

How-to-Develop a Pedestrian Safety Action Plan

Engineering Strategies

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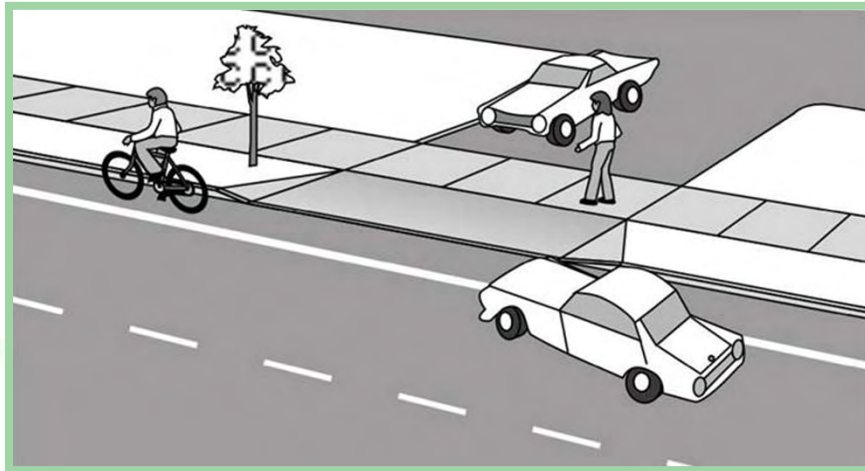
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Engineer, Nelson\Nygaard
Consulting Associates, Inc.*



Engineering: Learning Objectives

At the end of this module, you should be able to:

⇒ Describe effective engineering strategies and how to integrate them into your Pedestrian Safety Action Plan



Engineering: Subjects Covered

- ⇒ Walking along the road: the effectiveness of sidewalks and shoulders
- ⇒ Street crossings: human behavior, midblock crossings, crosswalks, medians, signals
- ⇒ Pedestrian-friendly intersection design: geometry, corner radii, curb extensions, islands
- ⇒ Signals: how to make them work for pedestrians
- ⇒ Transit: stop locations & ped crossings
- ⇒ Road diets: creating room for pedestrians

Countermeasures for Walking Along the Road Crashes

Rural Environments: Paved Shoulders



Crash Reduction Factor (CRF) = 70%

6' width preferred for effectiveness

Benton Co OR

Urban/suburban Environments: Sidewalks



CRF = 88%

Salem OR

Reno NV



Buffer sidewalks with planter strip/furniture zone:

- ⇒ Space for trees and street furniture
- ⇒ Easy to meet ADA at driveways and curb ramps
- ⇒ More pleasant to walk on.



5 feet needed for two people to walk comfortably side-by-side (or to pass each other)

Casper WY

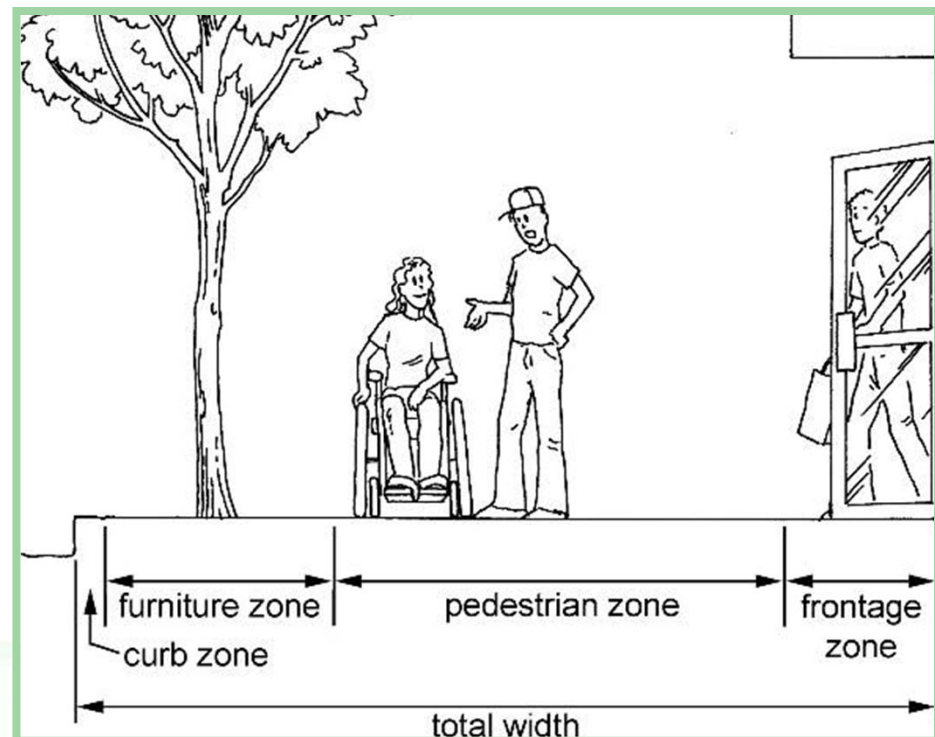


Mountable curbs are not appropriate on local streets

Sidewalk Corridors—The Zone System

The sidewalk corridor extends from the edge of roadway to the right-of-way and is divided into 4 zones:

- ⇒ Curb zone
- ⇒ Furniture zone
- ⇒ Pedestrian zone
- ⇒ Frontage zone



The Zone System – Residential Street



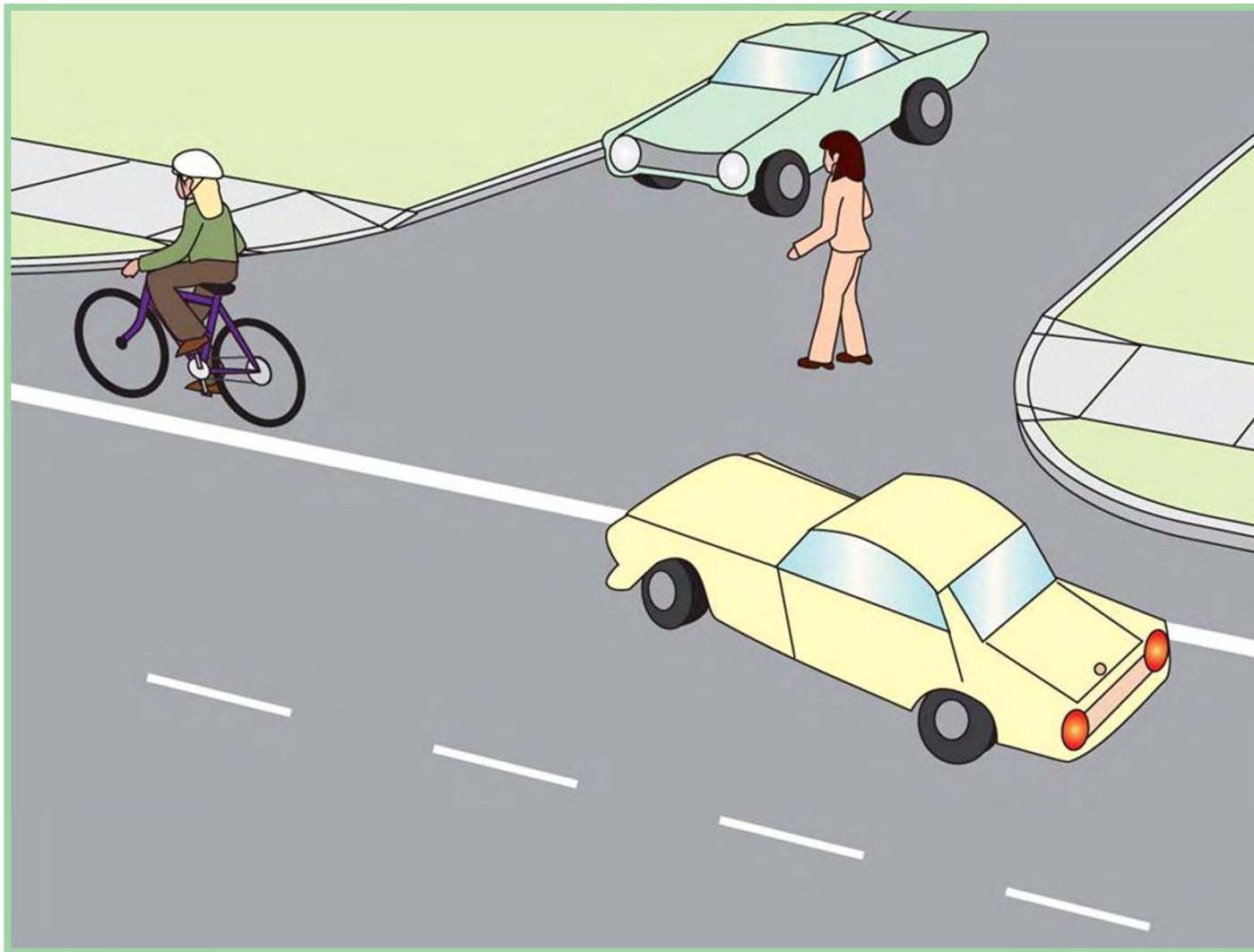
The Zone System – Commercial Street



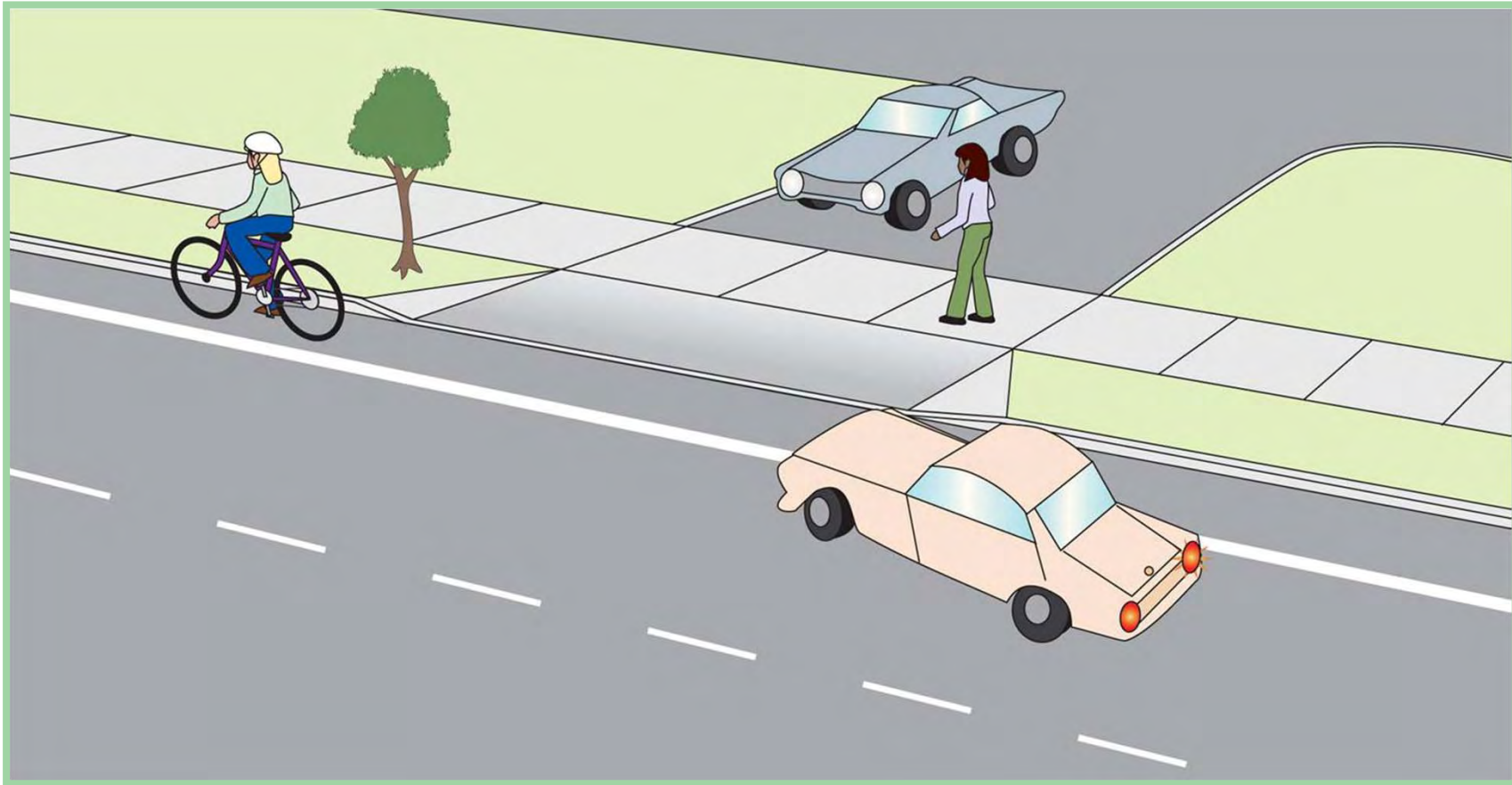
Washington DC

Driveways

Driveways are the source of most conflicts with motor vehicles on sidewalks



Driveways built like intersections encourage high-speed turns



Driveways built like driveways encourage slow-speed turns



Separated sidewalk keeps sidewalk level at driveways

Salem OR

ADA Requirements For Sidewalks

Well-designed sidewalks meet ADA:

- ⇒ Sidewalks should be clear of obstructions:
 - 3' min clearance, 4' proposed
- ⇒ Sidewalk should have smooth surface
- ⇒ Sidewalk should be at 2% max cross-slope including at driveways



The zone system creates a safer and more pleasant place to walk, and makes it easier to meet ADA requirements.

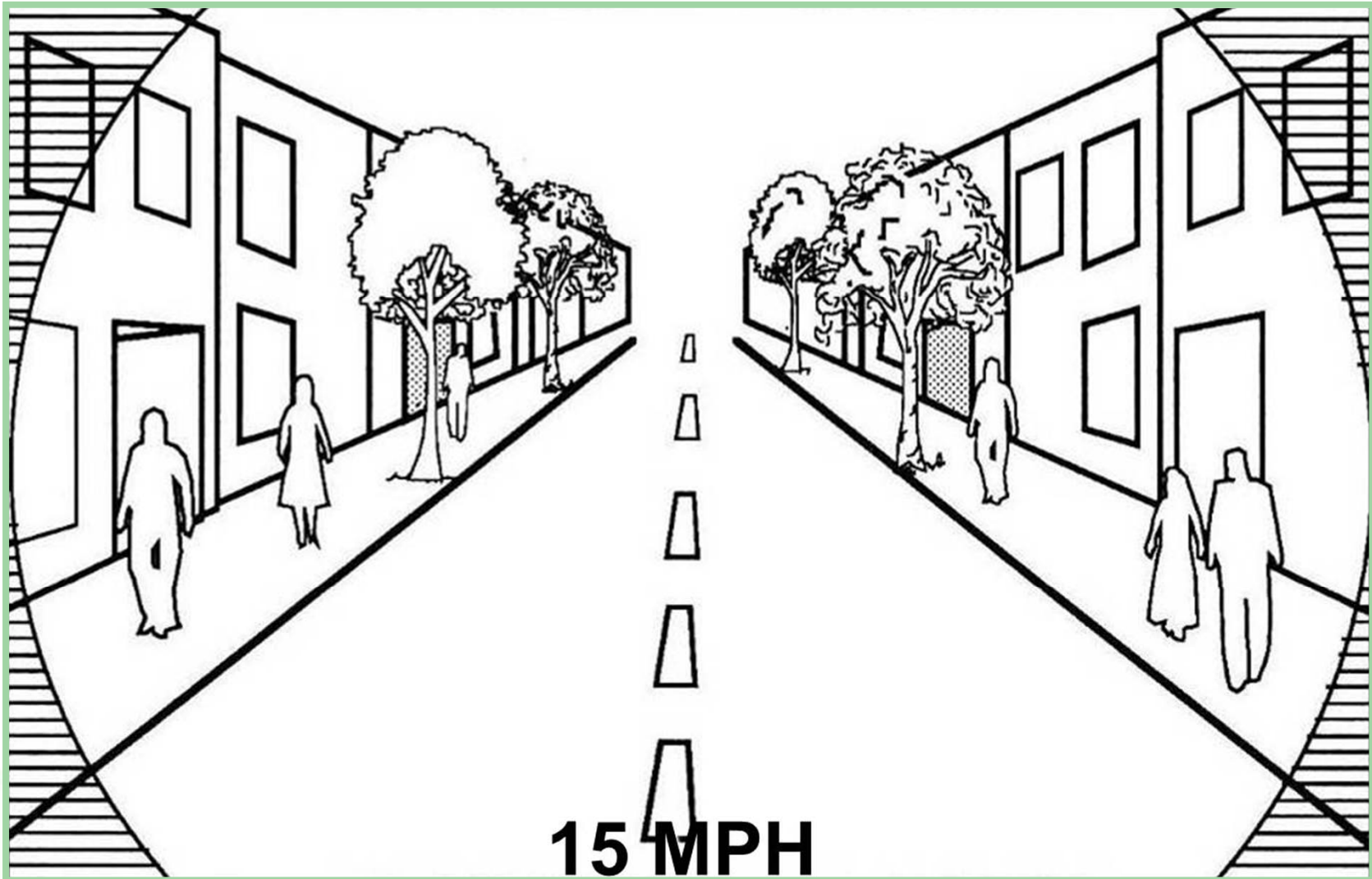
Countermeasures for Crossing Crashes

Crossing Crashes: Speed Matters

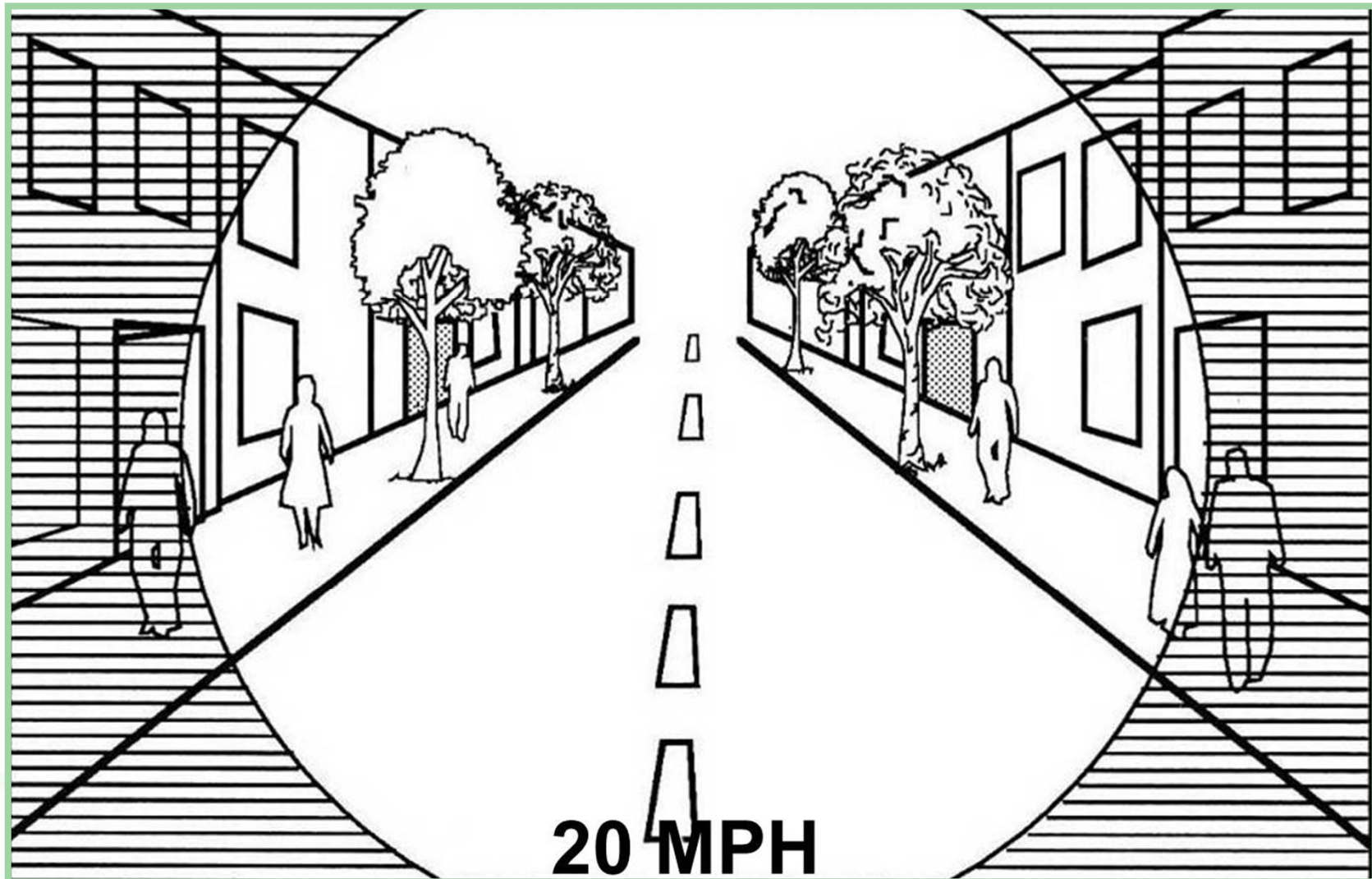
Speed Affects:

1. Drivers' field of vision & ability to see pedestrians
2. Drivers' ability to react and avoid a crash
3. Crash Severity

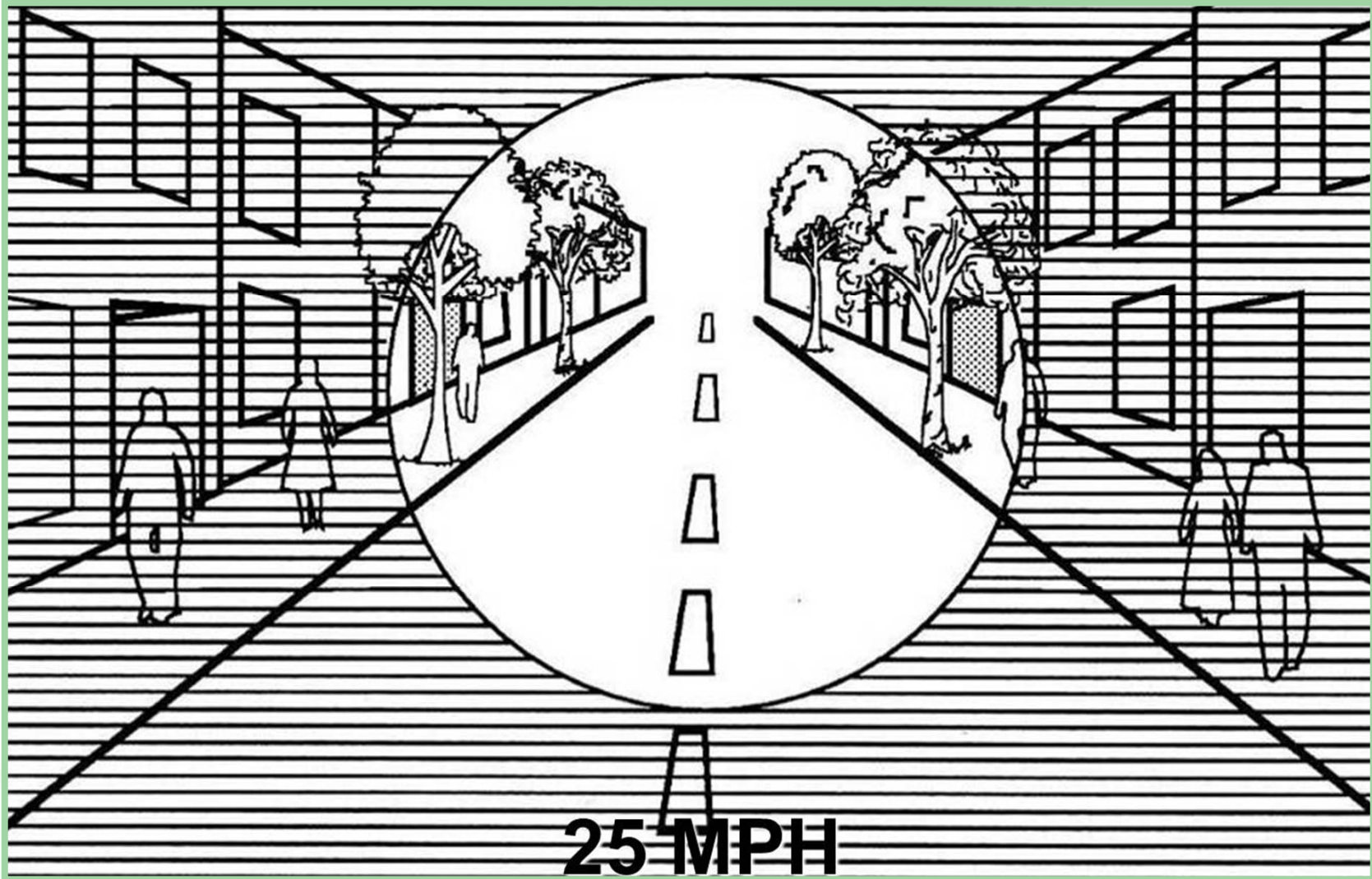
As speed increases, driver focuses less on surroundings



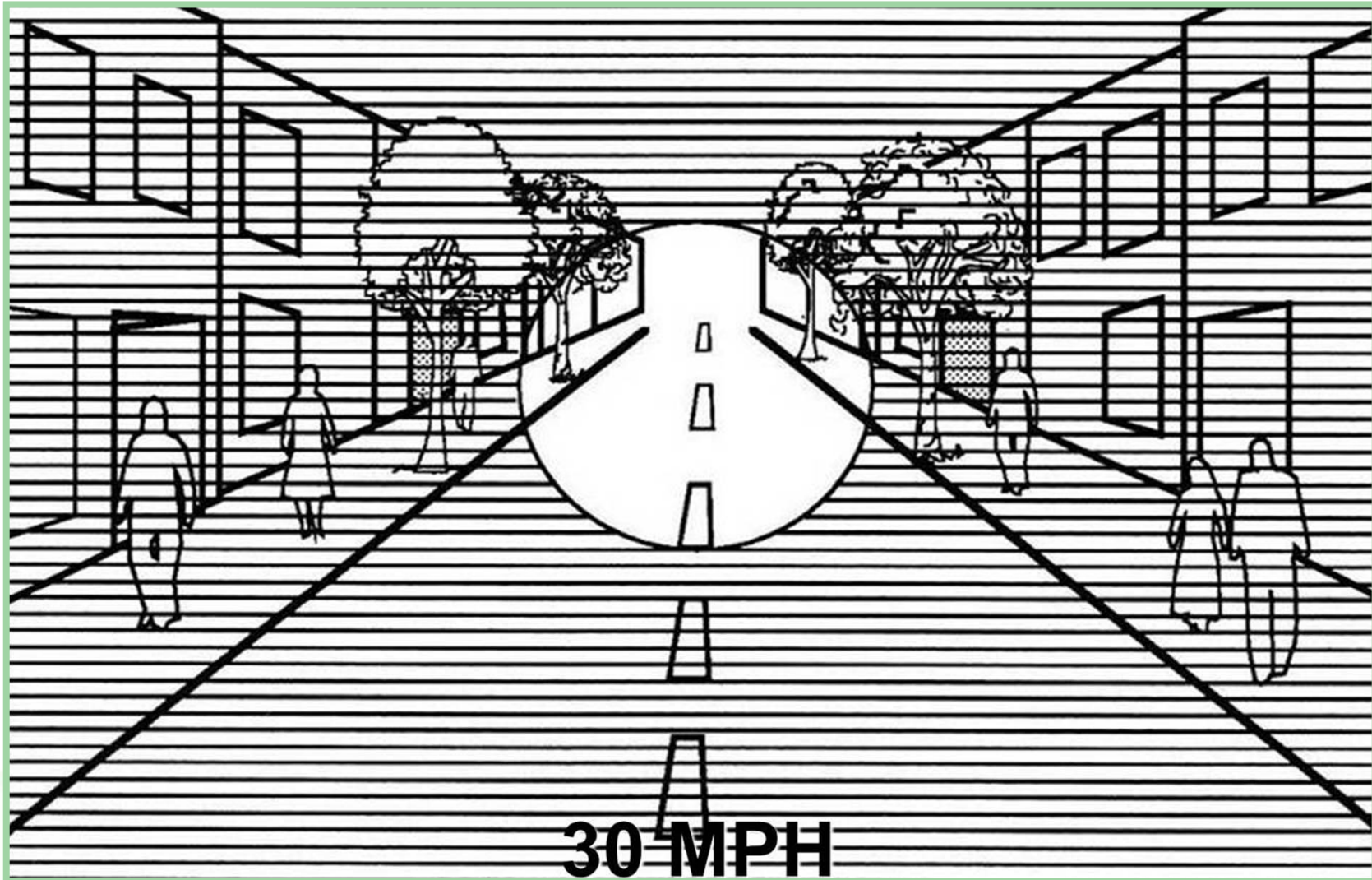
As speed increases, driver focuses less on surroundings



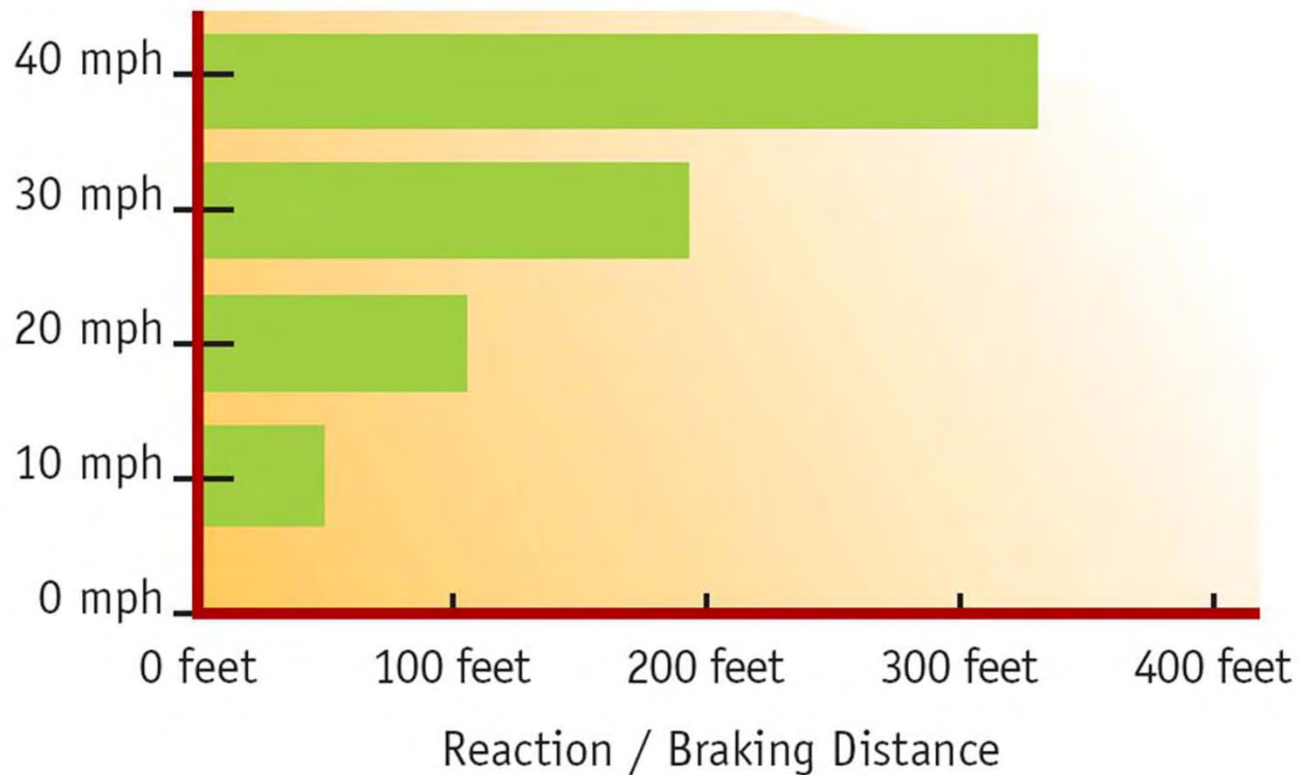
As speed increases, driver focuses less on surroundings



As speed increases, driver focuses less on surroundings



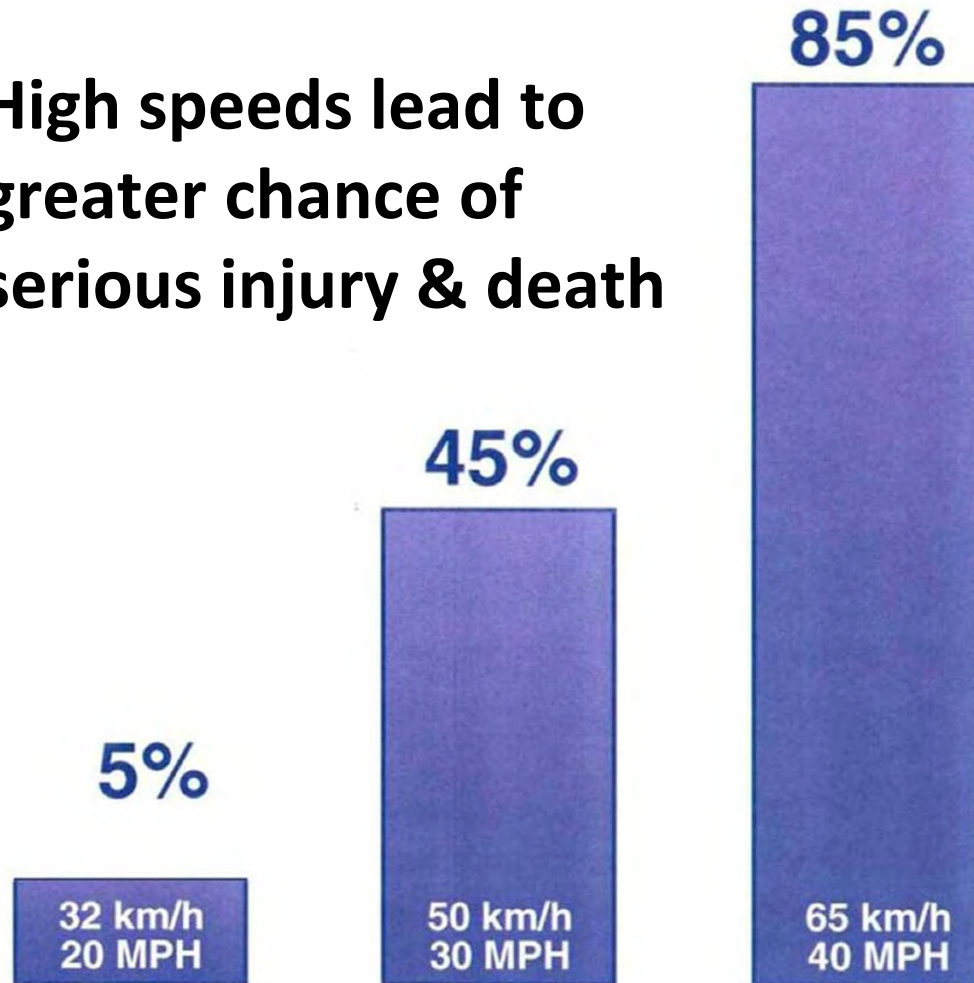
Speed Affects Crash Avoidance



High speeds equate to greater reaction and stopping distance

Speed Affects Crash Avoidance

High speeds lead to greater chance of serious injury & death



Pedestrians' chances of death if hit by a motor vehicle

SOURCE: *Killing Speed and Saving Lives*, UK Department of Transportation

Crosswalks

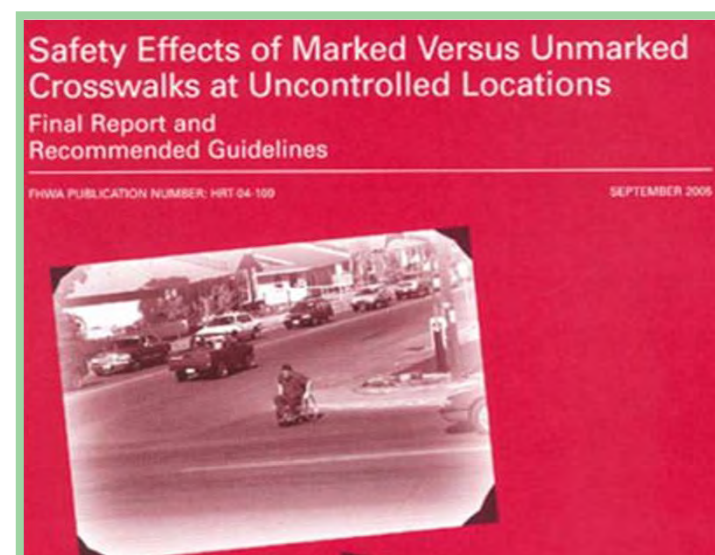
Crosswalks are provided to indicate to pedestrians where to cross and to indicate to drivers where to expect pedestrians



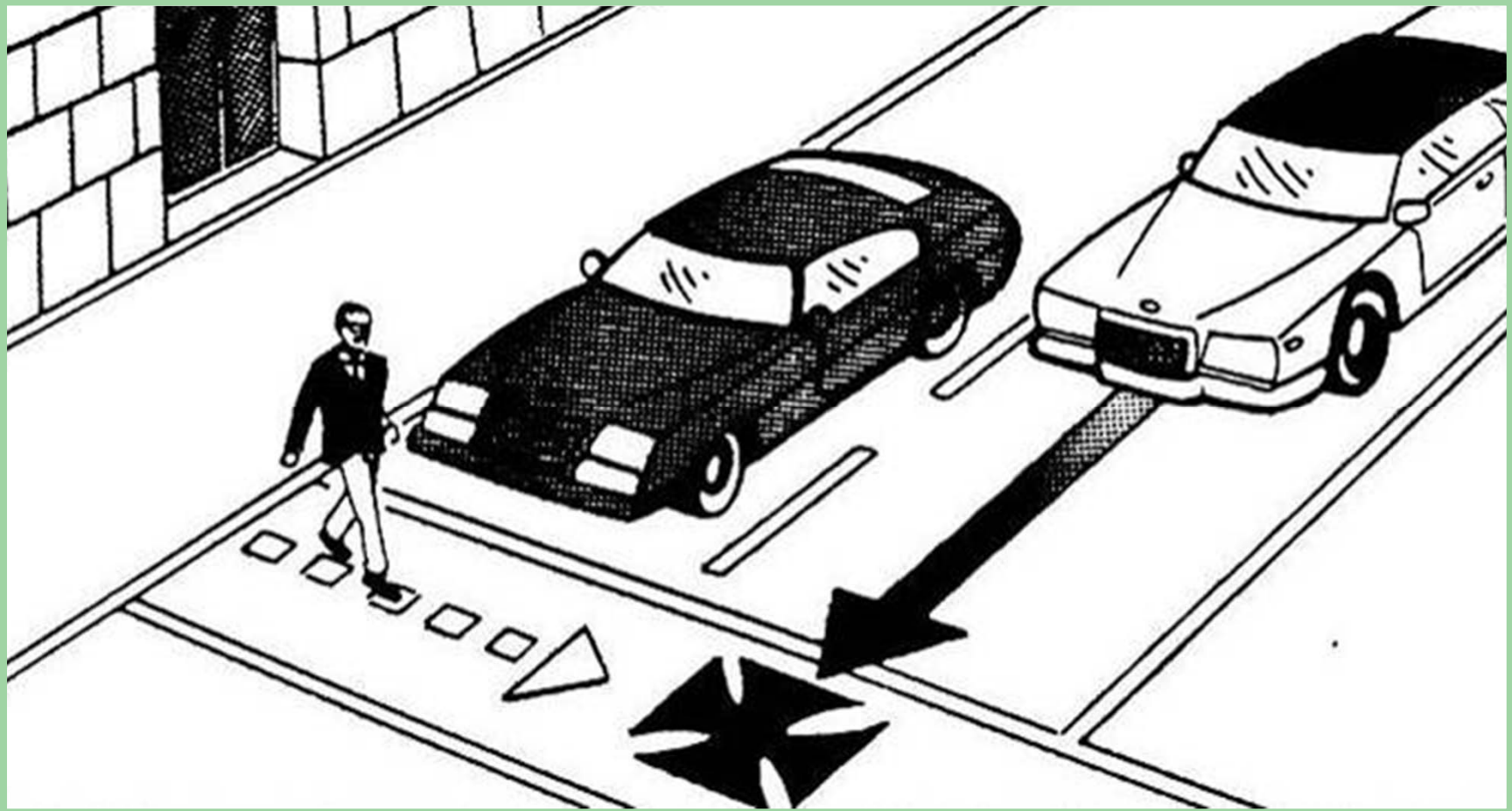
Results of Most Recent Crosswalk Safety Study (Zegeer et al 2002)

Marked (alone) vs. Unmarked Analysis

- ⇒ **Two-lane roads: No significant difference in crash rates**
- ⇒ **Multilane roads (3 or more lanes)**
 - Under 12,000 ADT: no significant difference in crash rates
 - Over 12,000 ADT w/ no median: crash rate for marked > unmarked
 - Over 15,000 ADT & w/ median: crash rate for marked > unmarked
- ⇒ **Pedestrians are not less vigilant in marked crosswalks:**
 - Looking behavior increased after crosswalks installed



One explanation of higher crash rate at marked crosswalks: multiple-threat crash



1st car stops too close, masks visibility for driver in 2nd lane

Solution: advance stop bar (comes later...)

Study Recommendations

1. OK to mark crosswalks on 2-lane roadways
2. On multi-lane roadways, marked crosswalks alone are not recommended on roadways with:
 - ADT > 12,000 w/o median
 - ADT > 15,000 w median*
 - Speeds greater than 40 mph
3. Use raised medians to reduce risk
4. Signals or other treatments should be considered where many young and/or elderly pedestrians

** Note: effect of advance stop bar not studied
(none at any observed sites)*

Increase Effectiveness Of Crosswalks With:

- ⇒ Proper location
- ⇒ High Visibility Markings
- ⇒ Illumination
- ⇒ Signing
- ⇒ Advance Stop Bars
- ⇒ Median Islands
- ⇒ Curb Extensions
- ⇒ Signals

Marked crosswalks must be visible to the DRIVER



What the pedestrian sees

Atlanta GA

Marked crosswalks must be visible to the DRIVER



What the driver sees (same crosswalk)

Atlanta GA

Crosswalk Visibility



Crosswalk Marking Types



Place longitudinal markings to avoid wheel tracks, reducing wear & tear & maintenance

Sweet Home OR

Tampa FL



R1-6

R1-6a

MUTCD signs
Yield or Stop
depends on
state law

In-street pedestrian crossing signs

Rectangular Rapid Flash LED Beacon

- ⇒ Not in MUTCD — received Interim approval from FHWA in July 2008
- ⇒ Studies indicate motorist yield rates increased from about 20% to 80%
- ⇒ Beacon is yellow, rectangular, and has a rapid “wig-wag” flash
- ⇒ Beacon located between the warning sign and the arrow plaque
- ⇒ Must be pedestrian activated (pushbutton or passive)



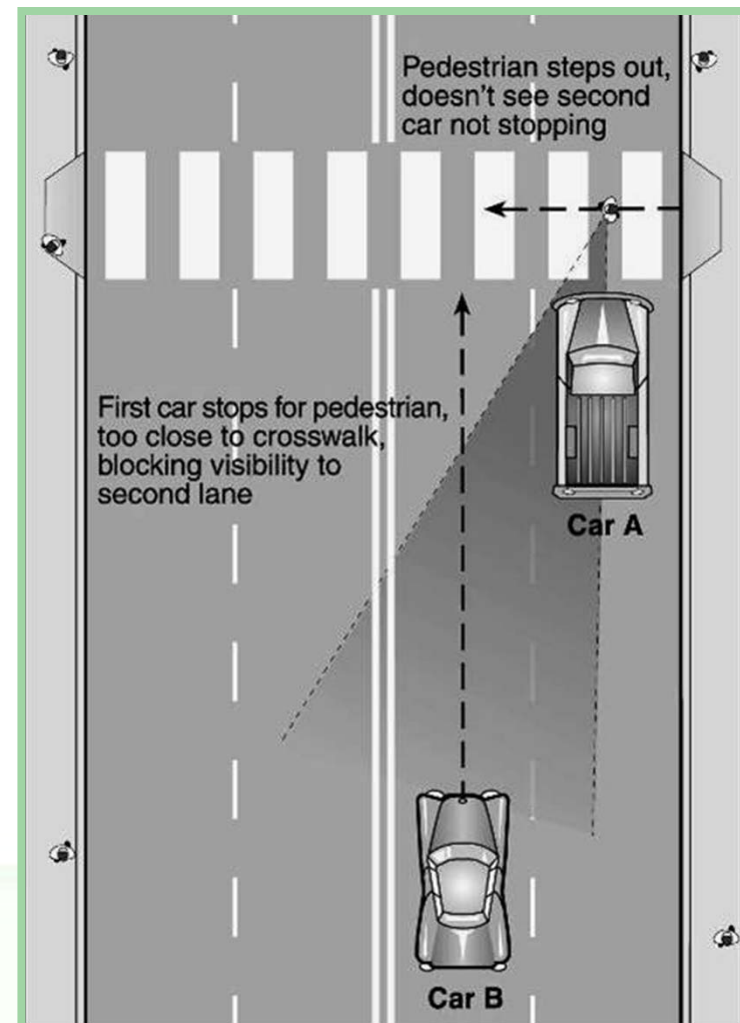
Coconut Grove FL

Advance Stop or Yield Line: Reduces Multiple-threat Crashes

Multiple Threat Crash Problem

1st car stops to let pedestrian cross, blocking sight lines

2nd doesn't stop, hits pedestrian at high speed.

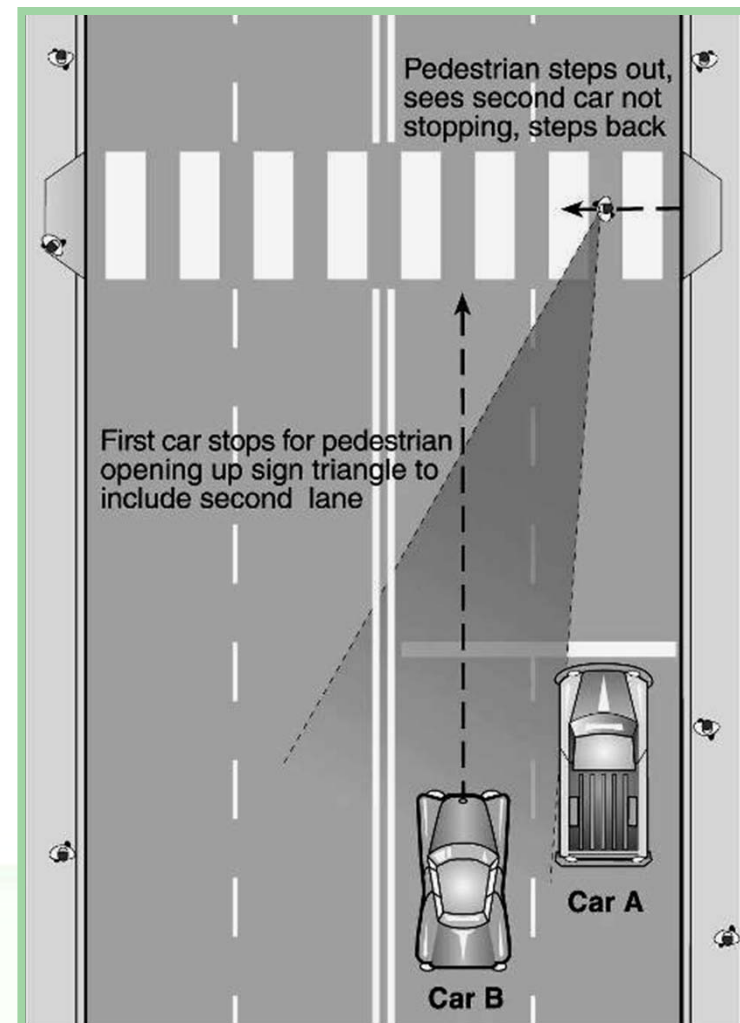


Multiple Threat Crash Solution

Advance stop/yield line

1st car stops further back;
opening up sight lines

2nd car can be seen by
pedestrian





R1-5

(Use where local law says yield to pedestrians)



R1-5a



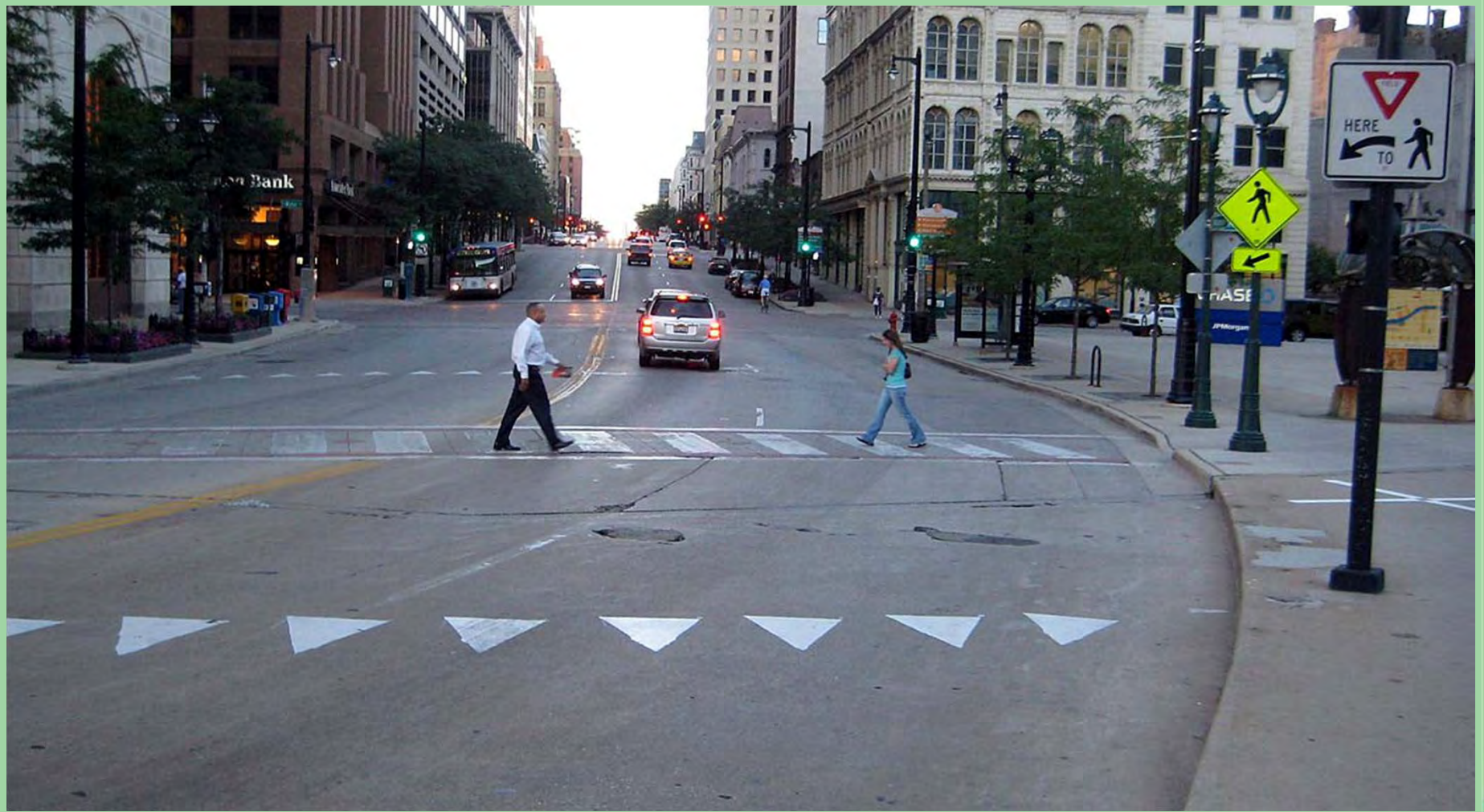
R1-5b

(Use where local law says stop for pedestrians)



R1-5c

Milwaukee WI



Advanced yield line (shark's teeth) & sign

Portland OR

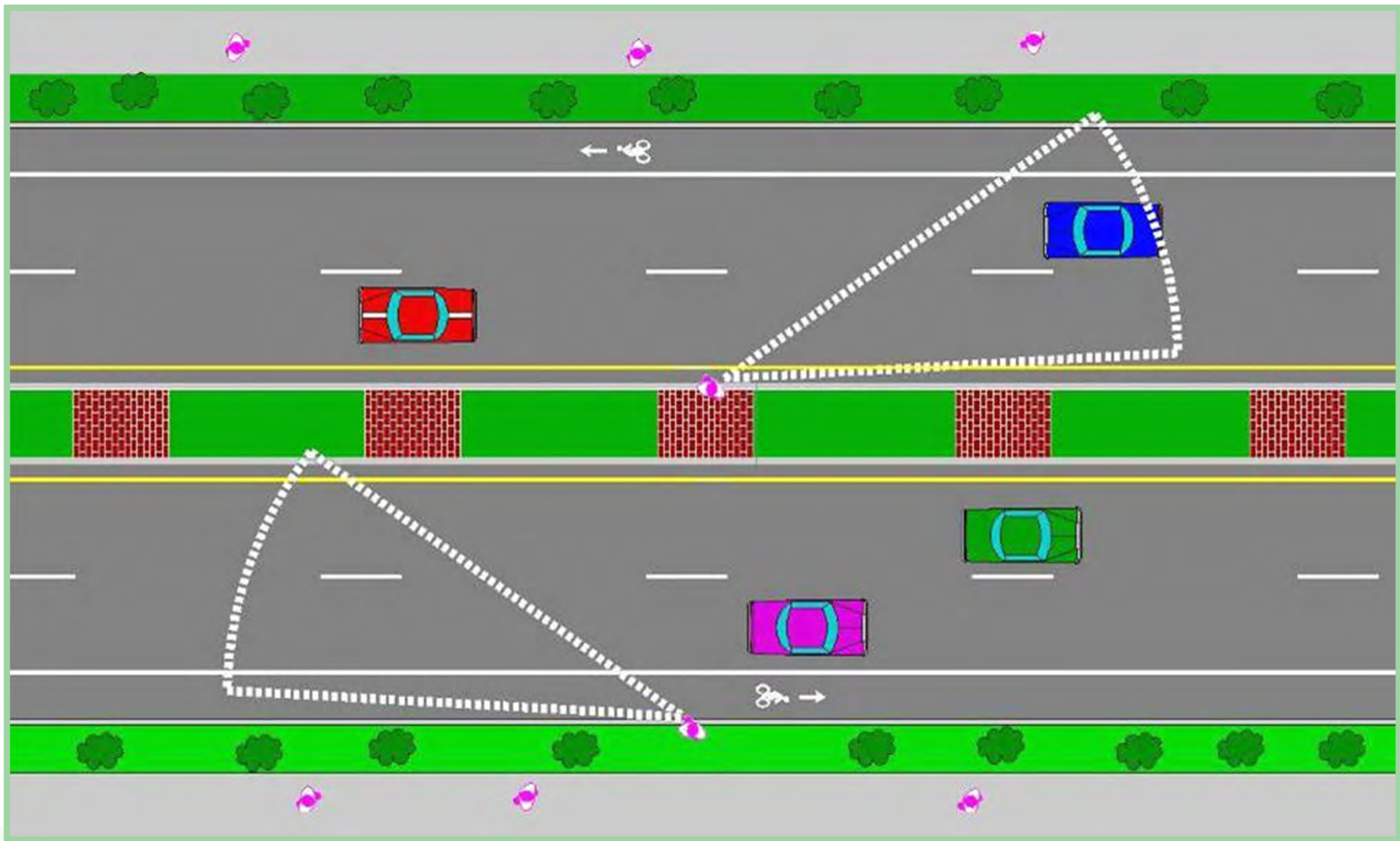


Advanced stop line and sign

Raised Medians And Islands Reduce Pedestrian Crashes:

At marked crosswalks CRF = 46%

At unmarked crosswalks CRF = 39%

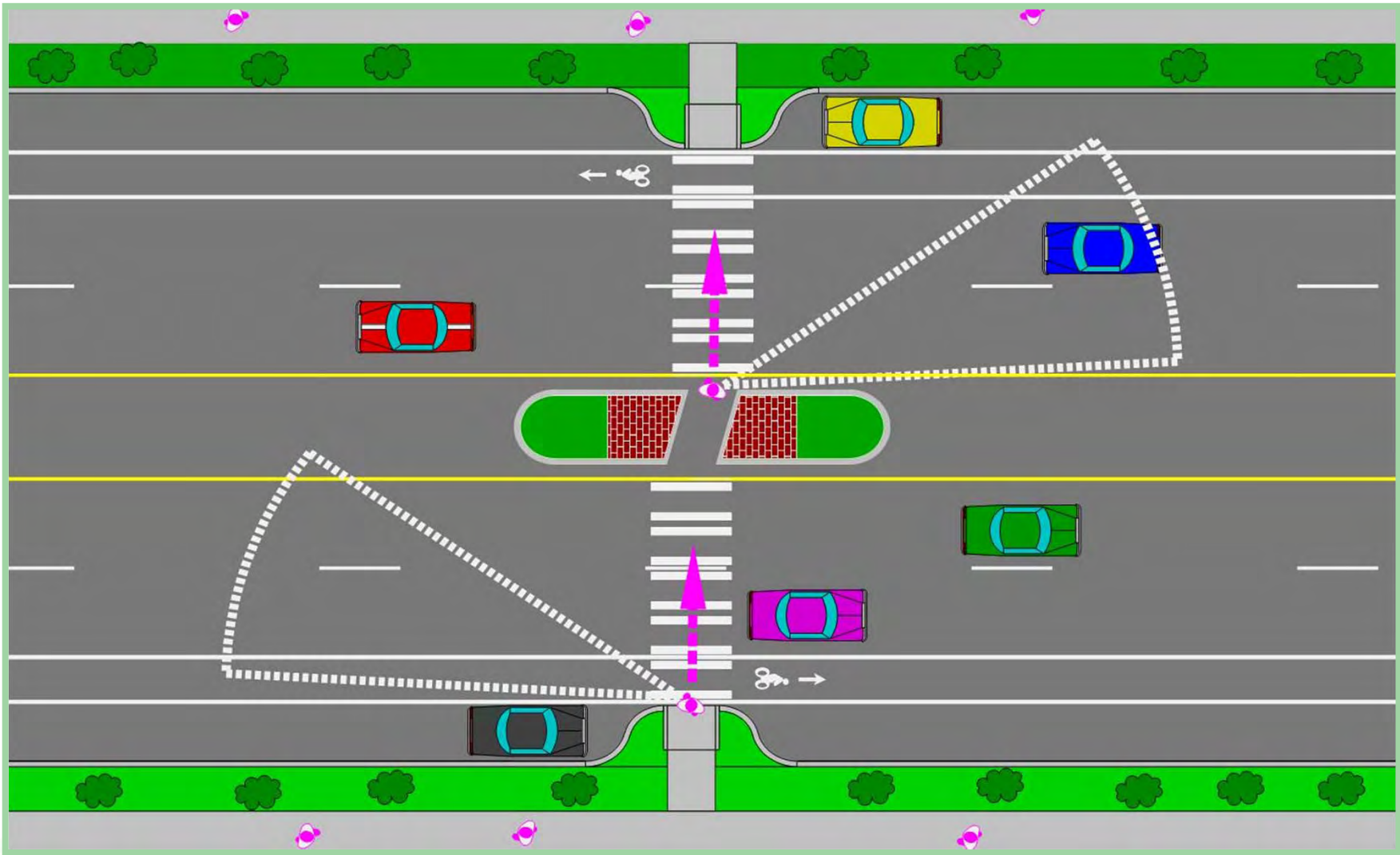


Continuous raised median – Basic Principle
Breaks long complex crossing into two simpler crossings

Eugene OR



Medians make random crossings safer



Crossing island at marked crosswalk - Same Principle
Breaks long complex crossing into two simpler crossings

Asheville NC



Islands improve safety at designated crosswalks

Pedestrian Signal

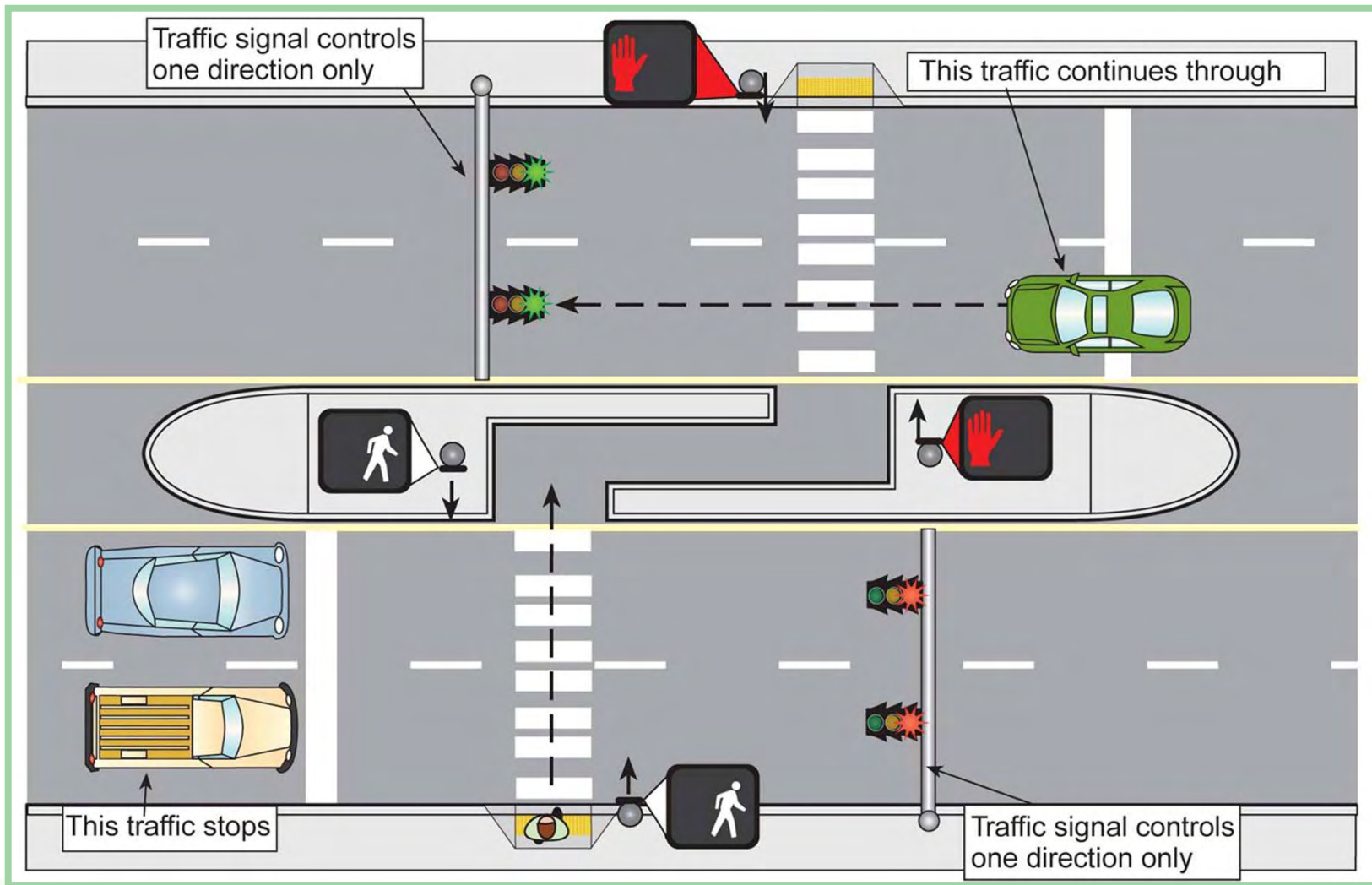
Washington DC



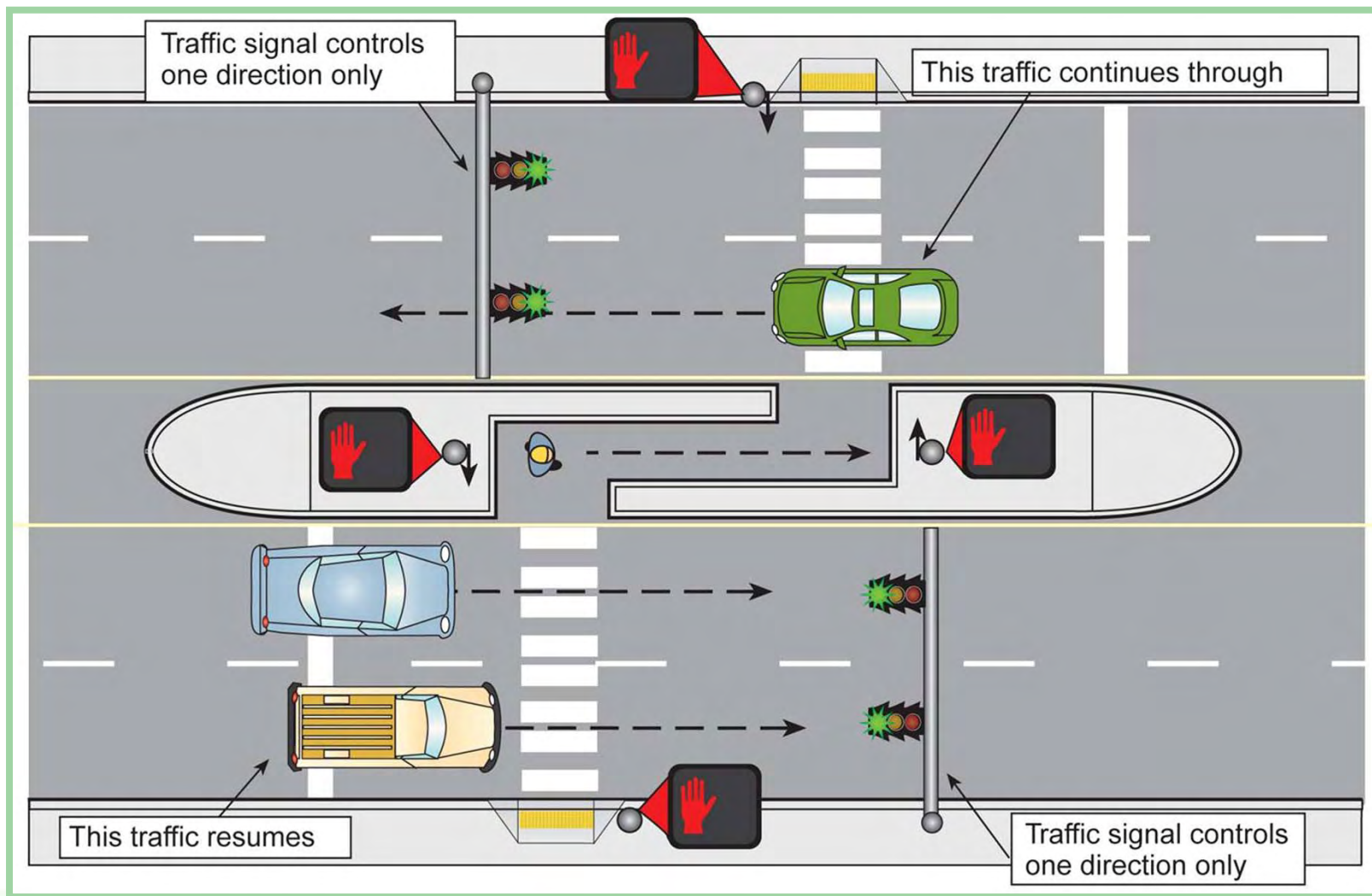
**Provide a HOT response
Otherwise pedestrians won't wait for the light**

Pedestrian Signal

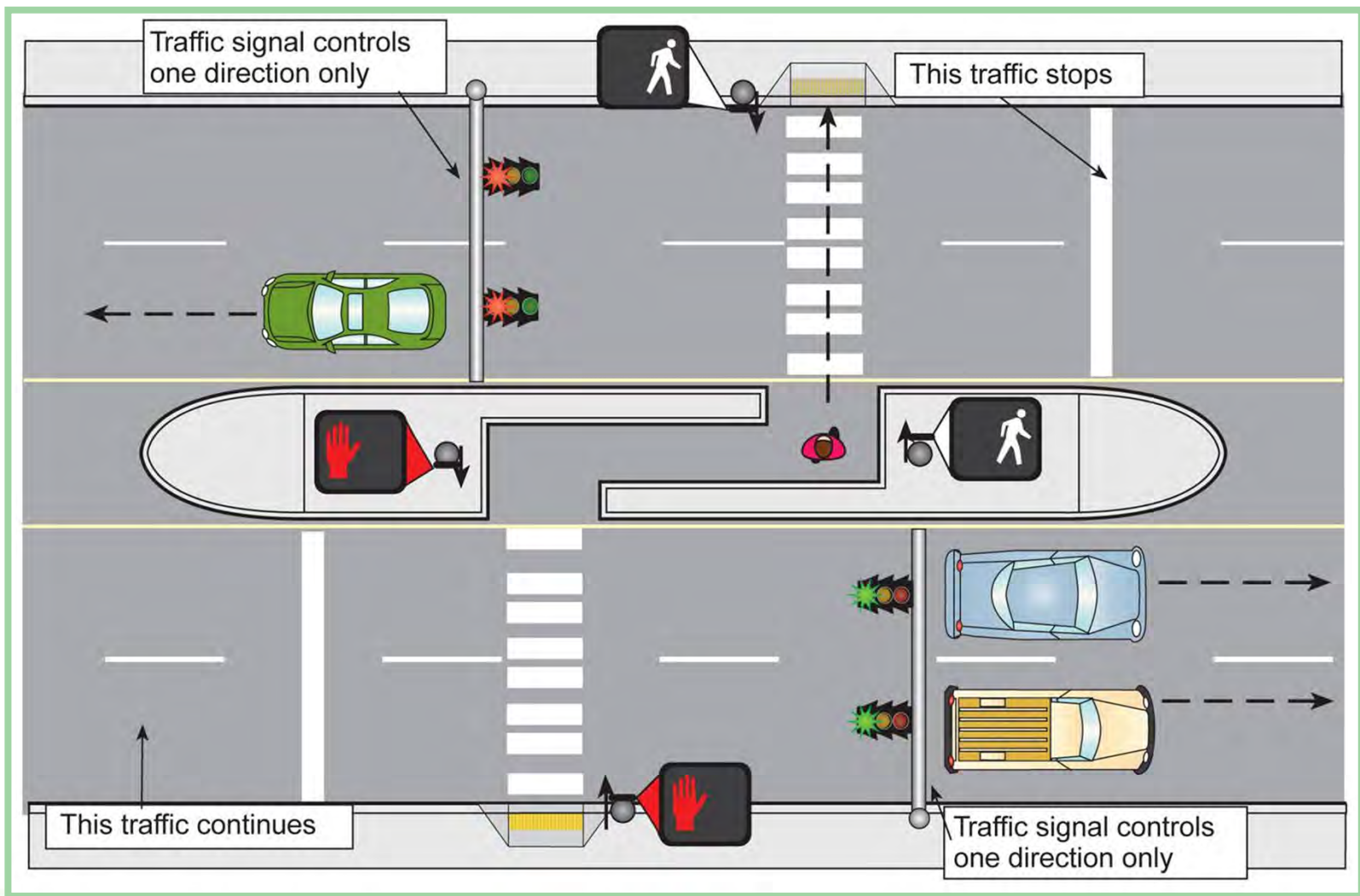
**2-stage crossing increases effectiveness and
disrupts traffic less**



1. Ped pushes button, waits, crosses to island



2. Ped crosses to island, proceeds to 2nd button



3. Ped on island – pushes button to finish crossing

Countermeasures for Intersection Crashes

Characteristics To Make Intersections Safer For Pedestrians

Pedestrian-friendly intersections are:

- ⇒ **Tight**
- ⇒ **Simple**
- ⇒ **Square**
- ⇒ **Slow speed**
- ⇒ **Easy to understand**
 - **If complex, broken into smaller steps**
- ⇒ **Avoid free-flow movements**

Curb radius – small radii are safer for pedestrians

Large corner radii:

- ⇒ Increase crossing distance,
- ⇒ Make crosswalk & ramp placement more difficult
- ⇒ Allow high-speed turns by cars



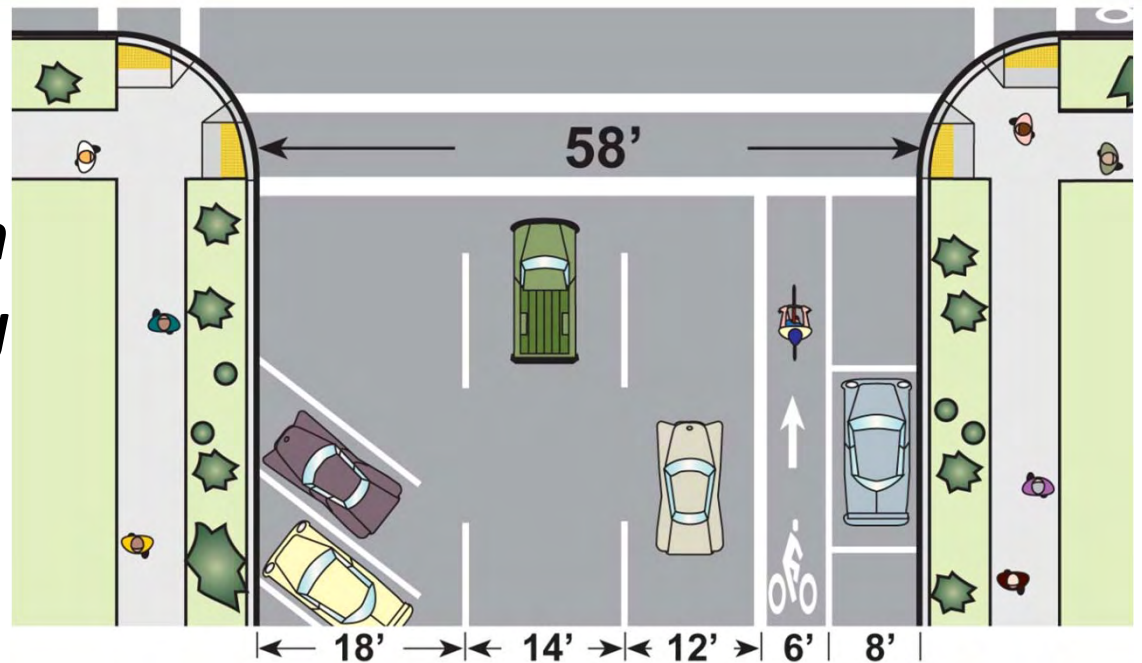
Canyonville OR



Must consider large vehicles, but don't choose larger design vehicle than necessary

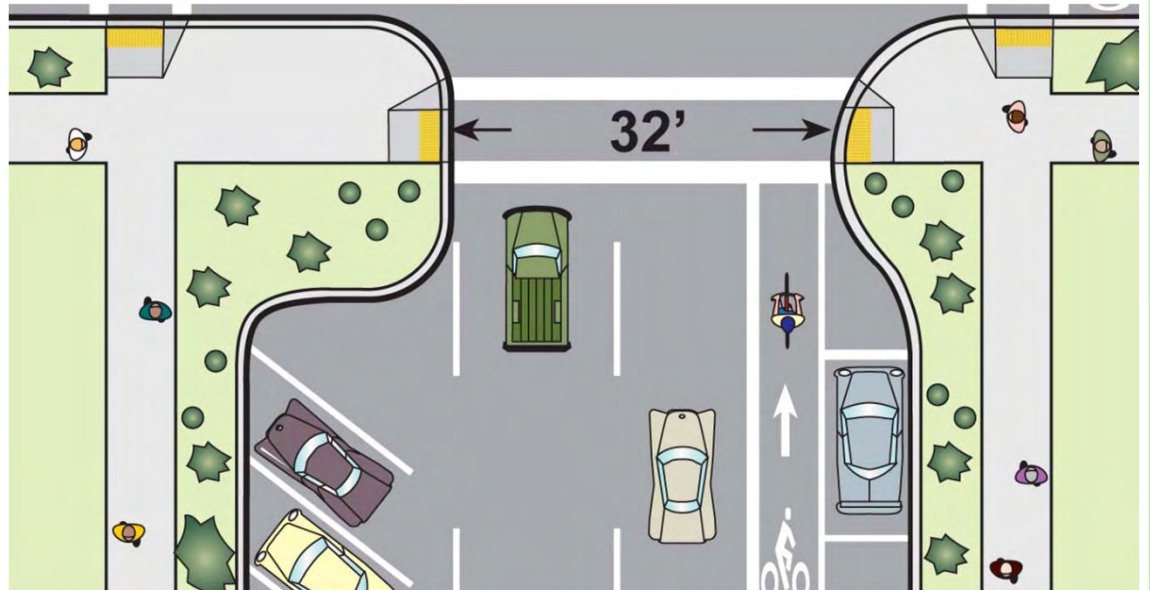
Curb extensions

Most focus has been on reducing crossing distance



Curb extensions

Most focus has been on reducing crossing distance



Other advantages

- ⇒ Better visibility (both ways)
- ⇒ Traffic calming
- ⇒ Room for street furniture

Curb extensions should be the width of the parking lane and not encroach on bike lanes or travel lanes



Pedestrians wait where they can see, in front of parked cars

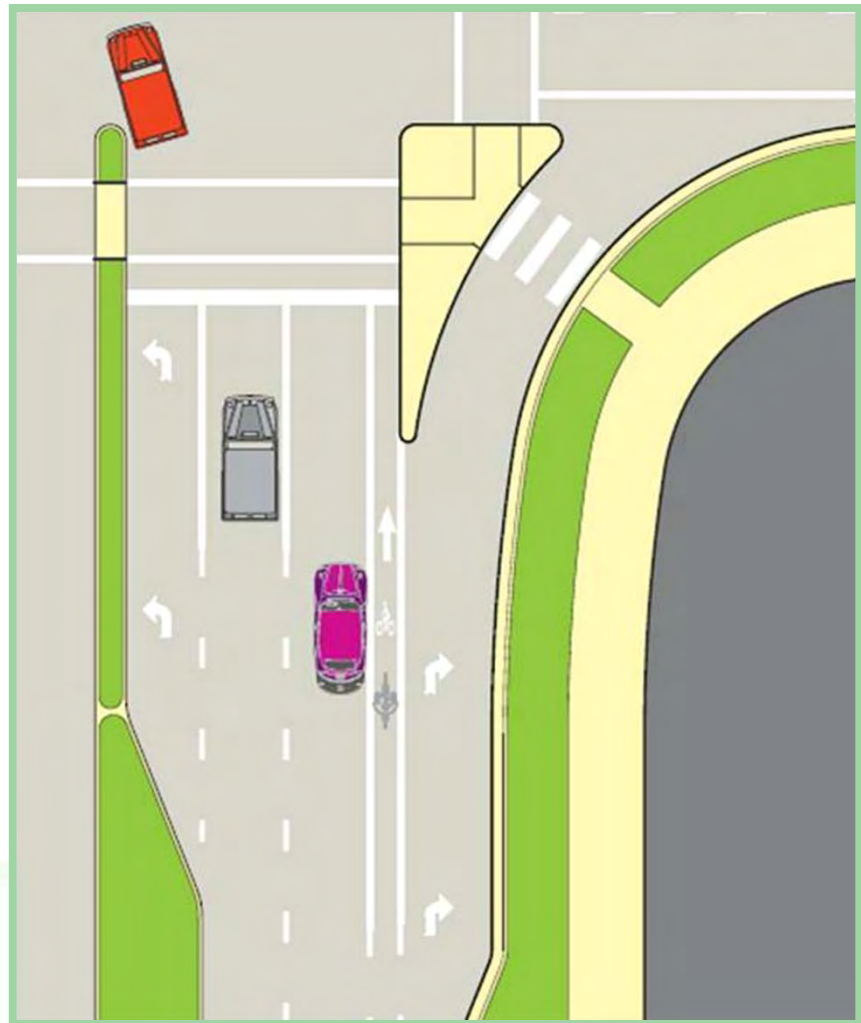


Curb ext. places pedestrian where he can see and be seen

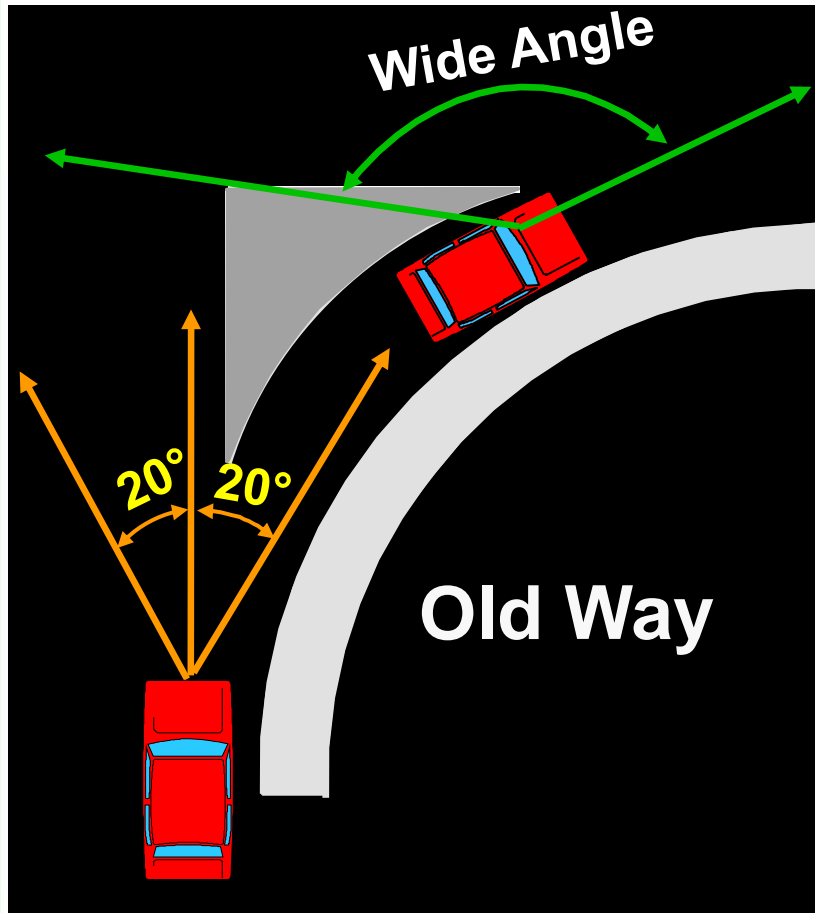
Islands at Intersections

Benefits:

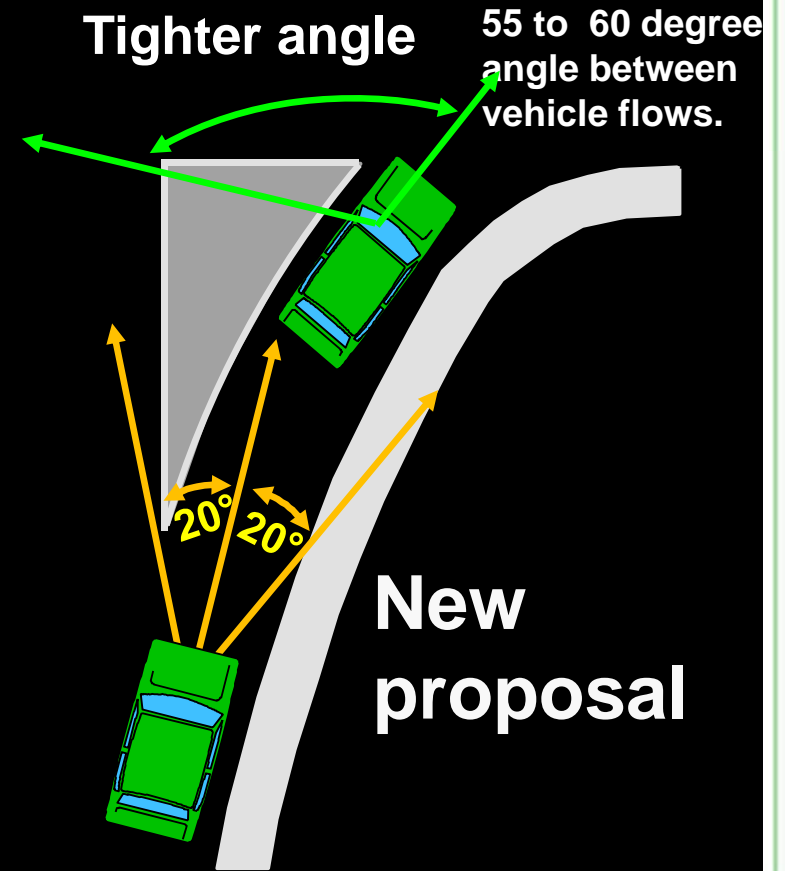
- ⇒ Separate conflicts and decision points
- ⇒ Reduce crossing distance
- ⇒ Improve signal timing
- ⇒ Reduce crashes



Right-Turn Slip Lane: Design for pedestrians



High speed, head turner,
low visibility of pedestrians



Slower vehicle speeds, good angle,
good visibility of pedestrians

Countermeasures for Signalized Intersection Crashes

Fredericksburg VA



Ped head should be placed here:

**Pedestrian signals should be provided,
otherwise pedestrians don't know when to cross**

Fredericksburg VA

Ped head placement: close to crosswalk, visible to pedestrians, especially with long crosswalk



Place ped head here, not here

Poor example



Height: 7' - 10'

Good example

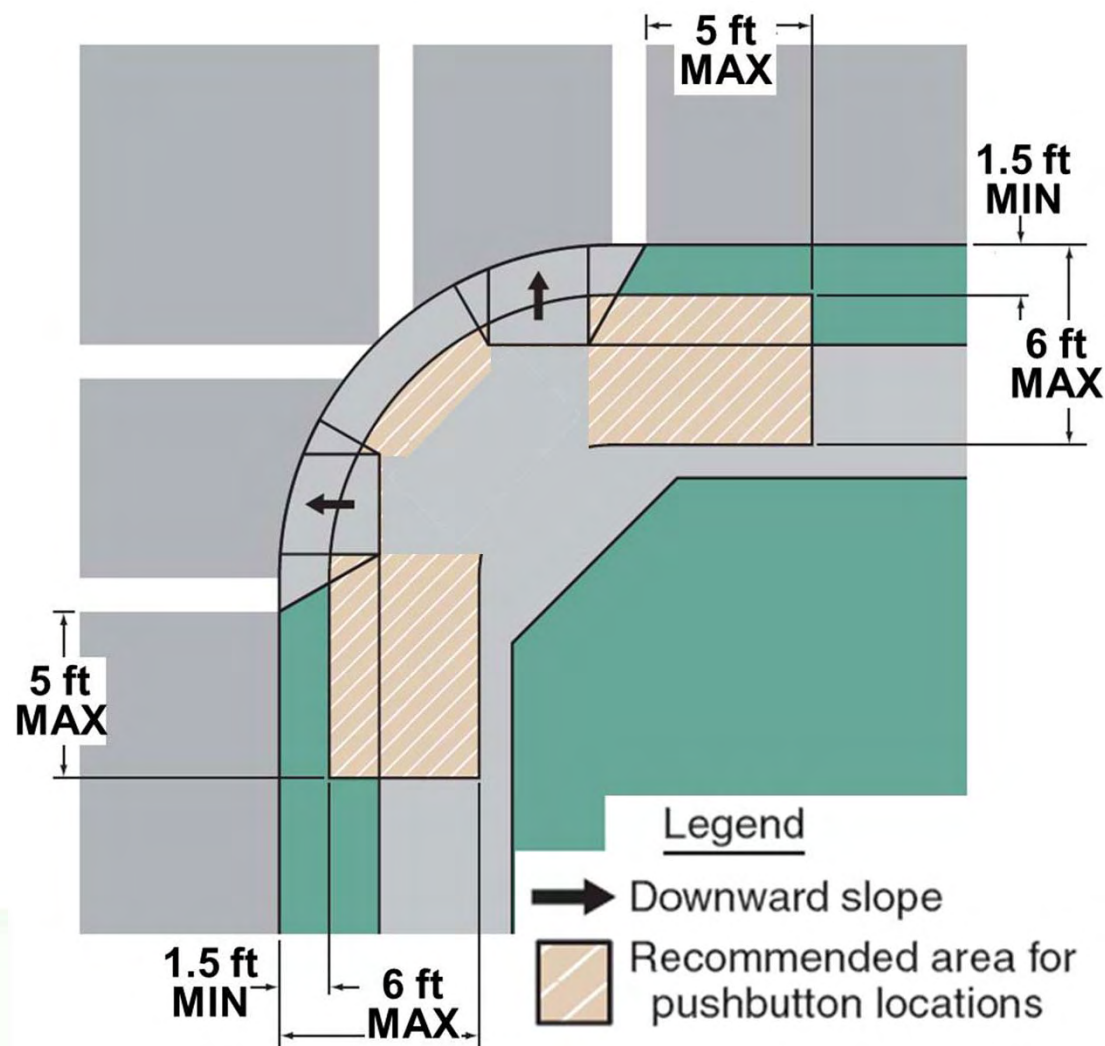
Reno NV



Pedestrian count-down signal tells pedestrians how much crossing time is left. 25% CRF in San Francisco

Proper Push-button Placement

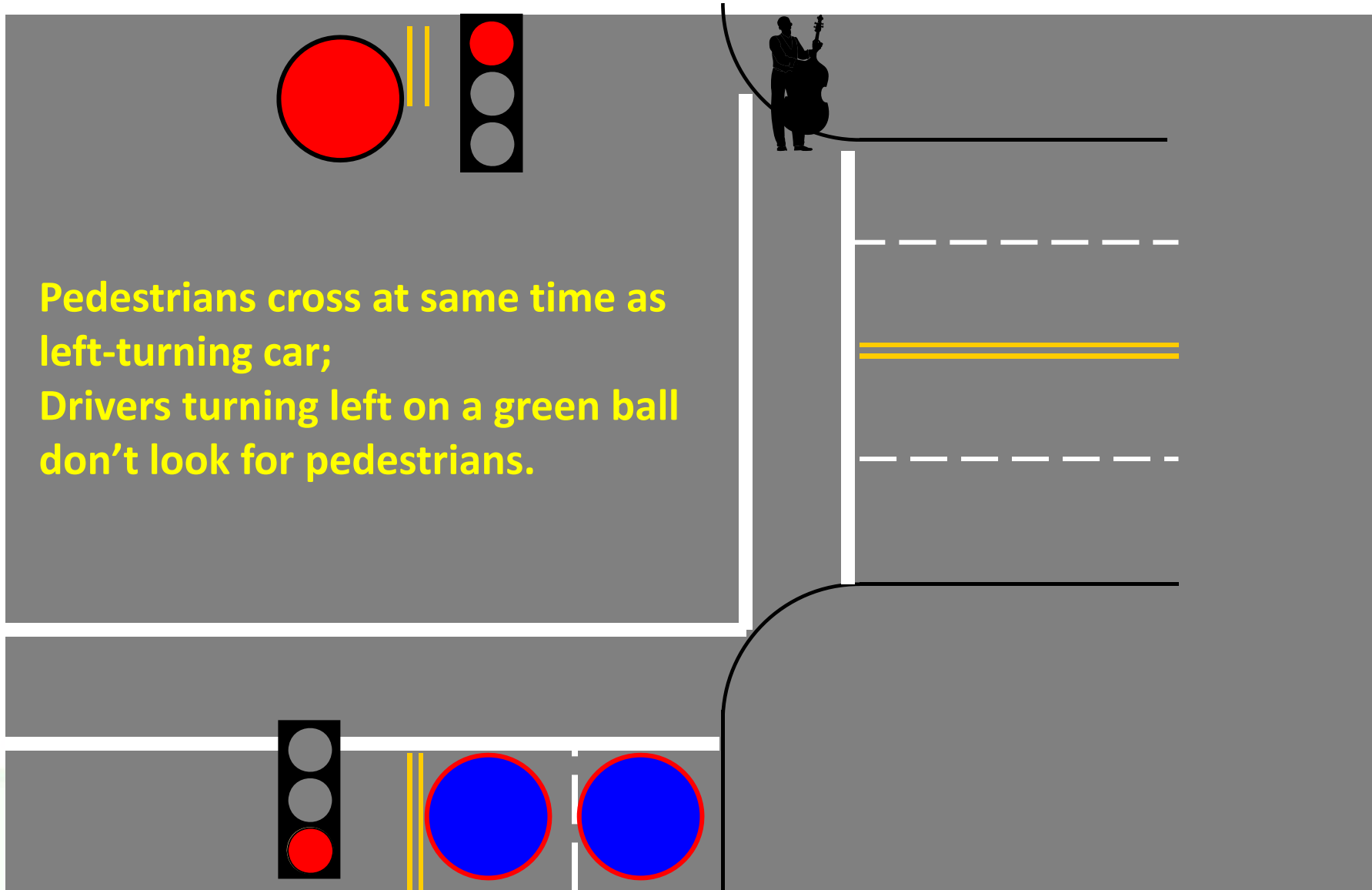
The MUTCD recommends these dimensions



Protected-Only Left Turn Phasing

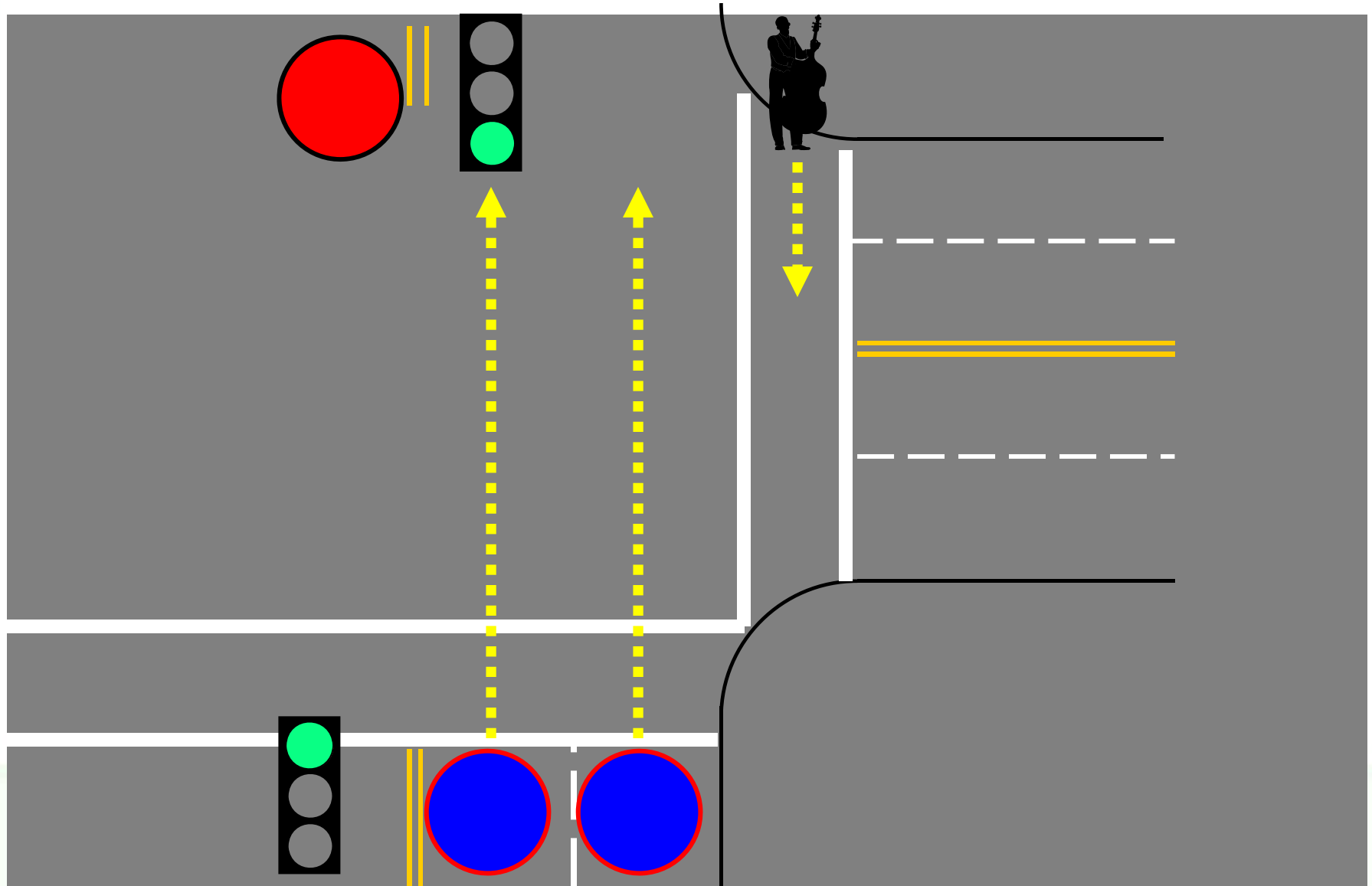
CRF up to 70%

Permissive Left Turns

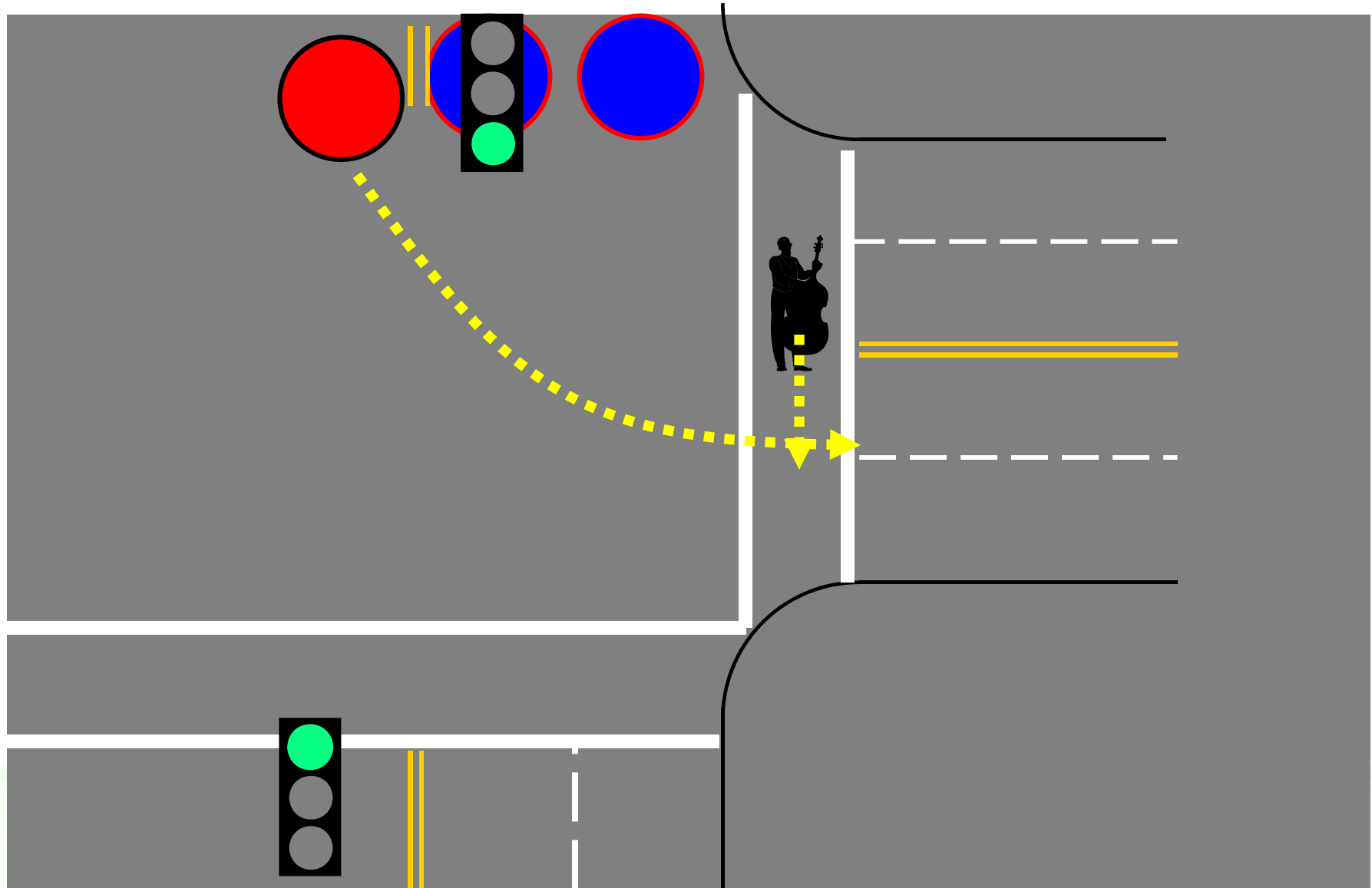


**Pedestrians cross at same time as left-turning car;
Drivers turning left on a green ball don't look for pedestrians.**

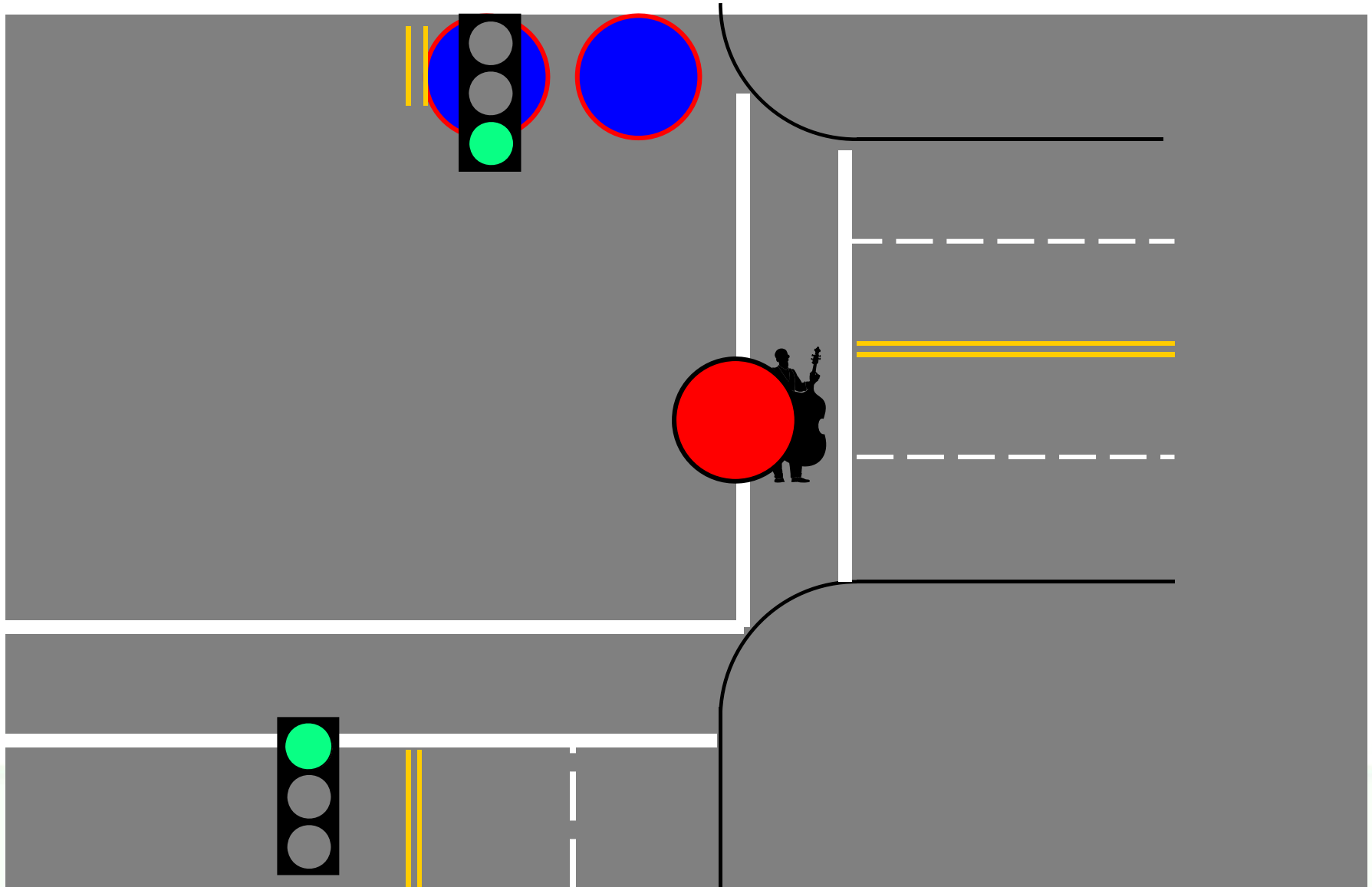
Permissive Left Turns



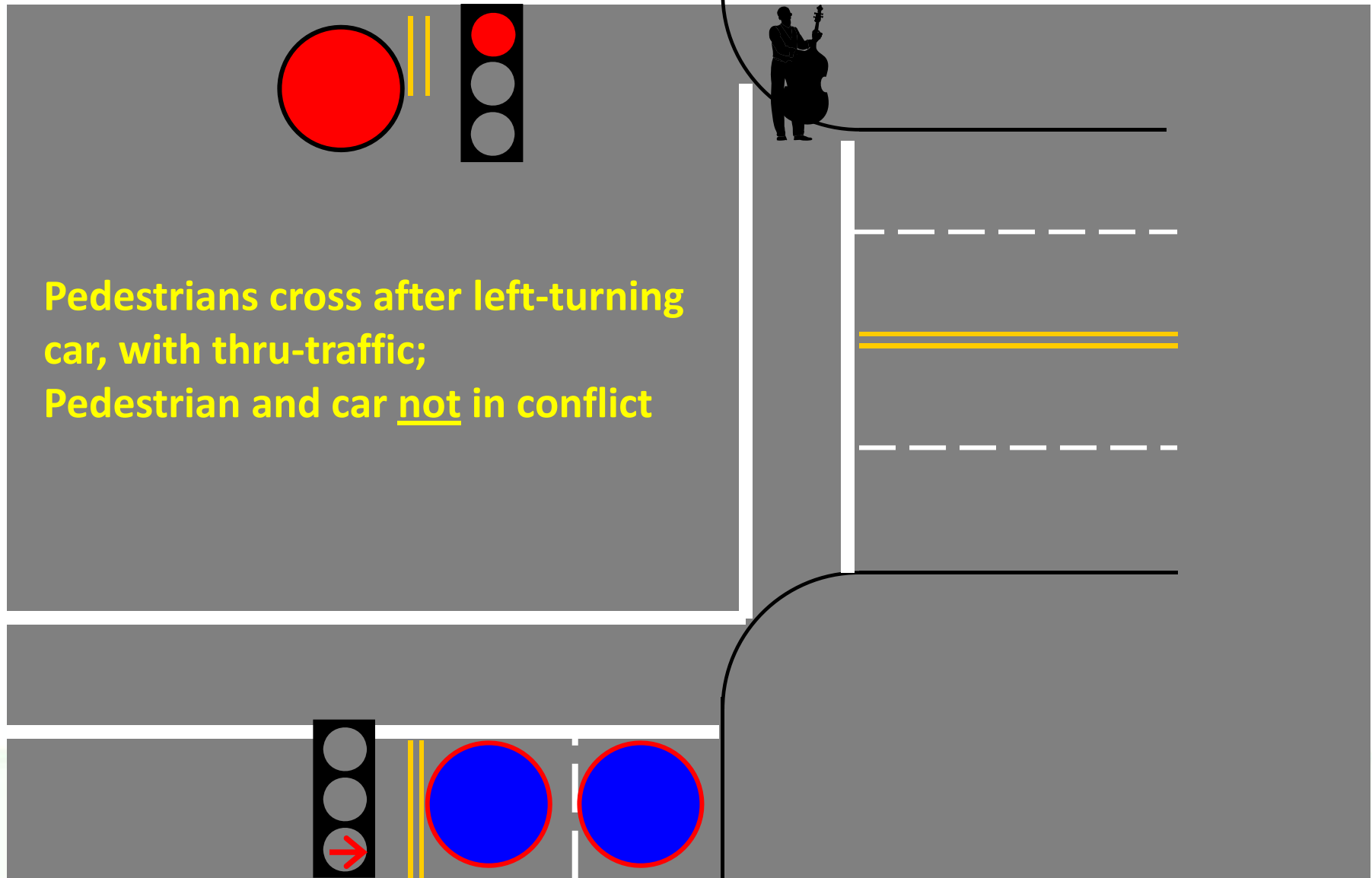
Permissive Left Turns



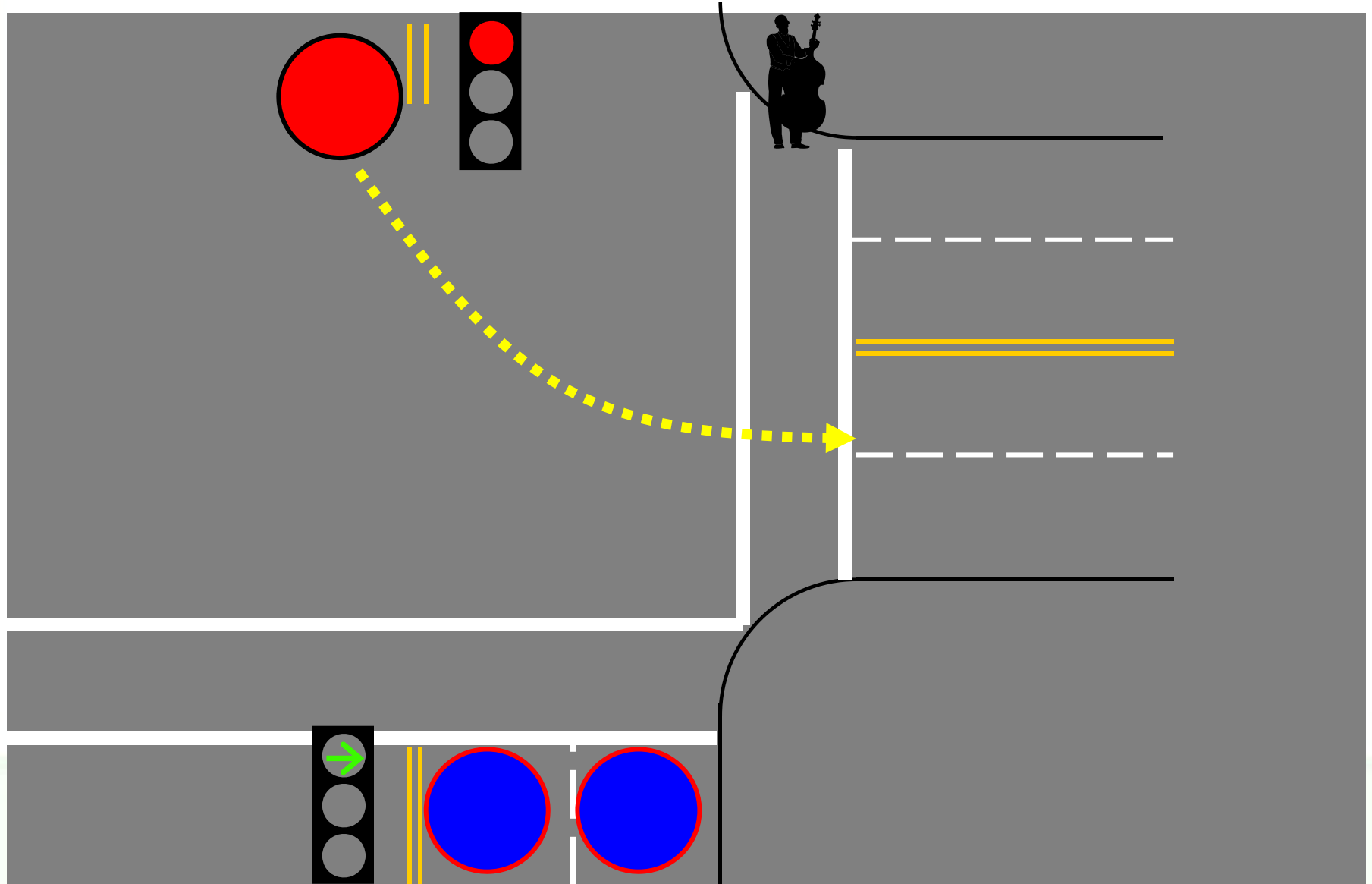
Permissive Left Turns



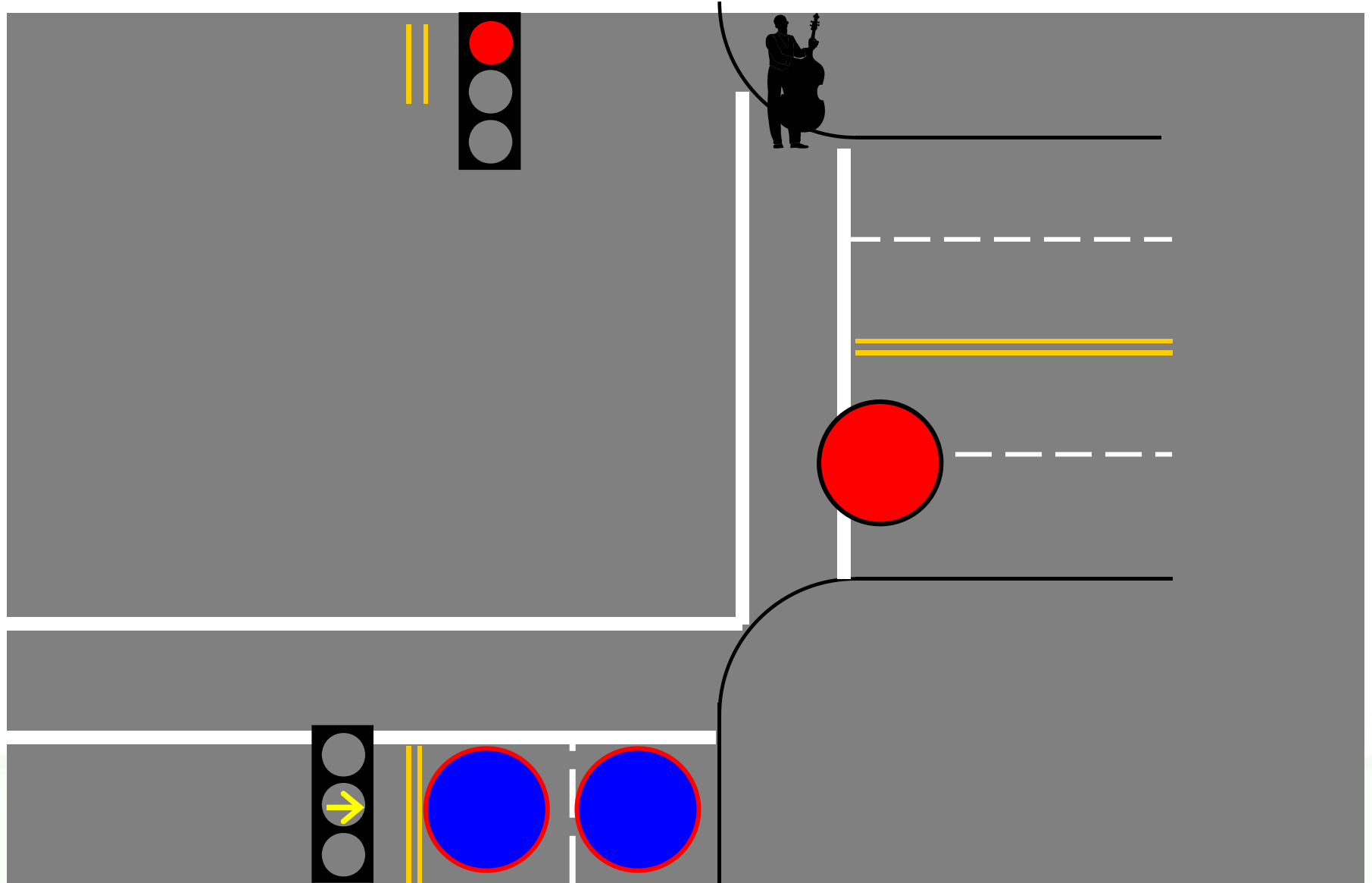
Protected Left Turns



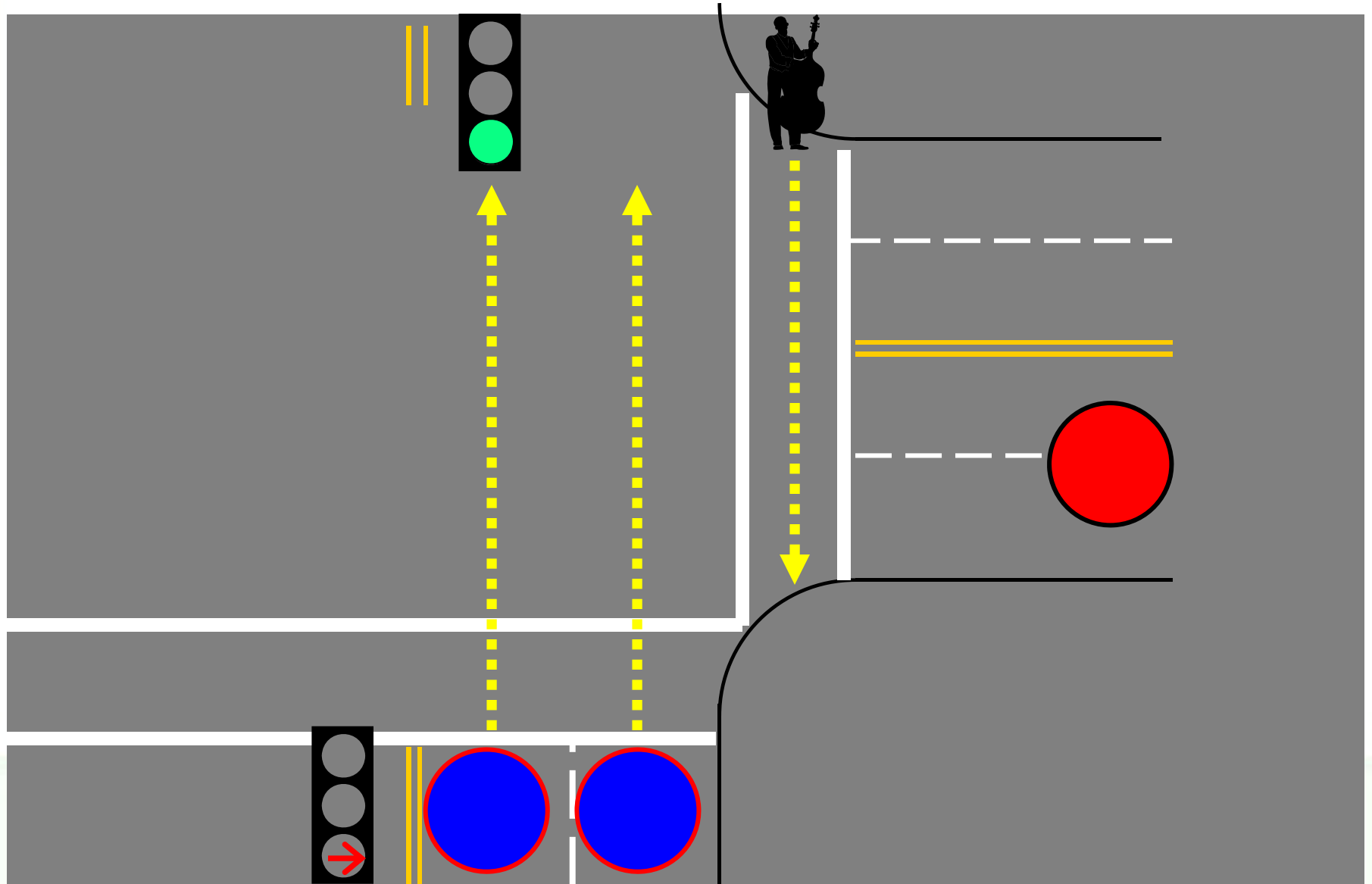
Protected Left Turns



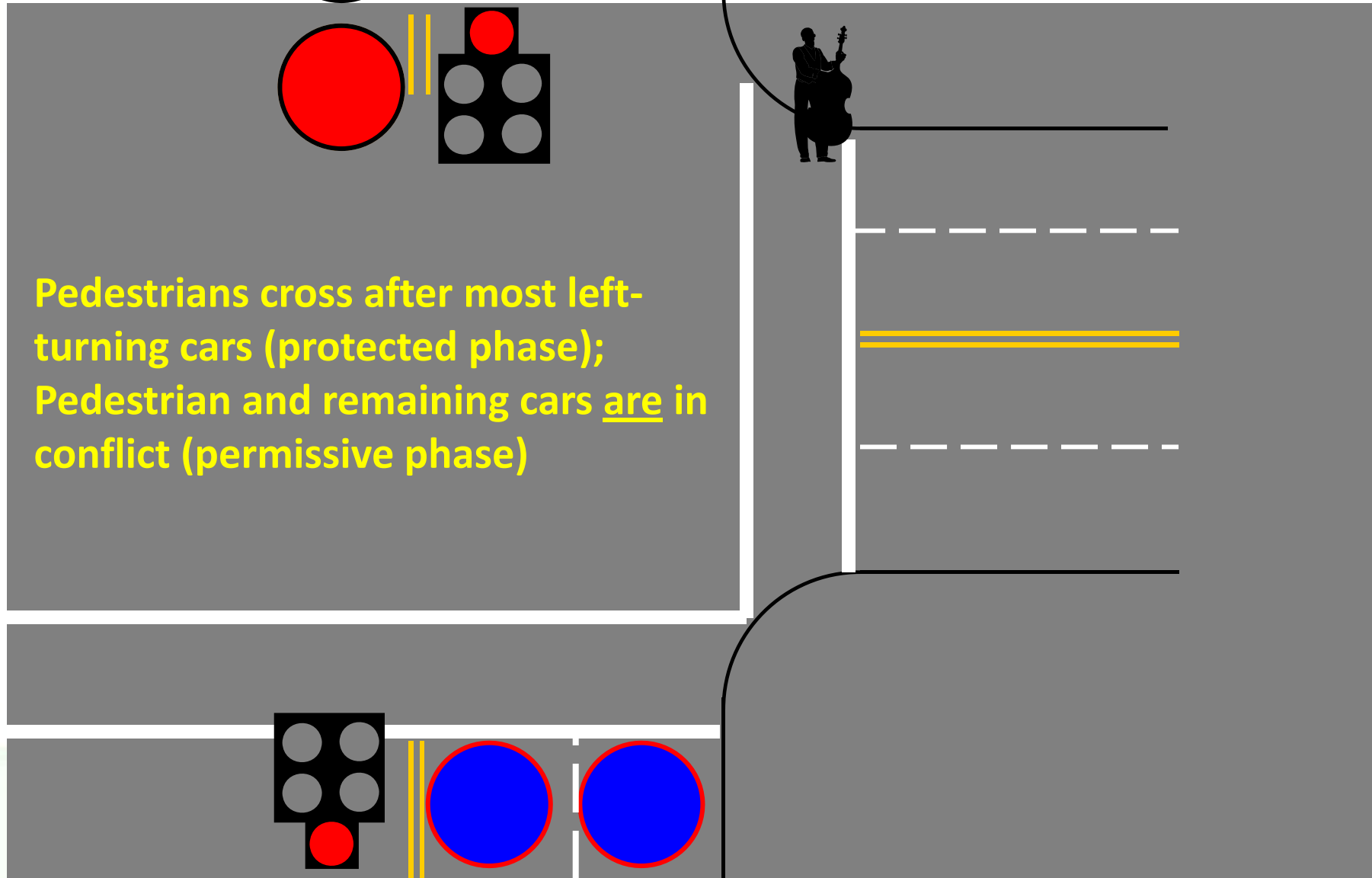
Protected Left Turns



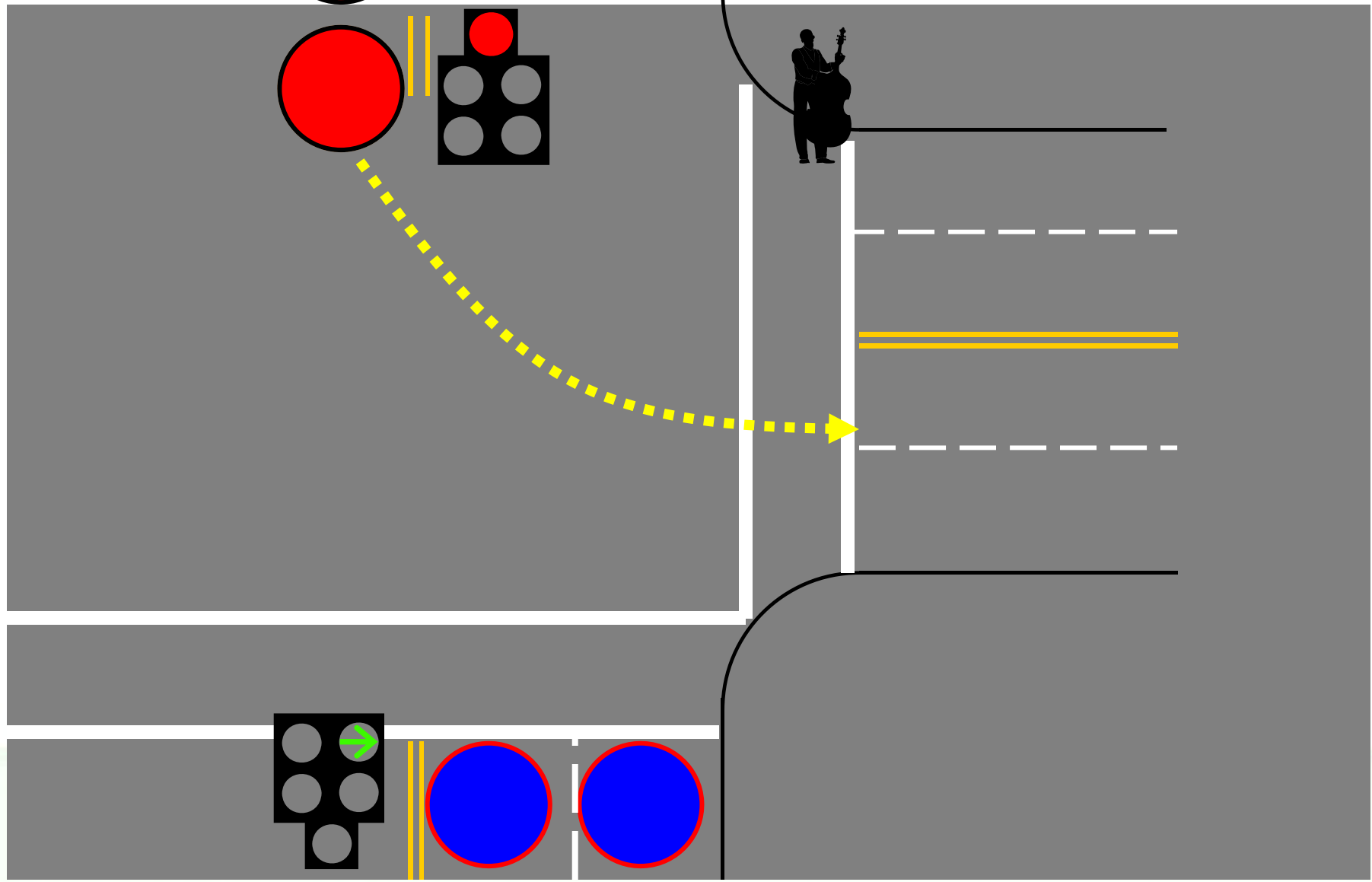
Protected Left Turns



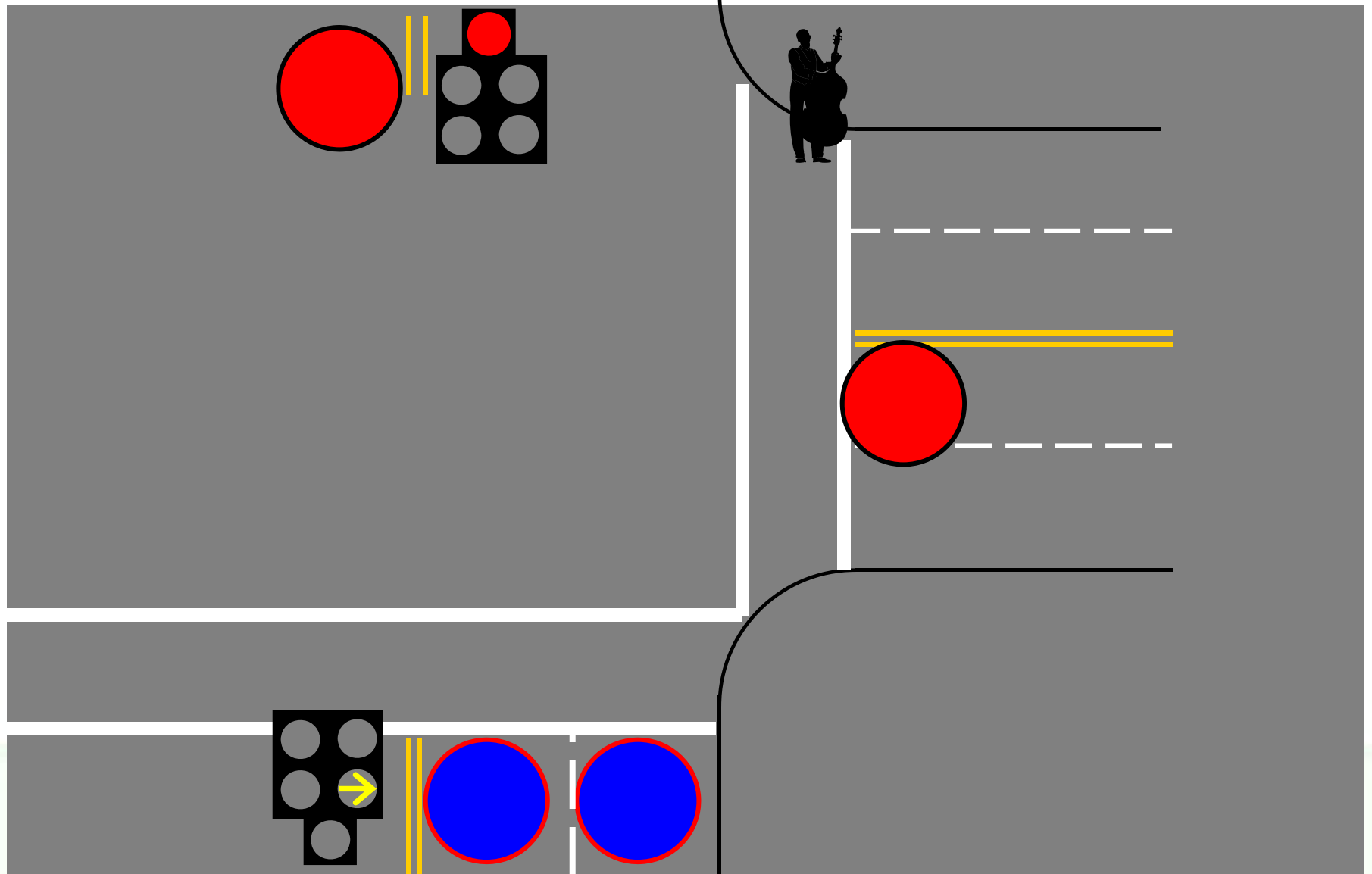
Protected/permissive Left Turns



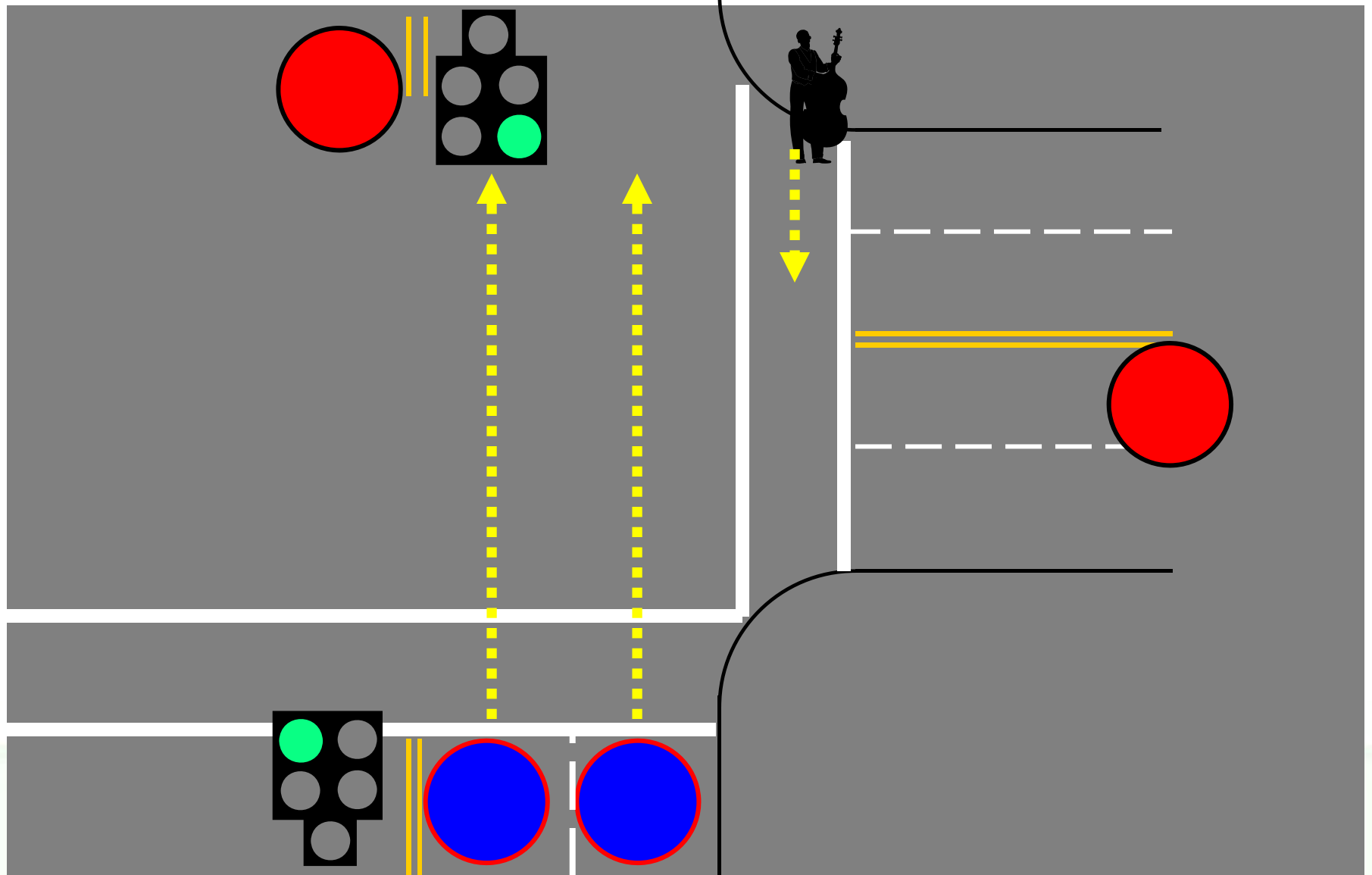
Protected/permissive Left Turns



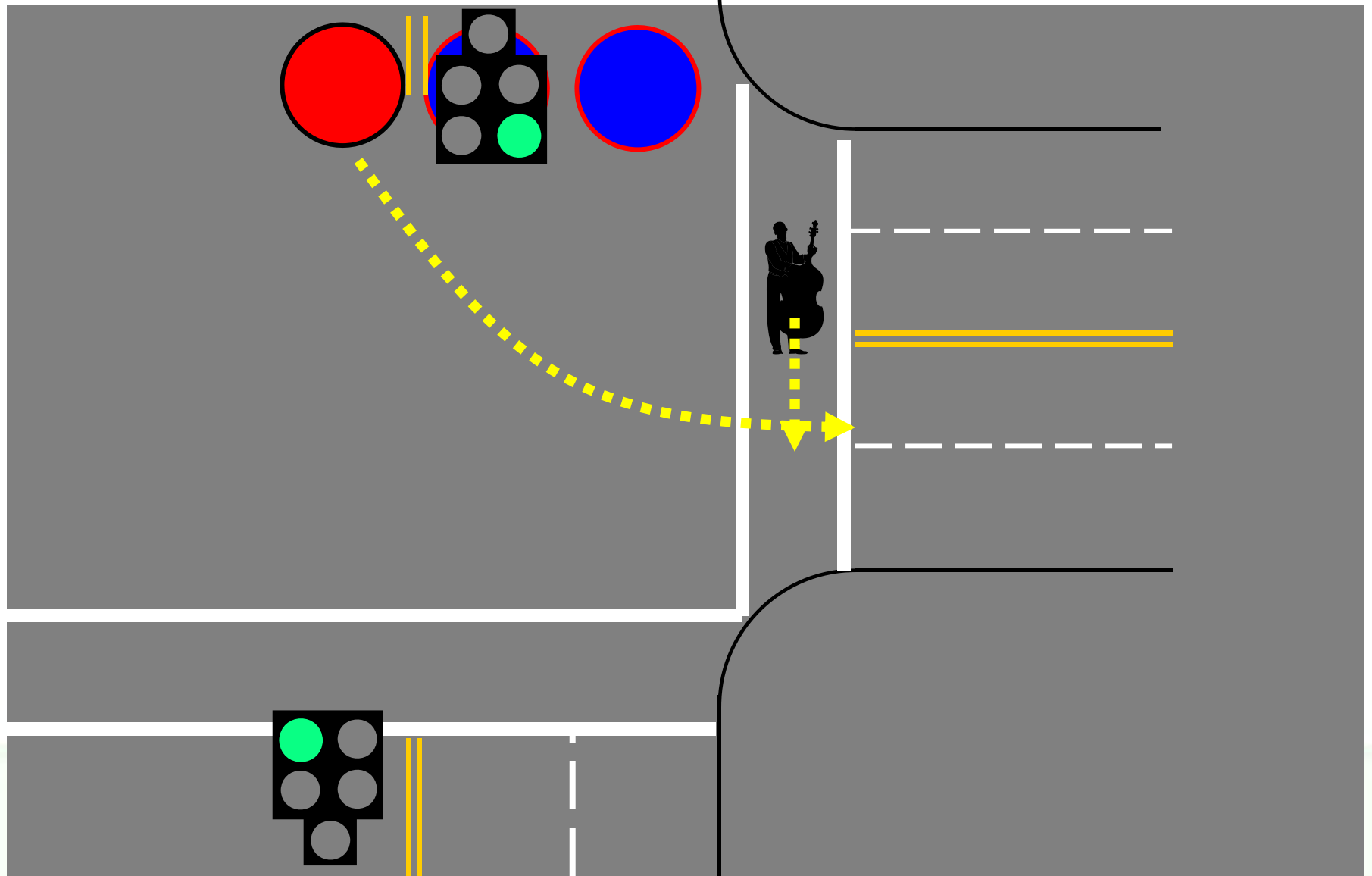
Protected/permissive Left Turns



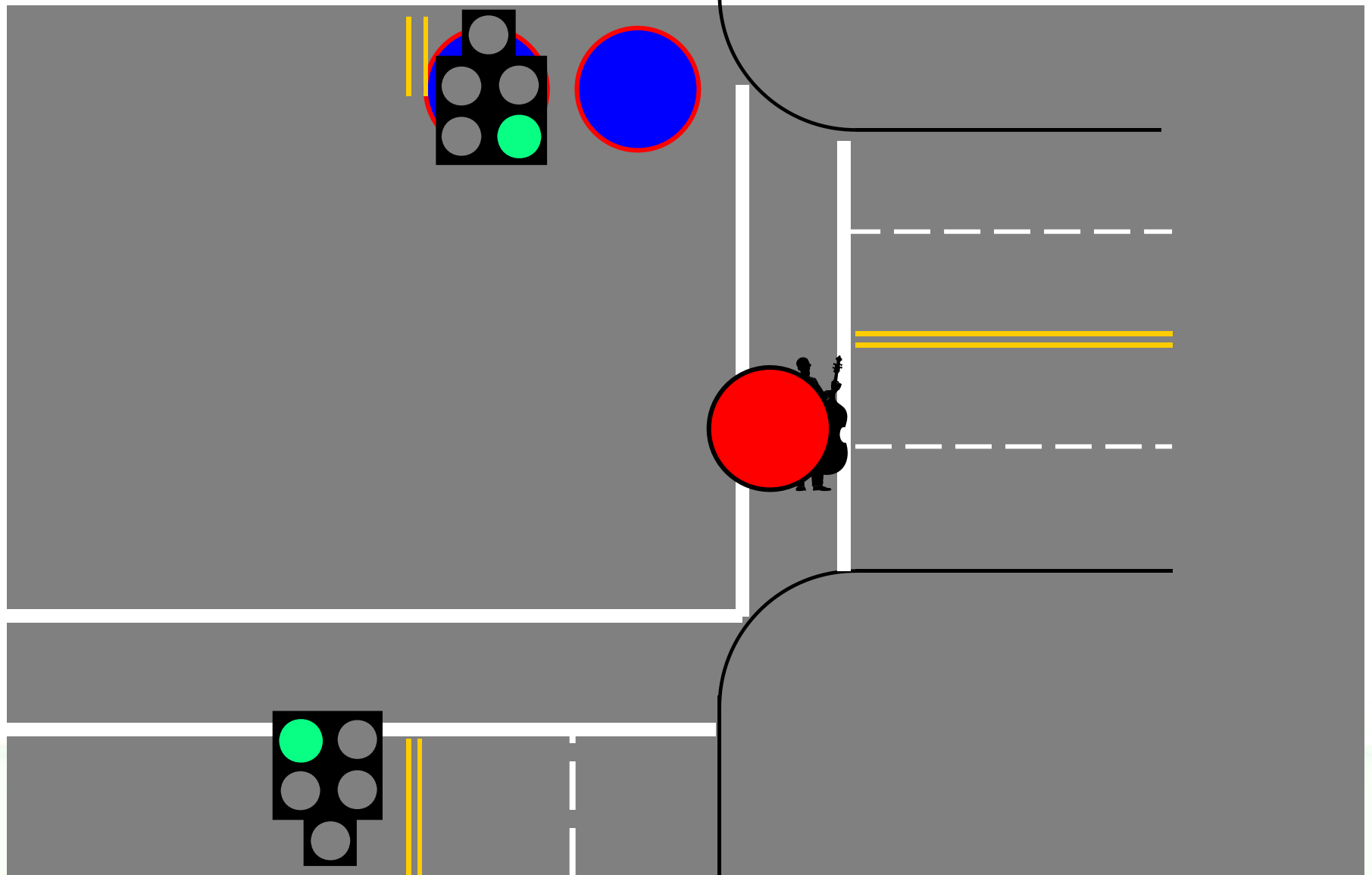
Protected/permissive Left Turns



Protected/permissive Left Turns

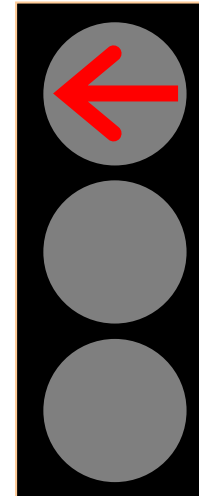


Protected/permissive Left Turns



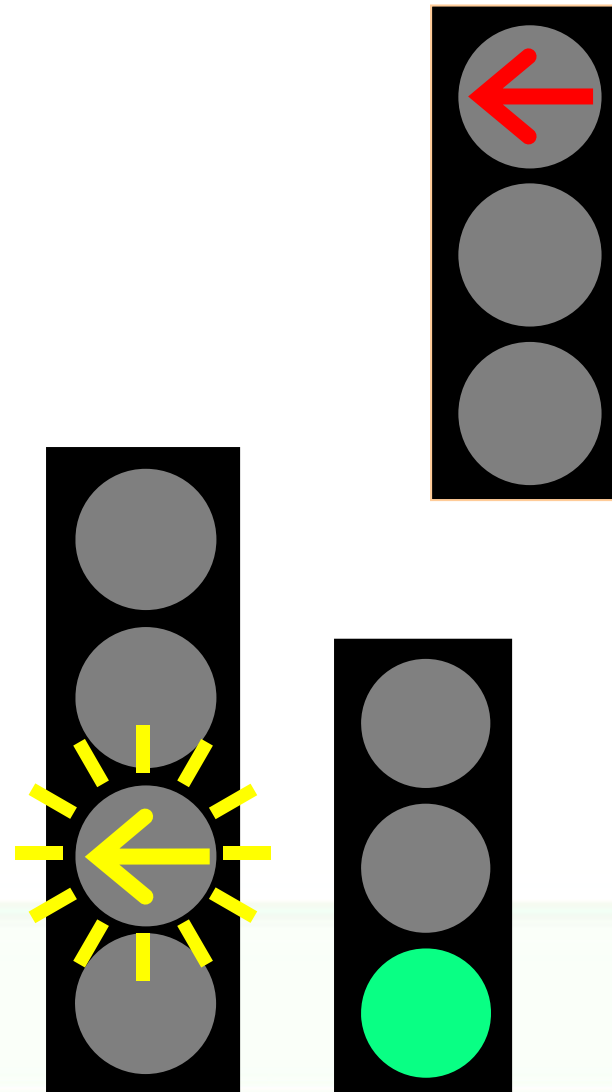
Protected/permissive Left Turns: Solutions

1. Provide protected-permissive phasing by default, but revert to protected-only when pedestrian button is pushed



Protected/permissive Left Turns: Solutions

1. Provide protected-permissive phasing by default, but revert to protected-only when pedestrian button is pushed
2. Flashing left Yellow Arrow during steady green ball warns drivers: yield to pedestrians and oncoming vehicles (details next)



Use Short Signal Cycle Length



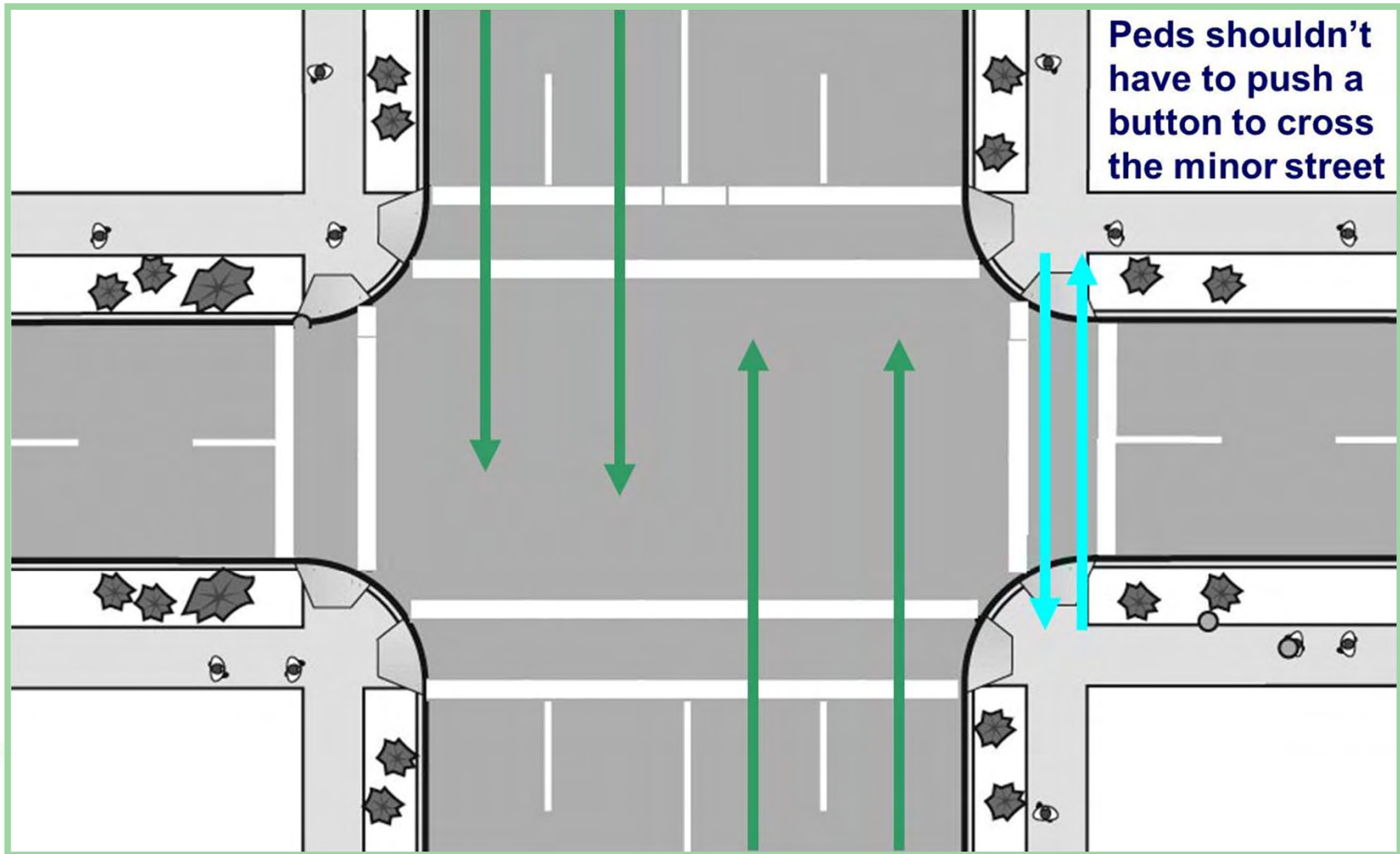
Long wait causes stacking: pedestrians wait in street, or don't wait and cross against the signal

Salem OR



At high-use crosswalks, pedestrians should get a signal at every cycle

Set pedestrian signal to recall to “Walk” when major street is set to recall to green



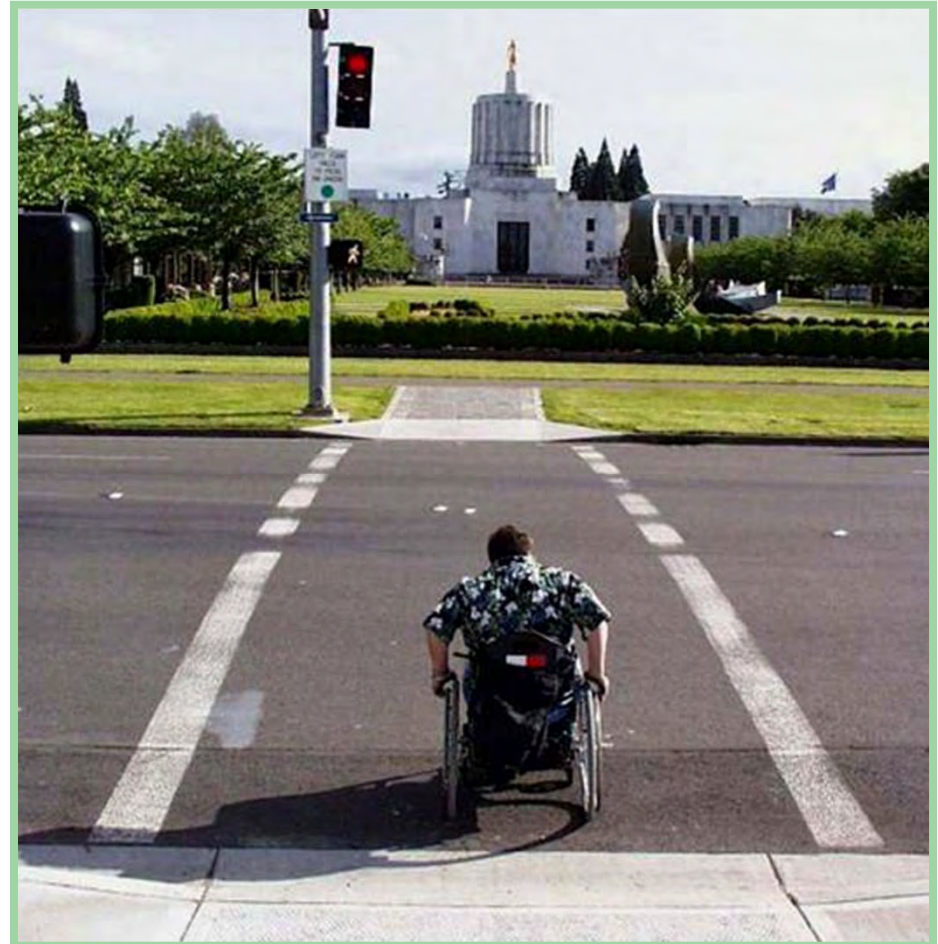
LPI

LPI = Lead Pedestrian Interval

LPI gives pedestrians a head start

Looks like a regular signal to drivers

Salem OR



**LPI : WALK comes on 3 seconds prior to the vehicular green;
pedestrians can enter crosswalk before turning vehicles arrive there.**

Exclusive Pedestrian Phase (Barnes Dance)



Exclusive pedestrian phase increases safety but increases delay for all including pedestrians

Transit

- ⇒ Ensure transit stops are convenient and accessible;
- ⇒ Ensure users can safely cross the street at transit stops.
- ⇒ Many pedestrian crashes are associated with transit
- ⇒ “Every transit stop is a pedestrian crossing location”



Road Diets

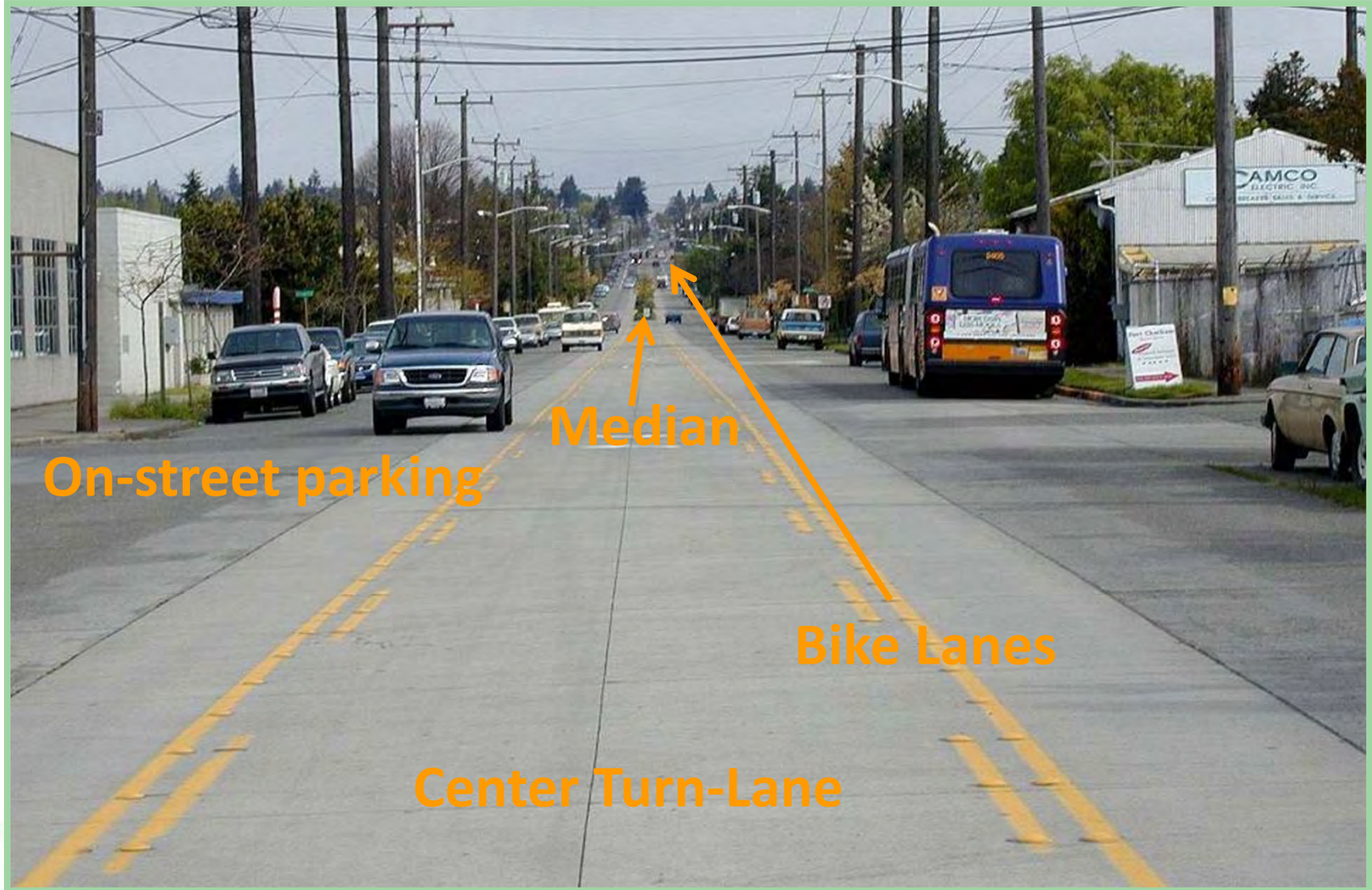
“Classic Road Diet”



4 to 3 lanes

San Antonio TX

Seattle WA



Road diets: reclaim street space for other uses

Charlotte NC

Before



Reclaiming road space creates room for ped islands

Concept



Reclaiming road space creates room for ped islands

After



Reclaiming road space creates room for ped islands

Road Diets



This space was recaptured from a 4th travel lane

Portland OR

Benefits of Road Diets for Pedestrians

- ⇒ Reduces crossing distance
- ⇒ Reduces “multiple threat” crash types
- ⇒ Provides room for crossing island to break crossing into 2 simpler crossings
- ⇒ Reduces top end travel speeds
- ⇒ Buffers sidewalk from travel lanes (parking or bike lane)
- ⇒ Reclaims street space for “higher and better use” than moving peak hour traffic

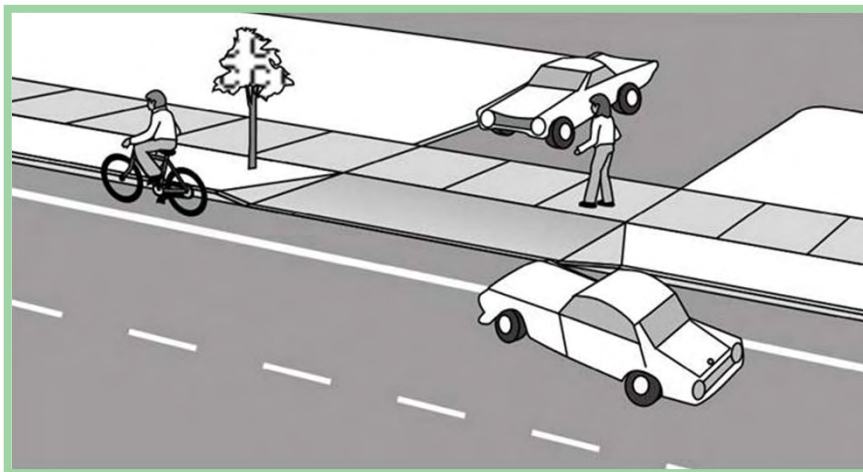
Engineering Strategies Summary:

- ⇒ Sidewalks reduce walking along the road crashes
- ⇒ Human behavior must be considered when choosing street solutions
- ⇒ Street crossing solution include crosswalks, medians, signals
- ⇒ Pedestrian-friendly intersections depend on good geometry, tight corner radii, curb extensions, islands
- ⇒ Signals can be improved for pedestrians
- ⇒ Road diets create safer conditions for pedestrians

Engineering: Learning Objectives

You should be able to:

⇒ Describe effective engineering strategies and how to integrate them into your Pedestrian Safety Action Plan



Questions?