

Volume 16 Number 9
May 2006

THE BRIDGE

THE MAGAZINE OF THE JUNIOR LEAGUE OF BOCA RATON, INC.

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THE BRIDGE

MAY 2006/VOLUME 16 NUMBER 9

THE COMMUNICATION BRIDGE BETWEEN THE JUNIOR LEAGUE
 OF BOCA RATON, ITS MEMBERSHIP, AND OUR COMMUNITY.

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THE JUNIOR LEAGUE OF BOCA RATON, INC. IS AN ORGANIZATION OF WOMEN COMMITTED TO PROMOTING VOLUNTARISM, DEVELOPING THE POTENTIAL OF WOMEN AND IMPROVING THE COMMUNITY THROUGH THE EFFECTIVE ACTION AND LEADERSHIP OF TRAINED VOLUNTEERS. ITS PURPOSE IS EXCLUSIVELY EDUCATIONAL AND CHARITABLE.

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Dorothy & Debbie Abrams

President's Perspective

I can't believe this is my last President's column . . . what an incredible year JLBR has had! We have raised nearly \$300,000, spent about 5,000

hours volunteering in the community and had a pretty good time doing it! I wrote back in November that the best way I can deal with difficult or sad times is by expressing my gratitude. So in an effort not to be sad that this year serving as President is ending, but to celebrate and be thankful for all the things that made this year such a wonderful experience, here I go...

Thank you for the opportunity to lead this organization that I love. Thank you for the best seat in the house. I have enjoyed being able to work with nearly every committee and council firsthand. I have loved getting to know so many of you. Thank you for the opportunity to be involved in extraordinary projects and events as well as lend a hand to the everyday workings essential to our success. Thank you to each one of you who showed up and participated with enthusiasm and dedication for your committee work and every DIAD and fundraiser shift. Thank you for putting your best talent and passion into your volunteer work. Your commitment is what makes JLBR strong and puts the muscle behind our tagline, "*Women building better communities.*" Without your follow through, our mission is just words, and words get their power from the action associated with it. Some of you may not be able to recite our mission verbatim, but I think you know the essence of it because of the time you've spent and the experiences you've had volunteering with the JLBR.

Last May, I spoke about the 35-year legacy JLBR has of identifying unmet needs in our community and meeting those needs with fundraising, trained volunteers and inspiring shared solutions. We are part of a continuum of service that extends beyond the women we see at a GMM or the current community projects on which we work. This 35-year history is now reflected in our "Hall of Good Works" at the Vegso Community Resource Center. Special thanks to New Members Lisa Martinez and Diane Eisinger for digging through old pictures and working with me and Lisa Mulhall, Cindy Krebsbach, Debbie Abrams and Susan Saxton to piece together our history.

This organization is great because of the collective effort of over 250 active members and 400 sustaining members. But we would be a rather disorganized lot without the steadfast day to day attention to JLBR business of our office manager Linda Donoghue, controller/bridge designer Robin Philpit, our CPA consultant Barb Phillip, *Savor the Moment* cookbook manager

Mary Lavalley and Grant Librarian Liz Locke. Not only are you so capable in what you do, but you make it a pleasure to walk into the VCRC. You bring an energy to our Community Resource Center that is welcoming and inspiring. Working with each of you at the office has been one of the best perks of my job. Thank you for the excellence you bring to your respective jobs and the guidance and friendship you offered me.

Thank you to my Board that has served with me and made so many incredible things possible this year. Thank you for laughing at my sarcastic humor, rolling with my wacky ideas and making the business of the League fun and productive. Each of you will always hold a special place in my heart as a friend.

Thank you to my presidential assistants, Caroline Angstadt and Joyce DeVita, for keeping my board wined and dined. Your combined sense of style and incredible hostess ability brought an elegance to each event you organized. And thanks to Kristine de Haseth for taking care of Ian and helping me to arrange flowers and other crazy things this year!

Thank you to Sustainers Debbie Abrams, Michelle Rubin and Kris Killip for returning to action to serve as referees and mentors in my Board meetings. I can safely speak for everyone on the Board when I tell you we all learned so much! Thank you for taking the time to share your expertise, the history and your love of this organization.

Thank you to the Governance Council. Each one of you who stepped up to chair a committee and accepted the challenge to lead - thank you! Without your day to day care and management, opportunities to serve our community projects, raise money and gather together each month would not have been organized or happened at all.

Thank you to our Legal Advisors, sustainer Sharon Rinehimer and Active member, April Alder's husband, Wayne Alder. Thank you for donating your time and expertise to keep us out of trouble and running smart.

Thank you to the Presidents who came before me. Your existence proved that I could not ruin the JLBR or die trying to meet all the demands of running this nonprofit! Your continued support and involvement inspires me, and I appreciate it and admire you for it.

Thank you to my mother and grandmother for passing on the wonderful tradition of service with the Junior League. You both were exemplary models of how to juggle the roles of motherhood, wifedom and volunteer. Thank you for showing me by example the importance of helping others and sharing my talents to support causes I believe in.

PRESIDENT'S MESSAGE

Thank you to my beloved husband and best friend, Blake, and my sweet son and the greatest joy in life, Ian. Thank you for learning to enjoy take-out dinners on Tuesday nights. Thank you for having patience while I resolved matters on the phone and checked email late into the night or early in the mornings. Thank you for being strong, loving and kind men. Thank you for inspiring me to give my best effort. Thank you for supporting me not just for the past year, but the last 10 years in Junior League. Thank you for giving me the courage to take on this role. Thank you for believing I could really make a difference.

I turn over this position, my most favorite placement I've ever had in Junior League, to a dear friend, Kathy Adkins. She is eminently capable, has an incredible eye for detail and a love for this organization that makes passing the gavel to her a very happy occasion.

If life is not measured in breaths, but rather the moments that take your breath away ... well, then I am indeed a lucky girl. Thank you for amazing me, taking my breath away with your generosity, enthusiasm, ingenuity, creativity, intelligence, thoughtfulness and 'stick-to-it-tiveness'! Thank you again for one of the most memorable years of my life. Thank you for making it 'time well spent'.

P.S. I love to write and I'm chairing the fabulous 19th Annual Woman Volunteer of the Year Luncheon (Mark your calendars for Friday, October 27th!) so this won't be the last you read from me. I look forward to continuing to work with you to improve the lives of women and children in our community.

PAST PRESIDENTS' SCRAPBOOK



(front l-r) C. Krebsbach, L. Bariso, C. Arnold, Dorothy, B. Hill, C. Toomey, Jeanne Baur, (back) C. Putman, S. Diener, Elizabeth Pankey-Warren, K. Dickenson, Lisa Mulhall, P. Damron, Betsy Owen, J. Malfitano



Kathy Adkins (PE), Carolyn Arnold



Debbie Abrams, Lisa Barison, Sue Diener



Jayne Malfitano, Barb Hill, Pattie Damron



Cindy Krebsbach, Carole Putman, Dorothy



Katharine Dickenson, Catherine Toomey

LETTER FROM THE EDITOR BY KRISTIN B. CALDER



Leala Dickenson, Christiane Head
& Kristin Calder

As Mother's Day approaches, I think back to the wee one who made me a mom, my sweet son, Harrison, who will be three this summer. He has enriched my life and changed our entire family's world. I am also grateful to have a wonderful mom and mom-in-law who are great fans and friends of each other and of me. I want to thank them for their encouragement, support and friendship and along with my dad and dad-in-law, for being patrons of *The Bridge*.

Being a Mom is sometimes a challenge, but none-the-less rewarding. April Alder's article in this issue talks about a day in the life and whether you're a mother or a daughter, you can appreciate the details.

Also in this issue, if you're like me and looking for some "R & R" soon, read about some of our own member's favorite places to go in the roving reporter's article before you make your vacation plans.

My final *Letter from the Editor* is also a letter of thanks. As this League year comes to an end, I am so proud of what our League has accomplished. Dorothy and the entire board have done an amazing job this year and I know their momentum will carry on. I'm also thankful for the experiences I've shared with so many of you. The Bridge has been a perfect place to record these achievements and memories.

I would especially like to thank Robin Philpit for all of her efforts in making this magazine such a great communication tool for our members to learn about our League's events, community projects and each other. Her work lasts the whole year through and never seems to be done – as one magazine finishes, the deadline for the next one approaches. I have to say serving on the Publications committee has been one of my favorite placements and that is in large part to Robin and our great committee: April Alder, Assistant Chair, Jennifer Critchfield, Stephanie Critchfield, Shalise DeMott, Leala Dickenson, Adriana Finvold, Christiane Head, Heather McMechan and Karen Wadowicz. I'm sure you will all agree, we had a great committee and a lot of fun putting this publication together each month.

Thanks also to all the committee representatives who wrote articles each month. Your updates kept us connected with great information. I'd like to also extend a special thanks to our feature writer Anne Henderson whose insight and humor are always entertaining and are one of the reasons we look forward to reading *The Bridge* each month.

Thanks to Mike and Candi Fitzgibbons at Cheetah Graphics for their professional expertise and printing our fine publication.

We would also like to recognize the many advertisers who have supported our magazine including Linda Gunn with the Knob Hill Group (the Pippo watch people), Art Gallery Originals, Carolyn Arnold, Psy. D., Jackie Reeves of Duck Tours of Miami, Barbara Hill of Coldwell Banker, Christine Najac of Really Good Cookies, Janie Lott, Krumholtz Orthodontics, Lawless, Edwards and Warren, Steven Alman, D.M.D., Jacqueline Morocco, D.D.S., Mary Kelly of Personal Senior



April Alder, Karen Wadowicz,
& Shalise DeMott

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Kirsten Stanley and Palm Beach Opera, Lisa Warren and Centre for the Arts and Seasons 52.

We've had a record number of patrons supporting *The Bridge* throughout this year. I would like to recognize them and again, say thank you to Kathy and Paul Adkins, April and Wayne Alder, Carolyn and Charles Arnold, Kathleen and Ronald Assaf, Carol Auerbach, Marta Batmasian, Jean and John Bourne, Sharon Sands

Budd, Julie and Tom Buser, Dora and Karl Butcher, Kristin and Glen Calder, Jane and Iain Calder, Judith and Thomas Cerberry, Patsy Chamberlain, Lillian D. Clarke, Polly Cochran, Tami Constantine, Shirley Cousins, Jennifer Critchfield, Stephanie Critchfield, Katherine DeLucca, Shalise DeMott, Mr. and Mrs. Charles Deyo, Jennifer Donn, Elysa and Scott Elk, Lauren Forbes, Gayl and James Hackett, Christiane and Thomas Head, Chris and Forrest Heathcott, Diane Hopkins, Amy Kazma, Henry and Christine Kraft, Dr. Michael and Mrs. Cindy Krebsbach, Rosemary and Ben Krieger, Wendy Kulberg, Mr. and Mrs. Lawrence Lavalle, Dorothy and Blake MacDiarmid, Emily McMullin, Janice V. Middlebrook, Camille and Charles Mohaupt, Nicole Mugavero, Lisa and John Mulhall, Lauren P. Murray-Boynton, Mary Jo and Randy Nobles, Janet Nodine, Geri Penniman, Robin and Tom Philpit, Mary Plum, Dorothy and Karl Preusse, Jason and Jacqueline Reeves, Peggy and Stephen Ruzika, Ally Schmid, Jean F. Spence, Mr. and Mrs. Edward W. Toomey, Jr., Mr. and Mrs. Edward W. Toomey, Sr., Patricia Toppel, Dorothy Weir, Dr. Michele Weizer and Cathy Younis.



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Thanks for a fabulous year and have a wonderful summer.

Cover Scrapbook Page created by Kristin Calder

A MOTHER'S DAY REVEALED BY APRIL ALDER



I was driving in my car alone, a rare opportunity, and I began thinking about the last *Desperate Housewives*' episode that I had watched on television. These precious moments of quiet thought led me to reflect upon my own life. I am a wife and a stay-at-home mother to a four-year-old son and one-year-old daughter. If you were to see me out by myself, I may appear to be similar to the character of Bree Van De Kamp (before

she started drinking.) I try to look "put together" with my hair blown out and in place, clothing pressed, and the matching handbag and shoes. When I am shopping, I might pay close attention to small details, worry too much about being appropriate and go out of my way to be polite and courteous, even when it is not warranted.

However, when I am out with my children, it is a much different story. With my kids in tow, I feel much more like the character Lynette Scavo. I am disheveled, with my hair sticking straight up from a small gooey hand running through it, food smeared somewhere on my clothing (that I am probably unaware of) and an enormous tote filled with baby gear, snacks, toys and activities. I know that on such outings I will be apologizing to a stranger for something a child did, bending over to pick-up thrown objects approximately twenty-five times per minute, and visiting the potty on every stop along the way because my son really just wants to see what every bathroom in America looks like.

I have discovered that people without children do not necessarily understand the drill. For example, the teenage girl working the checkout counter at a Bed Bath & Beyond is completely unaware of the possible consequences from her taking two extra minutes to chat with one of her associates while ringing up our items. These mere extra seconds she is taking could turn our outing into a complete disaster. My son might start to reach for just one of the hundred items that bombard you at the register. This might entail him climbing out of the shopping cart, with a loud tantrum, when I do not agree to the purchase of Floam. This might just happen, well, it has happened time and time again, not always over Floam.

Our neighbors, who are great friends of ours, do not have children of their own. They love our children and invite our family to join them out for dinner. During dinner they do crazy reckless things that we would never attempt while out with the kids. Things like ordering an "appetizer" and "dessert" are just never done with our kids. Dining out for us has become this: Which noisy, kid-friendly restaurant are we going to attempt? The question never is what food they serve, but is it the kind of place that our children will go unnoticed. We will have to know what we are going to order by the time we are seated, or at the very latest when the drink orders are taken. The attempt will be

made to eat an entire entree while it is reasonably warm. Crayons and books with the backup portable DVD player are also likely going to be needed to get us through our dining experience, no matter which restaurant we try.

Our children are not "bad." I have seen wild animals masquerade in restaurants as children and these are not our kids! We happen to have very busy children who behave appropriate to their ages. They have two speeds, on and off. Our son is in constant motion until he falls asleep and our daughter just began to walk, so she never wants to remain in one place.

I was in such a rush to become a mother; I sometimes think about our life before children. I remember what it was like to travel with a small bag on a moments notice. We ate when and where we wanted. We had breakable objects on low tables, doorways without gates, and knobs without rubber bands around them. We slept without monitors; moreover, we actually got to sleep.

To me, every moment of motherhood is not necessarily rewarding. I worry all of the time about my children and question my decisions constantly. I am always running on coffee with too little sleep. But when those special unplanned moments happen with our children, it makes everything else pale by comparison. When I walk into my daughter's room every morning, her face lights up - it is worth it. As I make eye contact with my son when he notices me standing there in the hall of his school waiting to pick him up, he always has the same twinkle in his eyes, as he says, "That's my Mommy." I melt every time.

My favorite time of the day is after they have had their baths and are playing together in the family room. They might be stacking blocks together or running trains across the floor, but as I watch them, they occasionally look up and smile at me. Suddenly I have this overwhelming feeling of fulfillment. They are happy, safe, fed, and feel loved. My son brings his sister her pacifier and pats her on the top of her head as he walks upstairs. I realize that they will always have each other. My job is to give them love, teach them as I learn from them along the way, and give them the best I have to offer. Being a mother of two has its ups and downs and has profoundly changed my life. I, without a doubt, would not trade motherhood for anything.



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SEÑORA & RHINESTONE COWGIRL ADVENTURE BY KRISTIN CALDER



Deanne Kyle of JL of Fort Myers, Kathy Adkins, Kristin Calder and Becky Irwin of JL of Fort Lauderdale

As soon as I was invited to the recent Association of Junior League International (AJLI)'s 2006 President-Elect Training Day and Networking/Governance Conference being held in El Paso, Texas with Kathy Adkins, I started thinking about southwestern food, cowboy hats and boots, margaritas and handmade pottery. My next thoughts were of all the great ideas and information I would learn as well as all the great people I would meet. These were followed by thoughts of how great I knew the brainstorming would be between Kathy and me as we focused on incorporating these great ideas into our new leadership positions within our League. I couldn't wait.

As I planned for the trip, I met a mom in my son's Gymboree class from Texas and when I told her I was going to El Paso, she asked why and elaborated to tell me it was the armpit of the state. I have traveled in and through Texas years ago, but never to El Paso. I had spent a little time online researching about the area, but still didn't know what to expect. What we actually discovered was El Paso was walking distance to the border of Mexico and about an hour's drive from New Mexico. Our hotel was right in the middle of the downtown, but we barely left our home base.

We got started right away and continued through the weekend. "Using Communications to Jump Start Your Year," "Your Leadership Role in the Association," "Lifelong Membership in the Junior League," "Community Impact" and "Strategic Planning" were just a few of the back-to-back sessions we attended.

We had a great exchange of ideas and experience sharing with Leagues as close as Fort Lauderdale and as far away as Orange County, California. Our JLBR Past Presidents have already formed quite a bond with several Presidents and President-

Elects from across the country, so we had the opportunity to continue this networking. We know they'll be great resources throughout the year because as you would imagine, we've all had similar challenges, experiences and hopefully solutions.

One of the night's evening activities was a "Dinner at the A-B Corral," a festive evening sponsored by Anheuser-Busch that included tex-mex food, a country band and a mariachi band. We were asked to dress as Señoras or Cowgirls, rhinestones optional. Kathy looked like she stepped off the pages of a Ralph Lauren ad for the southwest and I opted for the rhinestone cowgirl getup. I guess the Rhinestone Cowgirl image agreed with me because I tied for first place with my outfit, winning a great new duffel bag from Talbots, one of AJLI's new corporate sponsors. Besides the line-dancing and socializing, one of the highlights of the evening for me was chatting with 2004-2006 AJLI President Pam Newby and 2006-2008 AJLI President Sandi Kemmish. They were encouraging, enthusiastic and welcoming.

Our most adventurous moment came after almost 24-hours of nonstop sessions, minus sleep time. All work and no play makes Kathy and Kristin dull girls, right? We had a short break and couldn't resist the call of Mexico. We joined the girls from Fort Lauderdale, Fort Myers and a few other Junior Leagues and took the border trolley to Mexico. We had lunch in the town of Juarez and did a little shopping at nearby shops. It seemed like a small place, but come to find out that almost two million people live there compared to just over half a million in El Paso. The two town's downtowns are within walking distance of each other so many residents just walk back and forth after passing through border patrol. This is about all we had time to learn of our surroundings as another session was calling us back. We were glad to return to the U.S. – safe, refreshed and ready to dig back in for the rest of the weekend.

The entire conference was a memorable experience and a great introduction into what lies ahead. I'm honored and excited to follow in the footsteps of such a rich tradition that the JLBR and AJLI leaders have created and nurtured. I know that together we can help our League continue to meet its mission to help our community and the many women and children in need through voluntarism and leadership. Thanks for the opportunity.

Carolyn Cole Arnold, Psy. D., P.A.

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Dorothy,

*Wow, what a wonderful
President you've been.*

*We're happy to share you
with the Junior League,
and are amazed by the
work you do each day to
build a better community...*

We're both so proud of you!

Love, Blake and Ian

*Mommy,
I am so proud
of you!*

Love, Ian

REMEMBERING MY MOM AS A LEAGUER



My family moved to Boca Raton in 1984. While I didn't know it at the time, our move was in response to a health crisis. My Mom was twenty-nine years old when she was diagnosed with aggressive breast cancer. Then, as a four year old I was not able to comprehend all that meant. But I was aware of a sense of urgency and my parent's determination to move in order to be closer to family. My family's crisis brought the importance of faith, family, friends and community into sharp focus.

Junior League has played a major role for me since my days as a toddler. Shortly after moving to Boca my mother joined the League. Our next door neighbor, Judy Hilsmier was the President of the League and my Mom volunteered to head her Provisional Class project to raise awareness about breast cancer. Even though their class was small (15 in all) to this day we still benefit from their numerous contributions and gifts of self. My Mom often credits Junior League and her "Provisional" classmates with affording her some of her closest friends like Liska Langston. And some of the women I grew up admiring such as Debbie Abrams, who has served the League in many positions, (such as Madame President) and Marta Batmasian who continues to be a generous contributing member. Just to name a few. There were lots of League functions taking place right there at home, as well as on the rest of our street of S.W. 21st Lane: between the Hilsmier's and Robin Philpit who still lives across the street and continues to be a vital member albeit a vital sustaining member!

I grew up with a respect for the Junior League and for the contribution these ladies make in the community. Their successes continue to motivate me daily. I love to hear stories of about the "good old days in the League" and see the legacies of past projects continuing now on their own.

So when I moved back to Boca after college I knew that I would join the League. Things have changed since my Mom was an active member but one thing has stayed the same. The Junior League of Boca Raton gives me a sense of community and family just like it did for my Mom in 1984. I am so grateful for the wonderful friendships that I have in the League today, and I hope that one day I will have a daughter who will be inspired to join the Junior League also. ~ *Cristy Stewart*



I remember many long days at Singing Pines Museum, playing in the made up kitchen, breakfasts with Santa, and being recognized on all field trips while my mother, Kathy Murdoch volunteered. I also enjoyed the countless rehearsals of Hello Follies, from the back of the FAU auditorium, laughing at the likes of my mother, Beth Osborne, and Barbara Hill, while sneaking into costuming attempting to try on all the fabulous sequined outfits. (I think my Mom still has the canvas promo bag). But one of my best memories, was enjoying hundreds of recipes from EVERY Junior League cookbook ever published. ~ *Katherine Murdoch*

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SUPERSTARS LIT UP THE STAGE AT MARCH GMM BY KRISTIN B. CALDER



The March General Membership meeting was a lot of fun. I know the minutes were published last month with all the important business recorded, but here's the scoop on what really went down. The meeting followed the Academy Awards by a couple of days so Hollywood was still on our minds and with a long red carpet rolled out from the stage, we knew this was going to be a snap meeting – that's a "Hollyword" for very cool.

The stars were out in full force – all over the stage in bright yellow paper – and as Kimberly Kenney, Nominating Placement Chairman called to come forward – the 2006-2007 slate of board and councils. What a phenomenal group of women we have in our League!

There were oodles of candy and goodies including freshly popped popcorn from an old-fashioned machine and the new Tab energy drink in a pretty pink can for sampling. All of these treats combined made me feel like dancing, which was right in line with the emcee for the night, the lovely Dorothy MacDiarmid, our President and ultimate superstar.



Inspired by the Ellenesque ways of Ms. Degeneres, Dorothy dished the dirt about celebrities and Hollywood in a hilarious opening monologue.

Linda Gunn, fresh from the Sundance Film Festival, followed this up with an animated chat of celebrity life – up close and personal – through her work with Pippo watches. Keeping with the talk show format, the New Members presented their own version of "Jay-LBR Walking" quizzing the actives of their knowledge of Junior League history. Thanks to all the brave JLBR members who stepped forward to be quizzed.

The Cookbook committee, in their hats and aprons, read "The Top 10 List of Reasons to Own *Savor the Moment*" and convinced me to buy a few more copies to fulfill my financial commitment. A photo slide show of Chocolate Decadence played on the big screen while Reagan Such interviewed the event Co-Chairmen Michele Toomey and Kristen Ross about the sweet success of their event which raised \$51,000.

The Cookbooks committee, in their hats and aprons, read "The Top 10 List of Reasons to Own *Savor the Moment*" and convinced me to buy a few more copies to fulfill my financial commitment. A photo slide show of Chocolate Decadence played on the big screen while Reagan Such interviewed the event Co-Chairmen Michele Toomey and Kristen Ross about the sweet success of their event which raised \$51,000.

Just before the close of the meeting, everyone there recorded a segment for In the Pines North Education Center's video nomination for "Extreme Home Makeover." It was so snap!

Joanne Butcher of Project Development in Oscar ballot style got us to vote for our favorite projects we liked for next year and Michele Weizer presented checks from the Community Support Fund to some great organizations including Pet




Therapy and a very well behaved doggie that got several oohs and ahs from the crowd.

Ok, in Oscar talk, I'm sure you'll want to know what some of our members were wearing. Susan Hunter dressed as Countess Henrietta de Hoernle as part of her Hometown Histories update, Amy Brand graced the stage in a ball gown to update us on legislation issues and Dorothy sported a fabulous pink blazer with a sewn-in gray cotton hoodie for her Ellen role. Even though these

costume changes took place, I'm happy to report there were no wardrobe malfunctions.



It was a star-studded night, thanks to many superstars in our League. Thanks to Dorothy, the Internal PR committee and everyone who organized and participated in this really productive and fun meeting. I had a fabulous time!



JUNIOR LEAGUE OF BOCA RATON
"Women building better communities"

WHO WE ARE
 A group of women committed to improving the lives of children and families in the Boca Raton area since 1971.

WHAT WE DO
 Provide trained volunteers and funding for community agencies and partners.

HOW WE DO IT
 Proceeds from fundraising events and grants are given back to the community.

OUR IMPACT ON THE COMMUNITY
 Total Membership of more than 700. Last year the Junior League of Boca Raton members provided more than 5,000 volunteer hours and raised more than \$500,000 over the last two years for grants to our community partners while helping 147,000 women and children in South Palm Beach County through our placements and collaborations.

SUMMER GROOVE BY LEALA DICKENSON



Now that we are in the process of getting over spring break, and planning what fun to have this summer, the Roving Reporter (RR) wanted to know where to get your summer groove. So, this month the RR asked members, "What was your favorite summer vacation or memory and why?"

One summer in college I spent some time taking classes in Italy. After my courses ended, my Mom met me and we spent a week in Porto Santo Stefano on the Italian coast. Both of us immediately fell in love with the area - the charming town, delicious food, and friendly people. After dinner one evening we were walking back to the hotel and we noticed a crowd gathered by the water. When we asked what was happening, a local informed us that it was Stella Maris Day. To honor the day, fishermen place thousands of little, colored wax cups bearing candles into the sea protecting the Holy Virgin and Child. I'll never forget the hundreds of lights floating off into the night. What a sight! ~ *Stephanie V. Critchfield*

When we were growing up, each summer we would spend a week at Calloway Gardens in Pine Mountain, Georgia. We would stay in a cottage and schedule our vacation with other families that we grew up with from our temple. Calloway Gardens offered a "summer camp" for adults and kids of all ages. My favorite activities were water-skiing (with the Masters

participants), circus activities with the members of the FSU Flying High Circus (who also served as counselors) and the all day white water canoe trips. ~ *Michele Weizer*

While I was pregnant with Ryn, we took a cruise from Nice, France stopping along the Italian coast in Corsica, Sardinia, Florence, Elba, Portofino and then on to Rome. The trip also included a stay in Switzerland, Scotland and London. From visiting my husband's ancestors "castle" (now a state museum) in the French Alps, eating cheese fondue in Geneva with views of Evian in the distance, touring small exotic ports, buying art in Florence from an American artist featured on the *Today Show*, savoring the quaint setting Portofino offers (If I run away from home that is where you will find me), getting moved as overflow from the castle Madonna got married into a small Victorian B&B near the Loch Ness monster's home, visiting the Old Course at St. Andrews just weeks after Tiger Woods conquered that institution, taking a haunted ghost tour of Edinburgh and finally touring London via their distinctive taxis during an unusually clear 80+ degree days made that 16-day, 5-country trip the very best I have ever had or will ever have! ~ *Robin Deyo*

My favorite childhood vacation memories are family vacations to High Hampton Inn in North Carolina. My parents took my sister Jill and me there twice a year -- just after Christmas and again over the summer. The fun started during the drive from Boca to Cashiers and continued at the beautiful inn. This is the



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JLBR President 1993-1994
Sustaining Advisor to the Board 2004-2005

SUMMER GROOVE CONTINUED FROM PAGE 12

place where my sister and I learned to fish, swim in the lake, sing songs by the piano and to have our first taste of independence from our parents. One summer Jill and I went to horseback riding camp across the property while my parents enjoyed relaxing days filled with golf and peace and quiet. Camp wasn't all fun and games -- we also had to clean the stables and other campers short-sheeted our beds -- but you can't beat the happy memories. This summer my mother wants to take all of us there again and I can't wait to share those experiences and memories with my daughters! ~ *Stacey Hannan Quinn*

For the past three summers my husband, Blake, has been the Director of the Junior Sailing Program at the Southport Yacht Club in Maine. This is not a camp, but a day sailing program. He is responsible for 200 children between the ages of 8-18 out on the water! There is no place Blake is happier than sailing on the coast of Maine. Since he was eight years old, he's spent nearly every summer sailing in Maine. Our 7-year-old son, Ian, is following in his father's footsteps. He loves hanging out with all the kids and the sailing equipment. He's learned so much about sailing that he's already in his second year in the program. He thinks he's a big dog spending afternoons hanging out in the coach boat with the college aged instructors. You're probably thinking that surely I must sail, too, right? Ew! I don't enjoy it at all. It's cold, wet and I get seasick. I sit on the beach right next to one of the most picturesque lighthouses basking in the sun watching my boys bob around on the water. It's a wonderful two months where the three of us

unplug from the hectic pace of life in South Florida. We reconnect with our summer friends, enjoying cocktails and lobster, boat outings and sunset cruises. I'm looking forward to going again this summer! ~ *Dorothy MacDiarmid*

Cape Cod! My memories of wandering the dunes, walking on the boardwalks and enjoying low tides that stretched for miles into the bay. Simple but so fantastic! ~ *Lisa Dalberth*

My parents always took my brothers and me on educational trips. They took us to Washington, D.C. and through all the monuments; Williamsburg, Virginia where we got to dress up like colonials and participate in history; the U.S.S. North Carolina where we toured an old warship and Myrtle Beach, South Carolina for an old-fashioned oyster roast. So it was education mixed with fun. To this day my brothers and I still reminisce. ~ *Stacy Lovit*

My family traveled to San Francisco, California when I was in the 5th grade. My favorite and most memorable sights were Alcatraz, Lombard Street, the Japanese Tea Gardens and Golden Gate National Park. ~ *Mary Gentile*

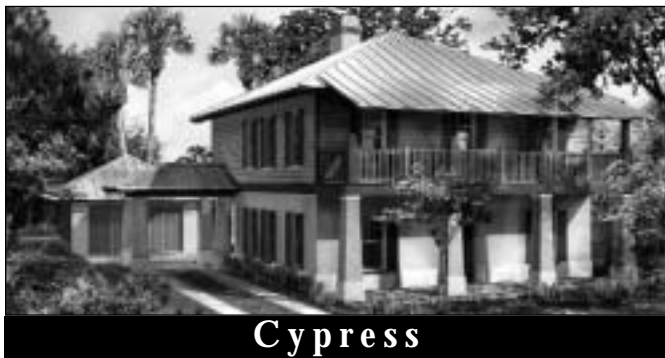
My fondest memories of summer vacation was my Summer Camp. ~ *Anne Morgan*

My favorite was Hawaii -- Maui more specifically! Great vacation with family. ~ *Anonymous League Member*

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GOOD READING BY REAGAN SUCH & LARA CARTER



The League year is coming to a close. You have the summer off from League activities so you will have some extra time - no committee meetings, no General membership meetings. Won't you miss

that interaction with these ladies? Two years ago many of us were wondering what to do for the summer. We needed a fun activity. We also felt we needed to read more, so we combined two ideas and started a Book Club.

One May evening twelve women met at someone's home to discuss the idea. We all introduced ourselves, as it was an eclectic group. Over margaritas and a nice Mexican feast we discussed what we have read and what we want to read. We chose a book and date for our next meeting. It would be a picnic on the beach, to go with the theme of the book, and everyone would bring a dish to eat or drink.

It was fabulous. Most of us were not a big fan of the book we read, but the discussion went elsewhere, the wine flowed freely and we all had a great time. We chose another book, a date and restaurant for the next meeting. It has now been almost two years, our group has grown to over twenty women, League and non-League members, and it is an evening we all look forward to each month. Our group has become a close-knit group of fabulous friends.

I love my book group so much, I think others should join such a group, or better yet start your own. Here is what you need to do - find someone to be the group organizer. This may be you. Your job is to be the organizer and decision maker. First recruit a few friends, three or four is enough to start. Encourage them to invite a few friends. Set a meeting place and time. You can have your first meeting like we did, as a social event so everyone can become acquainted. Everyone should bring suggestions of books they would like to read. Propose the book to the group, then the group chooses. Set a date and place for your first book group discussion. (You may set a calendar of dates for a few months at a time, with corresponding books.) The

group leader will be the "final" decision maker on books and places to meet, based on the group's input.

You will need to set a few guidelines. We go to a restaurant one month and someone's home the next. (If a hostess is not confident in her cooking skills, we all bring a dish.) We also like to theme the restaurant to the book to add a little something. That way we get to go to new and different places around town. (Our May meeting will be at Season's 52.) When it comes to choosing books, we try to stick with paperbacks. This means no newly released books. There are so many great books out there that this is not an issue. We also like to vary the genre. One month we may read a history, such as *Devil in the White City*, the next month we read something fluffy, like *Bergdorf Blondes*. We try to vary the selection and make everyone happy.

You may choose to have a discussion leader for each book. This person would have an explanation of the book, perhaps a biography of the author, and pertinent questions and facts to help lead a productive discussion. Just asking if you liked it is not always enough. Make sure everyone gets to speak and it is fine if you stray off topic.

In our group everyone does not always finish the book. We all have busy months, or you may put the book down due to lack of interest. Those people are still quite welcome to have dinner, drink some wine and enjoy the company. Some discussions last a while, and others are over in five minutes. Either way everyone has a nice evening with the girls based on a common topic. Everyone always has a fabulous time. We have been known to close down a number of restaurants, and maybe continue on the evening elsewhere. (We have forgotten about the book at this point.)

The point is that we have fun. We are all women who feel we need a little more intellectual stimulation in our lives, or more time out with friends. Our group is not strict on the rules or the reading. We just want to enjoy ourselves. So go out there and get your own group started. BUNKO, wine tasting, whatever excuse you need to get together with the girls for one guilt free night a month. It will strengthen your current friendships and you will meet new and interesting people that you may not meet any other way. As for us, we will be reading on, I can't wait to see what book we pick next.

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OUR “DARJEELING” GINGER ARMSTRONG BY MELINDA DEHOFF



Our April Member of the Month is on the Fund Development Committee this year. As you know, Fund Development is responsible for planning events and openings in which the proceeds come to JLBR. The success of these events leads directly to the impact we have on our community. The more successful the event, the more money we receive to fund our community projects.

helped make it run even more smoothly.

“It’s comforting to know that someone on your committee has everything completely under control” says Reagan Such, Chair of Fund Development. “Ginger managed this event beautifully and I had great confidence in knowing she was on my team.”

Ginger has offered “out of the box” ideas all year long to help this committee succeed. It can be tough to come up with fresh and interesting ideas, but she has managed to do that this entire League year.

Ginger Armstrong was instrumental in planning and executing the Sawgrass Designers and Darjeeling Tea. From start to finish, she did whatever needed to be done, no matter how big or small. She transported boxes of supplies to the mall, set up the JLBR table, arranged volunteer shifts for both JLBR and JL Fort Lauderdale, arranged for and organized the Chinese Auction, and handled the money and credit card sales. She did all of this without “breaking a sweat.” She stayed very calm and collected during this busy event which

In addition to her League responsibilities, Ginger is married and spends much of her time with her 2-year-old daughter. She also enjoys making jewelry and writing.

Thank you Ginger for all of your hard work this year ... thank you for your great ideas, your energy, your unique perspective, and your great attitude! Congratulations on being named our April Member of the Month.

HATS OFF TO . . .

Kristin Calder and the **PR/Marketing Committee** for taking on the AJLI’s project, “Kids in the Kitchen.” Thank you for making it such a special event!

Meeting and **Kirsten Braaten Stanley, Jennie DeWolff** and the entire Membership Development committee for planning the March celebration meeting for New Members.

Robin Philpit for covering the Cookbook Office during Mary Lavalley’s recuperation from knee replacement surgery.

Faby Hooker for jumping back in during a sabbatical year to help with WVOY sponsorships.

Derinda Lewis for helping with the April New Member

CARING HEARTS

The Junior League of Boca Raton gratefully acknowledges the following people and/or companies for their “Caring Hearts:”

Michael Goodman and **Bitner Goodman PR** and the **Mills Corporation** for organizing the Grand Opening of The Colonnade at Sawgrass and donating all of the food service, gift baskets and for getting James Denton to attend.

Sandoway House in Delray Beach for hosting a community service project for the teens in Kids@Home.

Lynn University for providing students and the use of their kitchen for our Cooking Seminar.

Al Bauman and his team at **Fast Frame** in Boca Center for donating a portion of the handsome framing for the hall of good works at the VCRC. Thank you!

David Decocteu from Downtown Photo-graphy for donating his time at the May General Membership Meetings to take head shots for the Yearbook.



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MEASURED RESULTS BY ROBIN DEYO



*Kathy Adkins, Debbie Abrams & Robin Deyo
at the Tea at the Colonnade Outlets*

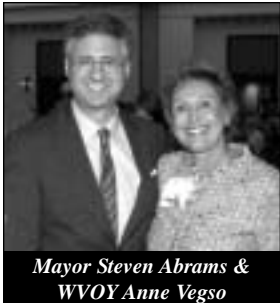
Thank you! Thank you! Thank you!

Each and every member, committee, Chair and Board Member helped the Finance Council have one of its most successful fundraising

years yet! We really appreciate your support reaching close to \$300K in funds raised.

As with any team sport, it's the players working together that gets results and our Finance Council members did an incredible job of managing their events or projects with such gusto that every single fundraiser surpassed our expectations.

Unfortunately the Boca Raton Resort & Club will not be hosting their Food & Wine event this year due to other commitments and renovations. However, they said in future years they would love to do it again with a JLBR partnership. The 2005 event ran smooth as silk thanks to Kristen Velasco, Jennifer Ryan and the committee. Their silent auction raised over \$23K with little time to prepare.



*Mayor Steven Abrams &
WVOY Anne Vegso*

Thankfully just five days before Hurricane Wilma came roaring through, Women Volunteer of the Year reached new heights with over \$160K in profit! Led by Kathy Adkins, Nicole Mugavero, DeAnn Russ and a smaller committee than normal, these focused women secured unprecedented underwriting and program ads. The event was

attended by close to 1,000 patrons who raved about the Saks Fifth Avenue fashion show. And with our fearless "soon-to-be Past President," Dorothy MacDiarmid stepping in as 2006 Chair for the Friday, October 27th event, we are confident that it will again be a fantastic fundraiser.

Our Family Portrait committee with Tibisay Vasile leading the way introduced two new photographers to this fundraiser and

added some great locations to the mix. The feedback was incredible like these excerpts from a note from former President, Lisa Mulhall:

I just have to tell you what a fabulous experience we had today with our family portrait session! The League has turned what was once a dreaded day in our family (and a source of much angst and argument) into a fun adventure with outstanding results!

Thank you for this great opportunity! I think it is time to introduce this fundraiser to the outside market and really build up the numbers!

With their final session taking place in April, the committee is right on track to make \$8K with hopes of increasing those numbers next year with more marketing to the community, churches, schools and other sources.



Kristen Ross & Michele Toomey

One of the hardest but most gratifying fundraisers this year was our first time participation in the 5th Annual Chocolate Decadence event hosted at the Shops at Boca Center on February 2, 2006.

Starting from scratch Chairs Kristen Ross and Michelle Toomey raised the bar on fundraising commitment as they led an energetic committee in this overwhelmingly successful event. Targeted to gross \$25K in profit, these ladies soared to over \$51K with substantial underwriting and ticket sales over 1,100. Now that the operations manual is fully developed for this fundraiser, we are hopeful that the next time around it will be easier and even more profitable.

Savor the Moment got a real coup this year with a contract to develop a *Chicken Soup for the Soul* series cookbook featuring *Savor the Moment* recipes, images and stories. Expected to be published in 2007, series fans are sure to enjoy ... and of course want to buy ... the full cookbook! The opportunity will bring

... continued on page 17

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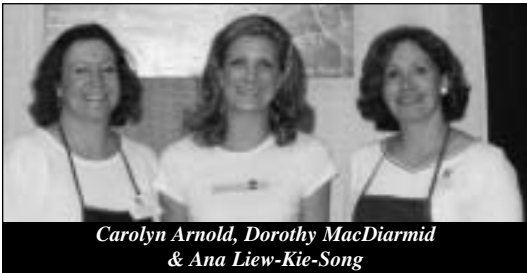
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MEASURED RESULTS CONTINUED FROM PAGE 16



Carolyn Arnold, Dorothy MacDiarmid & Ana Liew-Kie-Song

be impossible without Cookbook Manager and former President Mary Lavalley keeping our Wholesale Distributor relationships fresh and inventory tracked perfectly. Finishing out a brilliant League career, Carolyn Arnold, has led the cookbook initiative for the last two years with compassion and dedication. Getting great results from the committee's swap book program and real estate agent presentations, this fundraiser remains a signature effort by the League.



Lisa Warren, Robin, Dorothy & Kristin Calder

Fund Development! When Neiman Marcus opened their store in Boca Raton this past November, the Junior League was selected as one of four local non-profits to be beneficiaries of their Grand Opening Gala. During a breakfast hosted by the store March 10th, a check for \$40K was presented to Dorothy MacDiarmid. We are certainly appreciative of their generosity. It was a stunning affair and the Board has elected to tuck a majority of those funds away in case of an emergency or an urgent large-scale community need. Thanks to Neiman Marcus we will be ready.

Fund Development Chair and JLBR Board Member, Reagan Such and her awesome committee, also managed the March 4th grand opening tea at the Colonnade Outlets at Sawgrass Mills. Attendees were treated to selection of delicious teas, culinary bites, and *Desperate Housewife's* resident hunk, James Denton, who gave an insiders look into the TV industry. Raising over \$5K during this quick, light-resource fundraiser was just another example of how efficient Reagan and committee team players have been all year fielding request and managing results.

Through their savvy money management, The Junior League of Boca Raton Endowment Fund, Inc. will be transferring \$30K to the League on June 1st to help off set any financial drains incurred during the operations of the Vegso Community Resource Center. Their Board, led by President Cindy Krebsbach, is occupied by visionaries who are seeking additional funding while being stewards of our financial health. We

renewed interest in our book, plus royalties from the sales of the Chicken Soup book. Daily operations would

applaud their efforts!

We also couldn't wrap up the year without thanking our Finance Council support team. Controller Robin Philpit does an incredible job of managing the day-to-day bookkeeping, banking and payroll. Always available when you need help and always looking out for the League's best interest, Robin's long term commitment to the League is a dependable constant in a multifaceted organization that ebbs and flows from year to year.

Reorganizing the role of the VP of Finance brought long time member and former Board Member, Barbara Phillip to the team as our CPA Consultant. She has worked diligently to make sure our reconciliations, taxes, insurance policies and other regulations are on target so our annual audit could be done right on time. Extremely knowledgeable and a great resource, Barb has been a tremendous asset to help me further streamline our budgeting, QuickBooks system, money management and other high-level complexities.



Mary Lavalley, Liz Locke & Linda Donoghue

No thank you article would be complete without extending a heartfelt gesture to Linda Donahue, JLBR Office Manager. Whether it be taking ticket orders, sending out thank you letters, gathering event supplies, exporting mailing list or any of the other numerous tasks that Linda does on a day to day basis, we couldn't do it without her!

At the beginning of the League year, I encouraged Finance Council Chairs to run their year like they were the coach of their team and let the players go out on the field to play the game. Well I took my own advice and the players on our Finance Council team mentioned above didn't just play the game – they won the Superbowl, World Series, World Cup and brought home Olympic gold medals in my mind. It was my best year yet in the League. We really made a difference with measured results.

I can't wait to see what this next year will bring!

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FROM A COOK'S POINT OF VIEW BY MARY LAVALLE



Since this is my last article until Fall, I thought I would share with you a darling chapter in *Made in the Shade* from the JL of Ft. Lauderdale (\$22.95). Its focus is on children. All of us have children in our lives, whether it is a child of your own, grandchild, niece, nephew or the child of a friend. Ideas for activities, meals or treats are often hard to come by.



How about a lunch with Cheese Nip Chicken, "Cop-Out" Pizza Pretendo or Taco Cheese Animal Crackers. Dessert could be Cupcakes in a Cone or Sand Pail Pudding. On a slow afternoon you could make Peanut Butter Play Dough or a Papier-Mache Mask

Children can participate in the making of all of these recipes making the anticipation of eating the finished product more fun.

Cheese Nip Chicken

- Cheese cracker or Goldfish crackers
- 4 boneless skinless chicken breasts halves
- 2 cups sour cream
- ½ cup melted butter

Fill a sealable plastic sandwich bag with cheese crackers and seal. Have a child crush the crackers in the bag. Coat the chicken with sour cream. Oh boy, messy fingers. Place the chicken and cracker crumbs in a large sealable plastic bag and shake to coat. Arrange the chicken in a single layer in a greased 9x13-inch baking dish. Drizzle with the butter. Bake at 350 degrees for 30 minutes or until cooked through. Serves 4

Cop-Out Pizza Pretendo

- 2 pounds mild or hot sausage
- 2 14-ounce jars pizza sauce
- 16 ounces egg noodles, cooked, drained
- 3 cups or more, shredded mozzarella cheese
- 2 3-ounce packages sliced pepperoni
- ¼ cup grated Parmesan cheese

Brown the sausage in a skillet, stirring until crumbly; drain. Combine the sausage, pizza sauce and noodles in a bowl and mix well.

Layer the sausage mixture and mozzarella cheese alternately in a baking pan until all of the ingredients are used. Arrange the pepperoni over the top. Sprinkle with the Parmesan cheese. Bake at 350 degrees for 30 minutes. Serves 6

Sand Pail Pudding

- 2 or 3 6 ounce packages vanilla instant pudding mix

- 1 package vanilla wafers
- 1 1/2 to 2 cups confectioners' sugar
- 1 cup peanut butter
- 1 medium sand pail, or 6 to 8 (3 ounce) sand pails and shovels
- Gummy candies

Prepare the pudding mix using the package directions. Chill, covered, in the refrigerator. Process the vanilla wafers in a food processor until crushed. Mix the confectioners' sugar and peanut butter in a bowl until crumbly, adding additional confectioner's sugar as needed for the desired consistency.

Layer the peanut butter mixture and the pudding mixture ½ at a time in the sand pail or pails. Top with the vanilla wafer crumbs. Decorate with gummy candies. Serve with the shovels. Serves 6 to 8

Peanut Butter Play Dough

- 4 cups quick-cooking oats
- 2 cups flour
- 1 cup water
- 1 ¼ cups sifted confectioners' sugar
- 1 cup light corn syrup
- 1 cup peanut butter

Process the oats and flour in a blender for 30 seconds. Combine the oat mixture and water in a bowl and mix well. Knead briefly. Stir in the milk powder, confectioners' sugar, corn syrup and peanut butter. Knead briefly. May add additional milk powder if the dough appears too sticky. Makes enough for 6 to 8 people*

**Do not worry if your children decide to eat the play dough. It is edible!*

Summer is for activities and fun so enjoy every minute you can.

HERE ARE SOME FUN FACTS ABOUT FLORIDA AND COOKING TAKEN FROM MADE IN THE SHADE:

- ∞ The manatee is the State Marine Animal. Legend has it that the manatees were actually mermaids. They're large, gentle, and cute, but anyone seeing mermaids must have been at sea too long!
- ∞ The first barbecue? Juan Ortiz, a Spanish Soldier, escaped a fiery death by the Timucuan Indians that they call "barba-coa," or "barbecue" in English - something to think about when you grill your next steak!
- ∞ Robin redbreasts only visit Florida in the winter and occasionally make a meal of red berries of the Brazilian pepper. They become so intoxicated that they can sometimes be seen staggering across laws.
- ∞ The Florida Everglades is actually a large, extremely shallow river, flowing very slowly from Lake Okeechobee southward to the sea. The Everglades I called "Pa-hay-oke," or "river of grass" by the Indians.

See you in the fall.

SAVORING EVERY JLBR MOMENT BY CAROLYN ARNOLD



There are many wonderful things about being the chairman of a JLBR committee. First and foremost, it is the women that you meet and work with all year long, or in some cases, two or three years long. The 2005-2006 *Savor the Moment* Cookbook Committee was outstanding. Lucy Thein-Wiening was my co-chair. This was her third year on Cookbook, the only placement she has ever had in JLBR.

Lucy is an incredibly kind person, who always has the best interest of others at heart. As a co-chair, she is dependable, eager to work and there when you need her! Lucy and I had the good fortune to work with some terrific JLBR women this year. Emily Roberts and Morgan Criddle met in the New Member Class of 2004-2005, and instantly became best friends. They were the dynamic duo of Cookbook this year, with Emily organizing the Real Estate Project with Lucy, and Morgan supervising the JLBR Dinner Club and our New Member project. Emily and Morgan are full of personality and humor, wonderfully reliable, and best of all . . . next year's Cookbook Committee Co-chairs! Kellie Meija took her organizational skills and affinity for working with people to new heights this year. As the volunteer in charge of volunteers, she kept us sane during the long year of fundraiser shifts and averted chaos many times when things did not go as planned. Heather Borgioli is a born cook. Her love of cooking allowed her to expertly run the baking/cooking aspect of this committee, which entailed choosing recipes, organizing the volunteer cooks, and post-shift follow-up. We didn't mind dinner at her house either! If you ever want to find someone who always has a smile on her face, it's Lynne Ferrell. Always willing to lend a hand, whether it's baking, cooking demonstrations or organizing, Lynne is there. Jacqui Nicholson was a latecomer to our committee, but a terrific addition. With her career in public relations and marketing as a foundation, Jacqui was always there to give ideas and search for new avenues. Kyle Van-Hoeven is a JLBR member who has proven herself many times over. She wrote entertaining *BRIDGE* articles and did her very best, even when that was not easy to do.

Our Committee was fortunate in so many ways this year, and one of them was to be able to do a New Member Project with this year's class. Lynne Gayle, Stephanie Miskew, Diane Eisinger and Toni Gianfortuno are all New Members who joined our Committee in order to work on the 1st Annual JLBR Dinner Club. They did everything from soup to nuts, and launched an event that will be a social staple of JLBR for many years to come. They will all be wonderful JLBR Actives.

The *Savor the Moment* Cookbook Committee would be nothing without Mary Lavalle, our Cookbook Manager. She has so much League experience that no matter what the question, Mary will always find the answer. Doing everything from communicating with buyers to bookkeeping to shipping, Mary has *Savor the Moment* under control. It has been a huge relief each

day as committee chairman to know that Mary is there!

We are very proud to have worked hard and served the JLBR as *Savor the Moment* Cookbook Committee members this year. Our accomplishments include; the Real Estate Project, whereby we promote STM to realtors to use the book as a closing/thank you gift, promotion of the book through community sales, such as events and street fairs, facilitation of the Chicken Soup for the Soul Project, which will take place in 2007, sales of STM and other Junior League cookbooks to our membership, and continuing exposure of the book through the JLBR Dinner Club.

It has truly been a pleasure to have served as chairman of the Savor the moment Cookbook Committee for the past two years. There is always something to be gained from being a League member, and from this experience, I not only learned a great deal, but had a fantastic time doing it. Thank you!

Here are some summer recipes for you to enjoy:

Barbecued Ribs - Serves 8

- Ingredients:* 1 onion, sliced
 5 pounds baby back ribs
 salt and pepper to taste
 1 (14-ounce) bottle tangy catsup or chili sauce
 1/2 (12-ounce) bottle horseradish sauce
 1/2 cup packed brown sugar
 1/4 cup Worcestershire sauce

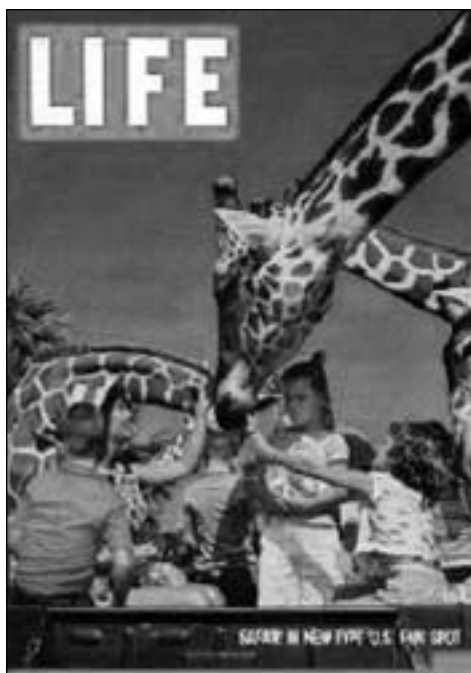
Procedures & Notes: Spread the onion slices in a 9x13-inch baking pan. Sprinkle both sides of the ribs with salt and pepper and arrange over the onion. Cover with foil. Bake at 350 degrees for 2 hours. Combine the catsup, horseradish sauce, brown sugar and Worcestershire sauce in a bowl and mix well. Spread over the ribs. Bake, uncovered, for 1 hour longer.

Gold Coast Potato Salad - Serves 8-10

- | | |
|--------------------------|------------------------------------|
| <i>Ingredients:</i> | |
| <u>Jalapeno Dressing</u> | <u>Salad</u> |
| 2 jalapenos, seeded | 3 pounds Yukon Gold potatoes |
| 1 garlic clove | 2 cups fresh corn kernels |
| 1/2 cup cilantro leaves | 1/4 cup olive oil |
| salt and pepper to taste | 1 red bell pepper, chopped |
| 1 cup olive oil | 1 large bunch scallions, julienned |
| | 1/4 cup chopped parsley |

Procedures & Notes: For the dressing, chop the jalapenos, garlic, cilantro, salt and pepper in the food processor. Add the olive oil gradually, processing until smooth. For the salad, boil the unpeeled potatoes in water to cover in a saucepan until tender. Drain and cool. Cut into quarters. Spread the corn kernels on a baking sheet and drizzle with the olive oil. Roast at 400 degrees until the edges of the kernels begin to brown; cool. Combine with the bell pepper and scallions in a bowl. Add the potatoes and chopped parsley. Add the dressing and toss to coat well.

JLBR 2005-2006 SCRAPBOOK



JLBR 2005-2006 SCRAPBOOK



ENDOWMENT, ENDOWMENT, ENDOWMENT BY CAROLYN ARNOLD



One of the greatest things about the Junior League of Boca Raton is that when we say that we will do something, we do it! When the JLBR membership decided to pursue the dream of building a community resource center, we did it in the most professional and organized fashion. We formed task forces and focus groups, researched other Leagues and organizations that built or own

headquarters, recruited the best volunteers, hired great professionals, formed a campaign board, bought property, met regularly to establish timelines, goals and monitor progress, raised the necessary funds, broke ground, built a building and forever established the Junior League of Boca Raton as a premier organization ready to serve the community in the most comprehensive way. Well, the tradition of accomplishing tasks in a professional and organized fashion continues with the Junior League of Boca Raton Endowment Fund, Inc. Board of Directors. The group consists of Active and Sustainer JLBR members who bring a wide range of experience. We are savvy financial investors, seasoned fundraisers, JLBR Board members and a significant number of past JLBR presidents. It is a dynamic group, to say the least!

Over the past League year, the Endowment Board of Directors has overseen the finances of the Endowment Fund, which is professionally managed. We have closely monitored the investments and strategies, to assure that our Fund will grow. We

have planned events to acknowledge donors and are busily working on ideas for new growth of the Fund and new opportunities for donors. The Endowment Fund Board of Directors carefully considered the relationship between the JLBR and the Endowment, and each year has and will proudly give money to JLBR for their use with building maintenance and other projects. The relationship between the Endowment Fund and the JLBR is working beautifully, and we have the dedicated Board members to thank!

Please consider making a donation to the JLBR Endowment Fund. It is a wonderful way to honor someone, acknowledge an important event, or simply make it a choice to give because you know that it fulfills a need in our community. Whatever your reason, it will be a donation that lasts for a very long time. If you have any questions, or know someone who would like to learn more about the JLBR Endowment, please go to JLBR.org – Endowment, or call 561-620-2553. As always, thank you for your continuing support!

Endowment Contributors

- Jean and Jim Walz, in memory of Carolyn Arnold's father, Richard Cole
- Sandra Dreker

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WVOY HAS A DATE! BY DOROTHY MACDIARMID



Mark your calendars - save the date Friday, October 27th for the 19th Annual Woman Volunteer of the Year Luncheon to be held at the Boca Raton Resort & Club. You won't want to miss "the largest annual ladies' luncheon in south Florida" (Boca Magazine, December 2005). This is THE kick-off of the social season. Last year, 32 volunteers from area nonprofit organizations were honored for their hard work and dedication to improving our community.

We are proud to partner with Wachovia again to present this prestigious award to an outstanding woman volunteer in our community. Plans are underway for another spectacular luncheon and program, complete with plenty of champagne and another dynamite Saks runway fashion show featuring St. John, fabulous raffle prizes and delicious lunch inspired by our award winning cookbook *Savor the Moment*.

Please tell your family, friends, neighbors, co-workers, and any other fabulous people you can think of, about this wonderful event and help us reach our goal of having more than 1,100 people in attendance this year. This past year we had more than

1,000 attendees and raised more than \$150,000 for JLBR's community projects. It was a fantastic event thanks to our hard-working and dedicated committee, and of course the generous support of our underwriting friends and businesses and in-kind contributors.

We need your help again this year with raffle prizes, gift bags items, table hostesses, sponsorship and underwriting. These are great opportunities to fulfill your Financial commitments. If you or someone you know is interested in contributing to the event, please contact Dorothy MacDiarmid at dcmim2@aol.com.

But you don't have to wait until October to begin the fun! Join me at our Annual May Dinner meeting on Tuesday, May 9th where the 2006 Junior League of Boca Raton Woman Volunteer of the Year Nominee and Honorary Chair will be announced that evening. You won't want to miss this exciting announcement!



FUN PHOTOS WITH MY EXTENDED FAMILY BY LISA HARMER



Family Portrait Day finished up its great year with a final spring photo weekend. Any who wanted got one last shot at some great pictures. While I had taken a photo session in the fall with my family and loved it, I wanted to do a shoot that was personal in a different way this spring.

I have four lovely and unique girlfriends who are as dear to me as my own family. I call them my "Sex and The City" friends. I'm sure to most of you that explains everything! These ladies have been with me through lots of happy times, sad times, holidays, pregnancies, personal problems, kid problems, career changes and just day to day life. In a nutshell, they are my extended family and they each mean the world to me. Their friendship is a huge part of my life. No doubt, all of us have several such people in our lives.

Each year at Christmas we do "Secret Santa" and exchange gifts. This year we decided to give one another a unique present and have pictures taken we could cherish forever. Especially when we get old (older) and want to look back and remember the good old days. We figured we could have some fun, get some great photos, and most importantly support our wonderful Junior League at the same time.

This past weekend we all met at Camino Gardens and had the time of our lives. Our incredible and very talented photographer, Sherry Ferrante, came up with so many great and fun ideas and took some individual photos for the girls as well. The girls all had fun and felt so good to be supporting our great cause at the same time. It surely was a "win win" for all.

It's nice to realize that just because we may be single in the League, as many are, we can still take full advantage of this unique fundraiser and enjoy doing so. All of us deserve some nice memories in pictures.

So remember, this is an opportunity for everyone, not just families. It includes all of us and our extended families. Think about it and perhaps next year we can find new opportunities to be supportive of this quickly growing and very successful fundraiser.

It's been such a wonderful year and all of us on this committee had such a super time working together. We thank all of you who participated for your support.

How far you go in life depends on your being tender with the young, compassionate with the aged, sympathetic with the striving and tolerant of the weak and strong.
 . . . George Washington Carver

A YEAR OF GROWTH BY KATHLEEN RHODES



Welcome to all new JLBR members! We want to invite you to come in for a personal tour of the Vegso Community Resource Center's library at the Junior League office. The library is part of a nationwide network of reference collections providing helpful materials on foundations, fund raising and individual scholarships. Our library also offers a special section of support materials and resources for caregivers. If you volunteer for your children's school or have a pet cause (including the Junior League of course!), it is a wonderful resource.

The Vegso Community Resource Center committee is celebrating a fabulous year of development and growth. We are proud to have expanded our reach throughout South Florida and wish to thank the following community partners in helping us to provide an incredible library and invaluable trainings targeted to local nonprofit organizations: Debbie Abrams, Agency Certification Initiative, Michelle Brown, Center for Nonprofit Excellence, City of Boca Raton, Community Foundation of Palm Beach & Martin Counties, Inc., Jeannie Deschesnes, Alexandria Douglas-Bartolone, John Foley, Jerry Frenz, Donors Forum, Executive Services Corps, Institute for Community Collaboration, Inc., Bob Irving, Lauren Kanter, Linda Raybin, Robert Molleda, National Weather Service, Nonprofit Resource Institute, Rich Pollack, Doug Pugh, Schmidt Family Foun-

ation, South Florida Regional Planning Council, Julia Trevarthen.

In-house, there are four special women who deserve an ovation: Tish Boswell, Cindy Krebsbach, Liz Locke, and Linda Donoghue. Tish was the committee's grants guru – while working from Miami as a non-resident member! As our Sustainer Advisor, Cindy provided invaluable guidance. We nominate her for Sustainer Advisor of the Year! Liz went above and beyond, working to build the Resource Center's library, train library patrons every Tuesday and Thursday for the entire year, AND design and present special workshops for community organizations throughout Palm Beach County. Linda Donoghue, true to form, has been a wonderful asset as well, fielding questions and RSVPs from hundreds nonprofit organizations and workshop attendees over the year.



"Getting the Most out of Your Volunteer" Training given by Debbie Abrams

HOMETOWN HISTORIES' FIRST YEAR BY SUSAN HUNTER

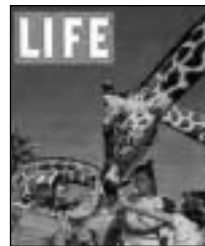


Hometown Histories has had a productive first year. We have developed from an idea into a working, functioning committee. We have put in lots of hours and lots of ideas and have created a program that will benefit all 4th graders in Boca Raton. We are very excited about this program and look forward to seeing it in action next year.

Here is some of the information we have found:

- * Boca Raton was part of Dade County until 1909, when the county of Palm Beach was formed.
- * Boca Raton became an incorporated town in May of 1925.
- * In 1926, the "chief of fire" was paid \$12.50 a month and the men who helped put out the fires were paid \$4.00 per fire.
- * In 1905, the population of Boca Raton consisted of six resident families and in 1923 the number of resident families only increased to twelve.
- * The first elected mayor of Boca Raton was John Brown.
- * Butts Road is named after the Butts Family, who owned one of the largest bean farms in Florida.

- * The neighborhood of Camino Gardens used to be the home to one of the first animal parks, Africa USA.



As committee chair, I would like to thank all the people who made this committee a success. First, Robin Deyo needs a round of applause for helping us acquire our laptop, creating our beautiful logo, and bringing all the energy and ideas she so willingly gave to us. Next, I need to give a big hug and thanks to Melinda DeHoff. Without her help this year, I know this committee would not have been a success. She kept me on my toes and made sure everything was going smoothly. Third and definitely not last . . . I need to give a big chocolate kiss to Suzanne Spinelli and Leslie Jackson. Suzanne and Leslie were there, offering creative ideas, help, and support whenever I needed it. Suzanne wrote the wonderful skit performed at the January General Membership Meeting and Leslie did so much research for the PowerPoints.

Special thanks to the Boca Raton Art Museum and the Boca Raton Historical Society for all the ideas and information. All of you . . . thank you so much, from the bottom of my heart.

COMMUNITY SUPPORT FUND BY MICHELE WEIZER



The Community Support fund completed its budget with awarding the following four grants: The Haven, Inc. is an alternative home for boys aged 11-18 referred by the Department of Children and Family Services and other child welfare agencies. The Haven provides structured daily activities designed to achieve balanced and enriched living, provides individual and group counseling, tutoring, recreational, spiritual and cultural events, offers mentor programs, and life and work skills development. The Haven was awarded a \$2500 grant to help start a new program entitled, Turning Point Program. This is a transitional program addressing the gaps in service for boys turning 18. The program will be working with Turtle Nest Village and Kids at Home in order to prevent duplication of services. The program will assist young men in securing housing, provide an initial stipend for living expenses, assistance with a bus pass for transportation, pairing with a life coach and require enrollment in vocational school or full time employment.

The Children's Place at Home Safe, Inc., an organization at protects abused children fulltime, has awarded a \$1000 grant to install a white picket fence and entrance walk as part of the final phase of landscaping at the home. Children's Place at Home Safe was a signature JLBR project that now functions independently.

The DeVos-Blum Family YMCA of Boynton Beach was awarded a \$1000 grant to help assist the after school scholarship assistance program. This program provides structured after

care activities in a safe environment. It includes SPARK (Sports Play and Active Recreation for Kids) and SWIM (Safe Water Instruction Module) and is available for children in need.

Last, Spanish River High School was awarded a \$500 grant in support of Project Graduation, a chaperoned, alcohol-free party for graduating seniors.

The Community Support Fund has helped many organizations in need this year. The following is a summary of how the Junior League of Boca Raton 2005-2006 has helped important non-profits in our area:

\$2500 Grant Recipients

- Boca Raton Historical Society
- Florence Fuller Child Development Centers
- Little Smiles, Inc.
- The Haven, Inc.

\$1000 Grant Recipients

- Palm Beach County Youth Orchestra
- Pet Therapy of South Florida, Inc.
- The Children's Place at Home Safe
- DeVos-Blum Family YMCA of Boynton Beach

\$500 Grant Recipients

- Olympic Heights High School
- Spanish River High School

A LOOK BACK ON KIDS@HOME BY MICHELLE REIDER



Although the formal JLBR year is coming to an end, our committee will continue to work with Kids@Home throughout the summer. To that end, if anyone has any brand new or gently used items to be donated, please think of us! We also are in need of trash bins and cleaning supplies. We have been busy moving furniture and small household goods out of the storage unit

and into the kids' apartments. The teens have been so appreciative of our help. Once you see how bare their places are, it becomes very clear how much they need our support. Please contact Cynthia Muench or me, Michelle Reider, if you would like to help.

Our committee recently hosted this year's final Life Skills Seminar. We are so grateful to Lynn University for allowing us

to hold a cooking seminar on their campus. About 15 kids attended the event which is a bit smaller than usual but allowed for them to get real hands-on experience learning to cook! With the help of 12 student volunteers, we set up four different stations: Pizza, Salad, Soup and Cookies. The kids rotated between the stations and judging from the smiles on their faces, they had a blast! Not surprisingly, the pizza and cookie stations were the favorite. Lynn University will be posting a few photos and a small article about the seminar on their website.

JLBR's work with Kids@Home continues to be a wonderful partnership. We appreciate all the help and support we get from CEO Dan Brannen and Program Director Andria (recently promoted to Director of Development). Next year's agenda looks to be just as productive and rewarding. We plan to continue hosting Life Skill Seminars and helping kids as they transition out of foster care into independent living. Have a wonderful summer!

PIA - SPENDING TIME WISELY BY AMY BRAND



Time does pass quickly! It is hard to believe that I am sitting at my computer and looking back on a whole Junior League year that's passed by. My personal goal for the 2005-2006 Public Issues Committee

was to raise awareness about our committee's function in a fun and informative way. Not only did we include PowerPoint presentations and skits as part of our updates at the GMMs, all of our committee members took a roll in planning our receptions and writing monthly articles for *The Bridge*.

Our committee was off and running in June, co-hosting a "welcome back" reception with the Junior League of the Palm Beaches for our local legislators and project partners. The event was well attended and gave our League an opportunity to thank our Representatives and Senators for the work they do in Tallahassee. In June and July, Jamie Wicker, Debby Dersnah and I attended State Public Affairs Committee (SPAC) Task Force meetings held in Tampa and Orlando. At these meetings, we were able to meet other delegates across Florida, select participation on subcommittee and brainstorm about the Junior Leagues of Florida's agenda for the upcoming legislative session. At the fall conference held in September in Jacksonville, Jamie and I represented our League as delegates. It was in Jacksonville that we helped determine that SPAC would focus

on issues of Guardian ad litem funding, gender-specific programming for juvenile offenders and raising awareness for human-trafficking victims.

After the fall conference, my battery was charged and I was excited about sharing our issues with the general membership at the September meeting. We were also fortunate to host Jack Levine as a guest speaker who spoke passionately about his mission to help Florida's children. In January, we once again partnered with the Junior League of the Palm Beaches to host a "send-off" reception for our legislators before they left to attend committee meetings and to prepare for the March session. We held the event at the funky Leila restaurant in Palm Beach and achieved our goal of sharing our platform with some of our local reps including, Representative Anne Gannon, Representative Adam Hasner and Representative Carl Domino.

In April, Jamie and I once again traveled, but this time to Tallahassee for the SPAC Spring Conference. In Tally, we had a chance to attend *Idea-raisers* with Rep. Adam Hasner and Speaker of the House, Marco Rubio.

The year has been tremendous and energizing! I would like to thank my committee, Chair-Elect Jamie Wicker, Debby Dersnah, Jane Rea and Jillian Inmon for all their hard work and enthusiasm. We've been able to plant the seed for some great programming and are looking forward to planning a Gubernatorial Town Hall and an educational series on Human Trafficking. I definitely feel that our "time has been well spent!"

IN THE PINES - A SPRINGFUL OF POTENTIAL BY BETSY SILVERFINE



This year we decided to ask our New Members to plan a self-esteem event for the young women at In the Pines as a New Member project. It was targeted at the teenage girls and covered numerous topics such as nutrition, exercise, and online dating/safety concerns. Additionally, each of the New Members spoke about their personal education and careers. At such a vulnerable age,

we felt it was important to express the potential that each and every one of them has. There are so many great opportunities for these young women to further their education with college degrees as well as a great career. The event was held on April 8th, and was a huge success. The seminar portion of the program was followed by lunch from Offerdahls and some fun makeovers by a representative of Mary Kay. The girls left not only with gift bags, but more importantly with greater confidence in themselves. We would like to thank our New Members: Carole Boucard, Amy Erbesfield, Elise Lever, Lisa Martinez, Barbara Marsh, Trisha Miller, Kristen Cory and Jennifer Wolfe - who worked so hard on ensuring the success of this project.

Our Spring Event was held on Saturday, April 29th at Sugar Sand Park for the younger children at In the Pines. It was a fun filled day of science experiments with High Touch High Tech, and a visit to the Science Explorium. As always, the children really enjoyed their time on the playground and had fun trying out the new carousel!

In conclusion here are some parting words from our Co-Chairs, Kim Anglemyer and Samantha Vassallo: We would like to take this opportunity to thank all of the members of our 2005-2006 In the Pines committee (Jennifer Blacklock, Emily Echeverria, Ann Husvar, Elizabeth Gallo, Gae Kapral, Crystal McMillin, Denise O'Sullivan, Christiane Qualls, Laretta Raenhorst, Molly Rocha, Betsy Silverfine, and Alice Smith.) You are a fantastic group of women and we have thoroughly enjoyed getting to know each one of you. Thank you for all of your hard work, energy, enthusiasm and great ideas. Through your efforts in planning events, you have significantly impacted the lives of the families at In the Pines.

We would also like to thank our fantastic advisor, Kathy Potts. Thank you for your leadership and support. We are grateful for a successful year.

THE THRILL OF THE HUNT BY JOANNE BUTCHER



By far the most fascinating part of Project Development is the search. With great anticipation we started out the year with a call for projects. Responses trickle in and are considered, but the interesting

thing is how each of the responses morph into a more broad view of many non-profits. We ask what they need, how great their hardships may be and how the Junior League can make connections to help fill those needs. We have learned a lot about what is happening within our own League. One of the common requests we received was to create a website that is a central resource for all of our area's non-profits. It turned out, as we delved deeper, that Leticia Boswell, superstar on the VCRC committee, already had spent a year doing just that and is planning to incorporate the information with all of the programs that VCRC already has. The Families United Now Center associated with Children's Place South asked for help. Thanks to your generosity at the October

General Membership Meeting, we were able to collect books and games for the families at the Visitation Center. We spoke to people at Caridad Medical Center and from that came the "Instant Payback" donating fabric to their Healing Stitches program. A few days later in one of those "woohoo" moments, Laura McMullen called and said that she had a sewing machine and table to donate to Healing Stitches.

Needless to say, great satisfaction definitely came in finding our new project, Kids in Distress. Excitement is really building from all the new ideas being generated by this group. With Reagan Such and Jami Guttenburg in charge it is sure to be a project that creates many more "woohoo" moments for our League.

Thanks to all the members who worked so hard on fundraising to support our community projects. Merci Maggie Dickenson for the great pitch on Village Academy Readers. Thank you Jamie Wicker for recommending that we check out Kids in Distress. A special thanks to all the local non-profits that gave us such an intriguing glance at our community.

WHAT CAN BE DONE IN A LEAGUE YEAR? BY JENNIFER ROBERTSON



Every League member knows what can be Done in A Day. You get to be a part of it each year when you satisfy your volunteer time commitment via our committee. But, did you ever think about what can be Done in A League Year?

Once again this has been another busy and successful year for the Done in A Day Committee. As a committee, we provided close to 50 opportunities for League Members to volunteer their time and energy to better our community. Some of our most popular events were again Sandwich Day and Thanksgiving in A Box. Our committee also oversaw this year's Spirit of Giving Campaign. It was quite an undertaking, but it was well worth it! We spent time helping the local YMCA, Morikami Gardens, and Youth Activity Center. There were outdoor opportunities for area cleanups and a variety of symposiums, conferences, and events that we helped with, too! The Palm Beach Literacy Coalition was thrilled to have our help again this year as we planned and implemented activities in the fall and spring for the children. We partnered with the Centre for the Arts program this year to help with their live performances for local children. What a joy to see the children's faces light up as they saw live performances!

Being a former elementary school teacher it is the work with the children that I enjoy the most. I know that even the smallest amount of attention can make a difference in a child's life. In my opinion, any way that we can take time out of our busy lives to help bring some happiness to a child is time well spent.

Making a solid impact in the lives of others is what the Done in A Day Committee has been all about. In this League year we have reached out to a variety of organizations and we again have truly made a difference in other's lives, and that is what we are all about! We want to thank everyone who has volunteered this year, and we are looking forward to providing even further opportunities for volunteering and positively impacting our community again next year. Your commitment is what makes us shine! And don't forget, if you have any ideas for future DIAD events, please pass them along. We would love and welcome your input!

Although next year I am moving on to a new committee, I will always have fond memories of my time working with the DIAD committee. It has been an incredible two years, and I am still amazed at all we accomplish each League year! I look forward to volunteering my time again next year and can't wait to see what opportunities DIAD will provide for us. Watch and see what we can do together in a year!

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JLBR C.A.R.E.S. BY CARES FAREWELL COMMITTEE



Seven years ago the Junior League of Boca Raton was approached by AJLI to develop a project that would enhance the lives of caregivers in the community. Seven Junior Leagues from across the country were selected to participate in these programs and after researching several different areas, the JLBR formed what became the Caregiver Assistance Resources Education and Support (C.A.R.E.S.) committee with a focus on those who care for the elderly.

Over these past seven years the CARES committee has dedicated time to work with this population and embarked on several activities to promote awareness and support. During this time FAU also established the Memory and Wellness Center on the FAU campus and so the committee grew with the center as the Louis and Anne Greene facility was built to offer additional programs to more participants and their families. The CARES group tirelessly coordinated educational seminars on topics ranging from new medications to Medicare news and enlisted the help of various expert specialists to present the seminars to the caregivers and families. There were holiday activities for the whole family ranging from Thanksgiving feasts to Valentine's Day dances and interactive "therapy" programs from pet visits to intergenerational visits

from local grade school students. There were art classes, open houses, fashion shows, and so much more. The JLBR and CARES committee also provided access to information and resources through the Vegso Community resource library which will continue to house books on aging and caregiver assistance. CARES provided financial resources, physical assistance and most of all emotional support to families in need as they deal with the incredible pressures of taking care of loved ones while taking care of themselves.

The committee has been dedicated to increasing local awareness through publicity to get the word out to local caregivers about the centers' activities beyond just those in which the JLBR was directly involved. On April 28th the JLBR was a proud sponsor as FAU hosted Dr. Andrew Weil, world renowned physician who spoke at the FAU campus auditorium. A special sponsor breakfast preceded the informative lecture and over 2000 attendees enjoyed his presentation promoting a healthcare system that encompasses body, mind and spirit to live better longer.

And so, this "pilot" project has been truly become a committee full of caring and compassion. The work of CARES, in following the themes of the League leadership, has definitely been time well spent. Seven years later the Junior League of Boca Raton is the last of the original Leagues with this program in place

. . . continued on page 29



Reagan Such - Fund Development Chair
Lou Ann Such - Sustainer Chair

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NOMINATING/PLACEMENT - IT'S A WRAP! BY PAMELA DISHER



It never ceases to amaze me how quickly the JLBR year passes by. We officially began meeting together in September. But way before that so many of you had been so hard at work during the summer months planning committee goals and hosting the always-exciting "first committee meeting." Here we are in May and we're now hosting our "end of the year committee meetings." My how time flies ...

The Nominating/Placement committee would like to thank all of you for helping to make this one of our best years ever. We know there were many phone calls, emails and mail, but because of all that we were able to successfully place our entire membership. No easy task, I can personally assure you, as this is one active membership! We got to experience first hand how busy all of you are; whether at home, work, traveling or volunteering in other areas of our community.

We thank you for working with us as we began a new check-in process at the monthly general membership meetings. We thank you for self-nominating for leadership positions in January. We thank you for attending the last month's Placement Fair which gave all non-slotted members the chance to select their top placement choices for next year.

For our grand finale, we look forward to seeing you on May 9th for the Annual May Dinner Meeting! At this meeting, you will have the opportunity to sign your placement contracts for the 2006-2007 JLBR year. It is also the time that

we will note whether all of your JLBR requirements have been completed. We suggest you check your record at www.jlbr.org in the online directory.

As a gentle reminder, you have general membership meeting attendance requirements, JLBR annual dues payment, \$100 financial commitment, one Done in a Day shift and both a two and four-hour fundraising shift. The JLBR will be assessing an \$80.00 charge for a missed Done in a Day and \$20.00 an hour for each incomplete fundraiser shift. Be sure to complete all your requirements prior to the end of May to remain in good standing and to avoid these fees, which are in accordance with the JLBR bylaws. You can also check the www.jlbr.org for any remaining DIAD or shifts. Should you have any questions regarding your requirements, please contact your advisor.

As a committee, we would like to thank our dedicated, fearless, tireless leaders: Kimberly Kenney, committee chair and Denise Elia, assistant chair. Without their energy, organization and sense of humor we would have turned into pumpkins many midnights ago as we were still working on slating for next year. As a whole, the committee worked diligently, enthusiastically and as a team. Many friendships were made, a few cocktails were sipped and a lot of hard work was done. Had we been in the Olympics, we would've won a gold medal under Coaches Kenney and Elia!

Finally, from all of us on Nominating Placement, have a safe and fun summer! It's truly been a pleasure serving as your advisors. We also congratulate all of you on your placements next year. Let's make 2006/2007 another great JLBR experience for the history books!

JLBR C.A.R.E.S. CONTINUED FROM PAGE 28

which is a true testament to the dedication of our membership as a whole in supporting this need in our community. So while CARES will no longer exist as an official community project committee, we know that through our continued work with the aging population, caregivers and their families through DIADs and other events in the years to come – the JLBR still CARES.

We want to take this opportunity to thank all past and present CARES committee leaders, members and volunteers who worked so hard to help develop this now self sustaining project.

For more information on how to participate directly with the other supporting organizations such as the Louis and Anne Greene Memory and Wellness Center, or the Caring Hearts Auxiliary – please contact them directly.

Love, CARES (Lisa Bariso, Wanda Harrold, Karen Harwood, Jeannette Himes, Leslie Keyes)

The Junior League of Boca Raton's
 Annual May Dinner Meeting
 Tuesday, May 9th
 Social Hour at 6:00 p.m. * Dinner & Meeting at 7:00 p.m.
 at the Renaissance Hotel
 2000 N.W. 19th Street, Boca Raton
 \$40 per person - Cash Bar
 Send your check payable to:
 The Junior League of Boca Raton
 261 N.W. 13th Street * Boca Raton, FL 33432
 or Make your reservation online at jlbr.org/maydinner.asp
 Please indicate your choice for dinner:
 * Chicken Piccata * Shrimp and Pasta * Vegetarian Meal *
 RSVP by May 1st - Payment is required

NEW MEMBERS, WELCOME TO THE LEAGUE! BY KRISTIN B. CALDER



Congratulations and again welcome to the Junior League of Boca Raton. Now that you have been voted in, you are officially members of our League and we are thrilled to have you. We appreciate your sense of voluntarism, your enthusiasm to take on challenges and your ability to go above and beyond to make your projects so successful. I have enjoyed getting to know you and look forward to working with you in the next few years.

I would also like to thank the Membership Development committee for being such a fun group of ladies to work with while planning this New Member year. Together we had some great ideas that made this year exceptional. Thanks to Jennie DeWolff, Assistant Chair, Kirsten Braaten Stanley, Nancy Dockerty, Kim Flittner, Deann Joachim, Carrie Klimczak, Derinda Lewis, Brooke Liberty, Laura McMullen, Jeanne Nolan, Kimberly Presson and Kristen Velasco.

Following our theme “The Junior League Through the Years: A History of Community Service,” our April wrap-up celebration meeting highlighted the 1990’s to present including the festivities of 2001 when Deborah Brittain, the Association’s first African-American President, presided over the Junior League’s centennial celebration. Maya Angelou, Nane Annan, and Gloria Steinem, among others, addressed the members at the Association’s Annual Conference in New York City, site of the first Junior League. The Membership Development committee also prepared a special *Savor the Moment* feast for the party. What a perfect ending to a fun, productive year of learning and growing.

Looking back to the March core meeting, we highlighted events of the time and accomplishments the Junior League has made from 1970-1989. The 1970’s takes us back to disco, the “Star Wars” movie was released, the first test-tube baby was born, John Paul II became Pope, Arthur Ashe became the first black man to win Wimbledon and the Sears Tower was built. Margaret Thatcher became the first woman Prime Minister of Great Britain, Mother Theresa was awarded the Nobel Peace Prize, a nuclear accident at Three Mile Island occurred and Sony introduced the Walkman.

Throughout the 1970s, Junior Leagues expanded their participation in public affairs issues, especially in the areas of child health and juvenile justice. In 1973, almost 200 Leagues worked with the National Commission on Crime and Delinquency and the U.S. Justice Department on a four-year program seeking to improve the criminal justice system. In Canada, the Canadian Federation was formed to promote public issues among the Canadian Leagues. In 1978, the first Junior League outside North America was established in London.

Looking back at the 1800’s we remembered that John Lennon was assassinated, Mount St. Helens erupted, the Rubik’s Cube was popular, Ted Turner established CNN, AIDS was identified, Pac-Man was all the rage, personal computers (PC) were introduced by IBM, the movie “E.T.” was released, Michael Jackson released the album “Thriller,” Cabbage Patch Kids were on every kids wish list, Sally Ride Became the first American woman in space, the famine in Ethiopia took center stage, the Challenger Space Shuttle exploded, PanAm Flight 103 was bombed over Lockerbie, the Berlin Wall fell, Exxon Valdez spilled millions of gallons of oil on the coastline and students were massacred in China’s Tiananmen Square.

During the 1980’s, there were 211 Junior Leagues and the ones in the U.S. gained recognition for advocacy efforts to improve the child welfare system. U.S. Leagues also helped gain passage of the first federal legislation to address domestic violence. More than 100 Leagues develop the “Woman to Woman” campaign that actively and comprehensively tackles the impact of alcohol abuse on women. The Canadian Federation holds its first national conference focusing on violence against women and the negative impact of pornography.

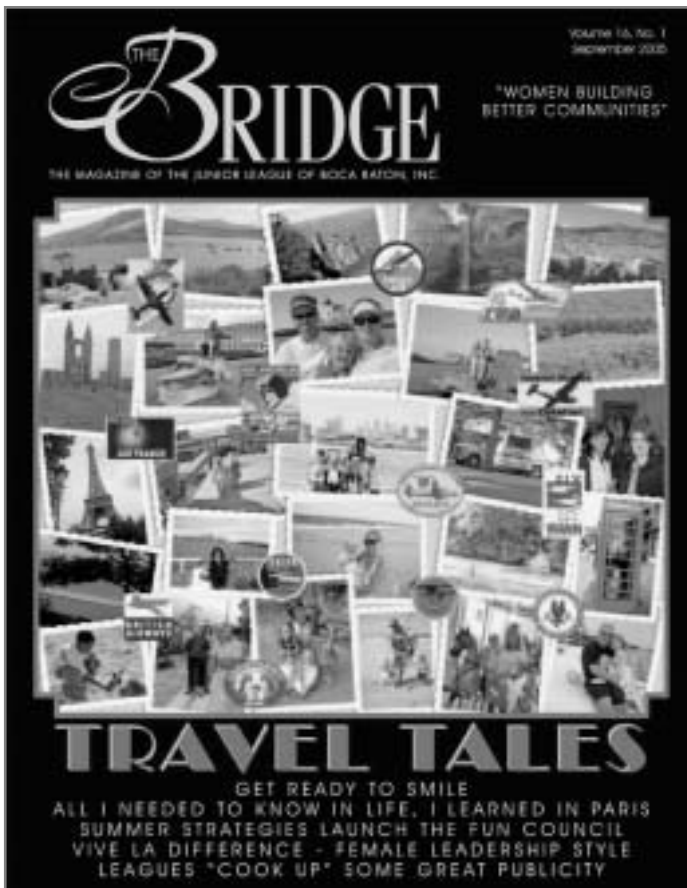
In 1981, Junior League of Phoenix member, Sandra Day O’Connor, became the first woman to be appointed as a Supreme Court Justice of the United States. In 1988, the Association officially became the Association of Junior Leagues International, Inc. (AJLI), better reflecting the international scope of the member Leagues and in 1989, the Association was presented with the prestigious U.S. President’s Volunteer Action Award.

New Members Save the Date

The last General Membership Meeting will be the May Dinner Meeting, Tuesday, May 9 at the Renaissance Hotel. You will need to RSVP and pay for the dinner prior to the meeting. Trust me, you won’t want to miss it! Remember to log onto www.jlbr.org for updates about our meetings and projects as well as photos from our events. Contact your advisors or me with any questions.



Membership Development Committee members: Laura McMullen, Kristin Calder, Jennie DeWolff, Kim Flittner and Jeanne Nolan



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For more information, please contact Robin Philpitt at the Junior League at Bridge@jlbr.org or 561-750-9036.

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The following are the advertisement rates of *THE BRIDGE* magazine. Please note that there are annual and tri-monthly discounts. Also, payment is due when ads are submitted.

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3 or more runs (10% discount):	\$45/each
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Double Business Card: B/W - vertical (3.5" x 4"), horizontal (7.25" x 2")	
Single Run:	\$100
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Annual Rate (9 issues @ 20% discount):	\$80/each
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Single Run:	\$140
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Annual Rate (9 issues @ 20% discount):	\$100/each
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Single Run:	\$250
3 or more runs (10% discount):	\$225/each
Annual Rate (9 issues @ 20% discount):	\$200/each

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Front Inside or Back Outside Cover: \$400 (single run) \$375 (3 or more runs)

Design Fee: \$35 for business card or double business card size
\$50 - half page or b/w page size
\$75 - color cover ad

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THE BRIDGE Magazine

Junior League of Boca Raton

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or fax it to 561-447-9173



SUSTAINER SCOOP BY LOU ANN SUCH



Well here goes my ‘swan song,’ my ‘Oscar’ speech, my ‘Golden Globe’ acceptance. There’s only one small problem. I did not win any of these and this is not my swan song.

Of course, it could be my swan song if one of you active, charming, charismatic, energetic, intelligent and hard-working Sustainers would like to step into

my ‘tiny’ shoes.

I accidentally fell into this job when a small voice whispered into my ear “You are the Sustainer Chair for next year.” That quiet voice came from our true leader, Marina Chaney. Seriously, I would love to have a Co-Chair for next year. You could make all the decisions, make up new games for us to play, new places for us to go, new goals for us to reach. For that matter, you don’t have to be ‘co chair’ if you have a great idea of something we should do as a group. Michelle Rubin put together a “King Tut” day which had to be tabled. That’s the kind of event any one of you can suggest. So ends my pep talk, my plea and my thank you for letting me lead you.

Now is the time when I have the pleasant opportunity to thank the Sustainers who contributed their time and ideas to make our year eventful. We wish to applaud our faithful Bridge leaders, Ely Rolfe and Jackie Johnson, our Book Group chairs, Cathy Hanson, Andrea Kornblue and Lisa Morgan, our ever faithful Dinner Group Chair, Lucille Gioia, our best Museum

Coordinator ever, Barbara O’Connell. Our Day Tripper, Michelle Rubin, House Tours lady, Caron Dockerty, our Tea Cup Grand Dames, Renee Holmes and Barbara Thompson, our Orchid Show lady, Marry Lavalle, who had to have a new knee instead of attending the show, and finally to our “Wicked” coordinators, Michele Broad foot and Diana Strickland. I am not even going to explain why those two are so ‘wicked’.

THANK YOU


The Sustainer Council has gone above and beyond the call of duty to keep us together and moving forward. Here is a brief recap of these good ladies.

- Corresponding SecretaryDenise Alman
- TreasurerDebbie Stine
- TransfersLinda Eckelson and Debbie Lepley
- Fall LuncheonBrooke Qualk and Lynn Lawless
- Spring LuncheonJulie Buser and Susan Mersch
- Queen of Hearts PartyJanet Little, Denise Alman,
LuAnn Warner-Prokos
- Queen of Hearts HostessPeggy Ruzika
- Sustaining AdvisorRobin Philpitt
- JLBR Sustainer Board MemberDebbie Abrams

Finally, Debbie Abrams served as the JLBR Board Sustainer Advisor, attending every board meeting, and generally showing up at every event, meeting etc., that the League had. Hats off to Debbie for giving all this time, having two kids at home, and working full time. And how can we forget our “jack of all trades,” Sustaining Advisor Robin Philpitt, who puts together *The Bridge*, designs all our invitations, takes care of our money matters and generally keeps me in line. Now that is a job in itself. Thank you, Debbie and Robin. Thank you Sustainer Council.

Can I do one more thank you? Of course I can, it’s my article! A serious thank you goes to Denise Alman who felt that the Sustainers could have a cause that we could contribute to with little or no time involved, but would make a difference. Forgotten Soldiers Outreach, Inc. is a not-for-profit corporation dedicated to providing care packages to our US Troops for as long as they are deployed. We collected items, gave money to send the packages, and wrote letters at the January General Membership meeting. Thank you Denise for finding such a worthwhile cause. If you would like to learn more about ‘Soldiers’, call Denise at 998-7585

Did we not have the best Queen of Hearts party ever for a bunch of old and young Sustainers? Peggy Ruzika has one again proved that she is the hostess with the mostess in Boca Raton. She and her husband, Steve, just know how to throw a party. The food and drinks, the ambience, the entertainment, and the pleasant atmosphere made for a superb evening. We enjoyed seeing new and old faces. Now before I get in trouble, I do not mean old looking faces, just ‘the usual suspects’ plus many new ones. We


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Dr. Morocco, a Junior League of Boca Raton member, is a graduate of Pennsylvania State University and Northwestern University Dental School. She completed advanced specialty training in Orthodontics at Baylor College of Dentistry in Dallas, Texas. Dr. Morocco has practiced orthodontics in the Boca Raton/Delray area since 1993.

SUSTAINER SCOOP CONTINUED FROM PAGE 32

had gaming, dancing, a ‘name that tune contest’ plus lots of eating and drinking. Our committee served double duty since we already had this planned for February. Thank you to Peggy Ruzika, Janet Little, Denise Alman and LuAnn Warner-Prokos.

Hopefully if you get this Bridge in time or if you remember the invitation you received in the mail, you will join us for our final spring luncheon at the Royal Palm Yacht club in the Marine Lounge on May 4th. Come “Sail into Summer” with us and visit with some who will be gone for the summer. We are purposely having it at the Yacht Club so that we will have room to mingle and chat, so come on down. Thank you to Julie Buser and Susan Mersch for putting this up an coming luncheon together. We know it will be fabulous with the two of you at the helm!

Can you believe we are at the end of another League year? To many of you, this is the end of another school year, which is much more important. A few of you are dreading the hot summer months and many are heading to homes in North Carolina and beyond. I envy you as I stay in Boca to sell more houses. Email me about your adventures this summer so that I can share them in *The Bridge*. I am racking my brains for some ‘words of wisdom.’ I guess you will just have to read some good

books, enjoy your summer and figure out the meaning of life for yourself. Happy summer!

May Events:

SAIL INTO SUMMER Spring Luncheon: Thursday, May 4th at Noon, Royal Palm Yacht Club, Marine Lounge: Send check for \$35.00 to Julie Buser. See invitation, COME!

Daytime Bridge: Friday, May 5th. Hostess: Eleana Armbrust

Nighttime Bridge: Tuesday, May 16th. Hostess: Susan Saxton

Annual May Dinner Meeting: Tuesday, May 9th Renaissance Hotel; 6:00 p.m. Social Hour, 7:00 p.m. Dinner. Check our web site (www.jlbr.org) or your invitation for more information. Bid adieu to our outgoing president, Dorothy MacDiarmid, and bonjour to Kathy Adkins, our new president. (Now lots of Sustainers do go to this meeting. We even have our own tables.)

Book Groups I and II: Thursday, May 11th, 5:00 p.m. Hostess: Caroline Engel RSVP 561-276-1162

MOTHER’S DAY: Sunday, May 14th. Have a happy day!

SUMMER SUSTAINER BIRTHDAYS

MAY		22 Sharon Budd	19 Suzanne Carey	16 Bitsy Fitzsimmons	16 Betty Akers
1	Roberta Jameson	24 Bonnie Koenig	20 Constance Lee	17 Elizabeth Allen	Colette Clark
2	Jane Lott	25 Mary Coleman	23 Janie Brown	18 Deanna Wheeler	16 Michelle Rubin
3	Cynthia Brown	Jane Meyers	Linda Davidson	19 Patricia Damron	Dawn Zook
	Sherry Kiefer	Anna Morgan	25 Anne Green	Joan Genest	19 Cynthia Krebsbach
	Kesia Parkhill	27 Nancy Ryder	Debbie Lepley	Dawn Morris	Ellen Malone
3	Donna Seffer	28 Anne Barron	26 Marian Brooks	20 Denise Alman	23 Constance Scott
6	Pam Begelman	31 Theresa Rey	30 Barbara Thompson	Johanna Felberbaum	Karen Sloan
	Caron Dockerty		Barbara Weprin	Jeanne Gifford	25 Elena Armbrust
	Christine Kraft	JUNE	Lynn Whitledge	22 Virginia Buck	Joan Ann Goldberg
7	Ann Rutherford	1 Gay Bridges		Martha Nicolli	26 Susie Dean
8	Anastasia Schauer	5 Susan Anderson	JULY	24 Linda Lyman	Terry Whittemore
9	Kimberlee Poulton	Julia Trevarthen	1 Julie Buser	Mary Schall	27 Julie Clasby
11	Patsy Hedrick	6 Rosemary Auclair	2 Carolyn Miller	25 Katherine DeLucca	Nancy Ingalls
12	Soozie Childers	Carole Putman	3 Jeanne Baur	Susan Saxton	28 Janice Kelley
	Barbara Hill	Cathy Younis	5 Catherine Toomey		Nancy Schmidt
	Dale Workman	8 Jackie Slatkow	8 Jill Prentiss	AUGUST	Nancy Schwaderer
13	Peggy Patterson	10 Anne Henderson	10 Cristy Fimiani	1 Jean Comly	Susan Spence
15	Susan Davis	Christine Najac	Marian Norton-Miller	Diane Lindsay	30 Lois Baker
	Lou Ann Such	12 Suzanne Donovan	Shirley Rollins	3 Kathleen Johnson	Sally Schmid
16	Katina Garcia	Candice Heydt	11 Julia Finnigan	4 Janis Keyser	31 Susie Cavalear
	Judith Hilsmier	14 Elizabeth Fishman	12 Renee Holmes	6 Karen Archer	Millicent Duvall
17	Shelly Sipp	Lesley Hackett	Patricia Moloney	Diane Hopkins	
18	Karen Billeci	15 Gail Bonani	13 LuAnn Jarvie	10 Margaret Mary Shuff	
	Lynn Lawless	16 Shelia MacFarland	Michelle Woods	13 Jane DeBoe	
20	Kimberlee Stiles	17 Gail Krumholtz	16 Linda Eckelson	15 May Andrea Goodman	

MINUTES BOARD OF DIRECTORS, APRIL 4, 2006

The Junior League of Boca Raton Board of Directors meeting was called to order at 9:20 a.m. on Tuesday, April 4, 2006, by President Dorothy MacDiarmid at the Vegso Community Resource Center. In attendance was Robin Deyo, Dorothy MacDiarmid, Kathy Adkins, Joanne Butcher, Peggy Jones, Kimberly Kenney, Emily McMullin, Michelle Rubin, Reagan Such, Kristen Calder, Stacey Hannan Quinn, Kris Killip. President's remarks: Dorothy made a motion to approve the consent agenda, second Emily McMullin. Motion passed. Personnel: Member of the Month nominations: Ginger Armstrong was nominated by Emily McMullin. Seconded Kathy Adkins. Motion passes. WVOY nominee was discussed. Community Council: Joanne Butcher gave the final results from the project development ballot. Joanne made a motion to accept the projects. Seconded by Peggy Jones. Motion passes. DIAD approval was passed during an email vote by the board for the YMCA healthy kids day. Joanne gave an update on the task force project started by Adam Hasner. The task force will have a meeting April 27th to explore involvement in foster care in Florida. This may give rise to future projects. Peggy Jones led a discussion on CSF funding. Committees with excess funds at the end of this year, totaling approx. \$8300 the council recommends: 1) \$1000. to Boca Respite Volunteers, 2) \$2500 to Women's Circle, 3) \$1675 to Twin Palms Center for the Disabled. Campo Alegre

wants to receive a direct donation from In the Pines and The Haven is not eligible for CSF funds, they may get money through Kids at Home. There was discussion about whether this should be permitted. Peggy will get rationale and exact dollar amounts from these committees and send a council recommendation to the board for approval on using excess committee funds for Campo Alegre and The Haven. Finance Council: Robin Deyo did a review of the 2006/07 budget. Walked board through the reverse funding cycle. Motion made by Robin Deyo to accept the proposed budget, seconded by Reagan Such. Motion passes. Reagan presented the final results on the fundraisers for 2006/07. The fundraisers passed the general membership meeting vote. Communications Council: Stacey made a motion to prohibit the use of JLBR communication including but not limited to The Bridge and the web site, excluding current JLBR projects, from promoting fundraising for another organization. Seconded by Reagan Such. Motion passes. Discussion about email voting for the general membership. Will investigate using online voting through the website. Next board meeting is scheduled at May 2, 2006 at 7 p.m. at Dorothy MacDiarmid's home. There being no further business, the meeting adjourned at 10:43 a.m.

Respectfully submitted by Michelle Rubin

MINUTES GENERAL MEMBERSHIP MEETING, APRIL 11, 2006

The General Membership Meeting of the Junior League of Boca Raton (JLBR) was called to order at 7:10 p.m. on April 11, 2006 at the Renaissance Hotel by President Dorothy MacDiarmid. President's Comments: Dorothy announced that the theme of the evening would be Viva Las Vegas, and announced that five bachelors would be auctioned off throughout the evening. She also noted that she would Chair the WVOY Luncheon which will be held October 27, 2006. Dorothy gave a champagne toast to volunteers who are celebrated in the last week of April. Dorothy then moved to accept the consent agenda, it was seconded and passed. Kristin Calder, Membership Development, introduced the new class of Actives. Maggie Dickenson, DIAD, noted that the remaining DIAD shifts can be used also be used as fund raiser shifts. Kimberly Kenney, Nominating/Placement, requested that each member fill out and turn in her interview sheet so that members can be placed in the coming week. Wanda Harrold, CARES, encouraged the membership to get the word out about the Dr. Andrew Weil workshop at FAU on April 28th. Dorothy introduced the Instant Payback of the evening: Comfort items for the clients of AVDA. Robin Deyo, VP of Finance, explained the highlights of the 2006 - 2007 JLBR Budget and noted that the JLBR Endowment Fund would be giving \$30,000 to JLBR on June 1, 2006 to offset the expenses of the Vegso Community Resource Center. Robin made a

motion to approve the Budget. It was seconded and passed. Robin then introduced Lynn Gayle, New Member Cookbook Project, who encouraged the membership to sign up for the April 29, 2006 Savor the Moment Dinner Club. Lara Eppert, Internal PR, introduced and auctioned off the first two bachelors. In The Pines Self-Esteem New Member Project showed a PowerPoint of their completed project. Kathy Adkins, Dorothy, Kristin Calder and Bonnie Sigel explained the Kids in the Kitchen program which is a national initiative spearheaded by the Association of Junior Leagues International (AJLI) to address childhood obesity. The actual workshop will be held on April 29th at the VCRC. Lara Eppert auctioned off the remaining three bachelors. Robin Deyo, introduced and thanked the Finance Council Chairs for their successful events: Tibisay Vasile, Family Portrait Day, Carolyn Arnold, Savor the Moment and Reagan Such, Fund Development. Melinda DeHoff announced that the Member of the Month: Ginger Armstrong. Michele Weizer, Community Support Fund presented to Dorothy a plaque from Olympic High School in appreciation of their recent grant. Kids@Home New Member Project showed a PowerPoint and explained their successful project. Announcements: the May Dinner Meeting will be May 9, 2006, tickets are \$40. There being no further business, the meeting adjourned at 8:25 p.m.

Respectfully submitted, Linda Donoghue.

TRANSITION REPORT FOR MARCH 2006 SUBMITTED BY LINDA DONOGHUE

CHANGES:

Lucille Gioia (S)
c: 561-901-4261
w: 561-391-7440

Associate Active:

Tracey Rossi
Anna Parrott

TES:

Lori Fertel (A)
Amanda Moraca (A)
Anna Parrott (A)

Sabbatical:

Karen Wadowicz

RESIGNING:

Christina Hutchison (A)
Denise Zimmerman (A)
Claudia Zuckerberg (A)
LeAnne Burns (S)

DROPPED:

Amy Asher
Sonia Djahanshahi
Michaelanne Roberts
Amy Schindler
Leslie White

**2005 – 2006 NEW
MEMBER CLASS:**

Karen Baker
Jana Notice Berger
Nicole Biscuiti
Carole Boucard
Cadey Charfen
Kelly Clark
Diane Eisinger
Lynne Gayle
Mary Gentile
Toni Gianfortuno
Joanne Golden
Susan Kaelin
Veronica Kraft

Elise Lever
Kristen Mack
Cheryl Marcus
Emanuela Marino
Barbara Marsh
Elizabeth Martinez
Trisha Miller
Martina Miranda
Stephanie Miskew
Caroline Rhine
Michele Scott
Allison Stewart
Lisa Wilson
Jennifer Wolfe

FUN PICS



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MATTHEWMAN, P.A.**

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SMART WOMEN ARE STROKE SMART BY NATIONAL STROKE ASSOCIATION



National Stroke Association's 2006 National Stroke Awareness Month campaign will focus on the "Women in Your Life," because women underestimate their stroke risk, are uniquely affected by stroke, and are more likely to be caregivers to stroke survivors as well as health care decision makers in their household. In addition, men are less susceptible to a health messaging and it is

the goal of the stroke education campaign to engage men by asking them to think about the women in their lives.

At the center of the 2006 National Stroke Awareness Month campaign, we have developed three "stroke awareness" brain bracelets, which you can order below. The slogan of the bracelets is "Smart Women are Stroke Smart" and can be given as gifts to the stroke survivor in your life.

Please join National Stroke Association by implementing your own National Stroke Awareness Month initiatives! Click on the links below to find sample proclamations, newsletter articles, speaker and lunch-n-learn opportunities, email alerts, sample editorial templates and much, much more.

If you need additional information or materials, contact 1-800-STROKES (1-800-787-6537).

What is Stroke? A stroke is the third leading cause of death in America and the No. 1 cause of adult disability. 80% of strokes are preventable; you can prevent a stroke!

A stroke or "brain attack" occurs when a blood clot blocks an artery (a blood vessel that carries blood from the heart to the body) or a blood vessel (a tube through which the blood moves through the body) breaks, interrupting blood flow to an area of the brain. When either of these things happen, brain cells begin to die and brain damage occurs.

When brain cells die during a stroke, abilities controlled by that area of the brain are lost. These abilities include speech, movement and memory. How a stroke patient is affected depends on where the stroke occurs in the brain and how much the brain is damaged.

For example, someone who has a small stroke may experience only minor problems such as weakness of an arm or leg. People who have larger strokes may be paralyzed on one side or lose their ability to speak. Some people recover completely from strokes, but more than 2/3 of the survivors will have some type of disability.

A neurologist says that if he can get to a stroke victim within three hours he can totally reverse the effects of a stroke . . . totally. He said the trick was getting a stroke recognized, diagnosed a getting to the patient within three hours which is tough.

Stroke Symptoms include:

- Sudden numbness or weakness of face, arm or leg - especially on one side of the body.
- Sudden confusion, trouble speaking or understanding.
- Sudden trouble seeing in one or both eyes.
- Sudden trouble walking, dizziness, loss of balance or coordination.
- Sudden severe headache with no known cause.
- If you have experienced any of these symptoms, you may have had a TIA or mini-stroke.

Ask your doctor if you can lower your risk for stroke by taking aspirin, or by other means.

If you think someone may be having a stroke, act F.A.S.T. and do this simple test:

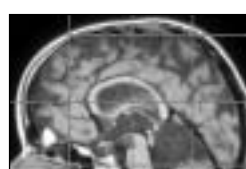
Act F.A.S.T.

1. **FACE** Ask the person to smile. Does one side of the face droop?
2. **ARMS** Ask the person to raise both arms. Does one arm drift downward?
3. **SPEECH** Ask the person to repeat a simple sentence. Are the words slurred? Can he or she repeat the sentence correctly?
4. **TIME** If the person shows any of these symptoms, time is important. Call 911 or get to the hospital fast. Brain cells are dying.

Myths

Myth.....**Reality**

Stroke is unpreventableStroke is largely preventable
Stroke cannot be treated.....Stroke requires emergency treatment
Stroke only strikes the elderlyStroke can happen to anyone
Stroke happens to the heartStroke is a "Brain Attack"
Stroke recovery only happens for a few months following a strokeStroke recovery continues throughout life



Often people don't realize they've had a stroke until the 3-hour window has passed. A new drug being offered at the Bethesda Stroke Center could mean tripling the window of treatment time to nine hours, up from three hours with current medication. The Stroke Center, long recognized as a leading regional Center of Excellence for treating stroke patients, was chosen as one of 25 test sites for this national trial for a new drug that dissolves blood-clots which inhibit blood flow to the brain and ultimately cause strokes.

LIST OF ADVERTISERS



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SMILE! Downtown Photography will be at the May Dinner Meeting to take photos for the 2006-2007 JLBR Yearbook. All Actives and Sustainers are invited to have a photograph taken (or retaken) free of charge!

PASSINGS

THE JUNIOR LEAGUE OF BOCA RATON MEMBERSHIP WOULD LIKE TO EXTEND THEIR SINCERE CONDOLENCES TO THE FOLLOWING MEMBERS AND THEIR FAMILY:

Jeanne Moran on the death of her beloved future mother-in-law, Irene Zalesky.

Susan Davis on the death of her beloved grandmother.

ENGAGEMENT

The Junior League membership wishes to congratulate Cristy Stewart and Kurt Harfmann on their engagement to be married. We wish you joy and happiness.

SAVE THE DATE
19TH ANNUAL
Woman Volunteer of the Year Luncheon
Friday, October 27, 2006
Boca Raton Resort & Club

Don't risk being dropped from membership . . PAY YOUR DUES!

SUMMER BIRTHDAYS

MAY	
2 Brooke Liberty	2 Katherine Murdoch
5 Alyson Baugh	4 Holly Studt
Lynne Gayle	5 Christiane Head
Jennifer Wolfe	6 Erin McCleneghen
8 Darcy Sims	7 Kathleen Long
Christina Stewart	8 Robin Deyo
Jorganna Trachtenberg	8 Margaret Dickenson
9 Mary-Randolph Scott	9 Kathleen Carey
Barbara Starkoff	Meg Enright
10 Karina Bahr	17 Laurie Alexson
14 Jacqueline Nicholson	18 Margaret Jones
17 Trisha Miller	Deborah Saucedo
18 Holly Yeager	19 Karen Schlesinger
19 Emily McMullin	21 Jami Guttenberg
20 Jacqueline Spiro	Diahann Koshi
22 Martina Miranda	22 Linda Gunn
24 Emanuela Marino	23 Deann Joachim
25 Karen Anspach	25 Barbara Marsh
26 Cynthia Muench	27 Kimberly Kroll

JULY	
1 Kristen Velasco	1 Molly Biehl
29 Kristin Calder	3 Diane Nestor
30 Shanna St. John	7 Barbara Trevino
JUNE	
1 Lisa Moss	8 Amy Brand
Robin Schnars	Tracey DeFrances
	15 Deborah Dersnah

16 Amy Kazma	25 Lynn MacDougall
19 Lisa Harmer	Tracey Rossi
23 Tibisay Vasile	26 Kathleen Buerosse
28 Shalise DeMott	Susan Hunter
30 Michele Buck	27 Laura McMullen
Jennifer Robertson	28 Kelly Clark
31 Jennifer Blacklock	29 Nicole Mugavero
Lisa Warren	Brooke Norris
	30 Candace Vaughn

AUGUST	
3 Crystal McMillin	
Marcela Schneider	
5 Karen Burns	
6 Heather Borgioli	
Suzanne Spinelli	
8 Jennifer Critchfield	
9 Deborah Doischen	
10 Mia Fazzio	
15 Phoebe Chapman	
16 DeAnn Russ	
Sunshine Torres	
17 Ana Lieuw-Kie-Song	
Kimberly Rosemurgy	
21 Ginger Armstrong	
22 Stephanie Brown	
24 Carolyn Arnold	

Dorothy -

Thank you for a fun ride and a great year. You are an inspiration to all of us and we are very blessed to have had you as our President. We wish you a fabulous life, because that is what you deserve!

With love and admiration,
Your Fans for Life

BRIDGE PATRONS

The Publications Committee gratefully acknowledges the generous support of *THE BRIDGE* from *BRIDGE PATRONS* listed below. Your yearly contribution of \$75 will help us give more to the community by absorbing some of our publishing costs. Thanks to you, we are well on the way to becoming a self-supporting publication! Send your check to the JLBR office.

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BRIDGE DEADLINES & ADVERTISEMENT RATES

Summer's *BRIDGE* articles are due by June 1st and September articles are due August 1st. Articles should be e-mailed to the League office at: Bridge@jlbr.org. If submitting pictures, please call Robin at (561) 750-9036 for instructions. **DEADLINE FOR ADS** in the September's issue is Tuesday, July 25th. Payment for ads should be mailed to the League office. *If ad is not "camera ready," a design fee will be charged. (\$35 for single and double size business cards and \$50 for half and full page - b/w).* For more information, please call Robin Philpit at (561)750-9036.

AD SIZE	SINGLE RUN RATE	3 OR MORE RUN RATE
SINGLE BUSINESS CARD (B/W 3.5" x 2")	\$ 50.00	\$ 45.00
DOUBLE BUSINESS CARD (B/W) Horizontal (7.25" x 2") or Vertical (3.5" x 4")	\$100.00	\$ 90.00
1/2 PAGE (B/W - 7.25" x 4.25")	\$140.00	\$126.00
PAGE (B/W - 7.25" x 9.75")	\$250.00	\$225.00
PAGE (front inside or back outside - color)	\$400.00	\$375.00
PAGE (back inside color)	\$375.00	\$350.00

MAY 2006

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4 National Prayer Day	5  Cinco de Mayo	6
7	8	9 May Dinner Meeting	10	11	12	13
14  Mother's Day	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29  Memorial Day	30	31	STROKE AWARENESS MONTH		

April 2006						
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9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

June 2006						
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4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	