

Organ dysfunction in AHF

PULMONARY EDEMA

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**ACUTE
CARDIOVASCULAR
CARE2015**

NO CONFLICT OF INTEREST

LUNG DYSFUNCTION IN HEART FAILURE

ACUTE

Pulmonary Edema (Hydrostatic)

Starling forces imbalance in pulmonary capillaries

Alveolar **fluid reabsorption** (NO-dependent)

Alveolar **fluid secretion** (Cl⁻ / Na⁺ transport-driven)

Pulmonary **capillary stress failure**

Individual susceptibility and other forms of APE

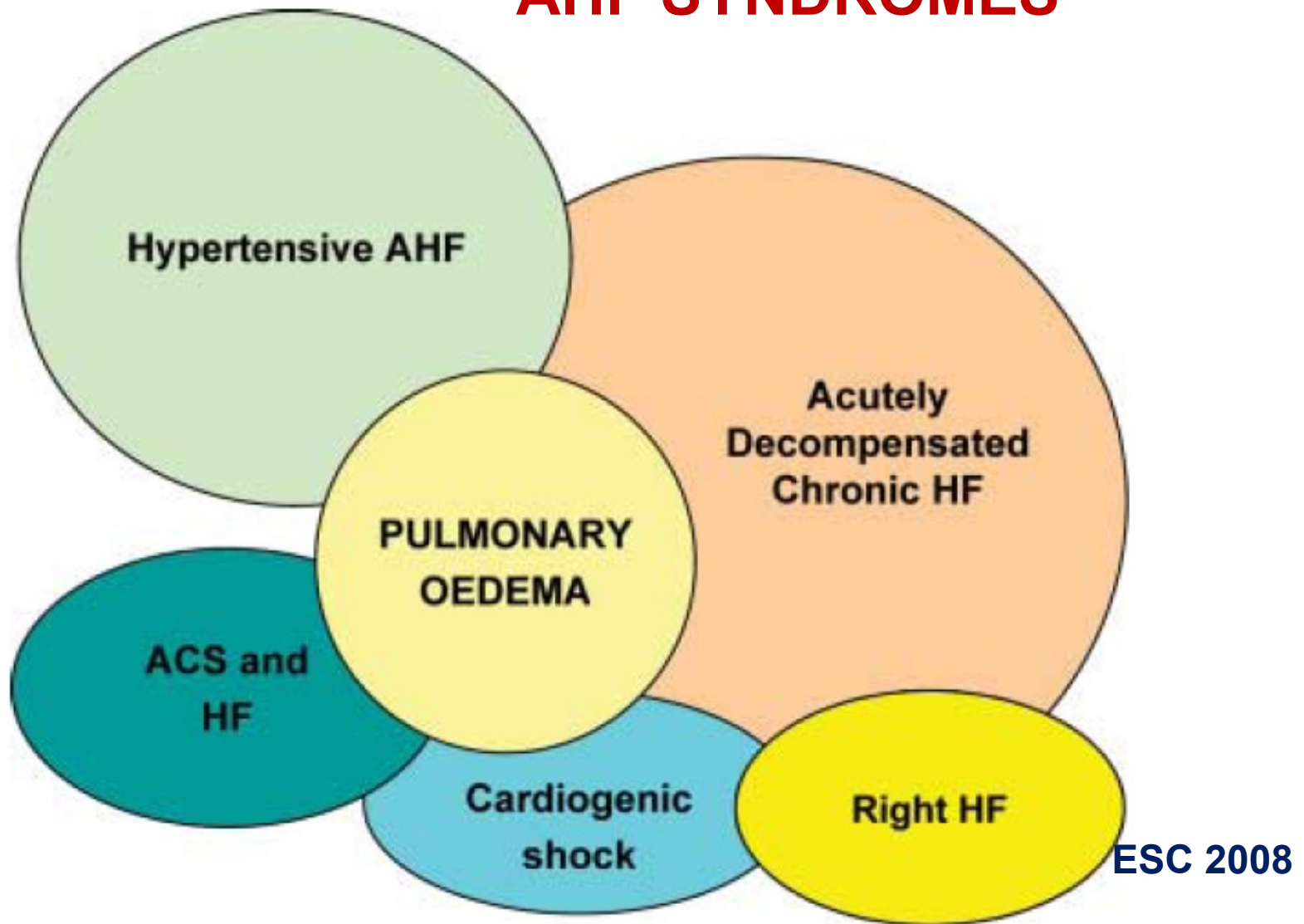
CHRONIC

Restrictive pattern

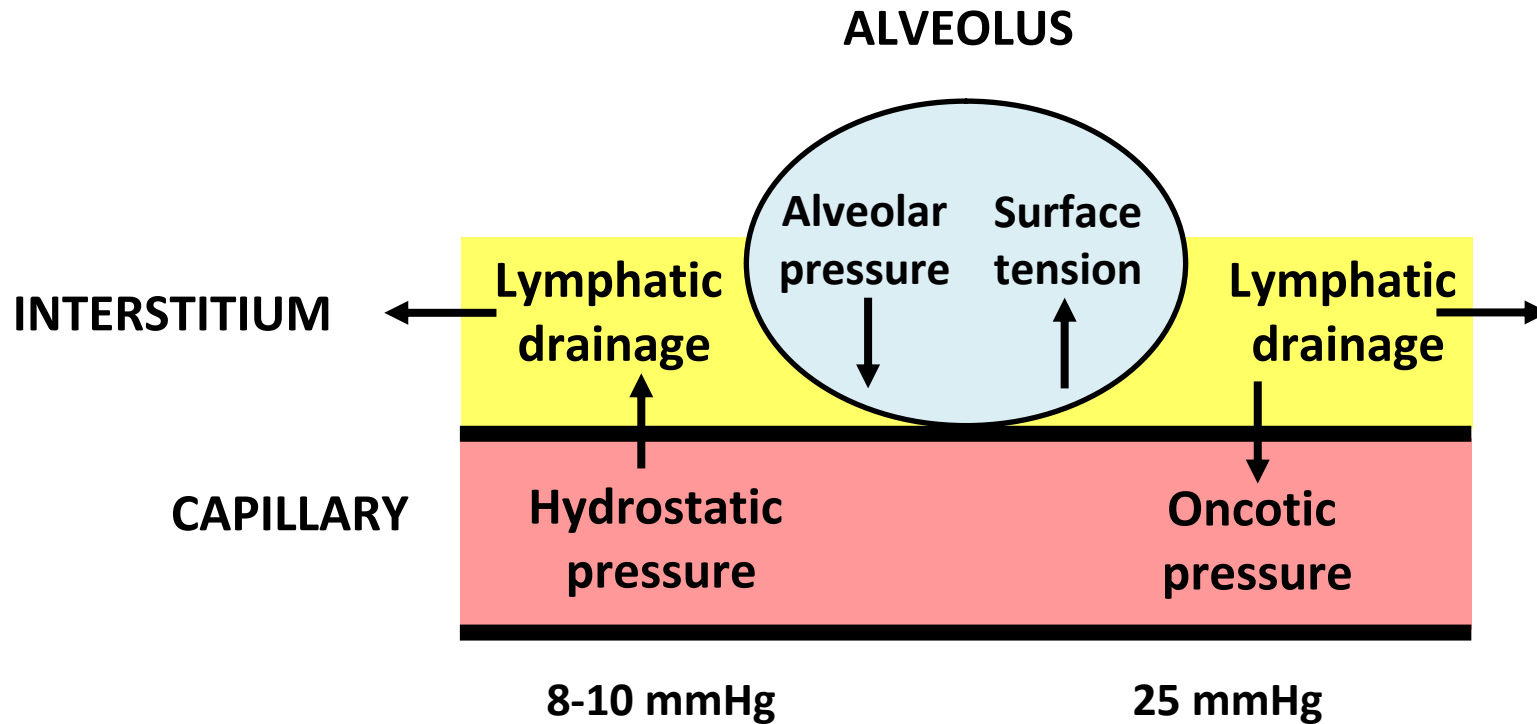
Cardiac asthma

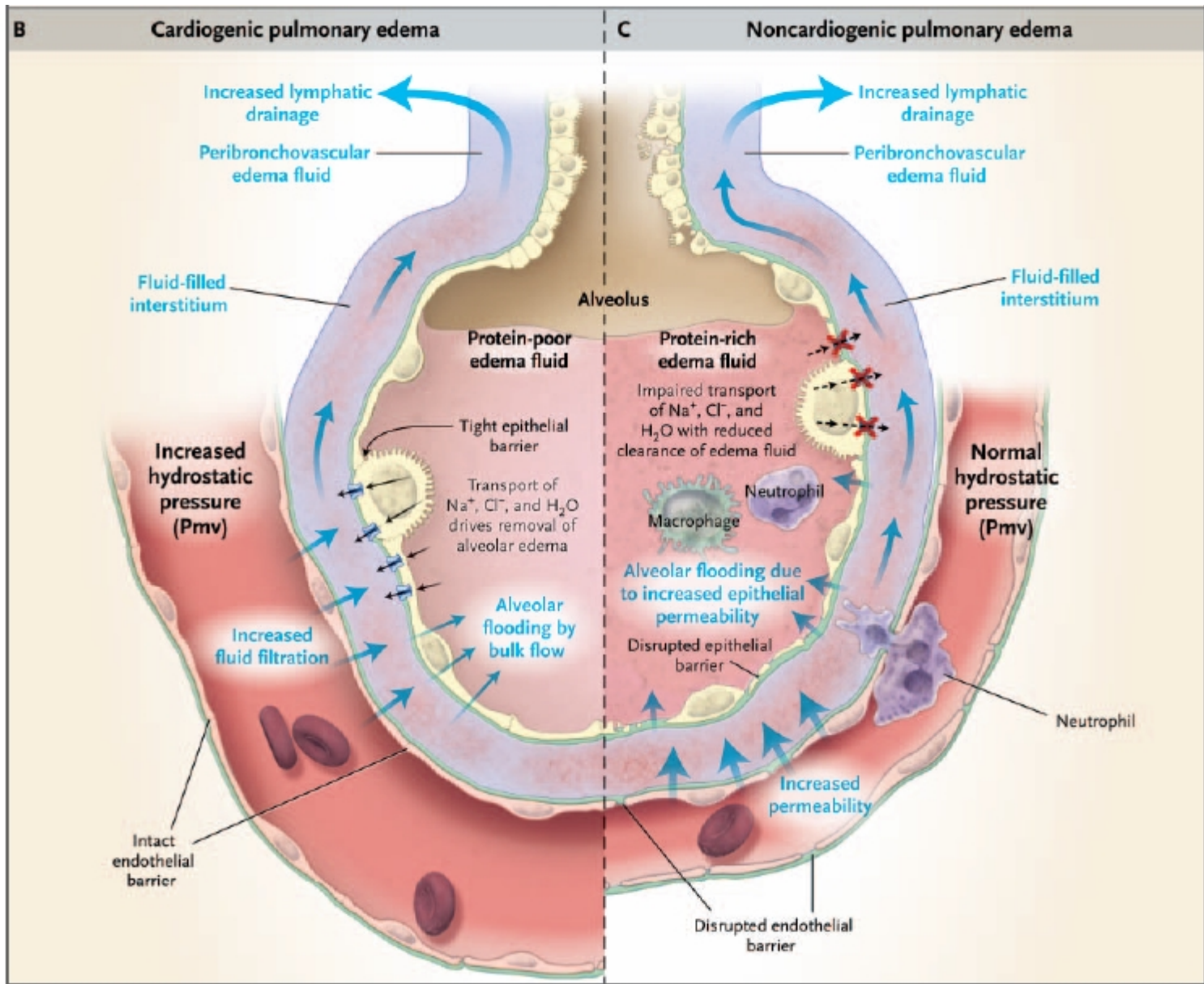
Pulmonary hypertension

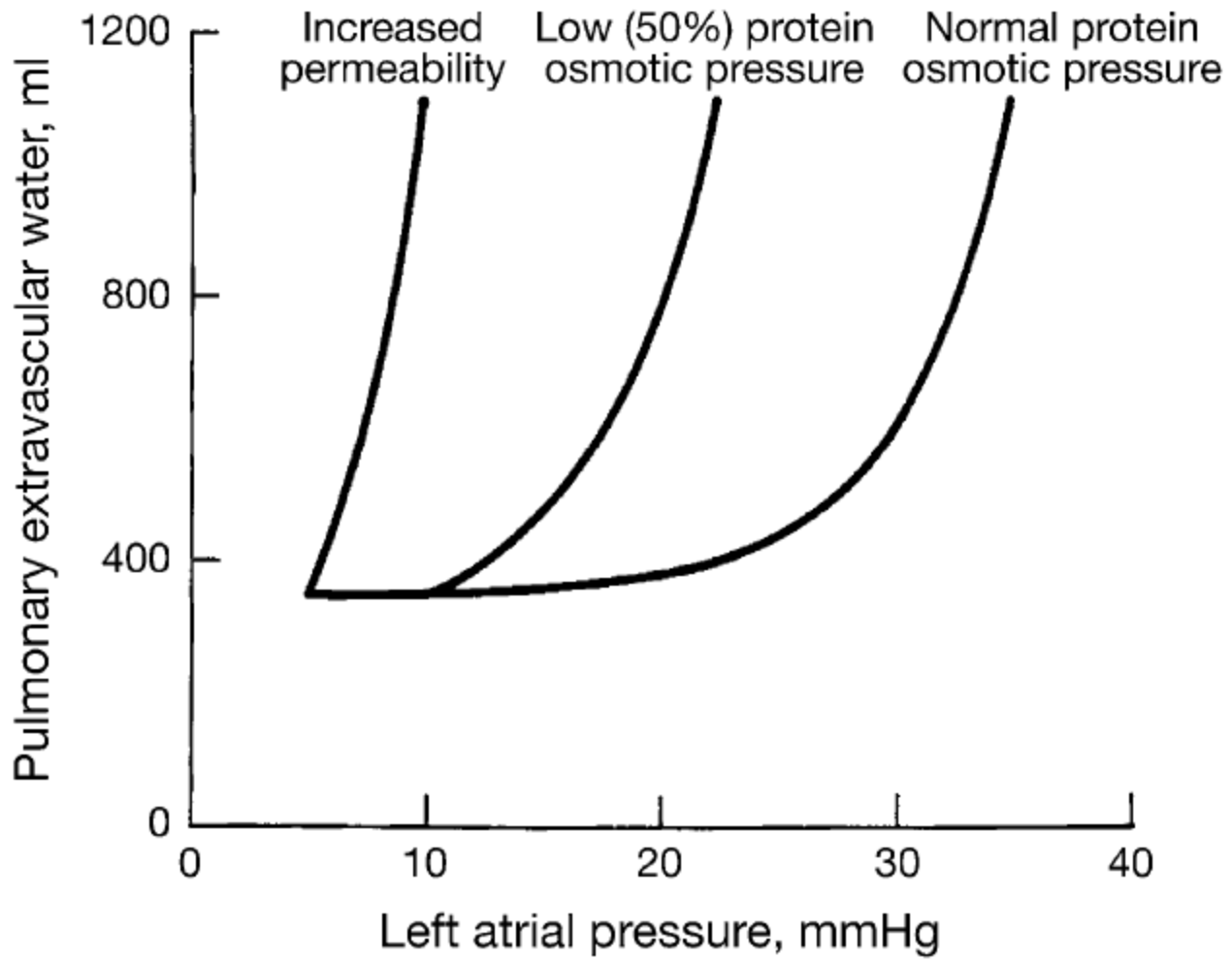
AHF SYNDROMES



Starling forces involved in APE

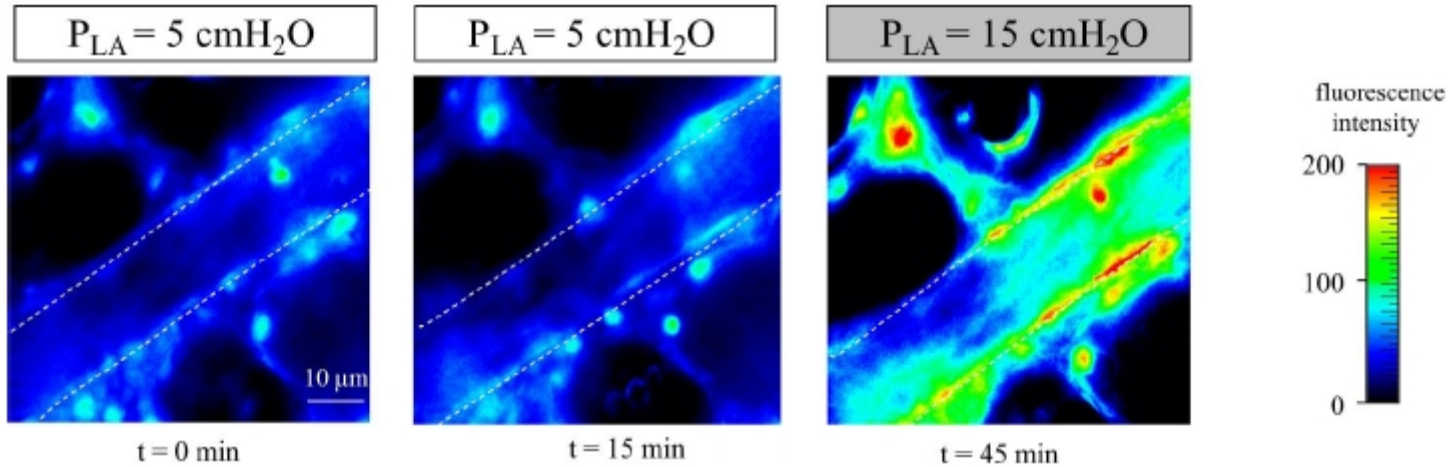






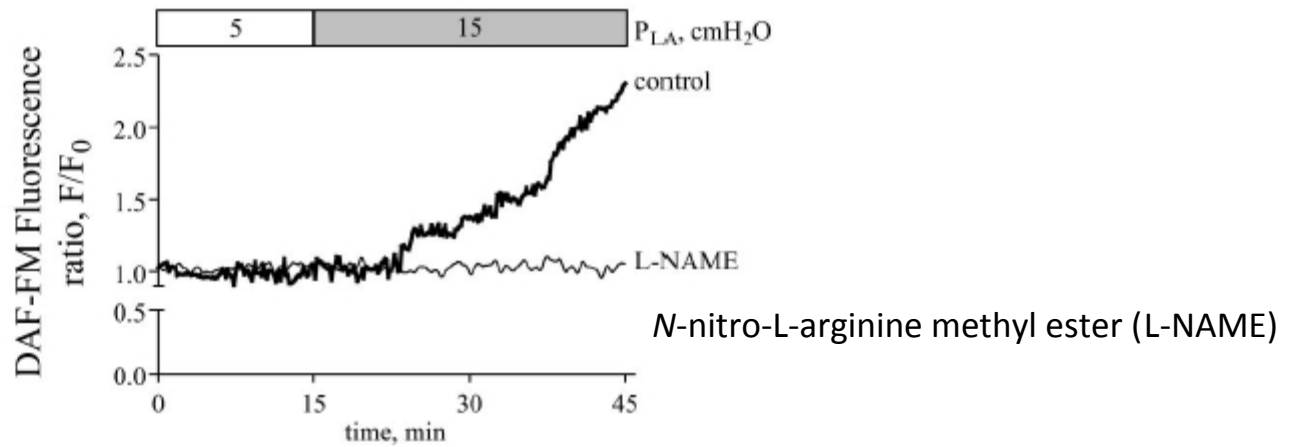
NO dependence of alveolar fluid reabsorption

A

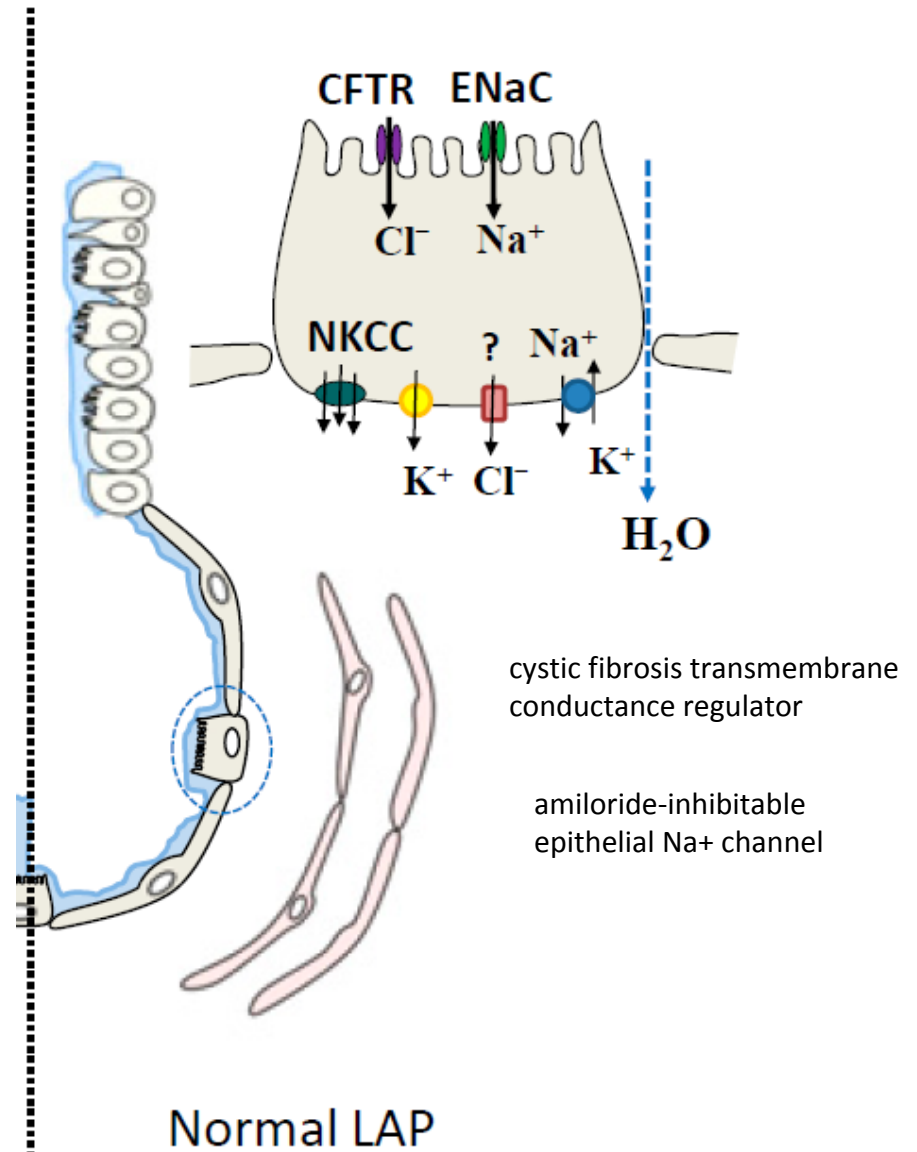


B

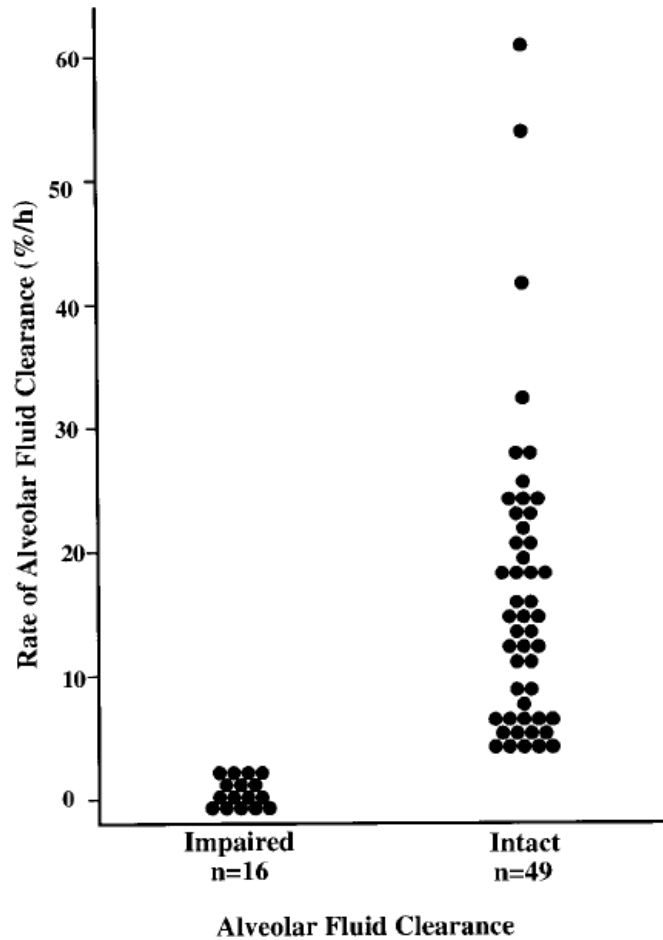
4-amino-5-methylamino-2-7-difluorofluorescein diacetate (DAF-FM DA)



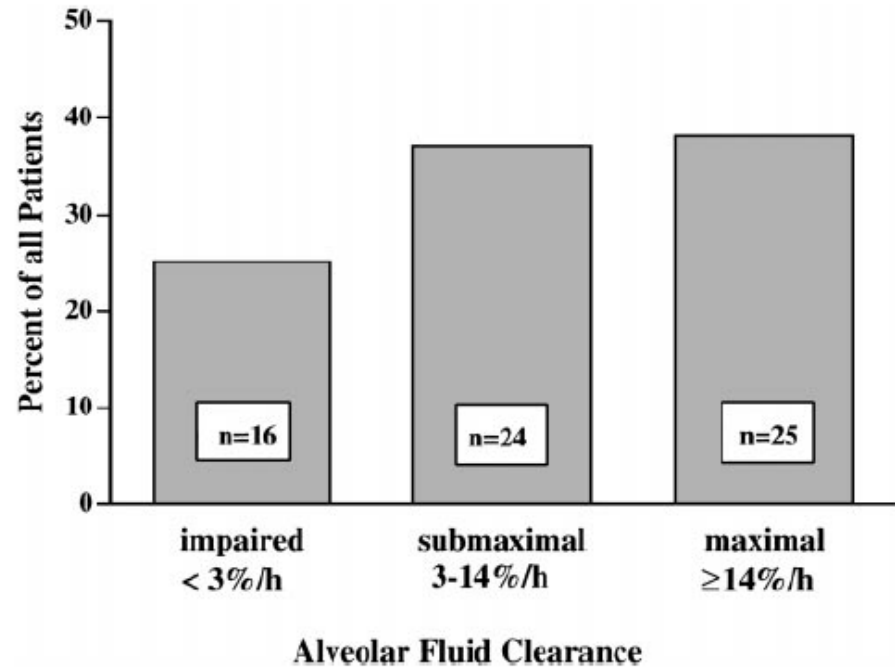
Transcellular Na⁺ and Cl⁻ movement across alveolar epithelial cells



ALVEOLAR FLUID CLEARENCE

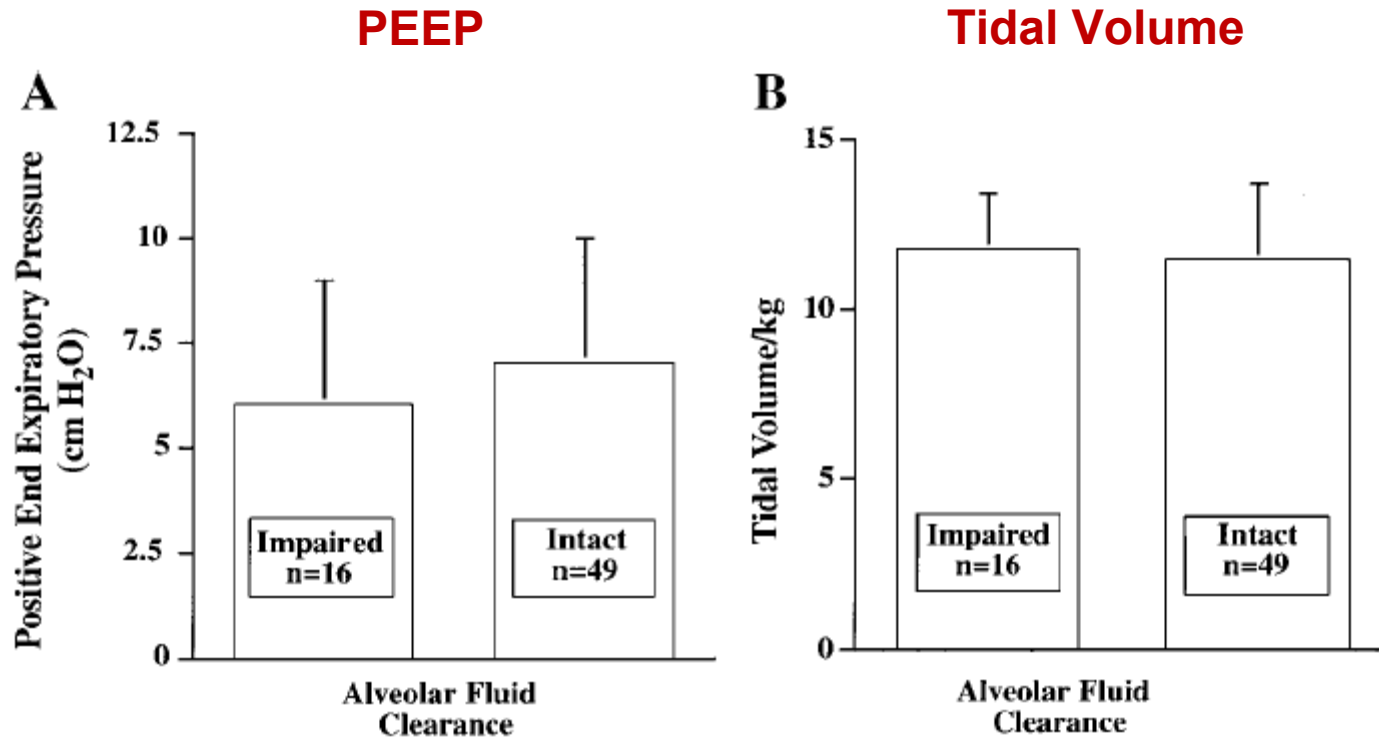


65 mechanically ventilated APE patients



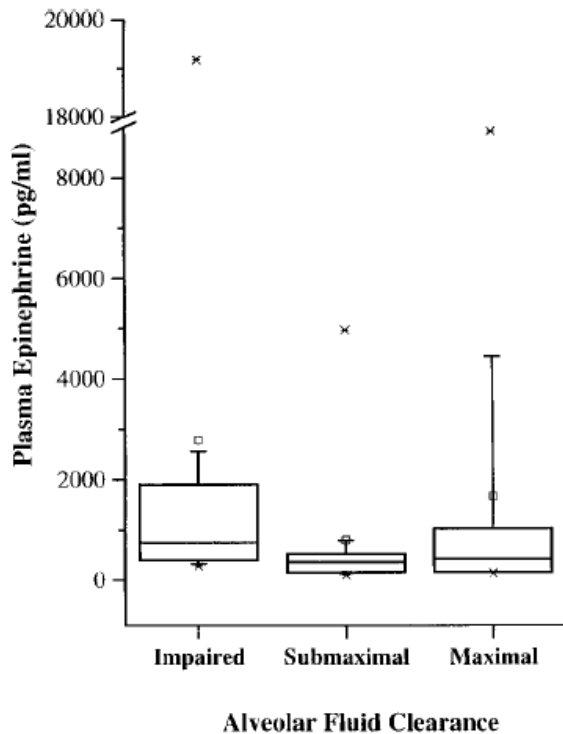
Verghese et al. J Appl Physiol 1999

ALVEOLAR FLUID CLEARANCE



Verghese et al. J Appl Physiol 1999

Plasma Epinephrine



Low reabsorption rate was not related to LVEF or PCWP

Table 6. Comparison of outcomes in patients with intact vs. impaired alveolar fluid clearance

Outcome Variable	Alveolar Fluid Clearance		P Value
	Impaired (n = 16)	Intact (n = 49)	
Change in alveolar-arterial oxygen difference at 4 h	4 ± 100	-40 ± 132	0.19
Change in alveolar-arterial oxygen difference at 24 h	-167 ± 198	-268 ± 172	0.03
Days of unassisted ventilation, median (range)	8 (0-27)	23 (0-27)	0.10
Hospital mortality, %	44%	26%	0.20

Values of change in alveolar-arterial oxygen difference at 4 and 24 h are means ± SD.

Verghese et al. J Appl Physiol 1999

High altitude pulmonary edema (HAPE)

Genetic
HAPE susceptibility

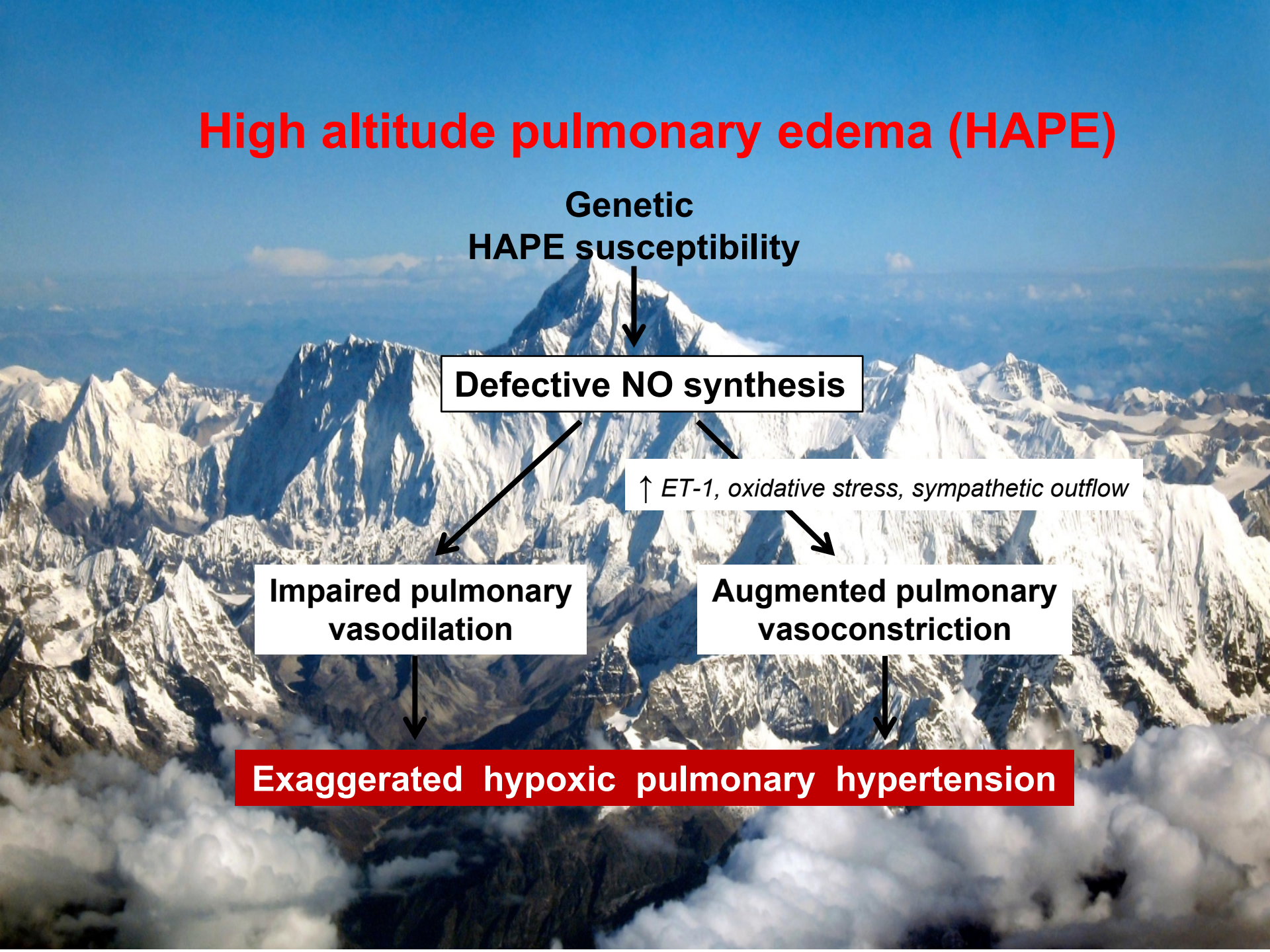
Defective NO synthesis

↑ *ET-1, oxidative stress, sympathetic outflow*

Impaired pulmonary
vasodilation

Augmented pulmonary
vasoconstriction

Exaggerated hypoxic pulmonary hypertension



High altitude pulmonary edema (HAPE)

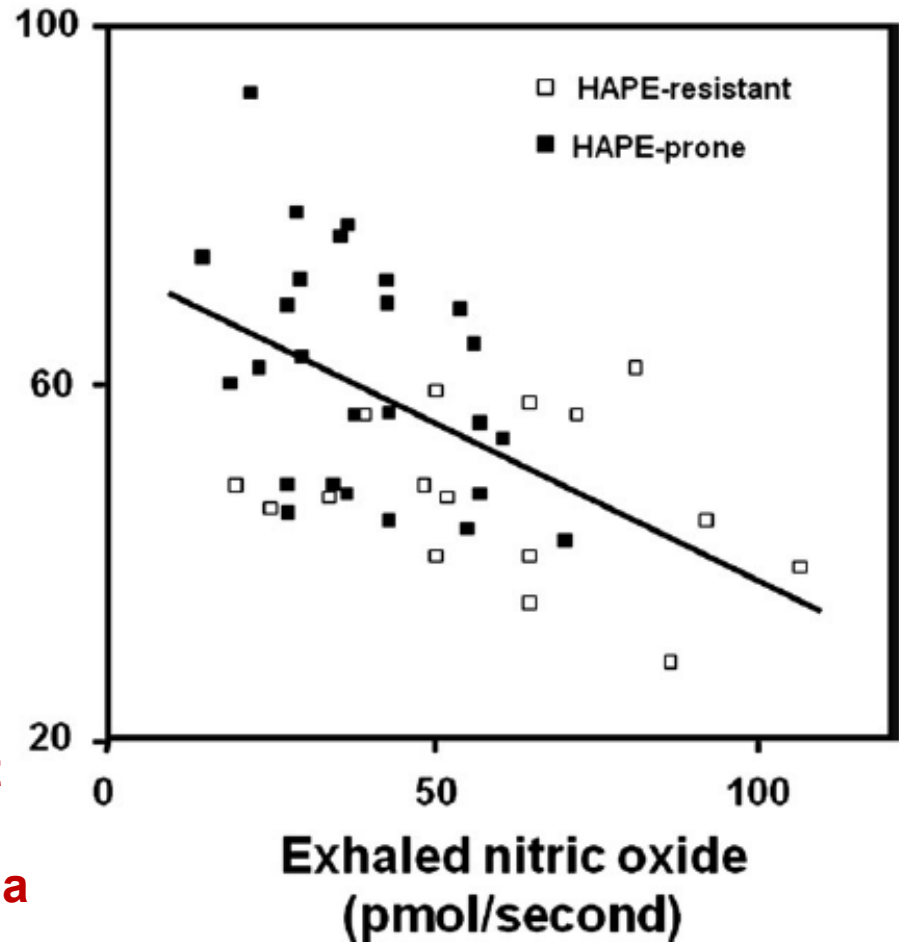
**GREATER HYPOXIC
PULMONARY
VASOCONSTRICTION**

**Systolic
pulmonary artery
pressure (mm Hg)**

**IMPAIRMENT OF ALVEOLAR
FLUID CLEARANCE**

Altered trans-epithelial Na transport

- Genetic
- Induced by hypoxia-hypothermia



Duplain H, et al. N Engl J Med 2000

U. Scherrer et al. Prog Cardiovasc Dis 2010

To cause APE, the $\uparrow\uparrow\uparrow$ PAP has to be transmitted to the capillaries

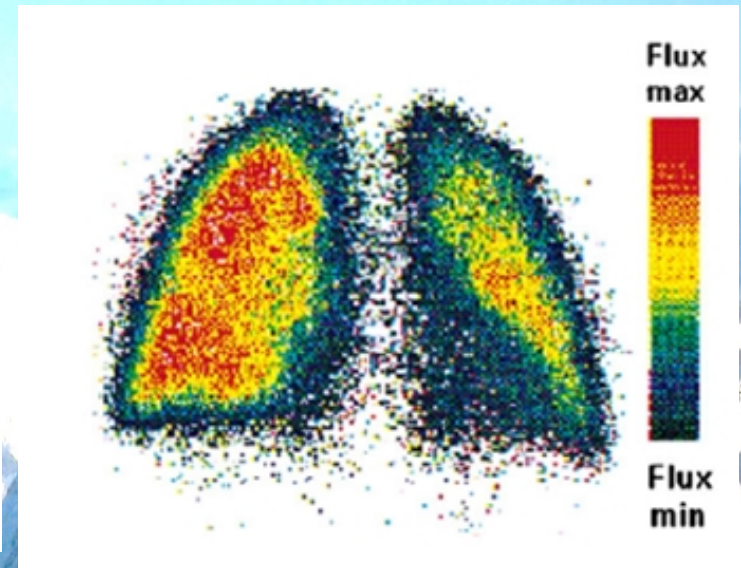
Inhomogeneous hypoxic pulmonary vasoconstriction

Some capillaries are not protected
Regional overperfusion with \uparrow PCP

Hypoxia \rightarrow pulmonary veno-constriction
Increased vascular resistance
downstream to the site of fluid filtration
Further increase in PCP

Impairment of alveolar fluid clearance

Capillary stress failure
with altered permeability



Scherrer U, et al. N Engl J Med 1996

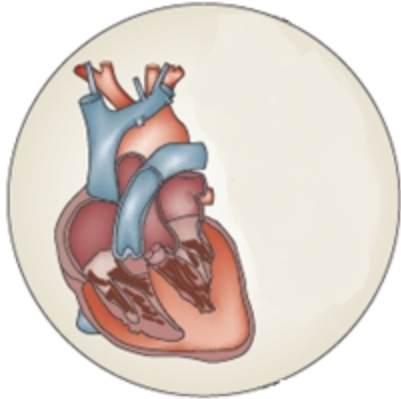
U. Scherrer et al. Prog Cardiovasc Dis 2010

BAL: erythrocytes and large molecular weight proteins



Neurogenic pulmonary edema

Spinal cord injury, Severe epileptic grand mal seizure,
Primary spinal cord hemorrhage, Intracerebral bleeding,
Brain trauma, Subdural hematoma, Subarachnoid hemorrhage



Elevation of intracranial pressure

Rapid systemic sympathetic discharge

Peripheral vasoconstriction

Increase in systemic blood pressure

Elevated venous return

Reduction LV compliance



Constriction of the pulmonary veins

Hydrostatic increase in PCP

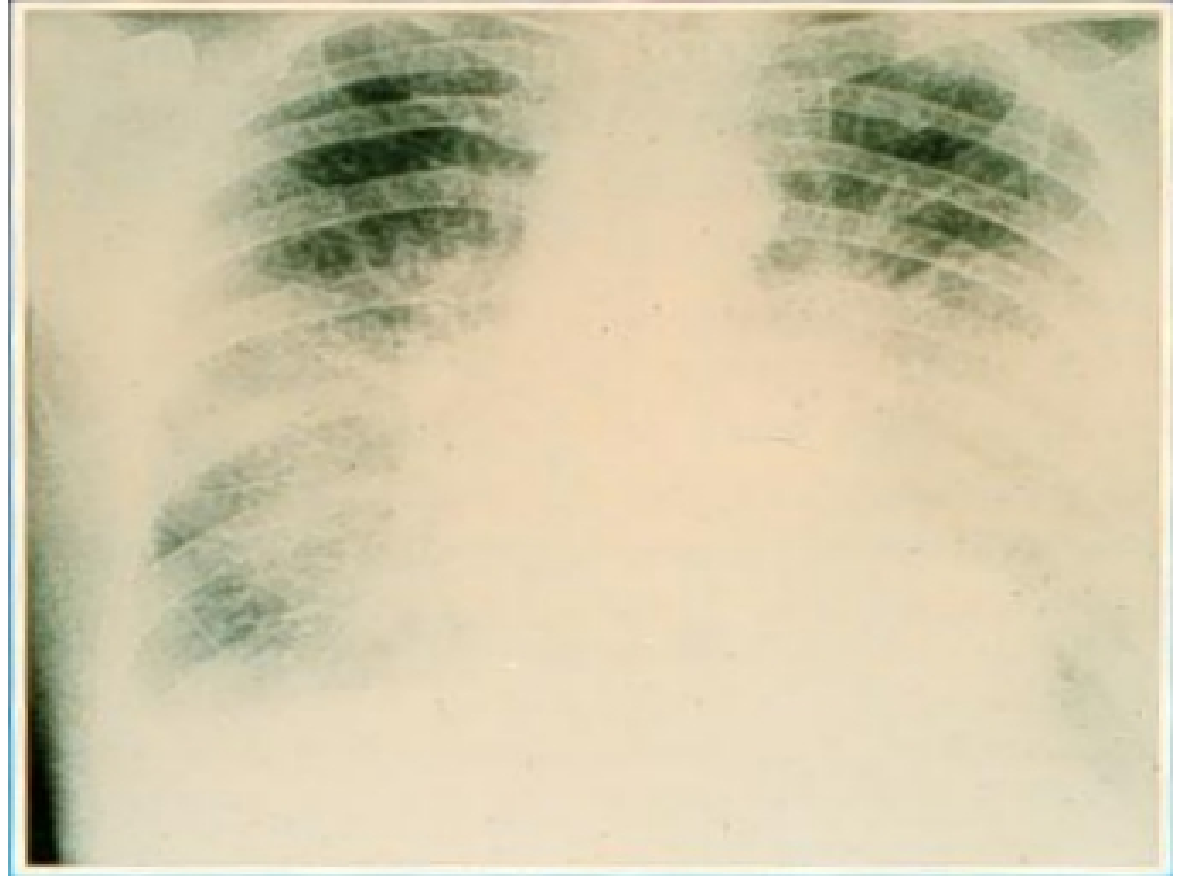
**Damage to the alveolar wall and the leakage
of fluid into the interstitium and intraalveolar
space, hemorrhage and intra-alveolar
accumulation of protein-rich edema fluid**

APE in marathon runners

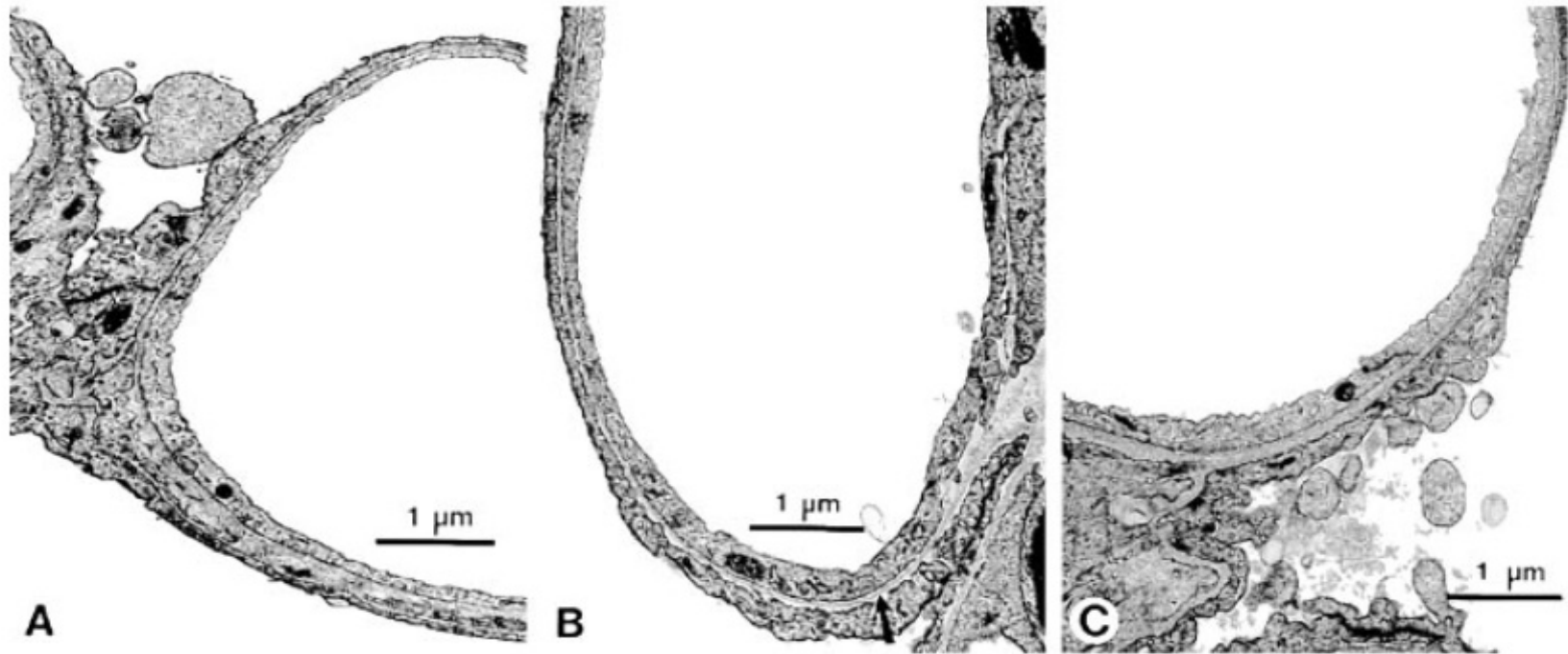


It is likely to occur as a result of overload of the **vascular and lymphatic drainage systems** because of the high cardiopulmonary demands of intense exercise, resulting in APE

SEVERE ACUTE CARDIOGENIC PULMONARY EDEMA



alveolar-capillary stress failure

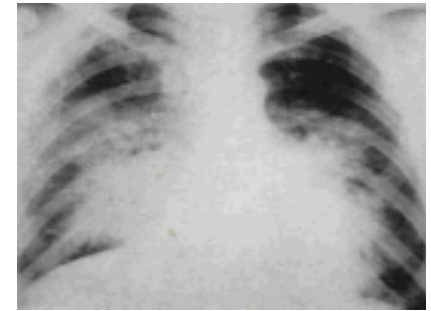


The increase in capillary pressure or volume disrupts the anatomic configuration of the membrane

M. Guazzi et al. Chest 2003

ACUTE HEART FAILURE

Backward hemodynamic effects
Increasing hydrostatic pressure
Interstitial and Alveolar fluid filtration



Alveolar-capillary stress failure

REVERSIBILITY

Neurohormonal activation
(Angiotensin II, Norepinephrine)
Inflammatory reaction
(Cytotoxic stimuli: IL, TNF α)
Gene reexpression

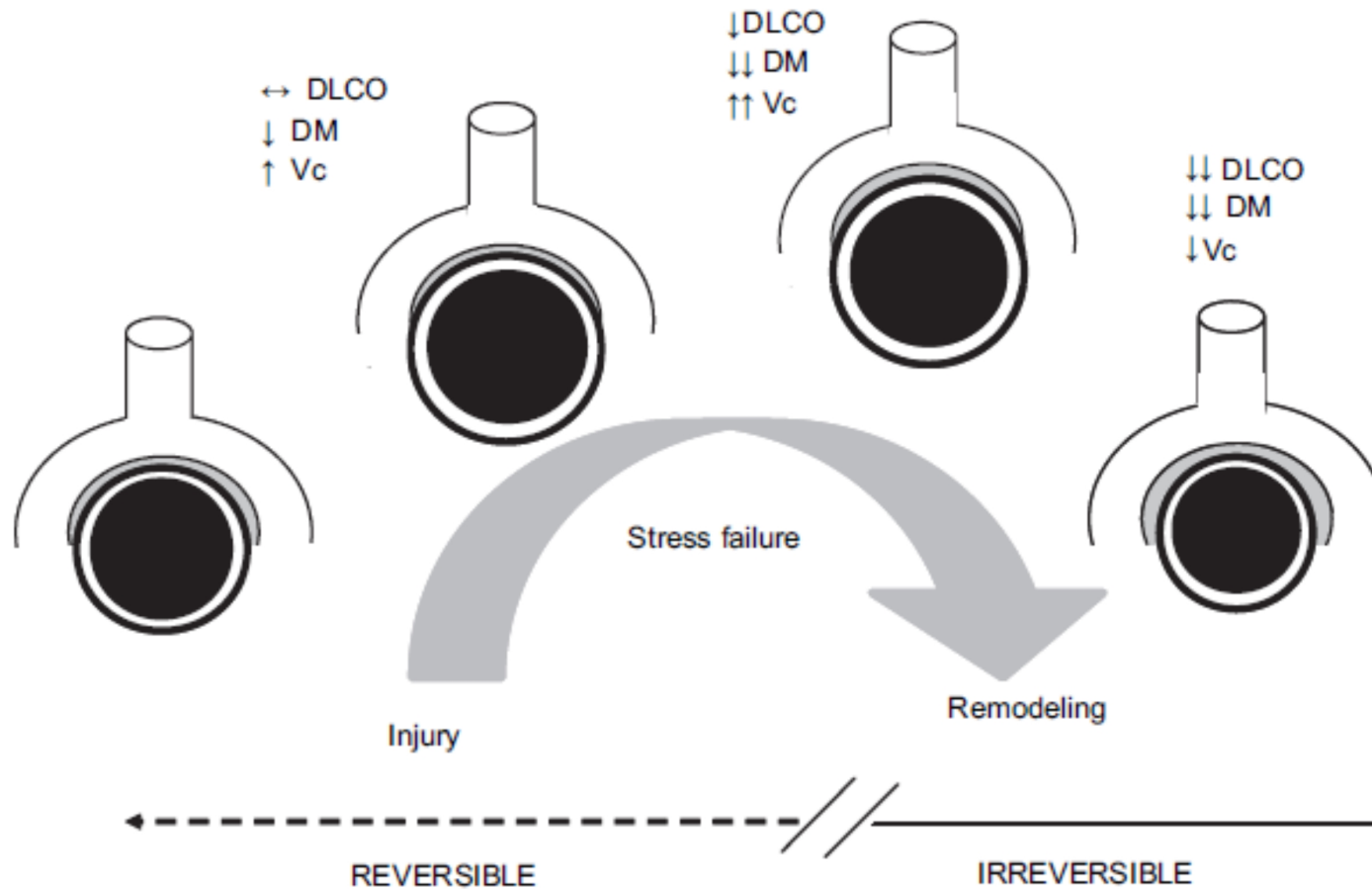
Lung capillaries and Tissue membrane

REMODELING

Impaired endothelial permeability
Loss of active alveolar clearance capacity
Extracellular matrix thickening

Permanent lung dysfunction

CHRONIC



DM: Alveolar-capillary membrane gas conductance

DLCO: Diffusion capacity

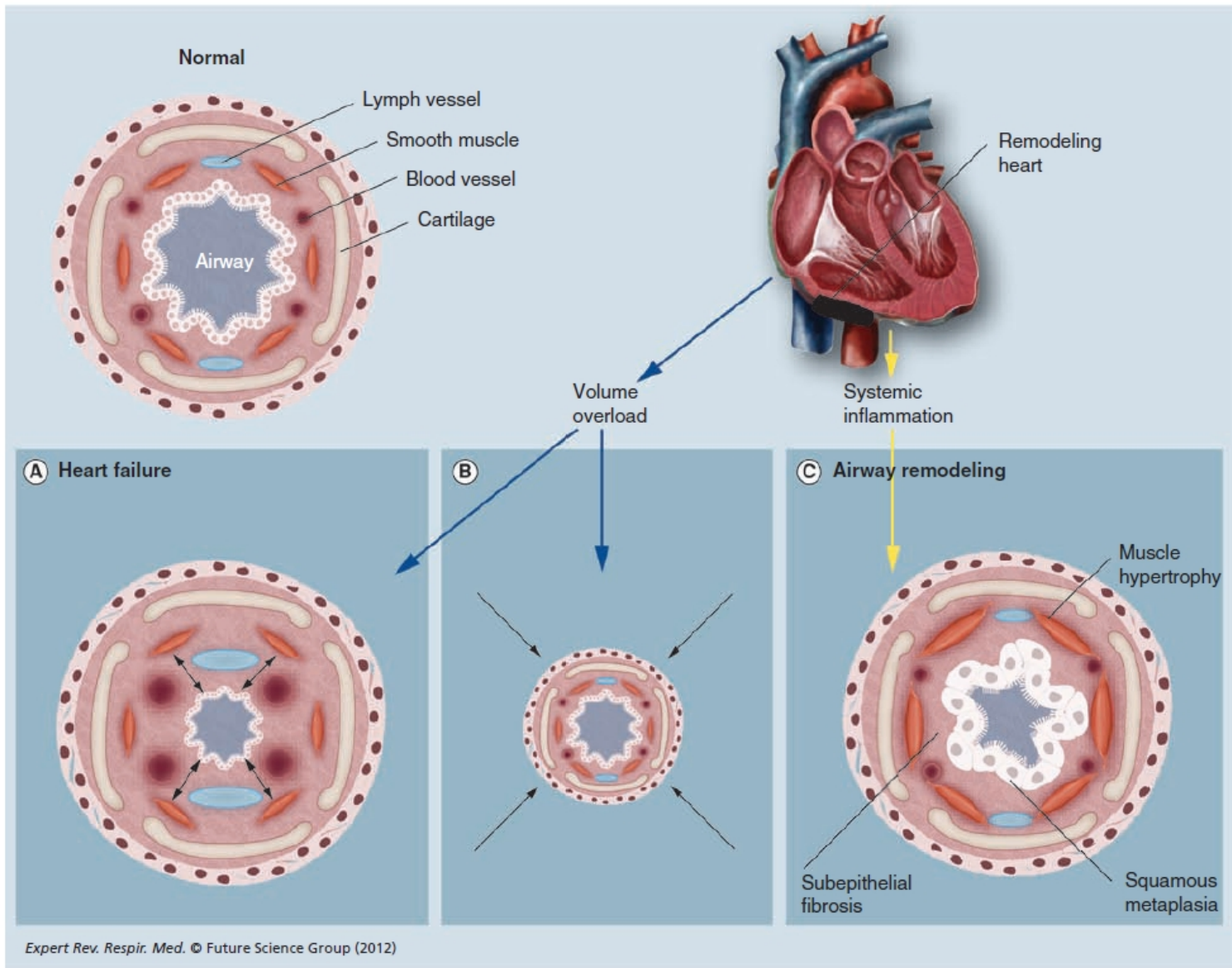
Vc: Capillary Volume

M. Guazzi. J Cardiac Failure 2008

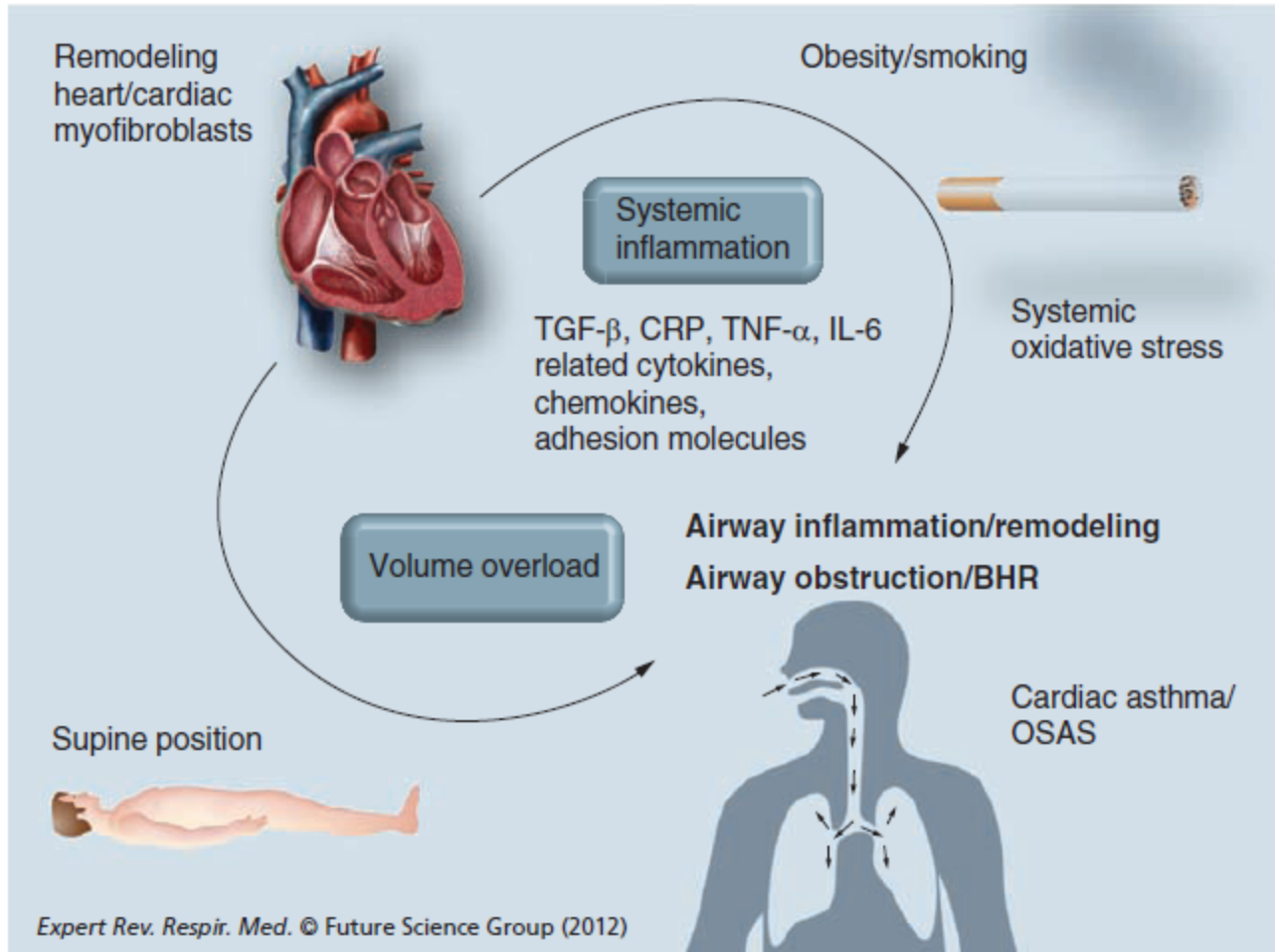
Pulmonary function in CHRONIC HF patients according to Peak-VO₂

Peak VO ₂	n	FVC	FEV-1	DLCO	DM	VC
<12	25	67%	76%	65	27.7	83
12-16	75	80%*	85%*	80*	30.3	104
16-20	64	85%*	90%*	80*	31.1	103*
>20	26	87%*	98%*	90*	42.3*	111*

* p > 0.05 or 0.01



Prevalence asthma syndromes in > 65 years is 6-10%
Elderly with CHF have 35% cardiac asthma (3.5 times greater)

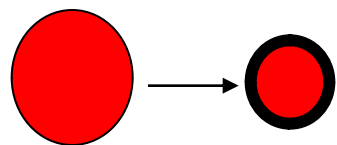
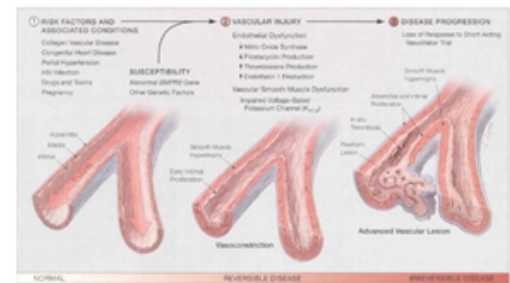


LV Dysfunction



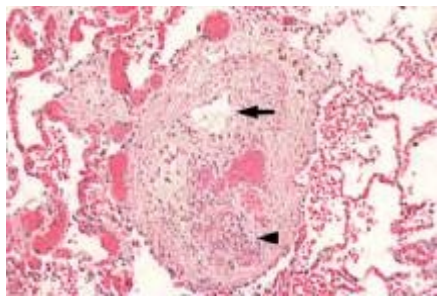
↑ EDP **↑ Neurohormones (local/systemic)** **↑ Cytokines (local)**

Pulmonary EC Dysfunction (↑ ET/↓ NO)



Pulmonary Vasoconstriction **Pulmonary Vascular Remodeling**

Secondary Pulmonary Hypertension



RV Dysfunction
↑ Morbidity/Mortality

Conclusions

- Hydrostatic pulmonary edema is the common clinical presentation of LV-AHF. An imbalance in the Starling forces in the capillaries is the main pathophysiological mechanism, but NO-dependent alveolar fluid reabsorption, Cl^- and Na^+ transport alveolar fluid secretion and alveolar-capillary stress failure with inflammatory activation are other important contributing factors
- Individual susceptibility may explain why in different scenarios some patients tend to present severe APE
- Chronic and severe decompensations may lead to persisting alterations in the lung parenchyma and bronchi with a restrictive pattern, cardiac asthma and finally, pulmonary hypertension