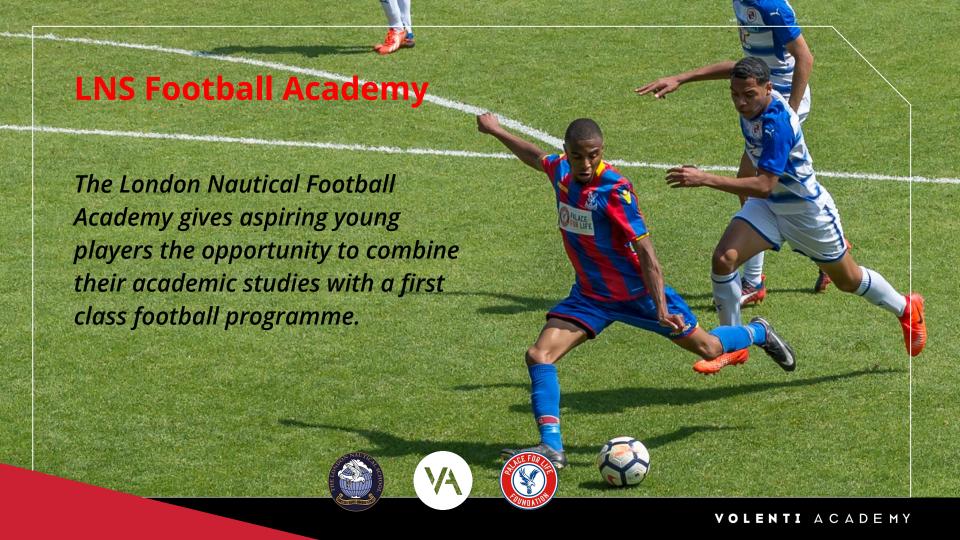


VOLENTI ACADEMY





LNS Football Academy **Coaching**

Led by ex-professional players, Bobby Bowry and Charlie McDonald, the football coaching is delivered by Volenti Academy and offers an insight into the professional football environment, providing up to 8 hours of practical training per week.

In addition to the coaching, Volenti employ a strength and conditioning expert who delivers weekly group and individual sessions to ensure our players are in peak condition to cope with playing in the National Football Youth League (NFYL)









LNS Football Academy **Education**

The London Nautical School is a Sports Specialist College. It is a foundation school for boys with a co-educational sixth form. Each year, the School achieves good results at Level 3 in both A-Levels and vocational courses, which has lead to students being able to reach their desired goal of either University or Employment.

At the Academy, players have the option to study:

- Level 3 Btec Extended diploma in Sport (Equivalence of 3 A-Levels)
- A Levels (3 A Levels)
- Selection of Vocational courses (inc, ICT, Leisure Tourism, Sport, Science)







LNS Football Academy **Games Programme**

Our teams represent Crystal Palace FC in the National Football Youth League (NFYL) and the SCL League, playing against other programmes from the likes of Tottenham, Southampton, Chelsea and Fulham. In the past two seasons, all our teams have either won or come runners up in the league.

Last season, we reached the National Final of the NFYL Cup which was played at Selhurst Park against JMC Reading.

Each season, the NFYL select a national representative team to play showcase games against other representative teams, with strong exit routes into the professional game and US scholarships. This season, Bobby was invited by the NFYL to coach the teams and be part of the selection panel.











LNS Football Academy **Showcase Matches**

As well as the league and cup competition, Bobby and Charlie use their comprehensive connections within the professional game to organise showcase games against professional clubs' academies.

In the last two seasons, we have held matches against Crystal Palace, Watford, Nottingham Forest, Bournemouth and Barnsley. These games have led to a number of boys being invited in for a trial at the clubs.









LNS Football Academy **About the Programme**

> Click the image to play the video









LNS Football Academy Academy Training Kit



Academy Playing Kit









LNS Football Academy Training Facility, Education Hub and Home Ground













LNS Football Academy **Our Team**









Charlie Mcdonald

Darren Teague









PROUD TO SUPPORT





