

# FLAIL MITRAL VALVE

ECHOCARDIOGRAPHY IN THE INTENSIVE CARE UNIT

February 9, 2019.

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Consultant Cardiologist

Non-invasive Lab - HMC

# Overview

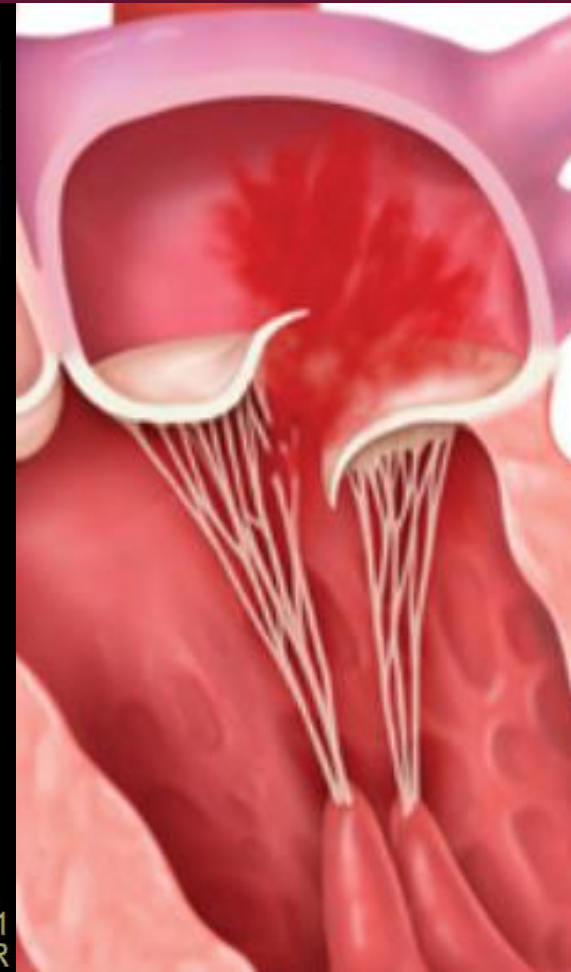
- Introduction and Anatomy.
- Chronic mitral Regurgitation 2ry to Flail MV.
- Acute mitral Regurgitation 2ry to Flail MV.

# Flail Mitral Valve

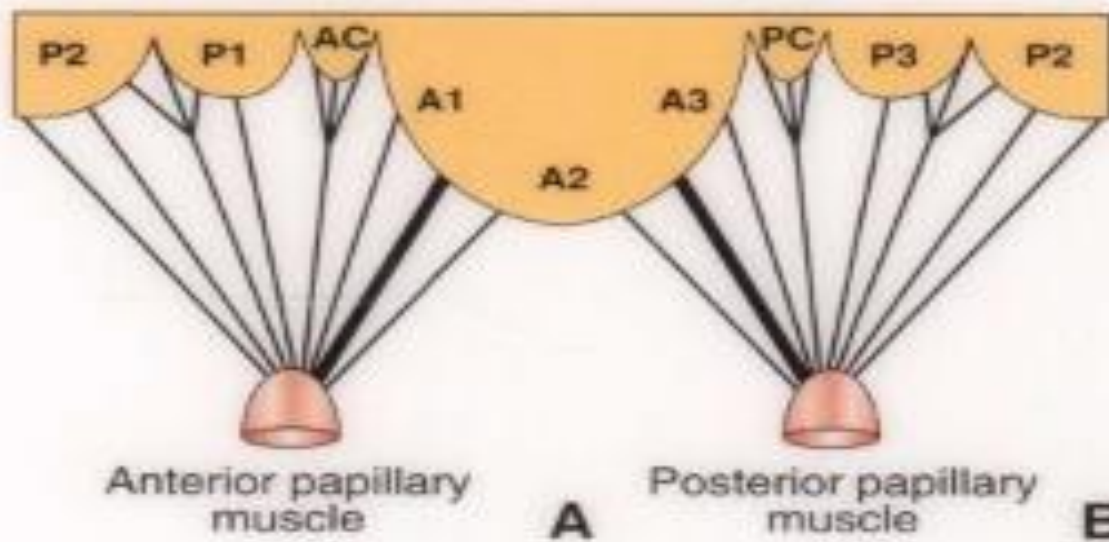
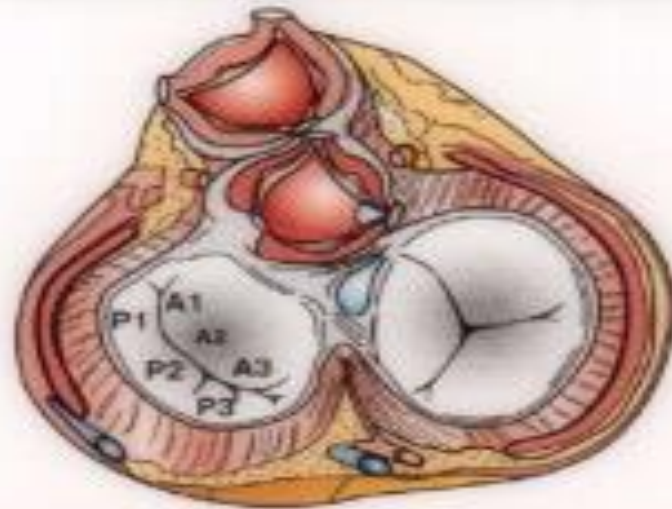
- Failure of leaflets coaptation with rapid systolic movement of the involved leaflet into the left atrium, due to rupture chordae tendineae or papillary muscle.
- May result in acute, subacute or chronic MR.

# ANATOMY

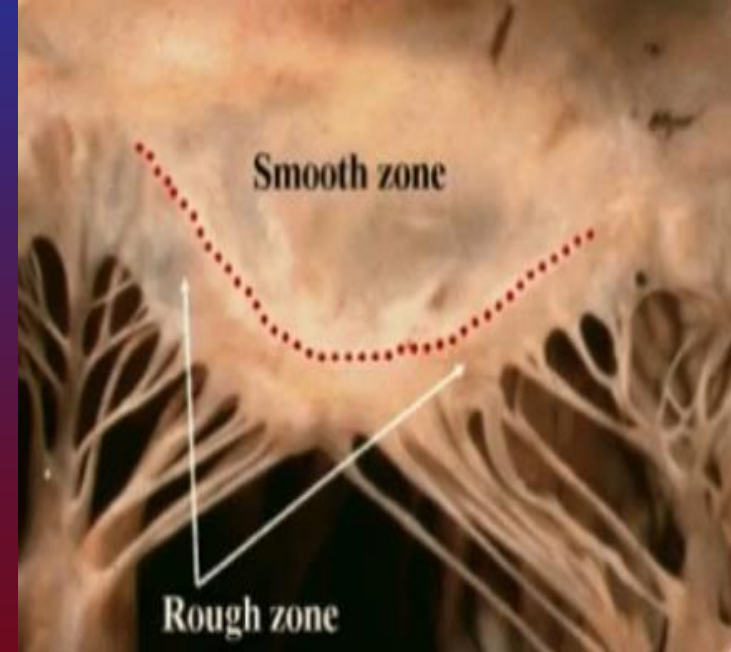
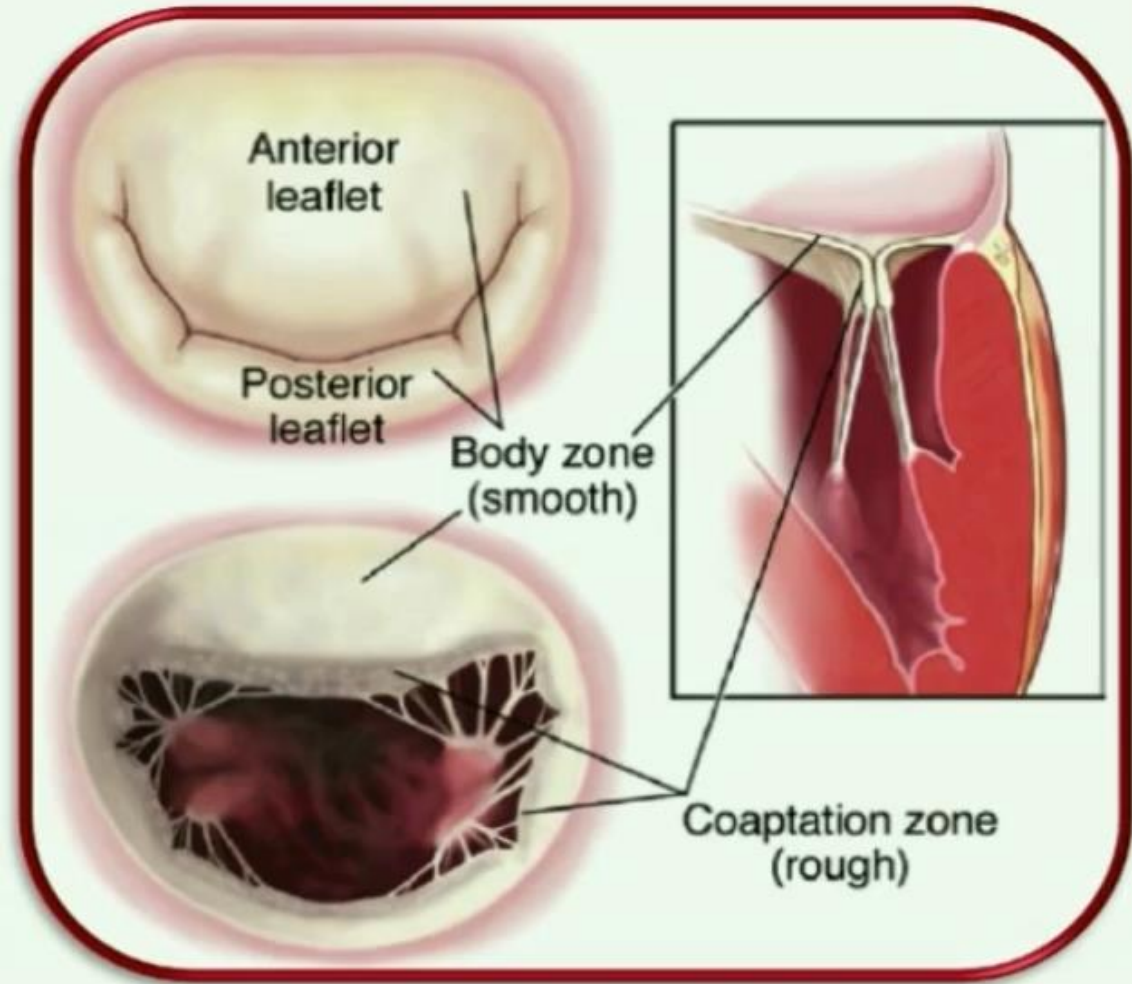
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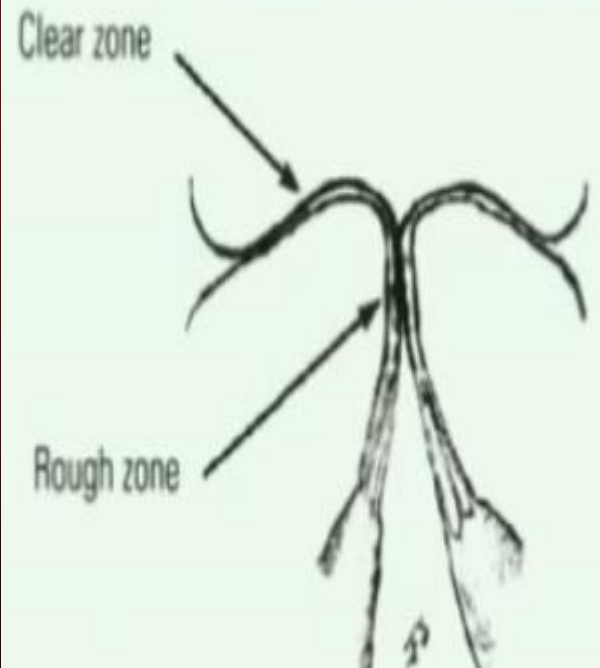
91  
6:65HR

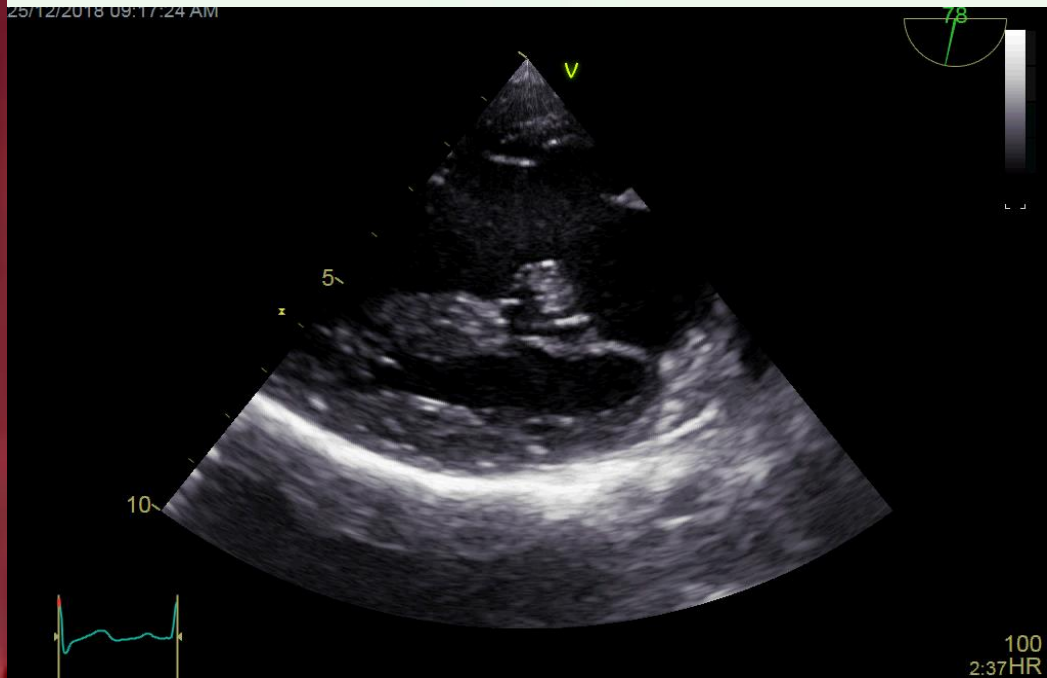
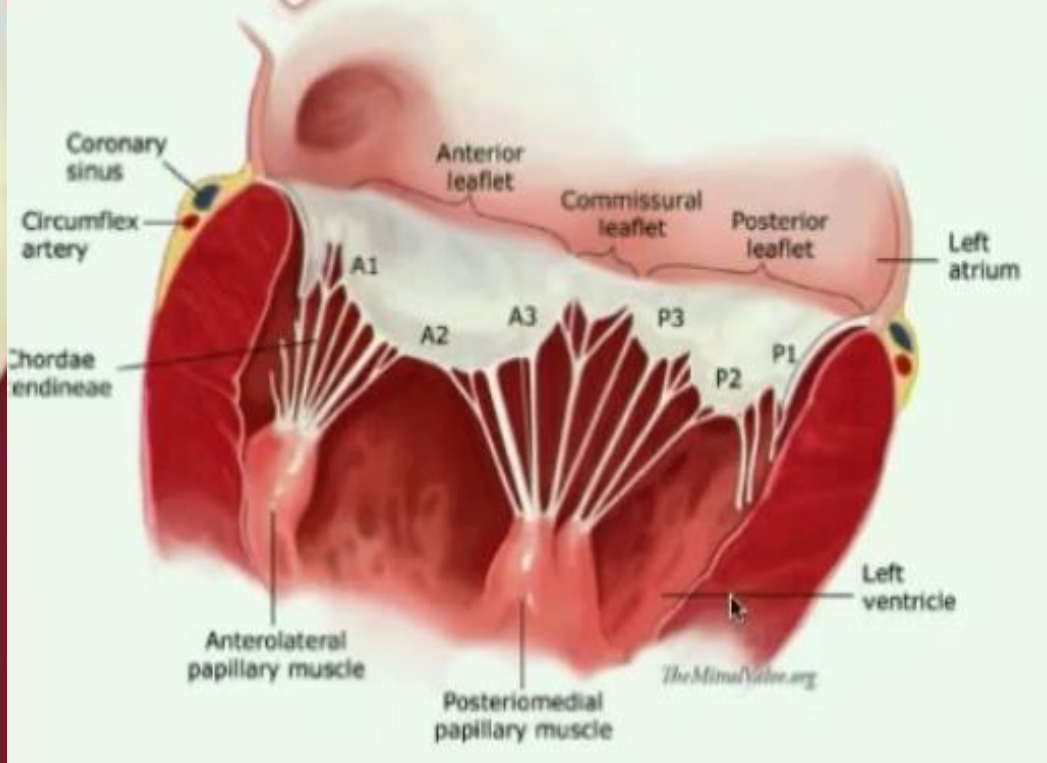
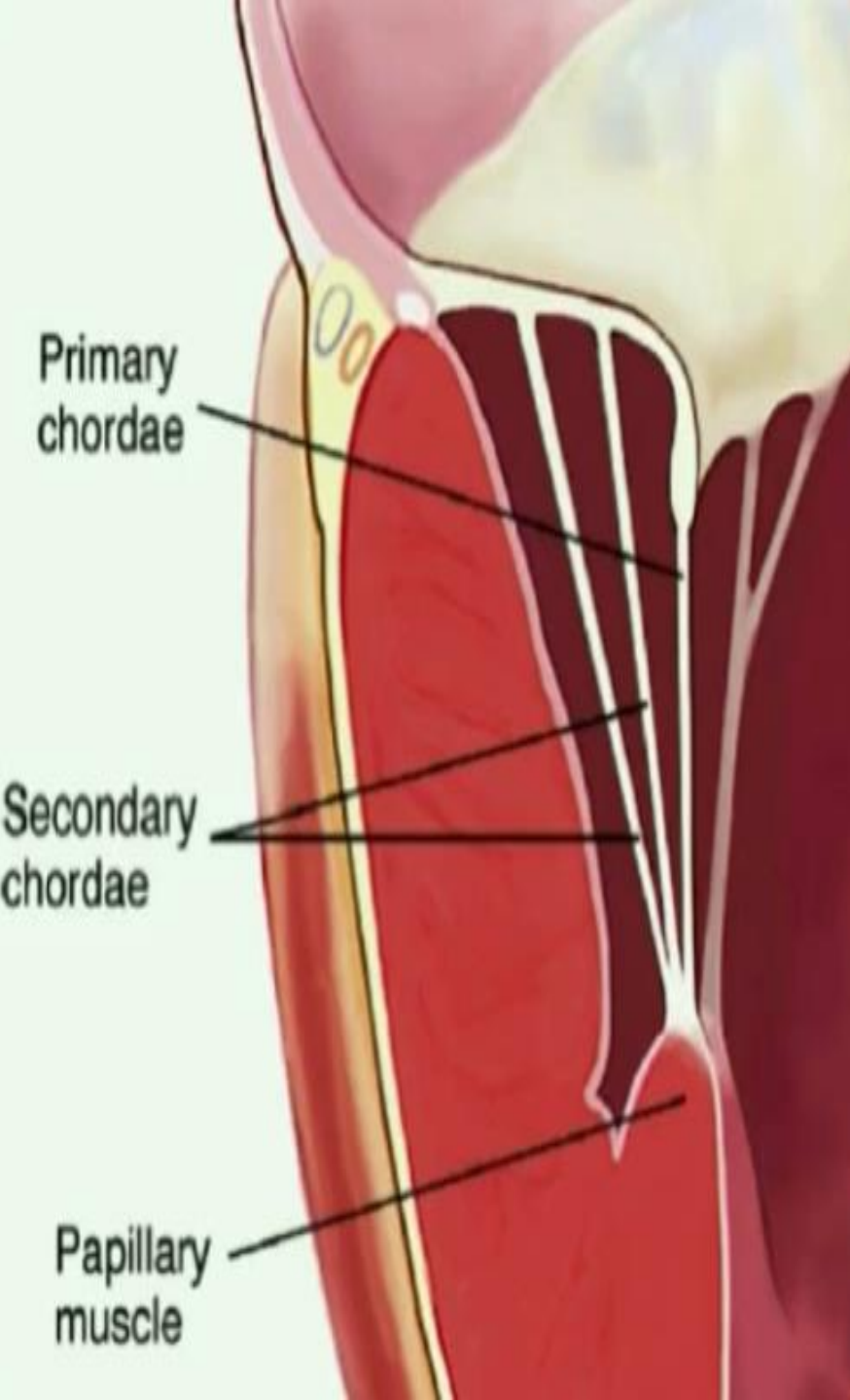


# Coaptation Zone

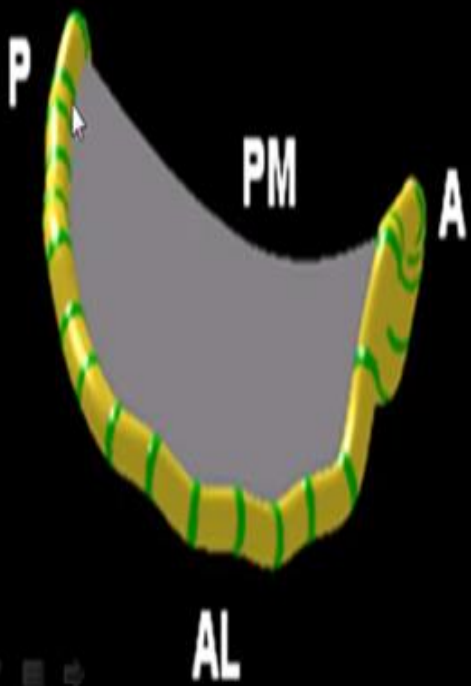


## “Coaptation Reserve”

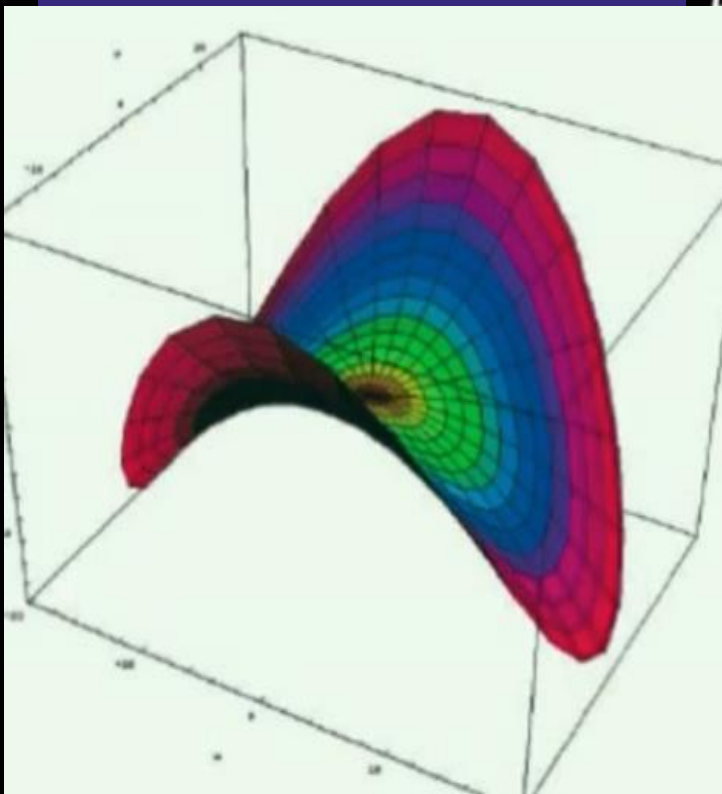
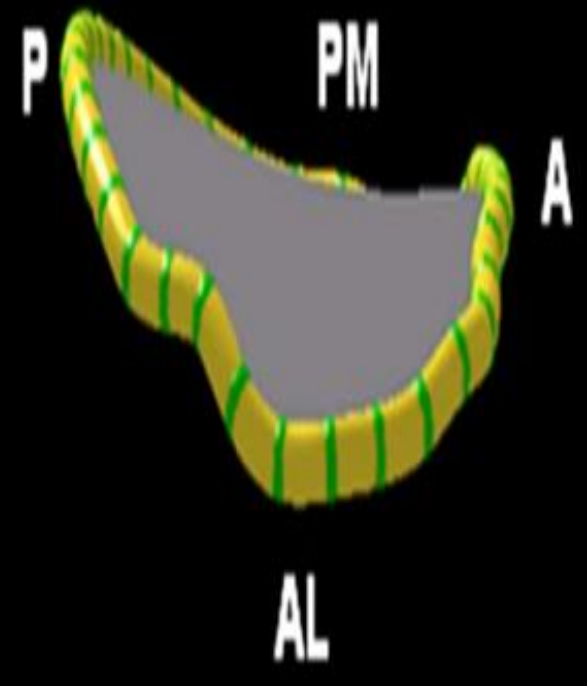




C. Early Systole: Normal



A. Late Diastole: Normal



The mitral valve during diastole

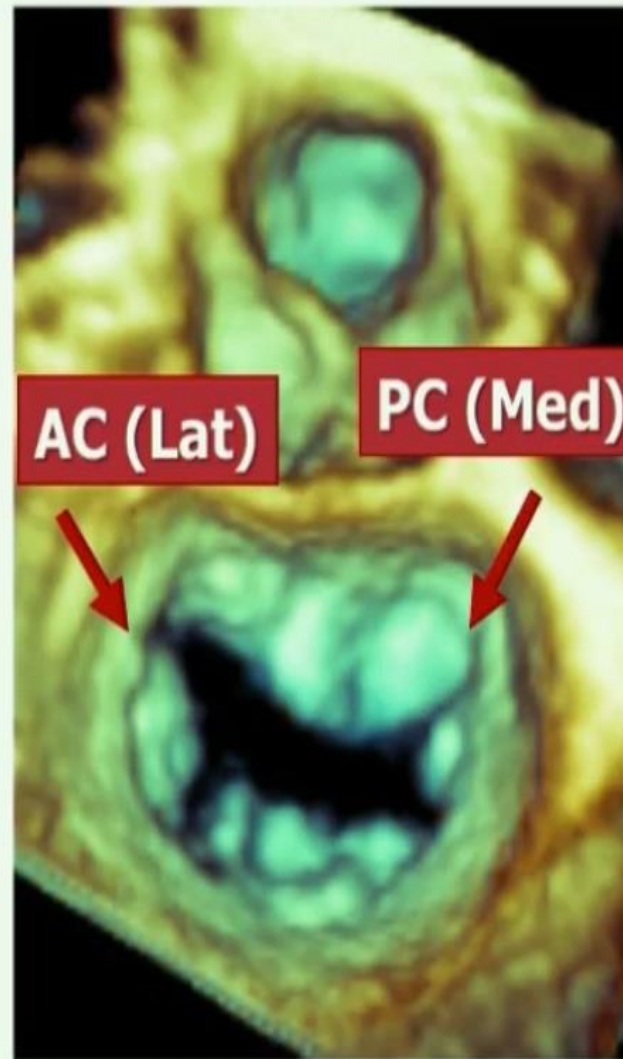
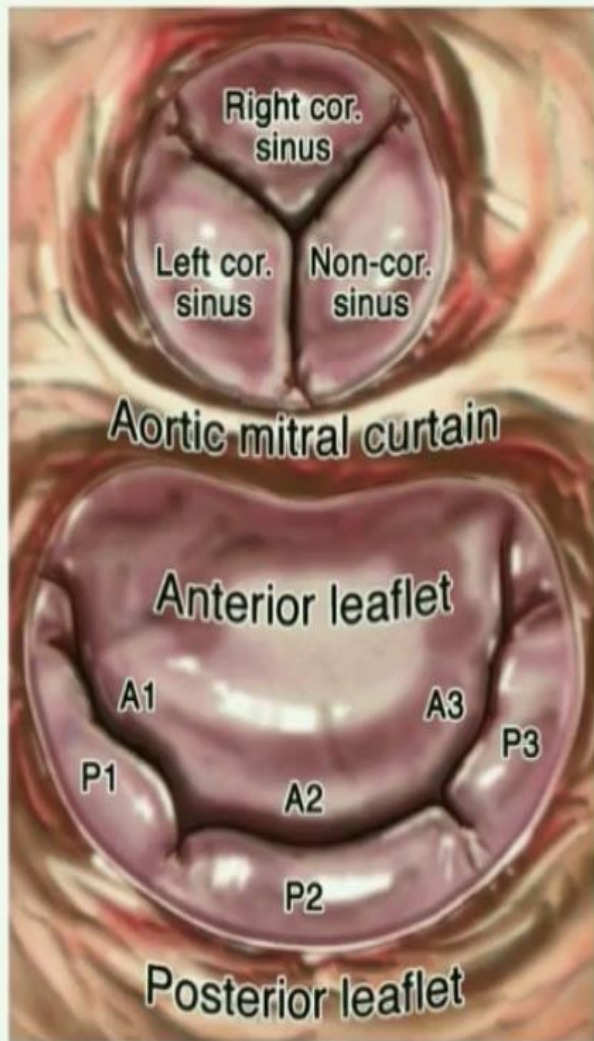


figuration

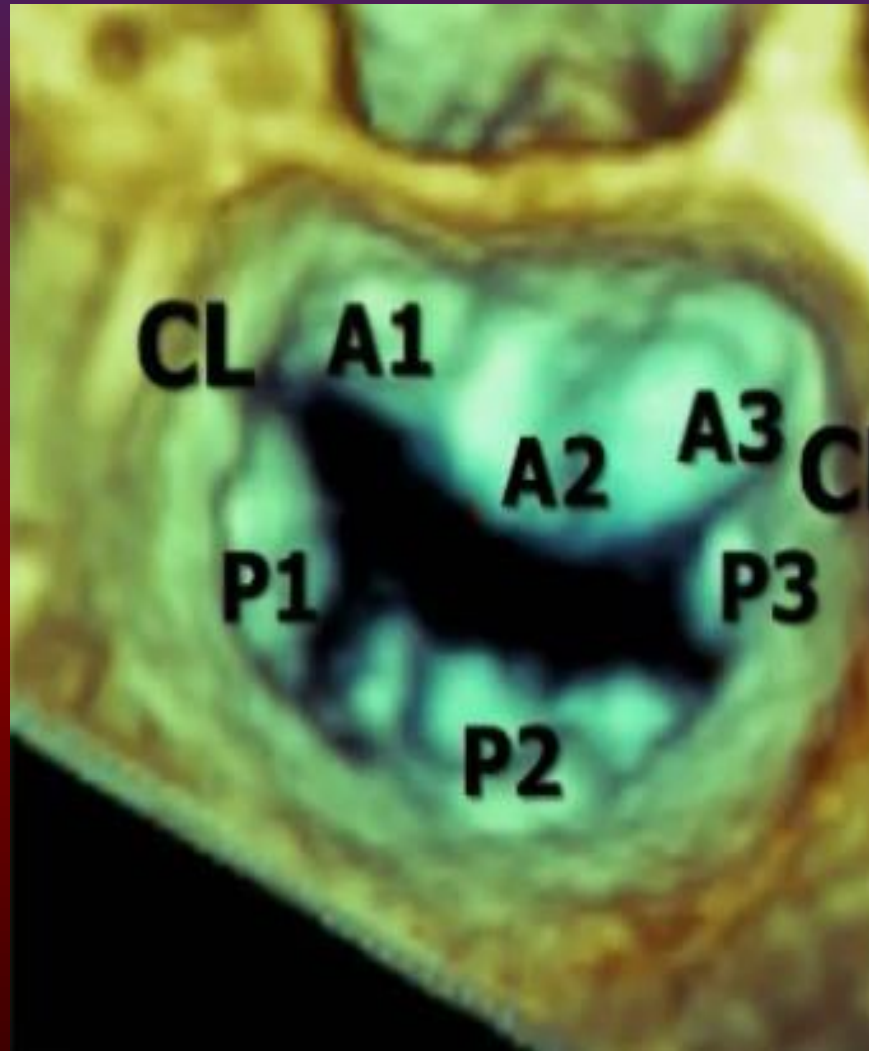
I.S. Salgo, J.H. reducing mitral

ture in

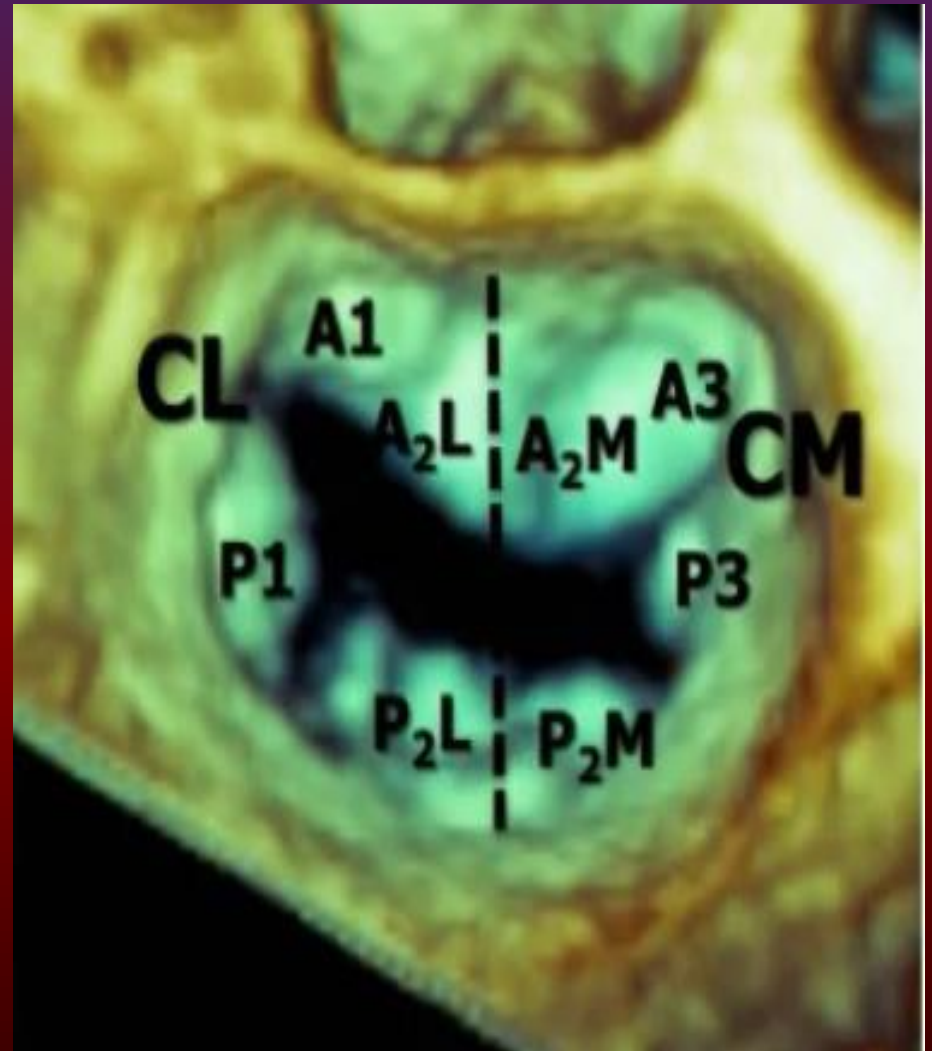




Lang RM, Tsang W, Weinert L, Mor-Avi V, Chandra S. J Am Coll Cardiol 2011 November 1;5 8(19):1933-1944.

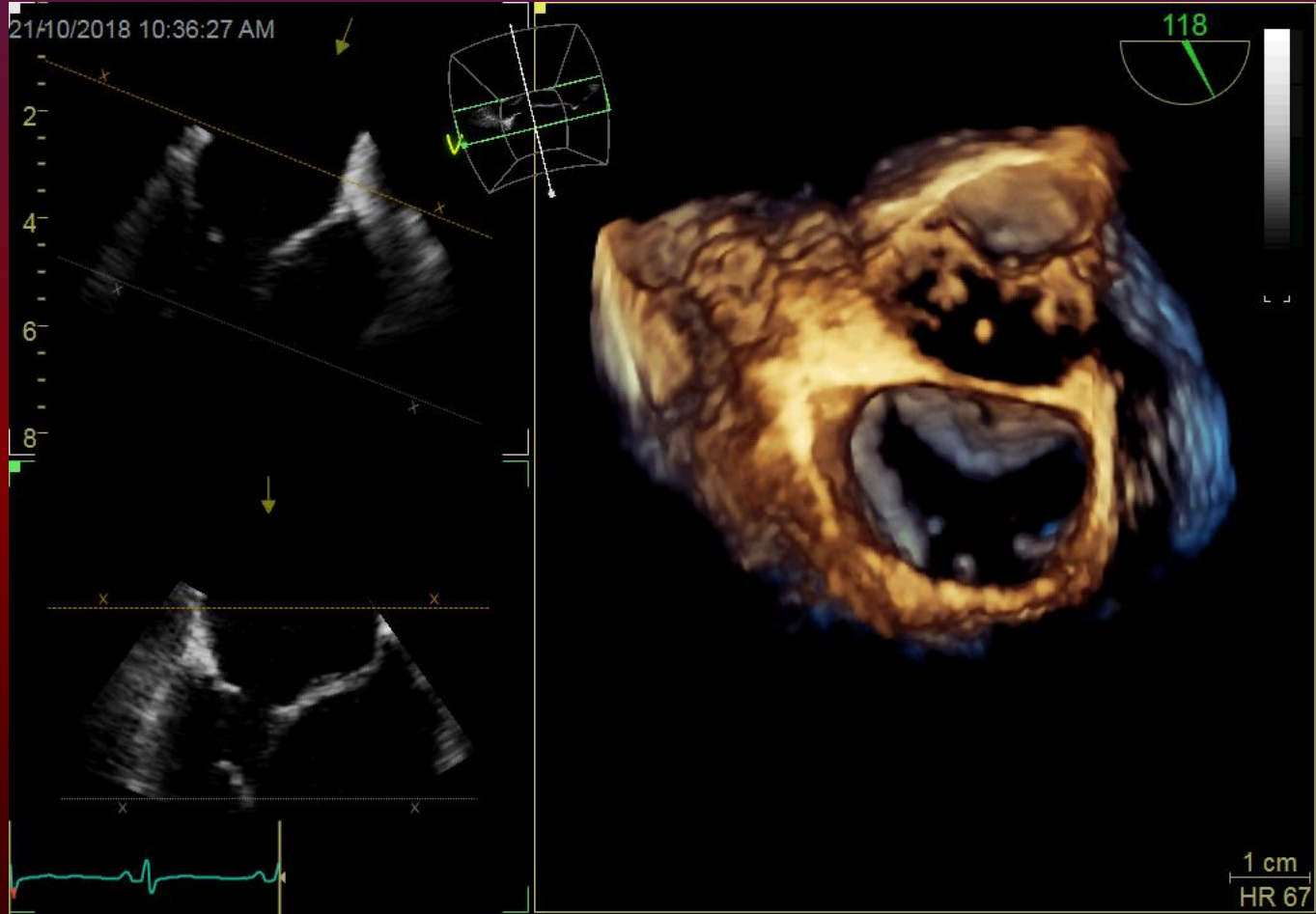


Carpentier



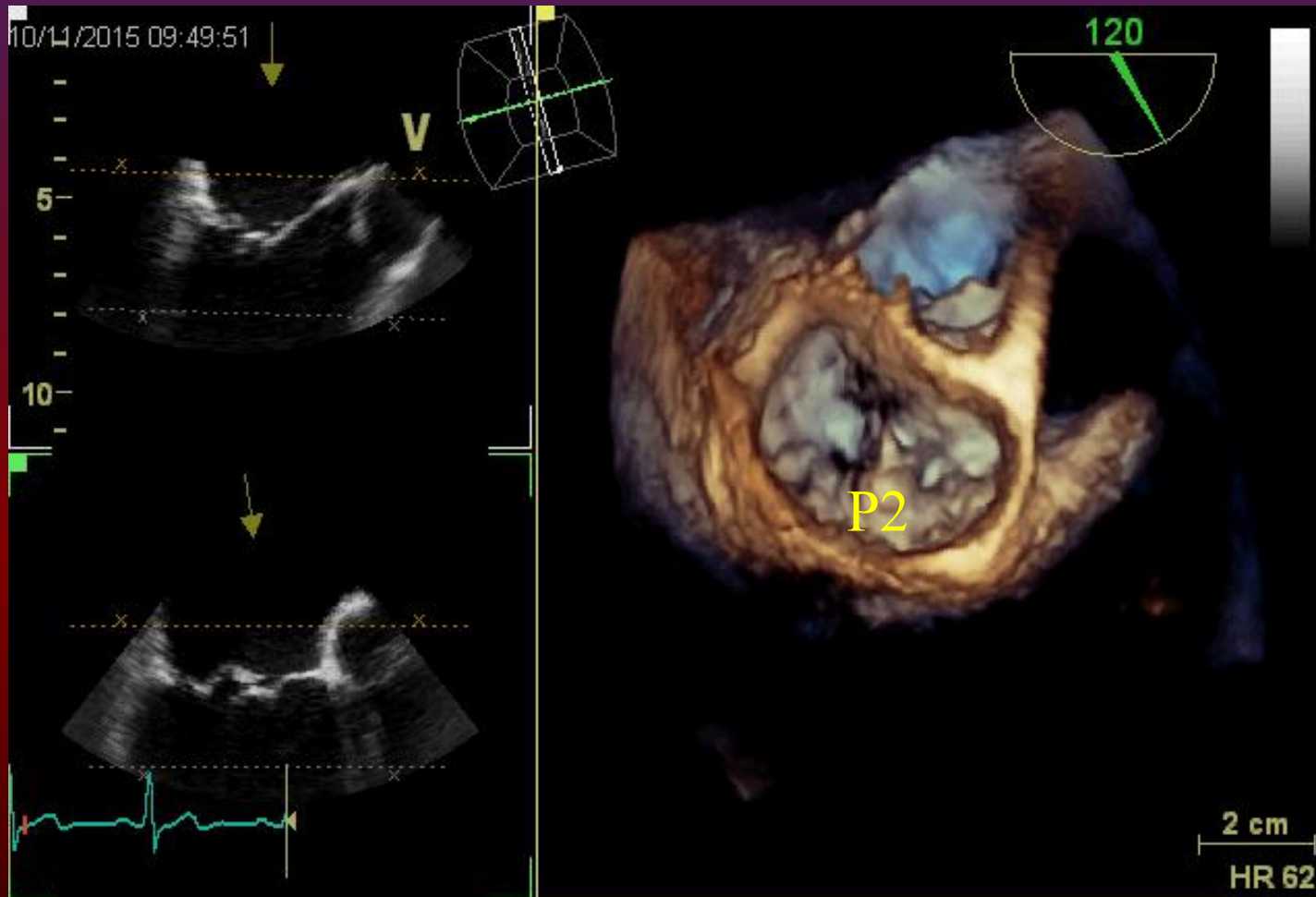
Modified Carpentier

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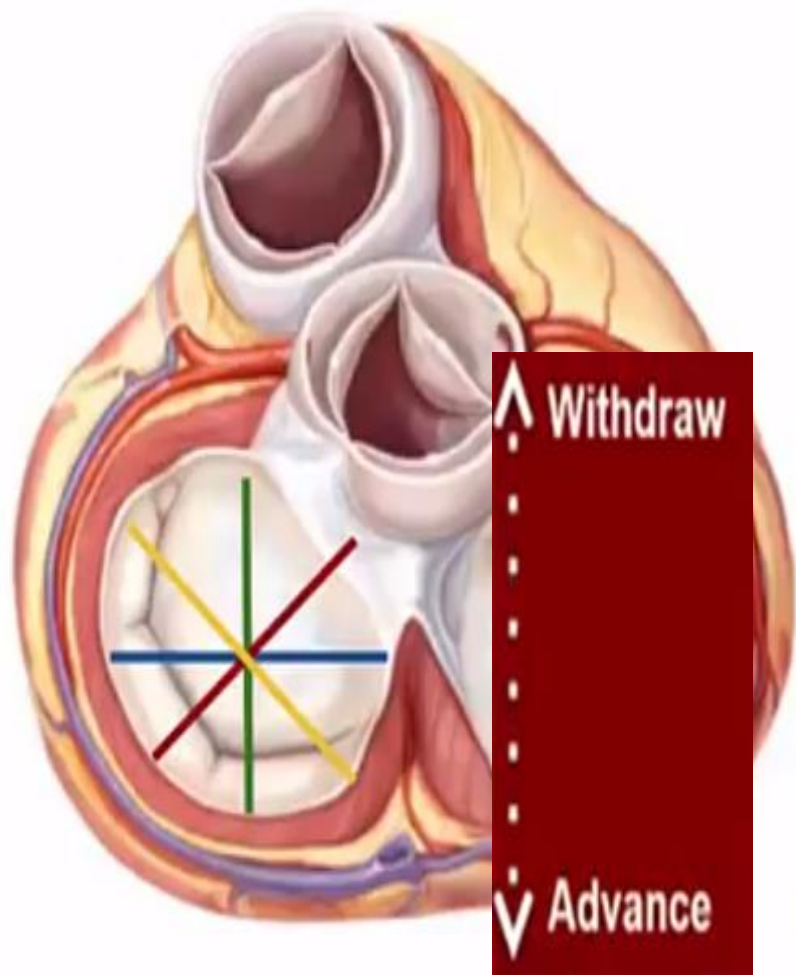
118

1 cm  
HR 67



# Anatomy Revisited

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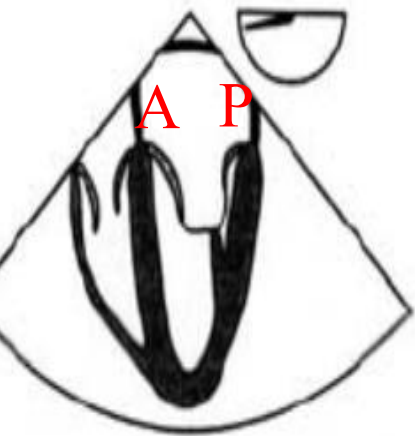
**0°: Midesophageal 4-chamber**

**60°: Commisural view**

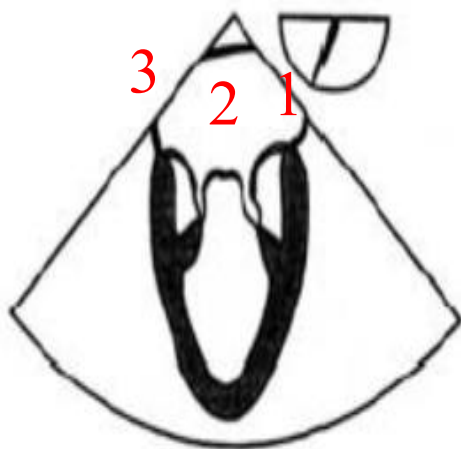
**90°: Midesophageal 2-chamber**

**120°: Midesophageal long axis**





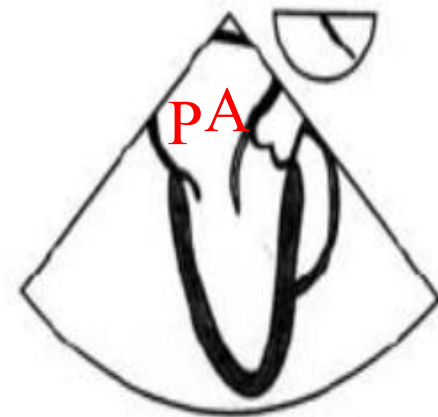
a. ME four chamber



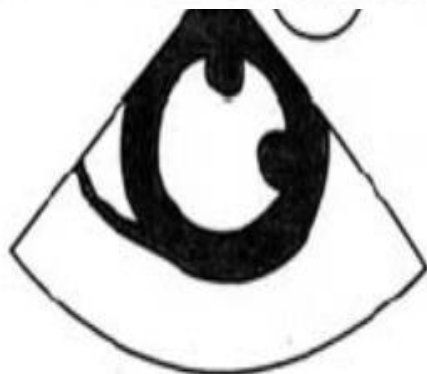
g. ME mitral commissural



b. ME two chamber



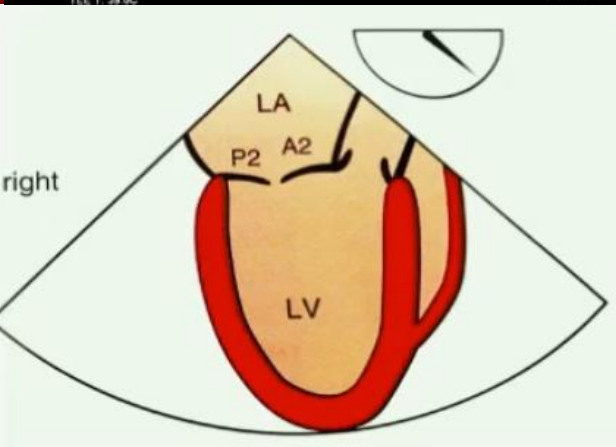
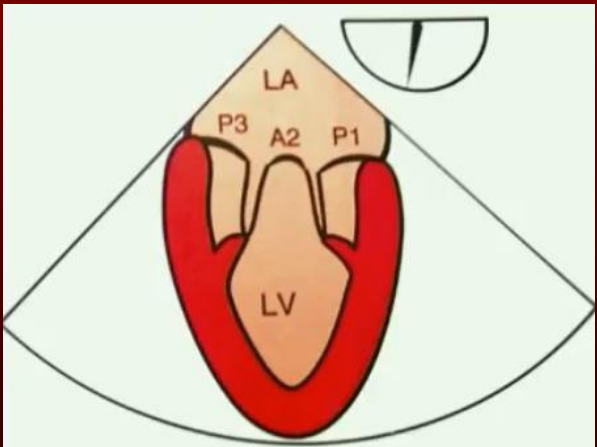
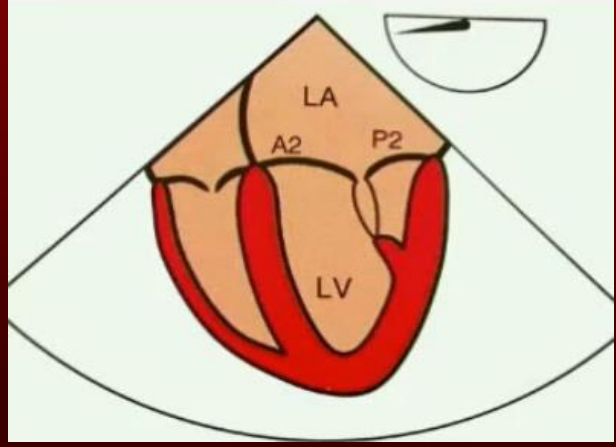
c. ME LAX



d. TG mid SAX



e. TG two chamber



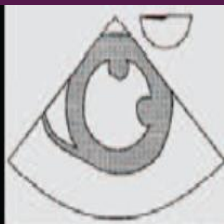
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FR 50Hz  
10cm

2D  
80%  
C 50  
P Off  
Gen



PMP



ALP

G  
P R

10

5



PAT T: 37.0C  
TCC T: 30.8C

JPEG

40 bpm



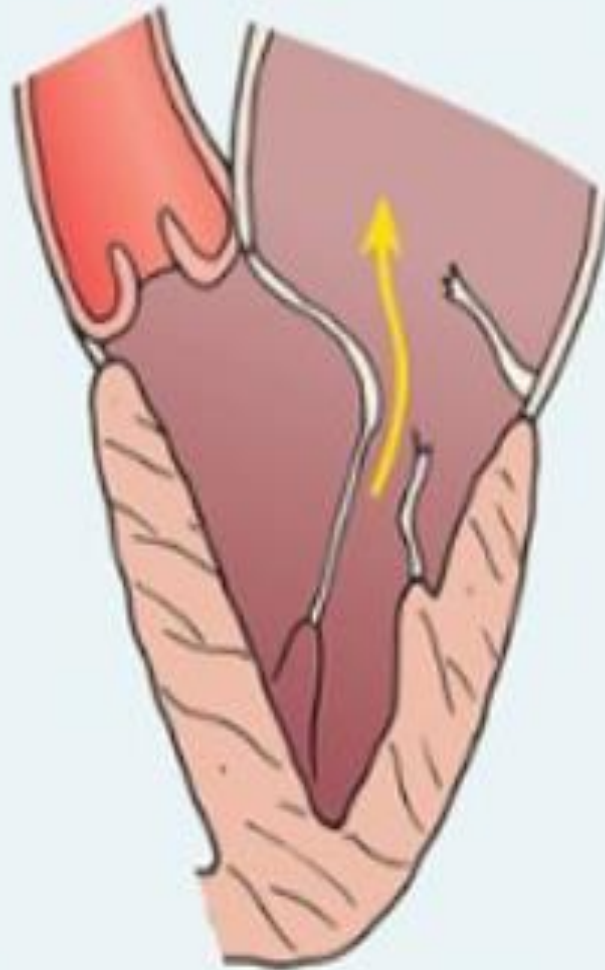
100  
2:37HR



# Carpentier

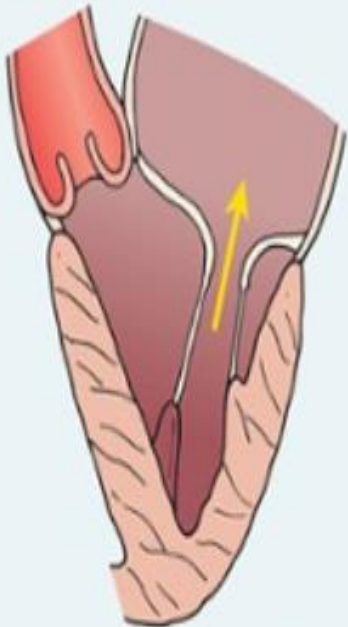
# Mitral valve

**Type II:**  
Increased leaflet motion



Ruptured chordae  
Elongated chordae and/  
or papillary muscle

**Type I:**  
Normal leaflet motion



Annulus dilation  
Leaflet perforation

**Type IIIb:**  
Diastolic leaflet restriction



Ventricular dilation  
Ventricular dyskinesia

triction

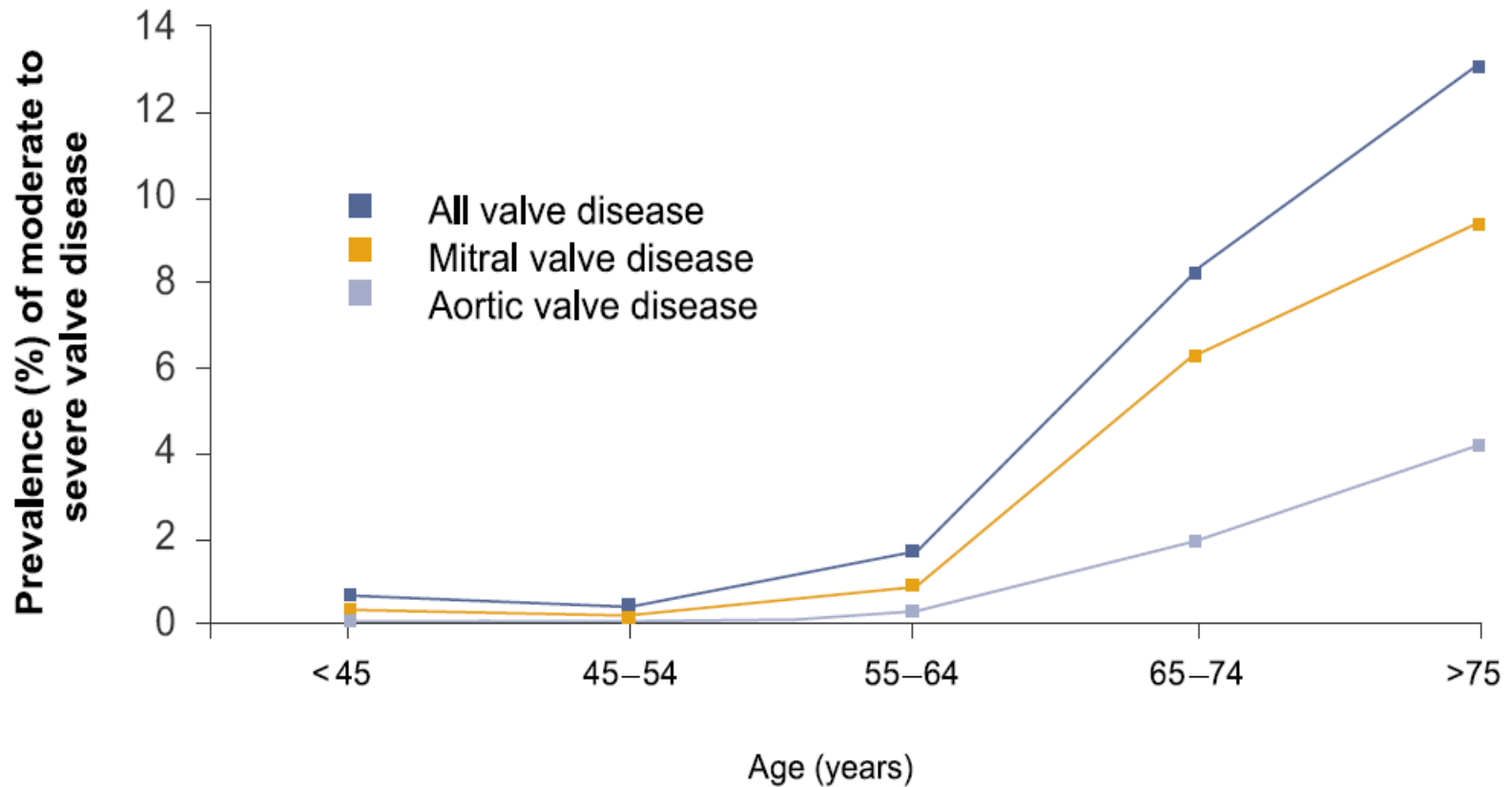
sion  
ng

# Flail Mitral Valve

✓ *Chronic Mitral Regurgitation*

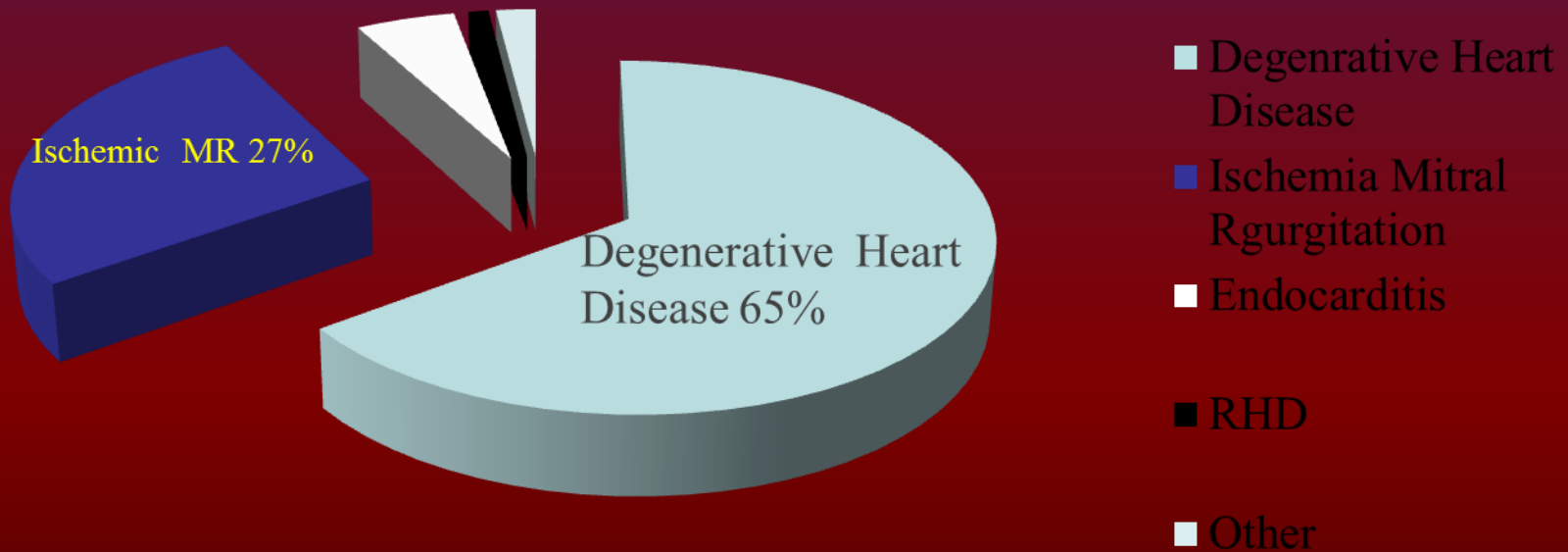
✓ *Acute Mitral Regurgitation*

# Chronic Mitral Valve Disease

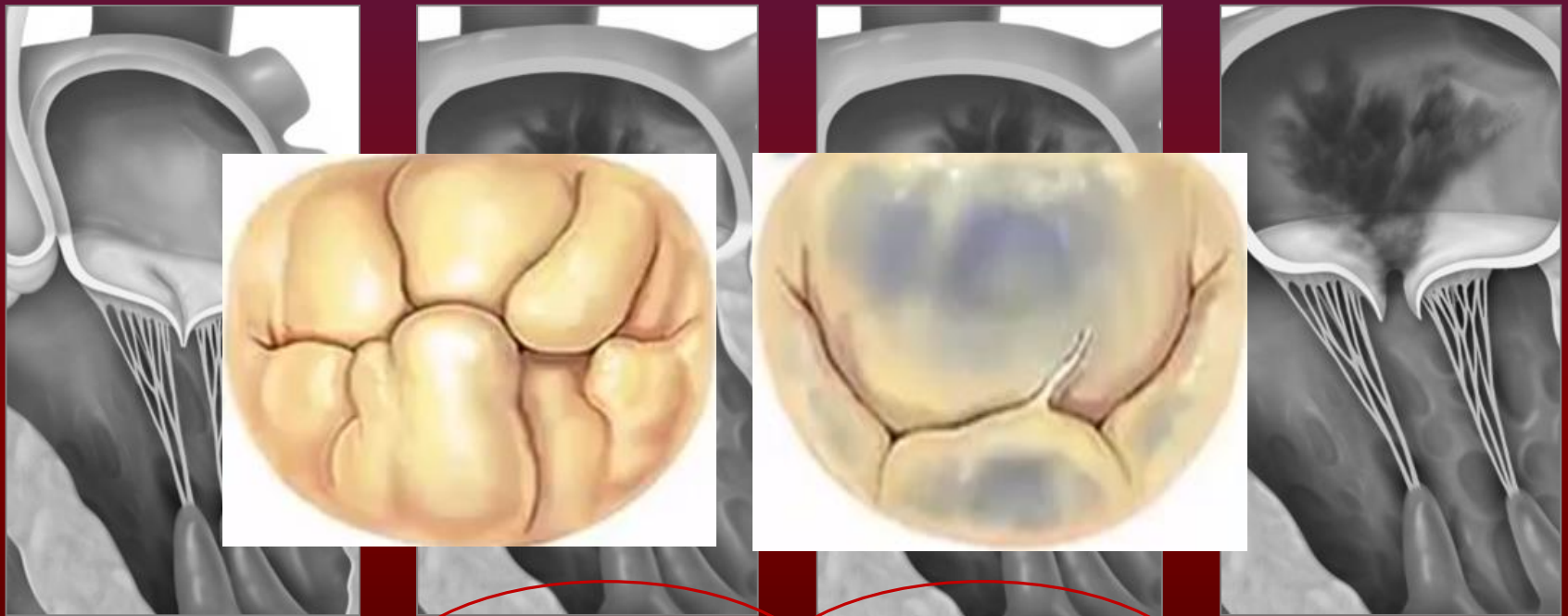


1. Heart Disease and Stroke Statistics 2010 Update: A Report From the American Heart Association. *Circulation*. 2010;121:e46-e215.
2. Nkomo VT et al. *Lancet*. 2006; 368:1005-1011.

# Mitral Regurgitation Etiologies



# Mitral Regurgitation Etiologies



Normal  
Mitral Valve

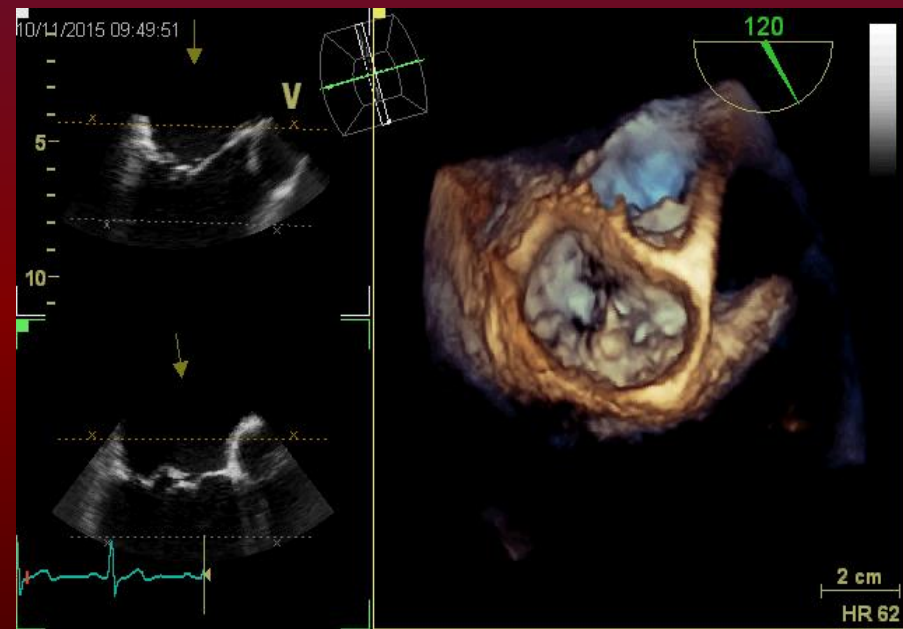
Degenerative  
MR: Prolapse

Degenerative  
MR: Flail

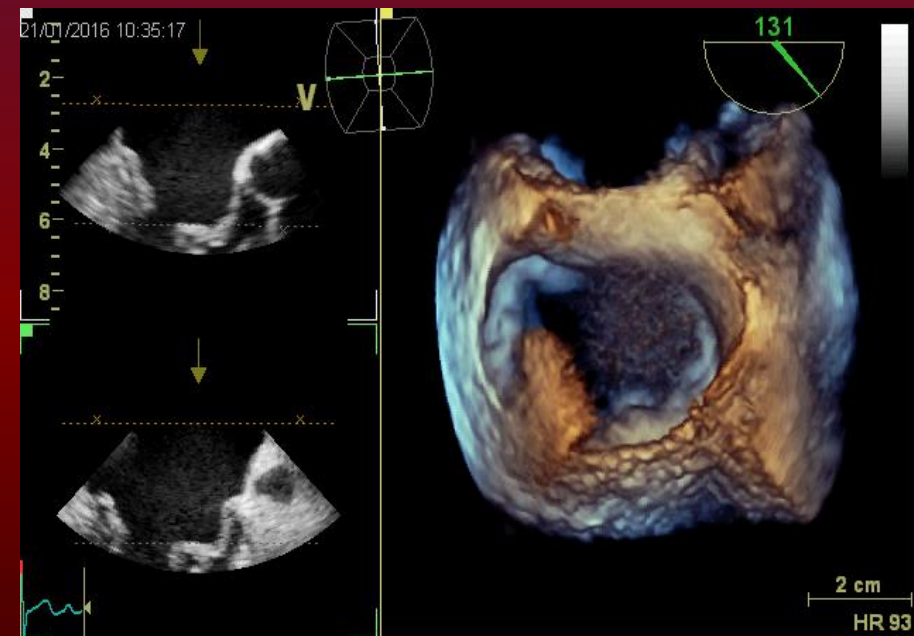
Functional  
MR

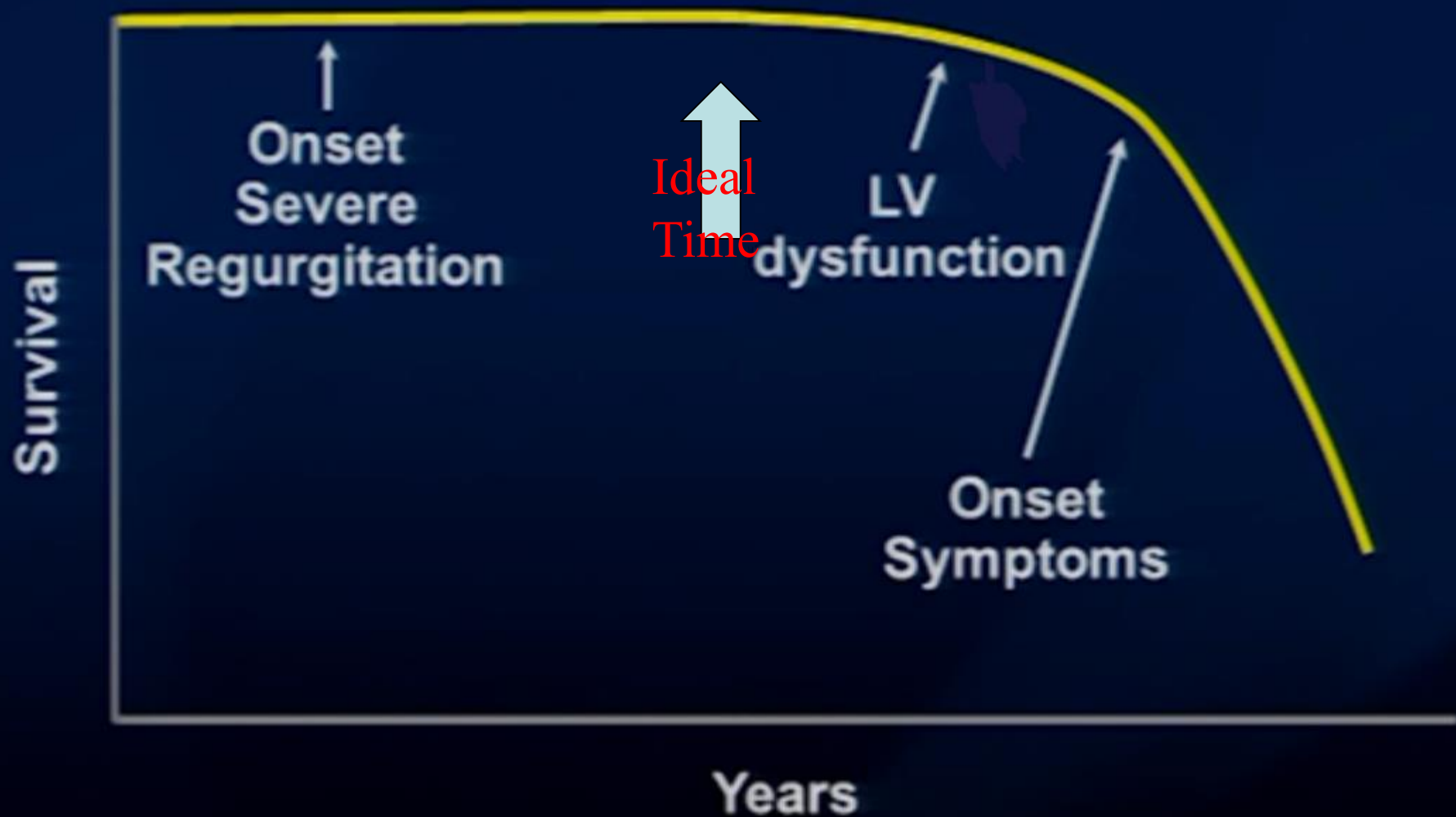
<b>Differentiating Characteristics</b>	<b>Barlow Disease</b>	<b>Fibroelastic Deficiency</b>
<b>Pathology</b>	Excess leaflet tissue due to accumulation of mucopolysaccharides	Loss of mechanical integrity due to impaired production of connective tissue
<b>Typical age at diagnosis</b>	Younger (< 40 years old)	Older (> 60 years old)
<b>Duration of disease</b>	Years to decades	Days to months
<b>Physical exam</b>	Midsystolic click and late systolic murmur	Holosystolic murmur
<b>Leaflet involvement</b>	Multisegmental	Unisegmental
<b>Chordal lesions</b>	Chordal thickening and elongation	Chordal elongation and chordal rupture
<b>Complexity of valve repair</b>	More complex	Less complex

## Fibroelastic Deficiency



## Barlow Disease





Once the patient's EF becomes  $<60\%$  and/or becomes symptomatic, mortality rises sharply.



# Indications for Repair/Replacement

	ESC/EACTS	ACC/AHA
Symptomatic and LVEF > 30%	I	I
Asymptomatic and LVEF 30%-60%	I	I
Asymptomatic and LVESD ≥ 40 mm		I
Asymptomatic and LVESD ≥ 45 mm	I	
Asymptomatic with flail leaflet and LVESD ≥ 40 mm with low surgical risk and high likelihood of repair	IIa	
Asymptomatic and new onset atrial fibrillation or sPAP ≥ 50 mm Hg	IIa	IIa
MV repair reasonable in asymptomatic patients (LVESD < 40 mm and LVEF ≥ 60%) when <b>likelihood of successful and durable repair without residual MR is &gt; 95% with an expected mortality rate &lt; 1%</b> when performed at a Heart Valve Center of Excellence		IIa
Asymptomatic with left atrial dilation (≥ 60 mL/m <sup>2</sup> ) or pulmonary hypertension on exercise (sPAP ≥ 60 mm Hg) when there is a low surgical risk and high likelihood of repair.	IIb	

# Indications for Repair/Replacement

➤ Symptoms (II-IV) at rest or exercise.

➤ Asymptomatic:

LV dysfunction - EF < 60%.

- ESD > 40 mm.

➤ Prophylactic

# MitraClip Therapy

## Filling a Treatment Gap



**Medical  
Therapy**

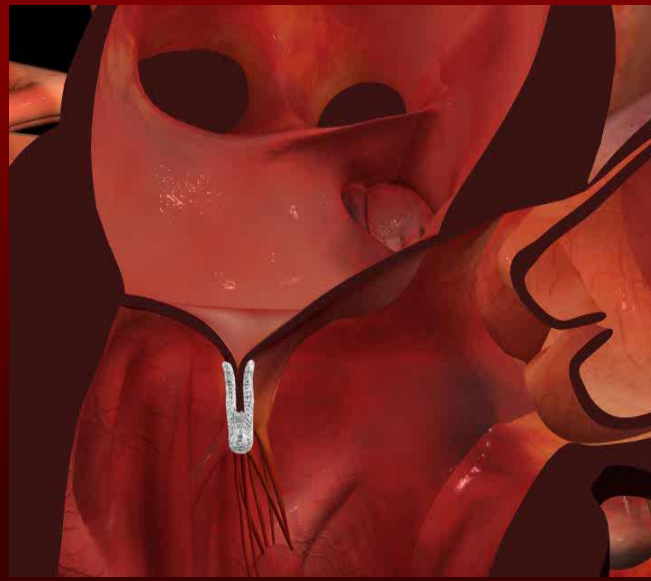
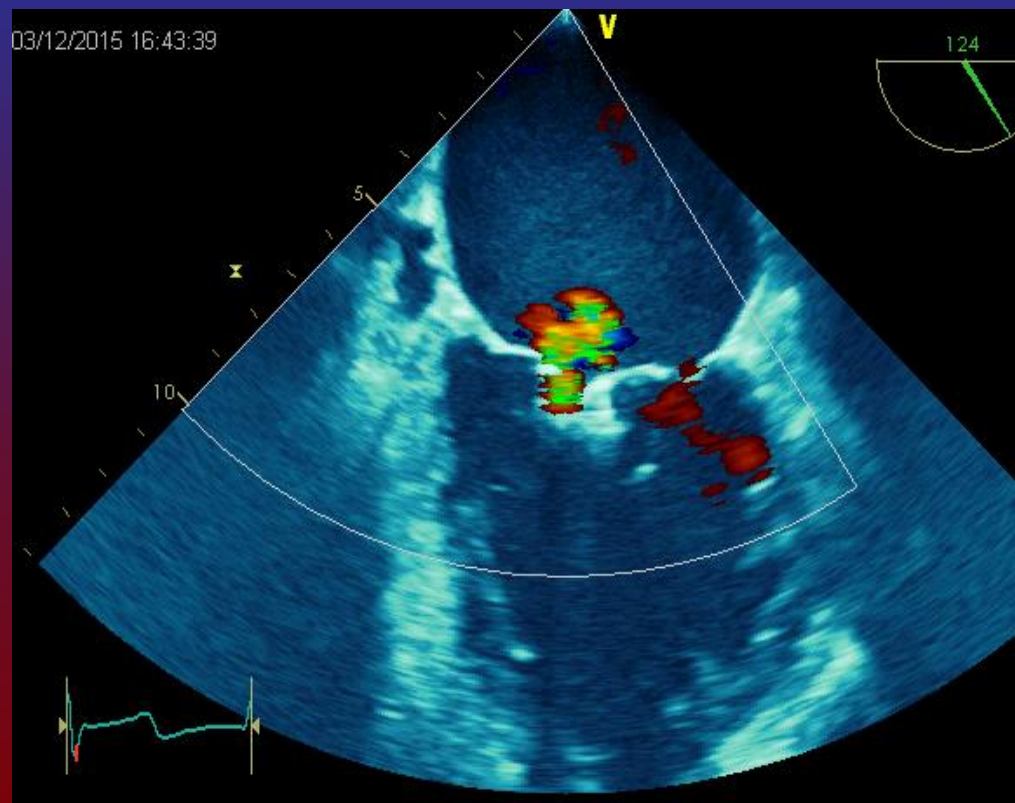
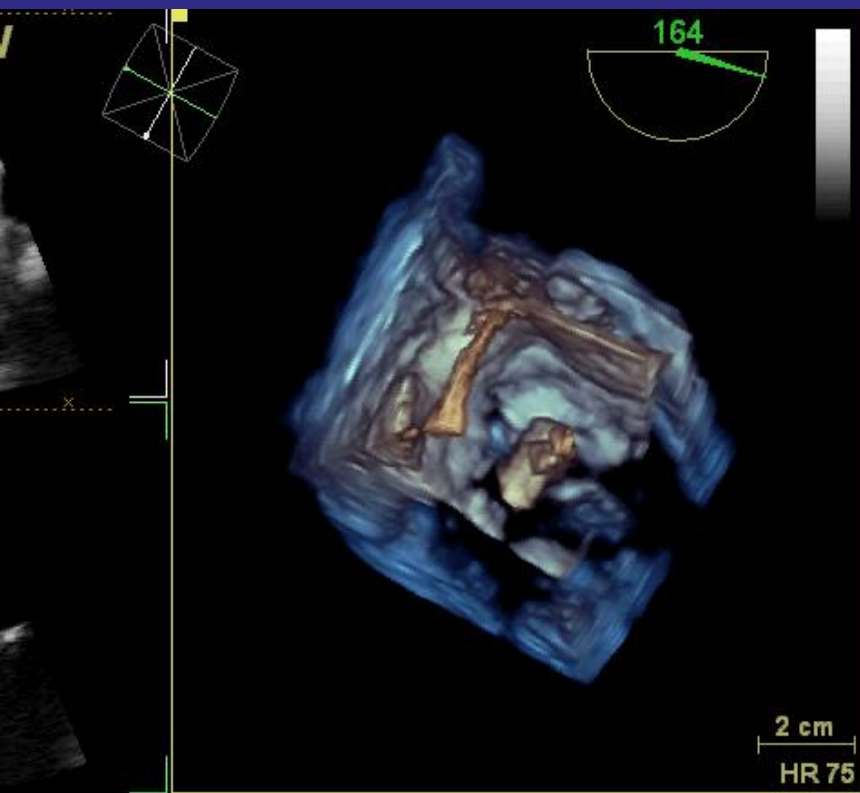


**MitraClip**



**MV Surgery**

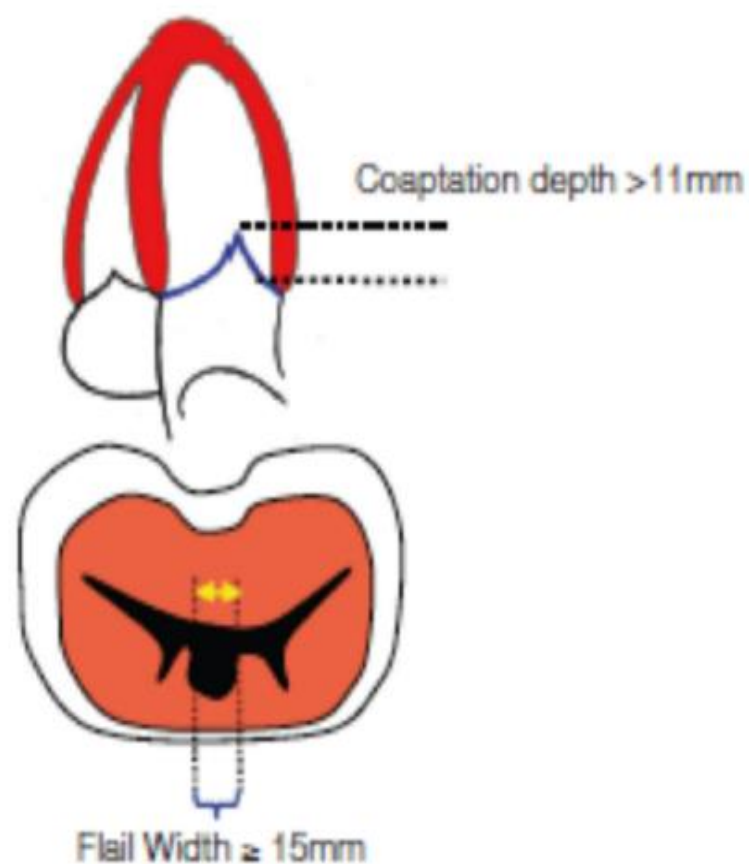
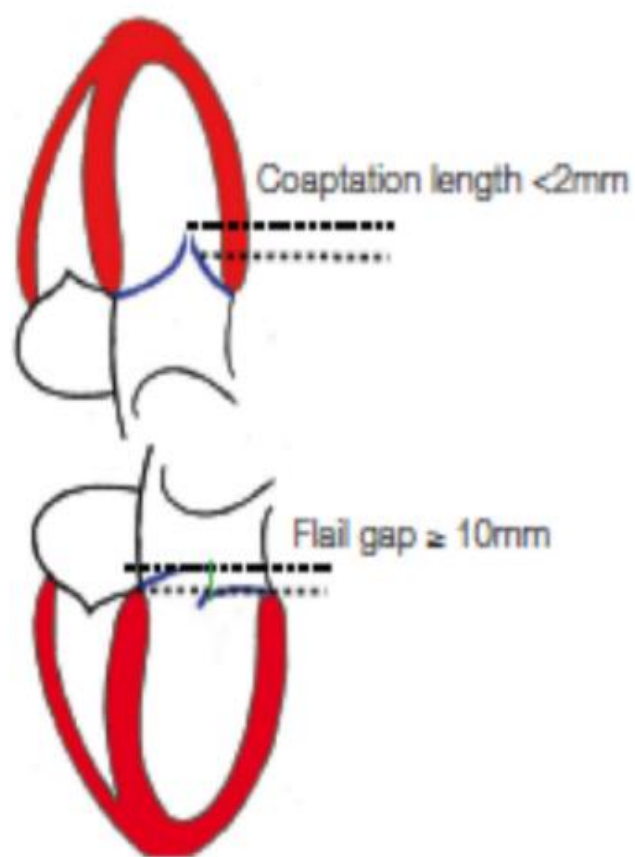




# Selection Criteria for MitraClip Insertion

- Grade 3 or more out of 4 grades
- Pathology in A2-P2 area
- Flail gap  $< 10$  mm
- Flail width  $< 15$  mm
- Mitral valve orifice area  $> 4$  cm<sup>2</sup>
- Mobile leaflet length  $> 1$  cm

## MV anatomical exclusions: Mitral valve orifice area $<4.0\text{cm}^2$



# Acute Flail Mitral Valve

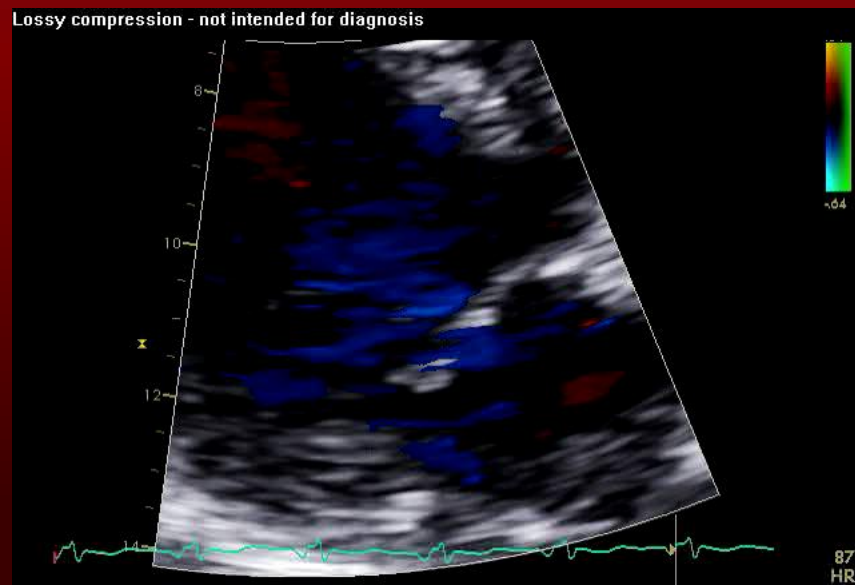
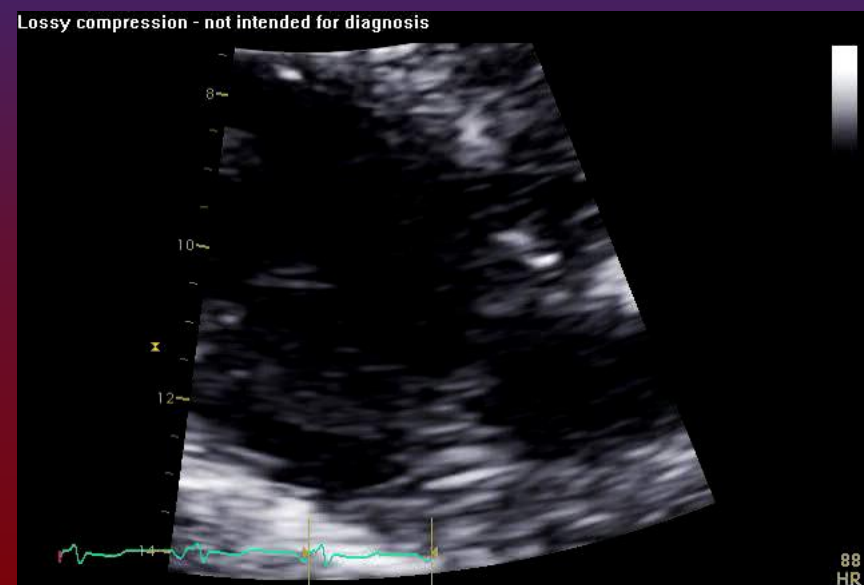
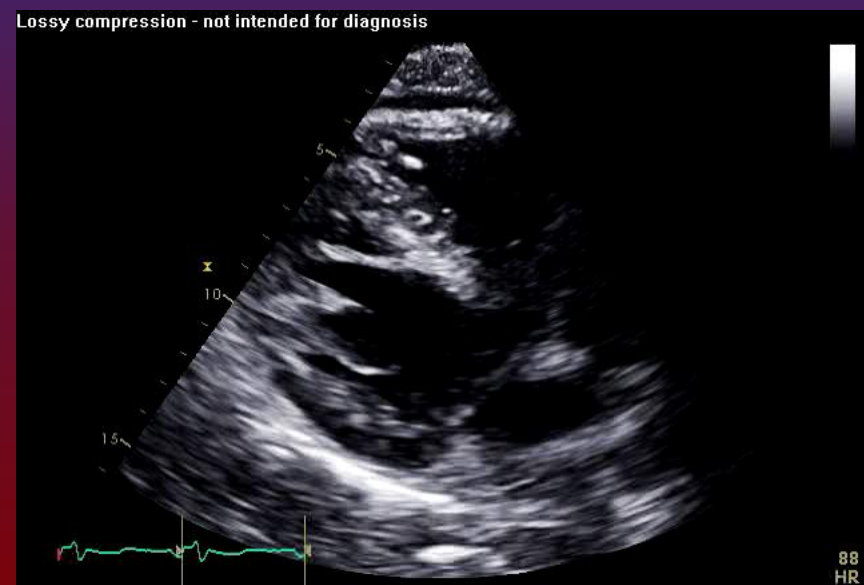
**58 year old male patient. H/O DM, dyslipidemia and smoking.  
Admitted as a case of inferior STEMI.**

**Lossy compression - not intended for diagnosis**





**Day after patient developed sudden SOB, and desaturation.  
New apical soft murmur and bilateral lung crackles.**

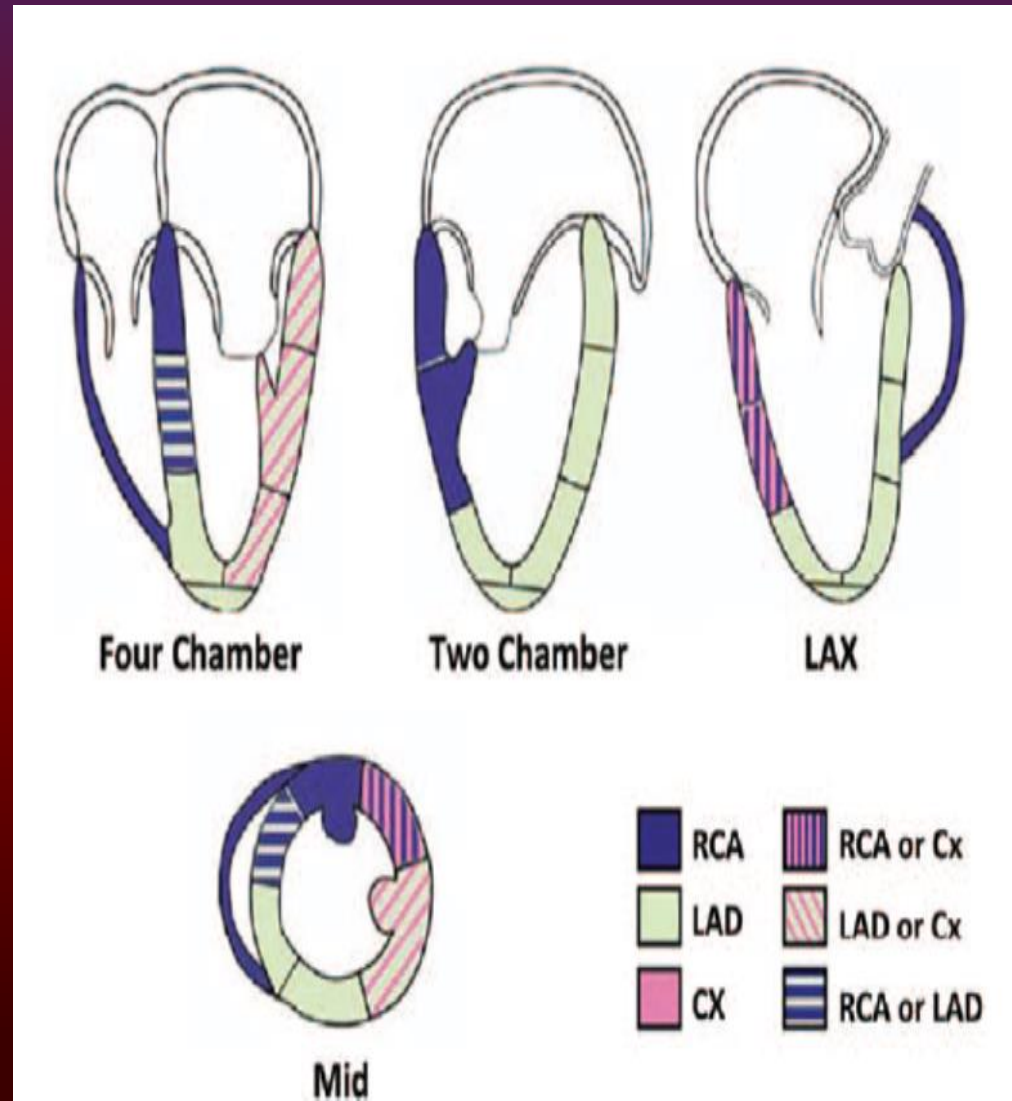


# Acute mitral regurgitation 2ry to flail MV

- Complication of myocardial infarction or Infective Endocarditis.
- Partial or total rupture of a papillary muscle induced sudden massive MR.
- Total rupture of a LV papillary muscle is often fatal.
- Partial rupture of papillary muscle is not necessarily overwhelming MR.

# Acute Flail MV due to STEMI

- Approximately 1%.
- posteromedial > anterolateral.
- Occurs with a relatively small infarction.
- Rupture of a RV papillary muscle is unusual.



- ✓ Acute rupture/ flail induced sudden massive MR
- ✓ Large amount of blood into small and noncompliant LA.
- ✓ Rapid equalization of pressures between the LA and LV.

Abrupt increase LA  
and Wedge pressure

Low stroke volume

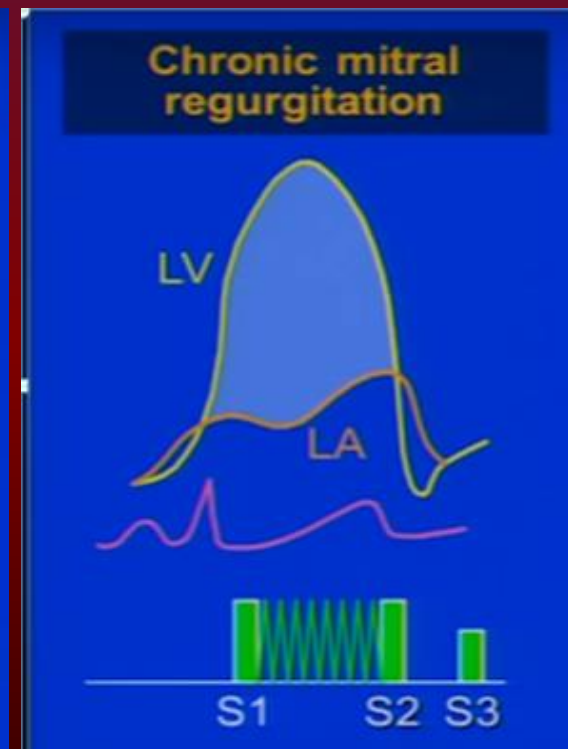
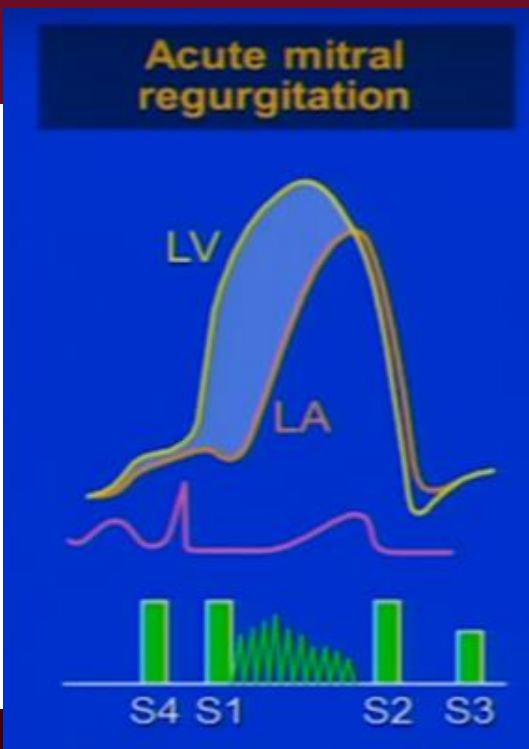
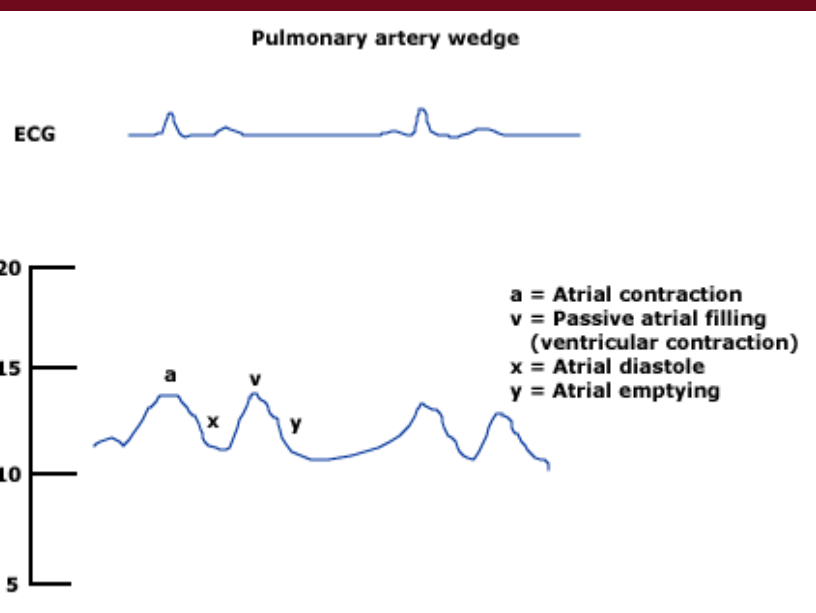
Significant V wave

Tachycardia  
LV hypercontractility

Pulmonary edema

Cardiogenic Shock

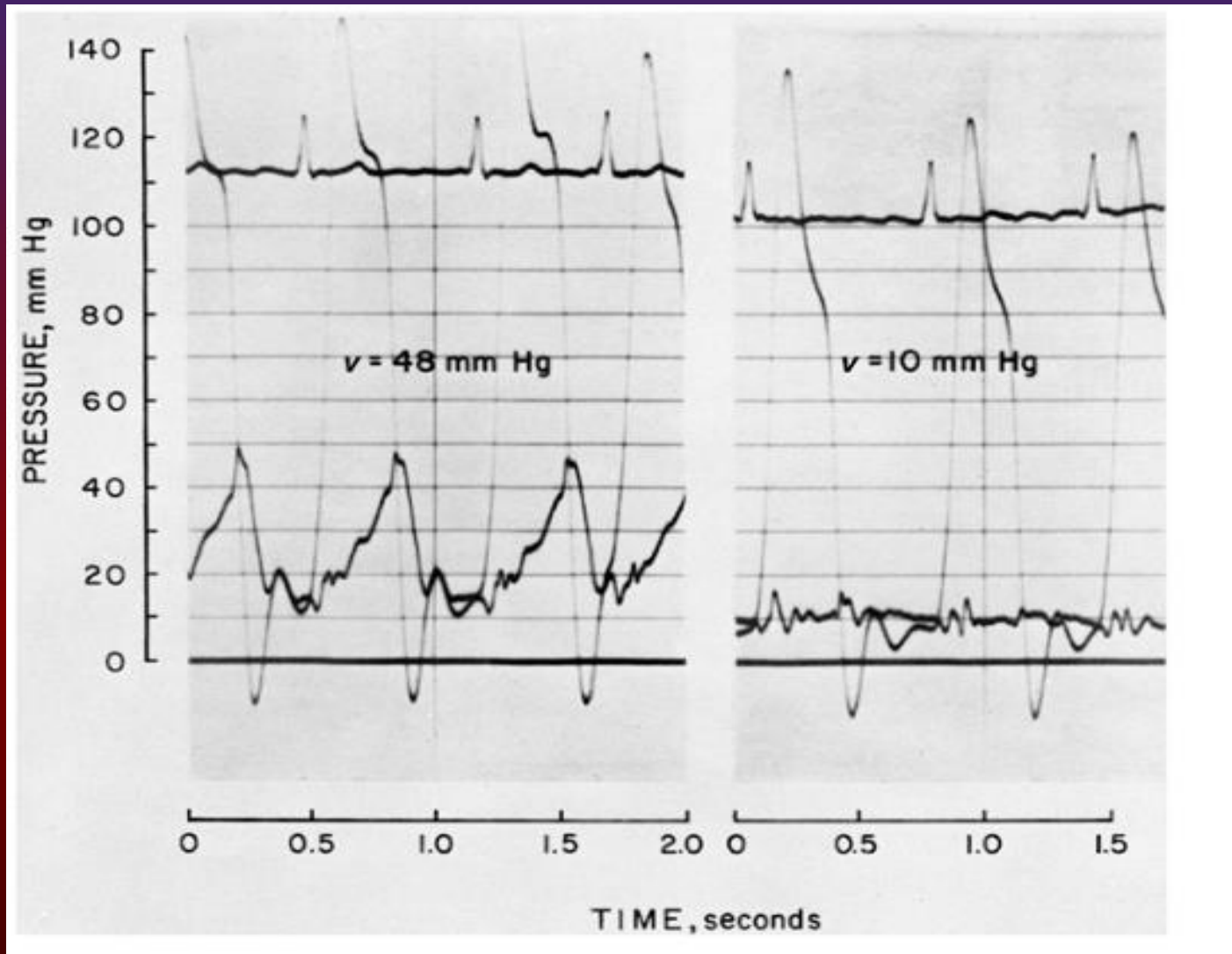
# Ruptured chordae tendineae and acute mitral insufficiency



# Management

- Invasive monitoring in most cases once recognition complication of STEMI.
- Vasodilator therapy, (nitroglycerin or nitroprusside), once systolic BP > 90 mm Hg.
- Inotropes may also be needed to support adequate cardiac output.
- IAB counterpulsation should be instituted rapidly (If pharmacologic therapy is not tolerated or fails to achieve)

# *Sodium Nitroprusside effect*



Grossman's Cardiac Catheterization

# Surgery

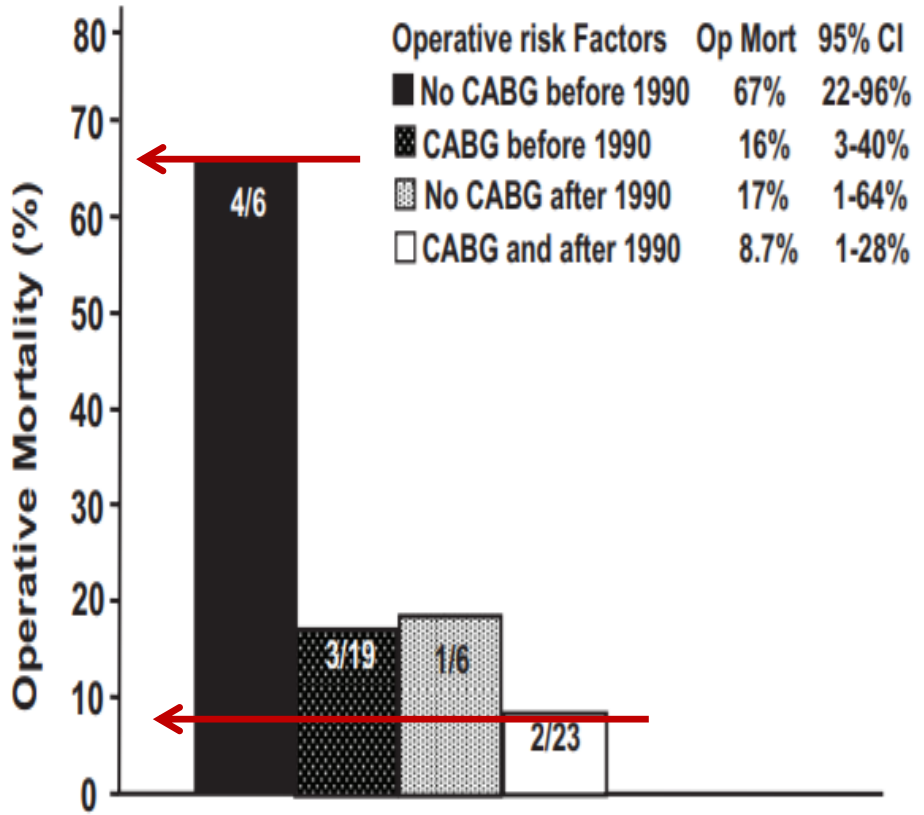
- In most cases, surgery should not be delayed in patients with a correctable lesion and require pharmacologic and mechanical support.
- In a subset of patients whose hemodynamic status remains stable, the operation may be postponed for 2 to 4 weeks to allow some healing of the infarct.



# Mitral Surgery

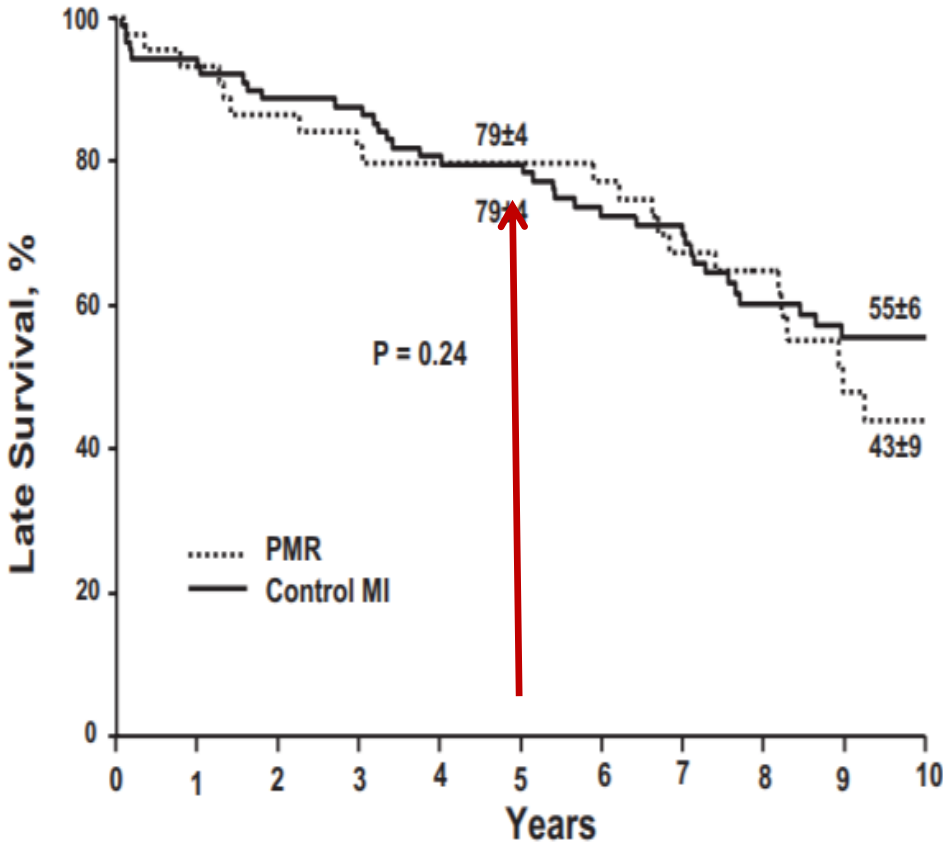
## Surgical Correction of Mitral Apillary Muscle Rupture

scio Grigioni, MD; Véronique L. Roger, MD, MPH;  
 tell V. Schaff, MD; Maurice Enriquez-Sarano, MD



operative mortality (odds ratio, 0.18; 95% CI, 0.04 to 0.9) after surgery after 1990 (odds ratio, 0.28; 95% CI, 0.06 to 1.2) from 67% up to 1990 without coronary artery bypass graft 5-year survival was 65±7%, and survival free of congestive heart failure in operative survivors was 79±4%, identical (P=0.24) to fraction, MI location, and MI year). Survival free of congestive heart failure (10-year survival, 28±8% versus 36±6%; P=0.46).

**Conclusions**—Surgery for post-MI PMR involves a notable operative risk, particularly with associated coronary artery disease, compared to that of similar MI without PMR. These encouraging results support an aggressive therapeutic approach for patients incurring P.



# STEMI with a loud systolic murmur

	<b>VENTRICULAR SEPTAL RUPTURE</b>	<b>PAPILLARY MUSCLE RUPTURE</b>	<b>Dynamic LVOT Obstruction</b>
<b>Territory</b>	Anterior and Inferior	Inferior > Anterior	Mainly Anterior
<b>Sings</b>	Thrill, SOB, hypotension, Biventricular failure.	SOB, hypotension, pulmonary edema	Hypotension, tachycardia.
<b>TTE, TEE</b>	Septal rupture with left-to-right shunt on color Doppler pattern of RV overload	Hypercontractile LV, chaotic motion, flail MV leaflet, severe MR on color Doppler.	SAM with LVOT Obstruction
<b>Rt Heart Cath</b>	High PCWP with Oxygen saturation > 10% RA ----- RV	Large v waves, very high PCWP. With No increase in oxygen saturation from the RA to RV.	
<b>Treatment</b>	Surgery/Intervention	Surgery	Medical therapy

*Thank you*

