

Risk 427.1 - Inappropriate Use of Dietary Supplements

Risk Description

Dietary supplements may be toxic or have potentially harmful consequences when taken in excess of recommended dosages by pregnant or postpartum women.

Reason for Risk

Women taking inappropriate or excessive amounts of dietary supplements such as single or multi-vitamins or minerals, or botanical (including herbal) remedies or teas, are at risk for adverse effects such as harmful nutrient interactions, toxicity, and birth defects. Pregnant and lactating women are more at risk because they are potentially affecting both their health and the health of their infant.

Category	Women
Risk level	Low
At risk if:	Woman is taking dietary supplements in excess of recommended dosages. Examples include, but are not limited to: <ul style="list-style-type: none">• Single or multi-vitamins• Mineral supplements• Herbal or botanical supplements/remedies/teas

Not at risk if:	Woman is not taking dietary supplements OR Dietary supplements are taken in the recommended dosage
How is risk assigned?	Certifier selected when entering information into the data system.
Additional documentation	Document the specific inappropriate use of dietary supplements in the data system.