TOUGH TOPICS FOR TEENS

Find all Young Adult Nonfiction

Find all Young Adult Nonfiction	
in the Adult Nonfiction Section.	8
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Bullying	Dug
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This guide is intended to connect you to resources that we hope will help

when you face difficult issues in your life. You are not alone.

Remember: Librarians are nonjudgmental and want to help you find the info you need, but we understand if there are some things you want to keep private. Don't forget that there is a self-checkout for your convenience.

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SAFE TEEN RESOURCES

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Behavioral Health Intake540-536-8152
CCAP(<i>ccapwinc.org</i>)540-662-4318
Child Abuse
CLEAN, Narcotics Abuse
Concern Hotline(<i>concernhotline.org</i>) 540-667-0145
Domestic Violence(<i>thelaurelcenter.org</i>) 540-667-6466
Eating Disorders(nationaleatingdisorders.org)*800-931-2237
Free Medical Clinic(<i>sinclairhealthcare.org</i>)540-536-1680
Health Resources
Mental Health Crisis Hotline 540-635-4804
Poison & Drug Control
Pregnancy/STD Testing(<i>abbacare.org</i>)540-722-4844
Rescue Mission(<i>winrescue.org</i>)540-667-5379
Runaway Switchboard(<i>1800runaway.org</i>)*800-786-2929
Salvation Army
Self-Injury Hotline
Sexual Assault Hotline(<i>rainn.org</i>)*800-656-4673
Suicide Prevention(<i>suicidepreventionlifeline.org</i>)*, 800-273-8255
Supportive Housing
Valley Work Force(<i>vcwvalley.com</i>)540-545-4146
Winchester Dept. of Health
Winc. Dept. of Social Services 540-955-3807
Winc. Nonemergency Number
Youth Development Center(<i>mydc.org</i>)540-662-4564

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*Resources with available Online Chat and/or Text Messaging features.

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