

Coriander!
Herb of the Year

Desert Blush Coriander

Mushroom Herb



Maximilian Sunflower

2017 Herb & VEGETABLE CATALOGUE

Sunset Hibiscus

Hojiso Perilla

LOOK INSIDE!

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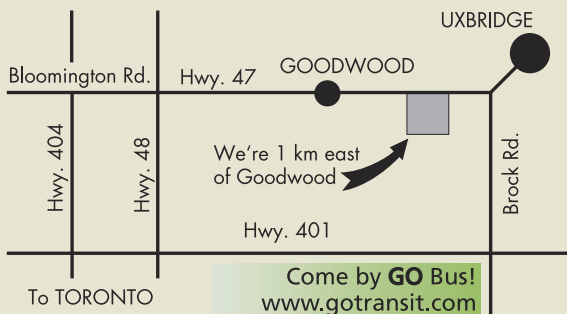
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Events

Join us for free seminars at Richters!

FEB 26 THE MODERN HERBAL HOME HEALER With Registered Herbalist Marianne Beacon of Elderberry Herbs. If you are unsure about using herbs for healing, maybe because information is often confusing and contradictory, herbalist Marianne Beacon will show you how to confidently use herbs safely and effectively to keep your family healthy. 2-3pm



MAR 5 OH SO HEALING SALVES With Barbara Allen, Chemistry Professor and Kitchen Magician. Salves, ointments and balms help soothe scrapes, burns, itches, stings, bruises, etc. Starting with simple, natural ingredients, Barbara Allen will show how to make healing salves for dry chapped skin, callused hands and feet, and much more. 2-3pm



MAR 12 HEALING HERBS FOR OUR BOVINE AND EQUINE FRIENDS With Dr. Michelle Landry, Founder of Holland Street Veterinary Services. Using plants to heal sick farm animals goes back a long time in veterinary medicine. Dr. Landry will provide an overview of important herbs for animals and how to use them to keep our farm friends healthy. 2-3pm



MAR 19 HERBAL ADAPTOGENS FOR OUR STRESS FILLED LIVES With John Redden, Medical Herbalist and Founder of Viriditas Herbal Products. Herbal adaptogens have been used since ancient times as tonics or energizers. But now there is more focus on using them for stress, fatigue and food cravings. Herbalist John Redden will discuss how these herbs rejuvenate our adrenal glands, feed our endocrine system, and reduce our cravings for carbs and stimulants. 2-3pm



MAR 26 SURRENDER TO SUCCULENTS With Paul Zammit, Nancy Eaton Director of Horticulture, Toronto Botanical Garden. Succulents are extremely easy to care for, and are so very appealing. They come in just about every colour, size, shape and texture. Paul Zammit will share his tips on how to grow and creatively use succulents in your garden and in containers. 2-3pm



APR 2 FORAGING WILD FOODS FOR A FABULOUS FEAST With Karen Stephenson, Master Naturalist and Wild Food Educator. One person's weed is another person's delicacy. Some of the most nutritious foods our planet has to offer are often dismissed as weeds. Wild food expert Karen Stephenson reveals how to use these plants as foods you never thought could taste so amazing. 2-3pm



APR 9 TASTY HERBS AND EDIBLE FLOWERS FOR SMALL SPACES With Sara Katz, Garden Designer and Owner of Wild at Heart Design. On terra firma or high in the sky in a penthouse apartment, everyone can have a colourful planter or two of tasty herbs and edible flowers. Sara Katz will show how to choose the right container, prepare the soil, and plant herbs in the smallest of spaces. 2-3pm



Visit YouTube for previous recorded seminars!



youtube.com/richtersherbs

APR 23 MIXOLOGY, CRAFTING HERBAL COCKTAILS & MOCKTAILS With Laura Gilmour of Wild Muskoka Botanicals. Mixology expert Laura Gilmour will show how to mix fun drinks using herbs, spices, and easy to find wild ingredients. Learn to make unique syrups, infusions, and bitters to add to cocktails and mocktails. Get lots of creative tips for your next party! 2-3pm



HERB DAY AT RICHTERS

Celebrating Coriander Herb of the Year for 2017



APR 30 CILANTRO SECRETS REVEALED! With Sonia Day, Author, Gardener and Painter. Cultivated since the Hanging Gardens of Babylon, coriander or cilantro is essential in Mexican, Indian, Middle Eastern and Southeast Asian food. Sonia Day, once a confirmed "hater" of cilantro, now finds this herb indispensable in her kitchen, and she enthusiastically shares her tips on how to grow, harvest, and use it. 2-3pm



SEP 10 GPS THE ROAD TO DIGESTIVE HEALTH With Katalin Brown, Certified Nutritional Therapy Practitioner and Certified GAPS Practitioner. Growing up on Hungarian homemade soups, stews and broths made with fermented meats and vegetables, Katalin Brown has lived the "real food" movement from birth. For her, the digestive system is the river of life, and eating the right foods is the key to keeping it healthy. 2-3pm



SEP 17 HARVEST AND PRESERVE YOUR HERBAL BOUNTY FOR THE WINTER With Koidu Sulev, Richters Herbs. As fall approaches it is the time to save the luscious herbs in the garden for future use. Herb expert Koidu Sulev will discuss how to harvest, dry, and properly store herbs, and will demonstrate various techniques from hanging and drying herbs to freezing them. 2-3pm



SEP 24 HERBS OF QUIET POWER With Sarah Feiner, Registered Massage Therapist and Clinical Aromatherapist. Understanding the subtle messages spoken by plants deepens our connections with the earth. Sarah brings the spiritual teachings of the plants into practical everyday use, and shows how plant energetics and aromatherapy can improve our physical and emotional well-being. 2-3pm



OCT 1 USING AND UNDERSTANDING ESSENTIAL & INFUSED OILS With Dr. Jennifer Corey, ND, and Registered Massage Therapist. Many of us lead busy, stressful lives, and have children or elders that need help to calm their minds. Essential oils can help cope with everyday stresses. Learn about the many essential oils and how to apply them for relaxation, mood, concentration and sleep. 2-3pm



OCT 15 BEAT THE BLAHS AND GROW HERBS INDOORS IN WINTER With Koidu Sulev of Richters Herbs. Create a lush herb garden indoors for fresh herbs all winter. You will learn which herbs to bring in from your garden, how to repot them, and how to acclimatize them to survive the winter indoors. 2-3pm



Searching the World for Herbs

For nearly 50 years we have been finding new and interesting herbs to grow and use. Lately we have been traveling to Africa, the cradle of human evolution, where a vast wealth of herbs remains largely unknown to the West. We have found herbs for migraine, anxiety, infertility, fever, weak vision, sexual dysfunction, and more. Some of these discoveries are already available in these pages. Look for more to come in the next few years!



Traditional herbalist, Ajo Ajima, of Ghana.



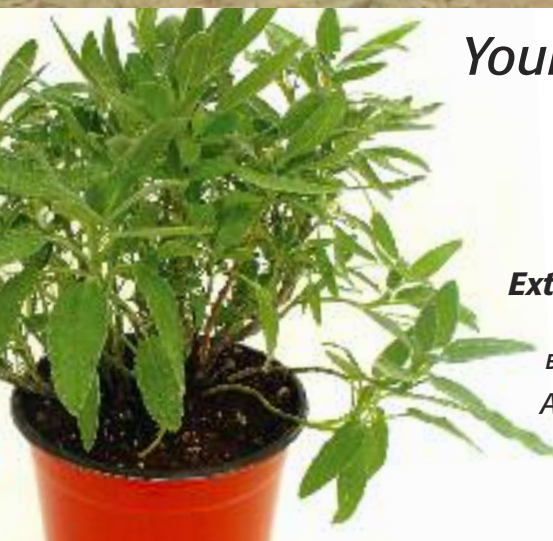
Kagayima, used for painful constipation.



Aku Dunyo Richter, learning about *nyimor*, an African herb used for fever.



Conrad Richter, president of Richters, chopping roots of *dekgable* used for sexual dysfunction.



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Herbs

Seeds, Plants, and Plug Packs

ACONITE

Aconitum napellus

P Z2-9 S M

(Monkshood; Wolfsbane) Striking bright blue flower spikes. Recognized as a poison since antiquity, especially to poison arrows. Contains aconitine, a useful sedative for many conditions. Not to be used without medical supervision.

S1010 Seeds: Pkt/\$5.25, 1g/\$9, 10g/\$60

P1010 Plants (Mar-June shipment): \$6.50, 3+/\$4.90

ADONIS

Adonis aestivalis

A S F E

According to Greek legends, this flower sprang from the blood of Adonis. Formerly used as a cardiac stimulant like digitalis but is much stronger. Brilliant crimson and black flowers in June-July.

S1011 Seeds: Pkt/\$2.50, 100g/\$20



Apricot Sprite
Agastache

AGASTACHE, APRICOT SPRITE

Agastache aurantiaca 'Apricot Sprite' P Z7-10 S E

"A staggering display of apricot spikes... erupting like flames," is how the breeder describes it. Indeed, this is one very impressive herb from England, excellent for flower beds, borders and containers. It is compact, reaching a height of only 45cm/18", and very quick growing, flowering in its first year from June on. A fine aromatic herb suitable for tea and beverages.

S1011-200 Seeds: Pkt/\$3.75, 1g/\$50, 10g/\$360

AGRIMONY

Agrimonia eupatoria

P Z5-9 F M

(Stickwort) Tea has great reputation as a wash for healing wounds and skin eruptions. Internally, tea is useful for liver, kidney and bladder problems. Produces yellow, gold and green dyes.

S1012 Seeds: Pkt/\$3.25, 10g/\$8, 100g/\$60

AJOWAN

Trachyspermum ammi

A S E

An important commercial spice crop in India where the pungent, aromatic seeds are in great demand in curries, pickles, confectionery and beverages. Used medicinally for sore throat, bronchitis and cough. Grows like cumin or dill; do not disturb roots when transplanting. Ht. 30-100cm/1-3ft.

S1016 Seeds: Pkt/\$3.25, 100g/\$27

ALFALFA

Medicago sativa

P Z4-8 S F E

Well known fodder plant. Infusion with mint is an excellent nutritious tea for daily use; rich in easily assimilated vitamins, minerals and trace elements. Alfalfa sprouts are popular in sandwiches and salads.

S1020-001 Seeds: Pkt/\$2.50, 100g/\$8, 1kg/\$35, 10kg/\$260

ALKANET

Anchusa officinalis

B Z4-9 S F E

(Bugloss) Root decoction has blood cleansing action. Once used to treat rabies. Also used as a diuretic and to induce perspiration.

S1040 Seeds (Not to OR): Pkt/\$3.25, 10g/\$38, 100g/\$275

ALLHEAL

Prunella vulgaris

P Z4-9 S F E

(Selfheal; Woundwort) As name suggests, infusion is effective medicine for most internal and external wounds due to its astringent action. Also as a gargle for sore throat.

S1100 Seeds: Pkt/\$2.50, 10g/\$11, 100g/\$85

S1100-001 Seeds: Pkt/\$3.25

P1100 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10



Aloe Vera

ALOE VERA

Aloe vera

P Z10-11+

The famous healing plant. Fresh leaves can be split and gel applied to treat minor burns, sunburn, wrinkles, insect bites, minor cuts, scratches, and skin irritations. The juice is also used internally for ulcers. Grow indoors in good light.

P1121 Plants: \$4.50

ANDROGRAPHIS

Andrographis paniculata

A S E

(Kalmegh) In Scandinavia this is the main herb used to fight the common cold, flu, and upper respiratory infections. Clinical trials have shown that this herb really works. Like echinacea, it works by boosting the immune system. It has adaptogen-like properties, it has anticancer activity, it is a bitter tonic, and it is an antioxidant that has been shown to protect the liver. Easy to grow.

S1127 Seeds: Pkt/\$3.25, 10g/\$7, 100g/\$30, 1kg/\$210



Angelica

ANGELICA

Angelica archangelica

P Z4-9 S F M

Best known for candied stems, having flavour similar to licorice. Leaves, fresh or dried, make a pleasing tisane, resembling China tea. Lives only 2-3 years if flowerheads are not removed early.

S1130 Seeds: Pkt/\$3.25, 10g/\$11, 100g/\$55

P1130 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10



**Frosty Pink
Angel's Trumpet**

Angels Trumpet

(*Brugmansia, Datura*)

Beautiful hallucinogenic plants with a history of ritual use for divination, prophecy and sorcery. They are also used externally in the form of poultices or ointments for the treatment of aches, pains, arthritis, and rheumatism. All parts of the plant are poisonous if ingested. Angels trumpets are popular in containers for the patio, balcony or deck.

BLACKCURRANT SWIRL

Datura metel 'Blackcurrant Swirl' P Z9-11+ S X E
(Thornapple; Devils Trumpet) Beautiful double upright trumpet-like flowers are purple and white. Ht. 120cm/4ft.

S1135-100 Seeds: Pkt/\$7, 1g/\$14, 10g/\$100

DOUBLE GOLDEN QUEEN

Datura metel 'Double Golden Queen' P Z9-11+ S X E
(Thornapple; Devils Trumpet) Beautiful double orange-yellow upright trumpet-like flowers. Ht. 120cm/4ft.

S1135-200 Seeds: Pkt/\$7, 1g/\$26, 10g/\$195

DOUBLE WHITE LADY

Datura metel 'Double White Lady' P Z9-11+ S X E
Large double white trumpet-like flowers are fragrant at night. Ht. 100cm/3ft.

S1135-205 Seeds: Pkt/\$7, 1g/\$35, 10g/\$245

FROSTY PINK

Brugmansia suaveolens 'Frosty Pink' P Z9-11+ S X E
Large pink-soaked trumpet-like flowers are fragrant at night. Ht. 150cm/5ft.

S1135-250 Seeds: Pkt/\$7, 1g/\$40, 10g/\$285

WHITE

Brugmansia suaveolens 'White' P Z9-11+ S X E
Large single white trumpet-like flowers are fragrant at night. Ht. 150cm/5ft.

S1135-900 Seeds: Pkt/\$7, 1g/\$18, 10g/\$135

YELLOW

Brugmansia suaveolens 'Yellow' P Z9-11+ S X E
Large single yellow trumpet-like flowers are fragrant at night. Ht. 150cm/5ft.

S1135-950 Seeds: Pkt/\$7, 1g/\$45, 10g/\$320

ANISE

Pimpinella anisum

Best known for flavouring liqueurs such as anisette. Seeds are used in baked and confectionary goods. Fresh chopped leaves are appealing in soups, stews, sauces and salads. Aids digestion and eases cough.

S1140 Seeds: Pkt/\$2, 100g/\$20, 1kg/\$130



Anise-Hyssop

ANISE-HYSSOP

Agastache foeniculum

P Z4-9 S F E

Attractive honey plant; produces abundant nectar which yields a light fragrant honey. Strongly anise-scented; delightful for tea or as culinary seasoning. Showy purple flowers.

S1145-001 Seeds: Pkt/\$3.25, 1g/\$7, 10g/\$26, 100g/\$185

S1145 Seeds: Pkt/\$2.50, 10g/\$21, 100g/\$160

P1145 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10, Plug pack: 12/\$15

ANISE-HYSSOP, SNOW SPIKE

Agastache foeniculum 'Snow Spike'

P Z6-9 S F E

Showy white version of the anise-scented tea and honey herb. Ht. 1m/40".

S1145-900 Seeds: Pkt/\$3.75

ANNATTO

Bixa orellana

P Z11+ X E

Seeds are source of natural bright-yellow food colouring, used in butter, margarine, cheese and other foods. Used by South American Indians to paint their bodies red. Easy to grow shrub or small tree; nice compact bushy habit.

S1128 Seeds: Pkt/\$3.25, 100g/\$15, 1kg/\$95

ARNICA, AMERICAN

Arnica chamissonis

P Z5-8 S F E

The Vienna Pharmacognostic Institute found that this plant has the same medicinal action as the European variety, *Arnica montana*. Easier to grow.

P1149 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70

ARNICA, EUROPEAN

Arnica montana

P Z6-9 S F M

Famous Swiss herb used externally for bruises, burns and inflammations. Grows best in acid soil.

S1150 Seeds: Pkt/\$3.75, 1g/\$16, 10g/\$110, 100g/\$770

P1150 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70



Ashwagandha

ASHWAGANDHA

Withania somnifera

A S M

Highly regarded Ayurvedic (Indian) medicine herb sometimes called "Indian ginseng." It is the primary strengthening tonic in Ayurveda; used for everything from general weakness, rheumatism, insomnia, infertility, impotence and "weakness of the mind."

S1210 Seeds: Pkt/\$2.50, 100g/\$21, 1kg/\$135

P1210 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70



New England Aster

ASTER, NEW ENGLAND +

Symphotrichum novae-angliae P Z4-9 S F E
 Native people have used the roots of this plant for fever, catarrh and pain. The Iroquois used it as a 'love medicine' and as a 'smudging' herb to revive the unconscious. This showy North American native displays its deep violet flowers in the fall.
S1220 Seeds: Pkt/\$3.25, 10g/\$27, 100g/\$205

ASTRAGALUS +

Astragalus membranaceus P Z5-8 S F E
 (Chinese milkvetch; Huang qi) One of the most important Chinese medicinal herbs, especially for its immune enhancing properties. Tonifies the spleen, especially in cases of fatigue. Boosts and tonifies *chi*. Cardiotoxic; lowers blood pressure and blood sugar; improves circulation. Beneficial effect on kidneys, liver, and endocrine system.
S3991 Seeds: Pkt/\$3.25, 10g/\$12, 100g/\$70, 1kg/\$485

AVENS +

Geum urbanum P Z5-9 S F E
 (Herb bennet) Infusion is used to treat diarrhea and indigestion. Also as an external application to wounds. Formerly used to add unique flavour to ale.
S1230 Seeds: Pkt/\$3.25, 10g/\$12, 100g/\$75



Aztec Sweet Herb

AZTEC SWEET HERB +

Phyla dulcis P Z11-11+
 Mexican herb used since at least the time of the Aztecs for coughs, colds, bronchitis, asthma, and colic. Leaves contain the intensely sweet compound hernandulcin, but high camphor content makes them unsuitable as a sugar substitute. Low creeper, with small white flowers; excellent in hanging baskets.
P1232 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70, **Plug pack:** 12/\$15

BABY'S BREATH, MANCHURIAN +

Gypsophila oldhamiana P Z4-9 S F E
 (Yin-chai-hu) Attractive light pink sprays of flowers. Root is used in Chinese medicine for jaundice, lung disease, rheumatism and typhoid fever. Used in cases of yin deficiency, especially in cases involving chronic low grade fever.
P1235-500 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70



Bacopa

BACOPA +

Bacopa monniera A
Improves mental clarity and memory! (Brahmi; Thyme-leaved gratiola) The true medicinal bacopa, not to be confused with the ornamental bacopa (*Sutera*) commonly used in hanging baskets. The whole plant is medicinal: a nerve and cardiac tonic with a tranquilizing action similar to resperine. In India it is used for the treatment of debility, nervous breakdown, epilepsy, hysteria, and insanity. Easy to grow in pots or outdoors as a summer annual.
P1235-600 Plants: \$6.50, 3+/\$4.90, 12+/\$3.90, **Plug pack:** 12/\$15

BAI ZHI +

Angelica dahurica P Z5-8 S F M
 Root used in Chinese medicine to treat toothache and headache and externally for mastitis and infected wounds. Has antipyretic, analgesic and antibacterial action.
S1236 Seeds: Pkt/\$3.75, 10g/\$7, 100g/\$60
S1236-001 Seeds: Pkt/\$5.25

BALLOON FLOWER +

Platycodon grandiflorus P Z4-9 S F E
 Interesting profuse blue flowers resemble balloons just before opening. Important herb of the Orient: cough remedy is prepared from the roots; wholesome young foliage added to salads.
S1237 Seeds: Pkt/\$3.25, 10g/\$7, 100g/\$50, 1kg/\$340
S1237-001 Seeds: Pkt/\$3.75
P1237 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70

Lemon Balm



Balm

(*Melissa*)

LEMON BALM +

Melissa officinalis P Z5-9 S F X E
 Standard variety.
S1240 Seeds: Pkt/\$2, 10g/\$12, 100g/\$85, 1kg/\$625
S1240-001 Seeds: Pkt/\$3.25, 10g/\$13, 100g/\$100, 1kg/\$730
P1240 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10, **Plug pack:** 12/\$15

CITRONELLA BALM +

Melissa officinalis 'Citronella' P Z5-9 S F X E
 Most fragrant variety available. Has double the oil content of other varieties, up to 0.4%. Suited for home gardens and for commercial pot plant and field production. Uniform, compact, erect form, 25-30cm/10-12in high with medium-large to large leaves. Mildew resistant.
S1240-200 Seeds: Pkt/\$2.25, 10g/\$10, 100g/\$60

GOLD LEAF BALM

Melissa officinalis 'Gold Leaf'

P Z5-9



A much-loved lemon-scented herb gets a makeover with beautiful gold-infused leaves! The gold is most pronounced in spring and fades to green in summer. Like regular lemon balm, the fresh leaves give a burst of lemon when they are squeezed. Used the same ways: for tea, salads, soups, etc. Ht. 40cm/15in.

S1240-250 Seeds: Pkt/\$3.75

LIME BALM

Melissa officinalis 'Lime'



Very similar to lemon balm in appearance and growth but the scent is closer to lime. A new twist! Uses for tea and medicine are much the same.

P1240-900 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70

BALSAM

Impatiens balsamina



(Tou gu) Familiar garden annual. A medicinal herb in China where it is used to clear obstructions in the throat. Flowers mixed with alum are used to paint fingernails. Double and semi-double flowers in a wide colour range.

S1248 Seeds: Pkt/\$2, 10g/\$7, 100g/\$45

Basil

(*Ocimum*)

In recent years many varieties of basil have been plagued by a disease called downy mildew. It causes discoloration and decline of basil, and eventual death. It first appeared in the U.S. in 2007 and in Canada in 2011. There are no effective organic treatments for it. So far only the new Eleonora variety has shown partial resistance to it. The best practices for keeping damage to a minimum include monitoring and early detection, removal of diseased plants, and early harvest.

Sweet Group (*O. basilicum*)

Familiar sweet-scented types. Sweet basil has particular affinity for tomatoes, and no tomato dish should be served without it. A few leaves of fresh basil in tomato salad, soup or sauce will bring words of praise.

Note: Some varieties of this group are not 100% true to name. Some variation in leaf form and growth habit is to be expected.

JOLINA BASIL

Ocimum basilicum 'Jolina'



A commercial Italian variety bred for compactness and uniformity. Its leaves are dark green leaves, somewhat smaller than standard sweet varieties. Very attractive. Excellent for pot production or for field production.

S1265-001 Seeds: Pkt/\$3.25, 10g/\$7, 100g/\$45, 1kg/\$310

MEDINETTE BASIL

Ocimum basilicum 'Medinette'



Compact variety with leaves larger than bush basil but not as large as Genovese. Excellent for potplant production, reaching only 30-35cm/12-14" high. 'Medinette' is slow to bolt, especially in hot conditions, and because of this trait it is often preferred over Genovese varieties where the summers are hot or in hot greenhouses.

S1267 Seeds: Pkt/\$3.25, 10g/\$7, 100g/\$40

**Medinette
Basil**



NAPOLETANO BASIL

Ocimum basilicum 'Napoletano'



Standard lettuce-leaf type grown in Italy. Large ribbed leaves, strong flavour.

S1268-100 Seeds: Pkt/\$2.50, 10g/\$7, 100g/\$40

ROMANESCO BASIL

Ocimum basilicum 'Romanesco'



A large leaf basil has high oil content and hence a stronger aroma and flavour than other varieties. Excellent for pesto and other typical basil uses. Suited for greenhouse and field production. Good uniformity. Ht. 75-80cm/30-32".

S1269-501 Seeds: Pkt/\$2, 10g/\$9, 100g/\$70

SWEET BASIL

Ocimum basilicum



Long time popular variety. Large foliage. Prolific.

S1270 Seeds: Pkt/\$2, 100g/\$11, 1kg/\$65, 10kg/\$460

S1270-001 Seeds: Pkt/\$2.50, 100g/\$29, 1kg/\$195

NUFAR F1 BASIL

Ocimum basilicum 'Nufar'



The original fusarium-resistant variety of sweet basil! This hybrid has shown very good resistance to fusarium in laboratory tests conducted for us by Dr. Robert Wick, the leading U.S. authority on fusarium in basil.

S1273-301 Seeds: Pkt/\$3.75, 10g/\$15, 100g/\$110, 1kg/\$810

Genovese Group (*O. basilicum*)

Classic large-leaf type from the Genoa area of Italy, the pesto capital of the world. Excellent for fresh or frozen use.

GENOVESE BASIL

Ocimum basilicum 'Genovese'



Standard large-leaf variety.

S1273-001 Seeds: Pkt/\$3.75, 100g/\$29, 1kg/\$200

P1273 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10, **Plug pack:** 12/\$12



**Dolce Fresca
Basil**

DOLCE FRESCA BASIL

Ocimum basilicum 'Dolce Fresca'



All-America Winner! Very nice mid-sized Genovese basil with a round bushy habit. Other varieties can get tall and leggy but this variety stays neat and tidy throughout the season. Excellent for pots on the patio or deck. Good Genovese flavour and aroma. All-America Selection for 2015. Ht. 30-60cm/12-24".

S1273-205 Seeds: Pkt/\$2.50, 1M/\$7, 10M/\$45

EMILY BASIL

Ocimum basilicum 'Emily'



A very compact variety suited for both fresh cut production and for pot production. Has large leaves with bright medium green colour. Has long shelf life in pots or fresh cut in bags or bunches.

S1273-231 Seeds: Pkt/\$3.25, 10g/\$7, 100g/\$45, 1kg/\$310

GECOFURE BASIL

Ocimum basilicum 'Gecofure'

The breeder's choice of variety name 'Gecofure' is an unimaginative contraction of 'GENovese COMPatto FUSarium RESistant'. But what the breeder has done to the variety's performance, leaf quality and disease resistance is far more inspired. Excellent uniformity, aroma and flavour. Perfect for pot production. Ht. 30-35cm/12-14".

S1273-250 Seeds: Pkt/\$3.25, 10g/\$7, 100g/\$45, 1kg/\$315

ENVIGOR™ BASIL

Ocimum basilicum 'Envigor'

The first disease resistant Genovese basil! Resistant to three debilitating and often fatal diseases: alfalfa mosaic virus, tomato spotted wilt virus, and cucumber mosaic virus. Excellent genovese basil with large leaves and intense flavour. RICHTERS EXCLUSIVE.

S1273-500 Seeds: Pkt/\$3.25, 10g/\$7, 100g/\$40, 1kg/\$290

Bush Group (*O. basilicum minimum*)

BUSH BASIL

Ocimum basilicum minimum

Standard bush variety. Dwarf, bush form. Fine leaves. Ideal for pot culture. New and improved. Now more uniform.

S1255 Seeds: Pkt/\$2.50, 10g/\$7, 100g/\$40

SPICY GLOBE BASIL

Ocimum basilicum minimum 'Spicy Globe'

A most attractive form of bush basil with larger leaves (1 cm) and uniform dense globular little bushes. Plants tend to be a little stronger and more uniform than other bush varieties. Best variety for pot plant sales.

S1256 Seeds: Pkt/\$3.25, 10g/\$22, 100g/\$150

P1256 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10

Globette Basil

GLOBETTE BASIL

Ocimum basilicum 'Globette'

Neat compact bush habit, only 10-15cm (4-6") high, with medium sized dark green leaves. Very aromatic. Excellent for pot culture.

S1256-200 Seeds: Pkt/\$3.25, 10g/\$7, 100g/\$45, 1kg/\$320

GREEN GLOBE BASIL

Ocimum basilicum minimum 'Green Globe'

A spectacular refinement of bush basil from Italy where the variety is known as *Finissimo Verde a Palla* ("very fine green, like a ball or globe"). Forms dense globular little bushes 50-70cm/20-28" across so perfectly uniform they look pruned. Good spicy flavour.

S1258 Seeds: Pkt/\$3.25, 10g/\$7, 100g/\$60, 1kg/\$400

PISTOU BASIL

Ocimum basilicum 'Pistou'

Bush type with small leaves and a highly uniform dwarf compact habit. Excellent for pots and borders. Ht. 20cm/8in.

S1258-500 Seeds: Pkt/\$3.25, 10g/\$30, 100g/\$245

MARSEILLES BASIL

Ocimum basilicum 'Marseilles'

Superb dwarf basil with large leaves. More uniform than other varieties. Excellent for pots and for borders. Ht. 25cm/10in.

S1266-300 Seeds: Pkt/\$3.25, 10g/\$35, 100g/\$250

Purple Group (*O. basilicum*)

CORSICAN BASIL

Ocimum basilicum 'Corsican'

We cannot confirm any connection to the island of Corsica but we like its look anyway. It is similar to our purple and green 'Emerald Wine' variety with the added advantage that it can be raised from seed. We love it in Pad Thai with Walnuts and Corsican Basil (kaleandbutter.com). Ht. 75-90cm/30-36".

S1259-901 Seeds: Pkt/\$3.25, 10g/\$10, 100g/\$75

DARK OPAL BASIL

Ocimum basilicum 'Dark Opal'

Dark purplish-bronze foliage. Excellent for seasoning, and for basil vinegar which turns a beautiful red colour. Former All-American award winner, famous for its pure dark purple foliage, but in recent years it has become about 25% green.

S1260 Seeds: Pkt/\$2, 10g/\$7, 100g/\$50, 1kg/\$355

S1260-001 Seeds: Pkt/\$2.50, 10g/\$9, 100g/\$65, 1kg/\$480



Emerald Wine™ Basil

EMERALD WINE™ BASIL

Ocimum basilicum 'OC12'

Like a fine wine this is a basil with character that lingers. The foliage with its wine-red veins encircled by an emerald-green border is a visual delight to the eye. So rich is the visual complexity that this is a basil one needs to appreciate up close, in pots on a windowsill or in a table centrepiece. The leaves and overall size are smaller than standard sweet basil. Its growth habit is compact but not densely so like bush basil.

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P1260-200 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70

OSMIN BASIL

Ocimum basilicum 'Osmin'

Darkest of the purple basils. Leaves somewhat smaller than Rubin basil and less prone to lean. Height 50cm/20".

S1260-400 Seeds: Pkt/\$3.25, 10g/\$10, 100g/\$55

RUBIN BASIL

Ocimum basilicum 'Rubin'

Significant improvement over the Dark Opal variety. Leaves nearly pure purple-bronze; very little green. Fine flavour and aroma.

S1260-500 Seeds: Pkt/\$3.25, 10g/\$14, 100g/\$105, 1kg/\$765

PURPLE DELIGHT BASIL

Ocimum basilicum 'Purple Delight'

Excellent purple basil. Dark purple with little or no green colouration, much like the Dark Opal variety was before it deteriorated to greenish-purple. Medium sized leaves. Growth is stronger, more upright than Rubin. Strong flavour and scent.

S1260-800 Seeds: Pkt/\$3.75, 10g/\$14, 100g/\$105



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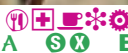




Red Genovese Basil

RED GENOVESE BASIL

Ocimum basilicum 'Freddy'



First purple-leaf Genovese! As far as we know this is the first purple leaf basil of the Genovese type. And what a looker it is! Has the same convex leaf shape as you find in the regular green Genovese basil, and the same aroma and flavour. Just imagine what gorgeous pestos you can make with this!

S1273-700 Seeds: Pkt/\$3.25, 10g/\$13, 100g/\$95, 1kg/\$690

P1273-700 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10, **Plug pack:** 12/\$12

Other Basils (*O. spp.*)

ANISE BASIL

Ocimum basilicum



(Licorice basil) Originally from Persia, this gem has an endearing sweet anise fragrance and flavour. Purplish foliage.

S1277 Seeds: Pkt/\$3.25, 10g/\$7, 100g/\$55, 1kg/\$390

CINNAMON BASIL

Ocimum basilicum



From Mexico. Growth habit is similar to that of regular sweet basil, with a distinctive cinnamon taste and odour. Mexicans like to place a vase of fresh cut herb on the dinner table to ward off insects. Curiously, they do not seem to use it much in cuisine, despite its superb flavour. Deserves experimentation!

S1278 Seeds: Pkt/\$3.25, 10g/\$7, 100g/\$40, 1kg/\$200

P1278 Plants: \$3.50



African Blue Basil

AFRICAN BLUE BASIL

Ocimum 'African Blue'



Devotees of this variety love its attractive purplish-blue cast, strong growth habit, and sweet camphor scent. Leaf veins, flower spikes and stems are purple while the rest is green. The unusual flavour and odour definitely grow on you.

P1280 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70, **Plug pack:** 12/\$15

AFRICAN SPICE™ BASIL

Ocimum 'Vev701'



Sweet and spicy! Imagine a blend of spices and florals, with a hint of citrus. That's what the scent and flavour of this variety are like. Delicious in pestos, salads, soups, drinks, tea, etc. Grows like lemon basil (*O. americanum*) with similar smallish, smooth leaves, small white flowerspikes, and short stature. We found this growing on the coastal savanna of West Africa in 2007 and it has since done well in pots in our greenhouses. Ht. 30cm/12".

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P1280-500 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70

AJAKA BASIL

Ocimum 'Ajaka'



Spectacular new basil from Germany. Has lush green foliage topped by red-purple flowers in late summer and a strong tall upright growth habit. Its sweet and spicy flavour and aroma will surprise and delight, and we would not be surprised if this basil becomes the new must-have basil among top chefs and home gourmards. Gardeners and commercial growers will love it too as it is tolerant of disease and cold and is reported to yield up to 7 tons of fresh herb per acre. Ht. 60cm/24in.

Propagation prohibited. U.S. patent PP#24587

P1280-700 Plants: \$3.50, **Plug pack:** 12/\$15



Cardinal Basil

New! CARDINAL BASIL

Ocimum basilicum 'Cardinal'



A stunning basil with large burgundy flower bracts. The leaves can be used like any other sweet basil, but you can also pick the red flower bracts and sprinkle them over salads, egg dishes, soup, etc. for flavour and for colour. With its colour, strong fragrance, and long deep purple stems, this also makes an excellent cutflower. It tolerates heavy cutting well so multiple cuttings are possible. And it may be resistant to downy mildew according to one report. Ht. 75cm/30in.

S1281-501 Seeds: Pkt/\$3.25, 10g/\$15, 100g/\$120

LEMON BASIL

Ocimum americanum



Intensely fragrant of lemon. Ideal for tea and potpourri. Compact bush habit.

S1283 Seeds: Pkt/\$3.25, 10g/\$6, 100g/\$29, 1kg/\$195

S1283-001 Seeds: Pkt/\$3.75, 10g/\$7, 100g/\$45, 1kg/\$300

LIME BASIL

Ocimum americanum



Wonderful lime-scented version of lemon basil from Thailand.

S1284-001 Seeds: Pkt/\$3.25, 10g/\$9, 100g/\$65, 1kg/\$480

SACRED BASIL

Ocimum tenuiflorum



(Tulsi, Holy basil) The true sacred basil grown in houses, gardens and near temples all over India. Mildly intoxicating clove-scented leaves are used in salads and other cold dishes. Note that much of what is sold as sacred or holy basil is actually spice basil, listed separately.

—**GREEN** Sri tulsi or Rama tulsi.

S1285-100 Seeds: Pkt/\$3.25

—**PURPLE** Krishna tulsi. Attractive purple leaf form grown throughout India.

S1285-500 Seeds: Pkt/\$3.25

P1285-500 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10



Persian Basil

PERSIAN BASIL

Ocimum basilicum

(Reyhan) This is an award-winning basil that was developed from a traditional variety known as *reyhan* in Persia and Turkey. Its strong hints of anise and lemon are woven into a delicious spicy flavour. In Persia the leaves of *reyhan* and other herbs mixed together are served fresh with main meals. Called *sabzi* in Persian, the fresh mixture is eaten on flat bread with tomato, green onions and cheese. This basil is unique and will inspire creativity in the kitchen! Try it in salads, sandwiches, with fish, cheese or just bread. All-America Winner for 2015. Ht. 30-38cm/12-15".

🌱 **S1288-001 Seeds:** Pkt/\$2.50, 10g/\$9, 100g/\$70

THAI BASIL

Ocimum sp.

Similar to anise basil, but the flavour and fragrance is less licorice-like. True strain used in Vietnamese and Thai cooking. Essential fresh cut accompaniment to many Vietnamese dishes, including *pho*, a famous beef or chicken noodle soup. Addictive!

S1290 Seeds: Pkt/\$3.25, 10g/\$7, 100g/\$55, 1kg/\$205

🌱 **S1290-001 Seeds:** Pkt/\$3.25, 10g/\$8, 100g/\$65, 1kg/\$425

S1290 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10, **Plug pack:** 12/\$12

QUEENETTE THAI BASIL

Ocimum sp.

In our trials it was rated as the most aromatic and flavourful of the Thai basil.

S1290-500 Seeds: Pkt/\$3.25, 10g/\$14, 100g/\$105



Siam Queen Thai Basil

SIAM QUEEN THAI BASIL

Ocimum sp. 'Siam Queen'

All-American winner for 1997. Has very regal looking dense deep purple inflorescences contrasting with the dark green leaves. Spicy anise-licorice aroma and flavour; excellent served fresh in such dishes as Thai green curries and Vietnamese noodle soups.

S1290-700 Seeds: Pkt/\$3.25, 10g/\$26, 100g/\$195

BAY LAUREL

Laurus nobilis

Like wine, thyme and leeks, bay leaf is a foundation flavour of French cuisine. Meat, fish and poultry dishes almost always have a touch. Frost-sensitive small trees; best grown in tubs that afford easy movement indoors during winter. Note: Bay seeds will not germinate if they dry out too much in storage.

S1300 Seeds (Mar-June shipment): Pkt/\$7, 100g/\$19, 1kg/\$120, 10kg/\$870

P1300 Plants: \$7.50, 3+/\$5.60, 12+/\$4.50, **Plug pack:** 12/\$24

BAYBERRY

Myrica pensylvanica

P Z5-9 S F M

Aromatic shrub, native to the Maritimes. Astringent root bark used for diarrhea, hemorrhages, and as a gargle. Wax-covered berries are used to make aromatic candles and soap. Berries are boiled in water, liberating the wax which floats on top. Seeds germinate more readily if wax is removed and seeds are exposed to 6 weeks of moist cold treatment.

S1298 Seeds: Pkt/\$3.25, 10g/\$25, 100g/\$180

P1298 Plants: \$6.50, 3+/\$4.90, 12+/\$3.90

BEDSTRAW, YELLOW

Galium verum

P Z3-8 S F E

(Lady's bedstraw) Tops and roots are sources of yellow and red dyes. Decoction is useful for bladder and kidney complaints, and has the ability to curdle milk (hence its other name, cheese rennet).

S1335 Seeds: Pkt/\$2.50, 10g/\$8, 100g/\$60, 1kg/\$415

P1335 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10

BEEET, SUGAR

Beta vulgaris 'Beta 1127'

A S E

A traditional source of molasses and sugar. Although the process is lengthy it is possible to extract molasses, and even sugar, at home from sugar beets grown in your garden. Sow in open ground in May; pull roots in October. Cool weather crop; roots attain maximum sugar content in the fall.

S1340 Seeds: Pkt/\$3.25, 10g/\$7, 100g/\$55, 1kg/\$385

BELLADONNA

Atropa belladonna

P Z6-9 S F M

Source of atropine, valuable in treating eye diseases and spasms. External applications lessen local inflammation and pain. Do not use without medical supervision.

S1345 Seeds: Pkt/\$3.25, 10g/\$23, 100g/\$175

P1345 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70



Bergamot

Bergamot

(*Monarda*)

Beebalm Group (*M. didyma*)

BERGAMOT

Monarda didyma

P Z4-10 S F E

A showy mixture of scarlet, pink, salmon and crimson flowers.

S1380 Seeds: Pkt/\$5.25, 1g/\$26, 10g/\$190, 100g/\$1425

P1380 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10, **Plug pack:** 12/\$15

BLUE STOCKING

Monarda didyma

P Z4-10

Enormous violet-purple flowers; keeps blooming until frost. Ht. 75cm/30".

P1380-050 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70, **Plug pack:** 12/\$15

MARSHALL'S DELIGHT

Monarda didyma

P Z3-10

Pink. Superb mildew-resistant strain developed in Canada. Ht. 70cm/28"

P1380-500 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70, **Plug pack:** 12/\$15

ROSE-SCENTED

Monarda didyma

It's easy to fall in love with this one! Has an amazing rose-like scent owing to its high geraniol oil content. Excellent for potpourri and tea. Robust growth habit. Lavender-coloured flowers. This variety grows best in zones 4-8.

P1380-800 Plants: \$6.50, 3+/\$4.90, 12+/\$3.90, **Plug pack:** 12/\$15

RED BERGAMOT

Monarda didyma

Showy flower in a mixture of red tones. Leaves and flowers make a pleasant, soothing tisane.

P1381 Plants: \$4.50, 3+/\$3.40, **Plug pack:** 12/\$15

Other Monardas (*M. spp.*)

LEMON BERGAMOT

Monarda citriodora

Attractive native of the American southwest with pink-purple flowers. Young foliage is strongly lemon-scented and excellent in tea. Leaves used by Hopi Indians to flavour wild game.

S1382 Seeds: Pkt/\$3.75, 100g/\$25, 1kg/\$170



Bergamo Bergamot

BERGAMO BERGAMOT

Monarda x hybrida 'Bergamo'

Annual variety with intense rose-purple flowers arranged in spikes. The flowers start earlier than other bergamots and last through August. The leaves have a pleasant mild lemon scent and flavour. Mildew resistant. Ht. 45-60cm (18-24in).

S1383 Seeds: Pkt/\$5.25, 1M/\$45, 10M/\$340

WILD BERGAMOT

Monarda fistulosa

Lavender flowers; strong fragrance. Used for tea and for flavouring meat. Frequently seen along roadsides in eastern Canada and U.S.

S1385 Seeds: Pkt/\$3.25, 10g/\$30, 100g/\$225

BETHROOT

Trillium erectum

(Red trillium; Birthroot; Wakerobin) Important native American herb. Tea made from the roots was used for menstrual problems, to induce labour, for menopause, and as an aphrodisiac. Also for coughs, bowel complaints, hemorrhages, asthma, lung disorders and for skin irritations. Woodland perennial, 15-40cm/6-16" high, with deep red flowers in spring.

P1389 Plants (Apr-June shipment): \$8.50, 3+/\$6.40, 12+/\$5.10

BETONY

Stachys officinalis

Good substitute for black tea; infusion resembles the taste and is caffeine-free. Helps relieve headache, and has general tonic action.

S1390 Seeds: Pkt/\$3.25, 10g/\$13, 100g/\$100

P1390 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10

BISHOPSWEED: See LACEFLOWER



Black-Eyed Susan

BLACK-EYED SUSAN

Rudbeckia hirta

One of the most loved wildflowers. Golden-orange daisies, brown centres appear in July-Sept. The plant and root have both been used by North American native tribes to treat a wide range of ailments — from worms in children to snakebites and earaches. Ht: 60cm/24".

S1437 Seeds: Pkt/\$2.50, 100g/\$22, 1kg/\$145

BLOODFLOWER

Asclepias curassavica

Handsome ornamental with showy orange crimson flowers. Used to induce vomiting and to expel worms. Has digitalis-like action on the heart. Interestingly, birds find monarch butterflies feeding on this plant to be foul tasting, and never eat another again!

S1440 Seeds: Pkt/\$2.50, 10g/\$14, 100g/\$105

BLOODROOT

Sanguinaria canadensis

One of our most beautiful woodland wildflowers. Conspicuous white flowers, 5cm/2" across, appear in early spring. Important dyeplant: roots yield red-orange colour for dyeing wool. Indians dyed their bodies and clothes with bloodroot.

S1450 Seeds (July shipment): Pkt/\$10

P1450 Plants (Apr-May shipment): \$6.50, 3+/\$4.90, 12+/\$3.90

BO-TREE

Ficus religiosa

(Pipal) Sacred tree of Hindus and Buddhists; Buddha meditated non-stop for 7 years under a bo-tree until he reached liberation. Has anti-bacterial properties. Fine houseplant like *Ficus benjamina*.

S1468 Seeds: Pkt/\$2.50, 10g/\$7, 100g/\$40

P1468 Plants: \$6.50, 3+/\$4.90, 12+/\$3.90



Boneset

BONESET

Eupatorium perfoliatum

Eastern North American native found in swampy areas and along streams. Excellent remedy for colds and intermittent fever, especially for flu. Medical evidence suggests that it enhances the immune system. Caution: contains pyrrolizidine alkaloids; not recommended for long term use. Ht. 30-150cm/1-5ft.

S1467 Seeds: Pkt/\$3.25

P1467 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70

BORAGE

Borago officinalis

Known as the Herb of Gladness for its exhilarating effect. Try adding chopped young leaves and flowers to salads or summer drinks. On those sweltering summer days, cool off with iced borage tea, adding honey and lemon juice to taste.

S1470 Seeds: Pkt/\$2, 100g/\$22, 1kg/\$145

S1470-001 Seeds: Pkt/\$3.25, 10g/\$7, 100g/\$35, 1kg/\$255

BORAGE, BIANCA

Borago officinalis 'Bianca'

Compact habit, white flowers! A big improvement on an old favourite. Plants are more compact and sturdier than the standard blue variety. Grows only 30-50cm (12-20") tall, which makes it suitable for pots as well as the garden.

S1471 Seeds: Pkt/\$3.25, 10g/\$7, 100g/\$40, 1kg/\$265

BROOM, DYER'S

Genista tinctoria

Since earliest times used to dye wool bright yellow. Formerly recommended for gout and rheumatism.

S1520 Seeds: Pkt/\$3.25

BROOM, SPANISH

Spartium junceum

Said to be 5-6 times more potent medicinally than Scotch broom. Shrub of Mediterranean climatic zones; naturalized in California. Fragrant flowers yield a yellow dye.

S1528 Seeds (Not to MT,OR): Pkt/\$2.50, 10g/\$15, 100g/\$115

BUCKWHEAT

Fagopyrum esculentum

Well known as a grain, cover crop and beeplant; not so well known is its medicinal value. The infusion made from the flowering tops is high in rutin which combats arteriosclerosis (hardening of the arteries and veins).

S1555 Seeds: Pkt/\$2, 100g/\$7, 1kg/\$15, 10kg/\$100



Bronze Bugle

BUGLE, BRONZE

Ajuga reptans 'Atropurpurea'

Attractive low growing ground cover with bronze purplish leaves. Astringent and mildly-analgesic aromatic herb used to treat wounds. Traditionally used to cleanse the liver.

P1557 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10

BUGLOSS, VIPER'S

Echium vulgare

(Blueweed) Bristly native of Europe with brilliant blue flowers from June til frost. Thrives in dry, poor soils. Infusion of leaves is helpful for fevers, headaches and nervous complaints.

S1560 Seeds: Pkt/\$2.50, 10g/\$7, 100g/\$65

BURDOCK

Arctium lappa

Roots of this common wildplant are said to have "blood-purifying" properties. Useful for skin diseases, including eczema. Recent medical evidence supports folkloric use for tumours. One of four herbs in the Essiac® anti-cancer formula.

S1567-100 Seeds: Pkt/\$2.50, 10g/\$7, 100g/\$55, 1kg/\$395

BURDOCK, JAPANESE

Arctium lappa 'Takinogawa Long'

(Gobo) Japanese vegetable with powerful medicinal properties. Long, slender, smooth-skinned roots have a delightful oyster-like flavour similar to salsify, but stronger. Research shows that this variety has potent anti-tumour effects. Commonly used as a blood purifier.

S8370 Seeds: Pkt/\$2, 10g/\$8, 100g/\$55

P8370 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70

BURNET, SALAD

Poterium sanguisorba

Nut-cucumber flavour of leaves is welcome in all salads with French dressing or mayonnaise. Also in soups, casseroles, herb vinegars and cream cheeses. Improves skin in facial treatments.

S1570 Seeds: Pkt/\$2, 10g/\$5, 100g/\$30

P1570 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10

BUTTERFLY WEED: See PLEURISY ROOT

Calendula

(*Calendula*)

CALENDULA

Calendula officinalis

(Pot marigold) Flower petals give delicate flavour and strong colour to salads, omelettes and cheese, and is used as a saffron substitute. Invaluable in first-aid skin lotions and ointments.

S1630 Seeds: Pkt/\$2, 100g/\$16, 1kg/\$100

S1630-001 Seeds: Pkt/\$2.50, 10g/\$7, 100g/\$35, 1kg/\$240

ERFURTER ORANGE CALENDULA

Calendula officinalis 'Erfurter Orangefarbig'

(Pot marigold) Commercial strain used for medicinal flower production in Europe. Has superior medicinal action.

S1630-400 Seeds: Pkt/\$2.50, 100g/\$20, 1kg/\$160

S1630-401 Seeds: Pkt/\$3.25, 10g/\$10, 100g/\$75, 1kg/\$555



Oopsy Daisy
Calendula

OOPSY DAISY CALENDULA

Calendula officinalis 'Oopsy Daisy'

(Pot marigold) This is a beautiful compact variety with bicolored flowers ranging from pale creamy orange to deep gold. The flowers are unusually long lasting, and if the spent flowers are dead-headed from time to time, the flowers will just keep coming right up until frost. Fresh flower petals are excellent in salads and fresh or dried they can be used to make medicinal creams. Ht. 20-30cm/8-12in.

S1630-600 Seeds: Pkt/\$2.50, 10g/\$13, 100g/\$100

CANDYTUFT

Iberis amara

British wildflower used for gout, rheumatism, asthma, bronchitis, dropsy and cardiac ailments. Attractive garden annual with masses of white flowers.

S1640 Seeds: Pkt/\$2.50, 10g/\$7, 100g/\$40

CAPER BUSH

Capparis spinosa inermis

P Z9 X D

A fixture of Mediterranean cuisine for 2000 years, the unopened flower buds of this plant are pickled in strongly salted wine vinegar to develop their characteristic flavour. A straggly, slow growing shrub of dry, rocky areas of the Mediterranean and North Africa.

S1645 Seeds: Pkt/\$3.75, 10g/\$35, 100g/\$260

P1645 Plants: \$10

CAPSICUM: See CAYENNE CHILE

CARAWAY

Carum carvi

B Z5-8 S F E

Spicy caraway seeds add European character to all cabbage dishes, including coleslaw and especially sauerkraut. Traditionally used in ryebread, buns and cakes, as well as in soups and stews. Fresh leaves, used as a garnish, add flavour to vegetables. Anti-flatulent.

S1650 Seeds: Pkt/\$2, 100g/\$23, 1kg/\$150



Cardamom

CARDAMOM

Elettaria cardamomum

P Z8-10 X D

Ground seeds are essential in Indian cuisine. Cardamom's perfumed flavour is delicious in lassi, and in Indian spiced tea. Scandinavians use it liberally in pastries. Leaves are used in curries in Trinidad. Makes an appealing houseplant with its perfumed leaves, even if it is difficult to coax into bloom.

P1658 Plants: \$6.50, 3+/\$4.90, 12+/\$3.90

CARDINAL FLOWER: See LOBELIA, RED

CARNATION: See CLOVE-PINK

CASTOR BEAN

Ricinus communis

A S E

Oil extracted from seeds is a commonly used laxative for temporary constipation and acute diarrhoea. Large tropical-looking foliage. Caution: although the oil is safe, raw seeds are poisonous.

S1665 Seeds: Pkt/\$5.25, 10g/\$7, 100g/\$30

CASTOR BEAN, CARMENCITA RED

Ricinus communis 'Carmencita Red'

A S E

A showy form of the venerable castor bean long used in medicine. Has large maroon leaves, red stems, and spiky red seedpods. Oil extracted from the seeds of the green form is a commonly used laxative for temporary constipation and acute diarrhoea. Large tropical-looking foliage. Can reach as high as 150cm/60in.

Caution: The seed oil is safe but the raw seeds are poisonous.

S1665-300 Seeds: Pkt/\$7, 100g/\$80

CATMINT: See FAASSEN'S CATNIP



Catnip

Catnip

(*Nepeta*)

CATNIP

Nepeta cataria

P Z3-9 S F E

Favourite of cat lovers, for cats relish the intoxicating leaves. Tea is a popular nightcap, as it induces a good night's sleep. Remedy for colds and fevers.

S1670 Seeds: Pkt/\$2.25, 10g/\$7, 100g/\$50, 1kg/\$285

S1670-001 Seeds: Pkt/\$2.50, 10g/\$15, 100g/\$95

P1670 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10, **Plug pack:** 12/\$15

FAASSEN'S CATNIP

Nepeta x faassenii

P Z3-9 S F E

(Catmint) Smaller ornamental form of catnip with lavender-blue flowers and grey-white foliage. Excellent for massing, as ground cover or in rockeries. Does not attract cats despite its stronger, more pleasant scent.

S1671 Seeds: Pkt/\$2.50, 10g/\$14, 100g/\$110

P1671 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10

LEMON CATNIP

Nepeta cataria ssp. *citriodora* 'Lemony' P Z4-9 S F E

For years we have carried 'Lemon Catnip' and while it had a perceptible hint of lemon, it never quite lived up to its name. Finally, here is a lemon catnip that truly smells of lemons. What a wonderful way to sip tea before bedtime to help you sleep!

S1671-510 Seeds: Pkt/\$3.25, 10g/\$11, 100g/\$85

CATSFoot

Antennaria dioica

P Z4-7 S F M

Ameliorates the appetite for it stimulates bile flow, gastric juices and pancreatic secretions. Petite woolly rosettes of leaves resemble a cat's foot. Lovely in rock gardens.

S1672 Seeds: Pkt/\$3.75

CELANDINE

Chelidonium majus

P Z4-8 S F E

Latex juice mixed with vinegar is said to remove warts and corns. Decoction is useful for stomach pains and inflammation of the biliary duct. New research indicates it has potent anticancer properties.

S1673 Seeds: Pkt/\$2.50, 10g/\$23, 100g/\$175

P1673 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10



Celery, Leaf

(*Apium*)

A European culinary favourite. Fresh leaves are used like parsley in soups and stews, but the flavour and aroma is richer and more satisfying. This herb has not yet caught on in North America but we are convinced it will. Here at Richters we absolutely love it and we freeze small bunches in baggies so we always have some ready to use. If try one new thing in your garden this year, try this!

AMSTERDAM CELERY

Apium graveolens secalinum 'Amsterdam'

A very nice leaf celery with finely cut, dark green glossy leaves. Use it like parsley and surprise your guests with its rich celery flavour and aroma. More compact than other leaf celeries, reaching only 25-50cm (10-20") in height.

S1677-100 Seeds: Pkt/\$3.25, 10g/\$7, 100g/\$35



A S E



Pascal Celery

New! PASCAL CELERY

Apium graveolens secalinum 'Pascal'

Pascal is the precursor that transformed celery into the thick fleshy form we know today. Named after Henri Pascal who discovered the first plants in his celery field in 1884, the variety was improved upon by Vilmorin, the French seed company. The variety went on to spawn many more varieties and radically changed celery as a crop on both sides of the Atlantic. But as much as this heirloom belongs among the vegetables, its lush dark green leaves are also terrific as a fresh herb. Added at the last minute, the fresh-chopped leaves add a seductive nutty flavour to soups, stews, and salads. Ht. 50-60cm/20-24".

S1677-180 Seeds: Pkt/\$2.50, 10g/\$6, 100g/\$40



A S E

CURLED CELERY

Apium graveolens 'Zwolsche Krul'

Outstanding curled leaf variety from Holland that is both ornamental and delicious to use in the kitchen like parsley. Aromatic leaves are used to season soups and stews, and like parsley they can be used as a garnish. No blanching required. Ht. 30cm/12".

S1677-500 Seeds: Pkt/\$2.50, 10g/\$28, 100g/\$205



A S E

CENTAURY

Centaureum erythraea

Traditional European panacea for lack of appetite, sluggish digestion and stomach disturbances, convalescence.

S1678 Seeds: Pkt/\$3.75, 1g/\$12, 10g/\$85, 100g/\$635



B Z4-8 S E



MORE SEEDS ONLINE

Richters.com/Seeds



German Chamomile

Chamomile

(*Matricaria, Chamaemelum*)

DOUBLE CHAMOMILE

Chamaemelum nobile 'Flora Plena'

Double form of Roman chamomile grown commercially in England for tea and medicinal use.

P1678-800 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70, **Plug pack:** 12/\$18



P Z5-8

ENGLISH CHAMOMILE

Chamaemelum nobile 'Treneague'

Non-flowering form of the Roman variety; suited for lawns and pathways.

P1679 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70, **Plug pack:** 12/\$18



P Z5-8

GERMAN CHAMOMILE

Matricaria recutita

Annual (reseeds itself). The most prolific producer of flowers.

S1680 Seeds: Pkt/\$2.25, 10g/\$7, 100g/\$55, 1kg/\$300

S1680-001 Seeds: Pkt/\$2.50, 10g/\$16, 100g/\$120, 1kg/\$875



A S E

BODEGOLD CHAMOMILE

Matricaria recutita 'Bodegold'

Improved tetraploid strain of German chamomile for commercial production. Erect, sturdy growth habit and larger flowers containing up 0.7% essential oil high in bisabolol and other medicinal compounds. Flowers are large and dry yields can be as high as 800 kg/ha (700 lbs/acre).

S1680-100 Seeds: Pkt/\$3.25, 10g/\$7, 100g/\$45, 1kg/\$285



A S E

ROMAN CHAMOMILE

Chamaemelum nobile

Traditional ground cover in English gardens and pathways, where it is cut like grass.

S1682 Seeds: Pkt/\$2, 10g/\$20, 100g/\$150, 1kg/\$1095

P1682 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10, **Plug pack:** 12/\$15



P Z5-9 S F E

DYER'S CHAMOMILE: See MARGUERITE, GOLDEN

CHAPARRAL

Larrea tridentata

(Creosote bush) Effective antibiotic against bacteria, viruses and other parasites. Has been included in remedies for cancer.

S1710 Seeds: Pkt/\$2.50, 100g/\$17, 1kg/\$110



P Z7-9 X E

CHASTETREE

Vitex agnus-castus

(Chasteberry; Vitex) So named because the seeds reputedly subdue the sexual urge, although some suggest the aromatic seeds do exactly the opposite! German studies indicate that seed extracts regulate menstrual bleeding. Women who stop oral contraception use chastetree to re-establish normal menstruation and ovulation.

S1712 Seeds: Pkt/\$5.25, 10g/\$14, 100g/\$105



P Z7-10 S M

CHERVIL, CURLED

Anthriscus cerefolium 'Crispum'

Luscious green leaves have special subtle flavour. Traditionally used in all spring soups and salads. Can improve every dish in which parsley is used. Curled leaves make a handsome garnish.

S1720 Seeds: Pkt/\$2.25, 100g/\$14, 1kg/\$80



A S F E

CHERVIL, PLAIN

Anthriscus cerefolium

Like parsley, fresh leaves are chopped and added at the last minute to soups. The flavour hints of anise but is never overbearing and it can live up many dishes including salads. Use it wherever parsley is used — you can't go wrong with it. This is a flat-leaved form used in Europe for centuries. Ht. 20-40cm.

S1719 Seeds: Pkt/\$2.25, 100g/\$18, 1kg/\$115

CHERVIL, VERTISSIMO

Anthriscus cerefolium 'Vertissimo'

A beautiful chervil of the Brussels Winter type, with shiny dark green flat leaves and a nice dense growth habit. Like all chervils the fresh leaves are sweet with a hint of anise and are delicious chopped in salads, soups, on tofu, fish — or anywhere where parsley is used. Sow direct in the garden in early spring or late summer. Ht. 20-40cm.

S1721 Seeds: Pkt/\$2.25, 100g/\$20, 1kg/\$125



Chia

CHIA

Salvia hispanica

Incredible supergrain! (Mexican chia; Chia sage; Spanish sage) The Aztecs called chia the "running food" because messengers could run all day on just a handful of seeds. An ounce of seeds has as much omega-3 as 8 ounces of Atlantic salmon, as much calcium as a cup of milk, as much fibre as 1/3 cup of bran, as much iron as 1/3 cup of spinach leaves, as much vitamin C as 2 oranges, and as much potassium as half a banana. Seeds can be added to cereals and baked goods or just chewed raw like the Aztecs did. Ht. 1m (3ft).

S1725-001 Seeds: Pkt/\$3.25, 100g/\$14, 1kg/\$85

CHICKWEED

Stellaria media

A decoction is used to treat constipation. Fresh leaves used as a poultice for inflammations, ulcers, abscesses. Fresh leaves are eaten as a delicacy in salads or cooked like spinach. Can be invasive.

S1730 Seeds: Pkt/\$2.50, 10g/\$7, 100g/\$40, 1kg/\$290

CHICORY, WILD

Cichorium intybus

A food plant going back to the ancient Egyptians, Greeks and Romans who used the roots and the young shoots in spring like dandelion. Has diuretic, tonic and laxative properties, and is said to protect the liver. Lovely clear blue daisy flowers.

S1740 Seeds: Pkt/\$3.25, 100g/\$13, 1kg/\$75

CHINABERRY

Melia azedarach

(Bead tree) Beautiful tree, native of China and India; much cultivated in southern U.S. Bark used as an emetic and to expel worms. Hard nuts are used for making rosaries. Hardy along southern B.C. coast.

S1760 Seeds: Pkt/\$5.25, 10g/\$7, 100g/\$30

Chives

(*Allium*)

CHIVES

Allium schoenoprasum

Regular onion chives. Besides using the leaves, try the pretty purple flowers, separated into florets, in salads for colour and flavour.

S1790 Seeds: Pkt/\$2, 100g/\$27, 1kg/\$185

S1790-001 Seeds: Pkt/\$2.50, 10g/\$7, 100g/\$50, 1kg/\$355

P1790 Plants (Not to ID): \$3.50, 3+/\$2.60, 12+/\$2.10, **Plug pack:** 12/\$15

GROLAU CHIVES

Allium schoenoprasum 'Grolau'

(Windowill chives) Swiss strain developed for greenhouse forcing. Excellent, strong flavour and thick, dark green leaves. Suitable for indoor culture; less susceptible to turn yellow or leggy. Produces best when cut continuously.

S1790-300 Seeds: Pkt/\$2.25, 10g/\$7, 100g/\$45, 1kg/\$330

P1790-300 Plants (Not to ID): \$3.50, 3+/\$2.60, 12+/\$2.10

NELLY CHIVES

Allium schoenoprasum 'Nelly'

Leaves are fine to medium in thickness and dark blue-green in colour. It is uniform, upright, and very vigorous. Highly resistant to diseases and is tolerant of thrips and leaf tip burn. Excellent for the fresh, processing, and potplant markets.

S1790-501 Seeds: Pkt/\$3.25, 10g/\$10, 100g/\$80, 1kg/\$560



Profusion®
Chives

PROFUSION® CHIVES

Allium schoenoprasum 'Sterile'

Wonderful strain of chives noted for its prolific production of flowers and tender leaves. Flowers do not develop seeds. Ideal for commercial edible flower producers. Best variety for potted plant and indoor growing.

RICHTERS EXCLUSIVE. Profusion is a registered trademark of Richters; all rights reserved.

P1790-700 Plants (Not to ID): \$6.50, 3+/\$4.90, 12+/\$3.90

GARLIC CHIVES

Allium tuberosum

Flat leaved variety from Japan. Irresistible combination of garlic and chives. Has become popular wherever regular chives are used. Showy white flowers.

S1793 Seeds: Pkt/\$2.25, 100g/\$22, 1kg/\$140

S1793-001 Seeds: Pkt/\$3.25, 10g/\$8, 100g/\$60, 1kg/\$430

P1793 Plants (Not to ID): \$3.50, 3+/\$2.60, 12+/\$2.10, **Plug pack:** 12/\$15



Geisha
Garlic Chives

GEISHA GARLIC CHIVES

Allium tuberosum 'Geisha'

Award-winning variety with bigger, broader leaves than regular garlic chives. Plants are taller, more vigorous and higher yielding. Excellent for Asian stir-fries or fresh-chopped in salads, omelettes or anywhere regular chives are used. All-America Selection for 2015. Ht. 25-60cm/10-24".

S1793-201 Seeds: Pkt/\$3.25, 10g/\$22, 100g/\$160

MAUVE GARLIC CHIVES

Allium sp.

Has the same great garlic flavour as the previous form but features attractive mauve flowers.

S1794 Seeds: Pkt/\$3.25

P1794 Plants (Not to ID): \$4.50, 3+/\$3.40, 12+/\$2.70



CLOVER, SWEET: See MELILOTO

CLOVER, WHITE

Trifolium repens 'Rivendel'

Excellent ground cover and lawn replacement for sunny, well-drained locations. A nitrogen-fixing legume, it will improve soil fertility and boost organic content. Few know that the leaves are edible. The young leaves picked before the flowers appear can be used raw in salads. Leaves can also be cooked like spinach. The tea has been used for coughs, colds and fever. Ht. 10cm/4in.

S1830-501 Seeds: Pkt/\$3.25, 100g/\$14, 1kg/\$85, 10kg/\$620

CNIDIUM

Cnidium monnieri

(She chuang) Chinese stimulant and aphrodisiac used to treat impotency. Also used as a vaginal wash against trichomoniasis, and to treat scabies and fungal diseases.

S1831-100 Seeds: Pkt/\$3.25, 10g/\$13, 100g/\$100

S1831-101 Seeds: Pkt/\$3.75

CICELY, SWEET

Myrrhis odorata

Sugar saver. Sweet, anise-scented leaves and stalks (fresh or dried) add delightful flavour to sweets and desserts, saving about half the sugar. Of particular interest to diabetics.

S1798 Seeds: Pkt/\$5.25, 10g/\$9, 100g/\$55

P1798 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70, **Plug pack:** 12/\$18

CLARY

Salvia sclarea

(Clary sage) Seeds soaked in water produce mucilaginous eye bath which safely removes particles, hence its name 'clear eye' or 'clary'. Used as a fixative in potpourris. Handsome aromatic flowers.

S1800 Seeds: Pkt/\$2.50, 10g/\$7, 100g/\$40, 1kg/\$275

P1800 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10

CLARY, MEADOW

Salvia pratensis

(Meadow sage) Large, very showy, bright blue flowers. Sometimes used like clary sage. Aromatic.

S1805 Seeds: Pkt/\$2.50, 10g/\$19, 100g/\$145

CLOVE-PINK

Dianthus caryophyllus 'Grenadin'

(Carnation) Clove-scented flowers were once used to flavour ales and wines, especially celebration cups at coronations, hence its name "carnation". Fragrance is valuable in potpourris and herb sachets. Clove-pink syrup, made by infusing the petals in a hot sugar syrup, is delectable on fruit salads or stewed fruits. 'Grenadin' is a mixture of pink, red and white double flowers.

S1825 Seeds: Pkt/\$2.25, 10g/\$10, 100g/\$75, 1kg/\$555

P1825 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10, **Plug pack:** 12/\$15

CLOVER, DRAGON'S BLOOD

Trifolium repens 'Dragon's Blood'

Was Godzilla slain on a field of clover? This striking clover from Japan has green and white variegated leaves splattered with what looks for all the world like blood-red droplets on each leaf. On a less gory note, this species was once used by the Delaware and Cherokee Indians to treat colds, fevers and coughs. Excellent ground cover for sun or partial shade. Ht. 13cm/5".

P1829 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70, **Plug pack:** 12/\$15



Red Clover

CLOVER, RED

Trifolium pratense

Many herbalists assert that the flowers taken as an infusion help prevent and even cure cancer. In his legendary book, *Back to Eden*, Jethro Kloss wrote, "Red clover is an exceedingly good remedy for cancer on any part of the body." Red clover is also efficacious for bronchial troubles, whooping cough, gastric troubles and ulcers.

S1830 Seeds: Pkt/\$2, 100g/\$7, 1kg/\$25, 10kg/\$130

S1830-001 Seeds: Pkt/\$2.50, 100g/\$8, 1kg/\$30, 10kg/\$190

COHOSH, BLACK

Cimicifuga racemosa

North American woodland plant with estrogenic, hypoglycemic, sedative, and anti-inflammatory properties. Seeds require a warm period (20°C/70°F), followed by cold (5°C/40°F), for successful germination, and then again warm to develop properly.

P1839 Plants: \$8.50, 3+/\$6.40, 12+/\$5.10



Blue Cohosh

COHOSH, BLUE

Caulophyllum thalictroides

Much esteemed by the Amerindians to aid labour, check excessive menstruation, and treat abdominal and urinary problems. Has potential as a contraceptive on account of its estrogenic properties.

P1840 Plants: \$8.50, 3+/\$6.40, 12+/\$5.10

COLTSFOOT

Tussilago farfara

Popular remedy for coughs, colds, hoarseness, bronchitis and bronchial asthma. Also useful in herbal smoking mixtures designed for the relief of asthma and bronchitis. Seeds can be slow to germinate. Flowers and leaves in combination with mordants yield yellow, gold, tan, grey and taupe dyes.

S1848 Seeds (Not to OR,AL,CT,MA): Pkt/\$3.25

P1848 Plants (Not to OR): \$3.50, 3+/\$2.60, 12+/\$2.10

COLUMBINE

Aquilegia vulgaris

Long-time garden favourite with exotic drooping flowers in various shades of red, blue, yellow and white. Formerly used for treating running sores and urinary and liver ailments. Has narcotic properties; not to be used without medical supervision.

S1850 Seeds: Pkt/\$2.50, 10g/\$9, 100g/\$65

P1850 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10



Common Comfrey

Comfrey

(*Symphytum*)

COMMON COMFREY

Symphytum officinale

P Z3-8 S F X M

Variety known and used for centuries. Purple, rose or white flowers.

S1870 Seeds: Pkt/\$3.75, 1g/\$10, 10g/\$70, 100g/\$530

P1870 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10

BOCKING 4 COMFREY

Symphytum x uplandicum 'Bocking 4'

P Z4-9

Russian type recommended for fodder, especially for pigs and poultry. Has highest concentration of protein. Rust-resistant.

P1876 Plants: \$4.50

BOCKING 14 COMFREY

Symphytum x uplandicum 'Bocking 14'

P Z4-9

Preferred Russian type for home, garden and medicinal use. Has highest allantoin content. Rust resistant.

P1877 Plants: \$4.50

CONEFLOWER, YELLOW

Ratibida columnifera

B/P Z4-8 S F E

Native wildflower used by the Navajo and Cheyenne Indians as an analgesic for chest pains, wounds and fevers. Also used as a treatment for poison ivy. Yellow, droopy daisy-like flowers in summer. Height 30-100cm/12-40".

S1879-500 Seeds: Pkt/\$3.25, 10g/\$7, 100g/\$45

COREOPSIS

Coreopsis tinctoria

A S E

Important dyeplant: flowerheads yield bright yellow-orange shades for fabrics. Cheery garden plants.

S1880 Seeds: Pkt/\$2.50, 100g/\$25, 1kg/\$165

Confetti Cilantro



Coriander, Cilantro

(*Coriandrum*)

New! CONFETTI CILANTRO

Coriandrum sativum 'Confetti'

A S F E

Unique feathery cilantro! Leaves are so finely cut you might think they look like carrot-tops. But the flavour is full-throttled cilantro. The leaves are actually less susceptible to bruising caused by handling compared to other cilantros. Quick maturing, slow to bolt and heavy yielder. Medium green colour. Awarded the Award of Garden Merit by the Royal Horticultural Society in 2014.

S1890-120 Seeds: Pkt/\$3.25, 100g/\$20, 1kg/\$110



Desert Blush Cilantro

New! DESERT BLUSH CILANTRO

Coriandrum sativum 'Desert Blush'

A S F E

Improved slow-bolting cilantro. Developed from Leisure, the slow-bolting variety widely grown for commercial cilantro production. The leaves are darker green than most cilantros and, unlike any other, the stems are a vibrant red! Ready to harvest in 35-40 days when 20cm/8" tall.

S1890-130 Seeds: Pkt/\$3.25, 10g/\$5, 100g/\$40, 1kg/\$245

New! HACOR CILANTRO

Coriandrum sativum 'Hacor'

A S F E

Russian cilantro (Kinza) Not many know that fresh cilantro is an essential fresh ingredient in Russia and the Central Asian republics. It, along with parsley and dill, can be found in markets in virtually every city and town. The Russians grow many unique cilantro varieties. Hacor is a highly productive, slow bolting Russian cilantro with a spicy flavour. Sow in early spring or late autumn every 10-20 days.

S1890-160 Seeds: Pkt/\$3.25, 10g/\$5, 100g/\$25, 1kg/\$165

LEISURE CILANTRO

Coriandrum sativum 'Leisure'

A S F E

(Chinese parsley) High yielding commercial variety with attractive glossy green leaves, uniform growth habit, and consistent quality. Tolerates summer heat well and is bolt-resistant. Excellent choice for fresh cilantro. Ready for harvest in 28 to 80 days depending on the season. This variety is also used for sprouting.

Seeds are tested for bacterial leaf spot (Pseudomonas syringae pv. coriandricola).

S1890-200 Seeds: Pkt/\$3.25, 100g/\$10, 1kg/\$55, 10kg/\$380

MARINO CILANTRO

Coriandrum sativum 'Marino'

A S F E

(Chinese parsley) Excellent commercial variety for fresh production in the field or greenhouses. Quick to establish and slow bolting. Yields are higher than Santo and other standard varieties.

S1890-401 Seeds: Pkt/\$3.25, 100g/\$13, 1kg/\$80

POT CILANTRO

Coriandrum sativum '99057'

A S E

(Chinese parsley) Compact selection for potted plant production. Sow direct in pots.

S1890-700 Seeds: Pkt/\$3.25, 100g/\$20, 1kg/\$125

SPICE CORIANDER

Coriandrum sativum

A S F E

Variety grown for its seeds. Seeds add fresh, spicy flavour to soups and stews. Main ingredient in chili sauces, curries and exotic dishes.

S1890 Seeds: Pkt/\$2, 100g/\$20, 1kg/\$125

S1890-001 Seeds: Pkt/\$2.50, 100g/\$17, 1kg/\$105, 10kg/\$760

CORIANDER, MEXICAN

Eryngium foetidum

P Z8-11 S X M

(Culantro; Thorny coriander; Ngo gai) Native to Central America, but now cultivated throughout Southeast Asia and Latin America. Favoured where the true coriander (*Coriandrum sativum*) does not do well because it can stand hot, steamy weather. Leaves are tough, but if sliced and then chopped they are quite tasty. Unlike other corianders, this variety dries well, retaining good colour and flavour, and it can stand some cooking.

S1892 Seeds: Pkt/\$3.25, 10g/\$9, 100g/\$55, 1kg/\$400

P1892 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70

Cress



Vietnamese Coriander

CORIANDER, VIETNAMESE

Persicaria odorata

P Z11+

(Rau ram) Tired of growing cilantro from seed over and over again to get a continuous supply of fresh leaves? Here is your answer: this herb from Vietnam has strong flavour very similar to true cilantro. You can cut it repeatedly and it bounces back every time. Grow indoors or out in good light. In Vietnam, it is traditionally added to salads and served with fish and duck eggs.

P1891 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70, **Plug pack:** 12/\$15

CORNFLOWER

Centaurea cyanus

A S F E

Striking brilliant blue blossoms, infused in water, have both curative and calming action for nervous disorders. Eyewash is reputed to strengthen weak eyes.

S1896 Seeds: Pkt/\$2.50, 100g/\$10, 1kg/\$55

COSTMARY

Tanacetum balsamita

P Z4-8

(Bible leaf) The sweet-scented leaves may be used for tea or in herb pillows. Fresh leaves, picked before flowering, used in salads, sauces, soups and in cold drinks where a little goes a long way.

P1900 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10



Cotton

COTTON

Gossypium herbaceum

(Not to US) B Z9-10 X E

Source of the eminently useful cotton fibre. The rootbark once gained notoriety as an abortifacient in the U.S. South. Contains gossypol which has important anti-parasitic and antiviral effects, and has shown promise as a male anti-fertility drug in studies conducted by the World Health Organization. Can be grown for interest as a pot plant in a bright window or greenhouse.

S1920 Seeds: Pkt/\$3.25, 100g/\$29

COWSLIP

Primula veris

P Z5-9 S F E

A most attractive English wildflower with bright yellow sweet-smelling, drooping blossoms in early spring. Tea made from any part of the plant was once a common remedy for pain and insomnia.

S1950 Seeds: Pkt/\$3.25, 10g/\$21

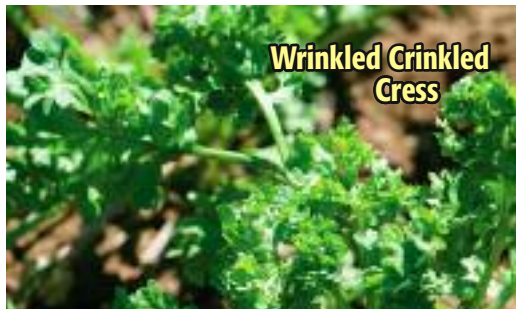
CURLED CRESS

Lepidium sativum 'Crispum'

A S X E

Sow every 14 days indoors or out for a continuous supply of fresh leaves. Ready to use when seedlings have 3 or 4 leaves. Delightful companion to mustard cress #4150.

S2010 Seeds: Pkt/\$2, 100g/\$9, 1kg/\$70, 10kg/\$340



Wrinkled Crinkled Cress

New! WRINKLED CRINKLED CRESS

Lepidium sativum 'Wrinkled Crinkled'

A S X E

Excellent salad green, with ruffled leaves and a nice sweet spicy flavour. Unlike some other fresh greens, the curled leaves don't easily fall flat in tossed salads. Very quick and easy to grow. Can be cut several times before the bolt and need to be reseeded. Sow every 10-25 days from early spring to early fall.

S2012 Seeds: Pkt/\$2.50, 100g/\$20

WATERCRESS

Nasturtium officinale

P Z5-9 S F X E

Best grown along streams where water is shallow and calm. Will succeed, however, in gardens or in pots, provided soil is kept moist.

S2020 Seeds: Pkt/\$2, 10g/\$14, 100g/\$105

UPLAND CRESS

Barbarea verna

B Z5-9 S F X E

(Winter cress; Land cress) Resembles watercress in flavour and often grown in place of it. Easy to grow indoors or out.

S2032 Seeds: Pkt/\$2, 100g/\$22, 1kg/\$145

AFRICAN POWER CRESS

Spilanthes filicaulis

P Z11+

Power to influence! (Brazil cress; Wolikpekpe) In West Africa this plant helps to develop the powers of persuasion and influence. Chewing on a few fresh flowers or leaves is said to help make one's talk smooth and harmonious, and local leaders are known to use it before important meetings. Leaves and the yellow button flowers produce a lemony tingling sensation on the tongue. The effect is probably due to spilanthol, a mild analgesic agent that is found in other *Spilanthes* species. Top chefs are experimenting with *Spilanthes* cresses in salads for an "electric" tingling effect. Try a few flowers or chopped leaves in tossed salads and see what happens! A beautiful low creeper that grows into mats. Grows happily indoors in pots for all your persuasion needs!

P2035 Plants: \$6.50, 3+/\$4.90, 12+/\$3.90

TOOTHACHE CRESS

Spilanthes oleracea

A S E

(Spilanthes; Australian cress) Leaves have a mild anesthetizing effect and are useful for toothaches. Also used as an antibiotic against candida. The fresh leaves are edible and are eaten like cress.

S6530 Seeds: Pkt/\$3.25, 1g/\$11, 10g/\$75

BULL'S EYE CRESS

Spilanthes acmella 'Bull's Eye'

A S E

(Paracress; Electric daisy) Trendy chefs and bartenders love to play with this fun new ingredient! The striking button-like flowers can be added to salads and cocktails for a surprising but delightful "electric" tingling effect. What happens is the mouth goes numb briefly, followed by an intense cooling sensation. There is hint of a bitter, grassy flavor but that is really secondary to the sensation. This European variety has bright gold button flowers with red "eyes" that look like they might be from a raging bull!

S6531-200 Seeds: Pkt/\$3.25, 1g/\$9, 10g/\$70

CROWN VETCH

Coronilla varia

Ground cover for any unsightly barren patches, south-facing slopes, etc. Mounds of lacy leaves topped all summer long by a profusion of pink or white flowers. The plant is being tested as a substitute for purple foxglove in the treatment of heart disorders. Used in folk medicine to treat disorders of the prostate. Should not be used without medical supervision.

S2040 Seeds: Pkt/\$2, 100g/\$20, 1kg/\$130

P Z3-9 S E



CUCUMBER, CHINESE

Trichosanthes kirilowii

(Gua lou; Tien hua fen; Chinese snake gourd) Source of anti-HIV agent, Compound Q (GLQ223), which was once thought to have promise for AIDS treatment because it selectively kills infected cells, leaving healthy cells untouched. Used in China to treat angina pectoris, to reduce phlegm, and to induce abortions.

S2045 Seeds: Pkt/\$3.25, 10g/\$7, 100g/\$45, 1kg/\$330

A S E



CULANTRO: See CORIANDER, MEXICAN

CUMIN

Cuminum cyminum

Seeds are important in many international cuisines, including those of India and Mexico. Flavour resembles caraway but is hotter. Used in soups, cake, bread, cheese, and is a standard ingredient of commercial curry powders. Requires a long warm growing season; should be started indoors in colder climates.

S2050 Seeds: Pkt/\$2, 100g/\$23, 1kg/\$150

A S E



CUMIN, BLACK

Nigella sativa

(Fennel flower; Russian caraway; Black caraway) Commonly featured in Indian dhal and equally at home in Russian rye bread! Aromatic black seeds resemble fennel in aroma and taste something like peppery nutmeg. Seeds can be ground and used with near abandon like black pepper. Its legendary healing powers are summed up in the Arab proverb, "In the black seed is the medicine for every disease except death."

S2055 Seeds: Pkt/\$2, 100g/\$20, 1kg/\$150

A S E



CURRYLEAF

Murraya koenigii

(Mitha-neem) The source of the distinctive flavour of South Indian and Sri Lankan cooking. Anyone who has savoured *dosas* — thin pancakes with a spicy curryleaf-drenched filling — will know how wonderful this herb is. A typical South Indian curry is made with mustard seeds, shallots and fresh curryleaf. The leaves have a strong curry aroma when bruised. Best used fresh, added at the last stage of cooking. Does well in pots. Requires a minimum temperature of 15-18C.

P2059 Plants: \$15

(Not to US) P Z11+



Curryplant

CURRYPLANT

Helichrysum italicum

Delightfully curry-scented foliage. The essential oil is used to enhance fruit flavours in confections and perfumes.

P2060 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70

P Z8-9 S X M



CURRYPLANT, MINI

Helichrysum italicum microphyllum

A silvery plant with irresistible charm, excellent for hedging and for formal knot gardens. Lovely compact bushy growth habit, reaching only 30cm/12in high. Grey-white leaves and strong curry scent.

P2061 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70, **Plug pack:** 12/\$15

P Z11+



DAISY, ENGLISH

Bellis perennis

Charming button flowers appear from early spring until late autumn. Tea is employed as a gentle laxative; also for stomach and intestinal problems. Helps heal inflamed swellings and burns.

S2080 Seeds: Pkt/\$2.50, 10g/\$17, 100g/\$125

B Z6-10 S F E



DAISY, OX-EYE

Chrysanthemum leucanthemum

Familiar wildflower found in meadows and along roadsides. Employed to relieve chronic cough, asthma and nervous excitability.

S2090 Seeds: Pkt/\$2.50, 100g/\$35

(Not to ID) P Z3-10 S F E



DANDELION

Taraxacum officinale

Universally despised as a pesky weed, the lowly dandelion is actually one of the more useful herbs around. Dried roots are very popular as a coffee substitute. Promotes bile secretion.

S2100 Seeds: Pkt/\$2.50, 10g/\$7, 100g/\$40, 1kg/\$275

P Z3-10 S F E



DANDELION, FRENCH

Taraxacum officinale sativum 'Thick-ld'

This strain of the lowly dandelion boasts tender fleshy leaves, topping all other fruits and vegetables for iron content. Enjoy in a spring salad, or cooked like spinach. Treat as a biennial — sow one year, pick the next.

S8310 Seeds: Pkt/\$2, 10g/\$19, 100g/\$145

P Z3-10 S F E



Mammoth Dill

Dill

(*Anethum*)

MAMMOTH DILL

Anethum graveolens 'Mammoth'

Finely cut foliage. For fresh use as "dillweed", or allowed to go to seed for dill pickles. Ht. 1m/40".

S2140 Seeds: Pkt/\$2, 100g/\$9, 1kg/\$75

S2140-001 Seeds: Pkt/\$2, 100g/\$18, 1kg/\$115

A S X E



BOUQUET DILL

Anethum graveolens

Dwarf, compact version of the above. Ht. 75cm/3ft.

S2141-001 Seeds: Pkt/\$3.25, 100g/\$16, 1kg/\$50

S2141 Seeds: Pkt/\$2.50, 100g/\$13, 1kg/\$50

A S X E



DUKAT DILL

Anethum graveolens 'Dukat'

Finely cut foliage. For fresh use as dillweed, or allowed to go to seed for dill pickles. Has strong flavour and high oil content.

Anthocyanin-free, so it is greener than most dills. Ht. 1m/40in.

S2141-500 Seeds: Pkt/\$2, 100g/\$22

A S X E



ELLA DILL

Anethum graveolens 'Ella'

A short, dense leafy variety developed for pots and for hydroponic production. With a short stem internode length plants are bushier than other varieties. Excellent dark green colour.

S2141-701 Seeds: Pkt/\$3.25, 10g/\$7, 100g/\$30

A S X E



FERNLEAF DILL

Anethum graveolens

Unique dwarf plants 45cm/18in; dark green leaves. Slow to bolt. Excellent for dillweed production and potted plants. All America Winner for 1992.

S2142 Seeds: Pkt/\$3.25, 1g/\$7, 10g/\$45, 100g/\$240

GREEN SLEEVES DILL

Anethum graveolens 'Green Sleeves'

Uniform, dark green variety for fresh market production. Very resistant to bolting. Suited for both field production and yearround greenhouse production.

S2143-001 Seeds: Pkt/\$3.25, 100g/\$22, 1kg/\$145

HERCULES DILL

Anethum graveolens

Heavy yielding tetraploid strain. Slow to flower so foliage stays green and succulent longer. Best variety for the fresh leaf market.

S2145 Seeds: Pkt/\$3.25, 100g/\$29, 1kg/\$195

TETRA LEAF DILL

Anethum graveolens

Excellent for dillweed production. Dark green leaves, bushy habit, and slow to bolt. Ht. 1m/40".

S2150 Seeds: Pkt/\$2, 100g/\$20, 1kg/\$125

DITTANY OF CRETE

Origanum dictamnus

(Hop marjoram) Woolly-leaved relative of oregano with similar spicy scent and uses. The beautiful chartreuse and pink flowers may be steeped for tea. Excellent for hanging baskets.

P2170 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70



Bloody Dock

DOCK, BLOODY

Rumex sanguineus

(Dang gui; Chinese angelica) A British native with rosettes of striking light green leaves marked with bright maroon-coloured veins. Very interesting new salad green! Young leaves are used like spinach, fresh in salads or blanched a few seconds in boiling water. Has been used medicinally for cancer and for various blood diseases.

S2182 Seeds: Pkt/\$3.75, 1g/\$7, 10g/\$50, 100g/\$375

P2182 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70, **Plug pack:** 12/\$15

DONG QUAI

Angelica polymorpha sinensis

(Dang gui; Chinese angelica) Important herb in China, used more than even ginseng or licorice. Lowers blood pressure, strengthens the heart, increases coronary flow, moderates arrhythmia and improves circulation. It is strongly antibacterial, analgesic and anti-inflammatory, and is used widely to regulate menstruation, to treat hepatitis and cirrhosis of the liver, shingles and to relieve the pain of rheumatism. Ht. 1m/3ft.

S2190 Seeds: Pkt/\$7, 10g/\$15, 100g/\$90

DRAGONHEAD

Dracocephalum moldavica

(Moldavian Balm) Scented leaves; showy blue flowers; fine beeplant. Ht. 45cm/18".

S2200 Seeds: Pkt/\$2.50, 10g/\$7, 100g/\$40

DUSTY MILLER

Senecio cineraria

One or two drops of fresh juice dropped into the eye is said to remove cataract. Silver-white foliage is popular for grey gardens.

S2250 Seeds: Pkt/\$2, 10g/\$16, 100g/\$120

Echinacea

(*Echinacea*)

Purpurea Group (*E. purpurea*)

ECHINACEA

Echinacea purpurea

(Coneflower) Standard variety. Rich reddish-purple daisies appear from July to September. Roots are the most potent part, but leaves and seeds are also used in herbal medicines.

S2280 Seeds: Pkt/\$2.25, 10g/\$7, 100g/\$35, 1kg/\$240

S2280-001 Seeds: Pkt/\$3.25, 10g/\$7, 100g/\$45

P2280 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10, **Plug pack:** 12/\$15

MAGNUS ECHINACEA

Echinacea purpurea 'Magnus'

Beautiful variety with rose-purple petals that don't droop as much as wild echinaceas. Developed in the 1980s by Swedish echinacea breeder, Magnus Nilsson. Was the Perennial Plant of the Year for 1998. Excellent longlasting cutflower. Ht. 1m/40".

S2280-200 Seeds: Pkt/\$3.75, 1g/\$14, 10g/\$100

FRAGRANT ANGEL ECHINACEA

Echinacea purpurea 'Fragrant Angel'

Hard as it is to imagine improving the wonder herb echinacea, here is a plant that does just that. It has majestic scented white flowers with layered, overlapping, nearly horizontal petals and huge yellow cones. And its branching habit and long blooming season through to fall makes this a perfect herb, cutflower and garden plant all in one! Ht. 75cm/30".

Propagation prohibited. U.S. patent (USPP#16054).

P2280-300 Plants: \$12



Primadonna Echinacea

PRIMADONNA DEEP ROSE ECHINACEA

E. purpurea 'Primadonna Deep Rose'

Impressive variety from Germany with abundant large flowers, 10-12cm/4-5" across. Excellent cutflower. Attracts butterflies. Good heat and drought tolerance. Ht. 70-80cm/28-32".

S2280-350 Seeds: Pkt/\$5.25

PRIMADONNA WHITE ECHINACEA

Echinacea purpurea 'Primadonna White'

Like the previous variety with white petals and dark eye. Same impressive large flower size.

S2280-360 Seeds: Pkt/\$5.25

RUBY GIANT ECHINACEA

Echinacea purpurea 'Ruby Giant'

Outstanding variety developed from a single remarkable plant discovered in Europe in the garden of the son of echinacea breeder, Magnus Nilsson. Has huge fragrant flowers, up to 18cm/7" across, with striking upcurved clear pink petals. Ht. 75cm/30".

P2280-400 Plants: \$12

WHITE SWAN ECHINACEA

Echinacea purpurea 'White Swan' P Z4-10 S F E
Showy white variety. Medicinal activity has not been tested but is likely to be similar to the purple variety.

\$2280-500 Seeds: Pkt/\$3.75, 10g/\$35, 100g/\$260

P2280-500 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70, **Plug pack:** 12/\$15

Other Echinaceas

NARROWLEAF ECHINACEA

Echinacea angustifolia P Z3-9 S F M
Medicinally more active than the previous species. Slow to germinate, rarely exceeding 50%; requires 30-90 days at 5°C/40°F to germinate. Studies suggest that treatment with the hormone Ethrel quickens germination.

\$2281 Seeds: Pkt/\$3.25, 10g/\$25, 100g/\$175, 1kg/\$1190

P2281 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70, **Plug pack:** 12/\$15

PALE-PURPLE ECHINACEA

Echinacea pallida P Z5-9 S F M
Similar to the narrowleaf species in both appearance and medicinal action. The taller (1m/40") and the paler of the two, and may, in fact, be the more important commercially because much of what is sold as *E. angustifolia* may actually be this species. Germination rates are often less than 40% and may benefit from pretreatments suggested for *E. angustifolia*.

\$2282 Seeds: Pkt/\$3.25, 10g/\$9, 100g/\$65, 1kg/\$460



Yellow Echinacea

YELLOW ECHINACEA

Echinacea paradoxa P Z3-8 S F M
(Yellow coneflower) The only yellow-flowering echinacea. Flowers are 7cm/3" across with a chocolate brown centre. Roots contain medicinal constituents similar to those found in *E. pallida*. Traditionally used like other echinaceas for its antiviral, anti-inflammatory and immune-boosting effects. Requires cold stratification for 1-2 months to break seed dormancy. Prairie native of the Missouri and Arkansas Ozark regions. Ht. 75cm/30".

\$2283 Seeds: Pkt/\$3.25, 10g/\$26, 100g/\$195

EDELWEISS

Leontopodium alpinum P Z5-9 S F E
Edelweiss has important medicinal and cosmetic uses, and is now a cultivated crop in Europe. Traditionally used as a tea for diarrhea, dysentery and respiratory problems, today it is used to neutralize free radicals and block the formation of superoxides associated with aging. Also strengthens the walls of capillaries and veins and can be used for varicose veins and hemorrhoids. Ht. 15cm/6in.

\$8860 Seeds: Pkt/\$3.25, 1g/\$10, 10g/\$70

P8860 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70



Edelweiss



European Elder

Elder

(*Sambucus*)

Overlooked for years, elder is undergoing a welcome reappraisal. We all know about elderberry wine, pie and jelly, but studies show that elder extracts provide powerful relief of the symptoms of colds and flus. Indeed elderberry has been shown to deactivate the flu virus. The resurgence of interest is fast turning elder into a hot crop in America. Led by the efforts of Missouri researchers to transform elder into a profitable crop, farms growing elder by the acre are springing up all over in America.

ADAMS ELDER

Sambucus canadensis 'Adams 2' P Z3-11
(Elderberry) Variety released by the New York Agriculture Experiment Station in 1926 and is still widely grown by commercial growers. Medium-sized black-purple berries are sweeter than most varieties. Berries are borne on large clusters that are easy to harvest. Yields are excellent.

P2294 Plants: \$8.50, 3+/\$6.40

AMERICAN ELDER

Sambucus canadensis P Z3-11
(Elderberry) The hardy native form grown from seeds collected in southern Ontario. Very hardy, very adaptable. For food and medicinal use.

P2295 Plants: \$8.50, 3+/\$6.40

BOB GORDON ELDER

Sambucus canadensis 'Bob Gordon' P Z3-11
Best berry producer! (Elderberry) A superior variety developed for commercial elderberry production. Yields are almost triple that of other varieties. Large berries are borne on inverted heads that help to protect the berries from birds. Released by the Elderberry Improvement Project in Missouri in 2011.

P2296 Plants: \$8.50, 3+/\$6.40

EUROPEAN ELDER

Sambucus nigra P Z3-11 S F D
(Common Elderberry) Very similar to American elder in appearance and used in the same ways. It is harder than its American cousin, surviving in the far north, and throughout Europe and even parts of north Africa. It has been introduced successfully in many parts of the world including North America, East Asia, Australia and New Zealand.

\$2300 Seeds: Pkt/\$2, 10g/\$12, 100g/\$90

WYLDEWOOD ELDER

Sambucus canadensis 'Wyldewood 1' P Z3-11
(Elderberry) First variety released in 2010 by the Elderberry Improvement Project in Missouri. It is a consistent heavy yielder, well suited for the processing industry. Bushes are large, vigorous, and upright, and the large fruit clusters make harvesting more efficient compared to other varieties. Berries are medium to large. Harvests start 2-4 weeks later than the industry standard variety, 'Adams II'. Ht. 2.2m/7ft.

P2303 Plants: \$8.50, 3+/\$6.40

Elecampane

ELECAMPANE

Inula helenium

Dried root preparations quiet coughing, stimulate digestion, and tone the stomach. Flowers yield yellow and orange dyes.

S2320 Seeds: Pkt/\$2.50, 10g/\$25

P2320 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10

EPAZOTE

Chenopodium ambrosioides

(Wormseed; Mexican tea) Strong scented foliage highly esteemed in Mexico and Guatemala for seasoning corn, black beans, mushrooms, fish and shellfish. Wormseed oil is frequently prescribed to expel intestinal parasites.

S2350-001 Seeds: Pkt/\$3.75, 10g/\$40, 100g/\$200

EPHEDRA, AMERICAN

Ephedra nevadensis

(Mormon tea; Desert tea; Joint-fir) Unusual native of the southwestern U.S. desert regions. Foliage resembles that of the horsetail plant. Makes a pleasant refreshing beverage tea, an excellent substitute for coffee or tea. Contains traces of ephedrine, a nerve stimulant resembling adrenaline. Has tonic effects, improves kidney action, and relieves asthma. Prefers dry, alkaline soil.

S2353 Seeds: Pkt/\$3.25, 100g/\$23, 1kg/\$155

P2353 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70

EPHEDRA, CHINESE

Ephedra sinica

(Cao ma huang) Chinese ephedra is a powerful stimulant herb containing the alkaloid ephedrine, the main inspiration for today's popular over-the-counter antihistamine drugs. Traditionally used in Chinese medicine for conditions characterized by wind and cold, such as chills, fever, headache, cough and wheezing. Excellent for colds, congestion, and asthma. In children used to control bed wetting, nose bleeding and diarrhea. Very hardy; prefers dry, well-drained location with full sun exposure. Ht. 30-50cm/12-20".

S3820 Seeds: Pkt/\$5.25, 10g/\$12, 100g/\$115, 1kg/\$670

Eucalyptus

EUCALYPTUS

Eucalyptus globulus

(Bluegum) Famous "gum" trees of Australia, sources of essential oils used in perfumery and medicine. Cough drops and sore throat lozenges are made with the oil. Powerful antiseptic. Helps deodorize the air when grown indoors. Despite the enormous height they normally attain, they can be grown indoors with occasional pruning to maintain a manageable size.

S2360 Seeds: Pkt/\$3.25, 10g/\$23, 100g/\$170

P2360 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70

EUCALYPTUS, LEMON

Eucalyptus citriodora

(Lemon gum) Crushed leaves emit a delightful lemon scent, popular in potpourris and perfumes, and to freshen the air indoors. Its oil is the major ingredient in some plant-based insect repellents, and a scattering of the leaves crushed or whole repels cockroaches and silver fish around the house.

S2361 Seeds: Pkt/\$3.25, 10g/\$7, 100g/\$50

P2361 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70

EUCALYPTUS, PEPPERMINT

Eucalyptus radiata

Yields an oil with a strong peppermint odour and flavour.

S2370 Seeds: Pkt/\$5.25

P2370 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70

EVENING PRIMROSE

Oenothera biennis

Oil in seeds contains gammalinolenic acid (GLA), a precursor of prostaglandin E1 that is very active, biologically regulating such functions as the vessel and immune systems. By supplementing the diet with GLA, one can bypass a blockage of prostaglandin E1 production caused by aging, poor diet, or alcoholism. Chronic complaints such as PMS disappear. Roots can be eaten as a vegetable; shoots as a salad.

S2380 Seeds: Pkt/\$2, 10g/\$12, 100g/\$95

P2380 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10

EVERLASTING

Helichrysum arenarium

European wildflower with cute yellow flowers resembling cat's paws. Spicy, aromatic dried flowers keep colour well; often added to commercial herbal teas for colour. Useful for dyspeptic disorders.

S2385 Seeds: Pkt/\$3.75, 1g/\$7

Bronze Fennel

Fennel

(*Foeniculum*)

SWEET FENNEL

Foeniculum vulgare dulce

Chopped leaves are used with oily fish, such as mackerel, eel and salmon, to improve digestibility. Also in soups, salads and stews. Fennel tea is given to infants for its calming and anti-flatulent effects.

S2420 Seeds: Pkt/\$2.25, 100g/\$21, 1kg/\$135

BRONZE FENNEL

Foeniculum vulgare dulce 'Rubrum'

Highly decorative form of fennel with bronze-red, lacy foliage. Leaves can be used like green fennel.

S2425 Seeds: Pkt/\$3.75, 10g/\$22, 100g/\$165, 1kg/\$1225

P2425 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10

FLORENCE FENNEL

Foeniculum vulgare azoricum

(Finocchio) Unlike sweet fennel, this produces a bulbous base of delicate anise flavour and crisp texture. Superb sliced raw in green salads, sauteed, or quartered in chicken casseroles. Does best in cool weather: sow direct in July to mature by fall or start early indoors and plant out in spring.

S8340-001 Seeds: Pkt/\$2.50, 10g/\$8, 100g/\$60, 1kg/\$225

P8340 Plants: Plug pack: 12/\$12



Fenugreek

FENUGREEK

Trigonella foenum-graecum

Common ingredient of curry powder. Used in oriental sauces, soups, stews, and for seasoning and preserving butter. Enjoys much commercial use for making imitation maple, vanilla, caramel and butterscotch flavours.

\$2460 Seeds: Pkt/\$2, 100g/\$28, 1kg/\$110

Ⓜ Ⓢ Ⓣ Ⓡ
A S E



Feverfew

Feverfew

(*Tanacetum, Chrysanthemum*)

FEVERFEW

Tanacetum parthenium

P Z5-9 F E

A medical survey in England indicates that 1 to 4 leaves of feverfew infused in a tea or eaten in a sandwich daily reduce the number and severity of migraine attacks in some sufferers. It even has pleasant side effects including a sense of well-being, lack of tension and relief from arthritis. Approx. 0.4% parthenolide.

\$2480 Seeds: Pkt/\$2.25

P2480 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10, **Plug pack:** 12/\$15

WHITE POMPON FEVERFEW

Tanacetum parthenium 'White Pompon'

P Z5-9 S E

Dense double white pompon type. Long stems, suitable for cutflowers. Ht: 60cm/2ft. Contains 0.3% parthenolide.

\$2485-800 Seeds: Pkt/\$3.25, 1g/\$12, 10g/\$85, 100g/\$165

WHITE STARS FEVERFEW

Tanacetum parthenium 'White Stars'

P Z5-9 S E

Masses of double white flowers on neat, compact plants 18cm/7" high. Lovely in fresh or dry bouquets and arrangements. Good container plant and for edging. Low parthenolide.

\$2485-900 Seeds: Pkt/\$3.25, 10g/\$35, 100g/\$200

Fig

(*Ficus*)

The rotund fig and its fabled leaf go back at least 5,000 years as enduring symbols of sinful pleasure and lost innocence. The ancients and latter day fig-cognoscenti have known the hedonistic delight of fresh sun-ripened, honey-dripping figs, and know all too well the impatient wait for fig season to arrive in late summer. With protection and the right care fig trees grow successfully in zones as low as 4. And they do well in containers.

HARDY CHICAGO FIG

Ficus carica 'Hardy Chicago'

P Z7-11

'Hardy Chicago' has brown-purple fruits and luscious strawberry-coloured flesh. Brought to Chicago by Sicilians from Mount Etna and has been grown there by dedicated fans of figs ever since.

P2520 Plants: \$6.50

ATREANO FIG

Ficus carica 'Atreano'

P Z7-11

Reliable fast growing variety. Figs have a light green skin and sweet pink flesh. Also known as 'Atreano Gold'.

P2521-100 Plants (Apr-June shipment): \$8.50

BLACK SPANISH FIG

Ficus carica 'Black Spanish'

P Z7-11

Figs are mahogany-black with very sweet, juicy and firm pink flesh. Bears two crops, in July and September. The plant is naturally dwarf so it does well in containers and where space is limited. Originally from Spain. Also called 'Black Jack'.

P2521-150 Plants (Apr-June shipment): \$8.50



Desert King Fig

DESERT KING FIG

Ficus carica 'Desert King'

P Z7-11

Large figs have a deep green skin with minute white spots and luscious strawberry-red flesh. Figs are sweet and delicious fresh or dried. The first harvest (the "breba" crop) in summer is heavy, followed by a lighter second crop in fall. Vigorous variety developed in California in 1920.

P2521-250 Plants (Apr-June shipment): \$8.50

LATTARULLA FIG

Ficus carica 'Lattarulla'

P Z7-11

Medium to large yellow-green fig with a very sweet and delicious light amber flesh. Produces crops in summer and fall. Also known as 'Italian Honey'.

P2521-450 Plants (Apr-June shipment): \$8.50

NEGRONNE FIG

Ficus carica 'Negronne'

P Z7-11

Named after a town in the Bordeaux region of France where this variety is said to have come from. The striking, almost black fruits have a red flesh that has intense rich flavour! A-fig-cionados say that this variety is one of the very best. Produces crops in summer and fall.

P2521-550 Plants (Apr-June shipment): \$8.50

MORE SEEDS ONLINE
Richters.com/Seeds

PETER'S HONEY FIG

Ficus carica 'Peter's Honey'

Originally from Sicily, this super delicious lemon yellow fig with sweet, tender, dark amber flesh, is truly amazing. It likes it a little hotter than other varieties, so grow this in a warm spot protected from the cold wind. Produces crops in summer and fall.

P2521-700 Plants (Apr-June shipment): \$8.50

P Z7-11

STELLA FIG

Ficus carica 'Stella'

Large green-yellow figs with beautiful sweet purplish-red flesh. By one account this fig was brought to the U.S. by an Italian sailor who named it after his wife. Another story has it that this is really the same as another well-known variety called 'Adriatic'. Either way, this is one wonderful fig. Produces crops in summer and fall.

P2521-800 Plants (Apr-June shipment): \$8.50

P Z7-11



Vern's Brown Turkey Fig

VERN'S BROWN TURKEY FIG

Ficus carica 'Vern's Brown Turkey'

This is an improvement over a well-known but mostly unreliable 'Brown Turkey' variety grown in North America. 'Vern's' is a reliable producer of large tasty sweet figs with a dark brown skin and a light amber flesh. It can usually be counted on producing crops in summer and in fall.

P2521-900 Plants (Apr-June shipment): \$8.50

P Z7-11

FIGWORT

Scrophularia nodosa

English herb used mainly for skin problems. Also sprains, swellings, inflammation, burns, even gangrene.

S2530 Seeds: Pkt/\$3.25, 10g/\$16, 100g/\$125

P Z6-8

FISH MINT

Houttuynia cordata

(Vap Ca) Vietnamese herb used fresh on meat dishes and in soups. Unusual, but interesting fish-like flavour. Very easy to grow. Shade tolerant.

P6605 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70

P Z6-10

FISH MINT, CHAMELEON

Houttuynia cordata 'Chameleon'

Vietnamese herb used fresh on meat dishes and in soups. Unusual, but interesting fish-like flavour. Striking red, green and white variegated ground cover for shady areas. Very easy to grow. Shade tolerant.

P6605-100 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70

P Z6-10

FLAG, LICORICE

Acorus gramineus 'Licorice'

All parts of the plant burst with an absolutely stunning licorice scent when squeezed. Used in Thai cooking, and deserving of experimentation wherever a new flavour twist is desired. Important Chinese medicinal herb used to treat lack of appetite, gastritis, and depression. Prefers full or partial sun in wet soil or in water garden. Grows 20-30cm/8-12"; grass-like foliage.

P2600 Plants: \$6.50, 3+/\$4.90, 12+/\$3.90

P Z7-10

FLAX

Linum usitatissimum

Source of strong fibre used in linen cloth. Linseed poultice is valuable for rheumatism and infections. Linseed oil is employed in the paint and varnish industries.

S2700 Seeds: Pkt/\$2, 100g/\$16, 1kg/\$100

A S E

FLAX, BLUE

Linum perenne

Pretty border perennial with pale blue flowers. As with ordinary flax, seeds contain linseed oil. Has been used for rheumatic pains, diarrhea and coughs.

S2710 Seeds: Pkt/\$2.50, 100g/\$29, 1kg/\$170

P Z4-9



Fo-Ti

FO-TI

Polygonum multiflorum

(He-shou-wu) Legendary Oriental "Elixir of Life" said to be used by a certain Professor Li who lived to the ripe old age of 256! Early in life Li started taking a daily concoction containing the "elixir of life." He is said to have outlived 23 wives, and left behind 11 generations of descendants when he died in 1933! Widely used tonic herb in traditional Chinese medicine. Roots are used to restore blood, liver and kidneys, and is prescribed for conditions as varied as vertigo, insomnia, lumbago, and constipation. Climber.

P2725 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70, **Plug pack:** 12/\$15

P Z7B-9

FOXGLOVE, GRECIAN

Digitalis lanata

Source of the cardiac drug digoxin used to treat congestive heart failure. White flowers with bold brown veining on 1m/3ft spikes.

S2732 Seeds: Pkt/\$3.25

P2732 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10

B/P Z4-10

FOXGLOVE, PURPLE

Digitalis purpurea

Source of digitalis, important for its stimulating and regulating action on the heart, but too powerful to use without medical supervision. Spotted bells arranged in spikes are highly ornamental.

S2730 Seeds: Pkt/\$2.50, 10g/\$8, 100g/\$65

P2730 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10







B Z4-9

**BIGGER POTS
BETTER PLANTS**

Our new pots are
100% BIGGER!
**BETTER plants,
BETTER value
for you!**

GARDENIA

Gardenia jasminoides

P Z8-10      
(Cape jasmine; Zhi zi) Scented white flowers used by the floral industry in arrangements and corsages. Flowers used to flavour Chinese tea and a source of important essential oil used in perfumery. Fruits are used in Chinese medicine for fever, high blood pressure, insomnia, hepatitis and for sprains, swellings and bruises. Evergreen shrub up to 2m/6ft high with dark green, leathery leaves. Succeeds as a house plant if kept warm (above 18°C/65°F).

\$2775 Seeds: Pkt/\$2.50, 10g/\$15, 100g/\$110

Garlic

(*Allium*)



All seed garlic is shipped in the fall for fall planting. We often sell out by September so order early to avoid disappointment.

Softneck Group (*Allium sativum sativum*)

Regular "softneck" form of garlic, so called because the stem does not dry hard in the centre of the bulb. Plants are shorter than the "hardneck" varieties.

KETTLE RIVER GIANT (Can,US only)

Allium sativum sativum 'Kettle River Giant'





P Z3-8  

Very productive artichoke garlic with bulbs often reaching 7.5cm/3" across. Outer skins have vivid purple blotches while the inner skins are clean white. Beige-white cloves arranged in several layers around the stem. Rich hot flavour, and stores well. Excellent for braiding. Not fussy about soil type — sandy, silty, clay — as long it gets full sun and average water. Rarely bolts, even in zones 4-5. Heirloom from the Kettle River, Washington area for over 100 years. 8-13 cloves per bulb.

R2780-240 Bulbs (Sept-Oct shipment): 250g/\$19, 1kg/\$40

LOKALEN

Allium sativum sativum 'Lokalen'

(Can,US only)  
P Z3-8  





Like the people of Yugoslavia where it comes from, this artichoke garlic is strong and spirited, with a bite. Skins are purple-splotted outside and beige-white inside. The squat bulbs make beautiful braids — and delicious hummus! Matures a bit earlier than other artichokes. Like other artichoke garlics, it is not fussy about soil type: it will do well in sandy, silty or clay soil. Little goes wrong with this garlic — a good choice for beginners. 7-10 cloves per bulb.

R2780-270 Bulbs (Sept-Oct shipment): 250g/\$19, 1kg/\$40



SICILIAN GOLD

Allium sativum sativum 'Sicilian Gold'

(Can,US only)  
P Z3-8  

Beautiful heirloom from Sicily and a classic Italian taste: robust but not too hot. Perfect for pasta sauces and salad dressing. An excellent producer of large flattened white to beige bulbs up to 85g/3oz with outer skins mottled purple. Sometimes partially bolting in the coldest climates but bulbs are large enough to cook with! Like other artichoke garlics, it is not fussy about soil; it does well in sandy, silty and clay soils. 8-11 cloves per bulb.

R2780-770 Bulbs (Sept-Oct shipment): 250g/\$19, 1kg/\$40



Hardneck Group (*Allium sativum ophioscordon*)

Called "hardneck" because the stem dries hard in the centre of the bulb. Cloves are larger and easier to separate than the "softneck" type, but does not store as well. Esteemed for their strong garlic flavour. This group includes the rocambol or Italian garlics.

CHESNOK RED

(Can,US only)  

Allium sativum ophioscordon 'Chesnok Red'

P Z3-8  



This popular purple stripe garlic from the Republic of Georgia produces two distinct sizes of bulbs: large multi-layered bulbs with inner cloves up to 7cm/2.5" and smaller single-layered bulbs that store longer. The flavour is complex and lingering when sautéed, baked or raw in salad dressing. Useful as a good mid-winter garlic, it peels easier after 4-6 months of storage. 7-11 sharply pointed, bright pink cloves per bulb.

R2786-300 Bulbs (Sept-Oct shipment): 250g/\$19, 1kg/\$40



New! DEERFIELD PURPLE (Can,US only)

Allium sativum ophioscordon 'Deerfield Purple'

P Z3-8  



This is a top performer for size, flavour and uniformity, originally found in Vietnam in the 1990s. Bulbs are 6cm across and covered white skin streaked with purple; 7-9 cloves per bulb. The flavour begins with mild heat and ends with a spicy flourish.

R2786-350 Bulbs (Sept-Oct shipment): 250g/\$19, 1kg/\$40

New! DUGANSKIJ

(Can,US only)  

Allium sativum ophioscordon 'Duganskij'



P Z3-8  

(Persian Star garlic; Samarkand garlic) Also known as Persian Star or Samarkand. It was found in a market in Samarkand, a key stop on the ancient Silk Road in Uzbekistan. This is a beautiful marbled purple stripe variety with vivid colors and easy to peel cloves. The flavor is very pleasant with a mild spicy zing. Good, reliable, all-purpose variety that produces year-after-year.

R2786-360 Bulbs (Sept-Oct shipment): 250g/\$19, 1kg/\$40

New! GERMAN MENNONITE (Can,US only)

Allium sativum ophioscordon 'German Mennonite'

P Z3-8  



This is a very nice porcelain variety that originally came from a German Mennonite colony in Ontario. In recent years it has become the garlic of choice for several commercial growers near Toronto. Good size bulbs with 4-6 cloves per bulb.

R2786-550 Bulbs (Sept-Oct shipment): 250g/\$19, 1kg/\$40

KHABAR

(Can,US only)  

Allium sativum ophioscordon 'Khabar'



P Z3-8  

Highly recommended marbled purple stripe garlic, similar in size to porcelain garlics but with more cloves per bulb. Comes from the Siberian city of Khabarovsk. Mild and creamy when baked into mashed potatoes, bursting with flavor when raw; it's worth having for mid-winter storage and hanging as decoration. Easy to grow. 4-6 cloves per bulb.

R2786-720 Bulbs (Sept-Oct shipment): 250g/\$19, 1kg/\$40

KOSTYN'S RED RUSSIAN (Can,US only)

Allium sativum ophioscordon 'Kostyn's Red Russian'

P Z3-8  

A Canadian heirloom, this variety has been grown in Port Alberni, British Columbia for many decades, and is proving more cold-hardy and adaptable than expected in many northern areas. Dubbed "smooth as single malt whisky," this mid-season heavyweight yields big bulbs with thick purple-streaked skins and 5-7 rosy-red or pinkish-tan cloves. Give it plenty of air to cure after harvest, and you will be rewarded with Uncle Kostyn's prized garlic year after year.

R2786-730 Bulbs (Sept-Oct shipment): 250g/\$19, 1kg/\$40

New! MAJESTIC

(Can,US only) (P) (+) (+)

Allium sativum ophioscordon 'Majestic'

P Z3-8 (F)

One of the best mid-season porcelain garlics available. Garlic lovers unabashedly describe it in majestic terms as having "nobility, grace and sublime character." It was developed from a chance mutation of a rocambole garlic by Ontario garlic grower Paul Pospisil, and was first introduced to the market in 2002. Bulbs reliably reach 5-7cm in diameter, even after cold winters, with 4-6 cloves per bulb. Good mild flavour.

R2786-800 Bulbs (Sept-Oct shipment): 250g/\$19, 1kg/\$40**MARINO**

(Can,US only) (P) (+) (+)

Allium sativum ophioscordon 'Marino'

P Z3-8 (F)

People say rocambole garlics can be fussy to grow, but Marino is here to prove otherwise. Undemanding and easy to grow, this vigorous selection from New York State produces uniform-sized cloves and bulbs year after year, with a well-rounded and warm flavor profile. An added bonus: its distinctive swan-like scapes are fantastic in flower arrangements. 6-9 cloves per bulb, and a longer storage life than most other rocamboles.

R2786-850 Bulbs (Sept-Oct shipment): 250g/\$19, 1kg/\$40**Music Garlic****MUSIC**

(Can,US only) (P) (+) (+)

Allium sativum ophioscordon 'Music'

P Z3-8 (F)

Best yielding strain, preferred by commercial growers in Ontario. Produces up to 15 tonnes per hectare (13,500 lbs/acre). White skin with a pink blush. Cloves are large and easy to separate and peel. Has a medium hot flavour. Will store up to 9 months.

R2787 Bulbs (Sept-Oct shipment): 250g/\$19, 1kg/\$40, 10kg/\$320**NORTHERN QUEBEC**

(Can,US only) (P) (+) (+)

Allium sativum ophioscordon 'Northern Quebec'

P Z3-8 (F)

This impressive porcelain garlic has a memorable scent of hickory-smoked salmon when it is freshly dug. When cured the taste is hot and powerful. 3-7 extra large cloves per bulb depending on soil type. Adapts well to many situations, and is tolerant when the weather cycles between wet and dry. Scapes must be removed for optimal yields. Stores well, up to 8-9 months. What's not to love?

R2787-300 Bulbs (Sept-Oct shipment): 250g/\$19, 1kg/\$40**PUSLINCH**

(Can,US only) (P) (+) (+)

Allium sativum ophioscordon 'Puslinch'

P Z3-8 (F)

Also known as Ontario Giant, this is a rocambole garlic from the Great Lakes region selected for its excellent disease resistance in heavier soils. It has an incredible depth of flavor making it an excellent choice for roasted garlic, pickles and everyday use. It peels easily so it is a good choice for fast meals. The largest bulbs last 3-4 months while the smaller ones last 8-9 months. 7-12 cloves per bulb.

R2787-600 Bulbs (Sept-Oct shipment): 250g/\$19, 1kg/\$40**SIBERIAN**

(Can,US only) (P) (+) (+)

Allium sativum ophioscordon

P Z3-8 (F)

Very high in allicin, the compound that is responsible for garlic's antibiotic effect and for its ability to control cholesterol and high blood pressure. Medium to strong flavour; light pink coloured skin. Cloves are large. Very hardy; excellent performer in northern climates.

R2788 Bulbs (Sept-Oct shipment): 250g/\$19, 1kg/\$40, 10kg/\$320**XIAN**

(Can,US only) (P) (+) (+)

Allium sativum ophioscordon 'Xian'

P Z3-8 (F)

This outstanding artichoke garlic was originally smuggled into the United States from the city of Xian in China by a worker at the Green Lotus Restaurant in San Francisco. American garlic grower Chester Aaron loved it so much he paid the worker \$30 a bulb in order to acquire the variety. Xian is a large cloved, purple-striped variety, very early maturing. The cloves are large and fat, about 8-10 cloves per bulb.

R2788-780 Bulbs (Sept-Oct shipment): 250g/\$19, 1kg/\$40**GARLIC, SILVER LACE***Tulbaghia violacea* 'Silver Lace'

P Z7-11

(Sweet garlic; Pink agapanthus) A lovely variegated version of society garlic. The silver-edged leaves beautifully frame the large pink flowers that appear in summer. Silver is more prominent in summer and changes to a pinkish tinge in winter. Prefers full sun and sandy, well-drained soil. Ht. 30-40cm/12-16".

P2791 Plants: \$6.50, 3+/\$4.90, 12+/\$3.90**Society Garlic****GARLIC, SOCIETY***Tulbaghia violacea*

P Z7-11

(Sweet garlic; Pink agapanthus) A more civil version of garlic can hardly be imagined: its lavender-pink flowers are sweet-scented like hyacinths, and are showy, but you don't get bad breath when you eat it. The garlicky rhizomes, leaves and flowers can be used like garlic and chives. Flowers all summer. Prefers full sun and sandy, well-drained soil. Ht. 30-40cm/12-16".

P2790 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70**GAYFEATHER***Liatris spicata*

P Z4-9 (S) (F) (E)

(Blazing Star) Features strong spikes of deep rose-purple flowers. Tuberosous roots make a soothing tea valuable in kidney diseases or as a gargle for sore throat.

\$2800 Seeds: Pkt/\$2.50, 10g/\$14, 100g/\$110**Tibetan Gentian****GENTIAN, TIBETAN***Gentiana tibetica*

P Z5-7 (S) (M)

Rare medicinal species from Tibet. Used in Chinese medicine to expel wind dampness, damp heat, jaundice, for dry constipation, and as a tonic. Forms large rosettes, 60cm/2ft. high; leaves 30cm/12" long; flowers are tubular, greenish-white, to 3cm/1" long. Unlike other medicinal gentians, this is easier to raise from seed.

\$2828 Seeds: Pkt/\$3.75

Geranium

(*Pelargonium*)

ALMOND

Pelargonium quercifolium 'Pretty Polly' P Z10-11+
Pungent, resinous, nutty odour, possibly reminiscent of almonds. Very showy pink flowers.

P2840-030 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70

APPLE

Pelargonium odoratissimum P Z10-11+
Charming Victorian favourite. Delightful apple and cinnamon fragrance.

P2840-050 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70

APRICOT

Pelargonium scabrum 'M. Ninon' P Z10-11+
Strong scent, possibly of apricots. Lovely deep rose flowers; dark glossy leaves.

P2840-070 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70



Attar of Roses
Geranium

ATTAR OF ROSES

Pelargonium capitatum 'Attar of Roses' P Z10-11+
Vigorous growing plant with deeply cut leaves. Excellent rose scent: useful perfume substitute for attar of roses.

P2840-080 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70

CHARITY

Pelargonium 'Charity' P Z10-11+
Very attractive! Leaves are two-toned with variegations of green and lime-green. Excellent pot plant with a robust, dense uniform habit. Delicate rose scent.

P2840-180 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70

CHOCOLATE-MINT

Pelargonium quercifolium 'Chocolate-Mint' P Z10-11+
Strong minty scent that some noses swear has a hint of chocolate. Velvety, purple streaked leaves.

P2840-190 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70

CINNAMON

Pelargonium crispum 'Cinnamon' P Z10-11+
Small crisped leaves have a lemon scent with a hint of cinnamon. Compact growth habit.

P2840-200 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70

CITROSA

Pelargonium 'Citrosa' P Z10-11+
Claimed to keep mosquitoes, black flies and other biting insects at bay. Studies suggest that it is not effective. But even if it has no effect, its refreshing citronella scent and ease of culture make it worthwhile.

P2840-205 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70

COCONUT

Pelargonium grossularioides P Z10-11+
Coconut scent. Self-sown readily. Small dark leaves; compact somewhat trailing habit. Ideal for hanging baskets.

P2840-220 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70

FERNLEAF

Pelargonium denticulatum 'Filicifolium' P Z10-11+
Finely cut leaves resemble fern leaves. Pine scented.
P2840-260 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70

FINGERBOWL LEMON

Pelargonium crispum 'Minor' P Z10-11+
Strong lemon scent. Tiny crisped leaves. Stiff upright habit. A fresh sprig added to the after dinner fingerbowl added an elegant touch to the Victorian dinner table.

P2840-290 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70

FRENESHAM LEMON

Pelargonium 'Frensham' P Z10-11+
Absolutely delightful lemon scent. Neat compact growth habit.

P2840-300 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70

GINGER

Pelargonium 'Toronto' P Z10-11+
Faint ginger scent. Showy rose-lavender flowers.

P2840-340 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70



Lemon Sculpture™
Geranium

LEMON SCULPTURE™

Pelargonium 'Bontrosai' P Z10-11+
Like a living sculpture! A very different scented geranium with a pruned and sculpted look like bonsai. The tightly curled leaves and sparse, deliberate branching gives it a neat formal look. It keeps its sculpted look even in lower light, so it works well indoors on windowsills. Its refreshing citrus scent will make it hard to keep your hands off it! Ht. 90cm/3ft.

Unauthorized propagation prohibited. Protected by U.S. patent (USPP#PP15918). Lemon Sculpture is a trademark of Richters; all rights reserved.

P2840-440 Plants: \$8.50

LIME

Pelargonium x nervosum P Z10-11+
Excellent lime scent. Small deep green leaves.

P2840-450 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70

MABEL GREY

Pelargonium citronellum 'Mabel Grey' P Z10-11+
Outstanding lemon-scented variety with dark green, sharply lobed leaves and showy flowers.

P2840-460 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70



Mrs Taylor
Geranium

MRS. TAYLOR

Pelargonium 'Mrs. Taylor' P Z10-11+
Flowers bright red; very showy; pungent, crinkled leaves.

P2840-485 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70

NUTMEG

Pelargonium x fragrans

Small dainty plant with a spicy nutmeg scent.

P2840-520 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70

P Z10-11+  

OLD SPICE

Pelargonium x fragrans 'Logeei'

Spicy like nutmeg geranium, but with a hint of apple.

P2840-560 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70

P Z10-11+  



Orange Fizz Geranium

ORANGE FIZZ

Pelargonium 'Orange Fizz'

Strong orange-lemon scent is addictive. A fun plant for containers, window boxes, and as a border plant in the scented garden. Light pink and mauve bicolor flowers. Ht. 45-60cm/18-24in.

P2840-565 Plants: \$6.50

P Z10-11+  

PEACOCK

Pelargonium 'Peacock'

Delicious, intense rose fragrance. Foliage is flecked with white markings. Small lavender flowers. Vigorous growth habit. Ht. to 50cm/20in.

P2840-570 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70

P Z10-11+  

PEPPERMINT

Pelargonium tomentosum

Refreshing mint scent. Large velvety leaves. Its trailing habit makes it ideal for hanging baskets.

P2840-580 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70

P Z10-11+  

PRINCE OF ORANGE

Pelargonium citrosium

Orange-scented. Compact, showy plant.

P2840-620 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70

P Z10-11+  

PUNGENT PEPPERMINT

Pelargonium 'Pungent Peppermint'

Strong peppermint scent; robust upright habit.

P2840-670 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70

P Z10-11+  

ROBER'S LEMON-ROSE

Pelargonium graveolens 'Rober's Lemon-Rose'

Deeply scalloped leaves resemble tomato leaves. Sweet lemon-rose scent; vigorous growth habit.

P2840-690 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70

P Z10-11+  

ROSE

Pelargonium x asperum

The traditional rose-scented geranium with deeply cut leaves.

P2840-700 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70

P Z10-11+  

SKELETON-ROSE

Pelargonium radens

(Dr. Livingston geranium) Lemon-rose scent. Finely cut leaves.

P2840-750 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70

P Z10-11+  

STRAWBERRY

Pelargonium x scarboroviae

(Countess of Scarborough geranium) Small crisped leaves are pleasantly strawberry-scented. Tends to stay compact in size.

P2840-850 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70

P Z10-11+  

VARIEGATED NUTMEG

Pelargonium x fragrans 'Variegated'

Attractive variegated version of nutmeg geranium with the same strong nutmeg scent.

P2840-910 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70

P Z10-11+  

GERMANDER

Teucrium chamaedrys

(Wall germander) Showy edging plant with glossy dark green leaves and rosy flowers. Infusion quiets upset stomach and promotes appetite. Once used in the treatment of gout.

S2858 Seeds: Pkt/\$3.25, 1g/\$19, 10g/\$140

P2858 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10, **Plug pack:** 12/\$15

P Z5-9   



Ghost Egg

GHOST EGG

Datura metel

(Ghost eggplant; Norligbuitsa) Used by the Ewe herbalists of West Africa to treat swollen limbs and swollen areas on the head. Fresh leaves are pounded to a paste and applied as a compress to the affected part. The Ewe name *norligbuitsa* means "ghost eggplant", a potent reference to its power when misused to turn people into zombie slaves. Tubular flowers are spectacular in purple and white. Ht. 90cm/3ft.

S2861 Seeds: Pkt/\$5.25, 10g/\$20, 100g/\$150

GINGER, WILD

Asarum canadense

(Indian ginger) North American woodland native with aromatic roots like true ginger. Important Amerindian remedy for indigestion, coughs, colds, fever, sore throat, flatulence, and nervous conditions.

P2862-300 Plants (Apr-June shipment): \$6.50, 3+/\$4.90, 12+/\$3.90

P Z3-8  



Ginkgo

GINKGO

Ginkgo biloba

(Maidenhair tree) An extremely hardy tree, resistant to pollution and disease. Very attractive fan-shaped foliage. In the West, the male tree is preferred because the female produces a foul-smelling fruit. However, the fruit contains a delicious nut which is a delicacy in China roasted or added to rice dishes. Medicinally, ginkgo is rapidly gaining a reputation as a brain tonic. According to recent European studies, the leaf extract increases blood supply to the brain and improves neural functioning and memory. Seeds take 3 to 12 months to germinate.

S2862-500 Seeds (Mar-June shipment): Pkt/\$7, 100g/\$20, 1kg/\$130

P2862-500 Plants: \$6.50, 3+/\$4.90, 12+/\$3.90

P Z5-9  

Ginseng

(Panax, Eleutherococcus)

AMERICAN GINSENG

Panax quinquefolius

P Z4-8 F D

Native of cool hardwood forests throughout eastern and central North America. Extinct in many areas, it is now cultivated to a large extent. Seeds are planted in hardwood forests or under shade in the fall. The seedlings appear in spring, and in 3 to 6 years they mature. We offer high quality stratified seeds. Detailed growing instructions included.

\$2863 Seeds (Sept-Oct shipment): Pkt/\$10, 10g/\$15, 100g/\$115, 1kg/\$835



Siberian Ginseng

SIBERIAN GINSENG

Eleutherococcus senticosus

P Z3-8 S F D

(Eleuthero ginseng; Ci wu jia) Possesses powerful tonic and restorative properties. Relieves the effects of mental and physical stress. Its action differs from that of true ginseng as it does not cause insomnia in large doses. Very hardy shrub; requires part shade. Germination takes 1-2 years.

\$2864 Seeds: Pkt/\$10, 10g/\$13, 100g/\$80, 1kg/\$575

GOJIBERRY

Lycium barbarum

P Z3-9 S F E

(Wolfberry; Gou-gi-zi; Matrimony vine) Chinese culinary and medicinal herb used to strengthen muscles and bone, liver function, and to improve vision. Increases white blood cell counts, and stimulates tissue development. Young leaves and shoots are popular as cooked greens in China. Sweet berries are eaten raw as a snack or added to soups and stews.

\$6925 Seeds: Pkt/\$3.25, 10g/\$16, 100g/\$110

P6925 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70, **Plug pack:** 12/\$24



Black Gojiberry

New! GOJIBERRY, BLACK

Lycium ruthenicum

P Z4-7 S M

A promising superfood! (Tibetan gojiberry; Hei guo gou qi) Black berries are very rich in oligomeric proanthocyanidins (OPCs), a class of compounds that gives red wine, grape seeds and blueberries their powerful antioxidant effects. Traditionally used to treat diabetes, anemia, heart disease, impotency, abnormal menstruation, menopause and problems of the liver and kidneys. Reduces cholesterol, helps regulate blood pressure, and improves circulation. Also improves vision problems and dizziness. The berries help prevent or slow the growth of cancer. Black gojiberry does well in dry, well-drained soils, and requires full sun. Ht. 25-100cm.

\$2905 Seeds: Pkt/\$7, 10g/\$50, 100g/\$350

P2905 Plants: \$6.50, 3+/\$4.90, 12+/\$3.90, **Plug pack:** 12/\$24

GOLDENROD, EUROPEAN

Solidago virgaurea

P Z3-8 S F M

Has excellent diuretic and antiphlogistic effects. Used for bladder and kidney stones and inflammation. An infusion of the flowering tops is used, often in conjunction with echinacea for urinary problems, upper respiratory infections, mucus congestion and postnasal drip. Ht. 75cm/30in.

\$2908 Seeds: Pkt/\$3.25, 10g/\$20



Goldenseal

GOLDENSEAL

Hydrastis canadensis

P Z4-8 F D

This North American woodland plant contains the alkaloid hydrastine which acts on the mucous membranes to alleviate catarrhal conditions such as sore gums, gastritis, nasal congestion, etc. Propagation by rootlets is more reliable than propagation by seed. Roots yield a beautiful yellow dye.

Live plants cannot be shipped to the U.S. per CITES rules.

\$2920 Seeds (July-Oct shipment): Pkt/\$15, 1g/\$10, 10g/\$70

P2920 Plants (Apr-May shipment) (Can only): \$6.50, 3+/\$4.90, 12+/\$3.90

GOOD KING HENRY

Chenopodium bonus-henricus

P Z3-9 S F E

(Mercury) Wholesome potherb rich in iron and vitamin C. In use since Neolithic times. Shoots gathered when 12cm (5in) high are peeled, boiled and eaten like asparagus. Young tender leaves are eaten cooked or in salads like spinach. Flower spikes can be steamed and buttered like broccoli. Remedy for indigestion, constipation. Thrives in full or partial sun. Ht. 60cm (2ft).

\$2950 Seeds: Pkt/\$2.50, 10g/\$9, 100g/\$70

P2950 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10, **Plug pack:** 12/\$15

GOTU KOLA

Centella asiatica

P Z8-10

(Pennywort) Small creeping tropical plant used for centuries in India. Believed to have remarkable rejuvenating properties. One or two freshly chopped leaves daily in salads or liquefied in juice are said to be sufficient to revitalize the cells of the brain and to retard the aging process. Research shows that it is valuable for the treatment of burns, wounds, scars and varicose veins because it stimulates the development of connective tissue. Of easy culture in humus-rich soil where humidity is high. May be necessary to enclose plants in plastic bags during dry winter months. Avoid direct sunlight.

P3000 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10, **Plug pack:** 12/\$15

GRAVELROOT: See JOE-PYE WEED

GREEK MOUNTAIN TEA

Sideritis syriaca

P Z8-10 S X M

(Ironwort) Traditional tea consumed throughout Greece to treat the common cold. Sold in dried form in most Greek markets worldwide. *Sideritis* species have proven anti-inflammatory properties; research into anti-arthritis and antimicrobial uses is ongoing. In the wild, plants thrive on sunny, rocky, dry hillsides growing to 50cm/20" with attractive grey-woolly leaves.

\$3010 Seeds: Pkt/\$5.25, 1g/\$50, 10g/\$320

P3010 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70

GROUND IVY, VARIEGATED

Glechoma hederacea 'Variegata'

P Z5-9

(Creeping Charlie) Attractive white-variegated variation of the previous. Excels in hanging baskets, trailing straight down 1m/3ft. or more. Easy to grow.

P3021 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10

GUM ARABIC

Acacia senegal

P Z11+ X M

Source of important resin. Has protective, soothing effect on inflamed mucous membranes. Used in throat lozenges and for diarrhea and dysentery. In the food industry it is used as a stabilizer, emulsifier and flavour fixative, and it is common in chewing gum and candy. Tropical shrub or small tree with pale yellow fragrant flowers. Good indoor pot plant.

53048 Seeds: Pkt/\$3.25, 10g/\$5, 100g/\$30

GUMPLANT

Grindelia robusta

P Z7-10 S F E

(Gumweed; Rosinweed) Effective for colds, coughs, nasal congestion and bronchial irritations. Also used as a healing wash for burns, rashes, blisters and poison ivy. Attractive yellow flowers.

53050 Seeds: Pkt/\$3.25, 1g/\$15, 10g/\$105, 100g/\$795

GYNURA

Gynura procumbens

P Z10-11+

(Leaves of the Gods; Mollucan spinach; Sambung nyawa; Daun dewa) Traditional Asian herb for diabetes. In animal studies it lowered blood sugar but only in diabetic animals, unlike antidiabetic drugs. And it protects the kidneys and retinas from damage caused by high blood sugar. It also lowers blood cholesterol and triglycerides, lowers blood pressure, and has anti-inflammatory and antiviral activity. The edible young leaves are eaten fresh in salads or stir-fried with garlic and oyster sauce. Gynura will climb if you let it but is happy kept as a small bush with regular pruning.

P3090 Plants: \$6.50, 3+/\$4.90, 12+/\$3.90, **Plug pack:** 12/\$18

HEARTSEASE

Viola tricolor

B Z4-9 S F E

(Johnny jump up) Old English favourite with charming small purple, lavender and yellow flowers. Was once a potent symbol of romance for courting couples. Used for dropsy, respiratory catarrh and skin eruptions. Flowers are edible.

53140 Seeds: Pkt/\$2, 10g/\$9, 100g/\$80

HEARTSEED

Cardiospermum halicacabum

A S E

(Kanphuti; Balloon vine) Climbing annual common throughout India. Leaves are mixed in castor oil to treat stiff limbs, rheumatism and lumbago. Root has diaphoretic, diuretic and laxative properties. Leaf juice is used for earache. Cooked and eaten in India and Africa. Decorative black seeds with cute heart-shaped white faces are used for necklaces.

53141 Seeds: Pkt/\$3.25, 10g/\$12, 100g/\$70



Heliotrope

HELIOTROPE

Heliotropium arborescens

P Z11+ S X E

Sweet scented violet-blue flowers are favourites as pot plants or outdoor bedding plants. Cultivated for perfumery and for scenting bathing waters. Has been used for "clergyman's sore throat."

53144 Seeds: Pkt/\$3.75, 1g/\$10, 10g/\$70

P3144 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70



**Sunset
Hibiscus**

New! HIBISCUS, SUNSET

Abelmoschus manihot

P Z8-11 S E

Beautiful yellow flower with surprising uses. (Huang shu kui; Yellow sichuan mallow) Chinese herb used for kidney disease, scalds, burns, fractures, bleeding wounds, constipation, and urinary tract infection. Studies have shown that the flowers are very effective in treating certain forms of chronic kidney disease, particularly when proteinuria (excess protein in urine) is involved. The flowers and the seeds are used to improve lactation in mothers who cannot produce milk consistently. A recent study showed that an extract made from the seeds is a potent aphrodisiac, proving to be as effective as Viagra in mice. The beautiful large yellow flowers are edible and in China they are added to soups just before serving. The Chinese also boil the roots with pork to make a broth. Easy fast-growing garden plant for sunny or partly shaded areas. Where it is not winter hardy it can easily be grown as an annual. Keep well watered; soil must be consistently moist. Ht. 1.2-1.8m/4-6ft.

53210 Seeds: Pkt/\$3.25, 100g/\$70, 1kg/\$450

HOLLYHOCK

Alcea rosea

A/P Z2-9 S F E

As a gargle a tea of the flowers helps soothe oral inflammations. Tall majestic flower spikes of red, pink, purple or yellow.

53274 Seeds: Pkt/\$2.50, 10g/\$13, 100g/\$95

P3274 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10

HOLLYHOCK, BLACK

Alcea rosea nigra

P Z2-9 S F E

Distinguished from the previous by its silky black-purple flowers which, when added to herb teas, give a lovely, deep rose-purple colour. Like other members of the mallow family, it helps soothe irritated mucous membranes.

53278 Seeds: Pkt/\$2.50, 10g/\$13, 100g/\$95

P3278 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10

HOLLYHOCK, DOUBLE

Alcea rosea 'Double'

A/P Z2-9 S F E

Soothing herb for irritations on skin and in mouth. Tall majestic flower spikes of double red, pink, purple or yellow blossoms.

53275 Seeds: Pkt/\$3.25, 10g/\$11, 100g/\$80

Hops

(*Humulus*)

Beer Hops (*Humulus lupulus*)

These are the classic beer making hops used by European and North American brewers. The bitterness is rated by the alpha acid content — the higher the alpha acid, the more bitter the hop. All plants are female.

CASCADE HOPS

Humulus lupulus 'Cascade'

(Not to US) P Z3-8

Excellent all-purpose strain used in North American beers. Alpha acid 4.5-7%.

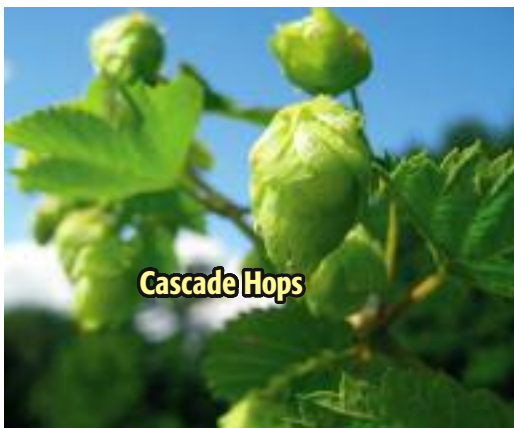
P3301-100 Plants (Apr-June shipment): \$8.50, 3+/\$6.40



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Cascade Hops

CENTENNIAL HOPS

Humulus lupulus 'Centennial' **(Not to US)**
Sometimes called "super Cascade" because it has nearly double the alpha acid content of Cascade. Alpha acid 9.5-11.5%.
P3301-110 Plants (Apr-June shipment): \$10, 3+/\$7.50

CHINOOK HOPS

Humulus lupulus 'Chinook' **(Not to US)**
Super alpha hybrid variety with high vigour and yield. Popular with both craft and major brewers. Alpha acid 10-14%.
P3301-120 Plants (Apr-June shipment): \$10, 3+/\$7.50

COLUMBUS HOPS

Humulus lupulus 'Columbus' **(Not to US)**
A triploid hybrid variety with very high alpha acids and oils. Alpha acid 14-17%.
P3301-130 Plants (Apr-June shipment): \$10, 3+/\$7.50

FUGGLE HOPS

Humulus lupulus 'Fuggle H' **(Not to US)**
American version of the classic English variety introduced by Richard Fuggle in 1875. Alpha acid 4-5.5%.
P3301-190 Plants (Apr-June shipment): \$10, 3+/\$7.50

GLACIER HOPS

Humulus lupulus 'Glacier' **(Not to US)**
Variety used in American style pale ales. It was developed from an old French variety called 'Elsasser' and was released in 2000 by Washington State University. Its well balanced bittering properties and pleasant aroma profile make it an excellent dual purpose hops. Alpha acid 5.5%.
P3301-195 Plants (Apr-June shipment): \$10, 3+/\$7.50

HALLERTAUER HOPS

Humulus lupulus 'Hallertauer' **(Not to US)**
Pleasant aroma. Used in German lagers. Alpha acid 3-5.5%.
P3301-200 Plants (Apr-June shipment): \$8.50, 3+/\$6.40

KENT GOLDING HOPS

Humulus lupulus 'Kent Golding' **(Not to US)**
A premium English aroma hop grown since the 1790s. Alpha acid 4-5.5%.
P3301-240 Plants (Apr-June shipment): \$10, 3+/\$7.50

MAGNUM HOPS

Humulus lupulus 'Magnum' **(Not to US)**
German hybrid grown for extract or bittering use. Very clean aroma; used in many beers. Alpha acid 13-15%.
P3301-280 Plants (Apr-June shipment): \$10, 3+/\$7.50

MOUNT HOOD HOPS

Humulus lupulus 'Mount Hood' **(Not to US)**
Medium bitterness, mild flavour, good aroma; for Bavarian-style lagers. Alpha acid 3-8%.
P3301-300 Plants (Apr-June shipment): \$8.50, 3+/\$6.40

NORTHERN BREWER HOPS

Humulus lupulus 'Northern Brewer' **(Not to US)**
Good versatile all-purpose hop with high oils. Popular with eastern USA craft brewers for full-bodied ales. Alpha acid 7-9%.
P3301-380 Plants (Apr-June shipment): \$10, 3+/\$7.50

NUGGET HOPS

Humulus lupulus 'Nugget' **(Not to US)**
Strong bitter hop for stouts and ales. Alpha acid 12-14%.
P3301-400 Plants (Apr-June shipment): \$8.50, 3+/\$6.40

PACIFIC GEM HOPS

Humulus lupulus 'Pacific Gem' **(Not to US)**
A super alpha variety from New Zealand with a fruity, blackberry aroma. Alpha acid 11.5-13.5%.
P3301-420 Plants (Apr-June shipment): \$10, 3+/\$7.50

PERLE HOPS

Humulus lupulus 'Perle' **(Not to US)**
A well rounded dual purpose hop, popular with craft and microbrewers. Alpha acid 7-9.5%.
P3301-430 Plants (Apr-June shipment): \$10, 3+/\$7.50

SANTIAM HOPS

Humulus lupulus 'Santiam' **(Not to US)**
Terrific all-purpose aroma hop that adds a spicy, sweet fruity character to beers. Alpha acid 5-7.9%.
P3301-450 Plants (Apr-June shipment): \$10, 3+/\$7.50

SORACHI ACE HOPS

Humulus lupulus 'Sorachi Ace' **(Not to US)**
A high alpha variety developed by Sapporo Brewers in 1984. It has a unique hint of lemon and dill combined with excellent bittering characteristics. It is considered a dual purpose hops often used for pale ales. It is a cross between 'Brewers Gold', 'Saazer OP', and 'Beikei No. 2'. Alpha acid 10-16%.
P3301-455 Plants (Apr-June shipment): \$10, 3+/\$7.50

SOUTHERN CROSS HOPS

Humulus lupulus 'Southern Cross' **(Not to US)**
A delicious high alpha variety with a spicy, lemon taste and slight hint of pine. The flavour is very "European", and so this variety is used in lagers, pilseners, bitters, real ales, strong bocks and strong stouts. It is a triploid cross between 'Smoothcone' and '53-5-61M' developed by the Riwaka Hop Research Centre in New Zealand and introduced in 1994. Alpha acid 11-14%.
P3301-457 Plants (Apr-June shipment): \$10, 3+/\$7.50

STERLING HOPS

Humulus lupulus 'Sterling' **(Not to US)**
A dual purpose hop with a floral, citrusy aroma and high alpha bitterness. Alpha acid 6-9%.
P3301-460 Plants (Apr-June shipment): \$10, 3+/\$7.50

WILLAMETTE HOPS

Humulus lupulus 'Willamette' **(Not to US)**
A popular hop for aroma and flavouring use of the English Fuggle type. Has a pleasant, mild fruity aroma with hints of spice and earthy woods. Alpha acid 4-6%.
P3301-500 Plants (Apr-June shipment): \$8.50, 3+/\$6.40

Other Hops (*Humulus* spp.)

HOPS

Humulus lupulus **P Z3-8**
Well known beer hops are forms of this species. Important medicinally for its calming effect. A pillow stuffed with hops flowers will overcome insomnia. Tall growing vine, ideal for covering antenna towers. Seeds will yield a mixture of male and female plants.
S3300 Seeds: Pkt/\$3.75, 10g/\$19, 100g/\$145, 1kg/\$1060

HOREHOUND

Marrubium vulgare **P Z4-8**
Horehound candies were once the standard remedy for coughs in Europe and North America. An infusion of the herb is good for weak stomach, lack of appetite and persistent bronchitis.
S3340 Seeds: Pkt/\$2, 10g/\$7, 100g/\$50, 1kg/\$360
P3340 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10, **Plug pack:** 12/\$15

HORSERADISH

Armoracia rusticana **P Z3-10**
Widely known condiment plant. Fleshy roots are grated for use as a pungent relish or appetizer with fish or meats.
P3360 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10

Hyacinth Bean



HYACINTH BEAN

Lablab purpureus

(Lablab) Most of this legume vine from India is edible: the pods, leaves, flowers, dried seeds, sprouted seeds and roots are all commonly eaten in India. Not only is it versatile in the kitchen, but its purple-veined leaves add ornamental interest in the garden. In traditional Chinese medicine it is used as a tonic and for the treatment of dysentery, bloody stools and 'summer heat disorders'. Tall twining vine matures in about 75 days.

S3390 Seeds: Pkt/\$5.25, 10g/\$7, 100g/\$35, 1kg/\$220

HYSSOP

Hyssopus officinalis

Decorative plant with a refreshing aromatic scent. Essential oil used in perfumery. Slightly bitter leaves are finely chopped on game meats, and in salads, soups and stews. Helps digestion. Showy blue flower spikes.

S3470 Seeds: Pkt/\$2, 10g/\$7, 100g/\$35, 1kg/\$245

P3470 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10, **Plug pack:** 12/\$15

IBOZA

Iboza riparia

(Nutmeg bush) Small aromatic South African bush with showy plumes of whitish flowers. Its musk-scented leaves are excellent in potpourris, adding an exotic, mysterious note to the mix. Easy to grow in any pot or decorative container.

P3482 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70

INDIAN TOBACCO:

See LOBELIA

INDIGO

Indigofera tinctoria

Ancient dyeplant valued for the clarity and fastness of the blue produced. Leaves contain indican which is oxidized by fermentation to produce the dye. The fresh herb gathered in flower is steeped in water for 12-48 hours with frequent stirring. The blue sediment that forms is the dye. Needs long growing season.

S3487 Seeds: Pkt/\$3.25, 100g/\$23, 1kg/\$150

INDIGO, WILD

Baptisia tinctoria

Roots are a valuable antiseptic, useful for bacterial infections of the mouth, throat, respiratory system, and the skin.

S3491 Seeds: Pkt/\$3.75, 1g/\$15, 10g/\$105, 100g/\$795



Jacob's Ladder

JACOB'S LADDER

Polemonium caeruleum

Leaflets are assembled in ladder form. Showy bright blue flowers. Remedy for nervous complaints, headaches and heart palpitations.

S3503 Seeds: Pkt/\$2.50, 10g/\$16

P3503 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10

JASMINE, ARABIAN

Jasminum sambac

Few flowers capture the heart and soul of Asia as *Jasminum sambac* does. It is the national flower of Indonesia and the Philippines and a symbol of purity, beauty and eternal love. The white flowers open at night to emit an intoxicating sweet scent that few can resist. Used as religious offerings and to make welcome garlands for guests. In China the flowers are added to jasmine tea. Grows as a small sprawling shrub, 1-3m (3-10ft) high, but can easily be kept to a more manageable size with pruning. Full or part sun.

P3506 Plants: \$8.50

JESSAMINE, NIGHT

Cestrum nocturnum

(Night-scented jasmine; Queen of the night) Shrub, spectacular for its intensely fragrant creamy-white flowers which emit waves of perfume at night. The fragrance has been described variously as "resembling orange blossoms" and "sweet musk mingled with heliotrope." Will bloom repeatedly through the year if well-fed and watered. Can reach 2.5m/8ft in height if not pruned back.

P3508 Plants: \$6.50, 3+/\$4.90, 12+/\$3.90, **Plug pack:** 12/\$18

Jewelweed



JEWELWEED

Impatiens capensis

North American woodland plant with distinctive orange-yellow pendant-like flowers. Juice or freshly crushed leaves are effective for poison ivy. When applied liberally to affected skin it works almost immediately to soothe the itchy rash. The fresh juice can be used to make effective poison ivy-fighting soaps. Prefers moist, shady locations with rich soil. Ht. 1m/3-4ft.

S3509 Seeds (Sept-Oct shipment): Pkt/\$7

JOBS TEARS, CHINESE

Coix lacryma-jobi ma-yuen

(Hato-mugi; Yi yi; Japanese barley) A staple cereal crop in Japan and China, and an important medicinal herb. Nutritious soft-shelled seeds are widely consumed in macrobiotic cuisine. They can be brewed into beer or roasted to make a delicious coffee-like beverage. In Chinese medicine, the seeds strengthen the spleen and counteract "damp heat", and are used for edema, diarrhea, rheumatoid arthritis and difficult urination.

S3509-500 Seeds: Pkt/\$2.50, 10g/\$9, 100g/\$55, 1kg/\$385

JOE-PYE WEED

Eutrochium purpureum

(Gravelroot) Tall graceful native of eastern U.S. Leaves emit a vanilla-scent when crushed; flowers rosy-purple. Indians and pioneers used it to induce sweating to break fevers. Valuable remedy for kidney problems.

S3510 Seeds: Pkt/\$3.25, 10g/\$30

P3510 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70

JOJOBA

Simmondsia chinensis

Oil squeezed from the nuts has proved so valuable it is called the new "liquid gold" of the West, and jojoba "prospectors" are banking on its future. Used in cosmetics and pharmaceutical products, and as a top-quality industrial lubricant that may replace sperm whale oil. Used in shampoos; believed to arrest hair loss and induce new growth.

S3512 Seeds: Pkt/\$3.25, 10g/\$7, 100g/\$35, 1kg/\$230

KENIKIR

Cosmos sulphureus

Indonesian favourite with a strong, pungent scent and flavour. Young shoots are eaten raw, mixed with coconut, or cooked with other greens. Bright yellow flowers. Height 75cm/30"

S3533 Seeds: Pkt/\$2.50, 100g/\$19

A S E

LA LOT

Piper lolot

(Lolot pepper) Vietnamese herb related to black pepper. Leaves are blanched briefly in boiling water and used as a flavouring wrap for beef which is then skewered and grilled. Alternatively, beef rolls made with ground beef and pork and wrapped in la lot leaves are fried and served with rice. The leaves can also be used fresh chopped on roast beef. Excellent house plant. Ht. 45-60 cm (18-24 in).

P3565 Plants: \$8.50

LACEFLOWER

Ammi majus

(Bishopsweed) Known to the ancient Egyptians as a treatment for skin diseases this humble wild plant of the Nile valley was recently catapulted to the forefront of modern cancer research. Attractive white lacy flowers are excellent for fresh floral arrangements.

S3580 Seeds: Pkt/\$2.50, 100g/\$22

P Z5-9 S E



Graceland
Laceflower

LACEFLOWER, GRACELAND

Ammi majus

(Bishopsweed) Developed for the commercial cutflower market. Stems are strong, straight and uniform for easier harvest. The white flowers are large flat umbels floating above the dark green foliage. When plants are in bloom it looks like the angels draped celestial white lace everywhere. Excellent garden annual for tall borders. Ht. 100-125cm (40-50in).

S3580-300 Seeds: Pkt/\$3.25, 1M/\$7, 10M/\$50

P Z5-9 S E

LADY'S MANTLE

Alchemilla vulgaris

Beneficial for menstrual disorders, lack of appetite, rheumatism, stomach ailments, disorders of the muscles. Slow to germinate.

S3600 Seeds: Pkt/\$5.25, 1g/\$9, 10g/\$65, 100g/\$490

P3600 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70

P Z3-8 S F M

LAMB'S EAR, WOOLLY

Stachys byzantina

Delightful soft, downy foliage resembles lamb's ears in feel and appearance. Silvery appearance is ideal for contrasting and grey gardens. Formerly used to bandage wounds.

S3605 Seeds: Pkt/\$3.25, 10g/\$27, 100g/\$200

P3605 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10, **Plug pack:** 12/\$15

P Z4-9 S F E

LAMB'S QUARTERS

Chenopodium album

Common weed, popular as a pot-herb. Young tender plants are a pleasant spinach substitute when boiled and served with butter. Rich source of vitamins A and C.

S3606 Seeds: Pkt/\$2.50, 10g/\$7, 100g/\$45

A S E

LANTERN, CHINESE

Physalis alkekengi

Edible berries are borne inside fascinating orange chinese lantern-like calyces. Berries are eaten raw, or in preserves and pies. Recommended for fevers and gout.

S3610 Seeds: Pkt/\$2.50, 10g/\$16, 100g/\$115

P3610 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70

P Z3-9 S F E



Lavender

(*Lavandula*)

English Group (*L. angustifolia*)

The true lavender cherished for its sweet odour, which is more delicate than other types.

Note: when raised from seeds English lavenders (e.g. Hidcote, Munstead and Rosea) are not 100% true to type.

ENGLISH LAVENDER

Lavandula angustifolia

Typical form. Compact, narrow foliage; flowers lavender-blue.

S3625 Seeds: Pkt/\$2, 10g/\$12, 100g/\$90

S3625-001 Seeds: Pkt/\$3.25, 10g/\$35, 100g/\$255

P3625 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10, **Plug pack:** 12/\$15

P Z5-8 S F M



Folgate
Lavender

FOLGATE LAVENDER

Lavandula angustifolia 'Folgate'

Neat compact variety with dark mauve, mildly scented flowers on long spikes. Well suited for gardens and borders, and for cutting and drying. Developed at Folgate Nursery in England before 1924. Ht. 60cm/24".

P3626-600 Plants: \$6.50, 3+/\$4.90

P Z5-9

HIDCOTE LAVENDER

Lavandula angustifolia 'Hidcote'

Compact silver-grey; flowers deep purple. Ht. 30cm/12".

S3627 Seeds: Pkt/\$3.25, 10g/\$40, 100g/\$290

P3627 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10, **Plug pack:** 12/\$15

P Z4-8 S F M

LAVANCE PURPLE LAVENDER

Lavandula angustifolia

Compact and uniform variety with deep purple-blue flowers. The branching habit is very tight, close to the base and produces a rich flush of attractive flower spikes. Will flower the first season if started early. Ht. 25cm/10in.

S3627-800 Seeds: Pkt/\$7

P Z5-7 S F M



MELISSA LAVENDER

Lavandula angustifolia

The sweetly fragrant flowers start out pure white and change to delicate pink as they mature. Flowers are earlier and last longer than other pink varieties. In the Lavender Capital of America, Sequim, Washington, there are spectacular displays of Melissa in arching rows interplanted with purple lavender. For cooking, the flowers have a prized mild and delicate flavour. Ht. 70cm/28in.

P3627-970 Plants: \$6.50, 3+/\$4.90



MINI BLUE LAVENDER

Lavandula angustifolia 'Mini Blue'

Outstanding compact lavender for edging, mass plantings, rock gardens and patio planters. Plants are highly uniform — unusual for lavenders raised from seeds. Flowers the first season from seeds if started early. Flowers are long lasting. Ht. 25-30cm/10-12".

S3627-980 Seeds: Pkt/\$7, 1M/\$135

MUNSTEAD LAVENDER

Lavandula angustifolia 'Munstead'

Flowers lavender-blue, bluer and earlier than most. Compact narrow green foliage. Ht. 30-45cm/12-18".

S3628 Seeds: Pkt/\$2.25, 10g/\$20, 100g/\$150, 1kg/\$1110

P3628 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10, **Plug pack:** 12/\$15

PINK PERFUME LAVENDER

Lavandula angustifolia 'Pink Perfume'

Produces masses of rosy pink flowers on mounds of aromatic grey green foliage. Ht. 60cm/24".

S3628-700 Seeds: Pkt/\$5.25

PROVENCE BLUE LAVENDER

Lavandula angustifolia 'Provence Blue'

Variety typical of the Provence region of France. Despite the popularity of hybrid lavender among French growers, this original Provencal lavender, with its deep blue shades and its more refined fragrance, is still commonly grown. Ht. 50cm/20".

S3628-800 Seeds: Pkt/\$3.75, 1g/\$9, 10g/\$65, 100g/\$500

JEAN DAVIS LAVENDER: See ROSEA LAVENDER

ROSEA LAVENDER

Lavandula angustifolia 'Rosea'

(Jean Davis lavender) Very nice compact variety for borders and knot gardens. Pale pink. Ht. 30cm/12".

S3629 Seeds: Pkt/\$5.25, 1g/\$45, 10g/\$325

P3629 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10, **Plug pack:** 12/\$15

ROYAL PURPLE LAVENDER

Lavandula angustifolia 'Royal Purple'

From the venerable English grower, Norfolk Lavender. It is said to be the first variety bred by Norfolk for use in its own commercial production. The colour is a beautiful deep purple that dries well. It has long stems and long cylindrical flowers. It is also lovely as a hedge but it does need occasional pruning to keep it nice and neat.

P3629-600 Plants: \$6.50

SACHET LAVENDER

Lavandula angustifolia 'Sachet'

American variety from Oregon with a strong heady aroma and excellent oil quality. Large violet-mauve flowers are good for scented use in potpourris and sachets. Blooms in June and again August or September. Nice variety for culinary use. Ht. 70cm/28in.

P3630 Plants: \$6.50, 3+/\$4.90



SUPERBLUE LAVENDER

Lavandula angustifolia 'SuperBlue'

A terrific new lavender from Holland with deep violet-blue flowers and a nice compact mounding growth habit. As the flowers appear in midsummer the strong scent fills the air far and wide. Very hardy and adaptable to both dry and wetter growing conditions. Ht. 25-60cm/10-24".

Propagation prohibited. U.S. patent (USPP#24929).

P3631-300 Plants: \$6.50, 3+/\$4.90

TWICKEL PURPLE LAVENDER

Lavandula angustifolia 'Twickel Purple'

Deep purple flowers with long stems and outstanding fragrance. Ideal for sachets, for cut-flowers, and for craft work. Needs regular pruning to maintain a neat rounded shape. Developed at Twickel Castle in Holland before 1922. Ht. 60cm/2ft.

P3632 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70

VICENZA BLUE LAVENDER

Lavandula angustifolia 'Vicenza Blue'

Big improvement over other seed-grown lavenders!

Vicenza Blue challenges the conventional wisdom that seed-grown lavenders are inferior to varieties grown from cuttings. The flowers are big, often exceeding 15mm in diameter. Its flowering habit is more uniform and growth is more vigorous than other seed-grown lavenders. The highly scented flowers are a beautiful deep purple. Flowers the first season from seed if started early enough in spring. Performs well in both pots and in gardens. Ht. 40cm/16".

S3632-700 Seeds: Pkt/\$7, 1M/\$80

Lavandin Group (*L. x intermedia*)

Hybrids between English lavender *L. angustifolia* and spike lavender (*L. latifolia*). Includes the most important varieties for oil production.

FRED BOUTIN LAVENDER

Lavandula x intermedia 'Fred Boutin'

Excellent for crafting! The flower stems are extra long and sturdy, making this one of the best lavenders for making lavender wands and other scented crafts. Flowers are deep lavender blue and strongly scented. Grows in dense silver-grey clumps and is excellent for informal hedges in sunny areas. Named after the California botanist who discovered this variety in the 1980s.

P3636-400 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70, **Plug pack:** 12/\$18

GROS BLEU LAVENDER

Lavandula x intermedia 'Gros Bleu'

Outstanding lavender from France and a stiff challenger to Grosso, the current favourite on lavender farms. Gros Bleu is quickly becoming a standard in the Pacific Northwest where it is widely grown for fresh and dried bouquets, potpourris, and for landscape use. Compared to Grosso, its flowers are deeper purple, and the aroma is sweeter. Flower spikes can be 10cm/4in long, on extra long stems making it an excellent choice for cutting. Ht. 1m/3ft.

P3636-480 Plants: \$6.50



P Z6-9

GROSSO LAVENDER

Lavandula x intermedia 'Grosso'

Commercially important strain from the Vaucluse district of France. Discovered in 1972 when the standard commercial strain was nearly destroyed by disease. Violet flowers, strong scent. Ht. 75cm/30".

P3636-500 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70



P Z5-9



**Phenomenal
Lavender**

PHENOMENAL LAVENDER

Lavandula x intermedia 'Niko'

A truly phenomenal lavender! Has all the beauty and all the brawn of the best — in one plant! It has the beautiful long flower spikes typical of hybrid lavandins but also it is hardier than the toughest of the English varieties. Across Europe and the United States this lavender outperformed all other varieties tested. It is tolerant to extreme heat and humidity, and is resistant to common root and foliar diseases. Its silvery foliage and uniform, mounding habit, makes it an excellent choice for ornamental use in gardens, for fragrance, for fresh and dried arrangements, and for oil production. It is also said to be deer-proof. Ht. 60-80cm/24-32" *Unauthorized propagation prohibited. Protected by U.S. patent (USPP#24,193).*

P3636-900 Plants: \$6.50, 3+/\$4.90



P Z4-9

PROVENCE LAVENDER

Lavandula x intermedia

(Dutch lavender; Lavandin) Vigorous, long-stemmed variety in cultivation since the 1950s and still widely grown for fresh bouquets, lavender wands, and potpourri. Very fragrant. Not considered suitable for commercial oil production. Ht. 1m/3ft.

P3637 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70



P Z5-9

SEAL LAVENDER

Lavandula x intermedia 'Seal'

Large bush with dark purple-violet flowers on long spikes. Old favourite for lavender bags. Its soft and pleasant aroma persists for at least two years. Was developed at the Seal Herb Farm before 1935 in England, where it was considered to be the best variety for commercial production, both for drying and for oil. Ht. 120cm/4ft.

P3637-450 Plants: \$6.50, 3+/\$4.90, **Plug pack:** 12/\$18



P Z5-9

SUPER LAVENDER

Lavandula x intermedia 'Super'

This is the main commercial lavender grown in France. Has the best perfume of all the hybrid lavenders. The scent is light and flowery and has little of the camphor notes found in other lavandins. The oil yield lower than other lavandins but the quality is much higher. Widely used in soaps and in aromatherapy. Ht. 1m/3ft.

P3637-700 Plants: \$6.50



P Z6-9

French Group (*L. stoechas*)

Despite the name these lavenders are not grown in France for the fragrance industry. Their oils possess a pronounced camphorous note which is undesirable. However they make stunning aromatic bedding plants with showy butterfly-like "wings" dancing atop the flowers. Confusingly also known as Spanish lavender.

FRENCH LAVENDER

Lavandula stoechas

(Spanish lavender) The standard form with narrow, grey downy leaves and dark violet flowers. Camphor-rosemary scent.

S3635 Seeds: Pkt/\$3.75, 10g/\$25, 100g/\$190

P3635 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10



P Z8-9 S X M

KEW RED LAVENDER

Lavandula stoechas 'Kew Red'

Show-stopping pink and cerise flowers on intensely fragrant grey-green plants. Excellent for bedding, edging and container use. Ht. 45-60cm/18-24".

P3635-500 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70, **Plug pack:** 12/\$18



P Z7-9

PURPLE RIBBON LAVENDER

Lavandula stoechas 'Purple Ribbon'

Lovely variety with large purple wing-like bracts resting upon a sea of dark purple flowerheads. Stunning in flower beds! Flowers the first season if started early (Jan-Feb). Ht. 35-40cm/14-16".

S3635-700 Seeds: Pkt/\$7, 1M/\$115



P Z7-10

FRENCH LONG LAVENDER

Lavandula stoechas pedunculata

(Pedunculata lavender) Similar to the standard form, but has large magenta flower bracts and elongated 20-30cm/8-12in flower stalks. Height up to 75cm/30". Stronger scent; bushier habit.

S3636 Seeds: Pkt/\$3.25, 10g/\$15, 100g/\$115



P Z8-9 X M

FRAGRANT BUTTERFLY

L. stoechas pedunculata 'Fragrant Butterfly'

Impressive French stoechas lavender with elongated wing-like magenta petals extending from dark bracts on slender stalks. The effect is striking, as if masses of butterflies have gathered in the garden. Ht. 40-45cm/16-18".

S3636-100 Seeds: Pkt/\$5.25, 1g/\$70, 10g/\$510



P Z8-9 M

Other Lavenders

FERNLEAF LAVENDER

Lavandula multifida

Soft, lacy, deeply-cut blue-green foliage. Blue-violet flowers appear all winter. Pungent scent.

S3634 Seeds: Pkt/\$3.75, 1g/\$17, 10g/\$125



P Z8-9 S X M



**Spanish Eyes
Lavender**

SPANISH EYES LAVENDER

Lavandula multifida 'Spanish Eyes'

Lovely ornamental lavender grown as an annual in flowerbeds, planters, and baskets. Set against its soft aromatic fern-like green leaves are masses of bright blue lavender flowers. Blooms all summer. Ht. 50-60cm/20-24".

S3634-500 Seeds: Pkt/\$5.25, 1M/\$60



P Z9-10 S X M

SPANISH LAVENDER

Lavandula dentata

(French lavender) Indented leaves are strongly resinous in odor. Light purple flowers and light purple large bracts near top of inflorescence. Ideal for indoor culture.

P3638 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70



P Z8-9

GOODWIN CREEK LAVENDER

Lavandula x gingsinii 'Goodwin Creek'

Outstanding hybrid discovered by lavender specialist Jim Becker. It has attractive silvery toothed leaves and long spikes of deep purple-blue flowers reaching up to 70cm/28". Excellent for landscape use, and in containers, and is even suitable for use as topiaries. Withstands heat and humidity better than most varieties, flowering throughout the summer.

P3638-500 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70, **Plug pack:** 12/\$15



P Z7-9

SPIKE LAVENDER

Lavandula latifolia

Coarse, broad leaved variety. Yields camphor-like oil used primarily in soaps. Highly productive oil-yielding variety.

S3640 Seeds: Pkt/\$3.25, 10g/\$17, 100g/\$125



P Z8-9

SWEET LAVENDER

Lavandula x heterophylla

A vigorous fast growing hybrid that dates back to the 1800s or earlier. Has green-grey slightly toothed leaves and violet flowers. Thrives in hot and humid areas where other lavenders fail. In temperate climates it does well in containers.

P3645 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70



P Z8-9

LEMONGRASS

Cymbopogon citratus

(West Indian lemongrass) Delightful lemon-scented grass grown throughout the tropics and in greenhouses. Tangy enlarged leaf bases are essential in Thai and Vietnamese dishes. Leaves are used to flavour fish, soups, curries and sauces, and to make a pleasant tea, consumed hot or cold.

P3680 Plants: \$6.50, 3+/\$4.90, 12+/\$3.90, **Plug pack:** 12/\$24



P Z11+

LEMONGRASS, INDIAN

Cymbopogon flexuosus

Source of lemongrass oil used to flavour teas, ice cream, candy, pastries, desserts, and chewing gum. Also important in cosmetics and perfumery. Easy to grow and will produce leaves for tea and potpourris.

S3682 Seeds: Pkt/\$3.25, 10g/\$8, 100g/\$60, 1kg/\$440



P Z11+ X E

Leopard Lily



LEOPARD LILY

Belamcanda chinensis

(She-gan) Chinese medicinal. Attractive orange-yellow flowers with red-purple spots. Used for throat conditions, cough, wheezing, bronchitis and mumps.

S3690 Seeds: Pkt/\$3.75, 10g/\$9, 100g/\$65

P3690 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70



P Z5-10 S F M

LESPEDEZA

Lespedeza capitata

(Round-headed bush clover) Medical evidence shows plant has antitumour activity and lowers blood cholesterol. Amerindians burned dried stems on skin to relieve neuralgia and rheumatism.

S3695 Seeds: Pkt/\$3.25, 10g/\$20



P Z5-10 S F M

Licorice



LICORICE

Glycyrrhiza glabra

The source of most commercial licorice used in the making of candy, liquor, and as a sweetener for herb tea. Extracts flavour tobacco, beer, soft drinks and pharmaceutical products. Powerful anti-inflammatory properties effective for arthritis, gastritis, canker sores. Also a mild laxative. 3 year old roots are harvested in the autumn.

S3701-100 Seeds: Pkt/\$3.25, 10g/\$15, 100g/\$110, 1kg/\$800

P3701-100 Plants: \$6.50, 3+/\$4.90, 12+/\$3.90



P Z7-10 S F M

LICORICE, CHINESE

Glycyrrhiza uralensis

(Gan-cao) The most commonly used Chinese medicinal herb, occurring in almost all prescriptions, its use being associated with longevity. The sweet tonic herb is an expectorant, neutralizes toxins and balances blood sugar levels.

S3701-300 Seeds: Pkt/\$3.25, 10g/\$10, 100g/\$80, 1kg/\$570



P Z9-10 S F M

LILY OF THE VALLEY

Convallaria majalis

Pure white fragrant flowers. A favourite for moist, shady areas. Strengthens and regulates the heart, but not to be used without medical supervision. Leaves yield green dyes.

P3705 Plants (Mar-June shipment): \$3.50, 3+/\$2.60, 12+/\$2.10



P Z4-8

Lion's Tail



LION'S TAIL

Leonotis leonurus

(Lion's ear; Wild dagga) The botanical species name means 'lion's ear' but the impressive orange flower spikes look more like a lion's tail than an ear! It is a tall native of southern Africa where it is used for epilepsy, headache, hypertension, and for stomach and bronchial problems. It is used like marijuana by Hottentot tribesmen as the resinous tops and leaves have an euphoriant effect. 'Dagga' is a local name for marijuana in southern Africa, hence the name 'wild dagga'. Ht. 90-180cm/3-6ft.

P3733 Plants: \$15



P Z9-10

LIVE-FOREVER

Sedum telephium

(Orpine stonecrop) Fleshy leaves boiled in milk stimulate the kidneys, used for diarrhea, piles, hemorrhages. Has a reputation as an anti-cancer herb. The juice mixed with vegetable oil heals burns. A neat plant for dry areas and rock gardens; bluish-green leaves and showy crimson flowers.

53734 Seeds: Pkt/\$5.25, 10g/\$45

P Z5-9 S F E

LOBELIA

Lobelia inflata

(Indian tobacco) In small doses lobelia acts as a stimulant, especially on the respiratory system. In larger doses it acts as a nerve depressant, and is useful for asthma and whooping cough. Excessive doses can cause severe depression.

53744 Seeds: Pkt/\$2.50, 1g/\$23, 10g/\$170, 100g/\$1270

P3744 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10

A S E

LOBELIA, GREAT

Lobelia siphilitica

Showy U.S. native with large blue or white flower spikes. Employed by Indians along with mayapple (*Podophyllum peltatum*) to treat venereal disease.

53745 Seeds: Pkt/\$3.25

P3745 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10

P Z5-9 S F E

Red Lobelia



LOBELIA, RED

Lobelia cardinalis

(Cardinal flower) One of our favourite wildflowers which provides a brilliant splash of red color in damp, partially shaded locations. Said to be anthelmintic, nervine and antispasmodic.

53746 Seeds: Pkt/\$3.75, 1g/\$15, 10g/\$105, 100g/\$795

P Z5-9 S F E



Lopezia

LOPEZIA

Lopezia racemosa

(Mosquito flower; Perilla) Mexican herb used for stomach ache, diarrhea, skin rashes, and infections of the kidney and urinary tract. Research shows that this herb kills pathogenic bacteria, including at least one drug-resistant strain. It is effective against yeast infections caused by candida and kills the parasite that causes leishmaniasis or "black fever." It is also an anti-inflammatory, almost as effective as modern steroid drugs. To gardeners, this attractive plant is known as "mosquito flower" because its pink flowers vaguely resemble the little pests. It is also known as "pink brush" for its masses of pink flowers throughout much of the summer and fall. Ht. 40-60cm/16-24".

53755 Seeds: Pkt/\$3.25, 10g/\$35

A/P Z10-11 S E

LOVAGE

Levisticum officinale

Leaves have excellent flavour for soups, stews and casseroles. Flavour is reminiscent of celery, and of the famous yeast extract, Maggi. Can replace meat and bone stock in soups. Vigorous tall growing herb; one of the first to return in spring.

53780 Seeds: Pkt/\$2.25, 10g/\$7, 100g/\$55, 1kg/\$395

P3780 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10, **Plug pack:** 12/\$18

P Z2-8 S F X E

LUFFA

Luffa aegyptica

(Loofah) Known as the 'dishcloth gourd' because the dried over-ripe fruits can be used to scrub dishes. Wonderful for bath and shower as it invigorates the skin without harsh abrasion. Used in Chinese cuisine as a vegetable and in medicine for rheumatic pains.

53795 Seeds: Pkt/\$3.25, 10g/\$7, 100g/\$35, 1kg/\$255

A S E

MA HUANG

Ephedra sinica

(Chinese ephedra; Cao ma huang) Chinese herb is the inspiration for today's popular antihistamine drugs. Ephedrine has an effect on the body similar to adrenaline. Very popular in traditional Chinese medicine for resolving 'wind and cold' conditions, such as chills, fever, headache, cough and wheezing. Very hardy; prefers dry, well-drained location with full sun exposure. Ht. 30cm/12".

53820 Seeds: Pkt/\$5.25, 10g/\$12, 100g/\$115, 1kg/\$670

P Z5-8 S F M



Black Maca

New! MACA, BLACK

Lepidium meyenii 'Black'

(Peruvian ginseng) Traditional food of the Peruvian Andes related to radish and turnip. The ground-hugging plant develops fleshy roots that are eaten as a vegetable or are dried and ground to a powder for medicinal use. Properly dried and stored, the root powder will retain its potency for years. Maca has a reputation similar to ginseng (though not related botanically) for increasing memory, energy and stamina, and is popularly considered an aphrodisiac for both sexes. A dietary staple for indigenous peoples in the Andes since pre-Inca times, it was commonly traded for other commodities. The Inca consumed it prior to going into war to increase their strength. The chemical p-methoxybenzyl isothiocyanate in maca is thought to be responsible for its aphrodisiac quality, however clinical tests have not yet identified the exact mechanism by which it produces this effect.

53810-100 Seeds: Pkt/\$2.50, 10g/\$10

B Z5-7 S E

MAIDENHAIR TREE: See GINKGO

MALLOW, COMMON

Malva sylvestris

The infusion made from the pink flowers or leaves is used externally to moisturize and tone the skin and internally to soothe mucous membranes irritated and inflamed by coughs, stomach upsets and other intestinal problems.

53850 Seeds: Pkt/\$2.50, 10g/\$8, 100g/\$60

B/P Z4-9 S F E

MALLOW, MAURITIAN

Malva sylvestris mauritanica

(Tree mallow) Purple flowers yield an excellent natural colouring for drinks and herbal teas. Also great in salads. Medicinally similar to marshmallow. Ht. 1m/40".

53855 Seeds: Pkt/\$2.50, 10g/\$10, 100g/\$55

B Z4-9 S E

MANUKA

Leptospermum scoparium

P Z9-10 X E

Attractive New Zealand shrub called the Tea Plant by Captain Cook because of the agreeably bitter tea his men made from the leaves. Traditional Maori remedy for kidney and bladder complaints, and to combat the miseries of the common cold.

S3865 Seeds: Pkt/\$2.50, 10g/\$25



Maralroot

MARALROOT

Leuzea carthamoides 'Lujza'

P Z2-7 S F E

(Leuzea) Siberian plant with remarkable metabolic and tonic effects. Used in the Russian athletic training program for decades. Increases endurance and improves reflexes, concentration, and speeds recovery from exertion. Studies show that the root extract increases the work capacity of muscles and normalizes blood sugar quickly after exertion. Contains ecdysteroids which have anabolic-like growth effects without the negative side effects associated with chemical steroids. Violet flowers appear in the second year. Reaches 80-160cm/30-60in in height. Grows in deep, well-drained fertile soil in full sun. Very hardy.

S3867-001 Seeds: Pkt/\$3.75, 10g/\$11, 100g/\$80

P3867 Plants: \$6.50, 3+/\$4.90, 12+/\$3.90

MARGUERITE, GOLDEN

Anthemis tinctoria 'Kelwayi'

P Z4-8 S F E

(Dyer's chamomile) Fine border plant; profusion of yellow daisies in August. Yields excellent yellow or gold dyes for fabrics.

S3870 Seeds: Pkt/\$2.50, 10g/\$9, 100g/\$65

P3870 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10

Marigold

(*Tagetes*)

Citrus Marigolds (*Tagetes tenuifolia*)

Originally developed for their showy flowers but they have lovely citrus-like odour and flavour. Great for desserts, especially in dessert sauces made with wine. Easy to grow.

LEMON GEM MARIGOLD

Tagetes tenuifolia

A S E

Lemon yellow single flowers; free-blooming. Fine lacy foliage.

S3881 Seeds: Pkt/\$2.50, 10g/\$19, 100g/\$140

P3881 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10

ORANGE GEM MARIGOLD

Tagetes tenuifolia

A S E

Similar to other citrus marigolds; bright orange flowers.

S3882 Seeds: Pkt/\$2.50, 10g/\$19, 100g/\$140

P3882 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10

RED GEM MARIGOLD

Tagetes tenuifolia

A S E

Like other citrus marigolds, with bright red flowers.

S3884 Seeds: Pkt/\$2.50, 10g/\$19, 100g/\$140

P3884 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10

Insecticidal Group (*Tagetes spp.*)

These marigolds control nematodes which attack roots of many plants. Planted throughout the garden, they can reduce nematode infestations by over 90%. Also discourages above-ground insects.

FRENCH MARIGOLD

Tagetes patula

A S E

Preferred variety for insect control. Compact plants ideal for interplanting. Has double orange and maroon blossoms.

S3886 Seeds: Pkt/\$2, 100g/\$21, 1kg/\$140

MEXICAN MARIGOLD

(Not to Calif.)

Tagetes minuta

A S E

(Huacatay) 'Weedkiller' plant. It destroys noxious weeds, including ground elder, bindweed, couch grass and ground ivy. Also effective mosquito control. Dried leaves flavour soups, meats and vegetables. Recent research suggests it has powerful anti-viral properties. Tall (up to 2m/6ft) erect habit; rarely flowers in temperate zones.

S3888 Seeds: Pkt/\$2.50, 1g/\$15, 10g/\$55



Aztec Marigold

Other Marigolds (*Tagetes spp.*)

AZTEC MARIGOLD

Tagetes erecta 'Crackerjack'

A S E

(African marigold) Best known as 'African marigold', this popular garden annual is actually from Central America. Of the many varieties available the 'Crackerjack' variety is especially rich in lutein, a compound that improves vision in patients with retinal degeneration. When added to chicken feed lutein-rich marigold flowers help make egg yolks a richer deeper colour. Ht. 60cm/24".

S3888-100 Seeds: Pkt/\$2, 100g/\$21, 1kg/\$140

LEMON MINT MARIGOLD

Tagetes lemmonii

A Z8-10

(Mount Lemmon marigold) Mexican native with a spectacular lemon-mint scent and flavour. A robust, fast grower, easily attaining a height of 90cm/30". Produces lots of edible foliage and edible yellow flowers. Effective when used in mass plantings because it blooms freely throughout the summer.

P3888-600 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70

SWEET MARIGOLD

Tagetes lucida

A S M

(Mexican tarragon; Mexican marigold) Sweet-smelling leaves and flowers with a flavour similar to tarragon. In warm areas where French tarragon will not grow, this is an excellent substitute. Makes a stimulating tea. Golden yellow flowers. Slow to germinate.

S3889 Seeds: Pkt/\$3.75, 10g/\$23, 100g/\$175

TARRAGOLD: See TARRAGOLD™

MARIGOLD, POT: See CALENDULA



Sweet Marjoram

Marjoram (*Origanum*)

HOP MARJORAM: See DITTANY OF CRETE

COMMON MARJORAM

Origanum vulgare P Z4-8 S F E
(Wild oregano) Medicinal variety of oregano lacking true oregano's familiar aroma and flavour. Used for upset stomach, headache, cough, and diarrhea. Also as gargle for mouth and throat inflammations. Handsome purple or pink flowers attract honeybees.

S3890 Seeds: Pkt/\$2, 10g/\$14, 100g/\$105

S3890-001 Seeds: Pkt/\$2.50, 10g/\$17, 100g/\$130

SWEET MARJORAM

Origanum majorana P Z9-11+ S X E
Leaves add strong, spicy flavour to soups, sauces, stuffings, stews. Rubbing with fresh leaves before roasting improves all strong meats. Adds special flavour to sausages and meatloaf. A must in German potato soup. Use plant tops to dye wool in shades of yellow, orange, brown and grey.

S3910 Seeds: Pkt/\$2.25, 10g/\$7, 100g/\$40, 1kg/\$285

S3910-001 Seeds: Pkt/\$2.50, 10g/\$17, 100g/\$130, 1kg/\$945

P3910 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10

VARIEGATED MARJORAM

Origanum vulgare 'Variegata' P Z4-9
(Variegated oregano) Attractive white-yellow variegated leaves; low, prostrate habit. Flavour is similar to common marjoram.

P3914 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70

MARSHMALLOW

Althaea officinalis P Z3-9 S F E
Noted for soothing irritations and inflammations of the skin, throat, eyes, lungs and urinary organs.

S3920 Seeds: Pkt/\$2.50, 10g/\$7, 100g/\$35, 1kg/\$325

P3920 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10

—ERFURTER Up to 10% in medicinal mucilage. Very hardy.

S3930 Seeds: Pkt/\$3.25, 10g/\$10, 100g/\$75, 1kg/\$545

MAYAPPLE

Podophyllum peltatum P Z3-9
(American mandrake) A derivative of this herb is medically proven against certain cancers. Used by the Amerindians to treat hepatitis, syphilis, fevers, constipation, etc.

P3960 Plants (Mar-May shipment): \$8.50, 3+/\$6.40, 12+/\$5.10

MEADOWSWEET

Filipendula ulmaria P Z3-9 S F E
Attractive European wildflower with sweet almond-scented, yellow-white or reddish flowers. Contains salicylic acid, chemically similar to ASA. Useful for flu, gout, rheumatism, arthritis, fever, etc. Once added to herbal beers and wine.

S3965 Seeds: Pkt/\$3.25, 10g/\$10, 100g/\$75

P3965 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10

MELILOT

Mellilotus officinalis B Z3-8 S F E
(Sweet clover) Important forage crop. Medicinally, it prevents blood clotting. Salve or poultice is useful for swellings, boils, arthritis and rheumatism.

S3970 Seeds: Pkt/\$2, 100g/\$9, 1kg/\$45

MIGNONETTE

Reseda odorata 'Machet'

Sweet ambrosial scent is legendary and more than makes up for the unimpressive yellowish flowers. As the story goes, Napoleon brought seeds back from Egypt for his wife Josephine and she so loved the plant that she called it "mignonette" or "little darling." It later became a favourite in Victorian England especially in the cities where it helped to cover the stench of the air. Used for perfume, sachets and potpourris. Best sown outdoors in spring.

S3980 Seeds: Pkt/\$2.50, 10g/\$7, 100g/\$35

MILKWEED

Asclepias syriaca

Apt name as all parts exude a milky juice when cut. Wild flower growing up to 1m/3ft high. Young shoots are eaten like asparagus. Silk-like down of seeds is used to stuff pillows. Root and rhizome are anodyne (pain killing). Used for asthma, painful cough and scrofula. Germination benefits from gibberellic acid treatment.

S3995 Seeds: Pkt/\$2.50, 10g/\$25, 100g/\$160



Swamp Milkweed

MILKWEED, SWAMP

Asclepias incarnata 'Carmine-Rose' P Z3-8 S F M

A magnet for monarch butterflies! (Rose milkweed) Beautiful milkweed found throughout Eastern and Central North America. The showy carmine-rose flowers have a vanilla scent that is truly divine! The Chippewa and Iroquois used an infusion of the roots as a strengthening bath for the weak and sickly. In the wild it prefers moist or wet areas but it adapts well to gardens, and few garden plants are as tolerant of heavy clay soils as this. Deer-resistant. Low maintenance. Ht. 60-150cm/2-5ft.

S3995-200 Seeds: Pkt/\$2.50, 10g/\$28, 100g/\$210

Mint

(*Mentha*)

Spearmint Group

ENGLISH MINT

Mentha spicata cv. P Z4-9
Traditional favourite for mint jelly, peas, carrots, potatoes, mint julep, lamb sauce. Won't grow in tropics.

P4010 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10, **Plug pack:** 12/\$15

MOROCCAN MINT

Mentha spicata P Z4-9
An exceptional sweet mint used widely throughout North Africa to brew Moroccan-style mint tea. Much like black tea is in England and India, and green tea is in China, preparing and serving Moroccan tea is a traditional art form and a symbol of hospitality. To prepare Moroccan tea, green tea is first brewed, then boiled with sugar, and then fresh mint is added and the mixture allowed to steep for several minutes before serving.

P4039 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70, **Plug pack:** 12/\$15

SPEARMINT

Mentha spicata P Z4-9
Best cooking mint. Excellent with carrots, peas and potatoes, and for making mint sauces for roast lamb.

P4040 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10, **Plug pack:** 12/\$15

IMPROVED SPEARMINT

Mentha spicata 'Kentucky Colonel'

Also known as 'Kentucky Colonel' mint, this hybrid of apple mint (*M. suaveolens*) and true spearmint (*M. spicata*) has a wonderful fruity spearmint aroma and flavour.

P4042 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70, **Plug pack:** 12/\$15



SCOTCH SPEARMINT

Mentha x gracilis

(American apple mint; Red mint) This mint is one of the back bones of the American mint oil industry. It is the source of spearmint oil used mainly to flavour chewing gum. Has characteristic dark red or reddish purple stems and dark green leaves. Excellent sweet scent and flavour. Ht. 30-45cm/12-18".

P4044 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70



VIETNAMESE MINT

Mentha x gracilis

Terrific sweet spearmint flavour. Particular strain featured in Vietnamese dishes.

P4053 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70, **Plug pack:** 12/\$15



Peppermint Group

CHOCOLATE MINT

Mentha x piperita piperita

For years we were convinced the 'chocolateness' was a figment of someone's imagination. Peppermint is overlaid by something that adds up to a striking 'peppermint patty' scent. A real treat for discriminating noses!

P4006-300 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70, **Plug pack:** 12/\$15



PEPPERMINT

Mentha x piperita piperita

(Candy mint) Peppermint tea is an old favourite — a refreshing alternative to coffee and regular tea. Excellent for stomach indigestion. Lends its spiciness to many dishes. Don't be fooled by seeds labelled as 'peppermint', peppermint can't produce seeds because its flowers are sterile.

P4030 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10, **Plug pack:** 12/\$15



VARIEGATED PEPPERMINT

Mentha x piperita piperita 'Variegata'

Same as regular peppermint except for attractive splashes of white. Reverts to green unless green branches are rogued out regularly.

P4030-800 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70, **Plug pack:** 12/\$15



SWISS MINT

Mentha x piperita 'Swiss'

Compared to other peppermint varieties, this has a lighter, more refreshing scent and flavour. It originally came to us bearing the name of a very well known Swiss brand of herbal candies, as the story went, this mint is used to flavour the Swiss company's candies. A few years ago lawyers representing the company demanded that we change the name of the mint, so now we just call it 'Swiss mint'.

P4052 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70



Other Mints

APPLEMINT

Mentha suaveolens

Soft gray-green round leaves have an apple-menthol fragrance. Delightful for tea.

P4000 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10, **Plug pack:** 12/\$15



BANANA MINT

Mentha arvensis 'Banana'

This mint from France really smells of bananas! The unexpected fruitiness inspires a creative gastronomic tangent. Dazzle friends and family with banana mint recipes!

P4005-500 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70, **Plug pack:** 12/\$15



CORSICAN MINT

Mentha requienii

Low carpet-forming mint with tiny leaves. Strongly scented like pennyroyal. Not quite hardy in our area.

P4007 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10



GINGER MINT

Mentha arvensis 'Variegata' (*M. x gentilis*)

Gold-flecked leaves have a fragrance and flavour that is fruity with a hint of ginger.

P4015 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10, **Plug pack:** 12/\$15



GRAPEFRUIT MINT

Mentha x piperita 'Grapefruit'

This beguiling mint has a spearmint flavour with a strong grapefruit overtone. Hybrid of *M. suaveolens* and *M. x piperita*.

P4018 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70, **Plug pack:** 12/\$15



MOJITO MINT

Mentha x villosa

Cuba's famed *mojito* cocktail, made with rum, sugar, lime juice and Cuba's unique *mojito* mint, is now an essential staple of cocktail lounges everywhere. While recipes call for any available spearmint the real drink can only be made with the true *mojito* mint. Clearly different from other mints — its scent and flavour are agreeably mild and warm, not pungent nor overly sweet like others. In a perhaps typically Cuban understated way its warm embrace lingers until you realize you want more. *Salud!*

For delicious alcoholic and non-alcoholic *mojito* recipes see richters.com/mojito.

P4025 Plants: \$6.50, 3+/\$4.90, 12+/\$3.90, **Plug pack:** 12/\$15



ORANGE MINT

Mentha aquatica 'Citratra'

(Eau de cologne mint; Bergamot mint) Treasured for its very special fragrance. Its hint of citrus is tantalizing in fruit punches, teas and potpourris. The oil is an ingredient in chartreuse and perfumes.

P4028 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10, **Plug pack:** 12/\$15



PINEAPPLE MINT

Mentha suaveolens 'Variegata'

Similar to apple mint with a sweeter, fruity scent. White streaks vary with the season.

P4032 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70, **Plug pack:** 12/\$15



MENTHOL MINT

Mentha spicata

Variety commonly sold as peppermint or spearmint. Flavour and odour is pungent, not sweet like the true root-propagated strains. Useful for tea, for medicinal purposes.

S4041 Seeds: Pkt/\$2.25, 1g/\$7, 10g/\$50, 100g/\$380

PENNYROYAL MINT: See PENNYROYAL

The Westerfield Mints (*M. spp.*)

Richters is pleased to offer these remarkable mints created by Jim Westerfield, the late innkeeper extraordinaire and passionate breeder of mints.

RICHTERS EXCLUSIVE: Richters holds exclusive propagation rights for all Westerfield mints in Canada. The Westerfield mint names are trademarks of Richters. All rights reserved.

HILLARY'S SWEET LEMON MINT

Mentha 'Hillary's Sweet Lemon'

Developed from apple and lime mint, it has the sweet, fruity, aroma of apple mint lined with a citrus edge. An aggressive female mint with lavender flower spikes. Named after Hillary Clinton.

P4019 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70, **Plug pack:** 12/\$15

BERRIES & CREAM™ MINT

Mentha 'Berries and Cream'

Sweet and fruity, like a bowl of fresh berries and cream. Leaves can be used fresh chopped or as a garnish. One of many remarkable mint creations from mint breeder Jim Westerfield.

P4019-100 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70, **Plug pack:** 12/\$15



**Candied Fruit™
Mint**

CANDIED FRUIT™ MINT

Mentha 'Candied Fruit'

In Jim Westerfield's words here is how this mint evoked a cherished memory: "In my early years I worked in a small grocery store. One day I was given the job of stocking a small seasoning rack. Along the way I couldn't resist sneaking a whiff of a small container marked 'Candied Fruit'. It seems that I NEVER forgot that delicious aroma." And so years later that memory lives on as Candied Fruit mint.

P4019-340 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70

CANDY LIME™ MINT

Mentha 'Jim's Candy Lime'

It's hard to play favourites with your babies but for mint breeder Jim Westerfield this one always held a special place in his heart. It possesses a superb sweet lime aroma with many possibilities for the kitchen. Try it in candies, cookies, cakes, salads, seafood... anywhere where you need to create a new sensation. Interestingly, the sweet lime aroma of fresh-cut leaves gets stronger when stored overnight.

P4019-350 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70, **Plug pack:** 12/\$15

PINK CANDYPOPS™ MINT

Mentha 'Pink Candypops'

We don't normally think of mints as ornamental but the late mint breeder extraordinaire, Jim Westerfield, found a way to make this mint look like a million bucks! Its pink puff flowers appearing in summer look just like pink lollipops. Can be grown in beds or in containers.

P4019-360 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70

CITRUS KITCHEN™ MINT

Mentha 'Utility Citrus Kitchen'

Among the many new mints the late mint breeder Jim Westerfield introduced to the world, this was the one his wife Marilyn loved the most. As Jim told us: "She uses it in, of all things, her early morning orange juice." He and his wife predicted that in time this mint will become one of the most used utility mints in professional kitchens.

P4019-368 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70, **Plug pack:** 12/\$15

COTTON CANDY™ MINT

Mentha 'Cotton Candy'

As mint breeder Jim Westerfield once told us, "The first time I smelled this hybrid a voice in my head said 'Cotton Candy'. It had a certain soft, sweet aroma, combined with, of all things, pink flowers! What's interesting is that there exists not one bottle of flavoring ANYWHERE on any shelf in the world, whose label reads 'Cotton Candy'. Nope, such a seasoning has simply NEVER existed."

P4019-370 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70

JIM'S FRUIT™ MINT

Mentha 'Jim's Fruit'

Among the many unique mints developed by mint breeder Jim Westerfield, this was probably his favourite. "Its leaves are deep green with a truly delicious, fruity aroma. It becomes a huge, robust mint, seemingly very proud of itself. And it should be, it's gorgeous!"

P4019-380 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70

**Margarita™
Mint**



MARGARITA™ MINT

Mentha 'Margarita'

Here's to you! A big bold lime-scented mint for your next margarita. This hybrid is a beauty, with "lots of physical definition" as breeder Jim Westerfield put it. And so it does, with perfectly shaped, groovy leaves, and a hint of dark bronze at the tips at times. This mint means fun. Does not spread by underground rhizomes like most mints, but it still gets around by aboveground runners.

P4019-450 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70, **Plug pack:** 12/\$15

MARILYN'S SALAD™ MINT

Mentha 'Marilyn's Salad'

This is a completely different mint with a completely different role in the kitchen — as a fresh salad green! The young leaves are tender and the flavour is mild, sweet and delicate, not at all like other stronger mints that can easily overpower. Quite the sensation in salads! Just pick the leaves, strip them from the stems, and throw them liberally into your salad mix. For tender foliage, grow this mint in partial shade and cut often to keep the young leaves coming.

P4019-470 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70, **Plug pack:** 12/\$15

OREGANO-THYME™ MINT

Mentha 'Oregano-Thyme'

P 25-9

Yes, it may be hard to believe but the aroma does have hints of oregano and thyme in it. But it is not simply the sum total of those two herbs — it's something more. The late breeder Jim Westerfield once said, "This mint has so much culinary potential it's actually scary!" In fact it was featured in dishes created at his award-winning inn, The Westerfield House near St. Louis.

P4019-600 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70

SWEET PEAR™ MINT

Mentha 'Sweet Pear'

P 25-9

This mint will make you laugh. It really gives off an unmistakable hint of ripe sweet pears! How Jim Westerfield managed to cross his mints to produce this remarkable gem is beyond us but we are thrilled to grow it and offer it to our customers. Mature leaves are downy, ovate and silvery grey in colour; flowers are light pink-purple. The delicate flavour is suitable wherever mint is called for.

P4019-800 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70, **Plug pack:** 12/\$15

WINTERGREEN™ MINT

Mentha 'Sister Julie's Wintergreen'

P 26-11

This is the first true wintergreen mint ever to be developed. Breeder Jim Westerfield crossed hundreds of mints to produce this one with its remarkable aroma. As Jim once explained: "Although just about EVERYONE connects the wintergreen flavour and aroma to the mint world, the real wintergreen aroma is actually produced by the *Gaultheria* genus of plants. What's exciting is that the aroma of this new mint is exactly that of the wintergreen mint candy. All of the above equals one hell of a tea mint."

P4019-900 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70, **Plug pack:** 12/\$15

MINT, KOREAN

Agastache rugosa

P 26-9

Oriental variety of anise-hyssop with an anise-like flavour. Makes a pleasing tea and an unusual seasoning for meats and dressings. Helps clear fevers and strengthens the stomach.

S4060 Seeds: Pkt/\$3.25, 10g/\$26, 100g/\$195

S4060-001 Seeds: Pkt/\$3.75

MINT, MOUNTAIN

Pycnanthemum pilosum

P 24-6

Hardy U.S. native. Leaves possess a wonderful menthol fragrance; may be used just like peppermint. Excellent beeplant.

S4064 Seeds: Pkt/\$3.25, 1g/\$8, 10g/\$40

P4064 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10



**Lemon Twist
Mint Leaf**

New! MINTLEAF, LEMON TWIST

Plectranthus 'Lemon Twist'

P 29-11

Enjoy a whiff of lemon-mint! (*Plectranthus*; Spurflower) This is attractive aromatic herb with lush cascading yellow-edged foliage. Perfect for planters on a terrace or for hanging baskets on a porch. The soft yellow and chartreuse variegated leaves contrast nicely with other bright flowering plants. Position it close to human traffic so its unique scent is sure to be noticed when brushed against.

This plant came to us with the name Plectranthus ciliatus which we believe is incorrect. Instead it may be a form of P. madagascariensis.

P4068-200 Plants: \$4.50, 3+/\$3.40

MITSUBA

Cryptotaenia japonica

P 24-9

(Japanese parsley) Unique flavour of leaves and leafstalks, either fresh or blanched, is pleasing in soups, salads, and fried foods. Of easiest culture; prefers moist, partly shady locations.

S4070 Seeds: Pkt/\$2.50, 10g/\$7, 100g/\$40, 1kg/\$285



**Purple
Mitsuba**

New! MITSUBA, PURPLE

Cryptotaenia japonica 'Atropurpurea'

P 24-9

(Japanese parsley; Honewort) A Japanese parsley grown as much for its attractive bronze-red colour as for its unique flavour. The leaves look a lot like Italian flat-leaf parsley. Used to season soups, poultry, meats, noodles, salads, and dumplings. Prefers moist, partly shady locations but will grow in full sun. Self seeds.

P4071 Plants: \$4.50, 3+/\$3.40



Monksfruit

MONKSFUIT

Siraitia grosvenorii

P 29-10

(Buddha fruit; Lou han guo) This is known as the "longevity herb" in China where the tea made with the dried fruits is commonly consumed. It is believed to be the reason why an unusual number of people in areas where the herb is grown live to be 100 years. The fruits contain mogrosides, intensely sweet compounds that are as many as 300 times as sweet as sugar. Often touted as an aid for diabetes, obesity, heat stroke, cough and sore throat. Vines are typically grown on trellises so the smooth round fruits hang down for easy harvest.

S4080 Seeds: Pkt/\$3.25

MONKSHOOD: See ACONITE

MORMON TEA: See EPHEDRA, AMERICAN

MORNING GLORY

Ipomoea tricolor 'Heavenly Blue'

A S E

Lovely fast growing vine with dark sky-blue flowers. Ideal for walls, trellises or tall fences. Used by the Aztecs as a hallucinogen in religious ceremonies.

S4085 Seeds: Pkt/\$2, 100g/\$13, 1kg/\$75, 10kg/\$560

MORNING GLORY, MEXICAN: See LOLIUIQUI

MOTHERWORT

Leonurus cardiaca

P Z4-8 S F E

Especially valuable for PMS, menstrual pain and delayed menstruation. Gentle sedative. Helps calm the entire nervous system. Strengthens the heart and often prescribed for palpitations.

\$4100 Seeds: Pkt/\$2.50, 10g/\$50, 100g/\$370

P4100 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10

MUCUNA

Mucuna pruriens

A S M

Twining annual found throughout India. Pods and young leaves are used as vegetable and fodder. Used as a nerve tonic in Ayurvedic medicine. Seeds are a natural storehouse of L-dopa, a precursor of dopamine. In a recent clinical trial Parkinson's sufferers treated with crushed seeds regained some mobility with fewer side effects than conventional drugs.

\$4115 Seeds: Pkt/\$3.75, 100g/\$25, 1kg/\$165

MUGWORT

Artemisia vulgaris

P Z4-10 S F E

Bitter flower buds improve digestibility of rich meat, poultry or fish dishes. Used in Japan for moxibustion.

\$4120 Seeds: Pkt/\$2.50, 10g/\$10, 100g/\$75, 1kg/\$530

P4120 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10



Coastal Mugwort

MUGWORT, COASTAL

Artemisia suksdorfii

P Z3-8 S F E

(Coastal wormwood; San Juan mugwort) Beautiful silvery-green mugwort with a pleasant sage scent. Grows in coastal areas from northern California to southern B.C. Excellent for moxa, and as such it is decidedly less harsh than the common mugwort, *Artemisia vulgaris*. It is more yin-like, and burning moxa made with this mugwort helps to soothe the nerves and induces a truly remarkable experience of "surrender" and of "tearing down the walls of the heart." Gives immediate relief for insomnia, anxiety, headache and muscle tension. Ht. 45-90cm/18-36".

\$4120-300 Seeds: Pkt/\$3.25

MUGWORT, JAPANESE:

 See YOMOGI

MUGWORT, WHITE

Artemisia lactiflora

P Z3-8 S F E

Creamy white flowers set against a backdrop of green foliage makes this a very attractive ornamental herb for the garden. Indeed, the Royal Horticultural Society has honoured it with an Award of Garden Merit, and it is an excellent as a cut or dried flower. But it is also a Chinese medicinal herb valued for its bitter aromatic tonic properties and is used to treat menstrual and liver disorders. Easy to grow in moist soil in full sun. Non-invasive, unlike the European mugwort. Ht. 90-150cm/3-5ft.

\$4120-500 Seeds: Pkt/\$5.25

MULBERRY

Morus nigra

P Z5-9 S M

Handsome tree bearing sweet, juicy berries that make fine preserves and wine. Rootbark decoction is a traditional remedy for tapeworms. Hardy in southwestern Ontario and B.C. coastal regions.

Please note that a small percentage of seedgrown plants will be non-flowering and therefore non-fruiting.

\$4122 Seeds: Pkt/\$2.50, 100g/\$26, 1kg/\$175

P4122 Plants: \$6.50, 3+/\$4.90, 12+/\$3.90

MULLEIN

Verbascum thapsus

B Z4-9 S F E

Striking yellow flower stalks rise from a woolly leaf base in the second year. Good remedy for coughs, hoarseness and bronchitis. All plant parts can be used to produce yellow, bronze and grey dyes.

\$4125 Seeds: Pkt/\$2.50, 10g/\$9, 100g/\$65

P4125 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10



Mushroom Herb

New! MUSHROOM HERB

Rungia klossii

P Z11+

Tastes like mushrooms! (Acanth spinach) This is a traditional favourite in Papua and New Guinea, and its fresh leaves and shoots really do taste and smell like mushrooms. The fresh greens are delicious raw or cooked. Australians love to throw the fresh leaves in tossed salads and sandwiches, and in stir fries, stews and soups (added at the last minute to preserve flavour). For those suffering from candida and thrush, this herb is a nice alternative to mushrooms. Mushroom herb is tropical, but it does well in temperate gardens. The first harvest is ready in 60-90 days. Prefers part shade but will grow in full sun.

P4140 Plants: \$4.50, 3+/\$3.40

MUSTARD, BROWN

Brassica juncea

A S X E

Stronger than white mustard, and gives extra pungency to continental European mustards. (The more delicate white mustard is used in English and American preparations.) Also used in ground mustard, usually in combination with white mustard.

\$4151 Seeds: Pkt/\$2, 1kg/\$20, 10kg/\$140

MUSTARD, WHITE

Brassica hirta

A S X E

(Mustard cress) True companion to curled cress for salads and sandwiches. Sow 4 days after cress to mature concurrently. Whole seeds are used to season pickles, sausages and sauerkraut. The well known condiment is prepared from ground mustard seeds.

\$4150 Seeds: Pkt/\$2, 1kg/\$15, 10kg/\$110

MYRTLE, GERMAN

Myrtus communis 'Microphylla'

P Z9-10

Attractive evergreen shrub from the Mediterranean with a spicy aroma. The small dark green foliage can be pruned and shaped into living statues. Fragrant white flowers and leaves are used in potpourri. Traditionally used in wedding bouquets, for corsages, and for flower arrangements.

P4220 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70

MYRTLE, GREEK

Myrtus communis

P Z9-10 X M

Classic evergreen shrub from the Mediterranean. Fragrant white flowers and leaves are used in potpourri. Spicy leaves can be used in cooking like bay leaf. Essential oil is used for fragrance.

\$4200 Seeds: Pkt/\$3.75, 10g/\$17, 100g/\$80

P4200 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70

NASTURTIUM, CLIMBING

Tropaeolum majus

A S E

Young leaves make a pleasant pepper substitute in pepper-restricted diets and are unusually high in vitamin C. Immature green seeds substitute for capers, and in tossed salads the gorgeous spicy flowers add a spectacular touch. Climbs trellises, fences or poles up to 2m/6ft high. Mixed colours.

\$4250 Seeds: Pkt/\$2, 100g/\$13, 1kg/\$75, 10kg/\$540



Black Velvet Tom Thumb Nasturtium

NASTURTIUM, DWARF

Tropaeolum minus

Peppery leaves and fragrant flowers are delicious added fresh to salads. Or for fun freeze the flowers in ice cubes for drinks. High in vitamin C. Flowers all summer in full sun or partial shade. Dwarf non-climbing growth habit is ideal for borders, window boxes and hanging baskets. Ht 30cm/12"

—**JEWEL MIX** Double flowers of light yellow, orange and deep red.

\$4251 Seeds: Pkt/\$2, 100g/\$12, 1kg/\$70

\$4251-001 Seeds: Pkt/\$2.50, 10g/\$7, 100g/\$35, 1kg/\$250

—**TOM THUMB BLACK VELVET** Striking deep red double flowers; dark leaves.

\$4251-750 Seeds: Pkt/\$2.50, 10g/\$9, 100g/\$45

NASTURTIUM, VARIEGATED

Tropaeolum minus 'Tip Top Alaska'

Good looks and good taste! If you think of how music and popular culture have crossed over glibly from one genre to another is there any surprise that a little genre jumping is happening in garden beds too? Nowadays one is likely to find useful flowers among the herbs and veggies and beautiful herbs and veggies among the flowers. Here is a flower-herb-veggie that cuts across the genres, with its white-flecked leaves and showy edible flowers. The leaves and flowers have a hot watercress flavour and are great in salads; the young seed pods are hotter and can be pickled and used like capers. Ht. 20cm/8in.

—**DEEP ORANGE**

\$4251-810 Seeds: Pkt/\$3.25, 10g/\$7, 100g/\$50

—**RED SHADES**

\$4251-820 Seeds: Pkt/\$3.25, 10g/\$7, 100g/\$50

NEPITELLA

Calamintha nepeta

(Lesser calaminth) A regional favourite in Tuscany where it is added to mushroom dishes and green vegetables for its distinctive minty flavour. Sauteed zucchini or mushrooms with fresh nepitella, tomatoes, and garlic is served with roast or boiled meat dishes. Easy to grow.

\$4264 Seeds: Pkt/\$3.75, 1g/\$19, 10g/\$135

\$4264 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70

NETTLE, STINGING

Urtica dioica

Drying or cooking removes stinging effect of the leaves. Use in salt-reduced diets. Cooked young shoots are rich in iron. Important bio-dynamic herb: increasing the potency of neighbouring herbs, stimulating humus formation. Fresh whole leaves produce green, gold and chartreuse tones. Fresh nettles keep a larder free of flies and discourage frogs when planted near beehives.

\$4270 Seeds: Pkt/\$2.50, 10g/\$10, 100g/\$75

\$4270 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10, **Plug pack:** 12/\$15

NEW JERSEY TEA

Ceanothus americanus

(Red root) Used as a tea substitute during the American Revolution. Indians used it for skin problems, skin cancer and venereal sores. A good gargle for mouth and throat sores.

\$4273 Seeds: Pkt/\$5.25, 1g/\$8, 10g/\$55

NIGELLA

Nigella damascena

(Love-in-a-mist) Finely divided leaves create a mist effect surrounding the lovely blue flowers. Seeds used in curries and bread, although its close cousin black cumin is better. Seeds stored with clothing repel insects. Valued in perfumery trade.

\$4275 Seeds: Pkt/\$2.50, 100g/\$21, 1kg/\$140

NIGELLA, SPANISH

Nigella hispanica 'Delft Blue'

(Spanish fennel flower) Hardy annual flower, native of southern Spain, the Azores, Sicily and North Africa. The ornate blue-dappled white flowers resemble famous Dutch pottery made in and around the town of Delft since the 16th century. Recent research has shown that the seeds possess powerful anti-inflammatory properties. Seed extracts were shown to inhibit both forms of the cyclooxygenase (COX) enzyme involved in inflammation. Prefers sunny locations with well-drained soil. Ht. 70-90cm/28-36in.

\$4275-300 Seeds: Pkt/\$3.25, 10g/\$27, 100g/\$205

OLD MAN ARTEMISIA: See SOUTHERNWOOD

OLEANDER, YELLOW

Thevetia nerifolia

Attractive shrub with yellow, bell-shaped flowers. Rich source of cardiac glycosides used for heart patients who are intolerant of digitalis. All parts are poisonous. Use under medical supervision. Can be kept to 1m/3ft tall in pots with regular pruning.

\$4290 Seeds: Pkt/\$3.25, 100g/\$21, 1kg/\$135

OLOLIUQUI

Rivea corymbosa

(Mexican morning glory) Sacred hallucinogenic herb used by the Aztecs in divination rituals. Once thought to be exterminated by the Spaniards in their zeal to exorcise "demonic" practices but the plant and the rituals were found alive in the mountains among the Mazatecs of Oaxaca, Mexico. Climbing vine with white flowers.

\$4292 Plants: \$6.50, 3+/\$4.90, 12+/\$3.90

ONION, WELSH

Allium fistulosum 'Evergreen'

(Onion green; Bunching onion) A bulbless perennial onion green like chives, but has larger leaves and a stronger, zesty flavour. Ideal for cooked vegetables, soups, stews, casseroles and quiches. Try them in homemade potato soup for a real treat. Easy to grow; can be picked anytime ground is not frozen.

\$4310 Seeds: Pkt/\$2, 10g/\$7, 100g/\$35, 1kg/\$230

\$4310-001 Seeds: Pkt/\$2.50, 10g/\$9, 100g/\$70, 1kg/\$505



Greek Oregano

Oregano

(*Origanum*)

WILD OREGANO: See COMMON MARJORAM

VARIEGATED OREGANO: See VARIEGATED MARJORAM

COMPACT OREGANO

Origanum vulgare 'Compactum'

Very nice low growing hardy oregano for rockeries and pathways, and for low edging around other plants. The flavour and aroma is mild and pleasant, more like wild oregano. Ht. 25cm/10".

\$4311-800 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70

GOLDEN OREGANO

Origanum vulgare 'Aureum'

  P Z6-9

Golden foliage is a nice colour contrast for rock gardens and edges of flower beds. Mild oregano flavour.

P4314 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70, **Plug pack:** 12/\$15

GREEK OREGANO

Origanum vulgare hirtum

     P Z5-11+

This is the true oregano collected wild in the mountains of Greece. White flowers; very hardy. Excellent flavour.

S4315 Seeds: Pkt/\$2.25, 10g/\$27, 100g/\$205, 1kg/\$1525

S4315-001 Seeds: Pkt/\$2.50, 1g/\$7, 10g/\$45, 100g/\$355

P4315 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10, **Plug pack:** 12/\$15

KALITERI OREGANO

Origanum 'Kaliteri'

  P Z6-11+

'Kaliteri' means 'the best' in Greek, an apt nickname for this terrific oregano that first came to us without a name. Specially selected for its high oil content, this strain is grown commercially in Greece for the high quality oregano market. Spicy, silver-grey foliage.

P4315-150 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70, **Plug pack:** 12/\$15

HERRENHAUSEN OREGANO

Origanum laevigatum 'Herrenhausen'

  P Z5-9

Sweet, fruity scented oregano with dark green leaves and purple flowers. Forms beautiful dense carpets covered with masses of purple flowers in late summer. Very effective as an edging for gardens and along pathways. Flowers dry well for arrangements. Ht. 30-60cm/1-2ft.

P4315-200 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70



**Bristol Cross
Oregano**

BRISTOL CROSS OREGANO

Origanum 'Bristol Cross'

  P Z6-10

Striking ornamental variety with a mild oregano flavour and aroma. Forms almost perfect globe-like balls when grown in baskets. Showy hop-like pink flowers similar to Kent Beauty but longer and more impressive. Ht. 20cm (8").

P4315-220 Plants: \$4.50, 3+/\$3.40

ITALIAN OREGANO

Origanum x majoricum

  P Z6-9

(Hardy marjoram) Strong spicy flavour, similar to sweet marjoram. It is actually a hybrid of sweet marjoram and oregano (*O. majorana* x *O. vulgare virens*) and the mixed parentage makes it a wonderfully versatile herb in the kitchen. Use it like you would oregano — or use it like marjoram! White flowers appear in summer. Ht. 45-60cm/18-24in.

P4315-300 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70, **Plug pack:** 12/\$15

KENT BEAUTY OREGANO

Origanum 'Kent Beauty'

  P Z6-9

Round leaves on almost trailing branches and attractive pink or purple flower bracts. Good aroma and sharp, bitter oregano flavour. A hybrid between *O. rotundifolium* and *O. scabrum*.

P4315-350 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70

PROFUSION® OREGANO

Origanum vulgare 'OV12'

  P Z5-9

Super hardy! Found growing in amongst the native grasses and herbs in the back field of the farm. These were descendants from a planting more than a quarter century ago when Otto Richter, co-founder of Richters Herbs, planted oregano seeds from a highly aromatic strain from Greece that was not expected to survive the Canadian winter. A few hardy individuals from that planting eeked out an existence hidden by taller grasses for more than 25 years until they were discovered a few years ago. This is a super hardy strain that is intensely aromatic and flavourful — and is tough enough to elbow out the competitors. We are very excited and proud to offer this super hardy oregano!

RICHTERS EXCLUSIVE. Profusion is a registered trademark of Richters; all rights reserved.

P4315-600 Plants: \$6.50, 3+/\$4.90, 12+/\$3.90

SYRIAN OREGANO

Origanum spp.

  P Z8-10

This is not *Origanum syriacum*, the plant usually called "Syrian oregano" or "true zaatar," but we think this is one of several wild Middle Eastern plants used like true zaatar to make the traditional zaatar spice blends that are so loved throughout the region. The flavour is strong and spicy, and its leaves can be used fresh or dried wherever oregano is used. In the garden, it is hardier and more vigorous than true zaatar.

P4316 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70

TURKESTAN OREGANO

Origanum vulgare gracile

  P Z5-10

A beautiful dark oregano from the mountains of Tajikistan and Uzbekistan in Central Asia. It is used for cooking and for its aromatic oil which has antimicrobial properties against a broad spectrum of bacteria. The attractive dark look of the plant is due to reddish glands in the leaves. The aroma is mild and almost perfume-like in a way, and the flavour is earthy and mild. Ht. 40-80cm/16-32in

P4316-200 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70



**Zorba Red
Oregano**

ZORBA RED OREGANO

Origanum vulgare 'Zorba Red'

  P Z5-9

An entirely different oregano! Excellent for gardens, hanging baskets, and container gardens. Spectacular red-purple sprays dotted with pure white flowers appear in early summer and keep on coming well into the autumn. Its spreading growth habit, dark green aromatic foliage, and waves of flowers create an impressive floral display. Ht. 90cm/36"; spread 70cm/28".

Unauthorized propagation prohibited. U.S. patent (USPP#13,841)

P4316-800 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70, **Plug pack:** 12/\$15

OREGANO, MEXICAN

Lippia graveolens

  P Z9-11

Often sold as true oregano in Mexico and southern U.S. where its fine oregano flavour is used to great advantage in chilis and other Mexican dishes. Properly pruned, it will grow into a miniature tree in a bright window or solarium.

P4318 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70



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ORRIS

Iris x germanica florentina

 P Z4-10

Produces nearly white flowers with traces of blue or purple. Dried powdered rhizome is the major source of orris, used in perfumery and potpourris.

P4319 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10

OSAGE-ORANGE

Maclura pomifera

 P Z5-9   

Source of yellow, gold and khaki dyes. Boiled root decoction was once used to bathe irritated eyes. Good hedge plant; has vigorous habit and withstands heavy clipping. Hardy in southwestern Ontario and coastal B.C.

S4320 Seeds: Pkt/\$2.50, 10g/\$16, 100g/\$115

Pansy



PANSY

Viola cornuta 'King Henry'

 P Z6-9   

Edible purple flowers have a wintergreen overtone. Use in soups, fruit and potato salads, ravioli, desserts, and as a garnish.

S4333 Seeds: Pkt/\$2.50, 10g/\$16, 100g/\$120

Alma Paprika




New! PAPRIKA, ALMA

Capsicum annum 'Alma'

Best known for making paprika, the quintessential flavouring for Hungarian goulash and paprikash. The stout 5cm/2" red peppers are dried and ground to make the spice. The fruits mature from cream-white to orange to red, becoming mildly spicy. As many don't know, they are quite delicious as a fresh pepper for stuffing and salads. Like all peppers, they need to be started early indoors, 6-8 weeks before outdoor planting time.

 **S4342-181 Seeds:** Pkt/\$2.50, 10g/\$15, 100g/\$110

PARACRESS: See BULL'S EYE CRESS

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Favorit Parsley

Parsley

(*Petroselinum*)

Curled Group

Modern curled parsleys can sometimes have a tough texture which may well be a feature bred in by design to withstand long shipping and to extend shelf-life. Favorit is different; it has a softer texture with much nicer mouth-feel and an excellent sweet parsley flavour. The leaves are dark green, curled, and keep coming on compact, up

New! FAVORIT PARSLEY

Petroselinum crispum crispum 'Favorit'


 B Z6-9  

Sometimes the texture of modern curled parsleys can be tough, a feature added by design to withstand long shipping and to extend shelf-life. The leaves can be quite a chore to chew! But Favorit is different — it is a curled parsley with a softer texture and a much nicer mouth-feel. It is a tad sweeter too, making it one terrific parsley for all around use.

S4347-700 Seeds: Pkt/\$2.50, 10g/\$5, 100g/\$30


MOSSCURLLED PARSLEY

Petroselinum crispum crispum

 B Z6-9  

Standard curled variety. Bright green, deeply cut and finely divided leaves.

S4350 Seeds: Pkt/\$2.25, 100g/\$11, 1kg/\$60

 **S4350-001 Seeds:** Pkt/\$2.50, 100g/\$21, 1kg/\$135

P4350 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10, **Plug pack:** 12/\$12

Plainleaf Group

Our favourite type because flavour is extra rich. Adds true European character to soups and stews.

ARGON PARSLEY

Petroselinum crispum 'Argon'

 B Z6-9  

Improved plainleaf variety with dark green flat leaves and upright growth habit. High yields. Strong powdery mildew tolerance.

S4365 Seeds: Pkt/\$3.25


ITALIAN PARSLEY

Petroselinum crispum neapolitanum

 B Z6-9  

Our favourite type because flavour is extra rich. Adds true European character to soups and stews. Dark green, glossy leaves, strong flavour. Taller, has larger leaves than standard strain. Very popular.

S4367 Seeds: Pkt/\$2.25, 100g/\$12, 1kg/\$65, 10kg/\$480

 **S4367-001 Seeds:** Pkt/\$2.50, 100g/\$19, 1kg/\$125, 10kg/\$900

P4367 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10, **Plug pack:** 12/\$12

PLAIN PARSLEY

Petroselinum crispum neapolitanum

 B Z6-9  

Standard variety for flavouring, slightly earlier maturing than above. Deeply cut, bright green leaves with excellent flavour.

S4370 Seeds: Pkt/\$2, 100g/\$14, 1kg/\$80, 10kg/\$585

 **S4370-001 Seeds:** Pkt/\$2.50, 100g/\$21, 1kg/\$135

Root Group

Both leaves and its slender, parsnip-like root are used. Roots are excellent for flavouring soups, stews, or steamed to serve with butter or sauce.

HAMBURG PARSLEY

Petroselinum crispum tuberosum **B Z6-9** **S E**
Standard variety. Roots 20-25cm/8-10in. long, flat leaves.
S4360 Seeds: Pkt/\$2, 100g/\$17, 1kg/\$110

PARSLEY, CHINESE: See MARINO CILANTRO

JAPANESE PARSLEY: See MITSUBA

PARTRIDGEBERRY

Mitchella repens **P Z5-9**
(Squaw vine; Checkerberry) Attractive low growing evergreen herb common in forests throughout eastern North America. According to native American practice the tea taken in the last few weeks of pregnancy promotes easier childbirth. The tea is also used as a wash for sore nipples.

P6020 Plants: \$8.50, 3+/\$6.40, 12+/\$5.10

PASQUE FLOWER

Anemone pulsatilla **P Z5-7** **S F M**
Pretty rock garden plant with masses of purple flowers appearing early in spring. Valuable in correcting membrane disorders of the respiratory and digestive passages. Slow to germinate.

S4400 Seeds: Pkt/\$3.25, 1g/\$7, 10g/\$50

P4400 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70

PASSION FLOWER, AMERICAN

Passiflora incarnata **P Z6-9** **S F M**
(Maypop) Important sedative used to treat insomnia, anxiety, restlessness, nervous disorders — especially in children. It is very safe; no side effects or contraindications are known. The herb is taken as a tea or in tablet or tincture form. Now incorporated in many commercial products, this herb has become a significant American herbal crop. Grows as a vine. Produces showy, sweet-scented flowers and edible fruits.

S4440-100 Seeds: Pkt/\$5.25

P4440-100 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70

PASSION FRUIT

Passiflora edulis **P Z8B-11+** **X M**
Unusual vine bearing spectacular star-like lavender flowers. Edible purple fruits possess pleasant flavour. Used as table fruit and in sherbet, jam, and beverages. Grow in sunniest window or greenhouse and provide support of trellis. Slow to germinate.

S4441 Seeds: Pkt/\$3.75, 10g/\$21, 100g/\$115

P4441 Plants: \$6.50, 3+/\$4.90, 12+/\$3.90



Patchouli

PATCHOULI

Pogostemon patchouli **P Z11+** **X M**
One of the definitive perfumes of the Orient and of India in particular. Widely used in perfumes and soaps, and even to perfume India ink. Leaves are excellent in potpourris and sachets.

P4450 Plants: Plug pack: 12/\$24

PENNYROYAL

Mentha pulegium **P Z6-9** **S F E**
Once used to flavour puddings and sauces. The tea is still used today to ease headache. Strong minty aroma. Has insect repelling properties. The essential oil has abortifacient properties and should not be used by pregnant women.
S4460 Seeds: Pkt/\$2.50, 10g/\$40, 100g/\$295
P4460 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10

PENNYROYAL, PURPLE SNOWCONES

Mentha pulegium 'Purple Snowcones' **P Z5-9**
Pennyroyal, the forgotten maiden among the mints, has long needed a makeover to match its big minty aroma and taste. Now with this variety it is ready to take its place in gardens, hanging baskets, and container gardens. 'Snowcones Purple' has a cascading growth habit and sends up flowering branches that look like purple scoops of snow. Ht. 60cm/24".

Unauthorized propagation prohibited. Protected by U.S. patent (USPP#12,971)

P4463-500 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70



Carpet Pennyroyal

PENNYROYAL, CARPET

Mentha pulegium 'Nanum' **P Z6-9**
(Dwarf pennyroyal) Neat mat-forming version of pennyroyal. Same scent, flavour and uses. Useful ground cover in wet areas.

P4462 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70

PENNYROYAL, SPICE BALL

Mentha pulegium 'Spice Ball' **P Z5-9**
No wonder it's called 'Spice Ball': in hanging baskets and containers it develops spherical displays of tightly-woven foliage with an intense, almost spicy, mint aroma. Exceptional!

Richters exclusive. Unauthorized propagation prohibited.

P4463-700 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70

PENNYWORT: See GOTU KOLA



Pepicha

PEPICHA

Porophyllum tagetoides **A S A**
(Pipicha; Chepiche) Mexican herb like cilantro but ten times so. Has overtones of pine, citrus, mint and anise, all wrapped up in a complex nexus of aromas and flavours. Its net effect on the palate is hearty, down-to-earth, and so good! Try it in stuffings, stews, salads, salsas, or on poultry, fish, devilled eggs, or even in tabouleh, bulgar, and potato salad. Also fights bacterial infections and inflammatory diseases and helps detox the liver. Easy to grow, just sow the seeds where the plants are to grow. Unlike its distant cousin cilantro it does not bolt in hot weather, so it produces gorgeous fresh foliage all summer long. Prefers full sun. Ht. 30-60cm/1-2ft.

S4467 Seeds: Pkt/\$3.25, 1g/\$11, 10g/\$80, 100g/\$390

Pepper, Chile

(Capsicum)

Ah — the chile pepper! What would the great cuisines of Mexico, India, China, Japan, Southeast Asia, Indonesia, and the Middle East be without this fiery gift from the New World? What about the enchiladas, curries, dhals, stir fries, salsas, and the prototypical chile dish, chili con carne? In cultivation for at least 8500 years, chiles come in all shapes, colours and pungencies to suit every temperament. We are pleased to bring you our collection of hot peppers, most of which are from Mexico.

Hot peppers are the Herb of the Year for 2016!

Mexican Chiles

Mexican chiles do best where the growing seasons are long and hot, but do not let that stop you from trying them in less torrid areas. Even in a cold, wet summer, we managed to get a respectable crop of chiles in Goodwood. In Canada, and most of the northern U.S., chiles need to be started indoors early (Jan-Mar) and transplanted out after the danger of frost is over.

ANAHEIM CHILE

Capsicum annuum 'Anaheim'

About 15cm/6" long, 5cm/2" across. Used fresh either green or ripe red, or dried ripe. Excellent stuffed fresh (*chiles rellenos*), and in stews and sauces. Dried in *ristras* and powdered as *chile colorado*. Heat: 500-2,500 Scoville units.

S4470-100 Seeds: Pkt/\$2, 10g/\$8, 100g/\$60

ANCHO POBLANO CHILE

Capsicum annuum 'Poblano Ancho'

The most commonly used dried chile of Mexico; essential for sauces and moles. In fresh form it is known as Poblano and in dried form it is known as Ancho. Brickred to black-purple when dry; 10cm/4in long by 7cm/3" wide. Mild, sweet flavour. Heat: 1,000-2,000 Scoville units.

S4470-120 Seeds: Pkt/\$2, 10g/\$9, 100g/\$70

P4470-120 Plants: Plug pack: 12/\$12



Cayenne Chile Pepper

CAYENNE CHILE

Capsicum annuum 'Long Slim'

The red hot chiles, about 3 inches long, are indispensable in Mexican, Indonesian and Italian dishes. Dried powder adds zest and piquancy to soups, sauces, egg and meat dishes. Ground pods and a little soap in water is a useful insect-repellent for the garden. Heat: 30,000-50,000 Scoville units.

S4470-320 Seeds: Pkt/\$1.75, 10g/\$7, 100g/\$40

S4470-321 Seeds: Pkt/\$2.50, 10g/\$10, 100g/\$75

P4470-320 Plants: Plug pack: 12/\$12

DE ARBOL CHILE

Capsicum annuum 'De Arbol'

Cayenne type, 5-7cm/2-3" long, 5-7mm across. Use powdered for sauces, soups, stews. Heat: 15,000-30,000 Scoville units.

S4470-330 Seeds: Pkt/\$2, 10g/\$21, 100g/\$160

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Richters.com/Seeds



Chocolate Habanero Chile

HABANERO CHILE

Capsicum chinense 'Habanero'

The fiery habanero chile goes back at least 8,500 years according to archaeological evidence found in a cave in Peru. It is a classic hot chile of Mexico, especially on the Yucatan Peninsula where it is widely cultivated. At 30-50 times hotter than jalapeño, it was once rated the world's hottest by Guinness World Records. The wrinkled lantern-shaped pods are used fresh or dried in salsas, chutneys, marinades. Thrives in hot sunny spots, a little on the dry side. As the seeds can be slow to germinate start them indoors early. Ht. 60-90cm/2-3ft. 100 days. Heat: 100,000-350,000 Scoville units.

—**ORANGE** Standard variety. Ripens to a fiery golden-orange.

S4470-450 Seeds: Pkt/\$2.50, 10g/\$19, 100g/\$145

S4470-451 Seeds: Pkt/\$3.25, 10g/\$35, 100g/\$265

P4470-450 Plants: Plug pack: 12/\$12

—**CHOCOLATE** Matures into a deep orange-chocolate colour. From Trinidad.

S4470-455 Seeds: Pkt/\$3.75, 10g/\$45, 100g/\$330

—**WHITE** Piping hot white variety.

S4470-461 Seeds: Pkt/\$5.25, 10g/\$35, 100g/\$265

P4470-460 Plants: Plug pack: 12/\$12

JALAPEÑO CHILE

Capsicum annuum 'Jalapeno'

Best known hot chile, 5-7cm/2-3" long, 2-3cm/1-1.5" in diameter. Used fresh either green or ripe red in salsa, stews, breads, sauces, dips, or just about anything that needs spicing up. Known as *chipotle* when dried by smoking. Heat: 2,500-8,000 Scoville units.

S4470-501 Seeds: Pkt/\$2.50, 10g/\$11, 100g/\$80, 1kg/\$580

P4470-500 Plants: Plug pack: 12/\$12

MANZANO ORANGE CHILE

Capsicum pubescens 'Manzano Orange'

(Rocoto) Manzano chiles are relatives of the hot and spicy rocoto pepper from the Andes in South America. The thick pods are difficult to dry so they are mostly used fresh, and are excellent in hot salsas. Compared to other chiles, this is more resistant to low temperatures and is typically grown at high altitudes. Fruits ripen to a yellow-orange color. Heat: 12,000 and 30,000 Scoville units.

S4470-550 Seeds: Pkt/\$3.75, 1g/\$19, 10g/\$140

SERRANO CHILE

Capsicum annuum 'Serrano'

Use when green or ripened to scarlet. Small: 2cm/1" long, 1cm/0.5" across. Thick flesh; clean biting heat. Salsas, pickled, or roasted for sauces. Heat: 10,000-23,000 Scoville units.

S4470-800 Seeds: Pkt/\$2, 100g/\$23, 1kg/\$155

TABASCO CHILE

Capsicum annuum 'Tabasco'

The chile pepper used to make the famous hot sauce of the same name. Its origin is the southern Mexican state of Tabasco, but it is now mainly grown in Louisiana and other Gulf states. Attractive: fruits point upright, changing from yellow to orange and finally to bright red at which stage they are harvested. Compact bushes 60-90cm/24-36" high can bear as much as 100 chiles each. Heat: 30,000-50,000 Scoville units.

S4470-950 Seeds: Pkt/\$3.75, 1g/\$10, 10g/\$75, 100g/\$550

P4470-950 Plants: Plug pack: 12/\$12

TEPIN CHILE

Capsicum annuum 'Chiltepin'

(Chiltepin; Bird pepper) Small pea-sized red pepper thought to be the ancestor of the cultivated *Capsicum annuum* peppers. Evidence indicates it has been consumed by humans as far back as 7,500 BC. It is still a popular tradition in Mexico to gather them in the sierras. They can be dried like peppercorns or used fresh in salsa. Ripens to a brilliant red colour and packs serious concentrated heat. Heat: 50,000-100,000 Scoville units.

S4470-960 Seeds: Pkt/\$5.25, 10g/\$40, 100g/\$220

Other Hot Peppers

BHUT JOLOKIA PEPPER

Capsicum annuum 'Bhut Jolokia'

One of the world's hottest! (Ghost pepper) By the Scoville system this pepper is rated at over one million Scoville heat units. That's 400 times hotter than Tobasco sauce! Back in 2007 this was the world's hottest pepper according to Guinness World Records. Native to northeastern India, bhut jolokia is a hybrid of *C. chinense* and *C. frutescens*. Brilliant red when mature. Seeds require warm soil to germinate, and peppers do best in light, well-drained soil in areas where there is a long hot growing season to allow them to come to their fiery best. Wear protective gloves to harvest ripe fruit. Heat: 1,500,000 Scoville units.

S4470-251 Seeds: Pkt/\$7, 1g/\$39, 10g/\$300



**Big Jim
Pepper**

BIG JIM PEPPER

Capsicum annuum 'Big Jim'

Anaheim type with huge peppers that get up to 20cm/8" long and 5cm/2" wide and weigh up to 4oz each. It is not uncommon to get 25-30 of these from a single plant. The heat is mildly hot, about 2,000-4,000 Scoville units. Excellent for *chile relleno*. 70-80 days.

S4470-256 Seeds: Pkt/\$2.50, 10g/\$15, 100g/\$110

BIRD'S EYE PEPPER

Capsicum annuum 'Bird's Eye'

Southeast Asian bird peppers are known by many local names but in the U.S. they are often lumped together with the Thai chillies. The small, thin pods, about 4cm/1.5" long, have good heat, about 50,000-100,000 Scoville units. Widely used in cooking and in the spice trade, and they are often made into medicinal creams for external use.

S4470-300 Seeds: Pkt/\$2.50



**Bishop's Crown
Pepper**

BISHOP'S CROWN PEPPER

Capsicum baccatum 'Bishop's Crown'

(Friar's hat; Joker's hat) Originally from Barbados where they are known as "peri peri". Unique three or four-sided shape resembles a hat or a crown — or maybe a flying spaceship. Famous for its gorgeous flavour: sweet and tangy, and fruity, with the heat building slowly and never getting unpleasant. Great chile for salads, for stuffing, pickles and salsa. Heat 10,000-30,000 Scoville units. 90-100 days.

S4470-260 Seeds: Pkt/\$3.25

BLACK HUNGARIAN PEPPER

Capsicum annuum

Similar to jalapeño pepper in shape and size. Pods start off green, turn jet black, and slowly ripen to red. Mildly hot and absolutely delicious. Chile fans say this variety is better than the traditional jalapeño variety for smoked chipotles. Black fruits and large purple flowers create quite a nice ornamental effect. Heat: 2,500 Scoville units. 65-80 days.

S4470-311 Seeds: Pkt/\$3.25, 10g/\$45, 100g/\$335



Fish Pepper

FISH PEPPER

Capsicum annuum longum

Attractive pepper plant with white mottled foliage and striped fruits. The curving fruits look a little like swimming fish. They turn from white with green stripes to orange with brown stripes to solid red when mature. This pepper has been grown by the African-American community around Philadelphia and Baltimore for years, where its heat and full-bodied flavour are treasured for fish and shellfish. Heat: 5,000-30,000 Scoville units.

S4470-401 Seeds: Pkt/\$3.75

HOT PORTUGAL PEPPER

Capsicum annuum 'Hot Portugal'

Looks like a cayenne pepper with long glossy scarlet pods 15-17cm/6-7" but the flavour is sweet and tart with undertones of strawberry and apples and no bitterness. Medium-hot at 5,000 Scoville units. Excellent in soups, chilli, and stews. Heavy yields, about twice as much as cayenne.

S4470-470 Seeds: Pkt/\$2.50, 10g/\$27, 100g/\$200

HUNGARIAN HOT WAX PEPPER

Capsicum annuum 'Hungarian Hot Wax'

Versatile hot banana pepper that can be served stuffed, fried, pickled, or just added fresh to salads. Pods, about 12cm/5" long, turn yellow, then orange, and then bright red. Mildly hot at 6,000 Scoville units. A good dependable choice for cooler areas where other hot peppers do not do well. 60-85 days.

S4470-481 Seeds: Pkt/\$2.50, 10g/\$15, 100g/\$110

JAMAICAN YELLOW PEPPER

Capsicum annuum 'Jamaican Yellow'

If you like heat and flavour... this is a good one! Mushroom shaped, thin walled, green to bright yellow, fiery hot taste similar to Habanero types. 5cm/2" fruits are good pickled or dried for seasoning. Heat: 100,000-300,000 Scoville units. 70 days

S8532-501 Seeds: Pkt/\$3.25, 10g/\$45, 100g/\$335

METEOR HOT PEPPER

Capsicum annuum 'Meteor hot'

A very hot and prolific, early maturing bird pepper developed in Vietnam for the commercial production of fresh and dried chillis. The small and thin fruits, about 5cm/2" long, can be picked green or red. Good tolerance to phytophthora, tobacco mosaic virus, and bacterial wilt. 55-60 days.

S4470-465 Seeds: Pkt/\$2.50, 10g/\$7, 100g/\$45

MONKEYFACE PEPPER

Capsicum annuum 'Monkeyface'

Hot chile pepper with a fruity, almost mango-like flavour. Although the heat is definitely there, the taste is not edgy or bitter like some other hot peppers. After the initial hot and spicy kick, the flavour lingers well after the heat subsides. The indented yellow fruits, 10cm/4" long, vaguely suggest the faces of monkeys. This variety came to us from Sweden where chile enthusiasts apparently like their heat to come in fun shapes and flavours!

S4470-570 Seeds: Pkt/\$5.25, 1g/\$15, 10g/\$120



Peter Pepper

New! PETER PEPPER

Capsicum annuum 'Peter'

An heirloom pepper with an undeniably suggestive look. It is perhaps not for everybody, but if you are growing this in your garden for all to see, it does help to have a healthy dose of humour. This unusual chile is actually quite edible and hot. 10,000-23,000 Scoville units.

S4470-730 Seeds: Pkt/\$3.75, 1g/\$30

SCOTCH BONNET PEPPER

Capsicum chinense 'Scotch Bonnet'

The famous hot pepper of the Caribbean with more or less spherical fruits about 4cm/1.5" in diameter. Has a fiery, apple-cherry tomato flavour. Great for salsas and sauces. Closely related to 'Habanero' chile. 120 days. Heat: 150,000-325,000 Scoville units.

S4470-750 Seeds: Pkt/\$5.25, 10g/\$21, 100g/\$160

P4470-750 Plants: Plug pack: 12/\$12

THAI CHILLI PEPPER

Capsicum annuum 'Thai'

(Chile dé arbol Coreano; Bird's eye pepper) One of the hottest chillis, used widely throughout Asia and in Mexico. Baby finger-sized chilli peppers, 4cm/1.5" long. Heat: 50,000-100,000 Scoville units.

S4470-900 Seeds: Pkt/\$5.25, 10g/\$35, 100g/\$260

P4470-900 Plants: Plug pack: 12/\$12



Trinidad Scorpion Pepper

TRINIDAD SCORPION PEPPER

Capsicum chinense 'Trinidad Scorpion'

Like a blast from hell! Fresh or dried, it is so hot that it is "extremely dangerous," according to breeder Craig Dremann, and he recommends chemical resistant gloves and a mask when handling it. The best way to use it is "Louisiana-style," which is to fill a hot sauce bottle with the pepper, add vinegar, lime juice, or vodka, and allow the liquid to steep the pepper for a week or two. Shake out the liquid to use, and replace the liquid as it is used, reusing the same peppers over and over again.

Note: The purchase of these seeds means that you are aware of the risks handling and ingesting this very hot pepper and its seeds, and you take all responsibility for any injuries or medical emergencies that may arise.

S4470-920 Seeds: Pkt/\$5.25, 1g/\$45, 10g/\$295

PERILLA

Perilla frutescens

(Shiso) Decorative green or purple foliage reminiscent of coleus. Cinnamon-scented leaves are popular in Japan for flavouring raw fish, bean curd, pickles and tempura. Before sowing, chill seeds at 5°C (40°F) for 3 days in moist sand.

—**GREEN** Great flavour; preferred variety for sushi.

S4474-100 Seeds: Pkt/\$2.50, 10g/\$7, 100g/\$55, 1kg/\$375

—**PURPLE** Purplish red leaves; preferred for pickled plums and preserved ginger.

S4474-200 Seeds: Pkt/\$2.50, 10g/\$7, 100g/\$55



Hojiso Perilla

New! PERILLA, HOJISO

Perilla frutescens 'Hojiso'

(Ear Shiso) The Japanese grow this aromatic herb for its flower tips and buds, and for its leaves. It is a shiso like the better known green and purple forms except the leaves have both green on top and purple underneath. The flap-like appearance gives the leaves the look of an ear, which is why this form is known as "ear shiso."

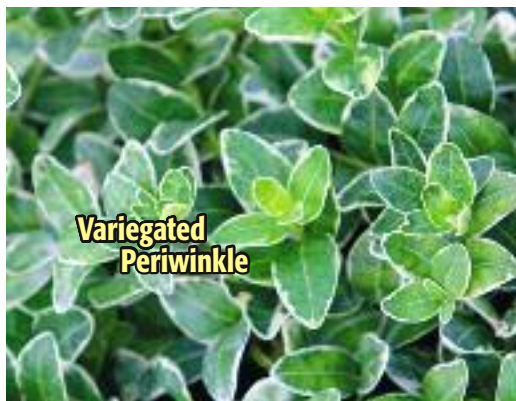
S4474-250 Seeds: Pkt/\$3.25

PERIWINKLE

Vinca minor

Excellent ground cover for shaded areas. Dark green, evergreen leaves; violet-blue flowers. Astringent and sedative properties. Formerly used for diarrhea and hemorrhages. Known as Violet of the Sorcerers in France where it was once hung at entrances to ward off evil spirits and witches.

P4474-900 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10



Variegated Periwinkle

PERIWINKLE, VARIEGATED

Vinca minor 'Variegata'

Glossy dark green evergreen leaves with pale yellow edges; violet blue flowers. One of the few herbs that adds colour to shady areas. Mat forming. Ht. 15cm/6".

P4474-950 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70

PIG'S EARS

Cotyledon orbiculata

(Plakkies) Excellent wart remedy, widely recommended even by medical doctors, in South Africa. Works on pets too. Thick, fleshy, grey-green leaves are sliced lengthwise and placed cut side on the wart for 8-12 hours daily. Succulent shrub with showy coral flowers on a stem up to 60cm/2ft. Very easy to grow.

S4481 Seeds: Pkt/\$7

P4481 Plants: \$6.50, 3+/\$4.90, 12+/\$3.90

PIMPERNEL

Anagallis arvensis

Reputation for treating depression, melancholy, and allied mental disorders. Scarlet, white or blue flowers close when bad weather is imminent, hence the name Weatherglass.

S4484 Seeds: Pkt/\$3.25, 10g/\$16, 100g/\$125

PINE NUT

Pinus pinea

P Z9-10 X E

Source of the richly delicious pine nuts used in pestos and other Mediterranean dishes. Attractive pot plant, but will not produce pine nuts unless grown where it can reach mature size. Native tree of southern Europe where it grows up to 20m/65ft.

S4487 Seeds: Pkt/\$3.25, 10g/\$7, 100g/\$45

PINK, SWEET

Dianthus x hybrida 'Rainbow Loveliness'

P Z4-8 S F E

One of the most heavily scented pinks, strikingly sweet and clove-like. Edible flowers are wonderful in many dishes where colour and its clove scent and flavour add a new twist.

S4488 Seeds: Pkt/\$5.25

P4488 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70

Piss-Off Plant



PISS-OFF PLANT

Plectranthus 'Sumcol 01'

P Z11+

Cats and dogs won't go near it. Much as we love our feline and canine friends, they can be a royal pain in the you-know-where when they carouse in our gardens. They romp around damaging plants, dig holes, and otherwise 'do their business' where they shouldn't. But dogs and cats (and rabbits too) stay away if a Piss-Off Plant is nearby. For some reason not yet understood they detect the odour of this plant. When planted three feet apart, the Piss-Off Plant will protect a whole garden. Not offensive to humans, and does not harm children or pets.

Unauthorized propagation prohibited. Protected by U.S. patent (USPP#13,843)

P4490 Plants: \$6.50, 3+/\$4.90, 12+/\$3.90

PLANTAIN, RIBGRASS

Plantago lanceolata

P Z5-9 S F X E

Leaf juice is reputed to have blood cleansing properties, to strengthen weak lungs, and to fight colds, diarrhea and similar digestive complaints. Poultice of fresh leaves on wounds prevents infection.

S4495 Seeds: Pkt/\$2.50, 100g/\$25, 1kg/\$115

PLEURISY ROOT

Asclepias tuberosa

P Z4-9 S F E

(Butterfly weed) Bright orange-red flowers are worthy of attention as an ornamental. Roots act specifically on the lungs as an expectorant and anti-inflammatory. Valuable for all chest complaints, including pleurisy.

S4510 Seeds: Pkt/\$3.25, 10g/\$22, 100g/\$120

POKEROOT

Phytolacca americana

P Z5-9 S F E

(Pokeweed) The young unfolded leaves in early spring (older leaves are poisonous) can be boiled and eaten like asparagus. Used to treat cancerous ulcers, rheumatism, arthritis and respiratory infections.

S4600 Seeds: Pkt/\$3.25, 10g/\$45

P4600 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70

POMEGRANATE, DWARF

Punica granatum 'Nana'

P Z7-10 X M

Showy orange-red fuchsia-like flowers are followed by miniature fruits. Considered an excellent remedy for tapeworms since ancient Greece times. Needs occasional pruning.

S4651 Seeds: Pkt/\$3.25, 10g/\$35, 100g/\$245

P4651 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70

POPPY, CALIFORNIA

Eschscholzia californica

A S E

Mildly narcotic colourless juice was used by Californian Indians to treat toothache. Brilliant orange flowers. Best sown direct very early in spring as it prefers cool weather.

S4720 Seeds: Pkt/\$2.50, 100g/\$20, 1kg/\$120

POPPY, CORN

Papaver rhoeas

A S E

The Flanders poppy of World War II! The red poppy immortalized in the wartime poem "In Flanders Fields" and now a prominent symbol of Remembrance Day. Its seeds are delicious on cookies, breads, rolls, and cakes, adding texture and a mild nutty flavour. For a special treat try adding seeds to buttered noodles!

S4730 Seeds: Pkt/\$2.50, 100g/\$22, 1kg/\$145

Opium Poppy



POPPY, OPIUM

Papaver somniferum

A S F E

Source of opium and the narcotic alkaloids, morphine and codeine, used to control pain, coughs and diarrhea. The plant is far more important for its culinary uses. Its seeds, which do not contain alkaloids, are widely used on breads, cakes, bagels and in Middle Eastern delicacies. The seeds also yields a good quality oil used for salads, soap, ointments and paints. A beautiful cool season annual with a mixture of single and double flowers in a riot of colours from pink to purple to blood red.

S4733-001 Seeds: Pkt/\$3.25

PRAIRIE-CLOVER

Dalea candida

P Z3-7 S F E

Navajo remedy for stomachache, abdominal pain, diarrhea and fever. The roots were regarded by the Navajo and Pawnee Indians as a 'life medicine' and panacea.

S4740 Seeds: Pkt/\$3.25, 10g/\$9, 100g/\$40

Styrian Pumpkin



PUMPKIN, STYRIAN

Cucurbita pepo styriaca

A S E

Hull-less seeds yield a medicinally-active oil used in Central Europe for inflammations, hypertrophy of the prostate, and for arteriosclerosis. Has high vitamin E content, and like evening primrose stimulates the synthesis of prostaglandins. Culture like other pumpkins.

S4758 Seeds: Pkt/\$3.25, 100g/\$27, 1kg/\$180

PYRETHRUM, PAINTED DAISY

Chrysanthemum coccineum P Z5-9 S F E
Also source of insecticide. Lovely cut flower and border plant in a mixture of red, rose and white.

S4761 Seeds: Pkt/\$2.50, 10g/\$14, 100g/\$105

P4761 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10

QUEEN ANNE'S LACE

Daucus carota B Z3-10 S F E
(Wild carrot) Infusion is used in the treatment of dropsy, chronic kidney disease and bladder afflictions. Leaves applied with honey soothe the external sores and ulcers.

S4800 Seeds: Pkt/\$2.50, 100g/\$26, 1kg/\$175

S4800-001 Seeds: Pkt/\$3.25, 100g/\$40, 1kg/\$250

RAU OM

Limnophila aromatica P Z10-11+
(Rau ngo) A refugee of war, this remarkable little herb came to North America with the thousands who fled Vietnam in the 1970s. The scent and flavour of rau om have a beguiling floral character that is entirely unique among herbs. Its fresh leaves are essential in several sweet and sour Vietnamese dishes, including a delightful soup made with tamarind and cantaloupe.

P4840 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70

REISHI MUSHROOM

Ganoderma lucidum P Z5-8
(Ling-xhi) The legendary Oriental mushroom of immortality. It is still in great use as a tonic and for the treatment of obesity, angina pectoris, bronchitis, hepatitis and insomnia. Scientific evidence is building that suggests that reishi has hypotensive, anti-tumour, hypoglycemic and immunostimulatory activity. We ship blocks of colonized sawdust which will yield beautiful, orange-red mushrooms in 3-4 months. Instructions are provided.

R4845 Colony (Apr-May shipment) (Can,US only): \$45



Rugosa
Rose

ROSE, RUGOSA

Rosa rugosa rubra P Z3-8
Excellent source of hips for preserves and teas.

(Japanese rose; Saltspray rose) Hips are tomato-red and are large, up to an inch across. Repeat bloomer with purple-red single flowers. Easy to grow, tolerates part shade, and is very hardy. Excellent for group or hedge plantings. Disease resistant. 120cm/4ft x 90cm/3ft. 1796.

S5024 Seeds: Pkt/\$2.50, 10g/\$7, 100g/\$40

ROSE, SWEET BRIAR

Rosa rubiginosa P Z5-8 S F D
(Eglantine rose) Spicy, sweet fragrant leaves fill the air, especially after a shower. Pink scentless flowers appear in June.

S5025 Seeds: Pkt/\$3.25, 10g/\$7, 100g/\$55

Rosemary

(*Rosmarinus*)

ROSEMARY

Rosmarinus officinalis P Z8-10,11+ S X M
Regular variety. Upright bush habit.

S5030 Seeds: Pkt/\$2.25, 1g/\$15, 10g/\$105, 100g/\$795

S5030-001 Seeds: Pkt/\$3.25, 1g/\$16, 10g/\$115, 100g/\$850

P5030 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10, **Plug pack:** 12/\$15

ARP ROSEMARY

Rosmarinus officinalis 'Arp' P Z7-10
This is one of the hardiest varieties, reliable in zone 7, even surviving some years in zone 6 with protection. Interestingly, it not only takes the cold well, it thrives better in the U.S. South where summer heat can be a problem. Foliage is grey-green with good flavour and aroma.

P5031 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70, **Plug pack:** 12/\$18



Barbeque
Rosemary

BARBEQUE ROSEMARY

Rosmarinus officinalis 'Barbeque' P Z8-10
Make skewers for kebabs with sticks of rosemary! Produces nice long, straight branches that can be cut to skewer lengths to grill meats, veggies, and even fruits such as strawberries or pineapple.

The savoury essence of rosemary comes through beautifully without overpowering the food. After one try you won't want to go back to ordinary skewers again. Neat upright growth habit, reaching up to 1.5m (6ft) high.

P5031-700 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70, **Plug pack:** 12/\$15

RescueHerb™



RESCUEHERB™

Solenostemon monostachyus P Z11+
African treatment for panic attacks! (Nyale) Virtually unknown in the West, this herb is considered one of the best spiritual cleansing herbs of Africa. When the mind is disturbed and the heart races African herbalists use this herb to bring anxiety and panic under control. The fresh herb is crushed in water, strained, and the liquid taken until the anxiety subsides. Also used for colic, convulsions, fever, headache and cough, especially in children. Research suggests that its anticonvulsant activity comes from its ability to calm the central nervous system. Has thick succulent-like stems and aromatic leaves. Ht. 60cm/24".

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P4849 Plants: \$6.50, 3+/\$4.90, 12+/\$3.90

RHODIOLA: See ROSEROOT

RIBGRASS: See PLANTAIN, RIBGRASS

ROCKET, SWEET

Hesperis matronalis B Z3-9 S E
The flower of deceit: its lovely perfume is released only in the evening. The flowers stimulate the glands and are aphrodisiac. Leaves picked before flowering are nutritious greens for salads.

S5010 Seeds (Not to AB): Pkt/\$2.50, 100g/\$15, 1kg/\$90

ROSE, DOG

Rosa canina P Z5-8 S F D
(Wild rose) A wild rose found growing in eastern and western North America. Fruits or rosehips are 20 times richer in vitamin C than oranges. Delicious in preserves, sauces and tea. Pink flowers have delicate fragrance; June.

S5020 Seeds: Pkt/\$3.25, 10g/\$7, 100g/\$55

BLUE BOY ROSEMARY

Rosmarinus officinalis 'Blue Boy'

Diminutive, compact size and free flowering habit makes it ideal for indoor pot culture. Excellent flavour. Ht. 60cm/24"

P5033 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70



BLUE RAIN ROSEMARY

Rosmarinus officinalis 'Blue Rain'

An outstanding trailing variety for hanging baskets and patio pots. The "runners" reaching 45-60cm (18-24") become loaded with light blue flowers and stay in bloom for longer than most other rosemary varieties.

Richters exclusive for North America. Unauthorized propagation prohibited.

P5033-300 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70



FOXTAIL ROSEMARY

Rosmarinus officinalis 'Foxtail'

Dense branches arise from the base making an impressive show for planters and hanging baskets. The eye-catching plume-like growth habit is unique among rosemaries. Mid-blue flowers. Ht. 1m (3ft).

P5033-800 Plants: \$4.50, 3+/\$3.40, **Plug pack:** 12/\$18



GOLDEN RAIN ROSEMARY

Rosmarinus officinalis 'Joyce Debaggio'

Unique foliage transitions from gold in the spring, through chartreuse, then into deep green during the hot summer months. It's not just good looking, it has great flavour and aroma as well. Woodsy with a cool citrus mint undertone. Prefers well-drained, compost lightened clay, as well as full sun. Ht 90-120cm/3-4ft.

P5034 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70



GORIZIA ROSEMARY

Rosmarinus officinalis 'Gorizia'

This is an outstanding variety from well-known herb grower and author Tom DeBaggio. It is tall, upright, with long straight branches, and large luscious leaves, and it produces showy clusters of light blue flowers in summer. It gives the overall impression of strength and robust health, a kind of inspiring vigour that gardeners and cooks like to have around. DeBaggio describes the aroma as "gentle, sweet, and a bit gingery." Can reach up to 150cm/5ft.

P5034-500 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70, **Plug pack:** 12/\$18



HILL HARDY ROSEMARY

Rosmarinus officinalis 'Madeline Hill'

One of the hardiest rosemaries available. It survives winters in zone 7 reliably. Even in zone 6 it survives most winters, developing into a low shrub. Some say this variety is hardier than 'Arp' but we think the jury is still out on which is the hardiest of them all. But 'Hill Hardy' is without a doubt an elite variety with a fine scent, delicate grayish leaves, and a nice compact growth habit.

P5034-600 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70, **Plug pack:** 12/\$18



**Huntington Carpet
Rosemary**

HUNTINGTON CARPET

Rosmarinus officinalis 'Huntington Carpet'

Very popular as a ground cover in California. The dense ground-hugging foliage and masses of deep blue flowers create a dramatic flowing "waterfall" effect. Excellent in containers, window boxes and baskets also. Ht. 30-45cm/12-18"

P5034-700 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70, **Plug pack:** 12/\$18



MAJORCA ROSEMARY

Rosmarinus officinalis 'Majorca'

Showy dark blue flowers; upright to trailing growing habit.

P5037 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70



PINK MAJORCA ROSEMARY

Rosmarinus officinalis 'Pink Majorca'

Lovely pink-flowered version of 'Majorca'. Upright growth habit; prolific bloomer.

P5037-420 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70, **Plug pack:** 12/\$18



REX ROSEMARY

Rosmarinus officinalis 'Rex'

Stately variety with large, dark green leaves and deep blue flowers; vigorous upright growth habit. Preferred culinary variety.

P5037-500 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70, **Plug pack:** 12/\$18



SANTA BARBARA ROSEMARY

Rosmarinus officinalis 'Santa Barbara'

Prostrate or trailing variety, very similar to 'Lockwood', but faster growing and earlier flowering. The flowers can be so dense that it seems as though the plants are covered in blue snow. Excellent for hanging baskets and container plantings. Will even climb if the branches have no other place to go!

P5037-900 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70, **Plug pack:** 12/\$18



**Spice Island
Rosemary**

SPICE ISLAND ROSEMARY

Rosmarinus officinalis 'Spice Island'

Some have suggested that this variety was developed for the Spice Islands company for production of dried rosemary; but we don't believe there is any connection. It has a full-bodied aroma with a warm woody note and less camphor than other varieties. Strong upright growth habit. Covered with dark blue flowers in spring or late winter. Ht. 1m/3ft.

P5038-500 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70, **Plug pack:** 12/\$18



TUSCAN BLUE ROSEMARY

Rosmarinus officinalis 'Tuscan Blue'

Gorgeous upright columnar form with thick stems, succulent broad leaves, and large clear-blue flowers. The flavour and aroma is a little milder than others, but its sheer majesty is a thing to behold. Excellent variety for topiary use and for hedging in warm zones. Ht. 125-180cm/4-6ft.

P5039 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70, **Plug pack:** 12/\$18



ROSEROOT

Rhodiola rosea

P Z1-7 S F M

Adaptogenic like ginseng. (Rhodiola; Golden root) Has the ability to restore the body and mind after physical and mental exertion and stress. Its rose-scented roots improve learning and memory, and act as a tonic. In folk medicine the leaves were used like aloe on cuts and burns, and the Eskimos made a decoction of the flowers for stomach and intestinal problems. Attractive flowers are greenish-yellow with reddish and purplish tones competing for attention. One of the hardiest medicinal plants known: it survives in the Arctic with ease! Ht. 5-40cm/2-16"

S5040 Seeds: Pkt/\$7

P5040 Plants: \$6.50, 3+/\$4.90, 12+/\$3.90

RUE

Ruta graveolens

P Z5-9 S F E

Pungent bitter leaves used sparingly in stews, salads, sandwiches and vegetable juice. Two chewed will quickly relieve nervous headache. In early times judges relied on fresh sprigs of rue to repel fleas brought into court by prisoners.

S5050 Seeds: Pkt/\$2.50, 10g/\$15, 100g/\$100

P5050 Plants (Not to US): \$3.50, 3+/\$2.60, 12+/\$2.10



RUE, SYRIAN

Peganum harmala

P Z7-9 S F E

Source of the famous dye "Turkish Red", a characteristic colour of Persian carpets. In Egypt, the oil expressed from the seeds is said to be an aphrodisiac. Seeds possess hallucinogenic alkaloids.

S5060 Seeds: Pkt/\$3.25, 1g/\$8, 10g/\$60

SAFFLOWER

Carthamus tinctorius

A S E

(False saffron) Important source of good quality cooking oil, and yellow or red dyes. Thistlelike flowerheads colour silk, wool, rouge and are used as a saffron substitute in rice dishes.

S5160 Seeds: Pkt/\$2, 10g/\$7, 100g/\$55

SAFFRON

Crocus sativus

(Can,US only) P Z6-8

Saffron is the world's costliest spice; it takes the stigmas of 150,000 flowers to make one kilo. It is quite easy to grow in the garden; but north of zone 6, winter indoors in a cool place. Six plants will produce enough spice for one recipe. Lovely lavender blossoms in fall. Pistils produce yellow dye used for Buddhist monks' robes in Far East. Also produces copper and olive tones with mordants.

NOTE: Order early to avoid disappointment.

R5162 Bulbs (Sept-Oct shipment): 10/\$15, 100/\$90

Sage

(*Salvia*)

Garden Sages

GARDEN SAGE

Salvia officinalis

P Z5-9 S F X E

(Dalmatian sage) The main culinary varieties popular for poultry stuffing and for flavouring rich meats like pork or duck. Also in homemade sausage, omelettes, cheese and bean dishes. Sage tea gargle is valuable for sore throat. Grey-green pebbly leaves, pale blue flowers. The most common culinary variety.

S5170 Seeds: Pkt/\$2.50, 10g/\$12, 100g/\$95, 1kg/\$680

S5170-001 Seeds: Pkt/\$3.25, 10g/\$17, 100g/\$130, 1kg/\$940

P5170 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10, **Plug pack:** 12/\$15

BERGGARTEN SAGE

Salvia officinalis 'Berggarten'

P Z5-8

Choice strain, similar to Holt's Mammoth but with larger grey-blue silvery leaves and robust, low habit.

P5170-300 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70, **Plug pack:** 12/\$15



Dwarf Sage

DWARF SAGE

Salvia officinalis 'Dwarf'

P Z5-8

Dwarf version of the standard variety. Excellent for small areas, rockeries, borders. Ht. 25cm/10"

P5170-500 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70

EXTRAKTA SAGE

Salvia officinalis 'Extracta'

P Z5-8 S F X E

Improved strain for commercial production. Contains up to 2.5% essential oil; yields up to 3 tonnes/ha (1.2 ton/acre).

S5170-550 Seeds: Pkt/\$2.25, 10g/\$8, 100g/\$60, 1kg/\$430

GOLDEN SAGE

Salvia officinalis 'Aurea'

P Z7-9

Leaves a lovely chartreuse-yellow enhanced by dark green splashes around the veins. Best grown in zones 7-9.

P5171 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70, **Plug pack:** 12/\$15

HOLT'S MAMMOTH SAGE

Salvia officinalis 'Holt's Mammoth'

P Z5-8

Similar to the standard variety, but leaves are larger.

P5171-500 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70

PURPLE SAGE

Salvia officinalis 'Purpurea'

P Z6-9

Aromatic purple foliage. Used in stuffings, sausages, omelettes, soups, stews. Winter mulch.

P5172 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70, **Plug pack:** 12/\$15



Tricolor Sage

TRICOLOR SAGE

Salvia officinalis 'Tricolor'

P Z6-9

Aromatic foliage with white and pink streaks. Grow in/outdoors in full sun. Winter mulch.

P5173 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70, **Plug pack:** 12/\$15

WHITE DALMATION SAGE

Salvia officinalis 'White Dalmation'

P Z5-8

A superior selection for commercial field production. Has a clean aroma and flavour, with little of the bitterness found in other varieties. Leaves are smaller and have a whiter appearance compared to standard garden sage.

P5173-500 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70



Autumn Sages

Autumn Sages (*Salvia greggii*)

Outstanding ornamentals from Mexico and Texas with small, fruit-scented leaves and wonderful bright coloured flowers. Called autumn sage because early fall brings on a glorious spurt of autumn flowers to cap off a continuous display that begins in June. Aromatic leaves are used as a seasoning in Mexico, and the edible nectar-filled flowers are excellent in salads, even adding to the 'crunch'! Magnet for hummingbirds. Does well in full or half sun. Ht. 75-100cm/30-40in.

BIG PINK SAGE

Salvia greggii 'Big Pink'

P Z7-10

Large violet-pink flowers, nearly 3.5 cm (1.5 in) across, are set on dark maroon calices. Flowers appear May-July and later from September until frost. Shiny foliage and neat upright habit.

P5164-055 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70

CHERRY CHIEF SAGE

Salvia greggii 'Cherry Chief'

Many scarlet flowers, 2.5cm/1" Does better than most during hot summer months.

P5164-060 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70, **Plug pack:** 12/\$15

LOWRY'S PEACH SAGE

Salvia greggii 'Lowry's Peach'

Orange-peach flowers, 2.5cm/1"

P5164-070 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70

RASPBERRY ROYALE SAGE

Salvia greggii 'Raspberry Royale'

Salvia collector Richard Dufresne discovered this growing in his sage garden. It turned out to be one of his best releases, dishing out an abundance of raspberry-purple colour spring, summer and fall. Ht. 30-45 cm (12-18 in).

P5164-073 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70

Other Sages

SAGE, MEADOW: See CLARY, MEADOW

CARDINAL SAGE

Salvia fulgens

(Mexican red sage) Showy scarlet flowers; pungent scent. Height: 60-90cm/2-3ft. Infusion of leaves is used for colic in Mexico.

P5164-100 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70



Fruit Sage

FRUIT SAGE

Salvia dorisiana

The strong aroma of mixed fruits makes this plant an ideal ingredient for potpourri and other fragrant concoctions. Its large velvety leaves and shocking pink flowers make it an attractive houseplant. Needs good light. Pinch to keep bushy.

P5165 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70

GRAPE-SCENTED SAGE

Salvia melissodora

(Tarahumara indian sage) Leaves and seeds are used medicinally by the Tarahumara Indians of Mexico. Thought to contain the same psychotropic compound found in divinens sage (*S. divinorum*). Foliage is pleasantly aromatic but it is the lavender flowers that possess the remarkable grape scent. In bloom from late spring until frost, it is a perpetual magnet for bees, butterflies and hummingbirds. Ht. 1.5-2m/5-6ft.

P5169 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70

GREEK SAGE

Salvia fruticosa

Much imported sage is, in fact, this species, not the true garden or Dalmatian sage (*S. officinalis*) as is commonly believed. Of ancient use; its distinctive trilobate leaves are visible in the wonderful Minoan frescoes at Knossos, dated 1400 B.C. Although somewhat inferior in quality, Greek sage offers the advantage that it is easier to grow indoors.

P5174 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70

HONEY MELON SAGE

Salvia elegans 'Honey Melon'

Looks and grows much like pineapple sage but has a stunning honeydew melon scent. There is nothing else like it in the world of herbs! Red flowers are edible, and they are favourite haunts of hummingbirds. Prefers filtered light but can tolerate full sun. Reaches 1-1.3m/40-50", but can be grown in hanging baskets.

P5175 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70, **Plug pack:** 12/\$15

HUMMINGBIRD SAGE

Salvia guaranitica 'Black and Blue'

(Anise-scented sage; Guarani sage) This is the best of the sages for attracting hummingbirds. Praised for its brilliant deep blue and black flowers on 38cm/15" spikes appearing from early summer until frost. Ht. 1-1.3m/3.5-4.5ft.

P5175-500 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70



Purple Volcano Sage

PURPLE VOLCANO SAGE

Salvia lyrata 'Purple Volcano'

(Cancerweed) Medicinal herb with impressive horticultural potential! Its rich bronze-purple foliage can be used for seasonal contrast in virtually any garden setting. Try it in low borders or flower beds next to green or grey plants. Tolerates partial shade well. Used like lyreleaf sage for cancer and other conditions. Ht. 20-25cm/8-10"

S5177 Seeds: Pkt/\$7, 1M/\$60

MEXICAN BUSH SAGE

Salvia leucantha

Increasingly popular as accent and contrast plants because the green-grayish pointed lanced-shaped leaves and velvety purple flower spikes are very showy. Good cut or dried flower. Removing spent flowers or 'deadheading' will promote more flowering and help keep plants more upright. Aromatic leaves. Ht. 1.2m/4ft.

P5178 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70, **Plug pack:** 12/\$18

PINEAPPLE SAGE

Salvia elegans

Fabulous pineapple scent. Brilliant red flowers. Use for drinks, chicken, cheese and in jams and jellies. Grow indoors in good light. Pinch to keep bushy.

P5180 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70, **Plug pack:** 12/\$15

PERUVIAN SAGE

Salvia discolor

Scent is a rather pleasant complex of fruit, eucalyptus and resin. Striking deep purple flowers.

P5186-500 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70

SILVER SAGE

Salvia argentea

Beautiful sage from southern Europe with giant silver-gray woolly leaves, excellent for the silver or grey garden. The soft leaves have a mild fruity aroma. In Lucania, in southern Italy, the young leaves are collected during the procession of the Black Madonna in May and September and are dried for future use to treat wounds, much like bandages. The attractive silvery white flower spikes should be cut back immediately after flowering otherwise plants may not return next season. Prefers dry, sunny areas with excellent drainage.

S5187-750 Seeds: Pkt/\$3.75, 1g/\$16, 10g/\$115

TANGERINE SAGE

Salvia elegans 'Tangerine'

This is actually a type of pineapple sage but the aroma is citrusy. The plant forms dense clumps in the garden with bright scarlet flowers that appear in May or June and keep coming until the killing frosts in fall. Like other sages, it helps to relieve anxiety and can be used to brew a relaxing tea.

P5189 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70



P Z9-10

White Sage



WHITE SAGE

Salvia apiana

Important ceremonial herb among the California Indians, used for purification much like wormwood (*Artemisia ludoviciana*). Roots were used for afterbirth to heal and to clean the womb. Leaves were smoked, taken as a tea, or used in sweatlodges to cure colds.

S5190 Seeds: Pkt/\$3.25, 1g/\$7, 10g/\$40, 100g/\$315

P5190 Plants: \$6.50, 3+/\$4.90, 12+/\$3.90, **Plug pack:** 12/\$18



P Z7-9

SAGE, RUSSIAN

Perovskia atriplicifolia

Not exactly sage nor Russian, this hardy native of Crimea, Afghanistan and Pakistan was named Perennial Plant of the Year for 1995. Has beautiful purple-blue flowers that dry well for dried arrangements. Leaves are pleasantly aromatic with a strong camphor scent works well in potpourris. Excellent beeplant.

S5191 Seeds: Pkt/\$5.25

P5191 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70, **Plug pack:** 12/\$15

SAGEBRUSH, BLACK

Artemisia nova

The black sagebrush is one of the most common shrubs of the United States. The low grey-green shrub is found from California to New Mexico north to Montana. The Shoshoni Indians of Nevada used the leaves for coughs and colds. Ht. 30cm/12".

S5193-100 Seeds: Pkt/\$3.25, 10g/\$11



P Z3-5



Mountain Sagebrush

SAGEBRUSH, MOUNTAIN

Artemisia tridentata vaseyana

Most abundant of the big sagebrushes, growing in mountain meadows and rocky slopes from British Columbia to California. Highly aromatic, with a pleasant mint-like scent. Has a history of medicinal and food use by Native Americans, especially for cough, colds, and pneumonia. A study has shown that the vapours given off by the foliage can protect stored grain from insect damage. Ht. 60-80cm/24-32".

S5193-500 Seeds: Pkt/\$2.50, 10g/\$9



P Z4-10

SAGEBRUSH, WYOMING

Artemisia tridentata wyomingensis

Long-lived shrubby perennial with blue-grey leaves with a silver cast. Strong pungent fragrance. Likely because of its antiseptic properties, it was used by Native Americans to treat colds, diarrhea and sore eyes. Very tolerant of drought and a good plant for xeriscaping. Requires well-drained soil but prefers low fertility. Ht. 30-90cm/1-3ft.

S5193-900 Seeds: Pkt/\$2.50, 10g/\$8



P Z3-10

SAMPHIRE

Crithum maritimum

(Sea fennel) Aromatic herb found growing along European seashores. Succulent leaves are delicious boiled with salt and pickled in vinegar and spices. Herbalists have long extolled the beneficial effects of pickled samphire on the digestive system. Has potential in the treatment of obesity. Good diuretic. Does best in sandy or gravelly soil. Height 30-60cm/1-2ft.

S5198 Seeds: Pkt/\$5.25, 1g/\$22, 10g/\$160



P Z8-10

Santolina



SANTOLINA

Santolina chamaecyparissus

(Lavender cotton) Attractive low bushy herb with aromatic grey-green leaves. Traditionally planted in knot gardens or low hedges. Leaf oils are used in perfume. Hang dried bunches in closets to repel moths. Dried flowers are used in floral arrangements.

P5280-200 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70, **Plug pack:** 12/\$15



P Z6-8

SANTOLINA, GREEN

Santolina virens

Excellent contrast plant for grey santolinas; for borders, hedges, and knot gardens.

P5280-300 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70



P Z6-10

SANTOLINA, ROSEMARY

Santolina rosmarinifolia

Rare species with green foliage reminiscent of rosemary in appearance. Like its grey cousin, *S. chamaecyparissus*, it is particularly effect in knot gardens when clipped as low hedges. Aromatic sprigs are placed among clothing to repel moths.

S5281 Seeds: Pkt/\$7



P Z9-10

Savory

(*Satureja*)

CREeping SAVORY

Satureja spicigera

Creeping variety from Iran, Turkey and the Caucasus. Excellent for rock gardens and edgings. Masses of white flowers appear in late summer. The leaves have strong flavour, similar to winter savory, and can be used fresh or dried just like other savories. The essential oil in the leaves has antimicrobial, antiviral and antioxidant properties.

P5289 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70



P Z7-8

SUMMER SAVORY

Satureja hortensis

Most preferred, having the most delicate flavour. Easiest to grow.

S5290 Seeds: Pkt/\$2, 100g/\$18, 1kg/\$115



A S X E

MIDGET SAVORY

Satureja hortensis 'Midget'

Improved uniform selection for commercial production. Bushier and higher foliage mass than other varieties, and has high essential oil content. Ht. 30cm/12".

55293 Seeds: Pkt/\$2.50, 100g/\$20, 1kg/\$130

A S X E

WINTER SAVORY

Satureja montana

Strong, pungent flavour. A low bush for borders and edgings.

55300 Seeds: Pkt/\$2, 10g/\$19, 100g/\$145, 1kg/\$1060

55300-001 Seeds: Pkt/\$3.25, 10g/\$28, 100g/\$210

P5300 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10, **Plug pack:** 12/\$15

P Z5-8 S F X E



Winter Carpet Savory

WINTER CARPET SAVORY

Satureja montana illyrica

Beautiful carpet forming savory! This is a form of winter savory from the Carpathian Mountains of Europe. In the wild it grows in neat low patches on dry rocky slopes. In gardens it makes a spectacular fragrant ground cover or edging plant with rose-purple flowers appearing in late summer. The leaves can be used in cooking like winter savory but the flavour and aroma are not as strong. Ht. 15cm/6in.

55301-300 Seeds: Pkt/\$3.25

P Z3-8 S F E



Winter Lemon Savory

WINTER LEMON SAVORY

Satureja montana citriodora

Incredible lemon scent! This plant is a complete surprise. It is a form of winter savory, with the same dark green leaves and robust growth habit, but the scent is so unexpected you think your nose is playing tricks. The lemon scent is not simply the scent of savory suffused with lemon, it is actually a clean lemon scent of all its own. After a moment to recover from the shock, you soon begin to think of fun ways to use this unique herb in cooking and in tea. Ht. 20cm/8in.

55301-500 Seeds: Pkt/\$3.25, 1g/\$65, 10g/\$370

P Z3-8 S F E

SAVORY, AFRICAN LEMON

Micromeria biflora

A sensational savory from Africa remarkable for its intense lemon scent and flavour. Totally unlike other savories! Try it in teas, baked fish, etc. Easy to grow: needs well-drained soil and occasional trimming to keep going. Rare!

P5305 Plants: \$6.50, 3+/\$4.90, 12+/\$3.90

P Z11+

SCHISANDRA

Schisandra chinensis

(Wu-wei-zi) Chinese medicinal; astringent and demulcent berries are used to treat nervous conditions, chronic cough, asthma, thirst, too frequent urination, and diarrhea. Sometimes referred to as 'Chinese Prozac'. Hardy climbing vine, to zone 5. Has adaptogenic and immune-enhancing properties similar to ginseng.

55345 Seeds: Pkt/\$3.25, 10g/\$8, 100g/\$70, 1kg/\$405

P Z5-8 S F D

SCULLCAP

Scutellaria lateriflora

Effective, reliable remedy for headache and neuralgia. Good sedative for insomnia, restlessness, hysteria and convulsions.

55360 Seeds: Pkt/\$3.75, 1g/\$8, 10g/\$55

P5360 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10

P Z3-8 S F E



Baikai Scullcap

SCULLCAP, BAIKAL

Scutellaria baicalensis

(Huang-qin) Important Chinese medicinal herb for fevers, colds, hypertension, insomnia, headaches, hepatitis, shingles, and other ailments. Many of its traditional uses are supported by clinical studies. Showy blue flowers. Ht. 40cm/15in. Needs good drainage, and does not transplant well; otherwise easy to grow and very hardy.

55361 Seeds: Pkt/\$2.25, 10g/\$13, 100g/\$100, 1kg/\$740

55361-001 Seeds: Pkt/\$3.25

P5361 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70

P Z4-8 S E

SCULLCAP, ORIENTAL BLUE

Scutellaria baicalensis 'Oriental Blue'

(Baikal scullcap; Huang qin) One of Chinese medicine's most important herbs is now all dressed up for the flower garden! English breeders managed to coax the hardy perennial to throw up bigger purple-blue flowers. A beautiful new ornamental herb for sunny borders or mass plantings. Ht. 40cm/15".

55361-500 Seeds: Pkt/\$3.75, 1g/\$45, 10g/\$320

P Z5-8 S E

SEA LAVENDER

Limonium latifolium

Graceful sprays of small mid-blue papery blossoms last for months in dried flower arrangements or potpourris. Astringent tonic useful for diarrhea and dysentery.

55373 Seeds: Pkt/\$3.25

P Z4-9 S E

SEA-ONION

Ornithogalum caudatum

A fascinating onion-like medicinal herb for sunny windows. Known as the "pregnant onion", for bulges develop on its sides where eventually baby bulbs burst through the skin. Juice of the leaves is claimed to be as effective as aloe vera in treating cuts and sores.

P5375 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70

P Z8-11+




Seabuckthorn

(*Hippophae*)




Known as “seaberry” in America, the edible orange berries are rich in vitamins A, C and E, and in amino acids, carotenoids, and antioxidants. They are used in sauces, juices, jellies and marmalades, and are used in skin creams for their potent healing effects, especially on skin eruptions. The plant is one of the hardiest and toughest fruit-bearing trees known, surviving even the rocky slopes of Tibet. A nitrogen-fixer, it grows in almost any well-drained soil. It is also a good bee plant. Commercial interest is rising: already commercial orchards have been established in Ontario and elsewhere. Although seabuckthorn can be grown from seeds, plants from seeds are not recommended for fruit production. Elite cultivars developed for fruit production with larger, sweeter fruits are preferable. Richters is very proud to offer superior fruit-bearing cultivars from The Healing Arc, Ontario’s original and best-known commercial orchard.

Seabuckthorn plants are either female or male. Only the female plants produce berries; but to get fruits, male plants must be present to pollinate the females. For every 5 females or fewer, home gardeners should plant at least 1 male. Commercial orchards need 1 male for every 10 females.

WILD SEABUCKTHORN

Hippophae rhamnoides P Z3-8 S F D   
Wild variety suited for shelter belts, erosion control, slope stabilization, and wildlife habitats. Plants will be half male and half female. Not suited for fruit production because fruits are small and too acidic. For fruit production choose from among the improved cultivars listed separately.
P5370 Seeds: Pkt/\$3.25, 10g/\$7, 100g/\$45


CITRUS BLAZE

Hippophae rhamnoides 'Citrus Blaze' P Z3-8   
Superior female cultivar, bushier than others. With pruning, bushes can be kept to 120cm/4ft high which makes for easier harvesting. Berries are a little redder and rounder than ‘Huron Sunset’, and slightly smaller. Excellent for freezing berry-laden branches to store for winter usage. This Healing Arc variety is a selection from the European variety ‘Juliet’.
P5370-200 Plants: \$12



Citrus Gold Seabuckthorn



CITRUS GOLD

Hippophae rhamnoides ‘Citrus Gold’ P Z3-8   
(Seaberry) Female cultivar from The Healing Arc. Rapid grower, slightly earlier than other varieties. Has the largest berries and produces the most juice. Can be kept pruned to 150cm/5ft high for easier harvesting. Large berries, weighing about a gram when fresh, are nice and tasty. Children love them straight out of the freezer! Ripens late July to early August. This is a Healing Arc selection from the Russian variety ‘Chuskaya’.
P5370-220 Plants: \$12





Huron Sunset Seabuckthorn



HURON SUNSET

Hippophae rhamnoides ‘Huron Sunset’ P Z3-8  
(Seaberry) A superior female cultivar from The Healing Arc. Like ‘Citrus Gold’, the orange berries are large, weighing a gram when fresh, with a nice tinge of red at the tops. Excellent for juice, and for salsa, salads and as a garnish on hospitality plates. Best kept pruned to 150cm/5ft high for easier harvesting.
P5370-400 Plants: \$12



LORD

Hippophae rhamnoides ‘Lord’ P Z3-8  
Male pollinator variety required to get good fruit set among the elite female varieties. Commercial growers need to plant about 10% of the orchard with male plants. Home gardeners need 1-3 males for every 5 female plants.
P5370-500 Plants: \$12




SENEGA, CHINESE

Polygala tenuifolia P Z2-9 S E  
(Yuan zhi; Siberian milkwort) Roots are excellent for coughs, particularly when there is excess phlegm, and for bronchitis and asthma. In Chinese medicine, it is used for anxiety, insomnia, palpitations, poor memory, and depression, especially in cases of excessive brooding and pent-up emotions. Very hardy. Needs full or partial sun in a well-drained location. Ht. 25cm/10in.
S5378 Seeds: Pkt/\$5.25, 10g/\$13, 100g/\$100, 1kg/\$710





SENNA, AMERICAN

Cassia marilandica P Z6-9 S F E  
Effective laxative much in use by American herbalists. Usually taken in combination with coriander to prevent cramps. Also used to expel worms and for fevers. Ht. 1-1.8m/3-6ft.
S5379 Seeds: Pkt/\$2.50, 10g/\$18

SENNA, CHINESE

Cassia tora A S E   
(Jue-ming-zi) Excellent laxative: safe and effective for chronic constipation. Promotes clear vision, and relieves swelling, soreness and redness of the eyes caused by liver inflammation. Also used for high blood pressure, headaches, and dizziness. Ht. 30-90cm/1-3ft.
S5385 Seeds: Pkt/\$2.50, 10g/\$7, 100g/\$40

SESAME

Sesamum indicum A S E    
Important in commercial baking as roasted seeds add nutty flavour to breads and buns. Excellent addition to green salads, and very palatable with butter. Cultivated in India and China since remote times for the oil used in cooking, medicine and as fuel for lamps. Needs long growing season; sow early in peat pots. Do not disturb roots when transplanting.
S5390 Seeds: Pkt/\$2, 100g/\$20, 1kg/\$130

Shallot

(Allium)


DUTCH SHALLOT

Allium cepa (Aggregatum)

(Multiplier onion) Pleasant onion flavour. Orange-yellow skin, white flesh. Excellent keeper.

R5400 Bulbs (Apr-May shipment): 250g/\$13, 1kg/\$25, 10kg/\$200

(Can,US only)  

P Z8-9 

FRENCH SHALLOT



Allium cepa (Aggregatum)

The true shallot with superb garlicky flavour. Dark orange-brown skin, purple white flesh. Plant bulbs in spring or fall.

R5405-001 Bulbs (Apr-May shipment): 250g/\$14, 1kg/\$30, 10kg/\$240

R5405-002 Bulbs (Sept-Oct shipment): 250g/\$14, 1kg/\$30, 10kg/\$240

(Can,US only)  

P Z4-9  



Frog's Leg Shallot


FROG'S LEG SHALLOT

Allium cepa (Aggregatum)

Mildest variety; excellent sweet flavour. Large elongated bulbs like a bull frog's leg. Dark orange-brown skin, purple-white flesh. Very productive.

R5407 Bulbs (Sept-Oct shipment): 250g/\$20, 1kg/\$42, 10kg/\$340

(Can,US only)  

P Z4-9 

SHEPHERD'S PURSE

Capsella bursa-pastoris

Infusion is excellent for stopping internal and external hemorrhages. Recommended for excessive menstruation.

S5420 Seeds: Pkt/\$2.50, 100g/\$25, 1kg/\$165

A  

SOAPWORT

Saponaria officinalis

Excellent shampoos, skin rinses and washes for delicate fabrics are made by steeping roots in water. Lathers like soap when agitated. Skin rinse helps to relieve itchiness.

S5490 Seeds: Pkt/\$2.50, 10g/\$8, 100g/\$60, 1kg/\$415

P5490 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10

P Z3-9   

SOLOMONS SEAL

Polygonatum biflorum

American Indians used the root for upset stomach, excessive menstruation, general debility, lung problems, cough, insomnia, and as a laxative. Has also been used for rheumatism, arthritis and skin irritations. Woodland native, 30-90cm/1-3ft.

P5580 Plants (Mar-May shipment): \$8.50, 3+/\$6.40, 12+/\$5.10

P Z5-6   

Sorrel

(Rumex)

GARDEN SORREL

Rumex acetosa 'Blonde de Lyon'

Most famous for sorrel soup. Large, succulent, slightly acid-tasting leaves give zest to salads and any dish which is insipid in itself. Remove flowering tops as they appear to keep leaves tender. Whole plant produces blue and green dyes.

S5680 Seeds: Pkt/\$2, 100g/\$25, 1kg/\$170

P5680 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10

P Z4-8    

PROFUSION® SORREL

Rumex acetosa 'TM683'

Unlike standard sorrel varieties, Profusion does not go to seed at all. Produces bushels of tender, fleshy leaves all season, long after standard varieties turn tough and bitter.

RICHTERS EXCLUSIVE. Profusion is a registered trademark of Richters; all rights reserved.

P5683 Plants: \$6.50, 3+/\$4.90, 12+/\$3.90

P Z4-8  



Sheep Sorrel

SHEEP SORREL

Rumex acetosella

Traditionally used for fevers, inflammation, diarrhea, excessive menstruation and cancer. One of the four ingredients of the Essiac® anti-cancer remedy. Although leaves are small and time-consuming to gather, they are delicious to eat.

S5688 Seeds: Pkt/\$2.50, 10g/\$7, 100g/\$30, 1kg/\$215

P Z4-8   

TRUE FRENCH SORREL

Rumex scutatus

True French sorrel, although garden sorrel is much more commonly used for sorrel soup. Smaller leaves are more concentrated in flavour and a little will go a long way.

P596 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70

P Z4-8   

SOUTHERNWOOD

Artemisia abrotanum

(Old man artemisia) Leaves can be used in sachets and potpourris, and as a moth repellent. Try a leaf in salads or throw on the fire to refresh the air.

P5710 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70

P Z5-9   

SOUTHERNWOOD, CAMPHOR

Artemisia camphorata

Camphor-scented form of the previous with a more compact growth habit, ideal for low hedges. Ht. 60cm/2ft.

P5715 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70

P Z5-9   

SOUTHERNWOOD, CITRUS

Artemisia abrotanum cv.

Some people say the scent of the delicate foliage is tangerine and others say it's more like lemon. We can't decide which, but it does have a lovely fresh citrusy scent with a dash of pine. Taller and more feathery than the standard southernwood. Ht. 1.2-1.8m/4-6ft.

P5720 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70

P Z5-9   

SPEEDWELL

Veronica officinalis

Infusion is useful for coughs and catarrh. As a lotion it is effective on skin eruptions and slow-healing wounds. Low creeping herb with pale blue flowers.

S5810 Seeds: Pkt/\$3.25, 10g/\$21

P5810 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10

P Z3-9   

SPEEDWELL, CREEPING

Veronica filiformis

(Slender speedwell) Low ground cover for sun or shade. Grows in dense mats that produce masses of light mauve-blue flowers in late spring. It is a fast grower but it is also easy to contain because it does not spread by seed. Very hardy in our zone 5, with no die back occurring in over a decade of growing it. Has become naturalized in Europe and parts of North America. Ht. 3-8cm (1-3in).

P5811 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10, **Plug pack:** 12/\$18

P Z4-8 

SPEEDWELL, SILVER

Veronica incana

P Z3-9 S F E

Has astringent properties. Ideal for grey gardens or rockeries. Silver-white foliage and vivid blue flower spikes. Compact habit. Ht. 30cm/12".

P5813 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10

SQUAW VINE: See PARTRIDGEBERRY

St John's Wort

St John's Wort

(*Hypericum*)

ST JOHN'S WORT

Hypericum perforatum

(Not to AB) P Z4-8 S F E

Standard variety.

S5195 Seeds: Pkt/\$2.25, 10g/\$12, 100g/\$90

P5195 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10

HELOS ST JOHN'S WORT

Hypericum perforatum

(Not to AB) P Z4-8 S F E

The first St John's wort variety tolerant of anthracnose disease! 'Helos' is not completely resistant, but it has shown good tolerance to the disease and, unlike other varieties, will yield a crop if infected. If you have tried St. John's wort in the past without success, it is worth trying 'Helos'.

S5196-500 Seeds: Pkt/\$3.25, 10g/\$14, 100g/\$105

STEVIA, CANDY

Stevia rebaudiana 'Candy'

P Z11+ X M

Supersized stevia! The most robust variety of stevia we have seen. The whole plant has a sturdy upright look with strong thick stems and monstrous leaves that can exceed 10cm/4" long and 5cm/2" across. Even when grown in pots the plants reach heights of 90cm/36" or more. Taste is similar to regular stevia.

Note: Our Candy variety is not the same as an Israeli variety sold by the same name.

S6032 Seeds: Pkt/\$7, 1g/\$170, 10g/\$1270

STEVIA, SWEETIE STAR

Stevia rebaudiana 'Sweetie Star'

P Z11+ X M

Best tasting stevia! This is by far the best tasting stevia on the market. There is almost none of the metallic bitterness normally associated with stevia. This lingering bitterness is a common knock against stevia, and many who have tried stevia in the past have been disappointed because of it. 'Sweetie Star' shifts the natural balance of steviol compounds from the bitter toward the sweet, and the result is pure joy for the palate. This is a major improvement for stevia. Those who have tried and disliked stevia in the past will be pleasantly surprised. Plants are tall and vigorous, with large broad leaves up to 8cm/3" long. Ht. 30-60cm/1-2".

S6032-800 Seeds: Pkt/\$7

Strawberry

(*Fragaria*)

WILD STRAWBERRY

Fragaria vesca

P Z5-9 S F E

Infusion of leaves and rootstock is effective for diarrhea, dysentery and problems of the urinary tract. Especially useful for convalescents and children. Cultivated varieties are much less potent medicinally.

S6075 Seeds: Pkt/\$3.25, 1g/\$7, 10g/\$35, 100g/\$260

Uses: ☑ - culinary; ☒ - medicinal; ☕ - beverage; ✨ - aromatic; ⚙ - industrial; ☠ - poisonous



Alpine Strawberry

ALPINE STRAWBERRY

Fragaria vesca 'Ruegen'

P Z5-6 S F E

Sweet, tangy berries about twice the size of the wild ones on compact, runnerless plants. Bears fruit from June til frost. Will bear in first year. Can even be grown indoors in direct sun.

S6080 Seeds: Pkt/\$3.25, 1g/\$7, 10g/\$35, 100g/\$210

P6080 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10, **Plug pack:** 12/\$15

WHITE SOUL STRAWBERRY

Fragaria vesca 'White Soul'

P Z5-6 S F E

This variety is heavy cropping, bearing white fruit all season long on runnerless plants. Berries are very sweet, with a faint pineapple tang, excellent for eating fresh out of hand, or for use in jams. Can be direct sown outside. A perfect border plant for the garden, it does best in part shade.

S6081 Seeds: Pkt/\$3.75, 1g/\$13, 10g/\$75

CLIMBING STRAWBERRY

Fragaria 'Quinalt'

P Z5-9

Day neutral variety that produces large sweet berries from June till frost. In gardens, trained to fences, or in hanging baskets.

P6085 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10

SUMAC, SWEET

Rhus aromatica

P Z4-9 S F D

Indian remedy for colds, bleeding, stomachaches, and gripe.

S6100 Seeds: Pkt/\$3.75, 10g/\$25

SUNFLOWER

Helianthus annuus

A S E

Familiar large yellow sunflowers are a favourite valued for the highly nutritious seeds eaten roasted or raw. Source of an excellent quality cooking oil. Large seeded variety well filled with meat.

S6140 Seeds: Pkt/\$2, 100g/\$12, 1kg/\$65

S6140-001 Seeds: Pkt/\$2.50, 100g/\$16, 1kg/\$95



Maximilian Sunflower

New! SUNFLOWER, MAXIMILIAN

Helianthus maximiliani

P Z3-9 S F M

This tall perennial sunflower puts on a spectacular show in August and September with masses of large yellow-gold flowers. Native of the Great Plains, and now naturalized throughout much of North America, it was used by the Sioux and the Lacota for food. The tubers can be eaten like Jerusalem artichoke but are smaller, and the seeds can be eaten as a snack or sprinkled on salads. It is currently under investigation as a possible perennial oilseed crop. Because it develops dense clusters of roots, it is excellent for erosion control on slopes. It is a magnet for birds, wildlife and beneficial insects. Named after the German explorer Prince Maximilian who discovered the plant on an expedition to the Great Plains in 1832-34. Ht. 1-2m/3-6ft.

S6141 Seeds: Pkt/\$3.25, 10g/\$20, 100g/\$120

SUSHNI

Marsilea minuta

(Not to OK) (P) (+) (+)

P Z8-11+

Brain food! (Watercress; Fern Clover; Sak) Gotu kola, bacopa, and sushni make a trinity of South Asian herbs used to enhance brain function. Sushni is commonly sold in vegetable markets as a medicinal leafy green to help overcome insomnia. Fresh leaves are ground into a paste and eaten as chutney, or the whole leaves are eaten in salads or cooked like spinach. Contains marsiline, a substance with sedative and anticonvulsant properties. Has a powerful anti-cholesterol effect also. Grows into beautiful mats like clover but is actually a type of miniature fern. Like mimosa the leaves fold up at night. Prefers full sun.

P5430 Plants: \$6.50, 3+/\$4.90

SWEET ANNIE: See SWEET ANNIE WORMWOOD

SWEET VERNAL GRASS: See VANILLA GRASS

SWEET WILLIAM

Dianthus barbatus

B Z3-9 (S) (F) (E)

Sweet clove-scented flowers are edible. Adds striking red, pink and white colour to salad, fish dishes, tea, marmalade and sorbet.

S6150 Seeds: Pkt/\$2, 100g/\$18

SWEETGRASS

Hierochloa odorata

(+) (+) (*) P Z3-9

Traditional Amerindian ceremonial grass used in peace and healing rituals. Vanilla-like scent.

P6160 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70

TAMARIND

Tamarindus indica

P Z10-11+ (X) (E)

Tropical fruit and timber tree used widely in the food, chemical, and pharmaceutical industries. Tart fruits are commonly used in Indian curries, sauces, chutneys and beverages, and in Indian medicine for their carminative and laxative properties. Cooling tea made from leaves is useful for fevers, dysentery and morning sickness. Poultice of fresh leaves helps reduce swellings and boils and relieves pain.

S6170 Seeds: Pkt/\$3.25, 100g/\$22, 1kg/\$145

TANSY

Tanacetum vulgare

(Not to ND) (P) (+) (+) (*) P Z4-9 (S) (F) (E)

Pretty yellow button flowers were once used by the Indians to induce abortion. Now used in cosmetic preparations. Repels ants from counters or around baseboard. Repels cockroaches as well. Blooming flower heads and leafy shoots produce yellow and green fabric dyes.

S6180 Seeds: Pkt/\$2.50, 10g/\$11, 100g/\$85

P6180 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10

TANSY, SILVER

Tanacetum niveum 'Jackpot'

P Z5-9 (S) (F) (E)

(Jackpot tansy) Sensational variety from England. Soft downy woolly-grey leaves are soon overwhelmed by a shroud of white flowers — so much so that you almost cannot see the leaves. Has the same insect-repelling properties as other tansies. Not invasive.

P6184 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70

TARRAGOLD™

Tagetes lucida

(P) (+) (+) (*) P Z11+

(Pot tarragon; Mexican tarragon) Improved tarragon substitute for southern and tropical gardens, for indoor growing, and for commercial greenhouse production. The flavour is very close to true tarragon (*Artemisia dracuncululus*) — a little less biting and anise-y, but otherwise almost indistinguishable from the real thing. Excellent choice for warm climates where true tarragon does not thrive.

Tarragold is a trademark of Richters. All rights reserved.

P3889-500 Plants: \$6.50, 3+/\$4.90, 12+/\$3.90, **Plug pack:** 12/\$15

Tarragold™



French Tarragon

Tarragon

(*Artemisia*)

MEXICAN TARRAGON: See SWEET MARI GOLD

FRENCH TARRAGON

Artemisia dracuncululus sativa

(P) (+) (+) P Z4-7

The true tarragon, which does not propagate by seeds. Dark green, shiny leaves possess distinctive flavour. Grows to 90cm/36". Requires light, well-drained soil in a sunny location.

P6200 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70, **Plug pack:** 12/\$18

RUSSIAN TARRAGON

Artemisia dracuncululus dracunculoides P Z2-9 (S) (F) (E)

Not recommended. Coarser foliage; almost completely lacks the odour and flavour characteristic of the true French variety. Tall, vigorous habit. Ht. 150cm/5ft.

S6210 Seeds: Pkt/\$2.50, 10g/\$22, 100g/\$170

TEA

Camellia sinensis

P Z7-11+ (X) (M)

(Cha; Chai) World's most popular caffeine beverage. Stimulates the central nervous system, is diuretic and astringent, relaxes smooth muscles, and increases coronary flow. Has significant anticancer and antioxidant effects, and prevents tooth decay due to its high fluoride content. Small shrub or tree that can be grown indoors in a cool window.

S6240 Seeds (Nov-Mar shipment): Pkt/\$10, 100g/\$19, 1kg/\$150

TEA TREE

Melaleuca alternifolia

P Z11+ (X) (M)

Valuable antibacterial, antifungal and antiviral oil used for skin infections, burns, bruises, cuts, herpes, warts, gingivitis and many other conditions. Can be applied directly on sensitive tissues without irritation. Easy to grow in containers.

S6250 Seeds: Pkt/\$7, 10g/\$50, 100g/\$385

TEASEL, FULLER'S

Dipsacus sativus

B Z3-9 (S) (F) (E)

Comb-like flowerheads were once used for raising nap on woolen cloth. Excellent in dried arrangements. Water trapped in leaf basins is valued as an eyewash.

S6260 Seeds: Pkt/\$2, 10g/\$18, 100g/\$130

THISTLE, BLESSED

Cnicus benedictus

A (S) (E)

Main value is a tonic, particularly for the digestive system. Improves circulation, strengthening the brain and memory.

S6290 Seeds: Pkt/\$2.50, 10g/\$9, 100g/\$70, 1kg/\$510



Milk Thistle

THISTLE, MILK

Silybum marianum

A/B Z7-8 (S) (E)

Striking plant with glossy leaves painted with veins of creamy white. According to tradition the milk of the Virgin once fell upon a plant. Important tonic herb for the liver.

S6310-001 Seeds: Pkt/\$3.25, 100g/\$14, 1kg/\$80

THISTLE, SILVER

Carlina acaulis

(Carlina thistle) Root is used as a liver, gall bladder and kidney tonic, and an ingredient in Swedish Bitters. Extracts used to treat herpes and skin rashes. Large stemless flower with creamy-yellow centre and silver bracts is excellent for dried arrangements. Not invasive like other thistles; a protected wildflower in Germany.

S6340 Seeds: Pkt/\$5.25

B Z5-7 S E



CREeping LEMON THYME

Thymus pulegioides 'Lemon'

Similar to wild thyme — aggressive creeper, up to 20cm/8in thick. Strong lemon scent.

P6459 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70, **Plug pack:** 12/\$15



P Z5-9

LEMON THYME

Thymus x citriodorus

Small upright bushy habit; dark green leaves.

P6460 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10, **Plug pack:** 12/\$15



P Z4-9

GOLDEN LEMON THYME

Thymus x citriodorus 'Aureus'

Scattered yellow edges on some leaves create an attractive foliage contrast.

P6462 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70, **Plug pack:** 12/\$15



P Z5-9

HIGHLAND CREAM LEMON

Thymus 'Highland Cream'

Low mat-forming lemon-scented variety with delicate dark green leaves edged with cream. Excellent between paving stones in pathways, along borders and in rock gardens. Ht. 2.5cm/1"

P6462-500 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70



P Z5-8

Thyme

(*Thymus*)

Garden Group

Indispensable in French cooking. There is almost no stew, soup, or ragout that does not call for a pinch or two. Appropriate seasoning for rich meats and fish, improving their digestibility. Essential in bouquet garni.

ENGLISH THYME

Thymus vulgaris

(German thyme; Winter thyme) Most popular variety. Broad dark green leaves. Robust growth habit.

S6450 Seeds: Pkt/\$2.25, 10g/\$11, 100g/\$80, 1kg/\$575

S6450-001 Seeds: Pkt/\$2.50, 10g/\$23, 100g/\$175

P6450 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10, **Plug pack:** 12/\$15

P Z4-9 S F X E

COMPACT THYME

Thymus vulgaris 'Compactus'

Attractive compact variety of English thyme. Very uniform growth habit. Excellent as pot plants.

P6452 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70, **Plug pack:** 12/\$15

P Z5-9 S F X E

FRENCH THYME

Thymus vulgaris

(Summer thyme) Narrow leaves, distinctly greyer and sweeter than English. Preferred by the French. Needs some winter protection.

S6455 Seeds: Pkt/\$2.50, 10g/\$20, 100g/\$150, 1kg/\$1115

S6455-001 Seeds: Pkt/\$3.25, 10g/\$23, 100g/\$170

P6455 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10, **Plug pack:** 12/\$15

P Z4-9 S F X E



Fredo Thyme

FREDO THYME

Thymus vulgaris 'Fredo'

A cute little English thyme that grows into beautiful dense mounds. Its strong flavour and aroma make it an excellent seasoning for meat dishes, stuffings and salad dressings. Ht. 20-25cm/8-10in.

P6455-100 Plants: \$4.50

P Z4-9

SILVER THYME

Thymus vulgaris 'Argentus'

Same flavour and fragrance as English thyme. Lovely accent plant. For hanging baskets and as garden edging.

P6456 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70, **Plug pack:** 12/\$15

P Z4-8

Citrus Group

Delightful citrus flavour for fish, chicken, meat, salads and tea.

LEMON CARPET™ THYME

Thymus herba-barona cv.

Here is something special! This ground hugging lemon thyme is the lowest yet, and with its wiry stems it tolerates trampling better than others. The wonderful fragrance and flavour is lemon with a hint of spice. Excellent choice to plant between paving stones in walkways and patios.

Lemon Carpet is a trademark of Richters; all rights reserved.

P6458 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70, **Plug pack:** 12/\$15

P Z6-8

VILLA NOVA LEMON

Thymus x citriodorus 'Villa Nova'

Lovely gold-dappled pillow-like mats of sweet lemon-scented foliage covered in purple-pink flowers in June and July. This cultivar is also known (incorrectly) as 'Golden King'. Ht. 25-30cm/10-12in.

P6462-800 Plants: \$4.50



P Z5-8

ZAMBESI LEMON

Thymus 'Sambesi'

Apparently named after the Zambesi River of Africa, this new lemon thyme from Germany is a low spreader that looks equally good in gardens and in hanging baskets. It forms dense masses of gold-flecked leaves that tumble out beautifully over the edges of planters and hanging baskets. Ht. 20-25cm/8-10in.

P6462-950 Plants: \$4.50

P Z4-9

LIME THYME

Thymus sp.

Scented leaves hint of lime. Low creeping habit; excellent ground cover. Lime-green coloured leaves.

P6464-250 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70

P Z5-9

ORANGE BALSAM THYME

Thymus 'Orange Balsam'

Sensational orange scent and flavour. Deserving of experimentation in tea, cooking, and as a garnish. A favourite among West Indians.

P6465-700 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70, **Plug pack:** 12/\$15



P Z5-9



Orange Spice™
Thyme

ORANGE SPICE™ THYME

Thymus 'TM95'

Wonderful orange and spice scent, a rare combination in the world of herbs. The remarkably strong clear orange flavour lingers in the mouth pleasingly without the harsh aftertaste of other thymes. This has all manner of possibilities in the kitchen and in tea. Forms dense ground-hugging mats.

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P6465-800 Plants: \$6.50, 3+/\$4.90, 12+/\$3.90, **Plug pack:** 12/\$15



P Z4-9

SILVER QUEEN LEMON

Thymus 'Silver Queen'

A thyme with a beautiful silvery cast and an intense lemon scent. It is a low creeper, but we hesitate to call it that because it is not aggressive like other creeping thymes. It is more of a "mounder", forming bushy mounds of tightly knit dark green leaves that are edged with creamy-white. Pale lilac flowers give a lovely show in mid and late summer, and attract butterflies. Ht. 20cm/8".

P6468-200 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70



P Z5-9

Other Thymes

CARAWAY THYME

Thymus herba-barona

Delightful sweet caraway scent and flavour. Ideal in rock gardens.

P6440 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70



P Z5-7

CREEPING THYME

Thymus praecox articus

Low mat-forming thyme splashed with either white or rose flowers in July. Perfect complement to woolly thyme.

P6463 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10, **Plug pack:** 12/\$15



P Z4-8

LAVENDER THYME

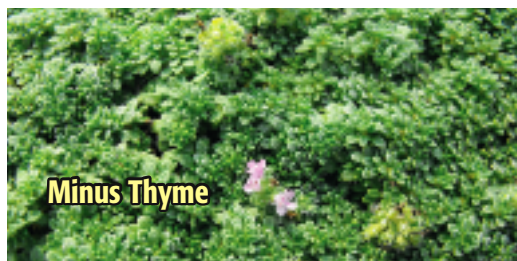
Thymus thracicus

Strong lavender scent. Creeper forming dense furry mats; lavender-purple flowers. Very attractive.

P6464 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70, **Plug pack:** 12/\$15



P Z5-9



Minus Thyme

MINUS THYME

Thymus praecox articus 'Minor'

Ground hugging thyme, lower than other varieties. Dense, tight-fitting foliage, pink flowers. Excellent for pathways. Never exceeds 2cm/1".

P6464-500 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70, **Plug pack:** 12/\$18



P Z5-9

ROSE PETAL™ THYME

Thymus 'TM122'

A beautiful creeping thyme that comes up smelling like roses! Forms dense mats that emit a scent very similar to the scent of rose geranium when stepped upon. Excellent for walkways and rockeries.

RICHTERS EXCLUSIVE. *Rose Petal* is a trademark of Richters. All rights reserved.

P6467-500 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70, **Plug pack:** 12/\$15



P Z5-9



Wild Thyme

WILD THYME

Thymus praecox

(Mother-of-thyme) A creeper, well suited as ground cover. Perfumes the air when trodden upon. Helps to clear mucous congestion. Used in cooking.

S6470 Seeds: Pkt/\$2, 10g/\$11, 100g/\$85, 1kg/\$605

P6470 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10, **Plug pack:** 12/\$15



P Z4-8 **S** **F** **E**

WOOLLY THYME

Thymus pseudolanuginosus

Lovely low carpets of grey, woolly leaves and pale pink flowers. Lacking scent or flavour, its virtues are mainly visual and tactile. Superb contrast plant for greener herbs.

P6472 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10, **Plug pack:** 12/\$15

P Z5-7



Broadleaf
Thyme

THYME, BROADLEAF

Plectranthus amboinicus

(*Coleus amboinicus*) Quite unlike other thymes, this favourite of tropical America has large fleshy leaves. A keynote flavour in Jamaican cuisine.

P6478 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70



P Z11+

TOBACCO, ONTARIO BOLD

Nicotiana tabacum 'CT572'

(Flue-cured Tobacco; Bright Tobacco) A leading commercial variety in Ontario. It was developed by crossing Canadian and American varieties to improve quality and disease resistance and to lower nicotine. Its slightly heavier, thicker leaves cure nicely with a high percentage of mahogany and orange leaves. The flavour is said to be somewhat stronger than other varieties.

S6492-750 Seeds: Pkt/\$3.25, 1g/\$42, 10g/\$285



A **S** **E**

TOBACCO, ONTARIO LIGHT

Nicotiana tabacum 'CT157'

(Flue-cured Tobacco; Bright Tobacco) Commercial variety grown in Ontario, developed by crossing Delgado, the longtime industry standard, with an American variety. Improvements include lower nicotine content and better resistance to disease. Its slightly thinner and lighter leaves cure well, producing a high quality tobacco with a light flavour.

\$6492-800 Seeds: Pkt/\$3.25, 1g/\$42, 10g/\$285

A S E

TOBACCO, WILD

Nicotiana rustica

(Aztec Tobacco) Originally grown and smoked by the Indians. Now the chief source of nicotine sulfate, an important insecticide for the control of aphids, thrips, whiteflies and mites.

\$6493 Seeds: Pkt/\$2.50, 1g/\$9, 10g/\$65

A S E

TOOTHACHE PLANT: See TOOTHACHE CRESS

TRICHOSANTHES: See CUCUMBER, CHINESE

UVA URSI

Arctostaphylos uva-ursi

(Bearberry; Kinnikinnik) Used for kidney and bladder infections on account of its diuretic and antiseptic properties. Likes damp, acidic soil. Attractive glossy green leaves and pink bell-shaped flowers.

\$6565 Plants: \$6.50, 3+/\$4.90, 12+/\$3.90

P Z2-8



Valerian

Valerian

(*Valeriana*)

VALERIAN

Valeriana officinalis

Standard variety.

\$6580 Seeds: Pkt/\$2.25, 10g/\$20, 100g/\$155

\$6580 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10

P Z4-9 S F E

ANTHOS VALERIAN

Valeriana officinalis 'Anthos'

Improved strain of valerian for commercial production; root yield up to 2.5 tonnes per hectare (1 ton/acre); contains 0.7% essential oil (bornyl acetate, valepotriate and valeronic acid).

\$6581-050 Seeds: Pkt/\$3.75, 10g/\$10, 100g/\$80, 1kg/\$565

P Z4-9 S F E

VALERIAN, RED

Centranthus ruber

(Jupiter's Beard) Fragrant red flowers. Young leaves eaten in salads or as cooked greens; roots used in soups. Not to be confused with the true medicinal valerian.

\$6590 Seeds: Pkt/\$3.75, 10g/\$24

\$6590 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10

P Z5-9 S F E

VANILLA GRASS

Anthoxanthum odoratum

(Sweet vernal grass) European grass with a sweet vanilla aroma, similar to woodruff. Pollen causes hay fever, but interestingly, a tincture of its flowers in wine is said to give immediate relief from hay fever.

\$6600 Seeds: Pkt/\$2.50, 100g/\$28, 1kg/\$190

P Z3-10 S F E

VERBENA, ANISE

Lippia alba

Slow growing shrub whose leaves possess a remarkable sweet anise scent.

P6618 Plants: \$6.50, 3+/\$4.90, 12+/\$3.90

P Z9-11



Lemon Verbena

VERBENA, LEMON

Aloysia triphylla

This plant is a "must"! Its sweet, strongly lemon-flavoured leaves blend well with most other tea herbs. Leaves enhance all drinks, salads, jellies, sauces, soups, fish or meat dishes and desserts which call for lemon as an ingredient or a garnish.

P6620 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70. **Plug pack:** 12/\$18

P Z8-10

VERVAIN

Verbena officinalis

Aphrodisiac, said to "secure the favour of the ladies". Historically associated with sorcerers and witches, bestowing magical powers to those who use it. Slightly bitter tisane is of very old usage as a digestive and sedative nightcap. Also used in Chinese medicine.

\$6630 Seeds: Pkt/\$2.50, 10g/\$15, 100g/\$110

P6630 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10

P Z4-8 S X E



Blue Vervain

VERVAIN, BLUE

Verbena hastata

Native North American wildflower growing in damp areas. Has a tranquilizing effect; useful for insomnia and other nervous conditions. Needs cold period (5°C/40°F; 4-8 weeks) followed by warm (20°C/70°F) and exposure to light (do not bury seeds) for successful germination.

\$6631 Seeds: Pkt/\$2.50, 10g/\$15, 100g/\$105

P6631 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10

P Z3-9 S F M

VICKS PLANT

Plectranthus purpuratus

An apt name, as the odour of the fleshy leaves closely resembles that of the chest cold remedy, and can be used for that purpose. Easy houseplant.

P6645 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70

P Z11+

VINCA: See PERIWINKLE

VISNAGA

Ammi visnaga

(Honeyplant) Seeds contain compounds khellin and visnadin used to treat angina pectoris, muscle spasm, gastrointestinal cramp, colic, painful menstruation and bronchial asthma. Leaves have pleasant cress-like pungent flavour.

\$665 Seeds: Pkt/\$2.50, 10g/\$11, 100g/\$75

A/B Z5-9 S E



Casablanca
Visnaga

VISNAGA, CASABLANCA

Ammi visnaga 'Casablanca'

(Honeyplant) Commercial variety for the cutflower market. It is earlier to flower and more uniform than the standard form. Flowers look like white umbrellas mounted on strong, straight stems. Impressive in fresh floral arrangements! Casablanca is also a fine garden flower for tall borders. Ht. 100-125cm (40-50in).

\$665-200 Seeds: Pkt/\$3.75, 1M/\$19, 10M/\$140

A/B Z5-9 S E



WALLFLOWER

Cheiranthus cheiri

Old English favourite for cottage gardens. Fragrant golden yellow flowers are delightful in potpourris and as cutflowers.

\$690 Seeds: Pkt/\$2.50, 10g/\$7, 100g/\$45

A S E



Wasabi

WASABI

Wasabia japonica

(Japanese horseradish) Glorious wasabi, that pungent green horseradish-like condiment from Japan, a must for sushi and sashimi, is finally available to grow in your own garden. Myths that wasabi would not grow outside of Japan have been firmly rebuked in recent years by American growers who are not only growing it successfully, they are growing better wasabi than the often adulterated product sold in the stores. Traditionally grown in beds of sand or gravel near cool mountain streams, we now know that wasabi will grow quite happily in any moist, organic-rich soil where there is shade and protection from the summer heat; running water is not required. After 18-24 months the rhizomes are harvested, washed, peeled and grated for fresh use. In zones colder than zone 8, it is possible to overwinter plants by heavy mulching or by moving them indoors over winter.

P6720 Plants: \$15, 3+/\$11.75, 12+/\$9

P Z8-10



WATERLEAF

Talinum triangulare

(Leaf ginseng; Surinam spinach) Attractive edible houseplant with glossy, dark-green whorled leaves and tiny red flowers. Young leaves and tender stems can be added to salads or soups, or parboiled, steamed and sauteed. In Indonesia, its tonic qualities are as highly regarded as ginseng

P6740 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70

P Z11+



WELD

Reseda luteola

Known since antiquity as a yellow dye source of great importance. For wool, cotton or silk.

\$6800 Seeds: Pkt/\$2.50, 10g/\$12, 100g/\$90

A/B Z5-9 S E



Wheatgrass

WHEATGRASS

Triticum aestivum

Many believe that the humble wheatgrass, in its live freshly sprouted form, pressed into juice, is a powerhouse of nutrients, enzymes and biotic factors that jumpstart the body and bring it up to top running condition. Fresh wheatgrass juice is believed to replenish the body starved of nutrients by years of poor diet and helps to restore the body's ability to fight diseases, especially cancer. With our seeds growing and making your own fresh wheatgrass juice at home is not hard to do.

\$6810-001 Seeds: Pkt/\$2.25, 100g/\$11, 1kg/\$60, 10kg/\$420

A S X E



WINTERGREEN

Gaultheria procumbens

Aromatic low shrub used for headaches and other aches and pains, inflammations and rheumatism. Common flavouring for chewing gum, toothpaste, mouthwash. Needs cold 60 days at 5°C/40°F followed by warmth to germinate.

\$6850 Seeds: Pkt/\$7, 1g/\$35

P6850 Plants: \$6.50, 3+/\$4.90, 12+/\$3.90

P Z3-7 S F D



WOAD

Isatis tinctoria

For ages the main source of blue dye in Europe, until the introduction of indigo in the 17th century. Contains the same dyestuff as indigo, though in lower concentration. Because it is hardy (unlike indigo) woad is still grown for natural dyeing.

\$6920 Seeds: Pkt/\$3.25, 10g/\$10, 100g/\$80

(Not to MT, Calif., ID, AB) +

B Z3-8 S F E

WOAD, CHINESE

Isatis indigotica

(Da qing; Qiug dai) Contains indican and isatin B, both of which can be converted to indigo. Considered antibacterial, antiviral, and anti-inflammatory. Leaves and roots are effective against flu, encephalitis, measles, hepatitis, and mumps.

\$6922 Seeds: Pkt/\$3.25, 10g/\$7, 100g/\$50, 1kg/\$370

A S E



WOLFBERRY: See GOJIBERRY



Sweet
Woodruff

WOODRUFF, SWEET

Galium odoratum

Vanilla-scented leaves are essential in Maybowl, a traditional German punch. Helpful for migraine, nervous conditions, stomach pain. Needs shade.

P6940 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10, Plug pack: 12/\$18

P Z5-9



Wormwood

(*Artemisia*)

WORMWOOD

Artemisia absinthium

P Z3-9 S F E

Bitter leaves were important in absinthe, vermouth, and other liqueurs. Has great reputation for stimulating the appetite and improving digestion. One of the oldest known remedies for worms.

S6960 Seeds (Not to ND): Pkt/\$2.50, 10g/\$13, 100g/\$100

P6960 Plants (Not to ND): \$3.50, 3+/\$2.60, 12+/\$2.10



Beach Wormwood

BEACH WORMWOOD

Artemisia stelleriana

P Z4-7

(Old woman) East Coast native, where it grows on sand dunes. Grows in silver clumps.

P6964 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70

FRINGED WORMWOOD

Artemisia frigida

P Z5-8

(Fringed sagebrush) Prairie native. Silver tufted mounds; very decorative. Indians used it as a fumigant to combat illness and chewed the leaves for indigestion.

S6970 Seeds: Pkt/\$3.25, 10g/\$7

P6970 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70

POWIS CASTLE WORMWOOD

Artemisia 'Powis Castle'

P Z6-9

Outstanding ornamental artemisia in dense mounds of lacy silver foliage. Probable hybrid between *A. absinthium* and *A. arborescens*. Ht. up to 90cm/36"

P6977 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70

PRAIRIE WORMWOOD

Artemisia ludoviciana

P Z4-9

(Prairie sage; Silver wormwood; Western mugwort) An aromatic native of Montana and other western states. Forms dense silver-green patches spreading by rhizome. It was an important herb of the First Nations people throughout much of North America. It is one of the "sages" used in ceremonial smudging. Its bitter principles stimulate gastric and bile secretion, improves appetite, and help relieve colic caused by gallstones. Ht. 30-90cm/1-3ft.

S6978 Seeds: Pkt/\$2.50



Silver King Wormwood

SILVER KING WORMWOOD

Artemisia ludoviciana 'Silver King'

P Z5-9

Lovely white ghost-like flowers and attractive silver foliage, excellent for dried arrangements. Used for diarrhea, headaches, stomach-ache, menstrual problems. Native Americans use it for ceremonial smudging.

P6981 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70, **Plug pack:** 12/\$15

SILVER MOUND WORMWOOD

Artemisia schmidtiana 'Nana'

P Z5-8

Soft, silky, shimmering silver foliage, in neat 30cm/12in mounds. Lovely.

P6982 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70, **Plug pack:** 12/\$18

SILVER QUEEN WORMWOOD

Artemisia ludoviciana 'Silver Queen'

P Z5-9

Similar to Silver King except foliage is more jagged and less ghostly silver grey and plants are shorter (90cm/30in). Dries well for herbal wreaths. Slightly aromatic.

P6982-500 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70

SWEET ANNIE WORMWOOD

Artemisia annua

A S F E

A modern medical star! (Sweet annie; Qing-guo) This Chinese antimalarial herb is our last line of defence in parts of the world where the malaria parasite has become resistant to all other drugs. The compound artemisinin extracted from the leaves has potent antimalarial activity. Has been cultivated in China for at least 2000 years, but its development as an antimalarial drug was recent and was honoured with a Nobel Prize in 2015. Its highly aromatic branches are also used in dried floral arrangements and to make scented wreaths.

S6983-001 Seeds: Pkt/\$3.75

TREE WORMWOOD

Artemisia arborescens

P Z8-9

Striking small tree with soft, feathery grey-white leaves. Fine tubplant. Mediterranean favourite for its bitter stomachic properties.

P6985 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70

YAM, CINNAMON

Dioscorea polystachya

P Z5-10 X E

(Chinese yam; Shan yao) Climbing vine with white, cinnamon-scented flowers and edible tubers that weigh up to 2kg (5lb). Traditionally used as a herbal tonic and as a contraceptive. It stimulates the stomach and the spleen and has been used to treat diabetes, asthma, diarrhea, and emotional instability. Propagated by small bulbils.

S6990 Seeds (Oct-Nov shipment): Pkt/\$10

P6990 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70

Yellow Yarrow



Yarrow

(*Achillea*)

WHITE YARROW

Achillea millefolium

P Z3-10 S F E

The most medicinally active variety. White flowers and feathery foliage. Proven mosquito repellent.

S7000 Seeds: Pkt/\$2, 10g/\$5, 100g/\$30, 1kg/\$205

P7000 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10, **Plug pack:** 12/\$15

MOONSHINE YARROW

Achillea taygetea 'Moonshine'

P Z4-8


























































Choice variety for everlastings. Leaves silver-white, flowers soft lemon-yellow, large. Up to 60cm/24in high.

P7001 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70



Mongolian Yarrow

MONGOLIAN YARROW

Achillea asiatica **P Z2-8**                                                         

Collections

Herb Plant Collections

We ship from April to November. Out-of-stock plants will be substituted with plants of equal or higher value.

RICHTERS GARDEN OF LIVE HERBS

A herb garden of 12 live herb plants shipped anywhere in Canada or the U.S.A. It's a great way to introduce friends and family to really sumptuous eating, featuring fresh herbs from the garden. Included in the Richters collection are many of the favourites: lemon balm, bay laurel, garlic chives, English lavender, lovage, Greek oregano, rosemary, sage, winter savory, garden sorrel, French tarragon and English thyme.

P7400 Plants: \$40

SHADY REFUGE

Shade Herb Garden

For those tough shady spots in your garden under a tree or near a building where other herbs won't grow. For full or partial shade. Chameleon Fish Mint (3), Periwinkle (3), Sweet Woodruff (3), Sweet Cicely, Columbine, Valerian.

P7410 Plants: \$36

MOSQUITO GUARD

Lemon Thyme Collection

Research has shown that lemon thymes work quite well against mosquitoes. That research inspired us to put together this collection of our best low growing lemon thymes. Plant them as a border along pathways or in between stepping stones, or in an open patch where you like to sit and enjoy summer evenings. Creeping Lemon (3), Lemon Carpet (3), Highland Cream (3), Purple Carpet Lemon (3).

P7420 Plants: \$32

BRAIN BOOSTER

Brain Herb Garden

Three of the most important brain booster herbs from South Asia used to boost mental clarity and memory. Gotu kola and sushni are also food plants used as fresh or cooked greens. Grow on a bright windowsill. Bacopa (2), Gotu Kola (2), and Sushni (2).

P7430 Plants: \$26

GRILL MAGIC

Barbeque Herb Garden

Fire up the barbeque for summer entertaining magic with these grilling herbs! Make rosemary skewers for kebab. Try lemon thyme, tarragon and bronze fennel on fish or lemon thyme on chicken and pork. Tip: slit meat and stuff with oregano, mint and thyme before grilling. Contains Barbeque Rosemary, French Tarragon, Lemon Thyme, Greek Oregano, Spearmint, Bronze Fennel.

P7440 Plants: \$26

SAVE THE BEES!

Nectar Garden

Help the bees with these nectar-producing herbs in your garden. Anise hyssop, Bee balm, Faassens catnip, Hyssop, English lavender, Wild thyme.

P7490 Plants: \$26



Herb Seed Collections

CULTIVATE YOUR COOKING

Culinary Herb Garden

Twelve favourites for indoors or out, wherever there is plenty of light. Lemon Balm, Chervil, Chives, Dill, Marjoram, Oregano, Parsley, Sage, Savory, Sorrel, Sweet Basil and Thyme.

\$7500 Seed Collection: \$15

GREAT BEGINNINGS

Salad Herb Garden

Glorious green succulence as never before. Salad Burnet, Garlic Chives, Lovage, Watercress and Garden Sorrel.

\$7510 Seed Collection: \$7

TEA TIME

Tea Herb Garden

Soothing tisanes to collect the spirit. Anise-Hyssop, Lemon Balm, Chamomile, Menthol mint and Bergamot.

\$7515 Seed Collection: \$7

HOME MEDICINE CHEST

Healing Herb Garden

Here's to good health, naturally! Cayenne, Comfrey, Valerian and Calendula.

\$7525 Seed Collection: \$7

RICHTERS WINDOWSILL GARDEN

Five of our best herb varieties specially chosen for growing in pots or windowboxes. Italian Parsley, Fernleaf Dill, Spice Globe Basil, Greek Oregano, and Grolau Chives.

\$7530 Seed Collection: \$7

FLIGHTS OF FANCY

Butterfly Garden

Mountain Mint, Hyssop, Bergamot, Faassens Catnip, Lavender, Clove Pink, Clary Sage, Mignonette, Siam Queen Thai Basil, Hollyhock, Feverfew.

\$7535 Seed Collection: \$18

CHEF'S SALAD BOUQUET

Edible Flower Garden

Feast for the eyes — pleasing to the palate. Herbs with edible flowers to add to salads, omelettes, desserts, and drinks. They can even be candied. Borage, Calendula, Heartsease, Nasturtium, Citrus Marigold.

\$7550 Seed Collection: \$7

HERBES DE PROVENCE

French Herb Garden

Captures the warm flavours and aromas of the sunny south of France where lavender hugs the hills and thyme is plentiful. A classic seasoning for chicken, vegetables or meat. French Thyme, Sweet Basil, Summer Savory, Sweet Fennel, Sweet Lavender.

\$7560 Seed Collection: \$7

ORIENTAL CRUISE

Asian Herb Garden

Enjoy the lively flavours on a cruise to the Orient, from India to Thailand and Vietnam, to Japan and China. Thai Basil, Cilantro, Chinese Chives, Perilla, Edible Chrysanthemum.

\$7570 Seed Collection: \$7

Gourmet Vegetables

New! AGRETTI

Salsola soda

A S E
(Roscano; Barba di Frate) Traditional seasonal vegetable from Italy, now trendy in high end restaurants in Europe and North America. The plant looks like chives but its long succulent leaves are crunchy with a mild salty flavour that is a bit bitter and a bit sour. In Italian it is known as "Barba di Frate" or "monk's beard" because the Capuchin monks were fond of it. It grows wild along the coast but the monks were known for growing it in their gardens. Steamed or sauteed, and dressed with lemon and oil, it is commonly served with fish. Young leaves can also be added fresh to salads. Best sown outdoors as soon as the ground can be worked in spring. Easy to grow. 30 days.

S8005 Seeds: Pkt/\$3.25, 10g/\$5, 100g/\$35



New! AMARANTH, ELEPHANT HEAD

Amaranthus tricolor 'Elephant Head'

A S E
Absolutely stunning food plant! (*A. gangeticus*) It is hard to believe that this plant grown for its grain can be this stunning visually. The large deep maroon flower heads are shaped like an elephant's head, with a trunk-like appendage raised straight up in the air. Appearing in late summer, the elephant heads will produce as many as 50,000 seeds that are used like a cereal grain. The seeds can be milled into a gluten-free flour or cooked whole and eaten in place of rice and oatmeal. The leaves can be used as a cooked green like vegetable amaranth. Sow outdoors in late spring in full sun. German heirloom.

S8013-391 Seeds: Pkt/\$3.25



AMARANTH, EMERALD TASSELS

Amaranthus caudatus 'Emerald Tassels'

A S E
Spectacular food plant often grown just for its ornamental value. It gets quite tall, up to 2m/6ft high, but then it produces long green tassels that swoop down for a striking tropical effect in the garden. The tassels produce buckets of seeds that can be popped like popcorn or ground into flour. The young leaves can be cooked like spinach.

S8013-400 Seeds: Pkt/\$2.50

AMARANTH, OPOPEO

Amaranthus hybridus 'Opopeo'

A S E
A tall Mexican heirloom vegetable with impressive large deep red flower spikes and bronze-green foliage. The ornamental effect is so stunning it belies the fact that this is first and foremost a food plant. The young leaves are tender and can be steamed or cooked in soups and the seeds can be ground into flour. Ht. 2m/70-80in.

S8013-601 Seeds: Pkt/\$2.50

ARTICHOKE, GLOBE

Cynara scolymus 'Large Green Globe'

P Z8-11+ S E
European delicacy. Flowerbuds made up of thick fleshy scales and solid hearts are cooked and served drenched with melted butter. Artichokes are usually grown as annuals. Start early indoors Feb/March and transplant out in April/May when frosts are past. Beautiful artichokes are ready in August/Sept.

S8016 Seeds: Pkt/\$3.25, 10g/\$7, 100g/\$35, 1kg/\$235

P8016 Plants: \$3.50, 3+/\$2.60, 12+/\$2.10

ARUGULA

Eruca vesicaria sativa

A S F E
(Roquette) Strong tasting spinach-like green common in Mediterranean markets. Popular in salads, or cooked and served like spinach.

S8630-001 Seeds: Pkt/\$2.50, 100g/\$21, 1kg/\$135

ARUGULA, DRAGON'S TONGUE

Diplotaxis tenuifolia 'Dragon's Tongue'

A S F E
(Wild arugula) A beautiful wild arugula with deeply lobed leaves and purple-red veins. The fresh leaves add a delicious bitterness to salads, sandwiches, pizza, and pasta. Easy to grow. 50 days.

S8630-300 Seeds: Pkt/\$2.50, 10g/\$28, 100g/\$205

ARUGULA, WASABI

Eruca vesicaria sativa

A S F E
Attention wasabi lovers! (Roquette) If you like wasabi you will love this. The fresh leaves have a hot, hot, hot nose-tingling wasabi-like effect. The taste starts with the familiar bitterness of arugula and then the heat kicks in. Use in salads, wraps, sandwiches and even on pizza and pasta. Even the white flowers are edible. Prefers cool conditions, best for early spring or fall planting. Plant every two weeks for continuous harvest. 45 days.

S8631 Seeds: Pkt/\$2.50, 10g/\$29, 100g/\$145

ARUGULA, WILD: See SYLVETTA

ASPARAGUS

Asparagus officinalis 'Jersey Giant'

(Can,US only)
P Z5-9
Plant this year and harvest your first crop next spring! Male variety is 30% more productive than other "co-ed" varieties. About 95% of plants are male.

Order early to avoid disappointment.

R8022 Roots (Apr-May shipment): 10/\$18, 100/\$120, 1000/\$900



BARBA DI CAPPUCCINO

Plantago coronopus 'Minutina'

A/P Z6 S E
(Buckhorn plantain; Barbatella; Erba stella) In southern Italy this wild green with striking jagged lance-like leaves is added to tasty mixed salads called *misticanze*. It grows along the coasts among rocks where it forms neat star-like annual or perennial clumps up to 30cm (1ft) high. The leaves are slightly bitter and salty at the same time. Though the greens are usually collected from the wild the plant is also easy to grow and can be quite a nice producer of fresh greens. Even the older less tender leaves can be blanched a few seconds and added to salads. Now what is the connection with cappuccino? We do not honestly know, but we love the name anyway.

S8040 Seeds: Pkt/\$3.25, 10g/\$12, 100g/\$90

Bean

(Phaseolus, Vigna, Vicia)

ASPARAGUS BEAN

Vigna unquiculata

(Yard long bean; Dow gauk) Stringless bean with a mildly sweet flavour. Beans will grow from 60cm/2ft-90cm/3ft long but pick them when they're tender (40cm/16in long). Excellent stir fried. Best started early indoors. Needs plant support.

S8035 Seeds: Pkt/\$3.25, 10g/\$7, 100g/\$30, 1kg/\$170

A \$ E

ASPARAGUS BEAN, RED POD

Vigna unquiculata 'Red Pod'

A red-podded variation on the yardlong or asparagus bean. The long beans are like young string beans without the annoying string. The deep magenta colour persists with cooking. The sweet and mild flavour is reminiscent of asparagus, mushrooms, and beans. Excellent for stir fries. Grow like pole beans or on a trellis and sow in June when the ground is warm. Yields can be huge if pods are picked often to encourage more to come. Tolerates hot weather well. 75 days.

S8035-401 Seeds: Pkt/\$3.25, 10g/\$8, 100g/\$60, 1kg/\$430

A \$ E

BLUE LAKE POLE BEAN

Phaseolus vulgaris 'Blue Lake'

Pole bean with terrific flavour and high yields. Vines reach a vigorous 5-6ft. Excellent canned, frozen, or eaten fresh. Seeds are white. Mosaic resistant.

S8037-501 Seeds: Pkt/\$2.50, 100g/\$19, 1kg/\$120

A \$ E

GOLDEN WAX BEAN

Phaseolus vulgaris 'Golden Wax'

Stringless, tender yellow pods with a light and delicate buttery flavour, good fresh, canned or frozen. Bush bean. 25cm/10". 50 days.

S8041-001 Seeds: Pkt/\$2, 100g/\$16, 1kg/\$100

A \$ E



Red Swan Bean

RED SWAN BEAN

Phaseolus vulgaris 'Red Swan'

A beautiful stringless snap bean with dusty red-rose colour. Beans are firm, plump and delicious, about 10-12cm/4-5in long. It is a cross between a purple snap bean and a pinto bean, developed by American bean breeder Robert Lobitz. Bush type. Ht. 90-120cm/36-48in. 52-58 days.

S8041-801 Seeds: Pkt/\$2.50, 100g/\$17, 1kg/\$105

A \$ E

ROYAL BURGUNDY BEAN

Phaseolus vulgaris 'Royal Burgundy'

Purple pods turn green when cooked. A reliable, heavy producing bush bean with excellent flavour and keeping qualities. Performs better in areas of cooler daytime temperature. 40-50 days.

S8042-001 Seeds: Pkt/\$3.25, 100g/\$12

A \$ E

KENTUCKY WONDER BEAN

Phaseolus vulgaris 'Kentucky Wonder'

Very productive pole bean with meaty pods of distinctive flavour, rich in vitamins A and C, iron and calcium with very good keeping qualities. Introduced prior to 1864. 70 days.

S8043-001 Seeds: Pkt/\$2, 100g/\$15, 1kg/\$95, 10kg/\$680

A \$ E

ROMA II BEAN

Phaseolus vulgaris 'Roma II'

High yielding, with tender, meaty flat pods, slow to develop fibre and seeds. Good for freezing and canning. 60 days

S8043-401 Seeds: Pkt/\$3.25, 100g/\$14, 1kg/\$85

A \$ E

JUMBO BEAN

Phaseolus vulgaris 'Jumbo'

Big Italian type green bean with a flat pod, a cross between the Romano and Kentucky Wonder. Noticeably bigger than other beans, and very flavourful. 55 days.

S8043-501 Seeds: Pkt/\$3.25, 100g/\$14, 1kg/\$85

A \$ E

TENDERGREEN BEAN

Phaseolus vulgaris 'Tendergreen'

Highly productive bush bean producing deep green, stringless, fleshy tender pods of excellent quality, terrific for eating raw with dips or lightly steamed and served whole. 25cm/10". 55 days.

S8045-001 Seeds: Pkt/\$2, 100g/\$15, 1kg/\$90, 10kg/\$660

A \$ E

WINDSOR FAVA BEAN

Vicia faba 'Windsor'

An English heirloom grown since at least the 1800s. When the glossy green pods are 10-18cm/4-7in long they are ready to shell. Each pod contains 5-7 flat oblong beans for fresh or dry use. Also the leaves can be cooked like spinach, and the young pods, 5-7cm/2-3in long, can be eaten like snap beans. Grow like garden peas. Ht. 90-120cm/3-4ft. 75-85 days.

S8046-901 Seeds: Pkt/\$2.50, 100g/\$17, 1kg/\$105

A \$ E



Winged Bean

WINGED BEAN

Psophocarpus tetragonolobus

From Papua and New Guinea originally but widely cultivated throughout the tropics. It is a rich source of protein, vitamin A, C, calcium and iron; and no other plant fixes more nitrogen. The distinctive pods have four wings along their lengths and can be eaten like string beans. The flowers and flowerbuds taste like mushrooms and can be eaten raw, fried or steamed. The young shoots and leaves can be eaten raw or cooked like spinach. In Indonesia, milk, tempeh and tofu are made from the dried beans. Even the tuberous roots can be eaten like potatoes. It is not well known to gardeners because traditional varieties fail to produce before the frosts arrive in autumn; but our variety is a much earlier (day-length neutral) and starts to produce in 75 days. Needs a warm, sunny location, moist soil, and a trellis to climb on. Soak seeds in water for quicker germination.

S8047 Seeds: Pkt/\$2.50, 10g/\$7, 100g/\$65

A \$ E



**MORE
VEGGIES
ONLINE**

Richters.com/Veggies



Albino Beet

Beet

(Beta)

New! ALBINO BEET

Beta vulgaris 'Albino'

Something different to try in the garden. The completely white beets won't ever stain your clothes or your tablecloth! This heirloom beet from Holland has a delicious, sweet flavour. Hill up the soil around the beets as they grow to keep them from turning green. 50 days.

S8049 Seeds: Pkt/\$3.25, 10g/\$6, 100g/\$45



Chioggia Beet

CHIOGGIA BEET

Beta vulgaris 'Chioggia'

An heirloom Italian cultivar with sweet flavour, bright red nicely rounded shape. The interior flesh, when sliced, is beautifully marked in alternating rings of cherry red and creamy white, making it very attractive sliced raw. Very mellow flavour when cooked with mild tasting bright green tops. 50 days.

S8050-001 Seeds: Pkt/\$3.25, 10g/\$7, 100g/\$55, 1kg/\$390

GOLDEN DETROIT BEET

Beta vulgaris crassa 'Golden Detroit'

Attractive, bright golden-orange roots, are best eaten when small, but retain their sweet flavour and do not become fibrous when larger. Tops are used as cooked greens. Excellent pickled, in salads, gourmet borscht or grilled. 55 days

S8051-001 Seeds: Pkt/\$2.50, 10g/\$15, 100g/\$110

DARK RED DETROIT BEET

Beta vulgaris crassa 'Dark Red Detroit'

Prolific variety with blood red roots and red-tinged green tops. Low in geosmin, the substance that gives other beetroot varieties an unpleasant earthy taste. Roots are globular, 6-8cm/2.5-3" across with smooth skin. Keeps well. Resistant to downy mildew. 58 days.

S8051-201 Seeds: Pkt/\$2, 100g/\$25, 1kg/\$170

BULLS BLOOD BEET

Beta vulgaris 'Bulls Blood'

An heirloom variety introduced in 1840, producing stunning dark red leaves. Leaves are tender and sweet for use in salads. The beets can be harvested when young, at the 2-3 inch size. Glossy foliage makes it an attractive bedding plant, providing contrast. 35-40 days for leaves, 55-65 days for roots.

S8051-301 Seeds: Pkt/\$3.25

BROCCOLI, CALABRESE

Brassica oleracea 'Calabrese'

Heirloom Italian variety producing small, deep blue-green central heads with numerous side shoots throughout the season. Very tender and mild tasting, good raw in salads and with dips, or lightly steamed, drizzled with herb butter. Seeds are used as sprouts, similar to alfalfa, for a nutritious addition to sandwiches or salads. 50cm/20". 60 days.

S8052-001 Seeds: Pkt/\$2.50, 100g/\$26, 1kg/\$215

P8052 Plants: Plug pack: 12/\$12

De Cicco Broccoli



BROCCOLI, DE CICCO

Brassica oleracea 'de Cicco'

Rich tasting old Italian cultivar with small heads projected well above the foliage. Long harvesting period. Ideal for dips, stir fries, or steamed. For spring or fall crops. 50cm/20". 60 days.

S8055-001 Seeds: Pkt/\$2.50, 100g/\$26, 1kg/\$175

CABBAGE, CHINESE

Brassica rapa (Pekinensis) 'Michihli'

Tall cylindrical heads are pure white inside. Tender, crisp leaves are sweet and spicy. Delicious cooked or served raw. A unique addition to cole slaw. Freezes well. Best sown out at mid-summer as heads bolt during hot weather.

S8100 Seeds: Pkt/\$2, 100g/\$11, 1kg/\$95

CABBAGE, RED EXPRESS

Brassica oleracea capitata 'Red Express'

Good mid season variety with solid deep red head weighing about 2kg/5lb. Slow to burst, forms a tight, dense head with small core. Crisp, tender adds colour to salads and fine flavour to cooked dishes. 85 days

S8110-001 Seeds: Pkt/\$2.50, 10g/\$8, 100g/\$60



Red Callaloo

CALLALOO

Amaranthus tricolor

(Chinese spinach) Callaloo is a popular Caribbean dish made from different leafy plants depending on local custom. In Jamaica and in Guyana the preferred leaf is from the amaranth. The association between the dish and amaranth is so strong that the plant itself is often called "callaloo". The young leaves are sweet and slightly tangy to the taste and are used like spinach in soups, salads and in meat and fish dishes. Very easy to grow. Sow direct in the garden in spring. Comes in green and red forms. 60 days.

—GREEN

S8160 Seeds: Pkt/\$2.50, 10g/\$7, 100g/\$30

—RED

S8161 Seeds: Pkt/\$3.25, 10g/\$7, 100g/\$40



Nantes Carrots

Carrot

(*Daucus*)

NANTES CARROT

Daucus carota sativus 'Nantes'

B S E

Rich in vitamin A, this early maturing, brilliant orange colour, coreless crispy variety is of exceptional sweet flavour! Great for juicing, freezing or fresh use. 70days.

🌱 **S8204-001 Seeds:** Pkt/\$2.50, 10g/\$7, 100g/\$50, 1kg/\$360

RAINBOW BLEND CARROT

Daucus carota sativus 'Rainbow Blend'

A S E

A beautiful blend of purple, red, orange, yellow and white — five different varieties in one blend. Purple has orange flesh, red has high lycopenes, yellow, white and orange have flesh of the same colours. 58-65 days.

🌱 **S8204-701 Seeds:** Pkt/\$2.50, 10g/\$18, 100g/\$135

ROYAL CHANTENAY CARROT

Daucus carota sativus 'Royal Chantenay'

A S E

Heirloom variety, good for heavier soils. Broad tapered roots with red core, light orange flesh. Keeps well in storage, retaining its 'real' carrot flavour, sweet and smooth! 65 days

🌱 **S8205-001 Seeds:** Pkt/\$2.50, 10g/\$7, 100g/\$40, 1kg/\$285

CAULIFLOWER, SNOWBALL

Brassica oleracea var. botrytis 'Snowball'

A S E

Heritage variety from the 1800s with compact growth of medium size pure white heads, mild flavour, excellent keeper and suitable cooked, raw or frozen. Plant seeds in early spring for fall harvest. 70 days.

🌱 **S8206-001 Seeds:** Pkt/\$3.25, 100g/\$23, 1kg/\$155

CELERIAC, MARS

Apium graveolens rapaceum 'Mars'

A S M

A first-class German variety with light-coloured bulbs and creamy-white flesh. Unlike other varieties, the flesh stays firm and white even when the bulbs get large. 90-120 days.

🌱 **S8207-701 Seeds:** Pkt/\$3.25



Red Stalk Celery

CELERY, RED STALK

Apium graveolens 'Red Stalk'

A S M

An old English cultivar from the 1700s that was once found only in the gardens of the wealthy. The stalks are beautifully tinged with red, and the colour persists even after cooking. The stalks are thinner than modern celery and the flavour is more robust. Start seeds early.

🌱 **S8206-901 Seeds:** Pkt/\$3.25, 10g/\$23, 100g/\$170

CELERY, TANGO

Apium graveolens 'Tango'

A S M

A tender, sweet celery, not as fibrous as other varieties, but with a nice crisp snap that makes it perfect for eating fresh. Taller and more tolerant of heat than other varieties. Suitable for container gardens where adequate watering can be ensured. 80 days to maturity.

🌱 **S8207-001 Seeds:** Pkt/\$3.25

Corn

(*Zea*)

BLOODY BUTCHER CORN

Zea mays 'Bloody Butcher'

A S E

Appalachian favourite from at least 1845 with beautiful maroon and dark red ears. A dent corn, it is mainly dried and ground into cornmeal for making cornbread and the southern specialty, cornpone, a type of cornbread made in a skillet. It is good on the cob too when young, and can be fried or roasted. It has a very fine corn flavour which is why it remains a favourite today. Plants are tall, up to 4m/12ft, and each stalk produces two large ears with about half a pound of kernels each. 100-110 days.

🌱 **S8207-801 Seeds:** Pkt/\$2.50, 10g/\$7, 100g/\$35, 1kg/\$245



Glass Gem Corn

New! GLASS GEM CORN

Zea mays 'Glass Gem'

A S E

Seeds that sing! (Rainbow corn) Carl Barnes, a half Cherokee farmer in Oklahoma whose spiritual name is "White Eagle," saved the original ancestral seeds from which this amazing rainbow corn was developed. Its translucent kernels, with colours spanning from pink, purple, blue to green, white and yellow, are truly stunning. After images of the cobs, about the size of a hand, went viral on the internet, the importance of seed saving became evident to many. As White Eagle told his friend, Greg Schoen, who helped to tell the story about rainbow corn and the indigenous heritage embedded in it, these are "seeds that sing." It is edible and can be ground into flour and used like any cornmeal. If picked early when still soft it can be eaten off the cob as well. For kids this is a fun corn to grow — and sing with. 110 days.

🌱 **S8208-501 Seeds:** Pkt/\$3.25, 10g/\$5, 100g/\$35, 1kg/\$225

HOPI BLUE CORN

Zea mays 'Hopi Blue'

A S E

Traditional crop of the Hopi Indians of Arizona, not only for food, but also for its spiritual and ritual significance. The beautiful dark blue kernels are ground and made into a traditional paper-thin piki bread and a dense cake called qomi. It makes delicious tortillas, sweet and nutty, as well as cornbread, corn chips and pancake mixes. It has 20% more protein than white or yellow corn and has a lower glycemic index. Well adapted for the dryland farming of the American southwest, but also does surprisingly well in wetter eastern gardens. Ht. 150cm/5ft. 100-110 days.

🌱 **S8209-001 Seeds:** Pkt/\$2.50, 10g/\$7, 100g/\$35, 1kg/\$245

TRUE GOLD CORN

Zea mays 'True Gold'

A S E

An heirloom favourite with a truly delicious, buttery, rich flavour. Large 20cm/8" ears with golden-yellow kernels and long-lasting sweetness. Productive plants resist lodging. Excellent for chicos. 70-80 days.

🌱 **S8216-001** Seeds: Pkt/\$3.25, 100g/\$19, 1kg/\$125, 10kg/\$900



New! SPECTRUM RED HUSK CORN

Zea mays 'Spectrum Red Husk'

A S E

An attractive Indian heirloom corn with kernels that come in a medley of red, brown, gold and cream colours. But what's really striking about this corn are the unique red and white stalks and husks that make great displays in autumn. Can be used for popcorn. 110 days.

🌱 **S8229-001** Seeds: Pkt/\$2.50, 100g/\$40, 1kg/\$250

STRAWBERRY CORN

Zea mays 'Strawberry'

A S E

(Strawberry popcorn) This little mahogany-red corn is so cute! Just 5-7cm/2-3" long, the ears actually look like strawberries. They are gorgeous for fall decorations, and of course they are great for popping. The stalks get only 120-150cm/4-5ft tall, so the plants blend in well with ornamental grasses or at the back of the garden. 100 days.

🌱 **S8232-001** Seeds: Pkt/\$2.50, 10g/\$7, 100g/\$35, 1kg/\$245

CORNSALAD

Valerianella locusta 'Broadleaf Dutch'

A S F E

(Mache; Feldsalat) Frequently found in summer salads in France and Germany. Pleasant alternative to lettuce or endive, possessing its own special piquant flavour. Ready to use when 3-4 leaves have developed. Repeat sowings till mid-August for continuous supply. **S8285** Seeds: Pkt/\$2, 100g/\$21, 1kg/\$135

COUVE TRONCHUDA: See KALE, TRONCHUDA



CUCAMELON

Melothria scabra

A S E

Cute little grape-sized cukes! (Mousemelon; Sandita; Mexican sour gherkin) Known in Mexico as "Sandita" or "little watermelon", these cute melons have been a staple in the local diet since pre-Columbian times. They are about the size of a large grape and taste like cucumber with a sharp tinge of lime. They can be a little slow from seeds but once the warm weather arrives they take off. Eat them straight off the plant or try them in salads, on bruschetta, in stir-fries, sauces, or pickle them with mint and dill. Easy to grow, pest-free, and hugely productive.

S8287 Seeds: Pkt/\$3.75

Cucumber

(*Cucumis*)

CRYSTAL APPLE CUCUMBER

Cucumis sativus 'Crystal Apple'

A S E

A beautiful white version of the Lemon heirloom cucumber. The texture is nice and crisp and the flavour is sweet and never gets bitter. The round white fruits are about 7cm/3" across and fit easily in the palm. Matures in 60 days.

S8288-500 Seeds: Pkt/\$2.50, 10g/\$7, 100g/\$30, 1kg/\$210



LEMON CUCUMBER

Cucumis sativus 'Lemon'

A S E

Heirloom variety producing 3"/8cm oval fruits on vigorous vines. Very prolific, delicate flavour with slight lemony fragrance in late stages of development. Adds colour to salads, good for slicing and pickling. Slice, blend with fennel leaf dill and sour cream or yogurt for a quick, tasty appetizer! 65 days.

🌱 **S8289-001** Seeds: Pkt/\$2.50, 10g/\$7, 100g/\$40, 1kg/\$285

MUNCHER CUCUMBER

Cucumis sativus 'Muncher'

A S E

Bitter free cucumber at all slicing stages. Harvest young fruits at 8cm/2-3" for making pickles. Mature fruits are attractive, smooth skinned, medium green in colour 18cm/6-7" long, 5cm/2" diameter. 60 days.

🌱 **S8289-301** Seeds: Pkt/\$2.50, 10g/\$7, 100g/\$40, 1kg/\$290

ORIENTAL CUCUMBER

Cucumis sativus

A S E

Long, slender fruit with an edible peel. Can be eaten without fear of indigestion, stomach pains or heartburn. Start early indoors, plant out with support.

S8290 Seeds: Pkt/\$3.75, 10g/\$30, 100g/\$180

POONA KHEERA CUCUMBER

Cucumis sativus 'Poona Kheera'

A S E

Indian heirloom that is really, really delicious! The fruits start off white and turn golden-yellow and then to a russet brown. They can be eaten raw at any stage, though they are best when they are just starting to turn brown. They are tender, crisp and juicy, not bitter at all. The crunchy texture works well in stir fries and Asian noodle dishes. Traditionally used in pickles and chutneys in India. Fruits are 10-12cm/4-5" long. Will climb 2m/6ft up a trellis. Heavy yielder. 50 days.

🌱 **S8290-301** Seeds: Pkt/\$3.25, 10g/\$20, 100g/\$155

SALT & PEPPER CUCUMBER

Cucumis sativus 'Salt & Pepper'

A S E

Pickling cucumber developed at Cornell University with white skin and black spines, 8-12cm/3-5" long. Good flavour and resistant to powdery mildew.

🌱 **S8291-001** Seeds: Pkt/\$3.25, 10g/\$15

STRAIGHT EIGHT CUCUMBER

Cucumis sativus 'Straight Eight'

A S E

Vigorous productive vine produces straight, deep green fruit, 20cm/8" long, bright white flesh with bitter-free flavour. Excellent for slicing, in salads and also used for pickling when small. 60 days.

🌱 **S8292-001** Seeds: Pkt/\$2.50, 10g/\$7, 100g/\$30, 1kg/\$215

DAIKON

Raphanus sativus longipinnatus 'Long White' **A S F E**
(Chinese radish) A large radish with white carrot-shaped roots 30-40cm/6-8" long. Texture is crisp and tender and flavour is pungent. Sow in fall for spring harvest or in spring for early summer harvest.

S8300-001 Seeds: Pkt/\$2.50, 100g/\$16, 1kg/\$100



French
Dandelion

DANDELION, FRENCH

Taraxacum officinale sativum 'Thick' **P Z3-10 S F E**
This strain of the lowly dandelion boasts tender fleshy leaves, topping all other fruits and vegetables for iron content. Enjoy in a spring salad, or cooked like spinach. Treat as a biennial — sow one year, pick the next.

S8310 Seeds: Pkt/\$2, 10g/\$19, 100g/\$145

DANDELION, ITALIAN

Cichorium intybus 'Garnet Stem' **A S E**
It looks like a dandelion but it is actually a type of chicory popular in Italy for salads. The taste is agreeably bitter with an underlying base of sweetness. The dark green leaves with attractive red midribs are picked young, when less than 25cm/10in high. Good tolerance to both warm and cool weather. Sow direct in spring like left lettuce. 35-55 days.

S8311-001 Seeds: Pkt/\$2.50, 10g/\$7, 100g/\$50

EGGPLANT, BLACK BEAUTY

Solanum melongena 'Black Beauty' **A S E**
Introduced by Burpee over 100 years ago this large-fruited variety is still popular today. Smooth black oval fruits are 16cm/6.5" long, 13cm/5" across, and average 1kg/2lb. Holds well and retains good color. 72-85 days.

S8318-001 Seeds: Pkt/\$2, 10g/\$9, 100g/\$65

EGGPLANT, JAPANESE

Solanum melongena 'Kurume Long Purple' **A S E**
Slender fruits are excellent for frying, cooking and pickling. Plants are highly productive and disease resistant. Yields of 40-50 fruits per plant are not unusual.

S8320-001 Seeds: Pkt/\$2.50, 10g/\$8, 100g/\$60, 1kg/\$435

P8320 Plants: Plug pack: 12/\$12



Turkish Orange
Eggplant

EGGPLANT, TURKISH ORANGE

Solanum melongena esculentum 'Turkish Orange' **A S E**
Stunning red-orange heirloom variety from Turkey. The small round fruit, 7cm/3" in diameter, are eaten when green, and when they turn orange they are good for stuffing. Heavy yields and insect resistant. Ht. 50cm/20".

S8319 Seeds: Pkt/\$3.25, 10g/\$16, 100g/\$120

ENDIVE, TRES FINE

Cichorium endivia 'Tres Fine' **A S E**
Extra finely cut, lacy leaves with mild, nutty-flavour, delicate crispy ribs and cream coloured hearts are fast growing and are a great addition to salads, adding flavour, body and crunchy texture. Cool weather crop, so harvest leaves young during hot weather to avoid bitterness. 60 days.

S8322-001 Seeds: Pkt/\$3.25, 10g/\$7, 100g/\$55, 1kg/\$400

FENNEL, FLORENCE

Foeniculum vulgare azoricum **P S F E**
(Finocchio) Unlike sweet fennel, this produces a bulbous base of delicate anise flavour and crisp texture. Superb sliced raw in green salads, sauteed, or quartered in chicken casseroles. Does best in cool weather: sow direct in July to mature by fall or start early indoors and plant out in spring.

S8340-001 Seeds: Pkt/\$2.50, 10g/\$8, 100g/\$60, 1kg/\$225

P8340 Plants: Plug pack: 12/\$12



Gac Melon

GAC MELON

Momordica cochinchinensis **P Z11+ S M**
(Spiny gourd) Melon with a spectacular spiny orange-red skin looking like something out of *Jurassic Park*. Even the seeds are impressive: like brown half-dollar sized meteorites with jagged edges and black lines running through them. Revered in Vietnam as the "fruit from heaven", believed to promote longevity, health and vitality. Has 70 times as much lycopene as tomatoes and 10 times as much carotene as carrots. Red flesh tastes like avocado. **S8345 Seeds:** Pkt/\$7

GOBO

Arctium lappa 'Takinogawa Long' **B Z2-10 S E**
(Japanese burdock) Japanese vegetable with powerful medicinal properties. Slender, smooth-skinned roots up to 1m/40" long have a delightful oyster-like flavour similar to salsify, but stronger. Peel, slice, and cook 30 minutes, drain and cook again for 10 minutes. Season with butter, salt and herbs and serve. Japanese research shows that this variety has potent anti-tumour effects. Commonly used as a blood purifier.

S8370 Seeds: Pkt/\$2, 10g/\$8, 100g/\$55

P8370 Plants: \$4.50, 3+/\$3.40, 12+/\$2.70



Peruvian
Groundcherry

GROUNDCHERRY, PERUVIAN

Physalis peruviana **A S E**
Golden super berries! (Cape gooseberry; Husk cherry; Goldenberry) High in protein, iron, and vitamins A, B, and C, this berry from the Andes is deservedly getting a new look as a super food. Small golden fruits about the size of a marble are borne inside papery husks. The taste is mellow and tart, not particularly sweet but delicious and refreshing. They are eaten fresh or in fruit salads, pies, chutneys, and they are excellent for jams and jellies owing to their high pectin content. Sauce made with the berries is pure bliss with seafood. 70-80 days.

S8390 Seeds: Pkt/\$2.50, 10g/\$15

JICAMA

Phacelium erosus

P Z10-11+ S E

(Yam bean) Tropical vines produce turnip-shaped tubers with a sweet white flesh. Best eaten raw, but is cooked also. Has low starch and calories. Produces largest tubers in tropical areas, but will produce equally tasty, smaller tubers in more temperate areas with a 4-5 month growing season. Start indoors 6-8 weeks before outdoor planting time.

S8420 Seeds: Pkt/\$2.50, 10g/\$7, 100g/\$40, 1kg/\$285

KALE, DWARF BLUE CURLED SCOTCH

Brassica oleracea acephala 'Dwarf Blue Curled Scotch' A S E

Heirloom kale from the 1860s. Exceptionally hardy, surviving harsh winters without protection. Even under a meter (3ft) of snow, it is still good to eat, sweeter than store-bought kale. Normally kale is planted in fall for winter growing but this variety does well in hot summer weather too. It survived weeks of 35C plus temperatures with no problems. Blue-green crinkled leaves are delicious in salads, steamed or sauteed. Ht. 30-35cm/12-15". 60 days.

S8420-800 Seeds: Pkt/\$2.25, 10g/\$6, 100g/\$30, 1kg/\$195

S8420-801 Seeds: Pkt/\$2.50, 10g/\$7, 100g/\$45

KALE, LACINATO

Brassica oleracea acephala 'Lacinato' A S E

(Black cabbage; Cavolo nero) Large, dark green, serrated leaves growing to a height of 60cm/2', are useful for culinary purposes as well as ornamental. Very winter hardy. Freezing temperatures tenderize it bringing out its full flavour. Wonderful raw, in soups, stews, steamed or stir-fried, especially blended with fresh, chopped chives and coriander! 100 days.

S8421-001 Seeds: Pkt/\$2.50, 10g/\$7, 100g/\$35, 1kg/\$240

P8421 Plants: Plug pack: 12/\$12

KALE, RED RUSSIAN

Brassica napus 'Red Russian' A S E

Tender sweet leaves of excellent flavour are highly nutritious and the attractive blue-green/red frilly leaves are cold hardy, making it possible to harvest during the winter. Tasty steamed, stir-fried or in salads. 65 days.

S8422-001 Seeds: Pkt/\$3.25, 10g/\$7, 100g/\$35, 1kg/\$240

P8422 Plants: Plug pack: 12/\$12



Tronchuda Kale

New! KALE, TRONCHUDA

Brassica oleracea 'Tronchuda' A S E

Heat resistant! (Couve tronchuda; Portuguese kale) Portuguese favourite used in the national dish, a soup called *caldo verde*. The large flat leaves, cut into thin strips, are thrown in with spicy sausage, onions, garlic, and olive oil. The leaves are sweet and mild flavoured, and they keep their shape and texture even when cooked. The white stems and leaf ribs become prominent and decorative in fall and quite tender and delicious in their own right. Unlike other kales, Tronchuda resists the summer heat very well and can be planted in spring for harvest throughout summer and fall.

S8423 Seeds: Pkt/\$3.25

LEEK, AMERICAN FLAG

Allium ampeloprasum 'American Flag' B Z4-9 S E

A cornerstone of French cuisine. Sweeter, milder and more delicate than the mildest onion. Start in March. Very hardy — may be gathered even after light snow, or left in the ground until spring.

S8460-001 Seeds: Pkt/\$2.50, 10g/\$7, 100g/\$55

P8460 Plants (Not to ID): Plug pack: 12/\$12

Lettuce

(*Lactuca*)

Butterhead Lettuce

BUTTERCRUNCH LETTUCE

Lactuca sativa 'Buttercrunch' A S E

A long time favourite of gardeners with crisp, dark green, reddish-tinged leaves and a yellowish-white heart. Keeps its buttery sweetness well even in the heat of summer and is more bolt-resistant than other butterhead varieties. 50-75 days.

S8470-101 Seeds: Pkt/\$2, 10g/\$7, 100g/\$35, 1kg/\$220

Leaf Lettuce

AMISH DEER-TONGUE LETTUCE

Lactuca sativa 'Amish Deer-Tongue' A S E

Like the red deer tongue variety, this is a very nice leaf lettuce with tongue-shaped leaves. The flavour is pleasantly sharp and nutty and the texture is quite good for fresh salad use. The variety is described as rugged and a heavy producer perhaps befitting of its Amish heritage. Sow direct in the garden in spring. 45-55 days.

S8470-801 Seeds: Pkt/\$2, 10g/\$7, 100g/\$55



Red Deer-Tongue Lettuce

RED DEER-TONGUE LETTUCE

Lactuca sativa 'Red Deer-Tongue' A S E

The "deer tongue" idea refers to the pointed shape of the leaves and not, we hope, to some special fondness deer may have for this unusual variety of leaf lettuce. Still you'll need to guard it from marauders, deer or human, because the rich, nutty taste of the red hued leaves is irresistible. Slow bolting. Sow direct in the garden in spring. 45-55 days.

S8470-811 Seeds: Pkt/\$2, 10g/\$7, 100g/\$55

LOLLA ROSSA LETTUCE

Lactuca sativa 'Lolla Rossa' A S E

Attractive heavily-frilled, medium green leaves tipped with a strong, warm red make this mild flavoured, heat tolerant lettuce a great garnish or addition to salads. Used as cut and come greens or left to head up for a single serving. 52 days.

S8471-001 Seeds: Pkt/\$3.25, 10g/\$9, 100g/\$65, 1kg/\$375

OAKLEAF LETTUCE

Lactuca sativa A S E

Compact rosettes of delicately thin, tender, light green oakleaf-shaped leaves that stand heat well and does not become bitter. Old fashioned variety that is now popular as a gourmet specialty. 45 days.

S8472-001 Seeds: Pkt/\$2.50, 10g/\$7, 100g/\$45

RED OAKLEAF LETTUCE

Lactuca sativa 'Red Oakleaf' A S E

Lovely oakleaf-shaped leaves in hues of burgundy, maroon and crimson. Like the standard type it stands heat well and does not become bitter. 45 days.

S8472-301 Seeds: Pkt/\$2.50, 10g/\$7, 100g/\$40, 1kg/\$290

BLACK-SEEDED SIMPSON LETTUCE

Lactuca sativa 'Black-Seeded Simpson' A S E

Still a huge favourite after more than 150 years, this leaf lettuce has crinkly light-green leaves that are tender and juicy. Large upright plants are tolerant to heat, drought and light frost. 45 days.

S8474-001 Seeds: Pkt/\$2, 10g/\$7, 100g/\$35, 1kg/\$310

SALAD BOWL LETTUCE

Lactuca sativa 'Salad Bowl'

A S E

Large rosettes of tender, deep-lobed oak-like leaves. Good resistance to bolting and good heat tolerance. Does not get bitter in hot weather. Produces baby leaves in 28 days and full size in 49-60 days.

🌱 **S8475-001** Seeds: Pkt/\$2, 10g/\$7, 100g/\$35, 1kg/\$240

RED SALAD BOWL LETTUCE

Lactuca sativa 'Red Salad Bowl'

A S E

A loose type with a striking bronze burgundy oak-shaped leaves. Very popular for all season use. Stays bitter-free and is heat tolerant. Ready for baby leaf use in 28 days or full-size use in 51-58 days.

🌱 **S8475-101** Seeds: Pkt/\$2, 10g/\$7, 100g/\$35, 1kg/\$240

Romaine Lettuce

PARIS ISLAND COS LETTUCE

Lactuca sativa 'Paris Island'

A S E

Romaine lettuce that forms long, deep green, upright leaves with that delicious juicy crunch, creamy white midribs that are sweet and crisp. Great for use in sandwiches, salads, garnish or wraps. Heat tolerant, heavy heads. 65 days.

🌱 **S8473-001** Seeds: Pkt/\$2.50, 10g/\$7, 100g/\$35, 1kg/\$245

Pomegranate Crunch Lettuce

POMEGRANATE CRUNCH LETTUCE

Lactuca sativa 'Pomegranate Crunch'

A S E

Open headed romaine with gorgeous pomegranate-red leaves. Highly resistant to common fungal diseases.

🌱 **S8473-501** Seeds: Pkt/\$3.75, 1M/\$19, 10M/\$135

MACHE: See CORNSALAD

MELON, HEARTS OF GOLD

Cucumis melo 'Hearts of Gold'

A S E

Produces firm, round fruit weighing 1-2kg/3-4 lbs. with deep salmon coloured flesh that is thick, firm with a sweet, intense flavour Good for short season gardeners. 90 days.

🌱 **S8480-001** Seeds: Pkt/\$2.50, 10g/\$7, 100g/\$35

Honeydew Melon

MELON, HONEY DEW GREEN FLESH

Cucumis melo 'Honey Dew Green Flesh'

A S E

Long time standard honey dew variety for home gardens and farms. Fruits are large, up to 6 lbs, with a pale-green rind that ripens to light gold. The sweet flesh is a luscious lime-green with high sugar content, and seed cavities are small so you get plenty of flesh per fruit. 105-115 days.

🌱 **S8483-001** Seeds: Pkt/\$2, 100g/\$29, 1kg/\$200

Mesclun

Mesclun is commonly defined as "a mixture of salad greens". Sowing successively every ten days will produce a regular supply of tasty salad greens.

RICHTERS SPECIAL MESCLUN

Mixed species

A S E

Contains Kagraner lettuce, red leaf lettuce, roquette, radicchio, cornsalad, borage, mizuna, mustard spinach, chervil and curled cress. Sow in early spring or late summer.

S8495 Seeds: 10g/\$10

HERBAL MESCLUN

Mixed species

A S E

Sweet basil, borage, roquette, sweet fennel, sugar beet, red leaf lettuce. Heat tolerant; suited for mid-summer sowings.

S8496 Seeds: 10g/\$12

SPICY MESCLUN

Mixed species

A S E

Contains pak-choi, chinese mustard, mustard spinach, shungiku, curled cress, roquette and mizuna. Sow in early spring or late summer.

S8497 Seeds: 10g/\$10

MINER'S LETTUCE: See PURSLANE, WINTER



Molokhia

MOLOKHIA

Corchorus olitorius

A S E

(Egyptian spinach; Jew's mallow) Vegetable green popular throughout the Middle East, and parts of Africa and Asia. Its use dates to ancient Egypt where it was called "food of the kings." The plant has anticancer and anti-inflammatory properties, and is highly nutritious, even more so than kale. Leaves are minced and cooked with coriander and garlic and served as a puree on rice with chicken, rabbit, lamb or fish. It has a slightly mucilaginous texture that may take some getting used to but millions will tell you it is well worth it. Sow direct in spring or start early indoors and transplant out. Keep plants pinched back for a continuous harvest of young shoots and leaves. 60 days.

S8488 Seeds: Pkt/\$2.50, 10g/\$18, 100g/\$135

Mushroom

OYSTER MUSHROOM

Pleurotus ostreatus

(Can,US only)

P Z5-8

Oyster mushrooms look, smell and taste like oysters. They are commonly used in Chinese and Japanese dishes, but they have jumped the pot and are now found in dishes of many cuisines. The fragrant smoky-gray caps have a soft, chewy texture and are delicious cooked in omelettes, casseroles, pasta, kebabs, soup, stews. Try them in a simple stir fry with garlic, butter, soy sauce, white wine and rosemary. Contains statins which help to control cholesterol. Oyster mushrooms are so effective at breaking down organic compounds they are being used for mycoremediation, the rehabilitation of contaminated soils. Easy to grow: we supply live colonies in ready-to-grow sawdust blocks. Complete instructions are provided.

R8490-700 Colony (Apr-May shipment): \$35

SHIITAKE MUSHROOM

Lentinus edodes

P Z5-8

Oriental delicacy cooked and eaten much like ordinary mushrooms but the taste is richer and more satisfying. Considered an elixir of life in Japan; modern research has shown it lowers blood cholesterol and possesses antitumour, antiviral and antibiotic activities.

—**GROWING KIT**(*Can, US only*) Live colony supplied in ready-to-grow sawdust block. Complete instructions are provided.

R8655-100 Colony (*Apr-May shipment*): \$40



Mizuna Mustard

Mustard

(*Brassica*)

MIZUNA MUSTARD

Brassica rapa (*Japanica*)

A S E

(Japanese mustard) Attractive, finely-cut curled leaf mustard with pleasant, mild flavour. Japanese favourite for sukiyaki-like dishes. Also great in salads and as a garnish. Unlike other mustards, will regrow after cutting. 65 days.

🌱 **S8500-001 Seeds:** Pkt/\$2.50, 10g/\$7, 100g/\$50

RED-STREAKED MIZUNA MUSTARD

Brassica rapa (*Japanica*)

A S E

(Japanese mustard) The deeply frilled foliage has beautiful red streaks set against a green background. The visual effect is like an abstract expressionist painting, mesmerizing if you let yourself get drawn into the detail. Imagine tossing these tasty peppery leaves into your next salad.

🌱 **S8500-101 Seeds:** Pkt/\$2, 10g/\$7, 100g/\$55

MIBUNA MUSTARD

Brassica rapa (*Japanica*)

A S E

(Japanese mustard) Traditional Japanese green dating back to the Edo period. Lance-shaped leaves, produced in abundance, have a mild mustard flavour and are delicious in mixed salads and in stir fries and soups. Mibuna is regarded as a cold-season vegetable but is also heat-tolerant and doesn't bolt during the warm season. Quick crop: matures in 40 days, but baby leaves can be harvested in as few as 20 days.

🌱 **S8501-001 Seeds:** Pkt/\$2, 10g/\$7, 100g/\$50, 1kg/\$360

RED GIANT MUSTARD

Brassica juncea 'Red Giant'

A S F E

(Chinese mustard; Indian mustard) A splash in the salad bowl and in the garden! Brilliant maroon leaves with light green midribs are both delicious and strikingly ornamental. Spicy leaves are excellent in mixed salads or alone, and they are delicious steamed and tossed with sesame oil and soy sauce or stir fried with ginger and bok choy and chicken. Sow in early spring. Can even be grown in containers. Cold tolerant. 45 days.

🌱 **S8511-001 Seeds:** Pkt/\$2, 10g/\$7, 100g/\$50, 1kg/\$360

TENDERGREEN MUSTARD

Brassica perviridis 'Tendergreen'

A S F E

Broad spinach-like leaves can be eaten as cooked greens or in salads and sandwiches. Remains crisp and mild even during hot weather. For continuous supply sow every month or so. Will regrow some after cutting. 20-30 days.

🌱 **S8516-001 Seeds:** Pkt/\$2, 10g/\$7, 100g/\$40, 1kg/\$285

TATSOI MUSTARD

Brassica narinosa 'Tatsoi'

A S F E

(Spoon mustard) Oriental green with a soft creamy texture and distinctive subtle flavour. When seeded thickly the small dark green baby greens are ready to harvest in 21 days after sowing. When seeded less thickly the leaves form a compact, thick rosette in 45 days, perfect for bunching. Very cold tolerant: can be harvested even from under the snow.

🌱 **S8517-001 Seeds:** Pkt/\$2, 10g/\$7, 100g/\$50, 1kg/\$360



Okahijiki

New! OKAHIJIKI

Salsola komarovii

A S E

(Saltwort; Land seaweed) One of the oldest vegetables of Japan, traditionally used in sushi and salads, and it is served as a bed for fish and meat. The name means "land seaweed" and indeed it has a salty flavour and crispy texture that suggests seaweed but is easily cultivated on land. It can be cut into 5-8cm/2-3" lengths and eaten raw or steamed, or it can be blanched briefly in salt water. Serve with a little butter or oil for a wonderful treat. Very easy to grow. Sow outdoors anytime from spring to autumn. 30-60 days.

🌱 **S8518 Seeds:** Pkt/\$3.25, 10g/\$9, 100g/\$60

OKRA, BURGUNDY

Abelmoschus esculentus 'Burgundy'

A S E

Deep-red "baby" pods make very attractive menu additions and older pods remain tender even at 20cm/8" length, and retain their red colour when cooked. The attractive red stems and branches, red-veined green leaves are ornamental as well as tasty! 60 days.

🌱 **S8522-001 Seeds:** Pkt/\$2.50, 100g/\$24, 1kg/\$160



Clemson Spineless Okra

OKRA, CLEMSON SPINELESS

Abelmoschus esculentus 'Clemson Spineless 80'

A S E

First introduced in 1939 this variety is now the most popular on the market. Vigorous 1m/4ft high plants produce straight spineless pods that are excellent in soups, stews and relishes. Pods are most tender when 7cm/3" long or less. 48-60 days.

🌱 **S8522-201 Seeds:** Pkt/\$2, 100g/\$22, 1kg/\$145

ONION, BUNCHING

Allium fistulosum 'Evergreen'

P Z3-9 S E

Very hardy green onion with long white slender stalks and little or no bulb. Useful at any stage of growth having a tender, mildly pungent taste. Sow seeds in spring or fall. 65 days.

🌱 **S4310 Seeds:** Pkt/\$2, 10g/\$7, 100g/\$35, 1kg/\$230

🌱 **S4310-001 Seeds:** Pkt/\$2.50, 10g/\$9, 100g/\$70, 1kg/\$505

ONION, DEEP PURPLE BUNCHING

Allium fistulosum 'Deep Purple Bunching' P Z3-9 S F E
 (Onion green; Bunching onion) Attractive green stalks look like they have been dipped in wine! Bulbs are stained a deep purple. Colour persists at any temperature or age. Royal Horticultural Society Award Winner in 2010. A salad onion that adds an unmistakable splash of colour and flavour to any dish. 60 days.

🌱 **S4310-201 Seeds:** Pkt/\$3.25, 1M/\$18, 10M/\$125

ONION, RED CIPOLLINI

Allium cepa var. *cepa* 'Red Cipollini' A S E
 A beautiful heritage onion variety from Italy where it is often seen braided like garlic and hung in kitchens. The distinctive flat bulbs, about 8-10cm/3-4in across, have a bright red colour and semi-sweet flavour. Excellent for both pickling and slicing. A good keeper for winter storage. Where winters are mild it can be planted in the fall for early harvest next summer. 105-115 days.

🌱 **S8523-701 Seeds:** Pkt/\$3.75, 10g/\$12, 100g/\$90

ONION, WALLA WALLA

Allium cepa var. *cepa* 'Walla Walla' A S E
 Old fashioned variety from France, and although not a long-keeper, these are one of the sweetest onions to grow. Large globes with light brown skin are ultra-mild and the crunchy, white flesh is delicious either raw or cooked. Try baking them like potatoes in their own skin! 110 days.

🌱 **S8524-001 Seeds:** Pkt/\$3.25, 10g/\$17, 100g/\$125, 1kg/\$915

P8524 Plants (Not to ID): Plug pack: 12/\$12



Red Flash Orach

ORACH, RED FLASH

Atriplex hortensis 'Red Flash' A S E
 (French spinach) Ancient Greek and Roman spinach-like green, and still popular in France today. The tender young shoots can be boiled and buttered, creamed, added to quiches, or rolled up in crepes. Adds gorgeous colour to tossed salads. Striking in the garden too, reaching 2-3ft/60cm.

🌱 **S8527-700 Seeds:** Pkt/\$3.25, 10g/\$11, 100g/\$85, 1kg/\$620

PAK-CHOI, WHITE-STEMMED

Brassica rapa (*Chinensis*) 'White Stemmed' A S F E
 (Bok choy) Popular standard ingredient in many Chinese dishes like chow mein and wonton soup. Leaves are thick and glossy with a hint of mustard flavour. Stalks are pure white, crisp and very tender. Try bite-sized slices stir fried with tofu, meat and seasonings. Grows 25cm/10" in 45 days.

🌱 **S8529-001 Seeds:** Pkt/\$2.25, 10g/\$7, 100g/\$35, 1kg/\$245

PEA, MAMMOTH MELTING

Pisum sativum 'Mammoth Melting' A S E
 Thick, succulent light green edible pods with a distinct, sweet flavour. Grows to 120-150cm/4-5ft, so some staking is required... very prolific. Excellent for stir fries, steaming, freezing and fresh in salads. 75 days.

🌱 **S8530-001 Seeds:** Pkt/\$2, 100g/\$17, 1kg/\$105

PEA, OREGON SUGAR POD

Pisum sativum 'Oregon Sugar Pod' A S E
 Light green, smooth edible pods 10cm/4" long by 2cm/3/4" diameter with a mild flavour good for eating raw, in stir fries or steamed. Freezes well, retaining the full, sweet flavour and colour. Sets double pods, very productive vines over a long period of time. Height 60cm/24-30". 65 days.

🌱 **S8530-201 Seeds:** Pkt/\$2, 100g/\$17, 1kg/\$105



Taiwan Sugar Pea

PEA, TAIWAN SUGAR

Pisum sativum macrocarpon 'Taiwan Sugar' A S E
 Some call this pea the "Queen of the Orient" because it is so often added to stir fries. The sweet crisp fresh pods are excellent in salads. Harvest early before the peas form inside so pods are tender and sweet. Vines need support. Ht. 90-150cm/3-5ft. 65-75 days.

🌱 **S8530-801 Seeds:** Pkt/\$2.50, 100g/\$17, 1kg/\$105

Pepper

(*Capsicum*)

For chiles and other hot peppers please see the HERBS section.

Sweet Pepper

One of the most loved peppers of Italy. The long curved pepper looks like, as the name suggests in Italian, a "horn of the bull". It is absolutely delicious cooked on the grill, fried, stuffed, or pickled. The thin skins combined with the thick, sweet flesh, makes this variety extra special gastronomic treat. And these peppers are huge, up to 20cm/8" in length. Both yellow (*giallo*) and red (*rosso*) varieties are available. 75 days.

CAL WONDER PEPPER

Capsicum annuum 'Cal Wonder' A S E
 Early maturing, old fashioned bell pepper with thick walls of juicy, sweet and tender fruits. Can be harvested at green or mature stages for use in salads, stir fries, as a crudite or stuffed! Resistant to tobacco mosaic virus, a common disease in peppers. 75 days.

—RED Green fruits mature to bright red.

🌱 **S8531-001 Seeds:** Pkt/\$3.25, 10g/\$10, 100g/\$75, 1kg/\$535

P8531 Plants: Plug pack: 12/\$12

—GOLDEN Green turn golden-yellow at maturity.

🌱 **S8532-001 Seeds:** Pkt/\$3.75, 10g/\$16, 100g/\$120

P8532 Plants: Plug pack: 12/\$12

CORNO DI TORO PEPPER

Capsicum annuum 'Corno di Toro' A S E
 (Bull's horn) One of the most loved sweet peppers of Italy. The long curved pepper looks like, as the name suggests in Italian, the "horn of the bull". It is absolutely delicious cooked on the grill, fried, stuffed, or pickled. The thin skins combined with the thick, sweet flesh, makes this variety an extra special treat. These peppers are huge, up to 20cm/8" in length, and come in yellow (*giallo*) or red (*rosso*) forms. 75 days.

—GIALLO Yellow

🌱 **S8533-105 Seeds:** Pkt/\$2.50, 10g/\$7, 100g/\$50

—ROSSO Red

🌱 **S8533-110 Seeds:** Pkt/\$2.50, 10g/\$7, 100g/\$50

DIAMOND PEPPER

Capsicum annuum 'Sweet' A S E
 (White Bell) Sweet bell pepper with 3 or 4 lobes and crisp, medium-thick flesh. Fruits mature from a beautiful translucent white to pale yellow to scarlet red, and are delicious in any colour. They are great used in mixed colours in stirfries, salads and fresh veggie trays. 75 days.

🌱 **S8531-501 Seeds:** Pkt/\$3.25, 10g/\$40, 100g/\$300

GOLDEN GREEK PEPPERONCINI

Capsicum annuum 'Golden Greek Pepperoncini' **A S E**

Not to be confused with hot Italian pepperoncini, this traditional Greek variety is much milder. The wrinkled peppers are prized for pickling when still immature at about 6-8cm/2.5-3" long. For expediency manufacturers of commercial Greek pepperoncini products treat peppers with harsh chemicals to produce a desired light colour. But if you make your own pickles using this light golden variety you will not need any chemicals. Also excellent fresh in Greek salad. Pick continuously to encourage more fruits. 65 days.

S8532-751 Seeds: Pkt/\$3.25, 10g/\$30, 100g/\$240

HUNGARIAN SWEET WAX PEPPER

Capsicum annuum 'Hungarian Sweet Wax' **A S E**

Often called banana pepper, this is a milder version of the 'Hungarian Hot Wax' pepper (listed in the herb section). The shape, size, glossy skin and color are similar without the heat. The fruits go from green to yellow, to orange and red as the fruits ripen, but they are best used when bright yellow. Good for stir-fries, stuffings, pickles, and raw in salads. 60-75 days.

S8533-300 Seeds: Pkt/\$2.50, 10g/\$10, 100g/\$75



Mini Bell Pepper

MINI BELL PEPPER

Capsicum annuum 'Mini Bell' **A S E**

Cute bite-sized bell peppers! Masses of miniature bell peppers, in red, yellow and brown, just one inch across. Toss them in salads just as they are! Sweet firm flesh.

S8532-601 Seeds: Pkt/\$3.25, 10g/\$35, 100g/\$260



Orange Sun Pepper

ORANGE SUN PEPPER

Capsicum annuum 'Orange Sun' **A S E**

Dazzling orange bell pepper with thick flesh, crunchy texture, and exquisite sweet flavour. For grilling, stuffing, roasting, stir fries. Makes a nice splash in salads and fresh veggie trays. Compact plants, under 60cm/24", work well in large containers or in the garden. 75-80 days.

S8532-701 Seeds: Pkt/\$3.25, 10g/\$40, 100g/\$300

SWEET CHOCOLATE PEPPER

Capsicum annuum 'Sweet Chocolate' **A S E**

Prolific plant, tolerant of cool nights bearing medium-small, tapered fruit of dark glossy green, ripening to a rich chocolate brown. The flesh below the skin is an attractive brick red, cooked or raw. The sweet, crisp fruit is wonderful in salads, stir fries and vegetable trays. 65 days.

S8533-001 Seeds: Pkt/\$3.75, 10g/\$30, 100g/\$230

P8533 Plants: Plug pack: 12/\$12

SWEET PICKLE PEPPER

Capsicum annuum 'Sweet Pickle' **A S E**

(Christmas tree pepper) As the small (5cm/2") peppers mature they "turn on" like Christmas lights — in a riot of red, orange, yellow and purple. Surprisingly sweet, they are great in salads or pickled. Plants are compact and bushy and will do well in containers and in the garden. Only 30-38cm/12-15" tall. 65 days.

S8533-051 Seeds: Pkt/\$3.75, 10g/\$45, 100g/\$335

YOLO WONDER PEPPER

Capsicum annuum 'Yolo Wonder' **A S E**

Named after Yolo County in California where the Campbell Soup Company introduced this bell pepper in 1952. It quickly became popular among growers because of its improved resistance to tobacco mosaic virus and because its extra bushy foliage helps protect fruits from scalding caused by the sun. Still a reliable producer today. Fruits are dark green maturing to red. 70-80 days.

S8532-100 Seeds: Pkt/\$2.25, 10g/\$10, 100g/\$75

PUMPKIN, BIG MAX

Cucurbita pepo 'Big Max' **A S E**

Large pumpkin often weighing up to 45kg/100lb ripening to a pinkish orange with very thick flesh. Flesh is used for pie filling, soups, delicious grilled with onion, garlic, lovage and sweet peppers. Can be used as jack-o-lantern and is ideal for entering into fairs for competition on heaviest squash! 120 days.

S8534-001 Seeds: Pkt/\$2.50, 10g/\$7, 100g/\$30, 1kg/\$290

PUMPKIN, SMALL SUGAR

Cucurbita pepo 'Small Sugar' **A S E**

Heirloom variety from the 1800s. Fruit is small-22cm/9" diameter and weighing 2-3kg/5-6 lbs with deep orange, thick hard skin. Moderately thick flesh is yellow-orange, fine-grained, sweet and well flavoured. This is the standard pie pumpkin, also used for soups, grilling and mini-jack o lanterns. 100 days.

S8535-001 Seeds: Pkt/\$2.50, 10g/\$7, 100g/\$30, 1kg/\$215

PURSLANE, FRENCH

Portulaca oleracea sativa **A S E**

Succulent leaves are popular in France for salads, cooked greens or in soups. Good summer green performing best in hot weather. Much improved over its wild relative. Leaves are a light golden colour.

—**GOLDEN LEAF** Tender leaves are a light golden colour.

S8539 Seeds: Pkt/\$2, 10g/\$7, 100g/\$50

—**GREEN LEAF** Tender green leaves.

S8540 Seeds: Pkt/\$2, 10g/\$7, 100g/\$30



Winter Purslane

PURSLANE, WINTER

Claytonia perfoliata **P Z6-9 S F E**

(Miner's lettuce; *Montia perfoliata*) During the California gold rush miners ate this wild green to avoid getting scurvy. We now know that the leaves are very rich in vitamin C. The succulent heart-shaped leaves have a fresh water chestnut-like taste and can be eaten raw in salads or cooked like spinach. It is a cool season crop that does best in the early spring or in autumn, and can be sown successively for multiple crops. Quick and easy crop.

S8542 Seeds: Pkt/\$2.50

RADICCHIO

Cichorium endivia

(Red endive) Grows like Belgian endive. Rootstocks produce compact rounded heads of purplish red foliage when being forced after fall harvest of roots. The red colour, crisp, crunchy texture, and slightly bitter taste add distinction to any green salad.

S8575 Seeds: Pkt/\$2, 10g/\$7, 100g/\$35, 1kg/\$255

RADISH, CHERRYBELLE

Raphanus sativus 'Cherrybelle'

Mild flavour and early maturing round bright red with pure white, crisp interior is a garden favourite. Somewhat heat tolerant. 22 days

S8576-201 Seeds: Pkt/\$2, 10g/\$7, 100g/\$30, 1kg/\$215

RADISH, FRENCH BREAKFAST

Raphanus sativus 'French Breakfast'

Heirloom variety, rose skin fading to white with crisp, tender mildly pungent flavour that is wonderful in salads, sliced thin on buttered bread, as a garnish or appetizer. 25 days.

S8576-001 Seeds: Pkt/\$2, 100g/\$26, 1kg/\$175

RADISH, RATAIL

Raphanus caudatus

What a fun revelation this was for us. This little known veggie from the Orient is not grown for roots like regular radish but for the seed pods, and they are absolutely incredible! They have a sharp but pleasant radishy taste, with a very nice crunchy texture. How this escaped wider attention we don't know, but we are sure that it will become a staple in home gardens in the coming years. Easy to grow: sow direct in the garden in spring and harvest seed pods in 50-55 days.

S8578-001 Seeds: Pkt/\$3.75, 10g/\$30, 100g/\$215



New! RADISH, WATERMELON

Raphanus sativus 'Watermelon'

(Roseheart radish; Red meat radish) It is totally the opposite of a typical radish: the outside is white and the inside is red! The outside colour starts out green but turns a bright white as the radishes mature. Large 10cm/4" roots are crispy, as you would expect, with a mild, almost sweet flavour. Excellent for salads, as a garnish, and even cooked like Asian radishes. Does best in cool climates or sown late for fall harvest. 55 days.

S8576-650 Seeds: Pkt/\$2.50, 10g/\$6, 100g/\$30

RADISH, WHITE PEARL

Raphanus sativus 'White Pearl'

A very nice white radish with strong vigour and good resistance to cracking. A nice change from ordinary red radishes!

S8576-701 Seeds: Pkt/\$3.75, 1M/\$11, 10M/\$75

RAPINI

Brassica rapa (Ruvo)

Flowering stems and leaves have pleasant bitter flavour when cooked, steamed or sauteed. Popular Italian appetizer served with garlic and olive oil. Sown in early spring for harvest before hot weather or in mid-to-late summer for fall harvest. 60 days.

S8580-001 Seeds: Pkt/\$2.50, 10g/\$7, 100g/\$55, 1kg/\$375

SOYBEAN, EDAMAME

Glycine max 'Butterbeans'

(Edamame; Vegetable soybean) This is an heirloom soybean used to make the Japanese side dish, edamame. It is not grown for the dry soybeans but rather for the tender green pods that are eaten like snap beans. It is one of the best tasting edamame beans, with a sweet, buttery flavour. Ht. 60-90cm/2-3ft. 90 days.

S8661-101 Seeds: Pkt/\$2.50, 100g/\$17, 1kg/\$105

SPINACH, BLOOMSDALE

Spinacea oleracea 'Bloomdale'

Long standing variety with thick, textured, dark green leaves very rich in iron and perfect for salads, soup or lightly steamed. Rich flavour without the strong metallic overtone as some heat tolerant varieties have. 43 days.

S8662-001 Seeds: Pkt/\$3.25, 10g/\$7, 100g/\$30, 1kg/\$215

SPINACH, FRENCH: See ORACH, RED FLASH



SPINACH, MALABAR

Basella alba

When the hot weather arrives and the lettuce and spinach in the garden are flagging, Malabar spinach helps pick up the slack. The leaves are juicy, crunchy, and rich in vitamins A, B, C and minerals, with a nice flavour that hints of pepper and citrus. Good in salads and sandwiches, in soups, stir-fries, omelettes, and curries, or just boiled or steamed. Sow direct after last frosts or start indoors and transplant out. Needs a trellis to climb. Men take note: it improves sexual health by boosting testosterone levels. 70 days.

—GREEN

S8662-810 Seeds: Pkt/\$2.50, 10g/\$14, 100g/\$105

—RED (Rubra) Red-stemmed variety. Edible and highly ornamental.

S8662-820 Seeds: Pkt/\$2.50, 10g/\$7, 100g/\$50

SPINACH, NEW ZEALAND

Tetragonia tetragonioides

Unlike ordinary spinach, its spreading branches produce succulent leaves and stemtips of very fine flavour throughout the season, long after all other varieties finish. In fact, the more they are picked, the more they produce. Cooked like regular spinach.

S8520 Seeds: Pkt/\$2.50, 100g/\$15, 1kg/\$90



SPINACH, STRAWBERRY

Chenopodium foliosum

(Strawberry sticks; Leafy goosefoot) Not a true spinach but a distant cousin. Like spinach, the leaves can be eaten fresh or cooked. But the novel thing about this plant is that late in the season red, juicy strawberry or raspberry-like "berries" appear along the stems. These "berries" are quite edible, and the taste is a bit like mulberries. Try throwing them in salads just for fun. Easy to grow. Best sown directly in the garden in spring. Ht. 40-50cm/16-20".

S8662-950 Seeds: Pkt/\$2.50, 10g/\$20

SPINACH, TREE

Chenopodium giganteum

A S E
(Magenta spreen; Purple goosefoot; Giant lambsquarters) With a splash of magenta at the stem tips this is a one hot new green for the garden, suited for salads, omelettes, frittatas, quiches, curries and soups. The young shoots are tasty, milder and, many say, better than spinach. As the name suggests this is a giant spinach that will tower up to 2m/6ft if you let it, but the young shoots are best gathered when plants are just 20cm/8in tall. High in vitamins A and C and rich in calcium and iron. Native to India, cultivated in China, and introduced to America by heirloom guru Alan Kapuler. Very easy. 30 days.

🌱 **S8692-501 Seeds:** Pkt/\$2.50, 10g/\$14, 100g/\$105

Squash

(*Cucurbita*)

Summer Squash

GREEN ZUCCHINI

Cucurbita pepo

A S E
Very dark green skin covers flesh of greenish white, delicate tasting and tender whether picked early with their blossoms still attached or allowed to mature. Used sliced fresh at all stages in salads or as crudite, steamed or sauteed with herbs and garlic, grilled on the barbecue or in tantalizing zucchini bread. Young blossoms are edible as well! 55 days.

🌱 **S8664-001 Seeds:** Pkt/\$2.50, 10g/\$7, 100g/\$40, 1kg/\$290

CROOKNECK SQUASH

Cucurbita moshata 'Crookneck'

A S E
Heirloom variety from the 1800s. Curved, club shaped fruit grows to 22cm/9" long with golden-yellow skin and creamy texture with a nutty sweet flavour, that can be eaten raw with dips, steamed, grilled, or poached in broth and served with herb butters and seasonings. Early summer variety. 55 days.

🌱 **S8665-001 Seeds:** Pkt/\$2.50, 10g/\$7, 100g/\$30, 1kg/\$215



Black Beauty Squash



BLACK BEAUTY SQUASH

Cucurbita pepo

A S E
A zucchini squash with greenish-black skin and tender creamy-white flesh. Excellent for cooking and for freezing. Fruits are ready to eat when 15-20cm/6-8" long. Bushy plants take minimum space, perfect for crowded city gardens. Matures in 50 days and keeps producing for an extended time.

🌱 **S8666-001 Seeds:** Pkt/\$2, 10g/\$7, 100g/\$40, 1kg/\$290

EARLY PROLIFIC STRAIGHTNECK SQUASH

Cucurbita pepo 'Early Prolific Straightneck'

A S E
Prolific yellow squash with excellent firm, fine-grained flesh. Club-shaped fruits are best eaten when 10-15cm/4-6" long. Delicious sliced and sautéed with zucchini, onion, garlic and herbs in olive oil and butter. Bushy plants are heavy yielders, starting in 45-60 days.

🌱 **S8667-001 Seeds:** Pkt/\$3.75, 10g/\$7, 100g/\$55

YELLOW PATTYPAN SQUASH

Cucurbita pepo 'Yellow Pattypan'

A S E
(Sunburst squash) Distinctive small disk-like squash with scalloped edges, like a toy top or a flying saucer. The flavour is pleasantly nutty. They are most tender when just 5-8cm (2-3") across. They can be steamed whole, or hollowed out, stuffed and baked, or they can be sliced and sauteed in butter until golden brown. They also make a most decorative container at the dinner table for other foods when scooped out. Easy to grow. 49 days.

🌱 **S8668-001 Seeds:** Pkt/\$3.75, 10g/\$7, 100g/\$40, 1kg/\$290

GREEN PATTYPAN SQUASH

Cucurbita pepo 'Green Pattypan'

A S E
Like the yellow variety, this is a distinctive small disk-like squash with scalloped edges, like a toy top or a flying saucer. The flavour is pleasantly nutty. They are most tender when just 5-8cm (2-3") across. They can be steamed whole, or hollowed out, stuffed and baked, or they can be sliced, sauteed in butter until golden brown. They also make a most decorative container at the dinner table for other foods when scooped out. Easy to grow. 49 days.

🌱 **S8668-201 Seeds:** Pkt/\$3.75, 10g/\$7, 100g/\$40, 1kg/\$290

Winter Squash

SWEET DUMPLING SQUASH

Cucurbita pepo 'Sweet Dumpling'

A S E
(Vegetable gourd) Small 8cm/3in melons taste like a sweet winter squash. Delicious stuffed like bell peppers with meat and rice and baked.

🌱 **S8400 Seeds:** Pkt/\$2, 10g/\$8, 100g/\$60

BURGESS BUTTERCUP SQUASH

Cucurbita maxima 'Burgess Buttercup'

A S E
Unique, turban shaped fruit, deep dark green skin flecked and striped with grey. Flesh is deep orange with moist and very fine texture and sweet flavour that is high in fibre and beta carotene. These store well for winter use and are delicious baked, steamed or grilled using your favourite herb blend. 105 days.

🌱 **S8663-001 Seeds:** Pkt/\$2.50, 10g/\$7, 100g/\$40, 1kg/\$290



Triamble Squash

TRIAMBLE SQUASH

Cucurbita maxima 'Triamble'

A S E
(Shamrock squash; Triangle squash) An old Australian variety with a deeply lobed shape like a shamrock. The skin is blue-green and shiny, and the flesh is deep orange, succulent and sweet. The fruits get up to 4kg/10lb in size and store well, keeping their flavour through the winter. 110-120 days.

🌱 **S8663-401 Seeds:** Pkt/\$3.25, 10g/\$10, 100g/\$70

WALTHAM BUTTERNUT SQUASH

Cucurbita moshata 'Waltham Butternut'

A S E
Butternut type with smooth light-tan skin, orange flesh and nutty taste. Fruits are 20-30cm/8-10" long, 10cm/4" across, and weigh 1.5kg/3lbs. Delicious steamed, roasted and toasted, stuffed, or even raw in salads. Can be puréed or mashed for soups, casseroles, breads, and muffins. Grows as a vine but can bear big crops in small spaces. Stores well. 95 days.

🌱 **S8663-501 Seeds:** Pkt/\$2, 10g/\$7, 100g/\$50

SPAGHETTI SQUASH

Cucurbita pepo

A S E
Egg-shaped squash with flesh that really does look like spaghetti. Delicious served hot with spaghetti sauce, cheese or butter, or chilled in salads. Melons keep for 1-2 months.

🌱 **S8670 Seeds:** Pkt/\$2, 100g/\$15, 1kg/\$90

SWISS CHARD, FORDHOOK GIANT

Beta vulgaris cicla 'Fordhook Giant'

A S E
Since 1934 this has been the standard green variety for home gardens. It is vigorous, tolerates heat and cold, and even tolerates partial shade. It is slow to bolt so the harvest period can last months. Young leaves can be added raw to salads and larger leaves are steamed, stir-fried or sautéed with olive oil and garlic or onion. Leaves 20cm/10" or shorter are best. Does well in large containers. 50-60 days.

🌱 **S8671-801 Seeds:** Pkt/\$2, 10g/\$7, 100g/\$30, 1kg/\$215



Rainbow Swiss Chard

SWISS CHARD, RAINBOW

Beta vulgaris cicla 'Rainbow'

Beautiful technicolour ornamental edible Swiss chard with big bright green leaves and stems in shades of either red, orange, purple, yellow or white. Very tender, delicious flavour and crunchy. Real show stoppers in the garden. Succulent leaves used in salads, stir fries, sauteed or in casseroles. 60 days.

🌱 **S8672-001 Seeds:** Pkt/\$2.50, 10g/\$7, 100g/\$40, 1kg/\$270

SWISS CHARD, RUBY RED

Beta vulgaris cicla 'Ruby Red'

With a prominent display of bright crimson stalks and dark green crinkly leaves veined in red, this swiss chard is highly ornamental. Impressive in borders, cottage gardens, containers, and in vegetable gardens. Delicious when young in salads, and larger leaves can be steamed, stir fried, or sauted. 55-60 days.

🌱 **S8672-101 Seeds:** Pkt/\$2, 10g/\$7, 100g/\$30, 1kg/\$215

SYLVETTA

Diplotaxis erucoides

(Wild arugula) Wild relative of the ever popular rocket or arugula salad green. Described as spicy and pungent, this has become very popular in Europe, particularly in Germany and northern Italy. Extremely cold hardy and a very quick and easy crop. Leaves can be used fresh or added to pasta dishes. Grows to 30-38cm/12-15in in any good well-drained soil in full sun. Slower to bolt than rocket.

🌱 **S8675-001 Seeds:** Pkt/\$3.75, 10g/\$11, 100g/\$80

TEFF

Eragrostis tef

Important food grain in Ethiopia where it is used to make injera. While it contains gluten, the gluten is not of the type that causes celiac disease. It is high in calcium and other minerals, high in protein, high in carbohydrates and in fibre. The grain is cooked and eaten like millet or quinoa but the cooking time is shorter (thus requiring less energy). Teff is a very versatile. Try teff in your favourite breads, cookies, cakes, stir fry dishes, casseroles, soups, and stews. Can be planted direct in the garden in late May in same manner as alfalfa.

🌱 **S8680 Seeds:** Pkt/\$3.75, 100g/\$12, 1kg/\$70

TOMATILLO, COSSACK PINEAPPLE

Physalis pubescens 'Cossack Pineapple'

Not a true tomatillo as one would find in Mexico but a close relative grown in the Ukraine, the land of the tough Cossacks. Because its fruits ripen even in cool weather it was a popular commercial crop in Eastern Europe. The yellow marble-sized fruits have a sweet pineapple-like flavour. Delicious eaten fresh and excellent for jams and pies. 65-75 days.

🌱 **S8685-301 Seeds:** Pkt/\$3.25, 10g/\$29, 100g/\$220

🌱 **P8685-300 Plants:** Plug pack: 12/\$12

TOMATILLO, PURPLE DE MILPA

Physalis philadelphica 'Purple de Milpa'

A traditional variety that produces deep, wine-stained fruit, sweeter than other varieties. Considered by many to be the best flavoured tomatillo. Delicious raw or stewed, and in salsa verde. Fruits are large, up to 5cm/2" across. 70-90 days.

🌱 **S8685-201 Seeds:** Pkt/\$3.25, 10g/\$40

TOMATILLO, VERDE

Physalis philadelphica 'Verde'

Tomatillo is the main ingredient of salsa verde. For salsas, tomatillos are often used to tone down the hotness of chillies. This traditional variety is a mixture of two distinct forms: an upright branching form and a lower, more compact form. 60-80 days.

🌱 **S8685-101 Seeds:** Pkt/\$3.25

Tomato

(*Solanum*)

AMISH PASTE TOMATO

Solanum lycopersicum 'Amish Paste'

Heirloom paste tomato with very large, heart shaped fruit, meaty interior with very little juice or seeds. Excellent flavour for sauces, catsup, purees, bruschetta and soups. 85 days.

🌱 **S8686-001 Seeds:** Pkt/\$3.75, 10g/\$29, 100g/\$215, 1kg/\$1605

🌱 **P8686 Plants:** Plug pack: 12/\$12

BEEFSTEAK TOMATO

Solanum lycopersicum 'Beefsteak'

Prolific producer of very large, brilliant crimson scarlet fruit that has solid, meaty, deep red flesh, and nearly seedless. Good old fashioned "real" tomato flavour is excellent for slicing, soups, sauces, baked and more. 85 days.

🌱 **S8688-001 Seeds:** Pkt/\$3.25, 10g/\$11, 100g/\$80, 1kg/\$580

🌱 **P8688 Plants:** Plug pack: 12/\$12



Black Cherry Tomato

BLACK CHERRY TOMATO

Solanum lycopersicum 'Black Cherry'

Hugely prolific, the plant produces clusters of purple-black mini tomatoes that are so sweet and delicious, they may not make it from the garden into the house! Plants are very tall, early producers. The tiny black tomatoes make a beautiful addition to salads. 70 days to maturity.

🌱 **S8688-301 Seeds:** Pkt/\$3.25, 10g/\$45, 100g/\$335

🌱 **P8688-300 Plants:** Plug pack: 12/\$12



Black Krim Tomato

BLACK KRIM TOMATO

Solanum lycopersicum 'Black Krim'

Twenty years ago who would want a tomato that turns dark? Today 'Black Krim' is one of the most popular heirlooms, and is emblematic of a remarkable swing back to the varieties of the past. Coming from the Isle of Krim in the Black Sea, it has become a favourite of gardeners and cooks. Its fruits are large and very juicy. How dark they get depends on where it is grown: the hotter the climate the darker the fruit. And the taste — ah, the taste — is intense, full-bodied, with a satisfying hint of saltiness. The vines are indeterminate and need to be staked or caged. 69-90 days.

🌱 **S8688-331 Seeds:** Pkt/\$3.75, 10g/\$40, 100g/\$285

🌱 **P8688-330 Plants:** Plug pack: 12/\$12

BLACK PRINCE TOMATO

Solanum lycopersicum 'Black Prince'

A S E

A must-have for the heirloom aficionado. Black Prince is native to Irkutsk in Siberia, making it well suited to cooler, shorter seasons. A prolific and early producer, it bears masses of stunning dark red tomatoes with brown shoulders. The sweet taste makes it perfect for eating fresh sprinkled with chopped basil. Excellent for sauces and canning. 70-80 days to maturity.

☀ **S8688-351 Seeds:** Pkt/\$3.25, 10g/\$29, 100g/\$220

🌱 **P8688-350 Plants:** Plug pack: 12/\$12



**Brandywine
Tomato**

BRANDYWINE TOMATO

Solanum lycopersicum 'Brandywine'

A S E

Heirloom variety from the 1800s producing medium-large fruits of dark reddish pink with an extremely fine distinctive flavour, of gourmet quality. Good for slicing, in salads and sandwiches. 74 days.

☀ **S8689-001 Seeds:** Pkt/\$3.75, 10g/\$29, 100g/\$220

🌱 **P8689 Plants:** Plug pack: 12/\$12



**Cuore Di Bue
Tomato**

CUORE DI BUE TOMATO

Solanum lycopersicum 'Cuore di Bue'

A S E

(Oxheart tomato) For the true dirt cognoscenti this is the only tomato worth growing. It is a big meaty beefsteak type, almost seedless, with smooth skin and a distinctive shape like a heart. And *che sapore!* The flavour is so very good. The pink-red flesh is succulent and aromatic. This Italian classic is unsurpassed in salads such as *Insalata Caprese*, and it is great for sauces, salsas and canning. Needs staking. 70 days.

☀ **S8689-780 Seeds:** Pkt/\$2.50, 10g/\$9, 100g/\$70

CURRENT TOMATO

Solanum pimpinellifolium

A S E

Indeterminate, vigorous vines with heavy foliage, red or yellow currant-sized fruits grow in clusters, intensely sweet flavour, perfect for relish trays, salads and snacking. Some staking required.

—RED 65 days.

☀ **S8689-801 Seeds:** Pkt/\$3.75, 10g/\$45, 100g/\$340

—YELLOW 75 days. Less acidic than red.

☀ **S8689-901 Seeds:** Pkt/\$3.75, 10g/\$45, 100g/\$340

🌱 **P8689-900 Plants:** Plug pack: 12/\$12

GREAT WHITE TOMATO

Solanum lycopersicum 'Great White'

A S E

Large juicy fruit with tender skin. Low acid, fairly sweet. Grows a greenish-white but may blush if it stays on the plant long enough. Excellent for eating fresh sliced on a sandwich, and not too wet to add to a salad. 75 days to maturity.

☀ **S8689-841 Seeds:** Pkt/\$3.25, 10g/\$40, 100g/\$285

GREEN ZEBRA TOMATO

Solanum lycopersicum 'Green Zebra'

A S E

A delicious addition to the summer salad bowl, green striped fruits with golden blush are full of tart, luscious flavour. Not an heirloom, but deserving a place with them, it produces 3-4 oz fruits over a long season. 72 days to maturity.

☀ **S8689-851 Seeds:** Pkt/\$3.25

INDIGO ROSE TOMATO

Solanum lycopersicum 'Indigo Rose'

A S E

One of the darkest tomatoes known: it gets almost as dark as a plum when direct sunlight can reach the young fruits as they develop. The flavour is rich and deeply satisfying, with — well — a hint of plum! The fruits get dark because they accumulate anthocyanin compounds that have potent antioxidant properties important for good health. Indeterminate habit; needs support. 100 days.

☀ **S8689-856 Seeds:** Pkt/\$3.75

JAPANESE BLACK TRIFLE TOMATO

Solanum lycopersicum 'Japanese Black Trifle'

A S E

Russian heirloom first brought to the West in 1999. The variety name was badly translated and should really be "Japanese Black Truffle". The beautiful dark plump pear-shaped fruits do vaguely resemble chocolate truffles. This is one great tasting, hearty tomato with sweet dense flesh and relatively few seeds. Excellent for fresh use in salads, for salsa, and for canning. Indeterminate habit; needs supports. 100 days.

☀ **S8689-858 Seeds:** Pkt/\$3.75

EVERGREEN TOMATO

Solanum lycopersicum 'Evergreen'

A S E

Old variety introduced by Gleckler Seedsmen in 1956. The Gleckler catalogue described it as a "strange tomato that refuses to change colour" and only turns a pale yellowish green when ripe. But the green ripe tomatoes are delicious, fleshy, and "very fine for slicing and frying and especially for making delicious preserves." Fruits are medium-large, 10-16 ounces. Indeterminate vines. 72-80 days.

☀ **S8689-871 Seeds:** Pkt/\$3.75, 10g/\$30

MARVEL STRIPED TOMATO

Solanum lycopersicum

A S E

From the Zapotec people, a traditional and rare tomato that sets beautiful reddish orange fruit set with stripes of gold. Sweet, juicy and flavourful, with a thin skin, perfect for salads. Indeterminate. 90-110 days.

☀ **S8689-911 Seeds:** Pkt/\$3.25



**Mortgage Lifter
Tomato**

New! MORTGAGE LIFTER TOMATO

Solanum lycopersicum 'Mortgage Lifter'

A S E

Called the "Mortgage Lifter" because, in the 1920s, William Estler in Virginia was able to avert bankruptcy by selling enough plants to pay off his mortgage. His beefsteak-like variety was in such demand because it produced so well. The meaty tomatoes are not the prettiest around but they get up to 1-2 pounds in size. Indeterminate. 95 days.

☀ **S8689-921 Seeds:** Pkt/\$3.75, 10g/\$35, 100g/\$255

GARDEN PEACH TOMATO

Solanum lycopersicum 'Garden Peach'

A S E

Small round fruited heirloom tomato, yellow with a blush of pink, and a slight peach-like fuzz. Tomatoes are sweet and meaty when picked ripe off the vine. But when picked green just before frost, the fruits keep for up to 4 months, and the flavour improves with storage. Perfect for slicing, salsa or in salads. Kim at Richters grew it in her garden and says that it is very prolific: one or two plants are all that is needed. Indeterminate vines. 75-85 days.

☀ **S8689-941 Seeds:** Pkt/\$3.75, 10g/\$40, 100g/\$285

🌱 **P8689-940 Plants:** Plug pack: 12/\$12

PINEAPPLE TOMATO

Solanum lycopersicum 'Pineapple'

A S E

Beefsteak heirloom variety with massive ribbed yellow, orange and red fruits. The juicy sweet yellow flesh has streaks of pink and red radiating throughout, making each slice a unique canvas. Tomatoes can get up to a whopping 2 pounds. Indeterminate vines. 75-95 days.

🌱 **S8689-961 Seeds:** Pkt/\$3.75, 10g/\$40, 100g/\$285

P8689-960 Plants: Plug pack: 12/\$12

RIESENSTRAUBE TOMATO

Solanum lycopersicum 'Riesenstraube'

A S E

The name of this German heirloom translates as "giant bunch of grapes." It produces clusters of grape-sized tomatoes, up to 20-40 per cluster. The flavour is surprisingly rich, something like the more weighty flavour of a beefsteak tomato. Compact, indeterminate vines. 76-85 days.

🌱 **S8689-991 Seeds:** Pkt/\$3.75, 10g/\$45, 100g/\$335

P8689-990 Plants: Plug pack: 12/\$12

ROMA TOMATO

Solanum lycopersicum 'Roma'

A S E

Small, plum shaped bright red fruit that is thick walled with meaty interior and few seeds. Fine tomato flavour that is excellent for paste, sauce, canning or freezing whole. Very prolific. 75 days.

🌱 **S8690-001 Seeds:** Pkt/\$3.25, 10g/\$11, 100g/\$80, 1kg/\$580

P8690 Plants: Plug pack: 12/\$12



SPECKLED ROMAN TOMATO

Solanum lycopersicum 'Speckled Roman'

A S E

A sleek oblong medium-sized tomato with wavy orange-yellow streaks. The flesh is sweet, meaty and firm, with few seeds. It was an accidental cross between two heirlooms, Antique Roman and Banana Legs, discovered by American home gardener John Swenson in the 1990s. Heavy producer. Indeterminate habit; needs support. 75-85 days.

🌱 **S8690-201 Seeds:** Pkt/\$3.75

STUPICE TOMATO

Solanum lycopersicum 'Stupice'

A S E

It may have a funny name but it is a seriously good heirloom tomato, from the old Czechoslovakia. The name is pronounced "stoo-pee-zeh". Produces bright red tomatoes the size of golf balls, in nice clusters, even in cool weather. Excellent for salads and sandwiches. Indeterminate vines, potato-leaf type. 52-85 days.

🌱 **S8690-901 Seeds:** Pkt/\$3.75, 10g/\$40, 100g/\$285

P8690-900 Plants: Plug pack: 12/\$12

SWEETIE TOMATO

Solanum lycopersicum 'Sweetie'

A S E

Bright red fruit of over 2.5cm/1" in diameter are unusually sweet and flavourful with a high vitamin C content. Plants grow tall, so staking is recommended as the vine bears fruit in long clusters of 12 to 20 fruits. Great for snacking, salads and low sugar preserves. One of our favourite cherry tomatoes! 65 days.

🌱 **S8691-001 Seeds:** Pkt/\$3.75, 10g/\$29, 100g/\$220

P8691 Plants: Plug pack: 12/\$12

TANGERINE TOMATO

Solanum lycopersicum 'Tangerine'

A S E

Beautiful yellow-orange beefsteak tomato with a tangerine shape, meaty flesh and a sweet tart flavour. Introduced to the American market by Burpee in the 1930s. Excellent slicer, up to 10cm/4" across. Heavy yielder. Indeterminate vines. 80-85 days.

🌱 **S8691-501 Seeds:** Pkt/\$3.75, 10g/\$40, 100g/\$285

THESSALONIKI TOMATO

Solanum lycopersicum 'Thessaloniki'

A S E

Variety developed by the Greek government in the 1950s. Red tomatoes are uniform, the size of baseballs, smooth and solid. Protected by dense foliage from the harsh sun, the fruits don't suffer sunburn or cracks and spots as much as other varieties. Mild flavour. Indeterminate vines. 66-80 days.

🌱 **S8691-601 Seeds:** Pkt/\$3.75, 10g/\$30

WATERMELON BEEFSTEAK TOMATO

Solanum lycopersicum 'Watermelon Beefsteak'

A S E

Developed more than 100 years ago by American seedsman George Gleckler, this is one whopping big tomato! A single tomato can weigh up to 2 pounds or more, and a single vine can produce 50 pounds of fruit. Tomatoes are meaty and absolutely delicious, with deep pink skins and purple-red flesh. Vines are indeterminate, so be sure to stake them. 75-95 days.

🌱 **S8691-801 Seeds:** Pkt/\$3.75, 10g/\$40, 100g/\$285

P8691-800 Plants: Plug pack: 12/\$12

WHITE CHERRY TOMATO

Solanum lycopersicum 'White Cherry'

A S E

Huge yields of pale-yellow cherry tomatoes with a pleasant, mild taste. Vines are indeterminate with an overall compact growth habit that makes it easy on the back to pick from. 60 days.

🌱 **S8691-901 Seeds:** Pkt/\$3.75, 10g/\$45, 100g/\$335

TURNIP, GOLD BALL

Brassica napus 'Gold Ball'

A S E

An heirloom variety from the 1850s with yellow skin and golden-yellow flesh. The roots can reach 10cm/4" in diameter but for best flavour and sweetness dig them when they are 8cm/3". The flavour is mild and nutty and the texture is incredible. Turnip-haters often find that they actually like this variety. Good keeper for winter storage. 45 days.

🌱 **S8693-001 Seeds:** Pkt/\$2.50



WATERMELON, CRIMSON SWEET

Citrullus lanatus 'Crimson Sweet'

A S E

Produces 10kg/25lb fruits with juicy flesh that is bright red with old fashioned sweet flavour and fine texture. Great for slicing, in fruit salads and juicing...the rind is quite thick and lends itself to being its own tureen or punch bowl for soups and summer libation. 85 days.

🌱 **S8695-001 Seeds:** Pkt/\$2.50, 10g/\$7, 100g/\$40, 1kg/\$290

WATERMELON, RED MOON & STARS

Citrullus lanatus 'Red Moon & Stars'

A S E

An heirloom variety with large 40-pound dark-green oval fruits speckled with bright-yellow star and moon-shaped splashes. The bright red flesh is very sweet. The leaves are also speckled. 95-100 days.

🌱 **S8696-001 Seeds:** Pkt/\$2.50, 10g/\$9, 100g/\$70, 1kg/\$510

WATERMELON, YELLOW MOON & STARS

Citrullus lanatus 'Yellow Moon & Stars'

A S E

A rare family heirloom from Georgia with white seeds and yellow flesh of excellent flavour. Some think this is the melon that used to be shipped years ago from Bermuda to some Southern states around Christmas time. The fruits are 45-60cm/18-24 in. long, and can get up to over 10kg. Some disease and drought tolerance. 90-95 days.

🌱 **S8696-101 Seeds:** Pkt/\$2.50, 10g/\$9, 100g/\$70, 1kg/\$510

Home & Garden

ROOT-A-MAKER™ Natural Rooting Powder

If you start your own cuttings, this is the best rooting aid we have ever seen - and it's 100% natural! Compared to synthetic chemical rooting hormones, our tests show that Root-A-Maker makes cuttings root faster, and they grow on to be healthier and stronger plants. Made with Canadian organic humic acids and a special naturally-fungicidal clay, Root-A-Maker not only stimulates root formation, it protects the cut tissue from infection as the callus and roots form. Use it exactly like conventional artificial rooting hormones: just dip the cutting in the powder and plant.

HW200 Rooting powder (40g): \$12



MAXICROP SEAWEED

Contains natural growth hormones, vitamins and all trace elements needed by plants. Used in conjunction with your regular fertilizer it will increase yields, improve frost and disease resistance, retard senescence, and increase chlorophyll content. Seeds soaked in seaweed germinate better and develop thicker roots. Applied when growing conditions are extreme it relieves stress and encourages new growth.

T1110 Liquid (Can, US only): 910mL (makes 100L) \$23

T1120 Powder: 15g (makes 15L) \$4, 100g \$12



QR-HERBAL COMPOST MAKER

An amazing compost maker from England, made from 7 herbal ingredients which break down vegetable waste, manure and even garbage into rich organic compost. Satisfied customers tell us they use QR in the barn to control odour and flies.

T1300 Compost maker: \$7



PotMaker®

PotMaker is ideal for starting young plants, seedlings or cuttings. Easy to use, and easy to sell in this age of concern for the environment. Helps recycle newspaper and lessens the need for plastics used to make most garden pots available today.

PotMaker design and trademark registered Otto Richter and Sons Limited. All rights reserved.

Makes biodegradable plant pots from newspaper!



SCANMASK

(Can, US only)

Predatory nematodes attack over 230 species of soil and boring insects including cutworms, gypsy moth larvae, grubs and weevils. Excellent against fungus gnats. Harmless to humans, pets, plants, earthworms, bees and ladybugs; can be used indoors. Apply 1 tub or 10 million nematodes per 20-38m² or 200-380 sq.ft.

T2600 Live nematodes (Apr-Nov shipment): 10 million/\$40



VINYL LABELS

Long lasting, weatherproof labels made of sunproof vinyl. Will outlast any styrene, plastic or wood labels. Mixed colours — not available in separate colours. Comes with waterproof, sunproof, permanent black marker.

T3500 Labels: Pkg of 50/\$11, Pkg of 1000/\$79

POTMAKER®

Makes biodegradable plant pots from newspaper! PotMaker makes plant pots from strips of old newspaper, ideal for starting young plants, seedlings or cuttings. PotMaker is easy to use - with just a twist of the wrist anyone can make pots, even a child. Helps recycle newspaper and lessens the need for plastics used to make plastic garden pots.

PotMakers make great gifts for your gardening friends. And if you need something new for your next fundraiser, order a case of PotMakers wholesale and sell them at a profit! See below for wholesale pricing.

PotMaker design and trademark registered Otto Richter and Sons Limited.

N3900-012 Display: 12/\$108

N3900-020 Case: 20/\$165

T3900 PotMaker: \$13.95/each



A Richters Original!

"The Potmaker turns newspaper into something useful right in front of your eyes. How many eco-friendly products can claim that?" - *Otto Richter, founder of Richters herbs and the Inventor of the PotMaker*

Sell PotMaker at your next fundraiser!



Of The Kitchen

HERB SCISSORS

Five stainless steel blades make short work of cutting fresh herbs. It is so simple: with just a few snips you have fresh herbs for salads, soups, omelettes, etc. Comes with a blade cleaner. Made in Germany.

T4030 Kitchen: \$22



MRS. RICHTER'S SPECIAL HERBAL TEA BLEND

Exquisite blend of five herbs, painstakingly harvested and dried in Mrs. Richter's special way. Its unique flavour and aroma will please all who try it. Both refreshing and relaxing — a special delight for anytime.

N7000 Tea blend: 20g/\$6, 100g/\$19



RENESENCE™

Rene Caisse's famous tonic tea prepared according to Dr. Gary Glum's recipe. Our blend contains high quality organically grown or wildcrafted herbs mixed exactly to Dr. Glum's directions. Contains burdock, slippery elm, sheep sorrel and Chinese rhubarb (also known as 'Turkey rhubarb').

N5000 Herb mix: 50g (20 day supply)/\$19, 1kg/\$105

SWEDENBITTERS

Healing Gift from Sweden! The recipe given by the famous herbalist, Maria Treben, in her book, *Health From God's Garden*. "There is hardly any illness where Swedish Bitters is not of benefit" (excerpt from Maria Treben's book).

N4120 Powder: 35g (makes 700 mL)/\$28



THE GARLIC CHOP

The Garlic Chop is an ingenious hand tool for mincing garlic cloves with just a few simple twists of the hands. Within seconds fresh garlic is perfectly chopped and ready to use. There are two parts with strong plastic teeth that rotate to cut up the garlic. Easy to use, easy to clean, and dishwasher safe.

T4040 Kitchen: \$12



Fragrance & Flavour

Herbal Oils

Pure essential oils and fragrance oils from natural sources only.

Fragrance oils, denoted by an (F), are intended for scent purposes only and not for internal use.—CAUTION: Most essential oils can cause severe irritation if applied to the skin or ingested in their pure form. Essential oils should always be diluted in a carrier oil such as almond oil or olive oil before use.

T5040	Basil	4mL/\$6, 25mL/\$39
T5050	Bergamot	4mL/\$6, 25mL/\$33
T5052	Camphor	4mL/\$5, 25mL/\$15
T5055	Caraway	4mL/\$5, 25mL/\$20
T5062	Cedarwood	4mL/\$5, 25mL/\$15
T5065	Cinnamon, Leaf	4mL/\$5, 25mL/\$15
T5070	Citronella	4mL/\$5, 25mL/\$15
T5080	Clove	4mL/\$5, 25mL/\$22
T5085	Cypress	4mL/\$6, 25mL/\$28
T5100	Eucalyptus	4mL/\$5, 25mL/\$15
T5105	Eucalyptus, Lemon	4mL/\$5, 25mL/\$15
T5156-300	Grapefruit, Pink	4mL/\$5, 25mL/\$17
T5156	Ginger	4mL/\$5, 25mL/\$30
T5157	Hibiscus(F)	4mL/\$5, 25mL/\$15
T5160	Honeysuckle(F)	4mL/\$5, 25mL/\$15
T5170	Jasmine(F)	4mL/\$5, 25mL/\$15
T5173	Jojoba	4mL/\$5, 25mL/\$20
T5175	Juniper Berry	4mL/\$15, 25mL/\$85
T5180	Lavender	4mL/\$5, 25mL/\$15
T5200	Lemongrass	4mL/\$5, 25mL/\$15
T5210	Lilac(F)	4mL/\$5, 25mL/\$15
T5220	Lily of the Valley(F)	4mL/\$5, 25mL/\$15
T5230	Magnolia(F)	4mL/\$5, 25mL/\$15
T5240	Musk, Dark(F)	4mL/\$5, 25mL/\$15
T5250	Nutmeg	4mL/\$6, 25mL/\$32
T5290	Sweet Orange	4mL/\$5, 25mL/\$15
T5295	Oregano	4mL/\$11, 25mL/\$58
T5300	Patchouli	4mL/\$5, 25mL/\$20
T5310	Peppermint	4mL/\$5, 25mL/\$20
T5315	Petitgrain	4mL/\$5, 25mL/\$20
T5321	Pine, White	4mL/\$5, 25mL/\$15
T5330	Rosemary	4mL/\$5, 25mL/\$18
T5340	Rose(F)	4mL/\$5, 25mL/\$15
T5342	Rose Geranium	4mL/\$10, 25mL/\$56
T5350	Sage	4mL/\$6, 25mL/\$25
T5370	Spearmint	4mL/\$5, 25mL/\$15
T5380	Tangerine	4mL/\$5, 25mL/\$15
T5382	Tea Tree	4mL/\$5, 25mL/\$15
T5385	Thyme	4mL/\$6, 25mL/\$32
T5387	Vanilla(F)	4mL/\$5, 25mL/\$15
T5388	Vetiver	4mL/\$17, 25mL/\$90
T5390	Wintergreen	4mL/\$5, 25mL/\$18
T5395	Ylang-Ylang	4mL/\$6, 25mL/\$32

Plug Packs & Trays

Richters plugs make it easy and economical to plant a beautiful landscape. If you are a commercial grower they make it easy to plant a field or grow potted plants to sell. Plug packs come 12 plugs per pack and are shipped April-November. Minimum pack order is 2 packs. Order early to avoid disappointment! Plug trays are planted to order in 96 cell trays (counted as 90 plugs). Shipped from March to November. No cancellations after 4 weeks of order. Check our Ordering Information page for our plug tray cancellation policy. Please allow at least 8 weeks for delivery.

Herb Plugs

P1130	Angelica	Tray/\$95
P1145	Anise-Hyssop	Pack/\$15, Tray/\$55
P1210	Ashwagandha	Tray/\$95
P1232	Aztec Sweet Herb	Pack/\$15, Tray/\$65
P1235-600	Bacopa	Pack/\$15, Tray/\$65
P1240	Balm, Lemon	Pack/\$15, Tray/\$55
P1240-900	Balm, Lime	Tray/\$65
P1256	Basil, Spicy Globe	Tray/\$50
P1273	Basil, Genovese	Pack/\$12, Tray/\$55
P1273-700	Basil, Red Genovese	Pack/\$12, Tray/\$65
P1280	Basil, African Blue	Pack/\$15, Tray/\$65
P1280-700	Basil, Ajaka	Pack/\$15, Tray/\$65
P1290	Basil, Thai	Pack/\$12, Tray/\$55
P1300	Bay Laurel	Pack/\$24, Tray/\$120
P1335	Bedstraw, Yellow	Tray/\$85
P1380	Bergamot	Pack/\$15, Tray/\$55
P1380-050	Bergamot, Blue Stocking	Pack/\$15, Tray/\$80
P1380-500	Bergamot, Marshalls Delight	Pack/\$15, Tray/\$80
P1380-800	Bergamot, Rose-Scented	Pack/\$15, Tray/\$80
P1381	Bergamot, Red	Pack/\$15, Tray/\$80
P1390	Betony	Tray/\$60
P1467	Boneset	Tray/\$85
P1670	Catnip	Pack/\$15, Tray/\$55
P1671	Catnip, Faassens	Tray/\$60
P1678-800	Chamomile, Double	Pack/\$18, Tray/\$80
P1679	Chamomile, English	Pack/\$18, Tray/\$80
P1682	Chamomile, Roman	Pack/\$15, Tray/\$55
P1790	Chives	Pack/\$15, Tray/\$55
P1790-300	Chives, Grolau	Tray/\$55
P1793	Chives, Garlic	Pack/\$15, Tray/\$55
P1794	Chives, Mauve Garlic	Tray/\$55
P1798	Cicely, Sweet	Pack/\$18, Tray/\$90
P1800	Clary	Tray/\$60
P1825	Clove-Pink	Pack/\$15, Tray/\$55
P1829	Clover Dragons Blood	Pack/\$15, Tray/\$55
P1891	Coriander, Vietnamese	Pack/\$15, Tray/\$65
P1892	Coriander, Mexican	Tray/\$80
P2061	Curry Plant, Miniature	Pack/\$15, Tray/\$65
P2182	Dock, Bloody	Pack/\$15, Tray/\$60
P2280	Echinacea	Pack/\$15, Tray/\$65
P2280-500	Echinacea, White Swan	Pack/\$15, Tray/\$65
P2281	Echinacea, Narrowleaf	Pack/\$15, Tray/\$65
P2480	Feverfew	Pack/\$15, Tray/\$60
P2725	Fo-Ti	Pack/\$15, Tray/\$65
P2840-080	Geranium, Attar of Roses	Tray/\$120
P2840-190	Geranium, Chocolate Mint	Tray/\$120
P2840-205	Geranium, Citrosa	Tray/\$120
P2840-700	Geranium, Rose	Tray/\$120
P2858	Germander	Pack/\$15, Tray/\$55
P2905	Wolfberry (Gojiberry), Black	Pack/\$24, Tray/\$120
P2950	Good King Henry	Pack/\$15, Tray/\$75
P3000	Gotu Kola	Pack/\$15, Tray/\$65
P3090	Gynura	Pack/\$18, Tray/\$80
P3340	Horehound	Pack/\$15, Tray/\$55
P3470	Hyssop	Pack/\$15, Tray/\$55
P3508	Jessamine, Night Blooming	Pack/\$18, Tray/\$75
P3605	Lamb's Ear, Woolly	Pack/\$15, Tray/\$55
P3625	Lavender, English	Pack/\$15, Tray/\$75
P3627	Lavender, Hidcote	Pack/\$15, Tray/\$70

P3628	Lavender, Munstead	Pack/\$15, Tray/\$70
P3629	Lavender, Rosea	Pack/\$15, Tray/\$70
P3632	Lavender, Twickle Purple	Tray/\$95
P3635-500	Lavender, Kew Red	Pack/\$18, Tray/\$90
P3636-400	Lavender, Fred Boutin	Pack/\$18, Tray/\$95
P3637	Lavender, Provence	Tray/\$95
P3637-450	Lavender, Seal	Pack/\$18, Tray/\$95
P3638	Lavender, Spanish	Tray/\$65
P3638-500	Lavender, Goodwin Creek	Pack/\$15, Tray/\$85
P3680	Lemongrass	Pack/\$24, Tray/\$120
P3780	Lovage	Pack/\$18, Tray/\$65
P3889-500	Marigold, Tarragold	Pack/\$15, Tray/\$65
P3910	Marjoram, Sweet	Tray/\$55
P3914	Marjoram, Variegated	Tray/\$85
P3920	Marshmallow	Tray/\$55
P3965	Meadowsweet	Tray/\$85
P4000	Mint, Apple	Pack/\$15, Tray/\$65
P4005-500	Mint, Banana	Pack/\$15, Tray/\$65
P4006-300	Mint, Chocolate	Pack/\$15, Tray/\$65
P4010	Mint, English	Pack/\$15, Tray/\$65
P4015	Mint, Ginger	Pack/\$15, Tray/\$70
P4018	Mint, Grapefruit	Pack/\$15
P4019	Mint, Hillary's Lemon	Pack/\$15, Tray/\$75
P4019-100	Mint, Berries and Cream	Pack/\$15, Tray/\$75
P4019-340	Mint, Candied Fruit	Tray/\$75
P4019-350	Mint, Candy Lime	Pack/\$15, Tray/\$75
P4019-360	Mint, Candytops	Tray/\$75
P4019-368	Mint, Citrus Kitchen	Pack/\$15, Tray/\$75
P4019-370	Mint, Cotton Candy	Tray/\$75
P4019-380	Mint, Jim's Fruit	Tray/\$75
P4019-450	Mint, Margarita	Pack/\$15, Tray/\$75
P4019-470	Mint, Marilyn's Salad	Pack/\$15, Tray/\$75
P4019-600	Mint, Oregano Thyme	Tray/\$75
P4019-800	Mint, Sweet Pear	Pack/\$15, Tray/\$75
P4019-900	Mint, Wintergreen	Pack/\$15, Tray/\$75
P4025	Mint, Mojito	Pack/\$15, Tray/\$80
P4028	Mint, Orange	Pack/\$15, Tray/\$65
P4030	Mint, Peppermint	Pack/\$15, Tray/\$60
P4030-800	Mint, Var Peppermint	Pack/\$15, Tray/\$70
P4032	Mint, Pineapple	Pack/\$15, Tray/\$65
P4039	Mint, Moroccan	Pack/\$15, Tray/\$60
P4040	Mint, Spearmint	Pack/\$15, Tray/\$60
P4042	Mint, Improved Spearmint	Pack/\$15, Tray/\$65
P4044	Mint, Scotch Spearmint	Tray/\$65
P4052	Mint, Swiss	Tray/\$65
P4053	Mint, Vietnamese	Pack/\$15, Tray/\$65
P4100	Motherwort	Tray/\$65
P4270	Nettle, Stinging	Pack/\$15, Tray/\$55
P4314	Oregano, Golden	Pack/\$15, Tray/\$65
P4315	Oregano, Greek	Pack/\$15, Tray/\$60
P4315-150	Oregano, Kaliteri Greek	Pack/\$15, Tray/\$75
P4315-200	Oregano, Herrenhausen	Tray/\$75
P4315-300	Oregano, Italian	Pack/\$15, Tray/\$75

**New for 2017
Deeper Plugs!**



P4316-800	Oregano, Zorba Red	Pack/\$15, Tray/\$75
P4350	Parsley, Mosscurled	Pack/\$12, Tray/\$55
P4367	Parsley, Italian	Pack/\$12, Tray/\$55
P4440-100	Passion Flower, American	Tray/\$100
P4450	Patchouli	Pack/\$24, Tray/\$120
P4460	Pennyroyal	Tray/\$55
P4463-500	Pennyroyal, Snowcones Purple	Tray/\$60
P4463-700	Pennyroyal, Spice Ball	Tray/\$60
P4470-120	Pepper, Ancho Pablano	Pack/\$12
P4470-320	Pepper, Cayenne Chili	Pack/\$12
P4470-450	Pepper, Habanero	Pack/\$12
P4470-460	Pepper, White Habanero	Pack/\$12
P4470-500	Pepper, Jalapeno	Pack/\$12
P4470-750	Pepper, Scotch Bonnet	Pack/\$12
P4470-900	Pepper, Thai Chili	Pack/\$12
P4470-950	Pepper, Tobasco	Pack/\$12
P4761	Pyrethrum, Painted Daisy	Tray/\$55
P5030	Rosemary	Pack/\$15, Tray/\$75
P5031	Rosemary, Arp	Pack/\$18, Tray/\$80
P5031-700	Rosemary, Barbecue	Pack/\$15, Tray/\$80
P5033-800	Rosemary, Foxtail	Pack/\$18, Tray/\$80
P5034-500	Rosemary, Gorizia	Pack/\$18, Tray/\$80
P5034-600	Rosemary, Hill Hardy	Pack/\$18, Tray/\$80
P5034-700	Rosemary, Huntington Carpet	Pack/\$18, Tray/\$80
P5037-420	Rosemary, Pink Majorca	Pack/\$18, Tray/\$80
P5037-500	Rosemary, Rex	Pack/\$18, Tray/\$80
P5037-900	Rosemary, Santa Barbara	Pack/\$18, Tray/\$80
P5038-500	Rosemary, Spice Island	Pack/\$18, Tray/\$80
P5039	Rosemary, Tuscan Blue	Pack/\$18, Tray/\$80
P5164-060	Sage, Cherry Chief	Pack/\$15, Tray/\$75
P5164-070	Sage, Lowry's Peach	Tray/\$75
P5164-073	Sage, Raspberry Royale	Tray/\$75
P5170	Sage, Garden	Pack/\$15, Tray/\$55
P5170-300	Sage, Berggarten	Pack/\$15, Tray/\$65
P5171	Sage, Golden	Pack/\$15, Tray/\$65
P5171-500	Sage, Holt's Mammoth	Tray/\$65
P5172	Sage, Purple	Pack/\$15, Tray/\$65
P5173	Sage, Tricolor	Pack/\$15, Tray/\$65
P5175	Sage, Honey Melon	Pack/\$15, Tray/\$75
P5178	Sage, Mexican Bush	Pack/\$18, Tray/\$85
P5180	Sage, Pineapple	Pack/\$15, Tray/\$65
P5189	Sage, Tangerine	Tray/\$75
P5190	Sage, White	Pack/\$18, Tray/\$100
P5191	Sage, Russian	Pack/\$15, Tray/\$75
P5195	St. John's Wort	Tray/\$60
P5280-200	Santolina	Pack/\$15, Tray/\$70
P5289	Savory, Creeping	Tray/\$65
P5300	Savory, Winter	Pack/\$15, Tray/\$65
P5360	Scullcap	Tray/\$55
P5680	Sorrel, Garden	Tray/\$55
P5696	Sorrel, True French	Tray/\$80
P5710	Southernwood	Tray/\$65
P5715	Southernwood, Camphor	Tray/\$85
P5720	Southernwood, Citrus	Tray/\$85
P5811	Speedwell, Creeping	Pack/\$18, Tray/\$85
P6080	Strawberry, Alpine	Pack/\$15, Tray/\$55
P6200	Tarragon, French	Pack/\$18, Tray/\$80
P6440	Thyme, Caraway	Tray/\$55
P6450	Thyme, English	Pack/\$15, Tray/\$55
P6452	Thyme, Compact	Pack/\$15, Tray/\$65
P6455	Thyme, French	Pack/\$15, Tray/\$55
P6456	Thyme, Silver	Pack/\$15, Tray/\$65
P6458	Thyme, Lemon Carpet	Pack/\$15, Tray/\$70
P6459	Thyme, Creeping Lemon	Pack/\$15, Tray/\$65
P6460	Thyme, Lemon	Pack/\$15, Tray/\$65
P6462	Thyme, Golden Lemon	Pack/\$15, Tray/\$65
P6462-700	Thyme, Purple Carpet	Pack/\$15, Tray/\$65
P6463	Thyme, Creeping	Pack/\$15, Tray/\$65
P6464	Thyme, Lavender	Pack/\$15, Tray/\$65
P6464-250	Thyme, Lime	Tray/\$80
P6464-500	Thyme, Minus	Pack/\$18, Tray/\$70
P6465-700	Thyme, Orange Balsam	Pack/\$15, Tray/\$65
P6465-800	Thyme, Orange Spice	Pack/\$15, Tray/\$75
P6467-500	Thyme, Rose-Petal	Pack/\$15, Tray/\$65
P6470	Thyme, Wild	Pack/\$15, Tray/\$55
P6472	Thyme, Woolly	Pack/\$15, Tray/\$65
P6580	Valerian	Tray/\$55



P6605	Fish Mint	Tray/\$60
P6620	Verbena, Lemon	Pack/\$18, Tray/\$90
P6630	Vervain	Tray/\$85
P6631	Vervain, Blue	Tray/\$65
P6925	Wolfberry, Chinese (Gojiberry)	Pack/\$24, Tray/\$120
P6940	Woodruff, Sweet	Pack/\$18, Tray/\$85
P6960	Wormwood	Tray/\$55
P6981	Wormwood, Silver King	Pack/\$15, Tray/\$85
P6982	Wormwood, Silver Mound	Pack/\$18, Tray/\$85
P6982-500	Wormwood, Silver Queen	Tray/\$85
P7000	Yarrow	Pack/\$15, Tray/\$55
P7005	Yarrow, Red	Pack/\$15, Tray/\$55
P7190	Zuta Levana	Tray/\$90

Veggie Plugs

P8052	Broccoli, Calabrese	Pack/\$12
P8320	Eggplant, Japanese	Pack/\$12
P8340	Fennel, Florence	Pack/\$12
P8421	Kale, Lacinato	Pack/\$12
P8422	Kale, Russian Red	Pack/\$12
P8460	Leek	Pack/\$12
P8524	Onion, Walla Walla	Pack/\$12
P8531	Pepper, Cal Wonder	Pack/\$12
P8532	Pepper, Golden Cal Wonder	Pack/\$12
P8533	Pepper, Sweet Chocolate	Pack/\$12
P8685-300	Tomatillo, Cossack Pineapple	Pack/\$12
P8686	Tomato, Amish Paste	Pack/\$12
P8688	Tomato, Beefsteak	Pack/\$12
P8688-300	Tomato, Black Cherry	Pack/\$12
P8688-330	Tomato, Black Krim	Pack/\$12
P8688-350	Tomato, Black Prince	Pack/\$12
P8689	Tomato, Brandywine	Pack/\$12
P8689-900	Tomato, Yellow Currant	Pack/\$12
P8689-940	Tomato, Garden Peach	Pack/\$12
P8689-960	Tomato, Pineapple	Pack/\$12
P8689-990	Tomato, Riesenstraube	Pack/\$12
P8690	Tomato, Roma	Pack/\$12
P8690-900	Tomato, Stupice	Pack/\$12
P8691	Tomato, Sweetie	Pack/\$12
P8691-800	Tomato, Watermelon Beefsteak	Pack/\$12

Dried Herbs

Organic and Wildcrafted Dried Herbs!

Richters dried herbs are sourced from the best sources. They are either organic, or grown without chemicals by trusted growers, or wildcrafted. They are never fumigated or irradiated and never grown from genetically modified stock.

H1012	Agrimony herb cut	100g/\$10, 1kg/\$56
H1016	Ajowan seeds whole	100g/\$7, 1kg/\$42
H1020-100	Alfalfa leaf powder	100g/\$10, 1kg/\$62
H1020	Alfalfa leaf cut	100g/\$10, 1kg/\$56
H1100	Allheal herb cut	100g/\$12, 1kg/\$74
H1110	Allspice berries whole	100g/\$10, 1kg/\$62
H1130	Angelica root cut	100g/\$16, 1kg/\$110
H1140	Anise seeds whole	100g/\$8, 1kg/\$50
H1150	Arnica flower whole	10g/\$8, 100g/\$60, 1kg/\$440
H1200	Prickly Ash bark cut	100g/\$13, 1kg/\$92
H1210-100	Ashwagandha root cut	100g/\$12, 1kg/\$74
H1210	Ashwagandha root powder	100g/\$11, 1kg/\$74
H1235-600	Bacopa herb cut	100g/\$10, 1kg/\$56
H1240	Balm, Lemon leaves cut	100g/\$12, 1kg/\$80
H1251	Barberry rootbark cut	100g/\$10, 1kg/\$62
H1270	Basil, Sweet leaves cut	100g/\$11, 1kg/\$68
H1282	Basil, Indian (Vana Tulsi) lvs whole	100g/\$10, 1kg/\$62
H1285-100	Basil, Sacred (Rama Tulsi) lvs whole	100g/\$11, 1kg/\$68
H1285-500	Basil, Sacred (Krishna Tulsi) lvs whole	100g/\$10, 1kg/\$62
H1298	Bayberry rootbark cut	100g/\$13, 1kg/\$92
H1300-100	Bay Laurel leaves powder	100g/\$8, 1kg/\$56
H1300	Bay Laurel leaves whole	100g/\$15, 1kg/\$100
H1360	Benzoin gum powder	100g/\$11, 1kg/\$68
H1389	Bethroot root cut	100g/\$18, 1kg/\$120
H1390	Betony herb cut	100g/\$11, 1kg/\$68
H1410-050	Bilberry berries whole	100g/\$31, 1kg/\$210
H1410	Bilberry leaves cut	100g/\$10, 1kg/\$62
H1438	Blackberry root cut	100g/\$12, 1kg/\$80
H1450	Bloodroot root cut	100g/\$55, 1kg/\$400
H1467	Boneset herb cut	100g/\$11, 1kg/\$68
H1470	Borage herb cut	100g/\$12, 1kg/\$86
H1540	Buchu leaves cut	100g/\$22, 1kg/\$150
H1550	Buckthorn bark cut	100g/\$10, 1kg/\$56
H1563	Bupleurum root powder	100g/\$18, 1kg/\$130
H1567-100	Burdock roots cut	100g/\$11, 1kg/\$68
H1567-200	Burdock root powder	100g/\$12, 1kg/\$74
H1591-100	Cacao nibs powder	100g/\$12, 1kg/\$74
H1600-100	Calamus roots cut	100g/\$10, 1kg/\$62
H1600-200	Calamus roots powder	100g/\$12, 1kg/\$74
H1630	Calendula flowers whole	100g/\$16, 1kg/\$110
H1650	Caraway seeds whole	100g/\$8, 1kg/\$42
H1658-100	Cardamom fruits (green) powder	100g/\$22, 1kg/\$150
H1658	Cardamom fruits (green) whole	100g/\$18, 1kg/\$120
H1663	Carob beans whole	100g/\$8, 1kg/\$50
H1664	Cascara Sagrada bark cut	100g/\$10, 1kg/\$62
H1670	Catnip herb cut	100g/\$12, 1kg/\$80
H1672-100	Cat's Claw root bark powder	100g/\$8, 1kg/\$56
H1672-500	Cedar branches cut	100g/\$10, 1kg/\$62
H1673	Celandine leaves cut	100g/\$7, 1kg/\$56
H1678	Centaur herb cut	100g/\$8, 1kg/\$56
H1680	Chamomile, German flowers whole	100g/\$15, 1kg/\$100
H1710	Chaparral herb cut	100g/\$8, 1kg/\$50
H1712	Chastetree berries whole	100g/\$8, 1kg/\$50
H1715	Cherry, Wild bark cut	100g/\$10, 1kg/\$62
H1725	Chia seeds whole	100g/\$10, 1kg/\$56
H1730	Chickweed herb cut	100g/\$10, 1kg/\$56
H1740	Chicory, Wild root cut	100g/\$21, 1kg/\$140
H1798-500	Cinnamon bark whole	100g/\$15, 1kg/\$92
H1798-510	Cinnamon bark cut	100g/\$12, 1kg/\$100
H1798-520	Cinnamon bark powder	100g/\$12, 1kg/\$100
H1798-600	Cassia bark whole	100g/\$7, 1kg/\$36
H1798-610	Cassia bark cut	100g/\$8, 1kg/\$42
H1798-620	Cassia bark powder	100g/\$7, 1kg/\$36
H1820	Clivers herb cut	100g/\$10, 1kg/\$56
H1830-100	Clover, Red flowers whole	100g/\$22, 1kg/\$160

H1830	Clover, Red tops cut	100g/\$11, 1kg/\$74
H1831-050	Cloves buds powder	100g/\$16, 1kg/\$100
H1831	Cloves buds whole	100g/\$16, 1kg/\$110
H1839	Cohosh, Black root cut	100g/\$22, 1kg/\$150
H1840	Cohosh, Blue roots cut	100g/\$18, 1kg/\$120
H1848	Coltsfoot leaves cut	100g/\$11, 1kg/\$68
H1870-100	Comfrey, Common leaves cut	100g/\$10, 1kg/\$62
H1870-200	Comfrey, Common roots cut	100g/\$10, 1kg/\$62
H1890-100	Cilantro leaves cut	100g/\$7, 1kg/\$50
H1890	Coriander, Spice seed whole	100g/\$8, 1kg/\$42
H1980	Crampbark bark cut	100g/\$22, 1kg/\$160
H1990	Cranesbill root cut	100g/\$16, 1kg/\$110
H2042	Cryptolepis root cut	100g/\$25, 1kg/\$180
H2050	Cumin seeds whole	100g/\$10, 1kg/\$56
H2098	Damiana leaves cut	100g/\$11, 1kg/\$68
H2100-050	Dandelion leaf cut	100g/\$12, 1kg/\$80
H2100	Dandelion root cut	100g/\$13, 1kg/\$100
H2130-100	Devil's Claw roots powder	100g/\$12, 1kg/\$74
H2130	Devil's Claw roots cut	100g/\$11, 1kg/\$68
H2135	Devil's Club root bark cut	100g/\$25, 1kg/\$180
H2140	Dill herb cut	100g/\$12, 1kg/\$80
H2185	Dock, Curled roots cut	100g/\$10, 1kg/\$62
H2190	Dong Quai root powder	100g/\$17, 1kg/\$110
H2201	Dragons Blood resin cut	100g/\$32, 1kg/\$230
H2240	Dulse fronds flakes	100g/\$15, 1kg/\$92
H2280-100	Echinacea pur. roots cut	100g/\$18, 1kg/\$120
H2280-150	Echinacea pur. roots powder	100g/\$18, 1kg/\$120
H2281-050	Echinacea ang. roots cut	100g/\$21, 1kg/\$140
H2281-100	Echinacea ang. roots powder	100g/\$22, 1kg/\$150
H2300-050	Elder berries whole	100g/\$12, 1kg/\$74
H2300	Elder flowers whole	100g/\$15, 1kg/\$100
H2320	Elecampane roots cut	100g/\$12, 1kg/\$80
H2330-050	Elm, Slippery bark cut	100g/\$22, 1kg/\$150
H2330-100	Elm, Slippery bark powder	100g/\$23, 1kg/\$160
H2360	Eucalyptus leaves cut	100g/\$8, 1kg/\$50
H2390-100	Eyebright herb powder	100g/\$12, 1kg/\$86
H2420	Fennel, Sweet seeds whole	100g/\$8, 1kg/\$42
H2460	Fenugreek seeds whole	100g/\$7, 1kg/\$36
H2480	Feverfew leaves cut	100g/\$10, 1kg/\$62
H2602	Flag, Blue roots cut	100g/\$20, 1kg/\$130
H2700	Flax seeds whole	100g/\$7, 1kg/\$36
H2725	Fo-Ti root cut	100g/\$11, 1kg/\$68
H2740	Frankincense gum cut	100g/\$11, 1kg/\$68
H2780	Garlic powder	100g/\$10, 1kg/\$62
H2820	Gentian roots cut	100g/\$18, 1kg/\$120
H2862-100	Ginger root powder	100g/\$10, 1kg/\$62
H2862-500	Ginkgo leaves cut	100g/\$10, 1kg/\$62
H2862	Ginger root cut	100g/\$10, 1kg/\$62
H2863	Ginseng roots whole	10g/\$7, 100g/\$100, 1kg/\$770
H2864	Ginseng, Siberian root powder	100g/\$10, 1kg/\$56
H2920-050	Goldenseal roots cut	10g/\$7, 100g/\$60, 1kg/\$470
H2920-100	Goldenseal roots powder	10g/\$7, 100g/\$65, 1kg/\$480
H3000	Gotu Kola herb cut	100g/\$12, 1kg/\$74
H3048	Gum Arabic gum powder	100g/\$11, 1kg/\$74
H3120-200	Hawthorn leaf & flower cut	100g/\$10, 1kg/\$56
H3120	Hawthorn haw whole	100g/\$8, 1kg/\$50
H3300	Hops flowers whole	100g/\$25, 1kg/\$170
H3340	Horehound leaves cut	100g/\$11, 1kg/\$68
H3350	Horny Goat Weed leaf cut	100g/\$11, 1kg/\$68
H3355	Horse Chestnut nuts cut	100g/\$8, 1kg/\$50
H3360	Horseradish root cut	100g/\$16, 1kg/\$100
H3365	Horsetail herb cut	100g/\$10, 1kg/\$56
H3400	Hydrangea, American root cut	100g/\$11, 1kg/\$68





H3470	Hyssop herb cut	100g/\$10, 1kg/\$56
H3491	Indigo, Wild root cut	10g/\$6, 100g/\$30, 1kg/\$210
H3496	Irish Moss herb cut	100g/\$15, 1kg/\$100
H3510	Joe-Pye Weed root cut	100g/\$13, 1kg/\$86
H3520	Juniper berries whole	100g/\$10, 1kg/\$56
H3522	Juniper, One-seed berries whole	100g/\$16, 1kg/\$110
H3531	Kava Kava root cut	100g/\$18, 1kg/\$130
H3532	Kelp powder	100g/\$6, 1kg/\$36
H3536	Kola nuts cut	100g/\$8, 1kg/\$50
H3560	Kudzu root cut	100g/\$8, 1kg/\$50
H3600	Lady's Mantle herb cut	100g/\$12, 1kg/\$74
H3625-050	Lavender flowers whole	100g/\$18, 1kg/\$120
H3670	Lemon peel cut (Not to US)	100g/\$12, 1kg/\$74
H3680	Lemongrass herb cut	100g/\$10, 1kg/\$56
H3701-100	Licorice root cut	100g/\$11, 1kg/\$68
H3715	Linden leaves & flowers cut	100g/\$16, 1kg/\$110
H3744	Lobelia herb cut	100g/\$22, 1kg/\$150
H3750	Lomatium root cut	100g/\$18, 1kg/\$130
H3760	Lotus stamens whole	100g/\$22, 1kg/\$150
H3845	Maitake herb whole	100g/\$22, 1kg/\$160
H3867	Maralroot roots whole	100g/\$20, 1kg/\$120
H3910	Marjoram, Sweet leaf cut	100g/\$10, 1kg/\$56
H3920	Marshmallow root cut	100g/\$13, 1kg/\$92
H3960	Mayapple root cut	100g/\$11, 1kg/\$68
H3965	Meadowsweet herb cut	100g/\$11, 1kg/\$68
H3991	Astragalus root cut	100g/\$13, 1kg/\$86
H4030	Mint, Peppermint leaves cut	100g/\$11, 1kg/\$68
H4040	Mint, Spearmint leaves cut	100g/\$12, 1kg/\$80
H4069	Mistletoe leaves cut	100g/\$11, 1kg/\$68
H4100	Motherwort herb cut	100g/\$11, 1kg/\$68
H4120	Mugwort leaves cut	100g/\$11, 1kg/\$68
H4125-050	Mullein flowers whole	100g/\$27, 1kg/\$200
H4125	Mullein leaves cut	100g/\$10, 1kg/\$62
H4150	Mustard, White seeds whole	100g/\$6, 1kg/\$30
H4153	Mustard, Black seeds whole	100g/\$7, 1kg/\$36
H4180	Myrrh gum cut	100g/\$17, 1kg/\$110
H4270	Nettle, Stinging leaves cut	100g/\$11, 1kg/\$68
H4273	New Jersey Tea root cut	100g/\$11, 1kg/\$68
H4278-100	Nutmeg nuts powder	100g/\$22, 1kg/\$160
H4278	Nutmeg nuts whole	100g/\$25, 1kg/\$170
H4280	Oak, White bark cut	100g/\$10, 1kg/\$56
H4285	Oat straw whole	100g/\$11, 1kg/\$74
H4291	Olive leaves cut	100g/\$8, 1kg/\$50
H4299	Onion bulbs powder	100g/\$10, 1kg/\$62
H4311	Orange peel cut (Not to US)	100g/\$10, 1kg/\$62
H4315	Oregano, Greek leaves cut	100g/\$12, 1kg/\$80
H4318-500	Oregon Grape root cut	100g/\$10, 1kg/\$62
H4319-500	Orris roots cut	100g/\$10, 1kg/\$56
H4319	Orris roots powder	100g/\$16, 1kg/\$110
H4342	Paprika fruit powder	100g/\$8, 1kg/\$50
H4360	Parsley roots cut	100g/\$15, 1kg/\$100
H4370	Parsley leaves cut	100g/\$11, 1kg/\$68
H4440-100	Passion Flower, American herb cut	100g/\$12, 1kg/\$74
H4450	Patchouli leaves cut	100g/\$11, 1kg/\$80
H4455	Pau D'Arco bark cut	100g/\$8, 1kg/\$50
H4460	Pennyroyal herb cut	100g/\$10, 1kg/\$56
H4469-100	Pepper, Black corns powder	100g/\$13, 1kg/\$86
H4469-800	Pepper, Szechuan seed husks whole	100g/\$15, 1kg/\$100
H4469	Pepper, Black corns whole	100g/\$13, 1kg/\$86
H4470-300	Pepper, Bird's Eye fruits whole	100g/\$15, 1kg/\$92
H4470-320	Pepper, Cayenne Chile chile powder	100g/\$8, 1kg/\$50
H4474-900	Periwinkle herb cut	100g/\$10, 1kg/\$56
H4489	Pipsissewa herb cut	100g/\$10, 1kg/\$68

H4495	Plantain, Ribgrass herb cut	100g/\$8, 1kg/\$50
H4510	Pleurisy Root root cut	100g/\$16, 1kg/\$100
H4600	Pokeroot root cut	100g/\$13, 1kg/\$86
H4720	Poppy, California herb cut	100g/\$18, 1kg/\$120
H4757	Puccoon. Hoary roots cut	100g/\$12, 1kg/\$74
H4790	Quassia wood chips cut	100g/\$8, 1kg/\$50
H4830	Raspberry leaves cut	100g/\$10, 1kg/\$56
H4843	Rehmannia roots cut	100g/\$10, 1kg/\$56
H4900-100	Rhubarb, Chinese root powder	100g/\$15, 1kg/\$92
H4900	Rhubarb, Chinese root cut	100g/\$13, 1kg/\$92
H5014-100	Rose flowerbuds whole	100g/\$25, 1kg/\$170
H5014	Rose petals whole	100g/\$15, 1kg/\$100
H5020-050	Rose, Dog hips whole	100g/\$7, 1kg/\$36
H5020	Rose, Dog hips cut	100g/\$10, 1kg/\$56
H5030	Rosemary leaves cut	100g/\$8, 1kg/\$50
H5040	Roseroot roots cut	100g/\$18, 1kg/\$130
H5050	Rue herb cut	100g/\$12, 1kg/\$80
H5162	Saffron stamens whole	1g/\$30
H5170	Sage, Garden leaves cut	100g/\$10, 1kg/\$62
H5186-700	Sage, Red roots cut	100g/\$10, 1kg/\$56
H5195-050	St John's Wort tops cut	100g/\$10, 1kg/\$56
H5285	Sassafras bark cut	100g/\$18, 1kg/\$130
H5290-100	Savory, Summer leaves whole	100g/\$16, 1kg/\$110
H5290	Savory, Summer leaves powder	100g/\$12, 1kg/\$74
H5320	Saw Palmetto berries cut	100g/\$12, 1kg/\$74
H5345	Schisandra berries whole	100g/\$12, 1kg/\$86
H5360	Scullcap herb cut	100g/\$17, 1kg/\$110
H5374-500	Sea Lettuce fronds flakes	100g/\$16, 1kg/\$100
H5390	Sesame seeds whole	100g/\$6, 1kg/\$36
H5420	Shepherd's Purse herb cut	100g/\$8, 1kg/\$50
H5475	Soapberry nuts whole	100g/\$7, 1kg/\$36
H5688-050	Sorrel, Sheep root cut	100g/\$90, 1kg/\$660
H5688-100	Sorrel, Sheep herb powder	100g/\$15, 1kg/\$100
H5688	Sorrel, Sheep herb cut	100g/\$13, 1kg/\$92
H5850	Spikenard root cut	100g/\$18, 1kg/\$120
H6020	Partridgeberry herb cut	100g/\$25, 1kg/\$190
H6025-100	Star Anise fruit powder	100g/\$13, 1kg/\$86
H6025	Star Anise fruit whole	100g/\$11, 1kg/\$80
H6050	Stoneroot roots whole	100g/\$12, 1kg/\$80
H6180	Tansy herb cut	100g/\$8, 1kg/\$56
H6200	Tarragon, French leaves whole	100g/\$25, 1kg/\$190
H6290	Thistle, Blessed herb cut	100g/\$10, 1kg/\$62
H6450	Thyme herb cut	100g/\$11, 1kg/\$62
H6560	Turmeric root powder	100g/\$10, 1kg/\$56
H6563	Unicorn, False root cut	10g/\$12, 100g/\$100, 1kg/\$790
H6565	Uva Ursi leaves cut	100g/\$11, 1kg/\$68
H6580	Valerian roots cut	100g/\$20, 1kg/\$140
H6595	Vanilla beans whole	10g/\$10, 100g/\$65, 1kg/\$560
H6620	Verbena, Lemon leaves cut	100g/\$15, 1kg/\$100
H6631	Vervain, Blue herb cut	100g/\$11, 1kg/\$62
H6650	Violet, Sweet leaves cut	100g/\$12, 1kg/\$74
H6680	Wakame fronds cut	100g/\$16, 1kg/\$100
H6695	Walnut, Black leaves cut	100g/\$8, 1kg/\$56
H6820	Willow, White bark cut	100g/\$8, 1kg/\$50
H6830-200	Willowherb herb cut	100g/\$22, 1kg/\$150
H6870-100	Witch-Hazel bark cut	100g/\$11, 1kg/\$68
H6870-200	Witch-Hazel leaves cut	100g/\$10, 1kg/\$62
H6925	Wolfberry / Gojiberry berries whole	100g/\$17, 1kg/\$110
H6960	Wormwood herb cut	100g/\$11, 1kg/\$68
H6995	Yam, Wild roots cut	100g/\$15, 1kg/\$100
H7000	Yarrow, White tops cut	100g/\$10, 1kg/\$62
H7030	Yerba Santa herb cut	100g/\$15, 1kg/\$100
H7100	Yucca rootbark cut	100g/\$11, 1kg/\$68
H8655	Shiitake Mushroom herb whole	100g/\$18, 1kg/\$120

MORE DRIED HERBS ONLINE

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Books

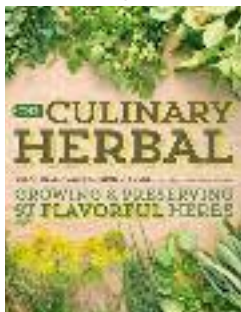
New! THE BIG BOOK OF KOMBUCHA: Brewing, Flavoring and Enjoying the Health Benefits of Fermented Tea, Hannah Crum and Alex LaGory. Kombucha tea

a drink made with a kombucha culture called a "mother" that is added to batch of sweetened tea and allowed to ferment. The resulting brew is good to drink, is delicious and refreshing, and helps promote a healthy gut, which is why it has been around for over 2,000 years and getting more and more popular. This book shows how to make the tea, what equipment is needed, and gives lots of recipes and tips on how to enjoy kombucha. 383 pp. Softcover **B1446:** \$38



New! THE CULINARY HERBAL: Growing & Preserving 97 Flavorful Herbs, Susan Belsinger and Arthur O. Tucker. Lovers of herbs are often surprised to learn that the range of kitchen herbs that one can grow at home has expanded well beyond the "basics" such as basil, parsley, rosemary and thyme. Today's herb gardens are apt to include new arrivals from other lands such as culantro, curryleaf, papalo, and shungiku, herbs that offer a rich palette of fresh new flavours and uses for the kitchen. This visual feast of 97 culinary herbs that grow in the garden or in containers will soon embolden you to try something new. Separate chapters devoted to each herb feature gorgeous full page photos of each herb and essential info on uses, cultivation, propagation, harvesting and preserving. This book is destined to become a classic herbal for the modern age. 328 pp. Softcover **B2350:** \$36

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New! THE FIELD GUIDE TO PEPPERS: 400 Varieties - Where They Come From - How Hot They Are, Dave DeWitt and Janie Lamson. If you love peppers here are 400 varieties — sweet, hot, and crazy hot — to grow and enjoy. Every variety is illustrated in full glossy colour. For chile heads the visual impact is pure pepper porn. It is simply not possible to leaf through this book and not want to try at least some of these beautiful peppers. Each variety comes a precis of useful info including origin, pod size, colour and shape, plant height, harvest time, and heat level. We love how the authors organize the peppers into easily digestible categories starting with the many *Capsicum annuum* varieties (divided into 20 groups) and ending with the lesser known species *Capsicum baccatum*, *Capsicum chinense*, *Capsicum frutescens*, and *Capsicum pubescens*. If you are looking for recipes this is not the book for you: this book is an unapologetic celebration of the diversity of peppers and how to grow them. 307 pp. Softcover **B3200:** \$35

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New! THE GOOD LIVING GUIDE TO MEDICINAL TEA: 50 Ways to Brew the Cure for What Ails You, Jennifer Browne. If you yearn for a book with simple, easy-to-make medicinal teas that you and your family can take for common ailments, this is your book. Using common but scientifically proven medicinal herbs, spices, fruits and barks this book offers effective tea formulas to overcome illness and promote good health. Here are 50 teas to alleviate cold and flu, constipation, arthritis, anxiety, and high cholesterol, to boost the immune system and memory, to improve skin, kidney, liver, heart health, and more. The layout is deceptively simple: a page is devoted to each tea and its uses, formula and properties, yet every medicinal claim is backed up with footnotes to the medical and scientific literature should you want to investigate further. This book will soon become your easy-to-use "go-to" book for healing. A family herbal for the modern family! 216 pp. Hardcover **B3800:** \$22

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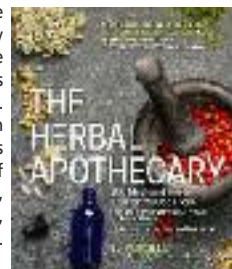
New! HERB GARDENING: How to Prepare the Soil, Choose Your Plants, and Care for, and Use Your Herbs, Melissa Snyder. Whether you want to grow a few herbs on the back porch or plant a field of them, this book gives you what you need to know. Starting from the basics, it covers plant selection and garden design, site preparation, propagation, transplanting, fertilizers, mulching, pest control, and harvesting. With this well-organized and simple-to-use guide anyone can learn to grow great herbs. 264 pp. Softcover **B4695:** \$26

Whether you want to grow a few herbs on the back porch or plant a field of them, this book gives you what you need to know. Starting from the basics, it covers plant selection and garden design, site preparation, propagation, transplanting, fertilizers, mulching, pest control, and harvesting. With this well-organized and simple-to-use guide anyone can learn to grow great herbs. 264 pp. Softcover **B4695:** \$26



New! THE HERBAL APOTHECARY: 100 Medicinal Herbs and How to Use Them, JJ Pursell. With a beautiful book like this in hand, well laid out and easy to use, herbs can quickly become the cornerstone for wellness in your home. The information and instructions for use are clear and jargon-free, and every herb has details on the part used, the medicinal uses, doses and directions for use, identification and cultivation. What really excited us is a section on how to use simple kitchen utensils to make just about any kind of medicine from salves, liniments, oils, to sitz baths, suppositories, syrups, tinctures, and more. 292 pp. Softcover **B5020:** \$38

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New! NEEM - NATURE'S HEALING GIFT TO HUMANITY, Klaus Ferlow. This is an engaging deeply personal account on one man's quest to bring the magic of neem to the West. The Indian neem tree has been welcomed across much of the world and now, through the efforts of Canadian Master Herbalist Klaus Ferlow, it is becoming better known in the Americas. Used for centuries for everything from cleaning teeth, treating skin disorders, fevers, and more, that it has been called the "village pharmacy." It is used in household and cosmetic products and has powerful insecticidal and insect repellent properties. One cannot help but be in awe of the power and versatility of neem after reading this book. 264 pp. **B6551:** \$25

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Ordering Information

What is the minimum order?

Except for plants, there is no minimum order. For plants the minimums are: Potted plants - 6; Plug Packs - 2; Plug Trays - 1.

What shipping charges apply?

See order form for shipping charges.

What are the applicable taxes?

No taxes apply to U.S. and international orders. For customers in ON, NB, NF add 13% HST. For customers in NS add 15% HST. For customers in PE add 14% HST. For customers elsewhere in Canada add 5% GST.

What payment methods do you accept?

Cheque or money order in either Canadian or US currency, or Visa and Mastercard. No COD orders accepted.

Do you accept returns?

All perishable goods such as seeds, rootstock, bulbs and plants cannot be returned. With prior authorization, all non-perishable goods may be returned for credit. A 20% re-stocking charge will apply. Contact customer service for authorization.

How do you handle back orders?

Perishable seeds, rootstock, bulbs and plants may be back ordered and shipped when ready. All back ordered items will be charged at time of order. Out of stock items will be back ordered if expected within a few months. We won't back order if the value is less than \$5.

How will my order be shipped?

Seeds are generally shipped by mail, plants by UPS or Canada Post and all other items by surface mail. No matter where you live in Canada or the United States, we can deliver herb plants safely. We use our own custom designed shipping container that withstands the tough handling of today's delivery services.

When will my order be shipped?

We cannot ship perishable items, such as plants, bulbs, etc. until our weather permits. Seasonal items (e.g. short-lived seed or rootstocks) are shipped in season. The main plant shipping season is April to June. This may not coincide with the planting season in your area. Because of sheer volume in spring, some plant orders may not be shipped until early June. If you wish to specify an earlier shipping date on your order, we will try to accommodate you, but we cannot guarantee that date. We ship plants till November, weather permitting.

What if I have problems with my order?

Occasionally shipments are delayed, damaged or lost in transit, or there may be packing, invoicing or other errors. Please contact our customer service department for assistance. Please note that claims for damaged plants must be substantiated by photos emailed to custserv@richters.com (maximum 4MB file size) within 48 hours of delivery.

How do I contact customer service?

By email at custserv@richters.com. Or call us at 1-800-668-4372 or 1-905-640-6677. Or fax us at 905-640-6641. You can also contact us on the web at www.richters.com/CustomerCare.



For Commercial Growers

Check our online GrowerZone resources at www.growerzone.com.

Prices: While we try to hold the line on prices, in the face of fluctuating currency markets and uncontrollable market conditions, we reserve the right to change prices without notice.

Discounts: A 10% early booking discount applies to plug tray orders placed prior to November 30 for delivery next season.

Billing: Plug trays are invoiced at 100% at time of order booking. Freight is also charged at this time. If paying by cheque, please include full payment including the freight charge with your order. Customers with established accounts with credit terms are billed at time of shipping.

Cancellations: Orders must be cancelled in writing. Because plug trays are planted to order there is no credit or refund if cancelled after 4 weeks. Plug tray orders will be fully credited or refunded if cancelled within 2 weeks of ordering; or 50% if cancelled within 4 weeks.

Delivery: Seeds are shipped year round, but some seeds are only available seasonally. Plug trays are shipped weather permitting and depending on availability. Please specify your preferred shipping date and we will do our best to meet your requirements, but we cannot guarantee that we will ship on that date.

Shipping: Shipping method is at the discretion of Richters based on your location, cost and the time of year. Our standard method for plug trays is either UPS or Canada Post; for seeds and other goods, surface mail or ground courier. You may specify an alternate carrier and pay freight at cost.

Claims: Occasionally shipments are delayed, damaged or lost in transit. Claims must be made within 48 hours of delivery. Claims for damage must be substantiated by photos emailed to custserv@richters.com (maximum 4MB email size). Richters Customer Service staff will be happy to assist you.

Phytosanitary certificates: CANADA: Not required. USA: Supplied free of charge for all seed and plant orders. INTERNATIONAL: Please check with your Department of Agriculture for import requirements and restrictions for seeds. Phytosanitary certificates are provided at cost where required.

Warranty: Richters guarantees plants to be healthy when shipped. Plants may vary in appearance depending on season and stage of growth. While we endeavour to supply only the highest quality seed and plant material, no warranty concerning the identity or productivity of seeds and plants sold, or guarantee of delivery, is expressed or implied. Any liability is strictly limited to the purchase price; we do not assume responsibility for incidental loss.

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Elephant Head Amaranth

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