

HAPPY ROSH HASHANAH

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SERVING RHODE ISLAND AND SOUTHEASTERN MASSACHUSETTS

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Photo by Peter Goldberg

LIGHTING UP THE FUTURE OF RHODE ISLAND'S JEWISH COMMUNITY

More than 1,500 participated in a special WaterFire in Providence on Wednesday, Sept. 17, honoring Israel@60 and the Rhode Island Jewish community. Community volunteers holding torches to celebrate the event, from left: Jay Strauss, Jenn Roitburg, David Leach, Susan Leach DeBlasio and Fred Franklin.

Rabbis flock together to support Obama in unique initiative

Does it blur the line between church and state?

By ERIC FINGERHUT
JTA Staff Writer

WASHINGTON (JTA) — Saying it is their duty to "fight for the truth and against *Lasbon Hara*," more than 400 rabbis have joined to back Senator Barack Obama's presidential bid in what is believed to be a first-of-its-kind effort.

"Rabbis for Obama," officially

unveiled last week, is a grass-roots organization formed when two Chicago-area rabbis came to the Democratic candidate's campaign wanting to help counter the many false rumors that have been spread about him.

"What makes this unique is the lies and smears were targeted to the Jewish community," said Rabbi Sam Gordon of Congregation Sukkat Shalom of Wilmette, Ill., citing the e-mails that falsely claimed Obama was a secret Muslim and educated at a *madrasa*.

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Photos by Mary Korr

MAXINE RICHMAN speaks to Rabbi Andrew Klein and Rabbi Peter Stein at the launch of the interfaith coalition to fight poverty.

Anti-poverty coalition calls for social justice

Group to confront economic inequality

By MARY KORR
JVH senior contributing writer

PROVIDENCE — The call for action to fight poverty

rang out Sept. 9 at the Jewish Federation of Rhode Island (JFRI), with the official launch of the R.I. Interfaith Coalition to Fight Poverty.

It began with a nationwide conference call, followed by a press conference.

Rep. John Lewis of Georgia, the son of a sharecropper and a veteran civil rights activist with Martin Luther King, said, "The poor have no lobbyists. If the United States government can rescue investment houses, auto makers, Fannie Mae and Freddie Mac, and fund a war that costs millions a day, why can't they rescue the hungry and the sick who are in crisis?"

"You can't keep quiet," he told listeners. "You have to put faith into action and find a way to get in the way. A free, fair and just society cannot be silent. We must remind the government and corporate community we have obligations for humanity. We came in different ships to America, but we are all in the same boat now. It doesn't matter if we are Jew, Catholic, Protestant, Muslim."

"What unites us is our shared values," said Rabbi Steve Gutow, executive director of the Jewish Council of Public Affairs (JCPA). "With rising unemployment, food,

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QUOTE OF THE WEEK:

"All our kids kept saying 'I didn't know there were so many Jewish people.'"

Darlene Desroches
Maccabi Games JCCRI Delegation Head

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ANTIQUES



Photo by Mark Binder

A JOYOUS CROWD of Temple Emanu-El congregants celebrate with music and fun.

Seltzer installed as seventh Emanu-El rabbi

The beginning of a new chapter at Emanu-El

BY MARK BINDER
Special to The Voice & Herald

PROVIDENCE - On Sept. 14, the weather outside was gray and a steady rain was falling. Inside, however, the benches and balconies were full and the mood was bright and joyful as

Temple Emanu-El celebrated the installation of Joel Seltzer, as the seventh rabbi in the 83-year history of the Providence Conservative synagogue.

Following his grand entrance through an "honor guard" comprised of the religious school boys and girls, the boyish rabbi was greeted by Emanu-El President Nathan Beraha, who praised Seltzer's enthusiasm, knowledge and energy.

"We look forward to

many years with Rabbi Seltzer as a teacher," he said.

Rabbi Asher C. Oser of Congregation Beth Shalom, and representing the Rhode Island Board of Rabbis, also extended his greetings.

"Providence is a city with character and characters," he said. "It is brimming with life...welcome aboard, and the very best of luck to you and your family."

While the Mayor of Providence was unable to attend, search committee co-chair Samuel Shamoon read a proclamation declaring the Sunday to be "Rabbi Joel Seltzer Day." Pawtucket's Mayor Doyle also sent a proclamation praising the Temple, which, "although located in Providence" has enriched many citizens of Pawtucket.

When Rabbi Wayne Franklin stepped up to welcome his new colleague, he clearly expressed his affection for Rabbi Seltzer as "a friend and a study partner."

"He is a committed Conservative rabbi," Franklin observed, "dedicated to our movement."

Another teacher, Rabbi Daniel Nevins from the Jewish Theological Seminary, observed that Rabbi Seltzer was fortunate to be working so closely with his senior rabbi, cantor and religious education director.

"He's not just come to be a rabbi in his community," Nevins said. "He's come to be a part of a team."

At last, Rabbi Seltzer rose to offer what the program called his "Response."

The newly ordained rabbi, who has already begun learning the secrets to living in

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The world around us, Jewish texts, congregants' questions inspire sermons

Themes of renewal, forgiveness, tikkun olum popular at High Holidays

By NANCY KIRSCH
nkirsch@jfri.org

A LONG, tedious speech" is the third of three definitions for "sermon" in my second edition, unabridged, of *The Random House Dictionary of the English Language*.

Despite the expression, "Ask four Jews, you'll get five opinions," I'm confident that not one rabbi wants that definition applied to his sermons.

So, I set out to investigate... how do clergy prepare? What inspires them? Is it different for newly ordained rabbis than it is for those with years on the bimah?

Visiting Temple Emanu-El's Rabbi Wayne Franklin and Rabbi Joel Seltzer, I was struck by how warm and collegial their relationship is, although Franklin, preaching since 1970, was on the pulpit long before Seltzer was born.

"It's a long thought process for me, especially for the High Holiday sermons," said Seltzer. "In fact, one sermon idea has been percolating in my head since rabbinical school." Both rabbis at Temple Emanu-El in Providence welcomed the collaborative process of exchanging ideas and passing materials back and forth to read and comment on.

"I look at the texts and material from mainstream media, as well, to make the message more current," Seltzer said, adding that a carefully drawn, very focused sermon on a single issue works well for him.



Rabbi Marc Jagolinzer



Rabbi Peter Stein



Rabbi Wayne Franklin



Rabbi Joel Seltzer

Finding time to write the sermon that's been thought about for so long is often a challenge, they agreed. Although we use summer to plan and prepare for religious school and other

programming, it's still busy - people get ill, people die, there's a lot to attend to, Franklin said. Seltzer likes to "find and mine" material and then make notes on his computer before he starts to actually write the sermon.

Rabbi Yossi Laufer, from the West Bay Chabad, considers the entire year preparation for his High Holiday sermons. "When I come across something I like, I put it away in a file. Then, a few days before the service, I go through everything and pick what I feel most comfortable with," Laufer said. "Chabad rabbis are generally trained to not speak about politics, so I steer away from news stories."

He asked and answered his own rhetorical question, "And why don't we speak about politics?" when he said, "It's not

because there's something wrong with that kind of style, but Chabad rabbis know that we've got a captive audience that we only see once a year."

Politics don't belong on the

that affect the Jewish community, into his sermons. The 350th anniversary of Jews in America and Israel's 60th birthday, for example, inspire a sermon beyond the *Torah* portion, he said.

Hoping to inspire those 100 or so people who will attend his services, Laufer considers the High Holiday sermons one more

think there's room enough for all kinds of Jews... those who come once a year and those who come every week. The Hebrew word 'yirah' means both fear and awe." I feel some awe, some fear, some excitement, and a great feeling of being blessed by being able to communicate with so many people as a rabbi, he said. "It's a big responsibility that I take seriously - to lead and inspire people and to get souls ready for the High Holidays - and I know that I have to be in that kind of place myself if I am going to lead people."

Sermons are his forte, explained Wolberg. "The job of a clergy person is to comfort the disturbed and disturb the comfortable." His High Holiday preparations begin some six months in advance and then he extensively revises his comments.

Wolberg explained that clergy typically ask, "Would I want to sit and listen to that sermon?" If the answer is "yes," then the sermon is worthwhile and will resonate with the sermon-giver. "Content and substance are key, he said, as is a cogent message that can be delivered in 15 minutes or less. Anything longer than that is just tedious and unnecessary.

Franklin agreed that brevity is

"The job of a clergy person is to comfort the disturbed and disturb the comfortable."

Cantor Richard Wolberg
Temple Beth El
Fall River, Mass.

bimah, the rabbis agreed, and, in fact, Franklin said that synagogues may jeopardize their status as tax-exempt entities if religious leaders preach politics. "I'm not there as a news commentator or to discuss partisan politics," said Cantor Richard Wolberg of Temple Beth El in Fall River, Mass.

Rabbi Peter Stein of Temple Sinai in Cranston found that last year's sermon on gay marriage - a hot-button topic for some - was helped with a boost of anxiety-reducing humor. "By the time I got to the substance of the sermon, people were engaged and listening to me," he said. Stein often blends text and world events, especially those

opportunity in a year-round initiative to reach out to the unaffiliated. "I look to inspirational materials from Jewish sources, Jewish books, classes, and conversations," Laufer speaks from notes, rather than fully written sermons.

For him, the key to a good sermon is a good joke; the key to a good joke is a good lesson.

Though humor isn't a priority for Franklin, Seltzer said he's happy if four out of 10 jokes succeed - a far better average than what ball players need to make it to the Baseball Hall of Fame.

Rabbi Andrew Klein, with Temple Habonim in Barrington, said, "In my better moments, I

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HOW TO CONTACT US

Executive Editor

Richard Asinof/rasino@jfri.org/421-4111, ext. 168

Interim Editor

Nancy Kirsch/nkirsch@jfri.org/421-4111, ext. 204

Contributing Senior Writer

Mary Kerr

Correspondents:

Stanley Aronson, Barbara Fields, Tema Gouse, Alan Krinsky, Yehuda Lev, Daniel Stieglitz, Joshua Stein, Alan Zuckerman

Editorial Board:

Eleanor Lewis, Interim Chair
Members: Rabbi Sarah Mack,
Richard Stein, Joshua Stein, Howard Tenberg

Advertising Representative

Frank Zasloff/fzasloff@jfri.org/421-4111, ext. 160

Production & Graphic Design

Leah Camara

Direct extension to advertising:

401-421-4111, ext. 160

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FROM THE EXECUTIVE EDITOR

The real drama of pain and healing

BY RICHARD ASINOF
rasinof@jfri.org

I HAVE JUST returned from a brief, intense encounter with the extreme reality of our medical world: two successful surgeries to accomplish a disc fusion, followed now by rehabilitation at home.

Thanks to everyone – family, friends, neighbors and colleagues – for all of your good wishes and positive vibrations – as well as the delicious chicken soup with matzah balls.

My medical interlude has proven to be a refreshing vacation from the 24/7 matrix of the corporate news industry.

In the hospital, if I chose to turn on the TV, I often kept the sound off. Tennis matches from the U.S. Open became visual delights, devoid of grunts and commentary.

As a result, I was unplugged from the cathartic, cloying and annoying news media chasing its tail – again and again. Pigs? Lipstick? The Bush Doctrine? Did I miss something? I don't think so.

In the hospital, amidst the constant *barum barum barum* of programmed medical machines, the soft *ping*s of IV machines running out of fluid and issuing electronic alarms, and the *geshries* and groans from occasionally anguished patients, the "news" was unimportant background murmuring – on someone else's TV set in another room further down the floor.

Real life, the real drama of pain and healing, held sway; the small but epic struggles to take my first few steps after back surgery provided me with all the drama I needed.

During my hospital stay, I was witness to some very dark moments: I was awakened, two nights in a row, by a patient screaming in agony, with the nurses, in turn, *ush-shushing* him to be quiet.

How do I write about this?

The patient, Cape Verdean, was inexplicably locked in a battle with nurses over pain medication.

Whom do I tell? How do I speak out? Or, do I turn away?

The doctors would finally intervene, the patient would receive more pain medication, and the screaming would stop.

Is this as dark as it seems?

Were the nurses causing this patient pain on purpose?

The next night, however, the darkness – and the screams – began again. I had my own encounters with these same nurses: on their own, they tried to change the surgeon's recommended treatment. I resisted; they pushed back, threatening, I held my ground.

Now, a week after leaving the hospital, what stays with me is a brief conversation I had with the patient in pain.

We talked quickly, between nursing shifts. I told him how damaged I was by how he was being treated. It wasn't right.

His eyes opened wide, in recognition, and he said, "Thank you."

Who we say we are, and who we really are, do not always coincide

IN A RECENT op-ed column in *The New York Times* (Aug. 28), Gail Collins reflects upon events at the Democratic Convention in Denver.

She quotes Michelle Obama as saying with regard to Hillary Clinton: "No one has



Rabbi Jim
Rosenberg

been more gracious and more forthcoming and more helpful to me."

Collins answers her own question: "Do we believe this?" with "People, it doesn't matter a whit. The Clintons did everything they were supposed to do here

and in politics, like so much of life, feelings

are irrelevant to everyone except the persons doing the feelings."

At first glance, Collins' comments might seem coldly cynical, but I would argue that her words embody considerable wisdom – and a Jewish wisdom at that.

Our tradition has long emphasized doing over feeling, acting over talking. As the rabbis of old have put it in a much studied section of our Talmud known as *Pirke Avot* (1.17), *Lo ha'midrash ikar elah ha'ma'aseh*, which can be loosely translated as: "It is not the talk that is of the essence but the deed."

Our rabbis well understand that who we say we are and who we really are do not always coincide. They understood that good intentions, no matter how deeply felt, can not be called *mitzvot* until they are translated into action.

To take a simple example: you know that you should visit your friend who is recovering from gall bladder surgery at the Miriam. You have every intention of going but you are so busy – so many appointments to keep, so many miles to go before you sleep that you never get around to making that visit. Our rabbis understood the yawning gulf between what we say and what we actually do.

A message to our readership

We welcome letters to the editor and encourage our readership to express their views; submit letters to the editor via email at voiceherald@jfri.org or by mail, Editor, The Jewish Voice & Herald, 130 Sessions Street, Providence, RI 02906. Letters should be no more than 250 words and we reserve the right to edit them for content and clarity. Space constraints, letters' relevance and editorial decisions will determine whether letters are published.

IT SEEMS TO ME

It's not talk, but the deed, that will matter

To bridge this abyss separating feeling from doing, intention from action, we Jews – in one way or another – commit ourselves to the rule of Law.

And it is precisely this commitment to Law with a capital L that many of our well-meaning Christian neighbors find so difficult to comprehend. From the perspective of many Christians, we Jews seem to be excessively legalistic; we are told that we are so preoccupied with the letter of the law that we lose sight of the spirit of the law.

The roots of this anti-legalistic bias go all the way back to Paul, who many historians consider to be the founder of the Christian Church. According to Paul, any religious law is by its very nature rigid and unresponsive to our spiritual yearnings; from Paul's perspective, law is viewed as an obstacle to religious life.

Of course, from the Jewish perspec-

the path to personal growth and community harmony, we nevertheless join them in our insistence that we should love our neighbors as ourselves. (See *Leviticus* 19:18.)

Our sense of the balance between love and law, however, is different. As I have stated on numerous occasions during more than three decades of interfaith dialogue, *for the Christian, love makes law unnecessary; for the Jew, law makes love possible.*

I should add that many of my Jewish and Christian colleagues have embraced – at least in broad outline – my formulation of the relationship between love and law in our respective traditions.

From the Jewish standpoint, it is unwise to place too much value on what a person feels, or says he feels; for our emotions ebb and flow, rise and fall in rhythms that are as uncontrollable as the tides of Narragansett Bay.

On the other hand, we Jews insist that it is altogether appropriate to legislate how a person ought to act in response to such feelings. Thus, Jewish law encourages a pattern of appropriate action as opposed to a pattern of appropriate feelings. Even if you cannot bring yourself to love your neighbor in your heart, you must nevertheless love your neighbor with your deeds.

Jewish teaching, then, would support Gail Collins' assertion that "feelings are irrelevant to everyone except the persons doing the feeling."

We will probably never know what Bill and Hillary Clinton really feel in their hearts about Barack and Michelle Obama and, to a large extent, the Clintons' feelings do not matter. What does matter is how Bill and Hillary choose to act between now and Election Day.

"For the Christian, love makes law unnecessary; for the Jew, law makes love possible."

law is most certainly not viewed as an obstacle to spiritual fulfillment. To the contrary, we see our religious law as an indispensable aid to our spiritual growth. For us, *Torah* law is not a roadblock to be removed but rather an opportunity to be celebrated.

It is no accident that towards the end of October, we will be concluding our High Holy Day season with a festival called *Simchat Torah*, a day that calls us to rejoice in the Law.

While we Jews differ from our Christian neighbors in our emphasis on the Law as

Letters to the Editor

Binder's article embodies spirit of CAJE

I want to congratulate you on a wonderful and right on target article on the September 5 issue of *The Jewish Voice & Herald*. Mark Binder's article embodies the spirit of CAJE. You go to something you have no idea or knowledge of, you learn from this experience and then - the

best part - you share it! Thank you, *Voice & Herald*, for being in our community and sharing the Jewish people's ups and downs.

Helena Friedmann
Barrington, R.I.

Reader seeks liberal viewpoint

I look forward to each issue of *The Jewish Voice & Herald*. But I miss the regular article of the gentleman who had been in Israel and espoused a consistent liberal view. Please do not let your newspaper become tilted to one side. If he

can no longer write articles, find another liberal writer – please. Shalom

Rosalind Mainelli
Brookline, Mass.

Going "green" is good, but what about green synagogues?

Having just read your September 5 issue with its very well-researched and assembled REAL ESTATE & HOME IMPROVEMENT supplement, I was struck by the fact that, in spite of the wide scope of your work, I didn't see any attention paid to the obvious: how do we make our *shuls* more green?

RI Interfaith Power and Light, www.riipl.org, serves to assist our synagogues in becoming more green, from lighting upgrades and heating conversions to find-

ing substitutes for styrofoam cups. Information is available at info@riipl.org.

Howard Brown
Director, RI Interfaith Power and Light
North Kingstown, R.I.

Editor's Note: We will cover this in a future edition of *The Voice & Herald*. If you are involved with a synagogue that's working to reduce its carbon footprint, let us know by contacting us at voiceherald@jfri.org, or calling 401-421-4111, x. 204.

FROM THE OLD OLIVETTI

Kristallnacht concert offers historic evening of memory and hope

SEVENTY YEARS ago, calamity befell us. No, I wasn't born yet, but still I include as part of "us" myself and my children and all who are Jewish; all who believe in the glories of Western Civilization, and all who are advocates for human rights.

On November 7, 1938, a Jewish student, outraged by Nazi treatment of his parents, held in a freezing no-man's land between Germany and Poland, expelled by the former, rejected by the latter, hungry, deprived of sanitary facilities and hope,



Josh Stein

took it upon himself to seek revenge. He went to the German Embassy in Paris and asked to speak to the ambassador. When he was allowed to see a minor functionary named Ernst vom Rath, he shot him. Hitler's Propaganda Minister, Joseph Goebbels, who had long advocated one final devastating pogrom against the remaining Jews of Germany, seized this opportunity and suddenly vom Rath achieved the status of an Aryan hero. German newspapers and radio blared forth the news

that the assassination attempt, so close in time to the 21st anniversary of the Bolshevik revolution in Russia, was part of the international Judeo-Communist plot to take over the world. If vom Rath died, the Nazis warned, the Jews of Germany would pay a heavy price.

The world waited as surgeons tried to save the man's life.

When the announcement came, on November 9, that vom Rath had succumbed from his wounds; the stage was set for what has become known as *Kristallnacht*, the night of broken glass, the night of November 9-10 when the full savagery of Nazi furor was unleashed onto defenseless Jewish communities in Germany and Austria.

The Jews of Germany had achieved what Jews in America also had, an equality of status, if not of complete opportunity. They had served during the Great War; some had become internationally known scientists, physicians, businessmen and cultural leaders in music, literature,

drama. They had built synagogues of great beauty and size; they lived in homes of middle class comfort; they were like us here, now; only they were them, there and then.

That night, more than 200 synagogues were destroyed by fire; Jewish homes were invaded and looted; whatever commercial property was still in Jewish

ownership was attacked. Jews were beaten; some were arrested. Only synagogues immediately abutting "Aryan" property were spared. It was the Jewish community's September 11, the day their world changed forever. And further indignities followed. The following day, German insurance companies approached Nazi officials and asked permission not to pay the Jews for the damage to their property and lives. Too smart for that, the Nazis said, no, you must pay, but then we'll fine the Jews, because the attack on

them was their fault because of the attack on vom Rath, and we'll return the money to you.

Seventy years ago. Three generations ago, and yet the memory lingers, the pain endures. Here in Providence a remarkable event is being planned. On November 9 at the Veterans' Memorial Auditorium in Providence, eight adult choirs, four children's choirs, four

cantorial soloists, 40 members of the Rhode Island Philharmonic, in total about 320 people, will present a musical

commemoration of *Ashkenazi* Jews on the anniversary of the *Kristallnacht*, but it will be about more than just the one horrifying event. In fact, the program's driving force, Cantor Brian Mayer of Temple Emanu-El emphasizes that it is *not* a Holocaust program. It is not only to be a story about burning buildings and smashed glass but an attempt to bring to light the great culture the Nazis tried to eradicate and to honor the new realities in our world 70 years later. With the

rise of *Eretz Yisrael*, Jews need no longer live in fear the way they did 70 years ago; that we in America have come a long way towards a much more tolerant society for Jews, and for people of color, though there is still a long way to go.

"But look how far we've come since 1963, from Martin Luther King's 'I have a Dream' speech to today, when Barack Obama is the presidential nominee of the Democratic Party. This is why the program has five scenes about the great *Ashkenazi* Jewish culture that developed over 1,000 years before the *Kristallnacht*. The sixth pays due homage to the events—*Kristallnacht* and the Holocaust; but the seventh emphasizes Psalm 133—'How good and pleasant for brothers and sisters to dwell together in harmony.' It is an historic concert of memory and hope."

On stage for that final number there will be as many Gentile as Jewish performers.

The narration, tying the 1000 years together, will be read by Leonard Nimoy.

Full disclosure: I am the principal author of the narration. Josh Stein can be reached at jstein@rwu.edu.

"It is not a Holocaust program. It is not to be a story about burning buildings and smashed glass but an attempt to bring to light the great culture the Nazis tried to eradicate and to honor the new realities in our world 70 years later."

Cantor Brian Mayer

ownership was attacked. Jews were beaten; some were arrested. Only synagogues immediately abutting "Aryan" property were spared. It was the Jewish community's September 11, the day their world changed forever. And further indignities followed. The following day, German insurance companies approached Nazi officials and asked permission not to pay the Jews for the damage to their property and lives. Too smart for that, the Nazis said, no, you must pay, but then we'll fine the Jews, because the attack on

NOW BATTING

Introspection provides tension between public and private soul-searching

WITH the High Holidays coming upon us, this is a time of year for introspection. A time to reflect upon our deeds and peer into our souls. Nevertheless, it seems that often we find ourselves reflecting upon our neighbors' deeds and peering into our neighbors' souls.



Alan Krinsky

Clearly, we ought to find this problematic. That is, we ought to focus on our own shortcomings, and not those of others, even if the latter usually turn out to be far easier to detect. And yet, do we really want to say we should focus on ourselves to the exclusion of others? What about the biblical question, raised by Senator Barack Obama in his nomination acceptance speech, about being our brothers' and sisters' keeper?

This, then, is my question: how do we balance or negoti-

ate the tension between mutual responsibility, on one hand, and meddling in other people's business, on the other? Whether we are talking about interpersonal relationships or the role of government (and beyond this, the thorny question of intervention in the affairs of other nations), how can we define proper concern and appropriate action on our part for other people? And why should we — why should I — even care how other people think, behave, vote?

Indeed, why do I write, if not because I care how other people think, behave, and vote? Well, sometimes I write to share ideas I find fascinating, or to work out ideas not yet fully formed in my own mind. I also write to challenge myself and others. But truth be told, I often write to try to persuade my readers of something, whether to think differently or to change their positions.

In this issue's column, I am not

so much writing to persuade, but rather to try to work out whether or not I should write out of such a motivation. In what sense am I ever justified in writing to persuade someone to change her or his opinion, to think differently? Why is it my business? Would all of us not be better off if I worried

"The imperative of justice calls upon us to feel concern and act as our brothers' and sisters' keepers, especially when we can ease suffering and help each other engage as productive citizens."

about myself alone and not about the opinions of others?

After all, I have much to improve about myself. As perhaps I have noted before, I imagine that a central purpose of our lives is to do the best we can to fulfill our potentials. This is the foundation of my own reflections each year at this season. In what ways, if any, have I come closer to achieving my potential? And given how far I remain from that goal, can I muster a persuasive

argument that I ought to be entrusted with another year to get closer?

Perhaps we can find the beginnings of a solution to our dilemma by emphasizing the distinction between the interpersonal and the communal. In the case of the former, in matters of character traits and such, we ought to focus on ourselves. The Jewish tradition admonishes us to judge others favorably and ourselves more critically, rather than the reverse.

However, in the case of the latter, the world of community and polity, where critical decisions about resources and commitments must be made, then we ought to be concerned with the opinions of our fellow citizens. Such concern and attempts at dialogue and persuasion are appropriate and even necessary for the healthy functioning of democracy and the public square. Matters of war and health and economic priorities

and elections demand our concern and participation.

And we might even argue that the imperative of justice calls upon us to feel concern and act as our brothers' and sisters' keepers, especially when we can ease suffering and help each other engage as productive citizens. Such responsibility for the welfare of others need not mean setting ourselves as righteous judges of our fellows' morality and character.

Again, I am merely seeking to work out some ideas here, and the balance is no doubt tricky. For instance, what about interpersonal matters that go beyond character, when someone is endangering himself or herself? Today, then, I have many questions, and only the suggestions of answers.

May you have a sweet New Year, one full of questions, and perhaps even some answers, and one in which you come much closer to fulfilling your potential. Not that it's any of my business, of course.

Alan Krinsky can be reached at adkrinsky@pop.netzero.net.

Agriprocessors – still on the “hot seat”

By JOSH LIPOWSKY
Special to *The Voice & Herald*

JUST WHEN you thought it was safe to go back to the butcher, federal authorities have slapped kosher meat-producer, Agriprocessors, with another series of charges because of the company's hiring practices.

Following up from the May raid that netted almost 400 illegal immigrants, the government has now brought more than 9,000 child labor violations against Agri's owner, Aaron Rubashkin, along with his son Sholom, who ran the Iowa plant until his father removed him in June. In a turnaround from its "wait and see" attitude, the Orthodox Union has said

that it will cease its supervision of the plant within weeks if independent management is not brought in immediately.

Rabbi Menachem Genack, administrator of the O.U.'s *kashrut* division and a resident of Englewood, made similar statements after the May raid, but urged people to allow for due process. He seemed satisfied when the elder Rubashkin removed his son from the plant and hired a compliance officer, even though no new chief executive officer was named. Now Genack is taking a much stronger tone, threatening to suspend supervision before the charges are proven in a court of law.

Perhaps Genack feels, as we

do, that enough is enough.

Yes, one can argue that the government unfairly targeted Agri to make an example, even though similar conditions exist at many non-kosher meat plants. Yes, Agri has been singled out by the United Food

may not be that inaccurate.

But that does not change the fact that we should expect better behavior from a kosher institution. The government did not just pull 9,000 violations of child labor laws out of a hat. Coupled with the new video from PETA showing irregular slaughter practices and a condemnation from former Agri advocate Temple Grandin, Agri's leadership has a lot to be ashamed of heading into *Rosh Hashanah*.

Many in the Jewish community have already stopped using Agri meat, but others brush aside the allegations because the company provides kosher food in areas where no other options exist. Without Agri's outreach into these areas,

many people would not keep kosher at all. Making it easier to observe *kashrut* is certainly admirable, but not at any cost.

How can Agri's bosses and its supporters honestly face *HaShem* when the most basic and, as Hillel said, most important of God's laws - to treat one another humanely - is tossed aside in the name of profit, mass distribution, and cheap labor?

To borrow a phrase from Hebrew National, we answer to a higher authority. It's time we started acting like it. We hope that 5769 will usher in a new chapter for Agriprocessors - one without federal indictments.

Agri's leadership has a lot to be ashamed of heading into Rosh Hashanah.

and Commercial Workers Union and heavily scrutinized. Shalom Rubashkin used the word "vendetta" - because the company would not allow the workers to unionize - and that

Too much focus on religion in this election season

By ABRAHAM H. FOXMAN
Special to *The Voice & Herald*

NEW YORK (JTA) - The political campaign season is now in high gear.

We would like to call attention to one less-publicized aspect of the U.S. political scene in 2008, which we find troubling. This year, there have been increasing signs that the Presidential race will present the American public with a profoundly unsettling infusion of religion and religiosity.

The trend toward this growing insertion of faith into the Presidential race was first evident in Denver and then equally so in the Twin Cities.

At the Democratic National Convention, the program included panels on "How an Obama Administration will Engage People of Faith" and "Getting Out the Faith Vote."

Clergy from across the religious spectrum had a significant presence, conducting Scripture readings at a multi-faith "kickoff event" and offering invocations and benedictions. There was a clear effort to be interdenomina-

tional, but it was also apparent that the Democrats felt compelled to infuse religion into their convention to be politically viable.

At the Republican convention, religiously-themed events also played a prominent role. Clergy led the convention in prayer each day, and there was considerable time devoted to discussing subjects such as "faith-based initiatives and family values."

There was less focus on religious diversity and less of an effort to call public attention to the convention's religious content, probably because it was less of a departure from past Republican programs.

In raising our concerns, we mean no disrespect to religion or to family values. But there comes a point when being open about faith crosses a subtle line into pandering.

Some of what we have been seeing in this campaign is excessive and aggressive. It goes beyond a candidate's discussing how religion shapes his or her worldview. Rather, it's

saying, "Vote for me because I'm a person of faith" - and that is directly contrary to the constitutional principle that there shall be no religious test for public office.

Both parties seem to have reached the conclusion that appealing to religious voters is good politics.

Renewed faith-based initia-

their religious beliefs with the body politic.

It is understandable that candidates will want to express their religious beliefs - and how their faith will inform and influence their policymaking. And there's nothing wrong with a candidate expressing his or her religious perspective - especially when confronted with misinformation, innuendo and rumor.

However, appealing to voters along religious lines can be divisive, and it is certainly contrary to the American ideal of including all Americans in the political process.

It is deeply troubling when religion is no longer just an element in understanding the character of a candidate but becomes a central part of a party's efforts to win votes or to pander to a certain religious group or constituency. Particular religious views should not be the determining factor in public-policy decision making.

Anyone who legitimately aspires to public office in the United States must be prepared to set an example and to

There comes a point when being open about faith crosses a subtle line into pandering.

tives, religious outreach teams and religious programming at the conventions all work to curry favor with those who care which party is most favorable toward the religious.

This may be good politics, but it is not healthy for our nation. This is not to say that Americans should oppose candidates who are religious, or that candidates shouldn't feel free to discuss

be a leader for all Americans, no matter his or her faith, or whether he or she even has a faith.

The next time a debate moderator asks the candidates to discuss their personal relationship with God; it would be refreshing to hear an answer similar to the one President Kennedy gave nearly 48 years ago, when he confronted questions about his Catholicism: "I am not the Catholic candidate for President. I am the Democratic Party's candidate for President who happens also to be a Catholic."

In this season, it is important to remind all political players that, in this religiously diverse nation, there is a point at which an emphasis on religion in a political campaign becomes inappropriate and even unsettling.

Abraham H. Foxman is national director of the Anti-Defamation League and the author of "The Deadliest Lies: The Israel Lobby and the Myth of Jewish Control."

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CLERGY: angered by false accusations

From Page 1

"Those of us who knew him felt we had to respond."

"These attacks that he's not supportive of Israel are just not true," said Rabbi Steve Bob of Congregation Etz Chaim in Lombard, Ill.

Jonathan Sama, the Joseph H. & Belle R. Braun Professor of American Jewish History at Brandeis University, said he believes "Rabbis for Obama" is a first in the Jewish community.

Given the increased mix of religion and politics that the U.S. has seen in the past 20 to 30 years, he added, it is much more likely for such a group to spring up now than it would have been early in the 20th century.

Bob said that he and other members of the organization are interested in publicly speaking - under the "Rabbis for Obama" banner - on behalf of the candidate across the country and are currently discussing how to become more involved in key swing states.

The letter the rabbis signed, available on the Web site, www.rabbisforobama.com, states that the group backs Obama because "he will best support the issues important to us in the Jewish community."

In addition to writing that the

Democrat is "inspired by Jewish values such as *tikkun olum* and the pursuit of justice," it states that Obama's "longstanding, stalwart support for Israel is a testament to his own principles" and that "attempts by some to use Israel as a wedge issue against him - unjustifiably - is dangerous in that it politicizes the pro-Israel position."

"We are fully aware that a smear campaign against Obama has been waged in the Jewish community, and we feel it is our duty as Jewish leaders to fight for the truth and against *Lashon Hara*," reads the missive.

"Obama has been viciously attacked using innuendoes, rumors, and guilt by association, and we urge our fellow American Jews to judge Obama based on his own record and the clear statements he has made about his personal beliefs and principles."

A Republican Jewish leader found that passage of the letter particularly objectionable.

"It's irresponsible and unprofessional as rabbis to give a *hechsher* in accusing us of *Lashon Hara*," said Matt Brooks, the executive director of the Republican Jewish Coalition.

Brooks said the reference to "guilt by association" seemed to be referring to the RJC's criticism of Obama's links to

his longtime pastor, the Rev. Jeremiah Wright, and some who have been listed as the Democrat's foreign policy advisers - two topics that Brooks believes are fair game in the debate over Obama's record.

Rabbis are listed by their home towns rather than their synagogue affiliation because, Bob said, the signatories wanted to make it clear they were speaking for themselves and not their institutions. He said none of the rabbis had any intention of discussing their endorsement from the pulpit or writing about it in their synagogue bulletins.

"We're not doing this as rabbis of synagogues," he said. "We're doing this as private citizens" who are rabbis.

"I would never presume to tell congregants how to vote," Gordon said, adding that he simply wants everyone to make their decisions "based on fact, not on lies."

Membership includes rabbis from every denomination, although one independent observer said he noticed only a couple of Orthodox rabbis on the list.

More than 300 rabbis were part of the original group and another 125 signed on since last week - including Michelle Obama's rabbi cousin, Capers Funnye.

The Democratic Party and the Obama campaign have made a special effort during the campaign to reach out to faith groups, but Jewish Democratic operative Matt Dorf said the organization and its missive is better seen as part of another strategy.

The Democratic goal is to reach persuadable Jewish voters through the testimony of people in "positions of influence" in the Jewish community - rabbis, Jewish members of Congress and other well-known Jewish figures such as former New York Mayor Ed Koch.

Anti-Defamation League national director Abraham Foxman, who has been critical of mixing religion and politics, said he was OK with the group. Rabbis don't have to give up their rights, he said. As long as they're not endorsing candidates from the pulpit, Foxman said, "I don't have a problem with it." Not all rabbis feel comfortable with publicly endorsing a candidate.

"I feel my personal political views are personal," said Rabbi Steve Wernick of Adath Israel in Merion Station, Pa., a Philadelphia suburb.

Wernick said he is happy to discuss his views with congregants privately because he already has a relationship with

them, but he doesn't feel it necessary to broadcast his views to those who don't know him. He stressed, though, that he has no problem with colleagues who signed the letter.

One Republican was critical of the rabbis for what he believed was a blurring of the church-state barrier.

"By linking their rabbinical position to a political campaign, they risk the charge of politicizing their positions and erasing the boundaries between church and state, which they typically seek to defend," said Noam Neusner, a communications consultant who served as liaison to the Jewish community during part of the Bush administration.

Neusner said the Bush campaign did not encourage such a letter or organization of rabbis "because of the sensitivity of the church-state issue."

"Rabbis for Obama" may be the first, but not the last, rabbinical effort backing a presidential candidate this election cycle.

Fred Zeidman, co-chair of the Republican Victory Jewish Coalition, said he spoke to some rabbis earlier this month - and a few days before the unveiling of "Rabbis for Obama" - who were interested in putting together a similar effort backing GOP candidate Sen. John McCain.



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Jewish News Briefs

Elections for leader of the ruling Kadima party are underway in Israel

ISRAEL: More than 74,000 registered party members will vote in 114 polling stations throughout the country Wednesday. The winner will replace Prime Minister Ehud Olmert, who has said he will resign following the elections, and will likely form a new coalition government.

Polls have predicted that Foreign Minister Tzipi Livni will likely defeat the other front-runner, Transportation Minister Shaul Mofaz, after a hard-fought, sometimes nasty, campaign. If the winning candidate does not receive 40 percent of the vote, a run-off of the top two vote-getters will be held next week.

Israel's Channel 1 reported Tuesday night that Olmert said he would not tender his resignation until after *Rosh Hashanah*, a direct contradiction of his earlier promise to resign from his post the day after a new Kadima leader is chosen. Polls close Wednesday at 10 p.m. Results likely will not be available until the middle of the night since the polls are not computerized. (JTA)

Olmert, Abbas discuss core issues

ISRAEL: Ehud Olmert and Mahmoud Abbas met to discuss core issues a day after Olmert expressed sorrow at the plight of Palestinian refugees. The Israeli prime minister and Palestinian Authority president met late on Tuesday, Sept. 16, after the *Ramadan* fast in their effort to reach a peace deal before Olmert steps down following Kadima Party elections on Wednesday. Olmert has been pushing for a partial peace deal, but Abbas wants a complete agreement. The sides have been stalled over core issues such as the right of return

for Palestinian refugees, borders and the future of Jerusalem.

On Monday, Olmert expressed sorrow for Palestinian refugees who fled Israel in 1948. "I join in expressing sorrow for what happened to the Palestinians and also for what happened to the Jews who were expelled from Arab states," Olmert said at a meeting of the Knesset Foreign Affairs and Defense Committee. Olmert asserted that the right of return could be a deal breaker. "Under absolutely no circumstances will there be a right of return," he declared, "but we are prepared to be part of an international mechanism that will work to solve the problem." (JTA)

A Sweeter New Year for Israeli soldiers

JERUSALEM: As *Rosh Hashanah*, *Yom Kippur* and *Sukkot* are coming, JerusalemOnline.com, together with Israel-Catalog.com and the "LIBI" fund of the IDF, will lighten the IDF soldiers' holidays by sending them gift packages of chocolates and sweets, donated by the Jewish Diaspora and Israel supporters around the world.

The packages will be distributed by volunteers of the "LIBI" fund at Army bases all over Israel. All packages are under Kashrut supervision of the Israel Rabbinate.

"Israel's soldiers give the best years of their lives to defend Israel", said Ohad Rosen, marketing director of JerusalemOnline.com and retired First Lieutenant of the IDF. "This is our way to show them our support and care." JerusalemOnline.com was founded with a vision of strengthening the relationship between Israel and English speakers and to improve the image of Israel around the world.

By providing short, concise daily news from Israel every day and broadcasting on its website, it aims to bridge the gap between Israel and foreign media. (JTA)

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YOUTHFUL: Rabbi wise beyond his years

From Page 2

Rhode Island, began by expressing the hope that since Mayor Cicil-line had dedicated the day to him, he would be able to park on the street overnight without risking a ticket.

On a more serious note, he spoke of the three components for his vision for his future leading the large congregation.

"First, I am passionate about Jewish education," he said. "I will make every effort to show all of my students why our tradition is worth caring for, why its messages are salient and why each of us must commit ourselves to an eternity of study.

Next, he expressed his dedication to the Conservative movement.

"I am committed to the two pillars of our ideology: tradition and change," he explained. "I am convinced that Jewish life here in America, and indeed in the modern world, can not achieve its potential without both of these ideological pillars... I also believe that



Photo by Mark Binder
RABBI SELTZER is juiced by jamming

people are searching for a Judaism that is meaningful to their modern sensibilities, to their understanding of the world, to their love of science and to their commitment to tolerance. I believe that the Conservative movement can offer a Judaism that responds to these two equally important desires: the desire to be a traditional and authentic Jew while still fully engaging with the incredible opportu-

nities that our modern society affords us."

Lastly, he said, "I want to talk about God with you, and I want you to talk about God with me. I know this may sound strange because of all the things that come natural to us as Jews, talking about God isn't exactly one of them. I am interested in breaking down the generally accepted notion that we are a people of the *mitzvot* (the ritual commandments) but we struggle when it comes to *ruchaniyut* (with spirituality)."

When speeches came to an end, the applause was loud and extended. The congregation followed the new rabbi and his wife Eliana into the social hall for a festive feast.

By the time Rabbi Joel Seltzer got up on stage to jam with the band, although the New England skies were still gray, the rain had stopped.

Mark Binder is an author and storyteller. Disclosure: He is a member of Temple Emanu-El.

JCDS begins new year with high hopes

JCDS head learning about the community — and Judaism

By MARY KORR
JV&H senior contributing writer

PROVIDENCE — At first it might seem unlikely that the non-Jewish son of an Armenian cobbler from a working-class neighborhood in Philadelphia was selected to head the Jewish Community Day School (JCDS).

But upon reflection, and given his academic and career credentials, Robert "Bob" Sarkisian was just what the school was looking for — an able, highly experienced, successful private school administrator who was immediately available. He holds an undergraduate degree from Colgate and a master's in educational leadership from Arcadia University and Temple University.

His selection in June as head of school for the academic year 2008-09, with a unanimous decision by its board of direc-

tors, was a pivotal first step towards stability in the wake of Dani Steiner's abrupt departure as head of school and the resulting turnover of teachers, staff and students at the end of the prior school year.

At the same time, it was a juncture in Sarkisian's 32-year career as an educator and school administrator. In June, he retired as headmaster of The Meadowbrook School (pre-K to 6), a private, secular school

"We're all in this together. I have no doubts we can turn this school around."

on a country campus outside of Philadelphia. During his 28-year tenure at Meadowbrook, he

coordinated four capital campaigns in one of the most competitive private school markets in the nation, which resulted in the building of new science, arts and computer centers and a dining commons. He increased enrollment eight-fold.

To recognize his accomplishments, the school dedicated a wall of honor at his farewell last spring. Above the painted mosaic tiles created by little

See SARKISIAN, Page 23



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The event was attended by representatives from more than 30 faith-based and advocacy organizations.

Photo by Mary Korr

GOAL: Cut poverty in half in 10 years

From Page 1
energy and healthcare costs, the inequality widens. We can solve poverty with political leadership and private citizenship," he said.
Dr. Jared Bernstein, director of the living standards program at the Economic Policy Institute, said that while the GNP, the broadest measure of the health of the economy, is up 3 percent, from the perspective of the working and low-income families, it is a recession.
"Poverty is resistant to economic growth; this year

the country lost 600,000 jobs. The number of job openings is receding month by month. While the needs are growing, the jobs are shrinking. The 3 percent growth is not reaching the middle class and the poor," he said.

And while the August unemployment rate was 6.1 percent,

the 'under-employment' rate – which Bernstein defined as six million part-time workers

"We came in different ships to America, but we are all in the same boat now. It doesn't matter if we are Jew, Catholic, Protestant, Muslim."

Rep. John Lewis of Georgia

who would rather have full-time work, was 10.7 percent. "What is needed is work with ample hours and a living wage."

U.S. Rep. Rose DeLauro of Connecticut, a leader in Congress in sponsoring anti-poverty legislation, told listeners to "lessen the scourge of poverty." The minimum wage must be raised (she noted that most minimum-wage earners were women); child tax credits must be expanded, worker-protect-

tion laws need to be passed, in addition to economic stimulus packages and low-income energy assistance programs.
"So many of the so-called 'working poor' can't take a sick day because they don't have paid sick days, and they worry about losing their jobs," she said.
"Our goal is to reach justice rather than just charity," said Pat Jaehnig of the Diocese of Providence.
"To do this we need sys-

See LEADERS, facing page

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MAXINE RICHMAN addresses press conference.

LEADERS: convene and call for action

From Previous Page

temic change," said Lilliana DeValle, executive minister of the American Baptist Church of R.I. "Soup kitchens, food banks are but a band-aid on the problem." And while they are sorely needed, they are not the solution. She called for a think tank to be formed on poverty. "Our work is just begin-

ning after today," said Maxine Richman, a veteran of JFRI's Community Relations Council, which formed the coalition. A prayer vigil is being planned for Oct. 2.

For more information, contact Marty Cooper, CRC director, at mcooper@jfri.org or call 421-4111, ext. 171.

Magaziner Farm: A harvest of hope

Volunteers find bushels of satisfaction in tilling the land for the food bank

By MARY KORR
JV&H senior contributing writer

BRISTOL – A stray seagull with a clam in its mouth crosses the dirt road off Pop-pasquash, which leads to the Magaziner Farm about a mile down. Ira and Suzanne Magaziner have set aside a portion of a field to grow organic crops for the R.I. Food Bank, one of a network of half a dozen community farms.

It has been a harvest of plenty this year (but don't ask about the pumpkin patch and happy deer), says one volunteer, Mike O'Donnell, last week.

Retired Portsmouth High School biology teacher Ray Sabourin is the farm coordinator. He and a small group of volunteers fence, mulch, fertilize, roto-till, plant, weed, harvest and box seasonal crops. He's been here for six years and could use more volunteers; one stalwart has died, another retired.

On this glorious Wednesday morning, though, four



Photo by Mary Korr

BEN RAJKAMUR picked buckets of bell peppers last week.

volunteers have arrived to harvest before the Food Bank truck gets there at 11 a.m.

Volunteer Ben Rajkamur pops ripe green bell peppers into a bucket, and then transfers it to a wheelbarrow. He grew up in rural Trinidad, worked in the oil industry, and retired in Bristol to be near one of his children. He's happy to be outside helping out and talking about – what else? – the weather, and fierce storms. His family emigrated from India to Trinidad as he explains, "We were the class called indentured slaves in India," he says.

Ray Masse, a four-year garden veteran, estimates they've picked 52 bushels of tomatoes and 59 bushels of peppers. "Providing food for the hungry is so basic," he says. He finds the work rewarding – but only wishes there wasn't so much weeding. Jan Stephenson from the Good Neighbors Food Kitchen in Bristol arrives in her car to pick up five boxes of food for the breakfasts and lunches served at the Hope Street site, and for the food pantry there. Once a month

See HARVEST. Page 12

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HARVEST: A bountiful crop will be welcomed at R.I. Food Bank

Statistics from the R.I. Food Bank

A NEW USDA report on food insecurity shows that hunger in Rhode Island has grown from affecting one in 10 households in 1998 to affecting one in eight households today.

The Rhode Island Community Food Bank continues to see an increase in the number of working poor accessing food pantries for assistance. Almost one-third (32 percent) of the state's households



served by the Food Bank network had one or more adults working. This is up from 29 percent

in 2001 and 25 percent in 1997.

In Rhode Island, 49 percent of pantry recipients choose between paying for food and paying for utilities. Additionally, 46 percent must choose between food and rent or mortgage while 34 percent choose between food and medicine or medical care.

One out of every three people served is a child under the age of 18.



CARTONS OF FOOD ready to be transported to the R.I. Food Bank



Photos by Mary K...

RIPE AND READY for picking, red and green peppers are great for cooking.

From Page 1

East Bay residents can come in and pick up a bag of food - two bags if it's been a good month, she says.

People come not only from the East Bay and Aquidneck Island, but from Providence and Cranston to eat at the food kitchen. They are single working moms, low-income families, the disabled, and the retired living on fixed incomes.

"I registered three families in one day this week," she says. "I'm worried come December." She will clean, slice and freeze half the peppers she has picked up today for winter. She asks this reporter to return in winter and take a photo of the

empty shelves and write about the growing needs.

"We go to food pantries. They're the only way my kids can eat," said Susan, a food pantry client.

Sabourin says one of the ways to alleviate hunger in the state is to encourage those eligible to sign up for food stamps, but Stephenson says it's not something people are all that comfortable doing, especially for the first time.

Last week, Sabourin went to a community center on Valley Street in Providence, to help hand out food bags. There were too many people, he says, mostly women

and children, picking up one bag of fresh produce before school started. And as delicious and fresh and organic and definitely worthy of Whole Foods, it's just not enough. The children also received book bags, courtesy of Blue Cross Blue Shield of R.I.

Although the season is drawing to a close, Sabourin says there's work to be done to bed down for winter. He welcomes any volunteer with a strong back, nimble fingers and a big heart. He can be reached at savoray41@cox.net.

"We have a real camaraderie here," he says.

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Year in Review

The JEWISH VOICE & HERALD
SERVING RHODE ISLAND AND SOUTHEASTERN MASSACHUSETTS

9 Tahav 5768 On the web at: www.jvherald.com September 21, 2007



JFRI forms framework to move forward

By Doris Feinberg
The board of directors of the Jewish Federation of Rhode Island (JFRI) has approved a working framework of a new organizational structure for the Jewish community in Rhode Island. The framework outlines the structure of an elected board of directors, the Executive Director, and the Board of Trustees. The framework also outlines the structure of the various committees and the role of each. The framework is expected to be finalized in the next few weeks.

Learning the shofar is a blast for Emanu-El children

By Doris Feinberg
The children of Emanu-El Temple in Providence had a blast learning to play the shofar. The children, aged 5 to 10, were taught by Rabbi David Kohn. The children were given a chance to play the shofar and hear the sound of the instrument. The children were very excited and enjoyed the experience. The children will be playing the shofar again in the future.

D.C. peace summit featuring NEWS ANALYSIS

By Doris Feinberg
The Washington Center for the Middle East Peace Initiative is hosting a summit on the Middle East peace process. The summit will feature a panel of experts and a Q&A session with the panelists. The summit is expected to be held in Washington, D.C. in the next few weeks.

JCC/Miriam road race

By Doris Feinberg
The JCC/Miriam road race was held in Providence on September 16. The race was held to raise money for the JCC/Miriam. The race was very successful and raised a large amount of money. The race was held on a beautiful day and the participants enjoyed the experience.

September 21, 2007

The JEWISH VOICE & HERALD
SERVING RHODE ISLAND AND SOUTHEASTERN MASSACHUSETTS

23 Tahav 5768 On the web at: www.jvherald.com October 5, 2007

Livni slams delay in Iran sanctions

By Doris Feinberg
Prime Minister Ehud Olmert's government is being criticized for its delay in imposing sanctions on Iran. Prime Minister Olmert's government is being criticized for its delay in imposing sanctions on Iran. Prime Minister Olmert's government is being criticized for its delay in imposing sanctions on Iran.

The table is set: play ball

By Doris Feinberg
The table is set for a new season of baseball. The table is set for a new season of baseball. The table is set for a new season of baseball.

Spirit of Sukkot

By Doris Feinberg
The Spirit of Sukkot was celebrated in Providence. The Spirit of Sukkot was celebrated in Providence. The Spirit of Sukkot was celebrated in Providence.

October 5, 2007

The JEWISH VOICE & HERALD
SERVING RHODE ISLAND AND SOUTHEASTERN MASSACHUSETTS

7 Heshvan 5768 On the web at: www.jvherald.com October 19, 2007

Mayor Cicilline leads mayoral delegation to Jerusalem

By Doris Feinberg
Mayor David Cicilline led a delegation to Jerusalem. Mayor David Cicilline led a delegation to Jerusalem. Mayor David Cicilline led a delegation to Jerusalem.

Barak focusing on security

By Doris Feinberg
Prime Minister Ehud Olmert's government is focusing on security. Prime Minister Ehud Olmert's government is focusing on security. Prime Minister Ehud Olmert's government is focusing on security.

Palestinians: Parley likely to be postponed

By Doris Feinberg
The possibility of a peace summit between Israel and the Palestinians is being questioned. The possibility of a peace summit between Israel and the Palestinians is being questioned. The possibility of a peace summit between Israel and the Palestinians is being questioned.

JFRI to develop Holocaust memorial

By Doris Feinberg
The Jewish Federation of Rhode Island (JFRI) is planning to develop a Holocaust memorial. The Jewish Federation of Rhode Island (JFRI) is planning to develop a Holocaust memorial. The Jewish Federation of Rhode Island (JFRI) is planning to develop a Holocaust memorial.

Jeffrey Goldberg is coming to Providence

By Doris Feinberg
Jeffrey Goldberg is coming to Providence. Jeffrey Goldberg is coming to Providence. Jeffrey Goldberg is coming to Providence.

October 19, 2007

We celebrate Israel@60, Rabbi Kaunfer retires (and is rehired), Doris Feinberg becomes JFRI President

Israeli apartment bombed, interfaith group fights poverty

BY RICHARD ASINOF
rasinof@jfri.org

ALL YEARS are years of change, no doubt. But the earth seemed to spin just a bit

faster last year, as the rate of change seemed to accelerate. In May, Doris Feinberg was elected the new president of the Jewish Federation of Rhode Island. As the first woman president of JFRI, Feinberg said: "While I am quite proud of this milestone, I hope I will be defined by community accomplishments irrespective of gender."

Feinberg said she wanted to create a more collabora-

tive approach to programs and services in the Jewish community. "We need to be smarter about the way we use our donor dollars," she said. "We must be more efficient and more transparent. Most importantly, we must ensure access and quality." Realignment plans moved ahead with deliberate speed; JFRI's board has been streamlined to effectuate rapid responses to community needs. In addition, JFRI has expanded

its professional staff. Bradley Laye was hired as the Federation's chief philanthropy officer. In the global view, *New York Times* columnist Thomas Friedman predicted our world will soon be, as his new book is named, "Hot, Flat and Crowded," which he discussed at Brown University during a visit to Rhode Island in April to celebrate Earth Day. Unpredictably, he was attacked by students calling themselves the

"greenwash guerrillas;" they threw pie plates filled with thick green goo at Friedman. "I spent 10 years in Beirut and Jerusalem - who would have thought I would be blindsided in Providence?" he said. His *New York Times* colleague, Nicholas Kristof, also appeared at Brown University for the Human Rights Film Festival, where he talked about

See YEAR, Page 14

The JEWISH VOICE & HERALD
SERVING RHODE ISLAND AND SOUTHEASTERN MASSACHUSETTS

10 Cheshvan 5768 On the web at: www.jvherald.com November 2, 2007

One on one with Mayor Cicilline: Report from Israel

By Doris Feinberg
Mayor David Cicilline's report from Israel was a success. Mayor David Cicilline's report from Israel was a success. Mayor David Cicilline's report from Israel was a success.

Jews respond to wildfires

By Doris Feinberg
The Jewish community in Rhode Island responded to wildfires. The Jewish community in Rhode Island responded to wildfires. The Jewish community in Rhode Island responded to wildfires.

Olmert makes his cancer public

By Doris Feinberg
Prime Minister Ehud Olmert made his cancer public. Prime Minister Ehud Olmert made his cancer public. Prime Minister Ehud Olmert made his cancer public.

November 2, 2007

The JEWISH VOICE & HERALD
SERVING RHODE ISLAND AND SOUTHEASTERN MASSACHUSETTS

14 Cheshvan 5768 On the web at: www.jvherald.com November 16, 2007

Handwriting is on the table

By Doris Feinberg
The handwriting is on the table. The handwriting is on the table. The handwriting is on the table.

Reaching across the great divide of Muslim and Jew

By Doris Feinberg
Reaching across the great divide of Muslim and Jew. Reaching across the great divide of Muslim and Jew. Reaching across the great divide of Muslim and Jew.

Rice: Summit vital to repel Iran

By Doris Feinberg
Rice: Summit vital to repel Iran. Rice: Summit vital to repel Iran. Rice: Summit vital to repel Iran.

Kristallnacht remembered at City Hall

By Doris Feinberg
Kristallnacht remembered at City Hall. Kristallnacht remembered at City Hall. Kristallnacht remembered at City Hall.

November 16, 2007

The JEWISH VOICE & HERALD
SERVING RHODE ISLAND AND SOUTHEASTERN MASSACHUSETTS

18 Cheshvan 5768 On the web at: www.jvherald.com November 30, 2007

Menorah to be lit at Barrington Town Hall

By Doris Feinberg
A menorah will be lit at Barrington Town Hall. A menorah will be lit at Barrington Town Hall. A menorah will be lit at Barrington Town Hall.

Bush shifts U.S. to be sole arbiter of talks

By Doris Feinberg
Bush shifts U.S. to be sole arbiter of talks. Bush shifts U.S. to be sole arbiter of talks. Bush shifts U.S. to be sole arbiter of talks.

Safe Toy Story: Hasbro's strict standards

By Doris Feinberg
Safe Toy Story: Hasbro's strict standards. Safe Toy Story: Hasbro's strict standards. Safe Toy Story: Hasbro's strict standards.

New rabbi becomes builder at Hahonim

By Doris Feinberg
A new rabbi is becoming a builder at Hahonim. A new rabbi is becoming a builder at Hahonim. A new rabbi is becoming a builder at Hahonim.

November 30, 2007

Year in Review

The JEWISH VOICE & HERALD
SERVING BOSTON ISRAELI AND SUBURBAN MASSACHUSETTS

Reaching the next generation of Jewish kids
The publisher of *JVH* and *BackPages* calls about the technological transition in Jewish educational content.

Peace talks begin in Jerusalem
By Lisa Isaacs
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White House Hanukkah: Comfort and contradiction
By Lisa Isaacs
27th page

Into the darkness, evading the Nazis
Revisiting a Jewish memoir by Phyllis Kestel
By Lisa Isaacs
27th page

PHDS welcomes Rabbi Rose
By Lisa Isaacs
27th page

Thanks to GTECH, computer lab opens at JCC
By Lisa Isaacs
27th page

Washington 15: Young Jewish professionals to converge on D.C.
By Lisa Isaacs
27th page

With help from Irving Berlin, Russian students learn English
By Lisa Isaacs
27th page

PHOTOS: (Clockwise from top left) Rabbi Isaac Goldfarb, Rabbi David Saperstein, and Rabbi Shmuel Herzfeld at the White House; Rabbi Rose at the JCC; Young Jewish professionals at a meeting in Washington; and students at the Irving Berlin Center.

December 14, 2007

The JEWISH VOICE & HERALD
SERVING BOSTON ISRAELI AND SUBURBAN MASSACHUSETTS

Interfaith mission: Local rabbi meets with Pope
By Lisa Isaacs
27th page

In primaries Jewish voters will matter
By Lisa Isaacs
27th page

Olmert pressed to quit Israeli government may fall
By Lisa Isaacs
27th page

Bush begins 8-day tour of Mideast
By Lisa Isaacs
27th page

Skating on Irish ice
By Lisa Isaacs
27th page

Washington 15: Young Jewish professionals to converge on D.C.
By Lisa Isaacs
27th page

With help from Irving Berlin, Russian students learn English
By Lisa Isaacs
27th page

PHOTOS: (Clockwise from top left) Rabbi Isaac Goldfarb, Rabbi David Saperstein, and Rabbi Shmuel Herzfeld at the White House; Rabbi Rose at the JCC; Young Jewish professionals at a meeting in Washington; and students at the Irving Berlin Center.

December 28, 2007

The JEWISH VOICE & HERALD
SERVING BOSTON ISRAELI AND SUBURBAN MASSACHUSETTS

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January 9, 2008

YEAR: A time of change, transition and more change

From Page 13
his work reporting on the genocide in Darfur, and how he was haunted by the people whom he had met, saying: "I can't get these people out of my mind." Kristof lauded student activists for keeping the pressure on about Darfur — particularly on politicians who would prefer to forget.

The State of Israel celebrated its 60th birthday as a nation, and Rhode Island held its own community celebration on June 1 at Roger Williams Park,

attracting more than 1,000 celebrants, including most of Rhode Island's top elected officials. U.S. Senator Jack Reed, U.S. Senator Sheldon Whitehouse, U.S. Rep. Patrick Kennedy, U.S. Rep. James Langevin, R.I. Gov. Donald Carcieri and Providence Mayor David Cicilline all spoke forcefully about Israel's part-

nership, legacy and future. *The Voice & Herald* published the first of two special sections celebrating Israel's 60th birthday, providing a historical perspective on the early years, including columns by correspondent Yehuda Lev and graphic histories prepared by *BabagaNewz*. That very same night, June

1, a tribute was held to feté Rabbi Alvan Kaunfer and his 33 years of service at Temple Emanu-El in Providence, with 613 attending the tribute.

School.) Rabbi Joel Seltzer was appointed to be second rabbi at Temple Emanu-El. Locally, it was certainly a time of transitions. Rabbi Andrew Klein succeeded Rabbi Jim Rosenberg as the new spiritual leader at Temple Hahonim in Barrington, where Rosenberg had served for more than three decades before retiring. Temple Sinai in Cranston celebrated its 50th anniversary; Temple Am David in

We bid farewell to strong lay leaders and rabbis; we welcome new ones who will add their perspectives and personalities.

That very same night, June 1, a tribute was held to feté Rabbi Alvan Kaunfer and his 33 years of service at Temple Emanu-El in Providence, with 613 attending the tribute.

See COMMUNITY, Facing Page

The JEWISH VOICE & HERALD
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'Non-violence is for courageous people'
By Lisa Isaacs
27th page

Israel vows to keep pressure on Gaza to stop rocket attacks
By Lisa Isaacs
27th page

Teaching the business of risk in Cairo
By Lisa Isaacs
27th page

Auschwitz survivor Judith Sternberg Newman, 88, dies
By Lisa Isaacs
27th page

Gaza breach
By Lisa Isaacs
27th page

A Jewish homecoming for Larry Sadwin, URI class of '64
By Lisa Isaacs
27th page

PHOTOS: (Clockwise from top left) A group of people at a meeting; a person in a dark setting; a group of people at a meeting; and a person in a dark setting.

January 25, 2008

The JEWISH VOICE & HERALD
SERVING BOSTON ISRAELI AND SUBURBAN MASSACHUSETTS

Re-born in the U.S.A.
By Lisa Isaacs
27th page

Fears resurface after bombing
By Lisa Isaacs
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Patrick Kennedy: Shared reflections on his recent visit to the Middle East
By Lisa Isaacs
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V-Day in Rhode Island
By Lisa Isaacs
27th page

Kollel: strengthening our Jewish community through study
By Lisa Isaacs
27th page

PHOTOS: (Clockwise from top left) A group of people at a meeting; a person in a dark setting; a group of people at a meeting; and a person in a dark setting.

February 8, 2008

The JEWISH VOICE & HERALD
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Threats from Hezbollah lead to fears of new war
By Lisa Isaacs
27th page

Patrick Kennedy: Shared reflections on his recent visit to the Middle East
By Lisa Isaacs
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V-Day in Rhode Island
By Lisa Isaacs
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Kollel: strengthening our Jewish community through study
By Lisa Isaacs
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February 22, 2008

Year in Review

The JEWISH VOICE & HERALD
SERVING RHODE ISLAND AND SOUTHWESTERN MASSACHUSETTS

Board of Rabbis offers community kashrut policy
The Board of Rabbis of the Jewish Community Center of Providence has issued a new kashrut policy for the community. The policy is designed to provide a clear and consistent standard for kashrut observance in the community. It covers a wide range of issues, from the handling of meat to the use of dairy products. The policy is intended to help individuals and organizations make informed decisions about kashrut observance.

Forum puts spotlight on budget crisis
Concerns about the state budget crisis are being highlighted in a forum. The forum is a public discussion where community members can express their views on the budget crisis and its impact on the community. The forum is being held at the Jewish Community Center of Providence.

Civil discourse in a time of conflict
A panel discussion titled "Civil Discourse in a Time of Conflict" was held at the Jewish Community Center of Providence. The panelists discussed the importance of maintaining civil discourse in times of conflict and how the community can promote peace and understanding.

With new facilities at 100, Camp JORI is creating a new spirit of Jewish overnight camping
Camp JORI is celebrating its 100th anniversary. The camp has recently opened new facilities, including a new dining hall and a new outdoor area. The camp is looking forward to a year of new experiences and traditions.

March 7, 2008

The JEWISH VOICE & HERALD
SERVING RHODE ISLAND AND SOUTHWESTERN MASSACHUSETTS

Firebombing of Israeli's apartment shocks community
A firebombing of an Israeli apartment in Providence has shocked the community. The firebombing occurred in the early hours of the morning and caused significant damage to the apartment. The community is expressing its solidarity with the Israeli family and calling for an investigation into the incident.

Shocking police response after Melissa Cochran thrown at Camp Shalom street
A shocking police response occurred after Melissa Cochran was thrown at Camp Shalom street. The incident took place during a protest and caused a great deal of concern among the community. The police response was widely criticized.

"One of the things the Jewish community has demonstrated is that we can't succumb to fear"
Ruth Simmons, president of Brown University, said "One of the things the Jewish community has demonstrated is that we can't succumb to fear." She was speaking at a community event where she discussed the importance of standing up to fear and promoting tolerance.

ICPA Plenum marks 40th anniversary of King's death
The ICPA Plenum is marking the 40th anniversary of the death of Dr. Martin Luther King Jr. The plenum is a gathering of community leaders and members who discuss current issues and ways to promote social justice.

March 21, 2008

The JEWISH VOICE & HERALD
SERVING RHODE ISLAND AND SOUTHWESTERN MASSACHUSETTS

New book blasts gender inequity in Jewish workplace
A new book titled "Gender Inequity in the Jewish Workplace" has been published. The book discusses the challenges women face in the workplace and offers solutions for promoting gender equality. The author is a prominent community leader.

Sophie Freud: Living in the shadow of fame
A profile of Sophie Freud, a prominent community leader, is featured in the magazine. Sophie is known for her work in promoting social justice and her commitment to the community.

Showing solidarity with Serot families
The community is showing solidarity with the Serot families. The Serot families are the victims of a tragic incident, and the community is offering support and assistance to them.

Code Red ends residents' stay in shelter
The Code Red program has ended the residents' stay in shelter. The program was a successful effort to provide temporary housing for the residents.

Day trading at JCDS
Students at JCDS are participating in a day trading program. The program is designed to teach students about the stock market and financial literacy.

April 4, 2008

COMMUNITY: Realignment moves steadily forward

From Previous Page

Warwick also celebrated its 50th anniversary; Temple Beth El in Fall River celebrated its 80th anniversary. Erin Minior was named CEO at Jewish Family Service, and L. Robert Sarkisian was named the interim head of the Jewish Community Day School. Rabbi Elie Kaufner, the younger son of Rabbi Alvan Kaufner, won an Avi Chai

Fellowship award for his vision of how to create a new, more egalitarian *yeshiva*, a way for younger Jews to engage and form their own sense of community. The Fain family donated \$1 million to help build a new home for Hillel at the University of Rhode Island. Camp JORI celebrated its first 100 years and the dedication of the Markoff Sanctuary at its Worden's Pond campus.

For Jeffrey Goldberg, a correspondent with *The Atlantic*, whose book, "Prisoners," a personal history of his coverage of the Middle East conflict, there was one irrefutable truth that remained: "The maximum Israel could give did not match the minimum the Palestinians would accept." Goldberg served as the keynote speaker to celebrate the JFRI's annual campaign. The community was shocked

See TRANSITIONS, PAGE 15

2008 GUIDE TO JEWISH LIVING

THE JEWISH VOICE & HERALD

The Guide to Jewish Living has all the information on everything Jewish.

The JEWISH VOICE & HERALD
SERVING RHODE ISLAND AND SOUTHWESTERN MASSACHUSETTS

Kristof: Keep pressures on Darfur
Kristof keeps the pressures on Darfur. He calls for continued international action to end the violence in Darfur.

Voices rise up against budget cuts
Voices are rising up against budget cuts. Community members are expressing their concerns about the impact of budget cuts on social services.

New home for Hillel at URI
A new home for Hillel at the University of Rhode Island has been announced. The new home will provide a space for Jewish students to gather and study.

In this story, the question is answered at Passover
A story about Passover is featured in the magazine. The story explores the meaning of Passover and how it is celebrated in the community.

April 18, 2008

The JEWISH VOICE & HERALD
SERVING RHODE ISLAND AND SOUTHWESTERN MASSACHUSETTS

Temple Emman-El appoints Rabbi Joel Seltzer
Temple Emman-El has appointed Rabbi Joel Seltzer as its new rabbi. Rabbi Seltzer is a highly respected leader in the community.

'Hot, flat and crowded'
A commentary titled "Hot, flat and crowded" is featured in the magazine. The commentary discusses current events and the state of the world.

Are Syria, Israel edging closer to deal?
A report on the peace process between Syria and Israel is featured in the magazine. The report discusses the progress of negotiations and the challenges ahead.

Judaic Traditions will close storefront
The Judaic Traditions storefront is closing. The storefront was a popular place for the community to gather and learn about Judaic traditions.

Young Jews don't take their identity for granted
A report on young Jews and their identity is featured in the magazine. The report discusses how young Jews are embracing their identity and promoting it.

May 2, 2008

The JEWISH VOICE & HERALD
SERVING RHODE ISLAND AND SOUTHWESTERN MASSACHUSETTS

Temple Sinai's 50th Celebration
Temple Sinai is celebrating its 50th anniversary. The celebration includes a variety of events and activities for the community.

Judaic Traditions will close storefront
The Judaic Traditions storefront is closing. The storefront was a popular place for the community to gather and learn about Judaic traditions.

Jewish family copes with loss of a loved one
A story about a Jewish family coping with the loss of a loved one is featured in the magazine. The story discusses the challenges of grief and the importance of community support.

Ambassador Ross speaks to overflow crowd at Beth-El
Ambassador Ross spoke to an overflow crowd at Beth-El. The event was a significant moment for the community.

May 30, 2008

Year in Review

The JEWISH VOICE & HERALD
SERVING RHODE ISLAND AND SURROUNDING MASSACHUSETTS
Vol. 38, Issue No. 36 www.jvh.org June 13, 2008

Israel@60: A great day to celebrate
Thousands gather at Roger Williams Park

Rabbi, teacher & scholar: Rabbi Avhan Kasser led 625 annual service at Temple Empan-El

Interim Director named CEO at Jewish Family Service

Sen. Reed visits Iraq, Afghanistan with Obama

Abraham's forces pattern progress in peaceful relationship

Sen. Reed visits Iraq, Afghanistan with Obama

Obama meets with Israeli leaders, visits Sderot, Yot Vataim

PHOTOGRAPHY 100 photos from the year in review

June 13, 2008

The JEWISH VOICE & HERALD
SERVING RHODE ISLAND AND SURROUNDING MASSACHUSETTS
Vol. 38, Issue No. 37 www.jvh.org June 27, 2008

Jewish ruach fills the air at Camp JORI
New Menorah Sanctuary is dedicated in honor of the camp's 50th anniversary

As Israel-Hamas truce begins, Israelis warn war may follow
Moriah, rockets attack from Gaza

New interim head of school named at JCDS
Headmaster of the Massachusetts Jewish Day School named to one-year position

The Mother's Circle arrives in Rhode Island
Program supports mother who are raising Jewish children, first class one year program

Emancipators return to Israel

PHOTOGRAPHY 100 photos from the year in review

June 27, 2008

The JEWISH VOICE & HERALD
SERVING RHODE ISLAND AND SURROUNDING MASSACHUSETTS
Vol. 38, Issue No. 38 www.jvh.org July 25, 2008

Hospital on the front line
Victims from Abilene suffer when trauma center near Gaza border

Giving care as memory declines
Abraham's forces pattern progress in peaceful relationship

Sen. Reed visits Iraq, Afghanistan with Obama

Obama meets with Israeli leaders, visits Sderot, Yot Vataim

PHOTOGRAPHY 100 photos from the year in review

A new kind of medical practice

PHOTOGRAPHY 100 photos from the year in review

July 25, 2008

TRANSITIONS: New head of school at JCDS

From Page 15 by the firebombing – still unsolved – of an Israeli's apartment on Camp Street in March. JFRI's Community Relations Council helped coordinate an interfaith response to the issues of budget cuts in the community.

On Sept. 17, with the lighting by volunteers of the special WaterFire in Providence to celebrate Israel@60 and Rhode Island's Jewish community, a new chapter will begin.



TWINS HANNAH AND JACOB book-end their sister, Zoe, and their dad, Everett Finkelstein, anticipate the opening session of Temple Beth-El's religious school on Sept. 7.



JCDS Head of School Bob Sarkisian looks like "a kid at heart."

The JEWISH VOICE & HERALD
SERVING RHODE ISLAND AND SURROUNDING MASSACHUSETTS
Vol. 38, Issue No. 39 www.jvh.org August 8, 2008

Swimmers lead U.S. contingent of Jewish athletes

Hit a home run & marry me!

Kosher meat plant seeks to clean up its image

Who is Olmert's likely successor?

R.I. interfaith coalition launched to fight poverty

PHOTOGRAPHY 100 photos from the year in review

August 8, 2008

The JEWISH VOICE & HERALD
SERVING RHODE ISLAND AND SURROUNDING MASSACHUSETTS
Vol. 38, Issue No. 40 www.jvh.org August 22, 2008

Live from New York! It's the 92nd St. Y at the JCC

Georgian Jews flee zone

Reaffirming religious freedom

Report from the 2008 JCC Mazza Games

Network's Family Day: building community

PHOTOGRAPHY 100 photos from the year in review

August 22, 2008

The JEWISH VOICE & HERALD
SERVING RHODE ISLAND AND SURROUNDING MASSACHUSETTS
Vol. 38, Issue No. 41 www.jvh.org September 5, 2008

In the eye of the storm: A Jewish blogger in the midst of Gustav

Rising fuel, food prices squeeze R.I. Food Bank

Reform rabbis embrace ethical kosher

JFRI Launches - Hineni - 2009 Community Campaign

Hineni Here I Am.

PHOTOGRAPHY 100 photos from the year in review

September 5, 2008

JCC 5K ROAD RACE

THE PREVIOUS NIGHT'S STORM cleared the way for a bright and sunny Sunday, Sept. 7 – a perfect day for the JCC's 5K. A record number of people participated, said the JCC's Lisa Mongeau, with 316 adults and 98 kids running. Sponsored by Miriam Hospital, the JCC raise raised some \$20,000.



Photo by Nancy Kirsch

Father and daughter, Jeff and Bethany Pine, before the big race.

Shining Through Broken Glass

An Ecumenical Concert of Memory and Hope, 70 Years after Kristallnacht

PROVIDENCE – Noted actor and producer Leonard Nimoy will narrate a concert to commemorate *Kristallnacht* in a one-night only performance, "Shining Through Broken Glass," on Sunday, November 9, 2008 at 7:00 p.m. at the Veterans' Memorial Auditorium in Providence.

Produced by Temple Emanuel, in partnership with the Holocaust Education and Resource Center of RI, it is an

historic concert of memory and hope exactly 70 years to the day after *Kristallnacht*, that infamous night in 1938 when the Nazi regime unleashed terror of epic proportions throughout Germany and Austria. Celebrating the achievements of 1,000 years of Jewish music, culture and art, and giving meaning to the lessons learned from the Holocaust, the concert will feature an ecumenical adult and youth choir of more than 200 voices from synagogues, churches, schools and colleges, four cantorial soloists and a 40-piece professional orchestra.

With more than 30 historical and contemporary musical selections and an integral visual arts presentation, the concert will

take the audience from the time of Middle Ages up to the 1930s. Composer Arnold Schoenberg's "Survivor of Warsaw," that demonstrates the horrors of the Holocaust, will be performed by Nimoy, the orchestra and an all-male choir. The final sections of the performance will use music to celebrate contemporary life, and to exemplify the message of Psalm 133: "How good it is for brothers and sisters to dwell together in harmony".

Tickets are available from the Veterans' Memorial Auditorium Box Office (401-421-ARTS) or on line at www.vmari.org. Ticket prices range from \$25 to \$100 and discounts are available for students and seniors.

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The blessings of an imperfect world

Challenges, struggles, losses essential for our growth

RABBI James Rosenberg gives thanks, *modeh ani lifanecha*, for the soft morning



Stanley Aronson M.D.

light that awakens him, for the warmth of the sun, for the sunflower faces and for the death of the night. He offers fervent gratitude for movement and for life – and even for the hunger-prompted screams of the swooping gulls. He finds expressive, memorable words for the feelings most human beings can only experience and wondrous, metaphorical ways of saying the commonplace. He translates a marvelous world into memorable words. Imagine now a perfect world, undiminished, unthreatening,

uncorrupted, unchanged. Imagine that this world is enveloped by an eternally blue sky with but a few aesthetically distributed wisps of clouds. A sun unwavering, everlastingly warming, promising eternal light. Imagine the many oceans bereft of storms, the waves gentle and manageable, the seas friendly and safe. Imagine the verdant forests, eternally green, each tree at the height and breadth of its majesty. The muted sounds of the meadows and dales are the voices

of serenity, a congenial symphony made up of gentle breezes, the spirited songs of birds and the rustle of leaves. Imagine a world so perfect that the sun is eternally at high noon, the ambient temperature neither scorching nor chill, the brook abundant with clear water despite an absence of rain, an Eden to surpass all Edens.

Imagine this world at its full and resplendent maturity. The flowers are fully formed and at their best; the insects – now fully matured as moths and butterflies – flutter amongst the pollen-laden blossoms, adding bits of innocent color to the tranquil landscape. Nowhere is there want, struggle or conflict.

In a perfect world such as this there is no chance for personal growth.

But in a perfect world such as this there is no chance for personal growth, no opportunity for creating things that the world has not previously beheld, no anticipation, no opportunity to err, to reflect, to feel remorse and then to atone, perhaps even to learn. No opportunity to live a finite life filled with achievements and failures, and then consciously to retire thus allowing others to try. Oh, Creator of all, architect of the sunrises and sunsets,

Modeh Ani Lifanecha

*Modeh ani lifanecha, I give thanks to You
Who wakes me into soft morning light
Who spread out the tents of the sky
Who flames the day with sunflower faces*

*Who wakes me into soft morning light
As gulls scream their hunger in loud, soaring flight
Who flames the sky with sunflower faces
Burning and yearning for the death of the night*

*As gulls scream their hunger in loud, soaring flight
Who spreads out the tent of the sky
Burning and yearning for the death of the night
Modeh ani lifanecha, I give thanks to You*

James B. Rosenberg
Summer, 2004

protect us from such a perfect world; you who have given us life, have now bestowed upon us the greatest gift of all gifts; the gift of change; and with change has allowed our entrance into this world – sometimes bountiful, sometimes unforgiving – a spring filled with the prom-

ise of opportunity; a summer sometimes brash, sometimes swaggering; then the autumn winds hinting of senescence and finally the mortal chill of winter; birth, struggle and death. And for this abundance we give thanks to You.

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AS WE GROW OLDER

New computer – friend or foe?

THIS SAGA, like most sagas, has a history. I have a few talents, but any activity that has any mechanical aspect is not amongst them. I used to own an electric typewriter. Fortunately,



Tema Gouse

I never had to earn a living typing because my skills were minimal. I typed things that required legibility, which my handwriting could not always ensure.

But when the engineer in the family treated himself to a new toy, Radio Shack's first computer, he informed me that I would no longer need a typewriter, because the computer typed and did multiple other tasks.

As I looked at varied unknown keys, I was immediately intimidated. The evening of the purchase, the new computer owner proudly called his #2 son, the other gadget fan in the family. Son finally stopped laughing to tell Daddy that he had made an identical purchase.

That was the beginning of my troubles. The computer was not Tema-friendly. Nor were subsequent computer upgrade purchases. They

improved, with more capabilities; I became more fearful and continued writing by hand. My beautiful typewriter had been donated to some charity.

The shame intensified some years later when my four-year old granddaughter would ask, "Grandma, can I play with the 'compooter?'" She could start it, play with it and then shut it down. (It is a good thing that I have an



Over the years, I learned some basics of using the computer. I hate it as I hate medicine, but I take both because they help me.

otherwise oversized ego!)

And then, two things happened that shook up my otherwise serene retirement years. First, I was invited to write articles for *The Jewish Voice & Herald*. And second, my handwriting became illegible.

So, Wise Husband suggested that I write the articles on the computer. He lauded the advan-

tages. I could make changes. I could get a word count without counting. I could use something called "spell-check" to check spelling and grammar!

Over the years, I learned some basics of using the computer. I hate it as I hate medicine, but I take both because they help me. I was apprehensive when I e-mailed it to my publisher. So, I put it in a disk and delivered it.

I've matured. I now e-mail the writing to *The Voice & Herald*. Over the years,

person is at home. I have never completed any composition without needing help.

I have gotten somewhat more independent and try to start up the hated object by myself. I sometimes advise my husband about getting some information that is only available on the computer.

Well, last Saturday, the family's computer authority came to visit. (By the way, he also does all computer purchasing and repairing for Older Brother and his family.) As he proceeded with the invariably needed printer repair, he finished his

work and

father and son upgraded. (Father does whatever the maven-son recommends.) The son visits often enough to keep the computer (and parts) operating. Break-downs are catastrophic.

After a quarter of a century, I should be used to the machine. I still hate and fear it. I do not open the machine unless some more computer-friendly

announced that our computer was "tired."

Everybody who knows me well enough knows my age and the age of my MUCH older husband. We do not buy a new car because we do not anticipate living long enough to enjoy it. Computers cost less than a car. But I love my car and hate all computers.

The end of the story is obvi-

ous. Son made the diagnosis on Saturday evening. At precisely 11:00 a.m. Sunday, he phoned to tell us that we were now the owners of a new updated computer.

That word "updated" turned my blood cold. All my elongated life I have been a decent, hard-working Jewish lady. I was a fair-to-middling student. I learned to cook and bake. I did not beat my children. I helped the needy. I had a job I loved and believe I helped many disturbed families.

So why at this late stage must I learn the machinations of a new device made of parts I do not understand.

Because, I must. Old age has many indignities, but this is one I had not anticipated when I started getting Social Security checks. I shall humble myself and ask my granddaughters who each own every electrical device ever invented if they would mind sharing their computer wisdom with Grandma. They will do it willingly and with great ability.

But the first time I use the new computer I will still be scared and approach it with great trepidation. Rest assured, I will not get through my endeavor without calling for help from the guy in the other room who started all of this *misbegos*.

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PROVIDENCE – Jewish Eldercare of Rhode Island (JERI), a program of Jewish Seniors Agency of Rhode Island (JSA), will operate at satellite locations around Rhode Island to supplement the main office at 100 Niantic Avenue in Providence.

The JERI office at Temple Am David, 40 Gardiner Street, in Warwick, will be open for business from 10:00 to 11:30 a.m. one Thursday each month, as follows: October 23, November 20 and December 18. In

2009, JERI staff will be there on January 15, February 26, March 19, April 23, May 21 and June 18. JERI will maintain offices at the South County Collaborative, 375 Kingstown Road, in Wakefield, on the same dates as above, but from 1:30 to 3:00 p.m.

A third satellite will open at Sakonnet Bay Manor, 1215 Main Road, in Tiverton from 10:00 to 11:30 a.m. one Thursday each month, as follows: October 30, November 13 and December 11. In 2009, staff will be there on January 8, February

12, March 12, April 7, May 14 and June 11.

JERI Director Susan Adler and Assistant JERI Director Ethan Adler will be on site to counsel and advise seniors and their families. They will schedule mini-workshops geared to seniors and their families throughout the year.

For further information, contact Susan Adler at 401-621-5374 or sadler-jeri@jsari.org.

Happy Rosh Hashanah



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RHODE ISLAND'S JCCRI Maccabi team is ready to rock in Detroit

Maccabi athletes turn in record performances

By CHRISTINE PARKER
Special to The Voice & Herald

Fifteen Jewish athletes from around the state who competed in the JCC Maccabi Games in Detroit between August 18 and 22 created the largest contingent of Rhode Island athletes ever sent to the JCC Maccabi games. Competing with 2,500 other athletes from across the United States and around the world, this determined group managed to rack up a record with four medals – one gold, two silver 1 and one bronze – and a whole lot of fun, all at the same time.

"I am absolutely going to go next year," said dancer and bronze medalist, Gabriella 'Gabi' Levin. "Everybody is really nice, meeting new people, making friends and being supportive of each

other. And our Rhode Island team really had fun together."

This was a second time participating in the JCC Maccabi games for swimmer Sam Skurkovich, who won both a gold medal in the 200 freestyle mixed relay, and silver in the 400 free mixed relay. "I'm telling all my friends they have to come next year. It's a life-changing experience. Sure, it's about the competition, but it's also about socializing as well. And it's such a shock to the system to see all those Jewish teens in one place."

Delegation head Darlene Desroches summed it up beautifully when she said, "All our kids kept saying 'I didn't know there were so many Jewish people.' Between the more than 2,500 athletes and all the spectators and families

that were there for the events, there were more Jewish people gathered in one place at one time than most of our team had ever experienced. I think it was really mind-opening for these kids, and it gave them a sense of being part of something much bigger even than the games themselves."

JCCRI is actively seeking athletes to compete in next year's JCC Maccabi games. Jewish teens living in Rhode Island ages 13-16, with skills in baseball, soccer (girls and guys), basketball (girls), golf, tennis, table tennis, swimming, dance and volley ball are encouraged to contact the JCCRI for more information.

The JCCRI is also looking for future Maccabi athletes, ages nine to 12 for its Jr. Maccabi

See ATHLETES, Facing Page



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Wednesday classes resume on 9/24 at Temple Sinai, Cranston
FREE pizza at 6:00 pm – Classes start at 6:30 pm



Register NOW! A few Sunday classes have already closed. Visit www.bjeri.org to download course descriptions and enrollment forms. Need help arranging your schedule? Contact Jamie Richman, Community Education Coordinator, at 401.331.0956 x181 or jrichman@bjeri.org.

Our community-wide high school is coordinated by the Bureau of Jewish Education of Rhode Island in partnership with area synagogues. All Jewish teens in grades 8-12, regardless of affiliation or synagogue membership, are invited to participate.



Refer a new student: Returning MIDRASHA students--and new students who have already enrolled--will receive a \$10 iTunes card for referring a new student. Tell the friends you refer to mention your name when they register, and we'll contact you to deliver your iTunes!

ATHLETES: compete and glory in shared Jewish experiences

From Previous Page

training program, with classes starting Sept. 17 at JCCRI. This conditioning course is only \$15 for members and \$20 for non-members. For further information on either program, please contact Darlene Desroches, at the JCCRI, at 401-861-8800.

The JCCRI Maccabi Games participation is made possible by generous support from the Jewish Federation of Rhode Island, the Touro Fraternal Association and the JCCRI Endowment Fund. Jr. Maccabi training is made possible through a generous donation by Dr. and Mrs. Albert Glucksmann.

JCCRI 2008 Detroit JCC Maccabi Games Delegation

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SARKISIAN: a new leader for JCDS

From Page 9

hands is the title: "Education beyond your wildest dreams."

The new head of school has a sense of humor and noted a little known fact about Meadowbrook.

"The parents' association fired a music teacher in 1938 because they didn't like his teaching style. His name was Leonard Bernstein."

Sarkisian came here because he was looking for a "school with issues but one which believed in its mission. I want challenges. I'm here to make a difference. I want to walk away knowing I did that," he said. "And we are starting anew. I don't want to talk about the past here. It is about the future."

At the annual meeting Sept. 3, Bruce Wolpert, who stepped in as president of the board of trustees (his third tenure), said, "It's a new year with a board and a new head. Our goal is not to have survived but to prosper and grow."

Upon arrival in Rhode Island, Sarkisian's immediate priority was both personal and professional. He had to find a place to live (he is renting an apartment in Barrington), and begin the task of filling faculty and staff vacancies (10). In addition, the school's enrollment has dropped 37 percent, to 120 students.

"I needed to bring this team together in a short period of time," he said.

At the same time, there were academic standards to ensure and widen. "I had to get a handle on academic programs and beef up certain areas of reading, math and science in the upper grades."

He said the school is indebted to Rabbi Alvan Kauner for assuming leadership this year as director of Judaic studies. It's one area he doesn't have to worry about.

The financial challenges of the school, where tuition ranges from \$6,239 for a half-day pre-K program to \$14,407 for grades 6-8, will be an ongoing concern, especially in an economic decline.

Sarkisian describes the school as an "urban" campus – the focus to relocate or build a new school is not his mandate.

He sees passion in the community for the school to succeed and, at the annual meeting, urged parents to go out and sell the school. "We're all in this together. I have no doubts we can turn this school around."

Sarkisian said Jewish day schools are the fastest growing segment of the independent school marketplace.

"Parents who can send their children anywhere select Jewish day schools because they want their children to learn core Jewish values at an early age."

At age 65, Sarkisian may not stay here indefinitely; he has been hired for the current

academic year, which could be extended for an additional year at the board's discretion.

The average tenure for a head of school is five years, he said. And 80 percent of heads of school are let go. "I believe small schools are not adequately serviced – proper matches are not made in the first place." Leadership is the essential ingredient to a school's success, he said.

"Today, the hiring process is in the hands of consultants," he continues. "They have become the gatekeepers."

He found his way to JCDS through a consultant. Before he accepted this position, he interviewed and was offered the top job at a Jewish community day school in Seattle, but decided on JCDS.

He noted that, in Seattle, 30 percent of parents send their children to private schools.

In his first few months here, Sarkisian has been getting to know the JCDS community, within and without its walls, and will continue to do so. The students call him Mr. S. He has vowed to learn all their names by the end of the month.

Sarkisian and his wife, Sally, a former elementary school teacher, have bought a "retirement" home in Fredericksburg, Va. He commutes home on weekends. The couple has two grown children and two young grandchildren.

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Martha Rita (Winoker) Flodin, 67

WARWICK — Martha Rita (Winoker) Flodin, age 67, died Sept. 9. Born in Providence, R.I., she was the daughter of the late Harry and the late Rose (Bochner) Winoker. Martha leaves her four children, Gwen Reich and her husband Lawrence of Milton, Penn., Daniel Hayman of East Providence, R.I., Louis Hayman and Christopher Flodin of Coral Springs, Fla.; and several grandchildren and many great-grandchildren. She was the sister of the late Jerome Winoker. Those who wish to make memorial contributions may send them to the charity of their choice.

Nathan A. Goren, 86

FT. LAUDERDALE, Fla. — Nathan (Nat) A. Goren, 86, died Aug. 22. He was preceded in death by his beloved and loving wife of 62 years, Sessile (Shaulson) Goren.

Born in Providence, R.I., he was the son of the late Harry and Molly Gornstein. He lived in Ft. Lauderdale, Fla., for the past 31 years. He is survived by two brothers, Sidney Gornstein of Highland Beach, Fla.; Stephen Grant of Los Angeles, Calif.; a sister, Claire (Harold) Krasner and a brother-in-law, Jerry (Sheila) Shaulson, of Cranston, R.I.

He will be sorely missed and dearly remembered by his two children and their spouses, Sybil and Steven Henry and Sam and Shelley Goren, and by his two grandchildren, Daniel and Jessie Goren, and many cousins, nieces and nephews.

He served in the U.S. Navy in World War II in both the European and the Pacific theaters, and received many medals. He supported the Jewish War Veterans, Vietnam Veterans' of America and the U.S. Navy Memorial Foundation. He worked as a manager of sales for Philco in Rhode Island.

He retired in 1977 and moved to Florida.

Contributions in his memory can be made to any organizations he supported or to one of your choice.

Tedi A. Green

PROVIDENCE — Tedi A. (Cohen) Green, a longtime resident of Providence, died Sept. 5, at the Philip Hulitar Hospice Center.

She was the beloved wife of the late Sidney Green.

Born in Boston, Mass., she was the beloved daughter of the late Max and Manya (Winitzky) Cohen. She was a graduate of Boston Girls Latin and Business School. Prior to her retirement in 2002, she worked as an office manager for Crest Photo. She was an active member of B'nai Brith and The Miriam Hospital Women's Association.

She leaves a son Geoff Green and his wife Susan of Montclair, Calif., two grandchildren and one great-grandchild. She was the sister of Herbert Cohen, and the late Rose Leinwand and the late Usick Vanzler.

Memorial contributions may be made to one's favorite charity.

Robert Michael Handwerger, 81

SARASOTA, FLA. — Robert Michael Handwerger died Aug. 14.

Born in New York City, he was a son of Shirley (Reiter) Handwerger and the late Louis Handwerger.

He was a 1971 graduate of New York University. He is credited with having changed the face of Providence, with his authentic restorations of antique buildings.

Besides his mother, he is survived by his children; Rachel Gordon and her husband David of Philadelphia, Penn., and Alexander Handwerger of Cranston, R.I., and his brother; Alan Handwerger and his wife Lorrie of Sarasota, Fla.

Contributions in his memory may be made to Tidewell Hospice, 5955 Rand Blvd, Sarasota, Fla. 34238; the CJD Foundation, P.O. Box 5312, Akron, Ohio 44334; or take someone you love out to dinner.

Sheryl Alexis Jacobson, DMD MS

PROVIDENCE — Dr. Sheryl Alexis Jacobson died on Sept. 4. As one of the first women to graduate from the Tufts Dental School in its three year program, she was a female pioneer in the Oral Surgery Residency Program at Jackson Memorial Hospital in Miami, Fla. She ran a pediatric dental clinic in Chelsea, Mass. Later, she became a Sloan Fellow at the Massachusetts Institute of Technology.

She worked for the Colgate-Palmolive Company.

She continued her professional growth in the Lending Officer Professional Development Program with the Bank of Boston.

Obituaries

She is survived by her husband Fredric C. Friedman, Ed. D., of Providence, R.I.; her father, Lt. Col. Ralph Jacobson (USAF, Retired) of Newton, Mass.; her brother, Keith E. Jacobson, of Newton and Swansea, Mass.

Contributions may be made to "Best Friends," a no-kill animal shelter, 5001 Angel Canyon Road, Kanab, Utah 84741.

Jack Kirsh, 80

WARWICK — Jack Kirsh, of 251 Chatham Circle, died Sept. 8. He was the husband of Shirley (Levin) Kirsh. They were married for 61 years.

Born in New York City, a son of the late Sol and Sylvia (Katz) Kirshenbaum, he had lived in Warwick for six years, previously living in North Smithfield for 53 years.

He was the owner of Bob's Men's Shops and The Closeout Store, both in Woonsocket.

He was a World War II Navy veteran. He was a member of Touro Fraternal Association. He was a member of Temple Sinai and its Brotherhood.

Devoted father of Nancy Katcuff and her husband Ben of Rockville, Md., Deborah DeNardo and her husband Stephen of Stamford, Conn., Sally Ann Baker and her husband Elliot of Durham, N.H. and Robert Kirsh and his wife Atara of Merrimack, N.H. Brother of Harry Kirshenbaum of El Paso, Texas, and Phyllis Kirshenbaum of New York City. Brother-in-law of Dorothy and Donald Horowitz. Grandfather of nine, great-grandfather of twins. Contributions may be made to

Temple Sinai Endowment Fund, 30 Hagen Ave., Cranston, R.I. 02920.

Zelda E. (Krellenstein) Howard, 83

NEW BEDFORD, Mass. — Zelda E. (Krellenstein) Howard, a resident of South Dartmouth, Mass., died Sept. 10, at the New Bedford Jewish Convalescent Home. She was the beloved wife of Dr. Bertram Howard.

Born in Brooklyn, she was the daughter of the late Elias Krellenstein and the late Rebecca (Rosen) Krellenstein. Mrs. Howard was a graduate of Cornell University School of Nursing and had served as a cadet nurse in the U.S. Army during World War II. She had worked as a nursing supervisor at the Brooklyn Jewish Hospital.

She was president of the Women's Auxiliary at St. Luke's Hospital. In 1963, she was chairman of nursing services for the Red Cross. A charter member of the walking tours of the historical district of New Bedford, she also held memberships in many museums and libraries including the Whaling Museum and the Rotche House in New Bedford, the Smithsonian Institute, and the Boston Museum of Fine Arts.

Besides her husband, she leaves her children, Dr. Jack Howard and his wife Leslie, of South Dartmouth, Nora Gitlin and her husband Louis, of Providence, R.I., Robert Howard of South Dartmouth, and Atty. Alan Howard and his wife Patti, of Bedford, N.Y.; as well as eight grandchildren. She was the sister of the late

Jessie and Rhoda Krellenstein.

Arlene Moody, 67

JOHNSTON — Arlene Moody, age 67, of 1143 Hartford Avenue, died Sept. 3, at Kent Hospital, Warwick, after a courageous battle with cancer. She was the beloved wife of Stewart W. Moody.

Born in Providence, a daughter of the late Irving and Sadie (Wiener) Siegel, she had lived in Johnston for 35 years. She was a graduate of Hope High School, Class of 1959. Arlene was a clerk with the Rhode Island Division of Taxation for 18 years, retiring in 1998.

Devoted mother of Councilwoman Paula McFarland and her husband, Brian, of Cranston; John J. MacDonald and his wife, Dawn, of Johnston, Diana MacDonald of Woonsocket and stepmother of Michael Moody and his wife, Stacie, of Pawtucket. Dear sister of Dr. Al Siegel of Arlington, Texas. Loving grandmother of nine grandchildren.

Contributions in her memory may be made to Multiple Myeloma Research Foundation, 383 Main Avenue, Fifth Floor, Norwalk, Conn. 06581, www.multiplemyeloma.org.

Lila K. Mullins

WARWICK — Lila K. Mullins, of Spencer Woods Dr., died Sept. 10 at Kent Hospital.

She was the beloved wife of Frank J. Mullins. They were married for 31 years.

Born in Providence, a daughter of Malcolm Kahn of East Providence and the late Anna See OBITUARIES, Facing Page



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From Previous Page

(Bernstein) Kahn, she had lived in Warwick for nine years.

She was an elementary school teacher in Providence, retiring in 1998. She received the Christa McAuliffe Teaching Fellowship in 1988.

Sister of Karen Rubin of Boston and step-daughter of Beverly Kahn.

Contributions in her memory may be made to the Scleroderma Foundation, Attn: Donations, 300 Rosewood Drive, Suite 105, Danvers, Mass. 01923.

Leah Niederman, 67

RIVERSIDE - Leah Niederman, of Riverside, a retired executive officer to the provost of Brown University, died Sept. 14.

Born in New York City, a daughter of the late Albert and Elisabeth (Kappel) Niederman, she had been a resident of Rhode Island for more than 30 years.

Ms. Niederman received her bachelor's degree from City College of New York and her master's degree from the University of Rhode Island.

She was a member of the World Affairs Council, Temple Emanu-El, and the Jewish Seniors Agency, and was a volunteer at Miriam Hospital.

She is survived by her brothers; Nicholas Niederman of New York City and Carl Niederman of Brooklyn, N.Y., many close friends, and her four precious cats.

Contributions in her memory

may be made to The Nature Conservancy, Attn: Treasurer, 4245 N. Fairfax Dr., Suite 100, Arlington, Va. 22203

Albert J. Ross, 77

PROVIDENCE - Albert J. Ross, 77, of 176 Ontario St., died Sept. 11 at home. He was the beloved husband of Ruth (Labush) Ross. They were married for 49 years.

Born in Providence, a son of the late Israel and Annie (Bernstein) Ross, he was a lifelong Providence resident. He was a letter carrier for the U.S. Postal Service, retiring in 1992. A Korean conflict Navy veteran, he was a member and past commander of

both the Jewish War Veterans and the American Legion.

He was a member of Temple Torat Yisrael and its Men's Club, Touro Fraternal Association, an associate member of Hadasah and a life member of Providence Hebrew Free Loan.

He was a volunteer for Home and Hospice Care of RI, Meals on Wheels, Hasbro Children's Hospital and Chaver Program for Jewish Eldercare.

Devoted father of Beth Ross of Stoughton, Mass., Naomi Mancuso and her husband David of Blackstone, Mass., Leah Ross-Coke of Coventry, Gilda Beckenstein and her husband Louis of Warwick and the late Michele Ross. Dear brother of Samuel Ross of Minneapolis, Minn., Henry Ross of Delray Beach, Fla., Hannah Skol-



Obituaries

nick of Newton, Mass., and the late Libby Rudnick. Loving grandfather of Owen, Jeremy, Ilana, Rebecca, Nuriya, Jessica, Elijah and Jacob.

Contributions in his memory may be made to your favorite charity.

Sheldon Sollosy, 82

CRANSTON - Sheldon Sollosy, of 35 Shirley Boulevard, Cranston, died Sept. 4 at Miriam Hospital. He was the beloved husband of Gladys (Barr) Sollosy. They were married for 58 years.

Born in Boston, Mass., a son of the late Theodore and Rose (Bowers) Sollosy, he had lived in Cranston for 52 years.

He was the president of Manpower, Inc. of Providence for 49 years, retiring in 2003. He was an Army veteran of the Korean conflict. He was a past president of Temple Torat Yisrael and a member of its Men's Club.

He earned an honorary Doctorate Degree in Humane Letters from New England Institute of Technology in 2001.

Devoted father of Harriet Slatin of Jerusalem, Israel. Dear brother of the late Arnold Sollosy. Loving grandfather of Chaim, Penina, Naomi, Sarah, Elisheva, Yael and Avraham (Avi). Cherished great-grandfather of 10.

Contributions in his memory would be appreciated to Temple Torat Yisrael, the Providence Public Library or the Jewish Federation of Rhode Island.



Beulah S. (Sherman) Wuraftic

NEW BEDFORD, Mass. - Beulah (Sherman) Wuraftic died on Sept. 12. Beloved wife of the late Joseph Wuraftic. Dear mother of Meryl Russell, Fairhaven, Mass., and the late Dr. Robert Wuraftic.

Loving sister of the late Milton Sherman, Ida Segall and Dr. Joseph Sherman. Devoted grandmother of Michael, David and Peter Russell and Adam Henning, and great-grandmother of four.

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Tuesday, Sept. 30: First day of Rosh Hashanah

Wednesday, Oct. 1: Second day of Rosh Hashanah

Thursday, Oct. 9: Yom Kippur

Tuesday, Oct. 14: First day of Sukkot

Wednesday, Oct. 15: Second day of Sukkot

Tuesday, Oct. 21: Shemini Atzeret

Wednesday, Oct. 22: Simchat Torah

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A hole in one for Jewish Seniors Agency

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THE TORRENTIAL downpours of August 6 ended with happy golfers and gratitude from those who run Jewish Seniors Agency (JSA) programs, including Jewish Eldercare of Rhode Island, To Life Center Adult Day Services, Shalom I and Shalom II Apartments, The Phyllis Siperstein Tamarisk Assisted Living Residence and the JSA Women's Association.

In keeping with the fundraiser's theme, generations of families participated in the first annual JSA Tee Up fundraiser, *L'dor V'dor* (from generation to generation) and raised valuable funds for these programs.

Pitch n' Putt, miniature golf, a kosher cookout, raffles, and music by The Jennifer Minuto Band added to the day's festivities at Mulligan's Island in Cranston.



MARTIN DITTLEMAN and his great-granddaughter Natalie hit the greens at Mulligan's Island

Photo courtesy of Jewish Seniors Agency

"YIRAH": is awe and fear; High Holidays encapsulate both

From Page 3

best, noting, "You can go on and on for too long. It can be overkill to put it all in."

Favorite sermon themes for this time of year, Wolberg said, include kindness, compassion, repentance and the sad state of affairs in the world.

Stein laughed at the idea that a central website to download fully prepared sermons exists, though rabbis exchanges thoughts and ideas, but not sermons. "A good sermon is authentic to who you are and the relationship you have with your congregation," he said. "What I want to say in 2008 is not what I - or someone else - said five or 10 years ago. That's why old sermons don't work."

That need for relevance may explain why neither Franklin nor Rabbi Leslie Gutterman, both seasoned rabbis, ever recycle old sermons. Gutterman said that his sermons are meant to be heard and not

read. them. "It's unusual if I don't have presentable copy by July. I read it through, put it all away and then spend time refining and revising. It's a long, yet satisfying, process." Gutterman added that it's difficult to communicate on how he may settle on a sermon topic, though on some occasions, such as 9/11, the topics are obvious.

Rabbi Mark Jagolinzer of Temple Shalom begins collecting material for High Holiday sermons the day after *Yom Kippur*. Congregants' questions and comments and articles he reads can be inspiration for sermons. "Every year, during the month of Elul, I write 10 blessings in my life and 10 issues that are of concern to me and to the world in which we live." This is therapeutic, and gives me food for thought, he said. "I take pleasure in writing and delivering a sermon which has an impact and evokes a response from those who hear

it." Associate Rabbi Sarah Mack of Temple Beth-El collects materials year-round. *The New Yorker*, *The New York Times*, books she's read and conversations she's had are all grist for her sermon mill. Motherhood often changes women's perceptions, so it'll be interesting to observe if her new role as a mother will affect her sermon.

Author's Note: We couldn't reach all the clergy we contacted in time for these interviews, so clergy who weren't represented here who want to offer their comments and thoughts should promptly email, voiceherald@jfri.org or call, 401-421-1111, ext. 204. If there is sufficient interest, we'll run a follow-up article in the next issue of The Voice & Herald.

Nancy Kirsch is the interim editor of *The Voice & Herald*.



Chased Schel Amess Association welcomes new officers

NEWLY elected officers and board members of the Chased Schel Amess Association, operators of Lincoln Park Cemetery (on Post Road in Warwick), look to the future.

Seated, from left: Sidney Goldman, past president; Ross Feinberg, treasurer; Edward Fink, first vice president; Susan Vederman, financial secretary; Sanford Reich, president; Harvey Allen Wagner, second vice president, and Norman Elman, director.

Second row, from left: Ernest Schleifer, Harry Katzman,

Gerald Sherman, directors; Rodney Locke, past president; Daniel Adler, director; Ralph Rottenberg, past president; Michael Weiner, Jerome Kritz, directors, and Murray Gereboff, past president and installing officer.

Third row, from left: Joel Gerstenblatt, past president; Barry Rose, director; Steven Sholes, past president; and Barry Forman, director.

All past presidents also serve as members of the Association's board of directors.

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STUDENTS in fourth through seventh grades in all schools affiliated with the Bureau of Jewish Education of Rhode Island will be treated to a free subscription to the award-winning Jewish monthly magazine, *BabagaNewz*, thanks to the generosity of The Helene and Bertram Bernhardt Foundation.

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for Jewish "tweens," is published every month during the school year, by JFL Media, whose chief executive officer, Amir Cohen, lives in Providence. *BabagaNewz* has received numerous awards over the years, including two recent awards from the American Jewish Press Association.

For more information on the *BabagaNewz* free subscription model, contact Michael Foilb, publisher, at Michael@babaganewz.com.



GENERATIONS OF JFRI ENTHUSIASTS participate in a Federation-hosted PBS special

Births



DONNA AND KENNETH PODRAT of Providence announce the birth of their granddaughter, Samantha Grace Fishman, on November 7, 2007. Samantha is the daughter of Judi and Matthew Fishman of Leesburg, Va., and the sister of Myles Daniel Fishman.



ALLISON AND SAM BRODSKY announce the birth of their daughter, Sloane Frances, born June 4, weighing 5 pounds, 15 ounces. Maternal grandparents are **Liz and Martin Kenner**, Cranston, R.I.; paternal grandparents are **Ellen and Joseph Brodsky** of Falmouth, Mass. Sloane is named for her maternal great-grandparents, Roselyn Kenner and Faye Ollove.



KEVIN AND SASHA GOLDMAN of Los Angeles, Calif. announce the birth of their first child, Calliope Rose Miller Goldman, on July 17. Paternal grandparents are Laurie and Stephan Goldman of Warwick. Maternal grandparents are Marcia Miller of New York City and James Meltzer of Hancock, N.H. Callie is named in loving memory of Ruth Alter and Rosalind Brier.

90th Birthday

Retired Russian physician, Dr. Raisa Kerdman, (center, in green dress with pearls) is surrounded by friends at the celebration of her 90th birthday on August 4 at the "To Life Center" (TLC) Adult Day Services, a program of Jewish Seniors Agency (JSA).

Academic scholar
and website designer

JAY RODRIGUES, the son of Susan and Michael Rodrigues of Cranston, R.I., Jay was named to the 2008 Dean's list at the Wharton School of Business at the University of Pennsylvania.

Rodrigues also created www.DormNoise.com, a college-exclusive social website designed to connect students to their college world. It features a unique calendar system that keeps students organized by combining their personal, student group and campus events. College students can also upload photos, instant message one another, and maintain their college relationships in a secure environment.

Wedding

Sy and Judi Dill of Providence are pleased to announce the marriage of our son, **Mathias Dill**, to **Jenna Mate** on Nantucket, on Sept. 14.

They are planning to live in Santa Monica, Calif.

Jonathan and Paula Mate, Jenna's parents, live in Oradell, N.J.



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5769 – Rosh Hashanah – 2008

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Vol. X— Issue XIV

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September 19, 2008

A local tradition: apple picking for Rosh Hashanah

Young couple creates their own New Year's family tradition

BY MOLLY M. PARR
Special to The Voice & Herald

AS WE BEGIN our second year of marriage, my husband and I are creating traditions that we will pass on to our future family. Each season brings new opportunities. For me, the fall means apples, pumpkins and *Yamim Noraim*, the Days of Awe. For my husband, the fall means the World Series and football every Sunday.

Well, he's made me into a sports fan, and I have made him into a *foodie*.

Before the Patriots season got underway, we ventured forth into the Ocean State, curious to discover the more than 20 pick-your-own orchards my computer showed me. We started in North Scituate, located, appropriately enough, in Apple Valley. We hoped to

See APPLES, Page 8



Green or red, apples are a delicious year-round treat

Photos courtesy of Parr Family



Aaron, Sara and Julia Masri

Photo courtesy of Masri family

Young Jewish mother gains deeper appreciation for holidays and celebrations

New rituals with their extended family bring joy and satisfaction to local interfaith couple

BY SARA MASRI
Special to The Voice & Herald

WHEN I WAS growing up, Jewish holidays were easy. All the members of my entire immediate family lived within half an hour of each other. Holidays alternated between my grandparents' homes. My parents and I never

had to decide where to go or what foods to prepare, as my grandmothers took care of everything. Today, this is still how my family celebrates the Jewish holidays with one major exception – I am not there.

Now, you might read that last sentence and sense family drama, but quite the contrary. I am very close with members of my family and we see each other frequently. However, as I have gotten older and started a family of my own, it has been increasingly important to create my own traditions and celebrations – to make my own Shabbat, so to speak.

I should begin with a little family history. I grew up in a

See HOLIDAY, Page 6

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High Holidays Schedule

ATTLEBORO, MASS.

Reconstructionist Congregation Agudas Achim

Monday, Sept. 29

8 p.m. Erev Rosh Hashanah

Tuesday, Sept. 30

9 a.m. Rosh Hashanah first day
4 p.m. Tashlich (at the duck pond)

Wednesday, Oct. 1

9 a.m. Rosh Hashanah 2nd day

Wednesday, Oct. 8

6:30 p.m. Kol Nidre

Thursday, Oct. 9

9 a.m. Yom Kippur
5:30 p.m. Mincha/Maariv

WOONSOCKET

Conservative

Congregation B'nai Israel

Monday, Sept. 29

Erev Rosh Hashanah
6:15 p.m. Evening Service

Tuesday, Sept. 30

9 a.m. Morning Service
10 a.m. Torah Service
4:30 p.m. Tashlich Service (meet at Blackstone River)
7:30 p.m. Mincha-Maariv Service

Wednesday, Oct. 1

9 a.m. Morning Service
10 a.m. Torah Service

Wednesday, Oct. 8

Erev Yom Kippur

5:45 p.m. Kol Nidre

Thursday, Oct. 9

9 a.m. Morning Service
10 a.m. Torah Service
10:45 a.m. Yizkor
5:30 p.m. Mincha
6:15 p.m. Neila
7:15 p.m. Conclusion

Tuesday, Sept. 30 &
Wednesday, Oct. 1

10:15 -11:30 a.m. Junior Congregation Service

Thursday, Oct. 9

10:30 -11:45 a.m. Junior Congregation Service

BARRINGTON

Reform

Temple Habonim

Monday, Sept. 29

Erev Rosh Hashanah

8:00 p.m. Evening Service

Tuesday, Sept. 30

9 a.m. Family Worship Service
10:45 a.m. Morning Worship Service
2:30 p.m. Tot Service
3:30 p.m. Tashlich Family service

Wednesday, Oct. 1

10:30 a.m. Second Day Morning Worship Service

Wednesday, Oct. 8

Erev Yom Kippur
8 p.m. Kol Nidre

Thursday, Oct. 9

9 a.m. Yom Kippur Family Worship Service
10:45 a.m. Yom Kippur Morning Worship Service
2:30 p.m. Yom Kippur Tot Service
3:15 p.m. Yom Kippur Afternoon Service and Yizkor Service
6 p.m. Break the Fast

NEW BEDFORD, MASS.

Conservative

Tifereth Israel Congregation

Sunday, Sept. 28

Cemetery Service at Plainville Cemetery
11:30 a.m. Cemetery Service
Noon: Holocaust Memorial Service

Monday, Sept. 29

Erev Rosh Hashanah
5:45 p.m. Evening Service

Tuesday, Sept. 30

First Day of Rosh Hashanah

8:30 a.m. Morning Service
9:30 a.m. Family and Youth Services
4:30 p.m. Tashlich at Buttonwood Park
5:45 p.m. Mincha/Maariv

Wednesday, Oct. 1

Second Day of Rosh Hashanah
8:30 a.m. Traditional Service
10 a.m. Contemporary Service
6:05 p.m. Mincha/Maariv

Wednesday, Oct. 8

Erev Yom Kippur
7:15 a.m. Shacharit
1 p.m. Mincha
6 p.m. Kol Nidre

Thursday, Oct. 9

Yom Kippur
9 a.m. Morning Service
9:30 a.m. Family and Youth Services
11 a.m. Yizkor
4:30 p.m. Mincha
5:30 p.m. Ne'ilah/Maariv
7 p.m. Conclusion of Fast

BRISTOL

Conservative

United Brothers Synagogue

Monday, Sept. 29

See SCHEDULE, Page 19

Our health care system is ill and needs to be nurtured back to health

Local Jewish physician injects Jewish values into his approach to healthcare

By ALAN KRINSKY
Special to The Voice & Herald

AS JEWS wish each other a happy and healthy New Year, one physician and member of the Rhode Island Jewish community has been raising challenging questions about just what it means to be healthy.

Most of us think of health as a personal matter—the functioning of my body, the length of my life. Rhode Island's Dr. Michael Fine, however, articulates a much broader vision of health, one in which health is inseparable from community and from the relationships in our lives. Health, in his eyes, ought to be a matter of justice and equal opportunity, and not merely the product of medical technology.

Dr. Fine is the physician operating officer of Hillside Avenue Family & Community Medicine which has offices in Scituate and Pawtucket. He also co-authored, with James W. Peters, "The Nature of Health: How American Lost, and Can Regain, a Basic Human Value." The book, originally published in 2007, will soon be released in a paperback edition.

For Fine, an important link exists between his Jewish identity and his views on healthcare. "If you think about it, the whole notion of health as relationship is fundamentally a Jewish concept." Recalling the warmth of handshakes after the communal prayer of morning *minyan*, he explains that community has long been a "center of meaning" for Jews. Fine asks, "What is the human project? To be in relationship, not to live forever."

Too often, he suggested, we lose sight of the values of community and relationship and wind up defining health in terms of the length of our years and other features easily measured. Ironically, the United States falls short in international comparison on all health measures save for the amount of money we spend on healthcare.

Fine argues that our current focus on reforming health

insurance and how we pay for healthcare is misplaced. Before figuring out how to pay for it, we should figure out just what it is. Only after we define what truly makes us healthy and healthier can we build and properly finance a healthcare system that will produce the desired results.

In "The Nature of Health," Fine and Peters define health as "the biological, social, and psychological ability that affords an equal opportunity for each individual to function in the relationships appropriate to his or her cultural context at any point in the life cycle."

To translate this definition into a practical system of healthcare, Fine presents a three-dimensional approach: robust primary care, catastrophic health insurance, and health savings accounts for all. The system would have population-based, primary care health centers, one center for each 10,000-20,000 people, with

most medical services being provided locally and regionally. Fine has tried to create a model for this in Scituate, where he, his wife, and their two children make their home.

Fine, who spent three years as a physician at a community health center in the mountains of East Tennessee, also co-founded and serves as the managing director of HealthAccessRI, a program providing low-cost access to healthcare for the uninsured and underinsured since January, 2007. Participating doctors and practices charge monthly fees in the \$25 to \$30 range, plus another five to ten dollars for each appointment.

The primary care centers would be well-funded, says Fine, as such basic, quality healthcare costs only \$300 to \$400 per person. Beyond the costs of primary care and catastrophic insurance, individuals would be able to use, or save, the funds in their health savings accounts to purchase additional health services. Ideally, primary care practitioners would help patients make judicious decisions to distinguish between necessary and wasteful spending.

Overall, argues Fine, who also serves as physician-in-chief for the Departments of Family and Community Medicine at both Rhode Island Hospital and The Miriam Hospital, his

approach would improve outcomes and save money.

Fine acknowledges that we simply cannot afford everything we want. We end up rationing healthcare without identifying our values and priorities. For example, we perform heart surgery on someone who is 99-years-old, yet simultaneously fail to provide adequate funding to educate inner city children. From this perspective, if we wished to provide equal opportunity to all to participate in society, we might make different judgments about what we pay for.

Yet Fine would not prohibit private practitioners or individual choice in healthcare spending. He proposes that we distinguish between two often confused approaches: (1) what we ought to pay for together, as a society, the medical services that allow people to function in a community and in a democracy, according to the above definition of health; and (2) the more subjective or personal goods related to physical function-

ing or longevity. Fine's system allows for both, but reserves the second for private spending and private charities.

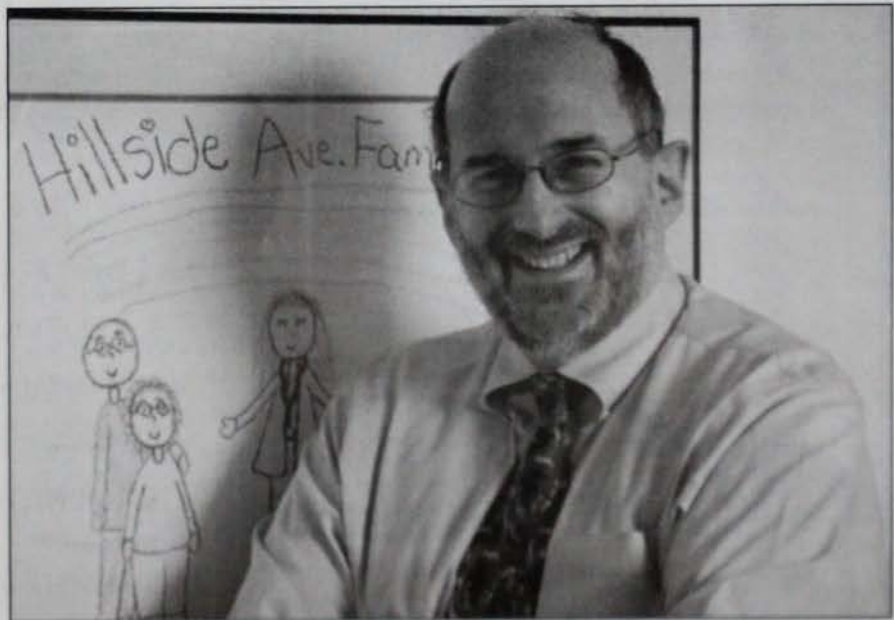
In the end, Dr. Fine stresses the importance of community and relationship, among family and friends, and between patients and physicians. He

HOW AMERICA
LOST, AND CAN
REGAIN, A BASIC
HUMAN VALUE

MICHAEL FINE AND JAMES W PETERS

FINE'S BOOK will be released in a paperback edition soon.

Photo courtesy of Dr. Fine



Dr. Michael Fine in the Pawtucket office of Hillside Family and Community Medicine.

Photo courtesy of Dr. Fine

Staying healthy for the New Year

*Tips for seniors
(and everyone else)*

By MARK BINDER
Special to *The Voice & Herald*

ARE YOU slowing down? Feeling stressed? Wouldn't you like to feel better?

The changing of the seasons, combined with the timing of the Jewish holy days, make the end of the year a perfect time to re-think, re-evaluate and renew your promises to live a healthy and happy life.

All of us, but especially seniors, face times when just moving our bodies may become more difficult, and we sometimes want to give up.

The Jewish season of renewal is a perfect time to renew your commitment to yourself.

"Beginning with *Rosh Hashanah* and until *Yom Kippur* we're supposed to be taking stock in our lives," said Lev Poplow, director of resident programming at the Phyllis Siperstein Tamarisk Assisted Living Residence in Warwick. "We ask ourselves, 'How can I become a better person in the next year?'"

In a few sentences you'll read about a variety of options for improving your life. Warning: if you try to take on every single commitment all at the same time, you might fail and



Photo courtesy of Lev Poplow

EXERCISE CLASSES for physical, social and mental health are a daily routine at Tamarisk.

stop altogether. Give yourself the opportunity to start slowly and gradually improve. Start with two days of exercise and work your way up... Or begin taking a meditation class... Give yourself room to learn and grow.

There are four specific areas that seniors (and the rest of us) can focus on to make positive changes.

EXERCISE REGULARLY

Studies have shown that consistent and regular exercise is one of the best ways to keep our bodies healthy over time.

Not only does exercise keep the body fit, it also helps keep the mind healthy and active.

Exercising as much as every day, or four or five days a week, for as little as twenty minutes will make a huge difference.

Seniors, in particular, need to keep moving, but instead of

focusing exclusively on weights and running, they ought to consider alternative practices like *tai chi* and yoga that emphasize balance and flexibility.

There are many classes, but if they aren't readily available, then simple exercises like walking, bicycle riding and swimming will certainly do.

Tip for seniors: exercising in a supervised class designed for seniors offers several advantages. It becomes a community

and social time. Working with other people may help push you beyond your typical stopping point. The class leader will be trained to help you with age-specific concerns.

ENGAGE YOUR MIND

Just because you're old doesn't mean your thoughts and ideas don't matter. We all know this is true, but sometimes seniors begin to let their own importance slip away. Current research has shown that the brain is a muscle in our body that needs to be used.

Almost any mental activity will do, from crossword puzzles and word games to learning how to use a computer or paying attention to (and discussing) world events.

Other options include learning a new language or developing a new skill like cooking, painting or sculpture. You can even learn how to meditate, to allow your thoughts to come and to watch as they go.

Mental flexibility is about continuing to use the brain. All these activities help slow the onset of memory disorders, and do a lot for memory enhancement and retention.

Tip for seniors: If you used to love doing the crosswords, but are discouraged because it's gotten harder, don't give up -

See HEALTH, Page 20

Shana Tova!

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Portraying a breast cancer patient offers lessons in humility

Simulated "patient" scenarios teach medical students invaluable skills

By NANCY KIRSCH
nkirsch@fri.org

"IT LOOKS LIKE your breast cancer has metastasized." I heard that message precisely eight times during the course of one achingly beautiful clear and crisp fall day. Since I didn't have breast cancer and there were no metastases, why did I receive such a grim diagnosis and why did I have to hear it eight times?

I was working as a standardized patient – someone who serves as a "guinea pig" – to help medical students learn and practice an array of skills. On that day, I portrayed a young mother with a medical history and symptoms consistent with the diagnosis.

Medical students need to learn an array of skills – diagnosing problems, conducting physical exams, counseling patients about bad news and more. They go through an extensive set of standardized patient experiences before they talk with or treat "real patients." On that day, the students who rotated into the examining room in which I sat were there to deliver devastating news, but only after they heard my story.

And, this was my story. As a young mother of two small children, I'd been diagnosed with breast cancer two years earlier, and then had a mastectomy, chemotherapy and radiation. In the past several weeks, I'd experienced excruciating neck, shoulder and back pain. After no relief and no new diagnosis, I was in the emergency room for tests and treatment.

One at a time, eight second or third year medical students rotated in and out of my room to tell me about the results of the tests they'd run. Naturally, had they subjected me to X-rays or other tests, they would have seen no evidence of cancer. Instead, for the patient I was portraying, the students had a summary of my medical history and test results that indicated the cancer had metastasized. With that information, each student was to meet me and explain that the cancer was now in my spinal column. For all intents and purposes, they could offer nothing but palliative care and recommendations to "get my affairs in order."

Each time, I had to pretend to be shocked, disbelieving, fearful and sad – regardless of how empathic or cold-hearted each

student was in his delivery of the devastating news. I had to maintain a consistent demeanor and ask a consistent set of questions. That's why we're called "standardized patients," as it's important that the students are subjected to a consistent set of behaviors and evaluated against a consistent set of criteria.

Each medical student had 15-20 minutes with each standardized patient who, in turn, had about five minutes to complete an evaluation form. Then, the medical student re-met with the standardized patient who provided feedback, made recommendations to the medical student, and answered questions.

As a parent and supervisor, I learned how important it was to first praise, and then criticize, then praise again. We were expected to follow that same approach when it came to students' evaluation.

And evaluation didn't just include comments on how well they relayed bad news of metastatic breast cancer. It included a host of other issues: Did the student wash his hands when he entered the room? Did he introduce himself? Did he make eye contact? Did he ask the patient whether she wanted to be called "Sarah" or "Mrs. Stein"? How did he handle the patient breaking down in wracking sobs? Did he offer appropriate sources of support or respite for the patient and her family? Did he offer to meet with the patient again for follow-up questions?

Even in these highly simulated situations, high expectations are set for the students, though with knowledge that they have much to learn.

While I wasn't devastated by how inept most students were with delivering such bad news, I still recall how impressed I was with one medical student – a young woman who attended Tufts Medical School – when she said to me, "I am so sorry. Your cancer has returned, and it looks bad." The news was no different, but the delivery was. Thoughtful, supportive and endlessly patient, she was so impressive that, during the feedback session, I said to her, "I hope that I never have cancer, but if I do, I hope I can come see you." When she told me that she planned to go into pediatric oncology, my response was quick, "Then I REALLY hope I never see you!"

Though I played the same role eight times in any one day, the students rotated through a host of scenarios – from an unemployed blue collar worker with chest

pains to a woman who refused to allow her child to receive certain vaccines as she was sure they

"I learned how important it was to first praise, and then criticize, then praise again."

caused autism, and many more.

Eight scenarios, eight sets of issues to deal with – and the students were graded and evaluated at every step of the way.

In my standardized patient

work, I interacted only with medical students from Brown and Tufts, though to my knowledge, most medical schools in the country have some standardized patient programs.

Most of my fellow standardized patients – retired teachers or librarians, graduate students, folks who were under-employed, and a few like me, who simply loved medical issues – took their work seriously. But, while we received some training in giving feedback and in the specific

problems we were to present to the medical students, we were far from experts.

Ask doctors who graduated from medical school more than a decade ago about "standardized patients" and they may look at you like you're nuts. But for those who've only been in practice for a few years, the standardized patient program is familiar to them. If you think your doctor's people skills are first-rate, you might have a standardized patient to thank for them!

We extend our warm wishes for a happy Rosh Hashanah.



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-Pablo Casals

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HOLIDAY: memories will last a lifetime

From Page 1

very secular Jewish household. We belonged to a synagogue and I had a *bat mitzvah*, but once I left for college, we stopped going to services. We always celebrated the major holidays. Judaism was certainly important to my family, but ritual was not. *Rosh Hashanah* dinners involved eating, storytelling and catching up on family news, but never included candle lighting or blessings. I stayed home from school, but only because schools in my town were closed for the Jewish holidays. I loved having a special dinner with my family, but there was nothing particularly religious about it.

While I was in college, I became more interested in Judaism. While I am still not very observant, I have gained a deeper understanding of rituals and their importance in holiday observances.

It was this path that led me to the *Rosh Hashanah* celebration I take part in today.

I am fortunate to live just half an hour away from my best

friend and her family. During our first year in Rhode Island we were not able to travel for the holidays so she invited my then-fiancée (now, my husband) and me for *Rosh Hashanah* dinner and the tradition has continued.

We have had some interesting holiday meals over the years. For three years in a row, one or other of us was pregnant. My friend's husband and I were born Jewish, my husband is not Jewish and my friend converted to Judaism. Our holiday group over the years has included her Baptist parents and brother, my parents, or neighbors coming from varied religious backgrounds. Today, just getting through the dinner with three antsy chil-

dren all under the age of five makes it a unique experience.

What makes these *Rosh Hashanah* meals so meaningful to me? First of all, they have made me examine Jewish ritual more closely. Every year, as our kids get older, we figure out what we can add to the dinner. Can the kids help with the blessings? Can we get them to



Photo courtesy of Heather Miniman

Left to right: Julia, Sara and Aaron Masrai talk among themselves while host, Stuart Miniman pours Passover wine

try apples and honey? As we make these decisions, it gets us to think about what is really important about each holiday.

Second, I have to study a bit before each year's meal because I may get called upon to explain why we do something or the significance of a certain ritual. I never realized how many holiday rituals I used to do just because I

have always done them, without fully understanding the meaning. Now, a better understanding is necessary, especially with inquisitive children at the table.

Finally, I get to enjoy the holiday with the family I have created here. In today's society, where so many of us live a bit of a distance from our families, it is comforting to know that my

husband, daughter and I have a place to go so close to home. I anticipate that our extended "family" will be celebrating together for many years to come.

Sara Masri is the director of major and planned gifts at Meeting Street School.

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APPLES: Picking your own captures the sweetness of the New Year

From Page 1
find fresh apples and honey to celebrate a sweet New Year.

Barden Family Orchards was founded in 1931 by John Barden and Hazel Dean, and is now run by their grandson Gilbert Barden and his wife Sandy. At first, the 20 acres were an orchard of apple and peach trees; the farm's offerings now include pumpkins, berries and sweet corn.

John Barden planted some of the first apple trees along the eastern edge of the orchard, which today serves as evidence of his interest in the science of apple growing. They were "grafted" many years ago, meaning that a new cutting was placed on the notch in an existing tree to produce an additional variety on that tree.

The results, a mixture of Cortland, McIntosh and Macoun, now stand among dwarf trees, planted in the 1970s and 1980s. The dwarfs don't require a ladder for trimming and picking, but they don't last as long as



Photo courtesy of Parr family

APPLE PICKING is a new, sweet tradition for Molly Parr and her family during Rosh Hashanah.

their full-sized relatives.

We were there early in the season, so the crop of America's favorite apple, the McIntosh, was still slightly tart and crisp, with a very slight blush of red. Nothing to worry about; as the season goes on, they will be redder and even sweeter. Macs are great to just bite into, but they get a little mushy when baked. It's best

to eat them fresh or make into applesauce. If you do want to bake with them, use them with Golden Delicious, which will mingle nicely with the McIntosh while maintaining their shape, flavor and integrity.

The best baking apples have a good sweet-tart balance and won't break down when baked. Cortlands and Fujis are great examples but don't even think about baking a Red Delicious; it will lose its texture and turn mealy.

Besides the apples, Barden Farm also sells apple salsa, eggplant, zucchini, honey, and homemade jam. Families are welcome to picnic among the trees, and there are swings for the kids. Peak season is at the end of September, although there will be apples to pick as late as November.

For those who can't make it to Barden Orchards, they sell their 20 varieties of apples, as well as their sweet corn, eggplant and all their gorgeous produce, at the Hope High School farmers' market on the

See APPLES, Facing Page

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- Cheese Noodle Kugel.....\$6.49 lb.
(whole kugel is approx. 5 lbs.)
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(whole kugel is approx. 1.5 lbs.)
- Apple Kugel\$ 5.99 lb.
(whole kugel is approx. 1.5 lbs.)
- Vegan Chopped Liver.....\$8.99 lb.

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- Brisket of Beef\$13.99 lb.
- Kasha and Bows.....\$6.49 lb.
- Chopped Liver\$6.99 lb.
- Vegan Chopped Liver\$8.99 lb.

BREAK THE FAST PLATTERS:

(For a minimum of 15 people per platter)

- Large Stuffed Boneless Whitefish\$60.00 per fish
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- Premium Center Sliced Nova Salmon....\$6.00 per person
(with plain and chive cream cheese)
- Tuna Salad Platter.....\$3.00 per person
- Sliced Tomato, Cucumbers, Onion
and Caper Platter\$1.75 per person
- Fresh Fruit Platter.....\$2.75 per person
- Smoked Whitefish Salad (bowl).....\$2.00 per person

TO BREAK THE FAST:

- Premium Center Sliced Nova Salmon. \$22.99 lb.
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(average weight 5 lbs.)
- Apple Kugel\$5.99 lb.
(average weight 1.5 lbs.)
- Large Whitefish.....\$9.99 lb.
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PEYTON bites into a juicy apple while her parents, Molly and Rich, add to their apple harvest at Narrow Lane Farms. Photo courtesy of Parr family

APPLES: pies, crisps, applesauce and tarts

From Page 8
East Side in Providence. South of Apple Valley, in Kingston, is Narrow Lane Farm. The orchard itself has been

around for 20 years, and the Grenier family has run it for the last four. The orchard boasts 2,000 trees: 1,600 apple and 400 peach on eight acres of land.

Among the 10 varieties of apples are Redfree, Gala, McIntosh, Cortland and Jonagold. All the apples are great for baking cakes, pies and crisps. And, if you're not in a dessert mood, try making a chicken

salad with Redfree apples, spiced with fresh tarragon or even a cumin-spiked mayonnaise.

This year, the Greniers have planted a pumpkin patch and

search of local honey to eat with our apples. But rain storms cut our adventure short. Instead, we went home, and I made a nice crisp salad, featuring apples and

honey, in preparation for Rosh Hashanah.

Molly M. Parr is a graduate of Columbia University and the Jewish Theological Seminary. She is a first-year student in the Gastronomy and Food Studies program at Boston University,

and is an aspiring food writer. She lives in Allston, Mass., with her husband.

plan on offering hay rides. Groups are always welcome, and they have hosted birthday parties and school trips.

We hoped to also visit some farm stands in Providence, in

"The best baking apples have a good sweet-tart balance and won't break down when baked. Cortlands and Fujis are great examples but don't even think about baking a Red Delicious."

SHAVED FENNEL AND GREEN APPLE SALAD

2 fennel bulbs – sliced very thin, or shaved on a mandoline
1 Granny Smith apple – sliced very thin, or shaved on a mandoline

Follow with whisking in the dry ingredients.
Toss all together in a large bowl and serve.

Helpful Hints:

Some people prefer to peel their apples, as the skins are hard to digest.

Prepare your apples last as they will turn brown when exposed to the air; some sprinkle lemon juice on the flesh to avoid this from happening.

Try and make the apple and fennel slices more or less the same width.

DRESSING

1/4 cup olive oil
1 Tablespoon apple cider vinegar
2 tablespoons apple cider
2 tablespoons honey
1/4 teaspoon dry mustard
pinch of salt
few cracks black pepper

Slice apples and fennel as thin as you can.

In a separate bowl, combine all wet ingredients.

Serves 8 as a starter salad, 4 as a main salad.

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Local honey makes for a sweet New Year

Jewish beekeeper a "bee maven"

By MARK BINDER
Special to The Voice & Herald

A JEWISH beekeeper in Rhode Island? It sounds like the beginning of a joke, but for Bernie Bieder, (yes, it's pronounced "Bee-der"), his swarms are a source of sweet pleasure.

"My late wife had always heard me say that I wanted to be a beekeeper," he explained. "She bought me my first hive. That was about 20 years ago."

Today, Bieder has three hives at his home on the Governor Francis Farms in Warwick near Hoxie Four Corners. He began on a whim, but today, keeping the hives and making the honey is serious business, as well as civic duty.

Each hive needs between 40,000 and 60,000 bees to generate honey. His hives are so productive that they generate about 200 pounds of honey a year, which he gives away, and sells at markets.

A member of the Rhode Island Beekeepers Association, Bieder enjoys teaching others about the joys and pains of keeping bees.

All beekeepers get stung by their bees; for Bieder,

though, getting stung is more of a benefit than a liability.

"I have arthritis," he said. After his feet started to bother him, he discovered a retired dentist who administers bee stings as therapy.

"I had one sting on either side of my calf," Bieder said, "and that was the end of the pain."

Recently, bees have been in the news because of the fear and risk of "colony collapse disorder," which is killing off huge populations of the honey bee. By keeping bees and teaching

others how to keep bees, Bieder feels that he's making a difference and helping our world.

using strong chemicals. We use a system called integrated pest management. The mites don't overpower the bees and the bees don't overpower the mites and they coexist without too many problems."



Becoming a beekeeper isn't that difficult, Bieder said. There are keepers all around the state, even in "urban" areas like

"His honey tastes much better than store-bought," said Bernie's wife, Audrey.

Bieder explained that they are a variety of environmental threats to the queen bee population. "We're trying to keep one step ahead without

the East Side of Providence.

"It's best to start with two hives, so you can see if they are progressing evenly," he said. "If one is weak, later on

you can incorporate it with the other to make it stronger."

Starting up with the equipment and a single hive costs between \$250 and \$300. That may seem expensive, but within a year an average Rhode Island hive produces between 67 and 80 pounds of honey. Right now, Bieder said, a pound of locally produced honey is selling for \$6.00. As that is the price supermarkets charge, the Rhode Island Beekeepers Association is evaluating whether to raise its prices.

To support others, Bieder is very involved with the Rhode Island Beekeepers Association, a non-profit organization dedicated to raising the standards of beekeeping. Every year in March, the group holds beekeeping schools at the University of Rhode Island and in Lincoln. The organization holds monthly meetings, an annual dinner, provides mentorship and training, and offers members empty honey jars at a discount.

Contact Bernie at 463-8654 or beeman704@verizon.net.

The dipping is delightful

AT Rosh Hashanah, there is nothing as sweet as dipping apples in honey, and what could be



better than dipping fresh local apples in

fresh local honey?

"Bernie's honey tastes much better," said his admittedly biased wife, Audrey. "It's thicker. Store-bought honey is cooked. His is not cooked, so it gives it a much better flavor."

One of her favorite honey recipes is to cook a chicken, and then in the last 15 minutes of roasting put a spoonful of honey over the chicken. "It makes it a little sweeter, and gives it a good glaze," she explained.

You can buy Bernie Bieder's honey at the following locations: Brown University Farmers' Market on Wednesdays from 11:00 a.m. to 2:00 p.m., and Pawtucket Farmers' Market on Saturdays from 10:00 a.m. to 1:00 p.m.

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Popular Miriam Hospital cookbook returning

It will be "Simply More Delicious"

By MARY KORR

JV&H senior contributing writer

PROVIDENCE – The Miriam Hospital cookbook, "Simply Delicious," long out of print, will once again be available in May, with the title "Simply More Delicious."

On Monday, more than 100 members of the Miriam Hospital Women's Association and guests celebrated its pre-publication kick-off and placed 300 orders for the treasured and traditional recipes that first appeared in 1975, when the cookbook was published under the editorship of Joan Resse Reeves. It sold 22,500 copies over three printings.

Robin Engle, co-chair of the cookbook project with Leslie Sax, said her late mother-in-law, Joan Engle, had given her a copy of "Simply Delicious" and she wanted to purchase copies for her daugh-

ters-in-laws.

"Our criteria were that the recipes had to be relatively simple – limited ingredients and delicious," said Sax. "Cooking has changed," she continued, "and we trimmed the meat recipes and added more fish and vegetarian ones."

A portion of the recipes were submitted by restaurant chefs from throughout Rhode Island, to take advantage of the culinary wealth that abounds in the state. Capriccio, Al Forno, as well as Whole Foods and Johnson & Wales University are but a few that submitted recipes.

Naturally, there are no pork or shellfish recipes, but the cookbook is not for kosher kitchens.

The best part of the whole process has been the tastings,



Photo by Mary Korr

ROBIN ENGLE, co-chair of the cookbook committee, spoke on Sept. 14 at a kick-off lunch at the home of Tina Odessa. The "Simply More Delicious" cover prototype, inset, was designed by Faye Granoff Stolzman.

which have taken place over the last year in small gatherings. It was sometimes calorically challenging, especially when half a dozen desserts had to be sampled at a sitting.

There are 500 new and tried-and-true recipes in the updated version as well as a history of the women's association.

Here are two, a new fish recipe and a favorite dessert.

PESTO SALMON IN CRUSHED TOMATOES

INGREDIENTS:

- 2 pounds salmon, skin removed
- olive oil
- 1 6-ounce package pesto, from store refrigerator section
- 2 28-ounce cans crushed tomatoes
- ¾ cup bread crumbs
- ½ teaspoon kosher salt
- ¼ teaspoon ground pepper
- 1 teaspoon garlic powder

METHOD:

Preheat oven to broil. Rub front and back of salmon with olive oil. Rub approximately 2 ounces pesto all over salmon, with slightly more on top. Marinate for 20 minutes.

Mix bread crumbs and 4 tablespoons of pesto, firmly cover top of salmon with mixture. Broil on top rack for 3-5 minutes. Lower oven to 450 degrees.

Move salmon to bottom rack and cook for 17 minutes, or to taste.

While baking, make sauce. Combine crushed toma-

atoes, 4 tablespoons pesto, and seasonings in a sauce pan on medium heat until well mixed. Reduce to simmer.

Serve salmon over warm tomato sauce. Serves 4 to 6

BLUEBERRY BUCKLE

FRUIT INGREDIENTS:

- ¾ cup sugar
- ¼ cup soft shortening
- 1 egg
- ½ cup milk
- 2 cups flour
- 2 teaspoons baking powder
- ½ teaspoon salt
- 2 cups blueberries

TOPPING INGREDIENTS:

- ½ cup sugar
- ⅓ cup flour
- ½ teaspoon cinnamon
- ¼ cup soft butter
- whipped cream or ice cream, optional

METHOD:

Mix sugar, shortening and egg. Stir in milk. Sift dry ingredients together and fold in. Fold in blueberries and spread batter evenly into greased 9 x 9 inch pan.

Combine topping ingredients and sprinkle on top. Bake at 375 degrees for 45-50 minutes. Serve warm, with whipped cream or ice cream, if desired. Serves 9.

To order a copy of "Simply More Delicious," contact The Miriam Hospital Women's Association at 164 Summit Ave., Providence, R.I. 02906. Tel.: 401-793-2520. \$25. Order five and get the sixth for free. (\$125).

With bees buzzing, honey is sure to be flowing

Honey cake recipe offers sweetness and full flavor

VOICE & HERALD STAFF
voiceherald@jfri.org

PROVIDENCE - This recipe offers all the sweetness we could want for the coming New Year. It comes from *Simply Delicious*, published by the Miriam Hospital Women's Association in 1975.

The Women's Association will issue, in the spring of 2009, *Simply More Delicious*, a cookbook that will include many old favorites and many new recipes, all to tempt your palate. Proceeds from the sale of *Simply More Delicious* will benefit Miriam Hospital and the patients it serves.



HONEY CHIFFON CAKE

INGREDIENTS:

- 1 cup sugar
- 1 cup honey
- 6 eggs, separated
- ½ cup black coffee
- ½ cup oil
- 1 teaspoon baking soda
- 1 teaspoon baking powder
- ¼ teaspoon allspice
- 2 cups flour

PREPARATION:

Mix ¾ cup sugar and honey.

Add egg yolks one at a time and beat well.

Add coffee and oil.

Sift together remaining dry ingredients and add to mixture.

Beat egg whites with remaining sugar until very stiff. Fold into batter.

Pour into ungreased 10 inch tube pan and bake at 325 degrees for 1 to 1-¼ hours. Invert to cool.

Yield: 10 to 12 servings

WISHING YOU A HAPPY AND HEALTHY Rosh Hashanah

5769

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EPISODE 19 – “THE ROSH RUSH”

*Our story so far...
Three years have
passed since the death
of Oma Levitsky...*

By MARK BINDER
Special to The Voice & Herald

YAKOV COHEN only wanted to help his father. He was nine years old and felt as if, except at school, he was surrounded by women – his mother, his twin sister, and all the girls and ladies they spent their days with. So, every day after *yeshiva*, he went to his father's tailor shop and sat around waiting for something to do.

Many people look forward to dipping apples in honey on *Rosh Hashanah*. Others make sweet cakes for a sweet year. *Reb Stein*, the baker, makes his *challahs* round to signify the annual cycle of ending and beginning.

For Benjamin Cohen, the tailor of Chelm, the New Year always presented problems. First, the seasons were changing so regular customers were coming in for new clothing appropriate to the switch from Chelm's hot and humid summers to its cold and rainy autumns.

Then there were “The Sprouts” – youngsters whose new suits

and dresses needed to be altered drastically because of sudden and unexpected growth spurts.

Then there were “The Expanders.” These were usually older men and women who had gained weight, so that when they tried on their best outfits, the squeeze was tight – if not impossible.

There was another category Benjamin called “The Dwindlers” who actually lost weight. But, in a Jewish village where food was delicious and often plentiful, they were rare.

For weeks before the holidays, there were huge rushes of urgent repairs. The tailor was in his shop from dawn until dark.

Benjamin Cohen didn't mean to ignore his son. He absolutely wanted Yakov to learn to measure and snip, estimate and clip, hem and sew.

But the Rosh Rush was no time to teach. So, mostly, Yakov sat around waiting and watching.

On the morning before the New Year, Benjamin was finishing a pure white cotton undershirt for the merchant's wife. He was rushing. He got careless, and he pricked his finger with the needle.

“Ow!” he yelled.

Immediately, Yakov leapt into action. He snatched the white skirt from his father's bleeding hand, and ran from the shop.

“You fool!” his father yelled.

“What are you doing? Where are you going?”

Yakov didn't answer. He dashed across the village, careful to keep the skirt from dragging in the dirt. He raced up the steps to the merchant's house and pounded on the door. With cotton, Yakov knew, you have to quickly rinse off the blood.

The Cantors had the only indoor hand-pump in the village. *Reb Cantor's* youngest daughter, Gittle, opened the door.

“Where's the fire?” she asked, with a smile.

“May I use your water pump?” Yakov panted. “It's urgent!”

They say that anything that can go wrong will go wrong. This is even more true in Chelm. Gittle immediately leapt to the wrong conclusion.

“Our house is on fire!” She ran past Yakov screaming, “Our house is on fire.” Her mother, father, brother and two sisters fled the house and joined her in the street.

Yakov, however, was on a brave mission to help his father. He sped through the (imaginary) flames, into the Cantors' kitchen, to their sink, and began pumping furiously.

Mechanical hand pumps usually need to be primed with water to speed the flow. Yakov didn't know that, so he

See CHELM, Page 14



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The power of positive change – Rosh Hashanah not the only opportunity to affect change in one's life

Local woman's journey from lobbyist and lawyer to writer is a winding road

By NANCY KIRSCH
nkirsch@jfri.org

AT LEAST once a week, a friend, neighbor or work colleague will turn to me with a question, "Your hair is different today – what did you do to it?"

They are absolutely right. I have no loyalty to hairdressers, much less hair color, so those frequent inquiries are always spot on – my hair IS different. Perhaps, my constantly evolving hair styles and hair colors are, pure and simple, external representations of my belief in the power of positive change.

Several changes – NONE of

them positive – all occurred during my early teen-aged years – a time of turbulent change for many teens, indeed. In the span of a very few years, all the grand-parents I knew died. My one close friend moved from our home town of Indianapolis to Southern California, my parents divorced, and my mother grew increasingly impaired.

After the divorce, my mother, siblings and I bounced around from one rental apartment to another until I left for college several years later.

Whether those changes, after a decade of mind-numbing sameness in our family life, set me up to crave change or whether I'm simply hard-wired to seek new experiences, I just

don't know. As a 50-something year old, the reasons why I believe in positive change are simply less meaningful to me than the belief itself.

me from getting stale, from becoming bored and, I sincerely hope and pray, from boring others.

I've submitted more change of address post cards than I care to remember. I have taught English in Barcelona, cooked on a riverboat, lobbied in Washington for Fortune 500 companies and advocated for probationers and parolees.

I've been single and childless.

Now, I'm now married with children.

I've joined

some groups and abandoned others.

For the first 20 years of my life, I couldn't speak a sentence without stuttering; now, talking is as natural as breathing, much to some friends' dismay

– maybe I'm making up for lost time. While change keeps me juiced about what comes next, certainly not all my changes have been positive. Some of my stupidest decisions were bad changes, yet I don't regret them. Just as the positive changes have enriched my life experiences, the bad changes also informed my decisions and life choices. Some of the people in my life just find change hard. For instance, they still mourn because their full-grown dog will never again be a tiny puppy. Replacing old living room sofas with new ones rocked their world, if only temporarily. They have had dear friends move out-of-town, although not completely out of their lives. The small changes and the big ones challenge them. When they let me, if they let me, I pull them close, hug them and say, "Change is inevitable, it's the one constant in our lives. Choose positive change."

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I believe that change keeps me from getting stale, from becoming bored and, I sincerely hope and pray, from boring others.

Kirsch's essay, "I Believe In The Power of Positive Change" first aired on WRNI, National Public Radio's Rhode Island station, on Sept. 17, 2008.



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Orange-Glazed Carrots

Ingredients:
1/3 cup Sue Bee Honey
2 Tbls butter or margarine
2 Tbls minced fresh parsley
1/2 tsp salt
1/4 tsp black pepper
1/4 tsp imitation orange extract
Dash of dried thyme
1 1/2 lbs carrots

Instructions:
Preheat oven to 375°. Place butter in a small microwave-safe bowl and microwave on high for 20 seconds or until melted. Stir in Sue Bee Honey, parsley, salt, pepper, orange extract and thyme. Place carrots in a 1-quart casserole dish and pour honey mixture over carrots. Cover and bake at 375° for 1 hour or until tender. Makes 5 servings.

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CHELM: There's always something new...

From Page 12

just pumped and pumped and pumped.

Meanwhile, outside, the Cantor family's wails and shrieks attracted attention. There is nothing more urgent than a fire in a village with houses made of wood, sticks and straw. Everyone within earshot grabbed a bucket and made a line that weaved from the well all the way to the Cantors' house.

In the kitchen, Yakov finally managed to get a thin stream of water. He held the bloodied skirt under the flow. It wasn't enough, so he kept jerking the handle up and down. Because he was yanking so hard, Yakov was getting hot, and he imagined that the flames were getting closer.

When Benjamin Cohen, his left index finger wrapped in gauze, heard that his son was trapped inside a burning building, he raced to the merchant's house. (Fortunately, his wife and daughter were off in the woods searching for mushrooms, so they didn't share his panic until much later.)

"What have I done?" he moaned. "I've cursed my son!"

At that moment, Yakov stumbled out the front door. "My boy!" Benjamin rushed forward.

"Stand back!" Rabbi Yohon Abrahms, the schoolteacher (and

leader of the fire brigade), shouted and splashed Yakov with a bucketful of water.

Panting and drenched, the young boy fell into his father's arms.

"Are you all right?" Benjamin asked. "I'm sorry. I am so sorry." "I'm hot and I'm wet," Yakov said. "But I didn't see any flames."

"The fire is out!" Gittle Cantor said.

The entire village cheered. Yakov was lifted from his father's hug and hoisted onto the schoolteacher's shoulders.

"Papa!" Yakov shouted. "I got the stain out!"

"What stain?" Benjamin called back, but the crowd was carrying Yakov away.

"The blood stain!" Yakov answered. "Catch!" He threw the skirt to his father.

Benjamin almost caught it, but he stumbled, and dropped it in the muddy street. Sighing, he bent down and pried the once white skirt from the muck. He knocked on the merchant's door. Shoshanna Cantor, who had been searching her house for signs of damage, answered.

"Is there another fire?" she asked.

"No," Benjamin Cohen said. "I finished your skirt, but it got a little dirty."

He squeezed out some of the

water before handing it to her. Shoshanna Cantor held the limp soggy garment between two fingers. "This is a little dirty?"

"I'm sorry," the tailor said. "I'll buy you a new one."

"Forget about it." The merchant's wife waved her other hand. "Sometimes my husband buys me things that are just too nice. Sometimes it's good to wear something that I don't have to worry about keeping clean. Besides, your son just saved our home from a fire. Consider it a fair trade."

"Thank you," Reb Cohen said. He turned to go back home and realized that his son was safe and his work was done. The Rosh Rush was finally over! A feeling of lightness and joy began to fill his heart. He started to hum, and naturally his feet began to move.

Shoshanna Cantor watched the tailor hop from her doorsteps, dance into the road, and slip in the mud. He splashed flat on his *tuchas*.

"Are you all right?" she called. "I'm wonderful!" Benjamin Cohen grinned, as he jumped to his feet, and danced all the way home.

Next Episode: Learning to Learn

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Chopped Liver \$9.50 lb	Oven Roasted Quartered Chicken \$2.99 ea.	Oven Roasted Vegetables Serves 8-10 \$17.99	Moroccan Cigars \$14.50 p/doz.
Vegetarian Chopped Liver \$6.50 lb.	Poached Salmon in White Wine Sauce \$12.99 lb.	Serves 11-20 \$23.99	Lemon Delight Bundt Cake \$14.95
Potato Leek Soup \$6.95 qt.	Brisket w/Deb's Special Gravy \$18.99 lb.	Roasted Red Bliss Potatoes \$4.95 lb.	Apple Streudel (no raisins) \$2.50 ea.
Chicken Soup w/carrots \$7.95 qt.	Stuffed Cabbage \$2.99 ea.	Oven Roasted Asparagus \$7.95 lb.	Chocolate "Honey Bee" Cake \$30.00
Clear Soup (no chicken) \$5.95 qt.	Vegetarian Stuffed Cabbage \$2.99 ea.		Parve Banana Pecan Cake \$25.00
Sweet & Sour Meatballs \$12.95 p/doz.			Challah
Kasha Knishes \$2.50 ea.			Round Challah \$3.95

Orders must be placed by noon, **Thursday, Sept. 25th**

Orders must be picked up on **Monday, Sept. 29th** at Temple Emanu-El kitchen between 9 am and noon.

Phone: 301-1889 or Fax: 831-2849 Under the supervision of Rabbi Wayne Franklin

What's old is new again... What treasures do you have in your attic, basement or closets?

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For advertising space, Frank Zasloff, call 421-4111, ext. 160 or e-mail fzasloff@jfri.org

Jewish Community Calendar

FRIDAY

September 19

Aging Workshop

Discussion on aging issues including coping with illness and loss, moving from independent living and finding community support.

WHERE: Congregation Agudas Achim, 901 North Main St., Attleboro, Mass.

WHEN: 7 p.m.

MORE INFO: (508) 212-9243, or keshet@agudasma.org to RSVP

Story Time

Presented by PJ Library.

WHERE: Temple Emanu-El, 99 Taft Ave., Providence

WHEN: 5:45 p.m.

MORE INFO: 331-1616



ON SATURDAY EVENING, SEPT. 20, at 7:30 p.m. the Graubart Irving Concert at Temple Beth-El on 70 Orchard Ave. in Providence will feature Community Musicworks, with the CMW Players, a flexible ensemble of members of the Providence String Quartet. The concert will be followed by a Selihot service.

SATURDAY

September 20

Days of Awe begins with Selihot service.

WHERE: Temple Torat Yisrael, 330 Park Ave., Cranston

WHEN: 8 p.m.

MORE INFO: 785-1800

Graubart Irving Concert

Music for solo cello by Benjamin Britten and J.S. Bach, provided by Community Musicworks. Concert will be followed by a Selihot worship.

WHERE: Temple Beth El, 70 Orchard Ave, Providence

WHEN: 7:30 p.m.

MORE INFO: 331-6070

Havdalah and Film Screening

An evening of socializing, entertainment, discussion, and worship. The 2003 film, "Levity," will be shown. The film will be followed by a discussion and a short Selihot service. Brown University student Max Chaiken will lead in song.

WHERE: Temple Habonim, 165 New Meadow Rd., Barrington

WHEN: 7:30 p.m.

MORE INFO: 245-6536

Tot Shabbat

Come to Temple Sinai at its great for younger children and their families.

WHERE: Temple Sinai, 30 Hagen Ave., Cranston

WHEN: 9:30 a.m.

MORE INFO: 942-8350

SUNDAY

September 21

Shofar factory
Make your own Shofar.

WHERE: Chabad of West Bay, 3871 Post Rd, Warwick

WHEN: 12:30 p.m.

COST: \$2/admission, \$6/Shofar

MORE INFO: 884-7888, or Rabbi@RabbiWarwick.com to RSVP

Mah Jongg Tournament

Temple Am David is sponsoring its

third annual tournament.

WHERE: Temple Am David, 40 Gardiner St., Warwick

WHEN: 1 p.m.

COST: \$18

MORE INFO: 463-7944

Rosh Hashanah Celebration

The JCCs of Greater Boston host a New Year's family celebration.

WHERE: Fuller Craft Museum, 455 Oak St., Brockton, Mass.

WHEN: 10 a.m. - noon

MORE INFO: (781) 341-2016, ext. 271 or dleeds@jccgb.org.

MONDAY

September 22

Live from the 92nd St. Y

Edgar Bronfman in a conversation with Charlie Rose, talking about how to reinvigorating Judaism in America. Talk will be broadcast 'live' as part of JCCRI program sponsored by the Starr-Tobak Endowment Fund.

WHERE: Social Room, JCCRI, 401 Elm Grove Ave., Providence

WHEN: 8 - 10 p.m.

MORE INFO: 861-8800, ext. 108

TUESDAY

September 23

Women's Night Out
Sponsored by Chabad of Barrington

WHERE: 39 Lillis Ave., Barrington

WHEN: 7:30- 9:30 p.m.

MORE INFO: 247-4747

FRIDAY

September 26

Breathing New Life into Your Practice

A workshop to integrate the practical concepts of meditation, yoga and expressive arts in clinical psychotherapy

WHERE: Jewish Family Service, 959 North Main St., Providence

WHEN: 8:45 a.m. - 1 p.m.

MORE INFO: 331-1244

Shabbat Dinner

With Providence Community Kollel

WHERE: JCCRI, 401 Elm Grove Ave., Providence

WHEN: 5:30 - 9:30 p.m.

MORE INFO: 383-2786

SUNDAY

September 28

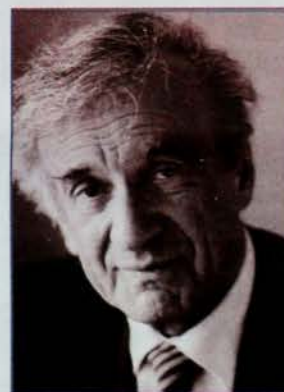
Live from the 92nd St. Y

The Economist's Matthew Bishop goes one-on-one with former President Bill Clinton and the role that philanthropy plays in addressing the world's challenges. Talk will be broadcast 'live' as part of JCCRI program sponsored by the Starr-Tobak Endowment Fund.

WHERE: Social Room, JCCRI, 401 Elm Grove Ave., Providence

WHEN: 8 - 10 p.m.

MORE INFO: 861-8800, ext. 108



ON THURSDAY, OCT. 2, join in with the 80th birthday tribute for Elie Wiesel as part of the Live from the 92nd Street Y program, which will be broadcast live at the JCCRI, beginning at 8 p.m. in the social room.

See CALENDAR Page 27

FREE APPETIZER

Offer valid with purchase of two entrees and one per table. Please present offer to server. Valid 9/1/08 - 10/1/08




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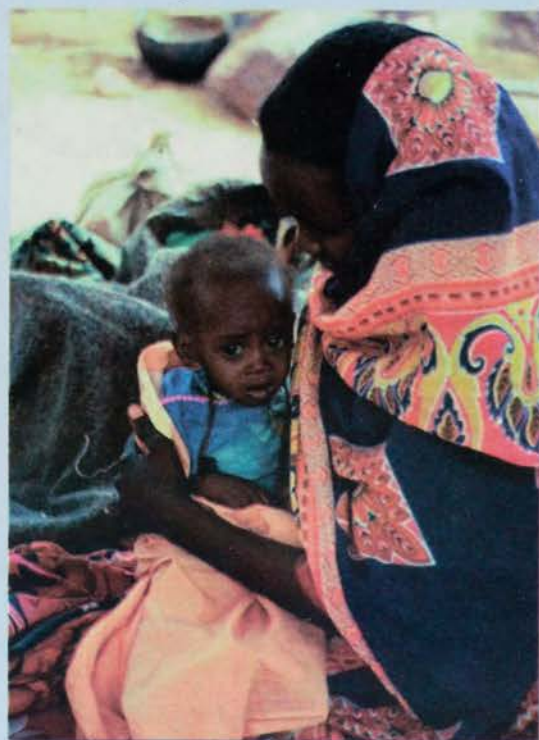
Best Wishes for a Happy New Year

The Dickens Family of

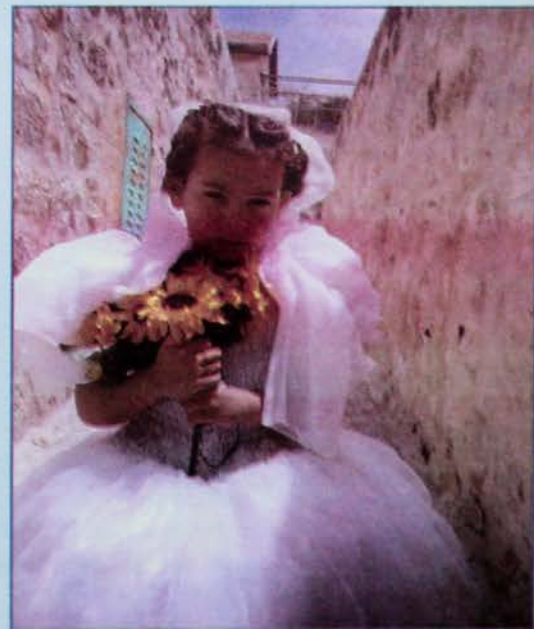
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The year in review



Mother and baby in war-torn Darfur



"The cameras gave voice to the kids," said Jason Eskenazi, a young photographer in Jerusalem.

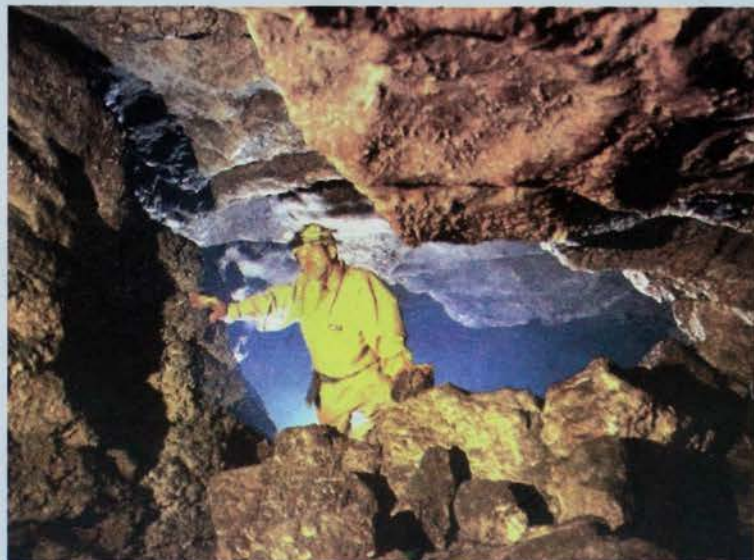
**Clear skies over Israel on
nation's 60th birthday**



At a time of reflection, we glimpse at the year in review



THE SOUND OF THE SHOFAR calls to Jews world-wide



CAVER CHRIS NICOLA, who discovered the Priest's Grotto cave system in the Ukraine.



AT LEFT, MAJDANEK MEMORIAL entrance, near Lublin, in Poland one of the stops on the March of the Living trip in 2007.



AT RIGHT, MARYLAND - President George Bush, center, walks with Israeli Prime Minister Ehud Olmert, left, and Palestinian President Mahmoud Abbas on Nov. 27, 2007 during the Annapolis Conference at the U.S. Naval Academy in Annapolis, Md.

Shanah Tova ~

This is the year to come in and play!

Our new monthly Happy Hour for Tots is open to all children ages 0-3 with their grown-ups, and is free of charge. Join us for one or all sessions.

The fun begins Tuesday, Sept. 23, 3:30-4:30 pm at JCDSRI, 85 Taft Avenue, Providence. Check www.jcdsri.org for details and more dates.



jewish community day school of rhode island

The Holocaust Education & Resource Center of Rhode Island



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A Happy, Healthy and
Prosperous New Year
L'Shana Tovah

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The power of fresh baked challah

I believe in the power of warm, fresh home-baked bread

BY MARK BINDER

Special to The Voice & Herald

THERE is nothing in the world like the smell of bread baking. It fills a house with warmth and generosity. When the finished loaf comes crackling out of the oven, it takes every ounce of willpower not to immediately grab a hunk and slather it with cold butter.

A few years ago, my wife and I lost our senses and moved away from Rhode Island for a while. We were starting a family, and settled in Haverhill, Mass., which was once the shoe capitol of the world, but didn't know from good bakeries. I wanted *challah* for Shabbat dinners. Much to my chagrin, the only option in Haverhill was to buy the limp and often soggy versions at the supermarket.

That's when I began learning how to bake.

To be fair, I'd had a lesson a few years earlier when a friend

"Mark Binder's essay aired on WRNI's 'This I Believe' on July 30, 2008. Mark Binder copyright 2008.



FORGET LOW-CARB DIETS, *challah* is the staff of life

had just thrown salt and yeast into a pile of flour with a few cups of water, but I was going to be scientific about it this time. I began researching recipes, but every loaf I baked came out flat.

(Maybe it was because Haverhill also happens to be the pita bread capital of New England.)

Eventually I got a recipe from a former baker, which I neglected to read, adding six cups of water

to my Kitchen Aid mixer and then watching in horror as the dough overflowed the sides. Lesson number one: always read your recipe before you start.

Since then, I've stopped using the Kitchen Aid, but sometimes I work with a food processor recipe. Mostly, though, I bake by hand. Every week I bake *challah*.

Sometimes I bake French or Italian-style loaves. Occasionally, I'll do a batch of fresh bagels. Each time

I'm amazed at the results.

I believe that fresh home-baked bread brings people together. It is always good food,

"You don't need a lot of other things on the table if you have fresh bread."

This batch was gigantic, but delicious. It rose perfectly, and by the time our first child was born, we were able to serve home-baked braids as big as my baby boy.

without additives or preservatives. There is no artificial flavor, color or fake anything about it.

And it tastes sooooo good. It comes out of the oven – it's still warm. Who can resist the urge to slather it with butter and indulge?

You don't need a lot of other things on the table if you have fresh bread. Some cheese or meat if you're so inclined – a few vegetables – olive oil for dipping. You don't have to be rich to have great fresh home-baked bread. But, as soon as you eat some, you are wealthy. Fresh bread is always a feast.

And if you bake, you will have friends. People will come to your house or apartment. They will invite you over for dinner and ask you to bring nothing more than yourself and your bread.

Not for nothing, the old saying goes, "A loaf of bread, a jug of wine, and thou."

I believe that fresh home-baked bread creates community and relationship and happiness.

I'm feeling hungry now.

Mark Binder is a writer and storyteller. You can purchase his cookbook, "The World's Best Challah" at www.lightpublications.com/Mark's latest books, "The Bedtime Story Book" "The Brothers Schlemiel" and "It Ate My Sister (and other family stories)" are available in local bookstores, and on Amazon.com.

get ready for fall at the J!

Get in shape, learn something new, and save money by joining today!

- We're offering over 100 classes this fall for all ages! Choose from arts, swim, dance, enrichment, sports programs, and more!
- **New classes this fall:** Dance instruction by MTV choreographer, Jeremy Richardson; all new afterschool care
- Enjoy lots of free programs and events, including our "Live from the 92nd St. Y" series.
- Limited openings still available in our nationally accredited Early Childhood Development program.

for more info, visit www.jccri.org

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join in sept. & pay \$0 enrollment

all are welcome!



The JCCRI is a beneficiary agency of The Jewish Federation of Rhode Island

Holiday Schedule

8 p.m. Rosh Hashanah Services

Tuesday, Sept. 30

9:30 a.m. Rosh Hashanah Services

WARWICK

Non-denominational

Chabad of West Bay Chai Center

Monday, Tuesday, Wednesday, Sept. 29, 30, Oct. 1

Rosh Hashanah 6:20 p.m. Evening Services

Tuesday and Wednesday, Sept. 30, Oct. 1

9:30 a.m. - 1 p.m. Morning Services

Tuesday, Sept. 30

11 a.m. - noon: Kids Hour

Tuesday, Wednesday, Sept. 30 and Oct. 1

11:30 am: Sounding of the Shofar:

Wednesday, Oct. 8

6 p.m. Kol Nidre Service:

Thursday, Oct. 9

9:30 am - 1:45 pm Yom Kippur Service
11 a.m. - noon: Kids' Hour
11:40 a.m. Yizkor
4:45 p.m. Neilah (closing service)
6:58 p.m. Fast ends

NEWPORT

Orthodox

Congregation Jeshuat Israel Touro Synagogue

Monday, Sept. 29

Erev Rosh Hashanah 6:00 p.m. Service

Tuesday, Sept. 30

8:30 a.m. Morning Service
10:30 a.m. Sounding of the Shofar
5 p.m. Tashlich
6 p.m. Evening Service

Wednesday, Oct. 1

8:30 a.m. Morning Service
6 p.m. Evening Service

Wednesday, Oct. 8

5:45 p.m. Kol Nidre

Thursday, Oct. 9

8:30 a.m. Morning Service

CRANSTON

Reform

Temple Sinai

Monday, Sept. 29

8 p.m. Evening Service

Tuesday, Sept. 30

10 a.m. Morning Service
2:30 a.m. Children's Service
3:30 p.m. Tashlich

Wednesday, Oct. 8

8 p.m. Kol Nidre

Thursday, Oct. 9

10 a.m. Morning Service
1:15 p.m. Text Study
2 p.m. Children's Service
3 p.m. Afternoon Service
4:30 p.m. Yizkor Service
5 p.m. Neilah/Concluding service

PAWTUCKET

Orthodox

Congregation Ohave Sholam

Monday, Sept. 29

6:13 p.m. Candle Lighting
6:10 p.m. Mincha

Tuesday, Sept. 30

8 a.m. Shacharis
Not before 10:30 a.m. Shofar
4 p.m. Tashlich
5:50 p.m. Mincha
7:14 p.m. Maariv
After 7:14 p.m. Candle lighting

Wednesday, Oct. 1

8 a.m. Shacharis
not before 10:30 a.m. Shofar
5:50 p.m. Mincha (followed by class)
7:12 p.m. Maariv followed by Havdalah

Thursday, Oct. 2

5:22 a.m. Fast of Gedaliah begins
6:30 a.m. Shacharis
7:11 p.m. Fast ends

Yom Kippur:

Wednesday, Oct. 8

3:30 p.m. Mincha
5:57 p.m. Candle Lighting
5:50 p.m. Kol Nidrei

Thursday, Oct. 9

9 a.m. Shacharis
11:45 a.m. Yizkor
4:10 p.m. Mincha
5:35 p.m. Neilah
6:59 p.m. Shofar/Maariv followed by Havdalah

PROVIDENCE

Non-denominational

Chabad House of RI

Monday, Tuesday and Wednesday, Sept. 29, 30, and Oct. 1

6:20 p.m. Evening Services

Tuesday and Wednesday,

Sept. 30, and Oct. 1

10 a.m. Morning Service
11:30 Sounding of the Shofar:

Wednesday, Oct. 8

6 p.m. Kol Nidrei Service:

Thursday, Oct. 9

9:30 a.m. Yom Kippur Service
11 a.m. - noon: Kids' Hour
11:40 a.m. Yizkor
4:45 p.m. Neilah (Closing Service)
6:58 p.m. Fast ends

PROVIDENCE

Conservative

Temple Emanu-El

Monday, Sept. 29

6:00 p.m. Erev Rosh Hashana

Tuesday, Sept. 30

Rosh Hashana First Day
9:00 a.m. Shaharit
10 a.m. Havurah Style Service

10:30 a.m. Children's Programs (for preregistered children only)
10:30 a.m. Junior Congregation
4:30 p.m. Tashlich
6:30 p.m. Minha/Ma'ariv

Wednesday, Oct. 1

Rosh Hashana Second Day
9 a.m. Shaharit
10:30 a.m. Family Service (adults and children grade 3+)
10:30 a.m. Children's Programs (for preregistered children only)
6:20 p.m. Minha/Ma'ariv

Wednesday, Oct. 8

Yom Kippur Eve
6 p.m. Kol Nidrei
6 p.m. Junior Congregation
6:15 p.m. Contemplative Kol Nidrei

Thursday, Oct. 9

Yom Kippur
9:30 a.m. Shaharit
10:30 a.m. Havurah Style

Service
10:30 a.m. Children's Programs (for preregistered children only)
10:30 a.m. Junior Congregation
3:50 p.m. Minha
5:10 p.m. Neilah
6:56 p.m. Havdalah

MIDDLETOWN

Conservative

Temple Shalom

223 Valley Road

Monday, Sept. 29

7:30 p.m. Erev Rosh Hashanah

Tuesday, Sept. 30

9 a.m. Traditional First Day Rosh Hashanah Services
Tashlich immediately following services

See SCHEDULE, Page 22

Pray for Peace

May it be Your will, G-d of our ancestors, that You grant my family and all Israel a good and long life. Remember us with blessings and kindness. Fill our homes with your Divine Presence. Give me the opportunity to raise my children and grandchildren to be truly wise, lovers of G-d, people of truth, who illuminate the world with Torah, good deeds and the work of the Creator. Please hear my prayer at this time. Regard me as a worthy descendant of Sarah, Rebecca, Rachel and Leah, our mothers, and let my candles burn and never be extinguished. Let the light of your face shine upon us, and bring true peace to Israel and the world.



Blessings for Shabbos

ברוך אתה יהוה אלהינו מלך העולם
אלהיך בראשית ברכותינו וברכות
העולם כבודך ושלום עלינו

BO-RUCH A-TOH ADO-NOI E-LO-HEI-NU ME-LECH
HO-OLOM A-SHER KI-DE-SHA-NU BE-MITZ-VO-SOV
VI-TZI-VO-NU LE-HAD-LIK-NER SHEL SHA-BOS
KO-DESH

Blessed are You, G-d our Lord, King of the universe, who has hallowed us through His commandments, and has commanded us to kindle the lights of the holy Shabbos

Blessings for Holidays

Select the proper ending for the appropriate Yom Tov:

BORUCH ATO ADO-NOY ELO-HAY-NU MELECH HO-OLOM
A-SHER KID-SHONU B'MITZ-VO-SOV V-T ZI-VONU
L'HAD-LIK NER SHEL

(on Friday add — SHA-BOS V-SHEL.)

Pesach, Shavuot and Succot:.....Yom Tov
Rosh Hashanah:.....Yom Ha-zi-Koron
Yom Kippur:.....Yom Ha-Kippurim

Add this blessing following each of the above blessings except for the last holidays of Pesach.

BORUCH ATO ADO-NOY ELO-HAY-NU MELECH HO-OLOM
SHE-HEH-CHE-YONU V'KEE-MONU V'HEE-GEE-ONU
LEEZ-MAN HA-ZEH

Special instructions for holidays (but not on Shabbat). It is forbidden to create a new fire by striking a match, lighter, etc., However, it is permissible to use a flame already burning since before the inception of the holiday, such as a pilot light, gas or candle flame.

CAUTION FOR FRIDAYS:

DO NOT light candles after sunset so as not to desecrate the Shabbos. It is forbidden to light candles after sunset.

CANDLE LIGHTING SCHEDULE

5769 (2008-2009) Providence, Rhode Island

September, 2008		October, 2008		November, 2008	
5	6:52	3	6:03	7	4:13
12	6:40	8	Yom Kippur 5:55	14	4:06
19	6:27	13	Erev Sukkot 5:52	21	4:01
26	6:15	14	Sukkot 6:55	28	3:57
29	Erev P.H. 6:10	17	Sukkot 5:41		
30	Rosh Hashanah 7:20	20	Sukkot 5:36		
		21	Shmini Atzeret 6:45		
		24	5:30		
		31	5:21		

Daylight savings time ends Nov. 2

December, 2008		January, 2009		February, 2009	
5	3:55	2	4:07	6	4:48
12	3:56	9	4:14	13	4:57
19	3:58	16	4:22	20	5:06
26	4:02	23	4:30	27	5:14
		30	4:39		

Daylight savings time resumes March 8

March, 2009		April, 2009		May, 2009	
6	5:22	3	6:54	1	7:24
13	6:30	8	Passover 6:59	8	7:32
20	6:38	9	Passover 8:10	15	7:39
27	6:46	10	Passover 7:01	22	7:45
		14	Passover 7:06	28	Erev Shavuot 7:50
		15	Passover 8:17	29	Shavuot 7:51
		17	7:09		
		24	7:17		

June, 2009		July, 2009		August, 2009	
5	7:56	3	8:04	7	7:36
12	8:00	10	8:02	14	7:27
19	8:03	17	7:58	21	7:16
26	8:04	24	7:52	28	7:05
		31	7:46		

The above times are for Providence, RI. Other areas around the region may vary by a few minutes.
Courtesy of Chabad Rhode Island

Candle lighting time for the second night of the Holiday is usually about one hour after the candle lighting time of the previous night.

Please do not deface or discard this paper, for G-d's name is on it.

Come to a "FRIDAY NIGHT LIVE" Shabbat Dinner at the CHABAD HOUSE Jewish Hospitality Center
173 Prospect St., Corner of Olney, Providence, RI
CALL: 273-7238

HEALTH: Jewish season of renewal is a time for commitment to yourself

From Page 4
find a partner and work together.

EAT WELL, AND NOT SO MUCH

There's an old joke, "Everything in moderation – including moderation."

One of the keys to a healthy life is to eat a balanced diet and reduce portion size as you get older.

When we age, our metabolism slows and we need less food.

At the same time, we may be shifting from a more active to a more sedentary lifestyle. It's a simple equation, if you keep eating the same sized portions, then your waist will expand.

At Tamarisk, the dining room has a very social atmosphere and focus. By offering a variety of fresh home-cooked meals (and small portions), the center encourages seniors to eat balanced and healthy meals.

**START SLOWLY
AND GRADUALLY IMPROVE**

At the beginning of this article we warned you to start slowly, and it bears repetition. If you're used to big meals, you can't cut back right away. If you've never meditated, you can't expect to get it right the first time.

To change your life, you need to see the possibility, set realistic goals, and be patient with yourself.

It may be especially difficult to work through the times you want to quit. Create partnerships with other people who encourage you. Keep going because the benefits are both short and long term.

"I believe that real change takes time," Lev Poplow said. "That's why there is time between *Rosh Hashanah* and *Yom Kippur*. If you want to have a better life, the time to start is now – for everyone no matter what your age is."

Lev Poplow can be reached at: levp@tamariskri.org - 732-0037



Photo by Lev Poplow

RHODE ISLAND'S "JACK LALANNE look-alike" leads seniors in exercise at Tamarisk



An EPOCH Day of Fun and Entertainment Awaits You!

You're invited to our *Progressive Lunch*, an event that will showcase the many wonderful and exciting opportunities at EPOCH. Join us and experience firsthand the lifestyle our residents enjoy so much.

Wednesday, September 10, 2008

Sponsored by EPOCH Assisted Living on the East Side and EPOCH Senior Living on Blackstone Boulevard.



Schedule of Events:

9:30 am	EPOCH on the East Side Welcome & Tour	11:00	EPOCH on Blackstone Make & Take Fresh Floral Arrangement
10:00	Choice of Brain Fitness, Chair Aerobics or Water Aerobics and Light Refreshments	12 Noon	Tour EPOCH on Blackstone
10:45	Van transports to EPOCH on Blackstone Boulevard	1:00	Lunch at Blackstone
		1:45	Van returns to EPOCH on the East Side
		2:00	Entertainment by Johnny T

You won't want to miss this day of fun and activities. Bring a friend.

Reservations are required and can be made for individual events.

Please call to reserve your spot before September 3.

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The Board of Directors and Staff of
**Jewish Seniors Agency
of Rhode Island**

Wish you and your family
L'Shanah Tovah

A Sweet New Year



Paul Barrette
Executive Director

Susan Leach DeBlasio
President

Jewish Seniors Agency
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Rhode Island Outreach Program, Jewish Seniors Agency of
Rhode Island, Women's Association, Shalom Apartments,
The Phyllis Siperstein Tamarisk Assisted Living Residence

A collaborating member of AgeWell RI

www.jsari.org

Dry and colorful, not syrupy sweet, Israeli wines come of age

BY DINA KRAFT

Special to *The Voice & Herald*

Israel (JTA) – It's harvest time at the Domaine Du Castel winery and crates full of small, plump grapes the color of blueberries are being loaded into a machine that removes them from their stems and pumps them through plastic piping into a towering, silver-colored vat. This is how the two-year process of wine making begins in a terra cotta-colored building that originally was a chicken coop and is now considered the producer of some of Israel's finest wines.

This year the winery was awarded the much-coveted four-star rating in one of the world's premier wine guides, Hugh Johnson's "Pocket Wine Book 2008." In Israel, "there is a wine revolution going on when it comes to quality," says the founder of Domaine Du Castel, Eli Ben Zaken, a mild-mannered man with thick, wavy hair and a beard. A former restaurateur, he began making wine as a hobby until the top wine taster at Sotheby's in London came across one of his bottles and, much to his surprise, declared it "an outstanding" find, Ben Zaken said.

Wines have been produced in these Judean hills, not far from Jerusalem, since biblical times. The remains of a wine press from the Second Temple period was unearthed near where Domaine

Du Castel's grapes are grown.

But only in the last 25 years or so have Israel's wines begun to take off around the world, transforming the reputation of kosher wine from the syrupy kosher *kid-dush* variety to world-class vintages.

"International expertise, modern technology and dynamic wineries have ensured continued advances in quality," Johnson wrote of Israeli wines in his book.

A key turning point in the "coming out" of Israel's wines came just last year when Robert Parker, a leading American wine critic, tasted more than 40 Israeli wines for the first time. He awarded 14 wines scores higher than 90 on a 100-point scale. A major achievement for any winery, the scores signified an exceptional world-class product.

Israel's wines began their metamorphosis in the 1980s. Israelis started traveling abroad in increasing numbers and returned with an appetite for



ROBUST NOSE, complex flavors make Israeli wines worthy

better food and, with it, better wine, according to the restaurant and wine critic for Israel's daily *Ha'aretz*, Daniel Rogov.

Some Israelis began studying winemaking in places such as France and California, returning home with the expertise not just on how to make wine but where to make wine. They began planting fewer vineyards in Israel's low-lying coastal areas and more in higher-altitude regions like the Golan Heights, the Upper Galilee and the Judean Hills, where the climate has proved better for growing quality grapes.

The Golan Heights Winery, established in 1984, played an important role in the quality rev-

olution of Israeli wines, bringing in expertise from California and raising the bar for other wine makers here, said the director of wine development at the Carmel Winery, Adam Montefiore, who also has worked at the Golan Heights Winery.

"If people told me then that Israel would be producing the wines they are producing today, I would have laughed in their faces," Rogov said.

The return of modern winemaking to the region began in 1882 with the investment in wineries in *Zichron Yaakov* and *Rishon Le-Zion* by philanthropist Baron Edmond de Rothschild. The baron, who in France owned Chateaux Lafite, arguably the world's most famous winery, hoped a wine industry would help support Jewish settlement in what was then Ottoman-ruled Palestine.

Rothschild's wineries eventually morphed into the Carmel Winery, still Israel's largest. But for decades it was Carmel that was synonymous with the thick,

sweet kosher wine that Jews around the world used for *kid-dush* on Shabbat and holidays.

In the past eight years, Carmel has worked hard at a transformation of its own, and it's now recognized for a collection of top-quality wines. It's a shift that, according to Montefiore, is part of a larger revolution in which up-and-coming boutique wineries have pressured Israel's older, more established wineries to react by creating top-quality wines.

Israel today has about eight major wineries, 10 medium-sized ones and nearly 180 boutique wineries. They range from the high-end *Margalit* and *Yatir* wineries to the innovative and organic *Neot Semadar* Winery, the southernmost winery in the country, located deep in the Negev Desert. At *Ramat Razeel*, a *moshav* in the forested hills outside Jerusalem, Ben Zaken has spent the last few weeks walking through his vineyards testing the grapes until they were ripe for harvest. An Egyptian-born immigrant from Italy, Ben Zaken says the process of working the land makes him feel especially rooted here.

He sees a role for Israeli wine beyond the pleasure of its taste. "Here you can show the world that Israel is not only about wars and violence," he said. "And their image of Israel changes."

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Sunday, Sept. 14	9:00 AM to 12:30 PM
Sunday, Sept. 21	9:00 AM to 12:30 PM
Wednesday, Sept. 24	4:00 PM to 7:00 PM

Beth David is a year-round Conservative-style synagogue that is now affiliated with the South County Hebrew School. The temple offers a wide variety of services and programs, including Shabbat and holiday services, religious school, bar/bat mitzvah, adult education, junior congregation and more.

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High Holidays Schedule

Wednesday, Oct. 1
10 a.m. Contemporary Service

Wednesday, Oct. 8

6 p.m. Kol Nidre

Thursday, Oct. 9

9 a.m. Yom Kippur Service
A break fast will follow the day's worship

WARWICK

Conservative

Temple Am David

Monday, Sept. 29

6 p.m. Erev Rosh Hashanah

Tuesday, Sept. 30

9 a.m. Rosh Hashanah Day
10:30 a.m. - 12:30 p.m. Jr. Congregation
5:15 p.m. Tashlich
6 p.m. Mincha/Maariv

Wednesday, Oct. 1

9 a.m. Morning services
10:30 a.m. - 12 noon: Jr.
6:30 p.m. Mincha/Maariv

Wednesday, Oct. 8

6 p.m. Kol Nidre

Thursday, Oct. 9

9 a.m. Yom Kippur
10:30 a.m. - 1 p.m. Jr. con-

gregation
11:15 p.m. Yizkor
4:15- 4:45 p.m. Study
5 p.m. Mincha
6 p.m. Neilah
6:58 p.m. Shofar/Havdalah

NARRAGANSETT

Conservative

Congregation Beth David

Monday, Sept. 29

6 p.m. Erev Rosh Hashanah (Village Inn)

Tuesday, Sept. 30

9 a.m. Rosh Hashanah (Village Inn)
10 a.m. Youth Service (the Center)
5 p.m. Tashlich (Narragansett Sea Wall)
6 p.m. Mincha/Maariv (Village Inn)
Wednesday, Oct. 1
9 a.m. Services (Village Inn)

Wednesday, Oct. 8

6 p.m. Kol Nidre (Village Inn)
Thursday, Oct. 9
9 a.m. Yom Kippur (Village Inn)
10 a.m. Youth Services (The Center)
4:15 p.m. Mincha (Village Inn)
5:45 p.m. Closing Services (Village Inn)

Creating Jewish home life

Collaborative group empowers non-Jewish mothers to create Jewish homes for their children

VOICE & HERALD STAFF
voiceherald@jfri.org

"Are you a non-Jewish mother raising a Jewish child?"

"When I read the advertisement for this class, I knew it was perfect for me," said Mary, a mother in Atlanta, about the Mothers' Circle group she joined there. "I even rearranged my work schedule to be able to attend the classes." Closer to home, a Rhode Island mom was so excited to participate because she had "wanted something just like this." Another woman said she and her husband "nearly fell off their chairs" when they read about it, it was so perfect for them.

The Rhode Island Mothers' Circle's first meeting was on Thursday, September 18, at the JCC, and participating mothers who are not Jewish and who are raising Jewish children will learn about creating Jewish homes. Sponsored by the Jewish Outreach Institute, the Mothers' Circle is a free and welcoming educational



Photo by Nancy Kirsch

MOTHERS' CIRCLE coordinator
Kit Haspel

program for mothers of other faiths who are raising Jewish children. Meeting twice a month for eight months, this interactive program explores Jewish holidays, practices, rituals, and ethics while empowering its participants to create Jewish homes.

"Raising children is difficult enough without the pressure of instilling a 'foreign' religious identity," said Mary. "Sitting in a room for nine months with 13 other moms with children of various ages - from infants to teenagers - talking through the issues made the task seem a little less complicated."

According to Laura, also from Atlanta, "The program gives a great foundation because it is structured to give a bit of

background about Jewish holidays, life cycle events and traditions that we will encounter, along with a 'how-to' to begin living Jewishly. We are encouraged to take small steps until or unless we are ready for more. The Mothers' Circle program has given me a safe comfortable place to talk frankly about my concerns and feelings about living a Jewish life even though I am not Jewish."

Mothers in all family constellations are welcome, and they need not be affiliated with a Jewish institution or have any prior knowledge. Free child care is provided. The local group, made possible through the generosity of the Helene and Bertram Bernhardt Foundation, is already filling, though a few spots are still open. Women are welcome to join the group through October 16.

After the class ended, Laura said, "I think the biggest change for me is that I feel more confident than ever around my many Jewish friends to be who I am! I am not afraid to ask questions of anyone."

To register, or for more information, contact Kit Haspel, Mothers' Circle coordinator, at 331-0956, extension 184, or khaspel@bjeri.org.

L'shanah tovah!

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AgeWell RI is a collaborative program of Jewish Family Service, Jewish Seniors Agency & the Jewish Community Center, core agencies of the Jewish Federation of RI, working together to provide seamless delivery of services to older adults, their family members and caregivers.

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HIGH HOLIDAYS REFLECTIONS

Creating a new model to make work fit with life

Author finds people feel disconnected, overwhelmed

BY STEWART D. FRIEDMAN
JTA staff writer

PHILADELPHIA (JTA) – Now is the time of year when we return to what matters most in our lives. We reflect on what we've done and we commit to making things better in the year ahead. What a great and powerful moment in the Jewish cycle. For without this annual taking stock, how can we evolve to become the person we want to be and build our legacy as a positive force during our precious time on earth?

Following the June publication of my book, "Total Leadership: Be a Better Leader, Have a Richer Life," I spent much of this summer traveling the country, speaking about work and how to make it fit with the rest of life in ways that are good both for companies and the people employed by them. I talked to thousands of people and I listened for the pulse of American business.

Here's what I heard: There's much pain. Too many people

feel overwhelmed, disconnected, pessimistic and with no other purpose than to merely survive. Demand for change is the order of the day, as it has always been in our Jewish tradition. Now, as I step into my 25th year teaching at the Wharton School of the University of Pennsylvania, I'm struck by how different the work world is today and why a new approach to leadership – no matter where you are or

freedom from time and space, but it's just dawning on us that we need to learn new psychological and social technologies, too, to avoid drowning in the deluge of nonstop pressures that come at us through the tethers we call cell phones and Blackberries.

The Jewish tradition's respect for meaningful and useful boundaries is clearly evident in the concept of Shabbat, which creates a natural separation in our lives. This tradition holds lessons that are more relevant today than ever.

But just as there are boundaries, there is also a strong need for integrating the various parts of our life. When the different aspects of life fit together as one – perhaps the essential Jewish idea, to which the *Shema* prayer calls

our attention – then everything in life seems better.

The age-old Jewish commitment to social justice and respect for the world around us is returning to favor in American business. Employers are learning that people perform better in their jobs when they bring passion into the workplace, when they are doing what they believe matters to the world, and when

Being a leader means inspiring committed action that engages people in taking intelligent steps, in a direction you have chosen, to achieve something that has significant meaning for all relevant parties.

what you do – makes sense.

This new approach is all the more necessary given the new demands on our time as well as our evolving aspirations. Throughout human history, the sun's relationship to the earth was what determined when people worked and when they rested. Thanks to the revolution in digital technology, this is no longer true for most people. New communications tools promise

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TOTAL LEADERSHIP

Be a Better Leader, Have a Richer Life

STEWART D. FRIEDMAN

See REFLECTIONS, Page 24



Above the Crowd!



Ilene M. Winegard

*L' Shana Tova
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REFLECTIONS: how to create the life you want

From Page 23

they have a hand in figuring out how to get it done. Greed and competition were 1980s cool. Green and collaboration are 2008 cool.

As I wrote in my book, being a leader is not the same as being a middle manager or a top executive. Being a leader means inspiring committed action that engages people in taking intelligent steps, in a direction you have chosen, to achieve something that has significant meaning for all relevant parties.

Individuals can do this whether they are at the top, middle or bottom of an organization or group. And they can do this in business, families, friendship networks, communities and social associations.

This may be easy to say, maybe not so easy to do. There are a few simple principles that can help:

- Be real, by acting with authenticity and clarifying what's important in all parts of your life.
- Be whole, by acting with integrity and respecting all aspects of life.
- Be innovative, by acting with creativity and experimenting with what you do and how you do it.

Anyone can bring these principles to their lives and perform better in all aspects. You just have to make an effort to reflect and grow, bolstered by those you enlist to push and encourage you. This is just what our Jewish tradition challenges and inspires us to do, especially



Stewart D. Friedman

during the High Holidays.

In the Total Leadership process, you begin by writing and talking about your core values and your vision of the kind of leader you want to become – how you want to affect the world around you and why. That's what I mean by being real, and it's akin to what we as Jews do in prayer – we contemplate what's important and how to bring our lives in closer alignment with our values.

Next you explore how the different parts of your life fit together as one – whether your world has integrity – by thinking through the performance expectations of the most important people in each of the four different parts of your life: work, home, community and self.

Then you talk to these people, whom I call your "key stakeholders," for they are essential to your future, as you see it, to verify and perhaps revise your grasp of these expectations. For many,

this activity is similar to what we do on *Yom Kippur* in realizing and talking about what we need to do to strengthen our most precious relationships.

Finally, the fun, inspiring part is being innovative. This involves experimenting with new ways to get things done with the intent of improving performance demonstrably in all four life domains – pursuing, in other words, what I call "four-way wins."

We need to focus on what matters most and to consciously take small, realistic steps toward acting on it. You'll spend your precious time more intelligently – better aligned with your values, using more of your natural talents to pursue passionately the goals to

which you're genuinely committed. As the great Jewish theologian Abraham Joshua Heschel, once said, "Life without commitment is not worth living."

In these Days of Awe, as we reflect on the work of our lives, ask whether and how your "living" makes sense in the bigger picture of your life, your world. If it doesn't, consider taking one small step toward making it so. Experiment with a change that aims to make things better for you – your mind, your body and your spirit – and for the people around you at work, at home and in your community.

(Stewart D. Friedman is on the faculty of The Wharton School of the University of Pennsylvania and is the author of the best-selling "Total Leadership: Be a Better Leader, Have a Richer Life," published by Harvard Business Press; visit www.totalleadership.org)

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Rosh Hashanah

Seeing green in the shofar and its call to action

The ancient, transformative sound reaches deep into the soul

By EDMON J. RODMAN
JTA Staff Writer

LOS ANGELES – Is green the theme of the shofar this Rosh Hashanah season? In a year of sustainability and carbon footprints, high gas and hybrids, the shofar is the simplest, most friendly

kishkas and our consciousness. It's the great proclaimer, announcing in a low-energy way some high-energy concepts. In Israel, the *shofar's* call also was used to introduce the *Torah* concept of the jubilee year: Historically, on *Yom Kippur*, the shofar announced that the land was allowed to lay fallow while also proclaiming "liberty throughout the land" and the release of all servants. The jubilee in Hebrew, "yovel," is derived from the Hebrew word for ram's horn – "yobel."

alive – an animal that must be sustained with compassion, with humane treatment, fed even before we feed ourselves. We cannot beg the question of our treatment of animals by using an artificial *shofar*. Substitutes are not kosher – plastic and metal are not allowed. Also, *shofarin* do not last forever. They crack, break and develop holes, rendering them ritually unusable. The replacements, like all *shofarin*, can only be fashioned from a ram, antelope, gazelle

Yet sans headphones or ear buds, the shofar delivers a sound like no other, penetrating our *kishkas* and our consciousness.



Yovel and the related concepts of *shmitta*, a Shabbat of rest and rejuvenation for the land every seven years, are land-use concepts practiced today through crop rotation and organic farming. Each year we are commanded to hear the sounds of the *shofar* – we cannot celebrate *Rosh Hashanah* without hearing them. But what is it that we are supposed to hear? The *shofar*, held high for us to hear and see that day, presents an under-heard relationship with the natural world, with the world of animals and their environment. A relationship that will need to run far deeper than what "my daddy bought for two *zuzzim*," as the traditional Passover song "*Chad Gadya*" proclaims. When issues of treatment of livestock to be used for kosher slaughter come to light, the sound of the *shofar* can remind us that the horn that announces the times of our lives comes from something that also was

or goat. A world where the environment is so polluted – where there is no clean water, no toxin-free feed, no land available – will be a world that will not hear the blast of the *shofar*. On that day, *Rosh Hashanah*, *Yom Teruah*, the day of the blast, will be our "silent spring." In a midrashic moment we can imagine a Jewish traveler, a *Rip ben Winkle* who after a bit too much *kiddush* wine sleeps for 200 years and awakens in *Elul*, the month preceding *Rosh Hashanah*, only to find that the *shofarin* are all made of carbon fiber – perfectly pitched lustrous sheen – and play themselves. To what kind of world has our traveler awoken? Like our traveler, we, too, must awaken, or be awakened by the *shofar's* call. According to the *Mishneh Torah*, the shofar says, "Wake up from your sleep. You are asleep. Get up from your slumber." This year as you stand to hear the blasts, wake to a green meaning in the tones: *Tekiah*, the long blast: the wake-up call. Understand it to announce the stewardship we

See SHOFAR, Page 28

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**Making – and eating – challah of any
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*Making a round
challah is easy
and delicious*

By MARK BINDER
Special to *The Voice & Herald*

IN JEWISH tradition, we
make the *challah* round for
Rosh Hashanah and *Yom
Kippur* to celebrate the
circular cycle of the year. As
one year ends, another begins.

Fortunately, this is one of the
easiest *challahot* to make. This
is also one of the times that
many people like to add raisins
or currants. If you want a *chal-
lah* for *Yom Kippur*, you will
have to bake it the day before.

**USE ANY RECIPE FOR CHALLAH
DOUGH YOU LIKE**

After the first rising,
there are three ways to
make your *challah* round.

This method is a lot like making
a round loaf of Italian-style bread.

Turn the dough out on
the counter, and shape
it into a big ball.

Set the dough to rise
(see steps below)

THE TURBAN OR KNOT METHOD

1. Turn the dough out on the
counter, and shape it into a ball.

2. Take the ball and roll
it out into one big thick strip,
about two inches or more thick.

3. Tie it in a big fat single
knot, kind of like a turban. I
make a circle on the counter, and
then tuck the end underneath
and up through the middle.

4. If it doesn't look good,
untie it and try again.

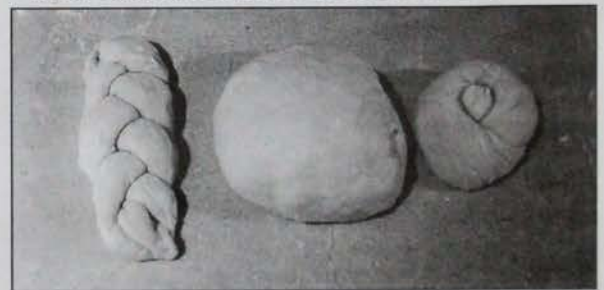
5. Squeeze the outer end
into the rest of the circle and
smooth off the seam. Tuck
messy bits underneath.



Roll the dough into a "snake" about 2 inches thick and 14 to 16 inches long



Tie the "snake" into a turban or fat knot and it's ready to bake

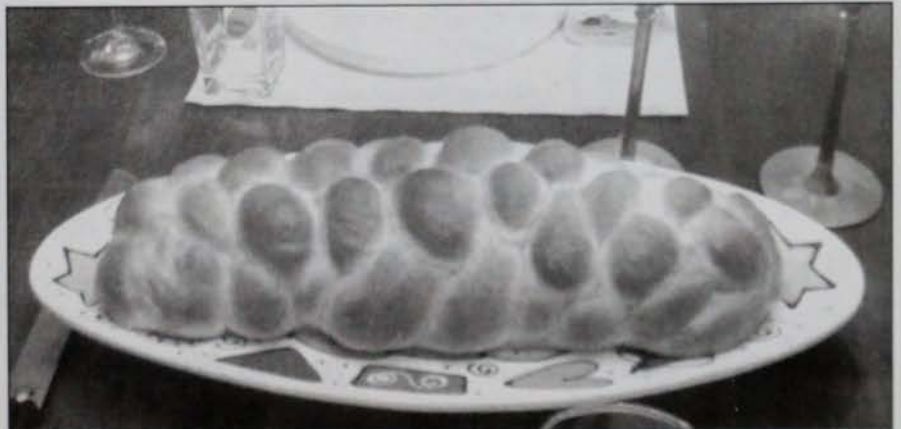


More choices, left to right: divide your "snake" into three pieces and weave them together for a traditional braided challah or, keep it simple with a round challah

See CHALLAH, Page 28



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The finished product

Photos by Mark Binder

Jewish Community Calendar

From Page 15

THURSDAY

October 2

Live from the 92nd St. Y

Join in the celebration of Elie Wiesel's 80th birthday party, which will include tributes by luminaries, public figures and citizens around the globe. Interactive event will be broadcast 'live' as part of JCCRI program sponsored by the Starr-Tobak Endowment Fund.

WHERE: Social Room, JCCRI, 401 Elmgrove Ave., Providence

WHEN: 8 - 10 p.m.

MORE INFO: 861-8800, ext. 108

SUNDAY

October 5

Sukkah Building Demonstration

Learn how to build your own sukkah.

WHERE: Lounge, JCCRI, 401 Elmgrove Ave. Providence

WHEN: 9 a.m. - 1 p.m.

MORE INFO: 861-8800

The Gift of Life: New Inroads in Breast Cancer Screening.

Join Hadassah and National Council of Jewish Women to hear a panel of speakers presenting the most current information about one's risk for breast and ovarian cancers.

WHERE: Providence Marriott Hotel, 1 Orms Street, Providence

WHEN: 2 p.m.

MORE INFO: 463-6363

MONDAY

October 6

Exploring Jewish Identity in the 20th century

Stuart Freiman will lead discussion, using stamps, letters and documents as points of reference. Sponsored by the Holocaust Education and Resource Center of Rhode Island and the JCCRI. Limited to 25 people

WHERE: JCCRI, 401 Elmgrove Ave., Providence

WHEN: 7 - 9 p.m.

MORE INFO: 861-8800, ext. 108

SATURDAY

October 9

Tot Shabbat

An engaging, fun and age appropriate Shabbat morning services including singing, dancing, prayers and story telling. Ages up to 7 years with a parent. Concludes with Kiddush with the congregation.

WHERE: Temple Am David, 40 Gardiner St., Warwick

WHEN: 10:30 a.m.

MORE INFO: 463-7944

SUNDAY

October 12

Centennial Celebration

Celebrate with Congregation Sarah Zedek as they reflect on 100 years of history. Klezmer music, refreshments, photos and symbolic artifacts from the past.

WHERE: Congregation Sarah Zedek, 6 Union St., Westerly

WHEN: 4 p.m.

MORE INFO: 315-2067

MONDAY

October 13

Great Day of Service

Sponsored by the interfaith organization, Beyond Our Walls, the day will provide an opportunity for people to come together to assist agencies and organizations in need of community service through work projects.

WHERE: Barrington High School, 220 Lincoln Ave., Barrington and Beneficent Congregational Church, 300 Weybosset St., Providence

WHEN: 8 a.m. - 1 p.m.

MORE INFO: www.greatdayof-service.com

SUNDAY

October 19

Political Breakfast

Sponsored by Temple Sinai Brotherhood. Listen to candidates for U.S. Senate, House District 2, and representatives from the Presidential campaign. Currently scheduled to speak are Sen. Jack Reed at 9:15 am and U.S. James Langevin at 10:15 am.

WHERE: Temple Sinai, 30 Hagen Ave., Cranston

WHEN: 9 a.m.

MORE INFO: 942-8350

The power of good

Screening of documentary film about Nicholas Winton, known as "Britain's Schindler." In 1939 he saved the lives of 669 children, most of them Jewish, from Nazi-occupied Czechoslovakia. Guest speaker will be Hanna Slome, a "Winton Child." Sponsored by Temple Am David, The Holocaust Education Center & The Gelman Education Foundation

WHERE: Temple Am David, 40 Gardiner Street, Warwick

WHEN: 10 a.m. Breakfast Program

MORE INFO: 463-7944

THURSDAY

October 23

Ocean State Follies

Charlie Hall is at it again. He is writing a fresh satirical script just in time for the Presidential races. The proceeds of this event will be donated toward the remodeling of the Boardroom at Temple Beth-El. Hors d'oeuvres and desserts included.

WHERE: Silverstein Meeting Hall at Temple Beth-El, 70 Orchard Ave., Providence

WHEN: 7 p.m.

COST: Donation requested, beginning \$45 per person.

MORE INFO: 331-6070

SUNDAY

November 9

Kristallnacht Concert

Presented by Temple Emanu-El in partnership with the Holocaust Education and Resource Center of Rhode Island, with guest narrator Leonard Nimoy

WHERE: Veterans' Memorial Auditorium

WHEN: 7 p.m.

MORE INFO: 331-1616

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Rosh Hashanah Greetings




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CHALLAH: circle of life symbolized in round *challah*

From Page 26

THE BLESSING THAT MAKES

IT CHALLAH

To separate or "take" *challah* as a sacrifice, after the first rising, say the following blessing:

Baruch atah Adonai elohaynu melech ba'olam asher kidishanu b'mitzvotav v'tziyvanu l'hafrish challah.

Blessed are thou, Lord our God, ruler of the universe, who has sanctified us with Your commandments and commanded us to separate *challah*.

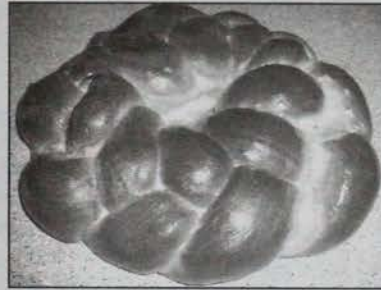
Break off (or reserve) a small piece of the *challah* dough (about the size of an olive), and put it in the oven while the oven is preheating until it is burned and inedible. This may also be done over an open flame. Or, it is respectfully wrapped and disposed of. And yet one more tradition holds that you can give away a loaf of *challah* to someone in need as an offering.

RISE AND BAKING

1. Set the bread onto a greased or parchment papered baking sheet to rise.

2. Make sure this bread rises at least 45 minutes to an hour. You want it to double in size. Especially if you're using the simple method, if the bread doesn't fully rise, it may crack or split during baking.

3. After the rising, paint



the *challah* with a wash of 1 egg with 1 tsp. of water. To get a more golden color, use only the egg yolk.

4. This is a thick bread. Allow 40 to 60 minutes for baking. If the bread is cooking unevenly, rotate it 90 to 180 degrees after 30 minutes. At about 40 minutes, test the bread with an instant-read thermometer.

Internal temperature should be between 190 and 210 degrees. If the bread isn't done,

let it bake for another five or 10 minutes. Check again with the thermometer, and continue baking if necessary.

Note: Gently roll the bread over and poke the thermometer into the bottom, so holes are invisible.

5. Remove from the oven and allow to cool.

6. Serve at dinner. Say the blessings, eat and enjoy.

Bonus tip: When you're baking *challah*, always make yourself a small "baker's *challah*" to eat warm and fresh from the oven. You can make it round or with a triple-braid, but be sure to have cold butter ready when it comes out of the oven.

The baker's *challah* will follow the same process as above, but should be removed from the oven at about 25 minutes, because it is much smaller than the large *challahot*.

Mark Binder is a writer, storyteller and the author of "The World's Best Challah" available at Books on the Square and at www.lightpublications.com

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SHOFAR: the simplest, method of reaching the Jewish community with a vital message

From Page 25

have been given over the earth and the responsibilities thereof.

Shevarim, three short blasts: a warning that change is coming. The crack, crack, cracking of polar ice due to global warming.

Teruab, nine quick notes like ticks of the clock: Reminding us that when it comes to

the environment, the day is short and the task is great.

Saadia Gaon gave us 10 things we should hear in the *shofar's* call. He tells us "that the sound of the *shofar* is reminiscent of the exhortations of the prophets whose voices rang out like a *shofar* in calling the people to do justice ..."

This *Rosh Hashanah*, we can

be the prophets of change, shaping in short bursts and long beautiful curves and spirals, our actions and intentions to green and repair our world.

(Edmon J. Rodman is a writer and toy designer whose most recent creation is "Do-Re-Mi Musical Building Blocks.")

Welcome Home...

Rosh Hashanah

Mon Sept 29 8:00 Evening Service

Tues Sept 30

9:00 Family worship service

10:45 Morning Service

2:30 TOT Service

3:30 Tashlikh Service

Wed Oct 1 10:30 Morning Service

Yom Kippur

Wed Oct 8 8:00 Evening Service (Kol Nidre)

Thurs Oct 9

9:00 Family Service

10:45 Morning Service

2:30 TOT Service

3:15 Afternoon Service (& Yizkor) followed by Break the Fast

Sukkot

Mon Oct 13 5:30 "Bring Your Own" picnic supper followed by a service in the Sukkah at 6:15

Simchat Torah

Mon Oct 20 7:00 Simchat Torah service. Our scrolls will be unrolled the length of the sanctuary.



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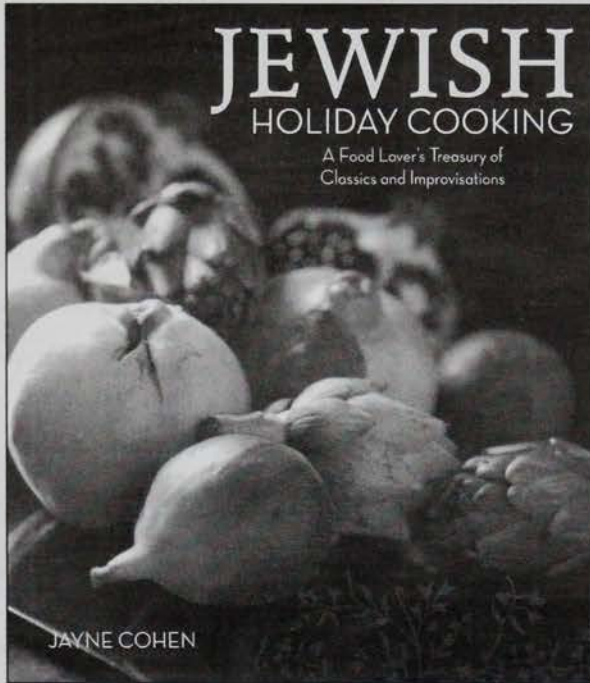
By JAYNE COHEN

Special to The Voice & Herald

CUT OPEN a pomegranate. Hundreds of juice sacs form a nearly perfect star, red as blood. Little wonder it is celebrated in myth and ritual by all ancient peoples – Chinese, Greeks, and Jews – as a symbol of fertility and abundance.

On *Rosh Hashanah*, we often eat the pomegranate, one of the *mipnei ha-eretz* (seven choice fruits of ancient Israel), to fulfill the commandment to eat a fruit not yet sampled this season. According to *kabbalistic* tradition, the pomegranate contains exactly 613 seeds, the precise number of commandments a pious Jew must follow. Eating this perfect fruit on *Rosh Hashanah* embodies the hope that we may perform as many good deeds and righteous acts as the pomegranate has seeds.

The pomegranate's virtues are not merely symbolic. Research reveals that eating pomegranates may slow the aging process and fight diseases like cancer. The fruit adds a tart, complex flavor to foods, tenderizes tough cuts, and even reduces the amount of salt needed in meat dishes. The juice tenderizes the brisket and infuses the amethyst gravy with a haunting depth. More beautifully layered autumn colors and flavors unfold slowly: a cushion of bronze caramelized onions cooked to a jam-like confit or "onion marm-



JEWISH HOLIDAY COOKING

A Food Lover's Treasury of Classics and Improvisations

lade," that gives rise to a shower of tart-sweet pomegranate seeds. It's

and freeze them in an airtight container for an instant burst of color and flavor in a multitude of sweet and savory dishes. One large pomegranate will give you about one cup of seeds. You will get two cups of pome-

granate juice by squeezing four to six pomegranates.

BRISKET BRAISED IN POMEGRANATE JUICE

Serves 8, generously

INGREDIENTS

3 tablespoons olive or canola oil
A first-cut beef brisket, about 5

See POMEGRANATES, Page 30

Eating this perfect fruit on *Rosh Hashanah* embodies the hope that we may perform as many good deeds and righteous acts as the pomegranate has seeds.

a glamorous showstopper, worth every minute in the kitchen.

Fresh pomegranates are usually available from the end of August through December. Look for large fruits, bulging with seeds, heavy for their size. The leathery rind should be smooth, with some sheen, not dull and dried out.

Store in the refrigerator. Once cut open, remove the seeds



Join us for special Shabbat and High Holy Day Services, sponsored by:

9/12, 5:45 pm—Religious School
9/19, 7:30 pm—Shireinu Choir
9/26, 7:30 pm—Sinai Seniors

- ♦ Tot Shabbat Open House on Saturday, September 20th at 9:30 am.
- ♦ Children's Rosh Hashanah Service on Tuesday, September 30th at 2:30 pm and Children's Yom Kippur Service on Thursday, October 9th at 2pm. All are welcome to attend.

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POMEGRANATES: the perfect fruit, symbolic and healthy

From Page 29

pounds, trimmed of excess fat, patted dry

2 medium onions, coarsely chopped, about 2 cups
 2 leeks, washed well and coarsely chopped (include both white and pale green parts)

6 large garlic cloves, peeled and crushed

2 large carrots, scraped and coarsely chopped

1 celery stalk celery with leaves, coarsely chopped

2 cups pomegranate juice
 2 cups chicken broth, preferably homemade

3 fresh thyme sprigs or 2 teaspoons dried leaves

2 fresh rosemary sprigs

2 Turkish bay leaves

Salt and freshly ground black pepper

ONION CONFIT

INGREDIENTS:

3 table-
 spoons olive oil

4 large onions
 (about 2 1/2 pounds), very thinly sliced

Salt and freshly ground black pepper

1/4 cup chicken broth

1/2 cup dry red wine
 1/2 cup pomegranate seeds

METHOD FOR BRISKET:

Preheat the oven to 325 degrees. Heat the oil over medium high heat in a large heavy-bottomed roasting pan, using two burners, if necessary, or in a wide 6-quart Dutch oven or flameproof casserole. Add the brisket, and brown well on both sides, about 10 minutes. Transfer the brisket to a platter and set aside.

Pour off all but about 1 tablespoon of fat remaining in the pan, and add the onions and leeks. Cook, stirring occasionally, over medium high heat, until the vegetables are softened, 5 to 7 minutes. Add the garlic, carrots, and celery and continue cooking until the onions are golden, 7 to 10 minutes, stirring and

scraping the pan to prevent scorching or sticking.

Add 1 cup of the pomegranate juice and bring the mixture to a boil, scraping up the browned bits from the bottom of the pan with a wooden spoon, until the liquid is reduced by about half. Add the remaining 1 cup juice, chicken broth, thyme, rosemary, and bay leaves and bring the mixture to a simmer.

Season to taste with salt and

but the gravy can be prepared by skimming the fat in the traditional way, if you prefer. If you go that route, though, do let the meat rest in the pan sauce for at least an hour.

Cool the brisket in the pan sauce, cover well with foil, and refrigerate until the fat congeals. Scrape off all solid fat. Remove the brisket from the pan and slice thinly across the grain.

Prepare the gravy: Bring the braising mixture to room temperature, then strain it, reserving the vegetables. Skim and discard as much fat as possible from the liquid.

Puree the reserved vegetables and 1 cup of the defatted braising liquid in a food processor or a blender.

Transfer the pureed mixture and the remaining braising liquid to a skillet and reduce the gravy over high heat to the desired consistency. Taste for seasoning. Rewarm the brisket in the gravy until heated through.

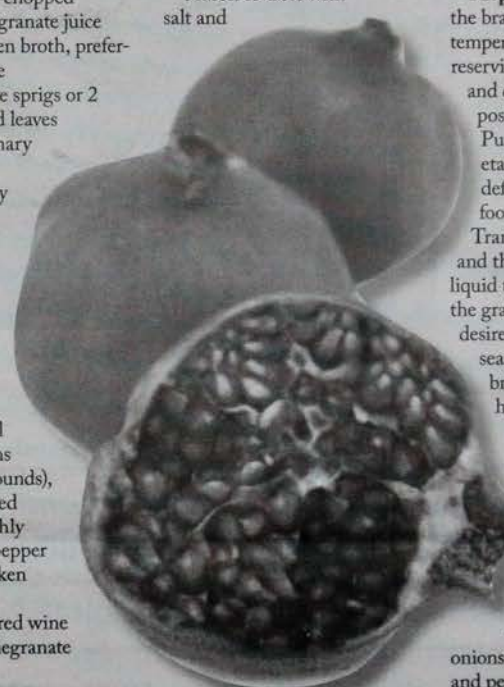
METHOD FOR ONION CONFIT:

About an hour or so before you are ready to serve the brisket, make the confit. In a 10- to 12-inch heavy skillet, warm the oil. Add the

onions, season lightly with salt and pepper, and toss to coat with the oil. Cook, tightly covered, over the lowest heat, stirring occasionally so the mixture does not burn, for 1 hour, or until the onions are very soft and pale gold in color. Add additional salt and pepper to taste, the broth, and wine. Raise the heat and boil the mixture, uncovered, stirring, until all the liquid is evaporated and the onions turn golden.

Taste and adjust the seasoning (it may take quite a bit of salt), and turn off the heat. Cover the mixture and keep it warm. Stir in the pomegranate seeds just before serving.

Spread the onion confit over a serving platter and arrange the sliced brisket on top. Ladle the hot gravy over the meat and serve immediately.



pepper.

Lightly salt and pepper the brisket on both sides, and add it to the pan, fat side up, spooning the vegetables all over the meat. Cover the pan tightly (use heavy duty foil if you don't have a lid for the pan). Braise the brisket in the oven, basting every half hour, until the meat is very tender, 2 1/2 to 3 1/2 hours. Turn the oven down to 300 degrees if the braising liquid begins to bubble rapidly.

The brisket tastes best if it is allowed to rest, reabsorbing the juices lost during braising, and it's easiest to defat the gravy if you prepare the meat ahead and refrigerate it until the fat solidifies. That is the method I use, given here,

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Fast, delicious recipes offer time to eat and arrive on time for Kol Nidre services

High fat, low sodium meals fill our stomachs before the fast

By LINDA MOREL
JTA Staff Writer

NEW YORK (JTA) – It's a scramble every year, but Jews somehow manage to beat the clock getting dinner to the table for *Yom Kippur* eve – the most hurried meal on the holiday calendar.

It isn't easy to conclude the evening meal with enough leeway to arrive at synagogue for the *Kol Nidre* service, which ushers in this most solemn holiday.

The challenge, as always, is finding the time to pull together a meal that is nourishing and light, exalted but not extravagant, yet effortless. It's even more difficult when *Yom Kippur* lands in the middle of the work week, as it does this year.

The following menu can be prepared in 90 minutes. Three of the recipes can share the oven, maximizing time. Start with the squash, which takes the longest time, followed by the apples and the chicken. While those three items are baking, prepare the potatoes. All four dishes should be ready about the same time.

Better still, prepare the recipes a day or two ahead. They can be reheated in 15 minutes. The recipes are low sodium in deference to the fast.

MAPLE GLAZED ACORN SQUASH

Preparation time: 10 minute
Cooking time: 75 minutes

INGREDIENTS:

No-stick, vegetable spray
4 small butternut squash
4 tablespoons pure maple syrup, preferably Grade A

PREPARATION:

Preheat oven to 350 degrees.
Coat a 10 x 15-inch ovenproof pan with no-stick spray.

Cut squash in half lengthwise, parallel to its ridges.

With a spoon, scrape out pits and fibers. Place the 8 halves in the prepared baking pan.

Drizzle each half with maple syrup and bake for 75 minutes or until edges brown and flesh is soft when pierced with a fork. Serve immediately.

CRANBERRY BAKED APPLES

Preparation time: 10 minutes
Cooking time: 60 minutes

INGREDIENTS:

No-stick, vegetable spray
8 small baking apples (Cortland, Gala, Fuji or any apple recommended for baking - except Granny Smith)
2 cups cranberry juice, or more

if needed
2/3 cup
golden raisins

PREPARATION:

Preheat oven to 350 degrees.
Coat a 9 x 13 inch ovenproof casserole with no-stick spray.

Core apples with a knife by cutting a wide circle around their stems. Continue to cut in a circular motion. In a funnel shape, the opening will narrow the deeper you go. Remove the seeds and as much core as possible.

Place apples in prepared pan. Pour cranberry juice over the apples. Juice should be about 1/4-inch deep in bottom of pan. Add more juice, if needed.

Bake apples for 55 minutes, basting with pan juice occasionally. (If juice dries up, add more to keep apples in a juice bath.)

Remove pan from oven and fill apple cavities with raisins. Baste with pan juice. Continue baking for 5 minutes.

Apples should be soft but not falling apart. Serve immediately or cool to room temperature.

LEMON CHICKEN WITH DIJON MUSTARD

Preparation time: 10 minutes
Cooking time: 45-50 minutes

INGREDIENTS:

4 chicken breasts (8 halves), with bones and skin
Juice from 2 fresh lemons
1-1/2 cups white wine
2 teaspoons Dijon mustard
No-stick vegetable spray
Disposable broiler pans
Salt to taste
Paprika for coloring

METHOD:

Rinse chicken breasts under cold water. Pat dry with paper towels.

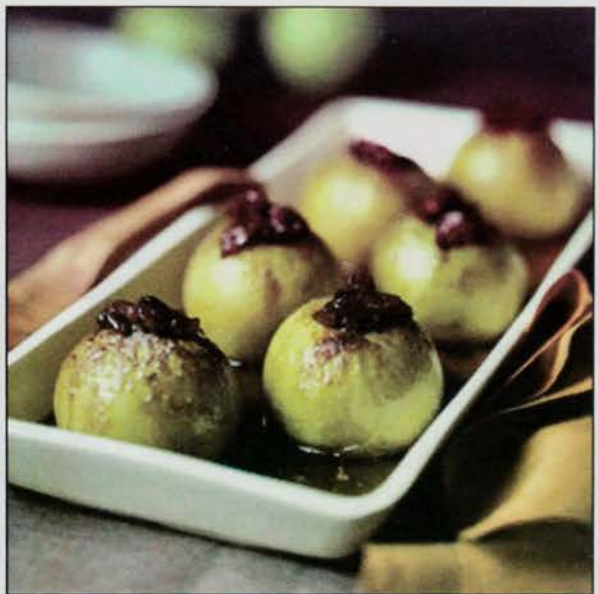
In a large bowl, whisk together lemon juice, white wine and mustard until well incorporated.

Place chicken in bowl and coat evenly with lemon juice mixture; reserve.

Preheat oven to 350 degrees. Coat a roasting pan with a rack with no-stick spray. (For a fast clean-up, use disposable broiler pans, coating them with no-stick spray.)

Remove chicken from lemon juice mixture and shake off liquid. Lightly salt and sprinkle with paprika, if desired.

Place chicken skin side down



MAPLE GLAZED ACORN SQUASH, left and cranberry stuffed apples are simple to make and attractively served.

on prepared pan. Bake for 15 minutes and turn over.

Continue baking for 30 minutes or until juices from the thickest part of the breasts run clean when pierced with a knife. Serve immediately.

SLICED RED POTATOES AND ONIONS

Preparation time: 10 minutes
Cooking time: 35 minutes

INGREDIENTS:

8 red potatoes, 1/4 to 1/2 pound each
2 large onions

6 tablespoons olive oil, or more, if needed

2 (14-1/2) ounce cans beef broth (low sodium, if desired)

METHOD:

Wash potatoes and pat dry. Cut potatoes, with skins on, into slices about 1/8-inch thick. Slice onions thin.

Divide olive oil between two large skillets and heat briefly over medium flame.

Place half the potatoes and onions in each skillet.

Sauté until onions turn golden

and potatoes soften slightly, about 15 minutes. (If they brown too quickly, turn down flame. Some skins may loosen from potatoes.)

Remove pans from heat, pour one can of beef broth into each pan.

Return pans to heat and cover. Simmer until potatoes are cooked through, about 20 minutes.

Serve immediately.

All recipes serve 8.

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Doris Feinberg

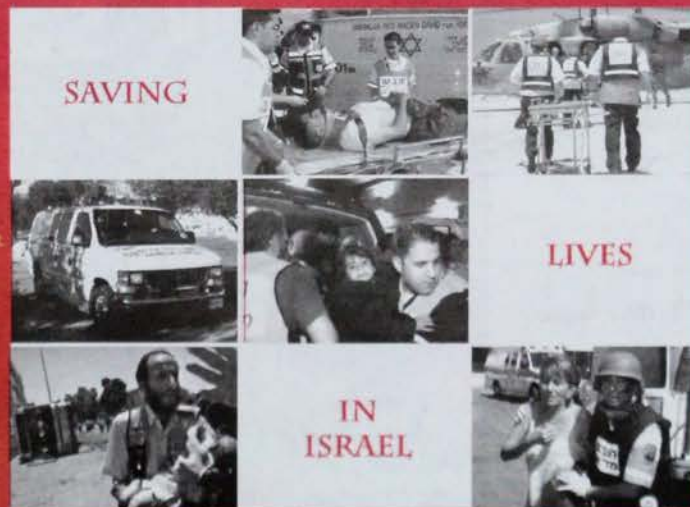
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