

X P. A. M. S.
Status Report on
Nutrition and Probation
APPENDIX A

X 1978
X
Directory of New Jersey Resources
for
FOOD ASSISTANCE, DIET COUNSELING
AND NUTRITION INFORMATION



NJSDI

New Jersey State Department of Health
Division of Community Health Services
Nutrition Consultation Services

55955

This information has been compiled to update health providers with information about current food assistance programs and community resources that can be used to improve the diets of individuals and families served at all levels of the health care system:

Public Health Departments

Child Health Conferences

Hospital Out-Patient Departments

Family Planning Projects

Home Health Services

Health Maintenance Organizations

Family Neighborhood Health Centers

Rehabilitation Services for Drug and Narcotic Control

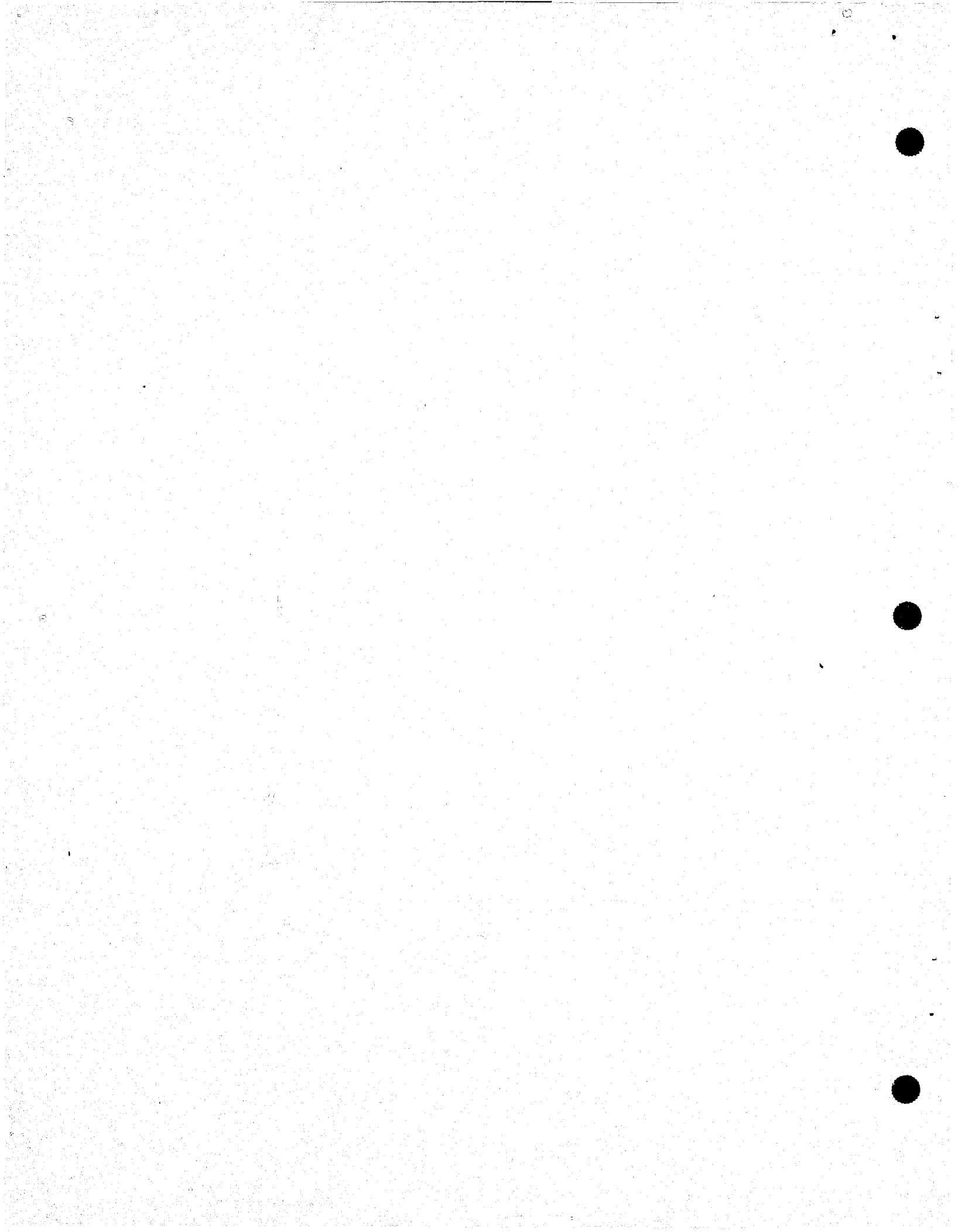
Rehabilitation Services for Alcohol Control

All Chronic Disease Programs and Projects

Nutrition Consultant Services
Division of Community Health Services
N.J. State Department of Health
1978

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WHAT ARE THE NUTRITIONAL PROBLEMS IN THE 1970's?

In the United States, nutrition problems range from both under and over-nutrition, the availability, quality and safety of the food supply, and the links between the foods eaten and the development of disease, its treatment and the patient's rehabilitation.

The reasons for nutritional problems are many and complex. Inadequate income is a major cause of poor nutritional status. Other factors such as lack of knowledge; lack of interest; lack of skill; complications of disease; sedentary life styles; mental and emotional factors; social isolation; lack of food preparation and storage facilities; consumer confusion and misinformation; overabundance of foods of low nutritive value and high cost; faddism and geographic location all have an effect.

To define nutrition problems and their effect on health, three major nutrition studies have been sponsored by the Department of Health, Education, and Welfare during the past decades. In addition, there have been smaller studies of special population groups. The studies indicate that in spite of advances in nutrition knowledge, food technology, medicine and sanitation which have helped to reduce the prevalence of nutritional deficiency diseases in the United States, there are still many Americans continuing to suffer from poor nutrition or at nutritional risk. There is mounting evidence that Americans who fail to attain a diet optimal for health can be found at every socioeconomic level. The studies show the widespread prevalence of such nutritional problems as obesity, retarded growth and development, iron-deficiency anemia, and dental caries.

Iron-deficiency anemia was a common finding in all of the national studies. The Ten State Survey found low hemoglobins or hematocrits in 25 percent of the persons below the poverty level and 12 percent of those above the poverty level. In the Preschool Nutrition Study, iron deficiency anemia was a common finding among children 1-5 years of age, regardless of their socioeconomic status.

In the Ten State Survey and HANES, the prevalence of obesity was found to be high, particularly among adult women of whom nearly one-third were found to be obese. Men also had a high prevalence of obesity, as did children and adolescents. In the pilot Center for Disease Control Nutrition Surveillance Project in five States,

the number of children enrolled in such health care programs as Title V/Maternal and Child Health, Head Start, Early Periodic Screening, Diagnosis, and Treatment falling below the 5th percentile of height for age ranged from nearly 10 to 15 percent. Data also indicated that a considerable portion of the population under surveillance was relatively overweight, with the number falling in the 95th percentile of weight for height ranging from 8 to 13 percent. There was a high percentage of overweight in the very young, about 16 percent of the 1-year-old infants were above the 95th percentile while 9 percent of 13-17-year-old females were above the 95th percentile. Not only is obesity associated with a high incidence of degenerative diseases, but is also associated with disorders in cardiopulmonary and metabolic degenerative function which often creates problems in physical mobility.

In 1977, the Senate Select Committee on Nutrition and Human Needs focused national attention on six of the ten leading causes of death in the United States which have been connected to diet. The Committee noted that over-consumption and undereducation are major problems in the United States and emphasized the role of diet in preventive health care.

Community health programs targeted on underserved or disadvantaged populations are likely to include many individuals at nutritional risk, e.g., individually such as pregnant women, infants and children, including adolescents who have increased nutrient needs for growth; low-income families who have difficulty obtaining an adequate diet with limited resources; individuals with disease conditions such as diabetes and cardio-vascular disease; and handicapping conditions such as cerebral palsy, cleft palate and mental retardation which require modification of diet as a means of treatment or prevention of further disability.

An effective response to the nutritional problems of not only the 70's but of future decades as well will require the leadership and involvement of all personnel responsible for the delivery of health care - health planners, administrators, and care providers as well as legislators, public officials and others who influence policy, determine priorities and allocate resources.

References on Surveys

Ten-State Nutrition Survey, 1968-1970. U.S. Department of Health, Education, and Welfare. Pub. No. (HSM) 72-8130-8134.

Preliminary Findings of the First Health and Nutrition Examination Survey, U.S., 1971-72. U.S. Department of Health, Education, and Welfare. Pub. No. (HRA) 74-1219-1.

Owen, George M., et al. A Study of Nutritional Status of Preschool Children in the United States 1968 -1970. Pediatrics Supplement, 53:597, 1974.

Kaufman, M., et al. Families of the Fields - Their Food and Their Health. Division of Health, State of Florida Monograph Series No. 13, 1973.

Source - Guide for Developing Nutrition Services on Community Health Programs. U.S. Department of Health, Education, and Welfare - Bureau of Community Health Service 1978.

NEW JERSEY RESOURCES FOR FOOD ASSISTANCE AND DIET COUNSELING

- (1) Nutrition (food assistance) Programs supported by the U.S. Department of Agriculture include the following:

- (a) Child Nutrition Programs - Administered by the N.J. State Department of Education

School Lunch Program - provides for lunches and breakfast to school children. Low-income children can receive meals at free or reduced prices. Funds are made available to the States for purchase of food, maintenance, operation, and expansion of non-profit school lunch programs.

Special Milk Program - allows any school or non-profit child care institution to provide needy children with free milk.

- (b) Child Care Food Programs - provide for nutritious meals to pre-school and school-aged children in child care facilities. Through grants and/or other means, States can initiate, maintain, or expand non-profit food services programs for children in institutions providing child care, e.g., day care center, family day care program, Head Start Centers, and institutions providing day care service for handicapped children.

- (c) Summer Food Programs - help get nutritious meals to needy preschool and school-aged children in recreation centers, summer camps, or during vacations in areas operating under a continuous school calendar. Any non-residential public or private non-profit institution or residential public or private non-profit summer camp is eligible if it develops a summer food program for children from low-income areas. Federal funds are given to eligible institutions for the costs involved in obtaining, preparing, and serving food under this program (including administrative costs and rental of office space and equipment).

- (d) Supplemental Food Program for Women, Infants, and Children (WIC - Administered by N.J. State Department of Health

This is operated on a project basis and administered through the State health agency. Provides for selected foods to infants, children up to 5, pregnant and lactating women who are eligible on a health/nutritional and economic need basis.

- (e) The Food Stamp Program - Administered by the Department of Human Resources enables eligible low-income households to buy more food of greater variety to improve their diets. The program is usually administered by the local welfare department. To qualify for food stamps, households must meet certain nationwide eligibility standards.

- (2) Nutrition Programs for the Elderly (Title VII) -- Administered by the State Division on Aging, N.J. Department of Community Affairs, unless another agency is designated, provide meals for older Americans, primarily from low-income groups, from within the project area. In addition to serving nutritionally sound meals, the program provides supportive services such as nutrition education, shopping assistance, recreational activities, transportation to the center site, health services, and information referral.

- (3) Home-Delivered Meals or "Meals on Wheels" - a non-profit program of home-delivered meals is a community service administered by an official or voluntary or welfare agency. The service is provided to ill, disabled, and elderly persons whose physical, emotional, mental, or social conditions handicap their ability to obtain or prepare meals for themselves. Such services often make it possible for individuals to remain in their own homes, reducing institutional care, or to obtain special diets they could not prepare. Support is usually from local sponsorship and income generated from the meals.

- (4) Many church missions and community organizations keep an emergency food pantry which is an excellent resource for individuals and families in need of food on a short-term basis.

- (5) Diet Counseling Services in New Jersey

Diet Counseling is a community service providing for the special diet needs of patients referred by private physicians or clinics. The Diet Counselor is a qualified dietitian or nutritionist who meets the American Dietetic Association requirements and has a high degree of professional competence and skill, sound experience in therapeutic dietetics and a concern for and understanding of people.

STATE RESOURCES

State Department of Health - Nutrition Consultant Services

Nutrition Consultation by qualified experienced nutrition personnel at state and regional level assists in coordinating and integrating nutrition services in many health related programs and projects in order to meet the needs of nutritionally vulnerable groups such as infants, children and youth in their growing years, women in child bearing years, older adults, victims of chronic diseases and alcohol and drug users.

State Nutrition Consultant, Health

Mrs. Margaret Zealand
Special Consultant Services
Division of Community Health Services
N.J. State Department of Health
Health and Agriculture Bldg.
P.O. Box 1540
Trenton, N.J. 08625
609-292-4076

Northern Region Nutrition Consultant, Health

Mrs. Caroline Addison, R.D.
7 Glenwood Ave
East Orange, N.J. 07017
201-673-9400

Northern Region - N.J. State Department of Health (serves Essex, Union, Hudson, Bergen, Passaic, Morris, Sussex, Somerset, Hunterdon, and Warren Counties)

Southern Region Nutrition Consultant, Health

Mrs. Florence Melick, R.D.
1012 Haddonfield Road, Suite 202
Cherry Hill, N.J. 08002
609-662-7033

Southern Region - N.J. State Department of Health (serves Camden, Gloucester, Salem, Cape May, Cumberland, Atlantic, Middlesex, Mercer, Monmouth, Ocean, and Burlington Counties)

For checking eligibility for Child Nutrition Programs, contact:

Mr. Walter Colender, Director
Bureau of Child Nutrition Program
Department of Education
225 West State Street
P.O. Box 2019
Trenton, N.J. 08625
609-292-8527

Mrs. Miriam McClland, Coordinator
School Lunch Program

Dr. Christopher Heulitt, Director
Summer Food Program

Kathleen I. Curvy, Director
Non-Public School Nutrition Program

Supplement Food Program Woman and Children (WIC)

Mrs. Linda Barr Gale, Coordinator, WIC
Parental and Child Health
N.J. State Department of Health
Trenton, N.J. 08625
609-292-9560

Food Commodities and Distribution

Mr. Elsworth Reise, Coordinator
Food Distribution Section
Department of Agriculture
Division of Markets
P.O. Box 1888 - John Fitch Plaza
Trenton, N.J. 08625
609-292-5067

or

Mr. J.M. Van Hise, Asst. Coordinator
609-984-7693

Nutrition Program for the Elderly
(Title VII Older American Act)

Ms. Ritamarie Rondum, Coordinator
Division on Aging
Department of Community Affairs
363 West State Street
P.O. Box 2768
Trenton, N.J. 08625
609-292-7995

Mrs. Ruth Mumma, R.D., Nutrition Consultant
609-292-7995

WIC Projects

Mr. Bernard Creswell
WIC Coordinator
Atlantic City WIC Program
1539 Adriatic Ave.
Atlantic City, NJ 08401
609-347-5556

Ms. Juanita Mong
WIC Coordinator
Atlantic County WIC Program
201 South Shore Road
Northfield, NJ 08225
609-646-8702

Ms. Barbara Blumenthal
WIC Coordinator
Raphael Meadow Health Ctr.
Woodlane Road
Mount Holly, NJ 08060
609-267-0631

Ms. Cathy Shipman
Camden County Nutritionist
1800 Pavilion Building, West
Room 618
2101 Ferry Ave
Camden, NJ 08104
609-757-6820

Mr. John Waltman
WIC Coordinator
Cumberland County Health Dept.
800 E. Commerce St.
Bridgeton, NJ 08302
609-451-8000

Mrs. Hazel Reiser
WIC Coordinator
East Orange Health Dept.
143 New St.
East Orange, NJ 07017
201-266-5467 or 5468

Mr. Charles Lezenby
WIC Coordinator
Department of Health
Box 752
Woodbury, NJ 08096
609-845-1600

Mr. Richard Myrlak
WIC Coordinator
Jersey City Department of
Human Resources
30 Baldwin Ave.
Jersey City, NJ 07304
201-332-1800

Mrs. Eileen McCarthy
WIC Coordinator
MCOSS Family Health & Nursing
Services
141 Bodman Place
Red Bank, NJ 07701
201-747-1204

Mrs. Judy Wilson
Director
Newark WIC Project
2 Cedar St.
Newark, NJ 07102
201-733-7575

Ms. Debbie Harlan
WIC Coordinator
Northwest New Jersey Community
Action Program, Inc.
Old Firth School
Prospect St.
Phillipsburg, NJ 08865
201-454-7000

Mrs. Ruby Hodge
WIC Coordinator
c/o Mr. John Kunze, H.O.
Health Department
P.O. Box 786
Plainfield, NJ 07060
201-753-6401

Mrs. Charlotte Frey
WIC Coordinator
St. Joseph's Hospital and
Medical Center
703 Main St.
Paterson, NJ 07503
201-684-7500 Ext. 120

Mrs. Anna Lawrence
WIC Coordinator
Hoboken Health Center
916 Garden St.
Hoboken, NJ 07030
201-420-2370

Mrs. LaMerne Drace
WIC Nutritionist
Sussex County Health Department
RD #3, Box 140A
Newton, NJ 07860
201-948-5400

Mrs. Juanita Faulkner
WIC Coordinator
Trenton WIC Project
321 N. Warren St.
Trenton, NJ 08618
609-989-3389

Ms. Maureen Lockett
WIC Coordinator
North Hudson Community
Action Corporation
507 26st. Street
Union City, NJ 07087
201-866-2255

State of New Jersey
Department of Community Affairs
Division on Aging
P. O. Box 2768
Trenton, New Jersey 08625

NUTRITION PROJECTS FOR THE ELDERLY
Project Directors

Mr. Gerald DelRosso, Project Director
Atlantic County Nutrition Project for
the Elderly
1601 Atlantic Avenue - 6th Floor
Atlantic City, NJ 08401
(609) 344-1551

Mrs. Agness Wilson, Project Director
Bergen County Nutrition Project for
The Elderly
Bergen County CAP
57 Main Street
Hackensack, NJ 07601
(201) 489-9471

Ms. Katherine Williams, Project Director
Burlington County Nutrition Project for
the Elderly
9 Washington Street
Mount Holly, NJ 08060
(609) 267-3300 Ext. 379

Ms. Joyce Nelson, Project Director
Camden County Nutrition Project for
The Elderly
The Salvation Army, Inc.
915 Haddon Avenue
Camden, NJ 08103
(609) 963-1139

Ms. Leslie Gross, Project Director
Cape May County Nutrition Project for
the Elderly
Cape May County Vocational Technical
Center
Crest Haven Road
Cape May Court House, NJ 08210
(609) 465-3064

Mrs. Alayne Samuels, Project Director
Cumberland County Nutrition Project for
the Elderly
P. O. Box 303
Rosenhayn, NJ 08352
(609) 451-0400

Reverend Elbert L. Maxwell, Project Director
Essex County Nutrition Project for
the Elderly
Union Baptist Church
Midland Avenue & Portland Place
Montclair, NJ 07042
(201) 746-3270

Mr. Joseph Narkiewicz, Project Director
Irvington Nutrition Project for the
Elderly
Municipal Building
Irvington, NJ 07111
(201) 372-2100 Ext. 294

Mr. Richard Martins, Project Director
Newark Nutrition Project for the
Elderly
Department of Health and Welfare
2 Cedar Street - 4th Floor
Newark, NJ 07102
(201) 624-2166

Mr. Peter Vendzules, Project Director
Gloucester County Nutrition Project for
the Elderly
Gloucester County College
Sewell, NJ 08080
(609) 468-5000 Ext. 301

Mr. Mono R. Sen, Project Director
Jersey City Nutrition Project for
the Elderly
201 Cornelison Avenue
Jersey City, NJ 07304
(201) 547-5276 or 547-5277

Mr. John Connors, Project Director
North Hudson County Nutrition Project
for the Elderly
c/o Chairman, North Hudson Regional
Council of Mayors
6907 Bergenline Avenue
Guttenberg, NJ 07093
(201) 854-2877

Ms. Nadine Silnutzer, Project Director
Hunterdon County Nutrition Project
for the Elderly
NORWESCAP
135 Main Street
Flemington, NJ 08822
(201) 782-0611

Ms. Rina Shack, Project Director
Mercer County Nutrition Project for
the Elderly
640 South Broad Street - Room 209
Trenton, NJ 08611
(609) 989-6650

Ms. Nancy Yusko, Project Director
Middlesex County Nutrition Project
for the Elderly
YWCA of Central New Jersey
51 Livingston Avenue
New Brunswick, NJ 08901
(201) 828-4707

Mr. James Psichos, Project Director
North Monmouth County Nutrition Project
for the Elderly
729 Broad Street - Box 186
Shrewsbury, NJ 07701
(201) 747-6710

Miss Marjory Carlson, Project Director
South Monmouth County Nutrition Project
for the Elderly
c/o Major Karl Munroe
The Salvation Army, Inc.
605 Asbury Avenue
Asbury Park, NJ 07712
(201) 774-4447

Ms. Natalie Ruff, Project Director
Morris County Nutrition Project for
the Elderly
c/o Morris County Department on Aging
Courthouse
Morristown, NJ 07960
(201) 285-6500 a.m.
(201) 285-6393 p.m.

Mr. Harry Zane, Project Director
Ocean County Nutrition Project for
the Elderly
c/o St. Andrews United Methodist Church
1500 Church Road
Toms River, NJ 08753
(201) 341-0314

Ms. Sharon Balkjy, Project Director
Passaic County Nutrition Project
for the Elderly
675 Goffle Road
Hawthorne, NJ 07506
(201) 427-9710

Ms. Lorraine Gardner, Project Director
Paterson City Nutrition Project for
the Elderly
Department of Human Resources
1 West Broadway
Paterson, NJ 07505
(201) 881-3716

Ms. Rachel Booker, Acting Project Director
Salem County Nutrition Project
for the Elderly
c/o YMCA of Salem County
Shell Road @ Maple Avenue
Penns Grove, NJ 08069
(609) 299-1493

Mr. Thomas S. Homayk, Project Director
Somerset County Nutrition Project for
the Elderly
c/o County Administration Bldg.
N. Bridge & High Streets
Somerville, NJ 08876
(201) 725-4700 Ext. 258

Ms. Kathleen Sabia, Project Director
Sussex County Nutrition Project for
the Elderly
62 Main Street
Newton, NJ 07860
(201) 383-4459 or 4002

Ms. Mildred Buffey, Project Director
Union County Nutrition Project for
the Elderly
208 Commerce Place
Elizabeth, NJ 07201
(201) 353-5000 Ext. 616

Ms. Shirlees Voorhees, Project Director
Warren County Nutrition Project for
the Elderly
Municipal Building
400 Lincoln Street
Phillipsburg, NJ 08865
(201) 859-2313

Title VII - Dietitians/Nutritionists

Atlantic	-	Phyllis Silvis
Bergen	-	Lula McCaskill, R.D.
Burlington	-	Deena Darragh
Camden	-	May Ann Ellsworth, R.D.
Cane May	-	Leslie Gross/Alma McCauley
Cumberland	-	Cynthia Wilks
Essex	-	Gloria Clark, R.D.
Irvington	-	Mary Ann Broadwell, R.D.
Newark	-	Leslee Carver, R.D.
Gloucester	-	Mary Kaiser, R.D.
Hudson	-	Lynn Fillippini
Jersey City	-	Rachel Ahrendt, R.D.
Hunterdon	-	Melanie Rhodes, R.D.
Mercer	-	Kathryn Schmidt, R.D.
Middlesex	-	Priscilla Chen, R.D.
N. Monmouth	-	Barbara Goodall, R.D.
S. Monmouth	-	Joyce Kahn, R.D.
Morris	-	Eileen Meiseles, R.D.
Ocean	-	Janet Rosenzweig, R.D.
Passaic	-	Elaine Loseke, R.D.
Paterson	-	Ethel Carter
Salem	-	Dorothy Dawson
Somerset	-	Marie Robinson, R.D.
Sussex	-	Shelia C. Gordon, R.D.
Union	-	Gail Martin
Warren	-	Gertrude Frey

LIST OF COUNTY FOOD STAMP OFFICES

ATLANTIC
1601 Atlantic Avenue
Atlantic City
609-348-3001

BERGEN
221 E. Forrest Avenue
Paramus
201-646-3300

BURLINGTON
Karmack Building
Burlington-Mt. Holly Road
Burlington
609-386-5353

CAMDEN
808 Market Street
Camden
609-757-8694

CAPE MAY
Post Office Box 222
Rio Grande
609-729-9200

CUMBERLAND
13 N. East Boulevard
Vineland
609-691-4410

ESSEX
1006 Broad Street
Newark
201-733-2400

GLOUCESTER
Broad and Hunter Streets
Woodbury
609-845-1600

HUDSON
2857 Kennedy Boulevard
Jersey City
201-792-1742

HUNTERDON
Box L9B - RD #6
Flemington
201-782-8434

MERCER
612 South Broad Street
Trenton
609-396-1556

MIDDLESEX
390 George Street
New Brunswick
201-246-6227

MONMOUTH
106 Apple Street
New Shrewsbury
201-285-6351

MORRIS
Court House
Morristown
201-285-6351

OCEAN
1027 Hooper Avenue
Toms River
201-278-5000

SALEM
85 Market Street
Salem
609-935-7150

SOMERSET
18 Grove Street
Somerville
201-725-4700

SUSSEX
18 Church
Newton
201-383-3600

UNION
7 Bridge Street
Elizabeth
201-351-1112

WARREN
Court House Annex
2nd Street
Belvidere
201-475-5361

NEW JERSEY STATE DEPARTMENT OF HEALTH

Diet Counseling Services in New Jersey

Northern Region

Diet Counseling is a community service providing for the special diet needs of patients referred by private physicians or clinics. The Diet Counselor is a qualified dietitian or nutritionist who meets the American Dietetic Association requirements and has a high degree of professional competence and skill, sound experience in therapeutic dietetics and a concern for and understanding of people. Location of services, fees charged and other information pertinent to the services are listed below:

Bergen County

Bergen Pines County Hospital
East Ridgewood Avenue, Paramus, New Jersey 07652
Telephone: (201) 261-9000 Ext. 332
Superintendent: Rufus R. Little, M.D.
Public Health Nutritionist: Mrs. Alice Wittsten, M.S., R.D.
Area Served: Bergen County
Fees: \$5.00 for first counseling session, (free for Senior Citizens) adjusted according to financial means.

Bergen County Health Department
335 Main Street, Hackensack, New Jersey 07601
Telephone: (201) 646-2600
Health Officer: Mr. Michael Guarino
Public Health Nutritionist: Mrs. Alice Wittsten, M.S., R.D.
Area Served: Bergen County
Fees: \$5.00 for first counseling session, (free for Senior Citizens) adjusted according to financial means.

Bergen Nutrition Center
81C Abbott Boulevard, Fort Lee, New Jersey 07024
Telephone: (201) 224-3055
Public Health Nutritionist: Knarig Khatchadurian, D.P.H., R.D.
Area Served: No geographical limit
Fees: \$40.00 first visit with subsequent visits at a sliding rate, with fees adjusted according to financial means.

Nursing Service, Inc.
74 Passaic Street, Ridgewood, New Jersey 07450
Telephone: (201) 444-0040
Executive Director: Mrs. Rita DeCotiis, R.N., M.A.
Nutritionist: Mrs. Christine Moyer, M.P.H., R.D.
Area Served: Ridgewood, Glen Rock, Ho-Ho-Kus, Midland Park, Wyckoff, Mahwah, Oakland, Ramsey, Allendale, Waldwick
Fees: No fee to client of agency

Essex County

Community Nursing Service of Essex and West Hudson
25 South Harrison Street, East Orange, New Jersey 07018
Telephone: (201) 673-0158

Executive Director: Miss Margaret B. Miles, R.N., M.A.
Public Health Nutritionist: Mrs. Joan Czerniewicz, M.S., R.D.
Area Served: Newark, Belleville, Irvington, Kearny, Harrison,
East Newark, Orange, South Orange, West Orange,
Maplewood, Nutley

Fees: \$10.00 for a visit with adjustments according to
ability to pay

Atherosclerosis Research Project of Saint Vincent's Hospital
48 Plymouth Street
Montclair, New Jersey 07042

Telephone: (201) 746-1268

Project Director: Marvin Bierenbaum, M.D.
Diet Counselor: Mrs. Portia Watson, M.S., R.D.

Area Served: State-wide, on the basis of a request from a physician

Fees: None

Note: Diet counseling from this research group is available on a
limited basis as time permits

Bessie Smith Health Center
742 Clinton Avenue, Newark, New Jersey 07108
Telephone: (201) 399-4000 Ext. 22

Executive Director: Anne Carter, Ed. D.

Nutritionist: Anne Carter, Ed. D.

Area Served: Newark

Fees: No fee for clinic patients

East Orange Department of Health
143 New Street, East Orange, New Jersey 07017
Telephone: (201) 266-5480

Health Officer: Mr. David Byrnes

Nutritionist: Mrs. Hazel Reiser, R.D.

Area Served: City of East Orange

Fees: None

North Jersey Community Union
105 Charlton Street, Newark, New Jersey 07103
Telephone: (201) 242-2147

Executive Director: Kenneth E. Petersen

Nutritionist: Mrs. Ludria Christie, R.D.

Area Served: Newark

Fees: None for clinic patients

Sliding scale for private patients.

Essex County (Continued)

West Essex Nursing Service, Inc.
3 Fairfield Avenue, West Caldwell, New Jersey 07006
Telephone: (201) 228-5540
Executive Director: Mr. George Batten
Nutritionist: Mrs. Hazel Reiser, R.D.
Area Served: The Caldwell, Cedar Grove, Essex Fells, Fairfield,
Livingston, Roseland, Verona
Fees: None for clients over 60

West Orange Health Department
Municipal Building, 66 Main Street, West Orange, New Jersey 07052
Telephone: (201) 325-4120
Health Officer: Mr. Robert Hilsen
Diet Counselor: Mrs. Beatrice B. Schachtman, M.A., ADA
Area Served: West Orange
Fees: No fee to clinic participants of West Orange Health
Department programs

Patient Care Medical Services, Inc.
59 Main Street, West Orange, New Jersey 07052
Telephone: (201) 325-3040
Director: Miss Rosemary Omelite, R.N., M.A.
Nutritional Consultant: Mrs. Helen Postelnek, R.D.
Area Served: Essex County
Fees: None to agency clients

East Orange General Hospital
Central and South Munn Avenues, East Orange, New Jersey 07019
Telephone: (201) 672-8400 Ext. 375
Director of Ambulatory Care: Mr. Edwin McCampbell, M.D.
Director of Community Nutrition: Miss Carolyn Sebastianelli, M.A., R.D.
Area Served: East Orange
Fees: Free to residents of East Orange

Nutrition Management Planning and Counseling Service
13 Amelia Street, Montclair, New Jersey 07042
Telephone: (201) 744-7012
Diet Counselors: Judy Wilson, M.P.H., R.D.
Portia Watson, M.S., R.D.
Gloria Clark, R.D.
Area Served: Essex County
Fees: \$15.00 per hour

Nutrition Counseling Service
103 Woodland Avenue, Verona, New Jersey 07044
Telephone: (201) 239-4185
Nutritionist: Mrs. Ruth Y. Cohen, M.A., R.D.
Area Served: Essex County
Fees: \$20.00 for first visit
\$15.00 for subsequent visits

Hudson County

Jersey City Diet Counseling Service
Jersey City Medical Center, 30 Baldwin Avenue
Jersey City, New Jersey 07304
Telephone: (201) 451-9800 Ext. 2436
Health Officer: Walter Lezynski
Public Health Nutritionist: Mrs. Hannah Waterman, M.S., R.D.
Area Served: Jersey City
Fees: None

Hunterdon County

Hunterdon Medical Center
Route 31, Flemington, New Jersey 08822
Telephone: (201) 782-2121 Ext. 427
Acting President: Eleanor Claus, R.N.
Nutritionist: Mrs. Melanie Rhoades, M.S., R.D.
Area Served: Hunterdon County
Fees: \$15.00 per hour

Middlesex County - Southern Region

Diet Counseling Service
MRFIT Clinical Center
223 State Highway, Route 18, East Brunswick, New Jersey 08816
Telephone: (201) 828-7200
Nutrition Consultant: Ms. Joyce L. Lasser, M.S., R.D.
Area Served: No geographical limit
Fees: \$20.00 per hour

Morris County

Visiting Nurse Association of Morris County, Inc.
38 Elm Street, Morristown, New Jersey 07960
Telephone: (201) 539-1216
Executive Director: Mrs. Dorothy E. Binder, R.N., M.A.
Community Health Dietitians: Mrs. Janet Nunemaker, R.D.
Mrs. Selma Gilbert, M.A., R.D.
Area Served: Morris County
Fees: \$21.00 home visit
6.00 office visit
Fees may be adjusted according to ability to pay

Morristown Division of Health
29 Ann Street, Morristown, New Jersey 07960
Telephone: (201) 538-3707
Health Officer: Mark Guarino
Pediatric Nutrition Counselor: Mrs. Eileen Santucci
Area Served: Morristown
Fees: No fee for residents of Morristown

Morris County (Continued)

Heart Association - Morris Sussex Chapter
9 Pocono Road, Denville, New Jersey 07834
Telephone: (201) 635-0633
Executive Director: Mrs. Shirley May
Consulting Nutritionist: Mrs. Penelope Garrett, M.S., R.D.
Area Served: Morris and Sussex Counties
Fees: \$10.00 first visit

Diet Counseling Service - Ridge Pharmacy of Sterling
1221 Valley Road, Stirling, New Jersey 07980
Telephone: (201) 647-0808
Consulting Nutritionist: Mrs. Penelope Garrett, M.S., R.D.
Area Served: No geographical limit
Fees: \$20.00 first visit with adjustment according to
ability to pay

Passaic County

Visiting Health Services of Passaic Valley, Inc.
9 Center Avenue, Little Falls, New Jersey 07424
Telephone: (201) 256-4636
Executive Director: Mrs. Ethel N. Donchevich, R.N., M.A.
Diet Counselor: Mrs. Helen Postelnek, R.D.
Fees: No fee for patient using the health service
\$10.00 home visit for private patient
5.00 office visit for private patient

The Paterson Clinic, P.A.
750 Broadway, Paterson, New Jersey 07514
Telephone: (201) 278-2211
Nutrition Counselor: Mrs. Diane Klaiman, M.S., R.D.
Area Served: No geographical limit
Fees: \$20.00 first visit
15.00 revisits

Beth Israel Hospital
Nutrition Counseling Service and Clinic
70 Parker Avenue, Passaic, New Jersey 07055
Telephone: (201) 473-8100 Ext. 276 or 344
Assistant Director: Mr. Steve Griff
Nutritionists: Mrs. Patricia Ioria, M.S., R.D.
Mrs. Kathleen Wolf, R.D.
Ms. Leigh Bovinet, R.D.
Area Served: No geographical limit
Fees: \$15.00 initial visit
No charge for follow-up visit

Passaic County (Continued)

Tri-Hospital Home Care Program
70 Parker Avenue, Passaic, New Jersey 07055
Telephone: (201) 473-7800
Program Director: Mrs. Judith Iversen, R.N., M.A.
Nutritionists: Mrs. Patricia Iorio, M.S., R.D.
Mrs. Kathleen Wolf, R.D.
Ms. Leigh Bovinet, R.D.
Area Served: Passaic City, Clifton, Garfield, Wallington, Lodi,
East Rutherford, Rutherford, Lyndhurst
Fees: If no insurance, fee is based on ability to pay

Union County

Union County Health Association
98 West Jersey Street, Elizabeth, New Jersey 07202
Telephone: (201) 353-7391
Executive Director: Mrs. Evalyn Leonard, R.N.
Diet Counselor: Mrs. Donna C. D'Amato, M.S., R.D.
Area Served: Union County
Fees: None
Contributions to Heart Fund are accepted

Summit Medical Group, P.A.
120 Summit Avenue, Summit, New Jersey 07091
Telephone: (201) 273-4300 Ext. 283
Administrator: Anthony Milano
Nutritionist: Mrs. Roba Ritt, M.S., R.D.
Area Served: No geographical limit
Fees: \$20.00 initial visit
15.00 or \$10.00 follow-up visits depending on type
of therapy rendered.

NEW JERSEY STATE DEPARTMENT OF HEALTH

Diet Counseling Services in New Jersey

Southern Region

Burlington County

Burlington County Memorial Hospital
175 Madison Avenue, Mount Holly, New Jersey 08060
Telephone: (609) 267-0700 Ext. 321
Administrator: Mr. Paul M. Long
Diet Counselor: Mrs. Helene Clements, R.D.
Area Served: No geographical limit
Fees: \$15.00 per half-hour
Clinic patients - adjustments according to
ability to pay

Zurbrugg Memorial Hospital
125 Taylor Street, Riverside, New Jersey 08075
Telephone: (609) 461-6700 Ext. 254
Administrator: Paul J. Sherin
Diet Counselor: Mrs. Elizabeth Warholak, R.D.
Area Served: No geographical limit
Fees: \$7.00 per diet instruction

Camden County

Community Health and Nursing Services of Greater Camden County
28 West Collings Avenue, Collingswood, New Jersey 08108
Telephone: (609) 854-0040
Executive Director: Dr. Josephine Leibovichi
Nutrition Consultant: Mrs. Edna H. Herr
Area Served: Camden County except Camden City, Merchantville
and Pennsauken
Fees: \$14.00 with adjustments according to ability to pay

Camden County Health Department, 1800 Pavilion, 2101 Ferry Ave.,
Camden, New Jersey 08104
Telephone: (609) 757-6820
Health Officer: Joseph Surowiec
Nutritionist: Miss Catherine Shipman, R.D., M.S.
Area Served: Camden County
Consultation given to staff of Camden VNA
Diet counseling for patients in prenatal clinics
and Child Health Conferences sponsored by Health
Department.
Individual diet counseling limited to telephone
consultations only.
Fees: None

Camden County (Continued)

Cooper Hospital
Sixth and Stevens Streets, Camden, New Jersey 08103
Telephone: (609) 964-6600 Ext. 206
Administrator: W. Herman Jenkins
Clinic Dietitian: Mrs. Lois Stavola, R.D.
Area Served: No geographical limits
Fees: \$5.00 initial visit
3.00 subsequent visits

Gloucester County

Gloucester County Health Department
Carpenter St. and Allen Lane, Woodbury, New Jersey 08096
Telephone: (609) 845-1600 Ext. 321
Health Officer: Robert Smith
Nutritionist: Miss Dorothy Szmendera, R.D.
Area Served: Gloucester County
Fees: None

Mercer County

Mercer Regional Medical Group
438 Bellevue Avenue, Trenton, New Jersey 08607
Telephone: (609) 396-4600
Nutritionist: Mrs. Marian Eschleman, R.D., M.S.
Area Served; 25 mile radius of Trenton
Fees: No diet counseling fee for members of
Health Maintenance Organization

Trenton Neighborhood Family Health Center, Inc.
225 North Warren Street, Trenton, New Jersey
Telephone: (609) 394-1333
Health Officer: Mr. Richard Salter
Nutritionist: Mrs. Zenaida Acuna
Area Served: Trenton
Fees: None

Middlesex County

Home Economics Department
Douglass College, Rutgers University, New Brunswick, New Jersey 08903
Telephone: (201) 932-9439
Director: Miriam K. Brush, R.D., Ph.D.
Diet Counselor: Mrs. Barbara Tangel, R.D., M.S.
Area Served: Middlesex County
Fees: \$15.00 first conference
7.50 each subsequent visit with adjustment
according to ability to pay

Perth Amboy General Hospital
530 New Brunswick Ave., Perth Amboy, New Jersey 08861
Telephone: (201) 442-3700 Ext. 310
Director: A.S. Dickens
Clinic Nutritionist: Mrs. Denise Langerin, R.D.
Fees: None for hospital out-patients

Monmouth County

MCOSS Family Health and Nursing Service

141 Bodman Place, Red Bank, New Jersey 07701

Telephone: (201) 747-1204 Ext. 55

Executive Director: Mrs. Dorothy Garvin, R.N.

Diet Counselors: Mrs. Eileen H. McCarthy, R.D., M.A.

Miss Christine Hatter, A.D.A., M.S.

Area Served: Diet Counseling to private patients of physicians
in Monmouth County and Advisory Service to nursing
staff in MCOSS areas.

Fees: \$16.50 per counseling session in the home or
adjustments according to ability to pay

NUTRITION COUNCILS

*The New Jersey Nutrition Council is composed of health care professional and non professional groups and organizations throughout the State, Government Agencies, and Citizens who are interested in promoting sound nutrition information and sound nutrition programs in New Jersey.

Mrs. Alice Wittsten, R.D. Chairperson
Bergen County Health Department
355 Main Street
Hackensack, New Jersey 07601
(201) 646-2600

The Tri County Nutrition Council, which is a consolidation of the Burlington, Camden and Gloucester Nutrition Councils, develops programs in the areas of health and nutrition for the promotion of consumer awareness.

Miss Catherine Shipman, Chairperson
Camden County Health Department
1800 Ferry Ave.
Camden, New Jersey 08010
(609) 757-6800

The Atlantic County Nutrition Council is the recognized organization in the county with its primary concern that of nutrition and its relationship to the residents of the county.

Mrs. Mildred Hodson, Chairperson
Atlantic City Medical Center
1925 Pacific Ave.
Atlantic City, New Jersey 08401
(609) 344-4081

*Information regarding other county councils may be obtained from the Chairperson of the N.J. Nutrition Council.

DAIRY COUNCILS

The goal of the Dairy Councils has been to make the public aware of the importance of a balanced diet in maintaining health. As non-profit organizations, they sponsor free audio-visual programs, and provide nutrition education materials. These activities are centered around the nutrition staff, who regularly present nutrition education, workshops, and programs before groups of teachers, other professional leaders and students. Appearances on radio and television are also accommodated.

Nutrition Consultants in Southern New Jersey

Ms. Terry Heller, R.D.
Director of Nutrition Education
of Dairy Council Inc.

Ms. Sue M. Fitzpatrick
Ms. Paula Wierenga

Dairy Council, Inc.
1225 Industrial Highway
Southampton, Pennsylvania 18966
(215) 322-0450

Nutrition Consultants in Northern New Jersey

Mrs. Lorraine W. Shafer, Executive Director,
Dairy, Food and Nutrition Council, Inc.

Mrs. Claire Stone, R.D.
Ms. Margaret Pettingell
Ms. Linda Rhodes

Dairy, Food and Nutrition Council, Inc.
172 Halsted Street
East Orange, NJ 07018
(201) 678-4838

RESOURCES FOR NUTRITION INFORMATION

At the Local and State Level:

- (1) Public Health Nutritionists in State and local health departments.
- (2) Nutritionists in voluntary agencies, as Visiting Nurse Association, Diet Counseling Services, Diabetes Associations, and those in local hospitals and Heart Associations.
- (3) Nutritionists and dietitians in clinics, health centers, and hospitals, particularly dietetic departments in teaching hospitals.
- (4) State and local Cooperative Extension Services.
- (5) Professional organizations concerned with nutrition such as American Dietetic Association, American Home Economics Association, and American Public Health Association with their State or local affiliate chapters.
- (6) University and college nutrition and medical faculty members.
- (7) Local affiliates of the National Dairy Council.
- (8) State and local welfare agencies.

At the National Level:

- (1) U.S. Department of Health, Education, and Welfare, 5600 Fishers Lane, Rockville, Maryland 20852
Health Services Administration/Bureau of Community Health Services
Food and Drug Administration.
- (2) U.S. Department of Agriculture, Washington, D.C. 20250
Agricultural Research Service, Consumer and Food Economics
Research Division
Federal Extension Service
Food and Nutrition Service.
- (3) National Research Council, National Academy of Sciences,
2101 Constitution Avenue, Washington, D.C. 20418.
- (4) Superintendent of Documents, U.S. Government Printing Office,
Washington, D.C. 20402. (Request to be put on mailing list for
publications related to food, nutrition, and health.)
- (5) American Academy of Pediatrics, 1801 Hinman Avenue
Evanston, Illinois 60204.
- (6) The American College of Obstetricians and Gynecologists,
One East Wacker Drive, Chicago, Illinois 60601.

- (7) The American Dietetic Association, 430 N. Michigan Avenue,
Chicago, Illinois 60611.
- (8) The American Home Economics Association, 2010 Massachusetts Ave.,
N.W., Washington, D.C. 20036
- (9) American Institute of Nutrition, 9639 Rockville Pike, Bethesda,
Maryland 20014.
- (10) The American Medical Association, 535 N. Dearborn Street, Chicago,
Illinois 60610.
- (11) American Public Health Association, Food and Nutrition, Section,
1015 Eighteenth Street, N.W., Washington, D.C. 20036.
- (12) Society for Nutrition Education, 2140 Shattuck Avenue, Suite 1110,
Berkeley, California 94704.

State Nutrition Resources Project - The purpose of this Project is to function as a food program monitoring, policy analysis, training and technical assistance agency. The project publishes a monthly newsletter with legislation update and a calender of upcoming meetings on Food Assistance Programs at the state and national level. The Project is funded by the New Jersey Community Action Directors Association and State Economic Office, New Jersey Department of Community Affairs.

Ms. Bennetta N. Hall, Director

Department of Human Services

112 West State Street

Trenton, NJ 08625

(609) 984-3456

Selected Readings on Food and Nutrition

The following authoritative nutrition books contain the best current information of research findings and are recognized by nutrition consultants as being sound and up-to-date in their content.

Personal and Family Nutrition

Committee on Food Protection, Food and Nutrition Board, National Research Council, TOXICANTS OCCURRING NATURALLY IN FOODS, National Academy of Science, Washington, D.C., 1973. \$10.50. Written primarily for use of persons with science background, this book covers technical information about the naturally occurring chemicals in plant and animal foods in a readable form which will aid in interpretation to the public.

Consumer Reports, FOR OLDER PEOPLE, EATING RIGHT FOR LESS, Consumers Union Orangeburg, New York, 10962, 1975. \$1.75 plus \$.25 postage. Larger, easy to read print is featured in this 75 page booklet about health, foods and nutrition and ratings of certain foods.

Deutsch, Ronald M., THE FAMILY GUIDE TO BETTER FOOD AND BETTER HEALTH, Creative Home Library, Meredith Corporation, Des Moines, Iowa, 1971. \$7.95; (Paperback, \$1.95). Comprehensive review of basic nutrition, facts about weight control, food safety and food buying. Written for lay persons with some science background.

Deutsch, Ronald M., NEW NUTS AMONG THE BERRIES, Bull Publishing Company, Palo Alto, California, 1976. \$4.95 (Paperback). Revised edition of popular book on food faddism, past and present.

Deutsch, Ronald M., REALITIES OF NUTRITION, Bull Publishing Company, Palo Alto, California, 1976. \$9.95. This readable book makes nutrition exciting and teaches college level non-nutrition majors to evaluate new developments in nutrition leading the reader through steps necessary in decision making.

McWilliams, M., NUTRITION FOR THE GROWING YEARS, 2nd Edition, John Wiley and Sons, Inc., 605 Third Avenue, New York, New York 10016, 1975. \$10.95. Basic facts about nutrition and feeding of infants and children emphasizing needs for development are presented in this easy to read book.

March, Donna C., HANDBOOK: INTERACTIONS OF SELECTED DRUGS WITH NUTRITIONAL STATUS IN MAN, American Dietetic Association, Chicago, Illinois, 1976. \$7.50 (Paperback with tabs). Effects of various drugs on nutritional status and specific nutrients in man are classified by drug categories following the American Hospital Formulary Service classification in this spiral bound book with index tabs.

Mayer, Jean, A DIET FOR LIVING, David McKay Company, Inc., New York, 1975. Consumers Union Edition, \$4.00 plus \$.50 postage. This easy to read book features a series of questions and answers on food facts and fiction, weight control, food purchasing and preparation.

Mitchell, Helen M.; Rynbergen, Henderika; Anderson, Linnea and Dibble, Marjorie, NUTRITION IN HEALTH AND DISEASE, 16th Edition, J.B. Lippincott Company, Philadelphia, Pa., 1976. \$14.50
Newly revised standard text on nutrition and diet therapy for health professionals includes information on nutrition counseling, aids for nutritional assessment and suggested supplemental readings.

National Nutrition Consortium, NUTRITION LABELING - HOW IT CAN WORK FOR YOU, 9605 Rockville Pike, Bethesda, Maryland, 1976. \$2.00 (Paperback)
Informative assistance to shoppers in food purchasing and menu selection discussing required and optional labeling of nutrients and tables of the Recommended Dietary Allowances of the Food and Nutrition Board, National Academy of Sciences and the U.S. Recommended Dietary Allowances used by the Food and Drug Administration.

NUTRITION REVIEWS PRESENT KNOWLEDGE IN NUTRITION, 4th Edition, The Nutrition Foundation, Inc., New York and Washington, D.C., 1976. \$8.50.
Current information on selected topics including energy, obesity, nutrients, fiber, diet therapy for specific diseases, growth and development and other topics are presented by nutritional scientists in 53 chapters. Also included is an annotated bibliography for nutrition students.

Robertson, Laurel, Flinders, C., and Godfrey, B., LAUREL'S KITCHEN: A HANDBOOK FOR VEGETARIAN COOKERY AND NUTRITION, Nilgiri Press, Berkeley, California, 1976. \$12.95.

Recipes and menus are included in this useful source book for professional and lay people involved in planning, evaluating, or serving vegetarian meals. Information on weight control and meeting dietary needs for pregnant women, infants and children are included.

Stare, F.J., and McWilliams, M., LIVING NUTRITION, 2nd Edition, John Wiley and Sons, Inc., 605 Third Avenue, New York, New York, 10016, 1977. \$12.95.

Physiological and sociopsychological aspects of nutrition, nutritional needs during the life cycle and applications for nutrition are covered in this text.

U.S. Department of Agriculture, The 1975 Yearbook of Agriculture, THAT WE MAY EAT, Superintendent of Documents, U.S. Government Printing Office \$7.30.

Describes effects of achievements of past 100 years of State Agricultural Experiment Stations, tells of their ongoing research into problems affecting consumers and discusses future needs for research in agriculture.

Whelan, Elizabeth and Stare, F.J., PANIC IN THE PANTRY, Atheneum Publishers, 1975, \$8.95.

Food additives, their use and regulations and a look at some myths attached to health foods are discussed.

White, Phillip, L., LET'S TALK ABOUT FOOD, American Medical Association, Chicago, Illinois, 1974. \$6.95.

Answers frequently asked questions and gives authoritative information on a wide range of subjects of interest to the public in food and nutrition.

Selected Cookbooks

Eshelman, R. and Winston, M., THE AMERICAN HEART ASSOCIATION COOKBOOK, 2nd Edition, David McKay Company, Inc., New York, 1977. \$11.95; \$2.25 (Paperback).

Recipes for persons controlling intake of saturated fat and cholesterol. Chart of fatty acids and cholesterol in unusual food is included.

Schoenber, Hazel, GOOD HOUSEKEEPING COOKBOOK FOR CALORIE WATCHERS, Good Housekeeping, New York, \$6.95.

Reliable recipes and helpful hints for dieters who wish to lose weight plus additional recipes for persons on allergy, bland, diabetic, high iron, low cholesterol, low purine and low sodium diets.

Stuart, R.B., and Davis, B., SLIM CHANCE IN A FAT WORLD - BEHAVIORAL CONTROL OF OBESITY, Research Press Company, Champaign, Illinois, 1972. \$3.00 (Paperback)

Well written book for weight control programs that includes behavioral control of eating, management of food intake and exercise.

Nutrient Values of Foods

Adams, Catherine, NUTRITIVE VALUES OF AMERICAN FOODS IN COMMON UNITS, Agriculture Handbook No. 456, Agriculture Research Services, USDA, Government Printing Office, Washington, D.C., 1976 \$5.15 (Paperback) Includes data on nutritive value of 1500 foods in household measures and market units.

Church, Charles F., and Church, Helen M., FOOD VALUES OF PORTIONS COMMONLY USED, 12th Edition, J.B. Lippincott, Philadelphia, 1975, \$6.90.

Tables on food composition, nutrition labeling, food additives are included in this spiral bound book as well as a section on foods in history.

Tel-Med

A public health hotline known as Tel-Med is a unique state-wide program provided by the Health Research and Educational Trust at the Center for Health Affairs, Princeton, New Jersey. There are 17 Tel-Med locations throughout the state with a tape library consisting of over 300 health information topics, each three to five minutes long. All tapes have been reviewed and approved by the Medical Society of New Jersey. When a call is placed to the hotline number, the operator at the local center simply plugs in the tape requested. The caller remains anonymous. Same tapes providing nutrition information are the following:

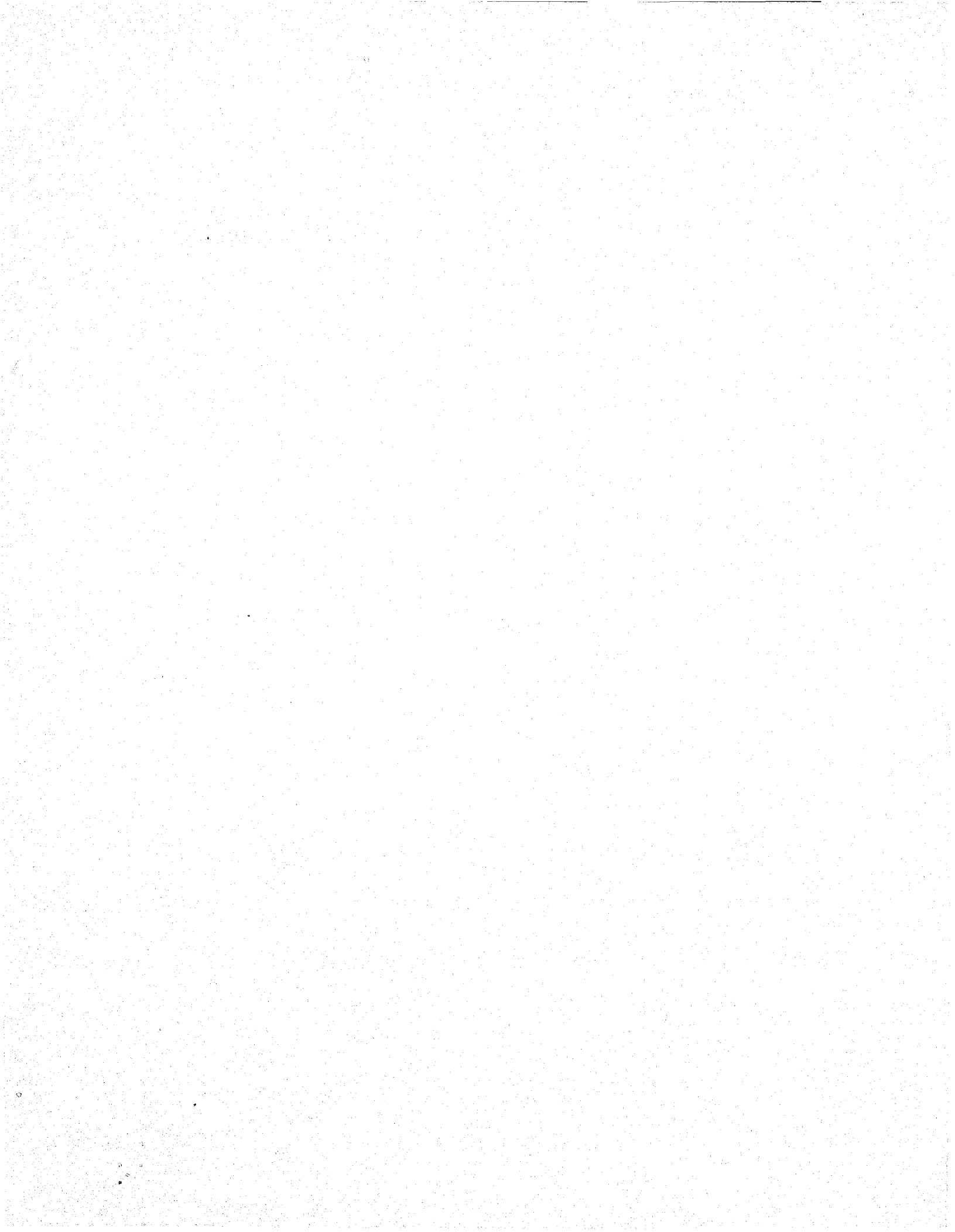
- 600 Cholesterol in Your Diet
- 601 Low Salt Diet
- 602 Trace Minerals in Your Diet
- 603 Breakfast: Why Is It Important?
- 604 A Guide to Good Eating
- 605 Food Stamps and Good Nutrition
- 608 Snacks
- 403 Your Childs Eating and Meals
- 304 Diet Tips for Dental Health
- 609 Diabetic Diets
- 565 Hypoglycemia
- 23 Diet and Heart Disease
- 881 Breast Feeding Your Baby
- 606 Nutrition In Pregnancy
- 693 Weight Control While Quitting (Smoking)

Always ask for tapes by number.

Tel-Med Centers in New Jersey

<u>HOSPITAL</u>	<u>ADMINISTRATOR</u>	<u>PUBLIC RELATIONS CONTACT</u>	<u>TEL-MED-NUMBER</u>
Barnert Memorial Hospital Center	Harvey Schoenfeld	Lila Frankfort	201-684-2000
Bridgeton Hospital	Paul S. Cooper	Dennis Gallagher	609-455-8200
Burlington County Memorial Hospital	William D. Locke	Easton Clarke	609-261-4424
The Center for Health Affairs	Jack W. Owen	Mistie Meyner	609-452-2882
Clara Maass Memorial Hospital	Albin H. Oberg	Harold Widman	201-751-7000
Elizabeth General Hospital & Dispensary	George F. Billington	Terry Manfredi	201-289-4005
Englewood Hospital Association	Ronald C. DeMatteo	Gus Wiesner	201-569-7550
Hamilton Hospital	J. Austin White	Vince Pelligrino	609-586-7302
Muhlenberg Hospital	Edward J. Dailey, Jr.	Pat Duddy	201-757-4900
Overlook Hospital	Robert E. Heinlein	Margaret Trentin	201-522-4800
Perth Amboy General Hospital	Anthony S. Dickens	Susan Taylor	201-442-3535
Riverside Hospital	Gordon W. Elliott	P.R. Department	201-335-3090
Riverview Hospital	John K. Pawlowski	Parky MacKenzie	201-747-2551
Shore Memorial Hospital	William M. Jenkins	Elton Stuenckel	609-653-1410
Valley Hospital	John Peterson	Eileen Patten	201-445-7970
Warren Hospital	John A. DeMarrais	Sally Perkins	201-454-7800
West Jersey Hospital	Barry D. Brown	Martha Foster	609-541-4700

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