**ANTIBACTERIAL AND ANTIFUNGAL ACTIVITY OF *RHYNCHOSIA HEYNEI*
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Abstract

Bacterial and fungal infections are a significant challenge for public health across the world, and rise of antibiotic-resistant strains has made it necessary to search for new sources of antibiotics and antifungal agents. Therefore, this study intends to explore the antibacterial and antifungal activities of *R. heynei* whole plant extracts using *in vitro* assays. The ethanol extract of *R. heynei* was found to exhibit the maximum amount of antimicrobial activity against *S. aureus*, with zone of inhibition diameter of 15 ± 1.41 mm at 500 $\mu\text{g}/\text{disk}$ concentration. Similarly, the diethyl ether extract showed potent antibacterial activity against *S. aureus*, with an inhibition zone diameter of 13.5 ± 0.70 mm at 1000 $\mu\text{g}/\text{disk}$ concentration. The hexane extract was found to be most effective against *P. aeruginosa*, with an inhibition zone diameter of 11 ± 0.00 mm at 1000 $\mu\text{g}/\text{disk}$ concentration. Furthermore, the antifungal activity of *R. heynei* extracts against *C. albicans* and *A. niger* was also assessed, and the results showed that the plant extracts possessed decent antifungal properties. The *R. heynei* extracts showed a wide range of antibacterial activity, with differing degrees of efficacy against various microorganisms. Significantly, extreme susceptibility to the Gram-positive bacteria *S. aureus* and the Gram-negative bacteria *E. coli* was discovered in the examined extracts, suggesting the potential for *R. heynei* extracts to be turned into efficient antibacterial agents; however, further research is required.

Keywords: *Rhynchosia heynei* Wight & Arn, Antibacterial, antifungal activity, Zone inhibition, Plant extracts.

Introduction

Infections caused by microorganisms and fungi are a leading cause of death and disability globally. Antibiotic-resistant microbial strains have emerged because of the overuse of these drugs, which is a growing public health concern. In this context, natural drugs have surfaced as an attractive option to synthetic drugs for the treatment of microbial and fungal infections. Natural drugs are compounds derived from natural sources such as plants, animals, and microorganisms that possess antimicrobial properties. Natural drugs possess a wide range of antimicrobial properties that make them effective against a broad spectrum of

microorganisms. Plants are the most common source of natural drugs, and many plant extracts have been shown to include properties that make them effective in killing microbes [1]. Additionally, some animal and microbial-derived natural drugs have also been found to have potent antimicrobial activity. For example, amphibian skin secretions have been found to contain a variety of peptides with antibacterial effect on a wide variety of bacteria and viruses [2]. Moreover, some fungal metabolites, such as penicillin and cephalosporins, have been used as antibiotics for decades. Natural drugs have several advantages over synthetic drugs, making them an attractive option for the treatment of microbial and fungal infections. One advantage is that natural drugs are generally considered safe and have fewer side effects compared to synthetic drugs [3]. Additionally, natural drugs are often more readily available and less expensive than synthetic drugs. Furthermore, natural drugs have a lower risk of developing antibiotic resistance because they often contain complex mixtures of compounds that act synergistically to kill microorganisms [4]. The search for new antimicrobial agents has become increasingly urgent as antibiotic resistance continues to grow. Natural drugs are a promising source of new antimicrobial agents. Many natural drugs have not been extensively studied, and there is a wealth of untapped potential in natural sources. Additionally, the complex mixtures of compounds found in natural drugs often provide a greater diversity of chemical structures, which can be used to develop new drugs with unique properties [5].

Rhynchosia heynei is a plant species family Fabaceae, which includes a vast variety of plants found throughout India, Sri Lanka, and other parts of South Asia. This plant has been traditionally used for the treatment of various ailments, including fever, wounds, and skin diseases [6]. Phytochemical analysis of *R. heynei* revealed the presence of various classes of compounds including flavonoids, terpenoids, steroids, alkaloids, and tannins [7]. The plant has been reported to display multiple pharmacological effects, such as anti-inflammatory, antioxidant, and other effects, wound healing, anticancer, antidiabetic, and hepatoprotective effects [8-14]. Several studies have investigated the bioactive compounds and pharmacological potential of *R. heynei*. Lupeol, a triterpene isolated from the plant, has been shown to possess cytotoxic activity against cancer cells [13]. The ethanolic extract of *R. heynei* has been found to exhibit significant wound healing activity in rats [14]. The plant's potential as an anticancer agent has also been evaluated in vitro and in vivo, with promising results [15]. In addition, *Rhynchosia heynei* extracts possess various pharmacological activities, such as anti-inflammatory, analgesic, and antioxidant activities [16]. However, limited information is available regarding the antibacterial and antifungal activities of *Rhynchosia heynei* extracts.

In this study, we investigated the antibacterial and antifungal effects of *Rhynchosia heynei* whole plant extracts using zone inhibition method against four bacterial strains, including, *B. subtilis*, *S. aureus*, *P. aeruginosa*, *E. coli* as well as two fungal strains, *Candida albicans* and *Aspergillus Niger*.

Materials and Methods

Collection of plant material

In this work, *R. heynei* was the plant of choice originating from the Tirumala, India bioserve. A voucher specimen of the plant (Accession No. 0791) was collected and validated by Dr. K Madhav Chetty of the Department of Botany at SV University, Tirupati.

Preparation of extract extraction

The powdered plant material (500 g) was subjected to extraction using hexane, diethyl ether, ethanol, and distilled water by the Soxhlet extraction method. After removing the impurities, the solvents were evaporated at low temperatures in a rotary evaporator. Extracts were dried and kept at 4 degrees centigrade until needed.

Test organisms and growth media

Four bacterial strains, namely Gram-positive *Staphylococcus aureus* (ATCC 25923) and *Bacillus subtilis* (ATCC 6633), and Gram-negative *Escherichia coli* (ATCC 25922) and *Pseudomonas aeruginosa* (ATCC 27853), and two fungal strains, *Candida albicans* (ATCC 10231) and *Aspergillus niger* (ATCC 16404), were used in this study. All microbial strains were obtained from the American Type Culture Collection (ATCC). Bacterial strains were cultured on Mueller-Hinton agar (MHA), and fungal strains were cultured on Sabouraud dextrose agar (SDA) at 37°C and 28°C, respectively.

Antimicrobial activity by zone inhibition method

The antimicrobial activity of the four solvent extracts of *R. heynei* was evaluated using the Zone Inhibition Test on MHA for bacteria and SDA for fungi [18]. In brief, Sterile filter paper discs (6 mm diameter) were impregnated with different concentrations loaded (125, 250, 500, and 1000 µg/disk for bacteria and 125 to 5000 µg/disk for fungi) and were placed on the agar plates previously inoculated with test microorganisms (*Staphylococcus aureus*, *Escherichia coli*, *Pseudomonas aeruginosa*, *Bacillus subtilis*, *Candida albicans*, and *Aspergillus niger*). Ciprofloxacin (10 µg/disk) and fluconazole (25 µg/disk) were used as positive controls for bacteria and fungi, respectively. The plates were kept in an incubator at 37 degrees Celsius for 24 hours to grow bacteria and at 30 degrees Celsius for 48 hours to grow yeast. The diameter of the inhibition zone around each disc was measured in millimeters (mm) and recorded as the mean of three replicates.

Statistical analysis

The tests were run three times to ensure accuracy, and the data was presented as means +/- standard deviation (SD).

Results

Antimicrobial activity of *R. heynei*

Table 1 and 2 represent the inhibition zones diameter (IZD) of *R. heynei* extracts (hexane, diethyl ether, ethanol and aqueous) against tested bacteria and fungi compared to ciprofloxacin and fluconazole, respectively. Gram-positive bacteria, *B. cereus* and *S. aureus* and Gram-negative bacteria, *P. aeruginosa* and *E. coli* were employed in the study to assess antibacterial property of *R. heynei* extracts. *C. albicans* and *A. niger* are the fungal species employed to assess antifungal activity. The IZD values were found upregulated in a concentration dependent manner in all the bacterial except in the case of *E. coli*, where the IZD was not concentration dependent. Ethanol extract among all exhibited potent antimicrobial activity against *S. aureus* with an inhibition zone of 15 ± 1.41 mm at 500 µg/disk concentration. Similarly, Diethyl extract exhibited its highest antibacterial activity against *S. aureus* with an inhibition zone of 13.5 ± 0.70 mm at 1000 µg/disk concentration. While the hexane extract displayed highest IZD value 11 ± 0.00 mm at concentration 1000 µg/disk against *P. aeruginosa*. Aqueous extract of *R. heynei* failed exhibit antibacterial activity against *B. subtilis* and *P. aeruginosa* (except at a concentration of 1000 µg/disk). However, exhibited an inhibition zone

of 11 ± 0.00 mm against *S. aureus*. The positive control employed for antibacterial activity was ciprofloxacin which displayed a zone inhibition in range 27.5 ± 0.70 to 40 ± 0.00 mm and none of the extracts were able to achieve this range of inhibition. Similarly, there was concentration dependent increase in IZD against fungus *C. albicans* and *A. niger*. Diethylether and ethanol extracts exhibited highest IZD 10 ± 0.00 mm against *A. niger* at $5000 \mu\text{g/disk}$ concentration. However, hexane and aqueous extracts failed to display antifungal activity against *A. niger*, albeit they showed antifungal activity against *C. albicans*. As in the case of antibacterial activity, none of the extracts were capable to exhibit substantial antifungal activity like the positive control fluconazole which displayed an IZD ranging between 16 ± 2.82 to 37.5 ± 2.12 mm at $750 \mu\text{g/disk}$ concentration.

Table 1: Antibacterial activity of *R. heynei* extracts expressed as inhibition zone diameters (mm). PC* is ciprofloxacin given at $10\mu\text{g/disk}$. Inhibition zone diameters are expressed as Mean \pm SD

| Microorganism | Concentration ($\mu\text{g/disk}$) | Hexane | Diethyl ether | Ethanol | Aqueous |
|----------------------|--------------------------------------|-----------------|-----------------|-----------------|-----------------|
| <i>B. subtilis</i> | 125 | 7 ± 0.00 | 7 ± 0.00 | 6 ± 0.00 | 0 ± 0.00 |
| | 250 | 7 ± 0.00 | 7 ± 0.00 | 7 ± 0.00 | 0 ± 0.00 |
| | 500 | 7 ± 0.00 | 6.5 ± 0.70 | 7 ± 0.00 | 0 ± 0.00 |
| | 1000 | 7.5 ± 0.70 | 7 ± 0.00 | 8 ± 0.00 | 0 ± 0.00 |
| | 2000 | 8 ± 0.00 | 8 ± 0.00 | 8.5 ± 0.70 | 0 ± 0.00 |
| | PC* | 29 ± 1.41 | 29.5 ± 0.70 | 28.5 ± 0.70 | 29 ± 0.70 |
| <i>S. aureus</i> | 50 | 7.5 ± 0.70 | 12.5 ± 0.70 | 10.5 ± 0.70 | 6 ± 0.00 |
| | 125 | 8.5 ± 0.70 | 11.5 ± 0.70 | 12.5 ± 2.12 | 9.5 ± 0.70 |
| | 250 | 10.5 ± 0.70 | 11.5 ± 0.70 | 11.5 ± 0.70 | 10 ± 0.00 |
| | 500 | 10 ± 0.70 | 12 ± 0.00 | 15 ± 1.41 | 10 ± 0.00 |
| | 1000 | 10.5 ± 0.70 | 13.5 ± 0.70 | 14 ± 0.00 | 11 ± 0.00 |
| | PC* | 29.5 ± 0.70 | 34.5 ± 0.70 | 34 ± 1.41 | 33 ± 0.00 |
| <i>P. aeruginosa</i> | 50 | 9 ± 0.00 | 10 ± 0.00 | 7.5 ± 0.70 | 0 ± 0.00 |
| | 125 | 10 ± 0.00 | 10 ± 0.00 | 7.5 ± 0.70 | 0 ± 0.00 |
| | 250 | 10.5 ± 0.70 | 10 ± 0.00 | 8 ± 0 | 0 ± 0.00 |
| | 500 | 10.5 ± 0.70 | 10.5 ± 0.70 | 8 ± 0 | 0 ± 0.00 |
| | 1000 | 11 ± 0.00 | 11 ± 0.00 | 7 ± 0 | 7 ± 0.00 |
| | PC* | 28.5 ± 0.70 | 27.5 ± 0.70 | 28 ± 0.00 | 28.5 ± 0.70 |
| <i>E. coli</i> | 125 | 9 ± 1.41 | 6.5 ± 0.70 | 9 ± 2.82 | 9 ± 1.41 |
| | 250 | 9.5 ± 3.53 | 7.5 ± 0.70 | 8 ± 0.00 | 7.5 ± 0.70 |
| | 500 | 8 ± 0.00 | 9 ± 2.82 | 7.5 ± 2.12 | 6.5 ± 0.70 |
| | 1000 | 7 ± 0.00 | 11.5 ± 0.70 | 6 ± 0.00 | 7 ± 1.41 |
| | 2000 | 7 ± 1.41 | 12 ± 0.00 | 6.5 ± 0.70 | 8.5 ± 2.12 |
| | PC* | 40 ± 0.00 | 38 ± 0.00 | 37.5 ± 2.12 | 38 ± 0.00 |

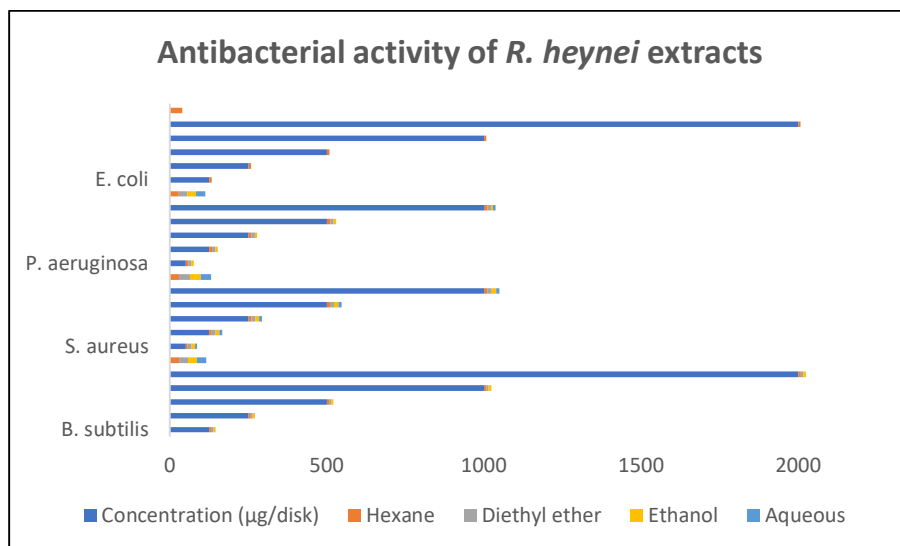
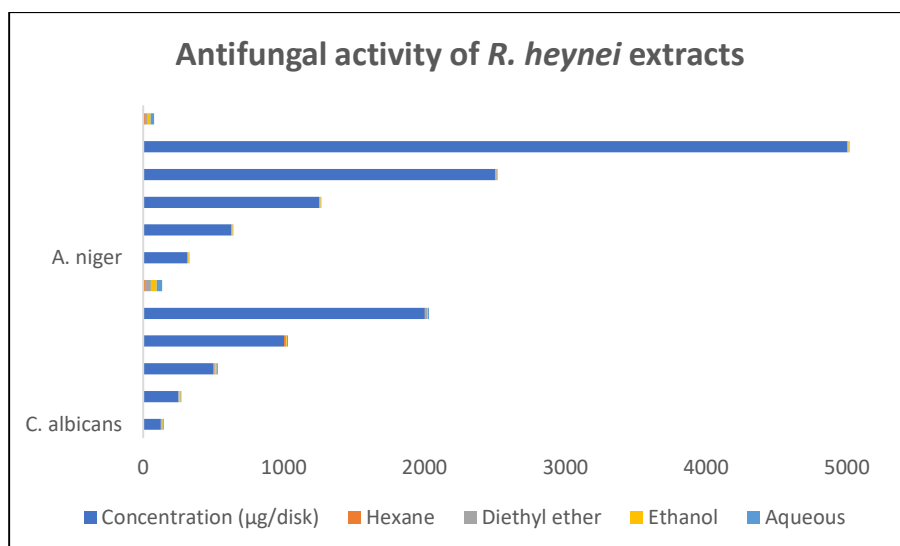


Figure 1: Antibacterial activity of *R. heynei* extracts expressed as inhibition zone diameters (mm)

Table 2: Antifungal activity of *R. heynei* extracts expressed as inhibition zones diameters (mm). PC[#] is Fluconazole given at 250µg/disk. Inhibition zone diameters are expressed as Mean ± SD

| Microorganism | Concentration (µg/disk) | Hexane | Diethyl ether | Ethanol | Aqueous |
|--------------------|-------------------------|-------------|---------------|-------------|-------------|
| <i>C. albicans</i> | 125 | 0 ± 0.00 | 7 ± 0.00 | 6 ± 0.00 | 7.5 ± 0.70 |
| | 250 | 0 ± 0.00 | 6.5 ± 0.70 | 7.5 ± 0.70 | 7 ± 0.00 |
| | 500 | 6.5 ± 0.70 | 7 ± 0.00 | 8 ± 0.00 | 8.5 ± 0.70 |
| | 1000 | 7 ± 0.00 | 8 ± 0.00 | 7 ± 1.41 | 6.5 ± 0.70 |
| | 2000 | 7 ± 0.00 | 9 ± 0.00 | 7 ± 0.00 | 7.5 ± 0.70 |
| | PC [#] | 18 ± 0.00 | 38 ± 0.00 | 40 ± 0.00 | 37.5 ± 2.12 |
| <i>A. niger</i> | 312.5 | 0 ± 0.00 | 8.5 ± 0.70 | 7 ± 0.00 | 0 ± 0.00 |
| | 625 | 0 ± 0.00 | 8.5 ± 0.70 | 8 ± 0.00 | 0 ± 0.00 |
| | 1250 | 0 ± 0.00 | 9 ± 0.00 | 8 ± 0.00 | 0 ± 0.00 |
| | 2500 | 0 ± 0.00 | 9.5 ± 0.70 | 9.5 ± 0.70 | 0 ± 0.00 |
| | 5000 | 0 ± 0.00 | 10 ± 0.00 | 10 ± 0.00 | 0 ± 0.00 |
| | PC [#] | 16.5 ± 3.53 | 16 ± 2.82 | 18.5 ± 2.12 | 26 ± 0.00 |

Figure 2 Antifungal activity of *R. heynei* extracts expressed as inhibition zones diameters (mm)

Discussion

Rhynchosia species spread out in a large area throughout the world's tropical and subtropical regions [18]. Here and there, a few plants belonging to this genus employed in herbal remedies to treat a variety of illnesses, including antibacterial, antidiabetic, abortifacients, wound healing, hepatoprotective agents, and the treatment of boils, rheumatic aches, and skin infections [19–24]. Some identified compounds from the *Rhynchosia* genus and plant extracts have noteworthy antioxidant, anti-inflammatory, and other biological effects, antimycobacterial, and antiproliferative properties [25]. Previous phytochemical studies on *Rhynchosia* species revealed that the genus is solely responsible for the abundant synthesis of C-glycosylflavonoids. *R. heynei* is one of the most popular herbs used for medicinal purposes among plants belonging to the *Rhynchosia* genus. Further, it is also widely evident that the search is on for potent antimicrobial agents that are naturally based, which can serve as substitutes for chemically synthesised medications that are potentially less toxic and effective against resistant microorganisms. The purpose of this study was to examine *R. heynei*'s antibacterial potential in comparison to ciprofloxacin and fluconazole against the bacteria and fungi examined. The present study revealed that whole plant extracts of *R. heynei* exhibited a broad spectrum of antimicrobial activity. Different extracts showed varying degrees of antibacterial activity against all of the bacteria and fungus tested. The screening revealed that the Gram-positive bacteria, *S. aureus*, and Gram-negative bacteria, *E. coli*, were more susceptible to all the extracts. *S. aureus* was the most highly sensitive microorganism among others towards all four extracts, followed by *E. coli*, *P. aeruginosa*, and *B. subtilis*. Ethanol extract exhibited the highest IZD value, 15 ± 1.41 mm against *S. aureus* at $500 \mu\text{g}/\text{disk}$ concentration, which was half the IZD value exhibited by the positive control with 34 ± 1.41 mm at $10 \mu\text{g}/\text{disk}$ concentration. The next highest antibacterial activity was exhibited by diethyl ether extract with an IZD of 13.5 ± 0.70 mm against *S. aureus*. While the hexane extract was most active against *P. aeruginosa* with an IZD of 11 ± 0.00 mm. This activity of the extracts exhibited in the present study against *S. aureus* and *P. aeruginosa* was consistent with previous reports [26]. On the contrary, the aqueous extract could exhibit better antibacterial properties

against *E. coli* and *S. aureus*. Additionally, the assessment against fungi, *C. albicans* and *A. niger*, also revealed that *R. heynei* possessed decent antifungal properties. Between the two fungi employed, *C. albicans* was more sensitive to all the extracts. However, the highest IZD value exhibited against *C. albicans* (9 ± 0.00 mm by diethyl ether extract) was less than that observed with *A. niger* (10 ± 0.00 mm by diethyl ether and ethanol extract). Though hexane and aqueous extracts were inactive against *A. niger*, indicating it was not sensitive towards them. Both the fungi employed in the study were more susceptible to the antifungal property of diethyl ether extract. The variations in the antimicrobial property exhibited by these extracts could be due to the presence of different phytochemicals in different solvent extractions. According to the previous report, it was suggested that the antimicrobial activity was due to the existence of oxygenated monoterpenes, and these could be abundant in the ethanol and diethyl ether extractions of *R. heynei*. Further, characterization of each extract for the specific phytochemicals and their assessment is essential to understanding the underlying mechanism.

Conclusion

Extracts of *R. heynei* show considerable antibacterial action against the bacterial and fungal species examined, with the effectiveness increasing with increasing concentration. Among the different extracts, the ethanolic and diethyl ether extracts exhibited the highest antibacterial activity against *S. aureus*. The hexane extract showed the highest activity against *P. aeruginosa*, while the aqueous extract exhibited limited antibacterial activity. In terms of antifungal activity, the diethyl ether and ethanol extracts were found to be the most effective against *A. niger*, whereas the hexane and aqueous extracts did not show activity against *A. niger* but were active against *C. albicans*. However, the extracts did not show substantial antimicrobial activity compared to the positive controls, ciprofloxacin, and fluconazole, indicating the need for further investigation on isolating and characterizing the antibacterial constituents.

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