

Business Directory

Consider your options and find what you're looking for locally!
Call 228-9301 to find out more about advertising your business!

<p>APARTMENTS</p> <p>Cedarview Apartments Low Income Housing Playground Laundry Room All Utilities Paid Landscaped Clean & Convenient Apartments Available Now Phone 654-2746 for TTY 711 TDD 1-800-833-6388 543 South 3rd Ave. West Malta, Mt 59538</p>	<p>AUTOMOTIVE</p> <p>TIRE RAMA More Than Just a Tire Store Alignments Brake Service Preventative Maintenance Total Car Care 15 4th St N • Glasgow 228-2388 • 800-801-8660 COOPERTIRES</p>	<p>COFFEE & MORE</p> <p>The Loaded Toad What's in your load? Fresh Baked Pastries Daily Specialty and House Coffees 527 2nd Ave. S., Glasgow, MT 406-228-4610</p>	<p>CONTRACTOR / CONSTRUCTION</p> <p>Performance Concrete & Construction A Leader In: • Residential & Commercial Concrete • New Construction & Remodels Contact Rod 406-263-8054 mudman@nemont.net</p>	<p>Jeremy Tweten & Viking Construction Concrete & Construction We stay true to our estimates Fully Insured. State registered. Credit cards accepted. Call or text 406-698-5208 vikingconstruction1.com Check us out on Facebook</p>	<p>GIFTS</p> <p>RED BARN GIFTS Fort Peck Hwy 42 E Glasgow, MT 59230 (406) 228-9256 "a little something for everyone"</p>	<p>GUNS & AMMO</p> <p>WANTED We pay CASH for Used Guns and take TRADE-INS. DG SPORTS & WESTERN Glasgow, MT 406-228-9363</p>
<p>IT</p> <p>Want For Tech Get IT. Got it? Good. Technology services for your business. Right here in Glasgow. www.wantfortech.com 833-523-8837 info@wantfortech.com</p>	<p>JANITORIAL</p> <p>Probst Cleaning Service 406-228-4441 Carpet, Upholstery, Duct Cleaning, Water Damage Clean-up, Mold Testing & Removal</p>	<p>OPTOMETRY</p> <p>HI-LINE EYE CARE, PLLC Haley A. Menge O.D. 234 5th St. S., Glasgow 406-228-4895 Hours: Mon. - Thurs. 7:30 a.m. to 4 p.m. Friday 7:30 a.m. to 2 p.m. www.hilineeyecare.com Serving Northeast Montana</p>	<p>RESTAURANT</p> <p>FLIP burgers & treats Burgers, Chicken, Fries, Ice Cream & Frozen Yogurt Dine In • Carry Out • Drive Thru! Hours: Sun. thru Thurs. 11 am to 8 pm Friday & Saturday 11 am to 8:30 pm & Drive Through Open until 9 pm 228-2997 928 Hwy 2 West • Glasgow</p>	<p>OASIS Lounge & Eatery BREAKFAST 7 A.M. - 1:30 P.M. Full Breakfast Menu LUNCH MENU 11 A.M. - 2 P.M. Soup and Sandwiches Come in and try our delicious pizza! 221 5th St. S. Glasgow 228-8006</p>	<p>Eugene's Pizzeria Pizza Chicken Ribs Shrimp Burgers Open for Lunch! Monday-Friday 11 a.m. - 2 p.m. 7 DAYS A WEEK! Sun. - Thurs. • 4 p.m. - 10 p.m. Fri. & Sat. • 4 p.m. - 11 p.m. 228-8552 193 Klein Ave.</p>	
<p>Local Advertising That Works as Hard as You Do We reach thousands of local readers every week and know how to make the most of your advertising budget! ADVERTISE HERE</p> <p>Potential Customers could be viewing your ad right now! Call (406) 228-9301 or email courier@nemont.net to set up your Business Directory advertising</p>	<p>RETAIL</p> <p>SHIPPWRECKED Glasgow, MT 227 5th St. South • 228-8228 10-6 Weekdays • 10-3 Saturdays facebook.com/shippwreckedmt</p>	<p>STORAGE</p> <p>Al's MINI-STORAGE of Glasgow Clean and Secure Fenced and Lighted E-Z Access & Paved Toll Free: 1-888-623-2222 103 Cherry Creek St. Just off Hwy 2 on west end of town www.alsministorage.com</p>	<p>TRANSPORTATION</p> <p>VALLEY COUNTY TRANSIT 228-TRIP (8747) 7 DAYS A WEEK 7:30AM-11PM LOW FARES!</p>	<p>WATER SPECIALISTS</p> <p>Big Valley WATER DAVID LERAAS Owner Full line of water treatment products, water softners & coolers Locally Owned 406-228-2614 730 3rd Ave. S. • Glasgow bigvalleywater@nemont.net</p>	<p>Keep Your Finger on the Pulse of Local News, Events & More with the Glasgow Courier. Print & Digital Subscriptions available The Glasgow Courier 531 2nd Ave. S., Glasgow, MT 59230 406-228-9301 • courier@nemont.net</p>	

SELL IT IN THE Classifieds

FREE FOR SALE ADS

If you have something for \$100 or below, Courier For Sale ads are so cheap you can't say no!
FREE is the price of the ad you seek, printed in The Courier once a week!

This offer applies to household/garage items, lost & found items and items you want to give away.
To place your ad, call 406-228-9301, email: sales.courier@nemont.net or drop by the office at 531 2nd Ave. South in Glasgow

CLASSIFIEDS

SPECIAL NOTICES / FOR SALE / HELP WANTED

Job Opening: Maintenance Worker 2 - Join the MT FWP Region 6 maintenance team in maintaining and improving habitat areas as well as grounds and facilities at state parks, fishing access sites, wildlife management areas, and administrative facilities. One position is available in Havre and one in Glasgow.
Minimum Qualifications: High School diploma or 3 yrs. of job-related experience. Full-time position. Salary \$21.01 hourly, health ins., paid leave & holidays, retirement plan.
Apply at: [Job Description - Maintenance Worker 2 \(23140590\) \(taleo.net\)](#) [mtstatejobs.taleo.net] Closing Date: March 15, 2023.

FORT PECK COMMUNITY FCU: Currently accepting applications for a Membership Representative. Duties include performing transactions for the membership, setting up new accounts, and some back-office duties. Position may require some travel between the Fort Peck office and the Branch office in Glasgow. Wage DOE.
APPLICATIONS CAN BE PICKED UP OR DROPPED OFF AT FORT PECK OR GLASGOW, OR MAILED TO FORT PECK CREDIT UNION, P.O. BOX 214, FORT PECK, MT 59223.

Want to make a big difference for moms and babies in Montana? Healthy Mothers, Healthy Babies-MT is hiring an Executive Director. Learn more at www.hmhb-mt.org.

Industrial Arts/Vocational Agriculture Teacher for the 2023-2024 School Year
Opheim is looking for a part-time or possibly full-time Industrial Arts/Vocational Agriculture teacher for the 2022-23 school year. Opheim is located 10 miles from the Saskatchewan border in a rich wheat-growing country. On the 51 mile stretch of road between Glasgow and Opheim along Montana Highway 24 lie some of the wildest prairie lands in the northern part of Missouri River Country. The main industry in our rural community is farming and ranching. Fort Peck Lake has excellent fishing, boating and camping facilities and is only one hour away.
Our school has 10 teachers and 40 plus students PreK-12. Our small class sizes allow you to better individualize instruction, track student progress and develop positive relationships with the students. We graduate 100% of our students, and all past students have been successful in post-secondary options. We are progressive in our teaching and goals, and we take pride in educating our students. In addition, we have almost no discipline issues throughout the entire district. If you are looking for a school where you can gain a wealth of experience in the teaching profession and truly make a difference, Opheim may be a perfect fit.
Opheim School District provides equal employment opportunities to all employees and applicants for employment and prohibits discrimination and harassment of any type without regard to race, color, religion, age, sex, national origin, disability status, genetics, protected veteran status, sexual orientation, gender identity or expression, or any other characteristic protected by federal, state or local laws.
Position will be open until filled
A person may apply by sending a resume, cover letter, references, copy of teaching license and college transcripts to Opheim Public School C/O Jennifer McAllister, Superintendent, P.O. Box 108, Opheim, MT 59250 or jmcallister@ohsvikings.org or call 406-762-3213 M-TH 8:00-4:00 with any questions.

Montana Aviation Research Company is a wholly owned subsidiary of The Boeing Company and is a flight-testing facility. MARCO is located 17 miles north of Glasgow MT.
Employer is taking applications for a full-time facility maintenance employee.
Duties will include the following but are not limited to: Support for water/sewer distribution system. Runway maintenance including snow plowing, sweeping and minor repairs. Building maintenance including boiler inspections, cleaning and minor repair. Grounds maintenance including mowing, cleaning and street repair. Heavy equipment/vehicle operation and maintenance of back hoe, snow blower, over head cranes, forklift, tractors and mowers. Flight test support including operation of jet fueling station, preventative maintenance of ground support equipment. Prospective employees must have a clean driving and criminal background record. Full medical and dental benefits are provided. Water distribution licenses will be required after 18 months of employment. Salary will be dependant upon experience and licenses/certificates that candidate has pertaining to job duties.
Please submit resume to:
Montana Aviation Research Co. P.O. Box 831 Glasgow, MT. 59230

Valley County Position Vacancy Notice
Valley County Weed & Glasgow Mosquito District has 4 full-time seasonal positions open for the 2023 spray season.
Responsible to: Valley County Weed and Glasgow Mosquito District
Positions Close: Open until filled
Starting wage: \$16.00
Generic Applications available online at the Montana Job Service website under employment applications or by stopping by the Valley County Extension Office. Applications can be dropped off at the Extension Office within the Valley County Courthouse.
Laborers are needed for weed and mosquito control. Applicants must be 18 years or older and have a valid driver's license. Looking for applicants that are willing to work outdoors and are able to lift up to 65 lbs. Successful applicants will be required to follow rules, regulations, and wear provided safety attire.
Job duties will be assigned when hired. These positions involve working with various chemicals and may require strenuous physical activity. Applicants must establish and maintain effective working relationships with fellow employees, supervisors, and the public. Applicants will be subject to reference checks. We are looking for responsible, honest, self-motivated and hard-working applicants.
Positions start late May, early June and wrap up by the end of August or early September. Work days may include some night shift work for the Mosquito Control District.

Hiring weatherization positions, program manager \$20- \$28 DOE and weatherization crew member at \$18- \$22/hour, full benefits. Full job description at Lewistown Job Service or <https://www.hrdc.org/jobs>

GLASGOW SCHOOLS EMPLOYMENT
Irle School Secretary
Fulltime 10-month job school office job, with start date of 8/1/23. Base wage \$16.58-\$18.91 (DOE).
Prep Cook (Baker)
Fulltime school-year job with 6 am – 3 pm shift (flexible). Base wage \$14.41-\$16.42 (DOE).
Route Bus Driver
School-year job at 16 hours/week. Wages \$22.34-\$23.29/hour (DOE).
GHS Classroom Aide (Paraprofessional)
School-year job with 7:45 am–4:15 pm shift. Base wage \$13.34-\$15.21 (DOE).
To apply go to www.glasgow.k12.mt.us then to employment tab.
Equal Opportunity Employer

VALLEY VIEW HOME A "Caring Home"
1225 Perry Lane • Glasgow, MT 59230 • 406-228-2461
FULL-TIME HOUSEKEEPER
Valley View Home is looking for one new FT Housekeeper to join our team! Our starting wage is very competitive and DOE. If you're looking for a new long term career in a meaningful position we urge you to quickly visit for an application!

Valley County Transit has an opening for a part-time employee.
Benefits include sick, vacation and holiday pay. Must be able to obtain a CDL within 90 days of hire. People skills and good driving record are required. Will be subject to preemployment drug test, criminal and driving record check. **Call 406-228-8747 for more information.**

VALLEY VIEW HOME A "Caring Home"
1225 Perry Lane • Glasgow, MT 59230 • 406-228-2461
ACTIVITIES AIDE
Valley View Home is looking for a new full time Activities Aide to work with our residents on daily activities and outings. As an Aide you will be joining a unique and awesome department that works like a family while working with you on building your schedule. Please visit Valley View Home for an application.

K-8 MONTANA CERTIFIED TEACHER Mountain View Elementary.
Send resume: Mountain View Elementary, Box 1169, Cut Bank, MT 59427.
Email questions JerryHofer73@gmail.com or call (406)336-2638.

FREE high speed internet for those that qualify. Government program for recipients of select programs incl. Medicaid, SNAP, Housing Assistance, WIC, Veterans Pension, Survivor Benefits, Lifeline, Tribal. 15 GB internet service. Bonus offer: Android tablet FREE with one-time \$20 copy. Free shipping & handling. Call Maxsip Telecom today! 1-866-585-6456

HELP WANTED – REAL ESTATE – PUBLIC NOTICES



Red Foxx Real Estate LLC

Office 406-228-2525 • Cell 406-230-2525
Broker - Owner

Karen Waarvik

321 Klein Ave. • Glasgow, MT 59230

JUST LISTED! #420 - This 1638+/- sq. ft. home has 4 bedrooms, 2 baths, all on one level! The master bedroom has remodeled master bath with a walk-in shower and large walk-in closet. The kitchen has newer appliances and is open to the spacious living room complete with a fireplace! The open dining room is perfect for your family dinners with space for additional seating. The large patio is perfect for those BBQ's and the back yard is fenced. The exterior of this home has been recently painted and has a low maintenance metal roof. Newer flooring throughout the home and ready to move in! **Asking: \$176,000.00**

#415-BUILD YOUR DREAM HOME ON 5 ACRES! Property is located 2.5 miles from Glasgow, MT, just off a county-maintained road. Glasgow is a welcoming, vibrant, safe community with excellent schools and good health care facilities. Completed 1,184 square foot full basement with two large egress windows. Egress windows are included in the purchase. Basement is plumbed for a full bathroom and in-floor hot water heat. Dry Prairie Rural Water is on the property and ready for hook up. The building site location is a completely flat 1-acre area on top of a hill, with 4 acres that surround the hilltop, which provide a buffer from any neighbors building nearby. Located at 15 Kirkland Drive; Glasgow, MT. **Asking: \$179,000.00**


SALE PENDING! #414 - Cozy One Level! 3 bedroom, 1 bath home on the Northside has new siding, windows, & more. Forced air/Central air. Fenced backyard and detached single car garage with alley access! Move in ready! Located at 904 5th Avenue North. **Asking: \$159,000.00**

#419- 2877 +/- sq.ft. solid cedar post and beam constructed home has 3 bedrooms, bonus sleeping room, 3 full baths, and a heated, 2 car attached garage with work benches. This unique, modernized rustic home has tons of natural light with vaulted cedar ceilings, beams, large windows, a loft area, remodeled gourmet kitchen with stainless steel appliances, custom range hood, and large 4x8 quartz island. The walk-out basement has a family room with fireplace, a bar for entertaining, and sauna. The backyard is complete with a fenced back yard, shed, a fort, and prepped hot tub location. This home is just 15 minutes from Fort Peck Recreation area. Centrally located in a quiet, family-friendly neighborhood within walking distance of three parks, the elementary school, and grocery store. **Asking: \$459,000.00**

#410 - Great Commercial Business Highway 2 in Glasgow. Successful long term Business opportunity on Highway 2 in Glasgow! Many upgrades and improvements have been implemented to include extensive upgrades to kitchen equipment, freezers, security system, electrical, paved parking lot, new drive-through, newer AC, roof, just to list a few! Call for more information today!

Check out our listings at www.redfoxxrealestate.com

Check us out on Facebook!



MISSOURI RIVER REALTY

111 3rd St. So., Glasgow, MT 59230

Office 406-228-2273
Fax 406-228-2644
MissouriRiverRealty.com

<p>Deb Henry (Broker) 406-263-2273</p>	<p>Don Elletson (Sales) 406-263-0248</p>	<p>Jarrell Schock (Broker) 406-480-5500</p>	<p>Chasity Krauth (Sales) 406-939-5710</p>
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JUST LISTED! 389CJ – Townhouse built in 2015. 14 4th Ave. No. Well-kept 1,800 sq. ft. 4 bedrooms 3 baths including master bath. The main floor has everything needed for one level living if desired. The upper level has 3 more bedrooms, 2 baths and utility closet. The 2-stall att. heated garage has entrance to mudroom then home. This end unit has more yard space with trees, fence + more! **\$254,000**

SOLD! 465ST – Gem Views Subdivision located on William James Lane Fort Peck, Mt. 3.6-acre lot. Build your dream home with views of Fort Peck Lake **\$250,000**

JUST LISTED! 467WB – 104 Sioux Street Fort Peck – Check out this clean updated 2,370+/- sq. ft. 2 bed home. Many recent updates including kitchen with newer appliances, updated bathroom, and updated heating and cooling. Basement is unfinished. Fenced yard, single att. garage and shed also included. **\$310,000**

NEW LISTING! 390SDL - Residential Lot Rhodes First Addition 4th Ave No. Blk 6 Lots 17-18 Glasgow. Located on a corner & dead-end street with low traffic. Easy access for your new home and room for the shop you have always wanted. There are some newer homes built in this area. **\$29,000**

Check out our Website! MissouriRiverRealty.com

We are on Facebook – [Missouri River Realty Glasgow!](https://www.facebook.com/MissouriRiverRealtyGlasgow/)

Home For Sale



5 bedroom, 2 bathroom brick sided home, located just outside of Glasgow. Main bathroom has brand new tile, counter and tub basin. Downstairs bath was also recently done. Two bedrooms upstairs, master and 2nd bedroom. Three bedrooms downstairs all with newer egress windows. Two have newer carpet and paint, third has been used as an exercise room and has newer paint and rubber flooring. Large detached garage with in ground heat and indoor dog kennel with large outdoor run. Back yard is landscaped and gorgeous with irrigated lawn. Redwood deck on the front of home and stamped concrete patio on the rear with a large 7-8 person Sundance hot tub. Side yard and patio have ornamental iron fencing.

Please contact David at 406-263-2133 if serious and qualified to purchase.

PRICE : \$440,000



319 Klein Ave, Glasgow, MT
Mon-Fri: 6 a.m - 5 p.m
Sat: 7 a.m - 5 p.m
Sun: 8 a.m - 1 p.m

WE ARE HIRING!

Looking for a responsible, outgoing & creative person to join our team! Must be able to work in a fast paced environment! No experience needed, we will train you!

Available positions:

- Part time Barista
- Part time Dishwasher
- Summer Barista

Stop down & pick up an application! Applied previously? Apply again! We look forward to interviewing you!



VALLEY VIEW HOME

A "Caring Home"
1225 Perry Lane
Glasgow, MT 59230

HELP WANTED Full Time RNs

Come and join our exciting new team! Please call (406) 228-2461 or admin@vvnh1.net for further information.



GROW YOUR COMMUNITY
Shop Local

DULL REAL ESTATE SALE

DEADLINE FOR BID SUBMISSION EXTENDED

The Seller invites bids upon the following described real property situated in Valley County, Montana:
TOWNSHIP 31 NORTH, RANGE 35 E.M.M.
Section 36: N½NE¼, SW¼NE¼, N½SE¼NE¼, less 1 acre highway

The real estate consists of approximately 139 total acres of which a portion are crop land and grass/pasture, but bidders are advised that they should rely on their own inspection of the premises and make their own inquiries regarding the program history, average acreage, or yield figures for the property.

Seller will consider bids on the entire unit only and will not consider bids on smaller parcels or portions of the described land.

SEALED BIDS MUST BE SUBMITTED TO THE OFFICE OF CHRISTOFFERSEN & KNIERIM, P.C., PO BOX 29, 513 FIRST AVENUE SOUTH, GLASGOW, MONTANA 59230, NO LATER THAN MARCH 27, 2023 BY 5:00 P.M.

To request a bid package, contact Christoffersen & Knierim, P.C., PO Box 29, Glasgow, Montana 59230, (406) 228-2487.

PUBLIC NOTICES

MONTANA WATER COURT
NOTICE OF ENTRY OF INTERLUCATORY DECREE AND NOTICE OF AVAILABILITY
BIGHORN RIVER, BELOW GREYBULL RIVER, BASIN 43P
ALL WATER USERS NEED TO READ THIS NOTICE

The Montana Water Court has entered its Interlocutory Decree for Basin 43P and the Decree is now available for your review.

The Decree and the forms are available at these locations:
* Montana Water Court website: <https://courts.mt.gov/Courts/Water/Notices-Info/>
* Montana DNRC website: <http://dnrc.mt.gov/divisions/water/adjudication>
* Montana Water Court: 1123 Research Drive Bozeman, MT 59718; 406-586-4364
* Montana DNRC, Water Rights Adjudication Office: 1424 9th Avenue, Helena, MT 59620; 406-444-0560
* Montana DNRC, Water Resources Regional Office: 1371 Rimtop Drive, Billings, MT 59105; 406-247-4415

The Decree includes 193 water rights. The water rights were either not previously decreed by the Water Court or have issues that still need to be addressed. Review the abstracts. If you believe any claims in the Decree do not reflect historical (before July 1, 1973) beneficial use, you should file an objection by August 8, 2023. Objections must be filed on the forms provided by the Water Court.

A request to extend the objection deadline must be filed by August 8, 2023. Any extension will be advertised once in this newspaper.

RIGHT TO APPEAL

If you do not participate in Water Court proceedings, your right to appeal an adverse decision is limited by Section 85-2-235, MCA. If changes were made to your abstract, you may challenge those changes by filing an objection. You may also address DNRC issue remarks by an objection. If there are changes and/or issue remarks on your abstract which are not resolved by an objection, these will be addressed and resolved by the Water Court.

MEETINGS

The Water Court will be offering a call-in meeting to explain the objection process on Tuesday, March 14, 2023 at 12:30 pm. Dial (406)318-5487, at the prompt enter code 993 234 948#.

(Published Feb. 22; March 1 & 8, 2023)

MNAXLP

JOIN THE PRO TEAM

Fertilizer Delivery

MADOC, MT - ANTELOPE, MT



NEWSPAPERS
The Heart of your Community

Seasonal Employment Opportunity

PRO Co-op is seeking qualified seasonal labor this spring, including fertilizer delivery truck drivers. Openings are available in Madoc and Antelope.

Qualifications

Truck drivers must have a CDL or be able to obtain one before starting.

For inquiries, contact Tanner Trower: (406) 487-2612



PRO CO-OP AG CENTER

AGRONOMY SERVICES

FERTILIZER

- Locations in Richland, Madoc, and Antelope (new plant!)
- Delivery & application
- Variable rate fertilizer prescriptions

CROP PROTECTION PRODUCTS

- Warehouses in Opheim, Peerless, Scobey, and Antelope
- Chemical delivery

CROP CONSULTING SERVICES

- Scouting and management recommendations
- Composite and zone soil testing
- Soil nutrient analysis

Business: (406) 762-3231 | Agronomy: (406) 487-2742



United Country Real Estate



Northwest Realty & Auction

Fully Rented 5-Unit Apartment Complex for sale in Malta, Montana. Located within 1 block of the grocery store, post office, banks and downtown area, this multi-family housing unit is conveniently situated within walking distance to all local businesses. Originally constructed in 1934, recent updates include a new metal roof, laminate flooring, carpet, sheetrock and paint, and the exterior is currently being updated with new siding. Each of the 5 units measure approximately 768+/- square feet on the main floor, with 1 bedroom and 1 full bath. All the units have full basements, adding another 768+/- square feet, for a total of 1536+/- square feet per unit. 3 of the units have finished basements with additional "bonus" rooms and ¾ baths. Each unit has its own laundry hook-ups and off-street parking is provided for tenants at the rear of the 111' x 140' corner city lot. Tenants pay their own heat (each unit has its own natural gas forced air furnace) and electricity (each unit has its own electric hot water heater.) Owner pays monthly city water/sewer/garbage bill. Monthly rental income currently totals just over \$3000/month and 2022 Property Taxes are \$4021.93. A property manager is currently in place and is available to continue managing for the new owner if needed.

• Multifamily Apartment Complex • Fully Rented • New Roof in 2021
• Off-Street Tenant Parking • Property Manager in Place • Rental in High Demand
• Low Maintenance Yard • Located near downtown businesses

Carly Bishop
406-654-2881
21 US Highway 2, P.O. Box 193, Malta, MT 59538
Carly@NorthWestRealtyMT.com



COMMERCIAL PROPERTIES



NORTHERN MONTANA Health Care
A Healthy Community Starts Here.

Northern Montana Health Care Welcomes Dr. M. Benjamin Farr!

Northern Montana Hospital is pleased to welcome Dr. M. Benjamin Farr!

Dr. Farr's specialties are total hips, knees, and shoulders. He also does hand surgeries, sporting injuries, fractures, trauma evaluations, and arthroscopies. Dr. Farr has been using the ROSA Knee Replacement System in Texas and had done well over 150 robotic assisted knees before moving to Montana. He is excited to be able to offer the ROSA here for his patients. In his opinion, it adds up to a better feeling and more stable knee for the patient. This is so exciting for Havre and the surrounding community!

Northern Montana Health Care is proud to announce the arrival of the ROSA Knee Replacement System



ROSA[®]

ROSA, which stands for Robotic Surgical Assistant, is designed to help your specially trained surgeon tailor the placement of your knee implant just for you.

Call for a Consultation Today!
406-265-7831



NORTHERN MONTANA Specialty Medical Center

20 13th Street West
Havre, MT 59501
www.NMHealthcare.org

Green Spaces

FROM PAGE 7A

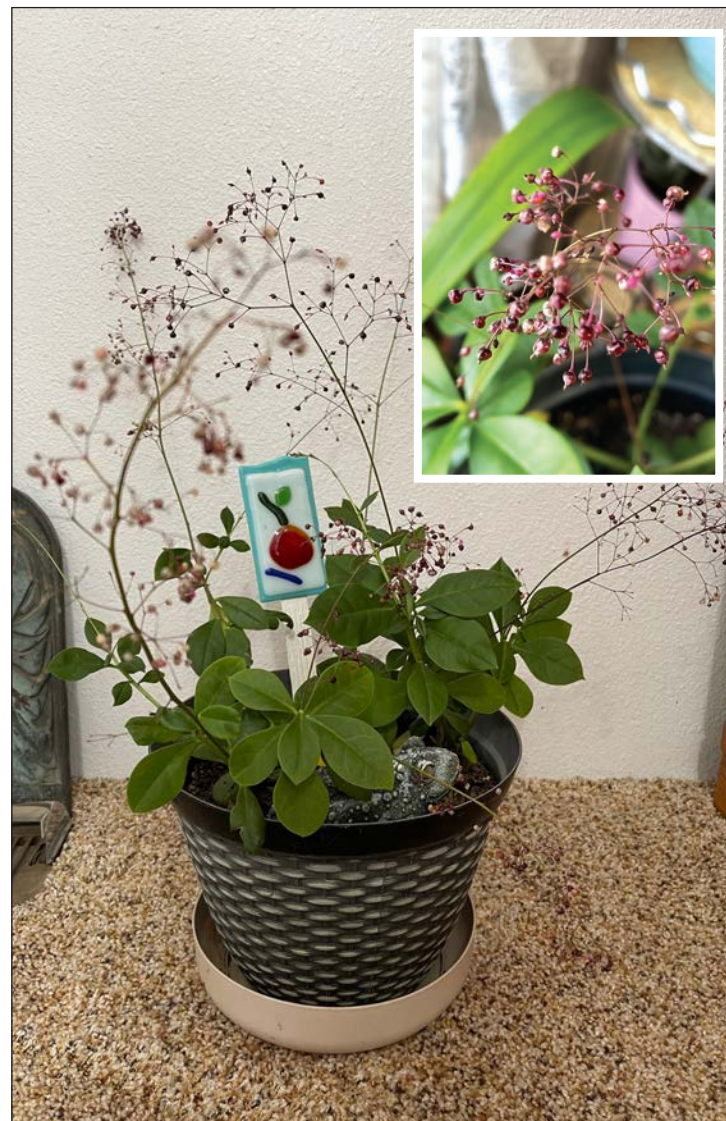
embedded in the clay. The lily was split into four pots, one for each of us daughters (our brother, alas, was left out). My older sister's daughter has retained possession of her mom's plant. (I'd split mine, sharing with my two sister-in-law. This plant does like being root bound.)

Anyway, this oddball plant showed up in the pot with my kaffir lily. It would flower, produce seeds, and then die away. Those tiny seeds would drift into other nearby pots and sprout, so I always had another one or two show up. I recently offered up some of my duplicate plants on Facebook, with photos.

My sister (the one of the sledgehammer) saw the photos, and having always had the same plants from mom, and also not having known what it was, looked it up. Now that she's corrected my terminology, I'll share what I've learned about my jewels.

Jewels of Opar are native to Central and North America. They're of the family Talinaceae, genus Talinum, species Paniculatum, commonly called Talinum Paniculatum (repetitive). Beside being called Jewels (or Pearls) of Opar, they're called Fame Flower, Waterleaf, South American ginseng, Kingswood Gold, or Pink Baby's Breath. They'll grow wild in zones 9-11, but make fine houseplants or annuals up here. (I think I saw a packet of these seeds at Markles last year.)

Jewels of Opar are a superfood succulent, related to purslane. It's edible! I'm told the leaves are similar to spinach, but remains sweet when the heat hits and spinach would bolt and become bitter. It's a great source of Omega 3 fatty acids, antioxidants, and is rich in iron and potassium. I read that scientists who've studied it have a little



MARY HONRUD / FOR THE COURIER

Jewels of Opar in bloom, making seeds. It loves the south-facing window.

rhyme: a leaf a day keeps anemia away. Who knew all this time I was sitting on a cure for my rare bouts of anemia? And it is free!

Jewels of Opar is used in Chinese medicine, as well as in other countries. It has been used to treat headaches, pneumonia, diarrhea (although I also read that consuming too many leaves at once could cause that unpleasantness), and other internal ailments. It's been used as an aphrodisiac. The roots are used for impotence. What a dual-purpose plant this is. It's also anti-fungal as well

as anti-bacterial, so the sap can be used on skin ailments. I could become a snake oil salesman!

The seeds are tiny and disperse easily with the slightest breeze. Some call it invasive in those zones where it thrives outside. I think I'm going to gather the seeds and try growing some in my garden this summer. Lots of people keep it in their herb gardens, or even in their flowerbeds. It's used as filler in flower arrangements. I'm appreciating it more now that I know more about it.

Tech Space

FROM PAGE 7A

full use of.

The natural progression of this is of course, wireless power from

further afield than laying a device on a charging pad. Systems like this are in development, but are so inefficient right now that they aren't much use beyond very low powered devices at very conservative distances. With battery technology continuing

to improve, we're of course less tied to needing chargers in general. It will be nice when we're finally free of being tethered to a USB port altogether, but for now, wireless charging's sufficiently Jetsons for me.

Make a difference in the lives of others.

The exceptional care and experience we provide our patients is delivered by our dedicated and compassionate team—from providers to housekeeping to all support staff. If you're interested in making a difference in the lives of others, each and every day, consider joining the FMDH team.

We're hiring amazing people across a variety of departments, including:

- Inpatient
- Surgery
- Information Services
- Glasgow Clinic
- Laboratory
- Facility Services

FMDH benefits include:

- Full benefits package (medical, dental, vision and life insurance)
- Free employee-only medical insurance option
- 401K pension plan with employer matching contribution
- Vacation and sick leave
- On-the-job training



FRANCES MAHON DEACONESS HOSPITAL

For employment information, please call **406.228.3662** or visit fmdh.org/applytoday or scan →

