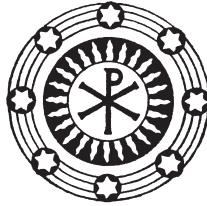


The Liturgy of the Hours



Volume 1A

Advent

Lauds, Daytime Prayer, Vespers

Christmas

The Days between January 2 and Epiphany

The Days between Epiphany and the Baptism

Nothing is to be preferred to the Work of God.

Rule of Benedict 43:3

Conception Abbey
Conception, Missouri
2012

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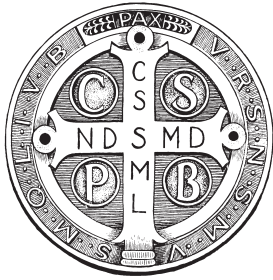
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CONGREGATIO DE CULTU DIVINO
ET DISCIPLINA SACRAMENTORUM

Prot. 1178/08/L

MONASTERII DOMINAE NOSTRAE
AB IMMACOLATA CONCEPTIONE

Instante Reverendissimo Domino Gregorio Polan, Abbate
monasterii Dominae Nostrae ab Immacolata Conceptione, loco v.d.
Conception, litteris 15 die Septembris anno 2008 datis, vigore
facultatum huic Congregationi a Summo Pontifice BENEDICTO XVI
tributarum, perlibenter concedimus, ut peculiaris distributio Psalterii
liturgici, prout in adiecto exstat exemplari, in celebratione Liturgiae
Horarum in eodem monasterio donec aliter provideatur adhiberi potest.

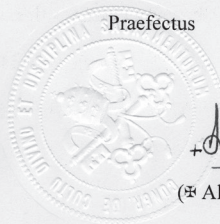
Contrariis quibuslibet minime obstantibus

Ex aedibus Congregationis de Cultu Divino et Disciplina
Sacramentorum, die 15 Decembris 2008.

+ Antonius, Card. Cañizares

(Antonius Card. Cañizares Llovera)

Praefectus



+ Albertus Malcolmus Ranjith

(✠ Albertus Malcolmus Ranjith)

Archiepiscopus a Secretis

Cursus of Psalms and Canticles for the Liturgy of the Hours

	SUNDAY		MONDAY		TUESDAY	
	Wk I	Wk II	Wk I	Wk II	Wk I	Wk II
Invit	Ps 95	Ps 95	Ps 29	Ps 29	Ps 100	Ps 100
V I G I L S	Ps 1 Ps 2 Ps 23	Ps 34 Ps 66a Ps 66b	Ps 3 Ps 9 Ps 10	Ps 37a Ps 37b Ps 37c	Ps 40 Ps 44a Ps 44b	Ps 74a Ps 74b Ps 79
	Ps 76 Ps 103a Ps 103b OT Canticles	Ps 104a Ps 104b Ps 104c	Ps 31a Ps 31b Ps 31c	Ps 52 Ps 71a Ps 71b	Ps 59a Ps 59b Ps 60	Ps 83 Ps 102a Ps 102b
L A U D S	Ps 63 Canticles of Dan Ps 93 Ps 149	Ps 118 Ps 148 Ps 150	Ps 5 Ps 19a Ps 19b	Ps 77 Ps 87 Ps 96	Ps 42 Ps 43 Ps 30	Ps 84 Ps 85 Ps 97
D A Y P R A Y E R	Ps 120 Ps 121 Ps 123	Ps 119 (vv 1-8) (vv 9-16) (vv17-24)	Ps 26 Ps 28 Ps 39	Ps 119 (vv 25-32) (vv 33-40) (vv 41-48)	Ps 38a Ps 38b Ps 53	Ps 119 (vv 49-56) (vv 57-64) (vv 65-72)
V E S P E R S	Ps 110 Ps 111 Ps 112 Canticle from Revelation 4	Ps 110 Ps 113 Ps 114	Ps 11 Ps 15 Ps 20 Ps 21	Ps 122 Ps 125 Ps 126 Ps 127	Ps 27a Ps 27b Ps 33a Ps 33b	Ps 128 Ps 131 Ps 132 Ps 133
C O M P L I N E	Ps 91	Ps 91	Ps 4 Ps 134	Ps 4 Ps 134	Ps 91	Ps 91

The Benedictine Monks of Conception Abbey

WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
Wk I	Wk II	Wk I	Wk II	Wk I	Wk II	Wk I	Wk II
Ps 24	Ps 24	Ps 100	Ps 100	Ps 67	Ps 67	Ps 46	Ps 46
Ps 17	Ps 50	Ps 6	Ps 12	Ps 22a	Ps 35a	Ps 68a	Ps 56
Ps 25a	Ps 73a	Ps 7a	Ps 13	Ps 22b	Ps 35b	Ps 68b	Ps 94a
Ps 25b	Ps 73b	Ps 7b	Ps 14	Ps 22c	Ps 35c	Ps 68c	Ps 94b
Ps 105a	Ps 106a	Ps 18a	Ps 78a	Ps 69a	Ps 107a	Ps 89a	Ps 109a
Ps 105b	Ps 106b	Ps 18b	Ps 78b	Ps 69b	Ps 107b	Ps 89b	Ps 109b
Ps 105c	Ps 106c	Ps 18c	Ps 78c Ps 78d	Ps 69c	Ps 107c	Ps 89c	Ps 140
Ps 36	Ps 90	Ps 57	Ps 101	Ps 51	Ps 51	Ps 65a	Ps 92
Ps 47	Ps 98	Ps 80	Ps 143	Ps 117	Ps 108	Ps 65b	Ps 135a
Ps 48	Ps 99	Ps 81	Ps 147a	Ps 146	Ps 147b	Ps 8	Ps 135b
Ps 119	Ps 119	Ps 119	Ps 119	Ps 119	Ps 119	Ps 119	Ps 119
Ps 54 (vv 73-80)	Ps 54 (vv 73-80)	Ps 58 (vv 97-104)	Ps 58 (vv 97-104)	Ps 70 (vv 129-136)	Ps 70 (vv 129-136)	Ps 86a (vv 153-160)	Ps 86a (vv 153-160)
Ps 55a (vv 81-88)	Ps 55a (vv 81-88)	Ps 61 (vv 113-120)	Ps 61 (vv 113-120)	Ps 75 (vv 137-144)	Ps 75 (vv 137-144)	Ps 86b (vv 161-168)	Ps 86b (vv 161-168)
Ps 55b (vv 89-96)	Ps 55b (vv 89-96)	Ps 64 (vv 121-128)	Ps 64 (vv 121-128)	Ps 82 (vv 145-152)	Ps 82 (vv 145-152)	Ps 88 (vv 169-176)	Ps 88 (vv 169-176)
Ps 32	Ps 136a	Ps 49a	Ps 144a	Ps 41	Ps 115	Ps 141	Ps 141
Ps 45a	Ps 136b	Ps 49b	Ps 144b	Ps 124	Ps 116a	Ps 142	Ps 116b
Ps 45b	Ps 137	Ps 72a	Ps 145a	Ps 129	Ps 139a	Ps 119	Ps 16
Ps 62	Ps 138	Ps 72b	Ps 145b	Ps 130	Ps 139b	(vv 105-112)	John 1
Ps 91	Ps 91	Ps 4	Ps 4	Ps 91	Ps 91	Ps 4	Ps 4
		Ps 134	Ps 134			Ps 134	Ps 134

LITURGICAL CALENDAR, CONCEPTION ABBEY

NOVEMBER

30. Andrew, Apostle	Feast	Apostles
<i>Last Sunday in Ordinary Time:</i>		
Our Lord Jesus Christ, King of the Universe	Solemnity	
<i>Fourth Thursday:</i>		
Thanksgiving Day		

DECEMBER

3. Francis Xavier, priest	Memorial	Pastors
7. Ambrose, bishop, doctor	Memorial	Doctors
8. The Immaculate Conception of the Blessed Virgin Mary (<i>Patronal Feastday of the USA and Conception Abbey</i>)	Solemnity	
12. Our Lady of Guadalupe	Feast	BVM
13. Lucy, virgin, martyr	Memorial	Virgins
14. John of the Cross, priest, doctor	Memorial	Doctors
25. The Nativity of the Lord (Christmas)	Solemnity	
26. Stephen, first martyr	Feast	Martyrs
27. John, Apostle and Evangelist	Feast	Evangelists
28. Holy Innocents, martyrs	Feast	Martyrs

JANUARY





COMMONS:

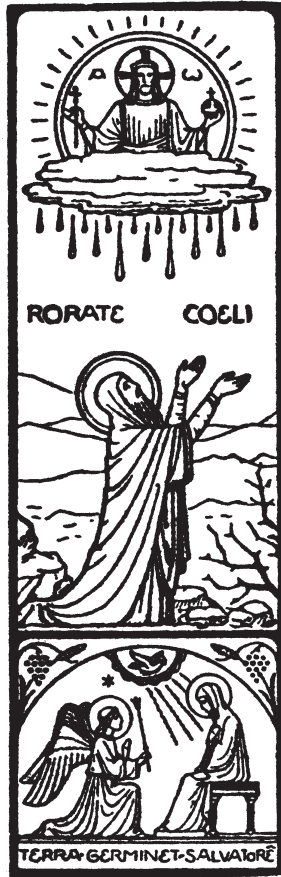
1. The Octave Day of the Nativity of the Lord: Solemnity of Mary, the Holy Mother of God	Solemnity	
2. Basil the Great and Gregory Nazianzen bishops, doctors	Memorial	Doctors
4. Elizabeth Ann Seton, religious	Memorial	Holy Men & Women
5. John Neumann, bishop	Memorial	Pastors

Sunday within the octave of the Nativity, or, if there is no Sunday within the octave, December 30:
 The Holy Family of Jesus, Mary, and Joseph Feast

**The masses of memorials and optional memorials are not celebrated from December 17th through January 1st inclusive. However, it is optional to use the prayer of the memorial or optional memorial as the prayer at Lauds and Vespers and as the opening prayer at the Eucharist.*

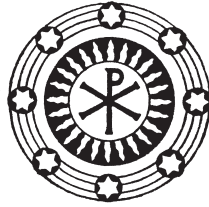
Notation for the Liturgy of the Hours

1. ● *Black note*: the smallest rhythmic pulse of chant.
2. ◌̄ *Horizontal episema*: a tenuto line above a note which calls for a very slight prolongation according to the demands of the text, but not a doubling of that note.
3. ○ *White note*: double the value of the black note.
4. ♪ *Comma*: indicates a catch breath which is to be taken off the value of the preceding note.
5.  *Quarter bar*: similar to a comma in grammar, indicates a slight lengthening of the previous note and a bit of a retard but with no break in the forward movement of the melody.
6.  *Half bar*: similar to the semi-colon in grammar, indicates a retardation and slight break in the sound for the sake of an appropriate breath.
7.  *Full bar*: similar to a period in grammar, indicates a retardation and significant break in the sound.
8.  *Double bar*: has two usages. The first indicates the conclusion of a major section of the music or the ending of the piece. It is preceded by a retardation of the final notes and the last note is prolonged. The second represents a change of persons at interior cadences of a piece (e.g. cantor/choir) and does not necessarily imply a retard.



Hymns for Lauds, Daytime Prayer and Vespers

Advent-Christmas



Advent Hymn at Lauds

(before December 17)

A044



- (2) 1. A *proph - et's* voice at Jor - dan rings,
 2. Now let each dor - mant soul a - rise,
 3. The Lamb de - scends from skies a - bove,
 4. When once a - gain he shall ap - pear,
 5. To God in heav - en glo - ry be;



1. Re - buk - ing guilt___ and dark - some things:
 2. That sunk in sin___ and wound - ed lies.
 3. For - giv - ing us___ with gra - cious love.
 4. And all the earth___ is filled with fear,
 5. To Christ his Son___ the vic - to - ry.



1. "Let emp - ty dreams___ dis - solve and die,
 2. The morn - ing star___ re - veals its ray
 3. With voice la - ment - ing let us pray
 4. May sin not win___ its just re - ward,
 5. The Spir - it blest___ may we a - dore



1. As Christ comes shin - ing from on high."
 2. To take all harm - ful sins a - way.
 3. That par - don will be ours to - day.
 4. But find for - give - ness from the Lord.
 5. With ho - ly songs for ev - er - more.



A - men.____

Advent Hymn at Daytime Prayer (before December 17)

A002



- (4)
1. O might - y Rul - er, faith - ful God,
 2. Ex - tin - guish now the fires of strife
 3. To God the Fa - ther and the Son



1. With or - der rul - ing sun and moon:
2. And bid all heat - ed deeds de - part.
3. And Ho - ly Spir - it ren - der praise,



1. In splen - dor, Lord, you light the dawn,
2. Grant health of bod - y and of mind;
3. Blest Trin - i - ty, from age to age,



1. With burn - ing heat the hour of noon.
2. Shed forth your peace up - on the heart.
3. The strength of all our mor - tal days.



A - men.

Advent Hymn at Sunday Vespers (before December 17)

A052

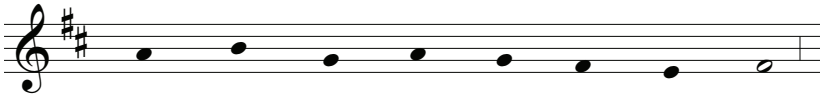
(1*) O glad - some light, pure brightness of the
 Fa - ther in heav - en, O Je - sus Christ, ho - ly and
 bless - ed one! Now as we come to the setting of the
 sun, and our eyes be - hold the ves - per light,
 we sing your prais - es, O A - noint - ed One, light
 of the world. You are worthy at all times to be
 praised by hap - py voic - es, O Son of God, and be -
 stow - er of life. May you be glo - ri - fied through
 all the a - ges of the world. A - men.

Advent Hymn at Weekday Vespers (before December 17)

A045



- (4) 1. Cre - a - tor of the stars of night,
 2. La - ment - ing, Lord, the an - cient curse
 3. As bride a - wait - ing heav - en's groom,
 4. All those in heav'n their wor - ship show
 5. To you be glo - ry, Christ our king,



1. Your peo - ple's ev - er - last - ing light:
 2. That doomed to death a u - ni - verse,
 3. The earth was clothed with eve - ning's gloom.
 4. With those on earth and those be - low,
 5. And to the Fa - ther praise we sing,



1. O Christ, re - deem - er of us all,
 2. You came with heal - ing, came with grace
 3. You came then, Christ, from roy - al room,
 4. A - wait - ing you, O ho - ly one,
 5. To - geth - er with the Spir - it blest



1. At - tend to us when - e'er we call.
 2. To cure a dy - ing, fall - en race.
 3. From vir - gin moth - er's ho - ly womb.
 4. The might - y judge of world to come.
 5. In heav - en's bright, im - mor - tal rest.



A - men. _____

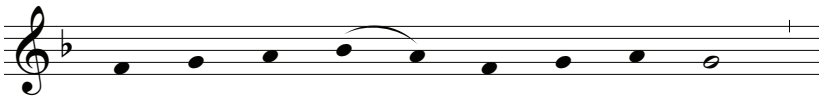
Advent Hymn at Lauds

(December 17-24)

A046



- (2)
1. *The proph - ets prom - ised long a - go*
 2. A sec - ond com - ing calls a - gain,
 3. E - ter - nal light is prom - ised us;
 4. We seek to see your face a - lone,



1. The com - ing of _____ our Sav - ior King.
2. For Christ is stand - ing at the door.
3. The morn - ing star _____ ap - pears on high.
4. O Son of God, _____ in ho - li - ness.



1. To heal the wounds _____ of sin he came,
2. He comes to crown _____ his ho - ly ones
3. Our ris - en Sav - ior sum - mons us
4. And may we chant _____ un - end - ing praise,



1. To free us all from per - ish - ing.
2. Up - on the Jor - dan's fur - ther shore.
3. To lights be - yond the far - thest sky.
4. Be - hold - ing, Lord, your bless - ed - ness.



A - men. _____

Advent Hymn at Daytime Prayer

(December 17-24)

A004



- (4) 1. *With read - y hearts* ___ a - glow ___ *with fire*
 2. More bright - ly than ___ the sun ___ at noon
 3. To God the Fa - ther and ___ the Son



1. We lay a - side ___ our dai - ly ___ care.
 2. The cross of our ___ sal - va - tion ___ glows.
 3. And Ho - ly Spir - it ren - der ___ praise,



1. The mid - day hour has called us here
 2. We fol - low Christ our bless - ed Lamb,
 3. Blest Trin - i - ty, from age to age,



1. To pause a - while ___ in song ___ and ___ prayer.
 2. Who leads us all ___ to heav'n's ___ re - pose.
 3. The strength of all ___ our mor - tal ___ days.



A - men. ___

Christmas Hymn at Lauds

A048



- (1) 1. From ___ lands that see ___ the sun ___ a - rise
2. Blest ___ au - thor of ___ our earth - ly frame,
3. Ce - les - tial grace ___ has found ___ its home
4. Christ ___ Je - sus, born ___ of vir - gin bright,



1. To ___ where earth's ut - most bor - der ___ lies,
2. To ___ take a serv - ant's form ___ he ___ came.
3. With - in the ho - ly vir - gin's ___ womb.
4. To ___ you our hymn, O Word ___ of ___ light,



1. The vir - gin - born ___ to - day ___ we ___ sing,
2. That he ___ might lose ___ not whom ___ he ___ made,
3. Deep se - crets does ___ the maid - en ___ bear
4. With Fa - ther and ___ the Spir - it ___ one,



1. The ___ son of Mar - y, Christ ___ the king.
2. His ___ flesh set free ___ the flesh ___ that strayed.
3. Of ___ which a - lone ___ is she ___ a - ware.
4. In - car - nate Lord, ___ be - lov - ed Son.



A - men. ___

Christmas Hymn at Daytime Prayer

A006



- (2*) 1. *Im - mor - tal* Lamb with glo - ry robed,
2. Re - veal to us the Fa - ther's will,
3. To Word In - car - nate glo - ry be,



1. In you we see the Fa - ther's face,
2. The wis - dom of his Mys - ter - y:
3. The glo - ry of an On - ly Son



1. And of your Full - ness we re - ceive
2. That all be born his chos - en ones
3. A - bid - ing at the Fa - ther's side



1. The Spir - it's man - y - splen - dored grace.
2. Through - out this hu - man his - to - ry.
3. In Ho - ly Spir - it, God - head one.



A - men. _____

Christmas Hymn at Vespers

A177



- (3) 1. Be - fore cre - a - tion's pri - mal___ dawn,
 2. The Fa - ther's splen - dor, You___ the___ Light,
 3. O Sa - vior, call___ this now___ to___ mind
 4. With joy - ous voice___ all loud - ly___ sing
 5. On this, the day___ that saw___ your___ birth,
 6. We sing the praise___ and glo - ry___ due



1. O Christ,___ Re - deem - er___ born___ to - day,
 2. E - ter - nal hope___ of___ hu - man - kind,
 3. That, born___ of vir - gin___ un - de - filed,
 4. Of you,___ sal - va - tion's___ fount___ a - lone,
 5. When we___ were saved___ and___ marked___ for God,
 6. The Fa - ther, you,___ of___ all,___ the Lord,



1. You were___ the Fa - ther's___ on - ly___ Son,___
 2. Ac - cept___ the prayers___ and___ praise___ to - night___
 3. By tak - ing form___ of___ hu - man___ kind___
 4. Of glo - ry to___ our___ new - born___ King___
 5. We sing___ new songs___ of___ ran - somed earth,___
 6. O Je - sus, vir - gin - born,___ to___ you,___



1. Now come to us in___ won - drous___ way.
 2. That earth and eve - ry___ place___ will___ find.
 3. You, in our flesh be - came___ a___ Child.
 4. Pro - ceed - ed from the___ Fa - ther's___ throne.
 5. Be - cause we know your___ ho - ly___ blood.
 6. To Ho - ly Spir - it,___ ev - er___ more.



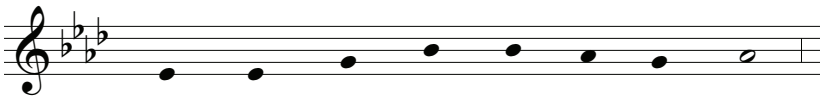
A - men. ___

Epiphany Hymn at Lauds

A050



- (8) 1. All you that seek the Christ— this morn,
 2. The sun is con - quered by— a star,
 3. Be - hold, an awe - some light— dis - played
 4. Be - hold, the king all na - tions own,
 5. May you, a - noint - ed Christ— and Lord,



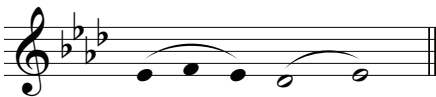
1. Lift up your eyes be - fore the dawn:
 2. More bright, more beau - ti - ful by far,
 3. That knows no lim - it, end or fade:
 4. The hal - lowed king on Da - vid's throne,
 5. By earth - ly king - doms be a - dored,



1. The sky has giv - en us to see
 2. An - nounc - ing God the death - less one
 3. Im - mor - tal, bound - less and sub - lime,
 4. As - sured to A - bram's house of yore
 5. Re - vealed in vast the - oph - a - ny



1. The to - ken of his maj - es - ty.
 2. In mor - tal flesh a new - born son.
 3. More old than cha - os, space— or time.
 4. And to his off - spring ev - er - more.
 5. Both now and in e - ter - ni - ty.



A - men.—

Epiphany Hymn at Daytime Prayer

A008

(8) 1. With read - y hearts a - glow with fire
 2. More bright - ly than the sun at noon
 3. To God the Fa - ther and the Son

1. We lay___ a - side our dai - ly care.
 2. The cross___ of our sal - va - tion glows.
 3. And Ho - ly Spir - it ren - der praise,

1. The mid - day hour has called us here___
 2. We fol - low Christ our bless - ed Lamb,___
 3. Blest Trin - i - ty, from age to age,___

1. To pause a - while in song___ and___ prayer.
 2. Who leads us all to heav'n's___ re - pose.
 3. The strength of all our mor - tal___ days.

A - men.---

Epiphany Hymn at Vespers

A051



- (3) 1. When Christ was born, God sent a star,
 2. Led by a star of glory bright,
 3. He is the Father's only Son,
 4. He is the anchor of our souls,
 5. We praise the Father, Lord of life,



1. A sign of hope whence light should spring,
 2. To hail his birth, the wise men came.
 3. On whom the Spirit came to rest,
 4. And shares with us his life divine.
 5. And Christ, his well-beloved Son,



1. And Israel's glory shine for all,
 2. From distant land they journeyed far,
 3. Baptized that all the world be cleansed
 4. For sadness he exchanges joy,
 5. Who with the Spirit is our peace:



1. For pag-an and for pil-grim-king.
 2. That so they might their king ac-claim.
 3. By Lamb of God, our Sav-ior blest.
 4. As wa-ter he once changed to wine.
 5. Most ho-ly Trin-i-ty in One.



A - men.

The Two-Week Psalter

Week I







Sunday I at First Vespers

Choir Leader: OT001

O God, come to my as - sist - ance.

All:

O Lord, make haste to help me.

Glo - ry to the Fa - ther, and to the

Son, and to the Ho - ly Spir - it: as it

was in the be - gin - ning, is now, and will

be for ev - er. A - men. Al - le - lu - ia.

HYMN

Advent Vespers, before December 17 page 16

Advent Vespers, after December 17 page 20

PSALM 141 (140)

Evening Offering of Incense

An angel stood before the face of God, thurible in hand. The fragrant incense soaring aloft was the prayer of God's people on earth. Rv 8:3-4

A053

(7) Pro-claim it to the peo - ples, make it heard: Be -

hold, God our Sav - ior is com - ing.

PT024

- ¹ *I have called to you, LÓRD; hásten to **hélp** me! **
Héar my vóice when I crý to **yóu**.
- ² Let my práyer be accépted as íncense befóre you, *
the ráising of my hánds like an évening oblátion.
- ³ Sét, O LÓRD, a guárd on my **móuth**; *
keep wáтч at the dóor of my **líps**!
- ⁴ Do not túrn my héart to thíngs that are évil, +
to wícked déeds with thóse who are **sínners**. *
Néver allów me to sháre in their **féasting**.

- ⁵ If a **góod** man strikes me it is **kíndness**; +
 but let the **óil** of the **wícked** not **anóint** my **héad**. *
 Let my **práyer** be **éver** **agáinst** their **málice**.
- ⁶ If they **fáll** into the **mérciless** **hánds** of their **júdgés**, *
théy will **grásp** how **kínd** are my **wórd**s.
- ⁷ As **clóds** of **éarth** **plowéd** **úp** on the **gróund**, *
 so their **bónes** were **stréwn** at the **móuth** of the **gráve**.
- ⁸ To you my **éyes** are **túrned**, O **LÓRD**, my **Lórd**. *
 In **yóu** I take **réfuge**; **spáre** my **sóul**!
- ⁹ From the **tráp** they have **láid** for me, **kéep** me **sáfe**; *
kéep me from the **snáres** of **thóse** who do **évil**.
- ¹⁰ Let the **wícked** **to géthér** **fáll** into their **tráps**, *
 while **Í** **pursúe** my **wáy** **unhármed**.

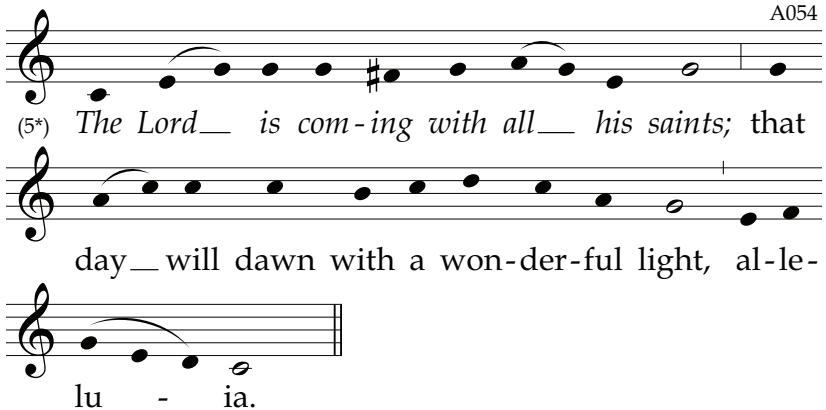
Glory...

PSALM 142 (141)

Bring My Soul Out of Prison

*So the soldiers went and made the sepulcher secure,
 putting seals on the stone and mounting a guard. Mt 27:66*

A054



(5*) The Lord__ is com-ing with all__ his saints; that
 day__ will dawn with a won-der-ful light, al-le-
 lu - ia.



- 2 *With all my voice I cry to the LÓRD; **
 with all my voice I entréat the LÓRD.
- 3 I póur out my tróuble befóre him; *
 I téll him áll my distréss
- 4 While my spírit fáints withín me. *
 But yóu, O Lórd, know my páth.
 On the wáy where Í shall wálk, *
 they have hídden a snáre to entráp me.
- 5 Lóok on my right hánd and sée: *
 there is nó one who páys me héed.
 No escápe remains ópen to mé; *
 nó one cáres for my sóul.
- 6 To yóu I crý, O LÓRD. +
 I have sáid, "Yóu are my réfuge, *
 my pórtion in the lánd of the líving."
- 7 Lísten, thén, to my crý, *
 for Í am brought dówn very lów.
 Réscue me from thóse who pursúe me, *
 for théy are strónger than Í.
- 8 Bríng my sóul out of príson, *
 and Í shall give thánks to your náme.
 Aróund me the júst will assémbles, *
 becáuse of your góodness to mé.

Glory...

PSALM 119 (118):105-112

Nun

This is my commandment: that you love one another. Jn 15:12

A200

Let us cleanse our hearts for the com- ing
of the King; with lamps read - y, let us go
out___ to wel- come him, al - le - lu - ia.

PT033

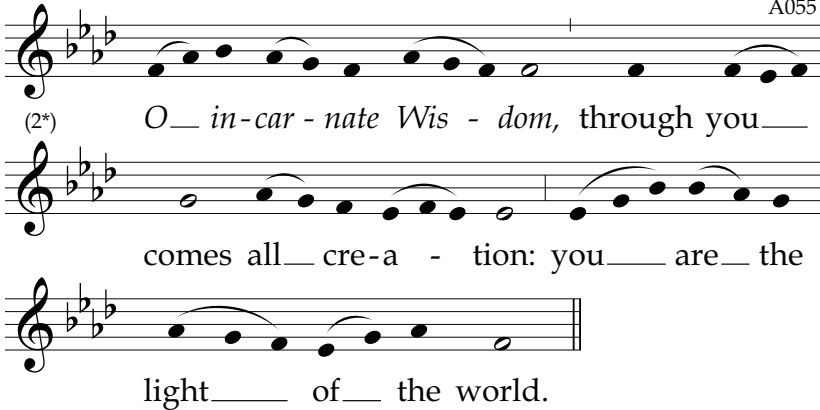
- 105 *Your wórd is a lám-p for my féet, **
and a líght for my **páth**.
- 106 I have swórn an óath and affírméd it, *
to obéy your just **júdgments**.
- 107 I am déeplý afflícted, O LÓRD; *
by your wórd, give me **lífe**.
- 108 Accépt, LORD, my fréely offered **hómage**, *
and téach me your **decrées**.
- 109 My lífe is in my hánds at all **tímes**; *
I do nó't forget your **láv**.
- 110 For me the wícked have sét a **snáre**; *
yet I do not stráy from your **précepts**.
- 111 Your **decrées** are my héritage foréver, *
the jóy of my **héart**.
- 112 I inclíne my héart to cárry out your **státutes** *
foréver, to the **énd**.

Glory...

JOHN 1:1-5,10-12A,14,16
Hymn to the Word of God

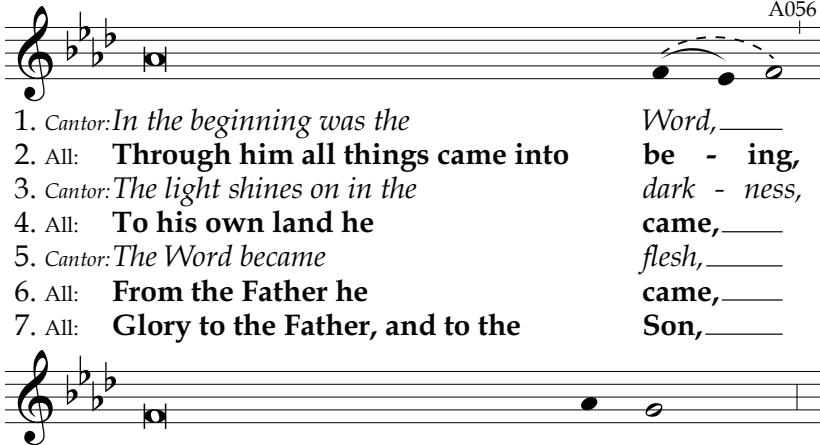
In times past, God spoke in partial and various ways to our ancestors through the prophets; in these last days, he spoke to us through a son, whom he made heir of all things and through whom he created the universe. Heb 1:1-2

A055

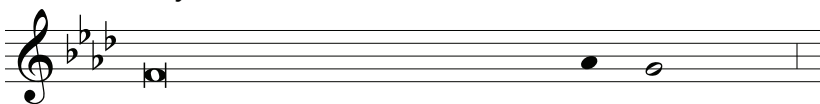


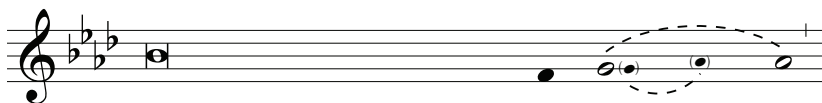
(2*) O in-car-nate Wis-dom, through you
comes all cre-a-tion: you are the
light of the world.

A056

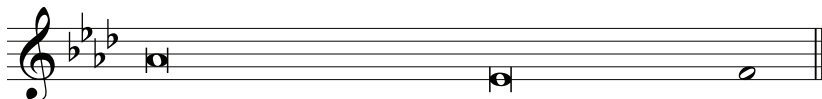


1. Cantor: *In the beginning was the* Word,
2. All: **Through him all things came into** be-ing,
3. Cantor: *The light shines on in the* dark-ness,
4. All: **To his own land he** came,
5. Cantor: *The Word became* flesh,
6. All: **From the Father he** came,
7. All: **Glory to the Father, and to the** Son,

- 
1. *and the Word was in the presence* of God.
 2. **and apart from him nothing came to be.**
 3. *A darkness that did not over-come it.*
 4. **yet his own people did not welcome him.**
 5. *and made his dwelling* a-mong us.
 6. **filled with love and** fi-delity.
 7. **and to the Ho - - - ly Spirit:**



1. *And the Word* was God:_____
2. **Whatever came to be in him, found life,**_____
3. *He was in* the world,_____
4. **But those** who wel-comed him
5. *And we have seen* his glo - ry,
6. **And of his fulness we have all re - ceived**_____
7. **As it was in the beginning, is now,**_____



1. *He was present to* God in the be - ginning.
2. **life for the light of the** human race.
3. *yet the world did not* know who he was.
4. **he empowered to become** children of God.
5. *the glory of an* only son.
6. **the love that is** lavished up - on us.
7. **and will be for** - ever. A - men.

V. *Take héart and procláim:*

R. Our Gód will cóme to sáve us.

READING

RESPONSORY



(4) Let us see,___ O___ LORD, * your



mer - ci-ful love. __

And grant us your salvation, your merciful...

Glory... Let us see...

CANTICLE OF MARY [Luke 1:46-55]

“Blessed are you who trusted that what was spoken to you by the Lord would be fulfilled.” (Luke 1:45) And Mary said:

First Sunday:

A058

(1) See the Lord is coming from a-far; his
splendor fills the earth.

omit for 5-line PS034

omit for 4-line

Third Sunday:

A081

(8) Tell John what you see: the blind have their
sight re-stored, the dead are raised to
life, and the poor have the good news
preached to them, alleluia.

omit for 5-line 4-line 5, 6 line PS041

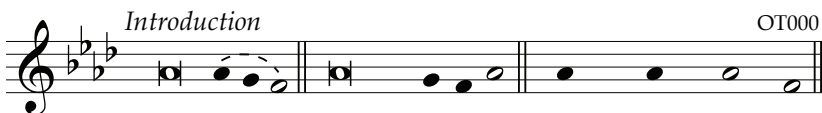
- 4 *My soul procláims the gréatness of the **Lórd**,
and my spírit exúlts in God my **Sáviór**,*
For he has lóoked upon his hándmaid in her **lówliness**;
henceforth all áges will cáll me **bléssed**.
- 4 For the Almíghty has done gréat things for **mé**.
And hóly ís his **náme**.
His loving mércy is from áge to áge
for thóse who **féar** him.
- 6 He has knówn the stréngth of his **árm**,
and has scátered the próud of **héart**.
He has put dówn the míghty from their **thrónes**
and has exálted thóse who are **lówly**.
He has fílléd the húngry with **góod** things,
and has sént the rích away **émpty**.
- 4 He has álways helped Ísrael his **sérvant**,
míndful of his lóving **mércy**,
Éven as he prómised our **fáthers**,
to Ábraham and hís descéndants foréver.

Glory...



INTERCESSIONS

Let us pray with zeal as we await the *coming* of our *God*.



Petition... Lord, have mer-cy.
Christ, have mer-cy.
Lord, have mer-cy.

Make us holy, O Lord, in body and spirit: Lord...

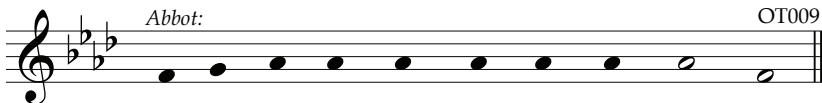
Fill our hearts with the joy of your Spirit: Christ...

Bring the departed to the light of your glory: Lord...

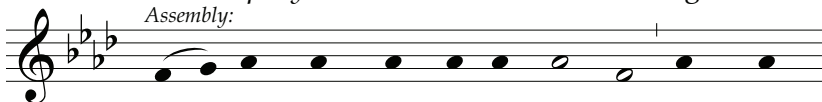
May the divine assistance remain always with us:

And with our absent brethren.

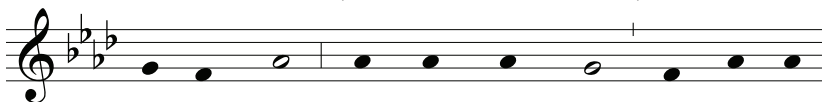
OUR FATHER



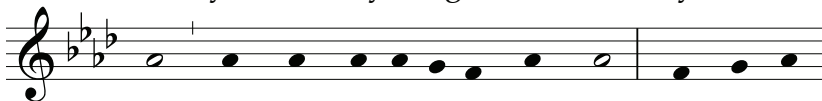
Let us pray as Christ the Lord has taught us:



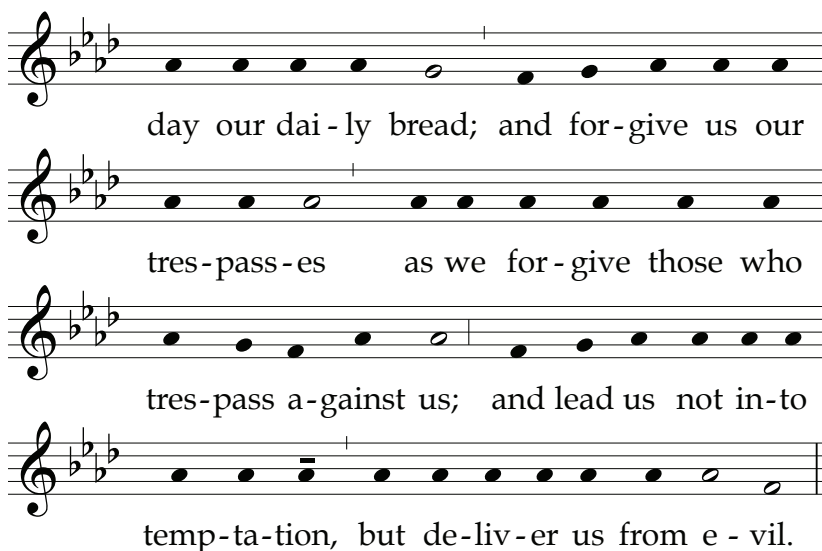
Our_ Fa - ther, who art in heav-en, hal-lowed



be thy name; thy king-dom come; thy will be



done on earth as it is in heav-en. Give us this



day our dai - ly bread; and for - give us our
tres - pass - es as we for - give those who
tres - pass a - gainst us; and lead us not in - to
temp - ta - tion, but de - liv - er us from e - vil.

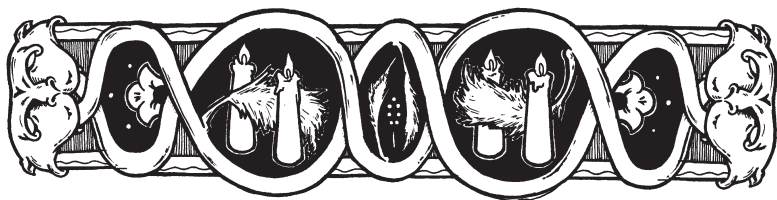
ORATION

*Let us bless the Lord.
Thanks be to God.*

BLESSING

BE WATCHFUL! Be alert!
You do not know
when the time will come.

Mark 12:33



Sunday I at Lauds

Choir Leader: OT001

O God, come___ to my as - sist - ance.

All:

O Lord, make haste to help___ me.

Glo - ry to the Fa - ther, and to the

Son, and to the Ho - ly Spir - it: as it

was in the be - gin - ning, is now, and will

be for ev - er. A - men. ___ Al - le - lu - ia.

HYMN

Advent Lauds, before December 17 page 14

Advent Lauds, after December 17 page 18

PSALM 63 (62)

Athirst for God

*I consider everything as a loss because of the supreme good of knowing
Christ Jesus my Lord. Phil 3:8*

A059

(13/5) On that day sweet wine will flow from the
moun-tains, milk and hon-ey from the
hills, al-le-lu-ia.

PT018

- 2 O Gód, you are my Gód; at dawn I séek you; *
for yóu my sóul is **thí**rsting.
For yóu my flésh is **pí**ning, *
like a drý, weary lánd without wáter.
- 3 I have cóme before yóu in the **sán**ctuary, *
to behóld your stréngth and your **gló**ry.
- 4 Your loving mércy is bétter than **lí**fe; *
my líps will spéak your **prá**ise.
- 5 I will bléss you áll my **lí**fe; *
in your náme I will líft up my **hán**ds. ~



- 6 My s^óul shall be filled as with a **bán**quet; *
with joyful líps, my móuth shall **prá**ise you.
- 7 When I reméber you upón my **béd**, *
I muse on yóu through the wátches of the **ní**ght.
- 8 For yóu have béen my **stré**ngth; *
in the shádw of your wíngs I rejóice.
- 9 My s^óul clings fást to **yóu**; *
yóur right hánd up**hó**lds me.
- 10 Those who séek to destróy my **lí**fe *
shall go dówm to the dépths of the **é**arth.
- 11 Pút to the pówer of the **swó**rd, *
they shall be léft as préy for the **já**ckals.
- 12 But the kíng shall rejóice in Gód; +
all that swéar by hím shall exúlt, *
for the móuth of líars shall be **sí**lenced.

Glory...

DANIEL 3:57-88, 56

Bless the Lord, All Creation

All you servants of the Lord, sing praise to him. Rv 19:5



God. He is com - ing, the Lord of a
king-dom that lasts_ for ev-er, al - le-lu - ia.

omit for 5-line
omit for 4-line

PS040

- ² *Bless the Lórd, all you wórks of the Lórd.*
Praise and exált him above áll foréver.
- ⁶ Angels of the Lórd, bléss the Lórd.
You héavens, bléss the Lórd.
All you wáters above the héavens, bless the Lórd.
All you hósts of the Lórd, bless the Lórd.
Sun and móon, bléss the Lórd.
Stars of héaven, bléss the Lórd.
- ⁴ Every shówer and déw, bless the Lórd.
All you wínds, bléss the Lórd.
Fire and héat, bléss the Lórd.
Cold and chíll, bléss the Lórd.
- ⁶ Dew and ráin, bléss the Lórd.
Frost and chíll, bléss the Lórd.
Ice and snów, bléss the Lórd.
Nights and days, bless the Lórd.
Light and dárkness, bléss the Lórd.
Lightnings and clóuds, bléss the Lórd. ~

PSALM 93 (92)

With Majesty Enrobed

*The Lord is king, our God, the almighty. Let us rejoice and give him glory,
for this is the wedding day of the Lamb. Rv 19:6*

A186

(1) I will en-fold_ Si-on with my sal-va - tion and
shed my glo - ry a - round Je - ru - sa -
lem, al - le - lu - ia.

PT004

- 1 *The LORD is king, with májesty enróbed. +
The LORD has róbed himsélf with **míght**; *
he has gírded himsélf with **pówer**.
The wórld you made fírm, not to be móved; +*
- 2 *your thróne has stood fírm from of **óld**. *
From all etérnity, O LÓRD, you **áre**.*
- 3 *The flóods have lífted up, O LÓRD, +
the flóods have lífted up their **vóice**; *
the flóods have lífted up their **thúnder**.*
- 4 *Gréater than the róar of mighty wáters, +
more glórious than the súrgings of the **séa**, *
the LÓRD is glórious on **hígh**. ~*



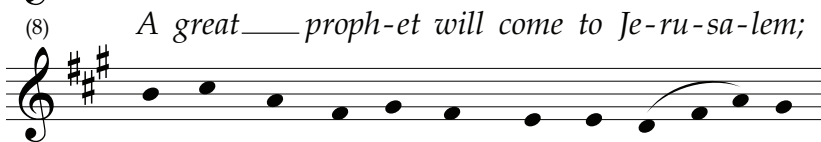
⁵ Trúly your decreés are to be trústed. +
 Hóliness is fíting to your hóuse, *
 O LÓRD, until the énd of tíme.

Glory...

PSALM 149

God Crowns the Poor with Salvation

*Do not live in fear, little flock. It has pleased
 your Father to give you the kingdom. Lk 12:32*

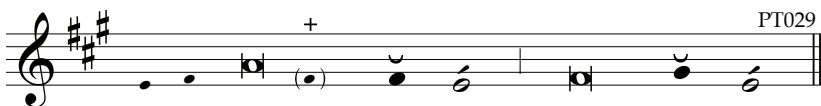


(8) A great ____ proph-et will come to Je-ru-sa-lem;

of that peo-ple he will make a new ____ cre-



a - tion, al - le - lu - ia.



*Síng a new sówg to the LÓRD, **
 his práise in the assémbly of the fáithful.

² Let Ísrael réjóice in its MÁker; *
 let Sion's children exúlt in their kíng.

- 3 Let them praise his name with **dancing**, *
and make music with **tímbrel** and **hárp**.
- 4 For the **LÓRD** takes delight in his **péople**; *
he **crówns** the **póor** with **salvátiún**.
- 5 Let the **faíthful** exúlt in **glóry**, *
and **rejóice** as they **táke** their **rést**.
- 6 Let the **práise** of **Gód** be in their **móuths** *
and a **twó-edged swórd** in their **hánd**,
- 7 To **déal** out **véngeance** to the **nátiún** *
and **púnishment** upón the **péoples**;
- 8 To **bínd** their **kíngs** in **cháins** *
and their **nóbles** in **fétters** of **íron**;
- 9 To **cárry** out the **júdgment** **decréed**. *
This is an **hónor** for **áll** his **faíthful**.

Glory...

V. *Fáithfulness shall spríng from the éarth,*
R. And **jústice** look **dówn** from **héaven**.

READING

RESPONSORY

A062

(4) Christ, Son of the liv - ing God: * have
mer - cy on your peo - ple.

You are the One who is to come. Have mercy...
Glory... Christ, Son...

CANTICLE OF ZACHARY [Luke 1:68-79]

Then John's father Zechariah was filled with the Holy Spirit and prophesied.
(Luke 1:67)

First Sunday:

A058

(1) See the Lord is coming from a-far; his
splen - dor fills the earth.

PS034

omit for 4-line

omit for 5-line

Third Sunday:

A081

(8) Tell John what you see: the blind have their
sight re-stored, the dead are raised to
life, and the poor have the good news
preached to them, al - le - lu - ia.

PS041

omit for 5-line

4-line

5, 6 line

- 6 *Blést be the Lórd God of Ísrael:*
for he has vísited his péople and redéemed them.
He has raised úp for us a hórn of salvátion
in the Hóuse of Dávid his sérvant,
As he spóke through the móuth of his hóly ones,
his próphets from áges **pást**:
- 4 A sáviór who would fréé us from our **fóes**,
and from the hánds of áll who **háte** us,
To shów loving mércy to our **fáthers**
míndful of his hóly **cóvenant**.
- 4 This was the óath he swore to Ábraham our **fáther**,
to grant that fréed from the hánds of our **fóes**,
We might sérve him in hóliness and **ríghteousness**,
all the dáys of our life without **féar**.
- 6 And yóu, little chíld, will be **cáalled**
próphet of Gód Most **Hígh**,
For yóu will gó before the **Lórd**
to make réady his wáys **befóre** him,
To grant a knówledge of salvátion to his **péople**
through the forgíveness of áll their **síns**.
- 5 By the lóving mércy of our **Gód**,
the Dáwn from on hígh will **vísit** us,
To shíne on those who sít in **dárkness**,
and thóse in the sháadow of **déath**,
to guide our féet into the wáy of **péace**.
Glory...

day our dai-ly bread; and for-give us our
tres-pass-es as we for-give those who
tres-pass a-gainst us; and lead us not in-to
temp-ta-tion, but de-liv-er us from e - vil.

ORATION

*Let us bless the Lord.
Thanks be to God.*

BLESSING





Sunday I at Daytime Prayer

HYMN

Advent Daytime Prayer, before December 17 . . . page 15

Advent Daytime Prayer, after December 17 . . . page 19

ANT: *Daughter of Jerúsalem, rejoice and be glád; / your kíng will cóme to you.*

PSALM 120 (119)

A Stranger in Meshech

Rejoice in hope, be patient under trial, persevere in prayer. Rom 12:12

- 1 *To the LÓRD in the hóur of my distréss **
I cáll – and he ánsvers me.
- 2 *“O LÓRD, save my sóul from lying líps, **
from the tóngue of the decéitful.”
- 3 *What should he gíve you, whát repáy you, **
O decéitful tóngue?
- 4 *The wárrior’s árrows shárpener, **
with red-hot cóals from the bróom tree!
- 5 *Alás, that I líve in Méshech, **
dwéll among the ténts of Kédar!
- 6 *Í have had enóugh of dwélling **
with thóse who hate péace.
- 7 *Í am for péace, but when I spéak, **
théy are for wár.

PSALM 121 (120)

Unsleeping Guardian

*Never again shall they know hunger or thirst, nor shall the sun
or its heat beat down on them. Rv 7:16*

- 1 *I líft up my éyes to the móuntains; **
from whére shall cóme my hélp?
- 2 *My hélp shall cóme from the LÓRD, **
who made héaven and éarth.
- 3 *He will kéeep your fóot from stúmbing. **
Your guárd will never slúmber.
- 4 *Nó, he sléeps not nor slúmbers, **
the guárdian of Ísrael.
- 5 *The LORD your guárd, the LÓRD your sháde **
at yóur right hánd.
- 6 *By dáy the sún shall not smíte you, **
nor the móon in the níght.
- 7 *The LÓRD will guárd you from évil; **
he will guárd your sóul.
- 8 *The LORD will guárd your góing and cóming, **
both nów and foréver.

PSALM 123 (122)

Eyes Lifted to the Lord

The two blind men cried out, "Lord, Son of David, have pity on us!" Mt 20:30

- 1 *To yóu have I lífted up my éyes, **
you who dwéll in the héavens.
- 2 *Behóld, like the éyes of sláves **
on the hánd of their lórds,
Líke the éyes of a sérvant *
on the hánd of her místress,
So our éyes are on the LÓRD our Gód, *
till he shów us his mércy. ~

- ³ Have mércy on us, LÓRD, have mércy. *
We are filled with contémp^t.
⁴ Indéed, all too fúll is our sóul +
with the scórn of the árrógant, *
the disdáin of the próud.

Glory...

ANT: Daughter of Jerúsalem, rejóice and be glád; / your kíng will cóme to you.

BRIEF READING

V. *Let the nátions be glád and shout for jóy.*
R. With úprightness you rúle the nátions.

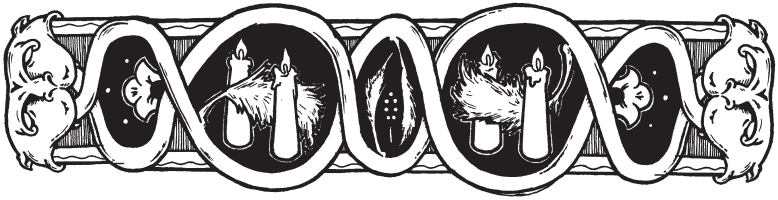
Let us pray.

ORATION

Let us bless the Lord.
Thanks be to God.

*May the souls of the faithful departed,
through the mercy of God, rest in peace.*
Amen.

May the divóine assistance remain always with us.
And with our absent brethren. Amen.



Sunday I at Second Vespers

Choir Leader: OT001

O God, come to my as - sist - ance.

All:

O Lord, make haste to help me.

Glo - ry to the Fa - ther, and to the

Son, and to the Ho - ly Spir - it: as it

was in the be - gin - ning, is now, and will

be for ev - er. A - men. Al - le - lu - ia.

HYMN

Advent Vespers, before December 17 page 16

Advent Vespers, after December 17 page 20

PSALM 110 (109)

Sit at My Right Hand

Christ must reign until God has put all enemies under his feet.

The last enemy to be destroyed is death. 1 Cor 15:25-26

(8) See how glo - ri - ous he is, com - ing
forth as a Sav - ior for all peo - ples.

- 1 The LÓRD's revelátiön to my lórd: +
"Sít at my right hánd,*
until I máke your fóes your fóotstool."
- 2 The LÓRD will sénd from Síön +
your scépter of pówér:*
rúle in the mídst of your fóes.
- 3 With yóu is princely rúle*
on the dáy of your pówér.
In holy splénder, from the wómb before the dáwn,*
I have begóttén yóu.

- 4 The LÓRD has sworn an óath he will not chánge: +
 “Yóu are a priest foréver, *
 in the líne of MelchízedeK.”
- 5 The Lórd, stánding at your ríght, *
 shatters kíngs in the dáy of his wráth.
- 6 He brings a júdgment amóng the nátions, +
 and héaps the bódies hígh; *
 he shatters héads throug hóut the wide éarth.
- 7 He shall drínk from the stréam by the wáyside, *
 and thérefore he shall líft up his héad.

Glory...



PSALM 111 (110)

A Memorial of Divine Wonders

*Mighty and wonderful are your works, O Lord God almighty!
 Righteous and true are your ways, O king of the nations! Rv 15:3*

A064

(1*) Let the moun - tains break — forth — with joy, —
 and the hills — with jus - tice; for the Lord —
 comes — with might. —



- I will praise the LÓRD with all my héart, **
in the méeting of the júst and the assémbly.
- 2 Gréat are the wórks of the LÓRD, *
to be póndered by áll who delight in **thém.**
- 3 Majéstic and glórious his **wórk;** *
his jústice stands fírm foréver.
- 4 He has gíven us a memórial of his **wónders.** *
The LÓRD is grácious and **mérciful.**
- 5 He gives fóod to thóse who **féar** him; *
keeps his cóvenánt éver in **mínd.**
- 6 His mighty wórks he has shówn to his **péople** *
by gíving them the héritage of **nátions.**
- 7 His hándiwork is jústice and **trúth;** *
his précepts are áll of them **súre,**
- 8 Standing fírm foréver and **éver,** *
wróught in úprightness and **trúth.**
- 9 He has sént redémption to his péople, +
and estáblished his cóvenánt foréver. *
Hóly his náme, to be **féared.**
- 10 The fear of the LÓRD is the beginníng of wísdóm; +
understánding marks áll who **attáin** it. *
His práise endúres foréver!

Glory...

PSALM 112 (111)
A Saint's Portrait

*Live as children of light, for light produces every kind of goodness
and righteousness and truth. Eph 5:8-9*

A184

(8) Crook - ed paths will be straight - ened, and
rough_ ways_ made_ smooth. Come, O
Lord, do not de - lay, al - le - lu - ia.

PT029

- Bléssed the mán who fears the LÓRD, **
who tákes great delight in his commándments.
- 2 His descéndants shall be pówerful on éarth; *
the generátion of the úpright will be blést.
- 3 Ríches and wéalth are in his hóuse; *
his jústice stands fírm foréver.
- 4 A light ríses in the dárkness for the úpright; *
he is génerous, mérciful and júst.
- 5 It goes wéll for the mán who deals
génerously and lénds, *
who condúcts his affáirs with jústice.
- 6 Hé will néver be móved; *
foréver shall the júst be remémbered. ~

- 7 He has no fear of evil **néws**; *
with a firm héart, he trústs in the **LÓRD**.
- 8 With a stéadfast héart he will not **féar**; *
he will sée the dównfall of his **fóes**.
- 9 Openhánded, he gíves to the póor; +
his jústice stands fírm foréver. *
His míght shall be exálted in **glóry**.
- 10 The wícked sées and is ángry, +
grinds his téeth and fádes awáy; *
the desíre of the wícked leads to **dóom**.

Glory...



REVELATION 4:8B; 3:7; 7:14B-17; 1:7

Witnesses of the Lamb

One of the elders said to me, "Do not weep. The lion of the tribe of Judah, the root of David, has triumphed, enabling him to open the scroll with its seven seals." Rv 5:5

A068

(8) A great _____ cloud of wit-ness-es sur-rounds us:
let us keep our eyes fixed on Je - sus,
seat-ed at the throne _____ of God. _____



- 4:8b Hóly is the Lórd God **Almíghty**: *
 he who wás, and who ís to **cóme**!
- 3:7 Hé is the hóly and **fáithful** One, *
 who wíelds the káy of **Dávid**.
 He ópens, and nó one can **clóse**, *
 he clóses, and nó one can ópen.
- 7:14b These are the ónes who have survived the **gréat** trial: *
 they have wáshed their róbes
 in the blóod of the **Lámb**.
- 7:15 Day and níght they mínister to hím in his **témp**le: *
 he who síts on the thróne will gíve them **shé**lter.
- 7:16 Never agáin shall they húngrer or **thí**rst, *
 nor shall the héat of the sún beat **dó**wn on them.
- 7:17 For the Lámb on the thróne will shépherd them, +
 he will léad them to springs of lífe-gíving **wá**ter, *
 and Gód will wípe awáy every téar from their **é**yes.
- 1:7 Sée, he cómes amid the clóuds! +
 Évery éye shall **sée** him, *
 éven of thóse who **pí**erced him.
 All the péople of the **é**arth *
 shall lámént him. **Amén**.

Glory...

V. *Take héart and procláim:*
 R. Our Gód will cóme to sáve us.

READING

RESPONSORY

A057

(4) Let us see, O LORD, * your
mer - ci-ful love.

*And grant us your salvation, your merciful...
Glory... Let us see...*

CANTICLE OF MARY [Luke 1:46-55]

"Blessed are you who trusted that what was spoken to you by the Lord would be fulfilled." (Luke 1:45) And Mary said:

First Sunday:

A058

(1) See the Lord is coming from a-far; his
splen - dor fills the earth.

omit for 5-line PS034
omit for 4-line

Third Sunday:

A081

(8) Tell John what you see: the blind have their

sight re-stored, the dead are raised to
 life, and the poor have the good news
 preached to them, alleluia.

omit for 5-line | 4-line | 5, 6 line PS041

- 4 *My soul procláims the gréatness of the Lórd,
 and my spírit exúlts in God my Sáviór,
 For he has lóoked upon his hándmaid in her lówliness;
 henceforth all áges will cáll me bléssed.*
- 4 For the Almighty has done gréat things for mé.
 And hóly ís his náme.
 His loving mércy is from áge to áge
 for thóse who féar him.
- 6 He has made knówn the stréngth of his árm,
 and has scátted the próud of héart.
 He has put dówn the míghty from their thrónes
 and has exálted thóse who are lówly.
 He has fílléd the húngry with góod things,
 and has sént the rích away émpy. ~

- 4 He has always helped Ísrael his sérvant,
míndful of his lóving mércy,
Éven as he prómised our fáthers,
to Ábraham and hís descéndants foréver.

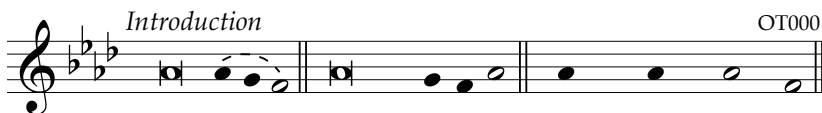
During the incensation the antiphon is repeated.

Glory...

The antiphon is repeated.

INTERCESSIONS

We call upon Christ, whose coming we await.



Petition... Lord, have mer-cy.
Christ, have mer-cy.
Lord, have mer-cy.

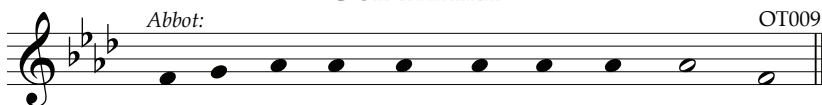
Strengthen the shepherds of your pilgrim people: Lord...

Lift up in mercy all who faint by the wayside: Christ...

Admit to your glory the faithful departed: Lord...

*May the divine assistance remain always with us:
And with our absent brethren.*

OUR FATHER



Let us pray as Christ the Lord has taught us:

Assembly:



Our Fa-ther, who art in heav-en, hal-lowed
be thy name; thy king-dom come; thy will be
done on earth as it is in heav-en. Give us this
day our dai-ly bread; and for-give us our
tres-pass-es as we for-give those who
tres-pass a-gainst us; and lead us not in-to
temp-ta-tion, but de-liv-er us from e - vil.

ORATION

*Let us bless the Lord.
Thanks be to God.*

BLESSING

Monday I at Lauds

HYMN

Advent Lauds, before December 17 page 14

Advent Lauds, after December 17 page 18

Christmas Lauds. page 21

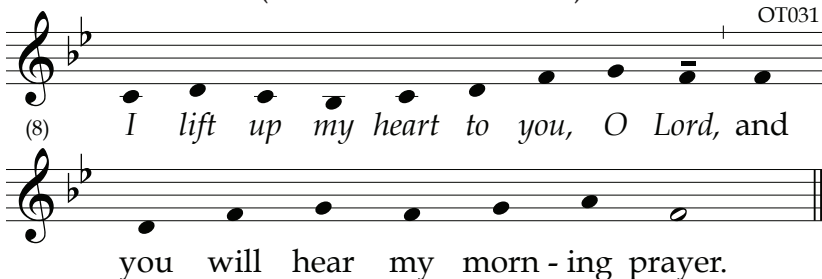
PSALM 5

In the Morning You Hear My Voice

Dismiss all anxiety from your minds. Present your needs to God in every form of prayer and in petitions full of gratitude. Phil 4:6

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):

OT031



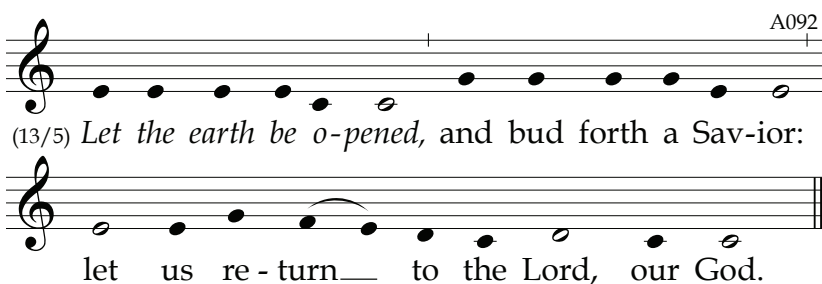
(8) I lift up my heart to you, O Lord, and
you will hear my morn - ing prayer.



PT032

DECEMBER 17-24:

A092



(13/5) Let the earth be o-pened, and bud forth a Sav-ior:
let us re - turn to the Lord, our God.



PT018

- 2 To my wórds give éar, O LÓRD; *
give héed to my síghs.
- 3 Atténd to the sóund of my crý, *
my Kíng and my Gód.
- 4 To yóu do I práy, O LÓRD. +
In the mórníng you héar my vóice; *
in the mórníng I pléad and watch befóre you.
- 5 You are no Gód who delíghts in évil; *
no sínner is your guést.
- 6 The bóastful shall not stánd their gróund *
befóre your éyes.
- 7 Áll who do évil you despíse; *
all who líe you destróy.
The decéitful and thóse who shed blóod *
the LÓRD detésts.
- 8 Yet through the gréatness of your mérciful lóve, *
I énter your hóuse.
I bow dówn before your hóly témples, *
in áwe of yóu.
- 9 Léad me, LÓRD, in your jústice, +
becáuse of my fóes; *
make stráight your wáy befóre me.
- 10 No trúth can be fóund in their móuths, *
their héart is all málice,
Their thróat a wide-ópen gráve; *
with their tóngue they fláttér.
- 11 Decláre them guíltý, O Gód. *
Let them fáil in their desígns.
Drive them óut for their mány transgréssions, *
for against yóu have they rebélléd. ~

- 12 All who take refuge in you shall be **glád**, *
and ever cry out their **jóy**.
You shelter them; in you they **rejoice**, *
those who love your **name**.
- 13 It is you who bless the just one, O **LÓRD**; *
you surround him with your favor like a **shield**.

Glory...



PSALM 19 (18)

God's Revelation in Creation and in Torah

The God who said, "Let light shine out of darkness," has shone in our hearts to bring to light the knowledge of the glory of God on the face of Jesus Christ. 1 Cor 4:6

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):

OT032

(1) Their sound_ has gone_ forth_ through all the
earth,_____ their words to the ut - most
bounds of the world._____

PT003

DECEMBER 17-24:

A065

(4) Si - on is our might - y cit - y; throw
 o - pen the gates, for our God is
 here a - mong us.

PT012

I

- 2 *The héavens declére the glóry of Gód, **
and the fírmament procláims the wórk of his **hánds**.
- 3 Dáy unto dáy convéys the **méssage, ***
and níght unto níght impárts the **knówledge**.
- 4 No spéech, no wórd, whose vóice goes unhéeded; +
- 5 their sóund goes fóρθ through áll the **éarth, ***
their méssage to the útmost bóunds of the **wórlð**.
- 6 Thére he has pláced a tént for the sún; +
it comes fóρθ like a brídegroom cóming from his **tént, ***
rejóices like a chámption to rún his **cóurse**.
- 7 At one énd of the héavens is the rísing of the sún; +
to its fúrthest énd it rúns its **cóurse. ***
There is nóthing conceáled from its búrning **héat**.

Glory...

II

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):

OT033

(1) The law of the LORD glad-dens the heart, and
gives__ light_____ to the eyes._____

PT003

DECEMBER 17-24:

A083

(4) Come to our help, O Lord:
vis - it us with your sal - va - tion.

PT012

- ⁸ *The láw of the LÓRD is **pérfect**; *
it revives the **sóul**.
The decrees of the LÓRD are **stéadfast**; *
they give wísdóm to the **símple**.*
- ⁹ The précepts of the LÓRD are **ríght**; *
they gládden the **héart**.
The commánd of the LÓRD is **cléar**; *
it gives light to the **é**yes.
- ¹⁰ The féar of the LÓRD is **púre**, *
abiding foréver.

- The júdgments of the LÓRD are **trúe**; *
they are, áll of them, **júst**.
- 11 They are móre to be desíred than **góld**, *
than quántities of **góld**.
And swéeter are théy than **hóney**, *
than honey flówing from the **cómb**.
- 12 So in thém your sérvant finds **instrúction**; *
great rewárd is in their **kéeping**.
- 13 But whó can detéct their own **érrors**? *
From hídden faults **acquít** me.
- 14 From presúption restráin your sérvant; *
máy it not **rúle** me.
Thén shall Í be **blámeless**, *
cléan from grave **sín**.
- 15 May the spóken wórds of my **móuth**, *
the thóughts of my **héart**,
Win fávor in your síght, O LÓRD, *
my róck and my **redéemer**!

Glory...

ADVENT

V. *Fáithfulness shall spríng from the éarth,*

R. *And jústice look dówn from héaven.*

CHRISTMAS

V. *Let the hílls ring out their jóy, / allelúia.*

R. *The LORD cómes to rúle the éarth, / allelúia.*

CHRISTMAS

The Responsory, Canticle Antiphon, Intercessions and conclusion are to be found in the Proper of Seasons. Refer to the number board to locate the specific page.

READING

RESPONSORY

A066

(4) Your light will come, Je - ru - sa - lem; * the
LORD will dawn up - on you.

*And you will see his glory within you. The LORD...
Glory... Your light...*

[Beginning on 17 December, refer to the board for the remainder of the Office.]

CANTICLE OF ZACHARY [Luke 1:68-79]

*Then John's father Zechariah was filled with the Holy Spirit and prophesied.
(Luke 1:67)*

FIRST WEEK OF ADVENT :

A067

(7) Lift up your eyes, Je - ru - sa - lem, and
see the great power of your King; your
Sav - ior comes to set you free.

PS048

Bb4 C5 D5 Eb5 C5 Bb4 C5 D5 Eb5 C5 Bb4 C5

THIRD WEEK OF ADVENT :

A086

(7) From the heav - ens he comes, — the Lord and
Ru - ler; in his hand are hon - or and
roy - al au - thor - i - ty.

PS048

- 6 *Blést be the Lórd God of Ísrael:*
for he has visited his péople and redéemed them.
He has raised úp for us a hórñ of salvátion
in the Hóuse of Dávid his sérvant,
As he spóke through the móuth of his hólý ones,
his próphets from áges **pást:**
- 4 A sávior who would frée us from our **fóes,**
and from the hánds of áll who **háte** us,
To shów loving mércy to our **fát**hers
míndful of his hólý **có**venant.
- 4 This was the óath he swore to Ábraham our **fát**her,
to grant that fréed from the hánds of our **fóes,**
We might sérve him in hóliness and **rí**ghteousness,
all the dáys of our life without **féar.** ~

- 6 And *yóu*, little *chíld*, will be **cáled**
próphet of Gód Most **Hígh**,
For *yóu* will gó before the **Lórd**
to make réady his wáys befóre him,
To grant a knówledge of salvátion to his **péople**
through the forgíveness of áll their **síns**.
- 5 By the lóving mércy of our **Gód**,
the Dáwn from on hígh will **vísit** us,
To shíne on those who sít in **dárkness**,
and thóse in the shádw of **déath**,
to guide our féet into the wáy of **péace**.

Glory...

INTERCESSIONS

As day dawns we call upon the Light of Lights.

Grant that our works today be pleasing in your sight:
Lord, have mercy.

Make known to the nations your coming as man:
Christ, have mercy.

Stir many young hearts to seek you among us as monks:
Lord, have mercy.

May the divine assistance remain always with us:
And with our absent brethren.

OUR FATHER

ORATION

Let us bless the Lord.
Thanks be to God.

BLESSING

Monday I at Daytime Prayer

HYMN

Advent Daytime Prayer, before December 17 . . . page 15

Advent Daytime Prayer, after December 17 . . . page 19

Christmas Daytime Prayer page 22

ANT: (ADVENT): *This is the good news the prophets foretold: /*
The Saviour will be born of the Virgin Mary.

(CHRISTMAS): *Mary, the mother of Jesus, and Joseph /*
were filled with wonder / at all that was said about the child.

PSALM 26 (25)

I Wash My Hands in Innocence

*God chose us in Christ before the world began,
to be holy and blameless in his sight. Eph 1:14*

- 1 Give judgment for me, O LÓRD, +
for I have walked in my integrity. *
I have trusted in the LÓRD; I have not wávered.
- 2 Exámine me, LÓRD, and try me. *
O tést my héart and my mínd.
- 3 Your mércy is befóre my éyes, *
and I wálk accórding to your trúth.
- 4 I néver take my séat with líars, *
and with hýpocrites I sháll not gó.
- 5 I háte the évildoer's cómpany; *
I will not táke my séat with the wícked.

- 6 I wásh my hánds in ínnocence *
and táke my pláce around your áltar,
- 7 Sínging a sóng of thanksgíving, *
recóunting áll your wónders.
- 8 O LÓRD, I love the hóuse where you dwéll, *
the pláce where your glóry abídes. ~

- ⁹ Do not swéep away my sóul with sínners, *
nor my lífe with thóse who shed blóod,
¹⁰ In whose hánds are évil plóts, *
whose right hánds are filled with a bríbe.
¹¹ As for mé, I have wálked in my intégriety. *
Redéem me and have mércy on mé.
¹² My fóot stands on lével gróund: *
I will bléss the LÓRD in the assémbly.

PSALM 28 (27)

Shepherd and Savior of Israel

*So they took away the stone. And Jesus raised his eyes and said,
"Father, I thank you for hearing me." Jn 11:41*

- ¹ Tò yóu, O LÓRD, I cáll; *
my róck, be not déaf to mé.
I shall go dówn to thóse in the pít, *
if yóu are sílent to mé.
² Héar the vóice of my pléading *
as I cáll to you for hélp,
As I ráise my hánds *
toward your hólý pláce.
³ Do not drág me awáy with the wícked, *
with thóse who do évil,
Who speak wórds of péace to their néighbors, *
but with málice in their héarts.
⁴ Repáy them accórding to their déeds, *
accórding to the évil of their áctions.
Accórding to their hándiwork, repáy them; *
retúrn to thém their desérts.
⁵ For they ignóre the déeds of the LÓRD +
and the wórk of his hánds. *
May he rúin them and néver rebuíld them.
-

- 6 Blést be the LÓRD, for he has héard *
the sóund of my appéal.
- 7 The LÓRD is my stréngth and my shíeld; *
in hím my heart trústs.
I was hélped; my héart rejóices, *
and I práise him with my sóng.
- 8 The LÓRD is the stréngth of his péople, *
a saving réfuge for hís anóinted.
- 9 Save your péople and bléss your héritage. *
Shépherd them and cárry them foréver.

PSALM 39 (38)

No Abiding City

Can any of you, by worrying, add a moment to your life span? Lk 12:25

- 2 *I sáid, "I will be wátchful of my wáys, **
for féar I should sín with my tóngue.
I will pút a cúrb on my líps *
when the wícked man stánds befóre me."
- 3 I was múte, sílent, very stíll, +
as my páin becáme inténse. *
- 4 My héart was búrning withín me.
At the thóught of it, the fíre blazed úp, *
and my tóngue búrst into spéech:
- 5 "O LÓRD, you have shówn me my énd, *
how shórt is the léngth of my dáys.
Now I knów how fléeting is my lífe. +
- 6 How shórt the span of dáys you have gíven me; *
my lífe is as nóthing in your síght.
Surely áll mankind stánds as but a bréath. *
- 7 A man súrely líves as a shádw,
Surely the ríches he hóards, a mere bréath; *
he does not knów who will gáther thém." ~

- 8 And nów, Lord, whát is there to wáit for? *
In yóu rests áll my hópe.
- 9 Set me frée from áll my síns, *
do not máke me the táunt of the fóol.
- 10 I was sílent, not ópening my líps, *
because thís was áll your dóing.
- 11 Take awáy your scóurge from mé. *
I am crúshed by the blóws of your hánd.
- 12 With rebúkes you corréct the sínnér; +
like a móth you devóur all he tréasures. *
All mankínd is no móre than a bréath.
- 13 O LÓRD, give héed to my práyer; +
túrn your éar to my crý; *
dó not be déaf to my wéeping.
Behóld, I am a stránger to yóu, *
a pílgrim, like áll my fórebears.
- 14 Look awáy from me that Í may smíle *
befóre I depárt to be no móre.

Glory...

ANT: (ADVENT): This is the góod news the próphets
foretóld: / The Sáviór will be bórn of the Vírgin Máry.

(CHRISTMAS): Máry, the móther of Jésus, and Jóseph /
were filled with wónder / at áll that was saíd about the
chíld.

BRIEF READING

ADVENT

V. *Remember your compásson, O LÓRD.*

R. Your mérciful lóve is from of óld.

CHRISTMAS

V. *The Lórd has remébered his prómise, / allelúia.*
R. Gód has been fáithful to his péople, / allelúia.

Let us pray.

ORATION

Let us bless the Lord.

Thanks be to God.

*May the souls of the faithful departed,
through the mercy of God, rest in peace.*

Amen.

May the divine assistance remain always with us.

And with our absent brethren. Amen.



REJOICE in the Lord always;
again I say, rejoice!

The Lord is near. *Philippians 4:4,5*

Monday I at Vespers

HYMN

Advent Vespers, before December 17 page 17

Advent Vespers, after December 17 page 20

Christmas Vespers page 23

PSALM 11 (10)

The Upright Shall See the Face of God

Cast all your worries upon him because he cares for you. 1 Pt 5:7

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):

OT038

(14/7) You are my friends— if you do what I com-
mand— you, says the Lord.

PT026

DECEMBER 17-24:

A088

(4) The Sun— of Jus-tice will rise up-on us; his
light_____ is our sal-va - tion.

PT013

- ¹ In the LÓRD I have táken réfuge. +
Hów can you sáy to my **sóul**, *
"Flý like a bírd to the **móuntain**!
- ² Look, the wícked are bénding their bów! +
They are fixing their árrow on the **stríng**, *
to shoot the úpright of héart in the **dárk**.
- ³ Foundátions ónce **destróyed**, *
whát can the júst man **dó**?"
- ⁴ The LÓRD is in his hóly **témp**le; *
the thróne of the LÓRD is in **héaven**.
His éyes behóld the **wó**rd; *
his gáze probes the chíldren of **mén**.
- ⁵ The LORD inspécts the júst and the **wícked**; *
the lóver of víolence he **hát**es.
- ⁶ He sends fíre and brímstone on the **wícked**, *
a scorching wínd to fíll their **cúp**.
- ⁷ For the LORD is júst and lóves deeds of **jústice**; *
the úpright shall behóld his **fáce**.

Glory...



PSALM 15 (14)

If You Would Abide in God's Temple

You have come to Mount Zion, to the city of the living God. Heb 12:22

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):

OT039

(13/5) Bless - ed are the pure of heart, for
they shall see God.

PT016

Detailed description: This block contains musical notation for the first part of Psalm 15. It consists of three staves of music in treble clef. The first staff has a key signature of one flat (B-flat) and a 13/5 time signature. The melody is written on a five-line staff with a bar line at the end. The lyrics 'Bless - ed are the pure of heart, for' are written below the first staff. The second staff continues the melody with the lyrics 'they shall see God.' The third staff is a shorter musical phrase, also in treble clef, with a key signature of one flat and a common time signature. It includes a fermata over the first note and a repeat sign at the end. The number 'PT016' is written in the top right corner of this staff.

DECEMBER 17-24:

A089

(8) A-wake, a-wake! A-rise, O Je -
ru - sa - lem! Loose the bonds from your
neck, O cap-tive daugh-ter Si - on.

PT030

Detailed description: This block contains musical notation for the second part of Psalm 15. It consists of four staves of music in treble clef. The first staff has a key signature of one sharp (F#) and a common time signature. The melody is written on a five-line staff with a bar line at the end. The lyrics 'A-wake, a-wake! A-rise, O Je -' are written below the first staff. The second staff continues the melody with the lyrics 'ru - sa - lem! Loose the bonds from your'. The third staff continues with the lyrics 'neck, O cap-tive daugh-ter Si - on.' The fourth staff is a shorter musical phrase, also in treble clef, with a key signature of one sharp and a common time signature. It includes a fermata over the first note and a repeat sign at the end. The number 'PT030' is written in the top right corner of this staff.

¹ LORD, who may abide in your *tént*,*
and dwell on your hóly móuntain?

- 2 Whoéver wáľks without fáult; +
 who dóes what is **júst**, *
 and spéaks the trúth from his **héart**.
- 3 Whoéver does not slándér with his tóngue; +
 who dóes no wróng to a **néighbor**, *
 who cásts no slúr on a **fríend**,
- 4 Who lóoks with scórn on the **wícked**, *
 but hónors those who féar the **LÓRD**.
 Who keeps an óath, whatever the **cóst**, *
- 5 who lénds no móney at ínterest,
 And accépts no bríbés against the **ínnocent**. *
 Such a óne shall néver be **sháken**.

Glory...

PSALM 20 (19)

Prayer before the Battle

Then shall everyone be saved who calls upon the name of the Lord. Acts 2:21

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):

OT040

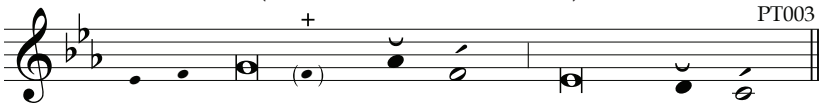
(1*) *May our God__ re-mem - ber all your of-fer-ings*
 and re-ceive your sac-ri-fice with fa - vor.

DECEMBER 17-24:

A097

(2*) *God__ will come__ from Leb - a - non, and his*
 splen - dor will be like the light.____

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):



DECEMBER 17-24:



- 2 *May the LORD answer you in time of trial; **
 may the name of Jacob's Gód protect you.
- 3 *May he send you help from the holy place, **
 and give you support from Sion.
- 4 *May he remember all your offerings, **
 and receive your sacrifice with favor.
- 5 *May he give you your heart's desire, **
 and fulfill every one of your plans.
- 6 *May we ring out our joy at your victory, +*
 and raise banners in the name of our Gód. *
 May the LÓRD grant all your prayers.
- 7 *Now I know the LORD saves his anointed, +*
 and answers from his holy heaven *
 with the mighty victory of his hand.
- 8 *Some put their trust in chariots or horses, **
 but we in the name of the LÓRD, our Gód.
- 9 *They will collapse and fall, **
 but we shall rise up and hold firm.
- 10 *Grant salvation to the king, O LÓRD, **
 give answer on the day we call.

Glory...

PSALM 21 (20)
Thanksgiving after the Battle

God despoiled the principalities and the powers, making a public spectacle of them, leading them away in triumph. Col 2:15

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):

OT041

(8) We cel - e - brate your might - y works___ with
 songs___ of praise,___ O Lord._____

PT030

Detailed description: This block contains musical notation for the first part of the psalm. It features three staves of music in G major (one sharp). The first staff is a vocal line with a treble clef, containing the melody for the first line of text. The second staff is a piano accompaniment line with a treble clef, containing the melody for the second line of text. The third staff is a piano accompaniment line with a treble clef, containing the melody for the third line of text. The text is: "We celebrate your mighty works with songs of praise, O Lord." The number (8) is written below the first staff. The code OT041 is in the top right, and PT030 is in the bottom right.

DECEMBER 17-24:

A096

(6*) Our King will come from Si - on: the___
 Lord,___ God - with-us, is his name._____

PT020

Detailed description: This block contains musical notation for the second part of the psalm. It features three staves of music in G major (one sharp). The first staff is a vocal line with a treble clef, containing the melody for the first line of text. The second staff is a piano accompaniment line with a treble clef, containing the melody for the second line of text. The third staff is a piano accompaniment line with a treble clef, containing the melody for the third line of text. The text is: "Our King will come from Si-on: the Lord, God with-us, is his name." The number (6*) is written below the first staff. The code A096 is in the top right, and PT020 is in the bottom right.

- ² *In your strength, O LÓRD, the kÍng rejóices; *
 how gréatly your salvátion mákes him glád!*
- ³ *You have gránted him his héart's desÍre; *
 you have nót withhÉld the práyer of his líps.*
- ⁴ *You cáme to méet him with bléssings of prospÉrity; *
 you have sÉt on his hÉad a crówn of pure góld. ~*

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):



DECEMBER 17-24:



- 5 He asked you for life and this you have **gíven**: *
 days that will last from age to **áge**.
- 6 By your saving help, great is his **glóry**; *
 you have bestowed upon him majesty and **spléndor**;
- 7 You have granted him blessings forever, *
 made him rejoice with the joy of your **présence**.
- 8 The king has placed his trust in the **LÓRD**. *
 Through the mercy of the Most High, he is **unsháken**.
- 9 Your hand will find out all your **fóes**, *
 your right hand will find out those that **háte** you.
- 10 You will burn them like a blazing **fúrnace** *
 on the day when you **appéar**,
 And the LÓRD will consume them in his **ángr**: *
 fire will swallow them **úp**.
- 11 You will wipe out their descendants from the **éarth**, *
 and their offspring from the human **ráce**.
- 12 Though they planned evil **agáinst** you, *
 though they plotted, they shall not **preváil**.
- 13 For you will force them to **retréat**; *
 at them you will aim with your **bów**.
- 14 O LÓRD, arise in your **stréngth**; *
 we shall sing and praise your **pówer**.

Glory...

ADVENT

V. *Take héart and procláim:*

R. Our Gód will cóme to sáve us.

CHRISTMAS

V. *All the trées of the wóod, shout for jóy, / allelúia.*

R. At the présence of the LÓRD, for he cómes, / allelúia.

CHRISTMAS

The Responsory, Canticle Antiphon, Intercessions and conclusion are to be found in the Proper of Seasons. Refer to the number board to locate the specific page.

READING

RESPONSORY

A080

(4) Come and set___ us___ free, * Lord

God___ of pow - er and might.____

*Let your face shine upon us and we shall be saved, Lord God...
Glory... Come and set...*

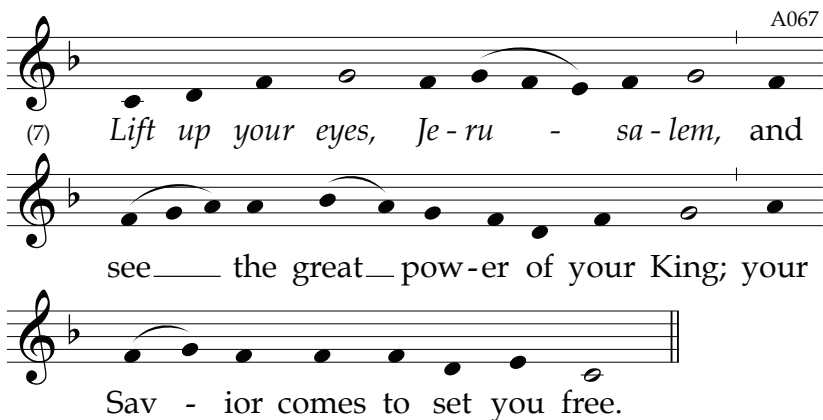
[Beginning on 17 December, refer to the board for the remainder of the Office.]

CANTICLE OF MARY [Luke 1:46-55]

"Blessed are you who trusted that what was spoken to you by the Lord would be fulfilled." (Luke 1:45) And Mary said:

FIRST WEEK OF ADVENT :

A067



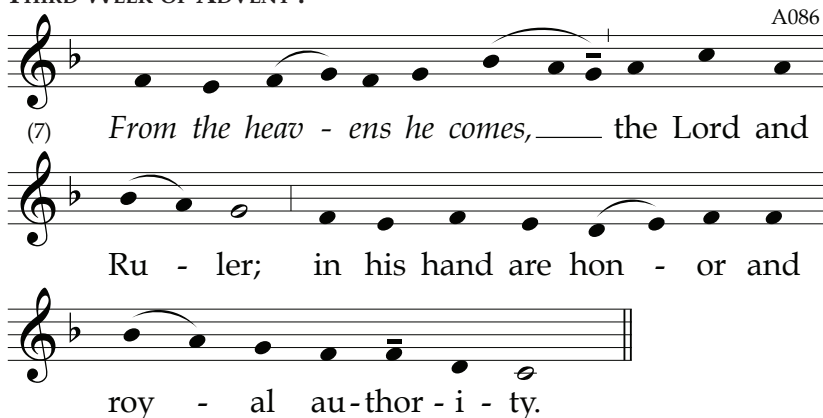
(7) Lift up your eyes, Je - ru - sa - lem, and
see the great power of your King; your
Sav - ior comes to set you free.

PS048



THIRD WEEK OF ADVENT :

A086



(7) From the heav - ens he comes, the Lord and
Ru - ler; in his hand are hon - or and
roy - al au - thor - i - ty.

PS048



- 4 *My soul procláims the gréatness of the **Lórd**,
and my spírit exúlts in God my **Sáviór**,
For he has lóoked upon his hándmaid in her **lówliness**;
henceforth all áges will cáll me **bléssed**.*
- 4 For the Almíghty has done gréat things for **mé**.
And hóly ís his **náme**.
His loving mércy is from áge to **áge**
for thóse who **féar** him.
- 6 He has made knówn the stréngth of his **árm**,
and has scátted the próud of **héart**.
He has put dówn the míghty from their **thrónes**
and has exálted thóse who are **lówly**.
He has fílléd the húngry with **góod** things,
and has sént the rích away **émpty**.
- 4 He has álways helped Ísrael his **sérvant**,
míndful of his lóving **mércy**,
Éven as he prómised our **fáthers**,
to Ábraham and his descéndants foréver.

Glory...

HE SHALL DESCEND
like rain on the meadow,
like showers that water the earth.
In his days shall justice flourish, and great
peace till the moon is no more. Psalm 72:6-7

INTERCESSIONS

We implore our God to accept our evening oblation.

*Hasten, O Lord, the salvation of **all** who seek you:*

Lord, have mercy.

*Bring consolation to the sick **and** the suffering:*

Christ, have mercy.

*Be present to all who approach the **gates** of death:*

Lord, have mercy.

*May the divine assistance remain **always** with us:*

And with our absent brethren.

OUR FATHER

ORATION

Let us bless the Lord.

Thanks be to God.

BLESSING



Tuesday I at Lauds

HYMN

Advent Lauds, before December 17 page 14

Advent Lauds, after December 17 page 18

Christmas Lauds. page 21

PSALM 42 (41)

Thirsting for God

Let all who thirst come; let all who desire it drink from the life-giving water. Rv 22:17

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):

OT047

(4) *Hope in God; I will always*
praise him, my savior and my God.

DECEMBER 17-24:

A093

(8) *Make known your will, O Lord, throughout*
the earth: proclaim your salvation to
ev' - ry na - tion.

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):



DECEMBER 17-24:



- 2 *Líke the déer that **yéarns** **
 for rúnning **stréams**,
 Só my sóul is **yéarning** *
 for yóu, my **Gód**.
- 3 My sóul is thírsting for **Gód**, *
 the líving **Gód**;
 Whén can I énter and appéar *
 before the fáce of **Gód**?
- 4 My téars have becóme my **bréad**, *
 by dáy, by **níght**,
 As they sáy to me áll the day **lóng**, *
 “Whére is your **Gód**?”
- 5 These thínings will Í **remémber** *
 as I póur out my **sóul**:
 For Í would gó to the pláce +
 of your wóndrous **tént**, *
 all the wáy to the hóuse of **Gód**,
 Amid cries of gládness and thanksgíving, *
 the thróng keeping jóyful **féstival**.
- 6 Whý are you cast dówn, my **sóul**; *
 why gróan withín me?
 Hope in Gód; I will práise him yet **agáin**, *
 my saving présence and my **Gód**.
- 7 My sóul is cast dówn withín me, *
 thérefore I **remémber** you

From the lánd of Jórdan and Mount **Hérmon**, *
 from the Híll of **Mízar**.

- 8 Déep is cálling on **déep**, *
 in the róar of your **tórrents**;
 Your bíllows and áll your **wáves** *
 swépt over **mé**.
- 9 By dáy the LÓRD **decréés** *
 his mérciful **lóve**;
 By níght his sóng is with **mé**, *
 prayer to the Gód of my **lífe**.
- 10 I will sáy to Gód, my **róck**, *
 “Whý have you **forgóttén** me?
 Whý do Í go **móurning** *
 opprésed by the **fóe**?”
- 11 With a déadly wóund in my **bónes**, *
 my énemies **revíle** me,
 Sáying to me áll the day **lóng**, *
 “Whére is your **Gód**?”
- 12 Whý are you cast dówn, my **sóul**; *
 why gróan **withín** me?
 Hope in Gód; I will práise him yet **agáin**, *
 my saving présence and my **Gód**.

Glory...



PSALM 43 (42)
Send Forth Your Light

I have come into the world to be its light. Jn 12:46

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):

OT048A

(8) I will come to the al-tar of God, to
God, my joy and glad-ness.

PT032

DECEMBER 17-24:

A082

(6*) Bless those, O Lord, who have wait-ed for your
com-ing; let your proph-ets be proved true.

PT056

- 1 Give me *jústice*, O Gód, and plead my *cáuse* *
against a nátion that is **fáithless**.
From the decéitful ánd the **cúnning** *
réscue me, O Gód.
- 2 Yóu, O Gód, are my **stréngth**; *
whý have you **rejécted** me?
Whý do Í go **móurning**, *
oppressed by the **fóe**?

- 3 O s^end forth your líght and your **trúth**; *
 they will guíde me **ón**.
 They will bring me to your hóly **móuntain**, *
 to the pláce where you **dwéll**.
- 4 And I will cóme to the áltar of **Gód**, *
 to God, my j^óy and **gládn**ess.
 To y^óu will I give thánks on the **hárp**, *
 O Gód, my **Gód**.
- 5 Wh^y are you cast d^ówn, my **sóul**; *
 why gróan with^{ín} me?
 Hope in Gód; I will práise him yet **agáin**, *
 my saving pr^es^ence and my **Gód**.

Glory...



PSALM 30 (29)

Dirge into Dance

*If we have died with Christ, we shall also live with him.
 If we persevere, we shall also reign with him. 2 Tm 2:11-12*

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):

OT049

(2*) I cried to you, Lord, and you healed me.

I will praise you for ev - er.

DECEMBER 17-24:

A181

(2*) My soul _____ has yearned _____ for you in the

night, and as the morn - ing breaks I

watch for your com-ing.

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE) AND 17-24:

PT007

- ² I will extól you, LÓRD, for you have ráised me **úp**, *
and have nó't let my énemies rejóice over **mé**.
- ³ O LORD my Gód, I críed to you for **hélp**, *
and yóu have **héaled** me.
- ⁴ O LÓRD, you have lífted up my sóul from the **gráve**, *
restóred me to lífe from those who sínk into the **pít**.
- ⁵ Sing psálms to the LÓRD, you **fáithful** ones; *
give thánks to his hóly **náme**.
- ⁶ His ánger lasts a móment; his fávor all through **lífe**. *
At níght come téars, but dáwn brings **jóy**.
- ⁷ I sáid to mysélf in my good **fórtune**: *
"Í shall néver be **sháken**."
- ⁸ O LORD, your fávor had sét me like a móuntain **stróngthold**. *
Then you híd your fáce, and I was pút to **confúsi**on.

- ⁹ To yóu, O LÓRD, I **cried**, *
to my Gód I appealed for **mércy**:
- ¹⁰ “What prófit is my lífeblood, my góing to the **gráve**? *
Can dúst give you thánks,
or procláim your **fáithfulness**?”
- ¹¹ Hear, O LÓRD, and have mércy on **mé**; *
bé my hélper, O LÓRD.
- ¹² You have chánged my móurning into **dáncing**, *
removed my sáckcloth and gírded me with **jóy**.
- ¹³ So my sóul sings psálms to you, and wíll not be **sílent**. *
O LÓRD my Gód, I wíll thánk you foréver.

Glory...

ADVENT

V. *Fáithfulness shall spríng from the éarth,*
R. And jústice look dówn from héaven.

CHRISTMAS

V. *Let the hílls ring out their jóy, / allelúia.*
R. The LORD cómes to rúle the éarth, / allelúia.

CHRISTMAS

The Responsory, Cantic Antiphon, Intercessions and conclusion are to be found in the Proper of Seasons. Refer to the number board to locate the specific page.

READING

RESPONSORY

A066

(4) Your light will come, _____ Je - ru - sa - lem; * the
LORD _____ will dawn _____ up - on you.

*And you will see his glory within you. The Lord...
Glory... Your light...*

[Beginning on 17 December, refer to the board for the remainder of the Office.]

CANTICLE OF ZACHARY [Luke 1: 68-79]

*Then John's father Zechariah was filled with the Holy Spirit and prophesied.
(Luke 1:67)*

FIRST WEEK OF ADVENT :

A070

(4) Seek _____ the Lord _____ while he may be found;
call on him while he is _____ near, al - le - lu - ia.

PS045

THIRD WEEK OF ADVENT :

A095

(7) A - rise, _____ a - rise! Wake _____ from your.

slum-ber, Je-ru-sa-lem; shake the chain
 from your neck, cap-tive daugh - ter Si-on.

PS048

- 6 *Blést be the Lórd God of Ísrael:*
for he has vísited his péople and redéemed them.
 He has raised úp for us a hórñ of salvátion
 in the Hóuse of Dávid his sérvant,
 As he spóke through the móuth of his hólý ones,
 his próphets from áges **pást:**
- 4 A sávior who would fréed us from our **fóes**,
 and from the hánds of áll who **háte** us,
 To shów loving mércy to our **fáthers**
 míndful of his hólý **cóvenant.**
- 4 This was the óath he swore to Ábraham our **fáther**,
 to grant that fréed from the hánds of our **fóes**,
 We might sérve him in hóliness and **ríghteousness**,
 all the dáys of our life without **féar.**
- 6 And yóu, little chíld, will be **cáled**
 próphet of Gód Most **Hígh**,
 For yóu will gó before the **Lórd**
 to make réady his wáys befóre him,
 To grant a knówledge of salvátion to his **péople**
 through the forgíveness of áll their **síns.** ~

FIRST WEEK OF ADVENT :

PS045



THIRD WEEK OF ADVENT :

PS048



- 5 By the *lóving mércy* of our **Gód**,
the *Dáwn* from on *hích* will *vísit* us,
To *shíne* on those who *sít* in *dárkness*,
and *thóse* in the *shádw* of *déath*,
to guide our *féet* into the *wáy* of **péace**.

Glory...

INTERCESSIONS

*As day arises we invoke the Sun of **Justice**.*

Illumine our works with your heavenly wisdom:

Lord, have mercy.

Uphold our leaders in the integrity of your truth:

Christ, have mercy.

*Light the way of those who would seek you among **us** as monks:*

Lord, have mercy.

*May the divine assistance remain **always** with us:*

And with our absent brethren.

OUR FATHER

ORATION

Let us bless the Lord.

Thanks be to God.

BLESSING

Tuesday I at Daytime Prayer

HYMN

Advent Daytime Prayer, before December 17 . . . page 15

Advent Daytime Prayer, after December 17 . . . page 19

Christmas Daytime Prayer page 22

ANT: (ADVENT): *The angel Gábríel gréeted Máry: / Háil, full of gráce, the Lórd is with yóu; / blest are yóu among wómen.*

(CHRISTMAS): *Máry treasured áll these wórd's / and pón-dered them in her héart.*

PSALM 38 (37)

No Health in My Limbs

May we be delivered from perverse and wicked people, for not all have faith. 2 Thes 3:2

I

- ² O LÓRD, do not rebúke me in your ánger; *
reprove me nót in your ráge.
- ³ For your árrows have sunk déep in mé; *
your hánd has come dówn upón me.
- ⁴ Thére is no sóundness in my flésh *
becáuse of your ánger:
Thére is no héalth in my límbs *
becáuse of my sín.
- ⁵ My guílt towers hígher than my héad; *
it is a wéight too héavy to béar.
- ⁶ My wóunds are fóul and féstering, *
the resúlt of mý own fólly.
- ⁷ I am bówed and bróught to my knées. *
I go móurning áll the day lóng. ~

- ⁸ All my fráme is búrning with féver; *
thére is no sóundness in my flésh.
- ⁹ I am spént and útterly crúshed, *
I cry alóud in ánguish of héart.
- ¹⁰ O Lórd, all my lónging lies befóre you; *
my gróans are not hídden from yóu.
- ¹¹ My heart thróbs, my stréngth is spént; *
the very líght has góne from my éyes.

II

- ¹² *Friends and compánions stand alóof from my páin; **
those clósest to me stánd afar óff.
- ¹³ Those who plót against my lífe lay snáres; +
those who séek my rúin speak of hárm, *
planning tréachery áll the day lóng.
- ¹⁴ But Í, like someone déaf, do not héar; *
like someone múte, I do not ópen my móuth.
- ¹⁵ Í am like óne who hears nóthing, *
in whose móuth is nó deféense.
- ¹⁶ But in yóu, O LÓRD, I hópe; *
it is yóu, LORD my Gód, who will ánswer.
- ¹⁷ I pray, "Lét them not glóat over mé, *
exúlt if my fóot should slíp."
- ¹⁸ For Í am on the póint of fálling, *
and my páin is álways with me.
- ¹⁹ I conféss that Í am guílty, *
and I am gríeved becáuse of my sín.
- ²⁰ My wanton énemies live ón and grow stróng, *
and mány are my líying fóes.
- ²¹ They repáy me évil for góod, *
and attáck me for séeking what is góod.
-

- 22 Forsáke me nó, O LÓRD! *
My Gód, be not fár from mé!
23 Make háste and cóme to my hélp, *
My Lórd and mý salvátion!



PSALM 53 (52)
God Rejects the Fool

When the Son of Man comes, will he find faith on earth? Lk 18:8

- 2 *The fól has sáid in his héart, **
“There ís no Gód.”
Their déeds are corrúpt, depráved; *
no one dóes any góod.
- 3 Gód looks dówN from héaven *
on the húman ráce,
To sée if ány are wíse, *
if ány seek Gód.
- 4 Áll have léft the right páth, *
depráved, every óne;
There is nó one who dóes any góod, *
nó, not even óne.
- 5 Do nóne who do évil únderstánd? +
They éat up my péople as if éating bréad; *
they néver call óut to Gód.
- 6 Thére they shall trémbles with féar – *
without cáuse for féar –
For God scátters the bónes of your besíegers. *
They are shámed; God rejécts them. ~

- ⁷ Whó will bring Ísrael salvátion from Síon? +
When God brings abóut the retúrn of his péople, *
then Jácob will be glád and Ísrael rejóice.

Glory...

ANT: (ADVENT): The angel Gábriel gréeted Máry: / Háil,
full of gráce, the Lórd is with yóu; / blest are yóu among
wómen.

(CHRISTMAS): Máry treasured áll these wórdz / and pón-
dered them in her héart.

BRIEF READING

ADVENT

- V. *Let the nátions be glád and shóut for jóy.*
R. With úprightness you rúle the péoples.

CHRISTMAS

- V. *All the énds of the éarth have séen, / allelúia.*
R. The salvátion of our Gód, / allelúia.

Let us pray.

ORATION

Let us bless the Lord.
Thanks be to God.

*May the souls of the faithful departed,
through the mercy of God, rest in peace.*
Amen.

May the divine assistance remain always with us.
And with our absent brethren. Amen.

Tuesday I at Vespers

HYMN

Advent Vespers, before December 17 page 17
Advent Vespers, after December 17 page 20
Christmas Vespers page 23

PSALM 27 (26)

One Thing I Ask of the Lord

*Behold, God's dwelling is with the human race.
He will dwell with them and they will be his people. Rv 21:3*

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):

OT053

(8) The Lord is my light and my sal-va - tion;
whom shall I fear?

DECEMBER 17-24:

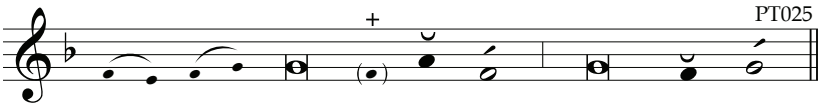
A146

(7) I will not cease to plead for Si - on, un - til
God sends his Ho-ly One in ra-diant beau-ty.

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):



DECEMBER 17-24:



I

Verse 1a is sung only when using the antiphon for December 17-24.

- 1 [The LÓRD is my líght and my salvátion; *
whóm shall I féar?]
*The LÓRD is the stróngthold of my lífe; *
whóm should I dréad?*
- 2 When thóse who do évil draw néar *
to devóur my flésh,
It is théy, my énies and fóes, *
who stúmbles and fáll.
- 3 Though an ármý encámp agáinst me, *
my héart would not féar.
Though wár break óut agáinst me, *
even thén would I trúst.
- 4 There is óne thing I ásk of the LÓRD, *
only thís do I séek:
To líve in the hóuse of the LÓRD *
all the dáys of my lífe,
To gáze on the béauty of the LÓRD, *
to inquíre at his témples.
- 5 For thére he keeps me sáfe in his shéltér *
in the dáy of évil.
He hídes me under cóver of his tént; *
he sets me hígh upon a róck.

- 6 And nów my héad shall be **ráised** *
 above my fóes who **surróund** me,
 And I shall óffer withín his tént +
 a **sácrifice** of **jóy**. *
 I will síng and make músic for the LÓRD.

Glory...



II

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):

OT054

(8) *I am sure__ I shall see the Lord's__ good -*
ness in the land_____ of the liv - ing.

DECEMBER 17-24:

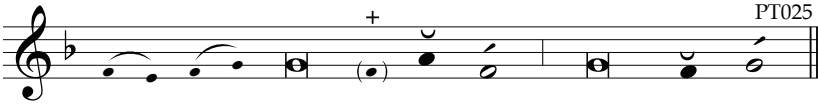
A198

(7) *To you, O LORD, I lift up my soul; come*
quick - ly, for you are my strength.

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):



DECEMBER 17-24:



- 7 O LÓRD, *hear my vóice when I cáll*; *
 have mércy and **á**nswer me.
- 8 Of yóu my héart has **spó**ken, *
 “Séek his **fá**ce.”
 It is your fáce, O LÓRD, that I **sé**ek; *
 9 hide not your fáce from **mé**.
 Dismíss not your sérvant in **á**nger; *
 yóu have been my **hél**p.
 Dó not abándon or forsáke me, *
 O Gód, my **Sá**vior!
- 10 Though fáther and móther forsáke me, *
 the LÓRD will **recé**ive me.
- 11 Instrúct me, LÓRD, in your wáy; +
 on an éven path **lé**ad me *
 becáuse of my **én**emies.
- 12 Do not léave me to the wíll of my fóes, +
 for false wítnesses rise úp **agá**inst me, *
 and they bréathe out **ví**olence.
- 13 I believe I shall sée the góodness of the LÓRD *
 in the lánd of the **lí**ving.
- 14 Wáit for the LÓRD; be **stró**ng; *
 be stouthéarted, and wáit for the LÓRD!

Glory...

PSALM 33 (32)
The Plans of God's Heart

Through the Word all things were made. Jn 1:3

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):

OT055

(13/5) Give thanks to the Lord up - on the harp;
 with a ten-stringed lute sing him songs.

DECEMBER 17-24:

A196

(13/5) Eag - er - ly I watch for the Lord; I wait in
 joy - ful hope for the com - ing of my Sav - ior.

I

- 1 Ring out your j^óy to the LÓRD, O you j^úst; *
 for práise is fíting for the úpright.
- 2 Give thánks to the LÓRD upon the hárp; *
 with a tén-stringed lúte sing him s^óngs.
- 3 O s^íng him a s^óng that is n^éw; *
 play skíllfully, with sh^óuts of j^óy. ~

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE) AND DECEMBER 17-24:

PT018



- 4 For the wórd of the LÓRD is fáithful, *
and áll his wórks to be trústed.
- 5 The LÓRD loves jústice and ríght, *
and his mérciful lóve fills the éarth.
- 6 By the wórd of the LÓRD the héavens were máde, *
by the bréath of his móuth all their hóst.
- 7 As in a flásk, he collécts the wáves of the ócean; *
he stóres up the dépths of the séa.
- 8 Let áll the earth féar the LÓRD, *
all who líve in the wórld révère him.
- 9 He spóke, and it cáme to bé. *
He commáded; it stóod in pláce.
- 10 The LORD frústrates the desígns of the nátions; *
he deféats the pláns of the péoples.
- 11 The desígns of the LÓRD stand foréver, *
the pláns of his héart from age to áge.

Glory...

II

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):

OT056

(13/5) *In the Lord do our hearts find joy. We*
trust in his ho - ly name.



DECEMBER 17-24:

(13/5) *Wait for the Lord, and he will come to*
you with his sav - ing pow - er.

- 12 *Blessèd the nàtion whose Gód is the LÓRD, **
 the péople he has chósén as his **héritage**.
- 13 *From the héavens the LÓRD looks fórth; **
 he sées all the chíldren of **mén**.
- 14 *From the pláce where he dwélls he gázes **
 on áll the dwéllers on the **éarth**,
- 15 *He who shápes the héarts of them áll, **
 and considérs áll their **déeds**.
- 16 *A kíng is not sáved by his great ármy, **
 nor a wárríor préserved by his great **stréngth**.
- 17 *A vain hópe for sáfety is the hórsé; **
 despite its pówer it cánot **sáve**.
- 18 *Yes, the éyes of the LÓRD are on thóse who féar him, **
 who hópe in his mérciful **lóve**,
- 19 *To réscue their sóuls from déath, **
 to kéeep them álíve in **fámine**. ~

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE) AND DECEMBER 17-24:



- 20 Our sóul is wáiting for the LÓRD. *
Hé is our hélp and our shíeld.
- 21 In hím do our héarts find jóy. *
We trúst in his hóly náme.
- 22 May your mérciful lóve be upón us, *
as we hópe in yóu, O LÓRD.

Glory...

ADVENT

V. *Take héart and procláim:*
R. Our Gód will cóme to sáve us.

CHRISTMAS

V. *All the trées of the wóod shout for jóy, / allelúia.*
R. At the présence of the LÓRD, for he cómes, / allelúia.

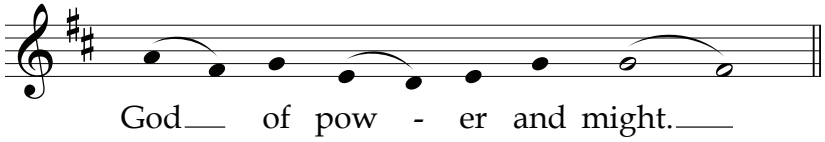
CHRISTMAS

The Responsory, Canticle Antiphon, Intercessions and conclusion are to be found in the Proper of Seasons. Refer to the number board to locate the specific page.

READING

RESPONSORY

(4) Come and set___ us___ free, * Lord



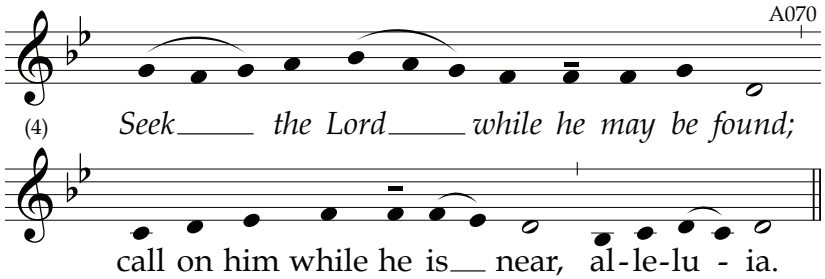
*Let your face shine upon us and we shall be saved. Lord God...
Glory... Come and set...*

[Beginning on 17 December, refer to the board for the remainder of the Office.]

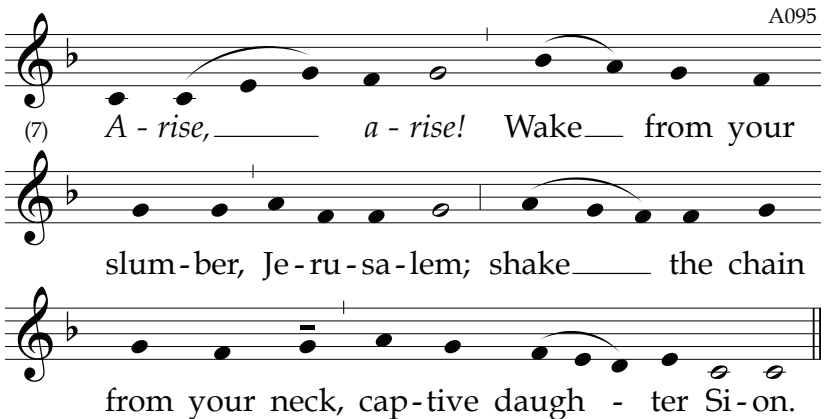
CANTICLE OF MARY [Luke 1:46-55]

*"Blessed are you who trusted that what was spoken to you by the Lord
would be fulfilled." (Luke 1:45) And Mary said:*

FIRST WEEK OF ADVENT :



THIRD WEEK OF ADVENT :



INTERCESSIONS

*Let us turn to Christ who has sustained us through this **day**.*

Grant us true repentance and forgiveness of sin:

Lord, have mercy.

Bestow on our benefactors the gifts of your mercy:

Christ, have mercy.

*We entrust to your care all who have passed **from** this world :*

Lord, have mercy.

*May the divine assistance remain **always** with us:*

And with our absent brethren.

OUR FATHER

ORATION

Let us bless the Lord.

Thanks be to God.

BLESSING



SHOOT SHALL SPROUT

from the stump of Jesse,

and from his roots

a bud shall blossom. Isaiah 11:1

Wednesday I at Lauds

HYMN

Advent Lauds, before December 17 page 14

Advent Lauds, after December 17 page 18

Christmas Lauds. page 21

PSALM 36 (35)

The Banquet in God's House

No followers of mine shall ever walk in darkness.

They shall possess the light of life. Jn 8:12b

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):

OT062

(14/6) In you is the source of life, O

Lord, and in your light we see light.

PT034

DECEMBER 17-24:

A188

(8) The up - right shall dwell on God's

ho - ly moun-tain.

PT032

- ² *Transgression speaks to the sinner* *
in the depths of his **heart**.
There is no fear of **God** *
before his **eyes**.
- ³ In his own eyes, he flatters himself, *
not to see and detest his own **guilt**.
- ⁴ The words of his mouth are mischief and deceit. *
He has ceased to be prudent and do **good**.
- ⁵ In bed he plots iniquity. +
He sets his foot on every wicked **way**; *
no evil does he **reject**.
- ⁶ Your mercy, LORD, reaches to **heaven**, *
your truth to the **clouds**.
- ⁷ Your justice is like God's **mountains**; *
like the great deep, your **justice**.
Both man and beast you save, O **LORD**. *
- ⁸ How precious is your mercy, O **God**!
The children of men seek **shelter** *
in the shadow of your **wings**.
- ⁹ They feast on the riches of your **house**; *
you give them drink from the stream of your **delight**.
- ¹⁰ For with you is the fountain of **life**, *
and in your light we see **light**.
- ¹¹ Maintain your mercy for those who **know** you, *
your saving justice to upright **hearts**.
- ¹² Let the foot of the proud not **crush** me *
nor the hand of the wicked drive me **out**.
- ¹³ There have the evildoers **fallen**; *
flung down, unable to **rise**!

Glory...

PSALM 47 (46)

Ascension of the Great King

*He is seated at the right hand of the Father,
and his kingdom will have no end. Nicene Creed*

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):

OT063

(4 tr) Cry to God with shouts of joy, for the LORD—
is the Most High o - ver all the earth.

PT013

DECEMBER 17-24:

A101

(6*) The Spir-it of the Lord rests up-on me;
he has sent me to preach his joy-ful
mes-sage to the poor.

PT056

² *All péoples, cláp your hánds.**
Cry to Gód with shóuts of jóy!

- 3 For the LÓRD, the Most HÍgh, is áwesome, *
the great kÍng over áll the éarth.
- 4 He húbles péoples únder us *
and nátions únder our féet.
- 5 Our héritage he chóse for ús, *
the príde of Jácob whom he lÓves.
- 6 God goes úp with shóuts of jÓy. *
The LORD goes úp with trúmpet blást.
- 7 Sing práise for Gód; sing práise! *
Sing práise to our kÍng; sing práise!
- 8 For God is kÍng of áll the éarth. *
Sing práise with áll your skÍll.
- 9 Gód reigns óver the nátions. *
God síts upon his hÓly thrÓne.
- 10 The prínces of the péoples are assémbled *
with the péople of the Gód of Ábraham.
For the rúlers of the éarth belong to Gód, *
whó is gréatly exálted.

Glory...

PSALM 48 (47)

The Great King's City

*He carried me away in spirit to a great high mountain,
and showed me the holy city Jerusalem. Rv 21:10*

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):

OT064

(14/6) O God, we pon - der your love with -
in your tem - ple.

- 8 As when the éast wind **shátters** *
the shíps of **Társhish**.
- 9 As we héard, só we have **seen** *
in the cíty of our **Gód**,
In the cíty of the LÓRD of **hósts**, *
which God estáblishes foréver.
- 10 Your mérciful lóve, O **Gód**, *
we pónder in your **témp**le.
- 11 Your práise, O Gód, like your **náme**, *
reaches the énds of the **éarth**.
Your right hánd is filled with saving **jústice**. *
- 12 Mount Sión **rejóices**.
The dáughters of Júdah **rejóice** *
at the síght of your **júdg**ments.
- 13 Walk through Sión, wálk all **aróund** her; *
count the númer of her **tówers**.
- 14 Consíder áll her **rám**parts; *
exámine her **cástles**,
That you may téll the néxt generátion *
that súdeh is our **Gód**,
- 15 Our Gód foréver and **álways**. *
He will guíde us foréver.

Glory...

ADVENT

V. *Fáithfulness shall spríng from the éarth,*

R. And jústice look dówn from héaven.

CHRISTMAS

V. *Let the hills ring out their jóy, / allelúia.*

R. The LORD cómes to rúle the éarth, / allelúia.

CHRISTMAS

The Responsory, Canticle Antiphon, Intercessions and conclusion are to be found in the Proper of Seasons. Refer to the number board to locate the specific page.

READING

RESPONSORY

A066

(4) Your light will come, _____ Je - ru - sa - lem; * the
LORD _____ will dawn _____ up - on you.

*And you will see his glory within you. The LORD...
Glory... Your light...*

[Beginning on 17 December, refer to the board for the remainder of the Office.]

CANTICLE OF ZACHARY [Luke 1: 68-79]

*Then John's father Zechariah was filled with the Holy Spirit and prophesied.
(Luke 1:67)*

FIRST WEEK OF ADVENT :

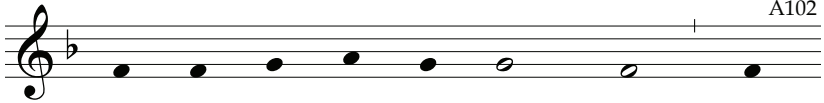
A071

(7) The_ law_ will go forth_ from Si - on; the
word_ of the Lord from Je - ru - sa - lem.

PS048

THIRD WEEK OF ADVENT :

A102



(14/6) *Be com - fort - ed, my peo - ple; be*



com - fort - ed, says the Lord your God.



PS047

- 6 *Blést be the Lórd God of Ísrael:*
for he has vísited his péople and redéemed them.
 He has raised úp for us a hórned of salvátion
 in the Hóuse of Dávid his sérvant,
 As he spóke through the móuth of his hólý ones,
 his próphets from áges pást:
- 4 A sáviór who would frée us from our **fóes**,
 and from the hánds of áll who **háte** us,
 To shów loving mércy to our **fáthers**
 míndful of his hólý **cóvenant**.
- 4 This was the óath he swore to Ábraham our **fáther**,
 to grant that fréed from the hánds of our **fóes**,
 We might sérve him in hóliness and **righteousness**,
 all the dáys of our life without **féar**.
- 6 And yóu, little chíld, will be **cáled**
 próphet of Gód Most **Hígh**,
 For yóu will gó before the **Lórd**
 to make réady his wáys befóre him,
 To grant a knówledge of salvátion to his **péople**
 through the forgíveness of áll their **síns**. ~

Wednesday I at Daytime Prayer

HYMN

Advent Daytime Prayer, before December 17 . . . page 15
Advent Daytime Prayer, after December 17 . . . page 19
Christmas Daytime Prayer page 22

ANT: (ADVENT): *The ángel said to Máry: / Dó not be afraid / for yóu have found fávor with Gód.*

(CHRISTMAS): *My own éyes have séen the salvátion / that yóu have prépared / in the síght of áll the péople.*

PSALM 54 (53)

Save Me by Your Name

*Now, however, their sin cannot be excused.
To hate me is to hate my Father. Jn 15:22-23*

- 3 O Gód, *sáve me by your náme; **
by your pówér, defénd my cáuse.
- 4 O Gód, *héar my práyer; **
give éar to the wórds of my móuth.
- 5 For the *próud* have rísen agáinst me, +
and the *rúthless* séek my lífe. *
They have nó *regárd* for Gód.
- 6 *Sée*, I have Gód for my *hélp.* *
The *Lórd* sustáins my *sóul.*
- 7 Let *évil* *recóil* on my *fóes.* *
In your *fáithfulness*, bríng them to an *énd.*
- 8 I will *sácrífice* to yóu with *willing héart,* *
and *práise* your *náme,* O *LÓRD,* for it is *góod:*
- 9 For it has *réscued* me from *áll distréss,* *
and my *éyes* have *gázed* upon my *fóes.* ✚

PSALM 55 (54)

Betrayed by Intimate Friend

Woe to that man by whom the Son of Man is betrayed. Mk 14:21

I

- ² Give éar, O Gód, to my práyer; *
do not híde from my pléading.
- ³ Atténd to mé and replý; *
with my cáres, I cannot rést.
- ⁴ I trémble at the shóuts of the fóe, *
at the críes of the wícked,
For they píle up évil upón me; *
in ánger they malígn me.
- ⁵ My héart is strícken withín me; *
death's térror falls upón me.
- ⁶ Trémbling and féar come óver me, *
and hórror overwhélms me.
- ⁷ I say, "Ó that I had wíngs like a dóve, *
to fly awáy and be at rést!
- ⁸ I would indéed escápe far awáy, *
and take réfuge in the désert.
- ⁹ Í shall awáit him who sáves me *
from the ráging wind and témpest."
- ¹⁰ Engúlf and confúse their speech, O Lórd, *
for I see víolence and strífe in the cíty!
- ¹¹ Night and dáy they patról its wálls. *
In its mídst are wíckedness and évil.
- ¹² Destrúctíon lís withín it. +
Its stréets are néver frée *
from týranny and decéit.

II

- 13 *If an éenemy made táunts agáinst me, **
 Í could béar it.
 If my ríval had rísen agáinst me, *
 I could híde from hím.
- 14 But it is yóu, as my équal, my fríend, +
 whom I knéw so wéll, *
15 with whóm I enjýed fríendly cóunsel!
 We wáلكed togéther in hármoney *
 in the hóuse of Gód.
- 16 May déath fall súddenly upón them! *
 Let them go dówn alíve to the gráve,
 For wíckedness dwélls in their hómes, *
 and déep in their héarts.
- 17 As for mé, I will crý to Gód, *
 and the LÓRD will sáve me.
- 18 Évening, mórning, and at nóon, +
 I will crý and lamént, *
 and he will héar my vóice.
- 19 He will redéem my sóul in péace +
 in the attáck agáinst me, *
 for thóse who fíght me are mány.
- 20 Gód, who is enthronéd foréver, *
 will héar them and húmble them.
 For théy will not aménd their wáys; *
 they have no féar of Gód.
- 21 The tráitor has túrned agáinst his fríends; *
 he has bróken his páct.
- 22 His spéech is sófter than bútter, *
 but wár is in his héart.
 His wórds are smóother than óil, *
 but they are swórdshéathed. ~
-

- 23 Entrúst your cáres to the LÓRD, *
and hé will suppórt you.
Hé will néver allów *
the júst man to stúmble.
- 24 But you will bríng them dówn, O Gód, *
to the pí of déath:
The blóodthirsty ánd the líars +
shall not líve even hálf their dáy. *
But Í, I will trúst in you, O Lórd.

Glory...

ANT: (ADVENT): The ángel said to Máry: / Dó not be afráid /
for yóu have found fávor with Gód.

(CHRISTMAS): My own éyes have séen the salvátion /
that yóu have preparéd / in the síght of áll the peóple.

BRIEF READING

ADVENT

- V. *Let the nátions be glád and shout for jóy.*
R. With úpríghtness you rúle the peóples.

CHRISTMAS

- V. *All the énds of the éarth have séen, / allelúia.*
R. The salvátion of our Gód, / allelúia.

Let us pray.

ORATION

Let us bless the Lord.
Thanks be to God.

*May the souls of the faithful departed,
through the mercy of God, rest in peace.*
Amen.

May the divine assistance remain always with us.
And with our absent brethren. Amen.



Wednesday I at Vespers

HYMN

Advent Vespers, before December 17 page 17

Advent Vespers, after December 17 page 20

Christmas Vespers page 23

PSALM 32 (31)

Joy of Repentance and Forgiveness

*If anyone sins, we have an advocate with the Father, Jesus Christ the righteous one.
He is the expiation for our sins. 1 Jn 2:1-2*

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):

OT068

(8) You are my hid - ing place, O Lord; you
save me from dis-tress.
read - y to go and wel-come him.

DECEMBER 17-24:

A087

(6*/8) The Lord, the rul-er o-ver the kings of the
earth, will come; bless-ed are they who are
read - y to go and wel-come him.



- 1 Blessed is hé whose transgréssion is forgíven, *
whose sín is remítted.
- 2 Blessed the mán to whom the LÓRD imputes no **guílt**, *
in whose spírit is no **guíle**.
- 3 I kept it sécret and my fráme was **wásted**. *
I gróaned all day **lóng**,
- 4 For your hánd, by dáy and by **níght**, *
lay héavy up**ón** me.
Indéed, my stréngth was dried **úp** *
as by the súmmer's **héat**.
- 5 To yóu I have acknówledged my **sín**; *
my guílt I did not **híde**.
I sáid, "I will conféss my transgréssion to the LÓRD." *
And yóu have forgíven the guílt of my **sín**.
- 6 So let each fáithful one práy to **yóu** *
in the tíme of **néed**.
The flóods of wáter may reach **hígh**, *
but such a óne they shall not **réach**.
- 7 Yóu are a híding place for mé; +
you kéepe me sáfe from **distréss**; *
you surróund me with críes of delíverance.
- 8 Í will instrúct you and téach you +
the wáy you should **gó**; *
I will fíx my éyes up**ón** you.
- 9 Be not like hórse and múle, unintél(ligent), +
needing brídle and **bít**, *
or élse they will nót **appróach** you.
- 10 Mány sórrows has the wícked, +
but lóving mércy surróunds *
óne who trústs in the LÓRD. ~

¹¹ Rejóice in the LÓRD, exult, you **júst!** *
Ring out your jóy, all you úpright of **héart!**

Glory...



PSALM 45 (44)
Royal Wedding

Behold, the Bridegroom is here! Come out to meet him! Mt 25:6

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):

OT069

(8) *Yours is more than mor-tal beau-ty; ev-ery*

word you speak_____ is full_____ of grace.

PT029

Detailed description: This block contains musical notation for the first part of Psalm 45. It features three staves of music in a key with two flats (B-flat and E-flat) and a common time signature. The first staff has a treble clef and contains a series of eighth notes. The second staff continues the melody with some notes beamed together. The third staff shows a different rhythmic pattern with some notes marked with a plus sign (+) above them. The text is written in an italicized, historical-style font.

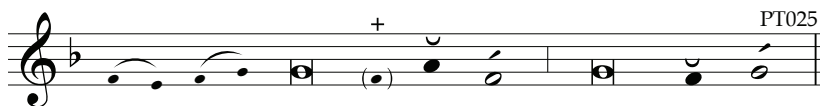
DECEMBER 17-24:

A146

(7) *I will not cease to plead for Si-on, un-til*

God sends his Ho-ly One in ra-diant beau-ty.

Detailed description: This block contains musical notation for the second part of Psalm 45. It features two staves of music in the same key and time signature as the first part. The first staff has a treble clef and contains a series of eighth notes. The second staff continues the melody. The text is written in an italicized, historical-style font.



I

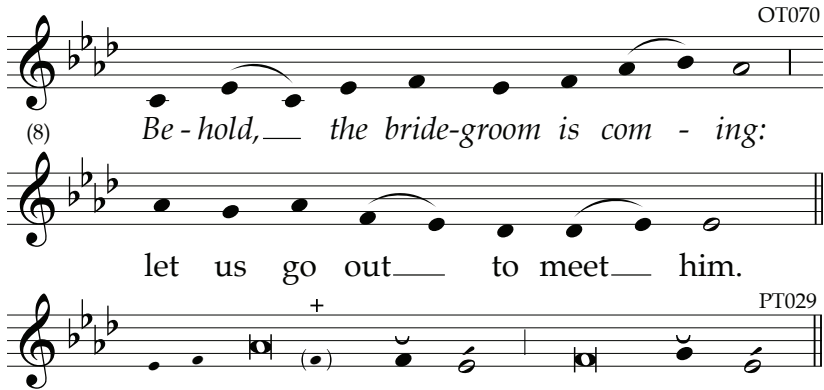
- 2 *My héart overflóws with nóble wórds.* +
*To the kíng I addréss the sóng I have **máde**,* *
*my tóngue as nímble as the pén of a **scribe**.*
- 3 Yóu are the most hándsóme of the sóns of mén, +
 and grácíousness is póured out upón your **líps**, *
 for Gód has bléssed you foréver**móre**.
- 4 Gírd your swórd upon your thíg, O **míghty** one, *
 with your spléndor and your **májesty**.
- 5 In your **májesty** ríde on triúmphant +
 in the cáuse of trúth, méekness and **jústice**. *
 May your ríght hand shów your wóndrous **déeds**.
- 6 Your árróws are sharp – péoples fall **benéath** you – *
 in the héart of the fóes of the **kíng**.
- 7 Your thróne, O Gód, shall endúre foréver. +
 A scépter of jústice is the scépter of your **kíngdom**. *
- 8 Your lóve is for jústice; your hátréd for évil.
 Thérefore Gód, your Gód, has anóinted you +
 with the óil of gládnness abóve your **compánions**: *
- 9 your róbes are all frágrant with áloes,
 myrrh, and **cássia**.
- From the ívory pálace you are gláddened with músic. +
 10 The dáughters of kíngs are thóse whom you **fávor**. *
 At your ríght stands the quéen in góld of **Óphir**.

Glory...

II

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):

OT070



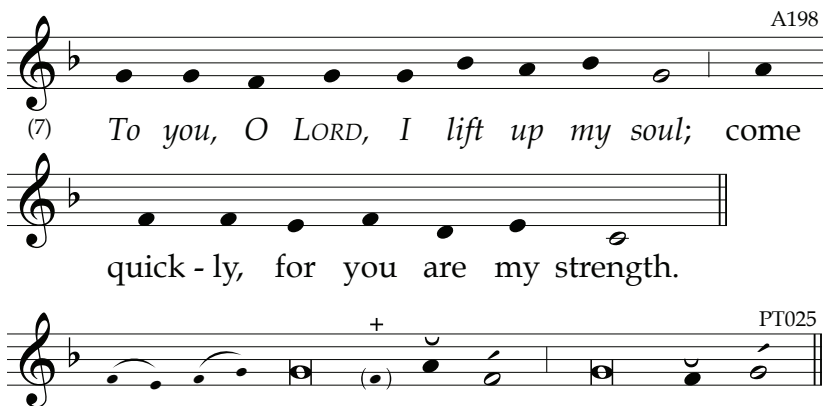
(8) *Be - hold, — the bride-groom is com - ing:*
let us go out — to meet — him.

PT029

Detailed description: This block contains three staves of musical notation in G minor (one flat). The first staff begins with a treble clef and a key signature of one flat. The melody consists of quarter and eighth notes, with a slur over the first five notes. The lyrics 'Be - hold, — the bride-groom is com - ing:' are written below the first staff. The second staff continues the melody with a slur over the first five notes. The lyrics 'let us go out — to meet — him.' are written below the second staff. The third staff features a different rhythmic pattern with some notes marked with a '+' sign above them. The lyrics are not present for this staff. The piece concludes with a double bar line.

DECEMBER 17-24:

A198



(7) *To you, O LORD, I lift up my soul; come*
quick - ly, for you are my strength.

PT025

Detailed description: This block contains three staves of musical notation in G minor (one flat). The first staff begins with a treble clef and a key signature of one flat. The melody consists of quarter and eighth notes. The lyrics 'To you, O LORD, I lift up my soul; come' are written below the first staff. The second staff continues the melody with a slur over the first five notes. The lyrics 'quick - ly, for you are my strength.' are written below the second staff. The third staff features a different rhythmic pattern with some notes marked with a '+' sign above them. The lyrics are not present for this staff. The piece concludes with a double bar line.

- ¹¹ *Lísten, O dáughter; pay héed and give éar: **
forgét your own péople and your fáther's hóuse.
- ¹² *Só will the kíng desíre your béauty. **
Hé is your lórd, pay hómage to hím.
- ¹³ *And the dáughter of Týre shall cóme with gífths; **
the ríchest of the péople shall séek your fávor.
-

- 14 The dáughter of the kíng is clóthed with **spléndor**; *
her róbes are threaded with **góld**.
- 15 In fine clóthing shé is léd to the **kíng**; *
behínd her, her máiden compánions **fóllow**.
- 16 Théy are escórted amid gládness and **jóy**; *
they páss withín the pálace of the **kíng**.
- 17 Sóns will be yóurs to succéed your **fáthers**; *
you will máke them rúlers over áll the **éarth**.
- 18 I will máke your náme foréver **remémbered**. *
Thus the péoples will práise you from áge to **áge**.

Glory...



PSALM 62 (61)
In God Alone

May God the source of hope fill you with all joy and peace in believing. Rom 15:13

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):

OT071

(4) We__ wait in bless - ed hope for the
com-ing of our glo - ri - ous sav - ior.

PT0011

Detailed description: This block contains musical notation for the first part of the psalm. It consists of three staves of music in a single system. The first two staves are vocal lines in G major (one sharp) and 4/4 time. The first staff begins with a treble clef and a key signature of one sharp (F#). The melody starts on G4, moves to A4, then B4, and continues with a series of eighth and quarter notes. The second staff continues the melody. The third staff is a piano accompaniment line, starting with a bass clef and a key signature of one sharp. It features a simple harmonic accompaniment with quarter and eighth notes. The lyrics are written below the vocal staves, with a large number '4' in parentheses at the beginning of the first line. The text 'OT071' is in the top right corner, and 'PT0011' is in the top right corner of the piano staff.

DECEMBER 17-24:

A098

(2*) The Law was giv-en through Mo - ses; grace and
truth have come__ through Je - sus Christ.__

PT006

Detailed description: This block contains musical notation for the second part of the psalm. It consists of three staves of music in a single system. The first two staves are vocal lines in A major (two sharps) and 4/4 time. The first staff begins with a treble clef and a key signature of two sharps (F# and C#). The melody starts on A4, moves to B4, then C#5, and continues with a series of eighth and quarter notes. The second staff continues the melody. The third staff is a piano accompaniment line, starting with a bass clef and a key signature of two sharps. It features a simple harmonic accompaniment with quarter and eighth notes. The lyrics are written below the vocal staves, with a large number '2*' in parentheses at the beginning of the first line. The text 'A098' is in the top right corner, and 'PT006' is in the top right corner of the piano staff.

- 2 In God alóne is my sóul at rést; *
my salvácion cómes from hím.
- 3 He alóne is my róck, my salvácion, *
my fórtress; néver shall I fálder.
- 4 How lóng will you áll attack one mán *
to bréak him dówn,

- As thóugh he were a tóttèring **wá**ll, *
 or a túmbling **fén**ce?
- 5 Their plán is ónly to bring **dó**wn; *
 they take pléasure in **lí**es.
 With their móuth they útter **blé**ssing, *
 but ínwardly they **cú**rse.
- 6 In God alóne be at rést, my **só**ul, *
 for my hópe is from **hím**.
- 7 He alóne is my róck, my salvátion, *
 my fórtress; Í shall not **fá**lter.
- 8 In Gód is my salvátion and my glóry, +
 my róck of **stré**ngth; *
 in Gód is my **ré**fuge.
- 9 Trúst him at all tímes, O péople. +
 Póur out your héarts befóre him, *
 for Gód is our **ré**fuge.
- 10 The chíldren of mén are a **bré**ath, *
 an illúsió, péople of **rán**k.
 Pláced in the scáles, they **rí**se; *
 they áll weigh léss than a **bré**ath.
- 11 Do not pút your trúst in oppréssió, *
 nor vain hópes on **plú**nder.
 Éven if ríches **incré**ase, *
 set not your héart on **thém**.
- 12 For Gód has said ónly one **thí**ng; *
 only twó have I **hé**ard:
 That to Gód alóne belongs **pó**wer, *
 13 and to yóu, my Lord, mérciful **ló**ve;
 And that yóu repáy each **mán** *
 accórding to his **dé**eds.

Glory...

ADVENT

V. *Take héart and procláim:*
R. Our Gód will cóme to sáve us.

CHRISTMAS

V. *All the trées of the wóod shout for jóy, / allelúia.*
R. At the présence of the LÓRD, for he comes, / allelúia.



CHRISTMAS

The Responsory, Canticle Antiphon, Intercessions and conclusion are to be found in the Proper of Seasons. Refer to the number board to locate the specific page.

READING

RESPONSORY

A080

Musical notation for the responsory. It consists of two staves of music in G major (one sharp) and 4/4 time. The first staff begins with a treble clef and a key signature of one sharp (F#). The melody is: G4 (quarter), A4 (quarter), B4 (quarter), C5 (quarter), B4 (quarter), A4 (quarter), G4 (quarter), F#4 (quarter), E4 (quarter), D4 (quarter). The second staff continues the melody: C4 (quarter), B3 (quarter), A3 (quarter), G3 (quarter), F#3 (quarter), E3 (quarter), D3 (quarter), C3 (quarter), B2 (quarter), A2 (quarter). The lyrics are: (4) Come and set___ us___ free, * Lord God___ of pow - er and might.___

(4) Come and set___ us___ free, * Lord
God___ of pow - er and might.___

*Let your face shine upon us and we shall be saved. Lord God...
Glory... Come and set...*

[Beginning on 17 December, refer to the board for the remainder of the Office.]

CANTICLE OF MARY [Luke 1:46-55]

"Blessed are you who trusted that what was spoken to you by the Lord would be fulfilled." (Luke 1:45) And Mary said:

FIRST WEEK OF ADVENT :

A071

(7) The law will go forth from Si - on; the
word of the Lord from Je - ru - sa - lem.

PS048

THIRD WEEK OF ADVENT :

A102

(14/6) Be com - fort - ed, my peo - ple; be
com - fort - ed, says the Lord your God.

PS047

- 4 *My soul proclaims the greatness of the Lórd,
and my spírit exúlts in God my Sáviór,
For he has lóoked upon his hándmaid in her lówliness;
henceforth all áges will cáll me bléssed. ~*

FIRST WEEK OF ADVENT :

PS048



THIRD WEEK OF ADVENT :

PS047



- 4 For the Almighty has done great things for **mé**.
And hóly ís his **náme**.
His loving mércy is from áge to **áge**
for thóse who **féar** him.
- 6 He has made knówn the stréngth of his **árm**,
and has scátered the próud of **héart**.
He has put dówn the míghty from their **thrónes**
and has exálted thóse who are **lówly**.
He has filled the húngry with **góod** things,
and has sént the rích away **émpy**.
- 4 He has álways helped Ísrael his **sérvant**,
míndful of his lóving **mércy**,
Éven as he prómised our **fáthers**,
to Ábraham and hís descéndants for**éver**.

Glory...

INTERCESSIONS

We come before our God in humble supplication.

*Purify your people of **division** and **strife**:*

Lord, have mercy.

Make of our hearts worthy temples of your presence:

Christ, have mercy.

Lead all who have died to the blessedness of heaven:

Lord, have mercy.

*May the divine assistance remain **always** with us:*

And with our absent brethren.


OUR FATHER

ORATION

Let us bless the Lord.

Thanks be to God.

BLESSING

 **T** IS THE HOUR NOW for you to awake from sleep. For our salvation is nearer now than when we first believed; the night is advanced, the day is at hand. Let us then throw off the works of darkness and put on the armor of light.

Romans 13:11-12

Thursday I at Lauds

HYMN

Advent Lauds, before December 17 page 14
Advent Lauds, after December 17 page 18
Christmas Lauds. page 21

PSALM 57 (56)

My Heart Is Steadfast, O God

*Father, the hour has come. Give glory to your Son
that your Son may give glory to you. Jn 17:1*

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):

OT076

(8) My heart is read - y, O God, my heart is
read - y.

PT029

DECEMBER 17-24:

A092

(13/5) Let the earth be o-pened, and bud forth a Sav-ior:
let us re - turn to the Lord, our God.

PT018

- 2 *Have mércy on me, Gód, have mércy, **
 for in yóu my sóul has taken **réfuge**.
 In the shádw of your wíngs I take **réfuge, ***
 till the stórms of destrúctíon pass **bý**.
- 3 I cáll to you, Gód the Most **Hígh, ***
 to Gód who provídes for **mé**.
- 4 May he sénd from héaven and sáve me, +
 and pút to shame thóse who assáil me. *
 May God sénd his loving mércy and **fáithfulness**.
- 5 My sóul lies dówn among **líons, ***
 who would devóur the chýldren of **mén**.
 Their téeth are spéars and **árrows, ***
 their tóngue a shárpened **swórd**.
- 6 Be exálted, O Gód, above the **héavens; ***
 may your glóry shíne on **éarth!**
- 7 A nét they sét for my **stéps; ***
 my sóul was bowed **dówn**.
 They dúg a pít in my **páth, ***
 but féll in it themsélves.
- 8 My héart is réady, O Gód; +
 my héart is **réady. ***
 I will síng, I will síng your **práise**.
- 9 Awáke, my soul! Awáke, lyre and **hárp! ***
 I will awáke the **dáwn**.
- 10 I will práise you, Lórd, among the **péoples, ***
 among the nátions síng psálms to **yóu,**
- 11 For your mércy réaches to the **héavens, ***
 and to the clóuds, your **fáithfulness. ~**

¹² Be exalted, O Gód, above the héavens; *
may your glóry shine on áll the éarth!

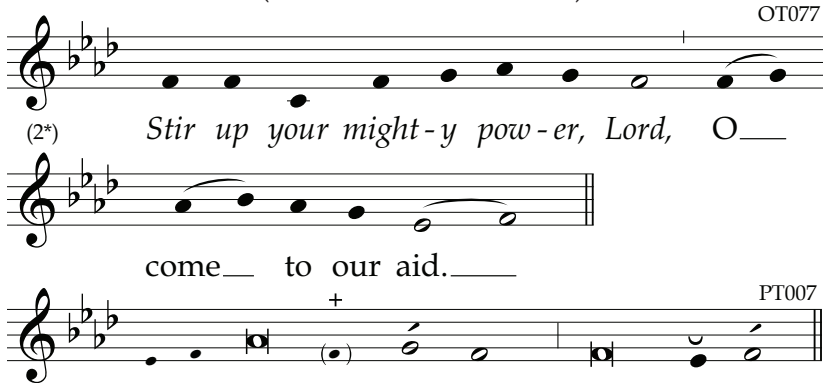
Glory...

PSALM 80 (79)
Restore Your Vineyard

Come, Lord Jesus! Rv 22:20

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):

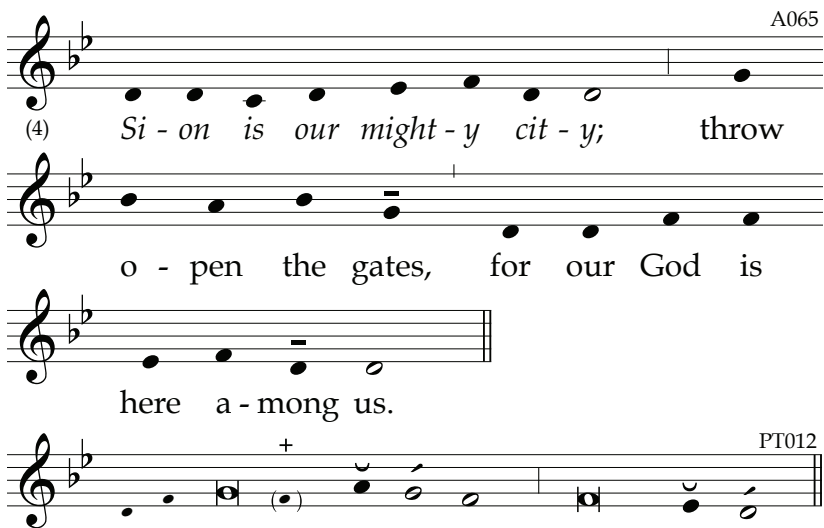
OT077



(2*) Stir up your might-y pow-er, Lord, O___
come__ to our aid.____

DECEMBER 17-24:

A065



(4) Si - on is our might - y cit - y; throw
o - pen the gates, for our God is
here a - mong us.

PT012

- 2 *O shépherd of Ísrael, héar us, **
 yóu who lead Jóseph like a **flóck**:
 Enthroned on the chérubim, shine fóρθ +
- 3 upon Éphraim, Bénjamin, Manásseh. *
 Rouse up your míght and cóme to **sáve** us.
- 4 O Gód, bríng us **báck**; *
 let your fáce shine fóρθ, and wé shall be **sáved**.
- 5 How lóng, O LÓRD, God of **hósts**, *
 will you be ángry at the práyer of your **péople**?
- 6 You have féd them with téars for their **bréad**, *
 an abúndance of téars for their **drínk**.
- 7 You have máde us the táunt of our **neíghbors**; *
 our foes móck us amóng themsélves.
- 8 O Gód of hósts, bríng us **báck**; *
 let your fáce shine fóρθ, and wé shall be **sáved**.
- 9 You bróught a víne out of Égypt; *
 you dróve out the nátions and **plánted** it.
- 10 Befóre it you cléared the **gróund**; *
 it took róot and fílléd the **lánd**.
- 11 The móuntains were cóvered with its **shádw**, *
 the cédars of Gód with its **bóughs**.
- 12 It strétched out its bránches to the **séa**; *
 to the Ríver it strétched out its **shóots**.
- 13 Then whý have you bróken down its **wálls**? *
 It is plúcked by all who páss by the **wáy**.
- 14 It is rávaged by the bóar of the **fórest**, *
 devóured by the béasts of the **fiéld**.
- 15 God of hósts, turn agáin, we **implóre**; *
 look dówn from héaven and **sée**. ~

- Visit this vine and protect it, +
 16 the vine your right hand has **planted**, *
 the son of man you have claimed for yourself.
 17 They have burnt it with fire and cut it **down**. *
 May they perish at the frown of your **face**.
 18 May your hand be on the man at your right **hand**, *
 the son of man you have confirmed as your **own**.
 19 And we shall never forsake you **again**; *
 give us life that we may call upon your **name**.
 20 O **LORD** God of hosts, bring us **back**; *
 let your face shine forth, and we shall be **saved**.

Glory...

PSALM 81 (80)

Solemn Feast, Solemn Warning

*Take care lest any of you have an evil and unfaithful spirit
 and fall away from the living God. Heb 3:12*

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):

OT078

(14/6) I am the Lord your God, who
 brought you from the land of E - gypt.

PT020

The up - right shall dwell on God's

DECEMBER 17-24:

A188

(8) The up - right shall dwell on God's



ho - ly moun-tain.



- 2 Sing joyfully to Gód our **stréngth**, *
shout in tríumph to the Gód of **Jácob**.
- 3 Raise a sóng and sóund the **tímbrel**, *
the swéet-sounding hárp and the **lúte**;
- 4 Blów the trúmpet at the **néw** moon, *
when the móon is fúll, on our **féast**.
- 5 For thís is a státute in **Ísrael**, *
a commánd of the Gód of **Jácob**.
- 6 He máde it a decreé for **Jóseph**, *
when he went óut from the lánd of **Égypt**.
- A vóice I did not knów said to **mé**: *
- 7 "I fréed your shóulder from the **búrden**;
Your hands were fréed from the buílder's **báskét**. *
- 8 You cálled in distréss and I delívered you.
I ánswered, conceáled in the **thúnder**; *
- at the wáters of Méribah I **tésted** you.
- 9 Lísten, my péople, as I **wárn** you. *
O Ísrael, if ónly you would **héed**!
- 10 Let there bé no strange gód **amóng** you, *
nor shall you wórship a fóreign **gód**.
- 11 Í am the **LÓRD** your Gód, +
who brought you úp from the lánd of **Égypt**. *
Ópen wide your móuth, and I will **fill** it.
- 12 But my péople did not héed my **vóice**, *
and Ísrael would nót **obéy** me.
- 13 So I léft them in their stúbbornness of **héart**, *
to fóllow their ówn **desígn**s. ~

- 14 Ó that my péople would **héed** me, *
that Ísrael would wálk in my wáys!
15 At ónce I would subdúe their **fóes**, *
turn my hánd agáinst their **énemies**.
16 Those who háte the LORD would crínge befóre him, *
and their subjéction would lást foréver.
17 But Ísrael I would féed with finest **whéat**, *
and sátisfy with hóney from the **róck**."

Glory...

ADVENT

V. *Fáithfulness shall spríng from the éarth,*
R. And jústice look dówn from héaven.

CHRISTMAS

V. *Let the hills ring out their jóy, / allelúia.*
R. The LORD cómes to rúle the éarth, / allelúia.

CHRISTMAS

The Responsory, Canticle Antiphon, Intercessions and conclusion are to be found in the Proper of Seasons. Refer to the number board to locate the specific page.

READING

RESPONSORY

A066

(4) Your light will come, _____ Je-ru-sa-lem; * the
LORD _____ will dawn _____ up - on you.

*And you will see his glory within you. The LORD...
Glory... Your light...*

[Beginning on 17 December, refer to the board for the remainder of the Office.]

CANTICLE OF ZACHARY [Luke 1: 68-79]

*Then John's father Zechariah was filled with the Holy Spirit and prophesied.
(Luke 1:67)*

FIRST WEEK OF ADVENT :

A072

(10/2) I shall wait — for my Lord and Sav - ior and
point — him — out when he is near, al-le-lu - ia.

PS043

THIRD WEEK OF ADVENT :

A105

(4) A - rise, — a - rise, — Lord; show — us your
pow - er and might. —

PS045

- 6 *Blést be the Lórd God of Ísrael:
for he has vísited his péople and redéemed them.
He has raised úp for us a hórnn of salvátion
in the Hóuse of Dávid his sérvant,
As he spóke through the móuth of his hólly ones,
his próphets from áges pást: ~*

FIRST WEEK OF ADVENT :

PS043



THIRD WEEK OF ADVENT :

PS045



- 4 A sáviour who would frée us from our **fóes**,
and from the hánds of áll who **háte** us,
To shów loving mércy to our **fáthers**
míndful of his hóly **cóvenant**.
- 4 This was the óath he swore to Ábraham our **fáther**,
to grant that fréed from the hánds of our **fóes**,
We might sérve him in hóliness and **righteousness**,
all the dáys of our life without **féar**.
- 6 And yóu, little chíld, will be **called**
próphet of Gód Most **Hígh**,
For yóu will gó before the **Lórd**
to make réady his wáys **befóre** him,
To grant a knówledge of salvátion to his **péople**
through the forgíveness of áll their **síns**.
- 5 By the lóving mércy of our **Gód**,
the Dáwn from on hígh will **vísit** us,
To shíne on those who sít in **dárkness**,
and thóse in the shádw of **déath**,
to guide our féet into the wáy of **péace**.

Glory...

INTERCESSIONS

Let us turn to Christ our Light of Revelation.

*Prepare us, Lord, to receive you **at** your coming:*
Lord, have mercy.

*Illumine the hearts of all who **seek** your face:*
Christ, have mercy.

Consecrate the young to lives of monastic witness:
Lord, have mercy.

*May the divine assistance remain **always** with us:*
And with our absent brethren.

OUR FATHER

ORATION

Let us bless the Lord.
Thanks be to God.

BLESSING



Thursday I at Daytime Prayer

HYMN

Advent Daytime Prayer, before December 17 . . . page 15

Advent Daytime Prayer, after December 17 . . . page 19

Christmas Daytime Prayer page 22

ANT: (ADVENT): *This is the good news the prophets foretold: /*
The Saviour will be born of the Virgin Mary.

(CHRISTMAS): *Mary, the mother of Jesus, and Joseph /* were
filled with wonder / at all that was said about the child.

PSALM 58 (57)

The Righteous Rewarded; The Wicked Swept Away

*According to his promise we await new heavens and a new earth
in which righteousness dwells. 2 Pt 3:13*

- ² *Do you truly speak justice, you who hold divine power? **
Do you mete out fair judgment to the children of men?
- ³ No, in your hearts you devise iniquities; *
your hands deal out violence to the land.
- ⁴ The wicked go astray from the womb; *
deviant from birth, they speak lies.
- ⁵ Their venom is like the venom of the snake; *
they are like a deaf viper stopping its ears,
- ⁶ Lést it should hear the snake-charmer's voice, *
the voice of the skillful dealer in spells.
- ⁷ O Gód, break the téeth in their móuths; *
tear out the fangs of these líons, O LÓRD!
- ⁸ Let them vánish like wáter that rúns awáy; *
let them wíther like gráss that is tródden underfóot.

- ⁹ Let them bé like the snáil that dissólves into slíme, *
like a wóman's míscarriage that néver sees the sún.
¹⁰ Before they pút forth thórns, like a brámble, *
let them be swépt away, gréen wood or drý!
¹¹ The júst shall rejóice at the síght of véngeance; *
they shall báthe their féet in the blóod of the wícked.
¹² People shall sáy: "Trúly, there is rewárd for the úpright. *
Trúly there ís a God who júdges on éarth."

PSALM 61 (60)

A Cry from World's End

*By acknowledging themselves to be strangers and foreigners on earth,
they showed that they were seeking a homeland. Heb 11:14*

- ² *Lísten, O Gód, to my crý! **
Atténd to my práyer!
- ³ From the énd of the éarth I cáll you; *
my héart is fáint.
- Sét me hích upon the rók *
too hích for me to réach,
- ⁴ You, my réfuge and míghty tówer *
agáinst the fóe.
- ⁵ Then will I dwéll in your tént foréver, *
and híde in the shélder of your wíngs.
- ⁶ For yóu, O God, have héard my vóws; +
you have gíven me the héritage of thóse *
who féar your náme.
- ⁷ Day upon dáy you will ádd to the kíng; *
his yéars as áge upon áge.
- ⁸ May he éver sit enthronéd before Gód: *
bid mércy and trúth be his protéction. ~

- 9 So I will sing to your náme forever, *
and dáy after dáy fulfill my vóws.

PSALM 64 (63)

Hostile Tongues and Heaven's Arrows

*Be glad and rejoice, for they persecuted the prophets before you
in the very same way. Mt 5:12*

- 2 *Hear, O Gód, the vóice of my compláint; **
guard my life from dréad of the fóe.
3 From the assémbly of the wícked, híde me, *
from the thróng of thóse who do évil.
4 They shárpen their tóngues like swórd. *
They áim bitter wórd. like árrows,
5 To shóot at the ínnocent from ámbush, *
shóoting súddenly and féarlessly.
6 Holding fírm in their évil cóurse, *
they conspíre to lay sécret snáres.
They sáy, "Whó will sée us? *
7 Whó can séarch out our crímes?"

- They have háched their wícked plóts, +
and bróught them to perféction. *
How profóund the dépths of the héart!
8 Gód will shóot them with his árrow, *
and déal them súdden wóunds.
9 Their own tóngue bríngs them to rúin; *
all who sée them sháke their héads.
10 Thén will áll be afráid; +
they will téll what Gód has dóne, *
Théy will pónder God's déeds.
11 The júst one will rejóice in the LÓRD; +
and flý to hím for réfuge. *
All úpright héarts will glóry.

Glory...

ANT: (ADVENT): This is the good news the prophets foretold: / The Saviour will be born of the Virgin Mary.

ANT: (CHRISTMAS): Mary, the mother of Jesus, and Joseph / were filled with wonder / at all that was said about the child.

BRIEF READING

ADVENT

V. *Remember your compassion, O LORD.*

R. Your merciful love is from of old.

CHRISTMAS

V. *The Lord has remembered his promise, / allelúia.*

R. God has been faithful to his people, / allelúia.

Let us pray.

ORATION

Let us bless the Lord.

Thanks be to God.

*May the souls of the faithful departed,
through the mercy of God, rest in peace.*

Amen.

May the divine assistance remain always with us.

And with our absent brethren. Amen.

Thursday I at Vespers

HYMN

Advent Vespers, before December 17 page 17

Advent Vespers, after December 17 page 20

Christmas Vespers page 23

PSALM 49 (48)

Vanity of Vanities

*It is easier for a camel to pass through the eye of a needle
than for one who is rich to enter the kingdom of God. Mt 19:24*

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):

OT082

(14/6) No one can buy— life— un - end - ing,
nor a - void com - ing to the grave.—

PT020

DECEMBER 17-24:

A196

(13/5) Eag - er - ly I watch for the Lord; I wait in
joy - ful hope for the com - ing of my Sav - ior.



I

- 2 Héar this, áll you **péoples**, *
give éar, all who dwéll in the **wórl**d,
- 3 Péople both hígh and **lów**, *
rích and póor **alí**ke!
- 4 My móuth will útter **wí**sdom. *
The refléctions of my héart offer **ín**sight.
- 5 I will inclíne my éar to a **mý**stery; *
with the hárp I will sét forth my **pró**blem.
- 6 Whý should I féar in evil **dá**ys *
the málice of the fóes who surróund me,
- 7 Thóse who trúst in their **wé**alth, *
and bóast of the vástness of their **rí**ches?
- 8 Nó one can ránsom a **bró**ther, *
nor pay a príce to Gód for his **lí**fe.
- 9 How hígh is the príce of his **só**ul! *
The ránsom can néver be **enó**ugh!
- 10 Nó one can búy life unénding, *
and néver sée the **grá**ve.
- 11 Anyone sées that the wíse will díe; +
the fóolish will pérish with the **sén**seless, *
and léave their wéalth to **ó**thers.
- 12 Their gráves are their hómes foréver, +
their dwélling place from áge to **á**ge, *
though lánds were cálled by their **ná**mes.
- 13 In his ríches, mán does not **endú**re; *
hé is like the béasts that are **destró**yed.

Glory...

II

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):

OT083

(14/6) Store up for your-selves ___ treas - ure in
heav - en, says ___ the Lord. ___

PT020

DECEMBER 17-24:

A197

(13/5) Wait for the Lord, and he will come to
you with his sav - ing pow - er.

PT018

- ¹⁴ *This is the wáy of the fóolish, **
the óutcome of those pléased with their lót:
- ¹⁵ Like shéep they are dríven to the gráve, +
where déath shall becóme their shépherd, *
and the úpright shall háve domínion.
Their outward shów wastes áway with the mórning, *
and the gráve becómes their hóme.
-

- 16 But God will ransom my soul from the grasp of **háll**; *
for hé indéed will **recéive** me.
- 17 Then do not féar when a mán grows **rích**, *
when the glóry of his hóuse **incréases**.
- 18 He takes nóthing with him when he **díes**, *
his glóry does not fóllow him **belów**.
- 19 Though he fláttered himsélf while he **líved**, *
“People will práise me for áll my **succéss**,”
- 20 Yet he will gó to jóin his **fórebears**, *
and will néver see the líght any**móre**.
- 21 In his ríches, mán cannot **discérn**; *
hé is like the béasts that are **destróyed**.

Glory...



PSALM 72 (71)

The Messiah's Justice and Judgment

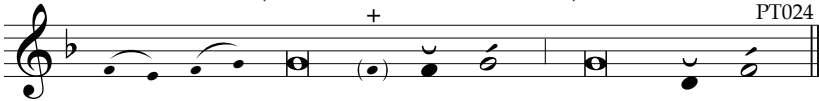
He will be called Son of the Most High, and the Lord God will give him the throne of David his father, and of his kingdom there will be no end. Lk 1:32-33

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):

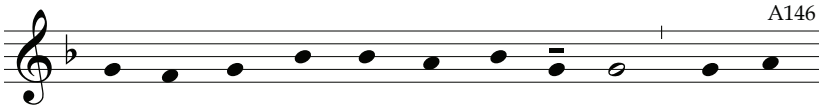
OT084

(7) I have made you the light of all
na - tions to car - ry my sal - va - tion
to the ends of the earth.

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):



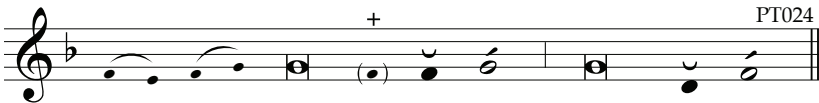
DECEMBER 17-24:



(7) *I will not cease to plead for Si-on, un-til*



God sends his Ho-ly One in ra-diant beau-ty.



I

- 1 *O Gód, give your júdgment to the k**í**ng, **
to a king's s**ó**n your **j**ústice,
 - 2 That he may júdge your p**é**ople in **j**ústice, *
and your p**ó**or in right **j**ú**d**gment.
 - 3 May the m**ó**untains bring forth p**é**ace for the p**é**ople, *
and the h**í**lls **j**ústice.
 - 4 May he def**é**nd the p**ó**or of the p**é**ople, +
and s**á**ve the ch**í**ldren of the n**é**edy, *
and cr**ú**sh the opp**r**essor.
 - 5 He shall end**ú**re like the s**ú**n and the m**ó**on *
through **á**ll gener**á**tions.
 - 6 He shall desc**é**nd like r**á**in on the m**é**adow, *
like sh**ó**wers that w**á**ter the **é**arth.
 - 7 In his d**á**ys shall **j**ústice **fl**óurish, *
and great p**é**ace till the m**ó**on is no m**ó**re.
-

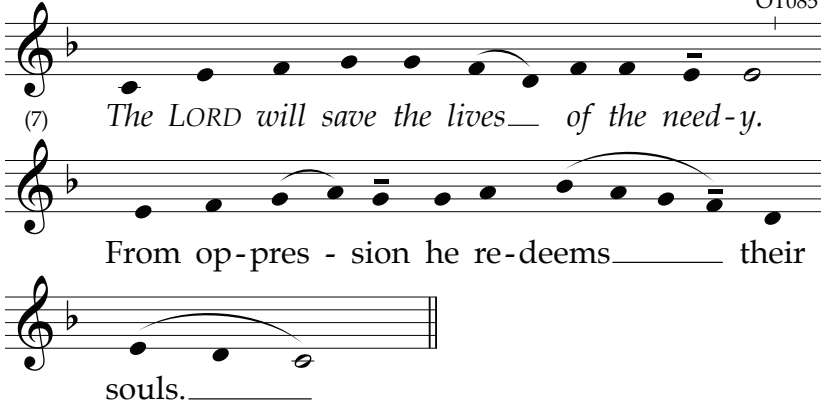
- 8 He shall rúle from séa to **séa**, *
 from the Ríver to the bóunds of the **éarth**.
- 9 Let the désert dwellers fáll befóre him, *
 and his énemies líck the **dúst**.
- 10 The kíngs of Társhish and the íslands *
 shall páy him **trí**bute.
 The kíngs of Shéba and Séba *
 shall bríng him **gí**fts.
- 11 Before hím all kíngs shall fall **pró**strate, *
 all nátions shall **sér**ve him.

Glory...

II

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):

OT085



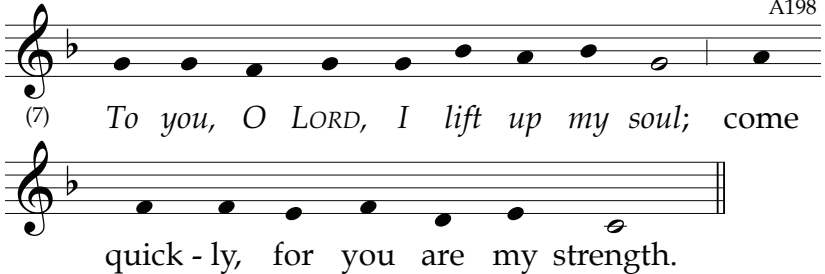
(7) *The LORD will save the lives_ of the need-y.*

From op-pres - sion he re-deems_____ their

souls._____

DECEMBER 17-24:

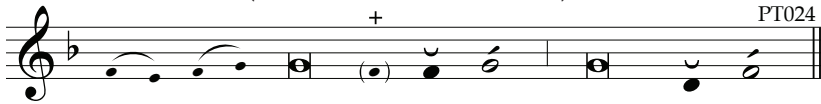
A198



(7) *To you, O LORD, I lift up my soul; come*

quick - ly, for you are my strength.

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE) AND DECEMBER 17-24:



- 12 For he shall *sáve* the *néedy* when they *crý*, *
the *póor*, and thóse who are *hélpl*ess.
- 13 He will have *píty* on the *wéak* and the *néedy*, *
and the *líves* of the *néedy* he will *sáve*.
- 14 From oppréssion and *víolence* he redéems their *sóuls*; *
to him their *blóod* is *déar*.
- 15 *Lóng máy* he *líve*! *
May the *góld* of *Shéba* be *gíven* him.
They shall *práy* for *hím* without *céasing*, *
and *bléss* him *áll* the *dáy*.
- 16 May *gráin* be *abúndant* in the *lánd*, *
wáving to the *péaks* of the *móuntains*.
May its *frúit* *rústle* like *Léb(anon)*; +
may the *péople* *flóurish* in the *cíties* *
like *gráss* on the *éarth*.
- 17 May his *náme* *endúre* *foréver*, *
his *náme* *contínue* like the *sún*.
Every *tríbe* shall be *blést* in *hím*, *
all *nátions* shall *cáll* him *bléssed*.

Glory...

ADVENT

V. *Take héart and procláim:*
R. Our *Gód* will come to *sáve* us.

CHRISTMAS

V. *All the trées of the wóod shout for jóy, / allelúia.*
R. At the *présence* of the *LÓRD*, for he *cómes*, / *allelúia*.

CHRISTMAS

The Responsory, Cantic Antiphon, Intercessions and conclusion are to be found in the Proper of Seasons. Refer to the number board to locate the specific page.

READING

RESPONSORY

A080

(4) Come and set___ us___ free, * Lord

God___ of pow - er and might.____

*Let your face shine upon us and we shall be saved. Lord God...
Glory... Come and set...*

[Beginning on 17 December, refer to the board for the remainder of the Office.]

CANTICLE OF MARY [Luke 1:46-55]

"Blessed are you who trusted that what was spoken to you by the Lord would be fulfilled." (Luke 1:45) And Mary said:

FIRST WEEK OF ADVENT :

A072

(10/2) I shall wait___ for my Lord and Sav - ior and

point___ him___ out when he is near, al-le-lu - ia.

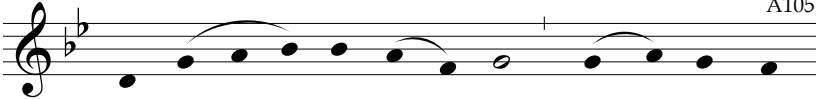
FIRST WEEK OF ADVENT :

PS043

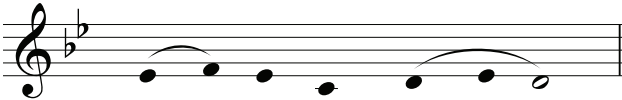


THIRD WEEK OF ADVENT :

A105



(4) A - rise, _____ a - rise, ___ Lord; show ___ us your



pow - er and might. _____

PS045



4 *My soul procláims the gréatness of the Lórd,*
and my spírit exúlts in God my Sáviór,
For he has lóoked upon his hándmaid in her lówliness;
henceforth all áges will cáll me **bléssed**.

4 For the Almíghty has done gréat things for **mé**.
And hóly ís his **náme**.
His loving mércy is from áge to áge
for thóse who **féar** him.

6 He has made knówn the stréngth of his **árm**,
and has scátted the próud of **héart**.
He has put dówn the míghty from their **thrónes**
and has exálted thóse who are **lówly**.
He has fílled the húngry with **góod** things,
and has sént the rích away **émpty**.

- 4 He has always helped Ísrael his **sérvant**,
 míndful of his lóving **mércy**,
Éven as he prómised our **fáthers**,
 to Ábraham and hís descéndants **foréver**.

Glory...

INTERCESSIONS

We entreat our Redeemer in faith and devotion.

*Cleanse the world of sin, O **spotless** Lamb:*

Lord, have mercy.

*Forgive your children for their **failures** of love:*

Christ, have mercy.

*Receive the dead into your **kingdom** of light:*

Lord, have mercy.

*May the divine assistance remain **always** with us:*

And with our absent brethren.

OUR FATHER

ORATION

Let us bless the Lord.

Thanks be to God.

BLESSING

Friday I at Lauds

HYMN

Advent Lauds, before December 17 page 14
Advent Lauds, after December 17 page 18
Christmas Lauds. page 21

PSALM 51 (50)

A Pure Heart Create for Me

Your inmost being must be renewed, and you must put on the new self. Eph 4:23-24

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):

OT091

(14/7) Then_ you will be pleased_ with law - ful
sac - ri - fice, if you turn_ a - way your
face,___ O Lord, from my sins.

PT026

DECEMBER 17-24:

A083

(4) Come to our help, O Lord:
vis - it us with your sal - va - tion.

- 15 I will teach transgressors your **wáys**, *
that sinners may return to **yóu**.
- 16 Réscue me from blóodshed, O Gód, +
Gód of mý salvátion, *
and then my tóngue shall ring óut your **jústice**.
- 17 O Lórd, ópen my **líps** *
and my móuth shall proclaim your **práise**.
- 18 For in sácrifice you táke no delíght; *
burnt óffering from mé would not **pléase** you.
- 19 My sácrifice to Gód, a broken spírit: +
a bróken and húmbled **héart**, *
O Gód, you will not **spúrn**.
- 20 In your good pléasure, show fávor to **Síon**; *
rebúild the wálls of Jerúsalem.
- 21 Thén you will delíght in right sác(rifice), +
burnt ófferings whóllly **consúmed**. *
Thén you will be óffered young búlls on your **áltar**.

Glory...

PSALM 117 (116)

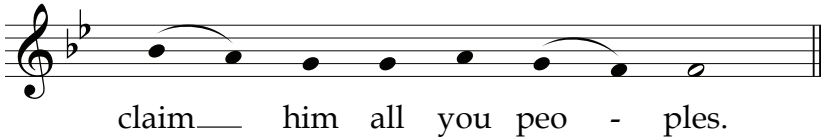
Worldwide Call to Praise

I affirm that Christ became the servant of the Jews because of God's faithfulness, to confirm the promises to the patriarchs, but also so that the Gentiles might glorify God for his mercy. Rom 15:8-9

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):

OT092

(8) The mer - ci - ful love of the Lord has pre -
vailed o - ver us; ac - claim — him, ac -



DECEMBER 17-24:

A093

(8) Make known__ your will,__ O Lord,__ through-
out the earth: pro-claim__ your sal-va-tion to
ev' - ry na - tion.

BEFORE DECEMBER 17 AND DECEMBER 17-24:

PT032

- ¹ O *práise* the LÓRD, all you *nátions*; *
accláim him, all you **péoples**!
- ² For his mérciful lóve has preváiled over **ús**; *
and the LORD'S fáithfulness endúres foréver.

Glory...



PSALM 146 (145)

The Lord Who Sets Prisoners Free

The Lord has sent me to proclaim liberty to captives and recovery of sight to the blind, and to let the oppressed go free. Lk 4:18

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):

OT093

(2*) *I will praise my God all the days_ of my life.*

PT007

DECEMBER 17-24:

A082

(6*) *Bless_ those, O Lord, who have wait-ed for your*

com-ing; let your proph - ets be proved_ true.

PT056

My sóul, give práise to the LÓRD; +

*2 I will práise the LÓRD all my lífe, *
sing práise to my Gód while I líve.*

*3 Pút no trúst in prínces, *
in mortal mán who cánnót sáve.*

*4 Take their bréath, they retúrn to the éarth, *
and their pláns that dáy come to nóthing.*

*5 Blessèd is hé who is hélped by Jacob's Gód, *
whose hópe is in the LÓRD his Gód,*

- 6 Who máde the héavens and the **éarth**, *
the séas and áll they **contáin**,
Who préserves **fidélity** for**éver**, *
- 7 who does **jústice** to thóse who are **oppréssed**.
It is hé who gives **bréad** to the **húngry**, *
the **LÓRD** who sets **prísoners** **frée**,
- 8 The **LÓRD** who **ópens** the **éyes** of the **blínd**, *
the **LÓRD** who **ráises** up thóse who are bowed **dówn**.
It is the **LÓRD** who **lóves** the **júst**, *
- 9 the **LÓRD** who **protéct**s the **stránger**
And **uphólds** the **órphan** and the **wídw**, *
but **thwárts** the **páth** of the **wícked**.
- 10 The **LÓRD** will **réign** for**éver**, *
the **God** of **Síon** from **áge** to **áge**.

Glory...

ADVENT

- V. *Fáithfulness shall spríng from the éarth,*
R. And **jústice** look **dówn** from **héaven**.

CHRISTMAS

- V. *Let the hills ring out their jójy, / allelúia.*
R. The **LÓRD** **cómes** to **rúle** the **éarth**, / **allelúia**.

CHRISTMAS

The Responsory, Cantic Antiphon, Intercessions and conclusion are to be found in the Proper of Seasons. Refer to the number board to locate the specific page.

READING

RESPONSORY

A066

(4) Your light will come, Je-ru-sa-lem; * the
LORD will dawn up - on you.

*And you will see his glory within you. The LORD...
Glory... Your light...*

[Beginning on 17 December, refer to the board for the remainder of the Office.]

CANTICLE OF ZACHARY [Luke 1:68-79]

*Then John's father Zechariah was filled with the Holy Spirit and prophesied.
(Luke 1:67)*

FIRST WEEK OF ADVENT :

A073

(1) Out of E - gypt I have called my Son;
he will come to save his peo - ple.

THIRD WEEK OF ADVENT :

A106

(1) Guard what is good and cherish what is
true; for our sal - va - tion is at hand.

INTERCESSIONS

We beseech the Lord's blessings for the Church and the world.

*Stir up in us, Lord, a spirit of **true** repentance:*

Lord, have mercy.

*Let your justice descend upon the **waiting** world:*

Christ, have mercy.

In your providence lead others to this community of prayer:

Lord, have mercy.

*May the divine assistance remain **always** with us:*

And with our absent brethren.

OUR FATHER

ORATION

Let us bless the Lord.

Thanks be to God.

BLESSING



Friday I at Daytime Prayer

HYMN

Advent Daytime Prayer, before December 17 . . . page 15

Advent Daytime Prayer, after December 17 . . . page 19

Christmas Daytime Prayer page 22

ANT: (ADVENT): *The angel Gábríel gréeted Máry: / Háil, full of gráce, the Lórd is with yóu; / blest are yóu among wómen.*

(CHRISTMAS): *Máry treasured áll these wórd's / and pón-dered them in her héart.*

PSALM 70 (69)

O Lord, Hasten to My Aid!

The Lord does not delay in keeping his promise. 2 Pt 3:9a

- 2 O Gód, cóme to my assístance; *
O LÓRD, make háste to hélp me!
- 3 Lét there be sháme and confúsiún *
on thóse who séek my lífe.
O lét them turn báck in confúsiún, *
who delíght in my hárm;
- 4 Let them retréat, cóvered with sháme, *
who jéer at me and móck.
- 5 O lét there be rejóicing and gládness *
for áll who séek you.
Let them sáy forever, "Gód is gréat," *
who lóve your saving hélp.
- 6 As for mé, wrétched and póor, *
hasten to mé, O Gód.
Yóu are my réscuer, my hélp; *
O LÓRD, do not deláy. ❖

PSALM 75 (74)

Divine Cup of Judgment

*He has deposed the mighty from their thrones
and raised the lowly to high places. Lk 1:52*

- ² We give praise to you, O Gód; +
we give praise, for your náme is néar. *
We recóunt your wónderful déeds.
- ³ “When I estáblish the appóinted tíme, *
then I mysélf will júdge with fáirness.
- ⁴ Though the éarth and all who dwéll in it may
róck, *
it is Í who set fírm its píllars.
- ⁵ To the bóastful I sáy, ‘Do not bóast’; *
to the wícked, ‘Do not exált your stréngth,
- ⁶ Do not exált your stréngth on hígh. *
Do not spéak with ínsolent príde.”
- ⁷ For néither from the éast nor from the wést, *
nór from the désert comes exaltátion, *
- ⁸ For Gód himsélf is the júdge. *
One he húmbles, anóther he exálts.
- ⁹ For the LÓRD holds a cúp in his hánd, *
full of wíne, fóaming and spiced.
He póurs it; they dráin it to the drégs; *
all the wícked on the éarth must dráin it.
- ¹⁰ As for mé, I will rejóice foréver, *
and sing psálms to the Gód of Jácob.
- ¹¹ I shall bréak the stréngth of the wícked, *
while the stréngth of the júst will be exálted.

PSALM 82 (81)

Judgment in the Divine Council

*The Lord is the one to judge me, so stop passing judgment
before the time of his return. 1 Cor 4:5*

- 1 *God stánds in the divíne assémbly. **
In the mídst of the góds, he gives júdgment.
- 2 “How lóng will you júdge unjústly, *
and fávor the cáuse of the wícked?
- 3 Do jústice for the wéak and the órphan; *
give jústice to the póor and afflícted.
- 4 Réscue the wéak and the néedy; *
set them frée from the hánd of the wícked.”
- 5 They néither knów nor understánd; +
they wálk abóut in dárkness, *
and all the éarth’s foundátions are sháken.
- 6 I have sáid to you, “Yóu are góds, *
and áll of you, sóns of the Most Hígh.
- 7 And yét, like mén you shall díe; *
you shall fáll, like ány of the prínces.”
- 8 Aríse, O Gód; júdge the éarth! *
For áll the nátions are yóurs.

Glory...

ANT: (ADVENT): The angel Gábriel gréeted Máry: / Háil,
full of gráce, the Lórd is with yóu; / blest are yóu among
wómen.

(CHRISTMAS): Máry treasured áll these wórds / and pón-
dered them in her héart.

BRIEF READING

ADVENT

V. *Let the nátions be glád and shout for jóy,*
R. *With úprightness you rúle the peoples.*

CHRISTMAS

V. *All the énds of the éarth have séen, / allelúia.*
R. *The salvátion of our Gód, / allelúia.*

Let us pray.

ORATION

Let us bless the Lord.
Thanks be to God.

May the souls of the faithful departed,
through the mercy of God, rest in peace.
Amen.

May the divine assistance remain always with us.
And with our absent brethren. Amen.

Friday I at Vespers

HYMN

Advent Vespers, before December 17 page 17
 Advent Vespers, after December 17 page 20
 Christmas Vespers page 23

PSALM 41 (40)

Sickness to Health, Death to Life

"Lazarus, come out." The dead man came out, bound hand and foot. Jn 11:14b-15a

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):

OT097

(1*) Heal my soul, O Lord, for
 I have sinned a - gainst you.

DECEMBER 17-24:

A103

(10/2) Out of Si - on shall go forth the law,
 and the word of the Lord from Je -
 ru - sa - lem.

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):



DECEMBER 17-24:



- 2 *Blessed is hé who has concérn for the **póor**. **
 In time of tróuble, the LÓRD will réscue him.
- 3 The LÓRD will guárd him, give him life, +
 and máke him bléssed in the **lánd**, *
 not give him úp to the wíll of his **fóes**.
- 4 The LORD will hélp him on his béd of **páin**; *
 you will bríng him back from síckness to **héalth**.
- 5 As for mé, I said, "LÓRD, have mércy on **mé**; *
 héal my sóul, for I have sínned **agáinst** you."
- 6 My fóes are spéaking évil **agáinst** me: *
 "How lóng before he díes, and his náme be forgóttén?"
- 7 When someone cómes to vísit me,
 he spéaks empty **wórds**; *
 his héart stores up málice; on léaving, he spreads **líes**.
- 8 All my foes whísper togéther **agáinst** me; *
 they devíse évil plóts **agáinst** me:
- 9 "Something déadly has fástened upón him; *
 he will not ríse from whére he **líes**."
- 10 Thus éven my fríend, in whom I trústed, +
 who áte my **bréad**, *
 has lífted his héel **agáinst** me.
- 11 But you, O LÓRD, have mércy on **mé**. *
 Raise me úp and Í will repáy them.

- ¹² By this I know your **fávor**: *
 that my **fóes** do not **tríumph** over **mé**.
¹³ In my **intégrity** **yóu** have **uphéd** me, *
 and have **sét** me in your **présence** **foréver**.

Glory...



PSALM 124 (123)

If the Lord Had Not Been with Us

The Lord said to Paul, "Do not be afraid, for I am with you." Acts 18:9

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):

OT098

(13) *Our help is in the name of the Lord, who made
 heav-en and earth.*

DECEMBER 17-24:

A088

(4) *The Sun_ of Jus- tice will rise up-on us; his
 light_____ is our sal- va - tion.*

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):



DECEMBER 17-24:



- 1 "If the LÓRD had not béen on our **síde**," *
let Ísrael **sáy** —
- 2 "If the LÓRD had not béen on our **síde** *
when péople rose **agáinst** us,
- 3 Thén would they have swállowed us **alíve** *
when their ánger was **kíndled**.
- 4 Thén would the wáters have **engúlfed** us, *
the tórrént gone **óver** us;
- 5 Óver our héad would have **swépt** *
the ráging **wáters**."

- 6 Blést be the LÓRD who did not **gíve** us *
a préy to their **téeth**!
- 7 Our lífe, like a bírd, has **escáped** *
from the snáre of the **fówler**.
Indéed, the snáre has been **bróken**, *
and wé have **escáped**.
- 8 Our hélp is in the náme of the LÓRD, *
who made héaven and **éarth**.

Glory...

PSALM 129 (128)

Oppressed from My Youth

If you find that the world hates you, know that it has hated me before you. Jn 15:18

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):

OT155

(8) Take my yoke up - on you, for I am
meek and hum - ble of heart.

PT029

DECEMBER 17-24:

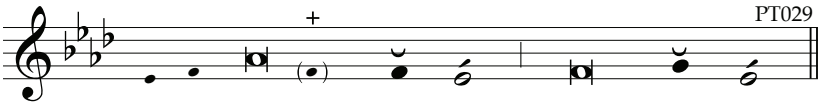
A096

(6*) Our King will come from Si - on: the
Lord, God - with-us, is his name.

PT020

- 1 "They have pressed me hard from my youth," *
let Israel sing.
- 2 "They have pressed me hard from my youth, *
but could never overcome me.
- 3 The plowmen plowed my back, *
drawing long furrows.
- 4 Yet the LORD, who is just, has destroyed *
the yoke of the wicked." ~

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):



DECEMBER 17-24:



- 5 Lét them be shámed and **róuted**, *
all thóse who hate **Síon**!
- 6 Lét them be like gráss on the **róof** *
that wíthers befóre it **flówers**.
- 7 With that no réaper fills his **hánds**, *
no bínder of shéaves his **árms**.
- 8 And thóse passing bý will not sáy, +
“The bléssing of the LÓRD be upón you! *
We bléss you in the náme of the LÓRD!”

Glory...

PSALM 130 (129)
Longing for the Dawn

You are to name him Jesus, because he will save his people from their sins. Mt 1:21

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):

(2) *With the Lord there is kind - ness and*

full - ness of re - demp - tion.

DECEMBER 17-24:

A104

(8) For Si - on's sake I will not be si - lent, un-
til her Just One comes forth like the
splen - dor of dawn.

PT030

- 1 *Out of the dépths I cry to you, O LÓRD; **
- 2 Lórd, hear my **vóice!**
O lét your éars be **atténtive** *
to the sóund of my **pléadings**.
- 3 If you, O LÓRD, should márk **iníquities**, *
Lórd, who could **stánd?**
- 4 But with yóu is fóund **forgíveness**, *
that yóu may be **revéred**.
- 5 I lóng for yóu, O LÓRD, *
my soul lóns for his **wórd**.
- 6 My sóul hópes in the **Lórd** *
more than wátchmen for **dáybreak**.
Móre than wátchmen for **dáybreak**, *
7 let Ísrael hópe for the **LÓRD**.
For with the LÓRD there is lóving **mércy**, *
in hím is pléntiful **redémption**.
- 8 It is hé who will redéem **Ísrael** *
from áll its **iníquities**.

Glory...

ADVENT

V. *Take héart and procláim:*
R. Our Gód will come to sáve us.

CHRISTMAS

V. *All the trées of the wóod shout for jóy, / allelúia.*
R. At the présence of the LÓRD, for he cómes, / allelúia.

CHRISTMAS

The Responsory, Canticle Antiphon, Intercessions and conclusion are to be found in the Proper of Seasons. Refer to the number board to locate the specific page.

READING

RESPONSORY

A080

(4) Come and set us free, * Lord
God of pow - er and might.

*Let your face shine upon us and we shall be saved. Lord God...
Glory... Come and set...*

[Beginning on 17 December, refer to the board for the remainder of the Office.]



CANTICLE OF MARY [Luke 1:46-55]

"Blessed are you who trusted that what was spoken to you by the Lord would be fulfilled." (Luke 1:45) And Mary said:

FIRST WEEK OF ADVENT:

A073

(1) *Out of E - gypt__ I have called____ my Son;*
he will come____ to save____ his peo - ple.

THIRD WEEK OF ADVENT:

A106

(1) *Guard__ what is good and cher - ish what__ is*
true; for our sal - va - tion is__ at hand.__

FIRST AND THIRD WEEKS OF ADVENT:

PS042

4 *My soul procláims the gréatness of the Lórd,*
and my spírit exúlts in God my Sáviór,
 For he has lóoked upon his hándmaid in her lówliness;
 henceforth all áges will cáll me bléssed.


4 For the Almíghty has done gréat things for mé.
 And hólý is his náme.
 His loving mércy is from áge to áge
 for thóse who féar him. ~

OUR FATHER

ORATION

*Let us bless the Lord.
Thanks be to God.*

BLESSING

 **M**ERCIFUL LOVE
and faithfulness have met;
justice and peace have kissed.
Faithfulness shall spring from
the earth, and justice look down from heaven.

Psalm 85:11-12

Saturday I at Lauds

HYMN

Advent Lauds, before December 17 page 14

Advent Lauds, after December 17 page 18

Christmas Lauds. page 21

PSALM 65 (64)

You Provide for the Earth

See how the farmer waits for the precious fruit of the earth, being patient with it until it receives the early and late rains. You too must be patient. Jas 5:7-8

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):

(14/6) O God, our sav - ior,
you are the hope of all the earth.
+ PT034

DECEMBER 17-24:

(8) The an-gel said to Mar - y: Re-joyce,
high - ly fa - vored daugh - ter. Blest are
you a - mong wo - men.

DECEMBER 17-24:



I

- 2 *Práise is dúe to **yóu** **
in Síon, O **Gód**.
To yóu we pay our vóws in Jerúsalem, +
- 3 you who héar our **práyer**. *
To yóu all flésh will **cóme**.
4 Our evil déeds are too héavy for **ús**, *
but our transgréssions you wípe **awáy**.
- 5 Blessèd is hé whom you chóose and **cáll** *
to dwéll in your **cóurts**.
We are filled with the góod things of your **hóuse**, *
of your hólý **témple**.
- 6 With wóndrous delíverance you **áns**wer us, *
O Gód our **sá**viour.
You are the hópe of áll the **éarth**, *
and of fár distant **ísles**.
- 7 You estáblish the móuntains with your **stréngth**; *
you are gírded with **pó**wer.
8 You stíll the róaring of the séas, +
the róaring of their **wáves**, *
and the túmúlt of the **péop**les.
- 9 Distant péoples stánd in **áwe** *
at your wóndrous **déeds**.
The lánds of súnrise and **súnset** *
you fíll with your **jóy**.

Glory...

II

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):

OT107

(14/6) O God, you pro-vide for the
earth; you bless its growth.

PT034

DECEMBER 17-24:

A187

(8) Is - ra - el, pre-pare your heart to meet the
Lord, for he is com - ing.

PT032

- ¹⁰ *You visit the éarth, give it wáter; **
 you fill it with ríches.
 God's éver-flowing ríver brims óver *
 to prépare the gráin.
 And thús you providé for the éarth: *
- ¹¹ you drénch its fúrrows;
 You lével it, sóften it with shówers; *
 you bléss its grówth.

- 12 You crówn the yéar with your **bóunty**, *
and abúndance flóws in your **páthways**.
13 The pástures of the désert overflów, *
and the hílls are gírded with **jóy**,
14 The méadows are clóthed with flócks, +
and the válleys are décked with **whéat**. *
They shóut for jóy; yes, they **síng!**

Glory...

PSALM 8

God's Majesty and Adam's Dignity

*The Father gave Christ lordship of creation and
made him head of the Church. Eph 1:22*

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):

OT108

(1) From the mouths of chil - dren and
babes, you fash - ioned per - fect praise,
per - fect praise, O Lord.

DECEMBER 17-24:

A100

(10) O peo - ple of God, look up - on the Sav - ior: take
heart, all who wait for the Lord.

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):



DECEMBER 17-24:



² O LÓRD, our Lórd, how majéstic *
is your náme through áll the éarth!

Your májesty is sét above the héavens. *

³ From the móuths of chıldren and of bábes
You fáshioned praise to fóil your ényemy, *
to sílence the fóe and the rébel.

⁴ When I see the héavens, the wórks of your fíngers, *
the móon and the stárs which you arránged,

⁵ What is mán that you should kéept him in mínd, *
the son of mán that you cáre for hím?

⁶ Yet you have máde him little lówer than the ángels; *
with glóry and hónor you crówned him,

⁷ Gave him pówer over the wórks of your hánds: *
you put áll things únder his féet,

⁸ Áll of them, shéep and óxen, *
yes, éven the cáttle of the fíelds,

⁹ Birds of the áir, and físh of the séa *
that máke their wáy through the wáters.

¹⁰ O LÓRD, our Lórd, how majéstic *
is your náme through áll the éarth!

Glory...

ADVENT

V. *Fáithfulness shall spríng from the éarth,*
R. And jústice look dówn from héaven.

CHRISTMAS

V. *Let the hílls ring out their jóy, / allelúia.*
R. The LORD cómes to rúle the éarth, / allelúia.

CHRISTMAS

The Responsory, Canticle Antiphon, Intercessions and conclusion are to be found in the Proper of Seasons. Refer to the number board to locate the specific page.

READING

RESPONSORY

(4) Your light will come, _____ Je - ru - sa - lem; * the
LORD _____ will dawn _____ up - on you.

A066

*And you will see his glory within you. The LORD...
Glory... **Your light...***

[Beginning on 17 December, refer to the board for the remainder of the Office.]

CANTICLE OF ZACHARY [Luke 1: 68-79]

Then John's father Zechariah was filled with the Holy Spirit and prophesied.
(Luke 1:67)

A067

(7) Lift up your eyes, Je - ru - sa - lem, and
see the great power of your King; your
Sav - ior comes to set you free.

PS048

- 6 *Blést be the Lórd God of Ísrael:*
for he has vísited his péople and redéemed them.
He has raised úp for us a hórned of salvátion
in the Hóuse of Dávid his sérvant,
As he spóke through the móuth of his hólý ones,
his próphets from áges pást:
- 4 A sávior who would frée us from our fóes,
and from the hánds of áll who háte us,
To shów loving mércy to our fáthers
míndful of his hólý cóvenant.
- 4 This was the óath he swore to Ábraham our fáther,
to grant that fréed from the hánds of our fóes,
We might sérve him in hóliness and ríghteousness,
all the dáys of our life without féar.

- 6 And *yóu*, little *chíld*, will be **cáled**
próphet of Gód Most **Hígh**,
For *yóu* will gó before the **Lórd**
to make réady his wáys befóre him,
To grant a *knówledge* of salvátion to his **péople**
through the *forgíveness* of áll their **síns**.
- 5 By the *lóving mércy* of our **Gód**,
the *Dáwn* from on *hígh* will **vísit** us,
To *shíne* on those who *sít* in **dárkness**,
and thóse in the *shádown* of **déath**,
to guide our *féet* into the wáy of **péace**.

Glory...

INTERCESSIONS

We invoke God's son, born of the Virgin Mary.

Shine in our hearts, O Morning Star:

Lord, have mercy.

Free the world from the malice of the evil one:

Christ, have mercy.

Raise new disciples to praise you as monks:

Lord, have mercy.

May the divine assistance remain always with us:

And with our absent brethren.

OUR FATHER

ORATION

Let us bless the Lord.

Thanks be to God.

BLESSING

Saturday I at Daytime Prayer

HYMN

Advent Daytime Prayer, before December 17 . . . page 15

Advent Daytime Prayer, after December 17 . . . page 19

Christmas Daytime Prayer page 22

ANT: (ADVENT): *The ángel said to Máry: / Dó not be afraid / for yóu have found fávor with Gód.*

(CHRISTMAS): *My own éyes have séen the salvátion / that yóu have prépared / in the síght of áll the péople.*

PSALM 86 (85)

Guide My Heart to Revere Your Name

Blest be God who comforts us in all our trials. 2 Cor 1:3,4

I

- 1 *Turn your éar, O LÓRD, and ánsver me, **
for Í am póor and néedy.
- 2 *Presérve my sóul, for I am fáithful; **
save the sérvant who trúst in you, my Gód.
- 3 *Have mércy on mé, O Lórd, **
for I crý to you áll the day lóng.
- 4 *Gládden the sóul of your sérvant, **
for I líft up my sóul to you, O Lórd.
- 5 *O Lórd, you are góod and forgíving, **
full of mércy to áll who call to yóu.
- 6 *Give éar, O LÓRD, to my práyer, **
and atténd to my vóice in supplicátion.
- 7 *In the dáy of distréss, I will cáll to you, **
and súrely yóu will ánsver me.

- ⁸ Among the góds there is nóne like you, O Lórd, *
nor wórks to compáre with yóurs.
- ⁹ All the nátions you have máde shall cóme; +
they will bow dówn befóre you, O Lórd, *
and glórfify your náme,
- ¹⁰ For you are gréat and do márvelous déeds, *
yóu who alóne are Gód.

II

- ¹¹ *Téach me, O LÓRD, your wáy, +*
*so that Í may wálk in your trúth, **
single-héarted to féar your náme.
- ¹² I will práise you, Lord my Gód, with all my héart, *
and glórfify your náme foréver.
- ¹³ Your mércy to mé has been gréat; *
you have sáved me from the dépths of the gráve.
- ¹⁴ The proud have rísen agáinst me, O Gód; +
a bánd of the rúthless seeks my life. *
To yóu they páy no héed.
- ¹⁵ But you, O Gód, are compássionate and grácious, *
slów to ánger, O Lórd,
Abúndant in mércy and fidélity; *
- ¹⁶ túrn and take píty on mé.
O gíve your stréngth to your sérvant, *
and sáve the són of your hándmaid.
- ¹⁷ Shów me the sígn of your fávor, +
that my fóes may sée to their sháme *
that you, O LÓRD, give me cómfort and hélp. ✚



PSALM 88 (87)

My One Companion Is Darkness

*From noon until mid-afternoon there was darkness over all the earth.
Then Jesus cried out with a loud voice and yielded up his spirit. Mt 27:45,50*

- ² O LÓRD and Gód of my salvátion, *
I crý before you dáy and níght.
- ³ Let my práyer cóme into your présence. *
Inclíne your éar to my crý.
- ⁴ For my sóul is fílléd with évils; *
my lífe is on the brínk of the gráve.
- ⁵ I am réckoned as óne in the tómb; *
Í am like a wárríor without stréngth,
- ⁶ Like one róaming amóng the déad, *
like the sláin lýing in their gráves,
Like thóse you remémber no móre, *
cut óff, as they áre, from your hánd.
- ⁷ You have láid me in the dépths of the píit, *
in régions that are dárk and déep.
- ⁸ Your ánger wéighs down upón me; *
I am drówned benéath your wáves.
- ⁹ You have táken awáy my fríends; *
to thém you have máde me háteful.
Imprísoned, I cannót escápe; *
- ¹⁰ my éyes are súnken with gríef.
- I cáll to you, LÓRD, all day lóng; *
to yóu I strétch out my hánds.
- ¹¹ Will you wórk your wónders for the déad? *
Will the shádes rise úp to práise you?
- ¹² Will your mércy be tóld in the gráve, *
or your fáithfulness in the pláce of perdítion?
- ¹³ Will your wónders be knówn in the dárk, *
your jústice in the lánd of oblívion?
-

- 14 But Í, O LORD, crý out to yóu; *
in the mórning my práyer comes befóre you.
- 15 Whý do you rejéct me, O LÓRD? *
Why do you híde your fáce from mé?
- 16 I am wrétched, close to déath from my yóuth. *
I have bórne your trials; I am númb.
- 17 Your fúry has swept dówn upón me; *
your térrors have útterly destróyed me.
- 18 They surróund me all the dáy like a flóod; *
together they close ín agáinst me.
- 19 Friend and néighbor you have táken awáy: *
my óne compánion is dárkness.

Glory...

ANT: (ADVENT): The ángel said to Máry: /Dó not be afráid /
for yóu have found fávor with Gód.

(CHRISTMAS): My own éyes have séen the salvátion /
that yóu have prépared / in the síght of áll the péople.

BRIEF READING

ADVENT

V. *Remémber your compásson, O LÓRD.*
R. Your mérciful lóve is from of óld.

CHRISTMAS

V. *The Lórd has remémbered his prómise, / allelúia.*
R. Gód has been fáithful to his péople, / allelúia.


Let us pray.

ORATION

*Let us bless the Lord.
Thanks be to God.*

*May the souls of the faithful departed,
through the mercy of God, rest in peace.
Amen.*

*May the divine assistance remain always with us.
And with our absent brethren. Amen.*

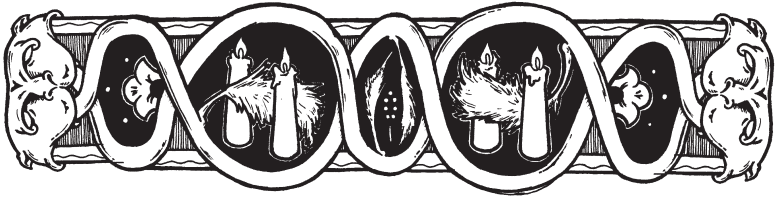
 WATCHMAN, how much longer
the night? Watchman, how
much longer the night?" The watchman re-
plies, "Morning has come, and again night.
If you will ask, ask; come back again."

Isaiah 21:11

Week II







Sunday II at First Vespers

Choir Leader: OT001

O God, come to my as - sist - ance.

All:

O Lord, make haste to help me.

Glo - ry to the Fa - ther, and to the

Son, and to the Ho - ly Spir - it: as it

was in the be - gin - ning, is now, and will

be for ev - er. A - men. Al - le - lu - ia.

HYMN

Advent Vespers, before December 17 page 16

Advent Vespers, after December 17 page 20

PSALM 141 (140)

Evening Offering of Incense

An angel stood before the face of God, thurible in hand.

The fragrant incense soaring aloft was the prayer of God's people on earth. Rv 8:3-4

Musical notation for the hymn, consisting of three staves of music in G major (one sharp) and 4/4 time. The first staff is labeled A053 and contains the lyrics: (7) Pro-claim_ it to the peo - ples, make it heard:_ Be-. The second staff continues the melody and contains the lyrics: hold, God__ our Sav - ior is com - ing. The third staff is labeled PT024 and contains a short melodic phrase with a '+' sign above it.

- 1 *I have called to you, LÓRD; hásten to **hélp** me! **
Héar my vóice when I crý to **yóu**.
 - 2 Let my práyer be accépted as incense befóre you, *
the ráising of my hánds like an évening oblátion.
 - 3 Sét, O LÓRD, a guárd on my **móuth**; *
keep wáтч at the dóor of my **líps**!
 - 4 Do not túrn my héart to thíngs that are évil, +
to wícked déeds with thóse who are **sínners**. *
Néver allów me to sháre in their **féasting**.
 - 5 If a góod man stríkes me it is kíndness; +
but let the óil of the wícked not anóint my **héad**. *
Let my práyer be éver agáinst their **málice**.
-

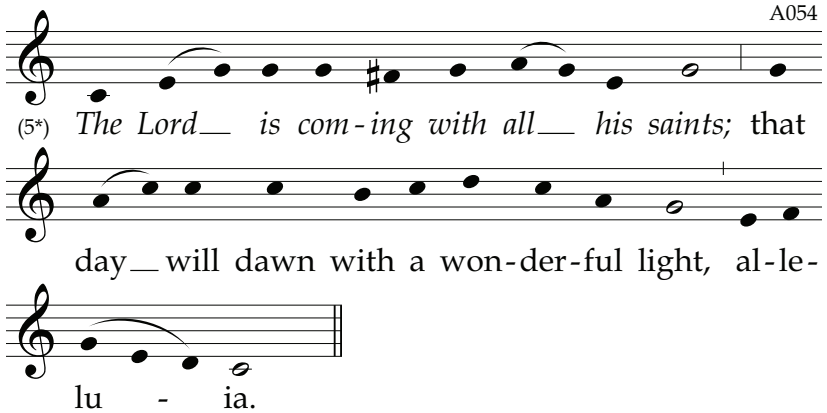
- 6 If they fáll into the mérciless hánds of their **jú**dgés, *
 théy will grásp how kínd are my **wó**rds.
- 7 As clóds of éarth plowed úp on the **gró**und, *
 so their bónes were stréwn at the móuth of the **grá**ve.
- 8 To you my éyes are túrned, O LÓRD, my **Ló**rd. *
 In yóu I take réfuge; spáre my **só**ul!
- 9 From the tráp they have láid for me, kéept me **sá**fe; *
 kéept me from the snáres of thóse who do évil.
- 10 Let the wícked togéther fáll into their **trá**ps, *
 while Í pursúe my wáy un**hár**med.

Glory...

PSALM 116B (115:10-19)
You Have Loosened My Bonds

Through Christ let us offer to God a continual sacrifice of praise. Heb 13:15

A054



(5*) The Lord__ is com-ing with all__ his saints; that
 day__ will dawn with a won-der-ful light, al-le-
 lu - ia.

PT018



10 I trústed, éven when I **sá**id, *
 "I am sórely **af**flícted," ~

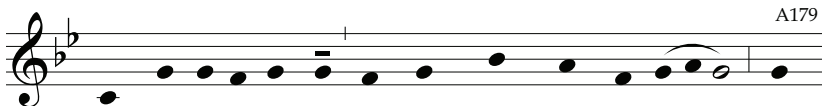


- 11 And w^hén I sáid in my **alárm**, *
 “These péople are all **líars**.”
- 12 Hów can I repáy the **LÓRD** *
 for áll his góodness to **mé**?
- 13 The cúp of salvátion I will **ráise**; *
 I will cáll on the náme of the **LÓRD**.
- 14 My vóws to the **LÓRD** I will **fulfíll** *
 before áll his **péople**.
- 15 How précious in the éyes of the **LÓRD** *
 is the déath of his **fáithful**.
- 16 Your sérvant, **LORD**, your sérvant am **Í**, +
 the són of your **hándmaid**; *
 you have lóosened my **bón ds**.
- 17 A thánksgiving sácrifice I **máke**; *
 I will cáll on the náme of the **LÓRD**.
- 18 My vóws to the **LÓRD** I will **fulfíll** *
 before áll his **péople**,
- 19 In the cóurts of the hóuse of the **LÓRD**, *
 in your mídst, O Jerúsalem.

Glory...

PSALM 16 (15)
My Portion and My Cup

*God freed him from death's bitter pangs, and raised him up again.
 For it was impossible that death should keep its hold on him. Acts 2:24*



- (1) *New cit-y of Si-on, let your heart sing for joy;— be -*

hold how hum-bly your King comes_ to save_ you.

PT001

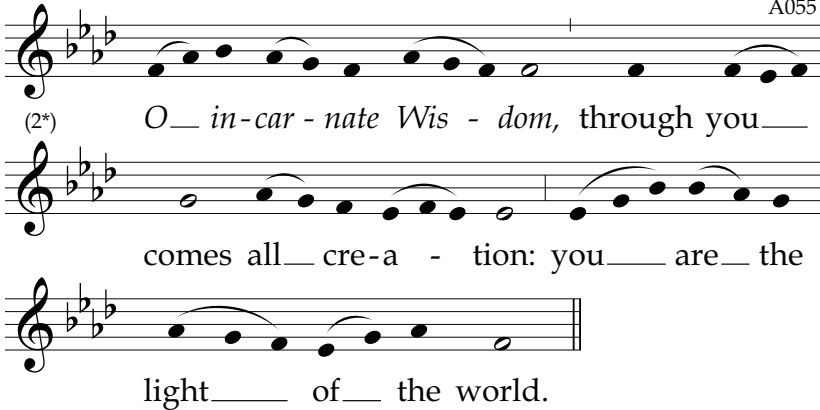
- 1 *Presérve me, O Gód, for in yóu I take réfuge.* +
- 2 *I sáy to the LÓRD, "Yóu are my LÓrd. **
My háppiness líes in yóu alóne."
- 3 *As for the hólý ones who dwéll in the lánd, **
they are nóble, and in thém is all my delíght.
- 4 *Those who chóose other góds incréase their sórrows. +*
*I will nót take párt in their ófferings of blóod. **
Nór will I táke their námes upon my líps.
- 5 *O LÓRD, it is yóu who are my pórtion and cúp; **
yóu yoursélf who secúre my lót.
- 6 *Pléasant pláces are márked out for mé: **
a pleasing héritage indéed is míne!
- 7 *I will bléss the LÓRD who gíves me cóunsel, **
who éven at níght dirécts my héart.
- 8 *I kéept the LÓRD befóre me álways; **
with hím at my ríght hand, I shall nót be móved.
- 9 *And so, my héart rejóices, my sóul is glád; **
éven my flésh shall rést in hópe.
- 10 *For yóu will not abándon my sóul to héll, **
nor lét your hólý one sée corrúption.
- 11 *You will shów me the páth of lífe, +*
*the fúllness of jóy in your présence, **
at your ríght hand, blíss foréver.

Glory...

JOHN 1:1-5,10-12A,14,16
Hymn to the Word of God

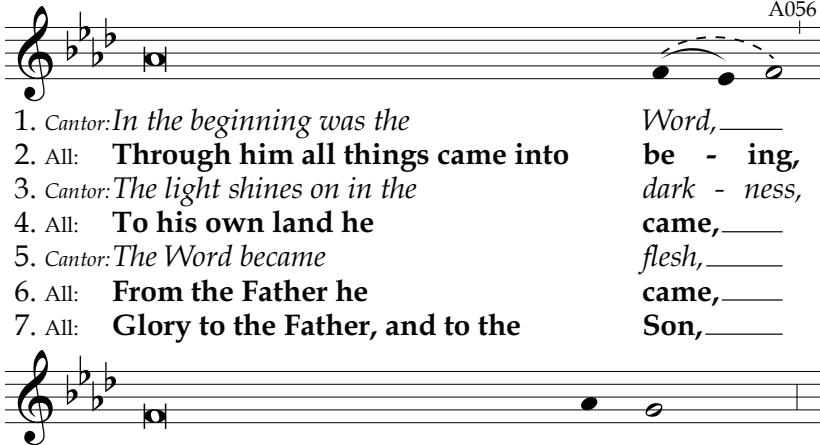
In times past, God spoke in partial and various ways to our ancestors through the prophets; in these last days, he spoke to us through a son, whom he made heir of all things and through whom he created the universe. Heb 1:1-2

A055

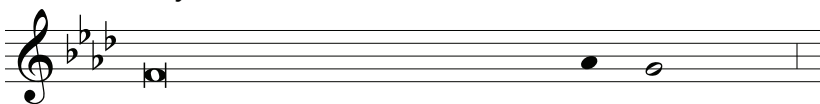


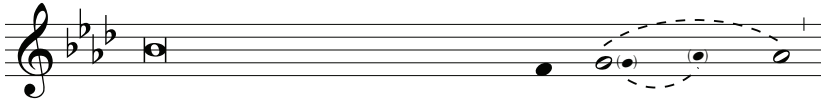
(2*) O in-car-nate Wis-dom, through you
comes all cre-a-tion: you are the
light of the world.

A056

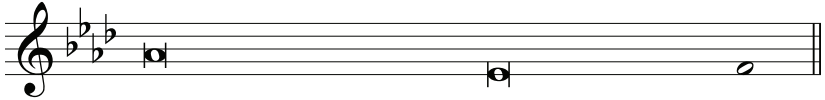


1. Cantor: *In the beginning was the* Word,
2. All: **Through him all things came into** be-ing,
3. Cantor: *The light shines on in the* dark-ness,
4. All: **To his own land he** came,
5. Cantor: *The Word became* flesh,
6. All: **From the Father he** came,
7. All: **Glory to the Father, and to the** Son,

- 
1. *and the Word was in the presence of God.*
 2. **and apart from him nothing came to be.**
 3. *A darkness that did not over-come it.*
 4. **yet his own people did not welcome him.**
 5. *and made his dwelling among us.*
 6. **filled with love and fidelity.**
 7. **and to the Holy Spirit:**



1. *And the Word* was God:_____
2. **Whatever came to be in him, found life,**_____
3. *He was in* the world,_____
4. **But those** who **wel-c**omed him
5. *And we have seen* his glo - ry,
6. **And of his fulness we have all re - ceived**_____
7. **As it was in the beginning, is now,**_____



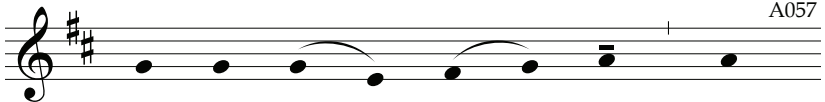
1. *He was present to* God in the be - ginning.
2. **life for the light of the** human **race.**
3. *yet the world did not* know who he was.
4. **he empowered to become** children of **God.**
5. *the glory of an* only son.
6. **the love that is** lavished up - on us.
7. **and will be for** - ever. A - men.

V. *My soul wáits for the LÓRD.*

R. I cóunt on his wórd.

READING

RESPONSORY



(4) Let us see,___ O___ LORD, * your



mer - ci-ful love.---

And grant us your salvation, your merciful...

Glory... Let us see...

CANTICLE OF MARY [Luke 1:46-55]

"Blessed are you who trusted that what was spoken to you by the Lord would be fulfilled." (Luke 1:45) And Mary said:

A074

(8) I am send - ing my an - gel be - fore__ me
to pre - pare__ the way__ for my com - ing.

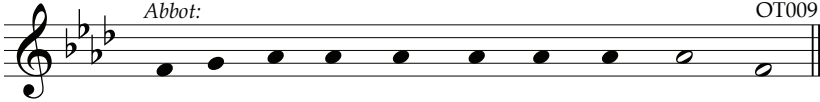
PS041

- 4 *My soul procláims the gréatness of the **Lórd**,
and my spírit exúlts in God my **Sáviór**,
For he has lóoked upon his hándmaid in her **lów**liness;
henceforth all áges will cáll me **bléssed**.*
- 4 For the Almíghty has done gréat things for **mé**.
And hóly ís his **náme**.
His loving mércy is from áge to áge
for thóse who **féar** him.
- 6 He has made knówn the stréngth of his **árm**,
and has scáttered the próud of **héart**.
He has put dówn the míghty from their **thrónes**
and has exálted thóse who are **lów**ly.
He has fílléd the húngry with **góod** things,
and has sént the rích away **émpty**.

OUR FATHER

OT009

Abbot:

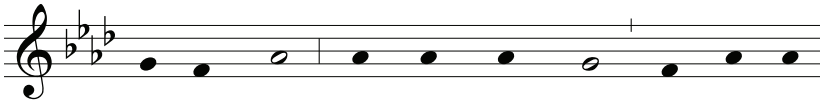


Let us pray as Christ the Lord has taught us:

Assembly:



Our_ Fa-ther, who art in heav-en, hal-lowed



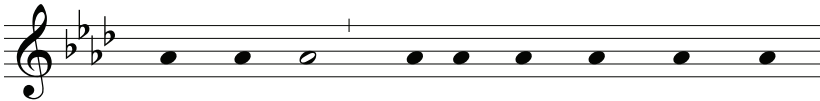
be thy name; thy king-dom come; thy will be



done on earth as it is in heav-en. Give us this



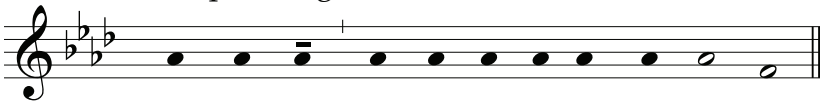
day our dai-ly bread; and for-give us our



tres-pass-es as we for-give those who



tres-pass a-against us; and lead us not in-to



temp-tation, but de-liv-er us from e - vil.

ORATION

Let us bless the Lord.

Thanks be to God.

BLESSING



Sunday II at Lauds

Choir Leader: OT001

O God, come___ to my as - sist - ance.

All:

O Lord, make haste to help___ me.

Glo - ry to the Fa - ther, and to the

Son, and to the Ho - ly Spir - it: as it

was in the be - gin - ning, is now, and will

be for ev - er. A - men. ___ Al - le - lu - ia.

HYMN

Advent Lauds, before December 17 page 14
Advent Lauds, after December 17 page 18

PSALM 118 (117)
I Shall Not Die, but Live

*Jesus Christ the Nazorean, whom you crucified, is the stone rejected by you,
the builders, which has become the cornerstone. Acts 4:10-11*

Musical notation for the hymn, consisting of four staves of music in G major (one sharp). The first staff is labeled A061. The second staff begins with a circled number 8. The lyrics are: "A great ___ proph-et will come to Je-ru-sa-lem; of that peo-ple he will make a new ___ cre- a - tion, al - le - lu - ia." The third staff ends with a double bar line. The fourth staff is labeled PT029 and includes a plus sign (+) above the first measure.

- 1 Give *práise* to the LÓRD, for he is *góod*; *
his mércy endúres foréver.
- 2 Let the hóuse of Ísrael *sáy*, *
"His mércy endúres foréver."
- 3 Let the hóuse of Áaron *sáy*, *
"His mércy endúres foréver."
- 4 Let thóse who féar the LORD *sáy*, *
"His mércy endúres foréver."
- 5 I called to the LÓRD in my *distréss*; *
he has *áns*wered and *fréed* me.

- 20 This is the gáte of the LÓRD, *
where the júst may énter.
- 21 I will thánk you, for yóu have ánswered, *
and yóu are my sávior.
- 22 The stóne that the buílders rejécted *
has becóme the córnerstone.
- 23 By the LÓRD has thís been dóné, *
a márvel in our éyes.
- 24 This is the dáy the LÓRD has máde; *
let us rejóice in ít and be glád.
- 25 O LÓRD, gránt salvátion; *
O LÓRD, gránt succéss.
- 26 Blést is hé who cómes *
in the náme of the LÓRD.
We bléss you from the hóuse of the LÓRD; *
27 the LORD is Gód, and has gíven us líght.
Go fórward in procéssion with bránches, *
as fár as the hórns of the áltar.
- 28 Yóu are my Gód, I práise you. *
My Gód, I exált you.
- 29 Give práise to the LÓRD, for he is góod; *
his mércy endúres foréver.

Glory...

DANIEL 3:52-57

From the Temple of Your Holy Glory

*But you have come to Mount Sion and to the city of the living God,
the heavenly Jerusalem, and to innumerable angels in festal gathering. Heb 12:22*

A060



God. He is com - ing, the Lord of a
king-dom that lasts — for ev-er, al - le-lu - ia.

PT026

- 52 *Blest are yóu, O Lórd, the Gód of our fórebears, **
to be práised and híghly exálted foréver;
Blést is your glórious and hóly **náme**, *
to be híghly práised and exálted foréver.
- 53 *Blest are yóu in the témple of your hóly glóry; **
to be híghly práised and glórfified foréver.
- 54 *Blést are yóu on the thróne of your kíngdom, **
to be práised and híghly exálted foréver.
- 55 *Blést are yóu who lóok into the dépths, +*
séated upón the **chérubim**, *
to be práised and híghly exálted foréver.
- 56 *Blést are yóu in the fírmament of héaven, **
to be práised and híghly glórfified foréver.
- 57 *Bless the Lórd, áll you wórks of the Lórd, **
práise and híghly exált him foréver.

Glory...

PSALM 148

Sing Praise, Creatures Great and Small

Then I heard the voice of every creature in heaven and on earth and under the earth
and in the sea, everything in the universe crying aloud:

“Praise and honor, glory and might be for ever to the Lamb.” Rv 5:13

(1) I will en-fold Si-on with my sal-va-tion and
shed my glo-ry a-round Je-ru-sa-
lem, al-le-lu-ia.

- Práise the LÓRD from the **héavens**; *
práise him in the **héights**.
- 2 Práise him, áll his **ángels**; *
práise him, áll his **hósts**.
- 3 Práise him, sún and **móon**; *
práise him, all shíning **stárs**.
- 4 Práise him, highest **héavens**, *
and the wáters abóve the **héavens**.
- 5 Let them práise the náme of the LÓRD. *
He commáded: théy were créated.
- 6 He estáblished them foréver and **éver**, *
gave a lów which shall nótt pass awáy.
- 7 Práise the LÓRD from the **éarth**, *
sea créatures and all ócean **dépths**,

- 8 Fire and háil, snów and **míst**, *
 stormy wínds that fulfill his commánd;
- 9 Móuntains ánd all **hílls**, *
 frúit trees ánd all **cédars**,
- 10 Béasts, both wíld and **táme**, *
 réptiles and bírds on the **wíng**;
- 11 Kíngs of the éarth and all **péoples**, *
 prínces and all júdges of the **éarth**,
- 12 Young mén and máidens as **wéll**, *
 the óld and the yóung **together**.
- 13 Let them práise the náme of the LÓRD, +
 for his náme alóne is exálted, *
 his spléndor above héaven and **éarth**.
- 14 He exálts the stréngth of his **péople**. *
 He is the práise of áll his **fáithful**,
 The práise of the chíldren of Ísrael, *
 of the péople to whóm he is **clóse**.

Glory...

PSALM 150

Cosmic Hymn of Praise

To God be glory in the Church and in Christ Jesus, through all generations. Eph 3:21

A059

(13/5) *On that day* — *sweet* — *wine will flow from the*
moun-tains, *milk* — *and hon - ey from the*
hills, *al - le - lu - - - ia.*



- Praise Gód in his hóly pláce; **
 in his míghty firmament, **práise** him.
- 2 **Práise** him for his pówerful **déeds; ***
 práise him for his bóundless **grándeur.**
- 3 O práise him with sóund of **trúmpet; ***
 práise him with lúte and **hárp.**
- 4 **Práise** him with tímbrel and **dánce; ***
 práise him with stríngs and **pípes.**
- 5 O práise him with resóunding cýmbals; +
 práise him with cláshing of **cýmbals. ***
- 6 Let éverything that bréathes praise the **LÓRD!**

Glory...

V. *Cry óút to the cíties of Júdah:*

R. The LORD God cómes with pówer and míght.

READING

RESPONSORY



(4) Christ, Son of the liv - ing__ God: * have



mer - cy on__ your__ peo - ple.

You are the One who is to come. Have mercy...

Glory... Christ, Son...

CANTICLE OF ZACHARY [Luke 1:68-79]

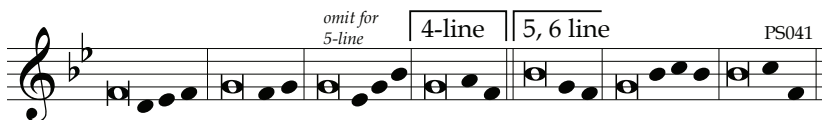
Then John's father Zechariah was filled with the Holy Spirit and prophesied.
(Luke 1:67)

A074

(8) I am send - ing my an - gel be - fore__ me
to pre - pare__ the way__ for my com - ing.

PS041

- 6 *Blést be the Lórd God of Ísrael:*
for he has vísited his péople and redéemed them.
He has raised úp for us a hórñ of salvátion
in the Hóuse of Dávid his sérvant,
As he spóke through the móuth of his hólý ones,
his próphets from áges pást:
- 4 A sáviór who would fréé us from our fóes,
and from the hánds of áll who háte us,
To shów loving mércy to our fáthers
míndful of his hólý cóvenant.
- 4 This was the óath he swore to Ábraham our fáther,
to grant that fréed from the hánds of our fóes,
We might sérve him in hóliness and ríghteousness,
all the dáys of our life without féar. ~



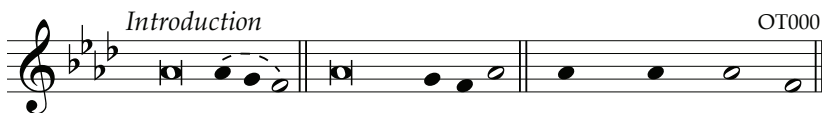
6 And **yóu**, little **chíld**, will be **called**
 próphet of Gód Most **Hígh**,
 For **yóu** will **gó** before the **Lórd**
 to make **réady** his **wáys** **befóre** him,
 To grant a **knówledge** of **salvátion** to his **péople**
 through the **forgíveness** of **ál**l their **síns**.

5 By the **lóving** **mércy** of our **Gód**,
 the **Dáwn** from on **hígh** will **vísit** us,
 To **shíne** on those who **sít** in **dárkness**,
 and **thóse** in the **shádw** of **déath**,
 to guide our **féet** into the **wáy** of **péace**.

Glory...

INTERCESSIONS

We lift our voices in praise of our Savior.



Petition... Lord, have mer-cy.
 Christ, have mer-cy.
 Lord, have mer-cy.

Rouse us from slumber, O Dawn from on high: Lord...

Be present to us as we announce your Resurrection: Christ...

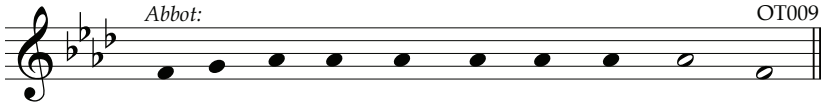
Raise up vocations to this house of your worship: Lord...

May the divine assistance remain always with us:

And with our absent brethren.

OUR FATHER

OT009

*Abbot:**Let us pray as Christ the Lord has taught us:**Assembly:*

Our Fa-ther, who art in heav-en, hal-lowed



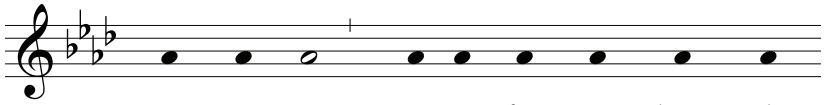
be thy name; thy king-dom come; thy will be



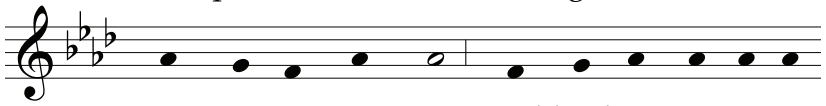
done on earth as it is in heav-en. Give us this



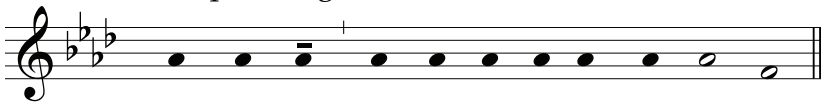
day our dai-ly bread; and for-give us our



tres-pass-es as we for-give those who



tres-pass a-gainst us; and lead us not in-to



temp-ta-tion, but de-liv-er us from e - vil.

ORATION

Let us bless the Lord.

Thanks be to God.

BLESSING



Sunday II at Daytime Prayer

HYMN

Advent Daytime Prayer, before December 17 . . . page 15

Advent Daytime Prayer, after December 17 . . . page 19

ANT: *Dáughter of Jerúsalem, rejoice and be glád; / your kíng
will cóme to you.*

PSALM 119 (118):1-8

Meditation on God's Law

Aleph

Love is the fulfillment of the law. Rom 13:10

- 1 *Blessed are thóse whose wáy is blámeless, **
 who wálk in the lów of the LÓRD!
- 2 *Blessed are thóse who kéeep his decreés! **
 With áll their héarts they séek him.
- 3 *They néver do ánything évil, **
 but wálk in his wáys.
- 4 *Yóu have láid down your précepts **
 to be cárefully képt.
- 5 *Máy my wáys be fírm **
 in kéeeping your státutes.
- 6 *Thén I shall nótt be put to sháme **
 as I obsérve all your commánds.
- 7 *I will thánk you with an úpright héart, **
 as I léarn your just júdgments.
- 8 *Í will kéeep your státutes; **
 do not éver forsáke me.

PSALM 119 (118):9-16

Beth

Be imitators of God as his dear children. Eph 5:1

- ⁹ *How shall a yóuth remain púre on his wáy? **
By obéying your wórd.
- ¹⁰ I have sóught you with áll my héart; *
let me not stráy from your commánds.
- ¹¹ I tréasure your wórd in my héart, *
lest I sín agáinst you.
- ¹² Blést are yóu, O LÓRD; *
téach me your státutes.
- ¹³ With my líps have Í recóunted *
all the decrées of your móuth.
- ¹⁴ I rejóice in the wáy of your précepts, *
as though all ríches were míne.
- ¹⁵ Í will pónder your précepts, *
and consíder your páths.
- ¹⁶ I táke delíght in your státutes; *
I will nót forget your wórd.

PSALM 119 (118):17-24

Gimel

Let us go beyond the initial teaching about Christ and advance to maturity. Heb 6:1

- ¹⁷ *Deal bóuntifully with your sérvant, **
that I may líve and kéeep your wórd.
- ¹⁸ Ópen my éyes, that I may sée *
the wónders of your láw.
- ¹⁹ Í am a pílgrim in the lánd; *
híde not your commánds from mé.
- ²⁰ My sóul is consúmed with lónging *
at all tímes for yóur decrées. ~

- 21 You threaten the proud, the accursed, *
 who stray from your commands.
22 Free me from scorn and contempt, *
 for I observe your decrees.
23 Though princes sit plotting against me, *
 your servant ponders your statutes.
24 See, your decrees are my delight; *
 your statutes are my counselors.

Glory...

ANT: Daughter of Jerusalem, rejoice and be glad; / your
king will come to you.

BRIEF READING

V. *Let the nations be glad and shout for joy.*
R. With uprightness you rule the nations.

Let us pray.

ORATION

Let us bless the Lord.
Thanks be to God.

*May the souls of the faithful departed,
through the mercy of God, rest in peace.*
Amen.

May the divine assistance remain always with us.
And with our absent brethren. Amen.



Sunday II at Second Vespers

Choir Leader: OT001

O God, come___ to my as - sist - ance.

All:

O Lord, make haste to help___ me.

Glo - ry to the Fa - ther, and to the

Son, and to the Ho - ly Spir - it: as it

was in the be - gin - ning, is now, and will

be for ev - er. A - men. ___ Al - le - lu - ia.

HYMN

Advent Vespers, before December 17 page 16

Advent Vespers, after December 17 page 20

PSALM 110 (109)

Sit at My Right Hand

*Christ must reign until God has put all enemies under his feet.
The last enemy to be destroyed is death. 1 Cor 15:25-26*

Musical notation for the hymn "Sit at My Right Hand" in G major (one sharp) and 4/4 time. The melody is written on a treble clef staff. The lyrics are: (8) See how glo - ri - ous he is, com - ing forth as a Sav - ior for all peo - ples. The notation includes a key signature of one sharp (F#) and a common time signature (C). The piece is identified as A063. There is a plus sign (+) above the staff and PT030 to the right.

- 1 *The LÓRD's revelátion to my lórd: +
"Sít at my right hánd, *
until I máke your fóes your fóotstool."*
- 2 *The LÓRD will sénd from Síon +
your scépter of pówér: *
rúle in the mídst of your fóes.*
- 3 *With yóu is princely rúle *
on the dáy of your pówér.
In holy spléndor, from the wómb before the dáwn, *
I have begóttén yóu.*
- 4 *The LÓRD has sworn an óath he will not chánge: +
"Yóu are a príest foréver, *
in the líne of Melchízedeck."*

- 5 The Lórd, stánding at your **ríght**, *
shatters kíngs in the dáy of his **wráth**.
- 6 He brings a júdgment amóng the nátions, +
and héaps the bódies **high**; *
he shatters héads throug hóut the wide **éarth**.
- 7 He shall drínk from the stréam by the **wáyside**, *
and thérefore he shall líft up his **héad**.

Glory...

PSALM 113 (112)

The Poor in the Company of Princes

He has cast down the mighty and lifted up the lowly. Lk 1:52

A184

(8) Crook - ed paths will be straight - ened, and
rough_ ways_ made_ smooth. Come, O
Lord, do not de - lay, al - le - lu - ia.

PT029

- Práise, O sérvants of the LÓRD, **
práise the náme of the LÓRD!
- 2 May the náme of the LÓRD be **blést** *
both nów and foréver**móre**!
- 3 From the rísing of the sún to its sétting, *
práised be the náme of the LÓRD! ~

- 4 High above all nátions is the **LÓRD**, *
above the héavens his **glóry**.
- 5 **Whó** is like the **LÓRD**, our **Gód**, *
who dwélls on **hígh**,
- 6 Who lówers himself to look **dówn** *
upon héaven and **éarth**?
- 7 From the dúst he lífts up the **lówly**, *
from the ásh heap he ráises the **póor**,
- 8 To sét them in the cómpany of **prínces**, *
yés, with the prínces of his **péople**.
- 9 To the chíldless wífe he gives a **hóme** *
as a jóyful móther of **chíldren**.

Glory...

PSALM 114 (113A)

Trembling Earth, Retreating Jordan

*All these people did not receive what had been promised.
God had foreseen something better for us. Heb 11:39-40*

A064

(1*) Let the moun - tains break forth with joy, —

and the hills — with jus - tice; for the Lord —

comes — with might. —



- When Ísrael came fórch from Égypt, *
 the house of Jácob from a fóreign **péople**,
- 2 Júdah becáme his **témp**le, *
 Ísrael becáme his **domáin**.
- 3 The séa behéld them and **fléd**; *
 the Jórdan turned báck on its **cóurse**.
- 4 The móuntains léapt like **ráms**, *
 and the hílls like yéarling **shéep**.
- 5 Whý was it, séa, that you **fléd**; *
 that you túrned báck, Jórdan, on your **cóurse**?
- 6 O móuntains, that you léapt like **ráms**; *
 O hílls, like yéarling **shéep**?
- 7 Trémble, O éarth, before the **Lórd**, *
 in the présence of the Gód of **Jácob**,
- 8 Who túrns the róck into a **póol**, *
 and flínt into a spríng of **wáter**.

Glory...



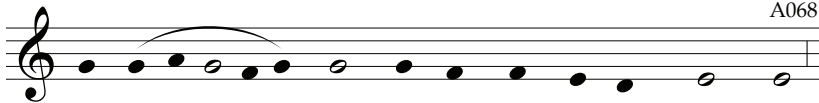
DEOPLE OF SION, the Lord
 will come to save all nations,
 and your hearts will exult to
 hear his majestic voice.

cf Is 30: 19, 30

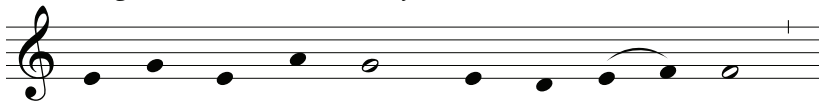
REVELATION 4:8B; 3:7; 7:14B-17; 1:7
Witnesses of the Lamb

One of the elders said to me, "Do not weep. The lion of the tribe of Judah, the root of David, has triumphed, enabling him to open the scroll with its seven seals." Rv 5:5

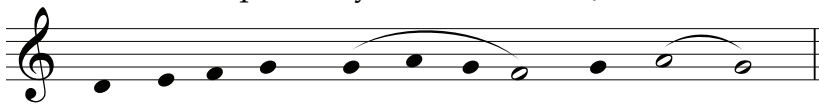
A068



(8) A great _____ cloud of wit-ness-es sur-rounds us:



let us keep our eyes fixed on Je - sus,



seat-ed at the throne _____ of God. ____



PT032

- 4:8b *Holy is the Lord God Almighty:* *
 he who was, and who is to **come!**
- 3:7 He is the holy and **faithful** One, *
 who wields the key of **David**.
 He opens, and no one can **close**, *
 he closes, and no one can **open**.
- 7:14b These are the ones who have survived the **great** trial: *
 they have washed their robes
 in the blood of the **Lamb**.
- 7:15 Day and night they minister to him in his **temple**: *
 he who sits on the throne will give them **shelter**.
- 7:16 Never again shall they hunger or **thirst**, *
 nor shall the heat of the sun beat **down** on them.

- 7:17 For the Lamb on the throne will shepherd them, +
 he will lead them to springs of life-giving **water**, *
 and God will wipe away every tear from their **eyes**.
- 1:7 See, he comes amid the clouds! +
 Every eye shall **see** him, *
 even of those who **pierced** him.
 All the people of the **earth** *
 shall lament him. **Amen**.

Glory...

V. *My soul waits for the LÓRD.*
 R. I cóunt on his wórd.

READING

RESPONSORY

A057

(4) Let us see, — O — LORD, * your
 mer - ci-ful love. —

And grant us your salvation, your merciful...
Glory... Let us see...

CANTICLE OF MARY [Luke 1:46-55]

“Blessed are you who trusted that what was spoken to you by the Lord would be fulfilled.” (Luke 1:45) And Mary said:

A074

(8) I am send - ing my an - gel be - fore me
to pre - pare the way for my com - ing.

omit for
5-line

4-line	5, 6 line
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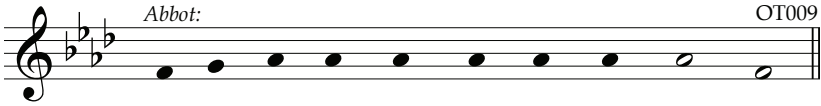
PS041

- 4 *My soul procláims the gréatness of the Lórd,
and my spírit exúlts in God my Sávior,
For he has lóoked upon his hándmaid in her lówliness;
henceforth all áges will cáll me bléssed.*
- 4 For the Almíghty has done gréat things for mé.
And hólý ís his náme.
His loving mércy is from áge to áge
for thóse who féar him.
- 6 He has made knówn the stréngth of his árm,
and has scátted the próud of héart.
He has put dówn the míghty from their thrónes
and has exálted thóse who are lówly.
He has fílléd the húngry with góod things,
and has sént the rích away émpy.

OUR FATHER

OT009

Abbot:



Let us pray as Christ the Lord has taught us:

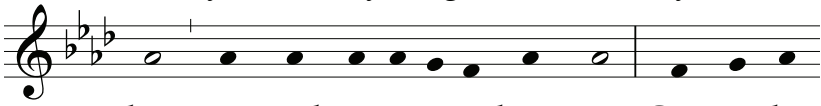
Assembly:



Our_ Fa - ther, who art in heav-en, hal-lowed



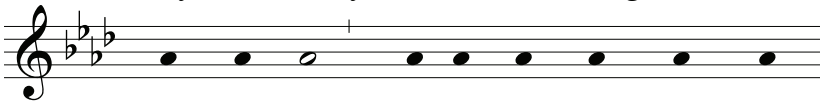
be thy name; thy king-dom come; thy will be



done on earth as it is in heav-en. Give us this



day our dai - ly bread; and for-give us our



tres-pass-es as we for-give those who



tres-pass a - gainst us; and lead us not in-to



temp-ta-tion, but de-liv-er us from e - vil.

ORATION

Let us bless the Lord.

Thanks be to God.

BLESSING

Monday II at Lauds

HYMN

Advent Lauds, before December 17 page 14
Advent Lauds, after December 17 page 18
Christmas Lauds page 21
Epiphany Lauds page 24

PSALM 77 (76)

Sleepless Night

We are afflicted in every way possible, but we are not crushed. 2 Cor 4:8

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):

OT135

(2*) O God, _____ all _____ your ways _____ are ho - ly.

You are the God _____ who works _____ won - ders.

DECEMBER 17-24:

A181

(2*) My soul _____ has yearned _____ for you in the

night, and as the morn - ing breaks I

watch for your com-ing.

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):



DECEMBER 17-24:



- ² *I crý alóud to Gód, **
 cry alóud to Gód that he may **héar** me.
- ³ In the dáy of my distréss I seek the Lórd. +
 In the níght my hands are ráised **unwéaried**; *
 my sóul refúses **cómfort**.
- ⁴ As I remémber my Gód, I **gróan**. *
 I pónder, and my spírit **fáints**.
- ⁵ You kéeep my éyes from **clósing**. *
 I am tróubled, unáble to **spéak**.
- ⁶ I thínk of the dáy of long **agó**, *
 and remémber the yéars long **pást**.
- ⁷ At níght I múse within my **héart**. *
 I pónder, and my spírit **quéstions**.
- ⁸ “Will the Lórd rejéct us foréver? *
 Will he shów us his fávör no **móre**?
- ⁹ Has his mércy vánished foréver? *
 Has his prómise cóme to an **énd**?
- ¹⁰ Has Gód forgóttén his **mércy**, *
 or in ánger withdráwn his **compásson**?”
- ¹¹ I said, “Thís is what cáuses my **gríef**: *
 that the right hánd of the Most Hígh has **chánged**.”
- ¹² I remémber the déeds of the **LÓRD**, *
 I remémber your wónders of **óld**;

- 13 I múse on áll your **wórks**, *
and pónder your míghty **déeds**.
- 14 Your wáy, O Gód, is in the **hóly** place. *
What gód is as gréat as our **Gód**?
- 15 Yóu are the Gód who works **wónders**. *
Among the péoples you shówed your **pówer**.
- 16 Your strong árm redéemed your **péople**, *
the descéndants of Jácob and **Jóseph**.
- 17 The wáters sáw you, O Gód, +
the wáters sáw you and **án**guished. *
Yes, the dépths were móved to **trémble**.
- 18 The clóuds poured dówn with ráin. +
The skíes sent fóρθ their **vóice**; *
Your árrows fláshed to and **fró**.
- 19 Your thúnderous vóice was in the whírlwind; +
your fláshes líghted up the **wórd**. *
The éarth was móved and **trémbled**. *
- 20 Your wáy was thróugh the séa, +
Your páth through the míghty **wáters**, *
but the tráce of your stéps was not **séen**.
- 21 You guíded your péople like a **flóck** *
by the hánd of Móses and **Áaron**.

Glory...



PSALM 87 (86)
City of God

The heavenly Jerusalem is the free woman; she is our mother. Gal 4:26

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):

OT136

(13/5) *Let us draw near to Mount Si - on;*
come to the cit - y of the liv - ing God.

PT016

DECEMBER 17-24:

A099

(8) *The an-gel said to Mar - y: Re-joyce,*
high - ly fa - vored daugh - ter. Blest
you a - mong wo - men.

PT032

- ¹ *Founded by him on the hóly móuntain, +*
- ² *the LÓRD loves the gátes of Síon, **
more than áll the dwéllings of Jácob.

- 3 Of yóu are told glórious **things**, *
yóu, O cíty of **Gód!**
- 4 “Rahab and Bábylon Í will **cóunt** *
among thóse who **knów** me;
Of Tyre, Philístia, Ethiópia, it is **tóld**, *
‘There was thís one **bórn.**’
- 5 But of Sión it sháll be **sáid**, *
‘Each one was bórn in **hér.**’
Hé, the Most Hígh, estáb(lished it). +
- 6 In his régister of péoples the LORD **writes**, *
“Hére was thís one **bórn.**”
- 7 The síngers cry óut in **chórus**, *
“In yóu, all fínd their **hóme.**”

Glory...

PSALM 96 (95)

The Lord Is King and Judge

*Conduct yourselves in holiness and devotion, waiting for
and hastening the coming of the Day of God. 2 Pt 3:11-12*

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):

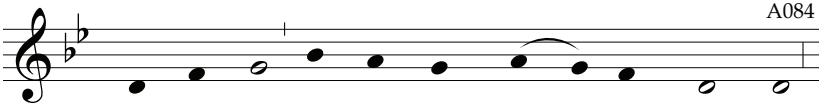
OT137

(8) Pro-claim__ to the na - tions: "God__ is
King!" With jus-tice he will rule the world;__
he will judge__ the peo-ples with his truth.

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):



DECEMBER 17-24:



(10) *On that day jus-tice and peace_ shall flour-ish:*



like the sun and moon he shall_ en-dure.



- 1 *O sÍng a new sÓng to the LÓRD; +
sÍng to the LÓRD, all the éarth. **
- 2 *O sÍng to the LÓRD; bless his náme.
Procláim his salvátion day by dáy. +*
- 3 *Téll among the nátions his glóry, *
and his wÓnders amÓng all the péoples.*
- 4 *For the LÓRD is great and híghly to be práised, +
to be féared abÓve all gÓds. **
- 5 *For the gÓds of the nátions are náught.
It was the LÓRD who máde the héavens. +*
- 6 *In his présence are májesty and spléndor, *
stréngth and hÓnor in his hÓly place.*
- 7 *Give the LÓRD, you fámilies of péoples, +
gÍve the LORD glóry and pÓwer; **
- 8 *Give the LÓRD the glóry of his náme.*

- Bring an offering and enter his courts; +
9 Worship the LÓRD in holy **splendor**. *
 O tremble before him, all the **earth**.
- 10 Say to the nations, "The LÓRD is king." +
 The world he made firm in its **pláce**; *
 He will judge the peoples in **fairness**.
- 11 Let the heavens rejoice and earth be glad; +
 let the sea and all within it thunder **práise**. *
- 12 Let the land and all it bears rejoice.

- Then will all the trees of the wood shout for joy +
13 at the presence of the LÓRD, for he **comes**, *
 He comes to judge the **earth**.
 He will judge the world with **justice**; *
 he will govern the peoples with his **truth**.

Glory...

ADVENT

V. *Cry out to the cities of Judah:*

R. The LÓRD God comes with power and might.

CHRISTMAS

V. *Sing a new song to the LÓRD, / allelúia.*

R. His holy arm has brought salvation, / allelúia.

EPIPHANY

V. *The kings of Shéba and Séba shall bring him gifts.*

R. All nations shall serve him.

READING

CHRISTMAS AND EPIPHANY

The Responsory, Canticle Antiphon, Intercessions and conclusion are to be found in the Proper of Seasons. Refer to the numberboard to locate the specific page.

RESPONSORY

A066

(4) Your light will come, — Je-ru-sa-lem; * the
LORD — will dawn — up - on you.

*And you will see his glory within you. The LORD...
Glory... Your light...*

[Beginning on 17 December, refer to the board for the remainder of the Office.]

CANTICLE OF ZACHARY [Luke 1: 68-79]

*Then John's father Zechariah was filled with the Holy Spirit and prophesied.
(Luke 1:67)*

A075

(1) The Lord pro-claims: Re-pent, — the king -
dom of God — is up-on you, al-le-lu - ia.



- 6 *Blést be the Lórd God of Ísrael:*
for he has vísited his péople and redéemed them.
 He has raised úp for us a hórñ of salvátion
 in the Hóuse of Dávid his **sérvant**,
 As he spóke through the móuth of his **hóly** ones,
 his próphets from áges **pást**:
- 4 A sáviór who would fréé us from our **fóes**,
 and from the hánds of áll who **háte** us,
 To shów loving mércy to our **fát**hers
 míndful of his hóly **cóvenant**.
- 4 This was the óath he swore to Ábraham our **fát**her,
 to grant that fréed from the hánds of our **fóes**,
 We might sérve him in hóliness and **righteousness**,
 all the dáys of our lífe without **féar**.
- 6 And yóu, little chíld, will be **cá**lled
 próphet of Gód Most **Hígh**,
 For yóu will gó before the **Lórd**
 to make réady his wáys **befóre** him,
 To grant a knówledge of salvátion to his **péople**
 through the forgíveness of áll their **síns**.
- 5 By the lóving mércy of our **Gód**,
 the Dáwn from on hígh will **vísit** us,
 To shíne on those who sít in **dárkness**,
 and thóse in the shádw of **déath**,
 to guide our féet into the wáy of **péace**.

Glory...

INTERCESSIONS

*As day dawns we call upon the Light of **Lights**.*

*Grant that our works today be pleasing **in your sight**:
Lord, have mercy.*

*Make known to the nations your coming as man:
Christ, have mercy.*

*Stir many young hearts to seek **you** as monks.
Lord, have mercy.*

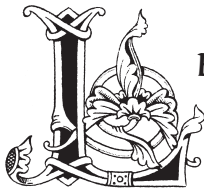
*May the divine assistance remain **always** with us:
And with our absent brethren.*

OUR FATHER

ORATION

*Let us bless the Lord.
Thanks be to God.*

BLESSING



ET THE CLOUDS
*rain down the Just One,
and the earth bring forth a Savior.*

Isaiah 45:8

Monday II at Daytime Prayer

HYMN

Advent Daytime Prayer, before December 17 . .	page 15
Advent Daytime Prayer, after December 17 . . .	page 19
Christmas Daytime Prayer	page 22
Epiphany Daytime Prayer.	page 25

ANT: (ADVENT): *This is the good néws the próphets foretold: /*
The Sáviór will be bórn of the Vírgin Máry.

(CHRISTMAS): *Máry, the móther of Jésus, and Jóseph /* were
fílléd with wónder / at áll that was sáid about the chíld.

(EPIPHANY): *Behóld, this great mýstery, /* hídden through
all áges and from áll generátions, / is revéaled to ús
todáy.

PSALM 119 (118):25-32

Daleth

The kingdom of God does not consist in talk, but in power. 1 Cor 4:20

- ²⁵ *My sóul holds fást to the dúst; **
 revíve me by your wórd.
- ²⁶ *I decláred my wáys and you ánsówered me; **
 téach me your státutes.
- ²⁷ *Make me grásp the wáy of your précepts, **
 and I will pónder your wónders.
- ²⁸ *My sóul pines áwáy with gríef; **
 by your wórd raise me úp.
- ²⁹ *Kéep me from the wáy of fálsehood; **
 grant me mércy by your lów.
- ³⁰ *I have chósen the wáy of fáithfulness; **
 your decrées I have uphéld. ~

- ³¹ I clíng to your decreés, O LÓRD; *
let me nó be put to sháme.
³² I will rún the wáy of your commánds; *
you open wíde my héart.

PSALM 119 (118):33-40

He

You heard of this hope through the message of truth, the gospel. Col 1:5

- ³³ LORD, téach me the wáy of your státutes, *
and I will kéept them to the énd.
³⁴ Grant me ínsight that Í may keep your lów, *
and obsérve it wholehéartedly.
³⁵ Guíde me in the páth of your commánds, *
for in thém is my delíght.
³⁶ Bénd my héart to your decreés, *
and not to wróngful gáin.
³⁷ Turn my éyes from gázíng on vánities; *
in your wáy, give me lífe.
³⁸ Fulfill your prómise to your sérvant, *
that yóu may be revéred.
³⁹ Túrn away the táunts I dréad, *
for your decreés are good.
⁴⁰ Sée, I lóng for your précepts; *
give me lífe by your jústice.

PSALM 119 (118):41-48

Vau

*As I look to the Day of Christ, you give me cause to boast
that I did not run the race in vain or work to no purpose. Phil 2:16*

- ⁴¹ LÓRD, let your mércy come upón me, *
the salvátion you have prómised.

- 42 I shall ánswer thóse who táunt me, *
for I trúst in your wórd.
- 43 Never táke the word of trúth from my móuth, *
for I hópe in your decreés.
- 44 I shall álways kéep your lów, *
foréver and éver.
- 45 I shall wálk on a spácious pláin, *
for I séek your précepts.
- 46 I will spéak of your decreés before kíngs, *
and nó be abáshed.
- 47 In your commánds I have fóund my delíght; *
thése I have lóved.
- 48 I reach óut to your commánds, which I lóve, *
and pónder your státutes.

Glory...

ANT: (ADVENT): This is the góod news the próphets
foretóld: / The Sáviór will be bórn of the Vírgin Máry.

(CHRISTMAS): Máry, the móther of Jésus, and Jóseph /
were filled with wónder / at áll that was sáid about the
chíld.

(EPIPHANY): Behóld, this great mýstery, / hídden through
all áges and from áll generátions, / is revéaled to ús
todáy.

BRIEF READING

ADVENT

V. *O Gód of hósts, bríng us bák;*
R. Let your fáce shine fóρθ, and wé shall be sáved.

CHRISTMAS

V. *Let the héavens rejóice and éarth be glád, / allelúia.*
R. Let the lánd and all it béars rejóice, / allelúia.

EPIPHANY

V. *All the nátions you have máde shall cóme;*
R. They will bow dówn befóre you, O Lórd.

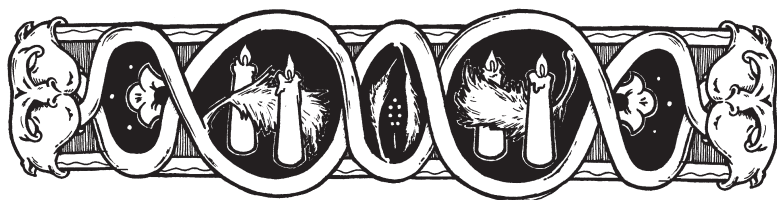
Let us pray.

ORATION

Let us bless the Lord.
Thanks be to God.

*May the souls of the faithful departed,
through the mercy of God, rest in peace.*
Amen.

May the divine assistance remain always with us.
And with our absent brethren. Amen.



Monday II at Vespers

HYMN

Advent Vespers, before December 17	page 17
Advent Vespers, after December 17	page 20
Christmas Vespers	page 23
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PSALM 122 (121)

Rejoicing at the Gates

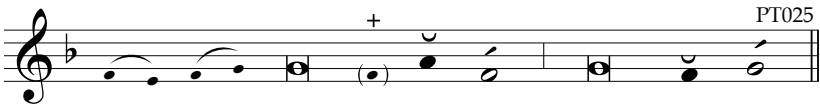
*Peace I leave with you; my peace I give to you.
Not as the world gives do I give it to you. Jn 14:27*

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):

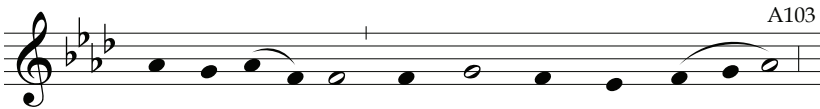
OT113

(7) Pray — for the peace — of Je-ru - sa-lem;
may — peace be with-in — your walls. Peace up-
on you.

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):



DECEMBER 17-24:



(10/2) *Out of Si - on shall go forth the law, —*
and the word — of the Lord — from Je -
ru - sa - lem.



- 1 *I rejoiced when they said to mé, **
“Let us go to the house of the LÓRD.”
- 2 *And now our feet are stánding **
withín your gátes, O Jerúsalem.
- 3 *Jerúsalem is buílt as a cíty **
bonded as óne togéther.
- 4 *It is thére that the tríbes go úp, **
the tríbes of the LÓRD.
*For Ísrael’s wítness it ís **
to práise the náme of the LÓRD.
- 5 *Thére were set the thrónes for júdgment, **
the thrónes of the hóuse of Dávid.
- 6 *For the péace of Jerúsalem práy, **
“May they próspér, thóse who lóve you.”

- 7 May péace abíde in your **wáalls**, *
and secúurity bé in your **tówers**.
- 8 For the sáke of my fá mily and **fríends**, *
let me sáy, "Péace upon **yóu**."
- 9 For the sáke of the hóuse of the LÓRD, our **Gód**, *
Í will séek good thín gs for **yóu**.

Glory...

PSALM 125 (124)

The Lord Surrounds His People

Peace to God's true Israel. Gal 6:16

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):

OT143

(2*) The Lord sur-rounds his peo - ple

both__ now__ and for ev - er.

DECEMBER 17-24:

A104

(8) For Si - on's sake I will not be si - lent, un-

til her Just____ One comes__ forth like the

splen - dor of dawn.____

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):



DECEMBER 17-24:



- 1 *Those who put their trust in the LÓRD +
are like Mount Sión, that cannot be **shá**ken, *
that stánds foréver.*
- 2 *Jerúsalem! The móuntains surróund her; +
so the LÓRD surróunds his **pé**ople, *
both nów and foréver.*
- 3 *For the scépter of the wícked shall not **ré**st *
over the lánd allótted to the **júst**,
For féar that the hánds of the **júst** *
should túrn to évil.*
- 4 *Do góod, LORD, to thóse who are **góod**, *
to the úpright of **hé**art;*
- 5 *But thóse who túrn to crooked wáys— +
the LÓRD will drive áway with the **wícked**! *
On Ísrael, **pé**ace!*

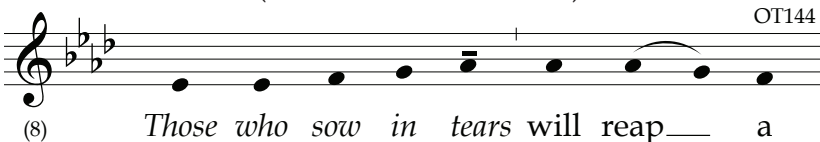
Glory...

PSALM 126 (125)

Tearful Sowing, Joyful Reaping

As you share in the sufferings, so you will share in the consolation. 2 Cor 1:7

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):

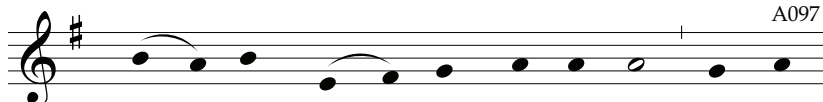




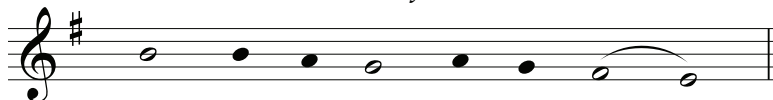
har-vest in joy._____



DECEMBER 17-24:



(2*) God___ will come___ from Leb - a - non, and his



splen - dor will be like the light._____



- 1 *When the LÓRD brought back the éxiles of Síon, **
we thóught we were **dréaming**.
- 2 *Thén was our móuth filled with láughter; **
on our tóngues, songs of **jóy**.
Then the nátions themselves sáid, "What great **déeds** *
the LÓRD worked for **thém!**"
- 3 *What great déeds the LÓRD worked for ús! **
Indéed, we were **glád**.
- 4 *Bring báck our éxiles, O LÓRD, **
as stréams in the **sóuth**.
- 5 *Thóse who are sówing in téars **
will síng when they **réap**. ~

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):



DECEMBER 17-24:



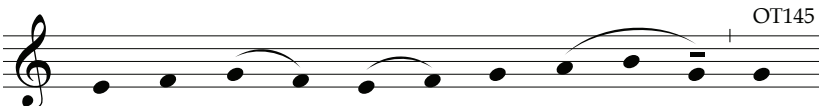
6 They go óut, they go óut, full of téars, *
bearing séed for the sówing;
They come báck, they come báck with a sóng, *
béaring their shéaves.

Glory...

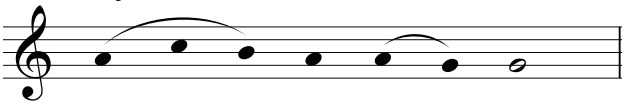
PSALM 127 (126)
In Vain Is Your Earlier Rising

You are God's building. 1 Cor 3:9

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):



(8) *May the Lord__ build__ our house_____ and*



guard_____ our ci - ty.



DECEMBER 17-24:

A089

(8) A-wake, a-wake! A-rise, O Je-ru-sa-lem! Loose the bonds from your neck, O cap-tive daugh-ter Si-on.

PT030

- 1 *If the LÓRD does not build the **hóuse**, **
in váin do its builders **lábor**;
If the LÓRD does not guárd the **cíty**, *
in váin does the guárd keep **wá**tch.
- 2 In váin is your éarlier **rísing**, *
your góing láter to **rést**,
You who tóil for the bréad you **éat**, *
when he pours gifts on his belóved while they **slumber**.
- 3 Yes, chídren are a gift from the LÓRD, *
a bléssing, the frúit of the **wómb**.
- 4 Indéed, the sóns of **yóuth** *
are like árrows in the hánd of a **wárrior**.
- 5 Bléssed ís the **wárrior** *
who has fílléd his quíver with these **árrows**!
He will háve no cáuse for **sháme**, *
when he dispútes with his fóes in the **gáteways**.

Glory...

ADVENT

V. *My soul waits for the LÓRD.*

R. I cOUNT on his wórd.

CHRISTMAS

V. *All the énds of the éarth have séen, / allelúia.*

R. The salvátion of our Gód, / allelúia.

EPIPHANY

V. *Let the péoples práise you, O Gód;*

R. Let áll the nátions práise you.

CHRISTMAS AND EPIPHANY

The Responsory, Canticle Antiphon, Intercessions and conclusion are to be found in the Proper of Seasons. Refer to the number board to locate the specific page.

READING

RESPONSORY

A080

(4) Come and set___ us___ free, * Lord

God___ of pow - er and might.____

*Let your face shine upon us and we shall be saved. Lord God...
Glory... Come and set...*

[Beginning on 17 December, refer to the board for the remainder of the Office.]

CANTICLE OF MARY [Luke 1:46-55]

"Blessed are you who trusted that what was spoken to you by the Lord would be fulfilled." (Luke 1:45) And Mary said:

(1) *The Lord pro-claims: Re-pent, _____ the king -*
dom of God_ is up-on you, al-le-lu - ia.

- 4 *My soul procláims the gréatness of the Lórd,*
and my spírit exúlts in God my Sáviór,
 For he has lóoked upon his hándmaid in her lówliness;
 henceforth all áges will cáll me **bléssed**.
- 4 For the Almíghty has done gréat things for **mé**.
 And hóly ís his **náme**.
 His loving mércy is from áge to áge
 for thóse who **féar** him.
- 6 He has made knówn the stréngth of his **árm**,
 and has scátted the próud of **héart**.
 He has put dówn the míghty from their **thrónes**
 and has exálted thóse who are **lówly**.
 He has fílléd the húngry with **góod** things,
 and has sént the rích away **émpy**. ~

Tuesday II at Lauds

HYMN

Advent Lauds, before December 17 page 14
Advent Lauds, after December 17 page 18
Christmas Lauds page 21
Epiphany Lauds page 24

PSALM 84 (83)

The Roads to Sion

Here we have no lasting city; we are seeking one which is to come. Heb 13:14

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):

OT149

(7) Bless-ed are they who dwell in your house, for
ev-er sing-ing your praise, O Lord of hosts.

DECEMBER 17-24:

A065

(4) Si-on is our might-y cit-y; throw
o-pen the gates, for our God is
here a-mong us.

- 11 One dáy withín your **cóurts** *
 is bétter than a thóusand **é**lsewhere.
 The thréshold of the hóuse of **Gód** *
 I préfér to the ténts of the **wícked**.
 12 For the LORD Gód is a sún, a **shíeld**; *
 the LORD will gíve us his fávör and **glóry**.
 He will nót withhóld any **góod** *
 to thóse who wálk without **bláme**.
 13 O LÓRD of hósts, how **bléssed** *
 is the mán who trústs in **yóu!**

Glory...

PSALM 85 (84)

God's Glory Will Dwell in Our Land

Do not let your hearts be troubled. Have faith in God and faith in me. Jn 14:1

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):

OT150

(9/1) You blessed, O LORD, your land; you for-gave the
 guilt of your peo - ple.

DECEMBER 17-24:

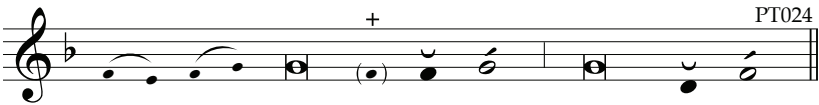
A082

(6*) Bless those, O Lord, who have wait-ed for your
 com-ing; let your proph - ets be proved true.

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):



DECEMBER 17-24:



- 2 O LÓRD, *you have fávored your lánd,* *
and brought báck the cáptives of Jácob.
- 3 You forgáve the guílt of your péople, *
and cóvered áll their síns.
- 4 You avérted áll your ráge; *
you turned báck the héat of your ánger.
- 5 Bring us báck, O Gód, our sáviór! *
Put an énd to your gríevance agáinst us.
- 6 Will you be ángry with ús foréver? *
Will your ánger last from áge to áge?
- 7 Will you nót restóre again our lífe, *
that your péople may rejóice in yóu?
- 8 Let us sée, O LÓRD, your mércy, *
and gránt us yóur salvátion.
- 9 I will héar what the LÓRD God spéaks; +
he speaks of péace for his péople and his fáithful, *
and those who túrn their héarts to hím.
- 10 His salvátion is néar for those who féar him, *
and his glóry will dwéll in our lánd.
- 11 Merciful lóve and fáithfulness have mét; *
jústice and péace have kíssed.
- 12 Fáithfulness shall spríng from the éarth, *
and jústice look dówn from héaven.
-

- 13 Also the LÓRD will bestów his **bóunty**, *
and our éarth shall yíeld its **íncrease**.
- 14 Jústice will márch befóre him, *
and gúide his stéps on the wáy.

Glory...

PSALM 97 (96)

Light Shines Forth for the Righteous

We who are receiving the unshakable kingdom should have gratitude, with which we should offer worship pleasing to God in reverence and awe. Heb 12:28-29

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):

OT151

(5*) *The skies pro-claim the jus-tice of the Lord; all*
peo - ples see his glo - ry.

DECEMBER 17-24:

A100

(10) *O peo-ple of God, look up-on the Sav-ior: take*
heart, all who wait for the Lord.

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):



DECEMBER 17-24:



- 1 *The LORD is kÍng, let éarth rejóice; **
let the mány íslands be **glád**.
- 2 Clóud and dárkness surróund him; *
justice and rÍght are the foundátion of his **thróne**.
- 3 A fÍre prepáres his **páth**; *
it búrns up his fóes on every **sÍde**.
- 4 His líghtnings líght up the **wórlD**; *
the éarth looks ón and **trémble**s.
- 5 The móuntains mélt like wáx +
befóre the fáce of the **LÓRD**, *
before the fáce of the Lórd of all the **éarth**.
- 6 The skÍes procláim his **jústice**; *
all péoples sée his **glóry**.
- 7 Let thóse who serve ídols be ashámed, +
those who bóast of their wóρθless **góds**. *
All you ángels, wórship **hÍm**.
- 8 SÍon héars and is glád; +
the dáughters of Júdah **rejóice** *
becáuse of your júdgments, O **LÓRD**.
- 9 For yóu indéed are the **LÓRD**, +
most hÍgh above áll the **éarth**, *
exálted fár above all **góds**.
- 10 The **LÓRD** loves thóse who hate évil; +
he guárds the sóuls of his **fáithful**; *
he sÉts them frée from the **wÍcked**.

- ¹¹ Líght shines fóρθ for the **júst** one, *
and jóy for the úpright of **héart**.
¹² Rejóice in the LÓRD, you **júst**; *
to the mémory of his hóliness give **thánks**.

Glory...

ADVENT

V. *Cry óút to the cíties of Júdah:*

R. The LORD God cómes with pówer and míght.

CHRISTMAS

V. *Síng a new sóng to the LÓRD, / allelúia.*

R. His holy árm has bróught salvátion, / allelúia.

EPIPHANY

V. *The kíngs of Shéba and Séba shall bríng him gífts.*

R. All nátions shall sérve him.

CHRISTMAS AND EPIPHANY

The Responsory, Canticle Antiphon, Intercessions and conclusion are to be found in the Proper of Seasons. Refer to the number board to locate the specific page.

READING

RESPONSORY

A066

(4) Your light will come, _____ Je-ru-sa-lem; * the
LORD _____ will dawn _____ up - on you.

*And you will see his glory within you. The LORD...
Glory... Your light...*

[Beginning on 17 December, refer to the board for the remainder of the Office.]

CANTICLE OF ZACHARY [Luke 1: 68-79]

Then John's father Zechariah was filled with the Holy Spirit and prophesied.
(Luke 1:67)

(8) Re-joyce and be glad, O daugh - ter Si-on;
I will come and make my dwell-ing in
you, says the Lord.

- 6 *Blést be the Lórd God of Ísrael:*
for he has vísited his péople and redéemed them.
He has raised úp for us a hórnn of salvátion
in the Hóuse of Dávid his sérvant,
As he spóke through the móuth of his hólly ones,
his próphets from áges **pást:**
- 4 A sáviór who would frée us from our **fóes,**
and from the hánds of áll who **háte** us,
To shów loving mércy to our **fáthers**
míndful of his hólly **cóvenant.**
- 4 This was the óath he swore to Ábraham our **fáther,**
to grant that fréed from the hánds of our **fóes,**
We might sérve him in hóliness and **ríghteousness,**
all the dáys of our lífe without **féar.**

- 6 And *yóu*, little *chíld*, will be **cáled**
próphet of Gód Most **Hígh**,
For *yóu* will gó before the **Lórd**
to make réady his wáys befóre him,
To grant a knówledge of salvátion to his **péople**
through the forgíveness of áll their **síns**.
- 5 By the lóving mércy of our **Gód**,
the Dáwn from on hígh will **vísit** us,
To shíne on those who sít in **dárkness**,
and thóse in the shádown of **déath**,
to guide our fées into the wáy of **péace**.

Glory...

INTERCESSIONS

*As day arises we invoke the Sun of **Justice**.*

Illumine our works with your heavenly wisdom:

Lord, have mercy.

Uphold our leaders in the integrity of your truth:

Christ, have mercy.

*Light the way of those who would seek **you** as monks:*

Lord, have mercy.

*May the divine assistance remain **always** with us:*

And with our absent brethren.

OUR FATHER

ORATION

Let us bless the Lord.

Thanks be to God.

BLESSING

Tuesday II at Daytime Prayer

HYMN

Advent Daytime Prayer, before December 17 . . . page 15
Advent Daytime Prayer, after December 17 . . . page 19
Christmas Daytime Prayer page 22
Epiphany Daytime Prayer. page 25

ANT: (ADVENT): *The angel Gábríel gréeted Máry: / Háil, full of gráce, the Lórd is with yóu; / blést are yóu among wómen.*

(CHRISTMAS): *Máry treasured áll these wóords / and pón-dered them in her héart.*

(EPIPHANY): *Christ Jésus has cóme, / brínging the jóyful néws: / péace to thóse who were far óff; / péace to thóse who are néar.*

PSALM 119 (118):49-56

Zayin

How deep are the riches and the wisdom and the knowledge of God! Rom 11:33

- 49 *Remémber your wórd to your sérvant, **
by which you máde me hópe.
50 *This is my cómfort in sórrow: **
that your prómise gives me life.
51 *Though the próud may útterly deríde me, **
I do not túrn from your lów.
52 *When I remémber your júdgments of óld, **
these, O LÓRD, consóle me.
53 *I am séized with indignátion at the wícked **
who forsáke your lów.

- 54 Your státutes have becóme my sóng *
wheréver I dwéll.
55 I reméber your náme in the níghttime, *
and I kéeep your lów.
56 Thís has béeen my lów, *
for I have képt your précepts.

PSALM 119 (118):57-64

Heth

The word of God has echoed forth from you resoundingly. 1 Thes 1:8

- 57 *I have sáid, "O LÓRD, my pórtion **
is to obéy your wórds."
58 With all my héart I implóre your fávor; *
as with your prómise, have mércy.
59 Í have póndered my wáys, *
and turned my stéps to your decrées.
60 I made háste; I did nó deláy *
to obéy your commánds.
61 Though the néts of the wícked ensnáre me, *
your lów I did nó forgét.
62 At mídnight I will ríse and thánk you *
for your júst decrées.
63 I am a fríend of áll who revére you, *
who kéeep your précepts.
64 O LORD, your mérciful lów fills the éarth. *
Téach me your státutes. ✠



PSALM 119 (118):65-72

Teth

By doing good, you will bring to salvation yourself and all who hear you. 1 Tm 4:16

- 65 O LÓRD, you have been góod to your sérvant, *
accórding to your wórd.
- 66 Téach me good júdgment and knówledge, *
for I trúst in your commánds.
- 67 Befóre I was húmbled, I stráyed, *
but nów I keep your wórd.
- 68 You are góod, and you dó what is góod; *
téach me your státutes.
- 69 The árrogant sméar me with lées; *
with all my héart I keep your précepts.
- 70 Their héart is dénse like fát, *
but your lów is my delíght.
- 71 It was góod for mé to be húmbled, *
that I might léarn your státutes.
- 72 The lów from your móuth means móre to me *
than large quántities of sílver and góld.

Glory...

ANT: (Advent): The angel Gábriel gréeted Máry: / Háil, full of gráce, the Lórd is with yóu; / blést are yóu among wómen.

(Christmas): Máry treasured áll these wórds / and pón-dered them in her héart.

(Epiphany): Christ Jésus has cóme, / brínging the jóyful néws: / péace to thóse who were far óff; / péace to thóse who are néar.

BRIEF READING

ADVENT

V. *Lórd, let your mércy come upón me,*
R. The salvátion you have prómised.

CHRISTMAS

V. *I will make a stóck sprout úp for Dávid;*
R. I will preparé a lámp for my anóinted.

EPIPHANY

V. *All earth's kíngs shall thánk you, O Lórd.*
R. They shall síng of the wáys of the Lórd.

Let us pray.

ORATION

Let us bless the Lord.
Thanks be to God.

*May the souls of the faithful departed,
through the mercy of God, rest in peace.*
Amen.

May the divíne assistance remain always with us.
And with our absent brethren. Amen.

Tuesday II at Vespers

HYMN

Advent Vespers, before December 17 page 17
Advent Vespers, after December 17 page 20
Christmas Vespers page 23
Epiphany Vespers page 26

PSALM 128 (127)

Marriage Blessing

*I will welcome you and be a father to you, and you will be my sons and daughters,
says the Lord Almighty. 2 Cor 6:17-18*

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):

OT155A

(8) *May the Lord— bless— you; and may you see*

peace all the days— of your life.

PT029

DECEMBER 17-24:

A087

(6*/8) *The Lord, — the rul-er o-ver the kings of the*

earth, will come; bless-ed are they who are

read - y to go and wel - come him.

PT029

- 1 *Blessèd are áll who féar the LÓRD, **
and wálk in his wáys!
- 2 By the lábor of your hánds you shall éat. *
Blessèd and prósperous will you bé.
- 3 Your wífe like a frúitful **víne** *
in the héart of your **hóuse**;
Your chýldren like shóots of the **ólive** *
aróund your **táble**.
- 4 *Bléssèd indéed shall **bé** **
the man who féars the **LÓRD**.
- 5 May the LÓRD bléss you from Sión. +
May you sée Jerúsalem **prósper** *
all the dáys of your **lífe**!
- 6 May you sée your chýldren's **chýldren**. *
On Ísrael, **péace**!

Glory...



PSALM 131 (130)
Childlike Trust in God

Learn from me, for I am gentle and humble of heart. Mt 11:29

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):

OT156

(10/4) Un-less you ac-quire the heart of a child, you
can-not en-ter the king-dom of God.

Detailed description: This block contains musical notation for the first part of the psalm. It features two staves of music in a 10/4 time signature with a key signature of one flat (B-flat). The melody is simple and childlike, consisting of quarter and eighth notes. The lyrics are written below the notes. A reference code 'OT156' is in the top right corner.

PT012

Detailed description: This block contains musical notation for the second part of the psalm. It features a single staff of music in a 10/4 time signature with a key signature of one flat. The melody continues from the previous block. A reference code 'PT012' is in the top right corner.

DECEMBER 17-24:

A098

(2*) The Law was giv-en through Mo-ses; grace and
truth have come through Je-sus Christ.

Detailed description: This block contains musical notation for the second part of the psalm. It features two staves of music in a 10/4 time signature with a key signature of one sharp (F#). The melody is simple and childlike, consisting of quarter and eighth notes. The lyrics are written below the notes. A reference code 'A098' is in the top right corner.

PT006

Detailed description: This block contains musical notation for the third part of the psalm. It features a single staff of music in a 10/4 time signature with a key signature of one sharp. The melody continues from the previous block. A reference code 'PT006' is in the top right corner.

- 1 O LÓRD, my héart is not *próud*, *
nor háughty my éyes.
I have not góne after things too gréat, *
nor márvels beyónd me.
- 2 Trúly, I have sét my sóul *
in tranqúility and sílence.

As a weaned child on its **móther**, *
as a weaned child is my **sóul** withín me.

³ O Ísrael, wáit for the **LÓRD**, *
both nów and foréver.

Glory...

PSALM 132 (131)
Oath of David, Oath of God

The Lord will give him the throne of his ancestor David. He will rule over the house of Jacob forever, and his reign will be without end. Lk 1:32

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):

OT157

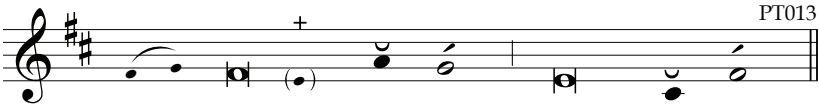
(4) The LORD swore an oath__ to Da - vid: "Your
king-dom will re-main__ firm for - ev - er."

DECEMBER 17-24:

A096

(6*) Our King will come from Si - on: the__
Lord,__ God - with-us, is his name.__

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):



DECEMBER 17-24:



- 1 O LÓRD, *remémber Dávid* *
and áll the hárdships he endúred,
- 2 The óath he swóre to the LÓRD, *
his vów to the Stróng One of Jácob.
- 3 “Í will not énter my hóuse, *
nor gó to the béd where I rést;
- 4 I will gíve no sléep to my éyes, *
to my éyelids I will gíve no slúmber,
- 5 Till I fínd a pláce for the LÓRD, *
a dwélling for the Stróng One of Jácob.”
- 6 At Éphrata we héard of it; *
we fóund it in the pláins of Yéarim.
- 7 “Let us gó to the pláce of his dwélling; *
lét us bow dówn at his fóotstool.”
- 8 Go úp, LORD, to the pláce of your rést, *
yóu and the árk of your stréngth.
- 9 Your priests shall be clóthed with jústice; *
your fáithful shall ríng out their jóy.
- 10 For the sáke of Dávid your sérvant, *
dó not rejéct your anóinted.
- 11 The LÓRD swore an óath to Dávid; *
he will nó go báck on his wórd:

- “A s6n, the frúit of your **b6dy**, *
 will I s6t up6n your **thr6ne**.
 12 If your s6ns hold fást to my **c6venant**, *
 and my **láws** that Í have **taught** them,
 Their s6ns, in túrn, shall **sít** *
 on your thr6ne from áge to **áge**.”
- 13 For the L6RD has ch6sen **Síon**; *
 hé has desired it for his **dwélling**:
 14 “This is my résting place from áge to **áge**; *
 hére have I ch6sen to **dwéll**.
 15 I will gréatly bléss her **pr6duce**; *
 I will fill her p6or with **bréad**.
 16 I will cl6the her priests with salvátion, *
 and her fáithful shall ríng out their **j6y**.
 17 I will make a st6ck sprout úp for **Dávid**; *
 I will prépare a lámp for my **an6ointed**.
 18 I will c6ver his énemies with **sháme**, *
 but on hím my cr6wn shall **shíne**.”

Glory...

PSALM 133 (132)
Song of Unity

Beloved, let us love one another because love is of God. 1 Jn 4:7

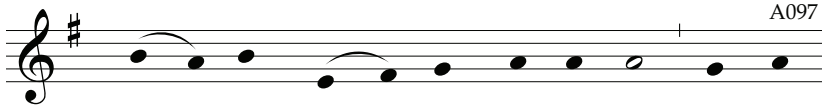
BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):

OT158

(8) Those who be-lieved in the Lord _____
 were of one heart and one _____ mind.



DECEMBER 17-24:



(2*) God__ will come__ from Leb - a - non, and his



splen - dor will be like the light.____



- 1 How góod and how pléasant it *is*, *
when bróthers líve in únity!
- 2 It is like précious óil upon the **h**éad, *
running dówn upon the **b**éard,
Running dówn upon Áaron's **b**éard, *
upon the cóllar of his **r**óbes;
- 3 Like the déw of Hérmon, which runs **d**ówn *
on the móuntains of **S**íon.
For thére the LÓRD bestows his **b**lédssing: *
lífe foréver.

Glory...

ADVENT

V. *My soul waíts for the LÓRD.*

R. I cóunt on his wórd.

CHRISTMAS

V. *All the énds of the éarth have séen, / allelúia.*

R. The salvátion of our Gód, / allelúia.

EPIPHANY

V. *Let the péoples práise you, O Gód;*

R. Let áll the nátions práise you.

CHRISTMAS AND EPIPHANY

The Responsory, Canticle Antiphon, Intercessions and conclusion are to be found in the Proper of Seasons. Refer to the number board to locate the specific page.

READING

RESPONSORY

A080

(4) Come and set___ us___ free, * Lord

God___ of pow - er and might.____

*Let your face shine upon us and we shall be saved. Lord God...
Glory... Come and set...*

[Beginning on 17 December, refer to the board for the remainder of the Office.]

CANTICLE OF MARY [Luke 1:46-55]

"Blessed are you who trusted that what was spoken to you by the Lord would be fulfilled." (Luke 1:45) And Mary said:

A076

(8) Re-joyce and be glad, O daugh-ter Si-on;
I will come and make my dwell-ing in

you, says the Lord.

PS049

- 4 *My soul procláims the gréatness of the **Lórd**,
and my spírít exúlts in God my **Sáviór**,
For he has lóoked upon his hándmaid in her **lów**liness;
henceforth all áges will cáll me **bléssed**.*
- 4 *For the Almíghty has done gréat things for **mé**.
And hóly ís his **náme**.
His loving mércy is from áge to áge
for thóse who **féar** him.*
- 6 *He has made knówn the stréngth of his **árm**,
and has scátted the próud of **héart**.
He has put dówn the míghty from their **thrónes**
and has exálted thóse who are **lów**ly.
He has fílléd the húngry with **góod** things,
and has sént the rích away **émpty**.*
-

- 4 He has always helped Ísrael his **sérvant**,
míndful of his lóving **mércy**,
Éven as he prómised our **fáthers**,
to Ábraham and hís descéndants for**éver**.

Glory...

INTERCESSIONS

*Let us turn to Christ who has sustained us through this **day**.*

Grant us true repentance and forgiveness of sin:

Lord, have mercy.

Bestow on our benefactors the gifts of your mercy:

Christ, have mercy.

*We entrust to your care all who have passed **from** this world :*

Lord, have mercy.

*May the divine assistance remain **always** with us:*

And with our absent brethren.

OUR FATHER

ORATION

Let us bless the Lord.

Thanks be to God.

BLESSING

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):



DECEMBER 17-24:



- 13 Turn **báck**, O **LÓRD**! How **lóng**? *
Show **píty** tó your **sérvants**.
- 14 At dawn, **íll** us with your **mérciful lóve**; *
we shall **exúlt** and **rejóice** all our **dáys**.
- 15 Give us **jóy** for the **dáys** of our **afflíction**, *
for the **yéars** when we **lóoked** upón **évil**.
- 16 Let your **déed** be **séen** by your **sérvants**, *
and your **glórious pówer** by their **chíldren**.
- 17 Let the **fávor** of the **Lórd** our **Gód** be upón us; +
give **succéss** to the **wórk** of our **hánds**. *
O give **succéss** to the **wórk** of our **hánds**.

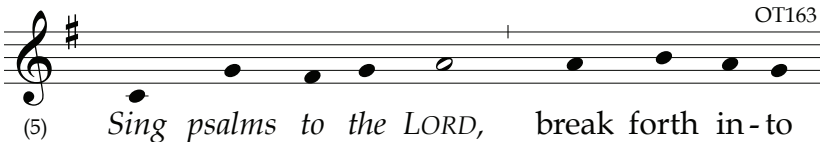
Glory...

PSALM 98 (97)

The Hills Ring Out Their Joy

God has established a day on which he will "rule the world with justice" through a man he has appointed. And he has provided confirmation for all by raising him from the dead. Acts 17:31

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):



joy - ous song be - fore the King, the Lord.

PT017

DECEMBER 17-24:

A101

(6*) *The Spir-it of the Lord* ___ rests up-on___ me;

he has sent___ me to preach his joy - ful

mes-sage to the poor.

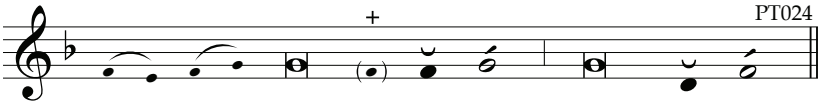
PT056

- 1 *O sÍng a new sÓng to the LÓRD, **
for hé has worked **wÓnders**.
His right hÁnd and his hÓly **árm** *
have brÓught salvÁtion.
- 2 The LÓRD has made knÓwn his salvÁtion, *
has shÓwn his delÍverance to the **nÁtions**.
- 3 He has remébered his mérciful **lÓve** *
and his trÚth for the hóuse of **Ísrael**.
All the énds of the éarth have **séen** *
the salvÁtion of our **GÓd**. ~

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):



DECEMBER 17-24:



- 4 Shout to the LÓRD, all the éarth; +
break fórtH into jóyous **sóng**, *
and síng out your **práise**.
- 5 Sing psálms to the LÓRD with the **hárp**, *
with the hárp and the sóund of **sóng**.
- 6 With trúmpets and the sóund of the **hórn**, *
raise a shóut before the Kíng, the LÓRD.
- 7 Let the séa and all withín it **thúnder**; *
the wórlD, and thóse who **dwéll** in it.
- 8 Let the rívers cláp their **hánds**, *
and the hílls ring out their **jóy**
- 9 At the présence of the LÓRD, for he **cómes**, *
he comes to júdge the **éarth**.
He will júdge the wórlD with **jústice**, *
and the péoples with **fáirness**.

Glory...

PSALM 99 (98)
Holy Is the Lord Our God

Then God's temple in heaven opened, and the ark of his covenant could be seen in the temple. There were flashes of lightning, rumblings, and peals of thunder. Rv 11:19

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):

OT164

(2*) *Ex-alt the Lord our God; he, the Lord, is*
ho - ly.

PT007

Detailed description: This block contains musical notation for the first part of the psalm. It consists of three staves of music in G major (one sharp). The first staff has a treble clef and a key signature of one sharp (F#). The melody is written on a five-line staff. Below the first staff is the text "(2*) Ex-alt the Lord our God; he, the Lord, is". The second staff continues the melody with the text "ho - ly." and ends with a double bar line. The third staff is a basso continuo line with a treble clef and a key signature of one sharp, featuring a "+" sign above the staff and ending with a double bar line. The number "PT007" is written in the top right corner of the third staff.

DECEMBER 17-24:

A187

(8) *Is - ra - el, pre-pare your heart to meet the*
Lord, for he is com - ing.

PT033

Detailed description: This block contains musical notation for the second part of the psalm. It consists of three staves of music in B minor (two flats). The first staff has a treble clef and a key signature of two flats (Bb, Eb). The melody is written on a five-line staff. Below the first staff is the text "(8) Is - ra - el, pre-pare your heart to meet the". The second staff continues the melody with the text "Lord, for he is com - ing." and ends with a double bar line. The third staff is a basso continuo line with a treble clef and a key signature of two flats, featuring a "+" sign above the staff and ending with a double bar line. The number "PT033" is written in the top right corner of the third staff.

- 1 *The LORD is king; the peoples **trémble**. **
 He is enthroned on the chérubim; earth **quákes**.
- 2 *The LÓRD is gréat in Sión. **
 He is exálted over áll the **péoples**.
- 3 *Let them práise your gréat and awesome **náme**. **
 Hóly ís **hé!** ~

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):



DECEMBER 17-24:



- 4 O mighty Kíng, lover of jústice, +
you have establiſhed what is úpright; *
you have made jústice and right in Jácob.
- 5 Exált the LÓRD our Gód; +
bow dówn before his fóotſtool. *
Hóly ís hé!
- 6 Amóng his príeſts were Áaron and Móſes; *
among thoſe who invóked his náme was Sámuel.
They cried óut to the LÓRD and he ánſwered. *
- 7 To them he spóke in the píllar of clóud.
They obéyed his decrées and the státutes *
which hé had given thém.
- 8 O LÓRD our Gód, you án(ſwered them). +
For thém you were a Gód who forgíves, *
and yét you púnished their offénses.
- 9 Exált the LÓRD our Gód; +
bow dówn before his hóly móuntain, *
for the LÓRD our Gód is hóly.

Glory...

ADVENT

V. *Cry out to the cities of Júdah:*

R. The LORD God comes with power and might.

CHRISTMAS

V. *Sing a new song to the LÓRD, / allelúia.*

R. His holy arm has brought salvation, / allelúia.

EPIPHANY

V. *The kings of Shéba and Séba shall bring him gifts.*

R. All nations shall serve him.

CHRISTMAS AND EPIPHANY

The Responsory, Canticle Antiphon, Intercessions and conclusion are to be found in the Proper of Seasons. Refer to the number board to locate the specific page.

READING

RESPONSORY

A066

(4) Your light will come, _____ Je-ru-sa-lem; * the
LORD _____ will dawn _____ up - on you.

*And you will see his glory within you. The LORD...
Glory... Your light...*

[Beginning on 17 December, refer to the board for the remainder of the Office.]

CANTICLE OF ZACHARY [Luke 1: 68-79]

*Then John's father Zechariah was filled with the Holy Spirit and prophesied.
(Luke 1:67)*

A077

(2*) Si - on, — you will be re - newed, and you will
see — the Just — One who is com - ing to you.

PS043

- 6 *Blést be the Lórd God of Ísrael:*
for he has vísited his péople and redéemed them.
He has raised úp for us a hórnn of salvátion
in the Hóuse of Dávid his sérvant,
As he spóke through the móuth of his hólý ones,
his próphets from áges pást:
- 4 A sávior who would frée us from our **fóes**,
and from the hánds of áll who **háte** us,
To shów loving mércy to our **fáthers**
míndful of his hólý **cóvenant**.
- 4 This was the óath he swore to Ábraham our **fáther**,
to grant that fréed from the hánds of our **fóes**,
We might sérve him in hóliness and **ríghteousness**,
all the dáys of our life without **féar**.
-

- 6 And yóu, little chíld, will be **cáled**
próphet of Gód Most **Hígh**,
For yóu will gó before the **Lórd**
to make réady his wáys befóre him,
To grant a knówledge of salvátion to his **péople**
through the forgíveness of áll their **síns**.
- 5 By the lóving mércy of our **Gód**,
the Dáwn from on hígh will **vísit** us,
To shíne on those who sít in **dárkness**,
and thóse in the shádown of **déath**,
to guide our fées into the wáy of **péace**.

Glory...

INTERCESSIONS

*We turn in faith to Christ, present among his **people**.*

*Be with us, Immanuel, in the labors **of** this day:*

Lord, have mercy.

*Let true justice spring up **among** the peoples:*

Christ, have mercy.

*Draw new vocations to this **brotherhood** of prayer:*

Lord, have mercy.

*May the divine assistance remain **always** with us:*

And with our absent brethren.

OUR FATHER

ORATION

Let us bless the Lord.

Thanks be to God.

BLESSING

Wednesday II at Daytime Prayer

HYMN

Advent Daytime Prayer, before December 17 . . . page 15
Advent Daytime Prayer, after December 17 . . . page 19
Christmas Daytime Prayer page 22
Epiphany Daytime Prayer. page 25

ANT: (ADVENT): *The ángel said to Máry: / Dó not be afráid / for yóu have found fávor with Gód.*

(CHRISTMAS): *My own éyes have séen the salvátion / that yóu have preparéd / in the síght of áll the péople.*

(EPIPHANY): *I have máde you a líght to the nátions, / to bríng my salvátion to the énds of the éarth.*

PSALM 119 (118):73-80

Yod

Let him who would boast, boast in the Lord. 2 Cor 10:17

- ⁷³ *It was your hánds that máde me and sháped me; **
grant me ínsight to léarn your commánds.
- ⁷⁴ *Those who revére you sée me and rejóice, **
for I trúst in your wórd.
- ⁷⁵ *O LORD, I knów that your decreés are ríght; **
though I am húmbled, you are júst.
- ⁷⁶ *Let your mérciful lóve consóle me **
by your prómise to your sérvant.
- ⁷⁷ *Show me compásson, that Í may líve, **
for your lów is my delíght.
- ⁷⁸ *Let the árrogant be shámed who defléct me with líes; **
as for mé, I will pónder your précepts.

- 79 Let those who féar you túrn to mé, *
that they may knów your decreés.
80 Let my héart be blámeless in your státutes, *
that I may nót be put to sháme.

PSALM 119 (118):81-88

Caph

Always speak and act as men destined for judgment under the law of freedom. Jas 1:12

- 81 *My soul yéarns for yóur salvátion; **
I hópe in your wórd.
82 My eyes yéarn to sée your prómise. *
I ask, "Whén will you cómfort me?"
83 I am like a wíneskin shríveled by smóke, *
yet I remémber your státutes.
84 How lóng must your sérvant endúre? *
When will you bring júdgment on my fóes?
85 For mé the próud have dug pítfalls; *
they defý your lów.
86 Your commánds are all trúe; then hélp me *
when líes opprés me.
87 They have álmost made an énd of me on éarth, *
yet I forsáke not your précepts.
88 In your mérciful lóve, give me life; *
I will obéy the decreés of your líps.

PSALM 119 (118):89-96

Lamed

We speak in Christ's name, pure in motivation, conscious of having been sent by God and of standing in his presence. 2 Cor 2:17

- 89 *Foréver is your wórd, O LÓRD, **
standing fírm in the héavens. ~

- ⁹⁰ From áge to áge is your trúth; *
like the éarth, it stands fírm.
- ⁹¹ Your júdgments endúre to this dáy, *
for áll things are your sérvants.
- ⁹² Had your lów not béen my delíght, *
I would have díed in my afflíction.
- ⁹³ I will néver forgét your précepts, *
for with thém you give me life.
- ⁹⁴ Sáve me, Í am yóurs, *
for I séek your précepts.
- ⁹⁵ Though the wícked lie in wáit to destróy me, *
yet I pónder your decrées.
- ⁹⁶ I have séen that all perféction has an énd, *
but your commánd is bóundless.

Glory...

ANT: (ADVENT): The ángel said to Máry: / Dó not be
afraíd / for yóu have found fávor with Gód.

(CHRISTMAS): My own éyes have séen the salvátion /
that yóu have préparéd / in the síght of áll the péople.

(Epiphany): I have máde you a líght to the nátions, / to
bríng my salvátion to the énds of the éarth.

BRIEF READING

ADVENT

V. *To you, O LÓRD, I líft up my sóul.*
R. *In yóu, O my Gód, I have trústed.*

CHRISTMAS

V. *Glórfify the LÓRD with mé;*
R. *Togéther let us práise his náme.*

EPIPHANY

V. *The LORD shall rúle from séa to séa,*
R. *From the Ríver to the bóunds of the éarth.*

Let us pray.

ORATION

Let us bless the Lord.
Thanks be to God.

*May the souls of the faithful departed,
through the mercy of God, rest in peace.*
Amen.

May the divine assistance remain always with us.
And with our absent brethren. Amen.

Wednesday II at Vespers

HYMN

Advent Vespers, before December 17 page 17
Advent Vespers, after December 17 page 20
Christmas Vespers page 23
Epiphany Vespers page 26

PSALM 136 (135)

God's Mercy Endures Forever

*He rescued us from the power of darkness and brought us
into the kingdom of his beloved Son. Eph 2:6*

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):

OT168

(8) *The Lord a-lone has wrought mar-vel-ous
works; his mer-cy en-dures for-ev-er.*

PT029

DECEMBER 17-24:

A146

(7) *I will not cease to plead for Si-on, un-til
God sends his Ho-ly One in ra-diant beau-ty.*

15 He flung Pháraoh and his fórcé in the **Réd** Sea, *
for his mércy endúres foréver.

Glory...

II

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):

OT169



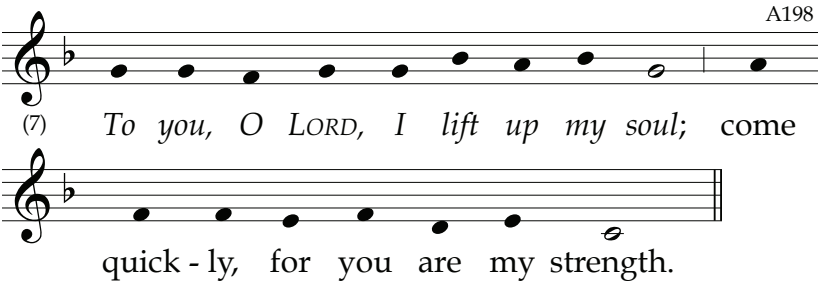
(8) To the God of heav - en give thanks, who
snatched us a - way from our foes.

PT029



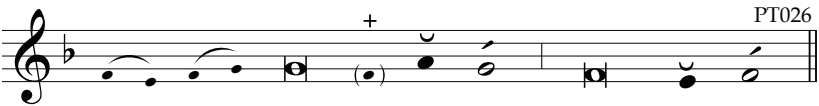
DECEMBER 17-24:

A198



(7) To you, O LORD, I lift up my soul; come
quick - ly, for you are my strength.

PT026



16 *Through the désert his péople he léd, **
for his mércy endúres foréver.

17 Nátions in their gréatness he **strúck**, *
for his mércy endúres foréver.

- 18 Kíngs in their spléndor he sléw, *
for his mércy endúres foréver:
- 19 Síhon, kíng of the Ámorites, *
for his mércy endúres foréver;
- 20 And Óg, the kíng of Báshan, *
for his mércy endúres foréver;
- 21 He gáve their lánd as a héritage, *
for his mércy endúres foréver.
- 22 A héritage for Ísrael, his sérvant; *
for his mércy endúres foréver.
- 23 He remébered us in óur distréss, *
for his mércy endúres foréver.
- 24 And he snátched us awáy from our fóes, *
for his mércy endúres foréver.
- 25 He gives fóod to áll living créatures, *
for his mércy endúres foréver.
- 26 To the Gód of héaven give thánks, *
for his mércy endúres foréver.

Glory...

PSALM 137 (136)

Tears in Remembering Sion

*While we are in this tent we groan,
longing to be further clothed with our heavenly habitation. 2 Cor 5:2*

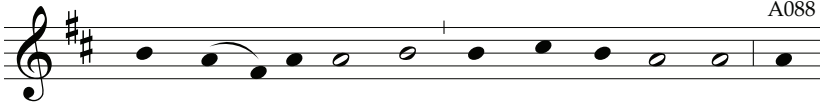
BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):

OT170

(9/1) O Je-ru-sa-lem, how could we sing
songs of joy on a-li-en soil?



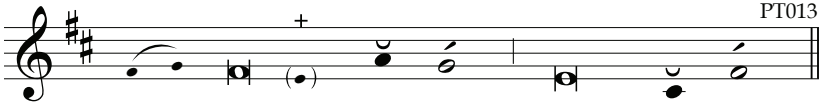
DECEMBER 17-24:



(4) *The Sun* of Jus - tice will rise up-on us; his



light is our sal - va - tion.



- 1 *By the rívers of Bábylon* +
thére we sat and wépt, *
remémbering Sión;
- 2 On the póplars that gréw there *
we húng up our hárps.
- 3 For it was thére that they ásked us, +
our cáptors, for sóns, *
our opprésors, for jóy.
"Sín to us," they sáid, *
"one of Sión's sóns."
- 4 O hów could we síng +
the sóns of the LÓRD *
on fóreign sóil?
- 5 If I forgét you, Jerúsalem, *
let my ríght hand wíther!
- 6 O lét my tóngue +
cléave to my pálate *
if I remémber you nótt,

If I prize not Jerúsalem *
as the first of my jóys!

- 7 Remember, O LÓRD, +
against the children of Édom *
the day of Jerúsalem,
When they said, "Tear it **dówn!** *
Tear it dówn to its foundátions!"
- 8 O dáughter Bábylon, destróyer, +
bléssèd whoéver repáys you *
the páyment you páid to ús!
- 9 Blessèd whoéver grásps and **shátters** *
your children on the **róck!**

Glory...



PSALM 138 (137)

In the Presence of the Angels

The kings of the earth shall bring their treasures to the holy city. Rv 22:24

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):

OT171

(8) I__ will a - dore be - fore your ho - ly tem -
ple, O God._____

The musical notation consists of two staves in G major (one sharp) and 4/4 time. The first staff begins with a treble clef and a key signature of one sharp (F#). The melody starts with a quarter note G4, followed by quarter notes A4, B4, C5, D5, E5, F#5, G5, and a half note G5. The second staff continues with a quarter note G4, followed by quarter notes F#4, E4, D4, and a half note C4. The piece ends with a double bar line.

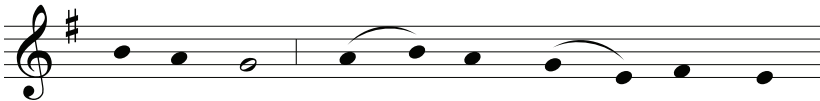
BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):



DECEMBER 17-24:



(8) A-wake, — a-wake! — A-rise, — O Je -



ru - sa - lem! Loose — the bonds — from your



neck, — O cap-tive daugh-ter Si - on.



- 1 I thank you, LÓRD, with all my héart; *
 you have héard the wórds of my móuth.
 In the présence of the ángels I práise you. *
- 2 I bow dówn toward your hóly témples.
 Í give thánks to your náme +
 for your mérciful lóve and your fáithfulness. *
- 3 On the dáy I called, you ánspered me; *
 you incréased the stréngth of my sóul.
- 4 All earth's kíngs shall thánk you, O LÓRD, *
 when they héar the wórds of your móuth.
- 5 They shall síng of the wáys of the LÓRD, *
 “How gréat is the glóry of the LÓRD!”

- 6 The LORD is hígh, yet he lóoks on the **lówly**, *
and the háughty he **knóws** from **afár**.
- 7 You give me lífe though I wálk amid **afflíction**; *
you strétch out your hánd against the
ánger of my **fóes**.
With yóur right hánd you **sáve** me; *
8 the LÓRD will accómplish this for **mé**.
O LORD, your mérciful lóve is **etérnal**; *
discárd not the wórk of your **hánds**.

Glory...

ADVENT

V. *My soul waítis for the LÓRD.*

R. I cóunt on his wórd.

CHRISTMAS

V. *All the énds of the éarth have séen, / allelúia.*

R. The salvátion of our Gód, / allelúia.

EPIPHANY

V. *Let the péoples práise you, O Gód;*

R. Let áll the nátions práise you.

CHRISTMAS AND EPIPHANY

The Responsory, Canticle Antiphon, Intercessions and conclusion are to be found in the Proper of Seasons. Refer to the number board to locate the specific page.

READING

RESPONSORY

A080

(4) Come and set___ us___ free, * Lord
God___ of pow - er and might.---

*Let your face shine upon us and we shall be saved. Lord God...
Glory... Come and set...*

[Beginning on 17 December, refer to the board for the remainder of the Office.]



CANTICLE OF MARY [Luke 1:46-55]

*"Blessed are you who trusted that what was spoken to you by the Lord
would be fulfilled." (Luke 1:45) And Mary said:*

A077

(2*) Si - on,___ you will be re-newed, and you will
see___ the Just___ One who is com - ing to you.

INTERCESSIONS

We come before our God in humble supplication.

*Purify your people of **division** and strife:*

Lord, have mercy.

*Make of our hearts worthy temples **of** your presence:*

Christ, have mercy.

*Lead all who have died to the **blessedness** of heaven:*

Lord, have mercy.

*May the divine assistance remain **always** with us:*

And with our absent brethren.

OUR FATHER

ORATION

Let us bless the Lord.

Thanks be to God.

BLESSING



SHOOT SHALL SPROUT

from the stump of Jesse,

and from his roots

a bud shall blossom. Isaiah 11:1

Thursday II at Lauds

HYMN

Advent Lauds, before December 17 page 14
Advent Lauds, after December 17 page 18
Christmas Lauds page 21
Epiphany Lauds page 24

PSALM 101 (100)

A Ruler of Blameless Heart

*I charge you: proclaim the word, be persistent whether it is convenient or inconvenient.
Convince, reprimand, encourage through all patience and teaching. 2 Tm 4:1-2*

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):

OT175

(8) I raise — a psalm — to you, — O LORD,

I will pon - der the way — of the blame-less.

DECEMBER 17-24:

A188

(8) The up - right shall dwell on God's —

ho - ly moun-tain.

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):



DECEMBER 17-24:



- 1 *I sing of mérciful love and jústice; **
I raise a psálm to yóu, O LÓRD.
- 2 I will pónder the wáy of the blámeless. *
O wén will you cóme to mé?

I will wálk with blámeless héart *
withín my hóuse;

- 3 I will not sét before my éyes *
whatéver is báse.
I háte the déeds of the cróoked; *
such I will nó endúre.
 - 4 The false-héarted must kéepe far awáy; *
I will knów no évil.
 - 5 Whoever slánders a néighbor in sécret *
I will bríng to sílence.
Proud éyes and háughty héart *
I will néver endúre.
 - 6 My éyes are on the fáithful of the lánd, *
that they may dwéll with mé.
The one who wálds in the wáy of the blámeless *
shall bé my sérvant.
 - 7 Nó one who práctices decéit *
shall líve within my hóuse.
Óne who útters líes *
shall not stánd before my éyes.
-

8 Morning by mórning Í will destróy *
 all the wicked in the lánd,
 Upróoting from the cíty of the LÓRD *
 áll who do évil.

Glory...

PSALM 143 (142)

Let Your Good Spirit Guide Me

A person is not justified by works of the law but through faith in Jesus Christ. Gal 2:16

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):

OT176

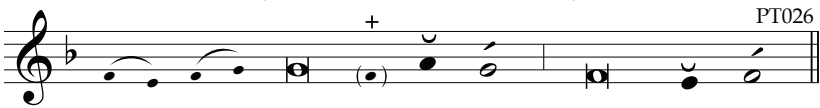
(14) At__ day - break, be__ mer - ci - ful to
 me, O Lord._____

DECEMBER 17-24:

A181

(2*) My soul_____ has yearned__ for you in the
 night, and as the morn - ing breaks I
 watch for your com-ing.

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):



DECEMBER 17-24:



- 1 O LÓRD, *lísten to my práyer*; *
túrn your éar to my appéal.
You are fáithful, you are júst; give ánswer. +
- 2 Do not cáll your sérvant to **jú**dgment, *
for in your síght no living béing is **jú**st.
- 3 The énemy pursúes my **só**ul; *
he has crúshed my life to the **gró**und.
He has máde me dwéll in **dár**kness, *
like the déad, lóng **for**góttén.
- 4 Thérefore my spírit **fá**ils; *
my héart is désolate withín me.
- 5 I remémber the dáys that are **pást**; *
I pónder áll your **wór**ks.
I múse on what your hánd has wróught, +
- 6 and to yóu I strétch out my **hánd**s. *
Like a párchéd land my soul thírsts for **yóu**.
- 7 O LORD, make háste and ánswer **mé**, *
for my spírit fáils withín me.
Do not híde your fáce from mé, +
lest I becóme like **thó**se *
who go dówn into the **grá**ve.
- 8 In the mórning, let me knów your loving **mércy**, *
for in yóu I pláce my **trúst**.
Make me knów the wáy I should **wá**lk; *
to yóu I líft up my **só**ul.

⁹ Réscue me, O LÓRD, from my **fóes**; *
to yóu have I fléd for **réfuge**.

¹⁰ Téach me to dó your **wíll**, *
for yóu are my **Gód**.

Lét your good spírit **guíde** me *
upon gróund that is **lével**.

¹¹ LORD, sáve my lífe for the sáke of your **náme**; *
in your jústice, léad my sóul out of **distréss**.

¹² In your mércy make an énd of my **fóes**; +
destroy all thóse who opprés my **sóul**, *
for Í am your **sérvant**.

Glory...

PSALM 147A (146:1-11)

The Lord Builds Up Jerusalem

The blind regain their sight, the lame walk, lepers are cleansed, the deaf hear, the dead are raised, and the poor have the good news proclaimed to them. Mt 11:5

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):

OT177

(13/5) Let joy - ous praise be giv - en to our God;
sing _____ to him with thanks-giv - ing.

DECEMBER 17-24:

A092

(13/5) Let the earth be o-pened, and bud forth a Sav-ior:
let us re - turn _____ to the Lord, our God.

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE) AND DECEMBER 17-24:



- 1 *How góod to sing psálms to our Gód; **
how pléasant to chant fitting **práise!**
- 2 The LÓRD builds úp Jerúsalem *
and bríngs back Ísrael's éxiles;
- 3 He héals the brókenhéarted; *
he bínds up áll their wóunds.
- 4 He cóunts out the númer of the stárs; *
he cálls each óne by its náme.
- 5 Our Lórd is gréat and almíghty; *
his wísdóm can néver be méasured.
- 6 The LÓRD lifts úp the lówly; *
he casts dówn the wícked to the gróund.

- 7 O síng to the LÓRD, giving thánks; *
sing psálms to our Gód with the hárp.
- 8 He cóvers the héavens with clóuds; *
he prepáres the ráin for the éarth,
Making móuntains spróut with gráss, *
and plánts to sérve human néeds.
- 9 He provídes the cáttle with their fóod, *
and young rávens that cáll upón him.
- 10 His delíght is nótt in hórses, *
nor his pléasure in a wárríor's stréngth.
- 11 The LORD delíghts in thóse who revére him, *
thóse who wáit for his mércífúllóve.

Glory...

ADVENT

V. *Cry out to the cities of Júdah:*

R. The LORD God comes with power and might.

CHRISTMAS

V. *Sing a new song to the LÓRD, / allelúia.*

R. His holy arm has brought salvation, / allelúia.

EPIPHANY

V. *The kings of Shéba and Séba shall bring him gifts.*

R. All nations shall serve him.

CHRISTMAS AND EPIPHANY

The Responsory, Canticle Antiphon, Intercessions and conclusion are to be found in the Proper of Seasons. Refer to the number board to locate the specific page.

READING

RESPONSORY

(4) Your light will come, Je-ru-sa-lem; * the
LORD will dawn up - on you.

A066

*And you will see his glory within you. The LORD...
Glory... Your light...*

[Beginning on 17 December, refer to the board for the remainder of the Office.]

CANTICLE OF ZACHARY [Luke 1: 68-79]

*Then John's father Zechariah was filled with the Holy Spirit and prophesied.
(Luke 1:67)*

A078

(13/5) I will help— you, says the Lord. I am your
Sav - ior, the Ho-ly One of Is - ra-el.

The first system of musical notation consists of two staves. The top staff begins with a treble clef and a common time signature. The melody is written in a simple, rhythmic style. The bottom staff continues the melody. The lyrics are written below the staves, with hyphens indicating syllables that span across notes.

PS046

The second system of musical notation consists of a single staff with a treble clef and a common time signature. The melody continues from the first system. The lyrics are written below the staff, with hyphens indicating syllables that span across notes.

- 6 *Blést be the Lórd God of Ísrael:*
for he has vísited his péople and redéemed them.
He has raised úp for us a hórnn of salvátion
in the Hóuse of Dávid his sérvant,
As he spóke through the móuth of his hólly ones,
his próphets from áges pást:
- 4 A sávior who would frée us from our fóes,
and from the hánds of áll who háte us,
To shów loving mércy to our fáthers
míndful of his hólly cóvenant.
- 4 This was the óath he swore to Ábraham our fáther,
to grant that fréed from the hánds of our fóes,
We might sérve him in hóliness and ríghteousness,
all the dáyis of our lífe without féar.

- 6 And yóu, little chíld, will be **cáled**
próphet of Gód Most **Hígh**,
For yóu will gó before the **Lórd**
to make réady his wáys befóre him,
To grant a knówledge of salvátion to his **péople**
through the forgíveness of áll their **síns**.
- 5 By the lóving mércy of our **Gód**,
the Dáwn from on hígh will **vísit** us,
To shíne on those who sít in **dárkness**,
and thóse in the shádown of **déath**,
to guide our fées into the wáy of **péace**.

Glory...

INTERCESSIONS

Let us turn to Christ our Light of Revelation.

*Prepare us, Lord, to receive you **at** your coming:*
Lord, have mercy.

*Illuminate the hearts of all who **seek** your face:*
Christ, have mercy.

*Consecrate the young to lives of **monastic** witness:*
Lord, have mercy.

*May the divine assistance remain **always** with us:*
And with our absent brethren.

OUR FATHER

ORATION

Let us bless the Lord.
Thanks be to God.

BLESSING

Thursday II at Daytime Prayer

HYMN

Advent Daytime Prayer, before December 17 .. page 15
Advent Daytime Prayer, after December 17 ... page 19
Christmas Daytime Prayer page 22
Epiphany Daytime Prayer. page 25

ANT: (ADVENT): *This is the good néws the próphets foretóld: /
The Sáviór will be bórn of the Vírigin Máry.*

(CHRISTMAS): *Máry, the móther of Jésus, and Jóseph / were
filled with wónder / at áll that was sáid about the chíld.*

(EPIPHANY): *Behóld, this great mýstery, / hídden through all
áges and from áll generations, / is revéaled to ús todáy.*

PSALM 119 (118):97-104

Mem

The one who speaks is to deliver God's message.

The one who serves is to do it with the strength provided by God. 1 Pt 4:11

- 97 O LÓRD, *how I love your lów: **
my meditátion all the dáy!
- 98 Your commánd makes me wíser than my fóes, *
for it is wíth me álways.
- 99 I have more ínsight than áll who téach me, *
for I pónder your decreés.
- 100 I have gáined more understanding than my élders, *
for I kéepp your précepts.
- 101 I keep my féet from évery evil páth, *
to obéy your wórd.
- 102 I have nótt turned awáy from your decreés *
which you yoursélf have táught me.
- 103 How swéet is your prómise to my tóngue, *
more than hóney in the móuth.

104 I gáin understanding from your précepts, *
and so I háte all false wáys.

PSALM 119 (118):113-120

Samech

Recall the teaching delivered long ago by the holy prophets, as well as the new command of the Lord Jesus, our Savior, preached to you by the apostles. 2 Pt 3:2

- 113 *I detest thóse with a dívided héart, **
but I lóve your lów.
- 114 *Yóu are my híding place, my shíeld; **
I hópe in your wórd.
- 115 *Depárt from me, yóu who do évil; **
I will kéeep my God's commánds.
- 116 *Uphóld me by your prómise; I shall líve. **
Let my hópes not be in váin.
- 117 *Bear me úp and Í shall be sáved, **
and ever múse on your státutes.
- 118 *You spúrn all who stráy from your státutes; **
their cúnning is in váin.
- 119 *You regárd the wícked like dróss, **
so I lóve your decrées.
- 120 *My flesh trémbles in térror befóre you; **
I féar your júdgments. ✚



PSALM 119 (118):121-128

Ayin

Indeed, God's word is living and effective, sharper than any two-edged sword. Heb 4:12

- 121 *I have dóned what is júst and ríght; **
do not léave me to my fóes.
- 122 *Guarantée the well-béing of your sérvant; **
let not the próud opprés me.
- 123 *My eyes grow wéary as I wáтч for your salvátion, **
and for your prómise of jústice.
- 124 *Treat your sérvant with mérciful lóve, **
and téach me your státutes.
- 125 *I am your sérvant; gíve me understánding: **
then I shall knów your decreés.
- 126 *It is tíme for the LÓRD to áct, **
for your lów has been bróken.
- 127 *That is whý I lóve your commánds **
more than finest góld,
- 128 *Why I rúle my lífe by your précepts, **
and háte false wáys.

Glory...

ANT: (ADVENT): This is the good néws the próphets foretóld: / The Sáviór will be bórn of the Vírgin Máry.

ANT: (CHRISTMAS): Máry, the móther of Jésus, and Jóseph / were filled with wónder / at áll that was saíd about the híld.

ANT: (EPIPHANY): Behóld, this great mýstery, / hídden through all áges and from áll generations, / is reveáled to ús todáy.

BRIEF READING

ADVENT

V. *O Gód of hósts, bríng us báck;*
R. Let your fáce shine fórh, and wé shall be sáved.

CHRISTMAS

V. *Let the héavens rejóice and éarth be glád, / allelúia.*
R. Let the lánd and all it béars rejoíce, / allelúia.

EPIPHANY

V. *All the nátions you have máde shall cóme;*
R. They will bow dówn befóre you, O Lórd.

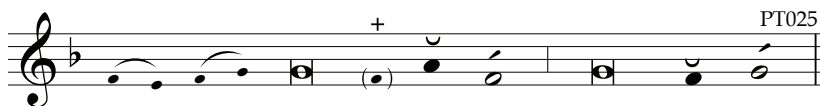
Let us pray.

ORATION

Let us bless the Lord.
Thanks be to God.

*May the souls of the faithful departed,
through the mercy of God, rest in peace.*
Amen.

May the divine assistance remain always with us.
And with our absent brethren. Amen.



I

- 1 *Blést be the LÓRD, my róck, +*
*who tráins my hánds for báttle, **
 who prepáres my fíngers for wár.
- 2 He is my mérciful lóve, my fórtress; *
 hé is my stróngthold, my sáviour,
 My shíeld in whóm I take réfuge. *
 He brings péoples únder my rúle.
- 3 LÓRD, what is mán that you regárd him, *
 the son of mán that you kéeep him in mínd,
- 4 Mán who is mérely a bréath, *
 whose dáys are like a pássing sháadow?
- 5 Lower your héavens, O LÓRD, and come dówn. *
 Touch the móuntains; wréathe them in smóke.
- 6 Flash your líghtnings; róut the fóe. *
 Shoot your árrows, and pút them to flíght.
- 7 Reach dówn with your hánd from on hígh; *
 rescue me, sáve me from the míghty wáters,
 From the hánds of fóreign fóes +
- 8 whose móuths speak émpy wóords, *
 whose hánds are ráised in pérjury.

Glory...



II

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):

OT182

(10/2) Bless - - ed are the peo - ple whose
God ___ is the LORD! ___

PT007

DECEMBER 17-24:

A198

(7) To you, O LORD, I lift up my soul; come
quick - ly, for you are my strength.

PT025

- ⁹ To you, O Gód, will I síng a new s^ong; *
I will pláy on the tén-stringed hárp
- ¹⁰ To yóu who give kíngs their víc(tory), +
who set Dávid your sérvant frée *
from the évil swórd.
- ¹¹ Rescue me, frée me from the hánds of foreign fóes, +
whose móuths speak émpty wórds, *
whose right hánds are ráised in pérjury.

- 12 Let our sóns then flóurish like **sáplings**, *
 grown **táll** and **stróng** from their **yóuth**;
 Our dáughters gráceful as **cólmns**, *
 as thóugh they were cárved for a **pálace**.
- 13 Let our bárnns be fílléd to **overflówing** *
 with cróps of évery **kínd**;
 Our shéep **incréasing** by thóusands, +
 téns of thóusands in our **fiélds**, *
 14 our cáttle héavy with **yóung**.

No rúined wáll, no **éxile**, *

no sóund of wéeping in our **stréets**.

- 15 Blessèd the péople of whóm this is **trúe**; *
 blessèd the péople whose Gód is the **LÓRD**!

Glory...



PSALM 145 (144)
God's Glorious Reign

*You are just, O Holy One, who are and who were, in passing this sentence.
 Your judgments are true and just. Rv 16:5,7*

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):

OT183

(8) *I will bless— you day af- ter day, O Lord,*
and re- count— your won- der- ful works.

- 8 The LORD is kind and full of comp^{ass}ion, *
 slow to anger, abounding in mércy.
- 9 How good is the LÓRD to **á**ll, *
 comp^{ass}ionate to áll his **cr**éatures.
- 10 All your wórks shall thánk you, O LÓRD, *
 and áll your fáithful ones **bl**éss you.
- 11 They shall spéak of the glóry of your **ré**ign, *
 and déclare your míghty **d**éeds,
- 12 To make knówn your míght to the chíldren of **m**én, *
 and the glórious splénder of your **ré**ign.
- 13 Your kíngdom is an éverlasting **k**íngdom; *
 your rule endúres for áll generátions.

Glory...

II

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):

OT184

(8) *The eyes — of all look to you, O Lord,*

and you give them their food in due sea - son.

DECEMBER 17-24:

A197

(13/5) *Wait for the Lord, and he will come to*

you with his sav - ing pow - er.

ADVENT

V. *My soul waits for the LÓRD.*

R. I cóunt on his wórd.

CHRISTMAS

V. *All the énds of the éarth have séen, / allelúia.*

R. The salvátion of our Gód, / allelúia.

EPIPHANY

V. *Let the péoples práise you, O Gód;*

R. Let áll the nátions práise you.

CHRISTMAS AND EPIPHANY

The Responory, Canticle Antiphon, Intercessions and conclusion are to be found in the Proper of Seasons. Refer to the number board to locate the specific page.

READING

RESPONSORY

A080

(4) Come and set___ us___ free, * Lord

God___ of pow - er and might.---

*Let your face shine upon us and we shall be saved. Lord God...
Glory... Come and set...*

[Beginning on 17 December, refer to the board for the remainder of the Office.]

CANTICLE OF MARY [Luke 1:46-55]

"Blessed are you who trusted that what was spoken to you by the Lord would be fulfilled." (Luke 1:45) And Mary said:

A078

(13/5) I will help — you, says the Lord. I am your
Sav - ior, the Ho - ly One of Is - ra - el.

PS046

- 4 *My soul proclaims the greatness of the **Lórd**,
and my spírit exúlt in God my Sáviór,
For he has lóoked upon his hándmaid in her lówliness;
henceforth all áges will cáll me bléssed.*
- 4 For the Almíghty has done gréat things for **mé**.
And hóly ís his **náme**.
His loving mércy is from áge to áge
for thóse who **féar** him.
- 6 He has made knówn the stréngth of his **árm**,
and has scátted the próud of **héart**.
He has put dówn the míghty from their **thrónes**
and has exálted thóse who are **lówly**.
He has fílled the húngry with **góod** things,
and has sént the rích away **émpty**.

- 4 He has always helped Ísrael his **sérvant**,
míndful of his lóving **mércy**,
Éven as he prómised our **fáthers**,
to Ábraham and hís descéndants foréver.

Glory...

INTERCESSIONS

We entreat our Redeemer in faith and devotion.

*Cleanse the world of sin, O **spotless** Lamb:*

Lord, have mercy.

*Forgive your children for their **failures** of love:*

Christ, have mercy.

*Receive the dead into your **kingdom** of light:*

Lord, have mercy.

*May the divine assistance remain **always** with us:*

And with our absent brethren.

OUR FATHER

ORATION

Let us bless the Lord.

Thanks be to God.

BLESSING

Friday II at Lauds

HYMN

Advent Lauds, before December 17 page 14

Advent Lauds, after December 17 page 18

Christmas Lauds. page 21

Epiphany Lauds page 24

PSALM 51 (50)

A Pure Heart Create for Me

Your inmost being must be renewed, and you must put on the new self. Eph 4:23-24

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):

OT188

(4) Cre - ate a clean_ heart in me, O God; re -
new in me a stead - fast spir - it.

PT012

DECEMBER 17-24:

A187

(8) Is - ra - el, pre - pare your heart to meet_ the
Lord, for_ he_ is com - ing.



- 3 *Have mércy on mé, O Gód, **
 accórding to your mérciful **lóve**;
 Accórding to your gréat compásson, *
 blót out mý transgréssions.
- 4 Wásh me complétely from my iníquity, *
 and cléanse me fróm my **sín**.
- 5 My transgréssions, trúly I **knów** them; *
 my **sín** is álways befóre me.
- 6 Against yóu, you alóne, have I **sinned**; *
 what is évil in your síght I have **dóne**.
 So yóu are júst in your **séntence**, *
 withóut repróach in your **júdgment**.
- 7 O sée, in guílt I was **bórn**, *
 a sinner when my móther concéived me.
- 8 Yes, you delíght in sincécity of **héart**; *
 in sécret you téach me **wísdóm**.
- 9 Cleanse me with hýssop, and Í shall be **púre**; *
 wash me, and Í shall be whítér than **snów**.
- 10 Let me héar rejóicing and **gládnness**, *
 that the bónes you have crúshed may **exúlt**.
- 11 Túrn away your fáce from my **síns**, *
 and blót out áll my **guílt**.
- 12 Créate a pure héart for me, O **Gód**; *
 renew a stéadfast spírit withín me.
- 13 Do not cást me awáy from your **présence**; *
 take not your hóly spírit from **mé**.
- 14 Restóre in me the jóy of your salvátion; *
 sustáin in me a wílling **spírit**. ~

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):



DECEMBER 17-24:



- 15 I will téach transgréssors your **wáys**, *
that sínners may retúrn to **yóu**.
- 16 Réscue me from blóodshed, O Gód, +
Gód of mý salvátion, *
and then my tóngue shall ring óut your **jústice**.
- 17 O Lórd, ópen my **líps** *
and my móuth shall procláim your **práise**.
- 18 For in sácricé you táke no delíght; *
burnt óffering from mé would not **pléase** you.
- 19 My sácricé to Gód, a broken spírit: +
a bróken and húmbléd **héart**, *
O Gód, you will not **spúrn**.
- 20 In your good pléasure, show fávor to **Síon**; *
rebúild the wálls of Jerúsalem.
- 21 Thén you will delíght in right sácricé, +
burnt ófferings whóllly **consúmed**. *
Thén you will be óffered young búlls on your **áltar**.

Glory...

PSALM 108 (107)

O Come and Deliver Your Friends

In all these things we conquer overwhelmingly through him who has loved us. Rom 8:37

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):

OT189

(8) *My heart is read-y, O God, my heart is read - y.*

PT029

DECEMBER 17-24:

A093

(8) *Make known__ your will,__ O Lord,__ through-*

out the earth: pro-claim__ your sal-va-tion to

ev' - ry na - tion.

PT032

Verse 2a is sung only when using the antiphon for December 17-24.

- ² [*My héart is réady, O Gód; *
my héart is réady.]
I will síng, I will síng your **práise.** **
- Awáke, my **sóul;***
- ³ *Awáke, O lýre and **hárp.** **
- I will awáke the **dáwn.***
- ⁴ *I will práise you, LÓRD, among the **péoples;** **
- I will síng psálms to yóu among the **nátions,** ~*

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):



DECEMBER 17-24:



- 5 For your mércy réaches to the **héavens**, *
and your trúth to the **skíes**.
- 6 O Gód, be exálted above the **héavens**; *
may your glóry shine on áll the **éarth**!
- 7 With your right hánd, grant salvátion and give **áns**wer; *
O cóme and delíver your **fríends**.
- 8 From his hólý place Gód has made this prómise: +
“I will exúlt, and dívíde the land of **Shéchem**; *
I will méasure out the válley of **Súccoth**.
- 9 Gílead is míne, as is Manásseh; +
Éphraim I táke for my **hélmet**, *
Júdah ís my **scépter**.
- 10 Móab ís my wáshbowl; +
on Édom I will tóss my **shóe**. *
Over Philístia I will shóut in **tríumph**.”
- 11 But who will léad me to the fórtified **cítý**? *
Whó will bríng me to Édom?
- 12 Have you not cást us óff, O **Gód**? *
Will you márch with our ármies no **lóng**er?
- 13 Give us réscue agáinst the **fóe**, *
for húman áid ís **váin**.
- 14 With Gód, wé shall do **brávely**, *
and he will trámples dówn our **fóes**.

Glory..

PSALM 147B (146:12-20)

The Gates of Jerusalem Fortified

Come, I will show you the bride of the Lamb. Rv 21:9

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):

OT190

(13/5) O praise the Lord; O praise the
 Lord, Je-ru-sa-lem!

PT016

DECEMBER 17-24:

A065

(4) Si-on is our might-y cit-y; throw
 o - pen the gates, for our God is
 here a - mong us.

PT012

¹² O Jerúsalem, glórfify the LÓRD! *

O Síon, práise your GÓD!

¹³ He has stréngthened the bárs of your gátes; *
 he has bléssed your children withín you. ~

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):

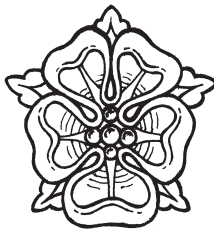


DECEMBER 17-24:



- 14 He establiſhed péace on your **bórders**; *
he gíves you your fill of finest **whéat**.
- 15 He sénds out his wórd to the **éarth**, *
and swíftly rúns his **commánd**.
- 16 He shówers down snów like **wóol**; *
he scátters hóarfrost like **áshes**.
- 17 He húrls down háilstones like **crúmbs**; *
befóre such cóld, who can **stánd**?
- 18 He sénds forth his wórd and it **mélts** them; *
at the blówing of his bréath the waters **flów**.
- 19 He revéals his wórd to **Jácob**; *
to Ísrael, his decrées and **júdgments**.
- 20 He has nót dealt thús with other **nátions**; *
he háas not táught them his **júdgments**.

Glory..



ADVENT

V. *Cry out to the cities of Júdah:*

R. The LORD God comes with power and might.

CHRISTMAS

V. *Sing a new song to the LÓRD, / allelúia.*

R. His holy arm has brought salvation, / allelúia.

EPIPHANY

V. *The kings of Shéba and Séba shall bring him gifts.*

R. All nations shall serve him.

CHRISTMAS AND EPIPHANY

The Responsory, Canticle Antiphon, Intercessions and conclusion are to be found in the Proper of Seasons. Refer to the number board to locate the specific page.

READING

RESPONSORY

(4) Your light will come, Je-ru-sa-lem; * the
LORD will dawn up - on you.

*And you will see his glory within you. The LORD...
Glory... Your light...*

[Beginning on 17 December, refer to the board for the remainder of the Office.]

CANTICLE OF ZACHARY [Luke 1: 68-79]

Then John's father Zechariah was filled with the Holy Spirit and prophesied.
(Luke 1:67)

(14/6) Say to the faint of heart: Take courage! The
Lord our God is coming to save us.

PS047

- 6 *Blést be the Lórd God of Ísrael:*
for he has visited his péople and redéemed them.
He has raised úp for us a hórnn of salvátion
in the Hóuse of Dávid his sérvant,
As he spóke through the móuth of his hólý ones,
his próphets from áges pást:
- 4 A sáviór who would frée us from our **fóes**,
and from the hánds of áll who **háte** us,
To shów loving mércy to our **fáthers**
míndful of his hólý **cóvenant**.
- 4 This was the óath he swore to Ábraham our **fáther**,
to grant that fréed from the hánds of our **fóes**,
We might sérve him in hóliness and **righteousness**,
all the dáys of our life without **féar**.
- 6 And yóu, little chíld, will be **cáalled**
próphét of Gód Most **Hígh**,
For yóu will gó before the **Lórd**
to make réady his wáys befóre him,
To grant a knówledge of salvátion to his **péople**
through the forgíveness of áll their **síns**.

- 5 By the lóving mércy of our **Gód**,
the Dáwn from on hígh will **vísit** us,
To shíne on those who sít in **dárkness**,
and thóse in the sháadow of **deáth**,
to guide our féet into the wáy of **péace**.

Glory...

INTERCESSIONS

*We beseech the Lord's blessings for the Church and the **world**.*

*Stir up in us, Lord, a spirit of **true** repentance:*

Lord, have mercy.

*Let your justice descend upon the **waiting** world:*

Christ, have mercy.

In your providence lead others to this community of prayer:

Lord, have mercy.

*May the divine assistance remain **always** with us:*

And with our absent brethren.

OUR FATHER

ORATION

Let us bless the Lord.

Thanks be to God.

BLESSING

Friday II at Daytime Prayer

HYMN

Advent Daytime Prayer, before December 17 . . . page 15
Advent Daytime Prayer, after December 17 . . . page 19
Christmas Daytime Prayer page 22
Epiphany Daytime Prayer. page 25

ANT: (ADVENT): *The angel Gábríel gréeted Máry: / Háil, full of gráce, the Lórd is with yóu; / blést are yóu among wómen.*

(CHRISTMAS): *Máry treasured áll these wórd's / and pón-dered them in her héart.*

(EPIPHANY): *Christ Jésus has cóme, / brínging the jóyful néws: / péace to thóse who were far óff; / péace to thóse who are néar.*

PSALM 119 (118):129-136

Pe

Live as children of light. Eph 5:8

- 129 *Your décrées are wónderful indéed; **
 therefore my sóul obéys them.
- 130 *The unfólding of your wórd gives líght, **
 and understánding to the símples.
- 131 *I have ópened my móuth and I sígh, **
 for I yéarn for your commánds.
- 132 *Túrn and have mércy on mé, **
 as is your rúle for those who lóve your náme.
- 133 *Let my stéps be guíded by your prómise; **
 may évil never rúle me.
- 134 *Redéem me from mán's oppréssion, **
 and I will kéeep your précepts.

- 135 Let your fáce shine fóρθ on your sérvant, *
and téach me your décrées.
- 136 My éyes shed stráams of téars, *
because of thóse who have not képt your lów.

PSALM 119 (118):137-144

Tsade

*You must help us with your prayers, so that on our behalf God may be thanked
for the gift granted us through the prayers of so many. 2 Cor 1:11*

- 137 *Yóu are júst, O LÓRD; **
your júdgments are úpright.
- 138 You have impósed your décrées with jústice, *
and with útter fidélity.
- 139 Í am consúmed with zéal, *
for my fóes forget your wórd.
- 140 Your prómise has been thóroughly tésted, *
and it is chérished by your sérvant.
- 141 Although Í am yóung and despised, *
I do nótt forget your précepts.
- 142 Your jústice is jústice foréver, *
and your lów is trúth.
- 143 Though ánguish and distréss have fóund me, *
your commánds are my delíght.
- 144 Your décrées are foréver júst; *
give me ínsight, and Í shall líve. ❖



PSALM 119 (118):145-152

Koph

Of this wisdom it is written: "No eye has seen, nor ear heard, nor the human heart conceived what God has prepared for those who love him." 1 Cor 2:9

- 145 *I cáll with all my héart; LORD, ánsWER me. **
I will obsérve your státutes.
- 146 *I cáll upón you; sáve me, **
and I will kéeP your decrées.
- 147 *I ríse before dáwn and cry for hélp; **
I have hóped in your wórd.
- 148 *My éyes awáken before dáwn, **
to pónDer your prómise.
- 149 *In your mércy, héar my voice, O LÓRD; **
give me lífe by your decrées.
- 150 *Those who pursúe me with málice draw néar; **
they are fár from your lÁw.
- 151 *But yóu, O LÓRD, are clóse; **
all your commÁnds are trúth.
- 152 *From of óld I have knówn that your decrées **
are estÁblished foréver.

Glory...

ANT: (ADVENT): The angel Gábriel gréeted Máry: / Háil, full of gráce, the Lórd is with yóu; / blést are yóu among wómen.

(CHRISTMAS): Máry treasured áll these wórds / and pónDered them in her héart.

(EPIPHANY): Christ Jésus has cóme, / brínging the jóyful néws: / péace to thóse who were far óff; / péace to thóse who are néar.

BRIEF READING

ADVENT

V. *Lórd, let your mércy come upón me,*
R. The salvátion you have prómised.

CHRISTMAS

V. *I will make a stóck sprout úp for Dávid;*
R. I will preparé a lámp for my anóinted.

EPIPHANY

V. *All earth's kíngs shall thánk you, O Lórd.*
R. They shall síng of the wáys of the Lórd.

Let us pray.

ORATION

Let us bless the Lord.
Thanks be to God.

*May the souls of the faithful departed,
through the mercy of God, rest in peace.*
Amen.

May the divine assistance remain always with us.
And with our absent brethren. Amen.

Friday II at Vespers

HYMN

Advent Vespers, before December 17 page 17
Advent Vespers, after December 17 page 20
Christmas Vespers page 23
Epiphany Vespers page 26

PSALM 115 (113B)

To Your Name Give the Glory

*You have turned to God from idols,
to serve him who is the living and true God. 1 Thes 1:9*

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):

OT194

(4) Our God is in the heav - ens: he does what -
ev - er he wills.

PT0011

DECEMBER 17-24:

A096

(6*) Our King will come from Si - on: the
Lord, God - with-us, is his name.



- 1 Not to *ús*, O **LÓRD**, not to *ús*, +
but to your *náme* give the **glóry**, *
for your *mérciful* **lóve** and **fidélity**.
- 2 Why should the *nátions* **sáy**: *
“*Whére* is their **Gód**?”
- 3 But our **Gód** is *ín* the **héavens**; *
he *doés* whatever he **wílls**.
- 4 Their *ídols* are *sílvér* and **góld**, *
the *wórk* of *húman* **hánds**.
- 5 They have *móuths* but they *cánnot* **spéak**; *
they have *éyes* but they *cánnot* **sée**.
- 6 They have *éars* but they *cánnot* **héar**; *
they have *nóstrils* but they *cánnot* **sméll**.
- 7 They have *hánds* but they *cánnot* **féel**; +
they have *féet* but they *cánnot* **wálk**. *
They *máke* no *sóund* from their **thróats**.
- 8 Their *mákers* will *cóme* to be **líke** them, *
as will *áll* who *trúst* in **thém**.
- 9 House of **Ísraél**, *trúst* in the **LÓRD**; *
hé is their *hélp* and their **shíeld**.
- 10 House of **Áaron**, *trúst* in the **LÓRD**; *
hé is their *hélp* and their **shíeld**.
- 11 Those who *féar* the **LORD**, *trúst* in the **LÓRD**; *
hé is their *hélp* and their **shíeld**.
- 12 The **LORD** *remémbers* us, and hé will *bléss* us; +
he will *bléss* the *hóuse* of **Ísraél**. *
He will *bléss* the *hóuse* of **Áaron**. ~

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):



DECEMBER 17-24:



- 13 He will bless those who fear the **LÓRD**, *
the little no less than the **gréat**.
- 14 To you may the **LÓRD** **íncrease**, *
to you and all your **chíldren**.
- 15 Mái you be blést by the **LÓRD**, *
the máker of héaven and **éarth**.
- 16 The héavens, the héavens belong to the **LÓRD**, *
but to the children of mén, he has gíven the **éarth**.
- 17 The déad shall not práise the **LÓRD**, *
nor thóse who go dówn into the **sí**lence.
- 18 But wé who líve bless the **LÓRD** *
both nów and foréver**móre**.

Glory...

PSALM 116A (114:1-9)

Freed from Sheol

In the days when he was in the flesh, Christ offered prayers and supplications with loud cries and tears to the one who was able to save him from death, and he was heard because of his reverence. Heb 5:7

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):



death, and my feet from stum - bling.

PT030

DECEMBER 17-24:

(8) For Si - on's sake I will not be si - lent, un - til her Just One comes forth like the splen - dor of dawn.

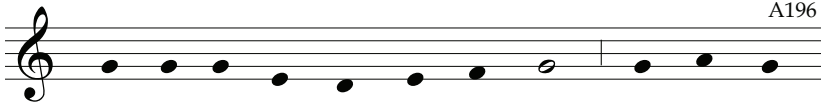
A104

PT030

- 1 I love the LÓRD, for he has heard *
my voice, my appeal;
- 2 For he has turned his ear to mé *
whenever I call.
- 3 They surrounded me, the snares of death; +
the anguish of the grave has found me; *
anguish and sorrow I found.
- 4 I called on the name of the LÓRD: *
"Deliver my soul, O LÓRD!" ~



DECEMBER 17-24:



(13/5) *Eag-er-ly* I watch for the Lord; I wait in



joy-ful hope for the com-ing of my Sav-ior.



I

- 1 O LÓRD, you séarch me and you knów me. +
- 2 You yoursélf know my résting and my rísing; *
you discern my thóughts from afár.
- 3 You márk when I wálk or lie dówn; *
you knów all my wáys through and thróugh.
- 4 Before éver a wórd is on my tóngue, *
you knów it, O LÓRD, through and thróugh.
- 5 Behínd and befóre, you besiege me, *
your hánd ever láid upón me.
- 6 Too wónderful for mé, this knówledge; *
too hígh, beyónd my réach.
- 7 O whére can I gó from your spírit, *
or whére can I flée from your fáce?
- 8 If I clímb the héavens, you are **there**. *
If I líe in the gráve, you are **there**.
- 9 If I táke the wíngs of the dáwn *
or dwéll at the séa's furthest énd, ~

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):



DECEMBER 17-24:



- 10 Even thére your hánd would **léad** me; *
 your ríght hand would hólđ me **fást**.
 11 If I sáy, "Let the dárkness **híde** me *
 and the líght aróund me be **níght**,"
 12 Even dárkness is not dárk to yóu, +
 the níght shall be as bríght as **dáy**, *
 and dárkness the sáme as the **líght**.

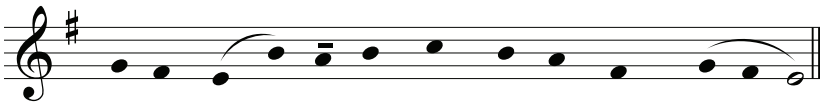
Glory...

II

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):



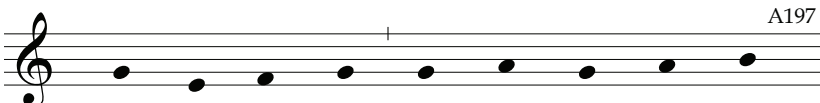
(10/2) *I the LORD test_ the mind and search_ the heart,*



to re-ward_ all ac-cord-ing to their ways._



DECEMBER 17-24:



(13/5) *Wait for the Lord, and he will come to*

you with his sav - ing pow - er.

PT016

- 13 *For it was yóu who fórméd my inmost béing, **
knit me togéther in my móther's **wómb**.
- 14 I thánk you who wónderfully máde me; +
how wónderful áre your **wórks, ***
which my sóul knows **wéll!**
- 15 My fráme was not hídden from yóu, +
when Í was being fáshioned in **sécret ***
and mólded in the dépths of the **éarth**.
- 16 Your éyes saw me yét unfórméd; +
and all dáys are recórded in your **bóok, ***
fórméd before óne of them cáme into **béing**.
- 17 To me how précious your thóughts, O **Gód; ***
how gréat is the **súm** (of them)!
- 18 If I cóunt them, they are móre than the **sánd; ***
at the énd I am stíll at your **síde**.
- 19 O Gód, that you would sláy the **wícked, ***
that men of blóod would depárt from **mé!**
- 20 With decéit they rebél **agáinst** you, *
and sét your desígns at **naught**.
- 21 Do Í not hate thóse who hate **yóu, ***
abhor thóse who ríse agáinst **yóu?**
- 22 I háte them with a pérfect **háte, ***
and théy are fóes to **mé**.
- 23 O séarch me, Gód, and know my **héart. ***
O tést me, and knów my **thóughts. ~**

²⁴ Sée that my páth is not **wícked**, *
and léad me in the wáy everlásting.

Glory...

ADVENT

V. *My soul waíts for the LÓRD.*

R. I cóunt on his wórd.

CHRISTMAS

V. *All the énds of the éarth have séen, / allelúia.*

R. The salvátion of our Gód, / allelúia.

EPIPHANY

V. *Let the péoples práise you, O Gód;*

R. Let áll the nátions práise you.

CHRISTMAS AND EPIPHANY

The Responsory, Canticle Antiphon, Intercessions and conclusion are to be found in the Proper of Seasons. Refer to the number board to locate the specific page.

READING

RESPONSORY

A080

(4) Come and set ___ us ___ free, * Lord
God ___ of pow - er and might. ___

Let your face shine upon us and we shall be saved. Lord God...
Glory... Come and set...

[Beginning on 17 December, refer to the board for the remainder of the Office.]

CANTICLE OF MARY [Luke 1:46-55]

"Blessed are you who trusted that what was spoken to you by the Lord would be fulfilled." (Luke 1:45) And Mary said:

(14/6) Say to the faint of heart: Take courage! The Lord our God is coming to save us.

- 4 My soul proclaims the greatness of the **Lórd**,
and my spírít exúlts in God my **Sáviór**,
For he has lóoked upon his hándmaid in her **lówliness**;
henceforth all áges will cáll me **bléssed**.
- 4 For the **Almíghty** has done gréat things for **mé**.
And **hóly** ís his **náme**.
His loving mércy is from áge to áge
for thóse who **féar** him.
- 6 He has made knówn the stréngth of his **árm**,
and has scátted the próud of **héart**.
He has put dówn the míghty from their **thrónes**
and has exálted thóse who are **lówly**.
He has fílléd the húngry with **góod** things,
and has sént the rích away **émpty**.
- 4 He has álways helped Ísraél his **sérvant**,
míndful of his lóving **mércy**,
Éven as he prómised our **fáthers**,
to **Ábraham** and hís descéndants foréver.
Glory...

INTERCESSIONS

*Let us acclaim our God as we long for his **coming**.*

*Free us from the bondage of **sin** and death:*

Lord, have mercy.

*Comfort the sorrowing and heal **the** afflicted:*

Christ, have mercy.

*May the faithful departed behold you **in** your glory:*

Lord, have mercy.

*May the divine assistance remain **always** with us:*

And with our absent brethren.

OUR FATHER

ORATION

Let us bless the Lord.

Thanks be to God.

BLESSING



REJOICE in the Lord always;

again I say, rejoice!

The Lord is near. *Philippians 4:4,5*

Saturday II at Lauds

HYMN

Advent Lauds, before December 17 page 14
Advent Lauds, after December 17..... page 18
Christmas Lauds..... page 21
Epiphany Lauds page 24

PSALM 92 (91)

The Just Will Flourish

My Father has been glorified in your bearing much fruit. Jn 15:8

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):

OT201

(13/5) O Lord, — how great — are your works, — how
deep — are your de-signs. —

DECEMBER 17-24:

A181

(2*) My soul — has yearned — for you in the
night, and as the morn - ing breaks I
watch for your com-ing.

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):



DECEMBER 17-24:



- 2 *It is góod to give thánks to the LÓRD, **
to make músic to your náme, O Most **Hígh**,
- 3 To procláim your loving mércy in the **mórníng**, *
and your trúth in the wátches of the **níght**,
- 4 On the tén-stringed lýre and the **lúte**, *
with the sóund of sóng on the **hárp**.
- 5 You have gláddened me, O LÓRD, by your **déeds**; *
for the wórk of your hánds I shout with **jóy**.
- 6 O LÓRD, how gréat are your **wórks**! *
How déep are yóur **desígns**!
- 7 The sénseless cánnót **knów** this, *
and the fóol cánnót **understánd**.
- 8 Though the wícked spring úp like **gráss**, *
and áll who do évil **thrive**,
They are dóomed to be **etérnally destróyed**. *
- 9 But you, O LÓRD, are **etérnally on hígh**.
- 10 Sée, your énemíes, O LÓRD, +
sée, your énemíes will **pérish**; *
áll who do évil will be **scáttered**.
- 11 To mé you give the wíld ox's **stréngth**; *
you have poured óut on me **púrest óil**.
- 12 My éyes looked in tríumph on my **fóes**; *
my éars heard gládly of their **fáll**.

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):



DECEMBER 17-24:



I

- Práise the náme of the LÓRD; **
práise him, sérvants of the LÓRD,
2 Who stánd in the hóuse of the LÓRD, *
in the cóurts of the hóuse of our Gód.
3 Praise the LÓRD, for the LÓRD is **góod**. *
Sing a psálm to his náme, for this is our **delíght**.
4 For the LÓRD has chosen Jácob for **himsélf**, *
and Ísrael as his **tréasured posséssion**.
- 5 For I **knów** that the LÓRD is **gréat**, *
that our Lórd is **hígh** above all **góds**.
6 The LORD **dóes** **whatéver** he **wílls**, +
in **héaven**, **ánd** on **éarth**, *
in the **séas**, and in **áll** the **dépths**.
7 He **summons** **clóuds** from the **énds** of the **éarth**, +
makes **líghtning** **próduce** the **ráin**; *
from his **tréasuries** he **sénds** forth the **wínd**.
- 8 The **firstbórn** of the **Egýptians** he **smóte**, *
of **mán** and **béast** **alíke**.
9 He sent **sígn**s and **wónders** in your **mídst**, O **Égypt**, *
against **Pháraoh** and **áll** his **sérvants**.
10 **Nátions** in **great** **númb**ers he **strúck**, *
and **kíngs** in their **míght** he **sléw**:
-

- 11 Síhon, kíng of the Ámorites, +
 Óg, the kíng of Báshan, *
 and áll the kíngdoms of Cánaan.
- 12 Their lánd he gáve as a **h**éritage, *
 a héritage to Ísrael, his **p**éople.
- 13 LÓRD, your náme stands foréver, *
 your renówn, LORD, from áge to áge.
- 14 For the LÓRD does jústice for his **p**éople *
 and takes pítý on his **s**érvants.

Glory...



II

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):

OT203

(10/2) *House_ of Is - ra-el, bless the Lord; sing a*

psalm_ to his name for he__ is lov - ing.

DECEMBER 17-24:

A187

(8) *Is - ra - el, pre- pare your heart to meet__ the*

Lord, for__ he_____ is com - ing.

BEFORE DECEMBER 17 (OR AFTER CHRISTMAS OCTAVE):



DECEMBER 17-24:



- 15 *Pagan ídols are silver and góld, **
the wórk of húman **hánds**.
- 16 They have móuths but they dó not **spéak**; *
they have éyes but they dó not **sée**.
- 17 They have éars but they dó not **héar**; *
there is néver a bréath on their **líps**.
- 18 Their mákers will cóme to be like **thém**, *
and só will áll who **trúst** in them!
- 19 House of Ísrael, bléss the **LÓRD**! *
House of Áaron, bléss the **LÓRD**!
- 20 House of Lévi, bléss the **LÓRD**! *
You who féar the **LORD**, bléss the **LÓRD**!
- 21 From Síon may the **LÓRD** be **blést**, *
hé who dwélls in **Jerúsalem**!

Glory...



ADVENT

V. Cry out to the cities of Júdah:

R. The LORD God comes with power and might.

CHRISTMAS

V. Sing a new song to the LÓRD, / allelúia.

R. His holy arm has brought salvation, / allelúia.

EPIPHANY

V. The kings of Shéba and Séba shall bring him gifts.

R. All nations shall serve him.

CHRISTMAS AND EPIPHANY

The Responsory, Cantic Antiphon, Intercessions and conclusion are to be found in the Proper of Seasons. Refer to the number board to locate the specific page.

READING

RESPONSORY

A066

(4) Your light will come, Je-ru-sa-lem; * the
LORD will dawn up - on you.

*And you will see his glory within you. The LORD...
Glory... Your light...*

[Beginning on 17 December, refer to the board for the remainder of the Office.]

CANTICLE OF ZACHARY [Luke 1: 68-79]

*Then John's father Zechariah was filled with the Holy Spirit and prophesied.
(Luke 1:67)*

A077

(2*) Si - on, — you will be re - newed, and you will
see — the Just — One who is com - ing to you.

PS043

- 6 *Blést be the Lórd God of Ísrael:*
for he has vísited his péople and redéemed them.
He has raised úp for us a hórnn of salvátion
in the Hóuse of Dávid his sérvant,
As he spóke through the móuth of his hólly ones,
his próphets from áges pást:
- 4 A sáviór who would frée us from our **fóes**,
and from the hánds of áll who **háte** us,
To shów loving mércy to our **fáthers**
míndful of his hólly **cóvenant**.
- 4 This was the óath he swore to Ábraham our **fáther**,
to grant that fréed from the hánds of our **fóes**,
We might sérve him in hóliness and **ríghteousness**,
all the dáys of our life without **féar**.

- 6 And *yóu*, little *chíld*, will be **called**
próphet of Gód Most **Hígh**,
For *yóu* will gó before the **Lórd**
to make réady his wáys **befóre** him,
To grant a knówledge of salvátion to his **péople**
through the forgíveness of áll their **síns**.
- 5 By the lóving mércy of our **Gód**,
the Dáwn from on hígh will **vísit** us,
To shíne on those who sít in **dárkness**,
and thóse in the shádw of **déath**,
to guide our féet into the wáy of **péace**.

Glory...

INTERCESSIONS

We invoke God's son, born of the Virgin Mary.

Shine in our hearts, O Morning Star:

Lord, have mercy.

Free the world from the malice of the evil one:

Christ, have mercy.

Raise new disciples to praise you among us as monks:

Lord, have mercy.

May the divine assistance remain always with us:

And with our absent brethren.

OUR FATHER

ORATION

Let us bless the Lord.

Thanks be to God.

BLESSING

Saturday II at Daytime Prayer

HYMN

Advent Daytime Prayer, before December 17 . . . page 15
Advent Daytime Prayer, after December 17 . . . page 19
Christmas Daytime Prayer page 22
Epiphany Daytime Prayer. page 25

ANT: (ADVENT): *The ángel said to Máry: / Dó not be afráid / for yóu have found fávor with Gód.*

(CHRISTMAS): *My own éyes have séen the salvátion / that yóu have preparéd / in the síght of áll the péople.*

(EPIPHANY): *I have máde you a líght to the nátions; / to bríng my salvátion to the énds of the éarth.*

PSALM 119 (118):153-160

Resh

God's folly is wiser than humans' wisdom and his weakness more powerful than humans' strength. 1 Cor 1:25

- 153 *Sée my affliction and delíver me, **
for I do nót forget your lów.
- 154 *Uphóld my cáuse and defénd me; **
by your prómise, give me lífe.
- 155 *Salvátion is fár from the wícked, **
who are héedless of your státutes.
- 156 *Númerless, LÓRD, are your mércies; **
in your jústice, give me lífe.
- 157 *Though my fóes and opprésors are cóuntless, **
I have not swérvéd from your decrées.
- 158 *I lóok at the fáithless with disgúst; **
they have not képt your wórd.

- 159 See how I love your précepts, O LÓRD! *
In your mércy, give me life.
160 Trúth is the súm of your wórd; *
all your just júdgments are etérnal.

PSALM 119 (118):161-168

Shin

*Persevere in God's love, and welcome the mercy of our Lord Jesus Christ
that leads to eternal life. Jude 1:21*

- 161 *Though prínces opprés me without cáuse, **
my heart revéres your wórd.
162 *Í rejóice at your prómise, **
like one who fínds a great tréasure.
163 *Fálsehood I háte and detést, **
but I love your lów.
164 *Séven times a dáy I práise you **
for your júst décrées.
165 *The lovers of your lów have great péace; **
no stúmbling block for thém.
166 *I awáit your salvátion, O LÓRD; **
I fulfill your commánds.
167 *My sóul obéys your décrées, **
and loves them déarly.
168 *I obéy your précepts and décrées; **
all my wáys are befóre you. ❖



PSALM 119 (118):169-176

Tau

You need patience to do God's will and receive what he has promised. Heb 10:36

- 169 *Let my crý come befóre you, O LÓRD; *
give me insight by your wórd.*
- 170 *Let my pléading cóme befóre you; *
rescue me accórding to your prómise.*
- 171 *My líps shall procláim your práise, *
because you téach me your státutes.*
- 172 *My tóngue will síng of your prómise, *
for your commánds are júst.*
- 173 *Let your hánd be réady to hélp me, *
for I have chósen your précepts.*
- 174 *I have lónged for your salvátion, O LÓRD, *
and your lów is my delíght.*
- 175 *My sóul shall líve and práise you. *
Your júdgments give me hélp.*
- 176 *I have stráyed like a shéep; seek your sérvant *
for I dó not forgét your commánds.*

Glory...

ANT: (ADVENT): The ángel said to Máry: / Dó not be
afráid / for yóu have found fávor with Gód.

(CHRISTMAS): My own éyes have séen the salvátion /
that yóu have preparéd / in the síght of áll the péople.

(EPIPHANY): I have máde you a líght to the nátions; / to
bríng my salvátion to the énds of the éarth.

BRIEF READING

ADVENT

V. *To you, O LÓRD, I líft up my sóul.*
R. In yóu, O my Gód, I have trústed.

CHRISTMAS

V. *Glórfify the LÓRD with mé;*
R. Together let us práise his náme.

EPIPHANY

V. *The LORD shall rúle from séa to séa,*
R. From the Ríver to the bóunds of the éarth.

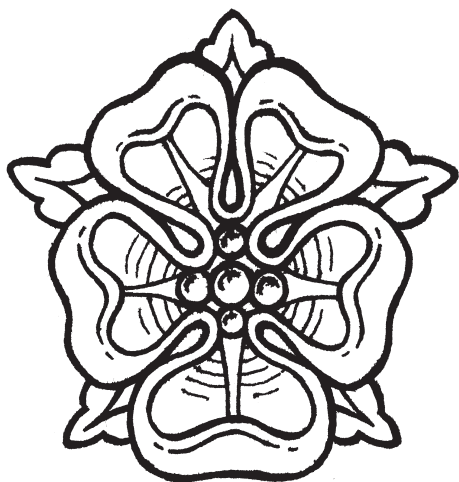
Let us pray.

ORATION

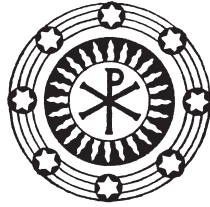
Let us bless the Lord.
Thanks be to God.

*May the souls of the faithful departed,
through the mercy of God, rest in peace.*
Amen.

May the divine assistance remain always with us.
And with our absent brethren. Amen.



The Proper of Seasons



December 17 at Lauds

CANTICLE OF ZACHARY [Luke 1:68-79]

Then John's father Zechariah was filled with the Holy Spirit and prophesied.
(Luke 1:67)

(1) The Lord pro-claims: Re-pent, _____ the king -
dom of God__ is up-on you, al-le-lu - ia.

PS042

- 6 *Blést be the Lórd God of Ísrael:*
for he has visited his péople and redéemed them.
He has raised úp for us a hórnn of salvátion
in the Hóuse of Dávid his sérvant,
As he spóke through the móuth of his hólly ones,
his próphets from áges pást:
- 4 A sáviór who would frée us from our **fóes**,
and from the hánds of áll who **háte** us,
To shów loving mércy to our **fáthers**
míndful of his hólly **cóvenant**.
- 4 This was the óath he swore to Ábraham our **fáther**,
to grant that fréed from the hánds of our **fóes**,
We might sérve him in hóliness and **ríghteousness**,
all the dáys of our life without **féar**.
-

- 6 And *yóu*, little *chíld*, will be **cá**lled
próphet of Gód Most **Hígh**,
For *yóu* will gó before the **Lórd**
to make réady his wáys befóre him,
To grant a knówledge of salvátion to his **péople**
through the forgiveness of áll their **síns**.
- 5 By the lóving mércy of our **Gód**,
the Dáwn from on hígh will **vísit** us,
To shíne on those who sít in **dárkness**,
and thóse in the shádown of **déath**,
to guide our féet into the wáy of **péace**.

Glory...

INTERCESSIONS

Let us beg the Lord's mercy as day rises in the east.

Shine upon us in love, O radiant Dawn:

Lord, have mercy.

*Incline the hearts of all people to seek **you** this day:*

Christ, have mercy.

*Call new monks to our house to pursue your **way** of wisdom:*

Lord, have mercy.

*May the divine assistance remain **always** with us:*

And with our absent brethren.

OUR FATHER

ORATION

Let us bless the Lord.

Thanks be to God.

BLESSING

December 17 at Vespers

CANTICLE OF MARY [Luke 1:46-55]

"Blessed are you who trusted that what was spoken to you by the Lord would be fulfilled." (Luke 1:45) And Mary said:

A107

(2*) O _____ Wis - dom, pro-ceed-ing from the
 mouth of God Most High, — you span the
 world from end to end — might - i-ly, and
 gov-ern the u-ni-verse gen-tly. Come — and
 teach — us the — way — of pru - dence.

PS043

- 4 *My soul procláims the gréatness of the Lórd,
 and my spírit exúlts in God my Sáviór,
 For he has lóoked upon his hándmaid in her lówliness;
 henceforth all áges will cáll me bléssed.*
- 4 For the Almíghty has done gréat things for mé.
 And hóly ís his náme.
 His loving mércy is from áge to áge
 for thóse who féar him.

- 6 He has made known the strength of his **árm**,
and has scattered the proud of **héart**.
He has put down the mighty from their **thrónes**
and has exalted those who are **lówly**.
He has filled the hungry with **góod** things,
and has sent the rich away **émpy**.
- 4 He has always helped Ísrael his **sérvant**,
mindful of his loving **mércy**,
Even as he promised our **fáthers**,
to Ábraham and his descendants **foréver**.

Glory...

INTERCESSIONS

We call upon you, O Wisdom, to illumine our minds and hearts.

*Cleanse your people of every **vain** desire:*

Lord, have mercy.

Heal the wounds of a world broken by sin:

Christ, have mercy.

Raise to light all who have passed into the shadow of death:

Lord, have mercy.

*May the divine assistance remain **always** with us:*

And with our absent brethren.

OUR FATHER

ORATION

Let us bless the Lord.

Thanks be to God.

BLESSING

December 18 at Lauds

CANTICLE OF ZACHARY [Luke 1:68-79]

*Then John's father Zechariah was filled with the Holy Spirit and prophesied.
(Luke 1:67)*

A106

(1) Guard what is good and cher-ish what is true; for our sal-va-tion is at hand.

PS042

- 6 *Blést be the Lórd God of Ísrael:
for he has visited his péople and redéemed them.
He has raised úp for us a hórnn of salvátion
in the Hóuse of Dávid his sérvant,
As he spóke through the móuth of his hólly ones,
his próphets from áges pást:*
- 4 A sáviór who would frée us from our fóes,
and from the hánds of áll who háte us,
To shów loving mércy to our fáthers
míndful of his hólly cóvenant.
- 4 This was the óath he swore to Ábraham our fáther,
to grant that fréed from the hánds of our fóes,
We might sérve him in hóliness and ríghteousness,
all the dáys of our life without féar.

- 6 And *yóu*, little *chíld*, will be **cáled**
próphet of Gód Most **Hígh**,
For *yóu* will gó before the **Lórd**
to make réady his wáys **befóre** him,
To grant a **knówledge** of **salvátion** to his **péople**
through the **forgíveness** of **áll** their **síns**.
- 5 By the **lóving mércy** of our **Gód**,
the **Dáwn** from on **hígh** will **vísit** us,
To **shíne** on those who **sít** in **dárkness**,
and thóse in the **shádw** of **déath**,
to **guide** our **féet** into the **wáy** of **péace**.

Glory...

INTERCESSIONS

We bow before the Lord of lords, who leads his people to salvation.

Light our pilgrim way, O God of majesty:

Lord, have mercy.

Dispel the dark clouds of sin that cover the earth:

Christ, have mercy.

Call young men to share our life of holy service:

Lord, have mercy.

*May the divine assistance remain **always** with us:*

And with our absent brethren.

OUR FATHER

ORATION

Let us bless the Lord.

Thanks be to God.

BLESSING

December 18 at Vespers

CANTICLE OF MARY [Luke 1:46-55]

“Blessed are you who trusted that what was spoken to you by the Lord would be fulfilled.” (Luke 1:45) And Mary said:

A108

(2*) O ——— A - do - na - i, and lead - er of the
house of Is - ra - el, who ap - peared — to Mos - es
in the fire — of the burn - ing bush, and
gave him the law — on Si - nai: come to re -
deem — us with — out - stretched arm.

PS043

4 *My soul procláims the gréatness of the Lórd,
and my spírit exúlts in God my Sáviór,
For he has lóoked upon his hándmaid in her lówliness;
henceforth all áges will cáll me bléssed.*

4 For the Almíghty has done gréat things for mé.
And hólý ís his náme.
His loving mércy is from áge to áge
for thóse who féar him.

- 6 He has made known the strength of his **árm**,
and has scattered the proud of **héart**.
He has put down the mighty from their **thrónes**
and has exalted those who are **lówly**.
He has filled the hungry with **góod** things,
and has sent the rich away **émpy**.
- 4 He has always helped Ísrael his **sérvant**,
míndful of his **lóving mércy**,
Éven as he promised our **fáthers**,
to **Ábraham** and his **descendants** **foréver**.

Glory...

INTERCESSIONS

Let us invoke the Lord, our God and King.

Guide us, O Adonai, to the land of your promise:
Lord, have mercy.

Uphold your people in holiness and justice:
Christ, have mercy.

Let all who have died enter your realm of glory:
Lord, have mercy.

May the divine assistance remain always with us:
And with our absent brethren.

OUR FATHER

ORATION

Let us bless the Lord.
Thanks be to God.

BLESSING

December 19 at Lauds

CANTICLE OF ZACHARY [Luke 1:68-79]

Then John's father Zechariah was filled with the Holy Spirit and prophesied.
(Luke 1:67)

A077

(2*) Si - on, — you will be re - newed, and you will

see — the Just — One who is com - ing to you.

PS043

- 6 *Blést be the Lórd God of Ísrael:*
for he has vísited his péople and redéemed them.
He has raised úp for us a hórñ of salvátiön
in the Hóuse of Dávid his sérvant,
As he spóke through the móuth of his hólý ones,
his próphets from áges pást:
- 4 A sáviör who would frée us from our **fóes**,
and from the hánds of áll who **háte** us,
To shów loving mércy to our **fáthers**
míndful of his hólý **cóvenant**.
- 4 This was the óath he swore to Ábraham our **fáther**,
to grant that fréed from the hánds of our **fóes**,
We might sérve him in hóliness and **ríghteousness**,
all the dáys of our life without **féar**.

- 6 And yóu, little chíld, will be **cáled**
próphet of Gód Most **Hígh**,
For yóu will gó before the **Lórd**
to make réady his wáys befóre him,
To grant a knówledge of salvátion to his **péople**
through the forgíveness of áll their **síns**.
- 5 By the lóving mércy of our **Gód**,
the Dáwn from on hígh will **vísit** us,
To shíne on those who sít in **dárkness**,
and thóse in the shádown of **deáth**,
to guide our féet into the wáy of **péace**.

Glory...

INTERCESSIONS

We pray to Christ, our source of strength and hope.

*Sustain, O Lord, the vine **you** have planted:*

Lord, have mercy.

Establish among the nations the reign of your justice:

Christ, have mercy.

Sow fervent monastic vocations in the hearts of our youth:

Lord, have mercy.

*May the divine assistance remain **always** with us:*

And with our absent brethren.

OUR FATHER

ORATION

Let us bless the Lord.

Thanks be to God.

BLESSING

December 19 at Vespers

CANTICLE OF MARY [Luke 1:46-55]

"Blessed are you who trusted that what was spoken to you by the Lord would be fulfilled." (Luke 1:45) And Mary said:

A109

(2*) O _____ Root of Jes - se, you have been
 raised__ up as a sign__ for all__ peo-ples;
 kings__ stand si-lent in your pres - ence; the
 na-tions bow down__ in wor-ship. Come to de-
 liv - er us; de - lay__ now no__ more.

PS043

4 *My soul procláims the gréatness of the Lórd,
 and my spírit exúlts in God my Sáviór,
 For he has lóoked upon his hándmaid in her lówliness;
 henceforth all áges will cáll me bléssed.*

4 For the Almíghty has done gréat things for mé.
 And hólý ís his náme.
 His loving mércy is from áge to áge
 for thóse who féar him.

- 6 He has made known the strength of his **árm**,
and has scattered the proud of **héart**.
He has put down the mighty from their **thrónes**
and has exalted those who are **lówly**.
He has filled the hungry with **góod** things,
and has sent the rich away **émpty**.
- 4 He has always helped Ísrael his **sérvant**,
mindful of his loving **mércy**,
Éven as he promised our **fáthers**,
to Ábraham and his descendants **foréver**.

Glory...

INTERCESSIONS

*Let us invoke Jesus Christ, who is God With **Us**.*

*Strengthen your Church, O **Root** of Jesse:*

Lord, have mercy.

Drive from the world the forces of darkness:

Christ, have mercy.

*Call into your kingdom the **faithful** departed:*

Lord, have mercy.

*May the divine assistance remain **always** with us:*

And with our absent brethren.

OUR FATHER

ORATION

Let us bless the Lord.

Thanks be to God.

BLESSING

- 6 And *yóu*, little *chíld*, will be **called**
próphet of Gód Most **Hígh**,
For *yóu* will *gó* before the **Lórd**
to make réady his wáys **befóre** him,
To grant a *knówledge* of *salvátion* to his **péople**
through the *forgíveness* of *ál*l their **síns**.
- 5 By the *lóving mércy* of our **Gód**,
the *Dáwn* from on *hígh* will **vísit** us,
To *shíne* on those who *sít* in **dárkness**,
and thóse in the *shádw* of **déath**,
to guide our *féet* into the wáy of **péace**.

Glory...

INTERCESSIONS

We confess our faith in the Incarnate Son of God.

Unlock the chains that would hinder our service:

Lord, have mercy.

Free the captives of sin and affliction:

Christ, have mercy.

Turn many young hearts to our monastic life:

Lord, have mercy.

May the divine assistance remain always with us:

And with our absent brethren.

OUR FATHER

ORATION

Let us bless the Lord.

Thanks be to God.

BLESSING

December 20 at Vespers

CANTICLE OF MARY [Luke 1:46-55]

"Blessed are you who trusted that what was spoken to you by the Lord would be fulfilled." (Luke 1:45) And Mary said:

A110

(2*) O — Key of Da - vid, and scep-ter of the house of
Is-ra-el, you o-pen and no one can close, — you
close — and no one can o - pen. Come, — and
lead — the cap-tive from pris - on, sit-ting in
dark - ness and in the shad - ow of death. —

PS043

4 *My soul procláims the gréatness of the Lórd,
and my spírít exúlts in God my Sáviór,
For he has lóoked upon his hándmaid in her lówliness;
henceforth all áges will cáll me bléssed.*

4 For the Almíghty has done gréat things for mé.
And hólý ís his náme.
His loving mércy is from áge to áge
for thóse who féar him.

- 6 He has made known the strength of his **árm**,
and has scattered the proud of **héart**.
He has put down the mighty from their **thrónes**
and has exalted those who are **lówly**.
He has filled the hungry with **góod** things,
and has sent the rich away **émpy**.
- 4 He has always helped Ísrael his **sérvant**,
mindful of his loving **mércy**,
Even as he promised our **fáthers**,
to Ábraham and his descendants **foréver**.

Glory...

INTERCESSIONS

*We implore the Light of the World to illumine the **nations**.*

*Free us, O Lord, from the **darkness** that binds us:*

Lord, have mercy.

*Let your scepter of truth govern all **earthly** rulers:*

Christ, have mercy.

*Open the gates of Heaven to all **who** have died:*

Lord, have mercy.

*May the divine assistance remain **always** with us:*

And with our absent brethren.

OUR FATHER

ORATION

Let us bless the Lord.

Thanks be to God.

BLESSING

December 21 at Lauds

CANTICLE OF ZACHARY [Luke 1:68-79]

Then John's father Zechariah was filled with the Holy Spirit and prophesied.
(Luke 1:67)

A073

(1) Out of E - gypt I have called my Son;
he will come to save his peo - ple.

omit for 5-line PS034
omit for 4-line

- 6 *Blést be the Lórd God of Ísrael:*
for he has vísited his péople and redéemed them.
He has raised úp for us a hórñ of salvátiön
in the Hóuse of Dávid his sérvant,
As he spóke through the móuth of his hólý ones,
his próphets from áges pást:
- 4 A sáviör who would frée us from our **fóes**,
and from the hánds of áll who **háte** us,
To shów loving mércy to our **fáthers**
míndful of his hólý **cóvenant**.
- 4 This was the óath he swore to Ábraham our **fáther**,
to grant that fréed from the hánds of our **fóes**,
We might sérve him in hóliness and **ríghteousness**,
all the dáys of our life without **féar**.

- 6 And *yóu*, little *chíld*, will be **cá**lled
próphet of Gód Most **Hígh**,
For *yóu* will gó before the **Lórd**
to make réady his wáys befóre him,
To grant a knówledge of salvátion to his **péople**
through the forgíveness of áll their **síns**.
- 5 By the lóving mércy of our **Gód**,
the Dáwn from on hígh will **vísit** us,
To shíne on those who sít in **dárkness**,
and thóse in the shádown of **déath**,
to guide our féet into the wáy of **péace**.

Glory...

INTERCESSIONS

Let us beg the Lord's mercy as day rises in the east.

Shine upon us in love, O radiant Dawn:

Lord, have mercy.

Incline the hearts of all people to seek you this day:

Christ, have mercy.

Call new monks to pursue your way of wisdom among us:

Lord, have mercy.

May the divine assistance remain always with us:

And with our absent brethren.

OUR FATHER

ORATION

Let us bless the Lord.

Thanks be to God.

BLESSING

December 21 at Vespers

CANTICLE OF MARY [Luke 1:46-55]

“Blessed are you who trusted that what was spoken to you by the Lord would be fulfilled.” (Luke 1:45) And Mary said:

A111

(2*) O Ra - diant Dawn, splen - dor of eter - nal light and sun of jus - tice: come, shine on those who dwell in dark - ness and in the sha-dow of death.

PS043

4 *My soul proclaims the greatness of the **Lórd**,
and my spírit exúlts in God my Sáviór,
For he has lóoked upon his hándmaid in her lówliness;
henceforth all áges will cáll me **bléssed**.*

4 For the Almíghty has done gréat things for **mé**.
And hólý ís his **náme**.
His loving mércy is from áge to áge
for thóse who **féar** him.

- 6 He has made known the strength of his **árm**,
and has scattered the proud of **héart**.
He has put down the mighty from their **thrónes**
and has exalted those who are **lówly**.
He has filled the hungry with **góod** things,
and has sent the rich away **émpy**.
- 4 He has always helped Ísrael his **sérvant**,
mindful of his loving **mércy**,
Éven as he promised our **fáthers**,
to Ábraham and his descendants **foréver**.

Glory...

INTERCESSIONS

*We call upon you, O Wisdom, to illumine our minds and **hearts**.*

*Cleanse your people of every **vain** desire:*

Lord, have mercy.

Heal the wounds of a world broken by sin:

Christ, have mercy.

Raise to light all who have passed into the shadow of death:

Lord, have mercy.

*May the divine assistance remain **always** with us:*

And with our absent brethren.

OUR FATHER

ORATION

Let us bless the Lord.

Thanks be to God.

BLESSING

December 22 at Lauds

CANTICLE OF ZACHARY [Luke 1:68-79]

Then John's father Zechariah was filled with the Holy Spirit and prophesied.

(Luke 1:67)

A106

(1) Guard what is good and cherish what is true; for our sal-va - tion is at hand.

PS042

- 6 *Blést be the Lórd God of Ísrael:*
for he has visited his péople and redéemed them.
 He has raised úp for us a hórñ of salvátion
 in the Hóuse of Dávid his sérvant,
 As he spóke through the móuth of his hólý ones,
 his próphets from áges pást:
- 4 A sáviór who would frée us from our **fóes**,
 and from the hánds of áll who **háte** us,
 To shów loving mércy to our fáthers
 míndful of his hólý cóvenant.
- 4 This was the óath he swore to Ábraham our fáther,
 to grant that fréed from the hánds of our **fóes**,
 We might sérve him in hóliness and **ríghteousness**,
 all the dáys of our life without **féar**.

- 6 And *yóu*, little *chíld*, will be **cáled**
próphet of Gód Most **Hígh**,
For *yóu* will gó before the **Lórd**
to make réady his wáys befóre him,
To grant a knówledge of salvátion to his **péople**
through the forgiveness of áll their **síns**.
- 5 By the lóving mércy of our **Gód**,
the Dáwn from on hígh will **vísit** us,
To shíne on those who sít in **dárkness**,
and thóse in the shádw of **déath**,
to guide our féet into the wáy of **péace**.

Glory...

INTERCESSIONS

We bow before the Lord of lords, who leads his people to salvation.

Light our pilgrim way, O God of majesty:

Lord, have mercy.

Dispel the dark clouds of sin that cover the earth:

Christ, have mercy.

Call young men to share our life of holy service:

Lord, have mercy.

May the divine assistance remain always with us:

And with our absent brethren.

OUR FATHER

ORATION

Let us bless the Lord.

Thanks be to God.

BLESSING

December 22 at Vespers

CANTICLE OF MARY [Luke 1:46-55]

"Blessed are you who trusted that what was spoken to you by the Lord would be fulfilled." (Luke 1:45) And Mary said:

A112

(2*) O King of na - tions, the de-sire of
eve-ry hu - man heart; O Key - stone of the
might-y arch of hu-man-kind: come, and save
us, whom you fash-ioned from dust.

PS043

4 *My soul procláims the gréatness of the Lórd,
and my spírit exúlts in God my Sáviór,
For he has lóoked upon his hándmaid in her lówliness;
henceforth all áges will cáll me bléssed.*

4 For the Almíghty has done gréat things for mé.
And hólý ís his náme.
His loving mércy is from áge to áge
for thóse who féar him.

- 6 He has made known the strength of his **árm**,
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He has put down the mighty from their **thrónes**
and has exalted those who are **lówly**.
He has filled the hungry with **góod** things,
and has sent the rich away **émpy**.
- 4 He has always helped Ísrael his **sérvant**,
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Éven as he promised our **fáthers**,
to Ábraham and his descendants **foréver**.

Glory...

INTERCESSIONS

Let us invoke the Lord, our God and King.

Guide us, O Adonai, to the land of your promise:

Lord, have mercy.

Uphold your people in holiness and justice:

Christ, have mercy.

Let all who have died enter your realm of glory:

Lord, have mercy.

May the divine assistance remain always with us:

And with our absent brethren.

OUR FATHER

ORATION

Let us bless the Lord.

Thanks be to God.


BLESSING

December 23 at Lauds

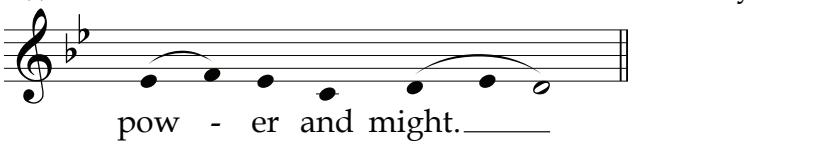
CANTICLE OF ZACHARY [Luke 1:68-79]

*Then John's father Zechariah was filled with the Holy Spirit and prophesied.
(Luke 1:67)*

A105



(4) A - rise, _____ a - rise, ___ Lord; show ___ us your



pow - er and might. _____

PS045



(4) A - rise, _____ a - rise, ___ Lord; show ___ us your

6 *Blést be the Lórd God of Ísrael:*
for he has vísited his péople and redéemed them.
He has raised úp for us a hórnn of salvátion
in the Hóuse of Dávid his sérvant,
As he spóke through the móuth of his hólý ones,
his próphets from áges pást:

4 A sáviór who wóuld frée us from our **fóes**,
and from the hánds of áll who **háte** us,
To shów loving mércy to our **fáthers**
míndful of his hólý **cóvenant**.

4 This was the óath he swore to Ábraham our **fáther**,
to grant that fréed from the hánds of our **fóes**,
We might sérve him in hóliness and **righteousness**,
all the dáys of our life without **féar**.

- 6 And *yóu*, little *chíld*, will be **cá**lled
próphet of Gód Most **Hígh**,
For *yóu* will gó before the **Lórd**
to make réady his wáys befóre him,
To grant a knówledge of salvátion to his **péople**
through the forgíveness of áll their **síns**.
- 5 By the lóving mércy of our **Gód**,
the Dáwn from on hígh will **vísit** us,
To shíne on those who sít in **dárkness**,
and thóse in the shádown of **déath**,
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Glory...

INTERCESSIONS

We pray to Christ, our source of strength and hope.

*Sustain, O Lord, the vine **you** have planted:*

Lord, have mercy.

Establish among the nations the reign of your justice:

Christ, have mercy.

Sow fervent monastic vocations in the hearts of our youth:

Lord, have mercy.

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And with our absent brethren.

OUR FATHER

ORATION

Let us bless the Lord.

Thanks be to God.

BLESSING

December 23 at Vespers

CANTICLE OF MARY [Luke 1:46-55]

“Blessed are you who trusted that what was spoken to you by the Lord would be fulfilled.” (Luke 1:45) And Mary said:

A113

(2*) O Im-man - u - el, our king and law -
giv - er, de-sire of the na - tions,
Sav-ior of all peo - ple: come and
set us free, O Lord our God.

PS043

4 *My soul proclaims the gréatness of the **Lórd**,
and my spírit exúlts in God my Sáviór,
For he has lóoked upon his hándmaid in her lówliness;
henceforth all áges will cáll me **bléssed**.*

4 For the Almíghty has done gréat things for **mé**.
And hóly ís his **náme**.
His loving mércy is from áge to áge
for thóse who **féar** him.

- 6 He has made known the strength of his **árm**,
and has scattered the proud of **héart**.
He has put down the mighty from their **thrónes**
and has exalted those who are **lówly**.
He has filled the hungry with **góod** things,
and has sent the rich away **émpty**.
- 4 He has always helped Ísrael his **sérvant**,
mindful of his loving **mércy**,
Éven as he promised our **fáthers**,
to Ábraham and his descendants **foréver**.

Glory...

INTERCESSIONS

*Let us invoke Jesus Christ, who is God With **Us**.*

*Strengthen your Church, O **Root** of Jesse:*

Lord, have mercy.

Drive from the world the forces of darkness:

Christ, have mercy.

*Call into your kingdom the **faithful** departed:*

Lord, have mercy.

*May the divine assistance remain **always** with us:*

And with our absent brethren.

OUR FATHER

ORATION

Let us bless the Lord.

Thanks be to God.

BLESSING

December 24 at Lauds

CANTICLE OF ZACHARY [Luke 1:68-79]

Then John's father Zechariah was filled with the Holy Spirit and prophesied.

(Luke 1:67)

(1) *The time has come for Mar-y to give birth to her*
first - born Son.

PS042

- 6 *Blést be the Lórd God of Ísrael:*
for he has visited his péople and redéemed them.
He has raised úp for us a hórnn of salvátion
in the Hóuse of Dávid his sérvant,
As he spóke through the móuth of his hólly ones,
his próphets from áges pást:
- 4 A sáviór who would frée us from our fóes,
and from the hánds of áll who háte us,
To shów loving mércy to our fáthers
míndful of his hólly cóvenant.
- 4 This was the óath he swore to Ábraham our fáther,
to grant that fréed from the hánds of our fóes,
We might sérve him in hóliness and ríghteousness,
all the dáy's of our life without féar.
-

- 6 And *yóu*, little *chíld*, will be **cáled**
próphet of Gód Most **Hígh**,
For *yóu* will gó before the **Lórd**
to make réady his wáys befóre him,
To grant a knówledge of salvátion to his **péople**
through the forgíveness of áll their **síns**.
- 5 By the lóving mércy of our **Gód**,
the Dáwn from on hígh will **vísit** us,
To shíne on those who sít in **dárkness**,
and thóse in the shádown of **déath**,
to guide our féet into the wáy of **péace**.

Glory...

INTERCESSIONS

We confess our faith in the Incarnate Son of God.

Unlock the chains that would hinder our service:
Lord, have mercy.

Free the captives of sin and affliction:
Christ, have mercy.

Turn many young hearts to our monastic life:
Lord, have mercy.

May the divine assistance remain always with us:
And with our absent brethren.

OUR FATHER

ORATION

Let us bless the Lord.
Thanks be to God.

BLESSING

2 January to Epiphany at Lauds

HYMN

Page 21

PSALMODY

Taken from the current week of the Psalter

READING

RESPONSORY

(6*) The Lord _____ has made ___ known, *
al - le - lu - ia, al - le - lu - ia.

*The saving power of God. Alleluia...
Glory... The Lord has made known...*

CANTICLE OF ZACHARY [Luke 1: 68-79]

*Then John's father Zechariah was filled with the Holy Spirit and prophesied.
(Luke 1:67)*

MONDAY AND THURSDAY

(8) Help - less he lay in a man - ger; glo - rious he
shone ___ in heav - en. He lived hum - bly a -
mong ___ us; he dwelt e - ter - nal - ly with the
Fa - ther.



- 6 *Blést be the Lórd God of Ísrael:*
for he has vísited his péople and redéemed them.
 He has raised úp for us a hórñ of salvátion
 in the Hóuse of Dávid his sérvant,
 As he spóke through the móuth of his hólý ones,
 his próphets from áges pást:
- 4 A sáviór who would frée us from our **fóes**,
 and from the hánds of áll who **háte** us,
 To shów loving mércy to our **fáthers**
 míndful of his hólý **cóvenant**.
- 4 This was the óath he swore to Ábraham our **fáther**,
 to grant that fréed from the hánds of our **fóes**,
 We might sérve him in hóliness and **righteousness**,
 all the dáys of our life without **féar**.
- 6 And yóu, little chíld, will be **cáled**
 próphet of Gód Most **Hígh**,
 For yóu will gó before the **Lórd**
 to make réady his wáys befóre him,
 To grant a knówledge of salvátion to his **péople**
 through the forgíveness of áll their **síns**.
- 5 By the lóving mércy of our **Gód**,
 the Dáwn from on hígh will vísit us,
 To shíne on those who sít in **dárkness**,
 and thóse in the sháadow of **deáth**,
 to guide our fées into the wáy of **péace**.

Glory...

TUESDAY AND FRIDAY

A151

(7) *I have come forth from God in-to the world.*
Not on my own have I come, but the
Fa - ther has sent me.

PS048



WEDNESDAY AND SATURDAY

A152

(14/6) *Be-hold the one of whom it has been writ-ten: his*
king - dom will en-dure for - ev - er.

PS047

- 6 *Blést be the Lórd God of Ísrael:*
for he has vísited his péople and redéemed them.
 He has raised úp for us a hórñ of salvátiön
 in the Hóuse of Dávid his sérvant,
 As he spóke through the móuth of his hólý ones,
 his próphets from áges **pást**:
- 4 A sáviör who would frée us from our **fóes**,
 and from the hánds of áll who **háte** us,
 To shów loving mércy to our **fáthers**
 míndful of his hólý **cóvenant**.
- 4 This was the óath he swore to Ábraham our **fáther**,
 to grant that fréed from the hánds of our **fóes**,
 We might sérve him in hóliness and **ríghteousness**,
 all the dáys of our lífe without **féar**.
- 6 And yóu, little chíld, will be **cáled**
 próphet of Gód Most **Hígh**,
 For yóu will gó before the **Lórd**
 to make réady his wáys befóre him,
 To grant a knówledge of salvátiön to his **péople**
 through the forgíveness of áll their **síns**.
- 5 By the lóving mércy of our **Gód**,
 the Dáwn from on hígh will **vísit** us,
 To shíne on those who sít in **dárkness**,
 and thóse in the shádw of **déath**,
 to guide our féet into the wáy of **péace**.

Glory...

INTERCESSIONS

MONDAY AND THURSDAY:

*Let us call upon Christ, the Word made **Flesh**.*

*Renew us, Lord, by the power of your coming:
Lord, have mercy.*

*Reveal to the nations your covenant of peace:
Christ, have mercy.*

*Enliven our house of prayer with **new** vocations:
Lord, have mercy.*

*May the divine assistance remain **always** with us:
And with our absent brethren.*

TUESDAY AND FRIDAY:

*Let us lift hearts of gladness to our Savior and **King**.*

*Fill us with zeal as we serve **you** this day:
Lord, have mercy.*

*Let the light of your grace illumine the nations:
Christ, have mercy.*

*Grant holy vocations to strengthen our praise:
Lord, have mercy.*

*May the divine assistance remain **always** with us:
And with our absent brethren.*

WEDNESDAY AND SATURDAY:

*We present our prayers to God as morning fills the **sky**.*

*Fill us, O Lord, with the gifts for **which** we long:*

Lord, have mercy.

*Let all the world know that you have **come** as King:*

Christ, have mercy.

*Inspire many hearts to seek you in this **holy** house:*

Lord, have mercy.

*May the divine assistance remain **always** with us:*

And with our absent brethren.

OUR FATHER

ORATION

Let us bless the Lord.

Thanks be to God.

BLESSING

**2 January to Epiphany
at Daytime Prayer**

Taken from the current week of the Psalter.

2 January to Epiphany at Vespers

HYMN

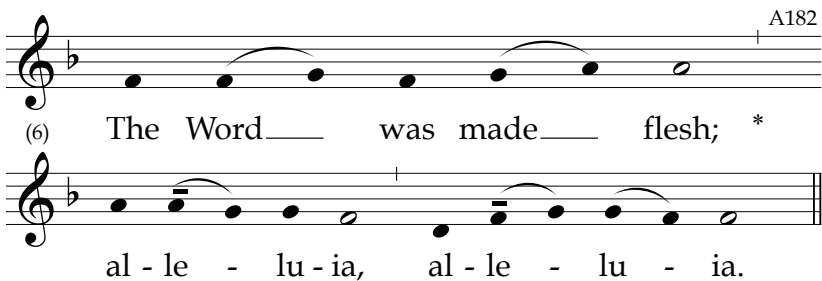
Page 23

PSALMODY

Taken from the current week of the Psalter.

READING

RESPONSORY



(6) The Word was made flesh; *
al - le - lu - ia, al - le - lu - ia.

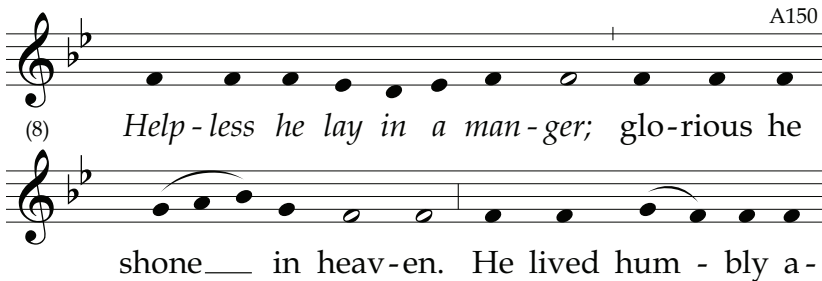
And he dwelt among us. Alleluia...

Glory... The Word was made flesh...

CANTICLE OF MARY [Luke 1:46-55]

"Blessed are you who trusted that what was spoken to you by the Lord would be fulfilled." (Luke 1:45) And Mary said:

MONDAY AND THURSDAY



(8) Help-less he lay in a man-ger; glo-rious he
shone in heav-en. He lived hum - bly a-

mong us; he dwelt e-ter-nal-ly with the
Fa - ther.

PS049

- 4 *My soul procláims the gréatness of the Lórd,
and my spírit exúlts in God my Sáviór,
For he has lóoked upon his hándmaid in her lówliness;
henceforth all áges will cáll me bléssed.*
- 4 For the Almíghty has done gréat things for mé.
And hóly ís his náme.
His loving mércy is from áge to áge
for thóse who féar him.
- 6 He has made knówn the stréngth of his árm,
and has scátttered the próud of héart.
He has put dówn the míghty from their thrónes
and has exálted thóse who are lówly.
He has fílléd the húngry with góod things,
and has sént the rích away émpy.
- 4 He has álways helped Ísrael his sérvant,
míndful of his lóving mércy,
Éven as he prómised our fáthers,
to Ábraham and hís descéndants foréver.

Glory...

TUESDAY AND FRIDAY

A151

(7) *I have come forth from God in-to the world.*
Not on my own have I come, but the
Fa - ther has sent me.

PS048



WEDNESDAY AND SATURDAY

A152

(14/6) *Be-hold the one of whom it has been writ-ten: his*
king - dom will en-dure for - ev - er.

PS047



- 4 *My soul procláims the gréatness of the **Lórd**,
and my spírit exúlts in God my **Sáviór**,*
For he has lóoked upon his hándmaid in her **lów**liness;
henceforth all áges will cáll me **bléssed**.
- 4 For the Almíghty has done gréat things for **mé**.
And hóly ís his **náme**.
His loving mércy is from áge to **áge**
for thóse who **féar** him.
- 6 He has made knówn the stréngth of his **árm**,
and has scátted the próud of **héart**.
He has put dówn the míghty from their **thrónes**
and has exálted thóse who are **lów**ly.
He has fílléd the húngry with **góod** things,
and has sént the rích away **émpy**.
- 4 He has álways helped Ísraél his **sérvant**,
míndful of his lóving **mércy**,
Éven as he prómised our **fáthers**,
to Ábraham and his descéndants for**éver**.

Glory...

MONDAY AND THURSDAY:

*We incline our hearts to God at the close of **day**.*

*Bestow on us, O Lord, the **Spirit** of Peace:*

Lord, have mercy.

*Be the comfort of all who are **troubled** in heart:*

Christ, have mercy.

*Let the faithful departed behold **you** in glory:*

Lord, have mercy.

*May the divine assistance remain **always** with us:*

And with our absent brethren.

TUESDAY AND FRIDAY:

We bow before God's throne in humble supplication.

*Restore in us, Lord, the **purity of** our baptism:*

Lord, have mercy.

*Dispel the shadows that obscure our **inward** vision:*

Christ, have mercy.

*Raise the dead to praise you in the **heavenly** Jerusalem:*

Lord, have mercy.

*May the divine assistance remain **always** with us:*

And with our absent brethren.

WEDNESDAY AND SATURDAY:

Let us invoke our God, born of the Holy Virgin.

*Cleanse us, O Lord, from every **stain** of sin:*

Lord, have mercy.

*Comfort the afflicted and heal the **broken-hearted**:*

Christ, have mercy.

*Bestow the light of your glory upon all **who** have died:*

Lord, have mercy.

*May the divine assistance remain **always** with us:*

And with our absent brethren.

OUR FATHER

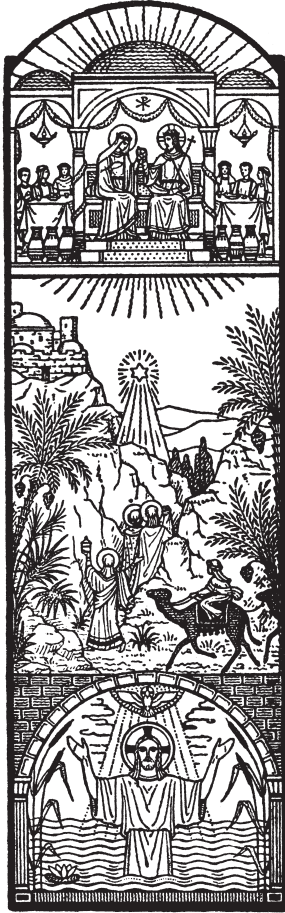
ORATION

Let us bless the Lord.

Thanks be to God.

BLESSING






CANTICLE OF ZACHARY [Luke 1: 68-79]

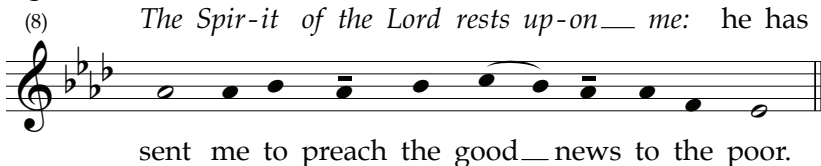
*Then John's father Zechariah was filled with the Holy Spirit and prophesied.
(Luke 1:67)*

MONDAY AND THURSDAY

OT297

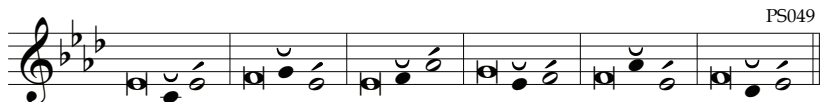


(8) *The Spir-it of the Lord rests up-on me: he has*




sent me to preach the good news to the poor.

PS049

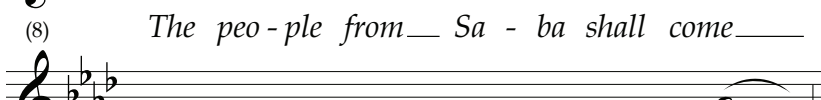


TUESDAY AND FRIDAY

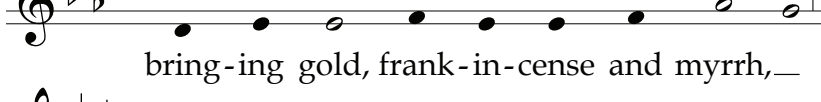
A168



(8) *The peo-ple from Sa - ba shall come*

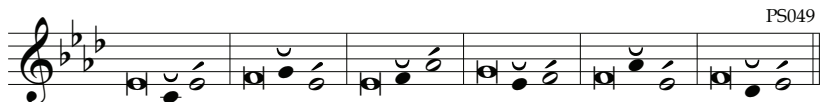


bring-ing gold, frank-in-cense and myrrh,



al - le - lu - ia, al - le - lu - ia.

PS049



- 6 *Blést be the Lórd God of Ísrael:*
for he has vísited his péople and redéemed them.
 He has raised úp for us a hórñ of salvátion
 in the Hóuse of Dávid his sérvant,
 As he spóke through the móuth of his hólý ones,
 his próphets from áges **pást:**
- 4 A sáviór who would frée us from our **fóes,**
 and from the hánds of áll who **háte** us,
 To shów loving mércy to our **fáthers**
 míndful of his hólý **cóvenant.**
- 4 This was the óath he swore to Ábraham our **fáther,**
 to grant that fréed from the hánds of our **fóes,**
 We might sérve him in hóliness and **ríghteousness,**
 all the dáy's of our lífe without **féar.**
- 6 And yóu, little chíld, will be **cáalled**
 próphet of Gód Most **Hígh,**
 For yóu will gó before the **Lórd**
 to make réady his wáys **befóre** him,
 To grant a knówledge of salvátion to his **péople**
 through the forgíveness of áll their **síns.**
- 5 By the lóving mércy of our **Gód,**
 the Dáwn from on hígh will **vísit** us,
 To shíne on those who sít in **dárkness,**
 and thóse in the shádw of **déath,**
 to guide our féet into the wáy of **péace.**

Glory...

WEDNESDAY

A167

(2*) We have seen his star: let us walk
by its light.

PS043



SATURDAY

A169

(8) At Ca-na in Gal i - lee Je - sus worked the
first of the signs which re-vealed his glo-ry.

PS049

- 6 *Blést be the Lórd God of Ísrael:*
for he has vísited his péople and redéemed them.
 He has raised úp for us a hórñ of salvátiön
 in the Hóuse of Dávid his sérvant,
 As he spóke through the móuth of his hólý ones,
 his próphets from áges **pást:**
- 4 A sáviör who would frée us from our **fóes,**
 and from the hánds of áll who **háte** us,
 To shów loving mércy to our **fáthers**
 míndful of his hólý **cóvenant.**
- 4 This was the óath he swore to Ábraham our **fáther,**
 to grant that fréed from the hánds of our **fóes,**
 We might sérve him in hóliness and **righteousness,**
 all the dáys of our lífe without **féar.**
- 6 And yóu, little chíld, will be **cálled**
 próphet of Gód Most **Hígh,**
 For yóu will gó before the **Lórd**
 to make réady his wáys **befóre** him,
 To grant a knówledge of salvátiön to his **péople**
 through the forgíveness of áll their **síns.**
- 5 By the lóving mércy of our **Gód,**
 the Dáwn from on hígh will **vísit** us,
 To shíne on those who sít in **dárkness,**
 and thóse in the sháadow of **déath,**
 to guide our féet into the wáy of **péace.**

Glory...

INTERCESSIONS

MONDAY AND THURSDAY:

*At the break of day we invoke the Sun of **R**ighteousness.*

*Be our light, O Lord, as we labor **f**or your kingdom:*

Lord, have mercy.

*Confirm among the nations the reign **o**f your peace:*

Christ, have mercy.

*Call zealous new vocations to our school **f**or your service:*

Lord, have mercy.

*May the divine assistance remain **a**lways with us:*

And with our absent brethren.

TUESDAY AND FRIDAY:

*We acclaim Christ our Wisdom, adored by the **s**ages.*

*Accept our works this day as **h**oly oblation:*

Lord, have mercy.

*Form the hearts of world leaders in **j**ustice and truth:*

Christ, have mercy.

*Call young men to lives of prayer and **w**ork among us:*

Lord, have mercy.

*May the divine assistance remain **a**lways with us:*

And with our absent brethren.

WEDNESDAY AND SATURDAY:

*We praise our God, who has conquered all worldly **powers**.*

*Let us manifest your presence to all we **meet** this day:*

Lord, have mercy.

*May your Church be a light to all who **seek** your face:*

Christ, have mercy.

*Lead many young hearts on the path of **monastic** wisdom:*

Lord, have mercy.

*May the divine assistance remain **always** with us:*

And with our absent brethren.

OUR FATHER

ORATION

Let us bless the Lord.

Thanks be to God.

BLESSING

Epiphany to Baptism at Daytime Prayer

Taken from Week II of the Psalter.

After Epiphany to Baptism

Monday through Friday at Vespers

HYMN

Page 26

PSALMODY

Taken from Week II of the Psalter.

READING

RESPONSORY

A170



(6*) All will be blessed in the A-noint-ed One:*



men and wo-men of eve-ry race.

*All nations will acclaim his glory: Men and women...
Glory... All will be blessed...*

CANTICLE OF MARY [Luke 1:46-55]

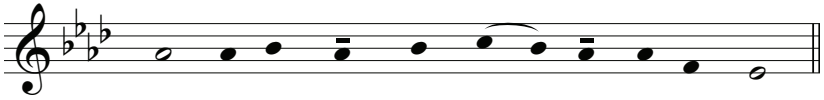
*"Blessed are you who trusted that what was spoken to you by the Lord
would be fulfilled." (Luke 1:45) And Mary said:*

MONDAY AND THURSDAY

OT297



(8) The Spir-it of the Lord rests up-on__ me: he has



sent me to preach the good—news to the poor.



- 4 *My soul procláims the gréatness of the **Lórd**,
and my spírit exúlts in God my **Sáviór**,*
For he has lóoked upon his hándmaid in her **lów**liness;
henceforth all áges will cáll me **bléssed**.
- 4 For the Almighty has done gréat things for **mé**.
And hóly ís his **náme**.
His loving mércy is from áge to áge
for thóse who **féar** him.
- 6 He has knówn the stréngth of his **árm**,
and has scátted the próud of **héart**.
He has put dówn the míghty from their **thrónes**
and has exálted thóse who are **lówly**.
He has fílléd the húngry with **góod** things,
and has sént the rích away **émpty**.
- 4 He has álways helped Ísrael his **sérvant**,
míndful of his lóving **mércy**,
Éven as he prómised our **fáthers**,
to Ábraham and his descéndants foréver.

Glory...

TUESDAY AND FRIDAY

A168

(8) The peo - ple from Sa - ba shall come
bring - ing gold, frank - in - cense and myrrh,
al - le - lu - ia, al - le - lu - ia.

PS049

WEDNESDAY

A167

(2*) We have seen his star: let us walk
by its light.

PS043

- 4 *My soul procláims the gréatness of the Lórd,
and my spírit exúlts in God my Sáviour,
For he has lóoked upon his hándmaid in her lówliness;
henceforth all áges will cáll me bléssed.*

- 4 For the Almíghty has done gréat things for **mé**.
And hóly ís his **náme**.
His loving mércy is from áge to áge
for thóse who **féar** him.
- 6 He has made knówn the stréngth of his **árm**,
and has scátted the próud of **héart**.
He has put dówn the míghty from their **thrónes**
and has exálted thóse who are **lówly**.
He has filled the húngry with **góod** things,
and has sént the rích away **émpty**.
- 4 He has álways helped Ísrael his **sérvant**,
míndful of his lóving **mércy**,
Éven as he prómised our **fáthers**,
to Ábraham and hís descéndants **foréver**.

Glory...

INTERCESSIONS

MONDAY AND THURSDAY:

*We beseech our God to manifest his grace in our **lives**.*

Sanctify us, Lord, by the light of your Word:

Lord, have mercy.

*Let your mercy fall like dew upon all **who** are lost:*

Christ, have mercy.

*Shine upon all who have passed **from** this world:*

Lord, have mercy.

*May the divine assistance remain **always** with us:*

And with our absent brethren.

TUESDAY AND FRIDAY:

*Let us call upon the Lord, who dispels all **darkness**.*

*Guide us by your light, O **Star** of Jacob:*

Lord, have mercy.

*Banish worldly strife by the radiance **of** your peace:*

Christ, have mercy.

*May the dead find a place at your wedding **feast**, O Lord:*

Lord, have mercy.

*May the divine assistance remain **always** with us:*

And with our absent brethren.

WEDNESDAY:

*May God's grace be upon us as we raise up grateful **hearts**.*

*Be our light, O Lord, in **hours** of darkness:*

Lord, have mercy.

*Instruct the nations in **justice** and peace:*

Christ, have mercy.

*Grant repose to the souls of the **faithful** departed:*

Lord, have mercy.

*May the divine assistance remain **always** with us:*

And with our absent brethren.

OUR FATHER

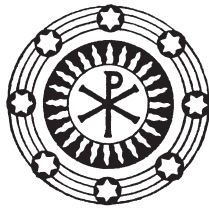
ORATION

Let us bless the Lord.

Thanks be to God.

BLESSING

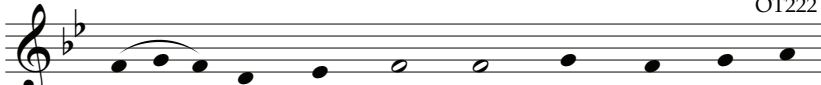
**Hymns for
Lauds and Vespers
for Memorials**



Common of Pastors, Lauds

HYMN

OT222



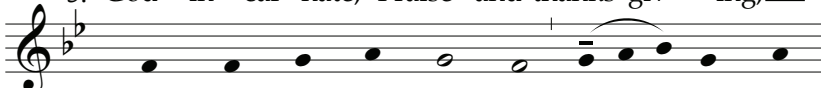
- (8)
1. Fa - ther, we praise you that your ho - ly
 2. Filled with the Spir - it in their earth - ly
 3. By their ex - am - ple, prayer and self - de -
 4. Joy - ful thanks - giv - ing now we bring be -
 5. Glo - ry and hon - or, Fa - ther un - be -



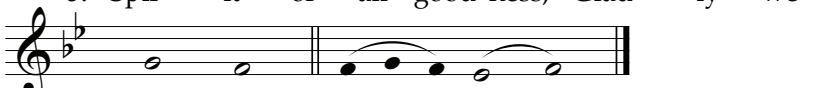
1. serv - ants, Stead - fast - ly fol - l'wing Christ our
2. la - bors, Bring - ing the suf - f'ring heal - ing
3. ni - al, Preach - ing and teach - ing, show - ing
4. fore you, Sing - ing with glad - ness of their
5. got - ten, Pow'r and do - min - ion, Son of



1. Lord and sav - ior, Now in your king - dom
2. and com - pas - sion, Rais - ing the fal - len,
3. forth the gos - pel, Spread they to all lands
4. life and wit - ness, Pledg - ing to fol - low
5. God in - car - nate, Praise and thanks - giv - ing,



1. share with all the faith - ful Vi - sions of
2. rec - on - cil - ing sin - ners, Glad - ly they
3. knowl - edge of your mer - cy, Sing - ing your
4. Christ our Lord and mas - ter Now and for
5. Spir - it of all good - ness, Glad - ly we

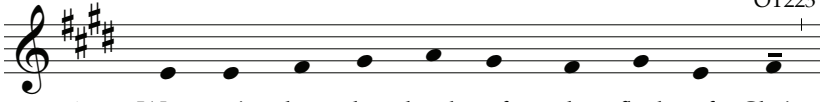


1. glo - ry.
2. served them.
3. kind - ness.
4. ev - er.
5. bring you. A - men.

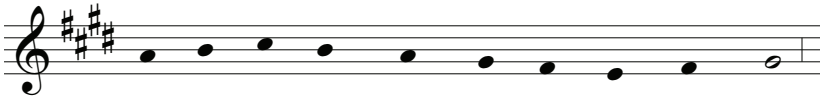
Common of Pastors, Vespers

HYMN

OT223



- (9) 1. *We praise those shep-herds of the flock of Christ*
 2. God sent his Spir - it down up - on his priests
 3. They in - ter - ced - ed for their peo-ple's sins,
 4. O bless - ed Trin - i - ty whom we a - dore,



1. Who led it in the ways of truth and right,
 2. Who of-fered sac - ri - fice with hal-lowed hands,
 3. Like Mos-es, lift - ing ho - ly hands to pray;
 4. The hid-den God through our Re-deem - er known,



1. In time of e - vil and in dark - est days,
 2. Who poured out sav - ing wat - er, loosed from sin,
 3. They are his priests for - ev - er, who re - ceived
 4. Give con - stan - cy and cour-age to your Church



1. Their faith and for - ti - tude a stead-fast light.
 2. And took their joy - ful news to all the lands.
 3. The pow'r that none on earth can take a - way.
 4. Till time in - to e - ter - ni - ty has grown.



A - men. —

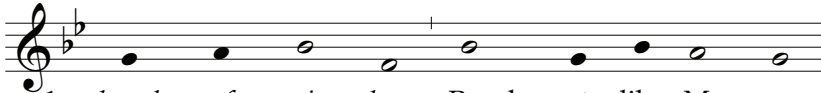
Common of Doctors, Lauds

HYMN

OT224



- (8) 1. *Doc - tor ce - les - tial, Christ our*
 2. *Je - sus, good shep - herd giv - en*
 3. *You_____ have en - dowed her with dis -*
 4. *Yours_____ is the mes - sage voiced through*
 5. *Now_____ let us hon - or those who*



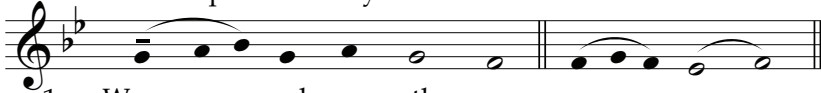
1. *bread of wis - dom, Proph - et like Mo - ses,*
 2. *to the na - tions, Bride - groom in heav - en*
 3. *tin - guished doc - tors, Stars in the night - sky,*
 4. *learn - ed teach - ers, Clear - ly pro - claim - ing,*
 5. *went be - fore us Armed with the gos - pel,*



1. *with your new com - mand - ment, Words sem - pi -*
 2. *of the Church you found - ed: Strength - en her*
 3. *shin - ing gold - en lan - terns, Tell - ing of*
 4. *driv - en by the Spir - it. Christ Je - sus,*
 5. *sword of Ho - ly Spir - it: At heav - en's*



1. *ter - nal_____ you a - lone pos - sess, Lord:*
 2. *teach - ing_____ spok - en through the a - ges,*
 3. *gate - ways_____ to the spring - ing foun - tain,*
 4. *your_ word_ still to - day shines bright - ly,*
 5. *ban - quet_____ may we share God's wis - dom:*



1. *We_____ seek no oth - er.*
 2. *Still_____ bear - ing wit - ness.*
 3. *Christ's_____ liv - ing wa - ters.*
 4. *Light_____ in the dark - ness.*
 5. *Glo - ry un - end - ing. A - men._____*

Common of Doctors, Vespers

HYMN

OT225



- (8) 1. Lord ___ God e - ter - nal, ___ Day - star ev - er -
 2. Lo, ___ how en - light - ened ___ all the learn - ed
 3. Yours ___ is the gos - pel ___ sent to us from
 4. Now ___ they be - hold ___ the ___ glo - ry of your
 5. O ___ might - y God - head, ___ grant what now we



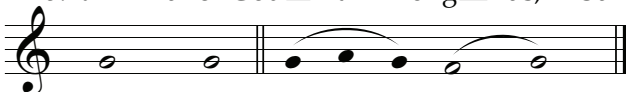
1. last - ing, All ___ is com - plet - ed ___ that you
 2. teach - ers Stirred ___ by your Spir - it ___ here on
 3. heav - en, Theirs ___ is the doc - trine ___ by your
 4. king - dom, They ___ who on earth ___ once shared with
 5. ask you, Fa - ther of mer - cy, ___ you, his



1. have cre - at - ed. You ___ have re - vealed ___ the ___
 2. earth de - scend - ing! They ___ have pro - claimed your
 3. word en - gen - dered. Thus ___ ho - ly teach - ers ___
 4. us your teach - ing. May ___ they be - seech ___ you ___
 5. Son A - noint - ed, With ___ Ho - ly Spir - it, ___



1. light of sa - cred wis - dom: We give you
 2. path - ways of ___ sal - va - tion Through all the
 3. shine be - fore ___ us bright - ly: Their life, a
 4. that your pil - grim peo - ple Seek you, Lord
 5. tri - une God ___ a - mong ___ us, Sun - light e -

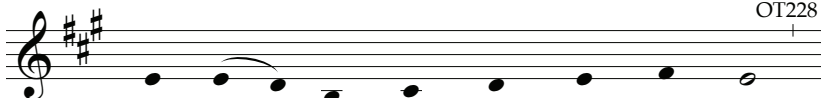


1. glo - ry
 2. a - ges.
 3. wit - ness.
 4. Je - sus.
 5. ter - nal. A - men. ___

Common of Virgins, Lauds

HYMN

OT228



- (8) 1. A - wake, — O vir - gins of our God:
 2. A gar - den closed, a foun - tain sealed,
 3. How swift — the years, O vir - gin - choir!
 4. May wa - ters deep ne'er quench our love;
 5. To you — we sing a hymn of praise,



1. The night is past, — the day — draws nigh.
 2. Each ho - ly maid — who loves — the Lord.
 3. Our pres - ent world — not long — re - mains.
 4. As strong as death, — our hearts — on fire.
 5. O Lamb en - throned — at God's — right hand.



1. Come, join the ranks at heav - en's court:
 2. He leads them all to ban - quet hall
 3. We wit - ness, then, to Christ — our spouse,
 4. To you we come from Leb - a - non,
 5. We fol - low you on pil - grim's path



1. The Bride-groom calls — from realms — on high.
 2. To drink the Spir - it's cup — out-poured.
 3. His ris - ing and — his com - ing reign.
 4. Be - lov - ed Christ, — our one — de - sire.
 5. Un - til we reach — the prom - ised land.



A - men. —

Common of Virgins, Vespers

HYMN

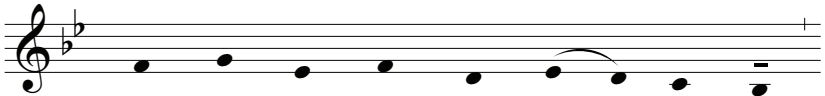
OT229



- (8) 1. O Je - sus, ho - ly vir - gins' crown,
 2. A - mong the lil - ies, Lord, you feed,
 3. Where - e'er you go, tri - um - phant Lamb,
 4. We lift our prayer that you be - stow
 5. To God the Fa - ther, God the Son,



1. Whom God gave Mar - y to con - ceive,
 2. Sur - round - ed by the vir - gin - choirs,
 3. The vir - gins fol - low, sing - ing praise.
 4. Your grace up - on our long - ing souls,
 5. And God the Spir - it, three in one,



1. And whom the vir - gin moth - er bore:
 2. O groom a - dorned with splen - did robes,
 3. They has - ten in their har - mo - ny
 4. That all the wounds of sin be healed
 5. All hon - or, praise, and glo - ry be



1. Re - ceive with love our hum - ble prayer.
 2. Dis - pens - ing gifts to maid - en - brides.
 3. With dance and lute and mel - o - dy.
 4. Which we have borne since Ad - am's fall.
 5. From age to age e - ter - nal - ly.

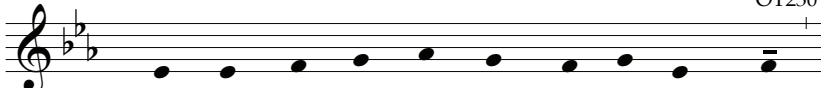


A - men.

Common of Holy Men & Women, Lauds

HYMN

OT230



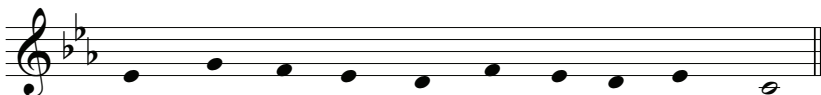
- (9) 1. Lord Je - sus, joy and crown of all your saints,
 2. In dark-ness and temp - ta - tion pu - ri - fied,
 3. Raised up to glo - ry, hon - ored by your Church,
 4. We bless your ho - ly name, Lord Je - sus Christ,



1. Ac - cept the hymn of praise we sing this day,
 2. With per - se - ver - ing hope, un - fail - ing trust,
 3. They share the joy you prom-ised to your friends,
 4. Your Fa - ther's glo - ry ev - er on our lips.



1. In glad re - mem - brance of these ho - ly ones,
 2. Sus - tained by grace, they chose the path you trod,
 3. With you and all your saints they lift their voice
 4. Your Spir - it, too, whose peace has filled our hearts,



1. Who sought to fol - low you in faith and love.
 2. Em - braced the cross made ho - ly by your blood.
 3. To plead our cause be - fore your Fa - ther's throne.
 4. Be praised, a - dored and loved for ev - er - more.



A - - men. _____

Common of Holy Men & Women, Vespers

HYMN

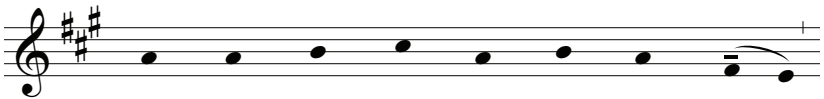
OT231



- (8) 1. O Je - sus, sav - ior of us all,
 2. Con - tend - ing for your ho - ly name,
 3. Earth's fleet - ing pleas - ures count - ing nought,
 4. O grant that we, most gra - cious God,
 5. To you, O Christ, most lov - ing king,



1. From whom the saints re - ceived their call,
 2. Your ser - vants won their saint - ly fame,
 3. For high - er, tru - er joys they sought,
 4. May fol - low in the steps they trod,
 5. All glo - ry, praise and thanks we bring,



1. On this com - mem - o - ra - tion day
 2. Which Chris - tian hearts with praise re - call,
 3. And now with an - gels round your throne,
 4. And freed from ev - 'ry bond of sin,
 5. Whom with the Fa - ther we a - dore,



1. Hear, Lord, your peo - ple as they pray.
 2. And bless the Lord and God of all.
 3. Un - fad - ing glo - ries are their own.
 4. As they have won, may al - so win.
 5. And Ho - ly Spir - it, ev - er - more.



A - men. _____

Psalm Tones

First Mode Tones

A *Solemn Tone* PT001

Musical notation for Solemn Tone PT001: Treble clef, key signature of three flats (B-flat, E-flat, A-flat), common time. The melody starts on G4, moves to A-flat4, B-flat4, C5, D5, E5, F5, G5, then descends: F5, E5, D5, C5, B-flat4, A-flat4, G4. A plus sign (+) is above the staff between the first and second measures.

B *Solemn Tone* PT002

Musical notation for Solemn Tone PT002: Treble clef, key signature of three flats (B-flat, E-flat, A-flat), common time. The melody starts on G4, moves to A-flat4, B-flat4, C5, D5, E5, F5, G5, then descends: F5, E5, D5, C5, B-flat4, A-flat4, G4. A plus sign (+) is above the staff between the first and second measures.

C *Solemn Tone* PT003

Musical notation for Solemn Tone PT003: Treble clef, key signature of three flats (B-flat, E-flat, A-flat), common time. The melody starts on G4, moves to A-flat4, B-flat4, C5, D5, E5, F5, G5, then descends: F5, E5, D5, C5, B-flat4, A-flat4, G4. A plus sign (+) is above the staff between the first and second measures.

D *Solemn Tone* PT004

Musical notation for Solemn Tone PT004: Treble clef, key signature of three flats (B-flat, E-flat, A-flat), common time. The melody starts on G4, moves to A-flat4, B-flat4, C5, D5, E5, F5, G5, then descends: F5, E5, D5, C5, B-flat4, A-flat4, G4. A plus sign (+) is above the staff between the first and second measures.

Second Mode Tones

A PT005

Musical notation for Second Mode Tone PT005: Treble clef, key signature of three flats (B-flat, E-flat, A-flat), common time. The melody starts on G4, moves to A-flat4, B-flat4, C5, D5, E5, F5, G5, then descends: F5, E5, D5, C5, B-flat4, A-flat4, G4. A plus sign (+) is above the staff between the first and second measures. The final two notes, G4 and A-flat4, are connected by a dashed line.

B PT006

Musical notation for Second Mode Tone PT006: Treble clef, key signature of three flats (B-flat, E-flat, A-flat), common time. The melody starts on G4, moves to A-flat4, B-flat4, C5, D5, E5, F5, G5, then descends: F5, E5, D5, C5, B-flat4, A-flat4, G4. A plus sign (+) is above the staff between the first and second measures.

C PT007

Musical notation for Second Mode Tone PT007: Treble clef, key signature of three flats (B-flat, E-flat, A-flat), common time. The melody starts on G4, moves to A-flat4, B-flat4, C5, D5, E5, F5, G5, then descends: F5, E5, D5, C5, B-flat4, A-flat4, G4. A plus sign (+) is above the staff between the first and second measures.

D *Compline Tone* PS053

Musical notation for Compline Tone PS053: Treble clef, key signature of one sharp (F#), common time. The melody starts on G4, moves to A4, B4, C5, D5, E5, F5, G5, then descends: F5, E5, D5, C5, B4, A4, G4.

A *Solemn Tone* **Third Mode Tones** PT008

Musical notation for Solemn Tone PT008: Treble clef, key signature of three flats (B-flat, E-flat, A-flat), common time. The melody starts on G4, moves to A-flat4, B-flat4, C5, D5, E5, F5, G5, then descends: F5, E5, D5, C5, B-flat4, A-flat4, G4. A plus sign (+) is above the staff between the first and second measures.

B PT009

Fourth Mode Tones

A PT010

B PT0011

C PT012

D PT013

Fifth Mode Tones

A PT014

B PT015

C PT016

D PT017

E PT018

Sixth Mode Tones

A *Solemn Tone* PT019

B PT020

C PT034

D *Easter* PT021

E *Christmas* PT022

F PT056

Seventh Mode Tones

A *Solemn Tone* PT023

B PT024

C PT025

D PT026

Musical notation for Psalm Tone D (PT026) in D-flat major, 4/4 time. The melody consists of quarter notes: D4, E4, F4, G4, A4, B4, C5, B4, A4, G4, F4, E4, D4. A plus sign is above the G4 note.

E PT057

Musical notation for Psalm Tone E (PT057) in E major, 4/4 time. The melody consists of quarter notes: E4, F#4, G4, A4, B4, C5, B4, A4, G4, F#4, E4. A plus sign is above the G4 note.

Eighth Mode Tones

A *Solemn Tone* PT027

Musical notation for Solemn Tone A (PT027) in A-flat major, 4/4 time. The melody consists of quarter notes: A4, Bb4, C5, Bb4, A4, G4, F4, E4, D4. A plus sign is above the G4 note.

B *Solemn Tone* PT028

Musical notation for Solemn Tone B (PT028) in B-flat major, 4/4 time. The melody consists of quarter notes: Bb4, C5, Bb4, A4, G4, F4, E4, D4. A plus sign is above the G4 note.

C PT029

Musical notation for Solemn Tone C (PT029) in C major, 4/4 time. The melody consists of quarter notes: C4, D4, E4, F4, G4, A4, B4, C5, B4, A4, G4, F4, E4, D4, C4. A plus sign is above the G4 note.

D PT030

Musical notation for Solemn Tone D (PT030) in D major, 4/4 time. The melody consists of quarter notes: D4, E4, F4, G4, A4, B4, C5, B4, A4, G4, F4, E4, D4. A plus sign is above the G4 note.

E *Easter* PT031

Musical notation for Easter E (PT031) in E major, 4/4 time. The melody consists of quarter notes: E4, F#4, G4, A4, B4, C5, B4, A4, G4, F#4, E4. A plus sign is above the G4 note.

F PT032

Musical notation for Solemn Tone F (PT032) in F major, 4/4 time. The melody consists of quarter notes: F4, G4, A4, B4, C5, B4, A4, G4, F4. A plus sign is above the G4 note.

G PT033

Musical notation for Solemn Tone G (PT033) in G major, 4/4 time. The melody consists of quarter notes: G4, A4, B4, C5, B4, A4, G4. A plus sign is above the G4 note.

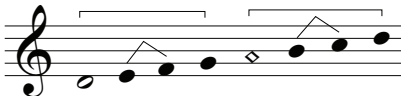
Modal Classification

of Antiphons, Hymns & Responsories

Antiphons throughout this book in traditional ecclesiastical modalities are indicated by mode number 1 through 8. Tonal melodies are indicated with numbers 9, 10 (Aeolian and Hypoaeolian or natural minor) and 13,14 (Ionian and Hypoionian or major). These are followed by the numbers of the psalm tones with which they are most closely associated, for example 9/1. Modal melodies with tonal key signatures are indicated with an asterisk (1*, etc.).

Authentic Modes

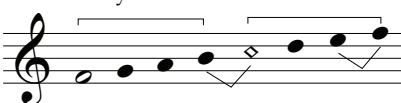
Mode 1: Dorian



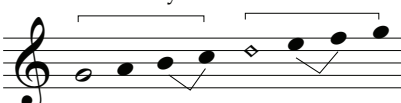
Mode 3: Phrygian



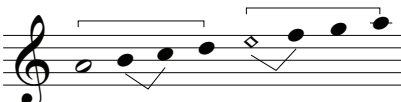
Mode 5: Lydian



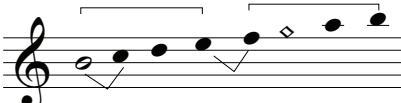
Mode 7: Mixolydian



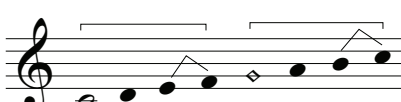
Mode 9: Aeolian



Mode 11: Locrian



Mode 13: Ionian

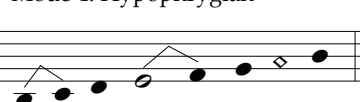


Plagal Modes

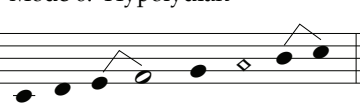
Mode 2: Hypodorian



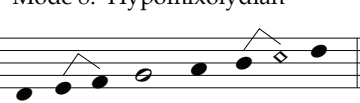
Mode 4: Hypophrygian



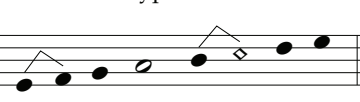
Mode 6: Hypolydian



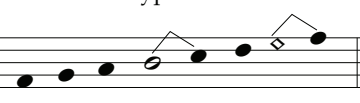
Mode 8: Hypomixolydian



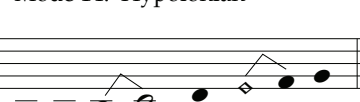
Mode 10: Hypoaeolian



Mode 12: Hypolocrian



Mode 14: Hypoionian



Code: ○ = final, ◇ = dominant, ^ = 1/2 step

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Acknowledgments

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Codes: CA= Conception Abbey

CW= Chrysogonus Waddell, OCSO, Gethsemane Abbey

- A002 Text: © 1995, The Dominican Sisters, Stone, Staffordshire ST15 8EN
Tune: AD HORAS MINORES (TEMPORE ADVENTUS), LM (*Lib. Hymn.* 1983), alt CA 2000
- A004 Text: *Dicamus laudes*, before 6th cent, tr & adapt JMW & CA 2000
Tune: AD HORAS MINORES (TEMPORE ADVENTUS), LM (*Lib. Hymn.* 1983), alt CA 2000
- A006 Text: CA 1976
Tune: VENI REDEMPTOR GENTIUM, LM (*Lib. Hymn.* 1983)
- A008 Text: *Dicamus laudes*, before 6th cent, tr & adapt JMW & CA 2000
Tune: AD HORAS MINORES (TEMPORE EPIPHANIAE), LM (*Ant. Mon.* 1934), alt CA 1975
- A044 Text: *Vox clara ecce*, 10th cent, tr CA 1976 alt
Tune: VOX CLARA, LM (*Ant. Mon.* 1934) / AD LAUDES (TEMPORE ADVENTUS), LM (*Lib. Hymn.* 1983), alt CA 1976
- A045 Text: *Conditor alme*, 9th cent, abr & tr CA 1976, alt 2000
Tune: CONDITOR ALME SIDERUM, LM
- A046 Text: *Magnis prophetae*, abr & alt Anselmo Lentini (1901-1989), from *Gaudete, flores martyrum (Brev. Gothicum)*, abr & tr JMW & CA 2000
Tune: VOX CLARA, LM (*Ant. Mon.* 1934) / AD LAUDES (TEMPORE ADVENTUS), LM (*Lib. Hymn.* 1983), alt CA 1976
- A047 Text: Stanzas 1-3, *Verbum salutis*, 10th cent, stanzas 4-5, from *Sol, astra*, 10th cent, alt Anselmo Lentini (1901-1989), tr JMW & CA 2000
Tune: CONDITOR ALME SIDERUM, LM
- A048 Text: *A solis ortus*, Caelius Sedulius (? - c450), tr John Mason Neale (1818-1866), abr & alt CA 1976 & 2000
Tune: CHRISTE REDEMPTOR OMNIUM, LM, alt CA 1976
- A050 Text: *Quicumque Christum*, Aurelius Prudentius Clemens (348-c405), abr & tr JMW & CA 2000
Tune: REDEEMER REVEALED, LM; CA 1976
- A051 Text: Stanzas 1 & 3-5, © 1974, Stanbrook Abbey, Callow End, Worcester WR2 4TD, alt CA 2000; stanza 2, CA 1976 alt 2000
Tune: A SOLIS ORTUS, LM
-

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- A052 Text: Φως λαρον, 3rd cent, tr anon
Melody: CA 1976
- A053 Text: *Annuntiate populus et dicite* [cf Ps 96:3, Is 62:11bc], tr *The Hours of the Divine Office in English and Latin* (Collegeville) 1963 alt
Melody: CW c1970, alt CA 1976
- A054 Text: *Ecce Dominus veniet* [cf Zec 14:5c,7b], tr ICEL 1975 alt
Melody: CA 2000
- A055 Text: cf Jn 1:14a, 8:12b; 1 Cor 1:24b,30b; Col 1:16b
Melody: CA 1976
- A056 Text: Jn 1:1-5,10-12a,14,16
Melody: CA 1976
- A057 Text: *Ostende nobis, Domine* [Ps 85:8], tr RG 2010 alt
Melody: *Ostende nobis, Ant. Mon.* 2005, adapt CA 2011
- A058 Text: *Ecce nomen Domini* [Is 30:27a; cf Is 40:5a, Nm 14:21b], tr ICEL 1975 alt
Melody: CA 2000
- A059 Text: *In illa die stillabunt* [cf Jl 3(4):18], tr ICEL 1975
Melody: CA 2000
- A060 Text: *Montes et colles cantabunt*, abr [cf Is 55:12c,13cd], tr ICEL 1975 alt
Melody: CA 2000
- A061 Text: *Ecce veniet Propheta magnus* [cf Lk 7:16b, Jn 6:14b; Is 44:28c], tr ICEL 1975 alt
Melody: CA 2000
- A062 Text: *Christe, Fili ... Qui venturus* [cf Mt 16:16, Lk 18:38], tr ICEL 1975 alt
Tune: *Christe, Fili, Ant. Mon.* 2005, adapt CA 2011
- A063 Text: *Intuemini quam gloriosus* [cf Heb 7:4a, 6:20a], tr ICEL 1975 alt
Melody: CA 2000
- A064 Text: cf Is 44:23c, Ps 72:3b, Is 40:10ab
Melody: CW c1970, alt CA 1976
- A065 Text: *Urbs fortitudinis nostrae* [Is 26:1a,2a; 8:10b], tr ICEL 1975 alt
Melody: CA 2011
- A066 Text: *Super te, Ierusalem, orietur* [Is 60:2], tr ICEL 1975 alt
Melody: *Super te, Ierusalem, Ant. Mon.* 2005, adapt CA 2011
- A067 Text: *Leva, Ierusalem, oculos* [cf Is 60:4a, Zec 9:9c, Is 52:2c], tr ICEL 1975 alt
Melody: CA c1979, alt CA 2000
- A068 Text: Heb 12:1a,2ac; tr NAB 1970 alt
Melody: CA 1976
- A070 Text: *Quaerite Dominum dum* [Is 55:6], tr ICEL 1975
Melody: CA c1979, alt CA 2000
- A071 Text: *De Sion exhibit lex* [Is 2:3fg], tr ICEL 1975
Melody: CA c1979, alt CA 2000
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- A072 Text: *Expectabo Dominum salvatorem* [Is 8:17, 55:6b; Mi 7:7b], tr ICEL 1975
Melody: CA c1979, alt CA 2000
- A073 Text: *Ex Aegypto vocavi* [Hos 11:1b; cf Ps 80:9a,3c], tr ICEL 1975
Melody: CA c1979, alt CA 2000
- A074 Text: *Ecce mitto angelum* [cf Mal 3:1a, Lk 1:76b], tr ICEL 1975
Melody: CA 2000
- A075 Text: *Dicit Dominus: Paenitentiam* [Mt 4:17b], tr ICEL 1975
Melody: CA c1979, alt CA 2000
- A076 Text: *Gaude et laetare, filia Sion* [Zec 2:10(14)], tr ICEL 1975 alt
Melody: CA 2000
- A077 Text: *Sion, renovaberis, et videbis* [cf Is 44:28c, 62:2a; Zec 9:9cd], tr ICEL 1975
Melody: CA c1979, alt CA 2000
- A078 Text: *Ego auxiliatus sum tibi* [Is 41:14cd], tr ICEL 1975
Melody: CA 2000
- A079 Text: *Dicite: Pusillanimes, confortamini* [cf Is 35:4], tr ICEL 1975 alt
Melody: CA 2000
- A080 Text: *Veni ad liberandum nos* [Ps 80:3c,5a,4b], tr ICEL 1975 abr
Melody: *Responsorium breve (tempore adventus)*, *Ant. Mon.* 1934, adapt CA 1976
- A081 Text: *Tu es qui venturus es, an* [cf Mt 11:3-5; Lk 7:19b,22], tr ICEL 1975 abr
Melody: CA 2000
- A082 Text: *Da mercedem, Domine* [Eccli 38:18ab (Sir 36:15)], tr ICEL 1975
Melody: CA 2000
- A083 Text: Ps 80:3c, tr Grail 1963 alt; Ps 106:4b, tr NAB 1970 alt
Melody: CA 1973
- A084 Text: Ps 72:7,5a; tr Grail 1963 alt
Melody: CA 1973
- A086 Text: *De caelo veniet* [cf Dan 7:13b,14a; Mal 3:1b; 1 Chr 29:12c], tr ICEL 1975 alt
Melody: CA c1979, alt CA 2000
- A087 Text: *Ecce veniet Dominus, princeps* [cf Mt 25:6, Lk 12:37a, Rv 1:5a], tr ICEL 1975
Melody: CA 2000
- A088 Text: cf Mal 4:2a (3:20a), Ps 27:1a
Melody: CA 1976
- A089 Text: *Elevare, elevare, consurge* [Is 51:17ab, 52:2cd], tr NAB 1970
Melody: CA 1976
- A092 Text: cf Is 45:8c, Hos 6:1a, Jl 2:13b
Melody: CA 1973
- A093 Text: *Ut cognoscamus, Domine* [Ps 67:3], tr ICEL 1975 alt
Melody: CA 2000
- A095 Text: *Elevare, elevare, consurge* [Is 51:17ab, 52:2cd], tr ICEL 1975
Melody: CA c1979, alt CA 2000
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- A096 Text: *De Sion veniet qui* [cf Mi 4:7c; 1 Sm 24:21a; Is 7:14c; Mt 1:23b; Lk 1:31b-32a,c], tr ICEL 1975 alt
Melody: CA 2000
- A097 Text: *Deus a Libano veniet* [cf Is 60:13a, Hb 3:3a,4a], tr *The Hours of the Divine Office in English and Latin* (Collegeville) 1963 alt
Melody: CW c1970
- A098 Text: *Lex per Moysen* [Jn 1:17], tr *The Hours of the Divine Office in English and Latin* (Collegeville) 1963 alt
Melody: CW c1970, alt CA 1976
- A099 Text: Lk 1:28, tr NAB 1970 alt
Melody: CA 1976
- A100 Text: cf Zec 12:10b, Rv 1:7b, Ps 27:14
Melody: CA 1973
- A101 Text: *Spiritus Domini super me* [Lk 4:18a,c; Is 61:1a], tr ICEL 1975
Melody: CA 2000
- A102 Text: *Consolamini, consolamini, popule* [Is 40:1], tr ICEL 1975
Melody: CA 2000
- A103 Text: *De Sion exiit lex* [Is 2:3fg], tr NAB 1970 alt
Melody: CW c1970
- A104 Text: *Propter Sion non tacebo* [Is 62:1a,c], tr *The Hours of the Divine Office in English and Latin* (Collegeville) 1963 alt
Melody: CW c1970, alt CA 1976
- A105 Text: *Consurge, consurge, induere* [Is 51:9ab], tr ICEL 1975
Melody: CA 2000
- A106 Text: *Custodite iudicium, et facite* [Is 56:1bc], tr ICEL 1975
Melody: CA 2000
- A107 Text: *O Sapientia*, [cf Eccli 24:1a,5a (Sir 24:1a,3a); Wis 8:1,7c; Lk 1:79b], tr *Roman Breviary in English* (Benziger) 1950, alt CA 1965 & CA 2000
Melody: *O Sapientia* (*Ant. Mon.* 1934), alt CA 1965, CA c1992, & CA 2000
- A108 Text: *O Adonai* [cf Mt 2:6de; Ex 3:2a; Acts 7:30, 38; 2 Chr 5:10b; Pss 80:3c, 136:12a], tr *Roman Breviary in English* (Benziger) 1950, alt CA 1965
Melody: *O Adonai* (*Ant. Mon.* 1934), alt CA 1965
- A109 Text: *O radix Jesse* [Is 11:10abc, 52:15b; cf Ps 80:3c, Hb 2:3d, Heb 10:37b], tr *Roman Breviary in English* (Benziger) 1950, alt CA 1965; & tr ICEL 1975, alt CA c1992
Melody: *O radix Jesse* (*Ant. Mon.* 1934), alt CA 1965 & CA c1992
- A110 Text: *O clavis David* [cf Is 22:22, 42:7bc; Rv 3:7bc; Gn 49:10a,c; Jer 33:17, 51:19c; Lk 1:79a], tr *Roman Breviary in English* (Benziger) 1950, alt CA 1965 & CA 2000
Melody: *O clavis David* (*Ant. Mon.* 1934), alt CA 1965 & CA c1992
- A111 Text: *O Oriens*, [Ps 107:10a; cf Zec 3:8d, Heb 1:3a, Mal 4:2a (3:20a), Is 9:2, Lk 1:78b-79a], tr *Roman Breviary in English* (Benziger) 1950, alt CA 1965; & tr ICEL 1975 alt
Melody: *O Oriens* (*Ant. Mon.* 1934), alt CA 1965 & CA c1992
- A112 Text: *O Rex gentium*, [cf Rom 15:12b; Hg 2:8b; Eph 2:14a,20b; Ps 80:3c; Gn 2:7a], tr *Roman Breviary in English* (Benziger) 1950, alt CA 1965; & tr ICEL 1975 alt CA 2000
Melody: *O Rex gentium* (*Ant. Mon.* 1934), alt CA 1965 & CA c1992
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- A113 Text: *O Emmanuel*, [cf Is 7:14c, 33:22bcd; Gn 49:10d; 1 Tm 4:10b; Pss 80:3c, 8:1a], tr *Roman Breviary in English* (Benziger) 1950, alt CA 1965; & tr ICEL 1975, alt CA c1992
Melody: *O Emmanuel* (*Ant. Mon.* 1934), alt CA 1965 & CA c1992
- A114 Text: *Completi sunt dies* [cf Lk 2:6b-7a], tr ICEL 1975
Melody: CA c1979, alt CA 2000;
- A125 Text: *Notum fecit Dominus* [Ps 98:2a], tr ICEL 1975
Melody: *Responsorium breve (tempore paschali)*, *Ant. Mon* 1934, adapt CA 2011
- A146 Text: *Propter Sion non tacebo* [Is 62:1], tr ICEL 1975 alt
Melody: CA 2011
- A150 Text: *In praesepio iacebat*, tr ICEL 1975 alt
Melody: CA 2000
- A151 Text: *Ego enim ex Deo* [cf Jn 8:42b], tr ICEL 1975 alt
Melody: CA 2000
- A152 Text: *Ecce de quo scriptum* [Lk 1:33], tr ICEL 1975 alt
Melody: CA 2012
- A163 Text: *Adorabunt eum* [Ps 72:11], tr ICEL 1975 alt; cf Rv 15:3b-4
Melody: *Responsorium breve (tempore paschali)*, *Ant. Mon* 1934, adapt CA 2011
- A167 Text: cf Mt 2:2b; Is 60:3a
Melody: CA 1976
- A168 Text: *Omnes de Saba* [Is 60:6cd], tr ICEL 1975 alt
Melody: *Omnes de Saba* (*Ant. Mon.* 1934), adapt CA c1986,
- A169 Text: *Hoc fecit initium* [Jn 2:11a], tr ICEL 1975
Melody: CA 2000
- A170 Text: *Benedicentur in ipso* [Ps 72:17cd], tr ICEL 1975 alt; Ps 72:13b, tr Grail 1963
Melody: *Responsorium breve (tempore paschali)*, *Ant. Mon.* 1934, adapt CA 2000
- A177 Text: *Christe, redemptor omnium*, Anon. 6th cent., tr Bruno Becker 1972, alt CA 2011
Tune: A SOLIS ORTUS, LM
- A178 Text: *Gaude et laetare, nova Sion* [cf Zec 9:9a, Mt 11:29b], tr ICEL 1975 alt
Melody: CA 2011
- A179 Text: *Gaude et laetare, nova Sion* [cf Zec 9:9a, Mt 11:29b], tr ICEL 1975 alt
Melody: CA 2011
- A181 Text: *Anima mea desideravit* [cf Is 26:9, Ps 63:2b], tr ICEL 1975
Melody: CA 1999
- A182 Text: *Verbum caro factum est* [Jn 1:14], tr ICEL 1975
Melody: *Responsorium breve (tempore paschali)*, *Ant. Mon.* 1934, adapt CA 2011
- A184 Text: *Erunt prava in directa* [Is 40:4], tr ICEL 1975
Melody: CA 2011
- A186 Text: *Dabo in Sion salutem* [Is 46:13], tr ICEL 1975 alt
Melody: CA 2011
- A187 Text: *Paratus esto, Israel* [cf Am 4:12c], tr ICEL 1975 alt

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- A188 Text: *cf* Is 33:15a,16a
Melody: CA 1999
- A196 Text: *Ego autem ad Dominum* [Mic 7:7], tr ICEL 1975 alt
Melody: CA 2011
- A197 Text: *Constantes estote* [2 Chr 20:17], tr ICEL 1975
- A198 Text: *cf* Ps 25:1a, Ps 22:20
Melody: CA 2011
- A200 Text: *In adventu summi Regis* [*cf* Heb 10:22; Mt 25:6]; tr ICEL 1975 alt CA
Melody: CA 2012
- OT001 Text: *Deus in adiutorium* [Ps 70:2] , tr ICEL 1975 alt
Tune: *Ant. Mon. 1934, alter tonus communis*
- OT009 Text: *Et nunc orationem ... Pater noster* [*cf* Mt 6:9-13], tr ICEL 1975 alt
Melody: *cf Ant. Mon. 1934, Oratio Dominica, tonus solemnis, adapt CA 1974, alt CA 1992*
- OT031 Text: *Ad te orabo* [Ps 5:4ab], tr ICEL 1975
- OT032 Text: Ps 19:5, tr Grail 1963 alt; Tune: CW, 1970
- OT033 Text: Ps 19:8a,9bd, tr RG 2010 alt
- OT038 Text: Jn 15:14, tr NAB 1970; Tune: CA 1974
- OT039 Text: *Beati mundo corde* [Mt 5:8], tr ICEL 1975; Tune: CW, 1970 alt,
- OT040 Text: Ps 20:4, tr Grail 1963 alt; Tune: CW, 1970 alt
- OT041 Text: *Cantabimus et psallemus* [Ps 21:14b], tr ICEL 1975; Tune: CW 1984
- OT047 Text: Ps 42:6b,12b; tr Grail 1963 alt
- OT048A Text: Ps 43:4, tr RG 2010
- OT049 Text: *Clamavi ad te, et sanasti* [Ps 30:3,13b], tr ICEL 1975
- OT053 Text: *Dominus illuminatio mea* [Ps 27:1ab], tr RG 2010
- OT054 Text: Ps 27:13, tr Grail 1963; Tune: CW, 1970 alt
- OT055 Text: Ps 33:2, tr RG 2010
- OT056 Text: Ps 33:21, tr RG 2010 alt
- OT062 Text: Ps 36:10, tr Grail 1963 alt; Tune: CW, 1970
- OT063 Text: Ps 47:2b-3, tr RG 2010 alt
- OT064 Text: Ps 48:10, tr Grail 1963; Tune: CW, 1970 alt
- OT068 Text: Ps 32:7ab, tr Grail 1963; Tune: CW, 1970 alt
- OT069 Text: *Speciosus forma prae* [Ps 45:3ab], tr ICEL 1975
- OT070 Text: Mt 25:6b
-

- OT071 Text: *Exspectemus beatam spem* [Ti 2:13], tr NAB 1970 alt
- OT076 Text: *Paratum cor meum* [Ps 57:8ab], tr Grail 1963/ICEL 1975;
Tune: CW 1970
- OT077 Text: *Excita, Domine, potentiam* [Ps 80:3bc], tr ICEL 1975 alt
- OT078 Text: Ps 81:11ab, tr Grail 1963
- OT082 Text: Ps 49:10, tr RG 2010
- OT083 Text: *Thesaurizate vobis thesauros...dicit* [cf Mt 6:20a], tr ICEL 1975
- OT084 Text: *Posui te in lucem* [Is 49:6de (Acts 13:47b)], tr ICEL 1975
- OT085 Text: Ps 72:13-14a, tr RG 2010 alt
- OT091 Text: Ps 51:21a,11a; tr Grail 1963 alt; Tune: CW 1970 alt
- OT092 Text: Ps 117:2a,1b, tr RG 2010 alt
- OT093 Text: *Laudabo Deum meum* [Ps 146:2], tr ICEL 1975
- OT097 Text: *Sana, Domine, animam* [Ps 41:5b], tr RG 2010 alt
- OT098 Text: *Adiutorium nostrum in nomine...qui* [Ps 124:8], tr ICEL 1975
- OT100 Text: Ps 130:7bc, tr Grail 1963 alt;
Melody: (?) Gethsemani, alt 1999
- OT106 Text: Ps 65:6bc, tr RG 2010
- OT107 Text: Ps 65:10e,11c; tr Grail 1963 alt
- OT108 Text: Ps 8:3ab, tr RG 2010 alt
- OT113 Text: *Rogate quae ad pacem* [Ps 122:6a], tr ICEL 1975; Ps 122:7a,8b, tr NAB 1970 alt
- OT135 Text: *Deus, in sancto via*, abr [Ps 77:14a], tr ICEL 1975; Ps 77:15a, tr Grail 1963
- OT136 Text: Heb 12:22a, tr NAB 1970 alt
Tune: 1974, alt 1999
- OT137 Text: Ps 96:10a,13cd; tr Grail 1963; Tune: CW, c1970 alt
- OT143 Text: Ps 125:2bc, tr Grail 1963
- OT144 Text: *Qui seminant in lacrimis* [Ps 126:5], tr ICEL 1975 alt
- OT145 Text: *Dominus aedificet nobis* [cf Ps 127:1a,c], tr ICEL 1975
- OT149 Text: Ps 84:5,2b [cf *Beati qui habitant*], tr RG 2010
- OT150 Text: Ps 85:2a,3a; tr RG 2010 alt
- OT151 Text: Ps 97:6, tr RG 2010 alt
- OT155 Text: Mt 11:29ac, tr NAB 1986
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- OT155A Text: Ps 128:5, tr RG 2010 alt
- OT156 Text: *Nisi efficiamini sicut* [Mt 18:3b], tr ICEL 1975
- OT157 Text: Ps 132:11a, tr RG 2010; 2 Sm 7:16, tr NAB 1970 alt
- OT158 Text: Acts 4:32a, tr RNAB 1986 alt; Tune: CW, 1970
- OT162 Text: Ps 90:14a, tr Grail 1963 alt [cf *Repleti sumus mane*]
Tune: CW, 1970, alt CA 1974
- OT163 Text: Ps 98:5a,4b,6b, tr RG 2010
- OT164 Text: Ps 99:5a,c; tr Grail 1963
- OT168 Text: Ps 136:4, tr RG 2010 alt
- OT169 Text: Ps 136:26a,24a, tr RG 2010 alt
- OT170 Text: Ps 137:4, tr Grail 1963 alt
- OT171 Text: Ps 138:2a, tr Grail 1963 alt
- OT175 Text: Ps 101:1b-2a, tr RG 2010
- OT176 Text: *Auditam fac mihi* [Ps 143:8a], tr ICEL 1975
- OT177 Text: Ps 147:1bc, tr Grail 1963 alt [cf *Deo nostro iucunda*]
- OT181 Text: Ps 144:1a,2abc, tr RG 2010
- OT182 Text: Ps 144:15b, tr RG 2010 alt
- OT183 Text: Ps 145:2a,5b, tr RG 2010 alt
- OT184 Text: Ps 145:15, tr RG 2010 alt
- OT188 Text: Ps 51:12, tr RNAB 1991 alt
- OT189 Text: Ps 108:2ab, tr Grail 1963, RG 2010
- OT190 Text: *Lauda, Ierusalem, Dominum* [Ps 147:12a], tr ICEL 1975 alt
- OT194 Text: Ps 115:3, tr Grail 1963
- OT195 Text: Ps 116:4b,8ac, tr Grail 1963 alt
- OT196 Text: Ps 139:6a, tr Grail 1963 alt [cf *Mirabilis facta est*]; Tune: CW, 1970
- OT197 Text: Jer 17:10ab, NAB 1970 alt
- OT201 Text: Ps 92:6, tr Grail 1963; Tune: CW, c1970 alt
- OT202 Text: *Magnus est Dominus* [Ps 135:5], tr RG 2010 alt
- OT203 Text: *Domus Israel, benedicite* [Ps 135:19a,3b], tr RG 2010 alt (Grail 1963)
- OT222 Text: © 1995, Sisters of the Love of God, Fairacres Road, Oxford OX4 1TB; alt CA 2000
Tune: ISTE CONFESSOR (CONFESSORIS PONTIFICIS), 11.11.11.5.,
Hymnarium Cist., adapt. Gethsemani Abbey
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- OT223 Text: Stanbrook Abbey 1974, abr © Stanbrook Abbey, Callow End, Worcester WR2 4TD)
Tune: MARGAM, 10.10.10.10., Mount Saint Bernard Abbey 1995 (© Mount Saint Bernard Abbey, Coalville, Leicester LE67 5UL)
- OT224 Text: *Doctor aeternus*, Anselmo Lentini (1901-1989), tr CA 2000 (after Kenneth Tomkins 1990)
Tune: ISTE CONFESSOR (CONFESSORIS PONTIFICIS), 11.11.11.5., *Hymnarium Cist.*, adapt. Gethsemani Abbey
- OT225 Text: *Aeterne sol*, Anselmo Lentini (1901-1989), para. CA 2000
Tune: AD VESPERAS PRO DOCTORIBUS, 11.11.11.5. (*Ant. Monast.* 1934 alt)
- OT228 Text: CA 2000 (cf Sg 2:4; 4:8,12; 8:6,7; Rom 13:12; Jn 7:37,39; 1 Cor 7:29,31; Lk 20:35-36; Rv 14:4)
Tune: APTATA VIRGO, LM (*Lib. Hymn.* 1983), alt CA 2000
- OT229 Text: *Iesu, corona virginum*, (?) Aurelius Ambrosius (c340-397), tr CA 1999
Tune: IESU, CORONA VIRGINUM, LM (*Lib. Hymn.* 1983)
- OT230 Text: Mount Saint Bernard Abbey 1995 alt (© Mt. St. Bernard Abbey, Coalville, Leicester LE67 5UL)
Tune: MARGAM, 10.10.10.10., © Mount Saint Bernard Abbey 1995
- OT231 Text: Richard Meux Benson (1824-1915) alt, after *Iesu, redemptor omnium*, 8th cent.
Tune: AD HORAS MINORES EPIPHANIAE, LM; *Ant. Monast.* 1934, adapt. St. Meinrad Archabbey 1968
- OT297 Text: *Spiritus Domini super me* [Lk 4:18a (Is 61:1a)], tr ICEL 1975
Tune: CA 1978, alt CA 1999
- PS034-040 Psalm Tones: © 1994 St. Meinrad Archabbey, St. Meinrad, IN 47577; Modes 1, 2 and 5 by Columba Kelly, O.S.B., modes 3, 4, 6 and 7 by Tobias Colgan, OSB and mode 8 by Chrysogonus Waddell, OCSO.
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- PT001-057 Psalm Tones: CA

