

**CODE
LIFE**.CA

THE MONTREAL
GENERAL
HOSPITAL
FOUNDATION



**THANK YOU
FOR PROVIDING
VITAL SUPPORT
FOR VITAL CARE**

ANNUAL REPORT
2018-2019



**A WORD FROM OUR CHAIRMAN
AND PRESIDENT**

OUR

FUTU

TIME TO SHAPE OUR FUTURE

The Montreal General Hospital (MGH) has been a crucial part of our community for close to 200 years. From the time of its founding, our hospital's mission has been to provide quality, compassionate care and a place for teaching and research aimed at advancing medicine here in Montreal.

With the 200th anniversary of MGH just around the corner, the time is ripe to update the vital care provided within our institution's walls. Our current site was built in the 1950s to meet the needs of the day, needs which have evolved considerably since that time.

Our facilities urgently need to be modernized. To make that happen, the MGH Foundation is pleased to support the modernization initiative led by the McGill University Health Centre (MUHC) and the Government of Québec which has agreed to invest \$300 million in a new pavilion to house the MGH's Emergency Department, Medical Device Reprocessing Unit and a new suite of operating rooms.

Our community has always formed the backbone of the Montreal General Hospital. Over the years, partner foundations as well as donors and their families have invested time, money and experience to shape Québec health care for the wellbeing of the entire population. It is in this spirit that we officially launched our CODE LiFE Campaign, an appeal to the broader community to contribute to forging the MGH of tomorrow.

Hospital Foundations like ours, and, by extension, the community we represent, have the power to build bridges between medical research and public policy by supporting innovative projects which, once proven successful, can be deployed on a larger scale in our public health system.

The massive investment in the modernization of the MGH announced in July 2018 and which is now in the planning stage represents a good example. Advocacy by our Foundation played a key role in developing an agreement with the Government which combines public and philanthropic funding. We firmly believe that by working together to achieve a shared objective, we can maintain our health system's remarkable vitality.

The time has come for us to shape our future. Let us provide our medical staff and all patients with the support, cutting-edge equipment and environment necessary to define vital care in the 21st century.

On behalf of all our patients, their families, as well as our medical teams and hospital staff, we thank you sincerely for your generosity.



A handwritten signature in black ink, appearing to read 'AM'.

ANDREW MOLSON
CHAIRMAN OF THE BOARD



A handwritten signature in black ink, appearing to read 'Jean-Guy Gourdeau'.

JEAN-GUY GOURDEAU
PRESIDENT AND CEO

RE



HOWARD DAVIDSON →

President
R. Howard Webster Foundation

“

It is important that philanthropic investments be used first and foremost to fund excellence and innovation in medicine and patient care. Infrastructure maintenance represents a heavy burden for which the government is primarily responsible, but by joining forces, we can ensure that our investments enjoy a greater impact. We hope this new collaborative approach between government and philanthropy will prove successful and help maintain the exceptional quality of our health care system.”

AN EXCITING ANNOUNCEMENT

In July 2018, the Minister of Health and Social Services announced that the Québec Government is gearing up to invest \$300 million to renovate and expand the Montreal General Hospital. The study phase of the project is now underway. This \$300 million modernization project will see the construction of a new pavilion to house our operating rooms, Emergency Department and Medical Device Reprocessing Unit.

In announcing this support, the government acknowledged the essential role played by the MGH in the provincial health system — and rightly so, since the MGH, solidly rooted in the community, provides vital care for impressive numbers of people each year.

\$300 M

to modernize the operating rooms, the Emergency Department and the Medical Device Reprocessing Unit at the MGH.

For 2018 the MGH recorded close to 9,500 surgical procedures and more than 35,500 visits to the Emergency Department. However, with our current facilities, the MGH finds it increasingly difficult to satisfy the needs of patients and medical staff. Built in the 1950s to meet the standards of the time, our operating rooms require a major upgrade.

To complement the government’s investment and enable the hospital to attain the highest levels of patient care, research and medical expertise, **the MGH Foundation has pledged up to \$30 million for this modernization project.**

This investment is a major priority of our CODE LiFE Campaign, launched in November 2018, through which we endeavour to raise \$100 million by 2021.



DR PIERRE GFELLER →
President and Executive
Director, MUHC

“The Montreal General Hospital contributes immeasurably to the success of the McGill University Health Centre as a leading academic health facility, both within the McGill Academic Health Network and as a pillar of Québec’s health care network. It is therefore essential that we equip our health care teams and researchers with modern facilities in which they can pursue their life-saving work. In raising vital funds for vital care, the CODE LiFE Campaign will ready the Montreal General Hospital for the future.”



PETER KRUYT →
Chairman of the Board of
Directors, MUHC

“For nearly 200 years, the Montreal General Hospital has remained a notable component of the Montreal landscape. Over the years, the hospital’s leaders have helped shape medical history, with provincial, national and international firsts. These milestones naturally represent sources of immense pride, but one must understand that health care is constantly evolving and a hospital’s strength lies in its ongoing capacity to pursue excellence. The McGill University Health Centre thanks donors for providing vital support to the MGH by giving generously to the CODE LiFE Campaign.”

CODE LIFE CAMPAIGN TARGET

\$100 M

FOR VITAL CARE

\$50 M

to create the best hospital environment for our patients and medical teams by funding the construction of new facilities and the modernization of current spaces



\$50 M

to help our teams provide patients with innovative trauma, mental health, surgical and medical care, and to support new research projects

We're confident to reach our target of \$100 million by 2021. But to get there...

WE NEED YOU!

CODE LIFE: A CALL TO ACTION TO SUPPORT VITAL CARE

In November 2018, the Montreal General Hospital Foundation officially launched the CODE LiFE Campaign which aims to raise \$100 million by the time of the hospital's 200th anniversary in 2021.

CODE LiFE represents the pledge by the Montreal General Hospital Foundation to support vital care for the community at large. This pledge acknowledges that life is precious and demonstrates the MGH Foundation's mission to protect, heal and save lives at the Montreal General Hospital and across the McGill University Health Centre network.

CODE LiFE draws on the medical jargon used to alert hospital staff to emergency situations that require swift, coordinated, expert intervention.

In a context marked by an aging population and continuous improvements in standards of care, we seek to offer our community vital care adapted to today's reality. To achieve this, we must be able to provide our medical teams with the resources and facilities consistent with the leading-edge care that they deliver and the innovative research projects in which they engage.

OUR CAMPAIGN CABINET

To reach the target of \$100 million in three years, the Foundation counts upon the support of an experienced and dedicated campaign cabinet co-chaired by André Desmarais, France Chrétien-Desmarais, Andrew Molson and David McAusland, and comprised of Gregory Charles, Caroline Néron, Yvan Cournoyer, François-Xavier Seigneur, Vincenzo Ciampi, Kim Anderson, Jacques Chamberlain, Mark Smith, Gail Jarislawsky, Richard Cherney and Brenda Gewurz.



The CODE LiFE Campaign Cabinet

AMBASSADOR

— ” —

It is important for me to get involved and give back to others. It is part and parcel of my philosophy. My father worked at the Montreal General Hospital for many years, and I even received treatment there on occasion. It is true that life can sometimes take an unexpected turn. We all have our personal experiences or those of loved ones, and it is at times such as these that we realize just how important hospital care is, not to mention the critical needs that must be met. Like me, you can support life by donating to the CODE LiFE Campaign.

GREGORY CHARLES

Performer and **CODE LiFE** Campaign Ambassador

A POWERFUL ADVERTISING CAMPAIGN



**A REACH OF OVER
3 MILLION
PEOPLE**

An accident or a diagnosis can change a person's life dramatically in the blink of an eye. This is when our medical teams come into play.

When we launched our TV and Web advertising campaign in the fall of 2018, we sought to stress our commitment to the community and capture the attention of the vast numbers of individuals served by our trauma centre and ultra-specialized clinics. Our messages reached over three million people and sent a powerful reminder to the community of the importance of the Montreal General Hospital to Québec's health care system.

When life takes a turn, our medical teams are there for you. Thank you for helping us provide vital support for vital care.

Codelife.ca/campaign




**AWARENESS IS THE FIRST STEP TOWARDS
CHANGE. I'M PROUD TO SERVE AS AN
AMBASSADOR IN OUR LOCAL COMMUNITY TO
SHINE A LIGHT ON ALL THAT THE MGH DOES TO
SAVE LIVES. I BELIEVE THAT, TOGETHER, WE CAN
MAKE A DIFFERENCE AND HELP OUR MEDICAL
TEAMS PUSH THE BOUNDARIES OF MEDICINE SO
THAT THEY ARE ABLE TO PROVIDE EXCEPTIONAL
PATIENT CARE FOR ALL.**

SI CHEN

Manager, Payment Solutions, Birks Group Inc
and **CODE LIFE** Leader

As part of this campaign, the Foundation has also appointed **CODE LIFE** Leaders – dedicated volunteers who serve as community ambassadors and who are committed to supporting the Montreal General Hospital's priority programs and key initiatives.

TO MEET THEM:
codelife.ca/leaders



**TOGETHER, WE CAN
HELP OUR MEDICAL
TEAMS PUSH THE
BOUNDARIES OF
MEDICINE**

SI CHEN
CODE LiFE Leader

THE MONTREAL GENERAL HOSPITAL IS HERE TO STAY

DISPENSING CARE TO PATIENTS FROM ACROSS QUÉBEC

The Montreal General Hospital plays a crucial role in Montreal and has been providing care to our community for close to 200 years. Today, thanks to our medical team's versatility and competence, the MGH serves an even broader base of individuals. Indeed, our trauma centre and specialized clinics dispense care to patients from across Québec.

Our hospital's multidisciplinary teams consult with one another regularly to guarantee that our patients receive the best possible care.

THE MONTREAL GENERAL HOSPITAL AT A GLANCE

VITAL CARE FOR OUR COMMUNITY

SURGERY	MEDICINE	MENTAL HEALTH	RESEARCH
TRAUMA	EMERGENCY	EMERGENCY	RESEARCH INSTITUTE OF MUHC
THORACIC SURGERY	INTERNAL MEDICINE	PSYCHIATRY	BRAIN REPAIR AND INTEGRATED NEUROSCIENCE
ORTHOPAEDIC SURGERY	GASTROENTEROLOGY	PSYCHOLOGY	CENTRE FOR OUTCOMES RESEARCH AND EVALUATION
NEUROSURGERY	ALLERGY AND IMMUNOLOGY		CLINICAL INNOVATION PLATFORM
GENERAL SURGERY	CARDIOLOGY		CENTRE FOR INNOVATIVE MEDICINE
PLASTIC SURGERY	DERMATOLOGY		
DENTISTRY, ORAL AND MAXILLOFACIAL SURGERY	RHEUMATOLOGY		
COLORECTAL SURGERY	GERIATRICS		
BARIATRIC SURGERY	HEMATOLOGY		
OPHTHALMOLOGY	NEPHROLOGY		
ANESTHESIOLOGY	NEUROLOGY		
PERI OPERATIVE PROGRAM			



SAVE LIVES

**NONE OF THIS
WOULD HAVE BEEN
POSSIBLE WITHOUT
YOUR SUPPORT**

DR. ANDREW BECKETT
AND NURSE JEANESSE BOURGEOIS

DR. ANDREW BECKETT →

Trauma surgeon, ICU physician and instigator of the first REBOA program in Canada

REBOA “Resuscitative Endovascular Balloon Occlusion of the Aorta” is a technique used in trauma for patients that are rapidly bleeding to death from injuries to their chest, abdomen or pelvis.



In trauma, everything is a question of time: how soon patients arrive after their accident, and how fast we assess them and treat their injuries. In 2018, we launched the REBOA program to test the use of new catheters designed to stop massive haemorrhaging. Within just a few months, we were able to save the lives of seven patients thanks to this device and the training provided to our medical team members. None of this would have been possible without the support of the Foundation and our community. Thank you!



24/7 365

Our province is home to three tertiary adult trauma centres which treat patients with serious, complex injuries. One of these three facilities, the **Dr. David S. Mulder Trauma Centre at the Montreal General Hospital**, covers the entire metropolitan area south of Highway 40, extending to the South Shore and Montérégie regions, as well as to Cree and Inuit communities of Northern Québec – all told, a territory with a population of over two million. Every year, the Centre treats over 10,000 victims of road accidents (drivers, passengers, cyclists and pedestrians), falls and violent crimes.

**10,000
TRAUMA VICTIMS**

AN AVERAGE OF 100 EMERGENCY PATIENTS A DAY

Given the central, downtown location of the MGH Emergency Department and the expertise of the Dr. David S. Mulder Trauma Centre staff and surgeons and the dedicated MGH Psychiatric Emergency Unit, the hospital is called on to treat a diversity of complex cases. **The Emergency Department receives over 35,500 patients each year and refers them to the most appropriate resources.**

CENTRE FOR GLOBAL SURGERY: FACILITATING ASSISTANCE IN CANADA AND ABROAD

In a growing number of developing countries as well as in remote regions of Northern Québec, our trauma experts work actively to share their knowledge in an effort to reduce injuries and mortality rates. To achieve this, they have developed education, research and multidisciplinary exchange programs to help developing nations to set up trauma systems which, as they have in Québec, can drastically reduce mortality rates, by concentrating expertise where it is most needed.

To date, programs have been initiated in Haiti, Nepal, Ukraine and in 32 African nations, mostly thanks to alliances forged with the World Health Organization, the Red Cross and Red Crescent, as well as local universities, hospitals and governments.



**GREAT CARE
DELIVERED BY
QUALITY TEAMS**

DR. GREG BERRY, FRANÇOIS-XAVIER SEIGNEUR
AND DR. MICHAEL WEBER

FRANÇOIS-XAVIER SEIGNEUR →

patient and member of the
CODE LIFE Campaign Cabinet



In August 2017, I was in a bike accident on Mount Royal. I suffered serious spinal injuries, and the consequences could have been catastrophic. The quality of care I received at the Montreal General Hospital meant that I was able to regain my mobility and get back on my feet with minimal lasting effects. The following year, friends of mine held an event to celebrate my return to an active life, and I insisted that a large part of the funds raised be donated to the Montreal General Hospital's Orthopaedic Surgery Clinic. My involvement in the Foundation has grown ever since then because I want patients like me to receive state-of-the-art care in a high-quality environment.



LEADING-EDGE SURGERY

Whenever possible, surgical teams at the Montreal General Hospital use minimally invasive surgical techniques, which limit the negative effects of surgery itself and thus enable patients to return more quickly to their normal activities. The MGH is a tertiary and quaternary care hospital. Patients with the most complex cases are referred to our surgeons, who, more often than not, represent their last hope for treatment. **Some outsiders view these cases as hopeless. We see them as incredible challenges and opportunities for our teams to save lives.**

ORTHOPAEDICS

All of the McGill University Health Centre's orthopaedic resources are based at the MGH. Here our teams handle between 150 and 200 new consultations each week. The department is a leader in **bone regrowth, hip and knee replacement, as well as sport and spine surgery**. Because of the MGH's trauma care mission, the department is also called upon to treat complex and isolated fractures among patients who have suffered multiple traumas. With its expertise in **sports surgery**, it attracts elite athletes at the varsity, national and professional levels for care and follow-ups.

The department also manages Québec's leading program for the **treatment of sarcoma**, a rare and complex tumour that develops in muscles, nerves, blood vessels as well as fatty and subcutaneous tissue.

ORAL AND MAXILLOFACIAL SURGERY

The Dentistry and Oral and Maxillofacial Surgery (OMFS) Clinic, based at the MGH, is a globally recognized Centre of Excellence in clinical care, teaching and research. The clinical team has developed specialty programs for the treatment and diagnosis of oral cancer, comprehensive facial trauma, complex facial reconstruction and for the care for special needs patients. Team members perform hundreds of mouth, jaw and facial reconstructive surgeries each year on patients affected by congenital or traumatic abnormalities.

PLASTIC SURGERY

The Division of Plastic Surgery specializes in microsurgery and reconstruction. Patients treated by the surgical team include women with breast cancer in need of breast reconstruction surgery and people with major hand, face and limb injuries. They also treat large numbers of trauma victims, helping them regain motor function, dexterity and self-confidence.

9,500
SURGERIES

SUPPORT

ESTABLISH A WORLD CLASS RESEARCH CENTRE

DR. LORENZO FERRI, ALONGSIDE
LAWRENCE VATCH, EVELYN WAJGER AND
THEIR CHILDREN MITCHELL AND LISA



EVELYN WAJECER AND
LAWRENCE VATCH →

Donors, **CODE LiFE** Campaign

THORACIC SURGERY

A recognized Centre of Excellence in Québec, the Division of Thoracic Surgery handles the most complex cases of lung, stomach and oesophageal cancers from across the province. The division team works

closely with hospitals province-wide, including the Jewish General Hospital, St Mary's Hospital, Lakeshore General Hospital, Verdun Hospital, Gatineau Hospital, the Centre hospitalier de l'Université de Sherbrooke (CHUS) and the Centre hospitalier universitaire de Québec (CHUQ). Our thoracic surgeons were the first in North America to use an incisionless technique to treat early-stage oesophageal cancer. Leading-edge equipment such as specialized gastroscopes and bronchoscopes as well as an ultrasound machine provide for the immediate assessment of tumours and provision of personalized cancer care for patients.

For many years, generous support from our donors has allowed the Division of Thoracic Surgery to push the boundaries of medicine and enhance treatments for patients with lung, oesophageal and stomach cancers. These cancers remain some of the most fatal forms of the disease.

“

Our son Mitchell, who suffers from an esophageal disease, has been treated at the MGH for many years. We wanted to help support research in this field which is why we collaborated with MGH Foundation to establish a world-class research centre here in Montreal. Under the direction of Dr. Lorenzo Ferri, the team at the Wajcer Vatch Laboratory pursues research with a view to developing personalized medical treatments for patients suffering from both malignant and benign oesophageal diseases.”

REDUCING THE SEQUELAE OF SURGERY

The purpose of surgery is to provide an effective, lasting solution to a specific problem. Unfortunately, for many patients, it can take a number of months before achieving a positive outcome and being able to get back to normal.

Our surgical teams make it a priority to get our patients back to the best possible quality of life as quickly as possible. They also focus on assisting patients in avoiding the significant pain and fatigue that often follow in the wake of surgery.

To achieve these goals, our surgeons use minimally invasive procedures whenever possible, making small incisions and using long telescopic instruments. Although such surgical procedures can take longer, these techniques help reduce patient suffering significantly. All told, they improve surgical outcomes, shorten hospital stays, diminish complications and decrease the frequency of

subsequent trips to the emergency department or the clinic.

Thanks to the generosity of our donors, the MGH Foundation also supports **Enhanced Recovery After Surgery (ERAS)**. With ERAS, surgeons, anesthesiologists, medical consultants, nutritionists, nurses, physical therapists and psychologists work together to support patients throughout the entire trajectory of care, from the initial decision to undergo surgery through to full recovery, following guidelines and protocols which have been proven objectively to result in the best outcomes. Crucially, when everyone works together, not only do outcomes improve, but the patients are empowered to become active participants in their journey of care.

One out of every five persons will experience mental illness in their lifetime. Despite this statistic, there remains a stigma which amplifies the devastating impact on patients and their families. However, thanks to multiple treatment options and specialized programs, recovery is possible.

Thanks to support from the community and the Bell Let's Talk initiative, more and more people like Steve, whose depression resists traditional treatments, enjoy access to a neuromodulation technique that aids in overcoming intense episodes of depression. To facilitate the continuum of services for patients, the Mental Health Mission, comprising psychiatric and psychological services, brings together numerous mental health programs and initiatives under a single umbrella to deploy them in synergy and provide quality, optimized care at the MGH.

**THE MENTAL HEALTH MISSION:
NUMBERS SPEAK FOR
THEMSELVES**

45,000
outpatients

500
inpatients

3,000
psychiatric emergency consultations

1,500
clinical consultations and
follow-ups with inpatients

“

If my experience has taught me anything, it is that depression comes in many shapes and sizes, and that everyone deals with it differently. It is comforting to know that I am being helped with the latest technology in the field of mental health. As a result of these treatments and my personal desire to get the most out of life, I am doing better and making progress almost every day.”

↑ STEVE

Patient of the Mental Health Mission,
Neuromodulation Unit

MANY SERVICES SUPPORTED THANKS TO YOU!

ADDICTIONS PROGRAM

The only English-language service of its kind in Québec, the program provides a continuum of care for adults with alcohol or drug addiction and mental health disorders.

MCGILL UNIVERSITY SEXUAL IDENTITY CENTRE (MUSIC)

In addition to providing specialized mental health care for individuals, couples and families with sexual orientation or gender issues, MUSIC encourages research, advocacy, education and outreach on the detrimental effects of homophobia and transphobia.

MUSIC THERAPY

This type of therapy improves mental health through creative expression, songwriting and the playing of musical instruments.

RECOVERY TRANSITION PROGRAM

This mentoring program pairs Mental Health patients with individuals having dealt with similar problems but who are now equipped to provide guidance and support when patients return home after a stay in the hospital.

NEUROMODULATION UNIT

Using repetitive transcranial magnetic stimulation, the team at this highly specialized unit stimulates certain areas of the brain to assist patients in overcoming severe depression.



THE RIGHT TOOLS TO FIGHT DEPRESSION

**DR. MICHAELA BARBAROSIE
AND STEVE**



**MY FAMILY
HAS ALWAYS
SUPPORTED THE
LUPUS CLINIC**

WENDY, HER PARENTS, RITA AND RONALD
SINGER, AND DR. CHRISTIAN PINEAU

“Since the age of 21, I have been living with Lupus, a chronic autoimmune disease that has caused me multiple health issues. Through all of this, it has been reassuring to know that I had access to the best possible care at the MGH. The team at the Lupus Clinic will stop at nothing to help me. That is why it is important for me to be involved and give back. My family has always supported the Lupus Clinic and I am glad to be able to do the same.”

← WENDY

Patient of the Lupus Clinic

The MGH is home to a large number of clinics and specialized departments that address specific needs and therapeutic protocols. Its multidisciplinary teams include many internationally renowned medical specialists, to the benefit of all patients who have access to the most up-to-date knowledge.

clinic’s patient-centred approach is unique in Canada. Our specialists work together and offer joint consultations which lead to more comprehensive treatments and customized care. This saves considerable time and avoids stress for our patients who are living with this complex autoimmune disease.

GERIATRICS

The Division of Geriatric Medicine addresses the needs of frail, elderly patients from the moment they are admitted to emergency through to discharge from the hospital. Team members work closely with various MGH divisions to provide these patients with care tailored to their age and general state of health. The division also oversees a day hospital and five clinics, each of which focuses on problems specific to the elderly.

GASTROENTEROLOGY

The Division of Gastroenterology operates in accordance with the highest endoscopic standards. The specialized team at the Inflammatory Bowel Disease (IBD) Clinic also provides swift emergency follow-up for patients with ulcerative colitis and Crohn’s disease, saving them repeated trips to the Emergency Room.

CARDIOLOGY

The Division of Cardiology follows paths less travelled to offer patients cutting-edge treatment options. Indeed, the division’s Cardiac Electrophysiology Unit was the first in Canada to test an MRI-friendly cardiac resynchronization therapy defibrillator (CRT-D), a device devoid of any contraindications. The division has also developed expertise in genetic testing for patients and their families with unexpected heart conditions. As a result of this innovative approach, the team is able not only to prevent cardiovascular events but also to equip and support patients, helping them cope more comfortably with their diagnoses and related risks.

PAIN MANAGEMENT

The team at the MGH’s Alan Edwards Pain Management Unit works with other MUHC clinics and divisions to improve the condition of patients afflicted by chronic pain and, ideally, find lasting solutions to their problems. The unit also provides training for health professionals and students in a variety of fields, the aim being to better equip them in their work with patients, family members and the general public.

ALLERGY AND IMMUNOLOGY

The Division of Allergy and Clinical Immunology provides highly specialized, innovative care aimed at preventing serious and potentially fatal immune pathologies. Jointly with the Division of Rheumatology, this division is also responsible for the MGH Lupus Clinic which treats Canada’s second largest population of Lupus patients. The



“During my career I have had the good fortune to receive repeated support from the MGH Foundation. This support, which has helped me greatly, has allowed me to pursue my research projects and publish findings, while providing me with the necessary credibility and substance to obtain even larger grants. **Foundations play a central role in Québec’s research ecosystem and on the international stage.**”

DR. CHANTAL SÉGUIN
Hematologist-oncologist

Dr. Chantal Séguin currently leads research on osteonecrosis in patients having received large doses of corticosteroids as part of their cancer treatment.



“As an anesthesiologist, I am interested in how we can help people scheduled to undergo major surgery. **When I heard about the POP program developed at MGH, I knew that I wanted to move to Canada to complete my doctoral studies.** Fortunately, I received support from the Montreal General Hospital Foundation and donors to continue my research. Now I would like to do my part to spread this vision around so that more people might benefit from this humanistic approach with tangible results.”

DR. ENRICO MINNELLA
Anesthesiologist

Dr. Enrico Minnella is part of the Peri Operative Program (POP) team. POP prepares patients scheduled for surgery through the provision of physical training, psychological support and nutritional advice. The Montreal General Hospital is the only health care institution in North America and one of only a few in the world to offer this type of program.

RESEARCH

**IN 2018, THE MGH
FOUNDATION AWARDED
CLOSE TO 80 GRANTS,
FOR A TOTAL OF \$1.5 M,
AT THE ANNUAL MUHC
RESEARCH INSTITUTE
AWARDS GALA.**

The MGH Foundation is pleased to help young researchers pursue their innovative projects. In many instances, initial support enables recipients to qualify for even more prestigious grants or to secure public funding.

The Montreal General Hospital and McGill University are known around the world. This international renown attracts foreign researchers and inspires them to relocate to Montreal to pursue their work for the benefit of the community at large.

Thank you for supporting medical research taking place right here in Montreal!



Some of the recipients of the 2018 Research Awards

THE MGH, A RESEARCH HUB IN NEUROSCIENCE

Among the highlights of last year was the installation and implementation of a new, high-performance magnetic resonance imaging (MRI) machine. This equipment will allow the Brain Repair and Integrative Neuroscience (BRaIN) team to offer more precise care to patients and to advance research in neuroscience.

The new MRI will also help the Traumatic Brain Injury research team, whose close relationship with the Trauma Centre teams facilitates the study of the effects of severe and mild cranio-cerebral traumas.



The team from the Traumatic Brain Injury Program posing with the new MRI machine

OTHER RESEARCH CENTRES SUPPORTED THANKS TO YOUR GENEROSITY!

CLINICAL INNOVATION PLATFORM

The Clinical Innovation Platform brings together MBA students, engineers, computer scientists and clinicians to spark innovation and drive advances in medical technology and processes, from idea to deployment of patient care solutions.

CENTRE OF INNOVATIVE MEDICINE

Among North America's most modern facilities, the Centre of Innovative Medicine aids clinicians in providing better care by assessing new treatments for certain critical diseases.

CENTRE FOR OUTCOMES RESEARCH AND EVALUATION

This centre comprises a team of 85 researchers and more than 350 trainees and professional staff who focus on epidemiologic, biostatistical and health services research to better understand what makes treatments effective and how best to put this knowledge into practice.



**GETTING INVOLVED
SO OUR COMMUNITY
CAN BENEFIT
FROM VITAL CARE**

TINA AND MARIA

“As a nurse, I see firsthand the challenges our medical teams face on a daily basis. I can also testify to the remarkable work carried out to provide better solutions for patients. I am glad to be able to go the extra mile by organizing events such as the POP Gala supporting the Peri Operative program and the Soirée en Or Gala, which helps our thoracic surgery team secure the support they need to pursue research and provide state-of-the-art care to our community.”

TINA

Nurse and volunteer event planner,
Soirée en Or and POP Gala



“Six years ago, Dr Barry Stein and his team saved my life. Looking for a way to thank them, I found that words were not enough. They simply could not express the depth of my gratitude. That is why my friends and I decided to organize a fundraising gala in support of research and equipment for the Colorectal Cancer Surgery Centre. This year marked the sixth edition of our event and I am extremely proud of the difference that we have been able to make in the lives of patients.”

MARIA

Colon cancer survivor and volunteer event planner
of the Colorectal Gala

WHETHER YOU PREFER FORMAL ATTIRE OR JOGGING GEAR, THE MGH FOUNDATION TEAM AND OUR DEVOTED VOLUNTEERS ORGANIZE A BROAD ARRAY OF ACTIVITIES TO ENSURE THAT YOU HAVE FUN WHILE YOU RAISE MONEY FOR A CAUSE NEAR AND DEAR TO YOUR HEART.

Some annual events have become veritable traditions, attracting hundreds of participants each year. On a smaller scale, we are always happy to assist patients and their families who are interested in organizing events or activities in support of the medical teams that cared for them.

codelife.ca/events

THE GO FX GO GALA

\$200,000 to support the Orthopedic Surgery Clinic. Breathtaking!



SOIRÉE EN OR 2018

\$2.7 M to support the Division of Thoracic Surgery. Wonderful!





**THE PHARMAPRIX AIMEZ. VOUS
COURSE POUR LES FEMMES**

Over 1,300 participants and \$211,898 raised for women's mental health. Thank you!



DÉFI DE FRED

Completing an Ironman to raise money for the OMFS Clinic. Congrats Fred!

ZUMBA EVENT

To support research on Lupus. Great move!



FINANCIAL REPORT

YEAR AFTER YEAR, OUR GENEROUS DONORS ALLOW US TO ENSURE VITAL SUPPORT FOR VITAL CARE.

We are thankful to be able to count on a community for whom health and innovation are top priorities. Over the 2018–2019 fiscal year (from April 1, 2018 to March 31, 2019), we raised \$15.9 million in donations thanks to your generosity. Your donations today ensure innovation and excellence in patient care, research and education. Thank you for your confidence.

SOURCES OF REVENUE

Our Foundation is grateful for the unwavering support of its annual donors and the commitment of major donors, partner foundations and corporations.

Through strong financial management during a volatile year, we recorded \$6.3 million in investment income.

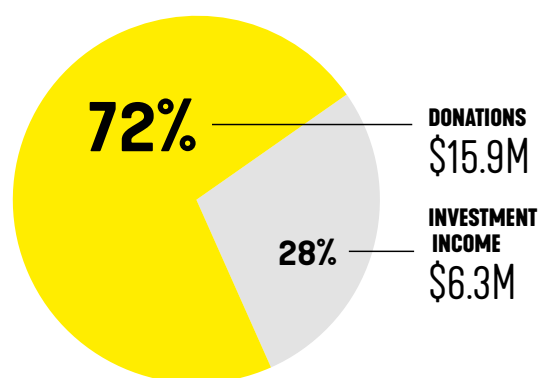
STRONG MANAGEMENT

Led by Andrew Molson, our Board of Directors ensures that donations are invested in key areas to meet the hospital's most pressing needs, in accordance with our donors' wishes and the mission of the Montreal General Hospital Foundation (MGHF).

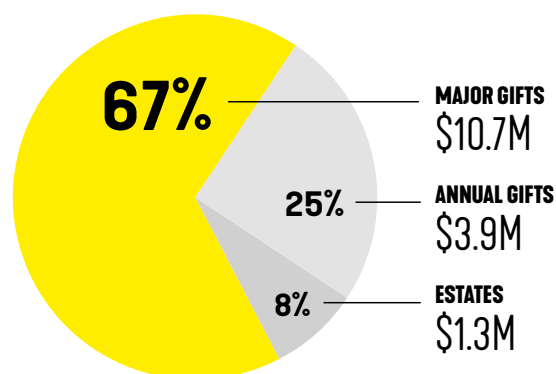
The Audit Committee, chaired by Patrice Ouimet, is responsible for overseeing the integrity of the MGHF's finances accounting principles and practices.

Thank you all for your vital support!

TOTAL REVENUES \$22.2M



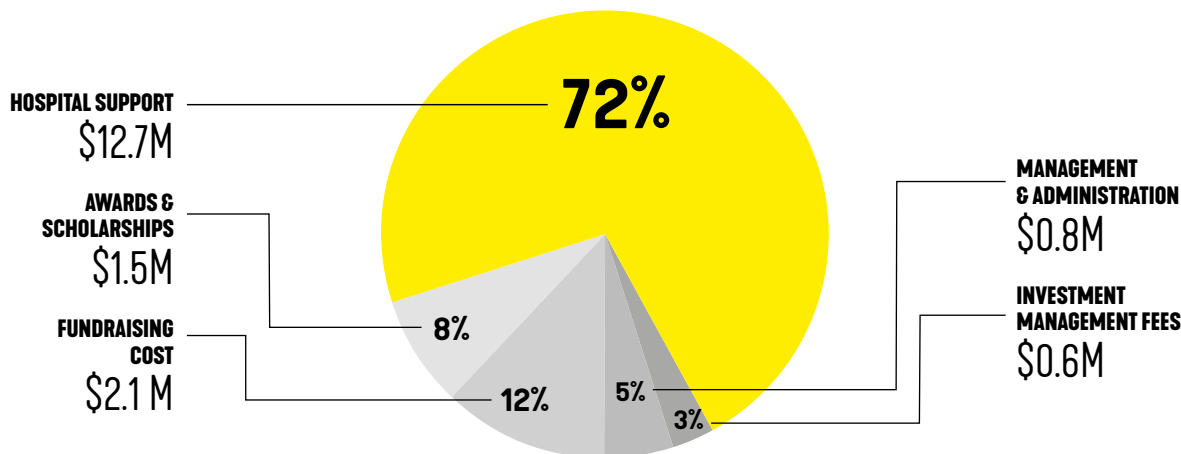
SOURCE OF DONATIONS \$15.9M



TOTAL EXPENDITURES FOR THE 2018–2019 FISCAL YEAR

\$17.7 M

Though our expense ratio increased this year as a result of investment in our CODE LiFE fundraising campaign and a decline in investment income compared to last year’s exceptional performance, it remains lower than average for major Canadian hospital foundations.



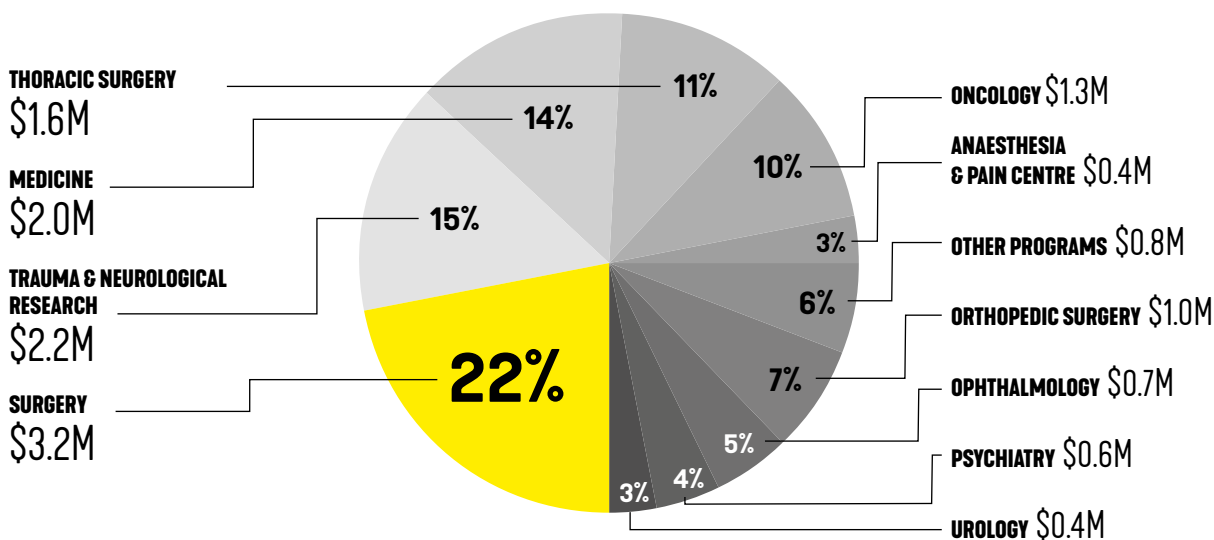
TOTAL ADMINISTRATIVE EXPENDITURES TO REVENUES RATIOS

Fundraising Cost	9.3%
Management & Administration	3.9%
Investment Management Fees	2.9%
TOTAL ADMINISTRATIVE EXPENDITURE	16.1%

SUPPORT PROVIDED TO KEY AREAS

\$14.2 M

The Montreal General Hospital’s medical teams are at the forefront of innovative and critical initiatives to advance patient care which is vital to our community. This year, we were honoured to support them in their research projects and development of clinics and programs centred on patients and their experiences.





OLIVIER DESMARAIS →

Senior Vice President,
Power Corporation of Canada
and member of the Board of
Directors, Montreal General
Hospital Foundation

“My family has contributed generously for a number of years to excellence in health care for Quebecers. I am pleased to take up the torch and involve myself in the Montreal General Hospital Foundation. Health is a concern for all generations. It is crucial that we continue the work achieved to date and push the boundaries of medicine if we are to provide the best possible care for all who need it. The Montreal General Hospital is here to stay, but it is essential that we, the members of the community, support it. I thank all donors for their vital support and encourage one and all to contribute to the CODE LiFE Campaign!”



Evelyn Cournoyer, Yvan Cournoyer, André Desmarais, France Chrétien-Desmarais, Norma Mulder,
Dr. David S. Mulder and Olivier Desmarais at the CODE LiFE Campaign Launch

The Montreal General Hospital Foundation has the great fortune of being able to count upon devoted volunteers who give generously of their time and skills to raise funds, organize events and support our organization’s initiatives. **To all of these volunteers, thank you for helping us provide vital support for vital care.**

We also wish to express our gratitude to the members of our Board of Directors. Thanks to your commitment, we are well positioned to provide enhanced support to our outstanding medical teams and to our community.

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Ben McAusland, CODE LiFE Leader, David L. McAusland, Board Emeritus and Jane Hope, member of the Board of Directors

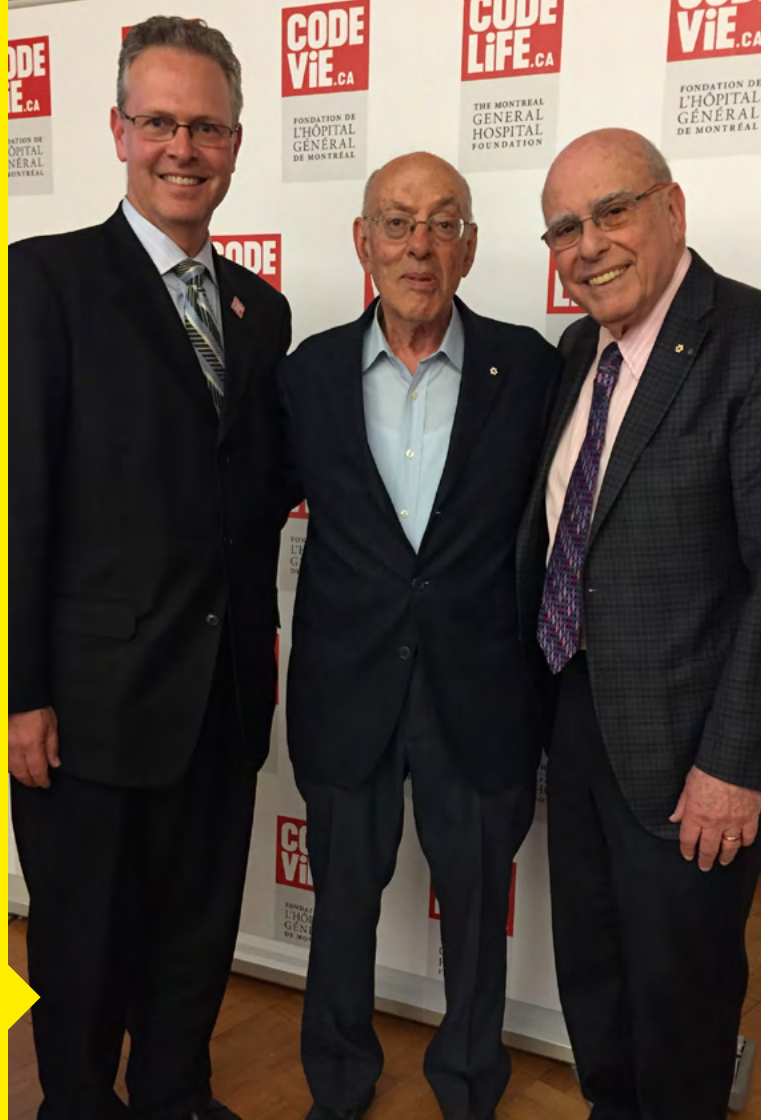
GOVERNORS

At the Montreal General Hospital Foundation, we are blessed to be able to count upon some 7,000 committed donors who care about community wellbeing and progress in health care here in Montreal.

In particular, we wish to stress the important contribution of our Governors who donate \$250 or more each year to support vital care at MGH. In 2018, as a token of our gratitude, we launched our Governors Recognition Program which establishes four distinct categories of Governors based on annual contributions.

Private events to which our Governors were invited in 2018 included a talk by **Professor Henry Mintzberg** on health care management myths and best practices.

Jean-Guy Gourdeau, President and CEO of the MGHF,
Professor Henry Mintzberg and Dr. Phil Gold



WE ARE HONORED TO HIGHLIGHT OUR GOVERNORS' PHILANTHROPIC CONTRIBUTION AS FOLLOWING:

RECOGNITION	FIRST RESPONDERS \$250 +	VITAL CARE GUARDIANS \$1,000 +	HEALTH CARE INNOVATORS \$2,500 +	LIFE SAVING PARTNERS \$5,000 +
Vote at the Foundation's annual meeting	✓	✓	✓	✓
Name listed in the annual report	✓	✓	✓	✓
Invitation to the CODE LIFE lecture series	-	✓	✓	✓
Guided tour of the hospital facilities	-	-	✓	✓
Invitation to the annual event organized with department heads	-	-	-	✓

THANK YOU TO ALL OUR GOVERNORS!

Our Governors are essential to the Montreal General Hospital Foundation's mission. Some have been donors for more than 10, 25 and even 50 years! Your loyalty and your generosity allow us to support vital care and invest in medical innovation, for the betterment of our community.

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CODE LiFE Campaign launch: Gregory Charles with Montreal Canadiens hockey legend, Yvan Cournoyer



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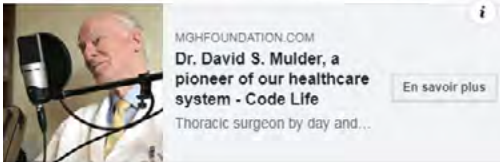
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Stay informed of the wonderful initiatives supported by your donations! Follow the Foundation on social media and subscribe to our newsletter at codelife.ca.

CODE Vie. Fondation Hôpital général de Montréal, Montreal General Hospital Foundation
24 novembre 2018 · 🌐

Affichage : Anglais · 🌐

Today, we launch the Code Life Podcast, because our hospital is full of stories that deserve to be shared! For this first episode, we sat down with Dr. David S. Mulder, who's been the official face of the Montreal General Hospital, a key advocate in Quebec's trauma system and Surgeon-in-chief of the Habs for decades. Search for Code Vie on Spotify and iTunes as well!



Pierre R. Vous avez sauvé ma petite-fille, il y a six ans. Merci! 🙏
J'aime · Répondre · Envoyer le message · 25 sem · 🗨️ 1

CODE Vie. Fondation Hôpital général de Montréal, Montreal General Hospital Foundation
29 septembre 2018 · 🌐

Affichage : Français · 🌐

«Maman, on dirait que je vais mourir!» Ce sont les mots qui ont réveillé Christine en pleine nuit le 26 mai 2017. Au bout du fil, plus de 500 km plus loin, son fils Samuel était en panique. Il venait de raccrocher avec l'opérateur du 911. En cette Journée mondiale du cœur, nous vous invitons à découvrir leur histoire.



MGHFOUNDATION.COM
Comme un grand coup à la poitrine - Code Vie
L'histoire de Samuel et de notre famille a été prise très au sérieux à l'Hôpit...

Ginette I. Une histoire émouvante qui redore le côté humain du monde hospitalier! En effet Christine c'est une histoire de ❤️
J'aime · Répondre · Envoyer le message · 34 sem

Pauline P. Wow Christine, une chance que cette Doc a poussé plus loin. Une histoire très touchante.
J'aime · Répondre · Envoyer le message · 34 sem · 🗨️ 1

CODE Vie. Fondation Hôpital général de Montréal, Montreal General Hospital Foundation
8 mars · 🌐

Affichage : Français · 🌐

En cette #JournéeInternationaleDesFemmes, voici l'histoire de Wendy, une femme inspirante, généreuse et au sourire contagieux. Wendy vit depuis plusieurs années avec le lupus, une maladie chronique du système immunitaire touchant mystérieusement 9 fois plus de femmes que d'hommes.



MGHFOUNDATION.COM
Life with Lupus: Learning to Manage the Unpredictable - CODE LIFE

Brenda G. Thank you for putting yourself out there in such a strong and positive way. For being the joyful face of lupus for all of us who are living with lupus. Love you lots! Congratulations for your bravery!
J'aime · Répondre · 11 sem · 🗨️ 1

Karen R. You are so inspirational to all women struggling with Lupus and whatever challenges. Great article! My donation is in progress.
J'aime · Répondre · 11 sem · 🗨️ 1

Nancy H. What a great article, Wendy! I'm sure it will help so many, in so many ways (ex., understanding lupus, perhaps recognizing symptoms and seeking help, for sure others won't feel so alone, etc.). You should be so proud! Great photo, too!
J'aime · Répondre · 11 sem · 🗨️ 1

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