




Microcirculación y Gasto Cardíaco.

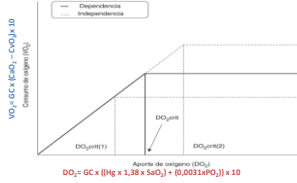
M. Idalia Sepúlveda


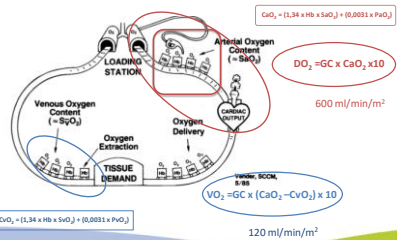
Consensus on circulatory shock and hemodynamic monitoring. Task force of the European Society of Intensive Care Medicine

"Falla circulatoria aguda, asociada a una mala utilización de oxígeno por las células. Situación en que hay una inadecuada DO_2/VO_2 , lo que conlleva a disfunción celular y pérdida de la compensación entre aporte y demanda de oxígeno, asociado a elevación de lactato".


PREMISA
HIPOTENSIÓN ≠ HIPOXIA
HIPOTENSIÓN ≠ SHOCK



Consensus on circulatory shock and hemodynamic monitoring. Task force of the European Society of Intensive Care Medicine.


120 ml/min/m²

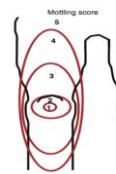


MONITOREO CLÍNICO DE PERFUSIÓN TISULAR.

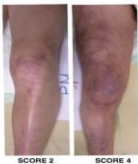
MÉTODO	VARIABLE	VENTAJA	LIMITACIONES
EVALUACIÓN CLÍNICA	Frialdad, llenado capilar	Sólo depende del examinador.	Interpretación difícil en shock distributivo.
GRADIENTE DE Tª CORPORAL	dTc-p dTp-a	Método validado para estimar variaciones dinámicas en el flujo sanguíneo de la piel.	Se requieren, al menos 2 sondas de Tª.
NIRS	StO ₂	Puede aplicarse para medir el flujo sanguíneo regional y el consumo de oxígeno.	Requiere software específico para mostrar las variables.
DIOMETRÍA TRANSCUTÁNEA	PtcO ₂ /PtcCO ₂	Medición directa no invasiva de la pCO ₂ tisular.	Necesidad de cambiar frecuentemente la posición del sensor.

H. Al-Oufella. Mottling score predicts survival in septic shock. Intensive Care Med (2011) 37:801-807

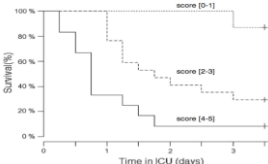




Mottling score




SCORE 2 SCORE 4

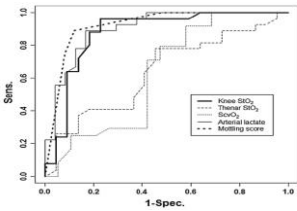


Survival (%)

Time in ICU (days)

H. Al-Oufella. Mottling score predicts survival in septic shock. Intensive Care Med (2011) 37:801-807






Survival (%)

1-Spec.

Knee StO₂ 87% (75-95)
Thenar StO₂ 64% (47-79)
ScvO₂ 63% (44-80)
Lactate 90% (82-98)
Mottling score 92% (85-100)



Mottling score

SCORE 2 SCORE 4

Al-Oufella et al. Knee area StO2 predicts mortality in septic shock. Intensive Care Med 2012;38:976-983

MONITOREO MARCADORES BIOQUÍMICOS.

LACTATO

Ciclo de Krebs

Ciclo de Cori

MONITOREO MARCADORES BIOQUÍMICOS.

SATURACIÓN VENOSA

Sat. Venosa Central SvO₂

v/s

Sat. Venosa Mixta Svo₂

Curr Opin Crit Care 12:263-268. © 2006

Sat. Venosa Central SvO₂

v/s

Sat. Venosa Mixta Svo₂

Curr Opin Crit Care 12:263-268. © 2006

Lactate Clearance vs Central Venous Oxygen Saturation as Goals of Early Sepsis Therapy
A Randomized Clinical Trial

Table 4. Administered Treatments and Resuscitation Goals

	No. (%) of Patients	<i>P</i> Value ^a
Intervention, h	Lactate Clearance Group (n = 150) Svo ₂ Group (n = 150)	
Crystalloid volume, mean (SD), L	4.5 (2.36) 4.3 (2.21)	.55
0-72	12.4 (8.15) 11.8 (8.41)	.44
Vasopressor administration	106 (72) 113 (75)	.80
0-72	100 (67) 108 (72)	.45
Dobutamine administration	5 (3) 8 (5)	.57
0-72	10 (7) 13 (9)	.86
PRBC transfusion	11 (7) 5 (3)	.20
0-72	35 (23) 31 (21)	.70
Mechanical ventilation	45 (31) 39 (26)	.90
0-72	69 (46) 75 (50)	.56
Activated protein C	0 0	
0-72	0 2 (1)	.88
Parenteral corticosteroids	18 (12) 28 (17)	.26
0-72	59 (39) 51 (34)	.40

A. Jones et al. Lactate Clearance vs Central Venous Oxygen Saturation as Goals of Early Sepsis Therapy. A Randomized Clinical Trial. JAMA, February 24, 2010—Vol 303, No. 8

Lactate Clearance vs Central Venous Oxygen Saturation as Goals of Early Sepsis Therapy
A Randomized Clinical Trial

Table 5. Hospital Mortality and Length of Stay

Variable	Lactate Clearance Group (n = 150)	Svo ₂ Group (n = 150)	Proportion Difference (95% Confidence Interval)	<i>P</i> Value ^b
In-hospital mortality, No. (%) ^a	25 (17)	34 (23)	6 (-3 to 15)	.75
Intent to treat	25 (17)	33 (22)	5 (-3 to 14)	
Length of stay, mean (SD), d				.60
Hospital	5.9 (3.48)	5.6 (7.39)		
ICU	11.4 (10.89)	12.1 (11.68)		
Hospital complications				.67
Ventilator-free days, mean (SD)	9.3 (10.31)	9.9 (11.09)		
Multiple organ failure, No. (%)	37 (25)	33 (22)		.68
Care withdrawn, No. (%)	14 (9)	23 (15)		.15

A. Jones et al. Lactate Clearance vs Central Venous Oxygen Saturation as Goals of Early Sepsis Therapy. A Randomized Clinical Trial. JAMA, February 24, 2010—Vol 303, No. 8

Normal flow

Low but homogenous flow

Heterogeneous flow

Heterogeneous flow + reduced total flow

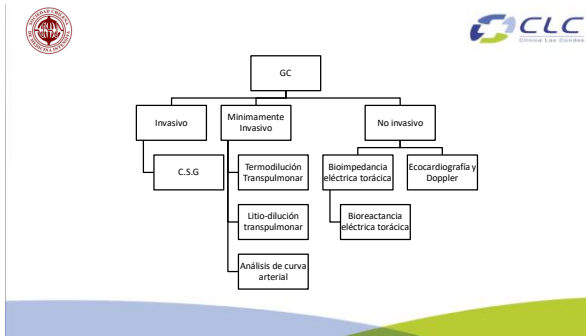
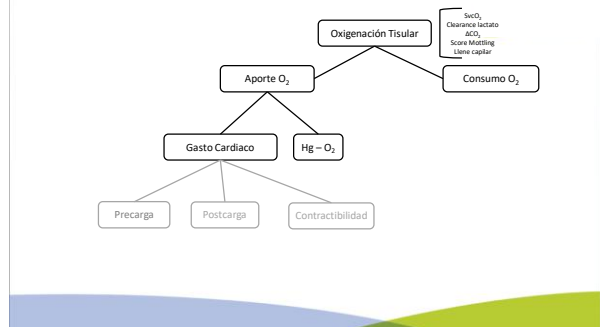
D. De Backer. Monitoring the microcirculation in the critically ill patient: current methods and future approaches. Intensive Care Med (2010) 36:1813-1825





**Medición del Gasto Cardíaco:
Device**

EU. Coordinadora Unidad de Estudios Clínicos, CLC
Project Manager ECMOed, Extracorporeal Life Support Organization
Secretaría, Directorio SOCHIMI




Gasto cardíaco


- Volumen de sangre eyectado por el corazón en un minuto

$GC = FC \times VS$

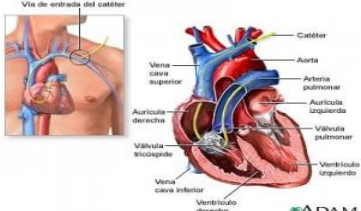
4 a 8 l/pm

$IC = GC/ASC$


2,5 a 4 l/min/m²



Catéter de arteria pulmonar



Via de entrada del catéter




CSG de GC intermitente

Edwards Swan-Ganz Catheter

Bolus Cardiac Output



Edwards Lifesciences





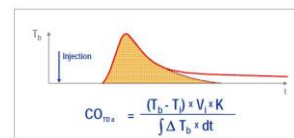
Puertos y funciones del CSG

Ubicación	Color	Función
Distal	Amarillo	Presiones de AP
Proximal	Azul	Presiones de AD, usado para la inyección de bolos
Válvula de compuerta de balón	Rojo	Jeringa usada para la instalación y medición de POAP
Conector del termistor	Amarillo	Mide la temperatura a 4 cm del extremo distal



Medición Gasto Cardíaco (GC):

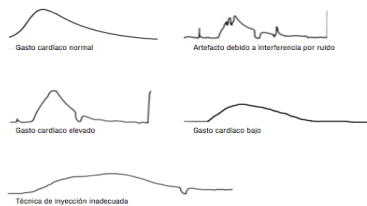
Ecuación modificada de Stewart-Hamilton



T_b = Blood temperature
 T_i = Injyectile temperature
 V_i = Injyectile volume
 $\int \Delta T_b \times dt$ = Area under the thermodilution curve
 K = Correction constant, made-up of specific weight and specific heat of blood and injectile

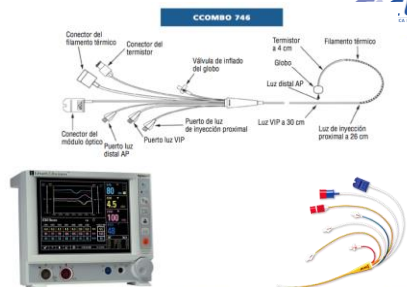
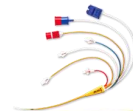


Curvas de termodilución



CSG de tecnología avanzada

- PAPP, PAPS, POAP
- SvmO2 continua
- GC continuo
- VTDVD
- RVS, IRVS
- FEVD, IVS, ITSVD
- Cálculo intermitente de DO2 y VO2



Edwards Swan-Ganz
CCOMbo Catheter
 Continuous Cardiac Output

Edwards Lifesciences



Perfiles hemodinámicos



	FC	PAM	PVC	POAP	RVS	GC
Shock Hipovolémico	↑	↓	↓	o N	↑	N ↓
Shock cardiogénico	—	↓	↑	↑	↑ ^o	↓
Shock Séptico	↑	↓	o N	o N	↓	↑
Shock anafiláctico	↑	↓	↓	N	↓	↑

EDITORIAL

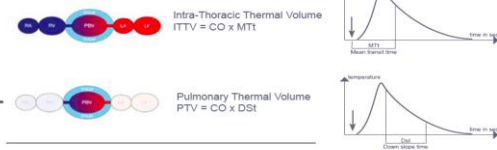
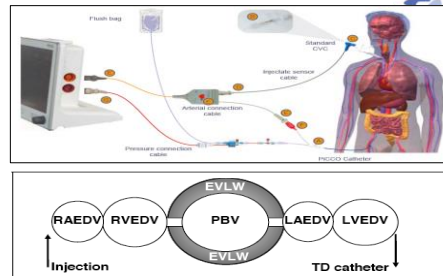
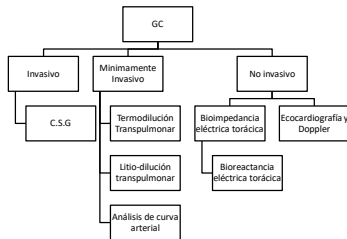
Is there still a place for the Swan-Ganz catheter? No

Jean-Louis Teboul¹*, Maurizio Cecconi² and Thomas W. L. Scheeren³

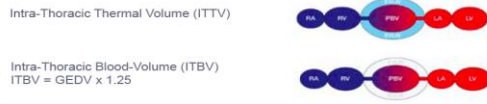
Table 1. Arguments for no longer using a pulmonary artery catheter

Intended purpose	Advantages	Disadvantages	Alternative methods
Assessment of cardiac output	Cardiac output measurement (thermodilution)	Invasiveness; no real-time cardiac output measurement even with continuous mode	Less or minimally invasive methods providing real-time cardiac output monitoring
Assessment of left heart function	Analysis of PAMV and cardiac output relationship (PAMV)	Invasiveness; other more accurate methods available	Echocardiography (LVOT flow)
Assessment of right heart function	Analysis of RVW and cardiac output relationship (RVW/PAMV ratio)	Invasiveness; other more accurate methods available	Echocardiography (RVAD/AV/EA, TRAP, SA)
Assessment of pulmonary artery pressure	Direct measurement	Invasiveness; other accurate methods available	Echocardiography
Assessment of volume status and fluid responsiveness	Analysis of SVV/PACV and their changes with fluid administration	Invasiveness; more accurate other methods available	Less or non-invasive methods providing similar responsiveness indices (PPV, SVV, etc.)
Assessment of pulmonary edema and its mechanism	PAOP	Invasiveness; more accurate other methods available	Transpulmonary thermodilution (EVLW and PBV)
Assessment of adequacy of perfusion	ScvO ₂ /VvO ₂	Invasiveness	Catheter with flow, skin monitoring (ScvO ₂ , P _{ti} -aO ₂), blood gases

Teboul, Cecconi, Scheeren. JCM 2018; 44:957-959



PTV = Pulmonary Thermal Volume; Volume in the biggest mixing chamber, i.e. the lungs (includes blood and water)
 ITTV = Intra-Thoracic Thermal Volume; The total volume in which the indicator can be distributed (chambers between point of injection and detection)
 CO = Cardiac output



Valores entregados.

Termodilución Transpulmonar:

- Gasto Cardíaco Intermitente
- Volumen global de fin de diástole (GEDV)
- Volumen de agua extrapulmonar (ELWI)
- Fracción de eyección (GEF)
- Índice de permeabilidad

Monitoreo Continuo:

- Gasto Cardíaco Continuo
- Volumen Sistólico
- Variación de Volumen Sistólico

CHEQUEO PREVIO:

- 1.- Test Snap
- 2.- Cero a la presión arterial
- 3.- Ingresar datos demográficos
- 4.- Preparación/administración del bolo correcto:
 - Volumen: 0,2 ml/kg, máximo 20 ml
 - Tª inyectado < 8°C
 - Inyección por lumen distal CVC
 - Velocidad inyección >2,5 ml/seg
- 5.- Observar calidad curva TPTD

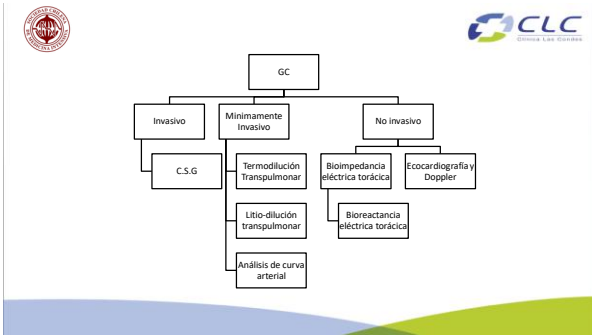
CORRECTA CURVA DE TDTP.

LIMITACIONES DE LA TDTP.

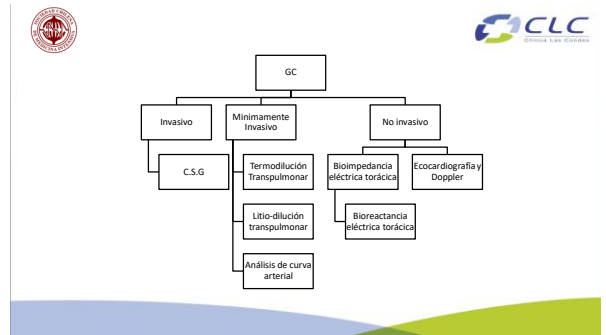
- Variaciones térmicas
- Tratamientos de depuración extracorpórea
- Shunt intracardiacos

Terapia de fluidos.

CI (l/min/m ²)	≤ 3,0				≥ 3,0			
	< 700	700-800	> 800	> 850	< 700	700-800	> 800	> 850
Valores calculados:								
GEDV (ml/m ²)	< 10	> 10	< 10	> 10	< 10	> 10	< 10	> 10
ITBI (ml/m ²)	< 10	> 10	< 10	> 10	< 10	> 10	< 10	> 10
ELWI (ml/kg)	< 10	> 10	< 10	> 10	< 10	> 10	< 10	> 10
Opciones de terapia:	V+?	V+? Cat?	Cat?	Cat? V-?	V+?	V+?	V-?	V-?
Valores objetivos:								
1. GEDV (ml/m ²)	> 700	700-800	> 700	700-800	> 700	700-800	> 700	700-800
o ITBI (ml/m ²)	> 850	850-1000	> 850	850-1000	> 850	850-1000	> 850	850-1000
2. Optimizar SVV (%)**	< 10	< 10	< 10	< 10	< 10	< 10	< 10	< 10
GEF (%)	> 25	> 30	> 25	> 30	> 25	> 30	> 25	> 30
o CFI (l/min)	> 4,5	> 5,5	> 4,5	> 5,5	> 4,5	> 5,5	> 4,5	> 5,5
ELWI (ml/kg)	≤ 10	≤ 10	≤ 10	≤ 10	≤ 10	≤ 10	≤ 10	≤ 10



R. Pezaris, K. Alram. Equipment review: An appraisal of the LIDCO/plus method of measuring cardiac output. *Critical Care* 2004, 8:150-155



Esquema de métodos de análisis de curva :

SISTEMA	FloTrac	PICCO/VOLUME View	LIDCO	PRAM
ANÁLISIS CURVA	2000 puntos de la curva	Porción sistólica de la curva	Método RMS	Área debajo de la curva
PARÁMETROS	GC, VS, VVS	GC, VS, VVS, GEDV, ELWI		VVS, VPP
VENTAJAS	Fácil de usar	Más robusto en pctes inestables.		
DESVENTAJAS	No fiable en pctes con vasoplejía		Requiere litio	Poco validado

P. Mark. Noninvasive Cardiac Output Monitors: A State-of-the-Art Review. *J. Cardiothoracic and Vascular Anesthesia*, 2013;H5E3-H5E9, 2007



Vigileo/Sistema Flotrac

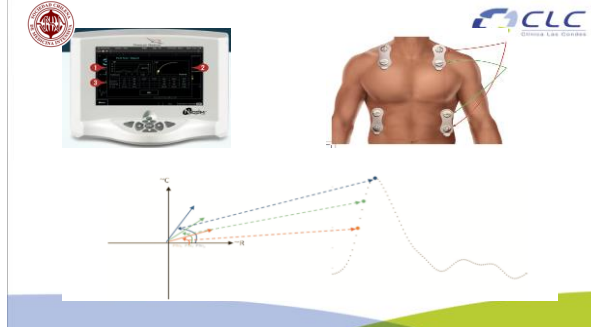
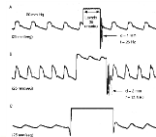
- Sistema de monitorización mínimamente invasiva
- La presión de pulso es proporcional al VS e inversamente proporcional a la distensibilidad aórtica
- Calcula el GC en base al análisis de la onda de pulso arterial

Parámetros hemodinámicos

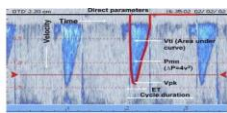
Parámetro	Rango normal
VS	60-100 ml/latido
IVS	33-47 ml/m ² /latido
VVS	10-15%
RVS	800-1200 dina-s/cm ⁵
ITSVI	8-10 g/m ²

Limitaciones:

- Pacientes obesos
- Precisa validación en pacientes con RVS disminuidas
- No debe haber amortiguación en la onda y cero correcto
- No validados en pacientes con asistencia ventricular o BCIA
- Limitado en injurgitación aórtica

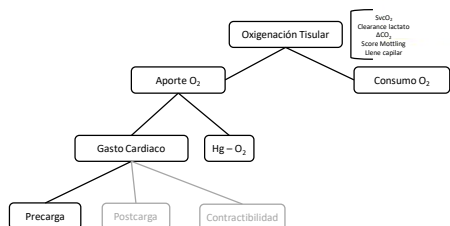


USCOM:ultrasound cardiac output monitor



Predictores dinámicos

M. Idalia Sepúlveda



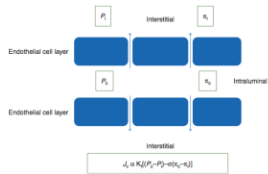
Terapia de fluidos.



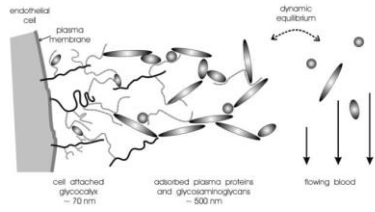
- El objetivo es la optimización de la precarga.
- El incremento de la precarga lleva a un incremento en el gasto cardíaco (GC), dentro de unos límites (Ley Frank-Starling).
- Sólo el 50% de los pacientes en UCI responden a expansión de volumen, con aumento del GC.

Michard, Chest 2002;121:2000-2008

Desde el endotelio ... ?



Pries, Secomb. The endothelial surface layer. Eur J Physiol (2000) 440:653-666.



Pries, Secomb. The endothelial surface layer. Eur J Physiol (2000) 440:653-666.

Infographic titled "Fluid Balance" showing various clinical conditions and their effects on fluid balance. It includes categories like Pulmonary edema, Hepatic congestion, Acute formation, Tissue edema, and Renal interstitial edema.

Malbrain et al. Ann. Intensive Care (2018) 8:56

CHEST Special Feature

Does Central Venous Pressure Predict Fluid Responsiveness?*

A Systematic Review of the Literature and the Tale of Seven Mares

Paul E. Marik, MD, FCCP, Michael Baram, MD, FCCP, and Bobbaq Yabid, MD

Scatter plot showing the relationship between ΔCVP (Y-axis) and ΔSV (X-axis). The plot shows a positive correlation between the two variables.

Society of Critical Care Anesthesiologists

Perioperative Fluid Management Strategies in Major Surgery: A Stratified Meta-Analysis

Section Editor: Michael J. Murray

Grupo con manejo liberal v/s guiado por metas.

- Aumento días de hospitalización (MD 4 días, 95% CI 3.4 a 4.4)
- Aumento de neumonía (RRR 3, 95% CI 1.8 a 4.8).
- Aumento en la mortalidad (RRR 2, 95% CI 0.6 to 6.5)
- Aumento falla renal (RRR 0.8, 95% CI 0.2 to 3.2).

Concannon T, Rhodes JG, Clarke S, Myles PS, Ho KM. Perioperative Fluid Management Strategies in Major Surgery: A Stratified Meta-Analysis. Anesth Analg. 2012 Mar 1;114(3):640-51.

Parámetros Estáticos:

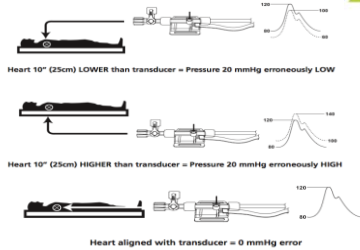
- Presiones de Llenado:
 - Presión Venosa Central (PVC)
 - Presión Oclusión Arteria Pulmonar (POAP)
- Volumétricos:
 - Volumen global de fin de diástole (GEDV)
 - Volumen teleelástico del Ventrículo derecho

Parámetros Dinámicos:

- Variación de Presión de Pulso
- Variación de Volumen Sistólico
- Variación de Presión de Pulso en Test de oclusión
- Levantamiento pasivo de extremidades
- Variación de Presión de Pulso en Test de Valsalva

Casetti A, Cecconi M, Rhodes A. Fluid bolus therapy, monitoring and predicting fluid responsiveness. Current Opinion in Critical Care. 2015;Oct;21(5):388-94.

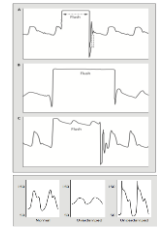
CONSIDERACIONES BÁSICAS .



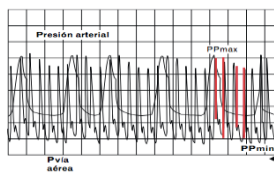
CONSIDERACIONES BÁSICAS .



Observar curva de presión arterial y test de snap.



P. Sist máx: 150 - P. Diast máx: 98 = Presión Pulso máx: 52



$$VPP: \frac{(Pp_{max} - Pp_{min}) \times 100}{PP \text{ promedio}}$$

$$VPP: \frac{[52 - 50] \times 100}{(52 + 50) / 2}$$

VPP: 4%



P. Sist mín: 140 - P. Diast mín: 90 = Presión Pulso mín: 50

¿ CÓMO OBTENER LOS VALORES ?
Sistema Flotrac/Vigileo



Hypovolemia

Arterial Pressure Tracing

18 SVV (%)

Inspiration

Relation between Respiratory Changes in Arterial Pulse Pressure and Fluid Responsiveness in Septic Patients with Acute Circulatory Failure

FRÉDÉRIC RICHARD, SANDRINE BOUSSAT, DENIS CHEMLA, MADJA ANQUEL, ALAN MERCIAT, YVES LECARPENTIER, CHRISTIAN RICHARD, MICHAEL R. PROBY, and JEAN-LOUIS TEBOUT.

Am J Respir Crit Care Med 2000

Michael et al. *Critical Care* (2016) 19(4) DOI 10.1186/s13054-016-1089-z

EDITORIAL Open Access

Applicability of pulse pressure variation: how many shades of grey?

Frédéric Richard¹, Denis Chemla² and Jean-Louis Tebout³

Limitations	Mechanisms for failure	Type of error
1. Spontaneous breathing activity	Regular variations in intrathoracic pressure and thus the variation in stroke volume cannot correlate with preload dependency	False positive (may occasionally be false negative depending on the type of breathing)
2. Cardiac arrhythmias	The variation in stroke volume is related more to the irregularity in diastole than to the beat-by-beat variations	False positive
3. Mechanical ventilation using low tidal volume (4-ml/kg)	The small variations in intrathoracic pressure due to the low tidal volume are insufficient to produce significant changes in the intrathoracic pressure	False negative
4. Low lung compliance	The transmission of changes in alveolar pressure to the intrathoracic structures is attenuated	False negative
5. Open thorax	No change in intrathoracic pressure during the respiratory cycle	False negative
6. Increased intra-abdominal pressure	Threshold values of PPV will be elevated	False positive
7. Low RR/HR ratio (<3) below tachycardia or high frequency ventilation	If the RR is very high, the number of cardiac cycles per respiratory cycle may be too low to allow variation in stroke volume	False negative

RR: heart rate; HR: respiratory rate

Monnet et al. *Ann. Intensive Care* (2016) 6:111

Levantamiento pasivo de extremidades

Paso 1: GC: 3,5 lpm VS: 44 ml

Paso 2: GC: 4 lpm VS: 50 ml

Respuesta: ↑14%

Passive leg raising: five rules, not a drop of fluid!

Xavier Monnet^{1,2} and Jean-Louis Tebout³

Monnet. *Critical Care*, 2015, 19(1), 18.

RESEARCH Open Access

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The passive leg raising test to guide fluid removal in critically ill patients

Xavier Monnet^{1,2*}, Nilsa Cipriani³, Laurent Carroux^{1,3}, Pierre Semenza^{1,3}, Martin Drey^{1,3}, Egehan Karadere^{1,3}, Neela Argaal^{1,3}, Christian Richard^{1,3} and Jean-Louis Teboul^{1,3}

Fig. 2 Changes in cardiac index induced by passive leg raising (PLR) in patients with and without intracranial hypertension. *p < 0.05 versus patients with intracranial hypertension.

Fig. 3 Relation between SV and SVV. SVV is a reliable predictor of SV in patients with and without intracranial hypertension. *p < 0.05 versus patients without intracranial hypertension.

Monnet et al. *Ann. Intensive Care* (2016) 6:46

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Surviving Sepsis Campaign

BUNDLES

TABLE 1
DOCUMENT REASSESSMENT OF VOLUME STATUS AND TISSUE PERFUSION WITH:

EITHER:

- Repeat focused exam (after initial fluid resuscitation) including vital signs, cardiopulmonary, capillary refill, pulse, and skin findings.

OR TWO OF THE FOLLOWING:

- Measure CVP;
- Measure SvO₂;
- Perform bedside cardiovascular ultrasound.
- Perform dynamic assessment of fluid responsiveness with passive leg raise or fluid challenge.

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REVIEW Open Access

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Use of 'tidal volume challenge' to improve the reliability of pulse pressure variation

Sheela Nairan Myatra¹, Xavier Monnet² and Jean-Louis Teboul²

$\Delta PPV_{6-8} > 15\%$

Myatra et al. *Critical Care* (2017) 21:60

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The Changes in Pulse Pressure Variation or Stroke Volume Variation After a "Tidal Volume Challenge" Reliably Predict Fluid Responsiveness During Low Tidal Volume Ventilation*

Sheela Nairan Myatra, MD, FCCM¹; Nandh R. Prabh, MD, DM¹; Jignesh Vaidhisha Dhorat, MD, FCCM¹; Xavier Monnet, MD, PhD²; Anil Prabhakar Kulkarni, MD, FCCM¹; Jean-Louis Teboul, MD, PhD²

Crit Care Med 2017; 45:415-421

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Predictive values of pulse pressure variation and stroke volume variation for fluid responsiveness in patients with pneumoperitoneum

Mariko Okano¹, Shinya Nomura-Ishikawa², Akih Higashi², Akitsugu Casono²

Fig. 3 Receiver operating characteristic (ROC) curves for PPV and SVV

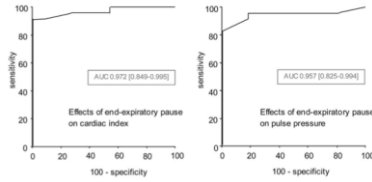
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End-expiratory occlusion test: EEO test

Fig. 7.4 End-expiratory occlusion test: blood pressure rises following a 15 s expiratory occlusion test in fluid responsive patients. BP blood pressure in mmHg, Paw airway pressure in cmH₂O

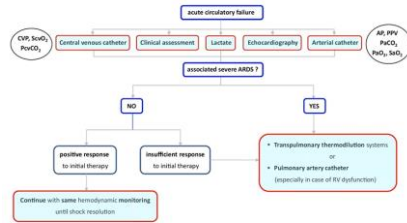


Predicting volume responsiveness by using the end-expiratory occlusion in mechanically ventilated intensive care unit patients



Monnet et al. Crit Care Med 2009 vol. 37, 3

How to choose?



Teboul JL et al ICM 2016



Conclusiones:



- Definir condiciones preliminares:
 - Conocer sus monitores
 - Confiabilidad de la Presión arterial invasiva
 - Condiciones del paciente: L I M I T S
- Integración de los parámetros en la toma de decisiones.
- Equipo alineado: quienes, cuando, como y que medimos ...
- No olvidar que queremos:
 - Mejorar la volemia?
 - Corregir la hipoxia tisular?



Preguntas ...