



EXECUTIVE DIRECTOR'S MESSAGE

Dear CHC Friends,

Summer is a time for us to recharge and enjoy a slower pace. Self care is becoming increasingly important as our lives continue to get busier and we find it difficult to unplug. I encourage you to take pause this summer and celebrate everything you accomplished this year.

At CHC, it has been a busy year, and one of the biggest accomplishments is our role in the national 1 in 5 movement. By joining forces with the Parents Education Network (PEN) and partnering with Understood.org, CHC is at the forefront of a national awareness campaign that recognizes and supports the 1 in 5 kids with learning and attention issues that are often compounded by anxiety, depression and other mental health conditions. We spent the year building awareness, increasing access and taking action for the 1 in 5, culminating with the 10th Annual EdRev Expo at AT&T Park on April 21, 2018. We're also very proud to share that we were able to provide \$5.9M of services last year to the community at no cost—financial aid, tuition assistance, community education classes, consultations, evaluations and therapy.

This year also marks CHC's 65th anniversary. Since the early 1950's when Dr. Esther B. Clark established the organization, this generous community has come together to provide moral support, leadership and financial resources to help CHC grow and thrive. As we reflect back on the last 65 years, we are filled with gratitude and awe for the many people who have helped CHC along the way.

Thank you for being such an important part of the CHC community.



Rosalie Whitlock

Rosalie Whitlock, PhD
Executive Director
Children's Health Council

Cover photo: CHC headquarters "way back when."

The Key to Success of CHC's Ravenswood Initiative for More Kids



CHC'S BILINGUAL AND BICULTURAL STAFF WORK CLOSELY WITH PROGRAM PARTNERS TO SUPPORT THE MENTAL HEALTH AND WELLBEING OF FAMILIES IN THEIR PREFERRED LANGUAGE AND IN THEIR OWN COMMUNITY.

Launched in 2014, the Ravenswood Initiative for More Kids provides **free,** professional, culturally relevant educational and mental health services to children, teens, and families in East Palo Alto and parts of Menlo Park and Redwood City.

Now in its 4th year, the key to the success of the Ravenswood Initiative continues to be trusted partnerships and a highly skilled clinical team who represent the cultural diversity of the community. CHC's bilingual and bicultural staff work closely with program partners like Ravenswood City School District, Boys & Girls Clubs of the Peninsula, Eastside College Preparatory School, KIPP Schools, All Five, Able Works, and Girls to Women to support the mental health and wellbeing of families in their preferred language and in their own community.

Continued on page 22



2017-18 Year in Review

10,000 Served



2,000+
kids and teens received therapy and evaluation services



210
30-minute consultations for parents

1,200

attendees in **60 workshops** given through Ravenswood Initiative for More Kids... with **850 consultations** to parents and teachers

1,770

families served through Early Support Program for Autism since 2013



3,000

parents, teachers, teens and community members served through **over 100 Community Connections programs**, free of charge

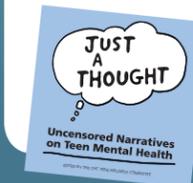
Over 2,000
attendees at

EdRev Expo

SHS EBC

Over 200
students enrolled at Esther B. Clark and Sand Hill Schools

28 teens
on Teen Wellness Committee published 1 new book!



chc
ANNUAL CAMPAIGN

Giving promise.
Growing potential.

Over \$4 Million Raised

\$2 MILLION+

Individual Donors

\$1.7 MILLION

Foundations & Corporations

\$600+ THOUSAND

Special Events

Teens get the help they need.



Kids with learning differences and mental health challenges get education and therapy.



Families in need get support and education.



CHC remains vibrant, healthy and available for all.



Notes from Dr. Ramsey Khasho

Since the launch of the Teen Mental Health Initiative (TMHI) in 2016, CHC has continued its commitment to increasing awareness, removing stigma, connecting those in need to those who can help and reducing teen suicide. We know therapy works and CHC is just a call away. This year nearly 1,300 teens came to CHC for therapy—a 25% increase over last year.

Free parent and teacher education continues to be a top priority. This year CHC introduced a series of seven new classes about important teen topics like building resilience in teens, parenting wired teens and helping teens cope with anxiety. We saw an increase of 68% in free 30-minute parent consultations, meaning parents felt more comfortable reaching out for advice and support.

THIS YEAR NEARLY 1,300 TEENS CAME TO CHC FOR THERAPY— A 25% INCREASE OVER LAST YEAR.

One of the objectives of TMHI was to open Palo Alto’s first Intensive Outpatient Program (IOP) to provide support to teens ages 14-18 during the

often overlooked but essential middle ground between weekly outpatient therapy and hospitalization. CHC can help teens struggling with a more severe case of anxiety and depression as well as those with a history of self-harm and/or suicidal thoughts.

The IOP is based on Dialectical Behavioral Therapy (DBT)—an evidence-based, research-supported treatment for individuals with severe anxiety and depression including suicidal ideation and suicide attempts. Teens learn specific skills to stay alive, including mindfulness, distress tolerance and emotional regulation. Also critical to the program’s success is a robust family component so parents/caregivers can develop the skills necessary to support their teens at home. Our goal is to have teens continue to integrate DBT into daily life after the IOP to help reduce unsafe thoughts and behaviors. One teen recently reflected: “I’ve been able to better cope and react in certain situations. Before the IOP my first thought or urge was a problem behavior, but now I’ve realized that there are better and more effective ways to help me.” This is good news.



Since the opening of the IOP in May 2017, the program has served 35 teens between the ages of 14 and 18. Because we have to limit the cohort to 5-8 students at a time, depending on severity, the number of requests for the IOP far outweighs the number of teens CHC can serve. To meet this need, CHC will be partnering with Stanford’s Department of Psychiatry to leverage our resources and help more teens. Thank you to the Palo Alto Community Fund and other visionary donors for making the Intensive Outpatient Program possible.

Our team at CHC remains vigilant in our efforts to combat mental illness and improve the mental health and wellness of pre-teens, teens and young adults. We are fully committed to continuing this work in our community. For more information about the Teen Mental Health Initiative and Intensive Outpatient Program visit chconline.org/teens.

- If you are currently in need of support, Text HELLO to 741-741.
- For therapy, IOP or a free 30-minute consultation, call CHC Clinical Services at 650.688.3625. Learn more at chconline.org/teens
- For community education classes, visit CHC Community Connections at chconline.org/community-connections.
- For additional resources, visit the CHC Resource Library at chconline.org/resourcelibrary.

Ramsey Khasho, PsyD
Licensed Psychologist & Chief Clinical Officer



The CHC Breakfast Building Bridges Between Mental Health and Learning

In March, close to 350 people gathered at Sharon Heights Golf and Country Club for the 5th annual CHC Breakfast, continuing the conversation about mental health and wellness for children, teens and young adults. Each year, CHC hosts The Breakfast on a topic of interest to parents and the community. We bring together well-known speakers, writers and professionals who can help us with the critical job of parenting. The annual Breakfast began in 2013 thanks to the vision of Calla Griffith and Rahela Abbas.

This year’s thought-provoking gathering was hosted by Co-Chairs Catherine Harvey and Perri Guthrie, and focused on how those with learning differences and ADHD

1 IN 5 YOUNG PEOPLE IN THE U.S. HAS A LEARNING OR ATTENTION DIFFERENCE.

also struggle with anxiety. Dr. Ramsey Khasho opened the morning by providing statistics about the magnitude of the problem, and how

many youth struggle with both learning as well as mental health issues. He pointed out that 1 in 5 young people in the U.S. has a learning or attention difference, as well as anxiety and/or depression. Speakers Dewey Rosetti and Dr. Stephen Hinshaw then provided their very personal stories of struggle. Finally, our expert panel that included CHC’s Dr. Lynette Hsu, addressed many of the excellent questions provided by the audience.

CHC Executive Director Rosalie Whitlock states, “I believe every child, teen or young adult with learning differences (LD) and ADHD also experiences anxiety and we must include this group in our discussions of mental health challenges. You can’t treat LD and ADHD without at least considering anxiety. Together, we’ve made great strides and created many more services for families over the last couple of years. The impact has been great, but creating systemic change in our community requires incredible focus, hard work and financial backing. We thank our donors and the community for all they do to support programs and end stigma around mental health. Let’s keep the conversation going!”

Left Photo: Dr. Ramsey Khasho, Dr. Stephen Hinshaw, Dewey Rosetti, CHC Breakfast Co-Chair and Board Member Catherine Harvey, CHC Breakfast Co-Chair Perri Guthrie, Dr. Lynette Hsu

CONTINUING THE CONVERSATION ABOUT MENTAL HEALTH AND WELLNESS FOR CHILDREN, TEENS AND YOUNG ADULTS



CHC Board Member Calla Griffith, CHC Executive Director Rosalie Whitlock, CHC Breakfast Co-Chair and Board Member Catherine Harvey



CHC Ambassadors Brian Dombkowski and Ross Jaffe



LGBTQQI+ TASK FORCE



CHC is pleased to introduce our LGBTQI+ (Lesbian, Gay, Bisexual, Transgender, Queer/Questioning, Intersex +) Task Force. Led by EBC Site Director Jody Miller and Teen Therapist Jenna Borrelli, the mission of the LGBTQI+ Task Force is to create an inclusive, safe and compassionate workplace and service environment for LGBTQI+ staff, children, teens, young adults, families and allies. The Task Force is working to improve agency-wide policies and practices, promote education and training, and construct a setting, both visually and emotionally, that demonstrates inclusiveness and diversity. One of the first actions of the Task Force is to ensure that our clients and our community know that CHC is an LGBTQI+ safe zone. This means our agency is a place where all people can bring their authentic selves and feel safe, welcome and included. Look for the new safe sign throughout the agency (pictured here), and please spread the word to others that CHC is a safe agency that supports all LGBTQI+ individuals and identities.

Sand Hill School: New and Noteworthy



NEW HEAD OF SCHOOL

Join us in welcoming new Head of School, Jeff Kozlowski. Jeff (pictured at right with students) has more than 20 years of experience as an educator and champion for kids. Prior to Sand Hill, Jeff worked at Winston School in Del Mar, then as Principal of New Haven Youth and Family Services, and most recently as Head of School at Fusion Academy in Walnut Creek. We are thrilled that Jeff will bring his extensive background working with children who learn differently to Sand Hill School.



New Head of School Jeff Kozlowski enjoying new bikes with Sand Hill students.

SAND HILL BECOMES FIRST WEST COAST WILSON TRAINING SCHOOL

This year, five Sand Hill School teachers were certified at Level I or II in the Wilson Reading System®, a reading curriculum for students with language-based learning differences. Sand Hill School has now become the first Wilson Accredited Partner on the West Coast! Next year, CHC will also offer Wilson trainings to help teachers in the community learn this valuable curriculum.

RIDING FOR FOCUS

Sand Hill School's 6th-8th grade students are biking on the paths throughout Palo Alto as part of The Specialized Foundation's Riding for Focus program. Designed for students with learning and attention issues, the program combines fitness and academics, while instilling a passion

for cycling. Thanks to a group of generous community donors, the program is equipped with 16 new bikes, helmets and storage lockers.

SCHOLARSHIPS HELP MORE KIDS

his year, the Sand Hill Scholarship Fund provided eight students with between 70-100% tuition assistance. After experiencing challenges in other schools, these students are now making remarkable progress thanks to this vital resource—and a few have even received awards for surpassing goals. Thank you to the Kriewall family for establishing this fund and to the donors who have followed their lead to help make a Sand Hill School education possible for these deserving students.

Growing Up and Moving On Esther B. Clark School Transition



Head of School Chris Harris delivering inspiring words at the Esther B. Clark School Achievement Ceremony

In May, families, friends and staff of Esther B. Clark (EBC) School gathered to celebrate students graduating and moving on to new schools.

Students come to EBC most often from public school districts where they have not been able to thrive because of severe social and emotional challenges. Some students refuse to go to school at all, while others are unable to manage their behavior in the classroom or on the playground. Many of these students suffer from anxiety, depression or other emotional challenges that may have blocked their capacity to learn and make friends in school.

EBC helps students learn self-management and social awareness skills that allow them to feel confident about their ability to handle themselves appropriately

in challenging academic and social settings. EBC's therapeutic day school enables students to re-engage in learning and develop the positive behaviors necessary to transition back to a more traditional school environment. This year, with the opening of the second EBC campus in San Jose, EBC was able to serve over 100 students from over 59 school districts across the Bay Area—and a new group of students successfully transitioned this spring.

One student shared his powerful story during graduation:



“Three years ago, before I came to EBC, I could not face going to school in the morning and there were days where I could not even get out of bed. I was depressed and I made choices I regret. I felt like all was lost and I had no hope. Looking back, it seems hard to believe that I have come this far. Now that my EBC journey is coming to the end, I am looking towards a bright future. I start at a new school in the fall which I am very excited about. To all the students who have been in a similar situation I say never give up no matter how bad things are—because there is always hope.” —EBC Graduate

Congratulations to all of the EBC students who have worked so hard to manage their emotions in a positive way and become more self aware. Thank you to the teachers and staff who have helped them along the way.



TAD AND DIANNE TAUBE



Named after our visionary founder Dr. Esther B. Clark, the Clark Legacy Circle honors donors who have expressed a commitment to CHC through their estate plans.

Longtime supporters and friends of CHC, Tad and Dianne Taube continue to inspire us with their investment in the health and wellness of youth in our community. The Taubes recently joined the Clark Legacy Circle with a generous estate plan commitment in support of the Teen Mental Health Initiative. The Initiative is of particular interest to the Taubes because it aligns with their philanthropic priority to provide the best treatment options for youth and young adults struggling with mental health issues. When asked about the planned gift, Tad commented, “We want every child to have the opportunity to grow with the best health care, and mental health is a big part of that. These are the leaders of the next generation and we

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A Place Where **Kids Come First.**

DR. ESTHER B. CLARK HAD A DREAM FOR EVERY CHILD...

She imagined a place where families could come for help. A place where kids come first. A place with integrated services and caring experts. It would be a place where families could be assured of being respected and welcomed in their own language. A place where children could develop the social emotional learning skills and resilience to reach their full promise and potential. It would have strong leadership, expert caring staff, passionate volunteers and devoted donors. It would be called Children's Health Council.

CHC recently celebrated our 65th anniversary and the continuation of Esther B. Clark's legacy by unveiling a donor wall to honor the the individuals, families, corporations and foundations who have supported CHC throughout its journey. Thank you to these dedicated donors for believing in Dr. Clark's vision and investing in the promise and potential of every child.

Photo right: Dr. Esther B. Clark and her dog, Hilary.



Historic photos of CHC's past. Bottom right: Longtime supporters **Bill Floyd**, **Rosalie Whitlock**, CHC Ambassadors John Kriewall and Betsy Haehl.

The CHC Auxiliary

A LONGTIME TRADITION WITH LASTING IMPACT

Since its inception more than 60 years ago, the CHC Auxiliary has been pursuing its goals of educating the public about CHC's work and raising funds to support our programs.

Some of the efforts of Auxiliary volunteers have been long term in scope, including: The Summer Symphony, The Bargain Box, The Domino Tournament, The Country House Restaurant and Gift Shop, The Birthday Club and most recently, The Brick Project. Other successful endeavors over the years include shopping center openings, fashion shows, home tours, musical events, formal balls and retail ventures. The group recently added "friend raisers" to their wide range of activities, as a way to introduce CHC to more community members and increase awareness of the problems facing young people today.

In May, the CHC Auxiliary presented a special screening of the documentary *ANGST: Raising Awareness About Anxiety* followed by Q&A discussion with CHC experts, and funds raised by this event supported the Teen Mental Health Initiative.

The Auxiliary is passionate about its desire to unite individuals for the purpose of service and fellowship in support of CHC's mission and goals. This dedicated group of volunteers continues to meet regularly and remains committed to advancing the programs of CHC through education, volunteer support and fundraising.

EdRev Expo: A Day of Awareness, Access and Action

EdRev
Expo

10TH ANNIVERSARY

2009-2018



In April, more than 2,000 kids, parents, educators and experts visited AT&T Park in San Francisco to attend the EdRev Expo, an annual tradition started by Parents Education Network (PEN) ten years ago. This year's event, hosted by CHC, focused on increasing awareness, access and action for the 1 in 5 with learning and attention challenges often compounded by anxiety and depression.

SEEING MY KIDS FEEL EMPOWERED
MADE MY DAY. —A Parent

students who live with a variety of learning and attention challenges. These terrific kids came together to share their experiences, discuss their challenges and focus on their strengths. It was a transformative day of empowerment, student advocacy and community building. Students felt a great sense of connection and were truly able to relate to one another.

EdRev Expo began the next morning with an engaging presentation by Byron Pitts, co-anchor of ABC's Nightline and author of *Be the One*. The day featured 55

workshops with more than 75 presenters, a beautiful student art exhibition, a lively exhibit hall and family-friendly activities on the field including yoga, rock climbing, face painting and live music. Other highlights included free parent consultations with CHC clinicians and a health, wellness and self-care track for kids. And thanks to our donors, more than 100 families served by CHC's Ravenswood Initiative attended with complimentary transportation, lunch and translation services.

Attendees shared that they "loved the spirit of inclusion and celebration" and that "having so many resources at my fingertips was amazing!"

CHC's EdRev Expo team thanks all of the sponsors, exhibitors, donors, presenters, volunteers, attendees, awesome kids and everyone who participated in this fun-



MANY OF THESE CHILDREN HAVE NEVER MET OTHER KIDS THAT HAVE THESE ISSUES AND THEY REALIZE THEY HAVE A TRIBE AND THEY ARE NOT ALONE... —Katrina Maestri, Former PEN Board Member and parent

filled day of learning and awareness. Special thanks to our key partners Understood.org and the Board of the former Parents Education Network (PEN) for making this day possible. Plans are already in motion for EdRev Expo 2019, scheduled to take place next April.

Stay tuned and feel free to reach out to edrev@chconline.org to get involved, or visit EdRevSF.org for more information.



**Michael
Harris
Foundation
Fund**

RAISING AWARENESS AND FUNDS
FOR TEEN MENTAL HEALTH



CHC is honored to announce our partnership with the Michael Harris Foundation to create The Michael Harris Foundation Fund at CHC. This new partnership will provide much needed treatment, training and education to teens struggling with anxiety and depression and the mental health professionals who help them. The late Michael Harris devoted his life to the mental wellness of teens, and his memory lives on through the legacy built by the Michael Harris Foundation.

On August 26, 2018, the Michael Harris Foundation will host the 3rd Annual SteelMike Shootout Basketball Tournament benefiting the Michael Harris Foundation Fund at CHC. The day will feature 3-on-3 basketball, spectator games and raffles. All proceeds will directly support CHC's Teen Mental Health Initiative by providing

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Teen Wellness Committee Book Launch
Just a Thought: Uncensored Narratives on Teen Mental Health



In June, CHC and the Teen Wellness Committee hosted a book launch party to celebrate the release of *Just a Thought: Uncensored Narratives on Teen Mental Health*. The book is the latest in a series of targeted projects to increase awareness of mental health issues among teens. *Just a Thought* is a powerful collection of quotes, narratives and helpful tips taken directly from hundreds of teens surveyed by CHC's Teen Wellness Committee. The book sheds light on the mental health struggles teens face in high school and is divided into four sections to address different audiences: To Friends, To Parents, To Educators, To Me. The beautiful and poignant artwork throughout was designed by local illustrator Gemma Correll. For more information, email justathought@chconline.org.

The CHC Teen Wellness Committee (TWC) is a group of teens from public and independent high schools throughout San Mateo and Santa Clara Counties who are committed to taking action to remove stigma around teen mental health and help their peers. Other recent projects include the Teen Wellness Conference (in partnership with TeenzTalk), community education panels on teen mental health and the "Speak Mindfully" campaign. Students in grades 9-12 who are interested in applying to become part of the TWC should contact Christine Wang at cwang@chconline.org.

The Role of
Multi-Sensory Environments for Emotional Regulation



Every moment of every day we process sensation from our environment. For any brain, and certainly for an individual coping with emotional challenges, this process can range from easy to extremely difficult. Multi-Sensory Environments (MSE) are designed to assist this process, and CHC recently installed one at Esther B. Clark School (EBC). This unique space provides students the opportunity to learn to process sensory input in order to form meaningful responses, and adapt to sensations in the outside world. Through use of specific

THIS ROOM MAKES ME FEEL BETTER!
—EBC Student

equipment, an individual using the MSE room is able to control the lights, sounds, and movement throughout their experience. This provides an opportunity to reset, self-regulate, and reengage in a prior task with resilience. Benefits include improvements to alertness,

attention span, sensory and motor development, social communication skills, memory and creativity.

Since opening the MSE room in Palo Alto, CHC has used it as a safe, calm space for EBC students, clients in the Intensive Outpatient Program and occupational therapy clients. One of CHC's occupational therapists, Pamela Olson, shares a recent experience with the MSE room:

"Walking through the hallway at EBC I noticed a student crying outside of the classroom. When I asked if they wanted to talk about why they were upset, I received an immediate response of, "No." I suggested we go to the MSE room, and they immediately said, "Yes!" I turned on the rotating colors and allowed the student to choose which equipment they wanted to interact with. The student proceeded to climb into the lycra swing, with their head upside down out of the swing, looking at the water tube, fiber optic lights, and changing projection. Within three minutes, they were ready to talk about what was upsetting them, taking perspective of the situation, and returning to class with a solution."

This is just one of the many examples of how CHC uses the MSE room to support kids every day—and CHC would like the opportunity to install a similar space at the EBC South Bay campus so that all can benefit from this wonderful resource.

Pamela Olson, MOT, OTR/L
Occupational Therapist, CHC



**Corporate
Spotlight**



HELPING CHILDREN AND
ENTREPRENEURS REALIZE THEIR DREAMS



Hercules Capital's (NYSE: HTGC) culture of philanthropy comes straight from the company's Founder, Chairman and CEO, Manuel Henriquez.

Henriquez exemplifies the American Dream having come to the US as an immigrant from the Dominican Republic. He worked hard and built a successful career from the ground up.

Henriquez founded Hercules Capital in 2003 on the premise that there was a void in Silicon Valley. He

Continued on page 23

Saying “Thank You” Donor Appreciation Party

On September 14, 2017 CHC held a reception at our headquarters in Palo Alto in celebration and appreciation of the supporters who make our work possible. New donor walls were unveiled, and remarks were shared by Executive Director Rosalie Whitlock and former Board Member and CHC Ambassador Bren Leisure. Bren spoke eloquently about how CHC helped her as a young mother, the many ways in which she has been involved with CHC over the years and how she has seen the organization flourish and grow.

Rosalie Whitlock then underscored our founding principles:

WHAT CHC MOST WANTS FOR ITS COMMUNITY IS TO:

- Stop hurting
- Feel better
- Make friends
- Learn how to learn
- Develop grit and resilience
- Have a brighter future
- Realize their dreams

In addition, guests were treated to the heartfelt story of an Esther B. Clark School (EBC) student, as told by his parents. He made the successful transition from EBC to Sand Hill School after experiencing numerous challenges. His story is the embodiment of Dr. Esther B. Clark’s dream for every child: She envisioned CHC as a place where kids come first, to receive the help they need to reach their full promise and potential. Having graduated from EBC, the student will be moving to a new middle school where he can participate in mainstream activities while still receiving the academic and therapeutic support that has proven so beneficial.

Wonderful memorabilia from CHC’s past 65 years was on display at the party—the treasure trove of photographs and mementos had not been seen for decades, and was the focus of much lively interchange. Guests reconnected with old friends, made new ones and saw how they have made an impact in the lives of kids, teens and families.

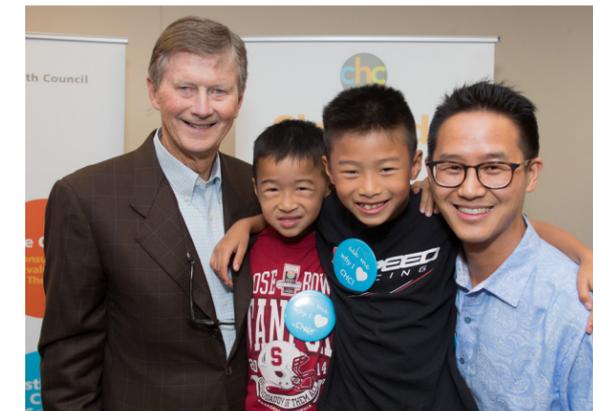
It was a wonderful evening of friendship, reunion and memories. CHC is grateful for all of our donors, great and small, young and old. Each gift to CHC is special, unique and most appreciated. Thank you so much for your support.



Patricia Morrissey, Carolyn Compton and CHC Ambassador Elizabeth Wolf.



Top: CHC Ambassador Barbara Alhouse, Dean Clark. Middle: Charlie Bullock. Bottom: CHC Ambassadors Bren Leisure, David Wollenberg, Lisa Mooring, Eve Jaffe, Ross Jaffe.



Top: CHC Ambassador Barbara Silverman, Arnold Silverman. Bottom: CHC Ambassador John Kriewall, CHC Board Member Ben Choi, and sons.



Top: CHC Ambassador Robert Keller, Kendall Keller, CHC Board Member Nicole Tempest Keller. Middle: Boyce Nute, CHC Ambassador Pat McGaraghan and Nancy McGaraghan. Bottom: CHC Ambassador Eve Jaffe and Rachele Analla.

2017-18 Annual Giving Donor Roll

Annual Fund 2017-18

PIONEER \$50,000+

Anonymous
Elaine and Eric Hahn
Catherine and Kevin Harvey
John Kriewall and Betsy Hæhl
Anne and Ken Lawler
Linnea and George Roberts
Jesse and Mindy Rogers
Tad and Dianne Taube

LEADER \$25,000 - \$49,999

Terry Blumenfeld
Elaine and John Chambers
Phyllis Draper
Mary Jane Elmore
David Fischer
James and Roberta Gates
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Julie Terrell Hooper and Bill Hooper
The Jaffe Family
Alex and Kimberly Klikoff
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Barbara Oshman and the Oshman Family
Sandy Otellini
Quintilla Shott
The Wollenberg Foundation

VISIONARY \$10,000 - \$24,999

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Auxiliary, Children's Health Council
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Ben and Lydia Choi
Matt and Gretchen DiNapoli
Anne and Gerald Down
Judy and John Doyle
Bruce and Elizabeth Dunlevie
John and Laura Fisher
Floyd Family Foundation
Google Matching Gifts Program
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Tina McAdoo and Gordon Russell
David and Lisa Mooring
Lou Ann O'Rourke
Joanna Oshman
Nico Posner
Kira Sabot and Brian Thomas
Jennifer and Scott Sandell
Mark and Mary Stevens
Paul and Cynthia Yock

We believe in the promise and potential of every child, teen and young adult.

ALLY \$2,500 - \$4,999

William and Janice Anderson
Teresa and Joel Backman
Michael and Sheila Brand
Scott Carr and Marion Parr
Gordon and Carolyn Davidson
The Gans Family
Jim and Bonnie Keller
David and Laura Krane
Douglas and Shawn Mackenzie
Renu Nanda and Sanj Goyle
Tim and Ambrocia O'Rourke
Emmanuel and Meg Saint-Loubert-Bie
W. Ferrell and Page Sanders
Isaac and Madeline Stein
Jacqueline and Mark Thomas
Ted and Jen Ulliot
Fred Wiener and JoAnn Kukulus

PARTNER \$1,000 - \$2,499

Anonymous (3)
Maryan and Stephen Ackley
Alan Anderson and Beth Frensilli
Mark Ankenman and Amanda Edmonds
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Diane and Robert Cassil
Bruce and Gail Chizen
Dean and Wilma Chu

Nancy Clark
Craig Dauchy and Sue Crawford
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Lloyd and Pamela Davies
Gaurang Desai and Nancy Paxton
Inger Dewey Golob
Brian and Ashley Dombkowski
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Bob English and Anna Zara
Bruce Evans
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Hewlett Packard Matching Gifts Program
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Kurt and Sue Jagers
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Ramsey Khasho and Monique Shamun-Khasho
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Stephen and Janice Meisel
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Boyce and Peggy Nute
Peter and Stephanie Oshman
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Melissa Ramirez Wagner
Leslie Walker Charitable Fund
Jim Wehrly and Rosalie Whitlock
Elizabeth Wolf
Bruce and Ariel Wooley

ENDOWMENT GIFTS, BEQUESTS AND PLANNED GIFT PLEDGES

Anne Dauer
Phyllis Draper
Floyd Family Foundation
Catherine and Kevin Harvey
John and Betsy Kriewall
Quintilla Shott
Isaac and Madeline Stein
Tad and Dianne Taube
Jean B. Taylor
Roger and Ruth Wu

GRANTS

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Bloomingdale's
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Care has been taken to provide an accurate report of all Annual Fund donors for gifts received between July 1, 2017 and June 30, 2018. Please contact the Advancement Office for corrections at (650) 617-3815.





Ravenswood (cont'd from pg. 2)

Ravenswood is a designated by the U.S. Department of Health and Human Services as a "Health Professional Shortage Area," meaning there are not enough medical and mental health professionals to meet the community's needs. Funding from generous donors makes it possible for CHC to help fill this service gap. Not only does CHC support families dealing with trauma, grief/loss, anxiety, disruptive and high-risk behaviors, the team also offers ongoing support to the staff and teachers at our partner agencies. One partner in East Palo Alto recently shared how CHC works with their staff and the students they serve:

"We partner directly with the CHC team to provide access to mental health and emotional support services for our afterschool program serving over 150 elementary students. Our staff feels comfortable using CHC as a resource when problem-solving for student needs. CHC's consistent weekly on-campus presence allows us to address chronic social-emotional issues with students on a one-on-one basis, allowing us to be much more impactful in our advocacy for these students..."

CHC's clinicians visit classrooms to observe instruction, provide feedback, and model strategies for managing student behaviors. CHC also leads workshops to help deepen our instructors' understanding of social-emotional learning (SEL). One of the key things echoed by CHC staff is that to support the emotional wellbeing of our students, we, as educators, must first take care of our own emotional wellbeing. This is a lesson that they have not only taught us through words, but through action, and it has been a tremendously positive influence across our program. It is this positivity that encourages us to continue to strengthen and expand this partnership in the future."

To learn more about the Ravenswood Initiative, visit chconline.org/ravenswood.

Clark Legacy (cont'd from pg. 7)

appreciate the work CHC is doing to help them reach their potential."

Philanthropy is a critical component of the Teen Mental Health Initiative, ensuring therapy for youth and young adults ages 10-24 continues to be affordable and accessible, with minimal wait times. CHC would like to thank Tad and Dianne for believing in this program and helping so many kids get the support they need and deserve.

For more than 30 years, Taube Philanthropies has been a leader in supporting diverse educational, research, cultural, community and youth organizations in the San Francisco Bay Area, Poland and Israel. Founded by businessman and philanthropist Tad Taube in 1981, and now led by Tad and his wife Dianne Taube, the organization works to ensure that citizens have the freedom and opportunity for advancement of their goals and dreams.

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Michael Harris (cont'd from pg. 12)

Dialectical Behavior Therapy (DBT) training and education—impacting thousands of youth. DBT is the gold-standard in evidence-based treatment for severe anxiety and depression, suicidal ideation and self-harm, and is the cornerstone of CHC's Intensive Outpatient Program (IOP). Training more clinicians in DBT is the first step in providing more kids, teens, educators and families with these life-changing (often life-saving) skills. By directly impacting clinicians, the Michael Harris Foundation Fund at CHC is honoring those who are on the ground working 1:1 with teens, continuing Michael's important work.

To learn more about the Michael Harris Fund at CHC and the SteelMike Shootout Basketball Tournament please visit chconline.org/michael-harris-foundation-fund.



Hercules (cont'd from pg. 13)

found that if you knew all the right people you could get financing for your company, but that there were scores of people building promising companies that did not have this access. To remedy this, Henriquez started Hercules, a specialized investment company, to provide flexible working capital to these up and coming innovators. His determination and unrelenting persistence paid off and today, 15 years later, Hercules has committed more than \$7.6 billion to over 420 companies and supported countless entrepreneurs across the globe in realizing their dreams.

This philosophy of giving back is woven into the fabric of Hercules Capital—the company actively supports the community through volunteerism and charitable donations. The company primarily supports organizations that help children under the theory that kids are not always in a position to help themselves and it wanted to do something about it. According to Michael Hara, Senior Director of Investor Relations and Corporate Communications, "Children are the future. If we look at the overall impact we can make and how we can help the world in general, we feel it is imperative to invest in the success of the younger generation." For this reason, Hercules Capital has been a long-standing supporter of Children's Health Council which helps thousands of kids in the community reach their promise and potential.

CHC applauds Manuel Henriquez and his team at Hercules Capital for setting the bar so high in Silicon Valley. The company is truly helping to pave the way for future innovators and the leaders of tomorrow.





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Community Connections

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Call 650.688.3625 for an appointment. **We're here to help.**

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ROCKTOBERFEST 2017 FUN!



Photos by Drew Altizer

