UNITED STATES SECURITIES AND EXCHANGE COMMISSION WASHINGTON, D.C. 20549

SCHEDULE 13D (Amendment No. __)*

CCA Industries, Inc.				
(Name of Issuer)				
Common Stock, \$0.01 par value				
(Title of Class of Securities)				
124867102				
(CUSIP Number)				
COPY TO: Seth W. Hamot Costa Brava Partnership III L.P. 420 Boylston Street Boston, MA 02116 (617) 595-4400 (Name, Address and Telepho				
July 11, 2006				
(Date of Event Which Requires	Filing of This Statement)			
If the filing person has previously filed a statement on Schedule 13G to report the acquisition which is the subject of this Schedule 13D, and is filing this schedule because of Rule 13d-1(e), 13d-1(f) or 13d-1(g), check the following box: [X]				
Note: Schedules filed in paper format shall include a signed original and five copies of the schedule, including all exhibits. See ss.240.13d-7 for other parties to whom copies are to be sent.				
* The remainder of this cover page shall be filled out for a reporting person's initial filing on this form with respect to the subject class of securities, and for any subsequent amendment containing information which would alter disclosures provided in a prior cover page.				
The information required on the remainder of this cover page shall not be deemed to be "filed" for the purpose of Section 18 of the Securities Exchange Act of 1934 ("Act") or otherwise subject to the liabilities of that section of the Act but shall be subject to all other provisions of the Act (however, see the Notes).				
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SCHEDULE 13D				
CUSIP No. 124867102	Page 2 of 8 Pages			
NAME OF REPORTING PERSON: Costa Brava Partnership III L.P. S.S. OR I.R.S. IDENTIFICATION NO. OF ABOVE PERSON: 04-3387028				

2. CHECK THE APPROPRIATE BOX IF A MEMBER OF A GROUP*

		(a) [] (b) []		
3.	SEC USE ONLY			
	SOURCE OF FU	 VDS*		
	WC			
5.	CHECK BOX IF I ITEMS 2(d) OR 2(DISCLOSURE OF LEGAL PROCEEDINGS IS REQUIRED PURSUANT TO e)		
6.	CITIZENSHIP OI	R PLACE OF ORGANIZATION		
	A Delaware limited	l partnership		
NUMBER OF SHARES BENEFICIALLY OWNED BY EACH REPORTING PERSON	NUMBER OF	SOLE VOTING POWER 473,970 (1)		
	BENEFICIALLY OWNED BY	8. SHARED VOTING POWER -0-		
	REPORTING	9. SOLE DISPOSITIVE POWER 473,970 (1)		
		SHARED DISPOSITIVE POWER -0-		
11	. AGGREGATE A	MOUNT BENEFICIALLY OWNED BY EACH REPORTING PERSON		
	473,970 (1)			
12	. CHECK BOX IF	THE AGGREGATE AMOUNT IN ROW (9) EXCLUDES CERTAIN SHARES*		
13	. PERCENT OF C	LASS REPRESENTED BY AMOUNT IN ROW (9)		
	7.9%			
14	. TYPE OF REPO	RTING PERSON*		
	PN 			
(1)	shares of Common	ership III L.P. disclaims beneficial ownership of 8,220 Stock that are held in separate accounts that Seth W. o be the beneficial owner of.		
	*SEE IN	ISTRUCTIONS BEFORE FILLING OUT!		
Page 2 of 8 Pages				
	S	SCHEDULE 13D		
C	USIP No. 12486710	Page 3 of 8 Pages		
1.		RTING PERSON: Roark, Rearden & Hamot, LLC NTIFICATION NO. OF ABOVE PERSON: 10-0000708		
2.		PROPRIATE BOX IF A MEMBER OF A GROUP* (a) [] (b) []		
3.	SEC USE ONLY			
4.	SOURCE OF FU			

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WITH	SITIVE POWER	
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14. TYPE OF REPORTING PERSON*		-
OO - Other		
(2) Roark, Rearden & Hamot, LLC discl of Common Stock that are held in sepa deemed to be the beneficial owner of. *SEE INSTRUCTIONS BE	arate accounts that Seth W	
Page 3 of 8 Pages		
SCHEDULE 13D		
CUSIP No. 124867102	Page 4 of 8 Pages	
1. NAME OF REPORTING PERSON:		
2. CHECK THE APPROPRIATE BOX	IF A MEMBER OF A GF (a) [] (b) []	- ROUP*
3. SEC USE ONLY		-
4. SOURCE OF FUNDS*		-
WC		
5. CHECK BOX IF DISCLOSURE OF ITEMS 2(d) OR 2(e)	LEGAL PROCEEDINGS	IS REQUIRED PURSUANT TO
6. CITIZENSHIP OR PLACE OF ORG	ANIZATION	

11. AGGREGATE AMOUNT BENEFICIALLY OWNED BY EACH REPORTING PERSON

473,970

IN, HC

12. CHECK BOX IF THE AGGREGATE AMOUNT IN ROW (9) EXCLUDES CERTAIN SHARES*

IJ

13. PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW (9)

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*SEE INSTRUCTIONS BEFORE FILLING OUT!

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SCHEDULE 13D

CCA Industries, Inc.

Item 1. Security and Issuer.

This statement relates to the shares of common stock, \$0.01 par value (the "Common Stock"), of CCA Industries, Inc., a Delaware corporation (the "Issuer"), which has its principal executive offices at 200 Murray Hill Parkway, East Rutherford, NJ 07073.

Item 2. Identity and Background.

This statement is filed jointly by (1) Costa Brava Partnership III L.P. ("Costa Brava"), a Delaware limited partnership; (2) Roark, Rearden and Hamot, LLC ("RRH"), a Delaware limited liability company; and (3) Seth W. Hamot, a United States citizen. Each of the parties listed in the immediately preceding sentence is referred to herein individually as a "Filer" and collectively as the "Filers."

Seth W. Hamot is the president of Roark, Rearden & Hamot, LLC, which is the general partner of Costa Brava Partnership III L.P.

The principal business of Costa Brava Partnership III L.P. is to make investments in, buy, sell, hold, pledge and assign securities. The principal business of Roark, Rearden and Hamot, LLC is to act as general partner of Costa Brava Partnership III L.P. The principal business address of each of the Filers is 420 Boylston Street, Boston, MA 02116.

None of Filers has, during the past five years, been convicted in a criminal proceeding (excluding traffic violations and similar misdemeanors). None of the Filers has, during the past five years, been a party to a civil proceeding of a judicial or administrative body of competent jurisdiction and as a result of such proceeding was or is subject to a judgment, decree or final order enjoining future violations of, or prohibiting or mandating activities subject to, federal or state securities laws or finding any violation with

respect to such laws.

Item 3. Source and Amount of Funds or Other Consideration.

All of the shares of Common Stock that were beneficially owned by the reporting persons were held by Costa Brava Partnership III L.P. and were acquired with working capital set aside for the general purpose of investing.

Item 4. Purpose of Transaction.

On July 11, 2006, Costa Brava sent a letter to the Board of Directors of the Issuer to disclose its offer to purchase the entirety of the Class A common stock of the Issuer (the "Class A Shares") from Ira Berman and David Edell. Upon completion of this proposed transaction, Costa Brava would sell 200,000 Class A Shares to Drew and Dunnan Edell. A copy of the letter is attached hereto as Exhibit 2 and is incorporated herein by reference.

On July 14, 2006, the Board of Directors of the Issuer sent a letter to Costa Brava. The letter acknowledged receipt of Costa Brava's July 11, 2006 letter and provided that the Board of Directors would respond to Costa Brava after having had an opportunity to review the matter further.

The Filers reserve their rights to make alternative plans or proposals in the future or take any other steps to enhance the value of their investment. The Filers further reserve the right to increase, decrease or eliminate their investment in the Issuer or take any other action relative thereto.

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Item 5. Interest in Securities of the Issuer.

(a) The Filers are the beneficial owners of 473,970 shares of Common Stock (approximately 7.9% of the shares of Common Stock outstanding as reported in the Issuer's filing on Form 10-Q on July 13, 2006).

Each of Costa Brava and its general partner RRH disclaim beneficial ownership of 8,220 shares of Common Stock that are held by separate accounts that Mr. Hamot is deemed to be the beneficial owner of.

- (b) The Filers have the sole power to vote and sole power to dispose of such shares to which this Schedule 13D relates.
- (c) During the past sixty (60) days, the Filers have not purchased or sold shares of Common Stock of the Issuer.
 - (d) Not applicable.
 - (e) Not applicable.

Item 6. Contracts, Arrangements, Understandings or Relationships with

Respect to the Securities of the Issuer.

Not applicable.

Item 7. Material to be Filed as Exhibits.

Exhibit 1 - Agreement Regarding the Joint Filing of Schedule 13D.

Exhibit 2 - Letter from Costa Brava Partnership III L.P. to the Board of Directors of the Issuer dated July 11, 2006.

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Signature

After reasonable inquiry and to the best of its knowledge and belief, the undersigned certifies that the information set forth in this statement is true, complete and correct.

July 19, 2006 -----Date

COSTA BRAVA PARTNERSHIP III L.P.

By: Roark, Rearden & Hamot, LLC, its General Partner

By: /s/ SETH W. HAMOT

Name: Seth W. Hamot

Title: President

Attention: Intentional misstatements or omissions of fact constitute Federal criminal violations (See 18 U.S.C. 1001)

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EXHIBIT INDEX

Exhibit Description

- 1 Agreement Regarding the Joint Filing of Schedule 13D.
- 2 Letter from Costa Brava Partnership III L.P. to the Board of Directors of the Issuer dated July 11, 2006.

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EXHIBIT 1

AGREEMENT REGARDING THE JOINT FILING OF SCHEDULE 13D

The undersigned hereby agree as follows:

- (i) Each of them is individually eligible to use the Schedule 13D to which this Exhibit is attached, and such Schedule 13D is filed on behalf of each of them; and
- (ii) Each of them is responsible for the timely filing of such Schedule 13D and any amendments thereto, and for the completeness and accuracy of the information concerning such person contained therein; but none of them is responsible for the completeness or accuracy of the information concerning the other persons making the filing, unless such person knows or has reason to believe that such information is inaccurate.

Dated: July 19, 2006

COSTA BRAVA PARTNERSHIP III L.P.

By: Roark, Rearden & Hamot, LLC, its General Partner

By: /s/ SETH W. HAMOT

Seth W. Hamot President

ROARK, REARDEN & HAMOT, LLC

By: /s/ SETH W. HAMOT

Seth W. Hamot President

SETH W. HAMOT

By: /s/ SETH W. HAMOT

Seth W. Hamot

EXHIBIT 2

July 11, 2006

Board of Directors

Via E-MAIL

David Edell
Ira W. Berman
Jack Polak
Stanley Kreitman
Dunnan Edell
Gio Batta Gori
Robert A. Lage

c/o David Edell & Ira W. Berman

CCA Industries, Inc.

200 Murray Hill Parkway

East Rutherford, New Jersey 07073

Gentlemen:

Costa Brava Partnership III, L.P., the general partner of which is Roark, Rearden & Hamot Capital Management, LLC ("Costa Brava") is the largest holder of CCA Industries' ("CCA" or the "Company") publicly traded common stock. We write to advise you of certain developments, and to pose certain questions, regarding our Company.

Costa Brava has been engaged in discussions with Ira Berman ("Berman") and David Edell ("Edell") regarding the potential purchase of their controlling Class A common stock. We believe that the CCA Board of Directors (the "Board") should be aware of our offer of July 6, 2006 to Berman and Edell. As matters stand, our offer is as follows:

- O Costa Brava is prepared to purchase the entirety of the Class A common stock at a substantial premium to the market price of the public Common stock that reflects the Class A shares' controlling position in the company.
- Berman and Edell would retire from their positions with the company, and from the Board, effective upon the sale of their Class A shares.
- o Following the purchase of the Class A shares from Berman and Edell, Costa Brava would sell 200,000 Class A shares to Drew and Dunnan Edell, with financing to be provided by Costa Brava if necessary.
- Drew would join, and Dunnan Edell would continue on, the Board, and would manage the business on a daily basis. They would report directly to the Board.

As noted, Costa Brava's believes that it would maximize value for all constituencies to grow profitably the cash flow generation of the business over the next decade, both through organic means and through acquisitions. Costa Brava believes that the foregoing transaction would move the Company in the

right direction to pursue these goals, while providing Berman and Edell with the appropriate liquidity to realize the proceeds of their investment in the Company.

Last week, we learned for the first time that the Board may have tentatively agreed to have the Company purchase for itself -- with Company cash --- all of Berman's Class A shares and certain of Edell's Class A shares, with the remainder of Edell's Class A shares being converted to ordinary common stock. We understand that the Board has tentatively agreed to pay Berman and Edell a 30% premium to the market price of CCA's common stock. In addition, we understand that while Berman and Edell would reduce their salaries from their current level, the Company would make continue to make significant payments to Messrs. Berman and Edell.

We have also noted a number of developments the timing of which, at a minimum, raise questions that the Board may wish to consider. On February 6, 2006, the Company issued a positive press release that was followed by a rally in the Company's stock price. Just four days later, on February 10, Berman and Edell each sold 100,000 shares of common stock back to the Company in a private sale at \$10.50 per share, a price that supposedly reflected a discount to the then-market price. However, the market price fell shortly thereafter, and the "discount" turned out to be a premium.

Now, a similar phenomenon appears to be taking place. The Company recently issued a press release, followed by a revised press release, highlighting its financial performance and announcing the hiring of investment bankers. The "good financial performance" includes pro-forma numbers -- non-GAAP --- and the discussion of "investment bankers" misleadingly fails to disclose that it was in connection with potential acquisitions, rather than a potential merger or sale of the Company. The stock is now up greatly, which would artificially boost the 30% premium that the Board has apparently agreed to pay for Berman and Edell's Class A shares.

Costa Brava has a number of questions about the proposed transaction between the Company and Berman/Edell:

- 1. What provisions have been made, if any, for arm's-length negotiations between Berman and Edell, on the one hand, and the Company on the other? Berman is the Company's Chairman of the Board, Executive Vice President, and Corporate Secretary. Edell is its Chief Executive Officer and a director. It goes without saying that they are interested in any transaction that would acquire their shares. How if at all is the Board dealing with this conflict?
- 2. What is the Board's rationale for expending over \$7.5 million of cash in a share repurchase at a 30% premium to the market price? To the extent that the goal may have been to provide Berman and Edell with liquidity for their Class A shares, the pending discussions with Costa Brava would meet that need. In light of that development, what proper corporate purpose would be served by the proposed buyback of the Class A shares?
- 3. What provision has been made for the Class A shares following the Company's contemplated repurchase?
- 4. What are the terms under which the Company has been buying back, and now proposes to buy back, Berman and Edell's public Common shares? What protections are in place to ensure that these transactions (a) comply with all applicable laws, including the federal securities laws, and (b) are in the best interests of the Company and its shareholders?

Please provide us with answers to the foregoing questions by no later than this Friday, July 14, 2006. Costa Brava of course reserves all its rights, including the right to seek this and additional information under Section 220 of the Delaware General Corporate Law.

/s/ JAMES SHULMAN

Very truly yours,

James Shulman