

# 東京医学

THE TOKYO JOURNAL OF MEDICAL SCIENCES

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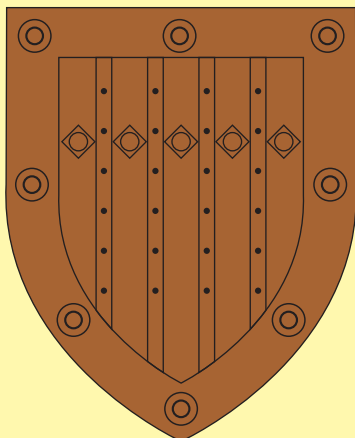
October 2016

Vol.133

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**ANNUAL REPORT OF  
THE GRADUATE SCHOOL OF MEDICINE  
AND  
THE FACULTY OF MEDICINE  
THE UNIVERSITY OF TOKYO**

**REPORTS FOR THE PERIOD April 2015 — March 2016**



共同編集 東京医学会・東京大学医師会・東京大学医学部

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東京医学
Tokyo J. Med. Sci.

ANNUAL REPORT OF THE GRADUATE SCHOOL OF  
MEDICINE

THE FACULTY OF MEDICINE  
THE UNIVERSITY OF TOKYO

REPORTS FOR THE PERIOD April 2015-March 2016

## **Introduction**

This is volume 133(the edition of year 2016) of the annual report by the University of Tokyo's Graduate School of Medicine and Faculty of Medicine.

In it are recorded the past year's research, educational, clinical, and other activities of the Graduate School of Medicine and Faculty of Medicine, the International Research Center for Medical Education, and the Tokyo Society of Medical Sciences.

It reports our accomplishments, and each year we make such a document freely available by publishing it on compact disk and on the Internet, expecting it to be used for internal and external evaluations.

The University of Tokyo's Faculty of Medicine was founded 150 years ago. Since then we have consistently driven Japan's progress in medical research, medical education, and clinical care, and in some fields we have become world leaders.

We have more than 1000 students in the Graduate School of Medicine, and with as many as 150 foreign researchers and students we are an international center for medical research and education.

Pursuing excellence in our research, educational, and clinical activities, we will continue meeting the needs for tomorrow's pioneers in medical sciences and clinical care.

Kohei Miyazono, Dean  
Graduate School of Medicine and Faculty of Medicine  
The University of Tokyo

October, 2016

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## History

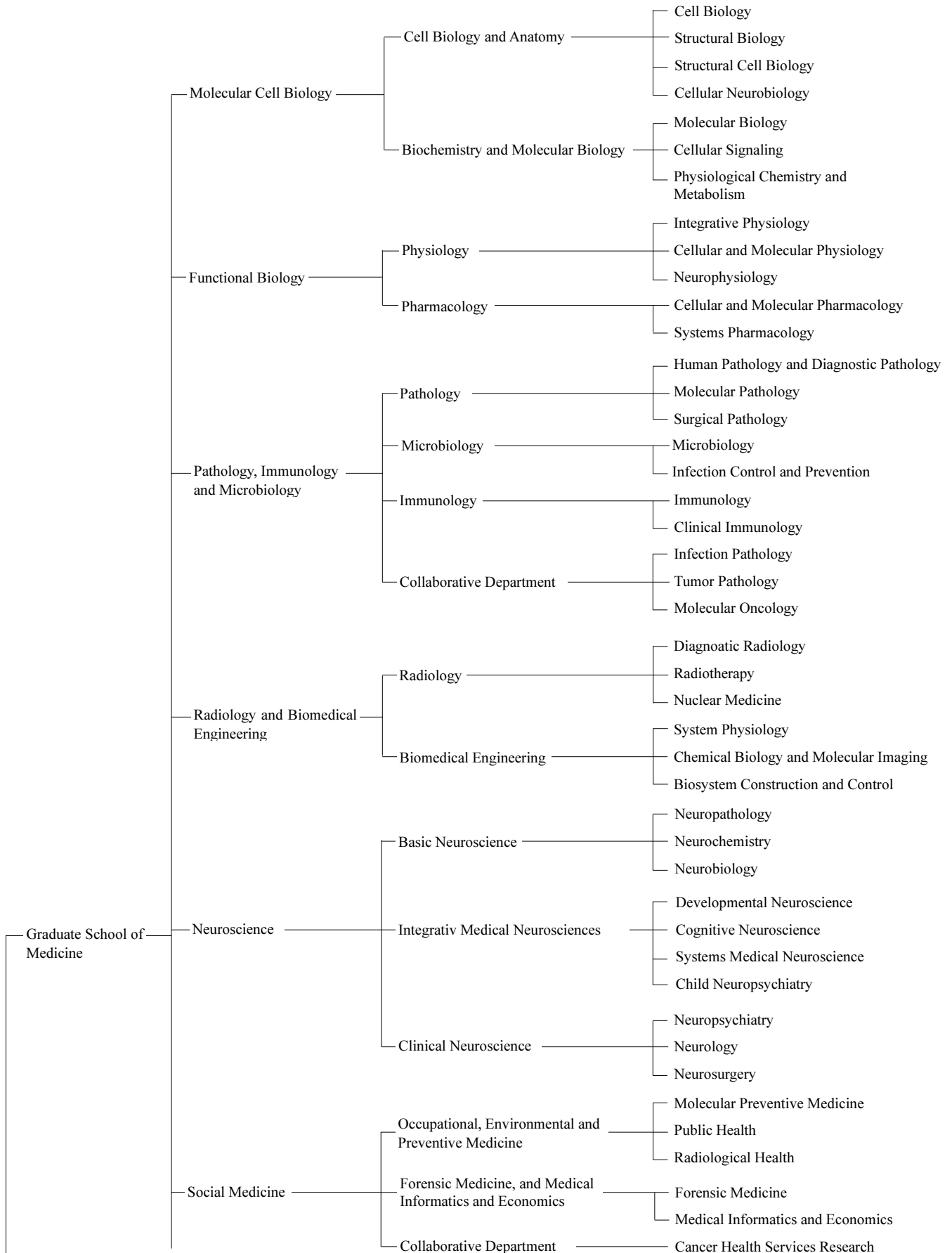
- 1858 May Practitioners, trained in Dutch (European) medicine in Edo (Tokyo), laid out money to establish the Shutojo (vaccination center) in Kanda Mitamagaie.
- Nov. Shutojo was destroyed in a fire that had spread from Kanda Aioicho. Shutojo continued its operations at other sites such as the residence of Ito Genboku.
- 1859 Sep. Shutojo was reconstructed at Shitaya Izumibashi Dohri.
- 1860 Oct. Shutojo became an official medical institution of the Shogunate Government.
- 1861 Oct. Shutojo was renamed as Seiyo Igaku-Sho (Institute of Western Medicine) and offered courses of Western Medicine in the fields of Education, Autopsy, and Vaccination.
- 1863 Feb. Seiyo Igaku-Sho was renamed as Igaku-Sho (Institute of Medicine).
- 1868 Jul. Igaku-Sho, affiliated with the Military Hospital which had been moved from Yokohama to Todo residence in Shitaya, was renamed as Daibyoin (the Great Hospital).
- 1869 Feb. The Daibyoin was renamed as Igakko-Ken-Byoin (Medical School and Hospital).
- Dec. Igakko-Ken-Byoin was renamed as Daigaku Toko (University East Building).
- 1871 Jul. The Ministry of Education was established and Daigaku-Toko was renamed as Toko (East Building).
- 1872 Aug. A School System was established. Toko was renamed as Daiichi-Daigaku-Ku- Igakko (The First University District Medical School).
- 1874 May Daiichi-Daigaku-Ku-Igakko was renamed as Tokyo-Igakko (Tokyo Medical School).
- 1876 Nov. Tokyo-Igakko was moved to Hongo.
- 1877 Apr. Tokyo Igakko, affiliated with Tokyo-Kaisei School, was renamed as The University of Tokyo. Tokyo Medical School was renamed as The University of Tokyo Faculty of Medicine.
- 1886 Mar. The University of Tokyo was renamed as Imperial University, and The University of Tokyo Faculty of Medicine was renamed as the Imperial University Medical College. A Graduate School was established.
- 1897 Jun. The Imperial University was renamed as Tokyo Imperial University.
- 1917 Aug. Eiraku Hospital, affiliated with the Ministry of Education Medical Practice License Examination, moved to Tokyo Imperial University and was renamed as Koishikawa Hospital affiliated with Tokyo Imperial University Medical College.
- 1919 Apr. A faculty system was established renaming Tokyo Imperial University Medical College as the Faculty of Medicine.
- 1931 Feb. The first building of the Faculty of Medicine was constructed.
- 1936 Jan. The Brain Research Laboratory was built with funds donated by Mr. Hisasaburo Horikoshi.
- Nov. The second building of the Faculty of Medicine (main building) was constructed.
- 1947 Oct. Tokyo Imperial University was renamed as The University of Tokyo.
- 1950 Apr. The Institute of Nursing was renamed as The University Nursing School.
- 1953 Apr. The School of Health Care and Nursing was founded.

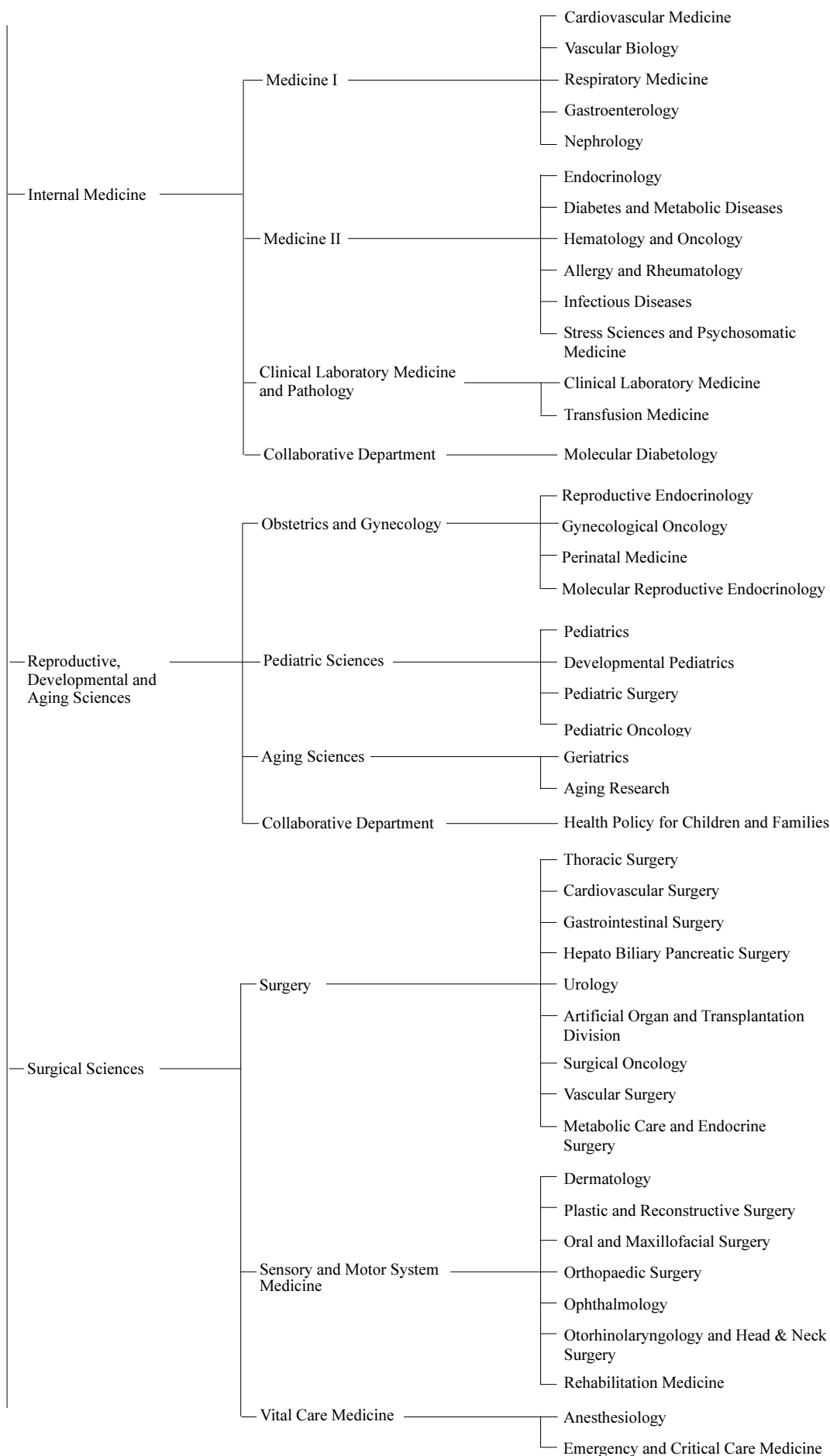
- Jul. The Graduate School was founded, and the Division of Medical Doctor Biological Science was established. The Brain Research Laboratory became the Brain Research Institute of the Faculty of Medicine.
- 1956 Apr. The Midwives School was established.
- 1958 Apr. The Division of Pharmaceutical Sciences became an independent faculty.  
May The University of Tokyo Faculty of Medicine celebrated its centennial anniversary.
- 1961 Mar. The Medical Library was built in commemoration of the centenary.  
Apr. The Institute of Medical Electronics was established.
- 1965 Apr. The Research Institute of Logopedics and Pediatrics was established. The School of Health Care and Nursing was reorganized as the School of Health Sciences. The Graduate School of The University of Tokyo was reorganized and the Division of Medical Doctor Biological Science became the Faculty of Medicine. The Health science Course was established in the Medical Science Division.
- 1966 Sep. The third building of the Faculty of Medicine was constructed.
- 1971 Apr. The Laboratory of Animal Experiments was established.
- 1973 Mar. The Animal Center for Biomedical Research was constructed.
- 1983 Jan. An annex of the third building of the Faculty of Medicine was constructed.
- 1985 Sep. The office of International Academic Affairs was established.
- 1987 Apr. Specialized courses were introduced to the Graduate School of Medicine.
- 1992 Apr. The School of Health Sciences became the School of Health Science and Nursing. The School of International Health was established in the Medical Science Division.  
Jul. The Radiation Research Institute was established.
- 1995 Apr. As a result of the shift to the chair system of the Graduate School of Medicine, four divisions, Third Basic Medicine, Social Medicine, Third and Fourth Clinical Medicine, were replaced with Pathology, Immunology and Microbiology, Social Medicine, Reproduction and Development, and Aging Science and Surgery.
- 1996 Apr. As a result of the shift to the chair system of the Graduate School of Medicine, three divisions, First Clinical Medicine, Health Science, and International Health, were replaced with Internal Medicine, Health Science and Nursing, and International Health.
- 1997 Apr. As a result of the shift to the chair system of the Graduate School of Medicine, three divisions, First and Second Basic Medicine, and Second Clinical Medicine, were replaced with Molecular Cell Biology, Functional Biology, Radiology and Biomedical Engineering, and Neuroscience.  
As a result of the above-mentioned reorganization, three institutes, the Institute of Brain Research, the Institute of Medical Electronics, and the Institute of Logopedics and Phoniatics were made redundant.
- 1999 Apr. The Master course of Medical Science was established in the Graduate School of Medicine. This course accepts graduates of all faculties except those from Schools of Medicine, Dentistry, and Veterinary Medicine.

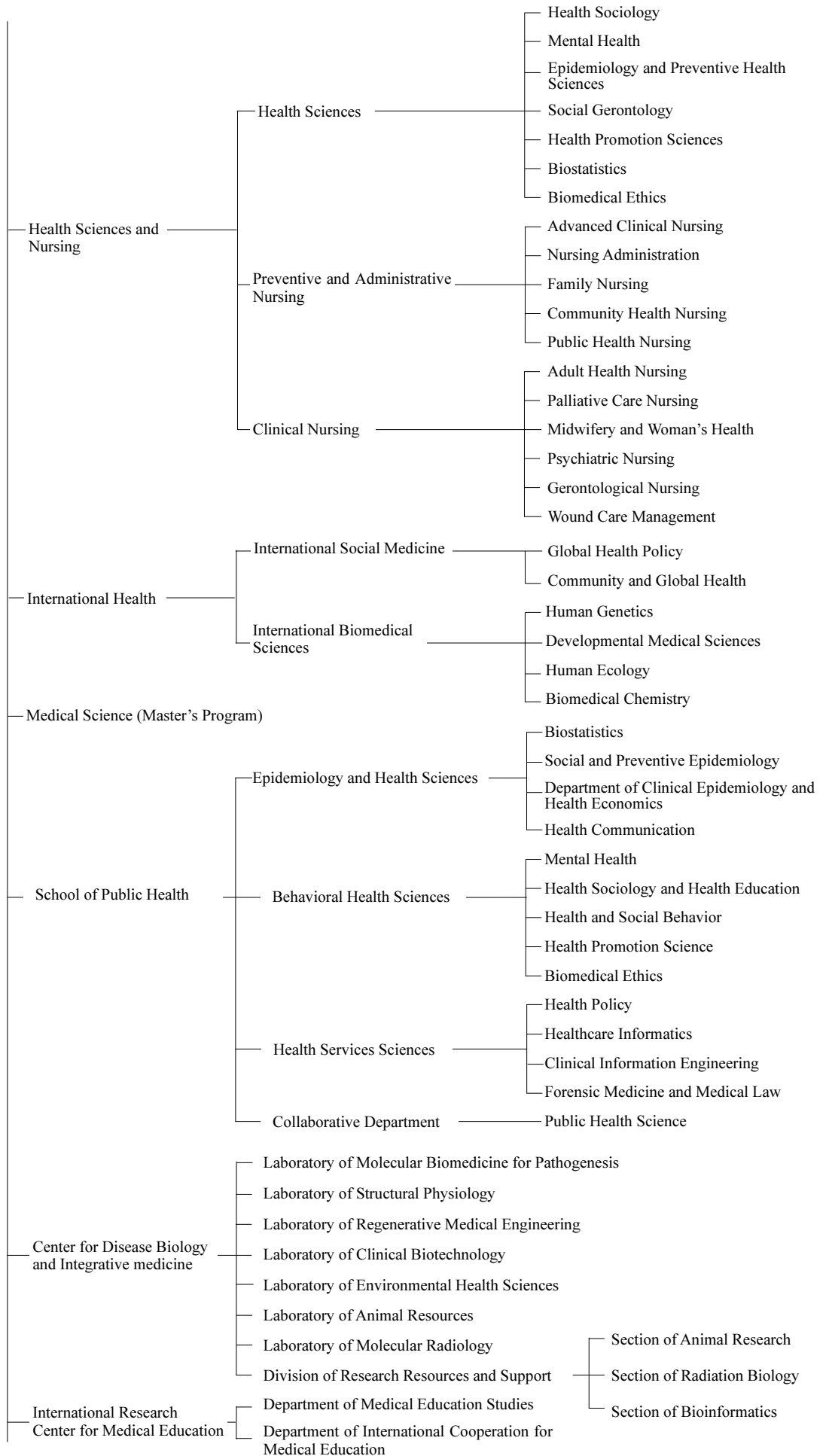
- 2000 Apr. The International Research Center for Medical Education was established (A shared facility for education and research).
- 2001 Apr. The University Branch Hospital was united with the University Hospital.
- 2002 Mar. Nursing School and Midwives School was Closed.
- 2002 Mar. Experimental Building (First Stage) was constructed.
- 2003 Apr. The Center for Disease Biology and Integrative Medicine was established.
- 2004 Apr. All the National Universities owned by the Japanese Government became National University Corporations. and the University of Corporation.
- 2005 Mar. Experimental Building (Second Stage) was constructed.
- 2007 Apr. The School of Public Health was established. This school offers programs for Master of Public Health.
- 2008 May. The University of Tokyo Faculty of Medicine and the University of Tokyo Hospital celebrated their 150th anniversary.
- 2010 Apr. The School of Health Science and Nursing became the School of Integrated Health Sciences.
- 2011 Jan. The Museum of Health and Medicine was established.
- 2012 Apr. The Office for research Ethics Support was established.
- 2013 Apr. The International Research Center for Medical Education became a facility of the Graduate School of medicine.
- 2013 Oct. The Life Sciences Core facility was established.
- 2015 Apr. The Office for Clinical Practice and Medical Education was established.

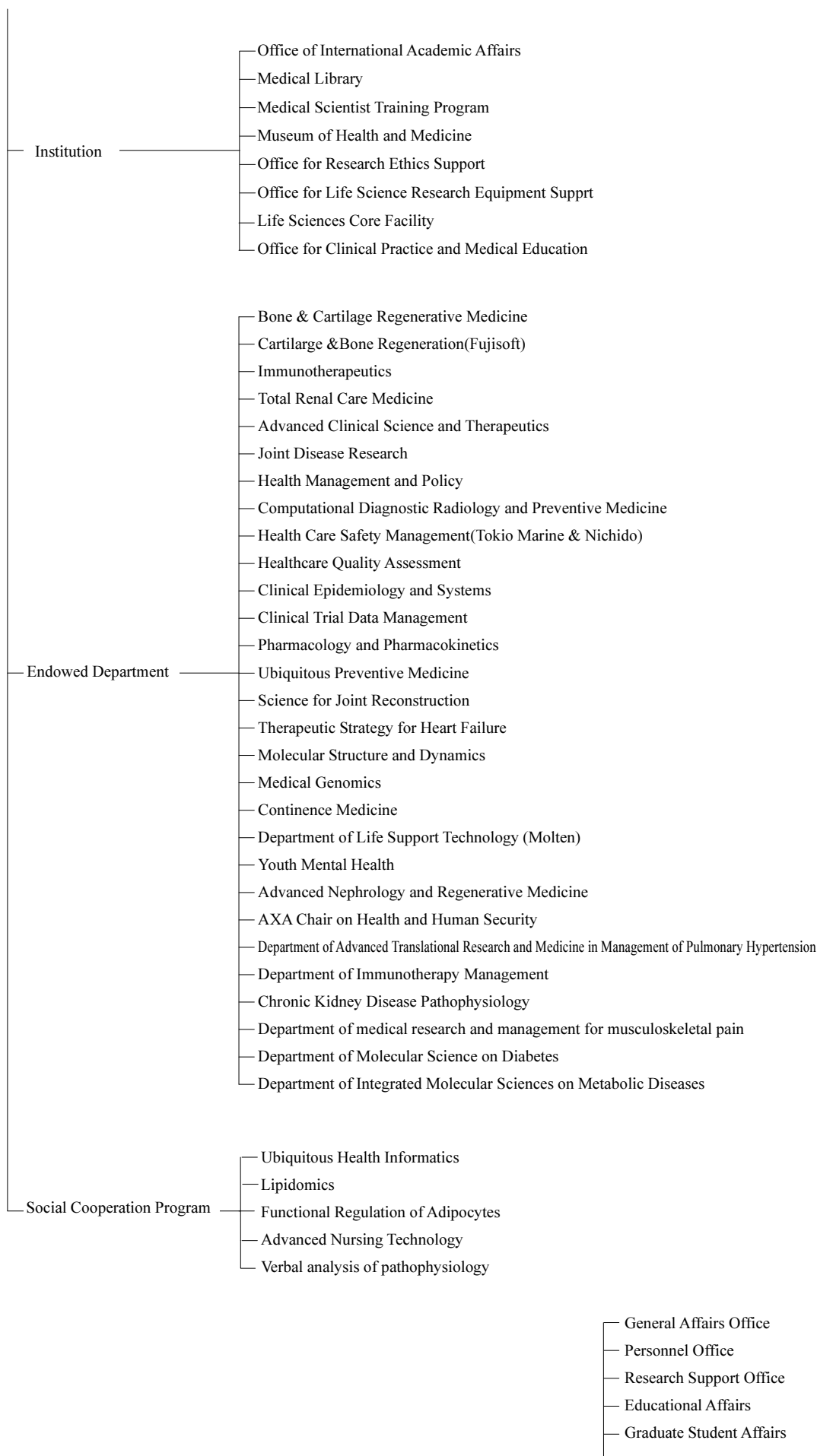


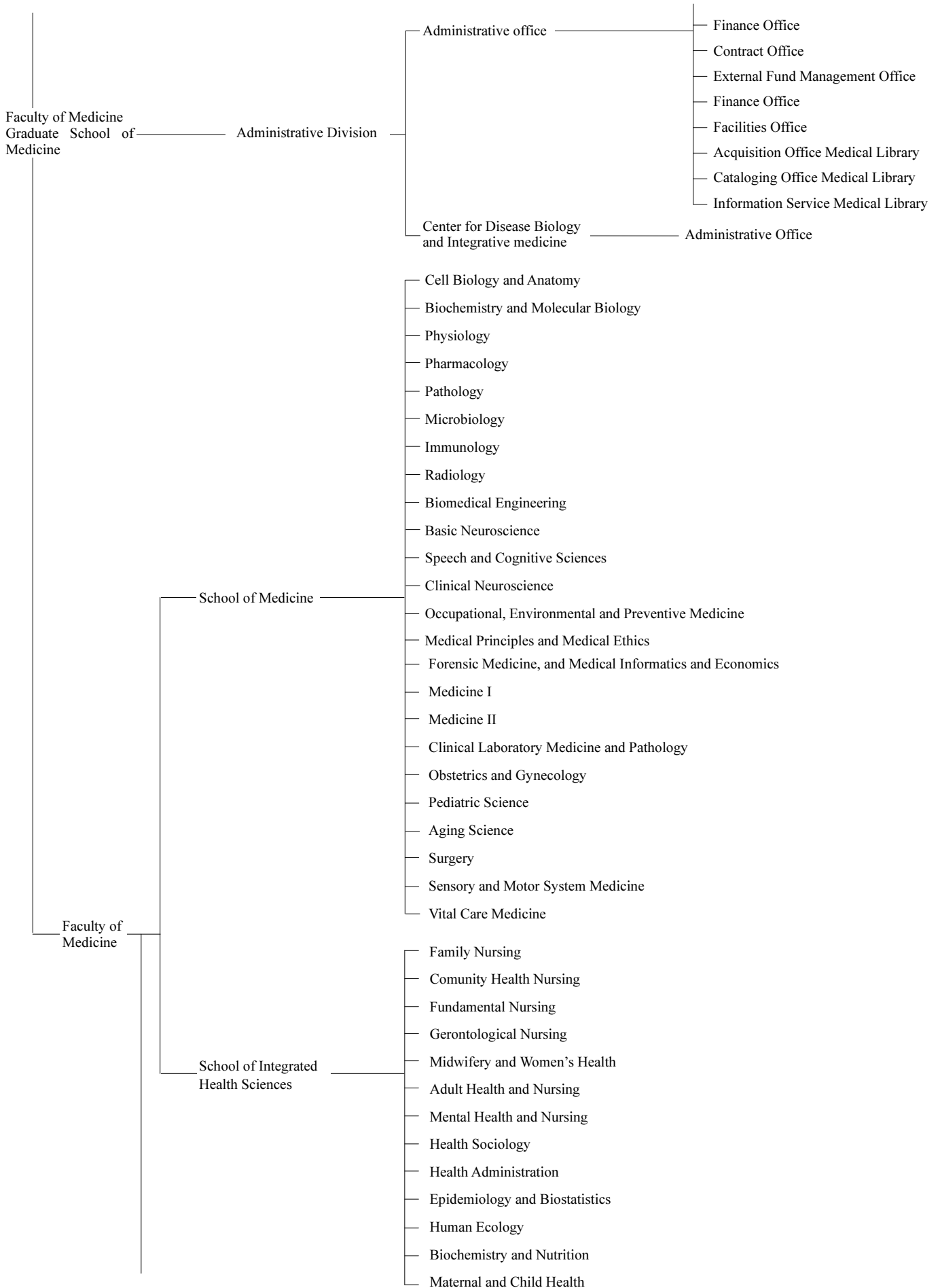
### Organization Chart

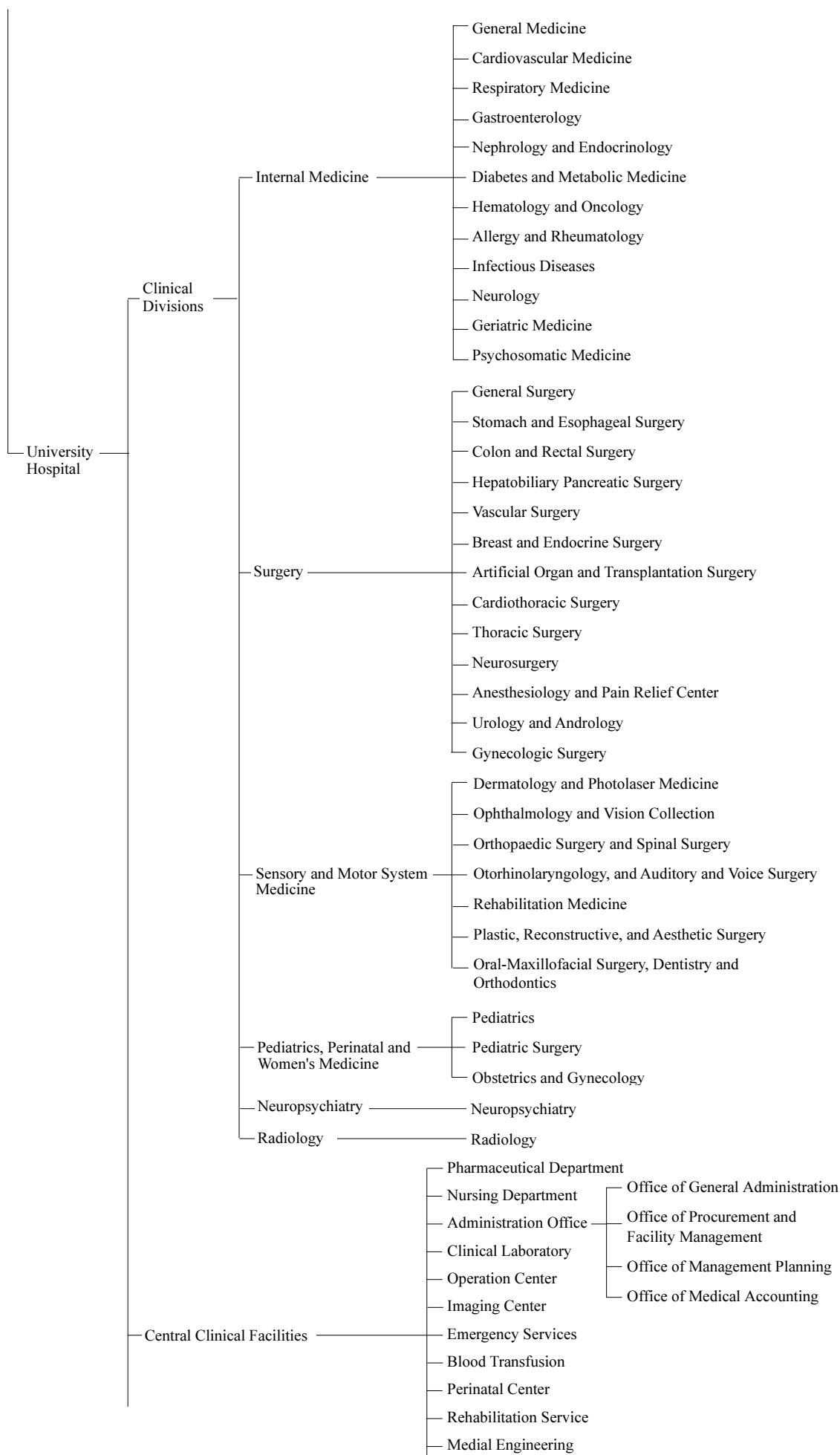


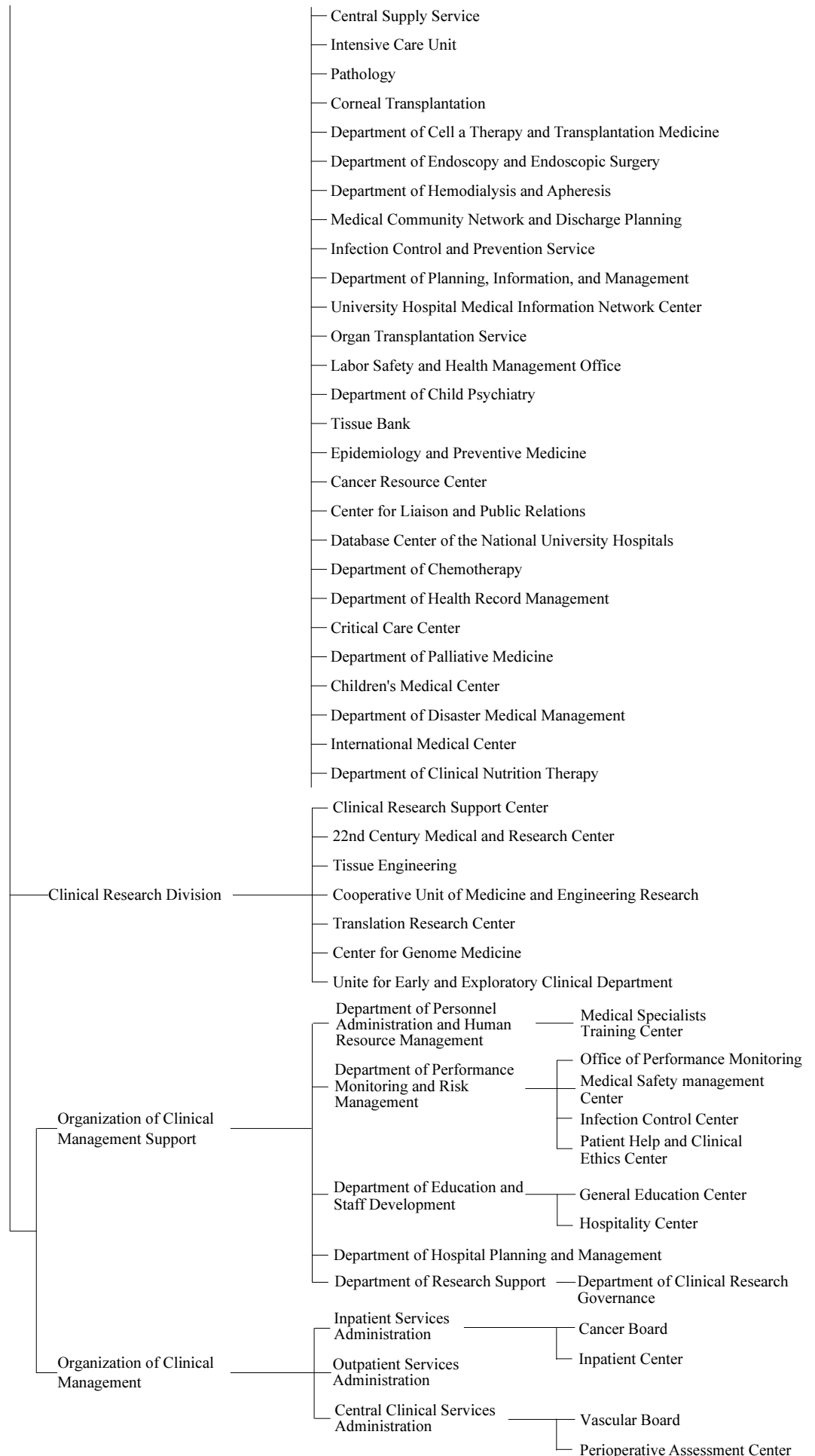












## **Teaching, Research, Secretarial and Administrative Staffs**

### **Chief Members of Administration**

Dean, Graduate School of Medicine (Dean, Faculty of Medicine)		Kohei Miyazono
Chairman, School of Health Sciences and Nursing		Hiroshi Sanada
Director, Medical Library		Tsuyoshi Takato
Director General, University Hospital		Nobuhito Saito
Director, Center for Disease Biology and Integrative Medicine		Shigeo Okabe
Director, International Research Center for Medical Education		Kazuhiko Yamamoto

### **Graduate School of Medicine**

#### **Molecular Cell Biology**

Department of Cell Biology and Anatomy	Professor	Masahide Kikkawa
	Professor	Shigeo Okabe
Department of Biochemistry and Molecular Biology	Professor	Noboru Mizushima
	Professor	Hiroyuki Mano
	Professor	Hiroki Kurihara

#### **Functional Biology**

Department of Physiology	Professor	Kenichi Ohki
	Professor	Masanori Matsuzaki
	Professor	Masanobu Kano
Department of Pharmacology	Professor	Masamitsu Iino
	Professor	Hiroki Ueda

#### **Pathology, Immunology and Microbiology**

Department of Pathology	Professor	Masashi Fukayama
	Professor	Kohei Miyazono
Department of Microbiology	Professor	Masanori Hatakeyama
	Professor	Kyoji Moriya
Department of Immunology	Professor	Hiroshi Takayanagi

#### **Radiology and Biomedical Engineering**

Department of Radiology	Professor	Kuni Otomo
Department of Biomedical Engineering	Professor	Yasuteru Urano

#### **Neuroscience**

Department of Basic Neuroscience	Professor	Takeshi Iwatsubo
	Professor	Haruhiko Bito
	Professor	Kenzo Hirose



Department of Integrative Medical Neuroscience		
Department of Clinical Neuroscience	Professor	Kiyoto Kasai
	Professor	Shoji Tsuji
	Professor	Nobuhito Saito
<b>Social Medicine</b>		
Department of Occupational, Environmental and Preventive Medicine	Professor	Koji Matsushima
	Professor	Yasuki Kobayashi
Department of Forensic Medicine, and Medical Informatics and Economics	Professor	Hirotarō Iwase
	Professor	Kazuhiko Ohe
<b>Internal Medicine</b>		
Department of Medicine I	Professor	Issei Komuro
	Professor	Takahide Nagase
	Professor	Kazuhiko koike
Department of Medicine II	Professor	Masaomi Nangaku
	Professor	Takashi Kadowaki
	Professor	Mineo Kurokawa
	Professor	Kazuhiko Yamamoto
Department of Clinical Laboratory Medicine and Pathology	Professor	Yutaka Yatomi
	Professor	Hitoshi Okazaki
<b>Reproductive, Developmental and Aging Science</b>		
Department of Obstetrics and Gynecology	Professor	Tomoyuki Fujii
	Professor	Yutaka Osuga
Department of Pediatric Science	Professor	Akira Oka
	Professor	Hiroo Uchida
Department of Aging Science	Professor	Masahiro Akishita
<b>Surgical Sciences</b>		
Department of Surgery	Professor	Jun Nakajima
	Professor	Minoru Ono
	Professor	Yasuyuki Seto
	Professor	Norihiro Kokudo
	Professor	Yukio Homma
	Professor	Toshiaki Watanabe
Department of Sensory and Motor System Medicine	Professor	Shinichi Sato
	Professor	Isao Koshima
	Professor	Tsuyoshi Takato
	Professor	Sakae Tanaka
	Professor	Makoto Aihara
	Professor	Tatsuya Yamasoba
	Professor	Nobuhiko Haga

Department of Vital Care Medicine	Professor	Yoshitsugu Yamada
	Professor	Naoki Yahagi
<b>Health Sciences and Nursing</b>		
Department of Health Sciences	Professor	Norito Kawakami
	Professor	Yutaka Matsuyama
	Professor	Hideki Hashimoto
	Professor	Akira Akabayashi
Department of Preventive and Administrative Nursing	Professor	Kiyoko Kamibeppu
Department of Clinical Nursing	Professor	Noriko Yamamoto
	Professor	Norito Kawakami
	Professor	Hiromi Sanada
<b>International Health</b>		
Department of International Social Medicine	Professor	Kenji Shibuya
	Professor	Masamine Jinba
Department of International Biomedical Sciences	Professor	Katsushi Tokunaga
	Professor	Masashi Mizuguchi
	Professor	Chiho Watanabe
	Professor	Kiyoshi Kita
<b>School of Public Health</b>		
Department of Epidemiology and Health Sciences	Professor	Yutaka Matsuyama
	Professor	Satoshi Sasaki
	Professor	Hideo Yasunaga
	Professor	Takahiro Kiuchi
Department of Behavioral Health Sciences	Professor	Norito Kawakami
	Professor	Hideki Hashimoto
	Professor	Akira Akabayashi
Department of Health Services Sciences	Professor	Yasuki Kobayashi
	Professor	Kazuhiko Ohe
	Professor	Hiroshi Oyama
	Professor	Hirotarō Iwase

**Center for Disease Biology and Integrative Medicine**

Laboratory of Molecular Biomedicine for pathogenesis	Professor	Toru Miyazaki
Laboratory of Structural Physiology	Professor	Haruo Kasai
Laboratory of Regenerative Medical Engineering	Professor	Takashi Azuma
Laboratory of Clinical Biotechnology	Professor	Kazunori Kataoka
Laboratory of Animal Resources	Professor	Atsu Aiba
Laboratory of Molecular Radiology	Professor	Kiyoshi Miyagawa
Division of Research Resources and Support		

**International Research Center for Medical Education**

Professor Kiyoshi Kitamura

**Medical Library**

Professor Tsuyoshi Takato

**International Academic Affairs**

Professor Yasuyuki Seto

**Medical Scientist Training Program**

Professor Haruhiko Bito

**Museum of Health and Medicine**

Professor Kazuhiko Ohe

**Office for Research Ethics Support**

Professor Yutaka Yatomi

**Life Sciences Core Facility**

Associate Professor Yoshihiro Kita

**Office for Clinical Practice and Medical Education**

Professor Tatsuya Yamasoba

**Endowed Departments**

Department of Bone & Cartilage Regenerative Medicine	Associate professor	Takeshi Miyamoto
Department of Cartilage & Bone Regeneration(Fujisoft)	Associate professor	Atsuhiko Hikita
Immunotherapeutics	Professor	Kazuhiro Kakimi
Total Renal Care Medicine	Associate professor	Norio Hanafusa
Department of Advanced Clinical Science and Therapeutics	Associate professor	Junichi Suzuki
Department of Joint Disease Research	Associate professor	Noriko Yoshimura
Health Management and Policy	Professor	Soichi Koike
	Associate professor	Ryuichi Yamamoto
Computational Diagnostic Radiology and Preventive Medicine	Professor	Naoto Hayashi
	Associate professor	Kansei Uno
	Associate professor	Takeharu Yoshikawa
Healthcare Safety Management (Tokio Marine & Nichido)	Associate professor	Masaki Anraku
The Department of Healthcare Quality Assessment	Professor	Hiroaki Miyata
	Associate professor	Shun Kohsaka
Clinical Epidemiology and Systems	Associate professor	Daisuke Koide
Pharmacology and Pharmacokinetics	Associate professor	Masashi Honma
Ubiquitous Preventive Medicine	Associate professor	Yuichi Ikeda
Science for joint reconstruction	Associate professor	Toru Moro
Department of Molecular Structure and Dynamics	Professor	Nobutaka Hirokawa
Department of Medical Genomics	Associate professor	Eirin Sai
Continence medicine	Professor	Yasuhiko Igawa
Department of Life Support Technology (Molten)	Associate professor	Taketoshi Mori

Department of Youth Mental Health	Associate professor	Tsuyoshi Araki
Department of Advanced Nephrology and Regenerative Medicine Sciences in the Super-aged Society	Associate professor	Keiichi Hishikawa
AXA Chair on Health and Human Security	Professor	Manami Inoue
Department of Advanced Translational Research and Medicine in Management of Pulmonary Hypertension	Associate professor	Eiki Takimoto
Department of Immunotherapy Management	Associate professor	Hiroko Kanda
Chronic kidney disease pathophysiology	Associate professor	Reiko Inagi
Department of medical research and management for musculoskeletal pain	Associate professor	Ko Matsudaira
Department of Molecular Science on Diabetes	Professor	Kohjiro Ueki
Department of Integrated Molecular Sciences on Metabolic Diseases	Associate professor	Masato Iwabu

### Social Cooperation Program

Department of Ubiquitous Health Informatics	Associate professor	Kayo Waki
Department of Lipidomics	Professor	Takao Shimizu
	Associate professor	Fuyuki Tokumasu
Functional Regulation of Adipocytes	Associate professor	Hironori Waki
Advanced Nursing Technology	Associate professor	Ryoko Murayama
Verbal analysis of pathophysiology	Associate professor	Shinichi Tokuno

### University Hospital

#### Clinical Divisions

General Medicine	Head	Mineo Kurokawa
Cardiovascular Medicine	Head	Issei Komuro
Respiratory Medicine	Head	Takahide Nagase
Gastroenterology	Head	Kazuhiko Koike
Nephrology and Endocrinology	Head	Masaomi Nangaku
Diabetes and Metabolic Medicine	Head	Takashi Kadowaki
Hematology and Oncology	Head	Mineo Kurokawa
Allergy and Rheumatology	Head	Kazuhiko Yamamoto
Infectious Diseases	Head	Hiroshi Yotsuyanagi
Neurology	Head	Shoji Tsuji
Geriatric Medicine	Head	Masahiro Akishita
Psychosomatic Medicine	Head	Kazuhiro Yoshiuchi
General Surgery	Head	Norihiro Kokudo
Stomach and Esophagus Surgery	Head	Yasuyuki Seto
Colon and Rectal Surgery	Head	Toshiaki Watanabe

Hepatobiliary Pancreatic Surgery	Head	Norihiro Kokudo
Vascular Surgery	Head	Toshiaki Watanabe
Breast and Endocrine Surgery	Head	Keiichiro Tada
Artificial organ and Transplantation Surgery	Head	Norihiro Kokudo
Cardiovascular Surgery	Head	Minoru Ono
Thoracic Surgery	Head	Jun Nakajima
Neurosurgery	Head	Nobuhito Saito
Anesthesiology and Pain Relief Center	Head	Yoshitsugu Yamada
Urology and Andrology	Head	Yukio Honma
Gynecologic Surgery	Head	Yutaka Ohsuga
Dermatology and Photolaser Medicine	Head	Shinichi Sato
Ophthalmology and Vision Collection	Head	Makoto Aihara
Orthopaedic Surgery and Spinal Surgery	Head	Sakae Tanaka
Otorhinolaryngology and Auditory and Voice Surgery	Head	Tatsuya Yamasoba
Rehabilitation Medicine	Head	Nobuhiko Haga
Plastic, Reconstructive and Aesthetic Surgery	Head	Isao Koshima
Oral-Maxillofacial Surgery Dentistry and Orthodontics	Head	Tsuyoshi Takato
Pediatrics	Head	Akira Oka
Pediatric Surgery	Head	Jun Fujishiro
Obstetrics and Gynecology	Head	Tomoyuki Fujii
Neuropsychiatry	Head	Kiyoto Kasai
Radiology	Head	Kuni Ohtomo
<b>Central Clinical Facilities</b>		
Pharmaceutical Department	Head	Hiroshi Suzuki
Department of Clinical Laboratory	Head	Yutaka Yatomi
Surgical Center	Head	Hiroshi Yasuhara
Imaging Center	Head	Kuni Ohtomo
Emergency Service	Head	Naoki Yahagi
Department of Blood Transfusion	Head	Hitoshi Okazaki
Perinatal Center	Head	Tomoyuki Fujii
Rehabilitation Center	Head	Nobuhiko Haga
Department of Medical Engineering	Head	Kyouhiro Chou
Central Supply Service	Head	Kazuhiko Fukatsu
Intensive Care Unit	Head	Naoki Yahagi
Pathology	Head	Masashi Fukayama
Department of Corneal Transplantation	Head	Satoru Yamagami
Department of Cell Therapy and Transplantation Medicine	Head	Mineo Kurokawa
Department of Endoscopy and Endoscopic Surgery	Head	Mitsuhiro Fujisiro
Department of Hemodialysis and Apheresis	Head	Masaomi Nangaku

Medical Community Network and Discharge Planning	Head	Kiyoto Kasai
Infection Control and Prevention Service	Head	Kyoji Moriya
Department of Planning, Information and Management	Head	Kazuhiko Ohe
University Hospital Medical Information Network Center	Head	Takahiro Kiuchi
Organ Transplantation Service	Head	Norihiro Kokudo
Labor Safety and Health Management Office	Head	Tomotaka Yamamoto
Child Psychiatry	Head	Yukiko Kano
Tissue Bank	Head	Sumihito Tamura
Epidemiology and Preventive Medicine	Head	Tsutomu Yamazaki
Cancer Resource Center	Head	Sachiyo Nomura
Center for Liaison and Public Relations	Head	Toshiaki Watanabe
Department of Chemotherapy	Head	Norihiro Kokudo
Department of Medical Record Management	Head	Toshiaki Watanabe
Critical Care Center	Head	Susumu Nakajima
Department of Palliative Medicine	Head	Masahiko Sumitani
Children's Medical Center	Head	Akira Oka
Department of Disaster Medical Management	Head	Masaomi Nangaku
International Medical Center	Head	Sumihito Tamura
Department of Clinical Nutrition Therapy	Head	Naoto Kubota
Clinical Research Support Center	Head	Tsutomu Yamazaki
22nd Century Medical and Research Center	Head	Tsuyoshi Takato
Department of Tissue Engineering	Head	Tsuyoshi Takato
Cooperative Unit of Medicine and Engineering Research	Head	Minoru Ono
Translational Research Center	Head	Mineo Kurokawa
Center for Genome Medicine	Head	Shoji Tsuji
Unit for Early and Exploratory Clinical Development	Head	Takeshi Iwatsubo

**The University of Tokyo,  
Graduate School of Medicine**

# **Molecular Cell Biology**

## **1. Cell Biology and Anatomy**



# Department of Cell Biology and Anatomy

## Associate Professor

Yoshimitsu Kanai, M. D., Yosuke Takei, M. D.,

## Lecturer and Associate

Yosuke Tanaka, M. D., Noriko Homma, Ph. D.,

**Homepage** <http://cb.m.u-tokyo.ac.jp/>

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## Teaching activities

Our teaching responsibility is following.

I.

- 1) Lecture on Cell Biology, Developmental Biology, Histology and Neurocytology.
- 2) Lecture on Gross Anatomy and Neuroanatomy. to medical students and students of other faculties

II.

- 1) Laboratory course of Gross Anatomy and Neuroanatomy.
- 2) Laboratory course of Histology and Histology of the Central Nervous System.

to medical students and students of other faculties.

In addition we offer a special training course (free quarter) of various kinds of molecular cell biology techniques such as immunocytochemistry, electron microscopy, biochemistry, molecular biology, biophysics, and cellular and molecular neurobiology technique to medical students.

## Research activities

Our research field covers the molecular cell biology of the cytoskeleton. We focus on the molecular mechanisms of cell morphogenesis and intracellular transports.

Our laboratory studies molecular architecture, dynamics and function of the neuronal cytoskeleton using various new molecular cell biological approaches including new electron microscopy such as the quick freeze deep etch electron microscopy,

cryoelectron microscopy at atomic resolution, and cryoultramicrotomy, biochemistry, immunocytochemistry, molecular biology, molecular genetics such as gene targeting and transgenic mouse approaches, molecular biophysics and structure biology including X ray crystallography and cryoelectron microscopy.

In this way we can study structure, dynamics and functions of cytoskeleton from gene to cell, tissue and whole body.

Nerve cells as units of complicated neuronal networks in the brain develop very polarized morphology composed of dendrites, cell body and a long axon along the direction of impulse propagation. The neuronal cytoskeleton plays three major important roles.

- 1) It provides dynamic frameworks for neurite extension and maintenance.
- 2) It provides structural bases for organelle transports in the cells. Namely it works as rails and motor molecules to transport materials from cell center to periphery and from periphery to cell center.
- 3) It very importantly regulates release processes of transmitters and also contributes to anchor receptors at the postsynaptic sites.

Our laboratory studies molecular architecture, dynamics and function of the cytoskeleton focusing on these three major roles.

To study these molecular mechanisms we use new molecular cell biological approaches including electron microscopy of molecular resolution, biochemistry, biophysics, molecular biology and

## References

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4. Hirokawa, N. and Y. Tanaka. Kinesin superfamily proteins (KIFs): Various functions and their relevance for important phenomena in life and diseases. (Review Article) *Exp Cell Res* 334: 16-25, 2015.
5. Ichinose, S., T. Ogawa, and N. Hirokawa. Mechanism of Activity-dependent Cargo Loading via the Phosphorylation of KIF3A by PKA and CaMKIIa. *Neuron* 87: 1022–1035, 2015.
6. Ogawa, T. and N. Hirokawa. Microtubule destabilizer KIF2A undergoes distinct site-specific phosphorylation cascades that differentially affect neuronal morphogenesis. *Cell Reports* 12: 1–15, 2015.
7. Takei, Y., Y. S. Kikkawa, N. Atapour, T. K. Hensch, and N. Hirokawa. Defects in synaptic plasticity, reduced NMDA-receptor transport, and instability of PSD proteins in mice lacking microtubule-associated protein 1A (MAP1A). *J Neurosci* 35(47): 15539 –15554, 2015.
8. Tanaka, Y., S. Niwa, M. Dong, A. Farkhondeh, Li. Wang, R. Zhou, and N. Hirokawa. The molecular motor KIF1A transports the trkA neurotrophin receptor and is essential for sensory neuron survival and function. *Neuron*

# Department of Cell Biology & Anatomy (Structural Biology)

## Professor

Masahide Kikkawa, M.D., Ph.D.

## Associate

Haruaki Yanagisawa, Ph. D, Toshiyuki Oda, Ph. D, Tsukasa Makino, Ph. D.

**Homepage** <http://structure.m.u-tokyo.ac.jp>

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## Introduction and Organization

Our laboratory is one of the laboratories in Department of Cell Biology and Anatomy. Since the reorganization of School of Medicine in 1997, the lab was named as “Structural Biology”. The current lab was established in 2009 when Masahide Kikkawa was appointed as a professor.

Currently the lab members include: Masahide Kikkawa (Professor), Haruaki Yanagisawa (Associate), Toshiyuki Oda (Associate), Tsukasa Makino (Associate), Akihisa Tsutsumi (Associate), Yuma Tani, Tatsuki Abe (MSTP students), Akiko Osakaya (Technician), Aya Okubo (Technician), and Mikako Yanagiuchi (secretary).

## Teaching activities

Our lab, together with Hirokawa and Okabe’s lab, is in charge of teaching following courses:

- 1) Gross Anatomy for medical students.
- 2) Cell Biology and Histology for medical students.
- 3) Special training (Free Quarter) for medical students.
- 4) Advance cell biology course for graduate students.

## Research activities

Our lab focuses on the structure and function of eukaryotic flagella/cilia. Flagella/cilia is both “propeller” and “antenna” of cells, whose diameter is about 250 nm. From the recent studies, it is becoming

clear that flagella/cilia is involved in various important cell functions.

To study the functions of flagella/cilia, we employ various imaging techniques, including cryo-electron microscopy and 3D-tracking microscope in combination with genetic manipulations.

### **Cryo-electron microscopy and cryo-electron tomography**

One of our strength is in the high-resolution cryo-electron microscopy (cryo-EM). This technique enables preserving biological samples by quickly freezing them and observing the frozen samples without staining. Using electron microscopy, we are able to obtain nano-meter resolution of macromolecular complexes such as axonemes. We have been developing new techniques, such as asymmetric helical reconstruction and Ruby-Helix software.

Cryo-electron tomography is also used for visualizing more complex cellular structures such as eukaryotic cilia/flagella. In combination with genetics, it is now possible to identify the 3D positions of specific gene product.

### **Model Organism**

Our lab currently uses *Chlamydomonas* as a model organism for studying flagella. To identify molecules that are involved in regulating dynein, we use various genetic tools, including classical mutagenesis, siRNA.

In addition, we are also developing 3D-tracking microscopy in collaboration with Dr. Oku in Department of Engineering. We are trying to track *Chlamydomonas* cells and simultaneously record flagella movement to elucidate the mechanism of flagella regulation.

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1. Oda T., H. A. Yanagisawa, and M. Kikkawa  
“Detailed Structural and biochemical characterization of the nexin-dynein regulatory complex.”  
*Molecular Biology of the Cell*, 26:294-304, 2015

# Department of Cellular Neurobiology

## Professor

Shigeo Okabe, M.D., Ph.D.

## Lecturer

Hirohide Iwasaki, Ph.D

## Research Associate

Shinji Tanaka, Ph.D., Hiroaki Oshiro, Ph.D.

**Homepage** <http://synapse.m.u-tokyo.ac.jp/>

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## Introduction and Organization

The Department of Cellular Neurobiology was initially established as Neuroanatomy department of former Brain Institute of Medical School of Imperial University of Tokyo in 1936. Since the structural reconstruction of School of Medicine in 1997 this department became one of the departments of Cell Biology and Anatomy of Graduate School of Medicine. This department is currently organized by Professor Shigeo Okabe since September in 2007. The department is constituted of other 28 members.

## Education

For medical students, our department takes the following lectures and courses.

1. Cell Biology, Histology and Neurocytology
2. Gross Anatomy and Neuroanatomy.
3. Free Quarter.

For graduate students, we offer the following lectures and seminars.

1. Cellular Neurobiology.
2. Cell Biology and Histology.
3. Discussion seminars and progress reports of experiment.
4. Joint seminar with other departments

## Research

Brain functions, which are dependent on mutual communication of a tremendous number of neuronal cells, regulate the behavior of animals and humans. The main structure specifically differentiated for information exchange between neurons is called "synapse". Long-term maintenance of synaptic properties underlies stability and reproducibility of behavior in responses to external stimuli. In turn, alterations of synaptic properties are thought to be the basis of behavioral change in the course of animal development and also after learning. Therefore, synapses should be stabilized for a long term to realize fidelity of various animal behaviors, but also should be altered rapidly when animals adapt to a new environment. Molecular basis of this dichotomy, which is unique to synapses, is the main interest of our laboratory.

### Synapse formation during development

Synapse is one of the major elements to transduce information from neuron to neuron. Most of the synapses are formed during the early development and thereafter they become stable after the intensive pruning. We are interested in how synapse is formed and maintained.

The postsynaptic densities (PSDs) are protein dense structures which are located closely to postsynaptic membranes. PSDs include a variety of receptors,

scaffolding proteins and signaling molecules. We focus on some PSD proteins and examine their roles in synapse formation and maintenance.

Two-photon excitation microscopy allows imaging of living brain. We examine synapse remodeling in vivo by observing the postsynaptic structures and some PSD proteins tagged by fluorescent proteins. We are also investigating abnormality of synapse remodeling in developmental disorders by using some mouse models. Our laboratory is investing the properties and molecular basis of synapses in vitro and in vivo by various imaging techniques.

## Publications

1. Miyazaki, J., Iida, T., Tanaka, S., Hayashi-Takagi, A., Kasai, H., Okabe, S., Kobayashi, T.  
Fast 3D visualization of endogenous brain signals with high-sensitivity laser scanning photothermal microscopy.  
*Biomed Opt Express.*, Apr 5;7(5):1702-10., 2016
2. Ochi, T., Nakatomi, H., Ito, A., Imai, H., Okabe, S., Saito, N.  
Temporal changes in the response of SVZ neural stem cells to intraventricular administration of growth factors.  
*Brain Res.*, Apr 1;1636:118-29., 2016
3. Matlashov, M.E., Bogdanova, Y.A., Ermakova, G.V., Mishina, N.M., Ermakova, Y.G., Nikitin, E.S., Balaban, P.M., Okabe, S., Lukyanov, S., Enikolopov, G., Zaraisky, A.G., Belousov, V.V.  
Fluorescent ratiometric pH indicator SypHer2: Applications in neuroscience and regenerative biology.  
*Biochim Biophys Acta.*, Nov;1850(11):2318-28., 2015
4. Hayashi, A., Asanuma, D., Kamiya, M., Urano, Y., Okabe, S.  
High affinity receptor labeling based on basic leucine zipper domain peptides conjugated with pH-sensitive fluorescent dye: Visualization of AMPA-type glutamate receptor endocytosis in living neurons.  
*Neuropharmacology.*, Jan;100:66-75., 2016
5. Fujita, K., Okabe, S.  
For Microscopy special feature on 'super resolution microscopy'.  
*Microscopy (Oxf.)*, Feb;64(4):225., 2015
6. Okabe, S.  
Brain/MINDS - a new program for comprehensive analyses of the brain.  
*Microscopy (Oxf.)*, Feb;64(1):3-4., 2015
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For Microscopy special issue on 'connectome'.  
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*Brain Res.*, Jan 12;1594:52-60., 2015
9. Oshiro, H., Hirabayashi, Y., Furuta, Y., Okabe, S., Gotoh, Y.  
Up-regulation of HP1 $\gamma$  expression during neuronal maturation promotes axonal and dendritic development in mouse embryonic neocortex.  
*Genes Cells.*, Feb;20(2):108-20., 2015

# **Molecular Cell Biology**

## **2. Biochemistry and Molecular Biology**

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# Department of Molecular Biology

## **Professor**

Noboru Mizushima, M.D., Ph.D.

## **Associate Professor**

Shigeki Jinno, Ph.D. (- 2015.3)

## **Lecturer**

Hayashi Yamamoto, Ph.D. (2015.9 -)

## **Associate**

Akiko Kuma, Ph.D., Taki Nishimura, Ph.D.

**Homepage** <http://www.celcycle.m.u-tokyo.ac.jp/>

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## **Introduction and Organization**

Established in 1893 as a part of Department of Physiology, this Department became independent in 1897. It was renamed Department of Biochemistry in 1927, First Department of Biochemistry in 1974, and Department of Molecular Biology in 1997, according to the creation of new related departments and the reorganization of Faculty of Medicine. This Department has been headed by seven professors, each of whom made significant contributions to the development of biochemistry, nutrition and molecular biology in Japan.

Professor Muneo Kumagawa, who established this Biochemistry or Medical Chemistry Department for the first time in Japan, graduated from The University of Tokyo Faculty of Medicine in 1882. In 1884 he went to Germany to study in Department of Pathology, The University of Berlin headed by Dr. Rudolf Virchow under the supervision of Dr. Ernst Salkowski. After returning to Japan, he became Lecturer and was promoted to Professor of this Department. In 1908, he discovered lack of glycogenecity in lipids, which has been firmly established besides some exceptions, and succeeded in purification of vitamin B<sub>1</sub>, which had been discovered by Dr. C. Eijkman in 1906. His lab produced many famous researchers including Dr. Masahiro Sakaguchi, who developed a world-famous colorimetric method for arginine and Dr. Takaoki

Sasaki, who first succeeded in generating liver cancer with chemicals.

Professor Samuro Kakiuchi graduated from the Imperial University of Tokyo, Faculty of Medicine in 1906 and studied under Professor Kumagawa. After studying in the US, he came back to succeed the late Kumagawa. He launched the Journal of Biochemistry and founded the Japanese Society of Biochemistry. His students included Professors Kodama and Shimazono.

Professor Keizo Kodama graduated from the Imperial University of Tokyo in 1918. After studying at Cambridge University, he became Professor of Biochemistry at Kyushu Imperial University. In 1943, he took up a professorship at this Department. His research was on oxidation and reduction, and nutrition.

Professor Norio Shimazono, a graduate of the Imperial University of Tokyo Faculty of Medicine in 1928, became a professor at Niigata Medical School. In 1952 he succeeded Professor Kodama. He studied vitamin B<sub>1</sub>/ cocarboxylase, ketoacid metabolism and hexose metabolism.

Professor Tamio Yamakawa graduated from the Imperial University of Tokyo Faculty of Medicine, and began studies at the Institute for Infectious Diseases, the University of Tokyo. He took up a professorship to succeed Professor Shimazono. He



was a pioneer in glycolipid research and discovered the involvement of sialic acid in the ABO blood type antigens.

Professor Masami Muramatsu graduated from the University of Tokyo Faculty of Medicine in 1955. He began studies at the Department of Internal Medicine, and then went to Baylor College of Medicine to study under Dr. H. Busch. After coming back to Japan, he took a position at the Cancer Institute and then took up a professorship at Tokushima University School of Medicine. In 1982, he succeeded Professor Yamakawa. He studied ribosomal RNA and cloned interferon and p450 genes.

Professor Hiroto Okayama graduated from Kumamoto University School of Medicine in 1973. After taking a Ph.D. degree at Kyoto University School of Medicine, he went to Stanford University to study under Dr. P. Berg. After working at the NIH, USA, he became Professor of Molecular Genetics, at Osaka University Institute for Infectious Diseases. In 1993 he succeeded Professor Muramatsu. At Stanford and the NIH, he studied gene cloning and developed a full length cDNA cloning method and a cDNA expression cloning vector system, and, after returning to Japan, he studied cell cycle control and cancer.

Professor Noboru Mizushima graduated from Tokyo Medical and Dental University, Faculty of Medicine in 1991. After receiving Ph.D., he studied at National Institute for Basic Biology in Okazaki and started works on autophagy in yeast and mammals at Dr. Yoshinori Ohsumi's laboratory. Taking a position as a PI at the Tokyo Metropolitan Institute of Medical Science in 2004, he started studies on physiological roles of autophagy. He was promoted to Professor of Physiology and Cell Biology, in Graduate School and Faculty of Medicine at Tokyo Medical and Dental University in 2006, and succeeded Professor Okayama in 2012.

## Research Activities

Our current study focuses on the understanding of the molecular mechanism and physiological roles of autophagy.

### 1. Molecular mechanism of autophagy

Autophagy is one of the major degradation

pathways in the cell (1). In autophagy, intracellular components are sequestered by autophagosomes and then degraded upon fusion with lysosomes. Yeast genetic studies have identified more than 30 autophagy-related (*ATG*) genes (2). Many of these genes are conserved in higher eukaryotes, which allow us to perform genetic analysis of autophagy in mammals.

We are currently addressing some of the central questions remaining the autophagy field and trying to elucidate the mechanisms of (1) regulation of autophagy, (2) initiation of autophagosome formation, (3) elongation of the autophagic membrane, (4) fusion between the autophagosome and lysosome, and (5) recognition of selective substrates.

Yeast autophagy-initiating Atg1 kinase complex, consists of Atg1, Atg13, Atg17, Atg29, and Atg31, while the corresponding complex in most other eukaryotes, including mammals, is composed of ULK1 (or ULK2), Atg13, FIP200 (also known as RB1CC1), and Atg101. ULKs are homologs of Atg1, and FIP200 is partially homologous to Atg17. However, the sequence of Atg101 is not similar to that of Atg29 or Atg31. Although Atg101 is essential for autophagy and widely conserved in eukaryotes, its precise function and structure have remained largely unknown. We determined the crystal structure of fission yeast Atg101 in complex with the closed HORMA domain of Atg13 and revealed that Atg101 is required for stabilization of "uncapped" Atg13 in most eukaryotes and also for recruitment of downstream Atg proteins through the newly identified WF motif. By contrast, *S. cerevisiae* has stable "capped" Atg13, which does not require Atg101 for its stabilization (Suzuki et al. Nat. Struct. Mol. Biol.).

### 2. Physiological and pathological roles of autophagy

Using autophagosome-indicator GFP-LC3 mice and various autophagy-deficient mouse models, we have shown that autophagy is important for maintenance of the amino acid pool during starvation and neonatal periods, preimplantation development as an amino acid supplying system,

and for intracellular protein quality control to prevent neurodegeneration and tumorigenesis. Damaged mitochondria can also be eliminated by autophagy (called "mitophagy") and this function is linked to pathogenesis of Parkinson disease.

This year, we reports that Atg13-deficient mice show defective heart development and die in utero. This phenotype is similar to FIP200-knockout mice, but is distinct from most other types of Atg-deficient mice reported previously. In cultured fibroblasts, Atg13 deficiency not only causes impairment of autophagy but also enhances caspase-8 activation and apoptosis upon TNF- $\alpha$  treatment. This work suggests that the role of Atg13 is beyond of those of conventional Atg proteins (Kaizuka et al. *Mol Cell Biol*).

We also identified a human neurodegenerative disease termed SENDA/BPAN, in which one of the core autophagy genes *WIPI4/WDR45* is mutated (Saitsu et al. 2013). In collaboration with Dr. Zhang in China, we generated WIPI4 knockout mice and revealed that they developed motor dysfunction (Zhao et al. *Autophagy*). Thus, autophagy plays important roles in various physiological and pathological processes.

## Education

To medical students, we give lectures on biochemistry and molecular biology. General metabolism, protein synthesis, protein degradation, and metabolism of carbohydrates, amino acids, and nucleic acids are the topics in our lectures. To graduate course students, the molecular biology course consisting of lectures and experiments is provided.

## Publication

1. Kaizuka, T., Mizushima, N. Atg13 is essential for autophagy and cardiac development in mice. *Mol. Cell. Biol.* 36: 585-595 (2015).
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# Department of Cellular Signaling

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## Introduction and Organization

Cancer is the leading cause of adult deaths in developed countries. While the incidence of brain stroke– and heart attack–related deaths is rapidly decreasing, that of cancer-related ones is still linearly increasing today. More than eight millions of people die of cancer every year worldwide, and, even only in Japan, >30,000 of people die of cancer.

We aim to discover essential growth driver genes in cancer, and to develop reliable biomarkers and molecular targeted therapies by using original functional screening systems as well as genomics approaches.

In addition to the members shown above, two postdoctoral fellows, two research fellows, four graduates, two undergraduates, four research technicians and one secretaries belong to our department. We are also in a tight collaboration with Department of Medical Genomics.

## Teaching activities

We jointly take the responsibility for the lectures of Biochemistry as well as training of biochemical experiments. We accept students for Free Quarter and short laboratory courses. We further deliver lectures for Graduate School of Medicine, and accept graduate students.

## Research activities

Department of Cellular Signaling tries to fulfill our

goals mainly through two approaches.

(1) Functional screening with the use of retroviral cDNA expression libraries.

The focus formation assay had been widely used in 1980s and 1990s to identify oncogenes from human cancer. However, since this technology directly uses cancer genome to transfer oncogenes into recipient cells, expression of each gene is regulated by its own promoter/enhancer fragments. Therefore, such technology is theoretically unable to capture oncogenes whose promoter/enhancer is silent in recipient cells. To make every gene expressed sufficiently in recipient cells, we here developed a highly efficient retrovirus–mediated cDNA expression library system. Our system enables to make a library with high complexity (containing millions of independent cDNA clones) even from  $< 10^4$  of cells.

(2) Cancer genome resequencing

In addition to the functional screening shown above, we also tried to search for somatically mutated genes in human cancers with the use of “the next generation sequencers (NGS)”. While development of NGS has enabled us to determine the full genome sequence of a cancer specimen even in private laboratories, it is still a demanding task to conduct full-genome sequencing for a large number of samples. Therefore, many laboratories now purify exonic fragments from a sample genome, and determine their sequences. However, since gene fusions usually take place at intronic regions, such sequencing approach with captured exons fails to discover fusion genes.

Thus, we have developed a “cDNA-capture system”, in which exon capture is conducted on cDNA, not genomic DNA. With this technology, a single NGS experiment can detect point mutations, insertions/deletions and gene fusions simultaneously (*Cancer Sci* 103:131). We mainly use HiSeq2500 and HiSeq2000 systems for NGS, and have developed in-house computational pipelines for detecting somatic single nucleotide variations, insertions/deletions, and chromosomal rearrangements.

By coupling such approaches, we have obtained following findings this year.

BIRC2 and BIRC3 are closely related members of the inhibitor of apoptosis (IAP) family of proteins and play pivotal roles in regulation of NF- $\kappa$ B signaling and apoptosis. We have revealed that *BIRC2* and *BIRC3* mutations are also present in a wide range of epithelial tumors and that most such nonsense or frameshift mutations confer direct transforming potential. This oncogenic function of BIRC2/3 mutants is largely independent of their ability to activate NF- $\kappa$ B signaling. Rather, all of the transforming mutants lack an intact RING finger domain, with loss of ubiquitin ligase activity being essential for transformation irrespective of NF- $\kappa$ B regulation. Identification of BIRC2/3 effectors may provide a basis for the development of targeted agents for the treatment of lymphoid malignancies and other cancers with *BIRC2/3* alterations.

Mammalian target of rapamycin (mTOR) is a serine/threonine kinase that acts downstream to phosphatidylinositol 3-kinase pathway, which regulates a wide array of cellular functions such as gene transcription, translation, cell proliferation, apoptosis and autophagy. We here revealed that mTOR(L2209V) manifests a marked transforming potential in a focus formation assay with mouse 3T3 fibroblasts, and induces the phosphorylation of p70 S6 kinase 1, S6 ribosomal protein and eukaryotic translation initiation factor 4E binding protein 1. Examination of public databases and our in-house database for cancer genome mutations identified another 28 independent nonsynonymous mutations in *mTOR* among various cancer subtypes, twelve of which exhibit similar transforming ability. Such oncogenic mutations cluster at the interface between the kinase domain and the FAT (FRAP, ATM and

TRRAP) domain in the mTOR three-dimensional structure. Transforming mTOR proteins also provide cell-survival function. Our data, thus, proved that *mTOR* becomes a transforming protein by genetic changes in cancer, and suggest that such tumors may be candidates for molecularly targeted therapies with mTOR inhibitors.

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# Department of Physiological Chemistry and Metabolism

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## Introduction and Organization

The Department of Physiological Chemistry and Nutrition, the predecessor of the present department, was founded in 1952. Upon the restructuring of the university system in 1997, the department was renamed 'Department of Physiological Chemistry and Metabolism' as one unit of the Specialty of Molecular Cell Biology. The present members include the above stuffs, 2 postdoctoral fellows, 3 visiting researchers, 11 graduate students (doctor course 7, master course 4), 1 technical staff and 2 secretaries. Professor Tomoichiro Asano (Hiroshima University) is invited as a part-time lecturer to instruct graduate students and give lectures to undergraduate students.

## Teaching Activities

We give a series of lectures and laboratory courses on biochemistry and molecular biology for undergraduate students from Faculty of Medicine and Faculty of Science. We also accept undergraduate students taking "Free Quarter" and "Early-Exposure-to-Medicine" courses every year. Several students are staying in our lab beyond the term to join our research.

For graduate students, we hold progress-report

meeting and journal club every week, and sometimes invite established scientists for seminar to encourage scientific discussion. We also provide a monthly training course of theoretical biology for young researchers and students in cooperation with the members of Institute for Biology and Mathematics of Dynamical Cell Processes (iBMath), The University of Tokyo (lead by Professor Yasuo Ihara) and Core Research for Evolutional Science and Technology (CREST), Japan Science and Technology Agency.

## Research Activities

### 1. Developmental Biology and Medicine

Our research is aimed at understanding molecular mechanisms underlying morphogenesis of the craniofacial and cardiovascular structures.

#### (1) Craniofacial development

The branchial (pharyngeal) arches are a segmental series of bulging structures common and characteristic for all vertebrate embryos. They are mainly formed by migratory cranial neural crests, which give rise to various skeletal components including the jaw and middle ear structures. We have revealed that endothelin-1 (ET-1), first identified as an

endothelium-derived vasoconstrictor peptide, and its receptor ETAR signaling acts as a molecular switch that determines the lower jaw identity by using mouse genetics. Recently, human ETAR gene mutations causing craniofacial abnormalities and alopecia were identified, and the causal relationship was confirmed by our experiments recapitulating the same mutations in mice. In another work, we clarified that the tympanic membranes of mammals and reptiles/birds are independently acquired as a product of convergent evolution by showing that lower-to-upper jaw transformation induced by inactivation of ET-1/ETAR signaling results in loss of the tympanic membrane in mouse, but causes duplication of the tympanic membrane in chicken.

Furthermore, we verified that *Hoxa2*, a member of the Hox gene clusters, is sufficient for endowing Hox-free pharyngeal arch tissues with the second pharyngeal arch identity by introducing ectopic *Hoxa2* expression. *Hoxa2* gene manipulation also identified the dorso-ventral boundary in the pharyngeal region, together with experiments using mice carrying mutations in ET-1/ETAR and its downstream genes *Dlx5* and *Dlx6*.

## (2) Cardiac development

Recently, we found that the cranial neural crest from the preotic region, rather than post-otic ‘cardiac’ neural crest cells, migrate into the heart and differentiate into coronary artery smooth muscle cells in the proximal region. Ablation of the preotic neural crest in chick embryos causes abnormalities in coronary septal branch and orifice formation. Appropriate migration and deployment of neural crest cells and subsequent smooth muscle differentiation require multicellular interactions involving ET-1/ETAR signaling possibly through  $G_{12/13}$ -mediated, *Dlx5*/*Dlx6*-independent mechanisms, whereas ET-1/ETAR signaling is involved in ventral identification of the pharyngeal arches through  $G_{q/11}$ -mediated, *Dlx5*/*Dlx6*-dependent mechanisms. These findings indicate that the ET-1/ETAR signaling pathway is involved in craniofacial and cardiac development through different trimeric G-proteins.

## (3) Angiogenesis

Angiogenesis is a morphogenetic process that

produces branching vascular structures during embryogenesis and various (patho-)physiological conditions. We have identified characteristic cellular behaviors in angiogenic processes, including dynamic changes in forward-backward movement, tip cell overtaking and resultant cell mixing. Although the cellular behaviors appear complex and arbitrary, different types of mathematical modeling (stochastic vs. deterministic) and experimental verification indicated that some deterministic cell-cell interactions are critical for vascular elongation and possibly branching. Recently, we found differences in branch-forming capacity among cell types and some regularities in directional cell movement using in vitro angiogenesis experiments using mouse vascular explants and an endothelial cell line by refined cell-tracking system. Together with single-cell analyses of cell movement and gene expression, novel mathematical modeling and experimental verification using constitutional approaches are under way in collaboration with Professor Tetsuji Tokihiro (Graduate School of Mathematical Sciences, The University of Tokyo) and his colleagues, to elucidate the possible cellular mechanisms underlying branch formation in angiogenesis.

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# **Functional Biology**

## **1. Physiology**



# Department of Integrative Physiology

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## Introduction

This laboratory was initially established in 1877 as The First Department of Physiology, and reorganized in 1997 as Laboratory of Integrative Physiology in the Department of Physiology. Our laboratory cooperates with other laboratories in the Department of Physiology, that is, Laboratory of Molecular/Cellular Physiology and Laboratory of Neurophysiology, in teaching activities for undergraduate courses and the nursing school. The fields in which our laboratory specializes span the entire spectrum of *animal functions* of physiology, including general physiology, sensory physiology, endocrinology, neurophysiology, higher nervous functions and cognitive neurosciences.

## Teaching activities

The staff members as well as experts from other universities take part in giving lectures and laboratory courses to the undergraduate students of the Medical School. The lectures are aimed at providing a clear understanding of the hierarchical functional organizations of living systems. The curriculum is updated every year. For example, a new electrocardiogram experiment in humans was introduced to the laboratory course, in which students learned human physiology of electrocardiogram, its practical procedure in clinical settings and its cellular physiological origins. This practice gained popularity and interest among students. We accept *Free-Quarter* students every year. Usually these students' activities are not limited to one *Quarter*. Some of these students completed their own projects, and gave oral presentations in international meetings and published

original papers in top-rank international journals. It is not rare that students who enjoyed his/her *Free-Quarter* decided to get into the Ph.D. course after the completion of the 2-year clinical training and started to study neurophysiology in our laboratory. Furthermore, we accepted a Ph.D.-M.D course student who enjoyed his *Free-Quarter* and decided to get into the Ph.D.-M.D course. Thus the *Free-Quarter* system has proved to provide an excellent basis for bringing up M.D. researchers for future Japanese basic medicine.

To facilitate communication among research groups in our laboratory, a weekly conference is held for discussing current research activities. We also have a monthly joint seminar with Department of Pharmacology, Department of Molecular Biology in Graduate School of Pharmaceutical Sciences and Department of Chemical Pharmacology in Graduate School of Pharmaceutical Sciences. As part of a teaching activity for the graduate students, we have another weekly seminar, in which the graduate students learn how to give presentations and hold discussions and debates.

## Research activities

Most of our research is focused on the higher brain function of the mammalian central nervous system.

(1) Functional columns in the cerebral cortex are believed to be essential to process sensory information such as orientation selectivity. However, neurons in rodent visual cortex are organized in a mixed salt-and-pepper fashion for orientation selectivity. If the connections between neurons are random, information from different orientations would be mixed,

and orientation selectivity would be largely lost. Sharp orientation tuning without functional clustering suggests the existence of specific connections among similarly tuned excitatory neurons. Indeed, networks of specifically connected subpopulation of excitatory neurons — subnetworks — have been found in rodent visual cortex, and they are related to the orientation selectivity of these neurons. In our lab, we examine whether a developmental basis exists for such subnetworks.

It has been long debated to what extent neuronal functions are determined genetically or by postnatal experience or neuronal activity. However, how the function of neurons in the cortex is influenced by prenatal development is not well understood. In the embryonic stage of cortical development, progenitor cells in the ventricular zone produce excitatory neurons that migrate into the cortical plate using radial glial fibers as a scaffold. Interestingly, in the rodent cortex, clonally related sister neurons are not tightly packed. Instead, they are sparsely distributed through layers 2–6, spanning several radial minicolumns, in such a way that sister neurons derived from a given progenitor are separated from each other by neurons derived from other progenitors. We wonder whether there is any relation between the scattered progeny of single progenitors and the scattered salt-and-pepper orientation map in rodent visual cortex.

Recent studies reported that the progeny of single progenitor cells are preferentially connected to each other. These results suggest that clonally related neurons may participate in specific subnetworks in adult cortex. Since cells with similar response selectivity also have high probabilities of synaptic connection, we hypothesize that sister cells may share similar response selectivity.

We image a mouse in which all cells derived from a single cortical progenitor are labeled. By imaging all the upper layer cells of a single cortical clone, we obtain a near-complete picture of the functional properties of the cells in a cortical clone. We observe that more than half of, but not all, clonally related cells share response selectivity, indicating that cell lineage is partly responsible for the functional properties of mature neurons.

We find that the orientation preference of sister cells is not totally determined by clonal identity, as

some sister cells show orientation preference different from the majority of sister cells. We hypothesize that the preferential connectivity between sister cells makes loose scaffolds that accept inputs from the thalamus and give rise to networks that share similar functional properties, such as orientation selectivity. Clonal identity cannot be the only factor determining the response selectivity of neurons, and other mechanisms, such as activity-dependent processes, may influence this scaffold and determine the final selectivity of cortical neurons in adult animals.

Our findings may explain the salt-and-pepper functional architecture in rodent visual cortex. In mice, neurons derived from the same progenitors tend to share orientation preference, and neurons derived from different progenitors are spatially intermingled. This distribution of clonally related neurons may work as the scaffold to generate the salt-and-pepper architecture observed in rodents. If so, could lineage also account for the architecture of the homogeneous functional columns observed in higher mammals, such as carnivores and primates? The distribution of clonally related cells seems less laterally dispersed and more radially aligned in the monkey cortex, but the complete picture of the progeny of single progenitors has not yet been described. In higher mammals, a large expansion of the subventricular zone has been reported, with each progenitor giving rise to a very large number of neurons through intermediate progenitors. In this scenario, individual cortical stem cells in higher mammals may produce a large cohort of neurons that may comprise an entire functional column with little intermingling of neurons derived from other clones. Alternatively, in higher mammals, each single functional column may be derived from multiple clones, and some mechanisms may group neighboring neurons derived from multiple clones to give rise to their homogeneous functional columns.

(2) Neuronal activity is important for the functional refinement of neuronal circuits in the early visual system. At the level of the cerebral cortex, previous studies have suggested that visual experience contributes to the maintenance and reorganization of orientation selectivity, but that the initial formation of

orientation selectivity is independent of visual experience.

Synchronous spontaneous activity in the developing cortex, partly generated intracortically and partly dependent on retinal activity, has been proposed to be involved in the formation and maturation of orientation selectivity. This synchronous spontaneous activity appears approximately 1 week before eye opening and becomes sparse afterwards. The initial formation and maturation of orientation selectivity is thought to occur during the same period, and this temporal coincidence may imply that the synchronous spontaneous activity is involved in the formation and/or maturation of orientation selectivity. Indeed, a previous report showed that suppressing spontaneous activity by infusing tetrodotoxin (a sodium channel blocker) into the developing visual cortex of ferrets impairs the maturation of orientation selectivity. However, as it is technically challenging to suppress spontaneous activity earlier than the initial formation, its role in the initial formation of orientation selectivity remained untested.

Recently, a genetically specified mechanism has been proposed: cell lineage-derived microcircuit formation is critically involved in the formation of orientation selectivity in the mouse primary visual cortex (V1). Thus, it is still unknown which of the two mechanisms — the activity-dependent or the activity-independent one — is more important for the development of orientation selectivity.

We use a genetic method to suppress neuronal activity starting prenatally, which allow us, for the first time, to investigate the contribution of neuronal activity to the initial formation of orientation selectivity. We observe almost normally tuned orientation selectivity in visual cortical neurons in adults despite a strong suppression of both spontaneous and visually evoked activity throughout development. This finding suggests that the initial formation and maturation of orientation selectivity is largely activity independent (Hagihara et al., 2015).

(3) It has been debated whether orientation selectivity in mouse primary visual cortex (V1) is derived from tuned lateral geniculate nucleus (LGN) inputs or computed from untuned LGN inputs. However, few studies have measured orientation tuning of LGN

axons projecting to V1. We measure the response properties of mouse LGN axons terminating in V1 and find that LGN axons projecting to layer 4 are generally less tuned for orientation than axons projecting to more superficial layers of V1. We also find several differences in response properties between LGN axons and V1 neurons in layer 4. These results suggest that orientation selectivity of mouse V1 may not simply be inherited from LGN inputs, but could also depend on thalamocortical or V1 circuits (Kondo and Ohki, 2016).

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# Department of Neurophysiology

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## Introduction and Organization

This laboratory was founded in 1953 as Department of Neurophysiology, Institute for Brain Research. In 1996, it was integrated into Graduate School of Medicine. The current members of this laboratory are 5 faculty members (professor, 3 research associate, project research associate), 4 postdoctoral fellows, 13 graduate students, 3 undergraduate students and 4 technicians. We teach neurophysiology for medical undergraduates and for students in the Master and Ph.D. courses. Our research aims at elucidating cellular and molecular mechanisms underlying regulation of synaptic transmission and postnatal development of neuronal circuits.

## Teaching activities

We teach neurophysiology for medical undergraduates in lectures and practical courses. Lectures are designed for students to learn basic mechanisms underlying the generation of electrical signals, synaptic transmission and their regulations in the nervous system and roles of the spinal cord, brain stem and cerebellum in sensori-motor functions. Students also learn how functional neural circuits in the brain are formed and matured during postnatal development. In the practical courses, students perform two types of classical experiments of neurophysiology. First, students make intracellular recording from frog skeletal muscle fibers and examine the endplate potential for understanding basic properties of synaptic transmission. Second, students

record electromyogram (EMG) from human gastrocnemius muscles and learn how the stretch reflex works. In this year, we also took charge of the practical courses for students to learn basic concepts of the electrocardiography and those of the resting membrane potential and action potential.

We accept Free-Quarter students. Students are encouraged to experience patch-clamp recordings from neurons either in brain slices or in dissociated culture, or to experience recordings of neuronal activities from living animals.

For the training of Master and Ph.D. course students, we have a weekly conference for discussing current research activities. A laboratory member summarizes his/her recent experimental data or presents papers closely related to his/her research. Moreover, for mutual communication between the laboratories with similar interests in neuroscience, we have a weekly joint seminar with Department of Cellular Neurobiology, Division of Structural Physiology and Division of Animal Resources.

## Research activities

The brain consists of neuronal circuits in which neurons are connected through numerous synapses. To understand the brain function, it is necessary to elucidate mechanisms of synaptic transmission and those underlying changes in synapses related to development, learning and memory (synaptic plasticity). We take various methodological approaches including electrophysiology, pharmacology,

morphology, and genetic engineering of mouse. We particularly focus on observing neuronal activities in real time in intact neurons. We use whole-cell patch clamp recording, calcium imaging, two-photon imaging and their combinations in various preparations (cultured neurons, brain slices and intact animals) and investigate molecular mechanisms of synaptic transmission and plasticity.

The main subjects of our research are as follows

(1) Refinement of synaptic organization during cerebellar development:

In early postnatal days, all Purkinje cells in the cerebellum are innervated by multiple climbing fibers. These surplus climbing fibers are eliminated eventually with the progress of postnatal development, and most Purkinje cells become innervated by single climbing fibers by the end of the third postnatal week in mice. We investigate the mechanisms how single climbing fibers are selected and how the surplus climbing fibers are eliminated.

(2) Retrograde synaptic modulation mediated by endogenous cannabinoids:

We reported in 2001 that endogenous cannabinoids are released from postsynaptic neurons in an activity-dependent manner, act retrogradely onto presynaptic cannabinoid receptors and suppress transmitter release. Since then, we have been investigating the mechanisms of this retrograde modulation. We are also interested in elucidating the physiological significance of this phenomenon including learning and memory, addiction, and anxiety.

(3) Synaptic integration in intact animals:

To understand the physiological function of synapses *in vivo*, we analyze synaptic transmission and integration in single neurons in the intact brain by using *in vivo* two-photon imaging and whole-cell recording. We also develop new methods to implement these experiments.

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# **Functional Biology**

## **2. Pharmacology**

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# Department of Cellular and Molecular Pharmacology

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## Introduction and Organization

Our department was founded in 1885 and collaborates with the Department of Systems Pharmacology in the education of undergraduate medical students.

## Teaching activities

Pharmacology lectures and laboratory courses for the medical students are given by the staff members of both Departments of Pharmacology. We also invite six outside expert lecturers to cover rapidly developing fields in pharmacology and related medical sciences. The laboratory courses include both traditional and advanced pharmacological experiments. A new intensive laboratory course for medical students started in the year 2001, and we participated in the program. We also give lectures for graduate students including master course students and Ph.D. candidates.

## Research activities

Our department has a strong background in the field of  $\text{Ca}^{2+}$  signalling.  $\text{Ca}^{2+}$  signal is now known to function as a molecular switch in almost every important cell function including muscle contraction, exocytosis, cell proliferation, immune responses and regulation of synaptic functions. This is the reason

why this field is expanding rapidly and our research activity is now diversifying. We are particularly interested in  $\text{Ca}^{2+}$  signalling in the central nervous system.

### 1) Spatiotemporal regulation of $\text{Ca}^{2+}$ signals

$\text{Ca}^{2+}$  signals show very dynamic, temporal and spatial changes within the cell. This property allows the  $\text{Ca}^{2+}$  signal to be an extremely versatile cellular switch regulating diverse cell functions. One of the most notable spatiotemporal patterns of  $\text{Ca}^{2+}$  signals is the oscillatory change in intracellular  $\text{Ca}^{2+}$  concentration ( $[\text{Ca}^{2+}]_i$ ), or  $\text{Ca}^{2+}$  oscillation. Many cellular functions are regulated by the  $\text{Ca}^{2+}$  oscillation frequency. However, fundamental questions remain. How and why does  $[\text{Ca}^{2+}]_i$  oscillate? We have addressed these questions. First, we studied inositol 1,4,5-trisphosphate ( $\text{IP}_3$ )-induced  $\text{Ca}^{2+}$  release mechanism, which is one of the most important  $\text{Ca}^{2+}$  mobilizing mechanisms in many types of cell. We showed that the activity of the  $\text{IP}_3$  receptor ( $\text{IP}_3\text{R}$ ) is dependent on the cytoplasmic  $\text{Ca}^{2+}$  concentration. Therefore,  $\text{Ca}^{2+}$  release via the  $\text{IP}_3\text{R}$  appears to be under the feedback control of mobilized  $\text{Ca}^{2+}$ . We identified the  $\text{Ca}^{2+}$  sensor region of the  $\text{IP}_3\text{R}$  and showed that the positive feedback regulation of  $\text{IP}_3\text{R}$  via the  $\text{Ca}^{2+}$  sensor of  $\text{IP}_3\text{R}$  indeed plays



an essential role in regulating the  $\text{Ca}^{2+}$  signal dynamics including  $\text{Ca}^{2+}$  oscillation.

In order to further study the mechanism underlying  $\text{Ca}^{2+}$  oscillation, we visualized the  $\text{Ca}^{2+}$  concentrations within the intracellular organelles (both endoplasmic reticulum and mitochondria) during  $\text{Ca}^{2+}$  oscillations. We found that  $\text{Ca}^{2+}$  shuttles between these intracellular organelles in phase with cytoplasmic  $\text{Ca}^{2+}$  oscillations. Our results also indicated that the  $\text{Ca}^{2+}$  shuttling determines the  $\text{Ca}^{2+}$  oscillation frequency. Thus, we have shown that mitochondria play an important role in the generation of  $\text{Ca}^{2+}$  oscillation. These results provide a clue to the mechanism of  $\text{Ca}^{2+}$  oscillation.

Furthermore, we recently generated a family of genetically-encoded  $\text{Ca}^{2+}$  indicators named CEPIA (for Calcium-measuring organelle-Entrapped Protein IndicAtors). CEPIA can be used to image ER and mitochondrial  $\text{Ca}^{2+}$  dynamics simultaneously with cytosolic  $\text{Ca}^{2+}$  concentration and other cellular processes at high spatiotemporal resolution.

Why then does  $[\text{Ca}^{2+}]_i$  have to oscillate? Transcription by the nuclear factor of activated T cells (NFAT) is one of the important cellular functions that are regulated by the  $\text{Ca}^{2+}$  oscillation frequency. NFAT is dephosphorylated by  $\text{Ca}^{2+}$ -dependent phosphatase, calcineurin, and translocates from the cytoplasm to the nucleus to initiate transcription. We analyzed the kinetics of the dephosphorylation and translocation of NFAT, and found that the dephosphorylated form of NFAT functions as a working memory of transient increases in  $[\text{Ca}^{2+}]_i$ . With increasing frequency of  $\text{Ca}^{2+}$  oscillation, dephosphorylated NFAT accumulates in the cytoplasm to enhance its nuclear translocation. This is the molecular basis of the mechanism that decodes the  $\text{Ca}^{2+}$  oscillation frequency. We also showed that  $\text{Ca}^{2+}$  oscillation is more cost-effective in regulating cell functions than a continuous increase in  $\text{Ca}^{2+}$ . These studies provide us with an insight into the secrets of  $\text{Ca}^{2+}$  signalling.

## 2) Imaging of signalling molecules

Our study on  $\text{Ca}^{2+}$  signalling made us realize the

importance of visualization of signalling molecules within living cells. Thus, our laboratory has been involved in the generation of new indicators of signalling molecules upstream and downstream  $\text{Ca}^{2+}$  signals. We have succeeded in imaging  $\text{IP}_3$  signalling in various cells including intact neurons within cerebellar slice preparations. We also developed an indicator to detect the phosphorylation of myosin regulatory light chain. The indicator allowed us to image phosphorylation state of myosin light chain in living cells. Furthermore, we generated a nitric oxide (NO) indicator based on the heme-binding domain of soluble guanylyl cyclase. This indicator was successfully used in cerebellar slice preparations to image NO signals in response to parallel fiber (PF) stimulation. We found that the NO signal intensity decreases steeply with distance from the activated synapse and generate synapse-specific long-term potentiation (LTP) of PF-Purkinje cell synapses. We also showed that the NO signal intensity depends biphasically on the frequency of PF stimulation. Importantly, the LTP depends similarly on the frequency of PF stimulation. Thus, our NO indicator provided us with valuable information regarding the role of NO signals in the central nervous system.

Glutamate is the most important excitatory synaptic transmitter in the brain. We have generated a glutamate indicator based on the glutamate-binding domain of the AMPA-type glutamate receptor. Using this fluorescent glutamate indicator, we have succeeded in imaging spatiotemporal dynamics of glutamate in the extrasynaptic space in brain slices. This study demonstrated that bursting synaptic activities cause glutamate spillover from the synaptic cleft to activate perisynaptic metabotropic glutamate receptors, and will provide a basis for the research of extrasynaptic glutamate transmission that is involved in many important brain functions.

## 3) Exploration of previously unrecognized cellular functions that are regulated by $\text{Ca}^{2+}$ signals

Although many important cell functions have been found to be regulated by  $\text{Ca}^{2+}$  signals, not all the  $\text{Ca}^{2+}$ -dependent cell functions have been

identified. We are now searching for new cell functions that are regulated by  $\text{Ca}^{2+}$  signals.

Cells communicate with each other to form organized structures by cell-cell adhesion and cell-cell repulsion, but it remains to be clarified how cell-cell contact information is converted to intracellular signals. We found that cells in contact with neighbouring cells generate local transient intracellular  $\text{Ca}^{2+}$  signals ( $\text{Ca}^{2+}$  lightning).  $\text{Ca}^{2+}$  lightning was exclusively observed near cell-cell contact regions and was not observed in the central regions of cells, nor was it found in solitary cells that are not in contact with other cells. We also show that  $\text{Ca}^{2+}$  lightning is capable of regulating cell-cell repulsion in a  $\text{Ca}^{2+}$ -dependent manner. These results demonstrated that cell-cell contact information may be transmitted by a new form of  $\text{Ca}^{2+}$  signal,  $\text{Ca}^{2+}$  lightning, to regulate intracellular events.

We also clarified a new synaptic maintenance mechanism in the parallel fiber→Purkinje cell synapse in the cerebellum. We have found that there is a retrograde signaling mechanism downstream of metabotropic glutamate receptor-mediated  $\text{IP}_3$ - $\text{Ca}^{2+}$  signaling in Purkinje cells, which then generates BDNF (brain-derived neurotrophic factor) that maintains the glutamate-release function of the presynaptic terminal of parallel fibers. This presents a new form of activity-dependent synaptic maintenance mechanism.

We have studied the role of  $\text{IP}_3$ - $\text{Ca}^{2+}$  signaling in astrocytes (the most abundant glial cells) and found that it regulates the expression of molecules on the surface of astrocytes that regulate the growth of neurons. Our results indicate that N-cadherin is involved in the regulation of neural growth *in vitro*. Furthermore, we recently showed that  $\text{IP}_3$ - $\text{Ca}^{2+}$  signaling in cerebellar astrocytes (Bergmann glia) regulates glutamate transporter levels in Bergman glial cells to maintain glutamate clearance in the mature cerebellum.

In response to brain injury, astrocytes undergo structural and functional changes (reactive astrogliosis). We showed that injury-induced  $\text{Ca}^{2+}$  responses in astrocytes are important for reactive astrogliosis and also for neuroprotection. We

studied the molecular mechanism involved in this reaction, and found that a translational repressor Pum2 is downregulated in a  $\text{Ca}^{2+}$ -dependent manner. We also identified that N-cadherin mRNA is one of the target mRNAs of Pum2. Thus, Pum2 down-regulation induces reciprocal up-regulation of N-cadherin after brain injury. When the *N-cadherin* gene is disrupted in astrocytes, injury-induced astrogliosis and neuroprotection were attenuated. These results clarified the molecular events that are responsible for the astrogliosis and neuroprotection following brain injury.

We have identified a new NO-dependent  $\text{Ca}^{2+}$  signaling mechanism in central neurons. We found that synaptically released NO *S*-nitrosylates the ryanodine receptor (RyR) to activate  $\text{Ca}^{2+}$  release through the  $\text{Ca}^{2+}$  release channel, which we refer to as NO-induced  $\text{Ca}^{2+}$  release (NICR). NICR is required for the NO-dependent LTP at the parallel fiber-Purkinje cell synapse described above. Furthermore, NICR has a pathophysiological role, and seems to play an important role in NO-dependent neuronal cell death after brain ischemia. This finding suggests that NICR can be a therapeutic target in certain forms of ischemic brain diseases.

We have made it possible to image  $\text{Ca}^{2+}$  signals in the fine processes of individual astrocytes *in vivo* using transgenic mice that express an ultrasensitive genetically encoded  $\text{Ca}^{2+}$  indicator, YC-Nano50, in an astrocyte-specific manner. This method allowed us to find a previously unidentified mode of spontaneous astrocytic  $\text{Ca}^{2+}$  signals,  $\text{Ca}^{2+}$  twinkles, which are preferentially displayed in fine astrocytic processes in living mice brain. Moreover, a highly sensitive nature of astrocytic fine processes as a sensitive detector of neuronal activity was also revealed.

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# Department of Systems Pharmacology

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## Teaching activities

Our department, in collaboration with the department of cellular and molecular pharmacology, takes responsibility for lectures and laboratory courses on pharmacology for the undergraduate students of the faculty. There are some 39 lectures per year including those given by six invited lectures to cover specialized and currently highlighted fields in pharmacology. We offer several laboratory courses, and all the members of the Department participate in the courses to provide close consultation for the students.

For the graduate students, there are series of seminars on physiology and neuroscience. We also have research seminars to discuss and stimulate the research activities of the graduate students in the Department.

## Research activities

With our members from different backgrounds, we would like to realize experimental systems biology at the organism level, leading to greater understanding and even control of organismal pathophysiology. To this end, we specifically focus on the cellular circuits controlling the sleep/wake cycle and address the hourglass mechanism of sleep, a homeostatic- and circadian-dependent regulation of sleep amount and timing. Also we are planning multi-scale research

activities covering a series of length scales; molecule-to-cell, cell-to-tissue, and tissue-to-organism to envision such complicated underlying mechanism. We are currently devoting our research to two technological challenges; 1) next-generation mammalian reverse genetics, where we can produce genetically modified mice in a high-throughput fashion, 2) system-level identification and analysis of cellular circuits in the whole-organ (especially, the whole-brain) and whole-body, where we can identify individual cells or cellular circuits in the whole-organ and whole-body. Combined with these techniques, we investigate how the average (diurnality or nocturnality), the dispersion (the length of sleeping time), and the amount (insomniac or hypersomniac responses) of sleep during circadian time are determined by environments and history of activities. Additionally, we execute a comprehensive study to examine dynamic properties of the biological system inside cell-to-tissue scale, and their relations to organism-level phenotypes.

### 1) Next-generation mammalian reverse genetics

In the conventional method for production of genetically-modified mice, a single line of gene-targeted ES cells is injected into host embryos (typically blastocysts) to generate chimera mice comprising a mixture of ES- and host-derived cells. In addition, multiple mating procedures are needed to

generate the desired genetically modified mouse strain, which typically takes from 9 months to several years. The efficient production of biallelic KO mice can be facilitated by recently developed genome editing techniques, including ZFNs (zinc-finger nucleases), TALENs (transcription-activator-like effector nucleases), and the CRISPR/Cas nuclease systems. Unlike the protein-based ZFNs and TALENs, the CRISPR/Cas system uses RNA-based DNA recognition derived from a bacterial adaptive immune system. This method accelerates the generation of KO animals via the co-injection of RNA encoding the Cas9 protein and target-locus-specific guide RNAs (gRNAs) into embryos. Several modifications of the CRISPR/Cas9 system have been also introduced to improve the efficiency and specificity of targeted mutations in a genome. However, two problems remain: (1) first-generation mice often contain a mosaic of wild-type and KO cells, and (2) the rate of complete biallelic mutant mice generated is relatively low (usually 60%–80% at best). Therefore, the highly efficient (>90%) production of whole-body biallelic KO in a single generation remains a fundamental challenge for organism-level systems biology. Recently, we developed a simple theory to predict the minimum efficacy of different CRISPR methods for the highly efficient production of whole-body biallelic KO mice (Sunagawa et al., Cell Reports, 2016). As we predicted, triple-target CRISPR elicited almost perfect (96%–100%) whole-body KO of the Tyrosinase (Tyr) gene, which is functionally evaluated by animal coat color. Mammalian reverse genetics without crossing (called “next-generation” mammalian reverse genetics) now allows us to test-in whole organisms-hypotheses that are derived from the past knowledge. For example, a computational model of slow-wave sleep that provides explanations for the observed complex dynamics of sleep/wake states, along with predictions for the important molecular pathways regulating these states, could be extremely powerful. Previously, it was difficult to test such predictions, at least without years of labor. However, the present study demonstrated that the importance of a predicted molecular pathway can be efficiently tested using next-generation reverse genetics.

## 2) System-level identification and analysis of cellular circuits in the whole-organ and whole-body

The comprehensive identification of molecular circuits at the organism level also requires accurate (>90%) phenotype analysis. In neuroscience, sleep/wake behavior is an intriguing phenotype, because sleep disorders (e.g., insomnia or hypersomnia) are sensitive and informative symptoms of almost all psychological disorders. Sleep/wake states have been characterized in humans by electroencephalography (EEG) and electromyography (EMG). Characteristic EEG/EMG patterns during sleep and waking are preserved in mammals and can be measured by electrodes surgically implanted in the brain and muscles. However, such recording requires special surgical skills, and the surgery is highly invasive, requiring a long recovery period (more than 10 days) after implantation before sleep/wake recording. Furthermore, the EEG/EMG data are often manually annotated and classified into sleep/wake phenotypes by visual assessment, which can be time consuming and somewhat subjective. Therefore, sleep/wake phenotyping has been a low-throughput method; for comprehensive studies, a scalable, non-invasive, fully automated sleep/wake recording method was needed. For accurate phenotype analysis, we developed a respiration-based, non-invasive, fully automated system, the Snappy Sleep Stager (SSS), which enabled the high-performance analysis (95.3% accuracy) of sleep/wake phenotypes (Sunagawa et al., Cell Reports, 2016).

To highlight the regulatory cellular networks in the sleep/wake rhythm, we facilitate an identification of sleep/wake generating cells in the whole-brain in a highly parallelized manner. A concerted effort has been made especially in the brain, as scientists are aiming to clarify how neural activity is translated into consciousness and other complex brain activities. One example of the technologies needed is whole-brain imaging at single-cell resolution. This imaging normally involves preparing a highly transparent sample that minimizes light scattering and then imaging neurons tagged with fluorescent probes at different slices to produce a 3D representation. However, limitations in current methods prevent comprehensive study of the relationship. A new high-throughput method, CUBIC (Clear, Unobstructed

Brain Imaging Cocktails and Computational Analysis), published in *Cell*, is a great leap forward, as it offers unprecedented rapid whole-brain imaging at single cell resolution and a simple protocol to clear and transparentize the brain sample based on the use of aminoalcohols (Susaki et al., *Cell*, 2014). CUBIC provides information on previously unattainable 3D gene expression profiles and neural networks at the systems level. Because of its rapid and high-throughput imaging, CUBIC offers extraordinary opportunity to analyze localized effects of genomic editing. It also is expected to identify neural connections at the whole brain level.

### 3) Mechanism of dynamic homeostasis in sleep/wake cycle

Sleep amount during a day is under homeostatic control, in which sleep pressure accumulates during awake time and gradually decreases during sleep. Sleep deprivation further promotes the accumulation of sleep pressure, resulting in the longer/deeper sleep in the next cycle. The required sleep duration in a day is mostly determined genetically as evident from the fact that each animal species shows characteristic different sleep duration. However, detailed molecular mechanisms underlying the control of sleep duration in mammals are still elusive. Using triple-target CRISPR, SSS, and CUBIC techniques, we discover that  $\text{Ca}^{2+}$ -dependent neuronal hyperpolarization pathway affects sleep duration in mammals (Sunagawa et al., *Cell Reports* 2016; Tatsuki et al., *Neuron* 2016).

We first focused on the firing pattern of cortex neuron, characterized by alternating bursting and silent phases. This pattern is the basis of slow-wave oscillation observed in EEG recording during slow-wave sleep. We created a computational model that simulates the membrane potential of cortex neuron regulated by a group of ion channels, and found that  $\text{Ca}^{2+}$  influx into neuron and resultant activation of  $\text{Ca}^{2+}$ -dependent  $\text{K}^+$  channel is critical for the emergence of alternating bursting and silent phases.

For the experimental verification of this prediction, we created a series of knock-out mice using the triple-CRISPR method and analyzed their sleep phenotype by SSS. We found that knocking out of following ion channels results in significant short

sleep duration; *Cacna1g*, *Cacna1h* (voltage-dependent calcium channel), *Kcnn2*, *Kcnn3* (calcium-dependent potassium channel), *Nr3a* (NMDA receptor). On the other hand *Atp2b3* (plasma membrane calcium-transporting ATPase) knock-out mice showed increased sleep duration. Overall, these results suggest that pathways for calcium influx and calcium-dependent channels/kinases contribute to increase sleep duration, while the antagonizing calcium export pathway contributes to decrease sleep duration.

We further verified the role of NMDA receptors by pharmacological inhibition of the receptor, because the knocking out of some NMDA receptor subtypes (*Nr1* or *Nr2b*) leads to embryonic lethality. As expected, administration of NMDA receptor antagonist shorten the sleep duration. We then observed an expression-pattern of marker protein for neuronal excitability in a whole-brain scale with the CUBIC method, and revealed that the antagonist administration resulted in the elevated excitability of cortex pyramidal neurons. This observation consistent with our hypothesis that  $\text{Ca}^{2+}$  influx reduces the excitability of cortex neuron through the hyper polarization of membrane potential.

Given these results showing the role of  $\text{Ca}^{2+}$  for sleep control, our next challenge is to investigate molecules that regulate the transition between sleep and awake phases. We focused on CaMKII (calcium/calmodulin-dependent protein kinase II), protein kinases important for the post-translational regulation of several neuronal channels. We found that *Camk2a* or *Camk2b* knock-out mice exhibit abnormal sleep phenotype. These kinases may play an important role for the transition between sleep/awake states, which occurs in a time scale of minutes to hours.

Considering that numbers of researches encompass model mice for sleep and sleep-related disorders, we envisage that a series of knock out mice with altered sleep phenotype will contribute the understanding of such disorders including psychiatric disorders and neurodegenerative disorders.

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# **Pathology, Immunology and Microbiology**

## **1. Pathology**



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## Introduction and Organization

Department of Pathology and Diagnostic Pathology is responsible for the practice of diagnostic pathology, education, and research in conjunction with Division of Diagnostic Pathology of the University Hospital\*. Our aim is the construction of “pathology as clinical medicine” as well as “next-generation pathology incorporating cutting-edge science and technology”.

The University of Tokyo headquarters has redistributed one position of associate professor for

“Promotion Center of CPC Education and General Integrative Medicine”. Dr. Masako Ikemura was promoted as Lecturer for the Office of Promotion Center. Dr. Shigeki Morita moved from Tekikyo University.

Three postgraduate students (Ichimura, Rokutan, Tanaka, Numakura) finished the course and received Ph.D. In the new fiscal year, 2016, three new students will enter the postgraduate course, and there will be 18 postgraduates.

We are responsible for the pathology practice of

the University Hospital, and are carrying forward the morphology-based research targeting human diseases. As for the education for the medical students, we take charge of the following courses; General Pathology Course for the 1<sup>st</sup> grade students in collaboration with Department of Molecular Pathology, Systemic Pathology for the 2<sup>nd</sup> grade, Elective Clinical Clerkship for the 3<sup>rd</sup> grade, and Clinical Clerkship for the 4<sup>th</sup> grade students. Programs for postgraduates and junior residents are also included in our education activities.

To promote the application of development of genomic medicine to clinical practice, we set up Center for Genome Pathology Standardization (Japan Agency for Medical Research and Development). The mission of the Center is to investigate basic technologies for tissue banking, and to hold seminars for doctors and technicians (see the section of Diagnostic Pathology Division).

## Clinical activities (diagnostic pathology and autopsy)

Together with Division of Diagnostic Pathology, we are responsible for the pathologic diagnosis and autopsy in the University Hospital. We set up Telepathology & Remote Diagnosis Promotion Center (TRD-PC), and started Outpatient Clinic of Pathology (see the corresponding section of Division of Diagnostic Pathology).

Surgical pathology conferences are regularly held with each clinical division, and the cases of various tumors are discussed, including thoracic organs, liver and pancreato-biliary tract, urology, gynecology, breast, and orthopedics, as well as biopsy cases of kidney, and skin.

Clinico-pathological conferences (CPCs) for two autopsy cases are held every month in the hospital. Both CPCs and weekly autopsy conferences are useful for the education of clinical residents. Digest versions of CPC slides are now open in the hospital (Drs. Shintani and Hayashi), and we also started e-learning programs for clinical residents to facilitate the understanding of the CPC contents (Dr. Ikemura). All of residents were obligated to take the course for their training once a year.

A model project for the survey analysis of deaths

related to medical treatment (DRMT) started from September 2005, and finished at the end of 2015 fiscal. A new system for evaluation of deaths related to medical treatment (DRMT) started from October, 2016.

## Teaching activities

We take on General Pathology Course for the 1<sup>st</sup> grade of undergraduate students, especially in its morphological field.

Each class of Systemic Pathology Course and exercises are held in parallel with that of Systemic Medicine Course. Handouts are available in every half course of the pathological exercises, and all slides used in the course are accessible on our website as virtual slides (digital images of the slides).

In Clinical Clerkship for 4<sup>th</sup> grade medical students, following courses are included; autopsy pathologic practices with a case presentation for paired students, surgical pathologic practices using various tumor sections, and a tour of the pathology laboratory.

Six students chose the clinical clerkship course for 3<sup>rd</sup> grade medical students. As for the free quarter program, we received two and three students of M0 and M1, respectively, in this fiscal year.

We also set up the lecture series of “Infection/Immunology/Cancer II” and “Tumor Pathology. We also provided two intensive exercise courses, “Integration of Neuropathology/Radiology/Clinics” and “Histochemistry/Immuno-histochemistry/Clinical Electron Microscopy”.

## Research activities

The first major theme is “chronic inflammation and neoplasms”, especially Epstein-Barr virus (EBV) associated gastric carcinoma (GC) (Drs. Kunita, Shinozaki-Ushiku and Abe). We are focusing on abnormalities of microRNA molecules and stem cell biology in the development and progression of EBV-associated GC in addition to its DNA methylation abnormality. Dr. Shinozaki-Ushiku (ref.26) identified the profile of EBV-derived microRNAs in EBV-associated gastric cancer, and found that miR-BART4-5p represses the apoptosis-promoting molecule Bid, contributing to development of this

type of gastric cancer.

The second major theme is ‘translational research pathology’. We are engaged in search of target molecules for cancer therapy by global analysis of various cancers, in collaboration with Research Center for Advanced Science and Technology (RCAST) (Drs. Ushiku and Morikawa).

The third theme is to re-evaluate the disease entities and tumor entities from the standpoint of classical histopathology. Dr. Sibahara proposed a subgroup of HCC, steatohepatic HCC, which showed histological features of steatohepatitis and investigated its molecular abnormalities (ref.4).

Dr. Miyagawa was a Research Associate of Division of Diagnostic Pathology, primarily engaged in Investigation of Health Hazard by Radiation (ref. 21).

The research works closely related with pathology practice are described in Diagnostic Pathology Division.

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(including those of Diagnostic Pathology Division)

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# Department of Molecular Pathology

## **Professor**

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Daizo Koinuma, M.D., Ph.D.

## **Project Lecturer**

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## **Project Assistant Professor**

Yoko Katsuno, Ph.D. (from June 2015)

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## **Introduction and organization**

Our department has a more than 100-year history from its establishment as the Department of Pathology. Prof. Miyazono is Professor of the Department of Molecular Pathology from August 2000. In January 2016, Dr. Masato Morikawa joined the Department as an assistant professor. In March 2016, the Department consists of a professor, an associate professor, a project lecturer, two assistant professors, a project assistant professor, technical assistants, and some research fellows, including 8 graduate students, a master course student, and a post-doctoral fellow.

## **Teaching activities**

Our department takes responsibility for lectures on “General Pathology” for the undergraduate students of the Faculty of Medicine in collaboration with the Department of Human Pathology. Teaching responsibilities include lectures on General Pathology related to the mechanisms of diseases. Since we believe it very important for medical students to study basic oncology, we teach a basic tumor biology course in

our lectures of General Pathology. In addition, we offer several laboratory courses for students from molecular pathological points of view.

We also supervise research activities of the graduate students of the Department. Our laboratory is located at the 11th floor at the Research Building of Graduate School of Medicine. The laboratory is very convenient for doing research, because most of the experiments can be done at this floor. We have “Progress Meeting” twice a month and “Monday Seminar” once a month.

Prof. Kohei Miyazono organized the 61st Annual Autumn Congress of the Japanese Society of Pathology as the co-chairman, together with Dr. Yuichi Ishikawa (Japanese Foundation for Cancer Research) on November 5 and 6 at the Yasuda Auditorium (The University of Tokyo). Because 2015 is the 100-year memorial year of the successful induction of cancer by treatment with coal tars in rabbit years by Prof. Katsusaburo Yamagiwa, a special lecture on “The achievement of Katsusaburo Yamagiwa (by Dr. Tomoyuki Kitagawa, Japanese Foundation for Cancer Research)” and a symposium on “Making the move from carcinogenic pathology to

genomic pathology - Lessons from Katsusaburo Yamagiwa's achievements" were organized. In addition, Dr. Carl-Henrik Heldin (Chairman of the Nobel Foundation, and Director, Ludwig Institute for Cancer Research, Uppsala University, Sweden) was invited to the congress, and gave a special lecture on "Mission and vision of the Nobel Prize".

Our research projects has been supported by KAKENHI (Innovative Area on "Integrative research on cancer microenvironment network") from the Ministry of Education, Culture, Science, Sports and Technology (MEXT) (<http://cancer-microenvironment.jp>) until 2014, and we have extended our projects on the effects of TGF- $\beta$  family proteins on cancer microenvironment until 2015. From 2015, our research projects are mainly supported by a Grant-in-Aid for Scientific Research (S) on "Transcriptional regulation by TGF- $\beta$  signaling and its relation to progression of cancer" from the Japanese Society for the Promotion of Science (JSPS).

We have been doing collaboration with the Ludwig Institute for Cancer Research, Uppsala, Sweden for more than 15 years (<http://c2ctgfb.umin.jp/>). We have annual TGF- $\beta$  meeting in Sweden or in the Netherlands every year, and three graduate students participated in the TGF- $\beta$  meeting in Uppsala in 2015.

Four of our graduate students are supported by the GPLLI Graduate Program for Leaders in Life Innovation at the University of Tokyo from the MEXT. GPLLI was designed for the purpose of guiding outstanding students to be globally active leaders in industry, academia and government. This program also stimulates interaction between students and scientists in the program as well as those from other laboratories (<http://square.umin.ac.jp/gplli/>).

## Research activities

Our major research interest is to elucidate how members of the TGF- $\beta$  (transforming growth factor- $\beta$ ) family transduce signals, and how they regulate growth, differentiation, and apoptosis of various cells. We are also interested in the regulation of biosynthesis and function of microRNAs.

*EZH2 promotes progression of small cell lung cancer by suppressing the TGF- $\beta$ -Smad-ASCL1 pathway:* TGF- $\beta$  induces apoptosis in many types of

cancer cells and acts as a tumor suppressor in these cells. We performed a functional analysis of TGF- $\beta$  signaling to identify molecular mechanism(s) that regulate cell survival and apoptosis in small cell lung cancer cells. Among various TGF- $\beta$  signaling components, we found low expression of TGF- $\beta$  type II receptor (T $\beta$ R $\beta$ ) in most small cell lung cancer cells and tissues compared to normal lung epithelial cells and normal lung tissues, respectively. When wild-type T $\beta$ R $\beta$  was exogenously expressed in small cell lung cancer cells, TGF- $\beta$  inhibited cell proliferation in vitro and tumor formation in vivo through induction of apoptosis. Components of polycomb repressive complex 2, including enhancer of zeste 2 (EZH2), were highly expressed in small cell lung cancer cells. This led to epigenetic silencing of T $\beta$ R $\beta$  expression and suppression of TGF- $\beta$ -mediated apoptosis in small cell lung cancer cells. Achaete-scute family bHLH transcription factor 1 (ASCL1; also known as ASH1), was identified as a Smad-dependent target of TGF- $\beta$ , and was found to induce cell survival in small cell lung cancer cells. Thus, EZH2 promoted small cell lung cancer progression by suppressing the TGF- $\beta$ -Smad-ASCL1 pathway (Murai et al. *Cell Discovery* 2015)

*The Arkadia-ESRP2 axis suppresses tumor progression: Analyses in clear-cell renal cell carcinoma:* Tumor-specific alternative splicing is implicated in the progression of cancer, including clear-cell renal cell carcinoma (ccRCC). Using ccRCC RNA sequencing data from The Cancer Genome Atlas, we found that epithelial splicing regulatory protein 2 (ESRP2), one of the key regulators of alternative splicing in epithelial cells, is expressed in ccRCC. Levels of mRNA expression of ESRP2 did not correlate with the overall survival rate of ccRCC patients, while the expression of some ESRP-target exons correlated with the good prognosis and with the expression of Arkadia (also known as RNF111) in ccRCC. Arkadia protein physically interacted with ESRP2, induced polyubiquitination and modulated its splicing function. Arkadia and ESRP2 suppressed ccRCC tumor growth in a coordinated manner. Moreover, lower expression of Arkadia correlated with advanced tumor stages and poor prognosis in ccRCC patients. These findings revealed a novel tumor-suppressive role of the Arkadia-ESRP2 axis in

ccRCC (Mizutani et al. *Oncogene* in press [Epub ahead of print]).

*RBM47 inhibits Nrf2 activity to suppress tumor growth in lung adenocarcinoma: RNA-binding proteins function as a posttranscriptional regulator of RNA during cancer progression.* We identified RNA-binding motif protein 47 (RBM47) as a target of TGF- $\beta$  signaling in mouse mammary gland epithelial cells (NMuMG cells) that have undergone an epithelial-to-mesenchymal transition (EMT). TGF- $\beta$  repressed RBM47 expression in NMuMG cells and some lung cancer cell lines. Expression of RBM47 correlated with good prognosis in patients with various cancers, including lung, breast and gastric cancer. RBM47 suppressed the expression of cell metabolism-related genes, which were the direct targets of Nrf2 (also known as NFE2L2). RBM47 interacted with KEAP1 and Cullin 3 mRNAs, and silencing of RBM47 expression inhibited the KEAP1 and Cullin 3 protein expression, resulted in increased binding of Nrf2 to target genomic regions. Silencing of RBM47 expression also induced the expression of some Nrf2 activators, i.e. p21/CDKN1A and MafK induced by TGF- $\beta$ . Both mitochondrial respiration rates and the side population cells analyzed by FACS in lung cancer cells were increased in the absence of RBM47. Tumor formation and metastasis of xenografted mice were enhanced by knockdown of the RBM47 expression. These findings suggested tumor-suppressive roles of RBM47 by inhibition of Nrf2 activity (Sakurai et al. *Oncogene* in press).

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# **Pathology, Immunology and Microbiology**

## **2. Microbiology**

# Department of Microbiology

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## Associate

Atsushi Takahashi, Ph.D., Takeru Hayashi, Ph.D.

**Homepage** <http://www.microbiol.m.u-tokyo.ac.jp/>

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## Introduction and Organization

Professor emeritus Akio Nomoto who had been the chief of the Department retired in 2008 and moved to Microbial Chemistry Research Foundation as the Chairman of Board. From 2009, new Department of Microbiology started with Professor Masanori Hatakeyama as the new chief. The present Department consists of 22 members; 1 professor (Dr. Hatakeyama), 1 senior lecturer (Dr. Kamiya), 2 research associates (Drs. Takahashi and Hayashi), 2 project research associates (Drs. Fujii and Nishikawa), 1 post-doctoral fellow (Dr. Kikuchi), 3 academic assistants (Ms. Kanemitsu, Shimada, Komatsu), 11 graduate school students (Ms. and Mrs. Senda, Noda, Hashi, Bingo, Ooki, Nojima, Ben, Lu, Tang, Knight, Inoue), and 1 research student (Mr. Tang).

## Education

In a series of lectures (totally 64 hr) and laboratory courses (36 hr), the following subjects are covered.

- 1) Molecular biology of bacteria, phages, and animal viruses
- 2) Mechanisms of microbial diseases
- 3) Laboratory diagnosis of pathogenic microbes
- 4) Infection control and biosafety
- 5) Application of microbial organisms for biotechnology
- 6) Socioeconomic impact of microbial diseases

## Research

Gastric cancer is the second leading cause (10.4%) of cancer death worldwide. It has now been well established that infection with *Helicobacter pylori* (*H. pylori*) is associated with the development of gastric cancer. Especially, infection of *H. pylori* strains carrying a gene called *cagA* plays an essential role in gastric carcinogenesis. The *cagA*-positive *H. pylori* delivers the *cagA* gene product, the CagA protein, into the host gastric epithelial cells via the type IV secretion system. Through a series of studies, we have uncovered the molecular mechanisms by which delivered CagA causes transformation of gastric epithelial cells.

East Asian countries such as Japan, Korea and China, are known to show the highest incidence of gastric cancer in the world. In Japan, for instance, 50,000 peoples are killed by gastric cancer each year. Thus, establishment of new strategies for prevention and treatment for gastric cancer is urgently required. In our department, we are conducting cutting-edge researches, ranging from molecular structural biology to mouse genetics, to elucidate oncogenic mechanisms of the bacterial CagA protein. These researches will provide an opportunity to develop molecular-targeting methods that effectively prevent the development of gastric cancer. We made substantial progress in the following research during the current year.

### 1. Relationship between the *Helicobacter pylori* oncoprotein CagA and inflammation in pathogenesis

Upon delivery into gastric epithelial cells via type IV secretion, CagA undergoes tyrosine phosphorylation by Src family kinases (SFKs) or c-Abl kinase at the Glu-Pro-Ile-Tyr-Ala (EPIYA) motif. Tyrosine-phosphorylated CagA acquires the ability to specifically bind to and aberrantly activate SHP2 tyrosine phosphatase, causing aberrant activation of the Ras-Erk MAP kinase signaling pathway. CagA also binds to partitioning-defective 1 (PAR1)/microtubule affinity-regulating kinase (MARK) and inhibits the kinase activity to cause junctional and polarity defects independently of tyrosine phosphorylation.

Chronic inflammation provides a microenvironmental milieu that fosters cancer-predisposed cells. Given that *cagA*-positive *H. pylori* not only delivers CagA but also induces chronic inflammation in the stomach mucosa, it is tempting to speculate that inflammation synergizes with the bacterial oncoprotein in the development of neoplasias.

To experimentally investigate the pathophysiological interplay between CagA and inflammation, transgenic mice systemically expressing the bacterial *cagA* gene were treated with a colitis inducer, dextran sulfate sodium (DSS). Compared with control mice, DSS-induced colitis was markedly deteriorated in *cagA*-transgenic mice. In the colonic epithelia of *cagA*-transgenic mice, there was a substantial decrease in the level of I $\kappa$ B, which binds and sequesters NF- $\kappa$ B in the cytoplasm. This I $\kappa$ B reduction was due to CagA-mediated inhibition of PAR1, which may stimulate I $\kappa$ B degradation by perturbing microtubule stability. Whereas the CagA-mediated I $\kappa$ B reduction did not automatically activate NF- $\kappa$ B, it lowered the threshold of NF- $\kappa$ B activation by inflammatory insults, thereby contributing to colitis exacerbation in *cagA*-transgenic mice. CagA also activates inflammasomes independently of NF- $\kappa$ B signaling, which further potentiates inflammation. The incidence of colonic dysplasia was elevated in DSS-treated *cagA*-transgenic mice due to a robust increase in the number of pre-cancerous flat-type dysplasias. Thus, CagA deteriorated inflammation, whereas inflammation strengthened the oncogenic potential of CagA.

This work revealed that *H. pylori* CagA and inflammation reinforce each other in creating a downward spiral that instigates neoplastic transformation.

### 2. Relationship between SHP2 binding activity of CagA and gastric cancer risk

Once inside the host cells, CagA is tethered to the inner plasma membrane, where it interacts with the cancer-causing protein tyrosine phosphatase SHP2 and thereby aberrantly activates the phosphatase activity. East Asian CagA and Western CagA are two major CagA species produced by *H. pylori* circulating in East Asian countries and in the rest of the world, respectively. The SHP2 binding site of Western CagA, termed the EPIYA-C segment, variably duplicates (mostly one to three times) and infection with *H. pylori* carrying Western CagA with multiple EPIYA-C segments is a distinct risk factor of gastric cancer. However, the molecular mechanism of this action remained unknown.

We showed that duplication of EPIYA-C from one to two or more increases SHP2 binding of Western CagA by more than one hundred of times. Based on the decisive difference in SHP2 binding, Western CagA can be divided into two types: type I CagA carrying a single EPIYA-C segment and type II CagA carrying multiple EPIYA-C segments. Gastric epithelial cells expressing type II CagA acquire the ability to invade extracellular matrices, a malignant cellular trait associated with deregulated SHP2. A big leap in SHP2 binding activity may therefore provide molecular basis that makes type II Western CagA a distinct gastric cancer risk.

### 3. Catalytic activity of LEOPARD syndrome-associated SHP2 mutants

SHP2, encoded by the *PTPN11* gene, is a protein tyrosine phosphatase that plays a key role in the proliferation of cells via Ras-Erk activation. SHP2 also promotes Wnt signaling by dephosphorylating parafibromin. Germline missense mutations of *PTPN11* are found in more than half of patients with Noonan syndrome (NS) and LEOPARD syndrome (LS), both of which are congenital developmental disorders with multiple common symptoms. However, previous biochemical studies using a standard *in vitro* phosphatase substrate, *p*-nitrophenylphosphate

(pNPP), showed that NS-associated *PTPN11* mutations give rise to gain-of-function SHP2 mutants, but that LS-associated *PTPN11* mutations generate loss-of-function mutants.

To determine the phosphatase activity of LS-associated SHP2 mutants more appropriately, we performed an *in vitro* phosphatase assay using tyrosine-phosphorylated parafibromin, a biologically relevant substrate of SHP2 and the positive regulator of Wnt signaling that is activated through SHP2-mediated dephosphorylation. We found that LS-associated SHP2 mutants (Y279C, T468M, Q506P, and Q510E) exhibited a substantially reduced phosphatase activity toward parafibromin when compared with wild-type SHP2. Furthermore, each of the LS-associated mutants displayed a differential degree of decrease in phosphatase activity. Deviation of the SHP2 catalytic activity from a certain range, either too strong or too weak, may therefore lead to similar clinical outcomes in NS and LS, possibly through an imbalanced Wnt signal caused by inadequate dephosphorylation of parafibromin.

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# Department of Infection Control and Prevention

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(inside the hospital only)

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## Introduction and Organization

The Department of Infection Control and Prevention started at first as the Division of Hospital Infection Control Services on January 23, 1991. This division developed into the Division of Infection Control and Prevention on September 1, 1993 and the present department on June 4, 1994. Currently, our faculty consists of one professor, five guest lecturers, four research associates, 11 laboratory technicians, and two office assistants. For isolation and identification of microorganisms from clinical specimens, we amalgamated the microbiology unit from the Department of Clinical Laboratory in 2001.

## Clinical activities

Our daily activities are as follows:

- 1) Surveillance and control of hospital-acquired infection, such as infection or colonization of methicillin-resistant *Staphylococcus aureus* and other drug-resistant microbes.

- 2) Investigation of trends in weekly bases and monthly reports to all departments; Screening of colonization; monitoring of appropriate use of antibiotics such as mupirocin and vancomycin.
- 3) Microbiological investigation of wards and environment (at request or need).
- 4) Detection, investigation, intervention and control of the hospital infection outbreak.
- 5) Offering of information and advice on HIV-infected patients' management.
- 6) Direct inquiries and advises on management of patients with various infections through ward rounds every week.

## Education

We have been charged for education of undergraduate students on the course of medicine (lectures and practical exercises on the infection control for the 4th grade students). These lectures and exercises contain subjects not only on the hospital infection but also on

clinical microbiology. We are also engaged in the education of graduate students as well as hospital staff.

For postgraduate education, we have been committed to the guidance for new postgraduates and residents on the hospital and occupational infection control. We have been also offering our information and technique on occasions of request.

## Research

We have been mainly studying on following subjects: Several studies are now going with the members of department of pharmacy and of surgery.

- 1) Development of preemptive strategies for the control of healthcare-associated infection
- 2) Development of new methods in infection control and treatment of viral hepatitis
- 3) Molecular pathogenesis of hepatocellular carcinoma in HCV infection
- 4) Pathogenesis of progression of HIV infection
- 5) Molecular pathogenesis of the mitochondrial disturbances in viral infections
- 6) Molecular pathogenesis of hepatitis B viral infection
- 7) Host defences to microorganisms
- 8) Molecular analysis of innate immunity in micro-organism infection
- 9) New detection method and pathogenesis of opportunistic cytomegaloviral infection
- 10) Mechanism of multi-drug resistant micro-organisms
- 11) Epidemiology of *Clostridium difficile* infection

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# **Pathology, Immunology and Microbiology**

## **3. Immunology**

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# Department of Immunology

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## **Introduction and Organization**

The history of the Department of Immunology, formerly the Department of Serology, dates back to 1918. The department adopted its present name when Dr. Tomio Tada took his position as professor and chair in 1977. Through his innovative research and great contributions to the international community of immunologists, Dr. Tada raised the stature of the department to a world-renowned status. After Dr. Tada's retirement in 1994, Dr. Tadatsugu Taniguchi, presently the designated professor of the Department of Molecular Immunology at the Institute of Industrial Science, the University of Tokyo, performed cutting-edge, internationally recognized research in the field of immunology especially cytokine systems in the context of the regulation of immunity and oncogenesis. Dr. Taniguchi's major achievements were the discovery of interferon- $\beta$  and a new family of transcription factors, termed interferon regulatory factors (IRFs).

On May 2012, Dr. Hiroshi Takayanagi started the new laboratory aiming to shed light on two major questions; First, why self-tolerance are broken in autoimmune diseases? Second, what is the immune network among multiple organs including bone and neuron?

## **Teaching activities**

All members of our department take very seriously their responsibilities to teach and train the next generation of scientists. Undergraduate students of the faculty take part in departmental class work through lectures on immunobiology, immunochemistry and molecular immunology as well as practical training by way of laboratory courses on basic immunology experimental techniques. The education of graduate students is based on weekly seminars where students present the progress of their own research projects, discuss the future directions of their research and the research of others, and are exposed to the latest cutting-edge questions confronting the research field of immunology. We also offer a special training course (called 'free quarter') of basic and advanced biological and immunological techniques to medical students. We are also accepting undergraduate students as Medical Scientist Training Program in faculty of medicine. In fiscal year 2015, special lectures for undergraduate students were given by internationally recognized scientists, Dr. Takehiko Sasazuki (Prof. of Kyushu Univ.), Dr. Shimon Sakaguchi (Prof. of Osaka Univ.), Dr. Hajime Karasuyama (Prof. of Tokyo Medical and Dental Univ.), and Dr. Tadatsugu Taniguchi (Prof. of the Univ. of Tokyo).

## Research activities

The final goal of our research is to develop epoch-making strategies for the treatment of immune disorders such as autoimmune diseases and severe infectious diseases. At the present moment, knowledge in this field, especially about the molecular mechanisms of immune tolerance are quite limited. Therefore, initially, we aim to achieve further understanding about whole immunity, including hematopoietic cell development and regulation of both innate and adaptive immune systems.

### 1) Bone marrow microenvironment

The bone marrow is a primary lymphoid organ that plays a critical role in immune cell development. It has been proposed by several groups that marrow resident non-hematopoietic cells i.e. osteoblasts, endothelial cells, neurons or reticular cells (named CXCL12 expressing CAR cells) play critical roles on hematopoiesis. However, the crucial cell types that support hematopoietic cell development in the marrow have not been clarified. We aim to identify groups of cells and molecules (within the marrow microenvironment) that support lymphoid lineage development.

### 2) Osteoclast and osteoimmunology

Osteoclasts are polynuclear cells derived from the monocyte/macrophage lineage, which are responsible for bone resorption. Aberrant osteoclast function and development is involved in the pathogenesis of several diseases such as the inflammatory bone destruction observed in rheumatoid arthritis as well as post-menopausal osteoporosis and Albers-Schoenberg's disease. Osteoclast development is dependent on TNF family cytokine receptor activator of nuclear factor kappa-B ligand (RANKL). We studied the receptor signal transduction pathway for RANKL and identified nuclear factor of activated T cells c1 (NFATc1) as a master regulator for osteoclast differentiation (Takayanagi et al., *Dev Cell*. 2002; Asagiri et al., *J. Exp. Med.*, 2005). We also identified an ITAM-harboring co-receptor for RANK (Koga et al., *Nature* 2004) and the importance of bridging signal cascade between RANK and ITAM *via* Btk for RANK dependent osteoclastogenesis (Shinohara et al.,

*Cell*. 2008; Shinohara et al., *Bone*. 2014). Our recent proteomic analysis identified multiple target proteins phosphorylated upon differentiation of osteoclasts (Sumiya et al., *Biochem Biophys Res Commun*. 2015).

Furthermore, we have revealed the roles of Semaphorin4D on osteoblast differentiation (Negishi-Koga et al., *Nature Med*. 2011) and Semaphorin3A on inhibition of bone absorption as well as promotion of bone formation (Hayashi et al., *Nature* 2012). We also found that immune complexes in serum activate osteoclastogenesis and cause bone loss through binding to Fc $\gamma$  receptors (Negishi-Koga et al., *Nat Commun*. 2015).

Most recently, we reported that, using a bone-fracture model in mouse, the cytokine IL-17 promotes bone fracture healing via osteoblastic bone formation and that  $\gamma\delta$ T cells are the major source of IL-17 produced in the bone injury site (Ono et al., *Nat Commun*. 2016). Although it has been known that IL-17 enhances osteoclastic bone resorption in certain pathological situations, our current results clearly show the promoting effect of IL-17 on bone formation, providing a new paradigm for physiological interaction between bone and immune system.

### 3) Development and regulation of lymphoid cells

Thymus is the primary lymphoid organ that supports development of useful T cells (positive selection) and eliminates self-reactive T cells (negative selection). However, recently it has been shown that a fraction of self-reactive T cells escape negative selection in the thymus. This process is called "agonistic selection". We uncovered importance of continuous calcium influx into cytoplasm for agonistic selection of T cells especially regulatory T cells and iNKT cells (Oh-hora et al., *Immunity*. 2013). The microenvironment of the thymus is mainly composed of thymic epithelial cells (TEC) that regulate selections of developing T cells (Nitta et al., *Adv Immunol*. 2008; Nitta and Suzuki, *Cell Mol Life Sci*. 2016). Using a newly established mouse model of TEC deficiency, we showed the significant role of thymic epithelial cells in development, not only of "conventional"  $\alpha\beta$ T cells but also of inflammatory "innate"  $\gamma\delta$ T cells (Nitta et al., *EMBO Rep*. 2015).

In the peripheral organs, mammals harbor large numbers of lymphocytes such as T, B and recently

re-categorized innate lymphoid cells, which lack antigen receptors (Sawa et al., *Science*. 2010; Furusawa et al., *J Immunol*. 2013). Focusing on the nuclear hormone receptor ROR $\gamma$ t expressing innate lymphoid cell, we are trying to understand the cellular and molecular mechanisms that underlie maintenance of the gut immune system in the steady state, and the pathogenicity of such innate lymphoid cells in the inflammatory state.

#### 4) Mechanism of autoimmune disease

The IL-17 producing helper T cell subset (Th17 cell) plays critical roles in several autoimmune disease models such as collagen induced arthritis (CIA) and experimental encephalomyelitis (EAE). We have identified I $\kappa$ B $\zeta$  as an indispensable transcription factor for Th17 cell differentiation (Okamoto et al., *Nature*. 2010). However, in both RA and EAE models, effector mechanisms of Th17 cells have been unclear. Recently, we identified a subset of Th17 cells that robustly produces IL-17 and RANKL and exacerbates both inflammation and bone destruction in CIA mice. Interestingly these Th17 cells are the progeny of CD4 T cells expressing Foxp3, a master regulator for immunosuppressive Treg cells (Komatsu et al., *Nat Med*. 2014). We also reported that RANKL produced by synovial fibroblasts is primarily responsible for the formation of bone-destructive osteoclasts in inflammatory arthritis. These results show that the targeting these cells and/or molecules could be effective in preventing bone destruction in RA (Danks et al., *Ann Rheum Dis*. 2015).

To elucidate a role of RANKL on T cells, we generated T cell-specific RANKL-deficient mice. These mice were protected from EAE, a mouse model of multiple sclerosis, due to an impairment of infiltration of pathogenic T cells into the central nervous system (CNS). RANKL on T cells stimulates the chemokine production by astrocytes, leading to the chronic inflammation in the CNS. Pharmacological inhibition of RANKL prevented the development of EAE, indicating that RANKL is a potential therapeutic target for treatment of multiple sclerosis (Guerrini et al., *Immunity*. 2015).

We have also been studying the mechanism of T cell tolerance induction, because a breakdown of T cell tolerance induces autoimmune diseases. Self-

tolerance of T cells is primarily established during their development in the thymic medulla, where medullary thymic epithelial cells (mTECs) ectopically express a variety of tissue-restricted antigens (TRAs) and thereby TRA-reactive immature T cells are deleted. It has been known that expression of a set of TRAs is regulated by the transcriptional regulator Aire, although how the remaining TRAs are regulated has been unclear. Recently, we identified a novel key transcription factor Fezf2, which is highly expressed in mTECs and controls the expression of a large fraction of Aire-independent TRAs (Takaba et al., *Cell*. 2015). Mice lacking Fezf2 in mTECs exhibited severe autoimmune disorders in peripheral organs, and the spectrum of autoimmunity in Fezf2-deficient mice differed from that in Aire-deficient mice. These results indicate that two independent factors, Fezf2 and Aire, play non-redundant and mutually complementary roles in the TRA expression to ensure T cell tolerance induction. This study represented an important advance in our understanding of the mechanisms underlying the immune tolerance and autoimmune diseases.

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# **Radiology and Biomedical Engineering**

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## Introduction and Organization

Department of Radiology was established in 1932. Radiology covers three major fields that are, Diagnostic Radiology (imaging and intervention), Radiation Oncology (radiotherapy) and Nuclear Medicine. The clinical, educational and research activities of our department are being carried out in cooperation with Department of Radiology in The Research Institute of Medical Science, which has three (1 associate professor, 1 lecturer, and 1 assistant professor) positions. In addition, Department of Radiology mainly takes care of radiation protection and radiation safety in the hospital.

## Clinical activities

Clinical services on Diagnostic Radiology, Nuclear Medicine, and Radiation Oncology are provided in the

centralized Clinical Radiology Service Department in cooperation with radiology technologists and nurses.

In the section of Diagnostic Radiology, all CT and MRI examinations are monitored and reported by diagnostic radiologists. Diagnostic radiologists, gastroenterologists and cardiologists mainly perform interventional procedures.

In the section of Nuclear Medicine, two cyclotrons and several remote or processor-controlled automated devices are installed, which facilitate standardized procedures in the PET tracer production and the implementation of GMP in PET related work. There are two SPECT rooms and four PET rooms. These nuclear imaging procedures are chiefly performed and reported by nuclear medicine physicians and cardiologists.

Each year, over 700 new patients receive radiation therapy in the Radiation Oncology section. Highly

accurate 3D radiation therapy is the most outstanding feature. Stereotactic radiation therapy for small lung or liver tumors has been carried out.

In the 9<sup>th</sup> floor of the new inpatient building, there are 12 beds in the Radiology ward, which are usually used for oncology patients receiving radiation therapy and chemotherapy. Some of them are sometimes used for patients receiving invasive diagnostic procedures such as interventional radiology (IVR), angiography and myelography. There are two special beds for radionuclide (RN) therapy in the same floor. In addition, four beds are allotted to terminal care ward located in the 14<sup>th</sup> floor.

## Teaching activities

Lectures are given to the fourth-, fifth- and sixth-year students to provide fundamental knowledge of diagnostic radiology, radiation oncology and nuclear medicine. Professor, associate professors and lecturers as well as specialists assigned as part time lecturers take part in the education. A series of lectures about fundamentals of radiology and related sciences are given to the fourth-year students. As bed-side-learning (Clinical Clerkship, CC) curriculum, small groups of the fifth/sixth-year students are taking part in mini-lectures and practice to learn basics of diagnostic radiology, advanced medical techniques of Radiation Oncology and Nuclear Medicine. They will learn detailed principles of image constructions in various kinds of imaging modalities and technology in radiation therapy against cancer. Postgraduate students are also welcome to each of subspecialties of radiology according to their interests.

## Research activities

Research activities in our department include clinical research, animal experiments and development of instruments as well as computer-based new technology. Diagnostic Radiology group in the department promotes research activities aiming at efficacy improvement of diagnostic imaging and expansion of its application. Multi-row detector helical computed tomography (MDCT) enables us to take tomographic images in a three-dimensional (3D) fashion. Using the data acquired by MDCT, various kinds of diseases in almost all parts of the body, from

cerebral diseases to musculoskeletal diseases, can be displayed in 3D images. New 3D software developed in our departments is now widely used in the field of the gastrointestinal tract, lung, and central nervous system. In addition, we have opened a new laboratory section named Image Computing and Analysis Laboratory with invitation of a new staff from the Faculty of Engineering, the University of Tokyo. This section will contribute to development of novel software to abstract clinically useful information from the 3D imaging data more sophisticatedly. In the field of magnetic resonance (MR) imaging, MR digital subtraction angiography, perfusion imaging, and diffusion tensor imaging are the foci of research. These techniques are aggressively applied to the investigation of vascular and neoplastic diseases of the brain.

Radiation oncology group promotes research projects in two major fields, one is physical engineering such as the optimization of dose distribution in the radiation therapy (RT) and the other is reduction of injuries due to radiation exposure in vitro and in vivo. This group pushes forward studies mainly on a brain tumor, head and neck cancer, esophageal cancer, uterine cervical cancer, prostate cancer in conformity with recent EBM in the clinical study, and was active in studies of the physical engineering traditionally and took a main role in the highly precise radiation therapy of our country until now. With the purpose of achieving precise external irradiation, a new linear accelerator with C-arm and multileaf collimator systems was developed and installed, which is utilized mainly for non-coplanar radiation therapy in many patients especially with brain tumor or head and neck tumor. Dynamic conical conformal radiotherapy (Dyconic therapy) for metastatic brain tumors using the accelerator is under evaluation. In addition to gamma knife radiosurgery, this new accelerator based stereotactic radiotherapy for brain diseases has been undergone, and stereotactic radiotherapy (SRT) for body tumors, such as head and neck cancer, prostate cancer, rectal cancer and lung cancer, has been investigated (intensity modulation radiation therapy; IMRT) for the reduction of the adverse radiation damage. A new technology to track mobile tumors, represented by lung tumors is under investigation in collaboration with accelerator makers.



Nuclear Medicine group promotes clinical research on functional imaging and the development of radio-immunotherapy (RIT) by the application of radioisotope-labeled tracer technology, combined with molecular biology. In particular, emission tomography (PET and SPECT) is applied for the evaluation of cerebral blood flow and metabolism in patients with dementia, epilepsy, and cerebrovascular diseases. Cerebral blood flow, glucose metabolism and neural synaptic functions are measured for the understanding of normal and pathophysiological states of CNS disorders, using a variety of positron-emitter radiotracer, such as [O-15] H<sub>2</sub>O, CO<sub>2</sub>, O<sub>2</sub>, CO, [F-18] FDG, [C-11] methionine, [F-18] Dopa, [C-11] NMSP, NMPB, [C-11] raclopride and [C-11] PiB. The study of dementia using SPECT and the standard brain atlas has made it possible to categorize the type of dementia. Evaluation of dopaminergic function by PET is very important in the differential diagnosis of Parkinsonism. Cardiac PET and SPECT are also active fields. Myocardial viability, vascular reserve and sympathetic nerve denervation in the ischemic heart disease are evaluated with [F-18] FDG, [N-13] NH<sub>3</sub>, TI-201 and [I-123] MIBG. Higher brain functions such as reading, speech and thinking have been studied with PET by comparing blood flow and receptor binding potential (BP) under various tasks and at rest. For the precise localization of activated brain function, computer processing and reconstruction of composite images of function and anatomy is an essential subject for investigation. At present, whole body FDG-PET is one of the most effective tool for exploring metastatic lesions of cancer patients. Combination display of SPECT/PET with XCT/MRI would be a routine job and anatomo-functional images would play an important role in the clinical management of the patients.

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# **Radiology and Biomedical Engineering**

## **2. Biomedical Engineering**

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# Department of System Physiology

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## Introduction and Organization

Our department originated from the department of Basic Medical Science, the Institute of Medical Electronics, established in 1961. In 1997, as a result of the shift to the chair system of the Graduate School of Medicine, the Institute was replaced with three departments of Biomedical Engineering: System Physiology, Bioimaging and Biomagnetics, and Biosystem Construction and Control. The Department of System Physiology consists of one lecturer.

## Teaching activities

We give lectures of “Early Exposure to Medicine” for first year students, “Basic Principles of Biomedical Engineering” for second and third year students, “Introduction to Biomedical Engineering” for postgraduate students, “Introduction to Medical Science: Mechanobiology” for master’s students, in the faculty of Medicine, and “Principles of Medicine” for postgraduate students in the faculty of Engineering. We offer practical training of biomedical engineering research to third- and fourth-year students of undergraduate medical school. A weekly seminar is held in our laboratory bringing together staff and research fellows to discuss journal articles and give updates on experiments. Our aim is to enhance the research skills of students.

## Research activities

This laboratory has been pursuing the study of biomechanics dealing with mechanical phenomena in the human body, especially focusing on cellular sensing and response mechanisms to mechanical stimuli. The main theme of our work is the relation-

ships between shear stress or cyclic strain, which are hemodynamic forces generated by blood flow, and their target cells, vascular endothelial cells (ECs). This would be of benefit not only to understanding blood flow-mediated regulation of vascular functions but also to the elucidation of clinically important problems such as angiogenesis, vascular remodeling, atherogenesis, and development of cerebral aneurysm which occur in a blood flow-dependent manner.

Original biomedical engineering methods have been applied, in which cultured ECs are exposed to controlled levels of shear stress or cyclic strain in a fluid-dynamic flow apparatus and whose responses are analyzed at the cellular and molecular levels. Microcirculatory hemodynamics and oxygen transport of genetically modified mice are studied by employing opto-electronics technology. The results of these experiments are listed below.

1. Cell responses to hemodynamic forces
2. Hemodynamic force-mediated gene regulation
3. Hemodynamic force-induced cell differentiation
4. Mechanosensing and mechanotransduction

### 1. Cell responses to hemodynamic forces

Our studies have demonstrated that ECs have functional responses to hemodynamic forces, shear stress and cyclic strain. When a cultured EC monolayer was partially denuded, surrounding cells migrated and proliferated in the denuded area, and covered the denuded area. Shear stress enhanced the regenerative functions of ECs. Shear stress increased the production of nitric oxide, a potent vasodilator, in ECs in a dose-dependent manner. Shear stress also increased the expression of thrombomodulin, an antithrombotic molecule, in ECs. In contrast, it

decreased the expression of vascular cell adhesion, which leads to the inhibition of leukocyte adhesion to vascular cell adhesion molecule-1 (VCAM-1). It was shown that shear stress increases the levels of adrenomedullin and C-type natriuretic peptide mRNA which have vasodilating effects in addition to nitric oxide, and that it also augmented the expression of lectin like low density lipoprotein receptor (LOX-1) at the protein and mRNA level.

## 2. Hemodynamic force-mediated gene regulation

We have demonstrated that shear stress regulates endothelial gene expression transcriptionally and/or posttranscriptionally. Shear stress downregulates VCAM-1 gene transcription via the double AP-1 binding element (TGACTCA) in the promoter which functions as a shear stress-responsive element. Shear stress has also been shown to increase the expression level of granulocyte/macrophage-colony stimulating factor (GM-CSF) via mRNA stabilization. Differential display and DNA microarray analysis showed that around 600 known and unknown transcripts were up- or down-regulated in human umbilical vein ECs exposed to a shear stress. From these shear stress-responsive genes, a cDNA encoding an unknown G-protein coupled receptor was cloned. We showed that the transcription factor SP1 is involved in the shear stress-induced down-regulation of P2X4 (an ATP-gated cation channel) gene expression in ECs. We also revealed that endothelial genes are differentially regulated by laminar and turbulent shear stress. Laminar shear stress decreases the gene expression of urokinase plasminogen activator (uPA), which plays a role in fibrinolysis and vascular remodeling, via both GATA6-mediated down-regulation of gene transcription and an acceleration of mRNA degradation, while turbulent shear stress increases the uPA gene expression through mRNA stabilization. We demonstrated that shear stress up-regulates the gene expression of plasminogen activator inhibitor-1 (PAI-1) through activation of transcription factors Sp-1 and Ets-1 in human hepatocytes. We developed a compliant tube-type flow-loading device that allows simultaneous application of physiological levels of shear stress and cyclic strain to cultured cells and observed that the

response of endothelial genes to shear stress or cyclic strain depends on whether the two forces are applied separately or together.

## 3. Hemodynamic force-induced cell differentiation

We have revealed that endothelial progenitor cells (EPCs) circulating in human peripheral blood proliferate and differentiate into mature ECs in response to shear stress, thereby forming tube-like structures in collagen gel. Moreover, we revealed that shear stress increased the gene expression of the arterial EC marker ephrinB2 in EPCs, while it decreased the gene expression of the venous EC marker EphB4, suggesting that shear stress affects arterial-venous differentiation of EPCs.

Embryonic stem (ES) cells have the potential to differentiate into every cell type in the body, and attracting interest as a promising source of cells for use in regenerative medicine. Embryonic cells are exposed to fluid-mechanical forces, including shear stress and the cyclic strain generated by beating heart during the process of embryonic development. We found that shear stress induces the differentiation of murine ES cells into vascular EC lineage *in vitro*; cyclic strain induces the differentiation into vascular smooth muscle cell (SMC) lineage. Differentiation into the EC lineage and differentiation into SMC lineage are mediated by ligand-independent phosphorylation of vascular endothelial growth factor receptor 2 (VEGFR2) and platelet derived growth factor receptor (PDGFR), respectively. Moreover, our study has shown that shear stress increases expression of ephrinB2 in murine ES cells via the VEGF-Notch signaling pathways, suggesting that shear stress can also affect the arterial-venous differentiation of ES cells. Based on these findings, in a collaborative study, a new hybrid type of artificial blood vessel, in which ES cells were cultured on the surface of polymer tubes and exposed to pulsatile shear stress and cyclic strain, was developed.

## 4. Mechanosensing and mechanotransduction

We were the first to show that  $Ca^{2+}$  signaling plays an important role in the mechanism by which ECs recognize the shear stress signal and transmit it into the cell interior. Strong shearing forces induced by

dragging ECs with a balloon causes an increase in cytoplasmic  $\text{Ca}^{2+}$  concentrations. A relatively weak shearing force like shear stress generated by fluid flow needs the presence of extracellular ATP to induce  $\text{Ca}^{2+}$  response, and at several hundred nanomolar of ATP, intracellular  $\text{Ca}^{2+}$  concentrations increase in a shear stress-dependent manner. Generally, flow-induced  $\text{Ca}^{2+}$  responses are initiated at a locus at the cell edge and propagate throughout the entire cell in the form of a  $\text{Ca}^{2+}$  wave. The initiation locus corresponded precisely to caveolae rich cell edges. We found that a subtype of ATP-gated cation channel, the P2X4 receptor, is expressed in human vascular ECs and that P2X4 receptors play a crucial role in the shear stress-dependent  $\text{Ca}^{2+}$  response. Endogenously released ATP by shear stress is involved in the P2X4-mediated  $\text{Ca}^{2+}$  responses. We produced P2X4-deficient mice and observed that the P2X4-deficient mice have impaired flow-dependent control of vascular tone and remodeling, indicating that shear stress signal transduction via P2X4 plays a critical role in the regulation of circulatory functions. Our study revealed that cell surface ATP synthase localized in caveolae/lipid rafts are involved in the shear-stress-induced ATP release by ECs.

Moreover, we recently report that the plasma membrane itself differentiates between shear stress and stretch by undergoing transitions in its lipid phases. Shear stress decreased the lipid order of human pulmonary artery EC plasma membranes, thereby causing a transition from the liquid-ordered phase to the liquid-disordered phase in some areas, along with an increase in membrane fluidity. In contrast, uniaxial stretching and hypotonic swelling increased the membrane lipid order and decreased membrane fluidity. A similar increase in lipid order occurred when the artificial lipid bilayer membranes of giant unilamellar vesicles were stimulated by shear stress by using a flow-loading apparatus or stretched by hypotonic swelling, indicating that mechanical force-mediated responses of lipid membranes are physical phenomena. The cholesterol content of EC plasma membranes significantly decreased in response to shear stress but clearly increased in response to stretch. Blocking these changes in the membrane lipid order by depleting membrane cholesterol with methyl- $\beta$ -cyclodextrin or by adding cholesterol resulted in a

marked inhibition of the EC response specific to shear stress and stretch, i.e., phosphorylation of VEGFR2 and phosphorylation of PDGFR, respectively. These findings indicate that EC plasma membranes differently respond to shear stress and stretch by changing their lipid order, fluidity, and cholesterol content in opposite directions and that these changes in membrane physical properties are involved in the mechanosensing mechanisms and the mechanotransduction that activates membrane receptors specific to each force.

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# Department of Chemical Biology and Molecular Imaging

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## Introduction and Organization

The Laboratory of Chemical Biology and Molecular Imaging is one of the laboratories in the department of Radiology and Biomedical Engineering. Our laboratory is located in the annex of the medical building 3. Our lab members consist of 2 post-doctoral researchers, 6 PhD students, 1 master course student and one technical staff by the end of FY2015.

## Teaching activities

As for under-graduate education, our laboratory takes part in medical engineering lectures for the 3<sup>rd</sup> year medical students. As for PhD course education, our laboratory delivers the lecture of fluorescence imaging for both master and doctor course students. Our laboratory is also accepting Free Quarter students every year for the opportunity to be trained to synthesize chemical probes and observe live cells with fluorescent microscopes. Our laboratory is also accepting three under-graduate students as Medical Scientist Training Program in faculty of medicine. They are doing their own research under the supervision of our staffs, and one student was graduated this program by the end of FY2015.

## Research activities

Our lab aims at developing novel fluorescence probes and applying these molecules to biology and medicine. Two specialized rooms for chemical syntheses were

settled, equipped with various instruments for chemical syntheses, purification, and characterization. Further, various instruments for live imaging of cells and animals, instruments for cell culture and DNA work were already settled in our laboratory. Therefore, molecular design, chemical syntheses, purification, characterization, evaluation of novel probes in vitro, in cellulo and in vivo can be done in our laboratory.

By using above instruments, we are now conducting various projects for establishing novel bioimaging techniques based on the development of new fluorescence probes. So far, we have succeeded in establishing rational design strategies of fluorescence and luminescence probes based on photoinduced electron transfer and intramolecular spirocyclization mechanism. In 2015, we have succeeded to develop various novel fluorescence probes by utilizing the concept of both mechanisms.

For example, a sensitive bioluminogenic probe for highly reactive oxygen species (hROS) was developed based on the concept of bioluminescence emission by means of bioluminescent enzyme-induced electron transfer (BioLeT). This probe enables non-invasive visualization of physiologically relevant amounts of hROS generated deep inside the body of living rats. It is expected to serve as a practical analytical tool for investigating a wide range of biological functions of hROS in vivo (Reference 4).

Another achievement is application of our previously reported fluorescence probe for  $\gamma$ -glutamyltranspeptidase (GGT), which is overexpressed in various



types of cancers, to clinical specimens resected from cancer patients. For example, in collaboration with Dr. Mimori at Kyusyu University and Dr. Ueo at Ueo Breast Surgery Hospital, we found that our probe for GGT is useful for rapid intraoperative visualization of breast lesions (Reference 6). Further, we have expanded fluorescence probe library for elucidating characteristic features of live cancer cells. We are collaborating with surgeons including those in Tokyo University Hospital in order to examine the efficacy of these new probes.

We also developed a novel asymmetrically modified rhodamine with suitable absorption/emission, brightness and equilibrium constant of intramolecular spirocyclization, working in the yellow/orange region. As a proof of concept, a probe targeting GGT was developed on the basis of the new scaffold, and simultaneous visualization and discrimination of different types of tumors were achieved in a mouse model in vivo (Reference 1).

We also tried to expand the design of spontaneously blinking fluorophores for super-resolution imaging (Reference 7).

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## Lecturer

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## Introduction and Organization

As the first research institute for medical engineering in Japan, Institute of Medical Electronics was established in 1963. Department of Clinical Medicine in the Institute of Medical Electronics was started in 1964 for research and development of advanced diagnostic and therapeutic medical engineering technologies. To date, medical engineering has grown up not only to a very important academic discipline but also to a very important means for clinical medicine. With the structural reformation of Faculty of Medicine, Institute of Medical Electronics has been shifted to Graduate School of Medicine, and Department of Clinical Medicine in the Institute of Medical Electronics has been reformed to the present department since April 1, 1997.

The current members include an associate professor, a lecturer, a project researcher, 10 graduate students, 16 visiting researchers, a senior technical specialist, and a project academic support staff.

Since our research covers wide area of interdisciplinary and comprehensive research fields based on the advanced medical and engineering technologies, we are cooperating with various laboratories.

## Teaching activities

We take a part in systematic lectures for the 3rd year medical students. We also provide practice in the “free quarter” course for the 3rd year medical students. In systematic lectures, we teach an introduction of the

advanced diagnostic and therapeutic medical engineering technologies. The lectures for artificial organ technologies are included.

For post-graduate education, we provide lectures for the master course students, and we take a part in series of lectures for the doctor course students. For the master course students, we offer lectures on artificial organ technologies. For the doctor course students, we offer lectures on advanced medical engineering technologies.

The educational practice of the post-graduate students is performed mainly by on-the-job training method in the daily research works. Through the development and animal experiments of the artificial hearts, research strategy, methods of in-vitro, ex-vivo and in-vivo studies, design and fabrication techniques, machining technique, pre-operative management, anesthesia, surgery, post-operative management, measurement, data processing, ethical factor, and other important knowledge, techniques and experiences are acquired. In the practice, we give the master course students several assignments from the field of the artificial organs as a subject of their research. The doctor course students have to find the subject of their research by themselves. The research subject of the doctor course students is not limited to the field of the artificial organs but is found from the wide area of advanced medical and engineering technologies.

Students must attend to the weekly meeting. They can learn how to perform the research work and how to report it through the meeting.

The education to train the leaders of medical engineers and clinical engineers is another important role of our laboratory.

## Research activities

Our research field covers advanced diagnostic and therapeutic medical engineering technologies for clinical medicine. The main subjects are artificial organs (artificial hearts, assist circulations, artificial lungs, artificial valves, tissue engineered artificial organs, regenerative artificial organs, etc). Especially, the artificial heart is our world famous research project having a long history since 1959. Concerning the artificial heart, almost all the researches and developments for driving mechanisms, energy converters, blood pumps, biomaterials, power transmissions, measurement techniques, control methods, anatomical fitting, blood compatibility, tissue compatibility, computational fluid dynamic (CFD) analysis, physiology, pathology, and so on, have been studied. All the stuffs and students are in part participating in the artificial heart project. In 1995, we succeeded to survive a goat for 532 days with the paracorporeal total artificial heart (TAH) with no anticoagulant, which is still the longest surviving record of TAH animals in the world.

Our artificial heart research at present is to develop a totally implantable TAH with high performance, good anatomical fitting, high durability, high reliability, high efficiency, good controllability, and excellent biological compatibility, which can be implanted in the body of small stature like Japanese. To meet the purpose, we had been developing the TAH using undulation pumps, named undulation pump TAH (UPTAH). The undulation pump is our original blood pump invented in 1992. The UPTAH revealed to have an excellent performance and the goat whose heart was replaced with the UPTAH survived for 153 days. However, the UPTAH had a problem in the durability of the complex drive shaft mechanism. To improve the problem of the UPTAH, a new blood pump, named the helical flow pump (HFP), was invented in our laboratory in 2005. The HFP is a novel blood pump having a hydrodynamic levitating impeller, which promises high durability. The animal experiment of the helical flow TAH (HFTAH) had started in 2011. The HFTAH could

be implanted in the goat successfully with good anatomical fitting. To date, the goat whose heart was replaced with the HFTAH survived for 100 days. We are expecting to develop an ideal TAH that surpass the outcome of the heart transplantation with combination of the technologies of the physiological control and hybrid materials described later.

How to control the output of a TAH is primary interest. We have developed our original physiological control method of the TAH, named 1/R control. The 1/R control was developed with a conductance (1/R: reciprocal of a resistance) parallel circuit model. With the 1/R control, the particular problems of a TAH such as venous hypertension, slight anemia, low thyroid hormone level and so on, were not observed and the output changed in accordance with a metabolic demand of the animal.

The problem of the 1/R control was a mismatching of the time constants between the control systems of the device and the body. As a consequence, the 1/R control occasionally diverged in the animal experiment of the UPTAH and HFTAH. To improve the problem of instability in the 1/R control, a new control method based on the fluctuation of arterial and venous pressures (named  $\Delta P$  control) was developed by reforming the 1/R control function. At present,  $\Delta P$  control is tested with the animal experiment.

On the other hand, the 1/R control was applied to the UPTAH and HFTAH to perform a physiological study with a nonpulsatile TAH by changing the drive mode from pulsatile to nonpulsatile in a single goat. The result showed that, for a period of several weeks, the 1/R control could be promising not only with a pulsatile flow, but also with a nonpulsatile flow. The general conditions and organ functions were not changed by the application of the nonpulsatile flow. The cardiac output and the arterial pressure changed with the condition of the goat in the pulsatile and also nonpulsatile flow, which seemed almost identical. However, under the physiological atrial pressure, the sucking effect of atria was more significant in the nonpulsatile flow than the pulsatile flow. Therefore, the nonpulsatile TAH with the 1/R control was considered to be inadequate, unless some pulsatility would be introduced to avoid the sucking effect for ensuring sufficient inflow condition.

Concerning the materials, we have been developing a

new method to develop hybrid materials. In general, it is not easy to develop mechanical parts for complex artificial organs such as artificial hearts from the components of living tissue because these components have insufficient strength and durability, even though they have excellent tissue compatibility. To overcome these problems, an insert molding method, which is commonly used for resin molding in the industrial field, was introduced. In this method, the mold, in which an artificial material was inserted, was implanted in the animal, and the tissue grew into the mold to make a hybrid material. The method was first applied to the Jellyfish valve that was originally a polymer valve for the artificial hearts. The hybrid Jellyfish valve demonstrated a good result. Then, we started to develop the hybrid conduit of the inflow cannula for the left ventricular assist device (LVAD). The conduit is inserted into the apex of the left ventricle where the thrombus often formed. In this method, the mold in which the core of the conduit was inserted was implanted under the skin of a goat. After several months, the hybrid conduit was extirpated, and then freeze-dried, sterilized and used. The experiment of the LVAD using the hybrid conduit is going on with a goat. This hybrid technique will be an important technology for developing the next generation artificial organs.

A project of the emergency life support system (ELSS) that is a compact and transportable heart and/or lung assist device has been started in 2004. The device consists of a blood pump, an oxygenator, a drive and control unit, and a battery unit. To realize several-months support with the ELSS, a new blood pump named the sequential flow pump (SFP) has been developed. The SFP in which fluid is given centrifugal force sequentially twice in a pump was invented in our laboratory in 2013. This sequential pressurization mechanism enables high-pressure output without high impeller speed, which can reduce the shear stress of the blood. To realize integration of the pump with the artificial lung, inlet and outlet ports are located at lateral side and center of the pump, respectively, which is the reverse configuration of conventional centrifugal pumps. In the ELSS, the whole system components will be packed in a case having 180 mm in diameter and 390 mm in length. The whole weight will be about 20 kg.

Our research of the application of ICT (Information and communication technology) to medicine has been focused on the home medical care. The research and development for monitoring the condition of the patients living at home has been performed utilizing the miniaturized wireless electrocardiogram (ECG) unit with low power consumption. The ECG unit is attached on the patient's chest at home. The ECG data is transmitted to the laptop computer set in the patient's home. The data is then transmitted to the data server set at our laboratory through the mobile Internet communication. The client computers in the clinic or doctor's smart phone receive the real-time data through the Internet lines from the data server. This system has been tested experimentally in a clinic. The system revealed to be very useful especially for taking care of the patients who were going to be in deathbed. To obtain more detailed diagnosis of such patients, a breathing monitor is necessary. The transmitter unit contains a three-axis acceleration sensor that is used usually for detecting the motion or posture of the patient. We are trying to detect the respiratory frequency using the three-axis acceleration sensor contained in the unit.

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# **Neuroscience**

## **1. Basic Neuroscience**

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# Department of Neuropathology

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Dr. Iwatsubo's research group has been pursuing the pathogenesis of Alzheimer's disease (AD) and related neurodegenerative conditions (especially, dementia with Lewy bodies; DLB) by multi-disciplinary approaches, based on histopathology and protein biochemistry of postmortem human brains. They then extended the knowledge derived from the human studies in a way to establish cellular models and to elucidate the key steps in the pathological cascade of neurodegeneration. Thus, Dr. Iwatsubo's group has been addressing the pathogenesis of neurodegenerative disorders from the downstream (i.e., analysis of aggregated proteins) as well as from the upstream (i.e., pathogenic effects of pathogenic genes), covering a number of crucial proteins/genes related to AD and DLB, i.e.,  $\beta$ -amyloid (including its binding protein CLAC), presenilin/ $\gamma$ -secretase and  $\alpha$ -synuclein. In this way Dr. Iwatsubo's group has contributed much to the widely accepted notion that abnormal misfolding of brain proteins is the common cause of a variety of neurodegenerative disorders including AD. Furthermore, Dr. Iwatsubo's group is currently working hard to translate the basic findings into the clinical application of mechanism-based, disease-modifying therapies for AD through the world-wide ADNI project, in which Dr. Iwatsubo serves as the PI of Japanese ADNI.

## 1. Research on $\beta$ -amyloid and presenilins

Using C-terminal specific monoclonal antibodies that discriminate amyloid  $\beta$  peptides ( $A\beta$ ) ending at 40th or 42nd residues ( $A\beta_{40}$  and  $A\beta_{42}$ , respectively), Dr. Iwatsubo has performed a systematic immunohistochemical studies on autopsied brain tissues from patients with AD, Down syndrome and familial AD, and demonstrated that  $A\beta_{42}$ , that most readily form amyloid fibrils in vitro, is the initially and predominantly deposited species in human cerebral  $\beta$ -amyloidosis (Iwatsubo et al. *Neuron* 1994, *Ann Neurol* 1995). Dr. Iwatsubo's group then established cellular models expressing mutant forms of presenilin (PS) genes linked to familial AD (FAD), and using their original highly-sensitive ELISA quantitation system, his group has clearly shown that an increase in the production of  $A\beta_{42}$  is the pathogenic mechanism leading to FAD (Tomita et al. *Proc Natl Acad Sci USA*, 1997). These findings have provided a firm basis for the currently prevailing  $\beta$ -amyloid hypothesis. They then focused on the mechanisms of  $\gamma$ -secretase complex that cleaves the C terminus of  $A\beta$ , and set out to cell biological studies using RNA interference on the formation and function of the  $\gamma$ -secretase complex harboring PS as the catalytic center, associated with three additional membrane proteins. They demonstrated that APH-1 and Nicastrin serve as the "stabilizing" co-factor of PS, whereas

PEN-2 is the component that confers proteolytic activity to this complex. They also showed that PS, APH-1, nicastrin and PEN-2 are the essential set of proteins that comprise the  $\gamma$ -secretase complex (Takasugi et al. *Nature*, 2003). This study is highlighted as a milestone work that elucidated the mechanistic roles of protein cofactors in the formation and function of  $\gamma$ -secretase (see reviews; Iwatsubo *Mol Psychiatr*, 2004; *Curr Opin Neurobiol*, 2004). His group has also shown by establishing in vitro  $\gamma$ -secretase assays that sulindac sulfide, a major non-steroidal anti-inflammatory drug, directly acts on  $\gamma$ -secretase and selectively reduce A $\beta$ 42-generating activities (Takahashi et al., *J Biol Chem*, 2003), providing important implications to the therapeutic strategies of AD by  $\gamma$ -secretase modulation. Recently, he has established a novel method for an efficient in vitro reconstitution of  $\gamma$ -secretase complex, paving the way towards the structural analysis of active  $\gamma$ -secretase (Hayashi et al. *J Biol Chem*, 2004), and using thus highly purified  $\gamma$ -secretase particles, they have partially unveiled the submolecular structure of this complex by single-particle EM analysis (Ogura et al. *BBRC*, 2006). Very recently, his group has established an elegant strategy to analyze the structure-function relationship within the catalytic structure of  $\gamma$ -secretase complex by cysteine chemistry, and demonstrated that  $\gamma$ -secretase harbors a water-permeable catalytic pore (Sato et al. *J Neurosci*, 2006), and that substrate proteins enter the catalytic pore through the lateral gate located at the C terminal side of PS (Sato et al. *J Neurosci*, 2008). Thus, Dr. Iwatsubo's group started from an elegant immunohistochemical analysis of A $\beta$  deposits in AD brains and extended it to a contemporary molecular/cellular biology of PS, that proved to play a key role in "intramembrane proteolysis".

## 2. Identification and characterization of $\alpha$ -synuclein as a major component of Lewy bodies.

Using cortical Lewy bodies purified from postmortem brains of patients with dementia with Lewy bodies (DLB) by his original method (Iwatsubo et al. *Am J Pathol* 1996) as immunogens, Dr. Iwatsubo's group, in collaboration with Drs. Virginia Lee and John Trojanowski at Univ. Penn, performed an extensive immunochemical search for components

of Lewy bodies. They have demonstrated by raising a specific monoclonal antibody that  $\alpha$ -synuclein, that proved to be a product of pathogenic gene for familial form of Parkinson's disease, is one of the major constituent of Lewy bodies in sporadic Parkinson's disease and DLB (Baba et al. *Am J Pathol* 1998). His group then purified aggregated  $\alpha$ -synuclein from DLB cortices using fine biochemical techniques, purified it to near homogeneity, and demonstrated using mass spectrometry and specific antibodies that  $\alpha$ -synuclein deposited in synucleinopathy lesions is highly phosphorylated at a specific serine residue (Fujiwara et al. *Nature Cell Biol* 2002). This finding led to a range of studies focusing on the role of synuclein phosphorylation in neurodegeneration. Also, the phospho-specific  $\alpha$ -synuclein antibody is widely used as the most sensitive marker for  $\alpha$ -synucleinopathy lesions, and has characterized a wide spectrum of  $\alpha$ -synuclein pathologies in neurodegenerative disorders.

## 3. Identification of a non-A $\beta$ Alzheimer amyloid plaque component CLAC, and its precursor CLAC-P

The major component of Alzheimer's amyloid plaques is A $\beta$ , although there are a number of non-A $\beta$  components that potentially affect fibrillization and degradation of amyloid deposits. Among these, there has been an enigmatic "missing piece" protein of molecular masses of 50/100 kDa. Dr. Iwatsubo's group raised a monoclonal antibody against amyloid fraction that recognizes this protein, and using this antibody as a probe, they conducted a thorough biochemical purification of these antigens and finally cloned a cDNA coding for the precursor of this protein. This protein turned out to be a novel class of membrane-bound collagen, which was named CLAC (collagen-like Alzheimer amyloid plaque component) and its precursor CLAC-P (Hashimoto et al. *EMBO J* 2002). This finding had an immense impact both on fields of AD research as well as on general biology as a first discovery of neuron-specific collagen harboring a unique membrane-spanning structure. CLAC has been highlighted as a protein that may affect fibrillization of A $\beta$  and contribute to amyloid plaque formation. Indeed, he has recently shown that CLAC-positive senile plaques constitute a unique subset of plaques distinct from the classical,

$\beta$ -sheet-rich amyloid deposits, underscoring the pathobiological role of CLAC in amyloid formation, and that CLAC inhibits fibrillization of A $\beta$  in vitro. Knockout mice studies have confirmed the role of CLAC in neuromuscular development (Tanaka et al. *J Neurosci*, 2014).

#### 4. Japanese ADNI: clinical studies for the identification of surrogate imaging and biomarkers of AD

Basic studies on the pathomechanism of AD have boosted the development of mechanism-based drugs for AD, whereas the bottleneck has been the lack of surrogate biomarkers that represent the progression of AD pathology and are useful in the clinical trial of disease-modifying drugs. In close collaboration with Drs. Mike Weiner and Ron Petersen of US-ADNI, Dr. Iwatsubo has initiated the Japanese ADNI as the principal investigator on 2006, recruiting 35 clinical sites nationwide, and preparing all the infrastructures required for the large-scale clinical study. The J-ADNI group is starting to recruit participants on June 2008 (total, 600 cases for 5 years), and the instruments and framework of J-ADNI are being adopted in multiple global clinical trials in Japan.

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# Department of Neurochemistry

## Professor and Head

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## Introduction and Organization

Our Department's primary goal is to elucidate the basic signal transduction mechanisms which mediate key processes underlying various brain functions, such as learning, memory or emotion. A fundamental question is how an ensemble behavior of 10~100 billion neurons can possibly give rise to a coherent and integrated "brain" that controls the whole human organism for a period of more than eighty years. Our central nervous system is physically wired and organized based on evolutionary and developmental principles that are primarily encoded into the genome and that are highly conserved in mammals from rodents to primates. This neural network, however, is able to recognize and memorize external and internal events as they occur. And furthermore, brain function, especially human's, stands out by its intrinsic capacity to extract patterns and rules from these events, and to consciously associate them with abstract meaning and affective valence, while also unconsciously facilitating coordinated body responses.

Neurochemistry once used to be a relatively dull discipline consisting of analyzing substances that form the brain. However, it has recently become a field of excitement where we are now (almost) able to measure changes in cellular messengers or modifications in signaling molecules in critical parts of the neurons such as the dendritic spines or the axon terminals, as the neurons summate synaptic potentials or fire action potentials.

What are the precise nature and the whole spectrum of the molecular changes in the neurons that undergo heavy or patterned electrical activity? What are the molecular rules that govern these local and global changes, both electrical and chemical? How are these events, in turn, converted into more profound modifications of the synaptic wiring mechanisms? And finally do these alterations genuinely underlie certain kinds of information processing and storage?

To address these issues, this Department currently focuses its resources into two basic aims:

- 1) Molecular investigation (including identification, characterization and real-time visualization) of signaling molecules involved in calcium-dependent synaptic modification, especially during signaling from synapse-to-nucleus, and back from nucleus-to-synapses.
- 2) Understanding molecular mechanisms controlling cytoskeletal dynamics and remodeling on both sides of the synapses, in the dendritic spines and in axon terminals.

Following the retirement of Professor Tatsuya Haga (who became the President of Life Sciences Institute at the Faculty of Science at Gakushuin University) in March 2001, and the departure of Associate Professor David Saffen to initially University of Minnesota and then to Ohio State University in August 2001, Associate Professor Haruhiko Bito was appointed as Head of Department since January 2003. The Department is located on the 6<sup>th</sup> floor, in the West

wing of the third building of the Medical School. The Department currently enrolls one professor, four assistant professors, six postdoctoral scholars, one technical staff member, three Ph.D. graduate students, three rotating medical students, three technical assistants and one administrative assistant.

## Teaching activities

The Department's teaching activities include:

- 1) Introductory Neuroscience coursework provided to pre-medical students in the Komaba campus (one hour);
- 2) Neurochemistry lectures to medical students as part of the "Biochemistry- Molecular Biology- Nutrition" core curriculum (two hours);
- 3) Introductory Molecular and Cellular Neuroscience, and Basic Neurochemistry lectures to first-year master degree students (three hours);
- 4) Organization of the lecture course: "Basic Neuroscience" (Molecular and Cellular Neuroscience) (a lecture series with fifteen lectures from outstanding neuroscientists from all over Japan).

Additionally, Neurochemistry Seminars are frequently and regularly organized that enables direct exposure of Ph.D. graduate students and postdocs to both young promising researchers and established investigators from all over the world.

## Research activities

The Department of Neurochemistry currently focuses its resources into two core projects:

- 1) Molecular investigation (including identification, characterization and real-time visualization) of signaling molecules involved in calcium-dependent synaptic modification, especially during signaling from synapse-to-nucleus, and back from nucleus-to-synapses.

Changes in efficacy of synaptic transmission have been shown to strongly correlate with functional plasticity of many brain circuits including the hippocampus, the amygdala, the striatum, the neocortex, the cerebellum or the spinal cord. An early phase of long-term synaptic plasticity is induced by virtue of specific post- and/or presynaptic modifi-

cations of the biochemical machinery dedicated to synaptic release and neurotransmitter recognition. It then is expressed by bistable mechanisms that are strongly governed and dictated by the pattern of synaptic calcium influxes experienced during the initial conditioning period. While the molecular identity of the involved synaptic proteins is now (almost) being solved (or is becoming much less controversial than before), several essential questions remain unanswered.

The "Old" question was: What are the molecular determinants that enable these plastic changes to be induced and maintained locally? Yet, related issues of critical importance that still remain wide open questions are:

- 1) What are the full-range of calcium-triggered molecular signaling cascades which are activated at and near the potentiated/depressed synapses? And how do they influence plasticity per se?
- 2) What is the contribution of activity-dependent gene expression in prolongation and consolidation of such synapse-restricted changes?

In order to begin to address these issues, we have been investigating in particular the role of several calcium-calmodulin dependent protein kinases.

We previously showed the critical importance of a CaMKK/CaMKIV cascade in triggering synaptically-stimulated nuclear CREB phosphorylation in hippocampal neurons. The extreme biochemical efficacy and the relative poor frequency-dependence of this signaling cascade, in combination with the robust correlation between prolonged pCREB response and downstream gene expression led us to propose that CaMKK/CaMKIV/pCREB cascade was likely to act as a critical temporal integrator for activity-dependent gene expression in excitatory neurons (Bito et al., Cell, 1996; Bito et al., Curr. Opin. Neurobiol., 1997; Bito, Cell Calcium, 1998). This hypothesis has now been critically tested in various brain systems and indeed pCREB immunofluorescence is now considered as a universal marker for integrated synaptic activity that is more sensitive than that of c-Fos (Nonaka, J. Neurosci. 2009). The critical function of CaMKK/CaMKIV/pCREB cascade in the expression of long-term synaptic plasticity was also validated in long-term potentiation in the hippocampus (Redondo et al., J Neurosci. 2010).

Furthermore, CaMKIV-KO, CaMKK-KO and CaMKIV-dominant negative transgenic studies by many laboratories have confirmed the critical role for CaMKIV as synaptic activity-triggered CREB kinase.

We subsequently also showed that CaMKIV in the cerebellar granule cells played a critical role in tuning the pCREB response necessary for depolarization-mediated neuronal survival, and that in fact CaMKIV stability was actively maintained by depolarization. Loss of depolarizing signal led to a caspase-mediated proteolytic degradation of CaMKIV. This in turn severely impaired CREB phosphorylation, facilitating apoptosis, and conversely rescuing pCREB by overexpressing an active form of CaMKIV was sufficient to prevent apoptosis (See et al., *FASEB J.*, 2001). Consistent with our observation that subtle CREB regulation may underlie the neuronal cell survival, CREB-dependent gene expression mechanisms, especially CBP regulation, have actually been proposed to be affected in one way or another in many neurodegenerative disorders such as hereditary polyglutamine diseases. We thus speculated that if CREB-opathies (or various defects in CREB-mediated gene activation mechanisms) were critical determinants in exacerbating neurodegeneration, certain disease forms may actually accompany deficit in CaMKIV/pCREB signaling (Bito and Takemoto-Kimura, *Cell Calcium* 2003). We also identified kinase/phosphatase signaling responsible for activity-dependent nuclear trafficking of CRTC1, a key cofactor of CREB, and demonstrated its roles in CREB-dependent transcription and contextual fear memory in amygdala (Nonaka et al., *Neuron* 2014).

To elucidate the significance of the genes regulated downstream of CREB during learning and memory, we set out to uncover the most elementary regulatory element required and sufficient to trigger robust activity-dependent gene induction of the immediate early gene *Arc*, whose expression in many brain areas have been invariably associated with key cognitive activities mediated by these areas. We discovered a fundamentally novel synaptic activity-responsive element (SARE) which was present as a distal regulatory promoter element and was conserved across most mammalian species (Kawashima et al. *PNAS* 2009; Kim et al. *Nature* 2010; Inoue et al. *Commun. Integr. Biol.* 2010). Surprisingly, SARE

contained juxtaposed binding elements for all three activity-regulated transcription factors, CREB, MEF2 and SRF. The identification of SARE enables us to build reporter virus and mouse lines that are expected to be useful to map the extent of neuronal circuit activation during various kinds of cognitive activities (Kawashima et al. *Nature Methods*, 2013). In addition to the transcriptional regulation, we are currently investigating about the physiological function and its molecular mechanism of *Arc*, which is thought to be a key player that contributes activity dependent neuronal plasticity at post synaptic sites (Okuno et al. *Cell* 2012).

One parallel branch of CaMK signaling that has not been widely studied is the CaMKK/CaMKI pathway. During the search for potential CaMKIV-like CREB regulatory kinases (CLICKs) (Ohmae et al., *J. Biol. Chem.* 2006), we identified a novel CaMKI isoform that contained a C-terminal CAAX lipid modification motif (Takemoto-Kimura et al., *J. Biol. Chem.*, 2003; Takemoto-Kimura et al. *Neuron* 2007). This novel membrane-bound CaMK (CLICK-III/CaMKI $\gamma$ ) is most expressed in the central nucleus of the amygdala and in the ventral medial hypothalamus, while also being present at a much weaker amount in most central neurons. Biochemical and cell biological studies indicated a critical role for lipidification of this kinase to be properly sorted into specific lipid-restricted membrane microdomains. The function played by this lipidified, membrane-inserted CaMK in circuitry formation and maturation was scrutinized using RNA interference. Along with the identification of the critical lipid-modifying enzyme that controls lipid-anchoring of this kinase, we discovered a novel activity-regulated mechanism whereby CLICK-III/CaMKI $\gamma$  is actively sorted into dendritic lipid rafts, where it specifically regulates Rac-mediated actin remodeling that is required for BDNF-stimulated dendritogenesis (Takemoto-Kimura et al., *Neuron*, 2007; Takemoto-Kimura et al. *Eur. J. Neurosci.* 2010). Similar studies in axonal growth also suggest the active contribution of CaMKK cascade in this process (Ageta-Ishihara et al., *J. Neurosci.* 2009; Takemoto-Kimura et al. *Eur. J. Neurosci.* 2010).

How do these multiple Ca<sup>2+</sup>-dependent signaling molecules process each pattern of intracellular Ca<sup>2+</sup> dynamics to induce a cellular response? Recently, we

have developed a method named dFOMA (dual FRET imaging with optical manipulation) to simultaneously measure activities of two distinct signaling molecules in living neurons. Applying originally developed FRET probes to dFOMA method enabled us to measure activities of CaMKII, calcineurin and  $\text{Ca}^{2+}$ , when a neuron received various frequencies of synaptic inputs. These experiments provided evidence that CaMKII $\alpha$  and calcineurin are fine-tuned to unique bandwidths and compute input variables in an asymmetric manner (Fujii et al., Cell Reports 2013).

In line with the visualization of neuronal activity and  $\text{Ca}^{2+}$  signaling, we have developed R-CaMP2, a red genetically-encoded  $\text{Ca}^{2+}$  indicator that has single-action-potential sensitivity based on rational design that takes advantage of our long-standing effort and knowledge about CaMKK-CaMKIV signaling (Inoue et al., 2015). By combining R-CaMP2 with green  $\text{Ca}^{2+}$  indicator G-CaMP, distinct activity patterns between excitatory and inhibitory neurons in somatosensory cortex was revealed (Inoue et al., 2015).

One further important topic that we have been focusing for a number of years is the role of gene expression in prolongation / consolidation of synapse-specific local changes. Neurons undergoing various stimulus patterns have been followed up in time and the amount of newly synthesized proteins and the local distribution of induced gene products have been monitored. Using state-of-the-art multi-wavelength fluorescence imaging techniques, we are now quantitatively assessing how local distribution of these newly synthesized gene products affect synaptic protein complexes (Okuno and Bito, AfCS/Nature Mol. Pages, 2006).

## 2) Understanding molecular mechanisms controlling cytoskeletal dynamics and remodeling on both sides of the synapses, in the dendritic spines and in axon terminals.

Both synaptic maturation and synaptic plasticity have been shown to include a morphological component that is directed by the dynamics of actin cytoskeleton, a major cytoskeletal component both in the dendritic spines and at the very proximity of boutons in the axon terminals. Few studies in the past, however, had directly addressed what molecular determinants regulate actin dynamics in living central

neurons undergoing synaptic activity. This was in part because actin filament assembly and disassembly were classically studied mostly at the moving edges of lamellipodia of large growth cones in large-size neurons from either mollusc or peripheral nerve cells. Such visualization turned out to be much more difficult in seemingly far less mobile spine structures tightly apposed to presynaptic active zones.

We (and others) used GFP-actin imaging to try to understand how neuronal actin cytoskeleton in hippocampal neurons was organized and reorganized by exposure to synaptic activity. In our dissociated culture system, virtually all spines contained a high amount of GFP-actin and most of them with few exceptions were apposed to FM4-64-positive active presynaptic termini. In these cultures, increases in synaptic glutamatergic transmission by repeated bursts of high-frequency synaptic activity clearly induced several distinct kinds of activity-dependent actin mobilization, including a slow but sustained synaptic delivery of GFP-actin in a non-negligible number of activated spines and a massive but transient enhancement in cortical actin at the somatic periphery. The former was entirely dependent on NMDA-dependent  $\text{Ca}^{2+}$ -influx while the latter was likely to be mediated at least in part by L-type voltage-gated  $\text{Ca}^{2+}$  channel activity. Thus distinct patterns and sources of  $\text{Ca}^{2+}$  influx were likely to trigger a complex spatially segregated patterns of actin cytoskeletal reorganization, with variable impact on either neuronal morphology and/or synaptic protein assembly (Furuyashiki et al., PNAS, 2002).

Similar studies are now ongoing in cerebellar Purkinje neurons, where spinogenesis is also subject to complex regulation during development, and where calcium dynamics is key to pre- and postsynaptic plasticity.

What are the key signaling pathways controlling actin dynamics in central neurons? We were especially keen to resolve the contribution of the small GTPase Rho and its downstream effectors, initially in the context of developmentally regulated neuronal morphogenesis. We first established in a model cell line N1E-115 that neurite retraction was directly linked to Rho/ROCK activity (Hirose et al., J. Cell Biol., 1998). We subsequently revealed that in central neurons, in addition to its essential role in regulating

growth cone motility, Rho/ROCK activity in fact acted as a negative gate that tightly controls the timing with which the first processes are initiated out from the round cell soma (Bito et al., *Neuron*, 2000). Disruption of Rho/ROCK activity was sufficient to immediately initiate neuritegenesis. This indicated that endogenous Rho activators, by titrating ROCK activity, continuously antagonized process/ branch formation and that local gradient of Rho activators might play a crucial role in shaping the timing and the extent of process formation (Bito, *J. Biochem.*, 2003). Consistent with this idea, we found that in cerebellar granule cells, a chemokine SDF-1 $\alpha$  released from the pia mater was likely to be a predominant Rho activator via stimulation of a cognate and specific GPCR CXCR4 (Arakawa et al., *J. Cell Biol.*, 2003). While a true gradient in SDF-1 $\alpha$  still remains to be demonstrated in vivo, it is intriguing to note that most active axonal process formation and elongation actually occur in the inner zone of EGL that is opposite and most distant from the interface with the pia mater (Bito, *J. Biochem.*, 2003). Most strikingly, we demonstrated that axon elongation could actively occur in an intermediate Rho activity range that enables ROCK to be weakened enough while allowing another Rho effector mDia1 to actively mediate its effect on actin nucleation and polymerization (Arakawa et al., *J. Cell Biol.*, 2003).

Whether similar or distinct mechanisms also operate during spinogenesis and spine maturation remains to be determined, though a role for Rho and ROCK has already been postulated in control of spine complexity and spine stability. However, multiple small GTPase signaling cascades clearly seem to contribute together, in a tightly coordinated manner, to spine regulation, since many distinct classes of GEFs and GAPs have now been shown to be localized in the dendritic spines. We ourselves initially reported the first two direct examples for PSD localization for such Rho small GTPases interacting proteins, Citron (Furuyashiki et al., *J. Neurosci.*, 1999) and Cupidin/Homer2 (Shiraishi et al., *J. Neurosci.*, 1999).

In an attempt to pin down molecular mechanisms that link PSD complexes and spine formation, we quantitatively examined the effect of deleting the binding capacity of single PDZ domains of PSD-95, one by one, and in combination, by structure-based

amino acid replacements rather than domain deletion. Such a second-generation structure-function relation study surprisingly revealed that a quantitative binding between PSD-95 and synGAP tightly controlled the degree of PSD protein clustering in a manner that was inversely correlated with the distance from the spine head to the shaft. Thus, these results suggest the existence of a tight coordination between the state of PSD complex and the morphogenetic activity of each spine (Nonaka et al. *J. Neurosci.*, 2006).

In parallel with this work, we and others determined that protein-protein interaction was key to determining the physical distance between the synaptic vesicles in the active zone and the voltage-gated calcium channels in its vicinity, the opening of which triggers their release (Kiyonaka et al., *Nature Neurosci.*, 2007).

## Publications by lab members (January 2015- December 2015)

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# Department of Neurobiology

## Professor

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## Introduction and Organization

The forerunner of Department of Neurobiology is Department of psychology in Institute of Brain Research, Faculty of Medicine, University of Tokyo. Department of psychology was changed to Department of Neurobiology in 1984. In 2008, Dr. Kenzo Hirose from Department of Cell Physiology in Nagoya University was appointed as a new professor.

## Teaching activities

We accept Free-Quarter students. Students are expected to experience various experimental techniques including basic fluorescence imaging techniques in living cells as well as cutting-edge technologies developed in our lab, based on their interests. For the training of Master and Ph.D. course graduated school students, we have a monthly progress report for discussing current research activities by each member who summarizes his/her recent experimental data. Further, we have a seminar by domestic and foreign guest researchers to extend our knowledge.

## Research activities

A goal of our research is to elucidate regulation mechanisms of cell function through new development of novel technologies. The main subjects of our research are as follows

### 1) Development of novel strategy for visualizing neurotransmitters

Imaging techniques which visualize neurotransmitters in living neuronal cells are powerful method to understand the mechanism underlying synaptic transmission in neuronal circuits. To facilitate this process, we developed a high-throughput screening system based on 96-well plate format protocol. After screening, we obtained high performance glutamate indicators showing large fluorescence changes upon glutamate binding. This result indicates that our screening system should be applicable to develop the fluorescent indicator for other signaling molecules as well as for glutamate in short periods.

### 2) Study of the mechanism underlying the exocytosis of neurotransmitter

For understanding of regulation mechanism underlying neuronal circuit in mammalian central nervous system, elucidation of the exocytosis process is indispensable. Aiming at imaging neurotransmitter glutamate, we developed a novel optical glutamate probe by our high-throughput screening system. By using this probe, we successfully visualized pre-synaptically released glutamate following presynaptic firing with a single synapse resolution. These results indicate that our glutamate probe is useful to study presynaptic modulation and plasticity. To clarify the dynamics of exocytosis in an excitatory synapse, we tried to quantitatively analyze released glutamate at individual synapses. Our results suggest that single hippocampal synapses contain several release units.

### 3) Analysiiins of supra-molecular assemblies of synaptic molecules in central synapse

Recently, nanoscale molecular distribution in synapse is suggested to be a key determinant of synaptic function. To reveal the relationship between the nanoscale molecular assemblies and synaptic functions, we are trying to perform a superresolution microscopic analysis and imaging of synaptically released glutamate. These advanced imaging technique revealed that dynamics of neurotransmitter release is precisely controlled by the highly coordinated nanoscale molecular assemblies of presynaptic molecules. We are also trying to identify the functional changes in nanoscale molecular assemblies in psychiatric disease model.

### 4) Novel technology for construction of genome-wide RNAi library

RNA interference (RNAi) using short hairpin RNA-expressing vectors (shRNA vectors) is a powerful maneuver for functional genomics. We have previously reported a method called EPRIL (enzymatic production of RNAi library) by which shRNA vectors are produced from a cDNA fragment through multiple enzyme reactions. Recently, we have tried to improve the original EPRIL method to enable constructing a genome-wide RNAi library. The improved EPRIL method was successfully adapted to 96-well plate format which allows high-throughput production of shRNA vectors. Using EPRIL technology and imaging techniques, we explore physiologically functional molecules by a high-throughput screening system.

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# **Neuroscience**

## **2. Integrative Medical Neuroscience**

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# Department of Child Neuropsychiatry

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## Introduction and Organization

Recently, mental problems of child and adolescent or problems of mental development are continuously increasing, and serious deficiency of specialists such as child psychiatrists and necessity of their development are emphasized. Especially, as Japan falls far behind other nations in research and education system of child psychiatry, development of specialists who can promote research by themselves and improve quality of diagnosis and treatment based on their own research are strongly demanded. In response to these needs, Department of Child Neuropsychiatry, Graduate School of Medicine was established in April 2010. This is believed to be the first Japanese department which works as an actual department of child psychiatry managed by child psychiatrist. Based on experience of clinical-based research as well as medical care and training of clinicians for decades in child psychiatry division of Department of Neuropsychiatry and Department of Child Psychiatry since April 2005, we are developing new activities. Three professors are administrating Department of Child Psychiatry, the University Hospital also, and trying to utilize its clinical activities for research more effectively.

## Teaching activities

In the year of 2015, we had 8 graduate students. In addition to research training, educational program including full-year lectures of child psychiatry, case

conference and journal club was arranged.

## Research activities

Main subjects of our research are Autism Spectrum Disorder (ASD), Attention-Deficit/Hyperactivity Disorder (ADHD), Tourette syndrome which is a severe and chronic tic disorder, and child & adolescent obsessive-compulsive disorder (OCD). We are trying to combine scientific analysis of objective mental and behavioral indicators with neuropsychological, brain-imaging, and genetic studies into comprehensive and multidimensional approach to problems in development of brain and mind. We are applying this comprehensive approach to intervention studies including pharmacotherapy.

Major research projects with full or preliminary performance in 2015 are as follows:

- Behavior phenotype, neuropsychological, genetic and treatment study of Tourette syndrome and child & adolescent OCD
- Brain-imaging study of ASD, ADHD and Tourette syndrome by structural-MRI, functional-MRI and near-infrared spectroscopy (NIRS)
- Genomic and epigenomic analysis of ASD
- Development of predictor of pharmacotherapy and parent training for ADHD
- Effectiveness study of early intervention for autistic preschoolers and group cognitive behavior therapy for adults with high-functioning ASD

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# **Neuroscience**

## **3. Clinical Neuroscience**

# Department of Neuropsychiatry

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## Introduction and Organization

The Department of Neuropsychiatry is the oldest department of psychiatry in Japan which was established in 1886. "Anti-Psychiatry" movement in the last 3 decades had brought highly negative impacts on the progress of all aspects of our activities. However, in 1994, our department has been normalized and restarted to play a leading role in psychiatry in Japan. Since 2005, we have begun to focus on basic and clinical neuroscience in autism spectrum disorder (ASD). Since 2006, we have been working in the new closed ward and in the open ward. Dr. Kiyoto Kasai has been serving as a professor since 2008. Now the Department of Neuropsychiatry is dedicated to high quality clinical services, excellent training, education for students and innovative research.

## Clinical activities

For outpatient services, we have more than 20 staff

psychiatrists, 4 clinical psychologists and 2 psychiatric social workers. Approximately 800 new patients visited yearly (2014), and the total visits per day was about 150.

The secluded ward has 26 beds including 3 seclusion rooms. We also have 28 beds for the open general ward. Approximately 500 patients with various psychiatric disorders were admitted in a year. Recently, the number of patients who were referred from the emergency unit is increasing. The age of patients is variable from teenager to senior. The majority of the patients are schizophrenia, mood disorder and psychosis based on the somatic disease. Mean hospitalization is 30 day long, and modified electro-convulsive therapy was performed for over 400 patients.

We established day care unit for outpatients with schizophrenia in 1974, and the patients are engaged in rehabilitation and re-work programs. We also have Japan's first child psychiatry day care unit in national university hospitals since 1967, and mainly patients

with pervasive developmental disorders are engaged in clinical and educational activities.

## Education

For psychiatric residents, we have provided: 1) clinical meetings on patients (every morning); case conferences on inpatients (every week); 3) a series of lectures by teaching staffs on various aspects of psychiatry. For undergraduates, we have provided neuropsychiatry comprehensive lectures (2nd year), bedside learning (3rd year), and clinical clerkship (elective for 4th-year students). For postgraduate, currently 18 neuropsychiatry Ph.D. students are studying.

## Research

Our mission in research is to clarify the pathophysiology of the mental illness to develop better treatment approach.

### 1) Neuroimaging

Our research plays a leading role in psychiatric neuroimaging in Japan and aims at multi-modality neuroimaging (structural and functional MRI, MR spectroscopy, EEG, MEG, near-infrared spectroscopy [NIRS], PET) in schizophrenia, mood disorders, pervasive developmental disorders, and posttraumatic stress disorder (PTSD).

### 2) Molecular/cellular neuroscience

The goal of the molecular/cellular neuroscience group is to build causal bridges among the molecular, cellular, neural systems, and behavior on the rodent model of neuropsychiatric disorders. We employ integrated multidisciplinary techniques including genetics, cell biology, biochemistry, histology, electrophysiology, imaging and behavioral analysis for elucidating molecular pathophysiology of rodent models of neuropsychiatric disorder. We have focused on schizophrenia and hippocampal neuronal circuits.

### 3) Genetic and Epidemiology research

The Genetic Research Group of the department is investigating genetic as well as environmental mechanism of psychiatric disorders. A major focus of the studies is exploration of susceptibility genes of the

disorders including schizophrenia, autism, their spectrum disorders and anxiety disorder (mainly panic disorder).

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# Department of Neurology

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## **Introduction and Organization**

The Department of Neurology was established by the founder Professor Yasuo Toyokura in 1964 as one Department in the Brain Research Institute. The Department of Neurology was succeeded by Professors Toru Mannen and Ichiro Kanazawa. The organization of the Brain Research Institute was reorganized as the Division of Neuroscience of the Graduate School of Medicine in 1997.

## **Clinical activities**

We offer clinical services in the field of Neurology. We are putting our effort to provide the patients with highly advanced clinical practice as well as on clinical activities connected to postgraduate education of Neurology.

We have outpatient clinics covering the broad fields of Neurology. Furthermore, we also provide clinics specialized to movement disorders and dementia (Memory Clinic).

In the in-patient ward, we offer programs for postgraduate education including the program for the first stage postgraduate education. We also offer the

excellent training program with the goal to get the board of Neurologist. In 2005, we initiated deep brain stimulation for the treatment of movement disorders in cooperation with Department of Neurosurgery.

## **Teaching activities**

As for under-graduate education, our Department takes a part in lectures of Neurology for the 4th and 5th grade medical students, and clinical clerkship for the 5th grade medical students.

In the clinical clerkship we include small group lectures including neurophysiology, and stroke care. We are also putting our effort for Free Quarters where we offer various opportunities for medical students to be involved in research activities, and 2-3 medical students are conducting their research activities in the laboratories.

In postgraduate education we offer the integrated program including Neurology as the part of the program of Internal Medicine.

Regarding training for board-certified neurologists, we offer the excellent program including patients' care, training in Neurophysiology and Neuro-

pathology, consultation for Neurology, rotation at ER and supervising of junior trainees. This program is integrated with clinical practice at the affiliated hospitals where rich experience is obtained for numerous cases in Clinical Neurology.

In Graduate School, we offer highly advanced research activities based on the interest of graduate students.

## Research activities

Our research field covers broad fields related to neurological diseases, with the goals to elucidate the mechanisms of neurological diseases, and to eventually develop new therapeutic strategies. Our research activities include molecular genetics, developmental biology, cell biology, pharmacology, pathology, and physiology. We aim to integrate these broad research fields to better contribute to clinical neurology.

In the field of molecular genetics, we have developed Medical Genome Center, and introduced next-generation sequencers to conduct comprehensive genome analyses to elucidate molecular bases of various neurological diseases. Regarding monogenic neurologic diseases, we conduct pedigree analyses in hereditary amyotrophic lateral sclerosis, hereditary spastic paraplegia, hereditary spinocerebellar atrophy, and hereditary multiple system atrophy. As for sporadic neurologic diseases, we perform case-control association studies in multiple system atrophy and amyotrophic lateral sclerosis to identify genetic factors underlying these diseases. On the basis of the findings that mutations in COQ2 are associated with familial as well as sporadic multiple system atrophy, we are conducting preclinical study using iPSC-derived cells, searching for peripheral biomarkers in patients, and in the process of setting up a patient registry as well as an investigator-initiated clinical trial using coenzyme Q10 for patients with multiple system atrophy. Collaborative researches have achieved multiple accomplishments including identification of the causative gene for hereditary spinocerebellar atrophy (SCA34), a case report of SCA23, Boucher-Neuhäuser syndrome, and adult-onset vanishing white matter disease. Application

of next generation sequencers for molecular diagnosis for various diseases has been intensively investigated. (Tsuji, S., Date, H., Suzuki, K., Mitsui, J., Ishiura, H., Matsukawa, T., Hatano, K., Sato, N., Yasuda, T., Naruse, H., Kawabe, M., Kanda, J.)

The human neurophysiology section specializes in studying the physiology of the human motor and sensory systems in awake healthy volunteers and the pathophysiology of neurological disorders using several non-invasive physiological methods, such as TMS, EEG, MEG, fMRI, NIRS and EOG. Our final goal is to devise new therapeutic techniques for intractable neurological disorders. To this end, the work extends from the study of spinal systems to basal ganglia and cerebral cortex. We are especially interested in plasticity induction by non-invasive brain stimulation (NIBS) techniques, offering potential for clinical application. Our lab has a long experience in the use of transcranial magnetic stimulation (TMS) which is able to stimulate neurons in intact human brain and has devised a highly effective repetitive TMS method to induce long-term effects (quadripulse stimulation, QPS). We have recently started a clinical trial of repetitive TMS to treat patients with Parkinson's disease. (Hamada, M., Terada, S., Tokushige, S., Sasaki, T., Togashi, N., Kodama, S., Unuma, S., Sugiyama, Y., Sato, K., Otsuka, J., Goto, R., Irie, K., and Yamazaki, A)

In the field of neuromuscular diseases, we provide pathological diagnosis of biopsied materials from patients with myopathy or neuropathy. We also provide autoantibody testing for anti-ganglioside antibodies, muscle specific antibodies and paraneoplastic neurological antibodies. In research field, using biopsied muscles and collected serum samples, we have been studying the mechanisms of inflammatory myopathies from the view points of pathological changes, myositis specific autoantibodies, serum cytokines, and expression profiling of muscle samples. Our aim is to increase understanding of the etiology and pathogenesis of neuromuscular diseases. (Shimizu, J., Kubota A., Maeda M., Kadoya M., Ikenaga C., Uchio N., Taira K.).

Biochemistry lab is currently working on neuroepigenetics using post-mortem brains of Alzheimer's disease (AD), Lewy body disease, multiple system

atrophy and amyotrophic lateral sclerosis, which revealed a novel pathomechanism in AD. Based on the methylome analysis, we are on the process of verifying the pathomechanism using *in vitro* AD model of human neural progenitor cell. We are also analyzing the histone modification through neuron-specific ChIP-seq assay, which is one of the major transcriptional regulators. We also work on molecular pathology of chronic ischemia using mouse models. Other activities include development of new imaging techniques using Raman microspectroscopy. Recently we visualized spatial distribution of chemical shifts within A $\beta$  aggregates formed *in vitro*. We also observed globotriaosylceramide distribution within peripheral nerve of Fabry's disease patient in non-labeled manner. We also developed a new optical sensor device detecting biomarkers for Alzheimer's disease using nanoimprint lithography (NIL)-based two-dimensional photonic crystal (2D-PhC). In a pilot study quantifying A $\beta$  in CSF and serum samples, our sensor achieved higher sensitivity than conventional ELISA. Clinical study includes preclinical sporadic Alzheimer's disease cohort (AMED Preclinical study) and familial Alzheimer's disease (DIAN-J) and clinical trial of florbetapir. (Iwata, A., Nagashima, Y., Miyagawa, T., Ohtomo, R., Mano, T., Bannai, T., Tsuchida, T., Hamada, K., Mano, K, Ohtomo, G.)

Higher brain function section aims to elucidate pathophysiology and neural basis of the higher brain dysfunction in neurological disorders by means of two approaches: neuropsychological analysis of individual cases and multimodal big-data analysis. (Hayashi, T.).

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## Introduction and Organization

The Department of Neurosurgery at the University of Tokyo Hospital consists of 14 staff neurosurgeons, who participate in the three major academic activities: patient care, research, and education. The staffs include a professor/chairman, an associate professor, four lecturers and eight associates.

Clinical ward for neurosurgery in our university hospital was founded in 1951 as the first neurosurgical clinic in Japan. Dr. Keiji Sano, as the founding professor, established the Department of Neurosurgery in 1962. Dr. Kintomo Takakura and Dr. Takaaki Kirino served as the second and the third professor, respectively. The incumbent professor, Dr. Nobuhito Saito, has been serving as the fourth professor since 2006.

Our department provides expertise for patients with brain tumor, cerebrovascular disease, spinal disease, functional disorder, head trauma, etc.

## Clinical activities

General outpatient clinic including new patient clinic is open every weekday and subspecialty clinic is open three days a week (Monday, Wednesday and Friday). The latter is open for patients with brain tumor, pituitary disease, spinal disease, cerebrovascular disease, endovascular intervention, epilepsy, and gamma knife treatment. From April 2015 to March 2016, 16,715 patients were treated at the outpatient clinics.

The neurosurgery ward has approximately 40 beds on the seventh floor of the new hospital building opened in September 2001. In 2015, 869 patients were admitted to the neurosurgery ward. 429 surgical procedures and 116 gamma knife procedures were performed in 2015. Our practice covers a wide variety of neurosurgical diseases including malignant and benign brain tumors, hemorrhagic and thromboembolic cerebrovascular diseases, spinal disorders, epilepsy, pain and movement disorders.

Intraoperative functional monitoring in brain tumor surgery and pre- and intra-operative functional mapping in epilepsy surgery are frequently used to preserve brain function as much as possible. State-of-the-art techniques including intraoperative computer-aided navigation and intravascular procedures help our continuous effort to increase the safety of surgical treatment.

Our department is affiliated with 30 neurosurgical institutions in and around the city of Tokyo including 5 university medical centers, where our residents and students are exposed to various clinical experiences. Surgical case volume in all hospitals exceeds 9000 cases.

## Teaching activities

Medical students take lectures of clinical neurosurgery in their second year. Clinical case studies and bedside teaching are scheduled in the third and fourth years. The lecturers introduce general neurosurgery as well as the state-of-art neurosurgical practice to the students. At the bedside teaching and clinical clerkship, they are offered opportunities to learn clinical management of neurosurgical patients in the hands-on style, and also are exposed to practice in various subspecialties in neurosurgery through special seminars given by experts in the fields.

We accepted 14 residents in 2015 and 4 residents in 2016 in our neurosurgical residency program. These residents are trained in the university hospital and affiliated hospitals to experience every aspect of neurosurgical practice for five years on average. Our residency training is finalized after the sixth year, when the finishing residents serve as senior residents at the university hospital for 6 months. Academic training is provided through numerous intramural clinical and research conferences, journal clubs, seminars as well as quarterly regional meetings of the Japan Neurosurgical Society. After or during residency training, our residents can choose to be admitted into the Ph.D. course at the Graduate School of Medicine, the University of Tokyo, to be involved in advanced basic research activities for 4 years. Upon completion of training, our graduates stay in the department to be associates in our university hospital or become clinical staffs in our affiliated hospitals.

## Research activities

Clinical research in the last few years have mainly focused on treatments of acoustic neurinoma, techniques of skull base surgery, treatments of malignant brain tumors, epilepsy surgery, and stereotactic radiosurgery. The results were presented at domestic as well as international meetings including Annual Meetings of the Japan Neurosurgical Society and Annual Meetings of American Association of Neurological Surgeons.

Our department has maintained prominent basic research activities as well. The fields of our current research are as follows:

### 1) Pathogenesis of cerebral ischemia and neuronal regeneration after ischemic brain damage

One of the major topics in recent basic science is to regenerate the brain with endogenous neural progenitors. Our laboratory has started basic research to regenerate neurons in vivo following ischemic insult. We have demonstrated that the 40% of the lost neurons could be regenerated by administration of growth factors. We also succeeded in regeneration of striatal neurons. Molecular mechanisms of adult neurogenesis are currently investigated using various models to enhance post-ischemic regeneration. By extending the research into primate model, we are pursuing clinical application in the future.

### 2) Development of new therapeutic modalities for malignant brain tumors

Genotyping is now widely accepted as an essential component of pathological diagnosis in glioma. We have been routinely analysing surgically resected tumor specimens in a semi-prospective fashion. The genetic analyses includes sequencing of IDH1/2, TP53, and histone gene mutations, as well as loss of heterozygosity analysis of 1p, 19q, and 10q, and methylation analysis of MGMT promotor. We optimize therapy based upon the results of the above genetic analyses. In addition, we have been searching for novel biomarkers and therapeutic targets using comprehensive genetic and epigenetic approaches with whole exome sequencing, RNA sequencing, expression profiling, and methylation analysis. Our particular interest lies in tumor heterogeneity and

malignant progression.

To develop a novel strategy for the treatment of malignant glioma, we have isolated brain tumor initiating cells, which are supposed to be responsible for resistance to conventional therapies, from surgical specimens, and we are studying specific targeting therapy against these cells.

We have been collaborating with a basic research lab in our university and developing new fluorescence probes specifically detecting glioma with a hope that fluorescence-guided surgery may result in greater extent of resection.

### 3) Development and evaluation of function-preserving and less invasive treatment of intractable epilepsy

We have been promoting the research on development, evaluation and standardization of the novel treatment for intractable epilepsy. Since our facility was the first in Japan to provide vagus nerve stimulation therapy, we evaluated its efficacy and safety in epilepsy treatment. We established a new intraoperative monitoring method of vagus-nerve evoked potential. Efficacy evaluation and development of surgical instruments were promoted for novel function-preserving techniques, multiple subpial transection and multiple hippocampal transection. Basic and clinical research on gamma knife treatment of epilepsy has been performed as well. For the purpose of more precise localization of epileptic foci and elucidation of epileptogenesis, we are now developing novel types of intracranial electrodes.

### 4) Research on brain function using non-invasive and invasive techniques

We have been studying human brain function using not only non-invasive techniques such as fMRI, MEG, NIRS but also electrocorticography (ECoG) obtained by intracranial electrodes implanted in epilepsy patients. The latter is our markedly advantageous feature that enables us to extract brain information with much higher spatial resolution and SN ratio. We aim to understand brain mechanisms as complicated network systems and to improve the reliability of non-invasive techniques. Since ECoG is a strong candidate for a decoding source of brain-computer interface (BCI), we are planning to expand the research on this field to clinical implementation of

BCI for communication and motor control in cooperation with other brain research laboratories and engineering laboratories.

### 5) Clinical applications of the functional brain imaging and operative simulation using three-dimensional computer graphics for neurosurgery

Our department intensively utilizes various kinds of functional and metabolic imaging modalities including magnetoencephalography, functional MRI, and diffusion tensor imaging-based tractography for presurgical brain mapping. Combining the results of the multi-modalities enables to visualize all cortical and subcortical networks of the motor, language and other cognitive functions in each patient. Furthermore, we succeeded to import the combined information into a neuronavigation system (functional neuronavigation), which quickly and accurately indicates the eloquent brain areas. We could develop virtual reality operative simulation using multi-modal fusion three-dimensional computer graphics. Then, it was possible to precisely examine surgical strategy.

### 6) Gamma knife radiosurgery

Gamma knife is a kind of devices for stereotactic radiosurgery in which high doses of radiation are delivered at one session and has been widely accepted as one of treatment options for various intracranial disorders such as brain tumors, vascular disorders and functional disorders. The first gamma knife in Japan was introduced at our department and diverse clinical results have been published. Recently, less invasive treatment has taking on an added significance in the field of neurosurgery as well. Therefore, appropriate combination of radical surgery and radiosurgery is necessary to manage difficult-to-treat lesions such as skull base tumors and deeply seated cerebral arteriovenous malformations, and thus gamma knife radiosurgery would play a more important role in neurosurgery. Further, technological progress has refined treatment as an example of integration of diffusion tensor tractography which was firstly attempted at our department. Such technological progresses might contribute to better outcomes of gamma knife radiosurgery in the future.

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# **Social Medicine**

## **1. Occupational, Environmental and Preventive Medicine**

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# Department of Molecular Preventive Medicine

**Professor**

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**Lecturer**

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**Assistant professor**

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## Introduction and Organization

The Department of Molecular Preventive Medicine was originally established in 1885. It was designed to offer both a high level of hygienic education and facilities for specialized research. At present, it is our responsibility to give lectures, seminars and courses for experiments and practical training on the preventive medicine to the third grade medical students. The professor, several invited lecturers (including adjunct staff), and research associates take part in the education as well as research activities. There are over twenty members in our department, including research fellows, graduate and undergraduate students, and guest researchers.

## Teaching activities

The field of our department covers the wide area of preventive medicine. The main scope of our education includes molecular mechanism of host defense responses to inciting environmental stimuli, free radical chemistry, and the environmental medicine with special reference to the relation between health and environment. The education is provided for the third grade medical students. The course is consisted

of lectures, seminars, experiments, and practical training which are provided by our own staffs and also by the experts outside: National Institute of Infectious Diseases (Dr. Oishi), Kanazawa University (Dr. Matsugo), Kyoto University (Dr. Koizumi), Health Service Center of The University of Tokyo (Dr. Okubo), Toyama Medical and Pharmaceutical University (Dr. Inadera), Kyoto Prefectural University of Medicine (Dr. Sakai), Shinshu University (Dr. Fukushima).

## Research activities

We focus on several research fields as follows;

- 1) Molecular and cellular bases of chronic inflammation associated-organ fibrosis.
- 2) Role of cancer associated fibroblasts in tumor development.
- 3) Elucidation of the cellular and molecular mechanisms that lead to Graft-Versus-Host Disease.
- 4) Molecular analysis of chemokine receptor signaling pathway and development of novel therapeutic drugs against cancer and inflammatory diseases.
- 5) Application of humanized anti-CD4 antibody for cancer.

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# Department of Public Health/ Department of Health Policy

## Professor

Yasuki Kobayashi, M.D., Ph.D.

## Associate Professor

Satoshi Toyokawa, M.M.S., Ph.D.

## Lecturer

Jun Tomio, M.D., M.Sc., Ph.D.

## Associate

Fumiaki Nakamura, M.D., Ph.D. (Until September, 2015)

**Homepage** <http://publichealth.m.u-tokyo.ac.jp/>

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## Introduction and Organization

Modern concepts of public health originated in the Industrial Revolution era in the UK, and since then developed in Western countries. In Japan, these concepts became important and popular in the 1880s, when the Japan Non-governmental Association for Hygiene (a synonym of public health in that age) was established to fight against repeated outbreaks of cholera in Japan.

Public health departments in medical schools in Japan were introduced after the World War II, following the model of the U.S. systems for public health and medical education. The Department of Public Health was established in 1947, in Faculty of Medicine, the University of Tokyo. In 1995, the Department became a part of Division of Social Medicine, Graduate School of Medicine, as the result of the shift to a graduate school system in the University of Tokyo. In 2007, School of Public Health was established in the University of Tokyo, and the Department became a part of School of Public Health (Department of Health Policy) and remained being a part of Division of Social Medicine (Department of Public Health).

The objectives of the Department are both education and research of public health. The Department trains graduate and undergraduate students through lectures, seminars, field practice, and laboratory work in public health and occupational medicine, for the degrees of Medical Doctor (MD), Master of Public Health (MPH), and Doctor of Medical Sciences (equivalent to PhD). The Department has conducted research on a wide variety for public health issues, including health policy and economics, occupational medicine, clinical epidemiology, health services research, and so on. In addition, the staff members of the Department have offered public and occupational health services to the governments, industries, and local communities.

In the academic year of 2015, the Department consists of four faculty members above listed, a project lecturer (part-time), two project researchers (part-time), two supporting staffs, 18 graduate students (17 in PhD program and one temporary supervised), 17 part-time lecturers, and 22 visiting fellows.

## Teaching activities

### 1) Undergraduate Program (Medical School)

In the winter term of the fourth grade in School of Medicine (M2), students are provided with the following lectures; current issues of public health, preventive services, epidemiology, evidence based medicine (EBM), health economics, quality of care, community medicine, infection and tuberculosis control, mental health, human ecology, global health, current health policy and administration in Japan, and so on. Similarly, in the sixth grade (M4), an intensive course of public health (e.g., health care systems, current health policy, occupational medicine, environmental health, nutritional epidemiology, and health services research) is provided. All the above lectures are given by faculty members and part-time lectures including governmental officials and health practitioners.

Field practice and laboratory work in public health is due in the spring term of the fifth grade (M3), which is jointly provided by Department of Molecular Preventive Medicine and the other departments related to public health fields. Averagely four to five students (small group) are assigned to one special topic group with a tutor (faculty member or part-time lecturer). Each group conducts field practice, review work, or laboratory work, and writes a report in the style of original or review paper. The reports submitted are bound and made available to those students in subsequent years.

The Department also provides those lectures related to public health and occupational medicine for undergraduate students in the School of Integrated Health Sciences, Faculty of Arts and Sciences, and Faculty of Engineering.

### 2) MPH Program

Various courses (about 35 courses) are given by those departments affiliated with School of Public Health. Among them, our Department offers three courses; "Health Policy", "Public Health Preparedness", and "Public Health Practice".

### 3) PhD Program

The Department offers special lectures, seminars, field practice, and laboratory work on public health

and occupational medicine to graduate students. In these training, special emphasis has been placed on the following points: (1) how to conduct epidemiological studies, (2) how to use epidemiological and statistical methods, (3) how to use economic concepts and methods in the health fields, (4) how to establish the collaboration with health professionals in the various fields, and (5) how to read and write original papers.

## Research activities

### 1) Health policy and economics

Our research activities focus on the topics of health care system and economics in general. We have performed and published those studies related to supply and demand sides of health services in Japan; such as supply and distribution of physicians, access to health care, cost studies of outpatient and inpatient services, and the efficiency and equity issues of the Japan's health insurance system as well as universal health coverage system. We also conduct research on quality of care (cancer, diabetes, and osteoporosis). These studies have been published in health policy and health services research journals. We have continued a collaborative study on a system of HIV/AIDS care with the introduction of highly active anti-retroviral therapy (HAART) in developing countries, since such a system involves medical, behavioral, social, and economic factors, and would inevitably become an important health policy issue.

### 2) Occupational health

We have carried on a longitudinal study on life-style, occupational stress, and health status of workers in various occupational settings for the purpose of preventing occupational and life-style diseases.

### 3) Others

Other research activities includes, (1) evaluation of disaster preparedness in local communities and healthcare facilities, (2) study on risk communication in public health emergencies, and (3) epidemiological study on incidence and survival rate of children with cerebral palsy.

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# **Social Medicine**

## **2. Forensic Medicine, and Medical Informatics and Economics**

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# Department of Forensic Medicine

## Professor

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Yohsuke Makino, M.D., Ph.D.

## Assistant Professor

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## Introduction and Organization

Associate Professor Kuniyoshi Katayama lectured “judicial medicine” in University of Tokyo since 1881 before our department was founded as the first department of forensic medicine in Japan in 1889. He renamed “judicial medicine” to “forensic medicine” in 1891 since the department should cover legislation as well as general forensic practices. Dr. Katayama became the first professor of forensic medicine in Japan.

The 2<sup>nd</sup> Professor Sadanori Mita also founded the serological department (Department of Immunology at present). He studied the antigen-antibody reaction and discovered complement fixation reaction.

The 3<sup>rd</sup> Professor Tanemoto Furuhata was very famous for ABO blood group genetics, and also contributed to the development of criminology. He autopsied several cases of historical crimes.

The 4<sup>th</sup> Professor Shokichi Ueno discovered a complex component. He helped foundation of national police academy for death investigators.

The 5<sup>th</sup> Professor Toshiyuki Miki could not perform autopsy for four years due to the University of Tokyo strike. However, he left many achievements in the field of blood typing and paternity examination.

The 6<sup>th</sup> Professor Ikuo Ishiyama encouraged forensic pathology. He also introduced DNA fingerprinting and PCR technique in the forensic practices.

The 7<sup>th</sup> Professor Takehiko Takatori studied the biochemical changes of the lipid in cadavers. He

dissected five victims of sarin subway attacks in Tokyo and identified sarin in tissue by a sophisticated method.

The 8<sup>th</sup> Professor Ken-ichi Yoshida studied the molecular mechanism of ischemic heart disease and sudden cardiac death.

Hirotarō Iwase has been directing our department since 2014 as the 9<sup>th</sup> Professor. In order to reconstruct the field of forensic medicine as the attractive one, six sections (forensic pathology, clinical forensic medicine, forensic toxicology, forensic radiology, forensic odontology, forensic genetics) has started by the cooperation with Chiba University. We are preparing to teach practice and research for the future forensic pathologists.

## Postmortem examination

The determination of precise cause of death is the most important mission of our department. We perform medico-legal autopsies for around 120 criminal cases in eastern part of Tokyo every year. We also perform post-mortem CT at the request of police.

In medico-legal autopsy, we examine the pathological, alcohol, toxicological, and blood type testing of each case, too. Finally, forensic pathologists in our department diagnose the cause of death. Expert opinions express the cause of death and forensic judgment for each case.

## Education

As for under-graduate education, our department provides lectures for the 4<sup>th</sup> year medical students, Free Quarter training course for the 3-4<sup>th</sup> year medical students, and Clinical Clerkship learning for the 5<sup>th</sup> year medical students.

The lectures consist of forensic pathology, clinical forensic medicine, forensic toxicology, forensic radiology, forensic odontology and forensic genetics. In the Free Quarter training course, students experience laboratory practices (toxicology, DNA typing, histology) or experiments. In the clinical clerkship, each student experiences the process from autopsy to presentation of expert opinion.

In addition, students of school of public health and (undergraduate & graduate) law school are provided with somewhat practical lectures with exercises. We have provided opportunity for PhD students of School of Health Science, and master course of Medical Science.

## Research

By the cooperation with other universities including Chiba University and Tokyo Medical and Dental University, researches in 6 sections (forensic pathology, clinical forensic medicine, forensic toxicology, forensic radiology, forensic odontology and forensic genetics) have proceeded.

### 1. Forensic Pathology

In autopsy, it is difficult to examine a vertebral artery. We therefore study about a method of the artery using angioscopy. We also study about the usefulness of coronary angiography using 3D-CT. As to pathological research, we investigate about the lipid peroxidation in the cases of stimulant intoxication and crash syndrome.

### 2. Clinical Forensic Medicine

We have started to liaise with child consultation centers to examine children suspected of suffering abuse. We will also collaborate and liaise with other institutions to establish a framework for child abuse examinations in Chiba Prefecture. Through these activities, we will continue to work to establish the practice of clinical forensic medicine while educating students and conducting research on the

prevention of child abuse, with the objective of laying the foundations for the discipline of clinical forensic medicine in Japan.

### 3. Forensic Toxicology

Using LC/MS/MS and LC/QTOF-MS the methods to detect illegal drugs are investigated. We also study about the redistribution of some drugs by experiments using animals. We try to figure out the standardized method of drug testing in the field of Japanese forensic medicine.

### 4. Forensic Odontology

A new method of personal identification (estimation of age, sex) and drug analysis using a single tooth at once is developed.

### 5. Forensic Genetics

We try to find gene alterations that cause an individual to a sudden death. We also try to figure out new methods to predict the birth place of the cadaver using DNA analysis for parasites.

### 6. Forensic Radiology

Using 3D-CT, we develop new methods to predict the stature or sex from the form or measurement of bones. We investigate the merit and demerit of post-mortem imaging to determine the cause of death.

## Publications

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# Department of Medical Informatics and Economics

## Professor

Kazuhiko Ohe, M.D., Ph.D.

## Assistant Professor

Katsuya Tanaka, Ph.D.

**Homepage** <http://www.m.u-tokyo.ac.jp/medinfo/>

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## Introduction and Organization

The Department of Medical Informatics and Economics aims to reform medical systems and make social contribution by applying information technology to medical field such as medical economics and hospital management. The department develops basic methods that are applicable to medical information systems in the boundary area of healthcare and information science, establishes infrastructures for information environment where medical information are utilized effectively, and applies knowledge and technique acquired through these efforts to medical and healthcare field.

The main keywords of the target domain are medical and clinical information systems, next-generation electronic health record systems, virtual health care environment, computer representations and standardization of medical concepts, ontology, medical knowledge engineering, hospital epidemiology, quality assessment of healthcare, clinical and bioinformatics engineering, privacy protection and encryption, analysis of hospital management, safety management in healthcare.

The professor of the department also holds the position of director of the department planning, information and management (DPIM) in the University of Tokyo Hospital. DPIM is the department that deals with information analyses and future planning for the University of Tokyo Hospital by using information systems as well as the planning, design, development, and operation of information systems for the whole

hospital. The DPIM was newly established on April 1, 2003, after integration of the Hospital Computer Center and the project team for hospital development, which separately existed until the end of March, 2003.

Since the professor runs the Department of Medical Informatics and Economics with staffs of DPIM, they are practically the same organization. Therefore, educations and researches in the graduate course are promoted together with DPIM activities. The origin of the Department of Medical Informatics and Economics dates back to 1983 when the hospital computer center was officially approved as one of the central clinical service facilities in the hospital. At the same time, the doctor's course for medical informatics was established. The first professor was Dr. Shigekoto Kaihara, who is the founder of medical informatics in Japan. In accordance with the reform to the university with graduate school curriculum in the university of Tokyo, the Department of Medical Informatics and economics was established in present division of social medicine in 1997. Then, one professor and one associate professor belonging to the hospital computer center moved to the department. In 2000, medical informatics field was set up in the Interfaculty Initiative in Information Studies, Graduate School of Interdisciplinary Information Studies. The department is located on the fourth floor in Administration and Research Building in the University of Tokyo Hospital.

## Teaching activities

Teaching staffs and the collaborative members are Professor Kazuhiko Ohe, Associate Professor Kengo Miyo(-2014.12), Assistant Professor Katsuya Tanaka, Hidenao Atarashi, Takeshi Imai, Research Associate Shinichiro Yokota, Yoshimasa Kawazoe, Takashi Noguchi and Daisuke Sato.

- 1). 4-year Ph.D. Course in the Department of Medical Informatics and Economics at the Division of Social Medicine: The Department of Medical Informatics and Economics at the Division of Social Medicine offers the Medical Sciences doctoral course (4-year program) and admission is open to those who graduate from a 6-year program at the Faculty of Medicine (the School of Medicine), and those who complete the master course either in the University of Tokyo or any other institutions (not necessary to be a doctor). Students will acquire Doctoral Degree (Ph.D.) of Medical Science with completion of required units and passing a doctoral thesis.
- 2). 3-year Ph.D. Course and 2-year M.H.S course in the Department of Health Informatics at the Division of Health Sciences and Nursing: The Department of Medical Informatics and Economics is a collaborating department with the Division of Health Sciences and Nursing at the Graduate School of Medicine, and it is called the Department of Health Medical Informatics. At the Department of Health Medical Informatics within the Division of Health Sciences and Nursing, the department offers the Master course in Health Science and Nursing (2-year program) and the Health Sciences and Nursing doctoral course (3-year program). In the master course, students will acquire Master of Health Sciences with completion of required units and passing a master's thesis. In the doctoral course, students will acquire Doctor of Health Sciences (Ph.D.) with completion of required units and passing a doctoral thesis.
- 3). 2-year M.P.H and 1-year M.P.H in the Department of Health Informatics in the School of Public Health: We offer 2-year Master of Public Health (M.P.H) course and the 1-year M.P.H program in the School of Public Health. See the homepage of the School of Public Health.
- 4). 2-year M.M.S in the Department of Health

Medical Informatics in the Medical Science Graduate Program: Graduate School of Medicine, the University of Tokyo, offers the master course in Medical Sciences. The course was established for students who graduate from faculties other than a 6-year program at Faculty of Medicine and eventually wish to advance to the Medical Sciences doctoral course of the University of Tokyo.

The students in FY2014 are three in doctor's course for Medical Informatics and Economics, two in master's course for Health Informatics.

Their researches cover various topics; development of medical decision support system, analysis of medical human resources in Japan, research for medical and pharmacological ontology, etc.

## Research activities

The research domains are 1) application studies on developments of clinical information systems, hospital information system and electronic health records system, 2) studies on medical safety information systems, 3) medical knowledge discovery and analysis of medical economics indicators by using databases of hospital information system and electronic health records system, 4) structured representations and standardization of medical terms and concepts, 5) privacy protection and security in healthcare information systems, 6) analysis of localization and restructuring of medical human resources.

In these domains, major research topics are as listed below.

- 1) A study on development methods for large scale ontology databases of medical terms and concepts :

This research is to develop a methods to build a large scale medical ontology, which is a database for hundreds of thousand of clinical terms and concepts and their relationships. The medical ontology covers over 6000 diseases and whole of human anatomical structures using HOZO ontology describing tool, and the ontology was converted from the HOZO-proprietary XML data format into the LOD format. Using the LOD format, a web application for browsing the disease ontology was developed and published on the web site; <http://lodc.med-ontology.jp/>

- 2) Development of Multi-purpose Clinical Data Repository System(MCDRS) and Joining the University of Tokyo COI (Center of Innovation) Project named “Self Management of Your Health”: The department joined “Clinical Outcome Database Project” sponsored by MHLW in 2014 and developed MCDRS as a system for registration of clinical case data by clinical researchers. The system is now under public release for other database projects.

On the other hand, the COI project aims to construct and deliver an infrastructure for the enhancement of clinical database research and the standardization of nation-wide health information systems. The department plays a role of the development as a sub-project leader. The use of SS-MIX2 standard and extensive storage system is key technology for converting vendor-proprietary database format into the international standard format and facilitating easy multi-purpose secondary use for clinical researches and other researches in social medicine area.

Other various project for standardization of medical or health information systems, creating big database in healthcare domain, developing the national healthcare information database (MID-NET database) for detecting adverse event of drugs, etc.

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# **Internal Medicine**

## **1. Medicine**

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# Department of Cardiovascular Medicine

## Professor

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## Introduction and Organization

The Department of Cardiovascular Medicine is actively involved in clinical medicine, basic research and teaching. In line with the rapidly evolving and progressing nature of modern treatment of cardiovascular diseases, our department has changed dynamically during the recent years. Not only do we have the most highly advanced equipment and facilities (e.g. 24-hour cardiac care unit), but are personnel also highly trained to be well knowledgeable and expert in the most modern methods of diagnosis and treatment. As a teaching and research hospital, we also emphasize the development and incorporation of new treatments if they may benefit the patient. From a research standpoint, our interests range throughout all fields of cardiovascular medicine ranging from molecular biology to clinical research including genomics. Importantly, our research interests are aimed at making possible new diagnostics and treatment of cardiovascular diseases. Finally, we have a particular interest in teaching not only for medical students but also for residents which is important for the future of cardiovascular medicine.

Staff: one professor (Issei Komuro), 4 lecturers, 1 hospital lecturer, 16 research associates, 10 staff

members, 36 graduate school students.

## Clinical activities

In 2015, 1,850 patients were newly admitted to our hospital ward of approximately 60 beds. Duration of hospitalization is on average 12.7 days. Cardiovascular angiograms were conducted in 1,686 patients, of which 568 cases were interventional procedures. CT coronary angiography was examined in 409 patients and cardiovascular MRI in 76. For arrhythmias, there were 299 cases of catheter ablation, 73 cases of implantation or replacement of a pacemaker, and other specialized pacemaker devices such as 29 cases of implantation or replacement of an implantable cardioverter-defibrillator (ICD) and 7 cases of implantation or replacement of a cardiac resynchronization device (CRTD).

As we are an authorized facility for heart transplantation, left ventricular assist device (LVAD) use for severe heart failure cases has been increasing. In 2006, the first case of heart failure from our department underwent a heart transplant procedure at the Department of Cardiovascular Surgery. The hearts were transplanted to 16 cases in 2015 (total 66 cases). March 2014, our facility was also authorized for lung transplantation.

Out-patient clinics are available as part of the Department of Medicine or as a specialized department. The profile of diseases includes ischemic heart disease, heart failure and arrhythmia in addition to hypertension and peripheral artery disease. Out-patient clinics are open both mornings and afternoons from Monday to Friday. Approximately 218.5 patients visit each day. Acute cases of coronary heart disease and aortic disease are also a focus of the department, as emergent catheterization is available on a 24-hours basis.

## Education

As a division of the Department of Medicine, medical diagnostics training, general cardiovascular medicine, clinical lectures and bedside teaching are courses available at the medical school. For bedside teaching, three or four students are placed under the guidance of one research associate allowing for teaching in small groups. Specialized groups provide lectures. As for post-graduate education, residents are educated through specialized group conferences, grand rounds and clinical conferences.

## Research activities

Areas of interest are as follows:

1. Molecular mechanisms of human heart diseases - using iPS cells -
2. Interplay between organs, cells, and molecules in chronic inflammation
3. Cardiac hypertrophy and heart failure: analyses of pathogenic mechanisms and development of novel therapies (gene therapy, etc.)
4. Transcriptional regulation of various genes involved in cardiovascular development and pathogenesis
5. Differentiation of smooth muscle cells (atherosclerosis and restenosis after vascular interventions)
6. Nitric oxide and endothelial function
7. Mechanisms for cardiorenal association
8. Regeneration therapy for cardiovascular disease
9. Roles of hypoxia signaling in cardiovascular diseases
10. Genetic polymorphisms and risk factors in cardiovascular disease
11. Optimization of individual treatment using the Computer Heart Simulator
12. Investigation of disease pathophysiology and development of novel therapies (severe heart failure, cardiac transplantation, congenital heart disease)
13. Diagnosis and treatment of Marfan syndrome and adult congenital heart disease
14. New treatment for pulmonary hypertension
15. Ischemic heart disease in patients with diabetic retinopathy
16. Aerobic threshold and cardiac rehabilitation
17. Imaging techniques (echocardiography, MRI, CT, SPECT) in cardiovascular diseases

## Publications (2015)

1. Yabumoto C, Akazawa H, Yamamoto R, Yano M, Kudo-Sakamoto Y, Sumida T, et al. Angiotensin II receptor blockade promotes repair of skeletal muscle through down-regulation of aging-promoting C1q expression. *Scientific reports*. 2015;5:14453.
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3. Yamaguchi T, Amiya E, Watanabe M, Komuro I. Improvement of Severe Heart Failure after Endovascular Stent Grafting for Thoracic Aortic Aneurysm. *International heart journal*. 2015; 56(6):682-5
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# Department of Respiratory Medicine

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## Introduction and Organization

The staff of the Department of Respiratory Medicine, Graduate School of Medicine, University of Tokyo, consists of 1 professor, 2 lecturers, and 8 associates. In the University of Tokyo, affiliated hospitals and foreign institutions, approximately 60 members belong to the Department. In the University of Tokyo Hospital, about 23 respiratory physicians are doing clinical works.

Based on the fact that the number of patients with respiratory diseases such as primary lung cancer and COPD is tremendously increasing, advancement and fruitful results of researches on respiratory medicine are more and more expected. In this era, we are conducting basic and clinical researches for wide variety of respiratory disorders including primary lung cancer, COPD, asthma and interstitial lung diseases. Especially, we have been intensively studying the molecular mechanisms underlying the pathogenesis of lung disorders. Our research goal is to develop novel diagnostic and therapeutic modalities for better management of these pulmonary diseases.

## Clinical activities

The Department of Respiratory Medicine is responsible for the out-patient care as well as care of in-patients (35 cases on average), which is taken at the 13<sup>th</sup> floor of the hospital ward A of the University of Tokyo Hospital. Our practice is performed by the three-member system of a junior resident, a senior resident and an experienced associate.

Main diseases of in-patients are primary lung cancer, respiratory infections, interstitial pneumonia, and COPD. Many patients with primary lung cancer also have interstitial pneumonia or COPD as their background pulmonary diseases. There are many emergency visits and admissions with pneumonia, respiratory failure due to exacerbation of COPD or interstitial pneumonia, progression of lung cancer, and so on. In cases of severe respiratory failure such as severe pneumonia and ARDS, we conduct ventilatory support of such patients in collaboration with ICU staff in an effort to rescue them. A specialized clinical conference for respiratory disease has been held once a week since late 1990s, where staff of our department, department of thoracic surgery and department of

radiology join and discuss together to make best diagnostic and therapeutic approach to individual patients. This conference has been highly appreciated as prototype of Cancer Board of the University of Tokyo Hospital, and, is now held as Respiratory Cancer Board. This conference is still one of the most frequently held Cancer Board in our hospital. Our department contributes to the pre- and post-surgical evaluation of respiratory functions, and also receives consultation about respiratory complications from almost every department in our hospital

At present, there increase highlighted interests in respiratory medicine. Primary lung cancer is now leading cause of cancer death, and is one of the major medical and social problem to be overcome. Recently, the new developments and their remarkable effectiveness of molecular-targeted therapies in primary lung cancer attract much attention in the fields of both basic science and clinical practice. Respiratory infections are now the 3<sup>rd</sup> leading cause of all death and COPD also will be major leading cause of all death in the near future. Among respiratory diseases, there are several disorders to which no effective therapeutic modalities are currently available. For example, ARDS is an acute lung injury and the mortality rate for ARDS is extremely high despite of intensive care using currently available tools. Idiopathic pulmonary fibrosis is a progressive and fatal inflammatory and fibrotic disorder of the lung parenchyma, while only a few medications are currently available to treat the disease. We would like to make every effort to develop a novel and potential therapeutic approach to these diseases.

Number of in-patients in 2015

1. Primary lung cancer	315
2. Abnormal chest X-ray	77
3. Respiratory Infection	47
4. Interstitial pneumonia	38
5. Malignancy other than primary lung cancer	32
6. COPD	13

A weekly chart round and professor's round are scheduled for Tuesday afternoon.

A specialized clinical conference for patients with respiratory diseases is held as Respiratory Cancer Board on every Thursday evening, together with

thoracic surgeons and radiologists. In this conference, radiological diagnosis, indication of CT-guided biopsy and thoracoscopic biopsy, and treatment strategies not only about thoracic malignancies but also about broad spectrum of respiratory diseases are discussed, making it possible to give best care to individual patients.

## Teaching activities

As for under-graduate education, our department takes part in systematic lectures and specific learning for diagnosis and treatment of respiratory diseases for the 4<sup>th</sup> year medical students, clinical clerkship for the 5<sup>th</sup> year medical students, and clinical lectures for the 5<sup>th</sup> and 6<sup>th</sup> year medical students. Elective clerkship for the 5<sup>th</sup> year students is actively performed in collaboration with expert respiratory physicians from several leading affiliated hospitals.

In systematic lectures, comprehensive presentation for the understanding of basic knowledge about the concept, pathogenesis, pathology, diagnosis and treatment of common respiratory diseases is performed.

In clinical lectures, we present clinical cases of important diseases such as primary lung cancer and pneumothorax, and try to discuss several important points on the diagnostic evaluation and treatment in collaboration with the Faculty of the Department of Thoracic Surgery. Recent major advance in the relevant fields are also reviewed.

During the period of clinical clerkship, each student, as a member of medical care team, has opportunities to experience the daily clinical care with junior and senior residents as well as with the Faculty. Each student can learn how to make a medical interview, check physical findings and make the actual plans for the diagnosis and treatment. The respiratory specialists provide lecture on fundamental chest radiology as one of essential elements in clinical clerkship and this lecture is highly appreciated by the students.

Elective clerkship at the 5<sup>th</sup> year of the educational program is actively performed to facilitate the exposure to a wide range of clinical practice both at the University of Tokyo Hospital and at one of the affiliated hospitals for a relatively long period (each for two weeks). Several lectures on the specialized theme on respiratory diseases are also provided.

As for post-graduate education, respiratory physicians



(one senior resident and one associate) assemble a team with one junior resident, and provide medical cares for patients with various respiratory diseases. Under these processes, residents are able to acquire the knowledge and skills required for diagnosis and treatment of respiratory diseases. Seminars on important themes such as medical treatment of lung cancer, diagnostic chest imaging, and so on are held at regular interval.

## Research activities

Our department is conducting basic and clinical researches for various respiratory disorders including primary lung cancer, COPD, asthma, interstitial pneumonia, respiratory infections and others. Epidemiological, clinical, cellular and molecular biological techniques are utilized for the elucidation of pathogenic mechanisms and for the development of novel diagnostic and therapeutic modalities in respiratory medicine. Postgraduate students as well as the Faculty members make considerable effort to study about genetic alterations in primary lung cancer, cell biological analysis using airway epithelial cells, fibroblast and smooth muscle cells, both in collaboration with the Faculty of the Department of Thoracic Surgery, analysis of genetically-engineered mice as disease-models and so on. These results have been presented and/or published in the Scientific Meeting and/or peer-review Journals. Our main research projects are as follows.

Search for diseases-susceptibility genes and elucidation of their pathophysiological roles in respiratory diseases.

Analysis of disease-models using genetically engineered mice.

Analysis of DNA methylation, histone modification and miRNA in primary lung cancer and their clinical applications.

Search for previously unidentified oncogenic driver mutations in lung cancer and elucidation of resistant mechanisms against molecular-targeted drugs.

Analysis of functional alterations of airway epithelial cells and fibroblasts in relation to tissue repair and remodeling, especially epithelial-mesenchymal transition, and the roles of various cytokines and

chemokines, in asthma and COPD.

Detection of small airway disease using impulse oscillometry and its clinical application.

Search for predictive factors for responses to chemotherapy in malignancy including primary lung cancer.

Epidemiological study of respiratory diseases, using Diagnosis Procedure Combination database.

Takahide Nagase is GOLD National Leader.

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## Introduction and Organization

The Department of Gastroenterology was established through a reorganization of the Graduate School of Medicine and that of the Division of Internal Medicine of The University of Tokyo Hospital in 1998. The department is responsible for clinical services, education and research activities in the field of liver, pancreato-biliary and digestive canal. It is comprised of a professor, an associate professor, 2 lecturers, 22 associates, 13 fellows, 65 graduates and other visiting researchers including students from abroad. A number of others are under a temporary

transfer in- and outside the country. The North and South wings on the 11th floor of Ward A have provided core hospital rooms for the department. At present, fourth and fifth floors of Ward B also take important part for providing rooms for inpatients. Laboratories of the department are scattered in each floor, mainly of Clinical Research Center and First Research Building as in the other departments.

## Clinical Activities

The Department of Gastroenterology is in charge of about 90 inpatients on average, which are about

2,900 in total per year. We receive about 110 new patients in and out of the hospital each week, with an average hospital stay of 11 days. Resident, junior and senior staff members bear the responsibility for a medical management of each inpatient, in collaboration with subspecialty groups concerned. The staff members examine about 5,500 outpatients with various digestive diseases in a month. Professor's ward round is performed on Monday and Wednesday mornings. Specialty and subspecialty clinical conferences are held on Monday evening.

Hepatocellular carcinoma is the most common disease in patients who are admitted to the department (~ 700 cases in 2015). Number of treatments for hepatocellular carcinoma treatments, represented by percutaneous radiofrequency ablation, exceeded 400 cases per year, showing one of the greatest achievements in the field. Number of cases undergoing radiofrequency ablation for metastatic liver tumors is also increasing recent years. In addition, we are making efforts to develop an innovation for daily clinical activities. For example, fibrosis progression in chronic liver disease is conventionally assessed by liver biopsy. Recently we can evaluate the stage of liver fibrosis by Fibroscan®, newly developed equipment that measures liver stiffness by ultrasound, which is useful for the evaluation of increasing non-alcoholic steatohepatitis patients. In addition, nearly 100% cure for the HCV hepatitis can be achieved now by the use of oral anti-viral agents instead of IFN therapy. This will be especially beneficial for the elderly patients and advanced fibrotic patients.

In the pancreato-biliary field, ERCP is performed about 1000 cases each year. The cumulative number of patients treated for choledocholithiasis with endoscopic papillary balloon dilation method exceeds 1,300, which is possibly the largest in the world. Recently, EST (endoscopic sphincterotomy) or EPLBD (endoscopic papillary large balloon dilation) was applied case by case, and more than 80 cases with choledocholithiasis are annually treated. Endoscopic placement of a metal stent is an effective palliative care for malignant obstructive jaundice (about 80 procedures performed every year), and our group is a pioneer of covered metal stents for biliary obstruction, and is one of the world's largest centers using covered

metal stents. Pancreatic interventions such as pancreatic stenting, cystic drainage, endoscopic stone extraction and lithotripsy using ESWL (extracorporeal shock-wave lithotripsy) are performed for many challenging cases. We have also applied various EUS-guided interventions to treat pancreato-biliary diseases.

In the gastrointestinal field, ESD (endoscopic submucosal dissection) is performed as a curative endoscopic treatment for neoplasms in esophagus, stomach or colon (320 patients a year). Non-exposed endoscopic wall-inversion surgery (news), which was developed with the Department of Gastrointestinal Surgery, now expanded its clinical application from the resection of GIST to the treatment of gastric cancer. Double-balloon endoscopy and capsule endoscopy which were introduced recently enabled the examination of whole small intestines (300 cases in 2015). All those interventions are performed by the members of the department, specially trained for each technique. In addition, for the management strategy against inoperative malignancies, we effectively combine the interventional treatments with various chemotherapy regimens using new molecular-targeting drugs.

On outpatient basis, ultrasonography is performed on 12,500 patients. We do gastroduodenal endoscopy on 9,500 patients and colonoscopy on 6,000 patients each year, and diagnose about 790 cases of gastric cancer and 1300 cases of colorectal tumor annually. About 50 % of them are treated endoscopically. We further aim to perform basic studies using specimen, and turn these efforts to clinical activities.

## Educational Activities

Systematic and clinical lectures on gastroenterology are given regularly to undergraduate medical students by staff members of the department. In addition, several courses of practical teaching are provided for the students. In particular, the Department of Gastroenterology makes much of the importance of clinical clerkship for the fourth and fifth grade students, where each student is allotted to an inpatient by joining the group of physicians and offering the opportunity to learn digestive diseases

practically. The results are reported to the professor at the end of the course in the style of oral examination. Students are also required to summarize and outline articles from world's leading medical journals.

Residents of internal medicine join the Department of Gastroenterology for 1-4 months in rotation in their first year as a doctor, where they learn therapeutics and diagnostics in gastroenterology together with general internal medicine. Giving presentations at the scientific meeting is highly encouraged. If they are interested in gastroenterology in particular, they can learn advanced techniques in gastroenterology in affiliated hospitals for a few years. Usually, they will come back to the department after that period, and improve their clinical skills still further while at the education course. The majority of them also become graduate student, and starts medical researches either in a basic or clinical research area. Currently, the department has 65 students, who were graduated from more than 30 medical schools in Japan.

## Research Activities

Both basic and clinical researchers are equally encouraged, on condition that the results may eventually contribute to the cure of gastroenterological disorders. The themes of our recent basic researches include molecular elucidation of carcinogenesis in gastroenterological neoplasms, metabolic aspects of viral hepatitis, mechanisms of replication of hepatitis viruses, pathogenesis of NASH, mechanisms of liver regeneration and fibrosis, pathogenesis of *Helicobacter pylori* infection, molecular characterization of gastrointestinal morphology, establishing new animal models for various diseases in our area, etc. Based on such new concepts as non-coding RNA, cancer stem, or organoid, we performed various experiments.

Various clinical activities are recorded in database and analyzed. Studies oriented for evidence-based medicine are highly appreciated. Recent studies include radiofrequency ablation for liver metastasis of colorectal cancer, impact of metabolic factors in hepatocarcinogenesis. We have also designed many clinical trials as follows; molecular target drugs for advanced hepatocellular carcinoma, SNPs analyses for anti-viral treatment for hepatitis C, a combination

therapy of gemcitabine/S-1/leucovorin for unresectable or borderline resectable pancreatic cancer, a randomized controlled trial of covered metallic stent with anti-reflux system, endoscopic treatment of walled off necrosis a large bore covered metal stent, efficacy of polyglycolic acid sheets for artificial endoscopic ulcers, personalized salvage therapy of *Helicobacter* infection.

Our department always tries to show the newest and highest-level clinical activities, based on the various data of many patients especially suffering from malignant diseases. Furthermore, we aim to find the new aspects of diseases and create a new strategy against it, which are based on clinical, basic, and epidemiological studies in our area.

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# **Internal Medicine**

## **2. Medicine**

# Department of Nephrology and Endocrinology

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## Introduction and Organization

The Department of Nephrology and Endocrinology is one of the major divisions in the Department of Internal Medicine of the University of Tokyo, which covers nephrology, hypertension, and endocrinology, and also renal diseases associated with diabetes mellitus, cardiovascular diseases, collagen diseases and so on. Usually we have up to 30 inpatients in the hospital. The Professor and each member of the staff have an active responsibility for all clinical activities. Each member has an office and a research laboratory. In our department, almost all members support the clinical works of our residents. We are intimately working together in all clinical activities under the

supervision of the professor, the associate professors, and the lecturers.

## Clinical activities

The residents are in charge of up to 30 patients of our department and supervised by associates and faculty staffs. We have clinical conferences to discuss the diagnosis and treatment of our patients with all members of the staff. Particularly difficult cases are further discussed with guest specialists from outside.

Nephritis should be morphologically diagnosed by renal biopsy and the optimal treatment should be chosen for each patient. In our department, renal biopsy is actively performed to give the real benefits of treatment to the patients. We also treat diabetic

patients with proteinuria and end-stage renal failure. Each staff of our department also works at the hemodialysis unit, thus we can manage patients in every stage of renal diseases. In collaboration with Department of Urology, we are conducting renal transplantation and promoting peritoneal dialysis.

In the endocrine unit there is a variety of patients having disorders in thyroid, parathyroid, pituitary, adrenal and gonadal glands. It is also our specialty to diagnose and treat secondary hypertension caused by primary aldosteronism, Cushing's syndrome, pheochromocytoma, renal artery stenosis and so on. We often have consultation from other departments concerning disorders of water and mineral metabolism.

## Education

We have responsibility for educating undergraduates, graduate students and residents. Our staffs take part in several lectures for undergraduate and graduate students. In addition, our members are actively involved in clinical clerkship for undergraduate students, and other clinical practice. Particularly, we have put emphasis on participation of the students in clinical practice including medical investigations, diagnosis, and treatment. In the wards, we are also educating residents during daily clinical works and periodical lectures concerning kidney and endocrine diseases. Our department also participates in Metabolism Research Course for educating young clinical researchers and fellows in collaboration with Department of Diabetes and Metabolic Diseases, Department of Cardiology, and Department of Geriatric Medicine.

## Research

In our department there are more than 30 students of the graduate school. We have research conferences to discuss the results of the research with the Professor and faculty members. As you see in the references below, our research topics are various and cover every field of nephrology, hypertension and endocrinology. We are also actively collaborating with scientists outside the department and outside the University including foreign countries. Achievements of our researches are published in the world's leading

journals of nephrology, hypertension and endocrinology.

1. Investigation of mechanism and development of treatment of chronic kidney diseases: from the viewpoints of hypoxia, oxidative stress, epigenetics, carbonyl stress and endoplasmic reticulum stress.
2. Investigation of causes of atypical hemolytic-uremic syndrome.
3. Roles of renal proximal tubule transport in the regulation of plasma volume and blood pressure.
4. Physiological and pathological significance of Na-HCO<sub>3</sub> cotransporter NBCe1.
5. Investigation on pathogenesis of disorders and treatments of mineral and bone metabolism
6. Molecular mechanism of G protein-coupled receptor-mediated signal transduction
7. Development of a new drug and strategy targeting G protein-coupled receptor.

## Department of Hemodialysis & Apheresis

### Introduction and Organization

Hemodialysis and related blood purification therapy had been individually performed in their respective departments. However, all the departments' apparatus and human resources were centralized to form the Department of Hemodialysis and Center for Hemodialysis in 2000 at the University Hospital. The Center for Hemodialysis was further renovated and started operations in Fall of 2006.

This new Center for Hemodialysis is equipped with one pressure control unit in addition to 12 hemodialysis machines under a state-of-the-art hemodialysis control system. Our concept of a hemodialysis controlling system is a hub to transfer all digital and analog data from patients and to monitor machines, including blood purification machines, to the host computer in our hospital, centralizing all data and administering medical coding and billing robustly. Blood purification machines in the ICU can be monitored seamlessly under the cloud system of our hospital. Blood purification machines are selected uniformly to secure patients' safety while avoiding human error and increasing the overall educational quality of staff members.

### Clinical activities

1. Start of maintenance hemodialysis therapy for end-stage renal disease (ESRD).
2. Regular hemodialysis therapy for hospitalized ESRD patients. Please note that our center does not accept holiday dialysis.
3. Emergency hemodialysis and hemodiafiltration for ICU patients.
4. Plasma exchange for neurodegenerative diseases, SLE, TTP, TMA, and pre/post-liver transplant patients.
5. DFPP for collagenous diseases, MG, HCV, and dermatological disorders.
6. LDL apheresis for nephrotic syndrome and ASO patients.
7. White blood cell elimination therapy for ulcerative colitis and rheumatological arthritis.
8. Cell-free and concentrated ascites reinfusion therapy (CART) for refractory ascites.
9. Induction and maintenance of peritoneal dialysis for ESRD.

### Education

1. A systematic review course for M2 students, which covers clinical features, diagnosis, and evidence-based therapeutic strategies for acute and chronic renal failure including diabetic nephropathy.
2. Technical development course for medical engineers and nurses.
3. Tutorial course for clinical fellows applying to the speciality of blood purification therapy.
4. Exposure in hemodialysis & apheresis course to second year residents on request.
5. Our state-of-the-art blood purification protocols are summarized in Japanese handbook in 2010 [Apheresis Pocket Manual] and 2011 [CRRT Pocket Manual]. "Apheresis Pocket Manual" has been translated into Chinese and English, and those translated versions have helped a number of non-Japanese-speaking people to learn how to perform apheresis.
6. Our department takes main part in Critical Care Nephrology Course for educating young clinical researchers and fellows in collaboration with Department of Critical Care Medicine.

### Research

1. Prognostic analysis for post-liver transplant patients who received plasma exchange therapy.
2. Development and application of a non-invasive pulse hemoglobin meter.
3. Genome wide association study for Nephrotic syndrome and those functional analyses.
4. Association between factors at the initiation of renal replacement therapy and prognosis.
5. Elucidation of basic mechanisms in cardio-renal syndrome and intervention.
6. Pathophysiology of acute kidney injury and its applicability for renal regenerative study.
7. AKI biomarkers and their clinical significance in ICU/CCU.
8. Renal biomarker to determine clinical action ability in CKD and type-2 DN.

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# Department of Diabetes and Metabolic Diseases

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## Introduction and Organization

In 1998 the Department of Internal Medicine at the University of Tokyo was reorganized to the more functional units based on clinical specialties. The physicians specialized in diabetes and metabolic diseases from 3 former departments of Internal Medicine were unified to the Department of Metabolic Diseases. The Department of Diabetes and Metabolic Diseases is one of the major divisions in the Department of Internal Medicine at the University of Tokyo, and covers diabetes mellitus and metabolic diseases including obesity disease and dyslipidemia.

Under the supervision and direction of the previous professors Dr. Satoshi Kimura (1998-2003) and Dr. Toshiro Fujita (2003) and current professor Dr. Takashi Kadowaki (2003-present), we have been providing a wide-ranged clinical, teaching and research activities. Currently, we hold 28 beds mainly

on the 12th floor of the North Wing Ward A and the 4th floor of the Ward B of the University of Tokyo Hospital, and take care of 486 new inpatients per year. Besides the staffs listed above, our division holds faculties in branches, for example, Department of Molecular Sciences on Diabetes (Project Professor, Dr. Kohjiro Ueki and Project Assistant Professor, Dr. Masatoshi Kobayashi), Department of Clinical Nutrition Therapy (Associate Professor Dr. Naoto Kubota), Functional Regulation of Adipocytes (Project Associate Professor, Dr. Hironori Waki and Project Lecturer, Dr. Takuya Sugiyama), Department of Integrated Molecular Science on Metabolic Diseases (Project Associate Professor, Dr. Masato Iwabu and Project Lecturer, Dr. Miki Okada-Iwabu), Department of Translational Systems Biology and Medicine Initiative (Project Assistant Professor, Dr. Takayoshi Sasako), Division of Biophysics, Center for Disease Biology and Integrative Medicine (Lecturer,

Dr. Noriko Takahashi), Ubiquitous Health Informatics (Project Associate Professor, Dr. Kayo Waki), Clinical Epidemiology and Systems (Project Assistant Professor, Dr. Mikio Takanashi), Division for Health Service Promotion, The University of Tokyo (Assistant Professor, Dr. Midori Kubota), Clinical Research Support Center (Project Assistant Professor, Dr. Akiko Kishi) and Department of Clinical Laboratory (Assistant Professor, Dr. Makoto Kurano). With all these staffs, we actively instruct and teach the residents and medical school students; annual evaluation of the teaching skill by the students always rates our department within the three places of the top. In addition, there are more than 20 students of Graduate School in our division. With all these 65 members, we enthusiastically work on the research activities, which lead to the outstanding contributions in the field of metabolism.

## Clinical activities

Based on the update clinical evidences and with the experienced skills, we provide patient-centered medical services in the highest quality. We have outpatient clinics from Monday through Friday, and have been following more than 180 patients per day (total 43,883 patients per year). On the inpatient ward, we not only take care of around 28 patients in our division as mentioned above, but also provide a sophisticated management to all patients suffering from metabolic diseases, especially diabetes mellitus. Diabetes mellitus, metabolic syndrome, dyslipidemia and obesity disease are becoming more prevalent in Japan, and lead to complications including nephropathy, retinopathy, neuropathy and cardiovascular diseases. Thus, in collaboration with other departments, we optimize the treatment of each patient.

We provide the educational classes to the patients every day in the inpatient ward, and also give lectures twice a week in the outpatient unit. In addition, in collaboration with ancillary staffs of our hospital, we provide patients well-reasoned instructions regarding nutritional management, excise therapy and medical therapy.

The weekly official activities of our department consist of the pre-round case conference and the Ward Round by the Professor on Monday. We also hold a

weekly case conference by the consultation group staffs.

## Teaching activities

As for medical student education, our department takes a part in systemic lectures for the 4th year medical students, bed-side learning and clinical clerkship for the 5th year medical students, and clinical lectures for the 6th year medical students.

In systemic lectures, comprehensive presentation for the understanding of basic knowledge about the concept, pathogenesis, diagnosis and treatment of common metabolic diseases is performed.

In clinical lectures, we present clinical cases of important diseases such as diabetes mellitus, and try to discuss with the students several points for planning the diagnosis and treatment in collaboration with the faculties of the Departments of Nephrology, Cardiology, and Ophthalmology.

During the period of clinical clerkship, the students have opportunities to experience the daily clinical care with junior and senior residents as well as with the Faculty members. Each student can learn how to do history taking, perform physical examinations and make the actual plans for the diagnosis and treatment. In addition, we arrange the program so that the students can experience the clinical practice and learn the disease itself more profoundly. One faculty and one senior-resident always instruct one student. Especially, Diabetes Clinical Seminar and oral examination that lead to profound understandings of the metabolic diseases are regularly provided by the Professor Kadowaki.

As for the post-graduate education, attending doctor (staff) and senior resident instruct the junior residents. We provide advanced teaching through the seminars and grand conference.

## Research activities

There are several laboratories in our departments; collaborating with each other or with other departments, we focus on the molecular mechanisms of the metabolic diseases and the establishment of the novel therapeutics.



### 1) Molecular mechanisms of type 2 diabetes

We have been attempting to elucidate the mechanisms underlying the development of type 2 diabetes at the molecular and genetic levels. To this end, in collaboration with RIKEN and several cohorts, we explored the comprehensive catalog of genomic variations to identify variations conferring susceptibility to type 2 diabetes in the Japanese population. We are also exploring the signal transduction pathways and physiological roles of insulin and adipokines in various tissues and the mechanisms of insulin secretion under the normal or pathological conditions, such as diabetes and obesity disease, using a number of transgenic and knockout animal models, in parallel with information obtained by whole-genome analysis of human patients. In particular, we are interested in the physiological and pathophysiological functions of adipokines secreted by adipocytes, including adiponectin, and the signal transduction pathway of adiponectin through the receptors, AdipoR1 and AdipoR2, that we discovered and characterized. We have also identified “AdipoRon” as an adiponectin receptor agonist, which will contribute to the development and optimization of AdipoR-targeted therapeutics. In addition, we have been successfully unraveling the molecular mechanisms of  $\beta$  cell proliferation and inter-tissue communication of glucose metabolism in obesity disease and type 2 diabetes. Recently, we are investigating brown and white adipocyte-specific transcriptional and epigenetic regulations in obesity. We believe that these findings and research activities will lead to novel therapeutic strategies for diabetes and the metabolic syndrome.

### 2) Pathophysiological roles of lipid storage and atherosclerosis

Our aim is to clarify the significance of metabolic risk factors in the onset and development of atherosclerosis. We are currently investigating the pathophysiological roles of lipid storage in obesity disease, fatty liver, diabetes, hyperlipidemia and atherosclerosis using strategies of molecular biology and genetic engineering techniques. Utilizing the animal models of lipid disorders and molecular biological technique, we are analyzing the roles of lipid transporters, nuclear receptors and the anti-

oxidative proteins on the lipid disorders and atherosclerosis. We are currently interested in the cholesterol and lipid absorption from the intestine and lipid handling in the cells.

### 3) Clinical trials and epidemiological studies

We are conducting clinical trials and epidemiological studies including “Japan Diabetes Optimal Integrated Treatment study for 3 major risk factors of cardiovascular diseases (J-DOIT3)”, systematic reviews and meta-analyses with a focus on important issues such as metabolic syndrome, and investigator initiated clinical trials targeting for a new class of anti-diabetic agents.

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# Department of Hematology and Oncology

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## Introduction and Organization

The Department of Hematology and Oncology is responsible for clinical activities in outpatient as well as inpatient clinics of hematological disorders, research activities for hematology/oncology, and education of undergraduate as well as graduate students. We are also engaged in continuous education of post-graduate doctors who develop into sophisticated hematologists of eminent distinction. These activities are performed by the united efforts of all members who belong to the department. Dr. Mineo Kurokawa was assigned as Professor of the Department of Hematology and Oncology in 2005. Other staff of our department consists of one lecturer, one special lecturer (hospital), and 7 assistant professors.

## Clinical activities

On the average, 60-70 patients with hematological diseases are treated in the ward. Clinical facilities include patient rooms with high-efficiency particulate

air filtration and filtered water supply. Patients who are eligible for the treatment with high-grade infection prophylaxis are admitted to the facilities. Patient care is provided by team management. That is, three doctors (a junior resident, a senior resident, and an assistant professor) are assigned to a single patient. Since clinical issues are highly related to hemato-poietic stem cell transplantation especially for patients with hematological diseases, a substantial portion of our clinical conferences are shared with staff members of the Department of Cell Therapy and Transplantation Medicine and the Department of Pediatrics (Hematology/Oncology). Many problems arising in daily clinical practice are discussed in the morning clinical conference held thrice a week. Diagnostic and therapeutic issues as well as pathological aspects of indicative and/or educational cases are discussed in clinical conferences held twice a month.

Outpatient clinical services are provided from Monday to Friday in the morning and afternoon using three booths. Approximately 60-65 patients visit our outpatient clinic every weekday. One of our ultimate

goals in the clinical activities is to cure patients with hematological malignancies.

We perform various kinds of genetic or molecular tests to detect, characterize, and monitor neoplastic cells and their results are used in the diagnosis and treatment.

Here we introduce technical aspects on the treatment strategy:

1. High dose chemotherapy with autologous stem cell transplant: High-dose chemotherapy is administered for the treatment of hematological neoplasms and solid tumors. For the autologous stem cell support, peripheral blood stem cell is usually selected as a source of stem cells.
2. Allogeneic hematopoietic stem cell transplant: Bone marrow cells are harvested from healthy donors by operation under general anesthesia and immediately infused to a recipient. Peripheral blood stem cells (PBSCs) are harvested from healthy donors by leukapheresis using an automated continuous flow blood cell separator. PBSCs are immediately infused to a recipient or preserved in liquid nitrogen in cooperation with the Department of Transfusion Medicine. Allogeneic transplant with non-myeloablative conditioning (also referred to as reduced-intensity stem cell transplant (RIST)) is commonly performed for elderly patients and patients with impaired organ function. Allogeneic hematopoietic stem cell transplant for the elderly are performed under the admission of the ethical committee of the Faculty of Medicine. Cord blood cells are also used as a source of hematopoietic stem cells.

## Teaching activities

A lecture course on etiology, pathogenesis, clinical and laboratory features, differential diagnosis, therapy and prognosis for all hematological diseases is provided for the second grade medical students. The course contents include:

1. Mechanisms of hematopoiesis, transplantation medicine and cell therapy
2. Acute leukemia and myeloproliferative disorders
3. Bone marrow failure syndrome (aplastic anemia and myelodysplastic syndrome)
4. Lymphoma and myeloma

5. Hemostasis and thrombosis

6. Hemolytic anemia and anemia of various causes

Clinical clerkships on diagnostic and therapeutic issues and arts are given for the third grade medical students on a man-to-man basis with a senior faculty member who is erudite both in general internal medicine and in hematology and oncology. During the course, students are required to learn the basic techniques of medical interview and physical examination, interpretation of laboratory tests, and practical medical procedures.

Undergraduate students are educated to become independent researchers both in basic and clinical research.

Education of clinical fellows to train hematologists is also provided. They are trained to achieve knowledge and techniques necessary for hematologists in our hospital and encouraged to present clinical studies at academic meetings.

## Research activities

The major research projects are as follow: (1) molecular mechanisms of hematopoietic neoplasms, (2) hematopoietic transcription factors, (3) signal transduction in hematopoietic cells, (4) chromosomal and genomic approaches to leukemogenesis, (5) generation of murine models for leukemias, (6) reprogramming of leukemic cells into iPS cells. Translational research to develop novel methods for diagnosis and treatment based on basic research is also performed. Every effort has been made to achieve the highest quality in both clinical and basic medical research. The ultimate aims of our research are the application of epoch-making discoveries in research fields to the clinical hematology and oncology. Representative publications from our departments published in the past year are listed in the reference.

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# Department of Allergy and Rheumatology

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Tomohisa Okamura, M.D., Ph.D. (Rheumatology)

Shyoko Tateishi, M.D., Ph.D. (Rheumatology)

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The Department of Allergy and Rheumatology presently consists of 12 staffs mentioned above, who preside over 5 medical staff, 21 graduate students for "Doctor of Medical Science". The outpatient facilities are situated on the 2nd floor of the Outpatient Clinic. The inpatient facility is mainly located on the 13th floor of the Hospital Ward A. The physician's office is situated in the East Hospital Ward and the research rooms are located in the East Hospital Ward, the Central Ward and the Internal Medicine Research Ward.

## Education

In regard to undergraduate education, the Department is in charge of internal medicine diagnosis and systemic lectures for M2 students and clinical lectures and bedside education for M3 and M4 students in cooperation with other departments of internal medicine. The systemic lectures and clinical lectures cover clinical immunology, connective tissue diseases and allergy. Bedside education provides students with a good opportunity to learn about patients as well as practical knowledge through numerous seminars.

For postgraduate education, internal medicine trainees are accepted on rotation basis and trained as



internist. Our department accepts students for "Doctor of Medical Science". Our 4-year education covers clinical immunology, molecular immunology, rheumatology and allergology.

## Medical Care

General and special outpatient clinics are opened from Monday to Friday. Special outpatients clinics include clinics for rheumatoid arthritis, connective tissue diseases, bronchial asthma, allergy, and kidney disorders. For inpatients, there are presently 25 to 30 beds. Every week on Monday afternoon the charts are rounded and on Tuesday afternoon the professor makes his rounds. To achieve the highest quality of medical care, clinical conferences are held. Majority of patients in the ward are suffered from connective tissue diseases and usually exhibit multiple organ involvements. Therefore, a careful, well-rounded approach to each patient as a whole is required rather than a limited special approach to a single organ system.

## Research

The Department has 5 research laboratories in which clinical and basic studies are carried out concerning mainly rheumatology and allergology. Recently the mainstream of research has employed various techniques of molecular biology and cellular immunology. The principal research topics are listed below.

- 1) Analysis of regulatory T cells.
- 2) Analysis of the mechanisms of tolerance breakdown to systemic autoantigens using transgenic mice.
- 3) Analysis of antigen specific T cell clonalities in immunological disorders.
- 4) Genetic analysis of rheumatoid arthritis and other connective tissue diseases.
- 5) Development of new gene therapies for immunological diseases.
- 6) Analysis of the mechanisms of oral tolerance.
- 7) Analysis of signal transduction mechanisms in immunological disorders.
- 8) Mechanism of anti-nuclear antibodies production in systemic autoimmune animal models.
- 9) Therapy of autoreactive B cell depletion using modified self-antigen peptide tetramers in autoimmune diseases.
- 10) Development and analysis of animal models of bronchial asthma.
- 11) Exploration of the roles of protein prenylation in the animal models of lung disease
- 12) Analysis of cytokines and chemokines in the pathogenesis of allergic conditions.
- 13) Analysis of interstitial pneumonitis associated with connective tissue diseases,
- 14) Mechanism of drug allergy

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# Department of Infectious Diseases (Internal Medicine)

## Associate Professor

Hiroshi Yotsuyanagi, M.D., Ph.D.

## Research Associate

Yoshitaka Wakabayashi, M.D., Ph.D.

**Homepage** <http://infect.umin.jp/>

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## Introduction and Organization

The Department of Infectious Diseases has been one of the leading academic organizations specialized for internal medicine, in particular, infectious disease medicine in Japan since 1998, when the Departments of Internal Medicine, established in 1890, were rearranged into new ones according to subspecialty of internal medicine. Our department has been chiefly engaged in clinical, educational and research activities for infectious diseases including bacterial, fungal and viral infections of all organs including HIV infection, tuberculosis and viral hepatitis. Our department is located on 11<sup>th</sup> floor of the University of Tokyo Hospital Building, and has well-furnished research laboratories including P-2 class laboratory, a departmental library and a computer room as own properties. In clinical and research activities, we are collaborating with the Department of Infection Control and Prevention. An associate professor, 6 guest lecturers, an associate, 5 graduate students and full-time staff members are all performing their own duties in clinical, educational and research activities.

## Clinical activities

We have hospital beds on the 11<sup>th</sup> floor of the Ward A of University of Tokyo Hospital. Diseases include HIV infection, viral hepatitis, pneumonia, resistant bacteria infections such as MRSA, BLNAR or VRE, tuberculosis, EBV infection, CMV infection, parasite infection, *etc.* Every effort is made to give patients the

best care and best quality of life. Clinical associates, full-time staff and residents take care of inpatients. The case presentation by residents is held on a weekly basis. Weekly clinical conference is held for discussing about all cases, in particular, those with problems difficult to be solved. Consultations are very frequent from other departments on the management of infectious diseases. The general diagnostic, therapeutic plans and decisions for each patient are given at the Professor's round.

Our department offers out-patient care everyday on infectious diseases and general medicine. We are also engaged in infection control and prevention of emerging infectious diseases such dengue, MERS or avian influenza virus, which appeared recently.

## Teaching activities

Our department takes a part in clinical lectures and bed-side learning of the internal medicine for undergraduate medical students according to the educational programs of the University of Tokyo. For the fourth year medical students, six lectures of infectious diseases are given. In addition, principles of medical diagnosis are taught at the bedside. During the bed-side teaching for fifth and sixth year students, our associates teach them on man-to man basis the basic way of thinking for correct diagnosis and therapy, the techniques of interrogation and physical examination, the way for interpretations of laboratory tests and other medical examinations, and the basic medical

procedures on each case. The education of junior residents is performed as described in “Clinical Activities”.

## Research activities

Both clinical and basic researches are necessary to improve the diagnosis and treatment. The members of our department are doing best to obtain new findings using highly sophisticated methodologies. A monthly intramural research conference is held, in which two to three members present their annual research progresses to be discussed by all the department staff. In addition, each laboratory holds its own conference and/or journal club on a weekly or bi-weekly basis.

The research field covers wide areas of infectious diseases including HIV infection, viral hepatitis and hepatocarcinogenesis, CMV infection and tuberculosis (*Mycobacterium* infection). Also, various emerging and re-emerging infectious diseases are covered. Following themes are currently being investigated in the department.

- (1) Establishment of effective therapy for HIV infection: we have made a great contribution in the establishment of the guideline for treatment of HIV infection in Japan.
- (2) Elucidation of the mechanism of hepatocarcinogenesis in hepatitis viral infection: the direct involvement of both HBV and HCV in hepatocarcinogenesis has been demonstrated using our transgenic mouse systems.
- (3) Establishment of effective therapy for HCV and HBV infection: we have made a great contribution in the establishment of the guideline for treatment of hepatitis viral infection in Japan.
- (4) Establishment of effective therapy for HCV/HIV co-infection: we have made a great contribution in the establishment of the guideline for treatment of HCV/HIV co-infection in Japan.
- (5) Establishment of the criteria for prediction and early diagnosis of CMV infection associated with HIV infection.
- (6) Innovation of new methods to control viral hepatitis or prevent the development of hepatocellular carcinoma in chronic viral hepatitis.
- (7) Establishment of the effective infection control method of MRSA and other MDRO infection.
- (8) Elucidating the mechanism and signal transduction of bacterial infection through toll-like receptors.
- (9) Establishment of new methods for practical diagnosis and treatment of respiratory infection including avian influenza.

## Members

Hiroshi Yotsuyanagi, Takeya Tsutsumi, Shu Okugawa, Shintaro Yanagimoto, Keita Tatsuno, Mahoko Ikeda, Yoshitaka Wakabayashi, Daisuke Jubishi, Ouko Ishii, Kaoru Miyashita

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# Department of Stress Science and Psychosomatic Medicine

## Associate Professor

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## Associate

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Mami Kayano, M.D., Ph.D.

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## Introduction and Organization

The Department of Stress Science and Psychosomatic Medicine is one of 11 divisions of the Department of Internal Medicine, the University of Tokyo. It covers eating disorder, panic disorder, and various psychosomatic diseases such as chronic headache, irritable bowel syndrome, functional dyspepsia, hypertension, diabetes mellitus, and hyperthyroidism. Our teaching staff consists of one associate professor, two associates, and 5 adjunct professors, and other members are 2 senior residents, 6 graduate students, and 2 researchers.

## Clinical activities

Our department is responsible for both outpatient clinic and inpatient ward. The ward is managed as a part of the Division of General Internal Medicine, and senior residents, an associate, and the associate professor attend it every day and provide close side-by-side instruction to junior residents. The weekly professor's round is scheduled on Thursday morning. During 2015 January to 2015 December, overall 1,565 patients (59 individuals) were admitted to the ward, many of whom were eating disorder patients. Outpatient clinic is attended on every morning and afternoon in three consultation rooms by approximately fifteen physicians. During 2015 January to 2015 December, the numbers of the new outpatients and of

the overall outpatients in our department were 195 and 3,335, respectively.

## Teaching activities

We are giving 6 methodical lectures on psychosomatic medicine for fourth grade medical students, 'clinical clerkship' for fifth grade students lasting two weeks, 'advanced clinical clerkship' for 3 to 4 fifth grade students lasting 4 weeks each, and clinical lectures on psychosomatic diseases in cardiology for fifth grade students and on eating disorders for sixth grade students. We are trying to teach them not only basic knowledge of specific diseases, ways of physical examination, or interpretation of laboratory data, but also relevant ways of clinical interview, doctor-patient relationship building, and behavior modification.

As for education for junior residents, our senior residents and an associate provide man-to-man instruction. In addition, they can learn how to present the history of newly-admitted patients at the weekly professor's round from our teaching staff.

## Research activities

Targeting stress-related diseases such as not only those covered by our department but also other lifestyle-related disease, and cancers, we are investigating their pathophysiology and psychopathology through assessing bio-psycho-behavioral time-series

data, various questionnaire data, and autonomic nervous function. We are also actively conducting basic as well as clinical research on eating-related substances.

Some representative research methods are as follows:

- 1) Ecological momentary assessment (EMA): Investigation on neurobehavioral basis of stress-related diseases such as tension-type headache, eating disorders, insomnia, and panic disorder using portable computers for real-time assessment of subjective symptoms in combination with ambulatory monitors such as electrocardiogram and actigraphy.
- 2) Neuroendocrinological and neuroimmunological studies in anorexia nervosa patients: multi-disciplinary investigation on energy metabolism during a refeeding phase; changes in various substances such as neuropeptides before and after treatment; relationship between bone metabolism and various makers; and exploration of biomarkers for evaluating treatment efficacy.
- 3) Psycho-oncology: Development of a new questionnaire for evaluating depressive mood in cancer patients.

Six graduate students and 5 researchers actively conducted their researches along with our teaching staff. We have been also collaborating with many scientists belonging to other departments either in Japan or abroad. Research conferences are held once a month, where one of the graduate students presents his/her research for open discussion by all the members of our department.

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# **Internal Medicine**

## **3. Clinical Laboratory Medicine and Pathology**



# Department of Transfusion Medicine

## Professor

Hitoshi Okazaki, M.D., Ph.D.

## Associate

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## Introduction and Organization

The Transfusion Medicine service was established in 1949, as an internal provisional measure, and officially established in 1966. In 1984, Professor Hiroshi Toyama assumed as the first Professor of the department. Professor Toyama greatly contributed to the field of transfusion medicine, especially by publishing "Transfusion Medicine" (actually in its 3rd. edition), which is the bible of transfusion medicine in Japan. Other great contributions from the department are as follows. Dr. Kazuo Okochi, ex-lecturer of the department, is the pioneer in the field of transfusion-associated hepatitis research, ex-Professor Takeo Juji clarified the mechanisms of transfusion-associated graft-versus-host disease (TA-GVHD), a serious post-transfusion complication, and ex-Professor Yoichi Shibata contributed enormously to the field of platelet immunology. In 1997, the Department of Transfusion Medicine was established as a chair of the Division of Internal Medicine of the Graduate School of Medical Sciences, the University of Tokyo.

Actually, the department is composed of 6 medical doctors (4 full-time, and 2 partial-time), 10 laboratory technicians, 2-3 nurses and 1 office assistant.

## Clinical activities

The main activity of the department of Transfusion Medicine is the control, preservation, and provision of safe blood products and their derivatives (including albumin). The control of all blood products in the

hospital is centralized to the department, which, in addition, provides information and orientation related to blood transfusion. Transfusion-related laboratory tests and tests for transfusion-transmitted infectious diseases are routine practices of the department, which also actively takes part in the diagnosis, prevention and treatment of adverse reactions and post-transfusion complications. Collection, preservation and provision of autologous blood are also important functions of the department, where the outpatient clinic for autologous blood was established by ex-Professor Koki Takahashi in January 2006. At the outpatient clinic, the first established in Japan, the transfusionist gives consultation to the patients, prepares the adequate blood collection schedule, takes the informed consent, and performs the blood collection, according to the surgeons' needs. Additionally, collection and preservation of peripheral blood stem cells are also performed.

The main activities are as follows:

- I Control and preservation of blood products and its derivatives;
- II. Laboratory tests
  - 1) Blood typing and histocompatibility testing;
  - 2) Detection of anti-erythrocyte, anti-leukocyte and anti-platelet antibodies;
  - 3) Detection of HBV antigens and antibodies, HCV, HAB, ATLA and HIV antibodies;
  - 4) HLA typing for hematopoietic stem cell transplantation and organ transplantation;
- III. Clinical work

- 1) Pre-operative autologous blood collection and preservation;
- 2) Collection and preservation of peripheral blood stem cells for transplantation;

## Teaching activities

Sixth-grade medical students are provided with practical courses focusing on clinical practice of blood transfusion and laboratory tests. Courses are given in small groups of 6 students each, in a total of 18 groups per year. The course lasts 5 days/week, including the following subjects;

- 1) Visit to the laboratories of the department to understand the routine of a laboratory;
- 2) Introduction to the blood group types (red cells, platelets, leukocytes) and their importance in transfusion medicine and in transplantation (bone marrow and organ);
- 3) Methodology of blood typing and compatibility testing for transfusion;
- 4) Methodology for screening of irregular antibodies, and their importance in transfusion practice;
- 5) Introduction to the post-transfusional complications, their etiology, prevention and treatment.
- 6) Introduction to the preventive measures of blood borne viral transmission, especially focusing on the NAT test and the look-back survey.
- 7) Acquisition of informed consents related to blood transfusion, using the role playing method.
- 8) The indications and techniques of autologous blood collection and preservation;
- 9) The techniques for peripheral blood stem cells (PBSCs) collection and preservation, as well as their clinical application;
- 10) The recent advances in the field of blood transfusion, including the “Blood Law”, and the recently revised “Indications of blood products” and “The principles of transfusion practice”.
- 11) One-day visit to the Japanese Red Cross Blood Center, to learn the general process of blood donation and transfusion, including the types of blood products, and their indications.

## Research activities

Research on red cells, leukocytes, and platelets, the post-transfusional complications, transplantation im-

munology, immunotherapy, and stem cell biology are the main themes of the department. Typing of blood cells is performed by serological and DNA-based methods. The HLA typing, which was introduced by ex-Professor Takeo Juji, one of the pioneers of this field, is an essential test for hematopoietic stem cell and organ transplantations, and still continues as one of the most important research fields of the department. The mixed-passive hemagglutination (MPHA) method, the most popular methodology for platelet serology in Japan, was developed by ex-Professor Yoichi Shibata and its applicability is now extended for granulocyte as well as endothelial cell serology. Transplantation immunology, including stem cell biology is also an important subject. Also, development of new materials for medical use is also being researched. Recently, the risk factors of the detrimental effects of autologous blood donation, especially focusing on the noninvasive measurement of circulating blood volume, are being investigated. Following are the main themes.

1. Detection of platelet alloantigens and antibodies and their role in the transfusion practice.
2. Diagnosis and prevention of post-transfusional complications and thrombocytopenic purpura of the newborn.
3. Clinical application of refrigerated and frozen-stored blood for autologous transfusion in surgical patients, and the improvement of the preservation methods.
4. Study on the effect of pre-storage leukoreduction of autologous blood for the prevention of possible adverse effects.
5. Development of a new methodology for platelet cross-match.
6. HLA and HPA genotyping.
7. Development of a new methodology for evaluation of platelet function.
8. Ex-vivo expansion of hematopoietic stem cells and their clinical application.
9. Pathophysiology of TRALI and TACO.
10. Study on the risk factors of autologous blood donation.
11. Development of new materials for medical use.

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# **Reproductive, Developmental and Aging Sciences**

## **1. Obstetrics and Gynecology**

# Department of Reproductive Endocrinology

## Professor

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Osamu Hiraike

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## Organization

The Department of Reproductive Endocrinology is organized by one professor, two associate professors and one lecturers. All the staff members are taking part in both clinical and research activities. For the clinical aspect, we are engaged with in-patient and out-patient care including the activities in the delivery units.

## Activities

In clinical section, we have an out-patient clinic for infertility, gynecological endocrine diseases, genetic counseling and assisted reproductive technologies (ART).

We have a highly organized infertility clinic, where every patient is systemically examined and after diagnosis of underlying infertility factor (s) appropriate treatment is performed following our protocol. Once it turns out that higher level of treatment is necessary, ART is applied to such cases. We have been engaged in *in vitro* fertilization and embryo transfer (IVF-ET) as a main axis of ART for twenty years. Conventional

IVF-ET is mainly indicated to cases with tubal factor, mild male factor, immunological factor or of unexplained infertility factor. In case of severe male factor or other fertilization disorder intracytoplasmic sperm injection (ICSI) is performed. Now we have about 200 OPU cycles of IVF-ET every year, which conventional IVF-ET and ICSI share almost equally. The clinical pregnancy rate of conventional IVF-ET is around 30% per embryo transfer cycle, which is comparable with that of ICSI. Other ART techniques such as embryo cryopreservation and assisted hatching are also performed.

In basic research section, a couple of projects as follows are under way, some of which have already yielded interesting findings; 1) the mechanism of folliculogenesis and follicular apoptosis in the ovary, 2) the functions of gynecologic hormones such as gonadotropins and ovarian steroids, 3) the analysis of endometriosis, 4) effect of ovarian steroid hormones on bone metabolism, and 5) effects of endocrine disrupters on the reproductive system.

## References published in 2015

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# Department of Gynecologic Oncology

## Professor

Yutaka Osuga

## Associate Professor

Kei Kawana

Katsutoshi Oda

## Lecturer

Takahide Arimoto

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## Organization

The Department of Gynecologic Oncology is organized by one professor and two associate professors, being directed practically by Professor Tomoyuki Fujii, the Chairman of the Department of Obstetrics and Gynecology. The staff members are taking part in both clinical and research activities, as well as teaching activities, with 19 associates of the University of Tokyo Hospital. For the clinical aspect, they are engaged with in-patient and out-patient care.

## Activities

### (1) Oncology research

In our division, the pathogenesis of cervical cancer, endometrial cancer, and ovarian cancer have been investigated these two decades.

For example, to identify the risk factors for cervical intraepithelial neoplasia (CIN), we reanalysed the data from our previous case-control study by adjusting for human papillomavirus (HPV) antibodies. Unlike our previous study based only on HPV DNA, smoking and Chlamydia trachomatis infection were revealed as significant risk factors for CIN after adjustment for HPV antibodies. The enhanced oncogenicity of particular human papillomavirus type 16 (HPV16) E6 variants is population-dependent, implying the in-

volvement of additional genetic cofactors. This study was designed to investigate the association between E6 variants and human leukocyte antigen (HLA) polymorphism within a Japanese population. Fifty-seven women with HPV16-positive cervical cancer were analyzed for E6 sequence variation and its relationship to HLA class II alleles. Compared with local controls (n = 138) and published controls (n = 916), DRB1\*1501 and DQB1\*0602 frequencies were significantly increased among patients with HPV16 E6 prototype (n = 11). Additionally, DRB1\*1502 was positively associated with a particular E6 variant designated D25E (n = 25), although we could not find a significant association between HLA class II alleles and L83V variants (n = 16). Our observations suggest that a specific match between E6 variant proteins and HLA types may contribute to HPV16-related cervical carcinogenesis.

Studies of virus neutralization by antibody are prerequisite for development of a prophylactic vaccine strategy against HPVs. To determine whether neutralizing anti-bodies (NAs) against HPV16 is responsible for a higher regression rate of low-grade cervical intraepithelial neoplasia (CIN1), we investigated an association between the presence of the NAs and the fate of the HPV16-related CIN1. The incidence of the presence of the NAs in the women with a non-

pathological cervix (85.7%) was significantly higher than in the CIN1 cases (21.5%), the CIN2/3 cases (15.7%), and the cervical cancer cases (0%) ( $p < 0.0001$ ). The regression of the CIN1 lesion was closely associated with the presence of the NAs ( $p = 0.0002$ ). The presence of the NAs was associated with low-level copy number of the viral DNA relative to the NA-negative group ( $p = 0.05$ ). The presence of the NAs against HPV16 was associated with a higher regression rate of HPV-related CIN1 lesions. The NAs seem to have a role in deterring HPV-related cervical lesions from progressing to CIN2/3 by inhibiting the infection with de novo replicated HPV. Then we designed a placebo-controlled trial in healthy adults to evaluate the safety and immunogenicity of a synthetic peptide consisting of the aa 108-120 of HPV16 L2 (L2-108/120) region, because this region contains a cross-neutralization epitope against genital HPV. A total of 13 volunteers were given nasal inoculations with 0.1 ( $n = 5$ ) or 0.5mg ( $n = 5$ ) doses of the peptides or placebo ( $n = 3$ ) without adjuvant at weeks 0, 4, and 12. Sera were collected before inoculation and at 6, 16 and 36 weeks. The inoculation caused no serious local and systemic complications. The inoculation generated anti-L2 antibodies binding to both HPV16 and 52 L1/L2-capsids in four of the five recipients in the 0.5mg group. Sera of the four recipients showed neutralizing activities against HPV16 and 52. Serological responses to the peptides were not found in the 0.1mg group and the placebo group recipients. This study suggests the L2-108/120 peptide is tolerable in humans and has the potential as a broad-spectrum prophylactic vaccine against genital HPV.

In endometrial cancer, we identified novel mutations in *PIK3CA* and *AKT1*, and reported that targeting the Phosphatidylinositol 3-kinase (PI3K) / Akt Pathway may serve as a novel molecular-targeted therapy. We also investigated molecular biomarkers to predict the prognosis and/or drug sensitivity in endometrial cancer, using genome-wide analyses in clinical samples. Of note, extensive chromosomal instability was an independent poor prognostic factor in endometrial cancer.

In ovarian cancer, we also investigated genome-wide analyses, including whole-exome sequencing and gene expression array, in high-grade serous and clear cell carcinomas. As well, we examined various

types of molecular-targeted drugs in ovarian cancer cell lines. For example, we identified a subgroup in ovarian clear cell carcinomas, which is associated with prognosis and chemosensitivity. We reported that targeting the PI3K pathway is also promising against ovarian clear cell carcinomas.

## (2) Clinical oncology

In our department, more than 150 patients with gynecological cancer are treated every year. And also, we play an important role in clinical trials of JCOG (Japan Clinical Oncology Group) and JGOG (Japanese Gynecologic Oncology Group). For example, we conducted a non-randomized confirmatory phase III trial (JCOG1101) in Japan to evaluate the efficacy of modified radical hysterectomy in patients with tumor diameter 2 cm or less FIGO Stage IB1 uterine cervical cancer, for which the current standard is radical hysterectomy. This study began in January 2013 and a total of 240 patients will be accrued from 44 institutions within 5 years. The primary endpoint is 5-year survival. The secondary endpoints are overall survival, relapse-free survival, local relapse-free survival, percent completion of modified radical hysterectomy, percent local relapse, percent pathological parametrial involvement, days until self-urination and residual urine disappearance, blood loss, operation time, percent post-operative radiation therapy, adverse events and severe adverse events.

In addition, we have performed a lot of single-institution analyses in clinical setting. For example, to evaluate the efficacy and toxicity of systematic lymphadenectomy and postoperative radiotherapy (PORT) in the treatment of endometrial cancer (EC), a total of 256 patients with EC between 2000 and 2008 were retrospectively analyzed. Surgery included systematic pelvic and aortic lymphadenectomy, whereas pelvic lymphadenectomy alone was performed to preoperative stage I patients with superficial myometrial invasion and G1 endometrioid adenocarcinoma. PORT was administered to 67 patients with positive lymph nodes, deep myometrial invasion, or adnexal/peritoneal metastases. Prior to PORT, 37 patients with adnexal/peritoneal involvement or aortic node metastases were treated with chemotherapy. Surgery was undergone in 247 patients, including with 215 pelvic lymphadenectomy and 126



aortic lymphadenectomy. Five-year survival was 97.0% for stage I, 83.3% for stage II, 84.1% for stage III, and 45.2% for stage IV. In PORT group, 13 (19%) were recurred including one (1.5%) intrapelvic recurrence, and five-year survival was 96.7% for intermediate-risk group and 85.3% for high-risk group. Among the patients who had received lymphadenectomy, 19 (8.8%) experienced severe (more than grade 3) ileus and 18 (8.4%) developed severe lymphocystitis. The frequency of severe ileus in PORT group was significantly higher than that in non-PORT group (14/65 vs. 5/150,  $P < 0.0001$ ). The rates of adverse effects were irrespective of aortic lymphadenectomy. This study suggested that surgery with systematic lymphadenectomy followed by PORT was associated with good prognosis but increased rates of ileus in patients with EC. PORT subsequent to lymphadenectomy should limit to relatively high-risk patients.

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# Department of Perinatal Medicine

## Professor

Tomoyuki Fujii

## Lecturer

Takeshi Nagamatsu

**Homepage** <http://www.iiosan.umin.jp/index.htm>

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## Organization

The Department of Perinatal Medicine is organized by one professor and one lecturer, being directed practically by Professor Tomoyuki Fujii, the chairman of the Department of Obstetrics and Gynecology. All the staff members are taking part in both the clinical and research activities, as well as the teaching activities, with 19 associates of the University of Tokyo Hospital. For the clinical aspect, they are engaged with in-patient and out-patient care including the activities in the delivery units.

## Activities

The clinical service for perinatology in the University of Tokyo Hospital consists of out-patient clinic and the Delivery Unit. [See Delivery Unit of the University of Tokyo Hospital]

By the advance of the techniques for prenatal diagnosis of fetal growth and congenital malformations, the area of fetal medicine is enlarging. Strict measurement of fetal growth during pregnancy has made possible the accurate diagnosis of fetal growth restriction. New techniques like fetal blood sampling and three-dimensional ultrasonography have been introduced into clinical service. The perinatologists and medical engineering team in our department are working on clinical research to clarify the patho-etiology of preterm birth and preeclampsia. Perineal ultrasound is a new approach for assessing labor progress. Using this technique, we are challenging to establish objective evaluation of labor progress which can contribute to safer labor management.

Recurrent pregnancy loss (RPL) is a condition when a woman has two or more clinical pregnancy losses. Our “special clinic for RPL” opens once a week. About 200 new couples with RPL visit us in a year. The patients are checked several risk factors of RPL, such as anatomical, chromosomal, hormonal, biological, or autoimmune factors. To RPL women with autoimmune factors, especially with anti-phospholipid antibodies, anti-coagulation therapy is performed. For low risk group, low dose aspirin is administered. Heparin injection is performed for high risk group, for instance, patients with successive intrauterine fetal death during the second or third trimester of pregnancy, or those with beta-2 glycoprotein I dependent anticardiolipin antibody. Causative factor is not detectable in a half of the women with RPL. Supportive care rather than pharmacological intervention is important for those women. In our clinic, mental stress in RPL women is evaluated using K6 scale. We are investigating the relationship of their mental status with the outcome in the subsequent pregnancy.

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# Department of Molecular and Cellular Reproductive Medicine

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Yasushi Hirota

Tetsuya Hirata

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<http://square.umin.ac.jp/kyobgyn/>

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## Organization

The Department of Reproductive Endocrinology is organized by one professor and one associate professor.

## Activities

In clinical section, we have an out-patient clinic for infertility, gynecological endocrine diseases and genetic counseling. We also perform minimal access surgery for endometriosis, uterine fibroid, benign tumor and so on.

In the field of gynecological surgery, we have been constantly trying to minimize surgical invasion to patients as much as possible. With both of well-equipped instruments and well-trained expertise, more than 90% of surgery cases for benign gynecological disorders are operated endoscopically. These endoscopic surgeries include laparoscopic or laparoscopically assisted cystectomy or salpingo-oophorectomy, laparoscopic hysterectomy or laparoscopically assisted vaginal hysterectomy, laparoscopic or laparoscopically assisted myomectomy, diagnostic laparoscopy for infertility, laparoscopic surgery for ectopic

pregnancy, hysteroscopic surgery and so on, which make a total of about 400 cases per year.

Primary care for peri/post-menopausal women is becoming more important. We have already established the primary care system for women focusing on climacteric syndrome and osteoporosis. Hormone replacement therapy (HRT) is employed for the purpose.

In basic research section, a couple of projects as follows are under way, some of which have already yielded interesting findings; 1) the mechanism of folliculogenesis and follicular apoptosis in the ovary, 2) the functions of gynecologic hormones such as gonadotropins and ovarian steroids, 3) the analysis of endometriosis, 4) effect of ovarian steroid hormones on bone metabolism, and 5) effects of endocrine disrupters on the reproductive system.

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# **Reproductive, Developmental and Aging Sciences**

## **2. Pediatric Sciences**

# Department of Pediatrics, Department of Developmental Pediatrics

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## Introduction and Organization

The former Department of Pediatrics developed into Department of Pediatrics and Department of Developmental Pediatrics, which comprise subgroups of the Group of Reproductive, Developmental and Aging Medicines, Graduate School of Medicine, The University of Tokyo.

Our staff consists of 1 professor, 3 associate

professors, 5 lecturers, 18 associate professors, 14 senior residents, 2 research fellow, and graduate students on March 31, 2014.

The outpatient clinic of our department is located on the second floor of the outpatient clinic building. The inpatient ward and conference rooms are located on the second floor of the inpatient clinic building A. Offices are on the second and third floors of the East Research Building. Our laboratories are located on the

second, third and fourth floors of the Research Building of Internal Medicine and on the second and third floors of the East Research Building.

## Clinical activities

We have specialized outpatient clinics covering all pediatric fields in addition to general pediatrics. In July, 2008, the capacity of the pediatric and pediatric surgery ward was increased to 100 beds, including 9 beds in the neonatal intensive care unit (NICU), 15 beds in the growing care unit (GCU) and 6 beds in the pediatric intensive care unit (PICU), and our institution is going to fulfill the designation as children's hospital affiliated to the university hospital. In NICU, we are taking care of small premature babies weighing from 400g to 4,000g often associated with congenital disorders requiring invasive interventions. A variety of patients with diseases, such as hematological/oncological disorders (acute leukemia, neuroblastoma, Ewing sarcoma, osteosarcoma, brain tumors, etc.), cardiac disorders (congenital heart diseases and Kawasaki disease), neuromuscular disorders, immunological/allergic disorders (common variable immunodeficiency, chronic granulomatous disease and bronchial asthma), renal and urinary tract diseases (nephrotic syndrome, chronic glomerulonephritis, purpura nephritis and renal and/or urinary tract anomalies), endocrinological disorders, metabolic disorders and psychosomatic diseases are admitted in the wards. Approximately 10 patients received hematopoietic stem cell transplantation every year. There are patients with severe combined immunodeficiency, aplastic anemia-myelodysplastic syndrome, acute lymphocytic leukemia with high-risk features, acute myelogenous leukemia, non-Hodgkin lymphomas, disseminated neuroblastoma and brain tumors.

Many patients need to stay long in the hospital. We provide an official in-hospital school "Kodama Gakkyu" where patients receive education and have chances to communicate with other patients as well as their family members. "Niko-niko Volunteer" members, an official volunteer group in the hospital, visit the pediatric ward every weekday to play with the patients and help their mothers, providing enormous comfort to both the patients and their

mothers. Various activities are scheduled for the patients in the hospital such as the Tanabata festival, a Christmas party and music concerts. All the residents, fellows and nurses participate in these activities. We have two child care specialists in the pediatric ward.

## Teaching activities

The staff members and the visiting lecturers give lectures of general pediatrics and pediatric diagnosis for 36 hours to the second year students, and clinical bedside learning in the inpatient ward for 2 weeks to the third year students. During bedside learning for 2 weeks, specialized teaching sessions, like seminars are held every day. In the outpatient learning, medical students take histories and perform physical examinations of patients under the supervision of the teaching staff. On the second and third days of the outpatient clinic, each student visits the local pediatricians or local hospitals in and around Tokyo. On the last day of clinical learning, the Professor and an Associate Professor evaluate the students' achievements. We have an elective clinical clerkship course for the third year students.

## Research activities

Our departments have the following research groups: nephrology, hematology/oncology, neurology, cardiology, endocrinology/metabolism, immunology/allergy, and neonatology. We also have multi-disciplinary research groups and laboratories such as cell biology, genetic molecular biology and epidemiology. The main subjects of research during the last year are listed as follows.

**Hematology/Oncology group:** To explore molecular mechanisms of pediatric solid tumors, we performed target capture sequencing and genome-wide methylation analysis in rhabdomyosarcoma and neuroblastoma using next-generation sequencing and array based technologies. Subsequently, we found 4 distinct molecular subgroups based on the methylation patterns in rhabdomyosarcoma. In addition, abnormal lities of epigenetic related genes were observed in approximately 30% of neuroblastoma specimens. Methylation subgroups detected in rhabdomyosarcoma were associated with pathogenetic



findings, clinical information, and gene mutations, indicating that this classification would be useful for therapeutic strategy. Moreover, epigenetic dysregulation could be involved in the pathogenesis of neuroblastoma.

**Nephrology group:** Our aim is to reveal the molecular mechanism of proteinuria. We analyzed circulating factors and genes which is involved in nephrotic syndrome. We also analyzed pathological changes in glomerulonephritis, and found several new molecules which is involved in the phenotypical changes of mesangial cells.

**Endocrinology and Metabolism group:** We analyzed genes and mechanisms involved in endocrinology and bone diseases. We successfully found the responsible gene of a rare congenital disease using next-generation sequencing. We found a novel disease entity caused by LMX1B abnormality. We also determined two novel genetic mechanisms of hereditary rickets.

**Cardiology group:** We performed genome-wide association studies for congenital heart disease and studies to develop a novel treatment for Kawasaki disease using mouse models.

**Neurology Group:** The pathogenetic mechanism of acute encephalopathy as well as genetic basis of congenital CNS anomalies is investigated. Molecular and clinical analyses of mitochondrial disorders and the neuropathological studies of perinatal brain damage are also performed.

**Neonatology group:** Neonatal brain function has been investigated using near infra-red spectroscopy (NIRS) with researchers of Department of Education. A clinical trial of formula supplied with biotin has been conducted with groups of the other Universities. Cytokine profiles have been investigated in order to elucidate pathophysiology of several diseases in perinatal period.

**Immunology group:** Research area of interest includes refractory Kawasaki disease and epidemiology of childhood infectious disease.

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# Department of Pediatric Surgery

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## History and organization

In 1951, a pediatric surgical team was established in the Department of Second Surgery. Subsequently, in 1961, a pediatric surgical research team, which would eventually research diaphragmatic hernia, was established with a chief, Dr. Ishida, by Professor Kimoto.

In 1971, it was authorized as the first clinical department of Pediatric Surgery in a National University.

A pediatric intensive care unit was founded with Prof. Ishida in 1973, and a ward which could accommodate mainly pediatric surgical patients was completed.

Assistant Prof. Saito assumed office as the first Director of this Pediatric Surgery clinical department.

Dr. Sumio Saito became Professor of Pediatric Surgery in 1983. Professor Saito had enthusiastically performed clinical studies such as operation techniques and the use of biliary atresia.

Dr. Nakajo took office as a professor in 1985. Prof. Nakajo had developed original operative procedures such as a radical operation for umbilical hernia and an anti-reflex valve for biliary atresia. These original operative procedures have been inherited by pediatric surgeons as Nakajo methods.

Our department was authorized as the Department of Pediatric Surgery in 1989 after Kyusyu University by the Ministry of Education.

Dr. Yoshiaki Tsuchida assumed the role of Professor in 1990 and published many highly regarded articles,

mainly concerning neuroblastoma and Wilm's tumor from research and clinical work.

In 1995, the department was reorganized as the Reproductive, Developmental and Aging Science, Pediatric Science and Pediatric Surgery, due to the University policy for the Graduate School.

In 1997, Dr Hashizume became Professor in the Department of Pediatric Surgery. He started living-related partial liver transplantation (LRPLT) for children with Professor Makuuchi in the Department of Second Surgery.

Dr. Tadashi Iwanaka became the sixth Professor in August 2006. He engaged in the clinical and research activity on the pediatric minimally invasive surgery and retired in 2015.

The present staffs are 1 associate professor and chief, 1 lecturer, and 3 research associates. More than 20 members of our department shoulder the clinical work as pediatric surgeons.

## Clinical activities

Staffs higher than research associate level take charge of the out-patient clinic from Monday through Friday. The pediatric surgical outpatient clinic takes place in the same location as the pediatric outpatient clinic and we closely cooperate with pediatricians to diagnose and treat patients. We also have specialized outpatient clinics, liver and biliary tract clinics and a tumor clinic.

Recently, a second-opinion clinic has opened with careful detailed explanations and this has received a favorable reception.

Our ward is on the second floor south of the hospital A wing. Other pediatric surgical patients are also admitted to this ward. We have 16 beds in the ward and about 400 patients a year are hospitalized. Most operation cases are inguinal hernia, but we have other cases such as respiratory surgery disease, neonatal digestive organ obstructions, infant malignant tumors such as Wilms' tumor and neuroblastoma, biliary tract diseases such as biliary tract dilatation and biliary atresia, respiratory anomalies such as trachea stenosis and lung cysts, gastrointestinal anomalies, and urological disorders including hydronephrosis and vesicoureteral reflux.

We compare positively with Pediatric Surgery at other institutions that perform endoscopic surgery (laparoscopic surgery/thoroscopic surgery). We have developed an endoscopic surgery technique for pediatric diseases not covered by insurance to apply to advanced medical care. Furthermore, we surgically manage seriously ill mentally and physically handicapped infants and nervous system intractable disease patients to improve their quality of life, and we cooperate with pediatricians (neonatologists) to treat patients with prenatal diagnosis

## Education

We expose 1st and 2nd year students to our daily clinical work as well as research work during “Free Quarter” and “Research Lab Visit” courses. These students are guided to be concerned with clinical areas and are in charge of part of the research project. The students hold a results announcement party at the end of training. For M2 students, general pediatric surgery and neonatal surgery instruction is given by the professor and the lecturer.

An education program is also provided for M3 and M4 students for 5 days.

The bedside education of pediatric surgery consists of participation in clinical conferences, attendance at operations, and small group lectures concerning neonatal surgery, pediatric surgical oncology, pediatric hepatobiliary surgery, and pediatric emergency medicine which include the practice of cardiac

massage and intra-tracheal intubation using mannequins for practice.

We take charge of the core surgical curriculum in the “super-rotation” postgraduate training. We offer a program in which each resident can learn basic knowledge about pediatric surgical disease and surgery, and hemodynamic and respiratory evaluation as well as basic surgical techniques and patient management.

## Research activities

Professor Iwanaka has established a low invasive operation study group and developed experiments for endoscopic surgery using white rabbits in the animal resources research facilities. This study group tries to develop endoscopic surgery for infants. Prof. Iwanaka also provides a training program for infant endoscopic surgery for members of our department. In addition, he has started the project of robotic surgery to perform radical operation with laparoscopic surgery technique for biliary atresia. This group creates multiple functional forceps 3 mm in a diameter for robotic surgery system at first. And they are developing radical operation for long gap esophageal atresia by using the latest technique of NOTES (Natural Orifice Transluminal Endoscopic Surgery).

The regenerative medicine study group focused on the research on regeneration of trachea. A new laboratory in the Department of Tissue Engineering was founded to perform not only conventional animal experiments but also human experiments to fabricate a trachea in the clinical course.

The researches on development of animal models.

The tumor study group analyzes the genes related to tumor development and suppression. Further more, new tumor marker is studying by using tumor tissues and blood samples.

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# **Reproductive, Developmental and Aging Sciences**

## **3. Aging Sciences**



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# Department of Geriatric Medicine

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## Introduction and Organization

The Department of Geriatric Medicine was established in 1962, as the first geriatric department in Japan.

Since elderly patients tend to have multiple organ disorders, these patients should be taken care of as a whole from multiple points of view. In addition, symptoms, signs and responses to the treatment in the elderly patients could be quite different from the younger counterparts. Specific knowledge on the physiological and metabolic changes with aging is necessary when these elderly patients are treated. Quality of life of the patients is another point of view which should be emphasized. The department belongs to the division of Internal Medicine. The staff includes one professor, one associate professor, two lecturers, and 6 assistant professors.

Our sub-specialty includes pneumology, cardiology, neurology, hematology, endocrinology, and bone metabolism, besides geriatrics.

The main objective of our research is to elucidate the pathophysiology of aging process and to

understand elderly patients from viewpoints of basic aging science using molecular biology technique and clinical aspects using the recent advancement of technology and geriatric assessment.

## Clinical activities

In the clinical ward, there are approximately 20 patients who are taken care of by junior, senior and chief residents of our staff. Because senior and chief residents are very experienced, they team up with a junior resident, give instructions as to the assessment of the patient's problem, making of future plans, and help the residents with various procedures. Very important issues are discussed and decisions are made in weekly professor's round.

Specialized services are provided to out-patients on a daily basis in all areas of internal medicine. 352 new and a total of 18,528 patients visited the out-patient clinic in the last fiscal year.

## Education

Clinical education is provided for fifth and sixth year medical students on a man-to-man basis with a faculty staff member. During the period, the student studies one or two cases, through which the student learns the techniques of interrogation and physical examination, interpretation of laboratory tests, and actual medical procedures. Interpretation of the results of geriatric assessment is studied through lectures in a case-oriented manner with an emphasis placed on the multidisciplinary basis of geriatric patients.

## Research

Various studies have been done over a wide range of field, such as clinical observational studies or basic molecular studies.

- 1) Research on the molecular mechanism of vascular calcification
- 2) Regulation of vascular function by sex hormone
- 3) Molecular biology for the control of aging: Association of vascular and neuronal senescence and the role of Sirt1
- 4) Molecular biology and treatment of sarcopenia
- 5) Multicenter-investigation of the optimal treatment strategy for hypertension or lipid disorder in the elderly
- 6) Clinical study on metabolic syndrome in the elderly
- 7) Biomarkers of dementia, caregiver's stress and geriatric syndromes
- 8) Research on appropriate healthcare for the elderly including pharmacotherapy
- 9) Expression and regulation of nuclear receptors in osteoblast and osteoclast
- 10) Molecular mechanism under the treatment of osteoporosis
- 11) Genetic analysis of osteoporosis and osteoarthritis
- 12) Identification and functional analysis of the target gene networks associated with hormone responsiveness in prostate and breast cancers
- 13) Role of nuclear receptors in senescence and carcinogenesis
- 14) Molecular mechanism of vitamin K function and its roles in aging
- 15) Diagnosis and prevention of aspiration pneumonia
- 16) Novel roles of antimicrobial peptide, defensin
- 17) Adrenomedullin and airway hyperresponsiveness
- 18) Klotho protein and vitamin D in lung
- 19) Clinical investigation of sleep-related breathing disorder

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# **Surgical Sciences**

## **1. Surgery**

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# Department of Thoracic Surgery

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## History

Study on thoracic surgery has begun since 1916 when symposium on lung surgery was held at annual meeting of Japan Surgical Society. Clinical and basic researches of the thoracic surgery have been performed since the prewar era at the Second department of Surgery in this university. Professor Tsuduki, Masao adopted the modified Coryllos's thoracoplasty for the treatment of the pulmonary tuberculosis in 1934. In 1942, they initiated thoracoscopy for the treatment of the tuberculosis in our country. Before the world war II, thoracic surgery had been performed under spontaneous breathing. Since 1950 safer anesthesia with endotracheal intubation has been started in this university.

After the successful application of the antituberculosis drugs, surgical treatment of the thoracic malignant neoplasms was the major concern of the thoracic surgery. Case reports on surgical therapy for lung cancer has been present since 1920's in our country. In 1950, successful right pneumonectomy for the primary lung cancer in this university was reported. Surgical therapy for the mediastinal tumor was also begun in 1950. In 1954, thymectomy through median sternotomy has begun in our department.

The Department of Cardiothoracic Surgery, The University of Tokyo, was established in December 15, 1964 as the first department of this field along with the cardiovascular surgery in the Japanese national universities. Since then it has played an internationally leading role and contributed to development of the field in our country.

Professors and Chairs in the history of the department are as follows: Kimoto, Seiji (1964.12.15 ~ 1968.3.31), Saigusa, Masahiro (1968.4.1 ~ 1981.3.31), Asano, Ken-ichi (1981.4.1 ~ 1986.3.31), Furuse, Akira (1986.4.1 ~ 1997.3.31) and Takamoto, Shinichi (1997.6.1 ~ 2009.3.31). Nakajima, Jun has taken over the mission of the department since April 2011.

The Department of Cardiothoracic Surgery has been divided into two departments, Department of Cardiovascular Surgery and Department of Thoracic Surgery in 1997.

The mission of the Department of Thoracic Surgery is to cure the patients with diseases of the thoracic organs through clinical works, basic and clinical researches, and education of the medical students, postgraduates, and the surgical residents in our university.

## Clinical activities

Six staffs (Nakajima J, Sato M, Anraku M, Nitadori J, Nagayama K, and Kuwano H), who are certificated as members of the Japanese Board of General Thoracic Surgery, are in charge of the Department of Thoracic Surgery, University of Tokyo Hospital. They specialize in surgical treatment for diseases of the respiratory and the mediastinal organs and the chest wall, except for diseases of the esophagus and mammary glands.

Lung cancer is the leading cause of cancer death in our country: Ministry of Health, Labour and Welfare documented that number of deaths from malignant neoplasms in 2014 was approximately 380 thousand out of 1.27 million total deaths in Japan. Of them, 73 thousand people were killed by tracheal and pulmonary neoplasms.

Surgical therapy for non-small cell lung cancer (NSCLC) is thus the most important issue in our department. By the practice of treatment based on EBM, We perform basic training of thoracic surgery for medical school students, graduate students and clinical residents, as well as doing the professional education for training physicians who wish to become board-certified thoracic surgeons.

We have performed the modern-style thoracoscopy for the diagnosis and treatment of the thoracic disease with less surgical invasiveness since 1992 for safer treatment of older patients with cardiovascular and/or respiratory complications. We currently conduct a standard surgery for clinical stage IA/IB NSCLC, i.e. lobectomy and lymphadenectomy through thoracoscopy: In 2015, more than 90% of patients with NSCLC was the candidate for thoracoscopic surgery in our department. Researches on less-invasiveness, oncological advantage of the thoracoscopic surgery are thus actively done.

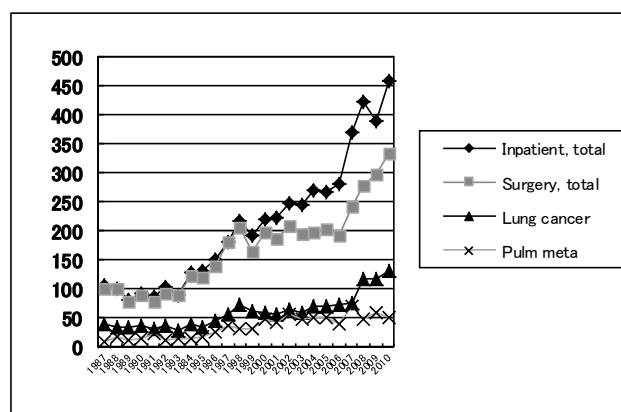
We also treat patients with advanced, unresectable NSCLC and those with recurrent NSCLC postoperatively by an immunotherapy. We are now performing a cell-transfer therapy with activated autologous gammadelta T-lymphocytes which has been approved by the Ministry of Health, Labour and Welfare.

Pulmonary metastasis represents far advanced malignant neoplasms of extrathoracic organs.

Pulmonary resection is an option for the treatment of pulmonary metastasis. We actively perform pulmonary resection through thoracoscopy on patients with pulmonary metastasis who are eligible for surgical therapy through thoracoscopy

Thymic epithelial neoplasms, such as thymoma and thymic carcinoma, show broad spectrum in the degree of malignancy. They also associated with paraneoplastic syndromes, such as the myasthenia gravis and the pure red cell aplasia. Although they are relatively rare diseases, we sought to establish the strategies on diagnosis and treatment of these diseases, which are still yet to be determined, from our clinical experiences of more than 200 cases with the diseases in our department. We hosted the annual meeting of Japan Association for Research on Thymus (JART) this year, and we are now actively participating a multiinstitutional study on malignant thymic epithelial neoplasms database led by JART.

Our hospital is certified as a lung transplant centers in March 2014. We started to register patients who were eligible for lung transplantation. We successfully performed the first case in Tokyo of living donor lung transplantation in April 2015: The patients had suffered from the interstitial pneumonia. In July 2015, We also succeeded in performing brain-dead donor bilateral lung transplantation on a patient who had suffered from the pulmonary hypertension.



(Figure) Number of inpatient, surgery (total), surgery of lung cancer, and surgery of pulmonary metastasis by year. Pulm meta, pulmonary metastasis



## Academic education

Medical students in the fifth grade have two-weeks' program on the clinical training of the thoracic and the cardiovascular surgery. They are able to participate the clinical clerkship of the thoracic surgery, an elective course for 4 weeks. We also conduct a further research training for medical students who like to study thoracic surgery. The Department of Thoracic Surgery also offers the 4-year postgraduate program for qualified surgeons who are willing to specialize in the thoracic surgery. We have a training program for surgeons who wish to be a board-certified thoracic surgeon after 4-year residency.

## Current researches

Main subjects of current research at present include basic and clinical studies on the malignant neoplasms in the thorax, and transplantation of the thoracic organs. Recently we conducted clinical studies on the immunotherapy with adopted gammadelta- T-cell for the treatment of the patients with unresectable or recurrent NSCLC.

The following are the major themes under research:

- (1) Minimally invasive surgeries for thoracic malignant neoplasms.
- (2) Image analysis of the lung cancer focusing on its degree of malignancy.
- (3) Global analysis of oncogenes and suppressor genes associated with lung cancer.
- (4) Application of new fluorescent agents for diagnosis of lung cancer.
- (5) Immunotherapy for lung cancer and malignant mesothelioma.
- (6) Single and multi-institutional studies on thymic epithelial malignant neoplasms.
- (7) Single and multi-institutional studies on surgical therapeutics for pulmonary metastasis.
- (8) Analysis on mechanisms of acute or chronic rejection of the allogeneic lung and trachea after allogeneic transplantation.
- (9) Research on donor lung preservation.

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# Department of Cardiac Surgery

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## Introduction and Organization

Cardiac surgery in the Department was initiated by Dr. Seiji Kimoto, who performed ligation of patent ductus arteriosus in June, aortic arch aneurysm resection in July and first-in-Japan Blalock-Taussig operation for Tetralogy of Fallot in October in 1951. He also started implantation of alcohol-preserved aortic homograft for abdominal aortic aneurysm in 1952, and closed commissurotomy for mitral valve stenosis in 1954. The first open heart surgery (atrial septal defect closure) was performed in 1955, using selective brain perfusion cooling method that was developed in the Department.

Establishment of Department of Thoracic Surgery in the University of Tokyo Hospital was approved by the government first in Japan December 15, 1964. Under the leadership of Professor Kimoto excellent research works were created especially on pacemaker and artificial heart, and many opinion leaders were produced. Dr. Masahiro Saigusa, the second Professor, endeavored to make open heart surgery safer by introducing new-generation heart-lung machines to

the Department. Dr. Kenichi Asano, the third Professor, started posterior-leaflet preserving mitral valve replacement first in Japan. He also dramatically improved surgical results of Tetralogy of Fallot. Dr. Akira Furuse, the fourth Professor, modernized management of extremely busy clinical works. During this time, the Department was divided into two Divisions, Cardiovascular and General thoracic, due to the University policy of Graduate-school.

Dr. Shinichi Takamoto assumed the fifth Professor in June 1997. He rearranged clinical teams into three groups (adult cardiac disease, thoracic aortic disease and congenital heart disease) to adapt the rapid progress of cardiovascular surgery. Dr. Minoru Ono was elected as the sixth Professor in November 2009. Additional clinical team of treatment of advanced heart failure was established to cope with an increasing number of patients who require ventricular assist device treatment. Present staffs are one Chief Professor, one Associate Professor and three Lecturer and eight Associates.

## Clinical Activities

Clinical conference starts at 7:15 am in weekdays. Regular surgery is scheduled on Monday, Wednesday and Friday. Patient round is on Tuesday. Adult patients are hospitalized in the South Wing of 5<sup>th</sup> floor, and pediatric patients in the South Wing of 2<sup>nd</sup> floor. Clinics are open Monday through Friday for the follow-up visit as well as for patient referral.

Case volume in recent years has been about 340, which is one of the highest in Japan. We are leading in Japan by showing excellent surgical results. There are eight Board-certified surgeons, each of whom has his own subspecialty among adult cardiac, thoracic aortic or congenital heart disease. We are famous for off-pump coronary artery bypass surgery, mitral valve plasty, ventricular assist device implantation, aortic valve sparing root replacement, arch replacement using retrograde cerebral perfusion, treatment of extended thoracic aortic aneurysm and repair of complex congenital heart diseases, such as Jatene, Fontan and Norwood operations. Transcatheter aortic valve replacement was initiated in 2015. Several high-risk very old patients with aortic valve stenosis were successfully treated.

The University of Tokyo Tissue Bank was founded in 1997, based on the Department of Cardiovascular Surgery. The Bank has been actively promoting procurement, preservation and shipping of human valve and blood vessel allograft in Japan. We take the lead in surgical treatment using allograft for severe active endocarditis or infection of aortic aneurysm or vascular prosthesis. Surgical treatment using allograft was approved as advanced medical technology by the Government in 2006. As of March 2015, 67 cases of heart transplantation and more than 210 cases of ventricular assist device implantation were performed in The University Hospital with excellent long-term survival.

## Teaching Activities

We have the chair of systematic review of cardiovascular surgery in the spring term at the 2<sup>nd</sup> grade of medical course. We also take charge in clinical practice on diagnosis of cardiovascular disease in the autumn term at the 2<sup>nd</sup> grade. We expose the students to daily clinical works as well as research

works during the course of “Free Quarter” and “Research Lab Visit”, which are scheduled in the summer and spring vacations at 1<sup>st</sup> and 2<sup>nd</sup> grade. Joint lectures with the Cardiology Department are scheduled 3<sup>rd</sup> through 4<sup>th</sup> grades. Each student is assigned one or two cardiovascular surgical cases in the Regular Clinical Clerkship, in which he/she is required to learn preoperative patient evaluation and management, surgical treatment and postoperative care, based on participatory practice. There are also fifteen small key-lectures on cardiovascular surgery. Hands-on practice is provided during the Advanced Clinical Clerkship one-month course in the last months of 3<sup>rd</sup> grade.

We take charge in core surgical curriculum in the “Super-rotation” postgraduate training. We offer a program in which each resident can learn basic knowledge of cardiovascular disease and surgery, and hemodynamic and respiratory evaluation as well as basic surgical techniques and patient management. Residents who take the course of cardiovascular surgery are required three-year general surgical training for General Surgery Board certification. We have well-developed specialty/ subspecialty training programs to allow the residents to pass Cardiovascular Board Examination by 10-11<sup>th</sup> postgraduate year.

## Research Activities

In order to achieve excellent clinical results and to seek for new possibilities of surgical treatments, it is essential for cardiothoracic surgical department of the University to have active research programs in clinical and basic subjects. The Cardiothoracic Department of the University of Tokyo has created highly active research programs in the every field of cardiothoracic surgery, played an internationally leading role and contributed to its development. A research meeting is held once a month on a research project for every member of the department to understand and to make free thorough discussions of the subject.

Basic and/or clinical research activities are focused on 1) establishment of recovery and weaning protocols of left ventricular assist device, 2) basic and clinical research on cryopreserved allograft, 3) application of regenerative medicine to end-stage heart failure, 4) mechanism analysis of right heart

failure and development of effective pharmacological therapy, 5) development of versatile suture device, 6) clinical research for new drug for spinal cord ischemia, 7) clinical research to test the safety and efficacy of artificial pancreas during open heart surgery.

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# Department of Gastrointestinal Surgery

## Professor

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## General Affairs:

Since 1997, the former Third Department of Surgery, which was located in a branch hospital of the University of Tokyo, has been divided into two departments, the Department of Gastrointestinal Surgery and the Department of Metabolic Care and Endocrine Surgery, in line with the integration of the main and branch hospitals the elevation to a department in the graduate school of medicine at our university. Our research activities in both departments have been well organized and ultimately successful by maintaining a close connection.

With the prolongation of life expectancy, there are increasing numbers of multi-morbid patients requiring multi-organ treatment, as well as a greater need for multidisciplinary approaches to the patients. Our clinical and research activities have for the most part received the cooperation of members in the Department of Metabolic Care and Endocrine Surgery as well as those in other surgical departments at the University of Tokyo.

Our fundamental principles of patient treatment are comprehensive patient care which includes pre-, peri-,

and postoperative management of the diseases as well as patient care over long-term postoperative periods which often extend to the terminal stage. We believe that patient care encompassing the entire lifespan provides a wealth of valuable information concerning the appropriateness of current treatment strategy, the establishment of new surgical designs, the development of new basic research activities which can much contribute to clinical fields, and indications of desirable modes of terminal care.

Fostering good surgeons as well as scientists who meet both clinical and academic needs has always been the guiding principle of our Department.

## Educational Activities:

The new system of clinical clerkship for medical students has begun from 2013. During those periods, the students are educated strictly and gently by staffs. Clinical exercises, e.g., blood sampling, injection, and ligation, etc, are performed. They can attend the operations as an assistant.

They learn general patient care which encompasses not only perioperative management of diseases but



also non-surgical management of postoperative disorders and terminal care. Our educational system provides medical students with a great deal of practical information from the medical point of view as well as better opportunities to ponder the implications of life and death.

For the medical students, the clinical clerkship lectures are held two or three times a week. The experts (from outside hospital) other than the staff give special unique and informative lectures, which are popular among the students.

Junior residents rotate every three months. After completion of their initial training program, they go into a further clinical training program for several consecutive years and become a chief resident. We have also several postgraduate students who are mainly engaged in research work. Their research works are under supervision of the Professor.

## Research Activities:

Our goal is to cure the cancer patients by much better surgery. The development of better surgical methods has the highest priority. Better surgery means radicality of the cancer control, minimal invasiveness, and good QOL after surgery. Recently, non-transthoracic radical esophagectomy with extended lymphadenectomy (NOVEL) has been applied, which shows less pulmonary complications and good respiratory functions after surgery. New methods of endoscopic full-thickness resection (NEWS) has been developed for some gastric tumor as a collaboration of endoscopy and laparoscopy. The elimination of the pulmonary complications after esophagectomy and the detection of minute metastasis for the establishment of better surgery are also our important targets.

Another main research activities of the department of Gastrointestinal Surgery has been focused on diagnosis and therapy for gastrointestinal diseases and clinical and basic research for gastrointestinal carcinogenesis from the view point of "Surgery and Inflammation". The department's research activities have focused on a wide spectrum of research topics, ranging from basic research topics to clinical ones. Our research activities have been well organized and ultimately achieved by maintaining a close connection between hospital and laboratory activities. Our

medical staffs make every effort to promote the research activities and obtain successful results.

## Clinical Activities:

We have outpatient clinics from Monday through Friday. We have specialized divisions for outpatient management of esophageal, gastric diseases. The ward is divided into four subgroups, and each of them has one medical staff for supervision, one assistant supervisor, one chief resident, and one or two junior residents in rotation. They are on duty for daily patient care under the supervision of medical staffs. Ordinary, each subgroup takes care of 10-15 patients.

We have our own multidisciplinary disease evaluation systems for inpatients and outpatients, such as endoscopy for upper and lower gastrointestinal tracts, and barium roentgenogram. These multidisciplinary services provide good opportunities to evaluate the diseases systematically from the surgeon's standpoint.

The weekly official activities of our department are Ward Rounds by the Professor on Monday. We have post- and preoperative case conferences on Wednesday, Thursday, and Friday morning, respectively, and a journal club on Monday. We also have a specialized upper gastrointestinal case conference on Wednesday evening. And, cancer board is held bi-weekly, where the radiologists and endoscopists as well as surgeons attend together and have discussions frankly.

Generally, elective surgery is scheduled on Tuesday, Wednesday and Thursday. The statistics shows more than 150 gastric and 50 esophageal cancer surgeries performed a year, respectively. And, hernia surgery is usually performed, also. All residents and medical personnel work many extra hours with high motivation whenever it is necessary for the good of the patients.

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# Hepato-biliary-Pancreatic Surgery Division and Artificial Organ and Transplantation Division

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<http://www.h.u-tokyo.ac.jp/transplant/>

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## 1. Introduction and Organization

The Hepato-Biliary-Pancreatic Surgery Division, Artificial Organ and Liver Transplantation Division, Department of Surgery (HPB Surg Division) is originated from Second Department of Surgery (2nd Dept of Surg), which was established in 1893. This department has a history of 120 years and has made tremendous contribution to the Japanese surgical advancement, such as the foundation of Japanese Surgical Society. As departments in the style of graduate school have been increasingly founded in The Tokyo University, and organ-specific medication has been progressively recommended, 2nd Dept of Surg has been replaced to HPB Surg Division since June 1st, 1998.

## 2. Clinical Activities

Our division deals with patients with hepato-biliary-pancreatic malignancies, liver cirrhosis, and HBP benign diseases. We perform about 170 hepatectomies for HCC and colorectal mets, 60 Whipples, and 20 liver transplantations, mainly from living donors. The overall number of operation is about 510/year. Elective operations are carried out on Monday,

Wednesday and Friday. The perioperative management is strictly controlled, with nearly zero mortality. Adjuvant chemotherapy is performed in a style of prospective clinical trials.

## 3. Education

Education for medical students includes systematic lectures of surgery for M2 students, and clinical lectures and bed-side practice for M3 and M4 students, in accordance with other surgical and non-surgical departments. Since 2013, the bed-side practice was rearranged as “Clinical Clerkship,” more practical medical training than conventional “Bed-Side Teaching”. Our division precedes Clinical Clerkship in the Tokyo University Hospital, and recommends students to aggressively attend the surgical activities.

Clinical Clerkship is designed to consist of 2 parts; 2 weeks clinical practice in Tokyo University and 1 week practice in other hospitals. Medical students are expected to join the surgical team and the surgical operations. They can learn about preoperative examinations & care of the patients, informed consents, diagnosis, presentation at the conferences, operative procedures, and postoperative managements. They

also are expected to submit a report on a theme of specific surgical topics.

## 4. Research

We have published papers on Hepato-Biliary-Pancreatic Surgery and liver transplantations 50/year. The ongoing topics involve clinical application of ICG fluorescent images, especially for visualization of biliary trees, hepatic tumors, hepatic hemodynamics, prospective clinical trials of adjuvant chemotherapy for hepatocellular carcinoma, metastatic colorectal cancer, neoadjuvant chemotherapy for borderline resectable pancreatic cancer, utility of contrast-enhanced intraoperative ultrasonography, and pre operative navigation for hepatic surgery.

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# Department of Urology

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## Introduction and Organization

Urology is a special field of clinical medicine covering the diseases of the adrenal gland, the kidney, the urinary tract and the male genital system by means of a surgical procedure as well as an approach of internal medicine. In addition, urology encompasses pediatric urology, neurourology, female urology, renal transplantation, renal vascular surgery, endocrine surgery and geriatric urology. For this reason, urology requires the scientific background of oncology, nephrology, endocrinology, andrology, immunology, pediatrics, histology, microbiology, neurology and gerontology. Now we have commenced to utilize cellular and molecular biology to develop the research in urology. It is expected for our department to devote to the scientific progress in the frontier of urology.

In recent years, we have been taking international leadership in applying the new and minimally invasive treatment modalities. They are exemplified by

endoscopic management of the diseases in the upper urinary tract, ESWL or laser lithotripsy for urolithiasis, hyperthermic and laser therapies for BPH, and minimum incision endoscopic or laparoscopic adrenalectomy, nephrectomy, and robot-assisted prostatectomy substituting open procedures.

## Clinical activities

There are 44 beds in the ward (8th floor of the central-ward-building). The professor, associate professors, lecturers and associates are involved in in-patient and out-patient cares and teaching of the students as well as research activities. Clinical visiting professors are mainly engaged in the teaching. The residents take care of all the patients on 24-hour a day basis. Associate staff members team up with the residents on a man-to-man basis. The total number of inpatients was about 1,200 from January 2015 to December 2015. Elective operations are performed on Tuesday,



Wednesday and Thursday. 1,466 operations were performed in 2015. The numbers of main operations are adrenalectomy 21, nephrectomy 41, partial nephrectomy 36, nephroureterectomy 35, radical cystectomy 21, radical prostatectomy 138, transurethral resection of the bladder tumor (TUR-Bt) 140, transurethral resection of the prostate (TUR-P) 17, laparoscopic surgery 66, and Robot assisted surgery 143 (radical prostatectomy 138, partial nephrectomy 5).

At the weekly professor's round on Wednesday, data of all in patients are presented and appropriate treatment strategies are recommended for them. On Wednesday evening, a clinical conference is held for discussing cases with difficult problems in detail and the best treatment is chosen for each case.

In out-patient clinic, services are provided from Monday to Friday. Patients assigned to specialized services as renal tumor, adrenal surgery, bladder cancer, prostate cancer, andrology, neurourology, urolithiasis, kidney transplantation, second opinion, pediatric urology and female urology receive sophisticated care on the particular day of the week.

The total number of out-patients was 24,000 patient-days from January 2015 to December 2015.

## Teaching activities

Systematic urological lectures are provided for second year medical students. Both clinical lectures and bed side teaching are scheduled for third and fourth year medical students. Thirteen times of systematic lectures are performed by professor, associate professors and instructors concerning their specialties.

Bed side teaching is concentrated on practical care of the patients. Teachers give lectures mainly regarding pre- and post-operative management, indication of operation, surgical anatomy and surgical techniques.

## Research activities

There are 9 research themes for research as below. The basic principles for research are program in surgical techniques and therapy for incurable diseases, which include advanced cancer, renal insufficiency, sexual dysfunction, and interstitial cystitis. We have published approximately 50 English papers every year.

Renal tumor

Urolithiasis

Kidney Transplantation

Prostate diseases

New surgical technique

Urinary disturbance/ Female Urology

Andrology

Virology

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## Introduction and Organization

In 1995, a new system for postgraduate education was introduced. The First Department of Surgery was reorganized to form the Department of Surgical Oncology and the Department of Vascular Surgery. The staff of the Department of Surgical Oncology consists of one Professor, three Lecturers and eight Assistant Professors. The outpatient office is located on the third floor of the Outpatient Building. The ward is situated on the eighth floor of the Ward Building. The administrative office and research laboratories are located in the Administration and Research Building. Current activities of the Department of Surgical Oncology in clinical practice, education, and research are summarized as follows.

## Clinical activities

The Department of Surgical Oncology provides comprehensive evaluation, diagnosis, treatment and management for adult patients with both general and oncologic surgical problems, in the ambulatory as well as inpatient setting. In particular, we are trying to identify the best way to treat each patient with the least surgical stress by minimally invasive surgery

such as laparoscopic surgery and robotic surgery (da Vinci Surgical System), and preoperative chemoradiotherapy for rectal cancer. The department is also well known for its innovative therapy for inflammatory bowel disease. Department specialists have expertise in biological cancer immunotherapy, chemotherapy for a variety of malignancies, and radiotherapy for rectal cancer. The outpatient clinic is open from Monday through Friday, and twenty-four-hour consultation is available for urgent or emergency problems.

The outpatient clinic is specialized in the lower GI tract. The Department was responsible for 483 surgically treated inpatients in the year of 2015. On Monday, Wednesday and Friday mornings, pre- and post-surgery conferences are held, and the Professor's Round takes place after the conference every Wednesday. Operating days are Monday, Tuesday and Thursday. In addition to the clinical conferences, research conferences are held every Monday morning. Each research unit holds its own conference every week. Over 1200 colonoscopies are performed for a year. The newest technologies are introduced for diagnosis and treatment of colon and rectal cancer and long-term surveillances for inflammatory bowel disease are performed.

## Teaching activities

The Department of Surgical Oncology also offers a fellowship in surgical oncology for well-qualified surgeons who have completed their training in general surgery and wish to further specialize in surgical oncology. The Department of Surgical Oncology has a Surgical Oncology Training Program and provides broad reaching experience in technical aspects of diagnosis, treatment and management for adult patients with both surgical and oncologic problems, development of surgical judgment, and increasing knowledge about routine and complex conditions. In addition, the dedicated staff allows multiple opportunities for academic development both along clinical and basic scientific lines.

In the undergraduate education program, our department plays a role in the systemic lecture and in the clinical introduction lecture for the 2nd year medical students. We offer the clinical lectures and the bedside learning program for 3rd year medical students, in cooperation with other departments of surgery. In the systemic lectures on surgery, various fields were covered such as surgical oncology and immunology, injury, somatic reaction to surgery, infectious diseases, shock, pre- and post-surgical management and nutrition. In the clinical lectures, we presented many diseases such as colon cancer, colonic polyp, colonic polyposis and ulcerative colitis. In the postgraduate education program, new residents are trained to become qualified surgeons. In addition to pre- and post-surgery clinical conferences, the residents are expected to attend research conferences and seminars, which are held periodically. They are also asked to present cases at clinical meetings, which are held locally such as the local meeting of the Japanese Society of Gastroenterology.

## Research activities

We apply the techniques used in molecular and cellular biology to our research. The following are the major themes under research.

- 1) Preoperative radiotherapy in lower rectal cancer
- 2) Cancer surveillance in ulcerative colitis
- 3) Carcinogenesis in ulcerative colitis
- 4) Laparoscopically assisted colon surgery
- 5) Local immunity in colorectal cancer
- 6) Genetic analysis of colorectal cancer and adenoma
- 7) Prognostic factor of early colorectal cancer
- 8) Surveillance program following colectomy for colorectal cancer
- 9) The mechanism of liver metastasis of colorectal cancer
- 10) Dendritic cell Immunotherapy for advanced cancer
- 11) Cancer Immunotherapy targeting to the tumor vessels
- 12) Role of LPA S1P and productive enzymes in tumor metastasis
- 13) Lipid metabolism in carcinogenesis and tumor progression
- 14) Role of peripheral nerve on the growth of gastrointestinal cancer
- 15) Genetic analysis on sensitivity to chemotherapeutic agents
- 16) Hemostasis and fibrinolysis in Oncology
- 17) Adiponectin and adiponectin receptors in Oncology
- 18) Intraabdominal chemotherapy for peritoneal metastasis of gastric cancer
- 19) Pharmacokinetics in intraperitoneal chemotherapy
- 20) Fibroblast Growth Factor (FGF) in inflammatory bowel disease
- 21) Genetic analysis of undifferentiated colorectal cancer
- 22) High Frequency Ultrasonography (HIFU) for solid cancer
- 23) Quantitative analysis of intraperitoneal cancer cells in peritonitis carcinomatosis
- 24) Immunomodulation in chemoradiotherapy for locally advanced rectal cancer
- 25) Autophagy in Oncology
- 26) Robot assisted laparoscopic colorectal surgery (da Vinci)
- 27) Postoperative defecation function, urinary function, and sexual function after rectal cancer surgery

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# Department of Vascular Surgery

## Professor

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## Introduction and Organization

In 1995, a new system for postgraduate education was introduced. The First Department of Surgery was reorganized to form the Department of Vascular Surgery and the Department of Surgical Oncology. The staff of the Department of Vascular Surgery consists of one Professor, one Lecturer, and three Assistant Professors. The outpatient office is located on the third floor of the Outpatient Building. The ward is situated on the eighth floor of the Ward Building. The administrative office and research laboratories are located in the Administration and Research Building. Current activities of the Department of Vascular Surgery in clinical practice, education, and research are summarized as follows.

## Clinical activities

The Department of Vascular Surgery has an extensive clinical program in both primary and tertiary care for vascular problems, and manages patients with peripheral arterial occlusion, abdominal and thoraco-abdominal aortic aneurysms, peripheral aneurysm, visceral arterial occlusion, carotid artery disease and common disorders of the venous circulation such as varicose veins and venous leg ulcers. State-of-the-art techniques of percutaneous transluminal angioplasty, angiography and intraoperative ultrasonography are available for the treatment of peripheral arterial

disease. And endovascular aneurysm repair was also available for the treatment of abdominal aortic aneurysm. The outpatient clinic is open from Monday through Friday, and twenty-four-hour consultation is available for urgent or emergency problems.

Included in the department is the non-invasive Clinical Vascular Laboratory, which sees over 500 patients per year, with broad reaching expertise in peripheral vascular diagnostic modalities. Also the department has an active angiography program, which encompasses all aspects of diagnostic and therapeutic intervention in over 500 patients per year and a full range of other support and collaborative services.

On Monday, Wednesday and Friday mornings, pre- and post-surgery conferences are held. Operating days are Monday, Tuesday and Thursday. The vascular clinical conference is held every Tuesday evening.

## Teaching activities

The Department of Vascular Surgery also offers a fellowship in vascular surgery for well-qualified surgeons who have completed their training in general surgery and wish to further specialize in vascular surgery. The Department of Vascular Surgery has a Vascular Surgery Training Program and provides broad reaching experience in technical aspects of vascular surgery, development of surgical judgment, and increasing knowledge about routine and complex

conditions. In addition, the dedicated staff offers multiple opportunities for academic development both along clinical and basic scientific lines.

In the undergraduate education program, the Department of Vascular Surgery plays a role in the systemic and clinical lectures and the bedside learning program for 3rd year medical students, in cooperation with other departments of surgery. In the postgraduate education program, new residents are trained to become qualified surgeons in our department. The Department of Vascular Surgery is involved with the education program of the post-graduate education meeting, which is held monthly. In addition to pre- and post-surgery clinical conferences, the residents are expected to attend research conferences and seminars, which are held periodically.

## Research activities

The Department of Vascular Surgery includes major research laboratories for academic development both along clinical and basic scientific lines. The clinical vascular laboratories are approaching completely non-invasive testing for vascular disorders, analyzing essential physiologic information about the specific problems being addressed. The basic vascular laboratories are actively performing research on endothelial biology, the mechanism of intimal hyperplasia, microcirculation, application of gene therapy to vascular surgery and vascular prosthesis development. Vascular research meeting is held every month on Saturday morning. The following are the major themes under research.

- 1) Navigation system for less invasive vascular surgery
- 2) Pathophysiology of the development of the aneurysm
- 3) Pathophysiology of stent restenosis
- 4) Analyzing the intercellular transmission of the growth signal in the vascular smooth muscle cells
- 5) Tissue oxygen dynamics assessed by near infrared spectroscopy
- 6) Genome wide-association studies for arteriosclerosis.
- 7) Pharmacological analysis of microcirculation in in-vivo model
- 8) Mechanism of arteriogenesis in ischemic limb.
- 9) Development of a new drug delivery system for therapeutic angiogenesis
- 10) Hemodynamic analysis after endovascular aneurysm repair
- 11) Introduction of gene into vascular wall cells by electroporation
- 12) Application of nano technology for in-vivo gene transfer to vascular wall cells
- 13) Basic research for arterialization of artificial organ
- 14) Development of a new method for evaluation of limb ischemia
- 15) Development of a new machine for auto-evaluation of in-vivo endothelial function
- 16) Creating strategy for diagnosis of acute aortic syndrome.
- 17) Analysis of ambulatory system and muscle mechanics in claudicants with peripheral artery disease.
- 18) Modeling of saccular aneurysm with the computational simulation.

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# Department of Metabolic Care and Endocrine Surgery

## Professor

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## Homepage

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### Organization

Our section is staffed by one professor, one associate professor, and four assistants. Official activities of our sections are run by same schedule to Department of Gastrointestinal Surgery.

### Clinical Activities

Endocrine Surgery is not familiar with Japanese yet, however, it has been a long time to be studied this area by top level surgeons in western countries. We have started our activities for this area since 1987 and our department has been established with reconstruction of our hospital structure in 1997. This is a result of the growth of demand nationally and internationally and it is caused by not only treatment for malignant disease but also functional one or giving more attention to quality of life.

Professional skill and wider knowledge of endocrine system are required for this area. Diseases we treat at our department are breast, thyroid, and parathyroid. In additional to treatment for malignant cases of these diseases, we perform surgical procedures for hyper-functional diseases. We co-work with the department of endocrine internal medicine and have about 250 surgical procedures annually in total.

In breast surgery, more than a half of the mammary cancer patients undergo the breast-preserving surgery. In addition, sentinel node navigation surgery has been adopted, resulting in better quality of postoperative life. Reconstruction surgery for the breast cancer is likely to provide much better QOL. In this field, we have started collaboration with the Department of Plastic Surgery. Chemotherapy, hormone therapy and molecular- targeting therapy play important roles in treatment of the breast cancer. We have accumulated a lot of experience and achievement in this field.

Our clinical themes are 1) establishment of safe procedures for endocrine surgery without complications; 2) diagnosis and treatment of micro-breast lesions under ultrasonographic guides; 3) preoperative diagnosis for thyroid neoplasmas and breast tumors.

### Research Activities

We investigate wide areas related to breast cancer, thyroid disease, and parathyroid disease. Most of our studies are performed with other good instituteions.

- 1) Breast cancers originating from the axillary region.

- 2) Quantification of the hardness of breast cancer using ultrasonography.
- 3) Clinical significance of Ki67 in the area of early breast cancer.
- 4) Clinical evaluation for the developing drugs in breast cancer and thyroid cancer.
- 5) Studies in the area of sentinel node biopsy in breast cancer.
- 6) Studies about management of the toxic effects of chemotherapies.
- 7) Cover makeup studies for cancer patients.
- 8) Cancer epigenesis in thyroid cancer.
- 9) Cancer stem cells in breast cancer.
- 10) Quantification of HER2 expression using Digital PCR.
- 11) Development of molecular target drugs in the area of TGF beta

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# **Surgical Sciences**

## **2. Sensory and Motor System Medicine**



# Department of Dermatology

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## Introduction and Organization

The Department of dermatology celebrated its 100th anniversary in 1990. Originally it was founded as the Department of Dermatology and Urology, which also encompassed venereology. In 1946, the Department of Dermatology was separated from that of Urology. Regarding venereology, sexually transmitted diseases only related to skin manifestations are now dealt with in our department.

The professor, two associate professors, three lecturers, two hospital lecturer and seven associates take part in inpatient and outpatient cares as well as research and teaching activities. Fifty-two doctors who basically belong to our department are currently out in affiliated hospitals mainly engaged in clinical works there. Additionally, eight staff members are abroad at present, mainly involved in advanced research activities in cell biology and molecular biology.

## Clinical Activities

In the outpatient clinic we see around 200 patients a day. Incisional and excisional biopsies are frequently performed under local anesthesia at the outpatient operation facilities belonging to our department. Clinical and histological discussions by all staff members including Professor and Associate Professors are held regularly, which always gives us invaluable lessons.

Concerning the inpatient clinic, there are about ten staff members under the supervision of the ward-chief. Surgical operations such as removal of malignancies and skin grafting that require general anesthesia are also performed weekly in the central surgical facilities.

## Education

We have twenty dermatologists who are studying in the postgraduate course under the guidance of staff members of our department.

In addition to series of lectures, clinical education is provided for fifth- and sixth- grade medical students, which aims at giving a general introduction for how to make dermatological approaches for diagnosis and treatment, with a stress on learning how to observe and describe a variety of skin eruptions. Actually the students are supposed to see patients in outpatient clinic every day for an entire week, as well as to participate in the inpatient clinic.

## Research

Each specialized outpatient service reflects its own research field in a disease-oriented manner. However, those specialized groups performing their own clinical and research activities are never exclusive, and there are increasing communications with other departments such as internal medicine and blood transfusion service as well as intergroup communications. Recent advanced techniques in cellular, molecular biology and our newly established laboratories, will enable us to organize optimal research conditions.

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# Department of Plastic and Reconstructive Surgery

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## Organization

The present faculty of the Department of Plastic and Reconstructive Surgery consists of 1 professor, 2 lecturer, 1 project lecturer, 6 associates, 4 physicians, and 6 residents. There are about 100 doctors in the department, but most are serving in rotation at affiliated hospitals.

The outpatient clinic is located on the 3rd floor of the outpatients building, while there are wards with about 20 available beds on the 10th floor in the New Ward. Our faculty room is located in the Medical Laboratory Building and laboratory rooms in the East Laboratory Building.

The present status of the educational, research and clinical activities of the department is as follows.

## Clinical Activities

The outpatient clinic is opened every morning from Monday to Friday. There are several specialized clinics for trauma, scars and keloids, facial paralysis,

hand, replantation, microsurgery, breasts, head and neck reconstruction, cleft lip and palate, craniofacial malformation, congenital anomalies, vascular malformations, lymphedema, and cosmetic surgery including cosmetic dermatology. Each week, the professor goes the round of inpatients on Tuesday evening. Preoperative and postoperative conferences and seminar that all members of the department should attend are held on Wednesday evening.

## Teaching Activities

In regard to pregraduate education, the department has the duty of lecturing to 2nd and 4th year medical students, and also of instructing 4th medical students in bed side practice. The subjects taken up in the lectures include general concepts of plastic surgery, wound healing, congenital malformations, skin grafts and flaps, microsurgery, head and neck reconstruction, hand surgery, craniomaxillofacial surgery, burn and trauma, cosmetic surgery, and regenerative medicine. In the bed side practice the students have the

opportunity of seeing various diseases and disorders in the field of plastic surgery and attending outpatient clinics, surgical operations and clinical lectures by faculty members. For graduate school students, microsurgical training program is undertaken in the laboratory room. In the postgraduate course, after completing the 6-year training program, a trainee can sit for the board examination of the Japan Society of Plastic and Reconstructive Surgery. In addition, we accepted 31 observers from foreign countries including China, United Kingdom, United States, Korea, Thailand, Spain, Belgium, Taiwan, Canada, India and Australia.

## Research Activities

Basic and clinical researches are performed in groups. The major research subjects are as follows:

- 1) Studies on cell isolation from human tissue such as adipose, amnion, and placenta.
- 2) Studies on mechanism of hypermelanogenesis of the skin.
- 3) Studies on differentiation induction of human adult stem cells from adipose, amnion, and placenta
- 4) Characterization of human adult stem cells and dermal papilla cells.
- 5) Studies on hair regrowth using epidermal stem cells and dermal papilla cells.
- 6) Clinical studies on fat regeneration using suctioned fat tissue and adipose stromal progenitor cells.
- 7) Studies on biological function of extracellular matrix taken from human adipose tissue.
- 8) Studies on angiogenesis using human adult stem cells from adipose.
- 9) Studies on chondrogenesis and osteogenesis using human fibrin and adipose stromal cells.
- 10) Studies on molecular mechanisms of vasculogenesis and angiogenesis in the mouse embryo.
- 11) Studies on molecular pathogenesis of holoprosencephaly using a mouse model.
- 12) Studies on MMPs and TIMPs expressed in keloid.
- 13) Studies on the cultured epidermal cells and the cell adhesive function.
- 14) Studies on clinical application and growth factor extraction of a fluid from continuous suction drainage.
- 15) Studies on mechanism of biological effects of retinoids on epidermis and dermis.
- 16) Studies on regeneration of peripheral nerves.

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# Department of Oral-Maxillofacial Surgery

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## Introduction and Organization

Department of Oral and Maxillofacial Surgery, commenced by Dr. Hisashi Ishihara in 1900, is one of the oldest departments in Graduate School of Medicine, the University of Tokyo. This department consists of wide variety of specialists, such as oral surgeons, orthodontists and prosthodontists. We handle all diseases in the oral-maxillofacial region, such as congenital anomalies, jaw deformities, benign and malignant tumors, trauma and inflammation. Dental care for the patients who have systemic disorders or under medical control is another field of our department. Multidisciplinary treatment teamed by these specialists is characteristic and has performed excellent results in clinical works. In research fields, all staffs participate in the clinical and basic research to support the treatment scientifically and to develop new treatment protocols, and we have mainly performed the experimental studies on the regener-

ative abilities of tissues such as bone, periosteum, cartilage, perichondrium, vessels, nerve, and skin. At present, we are focusing on tissue engineering in research works especially in bone, cartilage and vessels. Professor Takato had established Tissue Engineering Division in the University of Tokyo Hospital and our department has an endowment department: Department of Cartilage and Bone Regeneration (FUJI SOFT Inc.). The department has 1 associate professor, 1 assistant professor, and several graduate students. These staffs are focusing on translational research works in maxillofacial regions.

## Clinical activities

In the outpatient clinic, we have 12 dental treatment booths, one operation room and one speech therapy room. Average number of patients treated at outpatient clinic is approximately 100 per day.

Our department has two sections mainly; one is oral and maxillofacial surgery and another is dental and orthodontic dentistry.

In outward dispensary, oral surgery section performs dental surgeries such as extraction of impacted teeth, amputation of infected dental root and gingivoplasty in the operation room. Patients who had been performed surgical treatment are also followed up after release from the hospital.

Dentistry and orthodontic dentistry performs facial growth control and tooth movements for patients with congenital orofacial anomalies such as cleft lip and palate, jaw deformities and other congenital deformities. Speech therapy for the patients with cleft lip and palate is also performed by speech therapists in our department.

Special section for patients of congenital deformities is on Monday afternoon examined by plastic surgeon, oral and maxillofacial surgeons, orthodontists.

In the ward, we have approximately 400 new inpatients and surgical treatment is performed on approximately 300 cases per year. The main surgical treatments are chilooplasty and plateplasty for cleft lip and palate patients, bone grafting in alveolar cleft, orthognatic surgery of orofacial deformities, fixation of orofacial fractures, resection of malignant tumors combined with reconstruction surgery.

Peculiarity of our treatment strategy is team approach that consists of oral and maxillofacial surgeons, orthodontists and prosthodontists. In our department, patients with congenital dento-facial deformity are treated by utilizing several techniques such as distraction technique, autologous bone graft technique, and the original artificial bone graft technique in addition to orthognatic surgery. The original bone graft is made from patient's three dimensional images of CT data and this technique is now applied for patients.

## Education

Teaching activities are divided into two parts; for undergraduate medical students and for postgraduate dental students. For undergraduate students, we make 5 systematic lectures in their second year of specialized course, and one lecture and one week bedside

learning in final year. Through these curriculums, we demonstrate the characteristics and treatments of the diseases in oral-maxillofacial region. Teaching is focused on following points; congenital anomalies such as cleft lip and palate and branchial arch syndromes, dentofacial deformities caused by developmental and acquired problems, surgical resection and functional reconstruction of benign and malignant tumors, temporomandibular joint disorders, inflammation and maxillofacial trauma. Minimum dental knowledge concerning jaw movement, tooth pain, periodontal disease, malocclusion and dental restorations are instructed.

For postgraduate dental students, we have two-year-resident course. This course aims to train for a wide range of dental treatments and to learn about medical cares. Various specialists instruct dental treatments for them in outpatient clinic. Dental caries treatments, periodontal cares and applications of dentures are instructed. Tooth extractions and orthodontic treatment are instructed by oral surgeons and orthodontists. Medical cares in the ward are taught by medical doctors and oral surgeons.

After two-year residential course, research training at postgraduate school is positively recommended. Our aim for education of clinician is to raise up specialists mastered both clinic and research skills.

## Research

Our research project consists of clinic and basic sections. Each research themes are closely related on the aim of clinical improvement.

The main projects are as follows.

Clinical research:

- 1) Treatment of facial deformities and malocclusion in patients with cleft lip/palate
- 2) Research on facial growth in patients with craniofacial anomalies
- 3) Reconstruction of oral and maxillofacial area by custom-made artificial bone (CT bone) (clinical trial)
- 4) Transplantation of implant-type tissue-engineered cartilage for cleft lip-nose patients (clinical study)
- 5) Management of occlusion in patients with fibrodysplasia ossificans progressiva (FOP)

- 6) QOL study of oral health care system in preoperative cancer patients
- 7) Clinical study of antifungal susceptibility in patients with oral candidiasis

#### Basic and experimental research:

- 1) Regeneration of bone and cartilage with tissue-engineering approach
  - 2) Development of intelligent artificial bone with the ability of bone induction
  - 3) Development of micro-tetrapod bone implant
  - 4) Molecular biology of cartilage repair and its application to cartilage regenerative medicine
  - 5) Cartilage regenerative medicine using iPS cells
  - 6) Development of novel scaffolds for cartilage and bone regeneration
  - 7) In vivo evaluation of tissue-engineered cartilage and bone
  - 8) Study on the control of mesenchymal cell differentiation
  - 9) Elucidation of epigenetic abnormalities in oral cancers and oral premalignant lesions
  - 10) Elucidation of sphingosine-1-phosphate signaling and its role in multistage oral cancer
  - 11) Functional analysis of microRNAs in human dental pulp stem cells
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## Introduction and Organization

In 1906 our department was established as the first educational institute of orthopedic surgery in Japan, by the first professor Yoshinori Tashiro who had learned orthopedic surgery in Germany and Austria.

Initially, the department treated patients with infectious disorders and congenital malformations, such as poliomyelitis, tuberculosis of the spine, congenital clubfoot and hip dislocation. The number of outpatients visiting our department in 1910 was estimated to be no more than 3.3% of that of the two surgical departments in the University of Tokyo Hospital.

The number and characteristics of the patients,

however, have changed dramatically in these 100 years. This is because our department addressed the acute needs of society from the beginning. Prof. Tashiro believed that trauma should be treated by orthopedists, so he provided his pupils with this training. Since 1950's, the department has increasingly been involved in the treatment of traffic and industrial accident victims. Prof. Tashiro and his successor professor Kenji Takagi devoted themselves to the establishment of an institute for children with disabilities. The arthroscopy was developed by Prof. Takagi, and is now considered to represent a breakthrough in the development of minimally invasive surgery. We have recently been conducting many studies related to the ossification of spinal ligaments

(OPLL), rheumatoid arthritis, biomechanics, and the degenerative skeletal disorders such as osteoporosis and osteoarthritis in response to the progressive aging of our society.

Our department is now adept in the entire field of medical science and medical practice related to the human locomotor system, the importance of which is now clearly recognized not only in Japan, but also all over the world. To meet the expanding needs of society, we have been conducting the teaching, clinical, and research activities described below.

Faculty members of the department are one professor, two associate professors, 3 lecturers, 15 associates, 9 medical staff members, 8 senior residents, and 11 part-time teachers.

## Teaching activities

As for undergraduate education, our department provides a comprehensive series of lectures, physical assessment classes and problem-based learning (PBL) program to 4th year medical students, clinical clerkship programs to 5th year students and elective clinical clerkship programs to 6th year medical students.

A comprehensive series of lectures provides basic knowledge of the physiology, pathology, diagnosis and treatment of various musculoskeletal disorders. Twelve consecutive lectures in total cover a whole field of orthopaedics: basic science, pediatric disorders, rheumatic diseases, metabolic bone diseases, musculoskeletal neoplasm, trauma and regional disorders of the musculoskeletal system (spine, shoulder, elbow, hand, hip, knee, ankle and foot). In the physical assessment classes, we have provided physical diagnostic maneuvers and the radiological assessment of a variety of musculoskeletal diseases. PBL has been introduced to a small group of students to learn medical humanity and to develop a practical methodology to resolve clinical problems.

During the 3-week period of clinical clerkship program, students have opportunities to join one of clinical teams and experience patient care and orthopaedic practice with residents and faculty members. We have developed an original text for the students to learn on-site orthopedics effectively. They are encouraged to participate in clinical conferences

and surgeries. They are also required to submit reports on the cases they are involved in. They learn how to conduct a medical interview, check physical findings and draw up actual plans for a diagnosis and treatment including surgery.

Elective clinical clerkship provides 4 weeks of more intensive exposure to the clinical practice. The students are attached to a clinical team and are involved in most of the clinical activities performed by the team.

For postgraduate education, junior residents join our department for 1-8 months. In 17 doctors-in-training completed our program during this fiscal year. Since the training period is short, they are encouraged to experience emergency cases as often as possible to learn primary care. For senior residents, 1-year clinical programs were conducted in cooperation with our affiliated hospitals. A postgraduate seminar and a basic research conference are held weekly.

Including the postgraduate training, a ten-year course has been adopted with clinical and research training taking place either in the University of Tokyo Hospital or in our 50 affiliated hospitals.

## Clinical activities

We have the outpatient clinic open from Monday through Friday, with specialized divisions for spine, hip, rheumatoid arthritis, tumor, scoliosis, limb reconstruction and bone lengthening, knee, hand, elbow, shoulder, sports, peripheral nerves, bone systemic disorders, and foot. A total of 37,886 patients visited the outpatient clinic in 2015.

The ward has approximately 55 to 65 beds available and is divided into the subgroups above. The members are on duty for daily patient care under the supervision of faculty members. The weekly official activities of our department include ward rounds by the professor on Tuesday. Post- and preoperative case conferences are held on Monday evening, Tuesday morning and Thursday evening.

1,268 operations were performed in 2016. These include 252 spine surgeries, 62 surgeries for rheumatoid arthritis patients, 132 hip surgeries, 252 knee surgeries (including 40 computer-assisted ACL reconstructions, 68 computer-assisted TKA, 38 UKA), 251 hand surgeries, 48 foot and ankle surgeries, 17



pediatric surgeries, 90 surgeries for bone and soft tissue tumor, and 183 trauma surgeries.

The main disorders of cervical spine surgery were myelopathy due to spondylosis or OPLL. We successfully adopted double-door open laminoplasty by splitting the spinal processes for most of these cases. This procedure was invented and developed in our department and is now used nationwide. Difficult operations such as spondylolisthesis of the cervical spine due to rheumatoid arthritis, Down's syndrome or cerebral palsy were treated using a navigation system that has been officially approved as a high-level advanced medical treatment.

The spine group is now converting open surgeries to minimum invasive surgeries using endoscopic technique.

The scoliosis group used the navigation system especially for patients with complex deformity. In addition to the conventional correction surgery, growth-assist techniques such as dual growing rods are utilized.

Main operations performed by the rheumatoid arthritis clinic group were total joint arthroplasty. They are using image-free navigation system in total knee arthroplasty operation, which is useful for the accurate placement of the implants.

The hip surgery group treated mainly acetabular dysplasia and osteoarthritis of the hip joint. They performed not only total hip replacements, but also several osteotomies including rotational acetabular osteotomy (RAO). The RAO was originated and established in our department. They conducted a clinical trial for a new artificial hip joint using the MPC polymer in collaboration with the Department of Materials Engineering in Tokyo University.

The knee clinic group developed a new anterior cruciate ligament reconstruction technique using the navigation system based on intraoperative three-dimensional fluoroscopic image to realize ideal graft placement.

The peripheral nerve clinic group has developed "costal nerve transfer to the musculocutaneous nerve" for brachial plexus injury.

The tumor group managed multidisciplinary treatment for musculoskeletal sarcoma including chemotherapy, limb sparing surgery and radiotherapy in cooperation with other departments.

Limb reconstruction operations using external fixators included non-union, leg lengthening and deformity correction. One of the main interests of this group is the development of a system to analyze the mechanical properties of a skeletal system. During this period of analysis, the mechanical properties of the fracture site in vivo are to be evaluated by monitoring the motion of a dynamic pin clamp during simulated walking.

## Research activities

Our research activities cover the full range of the musculoskeletal system medicine, using the in-depth sciences of biology and technology. Especially in the field of molecular biology of bone and cartilage metabolism, we are regarded as being on the leading edge in the world. Basic research is performed under the supervision of the faculty staff members. Five endowment departments take an active role in research activities in close collaboration with our department. Three were established in the 22nd Century Medical Center. They deal with clinical research, which houses the largest clinical database of osteoarthritis patients in the world for the pursue of genomic and etiological research. One department is in the Division of Tissue Engineering, which seeks to develop epochal bone and cartilage regenerative medicine. In the collaboration of the departments, the ROAD (research on osteoarthritis against disability) study has been established as the biggest bone and joint diseases project that covers from basic to clinical researches of the disease. The fourth is founded in the Graduate School of Medicine and the researchers are developing durable artificial joints in cooperation with the Ishihara Laboratory of the Graduate School of Engineering. Furthermore, we collaborate with the Center for Disease Biology and Integrative Medicine (CDBIM), and are developing nonviral gene delivery systems.

As for research of bone resorption, we have been researching and released some important reports about bone metabolism, especially in differentiation, activation and apoptosis of osteoclast.

Recently we have been getting achievement in the new research topics such as "Osteoimmunology", a new research field studying on signaling cross-talk

between bone metabolism and immunology, or “Epigenetics”, new research concept in spotlight using comprehensive analysis technique.

As for research of cartilage, we have researched molecular biology of cartilage with the students of the graduate school and the members of Bone and Cartilage Regenerative Medicine, Division of Tissue Engineering. Our research activities cover the generation and differentiation of chondrocytes, the joint formation, the degeneration of joint cartilage, and the regenerative methods. Recently, we established mouse models for ankle osteoarthritis and intervertebral disc degeneration. We further found novel roles of NF- $\kappa$ B signaling in articular cartilage. We are also engaged in cartilage regenerative research using iPS cells with Dept. of Tissue Engineering.

Our clinical groups also take part in many multicenter clinical studies conducted by Japan Musculoskeletal Oncology Group (JMOG), National Database of Rheumatic Diseases by iR-net in Japan (NinJa), and other multicenter groups.

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## Introduction and Organization

The Department of Ophthalmology, University of Tokyo School of Medicine, was founded in 1989. Since then, the department has contributed to Japanese ophthalmology not only by educating a large number of eminent ophthalmologists in Japan, but also by producing significant basic research in ophthalmology.

The department has been active in collaboration with ophthalmologists around the world, sponsoring international ophthalmological meetings, educating fellows from foreign countries and sending our staff and fellows abroad.

## Clinical activities

Altogether, approximately 3000 new outpatients are seen every year in our hospital, which has a total of 44 beds. Residents work in the ambulatory section and take care of inpatients. Special services are provided in units devoted to ophthalmic subspecialties such as cornea, glaucoma, retina, uveitis, neuro-ophthal-

mology, orthoptics, diabetic retinopathy, and genetic and color blindness problems. The staff members supervise the ambulatory and special services depending on each one's speciality.

Most of the inpatients suffer from cataract, glaucoma, corneal diseases, retinal detachment, diabetic retinopathy, uveitis and strabismus. Surgeries are performed in the operating theater of the hospital under operating microscopes. Approximately 2100 cases underwent operations in our department. Surgeries can be monitored by TV system, which is mounted on operating microscopes. Since multiple observers can watch the same images and share findings, this system has a great potential in training and promoting discussion.

## Teaching activities

As an undergraduate course, we give lectures on corneal physiology, corneal diseases, and corneal transplantation. In addition, we are engaged in practical training for medical students on ophthalmological examinations at the outpatient clinic. As a

postgraduate course, we give lectures on topics concerning corneal transplantation, corneal diseases and new medical therapies.

## Research activities

Research topics in our department cover a variety of fields in ophthalmology; e.g. ocular pharmacology, regenerative medicine in the cornea and retina, aqueous humour dynamics, immunology and molecular biology. Special laboratories for physiology, pharmacology and genetic engineering have been established. Specific fields of research in our department are as follows.

1. Analysis with laser-speckle method of vascular flow in retina and iris
2. Clinical investigation of normal tension glaucoma
3. Drug effect on glaucoma
4. Screening method of glaucoma
5. Tissue engineering of the cornea
6. Molecular analysis of corneal neovascularization
7. Gene therapy for corneal dystrophies
8. Analysis of Meibomian gland with Mibography
9. Analysis of safety of topical eye drops using human corneal epithelial cell sheets
10. Molecular analysis of retinal degenerative diseases
11. Color blindness and visual function
12. Electrophysiological analysis of the effect of drugs on the retina
13. Pathophysiology of age-related macular degeneration
14. Molecular analysis of retinal neovascularization
15. Immuno-hereditary analysis of Harada's disease and Bechet's disease
16. Immunosuppressive reagents on Bechet's disease
17. Pathophysiology and molecular mechanisms of diabetic retinopathy

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## Introduction and Organization

The Department of Otorhinolaryngology was founded in 1899 by Prof. Waichiro Okada who studied in Germany. This is the first department of otorhinolaryngology of the national university in Japan. Our department covers all otorhinolaryngological diseases and associated systemic diseases, and has specialized clinics in middle ear and inner ear diseases, hearing impaired infant and children, adult and elderly patients, facial palsy, vertigo and balance disorders, olfactory disorders and paranasal diseases, voice and speech disorders, taste

and swallowing respiratory disorders, aphasia, central auditory disorders and head & neck cancers.

A professor, associate professors, lecturers (assistant professors) and associates participate in surgery, out-patient and in-patient care as well as research and educational activities. Moreover 12 Japanese graduate students and one Chinese foreign graduate student participate in basic research.

Weekly preoperative and postoperative conferences are held to discuss surgical cases in detail. Special lectures on leading research activities are presented by invited guests on a regular basis. A weekly journal

club is held to introduce current research papers.

## Clinical activities

In the out-patient clinic, general and special services are provided to approximately 150 out-patients on a daily basis in all areas of otorhinolaryngology and related specialties, and approximately 300 new patients visit monthly.

In the new inpatient hospital, 44 beds are prepared for patients under the supervision of lecturers and senior residents from each subspecialty group including head & neck surgery, middle ear surgery and cochlear implant surgery; voice and bronchoesophagological surgery, and paranasal surgery and other minor surgery. Preoperative and postoperative problems are checked and discussed by each group, the professor's and associate professor's rounds. Approximately 800 operations are performed annually.

Cochlear implant surgery over 300 cases has been actively performed for infants, children and adult patients with profound hearing loss and is very successful to provide new hearing. Head and neck surgery is performed to extirpate malignant tumor with neighboring tissues and reconstruct upper respiratory and swallowing functions at one stage operation cooperating with plastic surgeons. Reconstructive surgery of microtia and atresia to reconstruct external ear is routinely performed with plastic surgeons.

Auditory brainstem response is routinely examined in order to diagnose peripheral and central deafness in neonates, infants and children.

Treatment of acoustic tumor using an  $\gamma$ -knife and auditory brainstem implant are performed in consultation with neurosurgeons.

## Teaching activities

For the fourth year medical students' serial lectures and for the fifth and sixth year medical students special lectures on current topics are provided by the professor and associate professor.

Clinical training is provided for the sixth year class of medical students on a one-to-one basis with staff doctors. They are requested to write reports on a clinical case or a clinical problem. The students

participate to see surgery, special clinics and clinical examinations such as otoscope, fiberscope, pure-tone audiometry, auditory brainstem response, and caloric test. Interview with patient is encouraged. They are questioned on many aspects of clinical problems in seminars by professor and associate professor.

## Research activities

Clinical and basic research activities are highly encouraged. Clinical research, which is supervised by senior doctors, is very actively pursued even by young residents. Case reports presentation and writing skills are regarded as important experience in order to develop young doctors' research activity and investigate important findings in patients. The clinical research is related to ear surgery, neurotology, audiology, head and neck surgery, bronchoesophagology and rhinology and is related to case research, clinical statistics and clinical electrophysiology. Basic research is also encouraged to solve essence of clinical problems and to elucidate basic phenomena or anatomical and cellular structures. Our research topics cover:

- 1) Morphology and neurophysiology of the inner ear focusing on sensory neural deafness: human temporal bone pathology, electron microscopic study in animal models, gene therapy, protein transduction, and nanotechnology
- 2) Clinical application of otoacoustic emissions and auditory brainstem responses.
- 3) Histochemistry of olfactory epithelium in development and aging.
- 4) Clinical neurophysiology of the facial nerves focusing on degeneration and regeneration in patients.
- 5) Histochemistry of head and neck cancer pathology.
- 6) The central auditory cortex research using MEG.
- 7) Auditory brainstem response and speech and hearing after the new born hearing screening.
- 8) Pathology and electrophysiology of the larynx.
- 9) Vestibular research on the oculomotor and balance systems in the brain.
- 10) Vestibular myogenic evoked potentials in cochlear implant and inner ear anomaly.
- 11) Hair cell physiology in the vestibular end organ.
- 12) Newborn hearing screening and language

development in deaf children.

- 13) Physiology bone conduction innovation of bone conduction hearing and bilateral hearing.
- 14) Embryology of middle, inner ear and central auditory system.

Various clinical and basic researches are conducted by staffs, residents, and graduate students as well as doctors at affiliated hospitals.

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# Department of Rehabilitation Medicine

## Professor

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## Introduction and Organization

The Department of Rehabilitation Medicine was established by Ministry of Education, Culture, Sports, Science and Technology in April 2001. It is one of the newest fields in Graduate School of Medicine, the University of Tokyo. It belongs to the Sensory and Motor System Science Course of the Surgical Science Division. Current authorized staff is only one professor.

This department derives from the establishment of the physical therapy room in the central diagnostic and therapeutic sections in order to develop the clinical practice of rehabilitation medicine in 1963. The chair of professor was set up as a full-time director of the central rehabilitation service in 1984, but the formal title remained a physical therapy department.

Rehabilitation medicine is a newly established clinical section which was born in development of the modern principle of the medical health service by which it came to value the enhancement of not only adding years of patient's life but also adding life to the years. Regardless of the rapid expansion of needs, acknowledgment of rehabilitation medicine was delayed in the frame of the old-fashioned clinical departments. In our country, it was 1996 when the rehabilitation specialty was authorized as formal clinical practice by the former Ministry of Health and Welfare.

On the other hand, it was positioned as an assistance instructor in the sensory and motor system medicine department with shifting to the graduate school course systems since 1995 to 97 in the University of Tokyo. Finally, the rehabilitation

medicine field was installed in the sensory and motor system medicine department by a budget step of 2001. We have accepted the graduate school student formally since fiscal year 2001. However, the arrangement of additional teaching staff is not still materialized. Therefore, the staff of the graduate school is only one professor. Sixteen students have entered the graduate school by 2013, and thirteen of them were granted Ph.D.

## Clinical activities

The professor serves as a director of Rehabilitation Center, the University of Tokyo Hospital. The Rehabilitation Center and the Department of Rehabilitation Medicine are united and engage in clinical practice. We have at present no charged ward, and treat about 4,000 new referrals annually from almost all the departments of the university hospital. We always take charge of 250-300 patients corresponding about 25-30% of the whole number of inpatients. We also see 30 people per day at the outpatient rehabilitation setting. The numerical ratio of outpatient is being reduced in order to give priority to the clinical service corresponding to needs expansion of service to inpatients.

## Teaching activities

We have provided several clinical curriculums on rehabilitation medicine for 4th, 5th, and 6th year medical students since 1973. The systematic lecture series for 4th year medical students (M2) include the subjects on rehabilitation for disorders such as

cerebrovascular disturbances, respiratory disorders, neuromuscular diseases, bone and joint diseases, and pediatric disorders as well as on outline of rehabilitation, and amputation/prostheses. We have provided a clinical practice in small group, so-called clinical clerkship for 5th year students from Wednesday to Friday every week. They experience a few patients and learn how to take a patients' history, physical findings, functional evaluation, and how to plan rehabilitation programs. We have introduced a few of elective students for elective clinical clerkship to our collaborating hospitals with specialized rehabilitation ward.

In addition, we have provided the training of students including physical therapy, occupational therapy, and speech therapy. Twenty students or more come and stay at the university hospital annually as a long-term clerkship from several PT/OT/ST training schools.

## Research activities

Our research activities are growing up. In 2006, the Rehabilitation Center moved to the new building and a research laboratory was provided for the first time. As the motion analysis system was partially renewed, we are planning our researches mainly in the field of musculoskeletal disabilities. In addition, we are planning collaborating researches with other departments in our hospital, other faculties in our university, and institutions outside the University of Tokyo. The ongoing projects are as follows.

- 1) Motion analysis of patients with joint disorders in the lower extremities
- 2) Motion analysis of motor development in children
- 3) Early detection, diagnosis, and progression prevention of musculoskeletal disorders in the elderly
- 4) Rehabilitation approaches for patients with hemophilia
- 5) Rehabilitation approaches for patients with spina bifida
- 6) Treatment and rehabilitation for patients with congenital limb deficiencies
- 7) Disabilities and handicaps in patients with skeletal dysplasias
- 8) Analysis of musculo-skeletal involvement in congenital insensitivity to pain

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# **Surgical Sciences**

## **3. Vital Care Medicine**

# Department of Anesthesiology

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## Introduction and Organization

The Department of Anesthesiology was established in 1952, the oldest department specialized in anesthesiology in Japan. Currently, our department has 29 faculty staffs, 3 part time clinical staffs, 9 graduate students and 13 residents. We introduce the activities about Teaching, Research and Clinical work of our department.

## Clinical activities

Our clinical services include perioperative management for patients undergoing surgeries, treatment for patients suffering acute / chronic pain, and palliative care for patients with malignancies.

Number of cases undergoing surgery is increasing

in our hospital and annual number of surgery cases exceeds 12,000. Recently, the number of high risk or geriatric patients is increasing. Especially surgery for organ transplant, such as heart, liver and lung requires tight and meticulous anesthetic care. Our aim is to provide optimal perioperative care including proper preoperative assessment of patients, efficient plan for intraoperative management, meticulous intraoperative and / or postoperative care. We are a part of perioperative management team established in our hospital recently to play pivotal role in perioperative patient care. Especially for patients with multiple comorbidities, we provide preoperative assessment / consult clinic and accept 1,600 patients annually. Pain clinic services are provided for outpatients (including patients in the ward of the other departments) on a

daily basis in all areas of diseases accompanied with pain. From April 2015 to March 2016, the number of ambulatory patients was about ten thousands; two hundreds and seventy of those were newcomer patients. Currently we have three beds in the ward. We take care 40 patients in our ward and approximately 100 in other wards annually, with multidisciplinary approach in collaboration with neurologists, psychiatrist, and orthopedists. Our palliative care team manages varied somatic symptoms and psychological distress of inpatients and outpatients with cancer. Further, we manage the “cancer treatment-related chronic pain management” outpatient clinic and also the second opinion outpatient clinic for cancer pain patients with advanced and terminal cancer stages.

## Teaching activities

We give lectures for fourth year medical students and provide clinical education (Clinical Clerkship) for fifth and sixth year medical students on a man-to-man basis with our faculty staff members. The lectures of the last year were the history of anesthesia, the mechanisms of anesthesia, inhalational anesthesia, intravenous anesthesia, anesthesia and respiratory/circulatory system, the balance of body fluid, acid-base balance, muscle relaxants, management of the patient during anesthesia, monitoring, resuscitation, pain clinic and the physiology and the management of pain.

The curriculum of Clinical Clerkship consists of three major contents: learning a practice of anesthetic management for patients undergoing surgeries, observing a practice of pain management for outpatients suffering from intractable pain, and interactive lectures on specific topics. During the practice of anesthetic management, we teach students how to evaluate patients in the perioperative period. Through the practice of pain management, we teach students causes of intractable pain as well as treatment of pain including nerve block, functional therapy, and cognitive-behavioral therapy. We provide 5 mini-seminars that cover essential knowledge of clinical anesthesia for medical students, each of them entitled “introduction to anesthesiology”, “airway management”, “central venous catheterization”, “spinal anesthesia” and “pain clinic”. Moreover, students can

experience procedures of tracheal intubation, central venous catheterization and spinal anesthesia using simulators. Each student is required to submit a report or a case that summarizes the procedures and medicine applied perioperatively. We discuss the contents of the reports and summaries with students at the end of Clinical Clerkship, for their further understandings.

## Research activities

We have seven research groups and their fields include respiration, circulation, pain, immune system and shock.

These are recent major subjects of our research.

- 1) A role of cytokine signaling in acute lung injury
- 2) Evaluation of optimal ventilatory strategy for respiratory failure
- 3) Modulation of immune system by anesthetics
- 4) Signal transduction pathway related to apoptosis activated by sepsis or ischemia-reperfusion
- 5) Pathophysiology of shock
- 6) A role of lipid mediators in organ damage mediated by ischemia-reperfusion injury
- 7) A role of lipid mediators in the formation of hyperalgesia
- 8) Antihyperalgesic and antipruritic effects of alpha 2-adrenergic agonists
- 9) A role of spinal microglial cells in the development of inflammation-mediated neuropathic pain
- 10) Spinal contribution for analgesic pathway
- 11) Mechanism of Pruritoceptive and Neurogenic Itch
- 12) Genetic analyses of pain intensity and opioid sensitivity in clinical pain patients
- 13) Analysis of electroencephalography during general anesthesia
- 14) Clinical evaluation of neurological sequelae after cardiac surgery
- 15) Retrospective analysis of large administrative database to explore rare complications related to anesthesia and / or association between anesthetic drug and postoperative outcome
- 16) Effect of anesthetics on glucose metabolism *in vivo*
- 17) Role of new plasma substitutes on hemorrhagic shock

- 18) Mechanisms of chemotherapy-induced neuronal dysfunction

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# Department of Emergency and Critical Care Medicine

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## Introduction and Organization

Department of Emergency and Critical Care Medicine was established in 1965, as the emergency service within the Central Clinical Service Facilities of the University of Tokyo Hospital and at the same time as the intensive care service for in-hospital patients, it became a tertiary emergency care and critical care center in the metropolitan Tokyo and also became the principal teaching facility of the University of Tokyo. It is a designated Level I Trauma Center, and also the home of one of the newest Life Flight aeromedical services in the country.

The Emergency Center sees approximately 17,000 patients per year. It contains major trauma and cardiac resuscitation rooms complete with STAT X-ray and full monitoring and resuscitation equipment. There are

9 treatment spaces including space for orthopedics, gynecology, and Ophtho-ENT evaluations. 10 overnight-stay monitored beds, X-ray, rapid spiral CT, ultrasound, angiography and STAT Lab are located adjacent to the Emergency Center.

In September, 2001, the University of Tokyo Hospital opened the In-patient Ward A and our department has necessarily extended services for management of Critical patients in the new Critical Care Center now containing adult ICU/CCU of 16 beds, high care unit (ICU2) of 24 beds, pediatric intensive care unit (PICU) of 6 beds and neonatal intensive care unit (NICU) of 6 beds.

The Emergency Care Center and the Critical Care Center see an excellent mix of multiple trauma, high-acuity medical, surgical, pediatric, and gynecologic patients. The Life Flight service provides another

opportunity for exposure to critically ill patients. Consult services are available from all of the clinical departments of the Medical School. The university of Tokyo hospital was officially designated as emergency medical care center in December 2010.

## Clinical activities

Our clinical activities are divided into four categories as follows:

### 1) Emergency medicine

Our department is responsible for not only tertiary emergency but also primary and secondary emergency care on 24-hour-a-day basis. In the 2015, we had about 5,126 ambulance patients out of total 16,400 ER outpatients.

The new ER, four times the size of the present ER was built in November, 2006. The facility has 5 consultation rooms, 4 specialized consultation rooms for dentistry, ophthalmology, otorhinolaryngology and gynecology, 2 resuscitation bays, 1 operating room and 4 observation beds.

### 2) Intensive care

Staff members specialized in internal medicine, cardiovascular medicine, orthopedic surgery, surgery, neurosurgery or anesthesiology create “the semi-closed ICU” model. We are responsible for the entire care of the critically ill patients (i.e. patients with respiratory insufficiency such as ARDS, with sepsis, with MOF, with shock), post-operative patients, and tertiary emergency patients, placing an emphasis on evidence-based medical therapy. We had 2,300 ICU/CCU patients in the 2015. In 2007, the number of beds in ICU/CCU increased to 16 and the facility included the 24 beds for the high care ICU2.

### 3) Bed management

The objective of bed management services is to provide a timely and appropriate bed allocation for all the patients. In our hospital, patients are allocated to three types of wards, that is, general ward, ICU2 and ICU/CCU in accordance with their critical condition. The ICU2 undertakes the leading bed management in the hospital to ensure maximum performance as an acute hospital.

### 4) Risk management

It is split into two categories – in-hospital and

out-hospital disasters. In regard to in-hospital risk management, including “code blue emergency”, we are responsible for patient safety on 24-hour/365-day basis. And in regard to out-hospital risk management, our hospital has been authorized by the Tokyo Metropolitan Government as a disaster base hospital, and also the Government has requested the formation of Disaster Medical Assistant Team (DMAT) from us. We are now proceeding with a drastic revision of in-hospital manual for disaster control, holding seminars on disaster medicine, and enforcing the disaster training. We have oxygen and medical suction equipment on the passageways in the new ER since 2006 fiscal year in case treating the large number of disaster patients.

## Teaching activities

- 1) Six hours of lecture for the 2nd year medical student, the topics include the prehospital emergency care, the initial evaluation of emergency patients, disaster medicine, serious infections disease, and medical equipment. Four hours of simulation training of Basic Life Support.
- 2) One month of elective clinical clerkship for the 3rd year. ACLS Basic course (ICLS) and 1 day Hospital MIMMS (Major Incident Medical Management and Support) course are held for the participants in the clinical clerkship program, and successful completion of each course will enable students to be certified as the provider .
- 3) Clinical integrated lecture for the 4th year students includes diagnosis and treatment of serious patients using case studies of shock, conscious disorder, trauma, intoxication, infections disease, burns, hypothermia, and convulsion. Moreover, after learning a ACLS course, students experience the real practice of emergency medicine as fellow passengers in the ambulance and as 2.5-day trainees in affiliated hospitals' emergency centers.

In conformity with the guideline by Ministry of Health, Labour and Welfare, all residents learn and practice emergency medicine and primary care at every level, primary, secondary and tertiary. The residents are trained in the ACLS Basic (ICLS) during resident year to obtain the knowledge and skills in CPR.

Junior residents are also assigned to ICU services to gain the knowledge of intensive care from pathophysiological and internal medicine's point of view.

In the senior resident program in 2006, we will train the new residents to be skilled in advanced critical care medicine including primary care trauma, MOF, shock, and equipment support.

As medical aspects of disaster management, we provide the residents with lectures based on MIMMS (Major Incident Medical Management and Support) program, triage training, and risk communication techniques using wireless network. In addition, we produce the seminar for nurses such as medical support in the big earthquake.

## Research activities

We investigate the pathophysiology of sepsis and sepsis-related conditions including ARDS by using several different animal models (cecal ligation and puncture, histone injection, etc).

Several clinical studies that evaluated the utility of new biomarkers in ICU population have been conducted. In addition, we performed health care cost analysis on out-of-hospital cardiopulmonary arrest by using the Japanese Diagnosis Procedure Combination database, which is the largest clinical database in Japan.

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# **Health Sciences and Nursing**

## **1. Health Sciences**

# Department of Mental Health

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## **Introduction and Organization**

The department was firstly established as Department of Fourth Clinical Medical Nursing in School of Health Care and Nursing in 1957. When the School of Health Care and Nursing was reorganized as the School of Health Sciences in 1965, the department was renamed Department of Mental Health. In 1992, as School of Health Sciences became The School of Health Science and Nursing, Department of Mental Health became Department of Mental Health and Psychiatric Nursing. As the result of the shift to the chair system of the Graduate School of Medicine in 1996, two departments were established, Department of Mental Health and Department of Psychiatric Nursing. Faculty, staff, and students of two departments have been working cooperatively ever since. Since 2007, Department of Mental Health became a part of School of Public Health, with a perspective of “public mental health”.

The department currently has faculty members introduced above, an associate professor, a project associate professor, a project researcher, part-time lecturers, a technical specialist, visiting research fellows, 9 doctoral course students, 6 master course students, research associates, and secretaries.

The department has two major objectives: one is to teach mental health to undergraduate and graduate students in order to produce global leaders in research and practice in this field. The other is to conduct cutting-edge research in the fields of mental health.

All of the activities of the department are conducted in collaboration with staff members in the departments, other departments within the University

of Tokyo, and institutions within and outside Japan.

## **Teaching activities**

The department is responsible for giving lectures on mental health; mental disorders; clinical and health psychology; and psychometry and behavior evaluation to undergraduate students. Other than lectures, the department provides students opportunities to experience mental health activities in relevant mental health settings.

The department provides graduate courses on mental health I and II, featuring epidemiology and practice in mental health and occupational mental health, respectively. The department also provided a 1.5 hour seminar every Wednesday evening for 20 weeks in each semester (40 weeks per year) for graduate students and research students, with presentations of research plans and progress, and literature review by graduate students, as well as presentation of and lectures by guest speakers.

## **Research activities**

The department conducts research on mental health and psychosocial support and provides education/training of professionals in related fields from global perspectives. The World Mental Health Japan survey, which is part of a WHO international collaboration, is a largest epidemiologic study of common mental disorders in the community in Japan. Assessment of health effects of job stressors and effectiveness of interventions to reduce job stress are also core research activities of the department.

Current issues around occupational mental health (e.g., work engagement, workaholism, organizational justice, bullying, work-life balance, and the Civility, Respect and Engagement at Work [CREW] program) are also actively investigated. Furthermore, research in the department includes various other topics, such as supporting rehabilitation and recovery of people with chronic mental illness, suicide prevention, social disparity in mental health, disaster mental health, and global mental health. Most of the research has been conducted in a close collaboration with researchers in other domestic and foreign institutions/universities.

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# Department of Biostatistics/ Epidemiology and Preventive Health Sciences

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## Introduction and Organization

The Department of Epidemiology and Biostatistics changed the name from “Epidemiology” in 1992 and has responsibility for providing educational courses on epidemiology and biostatistics to undergraduate students as well as graduate ones. As compared to the situation in the United States, the education of biostatistics and methodological aspects of epidemiology is poor in Japanese universities and graduate schools, although the necessity for collaboration with biostatisticians in clinical research (especially clinical trials) is recently being to be claimed by clinical researchers and pharmaceutical industry. One mission of our educational courses is to provide detailed knowledge and experiences in biostatistics/epidemiology to students who are expected to take part in clinical/epidemiological research as experts and the other mission is to provide basic principles of biostatistics/epidemiology to students who will work in many health-related fields including nursing. Our main research project is the development of methodology for clinical/epidemiological research and it requires keeping touch with real clinical/

epidemiological problems. For these purposes and research coordination, a non-profit organization titled ‘The Japan Clinical Research Support Unit’ was established by the faculty members in 2001, and the organization is providing research support in design, data management and statistical analysis in many projects inside/outside the university.

The faculty of the department provided lectures in a series of educational courses organized by ‘The Clinical Bioinformatics Research Unit’ in 2002-2007.

## Teaching activities

1. Undergraduate Courses
  - 1) Epidemiology and Biostatistics (2 credits)
  - 2) Applied Mathematics (2 credits)
  - 3) Statistical Methods and Information Processing (2 credits, practice)
  - 4) Design and Analysis of Epidemiological Research (2+1 credits, 1 practice)
  - 5) Medical Data Analysis (2 credits)
  - 6) Biostatistics (2 credits; for the School of Medicine)
2. School of Public Health

- 1) Statistical Analysis of Medical Research (2 credits)
- 2) Practice of Biostatistics (2 credits)
- 3) Design of Medical Research (2 credits)
3. Graduate Courses
  - 1) Biostatistics (4 credits)
  - 2) Epidemiology and Preventive Health Sciences (4 credits)
  - 3) Introduction to Medical Statistics (2 credits; for the School of Medicine)

## Research activities

1. Methodology for designing and analyzing clinical trials:
  - Interim analysis
  - Adaptive designs
  - Multiplicity
  - Data management of large-scale multicenter clinical trials
2. Methodology of Biostatistics and theoretical epidemiology:
  - Analysis of longitudinal (time-to-event and/or repeated measures) data
  - Analysis of missing/incomplete data
  - Causal inference
  - Semiparametric modeling
3. International collaboration of individual-level meta-analysis on gastric cancer
4. Coordination and data analysis of collaborative epidemiological/clinical research:
  - Japan Arteriosclerosis Longitudinal Study
  - Japan Diabetes Collaborative Study
  - Chronic Kidney Disease Japan Cohort
5. Validity/reliability studies of QOL questionnaires and other rating scales
6. Pharmacoeconomic assessment of medical technology

We have been supporting some of the above collaborative clinical/epidemiologic studies through the Japan Clinical Research Support Unit, a non-profit organization which aims to support investigator-initiated studies and to provide education to researchers and support staffs.

We are also officially conducting a consultation for design and analysis of clinical trials assisted by the Clinical Research Support Center of the University of

Tokyo Hospital.

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# Department of Biomedical Ethics & Department of Health Promotion Sciences

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## Introduction and Organization

The former Department of Health Administration was established in 1967 and Dr. Tsuneo Tanaka became its first professor in 1974. He devoted himself to the development of the community health care system in Japan and published numerous papers concerning the social theory of health administration and data management systems for community health care. He also contributed to the establishment of the School of Health Sciences. In 1985, Dr. Atsuaki Gunji became the second professor of the department. During Dr. Gunji's tenure, two major research projects were undertaken. One was "The effects of physical activity and inactivity on health." From 1990, a 20-day bed rest human experimental study was conducted every year in the context of an international cooperative research project that was supported by government grants. The other project concerned health care systems, especially health care economics and the quality of hospital care.

In 1996, the Department of Health Administration developed into two departments: the Department of Health Economics and the Department of Health Promotion Sciences. Both were established as

departments of the Graduate School of Medicine. In 1998, Dr. Yasuki Kobayashi became the professor of the Department of Health Economics. He conducted research into health care delivery systems in Japan. In 2001, he moved to the Department of Public Health. From 1996 to 2002, Dr. Kiyoshi Kawakubo took charge of the Department of Health Promotion Sciences as the associate professor.

In June 2002, Dr. Akira Akabayashi became professor of the Department of Health Economics. Professor Akabayashi's area of research is biomedical ethics. In April 2003, the Department of Health Economics was restructured and named the Department of Biomedical Ethics. From 2007, Dr. Jung Su Lee became the associate professor and took charge of the Department of Health Promotion Sciences.

Staff members of the two departments include a professor, two associate professors, an associate, and a technical specialist. All five members, seven undergraduate lecturers and nine graduate lecturers from other organizations, and eight visiting researchers contribute to department teaching and research activities.

We have eleven department graduate students.

Seven of them are doctoral program students.

In this annual report, the organization and teaching activities are reviewed followed by an explanation of research activities.

## Teaching activities

Our departments highly prioritize the teaching and guidance of graduate students and their research activities. Sixteen bachelor theses, twenty master theses, and ten doctoral dissertations were completed between April 2004 and March 2016. Our departments' staff members are also responsible for the following undergraduate and graduate courses.

### Undergraduate Courses

Required courses

- 1) Introduction to Biomedical Ethics (Lecture)
- 2) Health Administration (2 credits, lecture)
- 3) Biomedical Ethics (2 credits, lecture)
- 4) Occupational Health and Law (1 credit, lecture)

Elective courses

- 5) Health & Education (2 credits, lecture)
- 6) Health Care & Welfare I & II (2 credits, lecture)
- 7) Field Work for Health Administration (2 credits, practicum)
- 8) Health Promotion Sciences (1 credit, lecture)
- 9) Health Policy & Administration (2 credits, lecture)
- 10) Integrated Lecture of Clinical Medicine, Biomedical ethics (Lecture)

### Graduate Courses

- 1) Biomedical Ethics I
- 2) Biomedical Ethics II
- 3) Health Promotion Sciences I
- 4) Health Promotion Sciences II

In addition to these courses, each department operates lectures, practical training, and joint seminars for research guidance on a regular basis.

Graduate level courses in Biomedical Ethics focus on the analytical study of ethical theories and on the review of several empirical studies within the field and its related areas. Graduate courses in Health Promotion Sciences focus on practical study using theories and empirical models for planning, imple-

mentation, and evaluation of health promotion programs for the prevention of lifestyle-related disease in the community and workplace.

## Research activities

### Department of Biomedical Ethics

The Department of Biomedical Ethics is interested in the current topics of health care ethics. We are currently conducting studies in the fields of biomedical ethics, research ethics and clinical ethics. Methodology is two-folded—theoretical and empirical. While conducting theoretical research on ethics and philosophy of health care, we also have adopted a descriptive approach.

We have recently established The University of Tokyo Center for Biomedical Ethics and Law (CBEL)—a new interdisciplinary and international education research center aimed to address bioethical issues relevant to Japan and the international community. Our center will form an international network by establishing partnerships with research centers overseas (GABEX: Global Alliance of Biomedical Ethics Centers Project). Through these efforts, we will foster the next generation of bioethics experts in policy-making, research, and clinical medicine who are capable of providing international leadership in the future (<http://www.cbhel.jp/>).

Specific research topics include:

- 1) Study of methods for promoting social consensus on topics related to advanced medical technology
- 2) Study of the function and responsibilities of ethics committees in Japan
- 3) Acceptability of advance directives in Japanese society
- 4) Development of evaluative methods for bio-medical ethics education
- 5) Ethical and psychosocial aspects of living related organ transplantation
- 6) Publication of a medical ethics case book for Japan
- 7) Comparative study of clinical ethics in the Asian region
- 8) Historical analyses for the term “bioethics” in the Japanese context

### Department of Health Promotion Sciences

The main research activity of the Department of Health Promotion Sciences is aimed at health policy proposals concerning health promotion in the community and workplace through experimental and survey research. The main research fields include health behaviors and lifestyle-related disease and QOL. The focus of health behaviors are physical activity, exercise, diet and nutrition, and obesity.

Specific research topics include:

- 1) Development of effective health promotion programs
- 2) Assessment of health promotion resources in the community and at the workplace
- 3) Influence of health behavior change on medical costs
- 4) Cost-effectiveness analysis for health promotion programs
- 5) Development of a physical activity questionnaire for the Japanese
- 6) Studies of the social and physical environments influence on health behaviors
- 7) Association between family structure and health behaviors in pre-school children
- 8) Influence of maternal health behavior on children's health behavior
- 9) Effects of health behavior modification on lifestyle-related disease.
- 10) Life course epidemiology for women's health
- 11) Social and physical environmental influences on the health behaviors of people with disease or pain
- 12) Factors related to health check-ups
- 13) Characteristics and determinants associated with the uptake of influenza vaccination
- 14) Influence of employment status on self-rated health

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# **Health Sciences and Nursing**

## **2. Preventive and Administrative Nursing**

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# Department of Nursing Administration / Advanced Clinical Nursing

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## Introduction and Organization

The Department of Nursing Administration/Advanced Clinical Nursing has 60 years of history and tradition. It was firstly established as Department of Fundamental Nursing in School of Health Care and Nursing in 1954. The School of Health Care and Nursing composed of two basic medical departments and six nursing departments. When the School of Health Care and Nursing was reorganized as the School of Health Sciences in 1965, only one nursing department remained so the department was re-named as Department of Nursing, responsible for total nursing education. In 1992, as School of Health Sciences became The School of Health Sciences and Nursing, two new departments of nursing was established, so the Department of Nursing became once again Department of Fundamental Nursing. As the result of shift to the chair system of the Graduate School of Medicine in 1996, two departments were established, Department of Nursing Administration and Department of Advanced Clinical Nursing. Our department is responsible for the Fundamental Nursing education for undergraduate students. This year, Dr. Yukie Takemura was appointed as the Associate Professor.

## Teaching activities

### Undergraduate Courses

In the undergraduate program our department is in charge of the lectures and clinical practicums for Fundamental Nursing I, Fundamental Nursing II, Fundamental Nursing III, Nursing Administration and First Aid & CPR.

#### Fundamental Nursing 1 (2 credits, Lectures)

This course offers fundamental knowledge of nursing, such as history and theory in nursing, concepts of professional nursing practice, nursing service and care delivery systems, nursing administration, and nursing education. We invite nursing professions who success various places for learning clinical application of these knowledge and discussion about various roles and activities of nursing.

#### Fundamental Nursing 2 (2 credits, Lectures)

This course offers fundamentals in understanding interpersonal relationships and assessing clients' health. Students will learn; 1) theory and practice in communication, 2) physical examination skills essential to health assessment.

**Fundamental Nursing 3****(4 credits, Lectures and laboratory practicum)**

This course provides theory and practice of fundamental nursing skills, which are essential to providing nursing care with physiological and psychosocial integrity. Students learn nursing process and clients' needs with case discussion in groups.

**Clinical Practicum in Fundamental Nursing****(2 credits, Practicum)**

Under instructors' supervision, students have opportunity to apply their fundamental knowledge and skills of nursing in a variety of settings. Students will assess clients' health and needs through application of nursing process.

**Nursing Administration (1 credit, Lectures)**

This course prepares students for nurse administrators/managers of all types of health care settings such as institutions, organizations, community and politics. Students will learn fundamental theory and practice in nursing administration/management through analyzing current issues in health care and nursing.

**Nursing Administration Practicum****(1 credit, Practicum)**

Students have nursing administrative practicum in units or divisions in hospitals. Students will learn care delivery systems such as staffing and patient classification systems, nursing informatics, and budgetary issues including cost effectiveness and quality improvement.

**First Aid & CPR (1 credit, Lectures & practicum)**

Students will understand the emergency medical system and learn how to act in emergency situations. The practicum includes following subjects; 1) observation and measurement of vital signs, 2) first aid to the victim with bleeding, intoxication, or burn, 3) how to carry an injured person, and 4) CPR (cardiopulmonary resuscitation), AED (automated external defibrillator).

**Graduate courses**

In the graduate program our department is in charge of the lectures for Nursing Administration and Advance Clinical Nursing.

**Nursing Administration I, II (2 credits each)**

This course offers critical analysis of theories in

nursing administration related to quality assurance/improvement and cost effectiveness/efficient care delivery systems. Also exploration of political and administrative functional role in nursing are discussed.

**Advance Clinical Nursing I (2 credits)**

This course offers an overview of advanced clinical practice, research, and education and their foundations. Students learn the expertise of nurses and their legal responsibility.

We have the department seminar in collaboration every week, where members provide the actual plans for their own research and discuss the topic.

**Research activities****Issues of Nursing Administration**

We have been examining administrative issues in contemporary nursing. Our main research topic is developing new administration model which focuses on the organizational mission and staff's empowerment.

**Development of Nursing Care Skills to Improve Patient Care Environment**

We have been examining self-management support for patients with chronic disease, nursing care system in outpatient and long-term facilities for older adults, and development of innovative nursing care skills. We also examined nursing practice and nursing education to clarify the current status and issues in order to better understand the state of individual patient.

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# Department of Family Nursing

## Professor

Kiyoko Kamibeppu, Ph.D., R.N., P.H.N.

## Lecturer

Iori Sato, Ph.D., R.N., P.H.N.

## Assistant Professors

Sachiko Kita, Ph.D., R.N., M.W., P.H.N.

Takafumi Soejima, MHS., R.N., P.H.N.

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## Introduction and Organization

This department was established in 1992. Four faculty members currently serve the department: a professor, a lecturer, and two assistant professors. Enrolled at present are 9 doctoral students, 9 master's students, 5 research students, 26 visiting researchers, and 3 administrative staff.

## Education

1. Graduate Courses, School of Health Sciences and Nursing (credit hours)
  - Advanced Family Nursing I (2)
  - Advanced Family Nursing II (2)
  - Nursing Consultation(2)
  - Laboratory and/or Field Work on Family Nursing (16)
  - Practicum in Translational Research Nursing (2)
2. Undergraduate Courses for Students in the School of Integrated Health Sciences (credit hours)
  - Family Nursing (2)
  - Clinical Immunology (1)
3. Undergraduate Courses for Nursing Students in the School of Integrated Health Sciences (credit hours)
  - Pediatric and Child Health Nursing (2)
  - Clinical Practicum in Pediatric and Child Health Nursing (3)

## Research

In our department, research topics span a variety of topics, focusing on both healthy families and those affected by health problems, and including diverse developmental stages such as perinatal and later-life periods. Our on-going research projects include the following:

1. Mitigation of postpartum depression and prevention of child abuse and neglect;
2. Development of a Pediatric Quality of Life (QOL) Inventory for children with chronic illness and their parents;
3. Late effects of treatment, posttraumatic stress disorder, posttraumatic growth, and supports for school reentry in children with cancer;
4. Impact of opening a sick-child day care on work-life balance in female workers;
5. Caregiving burden and utilization of respite care services in families of severely disabled children;
6. Support for dying patients and their families (QOL and family functioning);
7. Livelihood supports for families of elderly people with dementia.
8. Transition in patients with child chronic diseases.

Studies on "Late effects in pediatric cancer survivors" and "Supporting pediatric cancer survivors' reentry to school" have been ongoing, in collaboration with pediatric cancer researchers and a variety of

family support organizations across the country. Funding for these research projects was granted through a 2004-2006 Ministry of Education, Culture, Sports, Science and Technology Grant-in-Aid for Scientific Research, and currently through a Practical Research for Innovative Cancer Control (AMED) and a 2014-2016 Ministry of Education, Culture, Sports, Science and Technology Grant-in-Aid for Scientific Research.

Additionally, based on the department's rich collective research experiences, we founded the Center for Quality of Life Research in April 2012 to study QOL across wide developmental stages and health conditions. Using this platform, we aim to accumulate, integrate, and disseminate scientific research and knowledge on QOL in a more systematic manner.

Most recently, newly initiated research studies by department members are exploring the various experiences of children with cancer and their families who were extensively affected by the Tohoku Earthquake of 2011.

In 2015, studies focusing on transition such as "transferring into adult health care" and "independence and autonomy" in patients with child chronic diseases have begun. We conducted self-questionnaire surveys for both doctors and nurses, and were committed to prepare to establish a transition outpatient clinic in the University of Tokyo Hospital. The transition outpatient clinic will open in June, 2016. Furthermore, we have been developing newly check lists to evaluate long-term follow ups in patients after hematopoietic stem cell transplantation, and supports for school reentry in pediatric cancer survivors. Those studies and activities have been ongoing in interdisciplinary collaboration with health professionals in the University of Tokyo Hospital.

In addition to our research activities, we hold bimonthly Family Care Group Supervisions, whereby deeper understanding of family nursing practices is promoted. In this we aim to enhance the quality of clinical practice and research in family nursing and contribute to the establishment of the science of family nursing.

## Publications

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2. Kamibeppu K, Murayama S, Ozono S, Sakamoto N, Iwai T, Asami K, et al.. Predictors of post-traumatic stress symptoms among adolescent and young adult survivors of childhood cancer: importance of monitoring survivors' experiences of family functioning. *Journal of Family Nursing*. 2015 Nov; 21(4): 529-50.
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# Department of Community Health Nursing / Public Health Nursing

## Associate Professor

Satoko Nagata, Ph.D., R.N., P.H.N.

## Research Associate

Takashi Naruse, Ph.D., R.N., P.H.N.

Masako Kageyama, Ph.D., R.N., P.H.N.

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## Introduction and Organization

Department of Community Health Nursing was established in June 1992. Department of Public Health Nursing was established related to opening of master course for public health nurses in 2006. In addition, program for public health nurse license was started in 2014, and our department is in charge of it. At present, there are five faculty members introduced above and 16 graduate course students (9 in master course, 7 in doctoral course) in the department. Also, we accept many visiting researchers from other colleges and institutions.

## Education

1. Undergraduate program, in the School of Integrated Health Sciences
  - 1) Home Health Nursing (2 credits, lectures)
 

The aim of this class is to have a deep understanding of the social context around the home care patients and the medical, health and welfare system. Students learn the basics of care management, home health care service, and health care system.

- 2) Community Health Nursing (2 credits, lectures)
 

In this class, students learn the methodology and basic theory of health promotion, disease prevention and resilience toward society for individuals, families, and groups in community.
- 3) Community Health Nursing Practice (2 credits, practice)
 

This program is intended to understand the system of health promotion and prevention by attending the actual community health nursing activities at health center. Students are expected to realize the principle and the common technique of community health nursing activities by observing the activities of public health nurses.
- 4) Home Health Nursing Practice (2 credits, practice)
 

This program offers opportunities to learn the basis of home nursing and understand the life of home care patients and their family at home-visit nursing station and hospital's department of discharge planning. Basic techniques and the role of nursing through collaboration with other profession are mastered.
- 5) Health Assistance Practice (1 credit, practice)
 

In this program, students will comprehend



multilaterally how characteristics of the residents, health resources and environment of the community effects health and discuss on the health matters of the overall community. In addition, students will visit various working sites for nurses to deepen their knowledge of multiple health related resources, and learn the actual skills of health guidance towards individuals/ families/ groups through experience.

2. Graduate program, in the Graduate School of Health Sciences and Nursing (\* program for public health nurse curriculum)

1) Advanced Community Health Nursing I (2 credits, lectures)

This program is to study the health at the community-level and theory and application of the community organization.

2) Advanced Community Health Nursing II (2 credits, lectures)

This program involves studying issues in home care research and qualitative research methodology for community health nursing.

3) Advanced Community Health Nursing Seminar I, II and Practice I, II (2 credits, practice)

This seminar and practice includes a weekly research meeting and monthly lecture (3rd Friday of each month). At the research meeting, students and faculty members will hold journal readings or research consultation. At the lecture, one or two guest lecturers will introduce their research or clinical topics.

4) Skills for Public Health Nursing I (2 credits, lectures)\*

This program aims to provide knowledge and skills that support the techniques required to promote the health of people living in the community. Students will learn basic theory regarding public health nursing.

5) Skills for Public Health Nursing II (2 credits, lectures)\*

This program aims to provide knowledge and skills to support the techniques required to promote the health of people living in the community. Students will learn the legal bases and social systems involved in public health nursing.

6) Public Health Nursing I (2 credits, lectures)\*

This program involves learning the history, international tendency, and basic theory regarding public health nursing.

7) Public Health Nursing II (2 credits, lectures)\*

This program involves learning the ethics and basic theory of public health nursing, and provides an understanding of occupational health nursing.

8) Public Health Nursing III (2 credits, lectures)\*

In this program, students will prepare for Public Health Nursing Practice I & II.

9) Public Administration for Nurses (2 credits, lectures)\*

This program aims to empower students to discuss health policy from an ethical perspective, development of public health program or policy, and leadership. Students will learn public philosophy, policy-making, and leadership.

10) Public Health Nursing Practice I (1 credit, practice)\*

This program intends to generate understanding of the process of public health nurses' continuous care provision or activity, focusing on support for the individual/family and a specific public health issue. In addition, students will visit a clinical setting for school and occupational health nursing practice.

11) Public Health Nursing Practice II (4 credits, practice)\*

This program is intended to help further understanding of community assessment and the development of a community program for public health nurses. Students will participate in programs, meetings, and other daily activities held by public health nurses. Throughout their assessment, students are expected to foster their ability to manage and research public health nursing practice.

We hold departmental meetings (journal reading and introduction of research) every Tuesday and monthly research seminars every third Friday to enhance research capacity.

## Research

Our research focuses on the development and evaluation of health care programs, establishment of

community health care systems, and standardization of skills among public health nurses in response to the health care needs of individuals, families, aggregates and communities. Our research is supported by a Grant-in-Aid for Scientific Research from the Ministry of Education, Culture, Sports, Science and Technology, Health Science research, as well as grants from the Ministry of Health, Labour and Welfare, and other foundations.

Ongoing research projects in our department are listed below.

#### 1. Discharge planning

Discharge planning is an interdisciplinary process that is ideally available to aid patients and their families in developing a feasible plan for the next step of care. Demand for discharge planning is increasing. We are attempting to standardize discharge planning activities and develop outcome indicators and an educational program on discharge planning for ward nurses. We are also conducting research on the discharge planning system, developing guidelines for multi-sectional and inter-agency cooperation among nurses, nurses' support at outpatient settings.

#### 2. Developing a community care system and fostering collaboration between home-care service providers

Fostering collaboration between home-care service providers is an international concern in community care, especially elderly health care. We are conducting a study to measure the status of collaboration between care providers in a community setting; it also aims to develop efficient and feasible strategies to improve this status.

#### 3. Support for families with infants and children

Recently, custodial parents have faced many difficulties and challenges. To address this, we are conducting research on children's injury prevention and social environments for child-rearing parents.

#### 4. Support for families of people with mental illness

Some mental health professionals have recognized that families of people with severe mental illness should be easy to receive support from professionals in the last few years.

#### 5. Community health care for the elderly

We are conducting research on the health of the elderly to support favorable living conditions for this population. Our research includes (1) identification of service needs among frail elderly persons in community dwellings, (2) evaluation of community care services' impact on the elderly and their family caregivers, and (3) the development of an approach aimed at providing care for the terminally ill in community settings (e.g., monitoring of resident transfers).

#### 6. Support for people with diseases or disabilities

Since the Great East Japan Earthquake on the 11<sup>th</sup> of March, 2011, we have studied health conditions of affected individuals living in temporary housing in order to improve their QOL in Otsuchi town, Iwate prefecture. We aim to determine the relationship between their health conditions and other related factors.

#### 7. Skills of public health nurses

Public health nurses use high-level support skills; however, many of these skills have not been identified through research. We aim to identify and standardize the skills of public health nurses, focusing in particular on skills regarding new community diagnostic method (e.g., use of photo-voice, GIS) and group dynamics.

## Publications

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- in Japan. *BioScience Trends*, 9(4), 270-274, 2015.
- (4) Takashi Naruse, Rumiko Tsuchiya, Natsuki Yamamoto, Satoko Nagata. Identifying Characteristics of Adults Absent from a Metabolic Syndrome Checkup in Japan Using CHAID Dendrograms and Insurance Claim Data. *Health*, 7, 1841-1846, 2015.
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- (6) Masako Kageyama, Keiko Yokoyama, Yukako Nakamura, Sayaka Kobayashi. Changes in Families' Caregiving Experiences through Involvement as Participants then Facilitators in a Family Peer-Education Program for Mental Disorders in Japan. *Family Process*, Epub ahead of print 2 NOV 2015, DOI: 10.1111/famp.12194.
- (7) Naoko Mikoshiba, Noriko Yamamoto-Mitani, Kazuki Sato, Yoshinari Asaoka, Takafumi Ohki, Misato Ohata, Mitsunori Miyashita. Validation of the Japanese version of HFS-14, a disease-specific quality of life scale for patients suffering from hand-foot syndrome. *Support Care Cancer*, 23(9), 2739-2745, 2015.
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- (10) Chie Teramoto, Satoko Nagata, Reiko Okamoto, Ruriko Suzuki, Emiko Kishi, Michie Nomura, Noriko Jojima, Masumi Nishida, Keiko Koide, Emiko Kusano, Saori Iwamoto, Sachiyo Murashima. Identifying Residents' Health Issues Six Weeks after the Great East Japan Earthquake. *Public Health Nursing*, 32(6), 654-661, 2015.
- (11) Chie Teramoto, Atsushi Matsunaga, Satoko Nagata. Cross-sectional study of social support and psychological distress among displaced earthquake survivors in Japan. *Japan Journal of Nursing Science*, 12(4), 320-329, 2015.
- (12) Hiroshige Matsumoto, Takashi Naruse, Mahiro Sakai, Satoko Nagata. Who prefers to age in place? Cross-sectional survey of middle-aged people in Japan. *Geriatrics and Gerontology International*, published online DOI: 10.1111/ggi.12503, 2015.
- (13) Masako Kageyama, Iwao Oshima, Yukako Nakamura, Keiko Yokoyama, Sayaka Kobayashi. Scale development for promoting protocol adherence to a family peer-education program on mental disorders: A fidelity scale. *Japanese Journal of Public Health*, 62(4), 198-208, 2015.
- (14) Masako Kageyama, Keiko Yokoyama, Sayaka Kobayashi, Yukako Nakamura. Qualitative Evaluation of a Family Peer-Education Program on Mental Disorders: An Analysis of Free-Response Descriptions at Post-Test of the Program. *Journal of Japan Academy of Nursing Science*, 35, 43-52, 2015.
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# **Health Sciences and Nursing**

## **3. Clinical Nursing**

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# Department of Adult Health Nursing/Palliative Care Nursing

## Professor

Noriko Yamamoto-Mitani, Ph.D., R.N.

## Assistant Professor (Senior)

Yukari Takai, Ph.D., R.N.

## Assistant Professor (Junior)

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## Project Assistant Professor

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## Introduction and Organization

The Department of Adult Health Nursing/ Palliative Care Nursing has almost 50 years of history and tradition. Originally the department was started as the *Department of Adult Health* in 1965 and it underwent several re-organizations. The current structure with two sub-divisions of *Adult Health Nursing* and *Palliative Care Nursing* has started in 2006. Noriko Yamamoto-Mitani has been responsible for administration as a department chair since 2012.

## Education

In the undergraduate program, our department is in charge of the lectures and clinical practicums for *adult health nursing*. In graduate education, we aim to educate students into independent researchers and competent clinicians who effectively use research. For this purpose we respect each student's research interest that they derived from their clinical experiences. Each student completes his/her Master's thesis or doctoral dissertation from developing research question from their own scientific interests

regarding nursing practice for older people or adults in chronic stage.

In education, we emphasize critical thinking process as a researcher who conduct unique and original research: from cultivating perspectives as a researcher to come up with original research topic, developing research topic into unique research questions/ hypotheses, choosing appropriate research methods, and to developing valid research protocols.

In research, we aim to contribute to the development of nursing science and improvement in quality of nursing practice through collaborative research with clinicians. Especially we aim to develop new nursing knowledge grounded on Japanese culture, as needed in tomorrow's aged society.

## Research

Faculty members conduct studies on various topics in the field of adult and gerontological nursing.

- 1) Quality assurance and improvement for long-term care for the elderly

The goal of long-term care nursing is to allow older adults live as high quality lives as possible, even with diseases/disabilities; the paradigm of long-term care is different from that of acute care that typically aim to have the patients recover promptly from disease conditions. There has not been enough attention to long-term care nursing in today's healthcare practice; there has been little research on quality assurance and improvement in long-term care field in Japan. In this department, we have been conducting multiple studies on long-term care in facilities and homecare nurse agencies regarding care quality assurance and improvement.

First, we attempt to develop intervention models to improve care quality in close collaboration with clinicians, including nurses and care workers. We aim to develop sustainable systems to improve their daily care practice, collaborating with nurses at long-term care facilities and homecare nurse agencies.

Second, we develop indicators to assess quality of long-term care, including home care nursing. We have been developing them as a part of overall assessment system needed for long-term care nursing.

Quality assurance and improvement for long-term care facilities and homecare nurse agencies grow in importance, given the educational opportunities for healthcare provider working at long-term care facilities and homecare nurse agencies are limited compared to that working at critical hospital.

## 2) Establishing a case study method to develop nursing science from clinical sites

We attempt to develop a new research method that clinicians could use to conduct effective case studies. Although case study has been used for long time, it has not had a standardized method. We aim to develop a protocol on conducting case study that contributes to develop nursing science.

## 3) Standardization and diffusion of care for chronic pain

Pain is a common symptom among older people, and we have conducted studies aiming to develop and disseminate nursing care of chronic pain. We explore reality of the situation for older people with chronic pain. We aim to improve quality of care for chronic pain in the long-term care facilities, by developing an

educational material regarding care for chronic pain.

We also conduct studies on a range of topics in nursing of chronic conditions, from preventive to end-of-life phase. We have been conducting studies which are expected to allow us to understand the state of individuals who require nursing in those periods, and investigate effective and efficient nursing care for such individuals.

As research methods, along with conventional statistical methods, we often utilize qualitative methods in order to understand experiences of individual patients and/or nurses and to conceptualize and theorize them.

The listed below are main research projects that we conducted in 2015. Details of our publications and funding are shown in our department website and annual report.

### A) Developing a program for care quality improvement at long-term care facilities for older people

In this project, it has been aimed to improve quality in care of chronic pain in long term care hospitals. The following studies are to be conducted: developing a care protocol for chronic pain in long-term care facilities in Japan, elucidating barriers to quality improvement and searching for effective ways to overcoming these barriers, and developing an educational program for nurses working at long-term care facilities and mini-trial.

This year we have conducted a nationwide survey to long-term care hospitals for older people. We have captured quantitatively the current level of care quality, practice of quality improvement, problems each professional faced, and barriers to solve the problems. From the survey we have learned elevating care demands in those hospitals with the introduction of community integrated care system, high staff (i.e., licensed nurses, nursing aides) burn-out and low work-engagement. As a pilot for quality improvement intervention, we have started a case conference in a care mix hospital in Tokyo. We are going to present findings of the study at Annual Scientific Meeting of Japan Academy of Nursing Sciences, Gerontological Society of America Annual Meeting, or Japan Association of Medical and Care Facilities Annual Scientific Meeting. The papers were currently under review/ in preparation.

### B) Establishment of support system for the elderly in the integrated community care

In the Japanese aged society, it is an urgent problem to establish a local structure supporting the life of the elderly persons by the community. As one of the measures to solve the problem, the evaluation of the appropriateness of the public services in the community is necessary. We have been examined what combination of services the elderly persons are using and what its related factors are. We will also examine the outcomes affected by the combination of the used services.

In addition, in the integrated community care, the utilization of the local resources, including nongovernmental services, is demanded. We have discussed the possibility of utilizing convenience stores, which exist closely in local communities in Japan, as a hub of the elderly support. We have conducted an action research to promote collaboration with the convenience stores in the elderly support in community.

### C) Developing a clinical education program and educational indicator to improve nurse's clinical judgement competency

Education on clinical judgement is addressed in accordance with the educational guidelines of both basic education and clinical education. However, there are no references to concrete methods on acquiring techniques in the guidelines. For this reason, various teaching methods were looked at, but consistent education for basic education and clinical education could not be found. It can be thought that education at nursing school do not foster the competency of actual practice. In this study, first, the current situation of basic nursing education and clinical education was investigated. An attempt has been made at developing a post-graduate physical assessment training program that aims to strengthen the clinical judgment competency of nurses.

## Publications

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# Department of Midwifery and Women's Health

## Associate Professor

Megumi Haruna, Ph.D., R.N.M., P.H.N.

## Lecturer

Masayo Matsuzaki, Ph.D., R.N.M., P.H.N.

## Research associate

Emi Sasagawa, Ph.D., M.P.H., R.N.M.,

**Homepage** <http://midwifery.m.u-tokyo.ac.jp/>

## Introduction and Organization

The Department of Midwifery and Women's Health was established in 2002.

Currently, it has 3 faculty members introduced above and 15 graduate students (9 in master course, 6 in doctoral course) and 3 visiting researchers.

## Teaching activities

We have graduate and undergraduate courses for midwifery and maternal care, and women's health.

1. Graduate Courses, School of Health Sciences and Nursing
  - 1) Advanced Midwifery and Women's Health I (2 credits, lectures)
  - 2) Advanced Midwifery and Women's Health II (2 credits, lectures)
2. Graduate Courses, School of Health Sciences and Nursing for midwifery
  - 1) Midwifery I (2 credits, lectures)
  - 2) Midwifery II (2 credits, lectures)
  - 3) Midwifery III (2 credits, lectures)
  - 4) Midwifery IV (2 credits, lectures)
  - 5) Midwifery V (2 credits, lectures)
  - 6) Midwifery VI (1 credits, lectures)
  - 7) Clinical Practicum of Administration for

Midwifery (1 credit, practices)

- 8) Clinical Practicum in Midwifery I (2 credits, practices)
- 9) Clinical Practicum in Midwifery II (8 credits, practices)

3. Undergraduate Courses of Nursing, School of Health Sciences and Nursing
  - 1) Maternal-Newborn Nursing (2 credits, lectures)
  - 2) Clinical Practicum in Maternal-Newborn Nursing (2 credits, practices)

## Research activities

Our research activities focus on maternal and child health with emphasis on the promotion of women's health and their quality of life at every stage of their lives.

We conduct the following research projects.

1. Collecting evidence for health guidance during pregnancy
  - Adequate maternal nutrition and weight management

This study examines maternal body composition, lipid metabolic biomarkers and nutritional intake to optimize weight management and a healthy lifestyle during pregnancy to prevent low birth

weight. Based on our investigations into the optimal maternal nutritional status and gestational weight gain, we propose health guidance that can help pregnant women lower the risk of pregnancy complications and adverse birth outcomes.

- The effect of exercise during pregnancy  
This study investigates the effect of exercise on mental and physical health among pregnant women.
- Lifestyle factors and oxidative stress markers during pregnancy  
This study investigates the potential relationships between lifestyle factors and oxidative stress markers during pregnancy, and to establish optimal oxidative stress markers for predicting a healthy lifestyle for pregnant women.
- Development of effective skin care intervention to prevent neonatal skin trouble.  
This study investigates the effect of moisturizing skin care on improvement of skin barrier functions among healthy neonates.
- 2. Development of a self-managing support system for the body after childbirth
  - Urinary and rectal incontinence after childbirth  
This study investigates the prevalence and risk factors of urinary and rectal incontinence among women within five years after childbirth
  - Development of effective postpartum pelvic floor muscle training  
This study examine the effect of postpartum pelvic floor muscle training with ultrasound biofeedback on recovery of pelvic floor muscle function: a randomized controlled trial
  - Promotion of women's healthcare after delivery  
This study examines the relationship between maternal body composition and lifestyle factors among postpartum women, including breastfeeding.
- 3. Development of a support system for women's mental health during the perinatal period

- "Fear of childbirth" and psychosocial factors among pregnant Japanese women  
This study aims to identify the psychosocial risk factors of intense fear of childbirth.
- Intimate partner violence (IPV) and its related factors  
This study clarifies associations between IPV during pregnancy, mother-to-infant bonding failure, and postnatal depressive symptoms.

## Publications

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# Department of Psychiatric Nursing

## Professor

Norito Kawakami, M.D., Ph.D.

## Associate Professor

Yuki Miyamoto, R.N., P.H.N., P.S.W., Ph.D.

**Homepage** [http:// plaza.umin.ac.jp/heart/](http://plaza.umin.ac.jp/heart/)

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## Introduction and Organization

Our department was firstly established as Department of Fourth Clinical Medical Nursing in School of Health Care and Nursing in 1957. When the School of Health Care and Nursing was reorganized as the School of Health Sciences in 1965, the department was renamed Department of Mental Health. In 1992, as School of Health Sciences became The School of Health Science and Nursing, Department of Mental Health became Department of Mental Health and Psychiatric Nursing. As the result of the shift to the chair system of the Graduate School of Medicine in 1996, two departments were established, Department of Mental Health and Department of Psychiatric Nursing. Faculty, staff, and students of two departments have been working cooperatively ever since.

Our department currently has two faculty members introduced above, a project research associate, part-time lecturers, visiting research fellows, 4 doctoral course students, 4 master course students, and research associates.

Our department's mission comprises two elements. One is to provide education and research training in mental health and psychiatric nursing to undergraduate and graduate students in order to prepare students to assume leadership roles in nursing clinical practice, administration, teaching, and research in this field. The other is to conduct clinical research in the fields of psychiatric nursing and advance knowledge and theory through research.

All of the activities of our department are conducted in collaboration with staff members in the Department of Mental Health.

## Education

Our department is responsible for giving lectures on psychiatric nursing to undergraduate students. Other than lectures, our department provides students opportunities to practice psychiatric nursing activities in several relevant facilities.

Our department is also obliged to educate graduate students in master and doctor programs in psychiatric nursing. To accomplish this objective, our department has a specialized lecture course on psychiatric nursing, and seminars on mental health and psychiatric nursing for graduate students. These activities are conducted and supervised by the faculty. In collaboration with the department of mental health, we also have the department seminar every Wednesday evening, where members provide the actual plans for their own research and discuss the topic.

We also have a variety of study clubs. We have psychiatric nursing study club, study group for multi-level analysis, qualitative research study group, and so on.

## Research

Our research field covers mental health and psychiatric nursing. Our department has many research projects across diverse fields as follows: study of self-management in mental health; recovery in people with mental health difficulties; community support system for the people with mental health needs; peer support; stigma; social inclusion; mental health in people with substance use disorder; disaster

mental health nursing; and reducing the use of seclusion and restraint. We are conducting studies in collaboration with researchers in other institutions and universities.

## Publications

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- GBD 2013 DALYs and HALE Collaborators. Global, regional, and national disability-adjusted life years (DALYs) for 306 diseases and injuries and healthy life expectancy (HALE) for 188 countries, 1990-2013: quantifying the epidemiological transition. *Lancet*. 2015 Aug 27. pii: S0140-6736(15)61340-X. doi: 10.1016/S0140-6736(15)61340-X. [Epub ahead of print].
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# Department of Gerontological Nursing / Wound Care Management

## Professor

Hiromi Sanada, R.N., P.H.N., W.O.C.N., Ph.D.

## Lecturer

Gojiro Nakagami, R.N., Ph.D.

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Takeo Minematsu, Ph.D.

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## Introduction and Organization

The Department of Gerontological Nursing was established in June 2003, followed by the establishment of the Department of Wound Care Management in April 2006. These two departments are currently headed by 1 professor and assisted by 1 lecturer, 1 project lecturer, 2 research associates, 2 project research associates, 2 part-time lecturers for undergraduate course, and 7 part-time lecturers for graduate course. The student consists of 10 doctoral course students, 8 master course students and 2 undergraduates. The goal of our department is to achieve "Evidence-based practice and development of gerontological nursing and wound care management".

## Teaching activities

### 1. Undergraduate course

#### 1) Gerontological Nursing (3-4th yr/ 4 credits)

The aim of the 3rd year course is for students to

understand the physical, psychological, and social characteristics of the elderly population, and to learn fundamental theories of gerontological nursing. The main themes in the 2015 contents were as follows;

- a) Practical simulation for gerontological nursing
- b) Physical, psychological, and social characteristics of the elderly from a nursing standpoint
- c) Gerontological nursing and its theories
- d) Geriatric syndrome and nursing (gait disorder, incontinence malnutrition, infection, dementia and pressure ulcer)
- e) Future perspectives of gerontological nursing, such as biological nursing, Mimamori engineering, and nursing engineering.
- f) Group work

The aim of the 4th year course is to promote understanding of the ailments and conditions required to provide proper care to the elderly. The main themes in the 2015 contents were as follows;



- a) Age-related changes in the physiologic system
- b) Aging and dementia
- c) Aging and osteoporosis
- d) Aging and respiratory disorders.
- e) Aging and cardiovascular disorders, aging and renal function, hypertension, and stroke
- f) Pharmacological management of the elderly
- g) Feeding and swallowing difficulty of the elderly
- h) Nutritional management of the elderly
- i) Relationship and communication skills with the elderly

The above lectures were provided under the cooperation from the Department of Geriatric Medicine and other departments at The University of Tokyo Hospital.

## **2) Clinical Practice in Gerontological Nursing (4th yr/ 2 credits)**

The aim of this practicum is to learn present situation of gerontological nursing through practicing in the long-term care facility. The program in 2015 was supported by the long-term care facility owned by Medical Corporation Tatsuoka.

### **3) Bachelor's thesis (4th yr/ 6 credits)**

The followings were research themes in 2015; "Validity of malnutrition screening by Basic health check list: Comparison with MNA-SF (in Japanese)" and "Virtual ultrasonic probe system to support peripheral IV catheter site selection." The latter bachelor's thesis was awarded the prize for the most exceptional article at the School of Integrated Health Sciences, Faculty of Medicine. Additionally, this thesis received the University of Tokyo President's Awards.

## **2. Graduate course**

### **1) Gerontological Nursing I (S1/ 2 credits)**

The main theme of Gerontological Nursing I in 2015 was to understand the latest research related to the care of elderly persons and to discuss future perspective of gerontological nursing from three viewpoints: basic biology, engineering, and clinical nursing research. Recent research papers were selected from these three fields and critically evaluated.

### **2) Gerontological Nursing II (A1/ 2 credits)**

Gerontological Nursing II provided lectures regarding the recent topics around gerontological medicine and nursing from the broad viewpoints including biological, individual, and social aspects by the part-time lecturers, specialists of each research field. The aim of this course was to understand and learn scientific ways of thinking for gerontological considerations of the future Japanese community. The main themes in 2015 were as follows;

- a) Evaluation method of ultrasonographic images that help nurses
- b) The task of nursing in integrated community care system
- c) Role of mechanical engineering in nursing
- d) Nutritional management for elderly patients
- e) Good food and good health
- f) Creation and dissemination of health value innovation
- g) Nursing care for premature dementia patients and their family

### **3) Wound Care Management I (S2/ 2 credits)**

The main topic of Wound Care Management I in 2015 was learning of basic knowledge (basic biology, clinical research, and engineering) which is necessary to understand the wound management studies.

The topics were as follows.

- a) Basis of skin and wound healing
- b) Basic knowledge of pressure ulcers and nursing approach
- c) Basis of clinical nursing research
- d) Basis of engineering research
- e) Basis of molecular and cellular biological research

### **4) Wound Care Management II (A2/ 2 credits)**

The main theme of Wound Care Management II in 2015 was to obtain deeper insight in our own research knowledge through the lectures and discussion by the specialists with various basic and advanced research fields.

The theme was as follows.

- a) Wound Care Clinic performed by wound, ostomy,

- and continence nurses
- b) Healing process of pressure ulcers and risk factors and care for refractory pressure ulcers
  - c) Pressure redistribution for pressure ulcer prevention
  - d) Treatment for diabetic foot ulcer or critical limb ischemia
  - e) Pressure ulcer in home care settings
  - f) Why do dermatologist prescribe the ointment?
  - g) Toward advanced skin care

### 5) Master's thesis

The followings were research themes in 2015;

“Development of the assessment method of extravasation in chemotherapy patients using thermographic patterns”

“A novel direct skin assessment method for predicting pressure ulcer development by using molecular biomarkers for detecting local tissue response: An experimental study in mice?”

“Status of incidence and morphological characteristics of pressure ulcers among inpatients with mental illness”

### 5) Doctor's thesis

The followings were research themes in 2015;

“Investigation of external force on plantar associated with callus in diabetic neuropathy patients and its relationship with their leg motions for foot ulcer prevention”

“Development of biomarkers for delayed wound healing caused by pressure”

“Preventing development and recurrence of skin tear in elderly patients at a long-term medical facility in Japan -Focusing on skin properties and morphological characteristics of injuries-“

“Intervention study for the prevention of aspiration pneumonia by recommendation of swallowing care based on the results of ultrasound examination”

## Research activities

### 1. Activity policy

Our gerontological nursing research focuses on elderly people suffering from geriatric syndromes such as pressure ulcers, incontinence, malnutrition, pain, dysphagia, osteoporosis and dementia. Our

wound care management research focuses on pressure ulcers, diabetic foot ulcers, ulcers with peripheral vascular diseases, and malignant fungating wounds.

The majority of our clinical research has been conducted at The University of Tokyo Hospital. We have been participating at pressure ulcer multi-disciplinary team rounds. We also attend the Foot Care Outpatient Clinic held by the Department of Metabolic Diseases and the Stoma Outpatient Clinic held by the Departments of Urology and Colorectal Surgery. In addition, we support the Department of Advanced Nursing Technology which was established in December 2012 as a social cooperation program to promote team nursing intervention and research involving the clinical division, the nursing department, and the nursing departments of Graduate school of Medicine. Through this program, nurses can scientifically study the subject of nursing, including research in epidemiologic surveys and molecular- and gene-level topics in cooperation. Furthermore, the technology and medical equipment developed by companies can be evaluated in the hospital, offering new nursing technology suitable for needs in clinical sites.

In 2015, we further promoted a new research diagram “Bioengineering Nursing” which consists of nursing biology that investigates the detailed mechanism of the target phenomenon, nursing engineering that develops technologies for the clarified target, and nursing translational research that evaluates the technologies in the clinical field and furthermore explores the new clinical problems. For promoting this research framework to Japanese researchers, we published a book “Bioengineering Nursing” from University of Tokyo Press. We organized introductory seminar for bioengineering nursing research. We had many nursing researchers and clinical nurses from intra- and extramural ways. We furthermore organized advanced hands-on seminar of bioengineering nursing research methodologies for those who attended the introductory seminar and are interested in this research framework.

Regarding international activities, our department has been promoting collaborative research with researchers in universities around the world. Our counterparts include University of California, Los Angeles (CA), Florida University (FL), Curtin

University (Australia), and The University of Nottingham (UK). Professor Sanada has been working as Secretary for World Union of Wound Healing Societies and an International Board of Directors for International Lymphoedema Framework.

In 2015, we have launched a new air-mattress called “robotic mattress” which consists of continuous interface pressure monitoring sensor in order to automatically adjust inner air-cell pressure. This product was co-developed under academic-industrial alliance. We will evaluate clinical effectiveness of this product.

## 2. Research fields and themes in 2015

### 1) Basic experimental studies

- Development of a novel method for controlling wound infection focusing on gene expression of bacteria and hosts
- Evaluation of wound condition using exudates
- Skin blotting for analyzing physiological status of the skin
- Cutaneous wound healing and diabetes mellitus
- Mechanisms of skin maceration
- Research on scalp care science

### 2) Nursing engineering

- Development of a new air-mattress equipped with interface pressure sensing system and automatic pressure control
- Non-invasive detection of tissue injury and pre-injury status using ultrasonography and thermography
- Early detection of complications of peripheral intravascular catheter by ultrasonography and thermography
- Development of insole-type simultaneous measurement system of plantar pressure and shear force during gait

### 3) Clinical studies

- Novel assessment technologies for pressure ulcers
- Objective evaluation method for wound pain
- Cross-sectional study of diabetic foot (ulcers, callus, fissures, onychomycosis etc.) and its risk factors
- Cross-sectional study of malignant wounds in

breast cancer patients and its risk factors

- Survey and international comparison of lymphoedema (collaboration with International Lymphoedema Framework)
- Methods for predicting skin tear development
- Establishment of a novel diagnosis method of latent dysphagia
- Cross-sectional study of the skin of elderly people in the nursing home
- Cross-sectional study of the skin of obese people

Several awards were given to our research as follows.

- University of Tokyo President's Awards 2015  
Noyori S. Virtual ultrasonic probe system to support peripheral IV catheter site selection
- Otsuka award from Japanese Society of Pressure Ulcers.  
Iizaka S, Koyanagi H, Sasaki S, Sekine R, Konya C, Sugama J, Sanada H. Nutrition-related status and granulation tissue colour of pressure ulcers evaluated by digital image analysis in older patients. *J Wound Care*. 2014;23(4):198-206.
- Presentation award from 45<sup>th</sup> Annual Congress of Japanese Society for Wound Healing  
Ikeda S, Minematsu T, Nakagami G, Sanada H. Low concentration AHL can induce fibroblast differentiation to myofibroblast through activation of mTOR pathway.
- Best poster award from 3<sup>rd</sup> Annual Congress of Nursing Science and Engineering  
Oya M, Murayama Y, Oe M, Tanabe H, Matsui Y, Takahashi T, Otomo H, Komiyama C, Sanada H. Continuous monitoring of temperature distribution at the puncture site of peripheral intravascular catheterization of chemotherapy using thermography.
- 2015 Global Prospect and New Innovations for Best Wound Care and Scar Management The Best Paper Award  
Nakagami G, Schultz G, Gibson DJ, Phillips P, Kitamura A, Minematsu T, Miyagaki T, Hayashi A, Sasaki S, Sugama J, Sanada H. Biofilm-guided wound debridement: a preliminary analysis of wound blotting membrane from pressure ulcers.
- President award from 24<sup>th</sup> Annual Congress of Japanese Society of Wound, Ostomy, and Continence Management

Koyano Y, Nakagami G, Matsumoto M, Sakai T, Iuchi T, Yusuf S, Sugama J, Sanada H. Investigation of skin tear prevalence and its characteristics at the site of patient ID wrist band at a long-term care hospital.

- President award from 24<sup>th</sup> Annual Congress of Japanese Society of Wound, Ostomy, and Continence Management

Iizaka S, Sanada H. GIS analysis of wound, ostomy, and continence nurses in Tokyo metropolitan.

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# **International Health**

## **1. International Social Medicine**

# Department of Global Health Policy

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## **Introduction and Organization**

Our mission is to improve population health by enhancing accountability and improving the evidence base for global health programs, through the provision of the best possible information and rigorous monitoring and evaluation. The department's members generate knowledge and ideas through their research, strengthen technical and leadership skills through educational programs, and enhance national capacities through collaborative projects, especially in the developing world. As of March 2014 the department, headed by Professor Kenji Shibuya, included the following staff complement: one project professor (Minami Inoue); one associate professor (Hiroshi Nishiura); two assistant professors (Stuart Gilmour and Shinji Nakaoka); four project assistant professors (Eiko Saito, Mayuka Yamazaki, Anne Smith, Sarah

Abe); three post-doctoral fellows; 10 adjunct lecturers; eight doctoral students; and twelve master's students.

The priority areas of research are:

- Health outcome research (mortality, morbidity and disability; health service research; health technology assessment and cost-effectiveness; disease modeling; and comparative risk factor analysis);
- Health system performance assessment, including the analysis of health system inputs, outputs, and impact;
- Health and foreign policy (e.g. global health architecture and governance, the G8 and global health, donor commitments, and innovations in global health).

Finally, the fundamental role of the department is to produce the next generations of leaders in global health.

## Education

All lectures in the department are conducted in English, in order to ensure that student writing and presentation skills are held to an international standard. Furthermore, through the Global Health Entrepreneurship Program (GHE) students are able to develop skills and experience to become future leaders in global health.

### Master's program

The Master's program is a demanding, interdisciplinary program emphasizing student-directed learning, problem-solving, and the acquisition of fundamental public health skills required for global health practices (health policy, statistics, epidemiology, and social sciences). Students are required to complete a minimum of 30 course credits and a master's thesis. Beyond the program and concentration requirements, students are encouraged to consult with faculty advisers to choose elective courses best suited to their needs.

### PhD program

The PhD program is designed to train the next generation of leaders in global health. PhD students are required to complete a minimum of 24 course credits and a doctoral thesis with which needs to be published in a peer-reviewed journal. PhD students without MPH degree should take the lectures to acquire fundamental public health skills such as health policy, biostatistics and epidemiology.

### Global Health Policy I and II

This course introduces the principles and theories of global health problems, as well as practical applications of quantitative methods (demography, statistics, epidemiology and econometrics) to analyze and interpret issues and challenges for policy.

The followings are the topics covered in the academic year 2014:

- Innovations in global health
- Global health policy

- Global health governance
- Social determinants of health
- Universal health coverage
- Global health diplomacy
- Quantifying health outcomes
- Using GBD to inform policies
- Old and new challenges in global health
- Comparative risk assessment
- Health system performance assessment
- Health service quality
- Monitoring and evaluation
- Financing health systems

### **GHP Monday seminar**

Every Monday, 13:00-15:00 pm

#### 1) Journal club

Students present a brief summary of research articles from the major medical, social science, economics journals, which are relevant for global health policy. The major objective is to share knowledge, evoke debates and facilitate discussions.

#### 2) Research seminar

A guest speaker or a master or doctoral student presents his/her research. There is a 15-minute presentation-followed by a 30-minute discussion.

## Research

A comprehensive assessment of the burden of disease in Japan. Ministry of Education, Culture, Sports, Science and Technology, Grants-in-Aid for Scientific Research (A). PI: Kenji Shibuya.

Development and evaluation of food safety policy in Japan. Ministry of Health, Labour, and Welfare Health and Labour Science Research Grants. PI: Kenji Shibuya

An evidence-based assessment of the Japanese health system. Ministry of Health, Labour, and Welfare Health and Labour Science Research Grants. PI: Kenji Shibuya

Assessment of sustainable and effective universal health coverage (UHC) systems and Japan's contribution to UHC. Ministry of Health, Labour, and



Welfare Health and Labour Science Research Grants. PI: Kenji Shibuya

Global Health Entrepreneurship Program. PI: Kenji Shibuya

AXA Chair on Health and Human Security, AXA Research Fund

Comprehensive Research on Life-Style Related Diseases Including Cardiovascular Diseases and Diabetes Mellitus: Projection of disease burden and economic burden allowing for change in population structure, socioeconomic status, and lifestyles in Japan. Ministry of Health, Labour, and Welfare Health and Labour Science Research Grants. PI: Manami Inoue.

Development and Evaluation of Cancer Prevention Strategies in Japan. National Cancer Center, National Cancer Center Research and Development Fund. CI: Manami Inoue

The burden of cancer attributable to diabetes mellitus in Japan. Ministry of Education, Culture, Sports, Science and Technology, Grants-in-Aid for Scientific Research (C). PI: Manami Inoue

Application of recipe-based dietary assessment in Japan. Ministry of Education, Culture, Sports, Science and Technology, Grants-in-Aid for Scientific Research (B). CI: Manami Inoue

Detecting premonitory signs, real time forecasting and designing interventions against a pandemic using large scale biological datasets. Japan Science and Technology Agency CREST project on the application of bigdata analysis to real world. PI: Hiroshi Nishiura

Realizing policymaking against infectious diseases using a mathematical model: Interventions against infectious disease. Japan Science and Technology Agency RISTEX program for Science for Policy Making using Innovative Science and Technology Advancement. PI: Hiroshi Nishiura

Development and improvement of research infrastructure for the use of mathematical modeling of infectious diseases for health policy making. Japan

Agency for Medical and Research Development (AMED) Research Program. Commissioned Research program against emerging and re-emerging infectious diseases. PI: Hiroshi Nishiura

Quantifying the transmission dynamics using the illness onset information. Young Investigator Research Program category A. Grants-in-Aid for Scientific Research, Japan Society for the Promotion of Science. PI: Hiroshi Nishiura

Optimization study of immunization program using a mathematical model. Challenging Exploratory Research. Grants-in-Aid for Scientific Research, Japan Society for the Promotion of Science. PI: Hiroshi Nishiura

Donation for Scientific Research, Tokyo Society of Medical Sciences. PI: Hiroshi Nishiura

Donation for Scientific Research, Public Health Research Center. PI: Hiroshi Nishiura

Developing estimation method to estimate HIV infected individuals and understand the epidemiological dynamics. Ministry of Health, Labour and Welfare (MHLW), Japan.

Grant-in-aid program for controlling HIV/AIDS. PI: Hiroshi Nishiura

Multi-scale modeling of dynamical immune responses: toward understandings of skin inflammatory diseases. Ministry of Education, Culture, Sports, Science and Technology, Grants-in-aid for young scientists. PI: Shinji Nakaoka.

Construction of yeast artificial evolution systems. Ministry of Education, Culture, Sports, Science and Technology, Grants-in-aid for Scientific Research (C). PI: Shinji Nakaoka.

Theory of multi-scale modeling for effective anti-virus therapies development. Ministry of Education, Culture, Sports, Science and Technology, Grants-in-aid for Scientific Research (C). CI: Shinji Nakaoka.

## Publications

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# Department of Community and Global Health

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## Introduction and Organization

The Department of Community and Global Health (formerly Department of International Community Health) has been headed by four professors since 1993: Professors Gen Ohi (1993-1996), Som-Arch Wongkhomthong (1996-1999), Susumu Wakai (1999-2005), and Masamine Jimba (2006-present).

The mission of the department is to seek equity and social justice in health within and across nations. To achieve this, we aim toward:

1. Investigating how to improve health status of the most vulnerable people, in particular, in developing countries;
2. Undertaking research on the influence of globalization on health and social development;
3. Investigating mechanisms to reduce inequalities between and within nations on health and development.

Our research focuses on how to activate community-based activities and how to link a

bottom-up approach to national and international policy. The department currently consists of: 1 department chair and professor, 3 assistant professors, 1 specially-appointed assistant professor, 1 project researcher, 11 visiting lecturers, 15 doctoral course students, 16 master's course students, 4 research students, and 25 visiting researchers. About 51% of the students are international students.

## International Cooperation Activities

As one of our international cooperation activities at the global level, a human security project was conducted in collaboration with the Japan Center for International Exchange (JCIE) and JICA. The 'health and human security' guideline is almost ready and will be published in 2016.

In addition, we contributed to a WHO conference on school health and play a key role to strengthen school health at global level.

Furthermore, we carried out a research project on maternal and child health in Ghana in collaboration

with JICA and the Ministry of Health, Ghana. To disseminate the findings of the project, we hosted an international conference in collaboration with JICA. Also, for strengthening human resources, we invited health officers from Ghana, Myanmar, and Nepal to Japan and held a workshop of maternal, neonatal and child health.

## Teaching Activities

The main objectives of our teaching activities are the following two:

- 1) To train researchers who understand and complement the wise activities of practitioners in the field.
- 2) To train practitioners who can also wisely carry out research in the field.

The graduate school curriculum is composed mainly of community and global health advanced courses, exercises and practical work. All curricula focus on community health. Our main educational activities other than curriculum include technical assistance in writing Master's and doctoral theses. We always encourage students to publish their theses in international journals. In addition, we urge students to gain experiences in the field and learn about real global health from their experiences.

Because we have many international students, all lectures, practices, and discussions are carried out in English. For those who don't have health/medical background, we provide a wide variety of curricula from basics to advanced level.

We also provide trainings to young leaders from overseas run by the JICA and lectures in different universities.

## Research Activities

The major objectives of our research activities are the following two:

- 1) To promote research which has a significant impact on global and local societies;
- 2) To promote research which contributes to endogenous development.

We aim at demonstrating research findings based on community-based data directly collected from the field. Therefore, we place high importance on

fieldwork. At the same time, our department aims to contribute to policy making and promoting actions for better health by making the best use of community-based research. We carry out research by working in tandem with different research institutes, international organizations, JICA, NGOs, and universities in developing countries. We conduct research mainly in developing countries, but we also are involved in research in Japan.

The major directions of current research have encompassed 1) health, nutrition, and development, 2) health, human rights and human security, 3) ecological approach in infectious disease control, 4) health promotion, 5) disaster and health, 6) human resources for health worldwide, and 7) maternal and child health.

Our research has been conducted in various countries, including Nepal, Myanmar, Thailand, Bangladesh, Viet Nam, Lao PDR, Cambodia, Indonesia, Ghana, Tanzania, Kenya, Zambia, and Peru.

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# **International Health**

## **2. International Biomedical Sciences**

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# Department of Human Genetics

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## Introduction and Organization

The Department of Human Genetics was established in 1992. Currently, the department has 1 professor, 1 associate professor, 3 assistant professor, 3 research associates, 8 graduate students, and 7 research assistants/technicians. We also accept a few graduate students from clinical departments for their PhD studies.

## Teaching activities

For students at the Graduate School of International Health, courses that cover basic principles as well as the clinical application of human genetics are provided.

As to undergraduate students, a series of lectures is given to each of the sophomore (Human Genetics I, compulsory) and junior (Human Genetics II, elective) classes at the School of Health Sciences. A series of lectures is also provided to the first year (M0) students at the School of Medicine (compulsory).

## Research activities

The Department of Human Genetics is broadly interested in the human genome diversity, especially in the Asian populations. Specifically, we are using genomic research tools including SNP and micro-

satellite analyses, as well as gene expression profiling, to better understand the genetic background of a variety of complex diseases, especially sleep disorders and infectious diseases.

Major research projects:

- 1) Theoretical and experimental analyses on the genetics of complex diseases, including the development of statistical approaches for susceptibility gene mapping in complex diseases, genomic studies for the understanding of genetic background and pathogenesis of autoimmune diseases, sleep disorders, hypertension, diabetes, as well as for host susceptibility factors to infectious diseases.
- 2) Development of new methodologies for genome polymorphism and gene expression analyses.
- 3) Analysis on the genome diversity of Asia-Pacific populations.
- 4) Analyses on the molecular mechanisms of HLA-associated autoimmune and infectious disorders, by protein functional studies.
- 5) Genetic analyses combined with epidemiological studies for bone and joint diseases. This study focuses on the elucidation of genetic susceptibility to those, based on four cohorts established in Japan.

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# Department of Developmental Medical Sciences

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## Introduction and Organization

Founded in 1966 as the Department of Maternal and Child Health, our department was the first one established in Japan. With the subsequent expansion of research activities and the foundation of the Graduate School of Medicine, it was renamed in 1998 as the Department of Developmental Medical Sciences. Up to now, it has been engaged in experimental and epidemiologic studies to provide the scientific bases for all the activities to promote the physical and mental health of mothers and children. The experimental studies include those on the nervous and endocrine systems, infection, immunity and metabolism, whereas the epidemiologic studies deal with development, mother-to-child relationship and health promotion. In 2007, joined by new members, the department has entered a new era, putting more emphasis than ever on the research on developmental disorders of the human nervous system.

At present, our department consists of one professor, one associate professor, two associates, one assistant clerk, one technical assistant, fifteen visiting lecturers, thirteen visiting researchers, and nine graduate students, including three overseas students.

Our department gives lectures to undergraduate and postgraduate students, have weekly meetings of the whole department and of individual research groups, communicate with other investigators inside or

outside the University of Tokyo, and have seminars and meetings with researchers invited from abroad.

We have collaborated with many laboratories in the United States, Canada, Italy, Greece, China, Taiwan, Korea, Thailand, Viet Nam, Laos, Malaysia, Indonesia, Bangladesh, Pakistan, Sri Lanka and Australia, in order to promote the mothers' and children's health all over the world. We also have accepted many young students from these countries, for the purpose of bringing up professionals who either perform medical research or lead local health policies.

## Teaching activities

1. Undergraduate course, Faculty of Medicine, School of Health Science and Nursing
  - 1) Human growth and development
  - 2) Medical microbiology and zoology
  - 3) Maternal and child diseases
  - 4) Immunology
  - 5) Maternal and child health
  - 6) School health and nursing
  - 7) International health
  - 8) Introduction to General Health Science
2. Graduate course, the Graduate School of Medicine, School of International Health Sciences

In addition to lectures and laboratory courses by our own staff, special lectures are given by experts both inside and outside the University.

## Research activities

- (1) Clinical, genetic and pathologic studies of acute encephalopathy: Acute necrotizing encephalopathy, acute encephalopathy with biphasic seizures and late reduced diffusion, and acute encephalitis with refractory, repetitive partial seizures.
- (2) Pharmacological studies on the pathogenesis and treatment of developmental disorders, such as autism spectrum disorder and attention deficit/hyperactivity disorder, using genetically engineered animals.
- (3) Medical genetic studies on congenital anomalies caused by abnormal intracellular signal transduction, such as tuberous sclerosis, Noonan syndrome and Ellis-van Creveld syndrome.
- (4) Molecular pathologic studies on childhood intractable epilepsy and developmental disorders, such as West syndrome and Rett syndrome, using genetically engineered animals.
- (5) Molecular genetic and cell biologic studies combined with post-genomic approaches on molecules regulating neuronal migration, such as Doublecortin and Cdk5.
- (6) Molecular genetics and biochemistry of inherited metabolic disorders, such as peroxisomal disorders, and of neurodegenerative diseases, such as spinal muscular atrophy.
- (7) Studies on the virulence and drug resistance of herpesviruses and poxviruses.
- (8) Molecular epidemiology of pediatric viral infections, in particular gastrointestinal diseases (rotavirus, norovirus, sapovirus and bocavirus), respiratory infections (influenza, RS virus and rhinovirus), exanthematous diseases (rubella) and HIV infection.

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# Department of Human Ecology

## Professor

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## Introduction and Organization

We had six research/teaching faculties in FY2015, two of them were working for “GRENE” or “UEHAS” program, respectively. Apart from the faculty staffs, two supporting staffs, three doctoral candidates (one foreign student), five master course students (including three foreign students), and one postdoctoral fellow are working in the department. There are ten extra-university lecturers delivering lectures in either graduate or undergraduate course. Prof. Watanabe holds additional roles in the Integrated Research System for Sustainability Science (IR3S) as well as in the Earth Observation Data Integration & Fusion Research Initiative (EDITORIA).

## Teaching activities

The department is one of the six departments of the School of International Health. *Human Ecology Special Lecture I* focused on the basic components of Human Ecology such as demography, nutrition, and environment and introducing the notion of human-ecosystem. In “Human Ecology Special Lecture II”, emphases were on recent topics and ongoing researches in the field of Human Ecology and related

areas. With these classes for the Graduate Students, we tried to describe Human Ecology as a basic component of International Health, and gave examples of the recent issues that have been dealt with and approaches used in this field. The lectures for the Graduate Course were given in English.

In the undergraduate course, the department is in charge of a part of the School of Integrated Health Sciences, providing the lectures on “Human Ecology”, “Environmental Health”, “Demography”, “International Health”, and “Medical Anthropology”. We were also responsible for organizing “Pharmacology and Toxicology”, “Physiology”, as well as “Environmental Engineering/ Human Engineering”. At the undergraduate level, our emphases were in introducing global-scale issues such as population explosion, food security, and environmental issues in relation to the problems that Asia-Pacific region (including Japan) has been facing. Another emphasis was on the relation between human activities and chemical contamination of the environment.

In addition to these “regular” courses, we have been collaborating with the Graduate School of Engineering of U Tokyo in operating the program, “Urban Engineering and Health in Asia” (UEHAS), which



been adopted as one of the MEXT-funding “Re-inventing Japan” project (PI= Prof. Takizawa, Dept. of Urban Engineering). UEHAS is an educational program at the graduate level entailing credit exchange between U Tokyo and six universities in ASEAN countries. Our department has been in charge of coordinating the program from SIH side.

## Research activities

Human ecology is literally the understanding of human population in the context of their respective ecology as well as in the global context. Most of our researches tackle the tasks that have been dealt in the field of “Environmental Health” and/or “Population Ecology [of human]”, but with more comprehensive and broader context. Therefore, we need to adopt different approaches including fieldwork, experiment, as well as GIS/GPS analyses. Our study fields include Asian-Oceanian (including Japan) rural as well urban communities, focusing on population, nutrition, growth, and environment and sustainability. Experimental studies focusing on the effects of perinatal exposures to heavy metals have been conducted, emphasizing the factors that modify the effects. We also took part in a MEXT-funding program Green Network of Excellence, in which so called “earth-observation data” will be used to solve health-related issues. Almost all the studies require “trans-disciplinary” approach, hence, we are collaborating with various domestic and overseas research institutes. What follows is a list of major activities conducted in the past year.

### 1. Environmental contamination by metals and metalloids in South Asia and susceptibility factors

In the As-contaminated area in Bangladesh, the arsenic exposure affected the IgG concentrations of mothers and newborns differentially. In lowland Nepal, the effects of prenatal exposure to several metals on the neurodevelopment of newborns were examined and followed up to six months.

### 2. Subsistence transition and adaptation:

In many Asian and Oceania countries, various types of developmental projects have been undertaken aiming at economic development, procurement of

natural resources, or accelerating tourism. Attempts to describe such changes from the viewpoint of political ecology were made in China as well as Papua New Guinea.

### 3. Role of selenium in a population highly exposed to methylmercury through fish consumption:

Relatively high concentration of methylmercury (MeHg) can be found in some predator fish species through food chain, and health risks associated with excessive consumption of such seafood items have been debated long time. On the other hand, fish is very important source of some nutrients including protein, polyunsaturated fatty acids, and minerals, and some of these nutrients might interfere with MeHg toxicity. Thus, net risk/benefit of eating fish are not immediately clear. We examined the nutritional status of selenium, a micronutrient for which fish serves as a significant source. In collaboration with National Institute of Minamata Diseases, it was reported that a fish-eating population in Japan did not show the sign of neurological symptoms despite the high Hg burden, and a potential role of Se was suggested.

### 4. Adaptability to low protein diet

In Papua New Guinea Highlands, the people are fed on low protein diets like sweet potatoes, whereas they do not appear to be protein deficient. Hypothesizing that this observation would be associated with a specific composition of gut microbiome in these populations, field studies and experimental studies have been conducted.

For the estimation of protein intake of individuals, food frequency questionnaire was developed and validated. The analysis of gut microbiome revealed several bacteria that might support “efficient” protein utilization of host.

### 5. Use of “earth-observation” data in the field of health science through the Data Integration and Analysis System (DIAS):

This project has been conducted as one of the program under “Green Network of Excellence – environmental information” (GRENE-ei) project, in which various kinds of earth-observation data, stored or modified in/through DIAS, would be utilized in various scientific fields (so called Social Benefit Area).

We have been running an “Eco-health” program, in which we tried to connect environmental and health-related information in the framework of “human” ecology and tried to identify newly emerging health risks due to climate change and socio-demographical change. In this project, we have been collaborating with other Schools in U Tokyo, a couple of Japanese universities and institutions, as well as many overseas universities, governmental agencies, etc. Namely, we are trying to address the issue of heat and air pollution, urban water issues, and tropical infectious diseases associated with human land use. Combining the physicochemical (secondary) data and (primary) health event data, (1) short-term effects of heat/cold on asthmatic attack, and (2) the effects of air pollution on respiratory function among schoolchildren in Dhaka were examined for up to one year. Also, combining the data of human mobility, satellite-observed thermal information, an estimate of heat exposure of the residents in Dhaka was obtained, which revealed different spatial distribution of the people from that of conventional estimate. In Lao PDR, combining satellite-imagery of landuse and ground surveillance of reservoir snails, a model was developed to predict high-risk areas of Liver fluke infection. In Vietnam, a model to predict diarrhea incidence after flood events was developed, in which not only the primary infection but also the secondary infection was taken into account. Each of these models will be further refined and validated in the subsequent trials.

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# Department of Biomedical Chemistry

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## Introduction and Organization

Aim of our department is to contribute to global health and welfare from basic research. Our department, formerly named Biochemistry and Nutrition was renamed on April 1st, 1996 to The Department of Biomedical Chemistry as newly affiliating with Biomedical Science Division of International Health, Graduate School of Medicine, The University of Tokyo. Prof. Kita has moved from The Institute of Medical Science, The University of Tokyo on March 1st, 1998.

## Teaching activities

Teaching activities in our department cover a broad spectrum of biochemistry-oriented life sciences from premise to frontiers and in either conceptual or experimental point of view

Graduate Course: Biomedical Chemistry I, II

This course is comprised of lectures and seminars to provide basic concepts and newer vistas for understanding biomedical chemistry with special reference to biochemistry and molecular biology. These include the structure and function of biomolecules, metabolism, its regulation, and underlying mechanism at either molecular, cellular and systemic level.

Undergraduate Course: Biochemistry, Molecular Biology, Laboratory Method in Health Science, Basic Life Science, Nutrition, Medical Chemistry, Practice on Medical Chemistry, Parasitology.

## Research activities

Energy metabolism is essential for the survival, continued growth and reproduction of living organisms. From the standpoint of biological adaptation, we have been studying on the molecular mechanism of energy transducing systems such as mitochondrial and bacterial respiratory chain. In addition, we are interested in the basic biological reactions such as protein synthesis. Our research have been focusing on

### I. Human mitochondria

- 1) succinate-ubiquinone reductase
- 2) mitochondrial myopathy

### II. *Ascaris suum* and *Caenorhabditis elegans*

- 1) molecular mechanism of adaptation to low oxygen tension (regulation of gene expression of mitochondrial proteins)
- 2) mitochondrial fumarate reductase (structure function relationship, enzyme evolution)
- 3) *C. elegans* as a model system of parasitic nematode (expression of foreign genes or cDNAs, gene knockout)

III. Parasitic protozoa (*Plasmodium falciparum*, *Trypanosoma brucei*, *Trypanosoma cruzi*, *Cryptosporidium*)

- 1) characterization of mitochondria as a target for the chemotherapy
- 2) molecular biology of mitochondrial DNA
- 3) structure-based drug design (SBDD)

IV. Protein synthesis and RNA maturation

- 1) Mitochondrial protein synthesis
- 2) tRNA splicing

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# **School of Public Health**

## **1. Epidemiology and Health Sciences**

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# Department of Social and Preventive Epidemiology

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## Introduction and Organization

The Department of Social and Preventive Epidemiology is a new department which was established at the same time of the establishment of the School of Public Health, the University of Tokyo (April 2007).

Epidemiology is a study of quantitatively assessing health status and disease development in populations and statistically analyzing the relationship of risk factors with the development of certain disease. In addition to traditional risk factors including alcohol drinking, smoking, nutrition, and physical activity, gene and factors controlling gene and socioeconomic factors are also important topics in epidemiologic research. Epidemiologic data are needed for conducting the assessment of certain treatment including medicine and estimating situation of disease development.

Epidemiology not only provides research methodology in the field of public health but also is considered a practical study for public health and thus a central field of health science. However, both education and research systems have long been insufficient in Japan.

Social and preventive epidemiology is a study of epidemiologically clarifying the relationship between various phenomena in human society (including individual lifestyle) and certain disease.

The Department of Social and Preventive Epidemiology particularly focuses on nutrition, which is essential for individual and population health, as a

main research topic and epidemiologically researches various issues related to nutrition (nutritional epidemiology), playing a central role in this research field in Japan.

The Department currently consists of one professor and one associate.

## Teaching activities

We have the following two lectures in the School of Public Health.

Epidemiological research and practice  
Practice and assessment in public health

Both are strongly associated with practical tasks in public health field, aiming at giving students opportunities for acquiring abilities of conducting public health activities and tasks based on theory of epidemiology.

We have also several lectures for students in other schools.

## Research activities

Our main topic is basic research for development and application of research methodology in the field of nutritional epidemiology. Based on this basic research, we also conduct a wide range of epidemiologic research for investigating the relationship of nutrition with health and disease. As a characteristic of this research field, we conduct many multi-center studies



with various kinds of disease.

Another characteristic is collection of research findings (scientific papers) derived from epidemiologic research all over the world on the association of nutrition with health and disease, which is applied for health control through nutrition improvement and disease control.

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# Department of Clinical Epidemiology and Health Economics

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## Introduction and Organization

The Department of Clinical Epidemiology and Health Economics was established in April 2007, as a part of Master of Public Health (MPH) program under the new School of Public Health (SPH). The Department is also affiliated with the Division of Social Medicine for doctoral education.

The mission of the Department is two folds; to help health professionals obtain scientifically sound basis and skills for evidence-based practice, and to empirically evaluate the clinical practice, health care system/policy for further improvement of the quality of health care. For this purpose, the Department puts a unique emphasis on quantitative analytic methods and inter-disciplinary theories across clinical epidemiology, health service research, health economics and health policy.

## Teaching activities

Under the MPH program, the Department is responsible for 6 courses, one on introduction to clinical medicine for non-MD students, two on clinical epidemiology, two on health economics, and one on healthcare organization management.

The lecture course on clinical epidemiology provides a quick review on elementary to intermediate levels of epidemiology such as research design, bias and error,

and causal inference.

Health economics course provides an intermediate level of micro-economics and health economics theories of consumer choice, insurance, and human capital, and enhances discussion to apply these theories to behaviors of providers and consumers. The 3-day intensive course offers students an opportunity for hands-on training of actual cost-effectiveness analysis of health care and technologies.

The applied course of clinical epidemiology supports the students to build a research hypothesis, design a study, and prepare a study protocol for fund proposal.

The course on health care organization management provides basics of financial accounting, and management frameworks on human resource, strategy, information, and risk, helping the students deepen the knowledge through in-class discussion over real-case scenarios.

The Department accepted 5 master students for the fiscal years of 2015.

## Research activities

Current activities in this Department cover a broad range of health services research, including clinical epidemiological studies, economic evaluation of health technology and health policy, quality of life research, and hospital administration and quality assurance.

The Department also contributes to clinical and health service research using a large claim database based on the Japanese original patient classification system, Diagnosis Procedure Combination (DPC). DPC database allows a unique and detailed analysis on the process of care in acute care hospitals in this country. DPC database also provides resource diagnosis in hospital levels as well as regional levels, when combined with other public data sources such as the Patient Survey, and Hospital Census.

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# Department of Health Communication

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## Introduction and Organization

The Department of Health Communication was established as a part of the newly developed School of Public Health (professional graduate school) in April 2007, which was derived from the University Hospital Medical Information Network (UMIN) Center. It consists of two faculty members: a professor and an associate professor.

Health communication is a major discipline in school of public health, especially in the US, and there are many graduate programs and research centers for health communication. On the other hand, there have been few such departments in Japan, although the importance of the health communication discipline has gradually been recognized among the academic society as well as among general public. Our department was established one of the few departments specialized in health communication in Japan.

## Teaching Activities

The Department of Health Communication, within the School of Public Health, is a newly developed professional graduate program that aims to foster the development of medical and public health professionals as well as researchers. We strive to make the most of our professional activities and experience at UMIN Center. We provide lectures and practical instruction in the program. The following is the current curriculum:

### [Health Communication Lectures]

1. Introduction to health communication
2. Health counseling
3. Patient-provider communication (1): Patient perspective
4. Patient-provider communication (2): Education of health care professionals
5. Interpersonal communication skills for behavioral changes
6. Public health communication skills for behavioral changes
7. Evaluation and research in health communication
8. Public relations and communication from healthcare company
9. Media and communication (1): Television
10. Media and communication (2): News paper
11. Media and communication (3): Internet
12. Media doctor Japan
13. Entertainment education
14. Communicating for policy and advocacy

### [Health Communication Practice]

1. Coaching
2. Manners in interpersonal relationship
3. MBTI (Myers-Briggs Type Indicator)
4. Mass communication: Press conference
5. Internet communication

We also provide lectures and practical instruction in medical informatics / economics as part of the PhD program of the Faculty of Medicine. In the under-



graduate program, Professor Kiuchi presents a lecture entitled "Medical Literature Informatics."

## Research Activities

The followings are two distinguishing characteristics of the research conducted in our Department of Health Communication, as compared to the research at other medical informatics programs in Japan:

(1) A focus on health informatics and communication  
The Department of Health Communication is the only research institute in Japan that carries out health informatics and communication-related research, addressing areas such as the Internet and satellite communications.

(2) Targeting health information science, not health-care information practice

Currently, main topics of the research at most medical informatics programs in Japan focus on information for healthcare practice, such as hospital information systems, electronic medical record systems, tele-medicine, and electronic billing systems. In contrast, the Department of Health Communication has focused on information systems for medical science, such as medical literature databases, data registries for clinical studies, and information systems for medical education.

The following are current research topics at the Department of Health Communication:

(1) Research on Health Communication

Currently, "health communication" is becoming an important concept in the distribution of clinical results for the improvement of population-based clinical outcomes. We have conducted health communication research focusing on knowledge and skills in "informatics" and "communication."

(2) Research on Patient-Professional Relationship and Communication

Communication between patients and health care professionals is the foundation of effective health care. Based on the analysis of the communication in actual as well as simulated medical encounters, we

investigate the relationship of patient and provider characteristics with their communication behaviors, and impacts of the communication on patient outcomes. In addition, we have a seminar to introduce the Roter Interaction Analysis System (RIAS), one of the most widely used tools of the analysis of medical communication,

(3) Research on Health Literacy

The increase in media reports and the rapid expansion of the Internet have rendered various sources of health information more available to the general public. Thus, skills in understanding and applying information about health issues may have a substantial impact on health behaviors and health outcomes. These skills have recently been conceptualized as health literacy. We have developed a measure of health literacy considering the social and cultural context of Japan, and investigated its relationship with patient and provider communication, and patient health behaviors and outcomes.

(4) Research Related to UMIN Activities

Most systems developed at the UMIN Center have been subjects for research. In particular, we published and reported systems utilizing advanced technologies and having scientifically meaningful concepts at academic conferences.

(5) Information Systems for Clinical Epidemiologic Studies

We have developed and applied information systems for clinical epidemiological studies. Recently, we have focused on research in electronic formats and standardization that are related to clinical research, such as the Clinical Data Interchange Standards Consortium (CDISC). We utilized the achievements attained by the medical research data center at the UMIN.

(6) Research Regarding the Security of an Information Network

The study addresses a Virtual Private Network (VPN), and secure transactions with electronic mail (encryption), which have been also utilized for system management at the UMIN Center.

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# **School of Public Health**

## **2. Behavioral Health Sciences**

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# Departments of Health and Social Behavior & Health Education and Health Sociology

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## **Introduction and Organization**

The department originated as one of the first departments dedicated to health education and behavioral science in Japan, led by former Prof. Emeritus Tadao Miyasaka, who had double degrees of M.D. from the University of Tokyo and MPH in health education from Harvard School of Public Health in 1950s. He was succeeded by a sociologist, former Prof. Kyoichi Sonoda who founded the first health sociology department affiliated with the medical school in Japan. Since then, the program has been leading research focusing on socio-behavioral aspects of health in this country. The legend was extended by Prof. Chieko Kawada who raised academic and practical attention on the concept of empowerment and adult pedagogy in health education. Since 1997, the department was further evolved by Prof. Ichiro Kai who integrated diverse health and social science disciplines into social gerontology program, and by Associate Prof. Yoshihiko Yamazaki who led sociological research projects on salutogenesis, social stigma, power, and agency in health settings. The

departments were reorganized under the newly established School of Public Health since 2007. In 2012, the Department of Social Gerontology has been renamed the Department of Health and Social Behavior to apply a life-course perspective to a wider range of social conditions and human wellbeing.

The new department intends to further integrate health science (medicine and public health) and social science (economics, sociology, and psychology) to reveal a causal mechanism linking social structure and individual health for realizing health equity as a fundamental goal to human security.

## **Teaching activities**

The departments offer four courses in the master degree program for public health, and five courses in the undergraduate program for the Integrated Health Sciences track.

### **1. Graduate Courses, School of Public Health**

- 1) Health and Society I & II: The course highlights the significance of social determinants of health (SDH) as a key exposure causing social gradient

of health. A series of omnibus lectures, each of which focusing a specific topic of SDH (e.g. income distribution, gender, job stress, and discrimination), are provided by invited lecturers specialized in the field. The course is followed by course II which offers application of concepts into practice through in-class discussion and group works.

- 2) Health Education; The course provides basic knowledge on relevant behavioral theories for health promotion and behavioral modification, followed by case method learning on health educational intervention in community, school, and work places. The case discussion was facilitated by invited lecturers to reach practical lessons for effective communication.
  - 3) Health Sociology; Sociology in medicine and sociology applied to health issues are treated in the systemic course of lectures, covering social model of health, medical gaze and socialization of health professionals, phenomenology of chronic illness, and culture and health.
2. Undergraduate Courses, School of Integrated Health Sciences
- 1) Introduction to social survey and practice: The course emphasizes that needs for specific knowledge and subsequent research question define the modes of survey. The course gives the students a virtual situation where a social survey is required to obtain data to support some decision making, e.g. market research situation. The students are asked to define an inquired concept, refine a research question, design the mode of survey, and conduct a small pilot survey within the class. The survey results were reported with some practical implication, and were opened to in-class discussion.
  - 2) Health sociology:
  - 3) Health education:
  - 4) Social security and welfare program: Lecture series on the history and the current systems of health care security and welfare policies in this country.
  - 5) Occupational health management; Lecture series on risk/needs assessment, strategic management of health resource, and health promotion inter-

vention in work place.

## Research activities

The Department has contributed to an ongoing research of socioeconomic status and health/functions among elderly population in the collaboration with the School of Economics of the University of Tokyo and the Research Institute of Economic, Industry, and Technology. The Japanese Study of Ageing and Retirement (J-STAR) is a sister study with the U.S. Health and Retirement Study, Study of Health, Ageing, and Retirement in Europe (SHARE), England Longitudinal Survey of Ageing (ELSA), and their global sisters in Asian countries. The scope of JSTAR is diverse; contribution of health for successful ageing, social economic conditions and access to health care, household economy and its impact on life styles such as eating habits and nutrition, impact of retirement onto cognitive function, etc..

Since 2010, the Department has launched another panel study of younger generation, the Japanese study of Stratification, Health, Income, and Neighborhood (J-SHINE) in collaboration with researcher groups on neuroscience, economics, sociology, and social psychology. The aim of this comprehensive panel study is to identify a mechanism how socio-economic environments get to “under-skin” to cause social gradient of health across socio-economic positions. In the year of 2011, the JSHINE conducted a supplemental survey to respondent’s spouse and children. Main and supplemental surveys were followed in 2012 and 2013, respectively. Obtained panel data are made open to a broader range of researchers under the data-control committee, to share analytic scheme and to enhance inter-disciplinary studies so as to better identify common factors as well as unique factors affecting health inequality in Japanese context.

Dr. Kondo also is an active and leading core researcher in another large cohort for social epidemiology in gerontology, called Japan Gerontological Evaluation Study (JAGES) that covers more than 30 municipalities and approximately 200,000 participating old people in the community. The project purports to reveal social relationship and its impact on health in later life.

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# **School of Public Health**

## **3. Health Services Sciences**



# Department of Clinical Information Engineering

## Professor

Hiroshi Oyama, M.D., Ph.D.

## Research Associate

Toki Saito, Ph.D.

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## Introduction and Organization

Information engineering in Japan places a great deal of weight on computer hardware, software, and data processing. It is a discipline that seeks objective data and emphasizes the conception of new methods of data transfer, storage, processing, and input/output. It also targets research on developing computer devices and systems.

Reviewing the history of the application of computers in medicine, calculating machines for supporting scientists and technologists first appeared in the 1950s. In the 1960s, computers were used for accounting and various statistics. The personal computer appeared in the 1980s and was adopted for personal use in many professions. The systematization of large hospitals, such as university hospitals, pushed ahead rapidly.

In the 1990s, the computer began to be used as a tool to help human thinking, such as in presentations, design, and discovery. When computers became connected to each other through the internet, the distribution of information became very easy and rapid, not only within organizations, but also internationally.

In 2003, a high-quality, "finished" sequence of the human genome was completed. At the dawn of the twenty-first century, bioinformatics appeared as a new discipline, one that uses applied mathematics, informatics, statistics, computer science, and biochemistry to solve biological problems. In medicine,

advanced information technologies have been applied to health information infrastructures, electrical clinical guidelines, and knowledge navigation systems.

In response to the needs of the time, the Department of Clinical Information Engineering (CIE) was established at the School of Public Health in April 2007. Its predecessor was the clinical information engineering division of clinical bioinformatics, using Special Coordination Funds for Promoting Science and Technology from the Ministry of Education, Culture, Sports, Science, and Technology, of Japan.

## Teaching activities

The purpose of the Department of Clinical Information Engineering is to nurture talented people who have special knowledge and skills at an international level in order to apply advanced information technologies to practical projects in clinical medicine and the health sciences. It offers courses on information system design, development methodology, evaluation and project management in biomedicine, health care and public health in the School of Public Health, and data mining and virtual reality for clinical decision-making in social medicine.

Famous visiting lecturers and researchers from the National Cancer Center and other universities have given lectures here, furthering our hope of becoming a world leader in this field.

The education of graduate students is based on weekly conferences at which the students present the

progress on their own research projects and discuss their future directions.

## Research activities

Our research covers the biomedical computer applications that focus on biomedical data (collection, analysis, and representation). It constitutes a combination of information science, computer science, and clinical science designed to assist in the management and processing of data, information, and knowledge to support the practice and delivery of clinical care. Our laboratory is engaged in the following research activities:

- (1) Medical Decision-making: We focus on how to improve health outcomes by advancing systematic approaches to clinical decision-making and policy formation in health care using information engineering methodology (IEM), especially electrical clinical guidelines and encoded knowledge.
- (2) Data Mining & Knowledge Discovery from Databases: It is necessary to collate heterogeneous information, such as the clinical indications for a drug, drug side effects, pharmacokinetics, metabolic pathways, and drug response genes for single nucleotide polymorphisms (SNPs). These data are distributed and managed in various clinical databases. We are studying ways to integrate distributed biomedical data and knowledge mining with virtualized database technologies, such as auto-indexing and technical term identification algorithms.
- (3) Computer Graphics & Virtual Reality (VR) for Medical Science: Our research has three goals: (1) to improve the living conditions of in-patients with limited physical activity by providing virtual experiences; (2) to develop new diagnostic methods using medical imaging; and (3) to develop a surgical edutainment and preoperative surgical planning support system in virtual space. The advantages of simulating surgical procedures using VR techniques include: (1) practicing the surgical procedure and image-based training; (2) planning the surgical procedure for individual patients preoperatively using VR images modeled from the patient's preoperative computed tomo-

graphy (CT) or magnetic resonance (MR) images, in collaboration with the Department of Neurosurgery; (3) allowing supervisors to evaluate a procedure objectively; and (4) helping patients and their families to better understand the surgical procedure before and after the operation.

- (4) Social Information Engineering for Public Health (Public Health Informatics): Our laboratory researches new tools and methodologies for applying information and computer science and technology to public health practice, research, and learning. At present, we are studying differences in the computerization of public health in the US and Japan.

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# **Endowed Department**

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# Department of Clinical Epidemiology and Systems

## Associate Professor

Daisuke Koide, R.Rh., HIM, Ph.D.

## Associate

Mikio Takanashi, M.D.,Ph.D.

## Researcher

Yoshiko Mizuno, M.D.,Ph.D.

**Homepage** [http://cbi.umin.ne.jp/dces/index\\_e.html](http://cbi.umin.ne.jp/dces/index_e.html)

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## Introduction and Organization

The Department of Clinical Epidemiology and Systems was established in 2007, supported by Banyu pharmaceutical company (currently MSD K.K). Our department took over and enhanced the function and infrastructures of the Clinical Epidemiology Division in Clinical Bio-Informatics Research Unit (CBI) which had been led by Professor Ryoza Nagai at the Department of Cardiovascular Medicine (currently President of Jichi Medical University), because the unit had been terminated its five-year program supported by the Japan Science and Technology Agency in 2007 as scheduled. At the time of establishment, the staffs were professor Yamazaki and associate professor Koide.

Our objectives are to develop standards for the transfer of clinical information and improve the quality of clinical epidemiologic researches in the area of life-style related diseases and preventive medicine, because large and longitudinal data are necessary. Through these activities, we evaluate such standards and establish academic foundations of "Clinical Epidemiology and Systems" as well as contribute to professional training in this field which will be more and more required in the future.

In order to facilitate our broad activities, our organization is subordinate to the Department of Cardiovascular Medicine, and works with close

collaboration with the staffs in the Center for Epidemiology and Preventive Medicine which was established in 2007 because professor Yamazaki (currently director and professor of clinical research support center) is also the head of the both sections. The staffs of this center overlap with faculty members in the Department of Ubiquitous Preventive Medicine which also took over and enhanced the function and infrastructures of the Genomic Science Division in CBI. Furthermore, these departments work with the Department of Clinical Trial Data Management in the 22nd Century Medical and Research Center, and provide consultation on biostatistics and clinical research. Since Dr. Koide has a background of medical informatics, he develops and systemizes the standards of information in the area of clinical epidemiology in collaboration with the Department of Planning, Information and Management, the University Hospital Medical Information Network (UMIN) Center, the Departments of Epidemiology and Biostatistics, and the Department of Pharmaco-epidemiology.

The first term for five-year passed in March 2012, and the second term has been started since April 2012. When it was renewed, professor Yamazaki moved to the Clinical Research Support Center as director. Also, this department has been supported by the department of Diabetes and Metabolic Medicine (Professor

Takashi Kadowaki) since then. And associate Takanashi and Researcher Yoshiko Mizuno became a member of this department and the Center for Epidemiology and Preventive Medicine. In 2013, the department of Cardiovascular Medicine (Professor Issei Komuro) became the parental department again. In addition to that, the Clinical Research Support Center (Professor Tsutomu Yamazaki) joined as the parental department newly.

Through this cooperation with many departments and centers, we have been conducting education and research. As before, Dr. Koide is an assistant manager of personal information that makes any data of studies regarding human genome or gene anonymous. In the fiscal year of 2015, we received 45 requests and made 2447 samples anonymous.

In addition, our department has been in collaboration with many institutions within and outside the university, since the times of the CBI.

## Teaching activities

On April 30 in 2015, Dr. Koide spoke about "Privacy protection and management in clinical research" at ethical seminar for faculty members and students in the graduate school of medicine, the University of Tokyo. It is mandatory for all researchers in this graduate school to take this seminar once in two years. But foreign researchers who unable understand Japanese well can take alternative e-learning on UMIN. The title of this e-learning is "Principles of Clinical Research and Design" which is provided by MSD K.K. This e-learning is described later.

Also, Dr. Koide lectured to junior students of Integrated Health Sciences, Faculty of Medicine, the University of Tokyo. The title of the lecture was "Drug life-cycle and survey" in the series of "pharmacology and toxicology" on May 19 in 2015, and to sophomore students on February 2 in 2016. And Dr. Koide gave a lecture which was entitled "Pharmacoepidemiology and Pharmacovigilance by using database" in the series of "Epidemiological study, Planning and analysis" for junior students of Integrated Health Sciences, Faculty of Medicine, the University of Tokyo on November 27 in 2015. In addition to that, the same lecture provided by Dr.

Koide took place as the series of medical common lectures XXXIII on January 26 in 2015.

Furthermore, Dr. Takanashi has given a lecture on lipid as a part of clinical training for the 5th and 6th grade's students of Medicine, the University of Tokyo since 2013.

And the basic lectures of Medical Writing took place as an intensive course on September 15-16 in 2015, hosted by the non-profit organization of Japan Medical and Scientific Communicators Association, and supported by the three departments of Clinical Epidemiology and Systems, Clinical Trial Data Management, and Ubiquitous Preventive Medicine.

In addition, Dr. Koide gave lectures at the department of Integrated Science and Engineering for Sustainable Society, Faculty of Science and Engineering, Chuo University as "Epidemiological research with database" on May 27 and as "Pharmacovigilance with database" on June 3 in 2015. And Dr. Koide provided a lecture as "-Clinical Pharmacology-, Evaluation of Drug Efficacy and Safety" (3) Pharmacoepidemiology", which was given to the sixth-grade students at Tokyo University of pharmacy and Sciences on July 2 in 2015. Also, Dr. Koide lectured on "Research Question (RQ) and Pharmacovigilance plan" and "Research Design and Protocol Writing" as Seminars for Regulatory Affairs Professionals at the Pharmaceutical and Medical Device Regulatory Science Society of Japan (PMRJ) which is a non-profit foundation on September 10, 2015. Moreover, Dr. Koide has lectured on ICT literacy as 15 series at faculty of International Liberal Arts, Juntendo University, from October 7 in 2015 to January 27 in 2016.

By the way of public subscription, Dr. Koide has been selected as a research leader of the "collaborative study with universities on development of the e-learning system for clinical research and trial according to the level of skill and profession" for three years since 2012. Although the grant was terminated, this e-learning on UMIN has been continued since 2015. Therefore, we expand our scope of human resource development for not only clinical epidemiology, but also clinical research and trial.

## Research activities

### 1) Development of Medical Information Database for Clinical Epidemiology and its validation study

The Ministry of Health, Labor and Welfare and Pharmaceuticals and Medical Devices Agency (PMDA) in Japan started "10 Million patient's medical data project" for improving safety measures, and selected 10 medical institutions including the University of Tokyo. At first, the system development has been launched in the University of Tokyo Hospital. Dr. Koide is in charge of this system development and validation in 2014. In the future, this system infrastructure will be available with other medical institutions for clinical epidemiology. And Dr. Koide was chosen as a member of a working group for the third party use of the national claim database (NDB) managed by the health insurance bureau in the ministry of health, labor and welfare in Japan.

### 2) Improving Quality of Health Care

As a member of the quality improvement and assessment committee, clinical pathway committee, and a vice-chair of the committee for quality care at our university hospital, Dr. Koide contributes to assess our quality care and improvement.

### 3) Standardization of Information in Clinical Epidemiology

As attending Health Level Seven (HL7) and Clinical Data Interchange Standards Consortium (CDISC) which are the international standards development organizations, we study on electronic standards for the transfer pharmaceutical regulatory information, especially focusing on electronic standards for reporting.

### 4) In Vivo Analysis on Lipid Metabolism

In order to elucidate the pathophysiological role of neutral lipid accumulation in metabolic diseases, we take advantage of mouse models of lipase deficiency and genetic hyperlipidemia, such as hormone-sensitive lipase (Lipe) deficient mice, neutral cholesterol ester hydrolase 1 (Nceh1) deficient mice, Ldlr/ApoE and ApoA5 deficient mice.

Specifically, our recent findings suggest the unprecedented roles of these lipases in diabetic dyslipidemia, non-alcoholic steatohepatitis (NASH) and atherosclerosis. In addition, we recently established an obesity-resistant mutant mouse strain which may lead to the identification of new therapeutic targets to combat obesity-related disorders.

### 5) Preventive Medicine for Cardiovascular Disease

Cardiovascular disease is one of the main causes of death in Japan and the related medical expenses are bigger than those for cancer. Preventive cardiology, which was initiated by the Japanese medical society in 2000, is now regarded as a key solution to the problem. In light of the need for novel approaches, Dr. Mizuno sought to elucidate mechanisms of atherosclerosis by conducting comprehensive research in healthy subjects. Firstly, we built a database with information from medical check-up, thereafter conducted cross-sectional and prospective studies. One of our recent findings regarding oxidative stress suggests that excessive state of serum iron levels in healthy patients is associated with subclinical atherosclerosis. Dr. Mizuno also elucidated the impact of infection on early atherosclerosis, along with measuring oxidative stress levels in stored blood samples.

### 6) Serological markers of malignant tumors

Serological markers of malignant tumors such as Carcinoembryonic antigen (CEA) and carbohydrate antigen 19-9 (CA19-9) are known to be associated with metabolic syndrome in several papers. Dr. Mizuno sought to elucidate the relationship between broad range of tumor markers and metabolic syndrome as well as diabetes including impaired glucose tolerance (IGT) by analyzing the data of Japanese who underwent general health screening.

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# Department of Ubiquitous Preventive Medicine

## Associate Professor

Yuichi Ikeda, M.D., Ph.D. (2015.11~)

Yasushi Imai, M.D., Ph.D. (2014.12~2015.7)

## Assistant Professor

Yuichi Ikeda, M.D., Ph.D. (2014.7~2015.10)

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## Introduction and Organization

As an official department in the Graduate School of Medicine of the University of Tokyo, the Department of Ubiquitous Preventive Medicine was established in August 1st, 2007, with a donation from three pharmaceutical companies, Toa-Eiyo Ltd., Shionogi & Co., Ltd. and NEC Corporation to the University (since August 2010, from Shionogi & Co.). Its predecessor is the Clinical Bio-Informatics Research Unit, which was established in 2002 as a government-funded program (Bio-Informatics Training Program supported by the Ministry of Education, Culture, Sports, Science and Technology [MEXT] through Special Coordination Funds for Promoting Science and Technology). When the Clinical Bio-Informatics Research Unit completed its program tenure in 2007, its academic services were succeeded by our department and the Department of Clinical Epidemiology and Systems, both affiliated with the Department of Cardiovascular Medicine in the Graduate School of Medicine of the University of Tokyo.

Our department provides clinical as well as academic support for the Department of Epidemiology and Preventive Medicine, which was established in 2007 within the University of Tokyo Hospital. In collaboration with our department, the Department of Clinical Epidemiology and Systems also support the management of the Department of Epidemiology and Preventive Medicine.

## Research Activities

Our goal is to create diagnostic and therapeutic basis for prevention and early detection of cardiovascular disease by utilizing advanced techniques of biochemistry and molecular pharmacology. We especially focus on the discovery of bioactive molecules and diagnostic biomarkers in order to promote translational research, which connects basic scientific findings to tangible clinical application.

One of our achievements is the establishment of a novel technique for detecting post-translational modification and degradation of B-type natriuretic peptide, one of the most important biomarkers in cardiovascular pathologies such as ischemic heart disease and heart failure. This unique technique was developed in collaboration with Shimadzu Corporation. We have already confirmed and published its utility in clinical practice (Clin Chem, in press), further, issued press-release from the University of Tokyo Hospital.

In addition to the development of diagnostic techniques, we have also established several screening systems towards the discovery of bioactive substances that are involved in the pathogenesis of cardiovascular disease. Utilizing these newly developed systems, we will screen tissue extracts and a small-molecule compound library to identify novel bioactive molecules.

In this way, Ubiquitous Preventive Medicine is an applied science, based on which a comprehensive system is to be developed in an effort to promote



preventive medicine for health promotion.

## Clinical activities

The Department of Ubiquitous Preventive Medicine is involved in the management of the Department of Epidemiology and Preventive Medicine in the University of Tokyo Hospital and provides clinical as well as academic support for the department.

## Teaching activities

The Department of Ubiquitous Preventive Medicine offers education and research supervision to graduate students and post-doctoral fellows in the affiliate Department of Cardiovascular Medicine.

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# Division of Chronic Kidney Disease (CKD) Pathophysiology

## Division Chief (Associate Professor)

Reiko Inagi, Ph.D.

## Assistant Professor

Kumi Shoji, M.D., Ph.D.

Tzu-Ming Jao, Ph.D.

Yoshihisa Nakatani, M.D., Ph.D. (Division of Nephrology and Endocrinology)

## PhD Students

Yu Ishimoto, M.D. (Division of Nephrology and Endocrinology)

Akira Okada, M.D. (Division of Nephrology and Endocrinology)

## Visiting Researcher

Kittisak Sinpitukkul, Msc.

(Faculty of Medicine, Chulalongkorn University, Bangkok, Thailand)

Manoch Rattanasompattikul, MD.

(Renal Unit, Medical Department, Golden Jubilee Medical Center, Mahidol University, Bangkok, Thailand)

## Lab Technician

Ikumi Okuaki, B.S.

**Homepage** <http://www.todai-ckd.com>

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## Introduction and Organization

In Japan, more than 13 million people suffer from chronic kidney disease (CKD), or roughly one in every eight adults. Why has the number of CKD patients increased so remarkably? One major cause is the sharp increase in the number of people with diabetic nephropathy, which is a complication of diabetes; since 1998, this has been the most important cause among diseases which require incipient dialysis. Additional causes include the aging of society and other social factors. The kidney is called a silent organ, and CKD progresses without subjective symptoms. It is now evident, however, that asymptomatic CKD

which progresses over time carries a number of risks.

One risk is the possible progression of CKD to end-stage kidney failure, which requires renal replacement therapy. A second risk is the development and progression of lifestyle-related diseases, such as heart attack and arteriosclerosis. The kidneys work closely with the heart and other organs, and a decrease in renal function causes dysfunction of the heart and blood vessels. This adverse impact of the progression of CKD on other organs underlines the importance of the kidneys in maintaining general health. Further, many researchers have also focused on the vicious

spiral of aging and CKD: aging worsens the progression of CKD, while CKD accelerates aging. With our modern lifestyles and the super-aging society, CKD cannot be separated from lifestyle-related diseases, and senility cannot be separated from CKD.

Creating a healthy, long-lived society full of energy and vigor requires that the quality of life (QOL) of the elderly be improved. In turn, total medical expenditures will also be decreased. These are important issues requiring urgent solutions. Against this background, the Division of CKD Pathophysiology was newly established in November 2013 with support from Kyowa Hakko Kirin Co., Ltd. The aim of the Division is to aid and support the control CKD and the creation of a healthy, long-lived society. The Division takes an innovative approach to identifying the pathophysiology of CKD, and works to develop more effective CKD preventive and therapeutic strategies. Through these research activities, our goal is to contribute to the creation of a healthy, long-lived society in which the elderly can live a happy and independent life.

## Major Research Projects

The Division of CKD Pathophysiology works in collaboration with the Division of Nephrology and Endocrinology, a part of The University of Tokyo Graduate School of Medicine (Professor Masaomi Nangaku) to conduct basic and clinical research on CKD pathophysiology, including:

- 1) Identifying the mechanism of destruction of adaptive signals to various stresses (endoplasmic reticulum stress, ischemia, glycation stress, oxidative stress) in CKD; and using the findings obtained to establish new CKD treatment strategies.
- 2) Clarifying the mechanism of functional change in renal erythropoietin (EPO)-producing cells, along with the mechanisms of CKD progression and identification of the mechanism of development and progress of renal anemia.
- 3) Clarifying the impact of kidney aging on CKD progression in super-aging society
- 4) Identifying factors in the exacerbation of CKD in patients with diabetes, and developing diagnostic

and therapeutic drugs targeting such factors.

## Research Funds

- Japan Society for the Promotion of Science, Grants-in-Aid for Scientific Research  
**25461207** (to Reiko Inagi, Analysis of pathophysiological significance of microRNA that regulates hypoxic and ER stress responses),  
**15KT0088** (to Reiko Inagi, Analysis of epigenetic regulation of endoplasmic reticulum stress signals on kidney aging),  
**16K15465** (to Reiko Inagi, Analysis of pathophysiological significance of D-amino acid in kidney disease),  
**25893045** (to Kumi Shoji, Identification of the function of Sperm-associated antigen 4, a novel hypoxia-inducible factor 1 target, in the kidney)
- Yakult Bio-Science Foundation (to Reiko Inagi, pathophysiological contribution of gut microbiota in CKD progression)

## Awards

Dr. Yu Ishimoto received the Best Abstract Award of Kidney Summit 2015 (2015 Dec. in Tokyo).

Dr. Yu Ishimoto received the Investigators Award in the 5<sup>th</sup> Chronic Kidney Disease Frontier Meeting (2016 Feb. in Nagoya).

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# Department of Molecular Structure and Dynamics

## Project Professor

Nobutaka Hirokawa, M. D.

## Project Associate

Tadayuki Ogawa, Ph. D.

Homepage <http://cb.m.u-tokyo.ac.jp/>

## Teaching activities

We are involved in teaching medical students and Master course and Ph. D. course students in the following lectures and laboratory courses together with the Department of Cell Biology and Anatomy.

I.

- 1) Lecture on Cell Biology, Developmental Biology, Histology and Neurocytology.
- 2) Lecture on Gross Anatomy and Neuroanatomy. to medical students and students of other faculties

II.

- 1) Laboratory course of Gross Anatomy and Neuroanatomy.
- 2) Laboratory course of Histology and Histology of the Central Nervous System.

to medical students and students of other faculties.

In addition we offer a special training course (free quarter) of various kinds of molecular cell biology techniques such as immunocytochemistry, electron microscopy, biochemistry, molecular biology, biophysics, and cellular and molecular neurobiology technique to medical students.

Especially we devote ourselves for the teaching of the cutting edge approaches of new light microscopy such as the Photoactivated Localization Microscopy (PALM), cryo-electron microscopy and X-ray crystallography.

## Research activities

Our laboratory studies molecular motors and rail microtubules and the mechanisms of intracellular

transport. To study these molecular mechanisms we use new molecular cell biological approaches including cutting edge light microscopies, cryo-electron microscopy of molecular resolution, X-ray crystallography, biophysics, molecular biology and molecular genetics. We aim to study the structure and dynamics of the molecular motors in vitro and in vivo at the highest spatial and temporal resolution and on these bases try to elucidate functions of molecular motors in vivo combining molecular genetics.

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  8. Tanaka, Y., S. Niwa, M. Dong, A. Farkhondeh, Li. Wang, R. Zhou, and **N. Hirokawa**. The molecular motor KIF1A transports the trkA neurotrophin receptor and is essential for sensory neuron survival and function. *Neuron* 90: 1215-1229, 2016

# Department of Continence Medicine

## Professor

Yasuhiko Igawa, M.D.,Ph.D.

## Research Associate

Naoki Aizawa, Ph.D.

**Homepage** <http://cont-med.umin.jp/>

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## Introduction and Organization

Our department has been established as an endowment department supported by Astellas Pharma Inc. in close collaboration with the Department of Urology on July 1st 2010 to facilitate researches specially focusing on continence medicine. Since July, 2013, this department has been received kind donations from six pharmaceutical companies (Astellas Pharma Inc., Asahi-kasei Pharma Corp., Ono Pharmaceutical Co., Ltd, Kissei Pharmaceutical Co., Ltd, Kyorin Pharmaceutical Co., Ltd, and Taiho Pharmaceutical Co., Ltd).

The aim of our department is to contribute to the advancement of continence medicine through basic and clinical researches on regulation mechanisms of lower urinary tract (LUT) function and pathophysiology of LUT dysfunction, as well as function/dysfunction of lower bowel and pelvic floor.

We believe that a multi-disciplinary professional team consisted of physicians, surgeons, nurses, physiotherapists, bio-engineers, social workers and scientists is necessary to achieve greater advancement of continence medicine and care. We hope many researchers with different specialties are interested in our research themes and collaborate with us for the purpose of supporting patients with continence problems by providing them better treatment and management strategies.

## Clinical activities

Professor Igawa offers clinical services specialized for patients with intractable lower urinary tract dysfunction as well as for children with urogenital disorders in conjunction with the Department of Urology.

## Teaching activities

We take part in providing systematic urological lectures for second year medical students, and bedside teaching for third and fourth year medical students.

## Research activities

We are currently investigating regulation mechanisms of lower urinary tract (LUT) function, and pathophysiological mechanisms of various LUT dysfunction, including overactive bladder (OAB), bladder outlet obstruction (BOO), interstitial cystitis/bladder pain syndrome(IC/BPS), and underactive bladder dysfunction, especially focusing on:

1. To elucidate bladder sensory transduction mechanisms
2. To disclose pathophysiology of development of detrusor overactivity/OAB
3. To find useful biomarkers for IC/BPS
4. To evaluate the effects of metabolic syndrome on LUT function

5. To develop novel pharmacological treatment for refractory LUT dysfunction
6. To establish continence-care system consisted of multi-disciplinary professionals to contribute to the advancement of continence medicine

## Publications

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3. Aizawa N, Homma Y, Igawa Y. Effects of L-arginine, mirabegron, and oxybutynin on the primary bladder afferent nerve activities synchronized with reflexic, rhythmic bladder contractions in the rat. *Neurourol Urodyn*. 2015 Apr; 34(4): 368-74.
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10. Yokoyama O, Igawa Y, Takeda M, Yamaguchi T, Murakami M, Viktrup L. Tadalafil for lower urinary tract symptoms secondary to benign prostatic hyperplasia: a review of clinical data in Asian men and an update on the mechanism of action. *Ther Adv Urol*. 2015 Oct;7(5):249-64.
11. Yamada Y, Nomiya A, Niimi A, Igawa Y, Ito T, Tomoe H, Takei M, Ueda T, Homma Y. A survey on clinical practice of interstitial cystitis in Japan. *Transl Androl Urol*. 2015 Oct; 4(5):486-90.
12. Kamei J, Furuta A, Akiyama Y, Niimi A, Ichihara K, Fujimura T, Fukuhara H, Kume H, Homma Y, Igawa Y. Video-urodynamic effects of mirabegron, a  $\beta_3$ -adrenoceptor agonist, in patients with low-compliance bladder. *Int J Urol*. 2015 Oct; 22(10): 956-61.
13. Yamaguchi O, Kakizaki H, Homma Y, Igawa Y, Takeda M, Nishizawa O, Gotoh M, Yoshida M, Yokoyama O, Seki N, Okitsu A, Hamada T, Kobayashi A, Kuroishi K. Safety and efficacy of mirabegron as add-on therapy in patients with overactive bladder treated with solifenacin: a postmarketing, open-label study in Japan (MILAI study). *BJU Int* 2015 Oct; 116(4):612-22
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# Department of Medical Genomics

## Associate Professor

Eirin Sai, M.D., Ph.D.

## Lecturer

Masahito Kawazu, M.D., Ph.D.

## Assistant Professor

Shinji Kohsaka, M.D., Ph.D.

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## Introduction and Organization

Department of Medical Genomics was established in September 2009 with the goal to identify essential growth drivers in every cancer, by taking advantage of our functional screening system coupled with the next generation sequencing technologies. Department of Medical Genomics had been settled by the tight support from Department of Molecular Pathology (Professor Kohei Miyazono) and by the donation from Astellas Pharma Inc. and Illumina, Inc. Starting as of September 2012, Department of Medical Genomics has been run only by the donation from Astellas Pharma Inc. Since April 2013, Department of Cellular Signaling (Professor Hiroyuki Mano) co-supported this Department. Starting from September 2014, Department of Medical Genomics has entered the second 5-year-period by the support from Eisai Co., Ltd. In September 2014, Dr. Yoshihiro Yamashita was promoted to become Associate Professor at Department of Cellular Signaling. In January 2015, Dr. Shinji Kohsaka has jointed Department of Medical Genomics as Assistant Professor.

Department of Medical Genomics enjoys a wide range of research collaboration with many academic institutes within Japan and also from abroad. Especially, this Department is under an intimate collaboration with Department of Cellular Signaling.

## Teaching activities

We jointly take the responsibility for the lectures of Biochemistry as wells as training of Biochemical Experiments for the undergraduate students of the School of Medicine. We also deliver training for graduate students of the Graduate School of Medicine.

## Research activities

Department of Medical Genomics tries to fulfill our goals mainly through two approaches.

(1) Functional screening with the use of retroviral cDNA expression libraries.

The focus formation assay had been widely used in 1980s and 1990s to identify oncogenes from human cancer. However, since this technology directly uses cancer genome to transfer oncogenes into recipient cells, expression of each gene is regulated by its own promoter/enhancer fragments. Therefore, such technology is theoretically unable to capture oncogenes whose promoter/enhancer is silent in recipient cells. To make every gene expressed sufficiently in recipient cells, we here developed a highly efficient retrovirus-mediated cDNA expression library system. Our system enables to make a library with high complexity (containing millions of independent cDNA clones) even from  $< 10^4$  of cells.

Application of this technology to a lung cancer specimen led to the discovery of a novel fusion-type oncogene *EML4-ALK* (*Nature* 448:561). A tiny

chromosomal inversion, *inv(2)(p21p23)*, within lung cancer cells fuses *EML4* (Echinoderm microtubule associated protein like 4) to *ALK* (anaplastic lymphoma kinase), resulting in the production of a constitutively active tyrosine kinase EML4-ALK.

Many pharmaceutical companies are currently developing ALK inhibitors, and more than six of different inhibitors are under clinical trials to treat EML4-ALK-positive lung cancer. The efficacy of one of such compounds, crizotinib, has been published already, and, surprisingly treatment with crizotinib resulted in ~90% of response rate plus the presence of patients under complete remission. Crizotinib was approved as a therapeutic drug against lung cancer as of August, 2011, which is the record-breaking speed in the history of cancer drug development.

We examined gene copy number of *EML4-ALK*-positive tumors in a genome-wide manner, and found that copy number alterations in oncogenes and tumor-suppressor genes are significantly less frequent in tumors harboring *EML4-ALK* than those without it.

## (2) Cancer genome resequencing

In addition to the functional screening shown above, we also tried to search for somatically mutated genes in human cancers with the use of “the next generation sequencers (NGS)”. While development of NGS has enabled us to determine the full genome sequence of a cancer specimen even in private laboratories, it is still a demanding task to conduct full-genome sequencing for a large number of samples. Therefore, many laboratories now purify exonic fragments from a sample genome, and determine their sequences. However, since gene fusions usually take place at intronic regions, such sequencing approach with captured exons fails to discover fusion genes.

Thus, we have developed a “cDNA-capture system”, in which exon capture is conducted on cDNA, not genomic DNA. With this technology, a single NGS experiment can detect point mutations, insertions/deletions and gene fusions simultaneously (*Cancer Sci* 103:131)

We applied this technology to a human fibrosarcoma cell line, HT1080, leading to the discovery of oncogenic mutants among small GTPases, NRAS(Q61K) and RAC1(N92I) (*PNAS* 110:3029). Interestingly, RAC1(N92I), but not NRAS(Q61K), was shown to be an essential growth driver to which

cancer cells are addicted.

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2. Yamaguchi H, Kawazu M, Yasuda T, Soda M, Ueno T, Kojima S, Yashiro M, Yoshino I, Ishikawa Y, Sai E, Mano H. “Transforming somatic mutations of mammalian target of rapamycin kinase in human cancer” *Cancer Sci* 106:1687-1692, 2015.
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7. Hashizume O, Ohnishi S, Mito T, Shimizu A, Iashikawa K, Nakada K, Soda M, Mano H, Togayachi S, Miyoshi H, Okita K, Hayashi J. “Epigenetic regulation of the nuclear-coded GCAT and SHMT2 genes confers human age-associated mitochondrial respiration defects” *Sci Rep* 5:10434, 2015.

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# Department of Molecular Psychiatry

## Associate Professor

Kazuya Iwamoto, Ph.D.

## Assistant Professor

Miki Bundo, Ph.D.

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## Introduction and Organization

Major mental disorders such as schizophrenia, affective disorders, and developmental disorders are severe disorders showing high prevalence rate in every population. They not only bring long-lasting suffering to patients and their families, but also cause tremendous loss from an economical view. Surprisingly, cause of illness and pathophysiology of mental disorders remain largely unclear. The Department of Molecular Psychiatry has been established at the Graduate School of Medicine, University of Tokyo from February 2010 to January 2013, by the donation from *Astellas Pharma*, *Dainippon Sumitomo Pharma*, and *Yoshitomi Yakuhin*, and from February 2013, by the donation from *Dainippon Sumitomo Pharma*, and *Yoshitomi Yakuhin*. The aim of this department is to contribute the understanding of cause of illness and pathophysiology of major mental disorders at the molecular level, through the close collaboration with *Department of Neuropsychiatry at the University of Tokyo*.

## Research activities

Specimen derived from mental disorders as well as animal models are examined by comprehensive approaches from genetic, molecular biological, cellular and behavioral point of views. Especially, we will focus on the study of blood samples provided from *Department of Neuropsychiatry at the University*

*of Tokyo* and postmortem brains provided from brain banks.

## Publication

1. Sugawara H, Bundo M, Asai T, Sunaga F, Ueda J, Ishigooka J, Kasai K, Kato T, Iwamoto K. Effects of quetiapine on DNA methylation in neuroblastoma cells. *Progress in Neuro-Psychopharmacology and Biological Psychiatry* 2015,56:117-121.

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# Department of Life Support Technology (Molten)

## **Project Professor**

Taketoshi Mori, Ph.D.

## **Project Lecturer**

Hiroshi Noguchi, Ph.D.

## **Project Assistant Professor**

Mikako Yoshida, Ph.D.

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## **Introduction and Organization**

Department of Life Support Technology (Molten) was founded Oct. 1, 2010 as a laboratory in Graduate School of Medicine of the University of Tokyo.

The aim of the department is to establish life support technology, which include not only pathophysiology investigation of diseases and symptoms caused by daily life activities but also development of direct intervention method based on nursing approach and methodology establishment for supporting daily life widely.

First, Prof. Hiromi Sanada, who drives translational research in nursing research area, and Molten Corp., which is one of Japanese welfare device development companies, planned to establish this department. After planned, Prof. Takeyoshi Dohi, leading person in welfare and medical device engineering, recommended Taketoshi Mori, Ph.D. as a leader of the department. He arrived at his post and the department was established.

From Oct 1, 2015, the second term of the department started. On Feb 20, 2016, the celebration party for department continuation and promotion of Prof. Mori was held at Gakushi kaikan, which is the same place as the celebration party for department establishment.

Many people including president of Molten Corp. Kiyoshi Tamiaki, Prof. Noriko Yamamoto and Prof. Takeyoshi Dohi attended the party. Both nursing researchers and engineering researches congratulate the department continuation and promotion of Prof. Mori.

Our department contributed to establishment of the society for nursing science and engineering from 2012. The first annual meeting of nursing science and engineering was hold at 5<sup>th</sup> Oct 2013. Our department played a great important role for management of the meeting as a host.

Current members include a project projector, a project lecturer and a project assistant professor. In addition, a project researcher is belonging to our department from Global Leadership Initiative for an Age-Friendly Society, Graduate Program in Gerontology.

We accept students from Division of Health Science and Nursing. Accepted two master course students were graduated at the end of 2013. The supportive department is the Department of Gerontological Nursing / Wound Care Management. We also accept foreign students. In 2013, we accepted a Ph.D. student from Mexico.

## Teaching activities

As for lectures, our department assisted the lectures of the supportive department, the Department of Gerontological Nursing/Wound Care Management. In a part of Gerontological Nursing for undergraduate course, Taketoshi Mori lectured monitoring system for elderly people. Hiroshi Noguchi also lectured nursing engineering. In addition, Mikako Yoshida supported Gerontological Practical for undergraduate course.

In a part of Wound Care Management I for graduate course, Taketoshi Mori taught electric engineering, which is closely related to development of medical and nursing devices. Hiroshi Noguchi taught measurement engineering. We invited Prof. Masakatsu Fujie, Waseda University and other speakers related to engineering to lecture for Gerontological Nursing II for graduate course.

In a part of Gerontological Nursing I for graduate course, the members in the department lectured the features and reading method of journal papers of engineering research based on typical publications.

As for the other education activity, our department supported management of the third seminar for nursing science and engineering. The staffs in our department had engineering-related lectures and introduction of research using ultrasonography.

## Research activities

Our research themes are to investigate causes of diseases and/or wounds due to daily life activity, and to develop instrument for effective monitoring and preventing diseases and/or wounds. We study science and technology of natural human monitoring, nursing engineering, and human behavior sensing thoroughly.

We are seeking a new interdisciplinary research domain between engineering and nursing, and willing to realize comfortable daily life through these researches.

We are developing the methodology to support healthy and comfortable daily life by 1) monitoring daily life naturally, 2) understanding the typical behaviors, and 3) predicting diseases, injuries, and accidents using various sensing technology.

Main themes of our department are the following:

- a) Development of monitoring systems for patient on a bed and vital sign measurement system using mattress
- b) Construction of behavior measurement in daily living environment using simple sensors and algorithm for typical behavior pattern extraction and transition estimation of human behavior pattern
- c) Three dimensional leg movement measurement and spatiotemporal 3D leg state measurement for prevention of foot ulcer
- d) Clinical research for current status and management of incontinence
- e) Human position measurement and behavior estimation using laser range scanners
- f) Design and construction of human behavior database

As for the clinical field, we attend the Foot Care Outpatient Clinic held by Department of Metabolic Diseases. Mikako Yoshida attended Outpatient Clinic of Urology.

As for the research related to prevention of diabetic foot ulcer, we supported the doctor course student, who was belonging to Department of Gerontological Nursing/Wound Care Management. She developed a new measurement system and conducted observational study. The system consists of small force sensors directly attached on the plantar, which can capture both vertical and horizontal forces, and small motions sensors, which can measure movement of the legs and the feet. The clinical study identified cut-off value of plantar force parameters for callus formation, and revealed what gait parameters were related to elevation of plantar force parameters. She wrote dissertation "Investigation of external force on plantar associated with callus in diabetic neuropathy patients and its relationship with their leg motions for foot ulcer prevention" and graduated.

In this year, we started new research theme and support an undergraduate student. He developed a new system for support of nurses to insert needles into peripheral vein. The system consists of head mount display which provides the pre-scanned ultrasound image including vein information, and camera which

can detect the nurse's fingertip position and rotation. The nurses can select the suitable vein for catheter needle insertion using the system. The student wrote the graduation thesis "Virtual ultrasonic probe system to support peripheral IV catheter site selection". He received the prize of school of integrated health science. He also received "the University of Tokyo President's Award for Students" based on his academic achievement and graduation thesis.

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# Department of Youth Mental Health

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## **Introduction and Organization**

The Department of Youth Mental health was established May 2011. This department is supported by Otsuka Pharmaceutical Co., Ltd. and keeps close relationship with the department of neuropsychiatry.

Youth means the period of time when someone is young, especially the period when someone is a teenager. This period includes the period of puberty and adolescence. This period is unique to human and is very important for developing the ego function. If some critical event happens at this time, the development might be inhibited and this inhibition may cause mental illness. In order to keep this development safely, the close care for teenagers is very useful. Although the importance of mental health of children and adult is emphasized in the history of neuropsychiatry, youth mental health did not attract a lot of attention of psychiatrists and researchers. From the late 20th century, psychiatrists began to notice the importance of youth mental health.

This department has a focus on youth mental health and combines the biological aspect and social aspect of psychiatry. We are trying to create the new concept of the social psychiatry including early intervention and education.

## **Clinical activities**

We have outpatient clinics especially for the youth. This clinic is a part of neuropsychiatry clinics but treats young people especially suffering from early stage of psychosis. We try to use cognitive and social therapy for those patients and to minimize the use of medication.

Psychiatrists and co medical staffs go to high schools and are engaged in educational activities. School teachers often need some advises about mental health problems happening in schools, we try to assist those teachers as well.

Just after the Great East Japan Earthquake, staffs of the department of neuropsychiatry went to Miyagi prefecture and support the staffs working at Higashimatsushima City. This department also sends staffs and meets the needs of staffs working at Higashimatsushima City.

## **Educational activities**

Staffs are participating in several kinds of lectures with the staffs of the department of psychiatry. We also manage the mental health research course which is one of the courses of clinical research training program in the University of Tokyo.

## Research activities

Our research field covers Integrative neuroimaging studies for schizophrenia targeting early intervention and prevention (IN-STEP), Tokyo teen cohort study, and the cohort-subsample brain imaging study.

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# Department of Immunotherapy Management

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## **Introduction and Organization**

Recently, biologic agents which target cytokines or cell surface molecules have been developed and play an important role in the treatment of autoimmune diseases. In Japan, biologic agents are available for the treatment of rheumatoid arthritis, psoriasis, Behcet disease and inflammatory bowel diseases. These diseases are treated in the Department of Allergy & Rheumatology, Dermatology, Orthopedics Gastroenterology, Surgical oncology & vascular surgery, and Ophthalmology. The Department of Immunotherapy Management was established in April 2013, and renewed through donations from new seven pharmaceutical companies (Mitsubishi-Tanabe, Chugai, Ayumi, Taishotoyama, Nipponkayaku, UCB Japan, Abbvie) in June 2016. The Department of Allergy & Rheumatology, Dermatology and Orthopedics work in collaboration.

Biologics agents include infliximab, infliximab BS, adalimumab, golimumab, certolizumab pegol, etanercept, tocilizumab, abatacept, ustekinumab and secukinumab. The Jak kinase inhibitor tofacitinib is only one small molecule. Not only biologic agents but also small molecules have been developed in succession. However, it is difficult to predict the efficacy and toxicity of these agents by the background characteristics of patients with rheumatoid arthritis. The aims of this department are to propose an optimal treatment strategy for each patient and to establish a platform to investigate novel biologics

through analyses of immunological changes by biologics treatments and the relationship between biologics response and biomarkers or genetic information.

## **Clinical activities**

We established a new booth for outpatients with rheumatoid arthritis who are receiving biologic agents which is available every morning from Monday to Friday. We focus on total rheumatoid arthritis care with biologic agents. Moreover, we examine outpatients with psoriasis or Behcet's disease before biologics treatment and judge whether biologics treatments can be used safely. In every Friday afternoons, we evaluate for outpatient with psoriatic arthritis including accurate diagnosis and monitoring disease activity by clinical and imaging examinations.

## **Teaching activities**

As for education, we take part in providing information of biologic agents for patients who are the candidates to receive biologics, including necessity, benefits, safety, complications, procedures and costs. Every time when a new biologic agent becomes available for prescription, we provide information of the agent for medical staffs. Moreover, we are giving lectures about biologics treatment for medical students at bed-side learning programs or at systematic lecture courses.

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## Research activities

As for research, we are investigating novel biologics through analyses of immunological changes by biologics treatments and the relationship between biologics response and biomarkers or genetic information.

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# Department of medical research and the management of musculoskeletal pain

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## Introduction and Organization

The department of medical research and the management of musculoskeletal pain was established in 2014 at the 22nd Century Medical and Research Centre thanks to donations from Ono Pharmaceutical Co. Ltd., Showa Yakuhin Kako Co., Ltd., and Nippon Zoki Pharmaceutical Co., Ltd. The department is a collaboration among the Department of Orthopaedics, the Department of Rehabilitation Medicine, and the Department of Anaesthesiology and Pain Medicine. Currently, our aims are to design an algorithm for diagnosing and treating most types of musculoskeletal pain that do not have established treatment guidelines and to elucidate evidence for the possibility of developing causal therapies.

In the “Comprehensive Survey of Living Conditions” and the “Survey on the Status of Occurrence of Diseases at Work,” which were published by the Health, Labour, and Welfare Ministry, the issues affecting the locomotive apparatus over the years, particularly low back pain and joint pain, have been ranked as the top complaints among citizens and as a cause of absence from work. Musculoskeletal pain, mainly low back pain and joint pain, is an issue with a high complaint rate that causes tremendous social loss.

In April 2014, the course on medical research and

the management of musculoskeletal pain was made available to provide more knowledge on highly prevalent musculoskeletal pain and to become a core programme in leading multidisciplinary clinical research.

To achieve these goals, We will closely collaborate with the Department of Orthopaedics, Department of Spinal Surgery, Department of Rehabilitation, and Anaesthesiology and Pain Relief Centre (University of Tokyo Hospital). On the basis of an extensive epidemiological survey, we will identify risk factors that contribute to determining the therapeutic strategy for treating musculoskeletal pain as well as the prognosis. In addition, on the basis of these determined risk factors, we will develop and propose diagnostic tools/algorithms as well as prevention and treatment programmes. Then we will collect and analyse clinical data and systematise the diagnosis, prevention, and treatment of chronic pain – mainly musculoskeletal pain.

## Research activities

In 2014 the first year after the course’s inauguration – we will explore the risk factors that contribute to determining the therapeutic strategy for treating musculoskeletal pain and the prognosis through the following methods:

1) Identify risk factors associated with the onset and exacerbation of musculoskeletal pain through an approach that integrates physical and psychosocial factors as well as biomechanics;

2) Verify the validity of the standard values of screening tools recommended worldwide for their use in Japan; and

3) Evaluate the brain function of people who are on administrative leave due to low back pain, since this phenomenon is a major social problem.

Specifically, we will conduct the following research:

1) Explore the risk factors associated with the onset of low back pain that interferes with work and its conversion to chronicity by using a cohort of about 2,000 persons from four types of occupations (i.e. clerical staff, nurses, sales and marketing associates, and personnel in the transportation industry) and collecting multi-faceted information at baseline;

2) Calculate (on the basis of the prevalence and data from approximately 50,000 people in Japan) the standard values for a screening tool by using a worldwide stratification system that considers psychosocial factors, namely the subgrouping for targeted treatment (STarT) back scoring system, in Japanese subjects. Follow-up surveys at 6 months will be conducted on approximately 2,000 randomly extracted people who have complaints of low back pain, and a weighted psychological validation of the tool will be performed

3) Elucidate the properties of brain functions in patients with LSS compared with a control group composed of healthy subjects. In addition, we will clarify the changes due to interventions by using 18 fluoro-2-deoxyglucose positron emission tomography images of the brain taken before and after therapeutic interventions (e.g. exercise and cognitive behavioural therapy, which are highly recommended worldwide) on approximately 15 cases of refractory low back pain that led to a leave of absence from work.

### Prospects for future research

We plan to train clinicians with skills in musculoskeletal pain rehabilitation, including specialised exercise therapy and cognitive behavioural therapy for nonspecific low back pain, which is the most frequent type of musculoskeletal pain. By collaborating with the Department of Nursing, we plan to develop simple tools to prevent low back pain, which will be useful in the clinical settings and for industrial hygiene. Moreover, we plan to verify and diagnose the tools' utility and conduct further research on preventive tools and therapeutic programmes.

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# Department of Molecular Sciences on Diabetes

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## Introduction and Organization

The prevalence of diabetes is rising to epidemic proportions worldwide. There is urgent need for development of the treatment for diabetes and related diseases. Advances in molecular biology had successfully led to elucidation of various mechanisms at a cellular level and at a tissue level in the physiological condition and in the disease states. In order to understand the precise mechanism underlying the development of diabetes, it is critical to reveal systemic connections between the cells and the tissues in the body.

The specific aims of our department are (1) to deepen and expand the investigations on metabolic tissues involved in glucose and lipid homeostasis, such as pancreatic endocrine cells, skeletal muscle, liver and adipose tissue and (2) to reveal the essential causes of diabetes from the perspective of the systemic network between the tissues.

## Teaching activities

As for under-graduate education, our department takes a part in systemic lectures. We train graduate and post-graduate students in Nutrition and Metabolism, Internal Medicine, Graduate School of Medicine, The University of Tokyo.

## Research activities

Mechanisms regulating pancreatic  $\beta$  cell function and

mass

Progressive decline in pancreatic  $\beta$  cell function and mass has been implicated in the development of type 2 diabetes. We have found that insulin signaling in  $\beta$  cells plays a key role in maintaining  $\beta$  cell mass through insulin receptor (IR)/insulin receptor substrate-2 (IRS-2)/Phosphoinositide-3 kinase (PI3K) by autocrine/paracrine mechanisms using knockout animal models. More recently we have also shown that this pathway contributes to maintaining normal insulin secretion in response to glucose by controlling intra islet communication and exocytotic machinery. Thus, we propose that once insulin secretion is decreased, reduced insulin signaling in  $\beta$  cells causes decreased  $\beta$  cell mass and insulin secretion, leading to decreased  $\beta$  cell mass and subsequent further hypoinsulinemia and hyperglycemia. We seek to identify the strategies for correcting this vicious cycle to cure type 2 diabetes.

Impact of cellular responses in liver to feeding and their disorders on insulin resistance

We have found that feeding transiently promotes endoplasmic reticulum (ER) stress in liver under physiologic condition, and in obesity the ER stress is sustained, leading to inhibition of insulin signaling and insulin resistance. We have also found that insulin signaling suppresses ER stress after feeding and the insulin resistant state decreases insulin signaling and up-regulates ER stress and subsequent further insulin resistance. Recently, we have also shown that IRS-2 is

up-regulated in the fasted state to maintain fasting glucose homeostasis and appropriate and prompt metabolic responses to feeding. This is partly regulated by insulin, but we have unraveled that adiponectin contributes to this IRS-2 up-regulation through communicating with adipose tissue-derived substance.

Impact of inflammatory responses in adipose tissue on obesity-induced insulin resistance

Inflammatory responses in adipose tissue caused by obesity change secretion of adipokines and metabolites, leading to systemic insulin resistance. To clarify the mechanism of these changes, we have extensively investigated expression of genes in human adipose tissues taken from those with a wide range of BMI. We have identified several adipokines, which may initiate the inflammatory responses and subsequent insulin resistance. We are now exploring the role of these adipokines using animal models.

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# **Endowed Department**

**(22nd Century Medical and Research Center)**

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# Department of Immunotherapeutics

## Project Professor

Kazuhiro Kakimi, M.D., Ph.D.

## Project Lecturer

Hirokazu Matsushita, M.D., Ph.D.

Homepage <http://immunoth.umin.jp/>

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## Introduction and Organization

The aim of our Department is to execute basic and clinical research on cancer immunology and immunotherapy and to establish its role in the treatment of cancer. Cancer immunotherapy requires the expansion of functional T cells and/or dendritic cells (DC) that are responsible for the anti-tumor immune response *in vivo*. The GMP-level Cell Processing Center (CPC) was installed in the Department. Peripheral blood mononuclear cells (PBMC) are isolated from the patients and processed in the CPC to ensure that they maintain optimal functionality, or for triggering new functions *in vitro* prior to clinical application. Autologous cells derived from cancer patients are processed for therapeutic use in our CPC in accordance with all current regulations and ethical obligations.

To perform reliable high quality translational research, we designed our Department's facilities literally from the bench to the bedside. The Department consists of three divisions, (1) laboratory for basic and pre-clinical research (2); Cell Processing Center and (3) outpatient clinic. Because these three divisions are situated side-by-side on the same floor, close cooperation between the members of each group can be more easily and better organized. As soon as blood is drawn from the patient at the outpatient clinic, it is directly transferred to the CPC through the pass-box between the two. The cells processed and cultured in the CPC are scrutinized in the laboratory next door to the clinic and CPC regarding their quality

and function. Those cultured cells which are approved following this examination are transferred back to the clinic and administered to the patient. The patients are followed-up at regular intervals by the research staff at the laboratory to monitor their immune responses to evaluate the impact of the immunotherapy.

All protocols for cancer immunotherapy performed in our Department are submitted to the institutional review board (IRB). Once approved, the protocols are registered in the UMIN clinical research registration system to provide open access to any interested parties. Because the cells used for treatment are derived from each individual patient; it is really difficult to guarantee consistent quality. However, we do everything possible to provide the cultured cells with the best conditions, by means of well-trained specialist staff following standard operating procedures. All these efforts allow us to reliably perform cancer immunotherapy clinical trials in cooperation with many clinical departments of the University of Tokyo Hospital.

Since "The Act on the Safety of Regenerative Medicine" and the "Pharmaceuticals, Medical Devices and Other Therapeutic Products Act" came into effective on November 25, 2014, we registered our cell-processing facility and got approved (DC3140011). All the protocols for cell therapy was also reviewed and approved by institutional committee for the regenerative medicine.

## Clinical activities

We provide outpatient services for cancer patients. The following clinical trials are underway in our department:

### Dendritic cell therapy

1. UMIN registration number : UMIN000002837 active, recruiting. IRB number : 2759. Safety, efficacy and immunogenicity of autologous tumor lysate-pulsed dendritic cell therapy after resection of stage2A (T2N0,T3N0) esophageal cancer
2. UMIN registration number : UMIN000006646 active, recruiting. IRB number : P2011025-11Z Safety, efficacy and immunogenicity of concomitant interferon alpha and autologous tumor lysate-pulsed dendritic cell therapy in patients with advanced renal cell carcinoma

### $\gamma\delta$ T cell therapy for advanced cancer

3. UMIN registration number : UMIN000006128 active, recruiting. IRB number : P2011018-11Z. Adoptive immunotherapy using zoledronate-expanded autologous  $\gamma\delta$  T cells for patients with non-small cell lung cancer refractory to standard treatment.
4. UMIN registration number : UMIN000001419 active, recruiting. IRB number : 2120-(1). The efficacy and safety of autologous  $\gamma\delta$  T cell transfer therapy for esophageal cancer
5. UMIN registration number : UMIN000004130 active, recruiting. IRB number : P201019-11Z. Intraperitoneal autologous  $\gamma\delta$  T cell therapy for refractory gastric cancer with ascites
6. UMIN registration number : UMIN000008097 active, recruiting. IRB number : P201019-11Z. Combination of chemotherapy with docetaxel / cisplatin / fluorouracil (DCF) and autologous  $\gamma\delta$  T cell transfer therapy for esophageal cancer.
7. UMIN registration number : UMIN000011184 active, recruiting. IRB number : P2012053-11Z. Hepatic arterial infusion of autologous gamma/delta T cell for advanced hepatocellular carcinoma

### Immunomodulator (anti-CCR4 mAb) :

#### Investigator-initiated clinical trials

8. UMIN registration number : UMIN000010050

Open public recruiting. IRB number : 2013040-11DX

<Phase Ia>

To assess the safety and pharmacokinetics of weekly repeated doses of Mogamulizumab.

<Phase Ib>

To assess the safety and effect of Treg depletion of weekly repeated doses of Mogamulizumab.

Teaching activities

## Teaching activities

Research guidance in molecular immunology is provided to postgraduate students. Because knowledge and techniques for evaluation of immune response are important for clinicians and medical researchers, we also provide many opportunities to postgraduate students to learn how to analyze *in vivo* immune responses by means of experiments using animal models and by the immunological monitoring of the patients themselves in clinical research.

## Research activities

All of our research activities are directed at understanding the dynamics of the immune response *in vivo* at the molecular, cellular and organismal levels and to develop more effective immunotherapy against cancer. To this end, we perform both clinical immunology in humans and basic preclinical immunology using animal models. We especially focus on the spatiotemporal analysis of anti-tumor immunity in both humans and experimental animals. During the course of each trial, many samples from the clinic are delivered to the research laboratory to monitor immune responses in patients. Tumor-specific immunity is evaluated using standardized immunological assays, such as ELISA, ELISPOT and flow cytometry.

To develop novel immunological interventions, tumor-bearing mice are used to confirm principles believed to be the basis for the new immunotherapy. Using many different TCR-transgenic and human MHC class I-bearing mice we can provide clear answers regarding the antigen-specific immune response. As described above, we pursue a research strategy of going back and forth from the bench to the bedside and from basic to clinical immunology in order to maximize benefit to patients via the rapid

application of new knowledge to clinical practice.

## List of Publications

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## Presentation at International conference

1. 2015/7/10, ICCIM2015 (International Conference of Cancer Immunotherapy and Macrophages 2015), Tokyo, Japan, (Symposium · Invited) Kazuhiro Kakimi, CTL-therapy induced Tumor immunosuppressive Environment

# Division of Total Renal Care Medicine

## Project Associate Professor

Norio Hanafusa, M.D., Ph.D.

## Associate

Yoshifumi Hamasaki, M.D., Ph.D.

**Homepage** <http://www.h.u-tokyo.ac.jp/research/center22/contribute/jinsikkan.html>

※ The following information is the same as that of the previous year for certain reasons.

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## Introduction and Organization

More than 310 thousands of patients receive dialysis treatment due to end-stage renal disease in Japan. These dialysis therapies comprise hemodialysis and peritoneal dialysis. However, the majority of end-stage renal disease (ESRD) population receives hemodialysis as their renal replacement therapies, while only limited population currently receives peritoneal dialysis.

Peritoneal dialysis has advantages over hemodialysis in terms of higher quality of life and of higher probability of working, because this therapy is done at home and requires less frequent visits to medical facilities. Hemodynamic stability is one of the most beneficial aspects of peritoneal dialysis from perspective of medical care. These points make peritoneal dialysis suitable for the patients with severe derangement of cardiac function; such patients become common among dialysis population because demographics have quite largely changed recent years. Moreover, existence of ample residual renal function, which reportedly relates to the better survival or relates to less morbidity among end-stage renal disease patients, can be maintained during longer periods by peritoneal dialysis than by hemodialysis.

This division is established in 2004 sponsored by Terumo Co. Ltd. in collaboration with Department of Nephrology and Endocrinology, in order to make the knowledge and the technics of peritoneal dialysis more popular among dialysis community.

## Clinical activities

We have been focusing on total renal care medicine, including pre-dialysis care, therapeutic option for renal replacement therapies, and above all, peritoneal dialysis. Vascular access placement had been within the scope of our division.

## Teaching activities

As for education, we take part in providing information of peritoneal dialysis for those who consider to commence the therapy. We are making lectures at CKD school designed for the patients with CKD twice a year. Brief lectures are made for medical staffs at the clinical wards in collaboration with Terumo, Co., Ltd. Moreover, we also are making lectures about peritoneal dialysis for medical students at bed-side learning programs or at systematic lecture courses.

## Research activities

As for research, we are studying advantages of “hybrid therapy” in which patients are treated by peritoneal dialysis combined with hemodialysis. Encapsulating peritoneal sclerosis is also the target of our research. This is a potentially fatal complication of peritoneal dialysis. We are studying the strategies against or preventing this complication both in vivo and in vitro.

We are developing the system by which we can

convey proper information about choice of renal replacement therapies both inside and outside of our university hospital. Moreover, we are focusing on the development of better peritoneal dialysis technics.

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# Department of Integrated Molecular Sciences on Metabolic Diseases

## **Project Associate Professor**

Masato Iwabu, M.D., Ph.D. (November 2015~)

## **Project Research Associate**

Miki Okada-Iwabu, Ph.D. (November 2015~)

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## **Introduction and Organization**

The Department of Integrated Molecular Sciences on Metabolic Diseases (DIMSSMD) is devoted to clarifying the mechanisms of onset of lifestyle-related diseases resulting from interactions between genetic and environmental factors in the Japanese population as well as to contributing to the prophylaxis, diagnosis and treatment of these diseases, in response to the drastic increase in the number of diabetic patients which is becoming a major social issue of current interest. In this regard, the DIMSSMD strives to establish an accurate method through which to predict risk for the onset of lifestyle-related diseases by tapping into a comprehensive database for genetic and environmental factors for these diseases which is being developed to integrate “Informatics on Genetic Predisposition to Lifestyle-related Diseases” as generated by cutting-edge advances such as single nucleotide polymorphism analyses with “Informatics on Environmental Factors for Lifestyle-related Diseases” that draw on surveys including detailed questionnaires on diet intake. The DIMSSMD is therefore expected to make significant scientific and social contributions by providing effective modalities for primary prevention of diabetes, molecular diagnosis of onset of diabetes and its pathology, and optimal treatment of diabetes, and to play a major role in reducing the number of newly onset diabetes as well as in raising the treatment standard for diabetes.

The DIMSSMD also aims to develop a system that

allows formulas to be developed to predict therapeutic response to drugs as well as their safety to be developed based on information available on environmental and genetic factors including gene expression from patients being treated at University of Tokyo Hospital, and which allows safe and effective use of drugs being developed in patients with lifestyle-related diseases.

The DIMSSMD has set as its final goal the installment of a human metabolic disease tissue bank at University of Tokyo Hospital, which draws on an “integrated database” that offers comprehensive information on gene expression in human hepatic and adipose tissue samples, electronic charts, SNP and lifestyle habits, which will allow validation of molecular targets in actual human diseases, design of a clinical trial system based on SNP and gene expression profiles, development of models for prediction of therapeutic response based on environmental and genetic interactions, identification of molecular targets, discovery of novel therapeutic agents and safe and effective use of drugs thus developed in time.

The DIMSSMD is thus engaged in daily research activities and clinical care aimed at contributing to the advancement of health and medical care in the future.

## **Research activities**

The DIMSSMD Research Laboratory aims to elucidate the molecular mechanisms of lifestyle-related diseases

such as the metabolic syndrome, diabetes and cardiovascular disease associated with obesity and to put relevant molecular targets identified in the process to effective use in the treatment of these diseases. Of note, the DIMSMD Research Laboratory has an impressive track record in research in this area, including identification of multiple “key molecules” implicated in lifestyle-related diseases, such as adiponectin receptors, which led to an elucidation of some of the processes through which lifestyle-related diseases develop and progress, based on functional analyses that tap into developmental engineering and RNA engineering. The DIMSMD Research Laboratory has also been credited with discovering that adiponectin is highly active in its high molecular weight form as a ligand to the adiponectin receptors and that its quantitative measurement is useful in the diagnosis of insulin resistance and the metabolic syndrome. Not only that, the DIMSMD Research Laboratory has found that, via the adiponectin receptors, the plant-derived peptide osmotin activates the AMPK pathway which has a critical role in protecting against lifestyle-related diseases. Currently, the DIMSMD Research Laboratory is proactively engaged in the development of definitive treatments for lifestyle-related diseases that draw on ligands specific for the adiponectin receptors.

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# Department of Advanced Clinical Science and Therapeutics

## Project Associate Professor

Jun-ichi Suzuki, M.D., Ph.D.

## Project Assistant Professor

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Hidetoshi Kumagai, Ph.D.

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## Introduction and Organization

The Department of Advanced Clinical Science and Therapeutics, established at the University of Tokyo in 2004, aims to develop new clinical strategies and therapy in cardiovascular medicine and other areas. This department hopes to develop not only basic research, but also applications to devise new clinical strategies.

## Research activities

Followings are our recent basic and clinical research activities.

### Basic Research

- New strategies to regulate acute rejection and graft arterial diseases in cardiac transplantation.
- New strategies to regulate acute/chronic myocarditis.
- New strategies to regulate acute myocardial infarction and ischemia/reperfusion injury.
- New strategies to regulate restenosis after coronary angioplasty.
- New strategies to regulate atherosclerosis and aneurism.
- New strategies to regulate systolic/diastolic heart failure.
- New strategies to regulate sleep apnea syndrome and circadian rhythm abnormality.
- New strategies to regulate cardio-kidney syndrome.

- New strategies to regulate oral-pathogen induced cardiovascular diseases.
- Development of gene therapies (anti-inflammation etc.).
- Development of new growth factor treatments (hepatocyte growth factor, etc.).
- Development of new anti-adhesion molecule treatments (anti-inflammation, etc.).
- Development of new anti-extracellular treatments (anti-inflammation, anti-oxidation, etc.).
- Development of new chemical compounds (anti-inflammation, anti-coagulation, etc.).
- Expanding the use of foods and natural extracts.
- Expanding the application of existing drugs and devices.
- Analysis of angiogenesis using in situ hybridization.

### Clinical Research

- Gene therapies to prevent restenosis and thrombosis after coronary intervention.
- Pathophysiology of oral disorder and cardiovascular diseases.
- Pathophysiology of sleep apnea syndrome and cardiovascular diseases.
- Pathophysiology of renal dysfunction and cardiovascular diseases.

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# Department of Translational Research for Healthcare and Clinical Science

## **Project Associate Professor**

Hiroyuki Morita, M.D.,Ph.D.

## **Project Research Associate**

Kazutaka Ueda, M.D.,Ph.D.

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## **Introduction and Organization**

Our department was open in January 2005, contributed by Hitachi, Ltd. and Hitachi Medical Corporation. Since then, the construction of clinical information database has been performed in collaboration with the Department of Cardiovascular Medicine of this University (Professor and Chairman; Dr. Ryoza Nagai). From 2008 to 2010, our research activities were supported by Theravalues Corporation and Hitachi, Ltd. In January 2011, new mission started under the contribution of DVx Inc., WIN INTERNATIONAL CO.,LTD. and Mitsubishi Tanabe Pharma. The aim of our department is to improve the clinical information database to the better one and put that into practical use in developing the clinical research.

Our department belongs to the 22<sup>nd</sup> century medical center in the University of Tokyo Hospital, which was founded as the front line of university-industry partnerships. As our research foothold is located in the hospital, we could keep the close connection with the bedside. Our department is thought to be suited for obtaining the maximum output in clinical research.

## **Research activities**

The onset and progression of the disease are thought to be caused by the environmental and/or genetic factors. What is the best way to identify the pathogenesis and the factors predicting the prognosis? The answer should be the filing of the clinical

information.

We are constructing the effective framework to make the relevant clinical data available for research and performing the investigation to resolve the clinical questions, followed by the translation of its fruits to the bedside.

Another mission is to confer the explicit scientific re-evaluation on the health issues (e.g. eating habits, exercise, lifestyle) which have been believed to be empirically effective. This mission has to be followed by the prompt publicity of the “accurate” data led by our re-evaluation.

The realization of these missions above could be completed in a close collaboration with the academic groups and private enterprises. In this regard, we are ready to discuss and think together with anybody anytime.

In summary, our research field covers the issues as follows;

1. Development of information analysis system and systematization of clinical information
2. Clinical and/or genomic research utilizing the clinical information analysis system
3. Scientific verification of eating habits, exercise and lifestyle
4. Analysis on the current state of the medical system
5. Spread of accurate medical information to society utilizing the information technology

## Research Grants

A Grant from the Ministry of Health, Labour and Welfare (2013-2017) (to Morita H)

A Grant from the Ministry of Education, Culture, Sports, Science and Technology (2012-2016) (to Morita H)

A Grant from the Ministry of Education, Culture, Sports, Science and Technology (2015) (to Morita H)

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Congenital contractural arachnodactyly complicated with aortic dilatation and dissection: case report and review of literature.

*American Journal of Medical Genetics Part A* 167A: 2382-2387, 2015



# Department of Joint Disease Research

## Project Associate Professor

Noriko Yosihmura, M.D., Ph.D.

Shigeyuki Muraki, M.D., Ph.D.

Homepage [http:// www.h.u-tokyo.ac.jp/center22/index.html](http://www.h.u-tokyo.ac.jp/center22/index.html)

## Introduction and Organization

The department of Joint Disease Research was established in 22nd Century Medical and Research Center in 2005, which is an endowment department supported by Chugai Pharmaceutical Co., Ltd. and in close collaboration with departments of Orthopaedic Surgery and Rehabilitation Medicin. Our department has been established for the epidemipological study to clarify the frequencies and risk factors for bone and joint system.

## Research activities

Osteoarthritis (OA) and osteoporosis (OP) are two major public health problems in the elderly that affect activities of daily life (ADL) and quality of life (QOL), leading to increased morbidity and mortality. As the proportion of the aging population is expanding in Japan, there is an urgent need for a comprehensive and evidence-based prevention strategy for musculoskeletal diseases, including OA and OP. However, few prospective, longitudinal studies have been undertaken, and little information is available regarding the prevalence and incidence of OA and OP as well as pain and disability in the Japanese population. It is difficult to design rational clinical and public health approaches for the diagnosis, evaluation, and prevention of OA and OP without such epidemiological data. We therefore established a large-scale nationwide osteoarthritis/osteoporosis cohort study called ROAD (Research on Osteoarthritis/osteoporosis Against Disability) consisted of total 3,040 participants, of which

aims at the elucidation of an environmental and genetic background for bone and joint diseases, represented by OA and OP.

We have completed the baseline study in 2005-2007, then 2<sup>nd</sup> and 3<sup>rd</sup> follow-ups were performed in 2008-2010, and 2012-13, respectively. A 4<sup>th</sup> comprehensive clinic visit is planned from 2015.

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# Department of Health Management and Policy

## Project Professor

Soichi Koike, M.D., Ph.D., M.P.H., M.B.A.

## Project Associate Professor

Ryuichi Yamamoto, M.D., Ph.D.

## Project Assistant Professor

Tatsuo Hiramatsu, M.D., Ph.D.

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## Introduction and Organization

The Department of Health Management and Policy is an endowed department affiliated with the “22nd Century Medical and Research Center,” which is a center of industry-academia collaboration established by the University of Tokyo Hospital. Since its establishment in 2005, the department has established a complex research infrastructure of clinical epidemiology and clinical economics, medical policy studies, and medical management studies; academically utilized medical information network covering multicenter; and provided interdisciplinary researches and policy recommendations to achieve improvement of the quality and efficiency of health care in higher dimension.

With donations from Nissay Information Technology Co., Ltd., the Department launched its first courses on April 1, 2005. As of March of 2015, donations have been made to the Department from the following six companies: Nissay Information Technology Co., Ltd., Chugai Pharmaceutical Co., Ltd., Shionogi & Co., Ltd., Asahi Kasei Pharma Corporation, CRECON Research & Consulting Inc., and Otsuka Pharmaceutical Co., Ltd. The cooperative departments are the Department of Medical Informatics and Economics, Division of Social Medicine, Graduate School of Medicine, the Department of Clinical Epidemiology and Health Economics, School

of Public Health, and the Department of Biostatistics, School of Public Health.

The department has completed its roles and closed at the end of the fourth term of the department history, March 31, 2016.

## Research activities

We are working on the following activities, widely contributing to the health of the people by utilizing medical care information.

1) Health policy researches utilizing official statistics data.

Since health policy researches utilizing official statistical survey data can be performed rapidly and cost effectively as compared to conducting a new survey, remarkable contribution can be expected to the promotion of the evidence based health policy.

In this department, in particular, by performing an analysis of the official statistics data of the Ministry of Health, Labour and Welfare such as medical doctors, dentists and pharmacists investigation, medical facilities survey, and the patient survey, we perform health policy researches regarding evaluation of initial clinical training system, regional and department-specific distribution of medical doctors, career path of medical doctors and the medical specialist system.

2) Researches on the use of medical information and the protection of personal information.

The progression sheet of the "new information and communications technology strategy" which the government was determined in June 2010 mentions the study on the development of guidelines and how to provide not only for the provision of the receipt information database to third parties but also third party provision of DPC data.

In this department, along with the research on the use of medical information and the protection of personal information, Dr. Yamamoto is involved actively in the development process of the health policy as the Chair of "Experts meeting for the provision of receipt information" of the Ministry of Health, Labour and Welfare and as a member of personal data review meeting of the Cabinet Secretariat.

3) Pharmacoepidemiological studies of drug side effects using a medical information database.

Researches that aggregate and analyze medical data such as hospital information system records and insurance claims to help safety assessment of medicines have been started in many countries recent years. In this department, taking advantage of a governmental project "Medical information database infrastructure development (MID-NET)" and the University of Tokyo Hospital medical record data, we are advancing researches on automatical perceiving of adverse events and automatic detection of side effects signal of pharmaceutical products.

4) We have also put the following research into practice.

- Regional and departmental disparities in the supply of doctors.
- Relationship between the volume and outcomes of surgical operations.
- Economic evaluation of healthcare services.
- Policy evaluation study of occupational health, such as prevention of death from overwork.
- Research on systems that contribute to medical safety.
- Research for the sustainable development of regional healthcare systems.
- Research on nationwide public-access defibrillators

and improvement of outcomes after out-of-hospital cardiac arrests.

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6. Yamamoto R. Current status and issues of the utilization of medical big data in Japan , Japanese journal of public health 2015;79(9):614-8.

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# Department of Computational Diagnostic Radiology and Preventive Medicine

## Project Professor

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## Project Associate Professor

Kansei Uno, MD, PhD, Takeharu Yoshikawa, MD, PhD

## Project Research Associate

Mika Nagasaki, MD, PhD, Kensuke Asaba, MD, PhD, Eriko Maeda, MD, PhD, Aya Watanabe, MD, PhD, Soichiro Miki, MD, PhD, Fumiko Mori, MD, PhD

## Project researcher

Yukihiro Nomura, PhD, Mitsutaka Nemoto, PhD

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## Introduction and Organization

The Department of Computational Diagnostic Radiology and Preventive Medicine (CDRPM) was established in May 2005. It is under the supervision of the Department of Radiology.

The aim of our research project is as follows: (1) to create a large database of health screening clinical data including medical images, (2) to develop methods to analyze large volumes of medical images and to search for algorithms to detect subtle abnormal findings in these images, and (3) to evaluate the clinical usefulness of such image processing methods and to apply the system in clinical settings.

The department comprises three project associate professors, five project research associates and two project researchers, along with a medical staff of approximately 50 employees in the health-screening center.

## Clinical Activities

CDRPM is responsible for the clinical activities in the

CDRPM Health Screening Center. The following diagnostic imaging modalities are installed to facilitate high level of diagnostic accuracy: positron emission computed tomography/X-ray computed tomography (PET/CT), 3-tesla magnetic resonance imaging (3T-MRI) system, ultrasound imaging system, and digital mammography.

## Teaching Activities

At present, CDRPM does not accept students. However, CDRPM participates in the education of students and residents in the Department of Radiology. CDRPM endeavors to help students whose research themes include image analysis such as computer-assisted detection, or epidemiologic studies employing health-screening data.

## Research Activities

1) Health screening database

We have developed a unique health screening information system in order to facilitate daily

management of the health screening activities and to input health screening data. This information system is still under constant revision. The medical images acquired in the health screenings are stored in the hospital picture archiving and communication system (PACS) for clinical use. Medical images used solely for research purposes are stored in an independent PACS installed inside the CDRPM department.

## 2) Image processing software development

We have structured an integrated software developing system to facilitate the production of image processing software. The system is divided into the clinical part and the research part, with the data in the latter being anonymized. The clinical part consists of case entry for software development, and clinical application of the developed software. The research part consists of an interface to obtain images of the representative cases to develop the software, and an interface to test the developed software with the accumulated cases.

## 3) Clinical evaluation, application of software, and epidemiological studies

Researches based on the health-screening database are carried out in collaboration with other researchers of various specialties. Images are analyzed using the developed software.

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# Department of Clinical Motor System Medicine

## Project Associate Professor

Shigeyuki Muraki, M.D., Ph.D.

**Homepage** [http://www.h.u-tokyo.ac.jp/research/center22/contribute/rinsyo\\_undouki.html](http://www.h.u-tokyo.ac.jp/research/center22/contribute/rinsyo_undouki.html)

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## Introduction and Organization

The department of Clinical Motor System Medicine was established in 22nd Century Medical and Research Center in 2005, which is an endowment department supported by Eisai Co., Ltd. and in close collaboration with department of Orthopaedic Surgery and department of Human Genetics. Our department has been established for the study of locomotor system medicine.

## Research activities

Our research field covers observational epidemiology and main target diseases are osteoarthritis, spondylosis and osteoporosis. Osteoarthritis and osteoporosis are major public health issues in the elderly that cause impairment of ADL/QOL. The number of patients with these diseases is rapidly increasing in Japan, however, few epidemiologic indices have been established and there is an urgent need for a comprehensive and evidence-based prevention strategy. We set up a large-scale nationwide osteoarthritis/osteoporosis cohort study called ROAD (Research on Osteoarthritis/osteoporosis Against Disability) in 2005 for the pursue of etiological evidence. We have to date created a baseline database with detailed clinical and genomic information on three population-based cohorts with total 3,040 participants in urban, mountainous and seacoast communities of Japan. Recruitment and baseline visits began in October 2005 and were completed over a 1.5-year period, with the last visit in March 2007. A third comprehensive clinic visit have been already completed in 2013.

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# Department of Health Care Safety Management (Tokio Marine & Nichido)

## Project Adjunct Professor

Yasushi Kodama, M.D., LL.M., Ph.D. (until 30th Nov, 2015)

## Project Adjunct Assoc. Professor

Masaki Anraku, M.D., Ph.D. (from 1th Jan, 2016)

## Project Assistant Professor

Shoko Ogawa, M.D. (until 30th Nov, 2015) Maiko Mizuki, M.P.H. (from 1th Des, 2015)

## Project Researcher

Maiko Mizuki, M.P.H. (until 30th Nov, 2015)

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Kahori Hayashi, JD. (since 16th June until 15th June, 2015)

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## Introduction and Organization

The Department of Health Care Safety Management was established in December, 2005 within the “22nd Century Medical and Research Center” at the University of Tokyo Hospital based upon contributions by the Tokio Marine & Nichido Fire Insurance Co., Ltd.

Public concern regarding malpractice and the medical related disputes has risen in developed countries accompany several publicized cases such as the public inquiry into children’s heart surgery at the Bristol Royal Infirmary and the accidental chemotherapy

overdoses occurring at the Dana-Farber Cancer Institute at the end of the 20th century. Reports of the media in our country concerning malpractice and the medical related disputes increased suddenly from 1999. Fears also rose regarding possible criminal prosecutions through the mandatory reporting to the police provided in the Medical Practitioners Law Article 21. Some incidents become targets of investigations although several verdicts resulted in acquittals. Nonetheless, there exist various discussions and some confusion over the intervention of the police authority and criminal procedures into the process of

medical treatment.

On another front, in medical related disputes involving civil claims for compensation for damages, many cases have been dealt with and resolved through various measures such as explanation and reconciliation settlement before becoming a lawsuit. In spite of such efforts, the number of civil health care lawsuits has kept increasing from the 1970s (about 100 new cases received per year) to 2004 (1110 new cases per year), with the pace that has doubled every ten years. Though the number of civil health care lawsuits shows a trend for decrease after 2004, many medical treatment disputes resulted in lawsuits in 2009, with 733 new cases received and 952 cases resolved (preliminary figures).

In our department, while looking straight at the realities of malpractice and the medical related disputes, we aim, from each aspect of the patient, the health care provider, and society, for a healthy rebuilding of the health care system and the recovery of confidence in medical treatment via thinking about the ideal ways to build a better legal system. Together therewith, making the best use of the experience of a state-of-the-art university hospital, we are establishing an approach that promotes mutual understanding by conversations between the patient and the health care provider.

## Research activities

Basic researches concerning both the prevention of malpractice and the honest resolution of medical accidents (including the preventing of disputes and lawsuits) are urgent issues. In addition, we conducted research for the Patient Safety Support Center as Health & Labour Sciences Research since 2012. In addition, we started “Research on Patient Safety and Physician Sanction Systems in the U.S.” as the joint research under the Pfizer Health Research Foundation. Such research activities are vigorously carried out in our department to return the results widely in society by the development of educational activities.

## Teaching activities

We promote education based on the research results described above for the purpose of training researchers and graduate students in the university.

## Clinical activities

Based on the research results described above, this department supports on-site measures at the place of treatment; and together therewith promote research related to topics transmitted from such sites and education for staff of the site.

\*Patient Safety Support Center Comprehensive Support Project

Training and related activities are carried out targeting the personnel of the “Patient Safety Support Centers” established in each prefecture of Japan pursuant to the provisions of the Medical Care Law (a Ministry of Health, Labor and Welfare commissioned project).

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2. Yasushi Kodama. “Understandings for the roles and effects of the Patient Safety Support Centers.”

- Joint Meeting of the Patient Safety Support Centers. May 12, 2015.
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  4. Yasushi Kodama. "Basic legal knowledge concerning medical practice disputes - medical care safety" Japan Hospital Association Medical safety supervisor training workshop, Jun 21, 2015
  5. Yasushi Kodama. "The legal problems of Endoscopy exam and treatment" Japan Gastroenterological Endoscopy Society, Jun 21, 2015
  6. Yasushi Kodama. "Reason and humanity in medical practice disputes" Japan Society for Negotiation Studies, Jun 27, 2015.
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  8. Yasushi Kodama. "Risk communication seen from a lawyer" Pharmaceutical and Medical Device Regulatory Science Society of Japan Pharmaceutical Development, Sep 14, 2015
  9. Yasushi Kodama. "Risk communication seen from a lawyer" Pharmaceutical and Medical Device Regulatory Science Society of Japan Pharmaceutical Development, Oct 13, 2015
  10. Yasushi Kodama. "Doctors - dentists and the legal system" Health, Labor and Welfare Ministry Physician re-education group training, October 18, 2014
  11. Yasushi Kodama. "The current state of conflict of interest and regulation in clinical research" Society for Regulatory Science of Medical Products Academic meeting lecture, Nov 23, 2015
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#### International Meetings

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2. **Reiko Segawa**, Shoko Ogawa, Tomoko Matsuura, Maiko Mizuki, Yasushi Kodama, Introduction of a New Training Method to improve the Communication Skills of the Advocate Desk Staff. The International Forum on Quality and Safety in Healthcare 2015. London.

# Department of Healthcare Quality Assessment

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## Introduction and Organization

The Department of Healthcare Quality Assessment (HQA) was established in 2006 and has been engaging in research on healthcare quality improvement in collaboration with the Department of Cardiothoracic Surgery in University of Tokyo. HQA has collaborated with the Department of Health Economics and Epidemiology Research since 2009 and with the Department of Pediatric Surgery since 2010. In 2012, the Department of Health and Social Behavior joined in the collaboration circle, replacing with the Department of Health Economics and Epidemiology Research.

The objective of providing healthcare is not just the reduction of medical cost but to provide high quality healthcare services to all patients. Institute of Medicine states that healthcare reform should focus on

improving patients' physical health as well as healthcare value for patients. In the 21st century, this viewpoint, together with insight from health economics, has been the first priority in the field of medicine and healthcare. "Quality improvement initiative," therefore, needs to adjust the healthcare systems to accommodate the fee-for-service perspectives while improving the clinical environment for both patients and providers.

HQA has been collaborating with various healthcare professional committees as they play key roles in the quality improvement initiatives in the field. HQA supports them with systematic data collection, data management, practical analysis and useful feedback. Our benchmarking projects are based on clinical database and they drive quality improvement in each related field. With such positive-sum competition, patients will receive better healthcare service,

physicians will be rewarded for their excellence, and healthcare costs will be contained. Three principles should guide this transformation: (a) the goal is to meet patients' values, (b) medical practice should be organized around medical conditions and care cycles, and (c) the results — risk-adjusted outcomes and medical costs spent — must be scientifically measured and evaluated.

## Research activities

HQA, in the joint research activity with Japan Cardiovascular Surgery Database (JCVSD), has developed risk models for different groups of surgical procedures that help us implement several practical tools aimed for medical professionals. One of those tools is JapanSCORE, which allows a user to calculate a patient's post-operative risk of mortality and morbidities. Another tool called RiskCalculator returns a medical professional the calculated risk of mortality and morbidity in a real-time manner after s/he inputs a minimum number of pre-operative risk information. Both tools can be used in medical team meetings as well as in sessions with patients to reach better informed consent.

HQA also has conducted evidence-based policy analysis to help federal and local government to develop better healthcare policy-making. It is an academic activity that contributes in a different angle to the endeavor of healthcare quality improvement than those with healthcare professionals in the field, described above. In 2012, HQA started participating in a series of research to evaluate the validity of Japan's cancer control policy framework using various stakeholders' perspectives. Interview as well as questionnaire studies were conducted in accordance with the Basic Plan for Implementing Cancer Control administered by the Japanese Government.

In April 2010, the Japan Society of Surgery and 10 related surgical societies founded the National Clinical Database (NCD), which is an all-Japan endeavor that aims to build a large-scale, comprehensive clinical registry that utilize the "big data" to improve the quality of surgery as well as surgical sciences in Japan. HQA has been playing important

academic roles in the project since its birth. The actual data entry started from January 1st, 2011, and since then NCD has been collecting approximately 95% of all surgical operations across Japan in the collaboration with the clinical societies. NCD is also connected with the participating societies' board of certification systems, which makes it unique among other large-scale clinical registries in the world.

Today more than 4,500 hospitals and clinics are participating in NCD with the accumulated data of 4.8 million cases (approximately 1.2 million each year). Just like JCVSD's JapanSCORE and RiskCalculator, feedback tools based on the NCD data have been provided to different subspecialty areas. HQA supports NCD's systematic data collection, data management, practical analyses, and the development of useful feedback systems. Recently, non-surgical fields such as clinical oncology are also joining NCD and this trend becomes stronger. Our benchmarking projects backed up by NCD's big data will keep driving the quality improvement activities in many healthcare fields.

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# Department of Anti-Aging Medicine

## Professor

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## Introduction and Organization

The Department of Anti-Aging Medicine was established at the 22nd Century Medical and Research Center of University of Tokyo Hospital in 2006. This department has a close relationship with the Department of Geriatric Medicine at the Graduate School of Medicine, University of Tokyo. The goal of this research program is to understand the genetic and environmental factors that contribute to aging, and the pathogenesis of age-related disorders, including obesity, diabetes, metabolic disorders, osteoporosis, osteoarthritis, sarcopenia, atherosclerosis, dementia, age-related macular degeneration, prostate cancer, mammary carcinoma, and immunocompromised conditions. In particular, the program aims to clarify the roles of sex hormones estrogen and androgen in normal, aging and disease processes. Through basic biomedical research, our department will reveal age-dependent changes at cellular, tissue, and whole-body levels, and will contribute to the development of molecule-targeted treatment and alternative prevention of age-related processes and diseases.

## Research activities

Aging causes degeneration and dysfunction of cells in various organs, leading to the development of multiple disorders in elderly people, as exemplified by obesity, glucose intolerance, dyslipidemia. Osteoporosis, osteoarthritis, and sarcopenia are also common bone, joint, and muscle disorders, respectively, among elderly people. In addition, aging is an important risk factor for the prognosis of hormone-dependent tumors,

prostate cancer and mammary carcinoma. Since aging and age-related disorders affect the quality of daily living and lifespan of elderly people, we will identify the genetic and environmental factors that control aging processes using recent technology of human genetics, genomics and molecular and cellular biology.

Our recent findings contribute to the progress in three following research fields.

1. We originally identified estrogen-responsive finger protein (Efp/TRIM25) as an estrogen target gene through genome binding-site cloning technique. Efp has a structure of the TRIM/RBCC protein, with RING finger, B-box, and coiled-coil domains, and it has been shown as a critical molecule that promotes the progression of mammary carcinoma. In addition we recently discovered that Efp has another important role in antiviral defenses. Extending our findings on TRIM25, we also study the functions of other TRIM proteins in normal states and in cancer and immune response, including TRIM5 $\alpha$ , TRIM17 (Terf), TRIM39, TRIM44, TRIM47 and TRIM63.
2. Using chromatin immunoprecipitation (ChIP) microarray analysis, ChIP-sequencing, RNA-sequencing, CAGE-sequencing and systems biological approach, we discovered novel androgen responsive genes including UGT1A1, CDH2, APP, FOXP1, ArfGAP3, 14-3-3 $\zeta$ , miR148a and non-coding RNAs such as miR-29, miR-148a, *SOCS2-AS1* and *CTBP1-AS*. We also focused on collabo-

rating factors such as FOXP1, RUNX1, Oct1 and CtBP1/2. The tumor-promoting effects of these genes including APP and *CTBP1-AS* have been shown in *in vivo* models of prostate cancer.

3. As a genetic approach, we performed large-scale single nucleotide polymorphisms (SNP) analyses to identify disease-related factors for osteoporosis, osteoarthritis, sarcopenia, and age-related macular degeneration. Through genome-wide associated study (GWAS) and candidate gene approach, we identified several interesting disease-related genes and focused on the functional studies for these genes combining mouse genetics to solve the functions of disease-related genes in physiological and pathophysiological states, we discovered *PRDM16* involved in sarcopenia and *SLC25A24* involved in obesity.

Our intensive studies will provide novel molecular evidences for aging processes, which will be useful for the establishment of anti-aging medicine and the development of novel therapeutic modalities for age-related disorders.

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# Department of Clinical Trial Data Management

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## Introduction and Organization

Why we discuss Clinical Data Management (CDM)?

The reason why the concept of CDM is important has not been fully discussed and educated in Japan. Our department was established to answer this question.

The Department of Clinical Trial Data Management was established in 2007 and carries out educational and research activities on CDM in collaboration with The Department of Biostatistics and The Clinical Research Support Center in University of Tokyo.

As compared to the situation of CDM in the United States and Europe, technical aspects (data collection, entry, check...) have been mainly focused in Japan but the essence of CDM is to ensure quality of clinical data to appropriate level for fair and scientific evaluation. This has not been recognized in many educational activities. CDM should be defined as a technical system to conduct clinical trials scientifically, ethically and efficiently and to draw correct conclusion and also as a research discipline with theory and practice that applies statistics, quality control and clinical knowledge. It can optimize the whole clinical trial process, keep the level of data quality appropriately and calculate the trial cost.

One of our missions is to activate researches on CDM aimed at improving the quality of clinical trials. The other is to produce data managers trained under the new education system which can look around all the clinical trial process to adapt rapid change of medical environment and recent increase of e-clinical trials in

the world.

## Teaching activities

1. Development of systematic educational programs of CDM and holding of seminars, which include;
  - Design of clinical trials
  - CDM
  - Protocol development
  - Regulatory science
  - Ethics
  - IT
  - Safety information and PMS
  - Translational research methodology
  - ...
2. Acceptance of clinical trial staffs from other sites, that is, conducting an on-the-job training (OJT)
3. Support to clinical researchers, especially those in the University of Tokyo Hospital, in collaboration with the Clinical Research Support Center and the Department of Clinical Epidemiology and Systems;
  - Consultation works on medical statistics and research methodology
  - Functioning as a data center and staffs participate in projects as biostatisticians or clinical data managers.

## Research activities

In addition to activities described above, we are conducting the research on methodology of Risk-based monitoring and developing ePRO in collabora-

tion with other universities, pharmaceutical industries, CRO and vendors.

We are also supporting several clinical studies which are conducted in the University of Tokyo Hospital. For example our department functions as a data center for “A replication-competent, recombinant herpes simplex virus type 1 (G47delta) in patients with progressive glioblastoma” and “A clinical study of an oncolytic herpes simplex type 1 (HSV-1) G47delta for patients with castration resistant prostate cancer” which are conducted at Translational Research Center (TRAC) and Department of Urology in the University of Tokyo Hospital respectively. Moreover, we also have collaborative works outside of University of Tokyo Hospital for several clinical research. For example, our department support “Exploratory Clinical Trial on Methods and Effects of Tojisha-Kenkyu for Autism Spectrum Disorder” which conducted at Research Center for Advanced Science and Technology, The University of Tokyo and “Psychometric Property of Japanese version of Patient Reported Outcome - Common Terminology Criteria for Adverse Event” which conducted at Department of Pharmacy, Tokyo Medical University Hospital. Finally, as the collaborative department of the Clinical Research Support Center (CresCent), we also involved in their projects as biostatisticians and clinical data mangers.

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# Pharmacology and Pharmacokinetics

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## Introduction and Organization

The research of our laboratory, Pharmacology and Pharmacokinetics, targets quantitative kinetic analysis of efficacy and safety of drugs by applying techniques of modeling and simulation, which have been developed systematically in the field of Pharmacokinetics (PK). It includes some topics in several relating fields such as system pharmacology, quantitative pharmacology, and pharmacometrics. We will survey various issues need to be solved in the current hospital pharmacotherapy and perform various assays of biomarkers and drug concentrations in biological specimens kindly provided from patients. Personalized medicine is one of our important goals to improve current pharmacotherapies by stabilizing efficacy without accompanying unpleasant adverse effects.

The staffs are involved not only in the research and the education in this university, but also in the activity of hospital pharmacy, and are even experienced experts of new drug development in the pharmaceutical industry. Pharmacology and Pharmacokinetics is supported by the Department of Pharmacy in the Tokyo University Hospital. Pharmacology and Pharmacokinetics received kind donations from seven pharmaceutical companies (Takeda Pharma Co Ltd, MSD Co Ltd, Towa Pharmaceutical Co Ltd, Daiichi Sanko Co Ltd, Eisai Co Ltd, Chugai Pharmaceutical Co Ltd, Kyowa Hakko Kirin Co Ltd, Mitsubishi Tanabe Pharma Corporation).

## Education and clinical activities

Although Pharmacology and Pharmacokinetics is not oriented to education and clinical activities in the hospital, the staffs are hospital pharmacists and are involved in the education of graduates and undergraduates in the faculties of medicine and pharmaceutical sciences. Please refer to the annual report of the Department of Pharmacy.

## Research activities

Selected research topics ongoing in Pharmacology and Pharmacokinetics are overviewed in the following.

### Systematic analysis and prediction of drug-drug interaction

In Japan, more than two thousand drugs are used in pharmacotherapy in hospital. Among them, some combinations would cause unpleasant adverse effects due to pharmacokinetic drug-drug interaction (DDI). We surveyed DDIs caused by inhibition or induction of drug metabolizing enzyme in the literature, and developed a new framework for prediction of various pharmacokinetic DDIs (Hisaka A et al. *Pharmacol. Ther.*, 2010; 125: 230-48. Hisaka A et al. *Clin. Pharmacokinet.*, 2009; 48: 653-66).

By applying this theory, we have been annually making a comprehensive list of drugs which are involved in significant pharmacokinetic DDI in collaboration with the faculty of pharmaceutical sciences. It lists more than 300 drugs which are classified by both clearance pathway and degree of DDI, and is published in a journal which is distributed

to all pharmacies and relating facilities in Japan for free. The list is used for inspection of prescriptions in pharmacies, and in addition, for various purposes in the industry and regulation.

### **Establishment of disease progression models using AD as a model disease**

For evaluation of the pathology of Alzheimer's disease (AD), several biomarkers including amyloid-beta peptide (A $\beta$ ), tau protein (Tau), and phosphorylated tau protein (pTau) in cerebrospinal fluid, as well as volume of hippocampus, and cerebral FDG-PET have been widely utilized in addition to the score of recognition tests such as ADAS-cog. In ADNI activity, information of these biomarkers was collected extensively to define the progression of AD. However, available information of biomarker is fragmented because of practical restrictions of a period of observation; typically 1~4 years. In contrast, 10~20 years elapse for most patients to be converted from normal to AD. For this reason, relationships among chronological changes of biomarkers and their significance to the disease state have not been fully understood yet. In this study, we applied a new mathematical method, so called SReFT, for estimation of the entire chronological changes of multiple biomarkers from numerous fragmented observations to solve this problem.

### **Establishment of the evaluation method for a compound property to induce immune-mediated drug adverse reactions**

Drug adverse reactions are generally classified into two groups. One is an extension of the pharmacological effect, and the other is idiosyncratic drug reaction. The former is dose-dependent and basically predictable based on animal experiments. The latter is not always predictable, including Stevens-Johnson syndrome (SJS), toxic epidermal necrolysis (TEN), and a drug hypersensitivity. Large part of idiosyncratic drug toxicity is thought to be immune-mediated, and previous reports have indicated the relationships between the development of the idiosyncratic drug adverse reaction and patient human leucocyte antigen (HLA) genotype. In addition, recent reports have revealed that abacavir, which is known to induce severe drug hypersensitivity

to patients with HLA-B\*57:01 genotype, can bind directly to HLA-B\*57:01 protein, leading to the change in peptide repertoire presented by HLA-B\*57:01 protein.

The project goal is to establish the method to determine whether a compound interacts with HLA protein and changes presented peptide repertoire or not. To achieve this, construction of HLA protein expression library is necessary. Using the constructed library, differences of peptide repertoire presented by HLA proteins in the presence or absence of a compound can be analyzed. Detection of the difference means that the compound can interact with the HLA protein and possibly induce idiosyncratic adverse reactions.

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# Department of Therapeutic Strategy for Heart Failure

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## Introduction and Organization

The Department of Therapeutic Strategy for Heart Failure (TSHF) in the University of Tokyo Hospital was established by the support of the Department of Cardiac Surgery and the Department of Cardiovascular Medicine of the University of Tokyo Hospital in May 2008. The purpose to establish the department of TSHF is to promote surgical and medical innovative treatment for end-stage heart failure in the University of Tokyo Hospital, which includes heart transplant, pediatric heart transplant, ventricular assist device, and regenerative therapy. The Department has been also supported by fourteen companies.

Recently, right heart failure (RHF) gains recognition as well as left heart failure (LHF). RHF developed after left ventricular assist device (LVAD) is a critical issue remains to be elucidated. Pulmonary hypertension (PH) is also an important cause of RHF. Now a lot of patients with severe PH are referred to our hospital because the University of Tokyo Hospital has been approved as a lung transplantation center since 2014. We pursue optimal treatment strategy for not only LHF but also RHF.

## Clinical Activities

### 1. Heart Transplant (HTx)

Patients who performed heart transplant in our hospital or in abroad transferred from our hospital are followed up once a month in the out-patient clinic, and undergo myocardial biopsy once a month in the first year and once a year afterwards. When some symptom or findings which suggest rejection are detected, patients will undergo in-hospital treatment.

### 2. Ventricular Assist Device (VAD) Therapy

We recently implant not only extracorporeal pulsatile but also implantable ventricular assist device (VAD). All candidates fell into end-stage heart failure before VAD implantation, and a significant number of them were rescued with heart transplantation or bridge to recovery. We implant centrifugal VAD (EVAHEART and DuraHeart) or axial VAD (HeartMate II and Jarvik 2000) considering patients physics and clinical status). We also assisted VAD implantation in affiliate or cooperative hospital in 2012 to establish VAD network in Shinsyu University Hospital, Saku General Hospital, Akita University

Hospital, Gunma Prefectural Cardiovascular Center, and Nagoya Tokusyukai Hospital.

### 3. Treatment of PH

Although pulmonary arterial hypertension (PAH) was a disease of poor prognosis, the treatment outcome of PAH significantly improved in this decade attributed to a number of newly approved drugs. Now we can use ten agents for PAH including oral, inhaled, subcutaneous and intravenous drugs. Combination therapy of these drugs is increasingly prevalent for the management of PAH. We join the nationwide PH registry to establish optimal treatment strategy for PAH.

## Teaching Activities

We have the chair of systematic review of cardiovascular surgery in the spring term at the 2<sup>nd</sup> grade of medical course. We also take charge in clinical practice on diagnosis of cardiovascular disease in the autumn term at the 2<sup>nd</sup> grade. We expose the students to daily clinical works as well as research works during the course of “Free Quarter” and “Research Lab Visit”, which are scheduled in the summer and spring vacations at 1<sup>st</sup> and 2<sup>nd</sup> grade. Joint lectures with the Cardiology Department are scheduled 3<sup>rd</sup> through 4<sup>th</sup> grades. Each student is assigned one or two cardiovascular surgical cases in the Bed Side Learning, in which he/she is required to learn preoperative patient evaluation and management, surgical treatment and postoperative care, based on participatory practice. There are also twelve small key-lectures on cardiovascular surgery. Hands-on practice is provided during the “Clinical clerkship” one-month course in the last months of 3<sup>rd</sup> grade.

We take charge in core surgical curriculum in the “Super-rotation” postgraduate training. We offer a program in which each resident can learn basic knowledge of cardiovascular disease and surgery, and hemodynamic and respiratory evaluation as well as basic surgical techniques and patient management. Residents who take the course of cardiovascular surgery are required three-year general surgical training for General Surgery Board certification. We have well-developed specialty/ subspecialty training programs to allow the residents to pass Cardiovascular

Board Examination by 10<sup>th</sup> postgraduate year.

## Research Activities

In order to achieve excellent clinical results and to seek for new possibilities of surgical treatments for heart failure, it is essential for our department of the University to have active research programs in clinical and basic subjects related to assisted circulations and heart transplantation. We created highly active research programs in the every field of medical and surgical heart failure treatment, played an internationally leading role and contributed to its development. A research meeting is held every Saturday on a research project with Department of Cardiothoracic Surgery.

Basic and/or clinical research activities are focused on 1) development of new driving method of rotary blood pump, 2) development of Compact external counterpulsation, 3) basic and clinical research on regenerative therapy, 4) establishment of social support system for patients with implantable LVAD. We have organized 4series of clinical trial of implantable rotary blood pump LVAD, EVAHEART, DuraHeart, Jarvik 2000, and HeartMate II since 2007.

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# **Social Cooperation Program**

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# Department of Lipidomics

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## Introduction and Organization

The Department of Lipidomics was established in April 2011, funded by Shimadzu Corp. and Ono Pharmaceutical Co., Ltd. The objective of the laboratory is to establish and improve mass spectrometry-based lipidomics methodologies, and its application to biomedical studies including basic lipid biology as well as clinical research.

The laboratory was started with three staff scientists, Takao Shimizu (Professor), Yoshihiro Kita (Associate Professor. He moved to Life Science Core Facility in Dec. 2013), and Suzumi Tokuoka (Assistant Professor). In April, 2014, Fuyuki Tokumasu joined as an Associate Professor. In 2014, we had another assistant professor, a doctoral student (he earned Ph.D. degree in Mar. 2015), two guest researchers and two technical assistants.

## Teaching activities

The department staffs gave several lectures for undergraduate and graduate students. For undergraduate students, Drs. Shimizu and Kita delivered several lectures on biochemistry. Dr. Kita gave lectures on “Proteome and metabolome” for master’s students and “Principles and Applications of Mass Spectrometry” for doctoral students.

## Research activities

Our research interests cover following topics.

### Multiplex quantitation strategy for lipid mediators

Lipid mediators, including prostaglandins, leukotrienes, platelet-activating factor, and many other bioactive lipid metabolites are attracting great attention as disease-related or physiologically important molecules. Comprehensive analysis of known lipid mediators is a useful, unbiased method in disease mechanism studies, and the lipid mediator profile is a useful parameter that characterizes disease status as well. We have developed an original multiplex quantification method for trace amounts of lipid mediators using liquid chromatography-tandem mass spectrometry (LC-MS/MS). We are developing more sensitive and rapid methods that cover more lipid mediators, which meet the demands on various large-scale studies and high-throughput screening approaches.

### Lipid biomarker discovery

Lipid biomarker discovery by liquid chromatography-mass spectrometry-based method requires a high-level integration of chromatography and mass spectrometry, which ensures lipid separation, semi-quantitative detection, and identification. We are collaborating with industries to overcome known difficulties in lipid chromatography, develop differential analyses and feature-extraction methods, and establish an intelligent analytical system linked with lipid database.

### Methods for clinical samples

Clinical samples such as blood, urine, feces, and

tissue biopsies vary greatly as compared with controlled animal studies. Furthermore, sampling and storage conditions are not always optimized for lipid analysis. We are developing techniques for handling clinical samples for a practical lipidomics analysis.

### **Metabolic flux analysis of lipids**

A simple lipidomics analysis provides large datasets that describe the amount-based profile of lipidome. However, such a 'snapshot' analysis is not sufficient to understand the dynamics of lipid metabolic pathway, because changes in metabolic flux is not always reflected to static amount of metabolites. To overcome this situation, we are developing a flux-oriented lipidomics analysis using stable-isotope tracers.

### **Lipid biomarker/lipid mediator discovery using animal models**

Applying the latest lipidomics technologies to the analysis of specimens from the animal models for various diseases including metabolic disease, we are trying to discover novel lipid biomarkers. We also analyze various gene-deficient mice and transgenic mice to seek important lipid markers, lipid mediators, and lipid profiles.

### **Discovery of novel lipid mediator metabolizing pathways**

Although major biosynthetic and catabolic pathways for classical lipid mediators have been well documented so far, there are still possibilities for yet unidentified lipid mediator metabolizing pathways *in vivo*. We have obtained preliminary data for novel lipid mediator-producing pathway using gene-deficient mice. Using the latest lipidomics techniques to the cell cultures and animal models, we will elucidate a novel lipid mediator related pathway and its biological significance.

### **Analyses of Lipid profile and Energy recycling mechanism in *Plasmodium falciparum* (human malaria parasite)**

Human malaria impacts on human health world-wide, resulting in close to 430,000 victims each year. However, developments of anti-malarial drug have been hampered by quick emergence of drug resistant parasites. To better understand malaria parasite biology and drug resistance mechanisms, we study molecular pathways of lipid metabolism in

parasite and biophysical properties of intracellular membranes that responsible for malaria protein delivery to the host erythrocyte membrane. Since parasites develop inside human erythrocytes, clean separation of parasite from the host cell and precise biochemical analyses are often difficult tasks. In our laboratory, we combine lipid profiling techniques, a high-resolution fluorescence microscopy, and advanced biophysical analyses to achieve our research objectives.

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# Verbal Analysis of Pathophysiology

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## Introduction and Organization

Department of Verbal Analysis of Pathophysiology was established as a Social Cooperation Program on September 2014, funded by Mazda Co., Ltd. and MKI (Mitsui Knowledge Industry) Co., Ltd. Professor Yahagi, Emergency and Critical Care Medicine, assisted us at that time.

Purpose of our department is “to establish Verbal Analysis of Pathophysiology as academic In order to build a safe and secure society in which those who need emergency medical care can reach timely and appropriate emergency medical care. That is followed to build a system to support an approach to emergency medical care not only after onset of the disease but also before onset of the disease in daily life”.

In general, the physician discerns a qualitative change in the patient's voice and inferred his/her medical condition. Verbal Analysis of Pathophysiology Technology is to visualize the condition of the patients from his /her voice, to assist in the diagnosis, treatment and prevention. Verbal Analysis of Pathophysiology academically organized this technology, and visualizes the disease by using the biometric information of the voice which has not been so far utilized

Initial faculties were Shinichi TOKUNO, M.D., Ph.D., Project Associate Professor and Kento DOI, M.D.,Ph.D., Project Lecturer when the department established on September 2015. After that, Shunji MITSUYOSHI, Ph.D., Project Lecturer joined us. These three researcher started our program.

FY 2016, two project researchers and three guest researchers will attend our department, and they will

accelerate our research our research.

## Teaching activities

Shunji MITSUYOSHI, Project Lecturer is performing a lecture about overview of the verbal analysis of pathophysiology technology (PST: Psychoanalysis System Technology) and the voice emotion recognition technology (ST: Sensibility Technology) underlying PST in the department of engineering.

Tokuno Shinichi Project Associate Professor, taking advantage of his expertise, supports the lecture of disaster medicine in emergency medicine.

## Research activities

It includes voluntary component such as language and involuntary component which is mainly derived from the autonomic nervous in voice. Voice emotion recognition technology which recognizes an emotion of the speaker by assessing patterning the involuntary component has already been established. Our research forces on the assessment of the medical validity of the verbal analysis of pathophysiology technology (PST: Psychoanalysis System Technology) which measure the health of mind (depressive or manic) from the voice, and the research for the society implementation of this technology. Additionally, we will further develop this technology, and try to applicate it to the other diseases.

- Research for medical verification and social implementation of depression evaluation by voice
- 1) Voice comparison of healthy subjects and patients

Currently, by analyzing the voice for long term about two weeks, it was possible to substantially identify the voice of patients and healthy subjects. In the future, to increase the accuracy, we will increase the number of cases.

- 2) A study on the monitoring of health status by voice using a smartphone

As a pre-stage of society implementation, a prospective study of long-term use by volunteers scheduled to start in 2015 summer.

- 3) Use in industrial hygiene field of stress check by voice

As research for social implementation, we are preparing a study to use our technology in the context of industrial hygiene.

- 4) Verification in other languages

In order to confirm the usefulness of languages other than Japanese, we are preparing a joint research of the speech database of the foreign languages and other countries.

- 5) The detailed study by multicenter study

Because of the robustness evaluation of technology, joint research in the multi-center is planned.

- Application of the verbal analysis of pathophysiology technology to other than the stress-depression

- 1) sleep apnea syndrome

By the analysis of voice in the awakening and snoring in falling asleep of the patients who have sleep apnea syndrome, we have done research on the measurement of the quality of sleep.

- 2) Cerebral infarction

We are conducting research to capture the change of voice due to cerebral infarction.

- 3) Others

We are preparing for research for several disease such as mental disorders (PTSD schizophrenia), neurological disorders (Parkinson's disease), dementia (including; Alzheimer's disease), cardiovascular disease (ischemic heart disease) respiratory disease (COPD asthma), metabolic diseases (diabetes, gout), for such as otolaryngology disease (tongue adhesion disease, vocal cord polyp), I'm preparing for research.

- A study for the effects of driving a car on the health of maind

We perform the joint research with Mazda Co., Ltd., which our investment company.

- The development of medical devices for voice acquisition and construction of multicenter research infrastructure

We perform the joint research with MKI Co., Ltd., which our investment company.

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# Functional Regulation of Adipocytes

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### Introduction and Organization

The prevalence of obesity and related diseases are rising to epidemic proportions worldwide. The identification of secreting molecules including leptin and adiponectin—termed “adipokines”—led to the recognition that adipose tissue functions as an endocrine organ, in addition to a storage depot for excess calories. Today, dysregulation of adipokines is recognized as an important factor in the pathogenesis of insulin resistance. The discovery that thiazolidinediones — insulin-sensitizing anti-diabetics — are agonists for a nuclear hormone receptor peroxisome proliferator-activated receptor  $\gamma$  (PPAR $\gamma$ ) — the master regulator of adipocyte differentiation — also led to the recognition that the adipogenic gene transcription network play a critical role in systemic glucose and lipid metabolism. There are two types of adipocytes; brown and white. Compared to white adipocytes, which are specialized in storing excess energy, brown adipocytes are known to burn excess energy and produce heat in response to various stimuli including cold and considered an attractive cellular target for the treatment of obesity. Recent evidence that brown adipocytes exist in adult humans and an advance in our understanding of a transcription regulatory network that defines brown adipocyte-phenotype has boosted intensive research of this area. Finally, it was shown that obese adipose tissue contains not only hypertrophic adipocytes but also inflammatory cells including macrophages. Role of

interaction of these cells and adipocytes is one of hot topics in the field.

Our laboratory was established as a social Cooperation Program in 2011 with a contribution of Novartis Pharma K.K. The aim of our research is to understand functional regulation of adipocytes in normal and in disease state, which is critical for understanding the pathogenesis of obesity and related diseases. In order to accomplish this goal, we take a variety of experimental approaches including genome-wide epigenomic analysis, genetic engineering techniques, and biochemical methods, to investigate normal functions and dysfunctions in diseases of adipocytes and other organs closely related to obesity and type 2 diabetes.

### Teaching activities

We teach a class “obesity” in a lecture series of symptomatology for the 4th year medical students. We also teach a class “obesity, diabetes and dyslipidemia” in Medical Science Graduate Program, The University of Tokyo. We train, on a regular basis, graduate and post-graduate students in Nutrition and Metabolism, Internal Medicine, Graduate School of Medicine, The University of Tokyo.

### Research activities

Epigenetic analyses of adipocytes by using next-generation sequencer (NGS)

NGS is one of breakthrough technologies in genome science. NGS technologies have revolutionized how we study the epigenome and transcriptional regulation of genes. ChIP, using specific antibodies followed by NGS (ChIP-seq), allows genome-wide mapping of binding sites of transcription factors and genomic regions of specific chromatin modifications. These new approaches provide novel insights never before gained and broaden our understanding of epigenetic regulation of gene expression. We investigate epigenome and epigenetic regulation of genes in adipocytes in normal and disease states, particularly focusing on adipocyte-specific transcription regulatory mechanisms and identification of new regulators. We mapped adipocyte-specific regulatory elements in the genome by employing Formaldehyde-Assisted Isolation of Regulatory Elements coupled with high-throughput sequencing (FAIRE-seq) and demonstrated the critical role of multiple distal enhancers in adipogenic gene expression. We also conducted computational motif analyses of DNA sequence in those regions and identified the NFI transcription factors as novel regulators of adipocyte differentiation (PLoS Genet 7(10), 2011 e1002311). We are currently conducting epigenetic analyses of brown and white adipocytes, adipocyte progenitors and adipocytes in health and disease state and aim to elucidate the molecular mechanisms underlying the transcriptional regulatory network.

Diabetes research is challenged to reveal the function of candidate genes implicated by recent genome-scale studies. Pancreatic beta cell research has hampered by its lack of scalable yet reliable genetic screening system, and a method for assessing dynamic cell movements in real-time. We devised novel platforms to (1) prospectively purify native multi-potent pancreatic progenitors and differentiated cell lineages, (2) recapitulate pancreatic organogenesis in 3D, permitting efficient genetic manipulations and screens; as well as (3) integrated genomics strategy to reveal novel regulators essential for islet development (*Etv1*, *Prdm16*, *Runx1t1* and *Bcl11a*) (Cecil et al 2014 PLoS Genet), (4) methods for quantitative assessment of live-cell phenotypes (Pouerstein et al 2015 Diabetes), and (5) genetic complementation analysis. These powerful strategies will open up a new

opportunity for comprehensive understanding of mechanisms of dysfunctional beta cell in diabetes, normal development of beta cell; and for engineering and expanding beta cells in vitro.

Our ultimate goal is to propel our research focusing on mechanisms of obesity, type 2 diabetes and the metabolic syndrome by using comprehensive epigenomic, genomic, biochemical and genetic engineering approaches.

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## **Introduction and Organization**

The Department of Advanced Nursing Technology was established in December 2012, seeking to develop new academic fields for creating advanced nursing technology based on clinical evidence. Our primary belief is that “Never let patients endure in health care.” and we hope that through our activities, we can assist patients to live longer, healthier lives.

Till date, significant difficulties regarding the creation of an advanced nursing technology have created a gap between academic research and clinical needs of the clinical setting. Thus, the strategies of advanced nursing technology could not be applied to hospitals because of their unsuitability to this clinical setting, despite being useful to academic nursing researchers at universities. In contrast, new nursing technologies are often developed because of nurses’ experiences in clinical settings with limitations such as the unavailability of scientific processes. Furthermore, systems to promote and support nurses who wish to undertake research in the clinical setting are insufficient.

The Department of Advanced Nursing Technology was established at the University of Tokyo Hospital, supported by Terumo Co., Tokyo, Japan, as a social cooperation program. The United Cooperation Program, established to develop solutions for the abovementioned difficulties and to further the

development of nursing technology, comprise the following departments at the University of Tokyo: Department of Gerontological Nursing/Wound Care Management, Department of Nursing, and Department of Diabetes and Metabolic Diseases. We aim to develop a new research model through collaborative research with Tokyo Hospital’s Departments of Nursing and Medical examination and School of Health Science at the university. In addition, we aim to disseminate advances in nursing technology based on the needs of clinical practices worldwide. We promote our collaborative research with additional investment from Paramount Bed Corporation since December 2015.

The following are the members from various departments at the University of Tokyo: Ryoko Murayama (Project Associate Professor) and Makoto Oe (Project Lecturer) as well as Hidenori Tanabe (Collaborative Researcher; from Terumo Co.).

## **Teaching activities**

We advised Master’s and PhD course students from the Department of Gerontological Nursing/Wound Care management on matters concerning research planning and practical work. We were involved in providing lectures such as Gerontological Nursing and Gerontological Nursing I, for undergraduates, master course students, or PhD course students with the

Department of Gerontological Nursing/Wound Care management.

The followings were Master's themes in 2014; "Development of the assessment method of extravasation in chemotherapy patients using thermographic patterns"

## Research activities

### 1. Activity policy

We will develop a new nursing research scheme aimed at identifying clinical needs (i.e., "Never let patients endure in health care."). An interview survey of nurses at the University of Tokyo hospital were therefore conducted to identify clinical needs in the clinical setting. This survey was conducted as a collaborative research with the Department of nursing (University of Tokyo hospital), and is ongoing.

Several research projects are ongoing in our department. These include development of a nursing device for early ambulation and development of a self-monitoring blood glucose device for the elderly. In addition, we are conducting a cross-sectional study of extravasation at our laboratory. These researches are conducted in collaboration with nurses at the University of Tokyo hospital.

We provided nurses with information as the career ladder system in the Department of nursing at the University of Tokyo Hospital. A cross-sectional study of pelvic floor disorders, the risk factors for development of diabetic foot disorders, and venipuncture are all components of this system.

We offer consultations on research matters and provide guidance on article writing in order to promote nursing research in the clinical setting. A study meeting was planned with the graduate school of the University of Tokyo to educate nurses regarding research. In addition, cross-sectional studies of pelvic floor disorders and diabetic foot were conducted as per the researcher's area of expertise.

### 2. Research fields and themes in 2015

- Investigation of clinical needs in the clinical setting.
- Early ambulation: the management of infusion systems, drains, and catheters for early ambulation and early discharge from the hospital.
- Determining the mechanism of extravasation and development of an indwelling needle for prevention of extravasation.
- Development of a blood glucose self-monitoring device for the elderly.
- Risk assessment for pelvic floor disorders during the postpartum period.
- The diabetic foot and associated risk factors.

Several awards were given to our research as follows.

- Research Award from 3rd Conference of Nursing Science and Engineering  
"Continuous thermographic observation of temperature distribution change at the insertion site during chemotherapy with peripheral intravenous catheter"

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# **Social Cooperation Program**

**(22nd Century Medical and Research Center)**

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# Department of Ubiquitous Health Informatics

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## Introduction and Organization

Our mission is to promote research and development of a novel integration system in which pieces of patients' healthcare information are virtually combined and stored separately in diverse medical/healthcare facilities. Recently developed mobile information communication technologies (ICT)—in conjunction with cloud computing—provide a sturdy environment in which to build a “virtual ubiquitous health information space.” We particularly focus on better clinical outcomes in various medical/healthcare fields, as well as the efficacy, safety, and security achieved by these innovative systems.

## Research activities

- *DialBetics: A novel smartphone-based self-management support system for type 2 diabetes patients*

Patients with diabetes are expected to have access to the integral components of diabetes care. Self-management is the core of diabetes treatment because it ties the components of diabetes therapy together, enabling patients to assess and control the interplay of nutrition, physical activity, emotional/physical stress, and medications that are critical with diabetes. There had long been a need for an effective self-management tool that could automate and standardize much of the counseling process, facilitating self-monitoring of blood glucose, blood pressure, body weight and lifestyle, and particularly diet and exercise.

Accordingly, we developed just such a real-time, partially automated interactive system to interpret patients' data—biological information, exercise, and diet content calculated from a message sent by patients—and respond with appropriate actionable findings, helping the patients achieve diabetes self-management. In addition, the safety and clinical effectiveness of the system had to be examined. A one-month, non-blinded, non-randomized uncontrolled study was conducted; it demonstrated that DialBetics was a feasible and effective tool for type 2 diabetes patients who also received insulin therapy. We then evaluated the relation of patients' intake nourishment and urinary sodium to their potassium ratio. The possibility was suggested that the sodium to potassium ratio might serve as a new index of food fiber intake. We started development of an automatic function that can evaluate whether a patient's meal is “good” or “not good”—according to guideline nutritional needs/restrictions of such patients—based solely on image processing of the meal photo routinely sent by the patients. Because we also recognized the advantage of a synthetic sound that would act as an advice feedback to call the patient's attention to that advice, we investigated use-intention of such a sound with around 30 diabetics. Given the positive result, we investigated implementation, and are going to incorporate this feature into the system. In addition, we supported the research project of a doctor's degree candidate—“Intention of using an ICT-based self-management tool among patients with

diabetes: A cross sectional study”—from the department of Adult Health/Palliative Care Nursing. We plan to conduct a further study to apply the use of the system in clinical environments.

- *Glucote: Self-management and recording application for the type 2 diabetes and diabetes spare group*

We started a clinical study of a smartphone application we call "Glucote" for type 2 diabetes and impaired glucose tolerance using ResearchKit by Apple Inc. This application continuously collects data about blood sugar level, blood pressure, weight, active mass and lifestyle including diet, exercise and sleep. This is the first such clinical study in Japan, and we plan to study the effects of Glucote for the next five years.

- *HearTily: Self-management and recording application for arrhythmia*

To investigate the association between arrhythmia and lifestyle, we developed the smartphone application "HearTily" for arrhythmic self-management again using Apple's ResearchKit by Apple Inc. It will be available to the public, and a clinical trial will be conducted.

- *Self-management and Recording System for Dialysis (SMART-D)*

The proper intake of water, potassium and phosphorus impacts the survival of dialysis patients, and adherence to fluid-intake restrictions is one of the most difficult aspects of the hemodialysis regimen. So the "Self-management and Recording System for Dialysis" (SMART-D) was developed. It featured the essential indicators for dialysis patients, and its performance was verified. A two-week, non-blinded, non-randomized observational study was conducted. Although there was no change in clinical outcomes after two weeks of using SMART-D, most of the participants reported that using SMART-D helped to improve their lifestyle and self-management. Evaluation of SMART-D's effectiveness continues to be the subject of further study in the coming year.

- *Health support study using in Singapore*

For the purpose of preventing development of lifestyle-related diseases in Singapore, a clinical study

was performed using a smartphone application to support better self-management of lifestyle. We were brought into this study by NTT Resonant, Inc., which was tasked with it by the Ministry of Internal Affairs and Communications. Our department was asked to supervise the study and analysis the results. A one-month clinical trial for physically unimpaired people suggested the usefulness of using the support application for health care. A clinical trial for diabetics continues.

- *Inspection of the correlation of blood sugar level and expiration acetone measurements*

Current practice makes it necessary to perform urinalysis with a blood test in order to diagnose the ketoacidosis of diabetes. We plan a clinical study to determine whether clinicians can instead use portable expiration acetone measuring equipment which could measure acetone levels for a diagnosis. The clinical trial will be with 100 diabetics.

### **Future directions**

To fulfill our mission, we plan to generalize the findings made in the several clinical studies, and promote ongoing and growing telemedicine service with the use of ICT in the future.

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**University Hospital**

**Clinical Divisions**

**University Hospital**  
**Central Clinical Facilities**

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# Department of Clinical Laboratory

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## Introduction and Organization

Clinical Laboratory Center consists of 12 doctors, a chief technologist, and 80 technicians, and is divided into the following sections. The second - generation Laboratory Automation System is in full operation, and ordering of laboratory tests, the flow of samples, operation of laboratory analyzers, quality control of analysis, and data reporting are all controlled by the Laboratory Automation computer system. This system has greatly improved the quality, safety, and efficiency of the laboratory and contributed to both patients and doctors by providing rapid and high-quality laboratory testing.

### The 1st Section

This section deals mainly with the maintenance of laboratory system and blood and urine sampling. In 2014, 243,212 outpatient blood sampling were performed in this section.

### The 2nd Section

This section deals with clinical biochemistry and immuno-serology tests. In 2015, over 5,235,624

serum enzyme tests (such as AST and ALT), and 569,280 immunological tests were performed.

### The 3rd Section

This section deals with laboratory hematology and DM-related tests, gene analysis tests and urinalysis. In 2015, 1,221,168 samples were examined for complete blood cell counts, cell surface marker analysis, prothrombin time, fibrinogen, glucose, and HbA1C tests, and 249,240 urine samples were examined.

### The 4th Section

This section deals with physiological tests, including circulatory, pulmonary, and neuromuscular function ones. In 2015, 45,930 ECG, 24,224 pulmonary function tests, 9,961 echocardiography tests, 17,957 abdominal echography tests, and 13,634 EEG were performed.

### The Hospital Ward Section

This section has been recently founded and is in charge of laboratory tests, mainly ECG, for seriously-ill, hospitalized patients. In the future, this section is going to be further expanded since there is so much

demand from clinical doctors.

## Teaching activities

Lectures are given to the fourth, fifth and sixth grade medical students on clinical tests including hematology, chemistry, endocrinology, immunology, bacteriology, cardiology, and pulmonary function. The reversed CPC program is presented to the sixth grade students. Laboratory practice teaching is provided for the fifth and sixth year medical students, in small groups of 6-7 students for one-week duration. In this course, students learn clinical and practical knowledge and techniques on various laboratory tests. Students from professional schools also study laboratory medicine under the guidance of members in Clinical Laboratory Center.

## Research activities

The main goal of our research projects is the development of new and useful laboratory tests, and elucidation of pathophysiology of diseases through laboratory tests. The areas included are: i) (Patho) physiological roles of lysophospholipid mediators and its application into laboratory medicine, ii) platelet biology, iii) the clinical significance of reticulated platelets and immature platelet fraction, iv) novel biomarker in liver diseases, v) genetic testing, vi) bioactive peptides, especially adrenomedullin, vii) oxidative stress and organ injury, viii) analysis of cardiac functions using ultrasound, ix) elucidation of abnormality in epigenetics in cancer and its clinical application, and x) analysis of brain function using magnetoencephalography and near-infrared spectroscopy.

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# Surgical Center

## Director (Professor)

Hiroshi Yasuhara M.D., Ph.D.

## Associate Professor

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## Introduction and Organization

The centralized management of operating rooms (OR) first began at the University of Tokyo Hospital in July 1955. The office, so called the surgical center, was located in the Old Central Building till December 1987. The center moved to the new Central Clinical Service Building 1 on January 1988, when the surgical center had 14 ORs including one bio-clean room. The administrative staff included 4 doctors, 75 nurses, 6 technical officials, 5 part-time employees. The surgical center became to provide managerial services of the OR to 18 surgical departments after moving into the new office building. The total number of operations remained to be below 6,300 a year between 1999 and 2000 because of the number of ORs and nurses.

In July 2001, the branch hospital in Mejiro area was merged with the University of Tokyo Hospital in Hongo area, which opened a new Ward B Building in October 2001. After the merger, the number of elective operations markedly increased and became over 7,300. The two additional ORs began to be used tentatively to accommodate an enormous increase in

the number of elective operations. The one OR was set up on the ICU/CCU/HCU floor in the new Ward A Building and the other was in the Outpatient Clinic Building. The outpatient OR orthopedic outpatients was diverted for the general OR, which was used for the short-stay and day surgery. In April 2014, we renovated an OR into a hybrid OR that is equipped with advanced interventional imaging system for the patients undergoing interventional surgical treatment.

Until September 2001, the elective operations had been performed in 9.5 ORs/day on average. After October 2001, 12 ORs/day began to be used. In the year 2006, the Central Clinical Service Building 2, which had 11 ORs, was completed to solve the shortage of the number of ORs. As a result, the total number of ORs became 23, and then the number of operations has tremendously increased.

A total of 8,485, 9,550, 9,921, 9,944, 10,394, 10,170, 10,752, 11,235, 11,150 and 10,960 operations were performed in 2006, 2007, 2008, 2009 2010, 2011, 2012, 2013, 2014 and 2015 fiscal year, respectively. The number of operations in 2015 fiscal year counts for approximately 1.8 times comparing to that in 2001.

These days more and more patients undergo the

operation, using endoscopic technique, such as laparoscopy/thoracoscopy-assisted operation. There is also an apparent increase in the number of patients who are at high risk with critical morbidity or with positive test for the particular types of pathogenic bacteria, such as tuberculosis, MRSA, pseudomonas aeruginosa, HBV, HCV and HIV.

## Scope of Activities of Surgical Center

The surgical center covers broad area of clinical activities ranging from the operation schedule to the education of the medical students and healthcare workers, and research on healthcare practices.

## Operation Schedule

All operations of in-patients are performed in 23 ORs at the surgical center. Computer system has been utilized in order to handle the information on operation. In May 1999, the on-line system was introduced to order the elective and urgent/emergent operations through the computer terminal in the wards. The input of postoperative patient information started from March in 2000.

The present status of the operation process began to be seen through the computer monitor from May in 1997. This system also enabled the medical staff to know the availability of the ORs of the next day. From November in 2000, the medical staff can see the operation schedule through the hospital computer network. The photographs of surgical sites, resected organs and live video image began to be delivered to the clinical departments from February in 1997.

The SPD system and the progressive patient care system started in the Ward A Building and Central Clinical Service Building 2 in order to improve the workflow of hospital in October 2001. In the surgical center, this SPD system has been available since September in 2002.

Recently, the number of complicated and long surgical procedures using advanced technology has dramatically increased. In addition, more and more patients tend to undergo surgery using artificial implant, joint prosthesis or intraocular lenses. Those operations include organ transplantation, micro-vascular surgery, cardiovascular surgery, minimally invasive surgery and navigation-guided orthopedic/

neurosurgical surgery and stent grafting for the abdominal or thoracic aortic aneurysms. Organ transplantation and intraoperative three-dimensional echo-guided surgery are also frequently performed. Minimally invasive surgery is another recent trend of the operation. Those include MIDCAB operations for CABG and endovascular treatment for heart anomalies such as ASD and VSD. More recently, the robotic surgery has started at the surgical center.

Healthcare-Associated infections (HAI) are critical issues in the surgical center. It is mandatory to educate how to prevent HAI and occupational infections. As the number of operation of the patients with emergence and re-emergence infectious diseases such as HIV and tuberculosis has increased, all health care staff in the surgical center are required to adhere to the principles of standard precautions and transmission-based precautions.

## Teaching Activities

The following lectures or seminar are given to the undergraduates and postgraduates medical students: aseptic techniques, sterilization/disinfection methods, prevention of perioperative infections, humoral and cellular responses to trauma and shock, training of scrubbing and gown techniques. The curriculum is updated each year. Introductory course for disinfection, sterilization and preservation of surgical instruments and medical devices was added in the training courses in 1998, which gained more interest and popularity among many students.

In the surgical center, the innovative surgical instruments and medical devices are recently introduced to perform highly advanced operations such as in the navigation surgery, transplantation surgery, cardiovascular surgery and robotic surgery. As a result, the education related to the assist for those surgical procedure has become most important activities in the surgical center. The lectures of advanced technologies are in the curriculum for the surgeons, the nursing staff and clinical engineers so that they can understand how to use them in a proper way.

Lectures for the nursing staff consist of a freshman course and an advanced course. The freshman course is a basic training course for a scrub nurse or a

circulating nurse. It consists of lectures of aseptic techniques, de-contamination/sterilization methods, prevention of perioperative infections, and on-site training of scrubbing and gown techniques as well as aseptic preparation of surgical instruments in the OR. An advanced course is prepared to the experienced nurses as well. The purpose of this course is to upgrade their perioperative nursing skills so that they can demonstrate full nursing skills even in the complicated and long operations such as transplantation surgery, open-heart surgery, neurosurgery and robotic surgery.

There is also a training course to clinical engineers and students of biomedical engineers. This training course consists of introduction on the medical devices and electronic instruments, precautions of accidental troubles in handling surgical instruments/medical devices, development of new surgical instruments/medical devices, cardiopulmonary bypass techniques and illumination techniques in the operating fields. The contents of this course are summarized in the manual for the nursing staff and contribute to decrease the frequency of incident associated with surgical instruments and medical devices.

The on-job training are given to the non-nursing staff including technical officials and temporary employees and performed when they start their careers in the surgical center. They are given lectures on aseptic techniques, sterilization/disinfection methods, prevention of perioperative infections, and maintenance of reusable surgical instruments such as forceps, scissors and clamps. These subjects are summarized and stated in the manual. Lectures are also given to the senior technical officers and temporary employees to promote their technical knowledge and skills.

## Research Activities

- 1) Safe surgery and risk management in the OR
- 2) Improvement of cost-effectiveness in the surgical treatment
- 3) Development of central monitoring system using IT technology
- 4) Introduction of robot-assisted operation
- 5) Efficient use of human resources
- 6) Introduction of advanced operation assisted by the microscopy and/or laparoscopy
- 7) Proper management of equipment of endoscopy-assisted surgery
- 8) Centralization of the live video images of the surgical field
- 9) Management of surgical devices using UID
- 10) Perioperative infection control and prevention related to the sterilization
- 11) Maintenance of the surgical environment in the OR
- 12) Maintenance and management of the surgical equipment
- 13) Perioperative nutritional management of the surgical patients
- 14) Others

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# Department of Clinical Radiology

## **Professor (department manager)**

Kuni Ohtomo, M.D., Ph.D. (until March, 2016)

## **Lecturer (vice manager)**

Jiro Sato, M.D.

## **Assistant Professor**

Masaki Katsura, M.D., Ph.D.

**Homepage** <http://www.ut-radiology.umin.jp/>

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## **Introduction and Organization**

In the Department of Clinical Radiology, clinical services on Diagnostic Radiology (imaging and intervention), Radiation Oncology (radiotherapy), Nuclear Medicine and the Radiation Safety Control System are provided in cooperation with radiology technologists and nurses. Present constituent members are as follows: three medical doctors, 73 radiological technicians and 1 technical official of the radiation control. The staff members of the Department of Radiology (teachers, the graduate school students, medical staffs, and the clinical trainees) join this. In addition, the doctors of other departments and the nurses cooperate and are also engaged in the clinical radiology activities.

Department of Clinical Radiology is actively participating in the following projects. 1) PACS: We have recently developed a radiology information system (RIS) networking with hospital information system (HIS) and PACS (picture archiving and communicating system). The PACS of the whole hospital (the film-less imaging system) was established in 2003. The new reporting system was installed in 2002. 2) Radiation Safety Control: Stimulated by the need for evaluating the individual accumulated exposure dose by medical radiation, we have started a working group to solve this problem. We aim to provide the accumulated exposure dose data on RIS. 3) Image Computing & Analysis Laboratory: The clinical section of this project is

located at the reading room in the Diagnostic Radiology Section. The main services are processing of volume image data into clinical 3D-images and analysis of imaging data. 4) Researches on new radiology techniques: Ongoing collaborative researches are as follows: image-guided radiation therapy, clinical PET, multi-detector row CT, 3-Tesla MRI, flat panel detector.

## **Clinical activities**

### 1) Diagnostic Radiology:

The section of diagnostic radiology is responsible for all the clinical examinations of CT, MRI, and angiography and vascular interventional procedures except for cardiac and peripheral arterial studies. All of these examinations are performed under the requests of clinicians. Over one hundred and fifty CT examinations are performed using six MDCT scanners each day. Interventional procedure such as percutaneous biopsy and abscess drainage are also done by CT guidance. About seventy MR examinations are done using three of 1.5-Tesla and three of 3-Tesla scanners every day. Diagnostic and interventional procedures are performed using six angiographic units.

### 2) Nuclear medicine:

The section of nuclear medicine is responsible for all the radionuclide imaging examinations including conventional scintigraphy such as bone, kidney,

thyroid scans, SPECT, and PET scans. Scanning is performed at the first basement floor in the Central Clinic Building 1. Blood flow, metabolism and receptor functions are measured for the understanding of normal and pathophysiological states, using a variety of positron-emitter radiotracer with F-18, C-11, N-13 and O-15. Whole body FDG-PET for staging of malignancy plays an important role in the clinical management of the patients. These nuclear imaging procedures are performed and reported by radiologists and cardiologists.

### 3) Radiation Oncology:

The radiation therapy is performed with three linear accelerators, an intracavitary irradiation device (RALS), a brachytherapy, and a gamma knife for radiosurgery. The network system connecting these radiotherapy equipments, CT/MR devices, and treatment planning systems was already constructed. Each year, over 700 new patients receive radiation therapy in the Radiation Oncology section. Highly accurate 3D radiation therapy is the most outstanding feature. We have developed a new linear accelerator with C-arm and multileaf collimator systems, which is utilized mainly for non-coplanar radiation therapy in many patients especially with brain tumor or head and neck tumor. The linear accelerator system with cone-beam CT technology has been introduced to our hospital, which enabled image-guided radiation therapy.

### 4) Radiation safety control:

The educational training and registration of the radiation engaging persons are controlled according to the University of Tokyo Hospital Ionizing Radiation Injury Prevention Rules.

In conclusion, the department of clinical radiology is a service section to all clinical departments. Main supporter as the doctor is a radiologist. However, the cooperation with the radiation diagnosis and treatment engaging persons of other clinical departments, technicians and nurses must be reinforced. We want to make still more effort to achieve the cooperation and improve clinical activities in the department of clinical radiology.

## References

See the corresponding part of the department of Radiology.

# Department of Pharmacy

## Professor

Hiroshi Suzuki, Ph.D.

## Lecturer

Tappei Takada, Ph.D.

## Research Associate

Takahiro Amemiya, Ph.D.,

Yuki Ikebuchi, Ph.D.,

Yoshiyuki Ohno, Ph.D.,

Yoshiaki Kariya, Ph.D.,

Kazuo Takayama,

Tomoko Mayuzumi,

Yoshihide Yamanashi, Ph.D.,

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## Introduction and Organization

We have 9 faculty members, 72 pharmacy staffs, and 10 graduate students and 8 undergraduate students from the faculty of pharmaceutical sciences (as of January 1<sup>st</sup>, 2016). In addition, project associate professor (Masashi Honma, Ph.D.) and project research associate (Shogo Miura, Ph.D.) are involved in our work.

## Clinical activities

Department of Pharmacy consists of the following six sections:

- 1) Drug information and research section  
This section offers drug information for questions from medical persons, executes and supports the medicine management to inpatients. In addition, the section prepares materials for pharmaceutical affair committee, where each medicine is discussed whether it should be adopted or deleted. Preparation of several periodicals regarding drug information for clinicians is also included.
- 2) The dispensing section  
After inspecting all prescriptions for contra-indications or improper use, medications are dispensed. Drug information is given to outpatients

from this section, using a private room if necessary. The computerized order system is linked with automatic packaging machines for oral medicines, automatic dispensing system and barcode label printer for injection drugs.

- 3) Pharmaceutical section  
This section sterilizes formulations of a pharmaceutical such as injection medicines, instillation medicines and decontaminating chemicals. They prepare capsule medicines, ointment medicines, suppositories, central vein nutrition (IVH) for inpatients and in-home care patients. After strict inspection of prescriptions, they also dispense anti-malignant tumor medicine (database is constructed based on the submitted protocols and patients' information). In order to support advanced medical care, they develop and check formulations (characterization of the uniformity, stability and so on) of the medicine which is quite necessary for certain patients, but is not marketed.
- 4) Drug matters and drug management section  
Drug matter section manages the adoption of medical supplies (in-hospital and out-hospital), periodically reconsiders the adopted medicines, and also manages the accountings of all the medicines and other materials used in our



department. This section also takes statistics of every information of drug affairs. Drug management section takes care of supplying and safe-keeping of all the in-hospital medicines (2,453 items), out-patient medicines, anesthetics, muscle relaxation drugs, psychotropic drugs, poison medicines.

#### 5) Narcotic section

Under the supervision of authorized manager for narcotics (the director of the department of pharmacy), narcotics are properly managed, recorded, reported, inspected and directed. Narcotics are properly arranged and managed at the dispensing section and each medical care section.

#### 6) Ward section

They contribute to the team medical care by providing specialized drug information and sharing them with all the staffs involved in the treatment as follows;

Supporting the proper use of medication by pharmacists stationed at 1<sup>st</sup> and 2<sup>nd</sup> ICU section. Arrangement and mixing of injections for patients at the staff station of Hematology and Oncology.

Investigation of carrying medicines and the adverse effect histories, allergy histories *etc.* at the time of hospitalization. Participation for conferences. Procurement and appraisal of patients' basic information about the disease, compilation of the medicine history. Monitoring of medication guidance and the adverse effect for patients, and compilation of guidance record. Offering the doctor with drug information, prescription design support and detailed contents of medication guidance to each patient. Investigation and management of ward stock medicine.

Nutrient support of the patients as a member of NST.

Management of proper use of narcotics as a member of palliative care team.

Management of proper use of antibiotics, rounds of a hospital ward, and training of the staffs as a member of ICT.

Statistical Data (fiscal year 2015)

Number of items on in-hospital formulary: 2,453

Number of prescriptions (ps.) filled or preparation (pp.) (annual)

out-patients	:	423,079 ps.
(outside	:	350,816 ps.)
(inside	:	72,263 ps.)
out-patient chemotherapy:		12,719 ps.
in-patients :		233,325 ps.
injection drugs	:	207,742 ps.
IVH	:	3,592 ps.
chemotherapy	:	10,022 pp.

TDM consultations (annual) : 15,990 pp.

Numbers of hospital pharmaceutical cares (annual):  
16,895 pp.

## Education

The department of pharmacy takes various responsibilities of education with regard to clinical pharmacy, pharmacology, and pharmacokinetics for students and graduate students in the faculty of medicine, in the faculty of pharmacy, and in the school of integrated health sciences. We also have our own half a year post-graduate training course optimized for new pharmacists.

For students in the faculty of medicine, we are in charge of "Pathogenetic and Pathology" as an optional course lecture. We are providing a 3-days practice course as a part of compulsory clinical practice for the M3 or M4 students and teach clinical pharmaceutics and practical knowledge of prescription and risk management to them. For the students in the health sciences and nursing, we are in charge of clinical pharmacokinetics lectures as a part of a compulsory subject, "Pharmacology and Toxicology".

For students in the faculty of pharmacy, we are in charge of two series of lectures for the undergraduate students: "Clinical Pharmacy I" (compulsory subject) and "Clinical Pharmacy II" (an optional course). They are educated for the clinical pharmacology and pharmacokinetics. For the graduate students, we are in charge of "Special Lecture Basic Pharmaceutical Science IV", "Special Lecture Clinical Science", "Advanced Course of Medical Pharmacy" as a cooperator of the Clinical Pharmacokinetics. Recent trends of the medical pharmacy as well as the practical

developments and future visions of the department of pharmacy are presented in this lecture. In addition to them, we accept undergraduate and graduate students from the faculty of pharmaceutical sciences and faculty of medicine. They are doing various research activities.

Six year course education system has been launched in the field of pharmaceutical sciences since 2006. In this system, the clinical training by pharmacists at the hospital is one of the most important curriculums. In 2015, we accepted clinical training students from The University of Tokyo, Tokyo University of Pharmacy and Life Sciences, Showa Pharmaceutical University, Hoshi University, and Musashino University and educated them for 2.5 months. On the other hand, we have had an original one-year post-graduate training course for pharmacists since long time before starting the 6-year course education system. They learned various practical knowledge and techniques necessary for hospital pharmacists. Such education style is still continued by shortening the period to half a year. In 2015, 15 pharmacists finished this course.

In addition, we are promoting life-long education of pharmacists in the local area by holding regular technical workshops and seminars.

## Research

It is evident that the molecular function of particular element cannot always be assigned to only one function at whole body level, because one to one simple correspondence is not common in our body. It is also true that the understanding of the relationship between drug and its ultimate target is not sufficient to predict the pharmacological/toxicological effects. We need to understand not only the detailed molecular machinery of drug target, but also its environment surrounding the target (ex. other associated proteins, signaling molecules, etc.), where and when it works, and finally how it behaves as functional unit in our body. This is a basic idea trying to understand “living body” as “system”. By further promoting this idea to “system pharmacology”, we will be able to identify a molecular target which is related to the pharmacological/toxicological output in clinical situation or even at early drug development stage. Based on such concept, following projects are now ongoing:

1. Elucidation of the molecular mechanism which controls *in vivo* disposition of lipids / bile acids / uric acid, and establishment of new therapy for life-style related diseases based on those integrated understanding.
2. Elucidation of the dynamic regulatory mechanism of bone resorption / bone formation, and establishment of new therapy for bone metabolic disease based on those integrated understanding.
3. Establishment of the way to quantitative understanding and prediction of pharmacological-effect and side-effect of drugs directed against particular molecular target. Finally, these outputs would be feed-backed to early drug development stages.
4. Elucidation of the molecular mechanism related to the adverse effect of drugs using large-scale “-omics” analysis. Finally, the quantitative information would be applied to develop strategies to prevent / treat the adverse effect.
5. Absolute quantification of factors determining the pharmacokinetic profiles of drugs and its application to clinical pharmacokinetics and pharmacology field.

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# Delivery Unit

## **Professor**

Tomoyuki Fujii

## **Lecturer**

Takeshi Nagamatsu

**Homepage** <http://www.iiosan.umin.jp/index.html>

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## **Organization**

The Delivery Unit of the University of Tokyo Hospital is organized by one professor, one lecturer and about 10 fellows. All the staff members are taking part in research activities of reproductive endocrinology, gynecologic oncology, or perinatal medicine, as well as being engaged with in-patient and out-patient care for pregnant women including the activities in the delivery units.

## **Activities**

Total number of delivery cases was 965 in 2015.

Recently, cases of obstetrical emergencies like abruptio placentae, eclampsia and uterine ruptures transported from neighboring hospitals have been increasing. Two or three doctors and three midwives are on duty every night. Our service is an important part of Tokyo Metropolitan Service System for Maternal Welfare and Perinatal Medicine.

## **References**

[See Department of Perinatal Medicine.]

# Rehabilitation Center

## **Professor**

Nobuhiko Haga, M.D.

## **Lecturer**

Yusuke Shinoda, M.D.

## **Associate**

Yauo Nakahara, M.D., Motomu Suga, M.D., Sayaka Fujiwara, M.D.

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## **Introduction and Organization**

The physical therapy service started in 1963 at the University of Tokyo Hospital, and then expanded to include occupational therapy and social work section. In 1966 this service was converted to the central rehabilitation service department as a part of the Central Diagnostic and Therapeutic Service Department. The Central Rehabilitation Service became an independent unit in 1970. After the reorganization of the University of Tokyo Hospital according to major organic classification in 1998, outpatient clinic as rehabilitation medicine was installed. The formal title of our unit was changed from the Physical Therapy Department to the Rehabilitation Department by the budget measures in the fiscal year 2001, and we integrated the related personnel categories, which belonged to the orthopedic surgery department and the physical medicine department.

At the present time our department consists of four sections. Rehabilitation physicians' section includes five full-time doctors and two other part-time doctors. They work chiefly for clinical practice in medical rehabilitation service, but also have to engage in teaching activities for medical students. Eighteen physical therapists are working in the physical therapy section. In the occupational therapy section, five occupational therapists work for the general rehabilitation service and the other four therapists work for the psychiatric rehabilitation. Four acupuncture therapists perform acupuncture and moxibustion.

In the Day-care Unit, clinical psychologists and nurses also work. In 2006, speech therapists who had belonged to other departments in the University of Tokyo Hospital were included in our department. From 2009, a speech therapist added to our department, and now three therapists perform therapy for patients with aphasia, dysarthria, and dysphagia.

## **Clinical activities**

The professor serves as a director of Rehabilitation Center, the University of Tokyo Hospital. The Rehabilitation Center and the Department of Rehabilitation Medicine are united and engage in clinical practice. We have at present no charged ward, and treat about 4,000 new referrals annually from almost all the departments of the university hospital. We always take charge of 250-300 patients corresponding about 25-30% of the whole number of inpatients. We also see 30 people per day at the outpatient rehabilitation setting. The numerical ratio of outpatient is being reduced in order to give priority to the clinical service corresponding to needs expansion of service to inpatients.

## **Teaching activities**

We have provided several clinical curriculums on rehabilitation medicine for 4th, 5th, and 6th year medical students since 1973. The systematic lecture series for 4th year medical students (M2) include the subjects on rehabilitation for disorders such as

cerebrovascular disturbances, respiratory disorders, neuromuscular diseases, bone and joint diseases, and pediatric disorders as well as on outline of rehabilitation, and amputation/prostheses. We have provided a clinical practice in small group, so-called clinical clerkship for 5th year students from Wednesday to Friday every week. They experience a few patients and learn how to take a patients' history, physical findings, functional evaluation, and how to plan rehabilitation programs. We have introduced a few of elective students for elective clinical clerkship to our collaborating hospitals with specialized rehabilitation ward.

In addition, we have provided the training of students including physical therapy, occupational therapy, and speech therapy. Twenty students or more come and stay at the university hospital annually as a long-term clerkship from several PT/OT/ST training schools.

## Research activities

Our research activities are growing up. In 2006, the Rehabilitation Center moved to the new building and a research laboratory was provided for the first time. As the motion analysis system was partially renewed, we are planning our researches mainly in the field of musculoskeletal disabilities. In addition, we are planning collaborating researches with other departments in our hospital, other faculties in our university, and institutions outside the University of Tokyo. The ongoing and scheduled projects are as follows.

- 1) Motion analysis of patients with joint disorders in the lower extremities
- 2) Motion analysis of motor development in children
- 3) Early detection, diagnosis, and progression prevention of musculoskeletal disorders in the elderly
- 4) Rehabilitation approaches for patients with hemophilia
- 5) Rehabilitation approaches for patients with spina bifida
- 6) Treatment and rehabilitation for patients with congenital limb deficiencies
- 7) Disabilities and handicaps in patients with skeletal dysplasias
- 8) Analysis of musculo-skeletal involvement in congenital insensitivity to pain

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# Central Supply Service

## Associate Professor

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## Associate

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## Introduction

Central supply service is an integrated place in the hospital for cleaning and sterilization of previously used devices. All re-usable devices are transported to our division via automated guided vehicle system from surgical center, ward and outpatient clinics. The used instruments are cleaned using standard precautionary procedures, disinfected, reassembled, packaged, and sterilized. The sterilized instruments are then placed at designated sites for use.

One associate professor and one instructor, two nurses, 10 staff members, and 26 members from external staff sources are the main members of this division.

## Facilities

The following facilities are located in an area of 1,077 square meters :

Cleaning equipment : 7 washer disinfectors (WDs), 1 vacuum-ultrasonic cleaning unit.

Drying equipment : 5 system drying units.

Sterilizing equipment : 6 autoclaves, 2 ethylene oxide gas sterilizers, 1 hydrogen peroxide plasma sterilizer, 1 hydrogen peroxide sterilizer, 1 low temperature steam formaldehyde sterilizer.

## Activities

Used devices are cleaned with automated washer disinfectors and/or manual washing, then packaged carefully into container sets or paper bags. The packaged materials are sterilized with autoclaves,

ethylene oxide gas sterilizer or hydrogen peroxide plasma sterilizer according to their characteristics. The cleaning procedure is checked with test device. All sterilization process is recorded and ensured by chemical indicators and biological indicators.

The number of devices handled in the central supply service is dramatically increasing with increased number of operations in the surgical centers (number of containers: 30435 for surgical center, 14201 for wards and outpatient clinics in 2015).

Staffs of central supply service have also worked for re-counting of used surgical devices on surgical center floor since 2011. The work has contributed towards risk management in the hospital. The number of operations for which the staff re-counted devices was 6651 in 2015.

## Research activities

To establish more efficient procedures for cleaning, intensive trials have been performed and the data have been presented at academic conferences. Moreover, basic research on host response to surgical insult is another theme of our division. The research is important for improving outcome of surgical patients and our data have been published as original articles

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# Division of Diagnostic Pathology

## Professor (Director)

Masashi Fukayama, M.D., Ph.D.\*

## Associate Professor (Deputy Director)

Junji Shibahara, M.D., Ph.D.\*

Takeshi Sasaki, M.D., Ph.D. (Chief, Telepathology & Remote Diagnosis Promotion Center)

## Associate Professor

Tetsuo Ushiku, M.D., Ph.D.\*

## Lecturer

Teppei Morikawa, M.D., Ph.D.,

Masako Ikemura, M.D., Ph.D. \* (Office for “Promotion of CPC Education and General Integrative Medicine”)

## Lecturer (Hospital)

Aya Shinozaki-Ushiku, M.D., Ph.D.

## Associate

Yukako Shintani, M.D., Ph.D.

Shigeki Morita, M.D., Ph.D.,

Hiroyuki Abe, M.D., Ph.D.,

Akimasa Hayashi, M.D., Ph.D.,

Ryu Miyagawa, Ph.D.\* (Research, Investigation of Health Hazard by Radiation)

Shogo Tajima, M.D. \*

Mariko Tanaka, M.D., Ph.D. \*

## Clinical Fellow

Sayaka Funata, M.D., Ph.D.,

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## Introduction and Organization

Department of Pathology and Diagnostic Pathology (\*) and Division of Diagnostic Pathology of University Hospital have been organized to function as a unit.

We set up Telepathology & Remote Diagnosis Promotion Center (TRDP Center), and also started Outpatient Clinic of Pathology, and Dr. Sasaki explained the detail of cancer pathology to the patients with breast cancer.

To promote the application of development of

genomic medicine to clinical practice, we set up Center for Genome Pathology Standardization (Tailor-made Medical Treatment Program, funded by Ministry of Education, Culture, Sports, Science, and Technology) (<http://genome-project.jp/>). The mission of the Center is to investigate basic technologies for tissue banking, and to hold seminars for doctors and technicians (Drs. Sasasaki, Morikawa, Kunita).

## Clinical activities (diagnostic pathology and autopsy)

The annual statistics of the pathologic practice in 2015 fiscal year consisted of 16,739 cases of histological examination (23,378 specimens), 17,959 cases of cytology (24,034 specimens), 892 of frozen histology, 468 of intra-operative cytology, 45 cases of autopsy (16.4% of the autopsy rate), and 1 autopsy case from other hospitals.

The following surgical pathology conferences are regularly held with each clinical division for the cases of various tumors of organs; thoracic organs (Dr. Shinozaki-Ushiku in charge), liver and pancreato-biliary tract (Drs. Shibahara, Hayashi, Tanaka), liver metastasis (Dr. Abe), male genitourinary (Dr. Morikawa) and female genital tracts (Dr. Ikemura), breast (Drs. Ikemura, Sasaki), and bone and soft tissues (Dr. Ushiku). Biopsy conferences are also held in the cases of kidney (Drs. Shintani, Hayashi), and skin (Dr. Tanaka).

Our aim in the pathologic practices is to provide the correct diagnosis as soon as possible. We are addressing 'one-day pathology' using a rapid-histoprocessing machinery. We also perform double check for reviewing the reports and slides for all cases of histological examination to prevent a potential misdiagnosis.

Virtual slide scanners have been installed, which enabled us to deposit the biopsy specimens as digital information. We are setting out a future providing system of pathologic images for clinical divisions.

We hold autopsy case conferences on every Monday. Hospital clinico-pathological conferences (CPC) is also held every month as mentioned above, and two cases are discussed in each CPC. The contents are provided as CPC Digest by the hospital internet.

## Teaching activities

The lectures and exercise course of systemic pathology are for the 2<sup>nd</sup> grade-students. Clinical Clerkship (CC) courses of autopsy and surgical pathology are for the 4<sup>th</sup> grade students. Six students of 3<sup>rd</sup> grade took the elective clinical clerkship course.

We instructed all clinical residents (junior course) to submit a report of CPC case as an obligatory

requirement of their medical training for each of them. We have made out the digest version of CPC slides open in the hospital (Drs. Shintani and Hayashi), and also started e-learning program for interns to solve the problems in CPC by themselves, thereby facilitating their understanding (Dr. Ikemura).

The Division of Diagnostic Pathology received six junior residents (total 16 months) in 2014 for their second year program of the internship.

## Research activities

Dr. Sasaki is in charge of the research to evaluate feasibility of telepathology for daily practice of diagnostic pathology.

We continue the study to investigate the usefulness of post mortem CT images for hospital autopsy (Drs. Shintani and Abe). We obtain postmortem images with a CT apparatus in the autopsy-assisting CT room, and compare the results with those of autopsy in order to understand the patients' pathophysiology (Ref.9, 10, 27 in Department of Pathology and Diagnostic Pathology).

We continue the pathological studies of neoplastic diseases on the basis of surgical pathology conferences (see the pages of Department of Pathology and Diagnostic Pathology). We also cooperate with projects developing PET and in vivo imaging of cancers with Departments of Upper GI tract Surgery and Hepato-biliary & Pancreas Surgery.

Dr. Miyagawa was a Research Associate of Division of Diagnostic Pathology, primarily engaged in Investigation of Health Hazard by Radiation (ref. 21 in Department of Pathology and Diagnostic Pathology).

## References (Case Reports Only)

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# Department of Corneal Transplantation

## Associate Professor

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## Introduction and Organization

The department of corneal transplantation was established in 1976 as one of clinical sections in the University of Tokyo Hospital. The purpose of the establishment of this section is to carry out and promote corneal transplantation and to perform clinical and basic research in the corneal diseases and corneal transplantation. The section is composed of a director (Associate Professor Satoru Yamagami).

## Clinical activities

The clinical activities of this section include corneal transplantation and outpatient clinics for various corneal diseases as a consulting corneal service. The director is responsible not only for corneal transplantation but also for general ophthalmological practice as a senior staff member of Department of Ophthalmology, University of Tokyo. The corneal service and contact lens clinic for special cases are held every Wednesday and Friday. Contact lens clinic for keratoconus and post-keratoplasty is held in the afternoon of Wednesday. At the corneal service, we determine indication for corneal transplantation and follow up patients after the surgery. Total 120 corneal transplantations were performed in 2015. In addition to the full-thickness corneal transplantation, we have successfully performed corneal endothelial transplantation for patients with bullous keratopathy, the most common disease of corneal transplantation. Generally, corneal transplantation is performed as emergency operation, because we need to transplant corneas as soon as possible.

The other important activities of the section include mediation of donor eyes to other university hospitals and medical institutes that need donor eyes for corneal transplantation with cooperation of Eyebank. We are also performing corneal transplantation using corneas from American Eyebank as needed.

Followings are our main clinical themes to be pursued to improve the safety and prognosis of corneal transplantation.

- 1) Positive proof that donors were free of such infectious diseases as viral hepatitis, syphilis, AIDS and acute T-cell leukemia to prevent transmission to recipient patients through grafting.
- 2) Postoperative clinical outcomes are evaluated in regenerative medicine for ocular surface reconstruction, such as cultured corneal limbal, oral mucosal and conjunctival epithelial sheet transplantation on the amniotic membrane, full-thickness corneal transplantation, lamellar keratoplasty, and endothelial keratoplasty.
- 3) Critical factors to affect clinical outcomes are statistically investigated in various kinds of corneal operation technique.

## Teaching activities

We give lectures on corneal diseases and corneal transplantation to medical students and practitioners. In addition, we are engaged in practical training for young ophthalmologists on ophthalmological examinations at the outpatient clinic.

## Research activities

We have pursued to apply regenerative medicine to corneal diseases. In patients with chemical burn of ocular surface, Stevens-Johnson syndrome, and ocular pemphigoid, we try to reconstruct the ocular surface with autologous cultivated limbal, conjunctival and oral epithelial cells. We have established a novel culture technique of limbal, conjunctival and oral epithelial cells and tried a clinical examination with successful results. We are also investigating regenerative medicine of corneal endothelial cells.

In addition, we are investigating expression and function of novel mucin, drug delivery system with soft contact lenses, corneal graft rejection and statistical analysis of long term results in corneal transplantation.

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# Department of Cell Therapy and Transplantation Medicine

## Professor

Mineo Kurokawa, M.D., Ph.D. (Hematology-Oncology)

## Lecturer

Mitsuteru Hiwatari, M.D., Ph.D. (Pediatrics/Hematology-Oncology)

## Assistant Professor

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Mizuki Ogura, M.D., Ph.D. (Hematology-Oncology)

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## Introduction and Organization

The Department of Cell Therapy and Transplantation Medicine was institutionally established in 1995, and was formally organized in 1996. At present, the staff consists of the above-mentioned medical doctors. Clinical facilities include 8 single-patient rooms with high-efficiency particulate air filtration and other high standards. Patients who are eligible for the treatment with high-grade infectious prophylaxis are admitted to the facilities.

## Clinical activities

Approximately 870 patients have undergone hematopoietic stem cell transplantation (HSCT) in our department since 1995. Allogeneic bone marrow transplantation from donors Japan Marrow Donor Program (JMDP) as well as international bone marrow donor programs, HSCT from HLA-mismatched donors, and donor lymphocyte infusion are available. In 2015, 14 patients (including 2 children) received autologous HSCT and 20 patients (including 8 children) allogeneic HSCT. We cooperate with the members of Department of Hematology and Oncology, Hematology/Oncology group in the Department of Pediatrics, and Department of Transfusion Medicine.

Allogeneic hematopoietic stem cell transplantation: Bone marrow cells are operatively harvested and infused without preservation. For peripheral blood stem cell transplantation, leukapheresis is performed with the use of an automated continuous flow blood cell separator, and harvested cells are preserved at  $-196^{\circ}\text{C}$  in cooperation with Department of Transfusion Medicine. Recently, transplantation after pre-conditioning of reduced intensity (RIST for reduced-intensity HSCT or NST for non-myeloablative HSCT) is commonly performed for the elderly and patients with organ dysfunction. The development of this strategy is expanding the eligibility of transplant recipients. Allogeneic HSCT for the elderly is performed under the admission of ethical committee of the Faculty of Medicine.

High-dose chemotherapy with or without autologous stem cell support: High-dose chemotherapy is administered according to the malignant disease. For the autologous stem cell support, peripheral blood stem cell is usually selected as a source of stem cells. Similar procedures used in the allogeneic stem cell harvest are performed for leukapheresis and preservation of autologous stem cell.

Clinical conference for hematopoietic stem cell transplantation: The conference is held monthly. The members of Department of Hematology and Oncology, Hematology/Oncology group in Department of Pediatrics, and Department of Transfusion Medicine join the conference and discuss on HSCT recipients.

## Teaching activities

Together with the members of Department of Hematology and Oncology and Hematology/Oncology group in the Department of Pediatrics, lecture courses on etiology, pathogenesis, clinical and laboratory features, differential diagnosis, therapy and prognosis for all hematological diseases are provided to the second grade medical students. Clinical clerkship courses are given to the third grade medical students, who join the patient care teams consisting of junior and senior medical doctors and learn medical practices and patient management, through playing a role as a junior member of the team, as well as through discussions and presentations.

## Research activities

The major research projects are focused on clinical studies such as development of improved/new methods for hematopoietic stem cell transplantation, immunotherapy for hematopoietic malignancies, and basic studies on hematopoietic stem cells, leukemogenesis and regenerative medicine using hematopoietic cells. In the area of pediatric oncology, we continue the studies on molecular mechanisms of pediatric malignancies such as neuroblastoma, rhabdomyosarcoma, and infant leukemia.

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# Department of Endoscopy and Endoscopic Surgery

## Associate Professor

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**Homepage** <http://www.h.u-tokyo.ac.jp/patient/depts/kogaku/index.html>

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## Introduction and Organization

Department of Endoscopy and Endoscopic Surgery were established in April 1997. Although the present regular staffs of our department are only two doctors, about 80 doctors from other departments including the department of internal medicine, surgery, gynecology and otorhinolaryngology, participate the endoscopic procedures.

## Clinical activities

Endoscopic procedures, including upper gastrointestinal endoscopy, colonoscopy, bronchoscopy, otorhinolaryngological endoscopy and gynecological endoscopy, are performed from Monday to Friday. Emergency endoscopy is performed in the nighttime or holidays. The numbers of endoscopic procedures in each field are increasing gradually year by year and the total number during 2015 school year reached to 20,000. In the gastrointestinal tract, image enhanced endoscopy for detail inspection and therapeutic

endoscopy, including endoscopic submucosal dissection for esophageal, gastric and colorectal tumors, are major advanced fields. Our recent clinical activities are summarized in Table 1.

Another important activity of our department is the disinfection and maintenance of endoscopic apparatuses used in other units including outpatient clinic, radiographic procedure rooms, surgery rooms or intensive care units. All endoscopes are collected in our department after use and disinfected.

## Teaching activities

We participate in under-graduate education as a part of systemic lectures and bed-side learning by the department of gastroenterology, surgery and other departments. As for post-graduate education, training opportunities for endoscopy and endoscopic surgery are given to resident or young doctors in a program of each department.

Table 1. Endoscopic examinations in the Department of Endoscopy and Endoscopic Surgery

	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015
EGD*	8131	8796	9822	10262	10556	10963	11376	11840	11740	11874
Colonoscopy	4327	4360	4679	4996	5152	5208	5688	6000	6043	6394
Bronchoscopy	201	201	165	226	255	197	196	169	218	310
EUS**	438	484	402	518	551	630	698	763	766	882
Enteroscopy	-	-	133	181	311	282	282	375	396	228
Laryngoscopy	127	91	63	75	70	108	83	128	102	105
Colposcopy	58	117	256	307	361	378	365	404	327	295
Total	13282	14043	15520	16566	17256	17764	18688	19679	19592	20088

\*Esophagogastroduodenoscopy, \*\*Endoscopic ultrasonography

## Research activities

Our researches cover a variety of endoscopic fields in cooperation with other departments.

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# Department of Hemodialysis and Apheresis

## Professor

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## Introduction and Organization

Hemodialysis and related blood purification therapy had been individually performed in their respective departments. However, all the departments' apparatus and human resources were centralized to form the Department of Hemodialysis and Center for Hemodialysis in 2000 at the University Hospital. The Center for Hemodialysis was further renovated and started operations in Fall of 2006. This new Center for Hemodialysis is equipped with one pressure control unit in addition to 12 hemodialysis machines under a state-of-the-art hemodialysis control system. Our concept of a hemodialysis controlling system is a hub to transfer all digital and analog data from patients and to monitor machines, including blood purification machines, to the host computer in our hospital, centralizing all data and administering medical coding and billing robustly. Blood purification machines in the ICU are also connectable to this system, which was developed collaboratively with Nihon Kohden Corp. Blood purification machines are selected uniformly to secure patients' safety while avoiding human error and increasing the overall educational quality of staff members.

## Clinical activities

1. Start of maintenance hemodialysis therapy for end-stage renal disease (ESRD).
2. Regular hemodialysis therapy for hospitalized

ESRD patients. Please note that our center does not accept holiday dialysis.

3. Emergency hemodialysis and hemodiafiltration for ICU patients.
4. Plasma exchange for neurodegenerative diseases, SLE, TTP, TMA, and pre/post-liver transplant patients.
5. DFPP for collagenous diseases, MG, HCV, and dermatological disorders.
6. LDL apheresis for nephrotic syndrome and ASO patients.
7. White blood cell elimination therapy for ulcerative colitis and rheumatological arthritis.
8. Cell-free and concentrated ascites reinfusion therapy (CART) for refractory ascites.
9. Induction and maintenance of peritoneal dialysis for ESRD.

## Teaching activities

1. A systematic review course for M2 students, which covers clinical features, diagnosis, and evidence-based therapeutic strategies for acute kidney injury and acute renal failure.
2. Technical development course for medical engineers and nurses.
3. Tutorial course for clinical fellows applying to the speciality of blood purification therapy.
4. Exposure in hemodialysis & apheresis course to second year residents on request.
5. Our state-of-the-art blood purification protocols

are summarized in Japanese handbook in 2010 [Apheresis Pocket Manual] and 2011 [CRRT Pocket Manual]. English and Chinese version of "Apheresis Pocket Manual" is available for global experts of Apheresis therapy.

6. Our department takes main part in Critical Care Nephrology Course for educating young clinical researchers and fellows in collaboration with Department of Critical Care Medicine.

## Research activities

1. Prognostic analysis for post-liver transplant patients received plasma exchange therapy.
2. Development and application of a non-invasive pulse hemoglobin meter.
3. Genome wide association study for Nephrotic syndrome and those functional analyses.
4. Association between factors at the initiation of renal replacement therapy and prognosis.
5. Elucidation of basic mechanisms in cardio-renal syndrome and intervention.
6. Pathophysiology of acute kidney injury and its applicability for renal regenerative study.
7. AKI biomarkers and those clinical significance in ICU/CCU.
8. Renal biomarker to determine clinical actionability in CKD and type-2 DN.
9. The potentiality of urine biomarker tests for developing country [JICA-JST: Science and Technology Research Partnership for Sustainable Development].

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# Clinical Research Support Center

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## **History and Organization**

The Clinical Research Support Center was established in 2010. It originated from Clinical Trial Managing Center, which was established in 1998, and subsequently the former Clinical Research Center, which was established in 2001. It belongs to the central clinical division of the hospital and supports not only industry-sponsored clinical trials, but also investigator-initiated, clinical researches. Institutional guidelines, forms and templates for investigator-initiated clinical research were prepared in 2002 according to the principle of the ICH-GCP and made available to the public on our website, aiming at the contribution to the improvement of clinical research in Japan. The support was provided to the investigators mainly in terms of protocol development and protection of human research participants.

Given the increasing volume of clinical research conducted in our hospital, demand mounted for the

structural framework to support investigator-initiated, especially multicenter, researches has been mounting rapidly.

It is an important mission of university hospitals to develop novel therapeutics by clinical trials. High ethical and scientific standards as well as high reliability are now being required for the implementation of clinical research, including investigator-initiated translational research or trials for the off-label use of approved drugs.

In response to the above mentioned demands, the former Clinical Research Center was reorganized in April 2010 into the Clinical Research Support Center, enabling strengthened support and expeditious promotion of clinical research.

The Center at the beginning consisted of Site Coordinating Unit, roughly equivalent to the former whole Clinical Research Center, and Central Coordinating Unit, which provides coordinating



functions for research such as multicenter trials.

Site Coordinating Unit is comprised of the Institutional Review Board (IRB) Secretariat Division, Investigational Drug/Information Control Division and Clinical Research Coordinator Division, each charged with IRB secretarial affairs, handling of drugs used in clinical research and assistance with safety information reporting, and clinical research coordination activities.

In addition to the existing Consultation Division, the Central Coordinating Unit has added new divisions such as Operation Division, Biostatistics Division, Data Management Division, Monitoring Division and Safety Information Division. Activities of these Divisions include protocol formulation, project management, study design/statistical analysis, data management, monitoring and assistance with safety information reporting, respectively.

The Center was selected in 2011 as an MHLW-funded Center of Excellence for early stage and exploratory clinical trials of drugs for psychiatric and neurological diseases, enabling the Center to reinforce the staff and to be equipped with phase 1 facilities. Thus, the third unit, i.e., Phase 1 unit (P1 unit) was established in May 2012 with 13 beds exclusively used for clinical trials. It is featured as an integrated Phase 1 unit with expertise from both exploratory researchers and clinical investigators in the relevant fields.

Clinical Research Support Center can support both clinical trials and clinical researches by providing seamless support to research in any phase of development can

In response to the research misconduct events in several university hospitals including our hospital and integration of “Ethical Guidelines for Epidemiologic Studies” and “Ethical Guidelines for Clinical Studies” under “Ethical Guidelines for Medical and Health Research Involving Human Subjects” in 2015, the center examined the realignment of clinical research functions aimed at strengthening governance functions of the University of Tokyo Hospital, revised rules and procedures in order to implement research ethics system under new guidelines.

In January 2015, we established Clinical Research Governance division and later Office of Clinical

Quality Assurance & Compliance was set up independently from Clinical Research Center responsible for conducting quality assurance audits. Also, with the aim to improve quality of clinical research in clinical departments, we appointed 1-2 staff from each clinical department to serve as concurrent clinical instructors, thereby strengthening supervision and monitoring system in the departments.

In April 2016, we transferred ethical review process of specific clinical trials (involving invasion and intervention) to the Faculty of Medicine IRB to ensure transparency of clinical research.

In addition, IRB for evaluating industry-sponsored and investigator-initiated clinical trials was newly established in the hospital. With respect to the secretarial duties, center will continue to take responsibilities.

Moreover, a specific clinical research steering committee was established under the hospital director and external audit committee to seek external evaluation.

Moreover, we integrated clinical research management system by strengthening conflicts of interest management, created educational environment for clinical research personnel, formed collaboration with the clinical evaluation and safety division to strengthen safety management system. As a result the University of Tokyo Hospital received accreditation as a core clinical research hospital under Medical Care Act. Since then our hospital has been functioning as a core clinical research hospital in Japan.

Based on the enforcement of The Act on the Safety of Regenerative Medicine, to promote and secure safety of regenerative, The Certified Special Committee for Regenerative Medicine was established at the Central Administrative Office of the university.

And Clinical Research Support Center undertook responsibilities for secretarial and administrative duties.

Furthermore, we established 3 new divisions outside the unit, education and training division, clinical trial implementation division and university hospital network promotion division.

As of March 2016, the Center staff includes professor, associate professor, project lecturer,

3 assistant professors, 3 project assistant professor, 11 pharmacists, 20 nurses (full-time equivalent, FTE), 11 laboratory technicians (FTE), 3 clinical psychologists, project senior specialist, 10 medical technical staffs, 2 project academic support specialists, 3 project academic support staffs and 7 clerical staff members.

## Clinical Research Support Activities

The duties of the Center range from serving as the secretariat for the IRB to supporting the implementation and reporting of clinical trials.

### <Site Coordinating Unit>

In 2004, the site coordinating unit began providing assistance for investigator-initiated clinical trials evaluating therapeutic drugs and studies involving unapproved drugs in addition to conventional clinical trials.

(use of unapproved drugs in clinical research was shifted to Research Ethics Committee of Graduate School of Medicine and School of Medicine)

To further improve the quality of these research we decided to adopt ICH-GCP guidance and complied with the following guidelines, procedure manuals, styles and guidance etc.

- 1) Guidelines for investigator-initiated study and use of unapproved drugs in clinical research.  
(Guidelines for implementing specified clinical trial, as of April 2016)
- 2) Procedures for conducting investigator-initiated clinical study and use of unapproved drugs in clinical research.  
(Procedure manual for implementing specific clinical trial, as of April 2016)
- 3) Guidance for writing research protocol for voluntary clinical research.  
(Guidance for writing research protocol for specific clinical trial, as of April 2016)
- 4) Guidance for writing informed consent for voluntary clinical research.  
(Guidance for writing informed consent for specific clinical research, as of April 2016)
- 5) Handling guidelines for financial burden on patients participating in investigator-initiated trials and clinical research.

From 2009, with the expansion of the scope of IRB

review, we have been providing support for all invasive and interventional clinical research.

For secure process of the applications of industry-sponsored clinical trials to IRB, we hold preliminary hearing system (named as "protocol presentation") before IRB. As the result we would avoid re-examination of research.

The items processed by the Center as the IRB secretariat in fiscal 2015 included, as for industry-sponsored trials for marketing approval, 32 new protocol applications, 81 study extension applications, 354 protocol amendment applications, 831 SAE/safety information reports, 34 study closure or termination reports. As for investigator-initiated clinical research, the Center processed 43 new protocols (including 20 applications for compassionate use of unapproved drugs) 213 applications for protocol amendment, 233 SAE/safety information reports, and 82 reports for study closure or termination.

Protocol presentations of industry-sponsored trials prior to application to IRB totaled 16 applications. Preliminary consultation and guidance for investigator-initiated research application 40 and 43 applications, respectively.

Clinical Research Support Center managed drug/device inventory for 90 clinical trials (drug 87, devices 3) for regulatory approval, 4 post marketing research, 29 investigator-initiated clinical research, and 11 cases of compassionate use, 2 tissue-engineered medical products in fiscal 2015. The number of prescriptions processed was 1040 for research for approval and post marketing research combined, 946 for investigator-initiated clinical research. We are currently managing trial drugs centrally for 6 multicenter research. We masked investigational drugs for 4 double-blind placebo controlled research. We are also in charge of the primary review of clinical research safety information and of maintaining the database on clinical research in general.

Clinical research coordinators (CRC) of the Center have been supporting all clinical trials for approval and post marketing research since 2002. We started supporting in part investigator-initiated research in 2004. In 2005 we started providing CRC support to investigator-initiated research on a beneficiary-pays basis. CRCs exclusively involved in investigator-

initiated research have been employed as needed. The number of research participants that CRCs interacted with was 5573 in 2015. The number of monitoring visits was 669 in 2015.

As part of patient awareness campaign, we continued updating the Center homepage, prepared leaflets and distributed them at outpatient receptions. The leaflets contain information about research currently recruiting participants.

Our outpatient clinic for trial participants was moved to the second central clinic building, which was newly opened in November 2006. The new clinic has reception desks for consultation and own waiting space.

#### <Central Coordinating Unit>

Central Coordinating Unit, established in 2010, has been implementing the system successively.

In order to comply with the "Ethical Guidelines for Medical and Health Research Involving Human Subjects enacted in 2014 ", we classified clinical research according to guidelines, validation studies and exploratory studies and started accepting all assistance requests for validation studies at the central coordinating unit, starting from May 2015. Moreover, since clinical departments were placed in charge of monitoring and data management of all exploratory studies, and the center undertook responsibility for supervision of the quality control (QC).

As of fiscal 2016, we have accepted 41 clinical research projects for providing support.

(28 validation studies and 13 exploratory studies). Which also include 8 investigator-initiated trials, 6 Advanced Medical Care B Programs and 6 clinical research on regenerative medicine.

With respect to post marketing research, that are funded by companies, we signed contract with the sponsor prior to the beginning of the clinical research to manage conflict of interest (COI), thereby establishing academia-initiated clinical research system based on scientifically valid design. We started investigator-led clinical trials on pharmaceutical products and medical device in February 2012. The application for approval was filed with regulatory institution in November 2014 and received approval for manufacturing and marketing in June 18, 2015.

Two Phase-1 Investigator-initiated trials are near completion. One Investigator-initiated trial for regenerative medicine and one clinical trial for supporting outside facility.

#### <P1 Unit>

Since its establishment in May 2012, Phase-1 Unit has undertaken various preparations to respond to early phase clinical research, such as development of SOP program, procedure manuals, establishment of in-house collaboration system, on-the job training for staff and the system for recruiting health volunteers. P1 unit conducted its very first clinical study in October 2012. In fiscal year 2016, we completed; first-in-human phase 1 study in healthy volunteers, post-marketing clinical trial, bioequivalence study for a generic drug, phase I study in postmenopausal women, and investigator-initiated clinical trial of disease-modifying drug (to assess effect of food) on Alzheimer's disease as the Early/Exploratory Clinical Trial Development Project.

In addition, we have been conducting an investigator initiated first-in-human phase I study in healthy volunteers since September 2015.

#### < University Hospital Clinical Trial Alliance>

To cope with the so-called 'drug lag problem' relating to the drugs unapproved in Japan, participation in global research was an urgent necessity. For this purpose, University Hospital Clinical Trial Alliance (UHCT Alliance) comprised of 6 national university hospitals (The University of Tokyo, Niigata University, Gunma University, Tsukuba University, Tokyo Medical and Dental University and Chiba University) located in the central part of Japan was established in 2006 and has since been in collaboration toward improvement of clinical trial environments. The Alliance Office was based in the University of Tokyo Hospital. In Alliance an organizational structure has been established that can cooperatively attract research and smoothly process them for IRB approval. A course to educate the staff in preparation for global research has been put in place. In 2007 Shinshu University and in 2013 Yamanashi University joined the Alliance as the 7th and 8th member university, respectively. And in 2015 the University of Tokyo the Institute of Medical

Science joined the Alliance as the 8th member university 9 hospitals.

From April 2009 on, a 5-year special research grant from the Ministry of Education, Culture, Sports, Science and Technology for the promotion of UHCT Alliance allowed to set up a full-time office and further expand the activities. Operational subsidies that the University of Tokyo received were distributed to each university based on a joint project agreement. Each university and the Office were given its own task to cooperatively promote the mission of the whole Alliance. From April 2014 on, another special grant was given to the collaborative activities among the universities in translational research and training programs of investigators and staff in clinical research.

Until the end of March 2015, 71 protocols were introduced to the Alliance including 41 multinational trials. The Alliance helped to assess feasibility in 16 research and to select the participating sites in 48. Cooperative protocol presentation (hearing) sessions were held for 37 protocols. Based on the data of 20 research, industry sponsors applied for drug approval from Ministry of Health, Labour and Welfare and 19 drugs have been so far approved.

As part of the Alliance activities we developed a clinical research support system, UHCT ACRess, to support grass-root clinical researchers in the quality and project management. UHCT ACRess is a Web-based participant-allocation and data collection system, which is easily customized by researchers. The system is being used practically by 131 projects as of March 2016, and also commercially available with the brand name 'HOPE eACReSS' of Fujitsu Corporation.

Activities between the UHCT Alliance and the University of Tokyo TR based regional network started in 2014, as seeds development project of Alliance member schools, as a result, 5 seeds have been accepted in seeds A in 2015.

#### **<National University Hospital Clinical Research Initiative>**

In October 2012, National University Hospital Clinical Research Initiative (NUH-CRI) was launched with our leading role and included all national university hospitals in Japan (42 universities and 45 hospitals). The administrative affairs of the Initiative

have been taken over by the Alliance Office since the preparatory meeting in July 2012.

To establish continuous learning curriculum for researchers and other professionals, UHCT Alliance developed continuous curriculum for systematic clinical research education in 2015. NUH-CRI is considering to share them as one of the common program of education at the National University Hospital.

Feasibility assessment system was developed for investigator initiated clinical trial in order to support and promote clinical trials conducted at the National University Hospitals.

Contract templates were created for investigator initiated research and provided to each university hospital by the National University Hospital Council of Japan.

#### **Education/Training**

The Center has been accepting all medical students in final year for training course in 'Clinical Clerkship' since it became mandatory in 2013.

We accepted graduate students for 2 day training (enrolled in Master's and Doctoral courses) in the Faculty of Medicine, Graduate School of Pharmaceutical Sciences and the School of Engineering, who took Medical Innovation Initiative course. Medical Innovation Initiative is part of "Fostering Medical Researcher of the Future" project adopted by MEXT (Ministry of Education, Culture, Sports and Technology). Also, we accepted 12 students enrolled in graduate school and Faculty of Pharmaceutical Sciences, both from inside and outside universities. In addition, resident physicians underwent one-month training at the Center, as a part of the M.D. residency-training program.

Education and training division was established in 2015 and has been providing education and training for students and researchers. In particular, we have developed curriculum called CREDITS (*Continuous Systematic Education & Training Curriculum for Clinical Researchers and Specialists*) jointly with the University Hospital Clinical Trial Alliance or (UHCT Alliance). Currently, 2000 participants are registered for the program.

In 2015, we introduced clinical instructor system

In which physicians from clinical departments concurrently serve as a clinical instructor, centrally manage information on clinical research conducted in their own departments and hold regular training sessions to disseminate information on education and training programs.

The University of Tokyo Hospital has conducted annual CRC training course for national, public and private university hospitals since 2010, commissioned by the Ministry of Education. In 2014, 5-day training was held under the auspices of the hospital, in which 95 trainees from university hospitals across the country participated.

To develop lifelong learning curriculum for researchers and other professionals, we hold Working Group meetings on clinical research with relevant departments once a month. In 2015, we developed continuous curriculum for systematic clinical research education (blended learning: combination of online and face-to-face education)

We held a joint workshop with 8 alliance universities in the Kanto Koshinetsu area, consisting of writing clinical research protocol, data management, monitoring workshop and clinical research lecture series. Workshops were attended by 42, 157, 114 and 141 people respectively.

Data management workshop was held jointly with National University Hospital Clinical Research Promotion Initiative, in fiscal 2014, a total of 87 people participated.

Annual "Clinical Research Seminar" was organized in March and had nearly 300 participants from academia and companies.

## Research Activities

An endowed course on clinical trial data management was opened in April 2007 with the support of the Center and the Biostatistics Department, Graduate School of Medicine, conducting research and education on data management and biostatistics focused on practical application to research.

As of fiscal 2015, the Center was involved in 23 presentations in scientific meetings, of which 17 were as lead presenters, international conferences 3 (A.Kishi). The Japan Society of Clinical Pharmacology and Therapeutics 1 (M.Nakamura), Conference on CRC and Clinical Research (A. Katsuura, Y.

Wakabayashi), other presentations 11 (T. Yamazaki, Y. Uemura, M. Takata, A. Kishi) 5 lectures (T. Yamazaki, C. Sakanaka, M. Takata), 25 publications and academic papers etc. (English papers 7, Japanese papers 1, review papers 14 and 3 Japanese books)

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# University Hospital Medical Information Network (UMIN) Center

## Professor

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## Associate Professor

Hirono Ishikawa, Ph.D.

## Lecturer

Masafumi Okada, M.D., Ph.D.

## Instructor

Mio Kato, Ph.D.

Tsuyoshi Okuhara

**Homepage** <http://www.umin.ac.jp/>

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## Introduction and Organization

The University hospital Medical Information Network (UMIN) (the original name was the University Medical Information Network), was established in 1989. While general-use computer systems were implemented at all national university hospitals around the end of the Showa era (late 1980s), Dr. Shigekoto Kaihara, chair and professor at the Hospital Computer Center, University of Tokyo Hospital, led a project to connect these computer systems in a network in order to share information for better communication. Finally, the Ministry of Education, Culture, Sports, Science and Technology approved a budget to initiate the UMIN Center. The UMIN Center was founded within the Hospital Computer Center, University of Tokyo Hospital, and was officially opened in March 1989. Dr. Tsunetaro Sakurai became an associate professor as the first full-time UMIN staff. The following are the objectives of the UMIN Center, as initially outlined in 1989 (No.6 was added later):

1. Provide up-to-date information for healthcare professionals
2. Promote digitalized communication among healthcare professionals
3. Support collaborative projects among university hospitals
4. Support collaborative medical research
5. Standardize data format and support data collection
6. Support medical education and clinical training

The original UMIN system utilized an N1 protocol, which was developed in Japan and was the only solution at the time to connect general-use computers of the five major computer vendors in Japan, although it was poor in function, supporting only line-mode, character-based terminals.

In 1994, we launched a service through the Internet, and it began to spread in those days. The number of UMIN users gradually increased, mainly in the E-mail service.

In 1996, Dr. Takahiro Kiuchi took up a new post while

Dr. Sakurai was promoted to professor at Hokkaido University. Dr. Kiuchi updated the system to be web-based. With the rapid spread of the Internet in Japan, UMIN users dramatically increased.

The UMIN Center subsequently started to provide three major information services: (1) the ELBIS (Electronic Library for Biomedical Sciences) as of 1997, (2) the INDICE (Internet Data and Information Center of Clinical Research) as of 2000, and (3) the EPOC (Evaluation System of Postgraduate Clinical Training) as of 2004.

In April 2002, the UMIN Center became an independent entity, with the adjusted name of University Hospital Medical Information Network Center, as per an internal arrangement at the University of Tokyo Hospital. In 2003, a budget for a new professor position was officially approved by the Ministry of Education, Culture, Sports, Science and Technology. Then, Dr. Kiuchi was promoted to become the first professor of the UMIN Center on April 1, 2004. The UMIN Center became part of the Faculty of Medicine, as the Department of Health Communication, School of Public Health, which was established in April 2007.

## Clinical Activities

Although the UMIN Center is one of the central medical examination and treatment institutions of the University of Tokyo Hospital, the center does not provide direct patient care services, but provides services for medical researchers and practitioners throughout Japan. We currently have about 440,000 registrants, and approximately 110,000,000 monthly website accesses, which is currently in the scale of the world's highest access rates. The service extends to study / education / medical examination and treatment / hospital duties and encompasses many divergences as indicated below:

### ■ Research: <http://www.umin.ac.jp/research>

AC: Information for Academic Conferences  
 ELBIS: Electronic Library for Biomedical Sciences  
 FIND: Fund Information Database  
 INDICE: Internet Data and Information Center of Clinical Research

ROCOLS: Recruiting System for Our Colleagues' and Students'

CTR: Clinical Trial Registry

ICDR: Individual Case Data Repository

### ■ Education: <http://www.umin.ac.jp/education>

SUPERCOURSE:

Online Lectures Compiled by Pittsburgh Univ., U.S.A

EPOC: Evaluation System of Postgraduate Clinical Training

Debut: Dental Training Evaluation and Tabulation System

Web-QME: Medical Education Evaluation System

ARIA: Online Recruiting System for General Use

### ■ Medical Examination and Treatment

<http://www.umin.ac.jp/u hosp/>

- Intoxication database
- Drug information text database for pharmacists
- Drug information text database for patients
- Medical supplies and materials database
- Classification for Nursing
- Ministry of Education, Culture, Sports, Science and Technology document public information system
- National university hospital-related medical dispute report
- Lists for people and committees
- Various government official appointments, administrative websites and ML

### ■ General Services

#### (1) General information and search

- Medical / biology related websites
- Medical terminology
- A medical research organization / medical institution database

#### (2) Services for information providers

- Web service for public
- Web service for members
- Website preservation service

#### (3) Communication support

- E-mail
- Listserv



- Discussion board
- File exchange

## **Teaching Activities**

Please refer to Department of Health Communication for information about graduate and undergraduate education.

## **Research Activities**

Please refer to Department of Health Communication for information about research activities.

## **References**

Please refer to Department of Health Communication.

# Organ Transplantation Service

## Director and Professor

Norihiro KOKUDO

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※ The following information is the same as that of the previous year for certain reasons.

The University of Tokyo Hospital has aggressively performed organ transplantation. In 1966, the first kidney transplantation in Japan was performed. In 1996, the first living donor liver transplantation was performed. Organ Transplant Service started to function since 2003. Until today, more than 400 cases of living donor liver transplantation has been performed, and the 5-year survival rate is around 85% which is much superior to the national average (~70%). The University of Tokyo Hospital has been one of the authorized institutions for heart transplantation, lung transplantation, and deceased donor liver transplantation.

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# Center for Epidemiology and Preventive Medicine

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## Introduction and Organization

Following the inauguration of a new Central Clinical Service Building (Central Care 2) in November 2006 (Heisei 18) in the University of Tokyo Hospital, the Center for Epidemiology and Preventive Medicine was established on January 1, 2007, within the Central Clinical Facilities and the relevant regulations were revised. On January 9, the Working Group for the Establishment of the Center for Epidemiology and Preventive Medicine was organized; on April 1, Steering Committee for the Establishment of the Center for Epidemiology and Preventive Medicine was organized; preparation for offering its services continued until May 31; on June 4, the department started offering its services on a trial basis (in-hospital services) and was officially inaugurated in July, starting to provide public services.

The principal objectives of the establishment of the Center for Epidemiology and Preventive Medicine are 1) to scientifically demonstrate the utility and effectiveness of examinations and preventive interventions, 2) to integrate a vast amount of clinical data and health-related information to develop more efficient models for disease management, 3) by doing the above 1) and 2), to promote preventive medicine and medicine for health promotion in an effort to contribute to the improvement of public health, and 4) to train medical personnel who can put the above 1), 2) and 3) into practice.

In the administrative organization of the Center for Epidemiology and Preventive Medicine, its Director directly under the Director of the Hospital is responsible for the entire organization. The management of the Department is also supported by the Department of Clinical Epidemiology and Systems and the Department of Ubiquitous Preventive

Medicine. In addition, examinations in the Department are administered in collaboration with three Central Clinical Facilities (Clinical Laboratory Center, Radiological Center, and Department of Endoscopy and Endoscopic Surgery) and five Clinical Divisions (Breast and Endocrine Surgery, Gynecologic Surgery, Ophthalmology and Vision Collection, Oral-Maxillofacial Surgery, Dentistry and Orthodontics, and Neurology).

The staff of the Center for Epidemiology and Preventive Medicine is composed of nine physicians (four regular physicians and five physicians from the related departments). One of the regular physicians also performs upper gastrointestinal endoscopy and colonoscopy in the Department of Endoscopy and Endoscopic Surgery. Our department also has five regular nurses and five regular secretaries. When our department was established, the number of staff was increased in other divisions. Among our staff, one nurse (full-time), three radiological technologists (full-time) and three medical technologists (full-time) are assigned respectively to the Department of Endoscopy and Endoscopic Surgery, the Radiological Center and the Clinical Laboratory Center.

## Clinical activities

In addition to basic examinations which are open to the public, our department provides these eleven options: 1) comprehensive cardiovascular examinations, 2) home blood pressure screening, 3) comprehensive cerebrovascular examinations, 4) check up dementia, 5) colorectal cancer screening, 6) uterine cancer screening, 7) breast cancer screening, 8) lung cancer screening, 9) tumor marker diagnosis, 10) estimation of gastric cancer risk, and 11) oral/dental examinations. While meeting the needs of examinees, we have increased the number of the optional examinations and provided higher levels of examinations.

The physicians of our department are responsible for analyzing the results of examinations and screenings, performing overall evaluations, and consultations with examinees. One of our important services is that we take approximately 30 minutes per examinee to perform comprehensive medical examinations. Formally, the examinee is notified in

writing of the results within approximately two weeks after the examination. We also offer each examinee a free 20-minute consultation so that we can help him/her understand the results or decide whether or not to have further work-up.

## Teaching activities

Although our department has no students directly under our supervision being a clinical service, we offer education in epidemiology to graduate students in the Department of Clinical Epidemiology and Systems and the Department of Ubiquitous Preventive Medicine.

## Research activities

The University of Tokyo Hospital is expected not only to provide its service of comprehensive medical examinations but also to promote evidence-based practice and scientific examinations, which is the mission of our department. Academically, we aim to establish a database from clinical data and to promote epidemiological research. This will enable us to prevent disease based on scientific data. In 2007, the first year of our department, we collected data on examinees and designed a pilot database. From 2008 onward, we continue to collect data and conduct their cross-sectional and longitudinal analysis.

## Past activities

In the fiscal year (FY) 2015 from April 1, to March 31, 2016, the total number of examinees (who had basic examinations and optional examinations) was 7,621, including 2,796 in basic examinations, 518 in complete cardiovascular examinations, 12 in home blood pressure screening, 684 in complete cerebrovascular examinations, 98 in check up dementia, 355 in colorectal cancer screening, 513 in uterine cancer screening, 643 in breast cancer screening, 588 in lung cancer screening, 1007 in tumor marker diagnosis, 344 in estimation of gastric cancer risk, 911 in upper gastrointestinal endoscopy (later), and 52 in oral/dental examinations.

When examinees visit other departments in our hospital for a work-up or treatment, we write a letter of referral by request. In the FY 2015, we issued

850 letters of referral to other departments in our hospital and 38 to other hospitals.

We have expanded our public relations efforts and during the FY 2015 15,000 brochures were delivered.

We also prepared posters which were placed within our hospital and on the campus of the University of Tokyo as well (60 posters). Our homepage (the above URL) has been constantly updated to provide the latest information for examinees.

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### International Conferences

1. Efficacy and safety of non-exposed endoscopic wall-inversion surgery (NEWS) as a novel full-thickness resection technique for gastric tumor. Keiko Niimi, Susumu Aikou, Sinya Kodashima, Nobutake Yamamichi, Hiroharu Yamashita, Mitsuhiro Fujishiro, Yasuyuki Seto, Kazuhiko Koike. *DDW (Washington DC)*
2. Efficacy and safety of non-exposed endoscopic wall-inversion surgery (NEWS) as an advanced method of full-thickness resection technique for gastric tumor. :Keiko Niimi, Susumu Aikou, Daisuke Yamaguchi, Yoshiki Sakaguchi, Sinya Kodashima, Nobutake Yamamichi, Hiroharu Yamashita, Mitsuhiro Fujishiro, Yasuyuki Seto, Kazuhiko Koike. *UEGW (Barcelona)*

# Division of Tissue Engineering

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## Introduction and Organization

Division of Tissue Engineering was established as a special medical office in The University of Tokyo Hospital, in October 2001 and has a fully equipped 800 m<sup>2</sup> laboratory on the 8th floor of the In-patient Ward B. Division of Tissue Engineering consists of Department of Bone & Cartilage Regenerative Medicine, Department of Vascular Regeneration, Department of Advanced Nephrology & Regenerative Medicine, Department of Cartilage & Bone Regeneration, Project for Regeneration Medicine of Hematopoiesis, Corneal Tissue Regeneration Project, and Laboratory for Pediatric Regenerative Medicine. We have invited talented personnel of various fields from home and abroad. One project associate professor and one or two project research associates who are assigned to each department are conducting research with many post graduate students. Aiming at clinical application within a few years, the researchers continue their studies to make the center function as a translational research center.

Tie-up with companies, technical transfer, patenting developed technologies, producing materials for treatment at a GMP level, safety evaluation studies and organization for clinical trials are necessary in order to realize regenerative medicine, which is now recognized as a national project. As foundation and operation of venture companies as well as industry-university-government cooperation is essential to the success, it seems that state-level efforts are necessary. It is expected that broad progress in tissue engineering technologies and regenerative medicine contributes to treatment and drug discovery of all medical fields regardless of specialties.

October, 2001 Division of Tissue Engineering founded as a special medical office in the University of Tokyo Hospital.

June, 2002 Department of Corneal Tissue Engineering founded by a donation from HOYA health care CO., Ltd.

July, 2002 Department of Vascular Regeneration founded by a donation from Daiichi Pharmaceutical Co., Ltd.



July, 2002 Department of Bone & Cartilage Regenerative Medicine founded by a donation from TAKEDA Chemical Industries., Ltd.

September, 2002 Department of Regeneration Medicine for Hematopoiesis founded by a donation from KIRIN Brewery Co., Ltd.

November, 2002 Department of Clinical Renal Regeneration founded by a donation from MOCHIDA Pharmaceutical Co., Ltd.

November, 2002 Department of MENICON Cartilage & Bone Regeneration founded by a donation from MENICON Co., Ltd.

March, 2003 The Cell Processing Center set up on the 8th floor of the In-patient Ward B.

June, 2005 Department of Corneal Tissue Regeneration was renewed by a donation from AMNIO TEC Co., Ltd.

July, 2005 Department of Bone & Cartilage Regenerative Medicine was renewed by a donation from TAKEDA Chemical Industries Co., Ltd.

September, 2005 Department of Regeneration Medicine for Hematopoiesis was renewed by a donation from KIRIN Brewery Co., Ltd.

November, 2005 Department of Clinical Renal Regeneration was renewed by a donation from MOCHIDA Pharmaceutical Co., Ltd.

November, 2005 By a donation from FUJISOFT ABC Co., Ltd. Department of MENICON Cartilage & Bone Regeneration was renewed to Department of Fuji Software ABC Cartilage & Bone Regeneration.

January, 2007 Laboratory for Pediatric Regenerative Medicine was founded by department of pediatric surgery.

July, 2007 Department of Bone & Cartilage Regenerative Medicine was renewed by a donation from Eli Lilly Japan K.K.

March, 2012 Department of Advanced Nephrology and Regenerative Medicine founded by a donation from Zenjinkai.

## Research activities

As for corneal regeneration, our goal is the practical application of corneal regenerative medicine, such as the corneal epithelium, endothelium. We tried to develop a low-cost regenerative medicine that can be “the world’s first regenerative medicine single-use

system” for the goal. In addition, we are conducting functional analysis on reconstruction of cornea with cultured epithelium, endothelium, and artificial stroma, research on adult stem cell biology and manipulation technology in corneal tissues and amniotic membrane for ocular surface reconstruction, and establishment and operation of venture companies.

As for vascular regeneration, we aim at establishment of effective and safe “therapeutic angiogenesis” and its clinical application, development of non-invasive soft-tissue reconstruction technique assisted by induction of angiogenic reactions and development of the techniques to induce micro-circulation to regenerated organs. To achieve these goals, we are conducting research on angiogenic gene therapy using non-viral vector, development of drug delivery method for therapeutic angiogenesis and research on induction of angiogenic reactions in soft-tissue.

As for bone and cartilage regeneration, we aim to develop easy, precise, non-invasive systems to detect osteoblastic and chondrocytic differentiation, to determine a finite set of signaling factors sufficient for induction of osteoblasts and chondrocytes, to develop a cell-sheet culture system for bone and cartilage, to devise a method to induce osteogenesis and angiogenesis simultaneously, to screen for compounds that induce bone and cartilage regeneration, to develop non-viral gene transfer methods by nanomicelle technology and to generate, to devise methods to precisely control 3D shape of biomaterials, and to transplant regenerated bone and cartilage. To achieve these goals, we are conducting research on bone and cartilage biology, developmental biology, stem cell biology and regenerative medicine. Regarding the clinical study “Development of implant-type tissue-engineered cartilage for patients with nasal deformity in cleft lip and palate”, which was authorized to conduct on Mar 18th 2011, we have completed the transplantation on 3 patients as had been planned. The outcomes have been good so far with no major complications.

As for renal regeneration, we aim at specific method to differentiate human iPS cells to kidney cells. We also try to clarify the epigenetic regulation of BMP7. To achieve these goals, we are conducting epigenetic analysis of human kidney derived iPS cells.

Moreover, we are trying to establish 3-D culture system for safe clinical application of human iPS cells, and determining new target of cancer therapy by comprehensive epigenetic analysis of cancer derived iPS cells.

As for regenerative medicine for hematopoiesis, we aim to develop effective systems for in vitro expansion of cord blood hematopoietic stem cells (CB-HSCs) and its clinical application to human hematopoietic stem cell transplantation, and for inducing various hematopoietic components from HSCs and embryonic stem cells. To achieve these goals, we are conducting research on the regulatory mechanisms of proliferation, self-renewal, and differentiation of human hematopoietic stem cells (HSCs), plasticity of HSCs and clinical application of the in vitro expansion and differentiation system of HSCs.

In the department donated by FUJISOFT ABC, we aim to produce regenerated cartilage and bone with high safety and usefulness, to realize production system and establish practical quality control and to promote the application of regenerated cartilage and bone. To achieve these goals, we are conducting research on adult stem cell biology in mesenchymal tissues, application of molecular biology on cartilage repair for regenerative medicine, development of novel scaffolds in cartilage and bone regeneration, development of 3-D reconstruction system for regenerated tissues, evaluation on biochemical and biophysical properties of regenerated tissues in vivo and clinical trials and application of regenerated cartilage and bones. Based on the findings and knowledge gained through our clinical study "Development of implant-type tissue-engineered cartilage for patients with nasal deformity in cleft lip and palate" conducted previously, we started an investigator-initiated clinical trial "A clinical trial for the validation of safety and efficacy of the implant-type tissue-engineered cartilage using autologous cells".

In the laboratory for pediatric regenerative medicine, we are doing research to fabricate an engineered airway by cells originated from trachea tissue. In addition, the fundamental study of the amniotic fluid cell is performed to create new therapy for new born babies.

## Basic Research on human ES cells

Besides, to promote basic research on human embryonic stem cells with our eyes set on applications in the future, Department of Clinical Renal Regeneration is carrying forward the application procedures to obtain human ES cells from Institute for Frontier Medical Sciences, Kyoto University, which will be approved shortly.

## Clinical Studies

Of particular note is clinical studies started in the four departments as a result of basic research. In Project for Regenerative Medicine of Hematopoiesis, clinical study on expansion of human cord blood hematopoietic cells (Institutional Review Board approval number #351) has been started. In Department of Vascular Regeneration, clinical studies on claudication limbs and severe ischemic limbs caused by peripheral vascular diseases (IRB approval number #825 and #826) have been started and continued without causing major side effects. In Department of Corneal Tissue Regeneration, clinical studies on transplantation of cultured autologous oral mucous epithelial sheet on amniotic membrane for ocular surface reconstruction, and corneal endothelial stem cell transplantation for decrease in number of corneal endotheliums (IRB approval number #363 and #898) have been started. In Department of Bone & Cartilage Regenerative Medicine, a clinical study on bone implants into non-loading parts (IRB approval number #1310) was conducted on 10 patients successfully and a large-scale clinical trial was started across the nation. In project for cartilage regeneration, an investigator-initiated clinical trial "A clinical trial for the validation of safety and efficacy of the implant-type tissue-engineered cartilage using autologous cells" have been started. As stated above, we are proceeding translational research aiming at clinical application of tissue engineering and regenerative medicine. Contribution to the Hospital

## Contribution to the Hospital

Division of Tissue Engineering, as a cooperative research facility in the Hospital, opens expensive special machines that each laboratory cannot afford to

equip with, such as a confocal laser scanning microscope, a cell analyzer and a cell sorter to the Hospital staff, letting them use with cost sharing. Department of Plastic Surgery is conducting research using this facility.

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# Department of Clinical Research Governance

## Director & Professor (From April, 2015 to July, 2015)

Masaomi Nangaku M.D.,Ph.D.

(Vice Director of the University of Tokyo Hospital, Director of Department of Research Support)

## Director & Project Professor (From August, 2015 ~)

Takashi Moritoyo, M.D.,Ph.D.

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## History and Overview of the Organization

The Department of Clinical Research Governance was established independently from the Clinical Research Support Center on January 1, 2015, for the management of clinical research. The aim of the department is an appropriate and rapid response to various issues surrounding clinical research in recent years, to prevent problems related to research ethics and research misconduct, and to promote highly reliable clinical research. The intention of the Department of Clinical Research Governance is to establish a system that would enable the University of Tokyo Hospital to take initiative in managing and promoting clinical research so as to ensure the reliability of clinical research and compliance with the ethics of clinical research promoted by university hospitals providing advanced medical care.

The Department of Clinical Research Governance is composed of three offices: 1) Office of TR Strategy Promotion, 2) Office for Clinical Research Education, and 3) Office of Clinical Quality Assurance & Compliance. These offices mutually cooperate to promote and strengthen the governance function within the hospital.

The following activities are carried out by the Office of TR Strategy Promotion: (1) the formulation

of comprehensive strategies for research and development at the University of Tokyo Hospital; (2) playing the role of administrative headquarters when publicly applying for large-scale research projects; (3) serving as a liaison for consultations regarding the acquisition of research funds and intellectual properties; (4) examination of financial self-reliance strategies of the clinical research base; (5) discovery of needs and seeds in clinical practice; (6) investigation of research activities at the University of Tokyo Hospital and the creation of a database; (7) collection of clinical research information from external organizations; (8) activities related to conflicts of interest at the University of Tokyo Hospital; (9) clerical work related to the Advanced Medicine Development Support Management Committee; and (10) clerical work related to the Special Clinical Research Steering Committee.

The activities of the Office for Clinical Research Education are as follows: (1) educational activities for clinical researchers; and (2) the dissemination of workshop summaries.

The activities of the Office of Clinical Quality Assurance & Compliance are as follows: (1) quality assurance-related activities, such as the auditing of clinical trials and clinical studies and administrative structure/system audits as well as improvement proposals; (2) proposals related to the establishment of

a quality assurance system; (3) reliability-related guidance, advice and consultation; (4) support for responding to compliance reviews, etc., of clinical trials and clinical studies conducted by the University of Tokyo Hospital, as well as the centralized management of results; (5) the centralized management of audit results; and (6) confirmation of the implementation of corrective and preventive measures from audit/inspection findings.

The Department of Clinical Research Governance consists of one manager (a full-time post from August, 2015) and two staff members of the Office of TR Strategy Promotion (one special researcher/URA and one clerical staff [temporary]), as of March 2016. The Department of Quality Assurance under the direct control of the Director of the Clinical Research Support Center was established in December 2014, with one staff member (project specialist). However, the department was reorganized as the Office of Clinical Quality Assurance & Compliance under the Department of Clinical Research Governance. Two staff members joined in May and August, 2015.

## Medical Care and Activities

The Office of TR Strategy Promotion has undertaken the following activities.

- 1) Organization coordination activities: assisting the Special Clinical Research Steering Committee, assisting the Special Clinical Research Checkup Committee, assisting with the assembly of a structure for a regenerative therapy provision plan, and preparation of an application for the approval of clinical research at core hospitals under the Medical Service Law (approved on March 25, 2016).
- 2) Activities related to conflict-of-interest management: 3 consultations regarding research administrative structures, management of conflict-of-interest documents for 225 studies (total number), and 329 consultations regarding the completion of the self-declaration form for conflict-of-interest (total number).
- 3) Intellectual property-related activities: evaluation of intellectual properties for network programs for accelerating the work of bridging research, and 3 consultations regarding intellectual properties (3

patent cases).

- 4) Others: reviews of application forms for Grants-in-Aid for Scientific Research and for the University of Tokyo Research Grant, investigations of research paper publication activities, holding of the “Forum for Development of Seeds for Advanced Medicine, 2016” (administrative office), and support for the Center of Innovation Program of the University of Tokyo (support for departmental cooperation, support for holding one symposium, and support for holding two seminars).

The Office of Clinical Quality Assurance & Compliance was newly established in April 2015 and has begun the following quality assurance activities.

- 1) Quality assurance-related activities: 1. Regarding 3 investigator-initiated clinical trials at the University of Tokyo Hospital, a total of 5 cases were audited. Regarding 2 investigator-initiated clinical trials (a multi-center clinical trial and a trial for a medical device) at other university hospitals, 3 cases were audited. 2. Regarding clinical research, 2 cases of clinical research at other university hospitals were audited. Regarding clinical research at the University of Tokyo Hospital, the audit procedures and protocols for 3 clinical studies were prepared. The members of the office attended the start-up meeting and explained the audit schedule and contents, etc. Preparations for other audits have also been initiated.
- 2) Support for responses to various inspections: Regarding surveys for TR centers, AMED, and clinical research core hospitals, the members attended and explained the structure for quality assurance. For inspections by the FDA, the members advised two imitation audits conducted by pharmaceutical companies.
- 3) Educational activities: 1. A “Lecture Series” was newly introduced by the clinical research support center. The office was involved in making programs, inviting lecturers, and conducting the seminar. 2. Supervisions of quality assurance were conducted for members of the clinical research support center.
- 4) Other activities: 1. Regarding the activities of the UCHT Alliance, mutual visits among 8 university hospitals were conducted and the structure for quality assurance was evaluated. 2. For the National University Hospital Clinical Research Promotion Initiative (NUH-CRPI), a member joined and led the

discussion on quality assurance. 3. The office's experience conducting academic audits was presented at a symposium of the Japan Society of Quality Assurance and the Japan Society of Clinical Trials and Research, and the establishment of a structure for quality assurance was reported at the Japan Society of Clinical Trials and Research.

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# Department of Child Psychiatry

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## Introduction and Organization

The Department of Child Psychiatry was established in April 2005 as the clinical counterpart to the Clinical Education Center of Mental Development, both of which are funded by the special grant for faculty development. The major aim of the Clinical Education Center is to train mental health specialists in various fields with a fundamental grounding in child psychiatry and neurosciences. Much of the services provided are based on the 37 years of experience in intervention and treatment for developmentally disabled children established in the former child psychiatry division of Department of Neuropsychiatry. Our department uses a multi-disciplinary approach by working in collaboration not only with the Department of Neuropsychiatry, Department of Pediatrics and Graduate School of Education in the University of Tokyo but also several other educational and/or clinical facilities on mental development or developmental disorders. The Department of Child Psychiatry complemented the Clinical Education Center by providing fieldwork for clinical training and offered clinical services to patients with various development problems also.

The Clinical Education Center of Mental Development was closed in March 2010 because of time limit of the fund, and Department of Child Neuropsychiatry, Graduate School of Medicine was established in April 2010. The Department of Child Psychiatry, as the clinical counterpart to the department in graduate school, focuses on clinical activity related to research as well as quality practice of child psychiatry and education of leading child

psychiatrists and allied professionals. In addition to 3 professors of the graduate school, 3 psychiatrists and 3 psychologists (2 full-time ones for a definite term and 1 part-time one) are officially assigned to the Department of Child Psychiatry. One psychiatric social worker works mainly for the Department of Child Psychiatry since 2013 also.

## Clinical activities

In the year 2015, the Department of Child Psychiatry consisted of 13 psychiatrists and 8 psychologists (full-time and part-time). Although patients with various disorders are seen, the focus of the department is mainly on patients with developmental disorders. We offer services to patients with a broad range of developmental disorders including Autism Spectrum Disorder (ASD), Attention-Deficit/Hyperactivity Disorder (ADHD), Learning Disabilities (LD), Mental Retardation (MR), tic disorders and child & adolescent Obsessive-Compulsive Disorders (OCD).

Number of new patients in 2015 was 239 and slightly larger than to that in 2014. A large part of the new patients consisted of patients with ASD, tic disorder or ADHD. Sixty-eight patients were aged 11-15 years old, and 60 patients were aged 6-10 years old. In other words, more than half of the patients are students of primary school or junior high school. Thirty-one patients were younger than 6 years old, and 51 patients were older than 20 years old, suggesting steady needs for assessment and treatment of both preschoolers and adults with developmental disorders.

The follow-up clinic consisted of general clinic and special clinic (Tic/OCD clinic). At the general clinic, a



rigorous diagnosis based on detailed assessment and decision about treatment course are provided for children and adolescents with any kinds of mental problems. After fine adjustment of treatment course within a given period, the patients are referred to community hospitals/clinics or intervention/education facilities with a detailed report. The special clinic meets a need for high level services and works with research for special diseases.

Services for the general child psychiatry outpatients are provided by psychiatrists in the areas of pharmacotherapy, psychotherapy, psychoeducation and also work closely with the schools and community.

Psychologists have charge of psychological consultation as well as psychological examination. Patients involved in those are mainly individuals with developmental disabilities, and individualized treatment focusing on developmental viewpoint is planned for each. Psychological consultation includes services in the following areas: (1) evaluation of cognitive and behavioral development, (2) individualized treatment of the disabled individual (3) counseling of parents and providing information to the disabled individual's support network (relatives, schools) and environmental coordination. In addition to psychologists, psychiatric social worker participates in actual environmental coordination. Cognitive behavior therapy for obsessive-compulsive symptoms or anxiety is sometimes provided also.

As for intervention for preschool children with ASD, group therapy consisting of biweekly 10 sessions was provided in first half year. Intensive individualized therapy consisting of weekly 10 sessions started in last half year.

Parent-training for parents with ADHD children, which started in 2011, was provided. This program aimed that the parents learn deeper understanding of difficult children and appropriate strategy of coping with them.

In addition to these outpatient services, "inpatient assessment on developmental disorders" program started in 2010. This program is provided in the inpatient ward of neuropsychiatry for adolescents or adults who have mental problems such as depression and wish a detailed examination about possibility of hidden developmental disorders including ASD and ADHD.

We also focus on psychiatric liaison activity with other departments in the University hospital, especially pediatrics.

## Education

Undergraduates of the University of Tokyo have opportunities to participate in an assessment and diagnosis session at the general first visit outpatient clinic and intervention for preschool children. Graduate students in clinical psychology course from the University of Tokyo participate in intervention for preschoolers also.

One month training course is offered to junior residents especially in pediatric specialty course. This course includes intake interview of first visit patients, observation of assessment and treatment for follow-up patients and intervention for preschoolers, and visit to community hospital and intervention/guidance facilities for child and adolescent mental health. For general psychiatrists including senior residents of the Department of Neuropsychiatry, round for developmental disorders and an inpatient program of assessment about developmental disorders are provided as opportunity to get knowledge and experience of developmental disorders.

In response to the increasing interest to adults with developmental disorders, a seminar of developmental disorders was held in July 2015, and about 180 medical doctors, psychologists, and allied professionals attended.

## Research

We participate in investigation of etiology and development of effective treatment on ASD and ADHD, which are organized in collaboration with the Department of Neuropsychiatry and other research, educational and clinical facilities. In addition, research related specifically to the clinical activities in the Department of Child Psychiatry is currently being investigated.

### Clinical evaluation and treatment

Effectiveness study of early intervention for autistic preschoolers is being undertaken.

Effectiveness of a program of group cognitive behavior therapy for adults with high-functioning

ASD the revised program is investigated in a randomized control trial.

The possible relations among clinical characteristics such as tics and obsessive-compulsive symptoms in Tourette syndrome (chronic tic disorder with multiple motor tics and one or more vocal tics) and child & adolescent OCD are being evaluated.

Comprehensive Behavioral Intervention for Tics (CBIT) is provided for children and adolescents with Tourette syndrome, and preliminary study of its effectiveness is undertaken.

### Neuropsychological research

Neuropsychological data on ASD, ADHD and Tourette syndrome are being collected. Analysis of the relations among neuropsychological findings and the clinical evaluation as well as comparisons between patients and their healthy siblings are being conducted.

### Genetic research

As we are interested in gene-environment interaction, we are examining influence of age of parents and assisted reproduction technologies on emergence of ASD. We are analyzing samples of individuals from a multiplex family of ASD by exome sequencing also. We are collecting and analyzing DNA samples of patients with Tourette syndrome and their parents also.

### Neuroimaging

Studies include structural MRI, Near-Infrared Spectroscopy (NIRS) and functional MRI with exploring the pathogenesis of developmental disorders such as ASD. One of the intensive study is the examination of prefrontal blood flow in ASD and ADHD by NIRS which is non invasive and easily applicable to children and developmentally disabled individuals. Possibility of NIRS as a predictor of efficacy of methylphenidate for children with ADHD is intensively examined also. Functional MRI study of adults with ADHD and adults with Tourette syndrome by delayed reward task is in process.

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# Department of Pain and Palliative Medicine

**Homepage** <http://www.h.u-tokyo.ac.jp/patient/depts/palliative/>

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## History and outline of organization

About a half of the cancer patients die by cancer though of the recent innovations of anti-cancer treatments. It mainly depends on the efficacy of the first-line strategies whether cancer is curable or not. Almost all the cancer patients whose initial treatment was unsuccessful die after the distressing struggle against their disease within several years. It is clear for such patients that both sufficient anti-cancer treatments and appropriate approaches to improve their quality of life (QOL) are simultaneously indispensable.

However in our nation, most attention has been entirely paid to the improvement of cure rate and survival time of cancer patients. On the other hand, we have to consider that their QOL is scarcely concentrated until quite recently.

Palliative care means the combination of active therapeutic approach and total human care for the patients no matter which their cancer does or does not respond to anti-cancer treatments. Pain relief, other symptom management, psychological, social and spiritual cares are as a top priority for these patients. It is also emphasized that palliative care is necessary to be applied in the cancer treatment even for patients in early stage of their diseases as well as the progressive or terminal phase of their clinical courses.

In Department of Pain and Palliative Medicine of The University of Tokyo Hospital, we pain and palliative care team takes a leading role not only to control physical symptoms of cancer patients but also to care for the mental and social support at the same time, and to improve the overall QOL of patients. Moreover, we also promote the education, research and innovation of pain and palliative medicine of our hospital and

university.

Palliative care is described clearly in the law "Cancer Control Act" approved by the National Diet on June 2006 that "The medical treatment to aim at relieving many kinds of pain and problems of cancer patients is applicable from the early course of the illness".

## Consultation

In The University of Tokyo Hospital, we pain and palliative care team are composed of many kinds of specialists containing three full-time staff doctors, two full-time doctors, and two certificated cancer and hospice care nurses who take an initiative in this multidisciplinary team. We visit to bedsides, consultation rooms and everywhere in the hospital, and offer palliative care to cancer patients who have received cancer care in cooperation with patients' attending doctors, ward staff, therapists of rehabilitation, social workers and every kind of professionals.

The annual number of consultation by our pain and palliative care team is getting increased. In 2015, the number achieved to more than total 800 cases. To date we have become to collaborate with almost all departments treating cancer in our hospital. These results indicate that the hospital understands the significance of palliative care well and relies on our team.

## Education

In the Department of Pain and Palliative Medicine, junior residents of the first and second year can learn the basic knowledge and practice of palliative care by selecting an optional subject for one, two, four or eight months. And then they can participate in the pain and palliative care team and attend the daily team-

conference on weekdays.

### 1) Palliative care training program

#### The training course (selection) for two months ( or \* for one month )

- Program to acquire basic knowledge and practice of palliative care for targeting all junior residents. \* Only in "Comprehensive Internal Medicine" selection.

#### **The training course (selection) for four or eight months**

- Program to acquire basic knowledge, practice, and skills of communication for doctors who need to be clinical oncologists or pain and palliative care specialists.

### 2) Curriculum

#### **Contents of training**

- All junior residents are assigned to the pain and palliative care team. They chiefly participate in palliative care practice as a member of the team.
- In the course for four and eight months, they learn to make palliative care plans for inpatients, discuss palliative care of the cases with patients' attending doctors, ward staff, and execute these palliative care plans.

#### **Goal to attain**

- Palliative care for inpatients (around 40 cases a day): They acquire the outline of control of physical and psychiatric symptoms of the patients with common diseases in our country such as digestive cancers. They also learn the outline of spiritual and family care.
- Cancer registry: In The University of Tokyo Hospital, it is not unusual that the patient whom the pain and palliative care team treats is often in an end stage, and his or her condition changes physically and mentally day by day. Residents should input the clinical data about palliative care of such patients concisely to the database. They acquire the outline of data management of the palliative care connected directly to a clinical research.
- Communicative competence: The clinician often has to break "Bad news" to his patients time after time along the course of their illness. It is very difficult for the clinician to provide the appropriate

information about diagnoses, recurrence, progression and prognosis of illness to his patients.

The oncologist has to deal with patients' strong grief and feeling of loss when their illness is obviously progressive as well as has to manage both their accepting realities and expecting hopes. We practice according to the guidelines of communication that is recommended by the Japanese Psycho-Oncology Society.

#### Educational

- In the intensive course for the first-year residents, we prepare lectures about:
  - # pain management
  - # diagnoses and management of delirium
  - # Introduction of guidelines in the field of palliative medicine and their use
  - # Basic medication for palliative care
  - # Spirituality and whole person care for Japanese patients facing death

#### **Daily and weekly schedule**

- Conference: Monday-Friday (every weekday); 9:00-10:30am
- Consultation: Monday-Friday (every weekday); from the end of morning conference, up to the completion of all the requested consulting of the day.
- The cancer registry: They input data in the ward round with the HIS (Hospital information system) terminal on each floor.

#### **The instruction system**

- Inpatient care: Residents participate in the consultation team (pain and palliative care team) that contains medical instructors. We pain and palliative care team take charge of about 40-50 inpatients usually.
- Multidisciplinary conference: Psychiatrists, pain clinicians/Anesthesiologists, orthopaedicians, pharmacists, medical social workers and others participate in the daily or weekly conference besides the regular member of the pain and palliative care team. Residents can discuss actively the multidisciplinary palliative care plans which our team should carry out. Participants from each occupation also guide the care plans from their viewpoints of experts.

## Research

The clinical information accumulated from the palliative care consultation is input to the concise database simultaneously and utilized for various kinds of clinical researches to submit to the international medical journal such as "International Journal of Radiation Oncology Biology Physics", "Journal of Pain and Symptom Management" and so on.

To date, we the Department of Palliative Medicine have contributed to the progress of following fields of investigations. Please refer to our homepage for results in details and acquisition of the research fund.

- 1) Evaluation and quality assurance of special pain and palliative care team
- 2) Cancer Survivorship
- 3) Investigating cognitive dysfunction induced by pain
- 4) Cancer treatments-induced neurological side effect
- 5) Synergistic influence between sleep disorder and pain
- 6) Assessment of neuropathic pain
- 7) Relationships among our university hospital and local hospitals and clinics
- 8) Palliative care supporting metastatic breast cancer patient
- 9) In palliative medicine field, clinical researches and questionnaires

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10. Iwase S, Kawaguchi T, Tokoro A, Yamada K, Kanai Y, Matsuda Y, Kashiwaya Y, Okuma K, Inada S, Ariyoshi K, Miyaji T, Azuma K, Ishiki H, Unezaki S, Yamaguchi T. Assessment of Cancer-Related Fatigue, Pain, and Quality of Life in Cancer Patients at Palliative Care Team Referral: A Multicenter Observational Study (JORTC PAL-09). *Plos One* 2015; 10: e0134022 (And, 29 Japanese articles)

# Department of Clinical Molecular Medicine

## Chief

Sachiyo Nomura, M.D.,Ph.D.

## Associate chief

Takako Wakeda, M.D.,Ph.D.

## Counseling staff

Nobuko Yamaji, RN., Megumi Yasuda, RN.

**Homepage** [http://www.h.u-tokyo.ac.jp/patient/depts/cancer\\_support/](http://www.h.u-tokyo.ac.jp/patient/depts/cancer_support/)

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## Introduction and Organization

As part of national efforts to address cancer, the government has been establishing a network of “cancer care hub hospitals.” In response to its being designated as a regional cancer care hub hospital in 2008, the University of Tokyo Hospital established the Cancer Patient Support Center to provide consultations to cancer patients and their families as well as residents in neighboring communities with the aim of leading them to appropriate departments and facilities.

## Medical Services

### Provision of information if patient contracts cancer

If a person gets cancer, the first thing they need to do is collect information on cancer. The Cancer Counseling and Support Center provides information and booklets on different types of cancer. Furthermore, in order to select the best treatment for oneself from among the therapies presented by doctors, the person needs to accurately understand the doctors’ explanations. At the Cancer Counseling and Support Center, we explain difficult medical terms in simple language, and we help patients understand their doctors’ advice.

### Various kinds of advice related to the medical care of cancer

If a person contracts cancer, besides the medical problem of what kind of treatment to undergo and where, there are also issues related to medical care when receiving treatment, such as medical expenses, how to get along after being discharged from hospital, and nursing services. The Cancer Counseling and Support Center provides patients with advice and support so that they can resolve such worries.

### Provision of information on second opinions

The Center provides information on how to get a second opinion and on facilities that provide second opinions.

### Provision of general information and advice on cancer

The Center sends out and provides information to people who do not have cancer but who want to find out about cancer, for instance the treatment and screening for it.

## Open hours

If you have any queries, please contact us on 03-5800-9061 between 9am-4pm weekdays (except 12 noon-1pm). Our center provide advices for nothing.

## Research activities

Our research field covers the relation between appearance changes caused by cancer therapy and Patients' quality of life.

## References and Presentation

1. Takako W. Cover makeup improved cancer patients' Quality of Life. Multinational Association of Supportive Care in Cancer
2. Takako W. The effect of cover makeup for visual skin changes caused by cancer therapy. The 53rd Annual Meeting of Japan Society of Clinical Oncology (JSCO)
3. Takako W, Otomo E, Takeda A, Nomura S. The service for patients' appearance care in the Tokyo University Hospital. The 53rd Annual Meeting of Japan Society of Clinical Oncology (JSCO)



# Genome Informatics

## Director & Professor

Takashi Kadowaki, M.D., Ph.D.

## 1. Organization

The Department of Genome Informatics started as a special unit conducting research on clinical epidemiology and human genetics in 2003. Our section functions as the unit to establish/support clinical and epidemiological data sampling/management and to accomplish an appropriate and efficient application of results of recently advanced human genetics and genomics. In addition, as the unit of training and educating specialists of clinical epidemiology and human genetics. It consists of one professor and different specialties participating in the department. They include cardiologists, diabetologists, epidemiologists, and statisticians. Our section also supported designing of clinical / genetic studies and provided services of anonymizing clinical data / samples derived from study participants.

## 2. Activities

In collaboration with RIKEN, we explored the comprehensive catalog of genomic variations provided by the 1000 Genomes Project phase 1 to identify variations conferring susceptibility to T2D in the Japanese population that were not detected in the previous scans. We imputed 7,521,072 variants in 23,399 cases and 31,722 controls genotyped by 610K single-nucleotide polymorphism (SNP) array. We tested associations for T2D before and after adjusting for age, sex, and body mass index. We found that in addition to variants of the previously reported loci, there were 7 loci harboring multiple variants possibly associated with T2D, rs1116357 near CCDC85A, rs147538848 in FAM60A, rs1575972 near DMRTA1, rs9309245 near ASB3, rs67156297 near ATP8B2, rs7107784 near MIR4686 and rs67839313 near INAFM2. Of these, the associations of 5 loci (FAM60A, DMRTA1, ATP8B2, INAFM2,

MIR4686) with T2D are replicated in multi-ethnic populations other than Japanese. The associations of 2 loci (CCDC85A, ASB3) with T2D are not replicated in multi-ethnic populations other than Japanese. These findings highlight the usefulness of conducting GWAS to clarify the genetic predisposition to T2D in East Asians as well as in European-origin populations (up to 65,936 T2Ds and 158,030 controls,  $P < 0.007$ ).

While searching for potential drug targets for T2D using a systematic bioinformatics approach (Nature 20, 376-381, 2014), overlapping genes were identified. 40 genes included in the T2D risk loci were scored by adopting selection criteria including, T2D risk missense variants, monogenic diabetes, and knockout mouse phenotypes. We identified two genes, GSK3B and JUN, which directly interact with multiple biological T2D susceptibility genes.

We also took part in the Asian Genetic Epidemiology Network (AGEN) consortium which conducted a large-scale GWAS with several trans-ethnic consortium and found novel loci associated with fasting plasma glucose.

In cardiology and vascular medicine, we focused on atherosclerotic diseases such as coronary stenosis and myocardial infarction. It is important to accumulate and analyze data obtained in daily practice to gain insight into a larger clinical picture. Thus, we designed and developed a coronary angiography and intervention reporting system (CAIRS) to collect data and analyze outcomes of coronary intervention. The resulting advanced CAIRS can record detailed data on coronary angiographic and interventional procedures. We have also implemented the same system at other institutions and sampled larger-scale CAD patients. Implementing the same system at more institutions and analyzing data collected in the same scheme will

provide detailed and timely insight into the 'real world' of coronary atherosclerotic diseases and their clinical outcome.

Concerning genetic analysis of monogenic diseases, our department has provided service of genetic analysis of Marfan syndrome (MFS), one of the representative connective tissue diseases. We performed mutational analysis using a high-throughput microarray-based resequencing system.

Christensen C, Hansen T, Mercader JM, Flannick J, Moreno-Macias H, Burt NP, Zhang R, Kim YJ, Zheng W, Singh JR, Tam CH, Hirose H, Maegawa H, Ito C, Kaku K, Watada H, Tanaka Y, Tobe K, Kawamori R, Kubo M, Cho YS, Chan JC, Sanghera D, Frossard P, Park KS, Shu XO, Kim BJ, Florez JC, Tusié-Luna T, Jia W, Tai ES, Pedersen O, Saleheen D, Maeda S, Kadowaki T. *Nat Commun.* (in press)

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3. Genome-wide association studies in the Japanese population identify seven novel loci for type 2 diabetes. Imamura M, Takahashi A, Yamauchi T, Hara K, Yasuda K, Grarup N, Zhao W, Wang X, Huerta-Chagoya A, Hu C, Moon S, Long J, Kwak SH, Rasheed A, Saxena R, Ma RC, Okada Y, Iwata M, Hosoe J, Shojima N, Iwasaki M, Fujita H, Suzuki K, Danesh J, Jørgensen T, Jørgensen ME, Witte DR, Brandslund I,

# Department of Clinical Genomics, Medical Genome Center

## Director & Professor

Shoji Tsuji, M.D., Ph.D.

## Organization

The Department of Clinical Genomics started as a special unit conducting genomic medicine or clinical human genetics services in 2003. Our department functions as the core unit to accomplish an appropriate and efficient application of results of recently advanced human genetics and genomics to clinical practice in the hospital and as the unit of training and educating specialists of human genetics practice. It consists of one professor and many different specialties participate in the department. They include pediatricians, obstetricians, internist (cardiologists, diabetologists, and neurologists), surgeons, and staffs of the Departments of Clinical Laboratory Medicine, Human Genetics and Nursing Science.

## Activities

The exclusive consultation room (Room 200) is allocated in the outpatient clinic. Consultation and counseling is performed by a team of medical doctor and non-M.D. staffs. All cases are reviewed and discussed at the conference which is held on the 1st Monday every month. Counseling of participants in researches including genome or gene analysis is a duty with which the hospital and the faculty charge the department. To build suitable clinical systems including modern genomic medicine we are cooperating with other departments. We are participating in Marfan's Syndrome Clinic which is managed collaboratively by the Departments of Cardiovascular Surgery, Cardiovascular Medicine, Pediatrics, Spinal Surgery and Ophthalmology.

In collaboration with Clinical Laboratory Center,

Pharmaceutical Services, Departments of Planning Information and Management, and several clinical departments we started pharmacogenetics tests in 2006. Those include tests for proton inhibitor, warfarin, irinotecan, and tacrolimus.

## Publications

1. Ishiura H and Tsuji S. Epidemiology and molecular mechanism of frontotemporal lobar degeneration/amyotrophic lateral sclerosis with repeat expansion mutation in C9orf72. *Neurogenet* 29: 85-94, 2015. (DOI: 10.3109/01677063.2015.1085980)
2. Mitsui J, Matsukawa T, Sasaki H, Yabe I, Matsushima M, D'rr A, Brice A, Takashima H, Kikuchi A, Aoki M, Ishiura H, Yasuda T, Date H, Ahsan B, Iwata A, Goto J, Ichikawa Y, Nakahara Y, Momose Y, Takahashi Y, Hara K, Kakita A, Yamada M, Takahashi H, Onodera O, Nishizawa M, Watanabe H, Ito M, Sobue G, Ishikawa K, Mizusawa H, Kanai K, Hattori T, Kuwabara S, Arai K, Koyano S, Kuroiwa Y, Hasegawa K, Yuasa T, Yasui K, Nakashima K, Ito H, Izumi Y, Kaji R, Kato T, Kusunoki S, Osaki Y, Horiuchi M, Kondo T, Murayama S, Hattori N, Yamamoto M, Murata M, Satake W, Toda T, Filla A, Klockgether T, W?llner U, Nicholson G, Gilman S, Tanner CM, Kukull WA, Stern MB, Lee VM-Y, Trojanowski JQ, Masliah E, Low PA, Sandroni P, Ozelius LJ, Foroud T, and Tsuji S. Variants associated with Gaucher disease in multiple system atrophy. *Ann Clin Transl Neurol.* 2: 417-426, 2015. (DOI: 10.1002/acn3.185)
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Morishita S, Higashi M, Sekiguchi T, Koyama K, Ueda N, Miura Y, Miyatake S, Matsumoto N, Yokota T, Tanaka F, Tsuji S, Mizusawa H, and Ishikawa K. A Novel Mutation in ELOVL4 Leading to Spinocerebellar Ataxia (SCA) With the Hot Cross Bun Sign but Lacking Erythro-keratoderma: A Broadened Spectrum of SCA34. *JAMA Neurol.* 72:797-805, 2015. (DOI: 10.1001/jamaneurol.2015.0610)

# Department of Genome Analysis, Medical Genome Center

## Director and Professor

Shoji Tsuji, M.D., Ph.D.

The Department of Genome Analysis started as a core facility at the University of Tokyo Hospital in 2011. Next generation sequencers (NGSs), which have been installed until now, include three Illumina HiSeq2500s, one Pacific Bioscience RS II, one Illumina MiSeq, and one Roche GS Junior. Robotics for preparation of samples has also been installed. Computer servers for processing of massive amount of genome data have been installed in the server room, which are connected to NGSs via network system isolated from the internet.

## Activities

The core facility offers genome sequencing employing NGSs for other laboratories in the University of Tokyo Hospital as well as for the in-house projects. The core facility further offers genome sequencing employing NGSs for laboratories outside of the University of Tokyo. Approximately 2,000 samples per year have been analyzed.

## Research Accomplishments

Collaborative researches have achieved multiple accomplishments including identification of the causative gene for hereditary spinocerebellar atrophy (SCA34), a case report of SCA23, Boucher-Neuhäuser syndrome, and adult-onset vanishing white matter disease.

## Publications

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# Cooperative Unit of Medicine and Engineering Research

## Organization

The University of Tokyo Hospital  
 Cardiovascular Medicine, Nutrition and Metabolism, Surgical Oncology, Vascular Surgery, Artificial Organ and Transplantation, Cardiac Surgery, Thoracic Surgery, Neurosurgery, Urology, Orthopaedic Surgery, Oral and maxillofacial Surgery, Radiology, Tissue Engineering Unit, Department of Clinical Epidemiology & Systems, Bone & Cartilage Regenerative Medicine, Cartilage of Bone Regeneration, Department of Immunotherapeutics (Medinet), Division of Science for Joint Reconstruction

## Engineering and Pharmaceutical Research

Chemical System Engineering, Mechanical Engineering, Precision Engineering, Quantum Engineering and System Science, Nuclear Engineering and Management, Chemistry and Biotechnology, Material Engineering, Information Science and Technology, Frontier Sciences, Pharmaceutical Sciences Laboratory of Chemistry and Biology, Center for Disease Biology and Integrative Medicine, Center for Disease Biology and Integrative Medicine Regenerative Medical Engineering, Center for Disease Biology and Integrative Medicine Clinical Biotechnology, Research Center for Advanced Science and Technology, Institute of Industrial Science

**Homepage** <http://plaza.umin.ac.jp/~ikourenk/>

※ The following information is the same as that of the previous year for certain reasons.

## Introduction and Organization

The application of an advanced bioscience to a new technical development of clinical medicine has become an important subject for research in the 21st century. We've established Cooperative Unit of Medicine and Engineering Research at The University of Tokyo Hospital to create a new research and education center, which cross-sectionally unites medicine with engineering research for the development of a next generation medical technology.

2002 June. The establishment of Cooperative Unit of Medicine and Engineering Research was approved by a hospital administration committee as a special practice unit that belongs to The University of Tokyo Hospital.

2002 September. A steering committee of Cooperative Unit of Medicine and Engineering Research

was organized by representative members of relevant clinical departments. The committee made a decision of the following basic principles; recruitment for the participation to this unit should be, as a general rule, an open call for a joint project of clinical department and engineering or pharmaceutical research group in The University of Tokyo, an equipment/administration expense of a laboratory should be a responsibility of the user, and a basic participation period to this unit should be three years and for the continued participation in the unit, a review and approve of the steering committee is indispensable.

2002 October. An open call for participants to this unit started. There were 18 applications and the steering committee approved all projects after review. A liaison conference of Cooperative Unit of Medicine and Engineering Research was organized by a representative member of each project. Configuration of each project in a space of 554.4m<sup>2</sup> that is consisted

of a portion of the first floor and the basement of an administration building came to a decision by the conference.

2003 May. The construction of Cooperative Unit of Medicine and Engineering Research was completed. The cost of the construction was shared by the participation groups.

2003 May 22. The first research meeting of Cooperative Unit of Medicine and Engineering Research took place and research activities started.

2004 September 3. The second research meeting of Cooperative Unit of Medicine and Engineering Research took place.

2005 September 13. The third research meeting of Cooperative Unit of Medicine and Engineering Research took place.

2006 December 21. The fourth research meeting of Cooperative Unit of Medicine and Engineering Research took place.

2007 December 13. The fifth research meeting of Cooperative Unit of Medicine and Engineering Research took place.

2009 December 3. The sixth research meeting of Cooperative Unit of Medicine and Engineering Research took place.

2011 February 2. The seventh research meeting of Cooperative Unit of Medicine and Engineering Research took place.

2011 December 17. The eighth research meeting of Cooperative Unit of Medicine and Engineering Research took place.

2013 January 25. Development forum of advanced medical seeds took place.

2014 January 24. Development forum of advanced medical seeds took place.

2015 January 22. Development forum of advanced medical seeds took place.

## Research activities

### Development of Advanced Stereotactic Radiation Cancer Therapy System

*Department of Radiology*

*Nuclear Professional School, Department of Nuclear Engineering and Management*

*Department of Chemical System Engineering*

High Precision Stereotactic X-ray Cancer Therapy

System. Development of Advanced Compact Electron Linear Accelerator for Cancer Inspection and Therapy. The aim of this research is to apply the *in-vivo* visualization technique developed by our group in high-precision radiation therapy and to develop the motion prediction system for a real-time tumor-tracking radiation therapy. For the visualization of the treatment area during treatment, a four-dimensional cone-beam computed tomography (4D CBCT) reconstruction algorithm is developed by taking the anatomy or tumor motion analysis into account. In-treatment 4D CBCT requires the projection images acquired during treatment. The projection images are analysed online, and compared with the reprojection images from the treatment planning CT or registration CT. The time lag due to the analysis can be compensated by the prediction using a multi-channel singular spectrum analysis. This system will remove a delay problem during the real-time tumor-tracking radiation therapy, and will provide a safer radiation therapy than the current ones because this will be able to detect an irregular breathing motion of the tumor.

### Laboratory of Nano-crystals in Oncology

*Department of Chemical System Engineering*

*Department of Surgical Oncology*

To develop an exact diagnosis and treatment system for the micro-metastasis of neoplasm by using nano-crystal particles, and to introduce it to clinical use. To visualize peritoneum metastases (peritonitis) and micro-metastasis of neoplasm which cannot be checked in naked eye, and apply it to an operation or the determination of a medical treatment plan. To search for the new method for treating neoplasm by using biological changes of the cells after up taking nano-crystal particles.

### Laboratory of Medical Ultrasound with Micro-bubbles in Oncology

*Department of Mechanical Engineering, Fluids Engineering Laboratory*

*Department of Surgical Oncology*

To develop easy, precise, non-invasive systems to treat human disease. To devise a method to induce microbubbles effectively to treat human tumors in deep situ. To make a precise assessment on tumor



invasion in  $\mu\text{m}$  order by injecting microbubbles into tumor arteries. To develop a non-invasive treatment system using HIFU device and microbubble contrast agents.

### **Research and development of micro-neurosurgical robotic systems**

*Department of Neurosurgery, The University of Tokyo Hospital*

*Mitsuishi-Sugita Laboratory, Department of Mechanical Engineering, School of Engineering*

Development of micro-neurosurgical robotic systems and advanced microscopic image processing for automated surgical task recognition.

### **Laboratory of Cavitation & Lithotripsy**

*Department of Urology, Faculty of Medicine*

*Department of Mechanical Engineering, School of Engineering*

Development of a new method of lithotripsy using high intensity focused ultrasound induced cavitation.

### **Development of Support Systems for Risk Reduction in the Clinical Process**

*Chemical System Engineering*

*Department of Clinical Epidemiology & Systems*

Our specific targets are research and education on the integration of biological and clinical information including genome. In particular, they consist of establishment of personalized medicine as translational research, selection of drug targets by proteomics, interpretation of transcriptional regulations and drug development by targeting transcription factors in cardiovascular diseases (arteriosclerosis, cardiac hypertrophy, cardiac failure, etc.). Other analyses and development are also quite active, such as creation of transgenic animals, analyses of genomic functions, clinical safety monitoring by clinical database and assessments of clinical information systems.

### **Surgical Robot System Lab.**

*Robotics, Dynamics, and Control Laboratory*

*Department of Mechano-Informatics*

*University of Tokyo*

Development of motion synchronization technology for in-vivo molecular imaging of small animals, based on robot systems for endoscopic cardiac surgery.

Neuro-musculo-skeletal model and its parameter identification for diagnosis and rehabilitation of neuromuscular disorders.

### **Vascular Biomedical Engineering Laboratory**

*Department of Vascular Surgery*

*Department of Tissue Engineering, The University of Tokyo Hospital*

*Bio-Medical Precision Engineering Laboratory,*

*Department of Precision Engineering, Medical Device Development and Regulation Research Center, The*

*University of Tokyo*

Development of minimally invasive diagnostic and therapeutic technologies for vascular surgery through collaboration research.

### **Orthopedic clinical biomechanics laboratory**

*The Department of Orthopaedic Surgery, The University of Tokyo.*

*Graduate School of Information Science and Technology, The University of Tokyo.*

To develop a non-invasive method for predicting bone strength by finite element method analysis.

To develop a new method for evaluation of fracture healing by echo tracking.

To develop a non-invasive method for morphological evaluation of articular cartilage.

To develop a device for assisting in fracture reduction and fixation.

### **Minimally invasive cardiac surgery with the integral videography system**

*Department of Cardiothoracic Surgery, Graduate School of Medicine, University of Tokyo*

*Advanced Therapeutic and Rehabilitation Engineering Laboratory, Department of Mechano-Informatics,*

*Graduate School of Information Science and Technology, University of Tokyo*

To develop: real-time three-dimensional echocardiography, suture device with liner probe, integral videography, and minimal invasive cardiac surgery monitored by real-time three-dimensional echocardiography without cardiopulmonary bypass

### **Division of Neutron Capture Therapy & Immunotherapy for Cancer**

*Department of Cardiothoracic Surgery, Graduate /*

*School of Medicine*

*Department of Radiology, University of Tokyo Hospital*

*Department of Nuclear Engineering and Management, School of Engineering*

*Endowment Department, Department of Immunotherapeutics (Medinet)*

In order to control and eliminate human cancers, we develop the neutron capture therapy (BNCT) using small neutron accelerator equipped to hospital and also develop more effective immunotherapeutic approaches.

### **Molecular Imaging Laboratory, Cooperative Unit of Medicine, Engineering and Pharmaceutical Research**

*Laboratory of Chemistry and Biology, Graduate School of Pharmaceutical Sciences*

*Department of Cardiovascular Medicine*

To develop chemical probes for imaging of biomolecules. To visualize arteriosclerotic and ischemic lesions by using fluorescent probes and MRI contrast media.

### **Development of adhesion barrier materials using a new animal model of liver-peritoneal adhesion**

*Artificial Organ and Transplantation Division, Department of Surgery, Graduate School of Medicine, University of Tokyo*

*Hepato-Biliary-Pancreatic Surgery Division, Department of Surgery, Graduate School of Medicine, University of Tokyo*

*Organs and Biosystems Engineering Laboratory, Institute of Industrial Science, The University of Tokyo*

*Laboratory of Regenerative Medical Engineering, Center for Disease Biology and Integrative Medicine, Graduate School of Medicine, The University of Tokyo*

*Department of Chemical System Engineering, Graduate School of Engineering, The University of Tokyo*

*Department of Bioengineering, Graduate School of Engineering, The University of Tokyo*

Adhesions between liver and other organs are an important issue in the cases of second surgeries such as hepatic resection. Adhesions extend operative duration; in addition, they increase the risk of surgeries. Thus, it is important to avoid adhesions at a

first surgery. However, no one report both the animal model and adhesion barrier materials of liver adhesion. We try to develop a new adhesion model by hepatic resection, instead of a usual peritoneal abrasion model. Also, we develop new materials for preventing the adhesions.

### **Laboratory of Applied Metabolic Biotechnology**

*Department of Cardiovascular Medicine, Graduate School of Medicine*

*Department of Metabolic Diseases, Graduate School of Medicine*

*Department of Chemistry and Biotechnology, School of Engineering*

To establish the system and methods for engineering the novel model mice of life style-related diseases using RNAi technology and biotechnology. To elucidate the mechanisms by which adipose tissue derived factors, adipokines, contribute to the development of the metabolic syndrome. To explore the signal transduction pathways of major adipokines including adiponectin

### **Laboratory of Biomaterial Science**

*Department of Orthopaedic Surgery, Faculty of Medicine, The University of Tokyo*

*Division of Science for Joint Reconstruction, Graduate School of Medicine, The University of Tokyo Ishihara & Takai Lab, Department of Materials Science, Graduate School of Engineering, The University of Tokyo*

*Laboratory of Regenerative Medical Engineering, Center for Disease Biology and Integrative Medicine, Faculty of Medicine, The University of Tokyo*

*Department of Oral and Maxillofacial Surgery, Faculty of Medicine, The University of Tokyo*

Inhibition of aseptic loosening of artificial joints by nano-grafting of a novel biocompatible polymer MPC. Creation of biocompatible biomaterials optimized for bone, cartilage and vascular regeneration. Regeneration of bone and cartilage tissue in vitro promoted by physical stimulation

### **Molecular and cellular mechanics laboratory for the development of multi-scale heart simulator**

*Department of Cardiothoracic Surgery, The University of Tokyo Hospital*

*Biomechanics Laboratory, Graduate School of Frontier Sciences, The University of Tokyo*

We are developing multi-scale, multi-physics heart simulator for the in-silico diagnosis and treatment of heart diseases by the synergistic effort of cellular physiology and computational mechanics. For collecting quantitative data for the simulator, mechanical analysis of cardiomyocytes is performed.

#### **Laboratory of Hard-Tissue Nanomedicine**

*Kataoka & Yamasaki Lab, Department of Materials Science, Graduate School of Engineering, The University of Tokyo*

*Department of Cartilage & Bone Regeneration, Graduate School of Medicine, The University of Tokyo*

*Department of Bone & Cartilage Regenerative Medicine, Graduate School of Medicine, The University of Tokyo*

*Department of Orthopaedic Surgery, Faculty of Medicine, The University of Tokyo Department of Oral and Maxillofacial Surgery, Faculty of Medicine, The University of Tokyo*

*Division of Clinical Biotechnology, Center for Disease Biology and Integrative*

*Medicine, Graduate School of Medicine, The University of Tokyo*

*Division of Tissue Engineering, The University of Tokyo Hospital*

Development of a non-viral gene delivery system by supramolecular nanotechnology. Development of a non-viral siRNA delivery system by supramolecular nanotechnology. Production of regenerated cartilage and bone with high safety and usefulness. Establishment of practical production and quality control systems. Promotion of the clinical application of regenerated cartilage and bone. Development of easy, precise, non-invasive systems to detect osteoblastic and chondrocytic differentiation. Determination of a finite set of signaling factors sufficient for induction of osteoblasts and chondrocytes. Development of a method to induce osteogenesis and angiogenesis simultaneously. Development of a cell-sheet culture system for bone and cartilage. Screening for compounds that induce bone and cartilage regeneration

#### **Cooperative Unit of Kataoka Laboratory and Department of Vascular Surgery**

*Department of Vascular Surgery, Division of Tissue Engineering, The University of Tokyo Hospital*

*Kataoka Laboratory, Department of Materials Science and Engineering, Graduate School of Engineering, The University of Tokyo*

To achieve effective and safe in vivo gene therapy of cardiovascular and vascular diseases, we are developing non-viral gene vectors based on nano-scaled polymer assemblies (polymeric micelles). Polymeric micelles, which are spontaneously formed from block copolymers, have a core containing packaged genes surrounded by biocompatible poly(ethylene glycol) (PEG) palisades, and a variety of pilot molecules can be installed on the surface of polymeric micelles. This "virusmimicking" nanoparticles might achieve efficient gene transfer to the targeted tissues or cells because of protection of the loaded DNA from nuclease attack, their lowered non-specific interaction with proteins and cells and facilitated internalization by the targeted cells through specific interaction of the pilot molecules. Currently, our research has been focused on in vivo gene transfer to artery walls and muscles using polymeric micelles incorporated genes.

#### **Development of intraoperative navigation system during rectal cancer surgery**

*Department of Surgical Oncology*

*Department of Precision Engineering, Bio-Medical Precision Engineering Laboratory*

Recently, less invasive laparoscopic surgery has played a central part even in the field of pelvic surgery including rectal surgery. Therefore, safer and more effective surgical modalities are needed. In this research department, we aim to develop the intraoperative tracking system corresponding to postural change, and to establish the intraoperative real-time 3D display system which will enable surgeons to recognize the location of the forceps during rectal surgery through the use of preoperative image information.

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# Department of Disaster Medical Management

## Professor

Masaomi Nangaku, M.D.,Ph.D.

## Lecturer

Masataka Gunshin, M.D.

**Homepage** <http://www.h.u-tokyo.ac.jp/patient/depts/dmm/index.html>

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## Introduction and Organization

Responding to the Great East Japan Earthquake in 2011, the University of Tokyo Hospital has decided to set out to establish “disaster medical management studies” in terms of need not only to provide medical treatment at the time of disaster but also to develop a new academic field that provides bird’s-eye view on overall disaster medicine. In March 2012, we made an announcement to establish “Department of Disaster Medical Management” in the Public Comment.

In July 2012, Associate Professor Dr. Hiroyuki Nakao was assigned post as the first General Manager of the Department of Disaster Medical Management. Also, in March 2013, Dr. Jun Tomio was assigned as the Vice Manager of the Department of Disaster Medical Management. Afterwards, in January 2015, Professor Dr. Tadashi Iwanaka, the Hospital Vice Director, was assigned post as the second General Manager, and also Lecturer Dr. Masataka Gunshin, the Emergency Medicine Center Vice Director, was assigned post as the second Vice Manager. Then, in April 2015, Professor Dr. Masaomi Nangaku, the Hospital Vice Director in charge of crisis management and disaster prevention, was assigned post as the third General Manager of the Department of Disaster Medical Management and was appointed as the chairman of the in-hospital Disaster Prevention Committee.

This department belongs to the Central Clinical Facilities Division and is involved in activities within

this hospital and inside/outside of the University.

In order to establish disaster medical management studies, we are aiming at 1) fostering leaders who can develop plans for disaster medicine and educate personnel engaged in disaster medicine, 2) relationship building with relevant institutions for establishing a system for the University of Tokyo Hospital to lead disaster medicine and 3) developing a system as a base of formation of organizations at the time of disaster.

## Clinical activities

Since 2012, the Disaster Prevention Committee carries out planning and conduct the University of Tokyo Hospital Comprehensive Disaster Drill regularly. In the year 2015, drills of launching a new earthquake early warning system, building hospital headquarter for disaster control, reporting in-hospital damage situation, establishing triage and casualty clearing station, triage and rescue mass casualties, and firefighting, were performed with cooperation of the University of Tokyo, the Metropolitan Tokyo Fire Department, and the Japan DMATs dispatched by the Ministry of Health Labor and Welfare.

## Teaching activities

We have started “General Emergency and Disaster Medicine Lecture” on a weekly basis for personnel and junior residents and student physicians of this university hospital with cooperation of Emergency

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Medicine Center and General Clinical Education Center since January 2015.

As educational activities outside of the University, we are teaching in the Japan DMAT workshops, AHA life support courses, and NAEMT life support courses for national and public universities to cooperate with their development.

## Research activities

We are seeking ways of cooperation between institutions through workshops with relevant institutions from the perspective that day-to-day cooperation with relevant institutions can be also utilized at the time of disaster. We consider that it can be also utilized for cross-business formation of organizations at the time of disaster.

Other than that, we are participating in outside research groups and cooperating for mental health care at the time of disaster and establishment of emergency medical system.

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# International Medical Center

## Director and Associate Professor

Sumihito Tamura, M.D., Ph.D.

**Homepage** <http://www.h.u-tokyo.ac.jp/english/international-patients/index.html>

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## Introduction and Organization

One of the University of Tokyo's significant challenges is globalization. The International Medical Center was launched in November, 2012 as a significant step forward in enhancing The University of Tokyo Hospital's development as an international hub. Designated director position has been assigned starting June 2013.

## Activities and challenges

The University of Tokyo Hospital offers sophisticated surgery and state-of-the-art treatment in variety of fields. One of the roles of the International Medical Center is to establish a system through which we provide medical expertise to patients from overseas. In the past, some foreign patients have successfully received treatment thanks to the support of individual departments. However, from henceforth, the International Medical Center will cater to the various requirements that must be met when accepting overseas patients, including multilingual support, translation of medical documents, and offering solutions to financial challenges, so that each department can focus solely on providing sophisticated treatment to those patients. For example, a multilingual website has been opened since the end of the fiscal year 2013 and there have been over 80,000 hits from 175 countries so far. Clinical trials of machine translation system have been also conducted.

As well as receiving patients, another important aspect is the globalization of clinical education. We hope to establish a system in which non-Japanese doctors accepted for residencies, or those who come to receive cutting-edge medical training can carry out operations, interventions or demonstrations without

being hindered by their nationality. Similarly, we hope to establish a system through which overseas doctors can learn new techniques alongside Japanese doctors, and to provide an environment where doctors from various countries can mingle with young doctors working at our hospital, as well as student physicians in participatory clinical training. We have been actively accepting advanced clinical trainees granted permission by the Ministry of Health, Labor and Welfare under the Exceptional Cases of the Medical Practitioners 'Act, Article 17, regarding Advanced Clinical Training of Foreign Medical Practitioners, etc. Internal hospital rules to accept consultant level foreign medical doctors as Invited Faculty member has also been settled.

Lastly, heightening the capability of physicians and medical staff to cater to international needs is an important factor in globalizing The University of Tokyo Hospital. To this end, the International Medical Center will attempt to cultivate personnel by hosting various international exchanges and language-training programs so as to further develop the hospital's capabilities to become an international hub in the field.

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# Department of Clinical Nutrition Therapy

## Head of the Department

Naoto Kubota (Associate Professor)

## Assistant Head of the Department

Hideaki Ijichi (Lecturer)

Rie Sekine

**Homepage** <http://www.h.u-tokyo.ac.jp/patient/depts/eiyoukanri/index.html>

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## Introduction and Organization

In 1922, a stall in the outpatient department of the hospital and hospital ward shop sold milk, baked goods, cider and ice cream. In 1925, a service contract between the hospital and the Kojinkai Foundation resulted in the start of a patient food service. In 1936, a “special therapeutic diet” approach for newborn infants, diabetes, nephropathy in which a physician prescribed the food composition individually for each patient was instituted for the first time in Japan. In 1950, a national-hospital complete food service system was announced, and the nutrient content provided was standardized. The nutrient content provision for patient meals at the time was 2400 kcal/day. In 1952, the inpatient meal service was officially outsourced to a foundation.

In 1957, the first nationwide meeting of national-university-hospital head dietitians was held at the University of Tokyo with the aim of improving patients’ diets.

In 1958, the complete food service was abolished. Implementation of a standard food service and staffing with a dietitian became required conditions, and the food service section was staffed by a part-time section chief and a dietitian. In 1962, a request from the nationwide meeting of national-university-hospital head dietitians, which primarily conducted its activities at the University of Tokyo, was realized, and the managerial dietitian system was established by a

partial revision of the Nutritionists Act. In 1972, nutritional guidance was actively provided to inpatients and outpatients with the aim of obtaining approval to charge fees, and in 1978 a medical diet charge and nutrition guidance charge were established. In 1988, a timely tray service achieved by using hot and cold food-tray carts was instituted in order to dispel the “too early, cold, unappetizing” reputation of hospital meals.

In 1991, the name of the food service section was changed to the “Department of Nutrition Management”, a change that had a long been sought by nationwide national-university-hospital managerial dietitian staff members. At the same time, the nutrition sections of the main hospital and branch hospital were consolidated, and the head of the Department of Nutrition Management, who was a managerial dietitian, assumed the section manager post to form a system composed of 5 managerial dietitians at the main hospital and 3 managerial dietitians at the branch hospital.

In 1994, as a result of a partial revision of the National Health Insurance Act, the standard food service approval system was abolished, and a diet therapy notification system on admission was set up. An on-admission nutrition guidance fee was also established.

In 1998, the first diet therapy exhibit organized by the Department of Nutrition Management was

conducted as part of the diabetes week events that the Tokyo Diabetes Association held to the side of the free space in the vestibule of the outpatient department. In the first year there were 3527 visitors a week.

In 2001, integration of the branch hospital with the main hospital resulted in an 8-managerial-dietitian system. In 2004, the Department of Nutrition Management was separated from the medical service division. In 2005, the introduction of the self-pay system for inpatient meals meant that inpatients began to be charged for their meals. During the same year one managerial dietitian (limited-term employment) was added to the staff.

In 2006, charges for the performance of nutrition management were newly established, and that meant providing nutrition management for all patients. The increase in work was accompanied by the addition of one managerial dietitian (limited-term employment) to the staff. Team care was introduced the same year, and in-hospital activity in the form of an all-department nutrition support team (NST) was inaugurated. Each hospital ward was staffed with a physician, managerial dietitian, and nurse in charge of an NST, and whenever necessary members from other fields (pharmacists, medical technologists, physical therapists) joined, and they held a hospital ward meeting once a week. In 2010, an NST committee was created as a result of the establishment of charges for NSTs. The NST director up until that time became a member of the committee and played an active role as the center of in-hospital NST activities. The addition of one managerial dietitian to the staff (full time) as a full-time employee to calculate the billing charges for the NST was approved. In 2011, the inauguration of a nutritional guidance service for recipients of health checkups in the Department of Epidemiology and Preventive Medicine was accompanied by the addition of one managerial dietitian (limited-term employment) to the staff. In 2012, charges for conducting nutrition management were abolished. They were incorporated into the basic hospital-admission fee, and the nutrition management system by physicians, managerial dietitians, and nurses was improved.

In 2013, the Department of Nutrition Management was reorganized as the Department of Clinical Nutrition Therapy. A physician (Professor, the head of the Central Clinical Services Administration) assumed

the concurrent post of head of the Department, and the head of the Department of Nutrition Management assumed the post of Assistant Head of the Department; they undertook responsibility for managing the food service, maintaining activities of the NST, and strengthening its functions. In 2014, two physicians, full-time department head (associate professor) and lecturer, were assigned and improvements were made to NST activities and to the nutrition therapy, education, and research system. As a result of a managerial strategic personnel distribution, 5 new managerial dietitians (full-time) have also been assigned this fiscal year. Along with the increase in work of managerial dietitians for strengthening the nutrition management system and expanding the number of clinical trials in P1 unit, another managerial dietitian (limited-term employment) was added to the staff in March 2015.

## Clinical Activities

The Department is proactively conducting nutritional guidance in regard to metabolic diseases, including diabetes, chronic kidney disease, dyslipidemia, and obesity, perioperative guidance, including in regard to postgastrectomy diets, hepatobiliary and pancreatic disease diets, and cardiac disease diets, etc., mothers' classes, etc.

The records of achievements in 2015 show that there were 2819 instances of inpatient nutritional guidance (455 without charge) and 5503 instances of outpatient nutritional guidance (275 without charge). The results for group nutritional guidance showed that during the year there had been 292 outpatient diabetes classes and 217 inpatient diabetes classes (for some of which there was a charge), and that there had been 115 best-weight classes, classes after gastric cancer operations for 81 patients, and mother's classes for 139 mothers.

In July 2012, a physician, managerial dietitian, and nurse formed a dialysis prevention team, and started calculating fees for diabetes and dialysis prevention guidance and management in the outpatient clinic. The managerial dietitian and nurse provide guidance on Wednesday and Thursday afternoons, and there were 131 guidance sessions in 2015.

In April 2014, the department started calculating

charges for NST and counted 1261 instances in the first fiscal year, which reached 1529 instances in 2015.

In November 2014, the procedure manual of nutritional management was revised and an original two-step nutritional screening by physicians, managerial dietitians, nurses and pharmacists was introduced. In this system, the high-risk patients of malnutrition are now screened through the common criteria in our hospital and monitored by the medical team. The high-risk patients picked up through this two-step screening are weekly referred to the NST of each floor. In the fiscal year of 2015, 8923 instances were monitored in this system.

In April 2015, alternative initial screening criteria specific for pediatric and pregnant patients were added to the procedure manual of nutritional management, respectively.

### • Educational Activities

The Department accepts managerial dietitian clinical trainees. In 2015, the department accepted 41 trainees from 7 training schools: Ochanomizu University, Tokyo Kasei University, Otsuma Women's University, Kagawa Education Institute of Nutrition, Jissen Women's Educational Institute, Japan Women's University, and Wayo Women's University.

In 2011, the Department began accepting NST trainees. From 1 to 4 or 5 terms are conducted a year (5 days/week/term). Participants are mainly managerial dietitians, pharmacists, nurses, medical technologists, and physical therapists, and candidates are trainees whose aim is acquiring the qualifications certified by academic societies or to become a full-time employee to calculate the billing charges for the NST. There were 17 participants (7 managerial dietitians, 5 pharmacists, 5 nurses) in 2015.

To disseminate NST activities fully in the hospital, the department organizes NST Seminar for Doctor-in-training and Clinical Nutrition Seminar throughout the year. The department also organizes NST Conference and Joint Conference of Team Medicine for case discussions to facilitate cooperation with each floor NST and other medical teams. In 2015, the department started "Nutritional Management e-learning" for all employee to learn basic knowledge

of nutritional management procedure. The ratio of completion reached 99.0% in March 2016.

### Research

- Joint research with the Department of Stomach and Esophageal Surgery

Research topics: "Evaluation of nutrition indexes after proximal gastrectomy"

"Multi-center randomized controlled study of the effects of early post-gastrectomy oral feeding support"

"A randomized study of post-operative invasiveness and systematic post-operative functional assessment in esophageal cancer comparing the operation procedures"

- Joint research with the Department of Hepatobiliary and Pancreatic Surgery

Research topic: "Assessment of perioperative improvement in nutrition status by an open trial of an immune-enhancing diet in patients who have undergone pancreaticoduodenectomy"

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- <Academic meeting presentations (International).>
1. The 3rd JSGE International Topic Conference in the 101st Japanese Society of Gastroenterology Annual Meeting. Tokyo, Japan, 2015.4  
Hideaki Ijichi, Koji Miyabayashi, Ryota Takahashi, Dai Mohri, Harold L Moses, Kazuhiko Koike: Translational research of pancreatic cancer using genetically-engineered mouse models.
  2. AACR 106th Annual Meeting 2015, Philadelphia, USA, 2015.4  
Masashi Miguchi, Takao Hinoi, Manabu Shimomura, Tomohiro Adachi, Yasufumi Saito, Hiroaki Niitsu, Masatoshi Kochi, Yusuke Sotomaru, Hideaki Ijichi, Tsuneo Ikenoue, Kunitoshi Shigeyasu, Kohji Tanakaya, Kazuhiro Sentani, Naohide Oue, Wataru Yasui, Hideki Ohdan: The generation of colorectal cancer mouse model based on microsatellite instability and the identification of transforming growth factor-beta signal target.
  3. AACR 106th Annual Meeting 2015, Philadelphia, USA, 2015.4  
Koji Miyabayashi, Hideaki Ijichi, Ryota Takahashi, Keisuke Yamamoto, Yoshinari Asaoka, Keisuke Tateishi, Yousuke Nakai, Hiroyuki Isayama, Harold L Moses, Kazuhiko Koike: A role of bone morphogenetic protein signaling in pancreatic cancer.
  4. Digestive Disease Week 2015; Washington D.C., USA, 2015. 4  
Sozaburo Ihara, Yoshihiro Hirata, Takako Serizawa, Nobumi Suzuki, Hiroto Kinoshita, Hayato Nakagawa, Hideaki Ijichi, Kazuhiko Koike: Signaling Crosstalk Between TGF- $\beta$ /Notch on Dendritic Cells Governs Colonic Homeostasis by Controlling Epithelial Differentiation and Luminal Microbiota.
  5. Digestive Disease Week 2015; Washington D.C., USA, 2015. 4  
Yoshihiro Hirata, Nobumi Suzuki, Hiroto Kinoshita, Hideaki Ijichi, Kosuke Sakitani, Sozaburo Ihara, Takako Serizawa, Hayato Nakagawa, Kazuhiko Koike: Role of CDH1, TGF $\beta$ 2, and KRAS Mutations in the Carcinogenesis of Stomach.
  6. The 16th congress of parenteral and enteral nutrition society of Asia; Nagoya, Japan, 2015.7  
Kaori Kitakubo, Ai Otani: The roles of medical staff in nutrition support.
  7. Keystone Symposia on Molecular and Cellular Biology, Diabetes: New Insights into Molecular Mechanisms and Therapeutic Strategies (T2); Kyoto, Japan, 2015.10  
Tetsuya Kubota, Naoto Kubota, Mariko Inoue, Iseki Takamoto, Toshimasa Yamauchi, Kohjiro Ueki, Takashi Kadowaki: Pioglitazone ameliorates cuff-Induced neointimal formation by both adiponectin-dependent and -independent pathways.
  8. 7th AASD Scientific Meeting and Annual Scientific Meeting of the Hong Kong Society of Endocrinology, Metabolism and Reproduction;

Hong Kong, China, 2015.11

Naoto Kubota: Clarification of molecular mechanisms of type 2 diabetes using genetic engineering techniques in mice.

< Academic meeting presentations (Japan), etc >  
54 presentations in 2015

< Publications (Japanese) >  
26 publications in 2015

**Center for Disease Biology and  
Integrative Medicine**

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# Laboratory of Molecular Biomedicine for Pathogenesis

## Professor

Toru Miyazaki, M.D., Ph.D.

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## Research

Our laboratory focuses on clarification of the pathogenesis of various diseases and the related physiological machineries in cellular and molecular aspects. Based on our technical advantage in gene manipulation via gene knockout and transgenesis, we give high priorities to *in vivo* analyses. This will definitely contribute to the direct therapeutic application of our findings. Since our rationale is to challenge to uncharacterized disease mechanisms and physiologies, we will not restrict our interest, strategy or technique employed, in certain specific field. Rather, we will expand our research area by establishing different collaborations with a broad spectrum of researchers. We believe this fits to the policy of the CDBIM, which aims the development of a comprehensive science including the fundamental and clinical medicines, and the biotechnology. Overall, we will attempt to discover novel biological insights rather than to study details of previously characterized physiologies, by targeting molecules newly identified by ourselves. Now, we are focusing on the following major projects.

### **AIM (Apoptosis Inhibitor of Macrophage) as a master switch to various modern diseases.**

The rapid change in lifestyles and eating habits in today's society are thought to be the cause of various

disorders; metabolic syndrome and lifestyle-related diseases increase the risk of developing obesity, diabetes, and cardiovascular disease; a fatty liver leads to NASH and liver disease, may result in liver cancer; autoimmune disease followed by obesity, chronic renal failure, and Alzheimer's disease are considered as well. We hypothesize that such various modern disorders, seemingly unrelated at first sight, share the common underlying pathological condition and mechanism, and the group of molecules exists as the master switch, regulating the varied conditions.

We found a soluble apoptosis inhibitor factor largely produced by tissue macrophage, named AIM (apoptosis inhibitor of macrophage). Our recent studies showed that AIM plays an important role in regulating the pathological condition of the modern diseases.

AIM is produced by macrophage and largely presents in bloodstream as a soluble molecule. Once AIM is incorporated into adipose tissue, it decomposes fatty droplets resulting in controlling the progression of obesity. However, when this process undergoes effectively and excessively under the obese condition, oppositely to control the progression of obesity, chronic inflammation of adipose tissue and insulin resistance are triggered and Type II diabetes and atherosclerosis are worsen.

Moreover, because AIM binds to IgM in bloodstream, it leads to production of various auto-



antibodies, especially under the obese condition. This suggests that the obesity is the cause of autoimmune disease. Other studies showed that liver disease, cancer, and kidney disease worsen under low concentration of AIM. It is suggested that the concentration of AIM in bloodstream differentiates the outcome and the risk of getting various diseases.

Finding the mechanism on the regulation of AIM activity will shed light on developing a diagnostics and potential treatments to modern diseases. We will focus on the details of involvement of AIM to the various diseases by generating a mouse model. Also, cohort study is carried out using and analyzing the human specimen, aiming to develop a novel drug treatment.

## Lab Activities

### Joint Meeting

Taiwan-Japan Joint Meeting was held at the Taipei International Convention Center. Almost 40 participants including teaching staffs, graduate students, undergraduates and researchers from three labs in National Taiwan University, National Yang-Ming University and Tokyo University attended to the meeting. Mainly young researcher and students made oral and poster presentations on the latest research findings in their labs and then discussed their research contents. Having had the opportunity to make presentations and have discussions on findings or their work in English, they were able to realize the importance and pleasure of communication in the field of scientific research.

The CREST meeting, jointly-hosted by Kumamoto University and Tokyo University was held in two consecutive years. Teaching staffs, graduate students, researchers from the two Universities participated in the meeting and graduate students of Kyusyu Univ. also participated in it for the first year only. All the participants have had a fulfilling time with substantial presentations and lively discussions during the several days meeting.

Those fruitful meetings were great opportunities for all the participants, for they were able to experience what they can rarely experience in other meetings. They could build relationships for their future research, through participating dinners and get-togethers as well

as research sessions.

We plan to hold this kind of joint meetings continuously, in future.

### Seminar hosted by our lab (co-sponsorship: MPUTC)

Title: Regulation of Pathogen Survival and Immune Responses through Coronin 1-Mediated Activation of Cell Surface Signaling / Jean Pieters (Professor, Biozentrum, University of Basel, Switzerland)

On January 2015, we organized an invited lecture by Prof. Jean Pieters introducing his latest findings and followed by discussions with graduate students in our laboratory.

List of labs:

Prof. Wan-Wan Lin's Laboratory, National Taiwan University

Prof. Shie-Liang Hsieh's Laboratory, National Yang-ming University

Prof. Ken-ichi Yamamura's Laboratory, The University of Kumamoto

Prof. Toru Miyazaki's Laboratory, The University of Tokyo

### DBELS ( Disease Biology Excellent Lecture Series )

We present a lecture series by top scientists in a variety of research fields related to disease biology. So far, eleven lecturers have been invited from many places including Kyoto Univ., Hokkaido Univ., Riken Institute, Tokyo Univ. of Science, Washington Univ. (USA), Univ. of Basel (Switzerland), and Weill Medical College of Cornell University (USA).

### DBELS-EXTRA

This is a lecture series on the latest experimental techniques for medical research, founded as an extension of DBELS. We offer monthly lecture series, each of which convenes twice to four times a month, aiming mostly at graduate students and junior researchers.

This series provides lectures by experts from companies, universities and research institutions specializing in a wide range of areas such as molecular biology, cellular biology, genetics, immunology and others.

### DBELS WORKSHOP

In 2007, we had a workshop at Unzen, a great resort place in Nagasaki prefecture. Along the policy for DBELS, we invited 8 top scientists from Kyoto, Tokyo, Hokkaido, Okinawa, and Boston as lecturers, and many young participants as audiences. Staying in a beautiful resort hotel, we all had a scientifically and culturally fruitful time. The next workshop is scheduled to be held in Switzerland, probably in 2010 summer.

### Music and Science

On Jun 6, 2006, to commemorate the foundation of our lab, we organized an invited recital by Mr Maestro Krystian Zimerman, a world-famous pianist, followed by a debate session on music and science between Mr. Zimerman and Professor Miyazaki at Yasuda Auditorium with more than 800 audiences.

### Visiting Professors

We welcomed Prof. Wakeland from Southwestern Medical Center at The University of Texas in fiscal 2006, and Prof. D. Mathis and Prof. C. Benoist (immunology) from Harvard University in fiscal 2007, all of whom belonged to our lab as a guest professor for three months respectively.

## **Publications**

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# Laboratory of Structural Physiology

## Professor

Haruo Kasai, M.D., Ph.D.

## Lecturers

Noriko Takahashi, M.D., Ph.D., Akiko Hayahsi-Takagi

## Research Associates

Jun Noguchi, Ph.D., Sho Yagishita, M.D. Ph.D.

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## Introduction and Organization

The Center for Disease Biology and Integrative Medicine (CDBIM) has been established in 2003, and elected Dr. Kasai as the professor of the Division of Basic Medical Sciences (2) of CDBIM in July of 2004. Dr. Kasai was in the National Institute for Physiological Sciences, and officially took office in the University of Tokyo in November, 2005. The Kasai laboratory has moved to the first building of Faculty of Medicine in January, 2006. It belongs to the Section of Functional Biology in the Graduate School of Medicine. Its name has been changed from Division of Biophysics to Laboratory of Structural Physiology in the April, 2008.

## Teaching activities

We have 1 master course and 5 doctor course students in 2015. We were also responsible for undergraduate education of physiology, and organized all lectures, student experiments and examinations. We gave all together 8 lectures of physiology for undergraduate students, and 5 lectures of physiology and neuroscience for master course students. Four undergraduate students join the activity of our laboratory for free quarter (FQ).

## Research activities

Functional imaging is a central theme in modern biology and medicine. All biological functions involve a multitude of interactions at the molecular, cellular, and system levels, and it is ultimately desirable to perform molecular and cellular imaging in intact preparations in which the original *in vivo* functions are preserved. We have been exploring two-photon excitation microscopy with a new type of laser, an infrared femtosecond-pulse laser, as a means to achieve this goal. The two-photon microscope has the ability to penetrate deep into tissues and is the only imaging instrument that allows investigations of intact tissues at the cellular and molecular levels. Two-photon microscopy can also be readily combined with molecular biological and other physiological methods, and it promises to provide important insight into various biological processes in the coming years. Our research interests have two main focuses: (1) the dynamics of synapses in the cerebral cortex and (2) exocytosis in both neurons and secretory cells. We welcome multidisciplinary collaborations to promote our research goals and to help to adapt the new microscopic techniques and lasers to a wide range of biomedical applications. We will explain one representative work (Ref. 6) of this year in some detail.

Optogenetic probes can be used to manipulate neuronal activity using light, but their targeting resolution is limited to entire neurons or bundles of projections. Uncaging techniques can target individual dendritic spines, but they cannot be used *in vivo*. We have developed a probe for manipulating specific subsets of dendritic spines *in vivo*. This technique will allow researchers to causally link experience-dependent changes in spines with behavior, elucidating subcellular mechanisms of learning and allowing for manipulation of specific memories.

The probe is a modification of a photoactivatable form of the Rac1 small GTPase known as PaRac1. We took advantage of PaRac1 because the prolonged activation of Rac1 could induce spine shrinkage. We fused PaRac1 to an inactive membrane protein that localizes to the post-synapse. They also added a targeting element from *Arc* mRNA, which leads to selective dendritic localization and translation of the mRNA in response to NMDA glutamate receptor activation.

We demonstrated the utility of their probe in hippocampal slice cultures, confirming that it was expressed specifically in spines activated by glutamate uncaging or by other means. Once induced, probe expression was maintained for about 2 days.

For us, the real impetus to develop this probe was to look at the role of spines in behavior which we did in mice trained in a motor task known as the rotarod. Learning the rotarod induces formation of new dendritic spines in motor cortex and requires *Arc*. We virally expressed the probe in the motor cortex and monitored spine dynamics with two-photon imaging through a cranial window, confirming that learning induced the formation of new spines.

One day after training, photoactivation of PaRac1 with an optical fiber through the cranial window led to selective shrinkage of newly-formed spines. This optical erasure of newly-formed spines in motor cortex was sufficient to block motor improvement due to training in subsequent behavioral tests. Re-training in the same task (after optical erasure of spines) led to re-potentialization of the same ensemble of spines, suggesting that the spines involved in rotarod training

were consistent over time.

Even more impressively, we were able to demonstrate the specificity of spine ensembles to a particular behavioral task. We sequentially trained mice on two different motor tasks, the rotarod and beam, which led to the activation of two partially overlapping ensembles of spines. Optical erasure of spines potentiated in beam training (once PaRac1 expression in rotarod-potentiated spines had dissipated) selectively disrupted performance on the beam, but not the rotarod.

Dysfunctions in dendritic spines have been observed in numerous psychiatric disorders, but ascribing a causal role to spine changes in disease pathophysiology has been difficult. No matter how well we would reveal the property of the dendritic spines in some psychiatric disease model mice, these studies would not increase our understanding between the spine and disease pathophysiology. That was why we launched the project to manipulate the spines systematically to challenge the causal relationship. We plan to use their probe to investigate the role of spine defects in post-traumatic stress disorder.

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# Laboratory of Regenerative Medical Engineering

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## Introduction and Organization

The Division is composed of two laboratories, Ushida laboratory and Ito Laboratory. The Division tightly collaborates with Faculty of Engineering. Prof. Ushida is also charged at Department of Mechanical Engineering, where the laboratory members include Assistant Professor, two Associates and 15 graduate students. Prof. Ito charged at Department of Chemical System Engineering. The current laboratory members include one JSPS postdoctoral fellow, and 12 graduate students from Department of Chemical System Engineering, Graduate School of Engineering.

## Teaching activities

Prof. Ushida and Prof. Ito are sharing duties for undergraduate and graduate students of both Graduate School of Medicine and Graduate School of Engineering. They give lectures on biomedical engineering at Graduate School of Medicine. Prof. Ushida has also lectures on tissue engineering, advanced biomaterials and biomechanics at Graduate School of Engineering. Prof. Ito gives a lecture concerning biosystem engineering, separation technology, and biotechnology at the Chemical System Engineering course and Bio-engineering course at Graduate School of Engineering School.

## Research activities

Prof. Ushida's laboratory aims to establish key technologies for regenerative medicine. One of the projects of our research targets the hard tissue regeneration, such as cartilage or bone by tissue engineering technology. Hard tissue engineering requires the control of its shape in addition to the cell accumulation and scaffold play a key role in meeting this requirement. We focus on the development of biocompatible materials such as synthetic polymer or inorganic materials combined with stem cell biotechnology. Secondly, we try to elucidate mechanisms of cellular responses to physical stimulations such as hydrostatic pressure, shear stress, stretch, through observing intracellular signaling, and to adopt those effects to tissue engineering.

- 1) Tissue engineering of cartilage or bone defect
  - Design and development of biocompatible materials for cartilage or bone using synthetic polymer, inorganic materials or those combination.
  - Development of osteoinductive biomaterials hybridized with bioactive substances.
  - Order made shaping of scaffolds by router system according to the graphical images of tissue defects
  - Establishment of vascular rich graft bed by biomaterials that spur new blood vessel growth.

## 2) Cellular signal transduction induced by physical stimulations

- Hydrostatic pressure loading to chondrocytes or articular cartilage
- Shear stress loading to endothelial cells
- Stretch loading to endothelial cells, smooth muscle cells

Biomaterials are one of important keys in medicine and medical engineering. In the field of tissue engineering, scaffold materials are extremely important. In the drug delivery field, drugs are encapsulated in various materials which achieve ideal release kinetics. The functions of these biomaterials and phenomena inside and outside biomaterials in vivo are complicated both in terms of chemistry and biology. Ito Laboratory is trying to design and develop novel biomaterials for tissue engineering and drug delivery by the combination of medicine and chemical system engineering. Especially we focus on hydrogels which can be utilized for islet regeneration and drug delivery in peritoneum.

### 1) Biomaterials

- Development of novel *in situ* crosslinked hydrogels for a medical use using hyaluronan, chitosan, dextran and synthetic dendritic polymers

### 2) Drug delivery

- Peritoneal adhesion prevention by hydrogels
- Peritoneal dissemination treatment by hydrogels
- Hemostat by hydrogels

### 3) Tissue engineering

- Hydrogel scaffolds to control cell development and vascular network constraction
- Development of oxygen carriers by membrane emulsification

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# Laboratory of Clinical Biotechnology

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## Introduction and Organization

Laboratory of Clinical Biotechnology in Center for Disease Biology and Integrative Medicine (CDBIM) was established in April 2003. This laboratory wishes to contribute to the development of nanomedicine. Our laboratory actively collaborates with Graduate School of Engineering at The University of Tokyo and Division of Tissue Engineering at The University of Tokyo Hospital. Our laboratory also participates in the Graduate Program for Leaders in Life Innovation, which started in 2012, for novel medicine-engineering interdisciplinary communication, and tries to produce medical ventures by promoting liaison with the industrial sector, and further, professionals who understand both advanced medicine and nanotechnology. Our laboratory consists of one professor, two associate professors, one assistant professor, and several project staff members.

Our laboratory particularly focuses on the development of nanomedicine. Nanotechnology, which has been attracting tremendous attention as a leading scientific field in the 21st century, attempts to process and assemble materials with precision at the atomic/molecular level to produce units with sophisticated

functionalities. Nanomachines, which are constructed by integrating materials and systems on a nanometer scale, hold the key to realizing the futuristic medical system that can fulfill the needed function at the right time and the right place with minimal invasiveness. Furthermore, nanomachines are expected to become an important interface between basic biomedical science and clinical medicine by facilitating the translation of basic achievements into clinical applications. Our laboratory wishes to produce innovative medical nanomachines based on nanotechnology, spreading the idea of "Nanomedicine" internationally.

## Teaching activities

Traditional medicine-engineering interdisciplinary programs have focused on the exchange of researchers and the promotion of collaborative researches between these two different academic areas. However, the next generation of medicine, such as "minimum-invasive diagnosis-treatment" and "targeting medical treatment", and also nanotechnologies are developing rapidly with increased complexity, and thus scholars in both areas find it hard to understand each other. This situation prevents the effective development of revolutionary



medical diagnostic and therapeutic inventions. Our laboratory intends to provide an optimal milieu where undergraduate and graduate students from both fields of medicine and engineering can study their fusion area with respect to each other's background in order to achieve the ultimate goal of developing smart nanomachines for the futuristic medical system.

## Research activities

Drug delivery to the target site of action is strongly desired to enhance the drug function and minimize the side effects. In this regard, drug delivery systems based on self-assemblies of block copolymers (*i.e.*, polymeric micelles) have drawn much attention as one of the medical applications of the nanotechnology. Block copolymers spontaneously form polymeric micelles, which consist of the core-shell structure with the size of less than 100 nm, in aqueous media. The core of the micelles behaves as a nanoreservoir for drugs, while the coronal shell providing the biocompatible surface. Polymeric micelles can incorporate a variety of drugs including hydrophobic drugs, metal complex drugs, and macromolecular drugs such as proteins and DNA, and release them in a sustained manner or in response to environmental changes such as pH. The site-specific drug delivery can be achieved by conjugation of the pilot molecules on the surface of polymeric micelles. Thus, polymeric micelles behave as smart chemical nanomachines for the drug targeting.

The long-circulation of drug carriers is a requisite for the successful drug targeting. The major obstacles to long-circulation are considered to be glomerular excretion in the kidney and recognition by the reticuloendothelial system (RES) located at the liver, spleen, and lung. Polymeric micelles can evade from those barriers in the body, resulting in stable blood circulation. Another advantage of using polymeric micelles is their preferential accumulation in solid tumors, probably due to microvascular hyperpermeability and immature lymphatic system in tumor tissues. We have succeeded in the tumor-selective delivery of several antitumor drugs including paclitaxel, cisplatin (CDDP), and oxaliplatin by polymeric micelles, and observed enhanced antitumor activity with reduced side effects. These micellar

formulations are currently being tested in clinical trials.

Recently, plasmid DNA (pDNA), messenger RNA (mRNA), and small interfering RNA (siRNA) are highlighted as promising tools for the treatment of genetic and intractable diseases. One of the major requirements for therapeutic use of pDNA, mRNA, and siRNA is the development of nanovectors, which can safely and effectively deliver them into specific cells and regulate their expressions. Recently, we have prepared polymeric micelles incorporating siRNA through the electrostatic interaction between siRNA and positively charged block copolymers. The polymeric micelles protected the loaded siRNA from degradation by nuclease attack and showed efficient gene silencing in a variety of cells. Also, various smart functionalities, such as targeting ability and environmental sensitivity, can be integrated into polymeric micelles, providing the opportunities to develop effective synthetic nanovectors resembling viruses. Thus, polymeric micelles are expected as useful nanocarriers of nucleic acid drugs for *in vivo* application.

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# Laboratory of Environmental Health Sciences

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## Introduction and Organization

Laboratory of Environmental Health Sciences was established as a department of the Center for Disease Biology and Integrative medicine from January 1th 2005. After 11 years of the laboratory activity in the research and education in the environmental toxicology, many staffs left away from this laboratory. An Associate Professor continues to do research in the same laboratory with one project researcher, one doctoral course graduate student, one master course student, and two visiting undergraduate students.

The laboratory officially belongs to Department of Social Medicine and works as cooperation course of Department of International Health and School of Public Health.

## Research Aims

Several members in the Environmental Health Science laboratory were transferred from the National Institute for Environmental Studies about one decade ago. The members have been engaged in research of the influence on fetal or neonatal low-concentration exposure to environmental pollution chemical. Such exposure during the vulnerable developmental time period occasionally induce the pathogenesis and developmental disorders of adult life. The orthodox commitment in study to reveal toxic effects are employed in our group by using animal experimental models, as well as related molecular mechanisms. Recently, DOHaD (Developmental Origins of Health and Disease), the study of academic concept has been generalized. Chemical exposure is regarded as an

important environmental factor in DOHaD research. Until now this laboratory, dioxin (TCDD), bisphenol A (BPA), pesticides, etc., as model compounds which are exposed non-intentionally from the environment, were administered to pregnant mice in which the fetus and pups has been born with adverse effects.

Dioxin issue seems to have subsided by strengthening installation standards of the incinerator, however, molecular mechanisms of its various toxicities are often controversial particularly with regard to endocrine-disrupting mechanism. Also effect of BPA, a plasticizer material used all over the world, on the reproductive function and brain development has been shown experimentally. In recent years, Canada, in Europe, regulations are becoming stricter. Although pesticides neonicotinoids were subjected regulation it has been pointed out in Europe early is the cause of colony collapse disorder in order to exert toxicity to target the bees of the nervous system. However in Japan, such a regulation is not present under the present circumstances.

The above-mentioned material is merely an example. In the world tens of thousands chemical substances those toxic effects are still unknown, are constantly emerging, has spread globally. Each time that regulations have become a necessity of the process for modern civilization have a scientific basis. The mission of this division performs a washout of compounds before that occurs the actual damage of the ecological impact and health effects. To this aim, we assess if there is any biological effects of these chemicals from animal experiments.

## Research activities

As to the study on epigenetic toxicology, we have been studying why mice born to dams that were administered dioxin during gestation are prone to develop cancer. We found that the mice that were exposed to dioxin *in utero* had the enhanced hypomethylated status in CpG as well as histone modifications in a specific region of the promoter of a drug metabolizing enzyme *Cyp1a1*. Moreover we attempted to utilization of mouse and human embryonic stem cells (Esc). Here a part of studies done by a PhD course student, Ameyna Hesbon, is presented below.

2,3,7,8-tetrachlorodibenzo-*p*-dioxin (TCDD), a potent Ahr ligand, may elicit robust epigenetic switching at the Ahr target gene *Cyp1a1*. Given that epigenetic changes can be stably passed through mitotic divisions. TCDD-induced epigenetic alterations can be maintained long after TCDD exposure, and these may have a significant impact on *Cyp1a1* inducibility.

A single dose of TCDD elicited *Cyp1a1* transcriptional memory in the adult mouse liver, as evidenced by a three-fold super-induction of *Cyp1a1* in dioxin pre-treated animals. Notably, acute Ahr activation led to rapid *Cyp1a1* promoter DNA demethylation, increases in H3K4me3, H4ac and a loss of H4K20me3 in *Ahr*<sup>+/+</sup> but not in *Ahr*<sup>-/-</sup> mice. These epigenetic changes persisted to 40 days post TCDD treatment, and constituted the epigenetic memory of initial TCDD exposure. In addition, Ahr recruited thymine DNA glycosylase (Tdg), an active demethylation factor, to the *Cyp1a1* promoter within 24 hrs after dioxin exposure. Further analysis using siRNA knockdown revealed that Ahr was required alongside the demethylation proteins (ten-eleven translocation methyl dioxygenases) Tet2, Tet3 and Tdg in the initial *Cyp1a1* promoter DNA demethylation.

These results provide novel evidence that Ahr drives epigenetic modulation and memorization at the *Cyp1a1* promoter and suggests that *Cyp1a1* transcriptional memory may play a role in adaptive response to dioxin exposure. Maintenance of this hypomethylated state and open chromatin conformation contributed to *Cyp1a1* transcriptional memory. Therefore, the histone modifications as well as DNA hypo-

methylation co-existed as epigenetic bookmarks for *Cyp1a1* super-induction in dioxin re-exposed animals. Transcriptional memory of the *Cyp1a1* gene may imply increased detoxification of endogenous *Cyp1a1* substrates or increased activation of procarcinogens to carcinogenic metabolites. Since Ahr directed the active DNA demethylation machinery to the *Cyp1a1* promoter, it can be anticipated that there is widespread epigenetic modulation of other Ahr target genes, although in a cell or tissue specific manner. Taken together, these findings highlight the importance of epigenetic mechanisms in downstream Ahr signaling and target gene regulation and indicate the possibility of wider roles of epigenetic memory in xenobiotic tolerance.

## Teaching activities

The Laboratory of Environmental Health Sciences has important missions to train postdoctoral fellows to become promising scientist leaders in the field of environmental toxicology and to give toxicology and environmental health courses for graduate and undergraduate students. The following lectures have been provided to students.

Graduate education:

Lectures, Seminar, and laboratory practice, as well as guidance for the dissertation for the Master's and Doctor's degrees have been provided.

Master Course in the Graduate School of Medical Sciences: Toxicology (Lecture)

Master and Doctor Courses in the Graduate School of International Health: International Environmental Medicine (Lecture and Laboratory Practice)

Master Course in the School of Public Health: Environmental Health Medicine (Lecture)

Doctor Course in the Graduate School of Medicine: Environmental Health Sciences (Laboratory Practice and Seminars)

## **Publications**

### **Invited Presentation:**

**Seiichiroh Ohsako**, Hesbon Ameyna, Chiharu Tohyama. Perinatal exposure to dioxins alters the epigenomic program that influences the susceptibility to carcinogens exposed in adulthood. The 7th International Congress of Asian Society of Toxicology, (2015) June 25th, Jeju International Convention Center, Jeju, Korea

### **Patent:**

Hideko Sone, Seiichiroh Ohsako, Reiko Nagano, Satoshi Imanishi, and Wataru Miyazaki. Methods for evaluating the impact on fetal programming. Patent publication number 2010-227079, Patent number 100078662, JP, Acquisition of rights in 2015, Japan

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# Laboratory of Animal Resources

## Professor

Atsu Aiba, Ph.D.

## Associate Professor

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## Assistant Professor

Michinori Koebis, Ph.D., Harumi Nakao, Ph.D.

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## Introduction and Organization

Our laboratory was established as the Division of Animal Research affiliated with the Faculty of Medicine in April 1971. The building for animal experimentation was completed and the accommodation and experimentation of laboratory animals started in 1973. In 2003, the laboratory was reorganized as the Section of Animal Research of the Center for Disease Biology and Integrative Medicine (CDBIM). In 2008, the Laboratory of Animal Resources was established to strengthen research activities in addition to the Section of Animal Resources. The members of our laboratory and section are 5 teaching staffs, 4 technical support staffs, an assistant manager of CDBIM, an administrative staff, a project academic support specialist, 6 assistant laboratory animal technicians, and 4 assistant clerks. In addition, about 10 contracted employees are involved in animal breeding and maintenance of the animal facility.

The laboratory animals in our facility include macaque monkeys, dogs, swine, rabbits, rats, mice, and marmosets. The number of registered users of our facility was 661 at the end of academic year 2015.

We provide quality care for all animals in our facility and assist animal experimentation carried out by the researchers. The office of our section is in charge of the secretariat of the Institutional Animal Care and the Use Committee (IACUC) of the Graduate School of Medicine, the University of Tokyo. The committee (Chair, Prof. Atsu Aiba) reviews the plans of animal

experimentation and helps researchers carry out animal experiments in accordance with law, regulations and University policies governing the use of animals.

## Teaching activities

We are responsible for the education of laboratory animal science to the 2nd-year students (M0) of the Faculty of Medicine. The lecture includes animal welfare, refinement of animal experiments, animal breeding, infectious diseases of laboratory animals and zoonoses. We also give a lecture on mouse molecular genetics and molecular embryology.

We are also involved in lectures by IACUC for the researchers at the Graduate School of Medicine.

## Research activities

Our laboratory focuses on understanding the molecular mechanisms which underlie the synaptic plasticity, activity dependent formation of neuronal circuitry, and learning and memory. We also study cell metabolism. We generate knockout mice and transgenic mice of signal transduction molecules including the glutamate receptors and mammalian target of rapamycin (mTOR). We applied proteomics analysis to these mice. We also try to generate murine models for human genetic diseases. We have also established new gene targeting technology using the CRISPR/CRISPR-associated (Cas) system.

### 1. Generation of mutant marmoset

Common marmoset (*Callithrix jacchus*) is a non human primate and recently used for human model, especially focusing on brain function. We have established the techniques for in vitro fertilization and introducing DNA and/or RNA into embryos from marmosets. We successfully introduced mutations for *CAMK2A*, *GAD1* and *AAVS1* loci of marmoset embryos using the CRISPR/Cas system or TALENs. We are currently generating knock-in marmosets in these loci and the human disease model marmosets in which mTOR pathway is constitutively activated.

### 2. Generation of knock-in mice by CRISPR/Cas system

The CRISPR/Cas system has rapidly emerged recently as a new tool for genome engineering, and is expected to allow for controlled manipulation of specific genomic elements in a variety of species. A number of recent studies have reported the use of CRISPR/Cas for gene disruption (knockout) or targeted insertion of foreign DNA elements (knock-in). Despite the ease of simple gene knockout, small insertions or nucleotide substitutions in mouse embryos, targeted insertion of large DNA elements remains an apparent challenge. We successfully generated knock-in mice by using microhomology-mediated end joining (MMEJ). Because the MMEJ system requires only 10-bp homology arms for 5' and 3' of inserted DNA fragments are required and thus is suitable for rapid generation of KI mice.

### 3. Generation of calstentenin triple KO mice

Calsyntenins are membrane proteins belonging to cadherin superfamily. In *C. elegans*, a calsyntenin homolog CASY-1 is required for taste avoidance learning. There are three mouse calsyntenins (CLSTN1, 2, and 3), which are predominantly expressed in the central nervous system (CNS). To investigate the role of CLSTNs in the CNS, we plan to generate *Clstn* triple KO mice. We have injected Cas9 mRNA with sgRNA targeting *Clstn* 1, 2 and 3 into mouse embryos and have obtained founder mice which carry several mutant alleles of *Clstn* genes. By crossing these founder mice, we are generating *Clstn* triple KO mice.

### 4. Selective activation of mTORC1 signaling in the brain

Mammalian target of rapamycin (mTOR) has been implicated in human neurological diseases such as tuberous sclerosis complex (TSC), neurodegeneration and autism. However, little is known as to when and how mTOR involved in pathogenesis of these diseases because of a lack of animal models that directly increase mTOR activity. We generated transgenic mice expressing a gain-of-function mutant of mTOR specifically in cerebellar Purkinje cells in a temporally controlled manner (L7-mTOR Tg). Activation of mTORC1 pathway resulted in abnormal tiling of Purkinje cell dendrites. We are also investigating novel mTOR interacting molecules by generation and analysis of mutant mice lacking these molecules.

### 5. Role of PKC in mGluR1-inducing melanomas

We previously demonstrated that ectopic expression of metabotropic glutamate receptor subtype-1 (mGluR1) induces melanoma formation in mice. We generated mGluR1 expressed under the control of dopachrome tautomerase (Dct) promoter (Dct-mGluR1 Tg) and found all Tg mice generated melanomas. To elucidate molecular mechanisms underlying mGluR1-induced melanoma formation, we introduced PKC $\alpha$  mutations into mGluR1 Dct-mGluR1 Tg. We found that PKC $\alpha$  mutation retarded melanoma formation, suggesting that the PKC $\alpha$  could be a therapeutic target for melanoma.

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# Laboratory of Molecular Radiology

## Professor

Kiyoshi Miyagawa, M.D., Ph.D.

## Lecturer

Noriko Hosoya, M.D., Ph.D., Atsushi Enomoto, Ph.D.

## Associate

Shuji Inada, M.D., Ph.D., Takaaki Yasuhara, Ph.D., Claudia Juliane Krause, Ph.D. (Project)

**Homepage** <http://www.cdbim.m.u-tokyo.ac.jp/>

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## Introduction and Organization

This laboratory was renamed as the Laboratory of Molecular Radiology in 2008 to strengthen research activities. The main duty to support the use of radioisotope at Graduate School of Medicine has been also continued. Historically, in 2003, the Department of Radiation Oncology and the Radiation Research Institute were joined to form a new department.

The aim of this laboratory is to facilitate translational research from frontier life science to applied radiology by introducing molecular biology into conventional radiology.

To maintain the facility of radiation research, responsible staffs at two facilities are elected from our department. This year, the hospital radioisotope research facility was closed to prepare the opening of the new facility in CRC.

## Education

We are responsible for the education of basic radiation medicine for the 3rd year medical students. The students are expected to start with understanding of the physics and the chemistry for radiation and then understand the basic biology of radiation. Furthermore, they learn how to handle radioactive materials by the 2-day practical course.

In addition to these courses, the 4th year medical students are expected to learn how to use clinical radiation technology safely in hospitals. The

background for this addition is that clinical problems arising from the lack of knowledge of radiation effects have been increasing. Furthermore, the education of radiation emergency medicine is included in this course. Even though radiation casualty is rare, all clinicians should know how to treat patients exposed to radiation. The importance of this education has been widely recognized since the accident at the Fukushima nuclear power plant.

We also take part in the education of radiation health science for the 3rd year students specialized in integrated health sciences. Radiation protection is emphasized in this course.

For graduate students, the education of molecular biology of the DNA damage response to radiation and DNA repair is more intensively integrated.

In addition, education courses for users of radioactive materials frequently take place.

## Research

We focus on the mechanism underlying the cellular response to DNA double-strand breaks (DSBs). Among various types of DNA damage, DSBs are the most deleterious if not repaired properly. To protect the genome, at least four signaling cascades are known to function as the repair machineries against DSBs. While nonhomologous end joining, microhomology-mediated end joining, and single-strand annealing are error-prone repair pathways, homologous recombination (HR) is an

error-free pathway in principle using newly replicated DNA as a template for the repair. There is accumulating evidence that defective HR plays a role in tumor development. For example, BRCA1 and BRCA2, tumor suppressors in hereditary breast and ovarian cancers, are known to mediate the damage response to DSBs and promote HR.

Rad51, a key player at early stages of HR, catalyzes the invasion of a single-strand DNA end into an intact homologous duplex. BRCA2 plays a mediator role at this stage by directly binding to Rad51 and promoting the formation of the filament consisting of the single-strand DNA and Rad51.

SYCP3 is a component in the synaptonemal complex which is formed between homologous chromosomes to ensure their connection in meiosis. Expression of SYCP3 was observed in adrenal, liver, stomach, and kidney tumors, confirming that SYCP3 is a cancer testis antigen. Treatment of SYCP3-nonexpressing cells with a methylation inhibitor induced its expression, indicating that methylation alteration in cancer is responsible for its ectopic expression.

Since biological significance of cancer testis antigens in somatic cells is largely unknown, we investigated the effects of SYCP3 expression on cellular functions in somatic cells. This study revealed that SYCP3-expressing cells are hypersensitive to radiation or cisplatin, and are characterized by increased aneuploidy. As these phenotypes are consistent with those of defective HR, we screened the molecule that co-localizes with SYCP3 by immunofluorescence. Consequently, we identified that the tumor suppressor BRCA2 co-localizes with SYCP3. We also confirmed that these proteins form a complex. Furthermore, we found that binding of SYCP3 to BRCA2 inhibits the HR repair activity mediated by binding of BRCA2 to Rad51.

Since cells with BRCA1 or BRCA2 mutations are hypersensitive to PARP inhibitors, their clinical trials are internationally ongoing. However, the problem is that the application of the trial is limited due to low incidence of their mutations. Our findings implicate that SYCP3-expressing cancers, even if they do not harbour BRCA mutations, are sensitive to PARP inhibitors, providing novel insight into cancer therapy based on the synthetic lethal approach in which both

two pathways essential for cell viability are disrupted by an intrinsic genetic alteration and a specific pathway inhibitor.

In addition to Rad51, Rad51 paralogs, Rad54, and Rad54B are also involved in HR. While Rad51 paralogs and Rad54 were shown to assist the Rad51-dependent cascade, the involvement of Rad54B in HR is not closely associated with Rad51 and Rad54. This fact led us to hypothesize that Rad54B has a role distinct from other HR factors. We found that levels of Rad54B are inversely correlated with protein levels of p53 both after DNA damage and Rad54B knockout cells. Protein interaction analysis revealed that Rad54B promotes proteasome-dependent degradation of p53 by directly binding to MDM2/MDMX, an E3 ubiquitin ligase complex targeting p53. Furthermore, we found that overexpression of Rad54B facilitates genomic instability by negatively regulating cell-cycle checkpoints mediated by p53. Consistent with this biological function, high levels of Rad54B were shown to correlate with poor prognosis in colorectal cancers.

Thus, our studies on the mechanisms underlying HR contribute to the establishment of important strategies against cancer. Radiation and many DNA-damaging chemotherapeutic agents induce DNA DSBs, which can be normally repaired by the intrinsic repair pathways. The induced breaks therefore do not always lead to apoptosis. If we will understand the details of the repair pathways, the molecules in this pathway will be the therapeutic targets. From the clinical point of view, we are continuing the research exploring the principle in this field.

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3. Ito T, Hanafusa N, Iwase S, Noiri E, Nangaku M, Nakagawa K, Miyagawa K: Effects of cell-free and concentrated ascites reinfusion therapy (CART) on symptom relief of malignancy-related ascites. *Int J Clin Oncol* 20:623-628, 2015
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# Office of International Academic Affairs

Head

Yasuyuki Seto

**Assistant Professor**

Joseph Green

Toshiyuki Maruyama

Christopher Holmes

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## Status and functions

The Office of International Academic Affairs is under the direct authority of the Dean of the Faculty of Medicine. Its three most important roles, as defined by the Committee on International Academic Affairs, are i) international educational exchange, ii) international contacts in research and scientific fields, and iii) international cooperation in health care and medicine.

## Activities

This document reports on the office's activities in these areas over the academic year 2015 (April 1, 2015 through March 31, 2016).

### 1. International Educational Exchange

#### 1.1 Student counseling about education and research

In 2015, there were 102 foreign students (34 countries) officially registered in the Graduate School of Medicine. Many inquiries were received during this period from prospective applicants for foreign student and trainee status: responses were sent to 53 such inquiries.

Many currently enrolled foreign students received counseling at this office concerning their studies and life at the University of Tokyo and the requirements for obtaining scholarships and degrees.

In addition, a large number of University of Tokyo students wish to supplement their training with basic clinical experience overseas before graduation, as well as the type of short-term training (1-3 months) frequently called clinical electives overseas. Inquiries from these students were either answered by this office or referred to appropriate centers.

Every year, 25 or more University of Tokyo students go overseas to study, and the office makes its best efforts to accommodate their needs.

It has become a tradition to hold a Spring get-together of foreign students and University of Tokyo students who will study or have studied abroad. This event is attended by the Dean of the Faculty of Medicine, teaching staff, administrative staff, and students: about 70 people attended in 2015, at the Sanjo Kaikan, a reception hall on the Hongo campus.

The annual Ryugakusei Ronbun Contest was first held in 1999. As in previous years, in the 2015 Contest foreign students gave oral presentations based on their research papers to interested fellow students and faculty, and the two best speakers were given awards.

A formal agreement for academic exchange between the University of Pennsylvania and the University of Tokyo was renewed in May 2004. Since that time, sixteen University of Tokyo students have taken research electives at the University of

Pennsylvania, and two students from the University of Pennsylvania have taken clinical electives at the University of Tokyo.

An agreement on academic cooperation was signed between the Graduate School of Medicine of the University of Tokyo and Johns Hopkins University in December 2002. Since the start of the program in 2002, twenty eight University of Tokyo students visited to attend clinical electives at Johns Hopkins University, and four students from Johns Hopkins University have taken clinical electives at the University of Tokyo.

An agreement on academic cooperation was signed between the Graduate School of Medicine of the University of Tokyo and the University of Michigan Medical School in January 2005. Since the start of the program in 2005, nineteen University of Tokyo students have attended clinical electives at the University of Michigan Medical School, and nine students from the University of Michigan have taken clinical electives at the University of Tokyo.

An agreement on academic cooperation was signed between the Graduate School of Medicine of the University of Tokyo and Munich University in February 2005. Since the start of the program in 2005, fourteen University of Tokyo students visited to attend research electives at Munich University, and nine students from Munich University have taken clinical electives at the University of Tokyo.

An agreement on academic cooperation was signed between the Graduate School of Medicine of the University of Tokyo and the College of Medicine of Taipei Medical University in November 2005. Since the start of the program in 2005, five University of Tokyo students visited to attend clinical electives at Taipei Medical University and fifteen students from Taipei Medical University have taken clinical electives at the University of Tokyo.

An agreement on academic cooperation was signed between the Graduate School of Medicine of the University of Tokyo and the College of Medicine of National Taiwan University in October 2012. Since the start of the program in 2012, four University of Tokyo students visited to attend clinical electives at National Taiwan University and six students from National Taiwan University have taken clinical electives at the University of Tokyo.

An agreement on academic cooperation was signed between the Graduate School of Medicine of the University of Tokyo and the University of Chicago Medicine in June 2014. Since the start of the program in 2014, two University of Tokyo students visited to attend clinical electives at the University of Chicago Medicine.

An agreement on academic cooperation was signed between the Graduate School of Medicine of the University of Tokyo and the Sydney Medical School in June 2015. Since the start of the program in 2015, three University of Tokyo students visited to attend clinical electives at Sydney Medical School and three students from Sydney Medical School have taken clinical electives at the University of Tokyo.

## 1.2 Counseling University of Tokyo medical students and researchers about short-term and longer overseas study programs

Every year, about 36 requests from students for counseling regarding pre-graduation or post-graduation studies abroad are received by the Office of International Academic Affairs. The office responds to these requests by providing information, advice, and letters of recommendation.

## 2. Education and research

### 3.1 Education

In 2015, Dr. Green taught courses open to all students in the Graduate School of Medicine: Introduction to Scale Development 1 and 2.

Dr. Green also taught two other graduate-level classes: International Epidemiology 1 and 2.

Mr. Christopher Holmes taught Medical English 1, 2, and 3, the first two of which are required for all medical students.

The Office also organized classes in English for the Health Sciences.

In 2015, Dr. Green and Mr. Holmes led ad hoc sessions in Oral Presentation Training. These sessions were open to all students and teaching staff in the Graduate School of Medicine and the Faculty of Medicine.

### 3.2 References

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# MD Scientist Training Program

## Professor and Director

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Ikuko Honda, Ph.D.

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## Introduction and Organization

The MD Scientist Training Program (MDSTP) was founded in 2008 to achieve the goal of systematically providing an intensive basic medical research training framework to the next generation of MD scientists during their MD training at the School of Medicine, The University of Tokyo. Capitalizing on the advances made by launching a reliable and sustainable program through the leadership of its first directors, Prof. Shigeo Okabe (2008-2010) and Prof. Masahide Kikkawa (2011-2014), the Program currently consists of its director Prof. Haruhiko Bito and two assistant professors Yuki Sugaya and Ikuko Honda, and over 90 students who are seeking extracurricular basic medical research training through the Program's framework. With the help of two assistants for clerical work, it provide a variety of support programs to assist the research activities of medical students. From 2011 on, the MDSTP at the University of Tokyo has cooperated with its sister programs at Kyoto University, Osaka University and Nagoya University, and has received governmental funding support to dramatically boost its activities.

The number of the enrolled students during the launch year (2008) of the MDSTP was 6. Since then, the Program has expanded and now enrolls more than 90 students (during Year 3 to 6 of the Medical School). Around 10 students write research honors theses during their final year, which they defend to become certificated as MDSTP graduates. The number of research publications in scientific journal or awards at

international scientific meetings, which resulted from these theses, is growing.

## Achieving basic medical research training in parallel with medical education

The Program offers a platform of activities aimed at providing an early exposure to basic medical research and to basic skills required for achieving leadership in academic medicine.

During the first 2 years after the entrance to the University of Tokyo, we initially organize a lecture series entitled 'Introduction to Medical Biology'. In this lecture series, top researchers of various fields at the University of Tokyo provide exciting but intelligible talks to students with little medical knowledge. This helps students to get introduced various research subjects in various fields of medical research and strongly motivate them to find by themselves a laboratory suitable to their aspirations. Furthermore, we offer an opportunity to read the textbook 'Molecular Biology of the Cell' in English, in a small group setting, to get an exposure to scientific English, and to be formally introduced to basic molecular and cellular biology, the foundation of current medical research.

From Year 3 on, as the students choose the labs and principal investigators with whom to do science with, the Program organizes journal clubs for basic medical



research and courses of medical research communications are held every 1 to 2 weeks. In the journal club, students are trained to critically read recent scientific papers published in top journals, often in the presence of the first authors, if they are available. In medical research communications courses, the students discuss scientific topics and research issues with a native English speaker with a strong research background.

Students who have shown their research abilities are highly recommended to write their honors research theses by the end of the summer of Year 6. After successfully defending their theses, they are certified as qualified MDSTP trainee and, as such, they become eligible for an exemption of a part of an entrance examination for the Graduate School of Medicine. The Dean's Prize is awarded to the best thesis.

## Enhancing awareness and providing opportunities for excellence in basic medical research

1) Providing assistance for research experience in foreign laboratories

We encourage students to plan and seek for basic medical research experience in other countries during their MD training. Based on research proposals submitted to the Program, travel supports are provided on a competitive basis. In 2015, a total of 10 students received the Program's support for carrying out research abroad (in US, Europe and Australasia) for more than a month and to present their research achievements at international scientific meetings.

2) Organizing an MD scientist training program retreat

A MDSTP retreat was held on March, 26-27, 2016 to present ongoing research progress in a closed meeting among peers. More than 50 participants, mostly medical school students, but also some medical interns, graduate students and Program-affiliated professors attended it. Lively discussions among peers were exciting throughout the meeting and the feedback from all participants was outstanding and unequivocal in emphasizing the critical importance for

a research progress retreat to promote their future research projects. One important aspect of the retreat was to provide students, interns and professors to discuss opportunities in various career paths available in the basic medical research field.

3) Cooperating with other medical universities across Japan

With the availability of governmental support from 2011 on, the MDSTP at the University of Tokyo has been in close touch with sister organizations at Kyoto University, Osaka University and Nagoya University. With a view to enhancing collaborative efforts in improving the basic medical research training at the 4 medical schools, Annual Joint Retreats were held to promote communication and networking among the medical students with research minds. The latest retreat was organized on March, 21-22, 2015 in Kobe, at the occasion of the joint annual meeting of The Japanese Association of Anatomists and Physiological Society of Japan. More than 100 people including medical school students and teachers from all over Japan participated in this retreat and enthusiastically discussed about their research and future career as researchers. Eight selected students presented their research achievements in a joint symposium session of this meeting, held in the Main Hall of Kobe International Convention Center.

The MSDTP also currently cooperates with 9 other universities in eastern Japan to organize annual research students' retreats. In 2015, this was held on August, 17-18 in Tokyo under the auspices of Chiba University. Around 70 people participated in the retreat and presented their ongoing research progress and future plans.

## Activities (2015)

The number of registered students: 92 (3rd grade: 37, 4th: 17, 5th: 23, 6th: 15)

Lectures for students in Years 1 and 2

Introduction to Medical Biology: 13 lectures

Group reading of Molecular Biology of the Cell: 13 lectures

Seminar for students (in Year 3 or above)

Journal Club for basic medical research: 9 lectures

Medical Research Communications: 50 lectures

Presentation of research progress: 3 times (including the retreat of MD scientist training program in the University of Tokyo)

The number of students receiving travel supports for research activities abroad: 10

The number of Year 6 students who passed their honors thesis defense: 5 (the Dean's Prize was awarded to 2 students)

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# Museum of Health and Medicine

## Director

Kazuhiko Ohe

## Associate

Atsushi Kitade

**Homepage** <http://mhm.m.u-tokyo.ac.jp/>

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## History and overview

The origins of the School of Medicine and the University of Tokyo Hospital can be traced back to the establishment of the Kanda Otamaga-Ike Vaccination Center in 1858. In 2008, it celebrated its 150th anniversary. The Museum of Health and Medicine was planned as part of commemorative projects to celebrate the 150th anniversary of the founding of the School and the Hospital, and was opened on January 20, 2011. One of the themes for the commemorative projects marking the 150th anniversary was the “development of communication between health science and care and society,” and the Museum of Health and Medicine forms one of the pillars of this.

In establishing the Museum of Health and Medicine, we renovated the School of Medicine’s Central Building (Medical Library), which had originally been instituted as part of the commemorative projects celebrating the 100th anniversary of the founding of the School and the Hospital. The Museum has about 400m<sup>2</sup> areas, including about 70m<sup>2</sup> of a permanent gallery and 230m<sup>2</sup> of special exhibition rooms.

The aims of the Museum are to: (1) provide health and medical information to the public, (2) educate students studying medicine, health care services and related areas, (3) research the history of medicine and health care through archives, instruments and technology, and (4) preserve and investigate valuable medical archives and instruments, etc.

In addition to the permanent gallery exhibiting accomplishments related to the School and the Hospital and its contributions made to modern and

contemporary development in Japan, a feature of the exhibitions is that a large space has also been set aside for special exhibitions to promote understanding among the public regarding the latest advances in medical science and health care. Planning and supervision of the permanent exhibition and special exhibition is done with the cooperation of the various research units within the School and the Hospital, other departments within the University, industry, and museums. Special exhibitions will be changed several times a year.

The first permanent exhibition since the opening of the Museum was a display of medical texts and instruments from the early Meiji era, an Ishihara’s Color Blind Test Chart and a gastroscope developed at the University. The first special exhibition was related to the beginnings of the School and the Hospital, Entitled “the Challenge to Infectious Diseases”. It introduced the history of vaccinations against smallpox, research into infectious diseases conducted in the University and by its graduates since the Meiji era (1868-1912), and the latest knowledge about infectious diseases. The second was “the Secret of Vessel System”, which introduced the circulatory system. The third “diagnosis of cancer”, the fourth “Our brain”, the fifth “Locomotive syndrome”, the sixth “Diabetes Mellitus”, the seventh “Pediatrics”, the eighth “Forensic Medicine” and the ninth “the Colon” followed.

Since the opening of the Museum, more than 96,047 people had visited by the end of FY2015.

## Overview of operations

The opening hours are 10:00-17:00. 12:00-13:00 is lunch break. The Museum is closed every Monday and during the New Year holidays (however, it will open if Monday is a public holiday). Admission is free.

# Office for Research Ethics Support (ORES)

## Professor (Director of ORES)

Yutaka Yatomi, M.D., Ph.D.

## Professor (Vice Director of ORES)

Akira Akabayashi, M.D., Ph.D.

## Lecturer

Yuzaburo Uetake, M.D., Ph.D.

**Homepage:** <http://www.m.u-tokyo.ac.jp/ethics/index.html>

**Top page of online application system:** <https://u-tokyo.bvits.com/esct/>

## Introduction and Organization

The Office for Research Ethics Support (ORES) was established in October 2009 for the advancement of research ethics standards. ORES aims to protect the rights, health, and dignity of research participants. Based on this principle, ORES is providing research ethics support services to researchers at Graduate School of Medicine and Faculty of Medicine, the University of Tokyo and the University of Tokyo Hospital to enable them to better perform their studies in an ethical manner. Our primary task is the management of the Ethics Committee secretariat. Additionally, ORES plans and manages research ethics seminars, provides ethics education to researchers through consultation and develops human resources for future research ethics specialists.

## Activities

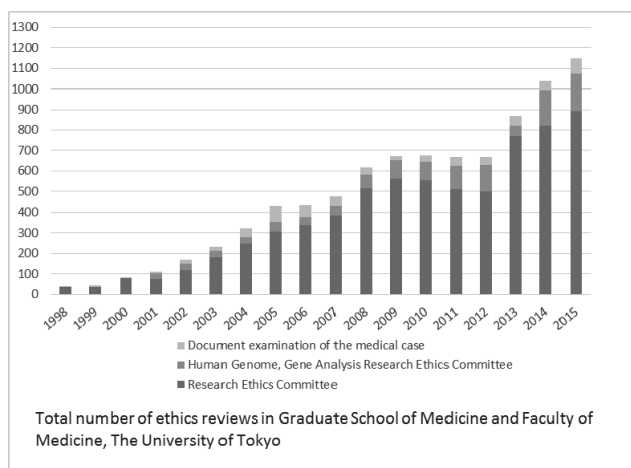
- Management of Ethics Committee
- Prior review of research activity documents (except for clinical trial and invasive intervention studies), at Graduate School of Medicine and Faculty of Medicine, the University of Tokyo and the University of Tokyo Hospital. Correspond in response to various research ethics inquiries.
- Coordination of various matters with Ethics

Committee members, and other similar bodies and universities.

- Examination of case documents in connection with,
  - High risk elective operations,
  - Medical treatments to implemented for the first time at the University of Tokyo Hospital,
  - Examination of the clinical use of the unapproved medicines and medical devices,
- Preparation and maintenance of the organ transplantation manuals for the liver, kidney and heart transplants.

Specific items reviewed and examined by each Ethics Committee in fiscal year 2015

- Research Ethics Committee:
  - 341 new applications, 552 minor alterations of approved studies, and 76 documentary examinations
- Human Genome, Gene Analysis Research Ethics Committee:
  - 27 new applications, 153 minor alterations of approved studies



Department of Biomedical ethics, which is a cooperative department.

Though ORES adopts various inclusive applications, the number of studies applied to and reviewed by ethics committees over the last several years is on the rise.

The management duties of the Ethics Committee secretariats are complicated and diversified, making it difficult to be able provide adequate services to appropriately respond to such increasing needs.

ORES operates an online application system and contributes to the convenience of applicants and to enable them to efficiently plan their research obligations.

## Teaching and training activities

ORES plans and manages research ethics seminars with Department of Clinical Research Governance in the University of Tokyo Hospital.

We provide a broad outline overview regarding ethics education aimed generally for all researchers and students who are engaged in clinical studies through such seminars. The ethics seminars were held monthly in fiscal year 2015 with 1411 people attended.

ORES makes efforts to educate researchers through its research ethics support services. Additionally, the skill development and support of the secretariat staff is one of our important tasks.

ORES also aims to advance research ethics standards by cooperating and consulting with Ethics Consultant specified by each laboratory.

## Research activities

At present, ORES is a business section. For more information about the research, see the contents of

# The Office for Clinical Practice and Medical Education

## Professor

Tatsuya Yamasoba, M.D.,Ph.D.

## Assistant Professor

Takeya Tsutsumi, M.D.,Ph.D.

**Homepage** none

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## Introduction and Organization

The Office for Clinical Practice and Medical Education was established in April 2015, to support and promote medical education, especially clinical practice at grade 5 and 6. The office used to be the Clinical Clerkship Support Center, which was established to meet the change from bedside learning to clinical clerkship in February 2013. Our aim is to run clinical clerkship smoothly, as well as to improve the curriculum and evaluation method by listening to teachers and students. In addition, we try to support an individual student in cooperation with the instruction department and the office for student assistance in the faculty of medicine. The office now consists of a general manager (professor), an assistant professor, and three clerical assistants.

## Activities

Before clinical clerkship begins in February for 4th grade medical students, we have a meeting to explain the details to the students, and then make a schedule of clinical clerkship based on the questionnaire. Just before the start, we hold a ceremony to name students “student doctors”, which the dean of the medical faculty of The University of Tokyo, and the director and the chief nursing officer of The University of Tokyo Hospital attend.

After clinical clerkship starts, we support teachers and

students to run the clerkship smoothly by making necessary contacts with them. Since the opportunities of clinical practice outside the university increased after clinical clerkship began, we have clerical tasks such as mutual contact and paperwork. In addition, we handle problems and considerations occurred during the practice if needed. Particularly, we manage and support a student who has some problems, with the instruction department, a tutor, and the office for student assistance in the faculty of medicine.

Twice a year, we hold a meeting with teachers who are in charge of students’ clinical practice. In this meeting, we provide teachers feedback about comments from students’ questionnaires, and share the information and comments from teachers, and discuss the problems raised by them. Based on the discussion, we make a response or modification to improve clinical clerkship. On the other hand, we have an opportunity to discuss the present condition of clinical clerkship with students, and try to respond to comments from them.

# The International Research Center for Medical Education (IRCME)

## Director & Professor

Kazuhiko Yamamoto, M.D., Ph.D.

## Professor

Kiyoshi Kitamura, M.D., Ph.D.

## Lecturer

Hiroataka Onishi, M.D., M.H.P.E.

Daisuke Son, M.D., Ph.D., Ph.D.

**Homepage** <http://www.ircme.m.u-tokyo.ac.jp/>

## History and organization

International Research Center for Medical Education (IRCME), established in 2000, had functioned as a center for the whole university and kept relations with Graduate School of Medicine in various ways. IRCME became an affiliated center for education and research under the control of Graduate School of Medicine since April 2013. IRCME previously consisted of two departments of International Cooperative Study in Medical Education, and Planning & Cooperation for International Cooperative Projects and Information on Medical Education. Names of two new departments are Department of Medical Education Studies and Department of International Cooperation for Medical Education.

The mission of IRCME includes promotion of medical education not only in Faculty of Medicine of the University of Tokyo but also of the whole country, and international cooperation in medical education area in developing countries. Specific contents are as follows:

(1) Research in medical education and dissemination within and outside of the University

Medical and health professions education needs to continue revisions to meet health care needs of the country or the region. However, since every country

or region has different culture or social system, experiences to apply updated evidences to the real settings to revise the system.

(2) Research in international cooperation in medical education area

To find a generalizable methodology for international cooperation in medical education area we contribute to international cooperation for improvement of undergraduate and postgraduate education in the context of status quo of each developing country.

(3) Support to undergraduate and postgraduate education in the University

Through the support to education in Faculty of Medicine and Its University Hospital, we show the effective ness of such teaching practice and apply it to other medical schools in Japan for future reform.

## Activities of Each Department

### 1. Medical Education Studies

This department promotes research related to medical education field (including health professions education). As the studies of medical education develop very rapidly all over the world, the department expands research to construct theories and emphasizes activities of educational practice or improvement.



In the University, this department provides information and member(s) as to the education of Faculty of Medicine in such as academic affair committee, medical education reform working group, and clinical clerkship managers' meeting. Moreover, the department offers direct educational activities such as PBL (problem-based learning) and clinical skill practical training. Medical students are welcomed for free quarter for practical work for research. The department supervises CAT-OSCE (common achievement test-objective structured clinical examination) and gives advices from expert perspectives.

Medical education seminars of the University of Tokyo and basic courses of medical education are monthly held. The department also runs and manages "Tsutsuji no kai" under the consortium with Tokyo Medical Dental University to develop standardized patients indispensable for education of medical interview.

## **2. International Cooperation for Medical Education**

This department participates in international cooperation projects and practically works for the research and educational developments in medical education field, undergraduate and postgraduate education in medicine, dentistry, pharmacy, nursing, public health, rehabilitation, etc. in countries mainly in Asia. Furthermore, the department collects information and exchanges human relations for international cooperation in medical education areas domestically and internationally, and supports projects related to medical education.

IRCME invites international experts distinguished in medical education practices or research as visiting faculty members approximately six months per year. Such faculty advises and teaches for planning and implementing the activities of IRCME, and promotes collaborative research.

In 2013, we welcomed a visiting faculty: Dr. Mary Y. Lee (1 Oct 2014 – 27 Mar 2015), Professor of Medicine, Tufts University School of Medicine, Special Advisor for Education Innovation, Tufts Medical Center, Boston, USA

## **International Invited Faculty**

Dr. Malathi Srinivasan