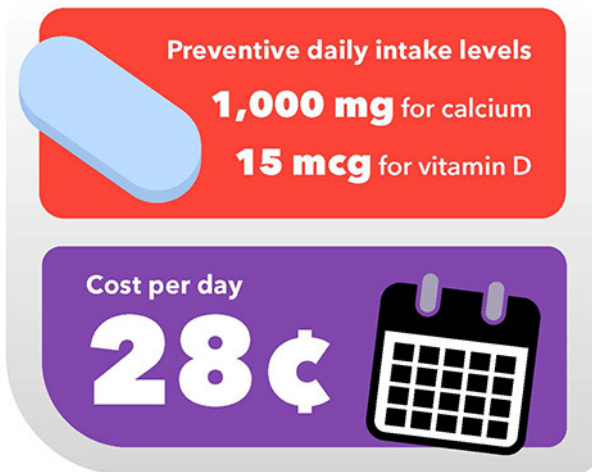


**Dietary supplements** — small investment today, big return tomorrow

## CASE STUDY: OSTEOPOROSIS

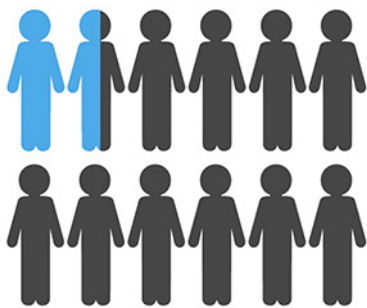
**Calcium & vitamin D** supplements can lower societal health care costs.



**Calcium & vitamin D** supplements can lower the risk of fractures associated with osteoporosis.

U.S. adults 50+ currently taking

**13.3%**



Relative risk reduction

**14%**

The risk of fracture reduced by taking these supplements

Avoidable medical events

**361,507**

Expected between 2022-2030 if the entire target population takes supplements at preventive intake levels



2022-2030 AVERAGE PER YEAR

Learn more about calcium & vitamin D and other dietary supplements:

[www.SupplementstoSavings.org](http://www.SupplementstoSavings.org)