

Florida Plant Materials Fact Sheet No. 5 Planting for Monarch Butterflies

October 2022

Many people have heard about the amazing migration of North American monarch butterflies (*Danaus plexippus*) to Mexico, but <u>Florida has a breeding population that does not migrate</u>. A warm climate and continuous growing season keep the species hanging around throughout the year in southern Florida. Monarchs migrating from Canada and the northeast, like many tourists, come to south Florida and stay, bolstering the Florida population. Although the cold winter



temperatures in the northern part of the state can kill monarchs, the northern Florida



population is repopulated by monarchs from southern Florida and those migrating north from Mexico. Some of the northern Florida population is thought to join the eastern US migratory population that fly over the Gulf of Mexico. The migrating butterflies muster in October at the St. Marks National Wildlife Refuge situated in parts of Jefferson, Wakulla, and Taylor counties in North Florida. St. Marks is recognized as one of the top five viewing sites for monarch migration in the United States.

Monarchs as pollinators

play an important role in maintaining biological diversity. Habitat loss, disease, parasites, and environmental contaminants have all contributed to the decline of many pollinators. Monarch larvae feed almost exclusively on milkweed plants. About 20 or so milkweed species can be found in Florida. All are native except tropical milkweed, Asclepias curassavica. The tropical milkweed is commonly found at retail nurseries and big box stores in the state. It is not the best food plant for monarch larvae, it is somewhat invasive, and should not be planted.



A pollinator planting for the monarchs should include native milkweed plants for the larvae to feed on but milkweed plants should only be about 3-4% of a planting (350 to 500 plants/acre). The bulk of the planting, about 50-75% of the stand, should be composed of a wide range of monarch preferred forbs and flowering shrubs/trees that will provide year-round nectar plants for the adults. See <u>Florida Plant Materials Fact Sheet No. 4</u> for guidance on seed mixtures.

Unfortunately, bulk quantities of ecotypes of the native milkweed species found in Florida are not commercially available. Non-ecotype seed of a few species is available. To ensure adequate amounts of Florida-adapted milkweed in pollinator plantings for monarchs, transplants (clusters of 5 or more on 2 ft center) will often be the best bet. The number of commercially available Florida native milkweed is limited; the Florida Association of Native Nurseries is bringing more species into commercial production through their new Florida Milkweed Project.

The following species of native Florida milkweed and recommended nectar plants are currently listed as available on the Association of Florida Native Nurseries website as live plants (more Y's the more readily available). Ecotype and non-ecotype seed in bulk quantities of some species are also available (see bottom of table on p. 5 for links to seed and plant sources). See p. 5 for more guidance on developing a wildflower planting for monarch butterflies.

Recommended Florida Native Plant Species for Monarch Butterflies

Species name	Common name	Growth Habit	Wetland Status	Region of State*	Blooms**	Blooms**	Blooms**	Blooms**	Seed	Ecotype seed	Live Plants
Asclepias humistata	Pinewoods milkweed	forb/herb		N,C	Spr	Sum	Fall				Υ
Asclepias incarnata	Swamp milkweed	forb/herb	OBL	C,S/ST		Sum	Fall		Υ		YY
Asclepias perennis	Swamp milkweed	forb/herb	OBL	N,C	Spr	Sum	Fall				Υ
Asclepias tuberosa	Butterfly weed	forb/herb		N,C,S/ST	Spr	Sum	Fall		Υ		YY
Asclepias verticillata	Whorled milkweed	forb/herb		N,C,S/ST	Spr	Sum	Fall				Υ
Brickellia cordifolia	Flyr's nemesis	forb/herb, subshrub		N		Sum	Fall				Υ
Carphephorus carnosus	Pineland chaffhead	forb/herb	FACW	C,S		Sum	Fall				Υ
Carphephorus corymbosis	Coastalplain chaffhead	forb/herb	FACU	N,C,S/ST		Sum	Fall			Y	YY
Carphephorus odoratissimus	Vanillaleaf	forb/herb	FACW	N,C		Sum	Fall				Υ
Carphephorus odoratissimus va.r subtropicanus	Pineland purple or False vanillaleaf	forb/herb	FACW	C,S/ST		Sum	Fall				Υ
Carphephorus paniculatus	Hairy chaffhead	forb/herb	FACW	N,C,S/ST							Υ
Conoclinium coelestinum (= Eupatorium coelestinum)	Blue mistflower	forb/herb	FAC	N,C,S/ST		Sum	Fall		Y	Y	Υ
Coreopsis floridana	Florida tickseed	forb/herb	FACW	N,C,S/ST			Fall	Win		Υ	YY
Coreopsis lanceolata	Lanceleaf tickseed	forb/herb	UPL	N,C		Sum	Fall		Υ	Υ	YYYY
Coreopsis basalis	Goldenmane tickseed	forb/herb		N,C	Spr	Sum			YYYY	Υ	
Coreopsis leavenwothii	Leavenworth's tickseed	forb/herb	FACW	N,C,S/ST	Spr	Sum	Fall		YYYY	Υ	YYYY
Dalea pinnata	Summer farewell	forb/herb		N,C,S/ST		Sum	Fall			Υ	Υ
Echinacea purpurea	Eastern purple coneflower	forb/herb	FAC	N	Spr	Sum	Fall		YYYY		YY
Eryngium integrifolium	Blueflower eryngo	forb/herb	FACW	N		Sum	Fall			Υ	Υ
Eryngium prostratum	Creeping eryngo	forb/herb	FACW	N,C	Spr	Sum	Fall				YY
Eryngium yuccifolium	Rattlesnake master	forb/herb	FACW	N,C,S/ST		Sum	Fall		Υ	Υ	YY
Eupatorium fistulosum	Joepyeweed	forb/herb	FACW	N,C		Sum			Υ		
Eupatorium perfoliatum	Common boneset	forb/herb	FACW	N,C		Sum			Υ	Υ	
Gaillardia pluchella	Blanketflower	Forb/herb	UPL	N,C,S/ST	Spr	Sum	Fall		YYYY	Υ	YYYY
Helianthus angustifolius	Narrowleaf sunflower	forb/herb	FACW	N,C,S			Fall		Υ	Υ	YY
Helianthus radula	Stiff sunflower	forb/herb	FAC	N,C			Fall			Υ	YY
Liatris chapmanii	Chapman's gayfeather	forb/herb		N,C,S/ST			Fall				Υ
Liatris elegans	Pinkscale gayfeather	forb/herb		N,C			Fall			Υ	

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Liatris garberi	Garber's gayfeather	forb/herb	FACW	C,S/ST		Sum	Fall			Υ	Υ
Liatris gracilis	Slender gayfeather	forb/herb	FACU	N,C,S/ST		Sum	Fall			Υ	Υ
Liatris spicata	Dense gayfeather	forb/herb	FACU	N,C,S/ST		Sum	Fall		Υ	Υ	YYYY
Liatris tenuifolia	Shortleaf gayfeather	forb/herb		N,C,S/ST			Fall			Υ	Υ
Lobelia cardinalis	Cardinalflower	forb/herb	FACW	N,C	Spr	Sum	Fall		YY		Υ
Monarda punctata	Spotted beebalm	forb/herb	FACU	N,C,S/ST		Sum	Fall		YY	Υ	YYY
Penstemon multiflorus	Manyflowered penstemon	forb/herb		N,C,S/St	Spr	Sum			Y	Y	Y
Phlox drummondi	Annual phlox	forb/herb		N,C	Spr	Sum			YYYY	Υ	
Phlox nivalis	Trailing phlox	forb/herb		N,C	Spr	Sum				Υ	
Oenothera speciosa	Showy evening primrose or Pink ladies	forb/herb		N,C	Spr	Sum		Win	YYY	Y	
Rudbeckia flugida	Orange coneflower	forb/herb	FACW	N		Sum	Fall		YYY	Υ	
Rudbeckia hirta	Blackeyed Susan	forb/herb	FACU	N,C,S/ST	Spr	Sum			YYYY	Υ	YYYY
Rudbeckia mohrii	Mohr's coneflower	forb/herb	OBL	N		Sum	Fall			Υ	
Rudbeckia mollis	Softhair coneflower	forb/herb		N		Sum					Υ
Salvia coccinea	Tropical sage	Forb/herb		N,C,S/ST	Spr	Sum	Fall	Win (S/St)	YYYY		YYY
Salvia lyrata	Lyreleaf sage	Forb/herb	FACU	N,C,S	Spr			Win	YYY	Υ	YY
Salvia misella	Creeping sage	Forb/herb		C,S/ST	Spr	Sum	Fall	Win			Υ
Silphium ateriscus	Rosinweed	forb/herb		N,C,S		Sum	Fall		YY	Υ	YY
Silphium compositum	Kidneyleaf Rosinweed	forb/herb		N,C	Spr	Sum	Fall		Υ		Υ
Solidago canadensis var. scabra (=S. altissima)	Canada goldenrod	forb/herb	FACU	N			Fall		Υ	Y	Y
Solidago fistulosa	Pinebarren goldenrod	forb/herb	FAC	N,C,S/ST		Sum	Fall				Υ
Solidago odora	Anisescented goldenrod	forb/herb		N,C		Sum	Fall			Y	Υ
Solidago odora var. chapmanii	Chapman's goldenrod	forb/herb		C,S/ST		Sum	Fall				Y
Solidago sempervirens	Seaside goldengrod	forb/herb	FACW	N,C,S/ST							Υ
Solidago stricta	Wand goldenrod	forb/herb	OBL	N,C,S/ST			Fall		Υ	Υ	Υ
Symphyotrichum carolinianum	Climbing aster	forb/herb	OBL	N,C,S/ST	Spr	Sum	Fall	Win			Y

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Symphyotrichum elliottii	Elliott's aster	forb/herb	OBL	N,C,S/ST		Sum	Fall			Υ	Υ
Tradescantia ohiensis	Ohio spiderwort	forb/herb	FAC	N,C,S	Spr	Sum	Fall	Win	YYYY	Υ	YY
Vernonia gigantea (altissima)	giant ironweed	forb/herb	FAC	N,C,S		Sum	Fall		YYYY	Υ	Υ
Veronia angustifolia	Tall ironweed	forb/herb	FAC	N,C.S		Sum	Fall		YY	Υ	Υ
Vachellia farnesiana (=Acacia farnesiana)	Sweet acacia	shrub/tree	FACU	S/ST	Spr			Win			Υ
Amorpha fruticosa	False indigobush	shrub, tree	FACW	N, C, S/ST	Spr	Sum					Υ
Ardisia escallonoides	Marlberry	shrub, tree		C,S/ST	Spr	Sum	Fall	Win			YY
Asimina paviflora	Small-fruited pawpaw	shrub, tree	FACU	N,C,S	Spr						Υ
Cephalanthus occidentalis	Common buttonbush	shrub, tree	OBL	N,C,S/ST		Sum	Fall				YYYY
Cercis canadensis	American redbud	shrub, tree	UPL	N,C	Spr			Win (C)			YY
Crataegus aestivalis	Mayhaw	shrub, tree	OBL	N	Spr						Υ
Crataegus flavus	Yellow hawthorne, Summer haw	shrub,tree	UPL	N	Spr						Υ
Crataegus marshallii	Parsley haw	Shrub,tree	FACW	N,C	Spr						Υ
Erythrina herbacea	Coral bean	shrub, tree		N,C,S/ST	Spr	Sum					YYY
Halesia diptera	Two Wing Silverbell	shrub, tree	FAC	N	Spr						Υ
Hamelia patens	Firebush	shrub, tree	FACu	C,S/ST	Spr	Sum	Fall	Win			YYYY
Ilex cassine	Dahoon holly	shrub, tree	FACW	N,C,S/ST	Spr						YYYY
Ilex glabra	Inkberry	shrub, tree	FACW	N,C,S/ST	Spr						YYY
Ilex opaca	American holly	shrub, tree	FAC-	N,C,S	Spr						Υ
Ilex vomitoria	Yaupon	shrub, tree	FAC	N,C	Spr						YYYY
Itea virginica	Virginia willow or Virginia sweetspire	shrub, tree	FACW+	N,C,S/ST	Spr	Sum					YY
Malus angustifolia	Southern crabapple	shrub, tree		N	Spr						Υ
Passiflora incarnata	Purple passionflower, Maypop (vine)	vine		N,C,S/ST	Spr	Sum	Fall				Υ
Passiflora suberosa	Corkystem passionflower	vine	UPL	C,S/ST	Spr	Sum	Fall	Win			Y
Prunus angustifolia	Chickasaw plum	shrub, tree		N,C	Spr						YYYY
Prunus caroliniana	Carolina laurelcherry	shrub, tree	FACU	N,C	Spr						Υ

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Prunus caroliniana	Carolina laurelcherry	shrub, tree	FACU	N,C	Spr						Υ
Prunus serotina	Black cherry	shrub, tree	FACU	N,C	Spr						YY
Prunus umbellata	Flatwoods plum	shrub, tree		N,C,S	Spr						YYYY

^{*}Florida climatic zone boundaries (rjgbt) from 26 Ecological Communities of Florida, 1989, p. 146, Soil and Water Conservation Society, Gainesville, FL.

Some Sources of Plants and Seed (other suppliers may be used if they have suitable materials):

Association of Florida Native Nurseries <u>www.afnn.org</u>

Ernst Conservation Seed <u>www.ernstseed.com</u>

Florida Wildflower Growers Cooperative www.floridawildflowers.com
www.floridawildflowers.com
<a href="https://www.florid

Additional Guidance on Planting for Monarch Butterflies:

- Milkweed plants should only be about 3-4% of a planting or between 350 to 500 plants/acre; the bulk of the planting, about 50-75% of the stand, should be composed of a wide range of monarch preferred forbs and flowering shrubs/trees.
- Transplant milkweed in clusters of 5 or more on 2 ft center; transplant any time after danger of frost if irrigation available, otherwise during the summer rainy season after herbaceous material planted.
- Mixtures of herbaceous material should be planted at the rate of 40 and 60 live seed per square foot with
 no more than 25% of the seed mix being made up of a native warm season grass seed. For guidance on
 seed mixtures see <u>Florida Plant Materials Fact Sheet No. 4.</u>
- The Florida Wildflower Foundation recommends the following planting windows for seed: North Florida mid-September through mid-November; Central Florida – mid-October through early January; South/Subtropical Florida – November through mid-January.
- Flowering shrubs and trees are needed to provide food during the winter and early spring for adult monarchs who overwinter in Florida.
- When planting shrubs and trees, a minimum of 4 plants of each species should be planted in each planting block with a total of no more than 24 shrubs or trees total per ½ acre planting block. These plants should be planted at the same time as the seed mixture and clustered together or planted in a hedgerow fashion.



^{**}Flowering Period: Spring – March, April, May; Summer – June, July, August; Fall – September, October, November; and Winter – December, January, February.