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THE RIVER WEEKLY NEWS

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Vol. 15, No. 20

From the Beaches to the River District downtown Fort Myers

MAY 20, 2016

65th Annual Hibiscus Show

The James E. Hendry Chapter of the American Hibiscus Society will hold its 65th annual Hibiscus Show & Plant Sale on Sunday, June 5 from 1 to 4 p.m. at Araba Temple, located at 2010 Hanson Street in Fort Myers. This free show is the oldest and largest in Florida.

"The event will showcase hundreds of different hybrid hibiscus blooms in a variety of colors and forms which will be judged in several different classes including amateur, collector, open collector, commercial and seedlings," said Wanda Schmoyer, society president.

In addition, more than 650 hybrid hibiscus plants will be for sale, providing an opportunity to add to any collection.

Members of the society who are experts in the care and growing of hibiscus will be onsite to provide advice. Senior American Hibiscus Society judges will also be on hand to explain the judging process.

Complimentary raffle tickets will be given away every 30 minutes for gift certificates from local vendors. Parking is free. Chapter membership will be available at the show.

Community sponsors include Driftwood Garden Center, Edison National Bank, Dr. Jacob Goldberger, Greenscapes, Hooters, Dr. John Kagan, Lisa Adams Agency-Allstate Insurance, Riverland Nursery, Storm Shutter Warehouse, Jim and Donna Sublett, Tim's Tree Service and Wilford & Lee.

For more information, visit hendrychapterahs.com.✪



Angel's Wings



Black Dragon



Blue Jean Baby



Queen of Dreams



Rim of Fire



Marianne Charlton

Music Walk Performance Opportunity

The Sidney & Berne Davis Art Center and 4P Music Network present Five Minutes of Fame, an opportunity for local musicians to take the stage during Music Walk nights in downtown Fort Myers.

Beginning this Friday, May 20, the 4P Music Network will meet and perform during Music Walk on the steps of the Sidney & Berne Davis Art Center. An open invitation is extended to all music students, local performers and recording artists to join the 4P Music Network, perform during Music Walk, record live at the SBDAC and to share and learn with others in the field. Friends, family and the general public are also welcome to join the 4P Music Network and to participate in the evaluation and discussion with the performers.

Audio and video captured during the show can be posted, evaluated and discussed in person the night of the event and, afterwards, online at www.4Pmusic.com/network.

There is no admission charge. Register at www.4Pmusic.com/network to sign up and contact 4P Music Director Michael Paul at 209-5972 or MP@4Pmusic.com. 4P Music Studios and 4P Music Network are a part of the Sidney & Berne Davis Art Center Eclectic Education program.

4P Music Studios and the 4P Music Network are music programs that connect musicians with the four key aspects of the music and recording industries: publishing, production, promotion and performance. Utilizing multiple desktop audio workstations running ProTools software, Michael Paul offers a hands-on learning experience sure to engage students of all ages. Tools for studio production, desktop publishing, online promotion, and distribution are now readily available and affordable. 4P Music Studios and Network have been created to educate students in

the use of these tools and to foster a collaborative atmosphere that can inspire them to create, grow and flourish throughout these changing times.

Music Walk in the downtown Fort Myers River District runs every third Friday of the month from 6 to 10 p.m.

The Sidney & Berne Davis Art Center is located at 2301 First Street in Fort Myers.✪

Tribute To America's Heroes

Pay tribute to America's heroes at Centennial Park on Sunday, May 29 beginning at 6 p.m.

The tribute will be hosted by Clay Miller of NBC2. It is sponsored by the Fort Myers Recreation Division, the Lee County Chapter of the American Red Cross, 21st Century Oncology, American Legion Post 38 and Lee County Veteran's Affairs.

Sergeant Jeff Kyle of the United States Marine Corps will be the guest speaker. There will be performances by the Southwest Florida Symphony and Yvetta Dominique of the Fort Myers Police Department.

Additional activities will include a rifle salute and flyover performed by the Lee County Sheriff's Office, a presentation of colors by the Fort Myers Police Department and a wreath will be laid on the Caloosahatchee by Marine units.

The American Red Cross will be accepting items for care packages to be sent to deployed troops. The public is encouraged to donate items for the care packages, such as individually wrapped candy, microwave popcorn, nuts, pretzels, powdered drink mixes, or toiletry items such as shaving cream, razors, toothbrushes, toothpaste, bath soap or shower gel. Other nonperishable items, such as travel-size wet wipes, sunscreen, lip balm and foot powder are also acceptable as are playing cards, puzzles and reading materials.✪

Historic Downtown Fort Myers, Then And Now:

Oldest Church Fades Into History

by Gerri Reaves, PhD



On May 22, the First United Methodist Church will hold its final Sunday service. The town's first and oldest church will soon close after a 144-year history.

It's difficult to calculate the importance of the church in the town's history. Some sources speculate that it was the first church in all of Southwest Florida.

Records state that it was constituted in 1872 – more than a decade before the town was incorporated – with only four families, two of them Catholic. The town's very first church services were held in private homes.

The first service was given by the Rev. WC Jordan, a Methodist circuit-rider from Bartow, in January 1872.

But once those early Fort Myers pioneers secured the basics, they turned their attention to vital intangible needs: education, worship and community space.

All three were met by the log cabin pictured in the undated historic photo. The log cabin school-church stood near the river on a spot that today is roughly north of Bay Street and east of Vivas Court.

In 1873, Capt. Francis A. Hendry funded a 10-pupil school in that cabin, which was one of many gifts given by Maj. James Evans to the town.

(It should be noted that (1) the very first school was run by Evalina Weatherford Gonzalez in her home, starting in 1868, and that (2) Hendry's private school was the forerunner to the first publically funded school, which organized in November 1878.)

Names that figure importantly in the history of Fort Myers were on the earliest membership lists: Gonzalez, Vivas, Weathersford, Clay, Powell, Blount, Parker and Hendry, to name several. In fact, the Hendry family donated the church land at First and Royal Palm.

continued on page 6



The First United Methodist Church on First Street at Royal Palm built this third building on the site in 1953
photo by Gerri Reaves



The O'Neill Memorial Methodist Church, seen circa 1915, opened in 1903. The parsonage is visible on the right, and the Carl F. Roberts house on the left.

courtesy Florida State Archives



The first church in Fort Myers, started in 1872, held some of its first services in this log cabin school that once stood approximately where the Royal Palm Hotel annex was later located

courtesy Southwest Florida Historical Society

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Walkathons Raise Funds For Southeastern Guide Dogs

Hundreds of volunteer fundraising teams and thousands of individuals from around Southwest Florida made nine walkathons something to bark about this year, raising \$1.1 million in support of Southeastern Guide Dogs.

Polk County and Lakewood Ranch were two additions to the walkathon roster, joining locations in Bradenton, Fort Myers, Orlando, Sarasota, St. Petersburg, Tampa and The Villages.

Now in its 30th year, walkathon festivities included a 3K walk for both two- and four-legged supporters, music, food and shopping.

"When people join our walkathons, they are champions, helping us to offer freedom and independence to our visually impaired students and veterans living with post-traumatic stress disorder," said Titus Herman, CEO. "We are grateful to see so many communities working together to help Southeastern Guide Dogs fulfill its mission."

Top fundraising teams included ASI Presents Paw Wars... A New Leash, GA Puppy Raiser and Saxon & Friends. Top individual fundraisers were Allegra Bel Embley, Missy and Tim Griffy, and Ron and Joyce Landbeck. Walkathons were presented by Publix and Publix Paws.

Since 1982, Southeastern Guide Dogs has matched nearly 3,000 dogs with veterans as well as those visually impaired. For more information, visit GuideDogs.org.*



Lakewood Ranch was one of nine Walkathon locations in 2016 that netted a total of \$1.1 million for Southeastern Guide Dogs

Memorial Day Remembrance

The Coral Ridge Funeral Home & Cemetery will host a free Memorial Day service in the Veterans Honor Garden on Monday, May 30 from 10 to 11 a.m.

The ceremony pays tribute to those who lost their lives in service. The public is welcome to attend at the 1630 SW Pine Island Road location in Cape Coral.

A roll call of deceased veterans will be announced, and Cape Coral Mayor Marni Sawicki will read a proclamation. Families may take a rubbing of their loved one's name from the honor wall.

The Hamey Point VFW 8463, American Legion Post 90, Cape Coral Fire Department and Legion Riders Post 90 will participate, and a UH-1 Huey helicopter will do a ceremonial fly-over. Keepsake American flags will be distributed. Refreshments follow the service. Find out more by calling 283-0540.*

Republican Club Dinner Meeting

Lee Republican Women Federated will host former Special Forces Commander and CIA veteran Todd Wilcox of Orlando, a candidate for the U.S. Senate seat vacated by Marco Rubio, at the club's dinner meeting at Pinchers-The Marina at Edison Ford on Monday, June 13.

Wilcox is president and founder of the Patriot Defense Group, a defense contractor. His campaign team includes Republican consultant John Dowless of Orlando.

The public is welcome to attend. The meeting begins with social time at 5:15 p.m., followed by dinner and the

program. The cost is \$25. Pinchers-The Marina at Edison Ford is located at 2360 West 1st Street in Fort Myers. Send an RSVP to leerepublicanwomen.com or Wren Morefield at either 270-210-1284 or wrenspet@hotmail.com.*

Veterans, Active Service Members Cruise Free

Pure Florida is honoring the U.S. military over Memorial Day weekend by offering free cruises Friday, May 27 through Monday, May 30, for veterans and active duty service members when accompanied by paid adult or child admission.

These weekend cruises set sail from Pure Florida's Naples and Fort Myers locations at 10 a.m., noon, 2 and 4 p.m., with sunset cruises departing one hour before sunset. Pure Florida cruises are \$35 per passenger during the day and \$37.50 for the sunset cruise at its Naples location, and \$32 per passenger at its Fort Myers location.

Narration on local history, wildlife and ecology is provided by Coast Guard-certified captains as well as master naturalists. Passengers cruising from the Naples location will sail the Gordon River aboard the *M/V Double Sunshine*, and guests visiting the Fort Myers location will cruise the Caloosahatchee aboard the *M/V Edison Explorer*. Guests are invited to relax and enjoy the natural beauty and wildlife native to Southwest Florida. While Pure Florida cannot guarantee animal sightings in the wild, potential encounters include dolphins, eagles, manatee, native birds and more. Drinks are available for purchase aboard the vessels, and snacks are available for purchase on the *M/V Double Sunshine*.

"Our Pure Florida team is extremely grateful for the men and women who

have dedicated their lives to serving our country, and we look forward to honoring our U.S. military, past and present," said Lance Julian, co-founder of Pure Florida.

The *M/V Double Sunshine* departs from Tin City, 1200 Fifth Avenue South in Naples. The *M/V Edison*

Explorer departs from The Marina at Edison Ford, 2360 West First Street in Fort Myers. Reservations are required. For more information or to register for a Memorial Day weekend cruise, call Pure Florida's Naples location at 263-4949, its Fort Myers location at 919-2965 or visit PureFL.com.*

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Walking For Parkinson's Disease

Hope HealthCare Services' Parkinson Program held its inaugural Walk 4 Hope on April 30, drawing nearly 150 participants and dozens of supporters to Lakes Regional Park.

"National Parkinson Awareness Month provided a great opportunity to garner attention for our local Parkinson community, and we are so grateful to our walkers, supporters and sponsors who participated in April's Walk 4 Hope," said Samira K. Beckwith, president and CEO of Hope HealthCare Services.

"Throughout the year, Hope's Parkinson Program improves the quality of life for individuals with Parkinson's and their care partners with educational events, exercise and movement classes, and creative and social opportunities," she said.

Walk 4 Hope sponsors included: Florida Neurology Group; Fyzical Therapy & Balance Centers; Lee Memorial Rehabilitation Services; Medtronic; Voice Aerobics, LLC Speech-Language Therapy; and Osterhout & McKinney, PA.

To learn more, call 454-3100 or visit HopeHCS.org.*



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Nonprofit Celebrates 50 Years



Front row, from left, Jan Hughes, Patricia Graddy, Jane Stipe. Back row, from left, Georgia Girardan, Ann Smoot, Beverly McNew, Mary Robinson, Gloria Fasseff.

Members of the Junior League of Fort Myers recently played host to some of their founding members to celebrate the nonprofit's 50th anniversary during a luncheon at Cypress Lake Country Club.

"Our focus was to encourage volunteerism," said founding member Patricia Graddy, about starting the organization in 1966. "We were all young mothers at the time and didn't really have a lot of extra time, but we felt we wanted to be meaningful in what we did. Today, I think the league has come a long way."

Memberships are open to women age 21 and older of all races, religions and national origin who demonstrate an interest in and commitment to voluntarism. For more information, call 277-1197 or visit jlfm.org.*

Fort Myers Art:

Happy Birthday To Fort Myers' Namesake, Lt. Col. Myers



by Tom Hall

This past Saturday, May 14, in 1811, Abraham C. Myers was born in Georgetown, South Carolina to an attorney and descendant of Moses Cohen, the first rabbi of

Charleston. He entered the United States Military Academy at West Point on July 1, 1828, graduating July 1, 1833. In his book, *The Story of Fort Myers*, historian Karl Grismer calls his ensuing career "colorful."

His first assignment was in Baton Rouge, but he was transferred to Florida shortly after the outbreak of the First Seminole War. He served in Florida for two years, becoming a captain in the quartermaster's department. After brief service out West, he returned to Florida until the Second Seminole War ended in 1842.

Myers was then transferred to the command of General Zachary Taylor in Texas and Northern Mexico and was promoted to the rank of major for gallant and meritorious conduct in the battles of Palo Alto and Resaca de la Palma during the Mexican War. After his promotion, he was assigned to General Winfield Scott, and under his command, Myers was elevated to the



Lt. Col. Abraham C. Myers

rank of colonel for gallant conduct at Churubusco. At that juncture, Colonel Myers became chief quartermaster of the Army of Mexico, a position he held from April to June of 1848.

Marion Isabelle Twiggs met the colonel in Texas, where her father was commander of federal forces. According to Grismer, "(Myers') dashing manner and merry smile won her heart." Thereafter, Major General David Emmanuel Twiggs (2nd photo) took charge of the federal troops in Fort Brooke. Myers was transferred there too and became chief quartermaster of the Department of Florida. Abraham and Marion continued their romance, becoming engaged, and

when the War Department ordered Twiggs to re-establish a fort on the Caloosahatchee River, he mandated that the post be called Fort Myers "to honor his prospective son-in-law and please his daughter." Interestingly, Twiggs issued those orders on Valentine's Day, 1850.

Initially, the outpost consisted of just a handful of makeshift buildings, but after a youth by the name of Daniel Hubbard was purportedly murdered in August of 1850 near Tampa by three young Seminoles (who turned up dead before they could be tried), Twiggs ordered the fort to be strengthened, and directed that all plans and appropriations go through Lt. Colonel Myers.

"So much money was spent on the fort during the 1850s that the War Department ordered an investigation," reported Grismer. A major by the name of McKinstry was dispatched to the fort in April of 1856. After a thorough probe, he reported that "unnecessarily expensive buildings have been erected and that a lavish and uncalled for expenditure of public money has obtained at that post, particularly for the hospital building." Two other buildings ticked off McKinstry even more: the bowling alley and a bathing pier and pavilion which extended 500 feet into the river.

While no action appears to have been taken to demote, reprimand, or sanction Myers, that was not the case when he became acting quartermaster general of the Confederate States Army in February of 1862. Myers basic responsibility as quartermaster general

was to keep the Confederate army properly clothed and shod. Colonel Myers soon administered the largest Confederate supply bureau, with 88 clerks, quartermasters in each state, paymasters and quartermasters in the field, manufacturing plants, purchasing agents abroad, and depot and post quartermasters. But Myers was not able to obtain the clothing, shoes and other items that were needed because of the Union naval blockade coupled with lack of manufacturing in the South. The ensuing and increasingly severe complaints (a number of which seem to have been unfairly based on his faith) prompted President Jefferson Davis to replace Myers on August 10, 1863.

Humiliated by his termination, Myers and Marion retreated to Georgia until the end of the war. They then relocated to Weisbaden, Germany, where they lived until 1876. Abraham Myers died in Washington, DC on June 20, 1889. Marion died, in turn, in 1893. One of their sons, John Twiggs Myers, became a Lieutenant General and earned a place in Marine Corps history as commander of the American Legation Guard at Peking, China during the Boxer Rebellion. But interestingly, there is no record of Abraham, Marion or either of his sons having ever visited the city that today bears his name.

Tom Hall is both an amateur artist and aspiring novelist who writes art quest thrillers. He is in the final stages of completing his debut novel titled *Art Detective*. A former tax attorney, he lives in Estero with his fiancé and their four cats. ✨

Lake Kennedy Senior Center

Karaoke Showcase

The Lake Kennedy Center will host an evening filled with local karaoke entertainment on Friday, June 17. Doors open at 6:30 p.m.

Emcee KJ Mike Russell provides the music for all of the finest "voices" in Southwest Florida, who will grace the stage to share their talent. All level karaoke performers are welcome to participate. Guests will enjoy refreshments with delicious appetizers such as sliders, fresh fruit, pinwheels, chips, cookies and more.

Enjoy a fantastic show with beverages and snacks for only \$10 per participant, \$10 per member and \$15 per non-member. Each participant will receive an award for their outstanding participation. Entries are limited to 12 performers. Pre-registration is required.

Lake Kennedy Senior Center is located at 400 Santa Barbara Boulevard in Cape Coral. For more information, call 574-0575. ✨



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Proceeds from calendar sales benefit the Southeastern Guide Dogs program for veterans

Calendars For Sale

The 2017 Calendar Girls calendar is now for sale. Sponsored by 75 local businesses, calendar sales provide financial support for Southeastern Guide Dogs for veterans. For more information, call Katherine at 850-6010 or visit www.calendargirlsflorida.com.

Solid Waste Holiday Schedule

The City of Fort Myers Solid Waste Division will observe Memorial Day on Monday, May 30, 2016. The Solid Waste and Utility Billing offices will be closed. City Hall and all city offices will also be closed.

There will be no residential or commercial trash or recycling collection on Memorial Day. Residential and commercial customers will be serviced one day later, on Tuesday, May 31 through Saturday, June 4.

All regular collection schedules will resume on Monday, June 6.

If you have any questions concerning your service, call the City of Fort Myers Solid Waste Division at 321-8050.

Planning Group Holds Monthly Meeting

The Partnership for Philanthropic Planning of Lee County will present The Family Culture of Philanthropy at the group's meeting on Thursday, May 26 from 11:30 a.m. to 1 p.m., at Blue Coyote Business & Social Club, 9854 Caloosa Yacht and Racquet Club Drive, Fort Myers. David Lucas of the Bonita Bay Group is the guest speaker.

The event is sponsored by The Cape Coral Community Foundation.

Lucas will discuss his start in philanthropy, personally and professionally, his personal philosophy on giving and his criteria for giving. He will share views and practices that have influenced his family's philanthropy and how his family foundation is structured. He will also provide tips for incorporating giving into employee culture.

Networking begins at 11:30 a.m., with lunch and the program starting at noon. The event is free for members and \$30 for non-members, which includes lunch. The reservation deadline is Monday, May 23. To RSVP, go to ppplee.org or call 850-0040 for more information.



David Lucas is the featured speaker at the May Partnership for Philanthropic Planning meeting

From page 2 Church

In 1879, the church officially organized, with a salaried preacher and a congregation of over 70 people. As early as the 1880s, the church was renamed Methodist Episcopal.

In 1882, Dr. James A. Henshall of Louisville, Kentucky cruised up the Caloosahatchee and attended a service. He was pleasantly surprised by both the church and town way out "in the wilds of Florida," as he writes in his book, *Camping and Cruising in Florida*.

He also remarks upon the "lofty Gothic ceiling," "the new cabinet organ," the stylishly dressed young women, and the "wholesome influence" of the wealthy cattlemen.

In 1903, the church, built the building pictured in the circa-1915 photo, but not before a degree of preliminary controversy. In a nutshell, a \$4000 donation was offered by Hugh O'Neill, who owned the Royal Palm Hotel. He wanted to memorialize his son.

Some church leaders disapproved of O'Neill's liberal views on alcohol (he served it at the hotel!). So, the gift was rejected, only to be accepted after O'Neill died suddenly in 1902 and the leaders reevaluated his reputation and contributions to Fort Myers.

In preparation for the new church, Trustee Marion Hendry purchased an adjoining 132-foot lot. The O'Neill Memorial Methodist Church replaced the old church on the same site in 1903.

(Interestingly enough, the old building was moved down Royal Palm and became the first sanctuary of another of the town's oldest churches, the First Presbyterian.)

The O'Neill church was a white frame structure, complete with a bell, 24 stained-glass windows, seven memorial windows and a Hammond electric organ.

On November 22, 1903, the Rev. SW Lawler gave the first sermon there.

The church continued to grow, and when it was remodeled in 1937, membership had soared to 825. And so it grew...

In 1952, the O'Neill church was demolished so the existing church could be built.

In December 1953, the first service was held in the sanctuary where the First United Methodist Church will soon hold its final one.

Walk down to First and Royal Palm to contemplate the dedication, love, comfort, and spirit that are woven into the history of the town's first church.

Then, go a few blocks south to the Southwest Florida Museum of History at 2031 Jackson Street, where you can learn about the pioneers who sacrificed to create the town's first churches.

Call 321-7430 for information, or go to museumofhistory.org. Hours are 10 a.m. to 5 p.m., Tuesday through Saturday.

Continue your history adventures at the Southwest Florida Historical Society's research center, located at 10091 McGregor Boulevard on the campus of the Lee County Alliance for the Arts.

The all-volunteer non-profit organization is open Wednesday and Saturday between 9 a.m. and noon and Wednesday 4 to 7 p.m. Call 939-4044 or visit swflhistoricalsociety.org for more information.

Sources: Archives of the Southwest Florida Historical Society and The Story of Fort Myers by Karl H. Grismer.

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CARD OF THANKS

A heartfelt thank you to the people of Lee County. On May 14, your postal letter carriers conducted their 24th annual Stamp Out Hunger food drive and it was a huge success. This is the largest single day food drive in the country, with letter carriers from every state collecting food to feed hungry families.

Year in and year out, the residents here in Lee Country show that they are among the most caring folks in the nation by donating hundreds of thousands of pounds of food. Last year your letter carriers, along with hundreds of volunteer helpers, collected over 400,000 pounds of food.

While the final results aren't in yet, this year appears to be just as successful. All food collected in the food drive will be distributed free of charge through the 150 non-profit agencies in the area who assist those needing food.

I'd like to thank our letter carriers and volunteers for their hard work, our planning committee without whom this could not have been done, the United Way of Lee, Hendry, Glades and Okeechobee counties for their technical and organizational support, and most of all, my friends and neighbors here in Lee County for your generosity.

George Sciascia

Food Drive Coordinator, Branch
2072 National Association of Letter
Carriers*

Learn Drawing Basics And More

Sign up now for art classes at Arts for ACT Gallery, located at 2265 First Street in historic downtown Fort Myers. Participants will learn drawing techniques using texture, color, design, perspective, portraits and more. The classes are held every Wednesday for four weeks from 2 to 4 p.m.

The class instructor is Linda Benson, a Florida artist who paints aboard her boat studio, the 46-foot *Artist Xpress*. Tropical island travels have inspired her painting techniques and themes. She spent 40 years as a commercial artist in Chicago, Fort Myers and Key West. Benson has won many awards for her artwork, including a first place ribbon at the 2016 Sanibel Shell Show. Her hands-on technique allows you to create along with her while she shares artistic secrets that aren't in any book.

Cost to attend the class is \$100 for four weeks. Drawing supplies are \$30.

To reserve your spot or for more information, call Linda Benson at 645-0787 or stop by the ACT Gallery any Thursday between 11 a.m. and 5 p.m. and talk to the instructor.*

Read us online at
IslandSunNews.com

Call To Artists For Open Juried Art Exhibit In July

Arts for ACT Gallery in Downtown Fort Myers is in need of professional and emerging artists for an open themed group exhibit that will open on Friday, July 1 at the gallery, located at 2265 First Street in downtown Fort Myers.

Themes to choose from include:

- King and Queens of Everything
 - Monsters, Dreams or Fantasy
 - Incorporate a symbol, logo or brand into your artwork
- Themes may be mixed.

The entry fee for artists is \$10 for a single piece, \$15 for two pieces and \$20 for three pieces. The entry fee is non-refundable.

Cash prizes include \$100 for first place, \$75 for second place, \$50 for third place and \$25 for honorable mention.

Artists may drop off works to be juried from Saturday, June 18 through Saturday, June 25. Rejected art must be picked up on Tuesday, June 28.

The opening exhibit will be held on July 1 from 6 to 10 p.m.

A 40 percent commission will be retained by Arts for ACT Gallery, with proceeds benefitting the ACT Shelter. Artists will pick up unsold art on Monday, August 1 from 11 a.m. to 4 p.m.

For more information, contact Claudia Goode at 337-5050 or cgoode@actabuse.com.*



Alex Wilkinson artwork

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Music Walk will be carrying a tune Friday evening

Along The River

The River District comes alive every month with live music on the third Friday in the **downtown Fort Myers River District**. This Friday, May 20, **Music Walk** will feature more than a dozen participating venues with music by local and regional talent. Restaurants, bars, art galleries and shops will showcase a wide range of music during the evening from 6 to 10 p.m. Expect jazz and blues to rock, drums and much more. Each month brings new energy to the historic streets of downtown Fort Myers.

Organized by the River District Alliance, Music Walk was conceived as a sister event to the extremely popular first Friday Art Walk, which brings out over 2,000 people during off-peak months. Event sponsors include the River District Alliance, Lee County Visitor & Convention Bureau, Edison National Bank, River District, Fort Myers Community Redevelopment Agency and the City of Fort Myers.

On Saturday, check out **Edison Mall's Free Hurricane Expo** from 11 a.m. to 2 p.m.



Mound House on Fort Myers Beach has opened its museum with regular programming

Are you ready for the upcoming storm season? Be prepared and informed by attending the expo, organized by the United Way and Edison Mall. It will feature informative seminars from Jim Bjostad, chief of emergency management for the Lee County Department of Public Safety and Kristen Kirchhaine, NBC-2 meteorologist, who will also answer weather-related questions.

Email susie.wentworth@wpglimcher.com for more information. Edison Mall is located at 4125 Cleveland Avenue in Fort Myers.

Edison & Ford Winter Estates will be hosting a workshop entitled **Stormscaping, Pruning and Trimming for Summer** on Saturday at 10:30 a.m.

Rick Joyce, certified arborist, nurseryman and president of Forestry Resources, will be presenting information on how to prune, trim and most importantly, prepare your trees and shrubs for the summer season. Come prepared for the hands-on workshop in the gardens at Edison Ford. Joyce will have the Garden Shoppe stocked with some of his native Florida trees and shrubs.

Interested participants are asked to meet at the information booth at the Edison Ford garden. Participants will receive a 20 percent discount certificate to be used in the Edison Ford Garden Shop.

The cost of the workshop is \$5 for Edison Ford members and \$10 for non-members. Send an RSVP to Leeanne Criswell, Edison Ford program registrar, at lcriswell@edisonfordwinterestates.org or call 334-7419.

What do bikers and barbecue have in common? **Bike Night at Bootleggers Waterfront Barbeque**. The Saturday evening event from 5 to 9 p.m. is free. It will feature live music, biker games, prizes and barbecue.

Bootleggers Waterfront Barbeque is located at 2200 Main Street on San Carlos Island, just before crossing Matanzas Bridge to Fort Myers Beach.

The City of Fort Myers is holding **Kids To Park Day** at **Centennial Park** in downtown Fort Myers on Saturday, May 21 from 10 a.m. to 2 p.m.

The second annual festival is free to participants and will include games and activities for children of all ages. There will be a rock climbing wall, street hockey, potato sack race, dance contest, bounce houses, arts and crafts, displays by police departments and fire departments and more.

On Sunday, the **Bailey-Matthews National Shell Museum** on Sanibel Island will begin a 2-1/2 day forum entitled **Mollusks In Peril**. Beginning at noon, the forum will bring together the country's foremost experts on current large-scale threats to molluscan populations to discuss, through presentations and panels, the challenges facing the second most diverse group of animals on earth.

The forum will take place Sunday, Monday and until noon on Tuesday. The museum is open daily from 10 a.m. to 5 p.m.

Presented by the Bailey-Matthews National Shell Museum, this is the first conference ever devoted to the threats to the ocean's most prevalent phylum: mollusks.


Also on Sunday on Sanibel, drop by **City Hall** at 800 Dunlop Road for the **Sanibel Island Farmers Market**. The outdoor venue features vendors selling fresh local produce, breads, honey, seafood, meats, flowers, cheeses and many other products.

The Sanibel Island Farmers Market is open each Sunday through May 29 from 8 a.m. to 1 p.m. Parking is available in the lots at Sanibel City Hall, Sanibel Library, BIG ARTS and Herb Strauss Theater. Bicycles can be parked at the designated area at City Hall. Handicap parking is located at City Hall. The market is pet friendly.


On Tuesday, **Mound House** will host a **Food, Fortunes, Medicines and Poisons Walking Tour** along the property at 451 Connecticut Street on Fort Myers Beach.

Tour programs are at 10 a.m. and 1 p.m. The informative walk along the Mound House grounds educates participants about many of the more than 100 plants and trees from Florida and around the globe that have influenced human history.

Mound House is an archaeological and history site that was recently restored to its 1921 grandeur and is now open as a cultural and environmental learning center. Estero Island's oldest standing structure is now a museum that sits atop a 2,000 year old Calusa Indian Shell Mound. The property is located directly on Estero Bay and offers a variety of programs for local residents, visitors and school groups. Cost for the program is \$5. Museum admission is \$10 for adults, \$8 for students with college identification and \$5 for ages 6 to 12.*


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Doc Ford's Rum Bar & Grille is named for the Doc Ford character in local author Randy Wayne White's best-selling mystery novels.

It's a well known gathering place with indoor and outdoor patio seating. The combined menu offers all the lunch and dinner items from 11 a.m. until closing. It includes cedar plank salmon topped with a mango chipotle glaze or a marinated grilled chicken sandwich and there's a well provisioned raw bar. Tropical drinks are a specialty, notably the signature rum drink, Island Mojito.

708 Fisherman's Wharf, Fort Myers Beach. Call 765-9660.

ICHIBAN

Ichiban is a downtown favorite for Chinese and Japanese cuisine. The name means "Number One" in Japanese and offers its customers the perfect balance of great quality and affordable prices. Ichiban has been family owned and operated for 11 years and its enduring popularity is a testament to its exceptional, friendly service.

1520 Broadway #106, Fort Myers. Call 334-6991.



Laura Richardson, bar manager, and Alec Cohn, server, at the Jacaranda Restaurant

IL TESORO

Il Tesoro serves authentic Italian food "with the taste and feel of a Tuscan holiday," according to owner Chef AJ Black. He infuses flavors from the old world to the new world of cooking using only fresh seasonal ingredients to bring

his dishes to life. Daily specials focus on pairing authentic meals with a bold array of fine Italian wines.

Il Tesoro (The Treasure) serves dinner seven nights a week from 5 to 10 p.m. 751 Tarpon Bay Road, Sanibel. Call 395-4022.

ISLAND COW

Where can you go when you're in the "moood" for some great cookin', local fun and prices that won't make you lose the farm? Try Island Cow on Sanibel.

Island Cow is an airy bistro with French doors leading out to the front and back patios. It is open daily for breakfast, lunch and dinner. Dine under the stars while you listen to live music on one of Sanibel's only al fresco eating porches.

2163 Periwinkle Way, Sanibel. Call 472-0606.

JACARANDA

The Jac, as it is known to regulars, has been serving excellent seafood for three decades and offers the best of two worlds: dining room seating or dinner under the stars in the screened garden patio. The patio lounge is home to some of the best nightlife on the islands, seven nights a week. Bands include Renata, Wildfire Blues Band and Cruzan Vibes' reggae on the weekends.

The patio lounge menu includes a selection of "happy apps" for \$5.95 and half price drinks during happy hour, 5 to 7 p.m.

Dinner reservations are suggested. 1223 Periwinkle Way, Sanibel. Call 472-1771.*

Excellence In Business Awards

The Lee County Economic Development Office and the Horizon Council are seeking submissions for the 25th annual Industry Appreciation Awards, honoring local businesses in four categories:

- Lee Grown Business Award goes to a company founded in the county, and is distinguished by its operational excellence and commitment to the vibrance of the business climate;
- Business Citizenship Award honors a firm whose financial, volunteer and active involvement have helped create a better quality of life in the county;
- Emerging Business Leader Award goes to a relative newcomer who is experiencing marked growth while introducing inventive products, services or business practices; and
- Bruce T. Gora Legacy Award, a new honor, recognizes an individual who, during the last 25 years, has a history of distinguished service and contributions to the betterment and growth of the business community.

Applications are now being accepted at LeeCountyBusiness.com. The deadline for submissions is Friday, May 27.

Honorees will be recognized during the Industry Appreciation luncheon on Thursday, August 25, at the Hyatt Regency Coconut Point in Estero. Networking begins at 10:30 a.m. and the program runs 11:45 a.m. to 1 p.m.*

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Hikers explore Powell Creek Preserve on a Conservation 20/20 guided walk
photo courtesy of Conservation 2020

Conservation 20/20 Seeks Nature Guides

Conservation 20/20 officials are seeking volunteers to lead nature walks at Lee County preserves. These popular free walks are hosted on Saturday mornings at preserve locations throughout Lee County. "Interest in our guided nature walks continues to increase," said Jason Boeckman, coordinator for Conservation 20/20. "We are planning to expand

SCCF Garden Walks

The Sanibel-Captiva Conservation Foundation invites residents and visitors to walk through the native landscapes at the SCCF Native Landscapes and Garden Center at 10 a.m. on Monday, May 23 and at 10 a.m. on Tuesday, May 31. Stroll through the wildflower and pollinator garden, the agricultural area as well as the native landscape surrounding the old house. Learn about the connections between native birds, butterflies and pollinators to their favorite native plants. See the wildflowers in bloom. Buy some seagrape and mangrove honey. Take home a native Florida wild sweet basil to make pesto.

Participants will meet in the last



Carpenter bee photo by Luc Century
parking lot at the entrance to the Native Landscapes and Garden Center. Call Dee at SCCF at 472-2329 for more information. Reservations are not required.*

these nature walks for Lee County residents and visitors to include additional preserves."

Training will be provided to all volunteers interested to lead a nature walk. Nature walks are 90 minutes and guide participants on a marked trail system through a variety of Florida natural habitats. Guides identify and discuss the various natural features, wildlife and plant life at each preserve. Each walk is attended by approximately 10 to 15 people.

Conservation 20/20 preserves provide critical habitat to support wildlife, water quality and opportunities for recreation. During the recent 2015-2016 winter season, more than 200 Lee County residents and visitors attended guided nature walks at Conservation 20/20 preserves.

To learn more about volunteering with Conservation 20/20, contact Boeckman at 204-1125, or email JBoeckman@Leegov.com. To learn more about Conservation 20/20, visit www.Conservation2020.org.*

Bird Patrol At Lakes Park

Lakes Regional Park will host a nature walk with a bird patrol guide on Saturday, June 4 at 8 a.m.

Interested participants are asked to meet at shelter A7. To get there, turn right after entering Lakes Park main gate, drive to end of road, continue through the parking lot and shelter A7 is located near the train station. Wear comfortable

shoes and dress to be outside. Bring water, sunscreen and binoculars.

This easy walk along clear paths offers an opportunity to see birds in native vegetation with experienced bird patrol guides pointing out the many species in Lakes Park, a Lee County birding hot spot and crucial nesting area for many birds.

This tour is provided in cooperation with Lee County Parks and Recreation. It's free with paid parking.

For more information, call 533-7580 or 533-7576. Visit www.birdpatrol.org to learn more.*

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Tarpon Showed Up Everywhere



by Capt. Matt Mitchell

Conditions for tarpon fishing got right really quickly this week after a late cold front shut it down the previous week. Calm warm water and light winds

made locating rolling tarpon relatively easy both in the sound and out along the beaches. On most trips, my clients had a few hook-ups although we did have a few days that, no matter what we did, they would just not take a bait. Tarpon fishing can be so frustrating at times, to say the least. When tarpon do decide to eat though, it quickly makes you forget about the frustrating days.

Fishing with clients Traci and Steve Tietze from Texas, we had the best tarpon action all week. We were lucky enough to jump five in just a few hours and watched rolling and free jumping

tarpon the entire time we were out. Baits of choice that day were live crabs and cut fresh mullet. Returning back to this same location on the following day, the tarpon were still there but just would not eat. Sitting in a pack of 20-plus spread out boats and tarpon all around us, there was not a single hook-up. What could be so different from just the day before when these fish ate? We will never know. Seems the more I tarpon fish, the less I know.

Tarpon fishing is my favorite type of fishing and the fact that it can be a emotional roller coaster is a big reason why. The adrenaline rush of getting that bite and the first few explosive moments that follow just cannot be matched in any other type of fishing. Like any other big game angling or hunting, as a guide, you're basically rolling the dice every day, which is certainly

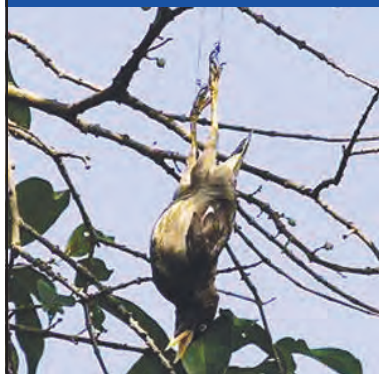


Steve Tietze's bucket list fish caught this week

Send Us Your Fish Tales

The River Weekly would like to hear from anglers about their catches. Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include photographs with identification. Drop them at the River Weekly, 1609 Hendry Street, Suite 15, Fort Myers, Florida 33901, or email to press@riverweekly.com.

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part of the thrill. You can take your clients to the fish and do everything just right and yet some days they just don't bite. Then on other days, it happens so easily.

When I take clients tarpon fishing, I thrive on that daily pressure and fully know going in that either I'm going to be a superstar or a loser when the trip is done, with no real middle ground. It can be such a fine line with sometimes

one bite making or breaking the trip. Over the years I have chilled out and learned that all I can do as a guide is put my clients in the tarpon with the right bait, presentation and equipment, then it's out of my hands. No matter what I do, it's still up to the fish if they decide to eat or not. The locations, scenery and watching tarpon behavior is a huge part of the experience but, when it comes right down to it, every one of my clients wants that chance at doing battle with a tarpon.

If the day ever comes that I don't get excited and feel my heart almost beat out of my chest when we do get that tarpon bite, that's when I find another job. The good days tarpon fishing more than make up for the few bad days. After all, if you don't get out and try, you have zero chance at that crazy rush that just cannot be matched.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions email captmattmitchell@aol.com.*

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Guided hikes along Indigo Trail to the Wildlife Education Boardwalk teach families about refuge wildlife and its habitat

Free Summer Programs At 'Ding' Darling

Wildlife Wonders talks, weekly walks and nature crafts highlight the free summer programming to be offered June 19 through August 6 at JN "Ding" Darling National Wildlife Refuge on Sanibel.

Summer programming is made possible by support from the "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS).

The schedule of weekly activities follows. No pre-registration is necessary.

- Reading at the Refuge, every Wednesday at 10 a.m.: Attendees of each 45-minute reading-and-crafts session learn about a refuge animal and make a take-home craft related to it. Meet in the Visitor & Education Center Classroom.

- Indigo Trail Hike, every Thursday at 10 a.m.: Refuge naturalists will lead a one-hour tour to the Wildlife Education

Boardwalk to identify and discuss the ecosystem's plants, mammals, birds and reptiles. This hike is fun for adults and children. Bring water, sunscreen and bug spray. Meet at the flagpole in front of the Visitor & Education Center.

- Family Beach Walk, every Friday at 9 a.m.: The one-hour program convenes at Gulfside City Park to explore the refuge's gulf-front Perry Tract. City parking fees apply. Bring water, sunscreen and bug spray.

- Wildlife Wonders, every other Saturday at 11 a.m.: Refuge education staff lead this indoor program about the mysteries of manatees, alligators, crocodiles and birds in the Visitor & Education Center auditorium.

For more information on the refuge summer programs, call 472-1100 ext.236 or visit www.dingdarlingsociety.org/summer-programming.

To support DDWS and the refuge with a tax-deductible gift, visit www.dingdarlingsociety.org or contact Birgie Miller at 292-0566 or director@dingdarlingsociety.org.

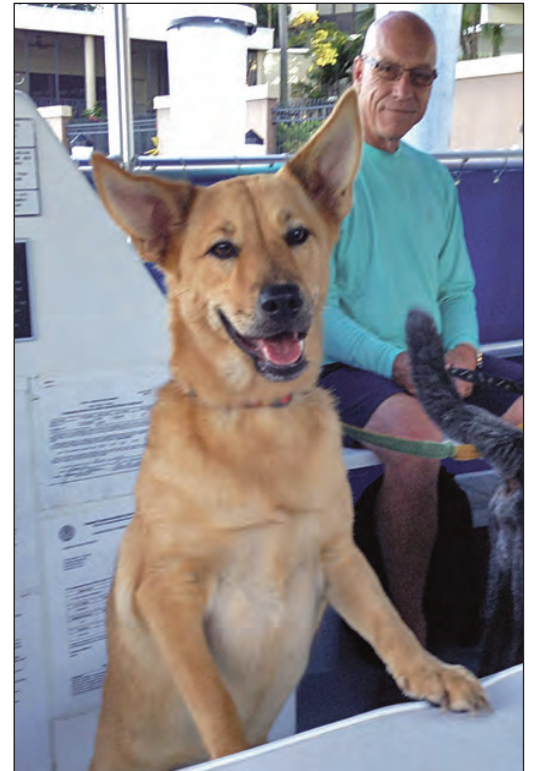
Pure Florida Presents Bark On The Ark June 4

Pure Florida's Fort Myers location is presenting Bark on the Ark on Saturday, June 4 from 8 to 11 a.m. Guests will have the opportunity to bring their dogs aboard the M/V Edison Explorer for a sightseeing river cruise to Picnic Island, an island located between Sanibel and Pine Island that exhibits the natural beauty of Southwest Florida.

Passengers can enjoy a peaceful cruise along the Caloosahatchee followed by a playful time on the island, socializing with man's best friend. During the excursion, dogs and owners can run, swim and play catch while enjoying the sunshine, water, sand and fresh air. While Pure Florida cannot guarantee animal sightings in the wild, potential wildlife sightings include dolphins, eagles, manatee, native birds and more.

Water, Frisbees and dog treats are included for the canines. Human treats, such as soda, wine and beer, will also be available for purchase. The M/V Edison Explorer departs from The Marina at Edison Ford, located at 2360 W. First St. in Fort Myers.

Registration for the tour is \$44 per person. Reservations are required as room is limited to 25 passengers and their pets. All dogs that can follow basic commands are welcome. For more information or to book your ticket, call 919-2965, email FortMyers@PureFL.com or visit the website at www.PureFL.com.



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Sand vetch pods dangle almost unnoticed in this ornamental grass. Note the small pairs of leaflets. photos by Gerri Reaves

Plant Smart

Sand Vetch

by Gerri Reaves

Sand vetch (*Vicia acutifolia*) is a native perennial vine and member of the pea family. Also called fourleaf vetch and blue vetch, it grows virtually all over the state, but the foliage and pretty flowers are so small that it's easy to overlook.

It doesn't like the hottest weather, so you'll find only a few flowers hanging on as summer approaches. It will disappear only to re-sprout from the seeds when the weather cools off.

Some people consider sand vetch a weed, but if it shows up in the yard, you might want to let it stay, since it's the host plant for the barred yellow (aka barred sulphur) butterfly (*Eurema daira*).

This hardy vine can turn up about anywhere, but in the wild it grows in hammocks, pondside and in wet woods, swamps, marshes and prairies.

One-sided racemes of bluish white flowers dangle along the stem like a series of tiny bells. Each irregular flower measures less than three-eighths of an inch long



A tiny flower bud (center) lingers on the vine

and one-fourth of an inch wide.

The standard or banner, an upper wider petal, has a purple tip. There are two wings, or lateral petals, as well as two lower petals that are fused and ridged to form a keel.

The pinnate leaves are composed of one to three pairs of hairy leaflets. *Acutifolia*, meaning acute, refers to the leaflets' pointed tips. Each leaflet is small and narrow – only about an inch long and one-sixteenth of an inch wide.

This fast-growing vine has a delicate appearance, with its slender smooth stems and tiny leaves and flowers. However, it is very tenacious, using tendrils to climb or sprawl, often among other plants.

The springy tendrils, or twining appendages, resemble those of native corkystem passionflower (*Passiflora suberosa*), are actually modified leaflets.

The pods, which look a bit like miniature snow peas, contain tiny black round peas that are edible if cooked, but can be harmful if eaten raw.

Sources: *Everglades Wildflowers* by Roger L. Hammer, *Florida Wildflowers and Roadside Plants* by C. Ritchie Bell and Bryan J. Taylor, nsis.org, regionalconservation.org, and whatfloridanativeplantisbloomingtoday.wordpress.com.

*Plant Smart explores the diverse flora of South Florida.**

Offshore Rodeo Kids Fishing Tournament

Reel in some fun with Ronald McDonald at the Offshore Rodeo Kids Fishing Tournament on Saturday, June 11 at Salty Sam's Marina, located at 2200 Main Street on Fort Myers Beach.

The event kicks off at 10 a.m. with various stations where young anglers will spend time learning, hooking and catch-

ing different types of fish. Lunch and a magic show with Ronald McDonald will follow at 11:30 a.m. The tournament is open to the first 80 kids, 12 and under who are pre-registered.

Registration is \$25 per child and includes tournament entry, T-shirt, a fishing rod compliments of Fish Florida, trophy and lunch with Ronald McDonald. There will also be educational interactive displays. To register, visit www.rmhcswfl.org. For more information, call 437-0202.

All donations from the tournament will benefit Ronald McDonald House Charities of Southwest Florida.*



Scenic Galt Preserve on Pine Island is home to an active eagle's nest

Free Guided Nature Walk

Join a Lee County Conservation 20/20 volunteer naturalist for a free guided nature walk on Saturday, May 21 beginning at 9 a.m. at Galt Preserve, located at 3661 Stringfellow Road in St. James City. The preserve is one of Conservation 20/20's newest and most beautiful sites.

The 90-minute, 1.5-mile walk covers portions of mangrove swamps and flatwoods. Galt Preserve is home to

an active eagle nest and other wildlife, including bobcats and alligators.

Visitors are advised to wear sturdy, closed-toed shoes that can get wet or boots. Long pants and long-sleeved shirts, hats, sunscreen, bug spray, cameras, binoculars and water are recommended. There are restrooms and a picnic shelter on site. Dogs are not permitted on this walk.

A complete schedule of guided walks at Conservation 20/20 Preserves can be found online at www.conservation2020.org. No reservations are required. For additional information or questions, call 822-7942.*



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CROW Case Of The Week:

Eastern Indigo Snake



by Bob Petcher

The eastern indigo snake (Drymarchon couperi), which averages six to seven feet in length, is noted as being the longest native snake species in the U.S. But, due to habitat loss, the blueish-black snake is listed as a federally threatened species in Georgia and Florida.

Some people confuse the non-venomous indigo as a black racer due to its similar color, but the former is generally larger, more intimidating due to its size and – these days – less abundant in populous areas.

That wasn't always the case. Prior to the late 1980s, eastern indigo snakes were more plentiful on the islands. According to Sanibel-Captiva Conservation Foundation Wildlife Habitat Management Director Chris Lechowicz, who is involved in the Pine Island Sound Eastern Indigo Snake Project, the demise of the winter-breeding indigos is contributed to their being run over by vehicles on roads while actively searching for mates during peak seasonal traffic times. Habitat degradation and pet trade collection are other reasons that have

contributed to their threatened status. SCCF records indicated the last known indigo snake living on the islands was hit by a bicycle on the Indigo Trail (a trail named after the indigo snake) at the JN "Ding" Darling National Wildlife Refuge in February 1999. That snake died at CROW shortly after. SCCF officials tried surveys, trapping protocols and educational programs that sought verification and documentation of remaining snakes from island residents, but those measures failed.

These days, eastern indigo snakes are found locally in mostly less dense areas, like North Captiva, Cayo Costa and parts of Pine Island. Tagging is performed to determine a population estimate and to document movements at those locations.

A young eastern indigo snake, an offspring of the Pine Island Sound Eastern Indigo Snake Project, is now on exhibit at CROW. SCCF hatched a group of babies from that species last July. CROW received a female from that litter in April, and she is now a permanent resident at the clinic.

CROW Education Coordinator Rachel Rainbolt stated the captive-bred snake will help "promote conservation through education." Partnerships like the one between SCCF and CROW aid in this effort.

"The eastern indigo snake has been a federal- and state-listed species since 1978, so this partnership will assist with the species' preservation," she said.

The juvenile experienced her first skin shedding at CROW last Wednesday.



The eastern indigo snake is now a permanent resident in CROW's Visitor Education Center

Rainbolt said younger snakes shed more frequently than adult snakes due to growth rate. It is a process where new scales grow beneath older outer scales called ecdysis.

"Because of its growth potential of around eight feet, the eastern indigo snake may shed every couple of months until it becomes an adult. At that time, it may only shed a couple times a year," she added. "Good husbandry and veterinary care will ensure that this beautiful girl will grow up big and strong in CROW's Visitor Education Center.

After acclimating to her new home with us here at CROW, the eastern indigo snake will be utilized in presentations onsite as well as out in the community during events."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.

Trouper To Make Television Debut



Trouper, the blind raccoon, and his caregiver, Dorothy "Dot" Lee photo courtesy of Wildlife Education Project

Trouper, the blind raccoon, along with his caregiver, Dorothy "Dot" Lee, will appear in an episode of *Unlikely Animal Friends* on Nat Geo WILD on Saturday, May 21 at 8 p.m. Trouper's friends from the Wildlife

Education Project (WEP) will gather to watch his national television debut. The episode highlights the unusual relationship between Trouper and Lee.

While Trouper is a living, 7-year-old raccoon, he is not a pet nor is he wild. What makes him special is that he is a federally licensed and fully vaccinated wildlife ambassador for WEP, an organization that teaches the public and school children to treat wildlife, the environment and all living things with respect.

Unlikely Animal Friends will show Trouper providing educational presentations to children, as well as scenes of his daily life with Lee.

Trouper's story is one of tragedy to triumph. As an eight-week-old kit (baby raccoon), he was beaten in the head by a golf club and needed emergency care. Trouper survived the beating, but the action left him blind, brain damaged and unable to feed or defend himself. He lives with Lee, a wildlife rehabilitator who rescued him as a kit, and now provides him with the 24-hour care he requires. Lee has retrained him to use his motor skills and describes Trouper as "rehabilitation in progress." Ironically, Lee is also legally blind.

Trouper's story inspired the founding of WEP. To learn more about the nonprofit and Trouper, visit wildlifeeducationproject.org, trouperaccoon.com and facebook.com/Wildlifeeducationproject.*

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Michael Hartman, Carol and Lloyd Waterloo



Keegan Power, Thomas Watson, and Justin Voskuhl

Bank Celebrates Branch Opening

Sanibel Captiva Community Bank celebrated the opening of its fifth branch, located in its operations center at 7500 College Parkway, a third of a mile west of U.S. 41.

Customers can transact banking business Monday through Thursday, 9 a.m. to 4 p.m., and until 5 p.m. on Fridays. The location's ATM is accessible around the clock.

For more information, visit sancapbank.com.



Craig Albert and Tom Uhler



Dianna Zika and Sandy Doubles



David Moore and Brian Terrell

Symphony Elects New Trustees

The Southwest Florida Symphony Endowment Foundation has elected three new members to its board of trustees: Doris Colgate, president and CEO of Offshore Sailing School; Scott Gregory, vice president and business insurance agent, BB&T-Oswald Trippe & Company; and Thomas Kracmer, owner of Cadence Music and principal

tuba player in the Southwest Florida Symphony. Gregory serves as board secretary.

Colgate, Gregory and Kracmer join board members Don King and Robert Diefenbach; president David Hall, executive vice president, CFO and chief operating officer with Sanibel Captiva Community Bank; and treasurer Corey Vertich, a principal with Uhler and Vertich Financial Planners.

"On behalf of the board, we are pleased to have such dedicated and enthusiastic individuals join in

supporting the foundation's long-term plan of growing the Southwest Florida Symphony endowment," said Hall. "We all share a common interest in music, and I look forward to working with

each of them in supporting our beloved symphony."

For more information about the symphony and its endowment, visit SWFLSO.org or call 210-2345.

Summer Volunteers Needed

Community Cooperative needs summer volunteers for both its Fort Myers and Fort Myers Beach locations, starting immediately.

The Fort Myers office, at 3429 Dr. Martin Luther King Jr. Boulevard, seeks volunteers for shifts ranging between 6:30 a.m. and 2:30 p.m., Monday through Saturday. The Fort Myers Beach office, at the Chapel by The Sea Presbyterian Church, has shifts available Monday through Friday, from 6:30 to 9 a.m. Duties vary from packing and delivering meals, to assisting in the pantry to gardening.

"We have hit the time of the year when our client needs are the greatest," said Tracey Galloway, CEO of Community Cooperative. "So many of our most dedicated volunteers have headed back to their other homes. We are looking for volunteers at all of our locations, especially our Fort Myers Beach location, where 80 percent of our volunteers are seasonal residents," Galloway said.

Drivers delivering Meals on Wheels is the biggest volunteer need during

the summer. "We serve more than 400 homebound seniors and more than 8,000 meals each month through this program," said Jennifer Larsen, Meals on Wheels program manager. "We rely on volunteer drivers to help cover over 30 routes across Lehigh Acres, Cape Coral, Estero, Fort Myers and North Fort Myers."

With pick-up locations throughout Lee County, a typical route has approximately 15 customers and averages two hours to complete. If volunteers are part of a company, church or organization, they and their co-workers can adopt a route and volunteer together.

To volunteer, you must first complete an application and background check before scheduling your hours. Applications are accepted for volunteers age 16 or older. Children age 12 to 15 may volunteer if they are accompanied by an adult. Lee County school students who are seeking community service hours are encouraged to apply. Small groups of two to five can be accommodated as well. No prior experience is necessary. Proper attire is also required.

For more information, visit communitycooperative.com or contact Rachell Mays, volunteer coordinator, at Rachell@CommunityCooperative.com.



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Shell Point Celebrates Milestone



This rendering shows what the new clubhouse will look like when completed in fall 2016. The \$14 million building is adjacent to the Shell Point Golf Course and will include a golf pro shop and other amenities. photo courtesy of Shell Point Retirement Community

Shell Point Retirement Community recently celebrated a major construction milestone during a topping-off ceremony for its two-story, 35,000-square-foot clubhouse located at Shell Point Golf Course.

As the summer approaches, interior construction will address remaining mechanical, electrical and plumbing systems. Installation of final equipment, interior décor, staff training and other finishing touches are underway. Amenities will include premium audio/visual equipment for small-scale concerts and speaking events, supportive aids for the hearing impaired and full Wi-Fi.

Early estimates indicate that The Shell Point Clubhouse will be ready for use in fall 2016.

Wright Construction Group is building the \$14 million facility.

Club memberships will be offered on a limited basis to the local Fort Myers community, who will share the facility with Shell Point residents. Clubhouse members will have access to a fully equipped exercise room offering fitness and aerobics classes.

Located at Shell Point's 18-hole championship golf course, the clubhouse will also house the Shell Point Golf Pro Shop, as well as two restaurants, salon and spa



From left, Scott Moore, Shell Point chief operating officer; Fred Edman, president, Wright Construction Group; Scott Loiacano, project manager, Wright Construction Group; and Bob Southern, Shell Point director of project, at The Shell Point Clubhouse topping-off celebration photo Rich Cerrina/Shell Point Retirement Community

services, plus additional resort-style amenities. Details about membership fees and booking the clubhouse for special events will be confirmed soon, and posted on a dedicated website.

Shell Point Golf Club's par-71, Audubon-certified course offers a grass driving range, chipping and practice green, lessons coordinated by PGA golf professional Gary Keating and a sports retail store. The semi-private course is located near the entrance to Shell Point Retirement Community at 17401 On Par Boulevard, Fort Myers. For more information, visit shellpointgolf.com.✪



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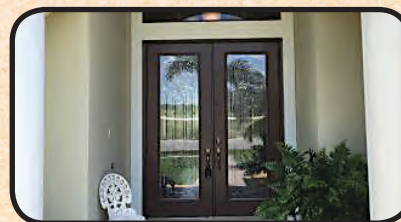


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Pitcher Sets Records In Major Leagues After Doing Same For Florida Gulf Coast University

by Ed Frank



If we turn the clock back six years, there was a slender fireballing pitcher named Chris Sale who had posted an 11-0 record for Florida Gulf Coast University while striking out 146 batters and walking only 14 – tops in the NCAA.

Three years prior, right out of Lakeland (Florida) High School, he had been drafted by the Colorado Rockies in the 21st round of the Major League draft, but chose instead to attend college here at FGCU.

By 2010, nearly every Major League team recognized the talent and potential of this 21-year-old left-hander, and the Chicago White Sox selected him in the first round, the 13th

overall pick, with a \$1.656 million signing bonus.

He made headlines that very first year with the White Sox becoming only one of five players in Major League history to play in the Majors the same year he was drafted.

The six-foot, six-inch lefty was originally used as a relief pitcher in his early years with the White Sox, but later was converted to a starter and awarded a five-year \$32.5 million contract extension in 2013 – cheap by today's standards.

Baseball scouts may have predicted greatness for Sale six years ago, but few figured that by 2016 he would become one of the two most dominant pitchers in baseball – the other being crosstown rival Jake Arrieta of the Chicago Cubs.

Through Monday of this week, Sale had won his first eight starts, an 8-0 record matched by only three other pitchers in White Sox history – Eddie Cicotte in 1919, John Whitehead in 1935 and Jon Garland in 2005.

Not only does he lead the Majors in victories, his 1.67 ERA is in the top three of the American League and his 53 strikeouts are in the top four.

That eighth victory last week over the New York Yankees was a complete game 7-1 beauty, the 10th complete game in his amazing career.

His blazing start this year has silenced critics who had questioned his funky sidearm throwing motion that produces fastballs in the 93-99 mph range, a wicked slider and changeup.

As we have noted so often, the baseball season is a long grueling six-month affair, and it's doubtful that Sale can continue the torrid pace he has started this season.

But if it were to end now, this former FGCU pitcher would be the certain American

League Cy Young Award winner – a feat neither he nor most others would have predicted six years ago.

First-Place Miracle Start Seven-Game Homestand This Weekend

The Fort-Myers Miracle baseball team began the week with a 22-16 season record and were in first-place in the Florida State League South Division.

The Miracle are home for seven games starting tonight, Friday: four against Tampa and three with Palm Beach.

The start times are 7:05 p.m. Friday, 6:05 Saturday, 4:05 Sunday and 10:35 a.m. Monday. The first pitch for the Palm Beach series is 7:05 p.m. Tuesday through Thursday.

Florida State League All-Star Game at Hammond Stadium

The 2016 Florida State League All Star Game will be held at Hammond Stadium in the Centurylink Sports Complex on June 25.

This will be the sixth time since 1985 that the league's mid-summer classic has been held in Fort Myers. ✨



Chris Sale photo courtesy Chicago White Sox

SPORTS QUIZ

1. In 2015, pitcher Max Scherzer twice set a Washington Nationals record for most strikeouts in a game (16, then 17). Who had held the mark?
2. What two teams did Reds pitcher Johnny Vander Meer back-to-back no-hit during the 1938 season?
3. In 2015, the Colts' Andrew Luck joined four other quarterbacks who passed for 300-plus yards in three consecutive NFL playoff games. Who else did it?
4. Who was the first African-American Division I men's head basketball coach?
5. Detroit's Dylan Larkin set an NHL All-Star Skills record in 2016 for fastest lap around a full rink (13.17 seconds). Who had held the mark?
6. Name the American runner who captured Olympic gold medals in 1948 and 1952 in the 800m track race?
7. Jason Day, at the 2015 PGA Championship, became the first player to finish 20-under par at a major championship. What had been the lowest mark, and who held it?

ANSWERS

1. Stephen Strasburg struck out 14 in a game in 2010. 2. The Boston Braves and the Brooklyn Dodgers. 3. Dan Fouts, Jim Kelly, Warren Moon and Drew Brees. 4. Will Robinson was hired as coach of Illinois State in 1970. 5. Toronto's Mike Gartner did a lap in 13.38 seconds in 1996. 6. Mal Whitfield. 7. Tiger Woods shot 19-under par at the 2000 British Open.

Second Chance Pals Program New Graduates

The Gulf Coast Humane Society (GCHS) announced their most recent graduating class from the Second Chance Pals with the Charlotte County Department of Corrections Work Camp.

The Second Chance Pals program places homeless shelter dogs in an obedience-training program with carefully selected inmates. The dog training programs teach inmates how to obedience train dogs, using the Canine Life and Social Skills (CLASS) program, during an intensive eight- to 16-week course.

"This program gives the dogs real life skills to become an amazing family member when adopted," said Jennifer Galloway, executive director.

Upon graduation, the dogs are highly adoptable and possess obedience skills such as how to heel, sit, recall and stay. They are also house trained, leash trained as well as responsive to voice commands and hand signals. Some dogs in the Second Chance Pals program move on to receive more training to become therapy dogs.

Among the graduating class are the following pets:

- Pear, a 5-year-old American pitbull/terrier mix who was a transfer from another pet shelter.
- Harley, a 1-year old terrier/retriever/labrador mix who was a transfer from another pet shelter.
- Bryce, a 2-year-old curr/black-mouth mix who was an owner surrender to GCHS.
- Ariel, an 11-year-old Catahoula leopard mix who was an owner surrender to GCHS.

- Marshal, a 3-year-old American bulldog mix who was an owner surrender to GCHS. Marshal has already found his forever home.

To reach Gulf Coast Humane Society or to learn how to adopt a Second Chance Pals Program dog, call 332-0364 or email info@gulfcoasthumane.org. ✨

May Is Electrical Safety Month

Since May is National Electrical Safety Month, LCEC is joining Electrical Safety Foundation International (ESFI) in raising awareness about potential home hazards and the importance of electrical safety.

ESFI seeks to educate the public in order to reduce the number of electrically related fires, fatalities, injuries and property loss.

According to the National Fire Protection Association, exposure to electricity continues to be a substantial cause of injury and death among workers in the U.S., with nearly 2,000 fatalities and over 24,000 non-fatal injuries from 2003 through 2012.

In addition to electrical safety in the home, LCEC encourages people to use caution when working or playing outdoors. Check to make sure that items such as ladders, kites, booms, pool skimmers and antennas are clear of overhead power lines. Never touch or attempt to move a downed power line. Remember that power lines are underground as well. Before digging, call 811 to have utility lines marked.

To learn more, visit lcec.net or call 656-2300. For information on National Electrical Safety Month, go to esfi.org/program/national-electrical-safety-month-314. ✨

Coalition Reaches Milestone

The FutureMakers Coalition announced the recent reaching of a major milestone by setting its regional outcomes.

The goal of the coalition is to transform Southwest Florida's workforce by increasing the number of college degrees, certificates or other high-quality credentials from 27 percent to 40 percent by 2025.

"Outcomes help us understand the impact of the coalition's work," said Tessa LeSage, director of social innovation and sustainability for the Southwest Florida Community Foundation, the coalition's backbone organization. "Where impact is not realized, we can use the data to help us adapt. Setting outcomes and measuring impact regularly creates a mechanism for continuous improvement. These outcomes have been vetted among champions, and regional and county action team partners in meetings and in online forums."

The outcomes fall within five key areas of the coalition's focus: aspiration and preparation, access and entry, progress and persistence, completion and data.

"A year ago we launched the formation of the FutureMakers Coalition, and today we have the

syllabus for what this coalition is going to achieve," said Sarah Owen, president and CEO of the Southwest Florida Community Foundation.

"Our economy is desperate for a skilled and technically proficient workforce," said Bill McCormick, director of Fort Myers Technical College and a FutureMaker. "The FutureMakers Coalition's goal is in direct alignment with the core mission of our region's five public technical colleges: offer focused, short-term, post-secondary career training which leads directly to a technical certificate or industry certification, but most importantly, a well-paying career."

"Workforce is becoming the economic development incentive," said Brent Kettler, director of the Hendry County Economic Development Council and a FutureMaker.

"Education discussions used to just be with educators, and workforce discussions used to just be with workforce taskforces and the same with economic development. Today, all these partners are talking together and working together, and this is how we will transform our community for the better."

The coalition will next collect and report data in each of the areas. Future efforts will focus on programs already occurring and ones that can be developed.

"By collaborating and focusing on improving the numbers, we can be part of making our counties, region, state

and nation a more competitive place for economic prosperity and quality of life," Kettler said. "Data can be the catalyst for real change. Not unlike the rest of the country, we have serious issues, but data creates positive momentum for this region we love."

For more information, visit FutureMakersCoalition.com, call 274-5900 or email Tessa LeSage at TLeSage@floridacommunity.com.

LCEC Wins Image Awards

The LCEC Public Relations Team was honored with three awards at the 2016 Southwest Chapter of the Florida Public Relations Association (FPRA) Image Awards on April 19. The team won an:

- Award of Distinction for LCEC's 75th Anniversary Commemorative Book
- Image Award and the Grand Image Award for three commercial spots which featured LCEC's very own talented employees

The Local Image Awards competition is conducted annually by the Southwest Florida Chapter of the FPRA to recognize outstanding public relations programs and to encourage and promote the development of public relations professionalism in our region. The Local Image Awards have become a standard of public relations excellence in Southwest

Florida. Winners demonstrate the very best examples of innovation, planning and design. Specifically, this award competition judges public relations programs on the following criteria: research, objectives, implementation, evaluation and budget.✪

Law School Graduate



Ashley Leane Suarez

Ashley Leane Suarez, the daughter of Ken and LeAne Suarez, received her juris doctor from Naples-based Ave Maria School of Law. Suarez graduates as both senior and notes editor on the *Ave Maria Law Review*, and her student note, "The Great Mash-Up Debate: A Holistic Approach to Controlling Noise Pollution in Florida's Downtown Districts," will be published in Volume 14 of the *Ave Maria Law Review*.

Suarez completed her undergraduate studies at Florida State University, with a double major in business management and political science. She is scheduled to take the Florida Bar Exam this July and has secured a position at the Zampogna Law Firm upon her admittance to the Florida Bar.✪

Outstanding Educator

Megan Feeney, disability support services manager for Goodwill Industries of Southwest Florida, has been named the state's outstanding educator by the Florida Division on Career Development and Transition.

Feeney received the award at the 23rd annual Visions Conference in Lake Mary, Florida, on April 28.

The Debra Husted Dreams Can Come True Outstanding Educator in Transition Award is presented annually to someone who provides exemplary transition services to students with disabilities. Award recipients show values of tenacity, caring and a belief in the ability of those with disabilities. They are involved beyond the usual circle of a person's life.

As disability support services manager, Feeney created Goodwill's Pathways to Opportunity in 2014, a Medicaid-certified adult day training program for people with intellectual disabilities. The program's 25 participants receive life skills education, employment training, recreation and opportunities for creative expression. The goal is to live as independently as possible.

"Megan has made a tremendous impact upon the lives of those individuals with disabilities she serves in her Pathways to Opportunity

program," said Fred Richards, Goodwill's vice president of community support services. "She has unwavering commitment, compassion and dedication to ensuring those with disabilities are empowered to achieve self-sufficiency. Our participants have grown, gained self-confidence and increased many skills, and it has been life-changing for them and their caregivers."

Feeney also oversees Pathways to Work, a transitional employment program, and Trailways Camp, an adult recreational program.

"I enjoy having the opportunity to support individuals in exploring and developing abilities that they don't always think possible," said Feeney.

For more information, visit goodwillswfl.org.

Page Field Gets High Grade

Base Operations at Page Field has been ranked in the top 20 percent of fixed-base operators in a prestigious international survey conducted by Aviation International News (AIN). This is the fourth consecutive year that Base Operations at Page Field has been named as a top fixed-base operator by AIN.

In 2016, Field Base Operations (FBO) ranked first in the Fort Myers/Naples area and scored in the top 25 for all

FBOs. The FBO survey is conducted annually and asks pilots, flight attendants and dispatchers to provide feedback on the level of customer care at individual business and general aviation service providers throughout the Americas.

The 2016 FBO survey includes fixed-base operations in the United States, Canada, Mexico, South and Central America and the Caribbean.

The Lee County Port Authority operates Southwest Florida International Airport and Page Field in Fort Myers. Page Field provides services to corporate, commercial and private aviators through their business arm, Base Operations at Page Field.

For more information, visit www.BaseOperationsFMY.com.

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Financial Focus

What Can Golf Teach You About Retirement Planning?



by Jennifer Basey

If you're a golfer, you know the joys (and occasional frustrations) of the game. But you might not realize that some of the lessons you learn on the links can carry over to other areas of your life – such

as retirement planning.

So whether you're already retired or are planning to retire in the next few years, consider the following suggestions:

- Try to overcome the “yips.” When you miss those short puts – the ones you know you should be making – you might be in the grip of your old friend, the “yips.” As you know, it's not always easy to shake this problem, but many golfers have benefited by working to improve their concentration, especially by adhering to a strict pre-shot and in-shot step-by-step routine. When investing for retirement, or managing their portfolios during retirement, many people can get the investment version of the yips – that is, they get nervous during market downturns, and then they make mistakes, such as selling quality investments when their price has dropped. (Remember the first rule of investing: Buy low and sell high.) To overcome this type of yips, the solution is the same as for golf: Maintain your focus and concentrate on making appropriate moves, such as building and maintaining a diversified portfolio that's suitable for your needs, goals and risk tolerance.

- Forget about that hole-in-one. It's every golfer's dream. When you tee up on that tempting par 3, and you're feeling good, you might just want to go for it – but when you do, you could end up overshooting the green or plunking into the water. Many investors also try for a “hole-in-one” in the form of pursuing that one “hot” stock that's going to make

them rich. However, by the time they hear about such a stock (if it even exists), it may have already cooled off – and, in any case, it might not be right for their needs. Instead of looking for that ultimate, one-time winner, look for solid investments that you'd be comfortable holding for the long term.

- Study the course. The more you know about a course you're going to play, the better off you will be. You can plan the approaches you'll take on various holes and think about how to avoid the sand, water and rough. When planning for your retirement, or even when you're living it, you also need a strategy, one that addresses questions such as these: How can I structure my investment mix to provide me with a long-term income stream? How much should I withdraw from my portfolio each year? When should I start taking Social Security? Am I doing all I can to control investment-related taxes?

- Visualize. Consider these words from World Golf Hall of Famer Nick Faldo: “Visualization is the most powerful thing we have.” If you can visualize what you want to do on each hole you play, you are well on your way toward a successful round. The same idea holds true for retirement planning: If you can envision the type of retirement lifestyle you want, you'll be more likely to achieve it by sticking with appropriate financial and investment strategies.

So, there you have them – some ideas that play well on the golf course and in the retirement arena. Put them to work soon.

*This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Jennifer Basey is a financial advisor in Fort Myers. She can be reached at jennifer.basey@edwardjones.com.**

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New President/CEO At SalusCare

On May 12, SalusCare's board of directors announced that Stacey Cook-Hawk, MSW, LCSW has been named president and CEO of the organization. Cook-Hawk had been serving as interim president and CEO since replacing former president and CEO Kevin B. Lewis in October 2015.

A 28-year resident of Southwest Florida, Cook-Hawk is a graduate of the Lee County Public Schools and a 2001 graduate of Florida Gulf Coast University, where she earned her master's degree in social work. She was licensed as a Clinical Social Worker (LCSW) in 2003.

“Stacey has done an excellent job leading SalusCare as interim CEO, and



Stacey Cook-Hawk

we are extremely pleased that she will now be guiding this organization into the future,” said Marshall T. Bower, chairman of SalusCare's board of directors.

Cook-Hawk began her tenure working in the behavioral healthcare field in 1993 as a volunteer with the Rieves Residential program at the former Ruth Cooper Center/Lee Mental Health. In June 2008, she was promoted to assistant vice president of residential and outpatient services. In 2012 and 2013, her roles and duties expanded as she began leadership of children's case management, therapeutic behavioral onsite services, the children's comprehensive community service team, outpatient psychiatry, outpatient substance abuse treatment, felony drug court and prevention.

“Stacey brings more than 18 years of management experience to her role as Chief Executive Officer and no one is more suited for this position than her,” added Bower.

SalusCare has seven locations throughout Southwest Florida and serves more than 16,000 people each year.*

Home Watch Company Earns Accreditation

SunCoast HomeWatch of Fort Myers has earned accredited member status in the National Home Watch Association. The NHWA was formed in 2009 in order to establish and maintain the highest industry standards for Home Watch and absentee homeowner services throughout the United States and Canada.

Owner Anne Ochester started SunCoast HomeWatch in 2003, after



Anne Ochester

she and her husband, Ray, moved into a new community in the South Fort Myers area. She met with the community's construction foreman one day, who told her how frustrated he was becoming with new homeowners because they would close on their new homes and then return north, leaving him unable to complete repairs. He and the construction people had no access to the homes to finish checklists, etc. This gave Anne the idea to start a home watch company, to be able to get those repairs completed as well as provide a service to owners to make sure their properties were okay while they were away.

Over the years, the business has grown to serve more than 100 clients, with five associates to serve them. SunCoast also offers concierge services and scheduling service appointments, as well as storm preparation and other emergency services.*

VCB Adds Two New Interns

The Lee County Visitor & Convention Bureau (VCB) recently announced the addition of two new marketing interns. Moira Larkin and Joshua Lambert have joined the VCB to work with the marketing department. Both have successfully completed the VCB's Guests First program and earned the Certified Guest Service Professional (CGSP) designation.

Responsibilities for the marketing department internship entail support for the VCB's marketing campaigns, summer promotions, development and coordination of visits by travel trade professionals, data and report compilation, media relations, and planning events.

Larkin and Lambert are juniors pursuing a bachelor of science degree in Resort & Hospitality Management at Florida Gulf Coast University. Both are out-of-state students; Larkin is from New Jersey and Lambert is from Connecticut.*

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Buddy Kubesh, left, Publix store manager, gives employees instructions on landscaping during the United Way Day of Caring

Supermarket Lends A Hand For Local Charities

Publix Supermarkets' employees recently donated their time, talent and muscle to three local nonprofits during Publix Serves Day, a United Way Day of Caring.

The Salvation Army of Lee, Hendry and Glades counties, Habitat for Humanity of Lee and Hendry counties, and Harry Chapin Food Bank of Southwest Florida were the recipients of 244 volunteers contributing 1,075 hours of service. The United Way Volunteer Center helped coordinate the arrangements.

Publix Serves Day honors founder George Jenkins, also known as "Mr. George."

"We're so impressed by the support our associates give to their communities. Our founder, George Jenkins, instilled a culture of giving back, and every day our associates rise to the challenge," said Publix media and community relations manager Brian West.

Projects included helping build

homes for Habitat for Humanity, packing meals of rice for the Harry Chapin Food Bank and cleaning The Salvation Army's Edison Avenue social services campus.

At the United Way of Lee, Hendry, Glades and Okeechobee headquarters campus in Harlem Heights, 75 Publix associates packed 7,000 pounds of rice for the Harry Chapin Food Bank, for delivery to local food pantries.

"We appreciate Publix's support of the Harry Chapin Food Bank very much. Throughout the year, Publix and its associates help children, seniors and working-poor families through food drives and volunteerism," said Richard LeBer, president and CEO of the food bank. "And because of Publix, they won't have to worry about where their next meal will come from. Thank you, Publix, for helping to fill the pantries and cupboards of so many people in our community."

At The Salvation Army, 92 volunteers pressure washed patios, pulled weeds, cleaned shelter rooms, replaced blinds and sanitized the play room.

"As we wrapped up, many Publix associates expressed gratitude for the opportunity to be of service and to



Publix employees pack meals for Harry Chapin Food Bank

have learned more about The Salvation Army," said Kristen Volpone, volunteer coordinator for The Salvation Army. "Everyone seemed to truly enjoy themselves, and many had a greater understanding of how we serve people experiencing need."

"It was an amazing day," said Paula Schenz, director of volunteer services for Habitat for Humanity. "There were 77 volunteers who worked a total of 438 hours painting, putting down flooring, and doing landscaping at four homes in Majorca Palms. It was so awesome to see everyone smiling while they were working. Because of their efforts, four homes are close to being ready for families to move in and have a decent, affordable home."

"Publix Supermarkets and their great associates live their founder's belief of giving back to the community. Publix volunteers really make a difference for hundreds of people served by these agencies. Thank you, Publix, for giving back to our community through Publix Serves Day and United Way Days of Caring," added Cliff Smith, president of the United Way of Lee, Hendry, Glades and Okeechobee.

The United Way's Day of Caring is a year-round program, coordinated by the United Way Volunteer Center, which matches businesses' desire to help with the needs of the community. Find out more by calling 433-2000 or visiting UnitedWayLee.org.



Publix employees get ready to paint a Habitat for Humanity home

Available at
www.AMAZON.COM
WWW.EDITORIALRXPRESS.COM

Female Pioneers of Fort Myers
Women Who Made a Difference in the City's Development
By Robin C. Tuthill and Thomas P. Hall

"Packed with facts and employing an engaging storytelling style, [Female Pioneers of Fort Myers] both teaches and entertains. Local history buffs and newcomers to history will value Tuthill and Hall's research and appreciate the accessible format, too."
Geri Reaves, PhD, author of *Legendary Locals of Fort Myers* and *Fort Myers, Then & Now*

Book Review

The Nest



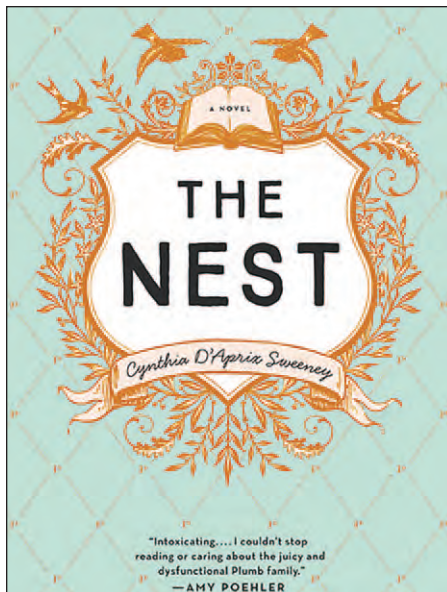
by Di Saggau

The word dysfunctional is used to describe many families, but even among the most troubled the Plumb family stands out as spectacularly dysfunctional. In her book *The*

Nest, Cynthia D'Aprix Sweeney spins a tale about four siblings who have long awaited to receive their inheritance, which they refer to as "The Nest." Years of simmering tensions finally reach a breaking point when Melody, Beatrice and Jack Plumb gather to confront their reckless older brother Leo, freshly released from rehab.

Months earlier, Leo had driven a car while inebriated and was involved in a serious car crash. His 19-year-old passenger was severely injured and to settle things his mother had borrowed a considerable sum from *The Nest* to pay off the young girl. The joint trust fund which the siblings are just months away from finally receiving has been endangered. The Plumb siblings have been counting on the money to solve their many self-inflicted problems.

Melody, a wife and mother in an upscale suburb, has a mortgage and



looming college tuitions for her twin teenage daughters. Jack, an antiques dealer, has secretly borrowed against the beach cottage he owns with his husband, Walker. Bea, a once-promising short-story writer, just can't seem to finish her overdue novel.

Leo promises to come up with a plan to pay his siblings back, but can they rely on him? Or will everyone have to reimagine the futures they've envisioned? The four have to grapple with old resentments, present-day truths, and the significant emotional and financial toll of the accident, as well as finally acknowledge the choices they have made in their own lives.

Matthew Thomas, author of *We Are Not Ourselves*, writes: "Cynthia D'Aprix Sweeney delivers an acerbic satire of the leisure class while crafting an affecting human story that embroils us utterly in the fates of the Plumbs. At first, the Plumb universe looks like one in which pragmatism trumps love, desires rule and the responsibility to others bows before the need for self-preservation at all costs. But what's truly impressive is the way Sweeney's characters discover unexpected depths and earn redemption. This book keeps its blade sharp and its heart open."

Sweeney cleverly works in side tales, including one about a damaged Rodin sculpture that mysteriously disappeared from Ground Zero. *The Nest* is a story about the power of family, friendship, the ways we depend on one another, the ways we let one another down and what money does to relationships.*

Library In Need Of Volunteers

The Lee County Library System is looking for volunteers from east Lee County and Cape Coral for its Community Conversations Project. The project trains volunteers to facilitate stimulating discussion groups with older adults at assisted living facilities and adult day care programs.

The library is looking for adult volunteers who have friendly, outgoing personalities; experience facilitating

discussion groups or the interest to learn; a love of reading and a desire to share that enthusiasm. Volunteers commit at least four hours a month after the initial training.

For more information about volunteering, visit www.leegov.com/library/about/support/volunteers or contact Kathy Mayo at 565-7988 or kmayo@leegov.com.*

Summer Volunteer Drivers Needed

The Dr. Piper Center for Social Services, Inc. seeks volunteers who are age 55 and older to transport the elderly to doctor, dentist, pharmacy or dialysis appointments. Volunteers drive clients only when it fits their schedules, and trips are usually located in the same zip code.

Summer drivers are needed through November in all communities, especially in the North Fort Myers and Cape Coral areas.

Call Leslie Jander at 332-5346 for details.*

Read us online at
IslandSunNews.com

School Smart



by Shelley M. Greggs, NCSP

Dear Readers, May is National Mental Health Awareness Month. It's a time to reflect about what we do as parents that support our children's mental

health. Experts define good mental health as not only the absence of psychological or behavior problems, but also the presence of wellness or psychological health. For example, self-esteem, self-acceptance, resiliency and effective coping skills contribute to mental health and good behavior in students. While families provide the primary support for developing children's mental health, schools play an important role working with students and families.

I have posted some suggestions for you on how to support your child's mental health. These suggestions can guide you to make good decisions with and for your child and his or her positive mental health.

- Create a sense of belonging. Feeling connected and welcomed is essential to children's positive adjustment, self-identification, and sense of trust in others and themselves. Building strong, positive

relationships among students, school staff and parents is important to promoting mental wellness.

- Promote resilience. Adversity is a natural part of life and being resilient is important to overcoming challenges and good mental health. Connectedness, competency, helping others, and successfully facing difficult situations can foster resilience.

- Develop competencies. Children need to know that they can overcome challenges and accomplish goals through their actions. Achieving academic success and developing individual talents and interests helps children feel competent and more able to deal with stress positively. Social competency is also important. Having friends and staying connected to friends and loved ones can enhance mental wellness.

- Ensure a positive, safe home and school environment. Feeling safe is critical to students' learning and mental health. Promote positive behaviors such as respect, responsibility, and kindness. Prevent negative behaviors such as bullying and harassment. Provide easily understood rules of conduct and fair discipline practices and ensure an adult presence in common areas, such as hallways, cafeterias, locker rooms, and playgrounds. Teach children to work together to stand up to a bully, encourage them to reach out to lonely or excluded peers, celebrate acts of kindness, and reinforce the availability of adult support.

- Teach and reinforce positive

behaviors and decision-making. Provide consistent expectations and support. Teaching children social skills, problem solving, and conflict resolution supports good mental health. "Catch" them being successful. Positive feedback validates and reinforces behaviors or accomplishments that are valued by others.

- Encourage helping others. Children need to know that they can make a difference. Pro-social behaviors build self-esteem, foster connectedness, reinforce personal responsibility, and present opportunities for positive recognition. Helping others and getting involved in reinforces being part of the community.

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.*

Dean's List

Nicholas Petrozzi, a resident of Fort Myers, has been named to Marietta College's spring Dean's High Honors List. Petrozzi, a graduate of Bishop Verot High School, is majoring in petroleum engineering.*

College To Offer New Engineering Program

Florida SouthWestern State College's School of Pure and Applied Sciences will soon offer a new science and engineering program beginning Fall 2016. The program is currently pending SACSCOC approval.

The Associate in Science (AS) Degree in Science and Engineering Technology will prepare students for occupations as life and physical science technicians in various areas including biological, chemical and environmental science, as well as physics. It also allows degreed students to obtain baccalaureate-prerequisite classes if they plan to switch into a STEM field of study.

In addition, the Scientific Workplace Preparation Certificate will prepare students for employment in a science or engineering laboratory or to continue on to the Science and Engineering Technology AS degree.

"FSW is excited to be able to offer these new opportunities to our students as the need for a trained workforce in the STEM fields continues to grow," said Dr. Martin McClinton, dean, School of Pure and Applied Sciences.

For more information or to apply, visit www.fsw.edu/admissions.*



From left, Lorie Tidwell, Matlacha Hookers Madame; Jeanne Seehaver, ArtFest Fort Myers; Katie Fischer, Matlacha Hookers; Gloria Van Duzer, Pine Island Elementary art teacher; and Pine Island Elementary principal Robert Mazzoli

School Receives Cash Donation

ArtFest Fort Myers, with partner Matlacha Hookers, a Pine Island service organization, recently provided a cash donation to Pine Island Elementary School.

"This is a wonderful example of how members of a community can work together toward a common goal," said Sharon McAllister, ArtFest executive

FSW, Local Non-Profits Enter Partnership

Florida SouthWestern State College (FSW) along with the Lee County Economic Development Office, SCORE, CareerSource of Southwest Florida and the Small Business Development Center (SBDC) at Florida Gulf Coast University recently partnered to create the Lee Entrepreneurs' Assistance Resource Network (LEARN).

The network provides outreach activities and services to entrepreneurs and businesses in Lee County. Working collaboratively, LEARN's mission is to promote the establishment, retention and expansion of businesses in Lee County.

The partnering LEARN agencies will work together to provide services based on their individual specialties and recommend other partners when their specialties are needed as well. In addition to FSW's training services, additional partner services include human resources recruitment provided by Career Source, one-on-one business consulting provided by SBDC, and business mentoring from experienced business executives and retired business owners provided by SCORE.

"LEARN functions, among other things, as a kind of clearinghouse for small business owners, startups and entrepreneurs to access information on the various services available in the educational, non-profit, volunteer

and governmental organizations in southwest Florida," said Dr. John Meyer, dean, FSW School of Business and Technology. "FSW's role will revolve around custom or specific training and the potential for grant-funded training through our Corporate Training Department as well as shorter-term college credit skills programs such as college credit certificates on the for-credit side."

"Part of the benefit accrues from our goal to minimize or eliminate duplication of efforts among the various service providers and our commitment to match an individual's needs with the provider whose core competency best addresses those needs," Dr. Meyer added. "For example, companies requiring specialized training or access to state funding for training will be very well served by speaking with FSW's Corporate Training Department and each of the LEARN partners will know that those two areas are among FSW's core competencies and will advise service seekers accordingly. Similarly, an entrepreneur needing business consulting would be directed to the SBDC at FGCU, because that's one of its core competencies. For those with more than one need, each partner will then refer the client to the next appropriate service provider."

For more information about LEARN, contact Dr. Meyer at 985-3451 or john.meyer@fsw.edu, or Rachel Busch, strategic projects manager, Lee County Economic Development Office at 533-6816 or rbusch@leegov.com. Visit www.LEARNSWFL.com for more information.✧

director. "The Matlacha Hookers volunteer their time, over festival weekend, to staff our beverage booths. Their invaluable service is translated into a \$1,600 cash donation from ArtFest Fort Myers to help fund Pine Island Elementary School's art supplies in the upcoming school year."

ArtFest Fort Myers is scheduled to take place on February 3, 4 and 5, 2017 in downtown Fort Myers along the riverfront. Learn more by visiting ArtFestFortMyers.com.✧

Lee Memorial Health System Changes Name

Lee Memorial Health System will officially mark its 100th anniversary on October 3, and will begin a new century of caring as Lee Health. The new name and graphic logo, approved on May 12 by the board of directors, will more accurately reflect the future direction of health care delivery, while retaining elements of its rich history. Like the national health care environment, the local health care system is positioned for the future, transforming from a provider of episodic health care to partnering with the community and individuals to live a healthy life.

The new identity is simple and familiar, yet modern and vibrant reflecting the health system's commitment of shaping, supporting and inspiring our community's health and well-being. The graphic element represents the unity of all system entities, and suggests continued growth in response to community need.

"The 100th anniversary of our health care system is the perfect time to celebrate our past, while solidifying our commitment to constant evolution and improvement, in order to ensure that we provide the highest quality, compassionate care that inspires health and well-being," said Kevin Newingham, chief strategy officer for Lee Memorial Health System. "We shared the new name and logo with employees and the response has been overwhelmingly positive. Lee Memorial Health System is positioned for the future and this new identity will be a beacon for the future of health care in Southwest Florida."

The legal name of the organization will remain the same, as well as individual facilities within the system, including all hospitals and existing outpatient facilities, however, plans are to incorporate Lee Health and the new graphic into existing signage and collateral throughout the health care system.

Learn more online at www.leememorial.org.✧

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Which Should You Take, Advil Or Tylenol?



by Suzy Cohen, RPh

Dear Readers: When you're in pain what do you reach for, Tylenol or Advil? What about fever or body aches from the flu?

How if your precious baby is teething or gets an

earache, which do you give?

These are questions that you might be asking yourself today, and I'm going to help you. There are some primary differences between these two medications, both blockbusters sold worldwide under various brand names. The ingredients themselves are included in thousands of multi-tasking formulas.

If you read labels, you'll see the generic names as follows:

Tylenol = Acetaminophen

Advil, Motrin = Ibuprofen

Fever - You can use either one unless you're giving it to a baby less than 6 months old. Babies less than 6 months old should be given acetaminophen (Tylenol).

Pain - I'd choose ibuprofen because it directly reduces some pain-causing cytokines, whereas acetaminophen impacts the way you feel pain, essentially "numbing" you to the sensation. No one is 100 percent sure how it works; we just have clues. We know it works though. If you have severe pain, it's sometimes recommended to alternate between ibuprofen and acetaminophen every few hours. Back pain and osteoarthritis responds better to ibuprofen, according to the *British Medical Journal*.

If you are normally a wine drinker at dinner, or you drink alcohol, stay away from Tylenol because it could exacerbate the liver damage caused by the alcohol. Ibuprofen is a drug mugger of folate, whereas acetaminophen is a drug mugger of glutathione. If you run out of folate, you could develop high homocysteine (increases risk of heart disease), cervical dysplasia, depression, chronic diarrhea, grey hair and mouth sores. If you run low on glutathione, fatigue, general pain and liver problems occur. There are dozens of other symptoms that I don't have space to list, and also these depletions take time. You don't run out of the nutrients with normal dosages, taken properly for a short-term. Don't live in pain because you are worried about this, just keep it in mind if you take them every day. Supplement with what the drug mugger stole.

PMS or cramps - Definitely ibuprofen for this, it is a stronger anti-inflammatory. Just FYI, a combination of B complex and magnesium may help mood swings, water retention, tearfulness and cramps.

Do you take blood thinners (warfarin) or anticoagulant medications? You're better off with acetaminophen in this case, since ibuprofen can further thin the blood. Heart disease or hypertension? You're better off with acetaminophen.

A recent study suggests taking Tylenol affects your ability to empathize with someone else during their own physical or emotional pain. Does ibuprofen blunt your emotional reactions, too? While no study ever tested ibuprofen, I personally think it does. Whenever you reduce your own ability to feel pain, it's certainly harder to feel pain for another.

Finally, you may be concerned about addiction, so let me reassure you, both medications are completely safe in this regard.

*This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.**

Alzheimer's Program

The Alzheimer's Association-Florida Gulf Coast Chapter will hold a comprehensive program for both caregivers and those in the early stages of dementia starting Friday, June 3. The program runs from 10 a.m. to noon at First Church of the Nazarene, 13454 American Colony Boulevard in Fort Myers.

Beginning Alzheimer's Support and Education consists of nine weekly sessions, with each two-hour class dedicated to education and support. Topics include basics of dementia; positive communication; living day to day; skill building; feelings/emotional well-being; medications and current research; planning for the future; and creativity and cognition.

The Friday program runs through August 5, with no meeting on July 1.

There is no cost to attend. Class size is limited, and pre-registration is required by contacting Emily Reese at 405-7008 or reese@alzflgulf.org.

The Alzheimer's Association-Florida Gulf Coast Chapter's services are provided at no cost to the public. Reach the 24/7 Helpline: 1-800-272-3900.*

Read us online at IslandSunNews.com

Mom And Me



by Lizzie and Pryce

Lizzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

Dear Mom & Me,

I went to a doctor because I felt terrible. He ordered a few tests and later told me that I had an immune system disease and ordered more tests.

When I went back he just talked and talked, and I didn't know anything more when I left than I did when I first went.

Why do doctors talk like that when they must know their patients don't have the faintest idea what they are talking about?

Rebecca

Dear Rebecca,

I would not generalize to say "all physicians" talk to patients in the way your physician spoke to you. Ask your physician questions about what you do not understand. The only way he/she knows is if you ask. Look at it this way; it is a good thing that your physician tries to explain things to you so you are starting in a very good place.

Pryce

Dear Rebecca,

Doctors, lawyers and many other professionals have their own lingo. They are so accustomed to talking to people similar to themselves that they cannot see or refuse to see when some of their patient's eyes cloud over.

These same professionals are not nearly as successful as their peers who can talk on the level of their patients or clients and rarely get the desired results they are working toward. Before you leave or during the consultation interrupt them and tell them, "I am sorry but I do not understand what you are saying."

Lizzie

Lizzie and Pryce's email address is momandmeaging@hotmail.com.*

Doctor and Dietician

Soda Consumption And An Unhealthy Diet



by Ross Hauser, MD and Marion Hauser, MS, RD

Many of us as children were never allowed to drink soda with meals, let alone on a regular basis. We didn't have the extra money for something that was not a necessity. We were also accustomed to home cooked meals using fresh food. Drinking soda was a treat, for holidays and at special events like family picnics. We were only allowed soda a few times per year, rather than a few or many sodas throughout each day!

Over the years, the doctor and the dietitian have cautioned against soda consumption, both diet and regular.

There are many bad things about them. For example, cola consumption contributes to osteoporosis; excessive calorie intake from these sugary drinks can lead to diabetes, high lipids and obesity; dental cavities are higher in those who consume soda; and your body is required to process a lot of chemicals that are contained in both diet and regular soda. We recommend consuming water (for flavor, try adding lemon, lime or a splash of fruit juice), sparkling water (without artificial sugars or dyes), tea or coffee (preferably organic).

It is reported that young girls who drink soda have less healthy diets through adolescence than their peers who do not drink soda. Soda drinkers tend to drink far less milk and consume much more sugar. Adolescents already tend to lack an adequate amount of calcium in their diets, but soda drinkers consume even less. Unfortunately, drinking regular or diet soda can prevent people of all ages from maintaining a healthy diet.

Are you someone who is addicted to soda? If you are trying to get healthy, soda is probably the first thing that you need to eliminate from your diet.

*This information is not intended to treat, cure or diagnose your condition. Caring Medical and Rehabilitation Services has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.com.**

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PETS OF THE WEEK

Hello, my name is Riley. I'm a 3-year-old neutered male blonde brindle pointer mix. My owner left me at the shelter because she was moving. I didn't think it was supposed to work that way, but I sure would like to find that forever home I keep hearing about. I'm 3 years old but very puppy-like. I'm high energy and need lots of exercise, however, with some patience and training, I can be the best dog ever!

My adoption fee is \$40 (regularly \$75) during Animal Services' There's No Place Like Home! adoption promotion.

Hello, my name is Mitzy. I'm a 9-month-old spayed female black tabby domestic medium hair. I'm a beautiful, sophisticated girl who loves attention and I would love to shower you with mine. I get along with dogs, but would prefer to be your one and only kitty.

My adoption fee is \$40 (regularly \$50) during Animal Services' There's No Place Like Home! adoption promotion.

For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at www.LeeLostPets.com. When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 10:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive in Fort Myers, next to the Lee County Sheriff's Office off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food.

The adoption package is valued at \$500.✪



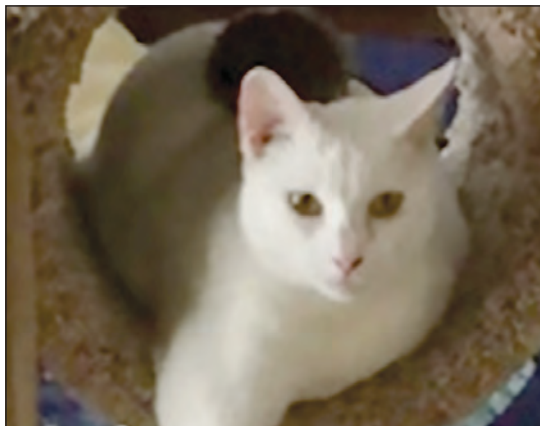
Riley ID# 602056



Mitzy ID# 644824

PAWS Of Sanibel

Island Girl Is Back



Island Girl

Hi everybody! Remember me? I'm Island Girl... I used to live out on the causeway island closest to Sanibel. My foster mom set a trap and caught me on December 1, 2015. I stayed at the cat hospital for awhile, had surgery (so I won't have any more kittens) and had all my shots. The doctors say I'm 1 to 3 years old. I've been in my foster home for about five months now. I was quite frightened for a very long time and stayed inside a cat tree whenever anyone was around, but now I'm quite laid back and very happy. I don't really want to leave here and my mom loves me, but she can't keep all the kitties that she brings home or she would run out of room. I hear her telling everyone how sweet I am and that I'm also very, very smart.

I've just recently started to mingle a bit with the other kitties here. At first, I thought I needed to stalk and pounce on them to let them know how strong I am, but then my mom told me "no,"

so I stopped. I always do what she tells me to do. A nice lady at Gulf Coast Humane Society (GCHS) told my mom she could bring me there, but she really wants to try to find me a forever home so she can meet my people. She feels certain there is someone out there that will be "purrfect" for me, and she'll find them soon.

Please call Pam at PAWS of Sanibel at 472-4823 and give this wonderful kitty a forever home.✪

PAWS Of Sanibel

Simba



Simba

My name is Simba, and I'm a very affectionate boy with the one who will adore me. I'm a Lynx Point Siamese. I'm a neutered male approximately 8 years old, and I'm front declawed. I would probably prefer being the only animal in the house because I would like to get all your attention. If you have a place for me, call PAWS of Sanibel volunteer Larry at 395-2655.✪



Emergency	911
Lee County Sheriff's Office	477-1200
Florida Marine Patrol	332-6966
Florida Highway Patrol	278-7100
Poison Control	1-800-282-3171
HealthPark Medical Center	1-800-936-5321
Ft. Myers Chamber of Commerce	332-3624
Foundation for Quality Childcare	425-2685
Fort Myers Beach Chamber of Commerce	454-7500
Fort Myers Beach Library	463-9691
Lakes Regional Library	533-4000
Lee County Chamber of Commerce	931-0931
Post Office	1-800-275-8777
Visitor & Convention Bureau	338-3500

ARTS

Alliance for the Arts	939-2787
Arts For ACT Gallery & Studio	337-5050
Art League Of Fort Myers	275-3970
Barbara B. Mann Performing Arts Hall	481-4849
BIG ARTS	395-0900
Broadway Palm Dinner Theatre	278-4422
Cultural Park Theatre	772-5862
Edison Festival of Light	334-2999
Florida Repertory Theatre at the Arcade	332-4488
Florida West Arts	948-4427
Fort Myers Symphonic Mastersingers	288-2535
Gulf Coast Symphony	489-1800
Harmony Chorus, Charles Sutter, Pres	481-8059
Naples Philharmonic	239-597-1111
The Schoolhouse Theater	472-6862
SW Florida Symphony	418-0996
Theatre Conspiracy	936-3239
Young Artists Awards	574-9321

CLUBS & ORGANIZATIONS

Angel Flight	1-877-4AN-ANGEL
Animal Refuge Center	731-3535
American Business Women Association	357-6755
Audubon of SWFL	339-8046
Audubon Society	472-3156
Caloosahatchee Chapter DAR	482-1366
Caloosahatchee Folk Society	321-4620
Cape Coral Barbershop Chorus	1-855-425-3631
Cape Coral Stamp Club	542-9153
duPont Company Retirees	454-1083
Edison Porcelain Artists	415-2484
Embroiderers Guild of America - Sea Grape Chapter	239-267-1990
FM UDC Chapter 2614 - United Daughters of the Confederacy	728-3743
Friendship Force Of SW FL	561-9164
Garden Club of Cape Coral	239-257-2654
Horticulture and Tea Society	472-8334
Horticultural Society	472-6940
Lee County Genealogical Society	549-9625
Lee Trust for Historic Preservation	939-7278
NARFE (National Active & Retired Federal Employees	482-6713
Navy Seabees Veterans of America	731-1901
Paradise Iowa Club of SWFL	667-1354
Sons of Confederate Veterans	332-2408
Southwest Florida Fencing Academy	939-1338
Southwest Florida Music Association	561-2118

Kiwanis Clubs:

Fort Myers Beach	765-4254 or 454-8090
Fort Myers Edison	694-1056
Fort Myers South	691-1405
Gateway to the Islands	218-5768
Iona-McGregor	482-0869

Lions Clubs:

Fort Myers Beach	463-9738
Fort Myers High Noon	466-4228
Estero/South Fort Myers	898-1921
Notre Dame Club of Lee County	768-0417
POLO Club of Lee County	477-4906
Rotary Club of Fort Myers	332-8158
Sanibel-Captiva Orchid Society	472-6940
United Way of Lee County	433-2000
United Way 211 Helpline (24 hour)	211 or 433-3900

AREA ATTRACTIONS

Bailey-Matthews Shell Museum	395-2233
Burrough's Home	337-9505
Calusa Nature Center & Planetarium	275-3435
Edison & Ford Winter Estates	334-7419
Fort Myers Skate Park	321-7558
Imaginarium Hands-On Museum & Aquarium	321-7420
JN "Ding" Darling National Wildlife Refuge	472-1100
Koreshan State Historic Site	239-992-0311
Langford Kingston Home	239-334-2550
Ostego Bay Foundation Marine Science Center	765-8101
Skatium	321-7510
Southwest Florida Historical Society	939-4044
Southwest Florida Museum of History	321-7430
True Tours	945-0405

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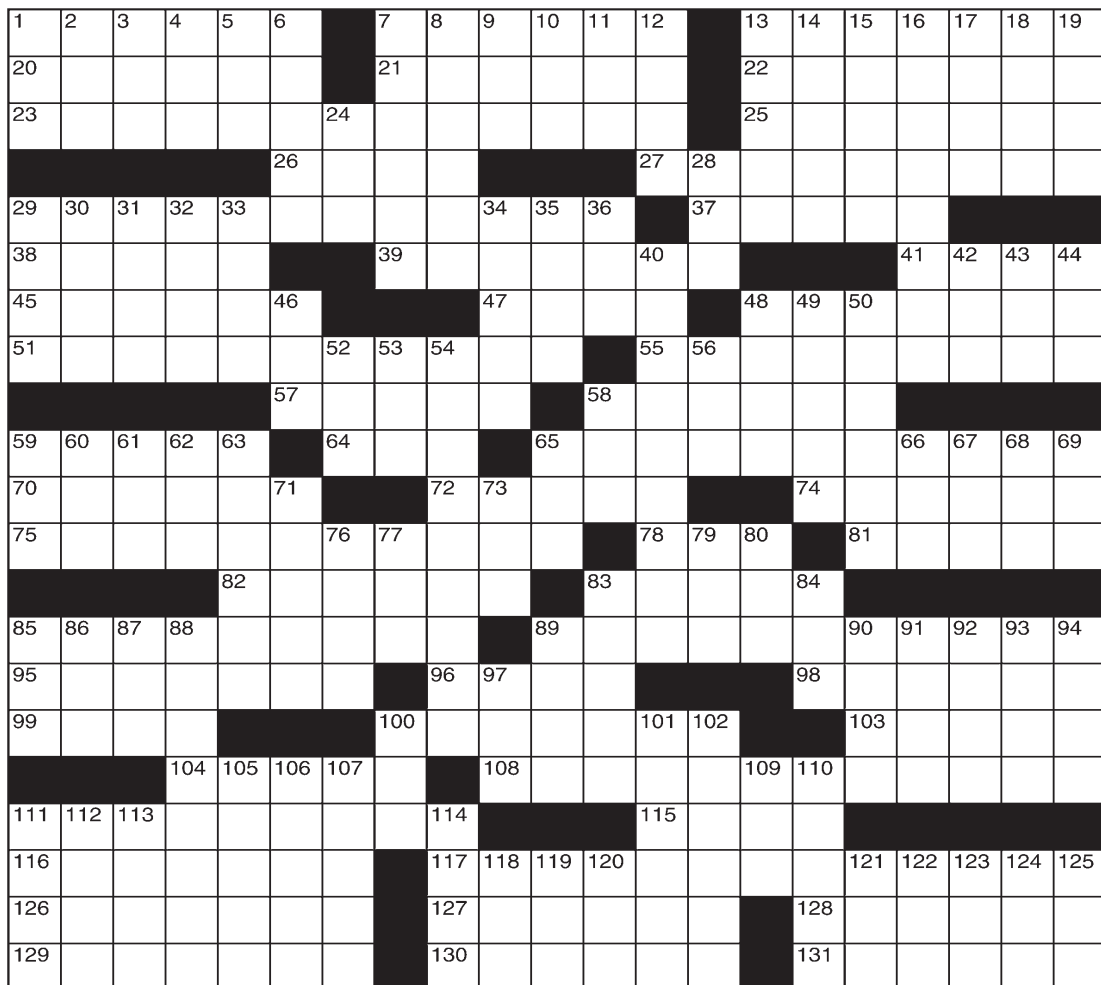
PUZZLES

Answers on page 29

Super Crossword

SELF-CONTAINED
SYNONYMS

- | | | | | | |
|---|---|--|---|---|------------------------------------|
| ACROSS | 70 Martial arts teacher | 128 Sun-circling ring | 18 "Why would —?" | 59 Seer's power | 92 Engrossed by |
| 1 Do another shoot of | 72 "... — horse to water ..." | 129 Ones sawing wood | 19 Bygone British gun | 60 Body of eau | 93 Home to Honolulu |
| 7 "2001" co-star Keir | 74 Tristan's companion | 130 Despise | 24 "Can — now?" | 61 Meth- ending | 94 Science guy |
| 13 Deli hangers | 75 ... E-A-R-L-Y | 131 Like Kia cars | 28 French "a" | 62 Method ending | 95 Bill's family |
| 20 Person de-wrinkling | 78 NYC airport | DOWN | 29 In vogue | 63 Arise quickly | 97 Prickly husk |
| 21 Narcissist | 81 Posting with a hashtag | 1 Tear | 30 Resort island near Venice | 65 Wray of film | 100 Cardinal's cap abbr. |
| 22 Sea dog | 82 Satire | 2 Slip or trip | 31 Cake baker | 66 AAA service | 101 WWII ship sinkers |
| 23 It aptly contains the letters R-A-I-N ... | 83 Watchable Web journals | 3 Hostile force | 32 Sofa or pew | 67 Land in l'Atlantique | 102 Revolving gun holder |
| 25 Dustin Hoffman film | 85 ... M-A-L-E | 4 Magazine for an exec | 33 This, to Juan | 69 After-tax | 105 Emerge |
| 26 Lab aide with a hump | 89 ... R-U-I-N | 5 Necklace of flowers | 34 Swiftiness | 71 Novelist | 106 Library gizmo |
| 27 ... O-P-E-N | 95 Relevant | 6 "— Passes By" (A.A. Milne play) | 35 Wiesel who wrote "Night" | 73 See 77-Down | 107 Huge gulf |
| 29 ... M-U-T-E | 96 Israel's Abba | 7 Alternate route | 36 Clangor | 76 Writer Leon | 109 Modern: Prefix |
| 37 "Failure is — option" | 98 Actress Rebecca De — | 8 Lorre's role in "Casa-blanca" | 40 Lip-puckering jawbreakers | 77 With 73-Down, early portrayer of Tarzan | 110 Ticking thing |
| 38 Apiary units | 99 Puritanical | 9 Auction set | 42 Fulfilled | 79 Procured | 111 Brinker of kid-lit |
| 39 Understand, in London | 100 Lost control in a skid | 10 Cicero's card count? | 43 Hi-tech bookmark | 80 Farming-related: Abbr. | 112 Harbinger |
| 41 "No need to wake me!" | 103 "... or — story goes" | 11 "— Beso (That Kiss!)" | 44 —Ops | 83 Poison from a snake | 113 Pixar title fish |
| 45 Think up | 104 Furious with | 12 With 90-Down, free | 46 Post-punk genre | 84 Addition total | 114 Barely made, with "out" |
| 47 — -Soviet relations | 108 ... R-A-U-C-O-U-S | 13 — voce (under one's breath) | 48 Morales of the screen | 85 Plan (out) | 118 Flying expert |
| 48 Slate wipers | 111 ... N-O-B-L-E | 14 "It's — cause" | 49 "Pan Am" star Christina | 86 Tax Day mo. | 119 Rebel Turner |
| 51 ... T-A-I-N-T | 115 Russian city on the Oka | 15 Drug used to treat Parkinson's | 50 Terrified | 87 — Lanka | 120 College sr.'s test |
| 55 ... U-G-L-Y | 116 Hotel bonus | 16 Flabbergast | 52 "— seen worse" | 88 Plebeian | 121 Try to win |
| 57 Like a sheep | 117 What the 11 answers featured in this puzzle are called | 17 Face hider | 53 None at all | 89 Actress Delany | 122 NHL great Bobby |
| 58 Bring up, as a subject | 126 Tough rivals | | 54 Like kiddie-pool water, often | 90 See 12-Down | 123 Sushi eggs |
| 59 AOL delivery | 127 French card game | | 55 Partner of neither | 91 Sci-fi empath Deanna | 124 Genetic stuff |
| 64 Deer cousin | | | 56 Partner of neither | 92 — Antonio | |
| 65 ... F-I-C-T-I-O-N | | | 58 Misbehaving | | |



King Crossword

ACROSS

- | | | | |
|----------------------------------|----------------------------------|------------------------------------|----------------------------------|
| 1 Towel designation | 53 Pinch | 7 "Forget it!" | 35 Peace (Sp.) |
| 4 Wildebeest | 55 Infamous Roman emperor | 8 -- out a living | 38 Japanese money |
| 7 Oscar winner Patricia | 56 Aspiration | 9 Upper limb | 40 Present |
| 11 Concept | 57 Genetic stuff | 10 Once around the track | 42 Fine and -- |
| 13 A billion years | 58 Kindly bloke | 12 Cole Porter musical | 45 Sommelier's suggestion |
| 14 Gumbo need | 59 Disarray | 19 That girl | 47 Cheat at hide-and-peek |
| 15 Ripped | 60 Evergreen type | 21 Arctic bird | 48 Cubesmith |
| 16 Kreskin's claim | 61 Decks in the ring | 23 Blunder | 49 They get connected |
| 17 Office part-timer | | 25 Mosaic piece | 50 Resistance unit |
| 18 Does in | | 26 Somewhere out there | 51 Weeding implement |
| 20 Opposite of "nope" | | 27 Ball club from 50-Across | 52 Tape speed meas. |
| 22 Commonest English word | | 28 Musical combo | 54 Dog's hand |
| 24 Elvis' instrument | | 29 Hodgepodge | |
| 28 Annoys | | 30 Piquancy | |
| 32 Cutting tool | | 31 Witnessed | |
| 33 Jai -- | | | |
| 34 Knock | | | |
| 36 Pleased | | | |
| 37 Fool | | | |
| 39 Roams | | | |
| 41 Followed relentlessly | | | |
| 43 Menagerie | | | |
| 44 Chew, as rodents do | | | |
| 46 Used a paper towel | | | |
| 50 Cincinnati's state | | | |

DOWN

- | | | | | | |
|-----------------|------------------------|---------------------|-------------------|----------------------|-------------------------|
| 1 Smacks | 2 "American --" | 3 Antitoxins | 4 "Golly!" | 5 Inquisitive | 6 Open, in a way |
|-----------------|------------------------|---------------------|-------------------|----------------------|-------------------------|

MAGIC MAZE

ADDING IN OR
OUT PREFIX
MAKES A NEW
WORD

A E B Y V R O L I F C Z W T Q
 N K I F C Z W U R P M J H E C
 Z X U S G Q G N L J G E C Z X
 V T R P N N N L J H D E D C A
 Y W V T I R I P N L K R R I G
 E C B O Z X T W W U S E A X C
 R P G O M L T (B O U N D) W O J
 I G E D B A U Y X R O L M B B
 W U T S Y Q P P O O G E A N T
 T N E I T A P L R E D I S W E
 K J H G F D L S W O L F C B S

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

- | | | | |
|-------|---------|---------|-------|
| Board | Doors | Growing | Set |
| Bound | Fielder | Laws | Sider |
| Box | Flows | Lay | Ward |
| Come | Going | Putting | |



"Good news, Floogle. I've decided to give you a _____ after all!"

answer on page 29

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Avoid _____

Guide _____

Strong _____

Brief _____

TODAY'S WORD

	1		9			7	
2					3		8
		5		2			4
7					4	6	
		9	1				3
	6		7	3			5
	2		8			1	
9				5			6
		4			9		2

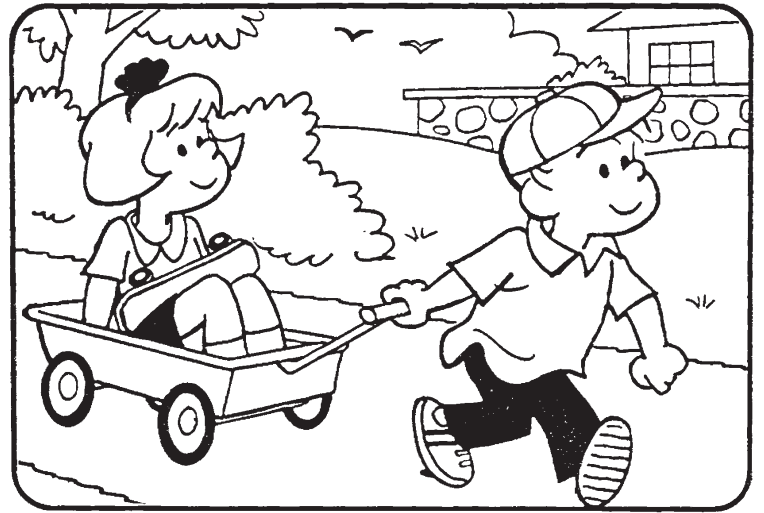
SUDOKU

To play Sudoku: Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

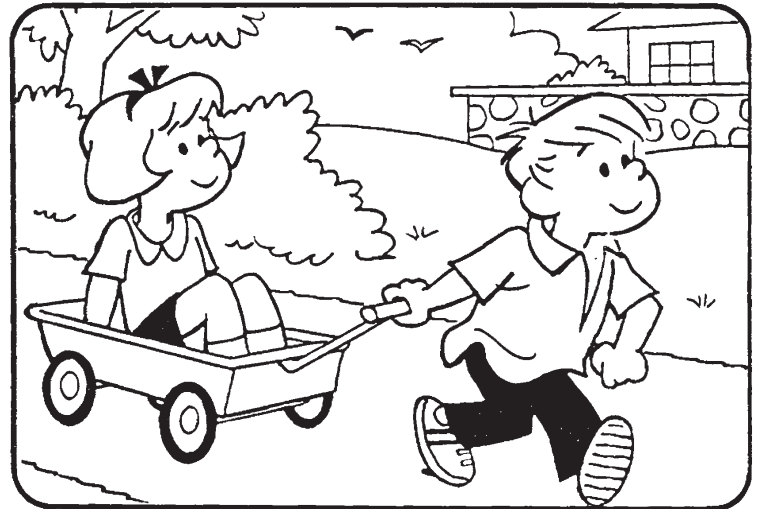
answer on page 29

HOCUS-FOCUS

BY HENRY BOLTIKOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Bow is different. 2. Skateboard is missing. 3. Wall is shorter. 4. Cap is missing. 5. Neckline is different. 6. Arm is moved.

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Midsummer Melon Salsa



Midsummer Melon Salsa

- 3 cups watermelon (seedless if available), diced
- 1/2 cup bell pepper (green, or your favorite color), diced
- 2 tablespoons lime juice, freshly squeezed
- 1 tablespoon cilantro, chopped

- 1 tablespoon green onions, chopped
- 1 tablespoon jalapeño pepper, finely chopped
- Kosher salt and freshly ground pepper to taste
- Combine all ingredients. Cover and refrigerate 1 hour to let all of

the flavors come together. Tip: This light summer-style salsa is a great way to liven up fresh Florida seafood. Use this salsa recipe as a template to make any kind of salsa; just replace the melon with your favorite fruit or veggie.

Yield: Six servings.*

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PUZZLE ANSWERS

SUPER CROSSWORD

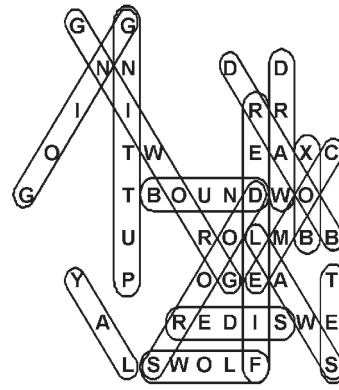
REFILM	DULLEA	SALAMIS
IRONER	EGOIST	OLDSALT
PRECIPITATION	TOOTSIE	
	IGOR	OUTSPOKEN
CLOSEMOUTHED	NOTAN	
HIVES	REALISE	IMUP
IDEATE	SINO	ERASERS
CONTAMINATE	UNSIGHTLY	
	OVINE	BROACH
EMAIL	ELK	FABRICATION
SENSEI	LEADA	ISOLDE
PREMATURELY	LGA	TWEET
	PARODY	VLOGS
MASCULINE	DESTRUCTION	
APROPOS	EBAN	MORNAY
PRIM	SPUNOUT	SOTHE
	MADAT	RAMBUNCTIOUS
HONORABLE	OREL	
AMENITY	KANGAROO	WORDS
NEMESIS	ECARTE	CORONA
SNORERS	DETEST	KOREAN

KING CROSSWORD

HIS	GNU	NEAL
IDEA	EON	OKRA
TORN	ESP	TEMP
SLAYS	YEAH	
	THE	GUITAR
BOTHERS	KNIFE	
ALAI	RAP	GLAD
NINNY	WANDERS	
DOGGED	ZOO	
	GNAW	WIPED
OHIO	NIP	NERO
HOPE	DNA	GENT
MESS	YEW	KOS

MAGIC MAZE

ADDING IN OR OUT PREFIX
MAKES A NEW WORD



SUDOKU

4	1	3	9	8	5	7	6	2
2	9	6	4	7	3	5	1	8
8	7	5	6	2	1	3	4	9
7	3	2	5	9	4	6	8	1
5	4	9	1	6	8	2	7	3
1	6	8	7	3	2	9	5	4
3	2	7	8	4	6	1	9	5
9	8	1	2	5	7	4	3	6
6	5	4	3	1	9	8	2	7

My Stars ★★★★★

FOR WEEK OF MAY 23, 2016

ARIES (March 21 to April 19) Home conditions still demand attention. Also, keep an open mind about a sudden question of trust involving a close friend. All the facts are not yet in.

TAURUS (April 20 to May 20) With summer just around the corner, travel begins to dominate your sign. Make plans carefully to avoid potential problems in the first half of June.

GEMINI (May 21 to June 20) A romantic Libra sets a challenge that your "sensible" side might question, but your idealistic self finds the prospect too intriguing to resist. The choice is yours.

CANCER (June 21 to July 22) Those tense times in your personal life are just about over. Concentrate on reaffirming relationships. Your love of travel opens a surprising new opportunity.

LEO (July 23 to August 22) The Big Cat usually loves to be in the center of things. But this week it might be wiser to watch and learn from the sidelines. A Pisces wants to make you purr.

VIRGO (August 23 to September 22) "New" is your watchword this week. Be open to new ideas, both on the job and in your personal life. A romantic Aries or Sagittarian beckons.

LIBRA (September 23 to October 22) Some difficult family decisions have to be faced, but be sure to get more facts before you act. Be careful not to neglect your health during this trying time.

SCORPIO (October 23 to November 21) You still need to support a loved one through a difficult time. Meanwhile, things continue to work out to your benefit in the workplace.

SAGITTARIUS (November 22 to December 21) Aspects continue to favor expanding social opportunities. A Gemini reaches out to offer a chance for re-establishing a once-close relationship.

CAPRICORN (December 22 to January 19) There's a potential for misunderstanding in both your job and your personal life. A full explanation of your intentions helps smooth things over.

AQUARIUS (January 20 to February 18) You might be feeling restless on the job, but delay making any major moves

until all the facts are in. A Scorpio has a surprising revelation.

PISCES (February 19 to March 20) Your business sense works to your advantage as you sort through the possibilities that are opening up. A Libra is Cupid's best bet for your romantic prospects.

BORN THIS WEEK: You have a gift for being open-minded about people. This helps you make friends easily. You would do very well in public service.

THIS WEEK IN HISTORY

• On May 24, 1883, after 14 years and 27 deaths during construction, the Brooklyn Bridge over the East River in New York is opened, connecting Manhattan and Brooklyn. It was the largest suspension bridge ever built to that date.

• On May 26, 1897, the first copies of the classic vampire novel "Dracula," by Irish writer Bram Stoker, appear in London bookshops. Stoker published 17 novels in all, but it was "Dracula" that brought him literary fame.

• On May 23, 1900, Sgt. William Harvey Carney is awarded the Medal of Honor for his bravery on July 18, 1863, while fighting for the Union as a member of the 54th Massachusetts Colored Infantry. Carney was the first black soldier to receive the Medal of Honor.

• On May 29, 1932, at the height of the Great Depression, the so-called Bonus Expeditionary Force, a group of 1,000 unemployed World War I veterans seeking early cash payments for their bonus certificates, arrive in Washington, D.C., eventually reaching 20,000 strong. President Herbert Hoover ordered the army to forcibly evict them after the Senate voted down a bill to pay the bonus.

• On May 28, 1961, The London Observer publishes lawyer Peter Benenson's article "The Forgotten Prisoners" on its front page, launching the Appeal for Amnesty 1961. The movement would become the human-rights organization Amnesty International.

• On May 27, 1971, during the Vietnam War, Sweden reveals that it has been providing assistance to the Viet Cong, including some \$550,000 worth of medical supplies. The support was primarily humanitarian and included no military aid.

• On May 25, 1994, the ashes of 71-year-old George Swanson are buried in the driver's seat of his 1984 Corvette in Pennsylvania. Swanson had bought 12 burial plots to ensure that his beloved wife Corvette would fit in his grave with him.

STRANGE BUT TRUE

• It was 20th-century television, film and culture critic John Leonard who made the following sage observation: "In the cellars of the night, when the mind starts moving around old trunks of bad times, the pain of this and the shame of that, the memory of a small boldness is a hand to hold."

• You probably won't be surprised to learn that a group of hedgehogs is known as a prickle.

• In almost every state, there is a statute on the books making it illegal to jump off the top of an office building. Unsurprisingly, there's not much call to prosecute those who violate the law; district attorneys aren't in the habit of filing charges against corpses. However, in a few states, if you survive jumping off a building and are tried and convicted of violating that law, you could be sentenced to death.

• Those who study such things say that among social media users, those who use Twitter are less likely to smoke than users of other platforms.

• Just as humans have distinctive fingerprints, dogs have nose prints -- no two are the same.

• You doubtless know of Theodore Geisel -- better known as Dr. Seuss, the beloved author of such children's classics as "The Cat in the Hat," "Horton Hears a Who" and "Green Eggs and Ham," among many others. You might not realize, though, that his first book, "And to Think That I Saw It on Mulberry Street," was rejected by more than two dozen publishers before it finally made it into print.

• Did you know that dogs appear in the Bible? Yep -- 41 times. No mention of cats, though.

THOUGHT FOR THE DAY

"What sculpture is to a block of marble, education is to a human soul." -- Joseph Addison

SCRAMBLERS

solution

1. Stave; 2. Escort; 3. Robust; 4. Concise

Today's Word BONUS

TRIVIA TEST

1. Games: What are the odds of getting four cards of a kind in five-card poker?
2. Explorers: Where was the explorer Marco Polo born?
3. Science: What is the green pigment in plants called?
4. Mythology: Which of the Greek Muses was associated with history?
5. Geometry: What is a polygon with eight sides?
6. Animal Kingdom: What is the average gestation period of a hamster?
7. Geography: What is the only river that flows both north and south of the equator?
8. General Knowledge: Which of Santa's reindeer comes last in the list alphabetically?
9. Literature: Who wrote the 19th-century novel "Sense and Sensibility"?
10. Astronomy: What planet is closest in size to our moon?

TRIVIA ANSWERS

1. 4,164 to 1
2. Venice, Italy
3. Chlorophyll
4. Clio
5. An octagon
6. About 16 days
7. The Congo
8. Vixen
9. Jane Austen
10. Mercury

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*NS 4/22 NC TFN

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Due to training, weekly shifts are required. Contact Liz Pearson at 239-472-3644 ext. #229 or email epearson@crowclinic.org. Find an application and more information on our website at www.crowclinic.org. Other volunteer positions also available.
*NS 5/13 NC 6/3

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*NS 5/13 NC TFN

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Turtle Nesting Season Guidelines

With the official start of sea turtle nesting season now upon us, the City of Sanibel, in partnership with the Sanibel-Captiva Conservation Foundation (SCCF), is asking all residents and visitors to do their part in protecting these threatened and endangered species.

On Sanibel, nesting and hatchling emergence typically occur between May 1 and October 31.

The nesting ritual of the loggerhead sea turtle is one of the most remarkable natural phenomena occurring on Sanibel's gulf beaches. This natural process has happened on Sanibel for centuries and our 11 miles of gulf shoreline have more nesting activity than any other beach in Lee County. Sought by predators and susceptible to dehydration, sea turtle hatchlings have only a one in one thousand chance of survival. Human activities can further reduce that chance.

By following these simple guidelines, you can do your part to ensure the survival of these magnificent creatures:

- Turn off or shield lights near the beaches. Artificial beach lighting can inhibit female sea turtles from nesting and disorient hatchlings. Most beachfront lighting issues can be addressed by turning off all unnecessary lights, repositioning or modifying light fixtures or closing blinds and drapes.

- Remove furniture and other items from the beach and dune area when not in use, between the hours of 9 p.m. and 7 a.m. Items left on the beach, including beach furniture, toys and trash, may be barriers to nesting or result in entanglement and predation of hatchlings.

- Level all sandcastles and fill any holes dug during play. These are fine during the day but may pose additional hazards at night. Please leave the beach as you found it, so that sea turtles and hatchlings are not hindered on their way to nest or to the water.

- Pick up all trash. Sea turtles mistakenly eat debris, especially plastic, which results in death.

- Honor the leash law. All dogs on the beach must be on a leash and not allowed to disturb nesting turtles or hatchlings.

Gulf-front property owners should make sure that their properties are in compliance with the city's sea turtle protection ordinances and ensure that artificial lighting from the property is not illuminating the beach (Sanibel Code Section 74-181-74-183, Section 126-996-126-1002).

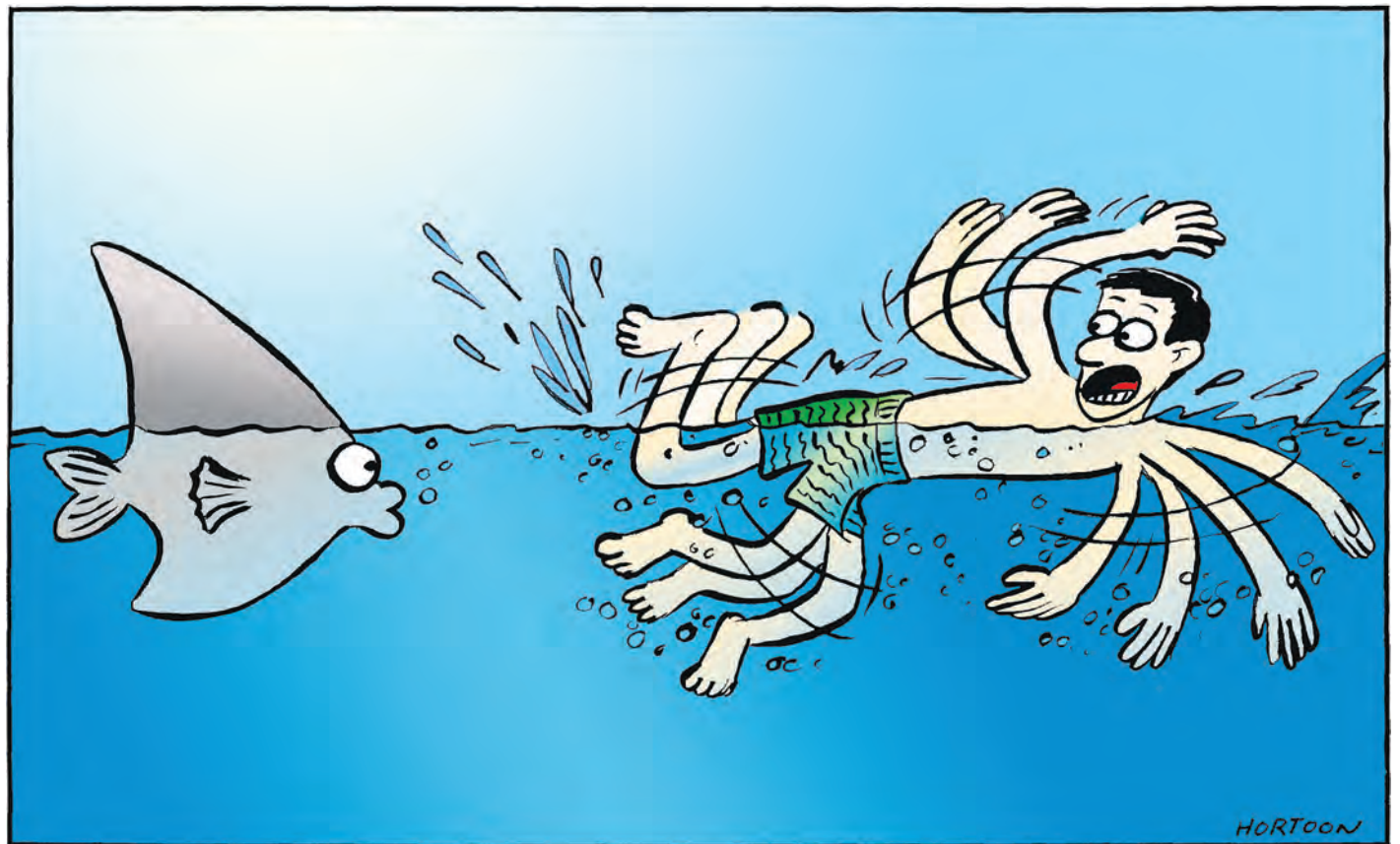
An easy way to test if your property is in compliance is to stand on the beach on a moonless night and look seaward. If you can see your shadow cast towards the water, there is too much light behind you. This light could potentially deter female turtles from nesting or disorient hatchlings as they emerge from the nest.

We look forward to another successful sea turtle nesting season and hope to uphold Sanibel's reputation as having one of the darkest and most "turtle friendly" beaches in the state. We ask for your continued compliance with city's sea turtle protection ordinances and remind all residents and visitors that violations of these ordinances may be subject to city, state, and/or federal fines and penalties. Violations should be reported immediately to the Sanibel Police Department at 472-3111, Sanibel Code Enforcement, 472-4136, or Natural Resources at 472-3700.

For more information regarding sea turtles on Sanibel, visit the City's website at <http://mysanibel.com/Departments/Natural-Resources/Protecting-Our-Beaches/Sea-Turtles>.



HORTOONS



Top 10 Real Estate Sales

Development	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Barefoot Beach	Bonita Springs	1997	6,488	\$4,100,000	\$3,600,000	308
Imperial Shores	Bonita Springs	2006	4,913	\$2,499,000	\$2,300,000	34
Tanglewood	Sanibel	1967	1,824	\$1,595,000	\$1,250,000	76
Creekside	Bonita Springs	2000	3,717	\$1,450,000	\$1,450,000	53
White Heron Subdivision	Sanibel	1995	2,540	\$1,395,000	\$1,200,000	13
Creekside	Bonita Springs	1993	4,157	\$1,249,000	\$1,050,000	463
Not Applicable	Fort Myers	2015	3,069	\$999,990	\$934,000	51
Sanibel Estates	Sanibel	2003	3,073	\$949,500	\$885,000	16
Cape Coral	Cape Coral	2001	2,970	\$834,900	\$832,000	5
Beachview Country Club Estates	Sanibel	1981	2,137	\$749,000	\$700,000	129

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