2021

## Annual Report to the Community



**OVERLAKE** MEDICAL CENTER & CLINICS

## Caring for Our



With the partnership of our community, fiscal year (FY) 2021 (July 1, 2020–June 30, 2021) was a year of achievement and hope. This report presents just some of the great work accomplished, lives saved or made better, programs and services provided, and compassionate care delivered. Our generous community has been there every step of the way with encouragement, words of gratitude and donations large and small. Your support has been indispensable.

#### **Project FutureCare**

After five years of planning, designing and building, Overlake's new, five-story, 240,000 square-foot tower opened its doors in February 2021. Our patients, families, staff, physicians and many community members provided inspiration and guidance for the vision and design of the building. From the graceful curves of the lobby to the spacious private rooms, comfortable family gathering areas and curated art collection, the building feels welcoming for patients and visitors. The new facility not only looks good, it helps create the best possible experience for patients and enables our hardworking caregivers to provide the compassionate care they are known for in a more efficient and healing environment.

#### **COVID-19 Response**

From the earliest days of the pandemic, Overlake caregivers have stood on the frontlines. From caring for patients to testing for the virus and working with our partner organizations to vaccinate the community, Overlake is playing a critical role in the region's response. See Page 3 to learn more.

#### **World-Class Care**

As medical science rapidly advances, Overlake providers remain on the leading edge of innovative treatments and technologies. In FY 2021, we extended our capabilities and expanded our partnerships. Our Level III neonatal intensive care unit (NICU) is now certified to care for babies starting at 24 weeks. We have continued to expand our ability to perform minimally invasive surgical procedures and have become regional leaders in the transition from invasive diagnostic procedures to non- or less-invasive image-based diagnostics, such as MRIs, MRAs, ultrasound, CT Scans, X-rays or scopes. At the same time, Overlake's quality and safety record is one of the best in the state.

#### **Shoulder to Shoulder**

Overlake has cared for the Eastside and beyond for over 60 years. Our generous community was instrumental in our founding, has supported our work at every juncture, and continues to be a critically important partner. Your support in FY 2021 has touched every caregiver and helped bring every program, service and innovation forward. Thank you.

## Saving Lives One Needle Stick at a Time

66

We've spent so much time battling and being beat by COVID-19. But every shot given through the vaccine clinic was part of an offensive strategy...

#### **GORDON OAKES**



In February 2021, Overlake joined the King County Vaccination Partnership-Redmond in an effort to get as many community members vaccinated against COVID-19. The partnership is a unique collaboration between Overlake, Microsoft, Starbucks and EvergreenHealth, to create a vaccination clinic on the Microsoft campus. To date, that clinic has given 160,000 shots.

"We tried to design something with maximum throughput, maximum safety and minimum barriers," says Gordon Oakes, who as director of clinical support services led the herculean effort for Overlake. The endeavor started in December 2020 and continues today.

Because the pandemic disproportionately impacted minority and underrepresented communities, the site focused on equitable distribution of the vaccine and even led to pop-up clinics that went into the community, where underserved populations live and work.

"We've spent so much time battling and being beat by COVID-19. But every shot given through the vaccine clinic was part of an offensive strategy, a path to winning the COVID-19 war," explains Oakes.

Tyler Kuhk, MN, ARNP, with Overlake Clinics Pulmonary Medicine, thanked the scientists whose research led to the breakthrough COVID-19 vaccines. "COVID-19 has affected us all in so many ways and I am proud to be part of the solution to help end this pandemic," he says.

# Overlake heroes demonstrate superpowers in historic times



Our Overlake heroes have served our community with their enduring efforts to fight COVID-19, continuing to demonstrate courage and compassion in these unprecedented times.

From Feb. 29, 2020, when our lives changed with Overlake's first patient diagnosed with COVID-19, we have treated more than 2,600 COVID-19 patients, including 331 inpatients. For our sickest patients in the ICU on ventilators, our mortality rate is two-thirds less than the national average. We were an early adopter of the anti-viral drug Remdesivir, which may improve survival rates, and our efforts to carefully place patients on their stomachs using the proning technique helped save lives.

"During the pandemic, our teams have been learning and adapting daily...They are a testament to resilience," says Overlake President and CEO J. Michael Marsh.

We quickly launched many initiatives to meet our community's needs. Among these:

- COVID-19 testing clinics.
- A molecular laboratory and new polymerase chain reaction (PCR) testing.
- An onsite vaccine clinic.
- Virtual care visits and virtual community classes.

Without our Overlake heroes, we would not have been able to accomplish so much in the battle against COVID-19!

#### **Overlake News & Awards**

#### Recognitions

Overlake is consistently rated one of the top healthcare providers locally and nationally. We're fueled by the world-class work of our staff. This is just a taste of the accolades the medical center and our staff received over the past year.



Named the Best Hospital by 425 Magazine for the second year in a row.





Healthgrades, the leading resource that connects consumers, physicians and health systems, has named Overlake among the top hospitals in the nation in the following areas:

- 2021 Patient Safety Excellence Award for the third year in a row. Top 5% for patient safety among all short-term acute care hospitals in the nation.
- Top 10% in the nation for vascular surgery in 2021 and recipient of the Vascular Surgery Excellence Award.
- Top 5% of hospitals in the nation for Gynecologic Surgery excellence (2018–2020)



Awarded an 'A' hospital safety grade in fall 2020 from The Leapfrog Group, an independent national watchdog organization committed to healthcare quality and safety.



Jasen Luna, RN, and the entire Emergency
Department win Overlake's 2021 The
DAISY Award For Extraordinary Nurses.
Luna was recognized for providing
highly attentive, compassionate care. The
Emergency Department provided highly
responsive emergency care to a child who
was suffering a rare stroke. The team
recognized the condition and worked
quickly to give the child the very best
care possible.

#### **Teaming Up for Success**

The past year was especially busy as Overlake joined other local healthcare providers to create strategic partnerships and expand our services into the community. Here are a few of the highlights.

#### Overlake and SCCA launch joint cancer treatment program

Seattle Cancer Care Alliance's world-class cancer program, combined with the outstanding cancer care environment at Overlake, provide patients on the Eastside with the most advanced cancer care treatments provided by highly skilled specialists.

Overlake and Snoqualmie Valley Hospital expand access to emergency care services

The partnership brings Overlake's board-certified emergency physicians, management services and electronic records to Snoqualmie Valley Hospital's emergency department.

#### Overlake acquires Washington Urology Associates

The acquisition of Washington Urology Associates allows Overlake to expand the scope of services we offer and advances our goal of providing integrated and comprehensive urology care to our community.

#### Overlake opens first breast milk distribution site in Washington state

In partnership with Northwest Mothers Milk Bank, Overlake opened Washington state's first breast milk distribution site where mothers can purchase prescribed milk after they are discharged and go home. Mothers—regardless of whether they are Overlake patients—can also donate and drop off milk at Overlake, meaning the donor milk comes from and is given to local moms.



### Overlake by the Numbers

Fiscal Year 2021



TO THE Surgeries Performed

15,300 Inpatient Admissions

42,000 Emergency Department Visits

151,000

**Unique Patients** 



516,000

Outpatient Visits





2,600 COVID-19 Patients Cared For

ر 120,

**120,000** COVID-19 Vaccine Doses Provided

\$

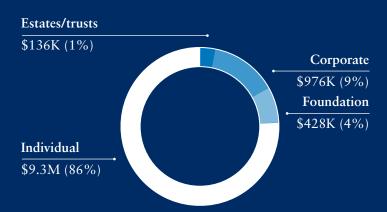
4,618

Number of Patients Who Received Financial Assitance Financial Assistance Provided to Patients

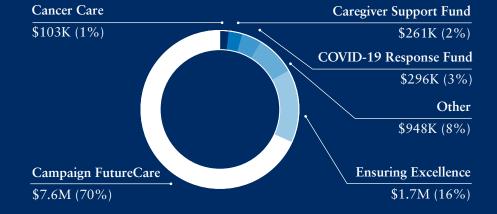
\$12,500,000

\$10,883,273

## Contributions from the Community



## What You Supported





#### A Gift That Keeps on Giving

Many donors increase and extend their impact through endowment giving. Overlake has 20 separate funds with a combined value of \$15.7 million. Endowment funds are carefully invested to grow over time. A portion of the investment earnings are disbursed each year to help fund hospital programs and services. In FY 2021, endowments provided over \$700,000. The money was distributed according to the wishes of the donors who established the endowments.

Distributions from endowments are a critical source of funds for expenses throughout the year. For example, each year endowment funds are used to provide advanced training for nurses, ensuring that our caregivers are always able to provide the best possible care. Another endowment provides funds to support the social work team in the Overlake Cancer Center.

Endowments provide funds for charity care, surgical services, Critical Care Unit services, senior care and other areas. Other endowments are unrestricted, meaning the funds can be applied wherever they are needed most. Establishing a new endowment fund requires a minimum contribution of \$100,000. The Trailblazers Fund for Medical Excellence, established by a group of donors to provide unrestricted funding, is open for additional contributions of any size. Thank you to the forward-thinking donors who have made the gifts that keep on giving, year after year.

#### **Care for the Caregivers**

It has been a challenging year, to say the least, and Overlake caregivers have been there for the community through every stage of the pandemic. Non-stop hard and stressful work takes a toll, and Overlake staff members have struggled with the same challenges (school closures, ill family members and others) that have impacted everyone. Donors stepped up to help care for our caregivers, and we are so grateful.

Donors helped establish an employee relief fund, which provided small grants for Overlake staff struggling with the financial impact of the pandemic. To help with rent, childcare and other costs, \$261,008 was distributed to 263 employees. A Caregiver Support Fund was also established to provide items and services that help caregivers and make them feel appreciated. A donor-supported, organization-wide subscription to the Calm app, a service that offers guided meditations, sleep stories, soundscapes and more, has been enthusiastically received.

"I love the Calm app," says nurse manager Pamela Bouchez. "I play the sleep stories for my girls, and I use the short guided meditations in my office to calm down on stressful days. Thank you, donors, for supporting caregivers!"

#### Overlake Medical Center extends our deepest gratitude to the individuals, corporations and foundations that generously supported our mission in fiscal year 2021.

#### Thank you.

#### **Individual Donors**

#### \$1,000,000 +

Florence Cordell and Chris Armour Patty Edwards Betty and Kemper Freeman, Jr.

\$250,000 - \$499,999

York and Alice Harris

J. Michael and Lisa Marsh

**\$100,000 - \$249,999**Patty and Ron Bedient

Meta Lou Bevan Jerry and Carolyn Haralson Jim and Marjorie\* Kesl Norma and Leonard Klorfine Donn and Patricia Roberts Amitabh and Richa Srivastava Pete and Carol Stewart Ina Goodwin Tateuchi Vijay and Sita Vashee

#### \$50,000 - \$99,999

Anonymous Catherine Boshaw and Douglas Edlund David Cutler Ted and Geri Frantz Diane La Bow Kirkman Moe Krabbe and Susan Shanbrom-Krabbe Gene E. Lynn Estate Douglas L. Smith and Mary A. Templeman-Smith Dr. Allen and Janice Wiesen

#### \$25,000 - \$49,999

Robert Anderson Ward and Judy Bushnell Douglas and Patricia Cook Janine and Robert Dodson Peter and Peggy Horvitz Gary Lee Johns II and Eric Ledoux Jim and Paula Melby Devin and Melissa Murray Uma Raghavan Sridhar Srinivasan and Sumathy Muthuswamy Joan and John Ýalaas Joan and Bob Wallace

\$10,000 - \$24,999 Ryan and Mary Actor Roger and Mary Anderson Robert and Gail Auslander Robbie and Pauline Bach Dr. William and Jeri Boettcher Fred and Joan Burnstead Ned and Haleh Clapp Mary Ellen Denman Peter and Aranca Ehrenwald Leslie and Penny\* Ellis Anand Eswaran and Kavitha Ramakrishnan Mary and Matthew Fearon Janine and Alex Florence . Leigha and Mark Grimaldi Janet Hauspurg Ted and Jodi Herb Jesse Huang Anu and Naveen Jain Rajesh Jha and Sudha Mishra Jay and Mary Jayne Jones Estate of Leona M. Kirkey Sandra La Haye Jerry and Sarah Mathews Warren and Jennifer Michelsen Mary Warjone Mott Bob and Cathy O'Rear Mark and Sheri Robison Phyllis Schaeffer\* Yuka Shimizu Jim and Jan Sinegal

#### Guenter and JoAnne Zimmer \$1,000 - \$9,999

Russ and Kristi Stockdale

Bob and Kathy Trimble

Anonymous (10)

Dr. Michael and Peggy Swistak

Andrew and Callie Abrahamowicz Matt and Nancy Adams Dr. Arthur and Katherine Anderson Linda Andryc Dr. Cynthia Anonsen Shirley Arnett Eileen Ash Arthur and Frank Arthur Eric and Katie Artz Ashley Asdairian Richard Ash Dr. John and Janis Baldwin Drs. Anne and Daniel Bankson Diana Barnes and R. Michael McKinlay Shiv and Kamlesh Batra Marilee and Robert Beckes Merrill Behnke and Ryan Broms Kristina and Joe Belfiore James and Karla Bennett Kim and Chris Bennett Katherine and William Binder Donald and Mindy Black Charu and Jeff Bogdan

Rachele and Blaise Bouchand Richard and Janet Brashen John and Dana Brekke Lisa Brock and Craig Mills Constance Brog\* Mary Brown Dr. Daniel and Patricia Brzusek Rob and Cam Campbell Jeanne Carlson Elizabeth and Hal Charvet Phil Chou Ming-Fea Chow Valerie Chrusciel and Dr. David Westman Elizabeth Ciapala Dr. Ronald and Barbara Coe Mark and Catherine Cole Dr. Jason Comer and Sheli Hadari Jan and Dennis Conrad Consuelo and Gary Corbett Katrina Corbett Phil and Cheri Corneil Jeffrey and Leann Crosby Michelle Curry Dave and Jane\* Davis Tom and Diane DeBord Eric and Wendi Demers Rahul and Aarti Deshpande Stephen and Kathy Dewalt David and Elizabeth Director Joycelyn Dorsey Candace and James\* Doud Jonathan and Samantha Duarte Diane Due Michael Eng Tom and Alison Evert Michael and Cynthia Fleming Robert France Brian and Ashley Franklin Ida Freilinger Deborah Freng and Joseph C. Decuir

Hailing Gao Bob and Penny Genise Bradley Gilden Irene Giustina Ken and Betsy Greenbaum Steven Grimmer Marie and Roland\* Groeschel Gary and Lauren Guenther Chuanxiong Guo Janet and Daril Hahn Jeff and Candace Havens Mary Ann and Michael Haynes Stuart and Britt Heath Noel Arthur Henderson Richard and Marilyn Herzberg Stuart M. Hood\*

Diana Hernandez and Kyle Halvorson Carl and Virginia Hossman Shelley and David Hovind Yingyi Huang Dr. Jim and Virgie Huehnergarth Maureen and Jerry Hunter The Hurdelbrink Family Maggie and Max Johnson The Jordan and Harris Families Anna Kaminska and Tomasz Kaminski Holly Keenan Jim and Barbara Kenney Vashti Key

Leroy and Anne Kilcup Douglas and Willeen Klan Tiffany Koenig and John Ostolaza Jackie and Mike Kraemer lim Ladd Karen Lamble Paul and Susan Latham Martha and Gene Lee Mark and Deborah Levine Bonny Liljebeck Ben and Angie Liu Dr. William and Janet Loscher Fred Lunki

Linda and Terry Mahaffey Ayleene and Peter Main Lawrence McAusland David and Betty McCaw Beth McCaw and Yahn Bernier Lvn McCov and Richard Szeliski Margaret Meister and Joan McBride Marilyn and Reid\* Morgan Debra and leff Morrow Christy Nelson Gary and Susan Neumann

Steve and Toni Nicholes

Chuck Nordhoff and Maribeth O'Connor Beverly Ossewaarde\* Marilyn and David\* Peterson Dr. David and Mara Pitkethly Eddie and Kim Poplawski Jeremiah Powers and Rachel Jenner Colin and Manio Radford

Vandana Rajagopalan Kathy Randall Sue and Tom Raschella Dan and Cecelia Regis Beverlee and Thomas Renninger Dr. Sandra Rice and Martin Nizlek The Ricketts Family

Michael and Maureen Rimkus Richard Rosenkranz

Alan Ross

Dan and Gay Rowe Daniel and Thanitthar Ruder Paul and Catherine Salscheider

David Schooler and Kristen Webb Marsha and James A. Seeley, MD Paula and Alan Senior Matthew and Casey Shen

Franklin and Christine Sims Mackenzie Skene and Suzanne Lusnia

Vinton and Amelia Sommerville Jim and Fawn Spady Ed and Frances Spring

Srivats Srinivasan Shannon and Donna\* Stafford

Molly and Jim Stearns Jay and Jennifer Stelly
Stephanie and Jamie Stewart
Sheryl and Mark Stiefel
Ed Sturdivant

Julie and James Sun Michael and Lynne Sweeney

Jennifer Tada Gifford Thomas

Graham and Kammy Thompson Jason, Gloria and Maddy Thompson

Severt W. Thurston

Andrew Tokar and Alexandra Chasin Tokar June Toll, In Memory of John Gorman

Kevin Tran

Marlene and James\* Trees Stuart and Karen Vander Hoek

Dale Vogel and Nancy Bird Michael and Carol Wade Mr. Jay Wakefield and Dr. Suzy M. Wakefield Joan S. Watjen

Anthony Welcher Steven Wells

Dennis and Patricia Westover Jeff and Amy Wilcox

Kate Woodard

Jessie and David Woolley-Wilson Barbara and Richard Wortley Min-Yu Yang

Marinell and Peter Zevenbergen Chun Mei "Ida" Zhu 3H Zhu Family

#### **\$500 - \$999**

Anonymous Sherri and Fernando Alvarado Stephen and Bonnie Anderson Balatico Family, In Memory of Nora W. Balatico

Valerie Barrs-O'Mara William Blethen, Jr. Scott Bond

Cheryl Brennan Carol Chow Piechalak and Michael Piechalak

Eva Corets and Josh Beloff

Theresa Cottrell
Drs. Kathryn Crossland and J. Walter Smith
Patti and Donald Dill
Phelps and Christel Fisher Janice and Robert Gerth

Elizabeth Glithero Alan Heuberger and Jennifer Heuberger, MSN, ARNP Hai Huang Linda Jackson and Family

Brent Johnson Brett and Dori Kelleran Joel LaChasse Jacqueline Lange
Carol and Dr. Bryan Leyton

David and Charlotte Lomet Deborah and John\* Michelsen Joanna Montgomery and Rick Price Dr. Gerhard and Coralie Mueller Isa Giese Nelson

Carmen Nelson-Moore and Robby Moore

Bob and Koren Okumura Kirk and Anne Ossewaarde

Vicki and Chris Ottesen Kyle Raschkow Justin Sampson Dyan M. Simon Carl Swart Sri and David Thornton

Don and Mary Wacker Glenn and Sandy Wright Dongmei Zhang David Zhu

Jim and Jan Tippett

#### **Corporate and Foundation Donors**

#### \$1,000,000 +

The Norcliffe Foundation John Y. and Reiko E. Sato Foundation

#### \$500,000 - \$999.999

The Firoz and Najma Lalji Foundation Microsoft Corporation

#### \$250,000 - \$499,999

PACCAR Inc

#### \$100,000 - \$249,999 Atsuhiko & Ina Goodwin Tateuchi Foundation

The Bellevue Collection Ellison Foundation The Robert and Jean Reid Family Foundation The Schuler Family Foundation

Wissner-Slivka Foundation

#### \$50,000 - \$99,999

Anderson Foundation
The F. Danz Foundation and Sterling Realty Organization The Foster Foundation

Radia Inc., P.S.

The Melody S. Robidoux Foundation

#### \$25,000 - \$49,999

GLY Construction, Inc.

The Benjamin and Margaret Hall Charitable Lead Trust

KeyBank Nakajima Foundation

PAC Worldwide Satya and Rao Remala Foundation Sterling Realty Organization

#### \$10,000 - \$24,999

425 Magazine Abbott Construction Alaska Airlines Arthur J. Gallagher & Co. The Ash Family Foundation Denali Advanced Integration First Choice Health

Highmark Investments, LLC Honeywell Building Solutions

Incyte Diagnostics

India Association of Western Washington Byron and Alice Lockwood Foundation

Matrix Anesthesia, P.S. Mednax Health Partners

Mission Healthcare at Bellevue **NBBJ** Architecture Ogden Murphy Wallace, PLLC

Parker, Smith & Feek, Inc. Mark and Susan Phelps Family Foundation Premera Blue Cross

Proliance Surgeons - Bellevue Ear, Nose & Throat The Robison Family Foundation

Rotary Club of Bellevue Lester and Bernice Smith Foundation Vantage Radiology and Diagnostic

#### \$1,000 - \$9,999 Anonymous

Accelerated Collection Service, Inc. Aegis Living Allegro Pediatrics Bellden Cafe Bloodworks Northwest BMW of Bellevue CBIZ Berntson Porter Cochran, Inc.

Columbia Bank - Bellevue Emergency Physicians at Overlake Fidelity Charitable Gift Fund ICON Real Estate Services, Inc Kaiser Permanente

LaPlant Consulting Group Microsoft Matching Gifts Program Overlake Medical Executive Staff

Pacific Civil & Infrastructure, Inc. Quest Diagnostics Reckitt Benckiser, LLC

Renton Collections, Inc. Silverado Bellevue Memory Care Community Temcov Foundation

The Schoenfeld-Gardner Foundation Tri-Med Ambulance UNICO Properties, Inc. Unify Consulting Wells Fargo

#### **\$500 - \$999**

Assured Partners of Washington Sol and Sadie Esfeld Memorial Fund of the lewish Federation of Greater Seattle The Foot and Ankle Center of Issaquah

#### **Physician Donors**

#### \$1,000 - \$9,999

Dr. Robert and Gloria Bjurstrom

Drs. Raj and Mona Butani

Dr. Stacey Donlan and Mr. Dan Donlan

Dr. Joseph and Dana Doucette

Dr. Jeffrey Fowler and Noel Murphy

Dr. Todd and Jodi Freudenberger

Dr. Pamela Girres and Richard Sirota Dr. Lawrence Greenblatt and Norma Ferchaud

Dr. Kristi Harrington and Timothy Fitzpatrick

Dr. J. Alan and Marianne Heywood

Dr. Andrew Hing

Dr. Priscilla Hoang and Mr. Adrian Synal

Dr. Richard and Lynn Kaner

Dr. David Knoepfler and Gosia Mazewska

Drs. Kelan and Elizabeth Koenig

Dr. Julie and John LaCombe

Dr. Edward and Jeanne Leonard

Dr. Georgia Lui and Stuart Lui

Dr. Silas and Trisha Marshall

Drs. Jennifer Mills and Jason Lukas

Dr. David Nelson and Georgette Fox

Dr. Thien and Abby Nguyen

Dr. Neal and Sandy Perlmutter Dr. Richard and Laurel Rand

Dr. Tara and Milt Reimers

Drs. Derek Rodrigues and Larisa Kaukonen

Drs. Scott Shih and Martha Spieker

Dr. Lennart Tan and Helen Chang

Dr. Murray and Cheryl Urquhart

Dr. Katherine VanKessel

Dr. Chialin Wey

Dr. Joel Wilson and Radhika Moolgavkar

Drs. Patricia and Roger Zundel

#### \$500 - \$999

Dr. Antonio and Sophie Avila

Drs. James Boswell and Liza Perpuse Dr. Clayton and Anne Marie Brandes

Dr. Ellen and Scott Lampe

Dr. David Likosky

Dr. Novae Simper

#### **Benefactor Society**

The Benefactor Society honors those who have made bequests or established other planned gifts and endowments with Overlake Medical Center Foundation.

Anonymous (4)

Bob\* and Clodagh\* Ash

Dr. John and Janis Baldwin

Brittany Barker

Elizabeth and Graham Bingley

Daten\* and Lenora Bourn

Kim and George\* Brace

Jeanne Carlson Rav\* and Anne Carr

Jody Cunningham and Mark Mennella Robert S. Cunnison

Patty Edwards

Peter and Aranca Ehrenwald Dr. Barry and Kristi Feder

Tom and Elaine Fowler

Charles Garthwaite and Nancy Benton

Steve and Fredda Goldfarb

Madeline Roberts Hagen lames and Kathryn Hanna

Dr. Martin\* and Dolores\* Hanson

Jerry and Carolyn Haralson Robert and Ioan Hardie

Edwin\* and Noriyo\* Hawxhurst

Larry and Patty Hebner

Stuart M. Hood\*

Peter and Peggy Horvitz Shelley and David Hovind

Dr. R. James and Virginia Huehnergarth

Anu and Naveen Jain

lanice larman

Maggie and Max Johnson Richard Karn and Tudi Roo

Jim and Marjorie\* Kesl

Diane La Bow Kirkman Klaus Landweer\*

Fred Lunki

Avleene and Peter Main

I. Michael and Lisa Marsh **Jerry and Sarah Mathews** 

Dr. lim and Dorie Pipers

Colin and Manio Radford Sue and Tom Raschella

W. Razore Family Foundation

Dr. Sandra Rice and Martin Nizlek Gail and Bruce Richards

Donn and Patricia Roberts Richard Rosenkranz

Alan Ross

Jeffrey and Lara Sanderson

Phyllis Schaeffer\*

Dr. Patricia Shands

Douglas L. Smith and Mary A. Templeman-Smith

Margaret A. Smith

Amitabh and Richa Srivastava

Phyllis and Dr. Roger Stark

Gene and Pat Styer

Dr. Richard and Joan Swanson Michael and Lynne Sweeney

Dr. Michael and Peggy Swistak

Gifford Thomas

Janet Thompson Severt W. Thurston

Joan and Bob Wallace

Janet and James Weisman

Steven Wells Dr. Robert and Barbara Welsh

Dr. Allen and Janice Wiesen

Susan and Dale Williams Marian Woosley

Timothy and Carole Woosley

Frank and Susan Young

#### **Endowments**

Endowments at Overlake help ensure world-class healthcare services for our Eastside community in the years ahead.

Robert W. and Clodagh C. Ash Endowment for Cancer Care

Lucille Botting Senior Care Endowment Helen L. Bucey Endowment Fund for

**Surgical Services** Dr. Joseph W. Doucette Cardiac Care

**Endowment Fund** R. Scott Hardie Endowment for Oncology

Clinical Education Anu and Naveen Jain Family Endowment for

Uncompensated Care Catherine Landweer Endowment for the Advancement of Nursing and Clinical Oncology Education

John and Hazel Matheson Endowment for the Advancement of Nursing and Clinical Education

Physicians Annual Lecture Endowment (Dr. Vistica Memorial)

Warren J. Razore Endowment

Reigert Chest Pain Center Endowment Fund Donn and Patricia Roberts Endowment Fund Sanderson Family Endowment Fund for

**Uncompensated Care** J. Walter Smith Medical Directorship **Endowment for Cancer Care** 

The Phyllis "Petie" Smith Memorial Fund for Heart and Vascular Care Amitabh and Richa Srivastava Endowment Edna and Sigurd Steen Endowment

Trailblazers Fund for Medical Excellence Dr. M. Marvin Wallace Endowment Fund The Gene and Louise Wilson Endowment for Oncology

#### **Overlake Medical Center Board**

Robert Campbell, Chair Jason Thompson, Secretary & Treasurer Dr. Ronnier Aviles, Chief of Staff Dr. Raj Butani, Chief of Staff - Elect

Russ Stockdale, Past Chair Pauline Bach, Foundation Board

Representative Patricia Bedient

Jorge Cerda Dr. Vicente Farinas

Kemper Freeman, Jr., Honorary Trustee

Ted Herb Rajesh Jha Tiffany Koenig

James Ladd Martha Lee

Linda Mahaffey

J. Michael Marsh, President and CEO

Uma Raghavan Dilip Wagle

Lisa Wissner-Slivka

#### **Overlake Foundation Board**

Pauline Bach, Chair Benjamin Liu, Secretary Julie Sun, Treasurer

Lani Mobius, Auxiliary Board Representative Stacy Spelman, Pulse Representative

Merrill Behnke Rachele Bouchand Haleh Clapp

Dr. Joseph Doucette James Gregson

York Harris J. Michael Marsh, President and CEO

Taylor Miller Whitney Nakajima Steve Nicholes

Dr. Tara Reimers

Michael Ridgeway Molly Stearns, Chief Development Officer

Claire Sumadiwirya Tyler Tonkin

#### **Overlake Auxiliaries Board**

After more than 60 years of critical work on behalf of the hospital and the community, the Overlake Auxiliaries have closed their doors. Their contributions will be remembered with gratitude.

Lani Mobius Mary Mott Patti Murphy

#### **Physician Partners Advisory Council**

Dr. Thomas M. Amidon

Dr. Ronnier J. Aviles Dr. Robert S. Binford

Dr. Elaine A. Chong

Dr. William B. Crenshaw

Robin Escher, Manager, Medical Staff Services

Dr. Lawrence J. Greenblatt Dr. J. Alan Heywood

Dr. Kelan R. Koenig

Dr. James H. Leggett

Dr. Scott Louis

Dr. Stephen W. Marshall Dr. Jennifer R. Mills

Dr. David W. Nelson Dr. John R. Nelson

Dr. Tara Reimers

Dr. Derek M. Rodrigues Dr. Scott T. Shih

Dr. Ian White Dr. Mark Zobel

#### **Planned Giving Advisory Council**

Douglas B. Custer Kathy Henningsen Jennifer King Allison Z. Kollack Dan Kwon James K. McBain Mark C. McBride Rachel L. Merrill Suzy W. Myers John F. Sherwood Randy Siegel Laura M. Zeman Chun Mei "Ida" Zhu

\*Deceased



#### **Overlake in the Community**

As a nonprofit hospital, Overlake prides itself in the many ways it gives back to the community through partnerships with community-based organizations, events and speakers, and by offering general health education, including weight loss, diabetes and childbirth education classes. Like so many other organizations, Overlake transformed its in-person events and outreach to a completely virtual model over the last year. Yet despite this new way of doing things, we are extremely proud to say that we touched the lives of more community members, many for the first time, through our virtual outreach and events.

In support of our nonprofit status we offered 981 classes and served 10,243 attendees during fiscal year 2021. Focusing on the pain points our community faces is a top priority. Our community engagement initiatives are driven by our 2021 Community Health Needs Assessment, which you can read at overlakehospital.org/chna. Areas of focus include:

- COVID-19 not only addressed with in-hospital treatments but with a large-scale vaccine clinic on the Microsoft campus and popup clinics in underserved communities.
- Access to health care.
  - Charity Care: Provided \$12.5 million in financial assistance to 4,618 patients.
  - o Hosted flu vaccine clinics and health fairs to underserved community members.
- Behavioral and mental health partnerships with National Alliance on Mental Illness (NAMI), Youth Eastside Services, and mental health first aid training for local schools, in addition to care provided by Overlake's Mental & Behavioral health services.
- Preventive outreach through sponsorship and collaboration with other health organizations.
  - o Including diabetes and cardiovascular wellness programs.
- Housing and homelessness support, including sponsoring and working with local shelters to ensure appropriate discharge practices for unsheltered patients.
- Cancer screening, education and program support with Stand Up For The Cure, Cancer Lifeline, and partnership with Seattle Cancer Care Alliance.
- Supporting human service organizations throughout the Eastside.



Being stuck at home during the COVID-19 lockdown didn't stop Overlake volunteer Kate Greenquist from contributing many hours each month to her hospital duties. The former social work manager, who says she loves working in hospitals, remained incredibly engaged as a volunteer, even when doing it virtually.

Kate contributes valuable insights on several important patient experience improvement projects by volunteering as an adviser on the Patient and Family Advisory Council (PFAC) and its recruitment and retention sub-committee, consulting with groups and individuals on advanced care planning, and contributing as a member of the Critical Care Congress' Patient Experience Committee, the Ethics Committee and Quality Improvement committee.

A volunteer since 2013 who is this year's Volunteer of the Year, Kate returned to her in-person duties at the main information desk in March 2021, adding to the more than 1,600 service hours she has contributed to Overlake so far.

66

It's very fulfilling...I just got so much back from the hospital, especially during the pandemic.

KATE GREENQUIST

"It's very fulfilling," Kate says of her volunteer work. "It started out very selfishly, with me trying to find good doctors, but I just got so much back from the hospital, especially during the pandemic."

That includes staying connected to the hospital and other volunteers through virtual meetings and keeping her brain engaged as she studied and researched the topics she addressed in her committee work.

"Her thoughtful, inquisitive and tenacious nature is a winning combination for a highly involved volunteer," says Tamara Kam, Overlake's director of patient experience and volunteers. "Her input has had an exceptional impact on the care we provide."

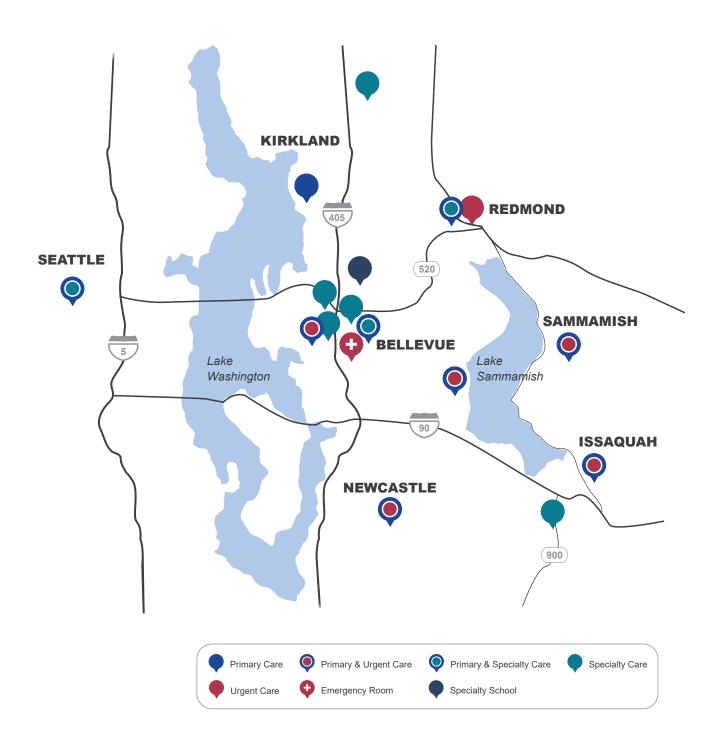








## Primary, Urgent & Specialty Care Locations



#### **PRIMARY CARE**

#### Bellevue - Downtown

400 108th Ave NE P: 425.635.6350 Monday–Friday: 7 a.m.–6 p.m.

#### Bellevue – Internal Medicine Associates

Washington Park Complex 1407 116th Ave NE, Suite 200 P: 425.990.5222 Monday–Friday: 8 a.m.-5 p.m.

#### Bellevue – Lake Hills

Lake Hills Village 619 156th Ave SE P: 425.637.3270 Monday-Friday: 7 a.m.-5 p.m.

#### Bellevue - Overlake Medical Pavilion

1231 116th Ave NE, Suite 400 Phone: 425.289.3100 Monday–Friday: 7:30 a.m.–6 p.m. Saturday: 8:30 a.m.–12:30 p.m.

#### Issaquah

Overlake Center 5708 E Lake Sammamish Pkwy SE, Suite 102 P: 425.688.5488 Monday-Thursday: 7 a.m.-6 p.m. Friday: 7 a.m.-5 p.m. Saturday: 9 a.m.-1 p.m.

#### Kirkland

290 Central Way P: 425.635.6470 | F: 425.635.6499 Monday–Friday: 7 a.m.–5 p.m.

#### Newcastle

Newcastle Commons 13159 Newcastle Commons Dr P: 425.635.3010 Monday–Friday: 7 a.m.–5 p.m.

#### Redmond

Redmond Town Center 7345 164th Ave NE, Suite I-105 P: 425.635.6430 Monday–Friday: 7 a.m.–5 p.m.

#### Sammamish Vil

Sammamish Village 22630 SE 4th St, Suite 300 P: 425.635.3070 Monday–Friday: 7 a.m.–5 p.m.

#### Senior Health Clinic

Hidden Valley Office Park 1750 112th Ave NE, Suite A-101 P: 425.688.5234 Monday–Thursday: 8 a.m.–4:45 p.m. Friday: 8 a.m.–4:30 p.m.

#### **Concierge Care**

Overlake Medical Pavilion 1135 116th Ave NE, Suite 550 P: 425.635.6910 Monday–Friday: 7:30 a.m.–4 p.m.

#### **Expedia Group**

This clinic is for Expedia employees only 1111 Expedia Group Way W, Seattle P: 206.712.7130 Monday–Wednesday: 7 a.m.–6 p.m. Thursday: 7 a.m.–7 p.m. Friday: 7 a.m.–5 p.m.

#### **URGENT CARE**

#### **Bellevue - Downtown**

400 108th Ave NE P: 425.635.6550 Monday–Saturday: 7 a.m.–10 p.m.

#### **Bellevue - Lake Hills**

Lake Hills Village 619 156th Ave SE P: 425.637.3280 Monday–Saturday: Noon–10 p.m.

#### Issaguah

Overlake Center 5708 E Lake Sammamish Pkwy SE Suite 102 P: 425.688.5777 Every Day: 7 a.m.–11 p.m.

#### Newcastle

Newcastle Commons 13159 Newcastle Commons Dr P: 425.635.3020 Monday-Friday: 10 a.m.-10 p.m. Saturday: Noon-10 p.m.

#### Redmond

Creekside Crossing 17209 Redmond Way P: 425.635.6400 Every Day: 7 a.m.-11 p.m.

#### Sammamish

Sammamish Village 22630 SE 4th St, Suite 300 P: 425.635.3080 Monday–Saturday: Noon–10 p.m.

#### **EMERGENCY ROOM**

#### **Bellevue**

Overlake Medical Center 1035 116th Ave NE P: 425.688.5100 Always Open

If you are experiencing a very serious or life-threatening emergency, call 9-1-1 immediately.

#### **SPECIALTY CARE**

#### Anticoagulation

Bellevue – Hidden Valley Office Park 1750 112th Ave NE, Suite A-101 P: 425.688.5846 Monday–Friday: 8 a.m.–5 p.m.

Issaquah – Highmark Medical Center 1740 NW Maple St, Suite 207 P: 425.688.5787 Monday–Friday: 8 a.m.–5 p.m.

#### Cancer Center

Bellevue – Building 3 1135 116th Ave NE, Suite 200 P: 425.635.3400 Monday–Friday: 8 a.m.–5 p.m.

#### Cardiology

Bellevue – Building 3 1135 116th Ave NE, Suite 600 P: 425.454.2656 Monday–Friday: 8 a.m.–5 p.m.

Issaquah – Highmark Medical Center 1740 NW Maple St, Suite 207 P: 425.391.8626 Monday–Friday: 8:30 a.m.–5 p.m.

#### **Cardiothoracic Surgery**

Bellevue – Building 3 1135 116th Ave NE, Suite 605 P: 425.454.8161 Monday–Friday: 8:30 a.m.–4:30 p.m.

#### Colon & Rectal

Bellevue – Building 5 1231 116th Ave NE, Suite 555 P: 425.646.7400 Monday–Friday: 8:30 a.m.–4:30 p.m.

#### **Diabetes Education**

Bellevue – Hidden Valley Office Park 1750 112th Ave NE, Suite A-101 P: 425.688.5846 Monday–Friday: 8 a.m.–5 p.m.

Issaquah – Highmark Medical Center 1740 NW Maple St, Suite 207 P: 425.688.5787 Monday–Friday: 8 a.m.–5 p.m.

#### Endocrinology

Bellevue – Overlake Medical Pavilion 1231 116th Ave NE, Suite 400 P: 425.289.3100 Monday–Friday: 8 a.m.–5 p.m.

Issaquah – Highmark Medical Center 1740 NW Maple St, Suite 207 P: 425.289.3100 Monday: 8:30 a.m.–3:30 p.m. Friday: 8:30 a.m.–5 p.m.

#### **Infectious Disease**

Bellevue – Building 3 1135 116th Ave NE, Suite 140 P: 425.455.8248 Monday–Friday: 9 a.m.–5 p.m.

#### **Metabolic & Bariatrics**

Bellevue – Overlake Medical Pavilion 1231 116th Ave NE, Suite 555 P: 425.467.3957 Monday–Friday: 8 a.m.–5 p.m.

#### Musculoskeletal Medicine

Issaquah – Highmark Medical Center 1740 NW Maple St, Suite 111 P: 425.394.1200 Monday–Thursday: 7 a.m.–6 p.m. Friday: 7 a.m.–2 p.m.

#### Neuroscience Institute

Bellevue – Building 3 1135 116th Ave NE, Suite 500 P: 425.635.6560 Monday–Friday: 8 a.m.–5 p.m.

#### **Nutrition Services**

Bellevue – Hidden Valley Office Park 1750 112th Ave NE, Suite A-101 P: 425.688.5846 Monday–Friday: 8 a.m.–5 p.m.

Issaquah – Highmark Medical Center 1740 NW Maple St, Suite 207 P: 425.688.5787 Monday–Friday: 8 a.m.–5 p.m.

#### **Pelvic Health**

Bellevue – Building 3 1135 116th Ave NE, Suite 420 P: 425.635.3450 Monday–Friday: 8 a.m.–5 p.m.

#### **Psychiatry**

Bellevue – Hidden Valley Office Park 1750 112th Ave NE, Suite B-102 P: 425.688.5460 Monday–Friday: 7:30 a.m.–4:30 p.m.

#### **Pulmonary Medicine**

Bellevue – Overlake Medical Pavilion 1231 116th Ave NE, Suite 400 P: 425.454.2671 Monday–Friday: 8 a.m.–5 p.m.

Issaquah – Highmark Medical Center 1740 NW Maple St, Suite 207 P: 425.391.8626 Friday: 1:30 p.m.–4:30 p.m.

Redmond – Redmond Town Center 7345 164th Ave NE, Suite I-105 P: 425.635.6430 Thursday: 1:30 p.m.–5 p.m.

#### **Rehabilitation Services**

Bellevue – Washington Park Complex 1417 116th Ave NE, Suite 110 P: 425.688.5900 Monday–Friday: 7 a.m.–6 p.m.

#### **Sleep Medicine**

Bellevue – One Bellevue 1100 112th Ave NE, Suite 320 P: 425.289.3000 Monday–Friday: 8:30 a.m.–5 p.m.

#### Urology

Bellevue – Building 3 1135 116th Ave NE, Suite 620 P: 425.454.8016 Monday–Friday: 8 a.m.–5 p.m.

Issaquah – Highmark Medical Center 1740 NW Maple St, Suite 207 P: 425.454.8016 Tuesday–Thursday: 8 a.m.–5 p.m. Kirkland

Monday-Friday: 8:30 a.m.-4:30 p.m.

13126 120th Ave NE

P: 425.569.7250

## Stay on Schedule with Cancer Screenings

Early detection saves lives. Here are screening recommendations for certain cancers based on many national medical societies' guidelines. We recommend that you discuss with your healthcare provider which cancer screenings you should have and how often, as your medical history, family health history and other risk factors play a role.

For more information and to schedule screenings, talk to your primary care provider.

Don't have a primary care provider? Visit overlakehospital.org/primarycare.

#### **BREAST**

**Mammogram:** Every year, beginning at age 40. If you have a family history of breast cancer, please consult with your provider as additional screening may be recommended. To schedule your mammogram, call **425.688.5985** or visit **overlakehospital.org/mammo**.

#### **CERVICAL**

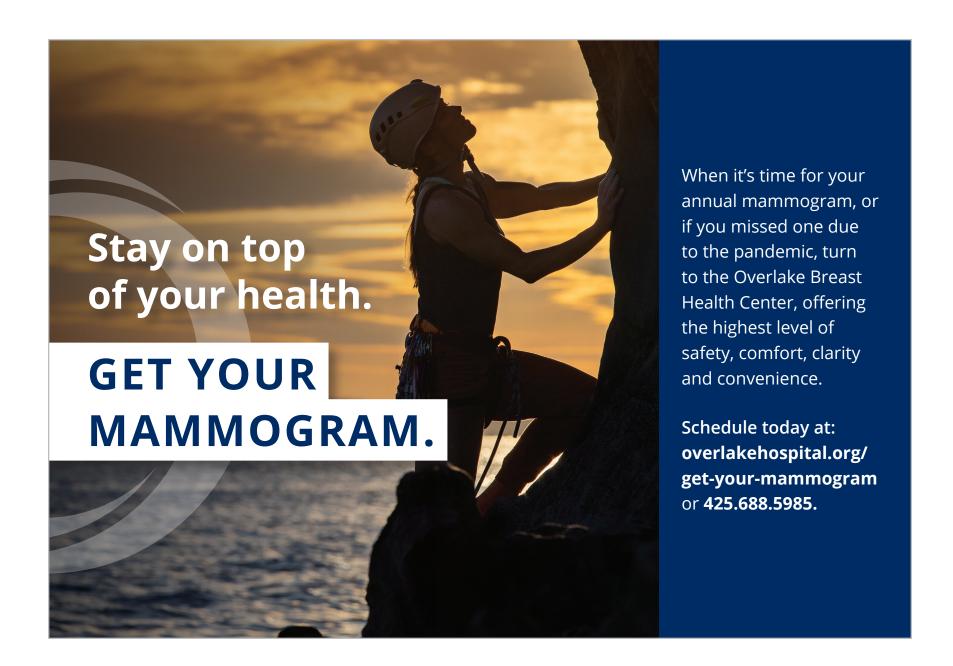
**Pap with HPV co-testing:** Every five years (if both tests are normal) starting at age 25 and continuing until age 65 in women meeting criteria for low risk. If only pap testing is available, test every three years. In some instances, HPV screening beyond age 65 is indicated; consult with your provider.

#### COLORECTAL

One of these tests will be done beginning at age 45: Guaiac-based fecal occult blood test (gFOBT) every year, fecal immunochemical test (FIT) every year, stool DNA test every three years, flexible sigmoidoscopy every five years, virtual colonoscopy every five years, or colonoscopy every 10 years.

#### **PROSTATE**

**Prostate-specific antigen (PSA) blood test:** Begin at 50 if you have average risk. Begin at 45 if you have a higher than average risk. Begin at 40 if you have more than one close relative who was diagnosed with prostate cancer before age 65. Talk to your provider about the pros and cons of testing.



Get our e-newsletter delivered straight to your inbox!

Sign up at overlakehospital.org/subscribe



#### **OVERLAKE MEDICAL CENTER**

1035 116th Ave NE, Bellevue, WA 98004 425.688.5000 | overlakehospital.org

NONPROFIT ORG U.S. POSTAGE PAID Seattle, WA Permit No. 1007

#### **BOARD OF TRUSTEES**

Robert Campbell Chair

Jason Thompson Secretary & Treasurer

Ronnier Aviles, MD Chief of Staff

Raj Butani, MD Chief of Staff Elect

J. Michael Marsh President & CEO

Vicente Farinas, MD Board Member at Large

Kemper Freeman, Jr. Honorary Trustee Pauline Bach
Patricia Bedient
Jorge Cerda
Tom Evert
Ted Herb
Rajesh Jha
Tiffany Koenig
James Ladd
Martha Lee
Linda Mahaffey
Uma Raghavan
Russell Stockdale

Dilip Wagle

Lisa Wissner-Slivka

Overlake Medical Center & Clinics is a nonprofit regional healthcare system based in Bellevue serving the Eastside community since 1960. The health system includes a 349-bed hospital and a growing network of primary, urgent and specialty care clinics located throughout the region. Overlake is recognized locally and nationally for quality and safety, including recurring Leapfrog A ratings and Healthgrades' Patient Safety Excellent Award from 2019–2021. Overlake offers comprehensive advanced services including a dedicated Cancer Center, Level III Trauma Center, Childbirth Center and Level III NICU, cardiac, neurosciences, orthopedic and mental health services. As part of our commitment to deliver high-quality care and an exceptional patient experience for our Eastside community, we collaborate with EvergreenHealth in cardiac services, neurosciences and quality, and with Seattle Cancer Care Alliance for cancer services. Employing more than 3,000 people, Overlake is dedicated to its mission of compassionate care for every life we touch. Overlake provided nearly \$48 million in charity care over the last three years and is committed to providing exceptional patient care and services. For more information, visit overlakehospital.org.

The information in this publication is not intended for the purpose of diagnosing or prescribing. If you have concerns about your health, please contact your healthcare provider.

If you would prefer not to receive communications from our organization, please email healthyoutlook@overlakehospital.org or call 425.467.3548.

Healthy Outlook ©2021. Published by the Overlake Marketing Department. Executive Editor: Helen Vik Art Direction and Design: Michelle Chambers Photography on page 2: Ben Schneider

To sign up for our e-newsletter, please visit healthyoutlook.org

#### **PRIMARY CARE CLINICS**

**Bellevue - Downtown:** 425.635.6350

**Bellevue - Internal Medicine Associates:** 425.990.5222

**Bellevue - Lake Hills:** 425.637.3270

**Bellevue - Overlake Medical Pavilion:** 425.289.3100

Issaquah: 425.688.5488
Kirkland: 425.635.6470
Newcastle: 425.635.3010
Redmond: 425.635.6430
Sammamish: 425.635.3070
Senior Health: 425.688.5234
Concierge Care: 425.635.6910
Expedia Group: 206.712.7130
This clinic is for Expedia employees only

#### **URGENT CARE CLINICS**

Get in line for urgent care online at overlakehospital.org/urgentcare

Bellevue – Downtown: 425.635.6550 Bellevue – Lake Hills: 425.637.3280

Issaquah: 425.688.5777 Newcastle: 425.635.3020 Redmond: 425.635.6400 Sammamish: 425.635.3080

#### **EMERGENCY ROOM**

Entrance to the Overlake Emergency Room is now located off **NE 10th St** If you are experiencing a very serious or life-threatening emergency, dial 9-1-1 immediately

Bellevue - Overlake Medical Center