



Sports

UHS girls rebound

Win follows shutout loss. **Page 7-C**

Nation

Colorado town mourns teen killed in school siege

Emily Keyes fatally shot by gunman. **Page 10-D**

Local

Buckwheat Festival wraps up today

65th annual event ends with car show. **Page 1-B**

WVU open house draws 400 prospective students

Information, tours given. **Page 1-B**



Morgantown, West Virginia

www.dominionpost.com

Newsstand: \$1.25

SUNDAY

Oct. 1, 2006

TODAY'S WEATHER



An a.m. shower; some sun.

High **65** Low **40**

Your complete forecast **Page 8-A**

Obituaries

CORWIN, Thomas
HEFLIN, Dr. Harry B., former WVU president
LANTZ, Megan Rochelle
NICKERSON, Jane Forte
SATTERFIELD, Jess
STENGER, A. Bernard
VINTON, Florence H.

Complete details **Page 7-A**

Markets

DOW + 170.97
NASDAQ + 39.50
S&P 500 + 21.07

Page 3-D

Official: Suicide bomber kills 10

54 injured in Afghanistan. **Page 6-A**

Shelley Martin column

Disaster preparedness for those with special needs. **Page 7-B**

Fall colors emerge in the state

Turning over a new leaf. **Page 8-B**

INSIDE

AUTOMOTIVE.....1H-8H
CAMPUS LIFE.....12B
CROSSWORD.....6G
EMPLOYMENT.....1G-8G
FINANCIAL.....3D-8D
LIFE & LEISURE.....1E-12E
LOCAL.....4A, 1B-11B
MOUNTAIN STATE OUTDOORS . 8C
NATION.....2A, 10D
OPINION.....1D-2D
REAL ESTATE.....1F-12F
SPORTS.....1C-8C
TV SCHEDULE.....8A
WORLD.....6A

For Home Delivery: (304) 292-6301
For News: (304) 291-9425



Former WVU president dies

Harry Heflin was mentor, educator



Harry B. Heflin

BY GARY GRAY
The Dominion Post

Former WVU President Dr. Harry B. Heflin, a noted scholar

and educator, died Friday at his Morgantown home. He was 92.

"He was sitting in a large chair after a big meal," said Dora Heflin, his wife of 72 years. "I went over to talk to him and he didn't respond. He had heart problems, but I'm pretty sure he went peacefully."

OBITUARY for Harry Heflin. **Page 7-A.**

She said her husband spent the last years of his life doing what he enjoyed most, building furniture and reading.

"He would have been 93 [today]," she said. "He was ready to celebrate his birthday. I'll miss being with him. He was my husband and best friend."

Heflin served as the university's 18th president in 1981. He decid-

ed to retire about four months into his term. By that time, he had spent most of his life giving back to the world of West Virginia academics.

"He started in a one-room school in Ritchie County called Highland School," Dora Heflin said. "He ended up president emeritus at WVU after serving as president of Glenville State College for more than 17 years. He first came on at WVU after that as vice president of administration and finance while Dr. Miller was president."

Paul A. Miller was WVU president from 1962-1966. Heflin accepted the administrative post at WVU in 1964.

Heflin also served as acting president twice before retiring in 1974 to serve briefly as the West Virginia Board of Regents vice chancellor.

He was appointed WVU president after Gene Arthur Budig, who served from 1977-1981. When Heflin retired, Elwood G. Gee became president. **SEE HEFLIN, 2A**

Mon County School Levy

Voters to decide on school tax

DUE TO limited space, the "Day in the Life" Magistrate Court presentation planned for today could not run. It will appear next Sunday.

Monongalia County voters will decide Nov. 7 if they want to continue paying for the school levy. The money, about \$16 million a year, helps pay for school operations and personnel. The chart below and the story on **Page 4-A** explain how the levy works and what it pays for. Because the levy money comes out of property taxes, it affects every voter. We offer this package to help you make an informed decision.



Ron Rittenhouse/The Dominion Post

Morgantown High students William Bone (left), Becca Higgins, Lauden Ryan and Katie Selin and science teacher Jane Larke work on an experiment.

Amount	Levy item	Amount	Levy item
\$9,194,074	Salaries: supplements to professional and service personnel salaries, elective programs, non-funded mandates	\$450,000	Transportation: supplements bus maintenance and operation
\$1,250,000	Building maintenance: supplement for repair, maintenance and improvements to buildings	\$120,000	Music, art and drama: sheet music, art supplies, scripts, extra instruction
\$1,150,000	Operations: custodial supplies, cleaning and utilities	\$92,000	Libraries: books, supplies, equipment and services
\$1,100,000	Instruction: Textbooks, classroom supplies, copying services, physical education contracts	\$75,000	MTEC: vocational education supplies, textbooks and materials
\$900,000	Pupil services: after-school programs, summer school, additional nurses, alternative education	\$70,000	Math and science: bunsen burners, chemicals, math supplies and workbooks
\$875,000	Athletics: coach salaries, extra salaries for school clubs, sports facilities maintenance, playgrounds	\$20,000	4-H: salary, supplies and travel for county 4-H program support
\$750,000	Technology: computers, software, technicians	\$20,000	Public library: supplemental support for the Monongalia County Public Libraries
		\$16,066,074	Total

FDA lifts 2-week-old spinach ban

New warning covers only specific packaged brands

CDC: Spinach scare aside, food illnesses at record lows. **Page 10-D.**

Associated Press

SAN FRANCISCO — Most fresh spinach in the United States is "as safe as it was" before a nationwide E. coli outbreak, the U.S. Food and Drug Administration said, revising a 2-week-old consumer warning.

The warning now covers only specific brands packaged on certain dates. Consumers should continue avoiding spinach recalled earlier this month by Natural Selection Foods LLC of San Juan Bautista and four companies that it supplied, said Kevin Reilly, deputy director of prevention services for the California health department.

A week ago, the FDA had said it was safe to eat spinach grown anywhere outside of three Salinas Valley counties, and some stores began restocking. Dr. David Acheson, chief medical officer of the agency's Center for Food Safety and Applied Nutrition, said Friday that only spinach that had already been recalled shouldn't be eaten.

Other spinach "is as safe as it was before this event," Acheson said.

Natural Selection's recall covered 34 brands it packaged bearing "Best if Used By" dates of Aug. 17 through Oct. 1. Reilly said the recall and the expiration dates make it likely the tainted spinach that led to the E. coli outbreak has mostly worked its way

SEE SPINACH, 2A

Burglar wears out his welcome

Associated Press

BAKERSFIELD, Calif. — A burglar who made himself at home after a break-in overstayed his visit, police said.

Larcellus Angelo Scott, 23, had ordered a pizza and was doing a load of laundry Wednesday when Denise Bealeggio returned home from work.

Bealeggio, 51, arrived just as the pizza did. She turned the delivery driver away and was met inside the door by Scott.

Scott attacked, but Bealeggio was able to escape unharmed. A neighbor called police, who found Scott rummaging through Bealeggio's purse. He had written one of Bealeggio's checks to pay for the pizza.

He was arrested on suspicion of burglary, robbery and forgery and was being held Friday in Kern County Jail in lieu of \$85,000 bail.

Scott used to live next door, Bealeggio said.

U.S. military: Suspect in 'final stages' of planning attack

Sunni Arab political leader arrested on Friday night

Associated Press

BAGHDAD, Iraq — The U.S. military said a captured al-Qaida suspect and members of his cell were "in the final stages" of planning an attack on the Green Zone.

An unprecedented curfew prompted by the arrest left millions of Baghdadis stranded at home on Saturday without supplies during the Islamic holy month of Ramadan.

The U.S. military said the suspected al-Qaida in Iraq member was arrested late Friday at the home of senior Sunni Arab political leader Adnan al-Dulaimi,

where he was working as a personal bodyguard.

Al-Dulaimi is a member of the Iraqi Accordance Front — the largest Sunni coalition in the 275-member parliament, where it holds 44 seats — and the military was quick to distance the politician from the raid, stressing that he was "not the target."

"This operation in no way

implies Dr. al-Dulaimi was associated with any illegal activity," the military said, adding that the suspect was captured in a security trailer at al-Dulaimi's home.

After the arrest, Prime Minister Nouri al-Maliki was advised by the U.S. military to shut down the capital and order its 7 million residents to stay at home.

HEFLIN

FROM PAGE 1-A

ident, serving from 1981-1985. "Harry Heflin lived for WVU, always believing in its relevance and might," Budig said late Saturday. Born in Pennsboro in 1913, Heflin married Dora Morgan in 1934. He graduated from Glenville State with honors in 1937 and was awarded a scholarship to George Peabody College in Nashville, where he received a master's degree in 1938. In 1939, he began work on a doctorate at Ohio State University. He was awarded a fellowship by the University of Pittsburgh in 1940, where he obtained a Ph.D. in general education in 1942. From 1943-1946, he served on the Admirals Staff of the U. S. Naval Air

Training Command, leaving as a lieutenant. He then took a position as professor of education and director of the bureau of educational service at Marshall University. Concord College granted Heflin an honorary Doctor of Laws degree in 1965. WVU gave him the same honor in 1978. And in 1982, WVU inducted him into the Order of Vandalia, the highest honor given by the university. Dr. Morgan Heflin, of Columbus, Ohio, is Harry Heflin's only child. The retired orthodontist spoke haltingly about his father Saturday from the family home in Morgantown. He said his father grew up in a log cabin near Pennsboro in Ritchie County and was a man who did what he said he was going to do — a man of his word. "He wasn't one to just talk," he

said. "My father had 15 bucks in his pocket when he walked up to the president at Glenville State College and said, 'I want to go to school.'" The college would later name their administration building the Harry B. Heflin Administration Building. The former WVU president put himself through college by cutting brush on hillsides for 50 cents a day, Morgan Heflin said. "He started out with nothing, but he went on to become president of that college," he said. "He also took the money he made and built a home for his mother. He was very giving and totally devoted to the WVU school system. We lost a good man," he said as his voice softened to a whisper. "This is hard." Current WVU President David C. Hardesty Jr. issued the following

statement Saturday: "Harry Heflin was a man of West Virginia who served West Virginia higher education throughout all of his long and productive life. He and his wife Dora have been coaches and mentors to Susan and me for almost 40 years. The entire university is saddened by the loss of a man of such uncommon goodness and high moral character. Our sympathies are extended to Mrs. Heflin and Dr. Heflin's family and friends." Friends may call at Hastings Funeral Home, at 153 Spruce St., on Monday from 3-5 p.m. and 7-9 p.m. Heflin's body will lay in state Tuesday at Wesley United Methodist Church, 503 High St., from 10 a.m. until the time of service at 11 a.m. Heflin will be buried Wednesday at the I.O.O.F. Cemetery, in St. Mary's, at 1 p.m.

SPINACH

FROM PAGE 1-A

out of the food supply. River Ranch Fresh Foods of Salinas, Pacific Coast Fruit Co. of Portland, Ore., S.T. Produce of Seattle and RLB Food Distributors of West Caldwell, N.J., recalled products that contained spinach supplied by Natural Selection. Natural Selection and nine farms that supplied the company with

spinach have been the focus of inspectors searching for the source of the outbreak, which has sickened 187 people and killed at least one in 26 states. Nine packages of Dole baby spinach, one of the brands Natural Selection bagged, have tested positive for E. coli. The FDA action came on the same day California growers and produce processors presented preliminary food safety guidelines the agency set as a prerequisite for removing its spinach warning after

the E. coli outbreak. But state health officials said the FDA's decision to tell consumers they could resume eating all but a very limited supply of spinach was unrelated to the industry blueprint submitted earlier in the day. "Our recommendation is that the public should not consume the spinach specifically cited in the recall," Reilly said. "As I've said pretty persistently, there are some concerns about systemic contamination in the Salinas Valley, and it's real-

ly critical the farms, the ranchers, implement good agricultural practices routinely and on every farm, every day." The recent outbreak is the 20th connected to leafy green vegetables — lettuce or spinach — since 1995, half of them linked to farms in central California's Salinas Valley. Investigators don't yet know how the greens linked to the current outbreak became tainted, and may never know for sure, Acheson said.

Congress says credit cards can't be used to settle online wagers

Associated Press

WASHINGTON — Congressional Republicans attached a measure cracking down on Internet gambling to a bill aimed at enhancing port security that passed Saturday. Senate Majority Leader Bill Frist, R-Tenn., and Sen. Jon Kyl, R-Ariz., pushed for the gambling provision to be added to the larger bill. Online gambling is generally illegal in most circumstances, but it is something that is difficult to enforce. The new measure tackles that by prohibiting gamblers from using credit cards, checks and elec-

tronic fund transfers to settle their online wagers. "The enforcement provision provided by this bill will go a long way to stop these illegal online operations," Kyl said late Friday. Kyl and Frist previously tried unsuccessfully to put the measure on a bill authorizing funding for the military, but critics said the Defense Department bill was no place for the gambling measure. Similarly, Democrats complained Friday that Republicans had used the port security bill as a vehicle for other GOP-backed measures.

The House passed a version of the Internet gambling bill in July, but the Senate has taken no action on similar legislation. Frist, eyeing a 2008 presidential bid, recently discussed the online gambling provision in the politically important state of Iowa. He also called it a legislative priority in a recent speech on the Senate floor. "Congress has grappled with this issue for 10 years, and during that time we've watched this shadow industry explode," Frist said in a statement Friday. "For me as majority leader, the bottom line is simple:

Internet gambling is illegal." The measure's supporters include the National Football League as well as conservative and antigambling groups. Some banking groups have lobbied against it. Federal officials have made recent arrests involving offshore companies operating Internet gambling sites. The Internet gambling industry is headquartered almost entirely outside the United States although many of its customers live in the U.S. The new gambling provision is not expected to affect gambling at tracks or casinos.

Federal judge revokes ex-Nazi guard's citizenship; lawyers will appeal

Associated Press

PITTSBURGH — A former Nazi concentration camp guard who has lived in western Pennsylvania for more than 40 years had his American citizenship revoked by a federal judge. His attorneys plan to appeal. The Department of Justice had wanted Anton Geiser deported, saying he hid his service in the Waffen SS from U.S. officials when he immigrated in 1956. U.S. District Court Judge David S. Cercone on Friday canceled Geiser's certificate of naturalization. He ordered Geiser, 81, of Sharon, to surrender any documents pertaining to citizenship.

"Individuals like Anton Geiser, who assisted the Nazis in their quest to extinguish the lives of millions of innocent men, women and children, do not deserve the benefits of U.S. citizenship," U.S. Attorney Mary Beth Buchanan said in a statement. Eli M. Rosenbaum, director of the Justice Department's Office of Special Investigations, said the government will work to remove Geiser from the country "as swiftly as possible." Geiser's attorneys said in a statement they planned to appeal. "We understand that Judge Cercone has issued an opinion in the

case that is adverse to our client. We have not had the opportunity to fully evaluate Judge Cercone's opinion, however we do expect to file an appeal to the 3rd Circuit on behalf of Mr. Geiser," wrote his attorneys, Jay K. Reisinger and Samuel J. Reich. Geiser, an ethnic German born in what is now Croatia, became an American citizen in 1962. The retired steelworker has lived in Sharon, about 60 miles northwest of Pittsburgh, since June 1960. Geiser, who does not deny he was a guard at the camps, has said the U.S. visa application did not ask him to reveal his service and

that the law did not require him to volunteer information. He served as an armed SS Death Head guard at the Sachsenhausen camp near Berlin for much of 1943 and then was transferred to an SS officer training camp at Arolsen. There, he escorted prisoners to and from the Buchenwald camp, where tens of thousands of Jews and others were killed. He was at Arolsen until April 1945. Geiser told federal officials he was drafted into the German military. He denied harming prisoners even though he said he had orders to shoot prisoners who tried to escape, according to court documents.

Hurricane Isaac forms in central Atlantic, could reach eastern Canada within days

Associated Press

MIAMI — Isaac strengthened into the fifth hurricane of the Atlantic season Saturday, and could reach eastern Canada by early next week, forecasters said.

At 11 a.m. EDT, Isaac had top sustained winds near 75 mph, just above the 74 mph threshold to become a hurricane, the National Hurricane Center in Miami said. Isaac should stay to the east of

termed about 370 miles east-southeast of Bermuda and moving northwest near 7 mph. A turn to the north-northwest was expected by Sunday. Hurricane force winds extend 40 miles from the center, while tropical storm force winds of at least 39 mph extended up to 125 miles from Isaac's center. The Atlantic hurricane season began June 1 and ends Nov. 30.

Bermuda, but the Canadian Maritimes and Newfoundland could feel the outer edges of the storm by Monday or Tuesday, forecasters said. The ninth named storm of the Atlantic hurricane season was cen-

Isaac had top sustained winds near 75 mph.

Bermuda, but the Canadian Maritimes and Newfoundland could feel the outer edges of the storm by Monday or Tuesday, forecasters said. The ninth named storm of the Atlantic hurricane season was cen-

LOTTERIES

WEST VIRGINIA Daily 3: 5-1-6 Daily 4: 0-8-7-9	Bonus Match 5: 02-13-21-27-32 Bonus Ball: 08 (afternoon) Pick 3: 6-6-7 Pick 4: 0-3-6-8
PENNSYLVANIA (midday) Daily Number: 4-6-1 Big 4: 9-0-0-2 Cash 5: 11-17-23-31-35 (evening) Daily Number: 2-9-6 Big 4: 6-4-3-1	Powerball Powerball: 6-15-30-32-39 Powerball: 5 Powerplay: 5 Jackpot: not available
MARYLAND (evening) Pick 3: 2-3-8 Pick 4: 2-6-4-1	Hot Lotto Hot Lotto: 6-11-17-27-37 Hot Ball: 15 Jackpot: not available

CORRECTIONS/ CLARIFICATIONS

The Dominion Post strives to publish balanced, accurate, responsible and fair information. If a factual error occurs, a correction or clarification will be published in

this space. Errors should be brought to the attention of Editor Geri Ferrara, 291-9425 or editor@dominionpost.com, as soon as possible following publication.

Political career ends with apology

McClatchy Tribune

WASHINGTON — It was a shocking end for a rising star. Rep. Mark Foley's abrupt resignation from Congress on Friday ended a political career that was promising from the day he entered the House in 1995 as a swaggering leader among the big crop of freshmen who swept into office under Newt Gingrich's "Republican Revolution."

He was brash. He was savvy. He looked good on television. Unlike many members of his freshman class, he had legislative experience, the result of four years in the Florida Legislature.

And he remained a favorite among House Republicans even while sometimes straying from the party line.

Foley's signature achievement came just two months ago amid smiles and handshakes, capped by a splashy bill-signing ceremony in the White House. After years of prodding and maneuvering, Foley saw final passage of his pet project: a bill designed to get tough on sexual predators.

The new law imposes mandatory 10-year prison sentences for sex crimes against people under the age of 18. With the Internet in mind, it outlaws depictions of the sexual abuse of children and the transfer of obscene material to minors. It also shores up requirements for sex offenders to regularly report their whereabouts to authorities.

Along the way, his office sent out one public statement after another, often in bold capital letters, warning that convicted sex offenders were running loose, evading public scrutiny despite a law requiring them to be listed in a national registry.

"We track library books better than we track sex offenders," was his frequent refrain.

It is, for him, a cruel irony that his political demise comes as result of sexually suggestive messages over the Internet with a young House page. For his staff and many supporters, the fall brought shocked silence, followed by sadness.

"We love this man," said his chief of staff, Elizabeth Nicholson, her voice breaking when she emerged from Foley's House office to hand reporters a statement announcing his resignation. "He is a wonderful, funny, caring man. The staff is very loyal."

Foley, R-Fort Pierce, once appeared to have good prospects for statewide office. He seemed perfectly positioned as a maverick Republican, conservative on some issues, moderate on others, capable of taking an independent path.

New vaccines would immunize people against bad habits

Page 10-D

READER SERVICES News 291-9425

If you see news happen or have a news story to report, let us know. Please send all news items to:

The Dominion Post
Editorial Department,
1251 Earl L. Core Road,
Morgantown, WV 26505
E-mail: newsroom@dominionpost.com
call (304) 291-9425 or fax (304) 291-2326.

Letters to the Editor

If you have a view to express, simply submit a letter to the editor by mail, e-mail, or fax. Please include your name, company affiliation and/or residence, and phone number (for verification) on letters intended for publication to:

Letters to the Editor
The Dominion Post
1251 Earl L. Core Road
Morgantown, WV 26505
Fax: (304) 291-2326
Email: opinion@dominionpost.com

Advertising 291-9449

Classified Advertising: (304) 291-9420
8:30 a.m.-5:00 p.m., Monday-Friday.
Fax (304) 291-9464

Display Advertising: (304) 291-9449
(includes advertisements for all sections of the newspaper excluding Classifieds)
8:30 a.m.-5:00 p.m., Monday - Friday.
Fax (304) 292-3704
E-mail: advertising@dominionpost.com

Subscription Information

Our goal is your complete satisfaction! For service questions, call (304) 292-6301, 5:30 a.m. - 5 p.m., Monday - Friday; 6 a.m. - 1:30 p.m., Saturday - Sunday.

Delivery Deadlines for Home Delivery:
6 a.m. Monday-Friday
7 a.m. Saturday-Sunday

To Have a Missed Edition Delivered, call (304) 292-6301 before 9:30 a.m. Monday-Saturday and 10:30 a.m. Sunday. For guaranteed home delivery service, billing information, subscription payments, change of address or back copies, call (304) 291-9456, 8:30 a.m. - 5 p.m., Monday - Friday, (800) 654-4676. Email: circulation@dominionpost.com

In Preston County:
121 S. Price St.
Kingwood Phone: 329-1406

Mail Subscription Rates

(Rate includes 6 percent sales tax)
Daily only, 13 weeks: \$42.90
Sunday only, 13 weeks: \$17.55
Daily and Sunday, 13 weeks: \$60.45

USPS 159680
VOL. 41 NO. 126

The Dominion Post is published daily and Sunday by the West Virginia Newspaper Publishing Company, Greer Building, Morgantown, WV 26505.

Periodicals postage paid at Morgantown, WV. Postmaster: Send address changes to 1251 Earl L. Core Road, Morgantown, WV 26505. Single Copy 50 cents daily and \$1.25 on Sunday. Home Delivery \$3.50 per week.



MOUNTAIN STAGE

with Larry Groce

Guster Larry Coryell Miho Hatori Hazmat Modine The Slip

Sunday, October 8 • 7:30pm
WVU Creative Arts Center
General Admission - \$20 in advance, \$25 day of show

Arts & Entertainment
West Virginia University
Mountainlair and CAC Box Offices
304.293.SHOW • events.wvu.edu
ticketmaster.com • 304.292.0220

Paul R. Sigley
Optician, Inc.
Eye Institute Building
Stadium Drive
(beside Ruby Hospital) (304) 598-4888

Laser Dentistry

Now Available

- No Shots
- No Drills

Call Today
296-6534

Giuliani Dentistry

Complete Cosmetic & Family Dentistry For All Ages
Dr. Chris J. Giuliani & Dr. Louis J. Giuliani
www.drjgiuliani.com New Patients Welcome

Susan Garner, MD

Board Certified - Family Medicine

Now accepting patients and scheduling appointments.

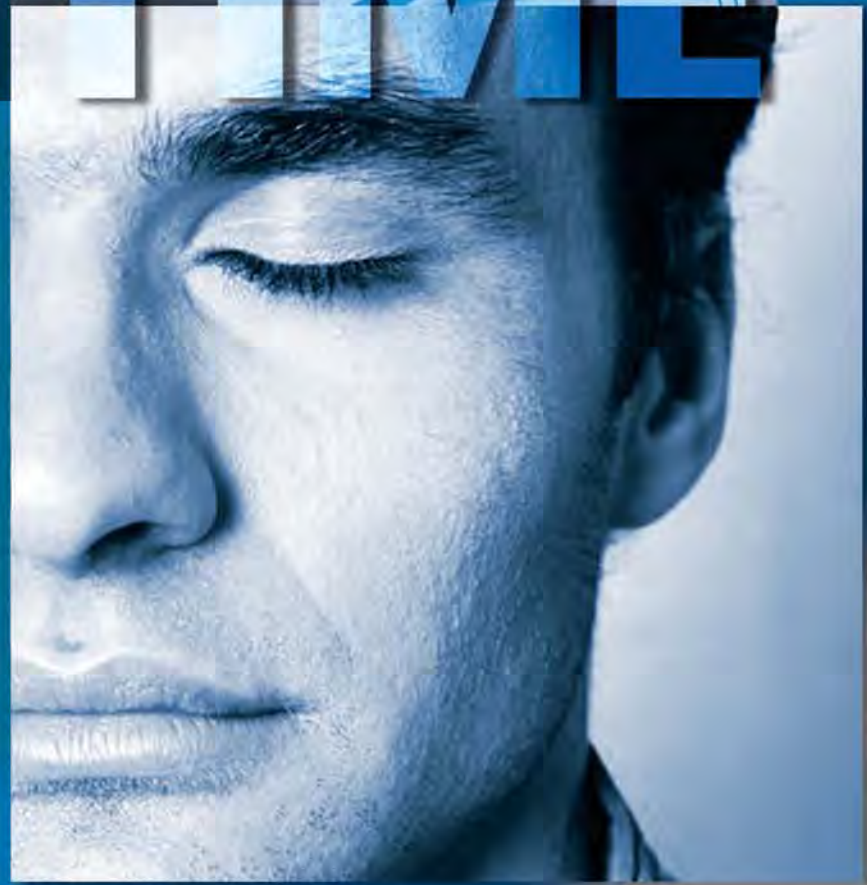
For an appointment call
(304) 808-7100

700 Genesis Boulevard
@ Charles Pointe

With Stroke,

every second
counts.

TIME



WVU Hospitals: The only nationally-certified Primary Stroke Center in our region.

When a patient arrives with stroke symptoms, any time of the day or night, WVU Hospitals immediately activates its top-ranked Stroke Center team. The team includes 30 members with a range of medical expertise. With state-of-the-art diagnostic tools and advanced treatments for dissolving or removing blood clots in the brain, WVU physicians can save lives that would be lost, and often can preserve healthy function in patients who would have been disabled.

Warning signs of stroke appear suddenly:

- feel numb or weak on one side of body or face
- can't understand or talk clearly
- can't see very well in one or both eyes
- can't walk very well, feel dizzy or fall
- very bad headache

Do not ignore symptoms. Some people may have only one or two, other people may have more.

For more information, visit www.health.wvu.edu



Stroke Center
West Virginia University Hospitals
A better way to care.

WVU Healthcare on the Air

HealthLine

Breast Cancer

Jame Abraham, MD

WAJR Radio

Thursday, October 5, 8:30 am

Doctors on Call

Headaches

John Brick, MD

Tracy Weimer, MD

WV Public Television

Thursday, October 5, 8:00 pm

Breast Cancer Awareness Month

Free Clinical Breast Exams

Monday, October 2, 5-8 pm

Mary Babb Randolph Cancer Center

Includes instructions on Breast Self-Exam, tour of the

Betty Puskar Breast Care Center, and refreshments

Call 304-598-4558 to register



Ron Rittenhouse/The Dominion Post

Keith Reed (center), MHS band director, goes through drills in the MHS band room with the drum line recently.

THE DEADLINE to register to vote in the county clerk's office for the general election is Oct. 17. This is also the last day to mail in a voter registration application, file registration after moving to a new county in West Virginia or register at specified agencies during regular hours. Early voting in person for the general election is from Oct. 18 to Nov. 4.

'I think that we see the value of our education system'

If residents pass levy Nov. 7, the tax rate would remain the same

BY ERIC BOWEN
The Dominion Post

More pencils, more books, more teachers with cheerful looks.

Voters will decide Nov. 7 whether to renew a property tax that helps pay for salaries, supplies, buses, and music and science programs at Monongalia County Schools.

The tax, called an excess levy because it is in addition to the money the district receives from the state, essentially would extend the current levy that expires at the end of June for another five years. The money collected by the levy, estimated at \$16 million a year, accounts for more than one-fifth of the district's budget.

Mon County Schools Treasurer Terry Hawkins said the levy supplements the money the district receives from the state government.

It is used to pay for supplies, technology and maintenance of the buildings among other items. And it is

used for salaries and support personnel, such as some nurses and para-professionals, that are not funded by the regular allocation.

"A good portion of it goes toward supplementing salaries and toward nonfunded personnel so we can maintain all of the programs that are not funded," Hawkins said. "It's basically used across the entire operation of the school system."

If the levy is approved, homeowners will continue to pay 34.42 cents for every \$100 of a home's taxable value, which is 60 percent of the market value. On a house with a market value of \$100,000, a taxpayer would pay \$206.52 a year.

The tax is also applied to commercial and personal property, such as cars and industrial equipment. The school tax would be 17.21 cents on each \$100 of agricultural property, and 68.84 cents on personal property.

The excess levy is paid in addition to the regular school taxes, Hawkins said. Every homeowner in the state pays the same tax rate, which is then added to state money and allocated back to the district based primarily on enrollment. Homeowners in Mon County also pay a tax to pay back the district's construction bond.

The ballot language for the levy spells out 14 different funding areas that would be paid for from the proceeds of the tax.

The bulk of the tax, about \$9.1 million, goes toward salaries and benefits for teachers, service personnel and professional staff.

Other big-ticket items include \$1.1 million for instructional materials, about \$1.3 million for building maintenance and \$1.1 million for operations.

The excess levy also allocates money for transportation, athletic programs, music and art, and science laboratories. And \$92,000 is budgeted for school libraries.

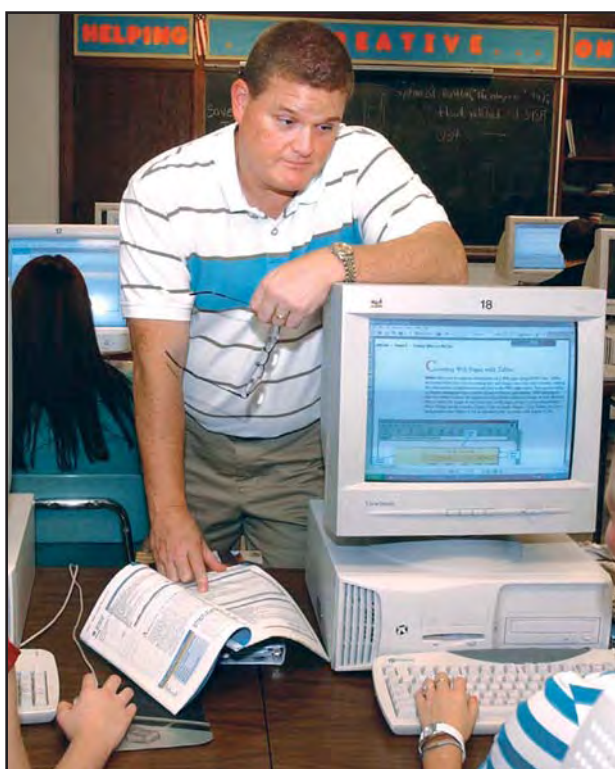
Because state law prohibits school employees from promoting the excess levy, a group of local residents formed a committee last month to get the message out.

Frank Vitale, vice president at



Ron Rittenhouse/The Dominion Post Photos

Mon County school buses prepare to leave the school lot at University High School recently.



Paul Ingle, computer multimedia instructor at University High School, talks with a student in the computer room recently.



MHS custodians Damon Stimmell (left), Paul Croston and Janice Cress work in the school cafeteria recently.

Centra Bank, is chairman of the levy committee. He said the people involved in the committee have come together because they recognize the importance of funding local schools.

Vitale said that making sure kids get a good education is critical to the future of the state. Kids need to be educated to become productive workers, and schools need to be top-notch to attract people to Mon County.

"I think that we see the value of our education system for Monongalia County and the impact that it has in all of our lives," Vitale said. "In order to attract good employees, we need to be able to provide an outstanding educational system. I think it's important that private business understand the relationship between the success of the county school system and our success with-

in our state."

Mon County is not the only community considering an excess levy in November.

Preston County voters will consider a three-year, \$1.5 million annual maintenance levy this fall. The levy will be used entirely for maintenance and repairs at county schools. None of the money can be used for salaries or benefits for school employees.

Preston voters have routinely turned down excess levies in the past and have not had an excess levy since 1994. School officials have implemented several cutbacks to bring the budget into balance, and have delayed repairs to schools.

Vitale said that Preston County is an example of what happens when the community doesn't support an excess levy.

Committee members and school administrators in Mon County will spend time during the next month talking to community groups, businesses and service clubs about the levy. He said they would focus on the importance of the money to the schools and to the community at large.

"One of the most important things to be considered is this is a replacement excess levy," Vitale said. "No new taxes are being assessed here. We're very fortunate in this community to have what we have."

BRIEFS

Associated Press

Student sues board over alleged harassment

CHARLESTON — The Kanawha County Board of Education is being sued by a Sissonville High School student who claims she was sexually harassed and physically abused by a male student.

Chenoa Ellsworth, 16, claims in her lawsuit that the boy repeatedly grabbed her and fondled her during the 2005-2006 school year. The lawsuit, filed Thursday in Kanawha County Circuit Court, also names as defendants the boy and Sissonville Principal Calvin McKinney.

Ellsworth's lawsuit alleges that the school board failed to intervene and that McKinney took no action when she and her mother reported the alleged harassment and abuse.

School board attorney Jim Withrow said Friday that he was aware of the allegations but had not seen the lawsuit. He said he referred the matter to the school board's insurance carrier when he learned about the allegations but

that no other action was taken because the school year had ended.

Stamping plant lays off 203 workers

SOUTH CHARLESTON — Mayor Richie Robb wasn't surprised when the Union Stamping & Assembly plant laid off about 200 workers, but he said the move is still unwelcome.

Union Stamping's owner, Union Partners LLC, had announced in July that operations at the South Charleston plant would wind down by the end of September and the facility could be shut down by the end of the year.

On Friday, the company laid off 203 hourly workers, reducing its work force to about 100 workers, said Emil Clark, chairman of United Auto Workers Local 3399.

"It's certainly not good news, but we've been here before," Robb said. "The facility was totally closed 15 years ago and came back. It can happen again."

Robb said the city would lose \$500,000 in direct and indirect tax revenue if the plant is shut down.



Edgar Cosner
President/CEO

EARN MORE with our

EXCEPTIONAL RATE!



Vicky Metts
Vice President

- LIMITED TIME ONLY -
OCTOBER 2 - 31, 2006

5.25% 10 MONTH
CD/IRA*

APY *NEW MONEY ONLY • \$1,000 MINIMUM*

MORTGAGES

As Low As

6.50%

APR

15-YEAR FIXED RATE

(Only \$650 Closing Costs) (Qualified Applicants)



3600 University Ave.
Morgantown, WV
(304) 598-5010

Rt. 5, Box 175
Bruceston Mills, WV
(304) 379-2888

30 South Mt. Vernon Ave.
Uniontown, PA
(724) 438-5414

445 Main Street
Mt. Pleasant, PA
(724) 547-7130



✱ Mon General

FAST TRACK

Treating minor injuries such as bumps, bruises, cuts, and sprains fast. Located within the emergency department.

Monday - Friday 3-11 p.m.

Saturday, Sunday, & Holidays 1-9 p.m.

Official: Suicide bomber kills at least 10, injures 54 in Afghanistan

Associated Press
KABUL, Afghanistan — A suicide bomber exploded next to Afghanistan's Interior Ministry on Saturday, killing at least 10 people and wounding 54, officials said.

Dr. Salam Jalali, a Public Health Ministry official, said many of the injured were in critical condition and that the death toll could rise. He said the 54 injured had been taken to six different hospitals in Kabul, complicating officials' efforts to keep track of the casualties.

Witnesses said they saw the bomber run from police, who had tried to search him at a checkpoint.

The explosion happened a little before 8 a.m., as ministry employees were reporting to work, near a narrow dirt road where employees and civilians pass through a security gate.

Ambulances rushed to and from the bomb scene, which police had cordoned off. Windows of nearby shops were shattered, and tables were overturned and thrown to the back of the shops by the blast. At least three shops were destroyed.

Witnesses said they saw the bomber run from police, who had tried to search him at a checkpoint.

"The bomber ran into the area (past the checkpoint), and the policeman took out his gun — this all happened very fast — and then

the guy detonated himself," said Ahmed Ramin, 18. "We saw lots of people killed and injured on the streets."

Shohib, 13, a worker in a nearby shop who goes by one name, said he was washing his hands in the back of the store when the explosion went off.

"When I looked into the shop I saw six people killed or injured there," he said. "When I came outside the shop I saw many other people killed and injured on the street."

Palestinians: Israeli airstrike kills militant in southern Gaza Strip

Associated Press
GAZA CITY, Gaza Strip — An Israeli airstrike in the southern Gaza Strip late Saturday killed a Palestinian militant and wounded four people, medical officials said.

The airstrike took place in

Rafah, which borders Egypt. Medical officials said a 25-year-old member of the Al Aqsa Martyrs' Brigades — a violent group linked to President Mahmoud Abbas' Fatah Party — was killed. Three people were seriously wounded, and a 6-year-old boy was moderately

wounded in the legs.

The army had no immediate comment.

The airstrike occurred shortly after Israeli troops attacked a target along the Israeli border in northern Gaza. Witnesses said there were no injuries. The Israeli army said

it had targeted a militant who had tried to fire a homemade rocket into Israel.

Earlier Saturday, a homemade rocket fired from Gaza struck a house in the Israeli border town of Sderot, lightly wounding one person.

BRIEFS

Associated Press

Brazilian authorities find missing airliner in Amazon

SAO PAULO, BRAZIL — Brazilian air force pilots searching for a jetliner that disappeared with 155 people aboard spotted the wreckage of the aircraft Saturday, deep in the Amazon jungle. Emergency crews were unable to reach the plane immediately, and the fate of the passengers was unknown.

The president of Brazil's airport authority, Jose Carlos Pereira, said the pilots searched for Flight 1907 through the night in the thickly forested region before finding the wreckage. The Gol airlines Boeing 737 vanished Friday on its way from Manaus, a major river city in the heart of the Amazon rain forest, to Rio de Janeiro, 1,700 miles away.

"At this moment there is no way of telling if there are any survivors," said Denise Abreu one of the directors of the Brazilian Aviation Agency.

She said the plane crashed near a large cattle ranch by the Xingu Indian reservation, 1,090 miles northwest of Sao Paulo.

Kurdish group declares new unilateral cease-fire

QANDIL MOUNTAIN RANGE, Iraq — A Kurdish guerrilla group declared a unilateral cease-fire Saturday in its more than 20-year fight for autonomy in Turkey's southeast, but said it would not immediately give up its weapons.

Murat Karayilan, a commander of the armed-wing of the Kurdistan Workers Party, or PKK, made the announcement Saturday from his hideout in the rugged, isolated Qandil Mountains in Iraq's northeast corner where the group is based.

Karayilan said that starting Sunday his fighters will not use their arms unless attacked by the Turkish army. He also said the cease-fire "would be implemented by all parts within the PKK."

Military: Guard suspected of planning suicide attacks

BAGHDAD, Iraq — The detained guard of a prominent Sunni politician is suspected of belonging to al-Qaida in Iraq and planning a major suicide car bomb attack inside Baghdad's fortified Green Zone, the U.S. military said Saturday.

Khudhir Farhan was taken into custody Friday at the home of Adnan al-Dulaimi, the head of the largest Sunni bloc in parliament, al-Dulaimi told The Associated Press.

"The detained individual is suspected of involvement in the planning of a multi-vehicle suicide operation inside Baghdad's International Zone," the U.S. military said in a statement.

"Credible intelligence indicates the individual, a member of Dr. Dulaimi's personal security detachment, and seven members of the detained individual's cell were in the final stages of launching a series of (car bomb) attacks inside the International Zone, possibly involving suicide vests."

The man is suspected of having links to a car bomb network operating in the southern area of Baghdad, the military said.

Israel plans withdrawal from Lebanon by Sunday

JERUSALEM — The Israeli army is preparing to complete its withdrawal from Lebanon by Sunday morning, defense officials said.

The pullout would meet a key condition of the Aug. 14 U.N.-brokered cease-fire that ended more than a month of fighting between Israel and Hezbollah guerrillas.

The officials said the army was preparing to complete the withdrawal overnight, but the plans could change depending on conditions on the ground. The officials spoke on condition of anonymity because they were not authorized to discuss the matter with the media.

Dear Abby: Mammograms deserve more funding.
Page 8-A

HAVING OPTIONS IS GOOD.

HAVING A GREAT PHONE IS EVEN BETTER.



KYOCERA SLIDER REMIX with MP3 player \$69.95

after \$80 mail-in rebate and unlimited easyedge™ access plan purchase

- BLUETOOTH® CAPABLE
- 1.3 MEGAPIXEL CAMERA



LG UX5000 \$29.95

after \$50 mail-in rebate and unlimited easyedge™ access plan purchase



BlackBerry 7250e™ \$99.95

after \$80 mail-in rebate

NEW NATIONAL PLANS

NOW WITH:
Unlimited National CALL ME Minutes™
Free incoming calls nationwide.



Get unlimited access to local news, weather, e-mail, horoscopes and more with easyedge™ To Go.



For the location nearest you, visit us online at uscellular.com or call 1-888-BUY-USCC.



Take the U.S. Cellular® best network challenge. Test our products, experience our customer service and make sure they are right for you.

Offer valid with two-year service agreement of \$39.99 and higher. All service agreements subject to early termination fee. Credit approval required. \$30 activation fee. \$15 equipment change fee. Roaming charges, fees, surcharges, overage charges and taxes apply. 96¢ Regulatory Cost Recovery Fee applies; this is not a tax or government required charge. Network coverage and reliability may vary. Usage rounded up to the next full minute. Use of service constitutes acceptance of our terms and conditions. Promotional Phones are subject to change. Mail-in rebates required. Allow 10-12 weeks for rebate processing. Promotional offer requires purchase of \$9.95 easyedge access plan for at least 90 days. Kyocera Slider: microSD or removable memory card needed to use MP3 player. BlackBerry and RIM families of related marks, images and symbols are the exclusive properties of and trademarks or registered trademarks of Research In Motion Limited—used by permission. BlackBerry coverage is only available in U.S. Cellular enhanced services area. easyedge not available on BlackBerry phones. easyedge: U.S. Cellular approved phone required on all easyedge plans. easyedge is a service mark of U.S. Cellular. All other trademarks and brand names mentioned herein are the exclusive property of their respective owners. All rights reserved. This information is provided for informational purposes only and is subject to change without notice. FOX Sports Mobile Pro: ©2006 20th Century Fox and its related entities. All Rights Reserved. CALL ME Minutes: CALL ME Minutes are not deducted from package minutes and are available only when receiving calls in your calling area. See brochure for details. 30-Day Guarantee: Customer is responsible for any charges incurred prior to return. Other restrictions apply. See store for details. Limited time offer. ©2006 U.S. Cellular

WINDOW AND DOOR REPLACEMENT

Why send extra money to the utility company?

- Pella® windows are up to 65% more energy-efficient than your old windows,* so you'll pay lower utility costs.
- Professional installation makes replacement easy — no matter the weather.

Hurry! Save now.

25% off Entry Doors <small>Offer expires 10/25/06</small>	\$300 off Designer Series or Architect Series Patio or French Doors <small>Offer expires 10/25/06</small>	\$600 off 10 or more Designer Series Windows w/ Triple Pane Glass <small>Offer expires 10/25/06</small>
--	--	--

Call Pella now or visit www.pella.com to request an in-home appointment.

PELLA® REPLACEMENT WINDOWS • PATIO DOORS • ENTRY DOORS
Chestnut Ridge Professional Building
Suite 1, 918 Chestnut Ridge Road
Morgantown, WV 26505 • 304-599-1013
Store Hours: Mon., Wed., Fri. 9am - 5pm
Tues., Thurs. 9am - 7pm • Sat. 9am - Noon • Sun. Closed

VIEWED TO BE THE BEST.™

OBITUARIES

A. Bernard Stenger

A. Bernard Stenger Jr., 88, longtime resident of Collins Ferry Road, Morgantown, and later of Heritage Point, before moving to St. Clairsville, Ohio, died Friday, Sept. 29, 2006, at the Belmont Manor Nursing Home in St. Clairsville.

Bernard was born Oct. 14, 1917, in Grafton, W. Va., a son of the late A.B. Stenger Sr., and Pearl Cork Stenger, and raised in Wheeling, W. Va.

He was a longtime member of Suncrest United Methodist Church, where he served as an usher for many years.

Bernard received his Bachelor's of Arts Degree from West Virginia University in 1940, where he was a member of the Phi Sigma Kappa fraternity. He then did graduate work with the West Virginia University Business Administration Office.

He was a veteran of World War II, having served with the U.S. Army Air Corp.

He retired from the Sterling Faucet Co. and the Chrise Agency as a Sales Representative with more than 27 years of service, and was later employed with the WVU Foundation, Alpha Associates and Coombs and Hemmann.

He was a charter member of Joseph Summers Lodge No. 173 AF&AM, a 32nd Degree Scottish Rite Mason, a member of the Osiris Temple and a past Master and SEC Teacher for several years for AAONMS of Wheeling.

He is survived by two daughters and spouses, Linda Ann and Stanley J. Cardaciotto of Yardville, N.J., Susan Lee, and John R. Forrelli of St. Clairsville; one son, Dr. James B. Stenger of West Chester, Ohio; one brother, John E. "Jack" Stenger of Pensacola, Fla.; and six grandchildren, Lee Ann Cardaciotto, Marcie Cardaciotto, Jenna Cardaciotto, Michael Forrelli, Natalie Forrelli and Jeff Forrelli.

He was preceded in death by his wife of 52 years, Louanna Lee Smith Stenger, Jan. 12, 1997.

Family and friends will be received at Hastings Funeral Home, 153 Spruce St., Morgantown from 6-9 p.m. Wednesday, Oct. 4.

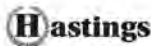
Funeral services will be held at the funeral home at 11 a.m., Thursday, Oct. 5, with the Rev. Aslam Barkat officiating.

Burial will follow at Beverly Hills Memorial Gardens Cemetery.

The Joseph Summers Masonic Lodge No. 173 will conduct graveside services at the cemetery.

Donations may be made in his memory to Suncrest United Methodist Church, 479 Van Voorhis Road, Morgantown, WV 26505.

Condolences may be extended to the family at hastingsfuneral home.com.



Jesse Satterfield

Jesse Satterfield, 77, of Van Voorhis Road, Morgantown, passed away Saturday, Sept. 30, 2006, at Ruby Memorial Hospital.

He was born May 4, 1929, in Monongalia County, W. Va., the son of the late Clarence Riley and Nellie (Arnett) Satterfield.

Jesse was a veteran of the U.S. Army and retired after 20 years of service, and retired from the U.S. Postal Service in Elizabethtown, Ky.

He was a member of the American Legion in Elizabethtown, and the VFW Post No. 9916 of Westover.

He is survived by two sons, Michael Satterfield of Elizabethtown, and Dennis Satterfield and wife, Mary Ellen, of Austin, Texas; four daughters, Mary Dodd and husband, William, of Morgantown, Judith Pellegrino and husband, Frank, of Quakertown, Pa., Terri Ellen Wade of Memphis, Tenn., and Sally Sue Needham and husband, John, of Dallas, Texas; one sister, Mary Ellen Butler of Westover; 13 grandchildren; and four great-grandchildren.

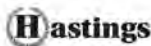
He was preceded in death by two brothers, Jack and Jake Satterfield; and one sister, Leona White.

Friends will be received at Hastings Funeral Home, 153 Spruce St., Morgantown from 11 a.m. until the time of the funeral services at 1 p.m., Monday, Oct. 2, at the funeral home, with the Rev. Rick Howard officiating.

Burial will follow at Arnettsville Cemetery.

VFW Post No. 9916 of Westover will conduct Military Rites at the cemetery.

Condolences may be extended to the family at hastingsfuneral home.com.



Dr. Harry B. Heflin, 92, of Chestnut Ridge Road, Morgantown, departed this life Friday, Sept. 29, 2006.



Dr. Harry Heflin



He was a role model for a number of educators in West Virginia and throughout the country. He was a scholar and a gentleman. He always put others before himself, always giving other folk credit. He was always ready to salute many others who had given help along the way. There was a special interest in helping young students.

He was born in Pennsboro, W. Va., Oct. 1, 1913, the son of the late Alpha L. and Mabel Lewis Heflin.

He married Dora Morgan in 1934. Dr. Heflin was an honor student in high school and attended Glenville State College, where he graduated with honors in 1937. He was awarded a scholarship to George Peabody College in Nashville, Tenn., where the master's degree was awarded in 1938. During the summer of 1939, work was taken at the doctoral level at Ohio State University. A fellowship was awarded at the University of Pittsburgh in 1940, and a Ph.D. was conferred in 1942. Concord College conferred an honorary Doctor of Laws in 1965 and West Virginia University a Doctor of Laws degree in 1978.

Dr. Heflin taught in the public schools of West Virginia from 1934-1937. In June of 1938 he joined the faculty of Appalachian State College, Boone, N.C., where he remained until 1943. At the time of departure, he held the rank of Professor and the administrative post of Dean of Instruction. During the summer of 1942 he taught graduate courses for the University of North Carolina. During the period 1943-1946, Dr. Heflin served on the Admiral's Staff of the U.S. Naval Air Training Command, U.S.N.R., leaving the service as a Lieutenant. In 1946 he accepted a position as Professor of Education and Director of the Bureau of Educational Service at Marshall University in Huntington, W. Va. He became Dean of Teachers College in 1947.

Dr. Heflin served as President of Glenville State College from 1947 until 1964, when he accepted the position of Vice President for Finance and Administration at WVU. He served as Acting President twice before retiring in 1974 to serve briefly as Vice Chancellor of the West Virginia Board of Regents.

Dr. Heflin was appointed the 18th President of WVU in 1981 and was later named President Emeritus. West Virginia University induct-

ed him into the Order of Vandalia, the highest honor given by the University, and in 1982 recognized him as the most loyal West Virginian. Dr. Heflin served on numerous boards and belonged to many organizations. He was a longtime member of the Masonic Lodge, the Rotary Club, Morgantown's XX Club, state and national educational organizations and the United Methodist Church. He had served on boards of the Chamber of Commerce, the Claude Worthington Benedum Foundation, The West Virginia University Foundation, the Monongalia General Hospital, the Ethics committee of the West Virginia State Bar, and the American Association of Colleges for Teacher Education's studies committee as chairman for a term. With a group of college and University presidents, he was asked to spend six weeks in Germany to study their educational system. He had served as President of the organization of State College and University Presidents.

He authored a chapter in the book "Mountain Heritage," and had articles published in educational journals. Dr. Heflin finally retired in 1981 after 47 years of educational service. He served for 20 years on the Board of the First National Bank of Morgantown and on The Suncrest Board until it merged with the First National Bank. He was a member of the Huntington National Bank Board until age caused his retirement.

Governor Jay Rockefeller named him a Distinguished West Virginian and Glenville State College named him the most Distinguished Pioneer. The college also named their administration building the Harry B. Heflin Administration Building.

Dr. Heflin is survived by his wife, Dora Morgan Heflin; and one son, Dr. B. Morgan Heflin, a retired Orthodontist in Columbus, Ohio. He has two grandsons, Dr. Michael B. Heflin and wife, Lisa, and Dr. Gregory S. Heflin and wife, Gina. He has five great-grandchildren, Alex, Judy, Marisa, Harrison and Malaya, all living in Los Angeles.

He was preceded in death by a brother, Brooks; and a sister, Gertrude Jackson.

Friends will be received at Hastings Funeral Home, 153 Spruce St., Morgantown, from 3-5 and 7-9 p.m., Monday, Oct. 2.

The body will be moved and lie in state at Wesley United Methodist Church, 503 High St., Morgantown, Tuesday, Oct. 3, from 10 a.m. until the time of the service, in the church at 11 a.m., with Dr. Ken A. Ramsey officiating.

Burial will follow at 1 p.m., Wednesday, Oct. 4, at the IOOF Cemetery in St. Mary's, W. Va.

Condolences may be extended to the family at hastingsfuneral home.com.

Friends will be received at Hastings Funeral Home, 153 Spruce St., Morgantown, from 3-5 and 7-9 p.m., Monday, Oct. 2.

The body will be moved and lie in state at Wesley United Methodist Church, 503 High St., Morgantown, Tuesday, Oct. 3, from 10 a.m. until the time of the service, in the church at 11 a.m., with Dr. Ken A. Ramsey officiating.

Burial will follow at 1 p.m., Wednesday, Oct. 4, at the IOOF Cemetery in St. Mary's, W. Va.

Condolences may be extended to the family at hastingsfuneral home.com.

Friends will be received at Hastings Funeral Home, 153 Spruce St., Morgantown, from 3-5 and 7-9 p.m., Monday, Oct. 2.

The body will be moved and lie in state at Wesley United Methodist Church, 503 High St., Morgantown, Tuesday, Oct. 3, from 10 a.m. until the time of the service, in the church at 11 a.m., with Dr. Ken A. Ramsey officiating.

Burial will follow at 1 p.m., Wednesday, Oct. 4, at the IOOF Cemetery in St. Mary's, W. Va.

Condolences may be extended to the family at hastingsfuneral home.com.

Friends will be received at Hastings Funeral Home, 153 Spruce St., Morgantown, from 3-5 and 7-9 p.m., Monday, Oct. 2.

The body will be moved and lie in state at Wesley United Methodist Church, 503 High St., Morgantown, Tuesday, Oct. 3, from 10 a.m. until the time of the service, in the church at 11 a.m., with Dr. Ken A. Ramsey officiating.

Burial will follow at 1 p.m., Wednesday, Oct. 4, at the IOOF Cemetery in St. Mary's, W. Va.

Condolences may be extended to the family at hastingsfuneral home.com.



Dr. Harry B. Heflin

Dr. Harry B. Heflin, 92, of Chestnut Ridge Road, Morgantown, departed this life Friday, Sept. 29, 2006.

He was a role model for a number of educators in West Virginia and throughout the country. He was a scholar and a gentleman. He always put others before himself, always giving other folk credit. He was always ready to salute many others who had given help along the way. There was a special interest in helping young students. He was born in Pennsboro, W. Va., Oct. 1, 1913, the son of the late Alpha L. and Mabel Lewis Heflin. He married Dora Morgan in 1934. Dr. Heflin was an honor student in high school and attended Glenville State College, where he graduated with honors in 1937. He was awarded a scholarship to George Peabody College in Nashville, Tenn., where the master's degree was awarded in 1938. During the summer of 1939, work was taken at the doctoral level at Ohio State University. A fellowship was awarded at the University of Pittsburgh in 1940, and a Ph.D. was conferred in 1942. Concord College conferred an honorary Doctor of Laws in 1965 and West Virginia University a Doctor of Laws degree in 1978.

Dr. Heflin taught in the public schools of West Virginia from 1934-1937. In June of 1938 he joined the faculty of Appalachian State College, Boone, N.C., where he remained until 1943. At the time of departure, he held the rank of Professor and the administrative post of Dean of Instruction. During the summer of 1942 he taught graduate courses for the University of North Carolina. During the period 1943-1946, Dr. Heflin served on the Admiral's Staff of the U.S. Naval Air Training Command, U.S.N.R., leaving the service as a Lieutenant. In 1946 he accepted a position as Professor of Education and Director of the Bureau of Educational Service at Marshall University in Huntington, W. Va. He became Dean of Teachers College in 1947.

Dr. Heflin served as President of Glenville State College from 1947 until 1964, when he accepted the position of Vice President for Finance and Administration at WVU. He served as Acting President twice before retiring in 1974 to serve briefly as Vice Chancellor of the West Virginia Board of Regents.

Dr. Heflin was appointed the 18th President of WVU in 1981 and was later named President Emeritus. West Virginia University induct-

ed him into the Order of Vandalia, the highest honor given by the University, and in 1982 recognized him as the most loyal West Virginian. Dr. Heflin served on numerous boards and belonged to many organizations. He was a longtime member of the Masonic Lodge, the Rotary Club, Morgantown's XX Club, state and national educational organizations and the United Methodist Church. He had served on boards of the Chamber of Commerce, the Claude Worthington Benedum Foundation, The West Virginia University Foundation, the Monongalia General Hospital, the Ethics committee of the West Virginia State Bar, and the American Association of Colleges for Teacher Education's studies committee as chairman for a term. With a group of college and University presidents, he was asked to spend six weeks in Germany to study their educational system. He had served as President of the organization of State College and University Presidents.

He authored a chapter in the book "Mountain Heritage," and had articles published in educational journals. Dr. Heflin finally retired in 1981 after 47 years of educational service. He served for 20 years on the Board of the First National Bank of Morgantown and on The Suncrest Board until it merged with the First National Bank. He was a member of the Huntington National Bank Board until age caused his retirement.

Governor Jay Rockefeller named him a Distinguished West Virginian and Glenville State College named him the most Distinguished Pioneer. The college also named their administration building the Harry B. Heflin Administration Building.

Dr. Heflin is survived by his wife, Dora Morgan Heflin; and one son, Dr. B. Morgan Heflin, a retired Orthodontist in Columbus, Ohio. He has two grandsons, Dr. Michael B. Heflin and wife, Lisa, and Dr. Gregory S. Heflin and wife, Gina. He has five great-grandchildren, Alex, Judy, Marisa, Harrison and Malaya, all living in Los Angeles.

He was preceded in death by a brother, Brooks; and a sister, Gertrude Jackson.

Friends will be received at Hastings Funeral Home, 153 Spruce St., Morgantown, from 3-5 and 7-9 p.m., Monday, Oct. 2.

The body will be moved and lie in state at Wesley United Methodist Church, 503 High St., Morgantown, Tuesday, Oct. 3, from 10 a.m. until the time of the service, in the church at 11 a.m., with Dr. Ken A. Ramsey officiating.

Burial will follow at 1 p.m., Wednesday, Oct. 4, at the IOOF Cemetery in St. Mary's, W. Va.

Condolences may be extended to the family at hastingsfuneral home.com.

Friends will be received at Hastings Funeral Home, 153 Spruce St., Morgantown, from 3-5 and 7-9 p.m., Monday, Oct. 2.

The body will be moved and lie in state at Wesley United Methodist Church, 503 High St., Morgantown, Tuesday, Oct. 3, from 10 a.m. until the time of the service, in the church at 11 a.m., with Dr. Ken A. Ramsey officiating.

Burial will follow at 1 p.m., Wednesday, Oct. 4, at the IOOF Cemetery in St. Mary's, W. Va.

Condolences may be extended to the family at hastingsfuneral home.com.

Friends will be received at Hastings Funeral Home, 153 Spruce St., Morgantown, from 3-5 and 7-9 p.m., Monday, Oct. 2.

The body will be moved and lie in state at Wesley United Methodist Church, 503 High St., Morgantown, Tuesday, Oct. 3, from 10 a.m. until the time of the service, in the church at 11 a.m., with Dr. Ken A. Ramsey officiating.

Burial will follow at 1 p.m., Wednesday, Oct. 4, at the IOOF Cemetery in St. Mary's, W. Va.

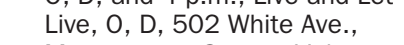
Condolences may be extended to the family at hastingsfuneral home.com.

Friends will be received at Hastings Funeral Home, 153 Spruce St., Morgantown, from 3-5 and 7-9 p.m., Monday, Oct. 2.

The body will be moved and lie in state at Wesley United Methodist Church, 503 High St., Morgantown, Tuesday, Oct. 3, from 10 a.m. until the time of the service, in the church at 11 a.m., with Dr. Ken A. Ramsey officiating.

Burial will follow at 1 p.m., Wednesday, Oct. 4, at the IOOF Cemetery in St. Mary's, W. Va.

Condolences may be extended to the family at hastingsfuneral home.com.



Megan Rochelle Lantz

Megan Rochelle Lantz, 8, of Terra Alta, our very loved and cherished angel who touched many peoples' hearts, went home to be with the Lord, Thursday, Sept. 28, 2006, at Children's Hospital of Pittsburgh, Pa.

She was born Aug. 4, 1998, in Oakland, Md., to her loving parents, Kammie and Jamie Lantz, of Terra Alta, W. Va.

To see Megan was like looking at a rainbow.

Megan's pot of gold will be found going through the golden gates of heaven.

Megan was diagnosed with myelodysplasia/AML (Leukemia) in August 2004, but never once took claim of it. Megan fought a tough battle for two years with the phrase "I got God in my back pocket."

Megan will be remembered as one of the strongest little girls ever known, one who stood on her faith and drew her strength from the Lord our Father. He carried her through, performing miracles and proving doctors and statistics wrong, time and time again.

In addition to her parents, Megan will shine through her surviving sister, Kambra Dawn, and brother, Trey Lantz, both at home; grandparents, Butch and Helen Lantz, Jeri Dixon, and Bill and Nellie Dixon, all of Terra Alta; great-grandparents, Arlett Lantz, and Todd and Betty Spolt; aunts and uncles, Jonathan, James and Teresa Dixon, Tonya and Jason Hefner, and Janet and Bobby Lantz; cousins, Brandon, Hunter and Gauge Lantz; and many great-aunts, uncles; and cousins.

Megan is also survived by many people who held a special place in her heart; Aunt Brenda Murphy, Aunt Ima and Shake Thomas, Pat Strain, Matthew Noland, Popeye Wotring, pastors Paul and Cathy Snyder, Nancy Teter, Aunt Angie Spolt, Kenny McCrobie, Becca and Lisa Browning, Jared Hostutler, Bradley Anderson, Jeff Roy, Jason Funk, Mike and Valerie Felton, Anthony Sines, "Goofy" Felton, Justin Kelly, the nurses of the 6th floor at Ruby Memorial Hospital and the nurses of the 8th floor at Children's Hospital & PICU Childrens Hospital of Pittsburgh.

If we did not mention you personally, please know you were just as important to her, and you'll know who you are. All of us together will keep Megan's memory going on through stories, pictures and reminiscing. Every single one helped her and us walk through the good times and the hard times.

She was preceded in death by Sue and Walt Kisner (Grandma and Pap Pap Walt); great-grandfathers, Bob Lantz, Isaac Peters and Roy "Pappy" Dixon; a great-uncle, Uncle Steve; and great-grandmothers, Agnes Weaver and Clara Dixon.

Megan would never tell you that she felt bad, hurt, upset or complain in any way. If you asked her how she felt, she would say "with my hands." Our little angel is in heaven, and we will be at peace knowing she will now be a normal kid, which was all she wanted.

Megan always reassured us with rainbows, knowing this was a sign from the Lord the storm is over. The storm is now over and every time you see a rainbow, think of our Miracle Megan.

We will miss our little princess. We will receive friends at the Arthur H. Wright Funeral Home, Terra Alta, from 2-9 p.m., Sunday, Oct. 1, and from 10 a.m. until the 11 a.m. service, Monday, Oct. 2, with pastors Paul and Cathy Snyder officiating.

Burial will follow in the Terra Alta Cemetery.

Memorial contributions may be made to Make-A-Wish Foundation, 3711 Morgantown Industrial Park, Morgantown, WV 26501.

Friends will be received at Hastings Funeral Home, 153 Spruce St., Morgantown, from 3-5 and 7-9 p.m., Monday, Oct. 2.

The body will be moved and lie in state at Wesley United Methodist Church, 503 High St., Morgantown, Tuesday, Oct. 3, from 10 a.m. until the time of the service, in the church at 11 a.m., with Dr. Ken A. Ramsey officiating.

Burial will follow at 1 p.m., Wednesday, Oct. 4, at the IOOF Cemetery in St. Mary's, W. Va.

Condolences may be extended to the family at hastingsfuneral home.com.

Friends will be received at Hastings Funeral Home, 153 Spruce St., Morgantown, from 3-5 and 7-9 p.m., Monday, Oct. 2.

The body will be moved and lie in state at Wesley United Methodist Church, 503 High St., Morgantown, Tuesday, Oct. 3, from 10 a.m. until the time of the service, in the church at 11 a.m., with Dr. Ken A. Ramsey officiating.

Burial will follow at 1 p.m., Wednesday, Oct. 4, at the IOOF Cemetery in St. Mary's, W. Va.

Condolences may be extended to the family at hastingsfuneral home.com.

Friends will be received at Hastings Funeral Home, 153 Spruce St., Morgantown, from 3-5 and 7-9 p.m., Monday, Oct. 2.

The body will be moved and lie in state at Wesley United Methodist Church, 503 High St., Morgantown, Tuesday, Oct. 3, from 10 a.m. until the time of the service, in the church at 11 a.m., with Dr. Ken A. Ramsey officiating.

Burial will follow at 1 p.m., Wednesday, Oct. 4, at the IOOF Cemetery in St. Mary's, W. Va.

Condolences may be extended to the family at hastingsfuneral home.com.

Friends will be received at Hastings Funeral Home, 153 Spruce St., Morgantown, from 3-5 and 7-9 p.m., Monday, Oct. 2.

The body will be moved and lie in state at Wesley United Methodist Church, 503 High St., Morgantown, Tuesday, Oct. 3, from 10 a.m. until the time of the service, in the church at 11 a.m., with Dr. Ken A. Ramsey officiating.

Burial will follow at 1 p.m., Wednesday, Oct. 4, at the IOOF Cemetery in St. Mary's, W. Va.

Condolences may be extended to the family at hastingsfuneral home.com.



OBITUARIES IN THE NEWS

Associated Press

Ernest Herman Boullioun

SEATTLE — Ernest Herman "Tex" Boullioun, a longtime Boeing Co. executive, died Sunday, said his daughter, Sue Cooper. He was 87.

Boullioun was born in 1918 and grew up in Little Rock, Ark. He joined Boeing in 1940, initially working on the B-17 and B-29 bomber programs.

In 1967, he became vice president and general manager of the commercial airplanes division, and in 1972 was promoted to president. He held that position until he retired from Boeing in 1984.

Boullioun traveled the globe selling airplanes, often meeting with heads of state, royalty and celebrities as he worked to secure deals for planes, including the company's trademark 747 widebody jet.

He also was a top manager during the "Boeing Bust," a sharp downturn that began in 1969 and resulted in the company cutting 86,000 jobs over three years.

Boullioun earned the nickname Tex when, soon after joining Boeing, he bet a month's salary that Texas would beat Oregon in a college football game. He won.

Boullioun started an aircraft leasing company, Boullioun Aviation Services, after he retired from Boeing. He sold the company in 1994.

Olivia Robello Breitha

HONOLULU — Olivia Robello Breitha, who shared her story of exile as a leprosy patient on a remote peninsula of Molokai island and strove to dispel myths about the disease, died Thursday. She was 90.

Her death was confirmed Friday by Janice Okubo, spokeswoman for the state Department of Health.

Breitha was brought to the Kalaupapa settlement on Molokai in 1937, three years after she contracted Hansen's disease, also known as leprosy.

Her 1998 autobiography, "Olivia: My Life in Exile in Kalaupapa," enlightened generations of readers about the disfiguring condition that was feared for centuries.

More than 8,000 people were banished to Molokai after the disease became epidemic in the 1850s. Forced quarantine did not end until 1969 after sulfone drugs were developed to control it.

Breitha continued to live in Kalaupapa even after the quarantine was lifted. Her death brought the number of patients remaining at Kalaupapa to 33.

She was one of three women to be given the first "Voices of Humanity" award by IDEA, the largest international advocacy group for leprosy survivors.

In 1997, Breitha and other Kalaupapa residents were honored at the United Nations at the opening of a World Health Organization photography exhibit about the accomplishments of leprosy patients.

Lucille DeView

SANTA ANA, Calif. — Lucille DeView, an award-winning playwright and a former columnist and writing coach for The Orange County Register, died Thursday. She was 85.

DeView, who also worked at The Detroit News, The Christian Science Monitor and Florida Today, died of heart failure in Palm Bay, Fla., the Register reported Friday.

DeView started writing weekly columns for the Register in the 1990s. She was also among the first news-writing coaches in the nation as newsrooms worked to improve their prose

in the late 1970s.

Early in her career, DeVew wrote a series called "Dialing Detroit," in which she would dial a random phone number and write a story about the person who answered. Register reporters later repeated the idea with a series called "Everyone Has a Story."

In her late 70s, she wrote her first play, "A Summer with Hemingway's Twin," which won the 1997 National Play Award of the National Repertory Theatre Foundation.

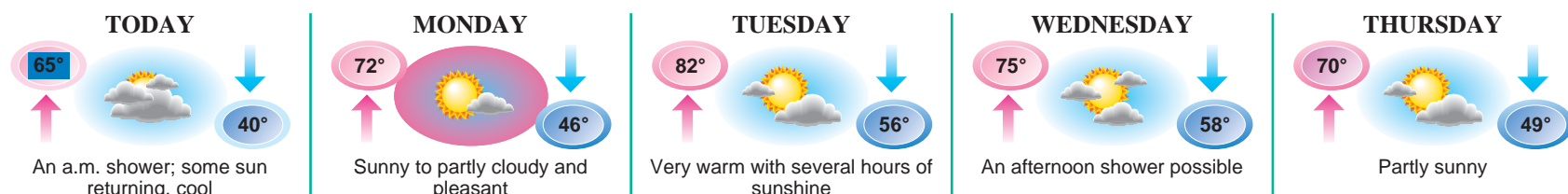
It was based on a summer DeVew spent as a maid at the cottage of Ernest Hemingway's sister, hoping to meet the great writer. She never did meet Hemingway, but the play was a success.

John W. Peterson

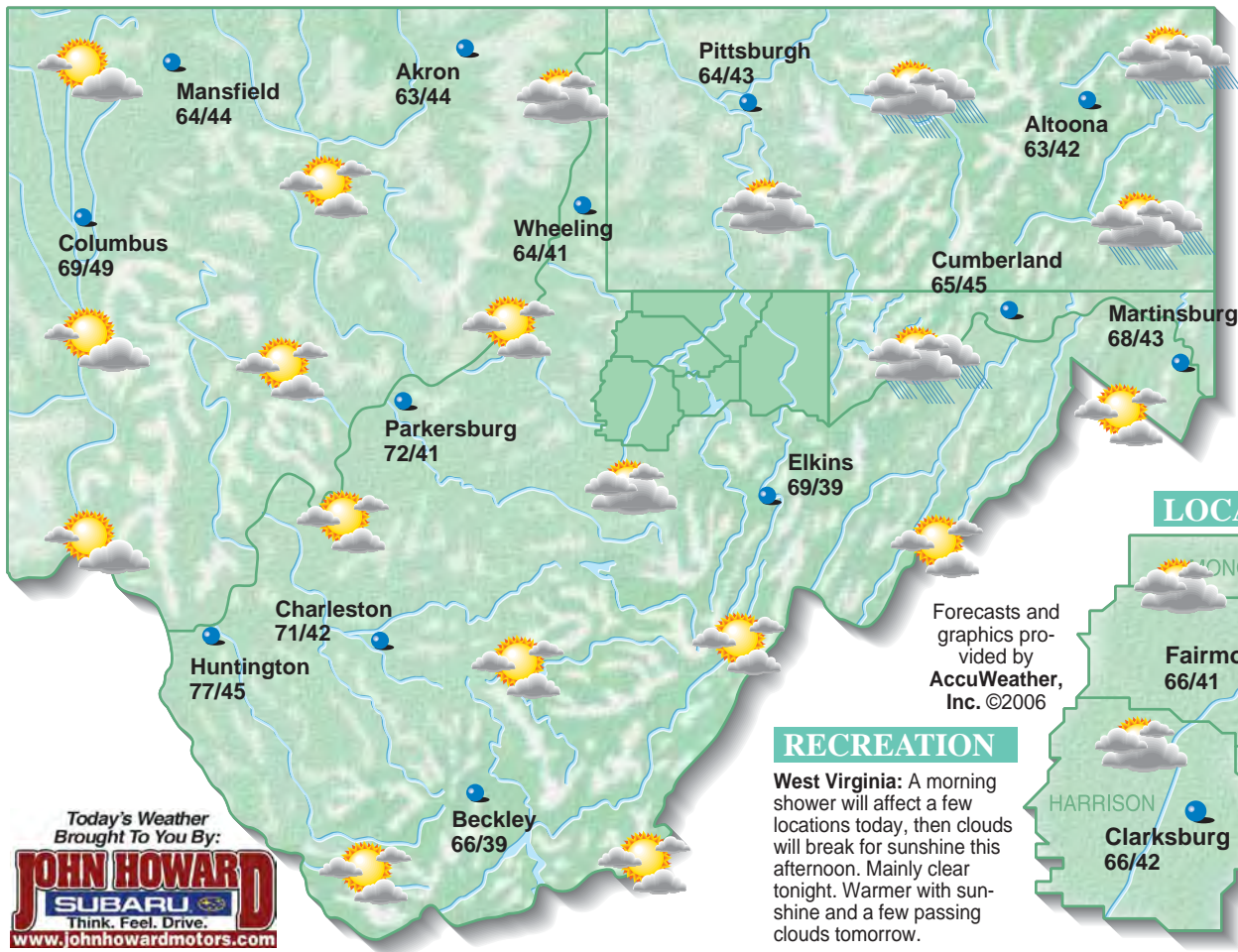
SCOTTSDALE, Ariz. — John W. Peterson, who wrote more than 1,000 gospel hymns in a musical career that began before World War II, died Wednesday. He was 84.

Peterson died of cancer at his home in Scottsdale, said Derek Beach, a funeral director

FIVE-DAY FORECAST FOR MORGANTOWN



REGIONAL WEATHER



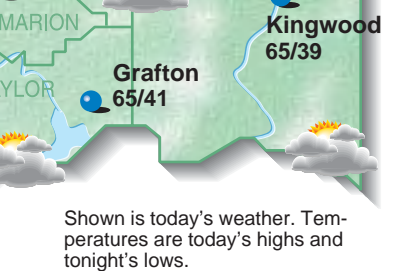
ALMANAC

Morgantown through 3 p.m. Saturday
Temperature
 High/low 60°/43°
 Normal high/low 71°/50°
 Record high 91° in 1953
 Record low 33° in 1992
Precipitation
 24 hrs ending 3 p.m. Saturday 0.09"
 Month to date 4.70"
 Year to date 31.39"

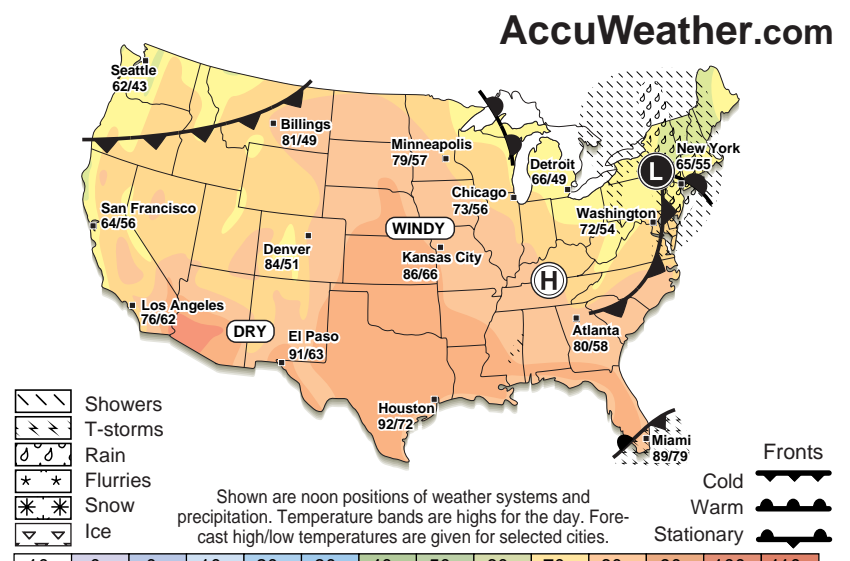
SUN AND MOON

Sunrise today 7:16 a.m.
 Sunset tonight 7:03 p.m.
 Moonrise today 4:06 p.m.
 Moonset today 12:13 a.m.

LOCAL WEATHER



NATIONAL WEATHER TODAY



Shown are noon positions of weather systems and precipitation. Temperature bands are highs for the day. Forecast high/low temperatures are given for selected cities.

POLLEN

Yesterday in Morgantown
 Grasses Absent
 Trees Absent
 Source: WV University

UV INDEX

Highest today 3 moderate
 The ultraviolet index is a guide to exposure to the sun. The higher the UV index number, the greater the need for eye and skin protection.

REGIONAL CITIES

City	Sun. Hi/Lo/W	Mon. Hi/Lo/W
Beckley, WV	66/39/pc	71/48/s
Charleston, WV	71/42/pc	79/48/s
Columbus, OH	69/49/pc	77/55/s
Cumberland, MD	65/45/sh	72/47/s
Fairmont, WV	66/41/pc	76/47/s
Grafton, WV	65/41/pc	76/47/s
Huntington, WV	77/45/pc	77/51/s
Kingwood, WV	65/39/pc	72/42/s
Pittsburgh, PA	64/43/pc	72/52/s
Wheeling, WV	64/41/pc	72/52/s

SOLUNAR TABLE

Five-day forecast indicates peak feeding times for fish and game.
Major **Minor** **Major** **Minor**
 Sun.: 7:05 a.m. 12:51 a.m. 7:34 p.m. 1:20 p.m.
 Mon.: 7:59 a.m. 1:45 a.m. 8:27 p.m. 2:13 p.m.
 Tue.: 8:50 a.m. 2:36 a.m. 9:17 p.m. 3:03 p.m.
 Wed.: 9:37 a.m. 3:24 a.m. 10:03 p.m. 3:50 p.m.
 Thu.: 10:23 a.m. 4:10 a.m. 10:49 p.m. 4:36 p.m.

LAKES AND RIVERS

Lake	7 a.m. Yest.	24-hour Change
Cheat Lake	868.93	+0.1
Deep Creek, MD	2457.30	+0.0
Jennings Randolph	1438.06	-1.2
Stonewall Jackson	1070.28	+0.0
Tygart	1072.70	-0.6
Youghiogheny	1405.64	-0.6

ALMANAC

Associated Press
 Today is Sunday, Oct. 1, the 274th day of 2006. There are 91 days left in the year. The Jewish Day of Atonement, Yom Kippur, begins at sunset.
HIGHLIGHT IN HISTORY:
IN 1908. Henry Ford introduced the Model T automobile to the market.
ON THIS DATE:
IN 1800. Spain ceded Louisiana to France in a secret treaty.
IN 1943. Allied forces entered Naples during World War II.
IN 1986. former President Jimmy Carter's presidential library and museum were dedicated in Atlanta with help from President Reagan.
TODAY'S BIRTHDAYS: Actor James Whitmore is 85. Former President Jimmy Carter is 82. Pianist Roger Williams is 82. Actor Tom Bosley is 79. Actress-singer Julie Andrews is 71. Actress Stella Stevens is 70. Actor Randy Quaid is 56. Actress Yvette Freeman is 49. Singer Howard Hewett is 49. Singer Youssou N'Dour is 47. Actress-model Cindy Margolis is 41. Rock singer-musician Kevin Griffin (Beter Than Ezra) is 38. Singer Keith Duffy is 32. Actress Jurnee Smollett is 20.

Mammograms should be available for all incomes

DEAR ABBY: I need your help. October is National Breast Cancer Awareness Month. We know the most effective method of early detection is mammography screening. However, the most recent survey of American women has shown that more than 40 percent had not had a mammogram in the past year, that many women fail to get regular mammograms, and that only one-third of women without health insurance were able to get a mammogram the previous year.
 This issue resonates deeply with me for reasons that go beyond my being president of the American Cancer Society and a surgeon who meets and treats women with cancer every day. I, too, am a breast cancer survivor. It breaks my heart knowing there are women who should be getting mammograms, but aren't. Mammograms save lives!
 For many women, the decision about whether to get a mammogram is out of their hands. They simply can't afford it.
 We have spent decades in the fight to reduce cancer disparities by working to ensure that a greater proportion of Americans have access to screening and treatment. The society has been a longtime supporter of the CDC's National Breast and Cervical Cancer Early Detection Program, which provides access to high-quality breast



JEANNE PHILLIPS
 cancer screenings and treatment to uninsured or underinsured women, with an emphasis on women between the ages of 50-64.
 While the program has done extraordinary work to save the lives of women from breast and cervical cancer, it serves only 20 percent of eligible women due to lack of funds. And if that is not sad enough, its limited reach could be further compromised by proposals out of the White House and Congress to decrease funding.
 For more information on the program, or to find a local program to determine their eligibility, your readers should call 1-800-ACS-2345. — CAROLYN RUNOWICZ, M.D., AMERICAN CANCER SOCIETY
DEAR DR. RUNOWICZ AND READERS: Rather than cutting a valuable program that serves only one out of five women, shouldn't we be asking how the program can be extended to reach the other four who need help?
JEANNE PHILLIPS writes "Dear Abby" under the pseudonym Abigail Van Buren.

TV LISTINGS

Time	Channel	Program
6:00	CBS 2	(4:00) NFL Football New England Patriots at Cincinnati Bengals. (Live) (CC) 378197
6:00	ABC 9	News 20
6:00	CBS 7	NFL Football 994159
6:00	NBC 3	News (CC) 9468
6:00	NBC 11	News 4536
6:00	NBC 2	News 2178
6:00	PBS 2	The Reptiles Lizards are great escape artists. (CC) (DV) 87642
6:00	WBNS 10	Cold Squad Deadbeat Walking. A prisoner offers information about a double murder. (S) 97046
6:00	PBS 20	Washington Naturoscn
6:00	FOX 3	American Idol Rewind (S) (CC) 983981
6:00	FOX 5	Paid Pro-gram 68975
6:00	A&E	Sell 923197
6:00	AMC	"The Undeclared" (1969) 250975
6:00	BET	"Beef II" (2004, Documentary) (CC) 436772
6:00	CNN	Live Sunday 522642
6:00	DISC	MythBusters 960888
6:00	DISN	Emperor Suite Life
6:00	ESPN	Scrabble 339994
6:00	ESPN2	Poker 91546401
6:00	FAM	"Grease" 612826
6:00	FOXSP	Fight League 649284
6:00	HIST	Mail Call
6:00	LIFE	"Deadly Encounter" (2004) Laura Leighton. 795536
6:00	NICK	Romeo! (S) Mr. Meaty
6:00	SPIKE	CSI: Crime Scn 641642
6:00	TNT	(5:30) "John Q" (2002, Drama) (CC) 692642
6:00	TVL	GunsSmoke 324062
6:00	USA	Law/Ord SVU 517710
6:00	WE	"Carolina" (2003) Julia Stiles. 771866
6:00	WGN	Home Videos 281284
6:00	WTBS	Raymond Raymond
6:00	HBO	"Batman Begins" (CC) 264178
6:00	MAX	Land Dead
6:00	SHOW	"Crash" (2004) Sandra Bullock. R 533623
6:00	TMC	(6:15) "200 Cigarettes" (1999) (S) R 96981888
6:00	Ind1	Anderson WWE Fanatic Series (Taped) (S) (CC) 9900642
6:30	ABC 9	America's Funniest Home Videos (Season Premiere) (N) (S) (CC) 2352
6:30	CBS 7	NFL Football 994159
6:30	NBC 3	Nightly News Weekend 3420
6:30	NBC 11	News 5888
6:30	NBC 2	News 6130
6:30	PBS 2	Wild Chron-icles (S) 7888
6:30	WBNS 10	Stone Undercover Solidarity Forever. (CC) 67361
6:30	PBS 20	Wild Things (S) 67389
6:30	FOX 3	Simpsons 3059710
6:30	FOX 5	Paid Pro-gram 82555
6:30	A&E	Flip This House 998536
6:30	AMC	"The Undeclared" (1969) 250975
6:30	BET	"Beef III" (2005, Documentary) (CC) 448517
6:30	CNN	Live Sunday 523246
6:30	DISC	MythBusters 903648
6:30	DISN	Montana So Raven
6:30	ESPN	SportsCenter 354178
6:30	ESPN2	NHRA Drag Racing Toyo Tires Nationals -- Final Eliminations. (CC) 8136352
6:30	FAM	"Grease" (1978, Musical) John Travolta. (CC) 602449
6:30	FOXSP	Beyond-Glory 640888
6:30	HIST	Test Lab (CC) 5861710
6:30	LIFE	"Thrill of the Kill" (2006) Shiri Appleby. 790081
6:30	NICK	School Zoey 101
6:30	SPIKE	CSI: Crime Scn 642246
6:30	TNT	"Gladiator" (2000) Russell Crowe, Joaquin Phoenix. (CC) 221159
6:30	TVL	Little House 358994
6:30	USA	Law/Ord SVU 547062
6:30	WE	Weddings Weddings
6:30	WGN	American Idol 817623
6:30	WTBS	Raymond Raymond
6:30	HBO	"Walk the Line" (2005) Joaquin Phoenix. (CC) 278371
6:30	MAX	"Flight of the Phoenix" (2004) (CC) 709739
6:30	SHOW	"The Amityville Horror" 276807
6:30	TMC	"The Cookout" (2004) (S) 156284
6:30	Ind1	Jerry Springer 3902130
7:00	ABC 9	News 20
7:00	CBS 7	NFL Football 994159
7:00	NBC 3	Nightly News Weekend 3420
7:00	NBC 11	News 5888
7:00	NBC 2	News 6130
7:00	PBS 2	Wild Chron-icles (S) 7888
7:00	WBNS 10	Stone Undercover Solidarity Forever. (CC) 67361
7:00	PBS 20	Wild Things (S) 67389
7:00	FOX 3	Simpsons 3059710
7:00	FOX 5	Paid Pro-gram 82555
7:00	A&E	Flip This House 907284
7:00	AMC	"Pale Rider" (1985) Clint Eastwood. (CC) 902826
7:00	BET	"Beef III" (2005, Documentary) (CC) 448517
7:00	CNN	Live Sunday 523246
7:00	DISC	MythBusters 989888
7:00	DISN	So Raven
7:00	ESPN	Baseball Tonight (Live) 919401
7:00	ESPN2	Tires Nationals -- Final Eliminations. (CC) 8136352
7:00	FAM	"Grease 2" (1982) Maxwell Caulfield. (CC) 330710
7:00	FOXSP	Beyond-Glory 640888
7:00	HIST	Storm of the Century 588246
7:00	LIFE	"Thrill of the Kill" (2006) Shiri Appleby. 790081
7:00	NICK	News Fresh Pr.
7:00	SPIKE	CSI: Crime Scn 651994
7:00	TNT	"Gladiator" (2000) Russell Crowe, Joaquin Phoenix. (CC) 221159
7:00	TVL	Jeffersons
7:00	USA	Law/Ord SVU 547062
7:00	WE	Weddings Weddings
7:00	WGN	American Idol 817623
7:00	WTBS	Raymond Raymond
7:00	HBO	"The Wire" (S) 355807
7:00	MAX	"Billy Madison" (1995) 113178
7:00	SHOW	"Dexter Dexter, Dexter Dexter, Dexter Dexter." 590178
7:00	TMC	"Walking Tall" (2004) 113604
7:00	Ind1	Jerry Springer 3248536
7:30	ABC 9	News 20
7:30	CBS 7	NFL Football 994159
7:30	NBC 3	Nightly News Weekend 3420
7:30	NBC 11	News 5888
7:30	NBC 2	News 6130
7:30	PBS 2	Wild Chron-icles (S) 7888
7:30	WBNS 10	Stone Undercover Solidarity Forever. (CC) 67361
7:30	PBS 20	Wild Things (S) 67389
7:30	FOX 3	Simpsons 3059710
7:30	FOX 5	Paid Pro-gram 82555
7:30	A&E	Flip This House 907284
7:30	AMC	"Clint Eastwood" (CC) 902826
7:30	BET	"Beef III" (2005, Documentary) (CC) 448517
7:30	CNN	Live Sunday 523246
7:30	DISC	MythBusters 989888
7:30	DISN	So Raven
7:30	ESPN	Baseball Tonight (Live) 919401
7:30	ESPN2	Tires Nationals -- Final Eliminations. (CC) 8136352
7:30	FAM	"Grease 2" (1982) Maxwell Caulfield. (CC) 330710
7:30	FOXSP	Beyond-Glory 640888
7:30	HIST	Storm of the Century 588246
7:30	LIFE	"Thrill of the Kill" (2006) Shiri Appleby. 790081
7:30	NICK	News Fresh Pr.
7:30	SPIKE	CSI: Crime Scn 651994
7:30	TNT	"Gladiator" (2000) Russell Crowe, Joaquin Phoenix. (CC) 221159
7:30	TVL	Jeffersons
7:30	USA	Law/Ord SVU 547062
7:30	WE	Weddings Weddings
7:30	WGN	American Idol 817623
7:30	WTBS	Raymond Raymond
7:30	HBO	"The Wire" (S) 355807
7:30	MAX	"Billy Madison" (1995) 113178
7:30	SHOW	"Dexter Dexter, Dexter Dexter, Dexter Dexter." 590178
7:30	TMC	"Walking Tall" (2004) 113604
7:30	Ind1	Jerry Springer 3248536
8:00	ABC 9	News 20
8:00	CBS 7	NFL Football 994159
8:00	NBC 3	Nightly News Weekend 3420
8:00	NBC 11	News 5888
8:00	NBC 2	News 6130
8:00	PBS 2	Wild Chron-icles (S) 7888
8:00	WBNS 10	Stone Undercover Solidarity Forever. (CC) 67361
8:00	PBS 20	Wild Things (S) 67389
8:00	FOX 3	Simpsons 3059710
8:00	FOX 5	Paid Pro-gram 82555
8:00	A&E	Flip This House 907284
8:00	AMC	"Clint Eastwood" (CC) 902826
8:00	BET	"Beef III" (2005, Documentary) (CC) 448517
8:00	CNN	Live Sunday 523246
8:00	DISC	MythBusters 989888
8:00	DISN	So Raven
8:00	ESPN	Baseball Tonight (Live) 919401
8:00	ESPN2	Tires Nationals -- Final Eliminations. (CC) 8136352
8:00	FAM	"Grease 2" (1982) Maxwell Caulfield. (CC) 330710
8:00	FOXSP	Beyond-Glory 640888
8:00	HIST	Storm of the Century 588246
8:00	LIFE	"Thrill of the Kill" (2006) Shiri Appleby. 790081
8:00	NICK	News Fresh Pr.
8:00	SPIKE	CSI: Crime Scn 651994
8:00	TNT	"Gladiator" (2000) Russell Crowe, Joaquin Phoenix. (CC) 221159
8:00	TVL	Jeffersons
8:00	USA	Law/Ord SVU 547062
8:00	WE	Weddings Weddings
8:00	WGN	American Idol 817623
8:00	WTBS	Raymond Raymond
8:00	HBO	"The Wire" (S) 355807
8:00	MAX	"Billy Madison" (1995) 113178
8:00	SHOW	"Dexter Dexter, Dexter Dexter, Dexter Dexter." 590178
8:00	TMC	"Walking Tall" (2004) 113604
8:00	Ind1	Jerry Springer 3248536
8:30	ABC 9	News 20
8:30	CBS 7	NFL Football 994159
8:30	NBC 3	Nightly News Weekend 3420
8:30	NBC 11	News 5888
8:30	NBC 2	News 6130
8:30	PBS 2	Wild Chron-icles (S) 7888
8:30	WBNS 10	Stone Undercover Solidarity Forever. (CC) 67361
8:30	PBS 20	Wild Things (S) 67389
8:30	FOX 3	Simpsons 3059710
8:30	FOX 5	Paid Pro-gram 82555
8:30	A&E	Flip This House 907284
8:30	AMC	"Clint Eastwood" (CC) 9028

Inside
Disaster preparedness
Help special needs individuals safeguard themselves.
Page 7-B

BRIEFS

The Dominion Post

Kathy Plum's column will resume soon

Kathy Plum's weekly column does not appear today. It is expected to resume soon.

City police investigate reported robbery

The Morgantown Police Department is investigating an aggravated robbery that occurred on Junction Street, according to a press release Saturday. The department did not specify the date and time of the robbery.

According to a witness, three black men broke into the residence and demanded money. The black men attacked the victim and took his wallet, and then fled. The area was searched, with negative results. The Morgantown Police detective division is continuing the investigation. Anyone with information can contact the police department at 284-7522.

Preston hosts Red Cross event

The Terra Alta Civic Club will be holding a "Red Cross Bloodmobile" from noon-6 p.m. Thursday, at the Terra Alta Ambulance Building. Refreshments will be served. Info: Chairwoman, Suzanne Kehoe, 789-3034.

Afterschool for All Coalition to hold celebration at mall

The Afterschool For All Coalition will sponsor a Lights on Afterschool! celebration from 6-8 p.m. Oct. 12 at the Morgantown Mall. Participants will include local leaders, youth organizations and community members. The event will highlight three of the significant contributions that afterschool programs make in Monongalia County: keeping kids safe and healthy, helping them learn and relieving working parents of worries about their children's activities during the afternoon hours.

Info: Lynn Sobolov, 291-9258.

Log-A-Load benefits children's hospital

The Mountain Loggers Group will hold their annual Ted Harriman Memorial Log-A-Load for Kids Auction on Thursday at Newlon's International Truck Sales in Elkins. The log auction is held each year in conjunction with the Mountain State Forest Festival.

Several truckloads of hardwood saw logs will be auctioned to sawmill owners and logyard operators during the event. The annual auction proceeds go to the WVU Children's Hospital — a 108-bed facility located within Ruby Memorial Hospital in Morgantown. Each year, more than 6,600 infants and children from West Virginia and surrounding states are treated at WVU Children's Hospital.

Lecture explores gender, art and human development

Elizabeth Grosz, a philosopher and gender theorist, will present a lecture on music and sexual selection as part of the Jackson Distinguished Lecture Series at noon Oct. 5 at in WVU's Mountainlair's Rhododendron Room. The lecture is free and open to the public.

"Vibration: Darwin, Deleuze and Music" will explore the link between music and sexual selection in the origins of the human race. This interdisciplinary talk will explore the role of sound and rhythm in animal life. Grosz will argue that human artistic production is the consequence of one's animal and sexual, rather than rational and cognitive, affiliations.

She is the author of the books "Volatile Bodies" and "Time Travels," as well as several other works of cultural and gender criticism.

Info: Donald Hall, donald.hall@mail.wvu.edu or 293-3107 Ext. 33435.

MEETING

Monday
MON COUNTY COMMISSION, 7 p.m. second floor, commission meeting room, County Courthouse, High Street, Morgantown.

Kitchens are hotbeds for home fires

Fire Prevention Week is Oct. 8 to 14

BY BRANDY BRUBAKER
The Dominion Post

Area fire officials are urging residents not to watch what they eat, but to watch what they heat.

Oct. 8 to 14 is National Fire Prevention Week. This year's theme, set by the National Fire Protection Association, deals with the dangers of cooking fires.

According to the association, cooking is the leading cause of home fires and the leading cause of home-fire-related injuries.

One in three fires in homes begin

in the kitchen, the association said.

The state fire marshal's office said that, from July 2004 to June 2005, 397 fires started in the cooking area of the kitchen. In about one-third of those fires, cooking materials, such as food and grease, were the first items to be ignited, the office said.

State Fire Marshal Sterling Lewis said it doesn't take long for food to turn to fire.

"Often when fire departments are called to a fire that started in the kitchen, the occupants say that they only left the kitchen for a few minutes," Lewis said. "Sadly, that's all it takes for a dangerous fire to start."

Morgantown Fire Marshal Max Humphreys said a small fire can spread quickly, burn up wooden

WHAT IT MEANS

Cooking is the leading cause of home fires — fires that area fire officials say can easily be prevented.

kitchen cabinets and soon engulf the whole house.

"Anytime you have a pot on the stove cooking you need to monitor it closely," Humphreys said.

Carol Nolte, state field deputy fire marshal, said that when food catches on fire, people often just don't know what to do. Not knowing

SEE FIRES, 9-B

Fire-safety program set for Mon County children

The Dominion Post

More than 1,500 Monongalia County children will attend a fire-safety program during this year's fire-safety prevention week and city firefighters say more are welcome.

Morgantown Fire Department is hosting a week of presentations Oct. 10 to 13, at the Metropolitan Theatre on High Street.

The presentations are free and open to any area children who call ahead and reserve a space. They are scheduled for Oct. 10, 11, 12 and 13 at 10 a.m., and also on Oct. 11 and 12 at 1 p.m. The programs are geared toward preschoolers, kindergartners and other young children.

SEE PROGRAM, 9-B



Students, parents and guests gathered in WVU's Creative Arts Center on Saturday morning for New Student Orientation.

WVU open house draws 400 prospective students

Information, tours given

The Dominion Post

WVU's fall open house Saturday drew more than 400 prospective students and their parents, who spoke with university administrators and staff about beginning their college search. The event gives WVU a chance to bring to light its academic programs.

The event also gives high school students an opportunity to gather information about the university's programs and services that will help them in their decision-making process.

Various campus service representatives were on hand to answer questions regarding admissions, housing, various

majors, the Honors College and ROTC programs. Families also learned how to finance students' education and about available scholarships.

Parents also learned how to get involved in the Mountaineer Parents Club. The open house featured campus tours led by current WVU students, as well as an information fair at the Creative Arts Center. WVU President David C. Hardesty Jr. welcomed prospective students and their parents after the information fair.

His remarks were followed by tours of WVU's Student Recreation Center and lunch at the Evansdale Residential Complex dining hall.



Clare Smith, of Silver Spring, Md., speaks to Adele Siba, Assistant Director of Admissions and Records. Smith is planning to apply to WVU.

Buckwheat Festival wraps up today with car show



Lori Maust (center) and her Niece Taylor Ringer (left), 9, and daughter McKenna Maust look through the glass at the food being prepared by Roban Foods Saturday afternoon in Kingwood.

FOR MORE Buckwheat Festival photos, **Page 8-B.**

The Dominion Post

Today wraps up the 65th annual Buckwheat Festival with a car show, road bowling and entertainment.

Registration for the car show begins at 10 a.m. with the show running until 1 p.m. at the fairgrounds. Registration for road bowling begins at 12:30 p.m. at the Kingwood Post Office, with the contest taking place at 1:30 p.m. along Pleasantdale Road.

Today's entertainment includes Keeping the Faith at 1 p.m. and Country Gospel Sounds at 2 p.m.

There also will be drawings for rifles, a car and a four-wheeler. Arts and crafts booths, and exhibits will be open through 4 p.m.

The schedule SUNDAY

8 a.m.-6 p.m. — buckwheat cakes and sausage dinners — Community Building
10 a.m.-noon — Attend the church of your choice

10 a.m.-noon — Registration — Buckwheat Festival car show (Fireman's Field)

10 a.m.-1 p.m. — car show — Festival Fairgrounds

10 a.m.-4 p.m. — Arts and crafts booths (Community Building basement under Kingwood Volunteer Fire Department buckwheat cake dinners Sales Room on Brown Avenue)

10 a.m.-4 p.m. — Exhibits in Memorial North Building. (4-H, FFA, agricultural, educational, homemakers, and arts and crafts/hobbies)

12:30 p.m. — Road bowling (registration at Kingwood Post Office)

1 p.m. — Entertainment tent — Keeping the Faith

1:30 p.m. — Road bowling begins (Pleasantdale Road)

2 p.m. — Entertainment tent — Country Gospel Sounds

4 p.m. — Drawings for muzzleloading rifle and flintlock muzzleloading rifle 4:30 p.m. — Drawing for car and 4-wheeler 4:30-6 p.m. — Exhibits are removed from Memorial North Building (with entry tag only)

Morgantown hotel bans all smoking

Another one considers nixing smoking rooms

BY JANET L. METZNER
The Dominion Post

Springhill Suites by Marriott used to have eight smoking rooms among its 80 rooms.

WHAT IT MEANS

Guests should check if hotels still offer smoking rooms. The Marriott company is eliminating other hotel smoking rooms, and one in Morgantown is considering eliminating them.

But by early last week, the hotel had converted the smoking rooms, and was offering only non-smoking rooms, said Brian Heron, general manager of the hotel located at 1910 Hunters Way in Morgantown.

"We as part of the Marriott chain have instituted a 100 percent non-smoking facility policy," he said.

A hotel free of smoke is what customers want these days, he said. "Guests think

this is the next step in customer satisfaction. ... It seems to be the way the wind is blowing," he said.

This summer, the company announced its 2,300 hotels and corporate apartments would be smoking-room free.

Before extinguishing smoking rooms, most of its properties were 90 percent smoke free, a Marriott news release stated.

At least one other area hotel, Euro-Suites on Van Voorhis Road, is considering a similar move because smoking rooms are a tough sell, said Melanie Filandino, general manager.

She said nonsmoking rooms are easier to sell.

But other hotels say they'll keep smoking rooms because customers demand them.

At the Morgantown Motel on W.Va. 73, smoking rooms will stay, said Dorothy Labombard.

"I have a lot of customers who come here and smoke, and it wouldn't be fair to them," she said.

The motel has no trouble selling the smoking rooms, she added.

The Clarion Hotel Morgan at 127 High St. is keeping its 26 smoking rooms, said Andy Wharton, general manager. It has 50 nonsmoking rooms, he said.

"There really aren't any plans to eliminate the smoking rooms. ... We have a lot of people who are smokers who would be upset if we didn't have smoking rooms."

Hotel Morgan customer Robert Townsend said that one of the first questions he asks before making a hotel reservation is "Do you have a smoking room?"

If there are none he'll find another hotel, he said.

"I am a smoker and I would not stay in a hotel where I could not smoke in my room," he said.

Euro-Suites Hotel has 13 smoking rooms among its 79 rooms, but owners might go nonsmoking, based on what customers need, Filandino said.

"It seems smoking rooms are the last things I seem to rent, and a

SEE SMOKING, 9-B

Think Pink!



October is Breast Cancer Awareness Month



Show your true colors in October, National Breast Cancer Awareness Month. Call 285-2730 or 599-7358 throughout October, to request your free "In-the-Pink" breast cancer awareness pack, which includes a pink enamel ribbon pin.

Wear the pin as a reminder of the progress being made in the battle against breast cancer. Wear it year round as a personal reminder to conduct your own monthly self-breast exam and to call your physician to schedule your annual mammogram.

In addition to your pin, you will receive a self-breast exam shower card, a monthly purse calendar, post-it notes, ink pen, magnetic ribbon, awareness bracelet, informational literature, and more.

Let Wedgewood Imaging Center and the Zelda Stein Weiss Cancer Awareness and Early Detection Project of Mon General Hospital help you color the town pink. Call early, supplies are limited.



Wedgewood
Imaging Center

ZELDA STEIN WEISS
CANCER AWARENESS
EARLY DETECTION PROJECT
of Mon General Hospital 



Mon General

Autumn is the ideal time to manage weed population

LAST WEEK I DISCUSSED some of the issues about fall pasture management. These included when to time your last cutting or grazing cycle, how to stockpile for winter grazing and a reminder to take a soil test. This week I was able to find some guidance for fall weed management for grass hay and pasture fields.



DR. WILLIAM SHOCKEY

Bill Curran and Dwight Lingenfelter, Pennsylvania State University Cooperative Extension, remarked that, "Fall is an excellent time to manage certain weeds in grass hay and pastures." In particular, biennials such as common burdock, wild carrot, and bull, musk and plumeless thistles are much easier to kill while they are in the rosette stage of growth and prior to surviving a winter.

Once these weeds start growth in the spring, they grow very rapidly to the reproductive stage, making them very difficult to control. Usually, late summer and fall is the best time to control most perennials with a systemic herbicide. The application window runs from early September through the end of October.

Applications to perennial

species like horsenettle, smooth groundcherry and woody species like multiflora rose should be on the early side of this window, while cool-season perennials like Canada thistle and dandelion can be effectively controlled after several light frosts. With both biennial and perennial species, adequate leaf tissue must be present and it should be reasonably healthy to absorb the herbicide.

There are a number of systemic broadleaf herbicides for grass hay and pasture. Currently there are no products labeled for grass control in cool-season grass, hay or pasture. In addition, most broadleaf weed-control products will kill or injure any legume companion crops. Some should not be used on certain grass species because of

injury concerns.

Here is a quick summary of some common herbicide recommendations:

2, 4-D ester 4E (1/2 to 1.5 pt/A) is a systemic herbicide that controls annual, biennial and perennial broadleaves. The ester formulation is slightly more active than the amine and should not be used post-emergence if temperatures are greater than 80 degrees F. This herbicide is commonly mixed with other herbicides to improve control. This is an inexpensive herbicide but tends to be weak on a number of weed species including wild carrot, dock species, bedstraw, horsenettle, hemp dogbane, common milkweed, pokeweed, brambles and most woody perennials. It has a 7 day grazing and 30 day haying restriction.

Clarity 4S or Banvel 4S (0.5 to 4 pt/A) is a systemic herbicide that controls many annual and biennial broadleaf weeds and provides suppression or control of numerous perennials.

Overdrive 70WDG also contains dicamba in addition to diflufenza-

pyr (a synergist) and can be used in established grass stands (not seedlings) for control of numerous broadleaf weeds. The Overdrive use rate is 4 to 8 oz/A and can be tank mixed with numerous herbicides. Dicamba has a fairly broad spectrum but tends to be weak on wild carrot, buttercup species, dandelion, milkweed and bedstraw, to name a few.

Cimarron 60DF (0.1 to 1 oz/A) controls many annual, biennial and some perennial broadleaf weeds, depending on the rate used. It can be used in established warm- or cool-season grass stands. It is often tank mixed with 2, 4-D or dicamba to increase activity and provides good control of weeds like Canada thistle, bull, musk and plumeless thistle, and multiflora rose to name a few.

Crossbow 3E (1 to 4 qt/A) is a systemic herbicide that can be used on established cool- or warm-season grass stands for control of a variety of annual, biennial and perennial broadleaf weeds, and is also effective on woody plants and brush. Crossbow is often the standard product used for bedstraw

control, but is only fair on Canada thistle. **Stinger 3E** (0.33 to 1.3 pt/A) controls certain broadleaf weeds and is especially effective on thistles (Canada, musk, bull) and other aster-family species. It can be used on established warm- or cool-season grass stands. A more economical use of Stinger is as a spot treatment.

Milestone 2L (3 to 7 fl oz/A) is a newer active ingredient labeled for grass hay and pasture. Milestone controls many annual, biennial and perennial broadleaf weeds, and is effective on thistles (Canada, musk, bull), burdock, dock, bedstraw, horsenettle, knapweed, sowthistle, ironweed and others. It is less effective on wild carrot, hemp dogbane, common milkweed and most brush species to name a few. Milestone can be tank-mixed with other herbicides.

As always, when using any pesticide, carefully read and follow all label directions and follow all precautions.

Garden tips

■ Onions are nearly ripe when

the tips of the leaves turn yellow. Break them at the necks. This will speed the final ripening process. Loosen the soil to encourage drying, and after a few days turn them up and let them cure on dry ground. Always handle them very carefully — the slightest bruise will encourage rot to set in.

■ Apples keep well for about six months at temperatures between 32 and 45 degrees F.

■ A Styrofoam chest or a double cardboard box in a cool mudroom or cellar can approximate root cellar conditions. Remember to give your apples an occasional change of air. Apple cider may be frozen after first pouring off a small amount to allow for expansion.

■ Put some parsley plants in a box and place the box in a light cellar or shed.

■ Clean, oil and store lawn mowers.

DR. WILLIAM SHOCKEY is WVU Extension Agent in Preston County. His column appears Sundays.

LIVESTOCK REPORT

Grantsville Marketing Grantsville, Md.

Prices for: Sept. 23. Monthly feeder sale is the second Saturday of each month.

STOCK BULLS & STEERS: (200-500 lbs.), \$70-125.

STOCK HEIFERS: \$70-115.

SLAUGHTER STEERS: good to choice, up to \$85; medium to good, \$60-74.

HOLSTEIN STEERS: good, \$48-65; light, up to \$95.

SLAUGHTER HEIFERS: good to choice, up to \$82; medium to good, \$55-80.

BULLS: heavy, \$48-56; light, \$60-75.

COWS: utility (Holstein), \$45-55; canners, \$40-48; culls, \$38-down.

BOB CALVES: \$62.50-down.

HOLSTEIN BULL CALVES: return to farm (90-120 lbs.), up to \$170.

HOLSTEIN HEIFER CALVES: return to farm, up to \$260.

BEEF CROSS CALVES: return to farm, up to \$135.

HOGS: top quality, up to \$50; heavy, up to \$49; light, \$20-47; feeder pigs, by head, up to \$45.

SOWS: up to \$35.

MALE HOGS: \$8-25.

LAMBS: (70-85 lbs.) up to \$117; (85-12 lbs.) up to \$107.50; (30-60 lbs.) up to \$132.50; culls,

up to \$75.

SHEEP: up to \$50; fat sheep, up to \$35.

GOATS: B/H large, \$85-137; medium, \$25-80; small, \$10-50; kid, \$5-40.

Friend's Stockyard Accident, Md.

Fall feeder cattle sales 7 p.m.

Oct. 7 and Oct. 28.

Report for: Sept. 25.

STOCK BULLS & STEERS: (200-500 lbs.) \$80-122.

STOCK HEIFERS: \$75-110.

SLAUGHTER STEERS: good to choice, \$85-89; medium to good, \$80-84.50; heavy choice over 1,450 lbs., \$75-82.50.

HOLSTEIN STEERS: heavy choice, \$60-75; light, up to \$81.

SLAUGHTER HEIFERS: good to

choice, \$84-88.75; medium to good, \$75-83.50.

BULLS: heavy, \$51.50-60; light, \$55-71.

COWS: utility (holsteins), \$45-52.25; commercial to good, \$43-47; cull cows, \$39-down.

VEALS: good to choice, \$40-115; medium to good, \$50-67.

BOB CALVES: \$50-down.

HOLSTEIN BULL CALVES: return to farm (90 to 120 lbs.), up to \$225.

HOLSTEIN HEIFER CALVES: return to farm (90 to 120 lbs.), up to \$575.

BEEF CROSS CALVES: return to farm, up to \$215.

HOGS: top quality, up to \$45.

SOWS: up to \$38.

LAMBS: choice, up to \$103.

GOATS: choice, \$20-62.

Pennsylvania Livestock Auction Inc. Waynesburg, Pa.

Prices for: Sept. 21.

STOCK COWS: \$45-74.50..

SLAUGHTER COWS: Utility & commercial, \$48-58.50; boner & boning utility, \$47-54; cutter & boning utility, \$41-48; canner & low cutter, \$37-44.50; shells, \$37-down.

BULLS: Yield grade 1 1,500-2,000 lbs., \$50-63; yield grade 2 1,000-1,400 lbs., \$52-74.50.

FEEDER STEERS: M & L 1 300-500 lbs., \$100-147.50; 250-280 lbs., \$110-157; 600-900 lbs., \$75-118.

HEIFERS: 300-500 lbs., \$90-137; 400-650 lbs.,

\$75-120.

BULLS: 300-620 lbs., \$75-140.

CALVES: veal, prime, \$70-115; choice, \$60-84; good, \$40-84; farm calves, Holstein bulls 90-120 lbs. few, \$65-145; farm calves, Holstein bulls 80-100 lbs., few, \$50-85; beef bull & heifers, \$35-155/hd.

HOGS: barrows & gilts, 210-255 lbs., \$35-50; 255-280 lbs., \$35-55; sows, 300-500 lbs., \$24-34.50; feeder

pigs, 15-20 lbs., \$12-28/hd., 25-35 lbs., \$15-46/hd.

LAMBS: High choice, 80-100 lbs., \$75-105; choice 40-75 lbs., \$75-125; feeder lambs, good, \$50-95; sheep, \$28-50; fat sheep, \$19.50-27.50.

GOATS: Large, \$85-135/hd.; medium, \$50-90/hd.; small, \$8-41/hd.

HORSES: Horses, \$20-53; ponies, \$20-42.



CHAPMAN PRINTING COMPANY and **CAPITOL BUSINESS INTERIORS**
 951 Point Marion Road Morgantown, WV 26508
284-0200
 David McCormick Peggy Schifano Lovio

Thank You
 To each and everyone who helped with the rescue and transport of the Star Ridge Animals
 To those who donated the many monetary gifts & supplies for these animals
 To the veterinarians - Foster Families - Volunteers who have donated so much time to these animals to ensure their welfare
 To each and everyone who has adopted one of these wonderful animals
Preston County Animal Shelter

Toni 918 Chestnut Ridge Road, Suite 2 Morgantown, WV 26505 • 599-3773
 Exquisite Hair
Were Celebrating our 2nd Anniversary
 Come Sign up to Win a \$200⁰⁰ Gift Certificate and Get 20% off all products this week
October 2nd-7th

West Virginia University
 MARY BABB RANDOLPH CANCER CENTER
 THE COMPREHENSIVE BREAST CARE CENTER
BREAST CANCER AWARENESS EVENTS
 You are invited to a series of free events throughout October in observance of Breast Cancer Awareness Month

October 2 Clinical breast exams at the Mary Babb Randolph Cancer Center 5 pm to 8 pm, advance registration required Call (304) 598-4558
 Tour of the Betty Puskar Breast Care Center Instruction in breast self-exam

October 8 5th annual Evening of Celebration dinner For breast cancer survivors, their families and friends 4 pm, Lakeview Resort To register call (304) 598-4558

Educational Classes
 Mary Babb Randolph Cancer Center lobby at 7 pm

October 9 Cancer prevention and genes Jame Abraham, MD, Section Chief of Hematology Oncology West Virginia Breast and Cervical Cancer Screening Program Patricia Policicchio, oncology social worker

October 16 Breast health Angie Price, RN, nurse clinician Plastic surgery Bruce Freeman, MD

October 23 Breast cancer screening Lisa Cordero-Gouzd, RN, and Alice Belmont, Coordinator and imaging specialist of the Betty Puskar Breast Care Center Lymphedema Beth Jacobs, lymphedema therapist

October 30 Obesity and cancer and other surgical issues Charles Goldman, MD, and Marissa McNatt, MD

Sponsored by
 ■ The Comprehensive Breast Cancer Program ■ Betty Puskar Breast Care Center
 ■ Mary Babb Randolph Cancer Center ■ West Virginia University Hospitals

Monongalia County

■ Monongalia County Senior Center, Mountaineer Mall. Hours: 8 a.m.-4 p.m. Monday-Friday. Info: 296-9812.

Nutrition-site meals are served from 11:30 a.m.-12:30 p.m. Monday-Friday. Takeout meals available at noon. Van transportation available Monday-Thursday. Info: 296-9812. Menus and activities are posted weekly at www.seniormons.org.

■ Senior Monongalians offers a one-stop shop for seniors and their families, a social-services support agency offering a Veterans Affairs approved adult life center, respite care, caregiver support groups, free vital signs clinics, nutrition programs throughout Mon County, SHIP counselors to answer questions on hospital bills and insurance, and a Community Care Program providing in-home personal care to homebound seniors, via the V.A., private pay or sliding fee. Info: 296-9812.

■ Senior Monongalians has openings in the L. June Morgan Adult Day Services program. This program provides a cost-effective, flexible and convenient alternative to institutionalization. V.A.-certified. Info: 296-9812.

■ Caregiver Support Group: 10-11 a.m., the third Wednesday of each month, at the senior center; all

caregivers are invited. Call Sue, 296-9812.

■ Dance Troupe: The String of Pearls, a chorus-line dance troupe, is booking appearances. Call Donna, 599-4286.

■ Interdenominational Bible study: 10-11 a.m., Monday, Pastor Dan Meadows, Goshen Baptist Church, guest speaker.

■ Activities:
■ MONDAY, WEDNESDAY, FRIDAY: 10 a.m., "Active for Life Exercise," low-impact program that can be done standing or sitting. Doctor's release is required before beginning the program.
■ TUESDAY, THURSDAY: 11 a.m., free vital-signs clinic. Blood pressure, pulse, weight and glucose levels checked by a registered nurse, no appointment needed, sponsored by Bayer HealthCare Diagnostics Division; 1 p.m., beginner computer class; 2:15 p.m. intermediate computer class. Registration required.

■ MONDAY: Noon, free fun bingo, small inexpensive wrapped gifts for a prize (no food) are welcome and appreciated; 1 p.m., clogging classes; 2 p.m., round-dancing classes, four couples.
■ TUESDAY: 10 a.m. Hospice care basics and bingo.
■ THURSDAY, 10 a.m., free fun bingo, bring donations of small,

Mon menu

MONDAY: Biscuit with sausage gravy, whipped potatoes, carrots, orange delight.

TUESDAY: Brown beans with ham, cornbread, tossed salad, birthday cake.

WEDNESDAY: Roast turkey, stuffing, mixed vegetable blend, hot wheat roll, birthday cake.

THURSDAY: Sloppy joe, potato wedges, coleslaw, fantasy desert.

FRIDAY: Chicken alfredo, salad, green beans, sherbet.

individually wrapped gifts; 1 p.m., tea party; 2 p.m. darts; 1:30-3:30 p.m., 10-minute free massage therapy every Thursday, appointment needed.

■ Upcoming events:

■ OCT. 19, Thursday: 8 a.m.-2 p.m., Monongalia General Hospital clinic for flu shots and first-time pneumonia shots. Shots are \$20, bring your Medicare card.

■ OCT. 31, Tuesday: Halloween costume party, most original, fun-

niest and scariest characters invited.

■ Day trips, call 296-9812:

NOTE: All trips subject to cancellation if a minimum number of people do not sign up.

■ OCT. 6, shop Prime Outlets in Grove City, \$20 per person covers transportation.

■ OCT. 20, Potomac Eagle Train trip, \$40 per person, covers transportation and train fees.

■ NOV. 3, Robinson Towne Centre, \$12 per person.

■ NOV. 17, St. Clairsville Mall shopping trip, \$12 per person.

■ Overnight trips, call 296-9812:

■ OCT. 11-12, Bunker Tour — Take a guided tour of the decommissioned bunkers beneath The Greenbrier. Also visit Tamarack, a confederate cemetery, the New River Gorge Bridge, Cathedral Falls, and the Summersville Dam. The cost is \$149 per person based on double occupancy.

BOPARC Senior Recreation Center

■ 1837 Listravia Ave., Morgantown. Hours: 8 a.m.-4 p.m. Monday-Friday. Info: 296-7002.

■ Video library: Open 8 a.m.-4 p.m. Monday-Friday. Members can rent two movies for one week at 50 cents per video.

■ Monthly Newsletter: "News and Views," \$5 annual fee. Send check with birthdate and address to: BOPARC Senior Recreation Center, 1837 Listravia Ave., Morgantown, WV 26505. Includes The Old Trading Post, articles for sale or trade at \$1 per ad per month.

■ Parking: Available at Wiles Hill School for all WVU home football games, \$5 per vehicle.

■ Dance Troupe: The Sophisticates are available for engagements. Info: Frances Tennant, 328-4682; Senior Center, 296-7002.

■ Line dancing: Advanced class at 2 p.m. Tuesdays, \$2 per person per class; beginning class at 2 p.m. Fridays, \$2 per person per class. Instructor: Dennis Fisher.

■ Driving course: AARP defensive driving course, from 8 a.m.-4 p.m. Oct. 12, \$10 per person, bring bag lunch. Reservations: 296-7002.

■ New classes: a six-week circular knitting class will be held Thursdays from 10 a.m.-noon, cost is \$5 per class, instructor Susan Witt; 3-D tole and Swedish weaving class will be held Thursdays, instructor Sarah Watkins. Registration and info on both classes: 296-7002.

■ Volunteers needed: On Oct. 6-8, BOPARC needs volunteers at the Balloon Festival to help with bingo and the hot dog stand, 296-7002.

■ Day trips (reservations, 296-

7002):

■ OCT. 12, Grove City, Pa., \$15 per person.

■ Overnight trips (call 296-7002):
■ NOV. 9-18, Hawaii, aboard the brand-new Pride of America. \$2,502 per person, based on double occupancy. \$400 deposit.

■ DEC. 1-3, New York City, dinner at Tavern on the Green, tickets to the Rockettes, breakfasts, NBC Studio tour, full day of touring the town including Chinatown and St. Patrick's Cathedral, \$635 per person based on double occupancy.

■ Trips 2007:

■ APRIL 20-27, 2007, California tour. Cost is \$1,779 per person based on double occupancy. Info: 296-7002.

■ FEB. 25, 2007, seven night Southern Caribbean cruise on Carnival Cruise Lines. Exploring ports of call in San Juan, St. Thomas, Dominica, Barbados and Aruba. Cost is \$1,313.

■ JUNE 1, 2007, Alaska on the Vision of the Seas-Royal Caribbean, eight days and seven nights. Fly from Pittsburgh to Seattle, cruise to Juneau, Skagway, Tracy Arm Fjord, Prince Rupert, B.C. Inside passage and return to Seattle for the flight home. Cost is \$1,598 per person.

Deposits of \$350 must be received by Oct. 15 to secure prices on the Caribbean and Alaska cruises. Info: Barbara, 296-7002.

■ The schedule:
THURSDAY, FRIDAY: Pool in the literary room.

MONDAY: 9 a.m., weaving; 9:30 a.m., bowling at Sycamore Lanes.

TUESDAY: 9:30 a.m., walking the rail-trail, meet behind Food Lion; 10:30 a.m., low-impact aerobics; 2 p.m., advanced line dancing.

WEDNESDAY: 10 a.m., literary discussion group; 11:15 a.m., Millie Karlin will be the pre-luncheon program speaker; noon, lunch; 1 p.m., pinochle, board games; 1 p.m., BOPARC Senior Center Choir practices (open for new singers, just come to practice).

LUNCH MENU: Three-bean chili, vegetables, cornbread, dessert and beverage, \$4 per person; reservations by noon Tuesday, 296-7002.

THURSDAY: 9:30 a.m., bowling at Sycamore Lanes; 10:30 a.m., low-impact aerobics; 1 p.m., Kitchenaire Band practice; 1:30 p.m., pool.

FRIDAY: 9:30 a.m., walking on the rail-trail (meet behind Food Lion); 1 p.m., bridge and pinochle; 2 p.m. beginning line dance.

Clay-Battelle Senior Center

■ W. Va. 7, Blacksburg. Hours: 8 a.m.-4 p.m. Monday-Friday. Info: 432-8177.

Seniors can play cards, checkers and dominoes. Jigsaw puzzles, exercise equipment, books and magazines are available.

■ Lunch: 11:30 a.m.-12:30 p.m. Monday-Friday. Meals are home-cooked. Donations accepted.

■ Any senior citizen in the Clay-Battelle area needing transportation to the center can call 432-8177.

■ Bingo: Mondays, 5:30 p.m., doors open; 6:30 p.m., special early



You can fight the flu again this season with a quick, convenient, affordable influenza inoculation for just \$20. In addition, the pneumonia shot will also be available for \$20 to those who have not yet received the pneumococcal vaccine. For more information please call (304) 599-7358.

Thursday, Oct. 19
Senior Monongalians (Mountaineer Mall), 8 a.m. - 2 p.m.
Ramada Inn, 3-6 p.m.

Saturday, Oct. 21
Hazel Ruby McQuain Conference Center
Mon General Hospital, 7-10 a.m.

Wednesday, Oct. 25
Rock Forge Neighborhood House, 7-10 a.m.
Suncrest United Methodist Church, 3-6 p.m.

Monday, Oct. 30
Blacksburg Senior Center, 11 a.m.-1 p.m.
Woodland United Methodist Church, 3:30-6 p.m.

Friday, Nov. 3
BOPARC Senior Rec. Center, 8-10 a.m.

Monday, Nov. 6
WVU Coliseum (Jerry West Lounge), 7-9:30 a.m.
Mon General Drive Thru Site (located on Maple Drive beside Grease Monkey)
11 a.m.-1 p.m.

Tuesday, Nov. 7
Morgantown Mall (Elderbeerman Concourse) Noon-5 p.m.



Caring. Progressive. The healthy combination.

Comprehensive cardiac **eva**luations

It's important to see our patients as *individuals* in everything we do – whether you're an Eva, a Carol or a Dan. That's part of our healthy combination when it comes to Cardiac Care at Mon General. Melding the latest medical innovations, in-depth

diagnoses, and advanced therapies with genuine kindness and insight. And that's the reason the community hospital you know and trust is rated in the top ten in the U.S. for cardiac excellence by the Premier cardiac study.



Caring. Progressive. The healthy combination.

(304) 598-1200 • Morgantown, West Virginia • For more information visit mongeneral.com

Doggie Vacation Checklist:

- No Cages
- Entertainment
- Fenced-In Yard
- Grooming
- Canine Companions
- Air Conditioning
- Stress-Free Vacation for you & your dog!

Pampered Paws
274 Old Cheat Road • 292-4PAW (4729)
pampered4paws.com

We bend the gold to fit your mold

Specialists in custom designing jewelry that fits you... and only you.

DIAMONDS and FINE JEWELRY
JANE JEWELERS
1137 Van Voorhis Road, Suite 11
599-8080

bird games, 7 p.m. regular games, open to all, refreshments available.

■ The schedule:
 MONDAY: 9 a.m.-3 p.m., quilting bee; 10 a.m., bingo; 7 p.m., regular bingo, open to public.
 THURSDAY: 9 a.m., Bible study.
 FRIDAY: 10 a.m., bingo.

Core Senior Center

■ Corner of W.Va. 7 and Pedlar Run Road. Hours: Tuesdays.
 ■ The center is collecting aluminum cans.
 ■ The Senior Monogonians nutrition site delivers noon meals at 11:30 a.m. every Tuesday. Donations are accepted.
 ■ Second Tuesday of each month, birthdays will be honored.

Scott's Run Settlement House

■ Osage. Info: 599-5020.
 ■ OCT. 11 and 18, AARP defensive-driving course, 8 a.m.-noon both days. Cost is \$10 per person, includes materials. Registration required: 599-5020.
 ■ Schedule:
 WEDNESDAY: Noon, Seniors on the Run; 6 p.m. free computer class, pre-registration required.
 THURSDAY: 7 p.m., Gambler's Anonymous.

Westside Senior Center

■ 500 DuPont Road, Westover. Hours: 9 a.m.-noon and 6-9 p.m. Monday-Friday. Info: 296-6583.
 ■ Parking, wheelchair accessible. Exercise equipment, cards, table games and billiards avail-

able. A large pavilion is available for rent. Call 296-6583.

■ The schedule:
 MONDAY: 9 a.m. coffee; 10 a.m., Interdenominational Bible study, coffee; 6:30 p.m., musical evening open to all, sing along or bring musical instruments to jam.
 TUESDAY: 9 a.m., cards, pool; 6 p.m., cards, pool.
 WEDNESDAY: 9 a.m., cards and fellowship; 6 p.m., bingo, hot dogs and sloppy joes for sale, open to everyone.
 THURSDAY: 9 a.m., pool and fellowship; 6 p.m. cards, pool.
 FRIDAY: 9 a.m., cards and pool; 6 p.m., covered-dish dinner and musical entertainment, open to all.
 ■ Trip (call 296-6583):
 ■ OCT. 25 to The Greenbrier to tour The Bunker, \$100 per person, includes lunch at the Golf Club. Openings available.

Chestnut Hills

■ Bible study: with the Rev. Dwight and Rose Ann Hagee at 7 p.m. every other Thursday in the party room.

Madison Rehab and Nursing Center

■ 161 Bakers Ridge Road, Morgantown.
 ■ The schedule:
 TODAY: 10 a.m., Latter Day Saints; noon, table talk; 1:30 p.m., one-on-one visits; 3 p.m., afternoon movie.
 MONDAY: 8:45 a.m., awakenings; 10:30 a.m., Strength for Full Life; noon, table talk; 1:30 p.m., sen-

sations; 2 p.m., bingo.
 TUESDAY: 10:30 a.m., Residents' Ministries; noon, trivia; 2 p.m., ring toss; 2:30 p.m., life stories; 3:15 p.m., Scott's Run kids; 6:30 p.m., bingo.
 WEDNESDAY: 8:45 a.m., awakenings; 10:30 a.m., SFFL; noon, table talk; 1:30 p.m., sensations; 2 p.m., K&K Beauty Day.
 THURSDAY: 10 a.m., Spelling bee; 10:30 a.m., Name That Tune; noon, table talk; 2 p.m., Resident Council meeting; 2:30 p.m., bingo.
 FRIDAY: 8:45 a.m., awakenings; 10:30 a.m., SFFL; noon, Wisdom Across the Ages; 1:30 p.m., reflections; 2:30 p.m., men's group (basketball talk); 4 p.m., Brother Jones.
 SATURDAY: 9:30 a.m. Memory Lane; 10 a.m., spelling bee; 10:30 a.m., digital map; noon, trivia; 2:15 p.m., bingo.

MonPointe Care Center

■ MonPointe needs volunteers. Call Rhonda Hamilton, activity director, 285-2720.
 ■ The schedule:
 TODAY: 10 a.m., news and coffee; 1:15 p.m. Bob and Sandy White; 3 p.m. Toss Um.
 MONDAY: 9 a.m., manicures; 1:45 p.m., Salvation Army bingo; 3 p.m., blackjack; 6:30 p.m., Choir with Nancy.
 TUESDAY: 10:30 a.m., Who Wants to be a Millionaire?; 1:45 p.m. Tennis Anyone?; 3 p.m. Splat challenge; 6:45 p.m., Victory Baptist.
 WEDNESDAY: 10 a.m., Hangman; 1:45 p.m., bridge; 3:30 p.m. Bible study; 7 p.m. St. John's bingo.

SEE SENIOR NEWS, 6-B

MORGANTOWN AREA

SHOP 'N SAVE

828 Fairmont Road • Westover • 296-7934

HOME OF

Paul's Picks

IT'S OCTOBER'S BEST...OCTOBER-FEST PRICES TO PARTY FOR AND A WHOLE LOT MORE...CHECK IT OUT

SUGARDALE 5# BAG SLICED PEPPERONI

\$10.99 EA

#1 MOST POPULAR PICK!

SAVE UP TO \$13.90/BAG

DELI-STYLE 14-OZ. BAG

NACHO CHIPS 49¢

CHEESE & SALSA'S BEST FRIEND!

REGULAR \$2.59
 SAVE UP TO \$2.10 EACH

JUST LIKE BEFORE BUT CHEAPER!

OSCAR MAYER

HOT DOGS 4 FOR \$5

SAVE \$8.52

REGULAR OR BUN LENGTH
 REGULAR \$3.38 EACH

LAND-O-LAKES

CO-JACK CHEESE 89¢

SAVE \$2.10

SEMI-SOFT 8-OZ BAR
 REGULAR \$2.99

YOTASTIC 10-OZ.

SMOOTHIES 49¢

SAVE \$1.00

• STRAWBERRY
 • PEACH

REGULAR \$1.49 EACH

QUICK PICKS & UNADVERTISED SPECIALS IN STORE ALL WEEK TOO!

ALASKA

2007 www.cruisevanguard.com

INCLUDING DENALI NATIONAL PARK

FROM \$2349 PER PERSON PLUS AIRFARE & TAXES

14 Day Customized Cruise/Land Tour

Choose from 9 Northbound & 9 Southbound Departures

Best Value For The TOTAL Alaska Experience...
 Accompanied by VanGuard Staff throughout and INCLUDES:
 2 Nights 1st-Class Vancouver Hotel, breakfasts, dinner, Victoria Sightseeing
 8 Day / 7 Night Cruise aboard Holland America's 5-Star ms Volendam
 VISITING: •Hubbard Glacier •Juneau •Ketchikan •Icy Strait Point •Sitka (Northbound) •Skagway (Southbound) •The Inside Passage
 Extra Value Sightseeing Tours & Special Events:
 Sightseeing in Victoria, Vancouver, Ketchikan, Juneau, Sitka or Skagway, Anchorage, Portage Glacier Cruise, Added Cocktail Party
 1 Night at 1st-Class Hotel in Anchorage with breakfast
 Domed Sightseeing Train thru the wild Alaskan Interior with meals
 1 Night at Denali Nat'l. Park. Includes VanGuard's Exclusive 7-Hour Wildlife Tour with box lunch. (Add'l Denali night available)
 Special "Cabin Night" Dinner and Show at Denali and breakfast
 2 Nights 1st-class Fairbanks hotel, breakfasts, dinner, Sightseeing
 Gold Camp Sightseeing Tour, pan for gold, lunch
 Riverboat Tour to Athabascan Indian Camp
 Salmon Bake, Pioneer Park, Palace Saloon Show

VanGuard TOURS & CRUISES

America's #1 Company to Alaska!
 Over 36 Years Experience - Call Toll-Free: **800-624-7718**

Mon., Oct. 16, 1:30 & 7pm
 Tue., Oct. 17, 1:30 & 7pm

Holiday Fairmont, 930 E. Grafton Rd FAIRMONT
 Ramada Inn, 20 Scott Av. MORGANTOWN

VIVA HOT VEGAS

PLAY HOT Lotto

FOR A CHANCE TO WIN A TRIP TO LAS VEGAS!

West Virginia Lottery

Beginning with Hot Lotto ticket sales for the drawing on October 4, 2006, and ending with ticket sales for the drawing on October 28, 2006, West Virginia Lottery players may qualify for an entry to win one of five trips to Las Vegas!

• Players who purchase \$5 or more in Hot Lotto plays on a single ticket will receive a single entry coupon to mail for a chance to win.

• On Friday, November 3, 2006, five (5) winning entries will be drawn.

• Mail each ENTRY to:
 West Virginia Lottery
 Viva Hot Vegas
 2nd Chance Drawing
 PO Box 99
 Dunbar, WV 25064

• All Viva Hot Vegas entries must be received by the end of the Lottery's business day Thursday, November 2.

Each trip will include air transportation for the winner and one guest to Las Vegas; three (3) nights lodging at one of four (4) Las Vegas "strip" hotels, the Wynn, Venetian, Bellagio, or Mandalay Bay (based on availability);

limousine service from the airport to the hotel and return; and a \$1,000 stipend (to be awarded approximately 10 days prior to departure). The winner may use the \$1,000 for entertainment, food, etc., while in Las Vegas, or may use it to defray income tax liabilities on the trip prize package, or for other purposes.

Winners will have until November 30, 2007, in which to take their trip. Blackout dates and other travel restrictions will apply. Once a trip is booked for a winner, the winner will be responsible for any costs incurred in changing a trip's itinerary.

Neither the Multi State Lottery Association nor the West Virginia Lottery shall be held responsible for gratuities, food, beverages, or other incidental expenditures outside the scope of the prize package.

Players may enter multiple times, but may only win one prize. The prize may be transferred to another person(s), if the recipient is 18 years old, or older, and does not have child support debt. The person to whom the prize is transferred must present valid identification to the Lottery. The original prizewinner, however, is responsible for applicable taxes. It is between the parties to agree on the transfer of the \$1,000 stipend.

Mis-addressed or illegible tickets are ineligible and will be DISCARDED. One envelope represents one entry, as long as at least one (1) valid entry ticket is enclosed. If more than one entry ticket is enclosed, only one will be used as an entry.

All entries must be mailed from within West Virginia in accordance with U.S. Postal Service regulations.

All entries must be stamped, postmarked, and received by either US mail or by a courier that delivers mail to the designated post office box number being utilized for the drawing. Hand-delivered, certified, faxed or registered mail will not be accepted. The Lottery is not responsible for mail delays.



For complete rules call or visit us at www.wvlottery.com
 You must be 18 years or older to buy a lottery ticket.

THURSDAY: 10 a.m., Crosswords; 1 p.m., dartball; 3 p.m. craft time.
 FRIDAY: 10 a.m., Question Quest; 1:45 p.m. Hillbilly Horseshoes; 3 p.m. trivia.
 SATURDAY: 10 a.m., Shape Up; 2 p.m., popcorn and a movie.

Morgan Manor

■ Morgan Manor Nursing and Rehabilitation Center, 1379 Van Voorhis Road, Morgantown. Volunteers are needed. Call Debbie Jenkins or Sherry Newcome at 599-9480.
 ■ The schedule:
 TODAY: 11 a.m., current news; 3 p.m., bingo.
 MONDAY: 10 a.m., coffee and snacks social; 11:30 a.m., bingo prize handouts; 2:30 p.m., beauty hour; 6:30 p.m., bingo.
 TUESDAY: 10 a.m.-4 p.m., book fair; 11:30 a.m., trivia; 2 p.m., senses alive; 3:30 p.m. social hour; 4:30 p.m., TV and magazines; 7:30 p.m., harpist with Harold.
 WEDNESDAY: 9:30 a.m., men's group; 11 a.m. discussion group with Mary Ann; 2 p.m. resident meeting; 3:30 p.m. Bible study with Chan Mull; 4:30 p.m. TV and magazines.
 THURSDAY: 10 a.m., Folding laundry; 11:30 a.m., music with Eleanor; 2:30 p.m., spelling bee; 6:30 p.m. Mardi Gras party with dancing and music.
 FRIDAY: 7 a.m., breakfast outing; 10 a.m.-1 p.m. fundraiser, fall crafts and bake sale; 11 a.m., Resident Council; 2:30 p.m. bingo; 4 p.m. social hour; 4:30 p.m. TV and magazines.
 SATURDAY: 10:30 a.m., Bible study; 2:30 p.m. bingo.

The Suites at Heritage Point

■ One Heritage Point, Morgantown.
 ■ The schedule:
 MONDAY-SATURDAY: 11 a.m., reading *The Dominion Post*.
 TODAY: 10:15 a.m., transportation to First Presbyterian Church; 10:15 a.m., transportation to Suncrest United Methodist Church; 10:30 a.m., transportation to Wesley United Methodist Church; 11 a.m.-1:30 p.m., Sunday buffet; 2:30 p.m., afternoon devotions; 4:15 p.m., Bible study; 6:30 p.m., movie.
 MONDAY: 9 a.m., Flex with Sonja; 9:11 a.m. Sara's Furry Scarves for sale in the cafe to benefit the Employee Appreciation Fund; 10 a.m., games; 1 p.m., armchair traveler; 1:30 p.m., Bible study; 3:30 p.m. candy bingo; 6:30 p.m., pinochle.
 TUESDAY: 9 a.m., Flex with Sonja; 9:30 a.m., transportation to

Kroger and BiLo; 1 p.m., Suites Bridge; 1:30 p.m. book group; 2:30 p.m., bingo store; 3 p.m., bingo; 4 p.m., sing-a-long; 6 p.m., stained-glass class.
 WEDNESDAY: 9 a.m., fun and fitness; 9 a.m., flex with Sonja; 10:30 a.m., Read to Me; 12:45 a.m., Winnie's Bridge; 3:30 p.m. bingo; 5-8 p.m. computer lessons; 6:30 p.m. building with Brooke; 6:45 p.m., CAC performance "Aida"; 7 p.m. widow's bridge; 7:30 p.m. poker.
 THURSDAY: 8 a.m., fun and fitness; 9:30 a.m., strength and stretch; 9:30 a.m., transportation to Mountaineer Mall, Aldi's, Wal-Mart, Giant Eagle; 10 a.m., Wisdom of Aging; 11 a.m. Howard and his magical harp; 12:45 p.m., village bridge; 1 p.m., watercolor; 2:30 p.m. afternoon at the movies; 7 p.m., It's Your Health-Friendship.
 FRIDAY: Day trip to Spring Festival; 9 a.m., flex with Sonja; 9:30 a.m. prayer group; 10 a.m., origami; 10 a.m., seat weaving; 11 a.m. Catholic mass; 1 p.m., Scrabble; 1 p.m. seat weaving; 3:30 p.m., swap bingo; 6:30 p.m. movie.
 SATURDAY: WVU vs. Mississippi; 10 a.m., sensory games; 10 a.m., line dancing; 1 p.m. fun and music with Dave; 6:30 p.m., Kings in the Corner; 6:30 p.m., croquet.

Sundale Nursing Home

■ 800 J.D. Anderson Drive. Call: 599-0497.
 ■ The schedule:
 TODAY: 8:30 a.m., Outing to church; 2:30 p.m. CMA church; 7 p.m., movie.
 MONDAY: 10 a.m. coffee break; 11:30 a.m. sensory stimulation; 3:45 p.m. cowboy music; 7 p.m. gospel services.
 TUESDAY: 10 a.m., Music with Eleanor and Friends; 2 p.m. parachute games; 7 p.m., the Rev. Nicholson.
 WEDNESDAY: 10 a.m., morning stretch; 10:30 a.m., current events; 1:30 a.m., sensory stimulation; 3:30 p.m., Brother Jones.
 THURSDAY: 10 a.m., Memorial services with Paul Cayton; 2 p.m., ice cream truck; 7 p.m. Mt. View Free Methodist Church; 7 p.m. outing to the balloon festival.
 FRIDAY: 10 a.m., Outing to Penn Alps; 10:30 a.m. current events; 1:30 p.m., sensory stimulation; 7 p.m. Doll's Run Christian Church.
 SATURDAY: 10 a.m., scripture group; 3:30 p.m., magazine distribution; 7 p.m., music with Phillip.

Unity House

■ 3180 Collins Ferry Road.
 ■ The schedule:
 THURSDAY: 6:30 p.m., birthday

Preston menu

MONDAY: Chili, carrot cole slaw, cornbread, cottage cheese/peaches.
TUESDAY: Lasagna, tossed salad, Italian bread, Jello/fruit.
WEDNESDAY: Closed.
THURSDAY: Creamed chicken, biscuit, steamed broccoli, Harvard beets, Mandarin oranges.
FRIDAY: Pork chop, sauerkraut, mashed potatoes, green beans, rice & raisin pudding.
 ■ All meals are served with 2-percent milk.
INFO: 329-0464.

party.
 FRIDAY: 6:30 p.m. bingo

Unity Manor

■ The Senior Monogalians nutrition site will deliver meals Monday-Friday. Donations accepted.
 ■ Volunteers are needed each Wednesday evening to help with bingo. Call: Lucy Nutter, 276-1276.
 ■ A piano player is needed each Tuesday to play for the sing-along. Call: Leitha McDowell, 296-0325.
 ■ Volunteers are needed to help Betty Field set up or clean up for birthdays and other dinners. Call: 292-3069.
 ■ All sign-up sheets are on the first floor.
 ■ Unity Manor has one-bedroom apartments available for ages 62 and up. Call: 296-5519.
 ■ The schedule:
 TODAY: 3 p.m., church services.
 TUESDAY: Grocery shopping (check sign-up sheet for times); 2 p.m., entertainment committee meets; 7 p.m. sing-a-long.
 WEDNESDAY: 6 p.m., bingo, doors open at 5 p.m., bring non-perishable food items for food parties.
 THURSDAY: 2-4 p.m., food share sign-up; 3:30p.m., bible study in the 10th floor solarium with First Baptist Church; 5 p.m. craft night, do crafts or just socialize.
 FRIDAY: 9:30 a.m., council meeting.
 SATURDAY: 1-5 p.m. game day, drinks and snacks furnished; 6 p.m. spaghetti dinner given by Betty Field and B.J. for those participating in game day. Those attending asked to bring items to make a dinner salad.

Senior Citizens Meetings

THIS THEATRE DIGITAL PICTURE BY FEATURES DLP
 CARMIKE CINEMA A TEXAS INSTRUMENTS TECHNOLOGY
College Student's Discount 6
 with valid I.D. every day
 Carmike Cinemas
 VISA AND MASTERCARD ACCEPTED INTRODUCING THE ALL STADIUM SEATING
MORGANTOWN MALL 12
 MORGANTOWN MALL • 983-6868
 LATE SHOWS EVERY FRIDAY NIGHT.

FLYBOYS PG13	DLP	12:45-3:45	7:00-9:50
THE GUARDIAN PG13	DLP	1:00-4:00	7:50-10:00
JACKASS 2 R	DLP	1:15-3:20	6:25-7:30-9:35
OPEN SEASON PG	DLP	1:15-3:20	6:25-7:30-9:35
SCHOOL FOR SCOUNDRELS PG13		1:30-4:15	7:00-9:30
LITTLE MISS SUNSHINE R		1:15-4:10	7:10-9:30
ALL THE KING'S MEN PG13	DLP	1:15-4:15	7:00-9:40
EVERYONE'S HERO G		1:00-3:05	6:15-7:20-9:30
BLACK DAHLIA R		1:00-4:00	7:00-9:35
GRIDIRON GANG PG13	DLP	1:10-4:10	7:00-9:40
ACCEPTED PG13		12:30-6:00	9:20
THE PROTECTOR R			2:40-7:30
THE COVENANT PG13			7:15-9:30
BARNYARD G		12:30-3:40	6:45

 ■ ALL MOVIES ARE G-13
 ■ ALL SHOWINGS INCLUDE PRE-FEATURE CONTENT ■ www.carmike.com

■ EASTON-AVERY Senior Citizens meet at 11:30 a.m. Tuesday at Avery United Methodist Church. Covered-dish luncheon, short business meeting and Teddy Bear program. Bring a covered dish to share.
 ■ CANYON Senior Citizens meet at 1 p.m. Thursday at Canyon Community Presbyterian Church. Covered-dish dinner, fellowship, and honoring seniors with October birthdays. Bring a covered dish to share.
 ■ SABRATON Young At Heart Senior Citizens meet at 10:30 a.m. Tuesday at Sabra Baptist Church to travel to "The Cross" at Jomonville, Pa., with lunch on the road. Sign up at the church.

Also for seniors

■ Local Community Action Program activities include several for seniors: emergency assistance with utility terminations and rent evictions; weatherization; a loan program for emergency home repair; and a garden program. The office is at 238 High St., the old senior center building. Info: 291-6795.
 ■ Appalachian Lifelong Learners (ALL), at the WVU Center on Aging, invites members and non-members to join a "Chat 'n Chew" get-together at 9 a.m. Monday at Shoney's, Monongahela Boulevard. Designed for those who enjoy taking part in good conversation; order from the menu.
 ■ Comic Opera: Trip to "The Sorcerer" at Benedictine Convent in Perrysville, Pa., on Oct. 15. Tickets are \$30, includes transportation. Departure time is 10:15 a.m. at the Coliseum Blue Gate, lunch is not included but will stop for lunch at The Red Lobster. Call 293-1793 to make reservations. Tickets will be given out at the theater. Trip sponsored by ALL at WVU.
 ■ October Food Share registration is open until Monday, Oct. 9. Open to everyone, no income guidelines. Pay \$17 plus tax for food unit valued at \$30-\$35. Other packages available as well. Register or info: Goldie McCartney, 291-0597.

Preston County Senior Citizens

■ Preston County Senior Citizens serves meals Monday, Tuesday, Thursday and Friday at Terra Alta Senior Center, Washington Avenue; Rowlesburg Senior Center, Poplar Street; Newburg Senior Center; Masontown Senior Center; North Preston Senior Center; Tunnelton Senior Center; and Preston County Senior Center at 421 1/2 E. Main St., Kingwood.
 Donations accepted for daily meals. The nutrition sites are designed for use by people ages 60 and older. Funding is provided by the Older Americans Act through

Marion menu

MONDAY: Hamburger with lettuce, tomato, corn, barbecue chips, fruit cocktail.
TUESDAY: Rigatoni with meat sauce, peas and carrots, chunky applesauce.
WEDNESDAY: Barbecue chicken, parsley rice, Capri vegetables.
THURSDAY: Ham/potato au gratin, green beans, pineapple tidbits.
FRIDAY: "Boot Scootin' BBQ" at North Marion Center, lunch served at noon, chicken, kielbasa, corn on the cob, baked beans, cole slaw, dessert. \$5 per person.
INFO: 366-8779.

the state Bureau of Senior Services, Upper Potomac Area Agency on Aging and the Division of Public Transit.

■ Nutrition van schedule:
 MONDAY: Newburg, Rowlesburg, Terra Alta, Tunnelton.
 TUESDAY: Kingwood, Newburg, North Preston, Rowlesburg, Terra Alta, Tunnelton, Valley.
 WEDNESDAY: Kingwood and Union District shopping.
 THURSDAY: Kingwood, North Preston, Rowlesburg, Terra Alta, Valley.
 FRIDAY: Newburg, Tunnelton, Valley.
 ■ Grocery shopping van: To ride the van, contact your local senior center.
 ■ Senior club meetings: Tuesday, North Preston; Thursday, Rowlesburg; Friday, Newburg.
 ■ Services available through

Preston County Senior Citizens include medical escort, in-home care, personal care, employment, health screenings, home-delivered meals and several other support services. Ensure Plus is available in several flavors for \$20 per case to anyone, regardless of age. Anyone 60 and older interested in services should call 329-0464 or (800) 661-7556. We will provide you with quality services to meet your needs.

■ Buckwheat Express Service, operated by Preston County Senior Citizens, provides public transportation Monday-Friday on scheduled routes from Kingwood to Morgantown and Kingwood to Terra Alta; mid-morning transportation available Monday, Tuesday, Thursday and Friday to Bruceton Mills, Newburg, Rowlesburg and Tunnelton. Info: TDD 329-0464 or (800) 661-7556.

Marion County Senior Citizens

■ Marion County Senior Citizens nutrition program is partially funded by the state Bureau of Senior Services, Northwestern Area Agency on Aging, under Title III of the Older Americans Act, and by donations. Participants age 60 and older may donate for lunches according to a suggested scale based on

WARNER THEATRE
 Cars M-F: 5:10
 G S,S: 1:00, 5:10
 Talladega Nights: M-F: 7:25, 9:25
 S,S: 3:10, 7:25, 9:25
 The Ballad of Rick Bobby PG13 M-F: 5:10, 7:10, 9:10
 S,S: 1:10, 3:10, 5:10, 7:10, 9:10
 The Illusionist PG13 M-F: 5:15, 7:00, 9:00
 S,S: 1:15, 3:15, 5:15, 7:00, 9:00
 Brothers of the Head R M-F: 5:15, 7:00, 9:00
 S,S: 1:15, 3:15, 5:15, 7:00, 9:00
All Shows - All Ages \$4.00 !!
 Movieline: (304) 291-3939, 147 High St.
 www.thewarnertheatre.com

wine auction 2006
 Join us, Friday, October 6th, 7:30PM at the Historic Clarion Hotel Morgan Morgantown, West Virginia
 Thomas A. Wade, Auctioneer
 Expect more wine, more art and more fun!
 For ticket information contact Arts Monongahela at (304) 291-6720 or go to www.artsmon.org.
 Premier Sponsor BB&T
 Also sponsored in part by Historic Clarion Hotel Morgan Blaine Turner Advertising

THE Torray Symphony Series
 PITTSBURGH SYMPHONY ORCHESTRA AT West Virginia University
Marvin's Fabulous 50s
 "Smoke Gets In Your Eyes"
 "Only You"
 "Twilight Time"
 Marvin HAMLISCH, CONDUCTOR • The 21st Century Platters
Tuesday • October 17 • 8:00PM
 AT THE LYEEL B. CLAY CONCERT THEATRE IN MORGANTOWN, WV
 If you love doo-wop and R&B, then you'll love The 21st Century Platters! A tribute to The Platters and other groups of the 50's. The 21st Century Platters bring you beloved hits including "Only You," "The Great Pretender," "Smoke Gets In Your Eyes," "Twilight Time" and more!
Call 800.743.8560 pittsburghsymphony.org
 Groups of 10+ call 412.392.4819
 \$12 Student Rush tickets available one hour prior to the concert.
 This concert will be held at the Lyeel B. Clay Concert Theatre, located in the newly renovated Creative Arts Center on the WVU Evansdale Campus.
 Title sponsor **Robert and Nancy Torray** Additional support from William and Louie Canady in memory of Valerie

DIVISION OF THEATRE AND DANCE
 College of Creative Arts
 West Virginia University
September 27-30 and October 3-7 at 7:30 p.m.
October 1 and 8 at 2:00 p.m.
Gladys G. Davis Theatre Creative Arts Center
For Information and Tickets: 304.293.SHOW
or at the WVU Creative Arts Center or Mountainlair Box Offices
West Virginia University

A FLEA IN HER EAR
 by Georges Feydeau

income.
 Lunch is served noon-1 p.m. Monday-Friday at Fairmont, Mannington and Fairview senior centers. Lunch is \$3 for people age 60 and under. An all-you-can-eat salad bar is available for a donation of 50 cents. For home-delivered lunches: Marlene, nutrition coordinator, 366-8779 Ext. 20.
 ■ Visit our Web site, www.marionseniors.org.

Fairmont Senior Center

■ 105 Maplewood Drive, Fairmont. Phone: 366-8779.
 ■ The schedule:
 MONDAY: Fairmont area seniors lunch at the Fairmont Center. Transport: 366-8779.
 TUESDAY: Carolina, Monongah and Idamay area seniors go to the Fairmont center for lunch and shopping. Transport: 366-8779.
 WEDNESDAY: 10 a.m., Marion Songbirds rehearse; 4:15 p.m., yoga classes upstairs, \$5 per person.
 THURSDAY: Noon, lunch.
 FRIDAY: Fairmont, Fairview and Grant Town area seniors go to the Fairmont Center for the annual "Boot Scootin' BBQ." Transport: 366-8779.

Fairview Senior Center

■ 404 Main St., Fairview. Phone: 449-2235.
 ■ Air-conditioned exercise room, cards, puzzles and table games are available daily. Exercise room available to those over 18 for a \$1 donation.
 ■ Lunch is served from noon-1 p.m. Monday-Friday.
 ■ The schedule:
 MONDAY: 1 p.m., Bible study with Randy Vincent; 5 p.m., TOPS Club meeting.
 TUESDAY: 10:30 a.m. Low-impact stretch exercises in the dining room.
 WEDNESDAY: 1 p.m., bingo, \$2 per person, prizes.
 THURSDAY: 2-7 p.m., Fall Festival with entertainment, prizes, health information. 6 p.m., Food served.
 FRIDAY: Fairmont area seniors transported to North Marion Center for the annual "Boot Scootin' BBQ." For bus schedule: 449-2235.

North Marion Senior Center

■ 1 Senior Drive, Mannington. Phone: 986-1792;
 ■ Air-conditioned exercise room, cards, puzzles and table games available daily. Exercise room available to those over 18 for a \$1 donation.
 ■ The schedule:
 MONDAY-FRIDAY: Noon-1 p.m., lunch.
 MONDAY: 11 a.m., Free bingo in the dining room, fall prizes; 11 a.m., free blood pressure clinic at Red Dot Pharmacy with Shelly; 6 p.m. TOPS Club weigh-in and meeting.

TUESDAY: 3-5 p.m., Belles and Gents rehearse; 6-8 p.m. Cancer support group meets.
 WEDNESDAY: Plum Run area seniors travel to Farmington Mini Center; seniors in Joetown, Logansport, Rachel, Farmington, Mannington and Plum Run lunch at North Marion Center. Transport: 366-8779; 10 a.m., Help Yourself classes with Rebecca Hill.

THURSDAY: 1-8 p.m., basket classes with Helen Efav. To register: 835-1143; 3-5 p.m., Belles and Gents rehearse; 4-8 p.m. quilt workshop with Pauline Eshelman.
 FRIDAY: Rachel, Farmington, Idamay, Mannington and Carolina area seniors lunch at North Marion Center; transport: 366-8779. Plum Run area seniors travel to the Farmington Mini Center.
 ALL SENIORS are invited to the "Boot Scootin' BBQ" at North Marion Center, Mannington. Bus transportation: 986-1792, 449-2235 or 366-8779. Games, prizes, foot and entertainment by Donnie Leonard and the Countrymen.

WANDA MAYFIELD contributed to the senior activities round-up, which was compiled by Evelyn Ryan, a staff member at *The Dominion Post*.

HEALTHY READING!
 The Dominion Post is provided to the patients of WVU Hospitals compliments of:
 West Virginia University Hospitals
 HEALTH PLAN
 Em-media, inc.
 THE DOMINION Post

Disaster preparedness for those with special needs

BEING PREPARED FOR EMERGENCIES can reduce the fear, panic and inconvenience that surrounds a disaster. For those individuals who have special needs — the elderly, infants, the disabled — an emergency situation can cause extra stress for the victim as well as their family. Here are a few steps that can be taken to help get you and your loved ones be prepared for the next emergency situation:

1. Check for hazards in the home. During and right after a disaster, ordinary items in the home can cause injury or damage. Anything that can move, fall, break or cause fire is a home hazard. Check for items such as bookcases, hanging pictures or overhead lights that could fall in an earthquake or a flood and block an escape path.
2. Be ready to evacuate. Have a plan for getting out of your home or building — ask your family or friends for assistance, if necessary. Also, plan two evacuation routes because some roads may be closed or blocked in a disaster.
3. Have disaster supplies on hand — a flashlight with extra batteries, portable, battery-operated

radio and extra batteries, first-aid kit and manual, emergency food and water, nonelectric can opener, essential medicines, cash and credit cards, and sturdy shoes.

4. Maintain a list of the following important items and store it with the emergency supplies. Give a copy to another family member and a friend or neighbor.
 - Special equipment and supplies — i.e. hearing-aid batteries, current prescriptions names and dosages, names, addresses, and telephone numbers of doctors and pharmacist, and detailed information about the specifications of your medication regime.
5. Create a self-help network of relatives, friends or co-workers to assist in an emergency. If you think you may need assistance in a disaster, discuss your

disability with relatives, friends and co-workers, and ask for their help. For example, if you need help moving or require special arrangements to receive emergency messages, make a plan with friends. Make sure they know where you keep emergency supplies. Give a key to a neighbor or friend who may be able to assist you in a disaster.

6. Contact our office now. In preparing our community for any disaster that may hit, we need to maintain a register of people with disabilities so they can be located and assisted quickly in a disaster.
7. If you have a severe speech, language or hearing disability: When you dial 911, tap the space bar to indicate TDD call, store a writing pad and pencils to communicate with others, keep a flash-

light handy to signal whereabouts to other people and for illumination to aid in communication, remind friends that you cannot completely hear warnings or emergency instructions, ask them to be your source of emergency information as it comes over their radio, if you have a hearing-ear dog, be aware that the dog may become confused or disoriented in an emergency, store extra food, water and supplies for your dog.

The Monongalia County Health Department, along with the Monongalia County Office of Emergency Management and *The Dominion Post*, is participating in National Preparedness Month during September.

For more information on disaster preparedness, contact the Monongalia County Office of Emergency Management at 598-0901 or visit our Web site at www.moncooem.org.

SHELLEY C. MARTIN is a public health educator of the Monongalia County Health Department. Info: ShelleyMartin@wvdhhr.org, call (304) 598-5149 or fax (304) 225-2565.

WVU hosts 32nd annual family medicine conference Oct. 12

Submitted to The Dominion Post

The WVU department of family medicine and the WVU Office of Continuing Education will host the 32nd Annual Hal Wanger Family Medicine Conference on Oct. 12-14 at the Robert C. Byrd Health Sciences Center.

This three-day workshop will present an array of lectures on a variety of topics of interest to the family physician and other health care providers.

Presenters include 22 faculty from various departments within the WVU School of Medicine representing behavioral medicine and psychiatry, family medicine, hematology/oncology, medicine, neurology, orthopaedics, otolaryngology, pediatrics and surgery.

Visiting professor of medicine Dr. Emil J. Bardana Jr. from Oregon Health and Science University will make a Medicine Grand Rounds presentation, "Occupational Asthma and Vocal Cord Dysfunction."

Schedules for each day of the conference are available at ce.wvu.edu. Registration begins at 8 a.m. Oct. 12.

The cost of the full conference is \$225 for physicians and \$175 for other health care professionals, if paid before Oct. 5.

Those not wanting to participate in the full conference can attend select days for a lower cost. Course fees include conference materials, continental breakfasts and cafeteria passes.

Continuing education credit is available to physicians for a maximum of 17.5 credit hours and 21.1 contact hours for nurses.

Info: the Office of Continuing Education, 293-3937 or ce.wvu.edu.

The cost of the full conference is \$225 for physicians and \$175 for other health care professionals, if paid before Oct. 5.

Those not wanting to participate in the full conference can attend select days for a lower cost. Course fees include conference materials, continental breakfasts and cafeteria passes.

Continuing education credit is available to physicians for a maximum of 17.5 credit hours and 21.1 contact hours for nurses.

Info: the Office of Continuing Education, 293-3937 or ce.wvu.edu.

MONONGALIA COUNTY HEALTH DEPARTMENT

THE HEALTH DEPARTMENT is located at 453 Van Voorhis Road, Morgantown. For information, 598-5100.

HEALTH EDUCATION SERVICES provides presentations to community groups about services available at the health department as well as current public health issues. Info: 598-5149 to schedule a presenter.

HEALTH PROMOTION SERVICES provides personnel training, manager's training and the food worker's course. Offsite food worker's courses are available for groups of 25 or more on a fee-for-services basis. Info: the MCHD Training hotline, 598-6702.

PUBLIC HEALTH TRAININGS a variety of public health trainings, such as proper hand washing. Info: 598-5138.

BREAST AND CERVICAL CANCER SCREENING CLINIC available for women age 25 through 64 who do not desire a method of birth control. Info: 598-5105.

EMERGENCY CONTRACEPTION available for women who had unprotected intercourse within the past 72 hours and do not desire pregnancy. Info: 598-5105.

FAMILY PLANNING CLINIC available to any woman of childbearing age requesting a method of birth control. Info: 598-5105.

HIV TESTING free anonymous or confidential HIV testing. Info: 598-5119.

IMMUNIZATION CLINIC available to the uninsured, underinsured (those whose insurance does not cover immunizations) and adults. Info: 598-5119.

PEDIATRIC CLINIC available to children under age 21. Well-child visits, sports physicals, camp physicals, head start/early childhood physicals. Info: 598-5119.

PREGNANCY TESTING twice per week, referrals and counseling given. Info for times and dates: 598-5119.

SEXUALLY TRANSMITTED DISEASE (STD) CLINIC free of

charge. STD testing and treatment is available. Info for an appointment: 598-5119.

TUBERCULOSIS (TB) PROGRAM available to Monongalia County residents only. Medicines free to active TB cases or positive PPD reactors (with physician's order/referral). Info: 598-5110.

HOME HEALTH CARE SERVICES: Health care for persons living at home with an illness, injury or disability. Services provided in the home include skilled nursing, psychiatric nursing, physical therapy, occupational therapy, speech therapy and nutritional services. Medical social worker and home-care-aide services are also available. Info: 598-5151.

ENVIRONMENTAL HEALTH SERVICES office hours are 8:30 a.m.-4:30 p.m. Monday-Friday. Info: 598-5131.

WIC MONONGALIA COUNTY women, infants and children program provides food and nutrition education to pregnant, breastfeeding and postpartum women, infants and children up to five years of age. Office hours are 8:30 a.m.-4:30 p.m. Monday-Friday. Info: 598-5181.

WIC PRESTON COUNTY women infants and children program provides food and nutrition education to pregnant, breastfeeding and postpartum women, infants and children up to five years of age. Office hours are 8:30 a.m.-4:30 p.m. Monday-Friday. Info: 329-1957.

MATERNAL CHILD SERVICES is a statewide program that is available to pregnant women who have a Medicaid card or an OMCFH card. The program is also available for infants under 1-year-old with a Medicaid card. Registered nurses and medical social workers provide education and referrals for community agencies as needed. Transportation assistance to medical appointments is available to those in need. Info: 598-5162.

HEALTHY START HAPI WV Healthy Start HAPI Project Prenatal

Services are provided for current Maternal Child clients. Services include screenings and referral services for depression and family stress. Oral health services provided through the MCHD dental clinic include dental care education, dental screening and cleaning, and oral health education. Info: 598-5162.

HEALTHY START HAPI POST PARTUM WV Healthy Start HAPI Post Partum Services include 24 monthly contacts with education covering maternal, infant/child health, family and relationship, and goal-setting skills. Screenings covering depression and family stress are done periodically. Services needed are provided for by the HAPI project. Info: 598-5162.

DENTAL CLINIC, General dentistry for WV residents under age 19. WV Medicaid, CHIP and most dental insurances are accepted. A sliding fee scale is available for all patients. Info for an appointment: 598-5108.

ORAL HEALTH EDUCATION SERVICES, the oral-health educator is available to do oral health presentations in Monongalia County Schools, day cares and community agencies. Info: 598-5100.

FOR INFORMATION on the above programs offered in Monongalia County, 598-5100 from 8:30 a.m.-4:30 p.m. Monday-Friday.

HEALTH DEPARTMENT SCHEDULE Monday-Friday:

MONDAY, dental clinic for children and teenagers, 8:30 a.m.-4:30 p.m., by appointment only, 598-5108; family planning clinic, 11:15 a.m.-2:30 p.m., by appointment only, 598-5105.

TUESDAY, dental clinic for children and teenagers, 8:30 a.m.-4:30 p.m., appointment only, 598-5108; pregnancy testing

8:30-4:30 a.m., no appointment necessary.

WEDNESDAY, dental clinic for children and teenagers 8:30-4:30 p.m. by appointment only, 598-5108; family planning clinic 11:15-2:30 p.m., by appointment only, 598-5105.

THURSDAY, dental clinic for children and teenagers 8:30-4:30 p.m. by appointment only, 598-5108; sexually transmitted disease clinic from 12:30-3 p.m., by appointment only, 598-5119.

FRIDAY, dental clinic for children and teenagers from 8:30-4:30 p.m., by appointment only, 598-5108; pregnancy testing from 1-3:30 p.m., no appointment necessary.

HEALTH PROMOTION SERVICES: food handlers training course is from 10-11:15 a.m., 2-3:15 p.m., and 7-8:15 p.m., the second Tuesday of the month. Off-site courses are available for groups of 25 or more on a fee-for-service basis. PIC and manager's training on alternating months, 598-5131, tberton@monchd.org or www.monchd.org.

OFFSITE FOOD WORKER'S COURSES are available for groups of 25 or more on a fee-for-service basis. Info: 598-5138 or 598-5130 or www.monchd.org. Training hotline, 598-6702.

FOOD WORKER'S TRAINING CLASS SCHEDULE, 10 a.m., 2 p.m. and 7 p.m., Oct. 10, Nov. 14, and Dec. 12; 7 p.m. only, Oct. 24. Cost is \$10 for a one-year card or \$30 dollars for a three-year card. You must present a current one-year card to obtain a three-year card. Classes are one hour and 15 minutes with registration/payment 15 minutes prior to class.

FOOD WORKER'S TRAINING CLASS SCHEDULE, 10 a.m., 2 p.m. and 7 p.m., Oct. 10,

Nov. 14, and Dec. 12; 7 p.m. only, Oct. 24. Cost is \$10 for a one-year card or \$30 dollars for a three-year card. You must present a current one-year card to obtain a three-year card. Classes are one hour and 15 minutes with registration/payment 15 minutes prior to class.

PERSON IN CHARGE (PIC) TRAINING, 9 a.m.-1 p.m., Oct. 16 and Dec. 11. Registration fee is \$30 per person with materials provided. Participants will receive a one year food worker's card and must complete a quiz/worksheet to receive their PIC Card. Info: 598-5138 or Terri Berton, terriberton@wvdhhr.org to register. Class size is limited.

MANAGER'S TRAINING, 9 a.m.-4:30 p.m. each day, Oct. 30-31, and Dec. 4-5. Registration fee is \$125 per person with training materials provided. Payment must be made to guarantee placement. Class size is limited. Food worker's cards valid for three years will be issued. Participants must pass a test to receive a certificate. Info: 598-5138 or Terri Berton, terriberton@wvdhhr.org.

MANAGER'S TEST, 10-11 a.m. and 2-3 p.m., Oct. 11, Nov. 8, Dec. 13. For those with extensive knowledge on food safety and the WV Food Code Regulation, \$50 per person. The Food Manager's Training

Manual may be purchased as a study guide for an additional \$25. Anyone failing the test may: Retest on the next available test day for an additional \$50; attend the next scheduled Manager's Training Course for \$125 if the Manual was not purchased; or attend the next scheduled Manager's Training Course for \$100 if the Manual was purchased.

HIV TESTING: free anonymous or confidential HIV testing now available, 598-5119.

HOME HEALTH CARE SERVICES: daily home care for persons living at home with an illness, injury or disability. Nursing, physical therapy, occupational therapy, speech therapy, nutritional services. Medical social worker and home health aide services available, 598-5151.

ENVIRONMENTAL HEALTH SERVICES: Office hours are 8:30 a.m.-4:30 p.m. Monday-Friday, 598-5131.

WIC-MONONGALIA COUNTY: Office hours are 8:30 a.m.-4:30 p.m. Monday-Friday, 598-5181.

WIC-PRESTON COUNTY: Office hours are 8:30 a.m.-4:30 p.m., Monday-Friday, 329-1957.

FOR INFORMATION on the above programs offered in Monongalia County, 598-5162, from 8:30 a.m.-4:30 p.m. Monday through Friday.

 www.thebrowniehouse.com

"THE HILLBILLY WAY" • "MR. RIGHT NOW" • THE OFFICIAL BAND OF THE PITTSBURGH STEELERS

Poverty Neck HILLBILLIES

with special guest

SATURDAY, OCT 21 • 8:30PM

MOUNTAINLAIR BALLROOMS

Arts & Entertainment West Virginia University

Mountainlair and CAC Box Offices 304.293.SHOW • events.wvu.edu ticketmaster.com • 304.292.0220

YOU CAN STOP OF STOP

The Sale!

Equitable Resources is attempting to purchase Dominion Hope Gas Company.

Equitable will be buying up one of its biggest competitors, thus effectively stifling the competition and becoming the 2nd largest Natural Gas Distribution Company in all of West Virginia.

Dedicated Hope Gas Employees have provided you with quick and friendly service for years. Few questions are being answered as to how those customer services will be handled if the sale is approved.

Equitable Resources CEO made \$50,000,000 last year. Do you think the price you're paying for Natural Gas will go up? You betcha! Someone has to pay for his extravagant lifestyle.

You're probably asking yourself, "So what can I do?" Well, let me tell you:

Attend the public meetings and go on record in opposition of the sale.

Contact your elected officials and the WV Public Service Commission-Consumer Advocate Division (304-340-0424), and **URGE THEM TO STAND UP ON BIG BUSINESS AND FIGHT THE SALE!** Simply log on to : StopDominionSale.com to send them a letter via e-mail or to get your Governor, State Senator and State of House of Representative's phone numbers.

YOU CAN MAKE A DIFFERENCE!!!

Submitted by: Executive Board United Gas Workers Union, Local 69 UWUA, AFL-CIO, CLC

FREE SECURITY SURVEY

SSA SECURITY SERVICES

Contact SSA Security Services for a FREE security survey. Our customers will tell you that we provide a level personalized service that for many alarm customers today is just a distant memory.

Security from a name you can trust - SSA

- Choice for Home or Business Security
- CCTV Surveillance Systems
- Access Control Systems
- Low Cost Monitoring Fee

Upgrade your old system with the latest technology and life safety.

304-292-5030

OVER 30 YEARS EXPERIENCE

WV Lic. #WV033055

Authentic Mexican Food

Buy One Lunch or Dinner and Get \$2.00 Off 2nd One

Any Day • Any Night at Rio Grande

Expires 10/7/06 - Good Only At Rio Grande - Must Present Ad

Rio Grande #3

Rt. 7 Sabraton Plaza ~ On Rt. 7 East

292-0162

Fall colors emerge in the state

The Dominion Post

Autumn has arrived in the Mountain State and with it comes the anticipation of seeing some of the most plentiful fall foliage in the nation.

Although anticipation of brilliant fall color is high, most of the state's foliage currently is only in the beginning stage of transition. Here are some of the best spots this week to see:

The higher elevations of Grant, Pendleton and Tucker counties have the most color change with foliage ranging between 25 and 40 percent peak. Mount Storm and Dolly Sods in Grant County are showing some color, as is Spruce Knob in Pendleton County. In Tucker County, the higher elevations are close to 45 percent peak foliage with reds mostly showing through the otherwise green landscape.

In Pocahontas and Randolph counties the higher elevations are at 25 percent peak color, and maple, birch, and poplar leaves are changing quickly. Foliage along the Scenic Highway in Pocahontas County is developing its traditionally spectacular fall hues.

Foliage in Hardy County ranges between 15 and 25 percent peak. Old Route 55 from Wardensville to Baker is the recommended drive for that county.

Sycamore, poplar and maple trees are starting to take on color along the New River in Summers County, although color is presently only near 15 percent peak.

The Division of Forestry will provide fall foliage reports throughout the month of October.

Turning over a new leaf

Why leaves change colors: Each fall, leaves turn breathtaking shades of orange, purple, red, yellow and brown in a fantastic show of nature's glory. But why do leaves change color? Although Jack Frost gets most of the credit, the scientific reason for our beautiful fall foliage is a process called photoperiodism. As the sun moves further south, the hours of daylight shorten and the temperatures fall. This causes leaves to cease production of chlorophyll, the chemical that colors leaves green. As the chlorophyll disappears, the underlying colors of the leaves are unmasked. The next strongest pigment becomes dominant, giving the leaves a "new" color.



Patty and Tim Dalton, of Reedsville, are served buckwheat cakes by Julia Anderson, 12, a volunteer with 4-H, during the Buckwheat Festival in Kingwood on Saturday afternoon.



Todd Flint/The Dominion Post Photos

Buckwheat continues through today

Brianna Nestor (left), 3, of Bruceon Mills, pets a cow in the livestock display during the Buckwheat Festival on Saturday afternoon in Kingwood. The Preston High School Marching Band (above) signified the end of the Buckwheat Festival parade Saturday afternoon in Kingwood.

ACRYLIC BATH LINERS & WALLS

Old & Outdated to **BRIGHT & BEAUTIFUL** in just **ONE DAY!**



Also
•Countertops Refinishing
•Fiberglass Tub Refinishing
•Fiberglass Tub Repair

Call us for a FREE home estimate or visit our showroom at 700 Morgantown Ave. Fairmont, WV 26554 • www.kitchenbathrx.com

Kitchen & Bath Rx
(304) 366-3665

Different strokes for different folks, Page 1-G.

HARRY'S CUSTOM SLAUGHTERING

Grain Fed Freezer Beef • No Hormone or Implants
Half & Quarters • Whole & Half Hog Available With
Curing & Smoking Of Hams & Bacon Cut Wrap & Freezing
Freezer Beef Available, Roasting Hog,
Cooking & Delivery Available
724-564-0202

LIEAP applications accepted

The Dominion Post

The West Virginia Department of Health and Human Resources will accept applications from the public for LIEAP beginning Dec. 4 and ending Dec. 15. Those who received LIEAP in 2005 will receive applications by mail in October. The LIEAP program will allow households to obtain assistance with home heating before the start of winter weather increases demand and shortens supply of some fuels, such as wood.

Applications may be picked up and dropped off at local DHHR offices, Community Action agencies, or senior centers operated by any area agency on aging. Applications will also be available, wvroads.org, beginning Dec. 4 and ending Dec. 15. The application must be printed and mailed to the DHHR office located in the applicant's county of residence.

Mailing the application to any other office or to a utility may delay receipt of the application by DHHR or prohibit processing of the appli-

cation. In situations where a heating emergency exists, applicants must be seen by a DHHR worker.

Eligibility for LIEAP benefits is based on income and household size. Income must be below 130 percent of the federal poverty guideline for the household size.

All applications, whether mailed or dropped off, must be received by DHHR or postmarked by Dec. 15. Applications received after this date will be denied. The program is limited to the amount of federal funding allocated to West Virginia under the LIEAP Block Grant.

Many counties are already experiencing a shortage of vendors available for some types of bulk fuel, especially wood and coal. Anyone interested in becoming a bulk fuel vendor for LIEAP should contact the local DHHR office to obtain a LIEAP Fuel Supplier Agreement and register as a vendor. Information concerning LIEAP vendors is not used for any other program and is not shared with any other agency.

"It's Your Turn" Classes Forming Now

Beginning/Advanced Keyboarding	MTEC	10/23-12/18 M/W 6:00-9:00	Lopez	84.00
Computers for Seniors (50 and over)	MTEC	10/25-12/20 W 3:30-5:30	Jett	FREE
Beginning Electricity (T)	MTEC	10/23-12/18 M/W 6:00-9:00	Oliver	94.00
Journeyman's Preparation (T)	MTEC	10/24-12/19 T/TH 6:00-9:20	Ice	99.00
Welding I	MTEC	10/23-12/18 M/W 6:00-9:15	Pavo.	150.00
Intermediate Cake Decorating W	SM	10/25-11/8 6:00-8:00	DeVaul	25.00
Beginning Tole Painting	CL	10/10-11/28 T 6:30-8:30	Hess	35.00
Christmas Ceramics	SAB	11/8-12/6 W 6:00-9:00	Albert.	65.00
A.M. Christmas Ceramics	SAB	11/6-12/4 M 9:00-12:00	Albert.	65.00
Aerobics	SAB	11/6-12/21 M/W 4:30-5:30 TH 6:00-7:00	Sadlek	40.00
Aerobics	SAB	11/6-12/20 M/W 4:30-5:30	Sadlek	30.00
Aerobics	SAB	11/7-12/21 T/TH 6:00-7:00	Sadlek	30.00
Pilates Class	SAB	11/7-12/21 T/TH 5:00-6:00	Sadlek	30.00
Beginning Retirement Planning	SM	10/11-11/1 W 6:00-7:30	Staff	30.00
Beginning Astronomy	SM	10/11-11/15 W 6:00-8:00	Simard	30.00

Registration accepted at Monongalia County Technical Education Center, 1000 Mississippi Street, Morgantown, 291-9243. Registration times: Monday-Thursday 1:00-7:00 and Friday 8:30-2:00



"LUSCIOUS ELTON JOHN MELODIES."
- TIME MAGAZINE

BIG LEAGUE THEATRICALS, INC. PRESENTS
ELTON JOHN & TIM RICE'S AIDA
THE TIMELESS LOVE STORY
www.theaidatour.com

THIS WEDNESDAY • 7:30pm
WVU Creative Arts Center

Arts & Entertainment West Virginia University | Mountainlair and CAC Box Offices events.wvu.edu 293.SHOW ticketmaster.com 292.0220

Talk to the Paw Grooming

869 Greenbag Road
Morgantown, WV 26501
(304) 284-9729
Barbara Raber & Kerri Straight
GROOMERS
Where your pets are a family member, not a dollar sign.

POINT MANOR
Personal Care Home

POINT MANOR BUILDING
Senior Apartments

300 Union Street • Point Marion, PA
724-725-5533
Please call for rates or schedule a visit to our facility

WVU hosts a medicine conference

Submitted to The Dominion Post

The WVU department of family medicine and the WVU Office of Continuing Education will host the 32nd Annual Hal Wanger Family Medicine Conference on Oct. 12-14 at the Robert C. Byrd Health Sciences Center. This three-day workshop will present an array of lectures on a variety of topics of interest to the family physician and other health care providers.

Presenters include 22 faculty from various departments within the WVU School of Medicine representing behavioral medicine and psychiatry, family medicine, hematology/oncology, medicine, neurology, orthopaedics, otolaryngology, pediatrics and surgery.

Visiting professor of medicine Dr. Emil J. Bardana Jr. from Oregon Health and Science University will make a Medicine Grand Rounds presentation, "Occupational Asthma and Vocal Cord Dysfunction."

Schedules for each day of the conference are available at ce.wvu.edu. Registration begins at 8 a.m. Oct. 12.

The cost of the full conference is \$225 for physicians and \$175 for other health care professionals, if paid before Oct. 5. Those not wanting to participate in the full conference can attend select days for a lower cost. Course fees include conference materials, continental breakfasts and cafeteria passes.

Continuing education credit is available to physicians for a maximum of 17.5 credit hours and 21.1 contact hours for nurses.

Info: the Office of Continuing Education, 293-3937 or ce.wvu.edu.

WVU to host breast cancer events in Oct.

The Dominion Post

WVU will host a series of free events throughout October in observance of breast cancer awareness month, and mark the 10th anniversary of the Betty Puskar Breast Care Center and fifth anniversary of the Comprehensive Breast Care Program.

The free events include a clinical exam, special dinner and educational seminars led by cancer physicians, nurses and other health care experts.

Clinical breast exams will be offered from 5-8 p.m. Monday at no charge in the Cancer Center clinic. If a follow-up mammogram or ultrasound is warranted, breast imaging will be offered at the Breast Care Center, on a limited basis, that evening. Following the clinical breast exam, participants will be escorted to the Breast Care Center for a tour, instruction in breast self-exam and refreshments.

Advance registration is required, 598-4558.

The Betty Puskar Breast Care Center also provides education about prevention and early detection, along with several diagnostic services.

The annual Evening of Celebration dinner will be held Oct. 8 at Lakeview Resort. Nearly 500 breast-cancer survivors, their families and friends are anticipated to attend the annual event.

Info, or to register: 598-4558.

A variety of topics relating to breast cancer will be discussed during educational classes in the lobby of the Mary Babb Randolph Cancer Center. They are open to the public and will begin at 7 p.m. on the following days:

- Oct. 9, Genetic Risk and the West Virginia Breast and Cervical Cancer Screening Program.
- Oct. 16, Breast health and plastic surgery.
- Oct. 23, Breast cancer screening.
- Oct. 30, Obesity, and cancer and other surgical issues.

The Breast Care Center is actively working with the Comprehensive Breast Cancer Program at the Mary Babb Randolph Cancer Center. The program includes a variety of breast-cancer specialists who see each patient on the initial visit, and work together to develop and deliver the best possible treatment plan. It is the only comprehensive breast-cancer program in West Virginia and the surrounding region.

The program is the only one of its kind in West Virginia to offer genetic counseling for patients at high risk of developing breast cancer.

PROGRAM

FROM PAGE 1-B

The fire-safety programs include a puppet show and information about fire safety that could save a child's life.

City Fire Marshal Max Humphreys said topics such as how to call 911 and how to use a smoke detector will be covered.

The program also will go over how to tell the difference between a good fire and a bad fire, how to escape a house engulfed in flames, and how to stop, drop and roll, Humphreys said.

He said many local schools are bringing their children to the Met Theatre for the event, and that homeschooled children or others are invited to attend.

Reservations must be made by 4 p.m. Friday, and can be made by calling 284-7480.

Humphreys thanked the Met Theatre for allowing the fire department to use the space.

Mollohan in fight of his political life

POLITICS

Associated Press

CHARLESTON — West Virginia has a penchant for federal "pork," and Rep. Alan Mollohan has shoveled his share. In the last decade, the 12-term Democrat has earmarked an estimated \$480 million for his 20-county 1st Congressional District.

Such largesse has won Mollohan fans among his constituents. It also threatens to topple the veteran congressman, amid allegations that appropriations improperly benefited friends, former staffers, business associates — and ultimately his own campaign war chest.

At issue is at least \$202 million of that federal funding channeled by Mollohan since 1996 to five nonprofit groups created with his support, according to audits filed with the U.S. Office of Management and Budget.

Together, these groups have employed hundreds of district res-

idents, including Mollohan's friends and political allies. The congressman and his political action committee, Summit PAC, have received more than \$146,000 during that time from people affiliated with these nonprofits.

A review by The Associated Press shows that contributions from these nonprofit executives, staffers and board members amounted to less than 5 percent of the \$3.1 million Mollohan and Summit PAC raised. The AP also found that Mollohan is not the only member of Congress to establish a nonprofit and then find it federal funding.

The FBI subpoenaed financial records from Mollohan's nonprofits earlier this year, after the National Legal and Policy Center asked federal prosecutors to investigate Mollohan in April.

Last month, another Beltway-based group ranked Mollohan among the 20 members of Congress it considers "most corrupt." Citizens for Responsibility and Ethics in Washington also alleges that Mollohan improperly steered federal funds in exchange for campaign contributions from nonprofit staffers as well as from "jud-pro-quo going on there," said Melanie Sloan, the group's executive director. "You're not supposed to be appropriating for your friends."

Mollohan decries any suggestion linking campaign donations to the earmarks he's secured over the years.

"I'm extremely proud of each and every one of mine. I wear each of them as a badge of honor," Mollohan said. "These are funds that better the lives of my constituents." Since at least the 1990s, several

members of Congress have targeted issues in their districts with federal funds earmarked for nonprofits they helped create.

Reps. Anne Northup, R-Ky., and James Walsh, R-N.Y., each address housing problems through their own neighborhood initiatives. Walsh has earmarked \$48 million for his effort since 1999.

The Education and Research Consortium of the Western Carolinas, created and funded by Rep. Charles Taylor, R-N.C., aims to boost high-tech jobs in his region.

And Sen. Ted Stevens, R-Alaska, helped establish the quasi-government Denali Commission to direct funding to infrastructure and utility projects in his state. The former chairman of the Senate Appropriations Committee has earmarked at least \$75 million for this program in the last three years.

FIRES

FROM PAGE 1-B

what to do, Nolte said, can make the fire very bad, very quickly.

"Cooking fires are extremely dangerous because it's typical for people to panic," Nolte said.

You're heating vegetable oil on your stove, for example.

You put the stove on high and walk away for just a few minutes. When you come back, the pan is on fire.

What do you do? Nolte said most people would either: a) dump water on the pan; b) run the pan over to the sink; c) pour flour or sand on the fire; or d) douse it with a fire extinguisher. The correct action is none of the above, Nolte said.

The best thing to do is smother the fire by turning off the heat and covering the pan with a lid, she said.

Dumping water on the pan could throw flames outward, which could easily ignite a nearby potholder or kitchen towel, Nolte said. Running the pan to the sink also could spread flames to something else, the person could be burnt, or they could fall. Pouring flour or sand on the fire won't put out the flames, but give them something else to burn. Plus, Nolte said, some flour can explode. Dousing the fire with an extinguisher can just spread the flames elsewhere.

"People severely underestimate the power of fire every day and any firefighter can tell you how quickly a fire can spread," Nolte said. "People have minutes — sometimes seconds — to react."

The state fire marshal's office offered the following kitchen safety tips:

■ Stay in the kitchen while frying, grilling, broiling or boiling food. If you must leave, turn off the stove.

When simmering, baking or roasting food, check it frequently and stay nearby. Use a timer if you tend to forget about food in the oven.

■ When simmering, baking or roasting food, check it frequently and stay nearby. Use a timer if you tend to forget about food in the oven.

■ If you have young children, use the back burners as often as possible. Turn the handles of the pot away from the front of the stove and out of the reach of children and pets.

■ Watch clothing sleeves when cooking.

■ Keep potholders, oven mitts, wooden utensils, bags, towels and other flammable items

away from the stove.

■ Clean food and grease off burners and stovetops.

■ Monitor food cooking in your microwave.

■ Make sure children know how to properly use kitchen appliances and make sure they know how to properly extinguish a fire.

BRIEFS

The Dominion Post

Mon General hosts multiphasic blood analysis

Monongalia General Hospital, Cancer Awareness of Mon General and Rotary International will sponsor a multiphasic blood analysis from 7-10 a.m. Oct. 7 and 21. The 29 baseline blood screenings will be offered to walk-ins for \$40; \$15 additional for thyroid

stimulating hormone; and \$15 additional for prostate specific antigen.

Info, or for a registration form: the Mon General marketing department, 285-2730.

Preston chorus practice set

The Preston County Chorus, under the direction of Wayne Williams, will

begin rehearsals for the upcoming Christmas Concert at 7 p.m. Tuesdays, beginning Oct. 3, at the First United Methodist Church, Terra Alta.

The Christmas Concert will be at 7 p.m. Dec. 8 at the Wesley United Methodist Church in Kingwood and at 7 p.m. Dec. 10 at the First United Methodist Church in Terra Alta. Info: Williams, 789-6871 or any chorus member.

SMOKING

FROM PAGE 1-B

nonsmoker doesn't seem to be comfortable going into a smoking room," she said.

For example, the hotel nearly sold out this week — except for two smoking rooms. "We ended up not renting those two rooms, and they are always, it seems, our last rooms to sell," Filandino said.

Desk clerks at the Econo-Lodge on Commerce Drive in Westover and the Hampton Inn on Van Voorhis said they have smoking rooms.

At Quality Inn, 1400 Saratoga Ave., in Star City, there are 28 smoking rooms out of 141 total rooms, said Kelli Brown, front

office manager.

Two of their four buildings of guest rooms are completely nonsmoking, she said. And there are designated smoking floors in the other two buildings.

Residence Inn by Marriott on 1046 Willowdale Road doesn't have any smoking rooms among its 104 rooms, said Jack Mild, general manager.

The hotel opened in July — as a 100 percent nonsmoking hotel, he said.

Guests who smoke can use an outdoor patio with seating, he said. It's the same at Springhill Suites, Herron said.

"We have a patio area out back that they can smoke at," he said.

But that may change too, as Mar-

riott might consider banning smoking from that area as well, Herron said.

The company might leave that decision up to each hotel, he said.

Converting the smoking rooms wasn't easy, and took about two weeks. "We had to deep-clean the rooms, shampooing the carpet, wiping down every inch of the room with deodorizer cleaner and all fabrics had to be treated," Herron said.

They did two rooms at a time, and offered the eight nonsmoking rooms Monday, he said.

In general, Marriott hotels have until Oct. 16 to complete the conversion, but were able to do it sooner if possible, Herron said.

DEBT RELIEF
 George Hazlett, Esq. Thomas Hazlett, Esq.
HARPER & HAZLETT
 In Westover
 Please Call (304) 225-2400
 Payment Plan Available
 This law firm has been designated as a debt relief agency, helping people for relief under the Bankruptcy Code.

Rejuvenate Your Skin

— Botox®
 — Restylane®
 — Spider Vein Injections
 — Prescribed Solutions®
 — Laser Treatment for hair removal, acne, sun damage, age spots, and rosacea
 — Photo Facials
 — Treatment of fine lines and deep wrinkles

Coming Soon...
 Our New Day Spa!
 Facials and microdermabrasion
 All with a board-certified dermatologist!

Dermatology Center for Skin Health
 Michele Maouad, M.D.
 1189 Pineview Drive, Suite G2 • Morgantown, WV
 304-598-3888
 www.wvdermcenter.com

QUALITY DENTAL CARE FOR YOU
 and Your Family

Dr. Jennifer Burbridge-Howell, DDS
 Dr. Amy Everett, DDS

FREE Crest White Strips
 with a new patient exam, cleaning & x-ray

Call for your appointment **TODAY!**

2885 University Ave. Morgantown, WV 599-1234
 2 locations
 202 Tunnelton St. Kingwood, WV 329-1989
 most insurances accepted

Judels
 Formerly Judel Products

TENT & WAREHOUSE SALE

1st Ever Public Sale!
 1 WEEK ONLY!

October 4-11
 10:00am to 6:00pm

All Items Priced **80% Below Wholesale**

MOST ITEMS ARE \$2.00 OR LESS!

1000's of Discontinued Items
 Most Items Made in West Virginia
 Crystal, Cobalt Blue, Emerald Green, Amber Wine Glasses, Barware, Martini Glasses, Vases, Pitchers and **MUCH MORE!**

Most items have been supplied to 4 and 5 Star Hotels, Restaurants, and Bars

- Bulk Items for Restaurants, Bars, Clubs & Special Events
- You can have your logo printed on Bulk Glass orders!

Stop and See us when you're at the Apple butter festival.

18 Miles West of Clarksburg on Rt 50
 1 Mile off Downtown Salem Exit

Pa. voters asked to OK borrowing to aid Gulf War vets

Associated Press
 HARRISBURG, Pa. — Nearly 33,000 Pennsylvania veterans who participated in the Persian Gulf War may qualify for state combat "bonuses" of as much as \$525 each if voters approve a \$20 million bond issue that is on the Nov. 7 statewide ballot.

The payments, authorized by a law that lawmakers overwhelmingly approved and Gov. Ed Rendell signed with little fanfare in April, would be similar to previously authorized bonuses for veterans who served in or during wars dating back to the Spanish-American War in the late-1800s.

"Pennsylvania has had a history of providing a war/conflict bonus to resident veterans," said Rep. Jerry L. Nailor, R-Cumberland, a sponsor of the bill.

"I think it's important to reward all veterans equally," said another sponsor, Rep. Neal P. Goodman, D-Schuylkill.

While it has been overshadowed by this year's high-profile races for Congress, the governorship and the Legislature, the initiative remains a priority for major veterans' groups.

Richard Coccimiglio, an alternate member of the American Legion's national executive committee, said this is the first time in modern history that Pennsylvania has not provided bonuses for veterans connected to a war.

In 1992, by a margin of nearly 2-1, Pennsylvania voters rejected a \$25 million bond issue that would have compensated Gulf War veterans and provided money to build a veterans' memorial.



Todd Flint/The Dominion Post

Center for Chinese Business hosts pig roast

A pig roast was hosted by WVU's Center for Chinese Business on Saturday afternoon for a group of 12 business leaders from Beijing and Xian, China, and local business leaders. Steve Sears, dean of the College of Business and Economics (from back, left) and Bill Riley, director of the Center for Chinese Business, speak to Circuit Court Judge Tom Keadle (front left). Keadle accompanied his son Taylor Keadle (right), who was there to learn more about extending his business, Neer Vending, in China. Bill Trumbull (back right) is the director of the WVU Division of Economics and Finance. WVU's Center for Chinese Business is a part of China's Chinese Municipal Government Executive Education Program. The program was created to expose chinese leaders to western business and culture; these 12 leaders will be in West Virginia for six months while attending classes at WVU.

Farm Aid goes from saving farms to promoting health

Associated Press
 CAMDEN, N.J. — John Mellencamp never figured Farm Aid would still be needed now, 21 years after its debut as one of many examples in the 1980s of musicians trying to do good.

"We thought we'd have the concert and the government would change things," he said before taking stage at the nearly annual concert Saturday.

When Mellencamp, Willie Nelson and Neil Young founded the charity in 1985, they were mostly concerned with saving family farms, which were going out of business fast in a time when land values were falling and interest rates were soaring.

The mission has changed over the years. With the farm crisis in the past, the organization is mostly concerned now with connecting farmers and consumers. They talked as much Saturday about getting kids to eat fresh food as they did about keeping farms commercially viable.

"We started out trying to save the family farm," Nelson said, sitting among farmers. "Now, it looks like the family farm is going to save us." Over the years, Farm Aid has raised some \$29 million, which it uses to help farmers in crisis and support organizations with missions such as setting up farmers markets and encouraging farmers to go organic.

As for the concertgoers at the Tweeter Center, the farming may have been secondary to the music. Some donned faux Willie Nelson-style braids and plenty wore T-shirts proclaiming their favorite artist.

Hillary Aderman, from Cherry Hill, stopped by a table run by the Land Stewardship Project to sign a petition urging Congress to pass legislation next year that would help small farms.

"I came for the bands, but I support the cause," Aderman said.

The list of artists performing at the concert ranged from Southern rockers Gov't Mule to rock pioneer Jerry Lee Lewis to reggae stars Steel Pulse.

At this year's event — the farthest Farm Aid has ever gone into the heavily populated Northeast — a big emphasis was on teaching urbanites about where food comes from.

At a pre-concert news conference, Nelson and other musicians shared a stage with farmers and others trying to promote local food.

Tina Johnson is the founder of a grocery cooperative scheduled to open next year in the struggling community of Chester, Pa., just south of Philadelphia, a town that has not had a grocery store in 15 years.

"You ask a child where milk comes from, they'll tell you 'the store,' they won't tell you, 'a cow.'"

Organic beer, pork sandwiches straight from a family hog farm in Missouri, soy milk and information about how to go organic were among the many samplings on Saturday.

And for the first time this year, Farm Aid persuaded Aramark, the company that sells all the food at the Tweeter Center, to include some organic and local options.

Of all the lines for food, the one with those offerings was the longest. Some of the selections — such as a veggie burger and fish tacos — could become staples at non-Farm Aid events, too, said Ian Moran the district manager for Aramark.

Judy Rogers, wearing a Willie Nelson T-shirt, and her friend Toni Matlosz were trying the \$9 organic hamburgers there.

"I'm tired of those hot dogs and hamburgers," said Matlosz, gesturing to the regular amphitheater fare.

Rogers said it was Willie Nelson and Farm Aid who first inspired her to think about the value of local foods.

Bella Dogga
 DOGGIE DAYSPA & RESORT
**Planning a Vacation?
 Give Fido One Too!**
DayCare • Couture • Boarding & More!
www.belladoggaspa.com
 195 Old Cheat Road 225-3663

GUARD DOG STORAGE
RESERVE YOUR SPACE NOW!
 • Climate-Controlled and Regular Units, All Sizes
 • Competitive Prices
 • High-Level Security Features!
 195 Old Cheat Road, Bottom of Easton Hill, Right, then Left Next to Bella Dogga Dayspa & Resort
 Jennifer and Craig Alkire, Owners
304-225-9779

When it has to be Unique
John P. Kuehn
 FINE JEWELERS
 Custom Jewelry Design and Repairs Done on Premises
 Same Day Service Available
 Downtown Morgantown
296-9669
www.gemstargems.com



THERAPY SERVICES

"The Best In You Is Just Inside Our Doors"

October is Physical Therapy Month!

Wednesday, October 4th:
 Free Screenings, 8am-4pm

Tuesday, October 10th:
 Free Pilates Classes, 8am

Wednesday, October 18th:
 Free Feldenkrais, 12pm

Wednesday, October 25th:
 Free Infant Massage, 9am-12pm

Join our qualified therapists in one of our free classes!

Limited Class Size

Contact our office for more information at 599-9250.



BRIEFS

Preston High sets PSAT registration

Registration for the PSAT will begin Monday in the Preston High guidance office. This exam is required for consideration of the National Merit Scholarship. All juniors with a 3.0 GPA, top 20 percent of sophomores, and the top 10 percent of freshman should take the test. The test will be given on Oct. 18. Cost of the exam is \$15. Make checks payable to Preston High School. Info: the Preston High School guidance office, 329-1400.

MHS schedules parent-teacher conferences

Parents and guardians are invited to attend Morgantown High School's parent-teacher conferences from 3:30-6:30 p.m. Wednesday, at the school. To schedule an appointment with any of your child's teachers, call the MHS main office at 291-9260. Each appointment will be for 15 minutes. Another parent-teacher conference will be scheduled at a later date.

Antique quilt show today in Blacksville

Antique and family heirloom quilts are on display at the Clay-Battelle Senior Center's quilt show today.

The show runs from 8 a.m.-4 p.m. in the center, on W. Va. 7 in Blacksville. Plenty of parking is available. Admission is free.

More than 50 quilts, some dating back to the owner's great-grandparents, will be on display, showcasing skills in cross-stitch, quilting and patchwork.

The event includes crafts, a bake sale and refreshments. A few quilts will be for sale.

Info: senior center, 432-8177.

Coca-Cola plant will close

YORK, Pa. — A Coca-Cola sales and distribution plant in south-central Pennsylvania will close Dec. 2, a company official said.

Coca-Cola Enterprises Inc. will close the Springettsbury Township plant as it consolidates following the Feb. 28 purchase of Central Coca-Cola Bottling Co. plants in Virginia, West Virginia, Pennsylvania, Ohio and Maryland, spokesman Curtis Etherly said.

Some of the 78 employees may be able to transfer to other plants in the area, Etherly said.

Atlanta-based Coca-Cola Enterprises is the nation's largest Coca-Cola bottler and the largest soft drink bottler in the world, and owns about 400 production, sales and distribution facilities in North America.

Pa. hospital files for bankruptcy

TYRONE, Pa. — Tyrone Hospital filed for Chapter 11 bankruptcy protection Friday so the hospital can keep operating while officials figure out how to deal with mounting debt, including the hospital's share of a \$4 million birth malpractice lawsuit verdict.

Chief Executive Officer Walter Van Dyke issued a one-page statement saying the hospital will stay open and the filing will not affect services. The hospital hopes to emerge from Chapter 11 protection within a year, Van Dyke said.

A couple sued their doctor and the hospital claiming they didn't act quickly enough to deliver the boy by Caesarean section after he stopped breathing while his mother was in labor. Their son, born in 1995, now suffers from cerebral palsy.

A Blair County jury found the doctor 80 percent responsible for the boy's condition, and the hospital 20 percent responsible. But under Pennsylvania law, either party could end up paying whatever part of the verdict the other party cannot.

Three western Pa. gas companies cut rates

Associated Press

PITTSBURGH — A warm winter, mild hurricane season and increased natural gas supplies have prompted western Pennsylvania's three largest gas companies to give their customers a break in pricing.

Equitable Gas and Dominion Peoples filed their quarterly cost adjustments with the state Friday, indicating the prices they will charge customers Sunday through year's end.

Columbia Gas also filed its rates with the Public Utility Commission, but will release them Monday, spokesman Matt Pitzarella

said. Columbia customers "will be paying significantly less" than they did last winter, he said.

Equitable will charge its customers \$9.98 per thousand cubic feet, or mcf, down \$3.74 from a year ago and \$1.24 from the current rate of \$11.22 per mcf, spokeswoman Pat Kornick said.

The new rate will drop the average Equitable customer's monthly bill from about \$150 a year ago to \$119, based on annual usage of 98 mcf. Based on the current mcf price, the average monthly bill will drop \$10, Kornick said.

Dominion Peoples will charge

\$8.67 per mcf for the final quarter of this year, down \$4.15 from \$12.82 in the final quarter of 2005. Dominion's current rate is \$9.21 per mcf.

The average Dominion Peoples customer's bill will drop from \$135 last year to \$101, company spokesman Elmore Lockley said.

By law, utility companies cannot make a profit on the sale of heating fuel.

"We paid less for our gas than what we expected to pay over the past few months, so now we're returning that to customers," said Joseph Gregorini, Dominion's manager for regulatory affairs

and pricing.

Some consumer advocates, however, pointed out that the rates still are higher than a few years ago and many families will struggle this winter to pay their bills.

Pittsburgh-based \$1 Energy Fund, paid for largely by contributions from utilities and customers, helped more than 12,750 households avoid losing heating service last winter. Executive Director Cindy Datig expects even more demand this winter.

"While the prices are down, over the long run, people still can't afford their utility bills," she said. "We

don't see any increases in the incomes of the working poor."

Pittsburgh-based Dominion Peoples serves about 357,000 customers. Earlier this year, Dominion announced it would sell Dominion Peoples and Clarksburg, W. Va.-based Dominion Hope, which serves more than 116,000 customers in north-central West Virginia, to Equitable for \$970 million. The two utilities represent less than 12 percent of Dominion's 4 million customers. The sale is awaiting government approval.

The next rate adjustment is slated for Jan. 1.

Watch the Playoffs On Your NEW BIG SCREEN TV FROM

10% OFF*

ON PURCHASES OF 32" & LARGER BIG SCREEN TV'S

CASH, CHECK, CREDIT CARD, OR OTHER FINANCING PLANS AVAILABLE.

Not applicable to prior sale. Cannot be combined with any REX coupon. Offer applies to purchases made through October 4, 2006. Offer is valid for individuals, not businesses. REX reserves the right to limit quantities purchased. REX accepts VISA, MASTERCARD, AMERICAN EXPRESS, DISCOVER and the REX PLC. REX PLC financing is subject to credit approval. REX PLC financing is provided by CITIFinancial Retail Services Division of CITICorp Trust Bank, fsb. See store for details. EXPIRES 10/4/06.

BIG GAMES! BIG SCREENS! BIG SAVINGS!

<p>HITACHI</p> <p>HITACHI 57" WIDESCREEN PROJECTION HDTV WITH SPLIT SCREEN PIP, MTS STEREO/SAP WITH dbx®, AUTO CONVERGENCE & HDMI™ INPUT</p> <p>\$1299 -130 \$1169*</p> <p>After 10% Off</p>	<p>SHARP</p> <p>SHARP 32" 16:9 AQUOS™ LCD HDTV WITH 176°/176° VIEWING ANGLES, MULTI-PIXEL TECHNOLOGY, 2 HDMI™ INPUTS & TABLE STAND</p> <p>\$1299 -130 \$1169*</p> <p>After 10% Off</p>	<p>SONY</p> <p>SONY 42" 16:9 WEGA™ 3LCD REAR PROJECTION DIGITAL CABLE READY HDTV WITH BUILT-IN HD TUNER, DOLBY® DIGITAL & SRS® TruSurround™ XT</p> <p>\$1499 -150 \$1349*</p> <p>After 10% Off</p>	<p>SONY</p> <p>SONY 55" 16:9 WEGA™ 3LCD REAR PROJECTION DIGITAL CABLE READY HDTV WITH BUILT-IN HD TUNER, DOLBY® DIGITAL & SRS® TruSurround™ XT</p> <p>\$1999 -200 \$1799*</p> <p>After 10% Off</p>
<p>TOSHIBA</p> <p>TOSHIBA 42" WIDESCREEN PLASMA HDTV WITH 8000:1 CONTRAST RATIO, PC INPUT & 2 HDMI™ DIGITAL INPUTS</p> <p>\$1999 -200 \$1799*</p> <p>After 10% Off</p>	<p>SONY</p> <p>SONY 50" 16:9 GRAND WEGA™ SXRD™ REAR PROJECTION HDTV WITH ATSC DIGITAL TUNER, HDMI & PC INPUTS & SRS® TruSurround™ XT</p> <p>\$2499 -250 \$2249*</p> <p>After 10% Off</p>	<p>SONY</p> <p>SONY 46" 16:9 BRAVIA™ LCD HDTV WITH ATSC DIGITAL TUNER, HDMI & PC INPUTS, SRS® TruSurround™ XT, LIGHT SENSOR & FREEZE FUNCTION</p> <p>\$2999 -300 \$2699*</p> <p>After 10% Off</p>	<p>PANASONIC</p> <p>PANASONIC 50" WIDESCREEN PLASMA HDTV WITH ATSC/QAM/NTSC TUNERS, SD MEMORY CARD SLOT, HDMI CONNECTOR & SURROUND SOUND</p> <p>\$3099 -310 \$2789*</p> <p>After 10% Off</p>
<p>TOSHIBA</p> <p>TOSHIBA 50" PLASMA HDTV</p> <p>\$2999 -300 \$2699*</p> <p>After 10% Off</p>	<p>SONY</p> <p>SONY 50" 16:9 GRAND WEGA™ SXRD™ REAR PROJECTION HDTV WITH ATSC DIGITAL TUNER, HDMI & PC INPUTS & SRS® TruSurround™ XT</p> <p>\$2499 -250 \$2249*</p> <p>After 10% Off</p>	<p>PANASONIC</p> <p>PANASONIC 42" PLASMA HDTV</p> <p>\$2099 -210 \$1889*</p> <p>After 10% Off</p>	

CAMCORDERS

CANON MiniDV DIGITAL CAMCORDER WITH 16:9 WIDESCREEN FEATURE, 25x OPTICAL/800x DIGITAL ZOOM & 2.7" ROTATING LCD SCREEN

\$279

JVC 20GB HDD DIGITAL CAMCORDER WITH 16:9 MODE, 25x OPTICAL/700x DIGITAL ZOOM, 3D-NR, 2.5" LCD COLOR SCREEN & SD MEMORY CARD SLOT

\$499

AUDIO

300-WATTS TOTAL POWER 5.1 CHANNEL HOME THEATER SYSTEM WITH PROGRESSIVE SCAN DVD PLAYER, DVD PLAYER, AM/FM TUNER, DOLBY® DIGITAL, 5-SPEAKER SYSTEM & SUBWOOFER #DVD-925

\$89

PIONEER 860-WATTS TOTAL POWER HOME THEATER SYSTEM WITH A/V RECEIVER, 5.1-CHANNEL SPEAKER SYSTEM PLUS SUBWOOFER & DOLBY® DIGITAL/PRO LOGIC II/ DTS DECODERS #HTP-2800

\$189

PIONEER 770-WATTS 7.1-CHANNEL A/V RECEIVER W/XM-HD RADIO®, DOLBY® DIGITAL EX/DTS DECODERS, DOLBY® PRO LOGIC II & WMA9 PRO #VX-816-K

\$279

CAR STEREOS

DUAL 120-WATTS TOTAL POWER AM/FM/CD RECEIVER WITH DETACHABLE FACE & BASS BOOST #XD5210

\$59

PIONEER 50Wx4 MOSFET CD RECEIVER W/SUPERTUNER® IIII™, EQ™, DETACHABLE FACE SECURITY, SATELLITE RADIO READY & CARD REMOTE #DEH-P3800MP

\$119

VIDEO COMBOS

TOSHIBA 14" FLAT SCREEN TV/ DVD PLAYER COMBO W/DIGITAL PICTURE ZOOM, DOLBY® DIGITAL/ DTS, JPEG VIEWER & REMOTE

\$179

TOSHIBA 20" TV/VCR COMBO

\$129

MAJOR APPLIANCES

WHITE-WESTINGHOUSE SUPER CAPACITY WASHER WITH 8 CYCLES & 3 WASH/RINSE TEMPERATURES

- 2 Agitate/Spin Speed Combinations
- 3 Position Water Level. #WW5833ES

\$259

WHITE-WESTINGHOUSE 5.7 CU. FT. ELECTRIC DRYER WITH REVERSIBLE DOOR

- Auto Dry Cycles • Timed Dry Cycles • One In Timer Temperature • Quick Clean Lint Screen. #WER211ES

\$199

FRIGIDAIRE 16.5 CU. FT. REFRIGERATOR-FREEZER W/GALLON DOOR STORAGE

- 2 Sliding Shelves • Twin White Crispers • Static Condenser • White Dairy Door. #RT17B3AW

\$399

FRIGIDAIRE 25.9 CU. FT. SIDE-BY-SIDE WITH PureSource 2™ FILTER AND 7 BUTTON CLEAN TOUCH DISPENSER

- UltraSoft™ Doors & Handles
- 2 SpillSafe™ Glass Shelves
- 1 SmartFit™ Glass Shelf
- Electronic Digital Temperature Display. #GLHS69EPEW

\$899

COLOR TV'S

19" TV WITH ON-SCREEN DISPLAY, SLEEP TIMER, CLOSED CAPTION & REMOTE CONTROL

\$99

13" COLOR TV

\$69

SONY 27" FD TRINITRON® WEGA™ FLAT SCREEN DIGITAL TV W/ATSC DIGITAL TUNER, DOLBY® DIGITAL & SPEED SURF™

\$389

SONY 32" WEGA™ FLAT SCREEN DIGITAL TV

~~\$649~~
~~-65~~
\$584*

After 10% Off

TOSHIBA 26" FLAT SCREEN 16:9 HDTV/DVD PLAYER COMBO WITH DOLBY® DIGITAL/DTS, JPEG VIEWER, HDMI™ INPUT & WMA/MP3 PLAYBACK

\$599

DVD PLAYERS & COMBOS

PORTABLE DVD/CD/MP3 PLAYER W/7" WIDESCREEN TFT LCD MONITOR, DVD/DVD-R/DVD-RW/CD-R/CD-RW/MP3/JPEG PLAYBACK

\$99

SONY PROGRESSIVE SCAN DVD PLAYER/4-HEAD HI-FI STEREO VCR COMBO W/DOLBY® DIGITAL/DTS®, VIRTUAL SURROUND & MP3/JPEG PLAYBACK

\$119

MICROWAVES

0.7 CU. FT. 800-WATT MICROWAVE OVEN WITH ELECTRONIC TOUCH CONTROLS, 10 POWER LEVELS, AUTO DEFROST, AUTO COOK & TURNTABLE #KOR630A

\$39

LCD TV'S

MAGNAVOX 15" STEREO LCD FLAT PANEL TV WITH 1024 x 768 RESOLUTION, 400:1 CONTRAST RATIO, QUICK RESPONSE TIME & REMOTE

\$259

*** NET PRICE REFLECTS DISCOUNT AFTER 10% OFF. SEE ABOVE.**

30 EAST MAIN

"THE NAME AND ADDRESS WHERE FUN REIGNS!"

THEME NIGHTS

MONDAY
Wing night and domestic draft specials

TUESDAY
Rib night 1/2 and whole racks
Domestic bottle specials

WEDNESDAY
Italian night
(30 East Main's own pizza and Italian feature)
Wine down Wednesdays (1/2 off on bottles)

THURSDAY
Surf and Turf - 5oz Filet and 4oz Lobster Tail

FRIDAY & SATURDAY
Happy Hour

SUNDAY
Sunday Brunch

*Dress is casual

724.430.MAIN (6246)
THIRTYEASTMAIN.COM

SUNDAY 12PM-6PM • DAILY 10AM-9PM

NOBODY, BUT NOBODY BEATS REX

MOUNTAINEER MALL
5000 GREENBAG ROAD
292-0414 or 292-0415

BUSINESSES, CONTRACTORS OR SCHOOLS CALL: 1-800-628-9739

DISCOVER MASTERCARD VISA

OUR RAINCHECK POLICY: Occasionally Due To Unexpected Demand Caused By Our Low Prices Or Delayed Supplier Shipments We Run Out of Advertised Specials. Should This Occur, Upon Request We Will Gladly Issue You A Raincheck. No Dealers Please. We Reserve The Right To Limit Quantities. • Not Responsible For Typographical Errors. Correction Notices For Errors In This Advertisement Will Be Posted In Our Stores. • This Advertisement Includes Many Reductions, Special Purchases And Items At Our Everyday Low Price. • OUR LOW PRICES ARE GUARANTEED IN WRITING. IF YOU FIND ANY OTHER LOCAL STORE (EXCEPT INTERNET) STOCKING AND OFFERING TO SELL FOR LESS THE IDENTICAL ITEM IN A FACTORY SEALED BOX WITHIN 30 DAYS AFTER YOUR REX PURCHASE, WE'LL REFUND THE DIFFERENCE PLUS AN ADDITIONAL 25% OF THE DIFFERENCE. 101

Campus Buzz



HOLLIE RICE

Brazilian groups give free concert today at the CAC

TWO MUSICAL GROUPS from the Universidade Federal de Pernambuco in Recife, Brazil, will perform a free concert at the WVU Creative Arts Center today as part of a guest artist residency in the College of Creative Arts.

Contracantos, a 15-member choral ensemble, is directed by Flavio Gomes Tenorio de Medeiros and performs in music festivals in Brazil, as well as giving recitals everywhere from churches to music schools and theatres.

Contracantos will be joined by the popular guitar group, Arabiando, from Northeast Brazil. The group is composed of young musicians who favor the choro style, which is often considered to be the "New Orleans jazz of Brazil."

During their week-long residency, the groups visited with and gave informal performances to several WVU music classes and

ensembles, including the Jazz Ensemble and the WVU Choir. The concert begins at 3:15 p.m. in the Lyell B. Clay Concert Theatre and is free and open to the public.

The guest artist residency, from Sept. 25 to Oct. 3, is sponsored by the College of Creative Arts and the WVU Office of International Programs. For more information about the concert or the guest artist residency, contact the College of Creative Arts at (304) 293-4841, Ext. 3108.

Flu vaccine schedule set

Ever since the fall semester began, it seems like everywhere you look someone is coughing or sneezing in your general direction.

If you hate to be sick like me, before you do something drastic like running away when someone sneezes near you or wearing a surgical mask to class to ward off those pesky germs, think seriously about getting a flu shot.

Conveniently enough, the Student Health Service will be offering flu shots to the general student population at the Student Recreation Center. The vaccines are \$15 and will be given on Oct. 18th and 26th from 3-8 p.m., so be sure to mark your calendars now so you don't forget.

Getting a shot can be a drag, especially when you have to pay someone to stick a needle in you, but getting sick is even worse. If you are like me, you will get sick at the most inconvenient times, like when you have two papers due and a test to study for, so I plan on getting the vaccine just to save myself the grief. So take my advice; keep yourself healthy, save your sanity, and just get a flu shot.

HOLLIE RICE is a public relations student at WVU. She can be reached at campuslife@dominionpost.com.

Horsemanship a 'life sport'

Class appeals to outdoor enthusiasts

BY DANIELLE CONAWAY
For The Dominion Post

Would you like to take a class where you get to spend more time outdoors and have a little fun? PE 135-136: Horsemanship may be just what WVU students are looking for.

The class teaches basic horsemanship skills while also challenging students to learn how to communicate with their horse.

"It's a life sport — something students can do as they get older," said horsemanship instructor Michele Koury. "It's definitely a challenge too because you have to deal with a living breathing animal."

About 15 miles outside Morgantown, Valley Ridge Farm in Masontown, serves as the classroom for the physical education course. Koury and her husband bought the farm in 1977, and Koury went into business for herself in 1980. "It's certainly a passion for me — not only my profession, but also my avocation," she said.

Koury had professional riding instructions from age 8 to 18. After receiving a degree in sociology from Franklin College, Koury began working in Salem, N.Y., at Elmwood Farm with Wayne Carroll, a well-established instructor and trainer.

Upon moving to West Virginia with her husband, Koury began freelance riding instruction in Morgantown. She also started instructing persons with disabilities and created the Monongalia Riding for the Handicapped Association.

In 1984, Koury became coach of the WVU Equestrian Team, and she has remained involved since. Because of her commitments to the WVU Equestrian Team, Koury only teaches one horsemanship class per semester — PE 135 (fall) and PE 136 (spring).

The 14-week class has a maximum capacity of 20 students and a lab fee of \$225.

"Some students drop out because of the distance to get here and the lab fee. We have 14 students this year," Koury said.

"[The class] is a fun little break from learning all the normal book stuff," said Kimmy Locy, who took the horsemanship course in the spring of 2005. "You start off learning the basics of how to sit and the right ways to communicate with the horse. You also learn a lot about how good of shape you are in and a little about teamwork."

Koury has seen a wide variety of majors come through PE 135 and 136 — everything from football players to accounting majors and edu-



Bob Gay/The Dominion Post

Instructor Michele Koury puts a harness on "Sunny" before leading him from his stall recently.

cation majors. She is impressed by the group of students and the efforts they put forth in the class.

"Working with the college students has always been fun because they do it because they want to do it not because someone is making them," Koury said.

"It's a different group of people, and they want to learn because the horses give them something

back."

In spring 2002, Koury experienced a great success with one of her students, who had never ridden a horse before. "In 14 weeks, he looked like he'd been riding for 3 years, and he said if he had known how much fun it would be, he would have started riding as a kid," Koury said.

WVU student Jackie Ross is

taking PE 135 and rides for the WVU Equestrian Team. She said the horsemanship course can also be a great opportunity for students to expand their social network.

"It gets you out of the house and into a different environment. I do it because I love the people and getting involved," Ross said. "Through the gym class, you can get involved in

the [equestrian] team and the riding club. All freshmen should join a club."

Koury said the horsemanship course is definitely not your typical gym class.

"It's not something like a bunch of basketballs you put back in a net and walk away," Koury said. "There's a certain nurturing and caring that the kids get out of it."

WVU Student Spotlight

Jason Taylor

MAJOR: International studies

AGE: 23

HOMETOWN: Newton

FAVORITE BAND: Metallica (before they sold out)

PET PEEVE: Liars

DESCRIBE YOURSELF IN ONE WORD: Fun

THE ONE THING YOU WANT MORE THAN ANYTHING: Happiness

BEACH OR MOUNTAINS: Elk River Valley (Clay County)

Favorites

FOOD: Biscuits and gravy

SPORT: Football

CLASS: Political science

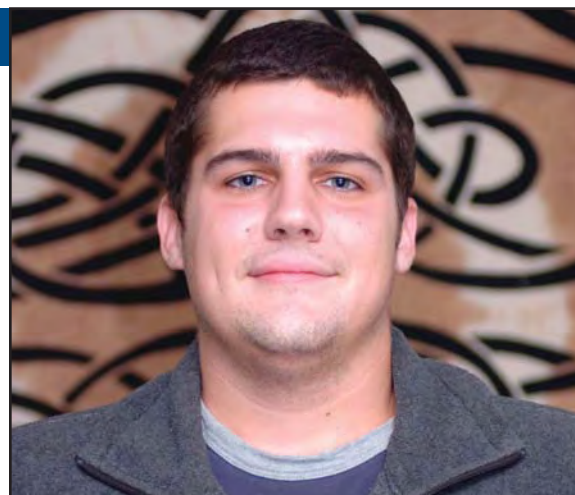
TV SHOW: "The Daily Show"

SPOT ON CAMPUS: Mountainlair

MOVIE: "Grandma's Boy"

BOOK: "Hell's Angels" by Hunter S. Thompson

IF YOU would like to be profiled in the WVU Student Spotlight, e-mail your name and phone number to campuslife@dominionpost.com or call 291-9426.



Todd Flint/The Dominion Post

By the Numbers

10

Number of people on WVU's Homecoming court. They are Danielle Boyd, Jessica Bradley, Jennifer Redmond, Kristen Statler, Somer Strothers, Luke Jackson, Thomas Moore, Grant Stetz, Ryan Ursal and Chris Willis

Partnering with West Virginia's Educators: WVU Education Summit III
Thursday, Oct. 19, 2006 • 2:30 p.m. • Embassy Suites, Charleston, WV

How can educators work together to help young people fulfill their dreams? Find out by attending this summit.

The keynote address will be given by West Virginia First Lady Gayle Manchin, with presentations from WVU professors Carolyn Atkins and Earl Scime, and the director of WVU's student counseling center, Cathy Yura. President David C. Hardesty Jr. will welcome attendees.

See www.wvu.edu/edusummit/ for more details.



Monday

Bengals'
Rich Braham
a quiet giant.

Sports

SPORTS EDITOR **BOB HERTZEL** ■ 291-9429
SUNDAY, OCT. 1, 2006 THE DOMINION POST **1-C**



BOB HERTZEL

Sometimes we get one wrong, believe it or not

A SIX-PACK OF THINGS I've been wrong about, and you may have been, too ...

1. Rich Rodriguez will never win because of his coaching style

Never mind. When Rodriguez first came to WVU with an X-rated vocabulary and a Mini-Me size fuse, he appeared to be on self-destruct.

That was a coaching style out of the dark ages. Today's kids, especially kids out of the inner city, would never stand for it.

With WVU finishing fifth in the nation last year and now standing fourth, coaches from around the country are coming to town to see how he does it ... and it isn't only with X's and O's.

2. Morgantown High will waltz to a third consecutive state championship

Six games into the season, the Mohigans have two losses and that isn't any waltz I'm hearing.

All of a sudden, John Bowers has discovered the other side of coaching. Everything isn't a victory celebration this year and now it's time for him to try to save the season by rallying his team and finding a way to make Friday's loss to Wheeling Park the last of the year.

This is a team that still can win a state championship, but now it's going to have to do it the hard way.

3. The Pittsburgh Pirates will lose 110 games this year

True, 95 losses or more, which is what they will have, is nothing to write home about and finishing last in the N.L. Central, which they may do, isn't exactly the team's goal.

But through the second half of the season, the Pirates were a different team, one that offered real hope for the future (as compared to the false hope of years gone by).

In truth, as bad as the final record will look, they actually salvaged what looked to be maybe the worst season they would have had since the 1950s.

4. The ACC will become the dominant football conference in the country

Raid, schmade. The ACC is a fraud. It wasn't very good before it raided the Big East and it isn't appreciably better after.

Talk about patsies. Duke, North Carolina, Miami, OK, Miami isn't a patsy yet, but if the Hurricanes don't find some offensive linemen and a quarterback, they'll be Duke South.

5. Wild cards will ruin baseball

Right, and Mark McGwire didn't dabble in chemistry.

Certainly, the system will produce some undeserving teams in the playoffs, which many years ago, by the way, I predicted would ruin baseball.

But it has created wire to wire interest in the sport in cities that need it. Consider the season is going into its final day and no one knows for sure who is where.

Philadelphia, for example, was 11 games out of first place going into the weekend but was still in it for the wild card, although its chances were slim, having to win twice while Los Angeles and San Diego lost twice.

6. Jerome Bettis picked the right time to retire

Turns out, there was no right time for Bettis to retire. You can point fingers at Ben Roethlisberger if you like — and between a motorcycle wreck that nearly took his life and an appendectomy just before the season began you certainly may be right — but his poor play isn't the sole reason the Steelers are not the Steelers.

But there is a *soul* reason and it is Bettis' absence. Not only don't the Steelers have the punishing goal line runner that Bettis offered, they also don't have the inspiration he brought to them.

They aren't a team looking for an offense. They are a team looking for a heart.

BOB HERTZEL is sports editor of *The Dominion Post*. He can be reached at sports@dominionpost.com

Cee-Bees waltz past Bishop Walsh

Defense limits Spartans to a mere 94 yards

**CLAY-BATTELLE 45
BISHOP WALSH 6**

BY JUSTIN JACKSON

The Dominion Post

LaVALE, Md. — Ryan Wilson entered this season knowing he'd have a pretty good defense at Clay-Battelle.

About the only thing that's changed through the first five games is, the Cee-Bees' defense has gone

from pretty good to dominating.

C-B held Bishop Walsh to 94 yards of offense Saturday on its way to an easy 45-6 victory against the Spartans.

"The defense has really been coming along," Wilson said. "We're still young in a few spots, but we're playing much, much better every game."

The ninth-ranked Cee-Bees (5-0) held the Spartans (1-4) to a grand total of minus 4 yards in the first half for a 31-0 lead.

Only after the Cee-Bees took out their starters did the Spartans mount any offense. This defensive performance came a week after the Cee-Bees recorded their first shutout of the season, 28-0 against Oak Glen.

"I think we gave up just 102 yards last week or something like that,"

Wilson said. "So far, our defensive numbers have looked pretty good, but we've still got five tough games to go."

The Cee-Bees' defensive numbers are indeed impressive. Through five games, Clay-Battelle has given up 393 yards rushing (78.6 per game) and 341 yards passing (68.2 per game).

The Spartans were held to minus 10 yards rushing Saturday, while Bishop Walsh quarterback Zac Hare threw for 104, with 70 coming on one play late in the fourth quarter.

By that time, C-B starters were lying on the sideline with their heads on their helmets, looking more like they were sunbathing than watching a football game.

The Cee-Bees were without lead-

ing rusher R.J. Beach, who injured his ankle last week. Beach was cleared to play and was dressed, but Wilson decided to hold him out.

"It was just a precautionary measure," Wilson said. "Had we needed him, he could have played, but we decided to rest him up for next week."

In his place, Josh Ammons rushed for 97 yards and a TD and caught a 43-yard TD pass from Tyler Barnette. Levi Sanders did return after sitting out last week and added 30 yards rushing and a TD.

Barnette threw for 103 yards on the day and two scores for the Cee-Bees, who travel to Weirton Madonna next Friday.

"We're pleased to be 5-0 right now," Wilson said. "Each week we've improved a little bit. We've got

a tough game next week, so we'll see how good we really are."

Clay-Battelle 10 21 7 7-45
Bishop Walsh 0 0 0 6-6

SCORING SUMMARY
C-B—Josh Ammons 28 run (Brandon Bragg pass from Tyler Barnette)
C-B—safety, Bradley Recker tackled in end zone
C-B—Bragg 11 pass from Josh Miller (Will Seaman run)
C-B—Ammons 43 pass from Barnette (kick failed)
C-B—Seaman 14 pass from Barnette (Jordan Roush kick)
C-B—Levi Sanders 1 run (Roush kick)
C-B—Derek Conaway 4 run (Cody Shriver kick)
BW—Robbie Lehmann 10 pass from Zac Hare (pass failed)

INDIVIDUAL STATISTICS
RUSHING: Clay-Battelle—Ammons 15-97 TD, Sanders 11-30 TD, Miller 5-39, Colby Watson 3-17, Conaway 5-9 TD, Sean Willifong 2-3, Seaman 2-(-1), Barnette 2-(-14), Bishop Walsh—Ryan Shewbridge 3-4, Hare 4-4, Logan Williams 2-4, David Crowe 3-(-2), Team 1-(-20)

PASSING: Clay-Battelle—Miller 1-24 11 TD, Barnette 5-74 103 TD, Bishop Walsh—Hare 4-19-2 104 TD

RECEIVING: Clay-Battelle—Ammons 1-43 TD, Bragg 1-11 TD, Seaman 2-36 TD, Austin Koloff 2-24, Bishop Walsh—Crawe 1-15, Tyler Williams 2-77, Lehmann 1-10 TD, Shewbridge 2-2

INTERCEPTIONS: Clay-Battelle—Seaman, Jake Lunsford, Bishop Walsh—none

SACKS: Clay-Battelle—Jeremy Tennant, Bishop Walsh: Logan Williams.

Honor quiets WVU's Coach K once again

Salem's Athletic Hall of Fame tabs Kirelawich

BY BOB HERTZEL

The Dominion Post

Bill Kirelawich was ... well, no, you can't say he was speechless, because the man is never speechless.

Shocked is probably more the correct word for his reaction when he learned last week he had been selected for induction into the Salem Athletic Hall of Fame. Quite frankly, for one of the first times in his life, he didn't know what to say.

"That surprised the hell out of me," the long-time West Virginia University defensive line coach said. "Believe me, I never thought I was a good football player. I just got lucky, I guess."

"I tell my players all the time, number one, I was never an athlete. I was never one of them guys who could do anything. What I was was a guy who could kick anybody's butt."

And, apparently, often he did. "When I was a little kid, I was the kid nobody else could play with," he said, laughing the deep, roaring laugh that comes so easily to him.

But don't go off believing Kirelawich wasn't a good football player when he was captain of the Salem team at linebacker in the late 1960s.

Donnie Young, the former WVU assistant who now serves as an advisor in the football office, was the head coach at Salem when Kirelawich was there.

"He was a good football player, not gifted with athletic ability, but he had great toughness," Young said. "He played like he coaches. He was very aggressive on the field."

One of Young's assistants was a fellow named Ed Pastilong, who today serves as athletic director at WVU.

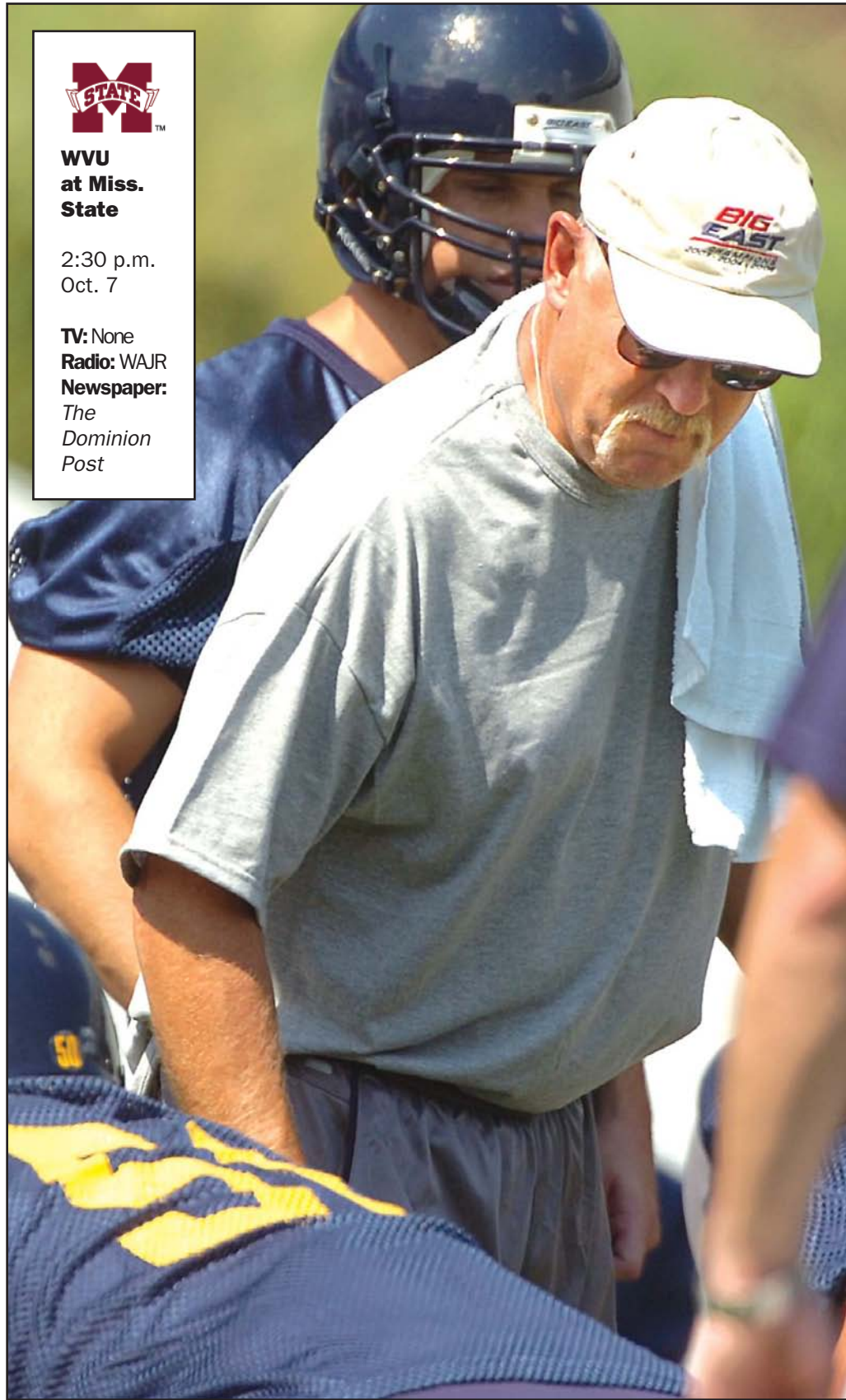
"He wasn't the fastest guy on the field. However, he was one of the smartest players on the field and he was tough," Pastilong recalled. "He didn't back down to anyone. I can still see him before the game, getting his forearms all ready, getting into the Ray Nitschke mood."

"When you were giving instructions or a pre-game pep talk, you looked into his eyes and you knew you didn't want to be standing in front of the door when it was time to play. He was ready to hit the field."

"I coached linebackers here at WVU for a long time," Young said, "and I don't think I've ever been around a tougher player than Bill Kirelawich."

He was tough. He was determined. "A coach's dream," Pastilong called him. "To Bill, every

SEE **COACH K**, 6-C



Bill Kirelawich "wasn't the fastest guy" on the football field, recalls Donnie Young, now an advisor in WVU's football office. "However, he was one of the smartest players on the field and he was tough."

Pryor, Peck duke it out with WVU Dec. 8

Ex-MHS stars team up again, for Duquesne

BY JUSTIN JACKSON

The Dominion Post

There's a calendar that hangs on Keri Pryor's door in her dorm room and it serves as her No. 1 source for motivation as she embarks on her college basketball career at Duquesne University.

"Every morning I wake up and

cross off another day," Pryor said. "I have the countdown going to Dec. 8."

Which just happens to be her 19th birthday, but also the day Duquesne's women's basketball team travels to Morgantown to play WVU.

"I'll be 19 and I can't wait," Pryor said. "I'm coming home to Morgantown and get a chance to play against WVU. It's a day I've thought about for a long time."

Just down the hall is Amanda Peck, also in the first stages of her college career. She said she's getting used to college life as well as can be expected.

"It's a big adjustment. I mean, I



Keri Pryor



Amanda Peck

thought Morgantown was a big city," Peck said with a laugh. "I think I'm doing pretty well so far. It's nice having Keri right down the hall. We both have one-bedroom rooms, but she's usually in my room or I'm in hers."

The two combined at Morgantown High to help give the Mohigans one of their most successful runs in school history, complete with a state championship in 2005.

They are also the latest in an impressive line of girls' basketball players from West Virginia to compete at the Division I level. That list includes Alexis Hornbuckle (Tennessee) and Renee Montgomery (UConn).

Pryor was the state's Player of the Year last season, averaging 23.4 points, 5.9 rebounds and 4.4 steals. She finished her career at MHS with 1,858 points.

Peck's prep career began at Buckhannon-Upshur, where she racked up impressive stats but didn't have many wins to show for it.

She moved with her family to Morgantown before the start of her junior season and played her final two seasons with the Mohigans. As a senior, she caught on to the faster pace of play the Mohigans use and averaged 14.4 points and 8.1 rebounds.

Now the two are with the Dukes, a program that is rebuilding under Dan Durkin, in his 14th season at Duquesne.

SEE **DUKE**, 6-C

TODAY'S CALENDAR

SUNDAY, OCT. 1
WOMEN'S COLLEGE SOCCER
WVU at DePaul, 1 p.m.
WOMEN'S VOLLEYBALL
WVU at Rutgers, 2 p.m.

TV SPORTSWATCH

AUTO RACING
2 p.m.: NBC — NASCAR, Nextel Cup, Banquet 400
GOLF
1:30 p.m.: ABC — PGA Tour/WGC, American Express Championship
6 p.m.: TGC — Champions Tour, Greater Hickory Classic
MAJOR LEAGUE BASEBALL
2 p.m.: WGN — Chicago White Sox at Minnesota
MOTORSPORTS
4, 5, 6 p.m.: SPEED — AMA Superstock
NFL FOOTBALL
1 p.m.: CBS — Regional coverage, doubleheader
FOX — Regional coverage
4:15 p.m.: CBS — Regional coverage, doubleheader game
8:15 p.m.: NBC — Seattle at Chicago
SOCCER
4 p.m.: ESPN2 — Women's national teams, U.S. vs. Taiwan

NOTICES

Coaches' reminder: Please call in the results of your games by 10:30 p.m. to 291-9431. For games that run late, please call the next day. Thank you.

MISCELLANY

NOMINATIONS FOR MORGANTOWN HIGH ATHLETIC HALL OF FAME's first class are being accepted for individuals whose class graduated at least 10 years ago. Athletics, coaches, athletic directors, administrators and auxiliary personnel who have brought positive recognition to themselves and M.H.S. Deadline Oct. 27. Forms at school's athletic or main office. Send to Dan Erenth, athletic director, Morgantown High, 109 Wilson Ave., Morgantown, 26501. Also online at mohsnaokbattball.com.
MONONGALIA COUNTY HEALTH DEPARTMENT comprehensive sports physicals for children 18 and younger. Sliding fee scale available. Some insurance accepted. Info: 598-5119
SPORTS PSYCHOLOGY SESSIONS with Dr. Jack Watson at the HIT Center. Appointment only. Info: 292-9404.
PRESTON COUNTY BUCKWHEAT FESTIVAL 5-K RUN, 2-MILE WALK, KIDS' 1/2-MILE FUN RUN, 9 a.m. Oct. 1, Preston County Club. All proceeds go to provide care for those with serious illnesses in our communities. Registration: 8 a.m. First 100 entrants win T-shirt. Info: 1-800-356-1161; hospice-carecorp.org; talayoutside.com
BUS TO WVU-PUTT GAME, sponsored by Kingwood Parks and Recreation Dept. Kickoff, 7:30 p.m. Nov. 16. Only 47 spots available. \$100 per ticket, includes round-trip bus, game ticket and tailgating space. Pick-up sites: Craig Civic Center, Tunnelton Street, Kingwood, and at the parking lot behind First United Bank, Sabraton, beside Marriot Springhill, at 3 p.m. Arrive 15-20 minutes early to sign in. The bus departs at 2 p.m. from Kingwood and 3 p.m. from Sabraton. Return time will depend on how long the game goes (midnight 3 a.m.). Info: Mountaineer Country Tours, 329-6330.
RIDGEVIEW RACQUET CLUB open house to view the area's premier tennis club, through Oct. 15. Info: 599-1959; ridgeviewracquetclub.com

BASKETBALL

ALL-GIRLS LEAGUE, for players in grades 3-4 and 5-6. Nov. 18. Info: Alexis Basil, 216-1345 or 692-6300.
TECHNIQUE LESSONS with Alexis Basil or Nick Patella at the HIT Center in Westover. Appointment only. Info: 292-9404.
SPORTS CITY U/ACADEMY summer follow-up conditioning and skills tune-up camps. In Hurricane, Oct. 7 summer follow-up camp; Oct. 24-26 middle school boys' and girls' camp; Oct. 30-Nov. 2 high school girls' camp; Nov. 6-9 high school boys' camp; Nov. 13-15 youth camp. Info: 562-2424.
WESTSIDE LEAGUE SIGN-UPS 10 a.m.-noon Oct. 7-6 p.m. Oct. 6 and 13. Westover Elementary. Info: 983-1010.
NATE SMITH BASKETBALL LEAGUE, 4th- and 5th-grade teams, forming now for start in mid-November. Info: Zippo Shearer, 282-0774; Nate, 376-2190.
GOLF
LEAGUE PLAY: Tuesday Mountainview Senior League: Weekly blind draw and skill trips (594-2011). Mountaineer Golf Course Senior League: 50 and over (Loren Stumpe, 292-6211). Preston Country Club Senior League: Minimum age 55. Lakeview Ladies, all skill levels welcome, clinics available and a professional will be on the tee to offer tips (594-2011).
CHARITY YOGA CHALLENGE, Oct. 5, Lakeview Golf Resort and Spa, 18-hole scramble. Entry fee: \$125 per person. Hole sponsorship: \$125. Event profits benefit the charity of your team's choice. Limited space. Info: Aaron Gizzi, 594-2011.

ARCHERY

SPORTSMAN'S EMPORIUM REDNECK WEDNESDAY BOW SHOOT, every Wednesday at 6:30 p.m. Info: 225-2657.
REFUGE HOLIDAY NIGHT, 6-8 p.m. Tuesdays. The Sportsman's Refuge. Info: sportsmansrefuge.com or 594-9126.

HOCKEY

MORGANTOWN HOCKEY ASSOCIATION registration for youth programs. Morgantown Ice Arena. Online registration at morgantownhockey.com.
MORGANTOWN HOCKEY ASSOCIATION offering Try Hockey for Free Nights at the Ice Rink, 5:30-7:30 p.m. Oct. 6, 16 and under. Includes all protective equipment and skates. Info: Gordon Shilling, 292-6865 or gshilling@boparc.org.

SOCCER

SOCCER SKILLS DEVELOPMENT PROGRAM of Pro Performance. Ages 6-10. Begins Oct. 2. Info: properformancex.com soccer page, or Mike Kelleher, 983-7761 or mike@properformancex.com.
INDOOR FALL SOCCER LEAGUES — Adult, Open Age, and 30+. Begins Oct. 4. Info: properformancex.com soccer page, or Mike Kelleher, 983-7761 or mike@properformancex.com.
TENNIS
RIDGEVIEW RACQUET CLUB sign-ups for fall/winter adult junior programs. Morning, afternoon and evening times for adults and juniors. All skill levels from beginner to competitive play. Teaching pros Mike Tompkins and Dan Silverstein. Info: 599-1959; ridgeviewracquetclub.com.

BASEBALL

PRO PERFORMANCE OFF-SEASON PLAYER DEVELOPMENT WORKOUTS, groups available for all ages. Info: 983-7761 or ernielgusky@properformancex.com

BOWLING

EARLY MONDAY NIGHT HANDICAP

Table with 3 columns: Player, Score, Opponent. Includes Mylan, MylanGif, Scribble, SubLanes, RollRock, etc.

THURSDAY A.M. COFFEE

Table with 3 columns: Player, Score, Opponent. Includes Supremes, PinBusr, Fantastis, Lucky4, HomeFnl, etc.

EARLY RISERS

Table with 3 columns: Player, Score, Opponent. Includes BlueJays, Dynamics, Fantastis, Lucky4, HomeFnl, etc.

WASSICK NOVELTY

Table with 3 columns: Player, Score, Opponent. Includes IHOIP, DHExcav, LoRollis, UsandThm, etc.

DOM VARNER ALL-STARS

Table with 3 columns: Player, Score, Opponent. Includes S&S Auto, UperEdge, FCXsystm, Applebee, WestoVFW, etc.

FROSTED MUG LEAGUE

Table with 3 columns: Player, Score, Opponent. Includes FirstMug2, SteelCur, GD's, StreetSI, BumbBees, etc.

LEGUE WITH NO NAME

Table with 3 columns: Player, Score, Opponent. Includes Joyce's, Tennants, SteelCur, GoodTime, etc.

CRS

Table with 3 columns: Player, Score, Opponent. Includes Tennants, SteelCur, GoodTime, GrayWolv, etc.

BASEBALL

National League

Table with 5 columns: Team, W, L, Pct, GB. Includes x-New York, Philadelphia, Atlanta, Florida, Washington, etc.

Table with 5 columns: Team, W, L, Pct, GB. Includes St. Louis, Houston, Cincinnati, Milwaukee, Pittsburgh, Chicago, etc.

Table with 5 columns: Team, W, L, Pct, GB. Includes y-Los Angeles, y-San Diego, San Francisco, Arizona, Colorado, etc.

x-clinched division
y-clinched playoff spot

Saturday's games

Chicago White Sox 6, Minnesota 3
Seattle 3, Texas
Toronto 6, N.Y. Yankees 5
Baltimore at Boston, night
Kansas City at Detroit, night
Tampa Bay at Cleveland, night
Oakland at L.A. Angels, night
Today's games
Tampa Bay (Hammel 0-5) at Cleveland (Lee 13-11), 1:05 p.m.
Toronto (McGowan 1-2) at N.Y. Yankees (Wright 11-7), 1:05 p.m.
Kansas City (O. Perez 2-4) at Detroit (Bonderman 14-8), 1:05 p.m.
Baltimore (Penn 0-3) at Boston (Hansack 0-1), 2:05 p.m.
Chicago White Sox (Vazquez 11-11) at Minnesota (Baker 5-8), 2:10 p.m.
Oakland (Harden 4-0) at L.A. Angels (Moseley 1-0), 3:35 p.m.
Texas (Tejada 5-4) at Seattle (Woods 4-4), 4:05 p.m.

End of regular season

League leaders

Table with 3 columns: Player, Team, Stats. Includes Through Friday's games, National League, etc.

Through Friday's games

Table with 3 columns: Player, Team, Stats. Includes Maddux, Broxton, Salto, etc.

San Diego

Table with 3 columns: Player, Team, Stats. Includes D. Wells, Meredith, Linebrink, Hoffman, etc.

American League

Table with 5 columns: Team, W, L, Pct, GB. Includes x-New York, Toronto, Boston, Baltimore, Tampa Bay, etc.

Table with 5 columns: Team, W, L, Pct, GB. Includes y-Detroit, y-Minnesota, Chicago, Cleveland, Kansas City, etc.

Table with 5 columns: Team, W, L, Pct, GB. Includes x-Oakland, Los Angeles, Texas, Seattle, etc.

x-clinched division
y-clinched playoff spot

Saturday's games

Chicago White Sox 6, Minnesota 3
Seattle 3, Texas
Toronto 6, N.Y. Yankees 5
Baltimore at Boston, night
Kansas City at Detroit, night
Tampa Bay at Cleveland, night
Oakland at L.A. Angels, night
Today's games
Tampa Bay (Hammel 0-5) at Cleveland (Lee 13-11), 1:05 p.m.
Toronto (McGowan 1-2) at N.Y. Yankees (Wright 11-7), 1:05 p.m.
Kansas City (O. Perez 2-4) at Detroit (Bonderman 14-8), 1:05 p.m.
Baltimore (Penn 0-3) at Boston (Hansack 0-1), 2:05 p.m.
Chicago White Sox (Vazquez 11-11) at Minnesota (Baker 5-8), 2:10 p.m.
Oakland (Harden 4-0) at L.A. Angels (Moseley 1-0), 3:35 p.m.
Texas (Tejada 5-4) at Seattle (Woods 4-4), 4:05 p.m.

End of regular season

League leaders

Table with 3 columns: Player, Team, Stats. Includes Through Friday's games, American League, etc.

Through Friday's games

Table with 3 columns: Player, Team, Stats. Includes Maddux, Broxton, Salto, etc.

San Diego

Table with 3 columns: Player, Team, Stats. Includes D. Wells, Meredith, Linebrink, Hoffman, etc.

MASTER STROKES advertisement featuring a golfer illustration and text: 'Punch Shot', 'A great shot to have in your arsenal is the punch shot. A punch shot is used to keep the trajectory down on windy days or to escape from tree trouble...' Includes 'Today's Tip' and 'Sponsored By: GOLF USA'.

GOLF USA advertisement: 'America's Discount Golf Store! We Have All The Name Brands at Golf USA. Callaway, Taylormade, Titleist, Cobra, Ping, Cleveland, Tour Edge, Many More! If It's Golf, We've Got It. So Come Get It!'

COLLEGE FOOTBALL

Big East

Table with 3 columns: Team, Conference, All games. Includes Rutgers, Pittsburgh, Louisville, West Virginia, Syracuse, etc.

Friday's games

Table with 3 columns: Team, Conference, All games. Includes Rutgers 22, South Florida 20, etc.

Saturday's games

Table with 3 columns: Team, Conference, All games. Includes Navy 41, Connecticut 17, Pittsburgh 45, Toledo 3, etc.

East

Table with 3 columns: Team, Conference, All games. Includes Albright 48, Juniata 14, Alfred 48, Norwich 13, etc.

Southwest

Table with 3 columns: Team, Conference, All games. Includes Texas Tech 31, Texas A&M 27, etc.

Florida 28, Alabama 13

Table with 3 columns: Team, Conference, All games. Includes Alabama, Florida, etc.

LSU 48, MISSISSIPPI STATE 17

Table with 3 columns: Team, Conference, All games. Includes Mississippi State, LSU, etc.

Notre Dame 35, Purdue 21

Table with 3 columns: Team, Conference, All games. Includes Notre Dame, Purdue, etc.

Oregon 48, Arizona State 13

Table with 3 columns: Team, Conference, All games. Includes Oregon, Arizona State, etc.

Summaries

Table with 3 columns: Team, Conference, All games. Includes Toledo, Missouri, etc.

Pittsburgh 45, Toledo 3

Table with 3 columns: Team, Conference, All games. Includes Pittsburgh, Toledo, etc.

California 41, Oregon State 13

Table with 3 columns: Team, Conference, All games. Includes California, Oregon State, etc.

Boise State 36, Utah 3

Table with 3 columns: Team, Conference, All games. Includes Boise State, Utah, etc.

Georgia Tech 31, Virginia Tech 7

Table with 3 columns: Team, Conference, All games. Includes Georgia Tech, Virginia Tech, etc.

Missouri 28, Colorado 13

Table with 3 columns: Team, Conference, All games. Includes Missouri, Colorado, etc.

LSU 48, MISSISSIPPI STATE 17

Table with 3 columns: Team, Conference, All games. Includes LSU, Mississippi State, etc.

Notre Dame 35, Purdue 21

Table with 3 columns: Team, Conference, All games. Includes Notre Dame, Purdue, etc.

Oregon 48, Arizona State 13

Table with 3 columns: Team, Conference, All games. Includes Oregon, Arizona State, etc.

AUTO RACING

NASCAR-Nextel Cup Banquet 400 lineup

Table with 3 columns: Driver, Team, Stats. Includes After Friday's qualifying, race today at Kansas Speedway, etc.

NASCAR-Busch-Yellow Transportation 300

Table with 3 columns: Driver, Team, Stats. Includes Saturday at Kansas Speedway, etc.

WASSICK NOVELTY

Table with 3 columns: Driver, Team, Stats. Includes PerksHot, ElKElect, etc.

FROSTED MUG LEAGUE

Table with 3 columns: Driver, Team, Stats. Includes HandyHus, FrstMug1, etc.

LEGUE WITH NO NAME

Table with 3 columns: Driver, Team, Stats. Includes CRS, CarTunes, FlowTeam, etc.

EXHIBITION SUMMARY

Table with 3 columns: Driver, Team, Stats. Includes SABRES 4, PENGUINS 0, etc.

WASSICK NOVELTY

Table with 3 columns: Driver, Team, Stats. Includes PerksHot, ElKElect, etc.

FROSTED MUG LEAGUE

Table with 3 columns: Driver, Team, Stats. Includes HandyHus, FrstMug1, etc.

LEGUE WITH NO NAME

Table with 3 columns: Driver, Team, Stats. Includes CRS, CarTunes, FlowTeam, etc.

EXHIBITION SUMMARY

Table with 3 columns: Driver, Team, Stats. Includes SABRES 4, PENGUINS 0, etc.

Notre Dame 35, Purdue 21

Table with 3 columns: Driver, Team, Stats. Includes Notre Dame, Purdue, etc.

Oregon 48, Arizona State 13

Table with 3 columns: Driver, Team, Stats. Includes Oregon, Arizona State, etc.

Padres, Dodgers win, in

Cardinals closing on Central crown

BASEBALL

Associated Press

PHOENIX — The Padres are in the postseason for the second year in a row, thanks to David Wells' first victory since he was traded to San Diego a month ago.

The 43-year-old left-hander (1-2), who missed his previous start with gout in his right foot, threw six scoreless innings and Mike Cameron hit a two-run homer to power San Diego past the Arizona Diamondbacks, 3-1, on Saturday.

The Padres' win clinched consecutive playoff appearances for the first time in franchise history.

Whether they advance as N.L. West champions or as the wild card team won't be decided until today's regular-season finales.

The San Diego victory eliminated Philadelphia from postseason contention, while the Padres and Los Angeles remained tied for the N.L. West lead after the Dodgers won at San Francisco, 4-2.

If the two still are even after Sunday's games, the Padres get the division title because they won the season series against Los Angeles.

Dodgers 4, Giants 2

SAN FRANCISCO — Greg Maddux (15-14) outdueled star rookie Matt Cain, hit a single and even stole a base as Los Angeles won its sixth straight game, beating San Francisco.

The Dodgers' victory ensured them and first-year manager Grady Little at least the wild card — the rest of the N.L. playoff picture was still to be sorted out.

It was fitting that Maddux had much to do with the Dodgers' return to the playoffs. They acquired the 300-game winner from the Chicago Cubs at the trading deadline to give them a veteran arm for the stretch run — and he won six games for them.

Cardinals 3, Brewers 2

ST. LOUIS — Pinch-hitter Scott Spiezio hit a bases-loaded triple with two outs in the eighth inning and St. Louis Cardinals cut its magic number for clinching the N.L. Central to one, rallying past Milwaukee.

Second-place Houston played at Atlanta on Saturday night. A loss by the Astros would eliminate them.

Other games

■ MINNEAPOLIS — Jon Garland (18-7) took a shutout into the ninth inning and Tadahito Iguchi had a homer among his three hits and three RBIs, leading the Chicago White Sox past Minnesota, 6-3. That left Detroit needing one win in its last two games, or a loss today by Minnesota, to clinch the AL Central. The Tigers were scheduled to host the Kansas City Royals later Saturday.

■ NEW YORK — Alex Rodriguez and Gary Sheffield hit consecutive home runs in the fourth inning but the New York Yankees lost to Toronto, 6-5. Alex Rios hit a go-ahead, two-run triple against T.J. Lincecum as Toronto rallied from a 4-1 deficit in a four-run seventh inning.

■ SEATTLE — Adrian Beltre homered twice and Felix Hernandez (12-14) pitched seven strong innings as Seattle defeated Texas, 3-1.

■ MIAMI — Philadelphia overcame an early deficit and nursed a one-run lead through the final seven innings to beat Florida, 4-3.

Notes

■ The New York Mets will be missing ace Pedro Martinez for more than just the postseason. The Mets right-hander will have rotator cuff surgery next week and be out eight months. The injury is expected to sideline him until at least June.

■ Frank Robinson will not return as the Washington Nationals' manager in 2007, the team announced. Washington will end its season with a third consecutive last-place finish. Robinson, 71, has managed the Expos-Nationals franchise for the past five seasons.

■ NEW YORK — Major League Baseball broke its season attendance record Saturday and was on track to finish with the second-highest per-game average in the sport's history. Through Friday night, the 30 major-league teams had drawn 74,922,200, just shy of the 74,926,174 fans who attended games in 2005, and the record was broken when Minnesota drew 46,219 against the White Sox. The average was 31,348 through Friday.

UHS's Riley wins big cross country meet in Virginia

The Dominion Post

LEESBURG, Va. — University High's Amber Riley beat 218 other runners to win the individual race and lead University High's girls to a fifth-place finish Saturday, while the Hawks' boys took ninth at the huge Outlands Invitational.

The meet — 35 teams and 239 finishers in the "A" varsity boys' race and 32 teams and 219 runners in the girls' — is the largest invitational in which UHS has ever competed.

Riley ran the 5-kilometer (3.1-mile) course in 19 minutes, 30 seconds. Freshman teammate Lydia Martinelli was just 20 seconds behind but wound up 18th. If she had run in the freshman-only race, Martinelli would have won.

Jennifer van der Sloot took 75th place, Sarah Martinelli 78th, Lindsay Wyatt 86th, Jennifer Sirockman 87th and Hannah Vernon was 121st for UHS.

Eric Frohnapfel was the top finisher for the UHS boys, placing 25th, in 17:10. Chris Cole came in 29th, Julian Bergstein 81st, Adam Frohnapfel 87th, Matt Schiffbauer 123rd, Sam Spanovich 159th and Ethan Elliott 163rd.

■ RICHMOND, Va. — The Morgantown High girls' cross country team finished fifth out of 18 teams at the prestigious McDonald's Cross Country Festival.

Eleanor Roosevelt (Greenbelt, Md.), the No. 1 team in the Southeast, won the meet.

Monica Chase finished ninth to lead MHS. Chase's time was 19:12.92. Allison Pettit was 10th (19:13.12), Emma Berry 39th (20:38.53), Ahna Lewis 41st (20:41.86) and Aubrey Moskal 46th (20:51.85).

The MHS boys finished fifth out of 36 teams in the Copper Division with Matt Long taking seventh (17:33.25). Andrew Malauskas

(18:35.78) was 37th, Scott Berkow (18:38.03) was 38th, Kyle Boyce (18:52.53) was 52nd and Kari Selin (18:52.76) was 53rd.

Boys' soccer

■ Diego Duran scored on an assist from fellow Colombian exchange student Juan Huertas to push Morgantown High ahead for good, and Wes Shumway scored twice to keep the Mohigans (6-4-2) in front in a 4-2 victory against Parkersburg South, during MHS Senior Night. Huertas assisted on Shumway's second goal, and Josh Dye scored with an assist to Rhett Reidpath. MHS goalie Zach Muniz made five saves.

■ BECKLEY — Derek Meluzio scored two goals to lead Trinity past Shady Spring, 4-0. Philip Swart and Landon Talton also scored goals for the Warriors (9-2) and David Lacko recorded six saves in goal.

Freshman football

ELKINS — Morgantown High outscored Elkins, 42-28. The Mohigans were led by Anthony Vecchio, who rushed for 146 yards and two scores. Jeff Allen ran for 103 yards and scored twice, while Andrew Bradford carried for 96 yards and two touchdowns.

College volleyball

VILLANOVA, Pa. — WVU volleyball team battled back from a two-game deficit to tie the match before falling to Villanova, 3-2 (30-15, 30-17, 25-30, 27-30, 15-11).

Abby Tevis led the Mountaineers (1-16, 0-3 Big East) with 17 kills. Setter Kailee Goold totaled 41 assists, three short of her personal best this season. Libero Aurora Ebert-Santos led WVU's defense with 22 digs.

WVU plays Rutgers today.

Canadiens acquire Niinimaa

Associated Press

MONTREAL — The Montreal Canadiens acquired defenseman Janne Niinimaa from Dallas on Saturday in a trade that sent center Mike Ribeiro to the Stars.

Niinimaa shores up a Canadiens defense that has lost Francis Bouillon and Jean-Philippe Cote to injury. The 31-year-old Finn has 54 goals and 262 assists in 700 career regular-season games with Philadelphia, Edmonton, the New York Islanders and Dallas.

"In judging by our team needs, what we really need and where we are vulnerable, it responds with an experienced player," Canadiens GM Bob Gainey said. "He can be a good, strong participant in that group and he can give us some added experience and added weight to our defense, as well as depth."

Ribeiro had 50 goals and 103 assists in 276 games for Montreal. Gainey informed the Montreal native of the trade before Saturday night's pre-season game.



FIXED PAYMENT AS LOW AS \$89 PER MONTH
FIXED RATE 9.9% APR FINANCING
on approved credit with the Honda Card

★ THE RANCHER ROUNDUP SALES EVENT ★
 Out in these parts, there's one family that's got a reputation for being hard workers: the Honda FourTrax® Ranchers. Their toughness and dependability is what puts them on top as America's best-selling ATVs. And right now, all Rancher® models are available at a straight deal with a fixed rate — and that you can count on. So come on down to your Honda Dealer and saddle up one for yourself before this offer quits.

MORGANTOWN Honda
 Hours: Mon.-Wed. 8-7; Tues., Thurs. & Fri. 8-6; Sat. 8-5
 526 Mileground Rd., Morgantown, WV
 www.morgantownhonda.com

honda.com Honda FOURTRAX RANCHER ATVs ARE RECOMMENDED ONLY FOR RIDERS 16 YEARS AND OLDER. BE A RESPONSIBLE RIDER. ALWAYS WEAR A HELMET, EYE PROTECTION AND PROTECTIVE CLOTHING AND PLEASE RESPECT THE ENVIRONMENT. OBEY THE LAW AND READ YOUR OWNER'S MANUAL THOROUGHLY. *Payment and 9.9% fixed rate for purchases \$1,000-\$24,000 for 60 months. Fixed minimum monthly payment based on 2.12% of the original high balance. Offer valid 7/19/06 on all new and unregistered 2006 and prior model year TRX400FA, TRX400FCA, TRX350FE, TRX350FCA, TRX350SE, TRX350SFA models through GE Money Bank on the Honda Card upon approved credit. Dealer participation may vary. Offer ends 10/31/06. Check with your Honda Dealer for complete details. FourTrax® Rancher®, Honda Card® and Best On Earth® are trademarks of Honda Motor Co., Ltd. ©2006 American Honda Motor Co., Inc. (8/06) 62-0152

Your Cheat Lake SHOP 'n SAVE

GLENMARK CENTER NEXT TO LOWES 292-6161

WIDE WATER PLAZA, WAYNESBURG, PA 724-627-6500

FREE GAS PUMP PERKS

Look for this shelf tag for additional savings towards your next fuel purchase.

cents off per gallon amount with your REWARDS CARD!

22 oz. can Niagara Original Spray Starch SAVE 1¢ PER GALLON	14.7 oz. can Bumble Bee Pink Salmon SAVE 1¢ PER GALLON	20 ct. pkg NutriPlan Chew Sticks SAVE 1¢ PER GALLON	5 oz. pkg. Slim Jim Meat Sticks SAVE 1¢ PER GALLON
14 oz. pkg. Banana Cream Pie Hunt's Snack Pack SAVE 1¢ PER GALLON	18 oz. jar, Creamy Peter Pan Peanut Butter SAVE 2¢ PER GALLON	35.6 oz. box Homestyle Bake Beef Stew SAVE 3¢ PER GALLON	16 oz. btl. Hot & Spicy Sweet Baby Ray's Barbecue Sauce SAVE 2¢ PER GALLON
48 oz. btl. Strawberry Banana Smoothie V8 Splash SAVE 4¢ PER GALLON	12 oz. can Bumble Bee Solid White Tuna SAVE 2¢ PER GALLON	28 oz. can Hunt's Diced Tomato SAVE 2¢ PER GALLON	21 oz. box, Butter Act II Microwave Popcorn SAVE 3¢ PER GALLON

Plus You Still Get... **20¢ OFF** at participating **gomart** Morgantown Go-Mart 1770 Mileground Star City Go-Mart 3625 Monongahela Blvd.

Ground Fresh Several Times A Day! Fresh Certified Ground Round 3 LBS OR MORE VALUE PACK \$1.69 lb SAVE UP TO \$1.20 lb	U.S.D.A. CHOICE Beef, Boneless Whole Sirloin Tips CUT TO ORDER \$1.99 lb SAVE UP TO \$2.40 lb
U.S.D.A. CHOICE Beef, Boneless Beef Whole Eye of Round CUT TO ORDER \$2.99 lb SAVE UP TO \$1.70 lb	1 lb. pkg. Selected Varieties Sugardale Sliced Bacon 2/\$5 SAVE UP TO \$2.98 on 2
3 lb pkg Superior's Big as Bunz Hot Dogs \$2.99 SAVE UP TO \$2.19	Pineapple, Tavern, Brown Sugar or Classic Maple Ham Peppered, Honey Roasted, Smoked or Oven Roasted Turkey Breast \$3.99 lb SAVE UP TO \$4.00 lb.
NEW CROP Washington State or Eastern Select Apples 89¢ lb SAVE UP TO 80¢ lb	2 liter btl, Selected Varieties 7-Up 77¢
56 oz scround, Select Varieties Hagan Premium Ice Cream \$1.99 SAVE UP TO \$3.98	12 pack - 12 oz cans, Selected Varieties Pepsi 3/\$7.98
Twin Pack, 39 oz cans Maxwell House Coffee \$9.98 SAVE UP TO \$5.00	12 pack - 16.9 oz bottles Lipton Green Tea \$3.99

COMING OCTOBER 10TH ONE DAY SALE
OUR BIGGEST ONE DAY SALE EVER!
 Look for Details in Store.
 PRICES EFFECTIVE SAT., SEPT. 30TH THRU FRI., OCT. 6TH, 2006
 We reserve the right to limit quantities.
 Not responsible for typographical errors. None sold to wholesalers or dealers.

FEEDER HEIFERS

GRAND CHAMPION - NATHAN DEAN
 SOLD TO: D&L FARMS
 PRICE PER POUND: \$2.50



RESERVE CHAMPION & Sr. SHOWMANSHIP - EMILY DEAN
 RETURNED TO FARM

YO

FEEDER STEERS

GRAND CHAMPION - KENT SAUL
 SOLD TO: FORQUER CONSTRUCTION
 PRICE PER POUND: \$5.00



RESERVE CHAMPION - MACK TRIPLETT
 SOLD TO: RALPH & BETTY SIX
 PRICE PER POUND: \$2.10



Sr. SHOWMANSHIP - BRUCE CHESLO
 SOLD TO: GENE YOST & SON
 PRICE PER POUND: \$2.10

MARKET HOGS

GRAND CHAMPION - SARAH BEACH
 SOLD TO: BLUE MOUNTAIN AERIAL MAPPING
 PRICE PER POUND: \$3.25



RESERVE CHAMPION - NATHAN DEAN
 SOLD TO: FIRST UNITED BANK OF MORGANTOWN
 PRICE PER POUND: \$2.45



Sr. SHOWMANSHIP - ANDREW WOLF
 SOLD TO: CHISLER INC.
 PRICE PER POUND: \$4.50

MARKET LAMBS

GRAND CHAMPION - SHANE KING
 SOLD TO: CUMBERLAND COAL CO.
 PRICE PER POUND: \$6.75



RESERVE CHAMPION - J. L. TENNANT
 SOLD TO: HUSKIE LUMBER CO.
 PRICE PER POUND: \$7.00



Sr. SHOWMANSHIP - EMILY DEAN
 SOLD TO: VANDRUFF TRACTOR SALES
 PRICE PER POUND: \$5.00

Trophies Provided by: West Side Tele
 Showmanship Belt E
 Morgantown Moose Lodge #265 • Parker Hall, State P

- | | | | | | |
|------------------------------------|------------------|---|------------------|---------------------------|-----------------|
| 1st United Bank | Morgantown, WV | Chisler Inc. | Fairview, WV | Eighteen Karat Inc. | Eighty Four, PA |
| Airgas-Bill Stoneking | Morgantown, WV | Chissy's | Brave, PA | Farm Family Insurance | Fairmont, WV |
| Alice Rice For Met Life | Hurricane, WV | City Neon & Crane | Morgantown, WV | First Exchange Bank | Mannington, WV |
| A & M Distributing-Little Debbie | | Coastal Drilling | Morgantown, WV | FK Everest | Fairmont, WV |
| Art's Commercial & Custom Meats | | Coastal Lumber | Hopwood, PA | Forquer Construction | Pentress, WV |
| Backwoods Enterprises | | Coca Cola | Morgantown, WV | Franci's Engineering Inc. | Westover, WV |
| Ben and Jo Staller | | Conveyor Services | Burton, WV | Gene D. Yost and Son Inc. | Mt. Morris, PA |
| BFS Companies | | Country Pride | Friendsville, MD | Heiners Bakery | |
| Bill Wise Excavating | Tunnelton, WV | Cumberland Coal Resources | Waynesburg, PA | Hillbilly Truck Repair | Fairmont, WV |
| Blue Mountain Aerial Mapping | Burton, WV | CWS Company-Dave Himes | Morgantown, WV | Honey Run Farm | Core, WV |
| Blue Mountain Eng. | Fairview, WV | D & L Farms | Core, WV | Hoy-Redi Mix | Morgantown, WV |
| Bob Burdette, State Farm Insurance | Morgantown, WV | Dallison Lumber | Jacksonburg, WV | Hughart's Supply Inc. | Morgantown, WV |
| Bobby & Linda Lemley | Newfreepport, PA | Dana Mining Co. | Morgantown, WV | Hull Construction | Buckhannon, WV |
| Campbell Farms | Burton, WV | Daybrook Development | Fairview, WV | Hundred Farm Supply | Hundred, WV |
| Casino Contracting | Burton, WV | Dennis & Rose Thomas | Burton, WV | Hundred Lumber | Hundred, WV |
| Centra Bank | Morgantown, WV | Dominion Post | Morgantown, WV | Huskier Lumber Co. | Wadestown, WV |
| Chisler Brothers Cont. LLC | Pentress, WV | Donnie Citgo, Donnie Miller & Lorrain Wiant | Morgantown, WV | I-79 Honda | Mt. Morris, PA |

THANK YOU BUY & SUPPORT

BACK Your BAY
 Seafood Restaurant

Kenneth B. Shipley,
 President
 "Chef Ken"

1869 Mileground Road Morgantown, WV 26505 (304) 296-3027 Fax: (304) 296-2624

PASS INC.

3593 EARL CORE ROAD • MORGANTOWN
 304-296-4465

DIXON ZTR Mowers HONDA Power Equipment STIHL®

BANKS FOR DROPPING BY

FEB
 First Exchange Bank
 First Is Always Best.

11 West Main Street • Mannington • 986-1700
 216 Fairmont Avenue • Fairmont • 367-1700
 309 Main Street • Fairview • 449-1700
 Route 250 • Hundred • 775-1700
 211 Pike Street • Barrackville • 333-2217
 376 High Street • Morgantown • 225-6200
 3081 University Avenue • Morgantown • 225-2600

FDIC

Allegheny Power
 an Allegheny Energy company

Proud to support the
 Monongalia County 4-H/HFFA
 Livestock Show and Sale

1-800-Allegheny (1-800-255-3443)
 www.alleghenypower.com

BILL WISE EXCAVATING

Business: P.O. Box 41 Blacksville, WV 26521 724-451-8175

Residence: 899 Jolly Town Road New Freeport, PA 15352 724-451-8176 Fax: 724-451-8261

M.R. TROPHIES & MORE

455 Toms Run Road
 Morgantown, WV
296-7699

2006 FFA / 4-H YOUTH LIVESTOCK SALE

Special thanks to Joe R. Pyle Auction Services

THANK YOU



Jr. SHOWMANSHIP - KYLIE BARNHART
SOLD TO: CONVEYOR SERVICES
PRICE PER POUND: \$2.80



Jr. SHOWMANSHIP - ADAM WILLIAMS
SOLD TO: BLUE MOUNTAIN ENGINEERING
PRICE PER POUND: \$4.25



Jr. SHOWMANSHIP - HUNTER SIX
SOLD TO: WETZEL COUNTY BOARD OF EDUCATION
PRICE PER POUND: \$4.25

MARKET STEERS

GRAND CHAMPION - SHANE CEBULAK
SOLD TO: HOY-REDI MIX & DALLISON LUMBER CO.
PRICE PER POUND: \$4.00



RESERVE CHAMPION - ADAM SIX
SOLD TO: 18 KARAT INC.
PRICE PER POUND: \$7.75



SHOWMANSHIP - SARAH HUTSON
SOLD TO: ROSS TRACTOR SALES
PRICE PER POUND: \$2.75



communications and Westco Internet
Buckles Provided by:
Farm Insurance Agent • Hogg Wild Leather & Western

THANK YOU
MEMBERS
&
PARTNERS

J. Tennant Trucking
John Howard Chrysler
Kerns Farm
Knights Farm Supply
Liberty Food
Lewine Law Firm
March-Weston
Merit Contracting
Monongalia County Farm Bureau
Morgantown AG
Morgantown Energy
Morgantown Machine & Hydraulics-Matt Dean
Mylan Pharmaceuticals
Neumenon
Oak Grove Farms
PA Livestock
Parrotta Paving Co., Inc.

Mt. Morris, PA
Waynesburg, PA
Morgantown, WV
Moundsville, WV

Cheverly, MD
Morgantown, WV
Monongahela, PA
Fairview, WV
Morgantown, WV
Morgantown, WV
Morgantown, WV
Morgantown, WV
Core, WV
Burton, WV
Waynesburg, PA
Morgantown, WV

Pepsi-Cola
Plant Service Company-Blake McCandless
Ralph and Betty Jo Six
Randy Tennant Construction
Richard Construction
Robertson Financial Group
Rod Clovis & Willie Elliott
Roger Brand
Ross Tractor Sales
Shriver Farm Services
Slight Indulgence
Snap-On Tools-Nelson Burch
Snider & Son Comercial Land
Snider & Son Contractig LLC
Swanson Industries-Mark Carter
Swanson Industries-Dave Ashburn
Tom & Twyla Sanders

Morgantown, WV

Wadestown, WV
Blacksville, WV
Dellslow, WV
Bridgeport, WV
Wadestown, WV

Waynesburg, PA
Wadestown, WV
Morgantown, WV

Morgantown, WV
Morgantown, WV

Wadestown, WV

Triplet & Sons LLC
Union Bank
United Bank
United Dairy
University Motors
US Machine, Inc.
Vandruff Tractor Sales
Walls Sanitation
Walmart
Waynesburg Agway
Waynesburg College
Waynesburg Milling Company
West Electric
WV Beef Industry Council-Jim Bostic
West Virginia Cattleman's Association
Wetzel Co. Board of Education
Yost and Yost

Morgantown, WV
Hundred, WV
Morgantown, WV
Fairmont, WV
Morgantown, WV
Fairmont, WV
Waynesburg, PA
Blacksville, WV
Morgantown, WV
Waynesburg, PA
Waynesburg, PA
Waynesburg, PA
Waynesburg, PA
Morgantown, WV

Hundred, WV
Fairview, WV

Twins' Grocery
Tod & Scott Tuttle, Owners

724 Mason-Dixon Highway
Blacksville, WV 26521

Phone: (304) 662-6229
Fax: (304) 662-6442

Monday-Saturday, 5:00 a.m.-10:00 p.m.
Sunday, 2:00 p.m.-8:00 p.m.



**HUGHART'S
SUPPLY INC.**

PLUMBING, HEATING, AND COOLING
WHOLESALE DISTRIBUTORS

120 CLAY STREET
MORGANTOWN, WV 26501
PHONE: (304) 296-3121

BLUE MOUNTAIN ENGINEERING

All types of surveying
G.P.S. - Boundary - Mine-Subdivisions
Plans - Permits - Professional Mapping
Construction Layouts

BLUE MOUNTAIN AERIAL MAPPING

Aerial Photography - Volumetric Mapping - Orthophotography
Terrain Modeling - Plan and TOPO Mapping
Ground G.P.S. - 2D and 3D G.I.S.
Phone: 304-662-6486 or 662-2626 or Fax: 304-662-6501

11023 Mason-Dixon Hwy., Burton, WV 26562

ADAM SIX
THANK YOU 18 KARAT, INC.
FOR PURCHASING MY
2005 GRAND CHAMPION MARKET STEER
AND
2006 RESERVE CHAMPION MARKET STEER
I ALSO WANT TO THANK
MYLAN PHARMACEUTICALS
FOR THEIR SUPPORT IN THE PAST

**Clay-Battelle
FFA**
Alumni Association
Blacksville, WV

THANK YOU
Automotive Color Tech
Mike & Leah Bolyard for buying
my 2006 State Fair Market Steer
THANK YOU
Superior Ford & Rich Hardin
for buying my 2006 State Fair Lambs

Emily Dean

COACH K

FROM PAGE 1-C

practice was a game. He loved it. He was fun to coach."

"I was one of the few guys who played football because I enjoyed playing," Kirelawich explained. "I went there without a scholarship. I got one, which was nice, but had I not gotten one I wouldn't have been any different. I wanted to play football."

Certainly, he had that one unforgettable moment at Salem. What was it?

"Graduation," he answered.

Pushed for a moment to come up with one on the football field, he stopped to think.

"I don't know. You're talking a long time ago," he said. "I intercepted a pass and returned it 89 yards for a touchdown, but I don't know if that's a high moment."

It is.

Part of the reason he was able to succeed and was "a coach's dream" was that he was also one of the more intelligent players anyone had run across.

Kirelawich likes to play down his intelligence, perhaps because the image of a defensive line coach isn't exactly built on anything but blood and guts. The salty language he uses may be one way he hides it from outsiders, but he is a man of many interests.

In truth, he's as likely to curl up at home with a real book as he is with his playbook.

Yet, you ask him why he went to Salem and this is the answer you get:

"Because I couldn't get in anywhere else," he roared. "My SATs weren't high enough to go to Kutztown. My mother wanted me to go to college. I wanted to go in the service."

He had grown up near Pottstown, Pa., "in the coal area" is the way he describes it.

"Salem admitted me. I went to Salem College basically sight unseen. We never heard of West Virginia, no less Salem," he said. "When it came time to go to school, my mom took me down, dropped me off and there I was."

"Bill was an excellent student," Young said. "He was the kind of player you look for."

His intelligence carried over onto the football field.

"At that time, he was the guy who called our defenses. You could see he had that football intelligence. He was a natural leader," Young said.

Oh, there was one other thing about Kirelawich, the football player at Salem.

"He was quiet," Young said.

Quiet? Bill Kirelawich, whose gravelly voice can be heard in Fairmont when he is making a point with one of his players?

Quiet?

"Let's say he was more studious at that time and that he listened a bit better than he does now," Pasti-long said.

After graduating, Kirelawich went back to Pennsylvania and taught high school for a while before joining his old buddies Pasti-long and Young on Frank Cignetti's staff, which is where he was when Don Nehlen came to WVU.

"My first recollection of Kirelawich was after I came in for the winter program of 1980," Nehlen said. "I hired Lloyd Carr. Then I hired Bobby Sutton, who was going to coach the defensive line, but he only lasted three or four weeks."

"Kirelawich was a graduate assistant or volunteer coach for Frank Cignetti. Most of the G.A.'s were scared to death of me. But he was so enthusiastic he didn't know when I walked up to him. I said to myself, 'There's a football coach' and I hired him full time."

It may have been Nehlen's best hire, for Kirelawich not only was a loyal, successful defensive line coach but he also became a spectacular recruiter in Pennsylvania, bringing in such players as the Parker twins, Bo Orlando, Tommy Robsock, A.J. Nastasi and, even today, was responsible for Steve Slaton.

All of that is now being recognized as he readies himself for the Oct. 7 induction ceremony at Salem.

And rest assured, right now it's 50-50 as to who is most nervous about his speech, Kirelawich or the Salem administration, which isn't quite sure what might come out of that once-quiet mouth of his.



AP photo

As Utah linebacker Joe Jiannoni brings him down, Boise State running back Brad Lau reaches to get the ball over the goal line for a touchdown. Boise State went on to blow out Utah.

LSU clobbers next Mountaineers foe

Mississippi State trails 35-0 at halftime

COLLEGE FOOTBALL

Associated Press

BATON ROUGE, La. — JaMarcus Russell threw for a career-best 330 yards and matched a school record with 14 consecutive completions Saturday as No. 9 LSU beat Mississippi State, 48-17, on Saturday.

Russell threw three touchdown passes and completed 18 of 20 passes without an interception against the team West Virginia plays next Saturday, in Starkville, Miss.

LSU (4-1, 1-1 SEC) led 35-0 early in the second quarter, prompting thousands of fans to leave at halftime. A 52-minute delay while a thunderstorm rolled through further emptied the stands in the third quarter, when the score was 35-3.

Mississippi State (1-4, 0-3) gained 24 yards and managed one first down on its first five possessions. LSU's first five series ended with touchdowns.

Two early scores were set up by long passes over the middle from Russell to Dwayne Bowe. The first went between three defenders for 25 yards, setting up a short touchdown toss to Craig Davis. Bowe's 41-yard reception to the Bulldogs' 6 led to Charles Scott's TD run for a 14-0 lead.

On his third series, Russell found Early Doucet on a 37-yard scoring pass.

The 6-foot-6, nearly 260-pound quarterback wasn't finished. Shedding tacklers as the pocket collapsed, Russell rolled out and threw a 55-yard pass that tight end Richard Dickson caught over his shoulder as he was tackled at the Bulldogs 2.

The play made Russell 7-of-8 for 202 yards and two touchdowns through the first quarter.

(5) Florida 28, Alabama 13

GAINESVILLE, Fla. — Ryan Smith had two interceptions, Reggie Nelson returned another pick for a touchdown and Florida (5-0, 3-0 SEC) beat Alabama (3-2, 1-2) to avenge last season's embarrassing loss.

(12) Notre Dame 35, Purdue 21

SOUTH BEND, Ind. — Brady Quinn threw for 316 yards and two touchdowns and Darius Walker ran for 146 yards as Notre Dame (4-1) played its best offensive game of the season and beat Purdue (4-1).

(14) Oregon 48, Ariz. State 13

TEMPE, Ariz. — Oregon (4-0, 2-0 Pac-10) used a balanced attack and a relentless defense to crush Arizona State (3-2, 0-2).

Dennis Dixon threw for 215 yards and three touchdowns, Jonathan Stewart ran for 142 yards and Jaison Williams caught 10 passes for 137 yards and two touchdowns. The Ducks registered six sacks and lim-

ited Arizona State to 175 yards.

(15) Tennessee 41, Memphis 7

MEMPHIS, Tenn. — Erik Ainge threw four touchdown passes and Tennessee (4-1) had an easy time beating cross-state rival Memphis (1-3).

(20) Cal 41, Oregon State 13

CORVALLIS, Ore. — Nate Longshore threw for 341 yards and four touchdowns, including two to Marshawn Lynch, and California (4-1, 2-0 Pac-10) defeated Oregon State (2-2, 0-1).

(22) Boise State 36, Utah 3

SALT LAKE CITY — Jared Zabransky passed for 210 yards and a touchdown and ran for a score and Boise State (5-0) turned what was expected to be the Broncos' toughest test this season into a blowout, handing Utah (3-2) its worst home loss in 17 years.

(24) Georgia Tech 38

(11) Virginia Tech 27

BLACKSBURG, Va. — Reggie Ball and Georgia Tech (4-1, 2-0 Atlantic Coast Conference) made their second consecutive visit to Virginia Tech (4-1, 2-1) a huge success, jumping out to a big lead and avenging last year's 51-7 loss to the Hokies.

Ball finished 9-for-16 for 176 yards with two interceptions. He also ran for 34 yards, and Calvin Johnson caught six for 115 yards.

(25) Missouri 28, Colorado 13

COLUMBIA, Mo. — Chase Daniel threw four touchdown passes to lead Missouri (5-0, 1-0 Big 12) past Colorado, giving the Tigers their first 5-0 start since 1981. The Buffaloes (0-5, 0-1 Big 12), meanwhile, have lost nine straight.

Big East

Pittsburgh 45, Toledo 3

PITTSBURGH — Pittsburgh (4-1) needed less than five minutes to turn a pair of pivotal mistakes by Toledo (2-3) into a two-touchdown lead in the first quarter, and Tyler Palko threw for two scores that led the Panthers to victory.

Palko threw a 9-yard touchdown pass to Derek Kinder shortly after Toledo couldn't convert on fourth-and-1 from its own 42. One play later, defensive lineman Gus Mustakas returned an interception 9 yards to make it 14-0.

Syracuse 40, Wyoming 34

SYRACUSE, N.Y. — Delone Carter rushed for 129 yards on 20 carries and scored the first four touchdowns of his college career, the final one coming on a 15-yard run in the second overtime, and Syracuse beat

Wyoming for its third straight triumph. Syracuse registered six sacks to boost its season total to 25.

Navy 41, UConn 17

EAST HARTFORD, Conn. — Navy quarterback Brian Hampton ran for 182 yards and three touchdowns and threw for 141 yards and another score as the Midshipmen (4-1) routed Connecticut (2-2).

Navy racked up 605 yards with its triple-option offense, including 464 on the ground, against what had been the nation's 10th-ranked defense.

Cincy 24, Miami (Ohio) 10

CINCINNATI — Greg Moore rushed for 119 yards and a touchdown to lead Cincinnati (2-3) past Miami (0-5). The Bearcats ended a three-game losing streak in running their record to 45-59-7 in the series, the oldest rivalry west of the Alleghenies.

Friday's game

(23) Rutgers 22, USF 20

TAMPA, Fla. — Ray Rice ran for 202 yards and two touchdowns, leading Rutgers (5-0, 1-0 Big East) past South Florida (3-2, 0-1) in the Scarlet Knights' first game as a ranked team in 30 years. Jeremy Ito kicked field goals of 32, 40 and 53 yards for Rutgers.

WVAC

Shepherd 20, Fairmont 0

SHEPHERDSTOWN — Dervon Wallace scored on a 5-yard run and John Sheehan caught a 20-yard touchdown pass from Tyler Lazear to lead Shepherd (5-0, 2-0) past Fairmont State (1-4, 1-2).

W. Liberty 21, Duquesne 19

PITTSBURGH — Jay Gullion threw three touchdowns and Darren Banks intercepted three passes to lead West Liberty (3-2) past Duquesne (3-2).

Charleston 42, State 29

CHARLESTON — Cory Isner threw two touchdowns and Mike Williams returned an interception 41 yards for a score to lead the University of Charleston (3-3, 2-1) by West Virginia State (1-4, 0-3).

Concord 10, Wesleyan 7

BUCKHANNON — Zach Boyd kicked a 30-yard field goal in overtime to lift Concord (3-2, 3-0) past West Virginia Wesleyan (2-3, 1-2).

Glenville 21, Ky. Wesleyan 13

OWENSBORO, Ky. — Da Mon Lindsay scored three touchdowns to lead Glenville State (2-3) past Kentucky Wesleyan (0-6).

DUKE

FROM PAGE 1-C

The night the shots rang out

Duquesne University, a Catholic school located in Pittsburgh with an enrollment of 9,722, prides itself on having one of the safest campuses in the country.

Even the safest of places can be violated when individuals are committed to creating terror.

Early Sunday, Sept. 17, five members of the Duquesne men's basketball team were shot while walking back to their residences from a school dance.

Pittsburgh police have charged four people: William Holmes, Britany Jones, Derrick Lee and Erica Jones. Brandon Baynes was originally charged after the shootings, but those charges were dropped Thursday.

Peck and Pryor were both home in Morgantown visiting friends at the time of the shootings.

"We've been told to not really discuss the events," Peck said. "but I guess it was a good idea to come home that weekend."

"When I first heard about it, it just really scared me. I didn't think anything like that could happen there."

"I was just shocked," Pryor added. "I couldn't believe it."

Each took a class this summer to get a credit out of the way before the fall semester began. Since the shootings, the small campus, to

them, seems "a lot smaller now," Peck said. "It has a different feel to it. It's brought the whole campus together."

"Pretty much everybody on the team has treated us like family, but now it seems like everybody on the campus is like a part of your family," Pryor said. "It's brought the women's team closer. It's brought the men's team closer, but it's also brought the entire campus together."

Top of their games

While in high school, both players dreamed about someday playing Division I basketball.

Now that their dreams have come true, the realization has hit them in different ways.

"We took our team pictures already, so we got to wear our uniform for the first time," Peck said. "That was a special moment for me, but I don't think it's hit me yet that I'm a Division I player. It probably won't hit me until we play our first game."

Pryor said she realized very early that she was a Division I player. It hit her when the team first began to condition.

"We're up at 6 a.m. every day running like there's no tomorrow," Pryor said. "It's kind of funny. I mean, my gosh, I used to complain in high school if we had to run a few."

"We run suicides [sprints] on the football field and then we go in the gym and run some more suicides. When you're running 38 sui-

cides a day, it'll hit you pretty quick that you're a Division I player."

Even when Pryor was a freshman at MHS, she was one of the top five players in the state. Knowing that, Pryor was keen during her prep career on when to turn on her ability and when to go into cruise control.

She realizes there's a major difference at the college level.

"Honestly, I still have the same attitude that I'm the best and no one can beat me," Pryor said. "Even though I'm just a freshman, I feel I have to contribute right away to this team."

"The part that's different is that every night I know I'm going to be facing the best players from other states. In high school, we'd face some of the state's top players every few games or so, but now I'm going up against the best players from all over every game. I'm excited about that."

Peck and Pryor are also excited about living in Pittsburgh, while knowing their families aren't very far away.

"One night, Keri and I just started walking and we went to the South Side and we ended up doing some shopping," Peck said. "It was a lot of fun. We were walking around just looking at everything."

Until ... "We ended up getting lost," Peck said.

"Yeah, we're a couple of knuckleheads," Pryor added. "We did find our way back eventually."

MedExpress+

Great Care. Fast.

I
ness
or
injury

215 Don Knotts Blvd. • Morgantown

304-291-DOCS (3627)

www.greatcarefast.com

Another eagle boosts Tiger's AmEx lead to 6 shots

GOLF

Associated Press

CHANDLER'S CROSS, England — Tiger Woods was exasperated after missing a half-dozen birdie putts inside 12 feet, each one costing him a chance to pull away in the American Express Championship.

One putt changed everything. Woods holed a 35-foot putt on the par-5 18th to make eagle for the third straight day, turning a decent round into a good one at 4-under 67 and building a six-shot lead Saturday going into the final round.

He was at 19-under 194 and had a comfortable lead on Adam Scott (65).

It was his lowest 54-hole score since he was at 18-under 192 at Firestone in the 2000 NEC Invitational, where he led by nine shots after three rounds and went on to win by 11. And the six-shot lead was his largest since Woods led by the same margin at the 2003 Western Open.

Woods is 37-3 on the PGA Tour (43-5 worldwide) when he has a 54-hole lead, one of the most intimidating marks in golf. He has never given up a final-round lead when leading by more than one shot, so that doesn't bode well for the rest of the field.

Southern Farm Bureau

MADISON, Miss. — D.J. Trahan

shook off a double bogey to maintain a two-stroke lead, birdieing the final two holes for a 1-under 71 on the Annandale Golf Club course.

Trahan, who has led after all three rounds, had a 12-under 204 total after opening with rounds of 65 and 68. Two-time U.S. Open champion Lee Janzen (67) was second, and Daniel Chopra (68) and Brad Faxon (72) followed at 9 under.

Champions-Greater Hickory

CONOVER, N.C. — Andy Bean remained in position for his first Champions Tour victory, shooting a 2-under 70 to take a two-stroke lead into the final round.

No need for Beilein to teach from scratch again

SINCE IT WAS JOHN BEILEIN who authored the tantalizing turn-around within WVU's men's basketball program the past four years, he needn't be reminded things won't be the same again this season.

In fact, Beilein admits the approaching 2007 season is more likely to resemble 2003 than 2006.

Of course, that tends to be the case when a coach graduates five seniors and four starters from a team that rose from Division I laughingstock to having the last laugh with back-to-back Elite Eight and Sweet 16 appearances.

"In some ways, yes it will be that way, but I wouldn't say it's a duplicate situation," Beilein said last week. "That was really starting from, not ground level, but below the ground. Now, we think we have a strong foundation.



MICHAEL CASAZZA

There was some major rebuilding going on then, but I think if these preseason workouts are any indication, things look good for the future, the more immediate future. Who knows what the long-range possibilities are?"

No, what Beilein is maneuvering through during these early get-togethers with his team can in no way feel like what he experienced four years ago. There is less uncertainty, greater optimism, fewer doubters and more people

ready to climb aboard a bandwagon you sense might be chugging along by Christmas.

Still, the argument could be made that while the Mountaineers will have one starter, three or four regulars and five total players back, the team really has no one back in a familiar role.

Frank Young, the most seasoned of the players, will be a senior, a two-year starter, but he's never been asked to carry the responsibilities he might have to shoulder this season in scoring and leading.

Darris Nichols, the junior point guard, has started but two games his entire career and scored in double-figures just twice.

Rob Summers, a second senior and one with experience not only at WVU but also as a starter at

Penn State, was sometimes forgotten in Kevin Pittsnogle's wake last year, though he made strides and finished as strong as a string of cameo appearances could allow.

Sophomores Alex Ruoff and Joe Alexander will be in new roles this season, ones with increased demands for effort and effectiveness.

Now throw in the eight newcomers — seven freshmen and transfer Jamie Smalligan — and you get an idea that everything is new inside the Coliseum.

"Many of us are re-reading the first chapter," Beilein said. "The freshmen are reading it for the first time and we're making sure they don't get rushed through it. But some of our veteran players are experiencing a more detailed version of it this time."

The learning, you see, was so advanced with an established team the previous two years that Beilein could go over things once or twice, trust his most trusted players got it, and then move on. He'd told Johannes Herber and Jarmon Durisseau-Collins these things hundreds of times before. The lessons didn't need to be repeated in great detail again.

This batch doesn't get it quite as easily, not yet at least. So Beilein is much more intricate, more involved in his teachings. It's what the coach loves, what the Mountaineers need.

The recent success has allowed Beilein to recruit from a more attractive pool — and it would appear he's made a splash. Sufficiently satisfied with the players he brought to town, he's confident

in his ability to teach them what they need to be taught. The holdovers will add to their knowledge and develop their dependability.

In time, they will become their own players, which will be vital because this is, after all, a new team in a new season beginning what Beilein hopes is a familiar journey.

"We have to let go of what's gone on," he said. "We can still hang on to some things, but we have to let go of it on our minds. It's not going to help us next year. But they do know that hard work could pay off and that it will pay off in some way, shape or form as it has before for us."

MICHAEL CASAZZA is a sports reporter for *The Dominion Post*. Reach him at mike.casazza@dominionpost.com

UHS girls rebound, dash Dons

Win follows shutout loss

UNIVERSITY 6, MADONNA 0

BY MARK SCHRAF
The Dominion Post

The Hawks needed a game like this. A tough, 2-0 loss Thursday to top-ranked Fairmont Senior on the road left the University High girls' soccer team "a little beat up, physically and emotionally," according to coach Ray Petrisin.

So it was a fortunate turn that the schedule makers matched UHS with an overmatched Madonna High team Saturday. The result, an easy 6-0 drubbing of the Blue Dons, came at just the right time.

"Sometimes, after an emotional loss or an especially physical game, it's great to have a little bit of a breather game," Petrisin said. "You get a chance to try some things, play the whole team, build your confidence back up."

The Hawks started early, Emily Sphar scoring off an Alex Cranston assist in the second minute. Ten minutes later, Kylie Sphar settled a long pass into the box from her sister Emily and roofed a shot to put UHS up by two.

The Hawks added to their lead just two minutes later, when freshman Kara Seamon pounced on a loose ball after an Isabelle Zdatny shot and scored on the rebound. The prettiest goal of the game came in the 29th minute on a nice pass across the crease from Cranston to a wide-open Kylie Sphar, who one-touched the shot into the right corner to extend the lead to 4-0.

A pair of second-half goals off Emily Sphar corner kick assists, one by Seamon, the other by Cranston, closed out the scoring for the Hawks (8-5-1).

UHS finished with an overwhelming 30-1 shot advantage. Madonna keeper Tara Paolomilio made 11 saves.

Afterward, Petrisin was sure his team knew the difference between teams like Madonna and Fairmont Senior.



Todd Flint/The Dominion Post

University High's Kylie Sphar (right) goes toe-to-toe with Madonna's Jennifer Nicka. Sphar scored two goals in the Hawks' victory Saturday.

"Pressure," he said. "It's all about pressure on the ball, and how you handle that pressure. We stress composure with the ball constantly, but it's easier said than done. When you have space like we did today, you can take chances offensively and creatively that you just don't get against close-marking teams."

"We're learning from the good teams," Petrisin continued. "We play them, then we ask the girls why they're so good. We're hanging around, staying close against ranked teams, and that's the first step. We just have to figure out a way to win those close matches."

G.W. deals MHS girls first defeat

GEORGE WASHINGTON 1
MORGANTOWN HIGH 0

BY MARK SCHRAF
The Dominion Post

It was bound to happen. An undefeated season in any sport occurs about as often as President Bush attends a Democratic fundraiser, so it isn't surprising that the Morgantown High girls' soccer team finally lost Saturday, 1-0, to George Washington, at Pony Lewis Field.

It also isn't surprising that the Mohigans were shut out — they have been struggling to score against quality opponents. But don't think for a second coach Mike Kelleher is ready to panic.

"All we really need is a little bit of luck," Kelleher said. "It's not like things are broken and can't be fixed. Against East Fairmont Thursday

night, we took 36 shots and still tied, 0-0. So we're generating chances, but we're just not finishing."

MHS (5-1-6) had the better of the play and possession early in Saturday's match, but G.W. (8-4-4) absorbed the pressure and forced most shots to be taken from the perimeter. The Patriots were content with playing long balls to counter-attack, although the Mohigans' defense remained solid and organized.

The match changed suddenly in the 30th minute, when G.W. freshman Jasmine Soo collected a ball in the midfield, beat two defenders on the dribble and drilled a hard, swerving shot from 30 yards. MHS keeper Katelyn Laird seemed to have the shot covered, but it squirted through her hands and trickled into the goal.

MHS had two good chances to score in the last 10 minutes of the first half on free kicks but couldn't capitalize.

The majority of the second half was a midfield slogfest, as neither team could penetrate the defensive wall. G.W. managed one shot; MHS went without one for 20 minutes.

The Mohigans' best chance to score came after a G.W. defender passed the ball back to the keeper, who picked it up at the corner of the 6-yard box. The resulting indirect kick from the goalmouth was blocked by the defense, and MHS couldn't mount any serious threats the rest of the way.

Kelleher had a message for his team after the match.

"I told them that losing is a part of sports," he said. "It's all about how you respond to the loss. We've played all the top teams in the state now, and we haven't lost to any of them, so keep your heads up."

"Besides," he said, "better we lose one now than in two weeks," when tournament time rolls around.

MHS's Bowers sees blocked conversion try as key point

PREP NOTEBOOK

BY JUSTIN JACKSON
The Dominion Post

Today's world of football can be a tricky thing.

The linemen weigh 300 pounds or more, while tailbacks look more like professional body builders. A lot of quarterbacks are in the 6-foot-4 frame and the best of line-backers are 240 pounds-plus and run like the tailbacks.

And sometimes a game is decided by a 165-pound kicker.

Of all the plays that upset Morgantown High football coach John Bowers in the Mohigans' 28-26 loss to Wheeling Park on Friday, the blocked extra point attempt in the third quarter may have been the most frustrating.

"It's a simple play. You snap it, block and kick the ball," Bowers said. "We didn't block anybody and the kick was blocked. We didn't execute and our kicker really didn't have a chance."

The extra point would have tied the game at 14; instead, later in the game MHS either had to score twice to take the lead or execute on a two-point conversion.

The Patriots came right back to take a 21-13 lead, which was followed by Levi Johnson's 16-yard TD run to make the score, 21-19.

"We had to go for two and the conversion rate isn't really in your favor," Bowers said. "Missing that extra point really had an impact on the game, and like I said, we simply didn't block on that play."

The two-point conversion pass failed and then Wheeling Park scored another touchdown.

"Once they had a nine-point lead, we really had to scrap the running game," Bowers said. "We would have liked to keep pounding the ball with Levi, but we couldn't do it, because the clock wasn't on our side."

The power of the press

Grafton tailback Corey Westerman said he picked up some extra motivation Friday morning for the Bearcats' game against rival Lincoln.

Westerman and teammate Jarod Shaw read *The Dominion Post's* Fab Four predictions and saw three of the four writers predicted Lincoln to win.

Grafton won easily, 20-0.

"Me and my fullback [Shaw] were reading the predictions and when we saw that three out of four writers picked us to lose, it sort of fired us up for the game," Westerman said.

The 20-point victory was much needed for Grafton coach Mike Skinner, who saw his Bearcats play in three close games before this week. Two of the three were victories decided by a total of four points, while Grafton also lost a game by one point.

"Glad this one didn't go down to the wire for a change," Skinner said. "I still have plenty of hair on my head, but more of them are turning the wrong color with every close game we play."

Keep it running

Clay-Battelle's venture into Maryland on Saturday to play Bishop Walsh brought an interesting rule change.

In Maryland, when one team leads by 35 points or more, the clock runs continuously.

"I've been on both sides of that," C-B coach Ryan Wilson said. "I've been in some games down by 35 or so and all I wanted to do was get out of there as soon as possible."

C-B won, 45-6, and the clock kept running after Levi Sanders scored on a 1-yard run with 5:02 left in the third quarter to make the score 38-0.

Wilson said he likes the rule. "I'm all in favor of it. The only thing about keeping it going is one

team is probably going to miss out on gaining a few more yards, but that's neither here nor there with me."

McCoy at it again

DELBARTON (AP) — Paul McCoy ran for 658 yards in a high school football game and, believe it or not, may not have set a national record with his feat.

The total tops the National Federation of State High School Association's listed record of 619 yards, set by Ronney Jenkins, of Oxnard, Calif., in 1995.

But high school records historian Doug Huff said Saturday the recognized record is 739 yards, by John Giannantonio, of Netcong, N.J., in 1950, against Mountain Lakes.

McCoy piled up his yardage on just 29 carries — an average of 22.7 yards per attempt — and scored 10 touchdowns as Matewan beat Burch, 64-0, on Friday.

McCoy did set a state record with his 658 yards, and his 10 TDs would tie him with two others for the second most nationally. The record is 12, set by Ken Pearson, of Hugo, Colo., in 1930.

McCoy, averaging 345 yards per game, has 1,723 yards and 26 touchdowns this season.

Friday's late summary

GRAFTON 20, LINCOLN 0
Lincoln 0 0 0 0
Grafton 0 6 7 7-20

SCORING SUMMARY

G—Nathan Sevier 7 pass from Zach Stemple (kick failed)
G—Corey Westerman 6 run (Wayne Dickey kick)
G—Zach Stemple 11 run (Dickey kick)

INDIVIDUAL STATISTICS

RUSHING: Lincoln—Derek Rogers 8-19, Matthew Wray 11-17, Joseph Farris 7-21; Grafton—Westerman 26-139 TD, Jared Show 16-45, Stemple 4-17 TD, Sherman Royster 5-15.

PASSING: Lincoln—Rogers 11-29-142; Grafton—Stemple 3-5-28 TD, Theo Frey 1-1-23.

RECEIVING: Lincoln—Curtis Hamrick 4-52, Wray 1-24, Kenneth Healey 2-21, Elijah Cottrill 2-19, Tyler Stire 1-18, Tyler Cunningham 1-8; Grafton—Cody Sheme 1-23, Asa Coplin 1-20, Sevier 1-17 TD, Show 1-1.

SACKS: Grafton—Sheme 2, Jared Knotts, Mark Witkowski.

INTERCEPTIONS: Grafton—Frey.

High Intensity Training Centers

Pre-Season Sport Specific Conditioning for Basketball

Improve:

- Vertical Jump
- Agility
- Speed
- Strength
- Power
- Flexibility

Individual and Team-Up Packages Available

292-9404

Located in Westover, next to Wedgewood Family Practice

The HIT Center also offers Sports Psychology Services by Dr. Jack Watson

COME OUT AND PLAY!

WISP RESORT

It's The Last Day!

Save 10% On Season Passes Only Thru October 1st!

www.wispresort.com

301.387.4911

Photo Credit: Crede Calhoun

Mountain State Outdoors

King salmon running strong in Niagara River

BY JEFF KNAPP
For The Dominion Post Outdoors

Outstanding king salmon fishing is available within an easy drive of our area. The lower Niagara River, near Lewiston, N.Y., is boasting one of its strongest fall salmon runs in years.

According to Capt. Frank Campbell, one of western New York's most skilled and experienced multi-species guides, the current king salmon run on the Niagara is the best in 15 years.

Not only has the run been strong but it also has started early. Cooler-than-normal water temperatures in eastern Lake Erie are the likely reason.

This past week I had the pleasure of experiencing the Lower Niagara's excellent king salmon action. I shared the boat with Bob Funk, of Mustad Hooks, and Ken Shultz, fishing columnist for ESPN Outdoors. During a session that lasted about seven hours, we hooked up with more than 20 salmon, landing about two-thirds of them.

Vacating the food-rich waters of Lake Ontario, each fall king salmon enter the Niagara during their spawning run. The area known as Devils Hole is a traditional hot spot. Devils Hole is located upriver of power generating plants on both the American and Canadian sides of the river. It lies just downriver of a series of rapids. The deep, relatively calm pool creates an ideal resting place for migrating salmon.

It is typical for salmon anglers to fish both the U.S. and Canadian sides of the river. The Canadian "drift" tends to be best early in the morning, as the current picks up during the day. The run on the American side is longer and slower.

The most common tactic is to present either natural bait or artificials while the boat drifts with the current. During my stay, the most productive bait was salmon egg skein. In regard to artificial lures, the Kwikfish, a banana-shaped bait, often gets the nod.

Depths in Devils Hole range from

10 to 30 feet. The key to success is to keep your bait on or very near the bottom while maintaining a vertical position in regard to the boat.

Baits are presented via a three-way rig. A pencil-shaped sinker is tied to a foot-long dropper off one eyelet of a three-way swivel. Weights we used ranged from 1 1/4 to 2 1/2 ounces, depending on the speed of the current. During my recent outing, we attached Mustad 92568 BLN snelled bait hooks to the swivel with a 4- to 6-foot 15-pound test fluorocarbon leader.

The egg skein was attached to the hook by creating a loop in the leader by forcing it back through the eye of the hook. A chunk of egg skein was inserted in the loop. Tightening the loop pegged the eggs against the hook shank.

Baitcasting gear is ideal for fishing in a vertical manner directly under the boat. We used 7-foot medium-heavy action Shakespeare casting reels coupled with round Shakespeare level-wind casting reels

spooled with 15-pound test fluorocarbon line.

The thumb bar on the reel made it a simple task to free-spool additional line when the depth increased.

Campbell said the salmon run typically stays strong until about the third week in October. Steelhead (lake-run rainbows) show up in the river about the time the kings begin dropping eggs. Brown and lake trout add to the lower Niagara fishery as fall gives way to winter. Trout fishing is a viable option throughout the winter into spring.

Shore fishing opportunities are available at the fishing platform located at the New York Power Authority's facility. Devils Hole is no place for boaters unfamiliar with the area. Wild currents and whirlpools lurk at the discharges of the power plants. Anglers new to the area should employ the services of one of the area's experienced guides, experts that have the experience and watercraft necessary to safely fish the area.

If you go

Lodging

The Riverside Motel in Lewiston, N.Y., sits directly behind the boat launch, making it an ideal spot to meet your guide. Phone (716) 754-4101.

Guide service

Niagara Region Charter Service, Capt. Frank Campbell, (716) 284-8546, niagaracharter.com.

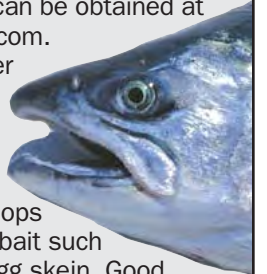
Licenses

The Niagara River is an international border water. When fishing the river from a boat, it's wise to have both a New York and Ontario license, as you will likely be fishing waters located in both. Additional information on licenses can be found on

the New York Department of Environmental Conservation and Ontario Ministry of Natural Resources Web sites, dec.state.ny.us and mnr.gov.on.ca respectively.

Bait, more fishing info

Bait stores, additional guide services and current fishing information can be obtained at niagara-usa.com. You can order a regional fishing hot guide from this site. Local bait shops carry quality bait such as salmon egg skein. Good bait is a vital component to successful fishing in this area.



GO FISH!

West Virginia DNR

Cheat Lake

Yellow perch are being caught by boat anglers around the I-68 bridge using minnows or worms with a couple of split shot fished 10 to 15 feet on the bottom. Bank anglers will have the best luck for largemouth bass and sunfish in the backwaters of the Cheat Lake Park. The rock riprap on the lake side of the park is also a good spot for bass and sunfish. Target smallmouth bass by boat in the upper end of the lake above Mt. Chateau. Try surface plugs and buzzbaits in the backwaters after dark for night fishing excitement. Channel catfish are abundant throughout the lake. Try the tailwater fishing pier for wall-eye, sauger, and many other species. Minnows are the best bait now. Start fishing at dark. The pier is about 25 minutes from Morgantown. Take U.S. 119 to Point Marion, Pa. Turn right after crossing the Cheat River and proceed 4 miles to Cheat Dam. The pier is lighted for night fishing and is handicapped accessible.

Monongahela River

Water temperature is around 65 degrees. River flows are low but normal. Fish will be attracted to the moving water at the tailwaters of all the locks, and the warm water discharges at the Rivesville, Morgantown and Fort Martin power plants. Sauger and walleye are most active from dusk to dawn. Channel catfish can be caught in the tailwaters using chicken liver. Minnows, 3-inch plastic grubs, and crankbaits are still the most productive baits for most other species. The shoreline from the Morgantown lock to the mouth of Deckers Creek is always a good place to fish from the shore. There are lots of bass, sauger and drum along the shoreline. The opposite shoreline is good for larger sunfish. Bass anglers should try the weed beds from Morgantown to the state line using weedless surface plugs.

Tygart Lake

The lake is 20 feet below the summer pool level and falling slowly. Bass will be feeding along the shoreline as the water level drops. Tube jigs have been good baits for bass all summer. White bass feed on the surface at dawn and dusk and can be caught with spinners or shallow-running crankbaits. Walleye move into shallower water after dark to feed. A second stocking of brood trout occurred last month. The tailwater temperature is 70 degrees, which makes it the best area water for trout fishing right now. There are still lots of walleye in the tailwater. Walleye fishing is best during higher flows (1,500 to 5,000 cubic feet per second) and trout fishing is best at low flows (less than 1,000 cfs). Daily lake and tailwater conditions: 265-5953.

Stonewall Jackson

The lake is 2 feet below summer pool and clear. Fishing is good. Lake surface temperature is 72. Bass are in 10 to 15 feet of water. Panfish are active and are hanging around cover. A few crappie have been caught but fish have been hard to locate. Try a minnow and jig. Catfish are being caught in the evening with worms and liver. Trout still remain in the tailwaters, try powerbait and worms. Yellow perch and crappie are being caught on live bait. Info: 269-7463.

Pricey guns and fun



DAVE MILNE

THIS PAST WEEKEND, I was invited by a friend from Virginia to shoot with him at the Vintage Cup and World Side-By-Side Championships, in Millbrook, N.Y.

It was held at Orvis' Sandanona Shooting Grounds. I was told this is the oldest gun club in America.

This was the 10th annual event and is sponsored by the Order of Edwardian Gunners Inc. This is a nonprofit corporation that was formed in 1994 by four friends who loved both side-by-side shotguns and the game of sporting clays. They recognized that the emphasis on scores at sporting clays events discouraged the use of fine game guns at these events.

In response, they set up shoots for classic guns with emphasis on fun targets, vintage attire, fine dining and good fellowship.

This group had too much fun to really care about scores. They do keep score, but it's not important to them. Their events put more emphasis on the social side than the shooting ability of the participants. Membership is open to anyone who shares their enthusiasm for the old double gun.

A little over half of the men I saw wore vintage-style clothing that included knickers, kilts, shirt and tie, vests, jackets and sports caps. Many of the women also wore outfits from the turn of the century.

This being the 10th anniversary, represented by tin, all of the trophies were made of pewter, since tin is the main metal in pewter. It's also the Chinese Year of the Dog, and so the program was dedicated to fine hunting dogs. Several breeders of gun dogs were there.

Over the past few years that I have been shooting sporting clays, I've seen some expensive guns, but nothing like what was on display here. There was one matched set of new guns in 12, 20, 28, and 410 gauges that carried a price tag of \$600,000! That's a mere \$150,000 per gun.

That's not bad compared to the Poli I saw for \$192,950 or the



Dave Milne photo

Robert Gerry, of Morrisonville, N.Y., lines up a shot.



This Poli (left) had a price tag of \$192,950, while the asking price for the Holland & Hollands was \$229,950.



Dave Milne photos

matched pair of Rizzini's in 20 gauge they wanted \$350,000 for.

There was tent after tent just jammed full of guns, knives, clothing and dogs. The total value of the guns on display had to total around \$15 million. No kidding! A cheap gun ran around \$5,000 and there weren't many of them. There were plenty in the \$50,000-90,000 range. And, I didn't come home with any more guns.

Not only were there many events that you could enter covering all of the gauges of shotguns you could imagine and in both hammer and hammerless, but there was also competition for the old double rifles like they use to hunt large game in Africa. These rifles were in both black powder and regular ammunition that had to be 40 caliber or larger.

The events I shot in were the 20 gauge hammer and hammerless, 28 gauge hammer, 16 gauge hammer, 12 gauge hammerless, 12 gauge American classic, which had to be shot with an American-made gun around the turn of the century, and the main event that was 12 gauge in either hammer or hammerless.

Since the only gun I own in this class is a Francotte made in Belgium, I had to borrow guns for the other events from my friend.

I didn't think I was shooting

very well, but a guy shooting with us said I was doing just fine and that there were a whole lot of people shooting a lot worse than I was.

Well, he was right. When they posted the scores, I was in the top 10 to 25 percent of every event except the 28 gauge hammer gun. I don't think I could have committed suicide with a box of shells with that thing.

I guess that's not bad for shooting borrowed guns I'd never had my hands on before. The 16 gauge and the 20 gauge hammerless didn't even come close to fitting me and my cheek is still tender from the kick. Remember, a gun that hurts you doesn't fit.

After shooting on Friday, a guy invited us over for an English beer. I met a man dressed in vintage attire and he said he was a physician from North Carolina. He asked where I was from and told him Bruceton Mills, West Virginia.

He smiled and asked if I had known George Bird Evans. When I told him Evans was my neighbor, he smiled and said he'd been on my farm when George kept his call-back pen for quail across from my house. He had owned a couple of George's Old Hemlock setters.

It's a small world.

DAVE MILNE serves on the state Natural Resources Commission.

Two new calls could help bag a deer this fall

EVERY YEAR THE INNOVATIVE hunting industry comes out with new products for hunters. Most are just spin-offs of something old that the industry repackaged with more glamour.

However, there are two new deer calls out that I think have great potential for increasing your hunting success and enjoyment. Both may bring in mature bucks, and with the extra push on improving the number of mature bucks out there, especially in Pennsylvania, these calls can really be used to your advantage.

The first call is the "grunt-snort-wheeze." I believe this call is one of the hottest things in deer hunting this year. The grunt-snort-wheeze call is given in very aggressive situations when one buck encounters another, when a hot doe is nearby.

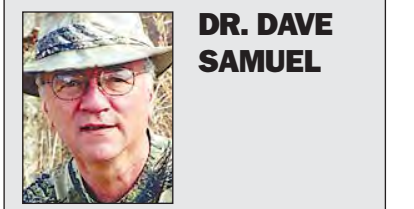
This is a great call to use when you see a mature buck or when you think one is in the area. I also use it during the chase phase of the rut, to blind call occasionally from my tree stand. Why not? You have nothing to lose. Last year I even was able to bring in a decent Illinois 8-pointer that was chasing a hot doe.

Mad Game Calls makes a grunt-snort-wheeze call, but you can easily do this call with your mouth. In fact I'd rather just use my mouth because it is easier and quicker than pulling out a call.

Simply place your top front teeth on the inside of your lower lip and loudly blow out three quick and short times. "Phhht, phhht, phhht." Then finish with one loud and long, extended "phh-hhhhhhhhhhhhhht" call, blowing through your upper front teeth. It won't scare deer (few attempted deer calls do) and it can work.

The second call is new this year. Actually, I don't think there is anything new about this call. I think it is just an extended, louder, more emotional version of the tending grunt call, but the folks at Mad Game Calls are really on to something with this call.

They have just come out with the Buck "growl" call, and I think the whole concept is fantastic. I can't make this call with my mouth so will be using the Mad



DR. DAVE SAMUEL

Game Call.

Prior to this summer, I'd never heard about this call. Growing up in Pennsylvania before the days of antler restrictions and living in West Virginia, I haven't been exposed to many mature bucks. And it is the mature bucks that give and respond to this call.

After looking at the promotional video put out by Mad Game Calls, I'm convinced this really works on bucks.

Use this call in late October and early November, when bucks are chasing does. This call is given by bucks exhibiting a high level of emotion in the rut. A hot doe is always involved, and it is also given when another buck comes into a buck chasing a hot doe.

You start by giving the short, normal tending grunt call. Grunt rather quietly several times, then, using the same grunt growler tube, you make the grunt call longer and much louder, which gives the "growl" or "bawl." Use this call to bring in bucks to what they think is a buck chasing a hot doe.

One video scene shows a buck harassing a doe and the buck gives this call repeatedly, especially when other bucks start coming into the area.

You can also use this call while rattling.

This thing works and I will definitely be using it the first week of November on my Illinois bowhunt and in Ohio as well. Hunters are now seeing better bucks in our West Virginia region, so there may be opportunities to use it here.

Just when you thought you had seen it all, or knew it all, something new comes along.

In this case, I believe it works.

DR. DAVE SAMUEL is a retired wildlife professor and writes the "Know Hunting" column for *Bowhunter* magazine. Visit his Web site: www.knowhunting.com

You're invited to the first Morgantown area Friends of the NRA Dinner

October 26, 2006 • Knights of Columbus Hall • Star City, WV • Doors open at 5 p.m.

Tickets: \$50/2 for \$90, includes raffle entry • Contact Dave Sypolt at 698-5299 or Paula Martinelli at 296-3433.

Forty unique custom-made firearms, art and outdoor gear, available only at Friends of NRA events, will be auctioned. Items shown at www.nrafoundation.org/friends/06merchandise.

All proceeds go to the NRA Foundation. At least half will go to support shooting and hunting programs in West Virginia. The NRA Foundation is a 501(c)(3) organization that supports firearm-related activities of the National Rifle Association of America and other organizations that foster America's shooting and hunting heritage.

EDITORIAL

Plan reignites burning issues

City's proposal for station points to need for developing fee formula

Morgantown City Council rekindled some old debates last week.

The dispute was sparked by a plan before the council to build and finance the Morgantown Fire Department's new station in the city's north side.

Although it appears that council is on the same page about paying for construction of the station and the equipment it will house, more firefighters are still optional nearly 40 years later, or in this case, arguable.

Earlier this year, the Monongalia County Commission and WVU each donated adjoining tracts of land to the city to build the fire station.

On Tuesday the city began hashing out the details — the time and money — mostly the money, which will be derived by hiking the city's fire fee.

And there again is another deep-seated argument that starts smoking periodically: Implementing an increase in the city's fire service fee.

We unequivocally believe the city needs to hire more firefighters and unequivocally needs to increase the fire service fee. The debate's over.

We realize taxpayers have their limits as to what they will shoulder, but we suspect most of them would agree more firefighters are needed, as is the new north side fire station, and are willing to pay for it.

How many firefighters and how much the fee is raised need to be determined, of course. But that should easily be resolved by City Council directing the city manager to consult fire officials on an agreement.

All anyone needs to know, who doubts the city needs to hire more firefighters, is that WVU's population has nearly doubled since 1967 to about 26,500 students. In the meantime, the fire department still has 45 firefighters — one more than in 1967.

On the other issue, the fire service fee has not increased since 1992. In the meantime, the costs of practically every other city fee has and some have virtually doubled in that interim.

It was 1999 when MFD Chief David Fetty first proposed an increase in the city's fire fee and tried to beef up his force. He's still waiting for a response.

Though we can understand why there has been debate on the numbers of firefighters needed and the amount of the fee increase, we cannot understand the inaction on this issue.

Admittedly, this fire department has continued to receive excellent ratings on internal and external audits of its services, despite the staffing issues and the static fire fee. But the credit for that goes to the MFD, not to our city leaders.

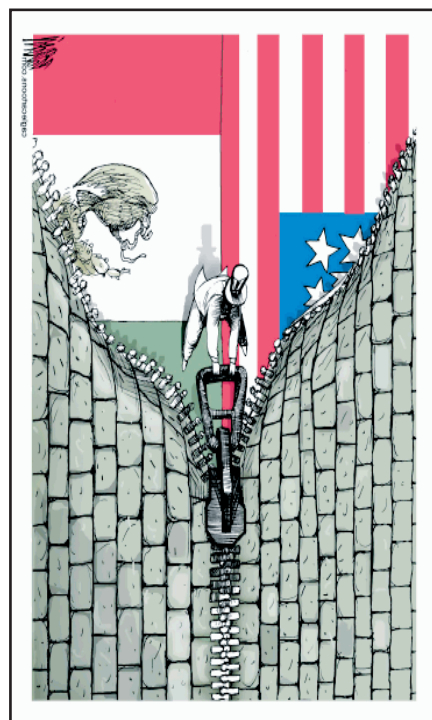
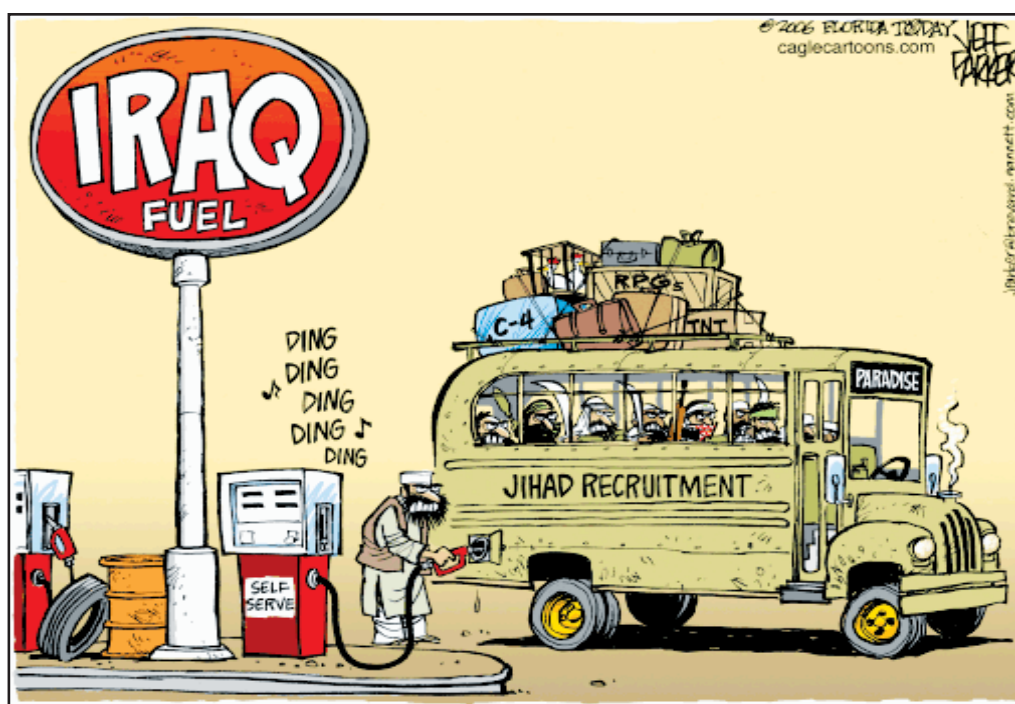
We realize taxpayers have their limits as to what they will shoulder, but we suspect most of them would agree more firefighters are needed, as is the new north side station, and are willing to pay for it.

And anyone who doubts it will, probably at one point, come face to face with these firefighters in an emergency and hopefully walk away convinced they were worth every penny of the fire fee. That argument alone for expanding the department is convincing.

To pay for the new fire station and new firefighters the city needs to raise this fee. And if a 24 percent increase, as one council member suggested, is needed to hire and train additional firefighters, rather than a 16 percent hike to pay for the station alone, then council had better be thinking ahead.

And the last word on that is City Council needs to develop a reasonable formula to build periodic, annual and nominal raises into the fire fee to ensure increases like the one needed now is never needed again.

Fires are known to rekindle several times for a good reason — they should be put out.



War does not cease at Gitmo

GUANTANAMO BAY NAVAL BASE, Cuba

TO ENTER ONE of the heavily barricaded camps for detainees here feels like walking into a low-grade war zone. Which is what it is. The extremists held here haven't given up their ideology, or their fight. The struggle to harm America in whatever way, no matter how minuscule, carries on.

In one camp, detainees were taking apart the push-button faucets in their cells to get at a metal spring that they would stretch out to be used as a weapon. The Asian-style toilets on the floors of the cells used to have footrests, until detainees wrenched them from the floor to use as bludgeoning weapons. The guards are splashed routinely with urine and feces. The detainees have even been known to try to kick their soccer balls out of their recreation area into barbed wire, to cost the infidels the price of one ball.

All the disturbances or suicides have taken place in the camps where security has been loosened. It was in Camp Four, where the best-behaved detainees are allowed to live communally, that a minor riot took place this past spring. A detainee faked a suicide attempt to lure the guards into the living area, where the floor had been smeared with urine, feces and soap. When they slipped, the detainees attacked them with light fixtures and other makeshift weapons. The man in charge here, Adm. Harry Harris, says his conclusion was "there is no such thing as a medium-security terrorist."

While always mindful that they are dealing with dangerous men, the Americans treat them humanely. Seemingly every surface has a painted arrow pointing toward Mecca. Every detainee gets a Quran, and should it be necessary to search one, it is done by a Muslim translator, not a guard. Detainees are offered 4,200 calories a day. U.S. combat troops get 3,800. The average detainee has gained 18 pounds.

It is alleged that the facility here is full of innocent men. But they were first screened in Afghanistan, then a Combat Status Review Tribunal examined them upon arrival, and now an Annual Review Board acts like a parole board. Roughly 300 detainees have been released or transferred for detention elsewhere. Of those, roughly 20 have been confirmed to have returned to fight and probably others too. Nonetheless, roughly another 130 out of 460 are set to be transferred or released.

The rest are considered too dangerous. Just last year, an extremist cell of North Africans was broken up in Italy, based partly on information gleaned here. Last fall, FBI sketch artists were able to depict a wanted al-Qaida official from Afghanistan, thanks to input from Saudi detainees.

Interrogators rely on the soft sell. Detainees sit in a La-Z-Boy chair during interrogations, and beverages and movies are available to put them at ease. The most effective interrogator is said to be an older woman who adopts a nurturing attitude.

The facility here has been used, of course, to smear the United States. The press still uses photos from Camp X-Ray — the Spartan, temporary facility used for just four months in 2002 to house detainees — in its Gitmo stories, although it has been overgrown with weeds for years and replaced by modern facilities. The principle among the guards is to respond to any provocation with minimal possible force to avoid giving critics propaganda.

Dealing with unappeasable murderous fanatics, while at the same time honoring our civilized norms, is never going to be easy. Gitmo is an attempt to find that balance, in the midst of what everyone here — the detainees and their minders — recognizes as an ongoing war.

Spellings proven asset to Bush

IF DONALD RUMSFELD is the face of the war that is President Bush's most controversial initiative, Margaret Spellings is the face of the education program that might become his most successful one.

But the former Austin, Texas, education lobbyist might have been a tad optimistic when she compared the landmark No Child Left Behind education law to Ivory soap, declaring, "It's 99.9 percent pure or something. There's not much needed in the way of change."

Indeed, as Congress prepares to consider its extension next year, there are plenty of critics of the law Spellings helped pass in 2002 and now presides over as secretary of education.

Liberals say it's underfunded. Conservatives say it interferes with the primary state role in education. Others say it substitutes testing for learning, rates teachers by their degrees rather than their effectiveness and has failed so far to narrow the education gap between the haves and the have-nots.

And just about everyone agrees that there have been confusing discrepancies between state test results showing significant progress and the conclusion of a national evaluation group, the National Association of Educational Progress, that the changes so far have been minimal.

On Tuesday, before the National Press Club, Spellings defended her statement that, like Ivory soap, the act's "core principles" should be kept as they are.

"It's about specific targets for specific kids and is a major step forward in American public educa-



CARL P. LEUBSDORF

tion," she said. "So I stand by it."

And the fact that the law still enjoys the bipartisan support that helped it pass was demonstrated when Rep. George Miller of California, a key House Democratic player on education legislation, said he agreed with her "in terms of its goal and its intent."

But Miller noted that "there are serious problems with implementation" and sharply criticized the administration and Republican-run Congress for failing to provide enough money for it.

Spellings also endorsed many recommendations in a national commission's proposal to extend the administration's efforts to increase education standards in colleges and universities, though she sidestepped its proposal to expand federal scholarship aid.

While she plans to put some proposals into effect administratively, others, like streamlining scholarship programs, require congressional action.

How many of them will pass remains to be seen, in part because they will face the same major battle over funding levels that's likely to mark the debate over extending No Child Left Behind.

But at a time when the fiscal drain of the Iraq war and the normal flagging of power in a second

term have sidetracked many Bush proposals, the way Spellings is running her department has proved to be a major administration asset.

Just as the elevation of Condoleezza Rice from national security adviser to secretary of state energized administration foreign policy efforts beyond Iraq, Spellings' move from White House domestic policy adviser to the education department gave new impetus to the president's most important domestic initiative.

Indeed, soon after taking office, she may have saved the landmark program when she acted to head off a major state revolt against the law by permitting flexibility in how states measure progress, improve teacher quality, provide tutoring and test children with disabilities — a big issue in Texas.

After 18 months in office, however, she is still cleaning up messes left behind by her predecessor, former Houston school chief Rod Paige, who seemed ineffective on Capitol Hill and in running the department.

One big advantage Spellings — and the administration — will have in seeking to reauthorize the No Child Left Behind law is that, unlike Paige, she is widely respected by both parties on Capitol Hill.

In a sense, the future of No Child Left Behind and that of Spellings are intertwined.

"She considers this part of the Bush legacy, and she considers herself part of the Bush legacy," Thompson said.

CARL P. LEUBSDORF is Washington bureau chief of the *Dallas Morning News*. Readers may e-mail him at: cleubsdorfdallas@news.com.

RICH LOWRY is a syndicated columnist and the editor of *The National Review*. He can be reached via e-mail at comments.lowry@nationalreview.com.

THE DOMINION
Post

H. C. GREER 1878-1948

AGNES JANE GREER 1880-1972

Publisher DAVID A. RAESE

Associate Publisher KATHLEEN RAESE

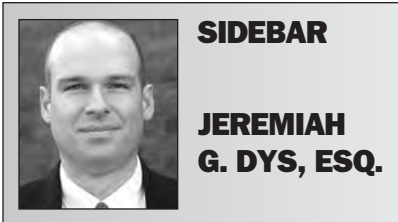
Controller BRIAN D. COLE

Editor GERI FERRARA

Production Director CHRISTOPHER HALTERMAN

Sales/Marketing Director JAMES F. MATUGA

Circulation Director RODNEY M. PHILLIPS



SIDEBAR

**JEREMIAH
G. DYS, ESQ.**

Anybody have any questions

WELCOME, to the premiere of "Sidebar," a column dedicated to answering your questions about the law.

The idea behind this column is that I will be answering your questions about the law and the legal process — think Andrew Napolitano meets "Dear Abby." This column is interactive and requires not only your reading, but also your participation.

You see, the name of this column is quite instructive. A sidebar is typically held to the "side" of the "bar" (or judge's bench) during a trial when an attorney can ask a question, make an objection, or suggest procedure out of the hearing of the jury or any member of the public who may be sitting in back. It is, quite frankly, an opportunity for attorneys and judges to ask stupid questions, without appearing foolish in front of any but the necessary parties.

So it is with this column. You have had these times, haven't you? You're watching your favorite legal thriller when, suddenly, just when the perp is about to be sent packing to Sing-Sing, the defense counsel stands, pounds the table, and demands that the case be dismissed for some surprising technicality. As the judge dismisses the case, the prosecutors fume, and the credits roll, you lean to your couch-mate and say, "Can they really do that?"

Well, dear reader, now's your chance to find out. Ask me.

You see, we live in, as John Adams once said, "A government of laws and not of men." As Americans, we proudly trumpet about our unique democracy within a republic, not always understanding exactly what that means. Find out; ask me.

We all know that if we were arrested we have the right to an attorney, the right to stay silent, etc., but do we get a phone call too? Ask me.

When we disagree with something that a politician has said, we critically assert our "freedom of speech," and yet, we're horrified when we discover that the freedom is sometimes a qualified one. Talk to me.

If you were paying attention in high school civics, you may remember that the 10th Amendment to the U.S. Constitution provides, "The powers not delegated to the United States by the Constitution, nor prohibited by it to the States, are reserved to the States respectively, or to the people." To live in our country, you have a duty to understand and participate in the actions of government; yet sometimes you have no idea what is going on in government. That's ok; let me help you.

I have a Doctor of Jurisprudence (that's fancy-talk for "law degree") and, now as a practicing attorney before the Supreme Court of Appeals of West Virginia, I make daily sojourns into our laws.

It is my job to research the law and give someone my opinion about it in a way that makes sense.

This column comes with only one rule: while it will hopefully make you a better citizen, it is a not a legal advice column. I'm not going to give you legal advice.

But, I am ready and willing to answer such questions as, "What does it mean that an attorney is admitted to 'the Bar'?", "Do our laws really come from the Judeo-Christian ethic?", "What is a SCOTUS?", "What are 'term limits'?", "Can Congress actually overrule a decision by the Supreme Court?", "Why do lawsuits take so long to resolve?", "What is mediation and arbitration?", or "What's the weirdest law you have ever heard of?"

Got it? Then send your questions to me at: opinion@dominionpost.com; put mail them to: Sidebar, c/o The Dominion Post, 1251 Earl L. Core Road, Morgantown, WV 26505; or drop them off our newspaper's office in the Greer Building.

It is my hope that you will find Sidebar informative and that, together, we can help ensure Lincoln's prophecy: "That government of the people, by the people, and for the people shall not perish from the Earth."

JEREMIAH G. DYS, ESQ., is a local attorney who lives in Morgantown. This commentary should be considered another point of view and not necessarily the opinion or editorial policy of *The Dominion Post*.

Plutocrats set to buy another election

Back in the 1920s, Will Rogers observed (in light of the political corruption in the nation at that time) that "We have the best democracy money can buy." In this election year, we are headed dangerously in the direction of having the best plutocracy money can buy. A plutocracy is government by a small group of extremely rich individuals who govern solely on behalf of their own interests and seek in the process to exploit the labor and capture the wealth of everyone else.

Two plutocrats are trying to effect the outcome of this election by lavish spending on candidates who will serve their purposes at the expense of the vast majority of West Virginians. One is from out of state; the other a native.

The outsider is Robert J. Perry of Texas who by Nov. 7 may well have devoted at least \$2.5 million to junk mail and radio advertisements filled with lies and half truths about Alan Mollohan. We do not hear from Perry directly but rather from his front organization based in California, the so-called "Economic Freedom Fund."

The lies include the statement that Congressman Mollohan opposes Amber Alert. The truth is that he not only supports it but steered more than a million dollars to set up AmberView which instantly provides to law enforcement officials digital images of children who are at risk.

The half truths and lies put out by Perry's front organization are intended to advance the cause of Chris Wakim, Mollohan's Republican opponent. In a recent issue of *The Dominion Post*, Wakim said he advocated tort reform. Well, no wonder Perry likes him!

According to a report on West Virginia Public Radio, Perry, a contractor, got politically energized after being sued by home owners in a development he built over a toxic dump!

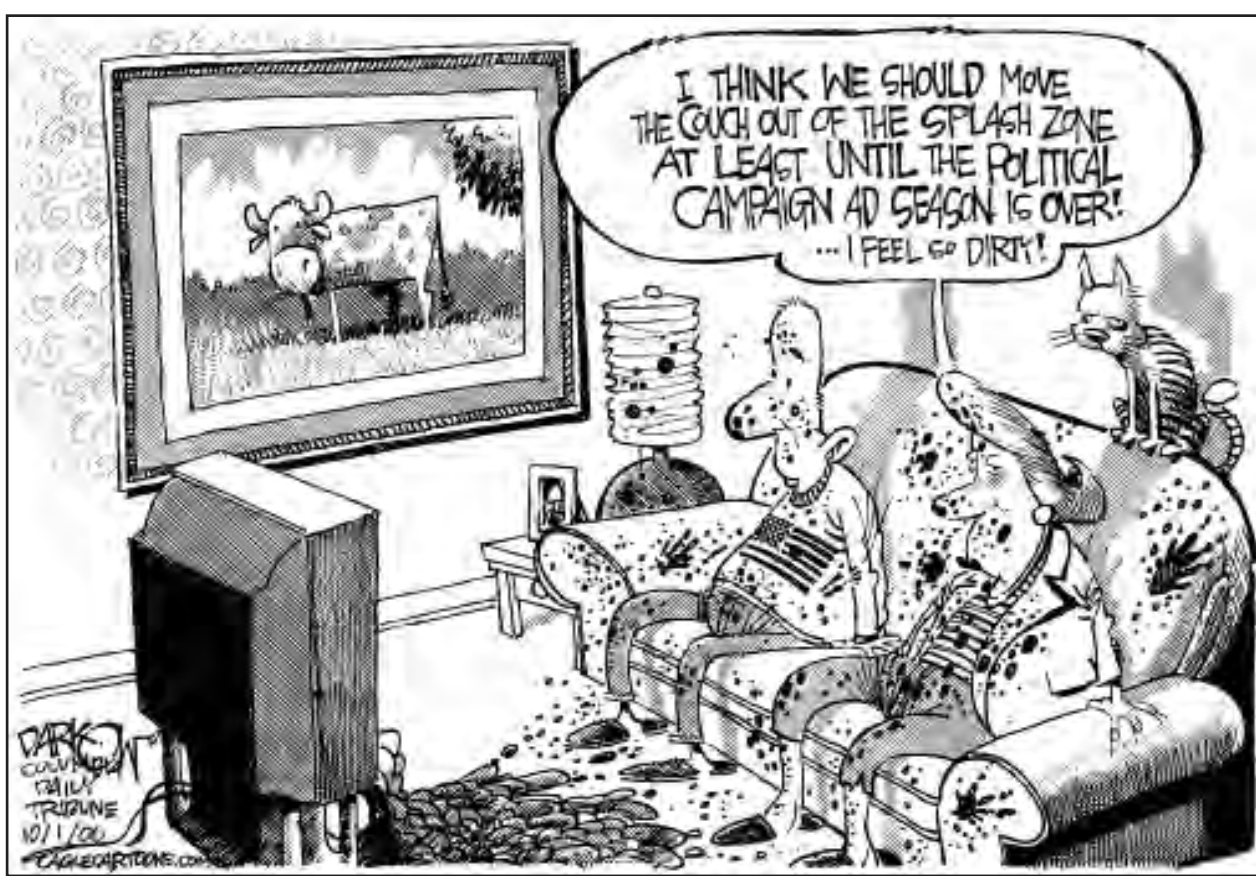
He fixed the problem in Texas, not by acting honorably thereafter, but by buying enough influence in that Legislature to have a commission created to review homeowners' claims against contractors' warranties on their houses which has effectively stopped most efforts to obtain compensation for defective construction.

That is one type of tort reform, no doubt. But it serves as a reminder that "tort reform" is in truth code for effectively eliminating the possibility for a level of judgment against businesses that abuse or exploit their customers sufficient to discourage others from engaging in comparable practices.

The home grown plutocrat is, of course, Don Blankenship of Massey Energy. Recently, signs and billboards have gone up around Morgantown identifying two candidates for the House of Delegates whom Blankenship regards as allies (puppets).

"For the sake of the kids" the signs say. Whose kids? The kids in the families who lived downstream of the Massey operation in eastern Kentucky which dumped thousands of gallons of sludge into a stream that served as their water supply? Or maybe the kids of the miners killed at the Aracoma mine a few weeks after the Sago disaster? Or maybe the kids of Mabscott in Raleigh County who attend Marsh Fork Elementary School in the shadow of another Massey operation which Blankenship wants to expand.

We do not need to enrich the



wealthiest nor shield them from liability. What we need is an increase in the minimum wage, a reduction of the current federal deficit and the burgeoning national debt, a reduction in our dependence on oil, health care for all, and an end to raiding the Social Security trust fund to prop up runaway spending in Washington. Above all, we need honest leaders who see themselves as public servants working for their constituents. At the present time, these are not Republican priorities, which is why it is time for a change.

**Christopher Wilkinson
Morgantown**

Left-wing power politics cannot cope with enemy

Submit, or die, death to the infidels, this is the intent driving Islamic fanaticism since 622 AD. The riots, the mass demonstrations, the church burnings, and the demonstration killings are designed to suppress criticism and honest inquiry. They were successful in covering much of the media to not publish cartoons lampooning Mohammad, and were partially successful making the Pope defensive about his quote of a Byzantine Emperor's accurate observation of how Mohammad propagated Islam. If the terrorist had their way, the Pope would be dead.

In this country, the efforts from specious Muslim 'civil rights' organizations are to the purpose of revising and whitewashing the history of Islamic fanaticism. They excuse the war laden exhortations in the Koran, (they are always "out of context") and the stark history of Islamic anti-Semitism. Moreover, the enemy and their fronts are using misinformation to pressure the more left wing politicians to push initiatives to hamper the war on terrorism.

With this in mind, it is incumbent for Americans to know the enemy, and, by voting for the Byrd and Rockefeller ilk, will be playing Russian roulette with national security. The Democrats, excepting the few conservatives, are long standing members of the "cut and run" crowd, who, since World War II, have not met a war they could not stalemate (Korea), or lose. Liberal light hearts in both parties desperately search for the graceful path to defeat

Tell us what's on your mind

Mail letters to:

Letters to Editor
The Dominion Post
1251 Earl L. Core Road
Morgantown, WV 26505

E-mail letters to:

opinion@dominionpost.com.

Please include your name, address and telephone number for confirmation purposes.

through constant caterwauling for premature negotiations, for 'dialogue', and useless, and consequently ignored, United Nations resolutions. This groveling process is embarrassing as well as futile when it comes to dealing with the Islamic Jihad. When they chant: "death to Jews" and "death to America" they mean it.

Do not take my word; heed the words of cleric, Al Safiri, one of many pushing for world wide dominance of Islamic Sharia law, which calls for the execution of Muslims who desire religious conversions, or decrees stoning of adulterous women. Al Safiri has been clear in stating: "All the world is a battlefield open in front of us." He continues: "The war with Israel [the United States included] does not depend on ceasefires...but is a Jihad for the sake of God and it will last until [our] religion prevails."

This leaves no hope for 'dialogue' and 'negotiation'—except for the brain dead. To wit, the West pressured Israel to deal with this evil with a land for peace capitulation, but it did not buy peace because the land offered was not the state of Israel. It is delusional to think reasonable people can deal with the pathologically unreasonable; those who insist that there was no Holocaust and Israel must be "obliterated". The Quislings and their dupes enable these anti-Semites by the blame the victim mantra, "Israeli aggression," and Hezbollah's favorite mantra during their war with Israel, "military action will not solve this problem." It would, if it could be finished.

The allies proved against the Japanese and Germans that total victory can bring wonderful results. Failures such as Korea, the "Bay of Pigs", Vietnam, and Somalia bring lasting misery for the poor who must endure the tyranny left behind, while victories such as the Cold War and Grenada bring peace for millions.

Afghanistan and Iraq will be won through national perseverance—if left-wing power politics can be held at bay.

It is time for all who love plurality and freedom to face reality and fight this menace. In this long struggle, the only earth the meek will inherit will be graves; the turning of the other cheek will be the last act before the sword; and the last words heard will be "Allah Akbar!" [God, the great]

**James W. Thompson
Morgantown**

Newspaper sets its policies for political letters

The Dominion Post

Our newspaper will not accept letters to the editor after noon on Nov. 2 about political candidates in the Nov. 7 general election.

No letters to the editor about political candidates or the election will be published on Nov. 7.

Letters should not exceed 450 words. *The Dominion Post* maintains exclusive rights to all submitted material and reserves the right to edit any letter or other material submitted for its print or online editions.

Letters to the editor may be submitted by e-mail at opinion@dominionpost.com; by mail at Attn: Letters to editor/The Dominion Post/1251 Earl Core Road/Morgantown, WV 26505; or can be dropped off at our newspaper in the Greer Building near the intersection of Hartman Run Road and W.Va. 7.

GUEST COMMENTARY

Residents at WVU always alert as ever

BY JOHN E. PRESCOTT, M.D.

The Dominion Post recently published a *Chicago Tribune* guest editorial (DP-Thursday) that raised doubts about the effectiveness of the standards that were implemented in 2003 to assure that medical residents and interns get enough sleep.

It's an important issue, and the facts uncovered in the *Journal of the American Medical Association* article the *Tribune* quoted raise legitimate concerns. At WVU, we have taken steps to assure that every doctor who has responsibility for any part of a patient's care is alert and ready to provide his or her highest level of service.

Our patients deserve this, and they are our first priority. They also deserve, and get, access to care 24 hours a day, seven days a week.

The implementation of mandated standards for residents' work hours and rest periods has been a real cultural change for medical educators nationwide. In some hospitals, the tradition was to push doctors-in-training up against the limits of human endurance.

Although that attitude was never widespread at WVU, before 2003 a resident's schedule was strictly a matter between the individual and his or her department.

Schedules could vary depending on the number of patients in the hospital, the procedures that need to be done, and the size of the department's staff.

That's no longer the case. Each resident's schedule is reviewed both at the departmental level and the hospital level to assure that we are in compliance with the standards in every part of our training program.

We have benefited from a closely-coordinated effort between the School of Medicine and WVU Hospitals to create institution-wide practices and standards that are enforced and respected.

Those charged with monitoring compliance with this program are aggressive in investigating suspected violations quickly. If rest requirements are not observed, the department must show that policies are in place to prevent a repetition.

Our patients also benefit from a culture where every member of the care team — faculty doctors, residents, nurses, pharmacists and other — is empowered to ask questions, to point out concerns, and to demand that others stop and consult before taking action.

The result has been that we have adjusted to the new rules without disrupting patient care. WVU residents are in substantial compliance with the duty hour requirements in all departments, and in all of our residency programs at WVU Hospitals and elsewhere in West Virginia.

The change has been good for patients, and good for medical education.

JOHN E. PRESCOTT, M.D., is dean of the WVU School of Medicine. This commentary should be considered another point of view and not necessarily the opinion or editorial policy of *The Dominion Post*.

Form follows dysfunction on downtown streetscape

BY GEORGE J. PAPANDEAS

For those of you that drive through downtown during the heavier periods of traffic, let me give you a glimpse of what just may be your future.

Imagine this: You turn off Willey Street on to High Street. Traffic is always bad, but it seems to be moving slower than usual. You eke your way down High to Fayette Street and there you see the problem. Angled in front of you is a bus that has made its way up Fayette only to find it can't navigate the turn onto High. The culprit? A new "bump-out" curb extension in front of the Pita Pit that narrows High Street by 8 feet and wreaks havoc with the turning radius of any vehicle longer than a pick-up truck.

You think to yourself, "Where in the world did that come from?" Finally, after a few minutes the bus just drives over the "bump-out" causing a pedestrian to jump out of the way to keep his feet from getting run over — thank goodness they were wearing attention!

You make it through the Fayette intersection and into the right hand turn lane beyond that silly "bump-out." Foot by foot you make

GUEST COMMENTARY

your way past the front of the beautiful Metropolitan Theater. "What's this!" Another bump-out in front of Wall Street! Now you have to change lanes to get around that one before you can turn onto Walnut. Sounds easier than it really is!

I own property on High Street and have had business interests there since the 1970s. My life is there. I'm what you call, "involved." I've been involved with parking, economic redevelopment and this streetscape since the start and have donated a good bit of money to it as matching funds to make it possible.

In that respect, I am far from alone. All of the property owners on High Street are making similar donations. Don't think for a moment that your local small business owners downtown aren't contributing, too. For many of them, their business sales are down more than 50 percent due to the construction. Very few are complaining.

These folks are your friends, neighbors, relatives, etc. These folks don't get a paycheck and most don't get benefits. They pay their bills, their employees, and hope

that there is enough left over to live on. When business is down, it comes off that last part. Support these folks. We're what are called, (here it gets technical), stakeholders. But, we'll get back to that later.

The streetscape really is a good idea. Really. It will be beautiful. But first, it must be practical and safe!

The 300 block of High Street from Fayette to Walnut is unique compared to all others. You not only have the two lanes that come down High from Willey, but you add the volume of cars turning onto High from Fayette. Presently, we have two lanes going down High and a dedicated right turn lane, (when enforced) along the right curb for a total of three lanes.

Doesn't it seem a bit ridiculous that the city would choose to narrow the flow of traffic at two points in this, the most congested block of High Street. Oddly enough, the trend seems to be to add lanes to handle the additional volume everywhere else.

Does the city know about this? They should. I've brought it up to everyone that will listen. Two weeks ago, there was even a special meeting of the Traffic Commis-

sion to address the issue. Property and business owners representing more than 60 percent of the property in that block spoke against the construction of these two "bump outs" and the negative effect that they will have on the downtown economy, traffic and safety.

The Traffic Commission mostly ignored the concerns of the businesses in favor of the overall aesthetics of the "bump outs" and the perception that they afford safety to pedestrians.

When you step off the curb, do you look to see if there are cars coming? If you do, you will be safe, be it one or five lanes. If, however you have your cell phone in your ear and step off the curb with no respect for the laws of physics, the phrase, "Can you hear me now?" will take on a new meaning — even if it is one lane. Studies reference how such "bump outs" actually increase the number of pedestrian accidents by allowing pedestrians mindless access to just step into traffic.

Even a U.S. Department of Transportation study concluded, "At most sites, however, these traffic calming devices did not have significant effects on pedestrians;"

and "The reader is cautioned that traffic-calming devices are not a panacea guaranteed to improve conditions for pedestrians. These devices by themselves cannot ensure that motorists will slow down and yield to pedestrians, nor that pedestrians will cross in the crosswalk. Moreover, traffic-calming devices have their disadvantages. For example, these treatments can hinder activities such as street cleaning and snow plowing, may impede emergency vehicle access, and may affect drainage."

I told you we'd get back to the "stakeholder" part. We're all stakeholders. We will all have to deal with the outcome of a potentially bad design choice in the 300 block of High Street. If you feel that this is a serious concern, call, write or e-mail the city manager immediately!

Make it a priority! I can tell you that this will be happening within the next two weeks unless enough people make their feelings known.

GEORGE PAPANDEAS is a longtime Morgantown resident, business and property owner. This commentary should be considered another point of view and not necessarily the opinion or editorial policy of *The Dominion Post*.

THE MARKET REVIEW

HOW TO READ THE MARKET IN REVIEW

Here are the 2,000 most active stocks on the New York Stock Exchange, 1,775 most active on the Nasdaq National Market and 400 most active on the American Stock Exchange. Stocks in bold are worth at least \$5 and changed 10 percent or more in price. Underlining for 100 most active on NYSE and Nasdaq and 25 most active on Amex. Tables show the stock name, last price and daily net change, as well as one to two additional fields of information throughout the week:

52-week high: Stock's high price over the last 52 weeks.
52-week low: Stock's low price over 52 weeks.
Last: Stock's final price for the week.
Daily Chg: Net change in price for the last trading day of the week.
Wkly Chg: Net change in price for the week.

Stock Footnote: cc - PE greater than 99. d - New 52-week low during week. dd - Loss in last 12 mos. n - New issue in past 52 weeks. pf - Preferred. pp - Holder owns installment(s) of purchase price. q - Closed-end mutual fund; no PE calculated. rt - Rights. s - Split or stock dividend of 25 percent or more in last 52 weeks. Dividend begins with date of split or stock dividend. u - New 52-week high during week. un - Units. v - Trading halted on primary market. Unless noted, dividend rates are annual disbursements based on last declaration. wd - When distributed. wi - When issued. wt - Warrants. ww - With warrants. xw - Without warrants.

Source: The Associated Press. Sales figures are unofficial.

STOCKS OF LOCAL INTEREST

Table with columns: Name, Div, PE, Last, Wkly Chg, YTD %Chg. Lists local stocks like AllEnergy, AEP, Amerigas, etc.

STOCK MARKET INDEXES

Table with columns: High, Low, Name, Last, Daily Net Chg, Wkly %Chg, YTD %Chg. Lists indices like S&P 500, Dow Jones, etc.

NEW YORK STOCK EXCHANGE

Large table with columns: 52-Week High/Low, Daily Wkly High/Low, Last, Chg. Lists numerous stocks under categories A-B-C, G-H, and J-K-L.

Advertisement for BUILDING SUPPLY featuring Quality Home & Bath, Upscale Baths & Kitchens, Showers, Hot Tubs, Fireplaces, and Whirlpool Tubs. Includes contact information for MAAX, Omega, and AQUA GLASS.

WEEKLY WINNERS AND LOSERS

Table with columns: NYSE GAINERS, NYSE LOSERS, AMEX GAINERS, AMEX LOSERS, NASDAQ GAINERS, NASDAQ LOSERS. Lists top performing and declining stocks.

Table with columns: NYSE GAINERS, NYSE LOSERS, AMEX GAINERS, AMEX LOSERS, NASDAQ GAINERS, NASDAQ LOSERS. Lists top performing and declining stocks.

Table with columns: NYSE GAINERS, NYSE LOSERS, AMEX GAINERS, AMEX LOSERS, NASDAQ GAINERS, NASDAQ LOSERS. Lists top performing and declining stocks.

Table with columns: NYSE GAINERS, NYSE LOSERS, AMEX GAINERS, AMEX LOSERS, NASDAQ GAINERS, NASDAQ LOSERS. Lists top performing and declining stocks.

Advertisement for Omega Kitchens, Whirlpool Tubs, Spas, Fireplaces, Kitchens, Baths, General Plumbing & Equipment. Includes contact information for Granville and Uniontown.

Table with columns: NYSE GAINERS, NYSE LOSERS, AMEX GAINERS, AMEX LOSERS, NASDAQ GAINERS, NASDAQ LOSERS. Lists top performing and declining stocks.

NEW YORK STOCK EXCHANGE

Table of stock market data for the New York Stock Exchange, including columns for High/Low, Last, and Change for various sectors like Technology, Healthcare, and Energy.

AMERICAN STOCK EXCHANGE

Table of stock market data for the American Stock Exchange, listing various stocks and their performance metrics.

NASDAQ NATIONAL MARKET

Table of stock market data for the NASDAQ National Market, covering a wide range of technology and growth stocks.

HUNTINGTON PERFORMANCE CHECKING

For the top-shelf service you deserve.

To learn more, call 1-877-480-2345.

visit huntington.com or stop by one of our banking offices.



A bank invested in people.

Large table of stock market data for the NASDAQ National Market, organized into multiple columns (A-B-C, G-H-I, M-N-O, P-Q-R) and including various stock tickers and their prices.

MUTUAL FUNDS

LEADERS AND LAGGARDS BY GROUP

Tables show the top 10 and bottom 10 funds in the most popular investment categories. Funds ranked by 4-week percent return.

Shown Below: Long-Term US Bond and General Taxable Bond.

Table with columns: Name, Total Return, 4-wk, 12-mo, 5-yr, Min Inv, Int'l, Pct NAV. Top Long-Term US Bond Funds.

Table with columns: Name, Total Return, 4-wk, 12-mo, 5-yr, Min Inv, Int'l, Pct NAV. Bottom Long-Term US Bond Funds.

Table with columns: Name, Total Return, 4-wk, 12-mo, 5-yr, Min Inv, Int'l, Pct NAV. Top General Taxable Bond Funds.

Table with columns: Name, Total Return, 4-wk, 12-mo, 5-yr, Min Inv, Int'l, Pct NAV. Bottom General Taxable Bond Funds.

HOW TO READ THE MUTUAL FUND DATA

Here are the 1,950 biggest mutual funds listed on Nasdaq. Tables show the fund name, net asset value (NAV) and daily net change and weekly net change.

Footnotes: e - Ex-capital gains distribution, f - Previous day's quote, n or NL - No up-front sales charge, p - Fund assets used to pay distribution costs.

Main table of mutual fund listings, columns: Name, Daily Wk, NAV, Chg, Chg. Includes various fund categories like AMRO Funds, Artisan Funds, etc.

Main table of mutual fund listings, columns: Name, Daily Wk, NAV, Chg, Chg. Includes various fund categories like First Eagle, First Investors, etc.

Main table of mutual fund listings, columns: Name, Daily Wk, NAV, Chg, Chg. Includes various fund categories like First Eagle, First Investors, etc.

BIGGEST FUNDS

Table with columns: Name, Assets, Obj (\$M), Total Return, 4-wk, 12-mo, 5-yr, Rank, Pct. Lists the largest mutual funds.

Equity Options: CP - Capital Appreciation, EI - Equity Income, GI - Growth & Income, GL - Global GR - Growth LI - International Mid-Cap SE - Sector SC - Small Company Growth.

MUTUAL FUND LISTINGS

Continuation of mutual fund listings, columns: Name, Daily Wk, NAV, Chg, Chg. Includes various fund categories like First Eagle, First Investors, etc.

Continuation of mutual fund listings, columns: Name, Daily Wk, NAV, Chg, Chg. Includes various fund categories like First Eagle, First Investors, etc.

Hot Spring Spas of Alleghenies advertisement. Features images of hot spring spas and text: 'Area's Largest Spa Dealer • Truckload Sale Pricing', '8 MODELS UNDER \$5,000', 'DELIVERED - SET UP - ON-SITE ORIENTATION LESSON', 'Hot Spring Spas of Alleghenies', '19139 Garrett Hwy, Oakland, MD 21550', '(301)387-7181', 'www.hotspring.com'.

BUSINESS

MUTUAL FUNDS

Table of mutual fund performance data including Income, Bond, Equity, and Value Line Fund categories with columns for fund name, change, and price.

NASDAQ NATIONAL MARKET

Table of NASDAQ National Market stock prices and changes, including various technology, healthcare, and financial stocks.

NEW YORK STOCK EXCHANGE

Table of New York Stock Exchange stock prices and changes, including major indices and individual stock prices.

BUSINESS OF THE WEEK

Advertisement for Little Bear Day Care Inc. featuring a photo of children and a bear, with contact information and a mission statement.

Alzheimer's Association

Advertisement for the Alzheimer's Association highlighting the election of new board members and the services provided by the WV Chapter.

Therapists train in problem-gambling treatment

Article about therapists receiving training in problem-gambling treatment, including quotes from Cheryl Riley and Judith Wilkinson.

Dept. of physics finalizes addition to program

Article about the department of physics finalizing the addition of a new area of emphasis, Areas of Emphasis (AOEs).

Assistance available to people applying for black-lung benefits

Article about assistance available to people applying for black-lung benefits, including information about the program and contact details.

ELI HENDERSON CAN HELP SECURE YOUR FAMILY'S FUTURE.

Advertisement for Eli Henderson, a financial representative for Northwestern Mutual, offering life and disability insurance services.

IF YOU'RE NOT AT YOUR LAS JOB YOUR 401(K) SHOULDN'T BE EITHER.

Advertisement for Edward Jones, a financial advisor, highlighting services for 401(k) plans and investment management.

Larissa Cason is named senior attorney for Spilman Thomas & Battle

Advertisement for the law firm Spilman Thomas & Battle, PLLC, announcing Larissa Cason as a new senior attorney.

PROPERTY TRANSFERS

HUFFMAN, Allen M. and Marilyn L., to Mi Young Schweiker, Clinton, \$70,000.
 BENDER, Janice M., to Thomas J. Shepherd and Lisa A. Shepherd, 920 Dudley Ave., Morgantown, \$180,000.
 WOLFE, Virginia, to Julia Ann Britton, Union, less than \$100.
 EAVENSON, Harmon, to Poplar Run Development Co. LLC, Union, \$150,000.
 SCHMIDT, Dale K. and Andrea R., to Corbette L. Cole and Catherine C. Cole, Four Seasons, Union, \$195,500.
 SANETRIK, Thomas Charles Sr. and Judith Ann Sanetrik, aka Judy Sanetrik, to The Summit at Cheat Lake LLC, Union, \$1,000,000.
 LEWIS TOWERS INC., to Harold Heaster and Barbaree Heaster, County Route 70, Morgan, \$10.
 GYDOSH, Daniel A. and Dilia Lopez-Gydos, to Marcos Cid, Richard Place, Morgan.
 BLEVINS, Michael R., to Randall Cottle, Eastview Addition, Morgantown, \$142,000.
 BMP LLC, to Yuchen Lu, Star City, \$114,000.
 NZOMBOLA, McMillan and Yetunde Shobo, aka Netunde Shobo, to McMillan Nzombola and Yetunde Shobo, Four Seasons, Union.
 HUNTER, Randy K. Jr., to William Otis Moran Sr. and Dorothy P. Moran, Oakmont Addition, Morgan, \$134,000.
 ARENS, Ans O., to Gwen A. Emery, Greystone-On-The-Cheat Subdivision, Union.
 CASTLE VENTURES LLC, to The Phoenix Group LLC, Morgantown, \$160,000.
 MYERS, Dorothea Aileen, aka Dorothy Myers, to Carol A. Hickman and Shirley J. Hickman, Union, \$160,000.
 UNIVERSITY COMMONS MORGANTOWN LLC, to John G. Schurknight, Star City, \$168,950.
 LEE, Delmas R. Jr., to Tracy J. Lee, Pinecrest Village, Union.
 GRIMM, Margaret V., by her Power of Attorney, Edward

Arthur Grimm, Edward Arthur Grimm and Dolores Ann Grimm, to Edward Lee Maier Jr., New Hill, Cass, \$29,000.
 JOHNSON, William R. II and Barbara J. Johnson, to Alan D. Forsythe, Union, \$175,000.
 NAK BUILDERS LLC, to Bryan S. Groves and Joella R. Groves, Crimson Sky Drive, Union, \$295,000.
 BEJUNE, Jeffery John, to Edward Halloran, Rogers East End Addition, Morgantown, \$88,900.
 MAYHEW, Brian, to Justin W. Lemley, Star City, \$190,000.
 KAP LLC, to State of West Virginia, Mountaineer Gardens Subdivision, Cass, \$67,950.
 UNIVERSITY COMMONS MORGANTOWN LLC, to Alexander Fernandez, University Commons Riverside, Star City, \$165,950.
 HAAS, C. David and Charlene D. Haas, formerly Charlene D. Robilliard, to Jeffrey A. Walker and Laure L. Walker, Cobblestone Court, Morgan, \$255,000.
 BURKEY, Shawn, to Thomas M. Ramsey and Cynthia L. Ramsey, Lakeside Estates Subdivision, Union, \$275,000.
 SNYDER, Dale, to Charles A. Harrington and Tamara S. Bolyard, 1450 Mayfield Ave., Morgantown, \$155,000.
 MYERS, John and Barbara, to Mark Hamilton and Mollianne Hamilton, Union, \$575,000.
 BURBRIDGE, Michael Lee and Loretta J., to Ralph Phillips, Morgan, \$18,000.
 MASCIOLI, Kristin Waldo, to Lakeview Resort Club Property Owners Association Inc., Lakeview Resort Club, Union.
 FAIRFAX PROFESSIONAL BUILDING, to Fairfax Professional Building LLC, Hampton Center Addition, Morgan.
 BLACK, Rebecca R., to Tri-County Oil & Gas Inc., Battelle, \$300.
 Tri-County Oil & Gas Inc., to Hayhurst Co., Clay and Battelle, \$2,100.
 UNIVERSITY COMMONS MORGANTOWN LLC, to Vincent L.

Alexander and Kimberly D. Alexander, University Commons Riverside, Star City, \$164,950.
 THE WESTOVER TV CABLE CO., to Cable Holdco Exchange I LLC, Morgan, \$204,800.
 CENTURY HUNTINGTON COMPANY, to Cable Holdco Exchange I LLC, Morgantown, \$67,500.
 CULTON CONSTRUCTION INC., to Ronald D. Fike, and Loretta C. Fike, Turtle Creek Village, Union, \$230,000.
 ALEXANDER, Dorothy J., to Watermill Properties LLC, Lakeview Resort Club, Union, \$4,000.
 CLINE, Rosemary, and Rachel Zinn, formerly Rachel Cline, to Rachel E. Zinn and Reuel H. Zinn Jr., 142 Lorentz Ave., Morgantown.
 WHITE, Michael K., and Debra J. White, to Wannakuwatt W.J.S. Fernando and Ramani Fernando, Union, \$479,000.
 O.C. CLUSS LUMBER COMPANY, to Charles Cuppett dba Charles Cuppett Construction, Union, \$32,000.
 O.C. CLUSS LUMBER COMPANY, to Show Construction Inc., Union, \$118,000.
 MORGANTOWN INDUSTRIAL PARK ASSOCIATES LIMITED PARTNERSHIP, to Blackhawk Interiors Inc., Grant.
 COLLINS, Gene, and Janet Bierer, formerly Janet Collins, Debra Collins, formerly Debra Boggs, Daniel Collins, Darrell Collins Jr., James Varner, to David Collins, Grant.
 KAP LLC, to Paul Kapnick and Carol Kapnick, Cass, \$59,950.
 THE WESTOVER CABLE COMPANY INC., to Cable Holdco Exchange IV-3 LLC, Morgantown, \$3,727.
 KEENER, Rick R., to James Brown, Cass.
 TRICKETT, Denise, to Jeffrey P. Lazzelle, and Sandra M. Miller, Grant, \$52,000.
 BARBER, Alex J., to John R. Malutich and Evelyn Malutich, Union, \$245,213.
 BLAND, R. I., to Scott Templeton,

Bertha Hill, Cass, \$500.
 IMAGE BUILDERS INC., to Athanasios Paliotheodoros and Dawn Paliotheodoros, Hanalei Subdivision, Union, \$194,000.
 M&M PROPERTY OPERATIONS LLC, to Michael A. Everly, Clinton, \$145,000.
 DALTON, Eric, to Allen Lichvar, Wildwood Lake Addition, Clinton, \$2,500.
 THOMPSON, William F., aka William Francis Thompson, and Brenda S. Thompson, aka Brenda Sue Thompson, to Robert M. Riley and Emilee L. Riley, West Addition, Clinton, \$180,000.
 BENEFICIAL WEST VIRGINIA INC., to Elijah Byers, Stonewood Forest, Clinton, \$73,000.
 PHILLIPS, Janet Elaine, formerly Janet Elaine Johnson, to James T. Strano and Peggy A. Strano, East Gate Manor, Morgan, \$32,000.
 FIZER, Dorothy M., to Eric Dalton, Wildwood Lake Addition, Clinton, \$5,000.
 HOELDTKE, Kerstin G., to Robert Daniel Hoeldtke and Kerstin G. Hoeldtke, Cedarhurst Development, Union.
 CASTO, Baige L. and Beverly Casto, to Bristin L. Casto, Baige Casto, Cass, less than \$100.
 O.C. CLUSS LUMBER CO., to Image Builders Inc., Hidden Point Subdivision, Union, \$124,000.
 BOYLES, Gene, Roger Harvey and Richard Tucker, trustees of the Blueville Church of the Nazarene, to M. Yvonne McDonald, Morgantown, less than \$100.
 O.C. CLUSS LUMBER CO., to Image Builders Inc., Hidden Point Subdivision, Union, \$94,000.
 O.C. CLUSS LUMBER CO., to Diamond Builders LLC, Hidden Point Subdivision, Union, \$62,000.
 O.C. CLUSS LUMBER CO., to Diamond Builders LLC, Hidden Point Subdivision, Union, \$64,000.
 ROSIELLO REALTY LLC, to Bret

Myers and Deanna Myers, Union, \$100.
 MYERS, Bret and Deanna, to Rosiello Realty LLC, Union, \$100.
 ADAPTIVE CONSTRUCTION LLC, to Kristen M. Knowles, Peninsula Company Addition, Morgantown.
 ADAPTIVE CONSTRUCTION LLC, to Kristen M. Knowles, Morgantown.
 ADAPTIVE CONSTRUCTION LLC, to Kristen M. Knowles, Morgantown.
 SHINGLETON, Gregory A. and Terry D., to Robert W. Graham Jr., Union, \$129,500.
 SHRIVER, Edna L., aka Lorraine B. Shriver, and Norman W. Bean, to Ronnie G. Harsh and Delores K. Harsh, Clay, \$90,000.
 OAKLEY HOLDINGS LLC, to Robert R. Bucklew Jr., Overdale St., Morgantown, \$107,000.
 MONTESI, Rosemary Reed, to Coopers Rock Foundation Inc., Hilarity Fishing Club Tract, Union.
 PINE SPRINGS INC., to T.J. Contracting and Custom Homes LLC, North Hills Addition, Morgan, \$32,500.
 PINE SPRINGS INC., to T.J. Contracting and Custom Homes LLC, North Hills Addition, Morgan, \$32,500.
 PINE SPRINGS INC., to T.J. Contracting and Custom Homes LLC, North Hills Addition, Morgan, \$32,500.
 BETHEL UNIVERSITY FOUNDATION, trustee of the Paul E. Lundberg and Emily A. Lundberg Charitable Remainder Unitrust, to PRU INC., Allen Addition, Morgantown, \$314,000.
 UNIVERSITY COMMONS MORGANTOWN LLC, to Samuel G. Carpenter and Patricia S. Carpenter, University Commons Riverside, Star City, \$167,950.
 UNIVERSITY COMMONS MORGANTOWN LLC, to Bobi Geneste, University Commons Riverside, Star City, \$178,950.
 UNIVERSITY COMMONS MOR-

GANTOWN LLC, to Jeffrey M. Gellis and Dale M. Gellis, University Commons Riverside, Star City, \$166,950.
 PARROTTA, Sam, to Samuel Joseph Parrotta and Linda L. Parrotta, West Side Park, Westover.
 PARROTTA, Sam, to Samuel Joseph Parrotta and Linda L. Parrotta, Fairmor Addition, Westover.
 RINGER, Darrell W., to Pamela J. Gaston, Battelle, \$600.
 RINGER, Darrell W., to Pamela J. Gaston, Battelle, \$2,000.
 SIMMONS, Pandora Sue, Okey E. Simmons, Carney D. Hamilton, Charlotte R. Hamilton, Jennifer L. Wright and Ralph Wright, to Allen K. Moore and Virginia L. Moore, Days Run, Clay, \$300.
 THOMPSON, Joseph E., by Kelly K. Rose, his attorney-in-fact, and Kelly K. Rose, to Tyler A. Reel and Stacy L. Reel, East Gate Manor, Morgan, \$164,500.
 STOCKDALE, Thomas P., to Patrick R. Sergeant, Tibbs Run, Morgan, \$95,000.
 ARMSTEAD, Anthony L. and Donna J., to Robert Steven Stockett, Whipkey Lane, Union, less than \$100.
 POOLE, Kenneth E. and Ada W. Poole, by their attorney-in-fact John Edward Poole, to J3 Development LLC, Greenbag Road, Morgan, \$37,000.
 POOLE, Kenneth E. and Ada W. Poole, by their attorney-in-fact John Edward Poole, to J3 Development LLC, Greenbag Road, Morgan, \$75,000.
 POOLE, John E. and Agnes H. Poole, to J3 Development LLC, Kingwood Pike, Morgan, \$165,000.
 SIMMONS, Anita, to Nathan E. Crum, Sugar Lane Terrace Addition, Grant, less than \$100.
 DOWNEY, Leslie Florence and Charles Goff Downey, to Robert Eugene McCauley, Halleck Road, Clinton, less than \$100.
 YOST, John E. and Freda J. Yost, to Stanley Benkovic, Grant, \$2,500.

The Dominion Post

Clear Mountain announces new debit card service

Clear Mountain Bank announced that its debit cardholders can use the MoneyPass ATM network, the new surcharge-free ATM network managed by Genpass Technologies LLC. This will allow Clear Mountain Bank's debit cardholders to use any of the thousands of MoneyPass ATMs locally and around the country to obtain cash without ever paying a surcharge.

Clear Mountain Bank operates nine full-service branches and 12 ATMs throughout Monongalia, Preston and Garrett counties.

Info: clearmountainbank.com.

Regis will give discounted haircuts, blow-dry

Regis Hairstylists will give \$10 haircuts/blow-drys from 10 a.m.-7 p.m. Oct. 7 at Middletown Mall, Fairmont. Proceeds will benefit the Regis Foundation for Breast Cancer Research. Through October, 10 percent of net proceeds from the sales of all Regis design line hair-care products will be contributed.

In addition to the \$10 haircuts/blow-drys there will be raffles, 50/50, vendors, craft sale, bake sale, and Aaron Scott in concert with special guest from noon-4 p.m. Grease Monkey will donate \$3 from each oil change Oct. 7, at mall location only.

Info or are interested in helping: 366-3336.

Community coat drive begins Monday

Wilson Martino Dental Associates and TLC Dental annual "Coats for our Community" coat drive begins Monday.

With the help of the Salvation Army, Wilson Martino Dental Associates and TLC Dental have been able to collect and distribute warm winter coats to children and families throughout West Virginia for several years. New or used coats can be donated to any TLC Dental or Wilson Martino Dental Associates location. The local dental offices within this organization are located in Buckhannon, Morgantown and Sabraton.

The coat drive will last until Nov. 17, when coats will be delivered to the Salvation Army for sorting and distribution.

Info: Wendy Boyce at Wilmar Management, 624-5250 or wilsonmartinodds.com.

Area man elected to leadership council

Mr. Matusky, a Marion county resident and an independent Glass

Doctor franchise owner, has been elected to the new leadership council as regional representative for Clarksburg. Matusky has four locations in central West Virginia. The council serves as regional representatives on behalf of the system's franchise owners and will work with the corporate home office to develop ongoing strategic planning for the entire franchise organization.

The new council members will meet later this month in Dallas, Texas, to select a chairperson to head future strategic planning, review the current by-laws and determine term limits for council members.

Seat open on Westover Planning Commission

The Westover Planning Commission will be accepting letters of interest for a seat on the Planning Commission. These volunteers must be a resident of the city and submit a letter of interest to City Hall that includes: name, phone, address and a brief statement of interest.

Letters must be received by 4:30 p.m. Friday at the city of Westover 500 Dupont Road, Westover, WV 26501. EEO.

UHS teachers attend seminar

Four University High School teachers participated in a "train the trainer" conference this summer at Stonewall Jackson Resort.

UHS special-education teachers Charlotte Judy, Sharon Kennedy and Rachael Lowe and English/Spanish teacher Jeanne Dreisbach attended the five-day conference "A Framework for Understanding Poverty" on July 24-28. The conference was structured on the work of nationally recognized educator Dr. Ruby K. Payne.

Kennedy and Dreisbach completed 22 hours of trainer certification through their participation. The UHS teachers also received funding from RESA VII to purchase related instructional materials to facilitate their work with students and their parents, especially those included in low socio-economic groups. Info: Sharon Kennedy, 291-9270 or shkkenne@access.k12.wv.us.

West Virginia Roundtable announces officers

Robert R. Simpson Jr., managing partner of Simpson & Osborne in Charleston, is the new chairman of the board. Richard M. Adams, chairman and CEO of United Bankshares in Parkersburg, is immediate past chairman; Parry G. Petropoulos, president of Petropoulos & Associates in Morgantown, is chairman-elect; Edson R. "Ted" Arneault, chairman and CEO of Mountaineer Race Track & Gaming Resort in

Chester, is vice chairman; and W. Marston Becker, chairman of West Virginia Media in Charleston, is secretary-treasurer.

The Roundtable is a nonprofit, nonpartisan association of West Virginia business, education and economic-development leaders formed to study and provide thought leadership on important issues affecting the state's business community and its economic status.

Area compliance officer completes bank program

Janice Forman, compliance officer at Clear Mountain Bank, has successfully completed the Certified Community Bank Compliance Officer Program sponsored by the Independent Community Bankers of America.

To earn certification, Forman successfully completed four ICBA seminars: Developing a Compliance Program, Deposit Compliance, Lending Compliance, and Operations Compliance, and passed a comprehensive examination in each of these compliance areas.

Forman, a native of Aurora, has more than 30 years experience in the banking industry. She also has completed the West Virginia School of Compliance and the Sheshunoff Regulatory Compliance Certification Program. Info: Clear Mountain Bank's Terra Alta office, 1101 East State Ave., in Terra Alta, 789-2436 or clearmountainbank.com and icba.org.

Biology professor publishes study

Stephen DiFazio, assistant professor of biology in the Eberly College of Arts and Sciences at WVU, has co-authored a milestone study in genome research that points to trees as the new biofuel.

The study, "The genome of black cottonwood, *Populus trichocarpa* (Torr. & Gray)," was featured on the cover of the Sept. 15th edition of *Science* and includes the first complete DNA sequence of a tree. *Science* is the journal of the American Association for the Advancement of Science.

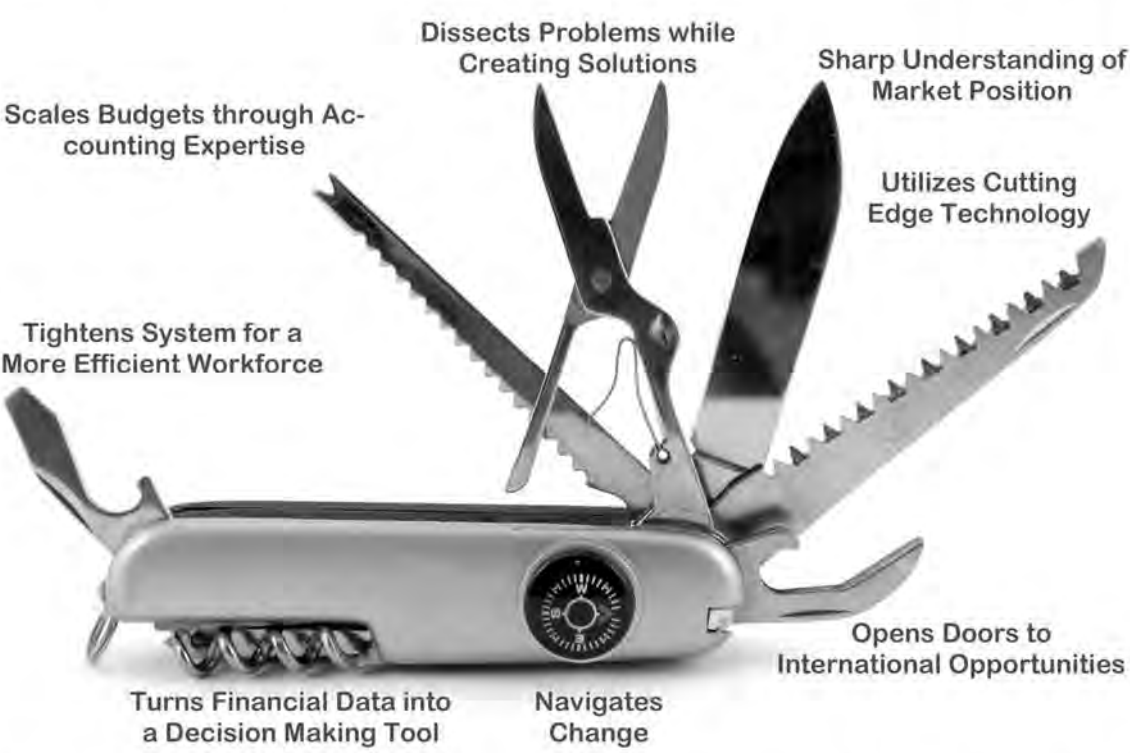
DiFazio earned his doctorate and master's degrees from Oregon State University. Before joining the faculty of the WVU department of biology in 2005, he was a research scientist in the Environmental Sciences Division of the Oak Ridge National Laboratory in Tennessee.

He received the WVU Award for Research Team Scholarship for his study, "Mechanisms of Cadmium Tolerance in Poplar Trees."

He currently teaches molecular ecology. Info: DiFazio, Stephen.Difazio@mail.wvu.edu. For an official copy of the study, AAAS at scipak@aaas.org.

Ford steps up with Expedition, Page 1-H.

WVU Executive MBA



The Universal Tool

Executive MBA Classes Begin January 2007 in

**Morgantown
Wheeling
Martinsburg**



(304) 293.7811
 www.be.wvu.edu/emba
 mba@wvu.edu

Executive MBA
 WVU College of Business & Economics

Fox News Channel faces challenges from ratings

Associated Press

NEW YORK — Fox News Channel will mark its 10th anniversary this week in an unusual position: knocked back on its heels.

The network is in the midst of its first-ever ratings slump. Cable news' most stable lineup is being juggled. And the blowup over President Clinton's interview with Chris Wallace suggests that Democrats are attacking Fox because they perceive the same vulnerability in the network as they do in the Bush administration.

Maybe some of this was on Fox News chief Roger Ailes' mind one day last week when he rode the elevator to the 22nd floor of News Corp.'s office tower for an 8:45 a.m. stroll through the network's ad sales department.

Mr. Ailes? What are you doing up here, someone wondered aloud.

"Taking attendance," the hard-charging motivator replied.

Message delivered. Loved by some, loathed by others, Fox News Channel has been the biggest success in the cable industry and profoundly changed television news since its signal turned on Oct. 7, 1996.

Ailes can still remember a reporter's laughter during the news conference to introduce the network. He had the last laugh: Fox News beat by a year his plan for overtaking CNN and grew to more than double its rivals in viewership. It made stars of Bill O'Reilly and Sean Hannity and put "fair and balanced" into news history textbooks.

Opinionated talk is now a staple on the TV dial, with Keith Olbermann on MSNBC, Lou Dobbs on CNN and Nancy Grace on CNN Headline News. Fox was first.

"I watched CNN for a week before I went on and I kept trying to wake myself up," Ailes told The Associated Press. "I kept nodding off and I realized they are biased, they are boring, they looked like a network that has never had any competi-

Loved by some, loathed by others, Fox News Channel has been the biggest success in the cable industry and profoundly changed television news since its signal turned on Oct. 7, 1996.

tion."

Ailes, a former Republican political operative, said simply presenting different points of view made Fox seem like a contrast to left-leaning news coverage elsewhere.

Before Fox, many in the media scoffed at the notion of a liberal bias and figured only a handful of people really believed that, said Erik Sorenson, former MSNBC president.

"Fox proved it's a much larger group than anybody realized," he said.

Their success clearly made others respond. The very idea that Rush Limbaugh would appear on a "CBS Evening News" segment called "Free Speech," heavily promoted on Katie Couric's first night as anchor, would have been unfathomable a decade ago, Sorenson said.

"I've had many people say to me we have forced people to think differently in their own newsrooms," Ailes said.

Fox's critics consider "fair and balanced" camouflage for an agenda. Whatever the truth, news-watching became increasingly partisan: more Democrats watched CNN, more Republicans watched Fox, according to a 2004 study by the Pew Research Center for the People in the Press. The year Fox started, CNN had more Republican viewers than Democrats.

While he cautioned not to overexaggerate Fox's influence, former CBS News President Andrew Heyward suggested industry sensitivity to Fox's popularity, coupled with shock after the Sept. 11 terrorist attacks, combined to dampen aggressiveness in questioning the

government's assumptions leading up to the Iraq war.

Ailes dismissed that theory with an epithet.

Less attention has been paid to the look of Fox News. During its peak, it appeared more colorful, more graphically innovative and more urgent. It made CNN look stodgy.

But the years of explosive growth have ended at Fox. Viewership over the first eight months of the year was down 5 percent compared to 2005, with a steeper 13 percent decline in prime-time, according to Nielsen Media Research. For 12 straight months, Fox's prime-time audience has been smaller than the year before. Meanwhile, CNN viewership inched up 5 percent this year through August.

"It's hard," Ailes said, "to win the Super Bowl every year."

The timing is inopportune, since Fox is about to negotiate new fees with cable and satellite providers to replace contracts agreed to when the network first started. As a start-up, Fox accepted low fees from cable providers and believes its success made those deals a bargain. Now Fox wants them to pay up, and in some cases is asking providers to quadruple their payments.

Theories abound on the ratings decline, and include simple rules of gravity: Ratings can't go up forever.

Some believe there's a correlation to the declining popularity of President Bush and concern about the Iraq war. "The rah-rah enthusiasm that was there in 2002, four years later has dissipated," Soren-

son said.

Some of the bigger stories of the past year, such as Hurricane Katrina and the wars in the Middle East, played better to the newsgathering strengths of CNN, Heyward said.

Olbermann's growing popularity — and growing partisanship — along with the response to Clinton's "Fox News Sunday" interview also indicate that Fox's foes have less fear about taking the network on.

Fox has recently made a handful of lineup changes — most notably yanking E.D. Hill from the popular "Fox & Friends" and giving her a daytime anchor slot, replacing her on the morning show with Gretchen Carlson. Ailes said FNC is trying to add some fresh faces to its contributors.

Ailes is also up to old motivational tricks, including calling the occasional 5 a.m. meeting ("I think it's useful to wake people up and remind them of how they get their paycheck," he said). A large trade publication ad placed recently saying the network was looking for aggressive new producers was seen — for good reason — as being directed as much internally as at job seekers.

Despite the slump, Ailes is quick to point out that Fox News still consistently beats all competitors throughout the day and evening.

"I have to be careful because I'm never satisfied unless we're going upward," he said. "But the truth is, I wouldn't change places with anybody else and they would change places with me in a heartbeat. For all the attacks we get, do you think MSNBC or CNN wouldn't want to be where we are?"

When he gets up everyday, "I don't want to be where they are," he said. "I don't want to be sucking canal water every morning thinking, 'what am I going to do today to make things better?' You have to keep it in perspective, which I try to do."

Judge dismisses suit against Google

McClatchy Tribune

SAN JOSE, Calif. — A federal judge granted Google a significant victory Thursday, ruling that the search engine did not violate federal law when it sold trademarked terms in an online advertising auction.

Judge Norman Mordue, of the U.S. District Court, northern district of New York, dismissed a suit brought against Google by Rescucom, a computer repair and consulting business.

In a suit filed September 2004, Rescucom had claimed that Google violated its trademarked name by selling it as an advertising keyword to competitors. When a keyword is entered by someone using Google's search engine, it triggers small text-based ads that run alongside search results.

Google's policy on the use of trademarks to trigger online ads placed by competitors has ranked a number of advertisers, including insurance giant Geico, which settled a similar suit against Google last year, and American Blind & Wallpaper Factory, whose case is pending.

Of the three biggest search engines, only Google allows advertisers to purchase a competitors' trademarks.

"They needed a green light from the legal system to run their business," said Eric Goldman, director of the High Tech Law Institute at Santa Clara University. "They've been operating under a cloud of doubt."

Google has been seeking legal approval of its business practice for several years.

In an e-mailed statement, Michael Kwun, a senior litigation counsel at Google, said: "We welcome Chief Judge Mordue's decision to dismiss the case, which again confirms our long-held belief that our trademark policy is lawful."

David Milman, chief executive of Rescucom, said in a statement that he is considering his options for appeal.

Milman said the ruling set a "dangerous precedent . . . that allows a behemoth to pit smaller competitors against one another, while it rakes in the additional revenue."

In a suit filed September 2004, Rescucom had claimed that Google violated its trademarked name by selling it as an advertising keyword to competitors. When a keyword is entered by someone using Google's search engine, it triggers small text-based ads that run alongside search results.

Mordue's ruling is not binding on other district courts, which have allowed other trademark suits brought against Google for its advertising policies to go forward. But its clear reasoning could influence other judges, Goldman said.

The ruling states that Google's use of trademarked terms to trigger online advertisements doesn't violate trademark law because "there is no allegation that the defendant places plaintiff's trademark on any goods, containers, displays, or advertisements, or that its internal use is visible to the public."

In August 2005, a federal judge in Alexandria, Va., hearing Geico's case against Google came to a similar conclusion, but found that Google may have violated trademark law in cases in which the advertisements placed by competitors also featured the word "Geico." At that point, Google and Geico entered into a confidential settlement.

Google also faces challenges overseas. It is appealing several rulings against it in France, where it has been ordered not to respond to a search request for information about one company with advertisements for another.

Cancer center hosts event

The Dominion Post

The Mary Babb Randolph Cancer Center and the WVU Office of Continuing Education will host "Translating New Ideas Into Cancer Care" Oct. 6, at the 16th Annual Fall Cancer Conference, to discuss new technologies in cancer treatment at the Lakeview Golf Resort & Spa in Morgantown, the conference will feature topics such as stem cell transplant, hormonal and radiation management for breast cancer, depression in cancer patients and new therapy in lung cancer. Registration will begin at 7:30 a.m.

The conference will feature lecturers from WVU including, Dr. James Abraham, medical director of the Mary Babb Randolph Cancer Center; Dr. Michael Craig, Dr. Ramin Altaha, Dr. and Thomas Hogan, from

the Department of Hematology/Oncology; Gerald Higa, Pharm.D. from the School of Pharmacy; Dr. Geoffrey Graeber, from the Department of Surgery and Dr. Daniel Elswick, from the Department of Behavioral Medicine and Psychiatry.

Diane Kube, chief administrative officer of the Community Oncology Alliance (COA) will speak on chemotherapy reimbursement issues. The COA is dedicated to high quality, affordable and accessible cancer care.

The cost of the conference is \$95 for physicians and \$55 for other healthcare professionals and includes lunch and course materials.

Physicians will receive 6.25 credits after completing this program.

Info: the Office of Continuing Education, 293-3937 or ce.wvu.edu.

Grant deadlines for projects in agricultural sustainability

Grants are given to commercial farmers

The Dominion Post

The Northeast Sustainable Agriculture Research and Education (SARE) program offers three different grant programs to explore innovative approaches to sustainable agriculture, all with application deadlines in the late fall and early winter.

Farmer Grants are for commercial farmers who would like to test a sustainable new practice, often by conducting an experiment, trial, or on-farm demonstration. Projects can explore a wide range of topics such as pest management, soil health, renewable energy, adding value, marketing, or new production techniques, and funds can be used for materials and to pay farmers for their time.

The application is straightforward and comes with a how-to guide that gives examples from past applications. Awards are capped at \$10,000 and the deadline is Dec. 22.

Partnership Grants are for Cooperative Extension, NRCS, and other service providers who work directly with farmers.

Partnership Grants support on-farm research and demonstration projects in sustainable agriculture, and funds can be used to pay for personnel, materials, sampling, supplies, testing, and to compensate cooperating farmers for their time. Awards are capped at \$10,000 and the deadline is Dec. 5.

Sustainable Community Grants

are for projects that connect farming and economic development. Projects can address issues like land use, nutrition, employment, markets, education, public policy, and other facets of rural development. Applicants must be affiliated with an organization such as a community nonprofit, Cooperative Extension, local government, an educational institution, a planning board, a farming cooperative, or an incorporated citizens group.

This grant is offered in partnership with the Northeast Regional Center for Rural Development. Awards are capped at \$10,000, and the application deadline is Nov. 28.

This year, Northeast SARE will also offer the Appalachian Initiative as part of its Sustainable Community program. Applicants in West Virginia and selected counties in Pennsylvania, Maryland, and New York can seek funds for innovative farm-based renewable energy projects and for adding value to farm products.

This grant is offered in partnership with the Appalachian Regional Commission. Awards are capped at \$25,000, and the deadline is Nov. 28.

To learn more about SARE, its different grant programs, and its educational offerings, uvm.edu/~nesare or (802) 656-0471. The Northeast SARE region is made up of Connecticut, Delaware, Massachusetts, Maryland, Maine, New Hampshire, New Jersey, New York, Pennsylvania, Rhode Island, Vermont, West Virginia, and Washington, D.C.

it's like this...

beat a woman,
lose your guns.

it's that simple.

It's simple. Domestic violence is a crime.

And once the police report is filed, it's too late. There's nothing you can get her to say or do to stop the process.

If you don't understand that, maybe you'll get this. If you're convicted of beating your wife, girlfriend or partner, you'll lose your guns.

All of them. For life. It really is that simple.

PROJECT SAFE NEIGHBORHOODS
Domestic Violence, Child Abuse, Gun Violence

PROJECT SAFE HOMES

For information, call 1.800.799.SAFE

THERE'S A NEW CHRYSLER-DODGE DEALERSHIP IN YOUR NEIGHBORHOOD. THIS CALLS FOR A BLOCK PARTY.



Dodge Ram



Dodge Caliber



Chrysler 300C

There's something new in your neighborhood worth celebrating.

An all-new Chrysler-Dodge dealership. Featuring the full lineup of our award-winning cars, trucks, SUVs, and minivans.

So come on over, and let's get the party started.

"Whatever You Want...Whatever It Takes!"

JOHN HOWARD

1730 MILEGROUND 296-3205 MORGANTOWN, WV

www.johnhowardmotors.com



Colorado town mourns teen killed in school siege

Associated Press

BAILEY, Colo. — In a mountain meadow not far where she was shot by a gunman who invaded her school, those who knew Emily Keyes — and many who didn't — came together on a bright, breezy fall Saturday to remember the teen and hear a message of forgiveness and hope.

Family friend Louis Gonzales asked mourners to embrace Emily's last words, a text message that said "I love U guys."

Gonzales told the several thousand outside the National Farmers Union Education Center: "Picture Emily's face in your mind. Give it a kiss. I love you guys. Random acts of kindness."

Speaking for the family, he said, "We have the power to do this. Let's

take the random act that has occurred and turn it to random acts of kindness."

Keyes was shot in the head Wednesday as she fled from Duane Morrison, who had held her and five other girls hostage. Morrison killed himself after a SWAT team stormed the classroom.

"Emily was a part of my life and a part of all of your lives, and I know that," her twin brother, Casey, said. "And that part was torn away and stolen this Wednesday. But the part of us that can never be torn away and never be stolen is the love and strength that keeps us together."

The crowd greeted Sheriff Fred Wegener with a standing ovation.

"This is the hardest thing that I'll ever face, and I want the Keyes fam-

ily to know that if I could trade places with Emily, I'd do it in a heartbeat," Wegener said. "Emily will be with me in my heart forever."

Ruth Barth, Emily's speech teacher and debate coach, told the crowd that no one should feel guilt because nothing more could have been done to save her.

"In fact, it's my personal belief that Emily is debating hard on the other side, and that she's winning every single debate, and that she's using her extemporaneous skills to confound any mind that she contends with," she said.

The family came in limousines preceded by a caravan of emergency vehicles and sheriff's department cars. Pink ribbons tied to ponderosa pines lined the road. Many mourners wore ribbons saying "Random

acts of kindness for Emily."

On Friday night, a candlelight vigil was held. "I think everybody's looking for answers," said Gray Anderson, a counselor who has been talking with residents. "People are just looking for reasons why."

Earlier it was learned that Morrison had indicated he planned some violent act. A 14-page letter from Morrison was postmarked Wednesday in nearby Shawnee — the same day he took the girls hostage.

Morrison claimed in the letter that it was not a suicide note, Wegener said.

"However, many times, the letter references suicide," Wegener said. "This letter clearly acknowledges his pending death. It also apologizes to his family for his actions that will occur."



AP Photo

Travis Hill (far left) and Kevin Haskew use a jackhammer while Mike Carton swings a sledgehammer as they break apart the foundation of a 100-year-old boundary marker on the U.S./Canada border between Hodgdon, Maine and Richmond, New Brunswick, on Monday. The American crew later set the marker in a new cement foundation. The International Boundary Commission maintains 8,000 monuments and reference points along the 5,525-mile border.

CDC: Spinach scare aside, food illnesses at record lows

Associated Press

SAN FRANCISCO — Despite the recent E. coli spinach outbreak, food may be safer now than at any other time in the last decade, with illness occurring at record-low rates, new federal statistics show.

Consumers get part of the credit, for handling food more safely at home, but experts say the biggest improvement came from better industry controls and inspections.

"The food is actually cleaner to begin with," said Dr. Robert Tauxe, top food scientist at the federal Centers for Disease Control and Prevention. Certain germs have dramatically declined, and "that to me is really solid progress."

However, the trend could reverse in coming years if fruit and vegetable growers do not address problems like those that led to the spinach scare, Tauxe and others said.

"The meat and poultry industry has made great strides. The produce industry has a long way to go to catch up," said Michael Doyle, a microbiologist who heads the University of Georgia's Center for Food Safety.

On Friday, the Food and Drug Administration lifted its warning on spinach except for specific brands packaged on certain dates. Consumers should continue to avoid spinach recalled by Natural Selection Foods LLC of San Juan Bautista and four companies that it supplied.

The recall covered 34 brands bearing "Best if Used By" dates of Aug. 17 through Oct. 1, so most of it is thought to be out of the food



AP Photo

Spinach farmer Dale Huss, of Sea Mist Farms (right) inspects spinach plants with Doug Mosebar, president of the California Farm Bureau Federation, on Friday, in a field near Castroville, Calif. The U.S. Food and Drug Administration lifted its two-week-old consumer warning on most fresh spinach Friday, revising the alert to say it now covers only specific brands packaged on certain dates.

supply now.

The spinach sickened 187 people in 26 states, hospitalized 97 of them and killed one. Outbreaks typically are far larger than the number of lab-confirmed cases reported to federal officials, Tauxe noted.

Germs in food make 76 million Americans sick, send 323,000 to hospitals and kill 5,000 each year, the CDC estimates.

But the situation greatly improved over the last decade, according to illness statistics the agency reported

Friday at a conference of the American Society for Microbiology.

In 2005, compared with the 1996-98 period when the CDC's FoodNet tracking system began, illnesses were down for virtually every major germ.

CDC estimates the declines as follows: yersinia, 49 percent; shigella, 43 percent; listeria, 32 percent; campylobacter, 30 percent; the dangerous O157 strain of E. coli, 29 percent; and salmonella, 9 percent.

Only vibrio, a germ spread

through raw oysters, rose significantly — 41 percent.

Campylobacter and salmonella sicken the most people, usually through raw or undercooked poultry or eggs. Yersinia can taint raw meats, seafood and dairy products. Listeria causes problems in lunchmeats and soft cheeses.

E. coli outbreaks typically have involved undercooked ground meat. But in recent years, the germ has increasingly been linked to produce, as has a certain strain of salmonella.

"The problems have changed," said Caroline Smith DeWaal, food safety director for the consumer group Center for Science in the Public Interest. "A decade ago, beef was at the top of our list of concern. Now we're more concerned about produce."

Carol Tucker-Foreman, food policy director for Consumer Federation of America, agreed.

"Fresh fruits and vegetables are generally not subject to any regulatory standards," and the FDA has only voluntary "guidance" for growers to follow, she said.

She also notes that most of the decline in illnesses occurred in the earlier part of the decade, and that gains in more recent years have been smaller.

"Some of the gains have declined in the last two years," she said. She is most worried about certain strains of salmonella and wants the government to make further strides against listeria.

Terror trials to affect fraction of prisoners in U.S. custody

Associated Press

WASHINGTON — The CIA interrogation program should now be back in business and terrorist trials can begin right away, according to proponents of new legislation passed by Congress.

The legislation is a victory for President Bush, whose detention and interrogation program was deemed illegal by the Supreme Court in June. Bush turned to Congress and was able to push through legislation that would revive his anti-terror efforts.

Lawmakers passed the bill and sent it Friday to the president to sign. But while the measure potentially applies to all 14,000 foreign detainees, it isn't expected to change the lives of many. Most are in military prisons in Iraq and Afghanistan and are unlikely to face aggressive, prolonged interrogations by CIA operatives. The Pentagon is expected to prosecute fewer than two dozen detainees.

Under the bill, Bush can convene military commissions to prosecute terror suspects so long as he fol-

lows certain guidelines. The bill also for the first time provides specific definitions of abusive treatment of prisoners, though critics say it leaves unclear precisely what methods would be allowed.

Sen. John McCain, R-Ariz., and other proponents of the bill say it will prohibit such cruel interrogation techniques such as "waterboarding," or simulated drowning, though others have said that is uncertain.

The measure bans abusive interrogations for all detainees in U.S. custody, though in practical terms these protections will mostly affect terrorism suspects in CIA custody. Bush has said the CIA handed over to the military the last 14 detainees it had been secretly holding, and they are now at the detention center at the U.S. naval base in Guantanamo Bay, Cuba.

The bill probably will have little effect on the majority of detainees — those being held by the military — because they were already protected by Pentagon guidelines that banned abusive interrogations.

So far, the military says it has enough evidence to try only 10 prisoners — all held at Guantanamo. The remaining detainees, most of whom are in Iraq, can be held without charge until hostilities there end.

Bush also is expected to try some or all of the 14 former CIA suspects now held by the military. The group includes Khalid Sheikh Mohammed, the suspected mastermind of the Sept. 11, 2001, attacks.

The president previously attempted to prosecute terrorism suspects without congressional approval. But the administration was stopped by the Supreme Court, which ruled in June his system was illegal and violated the nation's treaty obligations.

Congress stepped in, with majority Republicans pushing through legislation that would allow Bush to resume trials.

Under the bill, Mohammed and others selected for prosecution would be guaranteed legal counsel and a chance to defend themselves against specific charges.

But the remaining prisoners not prosecuted — including all of those swept up in the battlefield in Iraq — would not be guaranteed legal recourse. This would seem to have little effect on them because, practically speaking, prisoners in Iraq and Afghanistan currently have virtually no way to protest their detentions in U.S. courts.

Critics say the bill could violate the Constitution, which calls for equal legal protection for anyone under U.S. jurisdiction, because it bars detainees from protesting their detentions in court. That right is called habeas corpus, and eliminating it for many of the detainees will allow Bush to hold them without charge forever.

"What they've done with this legislation is wipe out — abolish — the writ of habeas corpus for any alien held by the United States anywhere in the world," said Michael Ratner at the Center for Constitutional Rights in New York.

To proponents, the bill reaffirms decades of historic precedents.

Authorities: Wis. teen who fatally shot principal complained about being teased

Associated Press

CAZENOVIA, Wis. — A teenager who decided to confront teachers and the principal after complaining that other students teased him brought two guns to school and shot the principal to death, authorities said.

The shooting Friday also came a day after the principal gave 15-year-old Eric Hainstock a disciplinary warning for having tobacco, according to a criminal complaint.

Hainstock was taken into custody and charged as an adult with murder, the district attorney said. He could get life in prison if convicted. Detectives executed a search warrant at Hainstock's house late Friday, the sheriff said. The teen was scheduled to make an initial court appearance Monday. It was unclear whether he had an attorney.

On Friday morning, Hainstock pried open his family's gun cabinet, took out a shotgun, retrieved the key to his parents' locked bedroom

and took a .22-caliber revolver, according to a criminal complaint.

He entered Weston Schools with the shotgun before classes began and pointed the gun at a social studies teacher, but custodian Dave Thompson wrested it from the teen, the complaint said. When Hainstock reached for the handgun, Thompson and the teacher ran for cover.

Then Principal John Klang went into the hallway and confronted Hainstock. A teacher said that after the shots were fired, Klang, already wounded, managed to wrestle the shooter to the ground and sweep away the gun, the complaint said. Students and staff detained Hainstock until police arrived. District Attorney Patricia Barrett said.

No one else was injured. Klang, 49, was shot in the head, chest and leg, authorities said. He died hours later at a hospital in Madison. An autopsy was scheduled for Saturday.

Sheriff Randy Stammen said

Klang's swift action. "The heroics of the people involved in this can't be understated," he said.

School officials said Klang had given Hainstock a disciplinary notice Thursday for bringing tobacco to school, and the student faced a likely in-school suspension, the complaint said.

Hainstock told investigators a group of kids had called him names and rubbed up against him, and he felt teachers and the principal would not do anything about it, according to the complaint.

It also said Hainstock had told a friend a few days earlier that Klang would not "make it through homecoming," referring to festivities planned for the school's homecoming weekend.

After the shooting, Weston's football game, dance and parade were canceled or postponed, and crisis counselors were brought in for students.

Children from pre-kindergarten

to 12th grade attend the small school near Cazenovia, a community of about 300 people about 70 miles northwest of Madison.

Sophomore Shelly Rupp, 16, said she woke up ready to celebrate homecoming. Instead, she ended up catching a glimpse of her principal lying in the hallway in "a pile of blood."

"He was really nice," she said, choking back tears. "If we had a problem he'd listen to us. He never raised his voice or anything to any of the students."

Klang and his three children graduated from Weston Schools. Klang taught, then farmed for about 18 years before returning to teaching and taking over as principal in 2004, said his father, Don Klang. He was being groomed to become superintendent next year.

Resident Laurie Rhea, 42, said Klang spent last weekend at a gas station washing cars for a homecoming fundraiser.

As concern over border security grows, so does the vegetation

Associated Press

HOULTON, Maine — The United States wants to better secure its border with Canada, but it might have trouble finding it in some areas, an official with the agency that maintains the border said.

The U.S. and Canada have fallen so far behind on basic maintenance of their shared border that law enforcement officials might have to search through overgrown vegetation for markers in some places, the official said.

"If you can't find it, then you can't secure it," said Dennis Schornack, the U.S. commissioner of the International Boundary Commission, the intergovernmental agency responsible for maintaining the U.S.-Canada border.

The Boeing Co. has been awarded a three-year contract to implement the first part of what could be a multibillion-dollar plan to reduce illegal entry along the 6,000 miles of border with Canada and Mexico using better technology, including cameras, sensors and even unmanned airplanes.

But commission officials say their budget of just over \$3 million is insufficient and insist that if they are not given more money to buy basic machinery to beat back the weeds, bushes and trees that threaten to overtake parts of the border, all those high-tech gadgets could prove useless.

"I've talked and talked, and we don't seem to be getting anywhere," Schornack said. "Yes, it's not glamorous. It's not high-tech. It's chain saws and weed whackers. But if you don't get that basic job done, all I know is cameras won't work."

The 5,525-mile U.S.-Canada border cuts a 20-foot-wide swath through many wooded areas. Down the middle are monuments and markers denoting the actual border.

The agency, consisting of two

commissioners (one from each country), seven field engineers and a small support staff, is responsible for surveying and maintaining more than 8,000 monuments and reference points.

The International Boundary Commission has warned that it has fallen far behind in clearing fast-growing brush and trees, especially in the United States' Northeast and Northwest — between Washington state and British Columbia and between New England and Quebec and New Brunswick.

Schornack will meet in Washington on Monday and Tuesday with his Canadian counterparts, high-ranking homeland security officials and members of Congress to lobby for more funding.

Part of his goal, he said, is to lift the agency's profile. The agency is so small, he said, that it gets lost in the \$2.7 trillion federal budget.

"The boundary has been ignored for a very long time," Schornack said. "I'm not even sure people know we exist."

Canadian officials say the U.S. needs to contribute more money.

The U.S. contributed \$1.43 million this fiscal year, compared with \$2.2 million Canada contributed, the commission said. The U.S. contribution pales in comparison with the \$33 million it is giving the International Boundary and Water Commission, which oversees maintenance of the border with Mexico. And a bill to erect a fence along the Mexican border went to President Bush on Friday.

"Some of the catch-up projects that the Americans are supposed to undertake are not being done. We're doing as much as we can with our funding, but the catch-up rate is not what it should be," said Al Arseneault, the deputy commissioner of the commission's Canadian branch.

New vaccines would immunize people against their bad habits

McClatchy Tribune

CHICAGO — Vaccines, the most potent medical weapon ever devised to vanquish deadly germs, are now being called on to do something totally different and culturally revolutionary — inoculate people against bad habits like overeating, cigarette smoking and drug use.

Whether this new era of vaccine research can actually subdue many of the poor lifestyle choices that are today's biggest threats to health — causing obesity, cancer, heart disease and other problems — has yet to be proved.

But the evidence is promising enough to persuade the federal government to put millions of dollars toward finding out if two of the vaccines can end nicotine and cocaine addiction.

The National Institute on Drug Abuse, which has spent \$15 million on clinical trials for the vaccines and plans to spend more, predicts that one of the nicotine vaccines may be available for marketing in three years.

"The American Cancer Society has projected that we will have one billion people die from smoking in the world in this century," said Frank Vocci, director of medications development for the institute.

"If you had a vaccine that helped people quit and stay quit, or prevent them from smoking, that's where you'd get the greatest public health benefit."

Meanwhile, results from a major obesity vaccine trial under way in Switzerland are expected later

this year and company officials are hopeful that the vaccine could be ready for use in a few years if all goes well.

To tamp out deleterious behavior, the new vaccines employ the body's natural immune system in an innovative way.

Instead of building antibodies to destroy germs as traditional vaccines do, they construct antibodies that lock onto nicotine and cocaine molecules, preventing them from reaching the brain.

"What we're seeing is a renaissance in vaccine technology," said Dr. Gary Nabel, director of the National Institute of Allergy and Infectious Diseases' Vaccine Research Center. "It's only natural that when you have a technology that's this powerful it can be applied to other medical problems."

Normally, nicotine and cocaine molecules are too small to be seen by the immune system.

So to make the vaccines, scientists attach these molecules to big target proteins, like harmless viruses or bacteria, which the immune system can recognize and attack with specialized antibodies.

When the person later smokes a cigarette or takes cocaine, the antibodies wrap up and neutralize the molecules before they can trigger feelings of euphoria and pleasure in the brain. Smokers and cocaine users given the vaccines say their pleasure is diminished or they no longer get as high, which decreases the desire for the drug.

Congratulations Lacy Neff!

**Winner of the
National
Association
of Broadcasters
2006
Marconi Award
for Small Market
Personality
of the year**



Photo by Dale Sparks - All-Pro Photography



Lacy at this year's NAB Marconi Radio Awards Dinner and show in Dallas, Texas.

*Listen to Lacy Neff
Monday through Friday
from 3pm to 7pm!*



**This is the first time a personality or radio station in
West Virginia has been nationally recognized with
the Marconi Award.**



UNIVERSITY MOTORS
MOUNTAINEER
BALLOON
FESTIVAL

October 4-8, 2006
Mylan Park at Chaplin Hill
Morgantown

Wednesday, Oct. 4
Opening at 4:00 pm

FREE ADMISSION TO GROUNDS
Carnival Open

Thursday, Oct. 5
Night Glow 4pm-10:30pm

Mylan Park - Balloons tether and glow against the Fall sky. See the balloons light up the sky, take a tethered ride, have fun at the carnival!

Live Bands:
Appalachian Brass Band, Joe Hall & High Country

Friday, Oct. 6

Kids under 12 - FREE Admission till 4 pm

Kid's Day - featuring the WCLG & RE/MAX Real Estate Professionals Kids' Campus

7:30am - Garfield's Launch - locations throughout Morgantown - balloons will take off from points throughout Touchdown City - see how many you can spot

10am - 10:30pm - Mylan Park opens at 9:30 - Carnival rides, buggy rides, tethered balloon rides are just a few of the fun things to see & do!

4:30pm - Sign Factory Cup - a mass ascension of almost 50 balloons!

6:30pm - 9:30pm - Queen City Funk & Soul, brought to you by *Oliverio's Ristorante*

Live Bands:
Tanglewood, Great Lakers, Queen City Funk & Soul

Saturday, Oct. 7

BAJA Race: sponsored by WVU Engineering Dept.

7:30am - MPE Rentals Race - mass ascension

4:30am - The Pepsi-Cola Challenge - mass ascension

*Gates open early, so arrive early and stay!
Music, rides and fun all day long!*

Live Bands: Will & The Healers, Tupelo Honey, Wishing Chair, Billy Metheny, Weedhawks, Thred, Jim Savarino

Sunday, Oct. 8

7:30am - The Glenmark Holding Race - mass ascension

1:00pm-5:00pm - Dream Machine Car Show

4:30pm - The Toyota Gold Purse - mass ascension
Plenty of things to do throughout the day!

Live Bands: 15 Minutes of Fame, Jim Truman
Brad Crow & The Cut-Ups

Great 16
For Your Entertainment

Grounds Set-Up by:

MPE
Rentals

& **BoPARC**
Board of Park and
Recreation Commissioners

Powered by **AmeriGas**

Throughout the Festival:

- ★ 16 Great Bands ★
lined up for your musical entertainment
- ★ Arts & Crafts ★ Carnival Rides ★
- ★ Food ★ Animals from Oglebay Good Zoo ★
- ★ Tethered Balloon Rides ★ Climbing Wall ★
- ★ Carnegie Science Museum ★ NASA ★
- ★ Horse & Carriage Rides ★ Clowning ★
- ★ Dancing ★ Fencing ★ Educational Displays
- ★ Juggling ★ Face Painting ★
- ...and a Host of Other Activities!



DIRECTIONS:

From I-79N, take Exit 155 (StarCity), at the bottom of exit, turn left. Proceed 1.4 miles up Chaplin Hill Road to Mylan Park.

From I-79S, take Exit 155 (Star City), at the bottom of exit, turn right. Proceed 1.4 miles up Chaplin Hill Road.

ADMISSION PRICES:

Night Glow: \$5 per vehicle
Festival Days (Fri., Sat. & Sun.):
\$5 per person, \$15 per carload
Children 5 & under FREE.



Reverse heart disease

Program finds fans
Page 4-E

Life & Leisure



ASSISTANT MANAGING EDITOR PAMELA QUEEN ■ 291-9444

SUNDAY, OCT. 1, 2006 THE DOMINION POST 1-E



KATIE McDOWELL

We don't have to like shoes to love them

AT THE INSTANT I sit down to write this, I have two pairs of boots, still in their shipping boxes, in the backseat of my car.

I ordered one pair three weeks ago; the other a week after that. They are, in actuality, the same exact boots, except one pair is distressed green leather, the other, tan. Thing is, I can't decide whether or not I even like the darn things.

Which is precisely why they remain in my Rav, unworn, still stuffed with that tissue paper they pack in there to keep the shoes looking perky. And every day I look at them and tell myself, "I'll ship them back tomorrow."

So why, you might ask, haven't I done it yet? Especially since they were expensive and I am clearly not all that crazy about them in the first place. Well, because. What if I like them *eventually*?

It's a common fear we women have — that the second you return something, you will discover that you cannot, in fact, live without it. This is particularly true of footwear.

See, we girls love our shoes. Even when we don't really like them.

So much so that a recent survey by SmartBargains.com found that some chicks, 22 percent to be exact, would choose shoes over sex.

Now, I can't say most women I know would subscribe to that. I suppose it would depend on the shoe. (Just kidding — sort of.)

Some people say that one's eyes are the window to her soul. Not true. It is, most definitely, her feet. Or, more specifically, what she wears on them. Think that sounds silly? The same survey showed that 57 percent of women judge other women by their shoes. So there.

More statistics: Nine percent of all women have lied to their partners about the cost of their shoes (that's because most guys think 20 bucks is pricey. Tell them 200 and they'll suffer heart trauma). And 56 percent said they have between 10-30 pairs of shoes currently in their closets.

Some people believe that Carrie Bradshaw is responsible for this madness. But I don't agree. I happen to know many women who were shoe addicts long before "Sex and the City" ever hit the airwaves.

And the reason for this obsession is simple: Shoe-shopping does not require getting undressed in a tiny room with harsh lighting and a funhouse mirror. Clothes-shopping does. Plus, when you've gained weight, you wear the same size shoes as when you were skinny, so even if you feel like a manatee, you can still ask for something in a 6.

My husband, no surprise, fails to get it. Whenever I even utter the word "shoe" — God forbid suggest that I am in need of some — he loses it. "What about all those shoes you have already?" he cries. "You hardly even wear half of those!" To which I calmly reply, "I can name at least one time for every single pair."

At this, he will give me an exasperated look and move on to another topic (my "I have nothing to wear" comment perhaps).

Because he is a man, I excuse his lack of understanding. After all, he has only three pairs of shoes — the shoes he wears golfing, the shoes he wore for our wedding and the \$24.95 black suede sneaky-type things that he wears whenever he is not golfing or getting married.

I am not sure whether he has consciously chosen not to comment on the boxes in my car, or whether he has just simply gotten so used to the constant flow of shipments from Zappos to our house that he fails to notice them any longer. But I do know this: He would think those boots are ugly and would tell me to send them back.

And, in this case at least, he would probably be right. So I'm going to return them. Definitely. Tomorrow.

KATIE McDOWELL is a staff writer for *The Dominion Post*. Email her at kmcdowell@dominionpost.com.

Finding Fright

Area attractions have a high fear factor

The Dominion Post

Phrases like "spooktacular" and "boys and ghouls" on signs around town can only mean one thing: October is here and it's time to get into the Halloween spirit. Luckily, this area is chockfull of scares and hauntings, and crawling with chances to get face-to-face with all sorts of demons, goblins and the otherwise undead.

So to help you get a jump-start on terror, we've compiled a list of haunted happenings. It's up to you whether or not you can handle them ...

Rich Farms Fright Farm 2006

This year's theme is "classic horror," said coowner Mike Rich. And although the Web site might make it look a little cheesy, it is, he said, as scary as ever. One of this year's biggest attractions: a 25-foot-tall fire-breathing Godzilla. Trips to Fright Farm begin with a hayride out to the haunted maze and mansion. Scare level: Pretty high.

■ Admission: \$15. On Wednesdays, students get in for \$10. VIP packages are available for \$20 per person, minimum 20 people. VIP package includes a group tent, bonfire and no waiting in line to get on the wagon.

■ VIP Platinum packages are available for \$25 per person, minimum 20 people, and include access to the private upstairs level of the facility's brand new building and no waiting in line to get on the wagon. Non-catered. Only one VIP Platinum spot available per night, so book ahead.

Advance reservations and deposits of \$250 are required for VIP bookings. Send deposit to: Rich Farms Inc., Attn: Sara Rockwell, 2043 Springhill Furnace Road, Smithfield, PA 15478.

■ Catering available by calling (724) 564-7644 or (877) 564-7644.

■ If you go: Take I-68 East to Cheat Lake (exit 10). At the end of the exit ramp turn left

on W.Va./Pa. 857). Take W.Va./Pa. 857 eight miles north into Pennsylvania. Rich Farms will be on your left.

■ Info: (877) 564-7644 or richfarms.com/frightfarm.

SteppingStones Haunted House at Mylan Park

SteppingStones' biggest fundraiser of the year, Haunted House tours will be given every Friday and Saturday in October, beginning at 7:30 p.m. Bob Pirner, executive director of SteppingStones — a nonprofit agency dedicated to creating opportunities for people with disabilities — said this year's house is exciting, with 10 different rooms designed to scare and amuse. Guides will escort groups through the house, telling scary stories as they go. Tours last about 30 minutes. The house is designed and staffed by volunteers, many of whom have participated in SteppingStones' haunted fundraisers year after year. Scare level: Medium: A little scary, but not too scary for children.

■ Admission: \$6 per person. Proceeds benefit SteppingStones.

■ Hours: Tours begin at 7:30 p.m. and run continuously until about 11 p.m.

■ If you go: Take I-79 to Star City exit. At the end of the ramp, turn right and follow

Chaplain Hill Road to Mylan Park.

■ This year, the first weekend of the Haunted House coincides with the Balloon Festival at Mylan Park, so you can go for one, or stay for both.

■ Info: (800) 982-8799.

Haunted House at Mary, Help of Christians Catholic Church, Bruceton Mills

Organizer Amber Messenger said this is the 17th year for the haunted house at Mary, Help of Christians Catholic Church. As in the past, all proceeds will go to Hospice.

Visitors to the haunted house have enjoyed themes from Schools of Screams to more classic fare like Frankenstein. But Messenger isn't giving up what this year's scares will be, saying it's a surprise. The haunted house is set up in the church garage and staffed completely by volunteers. Scare level: Medium: some kids may like it, some may be frightened, Messenger said, you just need to know your kids and use discretion. Messenger said if she sees there are fairly young children in the group, she'll tell the staff to take it easy on the scares.

■ Admission: \$5 donation. Proceeds benefit Hospice Care Corp.

■ Hours: 7-10 p.m. Oct. 20 and 21; 6-9 p.m. Oct. 22. The haunted house will be open one weekend only.

■ If you go: the church is located across the street from the Tasty Queen in

Bruceton Mills. Info: Messenger at 379-6738.

Phantom Fright Nights, Kennywood Park, Pittsburgh

In October, the otherwise-innocent Kennywood Park in Pittsburgh turns into an otherworldly experience. Ghosts, ghouls, aliens and zombies roam the park. Whole sections of the park turn into ghastly walk-throughs, like Villa of the Vampires, Mortem Manor, Kennyville Cemetery and Gory Park — one of the park's scariest haunted areas, said Mary Lou Rosemeyer, the park's director of public relations. New this year is Captain Skully's Curse in 3-D, where evil pirates lurk around every turn. Scare level: Medium-high: Pretty scary, not recommended for children under 13 (though many children under 13 do attend. Use discretion).

Nearly all the rides are open — save the water rides — and food vendors offer special Halloween foods, like Cotton Cobwebs and Graveyard Pizza.

■ Admission: \$19.50 at the gate, \$16.50 at Giant Eagle locations. Group rate for 20 or more people is \$15.50 per person. Call (412) 464-9931 for reservations. No food or drink can be brought into the park, and masks, Halloween makeup and costumes are not permitted.

■ Hours: 7 p.m.-1 a.m. Friday and Saturday nights through Oct. 28; 7 p.m.-11 p.m. Oct. 8.

■ If you go: Take I-79 North toward Washington, Pa. At Washington, Pa., merge onto I-79 North toward Pittsburgh. Continue about 20 miles. Take I-279 North toward Pittsburgh via exit 59-A. After about six miles, merge onto I-376 East toward Monroeville (Pa.) at exit 6-A. Continue for about six miles, then take Exit 7 toward Swissvale. Take a slight left onto Monongahela Avenue. Go right on

SEE FRIGHT, 2-E



Eric J. Tomlinson/The Dominion Post Illustration

09-24-2006

FRIGHT

FROM PAGE 1-E

South Braddock Avenue. South Braddock becomes Green Belt. You will see signs all the way pointing you toward Kennywood. ■ Info: (412) 461-0500 or phantomfrightnights.com.

Haunted Parkersburg Ghost Tours

These are "haunted and historical" walking tours of downtown Parkersburg, led by "real ghost hunters, psychic mediums and paranormal authors." In its 10th year, the tour mixes local folklore with present-day ghost sightings. Friday nights cover downtown, including Blennerhassett Island, the story of Indrid Cold and a haunted bookstore. Saturday nights focus on haunted houses and a haunted graveyard in the upper historical district of the city.

■ Admission: \$8 for adults, \$7 for seniors and students, \$6 for children under 13.

Hours: All tours begin at 7:30 p.m. in the lobby of the Blennerhassett Hotel in downtown Parkersburg at 4th and Market streets. Tours run every Friday and Saturday evening through Nov. 4, and on Oct. 29 and 30. There will be a special Halloween tour on Oct. 31.

■ If you go: Take I-79 South toward Fairmont. Merge onto U.S. 50 West via exit 119 toward Clarksburg. Stay on U.S. 50 West for about 75 miles. Turn right onto U.S. 50 West, which becomes 5th Street. Turn left onto Market Street. You will see the hotel. ■ Info: (304) 428-7978.

George Romero's Fright Nights at Station Square, Pittsburgh

The longest-running and biggest Halloween attraction in Western Pennsylvania, according to StationSquare.com, George Romero's Fright Nights has three live walk-through attractions including The Haunted House, The Psycho Maze and The Torture Chamber. Admission includes side shows with a glass-walker and fire-eater, continuous horror movies played on two big screens, a seance and a fortune teller.

■ Admission: \$15 for unlimited same-night tours. To avoid waiting in line, you can purchase a \$20 Celones VIP package that includes front-of-line privileges, a trip on the "electric chair," a free hot dog and Pepsi discount coupons for other vendors inside Fright Nights.

■ Dates: Oct. 6-8, 12-15, 19-22 and 26-31. Hours: Monday-Thursday, 7-11 p.m.; weekends, 7 p.m.-midnight.

■ If you go: Take I-79 North to Washington, Pa. At Washington, take the split for I-79 North toward Pittsburgh. Go about 20 miles. Take I-279 North toward Pittsburgh via exit 59-A. After six miles, take I-376 East toward Monroeville via Exit 6-A, then almost immediately take Exit 1-C on the left to Grant Street. Look for signs. ■ Info: stationsquare.com.

HalloWeekends at Cedar Point in Sandusky, Ohio

In its 10th year, Cedar Point's HalloWeekends promises to be bigger and scarier than ever, with new attractions like the Fear Faire walk-through, new haunted houses and other ghoulish additions.

■ Admission: After 5 p.m. Friday and Saturday, 4 p.m. Sunday, \$24.95; Saturdays and Sundays all day, \$39.95. Admission for people under 48 inches tall is \$9.95. For Seniors (aged 62 and older) is \$9.95.

■ Hours and dates: 6 p.m.-midnight Fridays; noon-midnight Saturdays and 10 a.m.-8 p.m. Sundays through October.

■ Info and directions: (419) 627-2223 and cedarpoint.com.

'South Park' 10th season:

Bad taste, big laughs and lots of heart

BY FRAZIER MOORE

Associated Press

NEW YORK — One reason "South Park" is so good is the united front, the shared vision, of cocreators Matt Stone and Trey Parker.

"Me and Matt love to argue," said Parker, "but in general our sense of humor is pretty much alike."

"We never have that problem where I want something one way and he wants it another," Stone said. "It never happens, and, when it does, we usually realize there was a flaw in the idea in the first place."

So it's them against the crazy world when "South Park" begins a 10th season at 10 p.m. Wednesday on Comedy Central, fresh on the heels of winning a prestigious Peabody Award. The first of seven new episodes will premiere as Stone and Parker rush in (as they have so many times before) where no one else would think to tread.

As ever, their surrogates in this enterprise are Stan, Kyle, Kenny and Cartman, four bratty, perpetually bundled-up youngsters in an unhealed Colorado cartoon town.

But this past year South Park has been a particularly outrageous place, stirring up more mischief than usual.

The scathing two-part "Cartoon Wars" last spring ripped Comedy Central for timidity in not airing an image of the Islamic prophet Muhammad, even as the show displayed Jesus Christ defecating on President Bush and the American flag.

Another headline-generating episode, "Trapped in the Closet," may or may not have riled mighty Hollywood star and Scientologist Tom Cruise for its mocking treatment of Scientology (and him) — so much so that Cruise may or may

"We try never to be cynical. I think we're really optimistic, happy people, and we want the show to have an optimistic message."

Matt Stone
cocreator, "South Park"

not have pressed Comedy Central never to air it again. (Last March, the network denied accusations by Stone and Parker of having yanked the episode. It has since been repeated, most recently this week.)

From the start of "South Park" in August 1997, the catch-as-catch-can crudeness of the series, where nothing was sacred or apologized for, was celebrated as its signature. But to the surprise of Stone and Parker, "South Park" seemed to have potential to be even more than that.

"Instead of being crappy," Stone said, "we decided we better figure out how to actually make it good."

"What we're always looking for is weird social issues and weird connections to make," Parker said. Lucky for them, there's no shortage of material.

Just consider how freckles and red hair provided them a way of addressing racial strife as Cartman rallied fellow "Ginger" kids to strike back against their blond and Brunette oppressors.

Creatures from the year 4035 flooding into South Park through a time portal served as a pointedly absurd way of looking at the dicey issue of illegal immigration. Reflecting the series' startling

timeliness (each episode is created from scratch and aired within a week), "South Park" last October framed the failure of government agencies to respond to Hurricane Katrina in terms of a beaver dam that broke and flooded a nearby town, amid much finger-pointing but nobody helping.

And then there was the episode in March 2005 that seized upon the highly charged issue of a patient's right to die, even as Terry Schiavo lay comatose, a political and media circus raging around her.

What drives Stone and Parker to mine laughs and truth-telling from places that good sense, and certainly good taste, would declare off-limits?

"We're the guys who, if someone says you really shouldn't do an episode making fun of Scientologists, we say, 'Whatever,'" Parker explained. "Someone says, 'They might come try to burn your house down,' we say, 'We'll just get another one.'"

But their comedic defiance is tempered by another quality that's seldom acknowledged. While "South Park" is often loud and lewd, it has an underlying sweetness.

"We try to never be cynical," Stone said. "I think we're really optimistic, happy people, and we want the show to have an optimistic message."

"I think one of the reasons this show has survived is that it has a big heart at its center," Parker said. "Other cartoon shows have people crap on each other and make racist jokes. But I don't think people tune in for that. I just don't think a show lasts for 10 years without a heart."

Heart, and some semblance of balance. "You can take any issue, no matter what side you're on, and make fun of the far extremes,"



AP Photo
"South Park" creators Trey Parker (left) and Matt Stone's animated series returns to Comedy Central Wednesday.

Stone said. "So much of 'South Park' is a group on this side and a group on that side, all screaming at each other. And the boys in the middle are going, 'What are you all doing this for?'"

However hilariously scandalous "South Park" may be, the

message in the end is (could it really be?) wholesome and uplifting. As Kyle squawked to a network president in "Cartoon Wars": "Do the right thing!"

That's the Gospel of Matt and Trey... out of the foul mouths of babes.

Jon Heder aims to build dynamite career after indie hit

BY DAVID GERMAIN

Associated Press

BEVERLY HILLS, Calif. — Jon Heder is not uber-geek Napoleon Dynamite. He does relate to the triumph-over-your-own-inner-loser tenacity for which Napoleon stands, though.

Heder so far has stuck closely to that theme in the handful of characters he's played since becoming an icon for outsiders with the title role in the low-budget sensation "Napoleon Dynamite."

His latest: "School for Scoundrels," with Heder as Roger, a pathetically meek parking meter man summoning the fortitude to battle a con man (Billy Bob Thornton) who teaches a guerrilla course in confidence building for nerds.

Though he does not share Napoleon's outrageously frizzy hair or Roger the meter man's submissive demeanor, Heder empathizes with such fringe characters.

"I relate to most of the characters I play, because I do feel like an outsider," Heder said in an interview with The Associated Press, noting that growing up a Mormon who has an identical twin brother automatically set him apart. "And I wasn't into sports like all my friends were. I was into art and drawing and making movies. On top of that, I liked all the traditional geeky stuff. I was into 'Star Trek' and 'Star Wars.'"

"Coming to Hollywood, I definitely feel like an outsider. I know at some point I would like to take on more dramatic roles. OK, here's a character I don't know or relate with at all. Here's this person doing something different from what I know."

Heder, 28, is one of the great outsider success stories in modern Hollywood. An unknown less than three years ago,

Heder trudged to the ski-resort town of Park City, Utah, in January 2004 for the premiere of "Napoleon Dynamite," directed by his Brigham Young University film school classmate Jared Hess.

Amid bleak, sober dramas about adultery, drug abuse and pedophilia, "Napoleon Dynamite" was a blast of sweet, giddy fun, a tale of misfits finding kinship and acceptance. Heder's Napoleon was a prince among geeks with his breathy, exasperated exclamations of "Gosh!" and quirky dialogue such as "Tina, you fat lard, come get some dinner" and "I caught you a delicious bass."

By summer 2004, fans were quoting those and other lines as "Napoleon Dynamite" became an independent-film sensation.

Along with Thornton in "School for Scoundrels," Heder's upcoming co-stars include Will Ferrell in "Blades of Glory," the two playing rival ice skaters who team up as the first competitive men's pair, and Diane Keaton in "Mama's Boy," in which he plays a slacker whose cozy home life is threatened by his mother's new romance.

His co-stars say Heder's no fraud. Though a newcomer with little training or experience, Heder already has the goods to make it in Hollywood, Ferrell said. "He just kind of has everything," Ferrell said. "He has this persona that comes through that's extremely likable, and it's really funny the different ways he observes the world through his characters."

"School for Scoundrels" director Todd Phillips, who adapted the movie from a 1960 British comedy, said the story hinged on the chemistry, or anti-chemistry, between the characters. Once Thornton signed on, Phillips went search-

ing for his "180-degree opposite."

Heder and his twin brother grew up the middle children of a family of six siblings, the two developing an early interest in drawing, film and animation. At Brigham Young, Hess cast Heder in the lead of a short film, a character who became the prototype for Napoleon Dynamite.

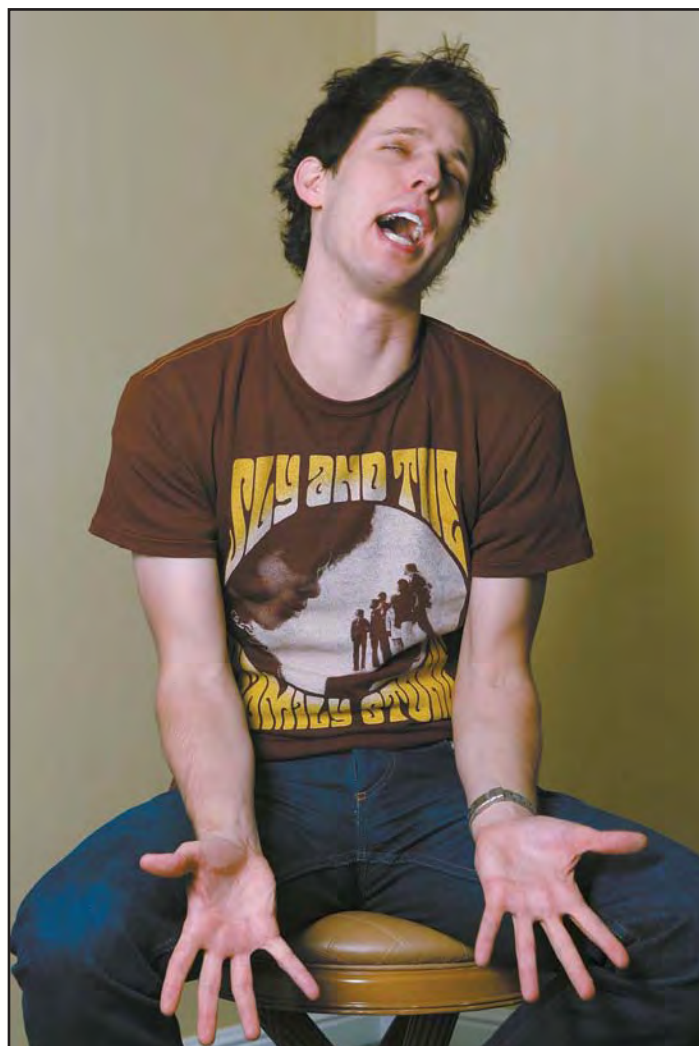
Animation remains a passion for Heder, who was among the voice cast for "Monster House" and the upcoming cartoon flick "Surf's Up." Heder and his brothers have formed a production company, and he said he someday hopes to direct an animated feature.

With Heder and his wife expecting their first child next spring, the actor is mindful of the types of characters he's willing to play. He's already said no to some scripts because the content or language conflicted with his upbringing.

While he hopes to branch out to more dramatic parts, Heder said he's comfortable specializing in upbeat stories such as "Napoleon Dynamite," where an unlikely hero makes good.

"That's what protagonists do. They work hard, they have a conflict, they overcome the obstacles," Heder said. "They get to the climax and they win. Or they lose. Just as long as something is gained, a lesson is learned. I do like those. The more quiet victories are always great. In 'Napoleon,' that was very much a quiet victory, you know? He learned something, and he gained a little something. ..."

"I don't ever see me doing a really dramatic role in a feature that's, like, really depressing. I love those kinds of movies sometimes, but still, being brought up the way I was, I have no problem teaching those kinds of principles in films."



AP Photo

Actor Jon Heder's latest film is titled "School for Scoundrels." Heder portrays Roger, a meek meter man. His first role, as the title character in "Napoleon Dynamite," made him a Hollywood success story.

JOIN US FOR A FREE SEMINAR

Taking Control of Retirement!



Taking Control of Retirement
Tuesday, October 17 • 11:30-3:00

at The Village at Heritage Point
Just off JD Anderson Drive
below Mon General Hospital
Valet parking available.

Free Luncheon • Panel Discussion • Tours
Q&A Session • Information Booths

304-285-5575
Toll free 877-285-5575
One Heritage Point
Morgantown, WV 26505
www.heritage-point.com

Plan ahead for a rewarding lifestyle—let us show you how!

- Learn practical ways to plan for a fulfilling retirement and a secure future.
- Obtain professional advice from experts in real estate, finance, personal organization and more.
- Plus, discover the many advantages of life at The Village!

Register for our free seminar and luncheon today—call 304-285-5575 or toll free 877-285-5575.

BRIEFS

Submitted to The Dominion Post

Artists wanted for Fueled Poets, Comedy Caravan

Do you think you could be next Dave Chappelle or Dane Cook? Then make some people laugh and maybe win some prizes. Do you secretly want to be on HBO's Def Poets? Put your skills to work at the Fueled Poets and Comedy Caravan Wednesday at Fuel on Walnut Street.

There will be two rounds of comedy and two rounds of poetry. Each winner is decided by audience participation and will split a \$100 prize. Tamara Woods will host the event and the featured musical act is Ben Harki and Friends. The show starts at 10 p.m. Cover is \$5.

Fabulous Hubcaps come to Morgantown Nov. 3

The Fabulous Hubcaps, one of the nation's most sought after

oldies show bands, will be in Morgantown on Nov. 3 at the National Guard Armory on the Mile-ground.

Sponsored by The Foundation of Mon General and John Howard Subaru, the performance begins at 8 p.m. Tickets are \$22 per person, reserved seating, and are only available through The Foundation of Mon General by calling 598-1337.

The Hubcaps continue to captivate audiences with their high energy tributes to original artists like Dion, Elvis, The Beatles, Buddy Holly, Creedance Clearwater, Ray Charles, The Shirelles, The Beach Boys and Connie Francis. With an extensive repertoire of doo-wop group harmony, classic rock and roll, Motown, and R & B music, The Fabulous Hubcaps are heralded as one of the best oldies show bands in the country.

Proceeds benefit the foundation's Health Career Scholarship Program.



CYNTHIA McCLOUD
GENUINE ARTICLE

Mom worries she doesn't match up

WHAT KIND OF mother am I? First day of dance. Two dozen little girls in leotards. Almost as many mommies and daddies with cameras.

Cameras? On the first day of class? "Cameras are for the recital," I thought.

Well, I thought wrong. I spend the first half of class comparing myself to the other mommies in the room and my child to their children.

Is her leotard like the others? Is she paying attention? Is she graceful or lumbering? If she hangs back, I scold myself for not socializing her with other children more in the first three years of her life.

I spend the second half of class berating myself for being a bad mother, regretting the fact that there'll be no "first day of dance" page in the scrapbook. And wondering what other milestones I'm going to mess up in the next 15 years: "Just watch, you'll be out of film on prom night. You've already misplaced the curls from her first haircut. Are you ever gonna finish her baby book? Can you remember all her firsts?"

"Whoa whoa whoa," I can imagine Janet Penley saying.

"Too often we focus on our shortcomings rather than our strengths, our mistakes rather than our successes," the author writes on her Web site, motherstyles.com. "Good mothers come in many styles. No mother is perfect. Every mother is human with strengths but also limitations, needs and vulnerabilities. Kids don't need perfect mothers; they need human mothers because they're human, too."

Penley's book "MotherStyles" identifies 16 types of mothers, based on whether they see themselves as extrovert vs. introvert, thinker vs. feeler, senser vs. intuitive and judger vs. perceiver.

A quiz on motherstyles.com determined my personality type is introverted-sensing-thinking-judging, which adds up to "The Responsibility Mother."

"The ISTJ mother has a highly developed sense of responsibility: for work, home, family. Her efforts are largely focused on providing her children with order and routine. She wants them to be able to count on her and the structure she provides. [She] is organized, industrious and detail-oriented. [She] also sets a good example and provides her children with practical guidance on being a productive, responsible individual. Still, with all her seriousness, she may delight family members with her quick wit and observations about the details of life." (Hey, I'm quoting here. This is what the Web site quiz told me.)

So much psychobabble? Maybe, but it's comforting if not spot-on. Penley, mother of two, has a bachelor's in psychology and an MBA. She bases her theories on 18 years of interviewing and observing mothers. "MotherStyles" uses a system of personality types developed by Carl Jung and Katharine Briggs and Isabel Briggs Myers.

Here's a sampling of the advice Penley offers moms like me:

■ An introverted mother can get help to stimulate an extroverted child, be it a play group or grandma.

■ For the sensing mom, "taking care of me" means feeding her senses with rich experiences. Too much dullness and sameness in the things around her can make her wilt.

■ A thinking mom should remember to validate the competence of her children. She should balance constructive criticism and suggestions for improvement with a healthy dose of appreciation and praise for what the children do accomplish on their own.

■ If a judging mother becomes frustrated when she can't control what her children do, she could focus on organizing and closing out projects that she does control. Answer four questions on motherstyles.com, to get a picture of what kind of mother you are.

CYNTHIA McCLOUD is a copy editor, writer and Food editor for The Dominion Post. E-mail her at cmcloud@dominionpost.com.



MCT Photo

Myles Mayes (left), Daniella Munoz and Joey Buckley reacted to seeing themselves on a laptop monitor as they are videotaped while learning about webcams (bottom right corner) and microphones recently at Wood Park Montessori in Burnsville, Minn.

Plugged-in preschoolers

Being computer savvy has become necessary for kids

BY JOHN REINAN
McClatchy Newspapers

MINNEAPOLIS — For our nation's youngest learners, computers are as familiar as the "Cat in the Hat."

Two-thirds of all preschoolers and 80 percent of kindergartners now use computers, according to a study released this month by the U.S. Department of Education.

In a high-tech world, many parents and educators believe, there's value in getting children in front of computers, even those too young to read or type.

"This is an essential modern skill," said Lisa Peralta of Minneapolis. Her sons, 2-year-old Emileo and 4-year-old Mateo, aren't allowed to watch TV, but they do visit Thomas & Friends and other children's Web sites.

Jennifer Hank of Edina, Minn., makes birthday and holiday cards on the computer with her daughters, 3-year-old Rachel and 5-year-old Sarah. When Sarah started kindergarten this fall, the teacher told the children to find the thing in the classroom that interested them the most. Sarah pointed to the computer.

"As long as you're monitoring and you know how much time they're spending, it's not a problem," Hank said. "If I didn't monitor her, she'd never get outside."

That's exactly what concerns some educators, who fear that computers will simply become this generation's electronic baby sitter. "The computer has become part of the culture now, and people are no more thoughtful about kids being in front of computers than they are about sitting in front of televisions," said Lowell Monke, an associate professor of education at Wittenberg University in Springfield, Ohio.

Monke, who taught computer science in an Iowa high school for 20 years, doesn't believe that students need computer instruction until middle school or even high school.

"Kids ought to be digging in the ground and playing with dogs and listening to their grandparents tell stories," he said.

"Computers take that time away from them."

Creating data-entry droids? Research shows that computer use might help promote cognitive development, according to the Department of Education study. Computer use also is linked to higher levels of education and standards of living, the report says, and computers can help motivate young students to do their schoolwork.

But to critics, machines are no substitute for teaching. "Everyone is gung-ho to give kids computers, but you see more improvement with one-on-one tutoring," said Lucy Payne, an associate professor of teacher education at the University of St. Thomas. "If we took the money we're dumping into technology and spent it on people who can interact with children, we'd be better off."

Payne isn't anticomputer; her own 4-year-old daughter plays a computer phonics game featuring Clifford the Big Red Dog. But it's always done with a parent, Payne said, and there's always discussion during and after the game.

Unless computer use by young children is coupled with adult interaction, Payne said, the machines yield few benefits in creative thinking and problem-solving skills.

"I'm afraid if we keep pushing this technology, we're going to have a whole bunch of people who can do data entry, but nobody who can solve a problem," she said.

At Wood Park Montessori in Burnsville, Minn., students are offered an optional weekly class in computers. About one-fourth of the school's 70 preschoolers take it, said school director Priyanthi Sundaram.

"I think it's a necessary skill for the students," Sundaram said. "The kids pick it up so fast. And whether it's music or computers, it's best if you start at a young age."

Two-thirds of all preschoolers and 80 percent of kindergartners now use computers, according to a study released by the U.S. Department of Education.

For 20 years, doesn't believe that students need computer instruction until middle school or even high school.

"Kids ought to be digging in the ground and playing with dogs and listening to their grandparents tell stories," he said.

"Computers take that time away from them."

Creating data-entry droids? Research shows that computer use might help promote cognitive development, according to the Department of Education study. Computer use also is linked to higher levels of education and standards of living, the report says, and computers can help motivate young students to do their schoolwork.

But to critics, machines are no substitute for teaching. "Everyone is gung-ho to give kids computers, but you see more improvement with one-on-one tutoring," said Lucy Payne, an associate professor of teacher education at the University of St. Thomas. "If we took the money we're dumping into technology and spent it on people who can interact with children, we'd be better off."

Payne isn't anticomputer; her own 4-year-old daughter plays a computer phonics game featuring Clifford the Big Red Dog. But it's always done with a parent, Payne said, and there's always discussion during and after the game.

Unless computer use by young children is coupled with adult interaction, Payne said, the machines yield few benefits in creative thinking and problem-solving skills.

"I'm afraid if we keep pushing this technology, we're going to have a whole bunch of people who can do data entry, but nobody who can solve a problem," she said.

At Wood Park Montessori in Burnsville, Minn., students are offered an optional weekly class in computers. About one-fourth of the school's 70 preschoolers take it, said school director Priyanthi Sundaram.

"I think it's a necessary skill for the students," Sundaram said. "The kids pick it up so fast. And whether it's music or computers, it's best if you start at a young age."

Unless computer use by young children is coupled with adult interaction, Payne said, the machines yield few benefits in creative thinking and problem-solving skills.

"I'm afraid if we keep pushing this technology, we're going to have a whole bunch of people who can do data entry, but nobody who can solve a problem," she said.

At Wood Park Montessori in Burnsville, Minn., students are offered an optional weekly class in computers. About one-fourth of the school's 70 preschoolers take it, said school director Priyanthi Sundaram.

"I think it's a necessary skill for the students," Sundaram said. "The kids pick it up so fast. And whether it's music or computers, it's best if you start at a young age."

Unless computer use by young children is coupled with adult interaction, Payne said, the machines yield few benefits in creative thinking and problem-solving skills.

"I'm afraid if we keep pushing this technology, we're going to have a whole bunch of people who can do data entry, but nobody who can solve a problem," she said.

Missionary's zeal annoying, not effective

Tribune Media Services

Q: Recently, my sister and I were jogging in the park when we slowed to a walk to catch our breath. That's when we noticed several people in what looked like military uniforms, playing horns and singing weird songs. This seemed odd, but OK. The First Amendment does guarantee freedom of speech. However, as we came by, one of the men handed us a pamphlet of the group's religious dogma and even tried to jog with us to try to convert us. We were both annoyed and upset. We both felt that this man's method of ministering was really just a way to manipulate and control others. We both felt he ought to have realized he was being manipulative by waiting for opportunistic situations to take advantage of people in the name of the Lord. Why else would he harass two young women, tired from their physical exertion, and try to get them to listen to his beliefs? Such cult-like missionaries think people's unwillingness to engage them is part of the challenge of spreading the word. They also seem to have an answer for every argument and become more aggressive and ambitious

when you disagree with them. In the name of God, they disrespect your wishes. Where is the line between a political/religious platform and harassment? Where is park security when you need them? These missionaries have simply found another place to harass people, and it seems as if they've decided to forsake the privacy and respect of others in the name of their Lord. Apparently, common sense is irrelevant these days. I'd appreciate some feedback from you on the initial issue and advice on how to handle such situations in the future. — J., via e-mail

A: Thankfully, we live in a culture of freedom. Your experience reminds us of the costs, inconvenience and glory of free speech. Yes, we agree that you should have been allowed to jog in peace. We agree that both good manners and good theology ought to have taught that missionary from whatever cult-like group was meeting in the park to recognize that you and your sis-

ter were not running to meet him, but were running to run. However, missionaries have rights, too. They believe that their message is essential for others' salvation. They want your soul (and your cash) and America gives them the right to make their pitch for both. We have the same gripe about commercials in movie theaters and people handing out flyers on the corner, which recipients simply throw in the street after two or three steps. But America is one big marketplace, assuring hucksters and helpers equal rights. You have rights, too. You and your sister could have just resumed your jogging and run past the missionaries, or you could have responded that you only follow prophets who don't have body odor. When well-intentioned but intrusive missionaries invade Marc's private space, he usually asks them, "Do you agree that Jesus was Jewish?" When they answer, yes, he says, "Well, if it was good enough for Jesus, it's good enough for me." Try that next time, or just run faster!

RABBI MARC GELLMAN and Monsignor Thomas Hartman write about religious, ethical and moral issues. Send questions only to The God Squad, Telecare, 1200 Glenn Curtiss Blvd., Uniondale, NY 11553; post them on the God Squad Web site, askthegodsquad.com; or send them via e-mail to godsquad@telecaretv.org.

GOD SQUAD

GELLMAN **HARTMAN**

Your life is your legacy

BY DOUG WORGUL
McClatchy Newspapers

One of the best gifts you can give your children, grandchildren and great-grandchildren is the gift of your life story. It will provide context for their lives and be a source of joy and practical information.

Remember: Details and information are more important than your writing style. Describe the personalities of the important people in your life. Describe all the smells, sights, sounds and tastes you can recall. Use plain language.

Use photos to trigger memories. Talk with family members and friends to help you remember significant events.

Use index cards to organize memories. Write each memory on its own card. Arrange the cards in chronological order and refer to them as you write.

William Fletcher, author of "Recording Your Family History," suggests organizing your autobiography by decades or groupings of years (kindergarten, elementary school, high school, college, early adulthood, middle adulthood, retirement).

Don't spend a lot of time describing world events or popular culture. Those are easy to research elsewhere. Instead, describe your reactions to those events.

Try to capture the relationships you have with family members, friends, neighbors, teachers and mentors. How did these relationships influence your life?

What to cover when writing

■ Major life events — joyous and sad — including responses to those events.

■ Date and place of your birth and basic information about your parents and siblings.

■ Describe the houses, neighborhoods, towns/cities where you lived.

■ What your parents did. What were their feelings about their work? Describe your feelings about your work, too.

■ Where you went to school. Describe classmates and teachers. What were your parents' attitudes about school?

■ Churches you attended. Was religion or faith important to your family?

■ Write about your childhood friends and activities. What did your family do for fun?

■ Describe the first time you saw your spouse. What attracted you? What was it like the first time you met each other's families?

■ Describe beginning your family and raising your children. What were the joys and hardships of family life? Describe your relationships with your children.

Sources: thememberingsite.org, webbiographies.com, ancestry.com, thirdage.com

America's Fastest Growing Weight Loss Concept

Inches-A-Weigh

WEIGHT LOSS CENTERS FOR WOMEN

Weight Management
One-on-One Support, The Key to Weight Loss

Unique Exercise
Sustained RESULTS, with our Exclusive Toning & Cardio

Results Guaranteed
Programs designed for Women of all ages, shapes & sizes

Fall into a smaller dress size!

\$0 Enrollment Fee OFFER EXTENDED THIS WEEK ONLY!

Call For A FREE Consultation
Morgantown, WV • 284-THIN (8446)

Local Physician Owned

Success Stories

"I lost 66 lbs. & 49 inches & went from a size 18 to a size 8 in just a few short months. For the first time in years, I actually like looking at my reflection in the mirror"

Charity, Now!

Charity, Before



STEVE DALE

MY PET WORLD

Puppy should do fine going cross-country

Q: My husband and I have a 5-month-old pup who's driven in the car with us up to four hours. The pup is good on a leash. Do you think it's practical to take our dog on a trip to California with us? We love him dearly and he's very attached to us. What should we do about food on the way? What should we do about eating out in California? How can I find pet-friendly accommodations? — N.C., Addison, Mich.

A: I vote to take your pup along. "Do understand you'll also have to take your senses of humor on this trip," adds Arden Moore, a real pro at traveling with dogs, and a contributor to *Fido Friendly* magazine and fidofriendly.com. If you subscribe to the magazine, you'll receive lots of free pet perks and discounts. "Kind of like a AAA for dogs," explains Moore, of Oceanside, Calif.

These days, you can stay anywhere with your pooch (as long as he's really housetrained and isn't a nuisance barker) from the Peninsula Hotel in Beverly Hills to any Motel 6. Lots of Web sites offer lists of pet-friendly accommodations, including petswelcome.com and dogster.com/travel/. Always get in writing that your pet will be welcome.

On the road, Moore said dogs are safest using a harness or safety seat specifically made for dogs (available online and at pet stores), a toy with a treat stuffed inside to keep the pet busy while you drive, vaccine records and a spare leash. With a pup your age, you really need to stop every three to four hours.

As for eating on your way to the West Coast, Moore said you can stop at some drive-thrus, but would soon worry about your cholesterol. "Buy at least a few fresh lunches, and have a picnic at a roadside stop," she said.

Moore said your trip might lose some spontaneity, as a trade-off to planning your destination cities in advance. Call the local chamber of commerce or animal shelter to learn about pet-friendly parks or restaurants. Once in California, Moore said most restaurants with outdoor cafes welcome well-behaved dogs. Once your pup grows into a good citizen traveling companion, you'll be able to take him pretty much anywhere dogs are allowed.

Q: Our cat, Buster, is snoring. Or my husband is snoring; I can't tell which it is. If it is the cat, is that normal? — S.H., San Diego, Calif.

A: "Just as some people snore, so do some cats," said feline veterinarian Dr. Elizabeth Hodgkins, of Yorba Linda, Calif. If the cat's snoring is something new, see your vet to make certain there's no obstruction in its pharynx or nasal passage, Hodgkins advised. Sometimes, obese cats are more likely to snore; taking off a few pounds can make a silent sleeper. If it turns out your husband is making all the noise, have him see a doctor.

STEVE DALE welcomes questions/comments from readers. Although he can't answer all of them individually, he will answer those of general interest in his column. Write to Steve at Tribune Media Services, 2225 Kenmore Ave., Suite 114, Buffalo, NY 14207. Send e-mail to petworld@aol.com. Include your name, city and state. Learn more at petworldradio.net.

'My life has come back to me'

Ornish Program offers healthier path for devotees

FOR MORE information on WVU's Dean Ornish Program for Reversing Heart Disease, or to sign up, see hsc.wvu.edu/wellness/ornish, or call 293-2520.

BY KIM ORIOLE

For The Dominion Post

Steve Bevins didn't like the alternative.

"It's called death," the 53-year-old Bruceton Mills man said.

So he jumped into a specialized diet and exercise plan called the Dean Ornish Program for Reversing Heart Disease under the WVU Hospitals' Wellness Program.

The people who run the program, and those who are devoted to following it, say it's a powerful tool to help people take control of their health and their lives.

But it's not easy. For many people, it's a radical change in the way they live.

They must give up all meat and cheese.

They must exercise. And they must make time every day to do yoga and other relaxation techniques.

Bevins, who has been an Ornish devotee for 15 months, said the dietary changes were the toughest for him.

"But it's changed the way I feel physically and mentally," he said. "My life has come back to me. It is a good thing for people to live healthier, live more fully."

Before Ornish, Bevins was exhausted. He came home from work and slept away most evenings.

Now, he plans to get a master's degree at Fairmont State University.

His weight dropped from about 195 to 165, and his cholesterol fell from 276 to 151.

It's a common refrain among people who fully adopt the Ornish program.

They're converts, exhorting the advantages of a new life to anyone who will listen.

People like Bevins who see a dramatic turnaround in their health almost always stick strictly to the plan.

But others may adopt parts of the plan or "cheat" a little by adding occasional meat to their diet, not going to the weekly support sessions, or not following the relaxation techniques.

The Ornish plan is somewhat complicated — what you can and cannot eat — and time consuming — fitting in exercise and relaxation every day.

But it is not expensive, and program research shows it really does work. It can not only stop, but reverse, the damage done to heart and arteries, Ornish research shows.

The program is aimed at people with very serious heart troubles, according to Dave Harshbarger, wellness program manager for the WVU Health Sciences Campus.

"People with serious medical problems tend to do the best because they have the most to gain," he said. "You may be walking around 20, 30 or 40 percent blocked, and be perfectly healthy, but problems are in your future."

Most people come to Ornish because they have had a heart attack, stroke or other chronic problems, and they're ready to really help themselves.

Ornish himself is a clinical professor of medicine at the University of California, San Francisco, and has done clinical research for 25 years that shows that comprehensive lifestyle changes may begin to reverse even severe coronary heart disease without drugs or surgery.

Ornish wrote in an article that trying to scare people into



Jeannie Lewis, Sharon Brinkman-Windle and Steve Bevins try to synchronize their moves as they follow a workout CD during an exercise session. Regular exercise is one component of WVU's Dean Ornish Program.



Group member Steve Bevins runs in place during the workout session.

changing has never worked very well, so his program makes people look and feel better, and that becomes their motivation.

No one just wants to live longer, they want to live better, he wrote.

The Ornish team at WVU is six people — dietician, nurse case manager, medical director, stress management specialist, group support facilitator, and exercise physiologist/program director.

They start a new group of patients every three months, and the program is intense. For 12

weeks, they meet every Tuesday and Thursday for four to six hours at a time, devoting eight to 12 hours a week to their "new" lives.

Then they come back for another 12 to 24 weeks for two hours a week.

They learn about and practice their new diet, exercise and relaxation, and, perhaps most important, they get group support and encouragement.

They learn how to eat at restaurants without going off their diet and how to grocery shop to get the foods that are good for them.

They can keep participating after "graduation" in what Ornish followers call a self-directed community, similar to a support group.

The Morgantown community meets every Monday evening for three hours, and members help each other stick to the plan.

Harshbarger said about 90 people have gone through the full Ornish program at WVU in four years, and all have improved their health.

He checks back in with participants every year for three years.

"At three years, 75 percent of folks are still adhering to the program in some way," he said. "All of them are leading a much healthier lifestyle."

The WVU program also offers a six-week educational program for people who aren't as sick, but want to stop their slide toward heart disease, Harshbarger said.

Several insurance companies cover participation in the Ornish program — Mountain State Blue and Highmark Cross, PEIA (Public Employees Insurance Agency) and WVU Hospitals Health Plan.

Medicare covered it as an experiment, and is now studying whether to continue it, Harshbarger said.

Or people can pay their own way through the \$4,600 program.

The United Health Center in Clarksburg also has an Ornish program.

Program converts see medical turnarounds

BY KIM ORIOLE

For The Dominion Post

Jeannie Lewis' medical turnaround is an amazing story.

She lost weight, lowered her blood pressure, and has been able to go off almost all of her medications.

Sharon Brinkman-Windle had a similarly astounding turnaround when a blocked artery to her heart cleared on its own.

These two Morgantown women are dramatic illustrations of the work of the Dean Ornish Program for Reversing Heart Disease at WVU Hospitals' Wellness Program.

Both women went through the intensive, 24-week program of diet, exercise, relaxation and group support, and both are continuing to follow the four-part Ornish program on their own with the help of weekly support meetings.

Lewis, 57, was a healthy woman who hiked all over America after she retired about 10 years ago.

Then she became sickly, gained weight, and started having heart and other medical troubles.

She got colon cancer in 1999, had two mini-strokes, and was taking 75 mg of high blood pressure medicine and 40 mg of cholesterol medicine every day.

Then, in September 2005, she started the Ornish program.

"I'm 57, but I feel better than I have in years," Lewis said. "I'm so delighted with my results; I'd shout it from the

rooftops if I could."

Today, her blood pressure is normal without medicine, she weighs 144 pounds instead of 177, and she pays \$25 a month for her one prescription instead of more than \$100 she used to pay for four.

"It's been a wonderful experience for me. I am amazed."

Her husband, Jim Lewis, has lost 35 pounds just by eating Ornish with her, even though he doesn't do the other aspects of the program.

Jim eats meat when they dine out, but said the Ornish meals at home "are fine. I don't find it too big an inconvenience here at the house at all. They eat tasty things."

Lewis was initially motivated to continue by fear — fear

Ornish ways

The four Ornish components are:

- A very low-fat vegetarian diet (less than 10 percent of calories from fat).

- An improved exercise plan, including aerobic and strength training and yoga.

- Relaxation practices to help cope with and reduce stress.

- Group support to help participants deal with emotional problems and issues.

SEE ORNISH, 11-E



Show your true colors in October, National Breast Cancer Awareness Month. Call 599-7358 throughout October for your free "In-the-Pink" breast cancer awareness pack, which includes a pink enamel ribbon pin, self-breast exam shower card, ribbon magnet, post-it notes, ink pen, awareness bracelet, and much more.



BRIDGE RESULTS



Submitted Photo

Results for Wild Things Bridge Club's last game were: first place, Gill Singh (front, left); second, Eleanor Milam (front, right); and third, Bill Strader (back).

Submitted to The Dominion Post

Monongalia Senior Center

The Monongalia County Senior Center has bridge games on Tuesdays and Wednesdays. All interested seniors are welcome to join.

Rotating bridge winners on Sept. 20 were: first place, Linda Huffman; second, John Kellum; third, Eleanor Milam; fourth, Ralph Schlobohm.

Mountaineer Duplicate

The Mountaineer Duplicate Bridge Club meets at 7 p.m. every Wednesday in the cafeteria of the WVU Health Sciences Center. Info: Lynne Ostrow at 599-1061.

Results for Sept. 20 were: first place, Lynne Ostrow and Nithi Sivaneri; second, Helen Quarrick and Murali Rho; third, Bill and Patsy Hall.

Community Newcomers plan tea

Want charter members, past presidents to attend

Submitted to The Dominion Post

The Community Newcomers Club is celebrating its 30th Anniversary with a morning tea Dec. 12 and would like to contact past presidents and charter members. The Community Newcomers Club was started in 1976 by Pat Stewart to allow new residents of the Morgantown area an opportunity to gather socially, develop friendships, assimilate into their new home community and have a lot of help in doing so.

Listed below are charter members and past presidents we are trying to contact to invite to our celebration tea. If you know any of the following people, please contact Denise Minnear at 598-3174, Sally Kirkpatrick at 594-9041 or Janie Zezeck at 594-2356: Polly Bartosevich, Mrs. Newman Bradshaw, Twila Christian, Mrs. Forrest Cloonan, Kay Cogley, Betty

Cool, Nancy Coy (Mrs. Richard), Misty Cummings, Janet Desko, Mrs. Alan Donaldson, Carol Downey, Judy Dunnigan (Mrs. Edward), Nancy Fox (Mrs. John), Juanita (Juanity) Harms, Ruth Harold, Sally Hart, Ruth Howard, Connie Howard, Sally Inglese (Mrs. Vincent), Ann Kaplan, Peggy McDannell, Betty Menser, Mrs. James R. Petty, Ellen Sanford, Verna Scott, Jackie Seymour (Mrs. William), Dottie Smith, Tina Spears, Mrs. Jack Tisdale, Mrs. Paul Trumbo, Ruth Ann Udy, Mrs. Richard Vail, Betty Vanscoy (Mrs. William), Pam Via, Pat Vining, Mrs. John Whitty and Linda Woolridge.

Community Newcomers Club coffees are held the first Wednesday of each month at 10 a.m. Luncheons are held the third Tuesday of each month. For more information, call Denise Minnear, 598-3174; Carolyn Miller, 594-2441; or Cheryl Perrotta, 594-0344, or go to morgantownnewcomers.com.

Parents, teachers learn about 4-H

Submitted to The Dominion Post

In this community, 4-H has as much name recognition as Coca Cola. But while most people can describe a Coke product, far fewer really know what 4-H is. Those who do — teachers, parents, 4-H alumni — sing 4-H's praises. October, the kickoff of the new 4-H year, is a great time for parents and teachers to discover the real 4-H.

4-H members will tell you that 4-H means fun and friends. 4-H supporters look around and look back. Then they tell you that 4-H means belonging to a group that cares about you, learning to master a variety of life skills, growing in independence and valuing service.

Working with parents, teachers and community volunteers, 4-H builds successful kids who grow into successful adults.

In 4-H, the focus is on helping young people develop leadership, citizenship and life skills. 4-H engages youths ages 9-21 in hands-on, experiential learning projects that cover almost any area of interest. Young people like 4-H because they can choose projects and activities that meet their interests and needs. When do cows enter the picture? When do you want them to. Or not at all. Cows, pets and other animals are just one route to the ultimate destination: successful people.

To paraphrase one WVU visionary: 4-H success is not measured by

the growth of the animals. Success is measured by the growth of the 4-H members as they experience the responsibility of working with their animals.

The key "I did it!" experiences are not only packaged in animal projects. They come in a variety of topics — such as bicycles, child development, computers, entrepreneurship, photography, rocketry, theater and sport fishing. 4-H projects are developed by WVU Extension Service faculty and faculty at land-grant universities throughout the United States. 4-H members connect with new and potential friends through many additional educational opportunities, including community clubs, overnight camping, day camping, service projects, and state and national events.

Though youths can join 4-H any time during the year, October traditionally kicks off the new 4-H year. The year begins with a celebration of National 4-H Week, observed today through Saturday. WVU welcomes 4-H members to reconnect with 4-H while inviting prospective 4-H members and their families to discover 4-H's benefits.

Info about local 4-H clubs and activities: the Monongalia County office of the WVU Extension Service, 26 Commerce Drive in the WesMon Plaza or 291-7201 or wvu.edu/~exten.

Co-op holding appreciation dinner

Submitted to The Dominion Post

The Mountain People's Co-op will host a members' appreciation dinner at 6 p.m. Oct. 26 at the Friends' Meeting House. All members —

new, old and potential — are invited to share vegan chili and cornbread and learn more about the co-op. There will be a drawing for two massages. Info: 291-6131.

Morgantown Soroptimists seek award applicants

Submitted to The Dominion Post

Women who serve as the primary wage earners for their families and seek financial assistance to go back to school can obtain applications for the Women's Opportunity Awards, Soroptimist International of Morgantown's major service project. Applications may be received by contacting Shirley Eagan at 594-2560. Completed applications must be returned to Soroptimist International of Morgantown by Dec. 15. Since 1972, the Soroptimist

Women's Opportunity Awards program has provided women who serve as the primary wage earners for their families with the financial resources to offset costs associated with their efforts to attain higher education or additional skills and training. The award can be used for tuition, books, childcare, carfare or any other education-related expense. The Morgantown club will provide a \$300 cash grant to its award recipient, who will then advance to the Soroptimist

South Atlantic Region level, where one recipient will receive \$5,000. The program culminates with three finalist \$10,000 awards.

Soroptimist International of Morgantown is a volunteer service organization for business and professional women dedicated to improving the lives of women and girls, in local communities and throughout the world. Founded in 1955, the Morgantown club is part of Soroptimist International of the American

as. Morgantown members join with almost 100,000 soroptimists in about 120 countries and territories to contribute time and financial support to community-based projects benefiting women. In addition to participating in the Women's Opportunity Awards program, Soroptimist International of Morgantown helps those less fortunate through a variety of service projects.

Info about how soroptimist improves the lives of women and girls: Mary Templeton, 292-4291.



“Now days you don't have many 50-years members in any order — our young people don't have time because of work, family and other things. If they knew what good comes from being a member, I am sure their priorities would include to become a Rebekah and Odd Fellow. I have lots of great memories in my years of service, and I would not trade them for anything.”

Glendora Headley
50-year Golden Glow Jewel

Glendora Headley a golden glowing 50-year 'jewel'



Submitted Photo

Attending the special event honoring 50-year member Glendora Headley were Rebekah Lodge members from across the state. Pictured are: Elnora Davis, past president (front, from left); Glendora Headley, honoree; Wanda Ashcraft, past president; Eleanor Pride, past president; Sue Rowan, vice president of Rebekah Assembly (back, from left); June Miller, president of the Rebekah Assembly; Lottie Dinda, past president; Lora Thomas, past president; Becky Shanklin, past president; Alma Whitehair, past president; Beverly Livingston, past president; and Mary Ann Folmar, past president.

Submitted to The Dominion Post

The members of Golden Glow Rebekah Lodge 299 has placed a 50-year jewel on one of its members, Glendora Headley, a past president of the Rebekah Assembly of West Virginia. Reaching this point is an achievement very few persons can claim. Headley is a member of Crusader Lodge 422, and is secretary of both The Golden Glow and Crusader lodges.

She is also the secretary of District No. 4 of the Rebekah Assembly. She is secretary of the registration committee for the Grand Lodge/Rebekah Assembly committee.

She is also a past representative of the International Association of Rebekah Assemblies and has served on many committees of the IARA.

Hospice Care Corp. services manager speaks to MBPW about health-care decisions

Submitted to The Dominion Post

Carrie Witt, social services manager for Hospice Care Corp., was guest speaker at the Morgantown Business & Professional Women's Club dinner meeting held at the Elks Lodge. Witt's topic was advance directives.

Witt told about the different ways of health-care decision-making: living wills, medical power of attorney or a combination.

Rebecca Berger, club president, announced there will be a state BPW Ecumenical Event from 9:30

a.m.-2 p.m. Oct. 15 at the Steubenville Country Club in Steubenville, Ohio. This event will kick off National Business Women's Week.

The club will be sponsoring a gift and craft show from 9 a.m.-4 p.m. Oct. 28 at the Elks Lodge. Info: 292-4131.

Beth Phillips, executive director of Scott's Run Settlement House, represented the local club at the Sept. 30 District I meeting. The next board meeting will be at 6 p.m. Tuesday at the Elks Lodge. The next dinner meeting will be at 6 p.m. Oct. 17.

Valley Garden Club plans donations, events and programs for upcoming year

Submitted to The Dominion Post

The September meeting of the Valley Hills Garden Club was held at the home of Debbie Jones. The floral centerpiece was held together with frozen peas instead of the usual marbles or glass stones.

The purpose of this meeting was to get ideas and suggestions for the club's 2006-07 program schedule. Some of the ideas

included basics of arrangements, a trip to the WVU Arboretum, suggestions for speakers and the use of non-traditional containers.

Donations were approved for the Botanical Garden and the Blue Star Memorial. Pat Jackson is planning the October meeting, which will be held at JT's restaurant in Suburban Plaza.

Brookhaven Bulls 4-H seeks new members

Submitted to The Dominion Post

Brookhaven Bulls 4-H Club meets from 7-8:15 p.m. on the second Monday of each month at Brookhaven Elementary School.

The next meeting will be Oct. 9. Children ages 8 (and in the third grade) to 21 are welcome. Membership is free. Info: Mon County Extension Office, 291-7201.

Read about your club on this page.

Submit news, event and meeting notices and photos to kmcdowell@dominionpost.com. Submissions are published as space allows, in the order they are received. Please send good-quality, in-focus photos only.

The Dominion Post Subscribers

Help an education while you're on vacation

Help your community and get a tax break with *The Dominion Post* Vacation Donation program.

Just call our Customer Service department four days before you leave and let them know you'd like to donate the value of your newspapers to our *Newspaper In Education* program.

You'll have the satisfaction of helping more than 5,700 area school children who benefit each year from our NIE program.

The NIE program works to improve the reading, math and citizenship skills of area youth. Call 291-9456 or 1-800-654-4676 and put your newspaper to work while you're on vacation!



Donate your newspapers to an area school through our Vacation Donation Program

Modern Life

How the other half shops

'Luxury salespeople' latest addition to the easy life



MALINDA REINKE
NICK OF TIME

Fall into memories of home

EVERYONE KNOWS that one lonely day author Thomas Wolfe told the vagabonds of the world that, try as they may, they can't go home again.

But he must have forgotten, for a moment, about fall. Because on another day, maybe on an autumn afternoon bursting with the fiery season around him, he wrote: "All things on earth point home in old October; sailors to sea, travelers to walls and fences, hunters to field and hollow and the long voice of the hounds, the lover to the love he has forsaken."

Mr. Wolfe must have loved October.

Me too. I love all the clichés — the nip in the air, the crisp clear mornings, the cerulean skies. I love the crunchy brown rugs of cottonwood and oak leaves. I love the asters and the goldenrod, the brilliant days and the spooky nights.

Autumn, to us readers, is cinnamon cider, a book and a comforter. To sports fans, it's football (and the boys of October). To sentimental fools, it's a ratty old sweatshirt that's seen too many falls. And one regretful dawn, alas, it's the first glittery frost on the tired green grass of summer.

Ever notice how easy it is to travel in October?

I go home every year. A whoosh of leaves above the sidewalk and suddenly I'm 7, romping in the front yard of a skinny little duplex in my old hometown. My brothers are there, too. Our arms are flung, our eyes are closed and we're falling, falling, falling into a spongy mountain of crackling maple leaves.

An October Sunday, and I'm 9. My dad piles us into the car again — the whole family, the five of us — and we're off for adventure on the winding back roads of rural South Jersey. Up a hill and down another. The sun blazes upon the red and gold and orange of the trees until inevitably, as always, we pass the yellow field.

"Oh-h-h-h-h—" Dad croons, grinning, with a flirty glance at my mother. "When the goldenrod is blooming and the corn is turning brown ..." Mom smiles and, as I lean my face toward the open window, my ponytail whips the back of my neck with a sting I will feel forever.

"Go! Go! Go! Go! Go!" It's a glorious October and the stadium roars with "We're number one!" I'm roaring, too. I'm on my feet and shouting till it hurts. I'm 19. I'm on my own. And somehow I know that never again will I feel this free. This ready. This sure of my life.

October once more. Mom and I sit by the garden out back. I'm a visitor. We sip hot coffee and talk about our day. She heard from the boys. I have a project at work. Overhead, a noisy flock of geese honk by.

We loved those geese. I still hear them. And so once in a while I have to wonder: On a perfect autumn night, under a sky immense with stars — if the breeze was fragrant and the sounds were soft — might Mr. Wolfe perhaps have left us wanderers a little wiggle room? "You can't go home again," might he have written, "except for a narrow window of time each October."

MALINDA REINKE is an award-winning writer and writing coach. She lives in Pittsburgh. E-mail her at mreinke@dominionpost.com.

BY KI-MIN SUNG
The Dallas Morning News

DALLAS — Interior designer Michelle Nussbaumer fields a barrage of phone calls for orders and advice and directs furniture past fragile valuables at her store, Ceylon et Cie, in the fashion district. She needs to wrap up by 2:30 p.m. so she can prepare for her ninth-grader's birthday party.

Nussbaumer moves in wealthy, well-coiffed circles. She has outfitted the showcase penthouse bedroom at Trump Park Avenue luxury condominiums in New York City and is working on a historic Addison Mizner house in West Palm Beach, Fla.

Part of exuding great taste in interior design is wearing superior clothing. But squeezing in time for fashion research is a challenge for this mother of four who works all over the world.

That's where Robin Wilkes steps in. Wilkes is a high-level sales associate for Neiman Marcus who commands an institutional memory of fashion. She can come up with designers and fashion lines as quickly as a Google search. Most important, she knows her clients' tastes and lifestyles and dresses them accordingly.

That level of understanding is what distinguishes a luxury salesperson such as Wilkes from an hourly sales associate.

Luxury salespeople also may be called selling specialists, personal shoppers or stylists. Whatever the name, they act as advisers and treasure hunters to busy professionals who are seen and photographed — people who are projecting an image that can enhance their portfolios and invitations to social events. Their wardrobe can give them an edge.

So for customers such as Nussbaumer, experts such as Wilkes aren't a luxury, they are essential.

"In any industry that's supposedly based upon style and a sense of fashion and creativity, you can't afford to be caught with your guard down," said Marshal Cohen, chief analyst at the NPD Group and author of "Why Customers Do What They Do" (McGraw-Hill, \$24.95).

"If I'm constantly complimented wearing something that was brought to me by my stylist, you better darn believe I'm running back to them the next time I have a need," said Cohen, a former personal shopper. "In the stylist world, they're only as good as the last compliment given to their client."

In return, top salespeople, known as "big books" in the trade, can command six-figure salaries. Those who sell \$1 million to \$2 million of merchandise per year can earn \$70,000 to \$250,000, according to the fashion industry publication *Women's Wear Daily*, and some in the industry earn up to \$500,000 per year.

Stores recruit big books because, when they move, customers follow. The entry of luxury retailer Barneys, has created another high-profile destination for big books such as Suzanne Warner.

After developing Stanley Korshak's men's department over 18 years, she's moved to Barneys, where she will manage the men's and women's personal shopping office.

"When somebody bigger comes into town, it just raises the bar for everybody to have higher standards and achieve better customer service," Warner said.

Cohen says such people, and their clients, are coveted. "They're much like a key player on a sports team. They're the ones that are bringing the following of a pretty loyal and wealthy customer."

Wilkes has a customer base that extends over two decades, starting with a Jil Sander boutique she co-owned in the 1980s. Nussbaumer met her there in 1998 and followed her to Neiman Marcus downtown in 2001 before Wilkes was recruited by Cartier in 2005. Wilkes returned to Neiman Marcus in Dallas in August.

Her touch is found at Ceylon et Cie, from the unopened wardrobe that hangs behind Nussbaumer's desk to the photographs of Nussbaumer from national publications that grace the wall. Her outfit reflects Wilkes' selection: a dramatic orange Hermes scarf draped around her collar and Prada sandals that match her black spaghetti-strap dress.

"She knows what I have in my closet better than I do," said Nussbaumer, who has been working with Wilkes for nearly a decade. "As an interior designer, it's important for me to be dressed the part. A lot of times, I'm working, and I have four children. I don't have time to go out and go see all the different shows and lines. It's a lot of work."

Neiman Marcus would not allow Wilkes to discuss her job for this article.

"I'm not very interested in sharing what they do well publicly," said Neiman spokesperson Ginger Reeder. "There's no reason for giving away the secret sauce."

What they do

Sales specialists say that selecting a wardrobe for a client isn't just about knowing what's hot. Their job is to enhance the client's style, not to turn him or her into a carbon copy of Mary Kate Olsen or Usher, unless that's requested.

They go to great lengths to provide customer service. The best in Dallas will go to homes to rearrange closets and help clients match outfits in a new way. They come armed with new styles and haul away clothes that are outdated or need alteration.

And some clients have special needs. When she worked at Stanley Korshak, Warner took digital photographs of outfit arrangements and numbered them to help clients who are genetically colorblind.

"It's really about the ultimate customer service," Warner said.

In the stores, luxury salespeople set aside clothes from the sales floor for favored clients and provide advance notice of sales.

The salespeople keep information about purchases, send clients birthday presents and keep preapproved credit-card agreements on file that allow a client to make a purchase without signing a receipt. Transactions are closed with a hug instead of a signature.

Some luxury salespeople will fly to other cities to help clients, and some clients never set foot in a store. A lot of business is done over the phone and through the mail.

While working for Cartier, Wilkes called stores around the world until she tracked down a particular Prada jacket in New York and a skirt in London. Nussbaumer wore that jacket for an *Elle Decor* profile in this month's issue.

"These salespeople have tremendous roles, have very



MCT Photo

Personal Shopper Carrie Mollohan (right) assists Allane O'Neil with clothes shopping at Forty Five Ten, an upscale boutique in Dallas, Texas, recently.

deep knowledge and understanding of the brands that they sell and the lifestyle of the store they wish to impart," said Dana Telsey, a luxury retail analyst in New York. "What makes these people special is that they develop relationships over time."

Carrie Mollohan is a big book at Forty Five Ten. On a recent Saturday morning, she gets a big hug from Jenny Kirtland, 33, musician and wife of record producer John Kirtland.

"I brought you a cookie!" Kirtland says, bubbling with excitement.

Within 10 minutes, Mollohan has nearly a dozen outfits arranged in the fitting room. The floor is lined with Moschino and Chloe shoes. Kirtland walked into the store wearing jeans and a white long-sleeved shirt. The clothes displayed are black and gray evening gowns, sweaters and platform pumps.

As Kirtland is being outfitted, Forty Five Ten co-owner Brian Bolke pulls more clothes for her and fusses with the fit.

"Carrie knows what I like and probably what I wouldn't like," Kirtland said inside the fitting room. "So she can bring things in quickly, and I can try them on and skedaddle. It doesn't take all day."

In less than an hour, Kirtland wraps up by purchasing fall outfits and three pairs of shoes. She puts one dress on hold while she checks her social calendar.

Kirtland is one of many women at Forty Five Ten who are being dressed for charity balls and parties in Dallas, including October's Two by Two for AIDS and Art gala and December's Crystal Charity Ball.

That same day, art collectors Cindy and Howard Rachofsky, who organize Two by Two, come in to Forty Five Ten, while a pharmaceutical executive tries on a dress for a celebrity party in New York. A bank vice president also picks out gowns.

Mollohan's next customers are residential designer Julie Butler and Texas Lt. Gov. David Dewhurst. Mollohan and Butler talk about upcoming events, and another wardrobe is laid out.

Mollohan directs Butler to additional pieces in the store. As the women stroll past a \$2,860 Yohji Yamamoto corset and an asymmetrical jacket by Martin Margiela, Dewhurst sits

on a bench nearby. He's surrounded by Azzedine Alaia pumps and boots as he flips through "Robert Lee Morris: The Power of Jewelry" and sips iced tea.

Dewhurst calls Mollohan a godsend for helping him select gifts for friends — something he says he's often at a loss to figure out.

"I don't know any of my friends that haven't experienced the sensation of giving a gift that you picked out yourself and had this blank reaction from a woman, a pause, and then those infamous words: 'Oh ... thank you very much.'"

Sales associates say their clients gravitate toward them because of similarities in personality and taste.

"She's so honest," Butler said of Mollohan. "Everything in this store is just gorgeous, and I would love to wear it all, but she tells me what I can and can't wear. I know I can trust her, which is great."

Mollohan, who has worked at Forty Five Ten for nearly six years, says the toughest part of her job can be convincing clients to get rid of outdated or unnecessary clothes.

"A lot of times, there's stuff they forget that's in there," Mollohan said. She reorganizes closets about once a week, showing clients how to wear the old with the new.

"By the time I'm done, they have half of a new closet where they just never thought of putting certain things together in a million years."

As exotic as it may sound to the average person, using big books involves more than spending a lot of money for great clothes and having someone else do the shopping.

If you're independently wealthy, you can afford to spend the time to develop your own style, Cohen said.

"Part of the fun of being rich and idle is shopping. So you don't necessarily need the same resources to do that. What is critical is when you're very busy and you do want someone to take the time to provide you with a sense of style."

For Nussbaumer, having Wilkes find the right wardrobe provides time for other priorities.

"I need to feel good and I need to feel confident when I go into meetings," Nussbaumer said. "Getting compliments is not what it's about."

"The most important thing for me is that, during down time, I'd really rather be with my family," she said. "Shopping can be a full-time thing for people. So it's great to have other people figure it out."

WEDDINGS

Brown-Karickhoff

Sherri Nicole Brown and Kenneth Mark Karickhoff were united in marriage on July 22, 2006, in a ceremony officiated by the Rev. Paul Mateer at the Wesley United Methodist Church in Kingwood.

The bride is the daughter of Mr. and Mrs. Gary S. Brown of Kingwood. The bridegroom is a son of Mr. and Mrs. Earl Karickhoff of Volga.

Presented in marriage by her father, the bride was attended by Amy Campbell as her matron of honor. Bridesmaids were Jennifer Brown, sister-in-law of the bride, and Amanda Rocha and Kathleen Miller, both cousins of the bride.

Bob Warner served as best man. Groomsmen were Jeffrey Brown, brother of the bride, Cole Karickhoff, nephew of the groom, and Tyrone Campbell, friend of the bride and groom.

Ring bearer and flower girl were Logan and Kaitlyn Brown, nephew and niece of the bride.

Solist was Mrs. Barbara Miller and organist was Mrs. Janice Crane. A reception was held at the Preston Country Club. After a



Sherri Nicole Brown and Kenneth Mark Karickhoff

trip to Pigeon Forge, Tenn., the couple reside in Volga.

The bride is employed at the U.S. Property and Fiscal office in Buckhannon and the groom is employed at Gas Measurement and Integration Services in Buckhannon.

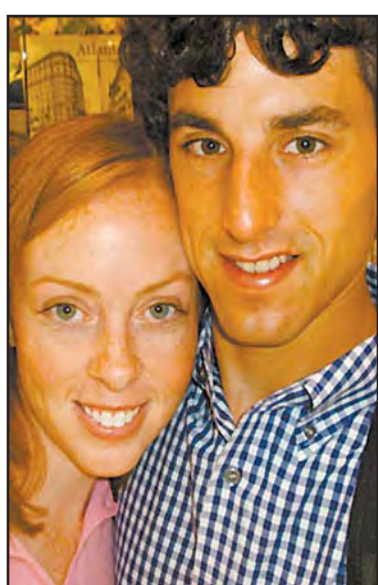
Baxter-DeBacker

Mrs. Starlyn Marie Baxter, formerly Starlyn Marie Bolyard of Morgantown now of Conyers, Ga., is pleased to announce the engagement of her daughter, Rachel Victoria Baxter, to Jason Matthew DeBacker, son of Matthew and Susan DeBacker of Roswell, Ga.

Jason and Rachel are both 1998 graduates of Salem High School in Conyers.

Rachel is a 2002 graduate of the University of Virginia with a bachelor's degree in architecture. She anticipates receiving her master of architecture from The University of Texas at Austin in December 2006. She is the granddaughter of Mrs. Marie Bolyard and the late Charles A. Bolyard of Morgantown. She is the niece of Charles E. Bolyard and Mrs. Edgar (Vickie) Cosner of Morgantown and Mrs. Steven (Carolyn) Hizak of Powell, Ohio.

Jason graduated from the University of Georgia in 2001. He is a Ph.D. candidate in economics at



Rachel Victoria Baxter and Jason Matthew DeBacker

The University of Texas at Austin.

The ceremony and reception will be celebrated at the home of the bride's mother on June 2, 2007.

Clemmer-Bungard

The engagement of Heather Rena Clemmer and Joseph Paul Bungard has been announced.

Heather, daughter of Ronald C. Clemmer of Smithfield, Pa., and Linda Clemmer of Morgantown and granddaughter of Lauraella Clemmer and the late Chester C. Clemmer and Helen Kennedy and the late Kenneth Kennedy, is a 1995 graduate of Albert Gallatin High School and holds bachelor's and master's degrees from WVU in agricultural sciences. She is employed by WVU's Davis College of Agriculture, Forestry & Consumer Sciences.

Joseph, son of C.P. and Linda Bungard of Morgantown and grandson of the late Clarence P. Bungard Sr. and the late Harriet A.L. Bungard and the late Chester W. Gorrell and the late E. Margaret Gorrell, is a 1995 graduate of Morgantown High School, a 2001 graduate of WVU with a bachelor's in human nutrition and dietetics and a 2004 graduate of WVU with a master's in safety and environmental man-



Joseph Paul Bungard and Heather Rena Clemmer

agement. He is employed by Mylan Pharmaceuticals.

A candlelight wedding is planned for Oct. 28 at Lakeview Golf Resort.

Jackson-Woods



Joy Jackson of Fairmont and Harold Woods of Richmond, Va., were married on Sept. 8, 2006, with Pastor Wesley Dobbs officiating.

Joy is employed by Allegheny Power and owner of Strictly Hair in Fairmont and Strictly Hair Plus Nails in Morgantown.

Harold is employed by Aegis Communications.

The couple will honeymoon in the Bahamas with family via Carnival Cruise Lines.

BIRTHS

KAYLEE BROOKE WOLFE was born to **Rob** and **Kristie Wolfe** of Morgantown at 2:35 a.m. Sept. 22, 2006, at Monongalia General Hospital, Morgantown. She weighed 7 pounds, 10 ounces. Maternal grandparents are Kay and Rod Smith of Morgantown and Gary and Linda Kennedy of Morgantown. Paternal grandparents are Randy and Tami Wolfe of Hanover, Va., and Nancy and Rod Jackson of Morgantown.

Maternal great-grandparent is Deloris Kennedy of Morgantown. Paternal great-grandparents are Rene Wolfe and Roselyn Newlon, both of Morgantown. Great-great-grandmother is Lucille Newlon of Morgantown. Kaylee has two siblings, Kennedy, 9, and Cassidy, 4.

JOSHUA LIAM TEMPLETON was born to **David** and **Lucy Templeton** at 8:33 a.m. Sept. 6, 2006, at Monongalia General Hospital. He weighed 8 pounds and was 21 inches long. His grandparents are Margie Templeton of Morgantown and Eric and Eileen Miller of Cambridge, England. Joshua has a 2-year-old brother, Samuel Eric.

MERSEDEZ LYNN BRAUN was born to **David** and **Melanie Braun** of Morgantown at 9:28 a.m. Sept. 8, 2006, at Maternal & Infant Care Center, WVU Children's Hospital. She weighed 7 pounds, 10 ounces, and was 20 1/2 inches long. Mersedez has two sisters, Destinee and Daizi, and four brothers, Dillan, Dakota, Daran and Justin. Maternal grandparents are Christine and Mark Beauoin. Paternal grandparents are Patricia and Billy Clark.

Lancaster-Pitkin



The engagement of Destiney Dawn Lancaster and Asa David Pitkin Jr. has been announced.

Destiney, daughter of Douglas Owen Lancaster Jr. and Martha Elaine Lancaster of Daybrook, is a graduate of UHS and is employed with Grafton Schools in Berryville, Va.

Asa, son of Billy and Diane Pitkin of Front Royal, Va., is a graduate of Osbourne High School in Virginia and is employed with John Hall Construction of Falls Church, Va. A wedding is planned for spring 2007.

A good sandwich can pay your way through college

McClatchy-Tribune Newspapers

If your kid thinks peanut butter is really exciting, that could pay off with a \$25,000 college scholarship.



Kids ages 6 to 12 can enter the "Jif Most Creative Peanut Butter Sandwich Contest" through Nov. 15. Sandwiches are judged on creativity, nutritional balance, taste, appearance and ease of preparation.

Last year, Shannon Lewis, 7, of Manalapan, N.J., won for The Peanutty Pretty Purse Pitas — made with creamy peanut butter, a whole-wheat pita, strawberry-banana yogurt, banana and strawberries and decorated to look like a handbag.

Five finalists will compete for the \$25,000 grand prize in New York City in March. For rules and entry forms, visit jif.com.

Bolyard



Terry and Trish Bolyard will celebrate their 30th wedding anniversary with a second honeymoon trip to Orlando, Fla., in January.

They were married Oct. 2, 1976, at Sabra Methodist Church.

Trish, daughter of Oscar and Norma Whipkey of Arthurdale, is a homemaker.

Terry, son of Carol Bolyard of Grafton and the late Raymond Bolyard, is a supervisor at Mylan.

They have three children, Travis Bolyard of Fairmont and Jason and Bethany of Morgantown.

Terry and Trish have one grandchild, Peyton of Fairmont.

Hall



Kenneth and Marcella Hall of Westover celebrated their 50th wedding anniversary Sept. 29.

They were married on Sept. 29, 1956, at St. John's Catholic Church in Bellaire, Ohio.

Kenneth was employed by EIMCO Inc. of Fairmont and WVU Dining Services before retiring in 2000.

Marcella is a homemaker and was also employed by WVU Dining Services.

They have three children and spouses, Sharon and Hub Holdsworth, Ken and Melanie Hall, and Sandra and Gail Huggins, all of Morgantown.

Kenneth and Marcella have four grandchildren, Michael and Angela Holdsworth, Steven Holdsworth, Kevin Holdsworth and Kelby Hall.

Neely



The Neelys in 1956.



Wayne and Shirley Neely will celebrate their 50th wedding anniversary from 7-10 p.m. Saturday at the Core Community Center with an open house and square dance to commemorate the occasion where they first met in Hundred.

Friends and family are invited to bring only memories and dancing shoes, no gifts please.

Wayne and Shirley were married Oct. 13, 1956, at the Wesley United Methodist Church in Morgantown, with the Rev. Leroy Hooper officiating.

Wayne, son of the late Earl and Bessie Neely of Core, graduated from Clay-Battelle High School and served in the U.S. Air Force during the Korean conflict. He retired in 1985 after 35 years of service with the Hope Natural Gas Co. in Morgantown.

Shirley, daughter of Marie Bailey Nebera and the late Ronald Bailey of Fairview, graduated from Fairview High School and the Morgantown Business College. She retired as an administrative assistant from the WVU Department of Surgery in 1998 after 18 years of service.

They have three children and their spouses, DeAnna and Dan Frazier of Laurel Point, Donna and Bob Walden of Westover, and Darrin and Tracey Neely of Laurel Point.

Wayne and Shirley have four grandchildren, Heather Frazier, Nicole Walden, and Tara and Cody Neely.

ANNOUNCEMENT GUIDELINES

The Dominion Post

The Dominion Post publishes brief announcements of engagements, weddings and anniversaries, with photos, at no charge, Sundays as space allows. For couples who want to include more details of their celebrations, several packages are available at a variety of fees. Details can be picked up at the Morgantown or Kingwood offices of *The Dominion Post*. Deadline is 5 p.m. Monday prior to Sunday publication.

Births and adoptions may be announced by the child's parents or grandparents only, and published free, without photos. To include a photo, call 291-9420.

Honest, cleaning can be manly

McClatchy-Tribune Newspapers

Dads, have you ever made the bed for your little person, only to be told, "That's not how Mommy does it?"

Your child probably didn't get that you made the bed in your special dad's way.

That's why David Bowers wrote "Dad's Own Housekeeping Book" (Workman Publishing, 196 pages, \$10.95). The chuckle-filled guide is packed with guy-to-guy advice on how to keep a home neat, tidy — and manly.

As a stay-at-home dad of two sons, Bowers does a little more housekeeping than the average Joe. Bowers always did the cooking, and would help his wife with cleanup whenever he could. But as he took on more responsibility for the entire home, he couldn't find a resource that spoke to men about cleaning.

According to the Bureau of Labor Statistics in 2004, 33 percent of men do some kind of household chore every day. But Bowers says most don't know how to do them.

"So many men haven't been taught about housekeeping," he says in his lilting Irish accent. A native of Dublin, Ireland, Bowers lives in New York City.

He says that women take their knowledge of some housekeeping duties for granted, "like doing laundry with all the symbols." In

the book, Bowers decodes the meanings of the little graphics that appear on some clothing tags.

Getting along with women is another reason Bowers thinks dads should learn to be good housekeepers.

"It makes the relationship better," he said. "Most women are happy just knowing that you are trying to help out."

Q: What is the "dad's way" of housekeeping?

A: If the guy is looking after the house, he doesn't have to fold towels a certain way. Men and women have different approaches. That doesn't mean either is wrong. Guys are much more minimalist. That's something that has to be compromised.

Q: How much should dads clean?

A: It varies. It should be something you should pick up as you feel comfy, and most women are happy to know that you're trying.

Q: Moms still do most of the housework. How do they get dads to do more?

A: Dads have to talk to their spouses, and Moms have to say, "You have to help me out." It has to be helpful pushing. And guys respond to praise. If there is animosity attached to housekeeping, it isn't going to help the relationship.

TRIVIA Q&A

McClatchy-Tribune Newspapers

Q: Help, help and right away. I'm supposed to donate a "bug cage" to help fill a charity basket at church, and now I can't find one. I should have taken a slip that said "doll." The kind I'm looking for has a wooden bottom and wire mesh around the top and sides. Can you help me? —F.B., Burleson, Texas

A: I called the usual suspects. Gas may be down to \$2.47 in my neighborhood, but no way was I driving around looking for an authentic bug cage. What I discovered is that now that people keep crickets to feed their exotic pets, there's no shortage of insect boxes, but they're made of plastic.

However, I think I found what you're looking for at Jo-Ann Fabrics and Crafts. It's a Garden Gate Robbie Ducky insect box, originally \$6.99 and on sale for \$1.39. Best of all, they're holding it in your name. You see, it's a seasonal item, and they're down to the last one.

To ask a question: edbricestartelegram.com

Share the joy of your . . .

NEW ARRIVAL

Baby's Name: _____
 Birthdate: _____
 Male Female
 Hospital: _____
 Parents' Names: _____
 Grandparents' Names: _____
 Birth Weight: _____
 Birth Height: _____
 Your Daytime Phone Number: _____

Announce the birth of your new baby! Send a color photo and information about baby's birth. New Arrivals will appear each Sunday in *The Dominion Post*.

____ Check or money order for \$25 enclosed, payable to *The Dominion Post*

____ Bill \$25 to: Visa Mastercard Discover

Account Number _____ Exp. Date _____

Signature _____

Include a self-addressed envelope if you would like your photo returned. Call for info: 291-9420 or Toll Free 1-800-654-4676 ext. 420

Shannon Christine Galvin

AD SAMPLE

Boys' Life 2006 Hospital Clear Lake Regional Medical Center Parents Denis & Becky Galvin Grandparents Denis & Martha Galvin Judy Beavan Jim Hughes Weight: 8 lbs. 7 oz. Height: 20"

Amusement

SUNDAY, OCT. 1, 2006
8-E THE DOMINION POST



BERNICE BEDE OSOL
ASTROGRAPH

Sunday, Oct. 1, 2006

LIBRA (Sept. 23-Oct. 23) —

You have the aptitude for seeing all sides of an issue; this might not be evident in matters that you are anxious to conclude.

SCORPIO (Oct. 24-Nov. 22) —

In your involvements with others, weigh your words and comments with care.

SAGITTARIUS (Nov. 23-Dec. 21) —

Hang out only with pals who are as generous as you — penny-pinchers or freeloaders could test your tolerance.

CAPRICORN (Dec. 22-Jan. 19) —

Be mindful of what you say to individuals who are in a position to exert some influence over your standing.

AQUARIUS (Jan. 20-Feb. 19) —

An acquaintance who tends to be nosy may try again to probe into your confidential affairs.

PISCES (Feb. 20-March 20) —

Financial tips given to you from a friend should not be taken at face value, even if he/she is usually right.

ARIES (March 21-April 19) —

Harmony of purpose is essential to achieve success with a situation that involves others.

TAURUS (April 20-May 20) —

Size up people and/or situations realistically, especially if the involvement could affect your future plans.

GEMINI (May 21-June 20) —

Be cognizant of the small details connected to your commercial affairs and don't take anything for granted.

CANCER (June 21-July 22) —

Your reasoning abilities may prove to be inaccurate when under pressure.

LEO (July 23-Aug. 22) —

If someone takes the time to go out of his/her way to do something special for you, be sure to show the proper appreciation.

VIRGO (Aug. 23-Sept. 22) —

Small extravagances could have a way of adding up to a surprising total, especially if your spending habits are careless.

Sunday Crossword can still be found in section G.

Some puzzle answers are found on page 11-E in today's *The Dominion Post*.

Conceptis Sudoku by Dave Green

5	7				6	2	8	
6		8	3	1			9	
7	4				2	6		
		9	6				2	7
	3			7	4	5		8
	6	2	1				4	9

Difficulty Level ★★

Sudoku

is a number-placing puzzle based on a 9x9 grid with several given numbers. The object is to place the numbers 1 to 9 in the empty squares so that each row, each column and each 3x3 box contains the same number only once.

©2006 Conceptis Puzzles, Dist. by King Features Syndicate, Inc.

WORD SLEUTH A WORD FORWARD OR BACKWARD

L	C	Z	R	V	S	P	L	I	E	B	Y	V	R	O
L	I	F	C	E	Z	D	W	T	Q	N	K	I	F	C
Z	W	U	R	P	C	I	P	M	J	H	E	C	Z	X
U	S	Q	N	L	J	A	G	E	W	C	Z	X	V	T
R	P	N	L	J	R	P	P	H	A	E	C	A	Y	W
V	T	R	P	T	Z	E	U	S	R	W	N	L	K	D
I	G	E	S	C	B	R	V	L	T	O	Z	X	F	E
W	U	S	R	D	E	N	N	I	S	L	P	I	O	V
M	L	J	I	M	G	U	L	P	L	F	R	G	E	I
D	B	A	I	Y	X	W	U	U	R	E	T	O	O	L
T	S	T	Q	S	T	R	I	P	S	R	D	P	O	N

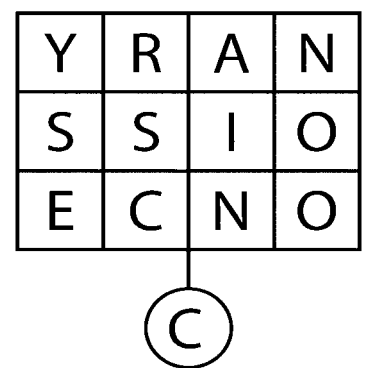
Find the listed words in the diagram. They run in all directions - forward, backward, up, down and diagonally.

- | | | | |
|---------|--------|---------|-------|
| Deliver | Pupils | Remit | Strap |
| Diaper | Raw | Serif | Straw |
| Lived | Recaps | Sinned | Suez |
| Looter | Reflow | Spirits | |

©2006 King Features, Inc.

STICKELERS (sic) by Terry Stickels

Can you find the 13-letter word hidden in the figure below? (Hint: The "C" either starts or finishes the word.)



ISAAC ASIMOV'S SUPER QUIZ

Take this Isaac Asimov's Super Quiz to a Ph.D. Score 1 point for each correct answer on the Freshman Level, 2 points on the Graduate Level and 3 points on the Ph.D. Level.

Subject: ANIMAL NAMES

Provide the name of the animal. (e.g., The Cisco Kid's horse. Answer: Diablo.)

FRESHMAN LEVEL

- A smiling cat found in a Lewis Carroll story.
Answer _____
- This cat pursued Tweety Pie.
Answer _____
- Alley Oop's pet dinosaur.
Answer _____

GRADUATE LEVEL

- Buster Brown's bulldog.
Answer _____
- Geppetto's pet cat in Disney's "Pinocchio."
Answer _____
- This TV tuna had "good taste."
Answer _____

PH.D. LEVEL

- Geppetto's goldfish in Disney's "Pinocchio."
Answer _____
- Tom Terrific's "Wonder Dog."
Answer _____
- Cliff Robertson befriended this mouse in the film "Charly."
Answer _____

ANSWERS: 1. Cheshire cat. 2. Sylvester. 3. Dinny. 4. Tige. 5. Figaro. 6. Charlie. 7. Cleo. 8. Mighty Manfred. 9. Algernon.

SCORING: 18 points — congratulations, doctor; 15 to 17 points — honors graduate; 10 to 14 points — you're plenty smart, but no grind; 4 to 9 points — you really should hit the books harder; 1 point to 3 points — enroll in remedial courses immediately; 0 points — who reads the questions to you?

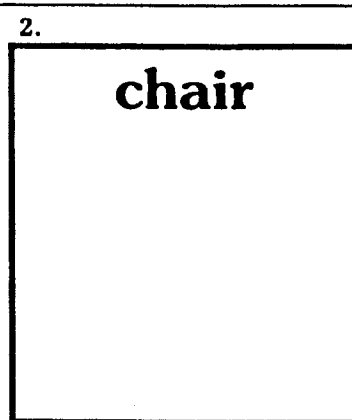
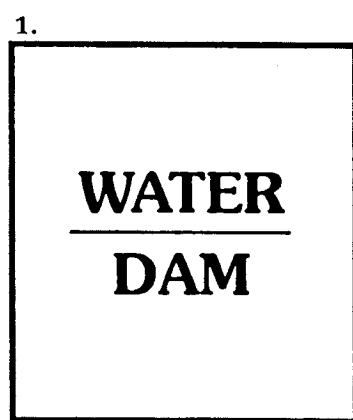
(c) 2006 Ken Fisher
Reprinted with permission from Barracade Books Inc.
North America Syndicate Inc.

WUZZLES

Each Wuzzle is a word riddle which creates a disguised word, phrase, name, place, saying, etc. For example, NOON GOOD = GOOD AFTERNOON

3 WUZZLES BOOKLETS
"The Best of Wuzzles" (\$4.00), "More of the Best of Wuzzles" (\$4.50), and "Wuzzles for Kids" (\$4.25) are available, postpaid, from Wuzzles, Box 1141, Cedar Rapids, IA 52406

WORD PUZZLES BY **WOOD TOM**



Print Your Answers Here:

1.

2.

Today's Answers:

1. Water over the dam
2. Highchair

Created by Tom Underwood
www.wuzzleking.com © North America Syndicate, 2006

Secrets of Mona Lisa revealed by 3-D scanning

BY ANGELA DOLAND
Associated Press

PARIS — Maybe they should call it the "Mama Lisa."

Researchers studying 3-D images of the "Mona Lisa" say she was probably either pregnant or had just given birth when she sat for Leonardo da Vinci's 16th-century masterpiece. The clue was something she wore.

Scans turned up evidence of a fine, gauzy veil around Mona Lisa's shoulders — a garment women of the Italian Renaissance wore when they were expecting, a leading French museum researcher, Michel Menu, told The Associated Press in an interview recently.

As the painting aged, the veil darkened. The thick, dark varnish on the work made it hard even to know what color her dress is — it has been described as everything from black to brown to green. A piece of fabric draped over Mona Lisa's shoulder was sometimes interpreted as a shawl or a scarf.

But images obtained from infrared reflectography tell a different story. The veil — called a guarnello — is transparent, and it looks similar to a gauzy garment in Sandro Botticelli's "Portrait of a Lady," depicting a pregnant woman with her hand over her stomach.

Tradition holds that the "Mona Lisa" is a painting of Lisa Gherardini, wife of Florentine merchant Francesco del Giocondo, and that Leonardo started painting it in 1503. In France, the painting, on display at the Louvre Museum, is referred to as La Joconde



Mona Lisa

— the French version of her married name. The name Mona Lisa is the equivalent of "Madam Lisa."

The veil "would confirm art historians' hypothesis that Giocondo asked for a painting of his wife to celebrate the birth of his second son," said Menu, chief of the research department at the French Museums' Center for Research and Restoration, which has its offices in the Louvre.

The scans also make clear that Mona Lisa does not have her hair down, as it appears. Most of her tresses are pinned back into a chignon and covered with a veil, Menu said. The

analyses of hairstyle and clothes were made by Bruno Mottin, curator of the research department at the center.

Various high-grade scans were taken over three sessions in October 2004, on days when the Louvre was closed, sometimes overnight.

The scans have been collected in a book, "Mona Lisa: Inside the Painting," published this month by Harry N. Abrams, Inc. Menu and Mottin wrote the book with another leading French researcher, Jean-Pierre Mohen.

Teams from the National Research Council of Canada analyzed the painting with three-dimensional digitization through laser scanner technology. The scans revealed depth resolution so detailed it was possible to see differences in the height around the paint surface cracks and in the thickness of the varnish.

"We know how the painting is painted with very thin layers," Mottin told reporters in Ottawa, Canada. "That's one of the things we couldn't see by the naked eye, and that Canadian technology brought us."

John Taylor of Canada's National Research Council said there were no signs of brush strokes. "That includes the very fine details of the embroidery on the dress, the hair," he said. "This is the 'je ne sais quoi' of Leonardo. The genius. We don't know how he applied it."

The data show warping in the poplar panel Leonardo used as his canvas, but the painting is in relatively good shape.

"We didn't see any sign of paint lifting," Taylor said. "So for a 500-year-

old painting it's very good news. And if they continue to keep it the way they have in an environment-controlled chamber, it could remain like that for a very long time."

Canadian scientist Marc Rioux said the data would be studied for many years to come, providing more insights into Leonardo's painting.

"We've barely scratched the surface of the data available. Scientists now have access to a virtual copy. I would say this is the most important achievement of the project," said Rioux of Canada's National Research Council. "There will be a lot more information about that painting just because there are many more scientists looking at the data."

"What is amazing and paradoxical about that painting is that people think it's been analyzed but it's exactly the opposite," Rioux added. "This is the most inaccessible painting in the world. Why? Because it's 99.9 percent of the time in the Louvre for the public to view. The last time it was up for examination was 1952."

Mona Lisa's smile has for centuries inspired speculation. In the 1950s, Nat King Cole asked in a song lyric if she was smiling to "tempt a lover" or "to hide a broken heart?" No scientific research will ever figure out exactly what Leonardo was trying to convey, or why exactly she was smiling.

New discoveries "don't take away the mystery," Menu said. "On the contrary, they merely add another layer to the meaning, which only makes things more interesting."

Zune marks Microsoft's entrance into crowded MP3 player market

BY ALLISON LINN
Associated Press

SEATTLE — Microsoft Corp. has vowed to put considerable money and effort behind its bid to dethrone Apple Computer Inc.'s market-leading iPod, but it won't be using price as a weapon.

Microsoft announced Thursday that it will charge \$249.99 for its new Zune music player, about the same as Apple Computer Inc. charges for an iPod with the same storage capacity.

The Zune and its companion online music service will debut on Nov. 14 in the United States.

The music service will let people buy individual songs for about 99 cents, the same amount Apple charges for songs from its iTunes Music Store. For Zune, Microsoft will use the same payment system as its Xbox Live online video game service, which lets people without credit cards buy prepaid cards at some retail stores.

Microsoft also will offer a Zune Pass subscription service, which will let users listen to any of about 2 million songs for \$14.99 per month. RealNetworks Inc. charges the same monthly fee for its online music subscription service, Rhapsody to Go.

Scott Erickson, senior director of product management for Zune, said Microsoft is hoping that people will use the subscription service to seek out music they might not have known about, while also buying some songs outright.

Microsoft has said it plans a major promotional effort for Zune, but analysts say the world's largest software maker faces an uphill battle against the iPod and iTunes.

Erickson wouldn't provide financial specifics but said the operation won't make money immediately.

"In total we won't be making a profit this year, but we will of course work toward becoming a profitable business in the future," he said.

Other hardware manufacturers, including Creative Technology Ltd. and Samsung Electronics Co., already offer portable media players that support Microsoft's software, but they've had little success against Apple.

The Zune player, to be made by Toshiba Corp., will have 30 gigabytes of memory, enough to hold about 7,500 songs. It also will feature a 3-inch screen and a built-in FM tuner, and will come loaded with about 25 songs and other content.

An iPod with a 30-gigabyte hard drive and a 2.5-inch screen sells for \$249. Apple also offers lower- and higher-priced versions.

Microsoft is hoping to differentiate itself from the iPod by including wireless technology to let people share some of their favorite songs, playlists or pictures with other Zune users who are close by.

Other users can then listen to the songs three times over three days before deciding whether to purchase the tune themselves.

Making plans for the future

West Virginia Public Theatre holds third fundraising gala

The Dominion Post

Doo-wop music and plans for the future were at the core of the West Virginia Public Theatre fundraiser held Sept. 23 at the Waterfront Place Hotel Ballroom.

Ron Iannone, founder and artistic director of WVPT, said the event honored Consol Energy and Ron and Stephanie Stovash. "Consol has been with us from the beginning. We've been here for 23 years — wow, I can't believe it every time I say that, 23 years — and they've been with us from the start, willing to support us in the arts," Iannone explained. "They've increased their corporate sponsorship yearly. And then when Ron (Stovash) came on with them it increased even more."

With their tireless fundraising efforts, Iannone said, the Stovashes have helped bring many people to the theater who otherwise wouldn't attend.

As cochairs for this year's other

major fundraiser, the Stovashes helped raise more than \$70,000 between the two of them, bringing in new corporate and private sponsors. Helping to raise funds through corporate and private donations is key, Iannone said, the importance of such efforts cannot be stressed enough.

WVPT hopes to be in its new home on the Waterfront by the summer of 2008. Current plans are for the theater to be under the same roof as an event center and parking garage. The facility could support intimate theater as well as shows supporting a much larger audience. The newest design concept uses a permanent stage along with corporate boxes and built-in digital sound and light systems, but creates flexibility in theater size by the use of state-of-the-art moveable walls and seating. Similar designs have been used in several new facilities throughout the nation.



Jason DeProspero/The Dominion Post Photos

Stephen Brooks (top, from left), Kathy Brooks, Deena Krafft and Albert Radabaugh get into the spirit of the third Annual Fundraising Gala at the Waterfront Place Hotel on Sept. 23. **Jan and Larry Dulaney (right photo, from left)** are checked in at the Third Annual Fundraising Gala by Paula Spielman at the Waterfront. **Ron Iannone (left, from left)** describes the new design of the WVPT/Events Center to Tom and Jane Jones.



West Virginia PUBLIC THEATRE

Morgantown High School Class of 1951



Submitted Photo

Submitted to The Dominion Post

The Morgantown High School Class of 1951 celebrated its 55th anniversary with a reception and banquet at the Clarion Hotel Morgan, and a trolley tour, with stops at Forks-of-Cheat Winery, Dorsey's Knob, Mylan Park, and Mountaineer Field Press Box.

Attending were:
Front: Marion Cummings Wiles and Jackie Croston Harrison.

First row: Sally Herron Terango, Carolyn Lipscomb Hall, Martha Phyllips Ewanto, Billie Kast Dietz, Billie Sayer Woodford, Julie Barber Oliverio, Rita Antonelli Hawkins, Alice Fisher Thorn, Rita Romano Solomon, Joan Findlay Jarrett, Rose Cavallo Weimer and Navonne Utt O'Brien.

Second row: George Poole, Loretta McDermott Shaffer, Floyd Sanders, Louise Price Taft, Bonnie Everly Russell, Dorothy Fodor Lima, Joan Queen Forbes, Edna Corbin Lantz and Louise Jennewine Robinson.

Third row: Mary Ann Kelly Phillips, Sissy Murphy Harrick, Jane Ferrell Watson, Carolyn Zinn, Connie Miller LaCasse, Anne Kuhn Smith, Billie Biser Leach, Mary Brown Harper and Toni Spina Colvin.

Fourth row: Jim Potts, Tom VanLandingham, John Zinn, Libby Medrick George, Don Snyder and Bill Gibson.

Fifth row: Charles Davis, Edwin Jones, Frances Slaven Welch, Bill McCulla, James Gallagher. **Back row:** Richard Holley, Charles Hennen, Otis Morony, Milford Davis and Don Pavelko.

Not shown: Jean Chaplin Hall, Bill Garvin, Annabelle Campbell Armstrong, Eugene Armstrong, Nola Saffle Jamison and Don O'Haver.

Share in the joy of our . . .

NEW ARRIVALS

Presented by
The Dominion Post



Luke David Plevich

Born

August 31, 2006

Hospital

Mon General

Parents

Trisha & Dave Plevich

Grandparents

Rose & Joel Plevich

Susan & Larry Dunn

Weight: 8 lbs. 6 oz.

Height: 21"

For information on announcing the birth of your new baby on our "New Arrivals" page, call 291-9420 or (800) 654-4676, ext. 420

Travel



CAR
TALK

TOM & RAY MAGLIOZZI

Father's idea keeps son safe on the highway

Dear Tom and Ray:
Am I a jerk or a genius? My son is now 18, and when he was 15, I wrote him a check for \$1,500, postdated three years. I told him that if he managed to reach the date of the check without (1) receiving any tickets, (2) being involved in any accidents or (3) breaking any of our house driving rules, I'd cash the check for him. My goal was to provide an incentive for him to play by the rules long enough to form some good driving habits. Anyway, my son very nearly made it. A few months shy of his 18th birthday, he received a speeding ticket. He was cruising along the highway, singing. And he suddenly realized that the light show accompanying his karaoke act was being provided by the flashing lights on top of a cruiser. He fessed up about the ticket promptly, and was bemoaning the fine of \$126. I gently reminded him that the ticket had actually cost him \$1,626, as he had failed to fulfill our bargain. My question: Am I a genius for coming up with the carrot that made him a good driver during his crucial first years behind the wheel, or am I a jerk for piling on a \$1,500 fine? Please note that his younger sister is watching carefully to see how this is resolved. She's 14, and whether I fold on this will go a long way in setting her expectations. My son took the news well, but I have friends who are treating me as though I smashed the kid's piggy bank and took his inheritance. Your take on this ethical dilemma? — Ted

TOM: Are you a jerk or a genius? Well, it's possible to be both, Ted. I'd say you're definitely a genius. I think this is a brilliant way to encourage a kid to drive responsibly, and I'm all for anything that accomplishes that.

RAY: I agree. Clearly, it has worked. For nearly three years, the kid was careful, he avoided getting tickets, he avoided accidents and he lived by the rules of the household. Do you know how many insanely jealous parents are reading about this kid today?

TOM: So you definitely get points for parenting. Now, are you also a jerk? Actually, I don't think so. The fact that you're asking us whether you're a jerk means you're not one. Because jerks, by definition, never think they're being jerks. So clearly, you sense, somewhere in that hard, little, dried-up stone of a heart you have, that you're being a little rough on the kid.

RAY: I understand the desire to teach your kids that "a deal is a deal." But it's also worth teaching them about fairness, flexibility and that there's value in trying hard, even if you don't always succeed. After all, your mission is essentially accomplished. After driving responsibly for his first three years, your son is unlikely to turn around now and go out and drive like a moron.

TOM: So I would extend your offer. Make it clear to him — and to his younger sister — that since he dutifully fulfilled the contract for most of the three years, you appreciate his effort and you want to offer him a chance to redeem himself.

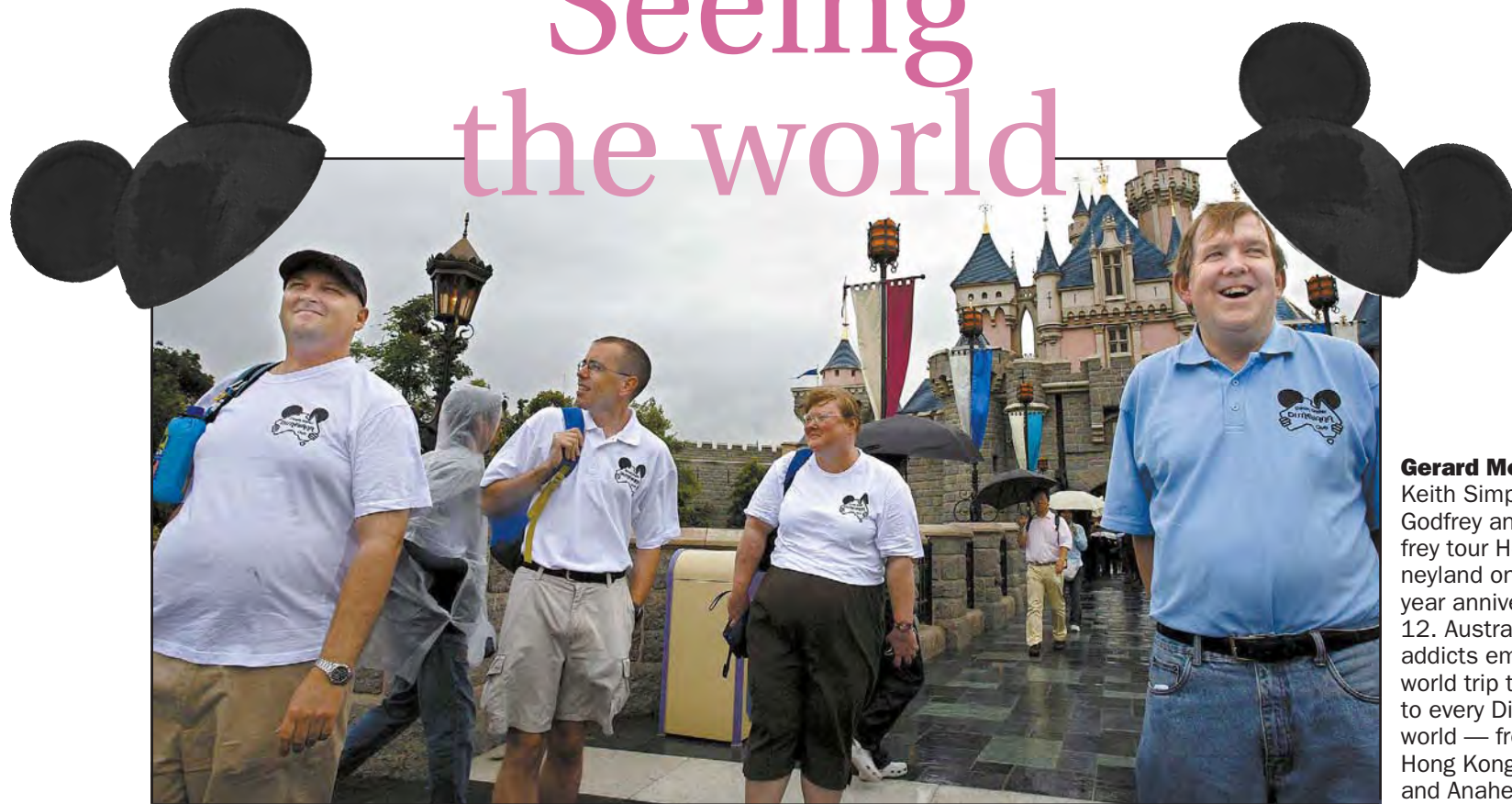
RAY: Right. Tell him that if he maintains a clean record for an additional six months after the original deadline, you'll still cash the check for him. Or you'll cash a slightly smaller check — say \$1,400 — for him. And you can make it clear to both kids that were it not for his excellent performance up until the speeding ticket, you wouldn't be offering him a second chance.

TOM: You can also make it clear that this is a one-time offer. That if he fails again, you intend to cash the check yourself and spend the money on that vibrating recliner you've had your eye on.

RAY: But you both deserve a lot of credit. You came up with a great idea, and your son has had the good sense to buy into the deal. Congratulations to both of you.

TOM AND RAY MAGLIOZZI talk cars on National Public Radio and in this column. If you have a car question, e-mail them at their Web site, cartalk.com.

Seeing the world



Gerard Moon (from left), Keith Simpson, Jennifer Godfrey and Wayne Godfrey tour Hong Kong Disneyland on the park's first anniversary on Sept. 12. Australia's Disney addicts embarked on a world trip that takes them to every Disney park in the world — from Tokyo to Hong Kong, Paris, Orlando and Anaheim.

AP Photos

One Disney park at a time

Associated Press

HONG KONG — The rain was pouring, the skies were a murky gray and Mickey's magic wasn't working on the visitors cursing and scampering for cover at Hong Kong Disneyland.

But Keith Simpson and his six friends from Sydney — all Disney fanatics sporting matching polo shirts that show Mickey ears over Australia's map — couldn't have been happier.

The group was in Hong Kong on the second leg of their Disney-themed round-the-world tour, realizing months of planning for a 32-day trip that takes them to every Disney park in the world — from Tokyo to Hong Kong to Paris, to the U.S. flagships, Disneyland in Anaheim, Calif., and Walt Disney World near Orlando, Fla.

It was a dream come true for the "Down Under Disneyana" fan club members, who have all been to one or more Disney parks before but have never done them all at one go. The idea of a world tour was especially appealing for Australian fans because they live so far away from all the Disney parks, Simpson said.

"We can't go to Disneyland every week. We can only go once every year, and that's if we're lucky," said Simpson, 36, a fraud investigator for a bank. The nearest park — Hong Kong — is more than eight hours' flight away.

The fans also organized the trip so that it coincided with several important dates for Disney. The group was in Hong Kong for the first anniversary celebrations at Disney's newest theme park on Sept. 12. They planned to finish on Sept. 30, the last day of 50th anniversary festivities at the original Disneyland in Anaheim.

Along the way, members expected to mark the occasion with group photos in front of all the iconic Sleeping Beauty and Cinderella castles, said Wayne Godfrey, the organizer of the trip.

They also planned to spend minimum time sightseeing outside the parks, while trying to go on every single ride at every single park they're visiting. In fact, discounting time spent onboard flights and transfers from airports, virtually every minute of the month-long trip was to be spent in one Disney park or another.

"It's the first time for all of us. I don't know anyone who's done quite what we're doing," Godfrey, 48, said. None of the seven traveling members had been to Paris before, so that was the most eagerly anticipated park, he added.

Godfrey, who describes himself as a "pretty big" Disney fan, founded the Down Under Disneyana Club 13 years ago.

"I grew up watching the 'Wonderful World of Disney' on TV, with Walt Disney narrating," he said. He now shares his passion for all things Disney with about 200 Aussies, whom he meets regularly for themed parties and to share trip reports.

The finance manager has been collecting Disney memorabilia like books, magazines and DVDs



Dressed in "princess" dresses, Japanese girls wave as they parade with Disney characters at the Tokyo Disneyland in Urayasu, near Tokyo, in March. Marking Japan's Girls Day Festival, the theme park invited 303 women guests to celebrate "Disney Princess Days." A group of seven friends from Sydney — all Disney fanatics — organized a 32-day trip that takes them to every Disney park in the world — from Tokyo to Hong Kong to Paris, to the U.S. flagships, Disneyland in Anaheim, Calif., and Walt Disney World near Orlando, Fla.

for more than 20 years. He "got hooked" onto Disney parks ever since he visited Disney World in the early 90s, he said, and has since been back to the Orlando park seven times, and to Disneyland in California nine times.

Simpson, meanwhile, didn't get his first taste of Disney parks until he visited Anaheim last year. The fan said the "Beauty and the Beast" movie and its soundtrack initiated his Disney obsession, and he has now collect-

ed so many Disney movie posters he's "run out of wall" for them at home.

Simpson, Godfrey and their friends agree that doing Space Mountain and spinning teacups over and over again at every

If you go

DISNEY PARKS AROUND THE WORLD: Located in Tokyo, Hong Kong, Paris, Anaheim, Calif., and Lake Buena Vista, Fla., near Orlando; destinations. disney.go.com/parksandresorts/index.

BOOKING AROUND-THE-WORLD AIR TRAVEL: One common way to book around-the-world tickets is through airline alliances, in which airlines partner to provide connecting flights and itineraries for one price. Some of those alliances are SkyTeam (including Delta, Continental, Air France and Korean Air), skyteam.com; OneWorld (including American, British, Qantas and Cathay Pacific), oneworld.com; and Star Alliance (including United, Singapore and Air Canada); staralliance.com.

DOWN UNDER DISNEYANA: Australian club for Disney fans, dudisney.ana.info.

Disney park is anything but repetitive.

"Every time you go to a park there's different things to do, and you get out of it what you put into it," explained Simpson, who said he's sure he will enjoy every moment of the world tour.

"I don't think I'll ever get tired of going. What I like about Disney parks is that once you go through those front gates you sort of leave the real world behind you. That's why it's so appealing."

The world trip cost about \$4,661, inclusive of discounted rates for hotels, transfers and passes to the parks, Godfrey said. The Tokyo leg cost an extra \$526, because the air miles went over the prescribed mileage limit in the round-the-world airfare, he said.

"Coordinating the airfare was the trickiest part," he said. "But once we decided to go with a regular round-the-world airfare, it all came together really quickly."

Godfrey has a word of advice for anyone trying to organize a similar trip. "I would book a round-the-world airfare. I would try to stay at the moderate (Disney) hotels. I'd also make sure I go out of season, not on holidays when the parks are crowded," he said.

Members all groaned when asked how it would feel when the trip's all over. "It'd be sad when you have to go back to reality," said Della Whitton, 41, Simpson's girlfriend and fellow Disney addict.

She didn't have to despair — Simpson said the couple has opted out of the Tokyo leg of this trip so that they could "save" it for later. A Disney cruise and repeat trips to the Florida park are also in their future.

"It feels like we're saving up all our holidays for Disney trips," he said.

Walking helps you maintain good health

BY BRENDA HAWKINS
Monongalia Health System

Walking is one of the most popular physical activities among individuals. It is simple to start a walking program. All you need is a good pair of walking shoes, comfortable clothes and a place to walk.

Walking regularly can help reduce blood cholesterol, lower blood pressure, increase cardiovascular endurance, boost bone strength, burn calories and keep weight down. In "A Walk A Day," a Fit Fact from the American Council on Exercise, a study is briefly mentioned on the health benefits of walking. An eight-year study was performed on 13,000 people and reported that people who walked 30 minutes a day had lower risk of premature death than those who rarely exercise.

Before starting a workout, remember to begin with a light warm-up and a few stretches. You want to get the blood flowing before performing the stretches. Walking primarily works the muscles of the legs, but stretching your back, shoulders and arms can loosen up any tension and make the walk more effective.

Beginning walkers should make their workouts less intense by limiting the distance walked and their speed. ACE provides the following tips for beginners:

- Walk short distances. Begin with a five-minute stroll and gradually increase your distance.
- Forget about speed. Walk at a comfortable pace. Focus on good posture, keeping your head up and shoulders relaxed.
- Swing your arms naturally and breathe deeply. If you can't catch your breath, slow down or avoid hills.
- Be sure you can talk while walking. If you can't converse, you are walking too fast.

Once you have reached a level where you can walk a few miles with ease, you can vary the intensity of your walking program. Adding hills will help increase your cardiovascular endurance as well as tone the muscles of the legs. You can also lengthen your stride or increase your speed to advance your workout.

There are no set rules when it comes to walking. A minimum of 20 minutes a day is recommended. Walking is an activity you can easily fit into your schedule, whether it is two 10-minute walks each day or an hour-long walk a few times a week. Get moving!

BRENDA HAWKINS is wellness coordinator with Monongalia Health System. This is one in a series of columns provided by Mon Health System and WVU Hospitals.

ORNISH

FROM PAGE 4-E

she'd backslide, stop the program and return to bad health.

Now, she's motivated by her success, energy and improved health.

"Now, I'm not sick. I'm not obese," she said. "Life isn't over at 57. I don't have to be in constant fear every time blood work comes back.

"Ornish is for everybody. Good health for everybody."

Sharon Brinkman-Windle would agree with that.

She had her first heart attack at 49 and was following the path set by her father, who'd had numerous heart attacks and strokes.

But at age 56, she decided she didn't want that fear and sickness, so she joined Ornish.

She'd been on the Ornish program only two months when doctors discovered that a 30-percent arterial blockage had simply disappeared.

"That's pretty damned impressive," Brinkman-Windle said proudly.

She admitted that the Ornish program is tough to follow, especially at first, but gets easier once you figure it out.

"You can have whole wheat pizza and a beer. It's not so bad," she said. "Plus, your mind is clearer, you're more at peace with yourself."

Brinkman-Windle has been an Ornish devotee for one year now.

"Any time I'm tempted to do anything really, really bad, especially in my diet, I just clap my hands and picture my arteries slapping together, and I don't want that."

Making headway on migraines

BY MICHAEL PRECKER
The Dallas Morning News (MCT)

DALLAS — If you've never had a migraine headache, said Mel Pokorny, you just can't imagine what it's like.

"It's indescribable to most people," said Pokorny, who's suffered from migraines for more than 30 years. "You can hear the blood rushing through your head. You start seeing spots in your vision and within a few minutes you're throwing up."

Still, the malady isn't always apparent.

"You can't see a headache, and that makes it harder for people to understand how debilitating a migraine can be," said Suzanne Simons, executive director of the National Headache Foundation. "For many years, physicians as well as lay people thought people with migraines were just complainers, or didn't handle stress well, or just wanted to get out of doing something."

These days, people know better — but not enough of them. Dr. Stephen Herzog, a neurologist at Baylor University Medical Center at Dallas, said that out of about 28 million Americans who suffer migraines, "only 10 million are properly diagnosed and only 4-5 million are properly treated."

Despite major advances in recent years, Herzog said, "There's probably no disorder that's as misunderstood and misdiagnosed and mistreated as migraine."

To try and clear that up, here are a few basics:

Migraine, said Herzog, is a "chemical disorder of the brain, like diabetes is a chemical disorder of the pancreas. Ninety percent of the time it's hereditary."

The pain is caused when blood vessels become dilated and inflamed, which can last a few hours or a few days. Depending on the severity, the pain can be accompanied by nausea and vision problems, plus extreme sensitivity to light and sound. That can happen once a week or once a year.

Though migraine is a chronic condition, headaches are often caused by triggers that vary from person to person. They can range from certain foods to stress, menstrual cycles to changes in the weather.

Treatments include preventive medications and lifestyle changes to ward off migraines, as well as medications — and actions — that minimize attacks when they occur.

The bad news, Herzog said, is that the condition has no cure. The better news is that there has been an "explosion of science to understand migraines and new medications to target them."

Proper treatment for migraines usually starts at a neurologist.

That's what Nancy Christy finally did about 15 years ago after suffering headaches for most of her life.

"I just thought it was normal all those years, and I just learned to function with it," said Christy, 60, who lives in Dallas. "But they were getting worse."

So with her doctor's help, she said, "I began to get educated, and I began to take control of this."

Taking control, Herzog said, begins with a comprehensive history: tracking when headaches occur, charting the patient's eating and lifestyle habits.

Then comes a process of trial and error: ruling out possible triggers, testing which medications may help, making changes ranging from losing weight to getting more sleep.

"It can take months to sort out, and it can involve some work for the patient, but we can do more than ever before both in acute treatment and preventive therapy," Herzog said.

Christy, a potter who does ministry work in her church, has made a lot of changes during the years. She lost a lot of weight, worked on relaxation techniques and learned to watch out for too much sugar, red wine and MSG, among

other things.

"I'm much better and much smarter than before," she said. "I couldn't make it without the preventive medicine, but I function real well. I don't let it become an all-consuming deal."

Pokorny, a 51-year-old empty-nester who's a student at the University of North Texas, took a similar approach — without medication.

After years of taking painkillers, she said she didn't want them in her system anymore. So she worked at relieving stress and learned what to do when she feels a migraine coming on: ice packs, a dark room and relaxation.

"If I don't catch mine right at the beginning, I can be down for a couple of days," she said. "But you learn what works for you and what you need to do. I have it down to about six a year."

Herzog and Simons are optimistic about the prospects for making progress against migraines. The battle rages on many fronts, from research into brain chemistry to drugs developed for other uses that may be effective in controlling migraines.

Baylor is one of 60 sites around the country studying the phenomenon that when some people have a small hole in their heart called the patent foramen ovale repaired, their migraines go away.

In the meantime, Simons said, the message should be clear: "People who have migraines don't just have to suffer. We want them to know there is something they can do."



Clipart.com photo

Woman fights cancer and pain with a will

BY MICHAEL GRANBERRY
The Dallas Morning News (MCT)

DALLAS — In Fran Di Giacomo's bloodline, cancer is an all-too-familiar bedfellow. Coming from a gene on her mother's side, a gene she calls defective, it claimed her brother at 42 and her mother at 46. Her sister endured a near-fatal bout of breast cancer. And Fran?

"I'm not even supposed to be here," she said with a wry laugh.

For Di Giacomo, 61, cancer and the searing pain that comes with it exist in the form of a scorecard: 12 operations in seven years; 21 surgeries total; seven years on chemotherapy, using 12 different forms of chemo; 15 hospital stays dating to 1984, when she was diagnosed with breast cancer, which triggered a radical mastectomy.

In 1998, she endured Stage 3 ovarian cancer, which brought on nearly continuous chemotherapy, not to mention an onslaught of operations designed to "clean house" by removing tumors the size of sugar bowls that continue to invade her lean, graceful body like its own ugly insurgency.

"The result," she said, "is permanent nerve damage, inside and out. ... Wherever you have nerves, that's what hurts. Every pore in my skin burns like I'm boiling in oil. My lips and tongue and mouth exist in a kind of permanent numbness, like the kind you have when you've gone to the dentist and your mouth is just beginning to wake up."

One might be surprised to learn that Di Giacomo is a naturally funny person who has managed to turn such egregious suffering into her own laugh-out-loud humor. She's the author of "I'd Rather Do Chemo Than Clean Out the Garage: Choosing Laughter Over Tears" (Brown Books, \$16.95) and routinely speaks to audiences of 800 or more about a subject she knows as well as anyone alive:

Pain. She is an advocate for the American Pain Foundation and the Pain Care Forum. They seek passage of the National Pain Care Policy Act (HR 1020), whose mission is to



MCT photo

Cancer survivor Fran Di Giacomo, who has had more than 21 operations and has been on chemotherapy numerous times over the years, uses art to cope with pain.

"declare adequate pain care research, education and treatment as national public health priorities."

As proponents of the bill have noted:

- More than 50 million Americans are partially or totally disabled by pain.
- About four in 10 American adults experience pain each day, and nine in 10 experience pain each month.
- More than one-third of terminally ill patients die in pain.
- More than 75 million Americans suffer serious pain annually.
- The number of people suffering chronic pain is higher than, and includes, those with breast cancer, AIDS and nearly all other serious or terminal illnesses.

For Di Giacomo, the worst of the worst came two years ago, after enduring yet another cancer surgery. A complication caused a perforated bowel, after which the colon "came apart and spilled into the peritoneal cavity."

This one, she said, ranked No. 1 on the all-time hit parade, producing what she calls "brain-screaming pain" that dragged on without mercy for six gruesome days. As her husband, fellow cancer survivor Len Di Giacomo, notes, such an event usually results in death in two to three days.

"At that point," said Di Giacomo, "I knew what it was like to be a soldier on the battlefield and to have your guts ripped open ... and there's nothing anyone can do."

What she's had to learn the hard way is that you can't give up. Either you conceive coping methods that work for you, or ... you die.

For her, painting has become her blissful balm for the soul. "You can lay there and feel your pain and really dissolve. It's a death spiral. I'm not going to kid you," she said. "Or, you can get up and get motivated and make your brain focus on something else. Everyone has something they can use to put focus and purpose and joy and fulfillment in their lives, so they don't have to feel pain all the time."

Instead, "so many people get tired and depressed and just give up," she said. "But getting depressed and giving up is a passive form of suicide — they wish for it all to be over. When you get depressed, you lose your focus and your discipline. You can't have that happen."

Each morning, Di Giacomo

awakens in her Dallas home at 6. She begins by eating yogurt, "a particular kind that doesn't hurt my mouth." She takes anti-inflammatory to address a chronic thyroid condition. She returns to bed to begin deep-breathing exercises, believing that oxygen is her greatest ally in the fight against cancer and pain.

She massages her scalp and does yoga "to stimulate blood flow." At 9, she makes her way to the kitchen, where she takes more medication, downing it with a special kind of oxygenated water. She imbues the first of her three cups of "rocket fuel coffee," made by husband Len, whom she describes as "the ultimate caregiver."

She takes more anti-inflammatory after lunch and at 2, repairs to a studio, where her ritual of joy — painting — begins to take shape. She's an exquisite artist whose works include portraits of Dallas Cowboys great Emmitt Smith and the late Supreme Court Justice Warren Burger.

Her medication wears off around 5, when she and Len eat a quiet dinner at home or venture out to a restaurant, where she can sit only in a booth or on a cushioned seat. They also go early, in hopes that her request to have the music turned down or off might actually be listened to. Music — noise — is torture to her nerves.

What she and cancer engage in all day long, she said, is a high-stakes game of control. "Cancer and pain are forever negotiating over my body and what happens to it," she said.

In 1998, she was told that patients with her level of cancer can expect to live three to five years. She's at eight years and counting. "So I've beaten the odds in my family and in my disease," she said. "In other words, I live life on a month-to-month lease." And then she laughs.

So what does she fear?

"I'm not afraid to die," she said. "I just desperately don't want to. The truth is, I'm not even supposed to be here. And in a way, that's very liberating. I feel like you can't hurt me — I have cancer!"

WVUH Hosts family medicine conference

Submitted to The Dominion Post

The WVU Department of Family Medicine and the WVU Office of Continuing Education will host the 32nd annual Hal Wanger Family Medicine Conference Oct. 12-14 at the Robert C. Byrd Health Sciences Center. The comprehensive three-day workshop will present an array of lectures on a variety of topics of interest to the family physician and other healthcare providers.

Lecturers will update attendees on topics such as joint surgery, dizziness, lymphedema, cross-cultural medicine, prostate cancer, surgical robotics, pediatric asthma and anorectic disorders.

Workshops will be conducted on nasopharyngoscopy and radiographic interpretation of sports medicine injuries.

Presenters include 22 faculty from various departments within the WVU School of Medicine, representing behavioral medicine and psychiatry, family medicine, hematology/oncology, medicine, neurology, orthopaedics, otolaryngology, pediatrics and surgery.

Visiting professor of medicine, Dr. Emil J. Bardana Jr., from Oregon Health and Science University, will make a Medicine Grand Rounds presentation, "Occupational Asthma and Vocal Cord Dysfunction" as part of the program.

Schedules for each day of the conference are available at ce.wvu.edu. Registration begins at 8 a.m. Oct. 12.

The cost of the full conference is \$225 for physicians and \$175 for other healthcare professionals, if paid prior to Thursday. Those not wanting to participate in the full conference can attend select days for a lower cost. Course fees include conference materials, continental breakfasts and cafeteria passes.

Continuing education credit is available to physicians for a maximum of 17.5 credit hours and 21.1 contact hours for nurses. Info: Office of Continuing Education, 293-3937 or visit ce.wvu.edu.

Healthworks Pilates classes start Oct. 8

Submitted to The Dominion Post

HealthWorks has announced Pilates for Pink Mat Classes — a nationwide awareness campaign and fundraising initiative on behalf of The Breast Cancer Research Foundation.

During the month of October, HealthWorks is designating four Pilates Mat Classes as "Pilates for Pink" fundraising classes. These classes will be free to members, but HealthWorks requests a donation of \$10 or more to the Breast Cancer Research Foundation to take part in the classes.

Class dates and times:

- Oct. 7: 11:30 a.m.
- Oct. 16: 5:30 p.m.
- Oct. 21: 11:30 a.m.
- Oct. 30: 5:30 p.m.

Classes are open to all skill levels. Classes are one hour and will be in the aerobics room. Sign up or pledge with the fitness receptionist.

You may bring donations to the class, donate online at bcrfure.org (if online donation, please bring your receipt to class) or write a check or money order payable to The Breast Cancer Research Foundation.

Info: Heather Wiles at 599-2515.

WVU diabetes conference set for Oct. 18-20

Submitted to The Dominion Post

Health educators, clinicians and others working in the field of diabetes are invited to question and learn from national experts during WVU's award-winning diabetes symposium Oct. 18-20 at the Embassy Suites in Charleston.

This year's Bridging the Gap with Education: Diabetes Symposium and Workshop features 10 presenters who will help healthcare professionals learn the latest treatment advances, nutritional information and prevention techniques.

The diabetes experts — researchers and practitioners — will explore the challenges and opportunities of providing education and support to individuals with diabetes and their families.

Two speakers are well-known to both health professionals and the general public. Dr. David L. Katz and Dr. Tim Church are famous for their work in diabetes prevention and care.

Katz is an associate professor of public health and director of the Prevention Research Center at the Yale University School of Medicine. He has become familiar to the public for his columns in *O, The Oprah Magazine* and *The New York Times*.

Church is the medical director and vice president for medical/laboratory research of The Cooper Institute in Dallas, Texas. Church is frequently used as an expert in obesity and exercise. He has been interviewed by NBC's "Today Show," *USA Today*, *TIME* magazine, Reuters, *The Washington Post* and CNN.

A nationally recognized event, the Diabetes Symposium and Workshop is sponsored by the WVU Extension Service, WVU Robert C. Byrd Health Sciences Center and the West Virginia Diabetes Prevention and Control Program.

The program can provide continuing education hours for physicians, physician assistants, nurses, dentists, dietitians, dietary managers, social workers, community health education specialists and American Association of Family and Consumer Sciences members.

For registration details and other program information, visit the symposium's Web site, ext.wvu.edu/dsw2006, or contact Guen Brown, WVU Extension Service nutrition and health specialist, 293-2796 Ext. 3424.

Answers to puzzles from the Amusement page

STICKELERS
by Terry Stickels

1	9	4	5	2	8	3	7	6
5	7	3	4	9	6	2	8	1
6	2	8	3	1	7	4	9	5
7	4	5	9	8	2	6	1	3
2	8	6	7	3	1	9	5	4
3	1	9	6	4	5	8	2	7
9	3	1	2	7	4	5	6	8
8	6	2	1	5	3	7	4	9
4	5	7	8	6	9	1	3	2

Difficulty Level ★★

The hidden word is
CONCESSIONARY

Community Health & Wellness Events

Upcoming Events

Spiritual Direction

Who is spiritual direction for? It is for anyone that wishes to find encouragement and affirmation, share struggles, losses or disappointments, and integrate spirituality into their everyday life. Wednesday, Oct. 11, Appointment only. Call 598-1952 for more information.

LifeStride

LifeStride is a free, supervised walking program which emphasizes cardiovascular conditioning. LifeStride is jointly sponsored by Mon General and the Mountaineer Mall. Tuesday, Oct. 10 7-9 a.m., Mountaineer Mall, Center Court. Call 598-1498 for more information.

The Survivors Group

Morgantown Hospice invites you to join others in the community who have lost a loved one. Tuesday, Oct. 10, 7 p.m. The Village at Heritage Point. Call 285-2777 for more information.

Diabetes Education

Mon General offers diabetes education classes for people who do not use insulin to control their diabetes. New classes beginning: Thurs., Oct. 26, 9 a.m. Tues. Oct. 10, 5:30 p.m. Hazel Ruby McQuain Conference Center at Mon General. Call 598-1395 for more information or to register.

Fall Art Festival

Do your holiday shopping early! The Auxiliary of Mon General is hosting a fall art festival. Area artisans will have on display many items including hand made jewelry. Children's activities and raffles will be held throughout the day. Saturday, Oct. 21, 9 a.m.-6 p.m. Mountaineer Mall.

Fabulous Hubcaps

The Fabulous Hubcaps Show Band will once again provide a magical evening of entertainment. Proceeds benefit the Foundation of Mon General Hospital Community Scholarship Fund. Friday, Nov. 3, 8 p.m. \$22 per person, Morgantown National Guard Armory. Bring your own food and beverages. Call 598-1337 for tickets or for more information.

Perinatal Education

You may enroll in Perinatal Education classes even if you will not be delivering at Mon General. All Perinatal Education classes are held in the Hazel Ruby McQuain Conference Center at Mon General unless otherwise noted. For more information on these classes, or to register, please call the Perinatal Education Department at 598-1484.

Labor & Birth Classes

These classes focus on body changes in late pregnancy, signs of labor, coping skills for labor, medications, cesarean birth, and post delivery recovery.

Six Tuesday nights:

Oct. 17 - Nov. 21
7-9 p.m.
Course fee is \$60.

Weekends:

Two Day Intensive Course
Oct. 14, 9 a.m.- 4 p.m.
Oct. 15, 1-4 p.m.
Course fee is \$60.

Breast Feeding Information & Support

Breast feeding basics for expectant mothers and their families. Wednesday, Oct. 11 7-9 p.m. Course fee is \$10/family.

Sibling Class

This one hour class, designed for the entire family, includes a tour of The Hazel Ruby McQuain Birth Center, a video presentation, treats, and a "Big Kid" certificate. This is to help siblings feel special and decrease their fears about a new baby. Monday, Oct. 23 7-8 p.m. Course fee is \$10/Family.

Baby Basics

Designed to introduce parents to the world of newborns. Wednesday, Oct. 18 7-9 p.m. Course fee is \$10/Family.

Infant CPR

American Heart Association Family and Friends course for performing CPR on infants to age one. Monday, Oct. 9 or Monday, Oct. 30 7-8:30 p.m. Course fee is \$15/person, \$25/couple.



Think Pink!

October is National Breast Cancer Awareness Month

Show your true colors in October, National Breast Cancer Awareness Month. Call 599-7358 or 285-2730 throughout the month of October to request your free "In-the-Pink" breast cancer awareness pack, which includes a pink enamel ribbon pin, self-breast exam shower card, monthly planner, post-it notes, ink pen, magnetic car ribbon, awareness bracelet, and more.

Wear the pin as a reminder of the progress being made in the battle against breast cancer. Wear it year round as a personal reminder to conduct your own monthly self-breast exam and to call your physician to schedule your annual mammogram.

Mon General Hospital and affiliated physicians will be offering a series of educational programs during October. Programs include:

Breast Cancer & The American Cancer Society

Mary Lowe
Tuesday, Oct. 3,
Noon-12:30 p.m. and 12:30-1 p.m.

HRT & Breast Cancer Drugs

Roger King, M.D.,
Thursday, Oct. 12
Noon

Stereotactic Biopsy

Mon General Mammography Department
Friday, Oct. 20
12:30-3:30 p.m.
Mammography Department at Mon General

National Mammography Day

Friday, Oct. 20
Visit Mon General's Mammography Department between 12:30 and 3:30 p.m. for instruction on self-breast examination.

Breast Cancer & Surgical Options

C. Andrew Heiskell, M.D.
Wednesday, Oct. 25
Noon-12:30 p.m. and 12:30-1 p.m.

Breast Biopsy Options

William Burns, M.D.
Monday, Oct. 30
Noon-12:30 p.m. and 12:30-1 p.m.

All programs will be held in the Hazel Ruby McQuain Conference Center at Mon General Hospital.

Health Notes

Women's Breast Health

An estimated 211,240 new invasive cases of breast cancer are expected to occur among women in the United States during 2006. Simply being a woman and getting older puts you at risk for breast cancer.

The good news is that breast cancer can often be detected early in its most treatable stages. There are three methods of early detection: **mammography, clinical breast exam, and breast self-exam.**

A **mammogram** is a breast x-ray that can reveal breast tumors that are too small to be detected by breast self-exam or a clinical exam. It is recommended that women over the age of 40, and those with a strong family history of breast or ovarian cancer, have mammograms once a year.

During a **clinical breast exam**, a health care professional examines breasts for lumps or any other unusual changes. A clinical breast exam is also recommended every year after age 40.

The **breast self-exam** is a simple way for women to notice changes in their breasts. Self-exams help a woman understand her own body and what is normal for her. It is also useful for finding lumps, cysts, or other noncancerous problems.

These methods of early detection can help save lives by finding breast cancer as early as possible. When detected early enough, breast cancer can be removed without resorting to breast removal.



Help support the West Virginia Breast & Cervical Cancer Screening Program by purchasing a ribbon for the Trees of Awareness during National Breast Cancer Awareness Month in October. Your gift will help provide free mammograms to women who qualify.

Ribbons may be purchased at the Mon General Information Desk, Mammography Department, Wedgewood Imaging, and from participating physician offices.

\$1 pink ribbon

\$2 silver ribbon

\$5 gold ribbon



Mon General

Caring. Progressive. The healthy combination.

News For:

- Homeowners
- Buyers & Sellers
- Gardening
- Home Improvement

HOME and Real Estate



SUNDAY, OCT. 1, 2006 1-F

Visit Us On The Web At:
www.dominionpost.com



DEBRA POWELL

California buyers are priced out

THIS COLUMN is being used with permission of the National Association of Realtors.

SALES MIGHT BE OFF, but continued price appreciation means that only 23 percent of potential first-time buyers in California can afford to purchase a home, compared with 30 percent for the same period a year ago, according to a newly developed index released by the California Association of Realtors.

A statewide median price of \$567,650 leaves more than 75 percent of potential first-time buyers out of the market. Since first-time buyers typically purchase a home equal to 85 percent of the prevailing median price, first-time home buyers in California would need an income of \$98,720 (assuming a 10 percent down payment) to make such a purchase.

Breaking bottlenecks

"Supply is so constrained that housing in California is unbelievably unaffordable," observes Alex Creel, CAR's government affairs director. "There's been a bottleneck at the local government level in the approval process (for new housing) and our intent with the legislation of the last five years has been to break up that bottleneck," he says, referring to the association's efforts to increase the supply of housing.

Awaiting Gov. Arnold Schwarzenegger's signature is a land-use housing bill, the Housing Accountability Act, giving developers additional incentives to create affordable housing by amending the current Permit Streamlining Act, which expedites the local approval process from 180 days to just 90 days if the entire subdivision is for low-income households. Under amended law, developer applicants can obtain an expedited review if the subdivision has 49 percent of the units for low-and moderate-income households.

Long-term plans

The pending bill also requires each county and city to adopt a comprehensive, long-term development plan that would ensure they can create enough housing to accommodate their share of projected growth. To ensure the plans are implemented, local governments will be required to report their progress to the state annually.

The bill allows judicial relief for those who challenge local governments on non-compliance. "Developers should be able to rely on the standards through the local government review process and not have the rules arbitrarily changed during the process," observes CAR President Vince Malta.

DEBRA POWELL is president of the Morgantown Board of Realtors. She can be reached at 291-2121 or Debpowell@aol.com. This article is not necessarily Powell's opinion.

Convention opens doors for Realtors

More than 300 agents attend annual event

BY STACEY SMITH
For The Dominion Post

More than 300 Realtors from around West Virginia gathered at the Waterfront Place Hotel in Morgantown last week to participate in seminars and network with other Realtors.

This gathering marked the 88th annual West Virginia Association of Realtors convention.

The convention was sponsored by the Morgantown Board of Realtors and began with a grand opening ceremony speech by Mayor Ron Justice. Following the mayor's welcome, the Realtors were able to enjoy the music of the University High School Jazz ensemble and watch performances by magician John Slicer.

Glenna Swiger, broker at Century 21 At Your Service, state director of the WVAR and convention chair, said the ceremony on Sept. 24 served as an ice breaker for the convention and gave Realtors a chance to network.

"The main reason the event is held is to change officers of the WVAR and assign new directors," said Swiger, adding that Realtors were able to continue their education through seminars and network with other statewide Realtors throughout the three days.

The 2007 officers are: Dea Kennen, president; Jennifer Bunch, president-elect; Kathy Martin, vice president; Susan Lawrence, secretary; and Cheryl Skiles, treasurer. The outgoing president for 2006 is Wilma Jones.

On Sept. 25, the guest speaker was Tom Hopkins, who is known as the nation's No. 1 "how-to" sales builder. Hopkins said more than 3 million salespeople have attended his seminars and he has set a Realtor record of closing one sale per day for 365 days.

At 8 a.m., the crowd of Realtors poured into the grand ballroom of the hotel to listen to Hopkins begin his seminar, "Building Real Estate Champions." The seminar served as part of the Realtors' continuing education hours required by West Virginia.

"You have to love real estate, you have to love what you do," Hopkins said to the audience before getting them to their feet to repeat after him, "I'm alive, I'm awake and I feel great." Hopkins told the Realtors to keep this saying in mind every morning when they wake up.

The real estate guru said he failed his real estate test three times before passing and that he teaches because



Ron Rittenhouse/The Dominion Post photos

Tom Hopkins, guest speaker for the West Virginia Association of Realtors convention, talks to West Virginia Realtors about motivating buyers.



Leslie Snyder, with Centra Bank, talks with Shannon Starkey at the bank's booth during the convention.



Sean Raley, with The BrickKicker, a home inspection service, shows Ed James some of the services they offer.

he has failed in the past. Throughout the day, Hopkins lectured on the art form of closing a sale and how to be successful in the real estate business.

Morgantown Board of Realtors President Debra Powell said she enjoyed the seminar because Hopkins made it fun.

"He gave us a lot of instructions, phrases and information that would

motivate," Powell said.

Powell, who served as the chair of the registration committee for the convention, said she thought the event turned out well, thanks to the hard work of those involved and the Waterfront Place Hotel.

"We tried very hard to make everything a first-class experience," Powell said.

Monday evening allowed the Realtors to relax with a casino-themed party where they could gamble with paper money. Subway Show Band, a local cover group, played music from the '50s and '60s.

Tuesday's events included more education with a look at real estate trends with John Tuccillo. Tuccillo is a real estate economist who has

written the best seller, "The Eight New Rules of Real Estate," and according to his Web site, he has worked with companies such as Microsoft and Prudential Real Estate Associates.

The convention ended Sept. 26 after a banquet with Gov. Joe Manchin. The banquet served to induct new directors and officers into the WVAR.

New Listings on the market *More listings on Page 4!*

PRICE	AREA	BROKER	MLS#	PRICE	AREA	BROKER	MLS#
\$212,000	Morgantown	Horizon Realty	10051278	\$89,000	Ft. Martin Road	Pat Stewart	10051231
\$149,900	Aurora	Horizon Realty	10051270	\$69,000	Ft. Martin Road	Pat Stewart	10051229
\$188,000	Preston Meadows	Old Colony	10051226	\$295,000	Buffalo Street	Pat Stewart	10051312
\$185,000	Preston Meadows	Old Colony	10051233	\$215,000	Donna Avenue	Howard Hanna	10051256
\$198,000	Preston Meadows	Old Colony	10051246	\$189,900	Halleck Road	Howard Hanna	10051261
\$199,000	Ashton Estates	Old Colony	10051250	\$125,000	Rt. 6, Bunnors Ridge	Howard Hanna	10051257
\$193,000	Preston Meadows	Old Colony	10051258	\$459,000	Laurel Ridge	Howard Hanna	10051224
\$249,500	Suncrest	Old Colony	10051291	\$1,500	Riverview Drive	Howard Hanna	10051211
\$135,000	Ohio Avenue	Pat Stewart	10051209	\$149,900	Rt. 1, Independence	Howard Hanna	10051215
\$159,000	Ridgeway Avenue	Pat Stewart	10051159				

Vicky Whetsell
Branch Manager
Bruceton Mills Office
(304) 379-2265

Quick, Local Mortgage Decisions.

Lending Experience You Can Trust
www.clearmountainbank.com

We've been helping the people of our communities buy, build or refinance their homes for more than 100 years. Talk with Vicky or Eric about a mortgage loan or a home equity product. Or visit us online. We're ready to put our lending power and experience to work for you.

Eric Goff
Branch Manager
Reedsville Office
(304) 864-2265

What roofs are most durable, good for the environment?

DEAR JIM: My asphalt shingle roof leaks again. I want to install a longer-lasting roof this time even if it costs more. Other than metal, what types of roofs are available and which are best for the environment?

— Scott D.

Dear Scott: There are many nonmetal roofing options which have a longer life than typical shingles and are made from recycled and natural materials. Although old asphalt shingles can be used in other products, many of the 11 million tons removed from roofs each year still find their way to landfills.

When selecting the proper type of replacement roofing for your home, the weight of the roofing material is a factor. Most roofs designed to support standard asphalt shingles will not handle the weight of some of the most durable roofing materials such as tile and slate. These can weigh



JAMES T. DULLEY

five to 10 times as much as thick, high-quality asphalt shingles.

To install these types of roofs, the supporting structure, rafters or trusses will have to be strengthened. This is not impossible to do, but it can be a significant expensive in addition to the higher cost of the roofing materials themselves. On the positive side, you will only have this expense once because these roofs should last a lifetime.

Since you seem to be concerned about the environment, consider using roofing materials made primarily from recycled plastics. These can be formed to simulate slate, tile or cedar shakes. They

are in the same weight per square (one square is 100 sq. ft. of roof area) range as good quality asphalt shingles so no additional roofing support will be needed.

Unless you actually climb up on the roof and touch this plastic roofing, it is difficult to distinguish from real slate, tile or shakes. The plastic material can be nailed or sawed similarly to wood and is available in random widths for an authentic appearance when installed. These materials often carry a transferable 50-year warranty.

Fiber-cement roofing materials are another very durable option. Lightweight fiber-cement materials will not require additional roof support. These can be molded to simulate many other roofing styles. The pigments go throughout the fiber-cement material so they maintain their attractive appearance. The contoured tiles have a glossy top-coat for an authentic tile look. Cedar shakes are another

attractive roofing option which does not require additional roof support. Good-quality cedar shakes can have warranties up to 50 years. Pressure-treated pine shakes have a similar appearance to cedar and they can be treated with a fire-resistance chemicals. One of the most unique wood roofs uses bent cedar shingles. These are made from Western red cedar and are steamed and bent to create curves.

The following companies offer alternative roofing materials: Anglo-American Cedar, (800) 826-7185, angloamerican.com; C&H Roofing, (800) 327-8115, chroofing.com; EcoStar, (800) 211-7170, premiumroofs.com; Ludowici, (800) 917-8998, ludowici.com; Monierlife Tile, (800) 571-8453, monierlifetile.com; and Re-New Wood, (800) 420-7576, ecoshake.com.

JAMES DULLEY is a mechanical engineer and a nationally syndicated newspaper columnist.



submitted photo

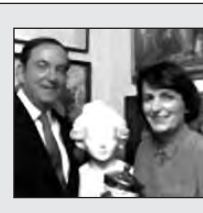
Simulated green tiles are made from recycled plastics and have a 50-year warranty.

In 1900s, puppets were made to look like story book characters, celebrities politicians

FOR MORE information about antiques and collectibles and free price information, visit our Web site, www.kovels.com

PUPPETS EXISTED IN THE 1300s, but the only record of them is from some illustrations and stories. By the 16th century, there were puppet shows similar to the later "Punch and Judy" shows. It was in the 18th century that puppets became well-known. Some were made as caricatures of famous people and performed in shows with political messages. Paper and cardboard were used to make the puppets.

In the 19th century, puppet shows became very popular, especially the slapstick "Punch and Judy" shows. Glove puppets—simple gloves with heads—were sometimes used. By the 1900s, puppets were made that represented the characters from old stories like "Hansel and Gretel," as well as modern puppets made to look like the Three Stooges, the Howdy Doody gang or even presidents. One unusual pair of puppets were made to look like President John F. Kennedy and Premier Nikita Khrushchev. They probably date to 1962, when the American and Soviet leaders were exchanging notes about the Cuban Missile Crisis. These certainly are meant as toys for adults, not children.



RALPH & TERRY KOVEL

Don't confuse marionettes and puppets. A puppet has a cloth body and a hollow head and is made to fit over a hand that moves it. A marionette is a type of puppet, but it is manipulated by strings.

Q: I can't seem to find out anything about the Northern Furniture Co. of Sheboygan, Wis. I have a chest of drawers that's marked with that name, the number 6826 and the year 1952.

A: Northern Furniture Co. manufactured upscale tables, bookcases, desks and other case furniture in Sheboygan from 1904 into the 1950s. The company's history dates back to 1881, when George B. Mattoon founded his Mattoon Manufacturing Co. in Sheboygan. The company's name was changed to Northern Furniture when Mattoon died, and it was purchased by an established Sheboygan family named Reiss in 1916. The company's name became R-Way Furniture (the "R" standing for



submitted photo

These hand puppets with vinyl heads and cloth bodies represent President Kennedy and Premier Khrushchev. They sold last month for \$312 at a Hake's auction in Timonium, Md.

Reiss) at some point, but the Northern Furniture brand name continued to be used for decades.

Q: I am hoping you can tell me something about a porcelain din-

nerware set I bought in Oklahoma in the 1970s. The mark on the bottom reads "Coxon, Belleek" and, below that, "Boulevard."

A: Your dinnerware was made by Coxon Pottery of Wooster, Ohio,

which was in business from about 1926 to 1930. Boulevard is the name of the pattern. Coxon Pottery was owned by brothers Fred and Edward Coxon and Edward's son, Edward Jr. Coxon Belleek is a thin, high-fired porcelain with a rich ivory tone. (In 1929 Belleek Pottery of Ireland won the legal right to use Belleek as a trademark; other firms can no longer use the capitalized word as part of their marks or advertising.) Replacement china services sell a single dinner plate in your pattern for about \$45.

Tip: Wax on your antique metal candlesticks? Put the candlesticks in the freezer. After a few hours, the wax will easily flake off. If there is a large lump in the cup, run hot water on the sticks until it melts. Do not let water get into the hollow base.

Current prices

Current prices are recorded from antiques shows, flea markets, sales and auctions throughout the United States. Prices vary in different locations because of local economic conditions. **JIGGS "BRINGING UP FATHER" SHEET MUSIC AND STORY-BOOK**, Jiggs on cover, 1920s, 16 pages, 9 x 12 inches, \$115. **IDEAL BABY SNOOKS DOLL**, composition head, molded hair, painted blue eyes, closed

mouth, Flexy body, blue printed slacks and dress, c. 1940, 13 inches, \$135.

"WIZARD OF OZ" SWIFT PEANUT BUTTER GLASS SET, copyright 1950, Dorothy, Toto, Scarecrow, Tin Woodsman, Lion, Wizard, Glinda, Winkies, 11 oz., set of 12, \$275.

BRENDA STARR CUB REPORTER CAMERA, plastic, metal ring around lens with illustration of Brenda, 1950s, Seymour Products Co., Chicago, 5 x 2 1/2 inches, \$375.

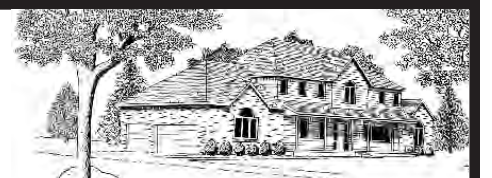
WILLIAM & MARY GATELEG TABLE, maple and poplar, oval, turned ring and baluster legs, c. 1785, 27 x 15 x 43 inches, \$2,500.

BILLIARD BALL SET, ivory, 1870s, numbered, 2 1/4 inches, \$4,510.

THE KOVELS answer as many questions as possible through the column. By sending a letter with a question, you give full permission for its use in the column or any other Kovel forum. Names and addresses will not be published. We cannot guarantee the return of any photograph, but if a stamped envelope is included, we will try. The volume of mail makes personal answers or appraisals impossible. Write to Kovels, *The Dominion Post*, King Features Syndicate, 888 Seventh Ave., New York, NY 10019.

North-Central West Virginia

HOME MORTGAGE LOANS



INSTITUTION	30 YR FIXED rate+points (APR)	15 YR FIXED rate+points (APR)	FHA/VA 30 YR rate+points (APR)	5/1YR Convent. ARM rate+points (APR)	30 YR JUMBO rate+points (APR)	15 YR JUMBO rate+points (APR)	ADDITIONAL PROGRAMS
BB&T 285-2378	6.125+0 (6.259)	5.75+0 (6.014)	6.375+0 (6.576)	6.125+0 (6.814)	6.25+0 (6.351)	5.875+0 (6.038)	Free Pre-approvals • 100% Financing Fixed Rate Construction Loans • No PMI Loans Lisa Zeller 285-2421 Mary Lew Boyce 285-3003 • Jamie Ashby 292-0137
Centra Bank 598-2000	5.875+0 (6.004)	5.625+0 (5.840)	6.125+0 (6.256)	5.875+0 (6.989)	6.125+0 (6.227)	5.75+0 (5.918)	Morgantown's #1 Lender Cheat Lake: 284-8630 • Sabraton: 284-8000 Suncrest: 598-2000 • Waterfront: 292-2000
Clear Mountain Bank Janet: 304-292-4928 Rhonda: 304-291-2265	5.875+0 (5.967)	5.625+0 (5.779)	N/A	5.625+0 (5.779)	6.125+0 (6.262)	5.875+0 (6.080)	FREE PRE-QUALIFICATION Email: jsaul@clearmountainbank.com
Countrywide Home Loans 598-0441	6.00+0 (6.26)	5.625+0 (6.054)	6.125+0 (6.261)	5.50+0 (6.973)	6.125+0 (6.235)	5.875+0 (5.984)	America's #1 Residential Lender Cynthia Sparks 304-216-0664 Bobbi Sisler 301-616-8680 Guin Babines 304-329-2332
Fairmont Federal Credit Union 296-1580	6.0+0 (6.094)	5.625+0 (5.781)	6.0+0 (6.094)	6.5+0 (7.383)	6.125+0 (6.16)	5.75+0 (5.808)	Morgantown's Mortgage Specialist Melanie Thompson (304) 612-3328 Michael Constantine (304) 844-6417
Fifth Third Bank Michael Hart: 276-4592	6.00+0 (6.34)	5.75+0 (6.09)	6.125+0 (6.72)	5.75+0 (6.09)	6.25+0 (6.59)	6.00+0 (6.34)	Call Michael Hart at 276-4592 or 598-5071 (Always available for you) *Zero down lot loans and construction loans, best loan products in town*
First Exchange Bank 225-6200 • 226-2600	6.00+0 (6.104)	5.625+0 (5.797)	N/A	6.75+0 (7.305)	6.25+0 (6.274)	5.875+0 (5.914)	Call our Mortgage Loan Experts! High St., Downtown: Lisa Novak 225-6200 University Ave., Suncrest: Charlotte Rose 225-2600 Headquarters: Bobbie Six 986-1700
Huntington Mortgage Group 291-7719	6.000+0 (6.177)	5.750+0 (6.042)	6.125+0 (6.445)	5.875+0 (6.660)	6.250+0 (6.294)	5.875+0 (5.947)	Stew McCaw 291-7180 Kim Barnum 291-7193 Sandy Kokoska 291-7734
Wells Fargo Home Mortgage 599-2982	6.125+0 (6.321)	5.750+0 (5.861)	6.125+0 (6.289)	6.000+0 (6.241)	6.250+0 (6.319)	5.875+0 (5.918)	Please call Toni Tampoya or Mark Sanders for pre-approval
WesBanco Bank Inc. 284-1653 • 284-1652	6.00+0 (6.128)	5.75+0 (5.963)	6.25+0 (6.594)	6.875+0 (7.538)	6.125+0 (6.610)	5.75+0 (5.842)	Chris Piper: 284-1653 Tracy Meredith: 284-1652 Caroline Shay 284-1649



TO FEATURE YOUR BUSINESS ON THIS MORTGAGE DIRECTORY CALL DONNA DAVIS AT 304-291-9416, FAX: 291-9464, OR EMAIL: ddavis@dominionpost.com

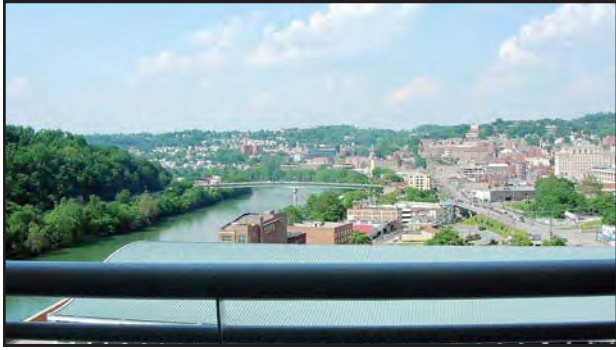
Origination fees are usually one additional point, but can vary. Rates quoted are for loans of \$100,000. 60-day locks. Points quoted are discounts fees only. This is not an advertisement for credit as defined by paragraph 226.24 of regulation. Maximum loan amount for conforming loan is \$417,000. Jumbo is a loan in excess of \$417,000. NA-not applicable NQ - No quote by publication deadline. The North Central West Virginia Home Mortgage Loans Directory is a weekly feature in the Sunday Home and Real Estate section of *The Dominion Post*. Rates points and programs change daily and cannot be guaranteed.



KLM Properties, Inc.

304-296-1533 or 800-834-1156

Residential, Commercial, Appraisal & Property Management



2 Waterfront Place \$775,000
 Located on the 15th floor of the Waterfront Hotel in the center of the Wharf District is this exquisite condominium overlooking the river. A timeless interpretation of beauty and simplicity are evident throughout the interior of this luxurious space. Custom kitchen features granite countertops, Meile and Subzero appliances and Poggenpohl cabinetry.

1-3pm Open House TODAY

424 December Lane \$179,000
 Breathtaking views will be yours in this quality built 3 bedroom, 2.5 bath home. Vaulted ceilings, hardwood flooring and beautiful oak kitchen cabinetry.
DIRECTIONS: Pounds Hollow Road to Gobblers Run Road, follow to the top, turn left onto December, house is on the right.

Lisa Simons
 Sales Associate
 email: simonslisa@hotmail.com
 Call me for more information on this wonderful home!



567 Rollingwood Street \$420,000
 Open and spacious best describes this 4 bedroom 3 bath home with finished lower level. You'll enjoy the backyard covered patio through out the season!



1035 Ashton Drive \$379,000
 Spacious 4 bedroom home with open floor plan, master suite, finished walk out basement and 2 car garage.



42 Mescal Lane West \$340,000
 The wonderful views that you have from this home, now under construction, are simply breathtaking. Four bedrooms, 3.5 bathrooms, stainless steel appliances and hardwood are only a few of the features you'll discover in this home.



305 Grand Street \$295,000
 Own this South Park dream! This stately, 3550 square foot residence features 6 bedrooms, 2.5 bathrooms, gorgeous stained glass window, multiple fireplaces and all the charming appointments you would expect.



103 Holly Lane \$270,000
 Located in Bakers Ridge Manor is this immaculate 3 bedroom, 3 bathroom in a private setting. Interior features eat in kitchen, formal dining room and office. Lot has enough room for expansion and plenty of parking for your recreational vehicles.



Rt 1 Martins Run Road \$259,900
 Enjoy peace and privacy on this 13 acre property, located just minutes from Morgantown. Immaculate home with versatile floorplan gives several living options. Wonderful deck to enjoy the wildlife and serenity.



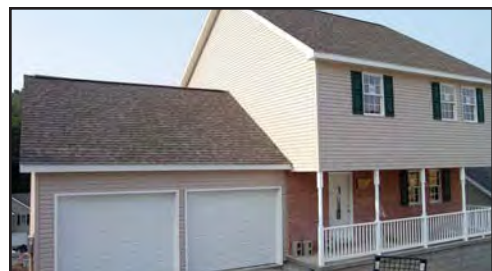
201 Medley Ridge Drive \$246,900
 Now under construction at Holly Ridge! Situated on a one acre lot this 3 bedroom will feature a full basement, two car garage, breezeway and front porch to enjoy the incredible panoramic views! Purchase now and choose the finishing touches.



1237 Lyons Avenue \$237,500
 Great Suncrest location within walking distance to school! This 3 bedroom has an addition that was done in 1993. Charming interior is a must to see and fenced backyard is a plus!



207 Medley Ridge Drive \$224,000
 Make your appointment to see this cozy cape cod now under construction. Situated on a one acre lot this three bedroom, 2 bath features a master loft area and a bonus room above the garage.



307 Anini Drive \$219,500
 Styled to please! This brand new two story has all the little things that mean a lot! Charming front porch, kitchen with pantry, 3 bedrooms, 2.5 bathrooms, jacuzzi and second floor computer nook. Unfinished walk-out basement and storage under the garage are also a plus!



6 Devin Lane \$214,000
 The multiple decks are the perfect spot to enjoy the mountain views from this lovely 3 bedroom home in Goshen Woods. Immaculate interior features a large kitchen and inviting living room with a fireplace. Covered breezeway, unfinished bonus room and private 1.88 lot are only a few benefits of this "move-in" ready home.



1015 Wayne Avenue \$212,500
 Move into this lovely new home. Neutral décor throughout is just awaiting your personal splash of color. Double-sided gas log fireplace in dining room creates a cozy atmosphere. Back decks are perfect for entertaining.



Golden Leaf Way \$204,900
 This new construction 3-bedroom townhome features a spacious interior with plenty of storage space, bonus room and 3/4 bath off of garage provides endless possibilities!



Maple Creek \$185,000
 A new planned community in Cheat Lake. 3 bedroom units feature upscale interiors with hardwood flooring, ceramic tile and crown molding. Seller offering \$1,000 toward closing costs with acceptable offer.



15 Monument Lane \$184,900
 Brand new construction in Cheat Crossing features a bedroom and full bath on the main floor and 2 additional bedrooms on the second floor. Unbelievable unfinished basement.



Golden Leaf Way \$179,900
 This new construction 2 bedroom townhome features a spacious interior with plenty of storage space, bonus room and 3/4 bath off of garage provides endless possibilities!



218 Hampton Road \$179,000
 Cabin On The Hill...private location, situated on 2.54 acres but close to downtown Fairmont. Open floor plan, 3 bedrooms, 2 full baths, fireplace and numerous windows to enjoy the scenic views.



200 Cedarstone Drive \$175,000
 Very nice 3 bedroom townhome within a convenient location close to campus, hospitals and stadium. Small flat rear yard with patio is great for enjoying the fall weather!



309 8th Street \$160,000
 This 3 bedroom, 1 bath rental unit includes two city lots. In a fantastic location, close to WVU campus!



409 Lewis Street \$159,900
 A great location at an affordable price! 2 bedrooms, 1.5 bath and one car garage...ready for occupancy by the end of September!



1015 Grafton Road \$139,900
 Located just 1/2 mile from I-79/68 is this 3 bedroom, all brick home on 1.20 acres. Magnificent mountain views, new heat and A/C, freshly painted interior and refinished hardwood floors. This home has great potential.



2 Hidden Acres \$142,000
 You'll enjoy the peaceful surroundings of this 3 bedroom situated on 4.3 acres of privacy. Living room features a stone fireplace and has a wall of windows overlooking the scenic setting and large country kitchen has abundant storage and breakfast area.



739 Willey Street \$135,000
 Great investment opportunity! Both units are leased until May 2007. Two units with 2 bedrooms each. Within walking distance of downtown campus & PRT.

Corwin Place
 IN THE MIDDLE OF IT ALL...

Corwin Place Lots priced at \$35,000
 Offering lots with spectacular views, underground utilities and conveniently located close to the interstate, shopping, dining and schools.



Back Row l-r: Shelly Martin, Beth Proctor, Lori Callen, Lisa Simons, Kathy L. Martin - BROKER, Micalyn Newbrough, Kris Kullman, Missy Hartsell, Andrea Heiskell and Randy Neal Middle Row l-r: Shawn Summers, Beverly Peddicord, Anne Turner, De Shafter, Traci Abernethy, Lisa Ware, Moriah Weaver, Paulette Metheny and Mike Burrell Front Row l-r: Lynda Pelligrin, Darby Lane, Tracey Hartley, Beth Alexander, Linda Kosten, Ann Oxley, Karen Gutta and Beth Burns Not Pictured: Phil Shuman, Anuja Dedhia, Larry Fuller and Marlene Corwin

Woodhaven & Woodglen From \$39,500
 beautiful one acre wooded lot. Underground utilities include water, electric, telephone and cable. Septic and propane required.

1533 Mileground Road, Morgantown, WV 26505
 Licensed in WV and PA Kathy L. Martin, Broker/Owner
www.klmproperties.com

THE DOMINION POST CLASSIFIEDS

Trade
Sell
Buy

Indexes

HOME and REAL ESTATE	
Apartments, Furnished.....	46
Apartments, Unfurnished.....	47
Cemetery Lots.....	57
Commercial Property.....	42
Farms for Sale.....	51
Garages & Storage.....	40
Houses for Sale.....	40
Houses, Furnished.....	48
Houses, Unfurnished.....	49
Lots & Acreage.....	55
Mobile Homes/Rent.....	53
Mobile Homes/Sale.....	54
Mobile Home/Spaces.....	52
Office Space.....	41
Real Estate Wanted.....	56
Roommates.....	45
Sleeping Rooms.....	44
Vacations & Resorts.....	43
AUCTIONS/EMPLOYMENT and OPPORTUNITIES	
Announcements.....	01
Auctions.....	75
Business Opportunities.....	14
Card of Thanks.....	03
Events & Entertainment.....	02
Happy Ads.....	50
Health Care & ATVs.....	09
Help Wanted.....	10
In Memory.....	04
Instruction.....	13
Lost & Found.....	06
AUTOMOTIVE and MISCELLANEOUS	
Antiques & Collectibles.....	23
Appliances for Sale.....	24
Automobiles.....	60
Boats & Equipment.....	64
Building Materials.....	25
Campers & RV's.....	62
Equipment & Machines.....	34
Farm Equipment.....	35
Fuel, Coal & Wood.....	29
Garage Sales.....	20
Lawn & Garden.....	28
Livestock & Poultry.....	30
Miscellaneous for Sale.....	22
Miscellaneous Wanted to Buy.....	36
Motorcycles & ATVs.....	63
Musical Instruments.....	32
Pets & Animals.....	31
Sporting Goods.....	33
Trucks, Vans, SUVs.....	61

By Phone
304-291-9420

Long Distance (Toll Free)
800-654-4676

By Fax
304-291-9464

By email
class@dominionpost.com

24 Hours-A-Day.
Don't forget your name, address and a phone number where we can reach you.

In Person or Mail
1251 Earl L. Core Rd
Morgantown, WV 26505



All in-column ads are included on our Classified Internet Website
www.dominionpost.com

Rates & Policies

(Rates are per line per day)
1 day.....\$1.80 per line 5 days.....\$1.53 per line
2 days.....\$1.80 per line 6 days.....\$1.53 per line
3 days.....\$1.66 per line 7 days.....\$1.35 per line
4 days.....\$1.66 per line
Sunday/Skip Rate.....\$2.25 per line
Add 75¢ per line for Wednesday advertisements for Post Extra
Advertisements placed under special packages may be cancelled early. However, the flat charge remains the same. Three, six and twelve month contracts are available for qualified commercial businesses.

All ads must be prepaid

We accept

Deadlines & Hours

In-Column Deadlines
4:00 p.m. For next-day publication (Tuesday, Wednesday, Thursday & Friday)
3:30 p.m. Friday for Saturday, Sunday & Monday
REAL ESTATE DEADLINE 4:00 PM THURSDAY FOR FRIDAY, SATURDAY AND SUNDAY (no exceptions)
Display Deadlines
4:00 p.m. two days before publication
4:00 p.m. Wednesday for Saturday & Sunday
4:00 p.m. Tuesday for Sunday Real Estate
Office Hours
Call Monday - Friday 8:30 a.m. - 5:00 p.m.

ALL SUPERSAVER ADS ARE PRIVATE PARTIES ONLY. NO PETS.

General

The publisher reserves the right to correctly classify, edit, reject or cancel any advertisement. Only standard abbreviations are accepted. Some classifications require key wording.

Adjustments

Please check your ad for errors the first day it appears. *The Dominion Post* makes every effort to avoid errors in ads, but will not be responsible for incorrect ads after the first day of publication, except when ads begin on Saturday or Sunday.

Free Ads
Item(s) priced \$5 to \$50. Up to two items per advertisement. One advertisement per day per customer. Private party. No pets.
3 lines for 2 days

Service Directory
5 lines minimum, 7 days minimum.
92¢ per line per day
5 lines minimum, 14 days minimum.
75¢ per line per day

3 Day SuperSaver
Item(s) priced \$2,000 or less. Must be prepaid. Extra lines \$1 Includes 75¢ per line for Post Extra. Private parties only. No pets. No autos.
3 lines for 3 days \$9.00

14 Day SuperSaver
Item(s) priced \$2,000 or less. Must be prepaid. Extra lines \$1. Includes 75¢ per line for Post Extra. Private parties only. No pets. No autos.
3 lines for 14 days \$14.50

Auto SuperSaver
Single vehicle. Extra lines \$1. Includes 75¢ per line for Post Extra. Private parties only.
(1) Vehicle per ad. 4 lines for 14 days \$19.00

Garages & Storage

SECURE STORAGE
Paved • Fenced
Security Lighting
Truck Accessible
291-3500

200 Brand new storage units located off of Exit 1 of the I-68. All sizes available, climate and non-climate available. Paved, lighted, secure, starting at \$30.00 per month. 292-3007.

Office Space

AFFORDABLE OFFICE SPACE
University Ave. Free parking. Flexible leases. 304-680-1060

AVAILABLE November 1st.
Office Suite, Evansdale area, 1000 sq. ft., parking for 10+ cars, handicapped accessible, \$850/mo. + utils. Dep. required. 692-7500.

DOWNTOWN office/retail space. 600 sq. ft. Flexible lease terms. High visibility. WinCor Properties, 292-0400

MONONGAHELA BUILDING
From 1 room to entire floor. We are here to meet your needs. 296-5931

MORGANTOWN ENTERPRISE CENTER
955 Hartman Run Rd., 200-3800 sq. ft. of professional office space. Below market rates for qualified new business start-ups. Contact the Monongalia County Development Authority at 296-6684.

OFFICE/RETAIL WESMON I, 1300 WESMON Plaza, 1st floor, 11,000 sq. ft. willing to divide. WESMON II, 1500 sq. ft. 1/2 mile from I-79. 225-2056 284-0783

OFFICE SPACE available. 1500 sq. ft. \$10/sq. ft. Call 599-4376

OFFICE SPACE
Riddle Court 2800 sq. ft. Handicapped accessible. Marble fireplace, full kitchen, utils. includes.
Near both hospitals, NIOSH & Mylan. Experienced maintenance staff. Abundant Parking.
599-0829

Office Space

OFFICE SPACE to share. Professionals preferred. \$395/mo. incl. utils., high speed internet, phone system, private office and use of conference rm. 290-3246.

Metro PROPERTY MANAGEMENT RETAIL/OFFICE
• North Pointe Plaza
• Greenbag Rd.
• Pincrest Plaza
• Burroughs St.
WAREHOUSE/FLEX SPACE
Morgantown Industrial Park
Call 276-5100 or 296-0900

Commercial Property

AVAILABLE NOW! 2700 sq. ft. commercial space, Starcrest Plaza, University Ave., Star City, 2000 sq. ft. commercial or residential, University Ave. 282-5630

BUSINESS PARK SITES and development assistance for light manufacturing businesses in Monongalia & Preston Counties. Contact the Morgantown Area Economic Partnership at 304-296-6684 or www.morgantown.org

COMMERCIAL SPACE available formerly Rose's Restaurant. Approx. 5000 sq. ft., parking for over 100 cars. 291-5250.

CONVENIENT work/studio/office space to share. 600 sq. ft. Holland Ave. \$500/mo. 291-3522.

FOR LEASE Prime retail/office space/store front on the Mileground, across from Armory, 3000 sq. ft. 826-0830.

GREENBAG RD. Office space approx. 3600 sq. ft. ALSO 2200 sq. ft. shell. 304-296-5931.

OFFICE/WAREHOUSE SPACE
• 1100 Sq. Ft. \$575/mo.
• 2200 Sq. Ft. \$1125/mo.
SECURE STORAGE
Pt. Marion Rd. 291-3500

Commercial Property

GLENMARK HOLDING LLC • SABRATON PLAZA
Retail space up to 9200 sq. ft. Great frontage. Can subdivide. Build out to suit.
• **SABRATON CENTER** 4000 sq. ft. Restaurant Site • **SUNCREST EXECUTIVE PLAZA** VanVoorhis Road
United Center- 10,000 sq. ft. On 3rd floor- will subdivide Building II- 9,000 sq. ft. 1st floor, Will sub-divide. Build to suit.
• **GLENMARK CENTER** Tailbots Building- 2400 sq. ft. 2nd floor with Elevator
• **RIDGEVIEW BUSINESS PARK** MULTIPURPOSE BUILDING 10,800 Sq. Ft. Building Can be customized for office warehouse, subdivided, etc.

4 ACRES remaining in park Build to suit.
• **WEST RUN RD. WAREHOUSE** 10,800 sq. ft. loading dock, \$3/sq. ft.
• **LAND FOR RETAIL SPACE** 2.4 acres- Sabraton can be sub-divided
Up to 6 acres in Sabraton available for sale or lease or Build to suit

Glenmark Holding LLC
304-599-3369
1445 Stewartstown Road Morgantown, WV 26505
www.glenmarkholding.com

RESTAURANT/PUB. Fully equipped & furnished. Move in & open immediately. High visibility. Excellent location. For Lease. Available immediately. Start business with LITTLE CASH up front!
Call 910-207-0553.

WAREHOUSE South University Ave. 2 bays avail., 4,700 Sq.Ft.; 6,400 Sq.Ft. 296-5931

1400 sq. ft. commercial space on Holland Ave. \$950/mo. Call 291-5250.

(2) COMMERCIAL Buildings with rental units Westover. 6 Apts. & 3 commercial spaces. Completed rented. 291-5250.

Roommates

FEMALE ROOMMATE needed to share spacious 4 BR home, mature or graduate student preferred. 562-427-7329.

Apartments, Furnished

ABOUT A MILE from Cheat Lake. Modern 1 BR. No pets. Phone 594-2093, 276-2299.

AFFORDABLE 1 & 2 BR Apts. on the Mileground. Newly remodeled. No pets. 282-2507.

LATUSEK RENTALS
296-0902

MODERN 1 & 2 BR. W/W, Millground/Ruby. Parking available. 292-1605, 376-9327.

SOUTH PARK Efficiency. Green Properties. \$375/mo. + utils. Call (304) 692-0981.

1 BR APT., completely furnished, located in South Park. Phone 304-599-3415.

1 BR Apt. located in Dellswood, very clean. \$400/mo. + utils. deposit. No pets. 292-1944.

1 & 2 BR, \$495 & \$600 + elect. Lease, deposit. No pets. No Section 8. 292-0400 or 276-6239.

2 BR 1 Kingston St., across from Shorty Anderson's Auto repair. \$530 + elect. Laundry, parking, no pets. 599-4599 or 216-1794.

A D RENTALS- New 1 BR Eff. Apt., hospital/coliseum area. Short term leases. **NO PETS.** 322-1533.

AARON'S SPOT- 1 BR. garage, W/D, A/C, \$400 + utils. Cat considered. 292-2078.

ABSOLUTELY Clean, quiet 1 & 2 BR, near hospital. \$610 & \$685. No pets. Incls. utils. Call 288-8510.

Apartments, Unfurn.

ABSOLUTELY THE BEST Chestnut Hill
• Walk to Ruby/NIOSH
• Rent starts \$440/mo.
• 1-4 BR, apts./townhomes
• 9 acre private community
• Lots of trees & grass
• Separate storage units
• Recreational facilities
Call 599-8333
www.goldcrestproperties.com

AFFORDABLE 1 BR. quiet neighborhood. DR, LR, DW, FR, laundry, 1 1/2 baths & garage. 599-5455

Apartments, Unfurn.

AFFORDABLE EFF. 1 & 2 BR APTS. Evansdale. Most units incl. heat, water & garbage. Off street parking, on-site maintenance. Deposit required. No pets. Eff. \$410-495; 1 BR, \$480-545; 2 BR \$650-700. Prete Rentals 599-4407.

AFFORDABLE LUXURY BRAND NEW Villas At Bon Vista
1 & 2 BR, 2 BATH APTS.
• Washer/Dryer
• Garage/Storage Units
• Sparkling Heated Pool
2 mins. to hospitals and downtown. 599-1884
www.morgantownapartments.com

Windwood Place
APARTMENT HOMES
2 BR, 2 Bath
Located within Windwood Village, Van Voorhis Rd. "There is a Difference."
599-3165
www.windwood-homes.com

AREA LANDMARK COLONIAL PARK
• 5 acre park like setting
• Striking colonial architecture
• Courtyards w/pool/club house
• Near both hospitals
• Oversized apts w/separate storage & garages
Call *296-8188*
www.goldcrestproperties.com

AVAILABLE IN OCT. 2 BR Evansdale! \$650/mo. incl. heat, water, garbage, off st. parking. Dep. req. No pets. 599-4407.

AVAILABLE NOW 1 BR \$530/Mo. includes heat, water, garbage, off street parking, Evansdale; 1 BR, Star City, \$505/mo., includes heat, water, off street parking. Deposit required. No pets. Phone 599-4407.

BARRINGTON NORTH
• Prices Starting At \$585
2 BR APTS. OFFER: 599-6376

BONITA APARTMENTS
"Brand New", 2 BR, 2 bath, DW, microwave, W/D. 594-9295.

Apartments, Unfurn.

BRAEMAR/LOCKWOOD TOWNHOUSES
1, 2 & 3 BR units
Available now!
With garage, 2 1/2 baths, CA/C, D/W, W/D hookup. Located in the Chen Lake Area
304-594-2398

CLEAN 1 BR, sunny, spacious, new kitchen cabinets; renovated bathroom; Transoms; carpet, yard; off street parking available; quiet residential; 1/2 mi. to downtown. No pets. \$450 + utils. 328-5371.

CLOSE TO EVANSDALE: T & S RENTALS. 1 BR \$500+ elect. 2 BR, \$600+ elect. Call for specials. VanVoorhis Rd. 599-7282, 685-5347, 826-6214.

COME HOME TO LUXURY

FOUNTAIN VIEW
Announcing Morgantown's Newest Exclusive Community. Offering you the pinnacle of luxury.

Extra large 1 & 2 BR, 2 bath, walk-in closets, 9' ceilings. Imported Brazilian granite kitchen countertops, contemporary kitchen cabinets, imported Swedish ASKO Washer & Dryers, Spa Bathrooms; Porcelain tiled balconies; Sunrooms; 24-hour video monitoring; private garages, elevators and much, much more!
Come for the Luxury Stay for the Service!
FOUNTAIN VIEW
Lewis Street
Near intersection of Chestnut Ridge Rd. and Stewart Street
Call 599-4959

GEORGETOWN APTS.
1 BR apt., walk to Ruby. Avail. immediately. 599-2031.

HERITAGE APARTMENTS
Quiet living, Suncrest area. Spacious 2 BR Apts, 1/4 mile from Ruby. Call 599-2328.

Apartments, Unfurn.

FOREST HILLS APARTMENTS
"BRAND NEW!"
1 Bedroom, \$560/month
Washer/Dryer
Dishwasher
Microwave
Central Air
Off-Street Parking
Security System
Cable Ready
Cat 5 Wiring
2 mins. drive to Hospitals, Evansdale & downtown.
(304) 599-1880

GREAT PRICE GREAT LOCATION
• Spacious 1 & 2 BR Apts.
• Garage/Storage Units
• Sparkling Heated Pool
• 2 Mins. to Hospital & Downtown
BON VISTA
599-1880
www.morgantownapartments.com

LAKESIDE VILLAGE ON CHEAT LAKE
• Marble Fireplaces
• Garages w/Auto Door Opener
• Quiet, Private Neighborhood
• Pool/Tennis/Nautilus Room
• Oversized Apts./Walk-in closets
• Minutes To Both Hospitals
Phone 296-8188
www.goldcrestproperties.com

LAKEVIEW Resort Townhouse. 2 BR, 2 1/2 bath, fully equipped, FP on 7th Fairway. Pool, spa & healthclub. No pets. \$1025 + gas & elect. 412-298-3445.

LARGE 2 BR, 3rd Floor. Water, gas, garbage incl. \$550 + elec. Dep. req. No pets. 594-0500.

LUXURY TOWNHOUSES
2 BR, 2 1/2 baths, garage & deck, close to Ruby. \$900 + utils. No pets. Parking. 599-4376.

NEW LARGE 1 BR Luxury Apt.
Jettied tub, CA/C, W/D. \$595 + utils. Airport Blvd. Now leasing. 282-4017.

Apartments, Unfurn.

MORGANTOWN UNITY MANOR
Affordable Housing for the Elderly & Disabled
Age 62 & Older
• 1 & 2 BR Apts.
• Rent Based on Income
• Social Worker
• Social Activities
• Shopping Trips
• Limited Personal Care
For More Information Call:
Ralph Dupert,
Resident Manager
400 North Willey Street
Morgantown, WV 26505
Phone: 296-5519
TDD: 1-800-982-8771

NEW IN SUNCREST
Burrough's Place
-LARGE- 2 BR, 2 Bath
W/D, DW, Microwave
Workout Room
685-9809

Metro PROPERTY MANAGEMENT
304-292-0900
Affordable Luxury Apartments
www.metropropertymgmt.net

NEWLY REMODELED 2 BR APT. SPECIALS
2 BR Apt. & Houses. W/D hookups, off-street parking. Some pets. 365+ APTS (2787), Mon-Fri, 9-5.
www.geelic.com

NICE LARGE 3 BR. Westover, pets conditional 292-9555 or 276-2624

NICE 1 & 2 BR Apts. W/D, New carpet, Van Voorhis Rd. Starting at \$450 Contact 599-6376.

NICE 2 BR condo, partially furnished, section 8 ok, \$650 + utils., ceiling fans, equipped kitchen, W/D hookup, 292-5762

• **RICH VIEW** •
• CA/C & Heat
• Dishwasher & Appls.
• Window Blinds
• All utls. paid except elect.
• 2 & 3 BR, \$340 & \$485
Kingwood. 304-329-1213
Equal Housing Opportunity
TTY #1-800-564-0999

Metro PROPERTY MANAGEMENT
304-292-0900
Affordable Luxury Apartments
304-598-9001
www.metropropertymgmt.net

OPEN HOUSES TODAY!

OKTOBERFEST

1:00 PM

NEW construction, contemporary home, complete with kitchen, great floor plan, 3 BR, 2 1/2 B.....**\$345,000**
Location: Take Saratoga from the Coliseum, left on Wildwood, right on Center Hill to Wayland. (#238)

1:00 PM

STUNNING, immaculate home on .6 ac., 2 fireplaces, 4 BR, 3 1/2 B, large family room, hardwood floors.....**\$327,500**
Location: Up Grand St., left on Jackson, right on Buckhannon, right on Courtney, left on S. Point Circle (#914)

2:00 PM

ELEGANT, townhome, cherry floors for oriental rugs, 4BR, 2 1/2 B, family room, fireplace, minutes from town.....**\$249,500**
Location: Baker's Ridge Rd. to Windwood Village, turn left, then left again on Newberry Ln. (#202)

2:00 PM

BEAUTIFUL, views of hills, near Mt. View Elementary School, 3 BR, 1 B townhouse, patio, porch, new washer/dryer.....**\$84,900**
Location: From downtown go up Dorsey, turn left on Marcus Drive, go to end. (#14)

3:00 PM

BEAUTIFUL woodwork throughout, hardwoods under carpet. Well-landscaped corner lot. 3 BR, 2 1/2 fireplaces, home warranty included.....**\$169,900**
Location: North on University Ave., turn right on North, right on Jones, left on Virginia (#340)

3:00 PM

HISTORICAL, South Park, walk to downtown, beautiful hardwood floors, old world charm in backyard.....**\$168,000**
Location: South High St., left on Simpson (#259)

4:00 PM

MATURE, landscaping, fenced yard, 3 bedrooms with charm, 1 1/2 B, patio, den/office, on 2 lovely lots.....**\$163,900**
Location: Go north on University Avenue to #3268.

4:00 PM

END UNIT, townhouse, spacious, 2 BR, 2 1/2 B, patio, balcony, 1-car garage, new kitchen appliances.....**\$169,500**
Location: Van Voorhis Rd. to Northridge town homes, turn right into subdivision, No. F-1 on left.

Pat Stewart REALTORS
E-mail: pat@patstewartrealtors.com
Web Site: www.PatStewartRealtors.com

OKTOBERFEST CONTINUES!!

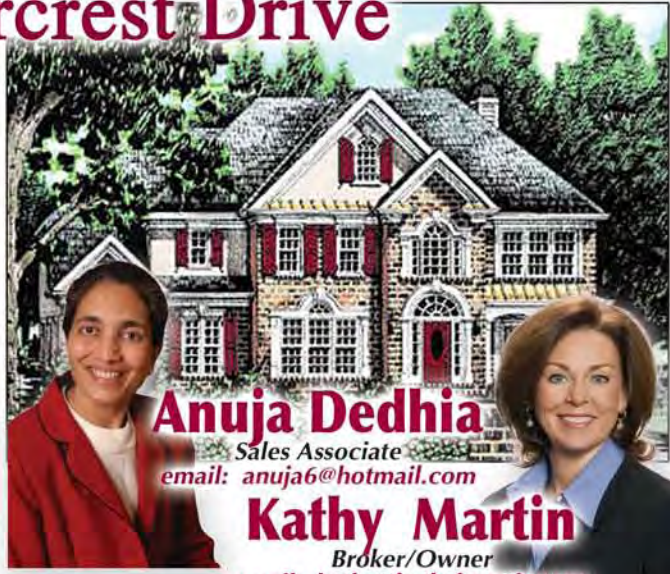
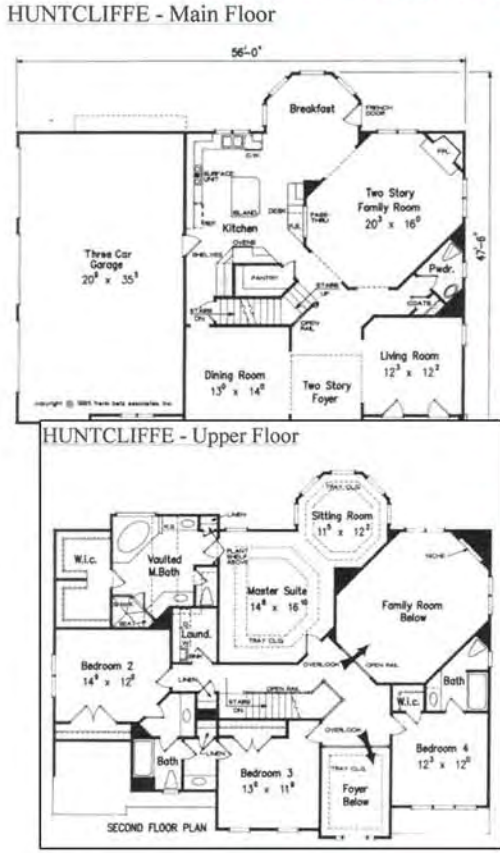


KLM Properties, Inc.

304-296-1533 or 800-834-1156

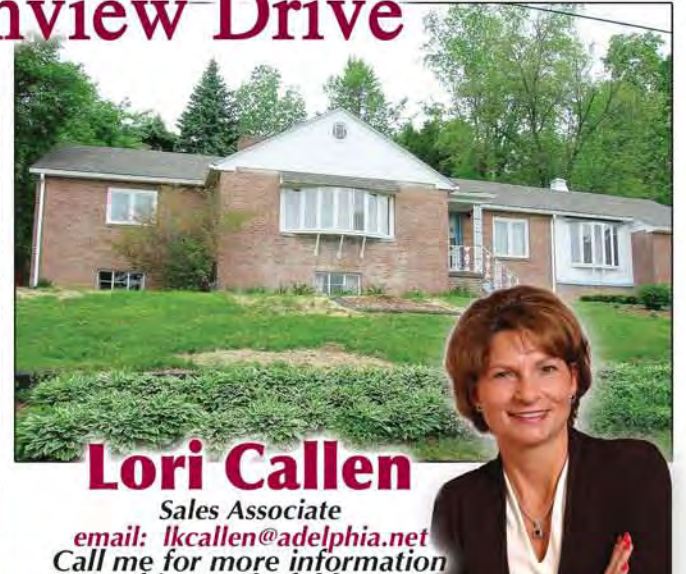
Residential, Commercial, Appraisal & Property Management

215 Rivercrest Drive



215 Rivercrest Drive \$630,000
New construction by Tim Lewis in Brettwald. Some features include, formal living and dining rooms, centrally located family room with soaring ceilings, 3-car garage, 4 bedrooms and 3.5 bathrooms.

645 Southview Drive



645 Southview Street \$315,000
Just minutes to all your needs is this 4 bedroom, 2.5 bath ranch located in Suncrest. Level yard with patio is ideal for entertaining, new roof and oak hardwood floors under carpet

704 Pierpont Heights



704 Pierpont Heights \$146,500
Enjoy mountain views from the deck of this 2 bedroom townhome. Open floor plan features hardwood floors and fireplace in the living room and ceramic tile in the kitchen. Conveniently located just minutes from I-678 and Glenmark Centre.

239 Sumac Circle



239 Sumac Circle \$335,000
Cherished traditions and simple pleasures! This spacious 4-bedroom home features a large kitchen where everyone will want to gather, and a 2-acre lot for all the outdoor activities you can dream of. Media room on the second floor is the perfect place for the family computer or office area.



98 Brytes Way \$129,000
Check out this 3 bedroom, 2.5 bath move-in ready home. Kitchen has newer appliances plus plenty of countertop and cabinets. Two decks for relaxing, fireplace in the family room and affordably priced. What are you waiting for?



222 Lyndhurst \$119,900
Wonderful for first time buyer or parents of WVU students. This 3 bedroom boasts a newer deck, paint, flooring and appliances. Furnace, A/C and roof were replaced in the past year.



676 Fort Martin Road \$89,000
Large level lot on the river with dock and boat slip is this quaint cottage. Perfect for a weekend retreat or full time residence!



Creekside Condos 1 BR: \$84,000
EASY LIVING!
No matter what stage of life you're in...going to school, downsizing or just starting out. Choose easy living at Creekside Condos. Ready for immediate occupancy! 1 bedroom condos starting \$84,000 - right on West Run Road. Fully applianced including washer and dryer.



65 Beulah Road \$80,000
Why rent when you can buy this charming 2 bedroom on a .35 acre lot. Eat in kitchen with access to the back porch and rear yard and welcoming living room highlight the interior. Enjoy relaxing on your front porch on those summer/fall evenings.



409 Guffey Street \$69,900
Cute 3 or 4 bedroom, close to I-79. Great for first-time home buyer or college student.



810 Idlewood Drive \$400,000
1.20 acres with no zoning. A great opportunity for apartment building, townhomes or commercial business just minutes from town.



Lot 9 Cherrywood Estates \$149,900
.75 acre estate lot located in Cherrywood Estates. Build your dream home in a location that is convenient to shopping, employment and interstate access.



Cobun Meadows from \$96,000
1.5+ acres with breathtaking views, city water, electric and septic available.



2019 White Oak Drive \$139,000
Wonderful building lot in privately positioned White Oak Estates. Call for more details!



Lot 27 Whispering Woods \$117,000
Cheat Lake's Best Buy! Located at Whispering Woods this 9.58-acre parcel features beautiful vistas and wooded seclusion!



"Team Resources. Individual Attention."
Back Row l-r: Shelly Martin, Beth Proctor, Lori Callen, Lisa Simons, Kathy L. Martin - BROKER, Micalyn Newbrough, Kris Kullman, Missy Hartsell, Andrea Heiskell and Randy Neal Middle Row l-r: Shawn Summers, Beverly Peddicord, Anne Turner, De Shafter, Traci Abernethy, Lisa Ware, Moriah Weaver, Paulette Metheny and Mike Burnell
Front Row l-r: Lynda Pellegrin, Darby Lane, Tracey Hartley, Beth Alexander, Linda Kosten, Ann Oxley, Karen Gutta and Beth Burns Not Pictured: Phil Shuman, Anuja Dedhia, Larry Fullmer and Marlene Corwin



3446 University Avenue \$1,025,000
Former Star City Fire Department. Level .91 acre lot with building that houses 4 businesses plus storage area. Leased until July 31, 2008.

1533 Mileground Road, Morgantown, WV 26505
Licensed in WV and PA Kathy L. Martin, Broker/Owner
www.klmproperties.com

Animal peace, eggplant fruit and bee stings

BY KAREN YOUSO (MCT)

Q: I'm getting married this winter. Into my house with two cats will come a man and his dog. Is there a trick for getting the pets to live together in peace? Neither one of us wants to give up our pets.

A: Start by talking with your veterinarians. They will know the breeds, ages and history of the animals and can give you specific advice on merging the households. Some general suggestions from

animal care experts include:

- Watch the animals carefully in the beginning for signs of aggression, such as a dog that won't take its eyes off the cats. The intensity of its attention is key. Is it "stalking"? Call the dog's name, clap your hands or stamp your foot. If you can't distract it, its predatory instinct is too great. Cats also can be the aggressors, making dogs miserable with biting and scratching.
- Buy cages so the animals can feel safe while getting to know

each other. If they lunge or get too upset, put the dog on a leash and the cats in a crate, or place them on either side of a closed door. That way they can sniff, listen and get used to each other.

- Don't punish animals for getting after each other. Rather, separate and distance them immediately if they start to misbehave. Don't let the dog chase the cats. With the dog on a leash, sit a safe distance away while the cat plays with a toy so the dog can get used to the cat's movements.

■ Until they are comfortable with each other, and this is well tested, do not leave the pets alone together. Many animals will behave when people are present, but misbehave when left alone. Some pets have fought and even killed when left unsupervised.

Q: Is eggplant a fruit?

A: Yes. Technically, it's a berry. Eggplant is a member of the nightshade family, so it's related to tomato (also a fruit), tobacco and other plants, some of

which are poisonous.

Because foods such as eggplant and tomato are used in salads and main dishes rather than desserts, they're commonly thought of as vegetables.

Bee stings

A reader in Kensington, Minn., passed along a cure for bee-sting pain: honey. The bee makes the pain; an application of honey takes it away in less than a minute, he said. This won't work for wasp or hornet stings.

HORIZON REALTY

HAZEL SPIKER, Broker, GRI 598-2626 379-6752

See Us On The Internet At: horizon-realty.com Email: horizonrealty@digitalconnections.net

For any questions on these or our other listings, call Kim Larew at (304) 282-0050.

NEW LISTING

LOCATION! LOCATION! LOCATION! Come and see this hard-to-find level city lot, located in a private setting in Suncrest. \$212,000

NEW LISTING

COME AND INSPECT the homeowner's pride and passion in landscaping, interior & exterior of this raised ranch. Priced below appraisal. Integral 2-car garage.....\$149,900

NEW LISTING

EXTENSIVELY REMODELED! Could be 3 apts. with some modifications & exterior entrances. Two kitchens, but room for a third one. Live in one apt. & rent the other two.....\$65,000

REDUCED

LARGE FARM HOUSE, WELL MAINTAINED 5 BR, 2 BA with many updates. Mature fruit trees, large porch/double deck. 2450 SF w/ 2 garage/1 detached.....\$169,900

REDUCED

COMFORTABLE, AFFORDABLE HOME for the retiree or family. 2BR, 2BA Ranch located along Rt. 50 in Evansville. Business Opportunity available directly across the street... Priced Below Appraisal.....\$87,000

REDUCED

BUSINESS OPPORTUNITY! Had been an insurance office. Could be converted into a residential home. In good condition w/ endless possibilities. Mature trees, fenced lot.....\$69,000

REDUCED

NORMAN ROCKWELL COUNTRYSIDE VIEWS from atop the ridge of your rich green meadow. Perfect home site or small farm. 3/4 acre is meadow w/ the rest wooded. Fronts roadside.....\$169,000

REDUCED

CONVENIENT LOCATION ON PIERPONT ROAD - 3 BR, 1 BA, 1674 SF on a 1/4 acre. Charming older home with large front porch. Less than 2 minutes from I-68... \$110,000

LOTS AND LAND

1124 SOUTH UNIVERSITY AVE.: 2 vacant lots 1 block from Mon River. Corner of S. University & Pleasant Street.....\$395,000

C. RT. 58 IRISH RIDGE ROAD: Mini golf course, standing timber, 2 ponds.....\$369,000

RT. 7 @ CORNER OF STONES LANE: Desired, 6 acre road front property.....\$275,000

MOYERS ROAD: 18 ac., desirable neighborhood w/ view, public water at road frontage. Estimated acreage.....\$158,400

MOYERS ROAD: 16.5 ac., in great area w/ view. 3.6 cleared, rest woods, great place to build and raise family.....\$147,200

0 BEECH RUN ROAD: Hunter's dream! Wooded w/ abundant wildlife.....\$143,000

RHOR ROAD: Private unrestricted 30 acres with free gas. Mineral rights convey.....\$129,000

1232 MONTROSE AVE.: Desirable, Level, Corner City Lot. All city utilities.....\$35,000

LOT 16, THE MEADOWS @ HUDSON MILLS: Lg. Private 6 acre lots 9.4 miles from I-68.....\$35,000

1232 MONTROSE AVE.: Desirable, Level City Lot. All city utilities.....\$30,000

LOTS @ BRANDON MEADOWS: Prime, quiet neighborhood. Outside Mgmt.....\$20,000-\$28,000

2 LOTS, BIG SANDY SHORES: with Big Sandy Creek Frontage.....\$6,500/Lot

Apartments, Unfurn.	Houses, Unfurnished	Houses, Unfurnished	Houses for Sale	Houses for Sale	Farms for Sale	Mobile Homes/Rent
47	49	49	50	50	51	53
<p>SIERRA PL., 3 BR, \$1500+, July Dorsey & Kiger Realtors 291-2123</p> <p>SMITH RENTALS LLC • 1 BR, 738 Willey St. Avail. 12/15/06. Parking, pets considered, close to town. www.smithrentalsllc.com 296-4894 322-1112</p> <p>SunValley Townhomes 3 Bedroom Starting at \$825 + utils. Call 292-5232.</p> <p>TOWNHOME Coliseum area, 1425 Saratoga Ave. New construction. 3 BR, 3 bath, \$1200. Call 599-2400.</p> <p>TWIN KNOBS APARTMENTS • 2 BR, 1 bath \$535 • 3 BR, 2 bath \$625 304-594-0337 Equal Opportunity Housing TTY #1-800-564-0999</p> <p>1 BR, all utils. incl. Sect. 8 approved. 3 miles out of town. Call 304-282-9328.</p> <p>1 BR Gem St.\$395 incl. 1 BR Kingwood St.\$700+ 3 BR Pennsylvania Ave. \$850 incl. Pearlard Corporation 292-7171 Kenneth V. Randolph, Broker</p> <p>1, 2 & 3 BR apartments and houses for rent. Call Property Management at 292-3900. RE/MAX Real Estate Professionals, Jarrett R. Hall Broker.</p> <p>2 BR, quiet area, deck, W/D, no smoking, no pets. \$600 + utils. 291-8908 or 288-3879.</p> <p>2 BR Westover, \$650 + elec. Incis. heat, A/C, garbage & water. No pets. 292-9412</p> <p>2 & 3 BR Houses, plus utils. & 1 & 2 BR Apts. + utils. Not Sect. 8 Approved. 292-1837</p>	<p>BROOKHAVEN 3 BR, 1 1/2 bath, LR, DR, FP. Full basement, W/D, D/W, 2 car garage. Lg. yard. No pets. \$1200/mo. 292-1673.</p> <p>COZY 3 BR FOR rent or sale. Rent for \$1000/mo. or sale \$169,950. Avail. now. 648 Madigan Ave., 1st Ward. 282-2560.</p> <p>FARM HOUSE for rent in PA. easy access off Rt. 21, 20 mins. from Morgantown. Newly renovated. 3 BR, 3 bath, new kitchen, central air & heat, free gas. No pets. \$1,000/mo. 304-598-0141.</p> <p>FIRST WARD, 3 BR, 2 bath, lg. eat-in kitchen, LR, laundry rm., front & back yard, off street parking. \$800 + 1 mo. deposit. 594-3920.</p> <p>HARDING AVE., 2 BR, 1 1/2 bath. Newly remodeled. \$875 + utils. No pets. 292-2078</p> <p>LAKESIDE VILLAGE www.goldstaproperties.com 296-8188</p> <p>LARGE 2 BR duplex, 1 1/2 bath, A/C, W/D hookups, appliances, basement. \$675 + utils. lease & deposit. No pets. 290-9774.</p> <p>LIKE NEW 3 BR, A/C, LR, FR/DR, auto garage door. Great view, huge yard. No pets. No smoking. Brookhaven, \$895. 291-2494</p> <p>LUXURIOUS Home on 2 acres, 4 BR, 3 car garage. Pets ok. \$2000/mo. Call Janie Zeeck, 282-2411 Howard Hanna Premier Properties, Barbara Alexander, Broker.</p> <p>MASONTOWN, WV, 1-2 BR \$325-350 lease & deposit. 864-5987.</p> <p>POINT MARION 6 miles to Morgantown, newly remodeled, 4 BR, DW, CA/C, \$700 + utils. Call 304-379-2925.</p> <p>PT. MARION area 3 BR, CA/C, \$700/mo. + utils. Lease, dep. No pets. (724) 725-5332</p> <p>QUIET & COZY small eff. cottage. LR, bath, kitchen, enclosed sunporch. Cheat Lake. \$375 + gas & elec. Lease, dep. No pets. 594-1651.</p> <p>RENT OR SALE: Clean 2 BR, Pleasant Valley Rd., Fairmont, near interstate, Central heat/air, FP, fenced yard, garage. \$525/mo. + utils & deposit or purchase \$66,000. 304-276-3435.</p> <p>SPACIOUS 4 BR, 3 bath, Cheat Lake, Turtle Creek development. 2 car garage, FP, built 2002. \$1250/mo. 685-9871.</p> <p>SUNCREST, 4 BR, 1 1/2 bath, all hardwood, GFA, A/C, \$1200/mo. Avail. Oct. 685-0194.</p> <p>1 BR APTS, close to downtown & hospital. all 304-826-6418</p> <p>2 BR country setting, paved rd & dr. FP, W/D hookups, W/W carpet. \$650. No pets. 599-2568.</p> <p>2 BR Duplex in Westover, \$550/mo. + utils. Lease, deposit. No pets. Call 296-0093</p>	<p>2 BR, 1 bath, quiet, overlooking Cheat Lake. References, lease, deposit. \$730/mo. + utils. 594-1324</p> <p>2 BR, 1 bath, walk to downtown. Quiet private area. No pets. W/D hookup, A/C, \$650 + utils. Sec. dep. Avail. now. 216-1584.</p> <p>2-3 BR Country home, W/D hookup, rent+ elect. No smoking, no pets. 292-7947.</p> <p>3 BR townhome, CA/C, gas heat, 1 1/2 bath, 2 off street parking spaces. Sm. pet with additional deposit. \$600 + utils. William H Burton, Jr-Broker BEL-CROSS PROPERTIES 296-7930</p> <p>3 BR with extra rooms between Sabarnton & downtown. Quiet private area. No pets. \$725 + utils. wileyrentals.com Call 594-1200.</p> <p>3 BR, 1882 restored farm house, in Cranestville, 15 mins. to Oakland, 45 mins. to Morgantown. Must see!! \$750. 304-789-6866.</p> <p>3 BR, 2 bath, fenced back yard. Bakers Ridge. \$1250/mo. Call 304-826-6418</p> <p>4 BR newly remodeled, in country, yard. \$800 + Lease & deposit. 292-3964.</p> <p>74 Belmont St. Hundred, WV. 3 BR, completely remodeled, new furnace, carpet & appliances. \$400/mo, \$400 deposit. 304-295-9090.</p> <p>859 STEWART ST. Large 3 BR, 1 1/2 baths, oak hardwood floors, laundry room, parking. \$1195 per month incl. utils. Security & last month required. 292-7233</p>	<p>BEL-CROSS PROPERTIES</p> <p>BUYER REPRESENTATION Representing the BUYER in the purchase of real estate. Call and discuss what we can do for you.</p> <p>BEL-CROSS PROPERTIES 296-7930 William H Burton, Jr.-Broker</p> <p>CHEAT LAKE, 262 Rockley Rd., 3 BR, 3 bath, 2486 sq. ft., 2 FPs, 2 decks, \$299,000. Additional lot avail. 594-3003.</p> <p>CLEAR SPRING TOWNHOUSES For sale by builder. New 3 BR, 2 1/2 bath, FR, Jacuzzi, tile, 2 car garage. Your pick lights, carpet, appls., counter top. 296-5362.</p> <p>COUNTRY LIVING BEAUTIFUL VIEWS. Hurry! Only 2 homes left 296-8264</p> <p>EQUAL HOUSING OPPORTUNITY All real estate advertising in this newspaper is subject to the Federal Fair Housing Act of 1968 which makes it illegal to advertise any preference, limitation or discrimination based on race, color, religion, sex, handicap, familial status, or national origin, or an intention to make any such preference, limitation or discrimination. This newspaper will not knowingly accept any advertising for real estate which is in violation of the law. Our readers are hereby informed that all dwellings advertised in this newspaper are available on an equal opportunity basis. To complain of discrimination in West Virginia call HUD Toll-free at 1-800-424-8590. The Toll-free telephone number for the hearing impaired is 1-800-543-8294.</p> <p>FAYETTE COUNTY REAL ESTATE, always a bargain, especially during our current market conditions. For example, Mountain Estate on approx. 19 acres mid \$500's, 2 nearby new homes priced at \$399,000 and \$695,000. Call Coldwell Banker Laurel Ridge Realty, 724-437-7100 for more details. www.cbrr.com</p> <p>GRAFTON HOMES has for immediate delivery 2317 sq. ft. Cape Cod, 2x6 ext. walls, oak trim, hickory kitchen, solid int. doors, numerous upscale amenities. Delivery, set & wrapped on your foundation. Price at \$168,500. Zone 1, 50 mi. radius. Please call 304-534-7500 or 304-265-5353.</p>	<p>KINGWOOD Move-in ready, 2 story, 2 BR, 2 baths, formal DR, eat-in kitchen, LR & den on 1st floor. Beautiful tongue & stair case & oak trim on 1st floor, 2 car detached garage, close to schools, hospital & city/county offices. \$160,000 Houses & More, Mary Burge, Broker, Karen Baylor listing agent. 304-329-4559 for appt.</p> <p>LUXURY TOWNHOUSES for sale, 2 BR, 2 1/2 bath, 1 car garage, \$159,500. 599-4376</p> <p>NEAR COOPERS ROCK - 3 BR, .8 acre lot, FP with gas insert, 15 mins to Morgantown. \$121,000. 379-8751</p> <p>NEW CONSTRUCTION. Luxury 2 & 4 BR townhouses, Star City, starting at \$159,900. Available now. Must see. 599-3676</p> <p>NICE LOCATION, Kingwood, older 2 story on corner lot. Spacious 3-4 BR, kitchen, DR, LR, den, sunroom, 2 1/2 bath, newer metal roof, furnace & bath, all appliances incl. W/D, hardwood flrs. in most rooms, detached 2 car garage. \$145,000. Motivated seller. Houses & More, Mary Burge, Broker, Karen Baylor listing agent. 304-329-4559 for appt.</p> <p>NORTH HILLS 3 BR, 2 bath, 2 car garage, townhome, 1200 Sq. Ft., furniture package, walk to hospitals. \$150,000. 599-5011.</p> <p>QUAINT Newly remodeled, 2 BR, 1 1/2 acre in Morgantown. Must see to believe! Only \$108,000. 290-4019.</p> <p>SOUTH PARK - 6 yr. old ranch, 3 BR, 2 bath, FR, garage, Gas heat, CA/C, \$139K. 292-1818.</p> <p>THE WOODLANDS - 2+ acres, corner lot, dock on Cheat Lake, 4 BR, 3 1/2 baths, LR, hardwood in DR & foyer, FR with gas FP, dinette, kitchen with island, finished basement has wet bar, steam shower & gas FP. All brick exterior, 1st floor master bedroom, paver patio, jacuzzi & more. \$485,000. Call 685-0626.</p> <p>3 BR, 1 bath, 2 car garage, 2 level lots, Star City. Totally remodeled. \$195,000. Appraises for \$199,000. See our home at www.owners.com/atw1835 304-290-3246.</p> <p>43 WADE ST., 3 BR. 1600 sq. ft. close to town. \$90,000. Owner financing. 276-9566.</p>	<p>PRESTON COUNTY farm in Bruceton 200 to 250 acres available will subdivide, pricing starts at \$3900 per acre. Phone 304-692-2070.</p> <p>121 ACRE (will consider subdivide) farm in Taylor County with barn and old farm house. Some timber some pasture, priced to sell at \$199,000. 304-692-2070.</p> <p>MOBILE HOME SPACES 52</p> <p>A-1 TREE SHADED LOTS Swimming pool, paved roads, Woodland Terrace, 292-6779</p> <p>CANYON VILLAGE MOUNTAINEER VILLAGE ROLLING HILLS VILLAGE Call 291-3100.</p> <p>COUNTRY SQUIRE Mobile Home Comm. a quality park. N. Pierpont, Canyon Rd. 288-0433.</p> <p>LARGE LOTS - 10 MINUTES TO TOWN, HEALTHY HEIGHTS MHP. 291-0701.</p> <p>LEVEL AREA - MHP, Centrally located, easy access to Morgantown Mall/Downtown. \$140/mo. plus utils. & garage. 292-3225</p> <p>MOBILE HOME SPACE for rent. Will accept up to 14X75. St. Clair Village, Under New Management. Contact 599-6376.</p> <p>MAJESTIC ACRES PEACEFUL Double & single lots. \$175-125/mo. Incis: water, sewage, garbage Phone 864-4180</p> <p>TRAILER SPACE for rent. Will accept up to 14X75, contact 599-6376.</p>	<p>2 BR, 1 bath, quiet MHP, 3 miles from Westover Bridge. \$365 incl. Water. Sm. Pet OK. Lease, deposit, references. Serious inquiries only. 599-1565 or 366-9733.</p> <p>3 BR Mobile Home, Sect. 8 approved. Call 376-5697.</p> <p>3 BR, 1 bath, quiet MHP, 3 miles from Westover Bridge. \$475 incl. Water. Sm. Pet OK. Lease, deposit, references. Serious inquiries only. 599-1565 or 366-9733.</p> <p>MOBILE HOMES/SALE 54</p> <p>NEW & USED Homes Set-Up in parks close to town. AMERICAN HOMES 296-8264.</p> <p>SINGLE WIDE SALE American Homes 296-8264</p> <p>1982 14X64 2 BR, 2 bath, newly remodeled. Canyon MHP. \$9000 neg. (301) 746-5445</p> <p>1996 Redmond, 2 BR, all utils. in place, 1 acre. \$45,000. Call 864-3346.</p> <p>1999, 14X70, 3 BR, 1 bath, new stove, refrigerator, W/D. On rented lot, 5 mi. from hospital. \$14,000. 304-319-2605.</p> <p>Lots & Acreage 55</p> <p>BEAUTIFUL bldg lots with utils. On US 119, 10 ml. \$, \$15,000/acre & Up. 265-3725; 304-612-8484</p> <p>BY OWNER: 1 acre, Bruceton area, no restrictions. Asking \$9700. Call 288-6029.</p> <p>EXECUTIVE HOME SITE on Cheat Lake, 2 lots. Fantastic views, all utils., lake access, private cul-de-sac, no realtors please, serious inquiries only, \$209,000. 685-0223</p> <p>WOODED HOMESITES Very private, excel. access, utils., 2-19 acre parcels. Wickwire Rd., Taylor Co. Reasonably priced. Financing. 304-265-1875.</p> <p>1.23 ACRES, first phase of Diamond Ridge, lot #10 282-1555</p> <p>(3) 1 ACRES LOTS next to Mountaineer Golf Course. Call 291-5250.</p> <p>(5) 1 ACRE lots for sale. 10 minutes from Morgantown, 5 minutes from I-79. 304-328-5391</p>

296-2121
The Wharf District
Licensed in WV & PA
805 Don Knotts Boulevard

Century 21
AT YOUR SERVICE

<p>1352 RIVER ROAD.....\$165,000 Convenient, yet a quiet country feeling is yours at this 3 1/2 acre easy walk to downtown. Four square style traditional home features excellent woodwork, finished attic, three bedrooms and 1 car garage.</p>	<p>SOUTH PARK.....\$174,714 Victorian farmhouse with charm and flair. New kitchen, roof, windows, siding, insulation, drywall, and porch. Living room features gas log fireplace. Much more.</p>	<p>BRUCETON.....\$208,000 Victorian farmhouse with charm and flair. New kitchen, roof, windows, siding, insulation, drywall, and porch. Living room features gas log fireplace. Much more.</p>
<p>1517 WESTBROOK DRIVE.....\$199,000 What a great family location! Nearly 2700 SF of finished living area. Four bedrooms, 3 baths, level back yard, family room and office. Don't miss this one!</p>	<p>165 POPLAR DRIVE.....\$249,900 Growing family? Take a look at this FIVE bedroom home! Home features extensive decking and large windows for plenty of light. Formal dining, breakfast nook, fireplace.</p>	<p>60 GOODWIN HILL ROAD.....\$249,900 Two acres surround this well maintained brick home just minutes from I-68. Large freshly painted rooms, inviting eat-in kitchen and a large covered patio are just a few of the amenities of this move-in ready home.</p>
<p>ALEC DRIVE, BRUCETON.....\$244,900 Move in ready home located on nearly one level acre. Enjoy the magnificent view of mountain ridge from your wrap around porch. Basement is ready to finish. Two car garage with openers, much more!</p>	<p>16 MARCUS DRIVE.....\$88,000 If you like the convenience of a townhome near shopping and schools, call for details on this one! Completely remodeled, paint, carpeting, tile, new kitchen, French doors, fixtures and new windows! Great buy!</p>	

805 Don Knotts Blvd. Each office independently owned & operated Glenna Swiger, Broker

dominionpost.com

JOE R. PYLE
COMPLETE AUCTION & REALTY SERVICE

Estate Auction
Friday, October 6th at 5:00 pm
724 Mt. Vernon Street, Fairmont, WV
Sale conducted at Sagebrush Auditorium,
Fairmont, WV
REAL ESTATE TO BE SOLD
7:00 PM

Property Details
This handy man's dream two story home boasts 4 bedrooms, 1 bath, living room, dining room, kitchen with pantry and sunroom. It is graced with oak hardwood floors throughout. It also has a full basement and attic. It is situated on a cozy lot with a two stall detached garage. This home has a lot of potential with a little TLC involved. Property is sold "As Is" and subject to confirmation, but owners are anxious to sell.

Call Kevin today for your personal tour at
1-888-875-1599.
Terms of Real Estate: 10% down sale day. Balance due upon delivery of deed.

724-324-9000 • www.joerpyleauctions.com • WV #212
The PIP is available online at:
http://property.loopenet.com/14749464
or visit our website for additional photos and details.

In conjunction with
The Meridian and About Town REALTY
Organization, LLC

Call us – and let your J. S. Walker agent do the rest.
 800-840-0074 • 296-0074

It's that easy!

YESTERDAY MEETS TODAY! Charming remodeled Two Story in South Park. Completely updated with newer windows, vinyl siding, kitchen, bathrooms, 200 amp service and floor coverings. Furnace and CAC replaced in 2002. Spacious foyer, built-ins and pantry! **\$159,900**

MOVE IN AND ENJOY... 4 bedrooms/3 bath home with panoramic views from the rear deck. 1 bedroom/bath and laundry on first floor for easy single level living. Spacious lower level includes a bonus room under the garage for additional living area or for storage. Seller is offering \$2,500 credit at closing for purchasers closing costs with acceptable offer. **\$189,500**

YOU CAN'T BEAT THIS LOCATION! All brick Cape style home located within walking distance to WVU & hospitals. This 4 bedroom home has 9 ft. ceilings, home office, new windows and a private covered front porch. A great investment in Highland Park. **\$159,000**

GET AWAY FROM IT ALL... while living close to town in this neat as a pin 4 bedroom, 1.5 bath home with plenty of parking in rear off of quiet street! Covered rear porch looks out onto flat extra lot with fenced-in area. Plenty of storage in attic with pull down stairs for access. **\$131,000**

LIGHT AND AIRY... come see this immaculate 3 bedroom Townhome with many upgrades. You'll love the hardwood floors, gas fireplace and master suite complete with whirlpool tub. There is even a patio with a tranquil pond. What more could you ask for? **\$194,900**

COUNTRY SOPHISTICATION... located just outside of town, this spacious Split offers stainless steel appliances, ceramic tile, finished lower level fireplace and a large rear deck for entertaining. Don't wait! **\$189,000**

NO NEED TO LOOK FURTHER... upstairs in this charming home you will find 3 bedrooms, 2 bathrooms, a spacious living room, separate dining room, and a cozy deck located conveniently off the kitchen. With a large family room that is easily accessible to the back yard and garage area, you won't need to worry about space. **\$79,000**

NEED MORE "LIVING" ROOM? This 2200 SF ranch has everything you need. Large kitchen with eat-in dining space and island. Laundry & office on main level. Family room in basement with walk-out to your heated in-ground pool, on over 2 acres. **\$190,000**

LUXURIOUS ONE-LEVEL LIVING! A private patio overlooking a verdant green fairway on a crisp Spring morning... enjoy your coffee as you reflect on your wise decision to purchase this all-brick Villa in Georgian Manor at Greystone-on-the-Cheat! Call for details and a private appointment! **\$309,900**

DON'T RENT IT, OWN IT! Seconds from downtown, this Two Story home features hardwood floors throughout, ceramic tile in kitchen and both bathrooms, and dual shower heads in master bath. Enjoy 2 decks with views or covered front porch. Having double thermal windows, upgraded 220 amp electrical service, CAC & 1 car intergo garage and workshop. **\$139,900**

WARMTH, CHARM, AND CHARACTER... don't miss this 3 bedroom, 2 full bath remodeled home in Suncrest. Updates include newer kitchen, central AC, gas fireplace, whirlpool tub, amazing storage space. The fenced back yard and deck is perfect for entertaining, family and pets. Located only minutes to the hospitals, Mylan, Evansdale Campus and I-79! **\$164,500**

CLOSE TO DOWNTOWN... walk to downtown or campus from this 3 bedroom, 3 bath, 2-Story home offering spacious rooms, high ceilings, and plenty of extra space. Shared drive leads to shared storage unit. Many improvements as well as Seller offering \$1,000 carpet allowance with acceptable offer **\$115,000**

COMFORTABLY PRICED AND MOVE-IN READY! Plenty of opportunity to personalize at your leisure. Energy efficient with new roof (2005), this house is in walking distance to schools, ball fields and the Rail Trail. One mile to the PRT, this home has a large covered patio perfect for entertaining or can be built-in as a sun porch or family room. Large 2 stall garage and large level yard complete this listing. **\$129,900**

TOUCHED BY TRADITION! Beautiful 2-Story Colonial boasts hardwood flooring, terraced grounds, gazebo, patio, and one car garage with access from Broadview. Attic provides great storage or could be finished space. Patio & covered porch for relaxing outdoor enjoyment! **\$97,500**

STATELY 5 BEDROOM HOME... with magnificent view of mountains located on a 1 acre gently sloping lot. Home boasts spacious kitchen, family room in lower level has efficiency kitchen... perfect for in-laws or teens. **\$309,000**

LIKE NEW COUNTRY RANCHER - 3 bedroom, 2 bath home featuring a great open floor plan, fireplace in the living room, master suite with walk-in closet, garden tub, and much more. Enjoy your beautiful acreage from the covered front porch, spacious back deck or head on down to access the Rails to Trails. This home is ready for you. **\$129,500**

ONE LEVEL LIVING! Open floor plan, soaring ceilings and light filled rooms are currently under construction in this 3 bedrooms, 2.5 bath home in the new Hidden Point. Master suite includes roomy walk-in closet and dual sinks. Full walk-out basement with room for future expansion. Relax on the large deck and enjoy the wonderful mountain views! **\$209,900**

GORGEOUS VIEWS! Gorgeous mountain views and a fireplace greet you as you enter the cozy great room of this home currently under construction in the new Cheat Lake development of Hidden Point. From the soaring ceilings, generous windows, open floor plan, detailed millwork, special attention to detail can be detected! **\$219,900**

ENJOY LAZY DAYS... on your wrap around porch! This home has newly painted and carpeted bedrooms. Furnace and roof have been replaced in 2006. Large level yard approximately 300 feet from Monongahela River. **\$99,900**

THIS IS THE "RANCH" YOU'VE BEEN WAITING FOR! Beautiful cherry wood floors, open floor plan, kitchen with stainless steel appliances, 2 car garage and move-in ready! Minutes to I-68, schools and employment! **\$166,500**

DON'T MISS OUT! Upscale Duplex with so much to offer...cathedral ceilings, master suite on main level, gas fireplace & more! Minutes from the lake, this home offers a 2-car garage plus 3rd oversized garage big enough for your boat or storage! **\$269,500**

SPACIOUS AND WELCOMING... Lovely 5 bedroom, 4.5 bath home in quiet neighborhood has kitchen with cherry cabinetry, formal LR & DR with beautiful crown moulding. FR on main level leads to outdoor deck. A new addition master suite with cozy sitting area features gas log fireplace, beautiful spa-like bath. Finished space in walk-out basement boasts den/game room, wet bar & exercise room. Hardwood & ceramic tile floors, abundant storage space & a great location. **\$482,500**



PERFECTION PLUS IS AWAITING YOU... Executive home located in the PERFECT location. This custom, one level home has abundant details in every corner. Arched transomed custom solid wood doors and beautiful crown moldings are found throughout the home. A sense of flowing space is what you'll find in the open-floor plan. Large, walk-out basement could be easily finished for extra living area. **\$439,000**



DISTINCTIVE ARCHITECTURE... and attention to detail in this 4 bedroom house with panoramic mountain vistas. 2-Story great room, 1st floor master retreat & laundry, keeping room w/ fireplace off custom cherry kitchen featuring granite countertops, stainless appliances, hardwood & custom tile flooring. Incredible windows, light, and soaring ceilings! DRIVEWAY TO BE PAVED! **\$629,000**



IMMACULATE! This newly updated home can be found in First Ward on a level lot with an additional lot attached. Updates include all new flooring, totally new kitchen, new bathroom, just to name a few! The spacious, well-lit, basement is also exceptionally clean. Enjoy the outdoors on the recently installed deck. A letter of compliance is available for investors! **\$134,900**



GOLF COURSE LIVING! Overlooking a country club golf course, this charming 4 bedroom, 3.5 bath home is located on a picturesque .50 acre lot in Graystone! The main level boasts a living room, dining room & generous family room with a fireplace open to the kitchen. Upstairs are 3 spacious bedrooms, plus a large master suite featuring a sitting room. Also featured is a full, daylight basement and a 2-car, side entry garage. Enjoy your large wrap around porch with view of Cheat Lake! **\$500,000**



EXQUISITE QUALITY & DETAIL! Many windows, soaring ceilings and exquisite architectural details enhance this elegant newly constructed home with a first floor master suite. Hardwood floors, detailed millwork, custom cabinetry adorn this dazzling home. 2-Story great room with a stone fireplace and floor-to-ceiling windows, formal living & dining room, den with coffered ceiling and a cook's kitchen open to the family room. **\$655,000**



DRAMATIC SPACE! This beautiful home features a first floor master suite, soaring ceilings, abundant square footage, and a flowing open floor plan. Custom kitchen includes maple cabinetry with crown trim, stainless steel appliances, center island, pantry and dining space. Additional 3 bedrooms & family room on 2nd level. Convenient location with a level yard. **\$369,900**



YOUR NEW HOME AWAITS... Beautiful hardwood floors welcome you into this immaculate home situated on a well-landscaped lot with a filtered view of the lake. Many perfect features for today's family: 3-4 bedrooms, 3.5 baths, cozy family room off the well-designed kitchen, and finished lower level with a bar in the game room. SEE IT SOON to enjoy Fall evenings entertaining on your 20x14 deck. **\$374,900**



SPACIOUS AND PRIVATE... this 4/5 bedroom, 3.5 bath traditional boasts over 3600 SF of finished living area nestled on a private .5 acre lot. Whether you are looking for space for family, entertaining, or your own private retreat, this home has all the amenities you deserve. From the beautiful oak foyer stairway, hardwood floors and maple cabinets to the steam shower, security system, and high speed computer wiring, you'll want to call this home. **\$419,900**



ITS IMPRESSIVE... all the quality features one would expect, and more! Granite tops, trex decking, custom cabinetry in cathedral ceilings Greatroom, heated floor in master bedroom, zoned HVAC, etc. The kitchen is spacious and will attract a crowd when you entertain friends, family and grandkids upstairs, downstairs and outside! Live life at a higher level in the custom-built residence in highly regarded Black Hawk! **\$498,500**



LUXURY HOME ENCLAVE! French Quarter combines warmth and convenience with a prestigious Suncrest address! Master suite on main level, vaulted ceilings, hardwood floors & granite kitchen tops are just a few of the amenities. Over 3700 finished SF with gas log fireplace in the great room. **\$459,000**



PARKRIDGE - Luxury 3 bedroom Townhomes with high quality interior detail including 9 foot ceilings with crown moulding, hardwood floors, maple cabinets, solid surface countertops, fireplace and vaulted ceilings in bedrooms. Located adjacent to Marilla Park with easy access to Rails to Trails, shopping, hospitals, regional employment and I-68. **\$225,000**



EXCITINGLY NEW! Quality throughout this newly constructed 4 bedroom, 3.5 bath brick, vinyl home, located in Suncrest is sure to please you! Offering the finest in family living featuring formal living room w/ fireplace, vaulted ceilings, media room located in lower level, oak staircase and flooring as well as ceramic tile. **\$385,000**



PREMIER SUNCREST LOCATION! Suncrest Place offers a convenient location and a high quality lifestyle! Three finished levels featuring 4 bedrooms, 3.5 baths with quality interior including hardwood floors, marble and granite, crown moulding and detailed millwork. Master retreat with sitting area, California closets, many windows, soaring ceilings, spacious and inviting, this home includes a formal living room and a dining room. **\$539,900**



IT'S ALL HERE... space, elegance, convenience and privacy. This 3 bedroom, 2.5 bath, end unit Townhome features 2500 SF finished living area, large first floor master suite, lower level family room with plenty of storage, gas log fireplace, skylights, 19 x 15 finished Bonus Room. Hardwood floors and much more. Located in Woodwood Village. **\$249,900**



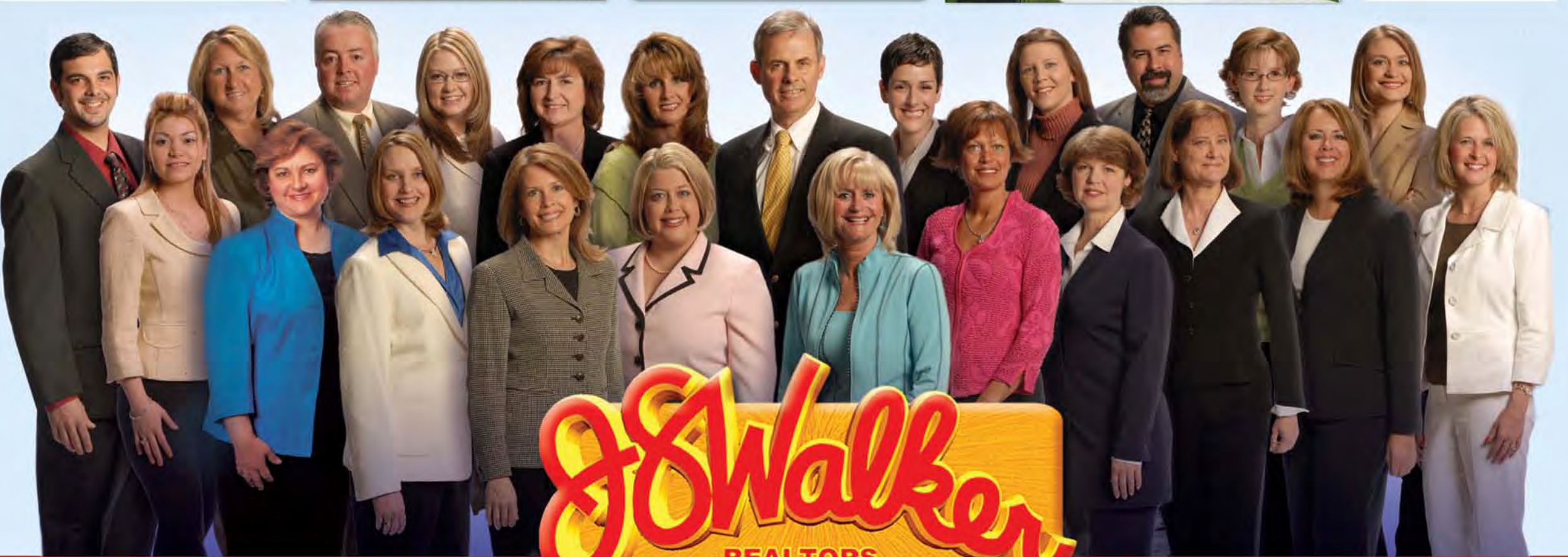
ROOMY RANCH... full of gracious living. Dine in style in the formal dining room with space for 12 or entertain in the large living room with cathedral ceilings. 4 bedrooms, 2 baths, laundry room, pantry - everything you need all on one floor. There's even a detached 24x24 workshop/storage building and large carport. Visit today and the warm and striking decor will invite you to move right in. **\$264,500**



CHARMING GREYSTONE! Many windows, soaring ceilings, spacious and inviting, this home includes a formal dining room, kitchen with gleaming hardwood floors and open to the breakfast room with access to outdoor decking. Family room boasts built-in bookshelves and a fireplace. Master suite features coffered ceilings and a sumptuous bath. Three additional bedrooms and a full bath complete the second story. Outside is a private .50 acre private lot with mature landscaping. **\$389,000**



BUILT & DESIGNED BY PETE DAVIS! Beautiful woodwork, cabinetry & mouldings, pocket doors, hardwood floors & vaulted ceilings adorn this newly constructed home. 2-Story great room, dining room, living room & cook's kitchen. Main level master suite, media room/study. **\$467,500**



J.S. Walker
 REALTORS

J.S. Walker, Broker. Licensed in WV and PA

148 Fayette Street • Morgantown • www.jswalker.com

Home and garden news and notes

New 3M window film blocks UV rays

BY MARY BETH BRECKENRIDGE
(MCT)

3M has introduced a clear, UV-blocking window film that doesn't contain metal, so it won't erode or interfere with wireless and cellular signals.

Films in 3M's Prestige Series block up to 66 percent of the heat and up to 99.9 percent of the ultraviolet rays that come through a window, reducing cooling costs in summer and slowing the fading of upholstery fabrics and other surfaces. The films come in two clear and two slightly tinted versions. The films are professionally

installed and are available only from 3M Prestige dealers. The cost for residences ranges from about \$10 to \$15 per square foot, installed. To find a dealer, visit www.3m.com/prestige or call 866-499-8857.

Green Stamps still good?

Q: I have a lot of S&H Green Stamps. What can I do with them? I'd like to donate them to an organization that can use them, if they're still redeemable.

— Pearl Ferguson, Coventry Township, Ohio

A: Your Green Stamps are still good. The Sperry & Hutchinson Co., originators of the shopper-reward system, has switched from giving stamps to offering digital reward points, but you can trade those old books of stamps for the new Greenpoints. Just send your stamps to S&H Greenpoints Customer Care Center, P.O. Box 4000, Fenton, MO 63099. The company's customer service number is 800-435-5674.

The points can be redeemed for items in its online catalog, found at www.greenpoints.com. The Web site also gives you the option of donating

your points to United Way or American Forests' Global ReLeaf tree-planting program, or you can give to other organizations if you have the appropriate information for them.

Change home, and life

Most of us think a home should reflect who we are. But maybe it's the other way around.

Moll Anderson, an interior designer and TV host, believes redecorating a home can provide the nudge people need to get themselves out of a rut. It's the premise behind her new

book, "Change Your Home, Change Your Life."

The book is as much self-help manual as decorating guide. Anderson leads readers through a series of self-discovery questions that help them focus their projects in the hopes that by doing so, they'll bring new focus to their lives. There are plenty of projects, tips and other purely practical information, too.

"Change Your Home, Change Your Life" is due out Sept. 26 from Cool Springs Press and will sell for \$24.99 in softcover.

Patching drywall yourself

BY ALAN J. HEAVENS
(MCT)

I cut out a couple of sections of our master-bedroom ceiling last spring to try to extricate some squirrel squatters. Not such a smart idea, as it turned out — plus, it left me with two sizable holes in the drywall.

Unless such repairs are part of a major remodeling project, the typical drywall contractor isn't likely to sign on. It's up to you to make the fixes.

Need to know: Which tools you'll need for the job. Some, you probably have around the house — a hammer, scissors, a tape measure, a metal straight-edge, a dust mask, and a utility knife. Don't own a drill/driver for embedding screws? Models for nonprofessional use aren't that pricey but will allow you to get the drywall patch in place quickly and easily.

You'll also need something to sand the coats of drywall compound on the patch even with the surrounding wall. Some people use a sanding sponge, which is flexible and reusable. I've had better luck with a piece of 150-grit drywall sandpaper that I change when it clogs with dust. And don't forget a drywall saw, which is used to cut patches to fit the holes, or to clean around the holes to fit the patches.

Material world: To make your repairs, you'll need scraps of drywall (you can get them free or at little cost at the home center), joint compound, joint tape, and drywall screws. Also available at home centers and hardware stores are drywall patches that stick or iron onto the wall, and some that will take paint without any further work. Mesh patches can handle holes up to 3 inches in diameter.

The most frequently used joint tapes are either paper or self-adhesive. Paper tape is first embedded in a coat of joint compound on the surface to be repaired; self-adhesive tape, often fiberglass, is perforated to accept joint compound after it is applied to the surface.

Cut and paste: You'll need one or two taping knives to spread the joint compound. They come in various widths, and should be wider than the area you're repairing. When professionals finish a joint, the width of the knives they use increases to even out the coat of joint compound sufficiently to reduce the amount of sanding needed.

There are plastic knives and stainless-steel knives. I use both, but the edge of a metal knife does a sharper job.

A few small repairs: To mend split joint tape, move the old tape without ripping the drywall by slipping the drywall knife underneath; apply new tape and spread a thin coat of drywall compound on it, eliminating any bubbles. Add a second coat while the first one is wet. To fix popped nails or screws, replace them with new ones, embedding just below the surface of the drywall — no more than breaking the paper, really. Fill the hole with drywall compound and let it dry (it will shrink), then keep adding compound until it is a little higher than the wall surface. That's what you will sand even.

250 Lakewood Center • Morgantown, WV 26508

304.594.2222

1.800.282.0234

www.abouttownrealty.biz

Licensed in WV and PA

“Our new name reflects our expansion and emphasis on teamwork in order to provide the best possible service.”

Carol Leonhard, Broker



OPEN HOUSES

SUNDAY 1-3

OPEN HOUSES



306 Anini Drive

Beautifully decorated new construction, conveniently located and affordably priced! Light, open floor plan with hardwood floors and a large deck for entertaining. Choose your own appliances, carpeting and lighting fixtures to make this the home of your dreams!.....**\$181,000**

DIRECTIONS: At Pierpont Exit of I-68 proceed North on Rt. 857 for .5 mile, turn right into development behind Cheat Lake Physicians.



308 Anini Drive

Quality New Construction! with convenient location and affordability! Hardwood floors, ceramic tile and large deck off the dining area are just a few of the amenities.....**\$181,000**

DIRECTIONS: At Pierpont Exit of I-68 proceed North on Rt. 857 for .5 mile, turn right into development behind Cheat Lake Physicians.



261 Hanalei Drive

Beautifully New Construction, conveniently located and at the right price! Light, open floor plan with hardwood floors, a large deck for entertaining and partially finished basement for added living space. Allowance for choosing your own appliances, carpeting and lighting fixtures. Call today!.....**\$196,000**

DIRECTIONS: At Pierpont Exit of I-68 proceed North on Rt. 857 for .5 mile, turn right into development behind Cheat Lake Physicians.



263 Hanalei Drive

Beautifully New Construction, conveniently located and at the right price! Light, open floor plan with hardwood floors, a large deck for entertaining and more. Allowance for choosing your own appliances, carpeting and lighting fixtures. Call today!.....**\$189,000**

DIRECTIONS: At Pierpont Exit of I-68 proceed North on Rt. 857 for .5 mile, turn right into development behind Cheat Lake Physicians.



1021 Autumn Avenue

Quality new construction in Morningside Estates. The spacious floor plan features 5 BRs & 3 1/2 BAs w/ interior designed hardwood & tile floors, granite countertops, oak cabinets, 2 exquisite stone flps. Storage space & security system make this beautiful brick home perfect for your family.....**\$425,000**

DIRECTIONS: Take Brookhaven Rd, turn L onto Morningside Dr, R into Morningside Estates, take 1st road to the left, follow signs.

Lafollette Drive



Hostess:
Sharon Leech



Hostess:
Jennifer Stanley

LAFOLLETTE DRIVE: New construction in Cheat Lake area. Affordable quality-built cottage - style homes. The interiors feature hardwood floors, carpet in BRs, tile bath, crown moulding & a full walk-out basement. Choose the colors & kitchen cabinets now. Appliance allowance. Artist's renderings are similar to actual construction.....Starting at **\$130,000**

DIRECTIONS: Rt. 857 to Tryone Avery Road. Turn right onto Tyrone Avery, left onto Lafollette Drive.

RESIDENTIAL



EARL CORE ROAD: Fantastic business opportunity. A potential three unit rental or a multiple business unit.....**\$450,000**



HISTORIC TALL OAKS (circa 1912): This true Italianate Romantic home & guesthouse have been completely restored to their original charm & beauty w/ ultra-modern features. The grounds incl. stone walls, a priceless garden, pool, & a breathtaking view of the city. This is a dramatic & enchanting property. Wing ceiling, maid's quarters in the attic. Sellers say home will have just under 5,000 finished SF.....**\$550,000**



720 MCKINLEY: This lovely home has been remodeled to include an open kitchen & DR area w/ new cabinets, steel appliances, & laminate flooring on the 1st floor. The 2 lots w/ a privacy fence make this great for outdoor entertaining, gardening & room to play. The detached garage has been made into an artist's studio w/ radiant floor heating. The price is right w/ a wonderful view of Morgantown.....**\$135,000**



RANCH IN CHEAT LAKE: Lovely property is located at the end of the street with extensive decking. The interior features include an open floor plan with a wonderful sunroom. New furnace and A/C installed in 2004.....**\$179,000**



MORNINGSIDE: New construction, beautiful split entry 4 BR, 3.5 BA, incl Jack & Jill BA, ceramic tile, hardwood floors, many upgrades. Under cabinet lighting in kitchen, wired for security system, upgraded carpet, child safety gate on back deck. 3 Car garage! Fences permitted. Close to I-68.....**\$299,000**



LIVE CLOSE TO TOWN & TO CHEAT LAKE: in this move-in ready home! Beautiful 2-yr old kitchen w/ superb, spacious cabinetry & stainless steel appliances (still under warranty), new roof, replacement windows, wood flooring in LR, DR, hallway & 1 BR. Sliding glass doors open to patio & to large fenced-in back yard.....**\$160,000**



THE RESERVES: Within minutes of I-68 and I-79, these lots have beautiful views and all underground utilities available.....**\$45,900-\$49,900**



CLOSE TO THE LAKE: Private setting, within walking distance to the lake. Lovely Cape Cod on 2 level lots. Master bedroom on main level.....**\$215,000**



2979 RIDGEDALE ROAD: Country home close to town describes this property, which can be subdivided. Detached garage is 40x25. 1.5 very-flat acres.....**\$195,000**



LAKEVIEW ESTATES: Gorgeous newly decorated townhouse has new steel appliances, hardwood floors, crown moulding, newly finished basement with kitchen, FR w/FP bath and BR, new landscaping, wide deck & flagstone overlooking Cheat Lake, new furnace and roof. You will love living in walking distance of all the amenities of Lakeview Resort.....**\$290,000**



HICKORY DRIVE: This contemporary with 6 levels and many decks is nestled in the trees on a private 2 acre lot. FP in LR. Level master suite. In-law suite. This home has the privacy and space you need!.....**\$239,900**



WALK TO DOWNTOWN KINGWOOD: Much work has already been done on what will be a very nice house on an appealing lot. New furnace, new A/C pump, new framing for all new windows, 2 rooms newly framed & more! Great buy!.....**\$37,000**



PENN AVENUE: Great rental property! New 3 year roof, new seamless gutters. Property sold "AS IS".....**\$55,000**



750 SOUTH PIERPONT ROAD: Fabulous panoramic view! This property is the perfect place to build your dream home in the Cheat Lake area and very close to town.....**\$89,900**



KAY STREET: This is a 4BR home on a large corner lot. It has new windows, cathedral ceiling leading to a deck overlooking a private yard with mature, beautiful landscaping. Come see this warm family home.....**\$170,000**



FRANK LLOYD WRIGHT: style home on .65 acre level lot w/ gorgeous mature landscaping; the interior boasts 4 BRs, suites w/ hot tub on the deck from the MBR on the 1st floor. Walk to Cheat Lake schools. This is a wonderful unique property for.....**\$325,000**



447 DECEMBER LANE: House is in like new condition. Kitchen, living and dining room have hardwood floors. Two decks, one on 1st floor, one below grade. Professionally painted, cleaned and landscaped. One of the best views in the entire subdivision.....**\$134,900**



1294 BAKERS RIDGE ROAD: Well maintained ranch home in established Baker's Ridge Road Major development. Close proximity and easy access to hospitals, Mylan and NIOSH. Motivated sell-make an offer.....**\$200,000**



RT. 3 BOX 150: Home is located 1 mile from I-79. It has been updated w/ new interior doors & ceiling fans in the BRs. The lockbox is located at the back door on the deck. Call the listing office for an appt. (Pets on premises).....**\$85,000**



WESTOVER: Zoned for residential & commercial use! plumbed recently updated, fresh yard work with fenced in back yard. Listing agent is the owner.....**\$230,000**



TUNNELTON: Enjoy the country views of this well kept home in Preston County.....**\$110,000**



865 IDLEWOOD: Nice home close to Ruby Hospital with new flooring and central air.....**\$140,000**



HANALEI DRIVE: Beautiful new home! Great room (10'x10') w/ wood flooring intended for LR & DR; adjacent kitchen has eating area. Unfinished basement can be easily finished for FR w/ BA. Huge garage! Allowances for flooring & appliances.....**\$189,900**



SPACIOUS NEW CONSTRUCTION: Gorgeous home in new desirable Cheat Lake neighborhood. Two-story foyer and family room w/ vaulted ceilings. Special features include jetted tub, hardwood floors on main level, ceramic tile and walk-out basement.....**\$399,000**

UNDER CONTRACT



Beautiful new construction home in desirable Cheat Lake community. Enjoy the views from your large deck.....\$181,500

UNDER CONTRACT



This home will give you everything you to entertain. Enjoy the cool evenings in the hot tub, or the warm afternoons in the pool while having a barbecue on the newly built deck, with private back yard. Listing agent is the owner.....\$149,000

UNDER CONTRACT



INVESTOR'S DREAM: 4 unit rental, \$10,000 of recent repairs, incl. electrical updates. RECEPTIVE TO CREATIVE FINANCING. Possible 60-70% owner financing available for qualified buyers. \$5,000 re-siding allowance. Great investment opportunity. This one won't last long.....**\$110,000**

UNDER CONTRACT



RIVER ROAD: Recently remodeled 3500+ SF home features 5-car garage; 2-car attached, 3-car detached with bonus room above. MRB has jetted tub & deck with hot tub. Multiple decks, landscaping & garage make this home great for work or entertaining.....**\$245,000**

UNDER CONTRACT



\$28 GASTON AVENUE: New gutters & new kitchen floor; plumbing recently updated, fresh yard work with fenced in the outside.....**\$85,000**

UNDER CONTRACT



49 SUGAR MAPLE: Gorgeous home on spacious lot. Plenty of privacy on this level lot.....**\$225,000**

NEW LISTING



865 IDLEWOOD: Nice home close to Ruby Hospital with new flooring and central air.....**\$140,000**

UNDER CONTRACT



HANALEI DRIVE: Beautiful new home! Great room (10'x10') w/ wood flooring intended for LR & DR; adjacent kitchen has eating area. Unfinished basement can be easily finished for FR w/ BA. Huge garage! Allowances for flooring & appliances.....**\$189,900**

UNDER CONTRACT



SPACIOUS NEW CONSTRUCTION: Gorgeous home in new desirable Cheat Lake neighborhood. Two-story foyer and family room w/ vaulted ceilings. Special features include jetted tub, hardwood floors on main level, ceramic tile and walk-out basement.....**\$399,000**

Introducing...

Canyon Creek Acres

This is the perfect opportunity to own your piece of Wild and Wonderful West Virginia!

featuring:

- 15 +/- Acre Parcels
- River Frontage
- Streams & Waterfall
- Multiple Trails
- Great Location
- Good Access

Possible Owner Financing starting at \$199,000

1-79 COMMERCIAL PROPERTY

12 Acres

40 A.C. +/- of commercial land located at the Goshen Road Interchange of I-79 & 2 miles from I-68. Visibility is level with I-79 on the back five acre lot. Triad site plan is available.....\$4,400,000

LAND

- Highland Ranch • Lot 1.....**\$25,000**
- Masontown • 2.4 Acre.....**\$25,000**
- Snake Hill • 2 Acres.....**\$30,000**
- Masontown • 2.7 Acres.....**\$37,000**
- The Reserves • 2.59 Acres.....**\$49,000**
- The Reserves • 2.50 Acres.....**\$45,900**
- The Reserves • 2.01 Acres.....**\$49,900**
- Heaven Hill Rd. • Approx 1+ Acre Starting at.....**\$65,000**
- Cheat Lake Area • .28 Acres.....**\$79,000**
- Cheat Lake Area • 1 Acre.....**\$89,900**
- Mount Clare • 35 Acres.....**\$99,000**
- Haywood, WV • 1.2 Acres.....**\$185,000**
- Grafton Road • 7 Acres.....**\$250,000**
- 48 Acres, City Limits.....**\$425,000**
- City Limits, **REDUCED**.....**\$230,000**
- Rt. 40 Chalk Hill-173 Acres **\$437,500**

www.abouttownrealty.biz

Busting a myth on mold, mildew

HOME ENERGY Q&A

BY KEN SHEINKOPF
(MCT)

Q: No matter how well we clean our house, we keep finding some mold and mildew in the closets, under the sinks and elsewhere. I asked the guy at our hardware store about this and he said it was a common problem caused by energy-efficiency measures in today's homes. Is he right about that?

A: File this one under the urban legends category. I hear it every so often too, but having discussed the idea with many energy experts over the years, I'm convinced that this isn't the case at all. In fact, energy-efficient homes usually improve indoor air quality and cut down on the growth of mold and mildew.

However, this can be considered an energy issue because heat and damp conditions in a home can lead to mold and mildew problems. Maybe you're not setting the air conditioner in summer low enough to get rid of indoor humidity. Maybe you're not using exhaust fans in the bathroom that get rid of moisture after showering or bathing. Do you have good ventilation in the home to control the humidity level?

Rather than cause indoor air quality problems by plugging leaks and reducing unwanted airflow, energy-efficient homes help indoor air by keeping out uncontrolled airflow that can bring in moisture, pollutants and other unwanted outdoor air problems. A "tight" house with plugged leaks and controlled airflow usually results in better quality indoor air.

When making a home energy-efficient, your job is to stop the uncontrolled airflow and ventilate the air by good vacuum cleaning and strategies like cleaning up damp carpets, fixing deteriorated insulation and keeping paint cans and household cleaning products in the garage instead of the living space.

Natural ventilation is an important strategy to keeping indoor air healthy. When the weather allows it, open windows and doors. Use fans to circulate the air. Turn on the kitchen and bathroom exhaust fans to get rid of odors and humidity.

I've seen some studies recently that showed that many people aren't concerned about indoor air quality and don't even think of it as a problem. But if you'll think about the many things we do that affect indoor air — burning candles and

incense, keeping pets indoors, not changing furnace filters, and other behavior patterns — you realize that ventilation is essential.

You ought to contact your local American Lung Association chapter and get some of their information on "healthy houses." There are many simple things you can do to keep your home's air healthy. Combine these strategies with energy efficiency to maximize the benefits.

Q: You wrote a while ago about getting a home's ductwork checked for leaks or holes, and we hired a local contractor to do this for us. He fixed a number of problems he found and our air conditioner worked better than ever afterward. How come you don't urge everyone to get their home's ducts cleaned and repaired?

A: Well, I do (sort of). I've been writing about the importance of clean, well-sealed ducts for the past 20 years or so, and I'm a big believer in the importance of properly performing ducts. As I've said many times, you can do all the things you want to make your home more energy efficient, but if the ducts are leaking, you're going to wipe out all the savings from the other things you do.

The problem is that cleaning and repairing ducts is something to be done only by experienced professionals or you can end up with more problems than you started with. Take some of the register covers off the return ducts in your home and look inside. If you see that the ducts are really dirty or if there is light coming in through holes and tears, call a professional to come out and fix things. Holes in ductwork cause significant energy losses, and dirty ducts will bring in unwanted air pollution. You can often notice duct problems if your energy bills are suddenly going way up or if you find lots of dirt coming in through the registers. Check the walls and carpeting around air intakes for especially dirty spots.

However, poking around in ducts can cause rips and holes, and you need to be sure that you're hiring a contractor who knows how to fix and clean these systems. I always recommend you get the ducts inspected if you suspect there might be problems, but I have to add the caution that you don't just get them cleaned without an inspection revealing problems. And like I said, make sure you hire experienced people to do the work. This is no job for a do-it-yourselfer.

OLD COLONY REAL ESTATE
The Region's Leading Real Estate Web Site

OLD COLONY COMPANY, REALTORS®
Formerly DORSEY & KIGER REALTORS
Service You Deserve People You Trust



304-291-2121 Vaughn L. Kiger, Managing Broker 800-291-2122



OPEN HOUSE
Sunday, Oct. 1, 2006 • 2:00-4:00PM
452 CLARK STREET
CLARK STREET: Excellent condition, must see! Inviting two-story home featuring spacious rooms, remodeled kitchen, hardwood floors, 3 bedrooms, and wonderful interior decor. Also an intimate deck area provides a private getaway.....\$179,900
DIRECTIONS: From town cross Walnut St. bridge toward South Park, follow Brockway Ave. (R) on Kingwood St. (L) Cobun Ave. (L) Dewey St. (L) on Clark St.
Debra Powell 292-2703



CHEAT LAKE
The perfect getaway or year-round home! Rustic lakehouse, includes 3 bedrooms, a living room with a stone fireplace, plus a fantastic view of the lake from a naturally wooded perch. Boat docking privileges, quiet location in a private neighborhood, only minutes from town.....\$199,500
David Dorsey 296-8425

FAIRMONT ROAD
Excellent starter home. Located minutes from the Morgantown Mall, this 2 bedroom ranch-style home includes a dining room, kitchen, living room plus a full basement. Great rural setting, lots of possibilities.....\$74,900
Randy Wildman 599-3012

VAN VOORHIS ROAD
Just minutes from all hospitals and Evansdale Campus, a half acre on the Cheat River with spacious 4 bedroom rustic contemporary home featuring a large deck and master bedroom viewing the river. Also has a 2-car garage with a 2 bedroom apartment and a 1 bedroom cottage with bath and kitchen.....\$485,000
Kassy Kelley 216-8820



SUNCREST
Lots of charm and the best of location are found in this 3 BR ranch style home with integral garage. Offers a great living room w/ cozy wood burner, 2 1/2 BAs, a FR, formal DR, & a not to be duplicated family neighborhood mins. from all hospitals and Evansdale Campus.....\$249,500
Vaughn Kiger 599-6644
Victoria Cather 594-1242

PRESTON MEADOWS
New construction, quality designed and built 3 bedrooms, 2 1/2 bath home located only 20 minutes from Morgantown. This lovely two story home is in a well planned community featuring paved roads, underground utilities, and a playground.....\$188,000
Julie Snow 282-1366

PRESTON MEADOWS
Fresh new construction, you can be the first owner of this great two story 4 bedroom, 2 1/2 bath home. Ready for immediate move in. The kitchen has a center island and pantry and is sure to be a favorite gathering spot. The master bedroom has large vanity sinks, much more.....\$198,000
Julie Snow 282-1366



ASHTON ESTATES
Beautifully maintained two story townhome with all the right touches. There are oak hardwood floors and stairs, ceramic tile accents, stainless steel appliances, plus a covered porch w/ceiling fan. The open floor plan boasts a master bedroom w/whirlpool tub, tray ceiling, and lg. walk-in closet.....\$199,000
Julie Snow 282-1366

PRESTON MEADOWS
Just completing work on this new 3 bedroom two-story traditional with contemporary touches, a spacious master bedroom, kitchen w/work island and pantry, living room w/fireplace, planned community amenities.....\$193,000
Julie Snow 282-1366

SUNCREST
The convenience of an easy flowing ranch floor plan & fantastic location make this 3 BR home a true gem. Some of the many pluses include new kitchen, BAs & windows, large FP with adjoining covered patio, walk to hospitals.....\$229,000
Sally Dempsey 599-3722



PLEASANT HILLS
Must see beautifully decorated home. Huge great room with cathedral ceiling, skylights, gas FP, radius window, HWFs & access to an enormous composite deck for entertaining & well appointed interior decor with beautifully landscaping.....\$305,000
Jan Howat 599-4447

SOUTH PARK
You will enjoy the spectacular view of the city from the front porch of this 2 story traditional home with wonderful contemporary touches. This home is loaded with charm and presents many possibilities w/lot and wrap around deck.....\$182,500
Victoria Cather 594-1242
Sarah Straface 598-7599

SOUTH PARK
Classic South Park charmer, located within easy walking distance to town & campus. Features 4 to 5 BRs, 2 1/2 BAs, living room with fireplace & built-in bookcases, rich parquet flooring, formal dining room, plus eat-in kitchen has been renovated with stainless steel appliances.....\$255,000
Betsy Cilella 284-0932



HANALEI
New construction, be the first owner of this beautiful 3 bedroom, 2 full bath contemporary home with traditional appearance and hardwood flooring in the foyer, dining room and kitchen. Room for future expansion in lower level.....\$192,500
Victoria Cather 594-1242
Sarah Straface 598-7599

SOUTH PARK
Classic South Park Home - A marvel inside & out. Colonial Revival styling w/Palladian windows is outstanding. All the size & grandeur of detail make this 5 BR home a treasure. Private courtyard & landscaping.....\$340,000
Victoria Cather 594-1242

CEDARSTONE
Conveniently located 2 bedroom, 1 1/2 bathroom townhome provides easy access to Evansdale Campus, town, and all hospitals. The two-story design offers a lower level garage, plus a front deck, and back patio and yard area, and a living room w/fireplace.....\$129,000
Jamie Craig 282-1332
Fran Nelson 599-4937



BAKERS RIDGE MANOR
Immaculate split-entry style home with 4 BRs & plenty of private space. The spacious family room with fireplace will be the gathering spot for family activities. Attractive wooded lot & deck are wonderful for entertaining.....\$219,500
Carol Permar 599-8516

SUNCREST
Quality construction & plenty of space are provided in this wonderful home located in the heart of old Suncrest. 3/4 acre park-like lot with playhouse & stone FP in the huge FR for snuffling, 5 BRs, 3 BAs & more.....\$473,000
JoAnn Welton 599-6152

SOUTH PARK
A most inviting two-story bungalow located in the heart of South Park historic district. This home offers 3 bedrooms, hardwood floors, ceramic tile in the kitchen & two baths, a cozy living room with fireplace, a breezy covered front porch and a level fenced back yard for kids and pets.....\$195,000
Vaughn Kiger 599-6644
Linda Lutman 292-7066



BAKERS RIDGE MANOR
Beat the summer heat in a shady fenced back yard w/ground pool, 4 BRs, great view, lots of interior space, 2 fireplaces, family & game rooms, double fenced lot & excellent location in family neighborhood.....\$325,000
Jeff Goff 692-9915

PLEASANT HILLS
Magnificent direct custom home w/spectacular views from every direction! This recently remodeled quad-level home is located on over 1 acre & features huge MBR w/FP & BA w/whirlpool tub, 3 additional BRs & BAs.....\$395,000
JoAnn Welton 599-6152

TUNNELTON
The perfect country retreat! This 125-year-old home can be purchased with 1.8 acres, house includes 3 bedrooms, living room with fireplace. There are available 150 adjoining acres with trout stream and valuable timber for \$475,000. House with 1.8 acres is.....\$100,000
Carol Permar 599-8516



GRAFTON ROAD
A wonderful panoramic view of the majestic West Virginia mountains welcomes you to this custom built home with a French Colonial feeling. Includes 5 bedrooms, 5 full baths, 2 1/2 baths, a private first floor master br. suite, a beautiful indoor swimming pool, a dream kitchen, spacious living rm. w/fireplace, 5 car garage, lots more!.....\$995,000
Vaughn Kiger 599-6644

SUNCREST
True single level floor plan! This spacious 3 bedroom ranch style home provides a fantastic well flowing floor plan to include a family room with fireplace, 2 baths, lush pvt. yard.....\$285,000
Mary Marino 276-2415

INDEPENDENCE
Rare opportunity! Beautiful 188 acre working farm in Preston County. Includes a split level house with a large family room, 3-4 bedrooms and 2-car garage. This property is a must to see!.....\$700,000
Sandy Lewis 598-3191

Looking to Buy or Build a New Home?

T.J. Contracting & Custom Homes

Model Home Sales Office: 284-0066

Morning Side Estates



MODEL OPEN
Wednesday 1-6
Thursday & Friday 1-5
Saturday 10-5



This home features 4 Bedrooms, 2.5 Baths, 2 car garage, full basement
\$304,000



This new Townhome features 3 Bedrooms, 2.5 Baths, oversized 2 car garage, all appliances with W/D. Within minutes to University, Mylan, and Hospitals
\$179,900



Under Contract
Lot #28
5 Bedrooms, 3.5 Baths
\$395,000

Directions: Take Sabraton Exit off I-68, make left onto Rt. 7. Go 100 yards, make left onto Brookhaven Road, look for Morningside Estates signs.

Andersen Windows & Doors
Featuring Quality Andersen® Windows and Patio Doors Supplied by O.C. Class Lumber

T.J. Contracting & Custom Homes
Office 1-800-573-7715 • 366-7715
Model House 284-0066 (Sales)
VV#026295

O.C. CLUSS
LUMBER / BUILDING SUPPLIES

Marking territory in a 'manspace'

Book celebrates places guys make selves at home

BY EILS LOTOZO
(MCT)

Barrie Maguire is crazy about his garage. But not as a place to park his car.

He uses the tiny structure, which he has transformed with a skylight, as a painting studio — minimally decorated with some of his portraits, his art equipment, and some garage-sale finds.

In an earlier incarnation, the garage was a home office/escape pad from the family hubbub, with decor that included a faux brick wall, a gas fireplace, and a lamp made from a tree trunk gnawed by a beaver.

"I was trying to make it feel like a cabin in Wyoming," he says.

But what Maguire's beloved sanctuary really is is a "manspace."

That's the tongue-in-cheek term coined by author Sam Martin in his new book, "Manspace: A Primal Guide to Marking Your Territory" (Taunton, \$24.95), which celebrates the places guys stake out for themselves for hobbies, creative pursuits, displaying collections, or simply hanging out.

These are not the grubby basement and garage redoubts where men once went to build birdhouses, tinker with cars, watch the game, or hide from their wives. Forget beer-drinking, sports-watching stereotypes. The book, which is packed with photographs of more than 50 manspaces across the United States, features everything from a replica of a Japanese tea house to a room specially designed for a collection of

vintage nautical paraphernalia.

A local musician's recording studio and rehearsal space in a lavishly renovated barn outside Philadelphia is pictured with Persian rugs and chandeliers. And there is an actual observatory built atop one guy's Colorado summer home, a modern fishing camp designed by another fellow's indulgent architect wife, a backyard artificial-turf bowling alley with an electric scoreboard, and a timber-frame barn built for a guy who carves duck decoys.

"Men aren't one-dimensional anymore, and no two manspaces are alike," says Martin, who got the idea for the book after he spent five months and \$3,000 building a 165-square-foot writing shed in his backyard in Austin, Texas.

Martin, whose previous book was "How to Mow the Lawn: The Lost Art of Being a Man," sees a real trend toward men claiming bigger and more well-appointed spaces for themselves and their interests.

"When we started doing research, we got tons of responses," he says.

Is it a generation of men steeped in HGTV home-makeover shows? The shift in roles and domestic dominion brought on by the women's movement? "Manspace" is short on data and analysis, but Martin, who is launching a Web site and blog called Manspacesite.com, says this: "Men have been struggling with identity for a number of years. Manspaces are ways for guys to establish their identity and celebrate it. We've decided to take our pursuits out of the uninsulated garage, where we shared them with the car, and move them up front."

"Also, there are more men working at home now. Maybe that's why men's spaces are more accepted and needed."

David Ballinger, whose spiffy Met-

roshed is featured in the book, says he conceived his modern, prefab building line (www.metroshed.com) as an easy way to erect a home office. But just as many customers are turning them into quirky manspaces, he says.

Along with creating poker rooms, or places to smoke cigars or play pool, says Ballinger, customers have used Metrosheds as welding shops and motorcycle garages.

"And we've got one guy who sits in his and watches his llamas and alpacas in a field," he says.

The guys featured in "Manspace" seem to have had no problem convincing wives and girlfriends that building rock-climbing walls, devoting spare rooms to collections of fishing tackle, or erecting sizable outbuildings in which to commune with one's muse were a great use of space and the family budget.

Locally, though, if our own informal survey is a gauge, women are keeping a tighter rein on domestic space and the best the guys can hope for is the basement.

"My wife said I'm allowed to do whatever I want on a subterranean level," says Bruce Clark, whose manspace is the large walk-out basement he added to the house he and his wife built 17 years ago. Along with a home office, the space is a display room for more than 30 vintage pinball machines and video games.

"My wife had the rest of the house to work with — floral drapes, feminine design, whatever she wanted. The finished basement is mine," Glen Macnow, a WIP radio host, says of his classic subterranean manspace, whose decor features a Three Stooges poster, a pool table, a pinball machine, a table hockey game, and a 36-inch TV for sports viewing.

Gary Reign, who created a basement

media room designed to evoke the control rooms from the various "Star Trek" series, says he has no problem deferring to his wife's decorating preferences for their suburban Philadelphia home.

"The reason I could do such a far-out theme is it's in the basement, so it doesn't clash with the rest of the house, which is country Colonial," says Reign, whose room, dubbed The Bridge, is featured in "Manspace."

Gordon Hart, a professor of counseling psychology at Temple University, wonders, though, whether some men's impulse to carve out a manspace is always a positive.

"I have seen too many couples in my practice where the man is in the other part of the house in his space and he doesn't come out," says Hart, author of "Power and Intimacy in Men's Development."

"If they are out building a clubhouse in the basement or a nook in the garage, then maybe they haven't negotiated adequately for the rest of the space in the house," Hart says. "For some men, it's a reluctance to engage in conflict with their spouse over that Elvis-on-black-velvet painting."

Not for Barrie Maguire. Last year, he and his wife, a freelance editor who also works at home, completed a renovation and addition that gave him a handsome new second-floor office and created one for her on the ground floor.

But Maguire still loves his little garage, where he spends three hours every morning creating large-scale paintings of famous Irish writers. (You can see them at www.maguiregallery.com.)

"I have had so many guys come in here over the years — the propane-delivery man, the FedEx guy — and everyone of them says, 'Oh, man, I need a place like this.'"

Pantone entering home paint market

ON THE WEB: pantonepaints.com

BY DAVID BRADLEY
Associated Press

Pantone, whose influence over color spans virtually the entire spectrum of consumer products, has entered the home paint market.

Pantone colors were once available mainly to design professionals who used the company's system to create color combinations that could be accurately repeated time and again. But now homeowners will have entrDee to nearly 3,000 custom paint choices inside and outside the home.

That news has Roger Merrill ready to paint the town red, or at least some shade of Rococco Red (Pantone 18-1652 TPX). He says consumers are finally ready to embrace color and break free from the neutrals that dominated interiors and exteriors for so long.

"What it tells me is consumers are loosening up on color because now every room in the house can be a different color," says the San Clemente, Calif., paint dealer, who will carry the line. "This represents a big movement to color."

And livelier colors could represent a real shift in an already huge paint market. Paint accounts for 57 percent of the \$19.5 billion in annual coating sales in the U.S., according to the National Paint and Coatings Association. That's up more than 22 percent from 1995. Consumers slather on nearly 809 million gallons of paint each year.

"The color trends are toward more vibrant, vivid colors inside and outside the home," says Bent Mikkelsen of *Paint Pro* magazine, a paint industry trade publication.

But Mikkelsen says whites and other neutrals are still popular in new construction so as not to offend the sensibilities of potential buyers who might be turned off by strong colors. In his estimation, color reigns in custom paint jobs performed by more than half a million painting contractors in the U.S.

Pantone is far from alone in promoting bold color palettes. Amy Larrabee of the Color Marketing Group, a consortium of 1,000 independent color experts who forecast color trends, says "Our forecast is for colors that are bolder and brighter, and that trend is going to keep on going."

Consumers are much more color-sophis-

ticated and willing, Larrabee believes, to do color experimentation. Even tones once considered neutral are due for a shake up. She says neutrals will be influenced by spa tones of blues, greens "to make you feel comfortable. These will be calming colors yet they are still bold."

Pantone got its start as the yardstick by which color forecasts entered the production mainstream, and has made its reputation partly based on its ability to accurately replicate color. It makes the same promise with its paint line, identifying all its paints by number as well as name.

"What we're talking about is a professional color tool that designers have relied on for half a century to inspire colors for product development," says Lisa Herbert, executive vice president of Pantone. "Why not allow discerning homeowners and their decorators to use this? We thought 'why keep this a deep, dark secret?' We know color trends and we know what's hot."

The paint will be sold under the Pantone Paints label through the Fine Paints of Europe retail network as well as by phone or online. Interior and exterior paints are available. Homeowners and designers can go online for design tools and other

design assistance. The 2007 Pantone Color Forecast is also available.

Pantone will sell two paint fan decks. The primary deck, with 1,925 colors, is \$165. The second deck is a matching system used largely by printers, and it contains another 1,000 color possibilities.

Herbert describes today's color choices as a "more sophisticated urban palette," with deeper tones, blues, soft beiges and caramels. But she points out "It's not only the color that's hot, it's how you combine colors that makes the difference."

At the grassroots level, paint dealers like Merrill see customers finally breaking out of their shell, color-wise. "It wasn't long ago every room was white in Southern California," says Merrill. "People would accessorize with color. Now they are really loosening up with color on every wall. People feel so good about their homes now that they've used color."

Indeed, his best selling colors so far in 2006 are rich, dense shades such as burnt ochre and deep blues. That trend is likely to continue, at least it seems that way to Merrill. "Things will never go back to just white," he says. "That's my prediction. It just can't."

Cool-season favorites now have siblings

BY NORMAN WINTER
(MCT)

It took some time, but two of my favorite cool-season plants just got siblings: Frosty Rain pansy and Bouquet Rose Magic dianthus.

For years, everyone has adored Purple Rain pansy, the only mounding, cascading selection. Popular demand usually makes it hard for procrastinators to find them, yet for years this has been a series of one.

Pan American Seed is offering Frosty Rain as another option in what is now the Rain series. Depending on the temperature, Frosty Rain can have different looks throughout the season. It is white with light blue/purple picotee edge and purple blotch; the blotch can occasionally appear blue-purple.

In cooler conditions, flowers have more of an ocean color pattern with purple picotee; warmer conditions result in more white with ocean/purple picotee. Both the Purple Rain and Frosty Rain will have flowers that are about twice the size of hybrid-type violas.

As with almost any other flower, the key to success lies in bed preparation. Pansies do not perform well in tight, heavy soil. Amending the planting area is one of the best ways to have success over these conditions.

Add organic matter such as fine pine bark (pieces less than one-half inch), leaf mold, compost, peat and sand. Incorporate a 3- to 4-inch layer of organic matter with the native soil to build up the bed and provide excellent drainage.

This same organic matter will benefit gardens with an excessively sandy soil structure. Sandy soils dry quickly and allow for rapid leaching of nutrients. The organic matter will increase the soil's water-holding capacity greatly and will help hold in valuable nutrients.

In 2001, Bouquet Purple dianthus was chosen as an award winner. For all of these years, it too has been an only child, but now there is Bouquet Rose Magic. The blooms open white and mature to light pink, then a deep rose color. This means on one flower stalk, you will see all of these colors at once. Bouquet Rose Magic shows the most color variation in high light and cool temperatures in the landscape.

The Bouquet series is considered an interspecific hybrid. For a while it performs like the Telstar series, a Louisiana Select winner, but shortly you will see the big difference. The Bouquet series is a tall dianthus that is a good landscape performer with potential for cut-flower growers.

The stalks reach 18 to 24 inches in height and produce an abundance of bouquets, ready for cutting. The flowers are bright and bold.

The Bouquet series has remarkable cold tolerance, as proven by the Bouquet Purple also being designated as a Minnesota Select Perennial Plant winner.

Retail/Office Available



Greenbag Road
Former Ace Hardware Building
2,000 to 20,000 sq. ft.
Build-out to suit - No B&O Taxes
Plenty of Parking
304-276-5100

MERCURY
www.mercurywv.com **STORAGE**
SECURE • CONVENIENT • PAVED • CLIMATE CONTROLLED
RT. 857 N. CHEAT LAKE (Near Ruby & Ketchy's)
(304) 594-9138

When is it OK to trim KO roses?

GARDENING Q&A

BY NANCY BRACHEY
McClatchy Newspapers

Q: I have Knock Out roses that have grown rapidly and bloomed all summer. I pruned them in early spring, and then again in early June, but have not touched them since. I really want to trim them back so they don't stay so large over the winter. Is it safe to trim them now, while they still have a few more weeks to grow? Or do I have to wait until winter is over to keep from damaging them?

A: I try not to get too excited about new plants because it is the test of time in the flower bed at home that will prove their merit. But I cannot think of a new ornamental that has lived up to — even exceeded — expectations since it came out in 2000. One member of the new class of long-blooming landscape roses, Knock Outs have proved a winner for people who want a disease-resistant shrub with a very long blooming season. With sun, fertilizer and water to encourage new growth, Knock Out keeps blooming.

The season is far from over. Because you pruned your plants correctly, you got both excellent spring and summer bloom on the new growth the pruning generated. Knock Outs will continue to bloom on new growth until cold weather brings them to a halt. Over the years, when warmish weather lasts through a mild, sunny autumn, people have told me they have blooms in December. The new growth you see now should bear flowers this fall. The foliage is also good in fall, with some leaves turning an attractive burgundy.

So this is not the time to think about pruning your Knock Outs for their winter rest, which is still far away. Once winter sets in, you can do a bit of height reduction and reshaping. It would be better to do the major work of shortening and shaping in early March.

Q: I am having a major problem with my garden and hope you can help me. I have an area 3 feet wide beside a brick wall and concrete patio inside a courtyard at my home. I am currently having a new soil sample done but the last results were a pH of 4.5. I have a drip system in that area. I have lost a rhododendron, azalea, a gardenia and have a small cherry tree that was losing leaves very early.

Or could it be the leaching from the brick and concrete? Or the radiant heat from the concrete and brick? Could it be too warm for these broad-leaf evergreens and the tree?

A: Courtyard gardens are special places that can look lovely, but every plant must count and look good all the time. It must be a huge disappointment for those marvelous plants to perform so poorly. The pH reading you have is highly acidic, but that is not the result of leaching from brick or concrete. If components of those materials, such as the mortar, were leaching, that would make it more alkaline with a higher pH.

I think your problem is due to a combination of heat stress, insufficient root development, and possibly deep planting. Rhododendrons simply will not stand having their roots sunk into soil, especially soil that stays pretty wet thanks to your drip irrigation system. Azaleas are more tolerant, but they don't like it either. Planting with the root balls set high is essential to avoid root rot. The gardenia will take hot direct sun once established, but I bet its roots (and also the azaleas) were bound around the root ball when you took the plant out of the nursery pot. The cherry tree was losing leaves probably because it needed more water than the roots could bring up during the hot, dry days of summer.

A major reason new shrubs don't take off growing as fast as expected and wilt faster than they should is, the plants are reacting as if they are still in the pot and not sending roots into the surrounding soil. Cutting the roots away from the side of the root ball may seem like rough treatment but really helps the plant start to grow outward. Root-stimulating fertilizer also helps at this time.

If the area gets hot, direct summer sun, especially in the afternoon, consider some different choices such as dwarf Loropetalum, dwarf Forsythia (not evergreen but still good) or abelia. Instead of rhododendron and azalea, I think the gardenia should work there.

Fall planting should also help because the roots will have more time to get going before the stress of summer.

Follow the soil test recommendations about fertilizer and the amount of lime needed to bring up the pH to a higher level that will suit more kinds of shrubs and trees.

Book review

"A Book of Blue Flowers" by Robert Geneve. Timber Press. 327 pages. \$24.95.

People who love blue, and it's often said to be the favorite of many, should find this book so inspiring they may rip up their flower beds and replant. And there is plenty to choose from, thanks to salvias, veronicas, violas, torenias, whose blooms appear in a vast range of light to dark hues.

But what is blue? Geneve ponders this question and comes up with a very agreeable definition that shows the great range of blues from palest blue green to a strong blue-purple called violet. In between are many beautiful colors.

Translating that to the garden is, of course, a measure of selecting plants for their suitability to local conditions. Blue flowers, he writes, are useful, creating great drifts of spring color. They appeal to the senses.

Geneve, a professor of horticulture at the University of Kentucky, offers a mini-encyclopedia of blue plants, from achimenes to wulfenia.

Downtown
MORGANTOWN OFFICE BUILDING

For Sale!

Must See!

Downtown
MORGANTOWN OFFICE BUILDING

- Historic Downtown Professional Building with office suites & four apartments
- Awarded Best Interior by Mainstreet WV and Mainstreet Morgantown

Owner Financing Available

304-594-3904

Electrical work can be safer than you think

FOR MORE HOME improvement tips, info: onthehouse.com or 1-800-737-2474 Ext. 59.

BY MORRIS AND JAMES CAREY
For AP Weekly Features

This article is not about workers' compensation insurance. But it's a good jumping-off point for our opinions on electrical work.

Workers' comp is based on the danger level of a given job: The more dangerous the job, the more expensive the insurance premium. Makes sense.

For example, an in-house salesperson or clerical worker is at low risk of being injured on the job compared to a carpenter or electrician. This is largely because their workplaces are so different; a construction site is usually far more dangerous than a business office.

We used to think electrical work was at the top of the list for expensive coverage. But what we discovered astounded us: Workers' comp for electricians is relatively low among construction workers.

That got us thinking about what the danger in electrical work is: electrocution. But what is it that most electricians do before they work on your electrical system? Of course, they simply turn off the power. No power, no electrocution. So that means the real danger is? Forgetting to turn off the power.

People often think it's safe to turn off a single breaker to work

on a given circuit in the home. Nothing could be more foolish. As often as not, electricians will use a single junction box to connect wires from two or more circuits. In other words, you can turn off the breaker to a light or plug and still find an active hot lead in the electric box that you are working on.

When we decide to work on a circuit and don't want to turn the entire house off, we typically open the junction box in question and test every single wire to absolutely ensure that the power is off before we reach in to touch anything.

By the way, turning the light off at the switch does not necessarily turn the power off to the wires in the light box in the ceiling. Yes, it may turn off power to the light, but that circuit could still be hot in the box. Always, always, always turn off the power to a given fixture at the power panel.

Oh, and by the way, you are doing yourself a favor by turning off all the power in the house at the main breaker if you can do it and still perform your task. Nothing is safer.

There are several other precautions to take when working with electrical circuits:

- Let everyone in the family know that you are working and that they should not touch the electrical panel.

- Once you have turned off a breaker, lay a piece of tape across

By the way, turning the light off at the switch does not necessarily turn the power off to the wires in the light box in the ceiling. Yes, it may turn off power to the light, but that circuit could still be hot in the box.

it saying "DO NOT TOUCH."

- Close the power panel door and tape it closed. Tape a sign to the door that says you are working on an electrical circuit and that the panel should not be opened or disturbed.

Remember, when you disconnect a circuit in the living room, you could also be turning off the plug that operates your teenage daughter's hair curler. Imagine your surprise and discomfort when she goes to the panel and reactivates the circuit while you're holding onto the wires.

We do carpenter work, plumbing, electrical, tile, painting and more, and we love it all. But for us, electrical is the most fun. All it amounts to in a home is running fancy extension cords inside the walls. But there are many important safety codes that must be followed that go far beyond getting shocked.

For example:

- The size of an electric junction box (in cubic inches) is determined by the number and size of the wires connected inside. Each wire in the box requires a certain number of cubic inches of heat dissipating space. One strand of 12-gauge wire requires 1 1/2 cubic inches of cooling area. Two 12-gauge wires would require a total of 3 inches, and so on. Smaller wires require less space and larger ones more space.

- Any and every (Romex) wire coming out of a junction box must be snugly stapled within 3 inches of the box. These wires must then be securely stapled every 6 feet.

- Wires cannot be junctioned in a power panel. All junctions must be done in a separate junction box.

- No wire should be exposed. All wires should be covered with either a metal housing (electrical pipe) or in a wall cavity covered with wood or wall board. A wire in the ceiling of a garage can be a danger. Using wires in the ceiling to hang clothes to dry or as storage hooks is very dangerous.

Electrical work is one of the safest construction tasks because electricians know how to turn the power off and keep it off until their work is complete. You too can safely perform electrical tasks around the home if you remember that turning off the power is step one, and that if you're going to work on the wiring there is more to know than simply connecting wires.

Ranch house 'time capsule' of 1950s living

BY ANNIE CALOVICH
(MCT)

WICHITA, Kan. — You can't always tell a house by its exterior.

Unless you go in the door marked with the sign of The Jetsons in the Wichita, Kan., neighborhood of Benjamin Hills.

And then the 1957 ranch unfolds in an interior true to its birth decade, room after room of pristine 1950s furniture, furnishings, built-ins and architecture.

It's like riding a rocket back to the future.

"It's like a little time capsule," says its owner, Carter McEvoy, who feels at home in the '50s even though he wasn't born until 1960. He collected Mid-Century Modern stuff for 15 years before it was cool — and before he finally found the perfect ranch to house it all in.

That happened three years ago. This spring, his house was featured in *Atomic Ranch* magazine, introducing it to a national audience in a new feature of the magazine. The "Open House" feature tells the story of a ranch house in its owner's words and submitted photographs.

McEvoy thinks his house stands up to any other he's seen in the magazine. It has Frank Lloyd Wright tendencies, including right angles, geometric patterns, soaring ground-to-sky glass walls and a Brady Bunch staircase.

McEvoy rescued it from years of vacancy and "a bad '70s makeover, with the brown shag carpeting and flocked wallpaper" — the only way he was able to afford it, he says. He fixed it up with the help of carpenter-friend Jack Chase — the only way he was able to afford to, he says.

McEvoy has been at the right place at the right time to enable him to live amid the futuristic 1950s.

He was collecting his Mid-Century stuff — what most people refer to vaguely as "retro" — just ahead of its wave of popularity. It was cheap when he picked it up at garage and estate sales.

"This stuff was considered kitschy, goofy. Nobody wanted it. You went the last day and it was still there," McEvoy says.

He found one chair at a thrift store for \$2, and another alongside his neighbor's trash cart. A covering of new upholstery later, and McEvoy's house is full of old furniture that looks new. There's no fade or rip in sight. The futuristic still looks like the future, not the past.

McEvoy thinks his ranch must have been a model "future house."

The kitchen has the original fold-down range. The den has a wet bar with original mirrored tile and a built-in, push-button automatic liquor dispenser that still pours after 49 years. In the bathroom (original tile still intact), a smooth wooden spa bench is appar-

ently the '50s version of a tanning bed — pendant lights at varying heights are suspended above it.

McEvoy has taken the treasures and run with them.

He had Chase cover the cabinets in smooth ice-cream-colored Formica. On the shelves of the wet bar is a tropical collection of tiki mugs, and alongside the blender is a motion lamp that heats up to set water-skiers skimming blue waves. His bedroom furniture is the set his parents bought in 1964.

The house is actually a split-level, built into the side of a hill. You enter the front door, go up the "Brady Bunch" staircase, enter the master bedroom — and see that it's at ground level. Half of the two-car garage is underground.

McEvoy is not sure who built the house, but he can't help but think it was an admirer if not a student of Frank Lloyd Wright. Two bedroom walls and the staircase and balcony railings have translucent laminate inserts encasing butterflies and leaves. They are framed in a geometric pattern reminiscent of Wright.

The exterior walls are almost all vaulting glass. When the vertical blinds are all open, "it's like looking inside a Barbie house," McEvoy says, creating a wonderful interaction between people inside and out when he has parties. His cats, with a sweeping view from their perch on the "Brady Bunch" stairs, could not be more content.

As far as McEvoy is concerned, the newness of his house and its contents has never worn off.

"It's so reflective of the time: Anything can happen. We can put a man on the moon. Cars started looking like airplanes. It's a break with tradition. There was just so much optimism, and everyone's imagination just started to flower."

As far as McEvoy is concerned, 2006 hasn't even caught up with Mid-Century Modern. "I think a lot of this is still ahead of its time. It doesn't look dated. It's futuristic."

To learn more

Here are some sources of information about ranch houses and all things Mid-Century Modern:

- *Atomic Ranch* is a 3-year-old quarterly magazine that sings the praises of "midcentury marvels." Find it on newsstands or at the Web site atomic-ranch.com.

- Carter McEvoy's favorite book on the subject is "Mid-Century Modern: Furniture of the 1950s" by Cara Greenberg.

- To see what merchandise is available for sale, McEvoy suggests going on eBay and typing in "eames" (for designer Charles Eames). "Sort it by highest price first, and you can see everything you could possibly imagine," McEvoy says.

Finding the perfect floorboards

BY BARBARA BALLINGER
(MCT)

CHICAGO — Potential homebuyers often ask sellers what's underneath the carpeting, anxiously hoping the answer will be, "Hardwood floors." Preferably gleaming, of course, and in prime condition. If you're remodeling or building from scratch, you too might want hardwood floors and might wonder what's best. Brian Quinn of Birger Juell, a floor manufacturer and contractor with offices in the Merchandise Mart, tells all.

Going dark

If you want an almost black floor, opt for ebony, the darkest hue, but know that its rarity and price make it too expensive for most mortals. Better to use it as a border accent. Wenge is also very dark and pricey, but not as exorbitant. Walnut is not quite as dark but is more affordable. Mahogany's as dark as walnut and costs the same but has a slightly different look.

Bottom line: Look at samples and study grain patterns to decide what appeals most.

If you want to have wood boards stained dark, go with white oak, which accepts any color stain and isn't expensive.

Be prepared for the fact that dark floors reveal dirt and dust more than light floors do. How often you need to tidy up depends on your lifestyle — whether you

have a dog, children or like to open your windows in the spring or fall to let air circulate. When you clean, use a dust mop or soft bristle brush.

Dark floors can make a room look larger if the room has lots of windows to reflect light. They also have a more modern look than light-colored floors, but they also can work well when paired with antiques.

If you choose almost black or very dark boards, their width won't matter since you won't be able to see where one board ends and another begins.

The best way to finish dark boards is to oil and wax them, which will allow scuff marks and imperfections to be buffed out. A polyurethane finish tends to scratch and be harder to repair, almost like trying to fix nail polish once it chips.

Going wide

Standard flooring is 2-inch strip oak boards; wider means 3 inches and up but usually no more than 13 inches.

Any wood can be used in wide planks, but the boards most commonly selected are walnut, maple, hickory and white oak. Avoid using hickory boards more than 8 inches wide because they're prone to expand and contract too much.

Wider boards tend to give a country look, which sometimes looks smarter with antiques, but for a twist, salvaged boards up to 12 inches wide or so can look

great with modern furnishings. The most modern look is to mix and match boards in different widths, from between 4 inches and 6 inches to between 8 inches and 10 inches.

If you use boards more than 3 inches wide, be sure they're glued and nailed to adjacent boards, rather than just nailed, to avoid warping.

About embellishment

Paint or stain floor boards to add extra color or pattern. Paint creates an opaque look; stain reveals the wood's natural grain.

Use inlays sparingly when adding a border in a room or when dressing up the center of an entry foyer. Inlays or medallions in the center of a room tend to create a formal look. Beware: Too many inlays or medallions may make the setting look a tad ostentatious or pretentious.

Zigzag rather than go straight by laying boards in a pattern like bricks on a walk rather arranging them in straight rows.

Exotic woods such as Caribbean Koa, with an almost striped pattern and in a dark chocolate brown; or Bubinga, in a more solid design and mahogany hue, add interest and cachet to a room, but tend to be pricey, so use them judiciously.

When selecting an exotic wood, be sure your distributor knows the wood's history to ensure that you're helping rather than hurting the environment.

Odds and ends

If you don't want the same floors in every room, try to stay within the same family of colors rather than put together opposite ends of the spectrum, like a pale maple and a Brazilian cherry.

When installing radiant pads underneath wood boards, be sure the wood has acclimated in the house for at least a week before being installed, to help prevent warping.

To achieve the stain you'll be happiest with, have a large enough sample done — 2 feet by 2 feet rather than 1 foot by 1 foot or smaller. Examine the sample at various times of the day and evening before making your selection. Natural and artificial light will change the look.

Know that bamboo, a great renewable resource and a good floor choice, is a grass and not a wood, and it can dent.

In general, less care of wooden floorboards is better. Use water with a splash of vinegar to clean floors rather than scrub them aggressively. If the floor has been waxed and looks lifeless, strip the wax and reoil. If the floor has been polyurethaned, have it screened and recoated.

The biggest mistake most homeowners make is to not educate themselves sufficiently about different woods, stains, colors and finishes. Spend time looking, researching and talking to experts before any boards are put down.

Mold, mildew myth busted
Energy-efficient measures not the cause.
Page 9-F

Dreams Do Come True!

Owner President:
Penny A. Bullock

Advisor:
Timothy J. Bullock

- 30 years experience
- Custom Design
- Big Logs
- WV Pine & Oak
- Authentic Appalachian Hand-Cut Dovetails
- WV Contractors License
- Accepting 2007 Contracts

Tamarack
Log and Timber Homes, Inc.
1750 Hackers Creek Road (I-79, Exit 105)
Jane Lew, WV 26378

Handcrafted "Naturally"
info@tamaracklogandtimberhomes.com

304-269-4344
www.bullockloghomes.com

THE PHOENIX GROUP, LLC

UNDER CONSTRUCTION



GREAT NEW 3 BR, 2.5 BA home close to work, schools & play. Granite counters, gas fireplace, hardwood floors, 2-car garage & spectacular finishes are just some of the fabulous features in this Sabraton home. Delivery late summer! Live in town, save on gas! \$244,000. \$2000 Developer Allowance towards closing cost!

UNDER CONSTRUCTION



SABRATON AVENUE HOME
Ranch home on great lot in Sabraton, adjacent to newly planned subdivision. Minutes from downtown and employment. Owner will provide new roof and a \$2000 allowance toward closing, moving or upgrades. \$189,000

UNDER CONSTRUCTION



SPECTACULAR NEW 3BEDROOM, 2 1/2 BATH HOME
Close to work & play! Granite countertops, gas fireplace, hardwood floors, private courtyard & spectacular finishes are just some of the fabulous features in this Sabraton home. Must see opportunity! Delivery late summer! Live in town, save on gas! \$244,000. \$2000 Developer Allowance toward closing cost!

ENJOY LIVING IN THE TRANQUIL SETTING OF THE WOODGLEN SUBDIVISION
2 MILES FROM I-68
& THE NEW SUPER WAL-MART

This 3-4 bedroom, 3 1/2 bath new home will offer many upgrades including stone fireplace, hardwood floors, whirlpool tub in master bedroom suite. Granite countertops & attached 2-car garage. Summer move in! Call for more details.

The Suites at

WEST PARK

Morgantown's First Independent-Living Community For 55 Years and Older

999 West Run Road
Conveniently located close to hospitals, WVU Football Stadium, Creative Arts Center and the Coliseum.

- Spacious 2 bedroom, 1485 Sq. Ft. Suites
- 2 baths (including 6' whirlpool and 5' steam shower)
- Walk-in closet and large storage closet in each unit
- Kitchen with all appliances
- Handicap accessible or adaptable
- Electric heat pump and central air
- Cement patios on ground floors
- Maintenance-free decks on upper floors
- Extra-large elevator
- Individual video security w/buzz-in
- Complete fire alarm & sprinkler systems
- Generous parking
- On-site maintenance

Models Now Open

Starting at **\$210,000**
Offered by
Allegheny Real Estate Sales, Inc
David Yoder, Broker
304-599-0845 • 304-692-6792

LISTINGS

BERNADITH MOUNTAIN... 1500 SF of living space... 1500 SF of living space... 1500 SF of living space... 1500 SF of living space... 1500 SF of living space...

"It's the Sign of Success" Howard Hanna Real Estate logo and contact information for Barbara Alexander, LLC.

Imperial Oaks advertisement featuring a large photo of a house and text describing its features and price.

1316 Eastern Avenue listing with photo and details.

4036 Fairmont Road listing with photo and details.

2028 9th Street listing with photo and details.

4190 Grafton Road listing with photo and details.

4520 Laurel Ridge listing with photo and details.

4305 Brettwood Lane listing with photo and details.

110 Crimson Sky listing with photo and details.

4 Preston Country Club Rd., Kingwood listing with photo and details.

3308 Darrah Avenue listing with photo and details.

117 W. High St., Kingwood listing with photo and details.

407 Corona Drive listing with photo and details.

2052 Puritan Drive listing with photo and details.

AUCTIONS/EMPLOYMENT and Opportunities

News & Advertising For:
Help Wanted • Health Care • Finance • Business Opportunities • Auctions



JIM COATES

Renaming files puts photos out of user's reach

Q. I did a very foolish thing by ignoring a warning message when moving personal data files using Windows Explorer to new folders. I had originally saved digital camera video clips in folders under My Videos. They have .mov extensions, and I use QuickTime to view them. I have attached an example file.

This file of a treasured video clip stopped working after I set up new folders and transferred them into those new folders (here is where I ignored the warning that they may not be playable). Now when I try to play them, I receive a message "the movie file Dec242004A.mov cannot be found. Without this file the movie cannot play properly."

The data appears to be intact, as a size is indicated. These are videos of my grandson's first Christmas, first time sitting up, etc., so I really hope that you can help.

— Bob Forman comcast.net

“ Try renaming the icon by giving it a right-click and picking Rename. Be sure to change only .avi to .mov. If that works and you get that precious video clip back, hurrah. ”

A. This may be a tough problem to fix, Mr. F., but I can definitely show you how to find out if all is lost or if, as I suspect, the icons that deliver that error message got misnamed and no longer point to the actual files they are supposed to represent.

I don't know how this happened, but I

can tell from the bad icon that you sent me that somehow your Apple QuickTime format .mov movies got renamed as Windows format AVIs and now end in .avi. Specifically, the icon on your Christmas Eve movie that you sent me is named Dec242004A.avi instead of DEC242004A.mov.

It would be great if you can fix this by renaming the icons to change them back from .avi to the .mov in which they were created. So try renaming the icon by giving it a right-click and picking Rename. Be sure to change only .avi to .mov. If that works and you get that precious video clip back, hurrah. If not, read on. Actually I want you and the rest of the world to read on anyway.

Whenever a Windows user encounters problems with icons not pointing to the correct file or extension, the most effective fix is to use the Windows Search tool to find all of the files by that name no matter where they might be lost on the computer. So click on Start and then select the Search option. Usually this would be done by using as a search term *.mov.

The asterisk before the extension name is a wild-card command that will return a list of all of the .mov files on the computer. In your case, you could also type in Dec232004A, and the search engine will find both that bum icon and the correct .mov file wherever it got shunted.

JIM COATES is a columnist for the *Chicago Tribune*. Send e-mail to askjim@tribune.com or via snail mail at the *Chicago Tribune*, 435 N. Michigan Ave., Chicago, IL 60611. Questions can be answered only through this column.



Different strokes for different folks

Whether it be a key-stroke or the stroke of a pencil, success comes from the right mindset

BY BRANDON K. RUSH
For The Dominion Post

Comic books have long been a form of pop culture entertainment as the primary medium for stories involving caped heroes with extraordinary powers and horror, and later expanding their scope to slice-of-life stories involving normal people.

Up until the past several years, however, it was near-impossible for a novice artist or writer to break into the comic publishing industry and see his or her creations come to life on the printed page.

Now, with the recent abundance of comic book movies on the silver screen and the resulting surge in comic literature, some local writers and artists are making the leap to take the publishing process into their own hands — independently producing and publishing their own comics. And more often than not, these independent, or "indie" comics veer drastically away from the mainstream.

Michael Kulina, an art and education major at WVU, couldn't be happier with the success his first independent graphic novel, "Human Hymenoptera," has achieved since its publication in March 2006. His book, a dark, poetic fairy tale involving the life of a humanoid insect, is a result of more than two full years of work on the piece.

"The format of the book is more like a picture book than a comic book," Kulina said.

"While comic books have panels, my scenes are full-page illustrations with text on the preceding page."

But that's just one example of how independent publishing defies the conventions of the standard comic book — many of the themes and imagery present are direct representations of the writer or artist's life, inspirations and visions.

"My writing style is like the epic poetry I read in high school. I thought it was interesting that an entire story could be told within a consistent rhythm," Kulina said, adding that he draws inspiration not only from poetry, but from other sources, such as the comics and cartoons he used to read and watch

ON THE WEB: Michael Kulina's "Human Hymenoptera" coltranet.com/publish/human.html. Clark Perry: clarkperry.com. Robert Tinnell: theblackforest.net.

when he was younger. He said his family and loved ones also inspire him to improve his work.

"My girlfriend Sarah gave me the confidence to put it out there, organized my first artist reception, and travels with me to comic book conventions. I also gain inspiration from her writing," Kulina said.

But "indie" publishing isn't just for beginners.

Fairmont native Robert Tinnell, an already well-established filmmaker and author, decided to take the independent publishing route for his West Virginia-centric graphic novel "Feast of the Seven Fishes," earning him a nomination for an Eisner Award in April 2006.

"The funny thing about 'Feast of the Seven Fishes' was that no one wanted me to do it," Tinnell said. "My own manager was against it. Who wants to read a comic book about a bunch of West Virginia Italians cooking fish on Christmas Eve? As it turns out — a lot of people did."

Though Tinnell is now adapting Anthony Bourdain's novel "Bobby At Work" for the big screen, he has also kept one foot in the page-and-panel world by recently producing two graphic novels, "The Wicked West" and "The Black Forest," for Image Comics. He also plans to release "The Wicked West 2" this fall and direct the movie adaptation of "Feast of the Seven Fishes."

"If you think about it, comics predate the written word," Tinnell said. "Cave man artists were telling stories using sequential art. And I sometimes wonder if we might not be heading back in that direction. The thing that's great about comic storytelling is that it is acceptable to embrace the aside, to embrace getting into the characters' mindset, and to be able to break free of the traditional three-act structure. It's the kind of medium that knows no bounds."

And, of course, that leads back into the popularity of comic book movies and television series. Do they draw more attention to comics as an art form and a form of literature, or does all the attention to the big, established companies further sweep indie comics under the rug just as the concept is reaching a peak?

"The danger is that if a couple comic book adaptations tank in a row, the whole industry might get tarred with that brush. But thankfully, that hasn't happened," Tinnell said. "Any time the indies can get a hit of big cash and raise the profile of their books and sell more books — that's obviously a good thing."

SEE STROKES, 2-G

Robert Tinnell (above) and Mike Kulina

Photos by Bob Gay/The Dominion Post
Illustration by Eric Tomlinson/The Dominion Post

OFFICE COACH

Make it right after you've done wrong

BY MARIE G. MCINTYRE, PH.D.
McClatchy-Tribune News Service

Q. I have screwed up a lot in my job for the past two years. Because of my mistakes and many complaints from others, my boss now has very little trust or confidence in my abilities. I really want to change his opinion of me, but I don't know how. To make things worse, a senior manager, who works very closely with my boss, seems determined to kick me out of my job. What can I do?

— Cleaning Up My Act

A. The good news is that perceptions can be changed. The bad news is that they seldom change quickly. After two years of poor performance, you will need more than a declaration of good intentions to alter your boss' opinion. But your willingness to accept personal responsibility for past screw-ups is definitely a big plus.

To begin the rehabilitation process, admit to your manager that you haven't done your best work for the past couple of years. Tell him that you regret those mistakes and want to be a better employee in the future.

After he recovers from the shock of such an honest admission, have your boss explain exactly what you must do to regain his trust. Then ask his advice about the hostile senior manager: "I've heard that Mr. Smith has a poor opinion of me, and I'd like to change that.

What do you think would help?" Once you and your boss agree on an action plan, establish a regular schedule of meetings to discuss your progress.

This will let you know whether your efforts are succeeding.

Because of your history, you will have no room for error in the future. You must consistently do the best job you can, work well with everyone, and never complain. If you keep this up, perceptions will begin to change. But don't expect an immediate shift. It will take at least six months of positive evidence to prove that your transformation is for real.

Q. The owner of the business where I work is a tyrant. Sometimes she blows up at us, then at other times she gives us the silent treatment. She constantly changes the way she wants to do things, then gets mad when we make those changes. She hires her relatives and lets them do whatever they want, while the rest of us have to work long hours for little pay. I am tired of being overworked and underpaid and given no respect. What can the employees do about this?

— Abused

A. Unfortunately, the single relevant fact in this situation is summed up in one word: "owner." If your unstable and abusive boss owns the company, she can do pretty much whatever she wants, as long as it's not illegal. And her relatives can do whatever she allows them to get away with.

You could confront her about these issues, but based on your description, I doubt it would do any good. Unless you can arrange for a lobotomy, her behavior isn't going to change. Since no one can tell her what to do, she's free to act any way she likes. And she apparently enjoys acting like a maniac.

So here's my question: If you are overworked, underpaid and treated with no respect, why on earth are you staying there? We outlawed slavery long ago, so you need to start looking for a more humane place to work. Although a job search is no fun, it's better than the living hell that you describe.

MARIE G. MCINTYRE is a workplace coach and the author of "Secrets to Winning at Office Politics." Send in questions and get your free coaching tips at yourofficecoach.com.



AssuraSource nurse Jawanna Hicks-Warren shows Margaret Mathieson, 87, how to respond to a medication management system that was set up in her Weatherford, Texas, home. The machine dispenses medication at the predetermined appropriate time.

Caregiving firms lift load on families

Companies help seniors with an array of daily tasks

BY BOB MOOS
The Dallas Morning News (MCT)

If baby boomers want to know what to expect when it comes to caring for an aging parent, they can ask Janet Houston.

The Dallas woman not only has been a caregiver, she has also launched a company that offers any service you can imagine related to caring for the elderly.

Her 2-month-old Dallas company, AssuraSource, can do everything from organizing a senior's bill-paying to finding a nursing home to developing a comprehensive care plan for a parent living alone.

Her holistic approach provides a snapshot of the \$158 billion-a-year home care and nursing home industry, which experts predict will become even larger as the number of older Americans doubles over the next 25 years.

Houston said she doesn't want others to go through what she did when she cared for her mother and her husband's father. Somehow she satisfied the competing demands of a full-time job, five children and two ailing parents for 10 years.

"I often didn't know where to turn for help," she said. "I just wanted somebody to step in and take charge."

Uncompensated family members provide two-thirds of the caregiving in this country, but experts expect that more families will turn to geriatric care managers, home care agencies, home health care aides and other professionals.

"Family caregivers often work or they live far from their loved one," said Kathleen Kelly, executive director of the Family Caregiver Alliance. "Sooner or later, many reach their breaking point and realize they can't do it all themselves."

AssuraSource has served about two dozen families in its first two months. Houston said she projects her company, which is privately owned, will have a caseload of 200 Dallas-Fort Worth families by the end of its first year.



AssuraSource has installed a pill-dispensing machine that reminds seniors to take their medication. If they don't, the machine is linked to a phone so it can notify the company's nurse to call and check on them.

Deciding which companies to call for help can be nerve-racking. "Many families end up piecing together a hodgepodge of businesses to solve their senior's problems — everything from home repair to nurses' aides," said Mary Jo Gibson, senior policy adviser with the AARP Public Policy Institute.

That's where Houston intends to gain a competitive advantage over other caregiving companies starting up. "Families who come to us don't have to go any further," Houston said. "We help them determine what kinds of care they need, and then we provide it ourselves. Call it the soup-to-nuts approach to caregiving."

That could mean helping a frail senior get dressed, taking someone to a doctor's appointment, even finding pet care or fixing a leaky roof.

AssuraSource has served about two dozen families in its first two months. Houston said she projects her company, which is privately owned, will have a caseload of 200 Dallas-Fort Worth families by the end of its first year.

AssuraSource has five core

staff members plus caregivers, registered nurses, social workers and others on contract.

The marketing team has been visiting with doctors, hospital social workers and senior organizations.

Kelly said she expects AssuraSource's "one-stop shopping" will prove popular among harried boomers juggling jobs and other family responsibilities, and looking for quick solutions to the day-to-day crises of caregiving.

"You can't overstate the convenience factor with the boomer generation," she said. "Other businesses may offer one service or another, but this company is saying, 'We'll handle all of it for you.' That's smart."

A single bill from a single company is also likely to be a big drawing card with consumers, said Doni Van Ryswyk, manager of aging programs for the North Central Texas Area Agency on Aging.

Steve Mathieson, of Weatherford, Texas, says he called AssuraSource because he had become concerned about his mother, who is in her late 80s and lives with him. She had fallen around the

house and sometimes forgot to take her prescriptions.

The next day, a geriatric care manager visited Mathieson and his mother, Margaret, and inspected their home. She recommended handrails, physical therapy and weekly visits from a home care aide to help with chores.

The care manager worked with Mathieson's physician to arrange for the therapy, and she dispatched one of the company's care aides to the older woman's home for four hours every Wednesday.

"It's been a big relief," Mathieson said. "Mom's getting good care."

Not all clients require continuous care, Houston said. Some have one-time requests, such as the couple who had been transferred to North Texas from Florida and needed to find a nursing home in the area for a parent.

"We worked with the family and settled on a place that accepted Medicaid patients," she said.

The company can also help people in Dallas find care for elderly relatives who live outside the area, Houston said.

AssuraSource's fees vary widely, ranging from \$75 for a simple consultation with a care manager to about \$4,000 per month for eight hours of in-home care every day.

Medication monitoring and dispensing costs \$149 per month, vital sign monitoring is \$79 per month and a monthly visit by a care manager costs \$79, according to a company fee schedule.

In-home caregivers cost \$17 per hour.

Like most families hiring caregivers, AssuraSource's clients pay for the company's services out of pocket. Medicare and Medicaid generally don't cover geriatric care management and in-home care.

"That's the downside to this," said Kelly of the Family Caregiver Alliance. "Families with resources can turn to professional caregivers for a helping hand. Families strapped for cash don't have that option."

Fourth quarter an important time for planning

BY JOYCE M. ROSENBERG
Associated Press

NEW YORK — The fourth quarter is arguably the most important time of the year for small-business owners — it's when they should be doing year-end tax planning and looking ahead to 2007. Capital spending, hiring plans and employee compensation should all be items on the agenda.

Fourth-quarter planning, whether you do it yourself or with the help of a certified public accountant or tax professional, isn't something to put off or ignore. There can be heavy price, and not just in taxes, to be paid early in the new year, if you haven't looked at your books and thought about how your company is likely to fare for the rest of 2006 and into early next year.

"As a CPA, I can do a lot to help you before the year ends. After Dec. 31, there's not a lot I can do," said Bob Doyle, president of Doyle Wealth Man-

agement Inc., in St. Petersburg, Fla.

Moreover, by looking at your business over a longer period of time — accountants suggest six months — you can make better decisions not just about money, but about running your business.

Doyle said an accountant in particular will want to see a company's balance sheet as well as its income statement — not just for this year, but past years as well. Balance sheets are key because they reveal a company's cash flow, and income statements will help an owner determine whether the business is likely to turn a profit.

Doyle noted that it's critical to look at the information on these documents from a historical perspective. For example, a company might have a big profit by year's end, but if the first quarter has historically been a slow period — as cash flow will reveal — an owner shouldn't be gleefully spending. He or she should be putting money

aside for those lean days.

Now is the time to be thinking about capital spending. Many owners are anxious to take advantage of what's known as the Section 179 deduction, which allows a small business to deduct up front rather than depreciate over time the cost of certain kinds of equipment bought and put into service during the tax year. For 2006, the deduction, named for a section of the Internal Revenue Code, is a maximum of \$108,000.

Again, how much you spend will depend on your cash flow into early next year. If you have a lot of cash on hand now and will be flush in the first quarter of 2007, you might want to accelerate that computer or vehicle purchase into 2006, take the Section 179 deduction and save on this year's taxes. But if early 2007 looks to be cash-poor, you might be better off waiting.

This is also the time to be thinking about your retirement plan — Doyle said a realistic look at your financial

statements will help you determine how much you can contribute for 2006. But you might also want to be thinking about changes in your plan; if you want to switch to a different kind of plan, you still have time to do so and get the benefits for 2006. A caveat: If the plan you're interested in is a SIMPLE, or Savings Incentive Match Plans for Employees, you have only until Oct. 1 to create one.

If you need more information about retirement plans, look at IRS Publication 560, Retirement Plans for Small Business. Your accountant can help you get started, but you might also need the help of a human resources or benefits consultant to determine what kind of plan is best for your business.

Manufacturers' fourth-quarter planning should include taking stock of their inventory. If they have too much on hand, Doyle suggested, it might be time to sell it off, even at a discount.

STROKES

FROM PAGE 1-G

Apparently, it hasn't stopped the creators in the Morgantown area.

Clark Perry, a member of the Emerging Writers Program at Universal Studios in Los Angeles and a former screenwriting and playwriting professor at WVU and Fairmont State University, offered some insight on how to get a comic or graphic novel published, independently or otherwise:

"I've met lots of comics writers and publishers over the past year. One recommended way into this business is hook up with a new artist and work together on a project," said Perry, who has been working to adapt a West Virginia-based monster movie screenplay entitled "Brood X" into a feature film or graphic novel for several years.

"There are lots of Web sites and online bulletin boards where writers and artists can meet each other. Once you've invested in the work, you want to market it to a publisher that lets creators maintain the rights to the stories and characters they create."

Kulina said it's not as difficult as you think to get your work in the public eye.

"I go to conventions to make connections and talk to people. It takes time, but if you can make a product that rises above the rest, it will surface and you will be noticed," Kulina said. "Evaluate your abilities and find out how you can use them. Once you get started, be stubborn, and put everything else aside. It won't be an epiphany; it takes a long time to become who you want to be."

WATERCOOLER

BY J.W. ELPHINSTONE
Associated Press

Oh deer

As the weather turns cooler, more deer are on the move near your back roads, main streets and crowded highways, increasing the possibility of a deer-car accident. Each year, deer cause more than 1.5 million vehicle collisions, resulting in 150 occupant deaths, tens of thousands of injuries and more than \$1 billion in vehicle damage. The majority of these accidents occur during deer season, which runs from October to December.

"As our wildlife habitat continues to shrink, accidents with deer and other animals are likely to increase," said Jeanne Salvatore, senior vice president at the Insurance Information Institute. "We need to be more vigilant on our driving."

Salvatore offers the following tips:

■ Deer facts: Deer are everywhere from rural roads to busy highways and they usually travel in groups. So if you see one near the road, keep your eye out for its cousins.

■ Deer reflexes: Deer often dart into traffic when faced with headlights and horns. When you see one, brake firmly, but stay in your lane to avoid collisions with other cars.

■ Bad timing: Deer usually come out from dusk to early morning. Use your high beams when possible to better illuminate deer eyes.

Tech test

While most companies spend millions of dollars securing their networks from outside threats, the weakest links are their employees, according to one technology company.

Nearly 80 percent of all IT damage comes from within an organization, InfoTech has found. But a few simple precautions can keep your computer from causing a security breach.

Matti Kon, InfoTech's president and CEO, offers the following tips:

■ Password protection: Don't keep your password on a sticky note at your desk and make sure your password isn't related to you, so avoid birthdays and family names. The best password is seven characters long and includes punctuation and numbers.

■ Blackberry blunders: Secure your handheld device with a password. If you lose it and you don't have a password, then anyone can access your personal and professional information.

■ Easy access: Make sure to install an automatic timed lock on your computer, so no one can use it while you're away from your desk.

THE DOMINION POST CLASSIFIEDS



Indexes

HOME and REAL ESTATE

- Apartments, Furnished.....46
- Apartments, Unfurnished.....47
- Cemetery Lots.....57
- Commercial Property.....42
- Farms for Sale.....51
- Garages & Storage.....40
- Houses for Sale.....50
- Houses, Furnished.....48
- Houses, Unfurnished.....49
- Lots & Acreage.....55
- Mobile Homes/Rent.....53
- Mobile Homes/Sale.....54
- Mobile Home/Spaces.....52
- Office Space.....41
- Real Estate Wanted.....56
- Roommates.....45
- Sleeping Rooms.....44
- Vacations & Resorts.....43

AUCTIONS/EMPLOYMENT and OPPORTUNITIES

- Announcements.....01
- Auctions.....75
- Business Opportunities.....14
- Card of Thanks.....03
- Events & Entertainment.....02
- Happy Ads.....05
- Health Care.....09
- Help Wanted.....10
- In Memory.....04
- Instruction.....13
- Lost & Found.....06

AUTOMOTIVE and MISCELLANEOUS

- Antiques & Collectibles.....23
- Appliances for Sale.....24
- Automobiles.....60
- Boats & Equipment.....64
- Building Materials.....25
- Campers & RV's.....62
- Equipment & Machines.....34
- Farm Equipment.....35
- Fuel, Coal & Wood.....29
- Garage Sales.....20
- Lawn & Garden.....28
- Livestock & Poultry.....30
- Miscellaneous for Sale.....22
- Miscellaneous Wanted to Buy.....36
- Motorcycles & ATVs.....63
- Musical Instruments.....32
- Pets & Animals.....31
- Sporting Goods.....33
- Trucks, Vans, SUVs.....61

By Phone
304-291-9420

Long Distance (Toll Free)
800-654-4676

By Fax
304-291-9464

By email
class@dominionpost.com

24 Hours-A-Day.
Don't forget your name, address and a phone number where we can reach you.
In Person or Mail
1251 Earl L. Core Rd
Morgantown, WV 26505



All in-column ads are included on our Classified Internet Website
www.dominionpost.com

Rates & Policies

(Rates are per line per day)

1 day.....\$1.80 per line	5 days.....\$1.53 per line
2 days.....\$1.80 per line	6 days.....\$1.53 per line
3 days.....\$1.66 per line	7 days.....\$1.35 per line
4 days.....\$1.66 per line	
Sunday/Skip Rate.....\$2.25 per line	

Add 75¢ per line for Wednesday advertisements for Post Extra

Advertisements placed under special packages may be cancelled early. However, the flat charge remains the same. Three, six and twelve month contracts are available for qualified commercial businesses.

All ads must be prepaid

We accept

Deadlines & Hours

In-Column Deadlines
4:00 p.m. For next-day publication (Tuesday, Wednesday, Thursday & Friday)
3:30 p.m. Friday for Saturday, Sunday & Monday
REAL ESTATE DEADLINE 4:00 PM THURSDAY FOR FRIDAY, SATURDAY AND SUNDAY (no exceptions)

Display Deadlines
4:00 p.m. two days before publication
4:00 p.m. Wednesday for Saturday & Sunday
4:00 p.m. Tuesday for Sunday Real Estate

Office Hours
Call Monday - Friday 8:30 a.m. - 5:00 p.m.

General

The publisher reserves the right to correctly classify, edit, reject or cancel any advertisement. Only standard abbreviations are accepted. Some classifications require key wording.

Adjustments

Please check your ad for errors the first day it appears. *The Dominion Post* makes every effort to avoid errors in ads, but will not be responsible for incorrect ads after the first day of publication, except when ads begin on Saturday or Sunday.

Free Ads

Item(s) priced \$5 to \$50. Up to two items per advertisement. One advertisement per day per customer. Private party. No pets.

3 lines for 2 days

Service Directory

5 lines minimum, 7 days minimum.

92¢ per line per day

5 lines minimum, 14 days minimum.

75¢ per line per day

3 Day SuperSaver

Item(s) priced \$2,000 or less. Must be prepaid. Extra lines \$1. Includes 75¢ per line for Post Extra. Private parties only. No pets. No autos.

3 lines for 3 days \$9.00

14 Day SuperSaver Auto SuperSaver

Item(s) priced \$2,000 or less. Must be prepaid. Extra lines \$1. Includes 75¢ per line for Post Extra. Private parties only. No pets. No autos.

Single vehicle. Extra lines \$1. Includes 75¢ per line for Post Extra. Private parties only. (1) Vehicle per ad.

3 lines for 14 days \$14.50

4 lines for 14 days \$19.00

Announcements 01

BLUE HORIZON FLEA MARKET
Open Every Sunday
Serving Breakfast & Lunch
Phone 304-328-5851

ABSOLUTE BEST TIRE DEALS
The solution for all your vehicles needs!
Triangle in Westover, 291-5255

All areas & all games
WVU FOOTBALL TICKETS WANTED
Local pickup/cash
1-800-510-5590

Bernatowicz Farm's SWEET CORN
Available beginning October 2nd
Morgantown Southern States, Kingwood & Gratton.

GOSPEL MEETING
Gladesville Church of Christ
October 1 - 6th
Sunday Service 10am & 7pm
Weekdays 7:30 pm
Speaker: Brian Price of Moundsville, WV

SOMETHIN COUNTRY
Is going to Boyd's Bear Country in Gettysburg Oct. 18th.
For more info, call 265-1899

TO WHOM IT MAY CONCERN:
I will not be responsible for any debts other than my own.
Signed David E. Stewart.

WANTED TO BUY: 1966 University High Yearbook. Call (817) 562-4688.

WANTED TO BUY
WVU vs Louisville Ticket
Call 304-594-3281

The Dominion Post:

offering news, money-saving coupons, sports and much more.

Read it every day!



Happy 40th Birthday, Renee!

We Love You!
Mike, Jessica, Justin, Lynn, Lucas, Stacy & Family.

PIERPONT
COMMUNITY & TECHNICAL COLLEGE OF FAIRMONT STATE UNIVERSITY

Find a career in the **APPRENTICE MINER ORIENTATION PROGRAM**

Red Hat Certification Course
80-hour program
Location:
Preston County High School
Days: Weekday evenings
Dates: 10/3/06 thru 10/20/06
Times: 5:00 p.m. - 10:00 p.m.
Cost: \$350

Financial aid available for those who qualify.

367-4920
www.fairmontstate.edu/cwo

Card of Thanks 03

GENEVA P. HARVEY
Feb. 4, 1932 - Sept. 24, 2006

The family of Geneva Harvey would like to thank everyone who came to her service and shared in our grief at losing our Mom. Your presence and words of condolence helped so much. Thank you to all that sent flowers they were beautiful.

We would also like to thank her doctors, Dr. Alan Hess and Dr. Steven Maxwell. We knew the end was coming soon but with your words of kindness and the special care you gave our Mom we will be forever grateful.

To the doctors and staff at Mon. General Emergency room, you all treated her with such kindness and respect that you made her last hours peaceful and painless. You will never know how very much this means to us, to know Mom didn't suffer in her final hours.

To Pastor Meredith, for someone that didn't really know our Mom, your words sounded as if you had known her forever. Thank you.

"Vicky" would like to say a special thanks to Mom's sisters and brother. Without your words of comfort and your support I would have been lost. Thank you from the bottom of my heart. She loved you all so very much.

There are no words to describe the service provided by McCulla's Funeral Home. Unbelievable kindness, heart felt sorrow, and caring. In such a time of stress and confusion, you were the light at the end of a very dark tunnel. Thank you so much.

The family of Geneva P. Harvey



PROFESSIONAL SALESPERSON WANTED!

Are you a goal oriented person with attention to detail?
WE NEED YOU!
Customer Service Skills And High Customer Satisfaction A Must.

WE OFFER:

- 401K Plan • Paid Training
- Paid Vacation • Demo
- Paid Health and Dental
- Management Advancement Potential

APPLY IN PERSON AT:
60 Don Knotts Blvd, Morgantown, WV



In Memory 04

IN LOVING MEMORY OF
Edward C. McCrobie
March 31, 1910-Oct. 1, 1982

No farewell words were spoken, no time to say good bye, you were gone before we knew it, and only God knows why.

Loved & sadly missed
By daughters Carolyn & Dorothy
Grandchildren & Great Grandchildren.

Happy Ads 05



Ain't She Cool Ain't She Fine BARBARA ALEXANDER MCKINNEY
is no longer 49!!
Happy 50th Birthday!

Lost & Found 06

LOST: Gold bracelet, heavy rolo link with 2 heart charms. Kroger or Unique Boutique in Sabrator or Elder Beerman. Sentimental value. 594-1987.

Health Care 09

CCIL. An alternative to nursing home placement - home & community based services. 291-9066

Health Care 09

SUNDALE NURSING HOME
A TRADITION OF CARING
CALL (304) 599-0497

UNIVERSITY HEALTH ASSOCIATES
Jobs Line
www.hsc.wvu.edu/uha/hr/

Valley HealthCare.
296-1731, 24 hr. Crisis
Number 1-800-232-0020.

Help Wanted 10

ACTIVITIES DIRECTOR for adolescent facility. BA degree in Physical Education or related field required. Valid WV driver's license required. Full time position. Excellent benefit package. Send resume and letter of application to: Personnel Dept., P.O. Box 158, Kingwood, WV 26537. EOE.

CASHIER needed full time. Retail experience necessary. Apply in person at The Book Exchange, Downtown Morgantown & Evansdale locations.

Help Wanted 10

Inches-A-Weigh

WEIGHT LOSS CENTERS FOR WOMEN

Morgantown's newest and most innovative weight loss and fitness center for women is growing! Are you an enthusiastic, compassionate, highly motivated woman? If so, we're looking for you! Our center has an immediate opening for a dependable and outgoing nutrition and exercise counselor to join our team! If you love to motivate, inspire and want a new challenge, Inches-A-Weigh is the choice for you. We offer a competitive hourly wage plus commission in a friendly and energetic working atmosphere. Please forward your resume with cover letter to:

Inches-A-Weigh
704 Venture Drive
Morgantown, WV 26508
Fax: 304-284-8443 Attention: Center Director
Nutrition, Dietary and Fitness professionals are encouraged to apply. A rewarding and exciting new career is just Inches-A-Weigh!

Health Care 09

EAGLE GLASS SPECIALTIES, INC.

Subsidiary of EuroTec, a fabricator of high quality specialty glass, located in Clarksburg, WV, has an opening for a Maintenance Person. The successful candidate will demonstrate proficiency in one or more of the following trades:

- Machining
- Welding/Fabrication
- Hydraulics/Pneumatics
- Plumbing/Facilities
- Electrical/Electronics

Preferred trades are Machining and Electrical/Electronics; Testing will be conducted to establish qualification. Shift work is required and rotation is weekly. Competitive wages and benefit package which includes health insurance, 401k, vacation and holidays.
Job applications will be received at Clarksburg Job Service until October 13, 2006.
Eagle Glass is an equal opportunity employer.

Part-Time

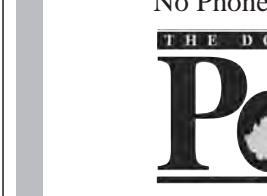
PRODUCTION

Inserter

The Dominion Post mailroom department is seeking part-time Inserters to work 15 to 20 hours a week, night shift and weekends.

Apply in person at
The Dominion Post
Business Office
1251 Earl L. Core Road
Morgantown, WV 26505

No Phone Calls Please



Equal Opportunity Employer

Help Wanted 10

AIDES Needed

Full-time with benefits or casual hours. Prefer CNA, but experience counts! One on one care, shift work. Tender Loving Care Private Duty Specialist. Always in demand, always growing!!! (304) 296-1221. Work for the best! Check out our website www.litachome.com/wv. EEO.

Help Wanted 10

AUTOMOTIVE TECHNICIAN

I-79 Honda is seeking an automotive technician with a minimum of 3 years experience or Technical School graduate. Individual must possess maturity, dependability and good work ethic. Our company offers benefits, paid vacation, paid holidays, and competitive pay based on experience. ASE certified a plus. Send Resume To: E-mail: i79_parts@hotmail.com Fax: 724-324-5922 Mail: PO Box 37 Mount Morris, Pa. 15349

CLERKS-APPLY IN PERSON. SELECT BOOKS & VIDEO, 237 WALNUT STREET.

Help Wanted 10

BARGE LOADER/DECKHAND

M.S.H.A. Surface Certification Required. Must be experienced. Dependable. Drug free workplace. Starts out at \$8/hr. Call Randy 7am-3pm @ 290-4418.

CONTRACT RN'S NEEDED

WV, DC, MD, OH & NC
Up to \$35/hr. + Benefits
Housing & Bonuses Available
U.S. Nursing Network
1-866-644-4484
www.usnursingnetwork.com

Help Wanted 10

CASE MANAGER or QRP needed

Morgantown/Clarksburg and surrounding counties. Please go to WWW.PSMSAMAREICA.COM Click on Employment Opportunities, follow instructions or fax resume to 304-489-3811.

DELIVERY LABORER & WAREHOUSE

Apply at CSC Home and Hardware, 1580 Earl Core Rd.

Help Wanted 10

DENTAL HYGIENIST

For family dental practice. 1-3 days per week. Please send resume to Dental Box 55-263, c/o The Dominion Post, 1251 Earl Core Rd., Morgantown, WV 26505.

Help Wanted 10

DISHWASHER

Flying Fish & Co. has immediate opening for full or part time dishwasher. Apply in person, 1111 Van Voorhis Rd.

Help Wanted 10

Chick-fil-A

at Pattenon Drive
Be a part of our Winning Team!
Apply in person at Chick-fil-A

Positions available:
• Management
• Customer Service
• Food Prep positions
• Salad Prep positions

Benefits: Closed on Sunday's, Flexible hours, College Scholarships, Medical Benefits for part time team members. Very Competitive Pay

Welcome Fall

with a fresh new opportunity!

Morgan Manor Nursing & Rehab Center in Morgantown, WV, has the following outstanding opportunities available:

Assistant Director of Nursing

Must be an RN with at least 2 years' supervisory experience in an LTC setting. Staff development experience a must.

Director of Clinical Education

Must be an RN with staff development experience.

We offer competitive wages, excellent health benefits, and a friendly, professional atmosphere in which to grow:

Interested candidates, please contact:
Misty Weber
Morgan Manor Nursing & Rehab Center
1379 Van Voorhis Road
Morgantown, WV 26505
Tel: (304) 599-9480
Fax: (304) 599-1065

www.goldenlivingcenters.com

Looking for a new direction in your career today?



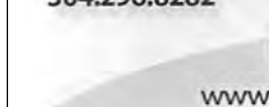
MEDICAL COMPUTER BUSINESS LEGAL

West Virginia Junior College can teach you how helping people can be the beginning of success. We offer programs in the medical, computer, business and legal fields. Job placement is also available.

- Medical Assistant
- Information Technology
- Business Management
- Legal Office Assistant
- Medical Coding Specialist **NEW**

Great career, great life.

CALL TODAY!
Morgantown, WV
304.296.8282



www.wvjcmorgantown.edu

Help Wanted 10

Evening Cashiers

CLERK/OFFICE WORK (Day shift), Valley Mart, Van Voorhis Rd.

Help Wanted 10

DENTAL HYGIENIST

For family dental practice. 1-3 days per week. Please send resume to Dental Box 55-263, c/o The Dominion Post, 1251 Earl Core Rd., Morgantown, WV 26505.

Help Wanted 10

DISHWASHER

Flying Fish & Co. has immediate opening for full or part time dishwasher. Apply in person, 1111 Van Voorhis Rd.

Help Wanted 10

In Loving Memory

Darrell L. Butch White
4/9/43 - 10/1/03

Come to Rest (1)
God saw you getting weary, He did what He thought best; He put His arms around you and said "Come and rest". He opened up his golden gates on that heartbreaking day, and with His arms around you, you gently slipped away. It broke our hearts to lose you, you did not go alone; a part of us went with you the day God called you home.

Sadly Missed,
Forever loved...
By Wife Mary Jane, Children, Step-children, Grandchildren, Brothers, Sister, Family & Friends

Waterfront Place Hotel

Join our winning team of professionals. The following full-time & part-time positions are open. Immediate interviews will be given. www.waterfrontplacehotel.com

Accounting
Banquets
Bell Stand
Kitchen
Restaurant
Management

Night Auditor
Banquet Set-ups
Bell Persons
Banquet Cook
Dishwashers
Servers
Dining Room Attendants
Host/Hostess
Room Service
Asst. Restaurant Manager

Excellent benefits; medical, dental, vision, 401(k) & more. Please apply in our office Monday-Friday 9AM - 4PM
Human Resources - Ground Level
Two Waterfront Place
Morgantown, WV 26501
Or Fax resumes to (304) 581-2829
EOE M/F/D/V

Registration Insurance Specialist

United Hospital Center has an immediate **PART-TIME** opening for a Registration/Insurance Specialist. The responsibilities of this position are to interview patients to make financial arrangements based on current collection policies, verify insurance information and benefits specific to each individual's registration, ensure accumulation of patient information to protect the hospital's revenues and receivables and directs/assists patients to the appropriate departments.

Qualifications for this position are: high school graduate, knowledge of collection procedures, demonstrated computer skills, medical terminology, one year admitting and/or insurance billing experience in a hospital or similar medical facility and demonstrated communication skills.

Only those candidates with one (1) year experience and interested in a part-time position should apply.

United Hospital Center offers a competitive salary and a comprehensive benefit plan. If you meet these qualifications and would like to apply, please complete a United Hospital Center application at:

Workforce West Virginia
Main Street
Golf Building
Clarksburg, WV 26301
EOE M/F/H

United Hospital Center

www.uhcwv.org
MEMBER, WEST VIRGINIA UNITED HEALTH SYSTEM

Help Wanted **10**

**RECEPTIONIST
Part Time**

The Monongalia County Urban Mass Transportation Authority (Mountain Line) is accepting applications for the position of Part-Time Receptionist. Duties consist of extending route and trail information to the public via the telephone and in person; performing cashier duties for tokens and ticket sales; performing data entry, filing, copying, and other general office tasks.

This position will work day time shift from 10 to 34 hours a week, including Saturday. The starting salary for this position is \$7.83 per hour.

Please contact the Mountain Line office at (304) 296-3680 between 9:00 a.m. and 5:00 p.m. to obtain an application, or visit our website at WWW.BURRIDE.ORG. Applications must be submitted in a sealed envelope to: Mountain Line Transit, Office Manager, 420 DuPont Road, Morgantown, WV 26501. Mountain Line is an equal opportunity employer and does not discriminate on the basis of race, color, sex, age, creed, religion, familial status, veteran status, national origin or physical disability.

APPOINTMENT SETTERS

Competitive Pay/No Selling
Earn up to \$25 per confirmed appointment
Full Benefits Package Available
Job Responsibilities:
Make outbound calls to homeowners
Variable Shifts Available:
Flexible scheduling for students
No Sundays
Requirements:
Must be at least 18 years of age
Must pass background check & drug screen
Call Human Resources:
(304)296-9122 or (304)581-2864
Located in Morgantown Industrial Park
EOE M/F/D/V

DENTIST

Morgantown office seeking General Dentist to assist with growing business. FT/PT 1 year experience required. Qualified candidates forward resume to Dentist Box SS-4042, c/o The Dominion Post, 1251 Earl Core Rd., Morgantown, WV 26505.

Help Wanted **10**

**CARPENTER/PAINTER
(TEMPORARY POSITION)**

Mon General Hospital is currently hiring carpenters to perform a wide variety of duties including construction and renovation within the hospital facility. Must have thorough knowledge of, and perform work in, all aspects of building construction and carpentry. High school diploma plus 3 years' experience with a qualified contractor required. This is a temporary position that will last no longer than 6 months. Qualified candidates please apply to:

Human Resources Dept., Monongalia Health System, 1200 J.D. Anderson Drive, Morgantown, WV 26505; Fax: (304) 598-1306; E-mail: MGRResume@monhealthsys.org

Diversity is needed to succeed; an equal opportunity employer.

www.monhealth.com

COMPLIANCE OFFICER

West Virginia Consolidated Public Retirement Board seeks an experienced individual to ensure the agency's compliance with state and federal laws. Ideal candidate must be able to develop and conduct performance audits and inspections, draft policies for review and provide employee training to ensure the agency's compliance with state and federal laws. The successful candidate must have excellent communication and computer skills, be highly organized and able to work in a team environment. A four year degree from an accredited university is required; and an MBA, JD and/or CPA is preferred. This is a deputy director position with salary commensurate with experience. State benefits. Send resume, writing sample and salary requirements to Anne Werum Lambricht, Executive Director Capitol Complex, Bldg. 5, Rm 1000, Charleston, WV 25305

C.N.A. MORGAN MANOR

IS NOW ACCEPTING APPLICATIONS
For Certified Nursing Assistants
FULL-TIME ALL SHIFTS, WEEKEND SHIFTS & PRN
Highly competitive wages
Plus shift difference and we pay for year's experience.
PLEASE APPLY IN PERSON TO:
Misty Weber, RN, DNS

MORGAN MANOR

1379 VanVoorhis Road Morgantown, WV 304-599-9480 EEO M/F/D/V

FLORAL DELIVERY DRIVER WANTED

Driving. Apply in person at Morgantown Florist, 235 Spruce St.

Help Wanted **10**

PHARMACY TECHNICIAN

Omnicare, the number one provider of pharmacy services in the long term care market, has opportunities for full-time **Pharmacy Technicians** in the Morgantown pharmacy. Duties include high volume preparations of medications for distribution to facilities. Must be willing to work rotating day, evening and weekend schedules. H.S. diploma or equivalent preferred. Previous pharmacy or health care setting experience preferred but not required. Omnicare offers competitive wages and a comprehensive benefits package. Interested candidates should send their resume to: Omnicare, Attn: HR Coordinator, 1401 Earl Core Road, Suite A, Morgantown, WV 26505 or fax to (304) 292-0057. For further information call HR Coordinator, 304-292-3080.

SWANSON INDUSTRIES

Swanson Plating Company, Inc.

MACHINISTS Business Growth Creating New Jobs

Swanson Plating Company, a subsidiary of Swanson Industries, Inc., in Morgantown, WV, a worldwide supplier of hydraulic products and services is experiencing growth in business and is interviewing applicants for CNC/Conventional Machinist. Candidates should possess experience with CNC or conventional engine lathes, mills, and the use of precision measuring equipment.

A competitive wage and comprehensive benefits package is available to full time employees. Applicants may apply in person, on-line at www.swansonindustries.com, at Morgantown job services, or send an application/resume to:
Swanson Industries, Inc. Human Resources Department MACHINIST 2608 Smithtown Road Morgantown, WV 26508 (304) 284-5148 Fax

Covering the issues in our community.

Help Wanted **10**

CENTRAL STATION OPERATORS All Shifts

Ideal candidates need a clean background and must have strong communication skills and work ethic. Must be customer friendly and able to multitask. Confident telephone and computer skills are necessary, including the ability to type at least 30 WPM and be PC literate. Training on our security monitoring equipment will be provided. Qualified applicants must possess at least a high school diploma or GED. Applicants must be able to meet minimum productivity standards and keep abreast of both company and central station policies. Please fax resume to: 304-284-9678 or bring to Secure US, Inc. 330 Scott Avenue, PO Box 424 Morgantown, WV 26507.

Clerical ACCOUNTING/CLERICAL Entry Level

A well-established discount retailer with stores in eleven states has immediate openings in its corporate headquarters in Morgantown, WV, for an entry-level clerical position in the accounting department. Excellent communication skills and previous accounts payable and PC experience preferred. The ideal candidate will be self-motivated, a quick learner, and be a very high-energy individual who is looking for a career, not just a job. Qualified candidates should send their resume to:

GABRIEL BROTHERS, INC.
Attn: Sonya Hindman
55 Scott Avenue
Morgantown, WV 26508
Fax: 304-292-3874 EOE

COOKS and DIETARY AIDES. Grafton City Hospital Nutrition Service Department is currently accepting applications for part-time Cooks and part-time Dietary Aides. Please forward all applications/resumes to Dorcas Travis, Director of Nutrition Services, 500 Market Street, Grafton, WV 26354, FAX: 265-3169. Printable applications can be found on www.graftonhospital.com. For additional information, contact (304) 265-6436. Drug-free Workplace and EOE.

FRAMING CARPENTER and HELPERS. Work out of town. Now taking applications for glass installation for Miami FL. Call 717-328-5815.

Help Wanted **10**

CRISIS STABILIZATION THERAPIST

United Summit Center is accepting applications/resumes for a Therapist for its Crisis Stabilization Unit. The incumbent will develop and implement service plans, provide various individual and group therapeutic services to clients and families. This position requires a Bachelor's degree in a mental health related field. This is a full time position but work times will vary depending on need with a potential for a four day work week. The incumbent must be available to work day, afternoon and weekend shifts. Preference will be given to candidates with one or more years of crisis related or inpatient experience. Current professional licensure is also preferred. Qualified applicants should submit resume to: Human Resources, United Summit Center, #6 Hospital Plaza, Clarksburg, WV 26301 or fax to (304) 623-4892 or email to pmacon@uscwv.org. Applicants may call (304) 789-3142 for further information about this position. Please indicate in a cover letter which position you are applying for. EOE/ADA

MR I Technologist

University Health Associates is presently recruiting for a Magnetic Resonance Imaging Technologist to work at the MRI Center in the Robert C. Byrd Health Sciences Center of West Virginia University located in Morgantown, WV. Will perform a wide range of specialized diagnostic clinical studies as well as participate in research. Position requires ARRT certification as a Registered Technologist. One to two years experience required. Experience in MRI scanner operations desired. UHA offers a very competitive salary and excellent benefits package. Send resume to University Health Associates, Attn: MRI, P.O. Box 785, Morgantown, WV 26507-0785 or FAX to (304) 293-6678. EOE.

DUKE ENERGY, MASONTOWN, PA

I & C Production Tech Position Opening
Shift work required, 4 years minimum experience in power or heavy industrial facilities

and/or associate degree in electronics from accredited school to be considered as a candidate

Apply on-line @ www.duke-energy.com or mail resume to Duke Energy, PO Box 511, Masontown, PA 15461

EXECUTIVE DIRECTOR - Domestic Violence Services of Fayette County, Inc. (DVS) is seeking an Executive Director. The successful candidate will have a working knowledge of delivery of care in a human service agency and will be responsible for managing and supervising the execution of all facets of DVS under the direction of the Board. Specific knowledge, skills and sensitivity in the area of domestic violence are desired. Qualifications include education and/or equivalent experience as an administrator in a human service organization, strong grant writing and fund raising skills and ability to work in a crisis oriented, fast paced facility. Willingness to complete training and requirements and procure licenses and clearances is required. Interested candidate must submit a resume to DVS, Box 995, Uniontown, PA 15401 by Tuesday, October 10, 2006. Attention: Personnel Committee. EOE.

DRIVERS \$1,000 Sign On
(For OTR Drivers)

Only 3 months OTR experience Required
Regional Co. O/Ops & Teams
\$500 Student Sign On Bonus!
Call 7 Days a Week
800-889-5805
www.gousatruck.com
eoe m/f/h/v

ENGINEER: Morgantown Engineering firm has opening for full time position for a mechanical or electrical engineer (BS degree required) and/or PE degree desirable but not required. Salary commensurate with experience. Position includes excellent benefits package. Submit resume to: Engineer, Box WV-6369, c/o The Dominion Post, Earl L. Core Road, Morgantown WV 26505.

Help Wanted **10**

DRIVERS GYPSUM EXPRESS LTD.

40 Flatbed Drivers CDL A Needed Why Are We Successful?
• New Pay Package Starts @ .37 CPM - .44 CPM
• New Equipment / Immediate Hire
Benefits:
• 401 K
• Paid Vacation & Holidays
• Flexible Schedule
• Family Medical & Dental Blue Cross Blue Shield
800-621-7901 Ext. 160
recruiting@gypsuexpress.com

PHARMACY ORDER ENTRY TECHNICIAN

Omnicare, the number one provider of pharmacy services in the long term care market, has opportunities for full-time **Pharmacy Order Entry Technicians** in the Morgantown pharmacy. Duties include accurately entering prescription orders while maintaining acceptable production quotas and providing superior customer service. Must be willing to work rotating day, evening, and weekend schedules. H.S. diploma or equivalent required. Pharmacy data entry experience and knowledge of pharmacy medical terminology highly desirable. Omnicare offers competitive wages and comprehensive benefits package. Interested candidates should forward resume to: Neighborhood, HR Coordinator, 1401 Earl Core Road, Suite A, Morgantown, WV 26505; Fax: (304) 292-0057. For further information call HR Coordinator, 304-292-3080.

www.neighborhood.com
EOE M/F/D/V

Financial Run with a leader. CREDIT MANAGER

Successful candidates will be self-motivated professionals with a BA/BS degree in Business (or a related field) with an emphasis in marketing and sales or without a degree with 3+ years of sales or management experience. Candidates should have a proven track record of leadership and goal achievement. You will be responsible for interviewing applicants, determining appropriate loan programs and discussing viable financial options. Our business focuses on real estate and automobile loans. Sales expertise, good communication skills and PC proficiency are also required.

LOAN PROCESSOR

Obtains and prepares loan documents, credit documents, appraisals, etc., to complete loan files and verifies for accuracy and completeness. Maintains and updates records and files for processing of each loan and performs data entry. Packages loan files after closing and posts payments. May prepare credit reports and/or purchase contracts, handle incoming phone calls at the store, and pay store bills. Previous experience required.

Apply online today at wellsfargo.com/jobs. Wells Fargo is an Affirmative Action and Equal Opportunity Employer M/F/D/V.

WELLS FARGO

HEALTH & SAFETY DIRECTOR - American Red Cross, River Valley Chapter, 1229 Pineywood Drive, Suite 3, Morgantown, WV 26505; Salary \$22,000-\$25,000. Please send resume and cover letter to: ATTN: Executive Director. Deadline to apply: October 6, 2006.

Help Wanted **10**

SWANSON
Morgantown Machine & Hydraulics, Inc.

REPAIR MACHINE

Swanson Industries, a worldwide supplier of hydraulic machining and industrial plating service, has an immediate need for a Repair Machinist at its Morgantown Machine & Hydraulics location in Morgantown, WV.

This position requires experience in the operation of engine lathes, mills and the use of precision measuring equipment. Experience in the repair and remanufacture of hydraulic cylinders is preferred.

Competitive pay and benefits package. For consideration, apply online at www.swansonindustries.com, or mail/fax resume to:

Human Resources Repair Machinist Swanson Industries, Inc. 2608 Smithtown Road Morgantown, WV 26508

No phone calls please Fax: 304-284-5148 EOE

FITNESS CENTER TRAINER

Exercise physiologist or certified athletic trainer (minimum bachelors degree) for hospital-based facility focusing on community wellness and medical research. Full-time or part-time. Provide personal training for wellness center members, various group classes, and participate in research projects. Requires flexible schedule to provide member services as well as community and school outreach programs. Will help to identify program needs and develop additional services. Send resume or call for application:

Human Resources Dept. Highlands Hospital 401 E. Murphy Ave. Connettsville, PA 15425 (724) 626-2314 E.O.E.

FOOD & BEVERAGE SUPERVISOR

Area country club seeking self-motivated, highly organized manager to oversee daily restaurant operations. Qualified individual should possess a college degree and at least 3 years management experience in the food & beverage industry. Please send resume, salary requirements and references to Food & Beverage Manager, Route 2, Box 41, Bridgeport, WV 26330.

PRESTERA CENTER

HR/Project Director 3375 E. St. P.O. Box 1000 E. Huntington, WV 25705
EOE/AA

HEALTH CARE ASSISTANTS Day Program

Valley HealthCare System seeks part time staff to work in Morgantown with **MR/DD individuals. 9:30 am-3:30 pm, Mon.-Fri. in day program facility. Must be willing and legally able to drive van. Requires high school diploma or equivalent. Apply WorkForce WV, 304 Scott Ave., Morgantown or 109 Adams St., Fairmont. www.valleyhealthcare.org**

HEAVY EQUIPMENT OPERATOR

Wanted for local excavating company, CDL a plus. Send resume with experience & desired salary Operator Box SS-4488, c/o The Dominion Post, 1251 Earl Core Rd., Morgantown, WV 26505.

HELP DESK TECHNICIAN

Immediate need in the Bridgeport area. Job duties include: configuring, installing, maintaining and supporting networked computers in a Windows environment. Email resume to prmedley@clear-point.com.

CLASSIFIED PROFESSIONAL SERVICES DIRECTORY

ASPHALT PAVING

AFFORDABLE ASPHALT PAVING
All your paving needs, seal coating, Discounts on paving. Free estimates.
#WV030269 304-516-9889.

RICHARD'S PAVING

Drives, parking lots, patch work, seal coat. Free est. Work guaranteed. Senior & Veteran's discounts. WV014145. 292-1109

BABYSITTING/ CHILDCARE

WILL BABYSIT YOUR NEWBORN To 5 yr old. In my South Park home. Flexible hours. Registered nurse & former pre school teacher. Call Tina 304-276-8677.

CLEANING SERVICES

FREE IN HOME ESTIMATES
Housecleaning Services
Call 296-9033.
www.morecleaningservices.com

HOUSE CLEANING

Non-smoking, honest & reliable. Excellent references. Weekly or bi-weekly. Free est. Call 983-8005 / 319-0188

CONTRACTORS

J L D CONSTRUCTION- Decks, patios, roofing, siding, pole bldgs., garages & more. Call 288-6397
Free est. WV037993

CONSTRUCTION

PRONTO CONSTRUCTION
New construction & remodeling. Custom homes, kitchens, baths, decks siding. Free est. References. avail. 288-0761. WV035469.

ELECTRICIAN SERVICES

KELLEY ELECTRIC
New Home • Old Home • Farms • Offices • Machine Shops • Recreation • Services Calls • Est. 1991 WV006032. 304-328-5690

M & J ELECTRIC Residential & Commercial

WV036511. Michael Marra, Owner. Call 304-739-2547, 304-669-8240.

EXCAVATING

CROFT EXCAVATING LLC
Site development, basements, foundations, roads, septic systems, all types of excavating. WV034384. Call 292-0065 or 288-6583

NUKE'S LLC

Residential Backhoe & Hauling SMALL BACKHOE - HAUL UP TO 2 TON fill do the little jobs. Ron Newcome 698-6853

FOUNDATIONS/REPAIRS

FOUNDATION PROBLEMS or crack foundation? Are you planning new construction? We offer a proven method to correct settlement problems and peace of mind that your new structure has a solid foundation. Stalnakor Builders, Inc. 304-842-2070. WV 002185.

HANDYMAN SERVICES

PRECISION MAINTENANCE
Heating, Plumbing, Electrical, Remodeling, Additions, Gutters, Painting, Masonry, Decks. All jobs under \$2500. 282-1616.

HAULING

ALMOST ANYTHING HAULED! Basement & Attic Cleaning, Brush Removal, Gravel & Mulch. 282-7135 Morgantown

DAVE'S HAULING & ODD JOBS

Brush, Junk, Gravel, Garage & House Clean-out, Firewood, Lot clearing. Dave 594-3822; Pager 284-3044 or Cell #282-1257

DEPENDABLE HAULING

Gravel #57/#67. Top Soil, Yard Prep/Seeding, Trash & Junk Hauled. Call 598-8950. Bobcat for Hire. No job too small. Fully insured.

OTTO BRICK COMPANY

The Mileground Mulch, gravel, sand Call 304-292-5969.

HOME IMPROVEMENTS

ABSOLUTELY A BETTER DEAL LAUREL HOME IMPROVEMENTS
Free Est. #WV005031 Insured
296-2050
"WE NAIL IT"

C. L. ROBERTS CONTRACTING CO.

Remodeling, Siding, Windows Additions, Decks, Electrical & Plumbing. Free Est. #WV00639 291-3033

CURRY REMODELING

QUALITY VALUE SERVICE
CHRIS #291-4123
WV020966

HERITAGE CONSTRUCTION

Remodeling, Additions, Decks, Roofing, Sunrooms, Masonry Painting. 20 yrs. experience. Insured. WV#040121 864-7875.

SMALL JOBS ONLY

Expert window & door installation. 20 years experience in roof renovations. No jobs over \$2500. Call 328-5737.

HOME IMPROVEMENTS

THE FINISHING TOUCH
From A-Z, big or small, we do it all! Siding, decks, additions. Free est. WV036548 322-7447.

3M CONSTRUCTION

Home remodeling and building. New construction, masonry, siding, roofing. No job too big. WV034521. 290-7700

INSURANCE

DOUGLAS S. PENCE, M.B.A. Lutterer Financial Group, LTD. Life, Health, Accident & Sickness, Long-term Care Annuities, Financial Planning 304-692-5677

LAWN SERVICES

AMMON'S MOWING SERVICE
Weed eating, gravelly brushhogging, garden plowing & tilling & flowerbed tilling. Call 304-278-5405.

MASONRY

BRICK, BLOCK & STONE
Masonry work at it's finest! 30 yrs. experience. Licensed & Insured. 284-0099 WV032556

CONCRETE SERVICES

Driveways, Sidewalks, Etc. WV 3767
276-7770.

SAW BUILDERS, INC.

New Homes, Additions, Siding, Roofing, Baths. We do it all! 296-0868 MASONRY Brick, Block, Stone 40 Yrs. Experience #WV013147

BEST PAINTING

• Discounts
• Free Estimates
WV006445 292-1056

INDUSTRIAL & COMMERCIAL PAINTING

Heavy Trucks & Equipment. Sand blasting. Your site or ours. 304-623-3845 www.specialtygroups.com.

International Hurricane Shows

Power Washing, Masonry Cleaning Wood & Siding Recoat, Hardwood Floor Restoration. 304-592-5002 WV039273 Rama Oliverio

ROOFING & SIDING

ABSOLUTELY A BETTER DEAL LAUREL HOME IMPROVEMENTS
Free Est. #WV005031 Insured
296-2050
"WE NAIL IT"

ROOFING & SIDING

H. I. CONTRACTING
Roofing, Dry Wall, Siding, etc. Free estimates. Licensed and insured. WV#034770. Call 319-6567

SNOW REMOVAL

WHITE TAIL SNOW REMOVAL SERVICE. Specializing in commercial parking lots and residential communities. Free estimates. Call Tim at 288-2052.

TREE SERVICES

ALL JOBS UNDER \$1000. C&M TREE
Call Now For

Help Wanted 10

HEALTH CARE ASSISTANTS Residential Setting

Valley HealthCare System seeks a full time staff to work 8 am-5 pm weekends and one additional day in Morgantown and several part time staff to work various hours in Morgantown, Wadestown, Grafton or Summer School Rd. Requires a diploma or GED and current valid drivers license. Pay starts at \$6.25 per hr. with progressive increases. Apply to Workforce Wv, 304 Scott Ave., Morgantown or 109 Adams St., Fairmont www.valleyhealthcare.org EOE-M/F/D/V/H/D

PROJECT MANAGER/PROJECT ENGINEER/ FIELD ENGINEER

A stable, 30-year old, growing, West Virginia based heavy/highway and site development contractor is seeking Project Managers, Project Engineers, and Field Engineers. These individuals should have experience in earth moving projects and in daily management of engineering, contract and administrative functions. Good verbal and written communication skills and computer experience is a must. Salary will be commensurate with your experience. Excellent benefit package. Please send detailed resume to Box CE-1918 Project Manager, Box CE-1918A Project Engineer, Box CE-1918B Field Engineer, c/o The Dominion Post, 1251 Earl L. Core Road, Morgantown, WV 26505. EOE

HOME CARE OCCUPATIONAL THERAPISTS

NEEDED IMMEDIATELY Interim HealthCare is searching for Occupational Therapists to provide intermittent visits to clients in Morgantown, Bridgeport and surrounding counties. Previous home care experience preferred. Call (800) 291-6721 or fax your resume to (304) 598-7611 or apply online at www.interimhealthcare.com

HOUSEKEEPING & LAUNDRY AIDES

Full and part time. All shifts. Apply in person at Morgan Manor.

KITCHEN POSITION, experienced sous chef, cooks, food prep & dishwashers

Apply in person at Back Bay Restaurant between 2-4 pm, 1869 Mileground Rd.

Help Wanted 10

HOSPITAL FACILITIES MANAGER

Plan and direct maintenance of hospital buildings, grounds, equipment, and mechanical systems, including high pressure boilers. Direct and develop in-house staff. Recommend and oversee contract projects and services where appropriate. Must have broad experience in hospital maintenance and knowledge of building trades and applicable regulations (DOH, OSHA, EPA, etc.) Management and supervisory experience required. Send resume or call for application: Human Resources Dept. Highlands Hospital 401 E. Murphy Ave. Connelville, PA 15425 (724) 626-2314 E.O.E

INSURANCE Mortgage protection sales

Zero prospecting. \$75K 1st year+-. Management opportunity. 866-291-9394. www.naakcw.com

IT Sales & Support

LITERATI INFORMATION TECHNOLOGY seeks a motivated person for a computer/network sales and technical support position. Visit www.literati.com and go to Employment Opportunities for more information.

LABOR ORGANIZER - Committed to social and economic justice?

SEIU District 1199 currently has an opening for a talented, motivated individual on its Long Term Care Administrative Organizing Team. Anyone with a passion for justice, a willingness to learn, the ability to work hard and the drive to make a significant and measurable impact on the world is encouraged to apply. Positions are available based WV and will involve working people in the Long Term Care industry. Must be willing to travel and must have valid driver's license. Please fax resume to 614-461-1549 or email to sfrank@seiu1199.org

LPN for midnight shift. Full time position. Competitive wages and excellent benefit package. Send resume to: Personnel Dept., P.O. Box 158, Kingwood, WV 26537. EOE.

MAINTENANCE, LABORERS & WAREHOUSE WORKERS

Call 363-4724

Help Wanted 10

INTERNET CRIME COMPLAINT MANAGER

NW3C, a non-profit corporation dedicated to supporting law enforcement agencies nationwide, seeks a Manager for the Internet Crime Complaint Center. This critical position directs and coordinates the personnel, resources and activities of the Internet Crime Complaint Center.

Bachelor's Degree or higher from an accredited university and a minimum of five years of related experience/training is required. Must have proven management skills and experience in supervising employees. Experience with various software and computer equipment is required. Experience with federal, state and local law enforcement, judicial systems, law enforcement operations, or other justice programs and related activities is a plus.

COMMUNICATIONS MANAGER SEARCH

NW3C Suite 325 10900 Nuckols Road Glen Allen, VA 23060

Interested applicants should email a letter of interest, resume, and/or the NW3C application to opportunities@nw3c.org or submit to:

COMMUNICATIONS MANAGER SEARCH

NW3C Suite 325 10900 Nuckols Road Glen Allen, VA 23060

LPN Radiology - MRI

University Health Associates is presently accepting applications/resumes for a full-time benefits eligible LPN in our Department of Radiology, MRI location, in the Robert C. Byrd Health Sciences Center. This position will provide support to physicians and direct nursing care to patients in the MRI unit. Graduate of a practical nursing program and WV license required for LPNs. Send application/resume to Send resume to UHA, Attn: Nursing - MRI, 255 Scott Avenue, P.O. Box 785, Morgantown, WV 26507-0785 or for immediate consideration FAX to (304) 293-6678. EOE.

Help Wanted 10

MAINTENANCE PERSON

needed to maintain lighting, landscaping, painting & general up keep for a large furniture store. Ability to operate bobcat a plus. We are looking for an energetic person seeking a long term position. apply in person at Chucks Furniture this Monday, 10 am-3 pm or Tuesday, 3 pm-8 pm. No phone calls please.

MANAGEMENT

Position at a local shoe store. Exciting career opportunity. Retail experience preferred. Competitive benefit package. E-mail resume to bbalon13@yahoo.com or mail to DM, Rt. 2, Box 720, Shinnston, WV 26431. EOE M/F.

SERVICE COORDINATOR

Valley HealthCare System seeks a full time to work in Mon. County. Requires a BA/BS degree in a human service field with a minimum of six months experience in Mental health: prefer LSW or eligible for LSW. Send a cover letter and current resume to: VHCS, 301 Scott Ave., Morgantown, WV 26508. Attn: Employment Coord. www.valleyhealthcare.org EOE-MFVHD

EXPERIENCED PLUMBER & EXPERIENCED HVAC INSTALLER

Call 291-2377.

Help Wanted 10

MASTERS DEGREE IN PSYCHOLOGY/ OUTPATIENT THERAPIST

A financially stable, progressive, behavioral health care provider with computerized documentation and medical records is seeking applicants with:

- Masters in or license to practice Psychology for position of Psychologist
- Masters in a social service field for position of Outpatient Therapist

Applicants should have a passion for excellence, and an interest in providing cost effective, quality care within a performance-based culture. Exceptional benefit plan available. Send resume with salary history in confidence to: Northwood Health Systems P.O. Box 6400 Wheeling, WV 26003 (304) 234-3500 ext. 2235 (304) 234-3556-fax or email at: recruit@northwoodhealth.com EOE

NUCLEAR POWER

Training high school diploma grads under age 25. Up to \$12,000 bonus. Must relocate. 1-800-242-3736.

OFFICE ASSISTANT

Part time Mon-Fri. 2:30-6:30. \$9 per hour plus quarterly incentive. Please mail resume to 1085 VanVoorhis Rd., Morgantown, WV 26505 or fax 304-599-9254.

Help Wanted 10

PHARMACIST POSITION

MVA Fairmont Clinic Pharmacy is seeking a PRN (as needed) pharmacist. Pharmacy hours are Monday-Friday, 8:00 a.m. to 5:30 p.m. Must have WV pharmacy license, BS degree from an accredited college of pharmacy. Previous experience preferred. EOE. Please send resume and salary requirements to: Fairmont Clinic Attn: Lori Martino P.O. Box 1112 Fairmont, WV 26554

REAL ESTATE SALES

Be prepared to pursue your dream! If you've thought about real estate sales and want to know more, call us! We're interested in speaking with those who think a full-time career in real estate sales fits their personality and skills. We have a proven training program coupled with individual guidance which helps you reach your goal. Call us for an appointment to discuss an opportunity in real estate sales...296-0074. J.S. Walker Associates, REALTORS, J.S. Walker, Broker.

PAINTERS, CARPENTERS & LABORERS

Ladies preferred. 8:30 am-2:30 pm. Fair pay. Jack of all trades great. 594-0669.

Be fulfilled!

TeleTech

CUSTOMER SERVICE REPRESENTATIVES

NOW OFFERING PART TIME TRAINING MONDAY - FRIDAY, 6:30PM - 10:30PM! (Full time schedules available)

Our Part-Time employees now enjoy benefits at no cost to them! We offer:

- Tuition reimbursement - up to \$500 per calendar year
- Health Reimbursement Arrangements (HRA)

Qualifications include:

- Ability to work a varied schedule including nights and weekends. Our weekend shifts now end at 8pm, giving you plenty of time for a night out on the town!
- High school diploma or GED required.
- Strong computer experience a must.
- Goal oriented/dependable.

Starting pay is \$8.50/hour, plus performance based incentive pay up to \$10/hr and monthly bonus potential up to 20%! Other benefits available for full time.

Apply online at: **www.HirePoint.com**

Or apply in person Monday-Friday, 8am - 4pm at 5000 Greenbag Rd., Morgantown, WV, 26501 - Mountaineer Mall

Administrative Secretary Machine Shop

UCAR CARBON COMPANY, INC. CLARKSBURG, WV

UCAR Carbon Company Inc., a global leader in the manufacture of specialty graphite products, has an opening for an Administrative Secretary in the Machine Shop at our Clarksburg, West Virginia manufacturing facility. Work is primarily performed in a machine shop/plant environment, requires some walking from area to area in order to complete duties of the position.

The primary responsibility for this position is to provide administrative support to the entire Supply Chain/ Customer Service staff. Work involves a constant and open communication with the internal and external customers to comply with numerous complex and technical specifications. Excellent interpersonal skills are needed in dealing with the various people throughout the plant, outside salesmen and customers. Must be able to manage and supervise day-to-day office operations using a reasonable level of judgment and decision-making. In addition, this position also requires fill in and relief efforts for other team members such as Shipping.

To qualify, candidates must possess the following:

- Two-year business or Secretarial degree or three to five year's administrative experience.
- Requires considerable tact/diplomacy and practical knowledge of company practices, procedures and policies.
- Basic problem solving abilities will be required
- Must have proven ability to complete a variety of tasks on time with emphasis on Microsoft Word, Excel, Outlook, PowerPoint, JDE and AS400
- Multi-skilled individual willing to learn and cover various Process Support functions

Pre-employment testing of Microsoft Excel and Word will be required.

We offer a competitive salary as well as a complete benefits package commensurate with experience. For immediate consideration, please send resume and salary requirements to be received no later than October 13th to: **HRManager.Clarksburg@graftech.com (please submit in word format)** or mail to: **ATTN: H.R. Manager UCAR Carbon Company P.O.Box 2170 Clarksburg, WV 26302**

UCAR Carbon Company Inc. is an equal opportunity employer (M/F/V/D)

DAMON'S Grill

NOW HIRING

RT. 705 IN NEW SUNCREST TOWNE CENTRE

- Servers • Hosts/Hostesses
- Bartenders • Cooks
- Dish Washers

Apply in person at restaurant location

Dietetic Assistants, Housekeeping Assistants, Linen Services Attendants

We want you to join our team! Full-time and part-time opportunities are available. Whether you are experienced or seeking new opportunities, WVU Hospitals can offer a rewarding career for you.

WVU Hospitals offers:

- Health and Dental Insurance
- Paid Days Off
- Holiday Pay
- Retirement Savings Plan
- Tuition Assistance

Open Interview Day Tuesday, October 3

Fairmont Job Service 109 Adams St., Fairmont, WV
Interview sessions at 9 a.m., 11 a.m. and 2 p.m. Interested candidates can apply prior to October 3rd at www.wvuh.com

For more information call **1-800-453-5708**

Visit us on the web for a complete list of opportunities **www.wvuh.com**

WORKING MOTHER 100 BEST COMPANIES 2006

AARP Best EMPLOYERS 50

West Virginia University Hospitals
WVUH is a member of the West Virginia United Health System EOE M/F/V/H

PROJECT MANAGER Clinical Trials

ESSENTIAL DUTIES AND RESPONSIBILITIES

The right candidate will be responsible for the overall management of day-to-day activities of a clinical trial project and leading the project team to deliver all project milestones. This position will be responsible for developing the project budget; anticipating and resolving project needs; ensuring case report forms meet the project specifications, assisting in protocol development and preparing project timelines. The candidate will also manage all investigator activities including the coordination of the investigator meeting, locating, appropriate investigators and negotiating project budgets and clinical study agreements. Additionally, this person will prepare appropriate documents for the IRB and FDA as necessary and ensure completion of all final and interim reports required by the sponsor. As part of the patient recruitment activities, this candidate will also be responsible for the management and leadership of the site call center operations and participant education process and will assist the call center in developing telephone scripts for recruitment and retention programs. The Project Manager will serve as primary client contact with the sponsor and will be developing and maintaining the Study Master File. In this role, you will also assist in the mentoring of project staff and oversee training of new employees. The candidate will also be expected to supervise, encourage and give direction to department leaders. It is also essential for this person to cultivate and manage relationships with key contacts and healthcare organizations, such as hospitals, medical clinics, pharmacies, pharmacy chains and manufacturers. The Project Manager must be available to travel to attend meetings/conferences related to the patient registry project and demonstrate the ability to provide continuity for daily operations of the project, as well as other duties that may be required. The Project Manager will work in conjunction with the Director of Project Management for the overall success of the patient registry project.

SKILLS AND EXPERIENCE

BS or BA degree required, a master's degree in a health related field is preferred. At least three years clinical trial experience, with one or more years experience in the supervision of staff. Good supervisory and interpersonal skills are key. Proficient in Microsoft Office programs including Word, Excel, Powerpoint and Outlook.

DESIRED SKILLS AND QUALIFICATIONS

An administrative background with experience managing fast-paced projects. A strong understanding of medical marketing and patient recruitment campaigns, the regulatory process, medical terminology, GCP, FDA and the Drug Development process. The ability to demonstrate senior level experience analyzing and solving complex issues. Knowledge of call center support operations including the ability to manage average call time, response time and call volume. The ability to perform multiple tasks simultaneously and demonstrate skills in team leadership. Effective communication skills, both oral and written, especially a good telephone personality and ability to work under pressure are needed. Good presentation skills required. Ability to handle sensitive or confidential information is critical. Availability to travel approximately 10% of time to client and offsite meetings.

Interested parties please send or drop off your resume and salary requirements to:

Human Resources UBC, Product Support Center, Inc. 3168 Collins Ferry Road Morgantown, WV 26505

Help Wanted 10

PARTY RENTAL EQUIPMENT CLEANING & LAUNDRY HELP WANTED.

Applicant needs to be detail oriented, a self starter, have organizational skills and be able to work Saturdays. Apply in person MPE Rentals, 1718 Mileground.

AVON Christmas Help.

888-AVON319 Independent Sales Rep.

Help Wanted 10

SHIPPING COORDINATOR

Waynesburg Area Hours 8 am-5 pm Fax resume to: 724-627-0691

SALES KITCHEN CABINETS

- if you are currently designing & selling kitchens & would like to double your income send resume to: P.O. Box 7151, Huntington WV 25775.

Help Wanted 10

Attention LPN's! IMMEDIATE OPENINGS

In Clarksburg And Morgantown, Great Pay, All shifts avail. U.S. Nursing Network 1-866-644-4484

Peabody Accounting Supervisor

Peabody Energy, a major coal producer, is accepting resumes for the position of Accounting Supervisor for the Appalachia/Highland regional operations. The position will be responsible for:

- Assist in developing budgets, forecasts and strategic plans for the Region;
- Preparing cost analyses, reconciliations and interpreting data;
- Establishing controls to ensure the reporting of accurate cost data;
- Process Improvement Initiatives, capital justification, taxes;
- Various systems projects and implementation

Candidates should possess the following qualifications:

- Four-year degree in finance-related field;
- 4-6 years financial/accounting/auditing experience, preferably in public accounting and/or the mining industry;
- CPA, CAM or masters degree desirable;
- Strong analytical, organizational, communication and presentation skills;
- Knowledge of both mainframe and personal computer based applications (Word, Excel). ERP experience a plus.

Competitive salary and benefit package. Some travel required. Resumes will be accepted through October 7, 2006. Reply in confidence with salary requirements to:

Peabody Energy Attn: Human Resources (Accounting Supervisor Position) P.O. Box 1233 Charleston, WV 25324 Fax: 304-340-1834 email: WVJobs@PeabodyEnergy.com Re: Controller

No Phone Calls Please An Equal Opportunity/Affirmative Action Employer

PROOF THAT "It's better here."

If you have the ambition, we have the opportunity for you to soar in your career at Wendy's.

OPEN INTERVIEWS

Management and Crew Personnel

Positions available in the Morgantown Area. We offer fantastic compensation and benefits. Please stop at any Morgantown location from 2-5 daily to be interviewed. You may also apply by visiting **www.wenmanagement.com** or you may fax your resume to **Attention: Human Resources (740) 454-6056**

BB&T Business Services Officer III Full-Time Morgantown, WV

Duties: Identify, solicit, develop, manage, service, and expand business relationships in an assigned market under the Consultative Relationship Management Process. Offer a full range of loan, deposit, and other non-credit services to existing and prospective business clients. Refer personal financial needs of business clients to appropriate relationship Manager under OLYMPICS III and Integrated Relationship Management.

Qualifications Include: Excellent interpersonal/communication skills including a desire to interact with clients and prospects, at least five years of banking experience, four year college degree or BB&T's Leadership Program graduate (or similar program at another bank), PSS III, Managing Interpersonal Relationships, Leadership Management, excellent negotiation skills, basic understanding of credit and finance, extensive knowledge of PC applications, and the ability to travel as needed.

Successful candidates will meet minimum requirements and have an enthusiastic and positive attitude towards assisting our clients.

BB&T offers full and part time employees a full benefits package including: Medical, Dental, Vision Care, Term Life Insurance, Dependent Life Coverage, Disability Insurance, Accidental Death and Dismemberment, Reimbursement Accounts, 401K Savings Plan and Pension Plan. EOE M/F/D/V

Please apply online at: http://www.bbt.com

Direct all questions to: Human Systems Division Kimberly M. Troast (304) 285-2350

Help Wanted 10

Medical billing office seeks professional & detail oriented candidates to fill the following positions:
• Insurance A/R Specialist
• Customer Service Specialist
• Supervisor, Insurance A/R*
*Prior supervisory experience required
Positions require experience in billing operations, knowledge of payer relations, claims adjudication, contractual claims processing & reimbursement procedures. Candidates should possess outstanding written & oral communication, problem solving skills & have a positive attitude. Salaries are competitive & commensurate with experience & benefits are available to all.
Please submit resume to:
Fax: 304-985-3630 or
tracy@medmetrics.us

MODELS & ACTORS
Xtreme Talent, a fully licensed and bonded recruiter is looking for models and actors. 4-40 for: extra roles in commercials paying up to \$300/day, models for print jobs paying up to \$750/day, and the hot bods of WV for calendar. No classes to attend. No pictures to buy. Just the right contact for the over 700 extra jobs in your market. Agents will interview this Fri. and Sat., Oct. 6th and 7th at 7 pm sharp at Waterfront Place Hotel formerly the Radisson. Under 18 must bring parent. Bring recent photo.

NISSAN AUTO TECH
WE ARE NEED NEED OF A NISSAN CERTIFIED TECHNICIAN BRAND NEW FACILITY. PLENTY OF WORK. TOP MONEY PAID BASED ON CERTIFICATION AND EXPERIENCE. PLEASE CONTACT RICH STEHLE FOR A CONFIDENTIAL INTERVIEW AT 724-437-9827 x1231
SUPERIOR NISSAN
2 SUPERIOR WAY
UNIONTOWN, PA 15401

Help Wanted 10

PARALEGAL
Local law firm seeks a paralegal that would be primarily in litigation and family law. Legal experience desired, but not necessary. Applicants must be proficient in Microsoft Word and Excel. Individuals with non-legal administrative experience are encouraged to apply. If interested please send a resume and cover letter to: Paralegal, CE-1805, c/o The Dominion Post, 1251 Earl L. Core Road, Morgantown, WV 26505.



RADIOLOGIC TECHNOLOGIST
(RT-R) Immediate opportunity available for experienced Radiologic Technologist. 3 days a wk/12 hr shifts. Candidate should possess excellent customer service skills & certification ARRT & WV license Certification. Experience in an emergency room or urgent care setting is preferred. Computer radiography knowledge a plus. We offer a competitive salary and a comprehensive benefits program. Please submit resume and cover letter including the job ID number and salary requirements to:
HR Dept/Job ID# XT26501
215 Don Knotts Blvd, Ste 220
Morgantown, WV 26501
resumes@greatcarefast.com
Fax: 304-225-2576

RECEPTIONIST
Needed for the law firm of Wilson, Frame, Benninger & Metheny. Duties include: Answering multiple phone lines and general office duties. Must have pleasant and professional telephone manner. Experience preferred, but not mandatory. Benefits package available. Please email resumes to lawyers@wvlegals.com or mail to 151 Walnut St. Morgantown, WV 26505.

Help Wanted 10

SUPERINTENDENT
The Barbour County, WV, Board of Education, is accepting applications for County Superintendent. Must meet W.Va. qualifications for County Superintendent. Salary and terms negotiable, based on qualifications and experience. 9 schools/physical plants, including a comprehensive high school; \$21.9 million budget; 2,565 students; 337 employees; includes 216 professional personnel and 121 school service personnel. For a "Notice of Position Vacancy," Application Form and related materials, contact: Barbour County Superintendent Search, c/o W.Va. School Board Association, P.O. Box 1008, Charleston, WV 25324. WWSBA telephone number: 304-346-0571 or visit www.wvsa.org. Deadline to apply: 4 p.m. October 10, 2006.

RETAIL SALES
Hickory Farms
Now hiring sales oriented, friendly, outgoing Retail Managers & Sales Associates for seasonal positions at the Morgantown Mall.
Competitive Pay Rates
30% Employee Discount
Flexible Work Schedules
All positions require standing, bending and lifting up to 50 lbs. Positions require working mall hours, including nights and weekends.
For more information go to: www.hickoryfarms.jobs or contact Regional manager directly @ rose.hutchinson@hickoryfarms.com or call Sally Sapara @ 800-433-6008, to set up an interview.

SECRETARY
Wanted part time. Evening hours, Mon-Thurs. Send resume to Dynamic Physical Therapy, 746 Fairmont Rd., Westover, WV 26501.

Help Wanted 10



STAFF ACCOUNTANT
Swanson Industries, Inc. of Morgantown, WV, a worldwide supplier of hydraulic machining and industrial chrome plating products and services seeks a Staff Accountant. Responsible for preparation of general ledger entries, account analysis and preparation of monthly financial statements in a multi-facility, multi-state environment. Experience in implementing accounting software in manufacturing a plus. Requires 4 year degree or equivalent. Minimum 2 years experience. Knowledge in Windows, Excel and Word. Excellent communication skills and ability to work in a team environment.
Comprehensive benefits package available to full time employees along with competitive pay. Applicants may apply in person, on-line at www.swansonindustries.com, at Morgantown job services, or send an application/resume to:
Swanson Industries, Inc.
Human Resources Department
Staff Accountant
2608 Smithtown Road
Morgantown, WV 26508
(304) 284-5148 Fax
EOE

REGISTERED NURSE
A Registered Nurse is needed in the Morgantown area. Some travel required. Full-time benefited position. Resumes should be directed to: Registered Nurse, Box CE-2501, c/o The Dominion Post, 1251 Earl L. Core Road, Morgantown, WV 26505 by October 13, 2006.

FRIENDS OF SNOW WHITE
ACROSS 64 Textured like a beach
106 "Mama" Cass
107 Theme of this puzzle
114 Powerful
115 San --, Italy
116 Worship
117 U.S. flag's
118 Pt. of YMCA
119 Dallas-to-Detroit direction
120 "M*A*S*H" DOWN
1 See at a distance
2 Stubborn beast
3 Unlatch
4 Steeped beverages
5 1040 org.
6 Billfold bill
7 Doze off
8 Gardner of old films
9 -- Vegas
10 Fried lightly
11 Movie house
12 Very old; Abbr.
13 -- degree
14 Track-laying winter vehicle
15 Sword handles
16 "Ciao!"
17 Knot again

Help Wanted 10

Mining Extension Agent - FIRE TRAINING INSTRUCTOR
WVU Mining Extension Service

The West Virginia University Mining Extension Service in Morgantown, West Virginia is inviting applications for a Mining Extension Agent - Fire Training Instructor, a non-tenure track position eligible for preparation of general ledger entries, account analysis and preparation of monthly financial statements in a multi-facility, multi-state environment. Experience in implementing accounting software in manufacturing a plus. Requires 4 year degree or equivalent. Minimum 2 years experience. Knowledge in Windows, Excel and Word. Excellent communication skills and ability to work in a team environment.
Candidates must have the following minimum qualifications: Bachelor of Science degree; five (5) years of underground coal mining experience; two (2) years experience as an underground fire brigade or mine rescue team member; previous experience in training underground fire brigades, mine rescue teams or municipal firefighters; and an extensive knowledge of underground fire fighting equipment and extinguishing principles. He or she must possess a valid driver's license and be literate in computer usage.
The selected candidate will be required to manage the Mine Emergency Preparedness Center, teach basic and advanced firefighting classes at the Mine Safety and Health Administration (MSHA) Academy in Beckley, WV and conduct first responder fire training classes throughout West Virginia and the United States utilizing the department's mobile training unit. He/she will be required to travel with overnight stays, maintain a professional self-development program and interact with the mining industry to foster goodwill and support for the Mining Extension Service.
An application packet can be obtained by contacting Pat Huggins, Office Administrator, Mining Extension Service, College of Engineering and Mineral Resources, P.O. Box 6070, Morgantown, WV 26506-6070; Telephone 304-293-4211 Ext. 3800/ FAX 304-293-6751/pat.huggins@mail.wvu.edu. Applications must be postmarked by October 15, 2006.

SECRETARY II
The City of Morgantown is announcing an opening for the position of Secretary II with the Code Enforcement Dept. Full-time, \$12.08/hr. The Secretary II works under the supervision of an opening for the position of the Chief Code Enforcement Officer and the Public Works Director. Will perform secretarial, receptionist, & other related administrative duties for the Code Enforcement Dept.; processes building permits for all aspects of building construction; receives and processes complaints; tracks citations, purchase orders, complaints, building permits, etc.; generates monthly reports, and yearly reports utilizing various computer software and excel tallying when needed; maintains electronic and hard copy files and records various correspondence; serves as telephone receptionist; and responds to public inquiries, maintains confidentiality of information and performs duties in compliance with departmental orders, directives, and policies.
Qualifications
Requires a high school graduate or equivalent
Requires 3-5 yrs. of secretarial experience providing the ability to type & use computer software packages such as word processing, spreadsheet, and database programs and to operate ordinary office machinery.
Ability to work with minimal supervision
Ability to handle customers & patrons in a courteous & professional manner both in person & on the telephone.
Ability to prioritize and multi-task
Desirable Qualifications
Business degree, some college or trade school training.
The ability to read and understand maps.
Interested individuals can submit their resumes to:
City of Morgantown, 389 Spruce St., HR Dept., Morgantown, WV 26505. EOE

PHYSICAL THERAPIST
Mountain State Physical Therapy is now accepting applications for a full time staff physical therapist position. Must be able to work at all locations. We are a growing organization offering a Competitive Salary, Excellent Benefits and Continuing Education Package. Please call 363-0173, Fax resumes to 363-0173 or mail to 719 Armist Ave., Ste 102, Fairmont, WV 26554.

POST-DOCTORAL FELLOWSHIP IN FUNCTIONAL NEUROIMAGING
The West Virginia University Research Corporation (WVURC) seeks to hire a post-doctoral fellow in cognitive neuroscience at the Center for Advanced Imaging at West Virginia University, in the laboratory of Aina Puce, Ph.D. The Puce lab is studying the underlying neural mechanisms of normal and aberrant social cognition in an extramurally funded program of research. Social cognition is an ability that enables us to interpret the actions and gauge the intentions of others, and can be profoundly affected in some neuropsychiatric disorders. Assessment methods and tools include functional magnetic resonance imaging (fMRI), event-related potential (ERP) studies, and multimodal integration of fMRI and ERP data in response to multisensory activation tasks. Most guided transcranial magnetic stimulation has also recently come on-line in the laboratory. The successful applicant will design, execute and analyze scientific experiments with minimal supervision. Present these data at relevant national and international scientific meetings, and write scientific manuscripts. Interaction with graduate students within the lab to enhance their training experience is also expected. Overall, we seek an independent, well-trained cognitive neuroscientist who holds a PhD in neuroscience or a related field, and who has previous training experience in visual processing and higher order cognitive processing. A competitive salary based upon current NRSA rates for experience and benefits are offered. Review of applications will begin immediately and continue until the position is filled. The WVURC is an EEO employer. In order to receive consideration for this position, potential applicants should send their full CV, cover letter and three professional references to: WVURC Department of Human Resources, PO Box 6221, Morgantown, WV 26506; or, by email to: WVURCHR@mail.wvu.edu.

REGISTERED NURSE ASSESSMENT COORDINATOR
Seeking a Registered Nurse to be responsible for the Resident Assessment & Care Planning Process. Administrative responsibility for completion of MDS's, RAPS, Care Plans, etc. and some supervisory duties required. Computer skills and knowledge of the RAPS Process necessary. Competitive salary and full benefits package. Call, mail or fax resume to: SUNDALE NURSING HOME ATTN: Sharon Jeffrey, DON 800 J. D. Anderson Drive Morgantown, WV 26505 (304) 599-0497 FAX (304) 599-9083 EOE

TAX MANAGER
for well established public oil and gas company in Bridgeport, WV
Position Summary: Full time position reporting to the CFO. Responsible for corporate income and franchise tax compliance functions. Assist CFO with detailed tax research and tax planning. Regularly represents company in meetings and correspondence with federal and state tax authorities. Full position description can be viewed at www.peted.com/careers.cfm.
Minimum Qualifications: Bachelor's Degree in Accounting and Master's Degree in Taxation or CPA. Minimum 8 years experience in corporate taxation of large corporation or minimum 6 years experience working in national accounting firm's tax department. Prior experience with multi-entity (consolidated companies) and multi-state taxation preferred.

STORE MANAGERS
S35-S50K. Growth oriented corporation. Retail management experience required. pmnmexec@aol.com Fax: 412-245-1572

BUSINESS OPPORTUNITY!
Become an NTELOS authorized dealer! NTELOS is currently expanding our authorized dealer distributorships.
• Low start-up cost
• High earning potential
• Excellent training program
• Best Value rate plans, outstanding network & coverage
Call Rachel Henderson Manager, Indirect Channel 304-222-5000

Attention CNA's! IMMEDIATE OPENINGS
Clarksburg, Morgantown, & Flatwoods. Great Pay, All shifts avail. U.S. Nursing Network 1-866-644-4884

BECOME A FOSTER PARENT
CALL WYAP 800-836-9894. Visit our website at www.nyap.org

Help Wanted 10

RESTAURANT
Now Hiring ALL POSITIONS
Servers, Host/Hostess, Bartenders, Bussers, Line & Production Cooks, Dishwashers & To-Go Specialists



SECRETARY II
The City of Morgantown is announcing an opening for the position of Secretary II with the Code Enforcement Dept. Full-time, \$12.08/hr. The Secretary II works under the supervision of an opening for the position of the Chief Code Enforcement Officer and the Public Works Director. Will perform secretarial, receptionist, & other related administrative duties for the Code Enforcement Dept.; processes building permits for all aspects of building construction; receives and processes complaints; tracks citations, purchase orders, complaints, building permits, etc.; generates monthly reports, and yearly reports utilizing various computer software and excel tallying when needed; maintains electronic and hard copy files and records various correspondence; serves as telephone receptionist; and responds to public inquiries, maintains confidentiality of information and performs duties in compliance with departmental orders, directives, and policies.
Qualifications
Requires a high school graduate or equivalent
Requires 3-5 yrs. of secretarial experience providing the ability to type & use computer software packages such as word processing, spreadsheet, and database programs and to operate ordinary office machinery.
Ability to work with minimal supervision
Ability to handle customers & patrons in a courteous & professional manner both in person & on the telephone.
Ability to prioritize and multi-task
Desirable Qualifications
Business degree, some college or trade school training.
The ability to read and understand maps.
Interested individuals can submit their resumes to:
City of Morgantown, 389 Spruce St., HR Dept., Morgantown, WV 26505. EOE

50 Position Need Filled
\$7-\$12/hr to start
Call 304-363-0155

ATTENTION TRACTOR TRAILER DRIVERS' WIVES! DO YOU WANT YOUR HUSBAND HOME ON WEEKENDS? CALL MARK W. S. THOMAS TRANSFER INC 304-363-8050 EOE
AVAILABLE NOW large local openings in seeking Apartment Manager. Duties include leasing and showing of units and taking maintenance calls. Pay commensurate with experience. Send resume to: P.O. Box 4205, Morgantown, WV 26504.

PHYSICIAN ASSISTANT ORTHOPEDICS
University Health Associates located in downtown West Virginia is presently recruiting for two (2) Physician Assistants to function as a physician extender in the Orthopedics department. Will evaluate patients for admission, perform physical examination including medical histories, provide ongoing care to patients and evaluate patient's readiness for discharge under the supervision of a physician. This is a challenging position for a PA who can function independently and within the scope of their training and education. A great opportunity for a new graduate. Graduate of an AMA approved physician assistant training program and eligible for licensure by the WV Board of medicine required. Certification by the NCCPA is required. UHA offers a very competitive salary and excellent benefits package. Send resume to: UHA Attn: PA Orthopedics, 255 Scott Avenue, PO Box 785, Morgantown, WV 26507-0785. For immediate consideration, fax resume to 304-293-6678.

AVON
Fast Cash! Free Gift. Sign up with a friend. Call 1-866-650-AVON (2866).

Become A Professional Bartender
Hands-On Program
• Mixology Certification
• Job Placement Assistance
Morgantown Quality Inn Info & Free Brochure 1-800-333-7122

HEALTH CARE, Hot Spot 2 weekend help needed: safe environment Pays above minimum wage. Must be 21. 304-594-3414

EAT'N PARK RESTAURANT is now hiring smiling faces for servers, cooks, and dishwashers. Great wages and full benefits available. Interested candidates should apply at 353 Patterson Drive, Morgantown, WV. EOE

ECONO LODGE COLISEUM is now hiring for housekeeping & night audit. Apply in person at 3506 Monongahela Blvd.

FAIRMONT STATE is seeking to fill 21 well-curriculums of CAMPUS POLICE OFFICER. Please apply online at www.fairmontstatejobs.com

Help Wanted 10

TRACTOR MECHANIC WANTED
Experience, tools, and driver's license required. Hourly wages based on experience. Uniforms, insurance and 401k available. Call 304-363-8050 Monday thru Friday W.S. Thomas Transfer, Inc. 1854 Morgantown Avenue Fairmont, WV 26554 EOE

ATTENTION: Outside Workers Never Fear It's Cold out there, but it's Warm in here
\$9-\$12/hr to start Bonuses Comfortable Setting Management Opportunities 304-363-0155

"FALL" Into a Great Career! 50 Position Need Filled \$7-\$12/hr to start Call 304-363-0155

EG&G Technical Services, Inc. has a Temp/FT opportunity for an Electrical Technician to perform electrical facility maintenance at the DOE National Energy Technology Laboratory in Morgantown. Must have current VW Journeyman's License and 5 years experience. View full job posting and apply online at www.urs.apply2jobs.com under requisition number EGG13955. Contact Barbara Good (304)599-5941 x116 with questions. EOE/AA/Drug-Free Employer

Permit Engineer
Experience with obtaining federal, state and local drilling right-of-way and other governmental permits related to the drilling, completion and production process. Minimum 3-5 years experience required. Competitive salary and exceptional benefits. E-mail resume to: careers@ircw.com Equal Opportunity Employer

Rig Site Manager
Experience in managing on-site supervision of drilling crews, including all drilling and maintenance activities required. Minimum 5 years experience.

ESTABLISHED Morgantown construction firm seeks JOURNEYMAN IRONWORKERS with experience in commercial construction including rigging, connecting, welding, robusting, etc. High school diploma or GED & reliable transportation is required. Occasional out of town travel. Competitive pay and benefits. Qualified women and minorities encouraged to apply. EEO Apply at the Morgantown Job Service, Oct. 2, 2006 to Oct. 13, 2006.

PHYSICIAN ASSISTANT ORTHOPEDICS
University Health Associates located in downtown West Virginia is presently recruiting for two (2) Physician Assistants to function as a physician extender in the Orthopedics department. Will evaluate patients for admission, perform physical examination including medical histories, provide ongoing care to patients and evaluate patient's readiness for discharge under the supervision of a physician. This is a challenging position for a PA who can function independently and within the scope of their training and education. A great opportunity for a new graduate. Graduate of an AMA approved physician assistant training program and eligible for licensure by the WV Board of medicine required. Certification by the NCCPA is required. UHA offers a very competitive salary and excellent benefits package. Send resume to: UHA Attn: PA Orthopedics, 255 Scott Avenue, PO Box 785, Morgantown, WV 26507-0785. For immediate consideration, fax resume to 304-293-6678.

EXPERIENCED REGISTERED CIVIL ENGINEER WANTED - Established Engineering Firm in Oakland, Maryland seeking a full-time Registered P.E. with 5 years experience in site development and subdivision work. Experience in Management is a plus. Resumes accompanied by a cover letter should be mailed to: P.O. Box 1532, Clarksburg, WV 26302. "EOE"

INTERIM HEALTHCARE is seeking qualified RN's and nursing staff facility in Morgantown, WV, evening, night and weekend shifts needed immediately. Call today (1800) 891-6721, or apply at www.interimhealthcare.com.

JMD Corporation is a fast growing A/C company looking for experienced installers. 5 years experience preferred. Full benefits + bonus pay. Call 304-225-1170 ask for Tracy.

JUST FOR WOMEN Fitness Center now hiring. Apply in person at the Mountaineer Mall.

KALEIDOSCOPE Seeking Reading/Math Instructors. Instructor would tutor groups of 10 elementary school students to increase reading and math skills. Tutoring days: Tuesday, Wednesday and Thursday, after school hours. Teacher certification preferred but not required. Experience with youth required. Contact Christina or Lynn at 291-9258 or 282-2351.

LOCAL DAYCARE hiring Child Care Provider. Full time. Call 598-3660.

LOCAL EQUIPMENT MANUFACTURER needs the following: Mechanic, 1-2 yrs. experience, knowledge of electrics & hydraulics a plus. Welder, 1-2 yrs. experience in MIG production welding. Send resume to PO Box 1586, Morgantown WV 26507-1586.

LOCAL TIMBER COMPANY in need of a timber cutter & skidder operator. Experience required & pay will be based on experience. Please call 379-2639.

Help Wanted 10

HELP WANTED
Major fast food restaurant chain has opening for a Field Consultant who would work primarily in Wheeling WV, Morgantown, WV, Washington PA, and surrounding areas. Responsibilities include monthly store inspections, training staff in new stores, and local store marketing. Fast food experience required. Good communication skills, good attitude, good computer skills, and good teaching skills necessary. Salary: \$16,000 range. Medical insurance provided. Please send resume to: Terra Development 1708 Locust Ave., Suite 204 Fairmont, WV 26554 E-Mail: 179_pauls@hotmail.com Mail: P.O. Box 37 Mount Morris, Pa. 15349

INFORMATION RESEARCH CORPORATION, a dynamic, innovative technology company, is seeking exceptional individuals to fill the following position:
Systems Engineer (Wireless) w/Experience in Any of the Following:
• Working knowledge and understanding of common wireless standards
• Working knowledge of industry and regulatory standards
• Responsible for engineering activities in a small team environment for wireless (RF) systems, technologies, equipment, security, and tools
Requirements: BS in computer science, computer engineering, or related degree. Two or more years experience. Must be able to obtain Security Clearance. Competitive salary and exceptional benefits. E-mail resume to: careers@ircw.com Equal Opportunity Employer

INTERESTED IN GRADUATE WORK AT WVU?
The Master of Arts in Liberal Studies (MALS) offered at West Virginia University is an interdisciplinary degree that provides the opportunity for highly-motivated students to continue their studies in the liberal arts beyond the baccalaureate within an exclusive concentration in one discipline.
Studies for this degree should focus primarily on theoretical issues in the fine arts, the social sciences and the humanities (English, foreign languages, history, philosophy, religious studies, women's studies)
This highly personalized degree program that allows applicants to create their own unique interdisciplinary programs of study. Topics of study within the MALS program are limited only by the students' imaginations and the breadth of the course offerings that are relevant graduate programs at WVU.
Program requirements are available at: www.as.wvu.edu/New_Folder/mals/req.html
Applications for the spring 2007 semester are due November 1. Because this is an individualized program, potential applicants need to contact Dr. Barb Howe, the MALS program director, as soon as possible. Center for Women's Studies, West Virginia University, Morgantown, WV 26506-6450 or phone 304-293-2339 ext. 1155, or email at barbara.howe@mail.wvu.edu

Crossword puzzle grid with 18 columns and 17 rows. Numbers indicate starting points for words. Black squares are in the following positions: (1,10), (1,11), (1,12), (1,13), (1,14), (1,15), (1,16), (1,17), (1,18), (2,10), (2,11), (2,12), (2,13), (2,14), (2,15), (2,16), (2,17), (2,18), (3,10), (3,11), (3,12), (3,13), (3,14), (3,15), (3,16), (3,17), (3,18), (4,10), (4,11), (4,12), (4,13), (4,14), (4,15), (4,16), (4,17), (4,18), (5,10), (5,11), (5,12), (5,13), (5,14), (5,15), (5,16), (5,17), (5,18), (6,10), (6,11), (6,12), (6,13), (6,14), (6,15), (6,16), (6,17), (6,18), (7,10), (7,11), (7,12), (7,13), (7,14), (7,15), (7,16), (7,17), (7,18), (8,10), (8,11), (8,12), (8,13), (8,14), (8,15), (8,16), (8,17), (8,18), (9,10), (9,11), (9,12), (9,13), (9,14), (9,15), (9,16), (9,17), (9,18), (10,10), (10,11), (10,12), (10,13), (10,14), (10,15), (10,16), (10,17), (10,18), (11,10), (11,11), (11,12), (11,13), (11,14), (11,15), (11,16), (11,17), (11,18), (12,10), (12,11), (12,12), (12,13), (12,14), (12,15), (12,16), (12,17), (12,18), (13,10), (13,11), (13,12), (13,13), (13,14), (13,15), (13,16), (13,17), (13,18), (14,10), (14,11), (14,12), (14,13), (14,14), (14,15), (14,16), (14,17), (14,18), (15,10), (15,11), (15,12), (15,13), (15,14), (15,15), (15,16), (15,17), (15,18), (16,10), (16,11), (16,12), (16,13), (16,14), (16,15), (16,16), (16,17), (16,18), (17,10), (17,11), (17,12), (17,13), (17,14), (17,15), (17,16), (17,17), (17,18), (18,10), (18,11), (18,12), (18,13), (18,14), (18,15), (18,16), (18,17), (18,18).

#1,275 Average time of solution: 68 minutes.
10-1 CRYPTOQUIP
UYFW PHN'AF MYHZFW E WFU YHSF GH BDAF
DW, CNG YEAFW'G SHAFJ PFG, QFIYEQZ
PHN UHNBJ CF E IFZDJFWG - FBFMG
Today's Cryptoquip clue: P equals Y
© 2006 by King Features Syndicate, Inc.

Help Wanted 10

MON. CO. Sheriff's Department has the following part-time (19 hours per week) openings:
 • Officer
 • Court Security Officer
 Must pass background and financial check. Pick up applications at Sheriff's Dept. and return by 10/6/06. No phone calls, please. EOE.

MORGANTOWN BASED Software Systems, Inc. is seeking applicants for Programming and System Analyst positions. Experience in Web Design, PHP, SQL, CGI, VB.Net, or AS/400 RPLGE required. Position includes salary and incentives, health insurance, 401k and growth opportunities. Submit resume to: Software Systems, Inc. 23 S. University Ave. Morgantown, WV 26508

MORGANTOWN & Surrounding Areas- Utility Contractor looking for experienced Foreman and Class A, B & C Power Lineman. CDL license required. BCBS Medical Insurance, Cigna Dental, VSP Vision with 401 k, paid vacation and holiday. 4+ year contract. Call 304-469-2767 or fax resume to 304-469-2717.

MPE RENTALS
 14 Cory Rd. Fairmont now hiring for equipment cleaning and maintenance. Full time including Saturdays Must have a clean driving record. Apply in person.

MVA FAIRMONT CLINIC PART-TIME LPN
 MVA Homecare is seeking a part-time LPN. Experience preferred. Must have current WV LPN license, valid WV driver's license and BLS certification. EOE. Send resume to:
 Fairmont Clinic/Part Time LPN
 Attn: Lori Martino
 P.O. Box 1112
 Fairmont, WV 26554

MVA HOMECARE REGISTERED NURSE
 MVA Homecare is seeking a Registered Nurse. Must have two years nursing experience, a valid WV RN license, a valid WV driver's license with a good driving record and BLS Certification. EOE. Send resume to:
 MVA Homecare/Registered Nurse
 Attn: Lori Martino
 P.O. Box 1112
 Fairmont, WV 26554

NONNA'S the new bakery in town is in need of Kitchen and Counter persons. Apply in person, Mon.-Fri., 9am-2pm, 511 Burroughs St. or call 288-6087 for interview.

NOW HIRING all positions-Cooks, Drivers, Wait Staff at Capone's Pizzeria, Grafton Road, 304-291-0514.

BURGER KING
 NOW HIRING
 All crew positions. \$5.75 to 6.25 per hour. Burger King, 340 Patteson Dr., 599-5750.

Bob Evans
NOW HIRING ALL SHIFTS
 Great benefits, excellent pay. Apply within Bob Evans, Glenmark Center.

NOW HIRING Cashiers - part time, all shifts. Apply in person Par Mar/Chevron, 1345 University Ave., 8am-4pm.

TACO BELL
NOW HIRING FULL & PART TIME TEAM MEMBERS DAY & NIGHT SHIFT
 TACO BELL located at 7 Commerce Drive, Westover, WV, 302 Cheat Road, Morgantown, WV, and 347 Patteson Drive, Morgantown, WV are currently hiring FULL TIME AND PART TIME TEAM MEMBERS and SHIFT MANAGERS for ALL SHIFTS. If you are interested, please apply within the store, or call 1-800-569-1011. We look forward to talking with you. EOE.

BURGER KING
 NOW HIRING
 MANAGERS Inquire within Burger King, 340 Patteson Dr., or call 599-5750.

OPEN RECRUIT
 October 4, 2006
 9 am-1 pm
 Kyouwa America
 Waynesburg Area Manufacturer
 Line Operators
 All shifts available
 Call 1-877-807-4990

OUTBACK STEAKHOUSE now hiring servers, hosts & busers. Great pay and benefits. Apply within or call 304-296-2996

PART TIME/FULL TIME LICENSED PHYSICAL THERAPY ASSISTANT
 Mountain State Physical Therapy is now accepting applications for our Clarksburg Clinic. Fax resume to 363-0173, mail to 719 Fairmont Ave., Ste 102, Fairmont, WV 26554 or call 363-8543.

RAMADA Conference Center now hiring for the following positions: Housekeepers, Busing, PM Servers, Banquet Servers, Cocktail Servers, Dishwashers and AM Line Cooks. Apply in person at 20 Scott Avenue.

Help Wanted 10

NW3C
 NW3C, a non-profit corporation dedicated to supporting law enforcement agencies nationwide, seeks several positions to join its Information Technology team in Fairmont, West Virginia. The West Virginia Network Operations Center houses the latest internet and computer technologies; consisting of a 100+ server environment, multi-domain architecture, the latest hardware/software infrastructure, and provides an atmosphere to learn the latest technologies.

The **Network Administrator** assists in administering and monitoring hardware, software, network and communications systems for the NW3C's Technology Enterprise, which supports more than 100 end users. Requirements include a Bachelor's degree and two years of Network administration experience. Practical experience may substitute for a degree.

The **Systems Administrator** implements, administers and monitors hardware, software, network and communications systems for the NW3C's Technology Enterprise, which supports more than 100 end users. Requirements include a Bachelor's degree and two years of systems administration experience. Practical experience may substitute for degree.

Candidates must possess a team-oriented work ethic, a commitment to customer service and strong interpersonal and communication skills. Preference is given to candidates with MCBDA certification, application development experience and/or experience with federal, state and local law enforcement.

NW3C benefits include health, dental, vision, disability, vacation and sick leave. Successful completion of background investigation and drug test is required.

Interested applicants should submit a letter of interest, resume, and/or the NW3C application to opportunities@nw3c.org or mail to:
 Network Administrator/
 Systems Administrator
 NW3C
 10900 Nuckols Road
 Suite 325
 Glen Allen, VA 23060

Visit us at www.nw3c.org
 NW3C is an Equal Opportunity Employer

Part Time SECRETARY
Wellspring Family Services, a division of Crittenton Services, Inc., is seeking a qualified secretary/receptionist of the Morgantown office.

This part time position requires a minimum of a high school diploma or GED. Experience with answering a multi-line phone system, using a copier, fax and other office equipment required. Knowledge of Microsoft Office 2000 is a must. Applicants must be tested on their computer knowledge.

Responsibilities include assisting and supporting all of the daily activities of the office, while maintaining strict confidentiality and security of all records, conversations, proceedings and information pertaining the agency and clients.

The secretary/receptionist will schedule appointments, file on-site medical records, order office supplies, track available insurance units, and input data.

Qualified candidates should submit a cover letter, resume and professional references to:
Crittenton Services, Inc.
Director of Human Resources
Sec #8
2606 National Road
Wheeling, WV 26003

EOE

SEARS
 Morgantown Mall now hiring part time motivated individuals to join our teams in:
 • Commission Sales- Appliances, Lawn & Gardens, Tools
 • Cashiers
 • Receiving
 • Automotive Technician
 • Day and weekend availability
 Apply www.sears.com/careers
 Sears an EEO employer

SUBURBAN LANES now hiring for the following positions: Front Desk Attendant and Concession Stand. Full and part time hours available. Above minimum wage pay. Apply in person only Suburban Lanes, Chestnut Ridge Road

THE DOMINION POST CARRIER ROUTES AVAILABLE NOW
Earn a profit + incentives now!
 Supplement your income. Earn extra money to help with bills, save for vacation or pay for school. Early morning hours, with established routes are available in the following areas:
AREA: WILES HILL/STADIUM STREETS: Eastland, Ridgeley, Spring, Springbranch, Willowdale, Morgan, Overhill, Center, Melrose, Grove, Highland, Johns, Afton, North.
CUSTOMERS:
 Monday - 9
 Saturday - 102
 Sunday - 109
DELIVERY TIME:
 Weekdays - 1 hour
 Weekends - 1 hour 15 Mins.
PROFIT FOR 2 WEEKS \$220.00
Call 292-6301

THE GLASS GALLERY NOW INTERVIEWING FOR HOLIDAY SALE ASSOCIATES
 Morgantown Mall
 58 to 510 Bonus
 Part time 10-30 hrs/wk. Day, evening and weekend shifts available. 2 yrs. retail or clerical experience & background check required.
 Nov. 9 - Dec 31
 Call from 9 am-5 pm C.S.T.
 1-800-466-4527 or visit www.glassgallery.net

Help Wanted 10

THE Montmartre Restaurant located in The Clarion Hotel Morgan now has immediate openings for full and part time dishwashers. Please apply in person 127 High St.

The Robert C. Byrd Health Sciences Center of West Virginia University is seeking two (2) full-time Professional Technologists to work in the Department of Academic Technologies. These positions require a bachelor's degree in Computer Science or related technical field or equivalent experience. Primary responsibilities and expected experiences for this position include: Support all web applications developed or integrated by providing technical assistance and support to faculty, staff and students. Collaborate with faculty and staff on how to use technology. Develop new websites and database-driven web applications; maintain and update existing sites. Convert images, charts, diagrams, etc. into digital formats and optimize them for use on the web. High degree of writing proficiency. Ability to prioritize multiple and varied tasks. Extensive knowledge and demonstrated ability in the design, development, implementation, evaluation and maintenance of highly complex web sites, with proficiency using such applications as Macromedia Flash, Director, and Authorware. Ability to use and produce digital media files in formats such as .wmv, .mpg, .avi and .mp3 for embedding/streaming within web sites and for use in CD-based presentations. Experience with JAVA, JavaScript, Visual Basic, VBScript, CGI, PERL, ASP, XML. Experience with web servers, Apache and IIS. Review of applications will begin immediately and will continue until the position is filled by a qualified candidate. Salary will be commensurate with qualifications and experience. Interested individuals should submit a letter of interest; current curriculum vitae; and current addresses and phone numbers to: Academic Technologies Search Committee, #16, Robert C. Byrd Health Sciences Center, P.O. Box 9011, Morgantown, WV 26506. West Virginia University is an AA/EEO employer.

THE WEST VIRGINIA UNIVERSITY
 School of Pharmacy is seeking an individual to function as the finance and business officer for the School by leading, maintaining and supervising the business office. This includes all accounting, budgeting, and financial aspects of the school (including grants and foundation activities). This position also provides guidance to the Dean, other School administrators and Administrative Associates relative to good business practices and in forecasting activities. The incumbent must ensure all systems comply with Federal, State and local regulations and University policies.

A bachelor's degree in Accounting, Business Administration, or Finance is required. A Master's degree is preferred. At least 3 years of experience as a business manager is also required. The position will remain open until filled.

Please submit all application materials to Mr. Clarke Ridgway, Search Committee Chair, West Virginia University School of Pharmacy, P.O. Box 9500, Morgantown, WV 26506. Electronic submissions are encouraged: wridgway@hsc.wvu.edu.

West Virginia University is an Affirmative Action/Equal Opportunity Employer.

TOOTHMAN RICE, PLLC is looking for experienced accountants in tax and audit divisions. Must have strong work ethic, positive attitude, wants to grow in their career and work in a pleasant, friendly environment. Travel is limited; full benefits. Send resume to pskinner@toothmanrice.com.

WANTED Owner Operators and Part Time Tractor Trailer Drivers
 Call Mark
W. S. THOMAS TRANSFER INC
 304-363-8050
 EOE

Wellspring Family Services, a division of Crittenton Services, Inc., provides home-based and out-patient services. Our well-established private non-profit organization is currently seeking qualified candidates for Care Managers in the Morgantown area.
Care Manager
 Candidate must have a bachelor's degree in social work, psychology or related behavioral health service field with appropriate WV licensure of licensure eligibility. Candidates should have knowledge of local social service system with experience in family focused treatment and human development. Travel is required, must have a valid driver's license. Qualified candidate should submit a cover letter, resume and three professional letters of reference to:
Crittenton Services, Inc.
Director of Human Resources
Sec #8
2606 National Road
Wheeling, WV 26003

EOE

PROFESSIONAL TECHNOLOGIST 2 (Cisco) - Full Time Position
 WVU Office of Information Technology is looking for a Professional Technologist to serve as an Instructor in the CATC unit. For more information please go to:
 http://www.hr.wvu.edu/jobs.
 Send resume to: oitjobs@mail.wvu.edu

Help Wanted 10

WEST VIRGINIA UNIVERSITY, College of Engineering and Mineral Resources, Department of Mechanical and Aerospace Engineering, anticipate filling one Post-Doctoral Research position with specialty in the area of Bio Fluids Engineering. A doctoral degree in Mechanical Engineering or related field is required. Knowledge and experience in Computational Fluid Dynamics (CFD), Grid Generation and Computer Programming is required. The prospective candidate should have experience in Computational Fluid Dynamics, Turbulence Modeling, Multi-Phase Flows and Numerical Analysis. Experience and/or interest in Experimental Fluid Dynamic (EFD), specifically PIU is desirable. Initial appointment starting November 1, 2006, and continue through October 31, 2009, subject to availability of funding. Salary is competitive and commensurate with qualifications. Evaluation of candidates will begin immediately and continue until the position is filled.

2002 Chrysler Concorde LXI
 1. Auto, PW, PD, AC, Cruise, 12, 173 Miles

1996 Grand Cherokee Laredo 4x4
 Auto, PW, PD, AC, Cruise, 42,528 Miles

FURNITURE**
 Mahogany Demilune; East Lake Octagon marble top parlor table; 12 pane back Victorian corner cupboard; Mahogany Duncan Phyfe dining table with 8 chairs; 5 piece Victorian parlor suite; Oak Victorian head & foot board; Flat wall cupboard; Oak early 20th century stand; Drop front broken arches desk/bookcase

GLASSWARE**
HOUSEHOLD ITEMS**
 Early etched glass condiment set with rack; Hand blown & enameled pitchers; Heisey punch bowl under plate; Morgantown; Pink Cambridge; Roseville pottery; Many Sarouk vases, various sizes. Home scenes prints by George Wright; Carved Alabaster lamps.

COLLECTIBLES & MISG. **
 Framed "A Message Calling for War with the Imperial German Government in Defense of American Rights" Delivered by President Wilson on Monday April 2, 1917; 1894 A.M. DEF German Scottisch doll with 1922-1924 Fairmont high school year book; American Flyer line train set with tracks & tunnel; George Washington 1 cent postage stamps; Postage stamps of United States 1847-1959; Great section Griswold; S. Kirk & Sons sterling tea set, flatware & serving pcs.; Spanish desk box dated Nov. 15, 1889; Vintage clothing & hats; White 15 Mohair jointed bear; Col 32 police early 20th century fishing lure; Langley streamline model 310 reels; South Ben fly reel no# 11308 and more.

JEWELRY (Coin & Paper)**
 Gold watch with matching thyrst circle broach with matching amethyst and diamond earrings; Filigree garnet bangle bracelet; Lord Egin gentlemen's watch; Germany garnet earrings, white gold ladies watch with 14k white gold band Girard Perregaux; and loads more.
 Silver, Peace, Morgan dollars late 1800's and up; Fidelity Investment Assoc. 1862 \$1.00 gold coin set in 14k gold filigree and rope setting
 Visit our website for complete listing and extensive photos

"We Prepare, Advertise & SELL Your Merchandise"

JOE R. PYLE
Complete Auction and Realty Service
724-324-9000 WV 212
199 Gas Company Road
Mt. Morris, PA 15349

ESTATE AUCTION OF ANTIQUES, COLLECTIBLE & HOUSEHOLD ITEMS
SAT., OCT. 7, 2006 10:00 A.M.
 Located At 701 Deer Park Ave., Mountain Lake Park, Md.

ANTIQUES & COLLECTIBLES:
 Oak library table with twist legs, cast iron floor lamp, shadow box mirror, brass plated bed, waterfall chest of drawers, mantel clock, jewelry boxes, Early American bedroom suite, Pfaltzgratz pottery-gilt mirrors, corner cupboard, dishes, pots & pans, 3 lawn mower, many hand tools, bicycle, large assortment of electrical & plumbing items incl. vacuum tubes. Much more.

Auctioneers note: This is a very brief listing of items to be sold. Very clean and well kept group of items. Auction under tent.

Owner: Estate of Lee J. Bernard
 Donnette Disimone, Personal Representative.

CUSTER'S AUCTION SERVICE
301-334-4876
ROBERT G. CUSTER, WV 288
Auctionzip.com

TAYLOR COUNTY AUCTION Rt. 50 W of Grafton
Auctions: Fri., Sat. & Sun at 7:00 pm.
 New tractor & trailers every week. Tools: Gas Air Compressor; Compressors; Professional Car Wash Saver 20" & 15"; Professional Drill Presses 20" & 15"; 3600 Generator; Many other tools, too numerous to mention. Also Electronics, Housewares; Lawn & Garden; Furniture.
 Jay Custer, Auctioneer - WV 83
For information call 265-9899

INSTRUCTION 13
APPRENTICE CLASS UNDERGROUND SURFACE
 Starts Oct. 5, 2921699, 2821492

Business Opportunities 14
CONTRACTING Business with property for sale. Call 879-5819 / 879-5469.

RETAIL BUSINESS FOR SALE:
 Bructon Mills Grocery Store. For more info. call 304-290-3784.

SWISS COLONY OCCASIONS as independent party coordinator. Fast growing company. Food, serving pieces, home decor. Investment required. Betsy @ 304-842-6113.

TURN KEY operating day care center for sale, fully equipped, licensed. Owner will train. Call Center 21 At Your Service. 296-2121 or Judy 282-1885.

Auctions 75

★ESTATE AUCTION★
Fri., Oct. 6th @ 5:00 P.M.
Sage Brush Auditorium Fairmont, WV
 Directions: From I79 Exit 139 Road to RR#2 to Bamber's Ridge Road and follow "Joe R. Pyle" auction signs approx. 6 miles to the Sagebrush Auditorium on the right.

This is the estate of William E. Johnson lifetime resident of Fairmont, WV. "Bill" retired from WVU College of Law where he served as Law Librarian and professor of Law for over 18 years. This is a sale you won't want to miss.

VEHICLES**
2002 Chrysler Concorde LXI
 1. Auto, PW, PD, AC, Cruise, 12, 173 Miles

1996 Grand Cherokee Laredo 4x4
 Auto, PW, PD, AC, Cruise, 42,528 Miles

FURNITURE**
 Mahogany Demilune; East Lake Octagon marble top parlor table; 12 pane back Victorian corner cupboard; Mahogany Duncan Phyfe dining table with 8 chairs; 5 piece Victorian parlor suite; Oak Victorian head & foot board; Flat wall cupboard; Oak early 20th century stand; Drop front broken arches desk/bookcase

GLASSWARE**
HOUSEHOLD ITEMS**
 Early etched glass condiment set with rack; Hand blown & enameled pitchers; Heisey punch bowl under plate; Morgantown; Pink Cambridge; Roseville pottery; Many Sarouk vases, various sizes. Home scenes prints by George Wright; Carved Alabaster lamps.

COLLECTIBLES & MISG. **
 Framed "A Message Calling for War with the Imperial German Government in Defense of American Rights" Delivered by President Wilson on Monday April 2, 1917; 1894 A.M. DEF German Scottisch doll with 1922-1924 Fairmont high school year book; American Flyer line train set with tracks & tunnel; George Washington 1 cent postage stamps; Postage stamps of United States 1847-1959; Great section Griswold; S. Kirk & Sons sterling tea set, flatware & serving pcs.; Spanish desk box dated Nov. 15, 1889; Vintage clothing & hats; White 15 Mohair jointed bear; Col 32 police early 20th century fishing lure; Langley streamline model 310 reels; South Ben fly reel no# 11308 and more.

JEWELRY (Coin & Paper)**
 Gold watch with matching thyrst circle broach with matching amethyst and diamond earrings; Filigree garnet bangle bracelet; Lord Egin gentlemen's watch; Germany garnet earrings, white gold ladies watch with 14k white gold band Girard Perregaux; and loads more.
 Silver, Peace, Morgan dollars late 1800's and up; Fidelity Investment Assoc. 1862 \$1.00 gold coin set in 14k gold filigree and rope setting
 Visit our website for complete listing and extensive photos

"We Prepare, Advertise & SELL Your Merchandise"

JOE R. PYLE
Complete Auction and Realty Service
724-324-9000 WV 212
199 Gas Company Road
Mt. Morris, PA 15349

ESTATE AUCTION OF ANTIQUES, COLLECTIBLE & HOUSEHOLD ITEMS
SAT., OCT. 7, 2006 10:00 A.M.
 Located At 701 Deer Park Ave., Mountain Lake Park, Md.

ANTIQUES & COLLECTIBLES:
 Oak library table with twist legs, cast iron floor lamp, shadow box mirror, brass plated bed, waterfall chest of drawers, mantel clock, jewelry boxes, Early American bedroom suite, Pfaltzgratz pottery-gilt mirrors, corner cupboard, dishes, pots & pans, 3 lawn mower, many hand tools, bicycle, large assortment of electrical & plumbing items incl. vacuum tubes. Much more.

Auctioneers note: This is a very brief listing of items to be sold. Very clean and well kept group of items. Auction under tent.

Owner: Estate of Lee J. Bernard
 Donnette Disimone, Personal Representative.

CUSTER'S AUCTION SERVICE
301-334-4876
ROBERT G. CUSTER, WV 288
Auctionzip.com

TAYLOR COUNTY AUCTION Rt. 50 W of Grafton
Auctions: Fri., Sat. & Sun at 7:00 pm.
 New tractor & trailers every week. Tools: Gas Air Compressor; Compressors; Professional Car Wash Saver 20" & 15"; Professional Drill Presses 20" & 15"; 3600 Generator; Many other tools, too numerous to mention. Also Electronics, Housewares; Lawn & Garden; Furniture.
 Jay Custer, Auctioneer - WV 83
For information call 265-9899

Auctions 75

PUBLIC AUCTION
 Preston County Sheltered Workshop at Reedsville, WV
October 6th, 6 pm

Large Antique Auction
 Estate of Mr Skidmore from Pleasantdale near Kingwood, WV.
 Empire chest and complete beds from the 1800's, Seneca glass, Morgantown Glass, Blue Ridge set, old crocks, oil lamps, cane bottom chairs, Griswold items, iron skillets, red amber driftwood items, dining room furniture, large estate merchandise. Too much to list!

Tool Estate from McDaniels, Tunnelton, WV.
 Riding mower, rotobilers, lawncare, hand tools, socket sets, drills, hydraulic floor jacks, grease, Fern Planers, Folding saw. Lots, lots more items not listed.
 Call for more details. 864-6446.

PUBLIC AUCTION Saturday, Oct. 7 Beginning at 10 a.m.
 Located on Route 26, 3 miles south of Bructon Mills exit of I-68 and 12 miles north of Kingwood, WV.
 Selling antique and old furniture, as well as new furniture and lots of small collectible items and dishware, etc. Majestic Wood & Coal Range; Detroit Jewell & Kitchen Queen gas ranges dated in later 1920's/early 30's; Burnside Stove; Fern Planers; Folding Baby Bed, unique; Wrought iron beds; Steel beds; Wooden beds; Pine roll-top desk; 4-section stacking bookcase (metal); Shadow box & other picture frames; Curved church pew; Pi-ano in a suitcase; China cupboard; China cabinet; Brass kettles; Treadle sewing machine; Rocking chairs; Sets of wooden chairs; High Boy oak Chest; Buffers; Copper Boilers; Toledo feed store scales, unique; 4-leg oak round table; square table; Round tables with center pedestals; Oil lamps; Brass & copper food warmer; Oak dressers with nice gingerbread; Dresser with marble insert; Carnival glass; Depression glass; Crystal glassware; China dishes; Green glass jars, quart & 1/2 gallons; Miscellaneous bottles; HO scale model train; 2 1/2 inch layout; 4x8 board; Porch settee; box lots & many items.

Terms - Cash
 Not responsible for accidents
 Refreshments available
AUCTIONEER
 Howard Wilson Lic. #1409
 Bring your chair!

REAL ESTATE AUCTION SALE October 12TH at 6 PM
2 Large Fayette County Farms Held at Holiday Inn, Uniontown, PA FARM NO 1:
 Myers Historical Farm with 186 +/- Acres; Offered as Parcel 1 - 106 +/- Acres Parcel 2 - 76 +/- Acres
Total: 186 +/- Acres
 An Historical farm with century old brick dwelling (built in 1868) and storage shed, pond, pristine views. Minerals included. Located: 218 Smithfield-New Geneva Road, Nicholson Twp., Fayette County, PA. See Auction Signs. Request Pictorial Brochure

FARM NO 2:
 David Heirs Farm with 192.92 Acres
 Vacant Tree Covered Land situated in three townships on Walnut Hill Road, Lutheran Church Road, and Blue Rock Road.
 Offered in 2 recorded tracts with public water or as an entirety.
 Tract 1: 88.79 Acres
 Tract 2: 104.13 Acres
Total: 192.92 Acres
 Drive, hunting land that includes all gas and oil rights.
Terms of both Auctions:
 10% Deposit by Cash or Check, balance at closing with 30 days. Sealed subject to approval of sellers. Request more details and pictorial brochure.
Rittenhouse Auction Company
724-438-0581
www.rittenhouseauction.com

EMPLOYMENT & TECHNOLOGY

Facing a fork

BY JAN NORMAN (MCT)

Sooner or later, every business owner faces a decision that will change the course of the business. These aren't everyday choices about which phone system best suits the business or whether to dump a slow-paying customer. These are real fork-in-the-road choices that can lead to enormous growth or thrust the business into a different industry.

"A lot of business owners don't realize they're at a fork in the road," said Newport Beach management consultant Barri Carion of Carion Consulting.

"They're just stuck and facing the same problem over and over."

The topic is so common for business owners that Carion and Camille Jayne, president of the local chapter of the National Association of Women Business Owners, chose it for the group's September meeting at the Irvine Hyatt Regency Hotel.

Three business executives explain how their own companies chose a path when faced with a fork in the road.

Building community
Sue Parks, WalkStyles Inc., Laguna Hills
 Parks started walking in order to cope with the stress of her top-level executive jobs at Kinko's and Gateway. When colleagues started asking how she managed to stay fit and trim in spite of long work hours and stress, Parks realized that helping others lead a healthier, walking lifestyle could be a business.

Initially, the idea was to sell attractive, comfortable exercise clothing and a monitoring device called DashTrak. Those purchases would bring customers to WalkStyles' Web site to track their progress and join the online community. That Internet interaction would market the company.

As Parks visited stores around the country that carry WalkStyles clothing and talked to customers, she realized she had it backward.

If WalkStyles had an informative, encouraging Web site for all people interested in walking for fitness, more people would come to the site, become part of the community and then buy WalkStyles products and services.

It was WalkStyles' fork in the road.

"People are forming online communities based on their interests," Parks said. "That's a big strategic change [for WalkStyles] and a big investment." Instead of spending hundreds of thousands of dollars on marketing, the company spent it on developing a useful Web site and community of walkers.

Before taking this different path, Parks wrote a new business plan to validate the proposed business model.

"It's a great way to differentiate ourselves" from other companies that sell casual clothing and equipment to measure walking distance, calories burned and other information, she said.

Buy or make products
Roger Clawson, Golden Spoon Yogurt Co., Mission Viejo
 Jeff Barnes was an early entrant into the frozen yogurt craze of the 1980s, with a small shop in Tustin, said Business Development Man-

ager Roger Clawson. When the second shop opened in what is now Lake Forest, he changed the named to Golden Spoon.

Instead of buying from one yogurt supplier, Barnes would buy what he considered the best vanilla yogurt from one company, the best chocolate from another and the best strawberry from a third.

With that strategy, he couldn't take advantage of volume discounts, but he had a loyal clientele, Clawson said.

But as the frozen yogurt fad waned, and suppliers went out of business in the early 1990s, Barnes faced a fork in the road, Clawson said. Barnes could either buy what he thought was inferior product or figure out how to make his own.

"He wanted to have a premium ice cream quality to it," Clawson said.

After working with a dairy in Chino, Barnes in 1996 introduced his proprietary base yogurt in vanilla, chocolate, strawberry and peanut butter. The transition to all proprietary Golden Spoon yogurt took four years. Now the company makes 51 flavors, offering 16 to 17 different ones each month.

Customers are the final arbiters of any new Golden Spoon products.

Always working on improvements, Barnes developed another chocolate yogurt that he thought was far superior to every chocolate on the market, Clawson said. "But when he put it into the stores next to the old chocolate, the customers greatly preferred the old. So he dropped the new chocolate." Golden Spoon has grown from about 12 stores in 1996 to 60 now and average annual sales per store are \$450,000, 45 percent higher than the industry average, Clawson said.

"There's no question the proprietary products are the reason for the company's growth," he said. "The product entrenched us deeper with our loyal customer base and they went to work on their friends and family to become customers too."

Employees or contractors
Sherry Benjamins, S. Benjamins & Co., Seal Beach
 In 1997, Sherry Benjamins used her experience in human resources management at Baxter International, Lee Hecht Harrison and other companies to start her own recruitment strategy firm.

As more clients sought her services, not just with strategy but also to recruit executives and retain employees, Benjamins added independent consultants to help with the workload.

The more demands clients had, the more Benjamins built an infrastructure and standards for the work provided to clients.

She stood at a fork in the road: either restrict the company's growth or switch from independent consultants to employees.

"We had certain expectations and standards. We had weekly reporting goals and had to hold people accountable, and that requires them to be employees," she explained.

"First, I had to get very clear on what we wanted to be as a company. I had to focus on just a couple of specialties ... rather than do whatever a client wanted."

Today she has 14 employees, all of whom work from their homes.

BY RYAN BLITSTEIN (MCT)

SAN JOSE, Calif. — The U.S. high-technology industry added more than 140,000 jobs during the first half of this year, nearly doubling the growth during the same period a year ago, according to a report released Tuesday.

The sector employed 5.8 million people as of this June, the largest number since 2002, said the analysis by the American Electronics Association, an industry trade group.

Much of the growth came from software services and engineering and tech services companies, which each added more than 40,000 jobs between January and June.

These broad categories include software makers such as Oracle and Internet companies such as Yahoo.

High-tech manufacturing companies such as Intel in aggregate gained about 23,000 jobs, and communications services companies added just 5,000 employees during the first half of 2006.

The tech industry's 2.5 percent employment growth lags behind the 3.5 percent job growth of the private sector as a whole.

"We think the growth could be much higher," said Josh James, AeA senior manager, research and industry analysis, who contributed to the report. "Numerous tech companies are having a difficult time finding qualified workers, both because fewer U.S. kids are coming out of universities with science and engineering backgrounds and companies are having a more difficult time hiring foreign nationals because of the visa process."

Answer to Sunday Crossword Puzzle No. 1,275 published today.

EMOTIONAL SCAN SHARD
 SUPERNOVA AINT SNIDER
 PLEASEDASPUNCH POLITE
 YENS ATE FACTOID
 EASILYEMBARRASSED
 BBL ETNO EARNEST
 READYFORBEDANTE ESS
 MAGI LEONMCANFRAN
 AUSTRIA LOY OSCARII
 SUFFERINGWITHACOLD
 GRAINYPASSAICORELSE
 NONETOINTELLIGENT
 OPOSSUM ETS OREILLY
 MELT ATAD ABUN MAYO
 EDD ANUT ILLTEMPERED
 PLANTER TATAS ASA
 PHYSICIANFORSHORT
 REALTORRNA MAUI
 ELLIOT THESEVENDWARF
 POTENT REMO ADORATION
 STARS ASSN NORTHEAST

Answer to Oct. 1 Cryptquip:
 WHEN YOU'VE CHOSEN A NEW HOME TO LIVE IN, BUT HAVEN'T MOVED YET, PERHAPS YOU WOULD BE A RESIDENT-ELECT.

Auction Directory

Auctions 75

AN AUCTION EVERY SATURDAY FULL AUCTION SALES, INC
Mark Ball-Auctioneer
Lic 320 WV PA
Serving Tri-State area Over 20 Years
304-789-6879
Rt. 7 Terra Alta, WV
www.ballauctioninc.com

AUCTIONEER AT ITS BEST THOMAS A. WADE-AUCTIONEER
WV 1265 599-1040, 276-0364

BEHM'S AUCTION SERVICE
Charles J & Joe Behm
724-428-5198 724-428-3664

JOE R. PYLE
Auction & Realty Services
"We Prepare, Advertise & Sell Your Merchandise"
724-324-9000 888-875-1599

MOORE'S AUCTION BARN
Ken Kyle WV 1246, Gerry White, Manager. 366-1432 / 798-3005

POA AUCTION
Saturday, October 7 At 10 am
 34 Fayette Street, Dunbar, PA
 Carved Secretary Desk; Story of Clark Spine Piano; Upright Phonograph; other oak pieces; dishes; glassware; games; furniture; tools; NICE Auction!
 L. Harvey, Owner
RITTENHOUSE AUCTION COMPANY
724-438-0581
www.rittenhouseauction.com

96 HOUR CLEARANCE



DODGE

CHRYSLER

Jeep[®]



Chrysler 300



Chrysler Aspen



Dodge Ram



Dodge Charger



Jeep Wrangler



Jeep Compass

URSE

DODGE
CHRYSLER



Jeep[®]

AUTOMOTIVE

and

Miscellaneous

News & Advertising For:

New & Used Cars • Trucks • Vans & RV's • Boats & Much More!

Ford steps up with a new Expedition

BY FRANK A. AUKOFER

Scripps Howard News Service

It took more than 70 years, but Ford finally has a competitor for the venerable Chevrolet Suburban.

The Suburban, first introduced in 1935, had the giant-sized sport utility market virtually to itself over the years.

Surprisingly, with all of its expertise in trucks, Ford never saw fit to directly challenge the Suburban. A few years back, it went the one-upmanship route with the bigger Excursion. But it was too much — too heavy-duty, mostly — and it never caught on.

Ford was somewhat of a contender in the class with its full-size Expedition. But despite the fact that it had three rows of seats, it did not have the Suburban's cargo capacity and competed mainly against the Chevrolet Tahoe and its siblings.

For 2007, the competitive set changes. There now are two new Expedition models: the standard size, which still butts up against the Tahoe, and the new Expedition EL, which for the first time gives Ford a bumper-to-bumper alternative to the Suburban.

The EL is almost 15 inches longer



Scripps Howard News Service photo

Ford's new Expedition lineup responds to the arrival of competition with increased cargo-carrying capability.

than the standard Expedition, with a wheelbase — the distance between the front and rear axles — that is a full foot longer.

Most of that stretching has gone

into increased cargo space. The EL has 43 cubic feet of space behind the third row of seats, or 24 cubic feet more than the standard model's 19 cubic feet.

That means you can carry eight people, with a luggage area that exceeds the capacity of two Lincoln Town Cars. If you fold the EL's second and third row seats, the cargo

area expands to a cavernous 131 cubic feet. The area also can accommodate the time-honored 4X8-foot sheet of plywood.

Ford makes the whole configuration user-friendly as well. The third-row seats — as either standard equipment or an option — are motorized and fold flat at the touch of a button. The manual second-row seats easily flip forward and "kneel down" to provide a flat cargo floor from the tailgate to the backs of the front-row seats.

Moreover, for hauling or tailgate parties, the rear section of the cargo area has a solid shelf that can be used to partition the area vertically or horizontally.

The front seats are the biggest and most comfortable in the vehicle, but nobody gets short-changed. With a nearly flat floor, the second row accommodates three adults with plenty of knee and head room, and the third row seat does almost as well, although it is narrower and is best used by two adults or three children.

It also is reasonably easy to climb into the third row, thanks to second-row seats that, in addition to kneeling down, flip forward out of the way.

Specs

MODEL: 2007 Ford Expedition EL Limited four-door sport utility vehicle
ENGINE: 5.4-liter V8, 300 horsepower
TRANSMISSION: Six-speed automatic
OVERALL LENGTH: 18 feet 5 inches
EPA MINIMUM/MAXIMUM CARGO VOLUME: 43/131 cubic feet
EPA CITY/HIGHWAY FUEL CONSUMPTION: 14/20 miles per gallon
BASE PRICE, INCLUDING DESTINATION CHARGE: \$42,575

This vehicle available at:
SUPERIOR
 Ford Lincoln Mercury
 304-296-4477
 EXIT 4, I-68 ROUTE 7, MORGANTOWN, WV

5 TO CHOOSE FROM
 2006 Dodge Stratus SXT
\$14,999

3 TO CHOOSE FROM
 2006 Dodge Dakota Crew Cab SLT
\$21,999

IT'S ALL ABOUT THE BEST
 BEST VEHICLES. BEST OFFER
0% APR FINANCING
72 MONTHS
 ON SELECT 2006 MODELS
"Whatever You Want...Whatever It Takes!"
JOHN HOWARD
 1730 MILEGROUND MORGANTOWN, WV 296-3205 CHRYSLER
 www.johnhowardmotors.com

Brand New!
 2006 Dodge Durango SLT
 Sticker \$33,985
 Cash Back \$5,000
 JH Discount \$3,000
\$25,985
SAVE \$8,000

Just Arrived!!
 2007 Dodge Caliber
11 in stock

SHAFFER GMC TRUCK
 RT. 7W, KINGWOOD, WV 329-3673
 M-W-F 9-8, T&Th 9-6, Sat 9-5
2007 GMC SIERRA 2500 4x4
 Save \$4,776!
 • 6.0 V-8 • 5-Speed Manual w/ OD
 • Air Conditioning • AM/FM Stereo
 • 4.10 Locking Differential
 MSRP \$26,775
 Shaffer Discount - \$2,776
 Rebate - \$2,000
\$21,999

MORGANTOWN Honda
 526 Mileground Road Morgantown, WV 26505
 Hours: Mon.-Wed. 8-7; Tues., Thurs. & Fri. 8-6; Sat. 8-5
 304-296-9055 www.morgantownhonda.com
★THE RANCHER ROUNDUP SALES EVENT★
 THE MOST WANTED ATV IN AMERICA.
 Get in these parts, there's one family that's got a reputation for being hard workers: the Honda Rancher® Ranchers. Their toughness and dependability is what gets them on top as America's best-selling ATVs. And right now, all Rancher® models are available at a straight deal with a fixed rate — and that you can count on. So come on down to your Honda Dealer and saddle up one for yourself before this offer quits.
FIXED PAYMENT AS LOW AS \$99 PER MONTH
FIXED RATE 9.9% APR FINANCING
 on approved credit with the Honda Card®
HONDA BEST ON EARTH!

SCOTT FORD/MERCURY
 Rt. 7 W., KINGWOOD, WV 329-3673
 M-W-F 9-8, T&Th 9-6, Sat. 9-5
 www.scottford.net
2006 Explorer XLT
\$2,000 CASH BACK PLUS
5 YEAR/60,000 MILE POWER TRAIN WARRANTY
0% APR FOR 60 MOS!

Ford 2006 Ford F150
0% 60 Months Available
\$1,000 Rebate
 Just 6 Miles From Morgantown
724-725-5214
 8-7 Daily • 8-4 Saturday
POINT MARION
 Since 1948

'07 Toyota Matrix
Special Release Edition Now Available!
 Mon, Tues & Thurs: 9am-9pm, Wed & Fri: 9am-6pm, Sat: 9am-5pm
UNIVERSITY MOTORS
 60 South University Ave. Morgantown Service: (304) 296-4402 Sales: (304) 295-4401

JOE ROMEO'S United CHEVROLET
2006 Chevy Silverado Z71
 Ext. Cab, Leather, 5.8 L V8, Power Seats, Loaded!
 MSRP: \$36,563 - Save \$10,156! **Your Price: \$26,407!**
 423 East Main Street, Kingwood, WV
 304-329-1590 • 888-700-1590

CLASSIFIEDS



Indexes

HOME and REAL ESTATE

Apartments, Furnished.....	46
Apartments, Unfurnished.....	47
Cemetery Lots.....	57
Commercial Property.....	42
Farms for Sale.....	51
Garages & Storage.....	40
Houses for Sale.....	48
Houses, Furnished.....	48
Houses, Unfurnished.....	49
Lots & Acreage.....	55
Mobile Homes/Rent.....	53
Mobile Homes/Sale.....	54
Mobile Home/Spaces.....	52
Office Space.....	41
Real Estate Wanted.....	56
Roommates.....	45
Sleeping Rooms.....	44
Vacations & Resorts.....	43

AUCTIONS/EMPLOYMENT and OPPORTUNITIES

Announcements.....	01
Auctions.....	75
Business Opportunities.....	14
Card of Thanks.....	03
Events & Entertainment.....	02
Happy Ads.....	05
Health Care.....	09
Help Wanted.....	10
In Memory.....	04
Instruction.....	13
Lost & Found.....	06

AUTOMOTIVE and MISCELLANEOUS

Antiques & Collectibles.....	23
Appliances for Sale.....	24
Automobiles.....	60
Boats & Equipment.....	64
Building Materials.....	25
Campers & RV's.....	62
Equipment & Machines.....	34
Farm Equipment.....	35
Fuel, Coal & Wood.....	29
Garage Sales.....	20
Lawn & Garden.....	28
Livestock & Poultry.....	30
Miscellaneous for Sale.....	22
Miscellaneous Wanted to Buy.....	36
Motorcycles & ATVs.....	63
Musical Instruments.....	32
Pets & Animals.....	31
Sporting Goods.....	33
Trucks, Vans, SUVs.....	61

By Phone
304-291-9420

Long Distance (Toll Free)
800-654-4676

By Fax
304-291-9464

By email
class@dominionpost.com

24 Hours-A-Day.
Don't forget your name, address and a phone number where we can reach you.
In Person or Mail
1251 Earl L. Core Rd
Morgantown, WV 26505



All in-column ads are included on our Classified Internet Website
www.dominionpost.com

Rates & Policies

(Rates are per line per day)

1 day.....	\$1.80 per line	5 days.....	\$1.53 per line
2 days.....	\$1.80 per line	6 days.....	\$1.53 per line
3 days.....	\$1.66 per line	7 days.....	\$1.35 per line
4 days.....	\$1.66 per line		
Sunday/Skip Rate.....	\$2.25 per line		

Add 75¢ per line for Wednesday advertisements for Post Extra

Advertisements placed under special packages may be cancelled early. However, the flat charge remains the same. Three, six and twelve month contracts are available for qualified commercial businesses.

All ads must be prepaid

We accept

Deadlines & Hours

In-Column Deadlines
4:00 p.m. For next-day publication (Tuesday, Wednesday, Thursday & Friday)
3:30 p.m. Friday for Saturday, Sunday & Monday
REAL ESTATE DEADLINE 4:00 PM THURSDAY FOR FRIDAY, SATURDAY AND SUNDAY (no exceptions)

Display Deadlines
4:00 p.m. two days before publication
4:00 p.m. Wednesday for Saturday & Sunday
4:00 p.m. Tuesday for Sunday Real Estate

Office Hours
Call Monday - Friday 8:30 a.m. - 5:00 p.m.

ALL SUPERSAVER ADS ARE PRIVATE PARTIES ONLY. NO PETS.

Free Ads

Item(s) priced \$5 to \$50. Up to two items per advertisement. One advertisement per day per customer. Private party. No pets.

3 lines for 2 days

Service Directory

5 lines minimum, 7 days minimum.

92¢ per line per day

5 lines minimum, 14 days minimum.

75¢ per line per day

3 Day SuperSaver

Item(s) priced \$2,000 or less. Must be prepaid. Extra lines \$1. Includes 75¢ per line for Post Extra. Private parties only. No pets. No autos.

3 lines for 3 days \$900

14 Day SuperSaver Auto SuperSaver

Item(s) priced \$2,000 or less. Must be prepaid. Extra lines \$1. Includes 75¢ per line for Post Extra. Private parties only. No pets. No autos.

Single vehicle. Extra lines \$1. Includes 75¢ per line for Post Extra. Private parties only. (1) Vehicle per ad.

3 lines for 14 days \$1450

4 lines for 14 days \$1900

Garage Sales

20

ESTATE TAG SALE
Mr. & Mrs. William T. Abel
564 Killary Drive
off Collins Ferry Rd.
Sat. 30 & Sun. 1st,
8 am-6 pm

Antiques: Pressed/warm step back cupboard, Brass bed, spinning wheel, drop leaf table, Victorian balloon back chair, mahogany 5-drawer chest, mahogany 2 over 2 dresser, mahogany bookcase, brass buckets, carved tea table, pierced tin lantern, bells, coffee grinders, oak fancy trolley, Victorian wall letter box, antique tools.
Collectors plates, piano & organs, roll-away bed, sleeper sofas, sweepers, desk, Maytag washer, portable dishwasher, lg. mercury vase & other glassware & collectibles, sewing machines, camping gear, lots of books, kitchen, fabric, tools, records, tapes, radios & stereo, rotisserie, shelving, cupboards, file cabinets, linens & much more.
Sale conducted by Margaret Headlee.

FLEA MARKET at Food Lion Every Sunday
7am-3pm. Set up \$5.50

HUGE 3 Family Garage Sale
at O.J. White Transfer, 1 mile past the new Walmart on the Grafon Rd. Sat., Oct. 7 & Sun., Oct. 8, 8am-4pm. Furniture, bunk beds, trundle bed, lawn furniture, treadmill, computer desk, entertainment center, chippier, decorations, pictures, TVs, plus more items too numerous to mention.

OPEN HOUSE Moving Sale: All must go! Sunday, 9am-2pm. 3 Five Forks Dr., off Canyon Rd., Cheat Lake. Reasonable offers accepted.

SALE: Rain or shine. 1309 Pt. Marion Rd. Antiques, player piano, glassware, books, lamps. Sat. & Sun., 10am-4pm.

Misc. for Sale

22

SALVAGED OFFICE FURNITURE
50-60-70% OFF Manufacturers List. Over 3,000 furniture items.
OFFICE SHOPPERS PARADISE
599-4602, Main St. Granville

STAINLESS Steel hood, for restaurant with Ansil system. \$1800. Pop. cooler with single glass door, \$200. 2 utility carts for kitchen. 724-569-9508.

STUDENT computer desk with chair, bunk bed, entertainment center. All mint condition. Call 292-9215.

TROY Bilt Port. Generator. 7550 Watts, Briggs & Stratton Engine. Used for 4 hrs., 1 yr. old. Asking \$800. 291-8951.

9 1/2' Christmas tree, paid \$200, asking \$50. Several Little Tykes toys, \$40 all. 276-8650.

Antiques & Collectibles

23

ANTIQUA FURNITURE & misc. items - Country pine rectangular table with 6 chairs \$750; Oak Hutch with beveled glass painted doors \$850; Pine jello cupboard \$750; Poplar Hoosier Cupboard with glass doors \$350; Oak roll top desk \$650; 5 pc. cherry bedroom suite, PA House, Queen \$1000; Oak Chest of drawers \$275; Maple vanity with high backboard \$950; Oak tea cart \$175; Oak secretary \$275; Oval mirror with wood trim \$50; Cherry plant stand \$75; Small Oak corner cupboard \$275; Maple vanity with stool \$100; Old wicker rocker \$75; lg. powder box \$40; Pine corner cupboard with glass painted doors \$650; Old oak wall phone \$175; Kellogg's store display \$175; Granite-ware utensils with rack drip pan \$100. 379-3031

OPEN HOUSE Moving Sale: All must go! Sunday, 9am-2pm. 3 Five Forks Dr., off Canyon Rd., Cheat Lake. Reasonable offers accepted.

SALE: Rain or shine. 1309 Pt. Marion Rd. Antiques, player piano, glassware, books, lamps. Sat. & Sun., 10am-4pm.

Pets & Animals

31

ACA Bichon Frise Puppies, White, Non-shedding, Gentle personality. \$500. (301) 746-8065

AKC CHIHUAHUAS, quality, www.weesmallchihuahua.com. All colors, sizes, sexes. 986-9969

AKC Cocker Spaniel pups. Ready to go. \$400. Please call 724-998-7594.

AMERICAN BULLDOG Pups, NKC, champion bloodlines. Health guarantees. Ready now! \$700. (304) 392-5103.

CKC Black & Fawn Puggles Pups. Ideal for apartment living. J & J Farms, 291-0578.

CKC Boxers ready to go, 3 males, fawn/white. \$250. Tail docked, dew claws removed & de-wormed. 291-0280 or 685-7320.

CKC German shepherd puppies. ALSO CKC 4 mo. old Chocolate Lab Male pup. 304-864-4869.

ENGLISH Spring Spaniel Pups, AKC, shots & wormed. \$400. Call (724) 329-4465.

FREE: CAT (Persian?) and three kittens, black with splashes of orange. Call 296-9607.

MALTESE Pup, Male, CKC Reg., 9 weeks old with 2 sets of shots. \$600. Call 478-1135

MOE, NEEDS A HOME! Senegal Parrot, 4 years old, talks (when he wants to). Large cage included. \$600. Call evenings 304-864-6324.

AKC Jack Russell Terrier pups, 1st shots & wormed. Health guar. \$250. Please call 291-5810.

Misc. Wanted to Buy

36

STANDING TIMBER Wanted. Full payment in advance. Free appraisal. Call (724) 238-9038

Automobiles

60

ACURA MDX, 2004, new car cond., black with black CD entertainment system, sun roof, options include: gold emblem package, door side trim, running boards, wheel flares, only 17k miles, remaining warranty 4 1/2 years/53k miles transferable, see to appreciate, original price \$47,800. Asking \$36,400 304-379-3719.

CADILLAC DeElegance DeVille, 1997, Gold Edition. Black on black with leather. 57K miles. \$7,500. 304-216-0439 or 304-599-0212

CADILLAC DeVille, 2005, 21k miles, Was \$45,900 new, our price, \$25,000. Anthony Chevrolet, Fairmont 800-540-4621; 366-3500

CASH PAID
We Buy Cars and Trucks. We Also Tow Away Unwanted Cars free. Call 292-5515

CHEVY Cavalier, 2001 4 Dr. 87k, nice car, \$3995
BURNSIDE'S AUTO
724-324-5126, Mt. Morris, PA.

Automobiles

60

CHEVY Cavalier, 2005, 4 Dr. Rare find here. Only \$10,900 Anthony Chevrolet, Fairmont, 800-540-4621; 366-3500.

CHEVY Malibu LS, 97 Kelley Blue Book, \$1800+. 4 door. Fair cond. Needs some TLC. Call to discuss details. Asking \$1500. 692-5886.

FORD Escort LX, 1993, 4 Dr., standard, Good running cond., good body, 152,900 miles, \$800. Call 599-0853.

FORD Taurus, 2003, air, auto., cruise, 33k mi. Very good cond. \$8600 Call 304-598-3045

JOHN HOWARD MOTORS

296-3205
2003 VW Jetta GLS, 5 spd, sunroof, alloys, loaded, 37K
2003 Chrysler Sebring LX, PW, PL, A/C, CD, excel. cond. Good MPG, low taxes. 43K
2001 Nissan Maxima, V6, auto, SE, sunroof, CD, only 57K
2005 HARLEY DAVIDSON, VROD 2005 Hyundai Accent, CD, excel MPG, 6K, A/C, 5 spd
2003 Subaru Outback, Wagon, AWD, Ltd. leather, sunroof, CD, 24K
2003 Hyundai Tiburon, V6, GR, auto, sunroof, leather, CD, excel. cond, many toys, 20K
2003 Chrysler Pacifica Touring, AWD, leather, CD, 3rd row seating, 34K
2003 Pontiac Bonneville SSEi, Vt, turbo, sunroof, leather, XM radio, 2006 Subaru Outback, 4 cyl, auto, LTD, 30 mpg
2006 Dodge Stratus SXT, auto, PW, FL, CD & more. 18K
2002 Chrys. Concorde, gray, Ltd, leather, moonroof, alloys, 48k
2005 Subaru Legacy, white, 2.5i, auto, alloys, side airbags, 17k
2005 Subaru Legacy, 2.5i, auto, alloys, silver, cruise, keyless, 15k
2005 Subaru Legacy, 2.5i, blue, alloy, spoiler, fog lights, 17k
2006 Subaru Impreza, Outback Sport, wagon, alloys, 2tone, auto, 1.5K
2004 Subaru Outback Ltd, black, auto., leather, moonroof, heated seats, P/seat, CD, 33K
2004 Subaru Impreza Outback Sport, Sport Wagon, alloys, loaded, 9k
2006 Subaru Legacy SE, 2.5i, Ltd, AWD, auto., leather, CD, sunroof, 3K
2006 Subaru Impreza, 2.5i, auto., AWD, CD, PW, PDL, cruise, 9k
2003 Chevy Malibu SE, Auto., PW, PDL, CD, air, 38K

LINCOLN LS, 2001, black, V6, 49k, garage kept, loaded, well-maintained. \$10,900. Call 599-9683.

LINCOLN 1995 Limousine, \$7000 or best offer. Call 288-1408.

MERCURY Grand Marquis, 1989, fantastic shape, no rust, great transportation. With red interior. Classic! 2 snow tires incl. \$1500 neg. Call 304-692-9934.

MINI COOPER, 2006, 5 spd, heated seats & mirrors, moon roof, rear spoiler, Harmon Kardon Audio, Xenons, \$21,650. 412-292-8867

MITSUBISHI Eclipse Spyder GT, 2003, convertible, 5 spd, standard, dark red, 39k miles, \$17,800, 216-7949

NISSAN Sentra GXE 1998, 4 Dr., MANUAL, MP3 player, new tires, good cond., 107k miles. \$3,100 neg. A must see deal! 304-685-4493.

OLDSMOBILE Acheiva, 1992, V6, black, clean, great shape, 130K \$2000 or best offer, 599-0359.

OLDSMOBILE Alero, 2003, 4 dr., only 36k miles, price reduced, \$9,900 Anthony Chevrolet, Fairmont, 800-540-4621; 366-3500.

POINT MARION FORD

724-725-5214

2003 Pontiac Grand Prix GT, Auto, all power, leather, alloys, loaded, 30k
2006 Jeep Wrangler. 4X4, 6 spd, CD, only 500 miles
2005 Ford E-150 Cargo Van, V8, auto, all power, super clean, 30k
2004 Chevy 1500 Silverado LS, X-Cab, 4X4, 5.3L, all power, nice truck
2003 Ford Ranger Edge, Super Cab 4X4, 4 dr, 4.0L, auto, all power, fits reside, only 30k miles
1998 Chevy Blazer LS, 4 dr, 4.3L, 4X4, all power, serviced, clean
2002 Ford F-150, 5 spd, 70K Miles, auto, leather, moonroof, 6 CD, loaded, 42K
2006 Ford E-350 XLT, 12 passenger, auto, all power, clean, serviced

Automobiles

60

PONTIAC GTA, 89, 80K orig. miles, \$350 auto, red with grey int., Boria exhaust, headers, engine stock, good tires, drive anywhere. \$6500 or best offer, no disappointments. 724-324-5957.

PONTIAC Sunfire SE 1999, 78K miles, auto., PS, PL, PW, cruise, AM/FM, CD, 3300 neg., 599-2330 or 293-5830

SCOTT Ford/Mercury

Route 7 Kingwood 329-3673
06 Ranger Supercab 4x4 XLT
06 F-150 Supercab 4x4 Lariat
05 Freestar Van SE
05 F-150 Supercab 4x4
02 To Choose From
05 Sport Trac XLT 4x4
05 F-350 Crew Cab 4x4 Lariat Diesel
04 Nissan Frontier 4 dr 4x4
04 Yukon XL Denali
02 To Choose From
03 Taurus Wagon SE
03 Focus 4 dr SE
www.scottford.net

SUBARU Forester, 2004, 2.5 XS, premium package, AWD, auto, sunroof, solid color, alloys, new tires. 36K- nice. \$16,500. 599-1487

SUBARU Legacy LS, 96, AWD, auto, sunroof, PW, PDL, new brakes. Extra clean. \$3375 neg. 304-842-4189, 677-0034.

SUZUKI Swift 2001, 50k miles, 5 spd., Great work car! \$3000. Call 296-5385.

TOYOTA Camry LE, 2006, 51000 miles, dark gray, well equipped. \$17,950. Call 304-366-4661.

TOYOTA Camry SE, 2004, 4 Dr, 38k miles, sunroof, V6, Just \$16,900. Anthony Chevrolet, Fairmont 800-540-4621; 366-3500

TOYOTA, Sellara SLE, 1999, 2 Dr., red, excel. cond. 78k miles, black leather, good tires, climate controlled, CD/cass., legal tint, bra incl. \$12,500 or best cash offer. 291-5838.

VOLKSWAGEN Beetle, 1979, convertible. Fully restored. 80K miles. Asking \$10,000. Call 304-296-4011 or 304-685-3710.

Joe's Cars

1737 Mileage Road (304) 225-8482

2005 Mazda 3 Auto, CD, PW, PL, Low Miles. Call for details

2000 Suzuki Vitara Auto, 4cyl, 4x4, just traded, only \$6,900
2004 Jeep Liberty Limited Auto, 4x4, Sunroof 38K Miles
2005 Hyundai Tiburon SE 6spd, CD, Leather, Sunroof, Rear Spoiler 12K mi.
1998 GMC Safari SLE AWD, 3rd Row Seat, Extra Clean. Only \$5,900
1996 Ford Thunderbird- Auto, 6 cyl, Only \$1,879
2001 Ford F-150 5 spd, 70K Miles, 4x4, PW, PL, CD, Only \$10,797
1999 Pontiac Grand Prix GTP, Auto, Leather, CD. Only \$5,797
2004 Nissan Titan- Auto, 4x4, 4dr, Rear Entertainment. Call for details

Trucks, Vans & SUVs

61

CADILLAC SRX, 2005, AWD white diamond, 4400 miles, luxury & memory packages, garage kept female driven, selling due to illness. \$37,900. neg. 724-377-1268.

CHEVY Silverado, 2006, 271, LS, ext. cab, 6.5' bed, diamond toolbox, tow package, all power, CD, loaded, 3800 miles, silver/gray, \$26K. 304-789-2135. To settle estate.

CHEVY S10 Blazer, 1985, 2 dr, 4WD, 75k mi. good cond., runs well, good sticker & plates. \$1500 neg. 304-864-2887

CHEVY UPLANDER, 2006, Van 19k miles, Unbelievable low price of \$18,900. Anthony Chevrolet, Fairmont, 800-540-4621; 366-3500.

Trucks, Vans & SUVs

61

CHEVY 4X4 Crew Cab 2500 HD 2004, 36K mi., heated leather load, bedliner, below book \$23,500 304-216-8676

DODGE Grand Caravan SE, 2003, AWD, 96k miles (highway) excel. cond. \$10,000. Call 292-1311.

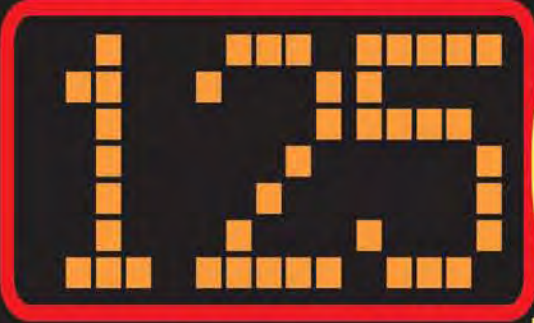
FORD Eddie Bauer Expedition, 2003. All options with DVD, 35,700 mi. \$20,500. 304-594-2428.

JOHN HOWARD MOTORS

Mileground 296-3205
2004 GMC Sierra 1500 XC, 4x4, V8, auto, SE, loaded, alloys, CD, 43K
2004 GMC Envoy, 4x4, SLT, 6 cyl, auto, sunroof, leather, CD, P/Seat, 38K
2003 Jeep Liberty renegead, 4x4, 6 cyl, auto, leather, CD, sunroof, alloys, 27K
2005 Dodge Dakota. Quad cab, 4x4, V8, auto, SLT, loaded, alloys, only a few miles
2005 Subaru Baja Sport, 5 spd, AWD, CD, sunroof, cruise, alloys, 17K
2004 Chevy Trailblazer LS, 4x4, 6 cyl, auto, PW, FL, cruise, CD, alloys, 55K
2002 Chrysler Town & Country, AWD, LXI, leather, CD, captain chairs, 53K
2002 Dodge Ram 1500, QJad Cab, S.T. 4x4, V8, CD, auto, chrome wheels, PW, PL, cruise, 65K
2005 Dodge Ram 1500, quad cab, 4x4, V8, auto, SLT, cruise, 14K, 45K
2005 Ford F250, reg. cab, HD, 4x4, 5 spd, 8' bed, A/C, tow pack, 10K
2004 GMC Yukon Denali, 4x4, V8, leather, sunroof, DVD, 3rd seat, 23K
2000 GMC 3500, dump truck, 4x4, V8, 5 spd, 11K
2002 Ford Explorer, 4 dr, XLS, 4x4, 6 cyl, PW, PL, excel. packages, 47K
2004 Ford Explorer, 4x4, 4 dr, XLT, auto, loaded, CD, 42K
2003 Chrys. Town & Country EX, leather capt. chairs, rear A/C, 3K
2005 Ford F250,

UNIVERSITY TOYOTA OF MORGANTOWN!

CHOOSE FROM OVER



BRAND NEW TOYOTAS!

Score Some SAVINGS!

CHOOSE FROM OVER



PRE-OWNED VEHICLES

IT ALL ENDS TOMORROW AT 9PM!
GET HERE EARLY FOR THE BEST DEALS!

NEW 2006 TOYOTA
COROLLA CE



#36488, AUTOMATIC, PWR WINDOWS & LOCKS, & MUCH MORE!

NEW 2006 TOYOTA
RAV4 4X4



#36482, 4-CYL, AUTOMATIC, PWR WINDOWS & LOCKS & MUCH MORE!

NEW 2006 TOYOTA
TACOMA 4X4



#26132, SR5 ACCESS-CAB, V6, AUTOMATIC, PWR WINDOWS & LOCKS, & MUCH MORE!

BUY FOR **\$15,548***

BUY FOR **\$22,895***

BUY FOR **\$25,231***

NEW 2006 TOYOTA
TUNDRA 4X4



#26079, SR5 ACCESS CAB, V8, AUTOMATIC, PWR WINDOWS & LOCKS, CRUISE & MUCH MORE!

TOYOTA CERTIFIED Used Vehicles
The Best New Cars Make The Best Used Cars

- 7-YEAR/100,000-MILE LIMITED POWERTRAIN WARRANTY⁽⁴⁾
- 7-YEAR/100,000-MILE ROADSIDE ASSISTANCE⁽⁴⁾
- 160-POINT QUALITY ASSURANCE INSPECTION!
- VEHICLE HISTORY REPORT!

4.9% APR FOR 36 MONTHS⁽²⁾
AVAILABLE ON SELECT CERTIFIED TOYOTAS!

'04 CERTIFIED USED TOYOTA CAMRY LE #37020B	\$14,895*
'03 CERTIFIED USED TOYOTA RAV4 #36182A	\$15,595*
'03 CERTIFIED USED TOYOTA TACOMA SR5 #26056A	\$20,895*
'05 CERTIFIED USED TOYOTA RAV4 #36398A	\$21,595*
'04 CERTIFIED USED TOYOTA AVALON XLS #15215	\$22,995*
'04 CERTIFIED USED TOYOTA 4RUNNER SR5 #26102A	\$23,995*
'04 CERTIFIED USED TOYOTA HIGHLANDER SR5 #35082A	\$24,995*
'04 CERTIFIED USED TOYOTA 4RUNNER #37012A	\$24,995*
'06 CERTIFIED USED TOYOTA TUNDRA D-CAB #36423A	\$28,995*
'05 CERTIFIED USED TOYOTA SEQUOIA SR5 #55154A	\$32,495*

NEW 2006 TOYOTA
4RUNNER 4X4



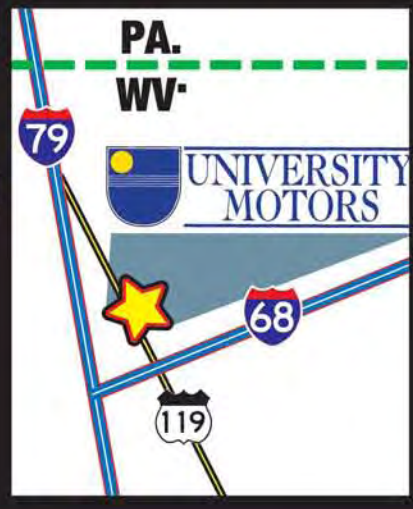
#36269, SR5, V6, AUTOMATIC, SUNROOF, PWR WINDOWS & LOCKS, ALLOYS & MUCH MORE!

TOYOTA REBATE.....-2000
BUY FOR **\$26,240***

TOYOTA REBATE.....-1500
BUY FOR **\$29,082***



UNIVERSITY TOYOTA
60 Don Knotts Blvd, Morgantown
304-296-4401



VISIT US AT OUR WEBSITE AT: www.umotors.com

*Customer must take delivery from dealer stock. See dealer for details. (1) Monthly payments are \$18.83 per \$1000 financed at 4.9% APR for 60 months with 10% down in lieu of factory rebates available to qualified buyers on 2006 Tacomas. (2) Monthly payments are \$29.93 per \$1000 financed at 4.9% APR for 36 months with 10% down in lieu of factory rebates to qualified buyers available on select certified vehicles. (4) From original in-service date. Event ends 10/02/06.

Mercedes-Benz ML63 packs power and quality

BY STEVEN COLE SMITH

The Orlando Sentinel (MCT)

We could be here all day debating the logic of an ultra-high-performance sport utility vehicle. Even enthusiasts who love fast vehicles wonder why anyone would need a super-powerful SUV.

Listen: I don't build 'em. I just write about 'em. I've written about the 420-horsepower Jeep Grand Cherokee SRT-8 and the 450-horsepower Porsche Cayenne Turbo.

But now comes — depending on your perspective — perhaps the most compelling, or the most absurd, SUV of them all: the 2007 Mercedes-Benz ML63 AMG, with a 6.3-liter, 503-horsepower V-8 engine.

How Mercedes — or more accurately, its in-house hot-rod shop, AMG — accomplished this is pretty simple: It took a 6.3-liter V-8 used in other products, such as the E63 AMG station wagon or the CLS63 AMG sedan, and jammed it under the hood of Mercedes' Alabama-built M-Class sport ute, which was redesigned in 2005. The M-Class sport ute came with either a 3.5-liter, 268-horsepower V-6 or a 5.0-liter V-8 with 302 horsepower.

Mercedes-Benz added a beefed-up seven-speed automatic transmission, big P295/40ZR-20 performance tires on alloy wheels and a specially tuned suspension that make you forget the ML63 AMG weighs a whopping 5,093 pounds and is 73.3 inches tall. That suspension, plus every electronic bell and whistle you can imagine, lets the ML63 AMG corner like a sports car, but still, the ride is more than acceptably smooth.

And to make this whole proposition even stranger, Mercedes-Benz insists that the ML63 AMG can be taken off-road, though that thought never occurred to me. Specifications list a transmission that, when you drive off-road, adapts its shift patterns to your requirements. Performance listings include a "maximum low-speed water fording depth," but that depth is "to be determined,"



MCT photo

The 2007 Mercedes-Benz ML63 is able to tow 5,000 pounds, and can go from 0 to 60 mph in 4.8 seconds.

presumably waiting for a report from the first customer who tries it. But there just isn't much ground clearance, and there are a lot of expensive-looking aluminum suspension pieces under there, so let's just keep it on the pavement, OK?

Mercedes does, however, rate the ML63 AMG to tow 5,000 pounds, which isn't bad for a vehicle that, the company says, can go from 0 to 60 mph in 4.8 seconds.

Inside, the ML63 AMG has some of the nicest leather upholstery and burled walnut trim you have ever seen. Instruments and

controls are typically means-business German, though they aren't hard to figure out. After all, this is a vehicle that was developed for an American market, and it shows in the nice cupholders, a big, illuminated two-tier glove box and zillion-watt Harmon Kardon stereo with "digital surround-sound."

For what it is, I can't fault the ML63 AMG, except for its penchant to visit gas stations, 91-octane premium, please. The quality and fit is impeccable, and the performance astounding, especially because it is accom-

plished without turbochargers and superchargers. BMW used to be the dominant German premium manufacturer for high-performance vehicles, but man, these past few years AMG has tweaked most every Mercedes product into a roster of superb hot rods.

You already know it doesn't come cheap, right? With shipping, the ML63 AMG costs \$86,275, about double the cost of the Jeep Grand Cherokee SRT-8, which isn't quite as fast, but is every bit as compelling — or absurd.

Your call. Your money.

Specs

Mercedes ML63
BASE PRICE: \$85,500
PRICE AS TESTED: \$86,275

EPA RATING: 12 mpg city, 16 mpg highway

DETAILS: Front-engine, all-wheel-drive SUV with a 6.3-liter, 503-horsepower V-8 engine and a seven-speed automatic transmission

AUTOMOTIVE REVIEWS

BY JIM MATEJA

Chicago Tribune 1(MCT)

2007

CADILLAC ESCALADE AWD:

Base price: \$56,405; Engine: 6.2-liter, 403-h.p. V-8; Fuel economy: 13 mpg city/19 highway. Generation III. AWD standard; a lower priced 2WD version arrives later. Borrows some styling cues from the Sixteen concept sedan. Potent V-8 so there's no problem towing. But mileage is paltry. But, in 2008, that V-8 will shut off 4 cylinders to conserve fuel. Sedan-like ride thanks to Road Sensing Suspension that responds in milliseconds to changes in the surface. Stability control with all-speed traction control and roll mitigation control is standard. Nice touches: Remote start, power adjustable pedals and power liftgate.

CHEVROLET AVALANCHE LT:

Base price: \$32,295; Engine: 5.3-liter, 320-h.p. V-8; Fuel economy: 15 mpg city/21 highway. Short cargo bed that makes it easier to motor around in traffic and especially in the parking lot. Rear cabin wall folds down to extend bed into the cabin. Lockable compartments built into the sidewalls for tools or, thanks to the plastic lining and drain holes, to hold ice and pop. New for 2007, key fob locks the tailgate with no need for a key. Rearview camera shows what's behind on the navigation screen to spot the boat and/or trailer to hitch up, but \$195 camera requires \$2,145 navi system. V-8 comes with active fuel management to shut off 4 cylinders. Will also burn E85. Very good ride and handling with stability control and four-wheel ABS as standard.

CHEVROLET SUBURBAN AWD

LT: Base: \$39,665; Engine: 5.3-liter, 310-h.p. V-8 with cylinder deactivation; Fuel economy: 15 mpg city/20 highway. Total remake — inside and out, front to rear. Three rows of generously sized and well-cushioned seats with power fold and flip option in the second row. The 5.3-liter has active fuel management to shut down 4 cylinders when cruising. Mileage low, but better than previous model. Smaller Tahoe gets a hybrid next year. Though big and heavy, ride is very smooth thanks to standard premium suspension. Han-

dling decent but a 5,800-pound vehicle doesn't have the grace of a ballerina.

CHEVROLET TAHOE LT 4WD:

Base price: \$37,665; Engine: 5.3-liter, 320-h.p. V-8; Fuel economy: 15 mpg city/21 highway. The long-awaited redesign of Chevy's full-size SUV sports rounded body panels, a more powerful yet more fuel efficient V-8 that shuts off 4 cylinders when not needed (and a hybrid coming next year), smooth ride, unusually quiet cabin and such nice touches as power pedals, remote start and power liftgate, though at extra cost. But 5 inches has been added to overall length, and it still handles like a big SUV. Stability control with roll mitigation control is standard. Three rows of seats; second row is power operated, third row folds by hand.

DODGE CALIBER SXT:

Base price: \$15,425; Engine: 2-liter, 158-h.p. 4-cylinder; Fuel economy: 26 mpg city/30 mpg highway. Crossover replacement for Neon with FWD and AWD versions. Far better looks, room, comfort, performance and innovation than Neon, though about the same size. Spirited 2-liter. Crisp steering and good handling with its 17-inch radials that will be even better when electronic stability control is added this year. Neat features include pull-down speakers in the hatchlid, beverage cooler in the dash, removable flashlight in the cargo hold headliner and 115-volt outlet for laptop computer. Gripes include manual seats and figuring out which options you can get on which trim level and at what price.

GMC YUKON DENALI AWD:

Base price: \$47,115; Engine: 6.2-liter, 380-h.p. V-8; Fuel economy: 13 mpg city/19 highway. A major remake in size, shape, looks, power and features. Wider front and rear tracking and lower center of gravity for better ride and handling. New amenities include power liftgate, power and tumble second-row seats, heated front and second-row seats, remote vehicle start, rain-sensing wipers and larger DVD screen. But mileage makes environmentalists cringe, third-row seat makes occupants other than kids crunch up and cringe, and stick-er makes anyone cringe.

HONDA CR-V EX-L 2WD:

Base price: \$21,500 (estimated); Engine: 2.4-liter, 166-h.p. 4-cylinder; Fuel economy: 23 mpg city/30 highway. Latest version corrects the faults of the old one. The gear shift lever is now low in the instrument panel below the radio not near the top of the dash; the emergency brake is no longer a vertical lever stuck in the dash, but a pedal to press along the floor; and the spare tire hanging from the swing-out rear door is now under the vehicle, which allows an easier-to-open hatch lid. Larger radials, lower vehicle height and a refined suspension contribute to better handling. And width was increased for more cabin stretch room.

HONDA FIT SPORT:

Base price: \$15,170; Engine: 1.5-liter, 109-h.p. 4-cylinder; Fuel economy: 33 mpg city/38 highway. New low-priced, high-mileage, entry-level mini as an alternative to more costly hybrid. Mini refers to size, not amenities, with ABS, side-curtain air bags, power windows, mirrors, door locks and air conditioning standard. But no power seats/sunroof. Ride and handling is econocar-like since it's 19.2 inches shorter and almost 3 inches narrower than a Civic. Though it looks small on the outside, headroom inside unusually spacious.

JAGUAR XK convertible:

Base price: \$80,835; Engine: 4.2-liter, 300-h.p. V-8; Fuel economy: 18 mpg city/27 highway. Attraction is that it offers top-down driving in 18 seconds or less. Push-button-start of potent V-8 that cranks out the power quickly and takes flight in earnest. The zero-to-60-mph claim is 6 seconds. A little exhaust rumble adds to the pleasure. A 6-speed automatic offers steering wheel-mounted paddles for manual shifting. Suspension controls any unnecessary movement regardless of road conditions. Stability control with traction control standard. Ouch on the price, however. And with top down, trunk space disappears.

JEEP COMPASS LIMITED 4x4:

Base price: \$21,180; Engine: 2.4-liter, 172-h.p. 4-cylinder; Fuel economy: 23 mpg city/26 highway. New entry-level Jeep, though not for long because Patriot will fill that role this fall.

A Jeep that looks like a crossover, the marriage of sedan with wagon. Boasts the same enjoyable ride, handling, comfort, performance and cargo and people-carrying features that have kept the compact Dodge Caliber, from which it is derived, in short supply. 4WD available, but this is the first Jeep not trail rated for off-roading. Nice touches include standard 18-inch all-season performance tires and electronic stability control with traction and roll mitigation control.

LEXUS GS450H:

Base price: \$54,900; Engine: 3.5-liter, 340-h.p. V-6 with electric motor; Fuel economy: 25 mpg city/28 highway. Not all hybrids are created equal. This one is for those who want to conserve fuel but not the ability to power away from the light or dart into the passing lane ahead of the pack. The gas engine/battery combo packs a wallop, with the battery pack acting like an electronic supercharger. So quiet in battery mode at start, however, you forget the batteries are draining as you idle. Can reach 30 mph in battery mode — with the accompanying drain. But gas mode replenishes the energy. Hefty base price.

LEXUS RX350 AWD:

Base price: \$38,800; Engine: 3.5-liter, 270-h.p., 24-valve V-6; Fuel economy: 19 mpg city/24 highway. Crossover now offers more potent r V-6 that responds to pedal pressure like a V-8 — but so does the fuel gauge. Smooth ride and decent handling with optional 18-inch all-season radials, but some body lean in corners. Full-time AWD doesn't come with a low setting for off-roading. Goodies include standard stability control, traction control, side-curtain air bags, power liftgate and cargo floor storage bins. Optional navigation system allows routes to be programmed through voice-activation rather than manually calling up street addresses.

MAZDA CX-7 GRAND TOURING

AWD crossover: Base price: \$28,000; Engine: 2.3-liter, 244-h.p., turbocharged 4-cylinder; Fuel economy: 18 mpg city/24 highway. A crossover that does everything a wagon does in far better style. Two rows of seats to handle five folks, a larger three-row companion arrives

next year. Family friendly with lots of people and package room — room with zoom thanks to the turbocharged 4 cylinder. Mileage does disappoint. Good road manners along with on-demand AWD. But why do you have to buy a CD changer to get a power moonroof?

NISSAN VERSA:

Base price: \$12,450; Engine: 1.8-liter, 122-h.p. 4-cylinder; Fuel economy: 30 mpg city/36 highway. The most-spirited 4-cylinder, most-nimble handling and by far the most spacious, roomy and comfortable cabin of the recent crop of high-mileage, low-priced Japanese minis. Very good road manners and very responsive 4-cylinder. Gripes: the silly name and ride that's a tad stiff. Oddity: one of those magic key fobs so you don't need an ignition key, just twist the lever on the steering column to start. Lots of stowage.

SATURN SKY:

Base price: \$23,115; Engine: 2.4-liter, 177-h.p. 4; Fuel economy: 20 mpg city/28 highway. Looks even better than the Pontiac Solstice roadster with which it shares platforms. Looks like a cross between a Chevy Corvette and Cadillac XLR. Wide stance and wheels moved out to the corners for a solid, stable look as well as good road manners. The 2.4-liter is a bit sedate and not a tire burner. Have to wait for the turbo 4 this fall. Suspension and tires tuned for smooth ride with no road jitters. Ideal open-top motoring, but with top hidden in trunk, you'll have to send your vacation luggage via UPS. Gripe: seeing the fuel gauge.

SATURN VUE GREEN LINE:

Base price: \$22,370; Engine: 2.4-liter, 170-h.p. 4-cylinder with nickel-metal-hydrate battery pack; Fuel economy: 27 mpg city/32 highway. A lower-cost alternative to hybrids that gets 5 mpg better mileage than the gas-only SUV and has a driving range of about 500 miles. Starts in gas mode and gets brief push to get going and a shot of electric energy when passing, but it never runs on batteries alone. Gas engine shuts off at stoplight or when coasting down hill. Available only on the 2WD version. Same hybrid system will be offered in the Saturn Aura sedan next spring.

Shelby GT is sure to turn heads

BY MATT NAUMAN

San Jose Mercury News (MCT)

General Motors stole some of the nostalgic-mojo momentum from Ford's Mustang by first showing a Chevy Camaro concept in Detroit earlier this year, and then saying it will build the car. Dodge is doing the same with its Challenger.

But that new Challenger won't go on sale until 2008, and the new Camaro won't arrive until early 2009, and Ford knows it'll sell a couple of hundred thousand more Mustangs between now and then.

To make sure that the Mustang, revised and substantially improved in 2005, stays hot, Ford Motor has started making special versions for enthusiasts and collectors.

We've seen all this before, of course, when that original '64 Mustang spawned all manner of GT, Boss, Mach1, Shelby and Cobra models over the next several years.

So, if everything old is new again as we enter a second muscle-car era — even if this one is fueled by nostalgia and not cheap gas — then No. 1 on the charts is the 2007 Shelby GT500, just now reaching dealerships.

Coming next year is a Shelby GT (non-500) version of the Mustang. You also can rent a Shelby Mustang GT-H at Hertz locations in 25 cities. There's even a rumor that Ford will produce a new Mustang Boss in 2007.

After a few days holding the keys to a bright red Shelby GT500 convertible, I can testify that this car draws a crowd.

A pair of delivery drivers outside my favorite Chinese restaurant made me pop the hood. They peppered me with questions after I ate peppered shrimp. (OK, it was orange chicken, but I couldn't resist that parallel construction.) Two moms at our swim club coyly said they wanted to see the car, borrowed the keys and took a ride without asking permission.

TOYOTA CAMRY HYBRID: Base price: \$25,900; Engine: 2.4-liter, 147-h.p. 4-cylinder and 244-volt, 40-h.p. nickel-metal-hydrate battery pack; Fuel economy: 40 mpg city/38 highway. Major and most stylish redesign and, for the first time, a hybrid version of the top-selling car in the industry joins the lineup.

Mileage of an economy mini for Smurfs in a well equipped mid-size family sedan with scads more room and comfort for real people. Battery pack teamed with 4-cylinder gas engine so you won't smoke the tires on takeoffs. Starts and gets going in battery mode; gas engine kicks in as battery power drains. Stability control, ABS and side-curtain air bags standard. But all this costs about \$5,000 more than a gas only Camry.

TOYOTA FJ CRUISER:

Base price: \$23,300; Engine: 4-liter, 239-h.p., 24-valve V-6; Fuel economy: 17 mpg city/21 highway. Toyota goes retro with an update of its '60s utility vehicle popular for safaris and expeditions. This 4WD machine won't win any fashion contests, particularly not with the silly white roof cap. And it won't win any mileage derbies. And those side access doors don't allow you easy entry from outside. And with options, this entry-level SUV nearly hits \$30,000. But this machine will take on the toughest, most rugged trails — or make its own. When the going gets tough, it keeps going — in whatever direction you point the nose. How many other off-roaders offer water-bottle and cell phone holders.

TOYOTA YARIS sedan:

Base price: \$12,550; Engine: 1.5-liter, 106-h.p. 4; Fuel economy: 34 mpg city/39 highway. Small, low-priced, high-mileage mini with a weird name but a mileage rating that makes it a viable alternative to gas/electrics. What it lacks in mileage (and size, 8 inches shorter than a Corolla) versus hybrids, it makes up for in price — about \$9,000 cheaper than a Prius. But you have to accept a mild-mannered 4-cylinder, less-than-cushy econocar ride and less-than-pinpoint handling. Point A to B commuter that doesn't need frequent and costly stops for gas. No power seats or power sunroof offered.

Some top Ford executives offered bonus to stay on

BY SARAH A. WEBSTER

Detroit Free Press (MCT)

Ford Motor Co., trying to get its restructuring plan off the ground, is giving a small number of higher-level employees bonuses to stick around at the ailing company.

On Friday, the automaker announced changes to its restructuring plan that will cut 10,000 more salaried jobs by 2008, on top of 4,000 white-collar cuts made earlier this year.

On Tuesday, Ford sent employees the first outlines of the white-collar buyout proposals. The outline explained three voluntary severance packages and a summary of what the workers might get

if they are laid off. The programs will have some salaried workers leaving Ford by the end of the year and others by February.

The buyouts are a key component of Ford's revised Way Forward turnaround plan, which also includes buyout offers to all of Ford's 75,500 UAW hourly workers.

At the same time, the Dearborn, Mich.-based automaker, which lost \$1.4 billion in the first half of the year, is giving retention bonuses to a small number of high-level employees it doesn't want to lose during this critical time, people familiar with the program said.

The first Way Forward restructuring

announced in January also included bonuses.

The second round coincides with the revamped plan released last week. It is unclear whether the bonuses were given to the same people twice or whether different employees were given incentives to stay this time.

Spokesman Tom Hoyt would not detail the amounts or who is receiving them.

The bonuses were confirmed on the same day Ford provided more information about how its employee and plant reductions would affect manufacturing operations.

As reported in the Sunday Detroit Free Press, the cuts would

bring Ford's work force in line with demand first, followed by its plants in 2010. By 2008, Ford would be using only 84 percent of its plant capacity. Automakers aim to use 100 percent to be the most cost-efficient.

In an e-mail to employees Wednesday, Mark Fields, Ford's president of the Americas, said Ford would work to make sure employees have all the information to make sound decisions.

"During this difficult time, nothing is more important than frequent communication and absolute candor," he wrote. "I promise to continue the open lines of communication and to provide information when we

have it available."

He added that Felicia Fields, vice president of human resources, would join him in his Webcast this week to provide details about how Ford will go about cutting jobs.

In October, workers also will be invited to a meeting that he called "a functional cascade," where information would be provided on how the Way Forward acceleration affects their organization.

This is Ford's third attempt at restructuring since 2002.

On Jan. 15 of that year, then-CEO Bill Ford announced a plan that aimed to cut 35,000 jobs and promised \$7 billion in pretax prof-

its by this year. That plan fell off course last year.

Profits tumbled to \$2 billion in 2005, down from \$3.5 billion in 2004. But Ford's worldwide automotive operations showed the real depth of the problem. Ford posted a \$3.9 billion loss in its automotive operations last year — nearly 20 times worse than the \$200 million loss in 2004.

The solution to that bad performance was to be the Way Forward plan, announced Jan. 23. High fuel prices and plummeting truck sales, especially of the mainstay F-Series pickup, threw that plan off course, prompting Ford to announce its retooled plan last week.

New for 2007 Compass is a kinder, gentler Jeep, not a burly SUV

BY ANN M. JOB

Associated Press

It's not your imagination. There are more Jeeps on sale than ever before — five nameplates, to be exact.

The newest is the 2007 Jeep Compass, a five-passenger, compact sport utility vehicle that's expected to attract more women than men. The reason: While the Compass has Jeep's characteristic seven-slot grille and round headlights up front, high-profile seating and is offered with four-wheel drive, it's not a burly SUV.

Indeed, the Compass is the first front-wheel drive Jeep with a fully independent suspension, which provides a more car-like ride than might be expected in a vehicle with a Jeep badge.

Jeeps, after all, trace their heritage to rather rough-riding though nimble and capable off-road vehicles used by the U.S. Army in World War II.

With a starting manufacturer's suggested retail price, including destination charge, of \$15,425, the Compass is not only a decent traveler, it's affordable. This price is for a base Sport model with front-wheel drive and five-speed manual transmission.

A Compass with continuously variable transmission (CVT), which a driver operates like an automatic, starts quite a bit higher — \$18,585.

Competitors include other compact SUVs such as the 2007 Ford Escape, which starts at \$19,985 for a base, two-wheel drive model with manual transmission, and the 2007 Toyota RAV4, which starts at \$21,495 for a base model with automatic transmission.

Jeep officials decided to add the Compass after market research showed U.S. sales of compact SUVs — the smallest SUVs on the market — are projected to nearly double to 600,000 a year by 2010 from last year's 368,000.

Much of the growth is tied to consumer interest in improved gasoline mileage, and the Compass ranks as the best Jeep in government fuel economy estimates with a rating of 26 miles per gallon in city driving and 30 mpg on the highway for the base model.

Other small Jeeps, such as the Wrangler and Liberty, rate between 14 and 18 mpg in the city and 18 and



AP photo

Rear-seat legroom of 39.4 inches in the 2007 Jeep Compass is on par with the Escape and 1.1 inches more than in the RAV4.

23 mpg on the highway.

The test Compass, an uplevel Limited model with four-wheel drive, rode without the truckish bounciness I've experienced in some other SUVs.

No wonder. The Compass platform as well as the independent front MacPherson strut and independent rear multi-link suspensions are used by the Dodge Caliber hatchback car.

Standard tires and wheels are 17-inches, but the test Compass Limited had the uplevel 18s, and at times I felt some heaviness at the corners as the vehicle rolled over rough pavement.

Still, the Compass felt more like a tallish, five-door wagon than a Jeep, and it maneuvered easily into parking spaces and tight garages

and handled the back-and-forth motions of a slalom competently.

I appreciated that side curtain air bags, antilock brakes, stability control and traction control are standard. The Compass has frontal air bags, too, which are required by the government. But side-mounted air bags, which are standard on some other compact SUVs such as the Hyundai Tucson, are optional.

In federal government tests, the Compass rated four out of five stars in frontal crash protection and five out of five stars in side crash testing.

Too bad the interior of the test Compass had so much road noise coming through the tires. I found myself cranking up the radio volume to cover these sounds.

Some small SUVs offer both four-

and six-cylinder powerplants.

But there's only one engine for the Compass — a 172-horsepower, 2.4-liter, double overhead cam, inline four cylinder. It puts out a maximum 165 foot-pounds of torque at 4,400 rpm, but not without some engine buzziness.

Still, the Compass test vehicle, with optional CVT, moved smoothly in traffic.

Note this transmission is an option on every Compass model, even the Limited trim, where it adds \$1,150 to the price tag. This is more than the usual markup for a regular automatic transmission.

CVTs are designed to be more fuel efficient, however, because they have no set gears and instead seek to manage power delivery from the

engine optimally.

The four-cylinder engine in the Compass has more power than the four banger in the Escape, which puts out 153 horsepower and 152 foot-pounds of torque at 4,250 rpm.

But it's in the range of the RAV4 with four cylinder, which generates 166 horsepower and 165 foot-pounds of torque at 4,000 rpm.

The interior on the test Compass looked chintzy, with a lot of hard plastic pieces and at least a couple with ragged edges.

The Limited model included leather-trimmed seats, but the quality of the leather was such the seat cover could have been mistaken for vinyl.

And drivers should be aware of the thick pillars around the windshield, which can obscure pedes-

Specs

2007 Jeep Compass Limited 4X4

BASE PRICE: \$15,425 for Sport model with two-wheel drive and manual transmission; \$17,025 for Sport with four-wheel drive and manual transmission; \$19,580 for Limited with two-wheel drive and manual; \$21,180 for Limited with four-wheel drive and manual

AS TESTED: \$23,500

TYPE: Front-engine, four-wheel drive, five-passenger, compact sport utility vehicle

ENGINE: 2.4-liter, dual overhead cam, in-line four cylinder with VVT

MILEAGE: 23 mpg (city), 26 mpg (highway)

LENGTH: 173.4 inches

WHEELBASE: 103.7 inches

CURB WEIGHT: 3,329 pounds

BUILT AT: Belvidere, Ill.

OPTIONS: Continuously variable transaxle \$1,150; Boston Acoustics premium audio system with nine speakers \$460; green metallic exterior paint \$150

DESTINATION CHARGE: \$560

trians in crosswalks in some turns at intersections.

I did like that the front passenger seatback in the Compass can fold forward to provide a flat workspace or, if needed, extra cargo room to accommodate even an 8-foot-long ladder.

And the rear liftgate opening is wide.

Note there is no low gear in the Compass for rugged off-roading. But with a ground clearance of between 8.1 and 8.4 inches, this SUV can handle dirt roads and driveways without worry of bottoming out or scraping something underneath.

New diesel cars forging environmentally friendly path

BY DAISUKE SEGAWA

The Yomiuri Shimbun (MCT)

TOKYO — Japan, Europe and the United States plan to implement by 2010 drastically toughened restrictions on automobile emissions, with vehicles that fail to clear the standards banned from sale.

European carmakers are set to launch more models in Japan using advanced engines, which are less polluting, while some domestic automakers, including Toyota Motor Corp., will introduce more hybrid cars.

Developments in environmentally sound technologies are becoming more and more important for automakers competing in the world market.

On Aug. 28, DaimlerChrysler Japan Co. released a diesel-powered Mercedes-Benz E-class model.

Though having the same appearance as gasoline-powered E-class models, they have advanced diesel-powered engines, which significantly reduce emissions of both nitrogen oxide (NOx) and particulate matter (PM).

Similar diesel-powered Mercedes-Benz models, using what is known as the common rail diesel engine, have been sold in Europe since 1997 and pass Japan's current car emission regulations.

The sale of these diesel-powered models in Japan has been slow going until recently due to negative impressions consumers have about diesel-powered cars.



A new diesel-powered Mercedes-Benz E-class model is displayed in Chiyoda Ward, Tokyo.

A major difference between gasoline-powered engines and those fueled by diesel is that diesel contains more sulfur, which means diesel engines emit more PM when fuel is burned incompletely at low temperatures, and they discharge large amounts of NOx when the fuel is burned completely at high temperatures.

A great challenge presented to makers of diesel-powered cars has been to develop technologies to reduce emissions both of NOx and PM, which has led to the common

rail engine design.

The common rail diesel engine stores fuel in a central chamber called a rail at high pressure and then injects the fuel into the engine's pistons at levels that depend on the car's running condition.

With electronic devices to precisely control the frequency and quantity of fuel being injected to keep the balance between high- and low-temperature combustion, the common rail engine has succeeded in reducing emissions of both NOx and PM.

NOx and PM are typical of harmful substances contained in car exhaust. NOx is the cause of photochemical smog and acid rain. PM, or black soot, causes respiratory problems.

Since 1992, Japan has strengthened regulations on such emissions by gradually revising the safety standards under the Road Trucking Vehicle Law.

The current regulation is a long-term one implemented in 2005 that imposes different maximum allowable quantities on each of the harmful substances for gasoline- and diesel-powered cars.

The most strict standard is for diesel-powered vehicles weighing 3.5 tons or more, with the maximum allowable quantity being 2 grams of NOx and 0.027 gram of PM per kilowatt-hour of engine output.

In 2009, a stricter regulation to replace the 2005 one will be implemented, with the maximum allow-

able emissions to be cut by — two-thirds of today's standards.

The United States plans to drastically cut NOx emissions under regulations to be applied in and after 2010.

Euro5, a new regulation to be implemented in 2008 in the European Union, will likely be less strict than those in Japan and the United States concerning NOx and PM emissions. But Europe has strict regulations on the greenhouse gas carbon dioxide.

The common rail diesel engine emits 20 percent to 30 percent less CO2 than its gasoline-powered counterparts, meaning nearly half of all passenger cars in Europe are run on diesel. Thirty percent to 40 percent of passenger cars sold by Japanese makers in Europe are diesel-powered.

Japan's current maximum allowable quantity of NOx in car emissions is, in the case of passenger cars, 0.05 g/kWh. In the 2009 new regulation, the maximum figure for PMs will be newly imposed on some models. The limit will be 0.005 g/kWh for passenger cars.

Gas-powered engines usually discharge relatively little PM, and catalysts in the engine can dissolve NOx.

In addition, hybrid cars by Toyota and other Japanese makers emit less CO2 than normal gas engines by combining gas-powered engines with electric motors.

Many in the automobile industry see hybrid cars as a promising global strategic product for the future.

Rule would require electronic stability control on all autos

BY JUSTIN HYDE

Detroit Free Press (MCT)

WASHINGTON — Calling it an auto safety technology on par with seat belts and air bags, federal regulators Thursday proposed a rule requiring electronic stability control on all vehicles sold in the United States by the 2012 model year.

The National Highway Traffic Safety Administration said ESC systems could save between 5,300 and 10,300 lives annually if installed on every vehicle on the road while preventing up to 252,000 injuries and sharply cutting rollovers. NHTSA estimates that its mandate would save 1,536 to 2,211 lives by speeding the rollout of ESC faster than automakers had otherwise planned.

"No other safety technology since the seat belt holds the potential to save as many lives and prevent as many injuries as electronic stability control," NHTSA Administrator Nicole Nason said.

Automakers applauded the move, which has long been expected, and some large automakers, including General Motors Corp., Ford Motor Co. and Toyota Motor Corp., pledged to beat the 2012 deadline for their lineups. About 29 percent of vehicles sold today have standard or optional ESC systems, and NHTSA estimates that automakers had planned to put

ESC in 71 percent of their vehicles by the 2010 model year.

NHTSA estimates its rule will cost the industry \$985 million, at an average cost of \$58 per vehicle over what automakers already had planned to build. The agency will take comments on the proposed rule for 60 days and expects to issue a final rule early next year.

First developed by European automakers in the early 1990s, stability control uses a series of sensors and a vehicle's anti lock braking system to sense when a driver is about to lose control. It keeps the vehicle pointed in the right direction by modulating power or brakes at each wheel.

The technology was designed to help stop rollover crashes, which have been growing in recent years and killed 10,285 people in the United States last year. Research showed that most rollover crashes are caused when drivers lose control and leave the road, and NHTSA estimates that ESC has the potential to prevent 71 percent of passenger car rollovers and 84 percent of SUV rollovers.

NHTSA's proposed rule includes a dynamic test for ESC systems, designed to mimic a vehicle that swerves quickly in and out of a traffic lane at 50 miles per hour. Nason said all automakers' current systems could pass the test.

A new water pump can avert other problems

BY BRAD BERGHOLDT
(MCT)

Q: I just had my car in for its 90,000-mile service and was told I needed to replace the water pump. I trust my mechanic's judgment but would like to know more about what the water pump does and why mine needed replacement. The bill came to an additional \$178 beyond the normal service. — Karen Porter, San Gregorio, Calif.

A: A water pump, attached to the front of the engine, circulates

coolant through the engine and the cabin heater. Water pumps are typically belt-driven either by the timing (camshaft drive) belt, a serpentine belt (a wide belt that snakes around many pulleys) or an individual V-belt. Transverse (side-ways-mounted) engines used on most front-wheel-drive vehicles typically tuck the water pump up very close to the engine, under a plastic cover. It's driven by the timing belt to save space. Longitudinal (in-line) engines are more likely to have a visible water pump, driven by a serpentine or V-belt.

There are basically two things that go wrong with water pumps: leakage or bearing failure. Since the pump is driven by a shaft and pulley, a seal is needed to keep the coolant in, relative to the rotating shaft. Seal failure typically results in a small to moderate rate of coolant leakage to the ground, often with little visible symptoms (dripping, spray or steam) under the hood. A puddle of orange, red or green fluid under the front of the engine and a declining level in the radiator overflow container might be caused by a leaking pump

or pump-to-radiator hose. It's important to notice these symptoms promptly, to prevent engine overheating and serious damage.

The water pump's shaft and drive pulley are supported by a bearing located just in front of the seal. Excessive belt tension, normal long-term wear or seal failure can cause the bearing to become loose and noisy. Bearing looseness can be checked on a longitudinal engine by wiggling the fan blades (engine off, of course). Unfortunately, bearing looseness is not detectable on a timing belt-

driven pump. A deep growling/grating noise also might occur when the bearing goes bad, and should be investigated right away. A severely failed bearing on a longitudinal engine can result in the fan assembly wobbling badly enough to carve fatal grooves in the radiator.

A timing-belt-driven water pump that seizes up due to bearing failure can throw or break the timing belt, crashing the engine's valves into the pistons, and that's a very expensive repair. For this reason, many shops recommend renewing the

water pump along with the timing belt as a precaution.

The moderate cost of your water pump replacement leads me to believe it might have been replaced as a preventive measure in conjunction with a 90,000-mile timing belt renewal. When the covers and belt are removed, it's far easier to renew the pump, compared with going in for the pump alone. Periodic coolant renewal, perhaps every three years or 36,000 miles, will help ensure the new pump lives a long and happy life.



Web photo

Would you believe a small car that offers Bluetooth wireless phone connectivity and Intelligent Key keyless entry as options?

Nissan's new small hatchback big on versatility and uplevel features

BY ANN M. JOB
For The Associated Press

The new-for-2007 Nissan Versa is a perfect example that consumers don't have to appreciably downsize their lives to buy a downsized car.

Just 14 feet long, the five-door Versa hatchback has a wagon-like 50.4 cubic feet of cargo room with rear seats folded and more headroom and rear-seat legroom than traditional small sedans like the Honda Civic, Toyota Corolla and Nissan's own Sentra.

Better yet, with a starting manufacturer's suggested retail price, including destination charge, of \$13,055, the Versa hatchback is priced at least \$1,700 less than the Corolla and Civic and is \$750 less than the 2006 Sentra.

Introduced in summer as an early 2007 model, the Versa five door is Nissan's new, smallest car in the United States and is among several new, small hatchbacks on the market this year that include the Toyota Yaris and Honda Fit. The Versa is shorter in exterior length and narrower by a few inches than the current Sentra, which is Nissan's previous smallest car here.

But the Versa is big on versatility — part of the reason Nissan gave it its name — and on uplevel features.

Would you believe a small car that offers Bluetooth wireless phone connectivity and Intelligent Key keyless entry as options?

These features are typically found on luxury cars.

For fuel economy, the top-level Versa comes with a continuously variable transmission (CVT) that helps boost fuel economy to 30 miles a gallon in city driving and Nissan-leading 36 mpg on the highway.

And all Versas have six air bags, including head curtain air bags, as standard equipment.

In U.S. government testing, the front-wheel drive Versa earned the top five out of five stars for front- and rear-seat occupant protection in a side crash. It received four out of five stars for protecting front-seat occupants in a frontal crash.

On the outside, the hatchback has a short hood followed by a minivan-shaped passenger compartment. Because the front end is similar to the styling of Nissan's Quest minivan, I sometimes thought the Versa looked like a shrunken minivan.

But if I didn't focus on the similarity to the Quest, it looked more like a neat little hatchback.

Either way, though, the new Versa didn't attract attention from passersby during my test drive.

It is nicely sized for maneuvering but the ride can be a bit rough over broken road surfaces.

I enjoyed sitting up a bit from the pavement, not low to the floor.

The Versa's separate front seats are almost as sizable as those in the Nissan Maxima larger sedan.

But it took some getting used to the fact that manual seat adjustments for these seats were by the parking brake lever and the transmission shifter in the middle of the car, not on the outer sides of the seats.

And inside, two front passengers can feel a bit as if they are sitting with their elbows quite close.

Door windows are larger than expected for good views out. In fact, rear-door windows open all the way down.

There's decent space at the rear-door openings to allow people to get their feet inside. This is because the Versa's wheelbase — the distance from the middle of one wheel on one side to the other wheel on the same side — is unusually lengthy.

But three people in the back seat sit really close together, and the middle person doesn't have a head

Specs

Nissan Versa 5-door hatchback

BASE PRICE: \$12,450 for base model with manual; \$13,250 for base with automatic; \$14,450 for SL with manual; \$15,450 for SL with CVT.

AS TESTED: \$17,355.

Type: Front-engine, front-wheel drive, five-passenger, mid-size hatchback.

ENGINE: 1.8-liter, dual overhead cam, in-line four cylinder.

MILEAGE: 30 mpg (city), 36 mpg (highway).

Top speed: NA.

LENGTH: 169.1 inches.

WHEELBASE: 102.4 inches.

CURB WEIGHT: 2,779 pounds.

BUILT IN: Mexico.

OPTIONS: Convenience package (includes Bluetooth connectivity, remote engine start and Intelligent Key keyless access) \$700; sunroof \$600.

DESTINATION CHARGE: \$605.

noise only disappeared when I traveled on new asphalt surfaces.

The Versa's CVT and 122-horsepower, 1.8-liter, double overhead cam four cylinder can add noise, too.

While engine noise was unobtrusive in gentle driving around town in the test vehicle, it became obnoxious in pedal-to-the-metal accelerations when the four-cylinder buzz was incessant and wasn't accompanied by any immediate, assertive torque.

Maximum torque is 127 foot-pounds at 4,800 rpm.

The base Versa transmission is a six-speed manual. A four-speed automatic also is available. But also note that the Versa is one of the few non-hybrid cars on the U.S. market offering a CVT, too.

CVTs don't have set gears to manage engine power and send it to a vehicle's wheels. Rather, CVTs seek to operate continuously in an optimal, unlimited gear range to be as efficient with fuel as possible.

Nissan officials say the CVT provides an 8 percent to 10 percent fuel economy improvement over a conventional, four-speed automatic. Unfortunately, though, the CVT is only in the top-of-the-line Versa SL, which has a high starting price of \$16,055.

Meantime, three other small cars that are lighter in weight than the Versa by at least 290 pounds — the Toyota Yaris, Honda Fit and Hyundai Accent — get higher fuel economy ratings from the government than does the Versa with CVT.

So budget-conscious buyers might consider saving thousands of dollars and getting a Versa with standard six-speed manual, instead, since it has the same 30-mpg government rating for city driving.

Only the highway rating is less than a CVT-equipped Versa hatchback — 34 mpg instead of 36.

Electricross leaves noise, fumes in dust

BY MATT NAUMAN
(MCT)

SAN JOSE, Calif. — As Neal Saiki explains it, his career progression makes perfect sense.

He designed a human-powered helicopter in college, then worked at NASA and then helped develop a high-altitude airplane (to be used to confirm global warming and as a spy plane) for another employer. Next, he became a famous mountain-bike designer, and now he's making electric motorcycles.

The common themes? Innovation. The use of lightweight, high-strength materials. And, of course, Saiki, 40, whose Electricross opened in a small Scotts Valley shopping center in July.

In September, one of his bikes, the Drift, competed against gasoline-powered motorcycles in a race near Sacramento.

He's convinced of the inevitability of electric transportation, and knows that dirt-bike riders face growing pressure from people who don't like the pollution (noise and smoke) they produce.

The Drift is hand-built. Saiki designed it and uses shops in Soquel, San Jose and Santa Cruz to make the parts. He starts with aircraft-grade aluminum and does final assembly in his 1,140-square-foot workshop in back of the store's display area.

Two models exist. The all-terrain version sells for \$5,500. The motocross-ready one, complete with shocks from Fox Racing, now based in Watsonville, is \$6,300.

He's talked to potential investors, and knows he'll need their help to turn his small enterprise into a successful business.

But, he said, he wants to do more than make money.

"Electric vehicles have a horrible image problem — that they're slow, they're not powerful and they're not fun," he said. "I'm really trying to change that image."

Many young people love off-road bikes, especially those built for motocross activities. Events such as the X Games and the recent Dew Action Sports Tour in San Jose have become popular. His store is right next to Scotts Valley's middle school, and every other kid he sees is wearing a Fox Racing T-shirt, Saiki said.

"The kids these days love to see all the motorcycles jumping, doing flips," he said.

That's why the electricross.com Web site has videos that show the Drift flying through the air, and taking hard turns. He said it shows the bike is rugged, capable and comparable to gasoline models.

It weighs 140 pounds, including the 60-pound battery. A motocross bike such as the Honda CRF250R weighs 215 pounds and sells for \$6,199. Similar models from Kawasaki and Yamaha are just a bit cheaper.

"It weighs a lot more than a mountain bike, but weighs about half the weight of a motorcycle," said Saiki. To preserve that combination of lightness and strength he had to

design most of the parts, including the frame, wheel, rim and spokes, rather than buy off-the-shelf parts.

The secret is in the Drift's electric motor, made in China by Briggs and Stratton. It's lined with strong, rare-earth neodymium magnets. They're strong and efficient, Saiki said.

"If you set one on a table, you almost have to use a screwdriver to pry it off a table," he said.

They allow the bike to go about 20 miles on a charge using about a dime's worth of electricity, Saiki said. Top speed is 45 to 50 mph.

The bike comes with a choice of three powerpacks, ranging from one that costs \$210 to \$2,200 for one with a lithium-ion battery. "It's half the weight. It doubles the run time, and it's very expensive," Saiki said.

Two charging units also are offered — one takes 30 minutes, the other takes two hours. But, Saiki said, the bike is designed for a fast change of batteries so riders can ride one and charge another at the same time.

As a student at California Polytechnic State University-San Luis Obispo in 1989, Saiki headed a group that created the Da Vinci IV, a 97-pound helicopter that took a short ride into history. With a world-class bicyclist pedaling, it left the ground for a few seconds.

That fascination with transportation — he has a master's degree in aeronautical engineering — eventually led him to design work as a consultant for championship mountain-bike teams. And advances in electric-motor technology convinced him of the potential for a powerful, efficient electric motorcycle.

The Drift competed in American Motorcyclist Association Formula 100 race on Sept. 16, but a problem with the drive sprocket prevented it from finishing, according to the company's Web site.

Although intended for off-road use, the Drift comes with a toggle switch that reduces the power and allows it to be driven on roads as an electric bicycle.

Tony Watson, and his 10-year-old son, Andrew, are happy to be among the first owners of a Drift from Electricross.

Watson, who lives in the woods in Scotts Valley, noticed that new neighbors can be more sensitive to noise. "Before, the kids could go putt-putting down the street and nobody made a fuss. People moved in, and that changed."

He saw a newspaper advertisement for Electricross, and went to check it out. Impressed with the quality and engineering of Saiki's bike, he bought one.

It's for Andrew — he has five dirt bikes in the garage. But when 280-pound Watson brought it home in his truck, he was tempted to try it out.

"Two and a half hours later, I finally retired it to the garage for the night," said Watson, who sells recreational vehicles. "It's the biggest spectacle around."

How to make the most of your car-insurance claims

BY MARSHALL LOEB
(MCT)

NEW YORK — A car accident can be devastating physically, emotionally and financially. And while auto insurance is supposed to cover you, you may not get what you need if you can't prove your losses. Money magazine offers the following tips on how you can make the most of your claim:

Pay attention to your policy before anything actually happens. Find out what is not covered — this is usually outlined in the exclusions section.

When you get in an accident, try to keep good records. You may be rattled, but take the names and license numbers of all the drivers involved, identify any witnesses, write down your version of events and try to

get photos. Be sure to request the police report as well.

Call your insurance company as soon as you can and take good notes on any conversations you have regarding the claim.

Be careful when using your insurer's network of preferred providers to get your car fixed. These auto shops might offer faster turnaround because you can bypass an insurance

adjuster but they may compromise quality because the insurance companies pressure them to keep costs down. So go with an auto shop you trust — it might be worth the extra time.

Request that the auto shop use original equipment manufacturer (or OEM) parts in your repair. When you look at your repair order, scan it for generic parts — they will be

labeled with an "LKQ" (like kind and quality). If you insist on OEM parts, which are less likely to rust and will fit better, you have a good chance of getting your way without a fight.

If your insurance company tells you your car is totaled, they mean that the car's market value after the deductible is less than the cost of repair. Thus, the company will pay you the value of the car rather than

paying for repairs. But the car's value is determined as if the car were in average condition before the accident. So if your car was in exceptional condition, provide documents to support your claim.

Keep track of any expenses you incur as a result of the accident: medical, home-car, baby-sitting, etc. Some policies may reimburse you for some of these costs.

Lexus RX 350 born with a silver engine in mouth

BY STEVEN COLE SMITH
(MCT)

Customers for the Lexus RX series have a reason to feel a little confused: Early in 2006, the company began selling the 2007 RX350, while many dealers still had a healthy supply of 2006 RX330s. Add to that the availability of the RX400h, which is the gas-electric hybrid version of the vehicle.

What's the difference between the RX330 and the RX350? Mainly the engine, as signified by the name: The 2006 RX330 has a 3.3-liter V-6, while the 2007 RX350 has a 3.5-liter V-6. The engine size isn't that different, but the performance is: The 3.3-liter has 223 horsepower, and the 3.5-liter has 270. Just as impressive, the more

Specs

- Base price: \$38,810.
- Price as tested: \$45,728.
- EPA rating: 19 miles per gallon city, 24 mpg highway.
- Details: Front-engine, all-wheel-drive luxury SUV with a 3.5-liter, 270-horsepower V-6, with a 5-speed automatic transmission.

powerful engine actually has better fuel mileage: The all-wheel-drive RX330 is EPA-rated at 18 mpg city, 24 mpg on the highway, and the all-

wheel-drive RX350 is rated at 19 mpg in the city, 24 mpg on the highway.

Otherwise, in terms of looks and overall utility, the 2007 RX350 isn't that different from the 2006 RX330, which — truth be told — really isn't that different from the original RX300 introduced in 1998. That first RX300, loosely based on a Toyota Camry platform, was one of the first premium-label SUVs that defined the burgeoning "crossover" segment — a car that has sort of crossed over into truck territory. The Lexus RX is, and always has been, far more car than truck: Though offered in all-wheel drive, it lacks the tires, low-range gearing and beefed-up underbelly hardware that makes an SUV off-road capable.

If you want to go off-road, or if you want substantial trailer-towing capacity, Lexus and Toyota have other truck-based SUVs that can handle that task. The all-wheel-drive option on the RX350 is a genuine safety factor for slick pavement, but don't expect it to perform on anything more rugged than a rutted dirt road.

That said, the one minor complaint I have always had about the Lexus RX is a slightly cramped interior, and the 2007 RX350 is still a bit lacking in the elbow-room department. The '07 model is mostly an evolution on the 2006 model, but one difference is added sound deadening, including a new windshield that reduces the intrusion of outside noise, plus increased sound insula-

tion in the doors and dashboard.

The rest of the RX350's interior is of typical Lexus quality. This is a five-passenger SUV, and although there is ample room in the rear for two adults, three will be cramped.

Though the RX350 is pretty much loaded in base form, there are lots of options, including Lexus' fifth-generation navigation system with voice recognition, and an 11-speaker Mark Levinson sound system that replaces the already-impressive eight-speaker system. You can also get the dynamic laser cruise control system, which measures and maintains a set distance from vehicles traveling ahead.

On the road, the RX350 strikes a very appealing balance between a smooth ride and nimble handling,

given its weight and center of gravity. There's a long list of standard safety equipment, including stability control, side and side-curtain air bags, and a driver's knee air bag, and there's an option I like a lot: the adaptive front-lighting system, which automatically levels the headlight beams and can turn the beams — independently, left or right — depending on how the vehicle is turning.

The midsize, midlevel luxury SUV market has grown dramatically since the introduction of the original RX300, but having had an early start, the 2007 RX350 remains at the head of the pack. As always, it isn't cheap, but it remains at the head of this class.



Web photo

VW's Chameleon started with a 1964 Volkswagen 21-Window Microbus Deluxe once used as a surfer van or family camper.

VW concept vehicle brings new technology to classic Microbus

BY MATT NAUMAN
(MCT)

SAN JOSE, Calif.

The hippie van has gone high-tech. Volkswagen's Silicon Valley research lab has used the iconic symbol of the '60s as a platform to display new technologies such as lithium-polymer batteries, surfboards lined with solar panels and even an electronic bumper sticker.

Called Chameleon by Vickie Chiang and the 20 other engineers who worked on it at Volkswagen's Electronics Research Laboratory in Palo Alto, Calif., the concept VW bus debuted this past month at the AltWheels Alternative Transportation Festival in Boston.

"It says a lot about how we want to maintain the spirit of VW, which has a unique, fun-to-drive image, especially in the U.S.," said Chiang, the engineer in charge of the project.

The year-old project started with a 1964 Volkswagen 21-Window Microbus Deluxe, a vehicle once used as a surfer van or family camper and now considered a "highly sought-after" classic by collectors, said Gary LaVere, who restored the vehicle for VW.

From a distance, the Chameleon looks like a typical VW bus, complete with round headlights, maroon-and-white paint job, Safari-style front win-

dows that open outward and upward, canvas roof and even two longboards stored on wooden racks.

"We decided the theme of the bus should be hidden technologies because you didn't want the technologies to overshadow the look of the bus," said Chiang, a 24-year-old Stanford University graduate.

A closer look reveals that this indeed is a modern machine. It's crammed full of high-tech items.

■ Beneath the gas-tank door, there's a palm-vein recognition sensor from Fujitsu. More exact than a fingerprint reader, Chiang said, it is used to unlock the doors — or to lock them if the vein print isn't recognized. Since the Chameleon is an electric vehicle, the gas tank has been removed.

■ Where the horn used to be, there's now a touchpad sensor from Synaptics. With it, a user can negotiate the vehicle's music, navigation and parking-assistance systems.

■ Behind the front seats is a 60-inch projection screen from Sony. Using home-theater technology, the screen's polymers absorb and reject certain wavelengths of light to produce a brighter, higher-contrast image. "It's very good for situations where there's a lot of ambient light," Chiang said.

■ In the middle of the van's rear bumper is an electronic device from SiPix that allows personalized bumper-sticker messages. It looks like glass, but it's

plastic. VW engineers have typed in about a dozen greetings, including "I love my bus" and a peace symbol. "Hi Mom!" or "Yes, I just passed you."

■ Other neat bits include light-emitting diode front and rear lights from Osram Sylvania, a digital voice-enhancement system from Applied Signal Processing and solar cells applied to surfboards from Hybrid Technologies.

The project was first headed by Philippe Alessandrini, who has since left the VW lab to study at Harvard's Business School. Alessandrini found the van in fall 2005 on eBay, Chiang said.

The van was shipped to Hybrid Technologies in Mooresville, N.C., where its lithium-polymer batteries were installed. The 10 30-volt batteries, located under the van's floor, are enough to allow about 100 miles of driving, Chiang said. Charging, which takes about six hours, is done with a cord that attaches to where the van's tailpipe used to be.

Once it was electrified, the van went to LaVere's VW Restorations in Concord, Calif. It was taken apart, restored and modified where needed, painted and reassembled. A job that would usually take six months was done in six weeks.

"It was 'Pimp My Ride' fashion, which we'd never done before," LaVere said.

Then, California Concepts hooked up all the electronic bits,

and finally the lab's engineers did a bit of testing and troubleshooting.

In May, it was shipped to Germany for display at a twice-yearly internal Volkswagen Group technology show.

Volkswagen's Silicon Valley research lab opened in Sunnyvale in 1998, and moved to its current facility near the Department of Veterans Affairs hospital and Gunn High School in Palo Alto in 2002.

The lab's mission is to scout for suitable technologies from Bay Area companies and universities and to create its own projects that might end up in future VW, Audi, Bentley and Lamborghini models.

It gained fame last year when Stanley, the robotic sport utility vehicle it created with Stanford University, won a \$2 million prize for winning a driverless race in the desert.

The lab won't say how much the Chameleon is worth. A classic VW bus without the high-tech treatment sold for \$45,000 last month in a Monterey auction.

In a stroke of good fortune, the van came with its own California vanity plate: 64 DLX.

"We thought the Deluxe Microbus was great because it has such an emotional feel to it," said Chiang. "It has such a nostalgic following, and it does really symbolize California and the U.S., which is something we like to bring back to Germany every so often."

CX-7 helps Mazda stand tall in wagon, er, crossover game

BY JIM MATEJA
(MCT)

CHICAGO — Have to say the arrival of crossovers brings mixed emotions after twice losing out to the bottle blond and being forced to bypass the store offering fine spirits to visiting the facility pedaling automobiles to get a station wagon.

Sure, most crossovers are merely wagons with an odd name meant to fool prospective buyers into thinking they are getting something other than the vehicle we knew variously as the portable crib, diaper bag and potty-chair carrier of the '70s and '80s.

However, the crossover does everything a wagon does in far better style. The wagon was a frump, while the crossover is high fashion.

We tested the new 2007 Mazda CX-7 crossover, with jewel-like designer headlamps rather than round dull beams. It stands tall so you can see down the road, not long and low like wagons of old that made it easier to slip 2x4s between the kids.

The CX-7 comes with two rows of seats to handle five folks. It will be complemented by a larger CX-9 early next year with three rows to hold seven.

Other than different seating patterns, the CX-7 offers a 2.3-liter, 244-horsepower, turbocharged 4-cylinder, the CX-9 a 3.5-liter, 254-h.p. V-6. That's the same engine arriving with the Ford Edge crossover this fall. The 7 and 9 sport a new 6-speed automatic transmission.

Still, the CX-7 fuel-economy rating disappoints at 18 mpg city/24 mpg highway.

The 7 and 9 share some components with Edge, but the CX-9 is longer and wider than the Ford.

To make way for the CXes, the Mazda MPV minivan departs.

Mazda is one of the automakers Ford acquired; Volvo, Jaguar, Aston Martin and Land Rover being others. Unlike Jaguar and Aston, however, don't expect it to be available at Ford's garage sale. Sales are going strong and, unlike Jaguar, at least, it makes money.

And, thanks to platform sharing with Mazda, Ford was able to create the Ford Fusion, Mercury Milan and Lincoln MKZ sedans.

Mazda likes to call the CX-7 a "family friendly" vehicle. Can't argue. There's spacious leg, head and arm room front and rear; cozy, well-cushioned seats with above-average long distance support; and a large cargo hold.

And that cargo area grows. Push the button on the top of the seats and the backs fold, or pull either of the levers along the wall in back and the seat backs fold to provide more space.

And the CX-7 is room with zoom. With the turbo boost, we found the 4-cylinder climbs steep hills without chugging, pulls out to pass without hesitating, and handles any call for a burst of energy when encountering all obstacles in its path on a run along Interstate 94 without losing its breath.

Station wagons never had that vitality, and certainly never provided the soft but solid ride and nimble handling of the CX-7 when piloting into and out of the twists in the road.

Wagons tended to wander on the pavement, in large part due to their length and loads.

The wide-profile, 18-inch, all-season radial tires contribute to the feeling of control in the CX-7. The test car also came with full-time all-wheel-drive, an on-demand system that operates in front-wheel-drive until sensors detect wheel

Specs

- Mazda CX-7 Grand Touring AWD**
- CROSSOVER**
- WHEELBASE:** 108.3 inches
- LENGTH:** 184 inches
- ENGINE:** 2.3-liter, 244-h.p. turbocharged 4-cylinder
- TRANSMISSION:** 6-speed automatic
- FUEL ECONOMY:** 18 mpg city/24 mpg highway
- PRICE AS TESTED:** \$29,585 (add \$595 for freight)
- THE STICKER:** \$28,000 base; \$1,585 power sliding moonroof, Bose audio system and six-disc CD changer package.
- PLUSES:** Pleasant ride and handling. Very peppy 4-cylinder. Holds five in comfort and lots of cargo. AWD for all-season motoring.
- MINUSES:** Low mileage.

slippage and send more torque to the rear wheels. As added insurance, stability control to monitor and prevent unnecessary lateral movement, side-curtain air bags and anti-lock brakes are standard. Another reason to call it family friendly.

Nice touches include a small cubby space alongside the spare tire under the rear floor to hide a few items, a power plug in the dash and good storage space under the center console armrest.

But there are flaws. Though the instrument cluster lights up in an easy-to-see orange with blue background at night, it is difficult to see in daylight, especially the fuel needle.

And to get a power moonroof, you have to buy a package that includes a CD changer and Bose audio system. Why?

The CX-7 comes in base, Touring and Grand Touring versions. Air conditioning, power windows and locks are standard in all. Touring adds to that power driver's seat and heated front seats with leather trim. Grand Touring throws in fog lamps, body-colored mirrors and automatic climate control.

The Grand Touring with AWD starts at \$28,000.

Q. I saw an ad on cable TV for a DVD that claims to tell you how to get 100 mpg. I know it probably is a bunch of garbage but was curious whether you or anyone has seen it and whether it's true.

— J.E., Des Plaines, Ill.

A. So you know it can't be possible but before you send your check to P.O. Box Whatever, you wonder whether it's true? Haven't seen the ad. If anyone has, give a jingle.

Q. Do Toyota and Mazda use the same design studio? The front end of the 2007 Camry and Mazda MPV minivan have smiley faces with bulbous noses. Some kind of lawsuit here?

— T.P., Naperville, Ill.

A. We checked with a few lawyers and found that a smiley face and a bulbous nose are not grounds for a suit, unless, of course, the big-nose grinner is puffing on a cigarette indoors or chomping foie gras in Chicago.

Toyota, GM to jointly invest in U.S. plant

McClatchy Tribune

TOKYO — Toyota Motor Corp. and General Motors Corp. are each set to invest billions of dollars in a plant they jointly own in California that will enable them to build new production lines in the next few years, sources said Friday.

In bolstering its ties with GM, Toyota may be aiming to apply the brakes to talks between its rivals Nissan Motor Co. and GM on a potential alliance.

The joint venture plant, New United Motor Manufacturing Inc. in Fremont, Calif., started operating

in 1984 — with Toyota and GM each providing half the capital — and manufactures 410,000 cars annually, including Toyota's Corolla and GM's Pontiac Vibe for the North American market.

NUMMI laid the foundation for Toyota's presence in North America, and is seen as the symbol of its alliance with GM — a partnership that has lasted more than 20 years. However, in recent years, its facilities have become outdated.

The factory will implement its first renovation before April. These will include the introduction of a

new line of paint that limits damage to the environment, and which creates a minimum level of hazardous waste.

By the end of the next fiscal year, the factory will incorporate an assembly line that can be altered to add new models to its production repertoire in a short period of time, allowing it to quickly adjust to changes in market demands.

The new assembly line is the fruit of years of kaizen (improvement), a systemized cost-cutting technique for which Toyota is known, and is capable of operating at half the cost of the current system

employed at the plant, sources said.

Toyota has so far been cautious in deploying its leading-edge system at facilities outside its core production circle, fearing the technology may leak to rivals. However, in a bid to bolster GM's operations and to prevent negative sentiment from building against Japanese cars in the U.S., Toyota has decided to take the plunge and install the system in the joint venture plant.

Negotiations have yet to be held over who will pay for the renovation, but it is likely that Toyota will bear the largest part of the burden.

SAFETY MADE AFFORDABLE

It's what makes a Subaru, a Subaru.



THE ALL-WHEEL DRIVE 2006
SUBARU **OUTBACK**® 2.5i
Wagon

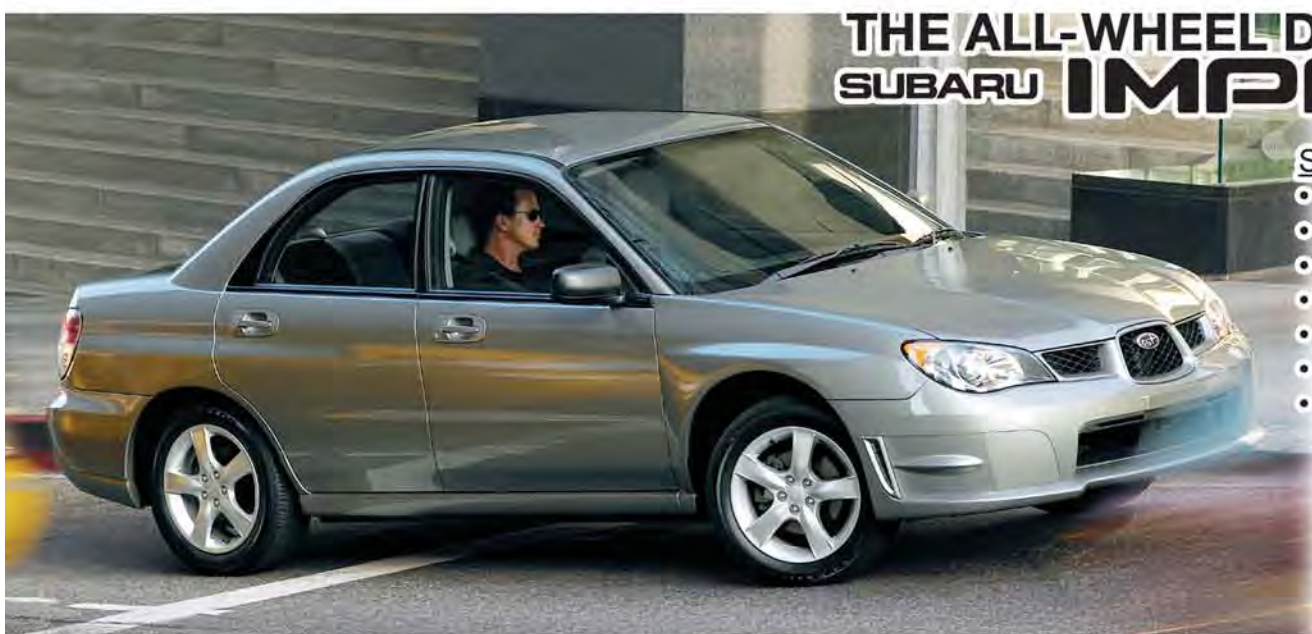
- STANDARD EQUIPMENT:
- 175-HP 2.5-liter boxer engine
 - 169lb-ft of torque at 4,000 rpm
 - 4-wheel independent suspension
 - Symmetrical All-Wheel-Drive
 - 17-inch 7-spoke alloy wheels
 - 4 stage heated front seats
 - Remote keyless entry system
 - Antitheft security system

★★★★★
HIGHEST GOVERNMENT
CRASH TEST RATING

22 City
28 Highway
mpg automatic

lease for
\$279*
per month
OR
\$2,750
customer cash

*36 Month lease with \$2,875 due at signing with \$2,280 down, \$595 acquisition fee, 10,000 miles per year, \$0 security deposit, \$0 first month payment



THE ALL-WHEEL DRIVE 2006
SUBARU **IMPREZA**® 2.5i

- STANDARD EQUIPMENT:
- 173-HP 2.5-liter boxer engine
 - 166lb-ft of torque at 4,400 rpm
 - Sport-tuned 4-wheel independent suspension
 - 16-inch alloy wheels
 - Sport-design front seats
 - Remote keyless entry system
 - Antitheft security system

★★★★★
IIHS Top Safety
Pick 2006 Gold

23 City
28 Highway
mpg automatic

lease for
\$169*
per month
OR as low as
0%
financing

*48 Month Lease, \$1294 due at signing w/\$699 down \$595 Acquisition Fee, 10,000 Miles per year, \$0 Security Deposit, \$0 First Month Payment



SUBARU **B9 TRIBECA**™
7-PASSENGER

- STANDARD EQUIPMENT:
- 245-hp 3.0-liter DOHC Subaru Boxer engine
 - 215 lb-ft of torque at 4,200 rpm
 - Symmetrical All-Wheel Drive
 - XM® Satellite Radio capability
 - Dual-zone automatic climate control system
 - 100-watt 6-speaker audio system with single-disc in-dash CD player and MP3 compatibility

★★★★★
HIGHEST GOVERNMENT
CRASH TEST RATING

18 City
23 Highway
mpg automatic

up to
\$6,000
in total savings
AND as low as
0%
financing

Subaru Forester



Subaru Legacy



JUST ARRIVED!

More than 200 Award
Winning 2007 Subarus...
Introductory Priced and
Ready To Go!

Subaru Impreza



Subaru Outback



"Whatever You Want...Whatever It Takes!"

JOHN HOWARD

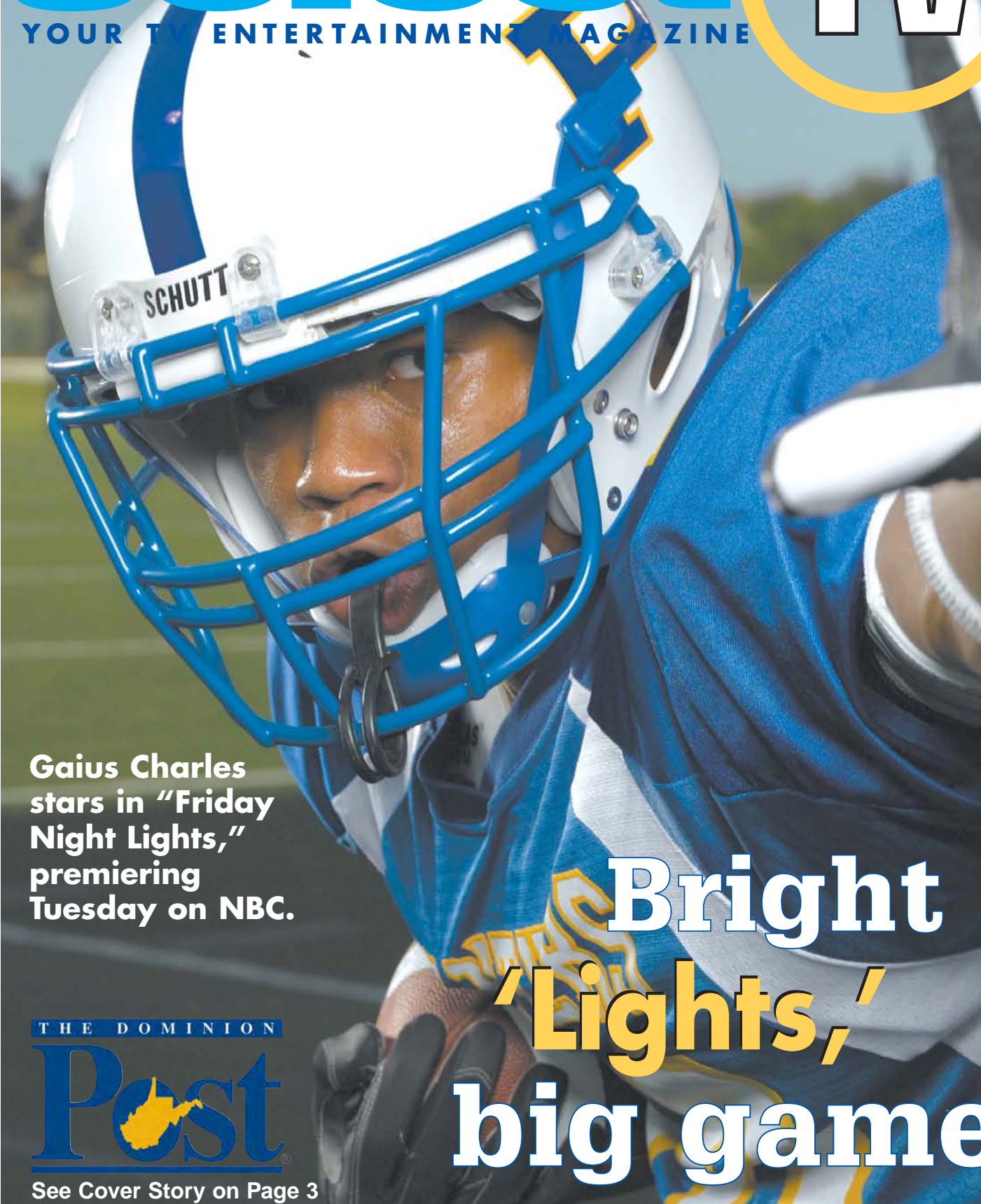
1730 MILEGROUND
MORGANTOWN, WV 296-3205
www.johnhowardmotors.com



October 1 - 7, 2006

select TV

YOUR TV ENTERTAINMENT MAGAZINE



Gaius Charles stars in "Friday Night Lights," premiering Tuesday on NBC.

Bright 'Lights,' big game

THE DOMINION
Post

See Cover Story on Page 3

TV Sports Movies Celebrity News Games Trivia

GCO
FLOORING OUTLET

Fall Savings Sale!

1 Year
**NO PAYMENTS
NO INTEREST!**

• Carpet • Laminate Flooring • Area Rugs • No-Wax Vinyl!
• Hardwood Flooring • Ceramic • Remnants & More

(304) 292-6040
Mon.-Fri. 9:00-7:30 • Sat. 9:00-5:00

82 Greenbag Road • Morgantown Mountaineer Mall
Beside Dunham's • (Across From Wal-Mart)

Truckin' Thru
The **BCS**

THE DOMINION
Post

FOOTBALL 2006

You could WIN THE **Fan Van**

Truckin' Thru
The **BCS**
TruckinThruTheBCS.com

The Ultimate Tailgating Machine!

Find out more at:
TruckinThruTheBCS.com

The Region's Largest

mattress warehouse

www.MattressWarehouse.com

TEMPUR-PEDIC
PRESSURE RELIEVING
SWEDISH MATTRESSES AND PILLOWS

MORGANTOWN
(304) 296-6389

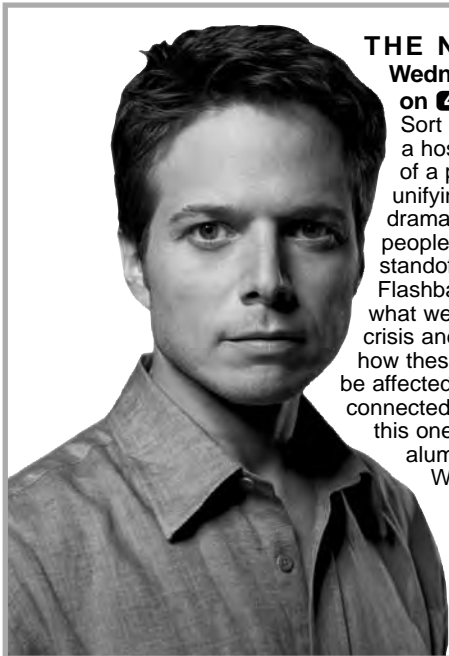
Don Knotts Blvd,
up from University Motors



- Free Local Delivery & Set-up
- 120 Night Comfort Guarantee*
- INTEREST FREE Financing*

*See store for complete details. Financing with approved credit.

critics' corner



THE NINE Wednesday at 10:01 p.m. on 4

Sort of like "Lost," but with a hostage situation instead of a plane crash as the unifying event, this new drama series follows nine people caught in the 52-hour standoff inside a bank. Flashbacks offer tidbits of what went down during the crisis and reveal, little by little, how these people continue to be affected and their lives connected by it. Also like "Lost," this one has a "Party of Five" alum in the cast: Scott Wolf.

WALK THE LINE Sunday at 7:30 p.m. on HBO

Joaquin Phoenix and Reese Witherspoon were nominated for Oscars — Witherspoon won — for their performances as Johnny Cash and June Carter in director James Mangold's superb biography of the revered country music couple. Like Sissy Spacek in "Coal Miner's Daughter," both actors did their own singing for the roles, and they ideally capture the essence of their true-life alter egos whether they're crooning or not.

FRIDAY NIGHT LIGHTS

Tuesday at 8 p.m. on 9 11 12

Television series based on movies don't have a great track record; for every "M*A*S*H," there's a "Delta House" or "Baby Boom." But this new drama based on the 2004 movie starring Billy Bob Thornton may break the curse — if it can withstand the competition from "House" and "Dancing With the Stars." Kyle Chandler ("Early Edition") leads the cast as the high-school football coach in a small Texas town where football is everything.

REMAKING AMERICAN MEDICINE ...HEALTHCARE FOR THE 21ST CENTURY

Thursday at 4 a.m. on 23

We have access to the best medicine and medical technology in history. So why are so many people still dying from preventable illnesses? That's the question at the heart of this new four-part series, which looks at quality deficiencies in health care and ways to stop them — from medical errors to overtaxed resources. Stories include that of a parent who became an activist for patient safety after her daughter's death in a hospital.

A FEW GOOD MEN

Friday at 8 p.m. on BRAVO

You want the truth? Here it is: This is one great movie. A fine cast fuels director Rob Reiner's 1992 screen version of Aaron Sorkin's play. Tom Cruise and Demi Moore star as military attorneys probing the mysterious death of a Marine allegedly caused by two of his peers. The subsequent trial pits the lawyers against an extreme high-ranked Marine, superbly played by Jack Nicholson. Kevin Pollak, Kiefer Sutherland and Kevin Bacon also appear.

PULP FICTION

Saturday at 8 p.m. on AMC

Director Quentin Tarantino's violent, much-praised drama was one of the most controversial movies of 1994. It boasts first-rate performances by John Travolta — whose career was resuscitated by the movie — and Samuel L. Jackson as hired killers who often debate life's larger issues. A parallel plot involves Bruce Willis as a corrupt boxer in trouble. Uma Thurman, Harvey Keitel, Tim Roth and Amanda Plummer co-star.



THE NEW ADVENTURES OF OLD CHRISTINE

Monday at 9:31 p.m. on 2 5 7

Dating a grandpa? That's a quantum leap Christine's (Julia Louis-Dreyfus) mind can't take. In this new episode, her folks can't go to Ritchie's (Trevor Gagnon) school for grandparents day so Christine asks her new guy, Jeff (Scott Bakula), to go instead. Then the truth comes out: Jeff really is a grandfather, and Christine's not sure she can deal with that. C'mon, Chris; he may be a grandpa, but he's a foxy grandpa! Don't go all Elaine Benes on us.

best of...

BY JAY BOBBIN

Female TV Sleuths



"The Avengers" (1966-69):

It aired earlier in England, where Honor Blackman was the first female partner of derby-wearing John Steed (Patrick Macnee), but fellow "Bond girl" Diana Rigg's portrayal of martial-arts-skilled, leather-clad Emma Peel cemented this slyly humorous adventure's global fame.

"Police Woman" (1974-78):

Spun off from an episode of the anthology "Police Story," this vehicle for Angie Dickinson placed the actress in various aliases as she played Sgt. Pepper Anderson, a Los Angeles cop whose street smarts constantly proved to be major assets to the vice squad she belonged to.

be major assets to the vice squad she belonged to.

Index

Critic's Choice	2	Tuesday	15
Cover Story	3	Wednesday	16
Sports	4	Thursday	17
What We Learned	6	Friday	18
We'd Like to See	6	Saturday	19
Soaps	7	Crossword	21
Sunday	8	Cooking	21
Daytime	12	Latenight	22
Monday	14		

view from the couch

BY JAY BOBBIN

"THANK YOU FOR SMOKING"

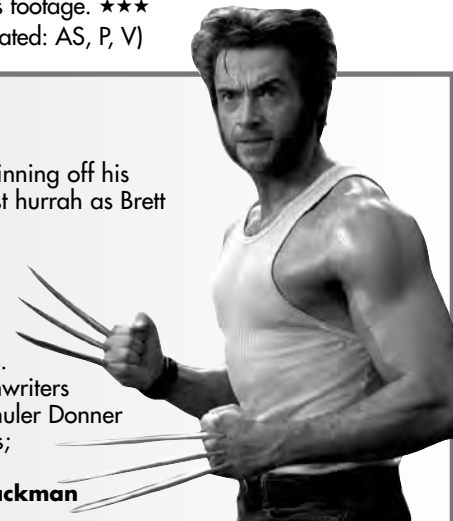
The tobacco industry is targeted for satire by writer-director Jason Reitman — son of "Ghostbusters" filmmaker Ivan Reitman — in this smart adaptation of Christopher Buckley's novel. Aaron Eckhart is appropriately charming and sly as a tobacco-industry lobbyist who contends with an opportunistic senator (William H. Macy) while negotiating with an agent (Rob Lowe) to get more smoking scenes into films. Katie Holmes, Sam Elliott, Robert Duvall, Maria Bello and J.K. Simmons ("The Closer") also are in the terrific cast. ★★★ (R: AS, P)

"MCLEOD'S DAUGHTERS: THE COMPLETE FIRST SEASON"

A smash in its native Australia, this drama series also had considerable success in its cable run in America. Lisa Chappell and Bridie Carter star as long-separated sisters reunited by their inheritance of the family cattle farm. They decide to put woman power to the test by hiring an all-female staff to keep the place running. DVD extras: behind-the-scenes footage. ★★★ (Not rated: AS, P, V)

"X-MEN: THE LAST STAND"

It isn't the final round for all the heroes, since Hugh Jackman is spinning off his Wolverine character, but the group as a whole gets an exciting last hurrah as Brett Ratner picks up the directing reins. An apparent cure for the characters' mutant state sets up another high-pitched battle between the good guys under Prof. Xavier (Patrick Stewart) and the villains led by Magneto (Ian McKellen); Halle Berry, Famke Janssen, James Marsden, Anna Paquin and Rebecca Romijn also return, and Kelsey Grammer and Ellen Page are notable additions. DVD extras: theatrical trailer; audio commentary by Ratner, screenwriters Simon Kinberg and Zak Penn, and producers Avi Arad, Lauren Shuler Donner and Ralph Winter; deleted and extended scenes; alternate endings; "Inside Look" documentary. ★★★ (PG-13: AS, P, V)



Hugh Jackman

"GLASS HOUSE: THE GOOD MOTHER"

Although this is billed as a sequel to the 2001 thriller, this made-for-video effort is pretty much the same story revisited. Jordan Hinson ("Eureka") and Bobby Coleman play suddenly orphaned youngsters taken in by a couple, portrayed by Angie Harmon and Joel Gretsch ("The 4400"). The new guardians may seem nice, but if

you saw the original movie, you can guess just how long that will last. DVD extras: audio commentary by director Steven Antin; deleted scenes. ★★ (R: AS, P, V)

Family Viewing Ratings

AS Adult situations	P Profanity
V Violence	GV Graphic Violence
N Nudity	

CABLE CONVERSION GUIDE

Area Stations	VCR Stations in TVWeek	Adelphia	Charter	Adelphia	Triax	Time Warner
1 KDKA CBS Pittsburgh	02	2	2	2	2	2
2 WTAE ABC Pittsburgh	04	4	4	4	4	4
3 WDTV CBS Clarksburg	05	5	5	5	5	5
4 WTRF CBS Wheeling	07					7
5 WTOV NBC Steubenville	09					9
6 WPXI NBC Pittsburgh	11	11	11	11	11	11
7 WBOY NBC Clarksburg	12	12	12	12	23	10
8 WQED PBS Pittsburgh	13	13		13	13	
9 WCWB WB Pittsburgh	22	9	9		8	
10 WNPB CBS Morgantown	24	8	8	8	10	8
11 WVFX IND Clarksburg	65	14		9		7
12 WPGH FOX Pittsburgh	26	6M	10		6	
13 WVWB WB Clarksburg				6C		9
14 PAX TV PAX						13
Community Bulletin Board		3		3	3	
MOVIE CHANNELS						
HBO Home Box Office	33	22/201	400	22	14	501
HBO2 Home Box Office 2	96	73/202	401			502
HC Hot Choice						885
MAX Cinemax	45	72/213	450	66	17	521
MAX2 Cinemax 2	98	214	451			522
SHOW Showtime	41	21/221	500	21	15	511
SHOW2 Showtime 2	97	222				512
SHOW3 Showtime 3	58	223			19	513
SHOX Showtime Extreme	93	224	505			514
TMC The Movie Channel		231	550			535
IN Demand		302	801-808	70		801
EXTENDED CABLE						
A&E Arts & Entertainment	39	30	23	35	30	30
AMC American Movie Classics	35	63	25	23	32	32
ANPL Animal Planet		40	53			47
BET Black Entertainment	57	75		18		46
BRAVO Bravo	54	57	24			64
CMTV Country Music Television	80	46	45	28	35	34
CNBC Cable News Business		45	64			57
CNN Cable News Network	42	32	62	25	22	42
CNN/SI Cable News / Sports Illustrated		124				71
COM Comedy Channel		51	42			68
COURT Court TV		64	59			44
TV Guide Channel		7				7
CSPAN Congressional Coverage		25	13	32	3	23
CSPAN2 Congressional Coverage		26	14	70		49
DISC Discovery Channel	37	53	52	15	27	45
DISN Disney Channel	53	41	55	20	16	17
E! Entertainment TV	63	56	27			43
ESPN Entertainment/Sports	34	35	32	7	25	24
ESPN2 Entertainment/Sports 2	85	36	33	16		41
EWTV Eternal Word Television Network		24				35
ABC FAM Fox Family Channel	47	66		26	20	31
EW Eternal World TV Network		24				35
FNC Fox News Channel		33	63			54
FOOD Food Channel		65	48			48
FOXSP Fox Sports Pittsburgh	50	37	35	10		48
FX Fox		39	37			62
GOLF Golf Channel		121	34			160
HEAD Headline News		17	61	33		26
HGTV Home & Garden Television	80	58	49			63
HIST History Channel	68	31	26	36		39
HSN Home Shopping Network		23	15		31	56
INSP Inspirational Network		74	20			27
LEARN Learning Channel	51	52	50			36
LIFE Lifetime	46	29	28	34	34	27
MSNBC Microsoft NBC		44	60			51
MTV Music TV	48	49	43	29		60
TNN The Nashville Network	49	59	46	37	21	25
NICK Nickelodeon	38	42	57	24	28	40
NOST Good Life Television	84	110				50
HLMK Hallmark	91	20	47			55
OVC Quality, Value, Convenience	99	10	21	19		9
WE Women's Entertainment			201			
SCIFI Science Fiction Channel	89	54	41			101
SPEED Speedvision		68	36			162
PX Pax		67				
TCM Turner Classic Movies		7				105
TNT Turner Network TV	52	38	31	14	36	33
CART Cartoon Network		61	56			52
TRAV Travel Channel	83	62	51			58
TVL TV Land	36	60	40	38		65
USA USA Network	44	55	38	27	30	29
VH1 Video Hits 1	62	48	44	31		59
WEA Weather Channel		50	58	30	24	28
WGN Chicago Independent Channel	55	27	6		9	
WTBS Atlanta Independent Channel	43	34	30	17	12	36
SNBC Shop NBC		19				
PII Product Information Network		28				
OXY Oxygen		69	29			
STL Style		73				
MTV2 Music Television		47				
NGN Noggin		43				
GOVT Government Access		15				

COVERstory

BY JAY BOBBIN

It may be a little surreal to find a show called "Friday Night Lights" airing on Tuesdays, but everything else about this beautifully crafted new NBC drama seems just about perfect.

Set in a rural Texas town where the locals take a frenzied interest in their high-school football team, "Lights" is less a spinoff than an expansion of the 2004 feature film of the same title, says executive producer Peter Berg, who directed both the movie and the NBC series pilot.

"(Buzz) Bissinger was able, in his book 'Friday Night Lights,' to take a really deep, comprehensive look at the culture of athletics," says Berg, who happens to be Bissinger's cousin, "and he was able to hit upon pretty complex issues: racism, education, parent-child relationships, celebrity, all these different issues.

"(After the movie came out), I sat down with Brian Grazer, the producer, and Buzz and said, 'Wouldn't it be kind of neat to be able to go deeper and explore these issues?' That's what brought me back one more time, because (on) a TV series, if we're lucky, we'll have the opportunity to go deep."

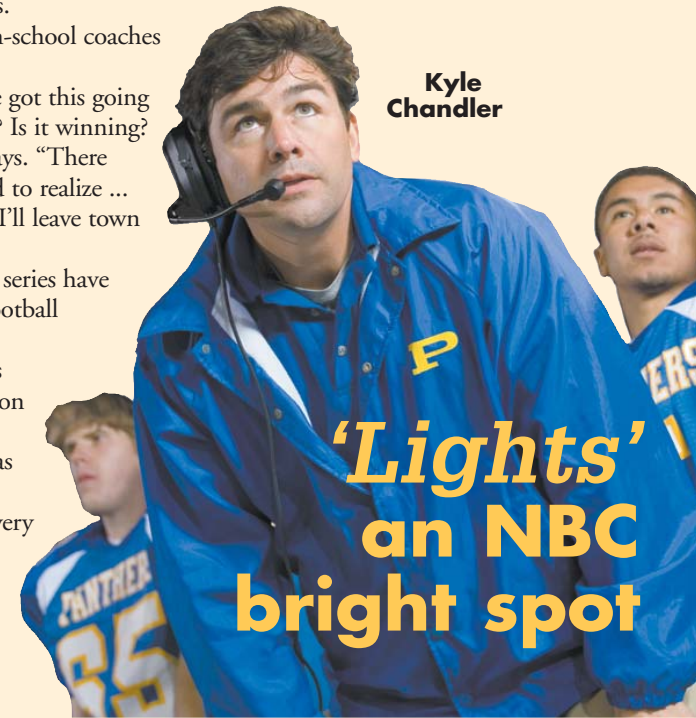
Premiering Oct. 3, the hourlong series stars Kyle Chandler ("Early Edition") as newly appointed head coach Eric Taylor, who is painfully aware of the mounting pressure he is under to deliver a winning season, pressure that is shared by his star quarterback, Jason Street (newcomer Scott Porter). Gaius Charles plays star running back Brian "Smash" Williams.

Chandler says he spoke with several high-school coaches as he was preparing for his role.

"I said to one coach, 'Look, when you've got this going on, what's the most important factor here? Is it winning? Is it the welfare of the kids?'" Chandler says. "There was a long pause, and that's when I started to realize ... if these guys win, great. If they lose, (it's) 'I'll leave town later tonight around 1 in the morning.'

Apart from "Coach," sports-themed TV series have a spotty track record, but Berg says the football setting is merely a jumping-off point.

"Clearly football is not something that is divisible from the core of what the television series is about," he concedes, "but it is a springboard. For the pilot, the decision was made to have a big game, and I thought it was critical to do so. But ... something very character-driven happens within that football game that hopefully will give us a chance to spring into (other) themes and issues."



Kyle Chandler

'Lights' an NBC bright spot

open letter

BY BEVERLY FOSTER SEINBERG

Can we blame MTV for this? Or maybe "Sesame Street"? Or the microwave oven?

By "this," I mean the short-attention-span, instant-gratification mentality that has pervaded our culture and, sadly, is spreading into the offices of programming honchos.

At this writing, none of the new fall shows had gone to an early grave at the hands of programmers unwilling to let an audience build slowly. But I still have a bitter taste in my mouth from the premature demises of "Love Monkey" and "Emily's Reasons Why Not." Remember that one? Probably not; ABC yanked the Heather Graham midseason sitcom after only one airing.

Is it too much to ask that a new show be given a chance to grow on viewers? With apologies to the late Johnnie Cochran, it seems that the philosophy these days is "If it's not an instant hit, it's not gonna fit."

Who knows? Some of those who watched "Emily's Reasons" liked it and told their friends. These friends might have decided to TiVo "Two and a Half Men" the following week and check "Emily" out. But they never got the chance.

This is yet another area in which cable does it better than the over-the-air networks. Cable channels are willing to let a show's audience build as slowly as it needs to and let word of mouth do its magic.

feed you lawn one last time this fall with these great fertilizers from Ace

ACE

The helpful place.

YOU PAY 9⁹⁹
less \$3 mail-in rebate
FINAL COST 6⁹⁹



Green Turf® St. Augustine Weed and Feed

- Covers 5000 sq. ft.
- Kills over 30 varieties of weeds
- Formulated to green longer

75009 Limit 2 rebates.
10,000 Sq. Ft., 7118631... 18.99, less \$6 rebate, final cost 12.99
Limit 1 rebate

YOU PAY 7⁹⁹
less \$3 mail-in rebate
FINAL COST 4⁹⁹



Green Turf® Lawn Fertilizer

- Covers 5000 sq. ft.
- Time-release formula keeps grass greener and helps build strong root systems

7014608 Limit 2 rebates.
15,000 Sq. Ft., 7014616... 20.99, less \$9 rebate, final cost 11.99
Limit 1 rebate
also @ acehardware.com

bright big savings

BEST BUYS ARE AVAILABLE THROUGHOUT THE MONTH OF OCTOBER

WHILE SUPPLIES LAST

While Supplies Last During October!

ACE HARDWARE

HOME AND GARDEN CENTER
1050 Maple Drive Morgantown, WV
599-0803

Due to physical size, merchandising policies and manufacturer's shortages, some items may be unable to stock all items shown. However, most items can be ordered by your Ace dealer and a "Rain Check" can be issued assuring you of the sale price featured. Not responsible for printing errors.

J. DOUGLAS CRANE, L.C.

Attorneys At Law

General Practice of Law with emphasis on:

- Mediation Services
- Family Law
- Bankruptcy

Family Law Master 1986-1990

150 Pleasant St. • Morgantown
304-292-3037

"We are a debt relief agency. We help people file for relief under the bankruptcy code."

TV Trivia

By Jay Bobbin © Zap2it

Questions:

- 1) Scott Wolf takes up series work again as one of several people caught in a bank-robbery hostage crisis in the ABC drama "The Nine," premiering Wednesday, Oct. 4. What was the last name of the family that included Wolf and Matthew Fox as members on another numerically titled show, "Party of Five"?
- 2) On "My Three Sons," which of the original sons left after the show's fifth year?
- 3) Which classic Gregory Peck war movie became a mid-1960s series starring Robert Lansing and Paul Burke?

Answers:
1) Salinger.
2) Mike (played by Tim Constance).
3) "Twelve O'Clock High."

sportszone

AUTO RACING

SUNDAY

- 11:30 a.m. (SPEED) NASCAR Race-Day 6442420
- 1:30 p.m. (9) (11) (12) Countdown to Green 30710
- (IND3) NASCAR IN CAR
NASCAR IN CAR: Get 6 drivers on 6 in-car camera channels with live team audio and real-time in-car data during every NASCAR NEXTEL Cup Series points race. To order the NASCAR IN CAR package call 1-888-SPORTS-IN. 4897913
- 2:00 p.m. (9) (11) (12) NASCAR Racing Nextel Cup — Banquet 400. 850265
- 9:00 p.m. (SPEED) Wind Tunnel With Dave Despain 1075468

THURSDAY

- 1:00 a.m. (SPEED) Formula One Racing Japanese Grand Prix Practice. 1912235

FRIDAY

- 3:00 p.m. (SPEED) NASCAR Live 3759506
- 4:00 p.m. (SPEED) NASCAR Racing Nextel Cup — UAW-Ford 500 Final Practice. 2920780
- 7:00 p.m. (SPEED) Trackside At... 1944544
- 1:00 a.m. (SPEED) Formula One Racing Japanese Grand Prix Qualifying. 8126007

SATURDAY

- 12:00 p.m. (SPEED) NASCAR Racing Nextel Cup — UAW-Ford 500 Qualifying. 8543026
- 2:30 p.m. (SPEED) NASCAR Racing Craftsman Truck Series. 5069804
- 12:30 a.m. (SPEED) Formula One Racing Japanese Grand Prix. From Suzuka, Japan. 5672156

BASEBALL

SUNDAY

- 1:30 p.m. (WGN) White Sox Warm-Up 272536
- 2:00 p.m. (WGN) MLB Baseball Chicago White Sox at Minnesota Twins. 597352

8:00 p.m. (ESPN) Baseball Tonight 919401

TUESDAY

- 12:00 p.m. (ESPN) Baseball Tonight 388406
- 1:00 p.m. (ESPN) MLB Baseball Division Series — Teams TBA. 373113
- 4:00 p.m. (ESPN) MLB Baseball Division Series — Teams TBA. 273357
- 8:00 p.m. (43) (53) MLB Baseball Division Series — Teams TBA. 7128715
- 12:00 a.m. (ESPN) Baseball Tonight 3667948

WEDNESDAY

- 3:30 p.m. (ESPN) Baseball Tonight 778988
- 4:00 p.m. (ESPN) MLB Baseball Division Series — Teams TBA. 604346
- 7:00 p.m. (ESPN) MLB Baseball Division Series — Teams TBA. 628926
- 10:00 p.m. (ESPN) MLB Baseball Division Series — Teams TBA. 348278

THURSDAY

- 3:30 p.m. (ESPN) Baseball Tonight 229785
- 4:00 p.m. (ESPN) MLB Baseball Division Series — Teams TBA. 148853
- 8:00 p.m. (43) (53) MLB Baseball Division Series — Teams TBA. 7099259
- 12:00 a.m. (ESPN) Baseball Tonight 5762772

FRIDAY

- 3:30 p.m. (ESPN) Baseball Tonight 791715
- 4:00 p.m. (ESPN) MLB Baseball Division Series — Teams TBA. 675070
- 8:00 p.m. (ESPN) MLB Baseball Division Series — Teams TBA. 306438
- 12:00 a.m. (ESPN) Baseball Tonight 4011084

SATURDAY

- 12:00 p.m. (ESPN2) Baseball Tonight 6361484
- 1:00 p.m. (ESPN2) MLB Baseball Division Series — Teams TBA. 3784945
- 4:00 p.m. (43) (53) MLB Baseball Division Series — Teams TBA. 4341656

7:30 p.m. (43) (53) MLB Baseball Division Series — Teams TBA. 8924477

12:00 a.m. (ESPN2) Baseball Tonight 2780040

BOXING

FRIDAY

- 11:00 p.m. (SHOW) Boxing Henry Buchanan vs. Jean Paul Mendy. Henry Buchanan takes on Jean Paul Mendy in a super middleweight bout. Also, LaFarrell Bunting vs. Anthony Han-shaw, super middleweights. From Santa Ynez, Calif. 885254

SATURDAY

- 9:00 p.m. (SHOW) Boxing Joel Casamayor vs. Diego Corrales. Joel Casamayor takes on Diego Corrales for the WBC Lightweight title. From Las Vegas. 515007
- 10:00 p.m. (HBO) Boxing Monte Barrett vs. Nikolai Valuev. Monte Barrett battles Nikolai Valuev for the WBA Heavyweight title. Also, Tomasz Adamek vs. Paul Briggs, light heavyweights. From Rosemont, Ill. 722200

EQUESTRIAN

SATURDAY

- 4:30 p.m. (ESPN2) Horse Racing Jockey Club Gold Cup/Goodwood Breeders Cup. 3868571

FOOTBALL

SUNDAY

- 11:00 a.m. (ESPN) Sunday NFL Countdown 156933
- 12:00 p.m. (2) (3) (7) NFL Today Host James Brown; with Boomer Esiason, Dan Marino and Shannon Sharpe. 49371
- (43) (53) Fox NFL Sunday 9804197
- 1:00 p.m. (2) (3) NFL Football San Diego Chargers at Baltimore Ravens. From M&T Bank Stadium in Baltimore. 294130
- (7) NFL Football Indianapolis Colts at New York Jets. From Giants Stadium in East Rutherford, N.J. 843420
- (43) (53) NFL Football Regional Coverage — Arizona at Atlanta, Dallas at Tennessee, Minnesota at Buffalo, N.O. at Carolina or S.F. at Kansas City. 5141739
- 4:00 p.m. (2) (7) NFL Football New England Patriots at Cincinnati



Donovan McNabb of the Philadelphia Eagles

Bengals. From Paul Brown Stadium in Cincinnati. 378197

(3) **NFL Football Cleveland Browns at Oakland Raiders.** From McAfee Coliseum in Oakland, Calif. 992791

7:00 p.m. (9) (11) (12) **Football Night in America** Bob Costas, Cris Collinsworth, Jerome Bettis and Sterling Sharpe recap the day's NFL highlights. 5553062

8:15 p.m. (9) (11) (12) **NFL Football Seattle Seahawks at Chicago Bears.** From Memorial Stadium in Champaign, Ill. 41691772

10:00 p.m. (FOXSP) **FSN Live** 917197

MONDAY

- 3:00 p.m. (ESPN) **SportsCenter Special Edition: Monday Night Kickoff** 762937
- 6:00 p.m. (ESPN) **NFL Primetime** 857463
- 7:00 p.m. (ESPN) **Monday Night Countdown** 788901
- 8:30 p.m. (ESPN) **NFL Football Green Bay Packers at Philadelphia Eagles.** From Lincoln Financial Field in Philadelphia. 645173

TUESDAY

- 12:00 p.m. (FOXSP) **Bill Cowher Press Conference** 681406
- 7:30 p.m. (ESPN2) **College Football Southern Mississippi at Tulsa.** 8171425

WEDNESDAY

- 3:00 p.m. (ESPN) **NFL Live** 418425
- 7:30 p.m. (ESPN2) **College Football Central Florida at Marshall.** 8075297

THURSDAY

- 3:00 p.m. (ESPN) **NFL Live** 593872
- 7:30 p.m. (ESPN) **College Football Florida State at North Carolina State.** 130834

FRIDAY

- 3:00 p.m. (ESPN) **NFL Live** 355815
- 7:30 p.m. (FOXSP) **High School Football Bethel Park at McKeesport.** 228439
- 8:00 p.m. (ESPN2) **College Football Louisville at Middle Tennessee State.** 6126728

sportsview



Carlos Beltran

Amazin' postseason ahead

BY GEORGE DICKIE

With the baseball playoffs beginning this week, ESPN's Steve Phillips likes his old team's chances.

"I think the Mets have to be the odds-on favorite in the National League to go to the World Series," Phillips, New York's general manager from 1997 to 2003, says. "You know, the National League is a collection of pretty flawed teams, and the Mets are probably the most well-balanced team of everybody in the National League."

The postseason gets under way with the best-of-five Division Series, which Fox and ESPN will cover beginning Tuesday, Oct. 3. The winners of those four series advance to the best-of-seven League Championship Series, which begins Oct. 10. The teams that

survive that round get to represent their respective leagues in the best-of-seven World Series, starting Oct. 21, in the home park of the American League champion.

Teams that figure to be in the mix are the Mets and the St. Louis Cardinals in the National League, and the Oakland A's and New York Yankees in the AL. Other division races were too close to call at this writing.

The Mets, who seemingly locked up the NL East by the All-Star break, boast a brawny lineup composed of MVP candidates Carlos Beltran, David Wright and Jose Reyes, competent starting pitching led by three-time Cy Young Award winner Pedro Martinez, and a lights-out bullpen headed by Billy Wagner.

"The one real advantage the Mets have," Phillips says, "is they do have the best bullpen in the National League. It's been a real strength of theirs all season long. And when you start to look at the offense, they have the deepest lineup of everybody in the National League. I mean, if your No. 6, 7 and 8 hitters are Cliff Floyd, Shawn Green and Jose Valentin, you're pretty deep."

SATURDAY

10:00 a.m. (ESPN) College Gameday 165939
 11:30 a.m. (FOXSP) College Football Saturday Kickoff 833674
 12:00 p.m. (2) (3) (7) (ESPN) College Football Teams to Be Announced. 443262
 (4) (8) College Football Pittsburgh at Syracuse. 541858
 (FOXSP) College Football Big 12 — Teams TBA. 195736
 1:00 p.m. (CSN) College Football Teams to Be Announced. 9990129
 2:30 p.m. (9) (11) (12) College Football Stanford at Notre Dame. 268668
 3:00 p.m. (ESPN) College Football Scoreboard 595133
 3:30 p.m. (2) (4) (5) (7) College Football Teams to Be Announced. 468571
 (FOXSP) College Football Pac-10 — Teams TBA. 283945
 4:00 p.m. (ESPN2) College Football Scoreboard 3355823
 4:30 p.m. (ESPN) College Football Michigan State at Michigan. 110216
 6:30 p.m. (4) Post Game Report 262
 (ESPN2) College Football Scoreboard 3356552
 7:00 p.m. (ESPN2) (TBS) College Football Teams to Be Announced. 8905484
 7:30 p.m. (ESPN) College Football Scoreboard 3340216
 7:45 p.m. (ESPN) College Football Teams to Be Announced. 64645754
 8:00 p.m. (4) College Football Oregon at California. 98689020

GOLF

SUNDAY

11:00 a.m. (USA) PGA Tour Sunday 595623
 9:00 p.m. (GOLF) Post Game Show 8655371

MONDAY

7:00 p.m. (GOLF) Golf Central 5665181

8:55 p.m. (GOLF) Golf Channel Academy Live 55862668

TUESDAY

7:00 p.m. (GOLF) Golf Central 7544311

WEDNESDAY

7:00 p.m. (GOLF) Golf Central 6893623

THURSDAY

8:30 a.m. (GOLF) European PGA Golf dunhill links championship — First Round. 8048259
 4:00 p.m. (USA) PGA Golf Chrysler Classic of Greensboro — First Round. 377921
 5:00 p.m. (GOLF) PGA Golf Nationwide Tour — Mark Christopher Charity Classic — First Round. 9283327
 7:30 p.m. (GOLF) Golf Central 4526969

FRIDAY

8:30 a.m. (GOLF) European PGA Golf dunhill links championship — Second Round. From Scotland. 8008631
 1:30 p.m. (GOLF) PGA Golf Championships Tour — SAS Championship — First Round. 5163186
 4:00 p.m. (USA) PGA Golf Chrysler Classic of Greensboro — Second Round. 349001
 5:00 p.m. (GOLF) PGA Golf Nationwide Tour — Mark Christopher Charity Classic — Second Round. 9250099
 7:30 p.m. (GOLF) Golf Central 4586341
 8:00 p.m. (GOLF) Post Game Show 8517167

SATURDAY

8:30 a.m. (GOLF) European PGA Golf dunhill links championship — Third Round. From Scotland. 8075303
 1:30 p.m. (GOLF) PGA Golf Championships Tour — SAS Championship — Second Round. From Cary, N.C. 5130858

playerprofile

BY MARK PASSARO

Hasselbeck intent on building Super Bowl champ

FULL NAME: Matthew Michael Hasselbeck
BIRTHPLACE: Westwood, Mass.
BIRTH DATE: Sept. 25, 1975
POSITION: Quarterback
HEIGHT: 6 feet 4 inches
WEIGHT: 223
ROAD TO STARDOM: Hasselbeck was a two-year starter at Xaverian Brothers High School in Westwood before moving on to Boston College, where he also started in his final two seasons and finished fifth on the Eagles' career passing list. The Green Bay Packers, under the reign of current Seahawks coach Mike Holmgren, chose Hasselbeck in the sixth round of the 1998 draft.
PERSONAL: Married college sweetheart Sarah and has two daughters, Annabelle and Mallory. His brother Tim is a reserve QB for the New York Giants. Tim's wife, Elisabeth, is a former "Survivor" contestant and current co-host of ABC's "The View."



Matt Hasselbeck is a big softie. Well, off the football field, that is.

The Seattle Seahawks' quarterback spent a few days this summer with a family from North Pole, Alaska, who were getting a new home built by the crew from ABC's "Extreme Makeover: Home Edition." Along with teammates Shaun Alexander and Lofa Tatupu, Hasselbeck kept the 13-member Rogers clan occupied with a game of touch football in a segment that was part of the show's season-premiere episode last Sunday. The pairing of the star QB with Ty Pennington's popular program was a natural one, it turns out, as Hasselbeck watches every episode, and he's man enough to admit he often ends up in tears afterward.

While constructing a designer dwelling from the ground up in one week is no easy task, building a Super Bowl champion is even harder. For most players, being part of one never happens; for Hasselbeck, it took him only five seasons in Seattle to get to the big game, and perhaps just one more to win it. The Seahawks, though, must avoid a Super letdown like the one that has afflicted the last five Super Bowl losers, each of which has failed to make the playoffs the next season.

The 31-year-old Hasselbeck, surrounded by a still-explosive offense that now includes another weapon in recently acquired wide receiver Deion Branch, seems primed to end that "losing" streak.

3:00 p.m. (USA) PGA Golf Chrysler Classic of Greensboro — Third Round. 669200
 5:00 p.m. (GOLF) PGA Golf Nationwide Tour — Mark Christopher Charity Classic — Third Round. 9147571
 7:30 p.m. (GOLF) Golf Central 4480113

HOCKEY

THURSDAY

7:30 p.m. (FOXSP) NHL Hockey Philadelphia Flyers at Pitts-

burgh Penguins. From the Mellon Arena in Pittsburgh. 530230

SATURDAY

7:30 p.m. (FOXSP) NHL Hockey Detroit Red Wings at Pittsburgh Penguins. 412026

SOCCER

SUNDAY

4:00 p.m. (ESPN2) Women's Soccer Chinese Taipei vs. United States. 54911536

SATURDAY

12:00 p.m. (INDI) Soccer Euro 2008 Qualifier — England vs. Macedonia. 1127945

WRESTLING

MONDAY

9:00 p.m. (USA) WWE Monday Night Raw 8455579

TUESDAY

10:00 p.m. (SCIFI) ECW 5197845

sportsquiz

NHL records

questions:

BY GEORGE DICKIE

- Who once scored three goals within 21 seconds?
- What player holds the single-season record for points?
- Who had the most assists in one season?
- What player logged the most penalty minutes in a season?
- Who has the most penalty minutes for a career?
- What goalie holds the career record for shutouts?
- Who holds the single-season record for points by a defenseman?
- What player owns the career mark for goals?

- Bill Mosenko of the Chicago Blackhawks pulled the game's quickest hat trick.
- Wayne Gretzky had 215 points for the 1985-86 Edmonton Oilers.
- Gretzky, with 163 assists in 1985-86.
- Dave Schultz of the 1974-75 Philadelphia Flyers had 472 penalty minutes.
- Dave Williams accumulated 3,966 penalty minutes for five teams from 1974 to 1988.
- Terry Sawchuk recorded 103 shutouts for five teams from 1949 to 1970.
- Bobby Orr had 139 points for the 1970-71 Boston Bruins.
- Gretzky, with 894 goals for four teams from 1979 to 1999.

ANSWERS

Fall is in the air!

Fay~West
 DENTAL CENTER

Economy \$150
 Denture
for comfort and beautiful looks

CHECK-UPS • CUSTOM CHARACTERIZED CLEANINGS • FILLINGS
 I.V. SEDATION AVAILABLE • SAME-DAY SERVICE
 DENTAL IMPLANTS • AFFORDABLE EXTRACTIONS
 MOST DENTAL PLANS ACCEPTED

James E. Nicolette, D.M.D.
 Dental Director
 Randall L. Palmiscno, D.M.D.

Rt. 119,
 Scottsdale, PA 15683
 1-800-442-6805
 or (724) 887-3060

VISA MasterCard DISCOVER

"30 DAYS"

More than 2 million Americans are behind bars, and in the past decade alone, the prison population has doubled. Even more troubling is that two of three inmates return to prison within five years of their release. (J.B.C.)



Morgan Spurlock of "30 Days"



"HOUSE"

People really can change, but don't expect them to do a 180 overnight. The healing of House's bum leg – an unexpected side effect of his being shot at the end of last season – has softened his hard edges a bit, but he's still hooked on those darned pain pills. (B.F.S.)

Hugh Laurie of "House"

What We Learned from TV Lately

BY JAY BOBBIN, JOHN R. CROOK, JACQUELINE B. CUTLER AND BEVERLY FOSTER SEINBERG

"CELEBRITY DUETS"

You never know who can carry a tune. Some viewers might have anticipated the worst from this show, envisioning personalities not known for singing in embarrassing situations with proven music stars. Instead, there have been some delightful vocal surprises from the likes of Lea Thompson and Lucy Lawless, among other familiar faces. (J.B.)



Lucy Lawless

"HOW IT'S MADE"

Geomatics is a high-tech science aimed at gathering geographic information, then studying and using it. (J.R.C.)

"THE KUMARS AT NO. 42"

Groucho Marx was a close friend of rock star Alice Cooper. The comic, an insomniac, liked to phone Cooper in the wee hours of the morning and invite him over to watch old movies. (J.R.C.)

"TODAY"

Tips if you are job hunting later in life: Develop targets, acquaint yourself with people in the new field, prepare a 15-year vision, and above all else, do not get discouraged. It takes people over 55 four weeks longer than their younger counterparts to get a job. (J.B.C.)

"CSI: CRIME SCENE INVESTIGATION"

If the first try doesn't succeed, try again. After Kevin Federline – aka "Mr. Britney Spears" – received decidedly mixed reviews for his television debut as a rapper on the 2006 Teen Choice Awards, he signed up for a guest role as an "arrogant teenager" on this crime drama. Good luck with that, K-Fed. (J.B.)

"WHO WANTS TO BE A MILLIONAIRE"

"Deciduous teeth" is the more formal term for what are commonly known as baby teeth. (J.R.C.)

"UGLY BETTY"

It doesn't necessarily take long to earn your keep. ABC executives are so high on this new telenovela adaptation that, fueled further by positive buzz from most television critics, the show was moved to one of the most prized positions on the network's current schedule – right before the hit "Grey's Anatomy." (J.B.)



America Ferrera of "Ugly Betty"

"THE CLASS"

When hospital staffers are giving you the runaround about a loved one's condition, it helps to have a doctor as a friend. (B.F.S.)



Lizzy Caplan of "The Class"

we'd liketosee

BY BEVERLY FOSTER SEINBERG

Aren't cartoons great? You can make them do anything, you can put words in their mouths, and they never demand pay raises or star treatment.

So it was a stroke of genius when Comedy Central decided to do its own version of "Big Brother," calling it "Drawn Together" and populating it with cartoon characters from assorted animation genres. The show, which returns with new episodes Thursday, Oct. 5, is admittedly raunchy and not for everyone. But it got us thinking: Some of the other long-in-the-tooth shows out there might benefit from a trip to Toon Town. How about:

"TRADING SPOUSES": CIA man Stan Smith of "American Dad" swaps homes with Peter Griffin of "Family Guy." Their wives

and kids have no trouble at all adjusting, since, both being creations of (and voiced by) Seth MacFarlane, there's virtually no difference between the two.

"EXTREME MAKEOVER": Remember that classic Daffy Duck cartoon where he kept getting redrawn, erased and redrawn again? Here, the unseen cartoonist overhauls the appearances of assorted other characters. Homer Simpson loses the beer gut. Charlie Brown's head gets a little less round, while Arnold's (of "Hey Arnold!") gets a little more so.

"30 MINUTE MEALS WITH WILE E. AND BUGS": Our favorite cartoon coyote demonstrates delicious recipes for road runner stew, road runner fricassée, road runner under glass ... you get the idea. Bugs prepares yummy carrot-based side dishes to

complement the birdie bits. Chef from "South Park" is a frequent guest, so this show carries a "Parental Advisory: Explicit Lyrics" warning.

"THE APPRENTICE": Monty Burns from "The Simpsons" auditions new employees. Candidate challenges include creating a new ad campaign for Spacely Sprockets, launching a new Krusty Krab menu item and designing a new Acme catalog. The biggest challenge, however, will be to avoid being sabotaged by Smithers, who's terrified of losing his position as Burns' lover – er, lackey.

"AMERICAN IDOL": Toons and tunes! Fred Flintstone's favorite singer, Ann-Margrock, takes Paula's place on the judges panel as two-dimensional Clay and Carrie wannabes compete. But Simon, who's been

known to tell people with funny voices they sound like cartoon characters, will need to find a new put-down.

"DANCING WITH THE STARS": Humans and 'toons pair up in a ballroom dance competition like no other. Watch the fun as the flesh-and-blood contestants try to keep up with their animated partners, who can dance on walls, on ceilings and in midair – at least until they look down. Paula Abdul, who boogied with a cartoon cat in the "Opposites Attract" video, is a natural choice to judge this one.

"THE AMAZING RACE": "Drawn Together" on the road. Teams could include Fred and Wilma, Pinky and the Brain, Bart and Milhouse, Slappy and Skippy Squirrel, Tom and Jerry, and Cartman and Kyle, for starters.

GIVE IT ALL,
GIVE THE
MALL



Give a gift card to Morgantown Mall, and you give it all... just about any store, any restaurant, any time. Available in amounts from \$15 to \$500 at the Mall Office, morgantownmall.com or by calling 1-877-Gift-To-Go.

Monday - Saturday: 10am - 9pm
Sunday: Noon - 6pm



www.MorgantownMall.com
I-79, Exit 152 • 304-983-6255

scopin' the soaps

BY TOBY GOLDSTEIN OF TRIBUNE MEDIA SERVICES

ALL MY CHILDREN After JR confided in Babe about why he behaves so badly, she felt guilty having had sex with Josh. Colby decided to play "dead" for a while. Tad caught David snooping in his place but didn't realize that David had stolen his toothbrush. Jack apologized to Jonathan. **Coming: A decision is made regarding Zach and Dixie's future.**

AS THE WORLD TURNS Emily refused to let Meg deliver her baby when she went into early labor, but realized she had no choice. Paul and Emily feared the worst when the newborn didn't cry. With Dusty caught in a storm, he didn't get the message that Johnny is sick. **Coming: Katie has to handle a crisis concerning Mike.**

BOLD AND BEAUTIFUL Thorne was ready to tell the world about his and Taylor's relationship and wanted them to make love, but she stopped him. Nick was stunned to learn that Bridget is pregnant, but looked forward to the blessed event despite its potentially ruinous effect on his and Brooke's marriage. **Coming: Taylor fears the loss of her freedom - and her new love.**

DAYS OF OUR LIVES Lucas, horrified to see Austin and Carrie kissing, lashed out at her, as did Sami. Sami and Will both seemed upbeat over Lucas' suggestion that he move in with them. Shawn was floored to overhear that Mimi knew all along about Claire being his child. Max and Stephanie got very close. **Coming: Steve sees Billie in his future, not Kayla.**

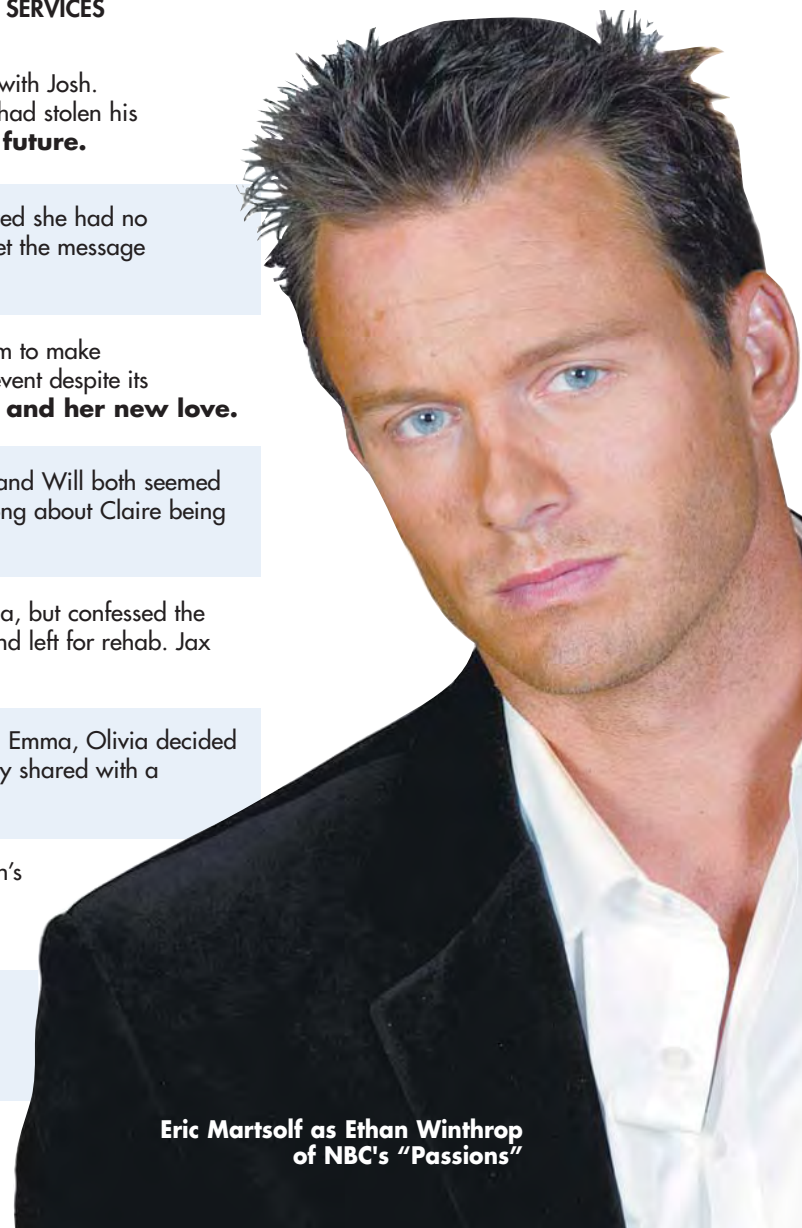
GENERAL HOSPITAL Maxie lied to Mac that she overdosed after Lucky used her, which caused her arrhythmia, but confessed the truth to Georgie. Believing that he is the father of Elizabeth's unborn child, Lucky vowed to turn his life around and left for rehab. Jax saw a close moment between Sonny and Carly. **Coming: Sam and Jason make a painful decision.**

GUIDING LIGHT Blaming Ava for Buzz's decision that he and Olivia need a break, and after seeing Ava with Emma, Olivia decided to go ahead with the hit. Reva shared a last kiss with Josh before returning to Billy, who proposed, news that they shared with a surprised Josh and Cassie. **Coming: Reva's secret comes closer to being exposed.**

ONE LIFE TO LIVE Following a multi-car crash on the highway, a badly burned body was found wearing John's badge, leaving everyone to assume the worst. Nora started her own investigation to clear Paige in Thomas' murder. **Coming: Jessica's behavioral quirks trouble her.**

PASSIONS Jared rescued Theresa, who called out for Ethan. As Whitney confided to Theresa her fear that Chad is having an affair, he waited at a seedy motel for a mystery person. Kay informed Miguel she'll never leave Fox for him. **Coming: Fox can't shake his doubts about Kay.**

YOUNG AND RESTLESS Devon was hospitalized with meningitis and suffered cardiac arrest. Victoria admitted to Brad she's been taking birth control pills because she can't see them having a baby until he opens up to her about his life. **Coming: Devon faces a difficult recovery.**



Eric Martsolf as Ethan Winthrop of NBC's "Passions"

celebrity quotes



"People do horrendous things, and they've got to be behind bars, but it's shows like this that show the inner workings of the mind and what's going on with these people. You want to know, why does a human being go to that place?"
- **William Fichtner** of Fox's "Prison Break."



"There's hard news, but there's also a lot of fun stuff. You have the opportunity to reveal your personality, so to a large extent, people see you as part of their family. They get up in the morning, they're still in their pajamas, and they're watching you in the bedroom or the kitchen." - **Meredith Vieira** of NBC's "Today."



"They were like, 'Mum's the word,' and that was hard. (Once the word was out,) everyone was really positive. They were like, 'You'd better get on there and drop it like it's hot, girl! And those costumes had better be happening!' " - **Vivica A. Fox** of ABC's "Dancing With the Stars" on signing up to be a celebrity contestant this season.

soap & bubbles

BY PAULETTE COHN

Emily Harper is a dancing queen

Paula Abdul ("American Idol") isn't the only former Laker Girl who found fame once her cheering days were over. Emily Harper ("Passions"), a Laker Girl from 2000-03, put down her pompoms in favor of acting and within two years landed the plum role of Fancy Crane.

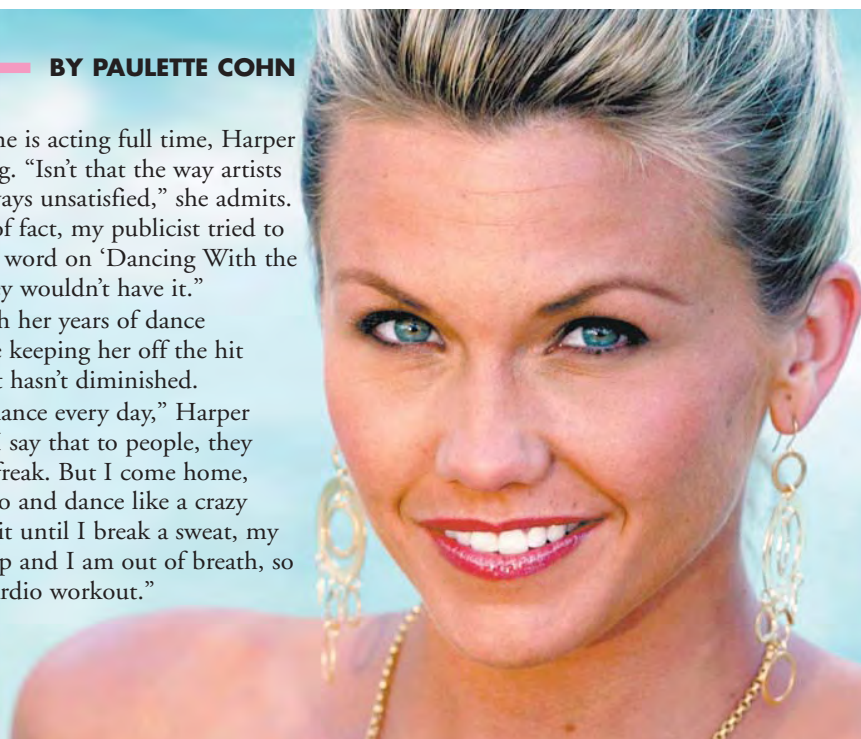
"I have studied performing arts my whole life," says Harper, who graduated with a degree in dance from Loyola Marymount University in Los Angeles. "My parents allowed me to do that at a young age because the interest was there."

Now that she is acting full time, Harper misses dancing. "Isn't that the way artists are? We're always unsatisfied," she admits. "As a matter of fact, my publicist tried to put in a good word on 'Dancing With the Stars,' but they wouldn't have it."

Even though her years of dance experience are keeping her off the hit series, her zest hasn't diminished.

"I have to dance every day," Harper says. "When I say that to people, they think I am a freak. But I come home, blast the stereo and dance like a crazy woman. I do it until I break a sweat, my heart rate is up and I am out of breath, so it is a good cardio workout."

Emily Harper



Dear Paulette: I was curious to know if Jonathan Frid, who played Barnabas Collins on "Dark Shadows" back in the late 1960s, is still living. -Eric J. M., Trenton, Ga.

Dear Reader: Frid, who was born Dec. 2, 1924, in Hamilton, Ontario, is alive and residing in his native Canada.

Dear Paulette: On "The Bold and the Beautiful," did the girl who played Darla really die or go to another soap opera? And on "Guiding Light," is Riva (Kim Zimmer) really sick with cancer, or is she leaving the show? -Barbara A., Carbondale, Ill.

Dear Reader: Schae Harrison, who played Darla, is alive and well, and to date, she has not joined another soap opera. Zimmer does not have cancer in real life. She renewed her "GL" contract earlier this summer, so she is not leaving the show, at least not immediately.

Send questions of general interest to Paulette Cohn, Soap Talk, Zap2it, 333 Glen St., Glens Falls, NY 12801, or e-mail to soaptalk@tribune.com. Only questions selected for this column will be answered. Personal replies cannot be sent.

SUNDAY Daytime

October 1, 2006

	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30		
2	CBS News Sunday Morning (CC) 45352	Face the Nation 98159	Showcase of Homes 8807	Steelers Kick-Off 9536	NFL Today (Live) (CC) 49371	NFL Football San Diego Chargers at Baltimore Ravens. From M&T Bank Stadium in Baltimore. (Live) (CC) 294130	NFL Football New England Patriots at Cincinnati Bengals. From Paul Brown Stadium in Cincinnati. (Live) 378197													
4	News 381401	This Week With George Stephanopoulos (CC) 961536	Teen Kids News 4604	Emperor New 36997	The Replacements 22604	NBA Access 91802	PGA Golf WGC American Express Championship -- Final Round. From Hertfordshire, England. (Same-day Tape) 370130													
5	CBS News Sunday Morning 76246	Nation 38791	Univer Motor J & J 99826	NFL Today (Live) 63975	NFL Football San Diego Chargers at Baltimore Ravens. (Live) (CC) 858352	NFL Football Browns at Raiders 992791														
7	CBS News Sunday Morning 94642	Nation 30159	NASCAR Paid 84994	NFL Today (Live) 81371	NFL Football Indianapolis Colts at New York Jets. (Live) (CC) 843420	NFL Football Patriots at Bengals 994159														
9	Today Boyd Matson; pets at work. (CC) 72807	Meet the Press (CC) 98710	Region's Bus. 10333	Jacob Two Two 11062	To Be Announced 59468	Ctdwn-Green 30710	NASCAR Racing Nextel Cup -- Banquet 400. From Kansas Speedway in Kansas City, Kan. (Live) (CC) 850265													
11	News 465791	Business Meet the Press 149352	Paid 22230	Cops 33807	Cops 74130	Ctdwn-Green 30710	NASCAR Racing Nextel Cup -- Banquet 400. From Kansas Speedway in Kansas City, Kan. (Live) (CC) 845333													
12	Today (CC) 65517	Meet the Press (CC) 81420	NASCAR Paid 22212	Euro 73492	Hawthorne Paid 72772	Ctdwn-Green 30710	NASCAR Racing Nextel Cup -- Banquet 400. From Kansas Speedway in Kansas City, Kan. (Live) (CC) 843975													
13	Thomas 36420	Make-Noddy 75807	Big Comfy Couch 32739	Zula Patrol 32604	The Saddle Club 65807	Family Adv. 66536	Program-Buildings and Other Roadside Stuff 58130	Lifeguest 69371	Teens OnQ 78994	Black Horizons 9420	Tony Brown's Journal 9623	Teens OnQ 8555	Teens OnQ 1468	Kitty Hawk: The Wright Brothers' Journey 56159	Cincinnati Pops: Take Me to the River (CC) 9807					
22	Paid Program 74284	Paid Program 82791	Paid Program 32333	Paid Program 70468	Paid Program 86265	Paid Program 87994	** The Neighbor (1993) Rod Steiger. A crazed doctor menaces a pregnant woman and her husband. 52197	** Thelma & Louise (1991, Drama) Susan Sarandon, Geena Davis. A near-rape abruptly turns two friends into hunted outlaws. 506284	Paid Program 32536	Paid Program 81979	Paid Program 23888									
24	Barney 69352	Jay Jay the Jet 84159	Bob the Builder 27401	George S. 65536	Sagwa-the Cat 71333	Auto B. Good 72062	Outlook 56888	McLaughlin Group 88975	Connection 9975352	To the Contrary 87246	Tony Brown 81915	Bake Deco-rate 47468	Sewing With Nancy 83772	Love of Quilting 42913	America Sews 21420	Kaye-Quilting 27604	Joy of Painting 95517	School-Fine Art 41284		
46	Van Impe Pres 6259246	Paid Program 9881246	Fox News Sunday With Chris Wallace 5689449	Paid Program 7176807	Paid Program 7177536	Fox NFL Sunday (Live) (CC) 9804197	NFL Football Regional Coverage -- Arizona at Atlanta, Dallas at Tennessee, Minnesota at Buffalo, N.O. at Carolina or S.F. at Kansas City. (Live) (CC) 5141739	NFL Football Regional Coverage 821913	NFL 81826	Bull Riding PBR Built Ford Tough Series -- U.S. Army Invitational. (Taped) 8405449										
53	Paid 12468	Discovery	Fox News Sunday 70389	Paid 11975	Paid 12604	Fox NFL Sunday 27888	NFL Football: Regional Coverage 821913	NFL 81826	Bull Riding: PBR 319604											
(A&E)	Breakfast With the Arts (CC) 223994	*** Philadelphia (1993, Drama) Tom Hanks, Denzel Washington. Premiere. Fired by his firm, lawyer with AIDS fights back. (CC) 884081	*** The Witches of Eastwick (1987, Fantasy) Jack Nicholson, Cher. Three divorcees try to conjure up their "dream man." (CC) 529642	Designing Blind 268772	Sell House 927913	Big Spender (CC) 906420	Big Spender (CC) 902604	Big Spender (CC) 270517	Big Spender (CC) 926284											
(AMC)	*** A Bridge Too Far (1977) Dirk Bogarde. An account of a disastrous 1944 Allied military operation. 4232468	Sun. Shootout 628265	** Destiny (1955) Audie Murphy, Mari Blanchard. A deputy who won't carry a gun becomes a laughingstock. 306456	*** The Appaloosa (1966) Marlon Brando. A cowboy tries to retrieve his horse from Mexican bandits. (CC) 511642	*** Man Without a Star (1955) Kirk Douglas. A rancher tries to get her foreman involved in a range war. 563826	Undefeated 250975														
(ANPL)	K-9 to 5	Breed 68159	Ultimate Dog 45333	Animals	Animals	Beauty of Snakes 74710	Romeo & Juliet 50130	Growing Up... (CC) 19420	Up Close and Dangerous (CC) 482915	Caught/Mom 49951										
(BET)	Celebration of Gospel '06 (CC) 166536	Top 25-Money 896265	Black History 447913	Black Couples 423333	Hottest Bodies 157888	Wayans	Wayans	Foxx 478623	Foxx 474807	Foxx 735420	Foxx 465159									
(BRAVO)	Inside the Actors Studio (CC) 241826	Million Dollar Listing "Hollywood" (CC) 252807	Million Dollar Listing "Hollywood" (CC) 265371	Million Dollar Listing "Hollywood" (CC) 265246	Million Dollar Listing "Hollywood" (CC) 274994	Project Runway "Couture du Jour" (CC) 193555	Project Runway "Black and White" (CC) 172062	Project Runway (CC) 107623												
(CMTV)	Pure Country 1986265	CMT Music 3923197	CMT Insider	Top 20 Countdown 3399888	Cheerleaders 1098062	Foxworthy's	My Truck	Cheerleaders 9924913	Foxworthy's	Foxworthy's										
(CNBC)	Paid 9417517	Paid 1085888	Paid 5372449	Paid 9406401	Paid 3885975	Paid 3886604	Paid 9420081	Paid 1089604	Paid 7427197	Paid 1088975	Paid 2605333	Paid 8051046	Paid 2624468	Paid 3001541	Paid 4356438	Paid 2451802	Paid 2629913	Paid 4451082		
(CNN)	Sunday Morn. 555130	Reliable Sources 580791	Late Edition With Wolf Blitzer (CC) 324178	This Week at War 519178	CNN Presents 878468	In the Money (CC) 812642	CNN Live Sunday 808449	CNN Live Sunday 442807												
(COM)	*** Ferris Bueller's Day Off (1986) Matthew Broderick, Alan Ruck. A brash teen and his friends have an adventure in Chicago. (CC) 3318913	** Committed (2000) Heather Graham. A woman follows her estranged husband to the Texas desert. (CC) 7391975	* Not Another Teen Movie (2001) Chylér Leigh. A football player begs he can turn a nerd into a prom queen. 7739642	*** Ferris Bueller's Day Off (1986) Matthew Broderick, Alan Ruck. A brash teen and his friends have an adventure in Chicago. (CC) 5270420																
(COURT)	Paid 5222449	Paid 6500371	Paid 7324807	Paid 5113333	Paid 2702710	** Where's the Money, Noreen? (1995, Mystery) 7337371	Fatal Affair (1998, Drama) C. Thomas Howell. 1060975	Hwood Heat	Hwood Heat	The Investigators 9240449										
(GSN)	College Football -- Game of the Week (N) 9856438	PBA Bowling 1992 6066064	Car Show	Car Show	Car Auction 6905449	Car Auction 8562333	Car Auction 8581468	Car Auction 7284807												
(DISC)	Keeli and Ivy: Chimps Like Us (CC) 942642	Chimps: A Whisper Away From Us 951265	NextFest 2006 Technology expo. (N) 931401	Pre-Human: Riddle of the Skull (CC) 964604	The Mystery of the Human Hobbit (CC) 973352	Walking With Dinosaurs Triassic Period. 232642	Walking With Dinosaurs (CC) 269536	Walking With Dinosaurs "Deep Impact" 271371	MythBusters "Buried in Concrete" (CC) 297284											
(DISN)	Mickey 7450604	Mickey 277081	Handy Manny 1825284	Handy Manny 6164371	Doodlebops 7522284	Charlie & Lola 191197	Lilo & Stitch 523772	Emperor New 288197	** Gotta Kick It Up (2002) Susan Egan, Camille Guaty. A teacher motivates a Latina dance team. (CC) 522178	Zack & Cody 185401	That's-Raven 844642	Naturally, Sadie 830449	Phil of Future 829333	Sister, Sister 197246	Life With Derek 843913					
(E)	Goldie & Kate: The E! True Hollywood Story 331913	EI News Weekend 478492	Daily 10	Soup 222820	Dr. 90210 272325	Dr. 90210 322265	Dr. 90210 359159	Dr. 90210 361994	Dr. 90210 "Action!" 387807											
(ESPN)	SportsCenter	Lines 327159	Reporters	SportsCenter	Sunday NFL Countdown (Live) (CC) 156933	The Contender 698284	Billiards 636284	Billiards 615791	Billiards 657642											
(ESPN2)	Whitetail	Adventures	Outdoors	Get Wild	Sportsman	Ocean	Drag Race	NHRA 2day	Sunday Mass 9435333	Litany Heart	Racing Music 4840807	Joy of Music	Divine Mercy	Rosary	Carmelite	St. Therese	Classics	Catholicism		
(EWTN)	Litany Heart	Bookmark	Rome	Faith-Culture	Finding God	Holy Rosary	** Chasing Liberty (2004) Mandy Moore, Matthew Goode. (CC) 397130	** Uptown Girls (2003) Brittany Murphy. (CC) 872130	*** Grease (1978) John Travolta. 612826											
(FAM)	Full House	Full House	Boy World	Boy World	Grounded	Grounded	** Heaven and Earth (1990) Takai Enoki. Two 16th-century Japanese warlords battle for supremacy. 56078333	** Mindwalk (1991, Drama) Liv Ullmann. A poet, politician and scientist discuss the world's state. (CC) 7330468	** Planet of the Vampires (1965) Barry Sullivan, Norma Bengell. 9296791	** He's My Girl (1987, Comedy) T.K. Carter, David Hallyday. 9040325										
(FLIX)	Lone Wolf 35506913	** Dr. Goldfoot and the Bikini Machine (1965) Vincent Price. (CC) 59129197	** Heaven and Earth (1990) Takai Enoki. Two 16th-century Japanese warlords battle for supremacy. 56078333	** Mindwalk (1991, Drama) Liv Ullmann. A poet, politician and scientist discuss the world's state. (CC) 7330468	** Planet of the Vampires (1965) Barry Sullivan, Norma Bengell. 9296791	** He's My Girl (1987, Comedy) T.K. Carter, David Hallyday. 9040325														
(FOOD)	Good Deal	Party-Hearty	Boy Grill	Cooking	Lee 4875420	Minute Meals	Every-Italian	Contessa	Nigella	Entertaining	Restaurant	Behind Bash	Cereal-Scapes 4887265	Flay 2994994	Road Tasted	Ham 6487913	Secret Life of			
(FOXSP)	HS Practice	Penn State	Football Prev. 607333	FLW Outdoors (N) 627197	Fishing	Sports Talk	Pirates	Update	Poker 559062	Helmets Off	In Focus	Chris Myers	Bowling: AMF 918791	Beach Volley. 569449						
(FX)	*** Courage Under Fire (1996, Drama) Denzel Washington, Meg Ryan. Officer reviews medal candidacy of female helicopter pilot. 9956555	** Arlington Road (1999) Jeff Bridges. A professor learns his new neighbors have a sinister agenda. 2714536	** Tears of the Sun (2003, Action) Bruce Willis, Monica Bellucci, Cole Hauser. Navy SEALs protect Nigerian refugees from ruthless rebels. 8387389	*** The Green Mile (1999, Drama) Tom Hanks, David Morse. 1066352																
(GOLF)	Paid 7414159	Paid 1838536	Paid 1002265	Paid 7436371	Big Break 3918265	Big Break VI: Trump National 1530642	Countdown	Paid 3544951	Paid 4607888	Paid 4899848	Paid 4602333	Sutton, Toms 9906517	Golf 9849343	Lessons						
(HALL)	** In the Presence of Mine Enemies (1997) 1777642	Naomi-Morning 5282739	Diagnosis Murder 9442623	*** Columbo (1968) Peter Falk, Gene Barry. 1748130	Matlock "The Suspect" (CC) 6679371	McBride: Tune 7068325														
(HBO)	*** Batman Begins (2005, Action) Christian Bale, Michael Caine. Bruce Wayne becomes Gotham City's Dark Knight. (CC) 228401	Chernobyl Heart (CC) 98389371	*** Clear and Present Danger (1994, Suspense) Harrison Ford, Willem Dafoe. CIA chief combats Colombian drug cartels. (CC) 963062	*** In God Company (2004) Dennis Quaid. A demoted worker's younger boss is dating his daughter. 220888	*** Batman Begins (2005) Christian Bale. 264178															
(HBOP)	** Clue (CC) 96226352	*** Spanglish (2004) Adam Sandler. A housekeeper works for a chef and his neurotic wife. (CC) 29889062	*** Lorenzo's Oil (1992) Nick Nolte, Susan Sarandon. Intellectual parents race to save son from rare disease, ALD. (CC) 49277555	*** City Slickers II: The Legend of Curly's Gold (1994, Comedy) Billy Crystal, Daniel Stern. (CC) 5777197	Dare to Dream: U.S. Women's Soccer Team 5892468	*** The Girl in the Café (2005) Bill Nighy. 16066587														
(HGTV)	Curb 7432555	Curb 1823604	House Detect	House Detect	My House	Open House	What Get	Open House	Home to Go	Tech Toys	I Want That!	Kitchens	Kitchen	Small Space	Cash in Attic	Extreme	Nat. Hardware 8594456			
(HIST)	To Be Announced 5619333	*** The Comancheros (1961) John Wayne, Stuart Whitman. Outlaws sell liquor and guns to a madman's Comanche army. (CC) 5001371	TBA 9878772	The End of World War II Nazi plunder; secret weapons; Adolf Hitler's death. (CC) 9057410																
(HSN)	ProForm Ftss 2827130	It's Sew Easy 5347820	Electronic 1947064	Gateway Exp. 2537826	ProForm Ftss 2513246	Simmons Matt. 9182997	Travel Necessities 6629623	Electronic 6608130	ProForm Ftss 6115284											
(LIFE)	Paid 424536	Health	Stranger in My Home (1997) Veronica Hamel. (CC) 145517	A Killer Within (2004) C. Thomas Howell. (CC) 419739	** Night Sins (1997) Valerie Bertinelli, Harry Hamlin. A boy's kidnapping shatters a quiet Washington town. (CC) 322975															
(MAX)	*** Million Dollar Baby (2004) Clint Eastwood. A cantankerous trainer bonds with a female boxer. 52631401	** Above the Law (1988) Steven Seagal. A CIA-sponsored drug cartel is uncovered by a Chicago cop. 82022230	*** Soul Food (1997) Vanessa L. Williams. Domestic troubles and illness threaten a close-knit family. 412826	*** Next of Kin (1989) Patrick Swayze. A hill clan stalks the mobsters who killed their brother. (CC) 9499913	** Land of the Dead (2005) Simon Baker. 62683265															
(MMAX)	** Cool World (1992, Fantasy) Kim Basinger, Gabriel Byrne. (CC) 26878159	* White Noise (2005, Suspense) Michael Keaton, Chandra West. (CC) 94695130	** Kingdom of Heaven (2005) Orlando Bloom, Eva Green, Jeremy Irons. A young knight protects Jerusalem from invaders. (CC) 73339888	** Taxi (2004, Comedy) Queen Latifah. A bumbling policeman and a cabby chase bank robbers. (CC) 76608771	*** The Hunt for Red October (1990) Sean Connery, Alec Baldwin. (CC) 41418772															
(MSNBC)	MSNBC News Live 9222159	MSNBC News Live 2987230	MSNBC News Live 8587474	MSNBC News Live 6160772	MSNBC News Live 6179420	MSNBC News Live 8062915	MSNBC News Live 6925333	Manson Womn 6944468	Betty Brodicker 5134807											
(MTV)	ET 419604	Laguna	Laguna	Two-A-Days	Two-A-Days	Two-A-Days	Parental	Parental	Parental	Parental	Laguna	Laguna	Laguna	Little Talent	Little Talent					
(NICK)	SpongeBob	SpongeBob	OddParents	OddParents	Mikey 255333	Shuriken	Danny Phant.	Danny Phant.	Thornberrys	Hey Arnold!	Nicktoons TV	Nicktoons TV	Nicktoons TV	Nicktoons TV	Nicktoons TV	Nicktoons TV	Nicktoons TV	Nicktoons TV	Ginger	
(OVC)	Joan Rivers Classics Collection 3290468	Master Bedroom 1877197	In the Kitchen With Bob 3293555	Great Gifts 3274420	Christmas Shoppe 5120710	Around the House 6259178														
(SCIFI)	Alien Abduction (2005) Megan Lee Elthridge. 4763611	** Alien Siege (2005) Brad Johnson, Erin Ross. 4276265	Alien Hunter (2003) James Spader, Janine Eser. 6167389	** The Hulk (2003, Fantasy) Eric Bana, Jennifer Connelly, Sam Elliott. 1357791																
(SHOW)	** The Californians (2005) Noah Wyle, Ileana Douglas. iTV. (CC) 84970130	*** A Jersey Tale (2003) Rafael Sardina, David Margulies. iTV. (CC) 85310325	** A Love Song for Bobby Long (2004, Drama) John Travolta, Scarlett Johansson. iTV. (CC) 65061246	** Sky Captain and the World of Tomorrow (2004) Gwyneth Paltrow, Jude Law. iTV. (CC) 48412371	** Donnie Darko (2001) Jake Gyllenhaal. iTV. A prophetic rabbit tells a teen that the world will end. (CC) 424401															
(SHOW2)	** Buffalo Bill and the Indians (1976) Paul Newman, Burt Lancaster. An aging huckster peddles his legends at a carnival show. (CC) 41259265	** My Life So Far (1999) Colin Firth, Rosemary Harris, Irene Jacob. (CC) 82215826	Busting Out (2004, Documentary																	

MONDAY-FRIDAY Daytime

	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30	
2	Pittsburgh Today Live 60395	Guiding Light 88666	The Price Is Right 68802	News 73111	The Young and the Restless 481463	Bold & B. 11869	As the World Turns 69043	Dr. Phil 5983	News 9208	News 2276									
4	Live With Regis and Kelly 55463	Rachael Ray 73734	The View 93598	News 75579	Access H-wood	All My Children 95821	One Life to Live 54111	General Hospital 5869	Oprah Winfrey 4376	News 5024									
5	Live With Regis and Kelly 93647	Martha 35598	The Price Is Right 15734	News 89555	The Young and the Restless 996573	Bold & B. 28173	As the World Turns 83647	Guiding Light 69956	Judge 4666	Judge J. 3550	News 1463	News 4802							
7	Montel Williams 11043	Rachael Ray 20666	The Price Is Right 44442	News 99173	The Young and the Restless 691901	Bold & B. 53869	As the World Turns 30753	Guiding Light 54024	Judge J. 9734	Judge J. 5918	News 6531	News 9598							
9	Today 981802	Live With Regis and Kelly 57734	The Ellen DeGeneres Show 77598	News 68376	Friends 83173	Days of our Lives 11956	Passions 38111	Dr. Phil 74802	Oprah Winfrey 93937	News 9647	Seinfeld 6424								
11	Today 916598	The Ellen DeGeneres Show 42802	Montel Williams 62666	News 53444	Feud 18869	Be a Millionaire 22240	Passions 30579	Days of our Lives 93258	Judge J. 5376	Judge J. 4260	News 12463								
12	Today 907840	The 700 Club 40444	Rachael Ray 60208	News 84314	Griffith 58181	Days of our Lives 68006	Passions 21821	Dr. Phil 90840	Oprah Winfrey 86647	News 5685	News 6482								
13	Dragon 95444	Big World 36289	Sesame Street 20753	Mr Rogers 40869	Teletubbs 41598	Barney 15208	On Q 30005	Charlie Rose 28260	Varied 3869	Sit-Be Fit 6444	Reading 2376	Maya 8289	Arthur 2604	Cyberchase	Postcards 7821	Dragonfly 2460			
22	Paid 33208	Paid 67753	The Megan Mullally Show 51227	Jerry Springer 31463	Cheaters 13444	Roseanne 78869	Roseanne 42579	Frasier 60840	Still 87869	Still 80444	Court 66376	Court 92289	The Greg Behrendt Show 48005	Dr. Keith Ablow 80956					
24	Dragon 28376	Big World 52821	Sesame Street 46395	Caillou 42821	Barney 43550	Teletubbs 31840	Sit-Be Fit 63937	Varied Programs 9942024	Lions 72937	Mr Rogers 66640	Cliff Pup 51444	Curious 10685	Cyberchase	Arthur 95376	Maya 63289	Homewrk 19956			
46	Maury 5693395	The People's Court 5649821	Hatchett 7143579	Hatchett 7144208	Judge Mathis 9871869	The People's Court 9857289	Varied 3022666	Paid 5398937	The Megan Mullally Show 7148024	Montel Williams 7127531	King-Hill 3013918	Raymond 5392753							
63	Life Tod 64192	Eye Eye 90127	Divorce Ct. 39531	Divorce Ct. 60376	The 700 Club 79647	The Tyra Banks Show 88260	Maury 40668	Hatchett 34555	Hatchett 42208	Judge 11840	Judge 47753	Jerry Springer 85717	Maury 84032						
(A&E)	M 24 462579		City 480840	Justice 477376	Cold Case 400579	Crossing 419227	24 745289	24 772173	City 791208	Justice 793531									
	Tu Airline	Airline	City 917067	Justice 997203	Cold Case 937796	Crossing 913116	Investigative 265116	Airline	Airline	City 211135	Justice 237048								
	W Airline	Airline	City 362636	Justice 375100	Cold Case 375075	Crossing 384723	Joel Rifkin 643013	Airline	Airline	City 666704	Justice 608655								
	Th Pro Wrestling 176414	City 806143	Justice 893679	Cold Case 819582	Crossing 828230	Unreal Story of Pro Wrestling 820563	City 193921	Justice 135872											
	F Third Watch 261322	City 399544	Justice 379780	Cold Case 476032	Crossing 485780	Third Watch 651896	Third Watch 873896	City 885631	Justice 982983										
(AMC)	M Harry & Tiger 33818258	** No Way Out (1950) Richard Widmark. 10928840	** Target (1985) Gene Hackman, Matt Dillon. 879918	** High Plains Drifter (1973) 647111	Pale Ri														
Tu *** Hello, Dolly! (1969) 341845	*** Sweet Dreams (1985) Jessica Lange. 295319	*** Mother, Jugs & Speed (1976) 559048	*** White Hunter, Black Heart (1990) 927406																
W *** The Great White Hope 14648094	** The Bonfire of the Vanities (1990) 5178723	** Bachelor Party (1984) 5178723	Down and Out in Beverly Hills 6900100	Private B.															
Th Tales-Man. 26890389	*** Cocoon (1985) Don Ameche. 84538230	** Cocoon: The Return (1988) Don Ameche. 69868292	*** The Man From Snowy River (1982) 90143230	Pale Ri															
F Demetrius-Glad 721322	** Island in the Sky (1953) 30211631	*** The Shepherd of the Hills 3296546	*** Pale Rider (1985) Clint Eastwood. 61396362	El Dorado 55867167															
(ANPL)	Backyard 26956	Adoption 27173	Animal Miracles 20395	Vets 33111	Vets 34840	Animal Cops Detroit 40024	Varied Programs 26444	Growing Up... 45956	Animals 13869	Animals 85273	Corwin's Quest 59173								
(BET)	Jamie F. 234024	Jamie F. 975869	Parkers 683376	Parkers 230208	106 & Park: BET's Top 10 Live 231289	Hotwired 979685	BET Now 604869	Center 253024	Varied 900395	Rap City 232531	Wayans 286227	Wayans 909666							
(BRAVO)	M Work Out 778043	Work Out 789024	Columbo "Any Old Port in a Storm" 984983	Kathy Griffin 785173	Kathy Griffin 182983	Movies 611024	Movies 690531	Movies 634840											
	Tu Inside the Actors Studio Al Pacino. 597628	** Ransom for a Dead Man (1971) 526390	Runway 212390	Runway 571680	Runway 148241	Million 134048	Million 178357												
	W Million 650839	Million 661810	Runway 658346	Runway 681549	Runway 690297	Runway 942297	Runway 682758	Runway 598365	Runway 516636										
	Th Runway 161018	Runway 196679	Columbo 175292	Outra	Cirque du Soleil: Alegria 457292	Million 446853													
F Inside the Actors Studio 906631	Columbo 619709	Outra	Top Chef 654631	Top Chef 997983	Top Chef 554032														
(CMTV)	CMT Music 5997043	Varied Programs 9977013						CMT Power Picks 9972550	Varied Programs 9336463										
(CNBC)	Squawk 5174227	Morning 7470289	Morning 7483753	Power Lunch 5352685	Street Signs 5333550	Closing Bell 3857192	Closing Bell 3876227	Kudlow 2675192											
(CNN)	American Morning 697314	Newsroom 319640	Your World Today 664717	Newsroom 356289	The Situation Room 959260														
(COM)	Mad TV 1960227	Varied 1761810	Movie 1887802	Varied Programs 7496753	Mad TV 1806937	Varied 1748969	Daily 5049181	Colbert 4676918	Mad TV 9989840	Varied 4542907	Mad TV 9975647	Varied 4587070	Movie 7484918						
(COURT)	Bloom & Politan: Open Court 7301956	Best Defense 3052918	Banfield & Ford: Courtside 7372444	Nancy Grace: Closing Arguments 9275208	Catherine Crier 9200821														
(CSN)	PBA Bowling 9165579	MLB Baseball 6606460	Billiards 2206604	PBA Bowling 8620996	Schwab 8006640	Drill 4761032	College Football 8790666	Century 1428208	Varied 9873937	NBA Basketball 7744192									
(DISC)	Varied Programs 460111	American Chopper 462444	American Chopper 482208	Varied Programs 408111	The New Detectives 743821	The FBI Files 787005	48 Hours: Hard Evidence 799840	Cash Cab 729956	Cash Cab 442395										
(DISN)	Handy 736753	Doodlebops	Charlie 732442	Koala Bro 6131043	Wiggles 7566628	Higgly 146883	Lilo Stitch 631109	Mermaid 799376	Timon 772734	Buzz Lightyear 633111	Whiskers 633111	Proud 376314	Dragon 629918	Kim 348531	Varied Programs 367666				
(E)	Varied Programs 934647	El News 861192	Daily 10 547636	Varied Programs 581444															
(ESPN)	SportsCenter 555753	SportsCtr. 382357	Varied 515956	SportsCenter 362593	Baseball 868579	Varied Programs 7493365	Lines 799471	NFL Live 177579	Baseball 778988	MLB Baseball 273357	Varied Programs 172024								
(ESPN2)	M Mike Mike 8360550	Cold Pizza (Live) 6566937	Cold Pizza 7373173	Streetball	Streetball	Streetball	Streetball	Poker 2762192	Poker 9219579										
	Tu Mike Mike 8337222	Cold Pizza (Live) 6533609	Cold Pizza 7340845	Wire	Sports	Tournament 2750357	Poker 2739864	Poker 9279951											
	W Mike Mike 8231094	Cold Pizza (Live) 6420181	Cold Pizza 7244617	NBA	Streetball	Streetball	Streetball	Poker 2633636	Poker 9173723										
	Th Mike Mike 8208766	Cold Pizza (Live) 6497853	Cold Pizza 7211389	Auto	DragRace	DragRace	DragRace	Poker 2430389	Poker										
F Mike Mike 8275438	Cold Pizza (Live) 6464525	Cold Pizza 7271761	Billiards 7292254	Billiards 2681273	Billiards 2660780	Paintball 9117167													
(EWTN)	Varied Programs 8108482	Holy Rsrly 4841463	Daily Mass: Our Lady 9402005	Varied Programs 9411753	Mercy 1428208	Rosary 1186519	Varied Programs 2969208												
(FAM)	The 700 Club 631647	Living 937208	Step-Step 944463	Gilmore Girls 660024	Full Hse. 968043	Full Hse. 683840	Boy Mts. World	Boy Mts. World	Grounded 525227	Grounded 228802	Full Hse. 504734	Full Hse. 230647	Sabrina 242482	Sabrina 248666	7th Heaven 528314				
(FLIX)	M It Runs	*** My Girl (1991) 44416598	Here Comes 4494753	* Avalanche (1969) 99384208	It Runs in the Family 4182821	** Notting Hill (1999) 54971918													
	Tu ** Foxfire Light 98496319	Sister Act 2: Back in the Habit 47300883	*** The Last Waltz (1978) 8833086	*** Barbarosa (1982) 4159593	** Sam Whiskey 5176512	Eagle													
	W ** Mindwalk (1991) 8702384	** Ghosts of Mississippi (1996) 91283075	Little Girl-Lane 62103100	*** Yentl (1983) Barbra Streisand. 82905452	** Mad Love (1995) 12621346														
	Th The Man in the Moon 88820292	*** The Charge of the Light Brigade (1968) 40113785	* Troll 2 (1992) 3547698	** Mixed Company (1974) 50005230	Son-Pink Pnthr 80001785														
F Under	*** Deadlier Than the Male 44314186	Elevator to the Gallows 4392341	** Heaven and Earth (1990) 88302902	*** The Field (1990) 4771341	Crusoe 66063457														
(FOOD)	Paid 7590774	Varied 9414840	Saras 1729005	Mario 4713258	Boy Grill 4842192	Entertain 4843821	Contessa 4513050	Lee 9425956	Cooking 5248395	Italian 9424227	Emeril 6430005	Minute 2970314	Food 911 6442840	Entertain 2942531	Cooking 2961666	Italian 2950550	Contessa 6454685	Lee 2941802	
(FOXSP)	Paid 430111	Paid 171956	Paid 421598	Paid 436395	Varied Programs 445918														
(FX)	M Spin City	Spin City	Dharma	Dharma	*** Confidence (2003) 2771821	Fear Factor 9426685	Spin City	Spin City	Dharma	Dharma	Married... Married... Married... Married...								
	Tu Spin City	Spin City	Dharma	Dharma	** One Man's Justice (1995) 2748593	Fear Factor 9493357	Spin City	King-Hill	King-Hill	70s Show	70s Show	King-Hill	King-Hill	70s Show	70s Show				
	W Spin City	Spin City	Dharma	Dharma	** A Walk on the Moon (1999) 2642365	Spin City	King-Hill	King-Hill	*** X2: X-Men United (2003) Patrick Stewart, Hugh Jackman. 5518346										
	Th Spin City	Spin City	Dharma	Dharma	** The Assignment (1997) 2619037	Fear Factor 9357501	Spin City	Spin City	Dharma	Dharma	King-Hill	King-Hill	70s Show	70s Show					
F Spin City	Spin City	Dharma	Dharma	* Stealth Fighter (1999), Ice-T 2686709	Fear Factor 9324273	Spin City	Spin City	Dharma	Dharma	King-Hill	King-Hill	Married... Married...							
(GOLF)	Paid	Paid	Paid	Paid	Varied Programs 3985937														
(HALL)	The Waltons 8182444	Little House on the Prairie 5239647	Little House on the Prairie 5242111	Touched by an Angel 9419395	Matlock 9428043	Matlock 1735666	Little House on the Prairie 4869869	Little House on the Prairie 4848376	M*A*S*H 6436289	M*A*S*H 2956734									
(HBO)	M Warm	*** Red Eye (2005) 882005	** Kicking & Screaming (2005) 95507376	Til Next Year 879685	*** Independence Day (1996) Will Smith. 893598	** Fantastic Four (2005) 553395													
	Tu Monster	** French Kiss (1995) Meg Ryan. 341654	*** Walk the Line (200																

MONDAY-FRIDAY Daytime

	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30																							
(HBO2)	M	Roll Bounce 9195444	Real Sports 1606463	* The Avengers (1998) 9508753			*** Dirty Rotten Scoundrels 3389668			** Fever Pitch (2005) 86098550			** White Sands (1992) 82217918																												
	Tu	Next Year 3326609	*** The Interpreter (2005) 15270864			Inter	*** The Ice Storm (1997) 1189280			Beslan 4135241			Aces: Iron Eagle III 23625135		Amistad 77382116																										
	W	Big Top 4099704	*** Chicken Run 6694568			*** Robots (2005) 4038384			*** The Associate (1996) 9080568			** The Shadow (1994) 1847568			** Wayne's World 2 98560029																										
	Th	Class Act 85293056	*** Walk the Line (2005) Joaquin Phoenix. 96116940			City Slickers II-Carly's Gold 4733704			Mantle 4006785			*** Being Julia 23596679			Another 48 81715835																										
F	** Fever Pitch (2005) 34405457			The Girl in the Café 3472186			*** Lackawanna Blues (2005) 84096612			** Bread and Roses (2000) 3985099			Conservative 7626493																												
(HGTV)	Duval	Duval	Room	Scrapbook-	B Original	Designing	Clever	Painted	Decorating	Sensible	Mission	Designer	Get Color	Designers	My First	FreeStyle	Design	Design																							
	7409227	1890376	1064005	ing	9977005	9978734	7489463	1894192	1893463	9544591	4692956	6594276	4664173	Place	4672192	5849983	4663444																								
(HIST)	M	To Be Announced 4845208						Marvels 9873227			To Be Announced 6388802																														
	Tu	To Be Announced 4805680						Marvels 9840999			To Be Announced 6355574																														
	W	To Be Announced 4709452						Marvels 9737471			To Be Announced 6259346																														
	Th	To Be Announced 4776124						Marvels 9704143			To Be Announced 6226018																														
	F	To Be Announced 4743896						Marvels 9771815			To Be Announced 6286490																														
(HSN)	Varied Programs 2894802																																								
(LIFE)	Golden	Golden	Frasier	Frasier	Will	Will	Still	Still	Reba	Reba	Movie				Golden	Golden	Still Standing	Still																							
	951753	692598	933482	957937	582647	583376	948289	696314	677314	695685	226579				255956	244840		235192																							
(MAX)	M	** Rebound (2005) 481550			** Domino (2005, Action) 17453802			Delta Force 2-Colombian 85266666			** Indecent Proposal (1993) 321579			** The Cowboy Way 3644208																											
	Tu	* A Sound of Thunder (2005) 23706512			Batman 8079609			*** Batman (1989) Jack Nicholson. 57069929			Melvin and Howard 2768749			*** Cinderella Man (2005) 16905057																											
	W	Int. Affair	* Picture Perfect 8806013			** Major Payne (1995) 29021181			** Domino (2005, Action) 44096839			** Trilogy of Terror II 485097			*** White Palace 4200742																										
	Th	Around Bend 816501	** Land of the Dead 2792037			** Moving (1988) 7647785			** Must Love Dogs (2005) 33510921			The Road Warrior 93559785			Miss Congeniality 2 803037																										
F	LittlePrn 19391780	** The Ring Two (2005) 74361728			** Regarding Henry (1991) 9495326			*** Sideways (2004) 63095983			** Shocker (1989) Premiere. 7808235																														
(MMAX)	M	Moving 56375192	Dodgeball: Underdog 55717753			** Ricochet (1991), Ice-T 58033821			*** Assault on Precinct 13 93395647			** Falling Down (1993) 6254753			Dukes																										
	Tu	Head 64073406	* Major League II (1994) 45591628			** Shark Tale (2004) 6032203			** Crossworlds (1996) 3059932			*** The Upside of Anger (2005) 7086883			** Wolf 13838406																										
	W	*** The Last of the Mohicans 62862617			* White Noise (2005) 8853177			*** Risky Business (1983) 30484013			*** Kingdom of Heaven (2005) 5568636			Vanishing 2326167																											
	Th	Vanity	*** Assault on Precinct 13 47856940			** Small Time Crooks 2280327			* Sliver (1993) Sharon Stone. 27037389			*** Cinderella Man (2005) Russell Crowe. 5538495			Ricochet																										
F	AgelInnoc	*** Field of Dreams (1989) 47823612			Dodgeball: Underdog 2257099			** Domino (2005, Action) 31584438			*** Losing Isaiah (1995) 60460032			** Doom 41974186																											
(MSNBC)	MSNBC News Live 9282531			MSNBC News Live 6282442			MSNBC News Live 2882686			MSNBC News Live 6137444			MSNBC News Live 6146192			MSNBC News Live 2367127			The Most 6992005		Tucker 6904840		Hardball 5101579																		
(MTV)	The Big Ten 639289			Varied Programs 648802			Parental 500043			Parental 974131			Varied Programs 677289			TRL 342289			Parental 246208			Parental 507821		Parental 220260																	
(NICK)	Dora 775395	Go Diego 483802	Blue's Clues	Backyard 771579	Pets 773802	Wubbzy 774531	LazyTown 755531	Rugrats 494918	Rugrats 484666	Thornberr 493289	Sponge 703918	Sponge 439821	Neutron 715753	Neutron 441666	OddParents	OddParents	Sponge 727598	Drake 440937																							
(QVC)	Varied Programs 4974208																																								
(SCIFI)	Varied Programs 9291289															Ripley's Believe It or Not! 6913598		The X-Files 5103937																							
(SHOW)	M	** Bean (1997) 85973956			*** My Little Girl (1986, Drama) 5376463			** Thunderstruck (2004) 77197802			Welcome Back 2307685			** Enduring Love (2004) ITV. 59970685																											
	Tu	** Bobby Jones: Stroke of Genius (2004) 12654154			Lemony Snicket's Series 374319			*** Crimson Tide (1995) 66409593			The Stepford Wives 61728777			Big Easy 19663970																											
	W	As Good	** Valerie Flake (1999) 201177			*** A Jersey Tale 5275452			*** Cowboy del Amor 9273365			*** Mean Creek 3032013			*** As Good as It Gets (1997) ITV. 43018094																										
	Th	* Dream a Little Dream 2 (1994) 39198018			** The Hiding Place 61402872			*** My Little Girl (1986) iTV. 9307921			** Mixed Nuts (1994) 22538489			** Enduring Love (2004) ITV. 97730360																											
F	While You 25616322			** Donnie Darko 41312341			** Bookies (2003) 1741051			*** Muriel's Wedding (1994) 35216032			*** Crimson Tide (1995) iTV. 886983			Donnie Dk 1921322																									
(SHOW2)	M	Agnes 92583734			A Month by the Lake 9914550			Sky Captain-World 67615840			** Saturn 3 (1980) 64385444			** Shadow of Fear 5172173			Confessions 7643181																								
	Tu	*** Eleni (1985) Kate Nelligan. 3209116			** Curse of the Pink Panther 2453131			** Sheena (1984) Tanya Roberts. 41334067			*** Cyrano de Bergerac (1990, Romance) 80154338			Hanover																											
	W	Grave 61451839			** Richie Rich (1994) 55666075			** Grand Champion (2002) 58902907			Blue Demon (2004) 64256988			Busting Out 8150723			** Diary of a Mad Black Woman 6175162																								
	Th	Jules Jim	Pink Panther 29902132			** Thunderstruck (2004) 20758124			*** Agnes of God 1171132			** Quicksilver (1986) 82401259			** Ride (1998) 5745124																										
F	Bobby Jones: Stroke of Genius 60488631			*** Coach Carter (2005) Samuel L. Jackson. 82116148			Lemony Snicket's Series 93294964			** Beyond the Sea (2004) 7906693			Keeper																												
(SPIKE)	The A-Team 125937			The Equalizer 134550			The Shield 154314			World's Most Amazing Videos 163937			Star Trek: Deep Space Nine 172685			Star Trek: Deep Space Nine 424685			Star Trek: The Next Generation 442821			Star Trek: The Next Generation 461956			Star Trek: The Next Generation 730604																
(TBS)	Dawson's Creek 866573			Movie 719686			Home Im 313579			Home Im 927338			NewsRadio			Cosby 464519			Harvey 963463			Harvey 606666			Home Im 982598			Home Im 601111			Yes, Dear 697918			Yes, Dear 686802			King 987043			King 600482	
(TCM)	M	Witness 4013685			** Eyes in the Night 5127442			** Janie Gets Married (1946) 95912956			** Always Together 6764840			*** Wallflower (1948) 9821482			Mex. Spitfire 60061753																								
	Tu	MilkyWay			*** My Favorite Wife 1909390			*** Going My Way (1944) 14485661			*** Love Affair (1939) 5002715			*** Show Boat (1936, Musical) 56945319			*** Penny Serenade 2563680																								
	W	Pilot			*** Thousands Cheer (1943, Musical) 62460075			** Bathing Beauty (1944) 1601655			*** Anchors Aweigh (1945) Frank Sinatra. 2908162			*** Show Boat (1951) 2656568																											
	Th	Fighting Father Dunne 6591969			** Dark Delusion 86476698			** Many Rivers to Cross (1955) 92607105			** All the Brothers Were Valiant 6847698			*** Gaby (1956) Leslie Caron. 6382414																											
F	Star-Born 1622148			3 Loves 6133983			*** My Man Godfrey (1936) 25386970			*** Nothing Sacred 8014099			** Fools for Scandal 6886693			*** The King and the Chorus Girl 6359186																									
(TLC)	Baby 434937	Baby 168482	Baby 418024	Baby 423821	Wedding 432444	Proposal 433173	What Not to Wear 158005	Younger 150598	Younger 178869	Baby 685555	Baby 707260	Mother 130640	Baby 719005	Trading Spaces 456024	Chef 685735	Chef 718376																									
(TNT)	Charmed 118647			ER 127260			ER 147024			Judging Amy 156647			Judging Amy 165395			Law & Order 417395			Law & Order 435531			Charmed 454666			Charmed 235014																
(TOON)	Looney 9402685	Looney 1070956	Scooby 5334289	Peppa 9408869	McBoing 3870043	Dinosaurs 3848444	Tom & Jerry 1060579	Krypto 7489937	Varied Programs 1073043			Ben 10 3091898			Tn-Titans 8451442	Pokémon 2681753	Yu-Gi-Oh! 2687662																								
(TRAV)	Epicurious	Epicurious	Varied Programs 5257043			Europe 4842192	Gr. Hotels 4843821	Taste 4513050	Made 9425956	Varied Programs 9413111			Homes 6430005	Homes 2970314	Varied Programs 4854937			Globe Trekker 4833444	Varied Programs 6433192																						
(TVL)	Bonanza 282260			Varied Programs 113666			The A-Team 114395			Bonanza 132531			Gunsmoke 151666			Leave 167192			Griffith 880531																						
(USA)	M	Ranger 666555			Ranger 660686			Ranger 848882			* Rollerball (2002) Chris Klein. 386550			** Eye for an Eye (1996) 868686			*** Exiled: A Law & Order Movie 984956																								
	Tu	Ranger 535512			Ranger 553883			Ranger 540319			Ranger 573512			* Half Past Dead (2002) 821796			*** The Hurricane (1999) Denzel Washington. 872390																								
	W	Ranger 686159			Ranger 991162			Ranger 911926			The Flintstones in Viva Rock Vegas 268346			** Kindergarten Cop (1990) 955100			*** Meet the Parents (2000) 859452																								
	Th	Ranger 417308			Ranger 442969			** K-PAX (2001, Drama) Kevin Spacey. 368495			** Daylight (1996) Sylvester Stallone. 762178			PGA Golf: Chrysler Classic 377921																											
F	Ranger 818254			Ranger 933902			Ranger 920438			Ranger 640542			*** 12 Monkeys (1995) Bruce Willis, Brad Pitt. (DVS) 201167			PGA Golf: Chrysler Classic 349001																									
(VH1)	Jump Start 637647			Fresh 598869			Varied Programs 894395																																		
(WE)	Paid 9486647			Paid 1054918			Movie 1067482			Movie 5354043			Varied Programs 3982051			TBA 5342208			Varied 1900312			To Be Announced 3859550			To Be Announced 3878685			To Be Announced 2677550													
(WGN)	Rockford Files 772869			Magnum, P.I. 776550			Homicide: Life on the Street 796314			Da Vinci's Inquest 703579			News 712227			The Greg Behrendt Show 287717			America's Funniest Home Videos 608550			Moesha 352734			Moesha 358918			Even 619531			Lizzie 372598										
(TMC)	M	** Niagara Niagara 18477531			Storefront 76587173			* Shopping (1994) 3835192			The French Lieutenant's Woman 20144043			** Wicker Park (2004) 89553753			Final Cut 40629444																								
	Tu	Love	Beast-Hollow 56832715			Love Me if You Dare 9570680			*** Rollerball (1975) Premiere. 55248970			** Ishtar (1987) Warren Beatty. 18193970			*** Withnail and I 64413338																										
	W	I David	*** Diva (1981), Frédéric Andréi 8762452			*** My Dinner With Andre 67825568			New Waterford Girl 3443433			** A Slipping-Down Life (1999) 45588452			Sunset 42787075																										
	Th	Silverado	Bustin' Bonaparte 69568018			*** Ghostbusters (1984) 81879969			Premonition (2004) 7414768			** Burnt Offerings (1976, Horror) 1041308			* Lethal Dose (2004) 64386230																										
F	Heathcliff 1733186			** Walking Tall (2004) 2997362			** Love Field (1992) 76827761			** The Final Cut 3402186			*** Swept From the Sea (1997) 43988457			Mind Gap 47260490																									
(IND1)	M	(Off Air)			Pimp Wife 1691531			Girls Wild 2797802			Mail Order 2706550			Naked 9104192			All Girl 5443734			WWE Fanatic Series 6213956																					
	Tu	(Off Air)			Jameson 1668203			Nude 2764574			Girls 2773222			Czech Girls 9171864			Video Girls 5410406			Pimp Wife 5422241			TNA 3760241																		
	W	(Off Air)			Nude 1562075			Miss Nude 2668346			Suprmodel 2677094			Jameson 9075636			All Girl 5314278			Stag Sexy 5326013			Da Vinci 6164636																		
	Th	(Off Air)			Strip Party 1539747			Jameson 2635018			Wild Girls 2644766			Nude 9042308			Flicks 5374650			Pornstar 5393785			UFC 63 3631785																		
	F	(Off Air)			Nude 1506419			Girls 2695490			Calendar 2611438			Czech Girls 9002780			Swingers 5341322			Blind Date 5360457			5th Wheel 6191780																		
(IND3)	M	(Off Air)			Pam Anderson Roast 9511227			Pam Anderson Roast 9955192			Pam Anderson Roast 4939821			Pam Anderson Roast 4143579			Anderson 4623753																								
	Tu	Swingers 3322883			Roast-Shatner 6796970			Pornstar 9927319			Ultimate Fighting Championship 63: Hughes vs. Penn 1228628			Roast-Shatner 4103951			Da Vinci 6268406																								
	W	Hooter Girls 3226655			Stag Sexy 1573181			Swingers 1560617			Blind Date 2666988			Springer 2675636			Stag Sexy 9073278			5th Wheel 5305520			Cheaters 5324655			Stag 6162278															
	Th	Springer 3293327			Pornstar 1540853			5th Wheel 1537389			Cheaters 2626360			Stag 2642308			Pam Anderson Roast 4877037			Roast-Shatner 4074495			Blind Date 6122650																		
	F	Blind Date 3260099			Swingers 1517525			Hooter Girls 1597761			Springer 2693032			Stag Sexy 2602780			Stag 9000322			Cheaters 5349964			5th Wheel 5368099			WWE Fan 3619490															



Reflected



Senior Moments

Mountaineer M

www.se

this week at a Glance...

MONDAY, OCTOBER 2

- Nondemoninational Bible Study 9:45 a.m.
- Active for Life Exercise Program 10:00 a.m.
- Fun Bingo - 12:00 p.m.
- Clogging - 1:00 p.m.
- Round Dancing - 2:00 p.m.

TUESDAY, OCTOBER 3

- Vital Signs Clinic - 8:00 a.m. to 11:00 a.m.
- Hospice Care Basics & Bingo 10:00 a.m.
- Social Bridge - 1:00 p.m.
- Beginner's Computer Class 1:00 p.m.
- Intermediate Computer Class 2:00 p.m.

WEDNESDAY, OCTOBER 4

- Active for Life Exercise Program 10:00 a.m.
- Birthday Party - 11:30 a.m.
- Rotating Bridge - 12:30 p.m.

THURSDAY, OCTOBER 5

- Vital Signs Clinic - 8:00 a.m. to 11:00 a.m.
- Fun Bingo - 10:00 a.m.
- Tai Chi - 1:00 p.m.
- Tea Party - 1:00 p.m.
- Beginner's Computer Class 1:00 p.m.
- Intermediate Computer Class 2:00 p.m.
- Darts - 2:00 p.m.

FRIDAY, OCTOBER 6

- Active for Life Exercise Program 10:00 a.m.

DAY TRIPS

November 3rd - Robinson Town Center
Enjoy shopping the stores and the boutiques found at Robinson Town Center outside of Pittsburgh with the convenience of someone else driving.

The cost of the trip is \$12.00 per person.

November 17th - St. Clairesville Mall
Shop the holiday sales and the winter discounts in the shops and stores in the St. Clairesville Mall.

The cost of the trip is \$12.00 per person.

***All trips subject to change or cancellation.*

5 Simple Ways to Save Water

Saving Water is simple and smart.

- 1) Be smart when irrigating your lawn or landscape.**
 - Water the lawn or garden during the coolest part of the day. Early morning is best.
 - Water plants according to their water needs; you'll have healthier plants and a lower water bill
 - Set sprinklers to water lawns and gardens only – not the street or sidewalk.
 - Use soaker hoses or trickle irrigation systems for trees and shrubs.
- 2) Use your appliances wisely.**
 - Wash only full loads or set small loads to the appropriate water level.
 - Scrape rather than rinse dishes before loading them into the dishwasher.
 - Replace old clothes washers with Energy Star qualified appliances that use less water.
- 3) Don't flush your money down the drain/Toilets**
 - A leaky toilet can waste 200 gallons of water per day. Check your toilet for leaks by adding food coloring to the tank. If the toilet is leaking, color

will appear in the bowl within 15 minutes. Look for worn out, corroded or bent parts in the leaky toilet. Most replacement parts are inexpensive, readily available and easily installed. (Flush as soon as test is done, since food coloring may stain the tank.)

• When replacing your toilet, look for high-efficiency models that use less than 1.3 gallons per flush.

4) Conserve around the house.

- Keep drinking water in the refrigerator instead of letting the faucet run until cool. A running tap can use about 2 gallons of water per minute.
- Try not to leave the tap running while you brush your teeth or shave.
- Don't pour water down the drain if you can use it for other projects such as watering a plant or cleaning.

5) Stop those leaks.

- Verify that your home is leak-free. Many homes have hidden water leaks that can waste more than 10 percent, costing both you and the environment. Read your water meter before and after a two-hour period where no water is being used. If the meter does not read exactly the same, you probably have a leak.
- Repair dripping faucets and showers. If your faucet is dripping at the rate of one drop per second, you can expect to waste 2,700 gallons per year. This waste will add to the cost of water and sewer utilities or strain your septic system.

For more tips on saving water and money visit www.epa.gov/watersense

Car

that restless and confused known as "sundowning" what causes them environment as dayl

If "sundowning"

- 1) Seek a medical evaluation for infection, allergies or "sundowning." Medication the likelihood of drug
- 2) Encourage more physical activity
- 3) Maintain a regular schedule
- 4) Encourage an early afternoon nap. Daytime naps can add
- 5) Avoid alcohol, caffeine
- 6) Seek morning sunlight to reset the body clock."
- 7) Give baths or showers
- 8) Use comfort tools such as
- 9) Use good lighting at night to avoid unfamiliar.
- 10) Provide a safe, secure environment for the caregiver to sleep
- 11) Consider, as a last resort, possible since this condition increases confusion

Although "sundowning" with dementia does not have arguments, and m

ctions

Monongalians, Inc.

Call • (304) 296-9812

seniormons.org



egiver's Corner

Caregivers frequently report that family members who have dementia become more demanding, especially in the late afternoon or early evening. Although these behaviors, otherwise known as "sundowning", seem to go "hand in hand" with dementia, researchers don't seem to know why. Some think "sundowning" may be due to an inability to sort out a confusing world as light lessens and shadows increase. Others think it may be due to fatigue, hunger, pain or an inability to separate dreams from reality.

When sundowning becomes troublesome, caregivers should try one or more of the following:

1. **Check for medical conditions.** Many medical conditions, such as, a urinary tract infection or depression can produce behaviors similar to the ones typically seen with dementia. Medications, too, can be problematic; especially when someone takes several, increasing the risk of drug interactions.

2. **Encourage physical activity during the daytime.**

3. **Establish a schedule for rising and going to bed.**

4. **Encourage an afternoon nap if fatigue seems to be causing irritability, but remember that frequent naps can lead to sleeping difficulties.**

5. **Limit caffeine and nicotine for several hours before bedtime.**

6. **Reduce light exposure to decrease the likelihood that someone will upset his or hers "internal clock".**

7. **Use calming activities early in the day, unless they are calming when given just before bedtime.**

8. **Use comforting items such as pets, stuffed animals, warm milk, back rubs or calming music.**

9. **Use a nightlight.** A nightlight may help prevent confusion in surroundings that may seem unfamiliar.

10. **Use a familiar room within which the patient can pace throughout the night.** Doing so, may allow the patient to sleep without being interrupted.

11. **Be cautious about resorting to medication.** Prescribing a sleep medication. Begin with the smallest dose. A combination of classes of drugs can oftentimes create added risks for the elderly population, such as, drowsiness, or an increased risk for falls and fractures.

"Sundowning" can be exhausting for caregivers, it's important to remember that the person with dementia doesn't have control over his or her behavior. Caregivers should remain calm, avoid arguments and, most importantly, get relief from family members, friends or in-health providers whenever possible.



Monday, October 2

Start the month with a brunch-style meal of sausage gravy over biscuit served with whipped potatoes, carrots, and orange delight.

Tuesday, October 3

Have a stick to your ribs lunch of brown beans with ham, cornbread, a crisp tossed salad, and Jell-O with fruit.

Wednesday, October 4

Enjoy a meal of roasted turkey, stuffing, mixed vegetable blend, a hot wheat roll, and birthday cake.

Thursday, October 5

Remind yourself of the warm weather with a sloppy joe served with potatoes wedges, coleslaw, and a fantasy dessert.

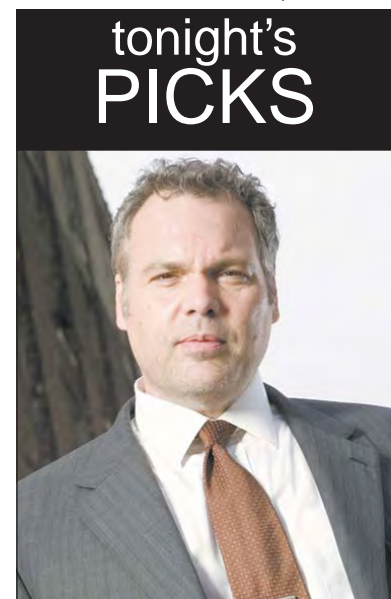
Friday, October 6

Sit down to a delightful lunch of creamed chicken over biscuit, a crisp salad, green beans, and sherbet.

TUESDAY Prime Time

October 3, 2006

	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
2	CBS Evening News-Couric 4932	The Insider (N) (CC) 70	NCIS "Singled Out" The team searches a missing Navy lieutenant's car. (N) 2654	The Unit Jonas and his team try to eliminate a militia rebel leader. (N) 2898	Smith "Three" Bobby and his crew steal an empty armored truck. (N) 3425	News 9599375	Late Show 72949845			
4	Inside Edition (CC) 9628	Entertainment Tonight (N) 38	Dancing With the Stars Eight couples remain. (Live) (CC) 98951	Help Me Help You (N) (CC) 57845	Boston Legal "Desperately Seeking Shirley" (N) (CC) 8593	Ch. 4 Action News at 11 1294703	Nightline (CC) 18929883			
5	Entertainment 4086	The Insider 1628	NCIS "Singled Out" (iTV) (N) 55425	The Unit "The Kill Zone" (N) 35661	Smith "Three" (N) (CC) 45048	News 8503767	Late 32956715			
7	Entertainment 9154	Inside Edition 6796	NCIS "Singled Out" (iTV) (N) 40593	The Unit "The Kill Zone" (N) 60357	Smith "Three" (N) (CC) 30116	News 6507945	Late 32941883			
9	Jeopardy! "Back to School Week" 9932	Wheel of Fortune "Just for Fun" 6574	Friday Night Lights "Pilot" (Series Premiere) (N) (CC) 80135	Law & Order: Criminal Intent "Siren Call" The slaying of a teenage party girl. 81929	Law & Order: Special Victims Unit "Re-call" (N) (CC) 31406	News (CC) 2916609	The Tonight Show-Jay Leno 48974932			
11	Jeopardy! (N) 4628	Wheel-Fortune 4970	Friday Night Lights "Pilot" (N) 75203	Law & Order: Criminal Intent (N) 95067	Law & Order: Special Victims Unit 98154	News 2901777	Tonight 48909628			
12	Jeopardy! (N) 5970	Wheel-Fortune 2512	Friday Night Lights "Pilot" (N) 73845	Law & Order: Criminal Intent (N) 93609	Law & Order: Special Victims Unit 96796	News 2909319	Tonight 48990970			
13	Nightly Business Report (N) 4406	Special 7086	Nova "NOVAscienceNOW" (N) (CC) 15845	Frontline "Return of the Taliban" Pakistani tribal areas. (N) (CC) 35609	P.O.V. "No Bigger Than a Minute" (N) (CC) 38796	Charlie Rose (N) (CC) 73116				
22	Friends (CC) 40609	Friends (CC) 53661	Desire "If Only" Louis' charisma gets him what he wants. (N) (CC) 48864	Fashion House "Bridezilla" (N) (CC) 68628	Channel 11 News on FOX 53 at 10 61715	Sex and the City (CC) 31086	Sex and the City "Frenemies" 81241			
23	The NewsHour With Jim Lehrer (N) (CC) 57512	Nova "NOVAscienceNOW" (N) (CC) 33932	Frontline "Return of the Taliban" Pakistani tribal areas. (N) (CC) 53796	Globe Trekker "Argentina" (CC) 56883	Charlie Rose (N) (CC) 80226					
46	Frasier "Father of the Bride" 3093154	Frasier Roz has her baby. 5346574	MLB Baseball Division Series -- Teams TBA. (Live) (CC) 7128715			MSN Replay WVU football highlights. 5617222				
53	Simpsons 64203	Seinfeld 15425	MLB Baseball Division Series -- Teams TBA. (Live) (CC) 142406			Seinfeld 55680	Scrubs 10777			
A&E	Crossing Jordan "Acts of Mercy" (CC) 936932	CSI: Miami "Complications" (CC) 945680	Dog the Bounty Hunter (N) 217319	Dog the Bounty Hunter 938425	Inked Tribute tattoos. (N) 287203	Inked "The Trouble With Quinn" 296951	To Be Announced 918796			
AMC	*** Romancing the Stone (1984) Michael Douglas, Kathleen Turner. (CC) 304319	*** Private Benjamin (1980, Comedy) Goldie Hawn, Eileen Brennan, Armand Assante. Premiere. Pampered young widow joins Army for fun. 1064574	*** Down and Out in Beverly Hills (1986, Comedy) Nick Nolte, Richard Dreyfuss, Bette Midler. A derelict ends up in a crazy couple's swimming pool. (CC) 2613680							
ANPL	The Most Extreme Big cats. (CC) 31512	The Most Extreme Wild raiders. (N) 17932	Profiles of Nature "Ambush!" 37796	Animal Cops Detroit (CC) 30883	The Most Extreme Wild raiders. 97338					
BET	106 & Park 820593	Hotwired 413932	** Next Friday (2000, Comedy) Ice Cube, Mike Epps, Justin Pierce. (CC) 493203	The Parkers 742116	The Parkers 751864	The Parkers 777777	The Parkers 123067			
BRAVO	Million Dollar Listing "Hollywood" (CC) 859845	Million Dollar Listing "Hollywood" (CC) 868593	Million Dollar Listing (N) (CC) 888357	Project Runway (CC) 858116		Kathy Griffin Is... Not Nicole Kidman (CC) 291932				
CMTV	Dukes of Hazzard 8695999	Dallas Cheerleaders 8671319	George Strait: Live From the Astrodome 9958970	Foxworthy 7466512	*** Pure Country (1992) 8877048					
CNBC	On the Money 1086574	CNBC Documentaries 1095222	Mad Money 1015086	The Big Idea With Deutsch 1085845	On the Money 7431390					
CNN	The Situation Room 594970	Paula Zahn Now (CC) 570390	Larry King Live (CC) 590154	Anderson Cooper 360 (CC) 866609						
COM	Reel Comedy (N) (CC) 1249929	Scrubs "My Hero" (CC) 4657883	Daily Show-Jon Stewart 9249749	The Colbert Report (CC) 2485114	Mind of Mencia (CC) 9931203	South Park (CC) 7464154	Chappelle's Show (CC) 7440574			
COURT	Cops 9278222	Cops 3518390	Cops 9287970	Cops 9273777	Cops 2726390	Cops 6535067	Scariest Police Chases 3 1008135			
CSN	Schwab 7212680	Teammate 9841338	Boxing: Ali vs. Mildenerger 8748203	The Contender 8741390			Arless 8519241			
DISC	How It's Made (CC) 243609	How It's Made (CC) 956661	Oil, Sweat and Rigs Divers repair the oil platforms. (CC) 950512	Dirty Jobs "Viewers' Choice" Viewers' questions. (CC) 947048	Fugitive Strike Force A murder suspect hides in Las Vegas. (N) 940135	Dirty Jobs "Parade Float Dismantler" Dismantling parade floats. (CC) 923628				
DISN	Phil of the Future (CC) 148116	That's So Raven (CC) 891796	Hallowentown High (2004, Fantasy) Debbie Reynolds, Witches protect students from Knights of the Iron Dagger. (CC) 4047319	Suite Life of Zack & Cody 5963822	Life With Derek (CC) 502425	Phil of the Future "Phillin' In" 588845	Suite Life of Zack & Cody 137135			
E!	E! News (N) 326932	Daily 10 945654	Simple Life 335680	Simple Life 354715	Hugh Hefner: The E! True Hollywood Story 305992		E! News 317319			
ESPN	SportsCenter (Live) (CC) 392574	Monster Shark Tournament 301222	2006 World Series of Poker 321086	2006 World Series of Poker 391845	SportsCenter (Live) (CC) 383086					
ESPN2	Contender 7578970	College Football Southern Mississippi at Tulsa. (Live) (CC) 8171425		Quite Frankly With Smith 2589609	Bowling 2149241					
EWTN	Daily Mass: Our Lady 6988999	Mother Angelica-Grace 6964319	Religious 4820970	Rosary 9470406	Threshold of Hope 6970970	Christ 4832715	Catholic 1783203			
FAM	Gilmore Girls "Fight Face" 752067	The Cutting Edge 2: Going for the Gold (2006) Christy Carlson Romano. (CC) 732203	Who's? 463661	Who's? 489609	The 700 Club (CC) 185406					
FLIX	** The Eagle Has Landed (1977) Michael Caine, Donald Sutherland. 74084319	*** Cross of Iron (1977, War) James Coburn, Maximilian Schell, James Mason. Soldiers endure brutal warfare on the Russian front. 29424767	**** Belle de Jour (1967, Drama) Catherine Deneuve, Jean Sorel. A woman is a prostitute by day, unbeknownst to her husband. (Subtitled-English) 22450357							
FOOD	Good Eats 6401593	Unwrap 2928951	Emeril Live (N) 6966777	\$40-a-Day 4839628	Tasty 9472864	Road Tast 7468721	Flay 7668929			
FOXSP	SportsBeat 622609	Football 235116	Rodeo: N.M. State Fair 604222	Best Damn Sports Show Period 624086		Nip/Tuck "Dawn Budge" A client makes Christian a fortune. (N) 2648203	Nip/Tuck "Dawn Budge" A client makes Christian a fortune. 86369951			
FX	*** X2: X-Men United (2003, Fantasy) Patrick Stewart, Hugh Jackman, Ian McKellen. A right-wing militant pursues the mutants. 1080932									
GOLF	GolfCentr 7544311	Golf 4655425	Great 5544131	PGA Tour 2594816	British Open Highlights 1986 8699715	Big Break VI: Trump National 8669574	Great 9934390			
HALL	Walker, Texas Ranger (CC) 6955661	Walker, Texas Ranger (CC) 6971609	* Family Plan (2005, Comedy) Tori Spelling, Greg Germann. (CC) 6974796	M*A*S*H 4816777	M*A*S*H 1790593					
HBO	*** Ocean's Twelve (2004) George Clooney, Brad Pitt. (CC) 65816796	Real Sports (CC) 303680	*** Walk the Line (2005, Biography) Joaquin Phoenix, Reese Witherspoon, Ginnifer Goodwin. The story of music legends Johnny and June Carter Cash. (CC) 959970	Def Comedy Jam Kevin Hart. 653357						
HBOP	*** Amistad (1997) Morgan Freeman, Anthony Hopkins. (CC) 77382116	*** The Interpreter (2005, Suspense) Nicole Kidman, Sean Penn, Catherine Keener. A U.N. translator overhears an assassination plot. (CC) 55739425	** Days of Thunder (1990, Action) Tom Cruise, Robert Duvall, Nicole Kidman. Upstart stock-car driver goes to the edge. (CC) 96571241							
HGTV	What Get 5744339	House 4640593	Designed 9449947	Save Bath 4299244	Decorating 9957241	Curb 1881628	House 7457864			
HIST	Modern Marvels (CC) 5805154	The Wrath of God "Unleashed Terror: Dam Breaks" (CC) 5881574	Mega Disasters Killer earthquake striking America's heartland. (CC) 5801338	Mega Movers "Tower Crane" (CC) 5804425	The Big Build "The Fort" Building a two-cabin, four-room fort. (CC) 5600932					
HSN	Hair Do 6150357	Skin Care 7005154	Totally Technibond 3090154	Designation Fashion Showcase 3079661	Chi by Carlos Falchi Handbags 2597703					
LIFE	** Road Rage (1999, Suspense) Yasmine Bleeth, Jere Burns. (CC) 192796	Pavement (2002, Suspense) Robert Patrick, Lauren Holly. Premiere. (CC) 744048	** A Sound of Thunder (2005, Science Fiction) Edward Burns. A time traveler alters the history of evolution. (CC) 4563319	Will-Grace 574195	Will-Grace 466883					
MAX	** Hard Target (1993) Jean-Claude Van Damme. Premiere. (CC) 5309864	** The Wash (2001, Comedy) Dr. Dre, Snoop "Doggy" Dogg, George Wallace. The assistant manager at a car wash alienates his lazy pals. (CC) 37512777	** Stealing Home (1988, Drama) Mark Harmon. A woman is lover and mentor to a minor-league ballplayer. (CC) 4644086	The Best Sex Ever: Truth or Dare (2002, Adult) Couples enjoy carnal pleasures. From the TV series. (CC) 43167222						
MMAX	** Fire Down Below (1997, Action) Steven Seagal, Marg Helgenberger. A lone agent tackles toxic-waste dumping in Kentucky. (CC) 19696048									
MSNBC	Hardball (CC) 5196116	Countdown-Olbermann 5105864	Scarborough Country 5125628	MSNBC Documentary 5128715	MSNBC Documentary 9137113					
MTV	Sucker Free 750609	Pimp Ride 473852	Pimp Ride 728749	Two-A-Days 924816	Two-A-Days 105135	True Life (N) 742680	Two-A-Days 974311			
NICK	OddParents 234951	Neutron 954203	SpongeBob 250999	Phantom 239406	Full House 213593	Fresh Pr. 941999	Designing 290777			
OVC	Fenton Art Glass 3159593	Quacker Factory 3150222	Storage Ideas-Lock & Lock 3170086	QVC Sampler 3140845	Northern Nights 1892406					
SCIFI	Dead Like Me (CC) 5198574	Dead Like Me (CC) 5107222	Eureka "Once in a Lifetime" (N) 5127086	ECW (Live) 5197845	Battlestar Galactica: Story 7337131					
SHOW	** The Longest Yard (2005, Comedy) Adam Sandler, Chris Rock, Burt Reynolds. iTV. Prisoners train for a football game against the guards. (CC) 532390	** Dexter "Dexter" (iTV) Double life. (CC) 592512	** The Texas Chainsaw Massacre (2003, Horror) Jessica Biel, Jonathan Tucker, Erica Leerhsen. Teenagers meet a family of cannibals in 1973. 360777	Real TV (CC) 930319						
SHOW2	** Enduring Love (2004, Suspense) Daniel Craig, Rhys Ifans, Samantha Morton. A man obsesses over a science professor. (CC) 19698406	** I Love Your Work (2003, Drama) Giovanni Ribisi, Franka Potente. Premiere. A movie star begins a gradual descent into madness. (CC) 4623593	*** Mean Creek (2004, Drama) Rory Culkin, Ryan Kelley. (CC) 39020338							
SPIKE	CSI: Crime Scene Investigation "Viva Las Vegas" (CC) 697932	CSI: Crime Scene Investigation "Down the Drain" (CC) 606680	** The Texas Chainsaw Massacre (2003, Horror) Jessica Biel, Jonathan Tucker, Erica Leerhsen. Teenagers meet a family of cannibals in 1973. 360777	Real TV (CC) 930319						
TBS	Raymond 418086	Raymond 138338	Raymond 494406	Raymond 406241	Sex & City 862883	Sex & City 9391883	Friends 4906883			
TCM	** Thirteen Women (1932, Drama) Irene Dunne, Myrna Loy. (CC) 49652067	**** Annie Hall (1977, Comedy) Woody Allen, Diane Keaton, Tony Roberts. A New York comic struggles with an on-and-off romance. (CC) 6968135	*** Moonstruck (1987) Cher, Nicolas Cage. A Brooklyn book-keeper falls for her fiancé's brother. (CC) 7080116	*** The Out-of-Towners 30959609						
TLC	Overhaulin' "Got GTO?" (CC) 622628	Rides "Ultimate Off-Road" An off-road competition. (CC) 608048	Miami Ink "Made in Japan" (CC) 611512	Miami Ink An Olympic athlete comes in for some finish work. (CC) 657574						
TNT	Without a Trace "Lost Time" 613970	Law & Order "Asterisk" 699390	Law & Order "The Wheel" 619154	Law & Order "Bounty" 612241	Law & Order "Corruption" 655116					
TOON	Squirrel 2638661	Foster 1306113	Grim 2654609	Ed, Edd 2633116	Lazlo 3827951	Xiaolin 1021680	Naruto 9450222			
TRAV	Best of Amusement Parks 2006 6980357	Taste 6410241	Taste 6406048	Made 4839628	Made 9472864	The Colorado: River of Wonders 6989828	Taste 4801845			
TVL	Jeffersons 698135	Jeffersons 341715	Little House on the Prairie (CC) 396390	Andy Griffith 677777	Jeffersons 374203	Good Times 670999	Cosby 656319			
USA	Law & Order: Criminal Intent "Smothered" (CC) 596338	Law & Order: Special Victims Unit "Uncivilized" (CC) 505086	*** Meet the Parents (2000, Comedy) Robert De Niro, Ben Stiller, Blythe Danner. A man spends a disastrous weekend with his lover's family. (CC) 575845	Studio 60 on the Sunset Strip "Pilot" (CC) 554512	** The Fighting Temptations 193067					
VH1	The Flavor of Love 141721	The Flavor of Love 341929	The Flavor of Love 741785	The Flavor of Love 591262	Secret Lives of Women 1087203	Secret Lives of Women 878970	Sex & City 122203			
WE	Dharma 2645951	Dharma 7801703	** Danielle Steel's Palomino (1991) Lindsay Frost, Lee Horsley. (CC) 1008796	TBA 150086	TBA 231425	*** Permanent Midnight (1998, Drama) Ben Stiller. TV writer Jerry Stahl balances a power career and drugs. (CC) 830970	Bukowski: Born Into This (2003) 848999			
WGN	*** Swept From the Sea (1997) Vincent Perez, Rachel Weisz. (CC) 25986661	** Control (2004, Suspense) Ray Liotta, Willem Dafoe, Michelle Rodriguez. A convict undergoes behavior modification. (CC) 42698672	Da Vinci: Seeking the Truth 5707338	Da Vinci: Seeking the Truth 5707338	Da Vinci: Seeking the Truth 5707338	Da Vinci: Seeking the Truth 5707338	Da Vinci: Seeking the Truth 5707338			
TMC	TNA Wrestling: No Surrender 3760241	Jerry Springer: Mayhem: Hot 5789932	Blind Date: Uncensored Tales 2 5798680	WWE Fanatic Series (CC) 5708067						
InD1	Jerry Springer: Mayhem: Hot 5789932									
InD3	Jerry Springer: Mayhem: Hot 5789932									



Nova
8 p.m. on **13 23**

Now don't be turned off by the S word — science. This show's "scienceNOW" episodes are more entertaining than you might think. The new season is even more so, thanks to the charisma and storytelling skills of the new host, astrophysicist Neil deGrasse Tyson. The season premiere has reports on the likelihood of an asteroid hitting Earth, new findings on the biology of obesity, and a robot scientist who's also an accomplished fiction writer.

MLB Baseball
8 p.m. on **43 53**

Six months after its first one, Major League Baseball celebrates another opening day to begin the postseason. Tonight's wild-card game is actually the third one of the day; ESPN aired two Division Series openers in the afternoon. Following the best-of-five first round, Fox has exclusive coverage of the League Championship Series (beginning Oct. 10) and the World Series, which is scheduled to start Oct. 21.

Private Benjamin
8 p.m. on **AMC**

A young widow (Goldie Hawn) joins the Army on a lark, believing the recruiting brochures. She soon finds out that as the old song says, there are "no private rooms or telephones" — or any other amenities. Basic training is a near-disaster, but eventually she acquires not only the skills of a soldier, but the confidence to become her own woman. Hawn and Eileen Brennan were both nominated for Oscars for this delightful 1980 comedy.

Annie Hall
8 p.m. on **TCM**

Loosely inspired by his love affair with Diane Keaton, Woody Allen's bitter-sweet 1977 chronicle of comic Alvy Singer's bumpy romance with ditsy WASP singer Annie Hall was a big hit with audiences and critics. The Academy of Motion Picture Arts and Sciences also loved it: It awarded the film Oscars for best actress (Keaton), best director, best original screenplay (Allen and Marshall Brickman) and best picture.

Law & Order: Criminal Intent
9 p.m. on **9 11 12**

Being married to Brooke Shields wasn't enough? Sheesh. The former child model guest stars in the new episode "Siren Call" as a supermodel whose husband is implicated in the death of a cop's teenage stepdaughter. The girl liked to party, so Goren and Eames (Vincent D'Onofrio, Kathryn Erbe) start their investigation with the party scene. But cell phone records and an ex-boyfriend's testimony point to an affair with the older guy. Eric Bogosian also stars.

What will your miracle sound like?

EXTRA SAVINGS DURING THE DIGITAL SALES EVENT

\$995 ONLY

for a fully digital custom-fit Miracle-Ear® hearing aid

Sale price valid on the Miracle-Ear ME1081 Solution (1 aid). Good at participating locations. No other offers or discounts apply. Discount does not apply to prior sales. <Offer expires 10-25-06.>

Life is rich with sounds and conversations that you don't want to miss. Be a part of all of it thanks to Miracle-Ear's breakthroughs in digital hearing aid technology, at a surprisingly affordable price. Decide now to find out what your miracle will sound like.* You'll be so happy you did.

FREE HEARING TEST**

FREE EAR CANAL INSPECTION**

FREE SERVICE ON YOUR CURRENT HEARING AID Computerized analysis and tune-up of any make or model.

Miracle-Ear is America's #1 choice in hearing aids. Visit one of our 1,200 locations today.

Call to make an appointment today:

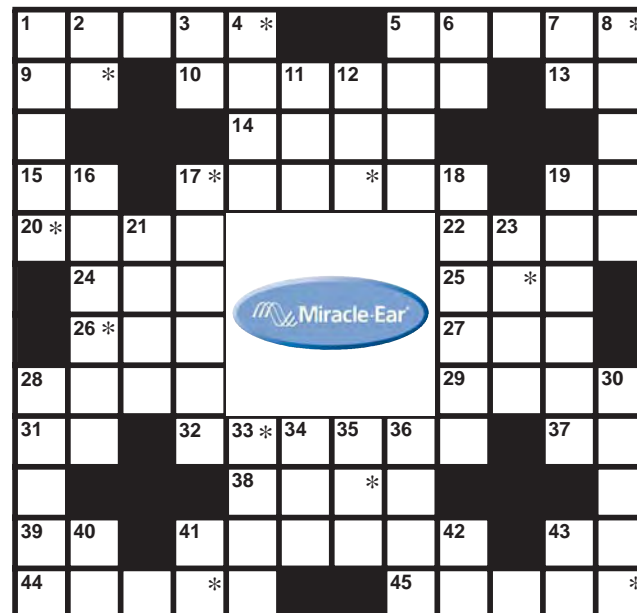
Uniontown (724) 439-8900
Bridgeport (304) 842-3050
Westover (304) 296-3357

Carla S. Knapp, RN, BSN
 Licensed Hearing Instrument Specialist

*Hearing aids do not restore natural hearing. Individual experiences vary depending on severity of hearing loss, accuracy of evaluation, fit and ability to adapt to amplification.
 **Our hearing test and video otoscopic inspection are always free. Ear canal inspections and computer analysis not available at all locations. Hearing test is an audiometric test to determine amplification needs only. These are not medical exams or diagnoses, nor are they intended to replace a physician's care. If you suspect a medical problem, please seek treatment.
 ©2006 Miracle-Ear, Inc. 1083800PA 3x10

gametime

crossword fun



Across

- Game show host
- "CSI: ___"
- Tallness: abbr.
- William or Robert
- Suffix for sharp or soft
- Good buddy
- Demi's initials
- Actress Helen
- Setting for "Frasier": abbr.
- See 2 Down
- "___ Island With You"; '48 Peter Lawford film
- 1991-94 sitcom about a garbageman
- "Circus ___"; 1956-58 series for Micky Dolenz

- With 20 Across, Jimmie Walker series (2)
- Basketball's Green
- Dinkins' predecessor
- ___ Winningham
- "___ Do Anything"
- "Work With ___"; '99 show
- "Homeward Bound II: Lost ___ Francisco"; 1996 movie
- Magic's org.
- New Testament bk.
- Cross of "Desperate Housewives"
- "___ Noah" (1996-97)
- Williams and Roberts
- "The ___ Bros." (1995-99)
- Manhattan area
- Leoni's role on "The Naked Truth"
- Bridges
- Steve or Mel
- Singer and actor Nelson
- One of Blynken's sailing companions
- Rights org.
- "___ Rock"; 1966 Simon & Garfunkel hit
- 1988 Martin Sheen film
- "Once ___ Eagle" (1976-77)
- Continent: abbr.
- Oahu's Don

Down

- "Evening ___" (1990-94)

Last Week's Solution



Solution
Bo Derek

WHAT'S COOKING

MONDAY

- 5:30 p.m. (FOOD) Semi-Home-made Cooking With Sandra Lee** Cajun pork burger; jalapeno potato salad; five bean chili; ginger and peach ice cream sandwich. 2941802
- 6:00 p.m. (FOOD) 30-Minute Meals** Tomato and bean "stoup"; olive frittata. 2971043
- 6:30 p.m. (FOOD) 30-Minute Meals** Pate bites and an herb brie board; chicken in a tarragon cream sauce; white and wild rice with walnuts. 2962395
- 7:00 p.m. (FOOD) Good Eats** Making waffles. 6434821
- 7:30 p.m. (FOOD) Unwrapped** Condensed milk; cottage cheese. 2968579

TUESDAY

- 5:30 p.m. (FOOD) Semi-Home-made Cooking With Sandra Lee** Chili dogs; spicy fries; chili omelet. 2918574
- (TLC) Take Home Chef** Chef Stone prepares a romantic, candlelight dinner for a couple's anniversary. 245593
- 6:00 p.m. (FOOD) 30-Minute Meals** Tuna casserole; salad with shrimp. 2948715
- 6:30 p.m. (FOOD) 30-Minute Meals** Smoky sirloin stew with watercress dumplings; hot spiked cider. 2939067
- 7:00 p.m. (FOOD) Good Eats** Chocolate mousse and the ultimate chocolate recipe. 6401593
- 7:30 p.m. (FOOD) Unwrapped** Jobs related to food. 2928951

WEDNESDAY

- 5:30 p.m. (FOOD) Semi-Home-made Cooking With Sandra Lee** Grilled jalapeno poppers. 2812346
- (TLC) Take Home Chef** Raw and fried oysters; steamed mussels and red snapper in coconut sauce. 690162
- 6:00 p.m. (FOOD) 30-Minute Meals** Chili-rubbed flank steak; rice with shrimp; guacamole stacks. 2915487
- 6:30 p.m. (FOOD) 30-Minute Meals** Beef stroganoff; radish, apple and onion salad. 2833839
- 7:00 p.m. (FOOD) Good Eats** Broiled chicken in less than 30 minutes. 6305365
- 7:30 p.m. (FOOD) Unwrapped** Sticky foods. 2822723

THURSDAY

- 5:30 p.m. (FOOD) Semi-Home-made Cooking With Sandra Lee** Italian fondue; onion blossom. 2889018
- (TLC) Take Home Chef** Chef Stone helps a young woman make a Greek feast for her boyfriend. 134679
- 6:00 p.m. (FOOD) 30-Minute Meals** Rachael combines the flavors of pizza and lasagna. 2819259
- 6:30 p.m. (FOOD) 30-Minute Meals** Herb and egg scramble with garlic toast and slice tomatoes. 2893211
- 7:00 p.m. (FOOD) Good Eats** Alton Brown uses time travel to explain the mystery behind cookies. 6372037
- 7:30 p.m. (FOOD) Unwrapped** Healthy snacks. 2899495

FRIDAY

- 5:30 p.m. (FOOD) Semi-Home-made Cooking With Sandra Lee** Stuffed artichoke bottoms; pulled pork and slaw. 2849490
- (TLC) Take Home Chef** Curtis helps a nutritionist who doesn't cook prepare a seafood-themed meal. 678186
- 6:00 p.m. (FOOD) 30-Minute Meals** Grilled chicken; potato salad. 2879631
- 6:30 p.m. (FOOD) 30-Minute Meals** Black bean salsa with exotic fruit and vegetable chips; Cuban-spiced pork tenderloin. 2860983
- 7:00 p.m. (FOOD) Good Eats** Okra. 6349709
- 7:30 p.m. (FOOD) Unwrapped** Shakes. 2866167

I'M IN PAIN!

We believe the answer can be found in a complete chiropractic consultation and examination including x-rays. And to help you find out for sure, we will do a complete chiropractic consultation and examination including x-rays (procedures that normally cost \$130.00 or more) for \$25.00.

We will make this special program available for the next 30 days.

\$25.00 Reg. \$130.00 program

- A private consultation with the doctor
- A thorough spinal examination including orthopedic and neurological tests
- A confidential report of our findings
- A referral to proper specialists if we determine chiropractic can't help you
- X-rays, if considered necessary

Hamrick Specific Chiropractic

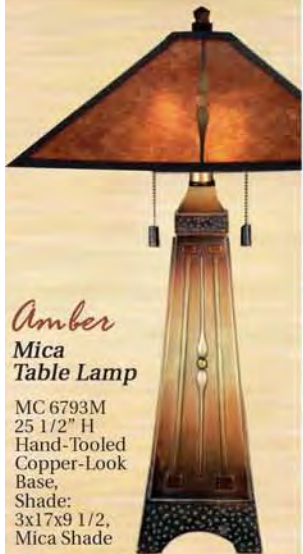
3081 University Ave., Ste. B ~ Morgantown • 304-598-3334



FALL Savings!



Gotham
Tiffany
Table Lamp
TF 668VB
25" H, 19" D
Vintage Bronze
Finish,
Shade Contains
48 Pieces of
Tiffany Glass
\$159⁹⁹



Amber
Mica
Table Lamp
MC 6793M
25 1/2" H
Hand-Tooled
Copper-Look
Base,
Shade:
3x17x9 1/2,
Mica Shade
\$159⁹⁹



Duchess
Piccolo Pendant
DH 1506PN
49 1/2" H, 6" D
Palladian Bronze Finish,
Champagne Marble Glass,
Comes with 10' of wire
\$54⁹⁹

Hanging Fixture
DH 5102PN
20" H, 23" D
Palladian Bronze Finish,
Champagne Marble Glass
\$129⁹⁹



LIMITED TIME ONLY!

Bath Fixture
DX 8603C
10" H, 25 1/2" W,
7 1/2" Ext.,
Polished
Chrome Finish,
Cream Linen
Glass, 20% Lead
Crystal
\$144⁹⁹



Deluxe

20% Lead Crystal



*Hanging
Fixture*
GE 5009SE
37 1/2" H, 32" D
\$479⁹⁹

Flush Mount
GE 1616SE
9" H, 16" D
\$99⁹⁹



Genova
Stonehedge
Finish Twisted
Amber Scavo
Glass

Limited Time
Only!

Meritage

Piccolo Pendant
MG 1544IB01
38 1/2" H, 7" D
Imperial Bronze Finish
India Scavo Glass
\$49⁹⁹



Caballero
Semi-Finish
Mount
CV 16191B • 9" H, 16" D
Imperial Bronze Finish,
Virsaige Stone Glass
\$89⁹⁹



Marquette

Pendant
MQ 2824HL
31 1/2" H, 24" D
Heirloom Finish
Mottled Amber
Scavo Glass
Crystal Drops
\$239⁹⁹



Tiffany
Snail
TF 142YVB
5 1/2" H, 7" W
Vintage Bronze
Finish
\$34⁹⁹

*Outdoor
Wall Mount*
GT 89801B
13" H, 7 1/2" W, 9" Ext.
\$79⁹⁹

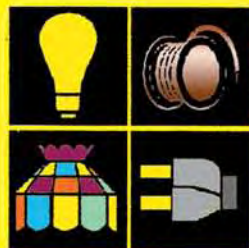
*Outdoor
Post Top*
GT 92941B
19" H, 11" D
\$154⁹⁹



Georgetown

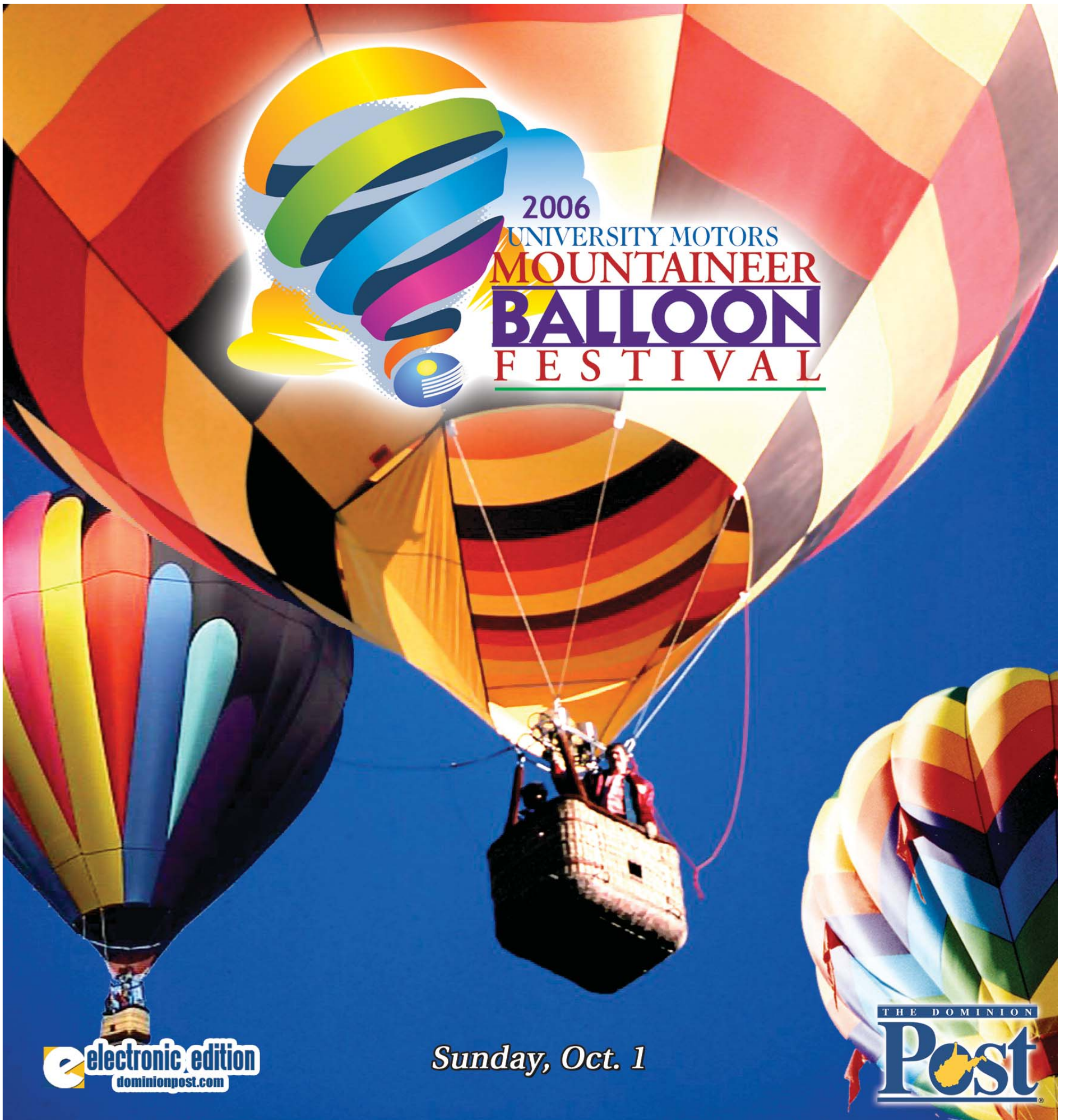
QUOIZEL

SPECIAL HOURS:
Monday 9 am-7 pm
Tuesday-Friday 9 am-5 pm
Saturday 9 am-3 pm
www.cardello.com
www.cardellolighting.com



CARDELLO
L I G H T I N G

1279 University Avenue • 292-8406



2006
UNIVERSITY MOTORS
MOUNTAINEER
BALLOON
FESTIVAL

electronic edition
dominionpost.com

Sunday, Oct. 1

THE DOMINION
Post



UNIVERSITY MOTORS



60 Don Knotts Boulevard • (304) 296-4401 • Visit Us At Our Website at: www.umotors.com

Welcome to the festival

I HAVE LONG THOUGHT that the Balloon Festival is one of the many events that cause Morgantown to be a different sort of community than other towns of its size. It is not just the spectacle and majesty of the balloons themselves, or the joy that spectators and fliers derive from them; it is also the cooperation and work that so many different people put into making the festival happen. This is what makes Morgantown truly different and we see that same spirit throughout the year in so many events, charities and functions.

With last year's rain we are overdue for a really great weekend of ballooning and we certainly hope that the weather cooperates this year. We have put together what we feel is a terrific line-up of bands and entertainment to backdrop the balloons and races.

During the weekend 16 bands will perform at Mylan Park including Queen City Funk and Soul on Friday night. On Friday, the WCLG&RE/MAX Kid's Day, will feature many educational and fun events, and children under 12 will have free admission to the grounds until 4 p.m.

We have a new carnival this year that will be open on Wednesday at 4 p.m. (no grounds admission), as a preview night, while we continue to set up the festival. There will be lots to do throughout the weekend.

The festival itself starts on Thursday with the FCX Systems/WVAQ Night Glow — grounds and carnival open at 4 p.m., and the balloons, entertainment and fun carry on from then till Sunday evening.

On Friday morning the balloons will take off from locations throughout Morgantown, as the Garfield's Launch takes to the air.

The balloon festival represents the work of a whole group of people and organizations. Mylan Park hosts the event, BOPARC puts up tents, signs and electrical systems, and Argyle Sheets and his crew from MPE Rentals provides tents, tables, stages, chairs, lights and many other things. Olivario's Ristorante provides the food for the Pilots and Sponsors banquet, and Garfield's does the same for the pilots' get together after Night Glow. Sign Factory does all the wonderful signs, and *The Dominion Post*, WBOY, WCLG, WVAQ and the Morgantown CVB work together to advertise and market the festival. Amerigas provides the propane that powers the balloons, while Pepsi Cola, Glenmark Holdings and Toyota provide additional race sponsorship.

This is by no means a complete list and, additionally, there are some 25 volunteers who have worked tirelessly throughout the past few months to bring this festival to you.

We hope that you enjoy the festival. Come out to Mylan Park and get close to the balloons as they prepare to jostle for their position in the skies and race after the hare balloon.

Perhaps you'll take a tethered ride, or treat yourself to a ride in a race.

Perhaps you'll watch the balloons from your home or work, or chase after them as they progress somewhat ponderously over the hills and valleys of Mountaineer country.

Whatever your involvement — whether you fly them, watch them, chase them or photograph them — I hope that you enjoy the spectacle delight that the balloons bring to Morgantown, and I hope that they make the weekend fun for you.

— **Andy Claydon**



Balloons take flight during one of the launches at Mylan Park last year.

Jason DeProspero/The Dominion Post

Morgantown Ice Arena Public Sessions

Thursday 9:10-10:20pm
(Adult Night starting Oct. 5)

Friday 7:30-9:30pm
(starting Nov. 3)

Saturday 1:30-4:00pm (starting Oct. 7)
7:30-9:30pm NOW

Sunday 1:30-4:00pm NOW

Admission:
Adults: \$4.50 Family: \$160.00 (4 persons)
\$15 ea. additional person
Youth (5-17): \$3.50 Adult: \$80.00
4 & under (free with paying adult)
Youth/Senior: \$65.00 Skate Rental \$2.50

Skate sharpening:
\$5.00 next day \$6.00 while you wait
Other: Groups 15 or more 50¢ off regular admission

Private Ice Time:
Weekdays \$95.00/hr. Friday PM \$140.00/hr.
Saturday-Sunday \$140.00/hr. After Midnight \$85.00/hr.

Locker Room Party During Public Session \$25.00+
Skate Admission (50¢ discount applies if 15 or more skating)

**School/Home School/Pre-School/
Church/Special Organization** 15 or more group rates
\$4.00 each ~ Includes skate rentals ~ Daytime

PASSES: available starting August 26th

Ice Arena closes for the season on March 25, 2007
Closed November 23 (Thanksgiving) and
December 25 (Christmas)

BOPARC
Board of Park and
Recreation Commissioners

292-6865

Inside

All about races and rides.....	Page 4
Pilot spotlight.....	Pages 4, 16, 18, 19
Hours and admission.....	Page 5
Balloons and pilots.....	Pages 6-8
The sponsors.....	Page 9
A look at last year's festival.....	Page 10
Schedule of events.....	Page 11
The history of ballooning.....	Page 12
Festival map.....	Page 13
Kids Day events.....	Page 13
Festival entertainment.....	Page 14
All about the balloonmeister.....	Page 15
How hot-air balloons fly.....	Page 16
Unique festival finds home in Morgantown.....	Page 17
A chance to go above the world.....	Page 18
Parts of a balloon.....	Page 19



2007 FJ Cruiser

**The All-New
2007 Camry**



**2007
Tundra**



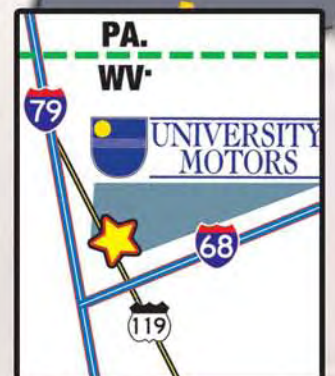
**...the ride
of your life.**



UNIVERSITY MOTORS

60 Don Knotts Blvd., Morgantown • (304) 296-4401

VISIT US AT OUR WEBSITE AT: www.umotors.com



Store Hours: Mon, Tues & Thurs 9 AM - 8 PM
Wed & Fri 9 AM - 6 PM Sat 9 AM - 5 PM

All about races and rides

Five of the festival's races are hare and hound races.

In this race, a single balloon, the hare, will inflate and take off.

Once it has taken off, all of the other balloons are allowed to start inflating and then to take off. The hare will travel for awhile and then land.

Wherever it lands, the hare places a large red X on the ground. The hound balloons have to try and get as close to the X as they can. The pilots all have labeled bean bags that they try to throw at the X. The beanbag that lands closest to the center of the X will award the pilot that threw it the most points.

Pilots are awarded prizes at each race, and at the end of the weekend, points are added up and the weekend's Grand Champion is decided.

Tethered rides

Tethered rides will be available on Thursday night at no cost and periodically throughout the day on Oct. 1 and 2 for \$5 a person.

Tethered rides are first come, first served and no advanced tickets will be sold. Also, while we hope for good weather, if it's rainy on any of these days, the balloons will not be able to inflate.

Ride coupons

If you're interested in riding in a hot air balloon, ride coupons can be purchased for any of the six races being held over the weekend.



Hot-air balloons dot the sky with color during last year's University Motors Mountaineer Balloon Festival.

Jason DeProspero/The Dominion Post

Coupons are \$200 per person and can be purchased at the festival or by calling Tara or Molly at University Motors: 296-4401 or (866) 313-4771

As with tethered rides, the balloon races are weather dependent. If there is bad weather and the balloons are unable to fly, you will be reimbursed for your ride coupon.

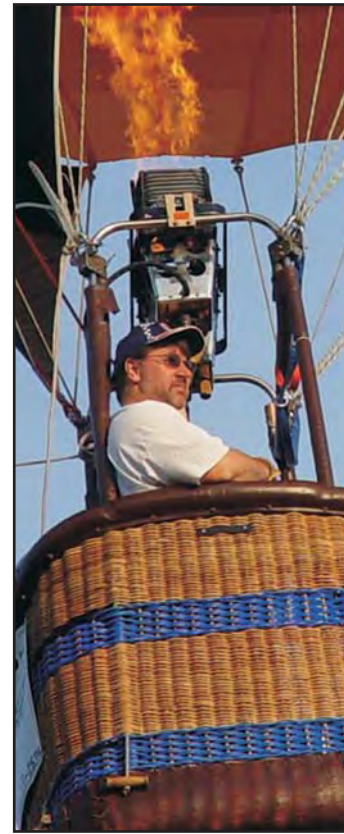
If weather seems good though, we suggest you arrive early before the race you are schedule to fly in. It is required

for passengers to attend the pilot briefing, normally 30 minutes before the start of each race.

Passengers will need to participate in a short safety briefing before flying. The safety procedures will be explained to you by your pilot at the briefing.

For any additional questions about your ride, please contact University Motors or visit the information tent at the festival grounds.

Pilot spotlight



NAME: Thomas B. Furlong
HOMETOWN: Reynoldsburg, Ohio

BALLOON: Murphy
Tom Furlong, 46, has been the owner of Balloon Masters since 1996.

Balloon Masters, based in Reynoldsburg, Ohio, does passenger rides and tether parties, as well as commercial advertising throughout central Ohio.

Taking his first flight in 1990, he gained his commercial license in 1992.



Race prizes

GARFIELD LIFT: Meal coupons for all participants

SIGN FACTORY CUP: Championship points and \$500 Cash

MPE RENTALS CHALLENGE: Championship points and \$250 Cash

PEPSI-COLA RACE: Championship points and \$250 Cash

GLENMARK HOLDINGS RACE: Championship points and \$250 Cash

TOYOTA GOLD PURSE: \$1,000 cash

GRAND CHAMPIONSHIP PRIZE: Glass and metal sculpture by Max Howard, of Huntersville, NC., and complete trailer wrap — \$1500 value — courtesy of Sign Factory.

Awards banquet
The awards banquet will be held at 11 a.m. Oct. 8 at Oliverio's Ristorante.

The restaurant is located on Clay Street, in the Wharf District.

Please call 296-4401 for directions if you need them.

FALL Savings!

Duchess Piccolo Pendant
DH 1506PN
49 1/2" H, 6" D
Palladian Bronze Finish
Champagne Marble Glass
Comes with 10' of wire
\$54.99

Hanging Fixture
DH 5103PN
20" H, 23" D
Palladian Bronze Finish
Champagne Marble Glass
\$129.99

Amber Mica Table Lamp
MC 6793M
25 1/2" H
Hand-Tooled Copper Look Base
Shade: 3x17x9 1/2 Mica Shade
\$159.99

Caballero Semi-Finish Mount
CV 16191B • 9" H, 16" D
Imperial Bronze Finish,
Virsage Stone Glass
\$89.99

Tiffany Snail
TF 142YVB
5 1/2" H, 7" W
Vintage Bronze Finish
\$34.99

Bath Fixture
DX 8603C
10" H, 25 1/2" W,
7 1/2" Ext., Polished
Chrome Finish
Cream Linen Glass
20% Lead Crystal
\$144.99

LIMITED TIME ONLY!

SPECIAL HOURS:
Mon. 9 am-7 pm
Tues. - Fri. 9 am-5 pm • Sat. 9am-3pm
www.cardello.com
www.cardellolighting.com

CARDELLO LIGHTING
1279 University Avenue • 292-8406

CAR PROBLEMS AGAIN?

YES, WE CAN HELP YOU!

- Engine Diagnostics
- Brakes
- Starters
- Alternators
- Air Conditioning
- Fuel Injectors
- Tune-Up Service
- Heating & Cooling Systems

"Your Complete Auto Electrical Specialists Since 1916"
Morgantown Battery Co.
296-6912
Don Knotts Blvd. In The Wharf District

Festival hours

WEDNESDAY — 4-10 p.m. (carnival only)

THURSDAY — 4-10 p.m.

FRIDAY — 10 a.m.-10 p.m.

SATURDAY — 7 a.m.-10 p.m.

SUNDAY — 7 a.m.-5 p.m.

Festival admission

WEDNESDAY — free parking and gate admission

THURSDAY — \$5 per car

FRIDAY — Kids Day! Kids under 12 get in free until 4 p.m., \$5 per person (maximum of \$15 per car), \$100 per tour bus

SATURDAY AND SUNDAY — \$5 per person (maximum of \$15 per car), \$100 per tour bus

THE HYUNDAI CHALLENGE

Touchdown City's

No. 1 DEALER

2007 SONATA

UP TO **34** MPG



starting at

\$16,598*

Stock #H307001

Dual front and front side-impact airbags; side-curtain airbags, Electronic Stability Control, Anti-lock Braking System, Power windows and locks, AM/FM/MP3-compatible, CD player with 6 speakers

\$4,500 less than a comparably equipped Honda Accord

2006 ELANTRA

UP TO **34** MPG



starting at

\$12,995*

Stock #H206077

Dual front and front side-impact airbags, 2.0 liter, 16-valve 4-cylinder engine with CVT, Power windows, locks and heated mirrors, AM/FM/CD audio system with 6 speakers, Air Conditioning, Overhead map lights and sunglass holder, Remote keyless entry with alarm, Windshield sunshade band, Seatback pockets, Tilt steering wheel

\$2,800 less than a comparably equipped Honda Civic LX

Great news for current Hyundai Owners:

Get \$500 Valued Owner cash back on any 2007 Sonata



2006 TUCSON

UP TO **27** MPG



starting at

\$16,598*

Stock #H406047

\$3,100 less than a comparably equipped Honda CRV

Great news for current Hyundai Owners:

Get \$500 Valued Owner cash back on any 2007 TUCSON

2007 ENTOURAGE

ALL NEW



IN STOCK NOW!

*All prices quoted after rebates, value owner, active military, and college graduate. See Sales Rep for qualifications. Vehicle may not be the same as pictured. Sales prices good for 72 hours. Dealer reserves the right to price vehicles from retail when trades are involved.

OF HYUNDAI MORGANTOWN
 ABOVE THE MORGANTOWN MALL
 www.HyundaiOfMorgantown.com 983-CARS (2277)

SALES HOURS:
 Monday-Thursday 8-8
 Friday 8-6
 Saturday 9-4



Award-Winning Hyundai Quality Backed By America's Best Warranty™
 10-Year/100,000-Mile Powertrain Protection
 5-Year/60,000-Mile Bumper-to-Bumper Coverage
 5-Year/Unlimited Miles 24-Hr. Roadside Assistance

Balloons and pilots



Fun One II

PILOT: Van Anderson, Morgantown
SPONSOR: McDonald's



Second Wind

PILOT: Michael Emich, Akron, Ohio
SPONSOR: Accordia of WV



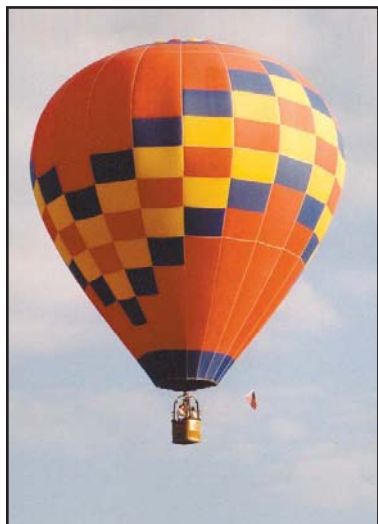
No Deposit No Return

PILOT: Marcel Fortin, Alum Creek
SPONSOR: BOPARC



Boo Lou Noodles

PILOT: Pete Hawkins, Sebring, Ohio
SPONSOR: Glenmark Holding



Sunkissed

PILOT: Alex Jonard, Doylestown, Ohio
SPONSOR: M&T Bank



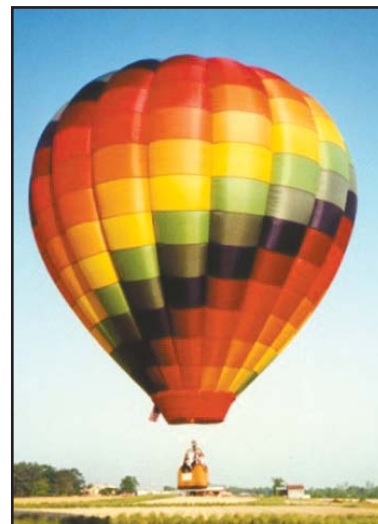
Cloud Rider

PILOT: Jim Knepper, Cincinnati, Ohio
SPONSOR: Oliverio's Ristorante



Loona Balloona

PILOT: Dick Rossen, Akron, Ohio
SPONSOR: Secure-US



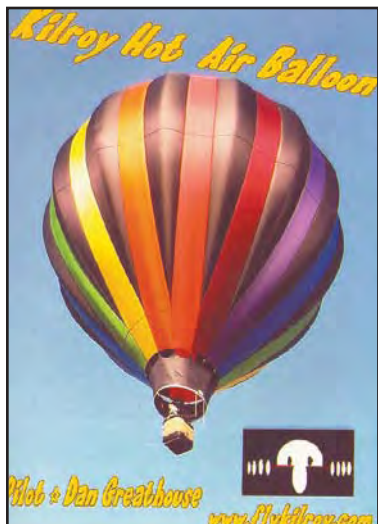
Cool Change

PILOT: Bill Scarberry, Concord, N.C.
SPONSOR: FCX Systems



BB&T

PILOT: Sean Askren, Prospect, Ky.
SPONSOR: BB&T



Kilroy

PILOT: Dan Greathouse, Eastlake, Ohio
SPONSOR: MPE Rentals



RE/MAX

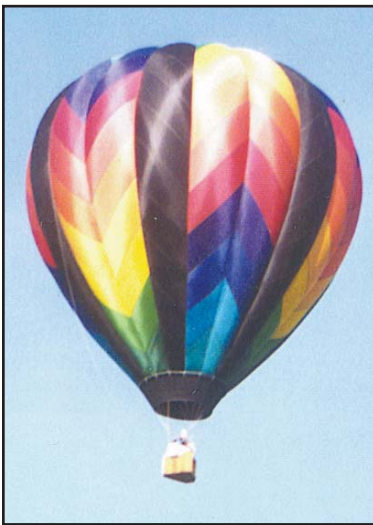
PILOT: Kevin Poeppelman, Clarksburg
SPONSOR: RE/MAX Real Estate Professionals



Auntie Em

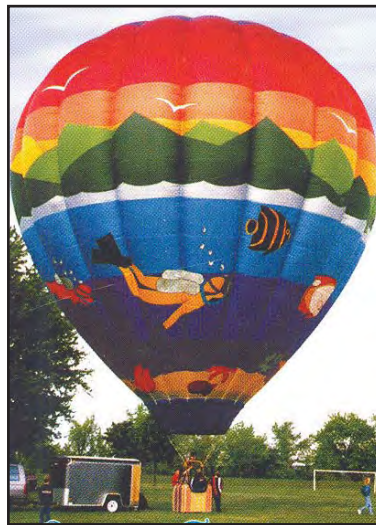
PILOT: Jeff Barlett, Sharpsville, Pa.
SPONSOR: Triple S Harley-Davidson

Balloons and pilots



Amnesia Too

PILOT: Gary Hughes, Saxonburg, Pa.
SPONSOR: Kegler's Sports Bar



Ocean Fantasy

PILOT: D.J. Wertman II, Commerce Township, MI
SPONSOR: Aro Mining



Littlest Angel

PILOT: Denny Welser, Tallmadge, Ohio
SPONSOR: Book Exchange



Dreamcatcher

PILOT: Don Trapp, Loveland, Ohio
SPONSOR: Aro Mining



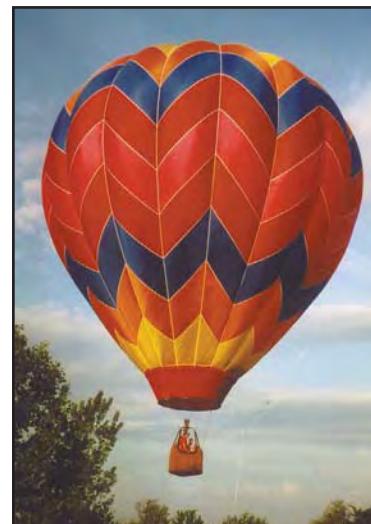
Murphy

PILOT: Thomas Furlong, Reynoldsburg, Ohio
SPONSOR: Ramada Conference Center



Freebie

PILOT: Don Hamilton, Holmesville, Ohio
SPONSOR: Sign Factory



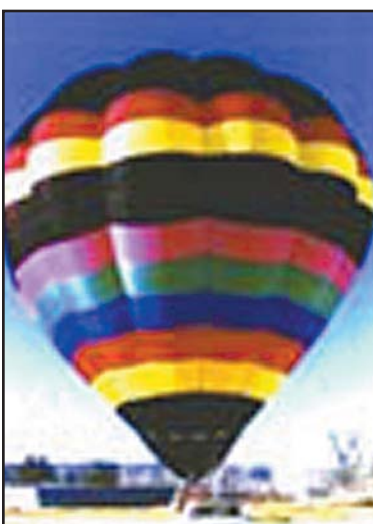
Hocus Pocus

PILOT: Shelly Sperry, Scotts, MI
SPONSOR: Howard Hanna Premier Properties by Barbara Alexander LLC



Snap Dazzle

PILOT: Steward Gibboney, Grove City, Ohio
SPONSOR: Automotive Color Technology



Boojum

PILOT: Robert Mihaly, Lakewood, Ohio
SPONSOR: Nemaocolin Woodlands



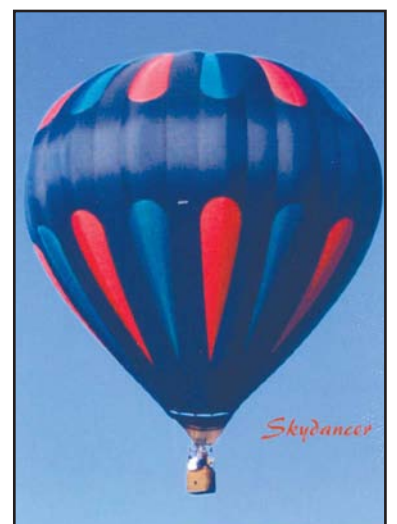
Oh Golly!

PILOT: Tim Hampton, Columbus, Ohio
SPONSOR: WCLG



Good Deal

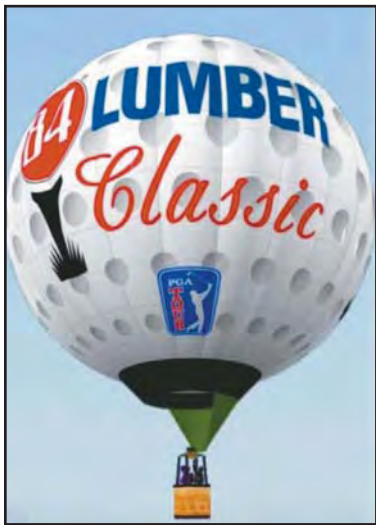
PILOT: Robert Zanella, Barberton, Ohio
SPONSOR: Center Service Auto Body



Sky Dancer

PILOT: Michael Ruede, Orient, Ohio
SPONSOR: Waterfront Place

Balloons and pilots



Eightyfore

PILOT: Steve Lachendro, Butler, Pa.
SPONSOR: 84 Lumber



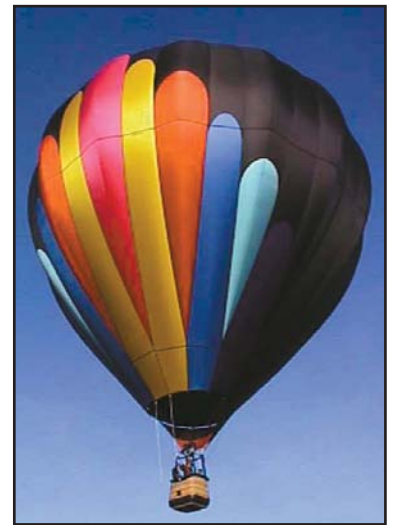
Private Eye Too

PILOT: R. Scott Kelley, Bethlehem, Pa.
SPONSOR: Sound Investments



Legal Eagle

PILOT: Ted Watts, Meadville, Pa.
SPONSOR: Commercial Builders Inc.



Mystique

PILOT: Jeffrey Davis, Somerset, Pa.
SPONSOR: National Auto Care



Avec Le Vent

PILOT: Jody Scott, Mason, MI
SPONSOR: Morgan Auto Parts



Silent Sea

PILOT: Kenneth Cahoon, Bellevue, Pa.
SPONSOR: Steve Prunty



Mountain Momma II

PILOT: Wayne Woodall, Buckhannon
SPONSOR: Centra Bank



Bartoni's

PILOT: Steve Bond, Lebanon, Ohio
SPONSOR: Vision Homes



Lady Zephyr

PILOT: Laurie Givin, Oregonia, Ohio
SPONSOR: Thelma Woodburn Andy



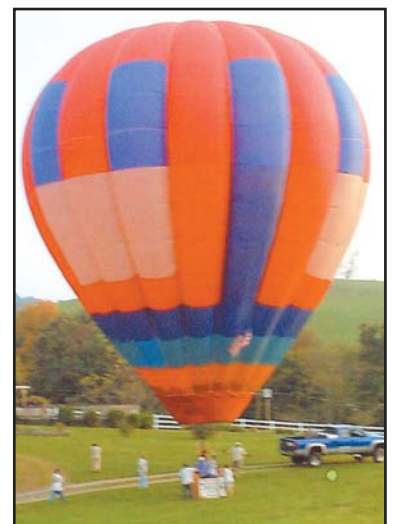
Houser

PILOT: Brian Trapp, Oregonia, Ohio
SPONSOR: University Motors



FoxFire V

PILOT: Isaiah Cunningham, Milton
SPONSOR: Wong's Wok



Freedom Flyer II

PILOT: Jon Leyton, Morgantown

Not pictured

Heartsfire

PILOT: Dave Church, Bridgeport
SPONSOR: Bond Insurance

Catch-Up

PILOT: Dan Saul, Rocky River, Ohio
SPONSOR: Betty Puskar Breast Care Center

Abby's Rainbow

PILOT: Reuben Stutzman, Plain City, Ohio
SPONSOR: United Bank

PILOT: John Addison Bovard, Pa.

SPONSOR: Friends of Coal

The sponsors

Title sponsor

University Motors

Races

MPE Rentals
 Glenmark Holding
 The Pepsi Bottling Group
 Sign Factory
 Toyota

Kid's Day

WCLG Radio
 RE/MAX Real Estate Professionals

Night Glow

WVAQ/WKKW
 FCX Systems

Tethered rides

Mercedes-Benz

Banquet sponsor

Oliverio's Ristorante

Friday launch sponsor

Garfields

Field restaurant sponsors

McDonald's
 Starbucks
 Daily Kneads

Propane sponsor

Amerigas

Field sponsors

BOPARC
 Mylan Park

Media sponsors

WBOY
 WCLG
 WKKW
 ComCast
 The Dominion Post


Balloon sponsors

Commercial Builders Inc.
 United Bank
 Bond Insurance
 Ramada Conference Center
 Sound Investments
 Center Service Auto Body

Morgan Auto Parts
 84 Lumber
 Thelma Woodburn Andy
 Accordia of WV
 Triple S Harley-Davidson
 Aro Mining
 National Auto Care
 BB&T
 Morgantown McDonald's
 RE/MAX Real Estate Professionals
 Secure US
 Waterfront Place
 M&T Bank
 Automotive Color Technology
 Nemaocolin Woodlands
 Centra Bank
 Howard Hanna Premier Properties
 Kegler's Sports Bar
 Book Exchange
 Vision Homes Inc.
 Steve Prunty
 Wong's Wok
 Betty Puskar Breast Care Center
 Friends of Coal
 Oliverio's Ristorante

MPE Rentals

LADDERS & SCAFFOLDING
 PRESSURE WASHERS
 FLOOR CARE & SUPPLIES
 YOUR TOOL RESOURCE CENTER
 TENTS & PARTY SUPPLIES
 AIR DRYING SYSTEMS



HOMEOWNERS CONTRACTORS

DO-IT-YOURSELFERS


Rt 73 @ Whitehall
Fairmont
304-366-4700

1718 Mileground Road
Morgantown
304-296-6155

Two Convenient Locations

MPE Rentals

CARPET CLEANERS TO BULLDOZERS
 CONCRETE MIXERS & TOOLS
 FASTENING EQUIPMENT
 EXCAVATING EQUIPMENT
 COMPACTION EQUIPMENT
 COMPRESSOR EQUIPMENT



We Deliver!

WE RENT almost EVERYTHING!



Jason DeProspero/The Dominion Post photos

Balloons (clockwise from above) take flight during last year's University Motors Mountaineer Balloon Festival. Van Anderson talks to pilot's during the briefing before one of the launches. Children try to win posters at a dart game. Miss Tea Cup and Twinkle Dee, otherwise known as Shirley Smith and Kathy Willis, create balloon animals while keeping dry under a tent at the Mountaineer Balloon Festival. Balloons are inflated during Night Glow.



Schedule of events

Wednesday

We'll still be setting up for the festival weekend, but the carnival will be open from 4-10 p.m.

This open carnival evening is sponsored by WBOY and will have free parking and gate admission.

Ride tickets are \$10 a person for unlimited rides.

Thursday

- 4 p.m.** — Gates open
- 4-10 p.m.** — Carnival rides, field
- 4-10 p.m.** — Face paintings, field
- 4-10 p.m.** — Pre-1840s Living History, field
- 4:30-10 p.m.** — FCX & WVAQ Night Glow, field
- 4:30-10 p.m.** — WVAQ Boom Box, field
- 4:30-10 p.m.** — Souvenirs, Montgolfiers tent
- 6-7:30 p.m.** — Appalachian Brass Band, Oliverio's stage
- 6:30 p.m.** — Sunset — balloons inflate, field
- 8-10 p.m.** — Joe Hall & High Country, Oliverio's stage
- 10 p.m.** — Gates close

Friday

- ALL DAY** — Souvenirs, Montgolfiers tent
- ALL DAY** — Carnival rides, field
- ALL DAY** — WVU engineering display, field
- ALL DAY** — Pre-1840s Living History, field
- 7:30 a.m.** — **Garfield's Lift**, various locations
- 8 a.m.-1 p.m.** — Table and booth set-up for crafts, Heritage Tent
- 10 a.m.** — Gates open
- 10 a.m.-5 p.m.** — Civil Air Patrol Flight Simulator, More Than Hot Air Tent
- 10 a.m.-5 p.m.** — Raptor Center, More Than Hot Air Tent
- 10 a.m.-5 p.m.** — WVU Entomology, More Than Hot Air Tent
- 10 a.m.-5 p.m.** — FBI Fingerprinting, More Than Hot Air Tent
- 10-11 a.m.** — NASA, More Than Hot Air Tent
- 10:30 a.m.-7 p.m.** — Kid's Day, field
- 10:30 a.m.-7 p.m.** — Bee-Keeper, field
- 10:30 a.m.-7 p.m.** — Face painting, field
- 11 a.m.-noon** — NASA, More Than Hot Air Tent
- 11 a.m.-3 p.m.** — Fun Factory, More Than Hot Air Tent
- 11 a.m.-5:30 p.m.** — MPD — Crime Scene Van, More Than Hot Air Tent
- Noon-4 p.m.** — Make & Take, More Than Hot Air Tent



Jason DeProspero/The Dominion Post

Launch time

Balloons inflate and launch during last year's University Motors Mountaineer Balloon Festival.

- Noon-1 p.m.** — Oglebay Zoo, More Than Hot Air Tent
- 12:30-4:30 p.m.** — Belgian Buggy Rides, field
- 1-2 p.m.** — Carnegie — Fire & Ice, More Than Hot Air Tent
- 1-7 p.m.** — Arts and crafts displays/sales, Heritage Tent
- 2-3 p.m.** — NASA, More Than Hot Air Tent
- 2-4 p.m.** — Tanglewood, Oliverio's Stage
- 2-3 p.m.** — Chip Bryant, Stage 2
- 3-4 p.m.** — Carnegie — Fire & Ice, More Than Hot Air Tent
- 4-5 p.m.** — Oglebay Zoo, More Than Hot Air Tent
- 4-4:30 p.m.** — Pilot's briefing, Pilot's tent
- 4:30 p.m.** — **Sign Factory Cup**, field
- 5-6:30 p.m.** — Great Lakers, Oliverio's Stage
- 7-10 p.m.** — Queen City Funk & Soul, Oliverio's Stage
- 10 p.m.** — Grounds Close

Saturday

- 7 a.m.** — Gates open
- 7:30 a.m.** — **MPE Rentals Race**, field
- 8 a.m.-10 p.m.** — Souvenirs, Montgolfiers Tent
- 8 a.m.-10 p.m.** — Arts and crafts displays/sales, Heritage Tent
- 8 a.m.-10 a.m.** — FBI fingerprinting, More Than Hot Air Tent
- 10 a.m.-10 p.m.** — Carnival rides, field
- 10 a.m.-6:30 p.m.** — Bee-Keeper, field
- 10 a.m.-6:30 p.m.** — Face painting, field
- 10 a.m.-10 p.m.** — WVU Engineering Display, field
- 10 a.m.-10 p.m.** — Pre-1840s Living History, field
- 11 a.m.-noon** — Charlotte's Dance Studio, Stage 2
- 11 a.m.-noon** — Carnegie — Space Encounters, More Than Hot Air Tent
- 11 a.m.-5 p.m.** — WVU Playskills, More Than Hot Air Tent
- 11:30 a.m.-12:30 p.m.** — William and the Healers, Oliverio's stage
- Noon-1 p.m.** — Oglebay Zoo, More Than Hot Air Tent
- Noon-4 p.m.** — Belgian Buggy Rides, field
- 1-2 p.m.** — Chip Bryant, Stage 2
- 1-2 p.m.** — Carnegie — Space Encounters, More Than Hot Air Tent
- 1-3:30 p.m.** — Tethered Rides, field
- 2-3 p.m.** — Wishing Chair, Oliverio's stage
- 2-3 p.m.** — Oglebay Zoo, More Than Hot Air Tent
- 3-4 p.m.** — Bill Metheny, Oliverio's stage

- 3-4 p.m.** — Chip Bryant, Stage 2
- 3-4 p.m.** — Carnegie — Space Encounters, More Than Hot Air Tent
- 4-5:30 p.m.** — Weedhawks, Oliverio's Stage
- 4-5 p.m.** — Oglebay Zoo, More Than Hot Air Tent
- 4-4:30 p.m.** — Pilot's briefing, Pilot's tent
- 4:30 p.m.** — **Pepsi-Cola Challenge**, field
- 6-7:30 p.m.** — Thred, Oliverio's stage
- 8-9:30 p.m.** — Jim Savarino, Oliverio's stage
- 10 p.m.** — Grounds close

Oct. 8

- 7 a.m.** — Gates open
- 7:30 a.m.** — **Glenmark Holdings Race**, field
- 8 a.m.-5 p.m.** — Souvenirs, Montgolfiers Tent
- 8 a.m.-5 p.m.** — Arts and crafts displays/sales, Heritage Tent
- 8 a.m.-5 p.m.** — Dream Machines Car Show, Upper field
- 10 a.m.-5 p.m.** — Carnival Rides, field
- 10 a.m.-5 p.m.** — Bee-Keeper, field
- 10 a.m.-5 p.m.** — Face Painting, field
- 10 a.m.-5 p.m.** — WVU Engineering Display, field
- 10 a.m.-5 p.m.** — Pre-1840s Living History, field
- 11 a.m.-noon** — Carnegie — Space Encounters, More Than Hot Air Tent
- 11 a.m.-5 p.m.** — WVU Playskills, More Than Hot Air Tent
- Noon-1 p.m.** — Oglebay Zoo, More Than Hot Air Tent
- Noon-1 p.m.** — 15 Minutes of Fame, Oliverio's stage
- Noon-4 p.m.** — Belgian Buggy Rides, field
- 1-2:30 p.m.** — Jim Truman, Oliverio's stage
- 1-2 p.m.** — Carnegie — Space Encounters, More Than Hot Air Tent
- 2-3 p.m.** — Oglebay Zoo, More Than Hot Air Tent
- 2-3 p.m.** — Chip Bryant, Stage 2
- 2-4 p.m.** — WVU Fencing Team, field
- 3-4:30 p.m.** — Brad Crow & the Cutups, Oliverio's stage
- 3-4 p.m.** — Carnegie — Space Encounters, More Than Hot Air Tent
- 4-5 p.m.** — Oglebay Zoo, More Than Hot Air Tent
- 4-4:30 p.m.** — WV Gladiators, Stage 2
- 4-4:30 p.m.** — Pilot's Briefing, Pilot's tent
- 4:30 p.m.** — **Toyota Gold Purse**, field
- 5 p.m.** — Grounds close

The history of hot-air ballooning

eballoon.org

On Sept. 19, 1783, Pilatre De Rozier, a scientist, launched the first hot-air balloon called "Aerostat Reveillon." The passengers were a sheep, a duck and a rooster, and the balloon stayed in the air for a grand total of 15 minutes before crashing back to the ground.

The first manned attempt came about two months later on Nov. 21, with a balloon made by two French brothers, Joseph and Etienne Montgolfier. The balloon was launched from the center of Paris and flew for a period of 20 minutes.

Just two years later, in 1785, a French balloonist, Jean Pierre Blanchard, and his American co-pilot, John Jeffries, became the first to fly across the English Channel. In these early days of ballooning, the English Channel was considered the first step to long distance ballooning, so this was a large benchmark in ballooning history.

Unfortunately, this same



Jason DeProspero/The Dominion Post

Field full of balloons

The Dreamcatcher balloon (right) prepares to launch as Lady Zephyr inflates (left).

year Pilatre de Rozier (the world's first balloonist) was killed in his attempt at crossing the channel. His balloon exploded half an hour after takeoff due to the experimental design

of using a hydrogen balloon and hot-air balloon tied together.

The next major pivotal point in balloon history was on Jan. 7, 1793. Jean Pierre Blanchard

became the first to fly a hot-air balloon in North America. George Washington was present to see the balloon launch.

In August 1932, Swiss scientist Auguste Piccard was the first to achieve a manned flight to the Stratosphere. He reached a height of 52,498 feet, setting the new altitude record. For the next couple of years, altitude records continued to be set and broken every couple of months — the race was on to see who could reach the highest point.

In 1935, a new altitude record was set, and it remained at this level for the next 20 years. The balloon Explorer 2, a gas helium model reached an altitude of 72,395 feet (13.7 miles). For the first time in history, it was proven that humans could survive in a pressurized chamber at extremely high altitudes. This flight set a milestone for aviation and helped pave the way for future space travel.

The altitude record was set again in 1960 when Captain Joe Kittinger parachute jumped from a balloon that was at a height of 102,000 feet. The balloon broke the altitude record and Captain Kittinger, the high altitude parachute jump record. He broke the sound barrier with his body.

The Atlantic challenge

In 1978, the Double Eagle II became the first balloon to cross the Atlantic, another major benchmark in the history of ballooning. After many unsuccessful attempts, this mighty ocean had finally been cracked. It was a helium-filled model, carrying three passengers, Ben Abruzzo, Maxie Anderson and Larry Newman. They set a new flight duration time at 137 hours.

The Pacific challenge

The first Pacific crossing was achieved three years later in 1981. The Double Eagle V launched from Japan on Nov. 10 and landed 84 hours later in Mendocino National Forest, Calif. The four pilots set a new distance record at 5,678 miles. Three years later, Captain Joe Kittinger flew 3,535 miles on the first solo transatlantic balloon flight, setting yet another record.

In 1987, Richard Branson and Per Lindstrand were the first to cross the Atlantic in a hot-air balloon, rather than a helium/gas-filled balloon. They flew a distance of 2,900 miles in a record-breaking time of 33 hours. At the time, the envelope they used was the largest ever flown, at 2.3 million cubic feet of capacity. A year later, Per Lindstrand set yet another record, this time for highest solo flight ever recorded in a hot-air balloon — 65,000 feet.

The team of Richard Branson and Per Lindstrand paired up again in 1991 and became the first to cross the Pacific in a hot-air balloon. They traveled 6,700 miles in 47 hours, from Japan to Canada breaking the world distance record, traveling at speeds of up to 245 mph. Four years later, Steve Fossett became the first to complete the Transpacific balloon route by himself, travelling from Korea and landing in Canada four days later.

Finally, in 1999 the first around-the-world flight was completed by Bertrand Piccard and Brian Jones. Leaving from Switzerland and landing in Africa, they smashed all previous distance records, flying for 19 days, 21 hours and 55 minutes.

Are You Considering Starting or Expanding a Small Business?

We make small business loans up to **\$35,000** for businesses in Monongalia County. These loans have a fixed **6%** interest rate and repayment terms up to 6 years. Call us for a Microloan brochure and application.



Morgantown Area Economic Partnership

296-6684

SMACK, JACK & WACK ENTERPRISES

UPHOLSTERY & RESTYLING

PROUD SPONSOR OF TRUCKIN' THRU THE BCS FAN VAN

LEATHER UPGRADE

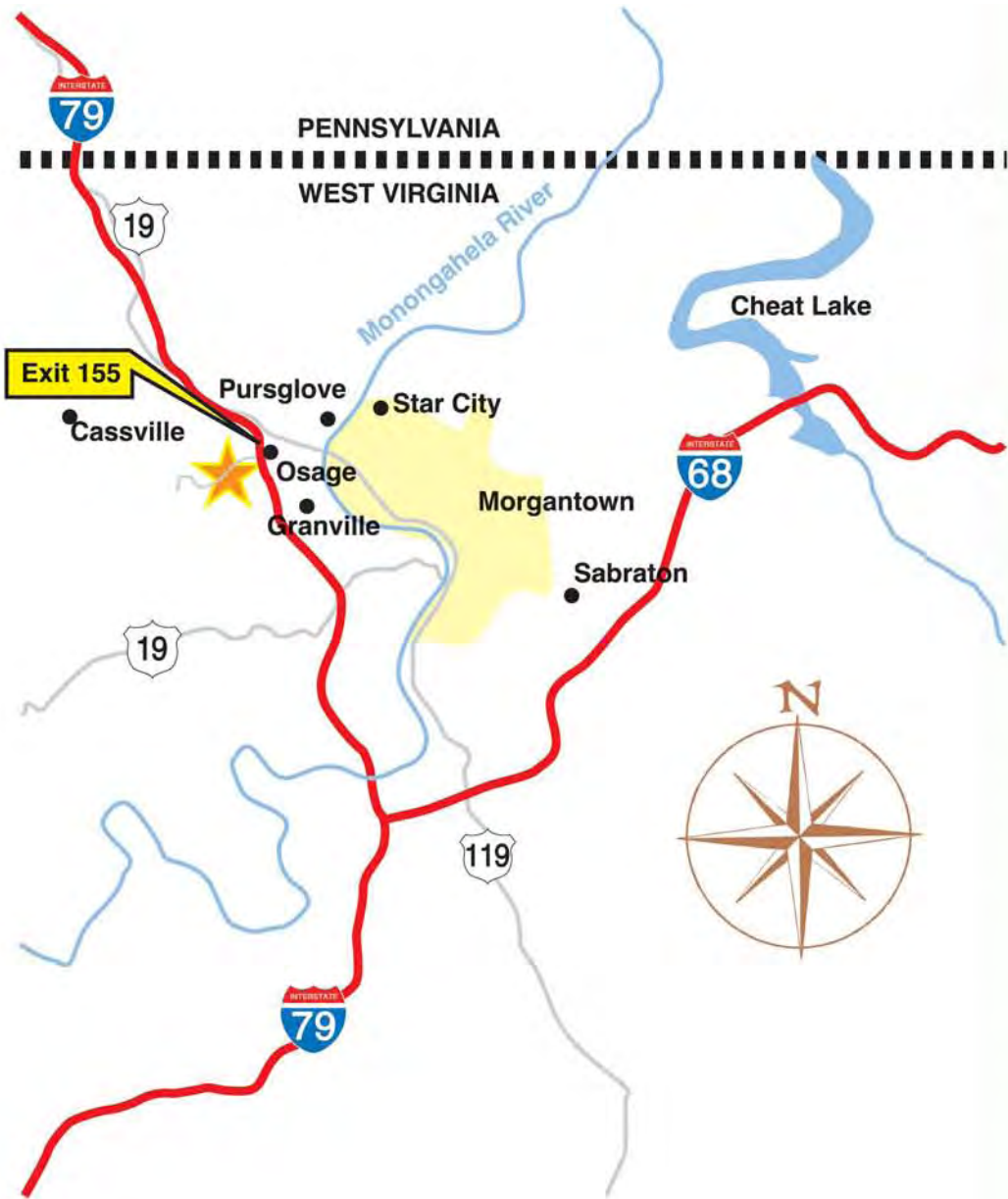
NEW VINYL TOPS

CUSTOM LEATHER SEATS FOR CYCLES, A TV's

CUSTOM STEREO FITTING

MT. MORRIS, PA • 1-800-843-4741

WE CAN TAKE CARE OF ALL YOUR HEADLINER, CONVERTIBLE TOPS, & UPHOLSTERY UPGRADES. WE HAVE INTERIOR KITS, & CARPETS FOR MOST MAKES & MODELS. WE CAN ALSO HELP YOU ACCESSORIZE & RESTYLE YOUR EXTERIOR WITH VINYL GRAPHICS, SEAT HEATERS FOR CARS, TRUCKS & ATVS.



Map and Directions

Take Exit 155

If traveling south on I-79 turn right off exit onto Chaplin Hill Road and travel 1.4 miles. Mylan Park entrance will be on your right.

If traveling north on I-79 turn left off exit onto Chaplin Hill Road and travel 1.6 miles. Mylan Park entrance will be on your right.



Festival offers children a slew of events during Kids Day

Kids Day is from 10 a.m.-4 p.m. Friday.

Children under 12 will have free admission during this time period and the following activities will be featured during this event:

- NASA
- Carnegie Science Center
- The Civil Air Patrol's Flight Simulator
- Model hot-air balloon-

- ing demos
- FBI fingerprinting
- WVU entomology
- The Raptor Center
- WVU Playskills
- Oglebay's Good Zoo
- Pre-1840s Living History
- The Fun Factory
- WVU engineering research vehicles
- The Morgantown Police Department's Crime Scene Van

- Public Library craft station
- Beekeeping
- Belgium wagon rides

- McDonald's craft station
- Marble competitions
- Face painting

- Visits from Smokey-the-Bear, Woodsy-the-Owl and other costumed figures
- Carnival rides



**Morgantown's
Newest
Pediatricians**

Cardinal Pediatrics, PLLC



"Caring for those you care for the most"

511 Burroughs St.
Morgantown, WV
304-599-8000

Cotton Candy

or

Candy Apple

The CHOICE is yours.

Sixteen bands lined up for balloon fest

THE APPALACHIAN BRASS BAND: 6-7:30 p.m. Thursday

JOE HALL & HIGH COUNTRY: 8-10 p.m. Thursday

TANGLEWOOD: 2-4 p.m. Friday

GREAT LAKERS: 5-6:30 p.m. Friday

QUEEN CITY FUNK & SOUL BAND: 7-10 p.m. Friday

WILLIAM & THE HEALERS: 11:30 a.m.-12:30 p.m. Oct. 7

TUPELO HONEY: 12:30-2 p.m. Oct. 7

WISHING CHAIR: 2-3 p.m. Oct. 7

BILLY MATHENY: 3-4 p.m. Oct. 7

WEEDHAWKS: 4-5:30 p.m. Oct. 7

JIM SAVARINO: 6-7:30 p.m. Oct. 7

THRED: 8-9:30 p.m. Oct. 7

WAYNE ROWAND: 11 a.m.-1:30 p.m. Oct. 8

15 MINUTES OF FAME: Noon-1 p.m. Oct.

JIM TRUMAN: 1-2:30 p.m. Oct. 8

BRAD CROW & THE CUT-UPS: 3-4:30 p.m. Oct. 8



Wishing Chair



Jim Savarino



Thred



Weedhawks

Other Shows

Dream Car Classic Car Show —
Sunday, all day
BAJA Race —
Saturday at Noon

Bryant to appear several times at festival

Mime Chip Bryant bills himself as a “Vaudevillian Silent Clown.”

Bryant used to live in Morgantown, but his work has since taken him to New York City, where his act is much in demand.

Bryant’s apprenticeship included a stint with the Ringling Brothers Circus, and he also studied with the great mime, Marcel

Marceau.

His spontaneity and timing are incredible and he is extraordinarily funny.

Friday
2-3 p.m. — Stage 2

Oct. 7
1-2 p.m. — Stage 2
3-4 p.m. — Stage 2

Oct. 8
2-3 p.m. — Stage 2



URGENT CARE • 9 am to 9 pm • 7 days a week

MedExpress+
Great Care. Fast.™

- + Cough/Congestion
- + Sneezing/Stuffy Nose
- + Headache/Earache
- + Pink Eye

...and more
No Appointments...
Just Walk In!
Most Insurances Accepted

www.greatcarefast.com
215 Don Knotts Blvd. • Morgantown
304-291-DOCS (3627)

LAZER BLAST
Where Birthdays Rocket!
Mountaineer Mall • 291.3411

www.lazerblast.net
Book Your Party Today!

TEEN NIGHT
with DJ
Every Friday

How it all started
Unique festival finds home in Morgantown,
Page 17

Van Anderson to serve as balloonmeister

Balloon festivals have a person who serves as the flight director for the event. This person is called the balloonmeister.



Anderson

It is the responsibility of the balloonmeister to make sure that all of the balloonists are aware of the topographical features and other

hazards in the area of the flight, and to ensure that a proper weather briefing is given prior to launch.

The balloonmeister is also responsible for safe flight operations. At festivals involving competition, the Federal Aviation Administration requires a waiver, and this document indicates who will be the balloonmeister. At these competitive events, in addition to the previously mentioned duties, the Balloonmeister is also responsible for ensuring that all pilots comply with all Federal Aviation Administration Regulations, provisions of the waiver and rules of the event.

The term "balloonmeister" was first used more than 200 years ago in Germany. At that time, it was a name created to describe the person who inflated the gas balloons with hydrogen. Although few modern-day balloonists fly gas balloons — and even fewer fly hydrogen filled balloons (helium is most popular today), both persons to serve as balloonmeister at the Mountaineer Balloon Festival are experienced gas balloon pilots, and FAA Pilot Examiners for both gas balloons as well as hot air balloons.

In 1984, Bob Sparks of Bethlehem, Pa., was the balloonmeister for the first Mountaineer Balloon Festival. Sparks' ballooning history includes setting nine world aviation records in different sizes and types of balloons—five of which he designed and built himself.

In 1973, Sparks attempted to cross the Atlantic in the Yankee Zephyr from Bar Harbor, Maine, but severe weather forced him down near Newfoundland where he was rescued by a Canadian icebreaker. Two years later, he launched from Mashpee, Mass., in Odyssey, but bad luck was again on board. He was rescued by a helicopter after a gas leak forced him to ditch in the Atlantic. Sparks was the Mountaineer Balloon Festival's Balloonmeister for five years.

In 1989, Van F. Anderson became the balloonmeister for the Morgantown festival, and has continued in that role since that time. Anderson was the founder of the Mountaineer Balloon Festival, and was Sparks' student. In addition to learning how to fly balloons from Sparks, Anderson also adopted the Sparks philosophy of ballooning. This included a firm rule to make every flight enjoyable, and to avoid flying in hazardous weather.



Jason DeProspero/The Dominion Post

Van Anderson's balloon, Fun One II, is inflated during Nite Glow.

Anderson founded first balloon festival in Morgantown

Balloonmeister Van Anderson first visited the Adirondack Balloon Festival in New York State in 1983.

Impressed with what he saw, he quickly realized that the West Virginia landscape would make a spectacular backdrop for a similar event. He also realized that, as the director of BOPARC, he was in a unique position to make it happen.

During 1984, he talked with

Walt Grishkot, who started the Adirondack festival and between the two of them, they turned this vision into reality.

In September 1984, the first Mountaineer Balloon Festival took place at the Morgantown Municipal Airport. Jeff Berryman, assistant to Anderson at BOPARC, worked with Anderson and Grishkot on the project.

When Anderson eventually left BOPARC to pursue other

career objectives, Berryman became director. Anderson has always maintained his commitment to the festival by acting as balloonmeister; he is always the lead balloon, and is the liaison with the Federal Aviation Authority for the event.

University Motors began its involvement in 1993, when it became the title sponsor, and has been involved in this role ever since. The Toyota Gold Purse,

held Sunday afternoon, offers the biggest race prize — \$1,000.

The festival is run and organized this year by Andy Claydon, Berryman, Anderson and a huge committee of enthusiastic people who want to make this festival one of the best.

The 2005 festival will be the 21st Mountaineer Balloon Festival. One year — 2003 — was missed due to earth-moving and landscaping operations at Mylan Park.

THE SPA
by Dermatology Center For Skin Health

Michele Maouad, MD
American Board Certified, FAAD
SPECIALIZING IN GENERAL SURGICAL & COSMETIC DERMATOLOGY

1189 Pineview Drive Suite G-2 Morgantown, WV
598-3888 New Patients Welcome
www.wvdermcenter.com

SERVICES INCLUDE:
Laser Treatment for Hair Removal, Acne, Sun Damage, Age Spots & Rosacea, Botox, Spider Veins, Chemical Peels, Microdermabrasion, Skin Rejuvenation, Treatment of Fine Lines & Deep Wrinkles, Photo Facials, Skin Care Products Available.

RE/MAX® Real Estate Professionals
Located in Historic Seneca Center

709 Beechurst Avenue, Suite 24
Morgantown, WV 26505
304-292-3900

Visit Us
Friday, Oct. 6 at
"Kid's Campus"

2006 RE/MAX Volunteers
Jarrett Hall, Broker, Paula Hall,
Jack Hall and Mike Hopkins

Meet our "Team RE/MAX"
Hot Air Balloon Pilots
Kevin and Amy Poeppelman

Each office independently owned and operated

Pilot spotlight

NAME: Michael C. Emich
HOMETOWN: Akron, Ohio
BALLOON: Second Wind

Michael C. Emich, 50, holds commercial aviation ratings for single-engine land, multi-engine land, instrument and unlimited free balloon.

As a skydiver who holds class "D" Expert Jumper, USPA Jumpmaster and Jump Pilot ratings, he has logged more than 1,200 jumps. His most interesting jump was from a Boeing 727 jet airliner over Quincey, Ill., in 1998 and his highest jump to date was from 21,000 feet.



In addition, he set the U.S. National Distance Record for category AA-4 gas balloons in a 17-hour, overnight flight in 1985 that covered 515 miles in a 19,000 cubic foot Navy surplus gas balloon

filled with hydrogen. For this flight, Emich and co-captain William G. Armstrong Jr. were awarded the Balloon Federation of America's Shields-Trauger Award, the highest award in American ballooning. On Jan. 10, 1998, Emich set a new world distance record for category AX-5 hot-air balloons in a 270-mile flight using a balloon of his own design and construction. Not content with one world record, Emich designed and built a category AX-4 hot air balloon for an assault on the distance record for that size balloon. On Feb. 13, 1999, Emich established a new world distance record with a 184-mile flight.

Besides having extensive flying experience, he has designed and constructed 12 experimental hot-air balloons and restored to flying status two WWII U.S. Navy gas balloons.

Starting in October 1991, he had extensive involvement in the Earthwinds Transglobal Balloon Flight, serving in a number of assignments ranging from NAA directing official to



assistant launch master and finally being selected as co-captain of the first 1993 launch attempt.

In professional life, he is a lieutenant for the Akron Ohio Fire Department. His current assignment includes fire prevention and suppression as a company officer and all phases of EMS. He is also a member of the Akron Fire Department Dive Rescue Team and the Summit County Special Operations Response Team.

Previously, Emich worked for 11 years in a series of progressively responsible research and engineering assignments in the tire and polymer industry.

Besides sport aviation, his hobbies include scuba diving and sailing. (He earned a Bareboat Charter Captains Certificate at the Annapolis Sailing School in Annapolis, Md.)

How do hot-air balloons fly?

BY VAN F. ANDERSON
 Balloonmeister

Balloons are a very safe aircraft, and this is because they are relatively simple in both design and in conformance to the laws of physical science. With very few moving parts, the likelihood of mechanical malfunctioning is remote. In essence, balloons utilize the law of gravity and the tendency of lighter, less dense air to rise from the earth.

An average balloon system, comprised of full fuel tanks, basket, burners and the colorful envelope, generally weighs about 600 pounds. If you add to that the weight of three to four adult passengers, the combined weight doubles to around 1,200 pounds. Gravity would then tend to keep this amount of weight on the ground.

Competing with gravity is air that is less dense than the environment around it. You can experience this phenomenon when you place your head under the water in the swimming pool and blow out air. The air forms into bubbles, and because it is less dense than the water around it, tends to rise upward and out of the dense water.

In the case of a balloon, the nylon or polyester envelope captures this less dense air, and uses it to "lift" or overcome gravity to the degree that it lifts the balloon system and its passengers as it rises around the more dense air of the atmosphere (ambient air) around it. This is the simple way that balloons work.

In ballooning, there are two kinds of "lifting air." Gas balloons use elements that are designated as "lighter-than-air,"

such as hydrogen and helium. When captured in a rubber envelope, they lift the balloon system and passengers to a height that creates a balance between "lift" and gravity, known as "equilibrium" to balloonists.

In a hot air balloon, the lifting is caused by heating the air inside the nylon or polyester envelope by powerful propane burners so it becomes less dense than the colder ambient air outside.

In hot air balloons, the amount of lift can be increased by making the air hotter inside the envelope. Generally, balloons fly at temperatures of about 180 to 240 degrees. On a cool day, when outside temperatures are 40-50 degrees, a balloon would not have to be heated as hot to be able to carry the same amount of weight as it would on an 80-degree day.

Increased temperature is not the only way to increase lifting capacity in balloons. By flying a balloon with a larger envelope, lift can be increased by the volume, rather than temperature of the air.

Because the air inside the envelope of a hot air balloon is always changing in temperature — either from heating it with the powerful propane burner or by natural cooling without such burner induced heating — flying a balloon involves a constant competition between gravity and "lift." However, balloons always return to earth, so gravity is the eventual winner of this competition. Yet the thrill and excitement of ballooning that is provided by the lifting gas tends to also provide an "emotional lift" to all of those lucky enough to be in the basket.



SPORTS SPECIFIC TRAINING CENTER

**Now Open
 At Mylan Park**

78,000 Sq. Ft. Sports Specific
 Training Facility & Fitness Center

- Collegiate-Style Weight Room
- Adult Fitness Center
- Cardiovascular Equipment
- Batting Cages/ Lanes
- 180' x 270' Field Turf Arena
- Memberships Available
- Visit Our Website For Upcoming Clinics, Camps & Leagues.

Mon. - Fri. 6am - 10pm; Sat. 8am - 8pm; Sun. 8am - 5pm

Call 304-983-PRO1 (7761) or visit our website at <http://www.properformancex.com> to join!

Ferris Wheel or Merry-go-Round

The **CHOICE** is yours.

Unique festival finds home in Morgantown

BY VAN F. ANDERSON

Founder and Balloonmeister

FOR MORE THAN two decades, the Mountaineer Balloon Festival has been a popular event in Morgantown's busy fall schedule, bringing a variety of color to the sky to augment the seasonal coloring of the foliage.

From the first balloon ascension of 20 balloons, witnessed by hundreds of spectators from the Morgantown Municipal Airport back in 1984, the event has grown to include more than 40 balloons and thousands of spectators in recent years.

In addition to many local residents looking forward to this event, most of the balloonists also view participation in the Mountaineer Balloon Festival as an essential part of their personal balloon season schedule.

The majority of those balloonists attending this event are "regulars" from West Virginia, Ohio and Pennsylvania, with others from more distant states. For most of them, the trip to Morgantown represents the close of another season of ballooning.

Although the initial site of the festival was the Morgantown Municipal Airport, the terrorist attacks of 2001 caused the FAA to close airports, and then to open them to only those aircraft with Mode C (altitude emitting) transponders-equipment that is not common to balloons. Hence, it was obvious that using an airport for balloon festivals would be subject to random acts resulting in FAA restrictions that could result in a festival being cancelled just days before it was



Jason DeProspero/The Dominion Post

Swirl of color at Mylan Park

The Balloon Festival was moved from the Morgantown Municipal Airport to Mylan Park after the terrorist attacks on Sept. 11, 2001, resulted in stricter Federal Aviation Administration regulations.

scheduled to start. So, the festival was moved to Mylan Park.

In so doing, many benefits were realized. First of all, the balloon launch area is in a bowl, or protected area, allowing for easier inflations than were generally experienced at the windy airport location. Secondly, the inherent danger of having spectators drive across the runway of

an operating airport was no longer a factor. Third, because the launch area is more than five miles from the Morgantown Air Traffic Control Tower, it is outside Morgantown airspace, and launching of balloons can take place when visibility is less than would be required at the airport.

The success of the festival has evolved due to the intense

investment of human and other resources from BOPARC, sponsors and volunteers through the years, as well as the financial support of local businesses. Without this broad community support, the festival would not have survived.

In reflecting on the years, I find a great amount of satisfaction when people relate to me their joy

of watching balloons float over the blue Monongalia County sky, or even better — when they express their excitement involved with their first balloon flight.

As a result, ballooning has found a home in Morgantown, to the delight of thousands who might have otherwise never had the opportunity to experience the uniqueness of ballooning.



In a hot air balloon, the lifting is caused by heating the air inside the nylon or polyester envelope by powerful propane burners. The air becomes less dense than the colder ambient air outside.

Jason DeProspero/The Dominion Post

Partners in Women's Health Care Specialists in Gynecology.

Tom Harman, Patsy Harman, Jane Koch, Julie Armistead

Now accepting new patients

- Menopause and PMS
- Infertility
- GYN Surgery
- Abnormal Pap Smears
- Pelvic Pain
- Hormonal Problems
- Sexual Difficulties
- Osteoporosis

*Holistic Care for every woman
With gentleness and respect*

We're here when you need us.
Urgent Appointments and evenings

304-599-6811

www.womenshealthwv.com



Getting a chance to go above the world

BY LINDA DUVAL

The Gazette (Colorado Springs) (MCT)

STEAMBOAT SPRINGS, Colo. — We're not aware of leaving the ground until we begin to drift, like a puff of thistledown, on the gentle morning currents.

Below us, it looks like an artist's rendering of a perfect landscape. Above us, a silky sack of black and lime checkered nylon blocks out the sky. The sounds of the crowd fade and the dawn's perfect stillness is broken only by the occasional blast of the propane burner that heats the air keeping the balloon afloat.

Soon, we're 1,000 feet above Steamboat Springs, participants in the town's annual Balloon Rodeo.

This annual event, one of many such in Colorado and the West each summer and fall, draws an invitation-only field of about 50 competitors.

But you don't have to be a pilot, or even a passenger, to enjoy this and dozens of other hot-air balloon festivals. Amateur (and professional) photographers, senior travelers or families looking for an inexpensive show, not to mention die-hard balloon buffs, all get a kick out of these lighter-than-air affairs. Many people plan their vacations around them.

Pilot Phil Campbell, 34, counts himself lucky to be among those competing in the Steamboat Springs event. Campbell, from Aurora, Colo., has been ballooning since his father, Calvin Campbell, took it up nearly 30 years ago.

"I grew up around balloons," says Phil Campbell. "We started chasing them when I was about 5. By the time I was 12, I was acting as crew chief for my dad. Then I got my pilot's license when I was maybe 20."

A few years ago, he bought his own balloon and basket, named it Who's Your Daddy? and began flying with his wife and crew chief, Dine.

The silence of the morning is broken by the crackle of his hand-held radio.

"Who's Your Daddy?" he responds.

The chase crew asks him which road he's over, so they can make the correct turn to help catch him when he lands. He checks his map and gives them directions.

Hot-air balloon pilots have to learn navigation techniques as well as how to inflate, fly and land these colorful aircraft.

"And they are registered aircraft, just like planes," he explains.

Suddenly, a less-experienced balloonist begins to rise right beneath our basket.

Campbell leans his sizable

bulk over the top of the basket and yells "ABOVE YOU!" several times before the other balloonist realizes he doesn't have an unobstructed path for ascent.

But this is the only blemish on the otherwise gentle ride. Even the landing, which he picks out carefully from the approved landing sites, is gentle. He brings the basket to about a foot above the ground, where his ground crew grabs it and deftly lowers it to the Earth.

Not all landings are this gentle, he says. It depends on a number of factors, but the crew always faces in the direction of the landing with knees flexed, ready to bounce if necessary.

Caution is the key word in ballooning, Campbell says.

Before the ride, he goes over the prescribed safety practices with his ground crew in a friendly but no-nonsense way.

"No smoking," he says. "You smoke, I go boom."

No stepping on or over the balloon envelope (the balloon itself).

And anyone on board the balloon does exactly what the pilot says — duck! move over! — and does it now, he says, adding with a grin, "unless it's morally suspect."

Weekdays, Campbell works for the department of public safety for the city of Aurora.

But on weekends, he flies.

"I've never been part of a sport in my life, but this is something even non-athletic guys like me can do. "We get all ages, from little kids to 90-year-old great-grand-

mothers," riding in balloons.

And there's a camaraderie in it.

"If you're a balloonist, you're a member of a community," he says.

His sentiments are echoed by Colorado Springs balloonist Dewey Reinhard, who also flies often in the annual Steamboat Springs Balloon Rodeo.

"We've been coming here for years," he says of his family and crew. "We just love the scenery."

"The flying conditions are usually good, and it isn't so crowded here as some (events) I've been to," says Reinhard, flying his gold and orange Free Spirit II.

He's been to the biggest hot-air balloon festival of them all in Albuquerque but doesn't go any more because it's too crowded, he says.

"This one is more informal, too," and many of the same pilots come year after year, so it's as much a reunion as a competition.

Balloonists set up the barbecue grill by their campers and invite other balloonists for a cookout. They share coffee and doughnuts in the mornings.

They respect each other, help each other, compete in a friendly fashion.

This is their passion, a way to relax and unwind, even though it means getting up before dawn and doing lots of physical work before and after a flight.

"A day of ballooning is tiring," Campbell says. "But it quiets the soul."

Ditch The Boring Brown Bag...

YOUR OFFICE LUNCH IS HOT-N-READY!

Little Caesars

HOT-N-READY PIZZA

\$5.00

ORIGINAL ROUND
CARRY OUT
PLUS TAX
NO LIMIT!

LARGE WITH PEPPERONI

ONE LARGE PIZZA SERVES UP TO 4 PEOPLE!

Glenmark Centre BFS Foods **University Ave (Beside McDonalds)**
292-3412 **599-4939**

Available at participating locations only. Prices may vary. Visit our website at LittleCaesars.com. ©2005 LCE, Inc.

Pilot spotlight



NAME: Ted Watts
HOMETOWN: Meadville, Pa.

BALLOON: Legal Eagle

Ted Watts began his involvement with hot air ballooning when he became the event director of the Thurston Classic hot air balloon rally in his home town in 1988. After being a "ground pounder" for six years he took to the skies in 1994.

In 1995, the Legal Eagle was born. Watts had the name picked out long before the balloon was designed. It just seemed to be a natural fit with his profession.

Watts has been involved in competitive ballooning for the last 10 years.

He is a self-described "middle of the pack" competitor, but he can usually be seen over the target; just not "over" enough.



Parts of a balloon

eballoon.org

The basket

The basket is the bottom part of the balloon which carries the passengers, pilot and propane gas cylinders. Baskets come in a variety of different shapes and sizes, some smaller for the more intimate flights for two to three people, right through to the larger sizes (20 plus) used for public flights.

These days most baskets are woven from Kooboo and Palambang cane as these materials are extremely sturdy, flexible and relatively lightweight. The cane has proven to be the most hard-wearing and durable material, even more so than aluminum or some composite plastics. The basket needs to be extremely strong as it is constantly on the move, being shifted from place to place. When the balloon actually lands, there is a large amount of force exerted on it as it hits and comes grinding to a halt. The flexibility of the cane helps with the landing as wicker material flexes a little, absorbing some of the energy.

The burner

The burner is like the engine of the hot air balloon. It is what propels the hot air up into the envelope to make the balloon move upwards into the air. There are many different types of burner available — single, double, up to quad sys-



Hot-air balloon baskets come in all sizes. Some hold two to three people, while others can hold 20 or more.

Submitted photo

tems, depending on the size of the balloon flying. These days, due to the advancement in balloon technology, it is also possible to get the burner designed to your own specific requirements. For example, if you required an ultra quiet flame system or a burner frame made from a specific type of material, this could all be easily arranged.

The envelope

The actual balloon is referred to as the envelope,

which is constructed from long nylon sections called gores. The gores extend from the base of the envelope to the crown and are made up of many smaller panels. The main part of the envelope (the bottom two thirds) is normally made from a combination of nylon or polyester, the same type of material that parachutes are made of. It is tightly woven and is coated with a material that makes it extremely airtight and durable. Nylon works well in

balloons because it is lightweight, but it is also fairly sturdy and has a high melting temperature.

The bottom part of the envelope, referred to as the skirt (nearest to the burner) is made from a material called Nomex. Nomex is an industry standard flame-resistant material used in Formula 1 Racing and also in the suits of firefighters. It is used near the mouth (base) of the envelope as this is the area most prone to the heat from the burner.

The material used nearer the top of the envelope is known as Hyperlast. It has been around for many years and is used just in this top third of the envelope.

What makes Hyperlast desirable to use is that the nylon base fabric is woven from a heavier yarn, which increases the strength a great deal. Also Hyperlast has a silicone coating added to both sides, which helps protect the envelope from the growth of mould or fungi.

Pilot spotlight

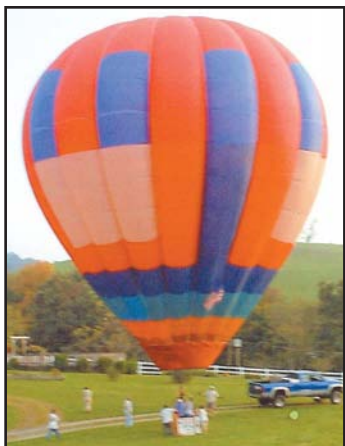
NAME: Jon Leyton

HOMETOWN: Morgantown

BALLOON: Freedom Flyer

Jon Leyton has been flying for 10 years. He earned his certificate from World Balloon in 1999.

After working as a crew chief for 5 years at Mountain State Balloon, he purchased the company in 2000.



Are You In Constant Pain or Discomfort?
We May Have the Answer.



HAMRICK
Specific Chiropractic

~ All Insurances Accepted ~

• Now Accepting New Patients • Immediate Care
• No Wait. Walk-In Policy • Located in First Exchange Bank

FREE EXAM

FREE Consultation & Skin Temperature Differential Analysis
(\$100 Value)
Expires October 31, 2006



Dr. Donald K. Hamrick, III

Specific Chiropractor • Palmer & WVU Graduate

3081 University Ave., Ste. B ~ Morgantown

304-598-3334

Proud Supporter of the



Mercedes-Benz



UNIVERSITY
MOTORS

60 Don Knotts Boulevard • (304) 296-4401 • Visit Us At Our Website At: www.umotors.com