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December 16, 2022

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Nature program teaches kids how to manage their fear

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- **Upfront** Elevator rescues have a reached a new high Page 7
- **Eating Out** 'Tis the season for hot and cold cocoa Page 21

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All cash



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- Sold over asking Multiple offers



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- Sold over asking Multiple offers
- All cash

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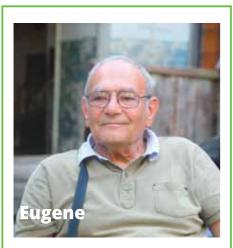
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Eugene is an 85-year-old veteran and loves his independence. He became a PVI's Meals on Wheels recipient at the start of the Pandemic when his medical condition made it impossible for him to shop and cook for himself. Eugene's painful neuropathy and chronic arthritis severely impact his mobility. Managing both chronic conditions have significantly affected his lifestyle, yet Eugene describes PVI's Meals on Wheels "as a life-saver!" Not only does he enjoy the nutritious meals, he looks forward to the warm and friendly delivery drivers.

#### **Daily Senior Impact:**

1 in 6 seniors is facing hunger

- 1 in 3 seniors dies with Alzheimer's or another dementia
- Nearly 1 in 5 spousal caregivers passes away before their loved one
- 1 in 4 seniors live alone and feel lonely.

50% of seniors living alone are without the finances for basic needs, transportation, or technology to access the wellness programs they need

### Among PVI's Firsts:

- The first suburban senior activity center in the U.S. to promote health and well-being.
- The first groundbreaking initiative and HUD grant in the U.S. for the construction of affordable senior housing.
- The first state-of-the-art, purpose-built licensed adult day services facility for those with Alzheimer's and other dementias.
- One of the first on-demand, concierge transportation services for seniors to empower independence.



### Your impact spans PVI's 75-year history of firsts in senior services

Peninsula Volunteers, Inc. (PVI) celebrates our 75th year of enabling seniors to age in place. We accomplished this milestone because of your significant generosity spanning our humble yet bold beginnings. *Thank you for staying by* our side.

PVI was a leader in gerontology at a time it was unheard of. In 1947, our visionary women founders built a remarkable legacy, enriching the lives of countless thousands of local seniors and their families.

### The challenges are now much larger in scope

Many local seniors are struggling to stay afloat in today's uncertain environment. Current needs are far outstripping the growth of the local aging population and the gap is widening. Widespread loneliness, social isolation, hunger, and health inequities cut deeper into community lives. Mounting inflationary costs are further straining financial resources beyond sustainability and shutting our seniors out.

### Join us as we transform aging

PVI will continue to *transform aging* in our local communities, changing the way seniors are cared for and treated as valuable members of society. New levels of concierge caregiver and family support services, expansion of innovative community partnerships, and extension of our local geographic reach will meet the challenges ahead for you and your family members.

### You may ask, how can I make a difference right now?

You have the power to change the life of a senior today. Your gift of support is indispensable to the *thousands of local families relying on us* during the holiday season and beyond for their health and well-being. Please make your gift of an amount that is right for you\* securely online and spread the word to a friend who shares your passion to help extend senior health and independence for seniors like Eugene and Helen. Visit www.1pvi.org and www.1pvi.org/donate.

**\*\$500** funds one month of PVI Meals on Wheels for two at-risk seniors or one annual Senior Center fitness membership.

With hope and gratitude for PVI's next 75 years,



Gleim eoraie

**Board** President





For 75 years, Peninsula Volunteers, Inc. has enabled seniors to age in place, driven by a profound legacy of caring and our core values of respect, commitment, trust, dedication and compassion. Our four core programs serve over 6,000 households and address the most pressing issues of aging adults by offering critical services to sustain their daily physical, nutritional, emotional and mental health while achieving dignity and independence in their lives. PVI's programs include Nutrition Services/Meals on Wheels; Adult Day Services at Rosener House; Health, Wellness and Lifetime Enrichment offerings at Little House; and on-demand Transportation Services at Little House.

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### Plan to clamp down on short-term rentals picks up speed

City Council backs recommendations to beef up enforcement of existing rules, consider new restrictions

### By Gennady Sheyner

here's no question that short-term rentals are a booming industry in Palo Alto, which routinely boasts more than 500 listings on Airbnb and where some "superhosts" control clandestine empires of more than 20 homes. But as the City Council considered on Monday clamping down on the rental market, members and residents offered different takes on whether the trend is, on the whole, beneficial or detrimental to the well-being of locals. Proponents pointed to the fact that they create a great opportunity for homeowners to make money when they go off on vacation or when, say, their children leave the house for a few months.

Council member Alison Cormack, who opposes a crackdown on short-term rentals, noted that some families come to Palo Alto to be close to a relative who is being treated at Stanford Hospital. They may need extra room for children, as well as a kitchen and laundry facility, she said.

"If we remove this option, we're really going to be limiting the people who live here and the people who have a pretty legitimate need to come here," Cormack said.

But she proved to be in the minority on Monday, with the council voting 5-2 to explore a host of new restrictions on shortterm rentals, including limitations on short-term rentals that are not owner-occupied and new enforcement mechanisms to strengthen an existing law that bans rentals of fewer than 30 days.

The issue hits close to home for council member Greg Tanaka, who lives in College Terrace, a neighborhood with close proximity to Stanford University that

(continued on page 14)



First graders watch bees inside an observation hive during Sager Family Farm's "Bee Brave" program at The Primary School in East Palo Alto on Dec. 9.

### **'Bee Brave' program teaches kids to manage fear**

Sager Family Farm connects life skills with a love for nature By Sue Dremann

**44** F lap your wings really fast!" Miss Jennifer told the class of first graders at The Primary School during a recent December morning.

The 16 first graders, assembled on a mat, extended their arms from their sides, hands rapidly quivering in the rhythmic motion of flying. For the moment, boys and girls made an insectivorous transformation. "Bees," all, they dried nectar in a "hive" to become nature's

sweetest delicacy: honey. The "Bee Brave" class, a module in Sager Family Farm's Big Buzz About Bees program, addresses anxiety and fear among children in the aftermath of the COVID-19 pandemic while teaching an appreciation of nature. Learning about the complex interactions within honeybee colonies helps children to learn about life skills such as socialization, self-reliance and teamwork.

Students learn how to identify anxiety in their bodies and develop coping skills in stressful situations by understanding why many people are afraid of bees. Those lessons can be applied in other stressful situations.



The organization was a recipient of last year's Palo Alto Weekly Holiday Fund, receiving \$15,000 to expand its programs to reach underserved students in East Palo Alto. In addition to Bee Brave for first graders, kindergartners received an introduction to bees, insect life cycles and their needs. Fourth graders were taught the "Pollinator Paradise" class, which

(continued on page 8)

HIGHER EDUCATION Stanford president's work under investigation

President Marc Tessier-Lavigne releases statement on scientific misconduct allegations

By Zoe Morgan

S tanford's board of trustees has released more information about its plans to investigate university President Marc Tessier-Lavigne's research in response to questions about potential scientific misconduct.

Possible image manipulation in scientific papers where Tessier-Lavigne is listed as an author drew scrutiny last month after the independent student news



student news *Lavigne* outlet The Stanford Daily published an article detailing issues

with multiple papers. A university spokesperson initially told the Daily that in some cases Tessier-Lavigne wasn't involved in producing the questionable images, and that in the rest, the issues didn't affect the results. After the article's initial publication, however, the university announced that the board of trustees would create a special committee to conduct an investigation.

On Dec. 7, the special committee announced that it had hired former federal district court judge Mark Filip and his law firm Kirkland & Ellis to lead the review of Tessier-Lavigne's

(continued on page 10)



### PALO ALTO CITY COUNCIL **CIVIC CENTER, 250 HAMILTON AVENUE**

This is a summary of tentative City Council agenda items. PALO ALTO The agenda with complete titles including reports can be viewed at the below webpage:

http://www.cityofpaloalto.org/gov/agendas/default.asp SPECIAL MEETING AGENDA

### December 19, 2022 5:00 PM

https://zoom.us/join Meeting ID: 362-027-238 Phone: 1(669)900-6833

### SPECIAL ORDER OF THE DAY

Resolution Expressing Appreciation to Michael Nafziger Upon his Retirement 2

- 3.
- Resolution Expressing Appreciation to Dinaa Alcocer Upon her Retirement Resolution Expressing Appreciation to Kim Roderick Upon her Retirement Resolution Expressing Appreciation to Brian Baggot Upon his Retirement 4

### CONSENT CALENDAR

Approve Minutes from the November 28 and December 5, 2022 City Council Meetings 5

- 6 Approval of Construction Contract With Adams Pool Solutions (C23185733), in the Total not to Exceed Amount of \$534,838 for the Rinconada Lap Pool and Children's Pool Re-plaster Project (\$486,217) and Authorization of Contract Contingency (\$48,621); Funded in the Building Systems Improvements Capital Improvement Project (PF-01003)
- Adoption of a revised Management and Professional Employees Compensation Plan and salary schedule, effective December 31, 2022 7. through June 30, 2025
- Finance Committee Recommends the City Council Adopt a Resolution Amending the E-HRA (Electric Hydro Rate Adjuster) Rate Schedule, 8 Increasing the Current E-HRA Rate to \$0.048/kWh Effective January 1, 2023
- Approval of a Professional Services Agreement with Woodard & Curran (C23185763) for the Amount of \$486,000 Over a 5-year Term for 9 Regulatory Compliance Assistance to the Regional Water Quality Control Plant
- Approval of Professional Services Contract Amendment Number 2 with Buildingeye (S19174467) to add \$123,410 for a Not-to-Exceed Amount of \$353,410 and Extend the Contract for Two Years to Provide Visualization of Data for Building Permits, Planning Entitlements and Code Enforcement Activities
- Approval of Contract with Urban Rock Design (C23186954) not-to-exceed \$99,000 for Public Art Associated with the Boulware Park 11. Renovation and Expansion 12. Adoption of Updated Salary Schedules for Limited Hourly (HRLY) and
- Service Employee International Union Hourly (SEIU-H) Employee Groups in Accordance with the City of Palo Alto Minimum Wage Ordinance Adoption of a Resolution of Weeds to be a Public Nuisance and Setting February 27, 2023 for a Public Hearing for Objections to the Proposed 13. Weed Abatement
- Approval of Amendment No. 3 with SWA Services Group, Inc. (SWA) Contract No. C18168154 to Increase Compensation by \$1,339,900 for a New Total Not to Exceed Amount of \$13,612,443. 14.
- Approval of Contract With Woodard & Curran, Inc. (C23186176) in a Total 15. Amount Not to Exceed \$3,151,500 for Program Management Services for Projects Under the Long-Range Facilities Plan of the Regional Water
- Quality Control Plant Capital Improvement Program Project WQ- 10001 16. Approve and Authorize the City Manager to Execute a 5-year General Services Agreement With Bosco Oil, Inc. in an Amount Not-to-Exceed \$4,801,445 for the Purchase of Unleaded and Diesel Fuels to Supply the City's Fleet and approve a budget amendment in the Vehicle Replacement and Maintenance Fund
- Approval of Contract C23186719 (Attachment A) with CivicPlus, LLC for CivicRec Recreation Management Software for a Period of Six Years in an Amount of \$735,065 (Including a 5% Contingency for Additional 17. Services Amount of \$29,229).
- 18. Adoption of a Resolution Declaring the Results of the Consolidated Municipal Election Held on November 8, 2022

#### **ACTION ITEMS**

- **TION ITEMS** 1237 San Antonio Road [22PLN-0013], Project Known as Palo Alto Homekey: Recommendation for a Comprehensive Plan Amendment for the Northwest Portion of the Site Changing the Land Use Map Designation from "Public Conservation Land" (CL) to "Major Institution Special Facilities" (MISP) to Create Alignment Between the Existing Use 19. and Its Designation
- Staff and the Utilities Advisory Commission (UAC) Recommend the City Council Approve Option 2 for Building Fiber-to-the-Premises (FTTP) 20 Under a Phased Approach
- 21. Review and Adoption of the Policy and Services Committee Recommendations on the Revised Council Procedures and Protocols Handbook

#### STANDING COMMITTEE MEETINGS NONE

#### **CITY COUNCIL AND COMMITTEE MEETINGS** ARE HELD IN-PERSON AND BY TELECONFERENCE

Pursuant to Governor Newsom's Executive Order N-29-20, as amended through order N-08-21, City Council meetings will be held as hybrid meetings with the option to attend by teleconference/video conference or in person. To maximize public safety while still maintaining transparency and public access, members of the public can choose to participate in the meeting from

home or attend the meeting in person. Public Comments will be accepted both in person and via Zoom Written public comments can be submitted in advance to city.council@cityofpaloalto. org and will be provided to the Council and available for inspection on the City's website. Please clearly indicate which agenda item you are referencing in your email subject line.

The meeting will be streamed live on YouTube at https://www.youtube. com/c/cityofpaloalto, and Midpen Media Center https://midpenmedia. org and broadcast on Cable TV Channel 26. PowerPoints, videos, or other media to be presented during public comment are accepted only if emailed to mail to: city.clerk@cityofpaloalto.org at least 24 hours prior to the meeting. Once received, the City Clerk will have them shared at public comment for the specified item. To uphold strong cybersecurity management practices, USB's or other physical electronic storage devices are not accepted.



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Upfront

### **QUOTE OF THE WEEK**



It's very disconcerting having strangers living next door, sequentially in quick succession.

> - Janice Stone, Midtown resident, about shortterm housing rentals. See story on page 5.

# **Around Town**



A WINTER FESTIVAL OF LIGHTS ... Chabad Palo Alto, a Jewish outreach organization, is continuing its 40-year tradition of celebrating the first night of Hanukkah with a public menorah lighting in front of Palo Alto City Hall on Sunday, Dec. 18, from 4:30-6:30 p.m. "Hanukkah is a time of light, a time of peace and good over evil," event organizer Goldy Mochkin said. "We're trying to bring as much light into the world as we can and spread it to as many people." This year's event will feature a large 6-foot by 9-foot cardboard "Peace Menorah." Participants will receive a piece of the menorah to write a message on it. The menorah, which fits together like a jigsaw puzzle, will then be assembled, symbolizing a collective message of peace. "The past couple of years people have been pretty much in their own bubbles. We're hoping people will come together in joy and peace," she said. In keeping with Hanukkah festivities, the event will have music. dancing and treats, such as doughnuts and dreidel-shaped candy pops. It also will include a gelt (money) drop, a Hanukkah tradition of

giving chocolate coins to children. The Palo Alto Fire Department is participating in the gelt drop this year, launching 100 light-up parachutes from a fire truck that will fall to the ground with chocolate coins inside of them.

AND THE AWARD GOES TO ... The Environmental Protection Agency recently recognized Palo Alto Utilities with a Champion Award through the agency's Responsible Appliance Disposal Program. The award goes to the EPA's "top 10 partners with the highest percentage of units processed with foam

recovery." It symbolizes the effort the EPA's partners have made in cutting back on ozone-depleting substances and greenhouse gas emissions; progress made in an appliance recycling program; and commitment to propelling the program's goals. The local department had one of the highest pickup rates for its refrigerator recycling program last year, according to a press release. "The City of Palo Alto has ambitious goals for energy efficiency and climate action," Utilities Director Dean Batchelor said. "An older refrigerator or freezer can be one of the highest energy-using appliances in a home and contributor to global pollution, so we set out to create a program that makes it as easy as possible to remove these appliances from use." To get locals to participate, Palo Alto Utilities used a grant from the Bay Area Air Quality Management District to create a \$50 rebate for Palo Altans who volunteered to have their older refrigerators and freezers taken away from their homes.

A NEW CHAPTER ... Stanford has hired Sacramento State coach Troy Taylor as its next head football coach, the university announced Dec. 10. Taylor, a former California Golden Bears star quarterback, guided Sacramento State to a 30-8 mark in four seasons and a berth in the 2022 Football Championship Subdivision Quarterfinals for the first time in school history. The team's season came to a close on Dec. 9 with a 66-63 defeat in the FCS Quarterfinals. "Taylor is a proven winner who has experienced success at many levels of football," Bernard Muir, Stanford director of athletics, said in the university's announcement. 'Throughout our visits together, he demonstrated an understanding of what makes Stanford special and a deep desire to capitalize on our unique strengths. He possesses an incredible football mind and has a long history of caring deeply for the student-athletes he leads." he said. Taylor, 54, takes over for David Shaw, who stepped down last month after 12 seasons as the winningest football coach in Stanford history with an overall

record of 96-54. ■

### PUBLIC SAFETY

# Why local elevator rescues have reached a new high

Delayed inspections lead to expired permits By Sue Dremann

hat goes up doesn't always come down. That's the issue with some elevators in Palo Alto and Stanford, data from the Palo Alto Fire Department shows.

The breakdowns, which are often cataloged on the fire dispatch app PulsePoint, show that "elevator rescues" aren't an uncommon occurrence — nor are they limited to Palo Alto and Stanford. The alert notifications of these incidents, to which fire departments respond, come multiple times a week from all over San Mateo and Santa Clara counties.

Palo Alto fire's calls for elevator rescue service this year have thus far surpassed all of 2021, according to the calls for service log. In 2021, there were 66 calls: 41 at Stanford and 25 in Palo Alto. This year, through Nov. 6, there were 74 total calls: 38 at Stanford and 36 in Palo Alto. The number has since climbed, with a total of 80 or more calls for service related to elevator rescues when considering more recent PulsePoint notifications.

Where are the most brokendown elevators in Palo Alto? In the No. 1 spot is the Bryant Street parking garage, located at 445 Bryant St. The location experienced 14 elevator rescue calls between Jan. 1, 2021, and Nov. 11, 2022, according to the fire dispatch data. In second and third places are two locations on the Stanford University campus: seven incidents were recorded at the Escondido Village high-rises, a graduate housing facility at 737 Campus Drive, and six at the Duan Family Hall undergraduate housing building at 757 Campus Drive.

The numbers can be a bit deceiving. Some buildings, such as Stanford Hospital at 500 Pasteur Drive, have multiple elevators listed in the California Department of Industrial Relations elevator inspection database. Whether the multiple breakdowns occurred in one elevator or in different locations isn't known. Yet, some individual elevators have multiple breakdowns.

The state's inspection database lists 2,227 individual elevators in Palo Alto, Stanford, Menlo Park and Mountain View, but 1,460 (66%), had expired permits as of Dec. 6.

California has a serious backlog in elevator inspections. Out of the total 790 elevators listed in the state's inspection database for Palo Alto, 594 had expired permits and had not been reviewed by a state elevator inspector as of Dec. 6. At Stanford, 209 elevators out of 364 in the state's database have expired permits.

The numbers are equally concerning in neighboring cities. Out of 382 Menlo Park elevators in the state's database, 310 had not been recently inspected and had expired permits, with only 72 having active permits. In Mountain View, there were 688 elevators in the database, with 344 having expired permits.

The Palo Alto Bryant Street garage, arguably the poster child for elevator breakdowns, had two rescues in 2021 and 12 in 2022, the latter incidents occurring between March and July.

City spokesperson Meghan Horrigan-Taylor said one of the two elevators in the garage had an intermittent problem that took some time for the elevator company to troubleshoot and repair. State inspections are supposed

to be annual.

"Our experience is that the state is a little behind in their annual inspections with our elevators but not to the extent that other companies have experienced," Horrigan-Taylor said.

The backlog is also more than

two years old. The state's inspection database showed a few elevators haven't been inspected since 2018. Some were inspected in later years but still show expired permits as far back as 2017. The state Department of Industrial Relations didn't explain why these permits weren't renewed after inspections.

Most of the elevators with expired permits had their last inspections in 2021 and 2022. According to the elevator database, 686 of the permits for Menlo Park, Palo Alto, Mountain View and Stanford expired in 2021 and have not yet been inspected; in 2022 through Dec. 6, an additional 735 elevators haven't been inspected and have expired permits.

There are nine elevator inspectors in the Department of Industrial Relations' San Jose office, which covers Palo Alto, Menlo Park, and other cities on the Peninsula. The California Division of Occupational Safety and Health (Cal/OSHA), which is in charge of the hiring and inspection process, is working to hire three more, the department said in an email: "Cal/OSHA acknowledges the need for elevator inspectors to ensure this critical work can be accomplished in a

(continued on page 10)





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# CityView

A round-up 🜒 of Palo Alto government action this week

### City Council (Dec. 12)

Dinosaurs: The council approved an amendment to its contract with Blue Rhino Studios to enable construction of the "California Dinosaur Garden" exhibit at the Junior Museum and Zoo. Yes: Burt, DuBois, Filseth, Kou, Stone No: Cormack, Tanaka

**Rentals:** The council discussed proposals to restrict short-term rentals and directed its Policy and Services Committee to further evaluate these proposals and to consider ways to improve enforcement of the city's existing ban on rentals for fewer than 30 days. **Yes:** Burt, DuBois, Filseth, Kou, Stone **No:** Cormack, Tanaka

### Council Rail Committee (Dec. 13)

Caltrain: The committee heard a presentation from Caltrain staff and discussed service agreements between Caltrain and local jurisdictions. Action: None

### **Council Policy and Services Committee (Dec. 13)**

**Policies:** The committee considered various revisions to the council's policies and procedures. It voted 2-1 to approve a policy specifying that expenditures of council contingency funds would have to be authorized by a council motion, through a colleagues memo or as part of an item on a council agenda. **Yes:** Cormack, Stone **No:** Tanaka

### Parks and Recreation Commission (Dec. 13)

Water: The commission discussed a proposed advanced water purification system at the Regional Water Quality Control Plant. Action: None Urban forest: The committee heard an annual update from the city's urban forestry division. Action: None

### Planning and Transportation Commission (Dec. 14)

**Electrification:** The commission recommended approving a series of changes to the zoning code to enable installation of electrification equipment. **Yes:** Chang, Hechtman, Lauing, Reckdahl, Roohparvar, Summa **Absent:** Templeton

### **'An incredible gift': Anonymous philanthropist donates \$350K to Holiday Fund**

Palo Alto Weekly and Almanac charitable-giving campaigns benefit from donor second year in a row

fter making the largestever donation to the Palo Alto Weekly Holiday Fund and Almanac Holiday Fund in 2021 – \$350,000 – an anonymous Silicon Valley philanthropist this week repeated the act of generosity.

The philanthropist gave \$250,000 to the Weekly's and \$100,000 to the Almanac's charitable programs, which benefit local nonprofits providing vital services to children, families and other individuals in need.

The donor made the contributions through the Silicon Valley Community Foundation and asked to remain anonymous.

Edward Jones

"We were holding our collective breath as to whether this incredible gift would repeat this year after being shocked to receive it last year," said Bill Johnson, chairman of Embarcadero Media, which organizes the annual giving drives and is the parent company of the Weekly and the Almanac.

"To say we are humbled by this donor's generosity and belief in the concept of community giving through our Holiday Fund is a huge understatement," Johnson said. "Thanks to these and other donations large and small, we are on our way to another record-breaking year of

> edwardjones.com | Member SIPC

giving." Last year, the holiday giving drives of the Weekly, the Almanac and their sister site, the Mountain View Voice, raised and granted more than \$1.1 million, an all-time record. Key programs at 94 nonprofit

agencies benefited. Embarcadero Media and Silicon Valley Community Foundation absorb all of the costs of administering the program so that every dollar that is donated is distributed without any overhead or expenses deducted.

In addition to individual gifts from community members, the

Holiday Fund program has enjoyed ongoing support from the Packard and Hewlett foundations, the Peery and Arrillaga foundations and several other family foundations. Proceeds from the annual Palo Alto Weekly Moonlight Run, which is held in the fall and has become one of Palo Alto's largest community events, benefit the Holiday Fund.

To read more about the impact of the nonprofits supported by the Holiday Fund this past year, or to make a contribution, go to PaloAltoOnline.com/holiday\_ fund.

- Palo Alto Weekly staff



create your holiday wishlist of things that would bring you joy, such as:

- A support network you can rely on
- More opportunities to make new friends
- Home safety checkup & handyman help
- Educational activities geared to your interests
- Access to pre-screened vendors & service providers
- Social gatherings & holiday celebrations
- Guidance with the latest technologies
- Transportation assistance

Avenidas Village offers their members all of the above and more!

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Village

Avenidas



(continued from page 5)

focuses on how to support pollinators through habitat creation, water sources, and year-round forage in their school gardens.

This year, Sager Family Farm brought bees and their lessons of nature to 432 students in kindergarten, first, second and fourth grades at four different schools the first time the programs have been taught in East Palo Alto, Sager said.

"How many of you are scared of bees?" Jennifer Verstregen — Miss Jennifer — asked the first graders during their Dec. 9 session. Hands shot up.

But there's more going on behind the bees' compound eyes than would seem at first, and Verstregen invited the children to get inside the hive mind.

When a bee stings someone, it dies, she explained. It's a pretty drastic result.

"They must have a really good reason for that to happen. If it knows it is going to die, what feelings might a bee have? Do you think a bee might be really scared when they sting us?

"How do you feel when you are scared?" she asked the children. "I start to shake. I want to run away. My heart beats really fast." She waved her hands in a simulated panic.

Verstregen opened a beeless, miniature hive box as an example of what a full-sized hive would look like. It is lined with suspended wooden frames, some covered in waxy honeycomb.

When out looking for food, the bees slurp up nectar from flowers with their long proboscis, or tongue. The bees deposit the nectar in their "honey stomach" — a pouch separate from the stomach they use for their own eating. When the honey stomach is full of nectar, they fly back into the hive, where the nectar is deposited in the wax honeycomb.

This is where the wing fanning comes in: The bees work their wings to circulate the air and reduce the amount of water content and concentrate the nectar into honey. This becomes the bees' food.

But there is more.

The bees are a family: There are sharp-stingered sister bees — the workers; and brother bees — the drones, which don't have stingers; and the queen mother. Like any family, they want their home to stay safe, Verstregen said.

"The mommy bee — the queen — her job is to make lots of baby bees. Do you think a bee that is scared might sting us if it thinks we will hurt its babies and family in the hive?" she asked.

So how does one keep the bees from being scared?

By using character traits that will induce the bees to feel safe. A beekeeper must be calm, gentle and brave around the bees, she said.

"Sometimes the best thing to do is to take a deep breath. Taking a

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A support no More oppor

deep breath is a thing we can do to become calm. Taking a moment to pause and take a deep breath allows us to take a moment to think," she said.

### Up close with bees

Sager opened the doors to a live-bee-exhibit box. Inside, separated from the children by clear plexiglass, nearly 5,000 tawnycolored insects swarmed busily over the honeycomb.

Verstregen invited the children to approach the hive. If they put their hands on the plexiglass, they could even feel the warmth the hive gives off.

"We are going to show the good character trait of a good beekeeper and stay calm," she said as the children approached.

Nine times out of 10, the children who are the most scared will come up to the hive and place their hand on the glass, she said. By understanding the motivations behind behaviors in nature, children become less afraid, more accepting and more appreciative of the natural world, she said. Those lessons transfer into their outlook and behavior in the real world.

"I was kind of worried when I first saw the hive because I thought the teachers would open it up, but I touched it. It was kind of warm. I saw the queen bee and I was kind of nervous!" a soft-spoken girl said. For two boys, the bees weren't

scary

"I liked it. It was my first time with the bees. I want to touch them next time and to learn how to be a beekeeper," a sturdy boy said.

"They were cool," added the smaller of the two. "I wasn't afraid. I want to have them in my backyard. I have a pet dog and a pet bird. If I had pet bees, I would feed them.'

Another girl, a 6-year-old with large brown eyes, is an old hand at conquering her fears of nature.

"I was afraid of fish when I was a baby. I got over it when I was older, since fish - most fish don't bite," she said. "We can't be bad to the bees or they will sting us and they are going to die, and we don't want them to die.'

### An awe that started at Hidden Villa

For Sager, the children's excitement and curiosity is much like her own at that age.

In first grade, she had her first contact with bees at Hidden Villa in Los Altos Hills.

"I milked a cow and fed the chickens and I came home and said 'I'm going to be a farmer," she recalled.

Her parents were a bit taken aback. They had other ideas for their daughter's career.

"They were like, 'Oh, my God. We live in Silicon Valley," she said.

Sager, a Los Altos native, went into tech, but she maintained her interest in farming.

After working at DreamWorks Animation on films such as Kung Fu Panda 2, she left after taking a short sabbatical. She started beekeeping in 2011 and joined the

Bee Guild in San Mateo County. When she first showed up, the bee guild was predominantly composed of 60-year-old men.

"They asked me if I was in the wrong place," she recalled.

But soon, inspired by Sager's infectious enthusiasm and drive, their nonprofit organization became Sager Family Farm's fiscal sponsor for demonstrations to kids at schools.

"They said, 'We think you would scare the kids less.' There's an endorsement if I ever heard one," she said.

Sager Family Farm has taught its Big Buzz About Bees program in 350 classrooms to about 8,208 students since its founding in 2015. Sager used her Dreamworks training in storytelling and connected it with state education programs. Sager Family Farm has now taught 200 elementary school classes in the Bay Area for free, plus extra for-fee classes.

Verstregen, a nature educator with Sager Family Farm, has also been a teacher for 25 years. The class gives the children "a chance

to explore nature up close and to see what nature has to offer," she said.

The classes incorporate elements of the student's regular learning, such as instruction about insect body parts, how parents help offspring, geometry and shapes and counting by 10s.

Martha Valencia, the children's first-grade teacher, said the program is currently connected to a unit in which the students are learning about tools and how different jobs use tools. The children saw how beekeepers use specific tools in their work.

And when they talked about being gentle, calm and taking deep breaths, it connects to how children address crises and disagreements.

Valencia said the bee class also taught her a lesson.

"For me, bees are usually scary, but we can be kind to all the helpers" of the natural world, she said.

Email Staff Writer Sue Dremann at sdremann@paweekly.com. The annual Weekly Holiday

Fund charitable giving drive

### **Public Agenda**

#### A preview of Palo Alto government meetings next week

CITY COUNCIL ... The council plans to approve a change in the Comprehensive Plan to enable construction of a transitional-housing development at 1327 San Antonio Road; provide direction on expansion of the municipal fiber network; and consider revisions to the council's policies and procedures handbook. The meeting will begin at 5 p.m. on Monday, Dec. 19, in the Council Chambers at City Hall, 250 Hamilton Ave. Those wishing to participate by Zoom can do so by dialing 669-900-6833 and using Meeting ID 362 027 238.

BOARD OF EDUCATION ... The board will hold its annual organization meeting where new board members are sworn in and officers are selected. The board also plans to review a proposed calendar of meetings for next school year and receive an update on plans for staff housing at 231 Grant Ave. The meeting will begin at 6:30 p.m. on Tuesday, Dec. 20, in the district's board room, 25 Churchill Ave. View the full agenda and get instructions on how to participate by Zoom at go.boarddocs.com/ca/pausd/Board.nsf/Public

"The taxes generated by Stanford Research Park contribute \$24 million to our local Palo Alto schools each year — the equivalent of 144 full-time teaching positions."

- Arne Lim, Retired Palo Alto Unified School District Teacher

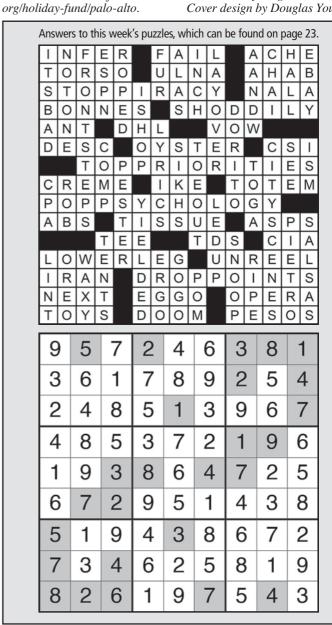
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About the cover: Jennifer Verstregen, Sager Family Farm's nature educator, comforts a scared first grader during the farm's "Bee Brave" program at The Primary School in East Palo Alto. Photo by Magali Gauthier. Cover design by Douglas Young.



is in full swing, with a goal of raising \$600,000. Read

more about the Holiday Fund

on page 12 in this edition or

online at PaloAltoOnline.com/

holiday\_fund. To donate, go to

embarcaderomediafoundation.

### Elevator rescues

(continued from page 7)

timely manner. Hiring is a top priority for the Division.'

### So how dangerous are expired elevators?

The chances of an elevator cable breaking or the elevator crashing to the ground are slim, according to Otis, the world's largest elevator manufacturer. Most elevators can stop when there are power outages, if there's a mechanical or electrical malfunction in the system or when passengers misuse equipment.

Palo Alto Deputy Fire Chief Kevin McNally said although an injury can occur, he hasn't seen an injury as a result of a malfunctioning elevator in his 18 years with the department. The most frequent causes of elevator breakdowns are issues such as a button that won't open a door or an elevator stuck between floors, he said.

The Fire Department doesn't crack open the elevator anymore to rescue people in most cases because it can cause too much damage, he said. In most instances, the department is there to monitor if someone is stuck inside. An elevator company is called to fix the problem so that people can escape. Often, it's a matter of turning the power off and on to reset the elevator. Sometimes, by the time the Fire Department responds the people are already out, McNally said.

Cal/OSHA doesn't track the dates elevators get serviced.

"That is a matter that rests between the elevator owner/operator and the elevator maintenance company it hired. Elevators are required to be properly serviced and maintained by the building owner and their certified elevator maintenance company, even when operating with expired permits. All building owners should have a maintenance contract with a California-certified elevator company," the department stated.

Palo Alto has a contract with an elevator contractor that performs monthly, quarterly and annual inspections, preventative maintenance and repairs. Horrigan-Taylor said.

Valid permit or not, building owners would do well to have their elevators routinely inspected and repaired by a maintenance company. Under California law, public elevators are considered "common carriers," much like a taxi, bus or other transportation conveyance serving the general public.

Putting the onus on property owners, civil code section 2101 states that a common

### President

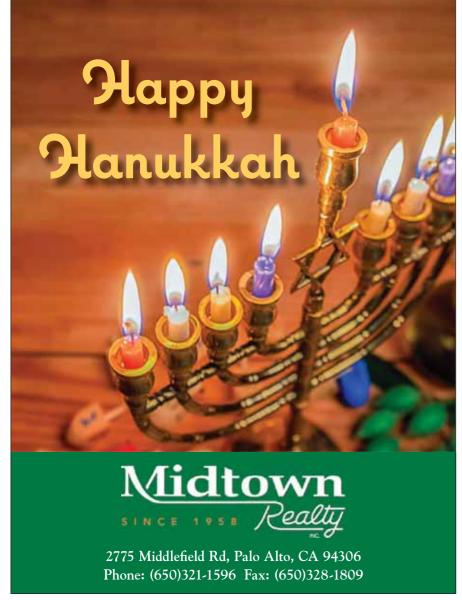
(continued from page 5)

#### research.

"To assess and evaluate the relevant scientific facts, Mr. Filip - in consultation with the Committee, as well as Stanford University faculty - will engage a panel

of leading scientific experts who are highly regarded in the appropriate fields and independent from Stanford University," the statement said. "This expert panel will review the academic articles at issue.

The special committee's update was signed by trustee Carol Lam, who is leading the committee, and board chair Jerry Yang, who is also a member of the committee.



### Top 10 locations of most elevator rescues

Map numbers show rescues at each site from Jan. 1, 2021 to Nov. 11, 2022



The incidents might have occurred in different elevators within some buildings.

carrier is "bound to provide vehicles safe and fit for the purposes to which they are put, and is not excused for default in this respect by any degree of care."

The state statutes are supplemented by California Supreme Court decisions and

"In this circumstance, the Board is undertaking the review so that it will not be conducted by individuals who ultimately report to the president," the statement said.

Some have questioned why the board is conducting its own review, particularly given that Tessier-Lavigne is himself a member of the board of trustees.

Tessier-Lavigne isn't a member of the special committee overseeing the investigation and won't have a role in the review, spokesman Aidan Ryan

Concerns have also arisen over the makeup of the special committee itself. The Daily reported that trustee Felix Baker stepped down as a member of the committee after the news outlet came to him with questions about a potential conflict of interest. Baker's investment firm has an \$18 million stake in a biotechnology company that Tessier-Lavigne co-founded, the Daily reported.

Tessier-Lavigne also released a public letter on Dec. 5. In his message, which was addressed to Stanford's faculty, Tessier-Lavigne differentiated between papers on which he was the senior author and ones where he was a co-author.

The university president said that in the case of the three papers where he was the senior author, he has "previously corresponded extensively" with the editors of the scientific journals in which they were published about concerns with images in the papers. According to Tessier-Lavigne, since the new

jury instructions in civil lawsuits.

Otis, the elevator manufacturer, has compiled tips for handling and elevator breakdown at bit.ly/3Wh3oae. ■

Email Staff Writer Sue Dremann at sdremann@paweekly.com.

allegations have been raised, he has once again been in contact with journal editors.

As for the papers where he was a coauthor, Tessier-Lavigne said that the images in question "are from collaborators' laboratories."

"I want to be clear that I have never submitted a paper without firmly believing that the data were correct and accurately presented. I also want to be clear that I take responsibility for any concerns that arise with respect to any work with which I have been involved," Tessier-Lavigne said. "I trust that a thorough examination will fully address the concerns that have been raised and will affirm my commitment to the highest standards of scientific integrity.'

The special committee said that its review would "be informed by established processes for such research-related evaluations," and would "move expeditiously but thoroughly." A specific timeline wasn't given. The committee also said that the full board will receive the results of the investigation and be responsible for sharing the work with the broader community. How much information will be released publicly wasn't specified.

The board committee has created an email address where members of the public can submit feedback on the investigation: board-special-committee@stanford.edu. ■ Email Staff Writer Zoe Morgan at zmorgan@paweekly.com.

### **OPEN HOMES** PALO ALTO WEEKLY

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13581 Wildcrest Drive	\$4,988,000
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155 South California Ave (C) \$1,179,000 Sat/Sun 1:00-4:00 2BD/2.5BA Coldwell Banker Realty 650-380-9898

PALO ALTO	
4149 El Camino Way (C)	\$950,000
Sat/Sun 1:30-4:30	2BD/2BA
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112 Churchill Avenue	\$2,288,000
Sat/Sun 1:00-4:00	2BD/1BA
Coldwell Banker Realty	650-380-9898
179 El Dorado Avenue	\$2,900,000
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# PALO ALTO WEEKLY HOLDAY FIND

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### Nonprofits:

Grant application and guidelines at PaloAltoOnline.com/holiday fund Application deadline: January 13, 2023

or the past 29 years, the Palo Alto Weekly Holiday Fund has raised money from the community to support programs serving families and children in Palo Alto and East Palo Alto. Last year, the campaign raised and granted a record \$773,000. Since the Weekly and Silicon Valley Community Foundation cover all administrative costs, every dollar raised goes directly to support community programs through grants to local nonprofit organizations.

And with the generous support of matching grants from the Packard, Hewlett, Peery and Arrillaga foundations, as well as several anonymous family foundations, your tax-deductible gift will be doubled in size. A donation of \$100 turns into \$200 with the foundation matching gifts.

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Please consider donating online, which enables your gift to be processed immediately. The secure website is: paloaltoonline.com/holiday fund

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### As of December 14th, 231 donors have contributed \$528,208 to the Holiday Fund.

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### Upfront

**News Digest** 

### East Palo Alto breaks ground on overcrossing

A long-awaited pedestrian-bicycle overcrossing expected to make for safe passage over U.S. Highway 101 at University Avenue in East Palo Alto broke ground on Friday.

The University Avenue/101 Pedestrian Overcrossing Project will create safe access to the east and west sides of East Palo Alto and neighboring Palo Alto after decades of separation by the busy freeway.

The \$14.6 million project, the second of two pedestrian overpasses to join the city — the first is the Clarke Avenue bridge near the Ravenswood 101 Shopping Center — has been more than a decade in the works.

The project has been granted \$4.8 million from Measure A funds through the San Mateo County Transportation Authority, \$771,000 in federal earmark funds and \$1 million from the Stanford Recreation Mitigation Grant, which was approved by the Santa Clara County Board of Supervisors. The city was recently awarded \$5.7 million through Measure W and \$2.3 million through the State Local Partnership Program to fill the construction funding gap. The project is scheduled to begin construction this spring and be completed by winter 2024.

The new overcrossing will serve generations of East Palo Altans, Vice Mayor Lisa Gauthier said, such as her 2-year-old grandson, Camden, who was holding her hand.

– Sue Dremann

### Palo Alto may scale back fiber plans

For more than two decades, Palo Alto's elected leaders and community advocates have touted the benefits of expanding the municipal fiber network, currently serving a few dozen customers, to every section of the city.

The project, known in its various iterations as Fiber to the Home and Fiber to the Premises, would, in theory, bring reliable and affordable high-speed internet to areas that are currently underserved by private-sector incumbents, Comcast and AT&T. Even before the era of Zoom and Netflix made broadband a basic necessity, mayors and City Council members have talked about the boost that a citywide fiber network would provide in fields such as commerce, health care and education.

But for all the big dreams, the proposal that the city is now considering would be significantly smaller. Last month, city staff and the Utilities Advisory Commission recommended a far more conservative option that would largely limit the expansion to a "fiber backbone" that serves city departments. The plan also calls for creating a "last mile" connection to homes and businesses in some neighborhoods, though these would constitute just a small portion of the city.

The option, which the City Council plans to discuss on Monday, doesn't specify which neighborhoods would be selected for the first phase of the fiber expansion. However, a new analysis by the city's fiber consultant, Magellan Advisors, indicates that neighborhoods such as Crescent Park, Duveneck/St. Francis, Charleston Meadow and Palo Verde would likely be among those that would be excluded from the municipal effort. - Gennady Sheyner

### FTX founder faces federal fraud changes

Samuel Bankman-Fried, a Bay Area native and son to two Stanford professors, was arrested in the Bahamas on various federal fraud charges in connection to his cryptocurrency exchange FTX.

Prosecutors in the U.S. District Court for the Southern District of New York unsealed an indictment on Tuesday, Dec. 13, that charges Bankman-Fried with eight counts, including wire fraud on customers and lenders, and conspiracy to commit commodities fraud, securities fraud, money laundering and to violate campaign finance laws.

The U.S. Securities and Exchange Commission (SEC) also announced on Tuesday that it was civilly charging Bankman-Fried for allegedly defrauding FTX investors in violation of the Securities Act of 1933 and the Securities Exchange Act of 1934.

According to the SEC, FTX raised over \$1.8 billion, with Bankman-Fried representing the company as a "safe, responsible crypto asset trading platform." The SEC alleges that Bankman-Fried concealed from investors that FTX customers' money was being diverted to his privately held cryptocurrency hedge fund, Alameda Research LLC, which was being given special treatment on FTX.

Bankman-Fried was arrested without incident at roughly 6 p.m. local time at his apartment complex in the Bahamas on Monday, according to a press release from the Royal Bahamas Police Force.

The arrest came after the United States told officials in the Bahamas that criminal charges had been filed against Bankman-Friend and the U.S. was likely to request his extradition, according to a statement from the attorney general of the Bahamas.  $\blacksquare$ 

– Zoe Morgan

# Where are you going?



- Sophie Fron Class of 2018 Sophie Fron is currently finishing her dual degree at Scripps College via the Panthéon Sorbonne in Paris. Above is a self-portrait she created for her senior thesis. See more of her art at sophiefron.com.

Start here. KEHILLAH kehillah.org/welcome

### Rentals

(continued from page 5)

makes it a popular destination for Airbnb guests. He said Monday that he's aware of two Airbnb properties on his block: One near his house operates quietly and has never caused any problems. Another one frequently drives his neighbors crazy, he said.

But Tanaka argued that the problem isn't Airbnb but the fact that some people just don't respect their neighbors. He mentioned another apartment building near him with long-term renters who are always throwing large parties.

"The crux of this issue really is: Are they being a good neighbor or not? Are they being intrusive to others or not? I think that's what we need to deal with," said Tanaka, who joined Cormack in dissent.

The council majority, however, concluded that short-term rentals bring their own particular problems. When residents are frequently turning over and the property manager lives off-site, it's hard to know whom to complain to when the guest is causing a disturbance. Janice Stone, who owns a condo in Midtown, recalled her experiences in sharing a wall with a residence that is constantly rented out on a short-term basis. The frequent turnover, she said, is detrimental to her building's sense of community.

"It's very disconcerting having strangers living next door, sequentially in quick succession," she told the council.

Vice Mayor Lydia Kou, a real estate agent, said she has heard from other residents who have complained about a big charter bus coming in and offloading a large number of people into a neighboring house. Short-term rentals, she argued, have a higher chance of bringing disruptive impacts to a residential block.

"The noise levels are high, there's numerous cars parked on the street, there's loud music it goes on into the night," Kou said, "And even though police are called, oftentimes it's really hard to disperse them and the owner or the company manager are nowhere nearby."

Kou was one of three council members who signed on to a memo advocating for the new restrictions. Council member Tom DuBois, who led the effort, argued that short-term rentals aren't just an occasional nuisance. They are also, he argued, a drain on the city's rental stock because they turn what could otherwise be long-term apartments into de facto hotel rooms.

DuBois cited a recent city report showing that out of the city's rental stock of 8,057 dwellings, only 93 are estimated to be vacant, a rate of 1.17%. The number of Airbnb listings dwarf that amount, he said.

He also suggested that the status quo puts the city in a bit of an ethical bind. Though Palo Alto has banned rentals of fewer than 30 days, the city has struggled to enforce this rule. At the same time, the city has an agreement with Airbnb that requires the company to pay a transient-occupancy tax (also known as a hotel tax). The city may not crack down on violations, but it certainly profits from them.

"We have this conflict of our values, if you will. We prohibit short-term rentals, we're struggling to create housing, yet we don't enforce our ban on shortterm rentals and are collecting TOT tax," DuBois said. Mayor Pat Burt and council member Eric Filseth both agreed with the memo's authors. The council voted to send the item to the council's Policy and Services Committee, which will consider next year ways to strengthen enforcement of the city's existing limits and new restrictions and registration requirements on short-term rentals that are not owner-occupied.

According to the memo, there were about 500 short-term rentals in Palo Alto last year, of which 375 consisted of entire units.

While the city has not been

collecting any data on local short-term rentals, Council member Greer Stone cited various national studies that supported his view that a proliferation of shortterm rentals drives up rents. One such study, which was conducted by Kyle Barron, Edward Kung and Davide Proserpio and published by the Harvard Business Review in 2019, analyzed Airbnb listings and rent rates and concluded that a 1% increase in Airbnb listings is causally associated with a 0.02% increase in rental rates and a 0.03% increase in house prices.

"There's a true housing crisis

in Palo Alto and across the region and across the state," Stone said. "This memo helps address some of that."

Some disputed the notion that the short-term rentals would necessarily convert to long-term residences once the city's new restrictions kick in. David and Felice Stonestrom, who are retired and live in College Terrace, wrote in a letter to the council that their home would simply sit vacant if they weren't allowed to rent it out when they travel. Far from constraining the housing market, their home provides people who have short-term housing needs on the Stanford campus or nearby an affordable place to stay, they wrote.

"We pay a neighbor to serve as property manager while we are gone, so there is always a local contact should problems arise. Our neighbors appreciate having our house occupied rather than sitting empty while we are gone," the Stonestroms wrote. "Some of the more draconian proposals would take our property off the market, with no benefit to anyone."

Email Staff Writer Gennady Sheyner at gsheyner@paweekly. com.

Scott P. Spector, a dedicated adventurer and partner emeritus with the Silicon Valley law firm Fenwick & West, died on November 8, 2022, from injuries sustained in a bicycle accident. He was 73.

An exceptional lawyer, devoted family man and loyal friend, Scott

lived life with passion and without regrets. He was forever in search of the next cool adventure – running marathons, climbing mountains, hiking down the Grand Canyon, rafting the Colorado River, running with the bulls, going on safari, sailing the Mediterranean and the Caribbean seas, or simply throwing parties in the "sports bar" of his Palo Alto home. He was a "big event" guy. His checklist included multiple Olympic games, the Kentucky Derby, the Super Bowl, the seventh game of the 1986 World Series, the Indy 500, John Glenn's 1998 return to space from Cape Canaveral, and Elton John's "last" concert.

"Scott was unique. He lived life loud," recalled his friend and Fenwick colleague Dennis DeBroeck. "And we all got to live his adventures vicariously because he loved to tell us about them – over and over again."

"He was a genuine original, a one-of-a-kind personality and a once-in-a-lifetime friend," said Bob Ryan, a friend and neighbor who met Scott when they began a daddy-daughter group for their children in kindergarten. "He loved fast cars, expensive bicycles and exotic vacations. But his deepest values were rooted in his love for his family and his friends."

Scott was born in Chicago on June 24, 1949, to Jerry and Dolly Spector. He grew up in suburban Skokie and graduated from Evanston Township High School. He earned a B.A. at Tulane University and then stayed to attend law school there. After receiving his J.D., he earned a Master of Law degree in taxation from New York University School of Law.

Scott met his wife, fellow attorney Holly Ward, in New York City. They married there in 1987. Two years later Scott was offered a position at Fenwick, known for incorporating Apple Computer for its legendary founders, Steve Jobs and Steve Wozniak. Mindful of unique

### Scott P. Spector June 24, 1949 – November 8, 2022

client needs in the rapidly growing technology sector, Fenwick recruited Scott to focus on employee equity compensation and related tax law.

When Scott and Holly visited Palo Alto before accepting the firm's offer, former Fenwick Chairman Gordon K. Davidson recalled, he stressed to them the great weather and natural beauty of the Bay Area. When questioned about the risk of earthquakes, "I said, 'No, no; there's no problem with earthquakes. We never even notice them.'"

Scott took the job, and they moved to Palo Alto on Sept. 17, 1989, exactly one month before the Loma Prieta earthquake, the strongest and most destructive tremor in Northern California since the San Francisco quake of 1906.

Scott established and led for more than 30 years Fenwick's Executive Compensation & Employee Benefits group, building a world-class practice of which he was extremely proud. Colleagues at Fenwick recall him as a supportive partner and mentor whose steadfast integrity helped guide clients through many ethical and legal challenges.

Scott was creative, Davidson said, and when Fenwick was preparing to take Facebook public, he worked with a group of peers and regulators to establish an innovative approach to equity compensation that the rest of the industry soon followed. "That really put us – and him – on the map," he said.

Scott was active in both the Tax and Business Law Sections of the American Bar Association, participating in authoring many comment letters to the Securities and Exchange Commission on rule proposals involving executive compensation, and he regularly spoke at national law conferences. At one such conference at Stanford University in 1992 Scott met Mark Borges, then general counsel for a small Silicon Valley software company.

"He was approachable and a good speaker. He seemed like someone to maintain a relationship with," Borges recalled. The relationship deepened, and seven years later, Scott recommended Borges for a position at the SEC. As a result, Borges spent the next 23 years in Washington, DC, where he and his wife raised their family. "Scott changed the trajectory of my life," Borges said. "It never would have happened if not for him."

As hard as he worked, Scott always found time to play. An expert skier and avid road biker, Scott loved retirement because he could ride five days a week and ski as much as he wanted. Once he gave up trying to get Holly to be his ski companion, he hired an expert guide wherever he went, purportedly to allow him to skip the lift lines, but also because he still wanted to become a better skier.

Scott cherished his friends, whose recollections often echoed one another. He would reach out to people he hadn't heard from in years, just to say hello. He had a standing Sunday morning coffee date with neighbor Pete Kerman, which became a running joke in Scott's family known as "Pete at Peet's." Said longtime friend Keith Higgins, a Boston attorney, "We talked frequently by phone, but he didn't keep score on who called whom. He knew the value of friendship. He did what it took to keep that alive." Former partner Alan Smith said, "I don't think I've known anyone – particularly any male friend – more deeply invested in people and relationships. He gave tremendously, and he cultivated people and fun."

Lisa Kenkel, a former Fenwick partner, recalled: "Scott's strong passions were unusual in that they were loosely held. He was a mountaineer, until he wasn't; a runner (with and without bulls), until he wasn't; a Tour de France fan, until he wasn't, and then was again; one of the best lawyers in his field, until he walked away from the billable world. Scott was always moving forward, adapting and evolving – unafraid to try something new and equally unafraid to let go of a deeply held passion that no longer fit."

Most of all, he loved sharing adventures with Holly and their daughters, Melanie and Stephanie.

"Scott had a lot of people who considered themselves his best friend," Holly said. "But there was no competition. I was Scott's best friend, and he was mine."

"I think the things I love most about myself, I learned from my dad," recalled Melanie. "He taught me how to laugh at myself, how to be a bad-ass skier – and brag about it – how to maintain and cherish friendships. Most importantly, he taught me to love every minute of life."

Stephanie remembers that he was always there when she needed him. "He saw every play I was in. He cheered me on at every soccer game, even though I was the worst kid on the field. He even said he was proud of me after I threw a party behind his back. Because he loved being my dad, and I loved being his 'little' girl."

A celebration of Scott's life was held on November 19 at his beloved backyard sports bar. It was the kind of party he would have enjoyed, with music, dancing, and lots of photos and stories from his adventures.

In addition to Holly, Melanie and Stephanie, Scott is survived by his sister, Jodee Smith of Orlando, FL, his rambunctious Siberian Husky Saki, and scores of people who continue to insist they were truly Scott's best friend.

Memorial contributions may be made to TheatreWorks Silicon Valley or any favorite charity.

PAID OBITUARY



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R S INSURANCE

### **Public Notices**

#### 997 All Other Legals

ORDER TO SHOW CAUSE FOR CHANGE OF NAME SUPERIOR COURT OF THE STATE OF CALIFORNIA FOR THE COUNTY OF SANTA CLARA

Case No.: 22CV406234 TO ALL INTERESTED PERSONS Petitioner: HASIL AZIZOV filed a petition with this court for a decree changing names as

follows: HASIL A7IZOV to DAVID ADAM THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING: March 14, 2023, 8:45 a.m., Room: PROBATE of the Superior Court of California, County of Santa Clara, 191 N. First Street, San Jose, CA 95113 A copy of this ORDER TO SHOW CAUSE shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following

newspaper of general circulation, printed in this county: Date: November 7, 2022

/s/ Jacqueline M. Arroyo JUDGE OF THE SUPERIOR COURT (PAW Nov. 25; Dec. 2, 9, 16, 2022) SUPERIOR COURT OF CALIFORNIA, COUNTY OF SANTA CLARA NOTICE OF INTENT TO SELL REAL PROPERTY In the Matter of the Estate of CHAT CHATTERTON aka LYNNE A. CHATTERTON, decedent,

Case No. 21PR191188

NOTICE IS HEREBY GIVEN that on or after December 15, 2022, at 2:00 p.m., Mary Ann Warren, Public Administrator of the County of Santa Clara, as Administrator of the Estate of CHAT CHATTERTON aka LYNNE A. CHATTERTON, intends to sell at private sale, to the highest net bidder, all of the Estate's right, title and interest in and to certain real property located at 1084 Moffett Circle, Palo Alto, California 94303, which real property is more particularly described as follows: LOT 42, BLOCK 382, MAP OF TRACT NO. 796 GREER PARK, IN THE CITY OF PALO ALTO, COUNTY OF SANTA CLARA, STATE OF CALIFORNIA, FILED OCTOBER 2, 1950, BOOK 30 OF MAPS, PAGE 52, SANTA CLARA COUNTY RECORDS. A.P.N. 127-04-020

The sale may be subject to confirmation by the above-entitled court. The real property will be sold subject to current taxes, covenants, conditions, restrictions, reservations, rights, rights-of-way, and easements of record, with any encumbrances of record to be satisfied from the purchase

price. The real property is to be sold on an "as is" basis except for title.

Written bids or offers for the purchase of the real property are hereby invited. For additional information about submitting bids or offers please contact the listing agent Phil Costanza, Re/Max Gold, 1122 Willow St., Ste. 100, San Jose, California 95125; (408) 504-8587.

All bids or offers must be accompanied by a ten (10) percent deposit by wire transfer, w the balance of the purchase price to be paid in cash upon close of escrow Taxes, rents, operating and maintenance expenses, and premiums on insurance acceptable to purchaser shall be prorated as of the date of recording of conveyance. Examination of title, recording of conveyance, transfer tax and any title insurance policy shall be at the expense of the purchaser or

purchasers. Mary Ann Warren, Public Administrator of the County of Santa Clara, as Administrator of the Estate of Chat Chatterton aka Lynne A. Chatterton, reserves the right to reject any and all bids or offers. All written bids or offers will be opened

remotely during an online meeting held at 2:00 p.m. on December 15, 2022. For information on the remote online meeting please contact the listing agent. Date:

MARY ANN WARREN (or designee) Public Administrator of the County of Santa Clara Administrator

JAMES R. WILLIAMS, County Counsel

MARK A. GONZALEZ Lead Deputy County Counsel Attorneys for Conservato (PAW Dec. 2, 9, 16, 2022)

Call Alicia Santillan at 650-223-6578 or email asantillan@paweekly.com for assistance with your legal advertising needs. The deadline is Tuesday at noon.



A weekly compendiu of vital statistics

### **POLICE CALLS**

**Palo Alto** Dec. 3 - 9 Violence related High Street, 11/21, 10:18 p.m.; batter Pepper Avenue, 11/22, 3:55 p.m.; rap Emerson Street/Lytton Avenue, 11/2 1:39 a.m.; battery Middlefield Road/San Antonio Road 11/29. 10:26 a.m.: hit and run resultir death/injury High Street, 12/1, 9:36 a.m.; battery El Camino Real, 12/7, 6:59 p.m.; robberv

Burglary         .3           Grand theft         .8           Identity theft         .5           Petty theft         .11           Shoplifting         .2
Vehicle related         Abandoned auto
Alcohol or drug related Possession of drugs
Miscellaneous         Court order violation.       2         Death unattended.       1         Disturbance/annoying phone calls       1         Elder abuse.       1         Info. case       3

Theft related

### Jacob Daniel Haskell

1943 - 2022

Jacob, loving husband to Toni Haskell for 51 years, died of Parkinson's disease at his home in Palo Alto at the age of 79 on December 5, 2022. Jacob was born in Bombay, India in 1943 to Louise Haskell (from Manchester, England) and Moses Edward Haskell (from Pune, India). Jacob was educated at the Cathedral and John Connon School in Bombay, the University of Sussex in England, the University of Wisconsin at Madison (where he met Toni), and



Located missing person . . . . . . .

the University of Salford in England, where he received his PhD in electrical engineering.

In 1971, Jacob left England to complete a postdoc at Caltech, and he married Toni. In 1973, he and Toni moved to Palo Alto, where Jacob began his career as a process engineer for semiconductor companies in Silicon Valley, including H-P, Intel, and AMD. During his tenure as a process engineer, he was granted 41 patents. Jacob later worked as a technical consultant, providing troubleshooting support to companies around the world.

Jazz music was Jacob's be-all and end-all. As he said of Miles Davis, the pleasure of listening to him "helped me get my head together." Not only Miles, but also luminaries such as Charlie Parker, Clifford Brown, Bill Evans, and Marian McPartland all brought joy and meaning to his life. Jake also liked to make music. A jazz drummer in his youth, he later taught himself to play the bass and enjoyed performing with jazz groups in the evenings.

Allied to his love of music was his interest in the transmission and production of sound. As a boy in India in the 1950s, he built his first radio and, starting in his teens, wrote articles on hi-fi technology for Practical Wireless - his first article giving instructions on building a hi-fi system from scratch, a topic he understood well, as he had built from scratch a hi-fi for his family. Throughout his life, he pursued the goal of the perfect sound system, deciding that the most pleasing sound comes from the old inventions: vinyl records and a tube amplifier.

Social gatherings were enlivened by Jacob's stories and jokes. He loved to talk about his boyhood in India - of his muchtreasured Meccano set, of his family's agreement to delay Shabbat dinner for an hour so that he could listen to the only jazz radio program of the week, of the horse-racing-enthusiast uncle who believed that a wave goodbye from Jake before a race would bring him luck.

Fixing things was Jake's forte - broken radios, crashed computers, a finger invaded by a sliver, a seemingly insoluble problem faced by a high-tech company. He could even fix a heart, encouraging one to face difficulties head on and thereby resolve them, thus earning the name Toni lovingly and laughingly gave him, "Mv Dr. Freud."

Jacob leaves behind his wife, Toni, his brother, Ernest (Shanti) Haskell, and his nephew, Daniel Haskell. Jacob's parents and his sister, Mozelle, predeceased him.

Friends who wish to donate in Jacob's name may give to a favorite charity or to Mission Hospice & Home Care.

Mental health evaluation	7
Missing person	1
Outside assistance	1
Outside warrant arrest	
Public nuisance	
Resist arrest	1
Suspicious circumstances	
Threats	1
Unauthorized disabled placard	1
Vandalism	2

#### **Menlo Park** Dec. 7 - 13

. . . 3

Violence related

. . . 2 Laurel Avenue/Durham Street. 12/7. 1:33 p.m.; battery

Santa Cruz Avenue, 12/8, 4:58 p.m.; assault

### Theft related

Burglary									. З
Fraud									. 3
Grand theft									. 2
Petty theft									. 2

### Vehicle related

Auto theft       4         Driving w/ suspended license.       1         Hit and run       2         Theft from auto.       2         Vehicle accident/minor injury       2         Vehicle accident/prop damage.       2         Vehicle tampering.       3
Alcohol or drug related
Driving under influence
Miscellaneous
Coroner case2Disturbance3Disturbing the peace1Found property2Info. case2Outside assistance1Resist arrest1
Vandalism1

### OBITUARIES

Warrant arrest.....

A list of local residents who died recently:

Sherman Rogers Hall III, 84, a former resident of Atherton who founded the Phoenix Paper Company and coached soccer and basketball, died on Dec. 10; **Jacob Daniel Haskell**, 79, a longtime resident of Palo Alto who worked as a process engineer on semiconductors around Silicon Valley, died on Dec. 5; Judith Larsen, 80, a longtime resident of Palo Alto who was known for her work as an author and with the American Institutes for Research, died on Dec. 3; Matthew Francis Bacolini, 37, a former resident of Redwood City who worked at the Project 90 rehabilitation facility in San Mateo, died on Dec. 2; and Richiko Obuchi, 85, a longtime resident of Mountain View who worked at Fairchild Semiconductor and HP Inc., died on Dec. 2.

To read full obituaries, leave remembrances and post photos, go to Lasting Memories at PaloAltoOnline. com/obituaries.

### PALO ALTO WEEKLY HOLIDAY **UND** DRIVE

paloaltoonline.com/ holiday fund



### An Alternative View Palo Alto vs. Stanford: City demands are over the top

n undercurrent of antagonism between the city of Palo Alto and Stanford University has been in play for de-

cades. It is seldom discussed aloud, but it is there. And it has reoccurred again in the past two weeks -– as the council has come up with



renowned university.

At issue is a revision to the 2000 Stanford Community Plan. Stanford wants to expand its academic space by 2,275 million square feet and 2,600 more student beds by 2035. Palo Alto is saying the university first has to meet its new demands.

The city over the years has tried to control Stanford's growth in many ways because it says the university infringes on this community – and its growth somehow needs to be tightly regulated. That attitude is shared in part by the county. Most of Stanford's land is Santa Clara County land - the city oversees the Stanford Shopping Center and part of the medical center; the county the rest. Palo Alto gets significant sales tax revenues each year from the shopping center.

The university, on the other hand, feels that the city is always demanding something from it  too much, too many times. I would describe what's happen-

ing as the city trying to milk the cow on "The Farm," and the city always needs more milk.

This antagonism upsets me, to say the least. Town-gown relations can be troublesome at times, but Stanford University seems to have had more than its share. As full disclosure, I am not an alum of Stanford, but I did spend a year on campus with a journalism fellowship and then a decade working for Stanford back in the 1980s.

The dialogue on this issue began at the Dec. 6 City Council study session with the county. Right now, they're at the discussion level but the demands have been raised and are in full play.

Here is a sampling of the items that Mayor Pat Burt and other council members have said they want:

- Any new growth (building, faculty, staff and students) will first require more housing development from Stanford.
- The university will be required to build that housing on its campus or on contiguous Stanford-owned lands in Palo Alto. The city is concerned about Stanford buying land in this city or neighboring communities and then renting the housing only to Stanford affiliates.

• The city wants new construction to be on the campus. The lands in the foothills (where the Dish is and walking trails are) must

### **Bv Diana Diamond**

remain open space, according to a previous county ruling.

• Palo Alto wants full disclosure of properties Stanford owns within the city, their status and a calculation of tax revenues lost to the city because the university pays no taxes on properties used for "educational purposes."

• The city wants Stanford to make in-lieu payments taxes on properties that are, by law, tax-exempt.

• In October, Burt sent a letter to the county saying the city is concerned about the "prospect of Stanford-owned housing within the city being exempt from property taxes despite additional impacts of those residents on our public schools and services." (The university is an educational nonprofit and Stanford has a longstanding agreement to pay for its use of municipal services - fire, police, etc.)

• Stanford is being asked to expand its Marguerite shuttle system into East Palo Alto to provide transportation for Stanford employees living there.

- Stanford is being asked to address the overflow of parking on its campus and ensure that there are no additional cars as a result of constructing more academic buildings on campus, i.e., no new commutes as a result of expansion.
- The city wants a more permanent and active role in county-Stanford meetings on the university's land use negotiations. It wants

to sit at the table and vote -athree-party decision (Santa Clara County, Stanford and Palo Alto) on land use.

- But wait, there's more!
- · Burt asked that Stanford consider a bike path along El Camino Real that would allow children of Stanford employees to bike to Fletcher Middle School and Gunn High School.

· Palo Alto and neighboring communities are asking Stanford to provide sufficient funds to compensate for the additional growth and use of city services.

The council is considering asking Stanford to contribute to the cost of building four grade separations at rail crossings so trains and cars are on different levels - a multi-million costly project.

Council member Tom DuBois said it's important that Stanford not build housing just for its students but also for anyone to live in.

I think these proposals are overwhelming and that the city is us-ing Stanford for its own financial purposes.

These expenditure requests are all coming from a city with nearly a \$1 billion annual budget that just found another \$40 million more to spend because its annual revenue is on the upswing.

The Stanford housing problem is significant - just 7 percent of university staff, faculty and students live on campus. That means thousands of others must live in surrounding communities. Stanford has recently built about 4.400 new dorms for students and 1,023 new units of faculty and staff housing in the last decade.

Of course Stanford must provide more housing, and the city and county must work cooperatively together. Easier said than done, I agree, but latent angers somehow must be sublimated.

I care about Stanford. It provides exceptional education for undergraduates and graduates in a variety of fields. It houses a hospital and medical services that many of us use. It conducts significant research in a wide array of fields, including some of the very recent high-tech discoveries. It helped develop Silicon Valley. The institution is a benefit to our society nationally and locally.

It's wonderful (and advantageous) to live near Stanford. I've gone to their football and basketball games, concerts, adult classes, strolled through its grounds, walked The Dish, etc. The university and its 8.000 acres are an amazing playground for all of us locally. And its intellectual value is also immense and should be recognized by Palo Alto.

Don't milk it, please. It's a treasure.

Diana Diamond is a longtime Palo Alto journalist, editor and author of the blog "An Alternative View" at PaloAltoOnline.com/ blogs. You can email her at dianadiamond@gmail.com.

after hours for his catering busi-

ness? Who is making these kinds of decisions for our senior com-

Roberta Ahlquist

Webster Street, Palo Alto

munity? Why?

### This week on Town Square

Town Square is an online discussion forum at PaloAltoOnline.com/square

### In response to 'Local law enforcement owns millions of dollars in military equipment. A new state bill seeks to regulate all of that.'

Posted Dec. 10 by Steve Dabrowski, a resident of Duveneck/St. Francis:

"I'd like to have one of those Lenco BearCat G3s. Great SUV for getting through traffic on Embarcadero when going to Trader Joe's."

### In response to 'Food donations rise after implementation of new law

Posted Dec. 13 by Mai Nguyen, a resident of Greenmeadow:

"What a win-win for people in need and for

the environment! This article also reminds me that, sometimes, laws and the bureaucracy they create have a great return on investment for all of us."

### In response to 'Affordable apartments debut at Wilton Court'

Posted Dec. 9 by Allen Akin, a resident of Professorville:

"California Avenue businesses were doing better back when the local population was lower. That suggests something other than a lack of population is causing the problem, and therefore there's no reason to believe that increasing the population will solve it.

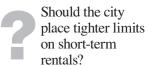
Wilton Court is good news, definitely. Congratulations to everyone involved.'

### Letters

### Avenidas space misused Editor,

Why is the Palo Alto Avenidas senior center on Bryant Street not hosting the La Comida lunch program for seniors at its downtown site, especially when it rains? About 70 to 100 seniors daily are lined up to get their packaged meal and then have to run home to eat it. No room at Avenidas? The rooms at Avenidas are nearly empty every day. Go take a look. Who makes the decisions? Who are the board members? Is there a renter on the Avenidas board? Are there any low-income seniors on the Avenidas board? Why is a chef using the Avenidas kitchen

WHAT DO YOU THINK? The Palo Alto Weekly encourages comments on our coverage or on issues of local interest.



Submit letters to the editor of up to 300 words to letters@paweekly. com. Submit guest opinions of 750 to 950 words to editor@paweekly com. Include your name, address and phone number. For more information, contact Editor Jocelyn Dong at editor@paweekly.com.





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# 'Wonderful, wonderful'

### 'The Lady with the Crown' captures decades of a unique and unbreakable mother-daughter bond **By Heather Zimmerman**

alo Alto author Kathleen Canrinus' book "The Lady with the Crown: A Story of Resilience" is the memoir of two people: Canrinus and her mother, Dorothy.

The book explores their lives together over decades as they navigated the seismic changes brought by a car accident that left Dorothy with a traumatic brain injury and the author - a teenager at the time of the accident - trying to adapt, along with her father and brother, to a starkly different family order.

The event flipped the expected dynamic between mother and daughter, with Canrinus helping her father to care for her mother, whose short- and long-term memory and ability to walk and communicate were impacted by the injury. She was in a coma for three months following the accident, and when she woke, was unable to walk and had lost most of the mobility on one side of her body. Her speech was garbled, which often meant she had difficulty communicating with people aside from friends and fam-

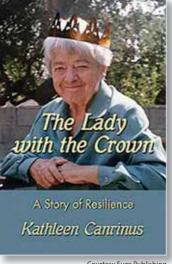
ily who knew her speech patterns. "The Lady with the Crown," published earlier this year, weaves together scenes from Canrinus' youth before her mother's injury through the 54 years that followed it, all the way to her mother's death at age 99.

Her mother became a focus of Canrinus' writing because she wanted to honor her and share her story

"I thought she lived her life so well. 'Wonderful, wonderful' she used to say that about almost everything: dinner, lunch, a ride, a visit - she found something to appreciate, and she told me all the time that she was lucky, which I didn't understand for a very long time," she said.

Canrinus grew up in Los Gatos, where roughly the first half of the memoir takes place, but much of the remaining story unfolds on the Peninsula. She has lived in Palo Alto's Barron Park neighborhood since 1981 and except for a few vears away in southern California. has been a Palo Alto resident since the 1960s. She and her husband, Don, raised their two daughters in Palo Alto. Following in the footsteps of her parents, who were both educators, Canrinus worked as a teacher at Addison, Ventura and Juana Briones elementary schools.

It was retirement that gave Canrinus a chance to bring her



and her mother's story to the page. Drawn to both oil painting and writing after she retired, Canrinus said she briefly tried painting, taking up the same easel, paints and brushes that her father had enjoyed using during his own retirement, but writing won out.

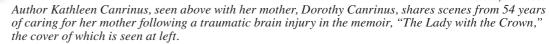
"I wanted to study the craft of writing. I had a couple of stories that I wanted to put on paper. One of them is the chapter "Blindsided" in the book and another is about a hike I took in the Himalayas. I wanted to write those stories well, so I signed up for writing classes, and for the better part of 12 years, I worked on the craft," she said.

"I was writing stories about my mother, and about marriage and friendship and aging and hiking, and there was a very positive response to the mother stories. In fact, one of my classmates said to me, 'I like her better than I like you.' I took that as a compliment because I had written my mother - I had created her on the page."

These "mother stories" became the inspiration for "The Lady with the Crown." As her classmate found, Canrinus' portrait of her mother throughout the book is appealing and relatable: adventurous and fun-loving if sometimes impatient, with an irreverent sense of humor, a kind but no-nonsense nature, and an occasional penchant for cheating at cards.

"The book is funny in parts because my mother was funny - and uplifting. I hope that readers will enjoy meeting her. That said, I am not a believer in silver linings. This is not a book about them," Canrinus said.

The chapter "Blindsided" tells of the February 1960 car accident



that injured Dorothy Canrinus -"the day everything changed in our lives," as Kathleen Canrinus describes it. It's a key chapter, and the first story that she wrote for class. Faced with an initial writing assignment about "My First Date," instead she chose to write about the day of the accident because she said that she felt she couldn't write anything else.

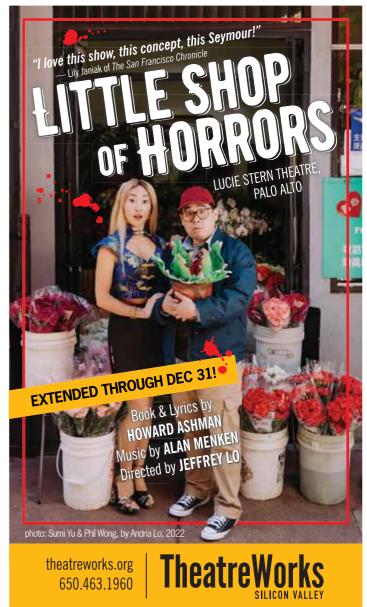
The piece set the tone for a memoir that's honest about the difficulties that Canrinus experienced struggling with the pressures of juggling work, children and caring for a parent, or negotiating a succession of unhelpful caregivers and sharing the gratitude and contentment of good times with her mother, from a chaotic but joyful trip to Italy to numerous card games, picnics in the car and time spent together just running errands.

"It is deeply personal," Canrinus said of the book. "Why not go for the deeply personal? I didn't want to write about it from a distance."

She is also open in writing about the guilt, fear, anger and frustration she experienced at various points in her life, as a teen grappling with her family's new situation and as an adult, with a family and career of her own, trying to meet the commitment of being the primary caregiver for her mother after her father died.

"I was never writing, really, as therapy, although I hold all those experiences a little lighter now that they're in story form and I've looked for patterns and meaning. It

(continued on page 20)



www.PaloAltoOnline.com • Palo Alto Weekly • December 16, 2022 • Page 19



news for the youth orchestra.

The Dec. 18 concert brings to-

with a special reveal: the iden-

has led the orchestra for 20 years,

plans to step down after the close of the 2022-23 season, according

to a press release about the event.

He will be retiring from his work

director.

### Wonderful

(continued from page 19)

was hard to write the difficult parts but I thought they were essential," she said. "I thought it was essential to reveal my own shortcomings when I failed miserably, not only in taking care of her but in taking care of my children, shorting work, my husband."

Writing did reveal some surprises or greater perspective in some cases, Canrinus said, whether it was further insight into her teen years following the accident or the realization that her mother was still, in subtle ways, mothering her. For instance. Canrinus recalled realizing that her mother took pleasure in the fact that Canrinus enjoyed cooking for her, although she couldn't taste the food.

"I missed that I really did have a mother, even though I was in a parental role. There are things that she was showing me that are just so valuable, and I missed that for a while," she said.

Although aspects of trauma, loss and grief inform "The Lady with the Crown," its focus on the challenges and joys of relationships with family and friends, especially, of course, between Canrinus and her mother, make it overall a thoughtful story about life.

"My own takeaway from the way my mother lived her life is that if she can say, 'I'm very lucky,' given her unimaginable losses, I, who can do everything she was unable to do, can certainly look for things to appreciate and be grateful for. 'You're very lucky too,' she said to me. I'm lucky she was my mother. She was a great teacher," Canrinus said.

"The Lady with the Crown" is available at Amazon, Barnes & Noble and ePub and can be ordered at any independent bookstore, or purchased directly from the author. Canrinus is also available to participate in book clubs in person or virtually. Contact her at kcanrinus@gmail.com.■

Email Arts & Entertainment Editor Heather Zimmerman at hzimmerman@paweekly.com.

### **Arts briefs Orchestra reveals new director,** renovations cancel favorite holiday film

By Heather Zimmerman



Music Director Ben Simon conducts the Palo Alto Chamber Orchestra's senior ensemble.

with PACO, as well as his role as conductor of the San Francisco Chamber Orchestra.



### Only the best for you this holiday season because the best is all Kensington Senior Living knows how to do

ensington Senior Living is a partnership of bighearted leaders and devoted team members who promise to love and care for your family as they do their own. As the holiday season continues to unfold, our doors at Kensington Place remain wide open to those who need a hand assisting senior loved ones who are showing signs of memory loss.

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a sense of purpose. Two tiers of memory care address needs

9 that for the third consecutive year, it won't be holding its annual Christmas Eve screening of "It's a Wonderful Life.' Director Frank Capra's 1946 holiday favorite typically packs the house at the classic movie palace

The Stanford Theatre announced on social media on Dec.

Founded in 1966, PACO is a

strings-only orchestra made up of

musicians who are high school age and younger. The orchestra boasts alumni who include Bay Area musician Robin Sharp and members

The "Holiday Extravaganza" program will see performances by

PACO's five ensembles. The pro-

gram culminates with the groups playing together, along with alum-

ni, in a performance of J.S. Bach's

Brandenburg Concerto No. 3. PACO's Holiday Extravaganza takes place Dec. 18, 4 p.m. at Spangenberg Theatre, Gunn High School, 780 Arastradero Road, Palo Alto. Tickets are \$30. For more information, visit pacomusic.

org/current-season.

of the St. Michael Trio.

each Dec. 24, but the need for additional improvements at the downtown Palo Alto theater will further delay the local tradition. "We still have no heat, and hope

to have a new heating system in place in 2023 (as well as other structural improvements to the theatre)," the post said.

The Stanford was among the first Peninsula businesses to temporarily shutter due to the pandemic in March 2020 and during its closure of more than two years, the venue underwent some renovations, including seismic upgrades.

The theater reopened this summer with a series of screenings that featured a wide variety of classic films. After that series ended in mid-September, the Stanford shifted to presenting occasional weekend screenings, as not all renovations have been completed, according to a notice on the Stanford Theatre website.

The theater will be closed through early 2023, the notice said. For more information, visit stanfordtheatre.org.

Sip and savor

Eating Out

10 chocolateries to satisfy your hot cocoa cravings

By Kate Bradshaw

hen it gets truly cold outside (by California standards anyway), there's a reason that the hot drink many people of all ages reach for remains the tried-and-true humble mug of hot cocoa. It's the quintessence of cozy: warm, creamy and revitalizing. And while many cafés and restaurants tend to treat hot chocolate as a kids-menu afterthought, we think our readers deserve better this holiday season.

We scoured the Peninsula to find the best hot chocolate and European drinking chocolate — offerings around. We've got both boozy and alcohol-free options, some for drinking out and others for making at home, and even a best-served-cold option or two. Here's your classy cocoa guide:

### Bird Dog, Palo Alto

Palo Alto's Bird Dog offers no-buzz and boozy hot chocolate kit options for gifting (or keeping — we won't judge). The tradition started in 2020 during the pandemic, when the restaurant offered weekly takeout bundles, according to co-owner Emily Perry Winston. "The team loved them so much, we continue to bring them back," she said. "They actually bring back lovely memories because even though it was a challenging time, our small team truly bonded then since it was only us in the space (without guests) for months." The hot chocolate kits come with Tcho chocolate and made-to-order marshmallows; the boozy option comes with bourbon.

Bird Dog, 420 Ramona St., Palo Alto; 650-656-8180, birddogpa.com. Instagram: @ birddogpaloalto.

#### Après Village, East Palo Alto

Skip the Tahoe traffic and get your European winter lodge vibes a bit closer to home at the Four Seasons Hotel Silicon Valley's seasonal Après Village. The menu includes boozy hot cocoa made with a secret recipe, plus Tullamore Dew whiskey, green chartreuse and vanilla or cherry whipped cream. Reservations required.

Après Village, Four Seasons Hotel Silicon Valley, 2050 University Ave., East Palo Alto; 650-566-1200, fourseasons.com. Instagram: @fourseasons.

#### Coupa Café, multiple locations

The spicy Maya hot chocolate at Coupa Café has warm cinnamon notes, plus a touch of cavenne and pasilla chile. They also offer a "deluxious" hot chocolate, made from melting down dark chocolate and combining it with "just enough" milk to make it a rich drinking chocolate. The first Coupa Café, offering Venezuelan-style coffee and chocolates, came to Palo Alto's Ramona Street via Jean Paul Coupal and Nancy Farid-Coupal in 2004.

Coupa Café, multiple locations in Stanford, Palo Alto, Redwood City and Los Altos; 650-322-6872, coupacafe.com. Instagram: @coupacafe.

#### SWEET55, Half Moon Bay and Palo Alto

This hot chocolate is lighter and frothier than some of the other options we sampled, but with each sip still infused with a rich chocolate flavor - the perfect way to warm up on a rainy day. The retailer also offers tins of hot chocolate mix to make at home. Owner Ursula Schnyder said the cool coastal climate of Half Moon Bay is ideal for working with chocolate; this year she also opened a shop at Palo Alto's Town & Country Village to serve more customers.

SWEET55, Half Moon Bay and Palo Alto locations; 650-618-6525, sweet55.com. Instagram: @sweet55swiss.

#### Saffron, Burlingame and San Carlos

This drink isn't hot, but it does offer a sophisticated hint of chocolate. The seasonal Rasa cocktail by Delhi-born chef and restaurateur, Ajay Walia, is made with gheeinfused bourbon, Alessio, Cynar, orgeat, mint and chocolate bitters. The ingredients lend it dark chocolate, cinnamon and spice flavors, with a hint of bitterness and a note of cacao, according to spokesperson Makenna Lepowsky.

Saffron, Burlingame and San Carlos locations; 650-910-6351, thesaffronrestaurant.com. Instagram: @saffron\_restaurants.

### Shekoh Confections, Palo Alto

Shekoh Moossavi of Shekoh Confections in Palo Alto said a copper vessel is expected to arrive any day so that she can begin to offer drinking chocolate next week. Moossavi trained at L'École Valrhona and brings a palette of global flavors from her time spent in countries around the world to her chocolate craft.

Shekoh Confections, 2305 El Camino Real B, Palo Alto; 650-384-6322, shekohconfections.com. Instagram: @shekohconfections.

#### Timothy Adams, Palo Alto

The European sipping chocolate available at Timothy Adams stood out for its quality and options. The team infuses 110 grams of specialized chocolate into whole milk or almond milk at a variety of richness levels, from 30% to 100%. You also can add whipped cream and spices, or make it a mocha or milkshake. It comes with a complimentary marshmallow.

According to co-owner Adams Holland, the 100% cacao sipping chocolate is difficult to drink hot, but ideal for turning into a milkshake and blending with ice cream. A serving of the 64% dark sipping

### LA COMIDA SPECIAL MEALS IN DECEMBER

Courtesy Erik Mclean / Pexels

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Holiday lunch, Tuesday, December 20 New Year's lunch, Friday, December 30



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Taken in person, beginning Monday, December 12, at both locations.

#### \*\$3 suggested contribution for seniors

La Comida, a 501(c)(3) organization, is a senior nutrition program. Donations, menu, and more available at www.lacomida.org or call (650) 322-3742. If interested in volunteering, email lacomidavolunteer@gmail.com

La Comida

Thank you for your support and best wishes for a happy and healthy New Year!







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### **Eating Out**



The 64% Satilia sipping dark chocolate is topped with a housemade marshmallow at Timothy Adams in Palo Alto.

### Cocoa

(continued from page 21)

chocolate was so rich it entirely halted my usual chocolate cravings for a whole 48 hours afterward. My colleague Magali, who sampled the 35% sipping chocolate, and I agreed that the beverages made our throats feel like the chocolate-coated pipes that suction up the character Augustus Gloop from "Charlie and the Chocolate Factory" - but in a very good way.

Timothy Adams Chocolates, 539 Bryant St., Palo Alto; 415-755-8923, timothyadamschocolates.com. Instagram: @ timothyadamschocolates.

#### ZombieRunner, Mountain View and Palo Alto

Known more for its coffee and espresso drinks, I figured this would be a good spot to try out given the high-quality chocolate sold on this shop's retail shelves, and the hot chocolate did not disappoint. Made with Tcho chocolate, it was rich, sweet and frothy.

ZombieRunner, locations in Mountain View and Palo Alto; 650-325-2048, zombierunner.com. Instagram: @zombierunner.

### Lula's Chocolates, Santa Clara

This chocolatier offers sipping chocolate kits with chocolate flakes and marshmallows for making at home. Formerly Mrs. Lund's, the operation rebranded in 2006 and moved from Salt Lake City to Monterey, where they have a factory available for tours now. An added bonus: Santa Clara visitors are offered samples upon entry.

Lula's Chocolates, 2712 Augustine Drive #140, Santa Clara; 669-292-5353, lulaschocolates.com. Instagram: @ lulaschocolates.

### ake & Butterfly, Campbell

Campbell's Snake & Butterfly is an organic chocolatier that sells bars for making hot chocolate at home. You'll have to provide the milk (or half and half, as the recipe suggests) and the suggested extras, which include whipped cream, Bailey's, orange peel, marshmallows, peppermint and Amaretto.

Snake & Butterfly, 191 East Campbell Ave., Campbell; 408-508-4788, snakeandbutterfly. com. Instagram: @snakeandbutterfly.  $\blacksquare$ 

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Email Associate Digital Editor Kate Bradshaw at peninsulafoodist@embarcadero publishing.com.

#### Across

- 1. Get by reasoning
- 6. Obey "You shall not pass"?
- 10. Dull pain
- 14. Anatomical trunk
- 15. Radius partner
- 16. "Moby-Dick" captain
- 17. Poster phrase discouraging theft of intellectual property
- 19. "The Lion King" heroine
- 20. "\_\_\_\_ fítes!" ("Happy holidays," loosely)
- 21. In a cheaply assembled way
- 23. Black or red insect
- 24. FedEx alternative
- 26. Part of a wedding ceremony
- 27. Family tree entry (abbr.) 29. Shucked shellfish
- 32. Letters before "Miami" or "NY"
- 35. Most important items
- 38. Twinkie filling
- 40. "Celebrity Jeopardy!" finalist Barinholtz
- 41. Pacific Northwestern pole

Down

2. Zip

6. Pet hair

1. "You're not gonna like this ..."

3. Way to get onto the porch

4. "Around the Horn" airer

8. Rainfall measurement

9. Time between flights

11. Spiced tea brewed in milk

13. "The World's Online Marketplace"

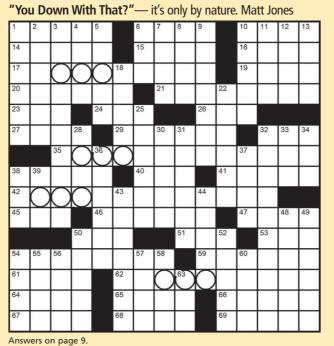
10. Barg's competitor

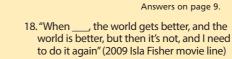
12. Concert venue

5. Captured a dogie

7. Rueful remark

- 42. Easy-to-understand self-help genre
- 45. "Six-pack" muscles
- 46. Disposable in a box
- 47. Sahara slitherers
- 50. Place for a golf ball
- 51. Six-pointers, in the NFL
- 53. "Argo" employer
- 54. Area above the ankle
- 59. Let out fishing line
- 61. Setting of "Reading Lolita in Tehran"
- 62. Markable spots on the map showing where to land on the island, in Fortnite
- 64. Waiting room word
- 65. "Stranger Things" waffle brand
- 66. RenÈe Fleming performance, perhaps
- 67. Chest items
- 68. Video game with an "Eternal" sequel
- 69. Coins in Mexico

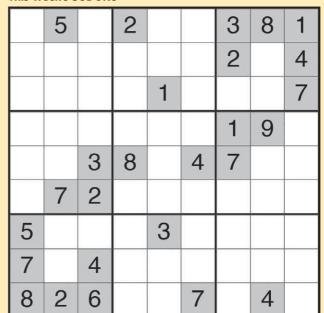




22. Triangle in a bag

- 31. Tire alignment used on racecars
- 32. Some paintings of urban life
- 33. Recognize
- 34. Intellectual's ending 36. Be a bother to
- 37. Frat party outfit
- 38. Pre-Apr. 15th advisor
- 39. Actor Corddry of "Childrens Hospital"
- 43. Produced, as crops

This week's SUDOKU



- 44. Approached, with "to"
- 48. "Cavalleria Rusticana" composer Mascagni
- 49. Chip condiments
- 50. Campground array
- 52. Martha's cohost on VH1
- 54. Laundry leftover
- 55. Dessert released in 1912
- 56. Crayon-like
- 57. Therefore
- 58. Belinda Carlisle, once
- 60. Ready to be eaten
- 63. "Wonderful" juice brand
- ©2022 Matt Jones



25. Karaoke display 28. Give a free ticket 30. Guru Nanak's followers

# Peace. Joy. Laughter. Love.

We hope you are able to give and receive in abundance this holiday season.



SERENO