



2021-2022 **IMPACT** REPORT

Ending violence is possible, thanks to you



Dear Friend,

As we reflect on 2021 and look ahead, we see both challenging trials and rewarding outcomes. Working together to protect those in need as well as prevent future violence, the obstacles remind us that our work is far from finished. The rewards affirm our gratitude for your partnership on behalf of more than 3,000 direct service clients and nearly 8,000 students/professionals who learn about violence prevention/education each year.

CHALLENGING TRIALS

The pandemic and its aftereffects are creating additional challenges for many in our community. As we face the work ahead, violence and its ancillary complexities have worsened:

- Reports of sexual assaults of children are up by 40%.
- Advocates and law enforcement partners report clients are experiencing more extreme abuse. Of the nearly 200 individuals law enforcement assessed on scene, nearly 60 percent were deemed to be in high lethality situations. Thankfully, many of them were connected to CVIC's team, perhaps finding opportunities for safety and healing for the first time.
- Increased mental health needs, caused by a combination of abusive experiences and pandemic related impacts, are hindering healing for many and creating additional barriers for clients.
- Our waiting list for therapy continues to grow – currently, 67 adults and 39 youth are waiting for appointments with CVIC therapists.

REWARDING OUTCOMES

Through our Safer Tomorrows Road Map, a comprehensive plan to end violence in two generations, your investment has made it possible for us to create meaningful transformation toward resilient individuals, strong families and thriving communities.

Stopping violence before it begins remains paramount to our mission. Our prevention and education team has been working diligently to engage others in these efforts. Through Green Dot, our bystander intervention program, which has grown thanks to support from Altru Health System and Gate City Bank since 2018, our prevention and education team has:

- Educated more than 470 people about Green Dot
- Trained more than 74 professionals about bystander intervention

For those who use violence and learn about healthy relationships through our domestic violence intervention program, we've experienced a 74% reduction in 911 calls for those who complete the program and a 90% reduction in criminal charges.

The pages that follow provide additional metrics to keep us on track with our long-range goals. What keeps us motivated is the impact you're making on what matters most: resilient individuals, strong families and thriving communities. Because you care, more families have experienced the freedom of a life without violence.

With gratitude,
Jodi, Jody and Coiya

DESIRED OUTCOMES

RESILIENT INDIVIDUALS



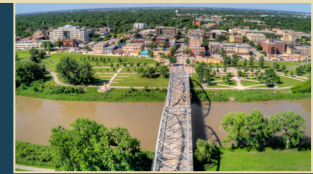
Individuals will heal from trauma and develop resiliency.

STRONG FAMILIES



As families increase stability, intergenerational violence will decrease.

THRIVING COMMUNITIES



Our communities will realize a shift in cultural norms that value healthy relationships over violence.



Jodi Sorum
2022-2023 Board Chair



Jody Hodgson
2021-2022 Board Chair



Coiya Tompkins
President, CEO



SAFETY

Every person deserves to live a life free of violence.

CRISIS SERVICES

- **950 adults** were supported through times of crisis, including **790** victims of domestic violence and **160** adults who experienced sexual assault.
- Crisis line advocates answered **622 calls**.
- We assisted clients in obtaining **23 orders** for protection.
- **96% of clients** reported feeling safer and more aware of ways to plan for safety as a result of CVIC services.

SAFE SHELTER

- **107** people were sheltered for 2,400 nights at Mary's Place, down 47% from 2020, while they worked toward living independently and free from violence.

The decline in nights sheltered is the result of additional rapid rehousing funds we were able to use to help clients get into homes more quickly than in previous years, strengthening their self-sufficiency.



I wish I knew who you are so I could give you a huge hug & really show you how grateful I am! It's not about items I received, but for the first time in my life someone believed in ME! You invested in me & my future. Bettering myself for my boys has always been my motivation. With your help I have EVERYTHING I need to be successful as I pursue my degree! When I walk across that stage, land a job in my field, be able to provide for my boys without government assistance, I will always think of you! I am forever grateful. Thank you from my whole heart!!

SELF SUFFICIENCY

- **26 families** with 31 children received transitional housing services/rental assistance.
- **257** received emergency financial assistance in times of dire need.

Many have been denied emergency rent support because their housing need isn't due to COVID-19. We are grateful for funds we can provide through dedicated grant resources and our donor-funded Client Emergency Fund to help minimize these barriers and provide rent and utility assistance.

246 individuals were assisted with housing, employment and/or educational goals.



SAFETY

Every person deserves to live a life free of violence.

CRIME VICTIM ADVOCACY

- **1,225 victims*** and witnesses of crimes received case information and support through criminal proceedings, the largest number served in a single year to-date and an 18% increase from last year.
- CVIC's crime victim specialists made **3,921 contacts** with collaborating professionals and attended 1,470 court hearings with or on behalf of crime victims in 2021.

LETHALITY ASSESSMENT

- **195 individuals** were screened by law enforcement in 2021 with 58% determined to be in high lethality situations – 55 of those in the most dangerous situations spoke with a CVIC advocate while law enforcement was still with them, perhaps understanding for the first time that help is available to keep them safe.



SUPERVISED VISITATIONS/EXCHANGES

- **176 families** were supported with 1,593 visitations and 481 safe exchanges.

This service is invaluable to helping parents strengthen relationships with children during times of family crisis or conflict. 98% of families reported feeling safe while using this service, where staff also mentor parents on providing guidance to children in transition, providing positive reinforcement, helping children through emotional struggles and answering difficult questions.

VIOLENCE INTERVENTION

- **233 men and women** participated in New Choices programming (meeting virtually since March 2020) to address their use of violence and to promote accountability to those they have caused harm to. Collectively, they are parents to **386 children**.
- **156 program participants** were also enrolled in Domestic Violence Court.

This specialized post-sentencing review court works to hold individuals accountable, monitor their sentencing progress and encourage successful completion.

- We attempted contact with **126 partners*** of participants enrolled in the men's programming in an effort to keep them informed and provide information about the program and the participant's status, as well as resources available for their safety and healing.

* These numbers have been corrected from the print version

NEW CHOICES HAS PROFOUND IMPACT

“The New Choices program has had a **MAJOR IMPACT** in my life. I have been able to identify so many things I had done wrong and could have done differently... I really feel empowered by this class and very confident that I will be able to make such great changes in my life and hopefully in the world in front of me as well. I truly appreciate CVIC and the New Choices program. They are making a difference in the community. Thank you for all you do!” - NEW CHOICES PARTICIPANT



HEALING

Specialized support heals the impact of trauma so individuals can thrive.

YOUTH THERAPY

- **314 children** and teens impacted by violence received therapy and support to stay safe and overcome trauma. The number of child victims of sexual assault served increased 40% from last year.

"I have noticed that I have been able to make more friends and have been able to talk to my friends more
WITHOUT BEING SCARED."

- YOUTH CLIENT

- **63 parents** received information about parenting needs of children living in violent homes and the effects of trauma on children.

*"I've **LEARNED HOW TO DEAL** with some situations better than before and I've learned things about boundaries, for instance, that I would've never known or know how to use if I wasn't in therapy."*

- YOUTH CLIENT



ADULT THERAPY

- **88 adults** received individual therapy and group support.
- **98%** of those surveyed reported improvement in emotional condition.

*"I feel lighter. I feel more **VALIDATED**.
 I have more hope."*

- ADULT CLIENT

WAITING LISTS

- **67 adults** and **39 youth** are waiting for appointments with CVIC therapists.
(Referral options are provided while on our waiting list.)

*"I have learned new **COPING SKILLS**, what a healthy relationship looks like compared to a toxic relationship, and therapy methods have helped me see myself in a more positive light."*

- ADULT CLIENT

*"She communicates how she's feeling in a **HEALTHY WAY** instead of acting out or being overly emotional."*

- PARENT

2,450 Counseling Sessions Provided
1,063 Adult | **1,303** Youth | **84** Family



PREVENTION/EDUCATION

Because violence is predictable, it is also preventable.

YOUTH EDUCATION

- **2,987 youth** were reached through 321 presentations; 80% will use the information they learned in their daily lives.

*“More people I know could be stuck in abusive relationships and now I am able to **RECOGNIZE** more signs so I can help others.”*

– YOUTH PARTICIPANT



Through Green Dot, CVIC continues to promote bystander intervention and ways the community can be involved in creating a safer community. Through community event participation and social media, Green Dot educates the community about 3 Ds to intervention: Delegate, Direct and Distract.

ADULT PRESENTATIONS

- **3,492 people** were reached through 72 presentations in the community and on the UND campus; 96% indicated increased knowledge.
- **1,306 professionals** were trained in 50 sessions on topics including domestic violence dynamics and Lethality Assessment Protocol (LAP); 92% will use information they learned from the trainings.

CVIC | at | UND - A BRIDGE TO CAMPUS



CVIC at UND is a unique partnership reaching thousands of students on the university campus. Last fall, during the annual Clothesline Project exhibition, more than 800 students and community members visited the powerful display of t-shirts designed by survivors of sexual and domestic violence.

We have forged an impactful partnership with the athletic department to bring One Love workshops to teams each year, providing interactive conversations with every team about healthy and unhealthy relationships.

“These difficult topics were not discussed when I was a student, meaning as young adults we didn’t know what to say, where to go, or what to do when these things were happening. It may not be

easy, but I am thankful to be part of these now and to provide programming for students,” says CVIC’s campus prevention specialist Allison Burkman.

Since coming to campus, President Andrew Armacost has embraced the CVIC at UND partnership. In a national presentation last year he said, “A key tenet of this work is to be present with the student body by offering programming that meets them wherever they are. Our CVIC partners do this exceptionally well with their educational programs.”

Students, too, value the resources CVIC at UND provides. “I found all [of the information presented] helpful because I have never really been educated on those topics,” said one student.

2021



DREAM MAKER SOCIETY

TRANSFORMING OUR COMMUNITY \$500,000/yr.

Engelstad Foundation (2017)

PROMOTING A HEALTHY CULTURE \$50,000/yr.

Altru Health System^ (2004)
Anonymous (2017)
Barb Clark (2019)

CHANGING LIVES \$25,000/yr.

Gate City Bank (2019)
Hugo's - Magnuson Family (2009)
Lisa Sondreal (2008)
Vaaler Insurance -
Bruce & Renee Vaaler (2009)

CREATING DREAMS \$10,000/yr.

Dan Burling & Beth Reilly^ (2010)
Tom & Jessie Erickson (2006)
Susan & James Fristad^ (2010)
Gershman Family Foundation (2017)

GUARDING THE FUTURE \$5,000+/yr.

Brady Martz & Associates^ (2004)
The Randy & Merrilee Brown Family^ (2008)
C.L. Linfoot Company (2010)
Choice Bank (2010)
Chulinda Investments (2020)
Pete & Mel Hoistad^ (2005)
Derrick & Tara Johnson^ (2002)

BUILDING HOPE \$1,000+/yr.

Brad and Gayle Aafedt^ (2009)
Darla & Steve Adams^ (2009)
Affairs by Brittany -
Klaudia & Nick Holkup^ (2020)
Agassiz Associates, PLLC -
Rebecca Green & Heidi Jensen (2011)
Jennifer Albert (2014)
Alpha Chi Omega Foundation (2021)
Greg & Kathi Anderson (2019)

Through major gifts *pledged over 5 years*, these individuals and businesses are currently making a commitment to move our community closer to the day when no person will be afraid at home.

Heidi & Joe Andruski -
Sweet Dreams Anesthesia (2019)
Anonymous (6)
Kathy and Andy Armacost (2021)
Kathy Ashe^ (2021)
Avant Hair & Skin Care Studio -
Anne Zimmer^ (2009)
Karen & Richard Axvig^ (2019)
Dr. Jeremy Badger^ (2018)
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Lana & Scott Beaton (2021)
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Dr. Phillip & Brittany Berg -
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Brad & Suzanne Berry (2020)
Mikev & Amy Beth Billups (2021)
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Bremer Bank^ (2008)
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Jayne Brown (2021)
Chad & Sonja Brucklacher (2021)
Sonia Brumskill (2021)
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Richard & Phyllis Clark^ (2019)
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Kris & Mike Compton (2009)
Meghan Compton &
Willis Stattelmann (2019)
Construction Engineers^ (2018) -
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Mark & Edie Dahlen^ (2009)
Jared & Cara Davis (2021)
Deek's Pizza (2018)
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Susan Farkas & Joshua Wynne^ (2009)
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Kara Fosse^ (2019)
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George & Rachel Hellyer (2021)
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Dan & Carrie Herrig (2019)
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Jonathan & Emily Holth^ (2013)
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Jay & Nora Hubbard (2021)
Therese & Jon Hugg^ (2019)
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Tom & Beth Iverson (2021)
Jane (2019)
Warren & Cindy Jensen (2017)
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 Jayson & Lori Menke (2019)
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 James & Melody Nord – Vanguard Trust (2018)
 Dr. John & Angie Nord^ (2018)
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 Joe & Meredith Quinn (2020)
 REA Equipment, LLC – Ron & Kelly Anderson^ (2016)

Duane & Kathy Reiser^ (2021)
 Ryan & Beth Reisinger (2021)
 John & Cathy Robertson (2021)
 Gina Roller Family (2019)
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 Aaron & Kellie Rygg (2021)
 Meggen & Dana Sande (2013)
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 Fr. Bernie Schneider^ (2021)
 Mac & Crystal Schneider^ (2017)
 Russ & Kristy Sell (2020)
 Stacey & Brenda Sem (2019)
 Ashley Shea^ (2017)
 Pam Shea (2014)
 Noel & Sue Shirek (2019)
 Paul & Dawn Sistas (2019)
 Donna & Chris Smith^ (2018)
 Brenda & Jim Sondreal^ (2012)
 Jodi & Greg Sorum^ (2018)
 Lowell & Lori Stave^ (2019)
 Greg & Andrea Stennes^ (2012)
 Kristina & Travis Stepps^ (2016)
 Justin & Karla Stewart (2017)
 Jodie & Bruce Storhaug^ (2019)
 Jon & Heather Strandell (2010)
 Jay & Stefanie Streyle (2018)
 Steven & Diane Swanson^ (2016)
 Karen Thingelstad^ (2019)
 Kyle Thorson^ (2017)
 Coiya Tompkins^ (2019)
 True Healing Massage – Amanda & Jake Wheeler (2019)
 Robin & Steve Turner (2021)
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 Haley Wamstad^ (2021)
 Krista & Steven Weiser (2019)
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 Amy Whitney^ (2019)
 Kim & Roger Woods^ (2008)
 Joe & Jenna Zavoral^ (2014)
 Wayne Zink & DeAnna Carlson Zink^ (2017)
 Clair & Ronda Zirnhelt (2018)

^ denotes additional gifts



WELCOME 2022 DREAM MAKERS!

Anonymous
 Pierre & Kristie Barbot
 Brandon & Allyssa Baumbach
 Nicole Benson & Justin Knowlton
 Brittney Blake & Tony Meyer
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 Bethany & Jon Rentz
 Strege Family
 Kelli & Dan Tannahill
 Tupa & Erickson Family
 Matt & Mandy Walkowiak
 Mark Yahna & Katie Compton Yahna

2021 GRANT FUNDERS

Altru Alliance
 BNSF Railway Foundation
 City of Grand Forks
 Grand Forks County
 Margaret A Cargill Philanthropies
 Myra Foundation
 Otto Bremer Trust
 TJX Foundation

State of North Dakota
 UND Staff Senate Jeans Give Back
 U.S. Department of Justice
 U.S. Department of Health & Human Services
 U.S. Department of Homeland Security
 U.S. Department of Housing & Urban Development
 Walmart
 Xcel Energy Foundation



2021 Annual Operating Fund Donors

Includes general operating gifts, client emergency funding, and other restricted giving.

PEACE MAKER (\$25,000 & UP)

Anonymous (2)
Andrew Lamoureux

PARTNER (\$10,000 & UP)

Dan Burling & Beth Reilly^
David Dahlstrom

LEADER (\$5,000 & UP)

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Tracy Telken

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U.S. Bancorp Foundation
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Walmart

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Advanced Engineering &
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Avant Hair & Skin Care Studio -
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Brian Bastian
Peggy & Randy Boettner^
Bremer Bank^
Margaret Bundlie
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Calvary Lutheran Church
Christ the King Lutheran Church
Duane & Darlene Czapiewski
Dakota Medical Foundation
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Andrea & Greg Stennes^
Sterling Carpet One

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Thrivent Financial
Todd's Trailer Sales
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Valley Petroleum Equipment
Viking Elementary School
Vilandre Heating and Cooling
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 Becky & Jay Mindeman
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 Barbara O'Toole
 Barbara O'Toole
 Petcetera Animal Clinic
 Jeanne Peterson
 Donna & Ross Pettit^
 Alice Jean & Tom Rand
 Sarah Raymond
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 Evelyn Register
 Dave & Barb Riskey
 Riverfork Credit Union
 Sarah Rosenthal
 Jana Sayles
 Kay Schraeder*
 John & Cynthia Shabb*
 Trina Smaaladen
 Joyce & Ron Solberg
 Seema Somji
 South Forks Lions Club
 Suzie & Matt Spivey
 St. John Lutheran Church
 Terri Staples & James Pender
 Sarah Steckler
 Sadie Steenerson
 Jon & Sandi Strinden
 Hayley Svedjan Walz & Joel Walz
 Swanson & Warcup LTD.
 Megan Thomas
 Robin Thompson
 Debbie & Paul Todhunter
 University Lutheran Church
 Valley Oral & Facial Surgery
 Mark and Cindy Waind^
 Aida & Richard Wakefield
 Teresa Washburn
 Steve & Teresa Wasvick
 Donnabelle Weston
 Mark Yahna & Katie Compton Yahna^

^ also Dream Makers
 * multi-year gifts



RISE UP MONTHLY GIVING MEMBERS

Kristi Anderson
 Dayna Bastian
 Tim & Meredith Baumann
 Holly Benjamin
 Karen Bjornseth
 Diane Blue
 Jody Boushee
 Amy Carroll
 Cathy & Rick Coulter
 Adrian Cummings
 Steve & Emilie DeKrey
 Nancy & Norm Dutot
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 Geoff & Monte Gaukler
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 Ruth Hall
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Bethany Klemetsrud &
 Tawanda Murinda
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 Steve & Linda Sulland
 Gary Towne
 Bonnie & Dave Upham
 Sharon Wilhelmi
 Jodi & Dan Zavoral
 Keith & Helen Zikmund

ENDOWMENT SUPPORT 2021

Gifts to CVIC's endowment funds change lives today, tomorrow and forever. Your gift will be invested, and a distribution from earnings will be drawn annually to support safety, healing and education services. To establish a named endowment or make a gift to an existing fund, contact our development team at 701-746-0405.

Randy & Merrilee Brown Family
 David Dahlstrom
 McFarlane, Inc.
 Marlene Miller
 Tracy Telken

NAMED ENDOWMENT FUNDS

Mary Ann and Don Sens Endowment Fund
 Randy and Merrilee Brown Family Endowment Fund -
 Mary's Place Shelter
 CVIC Education Endowment Fund - Client Education Assistance

2021 Financial Overview



Current Assets	\$3,442,570
Property & Equipment	2,957,647
Non-current Assets	4,024,994
TOTAL ASSETS	\$10,425,211
Current Liabilities	\$381,493
Long-Term Liabilities	142,040
TOTAL LIABILITIES	\$523,533

NET ASSETS
\$9,901,678

TOTAL LIABILITIES
& NET ASSETS

\$10,425,211

\$5.39 million

EXPENDITURES

6%

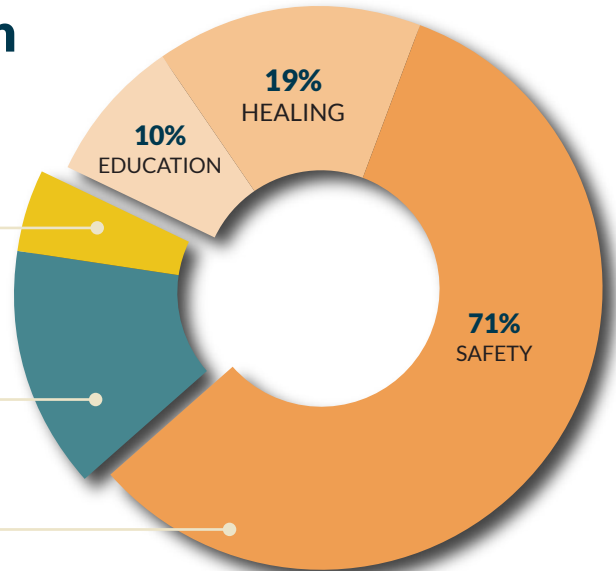
FUNDRAISING
& DEVELOPMENT

17%

MANAGEMENT
& GENERAL

77%

PROGRAM SERVICES



\$6.15 million

REVENUE & SUPPORT



CVIC's audited financial statements and related notes are available upon request.

Partner to protect

While most of the city sleeps, Amber, one of our trained on-call advocates, tiptoes out of her bedroom where her husband lies sleeping to answer the call from our 24-hour crisis line. This night, it is a law enforcement officer responding to a 911 call. A woman has just been beaten by a man who has been terrorizing her for months. Could Amber meet them at the hospital?

With her own family tucked in bed, Amber holds the hand of the frightened young woman as a medical team examines her. She calms the woman's fears and lets her know there is a place for her where she can be safe. At our Mary's Place Shelter, Amber helps her find a comfortable pair of pajamas and toothbrush before helping her settle into a warm bed where — finally — she can sleep in peace. There will be plenty of time tomorrow to answer the questions swirling in the woman's head: Where will I live? How will I support myself? How will I stay safe?

Collaborating with two vital CVIC partners, law enforcement and health care, Amber knows there will be many more partners stepping in before the woman's questions are addressed. When the sun rises, others at CVIC will pick up where Amber left off, bringing her to see a judge for a protection order and working with housing agencies and job service to find a place to live and employment to give her a fresh start.



"We are ALL wrapping our arms around someone who experiences violence,"
says Amber.

"Where else will someone in pain have a cadre of people you don't know ready to give support?"



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