation Practice from Jewish Tradition: On-going group for both beginner and experienced meditators with CBI Member R. Ken Lipman, Ph.D. Theory and practice based on the teachings of the Maggid of Mezeritch and other Hasidic masters. Includes: Brief teaching / Text study • Practice • Questions / Discussion time. Drop-ins welcome.

R. Ken Lipman, Ph.D. • Sundays • 9:30 am-10:45 am

Tell Your Story: Despair and Ecstasy: Each 3-hour workshop will teach you the structure of compelling storytelling and give you the opportunity to tell a story to other participants. Being able to tell a story well is a great skill to have. It's also a chance to bond with your fellow CBI members and hear a story about them you never have before!

Michael Kaye is a writer and performer who has garnered press in *Rolling Stone*, *Billboard*, *The San Francisco Chronicle*, and *The Los Angeles Times*. Michael has been a writing fellow at the Virginia Center for the Creative Arts, the Julia and David White Colony, Ragdale, the Millay Colony for the Arts, and the WUJS-Arad Arts Program in Israel. He taught memoir writing for four years at the famed Gotham Writers' Workshop in New York and is the author of *Mastering the Narrative*. He received the President's Undergraduate Fellowship for his film work while at U.C. Berkeley, where he graduated Phi Beta Kappa with honors.

Michael Kaye • Sunday, January 26 • 1:00-4:00 pm

HADRAN WOMEN'S TALMUD SIYUM - MOED KATTAN

CBI has committed to completing Moed Kattan for the Women's Siyum HaShas, taking place in Jerusalem on January 5! • <https://hadran.org.il/ensiyum/>

JOIN IN THE LEARNING!

1. If you have never learned Talmud before, join in one of the communal learning dates (kickoff November 28) for an introductory learning session.
2. If you have some Talmud learning experience, sign up for a *daf* to learn on your own or with a *hevruta*. Join in the kickoff on November 28 to learn your selection in a community of women's Talmud learning!
3. If you have more Talmud learning experience, sign up for 2+ *dapim* to learn on your own or with a *hevruta*. If you'd also be open to learning with a less experienced Talmud learner please let M. Sutton know! Join in the kickoff on November 28 to learn your selection in a community of women's Talmud learning!

SAVE THE DATES

Learning Kickoff + Women's Hallel (& Breakfast) • Thursday, November 28 • 9:30-11 am

Shabbat Mincha + Seudah Shelishit Learning Roundup • Shabbat, January 4 • 4:30 pm

Siyum • Sunday, January 5



**BLU &
RABBI YITZ
GREENBERG**
November 8-9



**DR. CHAIM
SAIMAN**
December 13-14



**DR. RIVKA
PRESS SCHWARTZ**
February 14-15



**DR. MALKA
SIMKOVICH**
March 27-28



**RABBI DAVID
JAFFE**
*May 15-16 &
Sunday May 17*

Shabbat Shalem **SCHOLARS -IN- RESIDENCE**



Congregation
Beth Israel

1630 Bancroft Way, Berkeley CA 94703
(510) 843-5246 | office@cbiberkeley.org
www.cbiberkeley.org

Kehillat Nashim
WOMEN'S PRAYER & LEARNING

 Congregation
Beth Israel

Women's Tefillah

Join CBI women's community for a series of opportunities to pray, learn Torah and sing together.

Please contact Maharat Victoria Sutton (maharatvictoria@gmail.com) if you would like to learn more about participating, serving as gabbayit, Torah reader, prayer leader, teach or sponsor seudah shelishit.

Women's Tefillah will meet for Shabbat mincha, Torah reading, seudah shelishit & learning on the following dates (1st Shabbat of the month):

- November 2
- December 7
- January 4
- February 1
- March 7
- May 2

Simchat Torah Reading

Tuesday, October 22 @12 pm

Megillat Esther Women's Reading

Tuesday, March 10, 2020 @12 pm

Women's Talmud Study

CBI will be participating in Talmud study to complete the tractate of Moed Kattan, towards the *Siyum HaShas* for Women (hadran.org.il)

Women's Hallel & Hadran Learning Kickoff

Thursday, November 28 @9 am

1630 Bancroft Way, Berkeley CA 94703
(510) 843-5246 | office@cbiberkeley.org
www.cbiberkeley.org

 Congregation
Beth Israel

Tot Shabbat,
Mishmash & NCSY
YOUTH EDUCATION

Tot Shabbat

Families with children ages 0-5 are welcome to our Tot-focused Kabbalat Shabbat, filled with Shabbat songs, stories and movement followed by a family-friendly catered Shabbat dinner. Registration required.

- November 15
- December 6
- January 24
- February 21

CBI also hosts Tot Shabbat on Shabbat mornings at 11:15 am, geared to children ages 0-3.

Mishmash

Mishmash offers CBI's parents and children an opportunity to study in pairs in a unique *beit midrash* atmosphere. Children in grades K-8 and their parents are invited to participate.

- November 16, 6:15 pm
- November 23, 6:15 pm
- December 7, 6:15 pm
- December 14, 6:15 pm
- January 4, 6:30 pm
- January 25, 6:30 pm
- February 1, 6:45 pm
- February 15, 7 pm
- March 7, 7:15 pm - Siyum!

NCSY Latte & Learning (for teens grades 9-12)

Starbucks, 2128 Oxford St. Berkeley • Mondays, 7:30 pm

Our Special Blend: Coffee & Torah every week. In addition to coffee, NCSY's Latte & Learning initiative serves up Judaism in a relaxed, inspirational, and fun environment. L&L is the place for teens to ask questions, voice their feelings, and connect with each other.

1630 Bancroft Way, Berkeley CA 94703
(510) 843-5246 | office@cbiberkeley.org
www.cbiberkeley.org



Holiday Dinner Drive Benefiting the Alameda County Community Food Bank

116,000 people (1 in 5) residents of Alameda County rely on the Alameda County Community Food Bank services, often faced with impossible discussions between rent or gas and food. A holiday meal is too often simply out of the question.

Your donation of \$30 provides 6 family meals, your donation of \$100 provides 20 holiday meals.

Thank you for supporting the Alameda County Community Food Bank!
Online Donations • accfb.org/dinner

CBI Cooks at the Shelter Benefiting the Dwight Way Shelter

CBI is committed to helping our local community by preparing and serving a fresh-cooked and hearty dinner to more than 75 clients at the Dwight Way Shelter, which accommodates both a men’s and women’s shelter. This is a great opportunity for both teens, families and adults to be involved in justice and loving-kindness. We need volunteers to assist in shopping, cooking, serving, and clean up. Donations towards the cost of shelter meals are welcome.

WHERE • Dwight Way Shelter, 2140 Dwight Way

WHEN • 4th Wednesday of the Month

WHAT TIME • 5:00-6:30, Prep & Cook Shift; 6:30-7:30, Serve & Clean Up Shift

Upcoming Dates Please Join Us!

- November 27, 2019
- December 25, 2019
- January 22, 2020
- February 26, 2020
- March 25, 2020
- April 22, 2020
- May 27, 2020
- June 24, 2020
- July 22, 2020
- August 26, 2020



Times for Action

Many commandments are required to be performed during particular times of the day; below is a list of those times.
Pacific Standard Time resumes November 3, 2019 • Cheshvan-Adar 5780

— WEEKDAY SERVICES —

SHACHARIT • Monday-Friday • 6:30 am Sunday & Legal Holidays • 8:00 am
MINCHA/MA'ARIV • Five minutes before candlelighting

— SHABBAT SERVICES —

MINCHA & KABBALAT SHABBAT • Five minutes at candlelighting
SHABBAT MORNING SERVICE • 9:15 am

Week of	NOVEMBER				
	2	9	16	23	30
<i>Alot Ha'Shachar</i> Dawn	6:24 am	5:31 am	5:38 am	5:46 am	5:53 am
<i>Neitz</i> Sunrise	7:38 am	6:43 am	6:50 am	7:58 am	7:05 am
Latest ideal time for the morning <i>Sh'ma</i>	10:15 am	9:18 am	9:22 am	9:27 am	9:31 am
<i>Tefilah</i> Latest time for prayer	11:07 am	10:09 am	10:13 am	10:16 am	10:20 am
<i>Mincha Gedolah</i> Earliest time for Mincha	1:19 pm	12:19 pm	12:19 pm	12:20 pm	12:22 pm
<i>Sh'kia</i> Sunset	6:08 pm	5:02 pm	4:57 pm	4:53 pm	4:50 pm
<i>Tzeit Ha'kochavim</i> Nightfall	6:50 pm	5:44 pm	5:39 pm	5:35 pm	5:32 pm

Week of	DECEMBER				JANUARY
	7	14	21	28	4
<i>Alot Ha'Shachar</i> Dawn	5:59 am	6:05 am	6:09 am	6:12 am	6:13 am
<i>Neitz</i> Sunrise	7:11 am	7:17 am	7:21 am	7:24 am	7:25 am
Latest ideal time for the morning <i>Sh'ma</i>	9:36 am	9:40 am	9:44 am	9:47 am	9:50 am
<i>Tefilah</i> Latest time for prayer	10:24 am	10:28 am	10:32 am	10:35 am	10:38 am
<i>Mincha Gedolah</i> Earliest time for Mincha	12:25 pm	12:28 pm	12:31 pm	12:35 pm	12:38 pm
<i>Sh'kia</i> Sunset	4:50 pm	4:51 pm	4:53 pm	4:58 pm	5:03 pm
<i>Tzeit Ha'kochavim</i> Nightfall	6:32 pm	5:33 pm	5:35 pm	5:40 pm	5:45 pm

Week of	JANUARY			FEBRUARY	
	11	18	25	1	8
<i>Alot Ha'Shachar</i> Dawn	6:13 am	6:11 am	6:07 am	6:02 am	5:55 am
<i>Neitz</i> Sunrise	7:25 am	7:23 am	7:19 am	7:14 am	7:07 am
Latest ideal time for the morning <i>Sh'ma</i>	9:51 am	9:51 am	9:50 am	9:48 am	9:45 am
<i>Tefilah</i> Latest time for prayer	10:40 am	10:41 am	10:41 am	10:40 am	10:38 am
<i>Mincha Gedolah</i> Earliest time for Mincha	12:41 pm	12:44 pm	12:47 pm	12:49 pm	12:50 pm
<i>Sh'kia</i> Sunset	5:09 pm	5:17 pm	5:24 pm	5:32 pm	5:40 pm
<i>Tzeit Ha'kochavim</i> Nightfall	5:51 pm	6:59 pm	6:06 pm	6:14 pm	6:22 pm

Calendar

SHABBAT PARASHAT VAYEIRA

Friday Night & Saturday, November 15-16

Candle Lighting	4:40 pm
Mincha & Kabbalat Shabbat.....	4:45 pm
Tot Shabbat Kabbalat Shabbat & dinner	
Morning Service	9:15 am
Childcare	9:15 am
Formal Group Time	10:30 am
Shabbat Mincha	12:30pm
Seudah Shelisheet	4:45 pm
Ma'ariv, Havdalah, & Shabbat ends after	5:38 pm
Mishmash	6:15 pm

SHABBAT MEVARCHIM PARASHAT CHAYEI SARAH

Bar Mitzvah of Daniel Schweig

Friday Night & Saturday, November 22-23

Candle Lighting	4:36 pm
Mincha & Kabbalat Shabbat.....	4:40 pm
Morning Service	9:15 am
Childcare	9:15 am
Formal Group Time	10:30 am
Shabbat Mincha	1:30 pm
Seudah Shelisheet	4:40 pm
Ma'ariv, Havdalah, & Shabbat ends after	5:35 pm
Mishmash	6:15 pm

ROCH CHODESH KISLEV

Wednesday Night. Thursday & Friday, November 27-29

Shacharit	6:30 am
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SHABBAT PARASHAT TOLDOT

Friday Night & Saturday, November 29-30

Candle Lighting	4:33 pm
Mincha & Kabbalat Shabbat.....	4:35 pm
Morning Service	9:15 am
Childcare	9:15 am
Formal Group Time	10:30 am
Shabbat Mincha	4:15 pm
Seudah Shelisheet	4:35 pm
Ma'ariv, Havdalah, & Shabbat ends after	5:33 pm

SHABBAT PARASHAT VAYEITZEI

Friday Night & Saturday, December 6-7

Candle Lighting	4:32 pm
Mincha & Kabbalat Shabbat.....	4:35 pm
Tot Shabbat Kabbalat Shabbat & dinner	
Morning Service	9:15 am
Childcare	9:15 am

Formal Group Time	10:30 am
Shabbat Mincha	12:30pm
Seudah Shelisheet	4:35 pm
Ma'ariv, Havdalah, & Shabbat ends after	5:33 pm
Mishmash	6:15 pm

SHABBAT PARASHAT VAYISHLACH

Shabbat Shalem with scholar-in-residence Dr. Chaim Saiman

Friday Night & Saturday, December 13-14

Candle Lighting	4:32 pm
Mincha & Kabbalat Shabbat.....	4:35 pm
Communal dinner & Learning w/ Dr. Saiman.....	5:30 pm
Morning Service	9:15 am
Childcare	9:15 am
Formal Group Time	10:30 am
Shabbat Mincha	12:30 pm
Seudah Shelisheet	4:15 pm
Learning with scholar-in-residence Dr. Chaim Saiman...	4:25 pm
Ma'ariv, Havdalah, & Shabbat ends after	5:34 pm
Mishmash	6:15 pm

Embodied Chassidis - A Men's Dance Group

Monday, December 16, 7:00 pm - 8:30 pm

Join us as we embody chassidis through learning, song and dance.

SHABBAT MEVARCHIM PARASHAT VAYEISHEV

Friday Night & Saturday, December 20-21

Candle Lighting	4:35 pm
Mincha & Kabbalat Shabbat.....	4:40 pm
Morning Service	9:15 am
Childcare	9:15 am
Formal Group Time	10:30 am
Shabbat Mincha	4:20 pm
Seudah Shelisheet	4:40 pm
Ma'ariv, Havdalah,* & Shabbat ends after.....	5:37 pm

CHANUKAH

25 Kislev-Tevet 2

Sunday, December 20 - Monday, December 30

Throughout the week, candles should be lit after 5:25 pm except for Friday and the conclusion of Shabbat (see below).

CBI Chanukah Party & Communal Menorah Lighting

Sunday December 29

5:30-7:00 pm



Calendar

CBI OFFICE CLOSED

December 24-25

ROSH CHODESH TEVET

Friday Night, Sat, & Sun., December 27-29

Shacharit Saturday.....9:15 am
Shacharit Sunday.....8:00 am

SHABBAT CHANUKAH PARASHAT MIKEITZ

ROSH CHODESH TEVET

Friday Night & Saturday, December 27-28

Chanukah Candle Lighting before* 4:39 pm
Shabbat Candle Lighting 4:39 pm
Mincha & Kabbalat Shabbat.....4:40 pm
Morning Service9:15 am
Childcare9:15 am
Formal Group Time10:30 am
Shabbat Mincha 12:35 pm
Seudah Shelisheet 4:45 pm
Ma'ariv, Havdalah, & Shabbat ends after 5:41 pm
Chanukah Candle Lighting after** 5:41 pm

* Remember to put in more oil or use bigger candles on Friday, so that they burn 1/2 hour after nightfall. Try to light just before the Shabbat candles (without of course delaying the lighting of the Shabbat candles).

** At shul, the recital of the three blessings for the first night of Chanukah and the lighting of the Chanukah candle, occur prior to Havdalah. In contrast, at home, Havdalah is recited first, followed by the lighting of the Chanukah. One may not use the Chanukia as the candle for Havdalah.

SHABBAT PARASHAT VAYIGASH

Friday Night & Saturday, January 3-4

Candle Lighting4:44 pm
Mincha & Kabbalat Shabbat. 4:45 pm
Morning Service9:15 am
Childcare9:15 am
Formal Group Time10:30 am
Shabbat Mincha. 12:35 pm
Seudah Shlishit 4:45 pm
Ma'ariv, Havdalah, & Shabbat ends after. 5:46 pm
Mishmash 6:30 pm

FAST OF TEVET

Sunday, January 7

Fast begins 5:57 am
Shacharit 6:30 am
Mincha @CBI4:40 pm
Fast ends5:35 pm

SHABBAT PARASHAT VAYECHI

Friday Night & Saturday, January 10-11

Candle Lighting 4:51 pm
Mincha & Kabbalat Shabbat. 4:55 pm
Morning Service9:15 am
Childcare9:15 am
Formal Group Time10:30 am
Shabbat Mincha.12:40 pm
Seudah Shlishit 4:55 pm
Ma'ariv, Havdalah, & Shabbat ends after.5:52 pm

SHABBAT PARASHAT SHEMOT

Friday Night & Saturday, January 17-18

Candle Lighting 4:58 pm
Mincha & Kabbalat Shabbat.5:00 pm
Morning Service9:15 am
Childcare9:15 am
Formal Group Time10:30 am
Shabbat Mincha.12:45 pm
Seudah Shlishit5:00 pm
Ma'ariv, Havdalah & Shabbat ends after5:59 pm

MARTIN LUTHER KING, JR. DAY

Monday, January 20

CBI office closed

Shacharit8:00 am

SHABBAT MEVARCHIM PARASHAT VAEIRAH

Friday Night & Saturday, January 24-25

Candle Lighting 5:05 pm
Mincha & Kabbalat Shabbat 5:10 pm
Tot Shabbat Kabbalat Shabbat & dinner
Morning Service9:15 am
Childcare9:15 am
Formal Group Time10:30 am
Shabbat Mincha.12:45 pm
Seudah Shlishit 5:10 pm
Ma'ariv, Havdalah, & Shabbat ends after 6:06 pm
Mishmash 6:30 pm

ROSH CHODESH SHEVAT

Sunday Night & Monday, January 26-27

Shacharit 6:30 am

Soccer News

CBI SOCCER, 5780

Join us for the Sunday morning pick-up soccer at San Pablo Park at 9 am most weeks. We're also hoping to join another weekday evening co-ed soccer league. For info email noahnathan@hotmail.co.uk



Coby passes the ball downfield



1 on 1 practice

Embodied Chassidis - A Men's Dance Group

Come join us as we embody chassidis through learning, song and dance. We will begin by learning a piece of chassidis from Rebbe Nachman that relates to movement. We will then put on music and dance! The hope is to draw a relationship between what we learn with our minds and what we do with our bodies. Come explore how to turn our bodies into vessels of joy and break the boundaries in our relationship with G-d. This event is for men only. Light refreshments provided.

MONDAY, DEC. 16, 7:00 PM - 8:30 PM



NCSY Activities, Fall/Winter 5780, 2019-2020

For information on NCSY or on any of these activities, contact Rabbi Akiva Naiman, naimana@ncsy.org.

Every Monday, 7:30-8:30 pm • Latte-n-Learn at Starbucks • 2128 Oxford St., Berkeley (corner of Center St.). For grades 9-12

Every Wednesday at lunchtime • Berkeley High NCSY Jewish Club • Contact Rebecca Miranda for deets

November 8-11, 2019 - Regional Fall Summit Shabbaton, Ontario, CA. Flight leaves Friday morning from SFO. For grades 9-12

November 21, 2019 • 21st Gap Year Fair In Los Angeles, subsidies for travel available. For grades 9-12

December 15, 2019 • Ice skating! At Oakland Ice Center, 519 18th St. For grades 9-12

January 1-5, 2020 • National Yarchei Kallah in New York City. For grades 9-12

January 17-19, 2020 • Junior Winter Regional Shabbaton in Northern California • Location to be announced. For grades 6-8

January 24-26, 2020 • Skibaton! South Lake Tahoe. For grades 9-12

SISTERHOOD

Thanks to Sanne DeWitt • Book-Signing Event

Sanne DeWitt's memoir, *I Was Born in an Old Age Home*, was recognized in a warm book-signing event organized by the Sisterhood Community in September. It was just as joyful to listen to Sanne's sincere and unpretentious talk about her book as it was to read it. Many thanks to all members who made this event special by attending.

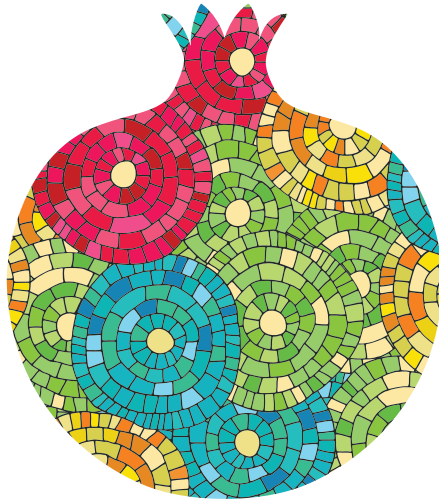


2ND ANNUAL
CONGREGATION BETH ISRAEL **ART SHUK**
SUNDAY
DECEMBER 15
11 AM - 4 PM

Her Breastplate • Artist, Nechama Langer • www.ketubah4two.com

CONGREGATION BETH ISRAEL **ART SHUK** SUNDAY, DECEMBER 15 • 11 AM - 4:00 PM

Come view the talents of our Shul members and other local Jewish artists. Art will be available for purchase. Come support our community of artists. Food and drinks will be available for purchase as well. Questions? Interested in participating in the Shuk? Call or text Sabrina at 510 847-0050.



CIRCLE OF DAVID & SOLOMON TRUSTEE PROGRAMS

The Board of Directors of CBI launched an initiative this year to revamp our existing Circle of David program. We established a new structure with two categories, Circle of David and Solomon Society, contributing twice or three times regular dues for the year, respectively.

Fourteen CBI households agreed to participate in the 2019-2020 inaugural class of the new program. We wholeheartedly thank these members for their support and dedication to CBI.

Noah & Hope Alper • Anonymous (1) • Alan & Elissa Kittner • Gary & Lois Marcus • Allen Mayer • Edward & Phyllis Miller
Joel & Irene Resnikoff • Ben Rose & Rebecca Landes • Mordy & Rena Rosen • Adam Rosenzweig & Jessica Fain
Jeremy Smith & Iris Greenberg-Smith • Bob & Naomi Stamper • Jeff & Doreet Stein • Stanley & Linda Wulf

Memorial Plaques

To memorialize your loved one, you may wish to purchase a memorial plaque to be placed on the memorial board in the sanctuary.

Besides ensuring that Kaddish will be recited perpetually in the name of your beloved deceased, you will receive a notice annually of the date of the yahrzeit and the date the yahrzeit will be observed by the recitation of Kaddish.

The cost of a memorial plaque is \$360.

To purchase contact Carol Cunradi • 510.234.1003 • cunradi@sbcglobal.net
Or the CBI Office • 510.843.5246 • office@cbiberkeley.org



Morasha Legacy Society

For those of you who don't know what it is, the Morasha Legacy Society is a program for members to designate CBI as a beneficiary in their estate plan. When the Morasha Society member passes away - *ad me'ah v'esrim, b"h* - their contribution, be it stock, annuity, or outright financial gift, is donated to CBI and help ensures the shul's financial future. Through the Morasha Legacy Society, CBI members demonstrate their commitment to our beloved community, in the present and in the future. To date, we have 41 members (one of the most robust tallies from the East Bay Jewish community!) who have made this commitment to CBI.

Please consider joining the Morasha Legacy Society, and be a part of CBI's commitment to future generations. For more information or to join the Society contact:

Noah Alper • noahalper@gmail.com

Leslie Valas • vffam5@gmail.com

Morasha Legacy Society

*Our commitment to our beloved community is evident in everything we do.
Now each of us can extend our commitment into the future.
Please consider joining us.*

*For more information or to join the Society please contact:
Noah Alper • noahalper@gmail.com
Leslie Valas • vffam5@gmail.com*

Paul & Serach Bracha Albert • Fran Alexander • Noah & Hope Alper
Anonymous (4) • Ron z"l & Bella Barany • Dan z"l & Judith Bloom • Benjamin & Sara Darmoni
Nimrod & Aliza Elias • Jane Falk, z"l • Malcolm Feeley & Rivka Amado • Alan Finkelstein & Leslie Valas
Sam Ginsburg • NR Golomb • David & Diane Gould • Ezra & Toby Hendon • Sam & Bathea James
Russell Kassman • Gary & Ilene Katz • Jesse & Gabriella Kellerman • Seymour Kessler, z"l
Alan & Elissa Kittner • Aaron Marcus • Gary & Lois Marcus • Ed & Phyllis Miller
Joel & Irene Resnikoff • Ben Rose & Rebecca Landes • Mordy & Rena Rosen • Harry & Dorothy Rubin
Bob & June Safran • Ory Sandel • Sara Leya Schley • Batya Schick • Carol Shivel, z"l
Steve Silberblatt & Rita Kohl • Bob & Naomi Stamper • David & Rikki Sudikoff • Justin & Sheba Sweet
Friedner & Ruth Wittman • Linda & Stanley Wulf



Congratulations to Rabbi Daniel L. Lehmann

Congratulations to CBI member Rabbi Daniel L. Lehmann on his recent installation as the President of The Graduate Theological Union (GTU), the first Rabbi to head the institution in its 57-year history.

According to GTU board chair Susan Hoganson, “President Lehmann has indeed begun a new period of progress, growth and expansion at the GTU. He is also creating a vision of GTU as an innovative, dynamic environment for scholarship and discourse that will address the critical issues of our time.”

“At a time of growing polarization in our country, many view religion as a significant cause of our cultural division,” states Rabbi Lehmann. “But I believe religion, when shaped by a commitment to pluralism, can be a powerful source for healing and hope. Our scholarship and models of collaboration can point the way.”

Rabbi Lehmann came to the GTU from Hebrew College in Newton, Massachusetts where he was president and professor of pluralism and Jewish education. He also served as Board Chair of the Boston Theological Institute.



Mazal tov to Natan Kuchar, Director of Edah

Mazal tov to Natan Kuchar, Director of Edah, as well as CBI Shabbat educator, who was selected among five emerging Jewish educators to receive the 2019 Covenant Foundation Pomegranate Prize today at the annual Pomegranate Prize ceremony. The Pomegranate Prize is designed to honor rising leaders who have trailblazed a path toward the most dynamic, responsive, inclusive, and creative ideas in Jewish education.

Please join us in celebrating Natan for this distinguished award and thanking him and Lili for all that they do for our community with a special Kiddush on Shabbat December 14!



Todah Rabah - Our Utmost Gratitude:

The past Rosh Hashannah and Yom Kippur services at Beth Israel were infused with *kavanah* (intentionality and focus), *simchah* (joy), and *kedushah* (sanctity). None of these would have been possible without proper *hachanah* (preparation). We take this moment to single out those individual members of our community whose *avodat kodesh* (sacred service and volunteerism) allowed us to enjoy our own. Please make an effort to express personal gratitude to each of these individuals and to consider joining CBI's ever expanding community of *ovdei kodesh* (volunteer workers). You can also honor them with a donation to CBI (to donate on our website <https://www.cbiberkeley.org/connect/giving/>).

R. Cohen's High Holiday sermons are now posted on CBI's website.

ADULT EDUCATION

R. Yonatan Cohen
Dr. Frayda Gonshor-Cohen
R. Ariel Mayse
R. Dorothy Richman
M. Victoria Sutton

BIMA FLOWERS

The Haber Family

COMMUNITY BUILDING (MEAL MATCHING) & HACHNASSAT ORCHIM

Sara Darmoni
Yael Krieger
M. Victoria Sutton

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Covenant Wines, Jeff and Jodie Morgan
Dov Jelen
Lois Marcus
Irene Resnikoff
Leslie Valas

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Aaron Katler
Dean Robinson
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Miriam Barrere
Carol Cunradi
Nimrod Elias
Matan Gilbert
Dov Jelen

Ronna Kabatnick
Ori Kanefsky
Issy Kipnis
Patricia Kipnis
R. Joshua Ladon
Rebecca Landes
Leora Lawton
Stephen Leist
Desmid Lyon
Daniel Magid
Lois Marcus
Allen Mayer
Jodie Morgan
Noah Nathan
Elliot Onn
Dorit Resnikoff
Irene Resnikoff
Ben Rose
Rona Rothenberg
Noam Saper
Eric Seder
Doreet Stein
Jeff Stein
Philip Tandler
Leslie Valas
Sheila Yudenfreud
Marti Zedeck

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M. Victoria Sutton

KIDDUSH WINE, ROSH HASHANAH KIDDUSH, & SUKKOT DINNERS

Covenant Winery, with special thanks to the Morgan Family

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R. Daniel Hoffman
Issy Kipnis
Yael Krieger
Desmid Lyon
Rona Teitelman
Gitl Viswanath
Meena Viswanath

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Joelle Yzquierdo

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Ori Kanefsky
R. Joshua Ladon
R. Daniel Lehmann
Yedidya Neumeier
Zeev Neumeier
Mark Schickman
Steve Silberblatt

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Mark Schickman
Yonim Schweig
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M. Victoria Sutton
Meena Viswanath

Gabbais:
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Lisa Blumenband
Yael Saiger
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Niva Bamberger
Shani Gross
Hazel Kirsch
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Yael Krieger
Emily Levy
Nell Maghel-Friedman
Racheli Perl
Adina Polen
Naama Sadan
Yael Saiger
Nava Schweig
Tali Singer
M. Victoria Sutton
Rona Teitelman
Gitl Viswanath
Meena Viswanath

YIZKOR BOOK

Lois Marcus
Susie Marcus

YIZKOR LIGHTS

Carol Cunradi
Jory Gessow
Seth Greenberg

YOM TOV KIDDUSHIM

Special thanks to Janice Mac Millan and her dedicated team for our Yom Tov Kiddushim. A special shout out to Batya Schick for volunteering to support Janice's crew for the Sukkot communal dinners.

YOUTH EDUCATORS

Alana Kessler
Lili Kuchar
Natan Kuchar
Risa Lenore
Melita Silberstein

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Moriyah Gamliel
Meitav Ovadia
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YOM KIPPUR APPEAL PLEDGES RECEIVED

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Friedner & Ruth Wittman
Stanley Wulf & Linda Press-Wulf
Marvin & Sheila Yudenfreund
Sheldon & Marti Zedeck
Ben & Jo-Ellen Zeitlin
Steve Zipperstein & Susan Berrin

We are hoping for 100% member-
ship participation. If you did not get a
Yom Kippur Appeal pledge card or you
weren't in shul for Yom Kippur, you can
reply with your pledge by return email;
you can also donate directly on our site
by using this link: (please pick the "Gen-
eral Fund") [https://www.cbiberkeley.org/
connect/giving/](https://www.cbiberkeley.org/connect/giving/)

TIZKU L'MITZVOT!

***May You Merit the
Abundance of Mitzvoth!***

KIDDUSH SPONSORS

July 6: Nae Golomb in memory of her father Joel S. Golomb, in honor of July 4 and in memory of Leslie Provence; Linda Diamond in honor of July 4 and the CBI community, and in memory of Leslie Provence; The Greenberg family in memory of Leslie Provence; Gladly & Phil Leider in memory of Margaret, Jack and Shirley.

July 13: Rona Teitelman in honor of her birthday and 10 years cancer-free; Laura Lipman in honor of Rona Teitelman's birthday and 10 years cancer free; Oded and Rebecca Angel in honor of Eitan's birthday; Yossi ben-nun for the yahrzeit of his father: Menachem ben Menachem; Michael Kaye in honor of his birthday; Marc Roth.

July 20: The Kenin Family in honor of the bar mitzvah of David Kenin.

July 27: The Stampers in honor of Bob Stamper's 80th birthday and our grandson Nadav Stamper-Kurn's 16th birthday.

August 3: The Rosen Family in honor of Devorah Sophia Rosenlicht and her parents Matty & Zvi.

August 10: The Burrell Family in honor of Avraham's 70th birthday; Yehuda Ben-Israel & Rona Rothenberg, Adam Berman & Deena Aranoff, Adam Brelow & Victoria Sutton, Gilad Buchman & Racheli Perl, Bobby & Barbara Budnitz, Yonatan Cohen & Frayda Gonshor Cohen, Jim & Carol Cunradi, Benjamin & Sara Darmoni, Alisa Einwohner, Malcolm Feeley & Rivka Amado, Heshy & Chaya Miriam Fried, Jory & Lisa Gessow, Sam & Rose Ginsburg, Stephanie Green, Ori Kanefsky & Rena Greenfield, Ethan Katz & Hagit Caspi, Issy & Patricia Kipnis, Joshua & Jennifer Kirsch. Alan & Elissa Kittner, Daniel & Lisa Lehmann, Philip & Gladys Leider, Daniel Lewis, Janice Mac Millan & Ron Reissberg, Daniel & Robinn Magid, Gary & Lois Marcus, Glenn & Judith Massarano, Family Mille, Noah & Melissa Nathan, Paul & Anna Belle Panish, Jonathan Purcell, Philip Rosenthal & Sherrin Packer-Rosenthal, Robert & June Safran, Luna Schector, Barbara Schick, The Schubert Family, The Schweig Family, Steven Silberblatt & Rita Kohl, Joshua & Amelia Spivak, the Stein Family, David & Rikki Sudikoff, Rona Teitelman, Stanley Wulf & Linda Press-Wulf, Joelle Yzquierdo,

Sheldon & Marti Zedeck, Chanan Zupnick & Eden Gerson.

August 17: Rena Greenfield and Ori Kanefsky in honor of Ayala's first birthday and with gratitude to the entire CBI community for welcoming us over the last year and half.

August 24: With great love and good wishes to Russell Kassman: Noah & Hope Alper, Rivka Amado & Malcolm Feeley, R. Yonatan Cohen & Frayda Gonshor Cohen, Carol & Jim Cunradi, Alan Finkelstein & Leslie Valas, Nae Golomb, Ezra & Toby Hendon, Isaac & Sandy Kaplan, Issy & Patricia Kipnis, Jessica & Michael Klass, Desmid Lyon, Jodie & Jeff Morgan, Miriam Petruck, Denise Resnikoff & Lenny Kristal, Steve Silberblatt & Rita Kohl, Hiram Simon, Doreet & Jeff Stein, Linda & Stanley Wulf, Joelle Yzquierdo; Batya Schick in memory of her father Martin ben Victor on his 21st Yahrzeit; Matan Gilbert in gratitude and celebration on the occasion of Nadav entering Oakland Hebrew Day School.

August 31: The Dori Family in honor of Etai Drori's Bar Mitzvah.

September 7: The Mitrani Family in honor of the aufruf of James Mitrani and his upcoming marriage to Sarah Miller; Michael & Jessica Klass in honor of their 50th anniversary.

September 21: Dan & Robinn Magid in honor of their 36th anniversary.

September 28: in memory of David Spieler, good friend and dedicated member of the Beth Israel community, raconteur and photographer extraordinaire: Paul & Serachbracha Albert, Andrea Brott, Avraham & Ruchama Burrell, R. Yonatan Cohen & Frayda Gonshor Cohen, Carol & Jim Cunradi, Michael Diamond, Lisa & Jory Gessow, Rose & Sam Ginsburg, Terry & Olga Gordon, Melissa & Guy Harel, Susan Jacobson, Dan Lewis, Jonah Markowitz, Judy & Glenn Massarano in memory of David Spieler and his unforgettable welcoming spirit, David & BatSheva Miller, Saul & Sara Miranda, John Pilkington & Linda Levy, Jonathan Purcell, Rachel Schorr, Jeff & Doreet Stein, M. Victoria Sutton & Adam Brelow, Marvin & Sheila Yudenfreund, Sheldon & Marti Zedeck

September 30, 1st Day Rosh Hashanah: Hope & Noah Alper, Joanie & Joel

Brodsky, Barbara & Bobby Budnitz, Carol & Jim Cunradi, Rivka Amado & Malcolm Feeley, Leslie Valas & Alan Finkelstein, Lisa & Jory Gessow, Olga & Terry Gordon in memory of Lawrence Berelowitz z"l, Yaakov & Rena Harari, David & Hanna Hindawi in memory of Salim Hindawi's birthday, Alison Jordan, Gladly & Phil Leider, Judy Massarano in honor of Glenn Massarano, Deborah Marciano & Assaf Romm in honor of Arie's birthday, Jonah Markowitz, Rena & Mordy Rosen, Phyllis & Ed Miller, Batyah Schick, Thom & Betty Seaton, Susan & Dick Seeley, Violette & Henri Sibony, Doreet & Jeff Stein, Marti & Shelley Zedeck.

October 1, 2nd Day Rosh Hashanah:

Joanie & Joel Brodsky, Barbara & Bobby Budnitz, Carol & Jim Cunradi, David & Hanna Hindawi in memory of Salim Hindawi's birthday, Rivka Amado & Malcolm Feeley, Leslie Valas & Alan Finkelstein, Lisa & Jory Gessow, Alison Jordan, Deborah Marciano & Assaf Romm in honor of Arie's birthday, Phyllis & Ed Miller, Rena & Mordy Rosen, June & Bob Safran, Thom & Betty Seaton, Susan & Dick Seeley, Doreet & Jeff Stein, Marv & Maxine Winer, Marti & Shelley Zedeck.

October 5: in recognition of R. Cohen's outstanding spiritual and congregational leadership for the past 13 years and offering our gratitude to Frayda and R. Yonatan Cohen: Paul & SerachBracha Albert, Bob & Judy Albietz, Noah & Hope Alper, Oded & Rebecca Angel, Katrin Arefy, Miriam Barrere, Adam Berman & Deena Aranoff, Tony & Kathleen Bloom, Joan Brunswick, Bob & Barbara Budnitz, Robi & Miriam Cohen, Jim & Carol Cunradi, Benjamin & Sara Darmoni, Max & Dalia Davis, Nimrod Elias & Aliza Craimer Elias, Marvin & Sara Engel, Benjamin Epstein, Malcolm Feeley & Rivka Amado, Michael Feiner & Jennifer Shy, Alan Finkelstein & Leslie Valas, Hilik & Vered Frank, Joel & Katya Gerwein, Sam & Rose Ginsburg, Terence & Olga Gordon, Hank & Tzippi Hanig, Jacob & Rena Harari, Jacob & Rachel Heitler, Ezra & Toby Hendon, Daniel & Eliezh Hoffman, Susan Jacobson, Sam & Bathea James, Alison Jordan, Ori Kanefsky & Rena Greenfield, Aaron Katler & Deb Fink, Issy & Patricia Kipnis, Alan & Elissa Kittner, Derek & Maureen Krantz, Leon-

ard Kristal & Denise Resnikoff, Daniel Lewis, Desmid Lyon, Daniel & Robinn Magid, Gary & Lois Marcus, Jonah Markowitz, Sondra Markowitz, Glenn & Judith Massarano, David & Bat Sheva Miller, Edward & Phyllis Miller, Jeff & Jodie Morgan, Noah & Melissa Nathan, Oakland Hebrew Day School, Miriam Petruck, John Pilkington & Linda Levy, Ben Rose & Rebecca Landes, Ayla Rapoport, Mordecai & Rena Rosen, Philip Rosenthal & Sherrin Packer-Rosenthal, Robert & June Safran, Ory & Tamar Sandel, Batya Schick, Muni & Tania Schweig, Peter Dale Scott & Ronna Kabatznick, Eric & Rachel Seder, Richard & Susan Seeley, Henry & Violette Sibony, Steven Silberblatt & Rita Kohl, Richard & Irene Smith, Abraham & Laila Stone, R. Chai Levy & Roger Studley, David & Rikki Sudikoff, Rona Teitelman, Philip Tandler, Delphine Sherman, Samuel, Elisha and Judah, Marvin & Maxine Winer, Fried & Ruth Wittman, Stanley Wulf & Linda Press-Wulf, Marvin & Sheila Yudenfreund, Joelle Yzquierdo, Sheldon & Marti Zedeck, Ben & Jo-Ellen Zeitlin.

October 9, Yom Kippur Break Fast: Deena Aranoff & Adam Berman, Jory & Lisa Gessow, Chaim & Nell Mahgel-Friedman, Harry & Dorothy Rubin, Naomi & Bob Stamper, The Stein Family, The Wulf Family.

October 9: Yom Kippur Break Fast Sponsors: Deena Aranoff & Adam Berman, Jory & Lisa Gessow, Chaim & Nell Mahgel-Friedman, Harry & Dorothy Rubin, Naomi & Bob Stamper, The Stein Family, The Wulf Family

October 12: Rebecca and Oded Angel in honor of Marie and Eitan Angel; Leora Lawton in honor of her father's 97th birthday; Amanda Nube

SEUDAH SHLISHIT SPONSORS

July 13: Anonymous, Avraham Burrell, Joseph Friedman, Guy & Melissa Harel, Jory & Lisa Gessow, Gale Guinasso, Lev and Sarah Jasper, Michael Kaye, Saul & Sara Miranda, Tania & Muni Schweig in honor of the Kenin Family.

August 17: Yehuda Ben-Israel & Rona Rothenberg in memory of Jane Falk z"l (Shayna Liba bat Nachum Eli).

August 31: Congregation Beth Israel, The Aquarian Minyan, Beit Ari and Radio Free Nachlaot in honor of Rav Sholom Brodt's 2nd yahrzeit.

September 7: Yossi Ben-Nun in honor of the yahrzeit of his mother Rivka bat Hannah and Yosef.

September 14: Jeff and Jodie Morgan, with gratitude of the CBI community and in celebration of the 2019 grape harvest.

October 12: The Amdurer Family in memory of Chaim Amdurer

HACHNASSAT ORCHIM

Josh & Jenny Kirsch
Laura Lipman
Jeff & Doreet Stein
Meena Viswanath & Jamie Conway

HIGH HOLIDAY FLOWER ARRANGEMENTS

The Haber Family, with Harriet Gulassa, in memory of Jan Haber.



BARUCH DAYAN EMET • CONDOLENCES

We mourn the passing of **Jane Falk (Shayna Liba bat Nachum Elli)**, beloved sister of Candace Falk and sister-in-law of Lowell Finley, beloved aunt to Jesse and Mara Falk-Finley and beloved stepmother to Leah and Josh Margolies.

We mourn the passing of **Carol Shivel (Shira Leah bat Avraham v'Sara)**, on August 20 in Olympia, Washington. She is survived by Scott W and Annie Cubberly of Olympia, and Robert B Cubberly of San Francisco, and two grand-children, Jessie E and Henry S Cubberly.

We mourn the passing of **Blossom Selma Miller (Sarah Beila bas Meyer v'Yetta)**, beloved mother of Ann, Jonathan and David Miller, mother-in-law of BatSheva Miller, grandmother of Caitlin, Devon, Netzach, Liana, Tzvi, Corinna, Rebecca, Hodayah, and Meir (Didi), and great-grandmother of Betzalel and Arava. She passed on peacefully in her home in Rockville Centre, New York on September 13.

We mourn the passing of **Albert Magid (Avraham Eliezer ben Aharon Meyer v'Luba)**, father of Dan Magid, father-in-law of Robinn Magid and grandfather of Josh, Beth, Aaron and Nathan Magid. Albert, 91, died at home at Piedmont Gardens in Oakland on November 2. Albert is also survived by his daughters Bonnie Roditti and Rachel Scholl, son-in-law Matt Scholl, and grandchildren, Sam Roditti and Ethan Scholl; Albert's wife and Beth El past president, Marian Magid, z"l died in 2007.

*HaMakom Yenacheim Et'chem Betoach She'ar Aveilei Tziyon VeYerushalayim.
May God comfort the family and all others who mourn Zion and Jerusalem.*



MAZEL TOV

To **David Kenin** on his bar mitzvah on July 20.

To **James Mitrani and Sarah Miller** on their wedding on September 8.

To first-time grandparents **Rita Kohl & Steve Silberblatt**, and new parents
Rafael & Jeanine Silberblatt, on the birth of a baby boy.

To great-grandmothers **Natalia Jadan and Faina Aizman**; to grandparents **Roz & Bernie Steinberg** and
Irina & Alexander Aizman; and to parents **Ania Aizman & Avi Steinberg** on the birth of a baby girl,
Zoya Haya Aizman, in Ypsilanti, Michigan on July 13.

To **Noga Ravid & Andrew Bestwick**, and **big brother Jacob** on the birth of a baby girl, Mia Denise on July 18.

To **Talya Brettler and Immanuel Buder** on the birth of a baby girl, Eliana Sidney (Eliana Shlomit) on July 19.

To parents **R Daniel & Eliezah Blumenthal Hoffman** and **big brother Yarden**
on the birth of a baby boy, Lev, on August 14.

To parents **Tali & Yaakov Albietz**, **big brothers Yehoshua, Shemaya, and Yechezkel**, and grandparents
Judy & Bob Albietz and **Adi & Schlomo Aaron** on the birth in Israel of a baby boy Isaac (Yitschak).

To **Ariela and Aryeh Canter** on the birth of a baby girl, Raizel Chaya Miriam on August 24.

To **Scott Jacob Davis and Kate McAlpine Davis** (Leo, z"l and Ljuba Davis' #7 child) on the birth on August 23 of a
daughter, Quinn Lea Davis, named in memory of Scotty's father of blessed memory, Leo Davis, z"l.

To parents **Rivka Weinstock & Ari Resnikoff**, great-grandmother **Fran Alexander**, grandparents **Irene & Joel Resnikoff**
and **Uri & Susan Weinstock** & aunts and uncles **Haggai, Dorit and Liat** on the birth of a baby boy,
Zamir Shalom Ernest on September 19.

*May these children's lives be filled with the insights of Torah, the warm and supportive
love of family and community, and the blessing of good deeds. Mazal tov!*



YOUR CHAI-LIGHTS TEAM

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Turi, Scott, Coman & Simon Adams: wishing everyone a Shana Tova!

Rhoda Agin: for the daily minyan in memory of my parents Irving (Yitzchak) and Diana (Sheina Dina) Agin

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Guy & Melissa Harel: for kaparot

H. Daniel Hassenfeld & E. Joan Blum: for yizkor and for aliyah on Shavuot

Elise Hay: sending thanks to Rabbi Cohen and the CBI community for a beautiful Simchat Torah, and gratitude to Lili and Natan Kuchar

Daniel & Eliezh Hoffman

Adam Joseph and Naama Sadan

Aaron Koolyk

Izyaslav & Raisa Kreymer: in memory of our parents

Leonard Kristal & Denise Resnikoff: In honor of and thanks to all of CBI's volunteers and leadership

Dennis & Di Kuchar: A wonderful shule and community lead by a great Rabbi and team

Mark Levitt & Kay Klass: in honor of J. & M. Klass's 50th wedding anniversary

Jacob Levy & Emily Sahn Levy

Raymond Lifchez: for Purim

Donald Light & Linda Diamond: in memory of our beloved Jane Falk

Daniel & Robinn Magid: in honor of Irene & Joel Resnikoff's new grandson (and Fran's great-grandson)

Glenn & Judith Massarano

Evan & Lee Melhado: in honor of Sam & Rose Ginsburg in gratitude for their friendship and hospitality

Edward & Phyllis Miller: in honor of Ljuba Davis' granddaughter, Quinn Lea Davis

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Ponnie Rasmussen: in memory of Carol Shivel

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Ory & Tamar Sandel: in memory of David Spieler and Jane Falk

Barbara Schick: in memory of Jane Falk

Rachel Schorr: in memory of David Spieler

Peter Dale Scott & Ronna Kabatznick: on the yahrzeit of Jeffrey Kabatznick; on the yahrzeit of Leonard Cohen; on the yahrzeit of Minna Kabatznick; on the yahrzeit of Norman Kabatznick

Thom & Betty Seaton: in support of the Yom HaZikaron & Yom Ha'atzmaut celebrations

Richard & Susan Seeley: in honor of Dan and Robinn Magid's 36th anniversary

Ben-David & Jennifer Seligman: with gratitude for the wonderful Shabbat hospitality!

Henry & Violette Sibony: for aliya; for yiskor; in memory of Jane Falk; in memory of Violette's father Judah ben Meyer ve Freha

Mel Sibony & Lisa Tranter Sibony: In honor of Henry Sibony's birthday and aliyah on Shavuot

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Marvin & Maxine Winer: in honor of the birth of a first grandson to Steve & Rita; in memory of Jenny Goodstein

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Jennifer Fenster: with thanks to R. Cohen's family for their hospitality
Paul Hamburg & Mimi Weisel: in honor of the yahrzeits of Paul's parents Daniel and Lillian Hamburg
Avi Hirsch: thanking the Rabbi and shul for their hospitality
Aaron Katler & Deb Fink: for yizkor
Rabbi Stuart & Victoria Kelman: in honor of the marriage of Ari Finkelstein & Lissy Isaacson
Aaron Koolyk
Derek & Maureen Krantz: in honor of Shai's bar mitzvah
Nechama Langer: in honor of R. Cohen
Boaz & Liya Levanda: wishing Shana Tova to all Beth Israel!
Laura Lipman: in honor of Jane Falk, may her memory be for a blessing
Daniel & Robinn Magid: thanking R. Cohen for helping with our vows renewal
Linda Marcus
Glenn & Judith Massarano: in honor of Zakkai Archibald Silberblatt
Moshe & Liat Matsa

Edward & Phyllis Miller: for the sock & underwear drive; in honor of the Resnikoff Family on the birth of a grandson to Ari & Rivka; in honor of the 80th birthday of Bob Stamper; in honor of the marriage of Ari Finkelstein & Lissy Isaacson; in memory of Jane Falk; thanking everyone who made the chaggim so special
Shmuel & Katya Ravid: in appreciation of R. Cohen and Maharat Sutton
Joel & Irene Resnikoff: in honor of Dan & Robinn Magid on their 36th anniversary
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Rachel Schorr: in memory of Vida Lehmann, Yvette Hoffer, Jacob Oelberger, David Spieler
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Doreen Stock: for Sukkot
Friedner & Ruth Wittman: celebrating our 50th anniversary; with gratitude to R. Cohen
Marvin & Sheila Yudenfreund: wishing happy birthday to Bob Stamper
Ronit Ziv-Kreger: in gratitude for being hosted over Rosh Hashana

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In memory of Elizabeth Laurie Zedeck • Shelly & Marti Zedeck

We are pleased to announce that we have designated a fund in memory of Marti & Shelly's daughter, Elizabeth, to help support CBI's Shabbat youth groups and special programs for children. Please consider making a donation to this fund in appreciation of CBI's youth programming, educators and/or in honor of the Zedeck Family.



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