



Annual Report 2022-2023

# Table of Contents

Encompass Programs	1
Financial Result Summary	2
Program and Service Numbers	3
Program Portraits	5
Board of Directors	14
2022 Partners in Giving	15
Individual Donors	16
Corporate, Community and Government Donors	
Corporate, Community	19
Corporate, Community and Government Donors  Memorial and Honorary	19

#### **Dear Friends of Encompass,**

Each year we are filled with gratitude for the generosity of our community. When we say the mission of Encompass is to partner with families to build healthy foundations for children, that partnership includes you!

As we share our Annual Report for the 2022-2023 fiscal year, you will see a snapshot of the power of your partnership and the impact on our community one family at a time.

Encompass prides itself on innovation and the importance of finding new and creative ways to help children and families. Our multidisciplinary approach to care sees teachers, therapists, and program staff collaborating over plans that best meet the needs of each child. We have increased our group therapy and activity programs for children as well as workshops and support groups for parents and caregivers.

This year we placed a greater emphasis on removing barriers to access for our families. In addition to our Mobile Therapy Unit and in-home visits, we launched our Community-Based Therapy Program with Encompass therapists paying weekly visits to seven different preschools in our community. This program removes a burden for families whose circumstances make it difficult for their child to access the help they need outside of school hours. Additionally, therapists can collaborate with teachers over the best way to help students thrive in the classroom.

As always, it is a priority for us to meet families where they are regardless of ability to pay, language barriers, or developmental challenges.

Because of your partnership, every day, we continue to move forward in our shared vision of a community where **ALL** children thrive. On behalf of the children and families we serve, thank you. We could not do this important work without you.

With gratitude,





## **Encompass Programs**

#### **Pediatric Therapy**

Speech and language, occupational, physical, feeding, social skills, and behavioral health therapies for children from birth to 8 years old. Therapies are offered in-home, onsite at our Pediatric Therapy Clinic, online via teletherapy, and out in our community.

#### **Early Learning**

Preschool, toddler groups, and summer camps for children of all abilities ages 2-5.

#### **Family Enrichment**

Workshops, groups, classes, and resources to help families thrive by deepening their capacity to support family members and care for themselves; offered in person and virtually.



#### **Our Mission**

We partner with families to build healthy foundations for children.

#### **Our Vision**

A community where ALL children thrive.

# Service Area Our in-home programs serve a 1,140 square mile radius School District: 250 Skykomish School District: 380 sq. miles Snoqualmie Valley School District: 400 sq. miles

# **Financial Result Summary**

#### Fiscal Year 2022-2023\*

<b>Total Support &amp; Revenue</b>	\$ 8,162,483	100.0%
Non-Cash Donations	50,712	0.6%
<ul><li>Interest &amp; Miscellaneous</li></ul>	88,540	1.1%
<ul><li>Fee for Service</li></ul>	1,980,689	24.3%
<ul><li>United Way</li></ul>	252,587	3.1%
<ul> <li>Contributions &amp; Fundraising (net of event expenses)</li> </ul>	1,277,775	15.7%
<ul><li>Government Sources</li></ul>	\$ 4,512,180	55.3%
Support & Revenue		% of Revenue

_	% of
Expenses	Expenses

#### **Program Services**

<b>Total Program Services</b>	\$ 7,612,041	92.3%
<ul><li>ParentChild+</li></ul>	268,500	3.3%
<ul><li>Kinship Support Program</li></ul>	114,351	1.4%
<ul><li>Summer Programs</li></ul>	42,649	0.5%
<ul><li>Early Learning Programs</li></ul>	1,527,332	18.5%
<ul><li>Behavioral Health Programs</li></ul>	673,714	8.2%
<ul> <li>Early Support for Infants and Toddlers (ESIT) &amp; Pediatric Therapy</li> </ul>	\$ 4,985,495	60.4%

#### **Supporting Services**

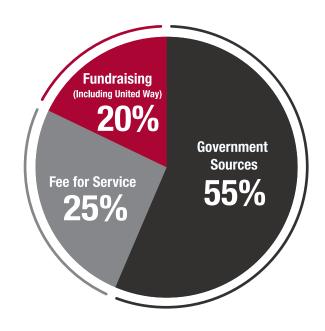
**Expenses** 

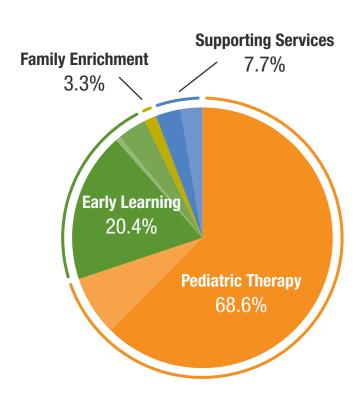
Total Supporting Services	\$ 632,987	7.7%
<ul><li>Development</li></ul>	288,285	3.5%
<ul><li>Administration</li></ul>	344,072	4.2%

<b>Total Expenses</b>	\$ 8,245,028	100.0%
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Support & Revenue in Excess of	\$ (82.545)	-1.0%

<sup>\*</sup> Preliminary figures subject to audit adjustment. Fiscal Year Ended June 30, 2023





# **Program and Service Numbers**

2,704

total individuals served by Encompass

#### **Early Learning**

Preschool, ParentChild+, Toddler Groups, and Summer Camps for children of all abilities ages 2-5.



375

Children and Families Served

75,120

Total Classroom Hours 60

Children Received Free Preschool Tuition

#### **Pediatric Therapy**

Speech and language, occupational, physical, feeding, and social skills therapies offered in-home, onsite at our Pediatric Therapy Clinic, virtually via teletherapy, and out in our community.



10,011

In-person Pediatric Therapy Sessions

1,781

In-person Behavioral Health Sessions 6,071

In-person Early Support for Infants and Toddlers (ESIT) Sessions

#### **Family Enrichment**

Low or no cost workshops, groups, classes, and resources to help families thrive by deepening their capacity to support family members and care for themselves.



944

Podcast Downloads

1,781

Workshop Participants 4,662

Community Event Participants

# Examples of our Impact in 2022-2023

We Gave



713

Toys and Books to Help ParentChild+ Famillies Learn

We Provided



311

Therapy Sessions in our Mobile Therapy Unit

We Provided



28,350

Nutritious Meals and Snacks to our Preschool Students

We Visited



14

Community
Based Services
Locations



# **Pediatric Therapy**

Our comprehensive Pediatric Therapy programs serve children birth to 8 years old across a broad range of services including Early Support for Infants and Toddlers, Behavioral Health, Clinic and Community-Based Services offered in the community at schools, daycare centers, and more.

#### **Clinic and Community-Based Services**

We offer occupational, physical, speech and language, and feeding therapies for children aged 3-8 years old. Our programs are designed to help children reach social-emotional, language and communication, cognitive, and physical developmental milestones and rely on evidence-based practice, ensuring families receive top quality care. For children receiving multiple therapies, our therapy teams collaborate to provide seamless care from one appointment to the next. We reduce barriers to access through our Community-Based Therapy Program, providing onsite services for children and families in a variety of locations.

#### Clinic and Community-Based Services Highlights for 2022-2023:

- Our Community-Based Services program launched in 7 preschool/daycare/private schools in the Snoqualmie Valley allowing us to reach more children needing our services.
- We increased our group therapy options focusing on Friendship Groups of peers.
- A new partnership with Children's Hospital expanded our network in the stuttering community, providing a direct referral pipeline for our Speech Therapy services designed for stuttering children.
- Our Occupational Therapy team received new certifications in evidence-based therapeutic programs, allowing for a broader range of therapies available to meet the unique needs of each child.
- Our Childcare Consultation team regularly provides free First Aid, CPR, and AED training for community childcare providers as well as recertifications for Snoqualmie Valley School District nurses.

#### **Behavioral Health**

Another aspect of Pediatric Therapy Programs is Behavioral Health, offering services for children birth to 8 years old. Our team of child and family therapists focus on connecting with parents/caregivers and children while providing support and encouragement for enhancing that important relationship. We develop a plan for each child that is grounded in solid, evidence-based practices while using playful, creative strategies that meet developmental needs.



#### **Behavioral Health Highlights for 2022-2023:**

- Hosted collaborative training workshops facilitated by well-known Child Psychologist Mona
  Delahooke, Ph.D. Involving community partners from Empower Youth Network, the Snoqualmie
  Valley School District, and the Snoqualmie Police Department, the focus was on the best way to
  reach children who might have Adverse Childhood Experiences.
- We have established internship partnerships with the University of Washington, Seattle University, Arizona State University, and Antioch University.
- We offered a wide range of individual, family, and group therapy sessions, as well as a range of parent coaching and support services.
- Our Parent and Caregiver Workshops are offered throughout the year and are designed to help foster positive self-worth in the parent, mindfulness, and techniques for positive connection with their child.
- We provide a robust online learning system for families on our waiting list so they can find help and resources at a convenient time or as they wait for services.

#### **Early Support for Infants and Toddlers**

Early Support for Infants and Toddlers (ESIT) helps children birth to 3 years old reach developmental milestones. Families can receive support in nutrition and feeding, sleep, speech and language, fine and gross motor skills, and behavioral and emotional development. ESIT also provides services through Hospital to Home™ (H2H) for families with an infant transitioning from the Neonatal Intensive Care Unit, as well as CHERISH™ (**CH**ildren **E**ncouraged by **R**elationships in **S**ecure **H**omes), a home visiting program providing an extra layer of support for children involved in the child welfare system.

#### **ESIT Highlights for 2022-2023:**

- Our Nourish program expanded and has four certified lactation consultants and nine providers with feeding expertise ensuring local support for families who need it.
- We added infant and toddler feeding playgroups to create community and excitement around early feeding.
- A new resource, Hospital to Home<sup>™</sup> connected parents with other families in similar experiences, as well as provided a panel of experts to answer their questions about some of the topics associated with having a premature baby.
- Our Infant Massage Class launched, helping families learn safe and connected touch, facilitating
  a positive interaction that helps stimulate growth as well as support attachment and bonding.
- We created a community playgroup at Panorama Apartments offering a place for residents to experience opportunities for peer interaction, structured and unstructured activities, and parent discussion about child development.

"Throughout our foster care journey, we've often felt we've been neglected by the State. Thankfully, in those times, we've still managed to find one constant ally and advocate for both our foster child and ourselves: our CHERISH™ providers through Encompass. On numerous occasions, we've turned to each other and said, 'Where would we be without Encompass?'"

- Encompass CHERISH™ Family



# **Early Learning**

Comprised of Preschool, Toddler Groups, Summer Camps, and ParentChild+, our Early Learning programs are for children aged 12 months to 5 five years old and take place in a variety of locations from the classroom, to local parks, to in-home visits.

#### **Preschool**

With classrooms in Carnation and North Bend, our nationally accredited preschool program serves children 2.5-5 years old and includes free preschool slots for income-qualifying families through Washington's Early Childhood Education Assistance Program (ECEAP). We provide a nurturing learning environment where children build the cognitive, social-emotional, and physical skills that set them up for school success and beyond.

#### **Preschool Highlights for 2022-2023:**

- Our preschool and toddler groups had 75,120 planned classroom hours.
- Creative Curriculum for Preschool was used to empower children through project, play-based learning that focuses on building language, literacy, math, and social-emotional skills.
- Preschool students participated in family style meals during school, providing nutrition and reinforcement of social skills, etiquette, and healthy eating habits.
- Encompass Preschool provided family engagement activities for students and their families such as Donuts for Grownups, Family Movie Night, and the End of the Year Celebration.
- 24 educators, family support specialists, and support staff created an engaging and nurturing early learning experience.

"The Encompass team has been such a huge part of our lives, and we truly don't know what we would have done without them. They have been our family's biggest supporters and cheerleaders. They have sat with me while I cried, helped me advocate for my children, and have personally gone to bat for us."

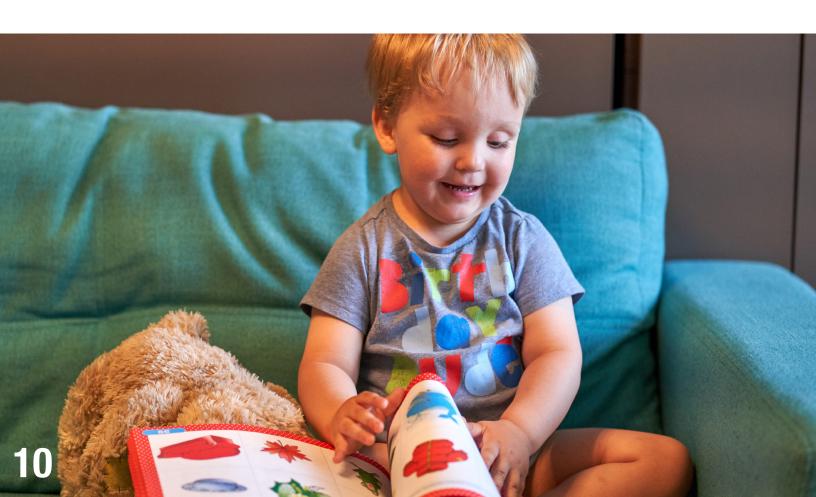
- Kirsty Byrski, Encompass Parent

#### ParentChild+

Serving children 16-36 months of age, ParentChild+ provides in-home visits with educational toys and books and teaches caregivers how to use them in ways that help children prepare for school. Offered in English and Spanish, graduates are 50 percent more likely to be prepared for kindergarten and less likely to need special education than their peers.

#### ParentChild+ Highlights for 2022-2023:

- Our Early Literacy Specialists made 1,426 in-home visits.
- 4 of our 6 program staff members provided Bicultural/Bilingual (Spanish) services to families.
   Cultural matches between staff and families allows us to navigate differences and reduce barriers effectively.
- Our ParentChild+ program celebrated its first in-person graduation ceremony since 2019.
- All participating families were connected to vital internal and external resources, such as KidVantage, Food Banks, United Way tax assistance along with Encompass preschool, ESIT and other program referrals.
- 5 program staff received the Infant Mental Health Endorsement (IMH-E).



#### **Summer Camps**

Our summer enrichment camps for children aged 2-6 years old run for seven weeks and offer a variety of themes designed to continue informal learning outside of the classroom.

#### **Summer Camp Highlights for 2022-2023:**

 Across the summer, 143 unduplicated children participated in one or more

weeks of camp.

 Campers received unique experiences through community partnerships such as a visit from the King County Rescue Dogs.

 The camp season comprised many popular weekly themes including Engineering, Science, Art, and Space.

 Under the supervision of experienced lead instructors, 15 local teens aged 14 to 18 years old were hired to provide critical classroom support. For many, this was their first "real" job experience.

 The next generation of leaders were nurtured through our Camp Assistant program for 11–13-year-old youth who volunteered their time helping and gaining skills in all summer

camp classrooms.



My kids had the best summer ever at Encompass. What a gift for us!

-Summer Camp Parent

# **Family Enrichment**

At Encompass, we believe that supported families strengthen communities. Our Family Enrichment programs seek to reach our community with the support, information, and tools they need to thrive. Through our Kinship program and other support groups, we create community and bring together families that share similar paths in life. We provide accurate, research-based parenting information at a variety of free parenting workshops as well as through our Parent Talks podcast. Our outreach events provide an important means of connecting families in our community to the programs and services offered at Encompass.

#### Family Enrichment Highlights for 2022-2023:

- Monthly Kinship support groups were offered in Carnation, Issaquah, and North Bend, as well as a weekly online group.
- We provided nine different workshops and support groups, offering important education and support to hundreds of parents and caregivers.
- Our family workshops and groups earned us a Macaroni Kid Family Favorite Award for Best Parenting Support.
- Our Parent Talks podcast continues to grow in popularity with 944 total downloads, up from 364 in 2021-2022.
- Represented Encompass at 12 different community festivals, markets, and special events and participated as the organizing sponsor for the Fall City Days Kiddie Parade, the Downtown Block Party Kids Zone, and the Snoqualmie Days Field of Fun.





"We went from a family of 2 to a family of 5 seemingly overnight. Our heads were spinning as we tried to figure out how to help our kids. Encompass supported us in learning how to understand trauma responses, create healing play spaces, and help our kids learn new habits that are not based in resource scarcity. Encompass also helped educate and train us as parents, so we were equipped with skills to better help our kids' day to day. The staff being so understanding and empathetic to our situation and day-to-day chaos really helped us feel seen and that we were not alone. We are so grateful for Encompass and its staff - they have made the hardest year of our lives feel less overwhelming."

- Kinship Family Participant

### **Board of Directors**

#### Board Officers

Rebekah Lyle, President
Casey Elmquist, Vice President
Gayle Bennett , Past President
Victor Ross, Treasurer
Tavish MacLean, Secretary
Robin Pasquarella, Trustee

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# **Emeritus Members**

Keri Bailey Charlotte Rempfer
Pat Bohan Katherine Ross
Jane Koser Dick Ryon
Kevin Haggerty Aleena Schneider



"I joined the Encompass Board because our son's life was changed through occupational and speech therapy at Encompass. The impact of their services and support for him and our entire family is a gift we will always cherish. Giving back to such an incredible organization is the least I can do, so that other families can experience the same support for years to come."

- Kim Darby, Encompass Board Member Since January 2022

# 2022 Partners in Giving

Encompass Partners in Giving lead the way in providing sustaining support for our programs throughout the year. Thank you for your generous support.

#### **Idealist**

\$10,000-\$24,999

Keri and Vince Bailey
Martie Bohn and Vaughn Himes
Abhishek Errabelli and Ulpha Parakala
Amy and John Harris
Mar Lydon and PJ Hough
Anne and Darren Shakib
Lorna Stern

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\$5,000-\$9,999

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\$2,500-\$4,999

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\$1,000-\$2,499

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Amanda Reinhard

Lourdez Rejon

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Fav Rene

Kevin Richards

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Stefan Richardson

Lela and Robert Ridgley

Lola Ridgley-Wagar **Emily and Chad Ridout** 

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Marcia Rivers Smith and Robert Smith

Ashwin Roa

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Mat Rocha Kim and John Roeber

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Victoria and Ward Bettes In Honor of Doris Vinnedge

Nela Cumming and Brian Lacewell In Memory of Peg Mazen

Nela Cumming and Brian Lacewell In Memory of Carol Ann O'Mack

Marni Donnelly and Beau Folsom In Honor of Flynn Folsom

Mary Jo Dugaw-Ketter and David Ketter In Honor of Betty and Taylor Martin

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In Memory of Carol Ann O'Mack

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Sally Torres In Honor of Doris Vinnedge

Nancy Whitaker In Honor of Charlie Whitaker

Rise Williams
In Memory of David Piper

McKenzie Winkle In Honor of The Ridout Family

UW Social Development Research Group Staff In Honor of Kevin Haggerty



# Volunteer Programs

Our resolute volunteers have shown unwavering support and a passion for improving the lives of our children and families. Throughout the year, our volunteers have generously given their time, energy, and expertise to a wide array of initiatives, making a real and lasting impact on our community. From providing guidance and oversight on our Board of Directors, to supporting therapists in the Pediatric Clinic and ESIT programs, endlessly weeding and landscaping the serenity garden and ELC playground, snack prepping and reading books in the preschools, spreading awareness about Encompass at community outreach events, planning and prepping for special events, and even designing, donating and building a new playhouse our volunteer programs have evolved, empowering individuals to actively create a vibrant community and a bright future for all.

Total Hours: 2,771

Individual Volunteer Visits: 578

Total Volunteers: 105

 Volunteer Groups: Nintendo, Mercer Island Chapter of the National Charity League, Sammamish Hills Lutheran Church, and Mt Si Lutheran Church

# **2022-2023 Encompass Volunteer Spotlight:** Fiona Gunn

Fiona Gunn, 2023 Inspire Breakfast Volunteer of the Year, truly exemplifies the spirit and tenacity of what it means to be an Encompass volunteer. Fiona was a pediatric speech pathologist who previously formed early intervention playgroups for children with disabilities outside of the USA. Due to licensing requirements, Fiona is not able to practice stateside yet. She joined us as a volunteer early in 2023, helping to clean and organize supplies and toys in the Clinic but quickly saw new opportunities to give back. Fiona currently volunteers weekly, prepping snacks with our chef at the ELC, bi-weekly in the Clinic and will support ESIT staff with feeding therapy and playgroups as needed. Fiona Gunn donated over 65 hours of time from January to June of 2023.



## Thank You

to the following organizations for your ongoing partnership during the 2022-2023 fiscal year:







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Child Development Center 9050 384th Ave. SE Snoqualmie, WA 98065 425.888.3347 Early Learning Center 1407 Boalch Ave. NW North Bend, WA 98045 425.888.2777 Carnation Preschool 4950 Tolt Ave. Carnation, WA 98014 425.844.4548 encompassnw.org info@encompassnw.org







