

JR'S
323 EAST MAIN STREET
MURFREESBORO, TENNESSEE



Credit Cards, Debit Cards, Food Stamps & WIC Vouchers Gladly Accepted.

NO CARDS - NO GAMES - NO GIMMICKS
- WE OFFER EVERYDAY LOW PRICES &
WEEKLY SPECIALS TO EVERYONE - EVERY
DAY! NO CARD REQUIRED!!! WE TRULY
APPRECIATE YOUR BUSINESS!!!

YOU DON'T HAVE TO CHOOSE
BETWEEN EVERYDAY LOW PRICES AND
WEEKLY SPECIALS -
FOODLAND HAS BOTH!

Like us on
facebook

NOW YOU CAN FIND
JR'S FOODLAND ON FACEBOOK
Check Out Our Ads There!

Prices Effective: Monday, February 25
Thru Sunday, March 3, 2019

MON	TUE	WED	THU	FRI	SAT	SUN
25	26	27	28	01	02	03

We Now Accept
ATM & EBT
Cards

NEW Store Hours:
Monday - Saturday 7 am - 8 pm
Sunday 8 am - 7 pm

FOODLAND

Super Market

more FOR YOUR MONEY



STAR-RANCH ANGUS
Satisfaction Guaranteed

USDA Inspected
Star Ranch Angus Beef
Boneless
TOP ROUND ROAST \$3.49 LB.



STAR-RANCH ANGUS
Satisfaction Guaranteed

USDA Inspected
Star Ranch Angus Beef
NEW YORK STRIP STEAK \$7.99 LB.



NATURAL CHOICE

USDA Inspected HORMEL
"Natural Choice" Fresh
BABY BACK PORK RIBS \$3.49 LB.



FRESH BLACKBERRIES
6 Oz. Pkg.
2 for \$5

1 Lb. Pkg.
RED RIPE STRAWBERRIES \$2.99 EA.



5 Lb. Bag
U.S. No. 1
IDAHO POTATOES \$2.19 EA.



Large
SLICING TOMATOES \$1.29 LB.

HEINZ YELLOW MUSTARD or Spicy Brown Mustard 14 Oz. 2 for \$3

HEINZ KETCHUP 29-38 Oz. Selected Varieties \$2.99 Ea.

OSCAR MAYER HOT DOGS 14-16 Oz. Pkg. Selected Varieties (Excludes Beef & Cheese) 2 for \$4

FOOD CLUB SAUERKRAUT 8 Oz. 79¢ Ea.

FOOD CLUB HOT DOG BUNS 8 Ct. 99¢ Ea.

HOT DIGGITY DOG!



42 Ct. Pods, 95 Oz. Powder or 92-100 Oz. Liquid
Selected Varieties
TIDE LAUNDRY DETERGENT \$9.99 EA.



6 Mega or 12 Double Rolls Bath Tissue or 8 Regular or 6 Big Rolls Paper Towels
CHARMIN OR BOUNTY \$7.99 EA.



30 Oz.
Salad Dressing or
SAUER'S MAYONNAISE 2 for \$4

*** SAVINGS + SERVICE = SATISFACTION!!! ***



12 Ct. K-Cups or 25-30.6 Oz.
Selected Varieties
MAXWELL HOUSE COFFEE \$6.99 EA.



5 Lb. Bag
Selected Varieties
SUNFLOWER FLOUR OR MEAL 2 for \$5



15 Oz.
Selected Varieties
LUCK'S PEAS OR BEANS 3 for \$2

LUCK'S FRIED APPLES or Fried Peaches 15 Oz. Orig. or Cinnamon 2 for \$3

WEEKLY SPECIALS

LAY'S POTATO CHIPS
7.75-10 Oz.
Selected Varieties
2 for \$5

CHEETOS OR FRITOS
7-9.25 Oz.
Selected Varieties
2 for \$5

GOLDEN FLAKE POTATO CHIPS
5 Oz.
Selected Varieties
3 for \$5

FOODLAND Super Market
YOUR STORE FOR EVERYDAY LOW PRICES & WEEKLY SPECIALS

CHECK OUT OUR WEEKLY FACEBOOK SPECIALS!
www.facebook.com/jrs-foodland
Like us on **facebook**
Or look for us on the web:
<http://www.jrsfoodland.com>

Cheerios 100% Whole Oats
Cinnamon Toast Crunch REAL CRUNCH
Honey Nut Cheerios FAMILY SIZE

GENERAL MILLS CEREAL
Family or Large Size 18 Oz. Cheerios,
19.3 Oz. Cinnamon Toast Crunch or
19.5 Oz. Honey Nut Cheerios
3 for \$10

Pick 5 MEAT SALE & Frozen
Mix & Match Any 5 Items **ONLY \$19.99**

Gallon Vegetable or Canola FOOD CLUB COOKING OIL
\$5.99

10 Pk. Selected Varieties CAPRI SUN FRUIT DRINKS
2 for \$5

14-15 Oz. Selected Varieties PRIDE CORN OR GREEN BEANS
4 for \$3

9-14 Oz. Selected Varieties Velveeta Shells & Cheese or KRAFT DELUXE MAC & CHEESE
\$2.99

5 Oz. In Oil or Water Chunk Light BUMBLE BEE TUNA
89¢

7 Oz. Crisp or Cobbler Mix or Selected Varieties FOOD CLUB MUFFIN MIX
69¢

7-13 Oz. Selected Varieties NABISCO CHIPS AHOY!
\$2.79

2 Lb. Bag FOOD CLUB PINTO BEANS
2 for \$3

1.5 Oz. Cups or 4-5.11 Oz. Selected Varieties IDAHOAN MASHED POTATOES
5 for \$5

16 Oz. Salted or Unsalted Tops FOOD CLUB SALTINES
2 for \$3

Dairy Specials

5 Oz. Selected Varieties OUI FRENCH STYLE YOGURT
4 for \$5

4 Ct. Croissants or 5 Ct. Cinnamon Rolls or 5 Ct. Selected Varieties PILLSBURY GRANDS! BISCUITS
5 for \$5

12 Oz. Selected Varieties KRAFT DIPS
2 for \$3

32 Oz. Selected Varieties WIDE AWAKE CREAMER
2 for \$5

1/2 Gallon FOOD CLUB ORANGE JUICE
2 for \$4

Dozen FRESHLAND MEDIUM EGGS
99¢

6 Oz. Selected Varieties FOOD CLUB YOGURT
2 for 88¢

45 Oz. Bowl IMPERIAL SPREAD
\$1.99

15-15.5 Lb. Bag Selected Varieties BENEFUL DOG FOOD
\$14.99

3.15 Lb. Bag Selected Varieties FRISKIES CAT FOOD
\$3.99

4-5 Oz. Selected Varieties PRINGLES POTATO CHIPS
3 for \$4

4-8 Oz. Selected Varieties BETTY CROCKER FRUIT SNACKS
3 for \$5

54-104 Ct. Family Pack Sizes 1-6 LUVS DIAPERS
\$11.99

64-72 Ct. Tub or Soft Pack Selected Varieties PAMPERS BABY WIPES
2 for \$5

LOOK FOR THE RED TAG 1.99¢

RED TAGS MEAN SAVINGS

YOU DON'T HAVE TO CHOOSE BETWEEN EVERYDAY LOW PRICES & WEEKLY SPECIALS - OUR STORE HAS BOTH!!!

12 Oz. Bag or 12 Ct. K-Cups Selected Varieties COMMUNITY COFFEE
\$5.99

16 Oz. or 11-22 Oz. Squeeze FOOD CLUB MAYONNAISE
\$1.69

16 Oz. Original or Reduced Sodium DALE'S STEAK SAUCE
2 for \$5

20 Oz. Bottles Selected Varieties FAYGO SOFT DRINKS
2 for \$1

10 Oz. Selected Varieties NABISCO NEWTONS
\$2.99

9.7 Oz. Bag FOOD CLUB SUCRALOSE
\$3.99

16.5 Oz. Selected Varieties FOOD CLUB CAKE MIX
\$1.19

30 Oz. VIETTI CHILI WITH BEANS
2 for \$4

24 Oz. SWEET SUE CHICKEN & DUMPLINGS
2 for \$4

24 Oz. Selected Varieties FOOD CLUB PASTA SAUCE
99¢

6-8 Oz. Selected Varieties ZATARAIN'S RICE MIX
99¢

King Size Singles or Bites Selected Varieties M&M MARS CANDY
3 for \$4

16-19 Oz. Selected Varieties DAWN DISH DETERGENT
2 for \$6

11-20 Ct. Selected Varieties CASCADE ACTION PACS
\$3.99

9 Oz. Selected Varieties FEBREZE AIR FRESHENER
2 for \$5

80 Ct. Sheets Selected Varieties BOUNCE OR DOWNY FABRIC SOFTENER
\$3.99

34 Oz. Liquid Selected Varieties DOWNY FABRIC SOFTENER
\$3.49

10 Oz. Selected Varieties DOWNY UNSTOPABLES
\$5.99

Frozen Specials

14-16 Oz. Selected Varieties FOOD CLUB VEGETABLES
4 for \$5

8-10 Oz. Regular DIGIORNO SMALL PIZZA
3 for \$10

24 Oz. Selected Varieties FOOD CLUB FRUIT PIES
\$3.99

48 Oz. Selected Varieties FOOD CLUB ICE CREAM
2 for \$6

8-11 Oz. Selected Varieties @EASE APPETIZERS
2 for \$5

8-16 Oz. Selected Varieties FOOD CLUB GARLIC BREAD
3 for \$5

24 Ct. Homestyle or Buttermilk EGGO WAFFLES
\$4.99

10-24 Oz. Selected Varieties GORTON'S FISH
\$4.99

Quality MEATS

We sell only the BEST USDA Inspected Meats. We take pride in the selection and quality that our trained meat cutters provide daily.

USDA Inspected
Star Ranch Angus Beef Boneless
TOP ROUND STEAK
\$4.49
LB.

All Varieties
Center Slice
COOK'S HAM STEAKS
\$2.99
LB.

SPRINGER MOUNTAIN FARMS
USDA Inspected Fresh Grade A
BONELESS CHICKEN BREAST
\$3.99
LB.



USDA Inspected **HORMEL**
"Natural Choice" Family Pack
FRESH PORK NECK BONES
99¢
LB.

SPRINGER MOUNTAIN FARMS
USDA Inspected Fresh Grade A
WHOLE FRYER
\$1.49
LB.

SPRINGER MOUNTAIN FARMS
USDA Inspected Grade A
BONELESS SKINLESS CHICKEN THIGHS
\$2.99
LB.

1 Lb. Pkg.
Fresh
BUTTERBALL GROUND TURKEY 2 for \$5

12 Oz. Pkg. (Excludes Beef) Reg.,
Applewood or Brown Sugar
GWALTNEY SLICED BACON 2 for \$6

16 Oz. Pkg.
Regular or Thick
OSCAR MAYER SLICED BOLOGNA 2 for \$3

3.2-3.5 Oz.
Selected Varieties
OSCAR MAYER BASIC LUNCHABLES 2 for \$3

7-9 Oz. Selected Varieties
Deli Fresh Shaved
OSCAR MAYER LUNCHMEATS 2 for \$6

16 Oz. Pkg.
Regular or Thick
OSCAR MAYER SLICED BACON 2 for \$10

12 Ct. TENNESSEE PRIDE SAUSAGE BISCUITS Selected Varieties
or 18 Ct., 24 Oz. Mild
TENNESSEE PRIDE SAUSAGE PATTIES 2 for \$12

Garden Fresh PRODUCE

Our Fruits & Vegetables are always fresh, whether it's grown locally or across the world. We give you quality & variety you deserve everyday.

Bag Spring Mix, Baby Spinach
or Field Greens
DOLE SALAD MIX \$2.49 Ea.

"Great for After-School Snacks!"
3 Lb. Bag Michigan
McINTOSH, RED OR JONAGOLD APPLES \$2.49 Ea.

"Great for Cole Slaw!"
Fresh
GREEN CABBAGE 79¢ Lb.



"Good for Cooking!"
3 Lb. Bag Peru
SWEET ONIONS \$2.99 Ea.

"Great for Salads!"
CUCUMBERS or
EXTRA LARGE BELL PEPPERS 89¢ Ea.

"Great Steamed or Grilled!"
FRESH ASPARAGUS \$2.99 Lb.

"Great for Guacamole!"
LARGE AVOCADOS 99¢ Ea.
Fresh
GREEN BEANS \$1.39 Lb.

16 Oz.
WICK'S STRAWBERRY GLAZE 99¢ Ea.
"Great for Pies!" Pint
FRESH BLUEBERRIES \$2.99 Ea.