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Biodiversity of RIE campus: Plants with medicinal value

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Abstract

Bhubaneswar, the capital city of Odisha located in the Khurda district of Odisha, India, stands between 20°12'N to 20°25'N latitude and 85°44'E to 85°55'E longitude on the western fringe of the coastal plain across the main axis of the Eastern Ghats. Regional Institute of Education (RIE), a constituent unit of National Council of Educational Research and Training, New Delhi, established in 1963 with total geographic area of about 98.4 ac (407000 sq.mt.) stands in the heart of the capital city. About 60 percent of this institute's geographical area is having wilderness. In search for medicinal plants in the wet season of 2018, about 111 plant species belong to 98 genera of 53 families having medicinal value were recorded from the campus. Due to over exploitation and loss of biodiversity, a number of medicinal plants were under serious threat. Of the plants recorded 101 species were found to belong to monocots and dicots respectively. Among dicot, Euphorbiaceae was the dominant family represented by 10 species. Similarly in monocot species, family Poaceae represented by 3 species were recorded. *Paderia foetida* and *Saraca asoca* fell into the Rare, Endangered and Threatened (RET) group and are very effective against various diseases. The genus *Phyllanthus* was represented as by six species. With degradation of environment because of anthropogenic activities, due care needs to be taken to conserve the biodiversity especially plants having medicinal value for sustainable use.

Keywords: Floral diversity, medicinal plants, ethno botany, conservation

Introduction

Medicinal plants have been playing an essential role in the development of human culture. As a source of medicine, Medicinal plants have always been at forefront virtually all cultures of civilizations. Medicinal plants are regarded as rich resources of traditional medicines and from these plants many of the modern medicines are produced. For thousands of years medicinal plants have been used to treat health disorders, to add flavor and conserve food and to prevent diseases epidemics. The secondary metabolites produced by the plants are usually responsible for the biological characteristics of plant species used throughout the world. The microbial growth in diverse situations is controlled by plant derived products. In this review we gave general overview of the medicinal plants. According to the World Health Organization (WHO) about 65-80% of the world's population in developing countries depends essentially on plants for their primary healthcare due to poverty and lack of access to modern medicine (Awoyemi OK *et al.*, 2012) [1]. Thousands of plants are used by rural and tribal communities to make crude drugs to cure various ailments. India is a highly populated country and it is difficult to provide medicine for all the people. However, the majority of the rural people use the plants as it is or their parts which are found in and around their locality as primary health care (Ramesh *et al.*, 2014) [2]. Therefore, it is important to protect and restore the plants around their living place.

Materials and Methods

The study Area:

Bhubaneswar is located in the Khurda district of Odisha, India between 20°12'N to 20°25'N latitude and 85°44'E to 85°55'E longitude on the Western fringe of the coastal plain across the main axis of the Eastern Ghats. It is situated on the South Eastern Railway line joining Howrah and Madras at a distance of 435 km South of Calcutta. The National Highway No.5 connecting Calcutta and Madras passes through Bhubaneswar. The city stands at the Western side of the "Mahanadi Delta" on the bank of river Kuakhai, a distributory of Mahanadi River, 30 km South-West of Cuttack city. The river Daya which has branched off from Kathojodi, flows along the South-eastern part of the city. Fig.1 (A)

Regional Institute of Education (RIE), a constituent unit of National Council of Educational

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Research and Training, New Delhi, established in 1963 with total geographic area of approx. 98.4 ac (407000 sq.mt.) stands in the heart of the capital city. About 60 percent of this institute geographical area is having wilderness. The study

area experiences tropical weather conditions having average annual rainfall of 1,492 mm (58.73 in) with average temperature ranging between 20°C and 36°C. Fig.1 (B)

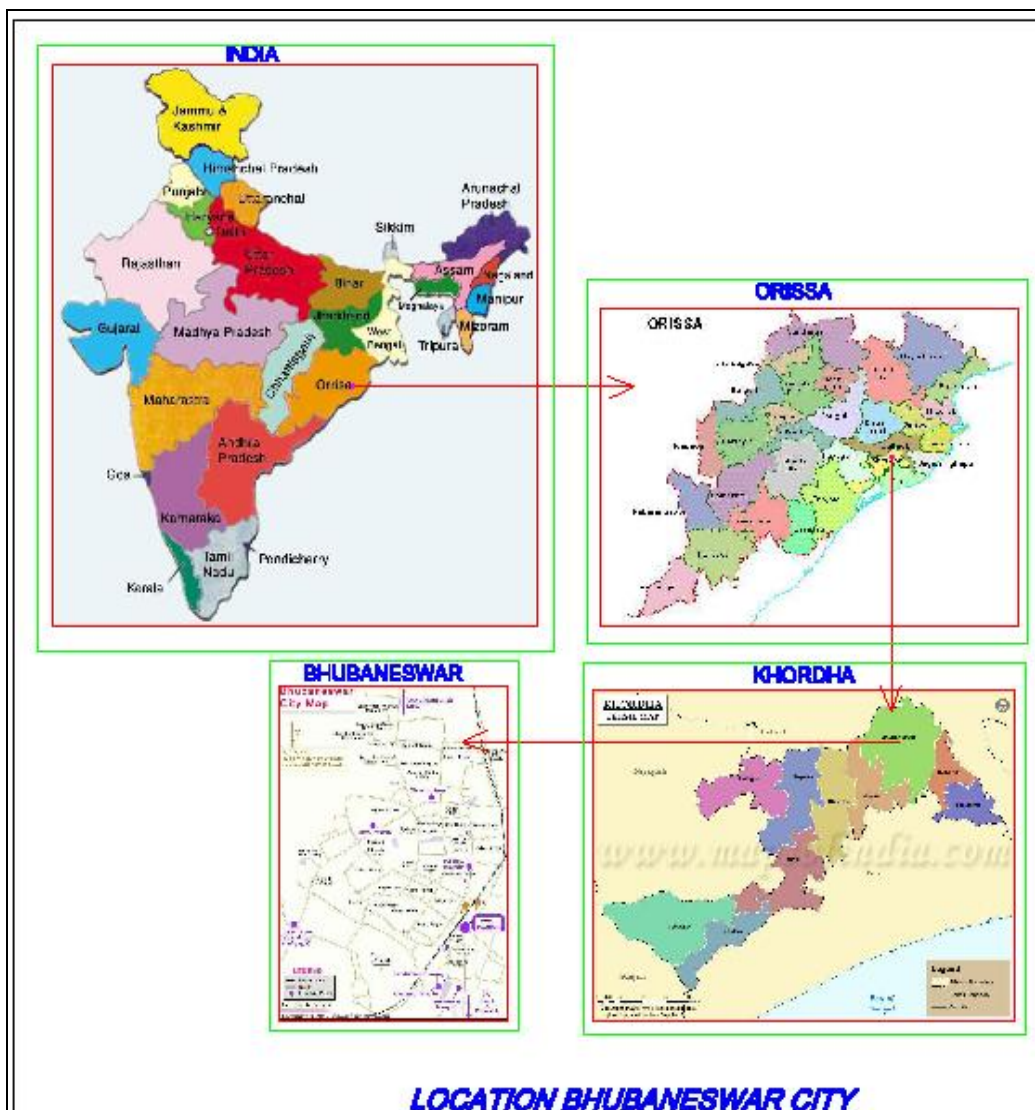


Fig 1(A): Map showing the location of Bhubaneswar in the state of Odisha

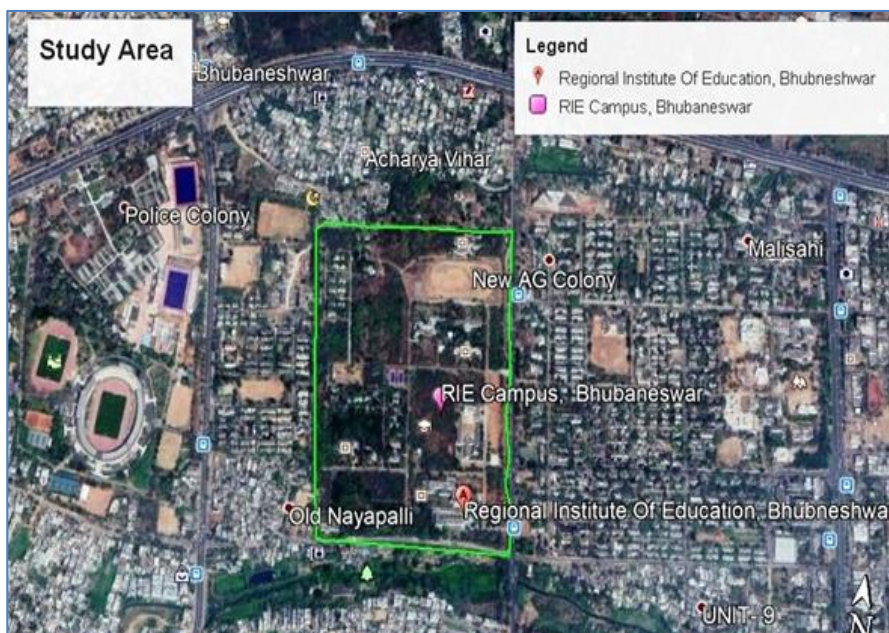


Fig 1(B): Study Area (Source: Google maps)

Methodology

The study was conducted during 2017-18 involving field visit, collection, of specimen, taking photographs to document the medicinal plants in the RIE campus. To facilitate the exhaustive and intensive plant specimen, the area has been divided into different zones and each zone was visited many times in different seasons during July 2017- August 2018. Plant specimen were collected in flowering and fruiting condition as with the reproductive characters it became easy for identification of the species. The specimen were identified following "The Botany of Bihar and Odisha" [3] and the "Flora of Odisha" [4]. This provisional identification is then confirmed by referring the latest available monographs. The name of the plant dealt here with has been updated in pursuance with ICBN (Tokyo Code, Greuter *et al.*, 1994) [5].

However it is assumed that the most of the name cited are corrected. All the plant species collected during the present study are housed in the pigeon hole Almiraha of Herbarium of Department of Botany, R.I.E, Bhubaneswar Fig. 3(B).

Results and Discussion

A total number of 111 plant species were reported belonging to 98 genera of 53 families from the RIE Campus, Bhubaneswar. Of these monocots were represented by 10 species belonging to seven genera and eight families, while dicots contributed by 101 species belonging to 104 genera and 45 families. The collection embraces as many as 51 herbs, 8 shrubs, 43 Trees, and 9 climbers. (Table-1, Table-2, Fig. 2, Fig. 3(A)).

Table 1: List of Medicinal plant species and their uses recorded from the RIE Campus.

Sl. No	Plant name	Common name	Habit	Family	Plant parts used	Disease for which used
1.	<i>Abutilon indicum</i> (L.) Sweet	Pedi-Pedika	S	Malvaceae	Root, Leaves, Seeds	Piles, Dysuria, Toothache
2.	<i>Acalypha indica</i> L.	Khokhali	H	Euphorbiaceae	Whole plant	Cough, Scabies, Bronchitis
3.	<i>Acacia nilotica</i> (L.) Willd. SSP. Indica (Benth)	Babul	T	Mimosaceae	Bark, Gum	Diarrhoea, Dysentery, Diabetics, Astringent
4.	<i>Achyranthes aspera</i> L.	Apamaranga	H	Amranthaceae	Root	Cough, Asthma, Bronchitis
5.	<i>Aegle marmelos</i> (L.) Corr.	Bela	T	Rutaceae	Fruit, leaves and root	Constipation, Indigestion, Fever, Cough, Piles, Filarisis
6.	<i>Aerva lanata</i> (L.) Juss.	Paunsia	H	Amaranthaceae	Whole plant	Boils, Cough, Diabetes, Lithiasis, Ulcers, Rheumatic, Swelling
7.	<i>Ageratum conyzoides</i> L.	Dengsingi	H	Asteraceae	Whole plant	Uterine haemorrhage, Rhinitis, Sinusitis, Inflammation
8.	<i>Alstonia scholaris</i> (L.) R.Br.	Chatiana	T	Apocynaceae	Bark, Leaves, Fruit	Diarrhoea, Asthma, Cardiac troubles
9.	<i>Anacardium occidentale</i> L.	Kaju badam	T	Anacardiaceae	Leaves, Bark	Preventing hair loss, Snake bite, Skin disease, Dysentery
10.	<i>Andrographis paniculata</i> (Burm.f.) Wall. ex Nees	Bhui nimba	H	Acanthaceae	Whole plant	Dysentery, Fever, Tonsillitis, Hypertension, Snake bite
11.	<i>Annona reticulate</i> L.	Ramphal	T	Annonaceae	Root, Bark, Stem, Fruit, Seed	Diarrhoea, Indigestion
12.	<i>Annona squamosa</i> L.	Saripha/ Ata	T	Annonaceae	Root,Leaves, Bark, Fruit	Mental depression, Spinal disorder, Anaemia
13.	<i>Argemone mexicana</i> L.	Odosamari	H	Papaveraceae	Root, seeds	Juandice, Leprosy, Conjunctivitis
14.	<i>Argyreia nervosa</i> (Burm.f.) Boj.	Mundanoi	C	Convolvulaceae	Root, Leaves, Seed	Anorexia, Colie, Piles, Synovitis, Cerebral disorder, Cardiac problem
15.	<i>Aristolochia indica</i> L.	Iswara mula	T	Aristolochiaceae	Root, Stem, Leaves	Ulcer, Inflammation, Colic, Cough, Leukoderma
16.	<i>Artocarpus heterophyllus</i> Lam.	Panasa	T	Moraceae	Root, Pulp, Fruit, Seed	Phynginitis, Fever, Boils, Wounds, Skin diseases
17.	<i>Asparagus racemosus</i> Willd.	Satabari	C	Liliaceae	Entire plant	Rheumatism, Gastritis, Menorrhagea, Eye diseases
18.	<i>Azadirachta indica</i> A. Juss.	Nimba	T	Meliaceae	Bark, Leaves, Flower, Fruit, Seed	Eczema, Scabies, Ring worm
19.	<i>Bauhinia variegata</i> L.	Kanchana	T	Caesalpiniaceae	Bark, Root, Bud	Skin diseases, Cough, Leprosy, Diabetes
20.	<i>Boerhavia diffusa</i> L.	Puruni	H	Nyctaginaceae	Whole plant	Lecorrhoea, Cardiac trouble, Jaundice, Constipation, General debility
21.	<i>Bombax ceiba</i> L.	Simuli	T	Bombacaceae	Root, prickles, seed, bark, young fruit, gum, leaves and flower	Menorrhagia, Urinary jdisorder, Fever, Abdominal disorder
22.	<i>Borassus flabellifer</i> L.	Tala		Arecaceae	Roots, leaves, inflorescences and fruit	Burning sensation, Colic, Constipation
23.	<i>Butea monosperma</i> (Lam.) Taub.	Palasha	T	Fabaceae	Bark, leaves, flowers, seeds and gum	Anorexia, Dyspepsia, Diarrhoea, Intestinal worms
24.	<i>Calotropis gigantean</i> R.Br.	Dhala arakha	S	Asclepiadaceae	Whole plant	Scabies, Acne, Pimples
25.	<i>Capparis zeylanica</i> L.	Kantikapali	S	Capparaceae	Root, Bark, Leaves	Skin troubles

Sl. No	Plant name	Common name	Habit	Family	Plant parts used	Disease for which used
26.	<i>Cassia fistula</i> L.	Sunari	T	Caesalpiniaceae	Fruit, leaves, bark and root	Tuberculous glands, Constipation, Diabetes, Burning sensation
27.	<i>Chenopodium album</i> L.	Bathua	H	Chenopodiaceae	Entire plant	Peptic ulcer, Helminthiasis, Eye disorders, Seminal weakness
28.	<i>Cissus quadrangular</i> L.	Hadavanga	H	Vitaceae	Whole plant	Anorexia, Colic, Leprosy, Skin disease, Tumors, Eye disorders
29.	<i>Cleome viscosa</i> L.	Bana sorisa	H	Capparaceae	Leaves and seeds	Fever, Diarrhoea, Worm infestation, Dyspepsia, Cardiac disorders
30.	<i>Clerodendrum viscosum</i> Vent.	Sweta bhaunarmala	S	Verbenaceae	Root and leaves	Tumour, leprosy, Skin disease, Cough, Bronchitis
31.	<i>Clitoria ternatea</i> L.	Aparajita	C	Fabaceae	Roots, leaves and seeds	Ophthalmopathy tubercular glands, Helminthiasis, Elephantiasis, Otagia
32.	<i>Coccinea grandis</i> (L.) Voigt.	Kunduri	C	Cucurbitaceae	Leaf	Vomiting, Uterine discharges, Leprosy, Jaundice, Cough
33.	<i>Cocos nucifera</i> L.	Nadia	T	Arecaceae	Root, Fruit	Rheumatism, Back pain, Difficult pregnancy, Stomachache
34.	<i>Costus speciosus</i> (Koenig) Sm.	Kudha	H	Zingiberaceae	Rhizome	Erache, Bile disorders, Urinary disorders
35.	<i>Curcuma longa</i> L.	Haladi	H	Zingiberaceae	Rhizome	Hepatitis, Jaundice, Menstrual disorder, Duodenal ulcer
36.	<i>Cynodon dactylon</i> (L.) Pers.	duba	H	Poaceae	All parts	Conjunctivitis, Wounds, Leprosy, Skin disease
37.	<i>Cyperus rotundus</i> L. var. <i>rotundus</i> Kern.	Mutha	H	Cyperaceae	Tuber	Leprosy, Malaria fever, Diarrhoea, Wounds, Ulcers
38.	<i>Dalbergia sissoo</i> Roxb.	Sisso	T	Fabaceae	Roots, leaves, bark and heartwood	Gonorrhoea, Menorrhagia, Colic, Piles, Burning Sensation
39.	<i>Delonix regia</i> (Boj. Ex Hook) Raf.	Krushnachuda	T	Caesalpiniaceae	Stem wood, Bark, Leaves	Diabetes, Reduces blood sugar level, Anti inflammation
40.	<i>Dillenia indica</i> L.	Ou	T	Dilleniaceae	Fruit	Antidiabetic, Laxative
41.	<i>Dioscorea pentaphylla</i> L.	Banaalu	C	Dioscoreaceae	Tubers	Syphillis, Dysentery, Piles, Aphrodisic, Worm infestation
42.	<i>Eclipta prostrate</i> (L.) L.	Keshadura	H	Asteraceae	Root, Leaves	Promote hair growth, Leucorrhoea, Eruption, Graying of hair
43.	<i>Euphorbia hirta</i> L.			Euphorbiaceae	Aerial parts	Conjunctivitis, Cough, Asthma, Dysentery, Warts
44.	<i>Evolvulus alsinoides</i> (L.) L.	Bichhamalia	H	Convolvulaceae	Whole plant	Fever, Loss of memory, Nervous debility, Syphillis, Weakness
45.	<i>Ficus benghalensis</i> L.	Bara	T	Moraceae	Bark, aerial root, leaves, fruits and latex	Rheumatism, Acidity, Stomach disorders, Lumbago, Diarrhoea, Diabetes, Vomiting, Urinary disorders
46.	<i>Ficus hispida</i> L.f.	Dimiri	T	Moraceae	Fruit	Jaundice, Leukoderma, Piles, Wounds, Haemorrhoea
47.	<i>Ficus religiosa</i> L.	Usta	T	Moraceae	Leaves, seeds, bark, fruits, tender shoots and latex	Constipation, Ulcers, Wounds, skin and lungs disease, Asthma
48.	<i>Gmelina arborea</i> Roxb.	Gambari	T	Verbenaceae	Root, Leaves, fruit, and bark	Stomachache, Galactogouge, Laxative, Anthelmintic
49.	<i>Heliotropium indicum</i> L.	Hatisundha	H	Boraginaceae	Leaves	Ring worm, Rheumatism, Ulcer Wound, Gonorrhoea
50.	<i>Hemidesmus indicus</i> (L.) R.Br.	AantaMul	H	Asclepiadaceae	Roots, leaves, stem and latex	Rheumatism, Urinary trouble, Skin disease, Diabetes Dysurea
51.	<i>Ipomoea aquatica</i> Forssk.	kalamasaga	C	Convolvulaceae	Entire plant	Blood sugar lowering effect
52.	<i>Jatropha gossypifolia</i> Linn.	Nali baigaba	S	Euphorbiaceae	Leaves, bark, Seeds	Boils, carbuncles, Emetic Purgative
53.	<i>Justicia adhatoda</i> L.	Basanga	S	Acanthaceae	Leaf, Bark	Cough, Asthma, Bronchitis, Malarial fever
54.	<i>Lawsonia inermis</i> L.	Manjuati	S	Lythraceae	Leaves, Bark	Necrotic, Purgative, Astringent, Stimulant
55.	<i>Leucas aspera</i> (Willd.) Link	Gaisa	H	Lamiaceae	Leaves, Flower	Cattarah in children, Chronic skin infection, Dysmenorrhoea
56.	<i>Leucas cephalotes</i> (Roth.) Spreng.	Guma	H	Lamiaceae	Plant	Filariasis, Inflammation, Antioxidant, Liver ailment, Diabetes
57.	<i>Limonia acidissima</i> L.	Kaintha		Rutaceae	Whole Plant	Indigestion, Filaria, Asthma, Piles, Liver sore
58.	<i>Ludwigia prostrate</i> Roxb.	Latkera	Herb	Onagraceae	Plant	Dyspepsia, Dropsy, Cough, Cervical adenitis, Fever
59.	<i>Mallotus philippensis</i> (Lam.) Muell.	Sinduri	S	Euphorbiaceae	Stem, Leaves, Seed	Cough, Renal disorder, Ring worm, Herpes, Scabies, Wound ulcer

Sl. No	Plant name	Common name	Habit	Family	Plant parts used	Disease for which used
60.	<i>Mangifera indica</i> L.	Amba	T	Anacardiaceae	Leaves	Dysentery, Diabetes, Asthma
61.	<i>Marsilea minuta</i> L.	Sunsunia saga	C	Marsiliaceae	Entire plant	Diarrhoea, Cough Bronchitis, Leprosy
62.	<i>Melia azedarach</i> L.	Maha nimba	T	Meliaceae	All parts	Ascariasis, Vaginal infection, Trichomoniasis
63.	<i>Michelia champaca</i> L.	Champa	T	Magnoliaceae	Root, Leaves, bark, Flower, Seeds, Fruit	Brain disorder, Syphillis, Gonorrhoea, Dysmenorrhoea, Helminthiasis
64.	<i>Mimosa pudica</i> L.	Lajakuli	H	Mimosaceae	Root, Stem, Leaves, Flowers, Fruit	Syphillis, Stomach worm, Urinary infection, Leprosy, Insomnia
65.	<i>Mirabilis jalapa</i> L.	Rangini	H	Nyctaginaceae	Root, Leaves	Diuretic, Purgative, Wound healing
66.	<i>Momordica charantia</i> L.	Kalara	C	Cucurbitaceae	Leaves	Diabetes, Hypertension, Dysentery, Malignant ulcer, Leprosy
67.	<i>Moringa oleifera</i> Lam.	Sajana	T	Moringaceae	Root and leaves	Rheumatism, Cardiac problem, Scurvey, Circulatory, Stimulant
68.	<i>Nelumbo nucifera</i> Gaertn.	Padma	H	Nymphaeaceae	Rhizome	Neuroasthenia, Spermatorrhoea, Metrorrhoea, Liver diseases
69.	<i>Neolamarckia cadamba</i> (Roxb.) Bosser.	Kadamba	T	Rubiaceae	Leaves, bark	Wounds and bruises, Rheumatic Headache, Liver diseases
70.	<i>Nerium oleander</i> L.	Karabira	T	Apocynaceae	Leaves, Root	Ophthalmia, Ring worm, Scabies, Copious Lacrimation, Leprosy
71.	<i>Nyctanthes arbor-tristis</i> L.	Gangasiuli	T	Oleaceae	Leaves, flowers and seeds	Bile fever, Malarial fever, Cold, Cough, Rheumatism
72.	<i>Nymphaea nouchali</i> Burm.f.	Nali Kain	H	Nymphaeaceae	Rhizome, Tuber	Diarrhoea, Dermatopathy, Cardiac disorders
73.	<i>Ocimum basilicum</i> L.	Kapur Kranti	H	Lamiaceae	Whole plant	Cold, Cough, Fever, Ring worm, Cancer, Stress, Asthma, Diabetes
74.	<i>Ocimum gratissimum</i> L.	Rama tulasi	S	Lamiaceae	Whole plant	Headache, Sun stroke, Influenza
75.	<i>Ocimum sanctum</i> L.	Tulasi	H	Lamiaceae	Whole plant	Asthma, Vomiting, Hiccup, Lumbago, Verminosis
76.	<i>Paederia foetida</i> L.	Pasaruni	H	Rubiaceae	Fresh leaves	Rheumatism, Bacillary dysentery, Dysuria, Gastritis, Dyspepsia
77.	<i>Phoenix sylvestris</i> (L.) Roxb.	Khajuri	T	Arecaceae	Root, Fruit, Heart wood	Burning sensation, Fever, Cardiac debility, Gastropathy
78.	<i>Phyllanthus acidus</i> (L.) Skeels.	Narakoli	T	Euphorbiaceae	Root, Leaves, Seed	Poultice, Lumbago, Rheumatism, Purgative
79.	<i>Phyllanthus emblica</i> L.	Amla	T	Euphorbiaceae	Root bark, bark, leaves and fruits	Eye diseases, Indigestion, Piles, Diabetes, Polyuria, Dental carries
80.	<i>Phyllanthus fraternus</i> Webster	Bhuin aenla	H	Euphorbiaceae	Root, Stem, Leaves	Viral hepatitis, Oedema, Dysentery
81.	<i>Phyllanthus reticulatus</i> Poir.	Jajanga	S	Euphorbiaceae	Whole plant	Stomach disorder in cows, Burn, Skin infection, Obesity, Gastropathy
82.	<i>Phyllanthus niruri</i> L.	Bhuiamla	H	Euphorbiaceae	Root, Stem, Leaves	Jaundice, Dysentery, Stomachic
83.	<i>Phyllanthus virgatus</i> Forst. f.	Bhui aenla	H	Euphorbiaceae	Fruit	Diarrhoea, Dysentery, Gastropathy, Scabies, Ulcers
84.	<i>Piper longum</i> L.	Pipali	H	Piperaceae	Root, Fruit	Gynaec problems, Diarrhoea, Indigestion, Jaundice, Asthma, Fever, Cough, Sinusitis
85.	<i>Plumeria rubra</i> L.	Katha champa	T	Apocynaceae	Whole plant	Cough, Constipation, Acute enteritis, Dysentery, Haemophilia
86.	<i>Pongamia pinnata</i> (L.) Pierre.	Karanjo	T	Fabaceae	Root, Bark, Leaves, Seed	Anthelmintic, Earache, Whooping cough, Hydrocele, piles
87.	<i>Psidium guajava</i> L.	Pijuli	T	Myrtaceae	Root, Bark, Leaves, Fruit	Diarrhoea, Dysentery, Cough, Stomachache, Bleeding gum, Constipation
88.	<i>Quisqualis indica</i> L.	Madhumalati	C	Combretaceae	Root, Leaves, Seed	Diarrhoea, Liver, Anthelmintic
89.	<i>Rauwolfia serpentina</i> (L.) Benth.ex. Kurz.	Patala garuda	H	Aapocynaceae	Root	Snakebite, High B.P., Scorpion sting
90.	<i>Ricinus communis</i> L.	Jadda	H	Euphorbiaceae	Seeds and leaves	Skin diseases, Inflammation, Constipation
91.	<i>Saccharum officinarum</i> L.	Akau	H	Poaceae	Stem, Root	Sore eyes and throat
92.	<i>Santalum album</i> L.	Chandana	T	Santalaceae	Heart wood	Skin disease, Jaundice, Cough, Gastric irritability, Menorrhoea, Leucorrhoea, General debility
93.	<i>Saraca asoca</i> (Roxb.) de wilde	Oshoka	T	Caesalpiniaceae	Bark, Flower	menorrhagia, leucorrhoea, bleeding hemorrhoids, dysfunctional uterine bleeding
94.	<i>Semecarpus anacardium</i> L.f.	Nut tree	T	Anacardiaceae	Fruit, Seed	Leprosy, Nervous debility, Rheumatism, Epilepsy, Psoriasis, Diabetes, Tumours
95.	<i>Sesamum orientale</i> L.	Rasi	H	Pedaliaceae	Leaves, Seed	Ophthalmic and Cutaneous complaints

Sl. No	Plant name	Common name	Habit	Family	Plant parts used	Disease for which used
96.	<i>Sida acuta</i> Burm.f.	Bajarmuli	H	Malvaceae	Root and leaves	Diabetes, Toothache, Ulcer, Piles
97.	<i>Sida cordifolia</i> L.	Bisiripi	H	Malvaceae	Root, Leaves, Bark, seeds	Urinary troubles, Sciatica, Dysentery, Facial paralysis
98.	<i>Streblus asper</i> Lour.	Sahada	T	Moraceae	Root, bark, latex, leaves	Ulcers, Sinusitis, Elephantiasis, Sore heals, Boils, Haemorrhoids, Syphillis
99.	<i>Strychnos nux-vomica</i> L.	Kochila	T	Loganiaceae	Bark, leaves and seeds	Cholera, Asthma, Anaemia, Malarial Fever, Paralysis, Stomachache
100.	<i>Syzygium cumini</i> (L.) Skeels.	Jamukoli	T	Myrtaceae	Leaves, Bark, Fruit, Seed	Diabetes, Diarrhoea, Leucorrhoea, Oedema
101.	<i>Tamarindus indica</i> L.	Tentuli	T	Caesalpiniaceae	Fruit	Hyper-acidity, Leucorrhoea, Oedema
102.	<i>Tectona grandis</i> L.f.	Saguan	T	Verbenaceae	Whole plant	Arthritis, Leukoderma, Leprosy, Dysentery, Piles, Eczema, Ring worm
103.	<i>Tephrosia purpurea</i> (L.) Pers.	Soroponkha	H	Fabaceae	Root, Leaves	Dysmenorrhoea, Chronic fever, Anaemia, Gingivitis, Pimples, Elephantiasis, Boils
104.	<i>Terminalia arjuna</i> (Roxb. ex DC.) Wight	Arjuna	T	Combretaceae	Bark	Heat disease, Diarrhoea, Cough, Diabetes, Leucorrhoea
105.	<i>Terminalia bellirica</i> (Gaertn.) Roxb.	Bahada	T	Combretaceae	Seed	Anaemia, Leukodermia, Constipation, Dyspepsia, Greyness of hair
106.	<i>Tinospora cordifolia</i> (Willd.) Hook.f.	Guluchi lata	C	Menispermaceae	Whole plant	Flatulence, Stomachalgia, Chronic fever, Jaundice, Seminal weakness, Diabetes
107.	<i>Tridax procumbens</i> L.	Bisalya karani	H	Asteraceae	Aerial parts	Gonorrhoea, Gleet, Rheumatoid arthritis, Skin disease
108.	<i>Vetiveria zizanioides</i> (L.) Nash.	Bena	H	Poaceae	Root	Burning sensation, Ulcers, Vomiting, Cough, Asthma, Gout, Lumbago
109.	<i>Vitex negundo</i> L.	Begunia	S	Verbenaceae	Root, Leaves	Rheumatism, Dyspepsia, Catarrh, Headache, Piles
110.	<i>Zingiber officinale</i> Rosc.	Adda	H	Zingiberaceae	Rhizome	Cough, Cold, Flatulence, Colic Hiccup, Anorxia, Piles, Dysuria, Vomitting.
111.	<i>Ziziphus mauritiana</i> Lam.	barakoli	S	Rhamnaceae	Root, Bark, Leaves, Fruits	Swelling of bone, Chest trouble, Vomitting, Diarrhoea, Abdominal pain

H= Herb, S= Shrub T= Tree C= Climber

Table 2: List of division-wise distribution of Medicinal plants present in RIE Campus

Plant group	No. of Families	No. of Genera	No. of Species
Dicotyledons	45	104	101
Monocotyledons	08	07	08

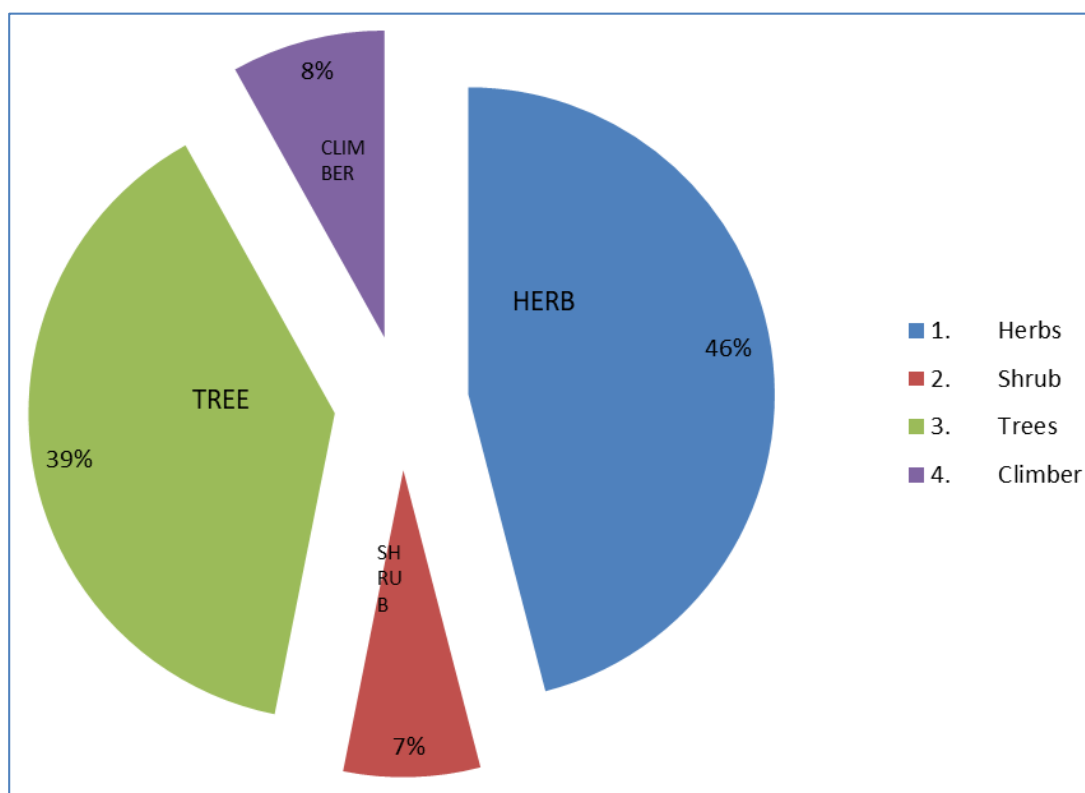


Fig 2: Diversity of plant species by habitat

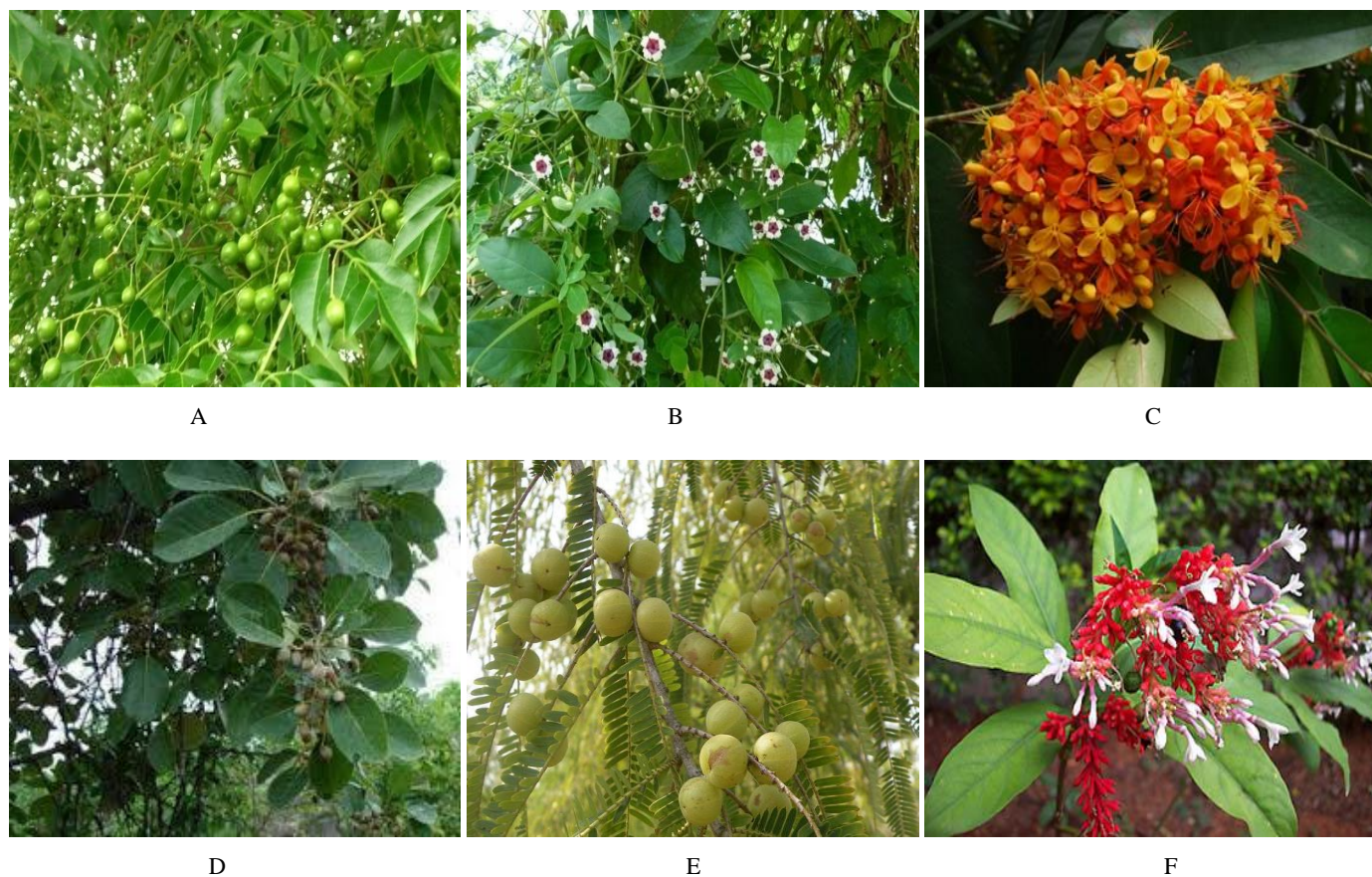


Fig 3(A): Flowers and fruits of *Melia azedarach* L., (B) Flowers of *Paederia foetida* L. (C) Flowers and leaves of *Saraca asoca* (Roxb.) de wilde, (D) Fruits of *Terminalia bellirica* (Gaertn.) Roxb., (E) Fruits of *Phyllanthus emblica* L., (F) Flowers of *Rauwolfia serpentine* (L.) Benth.ex. Kurz.



Fig 3(B): Preparation of Herbarium sheets

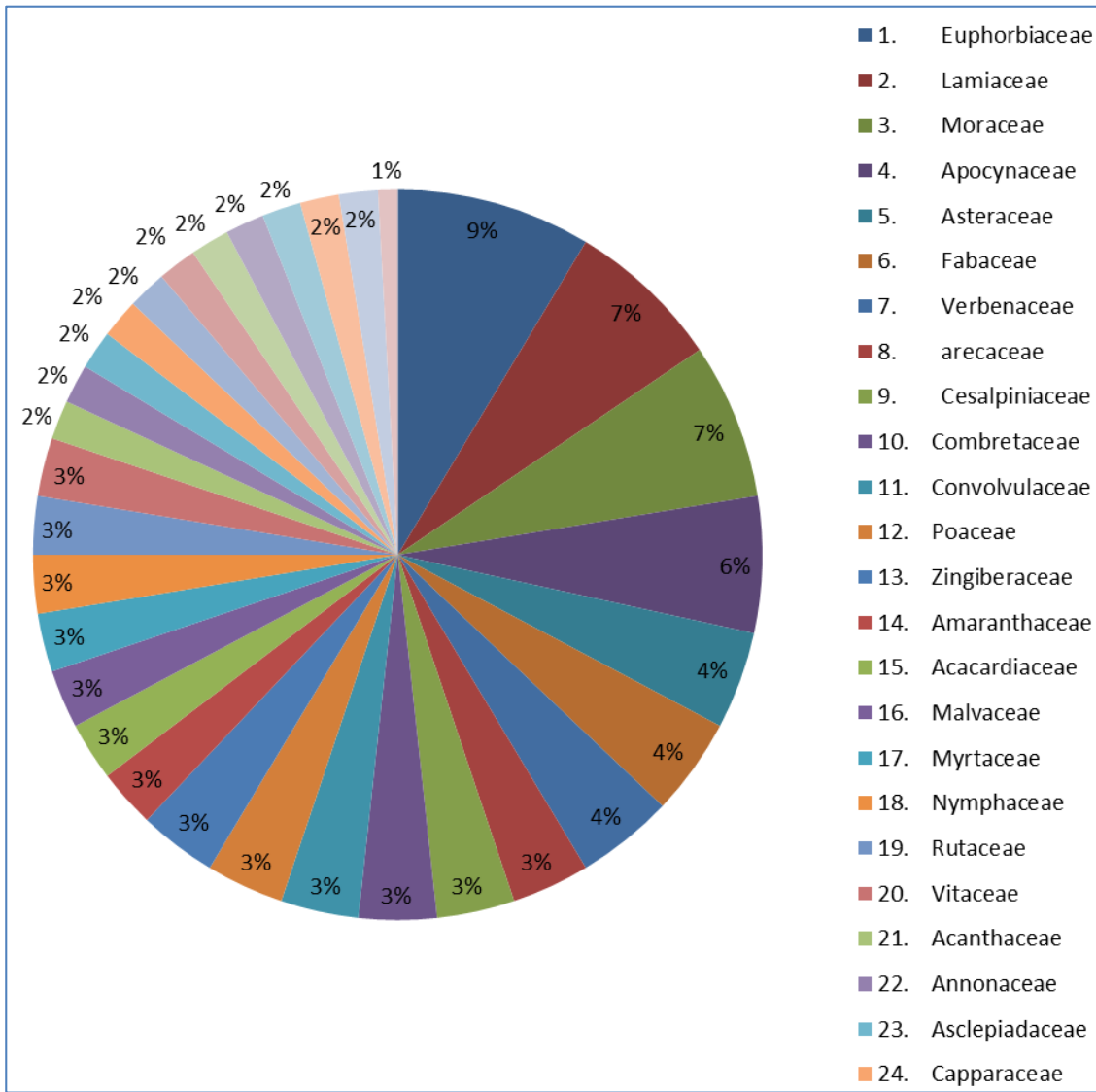


Fig 4: Family-wise distribution of medicinal plant species (in %) recorded in RIE Campus, Bhubaneswar

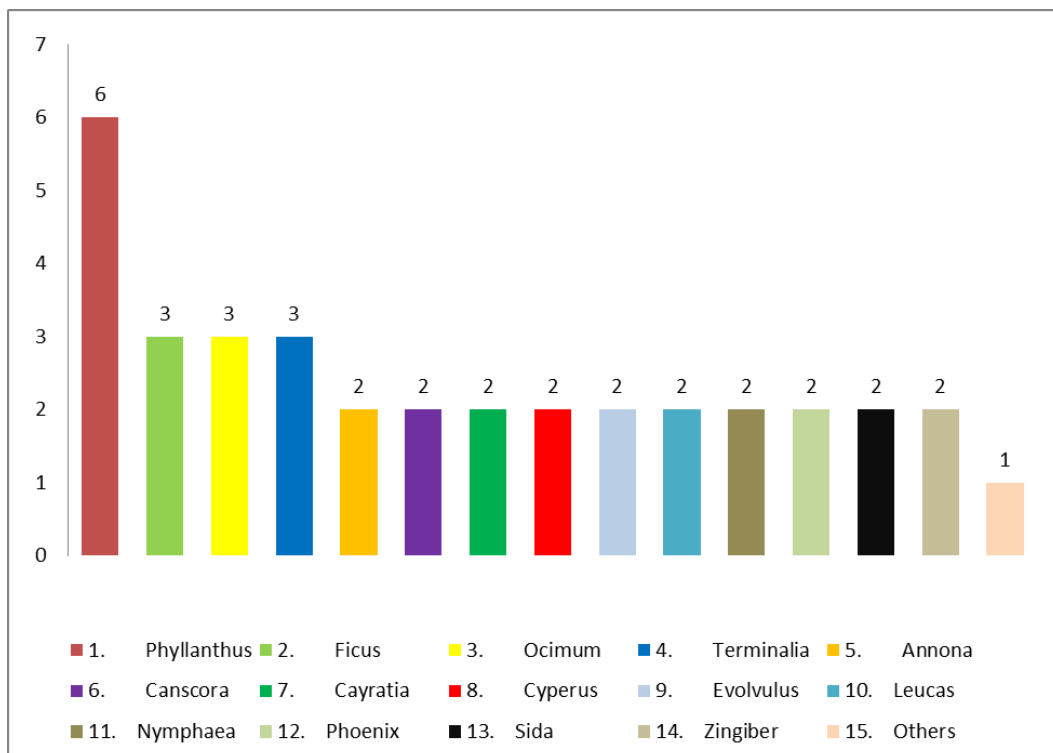


Fig 5: Genus-wise Distribution of Medicinal Plants recorded in RIE Campus, Bhubaneswar

Discussion

The Floristic composition shows that the vegetation of Medicinal plants includes as many as 51 herbs, 8 shrubs, 43 Trees, and 9 climbers. The plant parts used and disease for which used were recorded in Table-1 and compared with the research work published by Satapathy, K.B. (2015) ^[6] for Jajpur district of Odisha. In 2011, 72 medicinal plants had been identified in the RIE campus by previous workers (Kumar S. *et al.*, 2011) ^[7]. Euphorbiaceae (10) followed by Lamiaceae (5) was the most dominant families among economically important plant species recorded (Fig.4).

Genera wise *Phyllanthus* followed by *Ficus*, *Ocimum*, *Terminalia* were the dominant genera in the present study (Fig.5). From the study area, 4 plants species were found to be vulnerable, Endangered and critically endangered. Table-3 highlights these species along with their Botanical name, family, local name and IUCN status. It is critical to conserve these medicinal plants locally if not globally. This may be through in-situ or ex-situ conservation methods for preserving the biodiversity of the state of Odisha. In suit conservation method should be implemented to conserve the medicinal plant resources in their natural habitat.

Table 3: List of Endangered, Vulnerable Medicinal species recorded in RIE Campus.

Sl. No.	Botanical Name	Common Name	Family	IUCN Status
1.	<i>Paederia foetida</i> L.	Pasaruni	Rubiaceae	Endangered
2.	<i>Piper longum</i> L.	Pipali	Piperaceae	Endangered
3.	<i>Rauwolfia serpentina</i> (L.) Benth. Ex Kurz.	Patala garuda	Apocynaceae	Critically Endangered
4.	<i>Saraca asoca</i> (Roxb.) de Wilde	Oshoka	Caesalpiniaceae	Vulnerable

Conclusion

Urbanization has increased tremendously over the last 60 years around the world, with the result that more than 50 percent of the world population now live in cities. Increasing urbanization has serious consequences for the environment, as it fragments and changes natural habitats and alters environmental conditions. Therefore, there is a need for more exploration and awareness of research with the aim of conserving urban floras. The use of local floras as primary medical resources and traditional practices of plant-based medico-foods are still alive in the modern urban areas such as smart city (Bhubaneswar) of the State of Odisha, India. The present study illustrates to what extent urban communities may depend on various plants to meet their needs and to cure various diseases and disorders by means of traditional medicines. Regional Institute of Education (NCERT), Bhubaneswar, Odisha, highlights the uses of these plants by the local inhabitants for healthcare and the students of the institute for the study of Ethnobotany, Medicinal importance and conservation. Appropriate conservation planning is therefore required to conserve these useful floras and to maintain biodiversity in this urban area, which underpins traditional knowledge.

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