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AMOEBAE

Part 2

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PATHOGENESIS AND CLINICAL FEATURES

Introduction

- E. histolytica causes intestinal and extraintestinal amoebiasis.
- Incubation period is highly variable. On an average, it ranges from 4 days to 4 months.
- Amoebiasis can present in different forms and degree of severity, depending on the organ affected and the extent of damage caused.

1-Intestinal Amoebiasis

• The lumen-dwelling amoebae do not cause any illness.

• They cause disease only when they invade the intestinal tissues.

• This happens only in about 10% of cases of infection, the remaining 90% being asymptomatic.

1-Intestinal Amoebiasis (continued)

- The metacystic trophozoites penetrate the columnar epithelial cells in the <u>crypts of Liberkühn</u> in the colon.
- Penetration of the amoeba is facilitated by the motility of the trophozoites and the tissue lytic enzyme, <u>histolysin</u>, which damages the mucosal epithelium. Amoebic <u>lectin</u> another virulence factor mediates adherence.

Crypts



- The crypts additionally contain
- Paneth cells (at the base of the crypts)

 they have a defensive function, and stain intensely eosinophilic, due to secretory granules of antimicrobial peptides called defensins, as well as lysozyme and phospholipase A. These cells last for several weeks.
- Endocrine cells, (also eosinophilic) which produce secretin, somatostatin, enteroglucagon and serotonin. One type of endocrine cell for each type of hormone.
- Stem cells, found at the base of the crypts, which divide continuously to replace enterocytes (every 2-3 days), goblet cells, paneth cells and neuroendocrine cells. Intraepithelial lymphocytes (mostly Tcells).

1-Intestinal Amoebiasis (continued)

- Mucosal penetration by the amoeba produces discrete ulcers with pinhead center and raised edges.
- Sometimes, the invasion remains superficial and heals spontaneously.
- More often, the amoeba penetrates to submucosal layer and multiplies rapidly, causing <u>lytic necrosis</u> and thus forming an <u>abscess</u>. The abscess breaks down to form an <u>ulcer</u>.





Figure 1. Invasion of submucosa by trophozoites. The lesion spreads out laterally, creating the flask-shaped amebic ulcer. (Histopathology, UFPA, Araújo R.).



Flask-shaped amoebic ulcers



Wide ulcer base

PATHOLOGY: Intsetinal amoebiasis :



Clinical Features of Intestinal Amoebiasis

- The clinical picture covers a wide spectrum from noninvasive carrier state to fulminant colitis.
- The incubation period is highly variable from 1–4 months.
- The clinical course is characterized by prolonged latency, relapses and intermissions.

Clinical Features of Intestinal Amoebiasis (continued)

• The patient is usually afebrile and nontoxic.

 In fulminant colitis, there is confluent ulceration and necrosis of colon.

 Intestinal amoebiasis does not always result in dysentery. Quite often, there may be only diarrhea or vague abdominal symptoms popularly called <u>'uncomfortable belly</u>' or <u>'growling abdomen</u>.'

Lesions in chronic intestinal amoebiasis

- Small superficial ulcers involving only the mucosa.
- Round or oval-shaped with ragged and undermined margin and flask-shaped in cross-section.
- Marked scarring of intestinal wall with thinning, dilatation, and sacculation.



Flask-shaped amoebic ulcers

Lesions in chronic intestinal amoebiasis

- Extensive adhesions with the neighboring viscera.
- Formation of tumor-like masses of granulation tissue (amoeboma).
- Chronic involvement of the caecum causes a condition simulating appendicitis.

Clinical Features of Intestinal Amoebiasis (Stool examination)

- The stools are large, foul-smelling, and brownish black, often with blood streaked mucus intermingled with feces.
- The RBCs in stools are clumped and reddish-brown in color.
- Cellular exudate is scanty.

Clinical Features of Intestinal Amoebiasis (continued)

 Charcot-Leyden crystals are often present.



• E.histolytica trophozoites can be seen containing ingested erythrocytes.



Complications And Sequelae Of Intestinal Amoebiasis

Fulminant amoebic colitis

- o Toxic megacolon
- Perianal ulceration
- o Amoeboma

Extraintestinal amoebiasis

- o Amoebic hepatitis
- o Amoebic liver abscess
- Amoebic appendicitis and peritonitis
- o Pulmonary amoebiasis
- o Cerebral amoebiasis
- o Splenic abscess
- o Cutaneous amoebiasis
- o Genitourinary amoebiasis







Fig. 3.5: Lesions of Amoebiasis

Laboratory Diagnosis





Clinical Features of Intestinal Amoebiasis (continued)

- The typical manifestation of intestinal amoebiasis is <u>amoebic dysentery</u>.
- This may resemble bacillary dysentery, but can be differentiated on clinical and laboratory grounds.
- Compared to bacillary dysentery, it is usually insidious in onset and the abdominal tenderness is less and localized (Table 3.2).

Table 3.2: Differential Features of Amoebicand Bacillary Dysentery

Features	AMOEBIC DYSENTERY	BACILLARY DYSENTERY
CLINICAL		
Onset	Slow	Acute
Fever	Absent	Present
Toxicity	Absent	Present
Abdominal tenderness	Localised	Generalised
Tenesmus	Absent	Present

Table 3.2: Differential Features of Amoebic and Bacillary Dysentery (continued)

Features	AMOEBIC DYSENTERY	BACILLARY DYSENTERY
STOOL		
Frequency	6–8 per day	Over 10 per day
Odor	Offensive	Nil
Color	Dark red	Bright red
Nature	Feces mixed with blood and mucus	Blood and mucus with little or no feces
Consistency	Not adherent	Adherent to container
Reaction	Acid	Alkaline

Table 3.2: Differential Features of Amoebic and Bacillary Dysentery (continued)			
	AMOEBIC DYSENTERY	BACILLARY DYSENTERY	
MICROSCOPY			
Cellular exudates	Scanty	Abundant	
Red blood cells	Clumped yellowish brown	Discrete or in rouleaux, bright red	
Macrophages	Few	Several, some with ingested red blood cells	
Eosinophils	Present	Absent	
Charcot-Leyden crystals	Present	Absent	
Motile bacteria	Present	Absent	
Amoeba	Motile trophozoites with ingested red blood cells	Absent	

AMOEBIC DYSENTERY RBCs are Clumped yellowish brown

BACILLARY DYSENTERY RBCs are Discrete or in rouleaux bright red

Treatment

Three classes of drug are used in the treatment of amoebiasis.

Luminal amoebicides:

Diloxanide furoate, iodoquinol, paromomycin, and tetracycline act in the intestinal lumen but not in tissues.

Tissue amoebicides:

Emetine, chloroquine, etc. are effective in systemic infection, but less effective in the intestine. Dosage of chloroquine in amoebic liver abscess is 1 g for 2 days followed by 5 g daily for 3 weeks.

Both luminal and tissue amoebicides:

Metronidazole and related compounds like tinidazole and ornidazole act on both sites and are the drug of choice for treating amoebic colitis and amoebic liver abscess.

Notes

• Although metronidazole and tinidazole act on both the sites but **NEITHER** of them **reach high levels in the gut lumen**; therefore, patients with amoebic colitis or amoebic liver abscess **should also receive treatment with a luminal agent** (paromomycin or iodoquinol) to ensure eradication of infection (Table 3.3).

• Paromomycin is the preferred agent.

Notes (continued)

- Asymptomatic individuals with documented *E. histolytica* infection should also be **treated** because of the risks of developing amoebic colitis or amoebic liver abscess in the future and risk of transmitting the infection to others.
- Paromomycin or iodoquinol in the doses listed in the Table 3.3 should be used in these cases.
- Oral rehydration and electrolyte replacement should be done wherever necessary.

Treatment of amoebiasis

Luminal amoebicides

Tissue amoebicides

Both luminal and tissue amoebicides

- Diloxanide furoate
- Iodoquinol
- Paromomycin
- Tetracycline

- Emetine
- Chloroquine

- Metronidazole
- Tinidazole
- Ornidazole

Metronidazole

Tinidazole

Clinical syndrome	Drug of choice
 Asymptomatic (Carrier) 	Iodoquinol <u>OR</u> Paromomycin
 Mild to severe colitis Extraintestinal like amoebic liver abscess 	Metronidazole <u>OR</u> Tinidazole <u>PLUS</u> Iodoquinol <u>OR</u> Paromomycin*

* Paromomycin is preferred

Recommended Dosages of Antiamoebic Drugs

Drug	Dosage	Duration (in days)	
Amoebic colitis or Amoe	ebic liver abscess		
Tinidazole	2 g/day orally	3	
Metronidazole	750 mg three times a day, orally or IV	5 - 10	
Chloroquine	1 g daily	for 2 days	
(For amoebic liver abscess)	followed by 5 g daily	For 3 weeks	
Intestinal amoebiasis			
Paromomycin	30 mg/kg 4 times a day, orally in 3 divided doses	5 - 10	
Iodoquinol	650 mg orally, three times day	20	

Prophylaxis

- General prophylaxis is as for all fecal-oral infections. Food and water have to be protected from contamination with human excreta.
- Detection and treatment of carriers and their exclusion from food handling occupations will help in limiting the spread of infection.
- Health education and inclusion of healthy personal habits helps in control.

Immunity

- Infection with invasive strains includes both humoral and cellular Immune responses.
- Local and systemic antibodies can be demonstrated within a week of invasive infection.
- Infection confers some degree of protection as evidenced by the very low frequency of recurrence of invasive colitis and liver abscess in endemic areas.
- The course and severity of amoebiasis does not seem to be affected by human immunodeficiency virus (HIV) infection.
- Serological response is hardly ever seen in infection with non-invasive zymodemes.

Table 3.1: Classification of Amoebae

Intestinal amoebae	Free-living amoebae
Entamoeba histolytica Entamoeba dispar Entamoeba coli Entamoeba polecki Entamoeba hartmanni Entamoeba gingivalis Endolimax nana Iodamoeba butschlii	Naegleria fowleri Acanthamoeba spp. Balamuthia mandrillaris
Note: All intestinal amoebae are nonpathogenic, except Entamoeba histolytica	Note: All free- living amoebae are opportunistic pathogens

Comparative morphology of intestinal amoebae infecting humans (nonpathogenic)

PATHOGENIC FREE-LIVING AMOEBAE

Introduction

- Among the numerous types of free-living amoebae found in water and soil, a few are potentially pathogenic and can cause human Infections.
- Primary amoebic meningoencephalitis (PAM) caused by amoeboflagellate Naegleria (the brain eating amoeba).

Introduction (continued)

- Granulomatous amoebic encephalitis (GAE) and chronic amoebic keratitis (CAK) – caused by Acanthamoeba.
- A few instances of GAE caused by lyptomyxid amoeba like Balamuthia have also been reported. While PAM and CAK occur in previously healthy individual, GAE has been associated with immunodeficient patients.
- The term **amphizoic** has been used for organisms such as these, which can multiply both in the body of a host (**endozoic**) and in free-living (**exozoic**) conditions.

Chronic amoebic keratitis (CAK)

Naegleria Fowleri

Table 3.5: Differential features of Naegleriaand Acanthamoeba

	Naegleria	Acanthamoeba
Disease	Primary amoebic meningoencephalitis (PAM)	Granulomatous amoebic encephalitis (GAE) and keratitis
Portal of entry	Nose	Upper Respiratory tract (?), cornea
Clinical course	Acute	Subacute or chronic
Pathogenicity	Acute suppurative inflammation	Granulomatous inflammation
Morphological forms	3 stages: trophozoite, cyst and flagellate form	2 stages: trophozoite and cyst. Flagellate form absent

Naegleria

Acanthamoeba

Table 3.5: Differential features of Naegleriaand Acanthamoeba (continued)

	Naegleria	Acanthamoeba
Trophozoite	10–20 µm, with a single pseudopodia	20–50 µm, with spine-like pseudopodia
Cyst	7–10 µm, round with smooth wall	15–25 µm, polygonal double-walled with wrinkled surface
Nuclear division	By promitosis, nucleolus divides, nuclear membrance persists	Nuclear membrance dissolves
WBC in CSF	Predominantly neutrophils	Predominantly lymphocytes

Table 3.5: Differential features of Naegleria andAcanthamoeba (continued)

	Naegleria	Acanthamoeba
Treatment	 The drug of choice is amphotericin-B intravenously. It can also be instilled directly into the brain. Treatment combining miconazole and sulfadiazine has shown limited success, only when administered early. More than 95% cases of PAM are fatal despite of treatment. 	 In acanthamoeba keratitis, current therapy involves topical administration of biguanide or chlorhexadine with or without diamidine agent. In severe cases, where vision is threatened, penetrating keratoplasty can be done. No effective treatment is available for GAE. Multidrug combinations including pentamidine, sulfadiazine, rifampicin, and fluconazole are being used with limited success.

References

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