

# SCOTTISH ATHLETICS RECORD BOOK



scottishathletics 

A scottishathletics history publication

Date: October 2018

# CONTENTS

<b>Introduction</b>	<b>2</b>
<b>Men's Outdoor Records</b>	<b><u>6</u></b>
<b>Women's Outdoor Records</b>	<b><u>43</u></b>
<b>Men's Indoor Records</b>	<b><u>68</u></b>
<b>Women's Indoor Records</b>	<b><u>75</u></b>
<b>Index to Scottish Record Holders</b>	<b><u>84</u></b>
<b>Index to Non-Scottish Record Holders</b>	<b><u>105</u></b>

*Cover photos –Scottish record holders Tom McKean, Yvonne Murray & Liz McColgan, courtesy of David T. Hewitson.*

## INTRODUCTORY NOTE

This is the first attempt to document all Scottish records, national, native and all-comers', men and women, outdoors and indoors. Further research will be carried out and this publication will be corrected and refined in future updates. This is particularly the case on the women's side which was very poorly documented for many years. I know there are inconsistencies in the way women's records were reported in newspapers and programmes over the years. If anyone has any information, corrections or queries, no matter how small, please contact me at [historian@scottishathletics.org.uk](mailto:historian@scottishathletics.org.uk).

**Arnold Black, Historian**

## BACKGROUND

Official Scottish athletics records have been in existence since the very first list was established in November 1886. The following edited detail of the development of Scottish records was published in the centenary history of the Scottish Amateur Athletic Association, *Scottish Athletics* by John W. Keddie in 1982.

Claimants to Scottish track and field records were not unknown prior to the organisation of the Scottish Amateur Athletic Association in 1883. To some extent there was disharmony at that time between the West of Scotland A.A.A. and the Scottish A.A.A. which was considered an east of Scotland body. Scottish records achieved under the auspices of the W.S.A.A.A. were viewed rather sceptically in the east. Especially after the marriage of these associations in 1884 there were pressures to establish authentic Scottish record performances for the standard events. Thus, in September 1886, the S.A.A.A. appointed a Records Sub-Committee whose purpose was to issue an initial list of approved records. Claims were put to the committee, with relevant support, and, in November 1886, a record list was issued covering the following events:

100 yards, 120 yards, 150 yards, 440 yards, 880 yards, 1 mile, all distances from 3 to 10 miles, 120 yards hurdles, high jump, long jump, hammer, shot putt, pole vault, and 1 to 3 miles walks.

In only one instance was a pre-1883 performance passed-Tom Vallance's 21'11" long jump at the Queen's Park F.C. Sports in 1881. Rumblings of discontent were heard from the west about

aspects of the list, especially the non-acceptance of a 51 .2 440 achieved by T.G. Connell (West of Scotland F.C.) at Kilmarnock F.C. Sports of 1882. The track measurement had been verified and everything seemed to be in order, but there was apparently some doubt about the scratch mark and the performance never received an official imprimatur.

Needless to say clear criteria needed to be set out in this area, and the first real move in that direction came in January 1888 when the Records Committee stated that 'in future any competitor who considers that he has established a record, must forthwith lodge full particulars with the Records Sub-Committee, who will consider his claim'. In addition, it was required that all courses were to be measured 12 inches from the inside of the track and not 18 inches as was apparently the practice in some places. This rule still exists today as 0.3 metres (*Rule 160 in IAAF Rules*). At the A.G.M. held on 28<sup>th</sup> March, 1892, it was agreed that the following additional particulars be lodged: (a) a certificate by a Civil Engineer that the track was properly measured; (b) a report by the timekeeper of the accuracy of the time; and (c) a report by the referee or a judge that the performance was properly accomplished.

Initially there was only one class of records, which was not restricted to Scots. In 1893 a list of 'Scottish Holders' was separated from 'All-comers' (where different). In fact there were only a very few records by non-Scots in the pre-1893 lists. From 1894 up to the Second World War,

there were basically two categories of records. First of all there were the 'All-comers' records, with, secondly, an additional list of records set by 'those having the Championship qualification' where different from the 'All-comers' records. This was unchanged between 1894 and 1932 with only one modification in connection with the 'Championship qualification'. From the beginning the Championships were confined to Scotsmen or those of other nationalities who had been resident in Scotland in the three months preceding the date of the Championship meeting. This residential qualification for those of 'other nationalities' was altered in 1912 to six months' residence.

A change came about in 1932-33 by which the classification 'Native Record' first appeared. Instead of a mere 'Championship qualification' it then became the rule that besides 'All-comers' records 'records made by Scotsmen' were to be retained (where differing from the All-comers' records). The definition given to the term 'Scotsmen' was 'one who has acquired Scottish Nationality or whose paternal parent is of Scottish Nationality by birth or has acquired such by adoption'. (1933 Constitution, Laws, III (a)) This certainly clarified one point which probably had led to some confusion. Before 1933 there were actually no Scottish 'Native' records as such. As the qualification for records (besides All-comers' records) involved merely a residential stipulation as distinct from Scottish Nationality, many Scottish 'records'- 'National' or 'Native' records - could have been set by someone of any nationality, given the residential qualification. No specific Native-Scottish lists existed. Not many non-Scots appeared in the record lists, however.

Of course in the early years there was undoubtedly less movement in society from one area to another or from one country to another and there tended to be more emigration from Scotland than there was immigration. However, one can appreciate that the 1883-1933 period was less cut and dried as regards Scottish 'Native' records than subsequently.

In addition there are requirements for records besides mere nationality and in this respect there has been little change over the past 100 years. Basically these requirements can be summarised thus:

(1) certification of the specifications of tracks, measurement, gradient etc.;

(2) verification of the accuracy of times/distances with details as to time-keepers' qualifications, watches and measuring equipment;

(3) report of referee as regards details of competition, race, and prevailing conditions;

(4) in addition, since before the First World War, there have been regulations relating to wind conditions. The limit of allowable wind assistance for sprints, hurdles and jumps has been established at 2 metres per second (approximately 4 miles per hour), though often in the past, before the presence of wind-gauges at meetings, mere human judgement was the criterion. In this way the performances of W.L. Hunter (120y Hu, 15.4, 1914), A.F. Clark (120y Hu, 15.6, 1929/31), F.P. Reid (100y, 9.6, 1933), R. Murdoch (220y, 21.6, 1933) and I.C. Young (100y, 9.8, 1935) were disallowed. It has only been in more recent times, relatively speaking, that gauges have become a common feature at major meetings. In fact, a wind gauge was first used in the S.A.A.A. Championships of 1949, having been donated earlier that year by a Flight Lt. A.R. Mitchell.

Undoubtedly since the Second World War there have been increasing changes in the regulations governing records, together with a growing interest in record breaking performances. Records rather effectively demonstrate the development within the particular events, although they cannot reveal anything about the conditions under which they were set-as to prevailing patterns of training, facilities enjoyed, climatic conditions faced, or the state and nature of the tracks, jumping pits, or throwing areas. As suggested earlier even clothing and footwear styles will play their part. The increased

stringency of record rules is implicit in the fact that the 'Rules for Records' in the 1982 Handbook are covered in 18 sections, whereas in 1897 there were only five 'Rules' all encompassed within the space of a brief paragraph!

Between 1933 and 1955 there were no changes in the rules governing records. However, at the A.G.M. of 17th December, 1955, the qualification for Scottish Native records was reduced to those 'born in Scotland' only. Three years later (at the A.G.M. of 20th December, 1958) this was again extended to those 'of Scottish parentage', only being different from the 1933 Rule in that there was no limitation to the 'paternal parent'. In the sixties numerous changes took place. In 1961 the nomenclature for records was altered from 'Native' to 'National'. Three years later came the first distinction between National records 'made in Scotland' and those 'made Furth of Scotland', the latter representing performances made outwith Scotland by Scotsmen which were superior to those made within Scotland. This did not really operate satisfactorily as it was not sensible to keep a separate list of 'Furth of Scotland Records' which might be poorer than performances set within Scotland. Thus in 1968 (A.G.M. of 21st December, 1968) the position was clarified with the introduction, or rather re-introduction, of a Native record category for performances set within Scotland by Scots-born athletes. The National records category was understood as embracing best performances by Scots achieved anywhere in the world, including Scotland. Not only Scots-born athletes could qualify for the latter but also those either of whose parents had been born in Scotland. In 1972 this was further extended to athletes who regarded themselves as Scottish athletes for International competition though not falling within the other two categories, always provided they did not render themselves ineligible to compete for Scotland, such as those who chose to run for another country.

Apart from these developments there have also been changes in the events recognised for record purposes and in 1969/70 there was the transition

to metric distances and the corresponding demise of the old imperial distances and measurements. It was not in fact until 1939 that a distinction was made between 'Standard Events' and 'Other Events'. The former more or less corresponded to the Championship events and the latter to unusual distances or field events. This distinction between 'Standard' and 'Other' persisted, with only periodic revision according to changing concepts of what constitutes 'Standard' events. Since the re-formation of a Scottish Athletics Record Committee in 1989, the events at which records are recognised has been streamlined and, with the odd exception, now relate to events at which championships are contested.

Following the opening of the Kelvin Hall Arena in Glasgow towards the end of 1987, indoor competition developed rapidly and in 1989, a separate set of indoor records was created covering the same categories as the outdoor.

One anomaly arising was the fact that such great 'Scottish' athletes as A.R. Downer, W. Halswelle, and E.H. Liddell – and, more recently, such as Tom Hanlon, Allison Curbishley etc - would not have qualified for Native records as they were all born outside Scotland. The performances of Downer, Halswelle, and Liddell would of course have qualified for National records. With the increasing movement through ease of travel and flexibility of work, more Scottish athletes were born outside of Scotland although considering themselves Scottish. In 2002, there was a change to the Native record extending the athletes who could set a Native record from those 'born in Scotland' to those with a Scottish qualification. The length of residence in Scotland to gain a Scottish qualification has been increased to three years.

## **WOMEN'S RECORDS**

The above narrative related to men's athletics and, in particular, the Scottish Amateur Athletic Association. The Scottish Women's Amateur Athletic Association was not formed until 1930 with the first national championships held in

1931. The timelines of women's records lists are hazy but for the purposes of this publication, I have taken Scottish records (native) as commencing at the end of the first year of organised women's athletics in 1931. The split between national and native records and the introduction of all-comers' records came later and since the merging of the SAAA and SWAAA, the records are now aligned.

To summarise, we now have the following categories:

**SCOTTISH NATIONAL RECORD:** for a performance made in or outwith Scotland by a competitor who was born in Scotland, or either of whose parents was born in Scotland, or who has been recognised by Scottish Athletics as eligible through three years continuous residence to be a Scottish athlete for international competition, provided that athlete has not rendered him/herself ineligible to compete for Scotland.

**SCOTTISH NATIVE RECORD:** for a performance made in Scotland by a competitor who was born in Scotland, or either of whose parents was born in Scotland, or who has been recognised by the Scottish Athletics as eligible through three years continuous residence to be a Scottish athlete for international competition, provided that athlete has not rendered him/herself ineligible to compete for Scotland.

**SCOTTISH ALL-COMERS' RECORD:** For a performance made in Scotland by a competitor irrespective of their nationality or place of birth.

## INTRODUCTION TO RECORD LISTS

In the following lists of records, a number of explanatory notes are necessary:

- (i) Initially, when the men's records commenced in 1886, there was just the one category 'Scottish records' which covered any performances set in Scotland. These have been categorised as all-comers' records.
- (ii) Records at events which are no longer recognised as records are listed after the currently recognised records.
- (iii) Up until the conversion to metric distances in 1969, the field event records have been shown as they were originally measured, i.e. in feet and inches.
- (iv) Where there is a clear link between linear and metric events, e.g. 100 yards and 100 metres, the records have been combined within the one event.
- (v) In some cases, what appear to be authentic performances were not ratified because the performance had been bettered by the time of the meeting to ratify; in such cases, I have included the performance in italics.
- (vi) Female athletes who have set records under both their maiden name and their married name are listed with the name they competed under at the time of the record. In the index, all records set are listed under their maiden name.

These lists deal with senior records only and will be updated each time new records are ratified.

## SCOTTISH MEN'S OUTDOOR RECORDS

<i>Performance Athlete</i>	<i>Club/Country</i>	<i>Event</i>	<i>Venue</i>	<i>Date</i>
<b>100 Metres</b>				
<b>y = time for 100 yards</b>				
<b>National records</b>				
<b>9.7 y</b>	Eric Liddell	Edinburgh Univ	AAA Championships	London (SB) 7 Jul 1923
<b>9.7 y</b>	Menzies Campbell	Garscube H	AAA Championships	London (WC) 10 Jul 1964
<b>9.7 y</b>	Leslie Piggot	Garscube H	British Isles Cup	Grangemouth 10 Jun 1967
<b>9.6 y</b>	Menzies Campbell	Glasgow Univ	Inter-Club Meeting	Scotstoun 29 May 1968
<b>10.2</b>	Menzies Campbell	Stanford Univ	San Jose Invitational	San Jose, USA 20 May 1967
<b>10.2</b>	Menzies Campbell	Stanford Univ	California Relays	Modesto, USA 27 May 1967
<b>10.2</b>	Allan Wells	Edinburgh SH	UK Championships	Meadowbank 15 Jul 1978
<b>Automatic Timing:</b>				
<b>10.15</b>	Allan Wells	Edinburgh SH	UK Championships	Meadowbank 15 Jul 1978
<b>10.11</b>	Allan Wells	Edinburgh SH	Olympic Games	Moscow, RUS 24 Jul 1980
<b>Native records</b>				
<b>10.0 y</b>	James Cowie	London AC	Scottish Championships	Powderhall 28 Jun 1884
<b>10.0 y</b>	Alfred Downer	Scottish Pelicans	Scottish Championships	Ibrox Park 22 Jun 1895
<b>10.0 y</b>	Eric Liddell	Edinburgh Univ	Glenpark Meeting	Greenock 29 Jul 1922
<b>10.0 y</b>	James Crawford	Shettleston	Sco v England & Ireland	Hampden Park 10 Jul 1926
<b>10.0 y</b>	Robin Murdoch	Glasgow Univ	Scotland v Ireland	Powderhall 16 Jul 1932
<b>9.9 y</b>	Ian Young	Edinburgh H	Scottish Championships	Hampden Park 22 Jun 1935
<b>9.8 y</b>	William Jack	Victoria Park	Inter-Club Meeting	Westerlands 20 May 1952
<b>9.8 y</b>	Ronald Whitelock	Victoria Park	Scottish Championships	New Meadowbank 22 Jun 1957
<b>9.8 y</b>	Michael Hildrey	Victoria Park	Scottish Championships	New Meadowbank 25 Jun 1960
<b>9.8 y</b>	Michael Hildrey	Victoria Park	Glasgow Police Sports	Ibrox Park 10 Jun 1961
<b>9.8 y</b>	Michael Hildrey	Victoria Park	Edinburgh Highland G	Murrayfield 19 Aug 1961
<b>9.8 y</b>	Leslie Piggot	Garscube	Edinburgh Highland G	Murrayfield 15 Aug 1964
<b>9.8 y</b>	Menzies Campbell	Glasgow Univ	SAAA v Brigham Young	Westerlands 5 Jul 1965
<b>9.8 y</b>	Leslie Piggot	Garscube	East v West	Pitreavie 8 Jun 1966
<b>9.7 y</b>	Leslie Piggot	Garscube	Home Countries Int'l	Grangemouth 10 Jun 1967
<b>9.6 y</b>	Menzies Campbell	Garscube	Inter-Club Meeting	Scotstoun 29 May 1968
<b>10.4</b>	Donald Halliday	Perth Strathtay	Inter-Area Meeting	Meadowbank 2 May 1970
<b>10.4</b>	Leslie Piggot	Garscube	Scottish League	Meadowbank 11 Aug 1974
<b>10.3</b>	Leslie Piggot	Garscube	Edinburgh Highland G	Meadowbank 17 Aug 1974
<b>10.2</b>	Allan Wells	Edinburgh SH	UK Championships	Meadowbank 15 Jul 1978
<b>Automatic timing</b>				
<b>10.15</b>	Allan Wells	Edinburgh SH	UK Championships	Meadowbank 15 Jul 1978
<b>All-comers' records</b>				
<b>10.0 y</b>	James Cowie	Scotland	Scottish Championships	Powderhall 28 Jun 1884
<b>10.0 y</b>	Alfred Downer	Scotland	Scottish Championships	Ibrox Park 22 Jun 1895
<b>9.8 y</b>	William Applegarth	England	Rangers Sports	Ibrox Park 2 Aug 1913
<b>9.7 y</b>	E McDonald Bailey	Trinidad	Inverness Gathering	Inverness 29 Jul 1950
<b>9.7 y</b>	Andy Stanfield	USA	Edinburgh Highland G	Murrayfield 8 Sep 1951
<b>9.7 y</b>	George Rhoden	Jamaica	Edinburgh Highland G	Murrayfield 23 Aug 1952
<b>9.7 y</b>	Romeo Galan	Argentina	Edinburgh Highland G	Murrayfield 22 Aug 1953
<b>9.7 y</b>	Lindy Remigino	USA	Police Sports (heat)	Ibrox Park 12 Jun 1954
<b>9.6 y</b>	Lindy Remigino	USA	Police Sports	Ibrox Park 12 Jun 1954
<b>9.6 y</b>	Peter Radford	England	Edinburgh Highland G	Murrayfield 21 Aug 1965
<b>9.6 y</b>	Melvyn Cheskin	England	Edinburgh Highland G	Murrayfield 21 Aug 1965
<b>9.6 y</b>	Menzies Campbell	Scotland	Inter-Club	Glasgow (S) 29 May 1968
<b>10.4</b>	Donald Halliday	Scotland	Inter-Area	Meadowbank 2 May 1970
<b>10.3</b>	David Jenkins	Scotland	Scottish Championships	Meadowbank 24 Jun 1972
<b>10.3</b>	Siegfried Schenke	GDR	Europa Cup	Meadowbank 8 Sep 1973

<b>10.3</b>	Aleksandr Kornelyuk	USSR	Europa Cup	Meadowbank	8 Sep 1973
<b>10.3</b>	Leslie Piggot	Scotland	Edinburgh Highland G	Meadowbank	17 Aug 1974
<b>10.2</b>	Allan Wells	Scotland	UK Championships	Meadowbank	15 Jul 1978
<b>Automatic Timing:</b>					
<b>10.15</b>	Allan Wells	Scotland	UK Championships	Meadowbank	15 Jul 1978
<b>10.07</b>	Ben Johnson	Canada	Commonwealth Games	Meadowbank	27 Jul 1986
<b>10.06</b>	Linford Christie	England	GB v USA	Meadowbank	2 Jul 1993
<b>10.06</b>	Calvin Smith	USA	GB v USA	Meadowbank	2 Jul 1993
<b>10.03</b>	Kemar Bailey-Cole	Jamaica	Glasgow Grand Prix	Hampden Park	11 Jul 2014
<b>9.97</b>	Nickel Ashmeade	Jamaica	Glasgow Grand Prix	Hampden Park	11 Jul 2014
<b>9.97</b>	Michael Rodgers	USA	Glasgow Grand Prix	Hampden Park	11 Jul 2014

<b>200 Metres</b>					
					<b>y = time for 220 yards</b>
<b>National records</b>					
<b>21.2 y</b>	Michael Hildrey	Victoria Park AAC	West District	Westerlands	26 May 1962
<b>21.1 y</b>	Menzies Campbell	Glasgow Univ	WAAA Champs (Invit.)	London (WC)	4 Jul 1964
<b>20.8 y</b>	Menzies Campbell	Stanford Univ	Sacramento Invitational	Sacramento, USA	10 Jun 1967
<b>20.3</b>	David Jenkins	Edinburgh Univ	Edinburgh Highland Games	Meadowbank	19 Aug 1972
<b>20.21</b>	Allan Wells	Edinburgh SH	Olympic Games	Moscow, RUS	28 Jul 1980
<b>Native records</b>					
<b>22.8 y</b>	Alfred Downer	Edinburgh H	St Bernard's FC Sports	Powderhall	6 Jul 1893
<b>22¼ y</b>	Alfred Downer	Scottish Pelicans	Scotland v Ireland	Celtic Park	20 Jul 1895
<b>22.0 y (sc)</b>	James Collie	Aberdeen Univ	Inter-Universities	Aberdeen (KC)	21 Jun 1913
<b>21.8 y (sc)</b>	Eric Liddell	Edinburgh Univ	Edin Univ Champs	Craiglockhart	27 May 1922
<b>21.6 y (sc)</b>	Eric Liddell	Edinburgh Univ	Inter-Universities	Craiglockhart	16 Jun 1923
<b>21.9 y</b>	Robert Cockburn	Edinburgh SH	Scottish Championships	New Meadowbank	21 Jun 1958
<b>21.5 y</b>	Michael Hildrey	Victoria Park AAC	Scottish Championships	New Meadowbank	25 Jun 1960
<b>21.5 y</b>	Menzies Campbell	Glasgow Univ AC	Glasgow U Champs	Westerlands	12 May 1962
<b>21.2 y</b>	Michael Hildrey	Victoria Park AAC	West District	Westerlands	26 May 1962
<b>(sc) – run over a straight course</b>					
<b>21.1</b>	Michael Hildrey	Victoria Park AAC	West District	Westerlands	26 May 1962
<i>The above time was a converted time from 220 yards to 200 metres</i>					
<b>20.9</b>	Andrew McMaster	Edinburgh SH	British League	Meadowbank	10 Jul 1976
<b>20.7</b>	Allan Wells	Edinburgh SH	UK Championships	Meadowbank	16 Jul 1978
<b>20.4</b>	Allan Wells	Edinburgh SH	Scottish Championships	Grangemouth	15 Jun 1979
<b>20.4</b>	Allan Wells	Edinburgh SH	Milk in Sport Classic	Meadowbank	16 Aug 1980
<b>Automatic timing:</b>					
<b>20.70</b>	Allan Wells	Edinburgh SH	UK Championships	Meadowbank	16 Jul 1978
<b>20.67</b>	Douglas Walker	Edinburgh AC	Scottish Championships	Crownpoint	29 Jun 1996
<b>All-comers' records</b>					
<b>23.6 y</b>	Thomas Blair	Queen's Park FC	W of Scotland H Meet	Hampden Park	26 May 1887
<b>23.2 y</b>	Norman MacLeod	Glasgow Univ AC			May 1891
<b>23.0 y</b>	Norman MacLeod	Glasgow Univ AC	Clydesdale H Sports	Ibrox Park	2 Jul 1892
<b>22.8 y</b>	Alfred Downer	Edinburgh H	St Bernard's FC Sports	Powderhall	6 Jul 1893
<b>22.4 y</b>	T E Messenger	England	Clydesdale H Sports	Ibrox Park	10 Jul 1893
<b>22.4 y</b>	Alfred Downer	Scotland	EUAC Sports	Powderhall	15 Jul 1895
<b>22¼ y</b>	Alfred Downer	Scotland	Scotland v Ireland	Celtic Park	20 Jul 1895
<b>22.2 y</b>	Donald Lippincott	USA	Rangers Sports	Ibrox Park	3 Aug 1912
<b>22.0 y</b>	William Applegarth	England	Celtic Sports	Celtic Park	9 Aug 1913
<b>21.6 y</b>	William Applegarth	England	Sco v Eng v Ire	Hampden Park	11 Jul 1914
<b>21.4 y</b>	William Applegarth	England	Sco v Eng v Ire	Hampden Park	11 Jul 1914
<b>20.9 y</b>	Herb McKenley	Jamaica	Rangers Sports	Ibrox Park	2 Aug 1952
<b>20.5</b>	Donald Quarrie	Jamaica	Commonwealth Games	Meadowbank	23 Jul 1970
<b>20.3</b>	David Jenkins	Scotland	Edinburgh Highland Games	Meadowbank	19 Aug 1972
<b>Automatic Timing:</b>					



<b>20.51</b>	Donald Quarrie	Jamaica	Commonwealth Games	Meadowbank	23 Jul 1970
<b>20.51</b>	Robson da Silva	Brazil	Miller Lite IAC International	Meadowbank	7 Jul 1989
<b>19.85</b>	Michael Johnson	USA	IAC Meeting	Meadowbank	6 Jul 1990

<b>400 Metres</b>		<b>y = time for 440 yards</b>			
<b>National records</b>					
<b>47.3 y</b>	John MacIsaac	Victoria Park	Empire Games	Cardiff	24 Jul 1958
<b>45.2</b>	David Jenkins	Edinburgh Univ	Europa Cup (Semi Final)	Oslo, NOR	4 Aug 1973
<b>44.93</b>	David Jenkins	Gateshead H	AAU Championships	Eugene OR, USA	21 Jun 1975
<b>Native records</b>					
<b>51.2 y</b>	James Cowie	London AC	Scottish Championships	Powderhall	28 Jun 1884
<b>51.2 y</b>	Alfred Downer	Scottish Pelicans	Scotland v Ireland	Celtic Park	20 Jul 1895
<b>50.6 y</b>	William Welsh	Edinburgh Univ	Northern CMC Meet	Glasgow (Ex)	16 Jul 1901
<b>49.6 y</b>	Wyndham Halswelle	Edinburgh H	W of Scot H Sports	Ibrox Park	9 Jun 1906
<b>49.0 y</b>	Wyndham Halswelle	Edinburgh H	Celtic Sports	Celtic Park	11 Aug 1906
<b>48.4 y</b>	Wyndham Halswelle	Edinburgh H	St John's YM Meet	Ibrox Park	1 Jul 1908
<b>48.0 y</b>	John MacIsaac	Victoria Park AAC	Glasgow Police Sports	Ibrox Park	14 Jun 1958
<b>48.0 y</b>	Menzies Campbell	Glasgow University	Scottish Championships	New Meadowbank	23 Jun 1962
<b>48.0 y</b>	Hugh Baillie	Bellahouston H	Land o'Burns Trophy	Ayr	30 Jul 1966
<b>47.8 y</b>	Andrew Wood	Victoria Park AAC	Scottish Championships	Grangemouth	22 Jun 1968
<b>47.2</b>	Ricky Taylor	Ayr Seaforth AC	British Games	Meadowbank	13 Jun 1970
<b>47.2</b>	Peter Hoffmann	Edinburgh AC	Scot v Iceland & N Ire	Meadowbank	21 Aug 1976
<b>47.1</b>	Peter Hoffmann	Edinburgh AC	Edin Highland G	Meadowbank	22 Aug 1976
<b>47.1</b>	Peter Hoffmann	Edinburgh AC	Scottish Championships	Meadowbank	3 Jun 1978
<b>46.94</b>	Mark McMahon	Gateshead Harriers	Scottish Championships	Meadowbank	1 Jul 1984
<b>46.66</b>	Brian Whittle	Ayr Seaforth AC	Scottish Championships	Meadowbank	22 Jun 1985
<b>46.64</b>	Brian Whittle	Ayr Seaforth AC	Scottish Championships	Meadowbank	14 Jun 1986
<b>46.47</b>	Brian Whittle	Ayr Seaforth AC	Scottish Championships	Crownpoint	22 Jul 1989
<b>46.30</b>	Brian Whittle	Ayr Seaforth AC	GB v USA	Meadowbank	8 Jul 1994
<b>46.13</b>	Ian Mackie	Pitreavie AAC	GB v USA	Scotstoun	29 Jun 2003
<b>All-comers' records</b>					
<b>51.2 y</b>	James Cowie	Scotland	Scottish Champs	Powderhall	28 Jun 1884
<b>50.4 y</b>	Edgar Bredin	England	West of Scot H Sports	Hampden Park	6 Jul 1893
<b>50.0 y</b>	Maxwell Long	USA	Celtic Sports	Celtic Park	11 Aug 1900
<b>49.6 y</b>	Wyndham Halswelle	Scotland	West of Scot H Meet	Ibrox Park	9 Jun 1906
<b>49.0 y</b>	Wyndham Halswelle	Scotland	Celtic Sports	Celtic Park	11 Aug 1906
<b>48.4 y</b>	Wyndham Halswelle	Scotland	St John Young Men's	Ibrox Park	1 Jul 1908
<b>48.4 y</b>	William Roberts	England	Rangers Sports	Ibrox Park	3 Aug 1935
<b>48.0 y</b>	William Fritz	Canada	Rangers Sports	Ibrox Park	6 Aug 1938
<b>48.0 y</b>	David Bolen	USA	Police Sports	Hampden Park	11 Jun 1949
<b>48.0 y</b>	Robert McFarlane	Canada	Police Sports	Hampden Park	10 Jun 1950
<b>47.7 y</b>	Arthur Wint	Jamaica	Rangers Sports	Ibrox Park	5 Aug 1950
<b>47.7 y</b>	Herb McKenley	Jamaica	Rangers Sports	Ibrox Park	2 Aug 1951
<b>47.6 y</b>	George Rhoden	Jamaica	Police Sports	Ibrox Park	28 Jun 1952
<b>46.8 y</b>	George Rhoden	Jamaica	Rangers Sports	Ibrox Park	2 Aug 1952
<b>46.3 y</b>	Milkha Singh	India	Rangers Sports	Ibrox Park	6 Aug 1960
<b>45.8</b>	Charles Asati	Kenya	Commonwealth Games	Meadowbank	22 Jul 1970
<b>45.5</b>	Charles Asati	Kenya	Commonwealth Games	Meadowbank	22 Jul 1970
<b>45.0</b>	Charles Asati	Kenya	Commonwealth Games	Meadowbank	23 Jul 1970
<b>Automatic Timing:</b>					
<b>45.01</b>	Charles Asati	Kenya	Commonwealth Games	Meadowbank	23 Jul 1970
<b>44.99</b>	Andre Valmon	USA	IAC Grand Prix	Meadowbank	6 Jul 1990
<b>44.71</b>	Issac Makwala	Botswana	Glasgow Grand Prix	Hampden Park	12 Jul 2014
<b>44.24</b>	Kirani James	Grenada	Commonwealth Games	Hampden Park	30 Jul 2014

800 Metres				y = time for 880 yards	
<b>National records</b>					
<b>1:50.7 y</b>	Jack Boyd	Glasgow Univ	Glasgow Police Sports	Ibrox Stadium	3 Aug 1957
<b>1:49.3 y</b>	John Wenk	Welwyn Garden	CAU Championships	London (WC)	22 May 1961
<b>1:48.6 y</b>	Duncan Middleton	Springburn H	AAA Championships	London (WC)	15 Jul 1967
<b>1:47.5</b>	James Paterson	Edinburgh Univ	Int'l Invitation Meeting	Bordeaux, FRA	29 Jun 1957
<b>1:47.4</b>	David McMeekin	Victoria Park AAC	GB v East Germany	Leipzig, GDR	1 Jul 1973
<b>1:46.0</b>	Frank Clement	Bellahouston H	GB v Greece v Belgium	Athens, GRE	19 Jul 1973
<b>1:45.90</b>	Paul Forbes	Edinburgh AC	Bislett Games	Oslo, NOR	7 Jul 1982
<b>1:45.66</b>	Paul Forbes	Edinburgh AC	International Meeting	Florence, ITA	8 Jun 1983
<b>1:45.6</b>	Graham Williamson	Springburn H	AAA v Loughborough	Loughborough	12 Jun 1983
<b>1:44.80</b>	Tom McKean	Bellshill YMCA H	Commonwealth Games	Meadowbank	31 Jul 1986
<b>1:44.61</b>	Tom McKean	Bellshill YMCA H	European Championships	Stuttgart, GER	28 Aug 1986
<b>1:44.45</b>	Tom McKean	Bellshill YMCA H	Grand Prix	Lausanne, SUI	15 Sep 1987
<b>1:43.88</b>	Tom McKean	Bellshill YMCA H	GB v Kenya	London (CP)	28 Jul 1989
<b>Native records</b>					
<b>2:00.2 y</b>	William Malcolm	Clydesdale H	Clydesdale H Sports	Ibrox Park	2 Jul 1892
<b>1:59.6 y</b>	Robert Langlands	Clydesdale H	SAAU Champs	Hampden Park	22 Jun 1895
<b>1:59.4 y</b>	Hugh Welsh	Watson's College	Edinburgh H Meet	Powderhall	10 Jun 1899
<b>1:59.0 y</b>	Jack Paterson	Watsonians	Edinburgh H Meet	Powderhall	9 Jun 1900
<b>1:58.8 y</b>	William Anderson	Bellahouston	Scottish Championships	Ibrox Park	24 Jun 1905
<b>1:58.8 y</b>	Robert Burton	Berwick & Teviotdale	Scotland v Ireland	Ibrox Park	9 Jul 1910
<b>1:58.4 y</b>	Robert Burton	Berwick & Teviotdale	Celtic Sports	Celtic Park	13 Aug 1910
<b>1:58.4 y</b>	James Soutter	Aberdeen Univ	Rangers Sports	Ibrox Park	5 Aug 1911
<b>1:57.8 y</b>	Charles Mein	Edinburgh H	ESH Meeting	Powderhall	20 Jun 1925
<b>1:55.8 y</b>	Robert Graham	Maryhill H	Glasgow Transport	Helenvale Park	16 Aug 1932
<b>1:53.6 y</b>	JC (Hamish) Stothard	Cambridge Univ	Scottish Championships	Hampden Park	22 Jun 1935
<b>1:52.7 y</b>	Donald Gorrie	Oxford University	SAAA v Atalanta	Pitreavie	30 Jun 1955
<b>1:51.9 y</b>	James Paterson	Edinburgh Univ	Rangers Sports	Ibrox Park	4 Aug 1956
<b>1:50.7 y</b>	Jack Boyd	Glasgow University	Rangers Sports	Ibrox Park	3 Aug 1957
<b>1:50.4 y</b>	Richard Hodelet	Greenock Glenpark	East v West	Pitreavie	8 Jun 1966
<b>1:50.3 y</b>	Graeme Grant	Dumbarton AAC	Scottish Championships	New Meadowbank	25 Jun 1966
<b>1:50.2 y</b>	Duncan Middleton	Springburn H	Scottish Championships	Grangemouth	24 Jun 1967
<b>1:50.2</b>	Michael Maclean	Bellahouston H	Scottish Championships	Meadowbank	6 Jun 1970
<b>1:47.7</b>	Michael Maclean	Bellahouston H	British Games	Meadowbank	13 Jun 1970
<b>1:44.80</b>	Tom McKean	Bellshill YMCA H	Commonwealth Games	Meadowbank	31 Jul 1986
<b>1:44.79</b>	Tom McKean	Bellshill YMCA H	Scottish Championships	Crownpoint	22 Jul 1989
<b>All-comers' records</b>					
<b>2:00¾ y</b>	Thomas Moffat	Canada	Scottish Champs	Powderhall	23 Jun 1883
<b>2:00.4 y</b>	Robert Mitchell	Scotland	St Mirren FC Sports	Westmarch, Paisley	19 Jul 1890
<b>2:00.2 y</b>	William Malcolm	Scotland	Clydesdale H Sports	Ibrox Park	2 Jul 1892
<b>1:58.0 y</b>	Edgar Bredin	England	West of Scot H Sports	Hampden Park	6 Jul 1893
<b>1:57.6 y</b>	Alfred Tysoe	England	St Bernards Sports	Powderhall	9 Jul 1898
<b>1:57.2 y</b>	Ivo Fairbairn-Crawford	Ireland	Scotland v Ireland	Celtic Park	29 Jun 1907
<b>1:56.0 y</b>	Melvin W Sheppard	USA	Rangers Sports	Ibrox Park	3 Aug 1908
<b>1:56.0 y</b>	Homer Baker	USA	Rangers Sports	Ibrox Park	1 Aug 1914
<b>1:55.8 y</b>	Homer Baker	USA	Celtic Sports	Celtic Park	8 Aug 1914
<b>1:55.4 y</b>	D L Mason	New Zealand	Celtic Sports	Celtic Park	9 Aug 1919
<b>1:55.4 y</b>	Cyril Ellis	England	Glasgow Transport	Glasgow (He)	1 Jul 1930
<b>1:54.4 y</b>	Thomas Scrimshaw	England	Rangers Sports (heat)	Ibrox Park	5 Aug 1933
<b>1:54.4 y</b>	Thomas Scrimshaw	England	Rangers Sports (final)	Ibrox Park	5 Aug 1933
<b>1:53.6 y</b>	J C (Hamish) Stothard	Scotland	Scottish Championships	Hampden Park	22 Jun 1935
<b>1:52.8 y</b>	Arthur Collyer	England	Rangers Sports	Ibrox Park	6 Aug 1938
<b>1:50.7 y</b>	Mal Whitfield	USA	Rangers Sports	Ibrox Park	5 Aug 1950
<b>1:50.0 y</b>	Audun Boysen	Norway	Police Sports	Ibrox Park	12 Jun 1954

<b>1:49.2 y</b>	Tom Courtney	USA	Rangers Sports	Ibrox Park	6 Aug 1955
<b>1:49.2 y</b>	Michael Farrell	England	Rangers Sports	Ibrox Park	3 Aug 1957
<b>1:47.3</b>	Colin Campbell	England	British Games	Meadowbank	13 Jun 1970
<b>1:46.8</b>	Robert Ouko	Kenya	Commonwealth Games	Meadowbank	25 Jul 1970
<b>1:46.4</b>	Andrew Carter	England	Europa Cup	Meadowbank	9 Sep 1973
<b>1:45.5</b>	Peter Elliott	England	UK Championships	Meadowbank	29 May 1983
<b>1:43.22</b>	Steve Cram	England	Commonwealth Games	Meadowbank	31 Jul 1986

<b>1000 Metres</b>					
					<b>y = time for 1000 yards</b>
<b>National records</b>					
<b>2:10.9 y</b>	J. R. Boyd	RAF	Edinburgh Highland Games	Murrayfield	9 Aug 1958
<b>2:10.9 y</b>	Craig Douglas	Teviotdale H	Edinburgh Highland Games	New Meadowbank	20 Aug 1966
<b>2:23.3</b>	John Wenk	Welwyn Garden		Hornchurch	11 May 1961
<b>2:23.3</b>	Graeme Grant	Heriot Watt Univ	Airdrie Highland Games	Airdrie	5 Jun 1971
<b>2:22.4</b>	Frank Clement	Bellahouston H	Monkland International	Coatbridge	7 Aug 1976
<b>2:18.72</b>	Graham Williamson	Springburn H	Talbot Games	London (CP)	20 Aug 1982
<b>2:16.82</b>	Graham Williamson	Springburn H	HFC Trust & Savings Games	Meadowbank	17 Jul 1984
<b>2:16.27</b>	Jake Wightman	Edinburgh AC	IAAF Diamond League	Stockholm, SWE	10 Jun 2018
<b>Native records</b>					
<b>2:21.0 y</b>	William Malcolm	Clydesdale H	West of Scot H Meet	Hampden Park	12 Jun 1893
<b>2:20.4 y</b>	James Rodger	Maybole	Rangers Sports	Ibrox Park	3 Aug 1895
<b>2:20.0 y</b>	James Rodger	Maybole	Maybole Sports	Maybole	7 Sep 1895
<b>2:18.8 y</b>	John McGough	Bellahouston H	Bellahouston H Meet	Ibrox Park	9 Jul 1904
<b>2:18.2 y</b>	John McGough	Bellahouston H	West of Scot H Meet	Ibrox Park	12 Jun 1905
<b>2:17.8 y</b>	Adam Turnbull	Clydesdale H	Rangers Sports	Ibrox Park	9 Aug 1909
<b>2:17.0 y</b>	Douglas McNicol	Polytechnic H	Rangers Sports	Ibrox Park	7 Aug 1911
<b>2:16.0 y</b>	Duncan McPhee	West of Scot H	Rangers Sports	Ibrox Park	7 Aug 1920
<b>2:14.6 y</b>	Thomas Riddell	Shettleston H	Transport Sports	Helenvale Park	3 Jul 1934
<b>2:13.3 y</b>	JC (Hamish) Stothard	Atalanta Club	Transport Sports	Helenvale Park	30 Jun 1936
<b>2:10.9 y</b>	Jack Boyd	R.A.F.	Edinburgh Highland G	Murrayfield	9 Aug 1958
<b>2:10.9 y</b>	Craig Douglas	Teviotdale H	Edinburgh Highland G	New Meadowbank	20 Aug 1966
<b>2:23.3</b>	Graeme Grant	Edinburgh SH	Airdrie Highland G	Rawyards, Airdrie	5 Jun 1971
<b>2:22.4</b>	Frank Clement	Bellahouston H	Monkland Int'l Match	Coatbridge	7 Aug 1976
<b>2:16.82</b>	Graham Williamson	Springburn H	HFC Trust Games	Meadowbank	17 Jul 1984
<b>All-comers' records</b>					
<b>2:23.2 y</b>	David Macmichael	Scotland	EUAC Sports	Exhibition Grounds	5 Jul 1890
<b>2:21.0 y</b>	William Malcolm	Scotland	West of Scot H Meet	Hampden Park	12 Jun 1893
<b>2:19.4 y</b>	Fred Bacon	England	Celtic Sports	Celtic Park	21 Aug 1893
<b>2:17.0 y</b>	Fred Bacon	England	Edinburgh H Meet	Powderhall	24 Jul 1895
<b>2:16.8 y</b>	George Butterfield	England	Rangers Sports	Ibrox Park	6 Aug 1906
<b>2:16.6 y</b>	Harry Gissing	USA	Rangers Sports	Ibrox Park	7 Aug 1911
<b>2:16.4 y</b>	Homer Baker	USA	Rangers Sports	Ibrox Park	1 Aug 1914
<b>2:16.0 y</b>	Homer Baker	USA	Celtic Sports	Celtic Park	11 Aug 1914
<b>2:13.6 y</b>	Ray Dodge	USA	Rangers Sports	Ibrox Park	1 Aug 1925
<b>2:13.3 y</b>	JC (Hamish) Stothard	Scotland	Transport Sports	Glasgow (He)	30 Jun 1936
<b>2:11.0 y</b>	Charles Beetham	USA	Rangers Sports	Ibrox Park	5 Aug 1939
<b>2:10.0 y</b>	Michael Blagrove	England	Edinburgh Highland G	Murrayfield	9 Aug 1958
<b>2:09.2 y</b>	John Boulter	England	Edinburgh Highland G	New Meadowbank	20 Aug 1966
<b>2:17.47</b>	Ivo Van Damme	Belgium	Coca Cola International	Meadowbank	6 Aug 1976
<b>2:16.82</b>	Graham Williamson	Scotland	HFC Trust Games	Meadowbank	17 Jul 1984
<b>2:15.09</b>	Steve Cram	England	Dairy Crest Games	Meadowbank	23 Jul 1985

<b>1500 Metres</b>					
<b>National records</b>					
<b>3:45.2</b>	Ian Stewart	Birchfield H	Inter-Area Match	Meadowbank	2 May 1970

<b>3:44.1</b>	Ian McCafferty	Law & District	Commonwealth Games	Meadowbank	18 Jul 1970
<b>3:40.6</b>	Peter Stewart	Birchfield H	Commonwealth Games	Meadowbank	22 Jul 1970
<b>3:39.0</b>	Peter Stewart	Birchfield H	GB v Poland	Warsaw, POL	12 Sep 1970
<b>3:38.2</b>	Peter Stewart	Birchfield H	AAA Championships	London (CP)	15 Jul 1972
<b>3:37.4</b>	Frank Clement	Bellahouston H	GB v Sweden	Stockholm, SWE	31 Jul 1974
<b>3:35.6</b>	John Robson	Edinburgh SH	Commonwealth Games	Edmonton, CAN	12 Jul 1978
<b>3:34.01</b> †	Graham Williamson	Springburn H	Bislett Games	Oslo, NOR	28 Jun 1983
† Robson's superior 3:33.83 was retrospectively recognised in 1989.					
<b>3:33.83</b>	John Robson	Edinburgh SH	Van Damme Memorial	Brussels, BEL	4 Sep 1979
<b>3:33.61</b>	Chris O'Hare	Edinburgh AC	IAAF Diamond League	Monaco, MON	21 Jul 2017
<b>3:32.11</b>	Chris O'Hare	Edinburgh AC	IAAF Diamond League	Monaco, MON	20 Jul 2018
<b>Native records</b>					
<b>3:44.1</b>	Ian McCafferty	Law & District AC	Commonwealth Games	Meadowbank	18 Jul 1970
<b>3:40.6</b>	Peter Stewart	Birchfield H	Commonwealth Games	Meadowbank	22 Jul 1970
<b>3:40.1</b>	John Robson	Edinburgh SH	Scottish Championships	Meadowbank	3 Jun 1978
<b>3:37.7</b>	Graham Williamson	Springburn H	Iveco Int'l Games	Meadowbank	31 Jul 1982
<b>3:37.1</b>	Graham Williamson	Springburn H	Tarmac Games Mile	Meadowbank	26 Jun 1983
<b>3:35.06</b>	Chris O'Hare	Edinburgh AC	Glasgow Grand Prix	Hampden Park	12 Jul 2014
<b>All-comers' records</b>					
<b>3:49.0</b>	Sydney Wooderson	England	Rangers Sports	Ibrox Park	6 Aug 1935
<b>3:45.2</b>	Ian Stewart	Scotland	Inter-Area	Meadowbank	2 May 1970
<b>3:40.4</b>	Kipchoge Keino	Kenya	Commonwealth Games	Meadowbank	18 Jul 1970
<b>3:36.6</b>	Kipchoge Keino	Kenya	Commonwealth Games	Meadowbank	22 Jul 1970
<b>3:32.84</b>	Silas Kiplagat	Kenya	Glasgow Grand Prix	Hampden Park	12 Jul 2014

<b>One Mile</b>					
<b>National records</b>					
<b>3:59.2</b>	Michael Berisford	Sale H	Emsley Carr Mile	London (WC)	18 Aug 1962
<b>3:56.8</b>	Ian McCafferty	Law & District	Gala Night of Sport	Reading	11 Jun 1969
<b>3:55.0</b>	Frank Clement	Bellahouston H	DN Galan	Stockholm, SWE	30 Jun 1975
<b>3:54.2</b>	Frank Clement	Bellahouston H	Oslo Games	Oslo, NOR	27 Jun 1978
<b>3:52.8</b>	John Robson	Edinburgh SH	Oslo Games	Oslo, NOR	17 Jul 1979
<b>3:50.64</b>	Graham Williamson	Springburn H	Cork City Sports	Cork, IRL	13 Jul 1982
<b>Native records</b>					
<b>4:28.0</b>	David Duncan	Edinburgh H	Edinburgh H Meet	Powderhall	13 Sep 1888
<b>4:27.2</b>	William Robertson	Clydesdale H	SAAU Champs	Hampden Park	27 Jun 1896
<b>4:24.2</b>	Hugh Welsh	Watson's Coll. AC	Scottish Championships	Celtic Park	26 Jun 1897
<b>4:23¾</b>	Hugh Welsh	Watson's Coll. AC	Watson's Coll Sports	Powderhall	28 May 1898
<b>4:21.6</b>	John McGough	Bellahouston H	Celtic Sports	Celtic Park	11 Aug 1906
<b>4:21.0</b>	Thomas Riddell	Shettleston H	Rangers Sports	Ibrox Park	2 Aug 1930
<b>4:18.0</b>	Thomas Riddell	Shettleston H	Rangers Sports	Ibrox Park	1 Aug 1931
<b>4:15.0</b>	Thomas Riddell	Shettleston H	Rangers Sports	Ibrox Park	5 Aug 1933
<b>4:12.0</b>	Robert Graham	Maryhill H	Transport Club Meet	Helenvale Park	20 Aug 1935
<b>4:11.2</b>	Alex Breckenridge	Victoria Park AAC	Glasgow Police Sports	Ibrox Park	13 Jun 1953
<b>4:07.5</b>	Graham Everett	Shettleston H	Glasgow Police Sports	Ibrox Park	9 Jun 1956
<b>4:06.6</b>	Graham Everett	Shettleston H	Glasgow Police Sports	Ibrox Park	15 Jun 1957
<b>4:06.3</b>	Graham Stark	Edinburgh SH	Rangers Sports	Ibrox Park	1 Aug 1959
<b>4:03.9</b>	Graham Everett	Shettleston H	Scottish Championships	New Meadowbank	25 Jun 1960
<b>4:02.3</b>	Ian McCafferty	Motherwell YMCA	East v West	Pitreavie	7 Jun 1967
<b>3:57.4</b>	Peter Stewart	Birchfield H	British Games	Meadowbank	13 Jun 1970
<b>3:57.2</b>	Frank Clement	Bellahouston H	Coca-Cola International	Meadowbank	6 Aug 1976
<b>3:52.66</b>	Graham Williamson	Springburn H	Iveco Int'l Games	Meadowbank	31 Jul 1982
<b>3:52.01</b>	Graham Williamson	Springburn H	Tarmac Games Mile	Meadowbank	26 Jun 1983
<b>All-comers' records</b>					
<b>4:32.2</b>	David S Duncan	Scotland	St Bernard's Sports	Powderhall	17 Jul 1886

<b>4:30.2</b>	John Blane	Scotland	Maybole FC Sports	Maybole	17 Jul 1888
<b>4:28.0</b>	David S Duncan	Scotland	Edinburgh H Meet	Powderhall	13 Sep 1888
<b>4:24.2</b>	W H Morton	England	Clydesdale H Sports	Ibrox Park	2 Jul 1892
<b>4:23.0</b>	Fred Bacon	England	Celtic Sports	Celtic Park	19 Aug 1893
<b>4:18.2</b>	Fred Bacon	Scotland	Edinburgh NH Sports	Powderhall	21 Jul 1894
<b>4:16.8</b>	Albert Hill	England	Celtic Sports	Celtic Park	9 Aug 1919
<b>4:16.2</b>	Cyril Ellis	England	Rangers Sports	Ibrox Park	1 Aug 1931
<b>4:13.6</b>	Jack Lovelock	New Zealand	Rangers Sports	Ibrox Park	5 Aug 1933
<b>4:12.7</b>	<i>Sydney Wooderson</i>	<i>England</i>	<i>Rangers Sports</i>	<i>Ibrox Park</i>	<i>3 Aug 1935</i>
<b>4:12.0</b>	Robert Graham	Scotland	Transport Club Meet	Helenvale Park	20 Aug 1935
<b>4:11.0</b>	Sydney Wooderson	England	Rangers Sports	Ibrox Park	3 Aug 1940
<b>4:09.9</b>	Sune Karlsson	Sweden	Police Sports	Ibrox Park	13 Jun 1953
<b>4:08.9</b>	Gunnar Nielsen	Denmark	Rangers Sports	Ibrox Park	6 Aug 1955
<b>4:08.8</b>	Ken Wood	England	Edinburgh Highland Games	Murrayfield	20 Aug 1955
<b>4:04.5</b>	Stanislav Jungwirth	Czechoslovakia	Police Sports	Ibrox Park	9 Jun 1956
<b>3:58.4</b>	Derek Ibbotson	England	Police Sports	Ibrox Park	15 Jun 1957
<b>3:57.4</b>	Ian Stewart	Scotland	British Games	Meadowbank	13 Jun 1970
<b>3:57.4</b>	Peter Stewart	Scotland	British Games	Meadowbank	13 Jun 1970
<b>3:56.60</b>	Rod Dixon	New Zealand	Coca-Cola International	Meadowbank	6 Aug 1976
<b>3:52.66</b>	Graham Williamson	Scotland	Iveco Games	Meadowbank	31 Jul 1982
<b>3:51.48</b>	Sydney Maree	USA	Tarmac Games	Meadowbank	26 Jun 1983

## 2000 Metres

### National records

<b>5:16.6</b>	Hugh Barrow	Victoria Park AAC		Stratford	10 Sep 1966
<b>5:12.8</b>	Lawrie Spence	Shettleston H		Airdrie	5 Jun 1976
<b>4:58.38</b>	Graham Williamson	Springburn H	Nike Classic	Coatbridge	29 Aug 1983

### Native records

<b>5:21.0</b>	Ian McCafferty	Law & District AC	British Games	Meadowbank	13 Jun 1970
<b>5:20.8</b>	Lawrie Spence	Shettleston H	Airdrie Highland G	Airdrie	7 Jun 1975
<b>5:12.8</b>	Lawrie Spence	Shettleston H	Airdrie Highland G	Airdrie	5 Jun 1976
<b>5:04.5</b>	Frank Clement	Bellahouston H		Coatbridge	20 Aug 1978

### All-comers' records

<b>5:21.0</b>	Richard Taylor	England	British Games	Meadowbank	13 Jun 1970
<b>5:21.0</b>	Ian McCafferty	Scotland	British Games	Meadowbank	13 Jun 1970
<b>5:17.6</b>	David Bedford	England	British Games	Meadowbank	12 Jun 1971
<b>5:07.0</b>	David Moorcroft	England	Monkland international	Coatbridge	7 Aug 1976
<b>5:03.84</b>	Doug Padilla	USA	Tarmac Games	Meadowbank	26 Jun 1983

## 3000 Metres

**y = time for 2 Miles**

### National records

<b>8:38.2 y</b>	Graham Everett	Shettleston H	Inter-Counties (Invit. Race)	London (WC)	22 May 1961
<b>8:33.2 y</b>	Ian McCafferty	Motherwell YMCA	Inter-Counties (Invit. Race)	London (WC)	29 May 1967
<b>8:26.8 y</b>	Peter Stewart	Birchfield H	Coca-Cola Meeting	London (CP)	5 Sep 1970
<b>7:59.8</b>	Ian Stewart	Birchfield H	Inter-Counties	Leicester	25 May 1970
<b>7:55.8 †</b>	Peter Stewart	Birchfield H		Reading	1 Jul 1970

† Stewart's time was wrongly recorded as 7:57.5 with the result that Muir's 7:56.2 was then ratified

<b>7:56.2</b>	Nat Muir	Shettleston H	Edinburgh Highland Games	Meadowbank	22 Aug 1981
<b>7:45.81</b>	John Robson	Edinburgh SH	Peugeot Talbot Games	London (CP)	13 Jul 1984
<b>7:45.00</b>	Andrew Butchart	Central AC	IAAF Diamond League	Birmingham	5 Jun 2016
<b>7:37.56</b>	Andrew Butchart	Central AC	Anniversary Games	London (O)	9 Jul 2017

### Native records

<b>9:41.0 y</b>	Andrew Hannah	Clydesdale H	Abercorn FC Sports	Paisley (U)	21 Jul 1894
<b>9:37.0 y</b>	John McGough	Bellahouston H	Glas. Merchants CC	Celtic Park	18 May 1903
<b>9:36.4 y</b>	John McGough	Bellahouston H	Rangers Sports	Ibrox Park	3 Aug 1903

<b>9:36.0 y</b>	John McGough	Bellahouston H	Bellahouston H Meet	Ibrox Park	9 Jul 1904
<b>9:32.4 y</b>	John McGough	Bellahouston H	Rangers Sports	Ibrox Park	8 Aug 1904
<b>9:31.0 y</b>	Donald McLean	Maryhill H	Maryhill H Sports	Ibrox Park	23 May 1927
<b>9:19.8 y</b>	Thomas Blakely	Maryhill H	Maryhill H Sports	Hampden Park	22 May 1933
<b>9:17.3 y</b>	Robert Graham	Maryhill H	Cowal Highland G	Dunoon	28 Aug 1937
<b>9:13.4 y</b>	Peter Allwell	Ardeer Rec Club	Shettleston H Sports	Helenvale Park	5 Jul 1938
<b>9:05.6 y</b>	Alex Breckenridge	Victoria Park AAC	Transport Sports	Helenvale Park	30 Jun 1953
<b>8:58.4 y</b>	Ian Binnie	Victoria Park AAC	Rangers Sports	Ibrox Park	1 Aug 1953
<b>8:57.2 y</b>	Ian Binnie	Victoria Park AAC	Rangers Sports	Ibrox Park	2 Aug 1958
<b>8:50.4 y</b>	Graham Everett	Shettleston H	Glasgow Police Sports	Ibrox Park	13 Jun 1959
<b>8:48.6 y</b>	Graham Everett	Shettleston H	Glasgow Police Sports	Ibrox Park	10 Jun 1961
<b>8:42.2 y</b>	Ian McCafferty	Motherwell YMCA	Transport Sports	Glasgow	29 Jun 1965
<b>8:33.0 y</b>	Lachie Stewart	Shettleston H	Edinburgh Highland G	Meadowbank	21 Aug 1971
<b>8:10.6</b>	Peter Stewart	Birchfield H	Inter-Area	Meadowbank	2 May 1970
<b>8:02.4</b>	Ian McCafferty	Law & District AC	British Games	Meadowbank	13 Jun 1970
<b>7:57.8</b>	Jim Dingwall	Edinburgh AC	Scottish Select Match	Meadowbank	17 Jun 1975
<b>All-comers' records</b>					
<b>9:48.2 y</b>	David Duncan	Scotland	West of Scot H Meet	Hampden Park	26 May 1887
<b>9:43.4 y</b>	Andrew Hannah	Scotland	Cly H/Rangers Sports	Ibrox Park	5 Jul 1890
<b>9:35.0 y</b>	William Morton	England	Clydesdale H Sports	Ibrox Park	2 Jul 1892
<b>9:29.8 y</b>	William Morton	England	West of Scot H Meet	Hampden Park	11 Aug 1892
<b>9:27.4 y</b>	Fred Bacon	England	Edinburgh NH Sports	Powderhall	21 Jul 1894
<b>9:22.6 y</b>	John Rimmer	England	Celtic Sports	Celtic Park	11 Aug 1902
<b>9:09.6 y</b>	Alfred Shrubbs	England	West of Scot H Meet	Ibrox Park	11 Jun 1904
<b>9:05.2 y</b>	Fred Wilt	USA	Police Sports	Hampden Park	11 Jun 1949
<b>8:54.7 y</b>	Leonard Eyre	England	Rangers Sports	Ibrox Park	1 Aug 1953
<b>8:50.8 y</b>	Derek Ibbotson	England	Cowal Games	Dunoon	31 Aug 1957
<b>8:50.4 y</b>	Graham Everett	Scotland	Glasgow Police Sports	Ibrox Park	13 Jun 1959
<b>8:48.6 y</b>	Derek Ibbotson	England	Rangers Sports	Ibrox Park	1 Aug 1959
<b>8:45.6 y</b>	Bruce Tulloh	England	Edinburgh Highland G	Murrayfield	20 Aug 1960
<b>8:45.6 y</b>	Laszlo Tabori	Hungary	Edinburgh Highland G	Murrayfield	20 Aug 1960
<b>8:42.2 y</b>	Ian McCafferty	Scotland	Transport Sports	Glasgow (He)	29 Jun 1965
<b>8:17.8 y</b>	Emiel Puttemans	Belgium	Edinburgh Highland G	Meadowbank	21 Aug 1971
<b>8:05.4</b>	<i>Zdzislaw Krzyszkowiak</i>	<i>Poland</i>	<i>Floodlit Meeting</i>	<i>Ibrox Park</i>	<i>15 Sep 1956</i>
<b>8:10.6</b>	Peter Stewart	Scotland	Inter-Area	Meadowbank	2 May 1970
<b>8:02.4</b>	Ian McCafferty	Scotland	British Games	Meadowbank	13 Jun 1970
<b>8:02.4</b>	Richard Taylor	England	British Games	Meadowbank	13 Jun 1970
<b>7:58.8</b>	David Bedford	England	British Games	Meadowbank	12 Jun 1971
<b>7:57.8</b>	Jim Dingwall	Scotland	Sco v RAF v H/Y v Univ	Meadowbank	17 Jun 1975
<b>7:56.2</b>	Nat Muir	Scotland	Edinburgh Highland G	Meadowbank	22 Aug 1981
<b>7:51.46</b>	Nat Muir	Scotland	Dairy Crest Games	Meadowbank	23 Jul 1985
<b>7:43.73</b>	Eamonn Martin	England	Miller Lite IAC International	Meadowbank	7 Jul 1989

<b>5000 Metres</b>					
<b>y = time for 3 Miles</b>					
<b>National records</b>					
<b>13:39.8 y</b>	Alastair Wood	Shettleston H	Rangers Sports	Ibrox Stadium	6 Aug 1960
<b>13:25.4 y</b>	Fergus Murray	Edinburgh Univ	East District	New Meadowbank	29 May 1965
<b>13:19.0 y</b>	Fergus Murray	Edinburgh Univ	Brit Uni v AAA v Comb Serv	Portsmouth	7 Aug 1965
<b>13:12.2 y</b>	Ian McCafferty	Motherwell YMCA	Commonwealth Games	Kingston, JAM	9 Aug 1966
<b>13:06.4 y</b>	Ian McCafferty	Motherwell YMCA	Clonliffe H Meeting	Dublin, IRL	17 Jul 1967
<b>13:47.8</b>	Ian Stewart	Birchfield H	Scottish Championships	Meadowbank	6 Jun 1970
<b>13:29.6</b>	Ian McCafferty	Law & District	British Games	Meadowbank	13 Jun 1970
<b>13:22.8</b>	Ian Stewart	Birchfield H	Commonwealth Games	Meadowbank	25 Jul 1970
<b>13:19.8</b>	Ian McCafferty	Law & District	AAA Championships	London (CP)	14 Jul 1972
<b>13:17.9</b>	Nat Muir	Shettleston H	Bislett Games	Oslo, NOR	15 Jul 1980

<b>13:13.30</b>	Andrew Butchart	Central AC	FBK Games	Hengelo, NED	22 May 2016
<b>13:08.61</b>	Andrew Butchart	Central AC	Olympic Games	Rio de Janeiro, BRA	20 Aug 2016
<b>Native records</b>					
<b>15:16.6 y</b>	George Pollard	Edinburgh Univ AC	Edinburgh H Sports	Powderhall	14 Jun 1892
<b>15:13.4 y</b>	Andrew Hannah	Clydesdale H	Edinburgh H Sports	Powderhall	9 Jun 1894
<b>15:09.0 y</b>	Stewart Duffus	Arbroath H	Glasgow Charity Sports	Hampden Park	28 Jul 1894
<b>14:57.2 y</b>	William Robertson	Clydesdale H	Abercorn FC Sports	Paisley (U)	15 May 1897
<b>14:44.6 y</b>	John McGough	Bellahouston H	W of Scotland H Sports	Ibrox Park	23 May 1904
<b>14:44.2 y</b>	James Wood	Heriot's AC	Rangers Sports	Ibrox Park	1 Aug 1931
<b>14:41.2 y</b>	John Suttie Smith	Dundee Thistle H	Queen's Park FC Meet	Hampden Park	28 May 1932
<b>14:38.2 y</b>	Tom Blakely	Maryhill H	St Peter's AAC Meet	Celtic Park	4 Jun 1932
<b>14:33.0 y</b>	Tom Blakely	Maryhill H	Queen's Park FC Meet	Hampden Park	27 May 1933
<b>14:32.2 y</b>	Andrew Forbes	Victoria Park AAC	Scotland v Eng & Ire	New Meadowbank	5 Jul 1947
<b>14:18.4 y</b>	Andrew Forbes	Victoria Park AAC	Scottish Championships	Hampden Park	25 Jun 1949
<b>14:01.4 y</b>	Ian Binnie	Victoria Park AAC	Scottish Championships	New Meadowbank	27 Jun 1953
<b>14:00.2 y</b>	Ian Binnie	Victoria Park AAC	Glasgow Police Sports	Ibrox Park	12 Jun 1954
<b>13:54.8 y</b>	Ian Binnie	Victoria Park AAC	Glasgow Police Sports	Ibrox Park	4 Jun 1955
<b>13:51.4 y</b>	Ian Binnie	Victoria Park AAC	Floodlit Meeting	Ibrox Park	28 Sep 1957
<b>13:47.6 y</b>	Andrew Brown	Motherwell YMCA	SAAA v Atalanta	Pitreevie	7 Jul 1959
<b>13:39.8 y</b>	Alastair Wood	Shettleston H	Rangers Sports	Ibrox Park	6 Aug 1960
<b>13:25.4 y</b>	Fergus Murray	Edinburgh Univ AC	East District	New Meadowbank	29 May 1965
<b>13:29.6</b>	Ian McCafferty	Law & District AC	British Games	Meadowbank	13 Jun 1970
<b>13:23.4</b>	Ian McCafferty	Law & District AC	Commonwealth Games	Meadowbank	25 Jul 1970
<b>All-comers' records</b>					
<b>15:54.0 y</b>	Alexander Findlay	Scotland	Scottish Championships	Powderhall	28 Jun 1886
<b>15:37.4 y</b>	William Gabriel	Scotland	Edinburgh H Sports	Powderhall	28 May 1887
<b>15:32.8 y</b>	David Duncan	Scotland	Edinburgh H Meet	Powderhall	19 Jul 1888
<b>15:15.4 y</b>	T. Brown	England	Glas. Exhibition Sports	Glasgow (Ex)	22 Sep 1888
<b>14:45.4 y</b>	William Morton	England	Rangers Sports	Ibrox Park	8 Aug 1892
<b>14:27.4 y</b>	Fred Bacon	England	Edinburgh NH Sports	Powderhall	21 Jul 1894
<b>14:27.2 y</b>	Alfred Shrubbs	England	West of Scot H Meet	Ibrox Park	13 Jun 1904
<b>14:15.4 y</b>	Lavri Lehtinen	Finland	Rangers Sports	Ibrox Park	4 Aug 1934
<b>14:03.4 y</b>	Taisto Maki	Finland	Rangers Sports	Ibrox Park	5 Aug 1939
<b>14:01.4 y</b>	Ian Binnie	Scotland	Scottish Championships	New Meadowbank	27 Jun 1953
<b>13:54.3 y</b>	Franjo Mihalic	Yugoslavia	Highland Gathering	Ibrox Park	29 May 1954
<b>13:50.3 y</b>	Roger Dunkley	England	Police Sports	Ibrox Park	4 Jun 1955
<b>13:33.4 y</b>	Derek Ibbotson	England	Police Sports	Ibrox Park	9 Jun 1956
<b>13:25.4 y</b>	Fergus Murray	Scotland	East District	New Meadowbank	29 May 1965
<b>13:47.8</b>	Ian Stewart	Scotland	Scottish Championships	Meadowbank	6 Jun 1970
<b>13:26.2</b>	Richard Taylor	England	British Games	Meadowbank	13 Jun 1970
<b>13:22.8</b>	Ian Stewart	Scotland	Commonwealth Games	Meadowbank	25 Jul 1970
<b>13:22.2</b>	David Bedford	England	British Games	Meadowbank	12 Jun 1971
<b>13:17.26</b>	Dominic Kirui	Kenya	GB v Kenya	Meadowbank	19 Jun 1992
<b>13:11.09</b>	Hagos Gebrhiwet	Ethiopia	Glasgow Grand Prix	Hampden Park	11 Jul 2014

<b>10000 Metres</b>			<b>y = time for 6 Miles</b>		
<b>National records</b>					
<b>28:42.8 y</b>	Alastair Wood	Anglo-Scottish AC	Scottish Championships	New Meadowbank	26 Jun 1959
<b>28:33.4 y</b>	Fergus Murray	Edinburgh Univ	Scottish Championships	New Meadowbank	25 Jun 1965
<b>27:55.6 y</b>	Jim Alder	Morpeth H	GB v Hungary	London (WC)	13 Aug 1965
<b>27:30.6 y</b>	Jim Alder	Morpeth H	AAA Championships	London (WC)	8 Jul 1966
<b>27:28.6 y</b>	Jim Alder	Morpeth H	AAA Championships	London (WC)	12 Jul 1968
<b>28:33.4</b>	Lachie Stewart	Shettleston H	Scottish Championships	Meadowbank	5 Jun 1970
<b>28:11.8</b>	Lachie Stewart	Shettleston H	Commonwealth Games	Meadowbank	18 Jul 1970
<b>28:00.62</b>	Jim Brown	Clyde Valley AC	AAA Championships	London (CP)	1 Aug 1975

<b>27:59.12</b> †	Allister Hutton	Edinburgh SH		Aachen, GER	30 May 1986
† <i>Stewart's superior 27:43.03 was retrospectively recognised in 1989.</i>					
<b>27:43.03</b>	Ian Stewart	Birchfield H	IAC Meeting	London (CP)	9 Sep 1977
<b>Native records</b>					
<b>32:00.8 y</b>	Andrew Hannah	Clydesdale H	SAAA 10M Champs	Powderhall	2 Apr 1894
<b>31:26.6 y</b>	Andrew Hannah	Clydesdale H	SAAA 10M Champs	Hampden Park	12 Apr 1895
<b>31:18.8 y</b>	Thomas Jack	Edinburgh Southern	SAAA 10M Champs	Glasgow	6 Apr 1907
<b>30:45.0 y</b>	James Wilson	Greenock Glenpark	SAAA 10M Champs	Glasgow	17 Apr 1920
<b>30:34.0 y</b>	James Wood	Heriot's AC	SAAA 10M Champs	Glasgow	2 Apr 1932
<b>30:04.2 y</b>	Ian Binnie	Victoria Park AAC	Scottish Championships	Edinburgh	6 Jun 1952
<b>29:20.7 y</b>	Ian Binnie	Victoria Park AAC	Scottish Championships	New Meadowbank	26 Jun 1953
<b>29:11.0 y</b>	Ian Binnie	Victoria Park AAC	Scottish Championships	New Meadowbank	25 Jun 1954
<b>29:10.2 y</b>	Alastair Wood	R.A.F.	Scottish Championships	New Meadowbank	20 Jun 1958
<b>28:42.8 y</b>	Alastair Wood	Anglo-Scottish AC	Scottish Championships	New Meadowbank	26 Jun 1959
<b>28:33.4 y</b>	Fergus Murray	Edinburgh Univ	Scottish Championships	New Meadowbank	25 Jun 1965
<b>27:58.2 y</b>	Lachie Stewart	Vale of Leven AAC	Scottish Championships	Grangemouth	23 Jun 1967
<b>28:33.4</b>	Lachie Stewart	Shettleston H	Scottish Championships	Meadowbank	5 Jun 1970
<b>28:11.71</b>	Lachie Stewart	Shettleston H	Commonwealth Games	Meadowbank	18 Jul 1970
<b>All-comers' records</b>					
<b>32:12.0 y</b>	Alexander Findlay	Scotland	Scottish Championships	Powderhall	28 Jun 1886
<b>32:11.4 y</b>	Andrew Hannah	Scotland	Scottish Championships	Hampden Park	2 Apr 1891
<b>32:00.8 y</b>	Andrew Hannah	Scotland	Scottish Championships	Powderhall	2 Apr 1894
<b>31:26.6 y</b>	Andrew Hannah	Scotland	Scottish Championships	Hampden Park	12 Apr 1895
<b>29:59.4 y</b>	Alfred Shrubbs	England	West of Scot H Meet	Ibrox Park	5 Nov 1904
<b>29:20.7 y</b>	Ian Binnie	Scotland	Scottish Championships	New Meadowbank	26 Jun 1953
<b>29:11.0 y</b>	Ian Binnie	Scotland	Scottish Championships	New Meadowbank	25 Jun 1954
<b>29:10.2 y</b>	Alastair Wood	Scotland	Scottish Championships	New Meadowbank	20 Jun 1958
<b>28:42.8 y</b>	Alastair Wood	Scotland	Scottish Championships	New Meadowbank	26 Jun 1959
<b>28:33.4 y</b>	Fergus Murray	Scotland	Scottish Championships	New Meadowbank	25 Jun 1965
<b>27:58.2 y</b>	Lachie Stewart	Scotland	Scottish Championships	Grangemouth	23 Jun 1967
<b>28:33.4</b>	Lachie Stewart	Scotland	Scottish Championships	Meadowbank	5 Jun 1970
<b>28:11.8</b>	Lachie Stewart	Scotland	Commonwealth Games	Meadowbank	18 Jul 1970
<b>28:03.2</b>	Ian Stewart	Scotland	GB v USSR	Meadowbank	25 Aug 1977
<b>28:02.42</b>	Steve Binns	England	UK Championships	Meadowbank	29 May 1983
<b>27:57.42</b>	Jon Solly	England	Commonwealth Games	Meadowbank	26 Jul 1986
<b>27:56.11</b>	Moses Kipsiro	Uganda	Commonwealth Games	Hampden Park	2 Aug 2014

## Marathon

*First recognised as a 'Best Performance' in 1970*

<b>National records</b>					
<b>2:12:04</b>	Jim Alder	Morpeth	Commonwealth Games	Edinburgh	23 Jul 1970
<b>2:09:28</b>	John Graham	Birchfield H	Rotterdam Marathon	Rotterdam, NED	23 May 1981
<b>2:09:16</b>	Allister Hutton	Edinburgh SH	London Marathon	London	21 Apr 1985
<b>Native records</b>					
<b>2:12:04</b>	Jim Alder	Morpeth	Commonwealth Games	Edinburgh	23 Jul 1970
<b>All-comers' records</b>					
<b>2:09:28</b>	Ron Hill	England	Commonwealth Games	Edinburgh	23 Jul 1970

## 110 Metres Hurdles

**y = time for 120 yards hurdles**

<b>National records</b>					
<b>14.6 y</b>	George McLachlan	St. Modans	Edinburgh Highland Games	Murrayfield	18 Aug 1962
<b>14.6 y</b>	Tony Hogarth	Octavians	Edinburgh Highland Games	Murrayfield	21 Aug 1965
<b>14.4 y</b>	Tony Hogarth	Octavians	Edinburgh Highland Games	Murrayfield	19 Aug 1967
<b>14.4 y</b>	Tony Hogarth	Octavians	British Isles Cup	Grangemouth	8 Jun 1968
<b>14.3</b>	David Wilson	Edinburgh AC	GB v Poland	Meadowbank	17 Jun 1972



<b>14.1</b>	David Wilson	Edinburgh AC	SAAA Championships	Meadowbank	24 Jun 1972
<b>13.9</b>	David Wilson	Edinburgh AC	GB v Poland	Warsaw, POL	29 Jun 1974
<b>Automatic timing:</b>					
<b>14.11</b>	Neil Fraser	Edinburgh AC	Welsh Games	Swansea	11 Jul 1987
<b>14.10</b>	Jamie Quarry	Blackheath H	Scottish Championships	Meadowbank	25 Jun 1994
<b>13.92</b>	Kenneth Campbell	Edinburgh SH	Commonwealth Games	Victoria, CAN	22 Aug 1994
<b>13.86</b>	Kenneth Campbell	Edinburgh SH	Commonwealth Games	Victoria, CAN	23 Aug 1994
<b>13.80</b>	Ross Baillie	Victoria Park AAC	Commonwealth Games	Kuala Lumpur, MAS	19 Sep 1998
<b>13.66</b>	Ross Baillie	Victoria Park AAC	Sydney Grand Prix	Sydney, AUS	20 Feb 1999
<b>13.44</b>	Chris Baillie	Victoria Park AAC	Commonwealth Games	Melbourne, AUS	21 Mar 2006
<b>Native records</b>					
<b>16.2 y</b>	Norman Macleod	Fettesian-Lorettonian	Rangers Sports	Ibrox Park	8 Aug 1892
<b>16.2 y</b>	Robert Stronach	Glasgow Academicals	Scottish Championships	Powderhall	25 Jun 1904
<b>16.0 y</b>	Robert Stronach	Glasgow Academicals	Rangers Sports	Ibrox Park	6 Aug 1904
<b>16.0 y</b>	Robert Stronach	Glasgow Academicals	Scottish Championships	Ibrox Park	24 Jun 1905
<b>15.8 y</b>	Robert Stronach	West of Scotland H	W of Scotland Sports	Ibrox Park	29 Jul 1905
<b>15.5 y</b>	John Hart	Edinburgh Univ AC	Edinburgh U Champs	Craiglockhart	22 May 1948
<b>15.3 y</b>	John Hart	Edinburgh Univ AC	Scottish Championships	Hampden Park	25 Jun 1949
<b>15.3 y</b>	James Johnston	Glasgow Univ AC	Inter-Universities	Aberdeen (KC)	1 Jun 1957
<b>15.3 y</b>	Robin MacLeod	Aberdeen Univ AC		St Andrews	17 May 1960
<b>15.2 y</b>	George McLachlan	St Modan's AC		Pitreavie	14 Jul 1962
<b>14.6 y</b>	George McLachlan	St Modan's AC	Edinburgh Highland G	Murrayfield	18 Aug 1962
<b>14.6 y</b>	Anthony Hogarth	Octavians AC	Edinburgh Highland G	Murrayfield	21 Aug 1965
<b>14.4 y</b>	Anthony Hogarth	Octavians AC	Edinburgh Highland G	Murrayfield	19 Aug 1967
<b>14.4 y</b>	Anthony Hogarth	Octavians AC	British Isles Cup	Grangemouth	8 Jun 1968
<i>Although held over 120yH, this was also recognised as the inaugural metric record</i>					
<b>14.3</b>	David Wilson	Edinburgh AC	GB v Poland	Meadowbank	17 Jun 1972
<b>14.1</b>	David Wilson	Edinburgh AC	Scottish Championships	Meadowbank	24 Jun 1972
<b>Automatic timing:</b>					
<b>14.48</b>	David Wilson	Edinburgh AC	Scotland v Greece	Meadowbank	5 Jun 1977
<b>14.38</b>	John Wallace	Newham & Essex B	British Airways Games	Dundee	15 Jul 1984
<b>14.29</b>	Neil Fraser	Inverness H	Scottish Championships	Crownpoint	23 Jul 1988
<b>14.12</b>	Kenneth Campbell	Edinburgh Southern	British League	Meadowbank	7 Aug 1993
<b>14.12</b>	Kenneth Campbell	Edinburgh Southern	Scottish Championships	Meadowbank	25 Jun 1994
<b>14.03</b>	Chris Baillie	Victoria Park AAC	GB v USA	Scotstoun	4 Sep 1999
<b>14.03</b>	Chris Baillie	Victoria Park AAC	Scottish Championships	Scotstoun	29 Jul 2000
<b>13.99</b>	Chris Baillie	Victoria Park AAC	Scottish Championships	Scotstoun	24 Jun 2001
<b>13.97</b>	Allan Scott	Shaftesbury Barnet	Scottish Championships	Scotstoun	15 Aug 2004
<b>13.82</b>	Allan Scott	Shaftesbury Barnet	Scottish Championships	Scotstoun	12 Aug 2007
<b>All-comers' records</b>					
<b>16.6 y</b>	Alexander McNeill	Scotland	Scottish Championships	Powderhall	28 Jun 1884
<b>16.2 y</b>	Norman MacLeod	Scotland	Rangers Sports	Ibrox Park	8 Aug 1892
<b>16.2 y</b>	Robert Stronach	Scotland	Scottish Championships	Powderhall	25 Jun 1904
<b>16.0 y</b>	Robert Stronach	Scotland	Rangers Sports	Ibrox Park	6 Aug 1904
<b>16.0 y</b>	Robert Stronach	Scotland	Scottish Championships	Ibrox Park	24 Jun 1905
<b>15.8 y</b>	Robert Stronach	Scotland	West of Scot H Sports	Ibrox Park	29 Jul 1905
<b>15.6 y</b>	Ivan H Riley	USA	Rangers Sports	Ibrox Park	1 Aug 1925
<b>15.2 y</b>	Fred Gaby	England	Sco v Eng v Ire	Hampden Park	10 Jul 1926
<b>15.0 y</b>	George Weightman-Smith	South Africa	Atalanta v Achilles	Hampden Park	3 Aug 1927
<b>14.8 y</b>	George Weightman-Smith	South Africa	Achilles v SAAA	Craiglockhart	4 Aug 1927
<b>14.7 y</b>	Donald Finlay	England	Rangers Sports	Ibrox Park	6 Aug 1938
<b>14.4 y</b>	Jack Davis	USA	Rangers Sports	Ibrox Park	4 Aug 1951
<b>14.1 y</b>	Keith Gardner	Jamaica	Edinburgh Highland G	Murrayfield	9 Aug 1958

<b>14.1 y</b>	Ghulam Raziq	Pakistan	Edinburgh Highland G	Murrayfield	9 Aug 1958
<b>14.1 y</b>	Laurie Taitt	England	Edinburgh Highland G	Murrayfield	17 Aug 1963
<b>14.1</b>	David Hemery	England	British Games	Meadowbank	13 Jun 1970
<b>13.8</b>	Alan Pascoe	England	GB v Poland	Meadowbank	17 Jun 1972
<b>13.7</b>	Guy Drut	France	Europa Cup	Meadowbank	8 Sep 1973
<b>Automatic timing:</b>					
<b>13.79</b>	Alan Pascoe	England	GB v Poland	Meadowbank	17 Jun 1972
<b>13.70</b>	Guy Drut	France	Europa Cup	Meadowbank	8 Sep 1973
<b>13.31</b>	Roger Kingdom	USA	Miller Lite IAC International	Meadowbank	7 Jul 1989
<b>13.30</b>	Colin Jackson	Wales	GB v Kenya	Meadowbank	19 Jun 1992
<b>13.21</b>	William Sharman	England	Glasgow Grand Prix	Hampden Park	11 Jul 2014

<b>400 Metres Hurdles</b>					
<b>y = time for 440 yards hurdles</b>					
<b>National records</b>					
<b>53.2 y</b>	Alex Hannah	Edinburgh Univ AC	Rangers Sports	Ibrox Stadium	2 Aug 1958
<b>52.1</b>	Ricky Taylor	Ayr Seaforth AC	SAAA Championships	Meadowbank	6 Jun 1970
<b>52.0</b>	Norman Gregor	Edinburgh AC	AAA Championships	London (CP)	13 Jul 1974
<b>51.6</b>	Norman Gregor	Edinburgh AC	Pye Gold Cup	London (CP)	20 Sep 1974
<b>51.4</b>	Stewart McCallum	Edinburgh SH	GB v Russia	London (CP)	24 Aug 1975
<b>50.7</b>	Stewart McCallum	Edinburgh SH	Australian Championships	Melbourne, AUS	21 Mar 1976
<b>Automatic timing:</b>					
<b>50.79</b>	Mark Davidson	Aberdeen AAC	Westathletic Games	Sittard, NED	28 Apr 1989
<b>50.43</b>	Charles Robertson-Adams	Telford AC	Spar British Challenge	London (CP)	17 Aug 1997
<b>50.24</b>	Charles Robertson-Adams	Newham & Essex	Sprint Development Meeting	Loughborough	4 Jul 2001
<b>Native records</b>					
<b>56.2 y</b>	Thomas Livingstone-Learmonth	Achilles Club	Rangers Sports	Ibrox Park	6 Aug 1927
<b>56.2 y</b>	David Gracie	Glasgow Univ AC	SAAA v Atalanta	New Meadowbank	5 Jul 1951
<b>55.5 y</b>	David Gracie	Glasgow Univ AC	Inter-Universities	Westerlands	17 May 1952
<b>54.7 y</b>	David Gracie	Glasgow Univ AC	Scottish Championships	New Meadowbank	7 Jun 1952
<b>53.8 y</b>	David Gracie	Glasgow Univ AC	Glasgow Police Sports	Ibrox Park	28 Jun 1952
<b>53.7 y</b>	David Gracie	Glasgow Univ AC	Rangers Sports	Ibrox Park	1 Aug 1953
<b>53.2 y</b>	Alex Hannah	Edinburgh Univ AC	Rangers Sports	Ibrox Park	2 Aug 1958
<b>52.1</b>	Ricky Taylor	Ayr Seaforth AC	Scottish Championships	Meadowbank	6 Jun 1970
<b>52.1</b>	Stewart McCallum	Edinburgh Southern	British League	Meadowbank	5 Jul 1975
<b>51.81</b>	Stanley Devine	Edinburgh Univ AC	Scottish Championships	Meadowbank	20 Jun 1981
<b>51.70</b>	Stanley Devine	Edinburgh Univ AC	Edinburgh Highland G	Meadowbank	22 Aug 1981
<b>51.16</b>	Stanley Devine	Edinburgh Univ AC	UK Championships	Meadowbank	29 May 1983
<b>51.13</b>	Mark Davidson	Edinburgh Southern	Scottish Championships	Meadowbank	4 Jul 1992
<b>51.07</b>	Richard McDonald	Perth Strathhtay H	Scottish Championships	Scotstoun	24 Jun 2001
<b>50.75</b>	Jack Lawrie	Woodford Green	Scottish Championships	Grangemouth	12 Aug 2018
<b>All-comers' records</b>					
<b>56.0 y</b>	Lord Burghley	England	Rangers Sports	Ibrox Park	6 Aug 1927
<b>55.1 y</b>	Richard Ault	USA	Police Sports	Hampden Park	11 Jun 1949
<b>54.7 y</b>	David Gracie	Scotland	Scottish Championships	New Meadowbank	7 Jun 1952
<b>53.8 y</b>	David Gracie	Scotland	Police Sports	Ibrox Park	28 Jun 1952
<b>53.7 y</b>	David Gracie	Scotland	Rangers Sports	Ibrox Park	1 Aug 1953
<b>53.7 y</b>	Harry Kane	England	Police Sports	Ibrox Park	12 Jun 1954
<b>52.8 y</b>	Josh Culbreath	USA	Rangers Sports	Ibrox Park	7 Aug 1954
<b>52.8 y</b>	Thomas Farrell	England	Police Sports	Ibrox Park	15 Jun 1957
<b>50.3 y</b>	Gert Potgieter	South Africa	Rangers Sports	Ibrox Park	2 Aug 1958
<b>50.0</b>	John Sherwood	England	Commonwealth Games	Meadowbank	21 Jul 1970
<b>49.7</b>	Jim Bolding	USA	Coca Cola International	Meadowbank	6 Aug 1976

<b>49.60</b>	Phil Beattie	N Ireland	Commonwealth Games	Meadowbank	28 Jul 1986
<b>48.79</b>	Kriss Akabusi	England	GB v USSR	Meadowbank	19 Jul 1991
<b>48.35</b>	Javier Culson	Puerto Rico	Glasgow Grand Prix	Hampden Park	11 Jul 2014

### 3000 Metres Steeplechase

#### National records

<b>9:12.2</b>	Thomas O'Reilly	Springburn H	SAAA Championships	New Meadowbank	25 Jun 1960
<b>9:07.8</b>	Lachie Stewart	Vale of Leven AC	Glasgow Univ Meeting	Westerlands	11 Aug 1965
<b>8:59.0</b>	Lachie Stewart	Vale of Leven AC	West District	Westerlands	28 May 1966
<b>8:49.4</b>	Lachie Stewart	Vale of Leven AC	SAAA Championships	New Meadowbank	25 Jun 1966
<b>8:44.8</b>	Lachie Stewart	Vale of Leven AC	AAA Championships	London (WC)	9 Jul 1966
<b>8:41.4</b>	Alistair Blamire	Edinburgh Univ	AAA Championships	London (WC)	2 Aug 1969
<b>8:40.8</b>	William Mullett	Brighton & Hove	GB v France	London (WC)	1 Sep 1969
<b>8:38.9</b>	Ian Gilmour	Wolverhampton	SAAA Championships	Meadowbank	3 Jun 1978
<b>8:31.1</b>	Ian Gilmour	Wolverhampton	UK Championships	Meadowbank	16 Jul 1978
<b>8:26.6</b>	Gordon Rimmer	Cambuslang H		Louvain, BEL	4 Jun 1980
<b>8:19.40</b>	Tom Hanlon	Edinburgh SH	Royal Mail Parcels Games	London (CP)	14 Jul 1989
<b>8:16.52</b>	Tom Hanlon	Edinburgh SH	Alandsportfest	Koblenz, GER	23 Aug 1989
<b>8:16.31</b>	Tom Hanlon	Edinburgh SH	Ivo Van Damme Memorial	Brussels, BEL	10 Aug 1990
<b>8:12.58</b>	Tom Hanlon	Reebok RC	IAAF/Mobil GP	Monte Carlo, MON	3 Aug 1991

#### Native records

<b>9:12.2</b>	Thomas O'Reilly	Springburn H	Scottish Championships	New Meadowbank	25 Jun 1960
<b>9:07.8</b>	Lachie Stewart	Vale of Leven AAC	Glasgow Univ Meet	Westerlands	11 Aug 1965
<b>8:59.0</b>	Lachie Stewart	Vale of Leven AAC	West District	Westerlands	28 May 1966
<b>8:49.4</b>	Lachie Stewart	Vale of Leven AAC	Scottish Championships	New Meadowbank	25 Jun 1966
<b>8:46.2</b>	Alastair Blamire	Edinburgh Univ AC	Scottish Championships	Grangemouth	28 Jun 1969
<b>8:44.1</b>	John Graham	Clyde Valley AC	Scottish Championships	Meadowbank	3 Jun 1978
<b>8:39.30</b>	John Graham	Clyde Valley AC	UK Championships	Meadowbank	16 Jul 1978

#### All-comers' records

<b>9:03.2</b>	John Linaker	Scotland	Scottish Championships	New Meadowbank	25 Jun 1960
<b>9:02.2</b>	John Linaker	Scotland	Scottish Championships	New Meadowbank	23 Jun 1962
<b>8:46.2</b>	Gareth Bryan-Jones	Scotland	Scottish Championships	Grangemouth	28 Jun 1969
<b>8:46.2</b>	Alistair Blamire	Scotland	Scottish Championships	Grangemouth	28 Jun 1969
<b>8:37.0</b>	Amos Biwott	Kenya	Commonwealth Games	Meadowbank	22 Jul 1970
<b>8:26.2</b>	Anthony Manning	Australia	Commonwealth Games	Meadowbank	23 Jul 1970
<b>8:25.2</b>	Bronislaw Malinowski	Poland	Coca-Cola International	Meadowbank	6 Aug 1976
<b>8:24.49</b>	Graeme Fell	Canada	Commonwealth Games	Meadowbank	27 Jul 1986
<b>8:16.50</b>	Tom Hanlon	Scotland	GB v Kenya	Meadowbank	19 Jun 1992
<b>8:10.44</b>	Jonathan Ndiku	Kenya	Commonwealth Games	Hampden Park	1 Aug 2014

### High Jump

#### National records

<b>6'9¼</b>	Crawford Fairbrother	Victoria Park AAC	SAAA Championships	New Meadowbank	23 Jun 1962
<b>6'9½ (2.07)</b>	Crawford Fairbrother	Victoria Park AAC	Glasgow Championships	Scotstoun	19 Sep 1964
<b>2.14</b>	Angus McKenzie	Edinburgh SH	British Games	London (CP)	31 May 1975
<b>2.14</b>	Angus McKenzie	Edinburgh SH	British League	London (WL)	14 Jun 1975
<b>2.15</b>	Brian Burgess	Edinburgh AC	SAAA Championships	Meadowbank	26 Jun 1976
<b>2.20</b>	Brian Burgess	Edinburgh AC	GB v East Germany	London (CP)	11 Jun 1978
<b>2.20</b>	Geoff Parsons	London AC	English Schools	Birmingham	9 Jul 1982
<b>2.21</b>	Geoff Parsons	London AC	GRE Gold Cup	London	11 Jul 1982
<b>2.26</b>	Geoff Parsons	London AC	Peugeot Talbot Games	London (CP)	13 Jul 1984
<b>2.28</b>	Geoff Parsons	London AC	Kent Championships	London (CP)	18 May 1986
<b>2.28</b>	Geoff Parsons	London AC	Commonwealth Games	Meadowbank	31 Jul 1986
<b>2.28</b>	Geoff Parsons	London AC	Miller Lite Meeting	London (CP)	8 Aug 1986

<b>2.28</b>	Geoff Parsons	London AC	Olympic Games	Seoul, SKO	24 Sep 1988
<b>2.28</b>	Geoff Parsons	London AC	World Student Games	Duisburg, GER	30 Aug 1989
<b>2.29</b>	Geoff Parsons	London AC	Westathletic Cup	Vienna, AUT	24 Jun 1990
<b>2.30</b>	Geoff Parsons	London AC	Singapore Open	Singapore	4 Aug 1990
<b>2.31</b>	Geoff Parsons	Blue Circle AC	Commonwealth Games	Victoria, CAN	26 Aug 1994
<b>Native records</b>					
<b>6' 0</b>	John Parsons	Edinburgh Univ AC		Partick	Apr 1884
<b>6' 0½</b>	R.G. Murray	W of Scotland H	Scottish Championships	Powderhall	25 Jun 1904
<b>6' 0¾</b>	John Michie	W of Scotland H	Scottish Championships	Hampden Park	24 Jun 1933
<b>6' 1¾</b>	Alan Paterson	Victoria Park AAC	Lennoxtown Sports	Lennoxtown	30 Jun 1945
<b>6' 3</b>	Alan Paterson	Victoria Park AAC	Rangers Sports	Ibrox Park	4 Aug 1945
<b>6' 6½</b>	Alan Paterson	Victoria Park AAC	Rangers Sports	Ibrox Park	3 Aug 1946
<b>6' 7½</b>	Alan Paterson	Victoria Park AAC	Rangers Sports	Ibrox Park	2 Aug 1947
<b>6' 8</b>	Crawford Fairbrother	Victoria Park AAC	Lanarkshire Police	Glasgow (Sh)	4 Jun 1960
<b>6' 8¼</b>	Crawford Fairbrother	Victoria Park AAC	Edinburgh Highland G	Murrayfield	20 Aug 1960
<b>6' 8½</b>	Crawford Fairbrother	Victoria Park AAC	Scottish Championships	New Meadowbank	24 Jun 1961
<b>6' 9¼</b>	Crawford Fairbrother	Victoria Park AAC	Scottish Championships	New Meadowbank	23 Jun 1962
<b>6' 9½</b>	Crawford Fairbrother	Victoria Park AAC	Glasgow Champs	Scotstoun	19 Sep 1964
<b>(2.07)</b>					
<b>2.10</b>	Angus McKenzie	Edinburgh Southern	Scottish Championships	Meadowbank	28 Jun 1975
<b>2.15</b>	Brian Burgess	Edinburgh AC	Scottish Championships	Meadowbank	26 Jun 1976
<b>2.18</b>	Stephen Ritchie	Pitreavie AAC	Scotland Jun v NI	Dumfries	15 Jul 1989
<b>2.19</b>	David Barnetson	Edinburgh Southern	Scottish Championships	Meadowbank	4 Jul 1992
<b>2.20</b>	David Barnetson	Edinburgh Southern	Open Meeting	Grangemouth	3 Aug 1997
<b>2.22</b>	David Smith	Giffnock North	Glasgow Grand Prix	Hampden Park	11 Jul 2014
<b>2.24</b>	Ray Bobrownicki	Vict Pk Glasgow	Scottish League	Grangemouth	13 Jul 2014
<b>2.28</b>	Ray Bobrownicki	Vict Pk Glasgow	Scottish League	Grangemouth	13 Jul 2014
<b>All-comers' records</b>					
<b>6'0</b>	John Parsons	Scotland	West of Scot. Sports	Partick	Apr 1884
<b>6'1</b>	James Ryan	Ireland	Scotland v Ireland	Celtic Park	20 Jul 1895
<b>6'1¾</b>	Samuel Jones	USA	Ayr FC Sports	Ayr	21 Jul 1902
<b>6'2⅛</b>	Tim Carroll	Ireland	Rangers Sports	Ibrox Park	1 Aug 1914
<b>6'2½</b>	Howard Baker	England	Rangers Sports	Ibrox Park	6 Aug 1921
<b>6'4</b>	Pierre Lewden	France	Rangers Sports	Ibrox Park	2 Aug 1924
<b>6'5¾</b>	Harold Osborn	USA	Glenpark H Meet	Greenock	25 Jul 1925
<b>6'6⅜</b>	Harold Osborn	USA	Rangers Sports	Ibrox Park	1 Aug 1925
<b>6'6½</b>	Alan Paterson	Scotland	Rangers Sports	Ibrox Park	3 Aug 1945
<b>6'7½</b>	Alan Paterson	Scotland	Rangers Sports	Ibrox Park	2 Aug 1947
<b>6'7½</b>	Bill Vessie	USA	Rangers Sports	Ibrox Park	2 Aug 1947
<b>6'8¼</b>	Buddy Davis	USA	Rangers Sports	Ibrox Park	2 Aug 1952
<b>6'8½</b>	Ernest Haisley	Jamaica	Rangers Sports	Ibrox Park	9 Aug 1958
<b>6'9¼</b>	Crawford Fairbrother	Scotland	Scottish Championships	New Meadowbank	23 Jun 1962
<b>6'9½</b>	Crawford Fairbrother	Scotland	Glasgow Championships	Scotstoun	19 Sep 1964
<b>2.14/7'0¼</b>	Lawrence Peckham	Australia	Commonwealth Games	Meadowbank	18 Jul 1970
<b>2.15</b>	Valentin Gavrillov	USSR	Europa Cup	Meadowbank	8 Sep 1973
<b>2.21</b>	Tom Woods	USA	Edinburgh Highland G	Meadowbank	22 Aug 1976
<b>2.25</b>	Eddie Annys	Belgium	Tarmac Games	Meadowbank	26 Jun 1983
<b>2.27</b>	Jacek Wszola	Poland	HFC Trust Games	Meadowbank	17 Jul 1984
<b>2.30</b>	Milton Ottey	Canada	Commonwealth Games	Meadowbank	31 Jul 1986
<b>2.30</b>	Yaroslav Rybakov	Russia	GB v Russia v USA	Scotstoun	5 Jun 2005
<b>2.31</b>	Derek Drouin	Canada	Commonwealth Games	Hampden Park	30 Jul 2014

## Pole Vault

### National records

<b>14'0½</b>	David Stevenson	Edinburgh Univ	SAAA Championships	New Meadowbank	23 Jun 1962
--------------	-----------------	----------------	--------------------	----------------	-------------

<b>15' 1¼</b>	David Stevenson	Edinburgh Univ	Gourock Highland Games	Gourock	25 Jul 1964
<b>15' 4 (4.67)</b>	David Stevenson	Edinburgh SH	East District	New Meadowbank	28 May 1966
<b>4.88</b>	Richard Williamson	Edinburgh AC	SAAA Championships	Meadowbank	25 Jun 1978
<b>4.90</b>	Graham Eggleton	Haringey AC	Reading Gala of Sport	Reading	14 May 1981
<b>5.00</b>	Graham Eggleton	Haringey AC	SAAA Championships	Meadowbank	20 Jun 1981
<b>5.10</b>	Graham Eggleton	Haringey AC	British League	London	25 Jul 1981
<b>5.13</b>	Graham Eggleton	Haringey AC	GRE Cup Semi Final	Bristol	16 Aug 1981
<b>5.15</b>	Graham Eggleton	Haringey AC	CAU Championships	Birmingham	23 Aug 1981
<b>5.21</b>	Graham Eggleton	Haringey AC	SAAA Championships	Grangemouth	10 Jul 1982
<b>5.22</b>	Richard Hurren	Falkirk Victoria H	Telis-Finanz Springen	Regensburg, GER	29 May 2010
<b>5.30</b>	Gregor Maclean	Edinburgh AC	Seivas Carnival	Somero, FIN	30 Jun 2011
<b>5.35</b>	Gregor Maclean	Shaftesbury	UK Championships	Birmingham	23 Jun 2012
<b>5.50</b>	Jax Thoires	Vict Pk Glasgow	Pole Vault Festival	Somero, FIN	29 Jun 2013
<b>Native records</b>					
<b>11' 5</b>	Patrick Ogilvie	Cambridge Univ AC	Natl. Cyclist Union Meet	Largs	29 Sep 1930
<b>11' 7</b>	Patrick Ogilvie	Cambridge Univ AC	Scottish Championships	Hampden Park	27 Jun 1931
<b>12' 0⅛</b>	Patrick Ogilvie	Glasgow Univ AC	Inter' Universities	Westerlands	11 Jun 1932
<b>12' 1¾</b>	Norman Gregor	Kent Constabulary	Cowal Games	Dunoon	27 Aug 1949
<b>12' 8</b>	Norman Gregor	Kent Constabulary	Cowal Games	Dunoon	26 Aug 1950
<b>12' 11¼</b>	Norman Gregor	Kent Constabulary	Glasgow Highland G	Celtic Park	19 May 1951
<b>13' 0</b>	Norman Gregor	Kent Constabulary	Glasgow Police Sports	Hampden Park	9 Jun 1951
<b>13' 2</b>	Norman Gregor	Kent Constabulary	Rangers Sports	Ibrox Park	2 Aug 1952
<b>13' 3¾</b>	Norman Gregor	Kent Constabulary	Rangers Sports	Ibrox Park	1 Aug 1953
<b>13' 6¼</b>	Norman Gregor	Kent Constabulary	Rangers Sports	Ibrox Park	7 Aug 1954
<b>13' 7½</b>	David Stevenson	Edinburgh Univ AC	Scottish Universities	Craiglockhart	2 Jun 1962
<b>14' 0½</b>	David Stevenson	Edinburgh Univ AC	Scottish Championships	New Meadowbank	23 Jun 1962
<b>14' 0½</b>	David Stevenson	Edinburgh Univ AC	SAAA v Atalanta	Pitreavie	3 Jul 1963
<b>14' 3</b>	David Stevenson	Edinburgh Univ AC	Cowal Highland Games	Dunoon	30 Aug 1963
<b>14' 4</b>	David Stevenson	Edinburgh Univ AC	Scottish Championships	New Meadowbank	27 Jun 1964
<b>15' 1¼</b>	David Stevenson	Edinburgh Univ AC	Gourock Highland G	Gourock	25 Jul 1964
<b>15' 1¾</b>	David Stevenson	Edinburgh Univ AC	Cowal Highland Games	Dunoon	29 Aug 1964
<b>15' 4 (4.67)</b>	David Stevenson	Edinburgh Southern	East District	New Meadowbank	28 May 1966
<b>4.88</b>	Richard Williamson	Edinburgh AC	Scottish Championships	Meadowbank	25 Jun 1977
<b>4.95</b>	Richard Hurren	Harrow AC	Scottish Championships	Scotstoun	15 Aug 2004
<b>5.00</b>	Richard Hurren	Newham & Essex	Scottish Championships	Pitreavie	21 Jun 2009
<b>5.05</b>	Richard Hurren	Falkirk Victoria H	Scottish League	Grangemouth	30 Aug 2009
<b>5.20</b>	Jax Thoires	Vict Pk Glasgow	Open Meeting	Grangemouth	3 Jul 2013
<b>5.25</b>	Jax Thoires	Vict Pk Glasgow	Scottish Championships	Scotstoun	11 Aug 2013
<b>5.35</b>	Jax Thoires	Vict Pk Glasgow	Glasgow Grand Prix	Hampden Park	11 Jul 2014
<b>5.35</b>	Jax Thoires	Vict Pk Glasgow	Commonwealth Games	Hampden Park	1 Aug 2014
<b>5.45</b>	Jax Thoires	Vict Pk Glasgow	Commonwealth Games	Hampden Park	1 Aug 2014
<b>All-comers' records</b>					
<b>11' 1</b>	Tom Ray	England	Queen's Park Sports	Hampden Park	5 Sep 1885
<b>11' 2½</b>	E Latimer Stones	England	Scottish Championships	Powderhall	23 Jun 1888
<b>11' 4</b>	E Latimer Stones	England	Scottish Championships	Hampden Park	22 Jun 1889
<b>12' 4½</b>	Victor Pickard	Canada	Glenpark H meet	Cappielow Park	26 Jul 1924
<b>13' 0</b>	Andries du Plessis	South Africa	Atalanta v S Africa	Craiglockhart	22 Aug 1936
<b>14' 3</b>	Cornelius Warmerdam	USA	Rangers Sports	Ibrox Park	6 Aug 1938
<b>14' 8</b>	Bob Richards	USA	Police Sports	Hampden Park	9 Jun 1951
<b>15' 8½</b>	John Cramer	USA	Edinburgh Highland G	Murrayfield	15 Aug 1964
<b>5.00/16' 4¾</b>	Michael Bull	Northern Ireland	British Games	Meadowbank	13 Jun 1970
<b>5.10</b>	Michael Bull	Northern Ireland	Commonwealth Games	Meadowbank	22 Jul 1970
<b>5.24</b>	Wojciech Buciarski	Poland	GB v Poland	Meadowbank	17 Jun 1972
<b>5.35</b>	Steve Smith	USA	ESH Floodlit Meeting	Meadowbank	16 Sep 1972
<b>5.43</b>	Tadeusz Slusarki	Poland	Coca-Cola International	Meadowbank	6 Aug 1976

<b>5.50</b>	Brian Hooper	England	GB v Sweden	Meadowbank	13 Sep 1980
<b>5.50</b>	Zbigniew Radzikowski	Poland	Iveco Games	Meadowbank	31 Jul 1982
<b>5.50</b>	Mike Tully	USA	Iveco Games	Meadowbank	31 Jul 1982
<b>5.55</b>	Patrick Abada	France	Tarmac Games	Meadowbank	26 Jun 1983
<b>5.75</b>	Wladyslaw Kozakiewicz	Poland	HFC Trust Games	Meadowbank	17 Jul 1984
<b>5.80</b>	Pat Manson	USA	TSB Challenge	Meadowbank	8 Jul 1994

## Long Jump

### National records

<b>23'7<sup>5</sup>/<sub>8</sub></b>	Kenneth Duncan	Oxford Univ	GB v Finland	Hampden Park	29 Jun 1935
<b>23'8</b>	Hamish Robertson	Glasgow Univ	West District	Westerlands	28 May 1966
<b>23'9<sup>1</sup>/<sub>4</sub></b>	Hamish Robertson	Glasgow Univ	West District	Westerlands	27 May 1967
<b>24'2<sup>1</sup>/<sub>2</sub></b>	David Walker	Edinburgh SH	SAAA Championships	Grangemouth	24 Jun 1967
<b>24'6</b>	David Walker	Edinburgh SH	British Isles Cup	Grangemouth	8 Jun 1968
<b>25'2 (7.67)</b>	David Walker	Edinburgh SH	GB v The Rest	Portsmouth	14 Sep 1968
<b>7.86</b>	Darren Ritchie	Sale Harriers	AAA Championships	Birmingham	15 Jun 1996
<b>7.88</b>	Darren Ritchie	Sale Harriers	UK League Gold Cup	Bedford	20 Aug 2000
<b>7.93</b>	Darren Ritchie	Sale Harriers	AAA Championships	Birmingham	13 Jul 2002
<b>7.95</b>	Darren Ritchie	Sale Harriers		Alfaz del Pi, ESP	14 Apr 2004
<b>7.97</b>	Darren Ritchie	Sale Harriers		Alfaz del Pi, ESP	14 Apr 2004
<b>8.01</b>	Darren Ritchie	Sale Harriers		Gudalajara, ESP	16 Jun 2004

### Native records

<b>21' 11</b>	Tom Vallance	Rangers FC	Queen's Park Sports	Hampden Park	3 Sep 1881
<b>22' 1</b>	Hugh Barr	Edinburgh H	Scottish Championships	Powderhall	27 Jun 1896
<b>23' 2</b>	Hugh Barr	Edinburgh H	Scotland v Ireland	Powderhall	15 Jul 1899
<b>23' 2<sup>1</sup>/<sub>2</sub></b>	William Hunter	Edinburgh Univ AC	Scottish Championships	Powderhall	27 Jun 1914
<b>23' 4<sup>1</sup>/<sub>2</sub></b>	Robert Robertson	Glasgow Univ AC	Glasgow Univ Champs	Westerlands	12 May 1934
<b>23' 7<sup>5</sup>/<sub>8</sub></b>	Sandy Duncan	Oxford Univ AC	GB v Finland	Hampden Park	29 Jun 1935
<b>23' 8</b>	Hamish Robertson	Glasgow Univ AC	West District	Westerlands	28 May 1966
<b>23' 9<sup>1</sup>/<sub>4</sub></b>	Hamish Robertson	Glasgow Univ AC	West District	Westerlands	27 May 1967
<b>24' 2<sup>1</sup>/<sub>2</sub></b>	David Walker	Edinburgh SH	Scottish Championships	Grangemouth	24 Jun 1967
<b>24' 6 (7.47)</b>	David Walker	Edinburgh SH	British Isles Cup	Grangemouth	8 Jun 1968
<b>7.47</b>	Stewart Atkins	Birchfield H	Edinburgh Highland G	Meadowbank	17 Aug 1974
<b>7.48</b>	Kenneth McKay	Pitreavie AAC	Scottish Championships	Meadowbank	13 Jun 1986
<b>7.80</b>	Darren Ritchie	Sale Harriers	Scottish Championships	Scotstoun	29 Jul 2000

### All-comers' records

<b>21'11</b>	Thomas Vallance	Scotland	Queen's Park Sports	Hampden Park	3 Sep 1881
<b>22'2<sup>1</sup>/<sub>2</sub></b>	Thomas Kiely	Ireland	Scotland v Ireland	Celtic Park	20 Jul 1895
<b>22'3</b>	Walter Newburn	Ireland	Scotland v Ireland	Powderhall	17 Jul 1897
<b>23'2</b>	Hugh Barr	Scotland	Scotland v Ireland	Powderhall	15 Jul 1899
<b>23'9<sup>1</sup>/<sub>4</sub></b>	Peter O'Connor	Ireland	Scotland v Ireland	Gilmorehill	29 Jun 1901
<b>23'10<sup>3</sup>/<sub>8</sub></b>	A Laine	Finland	GB v Finland	Hampden Park	29 Jun 1935
<b>24'1<sup>1</sup>/<sub>2</sub></b>	Sylvanus Williams	Nigeria	Scottish Universities	Craiglockhart	3 Jun 1950
<b>24'1<sup>1</sup>/<sub>2</sub></b>	Sylvanus Williams	Nigeria	Scottish Championships	Hampden Park	24 Jun 1950
<b>24'2<sup>1</sup>/<sub>2</sub></b>	David Walker	Scotland	Scottish Championships	Grangemouth	24 Jun 1967
<b>24'6</b>	David Walker	Scotland	British Isles Cup	Grangemouth	8 Jun 1968
<b>7.78</b> <b>(25'6<sup>1</sup>/<sub>4</sub>)</b>	Alan Lerwill	England	Commonwealth Games	Meadowbank	21 Jul 1970
<b>7.94</b>	Phillip May	Australia	Commonwealth Games	Meadowbank	22 Jul 1970
<b>8.12</b>	Hans Baumgartner	FRG	Europa Cup	Meadowbank	8 Sep 1973
<b>8.13</b>	Larry Myricks	USA	Miller Lite IAC International	Meadowbank	7 Jul 1989
<b>8.14</b>	Vladimir Ochkan	USSR	GB v USSR	Meadowbank	19 Jul 1991
<b>8.20</b>	Savante Stringfellow	USA	GB v USSR v USA	Scotstoun	18 Aug 2002
<b>8.26</b>	Dwight Phillips	USA	GB v USSR v USA	Scotstoun	5 Jun 2005

<b>Triple Jump</b>					
<b>National records</b>					
<b>47'10</b>	Tom McNab	Victoria Park AAC	VPAAC v Glasgow Univ	Scotstoun	30 Apr 1958
<b>48'3</b>	Hamish Robertson	Bellahouston H	West District	Ayr	29 May 1965
<b>49'4½ (15.05)</b>	Hamish Robertson	Glasgow Univ	AAA Championships	London (WC)	8 Jul 1966
<b>15.27</b>	Hamish Robertson	Bellahouston H	SAAA Championships	Meadowbank	24 Jun 1972
<b>15.68</b>	William Clark	Edinburgh SH	SAAA v Lge/RAF/Achilles	Meadowbank	15 Sep 1973
<b>15.78</b>	William Clark	Edinburgh SH	AAA Championships	London (CP)	12 Jul 1974
<b>16.08</b>	Craig Duncan	Edinburgh SH	AAA Championships	London (CP)	21 Jun 1986
<b>16.08</b>	Craig Duncan	Edinburgh SH	AAA Championships	London (CP)	2 Aug 1987
<b>16.17</b>	John Mackenzie	Belgrave Harriers	GRE Cup Final	Bedford	17 Sep 1994
<b>Native records</b>					
<b>43' 0¾</b>	Samuel Beattie	Victoria Park AAC	Scottish Championships	Hampden Park	24 Jun 1938
<b>45' 3¼</b>	James Howden	Boroughmuir FP	Scottish Championships	Hampden Park	23 Jun 1939
<b>45' 9¾</b>	Allan Lindsay	St Andrews Univ	Helensburgh High G	Helensburgh	23 Jul 1949
<b>47' 2</b>	Allan Lindsay	St Andrews Univ	Edinburgh Highland G	Murrayfield	3 Sep 1949
<b>47' 10</b>	Thomas McNab	Victoria Park AAC	Vict Pk v Glas Univ	Scotstoun	30 Apr 1958
<b>48' 3 (14.70)</b>	Hamish Robertson	Bellahouston H	West District	Ayr	29 May 1965
<b>14.74</b>	Hamish Robertson	Bellahouston H	Scottish Championships	Meadowbank	5 Jun 1970
<b>15.27</b>	Hamish Robertson	Bellahouston H	Scottish Championships	Meadowbank	24 Jun 1972
<b>15.68</b>	William Clark	Edinburgh SH	SAAA v Lge/RAF/Ach	Meadowbank	15 Sep 1973
<b>15.68</b>	Craig Duncan	Shettleston H	Commonwealth Games	Meadowbank	2 Aug 1984
<b>16.01</b>	Craig Duncan	Edinburgh SH	Scottish Championships	Meadowbank	20 Jun 1987
<b>All-comers' records</b>					
<b>43'0¾</b>	Samuel Beattie	Scotland	Scottish Championships	Hampden Park	25 Jun 1938
<b>45'3¼</b>	James Howden	Scotland	Scottish Championships	Hampden Park	23 Jun 1939
<b>45'9¾</b>	Allan Lindsay	Scotland	Helensburgh High Games	Helensburgh	23 Jul 1949
<b>47'2</b>	Allan Lindsay	Scotland	Edinburgh Highland G	Murrayfield	3 Sep 1949
<b>48'5¾</b>	William Laing	Gold Coast	Scottish Universities	Craiglockhart	3 Jun 1950
<b>50'11¾</b>	Fred Alsop	England	British Isles Cup	Grangemouth	10 Jun 1967
<b>16.09</b>	Michael McGrath	Australia	Commonwealth Games	Meadowbank	24 Jul 1970
<b>52'9¼</b>	Phillip May	Australia	Commonwealth Games	Meadowbank	25 Jul 1970
<b>16.78</b>	Viktor Sanyeyev	USSR	Europa Cup	Meadowbank	9 Sep 1973
<b>16.84</b>	Michael Conley	USA	Tarmac Games	Meadowbank	26 Jun 1983
<b>16.87</b>	Willie Banks	USA	Dairy Crest Games	Meadowbank	23 Jul 1985
<b>17.00</b>	Jan Cado	USA	IAC Grand Prix	Meadowbank	6 Jul 1990

<b>Shot</b>					
<b>National records</b>					
<b>59'2½</b>	Michael Lindsay	Queen's Park H	Empire Games	Perth, AUS	29 Nov 1962
<b>60'8½ † (18.50)</b>	Michael Lindsay	Queen's Park H	Inter-Club Meeting	Paddington	2 Jul 1963
† Lindsay's putt was retrospectively recognised in 1970					
<b>18.93</b>	Paul Buxton	Washington St. U	PAC-8 Conference Meet	Westwood CA, USA	13 May 1977
<b>Native records</b>					
<b>42' 8</b>	Kenneth Whitton	St George's FC	Edinburgh Bicycle Club	Powderhall	6 Jun 1885
<b>43' 1</b>	James MacIntosh	West End ARC	Scottish Championships	Ibrox Park	22 Jun 1895
<b>43' 3</b>	James MacIntosh	West End ARC	Scottish Championships	Powderhall	27 Jun 1896
<b>44' 0</b>	Tom Nicolson	Kyle's Shinty & AC	Celtic Sports	Celtic Park	8 Aug 1903
<b>45' 2</b>	Tom Kirkwood	Liverpool Scot. Vol.	Scottish Championships	Powderhall	23 Jun 1906
<b>45' 8½</b>	Tom Kirkwood	Liverpool Scot. Vol.	SAAA v Universities	Aberdeen (KC)	26 Sep 1906
<b>46' 5</b>	James Drummond	Heriot's AC	Inter' Club	Edinburgh (G)	29 May 1951

<b>46' 7</b>	Thomas Logan	Renfrew & Bute Constabulary	SAAA v Atalanta	New Meadowbank	6 Jul 1954
<b>52' 3½</b>	Michael Lindsay	Queen's Park H	Edinburgh Highland G	Murrayfield	17 Aug 1957
<b>52' 5½</b>	<i>Michael Lindsay</i>	<i>Queen's Park H</i>	<i>Bute Highland G</i>	<i>Rothesay</i>	<i>23 Aug 1958</i>
<b>52' 9½</b>	Michael Lindsay	Queen's Park H	Cowal Highland G	Dunoon	29 Aug 1958
<b>55' 2½</b>	Michael Lindsay	Anglo' Scottish AC	Edinburgh Highland G	Murrayfield	22 Aug 1959
<b>57' 4</b>	Michael Lindsay	Queen's Park H	Edinburgh Highland G	Murrayfield	18 Aug 1962
<b>58' 4¼ (17.78)</b>	Michael Lindsay	Queen's Park H	British Isles Cup	Grangemouth	8 Jun 1968
<b>17.84</b>	Paul Buxton	Edinburgh SH	ESH Gala Day	Meadowbank	15 Aug 1976
<b>18.16</b>	Stephan Hayward	Sale Harriers	Scottish Championships	Crownpoint	29 Jun 1996
<b>18.22</b>	Stephan Hayward	Sale Harriers	Open meeting	Grangemouth	24 May 2000
<b>18.27</b>	Stephan Hayward	Sale Harriers	Open meeting	Grangemouth	23 Aug 2000
<b>18.31</b>	Stephan Hayward	Sale Harriers	Open meeting	Grangemouth	23 Aug 2000
<b>18.79</b>	Stephan Hayward	Sale Harriers	Open meeting	Grangemouth	6 Sep 2000
<b>All-comers' records</b>					
<b>42' 8</b>	Kenneth Whitton	Scotland	QERVB Sports	Edinburgh	6 Jun 1885
<b>43' 1</b>	John MacIntosh	Scotland	Scottish Championships	Hampden Park	22 Jun 1895
<b>44' 7</b>	Denis Horgan	Ireland	Scotland v Ireland	Celtic Park	20 Jul 1895
<b>45' 10½</b>	Denis Horgan	Ireland	Scotland v Ireland	Powderhall	15 Jul 1899
<b>47' 1</b>	Denis Horgan	Ireland	Celtic Sports	Celtic Park	12 Aug 1899
<b>48' 8</b>	M Alarotu	Finland	GB v Finland	Hampden Park	29 Jun 1935
<b>49' 10</b>	John Savidge	England	Police Sports	Hampden Park	9 Jun 1951
<b>55' 1½</b>	Jim Fuchs	USA	Rangers Sports	Ibrox Park	4 Aug 1951
<b>55' 2</b>	Parry O'Brien	USA	Edinburgh Highland G	Murrayfield	23 Aug 1952
<b>57' 10</b>	Parry O'Brien	USA	Police Sports	Ibrox Park	13 Jun 1953
<b>61' 3½</b>	Arthur Rowe	England	Edinburgh Highland G	Murrayfield	19 Aug 1961
<b>19.07 62' 6¾</b>	Leslie Mills	New Zealand	Invitation Meet	Grangemouth	12 Jul 1970
<b>19.21</b>	David Steen	Canada	Commonwealth Games	Meadowbank	25 Jul 1970
<b>19.48</b>	Geoff Capes	England	Edinburgh Highland G	Meadowbank	21 Aug 1971
<b>20.95</b>	Wladyslaw Komar	Poland	GB v Poland	Meadowbank	16 Jun 1972
<b>20.95</b>	Hartmut Briesenick	East Germany	Europa Cup	Meadowbank	8 Sep 1973
<b>21.23</b>	Tom Walsh	New Zealand	Glasgow Grand Prix	Hampden Park	11 Jul 2014
<b>21.67</b>	Reese Hoffa	USA	Glasgow Grand Prix	Hampden Park	11 Jul 2014

## Discus

### National records

<b>172' 6</b>	Michael Lindsay	Queen's Park H	Empire Games	Perth, AUS	26 Nov 1962
<b>181' 6 † (55.32)</b>	Michael Lindsay	Oklahoma Univ	Oklahoma v Oklahoma State	Stillwater OK, USA	4 May 1960

† *Lindsay's throw was retrospectively recognised in 1970*

<b>56.44</b>	Colin Sutherland	Mitcham AC	Coca-Cola International	Meadowbank	6 Aug 1976
<b>58.36</b>	Darrin Morris	Pitreavie AAC	Loughboro' v Cambridge U	Loughborough	2 May 1990
<b>58.58</b>	Darrin Morris	Pitreavie AAC	British League	Enfield	22 Jun 1991
<b>58.77</b>	Angus McInroy	Shaftesbury	EAP Intl. Throws Meet	Donnas, ITA	10 Jul 2010
<b>60.49</b>	Nicholas Percy	Nebraska Univ	Husker Spring Invitational	Lincoln NE, USA	9 Apr 2016
<b>60.52</b>	Nicholas Percy	Nebraska Univ	Kansas Relays	Lawrence KS, USA	23 Apr 2016
<b>61.27</b>	Nicholas Percy	Nebraska Univ	NCAA Championships	Eugene OR, USA	10 Jun 2016
<b>61.78</b>	Nicholas Percy	Shaftesbury	Helsingborg Throws	Helsingborg, SWE	11 Jul 2016
<b>61.78</b>	Nicholas Percy	Shaftesbury	Helsingborg Throws	Helsingborg, SWE	22 Jul 2016
<b>63.38</b>	Nicholas Percy	Shaftesbury	Helsingborg Throws	Helsingborg, SWE	22 Jul 2016

### Native records

<b>126' 0</b>	Alexander Smith	Glasgow Police AC	Scottish Championships	Hampden Park	26 Jun 1926
<b>130' 7½</b>	Alexander Smith	Glasgow Police AC	Scottish Championships	Hampden Park	27 Jun 1931



<b>135' 7½</b>	Alexander Smith	Glasgow Police AC		Sanquhar	1934
<b>136' 10½</b>	David Young	Glasgow Police AC	Scottish Championships	Hampden Park	26 Jun 1937
<b>153' 8</b>	David Young	Glasgow Police AC	Scottish Championships	Hampden Park	25 Jun 1938
<b>155' 3</b>	Harry Duguid	Edinburgh Univ AC	Inter' University	Craiglockhart	12 May 1951
<b>160' 11</b>	Michael Lindsay	Queen's Park H	Edinburgh Highland G	Murrayfield	22 Aug 1959
<b>167' 10 (51.16)</b>	Michael Lindsay	Queen's Park H	British Isles Cup	Grangemouth	8 Jun 1968
<b>53.14</b>	Paul Buxton	Edinburgh SH	East District	Meadowbank	31 May 1975
<b>54.38</b>	Paul Buxton	Edinburgh SH	British League	Meadowbank	10 Jul 1976
<b>56.42</b>	Paul Buxton	Edinburgh SH	Coca' Cola International	Meadowbank	6 Aug 1976
<b>56.76</b>	Angus McInroy	Shettleston H	Scottish Championships	Pitreavie	17 Jul 2010
<b>57.28</b>	Angus McInroy	Shettleston H	Commonwealth Games	Hampden Park	30 Jul 2014
<b>59.90</b>	Nicholas Percy	Shaftesbury Barnet	Scottish Championships	Grangemouth	14 Aug 2016
<b>All-comers' records</b>					
<b>135'7½</b>	Sandy Smith	Scotland	K.O.S.B.Meeting	Sanquhar	11 Aug 1934
<b>146'5½</b>	Kalevi Kotkas	Finland	GB v Finland	Hampden Park	29 Jun 1935
<b>153'8</b>	David Young	Scotland	Scottish Championships	Hampden Park	25 Jun 1938
<b>155'3</b>	Harry Duguid	Scotland	Edin Univ v Glas Univ	Craiglockhart	12 May 1951
<b>166'1</b>	Sim Iness	USA	Rangers Sports	Ibrox Park	2 Aug 1952
<b>172'11</b>	William Tancred	England	British Isles Cup	Grangemouth	7 Jun 1969
<b>53.02 173'11</b>	Arthur McKenzie	England	ESH Trophy Meeting	Meadowbank	30 May 1970
<b>55.80</b>	Robin Tait	New Zealand	Invitation Meet	Grangemouth	12 Jul 1970
<b>59.02</b>	George Puce	Canada	Commonwealth Games	Meadowbank	22 Jul 1970
<b>63.10</b>	Pentti Kahma	Finland	Europa Cup	Meadowbank	9 Sep 1973
<b>66.44</b>	Ludvik Danek	Czechoslovakia	GB v Czechoslovakia	Meadowbank	27 Jul 1974
<b>66.56</b>	Jurgen Schult	East Germany	Miller Lite IAC International	Meadowbank	7 Jul 1989

<b>Hammer</b>					
<b>National records</b>					
<b>192'6</b>	Ewan Douglas	Field Events Club	Field Events Club Meeting	Craiglockhart	28 Apr 1955
<b>195'8</b>	Lawrence Bryce	Strathclyde Univ	SAAA Championships	Grangemouth	24 Jun 1967
<b>201'4</b>	Lawrence Bryce	Strathclyde Univ	Strathclyde U v H Watt U	Nethercraigs	3 May 1969
<b>202'6</b>	Lawrence Bryce	Strathclyde Univ	AAA Championships	London (WC)	1 Aug 1969
<b>202'8 (61.78)</b>	Lawrence Bryce	Strathclyde Univ	GB "B" v France "B"	Cwmbran	1 Aug 1970
<b>64.84</b>	Chris Black	Edinburgh SH	Inter-Club Meeting	Meadowbank	22 Apr 1972
<b>67.24</b>	Chris Black	Edinburgh SH	Comm. G Warm-up Meet	Timaru, NZL	20 Jan 1974
<b>68.96</b>	Chris Black	Edinburgh SH	Pye Gold Cup	Meadowbank	9 Jun 1974
<b>69.48</b>	Chris Black	Edinburgh SH	SAAA Championships	Meadowbank	22 Jun 1974
<b>70.16</b>	Chris Black	Edinburgh SH	Coca-Cola International	London (CP)	29 Aug 1975
<b>71.00</b>	Chris Black	Edinburgh SH	Invitation Meeting	Meadowbank	14 May 1976
<b>73.58</b>	Chris Black	Edinburgh SH	SAAA Championships	Meadowbank	26 Jun 1976
<b>74.12</b>	Chris Black	Edinburgh SH	Coca-Cola International	Meadowbank	6 Aug 1976
<b>74.98</b>	Chris Black	Edinburgh SH	Edinburgh Highland Games	Meadowbank	21 Aug 1976
<b>75.40</b>	Chris Black	Edinburgh SH	AAA Championships	London (CP)	23 Jul 1983
<b>76.93</b>	Mark Dry	Loughborough	International	Loughborough	17 May 2015
<b>Native records</b>					
<b>From 9' hammer circle</b>					
<b>117' 3</b>	James MacIntosh	West End Rowing C	Scottish Championships	Celtic Park	26 Jun 1897
<b>127' 1</b>	Tom Nicolson	Kyle's Shinty & AC	Scottish Championships	Hampden Park	21 Jun 1902
<b>140' 10</b>	Tom Nicolson	West of Scotland H	West of Scot H Meet	Ibrox Park	14 May 1903
<b>147' 9½</b>	Tom Nicolson	West of Scotland H	West of Scot H Meet	Celtic Park	13 Jun 1903
<b>149' 4</b>	Tom Nicolson	West of Scotland H	Scotland v Ireland	Powderhall	18 Jul 1903
<b>151' 6½</b>	Tom Nicolson	West of Scotland H	Rangers Sports	Ibrox Park	1 Aug 1903

<b>153' 0</b>	Tom Nicolson	West of Scotland H	Celtic Sports	Celtic Park	8 Aug 1903
<b>154' 1¾</b>	Tom Nicolson	West of Scotland H	Scottish Championships	Powderhall	25 Jun 1904
<b>154' 3</b>	Tom Nicolson	West of Scotland H	Rangers Sports	Ibrox Park	5 Aug 1905
<b>154' 9</b>	Tom Nicolson	West of Scotland H	Hearts Sports	Edinburgh (Ty)	21 Jul 1906
<b>158' 10½</b>	Tom Nicolson	West of Scotland H	Rangers Sports	Ibrox Park	4 Aug 1906
<b>From 7' hammer circle:</b>					
<b>162' 8</b>	Tom Nicolson	West of Scotland H	Scottish Championships	Edinburgh (Ex)	27 Jun 1908
<b>164' 8</b>	Tom Nicolson	West of Scotland H	Celtic Sports	Celtic Park	8 Aug 1908
<b>166' 9½</b>	Tom Nicolson	West of Scotland H	Scot v Irish' Americans	Edinburgh (Ex)	19 Aug 1908
<b>168' 9½</b>	Duncan Clark	Royal Ulster Const	Glasgow Police Sports	Hampden Park	28 Jun 1947
<b>175' 11</b>	Duncan Clark	Royal Ulster Const	Lighting & Cleansing Sp	New Meadowbank	17 Jun 1950
<b>179' 10</b>	Ewan Douglas	Atalanta AC	Lighting & Cleansing Sp	New Meadowbank	16 Jun 1951
<b>182' 10</b>	Ewan Douglas	Field Events Club			29 Jun 1954
<b>188' 5</b>	Ewan Douglas	Field Events Club		Craiglockhart	25 Sep 1954
<b>192' 6</b>	Ewan Douglas	Field Events Club	Field Events Club Meet	Craiglockhart	28 Apr 1955
<b>194' 0½</b>	Lawrie Bryce	Strathclyde Univ	West District	Westerlands	27 May 1967
<b>195' 8</b>	Lawrie Bryce	Strathclyde Univ	Scottish Championships	Grangemouth	24 Jun 1967
<b>201' 4 (61.36)</b>	Lawrie Bryce	Strathclyde Univ		Glasgow (N)	3 May 1969
<b>61.42</b>	Lawrie Bryce	Strathclyde Univ	Commonwealth Games	Meadowbank	18 Jul 1970
<b>64.84</b>	Chris Black	Edinburgh Southern	Inter' Club	Meadowbank	22 Apr 1972
<b>65.44</b>	Chris Black	Edinburgh Southern	Scottish League	Meadowbank	28 Apr 1974
<b>65.90</b>	Chris Black	Edinburgh Southern	British League	Meadowbank	11 May 1974
<b>68.96</b>	Chris Black	Edinburgh Southern	Pye Gold Cup	Meadowbank	9 Jun 1974
<b>69.48</b>	Chris Black	Edinburgh Southern	Scottish Championships	Meadowbank	22 Jun 1974
<b>71.00</b>	Chris Black	Edinburgh Southern	ESH Invitation Meet	Meadowbank	14 May 1976
<b>73.58</b>	Chris Black	Edinburgh Southern	Scottish Championships	Meadowbank	26 Jun 1976
<b>74.12</b>	Chris Black	Edinburgh Southern	Coca' Cola International	Meadowbank	6 Aug 1976
<b>74.98</b>	Chris Black	Edinburgh Southern	Edinburgh Highland G	Meadowbank	21 Aug 1976
<b>All-comers' records</b>					
<b>From 9' hammer circle</b>					
<b>117'3</b>	John MacIntosh	Scotland	Scottish Championships	Celtic Park	26 Jun 1897
<b>137'1</b>	Thomas Kiely	Ireland	Scotland v Ireland	Powderhall	17 Jul 1897
<b>141'4</b>	Thomas Kiely	Ireland	Scotland v Ireland	Powderhall	15 Jul 1899
<b>145'4</b>	Thomas Kiely	Ireland	Scotland v Ireland	Gilmorehill	29 Jun 1901
<b>147'9½</b>	Tom Nicolson	Scotland	West of Scot H Meet	Celtic Park	13 Jun 1903
<b>149'4</b>	Tom Nicolson	Scotland	Scotland v Ireland	Powderhall	18 Jul 1903
<b>151'6½</b>	Tom Nicolson	Scotland	Rangers Sports	Ibrox Park	1 Aug 1903
<b>153'0</b>	Tom Nicolson	Scotland	Celtic Sports	Celtic Park	8 Aug 1903
<b>154'1¾</b>	Tom Nicolson	Scotland	Scottish Championships	Powderhall	25 Jun 1904
<b>154'3</b>	Tom Nicolson	Scotland	Rangers Sports	Ibrox Park	5 Aug 1905
<b>154'9</b>	Tom Nicolson	Scotland	Hearts Sports	Tynecastle Park	21 Jul 1906
<b>158'10½</b>	Tom Nicolson	Scotland	Rangers Sports	Ibrox Park	2 Aug 1906
<b>From 7' hammer circle:</b>					
<b>162'8</b>	Tom Nicolson	Scotland	Scottish Championships	Edinburgh Exhib	27 Jun 1908
<b>164'8</b>	Tom Nicolson	Scotland	Celtic Sports	Celtic Park	8 Aug 1908
<b>167'11½</b>	Lee Talbott	USA	Scotland v Irish-American	Edinburgh Exhib	19 Aug 1908
<b>168'7½</b>	John Flannagan	USA/Ireland	Celtic Sports	Celtic Park	12 Aug 1911
<b>170'3½</b>	G Kordas	Poland	Inter-Unit	St Andrews	14 Jun 1941
<b>175'11</b>	Duncan Clark	Scotland	Lighting & Cleansing Sp	New Meadowbank	17 Jun 1950
<b>179'10</b>	Ewan Douglas	Scotland	Lighting & Cleansing Sp	New Meadowbank	16 Jun 1951
<b>182'10</b>	Ewan Douglas	Scotland			29 Jun 1954
<b>188'5</b>	Ewan Douglas	Scotland			25 Sep 1954
<b>192'6</b>	Ewan Douglas	Scotland	Field Events Club	Craiglockhart	28 Apr 1955
<b>193'4</b>	Howard Payne	England	Scottish Championships	New Meadowbank	23 Jun 1962

<b>200'3</b>	Howard Payne	England	Edinburgh Highland G	Murrayfield	18 Aug 1962
<b>200'4</b>	Howard Payne	England	EUAC Champs	Craiglockhart	14 May 1966
<b>206'7</b>	Howard Payne	England	British Isles Cup	Grangemouth	8 Jun 1968
<b>207'9</b>	Howard Payne	England	British Isles Cup	Grangemouth	7 Jun 1969
<b>211'6½</b>	Howard Payne	England	Edinburgh Highland G	Murrayfield	23 Aug 1969
<b>67.42</b> <b>221'2</b>	Walter Schmidt	East Germany	British Games	Meadowbank	13 Jun 1970
<b>67.80</b>	Howard Payne	England	Commonwealth Games	Meadowbank	18 Jul 1970
<b>68.49</b>	Szymon Jaglinski	Poland	GB v Poland	Meadowbank	17 Jun 1972
<b>74.08</b>	Anatoly Bondarchuk	USSR	Europa Cup	Meadowbank	8 Sep 1973
<b>74.12</b>	Chris Black	Scotland	Coca-Cola International	Meadowbank	6 Aug 1976
<b>76.18</b>	Valentin Dmitrenko	USSR	GB v USSR	Meadowbank	26 Aug 1977
<b>81.64</b>	Yuriy Sedekh	USSR	Dairy Crest Games	Meadowbank	23 Jul 1985
<b>81.64</b>	Igor Astapkovich	USSR	Miller Lite IAC International	Meadowbank	7 Jul 1989

<b>Javelin</b>					
<b>National records</b>					
<b>204'11</b>	Ross Mackenzie	Edinburgh Univ	Edin Univ Championships	Craiglockhart	28 May 1955
<b>211'0</b>	Alan Heath	Octavians AC	East District	New Meadowbank	29 May 1965
<b>216'3</b>	Alan Heath	Oxford Univ	Oxford U v Cambridge U	London (WC)	7 May 1966
<b>237'2</b> <b>(72.30)</b>	Victor Mitchell	London AC	British Isles Cup	Grangemouth	10 Jun 1967
<b>73.74</b>	David Birkmyre	Victoria Park AAC	British Games	Meadowbank	13 Jun 1970
<b>75.88</b>	David Birkmyre	Victoria Park AAC	West District	Carlisle	29 May 1971
<b>New specification javelin introduced in 1986:</b>					
<b>69.20</b>	Roderick James	Nebraska Univ.	Drake Relays	Des Moines, USA	28 Apr 1989
<b>70.80</b>	Tom Dobbing	Newham & Essex	Inter-County Champs	Bedford	26 May 2003
<b>71.22</b>	James Campbell	Cheltenham	International	Loughborough	21 May 2006
<b>71.60</b>	James Campbell	Cheltenham	Bedford Games	Bedford	11 Jun 2006
<b>71.94</b>	James Campbell	Cheltenham	English Schools	Gateshead	7 Jul 2006
<b>73.18</b>	James Campbell	Cheltenham	World Junior Champs	Beijing, CHN	16 Aug 2006
<b>73.70</b>	James Campbell	Cheltenham	British Universities	Bedford	5 May 2008
<b>76.71</b>	James Campbell	Cheltenham	British Universities	Bedford	4 May 2009
<b>80.38</b>	James Campbell	Cheltenham	Scottish Championships	Pitreevie	18 Jul 2010
<b>Native records</b>					
<b>170' 0</b>	Jock Dalrymple	Birchfield H	Scottish Championships	Hampden Park	26 Jun 1926
<b>175' 5</b>	John Jackson	Field Events Club	Scottish Championships	Hampden Park	22 Jun 1935
<b>177' 10½</b>	John Jackson	Field Events Club	SAAA v British Police	Helenvale Park	4 Jul 1938
<b>181' 4</b>	Ross Mackenzie	Edinburgh Univ AC	Scottish Championships	Hampden Park	23 Jun 1951
<b>184' 5½</b>	Ross Mackenzie	Edinburgh Univ AC	Edin U v Queens U	Craiglockhart	2 May 1953
<b>185' 10</b>	Ross Mackenzie	Edinburgh Univ AC	Edin U v Glasgow U	Craiglockhart	9 May 1953
<b>187' 8½</b>	Fraser Riach	Jordanhill TC AC	Scottish Championships	New Meadowbank	27 Jun 1953
<b>193' 10</b>	Fraser Riach	Jordanhill TC AC	Nairn Highland Games	Nairn	15 Aug 1953
<b>195' 5½</b>	Fraser Riach	Jordanhill TC AC		Inverness	5 Sep 1953
<b>198' 1</b>	Ross Mackenzie	Edinburgh Univ AC	Scottish Universities	Craiglockhart	5 Jun 1954
<b>203' 8½</b>	Ross Mackenzie	Edinburgh Univ AC	Scottish Championships	New Meadowbank	25 Jun 1954
<b>204' 11</b>	Ross Mackenzie	Edinburgh Univ AC	Edin U Champs	Craiglockhart	28 May 1955
<b>211' 0</b>	Alan Heath	Octavians AC	East District	New Meadowbank	29 May 1965
<b>237' 2</b> <b>(72.30)</b>	Victor Mitchell	London AC	British Isles Cup	Grangemouth	10 Jun 1967
<b>73.74</b>	David Birkmyre	Victoria Park AAC	British Isles Cup	Meadowbank	13 Jun 1970
<b>75.88</b>	David Birkmyre	Victoria Park AAC	West District	Carlisle	29 May 1971
<b>New specification javelin introduced in 1986:</b>					
<b>65.76</b>	John Guthrie	Edinburgh Southern	Scottish Championships	Meadowbank	20 Jun 1987
<b>67.44</b>	John Guthrie	Edinburgh Southern		Meadowbank	17 May 1989

<b>68.60</b>	Roderick James	Edinburgh Southern	Scottish League	Crownpoint	14 Jun 1992
<b>70.47</b>	James Campbell	Cheltenham & Co.	Scottish U23 Champs	Meadowbank	17 Jun 2007
<b>73.00</b>	James Campbell	Cheltenham & Co.	Celtic Cup	Grangemouth	31 Jul 2007
<b>73.92</b>	James Campbell	Cheltenham & Co.	Scottish Championships	Pitreavie	21 Jun 2009
<b>74.71</b>	James Campbell	Cheltenham & Co.	Scottish Championships	Pitreavie	18 Jul 2010
<b>75.12</b>	James Campbell	Cheltenham & Co.	Scottish Championships	Pitreavie	18 Jul 2010
<b>80.38</b>	James Campbell	Cheltenham & Co.	Scottish Championships	Pitreavie	18 Jul 2010
<b>All-comers' records</b>					
<b>210'2½</b>	Hugo Vainio	Finland	GB v Finland	Hampden Park	29 Jun 1935
<b>224'8</b>	Alton Terry	USA	Scottish International Contest	Hampden Park	17 Aug 1936
<b>230'2</b>	Andrzej Walczak	Poland	Floodlit Meeting	Ibrox Park	15 Sep 1956
<b>249'6</b>	Jan Kopyto	Poland	Police Sports	Ibrox Park	15 Jun 1957
<b>82.92</b>	Wladyslaw Nikiciuk	Poland	British Games	Meadowbank	13 Jun 1970
<b>272'0</b>					
<b>90.68</b>	Klaus Wolfermann	West Germany	Europa Cup	Meadowbank	9 Sep 1973
<b>New specification javelin introduced in 1986:</b>					
<b>83.28</b>	Steven Backley	England	Miller Lite IAC International	Meadowbank	7 Jul 1989
<b>86.70</b>	Steven Backley	England	IAC Grand Prix	Meadowbank	6 Jul 1990
<b>88.46 *</b>	<i>Steven Backley</i>	<i>England</i>	<i>GB v USSR</i>	<i>Meadowbank</i>	<i>19 Jul 1991</i>
<i>*Record status subsequently removed following banning of rough-tailed javelin</i>					
<b>87.99</b>	Sergey Makarov	Russia	GB v USA v Russia	Scotstoun	18 Aug 2002

<b>Decathlon</b>					
<b>National records</b>					
<b>Using 1952 IAAF scoring tables</b>					
<b>5,456</b>	George McLachlan	St Modan's AC	SAAA Championships	Westerlands	9 Jun 1962
<b>5,633</b>	Norman Foster	Shettleston H	SAAA Championships	Westerlands	11 Jun 1964
<b>Using 1962 IAAF scoring tables</b>					
<b>6,736</b>	Norman Foster	Shettleston H	SAAA Championships	Westerlands	12 Jun 1965
<b>6,840</b>	Norman Foster	Shettleston H	AAA Championships	Loughborough	7 Aug 1965
<b>7,078</b>	Stewart McCallum	Glasgow Univ	British Universities Champ	Meadowbank	23 Jun 1971
<b>7,113</b>	Stewart McCallum	Glasgow Univ	SAAA Championships	Grangemouth	25 Jul 1971
<b>7,145</b>	David Kidner	Thames Valley H	AAA Championships	London (CP)	9 Jul 1972
<b>7,328</b>	David Kidner	Thames Valley H	UK v France	Vittel, FRA	20 Aug 1972
<b>7,401</b>	Stewart McCallum	Glasgow Univ	World Student Games	Moscow, RUS	19 Aug 1973
<b>7,704</b>	Bradley McStravick	Sheffield AC	UK v Denmark/Italy/Ned	Copenhagen, DEN	22 Jun 1980
<b>8,018</b>	Bradley McStravick	Sheffield AC	Midland Counties	Birmingham	6 May 1984
<b>Using 1984 IAAF scoring tables</b>					
<b>7,885</b>	Bradley McStravick	Sheffield AC	Midland Counties	Birmingham	6 May 1984
<b>New specification javelin introduced in 1986:</b>					
<b>7,563</b>	Bradley McStravick	Sheffield AC	Commonwealth Games	Meadowbank	28 Jul 1986
<b>7,610</b>	Jamie Quarry	Blackheath H	Commonwealth Games	Victoria, CAN	24 Aug 1994
<b>7,739</b>	Jamie Quarry	Harrow AC	Meeting Internat. d'Arles	Arles, FRA	30 May 1999
<b>Native records</b>					
<b>Using 1952 IAAF scoring tables</b>					
<b>5,458</b>	George McLachlan	St Modan's AAC	Scottish Championships	Glasgow	9 Jun 1962
<b>5,633</b>	Norman Foster	Shettleston H	Scottish Championships	Westerlands	13 Jun 1964
<b>Using 1962 IAAF scoring tables</b>					
<b>6,736</b>	Norman Foster	Shettleston H	Scottish Championships	Westerlands	12 Jun 1965
<b>7,078</b>	Stewart McCallum	Glasgow Univ AC	British Universities	Meadowbank	23 Jun 1971
<b>7,113</b>	Stewart McCallum	Glasgow Univ AC	Scottish Championships	Grangemouth	25 Jul 1971
<b>7,195</b>	Stewart McCallum	Edinburgh Southern	Scottish Championships	Meadowbank	8 Jul 1973
<b>Using 1984 IAAF scoring tables</b>					
<b>7,144</b>	Duncan Mathieson	Aberdeen AAC	Home Countries Int'l	Aberdeen	30 Jul 1989
<b>7,272</b>	Duncan Mathieson	Aberdeen AAC	Scottish Championships	Aberdeen	16 Jul 1995

<b>7,404</b>	Duncan Mathieson	Aberdeen AAC	Scottish Championships	Linwood	20 Jul 1997
<b>All-comers' records</b>					
<i>Using 1952 IAAF scoring tables</i>					
<b>5,744</b>	Zlatko Sumich	Australia	Scottish Championships	Westerlands	9 Jun 1962
<i>Using 1962 IAAF scoring tables</i>					
<b>6,736</b>	Norman Foster	Scotland	Scottish Championships	Westerlands	12 Jun 1965
<b>7,492</b>	Geoffrey Smith	Australia	Commonwealth Games	Meadowbank	22 Jul 1970
<i>Using 1984 IAAF scoring tables</i>					
<b>8,663</b>	Daley Thompson	England	Commonwealth Games	Meadowbank	28 Jul 1986

<b>4 x 100 metres relay</b>		<b>y = time for 4 x 110 yards</b>			
<b>National records</b>					
<b>42.3 y</b>	Victoria Park AAC		Cowal Highland Games	Dunoon	27 Aug 1960
	<i>Allan Dunbar, Graeme Turner, Michael Hildrey, Ronald Whitelock</i>				
<b>40.5</b>	Scotland		Commonwealth Games	Meadowbank	25 Jul 1970
	<i>Ian Turnbull, Leslie Piggot, Stuart Bell, Donald Halliday</i>				
<b>40.0</b>	Scotland		Commonwealth Games	Meadowbank	25 Jul 1970
	<i>Ian Turnbull, Leslie Piggot, Stuart Bell, Donald Halliday</i>				
<b>39.8</b>	Scotland		Commonwealth Games	Christchurch, NZL	20 Jan 1974
	<i>Leslie Piggot, Donald Halliday, Angus McKenzie, David Jenkins</i>				
<b>39.2</b>	Scotland		Commonwealth Games	Edmonton, CAN	12 Aug 1978
	<i>David Jenkins, Allan Wells, Cameron Sharp, Andrew McMaster</i>				
<b>Automatic Timing:</b>					
<b>39.24</b>	Scotland		Commonwealth Games	Edmonton, CAN	12 Aug 1978
	<i>David Jenkins, Allan Wells, Cameron Sharp, Andrew McMaster</i>				
<b>Club Teams:</b>					
<b>41.7</b>	Edinburgh AC		Pye Gold Cup	London (CP)	20 Sep 1974
	<i>Scott Brodie, Roger Jenkins, Andrew McMaster, Peter Hoffmann</i>				
<b>41.4</b>	Edinburgh Southern Harriers		British League	Meadowbank	10 Jul 1976
	<i>Allan Wells, Andrew Hislop, David Combe, Robert Denham</i>				
<b>41.2</b>	Edinburgh Southern Harriers			Wolverhampton	31 Jul 1976
	<i>Allan Wells, Andrew Hislop, David Combe, Robert Denham</i>				
<b>41.0</b>	Edinburgh Southern Harriers		Pye Gold Cup	Cwmbran	4 Sep 1976
	<i>Allan Wells, Andrew Hislop, David Combe, Robert Denham</i>				
<b>40.19</b>	Edinburgh Southern Harriers			London (Ha)	20 Aug 1988
	<i>Allan Wells, David Clark, Jamie Henderson, Elliot Bunney</i>				
<b>Native records</b>					
<b>43.4 y</b>	Edinburgh University AC		Scottish Championships	New Meadowbank	8 Jul 1950
	<i>Sandy Bruce, Sid Hynd, Lauchlan McKenzie, David Mercer</i>				
<b>43.4 y</b>	Victoria Park AAC		Scottish Championships	Westerlands	6 Jul 1957
	<i>Allan Dunbar, John MacIsaac, Robert Quinn, Ron Whitelock</i>				
<b>42.9 y</b>	Victoria Park AAC		Scottish Championships	Scotstoun	5 Jul 1958
	<i>Allan Dunbar, Ian Halliday, Alistair Ballantyne, Graeme Turner</i>				
<b>42.6 y</b>	Victoria Park AAC		Scottish Championships	Goldenacre	20 Jun 1959
	<i>Ron Whitelock, Alistair Ballantyne, Graeme Turner, Ian Halliday</i>				
<b>42.6 y</b>	Victoria Park AAC		West District	Dunoon	27 Aug 1960
	<i>Allan Dunbar, Graeme Turner, Mike Hildrey, Ron Whitelock</i>				
<b>41.3</b>	Edinburgh		Edinburgh Highland G	Meadowbank	22 Aug 1970
	<i>Michael Bathgate, Leslie Piggot, Andrew Wood, Ricky Taylor</i>				
<b>40.9</b>	Scotland		Edinburgh Highland G	Meadowbank	21 Aug 1976
	<i>Drew Hislop, Allan Wells, Robert Denham, Cameron Sharp</i>				
<b>39.94</b>	Scotland		Scot v Denmark/Ireland	Meadowbank	1 Aug 1981
	<i>Angus McKenzie, Allan Wells, Cameron Sharp, Peter Little</i>				
<b>39.59</b>	Scotland		6 Nations International	Meadowbank	30 Jul 1983
	<i>Drew McMaster, Allan Wells, Cameron Sharp, Angus McCuaig</i>				

<b>Club teams</b>				
<b>41.9</b>	Edinburgh Southern Harriers	East District	Meadowbank	29 May 1976
	<i>Allan Wells, Drew Hislop, David Combe, Robert Denham</i>			
<b>41.4</b>	Edinburgh Southern Harriers	British League	Meadowbank	10 Jul 1976
	<i>Allan Wells, Drew Hislop, David Combe, Robert Denham</i>			
<b>40.44</b>	Edinburgh Southern Harriers	British League	Meadowbank	15 Jul 1989
	<i>Elliot Bunney, David Clark, Jamie Henderson, Neil Turnbull</i>			
<b>All-comers' records</b>				
<b>41.8 y</b>	Poland	Floodlit Meeting	Ibrox Park	28 Sep 1957
	<i>Zenon Baranowski, E Bosek, Janusz Jarzembowski, Stanislaw Swatowski</i>			
<b>41.7 y</b>	Scotland	Scottish v Brigham Young	Westerlands	5 Jul 1965
	<i>Leslie Piggot, Michael Bathgate, Hugh Baillie, Menzies Campbell</i>			
<b>41.3 y</b>	Wales	British Isles Cup	Grangemouth	10 Jun 1967
	<i>Terry Davies, John Lewis, Howard Davies, Ron Jones</i>			
<b>40.3</b>	Wales	British Games	Meadowbank	13 Jun 1970
<b>40.3</b>	Trinidad & Tobago	Commonwealth Games	Meadowbank	25 Jul 1970
	<i>John Mottley, Carl Archer, Hasley Crawford, Ed Roberts</i>			
<b>40.0</b>	Jamaica	Commonwealth Games	Meadowbank	25 Jul 1970
	<i>Errol Stewart, Lennox Miller, Carl Lawson, Don Quarrie</i>			
<b>39.4 (39.46)</b>	Jamaica	Commonwealth Games	Meadowbank	25 Jul 1970
	<i>Errol Stewart, Lennox Miller, Carl Lawson, Don Quarrie</i>			
<b>39.15</b>	Canada	Commonwealth Games	Meadowbank	2 Aug 1986
	<i>Mark McKoy, Atlee Mahorn, Desai Williams, Ben Johnson</i>			
<b>38.39</b>	Great Britain & Northern Ireland	Glasgow Grand Prix	Hampden Park	12 Jul 2014
	<i>Richard Kilty, Harry Aikines-Aryeetey, James Ellington, Daniel Talbot</i>			
<b>38.33</b>	Trinidad & Tobago	Commonwealth Games	Hampden Park	1 Aug 2014
	<i>Keston Bledman, Marc Burns, Rondel Sorrillo, Richard Thompson</i>			
<b>37.58</b>	Jamaica	Commonwealth Games	Hampden Park	2 Aug 2014
	<i>Jason Livermore, Kemar Bailey-Cole, Nigel Ashmeade, Usain Bolt</i>			
<b>(Club Teams)</b>				
<b>42.0</b>	Victoria Park AAC	Scotland	Scottish Championships	Grangemouth
	<i>Iggy O'Muircheartaigh, David Birkmyre, Gordon Muir, Andrew Wood</i>			
<b>41.4</b>	Edinburgh Southern	Scotland	British League	Meadowbank
	<i>Allan Wells, Drew Hislop, David Combe, Robert Denham</i>			
<b>40.44</b>	Edinburgh Southern	Scotland	British League	Meadowbank
	<i>Elliott Bunney, David Clark, Jamie Henderson, Neil Turnbull</i>			

<b>4 x 400 metres relay</b>			<b>y = time for 4 x 440 yards</b>	
<b>3:19.3 y</b>	Glasgow University AC	Scotland	Scottish Championships	Goldenacre
	<i>Thomas Moncur, John Wilson, James Steel, Menzies Campbell</i>			
<b>3:19.1 y</b>	Glasgow University AC	Scotland	Scottish Championships	Moorcroft Park, Renfrew
	<i>Norman Foster, John Wilson, Richard Hodelet, Menzies Campbell</i>			
<b>3:18.6 y</b>	Victoria Park AAC	Scotland	Scottish Championships	Scotstoun
	<i>Robert Laurie, Gordon Miller, Hugh Barrow, Andrew Wood</i>			
<b>3:12.5</b>	Scotland	Scotland	Commonwealth Games	Meadowbank
	<i>Andrew Wood, David Walker, Michael Maclean, Ricky Taylor</i>			
<b>3:09.0</b>	Scotland	Scotland	Commonwealth Games	Meadowbank
	<i>Andrew Wood, David Walker, Michael Maclean, Ricky Taylor</i>			
<b>3:06.90</b>	Scotland	Scotland	Commonwealth Games	Edmonton, CAN
	<i>Roger Jenkins, Peter Hoffmann, Paul Forbes, David Jenkins</i>			
<b>3:04.68</b>	Scotland	Scotland	Commonwealth Games	Auckland, NZL
	<i>Mark Davidson, Tom McKean, David Strang, Brian Whittle</i>			
<b>3:03.94</b>	Scotland	Scotland	Commonwealth Games	Hampden Park

<i>Kris Robertson, Jamie Bowie, Greg Louden, Grant Plenderleith</i>				
<b>Club Teams:</b>				
<b>3:17.4</b>	Bellahouston Harriers	Scottish Championships	Grangemouth	15 Aug 1970
<i>Ronald Wallace, Anthony Murdoch, William Robertson, Michael Maclean</i>				
<b>3:12.6</b>	Edinburgh AC	Pye Gold Cup	London (CP)	21 Sep 1974
<i>Keith Ridley, Peter Hoffmann, Norman Gregor, Roger Jenkins</i>				
<b>3:08.93</b>	Edinburgh AC	Pye Gold Cup	London (CP)	6 Sep 1975
<i>Peter Hoffmann, Paul Forbes, Norman Gregor, Roger Jenkins</i>				
<b>Native records</b>				
<b>3:25.6 y</b>	Glasgow University AC	Scottish Championships	Westerlands	6 Jul 1957
<i>Jack Boyd, Stuart Macfarlane, Richard Cairney, RA Paterson</i>				
<b>3:23.7 y</b>	Edinburgh Southern Harriers	Scottish Championships	Scotstoun	5 Jul 1958
<i>George Peat, M McLaughlin, Ronald McAllister, Robert Cockburn</i>				
<b>3:22.5 y</b>	Bellahouston Harriers	Scottish Championships	Westerlands	16 Jun 1962
<i>Derrick Young, Robert Stoddart, Ronald Rae, Robert Greig</i>				
<b>3:19.3 y</b>	Glasgow University AC	Scottish Championships	Goldenacre	15 Jun 1963
<i>Thomas Moncur, John Wilson, James Steel, Menzies Campbell</i>				
<b>3:19.1 y</b>	Glasgow University AC	Scottish Championships	Moorcroft Park, Renfrew	20 Jun 1964
<i>Norman Foster, John Wilson, Richard Hodelet, Menzies Campbell</i>				
<b>3:18.6 y</b>	Victoria Park AAC	Scottish Championships	Scotstoun	18 May 1968
<i>Robert Laurie, Gordon Miller, Hugh Barrow, Andrew Wood</i>				
<b>3:12.5</b>	Scotland	Commonwealth Games	Meadowbank	24 Jul 1970
<i>Andrew Wood, David Walker, Michael Maclean, Ricky Taylor</i>				
<b>3:09.0</b>	Scotland	Commonwealth Games	Meadowbank	25 Jul 1970
<i>Andrew Wood, David Walker, Michael Maclean, Ricky Taylor</i>				
<b>3:03.94</b>	Scotland	Commonwealth Games	Hampden Park	1 Aug 2014
<i>Kris Robertson, Jamie Bowie, Greg Louden, Grant Plenderleith</i>				
<b>Club teams:</b>				
<b>3:17.4</b>	Bellahouston Harriers	Scottish Championships	Grangemouth	15 Aug 1970
<i>Ronald Wallace, Anthony Murdoch, William Robertson, Michael Maclean</i>				
<b>3:16.7</b>	Edinburgh Southern Harriers	Scottish Championships	Meadowbank	14 Sep 1975
<i>Allan Wells, Alastair Hunter, Angus McKenzie, Stewart McCallum</i>				
<b>3:11.60</b>	City of Edinburgh AC	British League	Meadowbank	25 Jun 2005
<i>Grant Burnett, Ian Horsburgh, Brett Rund, John Dunlop</i>				
<b>All-comers' records</b>				
<b>3:15.8 y</b>	Jamaica	Police Sports	Ibrox Park	28 Jun 1952
<i>Leslie Laing, Herb McKenley, George Rhoden, Arthur Wint</i>				
<b>3:12.4 y</b>	Germany	Floodlit Meeting	Ibrox Park	15 Sep 1956
<i>Hans Dittner, Manfred Porschke, K Blummel, H Mann</i>				
<b>3:05.1</b>	Kenya	Commonwealth Games	Meadowbank	24 Jul 1970
<i>Hezekiah Nyamau, Julius Sang, Robert Ouko, Charles Asati</i>				
<b>3:03.6</b>	Kenya	Commonwealth Games	Meadowbank	25 Jul 1970
<i>Hezekiah Nyamau, Julius Sang, Robert Ouko, Charles Asati</i>				
<b>3:02.66</b>	USA	IAC Grand Prix	Meadowbank	6 Jul 1990
<i>Andrew Valmon, Jeff Reynolds, Tim Simon, Michael Johnson</i>				
<b>3:00.93</b>	Great Britain	GB v Kenya	Meadowbank	19 Jun 1992
<i>Derek Redmond, Kriss Akabusi, Du'aine Ladejo, Roger Black</i>				
<b>3:00.46</b>	England	Commonwealth Games	Hampden Park	2 Aug 2014
<i>Conrad Williams, Martin Bingham, Daniel Awde, Matthew Hudson-Smith</i>				
<b>(Club Teams)</b>				
<b>3:10.8 (3:10.88)</b>	Wolverhampton & Bilston AC (England)	British League	Meadowbank	5 Jul 1975
<i>Glen Cohen, Trevor Rodwell, Joe Chivers, Jim Aukett</i>				

<b>3 x 800 Metres relay</b>					
<b>National, Native and All-comers' records</b>					
<b>5:47.35</b>	Aberdeen AAC		Scottish Championships	Linwood	17 Jul 1994
	<i>Frank Boyne, Gary Riddell, Ewan Calvert</i>				
<b>5:47.21</b>	Giffnock North AAC		Scottish Championships	Pitreavie	24 Jun 2012
	<i>Grant Muir, Neil Gourley, Jack Walker</i>				

<b>10000 Metres Track Walk</b>					
<b>National records</b>					
<b>45:27.8</b> †	William Sutherland	Highgate H	Scottish Championships	Meadowbank	24 Jun 1972
	† <i>Sutherland's time was recognised as an all-comers' record but appears to have been overlooked as a national record</i>				
<b>46:36.6</b>	Alan Buchanan	Brighton & Hove	Scottish Championships	Meadowbank	18 May 1975
<b>44:30.00</b>	Graham White	Glasgow Univ	UK Championships	Meadowbank	29 May 1983
<b>43:27.63</b>	Martin Bell	Annan	UK Championships	Derby	5 Jun 1988
<b>43:15.3</b>	Martin Bell	Splott WC		Corby	27 May 1991
<b>42:12.88</b>	Martin Bell	Splott WC	Welsh Championships	Cardiff	23 May 1992
<b>42:07.42</b>	Martin Bell	Splott WC	AAA Championships	Corby	28 Jun 1992
<b>41:16.13</b>	Martin Bell	Splott WC	AAA Championships	Birmingham	16 Jul 1995
<b>41:13.65</b>	Martin Bell	Splott WC	Scot v Wales, Turkey, NI	Cardiff	22 Jul 1995
<b>Native records</b>					
<b>49:54.6</b>	Alan Buchanan	Brighton & Hove	Scottish Championships	Meadowbank	24 Jun 1972
<b>48:56.0</b>	Alan Buchanan	Brighton & Hove	Scottish Championships	Meadowbank	24 Aug 1974
<b>46:36.6</b>	Alan Buchanan	Brighton & Hove	Scottish Championships	Meadowbank	18 May 1975
<b>44:30.00</b>	Graham White	Glasgow Univ AC	UK Championships	Meadowbank	29 May 1983
<b>All-comers' records</b>					
<b>45:27.8</b>	William Sutherland	Scotland	Scottish Championships	Meadowbank	24 Jun 1972
<b>41:42.6</b>	Anatoly Solinin	USSR	GB v USSR	Meadowbank	26 Aug 1977
<b>41:14.38</b>	Steve Barry	Wales	UK Championships	Meadowbank	29 May 1983

<b>20 Kilometres Road Walk</b>					<b>record established 1989</b>
<b>National records</b>					
<b>1:29:56</b>	Martin Bell	Annan	Sutton Park 20k Walk	Birmingham	13 Aug 1988
<b>1:25:42</b>	Martin Bell	Splott WC	RWA Championships	Lancaster	9 May 1992
<b>Native record</b>					
<b>1:31:02</b>	Graham White	Glasgow Univ AC	Scottish Championships	Glasgow	8 May 1983
<b>All-comers' records</b>					
<b>1:23:27</b>	Ian McCombie	England	Commonwealth Trials	Edinburgh	27 Apr 1986

<b>30 Kilometres Road Walk</b>					<b>record established 1989</b>
<b>National records</b>					
<b>2:27:00</b>	Martin Bell	Splott WC	Isle of Man Champs	Douglas, IoM	5 Aug 1989
<b>2:26:27</b>	Graham White	Brighton & Hove	Commonwealth Trials	Horsham	16 Apr 1994
<b>2:22:21</b>	Martin Bell	Splott WC	Welsh Championships	Cardiff	8 May 1994
<b>Native record</b>					
<b>2:34:55</b>	Michael Dunion		Commonwealth Trials	Edinburgh	27 Apr 1986
<b>All-comers' records</b>					
<b>2:07:47</b>	Simon Baker	Australia	Commonwealth Games	Edinburgh	31 Jul 1986

<b>50 Kilometres Road Walk</b>					<b>record established 1989</b>
<b>National records</b>					
<b>4:38:39</b>	William Sutherland	Highgate H	RWA Championships	Redditch	17 Jul 1971
<b>4:29:41</b>	Graham White	Brighton & Hove	IAAF World Cup	Beijing, CHN	30 Apr 1995
<b>4:14:59</b>	Graham White	Brighton & Hove		Burrator	5 Mar 1995
<b>4:13:18</b>	Graham White	Brighton & Hove	Commonwealth Trials	Stockport	27 Jun 1998





## DISCONTINUED RECORD EVENTS

75 Yards					
National records					
7.7	Ronald Whitelock	Victoria Park AAC	Honest Town Sports	Musselburgh	17 Jul 1962
7.5	Menzies Campbell	Garscube H	St Mirren v Rangers	Love St, Paisley	9 Oct 1965
Native and All-comers' records					
7.8	James Crawford	Queen's Park FC	Transport Sports	Helenvale Park	1 Jul 1930
7.7	Ronald Whitelock	Victoria Park AAC	Honest Toun Sports	Musselburgh	18 Jul 1961
7.7	Ronald Whitelock	Victoria Park AAC	Honest Toun Sports	Musselburgh	17 Jul 1962
7.7	James Gribben	Shettleston H	Honest Toun Sports	Musselburgh	21 Jul 1964
7.6	Leslie Piggot	Garscube H	Cowal Highland G	Dunoon	28 Aug 1964
7.5	Menzies Campbell	Garscube H	St Mirren v Rangers	Paisley (LS)	9 Oct 1965

120 Yards					
National records					
11.6	Alastair McCorquodale	London AC	Glasgow Police Sports	Hampden Park	26 Jun 1948
11.6	William Jack	Victoria Park AAC	Glasgow Transport Sports	Helenvale Park	10 Jun 1952
Native records					
12.2	Alfred Downer	Edinburgh H	Edinburgh H Sports	Powderhall	10 Jun 1893
11.8	Alfred Downer	Edinburgh H	St George's Sports	Powderhall	24 Jun 1895
11.6	Alastair McCorquodale	London AC	Glasgow Police Sports	Hampden Park	26 Jun 1948
11.6	William Jack	Victoria Park AAC	Glasgow Transport Sp	Glasgow (He)	10 Jun 1952
All-comers' records					
12.4	John S Blair	Scotland	Edin U Schools Meet	Corstorphine	9 Apr 1883
12¼	Alfred Downer	Scotland	Pharmacy Sports	Powderhall	31 May 1893
12.2	Alfred Downer	Scotland	Edinburgh H Sports	Powderhall	10 Jun 1893
11.8	Charles Bradley	England	St Bernard's FC Sports	Powderhall	8 Jul 1893
11.8	Alfred Downer	Scotland	St George's Sports	Powderhall	24 Jun 1895
11.6	Reginald Walker	South Africa	Rangers Sports	Ibrox Park	9 Aug 1909
11.6	Arthur Sweeney	England	Rangers Sports	Ibrox Park	3 Aug 1935
11.5	E McDonald Bailey	Trinidad	Police Sports	Hampden Park	26 Jun 1948
11.5	Jim Ford	USA	Rangers Sports	Ibrox Park	4 Aug 1951

150 Yards					
National records					
14.3	Menzies Campbell	Glasgow Univ	Cowal Games	Dunoon	29 Aug 1964
Native records					
15.4	M.C. Wright	Edinburgh Univ AC	Edinburgh Univ Sports	Corstorphine	10 Jul 1886
15.0	Alfred Downer	Scottish Pelicans	Edin Pharmacy Sports	Powderhall	28 May 1895
15.0	Eric Liddell	Edinburgh Univ AC	Inter-Works Sports	Powderhall	15 Jul 1922
14.3	Menzies Campbell	Glasgow Univ AC	Cowal Highland G	Dunoon	29 Aug 1964
All-comers' records					
15.4	M C Wright	Scotland	EUAC Meeting	Corstorphine	10 Jul 1886
15.0	Alfred Downer	Scotland	Pharmacy Club Meeting	Powderhall	27 May 1895
14.6	Reginald Walker	South Africa	Rangers Sports	Ibrox Park	9 Aug 1909
14.3	Menzies Campbell	Scotland	Cowal Games	Dunoon	29 Aug 1964

300 Yards					
National records					
30.5	Menzies Campbell	Glasgow Univ	Edinburgh Highland Games	Meadowbank	20 Aug 1966
Native records					
31.4	Alfred Downer	Scottish Pelicans	West of Scotland H Meeting	Hampden Park	10 Jun 1895
31.2	Wyndham Halswelle	Edinburgh H	Queens Park FC Sports	Hampden Park	20 Jun 1908

<b>30.9</b>	Menzies Campbell	Glasgow Univ AC	Edinburgh Highland Games	Murrayfield	19 Aug 1961
<b>30.5</b>	Menzies Campbell	Glasgow Univ AC	Edinburgh Highland Games	New Meadowbank	20 Aug 1966
<b>All-comers' records</b>					
<b>31.4</b>	Alfred Downer	Scotland	West of Scot H Meet	Hampden Park	10 June 1895
<b>31.2</b>	Wyndham Halswelle	Scotland	Queen's Park FC Sports	Hampden Park	20 June 1908
<b>31.1</b>	Leslie Lewis	England	Edinburgh Highland Games	Murrayfield	3 Sep 1949
<b>31.1</b>	C A Lindsay	England	Edinburgh Highland Games	Murrayfield	22 Aug 1959
<b>30.1</b>	David Segal	England	Edinburgh Highland Games	Murrayfield	22 Aug 1959

### 600 Yards

#### National records

<b>1:11.8</b>	Wyndham Halswelle	Edinburgh H	West of Scotland H Meeting	Ibrox Park	9 Jun 1906
---------------	-------------------	-------------	----------------------------	------------	------------

#### Native records

<b>1:15.6</b>	Robert Mitchell	St Mirren Club	Clydesdale/Rangers	Ibrox Park	3 Aug 1889
<b>1:12.8</b>	Wyndham Halswelle	Edinburgh H	Clydesdale Sports	Celtic Park	26 May 1906
<b>1:11.8</b>	Wyndham Halswelle	Edinburgh H	West of Scotland H Meeting	Ibrox Park	9 Jun 1906
<b>1:11.5</b>	Richard Hodelet	Greenock Glenpark	GU Champs (inv)	Westerlands	11 May 1968
<b>1:11.5</b>	Michael Maclean	Bellahouston	Cowal Games	Dunoon	30 Aug 1969

#### All-comers' records

<b>1:17.8</b>	James Allan	Scotland	Queen's Park Sports	Hampden Park	9 Jun 1888
<b>1:16.4</b>	James Logan	Scotland	Clydesdale/Rangers	Ibrox Park	7 Jul 1888
<b>1:15.6</b>	Robert Mitchell	Scotland	Clydesdale/Rangers	Ibrox Park	3 Aug 1889
<b>1:15.2</b>	T E Messenger	England	Rangers Sports	Ibrox Park	5 Aug 1893
<b>1:12.4</b>	Edgar Bredin	England	West of Scotland H Meet	Hampden Park	11 June 1894
<b>1:11.8</b>	Wyndham Halswelle	Scotland	West of Scotland H Meet	Ibrox Park	9 June 1906
<b>1:09.8</b>	George Kerr	Jamaica	Edinburgh Highland G	Murrayfield	9 Aug 1958

### Three-Quarter Mile

#### National records

<b>3:00.5</b>	Hugh Barrow	Victoria Park	Cowal Games	Dunoon	29 Aug 1964
---------------	-------------	---------------	-------------	--------	-------------

#### Native records

<b>3:12.2</b>	Duncan McPhee	West of Scotland H	Rangers Sports	Ibrox Park	6 Aug 1921
<b>3:10.0</b>	Thomas Riddell	Shettleston H	Shett/W of Scot Meet	Hampden Park	5 Aug 1929
<b>3:06.2</b>	Thomas Riddell	Shettleston H	Queen's Park FC Meet	Hampden Park	28 May 1932
<b>3:04.6</b>	Robert Graham	Maryhill H	Celtic Sports	Celtic Park	6 Aug 1935
<b>3:02.5</b>	Graham Stark	Edinburgh SH		Larkhall	15 Jul 1959
<b>3:00.5</b>	Hugh Barrow	Victoria Park AAC	Cowal Highland Games	Dunoon	28 Aug 1964

#### All-comers' records

<b>3:04.8</b>	Ray Watson	USA	Rangers Sports	Ibrox Park	4 Aug 1928
<b>3:00.9</b>	Sydney Wooderson	England	Rangers Sports	Ibrox Park	7 Aug 1937
<b>3:00.5</b>	Hugh Barrow	Scotland	Cowal Games	Dunoon	29 Aug 1964

### One and a Half Miles

#### National records

<b>6:31.4</b>	Graham Everett	Shettleston H	Glasgow Police Sports	Ibrox Stadium	10 Jun 1961
---------------	----------------	---------------	-----------------------	---------------	-------------

#### Native records

<b>6:52.6</b>	John McGough	Bellahouston H	W of Scotland H Meet	Ibrox Park	31 Jul 1905
<b>6:48.4</b>	Arthur Robertson	Birchfield H	Rangers Sports	Ibrox Park	9 Aug 1909
<b>6:41.6</b>	<i>Thomas Riddell</i>	<i>Shettleston H</i>	<i>Maryhill H Sports</i>	<i>Largs</i>	<i>15 Jul 1935</i>
<b>6:36.5</b>	Thomas Riddell	Shettleston H	Transport Club Meet	Helenvale Park	20 Aug 1935
<b>6:31.4</b>	Graham Everett	Shettleston H	Glasgow Police Sports	Ibrox Park	10 Jun 1961

#### All-comers' records

<b>6:49.4</b>	Alfred Shrubbs	England	West of Scot H Meet	Ibrox Park	11 Jun 1904
<b>6:48.4</b>	Arthur J Robertson	Scotland	Rangers Sports	Ibrox Park	9 Aug 1909
<b>6:41.6</b>	<i>Tom Riddell</i>	<i>Scotland</i>	<i>Maryhill Sports</i>	<i>Barrfield Park, Largs</i>	<i>15 Jul 1935</i>

<b>6:36.5</b>	Tom Riddell	Scotland	Transport Club Meet	Glasgow (He)	20 Aug 1935
<b>6:33.8</b>	John J Barry	Ireland	St Machans Sports	Glasgow (He)	13 Jun 1949
<b>6:31.4</b>	Graham Everett	Scotland	Police Sports	Ibrox Park	10 Jun 1961

<b>4 Miles</b>					
<b>National records</b>					
<b>19:01.6</b>	Alastair Wood	Anglo-Scottish AC	SAAA Championships (6M)	New Meadowbank	26 Jun 1959
<b>18:57.8</b>	Fergus Murray	Edinburgh Univ	SAAA Championships (6M)	New Meadowbank	25 Jun 1965
<b>18:38.2</b>	Lachie Stewart	Vale of Leven AC	SAAA Championships (6M)	Grangemouth	23 Jun 1967
<b>Native records</b>					
<b>20:40.0</b>	Stewart Duffus	Arbroath H	St Bernard's FC Sports	Powderhall	6 Jul 1893
<b>20:10.8</b>	Stewart Duffus	Arbroath H	SAAU Champs	Hampden Park	27 Jun 1896
<b>20:06.2</b>	John McGough	Bellahouston H	Celtic Sports	Celtic Park	14 Aug 1905
<b>19:45.2</b>	Arthur Robertson	Birchfield H	Rangers Sports	Ibrox Park	1 Aug 1908
<b>19:28.0</b>	Ian Binnie	Victoria Park AAC	Scottish Championships	Edinburgh	26 Jun 1953
<b>19:18.4</b>	Ian Binnie	Victoria Park AAC	Scottish Championships	New Meadowbank	25 Jun 1954
<b>19:01.6</b>	Alastair Wood	Anglo-Scottish AC	Scottish Championships	New Meadowbank	26 Jun 1959
<b>18:57.8</b>	Fergus Murray	Edinburgh Univ AC	Scottish Championships	New Meadowbank	25 Jun 1965
<b>18:38.2</b>	Lachie Stewart	Vale of Leven AAC	Scottish Championships	Grangemouth	23 Jun 1967
<b>All-comers' records</b>					
<b>21:16.6</b>	William Gabriel	Scotland	Edinburgh H. Sports	Powderhall	29 May 1886
<b>21:06.4</b>	Andrew Hannah	Scotland	Clydesdale Harriers	Ibrox Park	26 Jun 1888
<b>20:56.2</b>	John McWilliam	Scotland	Scottish Championships	Hampden Park	22 Jun 1889
<b>20:37.6</b>	James Kibblewhite	England	Celtic Sports	Celtic Park	13 Aug 1892
<b>19:54.2</b>	Sid Thomas	England	St Bernard's FC Sports	Powderhall	6 Jul 1893
<b>19:44.6</b>	Fred Bacon	England	Celtic Sports	Celtic Park	13 Aug 1894
<b>19:32.2</b>	Alfred Shrubbs	England	West of Scot H Sports	Celtic Park	15 Jun 1903
<b>19:23.4</b>	Alfred Shrubbs	England	West of Scot H Sports	Ibrox Park	13 Jun 1904
<b>19:20.4</b>	Paavo Nurmi	Finland	Rangers Sports	Ibrox Park	1 Aug 1931
<b>19:18.4</b>	Ian Binnie	Scotland	Scottish Championships	New Meadowbank	25 Jun 1954
<b>19:01.6</b>	Alastair Wood	Scotland	Scottish Championships	New Meadowbank	26 Jun 1959
<b>18:57.8</b>	Fergus Murray	Scotland	Scottish Championships	New Meadowbank	25 Jun 1965
<b>18:38.2</b>	Lachie Stewart	Scotland	Scottish Championships	Grangemouth	23 Jun 1967

<b>5 Miles</b>					
<b>National records</b>					
<b>23:54.6</b>	Alastair Wood	Anglo-Scottish AC	SAAA Championships (6M)	New Meadowbank	26 Jun 1959
<b>23:49.8</b>	Fergus Murray	Edinburgh Univ	SAAA Championships (6M)	New Meadowbank	25 Jun 1965
<b>23:23.2</b>	Lachie Stewart	Vale of Leven AC	SAAA Championships (6M)	Grangemouth	23 Jun 1967
<b>Native records</b>					
<b>26:25.2</b>	Andrew Hannah	Clydesdale H	SAAA 10M Champs	Powderhall	2 Apr 1894
<b>26:01.6</b>	Andrew Hannah	Clydesdale H	SAAA 10M Champs	Hampden Park	12 Apr 1895
<b>25:57.6</b>	Thomas Jack	Edinburgh SH	SAAA 10M Champs	Glasgow	6 Apr 1907
<b>25:52.0</b>	James Duffy	Edinburgh H	Edinburgh H Meet	Powderhall	4 Jun 1910
<b>25:26.8</b>	James Wilson	Greenock Glenpark	SAAA 10M Champs	Glasgow	17 Apr 1920
<b>25:12.0</b>	James Wood	Heriot's AC	SAAA 10M Champs	Glasgow	2 Apr 1932
<b>24:59.0</b>	Ian Binnie	Victoria Park AAC	Scottish Championships	Edinburgh	6 Jun 1952
<b>24:24.1</b>	Ian Binnie	Victoria Park AAC	Scottish Championships	New Meadowbank	26 Jun 1953
<b>24:12.2</b>	Ian Binnie	Victoria Park AAC	Scottish Championships	New Meadowbank	25 Jun 1954
<b>23:54.6</b>	Alastair Wood	Anglo-Scottish AC	Scottish Championships	New Meadowbank	26 Jun 1959
<b>23:49.8</b>	Fergus Murray	Edinburgh Univ AC	Scottish Championships	New Meadowbank	25 Jun 1965
<b>23:23.2</b>	Lachie Stewart	Vale of Leven AAC	Scottish Championships	Grangemouth	23 Jun 1967
<b>All-comers' records</b>					
<b>26:41.0</b>	Alexander Findlay	Scotland	Scottish Championships	Powderhall	28 Jun 1886
<b>26:35.6</b>	Andrew Hannah	Scotland	Scottish Championships	Hampden Park	2 Apr 1891

<b>26:25.2</b>	Andrew Hannah	Scotland	Scottish Championships	Powderhall	2 Apr 1894
<b>26:01.6</b>	Andrew Hannah	Scotland	Scottish Championships	Hampden Park	12 Apr 1895
<b>25:15.8</b>	Fred Bacon	England	West of Scot H Meet	Hampden Park	10 Jun 1895
<b>24:57.5</b>	Fred Bacon	England	Edinburgh NH Meet	Powderhall	20 Jul 1895
<b>24:55.8</b>	Alfred Shrubbs	England	West of Scot H Meet	Ibrox Park	5 Nov 1904
<b>24:24.1</b>	Ian Binnie	Scotland	Scottish Championships	New Meadowbank	26 Jun 1953
<b>24:12.2</b>	Ian Binnie	Scotland	Scottish Championships	New Meadowbank	25 Jun 1954
<b>23:54.6</b>	Alastair Wood	Scotland	Scottish Championships	New Meadowbank	26 Jun 1959
<b>23:49.8</b>	Fergus Murray	Scotland	Scottish Championships	New Meadowbank	25 Jun 1965
<b>23:23.2</b>	Lachie Stewart	Scotland	Scottish Championships	Grangemouth	23 Jun 1967

## 7 Miles

### National records

<b>35:01.8</b>	Ian Binnie	Victoria Park AAC	Cowal Games	Dunoon	28 Aug 1953
<b>34:01.6</b>	Lachie Stewart	Vale of Leven AAC	SAAA Championships (10M)	Seedhill Pk, Paisley	7 May 1966
<b>33:31.0</b>	Lachie Stewart	Shettleston H	SAAA Championships (10M)	Scotstoun	1 May 1971

### Native records

<b>37:34.2</b>	Andrew Hannah	Clydesdale H	SAAA 10M Champs	Powderhall	2 Apr 1894
<b>36:55.0</b>	Andrew Hannah	Clydesdale H	SAAA 10M Champs	Hampden Park	12 Apr 1895
<b>36:45.0</b>	Thomas Jack	Edinburgh SH	SAAA 10M Champs	Glasgow	6 Apr 1907
<b>36:42.2</b>	George Wallach	Greenock Glenpark	SAAA 10M Champs	Glasgow	4 Apr 1914
<b>36:07.6</b>	James Wilson	Greenock Glenpark	SAAA 10M Champs	Glasgow	17 Apr 1920
<b>36:01.0</b>	John Suttie Smith	Dundee Thistle H	SAAA 10M Champs	Glasgow	20 Apr 1929
<b>35:01.8</b>	Ian Binnie	Victoria Park AAC	Cowal Highland G	Dunoon	28 Aug 1953
<b>34:01.6</b>	Lachie Stewart	Vale of Leven AAC	SAAA 10M Champs	Paisley (S)	7 May 1966
<b>33:55.0</b>	Lachie Stewart	Vale of Leven AAC	SAAA 10M Champs	Paisley (S)	6 May 1967
<b>33:31.0</b>	Lachie Stewart	Shettleston H	Scottish 10M Champs	Scotstoun	1 May 1971

### All-comers' records

<b>38:03.0</b>	Alexander Findlay	Scotland	Scottish Championships	Powderhall	28 Jun 1886
<b>37:41.8</b>	Andrew Hannah	Scotland	Scottish Championships	Hampden Park	2 Apr 1891
<b>37:34.2</b>	Andrew Hannah	Scotland	Scottish Championships	Powderhall	2 Apr 1894
<b>36:55.0</b>	Andrew Hannah	Scotland	Scottish Championships	Hampden Park	12 Apr 1895
<b>35:04.6</b>	Alfred Shrubbs	England	West of Scot H Meet	Ibrox Park	5 Nov 1904
<b>35:01.8</b>	Ian Binnie	Scotland	Cowal Games	Dunoon	28 Aug 1953
<b>33:55.0</b>	Lachie Stewart	Scotland	Scottish Championships	Seedhill Park	7 May 1966
<b>33:31.0</b>	Lachie Stewart	Scotland	Scottish Championships	Glasgow (S)	1 May 1971

## 8 Miles

### National records

<b>40:01.8</b>	Ian Binnie	Victoria Park AAC	Cowal Games	Dunoon	28 Aug 1953
<b>38:51.0</b>	Lachie Stewart	Vale of Leven AAC	SAAA Championships (10M)	Seedhill Pk, Paisley	7 May 1966
<b>38:24.0</b>	Lachie Stewart	Shettleston H	SAAA Championships (10M)	Scotstoun	1 May 1971

### Native records

<b>43:08.8</b>	Andrew Hannah	Clydesdale H	SAAA 10M Champs	Powderhall	2 Apr 1894
<b>42:22.8</b>	Andrew Hannah	Clydesdale H	SAAA 10M Champs	Hampden Park	12 Apr 1895
<b>42:14.0</b>	Thomas Jack	Edinburgh SH	SAAA 10M Champs	Glasgow	6 Apr 1907
<b>42:13.2</b>	George Wallach	Greenock Glenpark	SAAA 10M Champs	Glasgow	5 Apr 1913
<b>42:04.4</b>	George Wallach	Greenock Glenpark	SAAA 10M Champs	Glasgow	4 Apr 1914
<b>41:29.6</b>	James Wilson	Greenock Glenpark	SAAA 10M Champs	Glasgow	17 Apr 1920
<b>41:15.0</b>	Frank Stevenson	Monkland H	SAAA 10M Champs	Glasgow	20 Apr 1929
<b>40:01.8</b>	Ian Binnie	Victoria Park AAC	Cowal Highland G	Dunoon	28 Aug 1953
<b>38:55.6</b>	Lachie Stewart	Vale of Leven AAC	SAAA 10M Champs	Seedhill Park	7 May 1966
<b>38:51.0</b>	Lachie Stewart	Vale of Leven AAC	SAAA 10M Champs	Seedhill Park	6 May 1967
<b>38:24.0</b>	Lachie Stewart	Shettleston H	SAAA 10M Champs	Scotstoun	1 May 1971

### All-comers' records

<b>44:01.0</b>	Alexander Findlay	Scotland	Scottish Championships	Powderhall	28 Jun 1886
<b>43:13.6</b>	Andrew Hannah	Scotland	Scottish Championships	Hampden Park	2 Apr 1891
<b>43:08.8</b>	Andrew Hannah	Scotland	Scottish Championships	Powderhall	2 Apr 1894
<b>42:22.8</b>	Andrew Hannah	Scotland	Scottish Championships	Hampden Park	12 Apr 1895
<b>40:16.0</b>	Alfred Shrubbs	England	West of Scot H Meet	Ibrox Park	5 Nov 1904
<b>40:01.8</b>	Ian Binnie	Scotland	Cowal Games	Dunoon	28 Aug 1953
<b>38:55.6</b>	Lachie Stewart	Vale of Leven AAC	SAAA 10M Champs	Seedhill Park	7 May 1966
<b>38:51.0</b>	Lachie Stewart	Scotland	SAAA 10M Champs	Seedhill Park	7 May 1966
<b>38:24.0</b>	Lachie Stewart	Scotland	SAAA 10M Champs	Scotstoun	1 May 1971

## 9 Miles

### National records

<b>45:05.0</b>	Ian Binnie	Victoria Park AAC	Cowal Games	Dunoon	28 Aug 1953
<b>43:50.0</b>	Lachie Stewart	Vale of Leven AAC	SAAA Championships (10M)	Seedhill Pk, Paisley	7 May 1966
<b>43:14.0</b>	Lachie Stewart	Shettleston H	SAAA Championships (10M)	Scotstoun	1 May 1971

### Native records

<b>48:37.4</b>	Andrew Hannah	Clydesdale H	SAAA 10M Champs	Powderhall	2 Apr 1894
<b>47:55.8</b>	Andrew Hannah	Clydesdale H	SAAA 10M Champs	Hampden Park	12 Apr 1895
<b>47:42.2</b>	Thomas Jack	Edinburgh SH	SAAA 10M Champs	Glasgow	6 Apr 1907
<b>47:39.2</b>	George Wallach	Greenock Glenpark	SAAA 10M Champs	Glasgow	5 Apr 1913
<b>47:32.0</b>	George Wallach	Greenock Glenpark	SAAA 10M Champs	Glasgow	4 Apr 1914
<b>46:48.6</b>	James Wilson	Greenock Glenpark	SAAA 10M Champs	Glasgow	17 Apr 1920
<b>46:30.0</b>	Frank Stevenson	Monkland H	SAAA 10M Champs	Glasgow	20 Apr 1929
<b>45:05.0</b>	Ian Binnie	Victoria Park AAC	Cowal Highland G	Dunoon	28 Aug 1953
<b>43:50.8</b>	Lachie Stewart	Vale of Leven AAC	SAAA 10M Champs	Paisley (S)	7 May 1966
<b>43:50.0</b>	Lachie Stewart	Vale of Leven AAC	SAAA 10M Champs	Paisley (S)	6 May 1967
<b>43:14.0</b>	Lachie Stewart	Shettleston H	SAAA 10M Champs	Scotstoun	1 May 1971

### All-comers' records

<b>49:53.0</b>	Alexander Findlay	Scotland	SAAA 10M Champs	Powderhall	28 Jun 1886
<b>49:52.0</b>	Alexander Findlay	Scotland	SAAA 10M Champs	Hampden Park	27 Jun 1887
<b>48:48.2</b>	Andrew Hannah	Scotland	SAAA 10M Champs	Hampden Park	2 Apr 1891
<b>48:37.4</b>	Andrew Hannah	Scotland	SAAA 10M Champs	Powderhall	2 Apr 1894
<b>47:55.8</b>	Andrew Hannah	Scotland	SAAA 10M Champs	Hampden Park	12 Apr 1895
<b>45:27.6</b>	Alfred Shrubbs	England	West of Scot H Meet	Ibrox Park	5 Nov 1904
<b>45:05.0</b>	Ian Binnie	Scotland	Cowal Games	Dunoon	28 Aug 1953
<b>43:50.8</b>	Lachie Stewart	Vale of Leven AAC	SAAA 10M Champs	Paisley (S)	7 May 1966
<b>43:50.0</b>	Lachie Stewart	Vale of Leven AAC	SAAA 10M Champs	Paisley (S)	6 May 1967
<b>43:14.0</b>	Lachie Stewart	Scotland	SAAA 10M Champs	Scotstoun	1 May 1971

## 15000 Metres

### National records

<b>44:57.0</b>	Jim Alder	Morpeth	Coca-Cola International	London (CP)	5 Sep 1970
----------------	-----------	---------	-------------------------	-------------	------------

### Native and All-comers' records

<b>47:40.8</b>	Alastair Wood	Aberdeen AAC		Pitreavie	12 Dec 1970
<b>45:01.6</b>	Jim Alder	Morpeth H	Edinburgh Highland G	Meadowbank	21 Aug 1971

## 10 Miles

### National records

<b>49:58.8</b>	Andrew Brown	Motherwell YMCA	SAAA Championships	Seedhill Pk, Paisley	18 Apr 1962
<b>48:44.4</b>	Lachie Stewart	Vale of Leven AAC	SAAA Championships	Seedhill Pk, Paisley	7 May 1966
<b>47:29.0</b>	Jim Alder	Morpeth		Leicester	9 Nov 1968

### Native records

<b>54:02.6</b>	Andrew Hannah	Clydesdale H	SAAA 10M Champs	Powderhall	2 Apr 1894
<b>53:26.0</b>	Andrew Hannah	Clydesdale H	SAAA 10M Champs	Hampden Park	12 Apr 1895
<b>53:04.0</b>	Thomas Jack	Edinburgh SH	SAAA 10M Champs	Glasgow	6 Apr 1907

<b>53:01.0</b>	George Wallach	Greenock Glenpark	SAAA 10M Champs	Glasgow	5 Apr 1913
<b>52:48.6</b>	George Wallach	Greenock Glenpark	SAAA 10M Champs	Glasgow	4 Apr 1914
<b>52:04.4</b>	James Wilson	Greenock Glenpark	SAAA 10M Champs	Glasgow	17 Apr 1920
<b>51:37.8</b>	John Suttie Smith	Dundee Thistle H	SAAA 10M Champs	Glasgow	20 Apr 1929
<b>50:11.0</b>	Ian Binnie	Victoria Park AAC	Cowal Highland G	Dunoon	28 Aug 1953
<b>49:58.8</b>	Andrew Brown	Motherwell YMCA	SAAA 10M Champs	Paisley (S)	18 Apr 1962
<b>48:44.4</b>	Lachie Stewart	Vale of Leven AAC	SAAA 10M Champs	Paisley (S)	7 May 1966
<b>47:58.6</b>	Lachie Stewart	Shettleston H	SAAA 10M Champs	Scotstoun	1 May 1971
<b>All-comers' records</b>					
<b>55:16.8</b>	Alexander Findlay	Scotland	Scottish Championships	Powderhall	28 Jun 1886
<b>54:18.6</b>	Andrew Hannah	Scotland	Scottish Championships	Hampden Park	2 Apr 1891
<b>54:02.6</b>	Andrew Hannah	Scotland	Scottish Championships	Powderhall	2 Apr 1894
<b>53:26.0</b>	Andrew Hannah	Scotland	Scottish Championships	Hampden Park	12 Apr 1895
<b>52:51.4</b>	Fred Bacon	England	Scottish Championships	Alloa	1 Feb 1902
<b>50:40.6</b>	Alfred Shrubbs	England	West of Scot H Meet	Ibrox Park	5 Nov 1904
<b>50:11.0</b>	Ian Binnie	Scotland	Cowal Games	Dunoon	28 Aug 1953
<b>49:58.8</b>	Andrew H Brown	Scotland	Scottish Championships	Seedhill Park	18 Apr 1962
<b>48:44.4</b>	Lachie Stewart	Scotland	Scottish Championships	Seedhill Park	7 May 1966
<b>47:58.6</b>	Lachie Stewart	Scotland	Scottish Championships	Scotstoun	1 May 1971

## 11 Miles

### National and Native records

<b>55:24.2</b>	Ian Binnie	Victoria Park AAC	Cowal Highland G	Dunoon	28 Aug 1953
<b>54:27.2</b>	Lachie Stewart	Vale of Leven AAC	Cowal Highland G	Dunoon	25 Aug 1967
<b>53:21.8</b>	Jim Alder	Morpeth H	Edinburgh Highland G	Meadowbank	21 Aug 1971

### All-comers' records

<b>56:23.4</b>	Alfred Shrubbs	England	West of Scot H Meet	Ibrox Park	5 Nov 1904
<b>55:24.2</b>	Ian Binnie	Scotland	Cowal Games	Dunoon	28 Aug 1953
<b>54:27.2</b>	Lachie Stewart	Vale of Leven AAC	Cowal Highland G	Dunoon	25 Aug 1967
<b>53:21.8</b>	Jim Alder	Scotland	Edinburgh Highland Games	Meadowbank	21 Aug 1971

## One Hour Run

### National records

<b>11m1575y</b>	Ian Binnie	Victoria Park AAC	Cowal Games	Dunoon	28 Aug 1953
<b>12m 188y</b>	Lachie Stewart	Vale of Leven AC	Cowal Games	Dunoon	25 Aug 1967
<b>12m 618y (19,876m)</b>	Jim Alder	Morpeth H	Edinburgh Highland Games	Meadowbank	21 Aug 1971

### Native records

<b>10m1037y</b>	Duncan Wright	Maryhill H	In 2 Hour Run	Hampden Park	18 Sep 1933
<b>11m 77y</b>	J Emmet Farrell	Maryhill H	SAAA 10M Champs	Ibrox Park	24 Apr 1945
<b>11m 287y</b>	J Emmet Farrell	Maryhill H		Glasgow (Sa)	16 May 1950
<b>11m1575y</b>	Ian Binnie	Victoria Park AAC	Cowal Highland G	Dunoon	28 Aug 1953
<b>12m 188y</b>	Lachie Stewart	Vale of Leven AAC	Cowal Highland G	Dunoon	25 Aug 1967
<b>12m 618y (19,876m)</b>	Jim Alder	Morpeth H	Edinburgh Highland G	Meadowbank	21 Aug 1971

### All-comers' records

<b>11m1137y</b>	Alfred Shrubbs	England	West of Scot H Meet	Ibrox Park	5 Nov 1904
<b>11m1575y</b>	Ian Binnie	Scotland	Cowal Games	Dunoon	28 Aug 1953
<b>12m 188y</b>	Lachie Stewart	Scotland	Cowal Games	Dunoon	25 Aug 1967
<b>12m 618y 19,876m</b>	Jim Alder	Scotland	Edinburgh Highland Games	Meadowbank	21 Aug 1971

## 12 Miles

### National, Native and All-comers' records

<b>60:34.2</b>	Ian Binnie	Victoria Park AAC	Cowal Highland G	Dunoon	28 Aug 1953
----------------	------------	-------------------	------------------	--------	-------------

<b>59:29.0</b>	Lachie Stewart	Vale of Leven AAC	Cowal Highland G	Dunoon	25 Aug 1967
<b>58:18.8</b>	Jim Alder	Morpeth H	Edinburgh Highland G	Meadowbank	21 Aug 1971

### 20000 Metres

#### National records

<b>60:03.6</b>	Jim Alder	Morpeth H	Coca-Cola International	London (CP)	5 Sep 1970
----------------	-----------	-----------	-------------------------	-------------	------------

#### Native and All-comers' Records

<b>63:24.0</b>	Alastair Wood	Aberdeen AAC		Pitreavie	12 Dec 1970
<b>63:24.0</b>	Donald Macgregor	Edinburgh SH		Pitreavie	12 Dec 1970
<b>62:14.0</b>	Colin Youngson	Edinburgh SH		Coatbridge	8 Apr 1978

### 15 Miles

#### National record

<b>72:51.0</b>	Jim Alder	Morpeth	Coca-Cola International	London (CP)	5 Sep 1970
----------------	-----------	---------	-------------------------	-------------	------------

### 25000 Metres

#### National record

<b>75:34.4</b>	Jim Alder	Morpeth	Coca-Cola International	London (CP)	5 Sep 1970
----------------	-----------	---------	-------------------------	-------------	------------

#### Native and All-comers' records

<b>79:16.6</b>	Alastair Wood	Aberdeen AAC		Pitreavie	12 Dec 1970
<b>79:16.6</b>	Donald Macgregor	Edinburgh SH		Pitreavie	12 Dec 1970

### 30000 Metres

#### National record

<b>91:30.4</b>	Jim Alder	Morpeth	Coca-Cola International	London (CP)	5 Sep 1970
----------------	-----------	---------	-------------------------	-------------	------------

#### Native and All-comers' records

<b>95:13.8</b>	Donald Macgregor	Edinburgh SH		Pitreavie	12 Dec 1970
----------------	------------------	--------------	--	-----------	-------------

### 20 Miles

#### National record

<b>1:40:58.0</b>	Jim Alder	Morpeth		Walton	17 Oct 1964
------------------	-----------	---------	--	--------	-------------

#### Native record

<b>1:42:07.0</b>	Donald Macgregor	Edinburgh SH		Pitreavie	12 Dec 1970
------------------	------------------	--------------	--	-----------	-------------

### 35000 Metres

#### National, Native and All-comers' record

<b>1:50:59.8</b>	Donald Macgregor	Edinburgh SH		Pitreavie	12 Dec 1970
------------------	------------------	--------------	--	-----------	-------------

### Two Hours Run

#### National records

<b>20m 908y</b>	Duncan Wright	Maryhill H		Hampden Park	18 Sep 1933
<b>23m1071y</b>	Jim Alder	Morpeth		Walton	17 Oct 1964

#### Native records

<b>20m 908y</b>	Duncan Wright	Maryhill H		Hampden Park	18 Sep 1933
<b>21m 21y</b>	Alastair Wood	Aberdeen AAC		Pitreavie	13 Dec 1969
<b>23m 971y</b>	Donald Macgregor	Edinburgh SH		Pitreavie	12 Dec 1970

#### All-comers' records

<b>20m1604y</b>	Ernest Harper	England		Hampden Park	18 Sep 1933
<b>21m 21y</b>	Alastair Wood	Scotland		Pitreavie	13 Dec 1969
<b>23m 971y</b>	Donald Macgregor	Scotland		Pitreavie	12 Dec 1970

### 40 Miles

#### National, Native and All-comers' record

<b>3:49:49</b>	Alastair Wood	Aberdeen AAC		Pitreavie	13 Dec 1969
----------------	---------------	--------------	--	-----------	-------------



<b>1600 Metres Medley relay</b>				<b>y = time for 1 mile medley</b>	
<b>National records</b>					
<b>3:23.1 y</b>	Victoria Park AAC	AAA Championships	Kirkby, Liverpool	5 Aug 1967	
	<i>Andrew Wood, Peter Hepburn, Robert Laurie, Hugh Barrow</i>				
<b>3:23.7</b>	Victoria Park AAC	Scottish Championships	Scotstoun	24 May 1969	
	<i>Hugh Barrow, Robert Laurie, Gordon Miller, Andrew Wood</i>				
<b>Native records</b>					
<b>3:40.0 y</b>	Edinburgh University AC	Scottish Championships	Powderhall	24 Jun 1922	
	<i>Charles Brown, Leslie Dunn, Eric Liddell, IM Robertson</i>				
<b>3:37.0 y</b>	Edinburgh University AC	Glasgow Police Sports	Ibrox Park	15 Jun 1929	
	<i>Hugh Maingay, David Paton, Robert Howland, Frederick Reid</i>				
<b>3:34.6 y</b>	Glasgow University AC	Glasgow Police Sports	Ibrox Park	18 Jun 1932	
	<i>Niel Morison, N Stone, Robin Murdoch, Ian Borland</i>				
<b>3:34.3 y</b>	Bellahouston Harriers	Glasgow Police Sports	Ibrox Park	20 Jun 1936	
	<i>Jack Gifford, G Young, JM Bone, Charles France</i>				
<b>3:32.9 y</b>	Bellahouston Harriers	Glasgow Police Sports	Hampden Park	18 Jun 1938	
	<i>Jack Gifford, WCW Murdoch, NM Smith, Charles France</i>				
<b>3:31.7 y</b>	Glasgow University AC	Glasgow Transport Sports	Helenvale Park	27 Jun 1950	
	<i>Thomas Begg, Robin Ward, James Paton, David Gracie</i>				
<b>3:30.2 y</b>	Bellahouston Harriers	Glasgow Police Sports	Ibrox Park	15 Jun 1957	
	<i>Derek Fraser, P McPherson, Graham Fleck, Kenneth Fleck</i>				
<b>3:30.0 y</b>	Ayr Seaforth AC		Ardeer	1 Jul 1962	
	<i>James McLatchie, Francis McCarvel, Neil Duff, Cochrane Stewart</i>				
<b>3:28.9 y</b>	Bellahouston Harriers	Land o'Burns Trophy	Ayr	14 Aug 1965	
	<i>Michael Maclean, Hamish Robertson, William Robertson, Hugh Baillie</i>				
<b>3:26.8 y</b>	Bellahouston Harriers	Invitation race	Westerlands	15 Jun 1966	
	<i>Michael Maclean, William Robertson, Hugh Carmichael, Hugh Baillie</i>				
<b>3:26.6 y</b>	Victoria Park AAC	Glasgow Transport Sports	Helenvale Park	27 Jun 1967	
	<i>Hugh Barrow, Andrew Wood, Peter Hepburn, Robert Laurie</i>				
<b>3:23.7</b>	Victoria Park AAC	Scottish Championships	Scotstoun	24 May 1969	
	<i>Hugh Barrow, Robert Laurie, Gordon Miller, Andrew Wood</i>				
<b>All-comers' records</b>					
<b>3:25.9 y</b>	Jamaica	Rangers Sports	Ibrox Park	2 Aug 1952	
	<i>Arthur Wint, Byron LaBeach, George Rhoden, Herb McKenley</i>				
<b>3:23.7</b>	Victoria Park AAC	Scotland	Scotstoun	24 May 1969	
	<i>Hugh Barrow, Robert Laurie, Gordon Millar, Andrew Wood</i>				

<b>1 Mile Walk</b>					
<b>National records</b>					
<b>6:45.6</b>	Richard Quinn	Bellahouston H	Bellahouston Sports	Ibrox Park	11 Jun 1910
<b>Native records</b>					
<b>7:02.4</b>	John Harvie	Queen's Park FC	Ayr Academical Sports	Ayr	14 Jun 1884
<b>6:58.2</b>	Richard Quinn	Bellahouston H	Bellahouston Sports	Ibrox Park	6 Jun 1908
<b>6:45.6</b>	Richard Quinn	Bellahouston H	Bellahouston Sports	Ibrox Park	11 Jun 1910
<b>All-comers' records</b>					
<b>7:02.4</b>	John Harvie	Scotland	Ayr Academical Sports	Ayr	14 Jun 1884
<b>6:44.8</b>	Ernest Webb	England	Rangers Sports	Ibrox Park	7 Aug 1909

<b>1½ Miles Walk</b>					
<b>National, Native and All-comers' record</b>					
<b>10:21.2</b>	Richard Quinn	Bellahouston H	Bellahouston Sports	Ibrox Park	11 Jun 1910

<b>3000 Metres Track Walk</b>					
<b>National records</b>					
<b>13:01.8</b> †	William Sutherland			Meadowbank	10 Jul 1971
† Sutherland's time was recognised as an all-comers' record but appears to have been overlooked as a national record					
<b>13:15.4</b>	Alan Buchanan	Brighton & Hove		London (CP)	2 Aug 1975
<b>13:00.02</b>	Graham White	Brighton & Hove		Meadowbank	1 Sep 1984
<b>12:54.9</b>	Graham White	Brighton & Hove		Dublin, IRL	3 Jun 1985
<b>12:04.6</b>	Martin Bell	Annan		Barry	16 Jul 1988
<b>11:59.47</b>	Martin Bell	Splott WC	Inter-County Champs	Bedford	25 May 1998
<b>Native records</b>					
<b>13:51.4</b>	Brian Cook	Perth Strathtay H	Scottish League	Meadowbank	14 Jul 1973
<b>13:34.6</b>	Brian Cook	Perth Strathtay H	Scottish League	Meadowbank	12 Aug 1973
<b>13:03.4</b>	Michael Dunion	Essex Police AC	Scottish Championships	Meadowbank	23 May 1976
<b>13:00.02</b>	Graham White	Glasgow Univ AC	Scot v Ireland/Catalonia	Meadowbank	1 Sep 1984
<b>12:20.94</b>	Martin Bell	Annan	Scot v Ireland/Wales	Meadowbank	19 Jul 1987
<b>All-comers' records</b>					
<b>13:01.8</b>	William Sutherland	Scotland	British Police Champs	Meadowbank	10 Jul 1971
<b>12:54.60</b>	Antonio Gonzalez	Spain	Scot v Ireland/Catalonia	Meadowbank	1 Sep 1984
<b>12:00.20</b>	Stephen Johnson	Wales	Scot v Ireland/Wales	Meadowbank	19 Jul 1987

<b>2 Miles Walk</b>					
<b>National record</b>					
<b>14:06.4</b>	Colin McLellan	Shettleston H	Shettleston Sports	Celtic Park	30 May 1925
<b>Native records</b>					
<b>14:56.0</b>	John Harvie	Queen's Park FC	Abercorn FC Sports	Paisley (B)	24 May 1884
<b>14:49.2</b>	Richard Quinn	Motherwell	Wishaw CC Meeting	Wishaw	7 Jul 1906
<b>14:46.2</b>	Richard Quinn	Bellahouston H	Bellahouston Sports	Ibrox Park	1 Jun 1907
<b>14:28.0</b>	Richard Quinn	Bellahouston H	Rangers Sports	Ibrox Park	9 Aug 1909
<b>14:21.6</b>	Richard Quinn	Bellahouston H	Clydesdale H Sports	Ibrox Park	27 May 1911
<b>14:06.4</b>	Colin McLellan	Shettleston	Shettleston H Meet	Celtic Park	30 May 1925
<b>All-comers' records</b>					
<b>14:56.0</b>	John Harvie	Scotland	Abercorn FC Sports	Paisley (B)	24 May 1884
<b>14:49.2</b>	Richard Quinn	Scotland	Wishaw CC Meeting	Wishaw	7 Jul 1906
<b>14:46.2</b>	Richard Quinn	Scotland	Bellahouston Sports	Ibrox Park	1 Jun 1907
<b>13:57.2</b>	Ernest Webb	England	Rangers Sports	Ibrox Park	7 Aug 1909

<b>3 Miles Walk</b>					
<b>National record</b>					
<b>21:15</b>	Colin McLellan	Shettleston H	Shettleston Sports	Celtic Park	30 May 1925
<b>Native records</b>					
<b>23:16.0</b>	John Harvie	Queen's Park FC	Scottish Championships	Powderhall	28 Jun 1884
<b>23:01.4</b>	Richard Quinn	Motherwell	Scottish Championships	Powderhall	23 Jun 1906
<b>22:31.6</b>	Richard Quinn	Bellahouston H	Scottish Championships	Powderhall	22 Jun 1907
<b>21:50.6</b>	Richard Quinn	Bellahouston H	Rangers Sports	Ibrox Park	9 Aug 1909
<b>21:34.0</b>	Colin McLellan	Shettleston H	Scottish 7M Champs	Celtic Park	18 Apr 1925
<b>21:15.0</b>	Colin McLellan	Shettleston H	Shettleston H Meet	Celtic Park	30 May 1925
<b>All-comers' records</b>					
<b>23:16.0</b>	John Harvie	Scotland	Scottish Championships	Powderhall	28 Jun 1884
<b>23:01.4</b>	Richard Quinn	Scotland	Scottish Championships	Powderhall	23 Jun 1906
<b>22:31.6</b>	Richard Quinn	Scotland	Scottish Championships	Powderhall	22 Jun 1907
<b>21:39.2</b>	A E M Rowlands	New Zealand	Rangers Sports	Ibrox Park	9 Aug 1909

<b>21:34.0</b>	Colin McLellan	Scotland	Scottish 7M Champs	Celtic Park	18 Apr 1925
<b>21:15.0</b>	Colin McLellan	Scotland	Shettleston H Meet	Celtic Park	30 May 1925

#### 4 Miles Walk

##### National record

<b>28:23.4</b>	Colin McLellan	Shettleston H	Shettleston Sports	Celtic Park	30 May 1925
----------------	----------------	---------------	--------------------	-------------	-------------

##### Native and All-comers' records

<b>31:33.0</b>	Colin McLellan	Shettleston H	Shettleston H Meet	Celtic Park	2 Sep 1922
<b>30:21.8</b>	Edward McLeod	Shettleston H	Shettleston H Meet	Celtic Park	31 May 1924
<b>28:49.0</b>	Colin McLellan	Shettleston H	Scottish 7M Champs	Celtic Park	18 Apr 1925
<b>28:23.4</b>	Colin McLellan	Shettleston H	Shettleston H Meet	Celtic Park	30 May 1925

#### 5 Miles Walk

##### National record

<b>36:16.0</b>	Colin McLellan	Shettleston H	SAAA Championships (7M)	Celtic Park	18 Apr 1925
----------------	----------------	---------------	-------------------------	-------------	-------------

##### Native and All-comers' records

<b>39:34.0</b>	Colin McLellan	Shettleston H	Shettleston H Meet	Celtic Park	2 Sep 1922
<b>36:16.0</b>	Colin McLellan	Shettleston H	Scottish 7M Champs	Celtic Park	18 Apr 1925

#### 6 Miles Walk

##### National record

<b>43:58.0</b>	Colin McLellan	Shettleston H	SAAA Championships (7M)	Celtic Park	18 Apr 1925
----------------	----------------	---------------	-------------------------	-------------	-------------

##### Native and All-comers' records

<b>47:28.0</b>	Colin McLellan	Shettleston H	Shettleston H Meet	Celtic Park	2 Sep 1922
<b>43:58.0</b>	Colin McLellan	Shettleston H	Scottish 7M Champs	Celtic Park	18 Apr 1925

#### 7 Miles Walk

##### National records

<b>51:42.4</b>	Colin McLellan	Shettleston H	SAAA Championships	Celtic Park	18 Apr 1925
<b>49:57.6</b>	William Sutherland	Highgate H		Grangemouth	28 Jun 1969

##### Native and All-comers' records

<b>55:41.2</b>	Edward McLeod	Shettleston H	Shettleston H Meet	Celtic Park	2 Sep 1922
<b>51:42.4</b>	Colin McLellan	Shettleston H	Scottish 7M Champs	Celtic Park	18 Apr 1925

#### Throwing 56lb Weight for Height

##### National and native records

<b>4.14</b>	Donald Clerk	Aberdeen AAC		Bathgate	26 May 1973
<b>4.17</b>	Hamish Davidson	Edinburgh SH		Kinlochleven	5 Jul 1975
<b>4.64</b>	Paul Buxton	Edinburgh SH	Monkland International	Coatbridge	7 Aug 1976
<b>4.70</b>	Mark Hunter			Falkirk	20 Jun 1993
<b>4.95</b>	Mark Hunter			Saltcoats	8 Jun 2003

##### All-comers' records

<b>4.62</b>	Jeff Teale	England	Edinburgh Highland G	Meadowbank	22 Aug 1970
<b>5.02</b>	Hreinn Halldorsson	Iceland	Edinburgh Highland G	Meadowbank	20 Aug 1977
<b>5.10</b>	John McArdle	USA	Edinburgh Highland G	Meadowbank	22 Aug 1981

#### Throwing 28lb Weight for Distance

##### National and native records

<b>26.18</b>	Chris Black	Edinburgh SH		Meadowbank	15 Sep 1974
<b>27.70</b>	Chris Black	Edinburgh SH		Meadowbank	15 Aug 1976

##### All-comers' records

<b>87' 3 (26.61)</b>	Howard Payne	England	Edinburgh Highland G	Murrayfield	19 Aug 1961
<b>27.70</b>	Chris Black	Scotland	ESH Gala Day	Meadowbank	15 Aug 1976

<b>Throwing 56lb Weight for Distance</b>					
<b>Native and All-comers' records</b>					
<b>32' 9</b>	Alexander Smith	Glasgow Police AC	Scottish Championships	Hampden Park	26 Jun 1926
<b>33' 1</b>	Alexander Smith	Glasgow Police AC	Scottish Championships	Hampden Park	25 Jun 1927
<b>35' 1½</b>	Alexander Smith	Glasgow Police AC	Glasgow Police Sports	Ibrox Park	15 Jun 1929
<b>National, Native and All-comers' record</b>					
<b>36' 2½</b>	Alexander Smith	Glasgow Police AC	Glasgow Police Sports	Ibrox Park	17 Jun 1933

<b>Throwing the Hammer (Scots Style)</b>					
<b>Native and All-comers' records</b>					
<b>100' 5¾</b>	Kenneth Whitton	St George's FC	Scottish Championships	Paisley (W)	27 Jun 1885
<b>103' 0</b>	Kenneth Whitton	St George's FC	Scottish Championships	Powderhall	21 Jun 1890
<b>104' 6</b>	D Ross	North of Scot AAA	Scottish Championships	Ibrox Park	22 Jun 1895
<b>104' 8½</b>	Tom Nicolson	West of Scotland H	Scottish Championships	Celtic Park	23 Jun 1923
<b>106' 11</b>	George Mitchell	Glasgow Police AC	Scottish Championships	Hampden Park	25 Jun 1927
<b>111' 4</b>	<i>George Mitchell</i>	<i>Glasgow Police AC</i>	<i>Glasgow Police Sports</i>	<i>Glasgow (Sh)</i>	<i>16 Jun 1927</i>
<b>120' 5</b>	George Mitchell	Glasgow Police AC	Scottish Championships	Craiglockhart	23 Jun 1928
<b>120' 7</b>	Alex Valentine	Royal Navy A.S.	Heavy Events Champs	Murrayfield	19 Aug 1951
<b>121' 10</b>	Alex Valentine	Royal Navy A.S.	Cowal Games	Dunoon	26 Aug 1951
<b>National, Native and All-comers' records</b>					
<b>123' 7</b>	Alex Valentine	Royal Navy A.S.	Heavy Events Champs	Murrayfield	18 Aug 1962
<b>124' 2</b>	Alex Valentine	Royal Navy A.S.	Heavy Events Champs	Nairn	13 Aug 1966
<b>(37.83)</b>					
<b>38.10</b>	Alex Valentine	Royal Navy A.S.	Heavy Events Champs	Elgin	20 Jul 1974
<b>39.50</b>	Paul Buxton	Edinburgh SH	Edinburgh Highland G	Meadowbank	22 Aug 1976
<b>39.58</b>	Alan Pettigrew		Strathallan Highland G	Bridge of Allan	2 Aug 1987
<b>41.30</b>	Bruce Aitken		Abernethy Highland G	Nethy Bridge	20 Aug 1994
<b>42.94</b>	Stephen King		Lochaber Highland G	Fort William	27 Jul 1996

## SCOTTISH WOMEN'S OUTDOOR RECORDS

Performance	Athlete	Club	Event	Venue	Date
<b>100 Metres</b>					
<b>y = time for 100 yards</b>					
<b>National records</b>					
<b>10.9 y</b>	Jennifer Smart	Anglo-Scottish AC	Edinburgh Highland Games	Murrayfield	19 Aug 1961
<b>11.9</b>	Helen Golden	Edinburgh SH	Invitation race	Birmingham	2 Aug 1969
<b>11.9</b>	Helen Golden	Edinburgh SH	GB v France	London (WC)	1 Sep 1969
<b>11.9</b>	Helen Golden	Edinburgh SH	East v West	Grangemouth	25 Apr 1970
<b>11.8</b>	Helen Golden	Edinburgh SH	Scottish Championships	Meadowbank	6 Jun 1970
<b>11.7</b>	Helen Golden	Edinburgh SH	WAAA Championships	London (CP)	19 Jun 1970
<b>11.6</b>	Helen Golden	Edinburgh SH	WAAA Championships	London (CP)	20 Jun 1970
<b>11.6</b>	Elizabeth Sutherland	Edinburgh SH	British Games	Meadowbank	16 Jun 1973
<b>11.6</b>	Christine Salmond	Maryhill Ladies AC	Scottish Championships	Meadowbank	23 Jun 1973
<b>11.4</b>	Elizabeth Sutherland	Edinburgh SH	GB v E Germany/Bulgaria	Leipzig, GER	1 Jul 1973
<b>11.2</b>	Helen Golden	Edinburgh SH	GB v Poland/Canada	Warsaw, POL	29 Jun 1974
<b>11.2</b>	Helen Golden	Edinburgh SH	Motorway League	Warley	3 Aug 1974
<b>Automatic timing:</b>					
<b>11.40</b>	Helen Golden	Edinburgh SH	WAAA Championships	London (CP)	20 Jul 1974
<b>Native records</b>					
<b>11.6 y</b>	Laura Greig	Aberdeen Univ	Aberdeen Univ Champs	Aberdeen (K)	23 May 1931
<b>11.5 y</b>	Elaine Wilson	Kilmarnock	Scottish Championships	Ibrox Park	19 Jun 1936
<b>11.4 y</b>	Elaine Wilson	Kilmarnock	Lugar Institute Sports	Lugar	27 Jun 1936
<b>11.4 y</b>	Quita Shivas	Aberdeen Univ	Scottish Universities	Aberdeen (L)	9 Jul 1949
<b>11.4 y</b>	Alice Robertson	Aberdeen	Scottish Championships	New Meadowbank	9 Jun 1956
<b>11.3 y</b>	Isabel Bond	Ardeer	Scottish Championships	New Meadowbank	8 Jun 1957
<b>11.2 y</b>	Mary Symon	Bellahouston H	Scottish Championships	New Meadowbank	13 Jun 1959
<b>11.2 y</b>	Esther Watt	Edinburgh AC	Edinburgh Highland Games	Murrayfield	20 Aug 1960
<b>11.2 y</b>	Esther Watt	Edinburgh AC	East v West	Scotstoun	20 May 1961
<b>11.2 y</b>	Anne Wilson	Clydesdale H	East v West	Scotstoun	20 May 1961
<b>11.1 y</b>	Janet Lowe	Pitreavie AAC	Scottish Championships	Pitreavie	8 Jun 1963
<b>11.0 y</b>	Maureen McLeish	Perth Strathtay	Scottish Championships	Pitreavie	11 Jun 1966
<b>11.0 y</b>	Patricia Pennycook	Maryhill Ladies	Scottish Championships	Grangemouth	6 Jul 1968
<b>11.9</b>	Helen Golden	Edinburgh SH	East v West	Grangemouth	25 Apr 1970
<b>11.8</b>	Helen Golden	Edinburgh SH	Scottish Championships	Meadowbank	6 Jun 1970
<b>11.8</b>	Christine Salmond	Maryhill Ladies	Scottish Championships	Meadowbank	24 Jun 1972
<b>11.7</b>	Helen Golden	Edinburgh SH	Scot v Combined Services	Meadowbank	29 Jul 1972
<b>11.6</b>	Elizabeth Sutherland	Edinburgh SH	British Games	Meadowbank	16 Jun 1973
<b>11.6</b>	Christine Salmond	Maryhill Ladies	Scottish Championships	Meadowbank	23 Jun 1973
<b>11.5</b>	Helen Golden	Edinburgh SH	ESH Invitation Meeting	Meadowbank	14 May 1976
<b>11.51</b>	Kaye Jeffrey	Central Region AC	UK Championships	Meadowbank	28 May 1983
<b>11.50</b>	Sandra Whittaker	Glasgow AC	Scottish Championships	Meadowbank	14 Jun 1986
<b>All-comers' records</b>					
<b>11.2 y</b>	Quita Shivas	Scotland	Scottish Universities	Westerlands	2 Jun 1951
<b>11.2 y</b>	Jean Foulds	England	Singers Sports	Clydebank	2 Jun 1951
<b>11.1 y</b>	Bertha Brouwer	Netherlands	Edinburgh Highland Games	Murrayfield	23 Aug 1952
<b>11.1 y</b>	Betty Cuthbert	Australia	Edinburgh Highland Games	Murrayfield	9 Aug 1958
<b>10.9 y</b>	Dorothy Hyman	England	Edinburgh Highland Games	Murrayfield	20 Aug 1959
<b>10.9 y</b>	Jennifer Smart	Scotland	Edinburgh Highland Games	Murrayfield	19 Aug 1961
<b>10.8 y</b>	Betty Moore	Australia	Floodlit Meeting	Ibrox Stadium	3 Oct 1962
<b>11.8</b>	Helen Golden	Scotland	Scottish Championships	Meadowbank	6 Jun 1970
<b>11.6</b>	Irena Szewinska	Poland	GB v Poland	Meadowbank	17 Jun 1972
<b>11.25</b>	Renate Stecher	East Germany	Europa Cup	Meadowbank	7 Sep 1973
<b>11.22</b>	Inge Helten	West Germany	Coca Cola International	Meadowbank	6 Aug 1976

<b>11.22</b>	Heather Oakes	England	Commonwealth Games	Meadowbank	27 Jul 1986
<b>11.16</b>	Merlene Ottey	Jamaica	Miller Lite IAC International	Meadowbank	7 Jul 1989
<b>11.11</b>	Michelle Finn	USA	IAC Grand Prix	Meadowbank	6 Jul 1990
<b>11.03</b>	Dafne Schippers	Netherlands	Glasgow Grand Prix	Hampden Park	12 Jul 2014
<b>11.01</b>	Michelle Lee-Ahye	USA	Glasgow Grand Prix	Hampden Park	12 Jul 2014
<b>10.93</b>	Blessing Okagbare	Nigeria	Commonwealth Games	Hampden Park	28 Jul 2014
<b>10.85</b>	Blessing Okagbare	Nigeria	Commonwealth Games	Hampden Park	28 Jul 2014

<b>200 Metres</b>					
					<b>y = time for 220 yards</b>
<b>National records</b>					
<b>24.5 y</b>	Jennifer Smart	Anglo-Scottish AC	Edinburgh Highland Games	Murrayfield	19 Aug 1961
<b>23.9</b>	Helen Golden	Edinburgh SH	GB v France (invit race)	London (CP)	30 Aug 1969
<b>23.7</b>	Helen Golden	Edinburgh SH	European Cup	Budapest, HUN	22 Aug 1970
<b>23.7</b>	Helen Golden	Edinburgh SH	European Junior Champs	Paris, FRA	12 Sep 1970
<b>23.6</b>	Helen Golden	Edinburgh SH	International Meeting	Warsaw, POL	28 Jun 1972
<b>23.1</b>	Helen Golden	Edinburgh SH	Europa Cup	Meadowbank	7 Sep 1973
<b>23.0</b>	Helen Golden	Edinburgh SH	GB v Poland/Canada	Warsaw, POL	30 Jun 1974
<b>Automatic timing:</b>					
<b>23.14</b>	Helen Golden	Edinburgh SH	Europa Cup	Meadowbank	7 Sep 1973
<b>23.13</b>	Sandra Whittaker	Glasgow AC	GB v Finland/Switzerland	Lappeenranta, FIN	19 Jun 1983
<b>22.98</b>	Sandra Whittaker	Glasgow AC	Olympic Games	Los Angeles, USA	8 Aug 1984
<b>22.84</b>	Beth Dobbin	Edinburgh AC	UK Women's League	Eton	2 Jun 2018
<b>22.83</b>	Beth Dobbin	Edinburgh AC	IAAF Diamond League	Stockholm, SWE	10 Jun 2018
<b>22.75</b>	Beth Dobbin	Edinburgh AC	British Championships	Birmingham	1 Jul 2018
<b>22.59</b>	Beth Dobbin	Edinburgh AC	British Championships	Birmingham	1 Jul 2018
<b>Native records</b>					
<b>27.8 y</b>	Kathreen Cochrane	Civil Service	Scottish Championships	Ibrox Park	16 Jun 1931
<b>27.6 y</b>	Lexy Urquhart	Maryhill Harriers	Scottish Championships	Celtic Park	17 Jun 1932
<b>27.6 y</b>	Lexy Urquhart	Maryhill Harriers	Scottish Championships	Ibrox Park	16 Jun 1933
<b>27.2 y</b>	Sheena Dobbie	Glasgow Univ	Scottish Championships	Ibrox Park	15 Jun 1934
<b>26.9 y</b>	Sheena Dobbie	Glasgow Univ	Scottish Championships	Ibrox Park	28 Jun 1935
<b>26.5 y</b>	Elaine Wilson	Kilmarnock	Scottish Championships	Ibrox Park	19 Jun 1936
<b>25.8 y</b>	Margaret McDowall	Ardeer & K.H.	Scottish Championships	Ibrox Park	2 Jul 1937
<b>25.8 y</b>	Sheila Burns	Edinburgh Univ	Scot Univ v Eng Univ	Aberdeen (L)	9 Jul 1949
<b>25.5 y</b>	Elspeth Hay	"Q" AC	Edinburgh Highland Games	Murrayfield	23 Aug 1952
<b>25.1 y</b>	Patricia Devine	"Q" AC	Scottish Championships	New Meadowbank	12 Jun 1954
<b>24.7 y</b>	Ruth Rintoul	Maryhill Ladies	Schools Champs	Glasgow (W)	17 Jun 1967
<b>24.3</b>	Helen Golden	Edinburgh SH	Claude Grahame-White	Meadowbank	2 May 1970
<b>24.0</b>	Helen Golden	Edinburgh SH	ESH Trophy Meeting	Meadowbank	30 May 1970
<b>23.9</b>	Helen Golden	Edinburgh SH	Motorway League	Meadowbank	15 Jul 1972
<b>23.7</b>	Helen Golden	Edinburgh SH	Edinburgh Highland Games	Meadowbank	19 Aug 1972
<b>23.7</b>	Helen Golden	Edinburgh SH	Edinburgh Highland Games	Meadowbank	18 Aug 1973
<b>23.1</b> <b>(23.14)</b>	Helen Golden	Edinburgh SH	Europa Cup Final	Meadowbank	7 Sep 1973
<b>All-comers' records</b>					
<b>25.1 y</b>	Patricia Devine	"Q" AC	Scottish Championships	New Meadowbank	12 Jun 1954
<b>24.5 y</b>	Betty Cuthbert	Australia	Edinburgh Highland Games	Murrayfield	9 Aug 1958
<b>24.5 y</b>	Jennifer Smart	Scotland	Edinburgh Highland Games	Murrayfield	19 Aug 1961
<b>24.5 y</b>	Janet Simpson	England	Edinburgh Highland Games	Murrayfield	19 Aug 1967
<b>24.4</b>	Madeleine Cobb	England	Claude Grahame-White Trophy	Meadowbank	2 May 1970
<b>23.6</b>	Marilyn Neufville	Jamaica	Claude Grahame-White Trophy	Meadowbank	2 May 1970
<b>22.81</b>	Renate Stecher	East Germany	Europa Cup	Meadowbank	7 Sep 1973
<b>22.7</b>	Irena Szewinska	Poland	Monkland International	Coatbridge	7 Aug 1976
<b>22.66</b>	Merlene Ottey	Jamaica	Miller Lite IAC International	Meadowbank	7 Jul 1989
<b>22.34</b>	Dafne Schippers	Netherlands	Glasgow Grand Prix	Hampden Park	12 Jul 2014

22.25	Blessing Okagbare	Nigeria	Commonwealth Games	Hampden Park	31 Jul 2014
-------	-------------------	---------	--------------------	--------------	-------------

400 Metres						y = time for 440 yards
National records						
57.5 y	Patricia Brown	Edinburgh SH	Scottish Championships	New Meadowbank	10 Jun 1961	
54.4 y	Rosemary Stirling	Bilston Town	Commonwealth Games	Kingston, JAM	8 Aug 1966	
54.1	Barbara Lyall	Edinburgh SH	Commonwealth Games	Meadowbank	22 Jul 1970	
53.9	Rosemary Stirling	Wolv & Bilston	GB v Poland	Warsaw, POL	12 Sep 1970	
53.2	Rosemary Stirling	Wolv & Bilston	GB v West Germany	London (CP)	28 Aug 1971	
52.98	Karen Williams	Pitreavie AAC	Commonwealth Games	Edmonton, CAN	6 Aug 1978	
52.76	Linsey Macdonald	Pitreavie AAC	European Junior Champs	Bydgoszcz, POL	19 Aug 1979	
52.76	Linsey Macdonald	Pitreavie AAC	Amoco Internat. Games	Gateshead	9 Sep 1979	
52.63	Linsey Macdonald	Pitreavie AAC	Coca Cola International	London (CP)	14 Sep 1979	
51.66	Linsey Macdonald	Pitreavie AAC	Cwmbran Classic	Cwmbran	26 May 1980	
51.16	Linsey Macdonald	Pitreavie AAC	UK Championships	London (CP)	15 Jun 1980	
50.85	Allison Curbishley	Edinburgh SH	European U23 Champs	Turku, FIN	12 Jul 1997	
50.78	Allison Curbishley	Edinburgh SH	World Championships	Athens, GRE	2 Aug 1997	
50.77	Allison Curbishley	Edinburgh SH	BUPA Games	Gateshead	19 Jul 1998	
50.73	Allison Curbishley	Edinburgh SH	GB v USA	Scotstoun	30 Aug 1998	
50.71	Allison Curbishley	Edinburgh SH	Commonwealth Games	Kuala Lumpur, MAS	18 Sep 1998	
Native records						
64.0 y	May Smith	Bellahouston	Scottish Championships	Ibrox Park	16 Jun 1931	
63.7 y	May Smith	Bellahouston	Scottish Championships	Ibrox Park	28 Jun 1935	
62.1 y	May Smith	Bellahouston	Scottish Championships	Ibrox Park	19 Jun 1936	
62.1 y	Patricia Walker	Edinburgh Univ	Inter-Univ Champs	Aberdeen (KC)	4 Jun 1949	
61.3 y	Wilma Bowden	Edinburgh Univ	Edin U Champs	Edinburgh (Cr)	30 May 1953	
60.5 y	Jean Webster	Athenian AC	Scottish Championships	New Meadowbank	12 Jun 1954	
58.3 y	Anna Herman	Edinburgh SH	Scottish Championships	New Meadowbank	11 Jun 1955	
57.5 y	Patricia Brown	Edinburgh SH	Scottish Championships	New Meadowbank	10 Jun 1961	
57.3 y	Lindy Carruthers	Maryhill Ladies	Inter-Area Match	Grangemouth	9 Sep 1967	
55.6	Avril Beattie	Maryhill Ladies	East v West	Grangemouth	25 Apr 1970	
55.4	Avril Beattie	Maryhill Ladies	Claude Grahame-White	Meadowbank	2 May 1970	
55.1	Avril Beattie	Maryhill Ladies	Commonwealth Games	Meadowbank	22 Jul 1970	
54.8	Avril Beattie	Maryhill Ladies	Commonwealth Games	Meadowbank	23 Jul 1970	
54.6	Evelyn McMeekin	Maryhill Ladies	SAAA/League/RAF/Achilles	Meadowbank	15 Sep 1973	
54.6	Anne Littlejohn	Edinburgh SH	Edinburgh Highland G	Meadowbank	17 Aug 1974	
54.5	Anne Littlejohn	Edinburgh SH	Scottish Championships	Meadowbank	28 Jun 1975	
54.4	Liz Sutherland	Edinburgh SH	East v West	Meadowbank	22 May 1977	
54.3	Liz Sutherland	Edinburgh SH	Open Graded Meeting	Meadowbank	23 Apr 1978	
54.0	Karen Williams	Pitreavie	East v West	Meadowbank	21 May 1978	
53.4	Karen Williams	Pitreavie	Scottish Championships	Meadowbank	3 Jun 1978	
52.80	Linsey Macdonald	Pitreavie	Edinburgh Highland G	Meadowbank	23 Aug 1980	
52.78	Sinead Dudgeon	Edinburgh WM	GB v USA	Scotstoun	2 Jul 2000	
52.41	Lee McConnell	Shaftesbury	Scottish Championships	Scotstoun	24 Jun 2001	
52.16	Lee McConnell	Shaftesbury	GB v Russia v USA	Scotstoun	18 Aug 2002	
51.58	Lee McConnell	Shaftesbury	GB v Russia v USA	Scotstoun	29 Jun 2003	
All-comers' records						
56.8 y	Maeve Kyle	Ireland	Scotland v Northern Ireland	Stevenston	9 Jul 1960	
56.2 y	Maeve Kyle	Ireland	Edinburgh Highland Games	Murrayfield	19 Aug 1961	
55.7 y	Maeve Kyle	Ireland	Scotland v Ireland	Ayr	8 Aug 1964	
55.5 y	Rosemary Stirling	Scotland	Scottish Championships	Grangemouth	6 Jul 1968	
53.0	Marilyn Neufville	Jamaica	Commonwealth Games	Meadowbank	22 Jul 1970	
52.8	Judith Ayaa	Uganda	Commonwealth Games	Meadowbank	22 Jul 1970	
51.0 (51.02)	Marilyn Neufville	Jamaica	Commonwealth Games	Meadowbank	23 Jul 1970	

<b>50.73</b>	Allison Curbishley	Scotland	GB v USA	Scotstoun	30 Aug 1998
<b>49.93</b>	Francena McCorory	USA	Glasgow Grand Prix	Hampden Park	11 Jul 2014

<b>800 Metres</b>					
<b>y = time for 880 yards</b>					
<b>National records</b>					
<b>2:20.4 y</b>	Anna Herman	Edinburgh SH	Scottish Championships	New Meadowbank	8 Jun 1957
<b>2:18.2 y</b>	Georgena Buchanan	Maryhill Harriers	Scottish Pentathlon Champ	Pitreavie	12 May 1962
<b>2:16.2 y</b>	Georgena Buchanan	Western AAC	WAAA Championships	London (WC)	7 Jul 1962
<b>2:13.9 y</b>	Georgena Buchanan	Western AAC	Scottish Championships	Pitreavie	8 Jun 1963
<b>2:13.7 y</b>	Georgena Buchanan	Western AAC	WAAA Championships	London (WC)	4 Jul 1964
<b>2:13.1 y</b>	Georgena Buchanan	Western AAC	Scotland v Ireland	Ayr	8 Aug 1964
<b>2:10.1 y</b>	Georgena Buchanan	Western AAC	Scotland v NI v Wales	Wimbledon	11 Sep 1965
<b>2:05.4 y</b>	Rosemary Stirling	Bilston Town	Commonwealth Games	Kingston, JAM	13 Aug 1966
<b>2:04.2</b>	Rosemary Stirling	Wolv & Bilston	GB v Romania/Hungary	Bucharest, ROM	18 Sep 1970
<b>2:02.1</b>	Rosemary Stirling	Wolv & Bilston	European Championships	Helsinki, FIN	10 Aug 1971
<b>2:00.15</b>	Rosemary Stirling	Wolv & Bilston	Olympic Games	Munich, GER	3 Sep 1972
<b>1:59.30</b>	Susan Scott	City of Glasgow	Commonwealth Games	Manchester	29 Jul 2002
<b>1:59.02</b>	Susan Scott	City of Glasgow	Commonwealth Games	Melbourne, AUS	24 Mar 2006
<b>1:58.80</b>	Lynsey Sharp	Edinburgh AC	European Championships	Zurich, SUI	16 Aug 2014
<b>1:57.71</b>	Lynsey Sharp	Edinburgh AC	ISTAF Meeting	Berlin, GER	6 Sep 2015
<b>1:57.69</b>	Lynsey Sharp	Edinburgh AC	Olympic Games	Rio de Janeiro, BRA	20 Aug 2016
<b>Native records</b>					
<b>2:25.6 y</b>	Constance Johnson	Maryhill Harriers	Maryhill Sports	Largs	20 Jul 1931
<b>2:24.2 y</b>	Constance Johnson	Maryhill Harriers	St Peters AAC Meet	Celtic Park	4 Jun 1932
<b>2:21.5 y</b>	Anna Herman	Edinburgh SH	Strathallan Highland G	Bridge of Allan	3 Aug 1957
<b>2:20.4 y</b>	Anna Herman	Edinburgh SH	Scottish Championships	New Meadowbank	8 Jun 1957
<b>2:18.2 y</b>	Georgena Buchanan	Maryhill Harriers	Scottish Pentathlon Champ	Pitreavie	12 May 1962
<b>2:16.2 y</b>	Georgena Buchanan	Western	Floodlit Meeting	Ibrox Park	3 Oct 1962
<b>2:13.9 y</b>	Georgena Buchanan	Western	Scottish Championships	Pitreavie	8 Jun 1963
<b>2:13.1 y</b>	Georgena Buchanan	Western	Scotland v Ireland	Ayr	8 Aug 1964
<b>2:08.7</b>	Georgena Craig	Western	Scottish Championships	Meadowbank	6 Jun 1970
<b>2:05.8</b>	Georgena Craig	Western	Commonwealth Games	Meadowbank	24 Jul 1970
<b>2:05.45</b>	Christine McMeekin	Glasgow AC	Edinburgh Highland Games	Meadowbank	22 Aug 1976
<b>2:04.3</b>	Evelyn McMeekin	Glasgow AC	Scottish Championships	Meadowbank	3 Jun 1978
<b>2:02.6</b>	Evelyn McMeekin	Glasgow	Jubilee Cup	Meadowbank	20 Aug 1978
<b>2:02.28</b>	Anne Clarkson	Edinburgh SH	Edinburgh Highland Games	Meadowbank	22 Aug 1981
<b>2:02.11</b>	Anne Purvis	Edinburgh SH	Dairy Crest Games	Meadowbank	23 Jul 1985
<b>2:01.93</b>	Susan Bevan	Essex Ladies	GB v Soviet Union	Meadowbank	19 Jul 1991
<b>2:00.08</b>	Lynsey Sharp	Edinburgh AC	Glasgow Grand Prix	Hampden Park	12 Jul 2014
<b>All-comers' records</b>					
<b>2:18.2 y</b>	Georgena Buchanan	Scotland	Scottish Pentathlon Champ	Pitreavie	12 May 1962
<b>2:16.3 y</b>	Joan Beretta	Australia	Edinburgh Highland Games	Murrayfield	18 Aug 1962
<b>2:16.0 y</b>	Madeleine Ibbotson	England	Cowal Highland Gathering	Dunoon	25 Aug 1962
<b>2:09.8 y</b>	Joy Jordan	England	Floodlit Meeting	Ibrox Stadium	3 Oct 1962
<b>2:08.7 y</b>	Rosemary Stirling	Scotland	Edinburgh Highland Games	New Meadowbank	20 Aug 1966
<b>2:08.7</b>	Rosemary Stirling	Scotland	Edinburgh Highland Games	Murrayfield	23 Aug 1969
<b>2:07.8</b>	Sheila Carey	England	Claude Grahame-White Trophy	Meadowbank	2 May 1970
<b>2:05.4</b>	Rosemary Stirling	Scotland	Scottish Championships	Meadowbank	6 Jun 1970
<b>2:04.7</b>	Sheila Carey	England	Commonwealth Games	Meadowbank	24 Jul 1970
<b>1:58.9</b> <b>(1:58.94)</b>	Gunhild Hoffmeister	GDR	Europa Cup	Meadowbank	7 Sep 1973

<b>1000 Metres</b>					
<b>National records</b>					
<b>2:37.05</b>	Christine Whittingham	Windsor	McVitie's Challenge	Gateshead	27 Jun 1986



<b>2:33.92</b>	Laura Muir	Dundee Hawkhill	IAAF Diamond League	Birmingham	18 Aug 2018
<b>Native records</b>					
<b>2:49.6</b>	Evelyn McMeekin	Glasgow AC	Milk in Sport Classic	Meadowbank	16 Aug 1980
<b>2:43.90</b>	Hayley Ovens	Edinburgh SH	Edinburgh Open	Meadowbank	28 Jul 2004
<b>2:39.89</b>	Joanna Ross	Victoria Park AAC	Norwich Union Classic	Scotstoun	3 Jun 2007
<b>All-comers' records</b>					
<b>2:48.8</b>	Alison Wright	New Zealand	Milk in Sport Classic	Meadowbank	16 Aug 1980
<b>2:43.90</b>	Hayley Ovens	Scotland	Open Graded Meeting	Meadowbank	28 Jul 2004
<b>2:43.83</b>	Rachael Thompson	England	GB v USA v Russia	Scotstoun	5 Jun 2005
<b>2:39.26</b>	Faith Macharia	Kenya	Norwich Union Grand Prix	Scotstoun	3 Jun 2007

<b>1500 Metres</b>					
<b>National records</b>					
<b>4:27.7</b>	Mary Speedman	Maryhill Ladies AC	GB v France (Invit. Race)	London (WC)	1 Sep 1969
<b>4:22.4</b>	Margaret MacSherry	Cambridge H	WAAA Championships	London (CP)	20 Jun 1970
<b>4:18.5</b>	Mary Stewart	Birchfield H	European Junior Champs	Duisburg, GER	24 Aug 1973
<b>4:15.3</b>	Mary Stewart	Birchfield H	Commonwealth Games	Christchurch, NZL	31 Jan 1974
<b>4:14.7</b>	Mary Stewart	Birchfield H	Commonwealth Games	Christchurch, NZL	2 Feb 1974
<b>4:06.4</b>	Mary Stewart	Birchfield H	GB v USSR	Kiev, USSR	23 May 1976
<b>4:05.36</b>	Yvonne Murray	Edinburgh AC	Bislett Games	Oslo, NOR	5 Jul 1986
<b>4:04.55</b>	Yvonne Murray	Edinburgh AC	GB v Canada/Poland	Gateshead	13 Jun 1987
<b>4:01.20</b>	Yvonne Murray	Edinburgh AC	Bislett Games	Oslo, NOR	4 Jul 1987
<b>4:00.07</b>	Laura Muir	Dundee Hawkhill	IAAF Diamond League	Paris, FRA	5 Jul 2014
<b>3:58.66</b>	Laura Muir	Dundee Hawkhill	IAAF Diamond League	Monaco, MON	17 Jul 2015
<b>3:57.49</b>	Laura Muir	Dundee Hawkhill	IAAF Diamond League	London (O)	22 Jul 2016
<b>3:55.22</b>	Laura Muir	Dundee Hawkhill	IAAF Diamond League	Paris, FRA	27 Aug 2016
<b>Native records</b>					
<b>4:42.3</b>	Christine Haskett	Dundee Hawkhill	East v West	Grangemouth	25 Apr 1970
<b>4:40.9</b>	Christine Haskett	Dundee Hawkhill	Claude Grahame-White	Meadowbank	2 May 1970
<b>4:30.8</b>	Christine Haskett	Dundee Hawkhill	Scottish Championships	Meadowbank	6 Jun 1970
<b>4:23.8</b>	Christine Haskett	Dundee Hawkhill	Commonwealth Games	Meadowbank	23 Jul 1970
<b>4:21.6</b>	Christine Haskett	Stretford AC	Scottish Championships	Meadowbank	28 Jun 1975
<b>4:17.2</b>	Christine McMeekin	Glasgow AC	Edinburgh Highland G	Meadowbank	18 Aug 1979
<b>4:16.2</b>	Lynne MacDougall	Glasgow AC	Scottish Championships	Grangemouth	10 Jul 1982
<b>4:15.1</b>	Yvonne Murray	Edinburgh AC	British Airways Games	Grangemouth	18 Jul 1982
<b>4:14.47</b>	Violet Blair	Edinburgh SH	Scottish Championships	Meadowbank	18 Jun 1983
<b>4:08.86</b>	Yvonne Murray	Edinburgh AC	Dairy Crest Games	Meadowbank	23 Jul 1985
<b>4:03.38</b>	Yvonne Murray	Epsc AC	Miller Lite IAC Intl Meet	Meadowbank	7 Jul 1989
<b>All-comers' records</b>					
<b>4:18.8</b>	Rita Ridley	England	Commonwealth Games	Meadowbank	23 Jul 1970
<b>4:15.6</b>	Regine Kleinau	East Germany	British Games	Meadowbank	12 Jun 1971
<b>4:15.6</b>	Rita Ridley	England	British Games	Meadowbank	12 Jun 1971
<b>4:09.02</b>	Totka Petrova	Bulgaria	Europa Cup	Meadowbank	7 Sep 1973
<b>4:07.72</b>	Anna Bukis	Poland	Edinburgh Highland Games	Meadowbank	23 Aug 1980
<b>4:04.67</b>	Zola Budd	England	Dairy Crest Games	Meadowbank	23 Jul 1985
<b>4:02.09</b>	Doina Melinte	Romania	Miller Lite IAC Meeting	Meadowbank	7 Jul 1989
<b>4:00.67</b>	Sifan Hassan	Netherlands	Glasgow Grand Prix	Hampden Park	11 Jul 2014

<b>One Mile</b>					
<b>National records</b>					
<b>5:18.3</b>	Barbara Tait	Edinburgh H	Scottish Championships	New Meadowbank	13 Jun 1959
<b>5:08.4</b>	Helen Cherry	Bellahouston H	Scottish Championships	Pitreavie	8 Jun 1963
<b>5:08.4</b>	Georgena Craig	Western AAC	Grangemouth Opening	Grangemouth	9 Jul 1966
<b>4:49.4</b>	Christine Haskett	Dundee Hawkhill	Invit. Race @ GB League	Meadowbank	3 Jul 1971
<b>4:46.7</b>	Judith Shepherd	Glasgow AC	Centenary Meeting	Leamington Spa	6 May 1979

<b>4:41.83</b>	Alison Wright	Edinburgh SH	Edinburgh Highland Games	Meadowbank	22 Aug 1981
<b>4:34.83</b>	Yvonne Murray	Edinburgh AC	HFC Trust Games	Meadowbank	17 Jul 1984
<b>4:30.25</b>	Yvonne Murray	Edinburgh AC	Nike Classic	London (CP)	18 Aug 1984
<b>4:30.08</b>	Lynne MacDougall	Glasgow AC	IAC Coca-Cola International	London (CP)	7 Sep 1984
<b>4:28.64</b>	Yvonne Murray	Edinburgh AC	Dairy Crest Games	Meadowbank	23 Jul 1985
<b>4:23.08</b>	Yvonne Murray	Edinburgh AC	Ivo Van Damme Memorial	Brussels, BEL	5 Sep 1986
<b>4:22.64</b>	Yvonne Murray	Edinburgh AC	Bislett Games	Oslo, NOR	22 Jul 1994
<b>4:19.12</b>	Laura Muir	Dundee Hawkhill	IAAF Diamond League	Oslo, NOR	9 Jun 2016
<b>4:18.03</b>	Laura Muir	Dundee Hawkhill	Muller Anniversary Games	London (O)	9 Jul 2017
<b>Native records</b>					
<b>5:35.0</b>	Aileen Drummond	Maryhill Harriers	Scottish Championships	Helenvale Park	6 Jun 1953
<b>5:28.3</b>	Barbara Tait	Edinburgh Harriers	Scottish Championships	New Meadowbank	9 Jun 1956
<b>5:24.6</b>	Barbara Tait	Edinburgh Harriers	East District	Saughton	16 May 1959
<b>5:21.0</b>	Barbara Tait	Edinburgh Harriers	East v West	Scotstoun	23 May 1959
<b>5:18.3</b>	Barbara Tait	Edinburgh Harriers	Scottish Championships	New Meadowbank	13 Jun 1959
<b>5:08.4</b>	Helen Cherry	Bellahouston H	Scottish Championships	Pitreavie	8 Jun 1963
<b>5:08.4</b>	Georgena Craig	Western	Invitation Meeting	Grangemouth	9 Jul 1966
<b>4:46.95</b>	Andrea Everett	Shettleston Ladies	Edinburgh Highland G	Meadowbank	22 Aug 1981
<b>4:40.65</b>	Christine McMeekin	Glasgow AC	Edinburgh Highland G	Meadowbank	28 Aug 1982
<b>4:34.83</b>	Yvonne Murray	Edinburgh AC	HFC Trust Games	Meadowbank	17 Jul 1984
<b>4:28.64</b>	Yvonne Murray	Edinburgh AC	Dairy Crest Games	Meadowbank	23 Jul 1985
<b>All-comers' records</b>					
<b>5:08.4</b>	Helen Cherry	Bellahouston H	Scottish Championships	Pitreavie	8 Jun 1963
<b>5:06.7</b>	Valerie Tomlinson	England	Scottish Championships	Pitreavie	12 Jun 1965
<b>4:37.4</b>	Rita Ridley	England	Invit. Race @ GB League	Meadowbank	3 Jul 1971
<b>4:32.60</b>	Jill Haworth	USA	HFC Trust Games	Meadowbank	17 Jul 1984
<b>4:23.14</b>	Zola Budd	England	Dairy Crest Games	Meadowbank	23 Jul 1985

## 2000 Metres

### National records

<b>5:29.58</b>	Yvonne Murray	Edinburgh AC	Peugeot Talbot Games	London (CP)	11 Jul 1986
<b>5:26.93</b>	Yvonne Murray	Edinburgh AC	TSB Challenge	Meadowbank	8 Jul 1994

### Native records

<b>5:26.93</b>	Yvonne Murray	Edinburgh AC	TSB Challenge	Meadowbank	8 Jul 1994
----------------	---------------	--------------	---------------	------------	------------

### All-comers' records

<b>5:25.36</b>	Sonia O'Sullivan	Ireland	TSB Challenge	Meadowbank	8 Jul 1994
----------------	------------------	---------	---------------	------------	------------

## 3000 Metres

### National records

<b>9:48.8</b>	Ann Barrass	Aldershot F& D	WAAA Championships	London (CP)	16 Jul 1971
<b>9:45.0</b>	Wanda Sosinka	Edinburgh SH	East v West	Meadowbank	14 May 1972
<b>9:40.6</b>	Christine Haskett	Dundee Hawkhill	GB v Poland Invitation Race	Meadowbank	16 Jun 1972
<b>9:34.3</b>	Ann Barrass	Aldershot F& D	WAAA Championships	London (CP)	8 Jul 1972
<b>9:33.0</b>	Ann Barrass	Aldershot F& D	Scottish Championships	Meadowbank	23 Jun 1973
<b>9:31.8</b>	Christine Haskett	Stretford AC	GB v E Ger (Invit. Race)	London (CP)	20 Jun 1974
<b>9:14.1</b>	Judith Shepherd	Glasgow AC	GB 'B' v France 'B'	Cwmbran	30 Jun 1979
<b>9:00.88</b>	Alison Wright	Edinburgh SH	Cork City Sports	Cork, IRL	23 Jun 1981
<b>8:58.54</b>	Yvonne Murray	Edinburgh AC	Koblentz Games	Koblentz, GER	29 Aug 1984
<b>8:56.01</b>	Yvonne Murray	Edinburgh AC	UK Championships	Cwmbran	25 May 1986
<b>8:46.53</b>	Elizabeth Lynch	Dundee Hawkhill	Pearl Ass. Int'l Meeting	Birmingham	18 Jul 1986
<b>8:29.02</b>	Yvonne Murray	Edinburgh AC	Olympic Games	Seoul, KOR	25 Sep 1988

### Native records

<b>10:06.4</b>	Christine Haskett	Dundee Hawkhill	British Games	Meadowbank	12 Jun 1971
<b>10:04.2</b>	Wanda Sosinka	Edinburgh SH	East District	Pitreavie	22 Apr 1972
<b>9:45.0</b>	Wanda Sosinka	Edinburgh SH	East v West	Meadowbank	14 May 1972

<b>9:40.6</b>	Christine Haskett	Dundee Hawkhill	GB v Poland Invitation Race	Meadowbank	16 Jun 1972
<b>9:36.0</b>	Christine Haskett	Stretford AC	Scottish Championships	Meadowbank	22 Jun 1974
<b>9:24.6</b>	Christine Haskett	Stretford AC	UK League	Meadowbank	24 May 1975
<b>9:20.3</b>	Judith Shepherd	Glasgow AC	Scottish Championships	Grangemouth	16 Jun 1979
<b>9:07.77</b>	Yvonne Murray	Edinburgh AC	Scottish Championships	Grangemouth	10 Jul 1982
<b>9:04.14</b>	Yvonne Murray	Edinburgh AC	UK Championships	Meadowbank	28 May 1983
<b>9:01.12</b>	Liz Lynch	St Francis ASC	Scottish Championships	Meadowbank	13 Jun 1986
<b>8:55.32</b>	Yvonne Murray	Edinburgh AC	Commonwealth Games	Meadowbank	27 Jul 1986
<b>8:44.93</b>	Elizabeth McColgan	Dundee Hawkhill	Miller Lite IAC Intl Meet	Meadowbank	7 Jul 1989
<b>8:36.05</b>	Yvonne Murray	Edinburgh AC	GB v Soviet Union	Meadowbank	19 Jul 1991
<b>All-comers' records</b>					
<b>9:43.8</b>	Joyce Smith	England	British Games	Meadowbank	12 Jun 1971
<b>9:36.4</b>	Joan Allison	England	Invit. race @ GB v Poland	Meadowbank	16 Jun 1972
<b>9:33.0</b>	Ann Barrass	Scotland	Scottish Championships	Meadowbank	23 Jun 1973
<b>9:16.8</b>	Ann Yeoman	England	Scotland v England	Grangemouth	30 Jul 1975
<b>8:54.0</b>	Inger Knutsson	Sweden	GB v Sweden	Meadowbank	13 Sep 1975
<b>8:53.63</b>	Paula Fudge	England	UK Championships	Meadowbank	16 Jul 1978
<b>8:43.83</b>	Patti Sue Plumer	USA	Miller Lite IAC Meeting	Meadowbank	7 Jul 1989
<b>8:36.05</b>	Yvonne Murray	Scotland	GB v Soviet Union	Meadowbank	19 Jul 1991

### 5000 Metres

#### National records

<b>15:50.54</b>	Yvonne Murray	Edinburgh AC	UK Championships	Cwmbran	28 May 1984
<b>15:01.8</b>	Elizabeth Lynch	Dundee Hawkhill	Bislett Games	Oslo, NOR	5 Aug 1987
<b>14:56.94</b>	Yvonne Murray	Edinburgh AC	KP Games	London (CP)	7 Jul 1995
<b>14:54.08</b>	Stephanie Twell	Aldershot	Van Damme Memorial	Brussels, BEL	27 Aug 2010
<b>14:52.07</b>	Laura Muir	Dundee Hawkhill	IAAF World Championships	London (O)	13 Aug 2017
<b>14:48.49</b>	Eilish McColgan	Dundee Hawkhill	IAAF Diamond League	Brussels, BEL	1 Sep 2017

#### Native records

<b>15:52.55</b>	Yvonne Murray	Edinburgh AC	UK Championships	Meadowbank	29 May 1983
<b>15:51.7</b>	Lynne MacDougall	City of Glasgow	British Endurance Grand Prix	Crownpoint	18 Jun 1997
<b>15:33.72</b>	Laura Whittle	Royal Sutton Cold.	Commonwealth Games	Hampden Park	2 Aug 2014

#### All-comers' records

<b>15:52.55</b>	Yvonne Murray	Scotland	UK Championships	Meadowbank	29 May 1983
<b>15:51.7</b>	Lynne MacDougall	Scotland	British Endurance Grand Prix	Crownpoint	18 Jun 1997
<b>14:44.93</b>	Vivian Cheruiyot	Kenya	Norwich Union Grand Prix	Scotstoun	3 Jun 2007

### 10000 Metres

#### National records

<b>33:19.14</b>	Elizabeth Lynch	Dundee Hawkhill	World Student Games	Kobe, JPN	30 Aug 1985
<b>32:59.59</b>	Elizabeth Lynch	Dundee Hawkhill	UK Championships	Cwmbran	26 May 1986
<b>31:41.42</b>	Elizabeth Lynch	Dundee Hawkhill	Commonwealth Games	Meadowbank	28 Jul 1986
<b>31:19.82</b>	Elizabeth Lynch	Dundee Hawkhill	World Championships	Rome, ITA	4 Sep 1987
<b>31:06.99</b>	Elizabeth Lynch	Dundee Hawkhill	Bislett Games	Oslo, NOR	2 Jul 1988
<b>30:57.07</b>	Elizabeth McColgan	Dundee Hawkhill	Adriaan Paulen Memorial	Hengelo, NED	25 Jun 1991

#### Native and All-comers' records

<b>35:02.33</b>	Christine Price	Dundee Hawkhill	Scottish Championships	Meadowbank	14 Jun 1986
<b>31:41.42</b>	Liz Lynch	St Francis ASC	Commonwealth Games	Meadowbank	1 Aug 1986

### Marathon

#### National records

<b>2:27:32</b>	Elizabeth McColgan	Dundee Hawkhill	New York Marathon	New York, USA	3 Nov 1991
<b>2:26:52</b>	Elizabeth McColgan	Dundee Hawkhill	London Marathon	London	13 Apr 1997

#### Native records

<b>2:37:29</b>	Sandra Branney			Glasgow	21 Oct 1986
----------------	----------------	--	--	---------	-------------

<b>All-comers' records</b>					
<b>2:26:07</b>	Lisa Martin	Australia	Commonwealth Games	Edinburgh	1 Aug 1986

### **100 Metres Hurdles**

#### **National records**

<b>14.7</b>	Lindy Carruthers	Maryhill Ladies AC	East v West	Grangemouth	3 Jun 1967
<b>14.7</b>	Elizabeth Toulalan	Dunfermline CPE	East v West	Grangemouth	3 Jun 1967
<b>14.7</b>	Elizabeth Toulalan	Dunfermline CPE	Scottish Championships	Grangemouth	6 Jul 1968
<b>14.7</b>	Sandra Brown	Edinburgh SH	Scottish Championships	Grangemouth	6 Jul 1968
<b>14.3</b>	Elizabeth Toulalan	Dunfermline CPE	WAAA Championships	London (CP)	20 Jul 1968
<b>14.2</b>	Lindy Carruthers	Maryhill Ladies AC	Commonwealth Games	Meadowbank	21 Jul 1970
<b>14.0</b>	Myra Nimmo	Maryhill Ladies AC	ESH Floodlit Meeting	Meadowbank	16 Sep 1972
<b>14.0</b>	Myra Nimmo	Maryhill Ladies AC	British Games	Meadowbank	16 Jun 1973
<b>13.8</b>	Myra Nimmo	Maryhill Ladies AC	Warm-up Meeting	Christchurch, NZL	20 Jan 1974
<b>13.5</b>	Elizabeth Sutherland	Edinburgh SH		Cape Town, RSA	29 Mar 1976
<b>13.5</b>	Elaine McMaster	Edinburgh SH	East v West	Meadowbank	24 May 1980
<b>13.2</b>	Patricia Rollo	Pitreavie AAC	Scotland v Belgium/Neth	Willebroek, BEL	11 Jun 1983

#### **Automatic timing:**

<b>13.51</b>	Patricia Rollo	Pitreavie AAC	UK Championships	Meadowbank	28 May 1983
<b>13.47</b>	Patricia Rollo	Pitreavie AAC		Koblentz, GER	16 Jul 1983
<b>13.35</b>	Patricia Rollo	Pitreavie AAC	WAAA Championships	London (CP)	30 Jul 1983

#### **Native records**

<b>14.7</b>	Lindy Carruthers	Maryhill	East v West	Grangemouth	3 Jun 1967
<b>14.7</b>	Elizabeth Toulalan	Dunfermline CPE	East v West	Grangemouth	3 Jun 1967
<b>14.7</b>	Elizabeth Toulalan	Dunfermline CPE	Inter-Area Match	Grangemouth	9 Sep 1967
<b>14.7</b>	Moira Niccol	Maryhill Ladies	East v West	Grangemouth	25 Apr 1970
<b>14.7</b>	Felicity Strong	Edinburgh SH	East v West	Grangemouth	25 Apr 1970
<b>14.4</b>	Moira Niccol	Maryhill Ladies	ESH Trophy Meeting	Meadowbank	30 May 1970
<b>14.2</b>	Lindy Carruthers	Maryhill Ladies	Commonwealth Games	Meadowbank	21 Jul 1970
<b>14.0</b>	Myra Nimmo	Maryhill Ladies	ESH Floodlit Meeting	Meadowbank	16 Sep 1972
<b>14.0</b>	Myra Nimmo	Maryhill Ladies	British Games	Meadowbank	16 Jun 1973
<b>13.9</b>	Myra Nimmo	Maryhill Ladies	Motorway League	Meadowbank	6 Jul 1974
<b>13.8</b>	Elizabeth Sutherland	Edinburgh SH	Scottish Championships	Meadowbank	28 Jun 1975
<b>13.8</b>	Myra Nimmo	Maryhill Ladies	Scottish Championships	Meadowbank	28 Jun 1975
<b>13.5</b>	Elaine McMaster	Edinburgh SH	East v West	Meadowbank	24 May 1980

#### **Automatic timing:**

<b>13.56</b>	Patricia Rollo	Pitreavie AAC	Edinburgh Highland G	Meadowbank	28 Aug 1982
<b>13.51</b>	Patricia Rollo	Pitreavie AAC	UK Championships	Meadowbank	29 May 1983

#### **All-comers' records**

<b>14.5</b>	Pat Jones	England	Inter-Club	Westerlands	29 Apr 1967
<b>14.1</b>	Irene Powder	England	Inter-Area	Grangemouth	9 Sep 1967
<b>14.0</b>	Teresa Sukniewicz	Poland	British Games	Meadowbank	13 Jun 1970
<b>13.7</b>	Susan Scott	England	Commonwealth Games	Meadowbank	21 Jul 1970
<b>13.4</b>	Pam Kilborn	Australia	Commonwealth Games	Meadowbank	23 Jul 1970
<b>13.2</b>	Pam Kilborn	Australia	Commonwealth Games	Meadowbank	23 Jul 1970
<b>12.95</b>	Annelie Ehrhardt	GDR	Europa Cup	Meadowbank	7 Sep 1973
<b>12.92</b>	Dawn Bowles	USA	TSB Challenge	Meadowbank	8 Jul 1994
<b>12.79</b>	Gail Devers	USA	GB v Russia v USA	Scotstoun	18 Aug 2002
<b>12.58</b>	Queen Harrison	USA	Glasgow Grand Prix	Hampden Park	12 Jul 2014

### **400 Metres Hurdles**

#### **National records**

<b>60.7</b>	Elizabeth Sutherland	Edinburgh SH	Scottish League	Coatbridge	24 Apr 1977
<b>60.0</b>	Elizabeth Sutherland	Edinburgh SH	East v West	Meadowbank	22 May 1977
<b>58.3</b>	Elizabeth Sutherland	Edinburgh SH	UK Closed Championships	Cwmbran	11 Jun 1977

<b>57.93</b>	Elizabeth Sutherland	Edinburgh SH	WAAA Championships	London (CP)	20 Aug 1977
<b>57.59</b>	Elizabeth Sutherland	Edinburgh SH	UK v USSR	Meadowbank	25 Aug 1977
<b>57.5</b>	Elizabeth Sutherland	Edinburgh SH	Scottish Championships	Meadowbank	3 Jun 1978
<b>57.43</b>	Elizabeth Sutherland	Edinburgh SH		Dusseldorf, FRG	6 Jul 1978
<b>57.01</b>	Sinead Dudgeon	Edinburgh WM	Loughborough International	Loughborough	23 May 1999
<b>56.48</b>	Sinead Dudgeon	Edinburgh WM	UK CAU Championships	Bedford	31 May 1999
<b>56.46</b>	Sinead Dudgeon	Edinburgh WM	European Cup	Charley, FRA	19 Jun 1999
<b>55.30</b>	Sinead Dudgeon	Edinburgh WM	World University Games	Palma de Mallorca	9 Jul 1999
<b>55.24</b>	Sinead Dudgeon	Edinburgh WM	AAA Championships	Birmingham	24 Jul 1999
<b>55.17</b>	Eilidh Child	Pitreavie AAC	European Athletics Festival	Bydgoszcz, POL	6 Jun 2010
<b>55.16</b>	Eilidh Child	Pitreavie AAC	Aviva London Grand Prix	London (CP)	14 Aug 2010
<b>54.96</b>	Eilidh Child	Pitreavie AAC	AtletiCA Genève	Geneva, SUI	2 Jun 2012
<b>54.93</b>	Eilidh Child	Pitreavie AAC	AtletiCA Genève	Geneva, SUI	1 Jun 2013
<b>54.22</b>	Eilidh Child	Pitreavie AAC	Sainsbury's Grand Prix	Birmingham	30 Jun 2013
<b>54.09</b>	Eilidh Child	Pitreavie AAC	IAAF Diamond League	Birmingham	15 Jul 2016
<b>Native records</b>					
<b>61.3</b>	Fiona Macaulay	Edinburgh SH		Meadowbank	15 Aug 1975
<b>60.7</b>	Liz Sutherland	Edinburgh SH	Scottish League	Coatbridge	24 Apr 1977
<b>60.0</b>	Liz Sutherland	Edinburgh SH	East v West	Meadowbank	22 May 1977
<b>59.7</b>	Liz Sutherland	Edinburgh SH	Scottish League	Grangemouth	19 Jun 1977
<b>57.59</b>	Liz Sutherland	Edinburgh SH	UK v Russia	Meadowbank	25 Aug 1977
<b>57.5</b>	Liz Sutherland	Edinburgh SH	Scottish Championships	Meadowbank	3 Jun 1978
<b>56.48</b>	Sinead Dudgeon	Edinburgh WM	GB v USA	Scotstoun	4 Sep 1999
<b>54.39</b>	Eilidh Child	Pitreavie AAC	Glasgow Grand Prix	Hampden Park	11 Jul 2014
<b>All-comers' records</b>					
<b>58.5</b>	Maria Sykora	Austria	British Games	Meadowbank	16 Jun 1973
<b>57.6</b>	Christine Warden	England	UK Championships	Meadowbank	11 Jun 1977
<b>57.59</b>	Elizabeth Sutherland	Scotland	GB v Russia	Meadowbank	25 Aug 1977
<b>57.5</b>	Elizabeth Sutherland	Scotland	Scottish Championships	Meadowbank	3 Jun 1978
<b>54.94</b>	Debbie Flintoff	Australia	Commonwealth Games	Meadowbank	28 Jul 1986
<b>54.82</b>	Sandra Farmer-Patrick	USA	Miller Lite IAC Meeting	Meadowbank	7 Jul 1989
<b>54.39</b>	Eilidh Child	Scotland	Glasgow Grand Prix	Hampden Park	11 Jul 2014
<b>54.10</b>	Kaliese Spencer	Jamaica	Commonwealth Games	Hampden Park	21 Jul 2014

### 3000 Metres Steeplechase

#### National records

<b>10:55.70</b>	Allison Higgins	JW Kilmarnock H	BMC Grand Prix	Scotstoun	11 Aug 2001
<b>10:43.42</b>	Claire McCracken	City of Glasgow	AAA Championships	Manchester	10 Jul 2005
<b>10:36.91</b>	Allison Simpson (Higgins)	Kilmarnock H	BMC Grand Prix	Manchester	9 Jun 2007
<b>10:33.71</b>	Nicola Hood	Vict Pk Glasgow	Scottish Championships	Pitreavie	30 Aug 2008
<b>10:00.30</b>	Lennie Waite	Rice University	Mt. SAC Relays	Walnut CA, USA	16 Apr 2009
<b>9:50.48</b>	Lennie Waite	Rice University	NCAA Championships	Fayetteville AR, USA	10 Jun 2009
<b>9:47.03</b>	Eilish McColgan	Dundee Hawkhill	Aviva Grand Prix	Birmingham	10 Jul 2011
<b>9:44.80</b>	Eilish McColgan	Dundee Hawkhill	Aviva London Grand Prix	London (CP)	6 Aug 2011
<b>9:38.45</b>	Eilish McColgan	Dundee Hawkhill	IAAF Diamond League	Oslo, NOR	7 Jun 2012
<b>9:35.82</b>	Eilish McColgan	Dundee Hawkhill	IAAF World Championships	Moscow, RUS	10 Aug 2013

#### Native records

<b>10:55.70</b>	Allison Higgins	JW Kilmarnock	BMC Grand Prix	Scotstoun	11 Aug 2001
<b>10:33.71</b>	Nicola Hood	Vict Pk Glasgow	Scottish Championships	Pitreavie	30 Jun 2008
<b>10:13.81</b>	Emma Raven	Central AC	Scottish Championships	Pitreavie	17 Jul 2010
<b>10:05.92</b>	Emma Raven	Central AC	Open Meeting	Grangemouth	21 Jul 2010
<b>9:44.69</b>	Eilish McColgan	Dundee Hawkhill	Glasgow Grand Prix	Hampden Park	12 Jul 2014
<b>9:44.65</b>	Eilish McColgan	Dundee Hawkhill	Commonwealth Games	Hampden Park	30 Jul 2014

#### All-comers' records

<b>9:48.72</b>	Liz Jackson	USA	GB v USA v Russia	Scotstoun	1 Jul 2001
<b>9:10.64</b>	Hiwot Ayalew	Ethiopia	Glasgow Grand Prix	Hampden Park	12 Jul 2014

<b>High Jump</b>					
<b>National records</b>					
<b>5' 3½</b>	Marjorie Bain	Edinburgh SH		Broxburn	22 Jun 1960
<b>5' 4</b>	Moira Walls	Western AAC	East v West	Grangemouth	3 Jun 1967
<b>5' 4½</b>	Ruth Watt	Edinburgh SH	Trials meeting	Grangemouth	6 Aug 1967
<b>5' 5¼</b>	Moira Walls	Western AAC	Glasgow Schools	Scotstoun	12 Jun 1968
<b>5' 7</b>	Moira Walls	Western AAC	East v West	Grangemouth	8 Jun 1969
<b>5' 8 (1.73)</b>	Moira Walls	Western AAC		Duns	12 Jul 1969
<b>1.73</b>	Ruth Watt	Edinburgh SH	WAAA Championships	London (CP)	17 Jul 1971
<b>1.74</b>	Ruth Watt	Edinburgh SH	ESH tour match	Hamburg, GER	29 Jul 1973
<b>1.77</b>	Ruth Watt	Edinburgh SH	Edinburgh Highland Games	Meadowbank	18 Aug 1973
<b>1.78</b>	Ruth Watt	Edinburgh SH	Warm-Up Meeting	Christchurch, NZL	20 Jan 1974
<b>1.79</b>	Ruth Watt	Edinburgh SH	WAAA Championships	London (CP)	20 Jul 1974
<b>1.80</b>	Ruth Watt	Edinburgh SH	British Games	London (CP)	10 Aug 1974
<b>1.82</b>	Moira Walls	Edinburgh SH	Kraft Games	London (CP)	12 Jun 1976
<b>1.83</b>	Moira Walls	Edinburgh SH	GRE Cup Semi-final	Kirkby	7 Aug 1977
<b>1.84</b>	Moira Maguire (Walls)	Edinburgh SH	Scottish League	Grangemouth	17 Jun 1979
<b>1.86</b>	Moira Maguire	Edinburgh SH	Milk in Sport Classic	Meadowbank	16 Sep 1979
<b>1.86</b>	Moira Maguire	Edinburgh SH	UK v Russia	London (CP)	22 Sep 1979
<b>1.87</b>	Moira Maguire	Edinburgh SH	Scotland v England/N Ire	Meadowbank	11 May 1980
<b>1.88</b>	Jayne Barnetson	Inverness H	Under-21 International	Middlesbrough	3 Aug 1985
<b>1.91</b>	Jayne Barnetson	Inverness H	Miller Lite IAC International	Meadowbank	7 Jul 1989
<b>Native records</b>					
<b>4' 8</b>	Edith McGill	Glasgow Univ	Scottish Championships	Ibrox Park	16 Jun 1931
<b>4' 9⅝</b>	Vida Graham	Hutchesons' GS	Scottish Championships	Ibrox Park	15 Jun 1934
<b>4' 10</b>	Lilian Massie	Aberdeen High Sch	Scottish Championships	Ibrox Park	28 Jun 1935
<b>4' 11</b>	Marjorie Gray	Edinburgh Univ	Inter-Univ Champs	Westerlands	13 Jun 1936
<b>4' 11½</b>	Margaret Christie	Greenock Academy	Scottish Championships	Ibrox Park	19 Jun 1936
<b>4' 11½</b>	Margaret Christie	Greenock Academy	Scottish Championships	Ibrox Park	3 Jul 1937
<b>4' 11½</b>	Elizabeth Cathcart	Glasgow Univ	Scottish Championships	Westerlands	17 Jul 1938
<b>5' 0⅝</b>	Dorothy Walby	Glasgow Univ	Scottish Universities	Westerlands	2 Jun 1951
<b>5' 2</b>	Dorothy Walby	Glasgow Univ			1951
<b>5' 2½</b>	Marjorie Bain	Edinburgh SH	Scottish Championships	New Meadowbank	13 Jun 1959
<b>5' 3½</b>	Marjorie Bain	Edinburgh SH		Broxburn	22 Jun 1960
<b>5' 4</b>	Moira Walls	Western AAC	East v West	Grangemouth	3 Jun 1967
<b>5' 4½</b>	Ruth Watt	Edinburgh SH	Trials Meeting	Grangemouth	6 Aug 1967
<b>5' 5¼</b>	Moira Walls	Bearsden Academy	School sports	Scotstoun	12 Jun 1968
<b>5' 7</b>	Moira Walls	Western AAC	East v West	Grangemouth	8 Jun 1969
<b>5' 8</b>	Moira Walls	Western AAC		Duns	12 Jul 1969
<b>1.77</b>	Ruth Watt	Edinburgh SH	Edinburgh Highland G	Meadowbank	18 Aug 1973
<b>1.81</b>	Moira Walls	Edinburgh SH	Scotland v Norway	Coatbridge	3 Sep 1977
<b>1.84</b>	Moira Maguire	Edinburgh SH	Scottish League	Grangemouth	17 Jun 1979
<b>1.86</b>	Moira Maguire	Edinburgh SH	Milk in Sport Classic	Meadowbank	16 Sep 1979
<b>1.87</b>	Moira Maguire	Edinburgh SH	Scot v Eng v NI	Meadowbank	11 May 1980
<b>1.91</b>	Jayne Barnetson	Inverness H	Miller Lite IAC Intl Meet	Meadowbank	7 Jul 1989
<b>All-comers' records</b>					
<b>5' 2</b>	Dorothy Walby	Scotland			1951
<b>5' 6</b>	Thelma Hopkins	England	Edinburgh Highland Games	Murrayfield	20 Aug 1955
<b>5' 8</b>	Barbara Inkpen	England	Scottish Championships	Grangemouth	6 Jul 1968
<b>5' 8</b>	Moira Walls	Scotland		Duns	12 Jul 1969
<b>1.73 (5'8)</b>	Barbara Inkpen	England	British Games	Meadowbank	13 Jun 1970
<b>1.73</b>	Ann Wilson	England	Commonwealth Games	Meadowbank	21 Jul 1970

1.78	Debbie Brill	Canada	Commonwealth Games	Meadowbank	25 Jul 1970
1.78	Rita Schmidt	East Germany	British Games	Meadowbank	12 Jun 1971
1.84	Yordanka Blagoyeva	Bulgaria	Europa Cup	Meadowbank	7 Sep 1973
1.86	Maria Mracnova	Czechoslovakia	GB v Czechoslovakia	Meadowbank	26 Jul 1974
1.86	Ann-Marie Devally	England	Edinburgh Highland Games	Meadowbank	18 Aug 1979
1.86	Moira Maguire	Scotland	Milk in Sport Classic	Meadowbank	16 Sep 1979
1.87	Moira Maguire	Scotland	Scotland v England v N Ire.	Meadowbank	11 May 1980
1.94	Debbie Brill	Canada	Edinburgh Highland Games	Meadowbank	23 Aug 1980
1.94	Louise Ritter	USA	Edinburgh Highland Games	Meadowbank	23 Aug 1980
1.97	Alison Inverarity	Australia	TSB Challenge	Meadowbank	8 Jul 1994
1.98	Amy Acuff	USA	GB v USA v Russia	Scotstoun	29 Jun 2003

<b>Pole Vault</b>					
<b>National records</b>					
2.70	Gail Marshall	Glasgow Univ AC	British Universities	London (CP)	30 Apr 1994
2.90	Alison Murray-Jessee	Glasgow Univ AC		Las Cruces, USA	8 Jun 1995
3.00	Alison Murray-Jessee	KFM International	KFM v Juarez	Juarez, MEX	2 Jul 1995
3.60	Alison Murray-Jessee	KFM International		Las Cruces, USA	1 Jun 1996
3.85	Alison Murray-Jessee	KFM International		Albuquerque, USA	16 Jun 1998
3.95	Alison Murray-Jessee	KFM International	USATF-Border	El Paso, USA	25 Jun 1999
3.95	Alison Murray-Jessee	KFM International		Albuquerque, USA	11 Jul 1999
3.95	Kirsty Maguire	Edinburgh WM	AAA Championships	Birmingham	26 Jul 2003
3.95	Kirsty Maguire	Edinburgh WM	AAA Championships	Manchester	10 Jul 2004
4.00	Kirsty Maguire	Edinburgh WM	U23 International	Derby	14 Aug 2005
4.05	Kirsty Maguire	Edinburgh AC	Bedford Int'l Games	Bedford	10 Jun 2007
4.06	Henrietta Paxton	Birchfield H	Scottish Championships	Pitreavie	20 Jun 2009
4.15	Henrietta Paxton	Birchfield H	UK Championships	Birmingham	11 Jul 2009
4.15	Henrietta Paxton	Birchfield H	Loughborough International	Loughborough	23 May 2010
4.25	Henrietta Paxton	Birchfield H	Loughborough International	Loughborough	23 May 2010
4.35	Henrietta Paxton	Birchfield H	UK Championships	Birmingham	26 Jun 2010
<b>Native records</b>					
2.50	Gail Marshall	Glasgow Univ AC	Inter-District	Inverness	5 Jun 1994
2.80	Gail Marshall	Glasgow Univ AC	Universities	Grangemouth	29 Apr 1995
2.81	Alison Murray-Jessee	City of Glasgow	Scottish Championships	Meadowbank	28 Jun 1997
2.81	Alison Ronald	Edinburgh WM	Scottish Championships	Meadowbank	28 Jun 1997
3.00	Alison Murray-Jessee	City of Glasgow	Scottish Championships	Meadowbank	28 Jun 1997
3.21	Alison Murray-Jessee	City of Glasgow	Scottish Championships	Meadowbank	28 Jun 1997
3.30	Alison Murray-Jessee	City of Glasgow	UK League	Grangemouth	5 Jul 1997
3.40	Alison Murray-Jessee	City of Glasgow	UK League	Grangemouth	5 Jul 1997
3.40	Alison Murray-Jessee	City of Glasgow	UK League	Grangemouth	4 Jul 1998
3.60	Alison Murray-Jessee	City of Glasgow	UK League	Scotstoun	8 Jul 2000
3.60	Alison Murray-Jessee	City of Glasgow	Scottish Championships	Scotstoun	24 Jun 2001
3.60	Kirsty Maguire	Edinburgh WM	Open Graded Meeting	Scotstoun	18 Jul 2001
3.60	Kirsty Maguire	Edinburgh WM	Scottish Universities	Grangemouth	20 Apr 2002
3.80	Gillian Cooke	Edinburgh WM	East District	Meadowbank	12 May 2002
3.80	Gillian Cooke	Edinburgh WM	Glasgow CC Open	Scotstoun	29 May 2002
3.80	Gillian Cooke	Edinburgh WM	Scottish League	Scotstoun	2 Jun 2002
3.90	Gillian Cooke	Edinburgh WM	Scottish League	Scotstoun	2 Jun 2002
3.91	Kirsty Maguire	Edinburgh WM	Scottish U23 Champs	Dumfries	19 Jun 2005
4.06	Henrietta Paxton	Birchfield H	Scottish Championships	Pitreavie	20 Jun 2009
<b>All-comers' records</b>					
3.00	Kate Alexander	England	British Universities	Meadowbank	6 May 1995
3.00	Louise Schamm	England	British Universities	Meadowbank	6 May 1995
3.00	Janine Whitlock	England	Scottish Championships	Crownpoint	29 Jun 1996
3.20	Janine Whitlock	England	Scottish Championships	Crownpoint	29 Jun 1996

3.21	Alison Murray-Jessee	Scotland	Scottish Championships	Meadowbank	28 Jun 1997
3.30	Alison Murray-Jessee	Scotland	UK Women's League	Grangemouth	5 Jul 1997
3.30	Kim Rothman	England	UK Women's League	Grangemouth	5 Jul 1997
3.40	Emma Hornby	England	UK Women's League	Grangemouth	5 Jul 1997
3.60	Janine Whitlock	England	UK Women's League	Grangemouth	5 Jul 1997
3.80	Janine Whitlock	England	UK Women's League	Grangemouth	5 Jul 1997
3.95	Janine Whitlock	England	UK Women's League	Grangemouth	5 Jul 1997
4.05	Yelena Isinbayeva	Russia	GB v Russia v USA	Scotstoun	18 Aug 2002
4.05	Stacy Dragila	USA	GB v Russia v USA	Scotstoun	18 Aug 2002
4.05	Mary Sauer	USA	GB v Russia v USA	Scotstoun	18 Aug 2002
4.20	Stacy Dragila	USA	GB v Russia v USA	Scotstoun	18 Aug 2002
4.20	Yelena Isinbayeva	Russia	GB v Russia v USA	Scotstoun	18 Aug 2002
4.35	Stacy Dragila	USA	GB v Russia v USA	Scotstoun	18 Aug 2002
4.35	Yelena Isinbayeva	Russia	GB v Russia v USA	Scotstoun	18 Aug 2002
4.35	Svetlana Feofanova	Russia	GB v Russia v USA	Scotstoun	18 Aug 2002
4.50	Yelena Isinbayeva	Russia	GB v Russia v USA	Scotstoun	18 Aug 2002
4.50	Stacy Dragila	USA	GB v Russia v USA	Scotstoun	18 Aug 2002
4.50	Svetlana Feofanova	Russia	GB v Russia v USA	Scotstoun	18 Aug 2002
4.62	Svetlana Feofanova	Russia	GB v Russia v USA	Scotstoun	18 Aug 2002
4.65	Fabiana Murer	Brazil	Glasgow Grand Prix	Hampden Park	12 Jul 2014
4.65	Katerina Stefanidi	Greece	Glasgow Grand Prix	Hampden Park	12 Jul 2014
4.65	Yarisley Silva	Cuba	Glasgow Grand Prix	Hampden Park	12 Jul 2014

<b>Long Jump</b>					
<b>National records</b>					
18' 2	Alix Jamieson	Western AAC	Scottish Pentathlon	Scotstoun	25 Jul 1959
18' 4	Alix Jamieson	Western AAC	West District	Scotstoun	5 May 1962
19' 2	Anne Wilson	Western AAC	Scottish Championships	Pitreavie	8 Jun 1963
20' 0 <sup>3</sup> / <sub>4</sub>	Alix Jamieson	Western AAC	WAAA Championships	London (WC)	4 Jul 1964
20' 7 <sup>1</sup> / <sub>4</sub>	Moira Walls	Western AAC	GB v USA	London (WC)	13 Aug 1969
20' 10 <sup>1</sup> / <sub>2</sub>	Moira Walls	Western AAC	GB v Romania	London (CP)	8 Oct 1969
20' 11 <sup>1</sup> / <sub>2</sub> (6.39)	Moira Walls	Western AAC	Commonwealth Games	Meadowbank	22 Jul 1970
6.43	Myra Nimmo	Maryhill Ladies AC	East v West	Meadowbank	27 May 1973
6.47	Jade Nimmo	Sale Harriers	Hilltopper Relays	Bowling Green KY, USA	14 Apr 2012
<b>Native records</b>					
15' 7	May Baird	Glasgow Univ	Scottish Championships	Ibrox Park	16 Jun 1931
16' 2 <sup>1</sup> / <sub>2</sub>	May Baird	Glasgow Univ	Glasgow Univ Champs	Westerlands	14 May 1932
16' 5	May Baird	Glasgow Univ	Inter-Univ Champs	Westerlands	11 Jun 1932
16' 11	May Baird	Glasgow Univ	Scottish Championships	Celtic Park	17 Jun 1932
17' 5	May Baird	Glasgow Univ	Inter-Univ Champs	St Andrews	10 Jun 1933
17' 6	Rosamund Sellar	Edinburgh Univ	Students v Select Team	Craiglockhart	14 Aug 1939
17' 10 <sup>1</sup> / <sub>2</sub>	Emma Anderson	Dumfries AC	Scottish Championships	Glasgow (Ha)	25 Jun 1949
17' 11	Patricia Devine	"Q" AC	Scottish Championships	New Meadowbank	11 Jun 1955
18' 1 <sup>1</sup> / <sub>2</sub>	Alix Jamieson	Hutchesons' GS	Schools Champs	Westerlands	20 Jun 1959
18' 2	Alix Jamieson	Maryhill Harriers	Scot Pent Champs	Scotstoun	25 Jul 1959
18' 4	Alix Jamieson	Maryhill Harriers	West District	Scotstoun	5 May 1962
19' 4	Alix Jamieson	Maryhill Harriers	East v West	Scotstoun	19 May 1962
19' 2	Anne Wilson	Western AAC	Scottish Championships	Pitreavie	8 Jun 1963
19' 11 <sup>3</sup> / <sub>4</sub>	Alix Stevenson	Western	Scottish Championships	Grangemouth	6 Jul 1968
20' 0 <sup>3</sup> / <sub>4</sub> (6.11)	Moira Walls	Western	East v West	Grangemouth	25 Apr 1970
6.22	Alix Stevenson	Western	Scottish Championships	Meadowbank	6 Jun 1970
6.27	Alix Stevenson	Western	British Games	Meadowbank	13 Jun 1970



<b>6.39</b>	Moira Walls	Western	Commonwealth Games	Meadowbank	22 Jul 1970
<b>6.43</b>	Myra Nimmo	Maryhill Ladies	East v West	Meadowbank	27 May 1973
<b>All-comers' records</b>					
<b>19'3¼</b>	Yvette Williams	New Zealand	Glasgow Police Sports	Ibrox Park	28 Jun 1952
<b>19'11¾</b>	Alix Stevenson	Scotland	Scottish Championships	Grangemouth	6 Jul 1968
<b>20'0¾</b> <b>(6.11)</b>	Moira Walls	Scotland	East v West	Grangemouth	25 Apr 1970
<b>6.22</b>	Alix Stevenson	Scotland	Scottish Championships	Meadowbank	6 Jun 1970
<b>6.29</b>	Sheila Sherwood	England	British Games	Meadowbank	13 Jun 1970
<b>6.55</b>	Ann Wilson	England	Commonwealth Games	Meadowbank	22 Jul 1970
<b>6.73</b>	Sheila Sherwood	England	Commonwealth Games	Meadowbank	23 Jul 1970
<b>6.95</b>	Helga Radtke	GDR	Miller Lite IAC Meeting	Meadowbank	7 Jul 1989
<b>6.97</b>	Tianna Bartoletta	USA	Glasgow Grand Prix	Hampden Park	11 Jul 2014
<b>6.98</b>	Tianna Bartoletta	USA	Glasgow Grand Prix	Hampden Park	11 Jul 2014

<b>Triple Jump</b>					
<b>National records</b>					
<b>12.89</b>	Karen Hambrook	Ashford AC	Kent County Championships	London (CP)	17 May 1992
<b>12.98</b>	Gillian Kerr	Edinburgh SH	UK Women's League	Birmingham	1 Jul 2006
<b>13.01</b>	Jayne Nisbet	Edinburgh AC	Scottish Women's League	Meadowbank	22 Apr 2007
<b>13.10</b>	Nony Mordi	Shaftesbury	UK Women's League	Manchester	2 Jun 2007
<b>13.22</b>	Nony Mordi	Shaftesbury	Scottish U23 Champs	Meadowbank	17 Jun 2007
<b>13.25</b>	Gillian Kerr	Edinburgh AC	Jumps Festival	Birmingham	30 Jun 2007
<b>13.47</b>	Nony Mordi	Edinburgh Univ	British Universities	Bedford	5 May 2008
<b>13.55</b>	Nony Mordi	Shaftesbury	Loughborough International	Loughborough	18 May 2008
<b>13.62</b>	Nony Mordi	Shaftesbury	UK Women's League	Manchester	5 Jul 2008
<b>Native records</b>					
<b>11.85</b>	Nicola Barr	Edinburgh WM	Scottish Championships	Meadowbank	3 Jul 1992
<b>12.22</b>	Nicola Barr	Edinburgh WM	East v West	Crownpoint	16 Aug 1992
<b>12.55</b>	Pamela Anderson	City of Glasgow AC	Scottish Championships	Crownpoint	29 Jun 1996
<b>12.55</b>	Gillian Kerr	Edinburgh SH	Scottish Closed Champs	Meadowbank	14 May 2006
<b>12.56</b>	Gillian Cooke	Edinburgh SH	Scottish Closed Champs	Meadowbank	14 May 2006
<b>12.66</b>	Nony Mordi	Fife AC	Scottish Championships	Scotstoun	12 Aug 2006
<b>12.81</b>	Nony Mordi	Fife AC	Scottish Championships	Scotstoun	12 Aug 2006
<b>13.01</b>	Jayne Nisbet	Edinburgh AC	Scottish League	Meadowbank	22 Apr 2007
<b>13.22</b>	Nony Mordi	Fife AC	Scottish U23 Champs	Meadowbank	17 Jun 2007
<b>All-comers' records</b>					
<b>12.79</b>	Karen Hambrook	Scotland	Scottish Championships	Meadowbank	3 Jul 1992
<b>13.40</b>	Claudia Haywood	USA	GB v USA	Meadowbank	2 Jul 1993
<b>13.90</b>	Ashia Hansen	England	GB v USA	Scotstoun	4 Sep 1999
<b>13.96</b>	Ashia Hansen	England	GB v Russia v USA	Scotstoun	18 Aug 2002
<b>14.11</b>	Kimberly Williams	Jamaica	Commonwealth Games	Hampden Park	29 Jul 2014
<b>14.21</b>	Kimberly Williams	Jamaica	Commonwealth Games	Hampden Park	29 Jul 2014

<b>Shot</b>					
<b>National records</b>					
<b>38' 7¼</b>	Hilda McCann	Bellahouston H	East v West	Scotstoun	21 May 1960
<b>40' 9</b>	Hilda McCann	Bellahouston H	East v West	Scotstoun	19 May 1962
<b>40' 11</b>	Moira Kerr	Maryhill Ladies AC	Scottish Championships	Pitreavie	8 Jun 1963
<b>43' 4½</b>	Moira Kerr	Maryhill Ladies AC	East v West	Scotstoun	16 May 1964
<b>43' 8</b>	Moira Kerr	Maryhill Ladies AC	Inter-Club Meeting	Scotstoun	30 Apr 1966
<b>44' 9¼</b>	Moira Kerr	Maryhill Ladies AC	West District	Scotstoun	7 May 1966
<b>45' 7¾</b>	Heather Stuart	Maryhill Ladies AC	Scottish Championships	Meadowbank	5 Jun 1970
<b>45' 9</b> <b>(13.94)</b>	Heather Stuart	Maryhill Ladies AC		Belfast, NI	19 Aug 1970

14.60	Rosemary Payne	Lozells H	GB v East Germany	London (CP)	10 Jun 1972
14.67	Rosemary Payne	Lozells H		Port Elizabeth, RSA	23 Apr 1974
16.40	Margaret Ritchie	Edinburgh SH	Greece v Scotland	Athens, GRE	14 May 1978
16.60	Margaret Ritchie	Edinburgh SH	Martin Luther King Freedom	Stanford, USA	22 Mar 1980
16.84	Margaret Ritchie	Edinburgh SH	Arizona v Minnesota v Nevada	Tucson AZ, USA	28 Mar 1980
17.37	Margaret Ritchie	Edinburgh SH	Arizona v Louisiana v Az.State	Tucson AZ, USA	11 Apr 1981
17.40	Margaret Ritchie	Edinburgh SH	AIAW Championships	Austin TX, USA	30 May 1981
17.47	Margaret Ritchie	Edinburgh SH		Tempe AZ, USA	1 May 1982
18.99	Margaret Ritchie	Edinburgh SH	Arizona v Arizona State	Tucson AZ, USA	7 May 1983
<b>Native records</b>					
25' 5	Isobel Kennedy	Maryhill Harriers	Scottish Championships	Ibrox Park	16 Jun 1931
25' 8	Isobel Kennedy	Maryhill Harriers	Scottish Championships	Ibrox Park	16 Jun 1933
25'10	Annie Henderson	Maryhill Harriers	Scottish Championships	Ibrox Park	15 Jun 1934
27'1	Margaret Devine	Glasgow Univ	Scottish Championships	Ibrox Park	28 Jun 1935
28'9	Margaret Devine	Glasgow Univ	Scottish Championships	Ibrox Park	19 Jun 1936
33'11	Mary Davis	Edinburgh SH	Scottish Championships	New Meadowbank	9 Jun 1951
35'1	Hilda McCann	Bellahouston H	West District	Jordanhill	16 May 1959
36'11½	Rosemary Charters	Edinburgh Univ	East v West	Scotstoun	23 May 1959
37'8¼	Rosemary Charters	Edinburgh Univ			1959
38'7¾	Hilda McCann	Bellahouston H	East v West	Scotstoun	21 May 1960
38'10¼	Hilda McCann	Bellahouston H			
40'9	Hilda McCann	Perth Strathhtay H	East v West	Scotstoun	19 May 1962
40'11	Moira Kerr	Maryhill Ladies	Scottish Championships	Pitreavie	8 Jun 1963
43'4½	Moira Kerr	Maryhill Ladies	East v West	Scotstoun	16 May 1964
43'8	Moira Kerr	Maryhill Ladies	Inter-Club Meeting	Scotstoun	30 Apr 1966
44'9¼	Moira Kerr	Maryhill Ladies	West District	Scotstoun	7 May 1966
45'7¾ (13.91)	Heather Stuart	Maryhill Ladies	Scottish Championships	Meadowbank	5 Jun 1970
13.98	Rosemary Payne	Lozells	GB v Poland	Meadowbank	17 Jun 1972
14.07	Heather Stuart	Maryhill Ladies	Scottish Championships	Meadowbank	24 Jun 1972
14.28	Rosemary Payne	Lozells	Edinburgh Highland G	Meadowbank	19 Aug 1972
14.42	Margaret Ritchie	Edinburgh SH	East v West	Meadowbank	22 May 1977
14.58	Margaret Ritchie	Edinburgh SH	Scottish Championships	Meadowbank	25 Jun 1977
15.53	Margaret Ritchie	Edinburgh SH	East v West	Meadowbank	21 May 1978
16.15	Margaret Ritchie	Edinburgh SH	UK League	Grangemouth	28 May 1978
16.21	Margaret Ritchie	Edinburgh SH	UK League	Grangemouth	28 Jun 1980
16.37	Margaret Ritchie	Edinburgh SH	Scottish Cup	Coatbridge	21 Aug 1982
16.80	Margaret Ritchie	Edinburgh SH	UK League	Pitreavie	29 Aug 1982
<b>All-comers' records</b>					
43' 4½	Moira Kerr	Scotland	East v West	Scotstoun	16 May 1964
50' 11 (15.52)	Mary Peters	Northern Ireland	Claude Grahame-White Trophy	Meadowbank	2 May 1970
15.63	Jean Roberts	Australia	Open Meeting	Grangemouth	12 Jul 1970
16.13	Mary Peters	Northern Ireland	Commonwealth Games	Meadowbank	21 Jul 1970
17.32	Ludwika Chewinska	Poland	GB v Poland	Meadowbank	17 Jun 1972
20.77	Nadezhda Chizhova	Soviet Union	Europa Cup	Meadowbank	7 Sep 1973
21.95	Natalya Lisovskaya	Soviet Union	Miller Lite Grand Prix	Meadowbank	29 Jul 1988

## Discus

### National records

130' 8½	Diana Will	Aberdeen Univ	East v West	Jordanhill	10 May 1958
131' 9½	Hilda McCann	Perth Strathhtay H	East District	Saughton	5 May 1962
142' 6	Rosemary Payne	Anglo Scottish AC	Scottish Championships	Pitreavie	8 Jun 1963
155' 11	Rosemary Payne	Lozells H		Birmingham	13 Jun 1964
156' 3½	Rosemary Payne	Lozells H	Scottish Championships	Pitreavie	12 Jun 1965

<b>163' 8½</b>	Rosemary Payne	Lozells H	European Cup	Fontainebleau, FRA	22 Aug 1965
<b>167' 1</b>	Rosemary Payne	Lozells H	GB v USSR	London (WC)	17 Jun 1966
<b>170' 2½</b>	Rosemary Payne	Lozells H	Midland Counties	Birmingham	28 Jun 1969
<b>171' 4</b>	Rosemary Payne	Lozells H		Leicester	26 Jul 1969
<b>171' 4</b>	Rosemary Payne	Lozells H	GB v France	Middlesbrough	16 Aug 1969
<b>180' 7 (55.04)</b>	Rosemary Payne	Lozells H	Netherlands v GB	The Hague, NED	17 May 1970
<b>58.02</b>	Rosemary Payne	Lozells H	Midland Counties	Birmingham	3 Jun 1972
<b>59.88</b>	Margaret Ritchie	Edinburgh SH	Scotland v Norway	Coatbridge	3 Sep 1977
<b>60.54</b>	Margaret Ritchie	Edinburgh SH	GB v Bulgaria	London (CP)	2 Jul 1978
<b>61.88</b>	Margaret Ritchie	Edinburgh SH	4-Way Meet	Las Vegas NV, USA	1 Mar 1980
<b>62.76</b>	Margaret Ritchie	Edinburgh SH	Arizona v Wyoming	Tucson AZ, USA	15 Mar 1980
<b>63.72</b>	Margaret Ritchie	Edinburgh SH	Arizona v Idaho State	Tucson AZ, USA	18 Mar 1980
<b>64.30</b>	Margaret Ritchie	Edinburgh SH	Martin Luther King Freedom	Stanford CA, USA	22 Mar 1980
<b>65.08</b>	Margaret Ritchie	Edinburgh SH	Western Collegiate Champs	Tempe AZ, USA	26 Apr 1980
<b>65.96</b>	Margaret Ritchie	Edinburgh SH	Open Meeting	Gateshead	19 Jul 1980
<b>67.48</b>	Margaret Ritchie	Edinburgh SH	Mount SAC Relays	Walnut AZ, USA	26 Apr 1981
<b>Native records</b>					
<b>76'10¼</b>	Mildred Storrar	Dundee Hawkhill	Scottish Championships	Ibrox Park	19 Jun 1936
<b>85'6</b>	Joyce Pringle	Aberdeen Univ	Scottish Universities	Aberdeen	4 Jun 1949
<b>104'11¾</b>	Elizabeth McInnes	Glasgow University	Glas U v Edin U	Craiglockhart	12 May 1951
<b>107'1</b>	Mary Davis	Edinburgh SH	Scottish Championships	Saughton	28 Jun 1952
<b>110'3</b>	Jean Thomson	Edinburgh SH	Scottish Championships	New Meadowbank	12 Jun 1954
<b>110'7½</b>	Jean Deas	Edinburgh SH	Scottish Championships	New Meadowbank	11 Jun 1955
<b>116'2</b>	Diana Will	Aberdeen Univ	Scottish Championships	New Meadowbank	9 Jun 1956
<b>130'8½</b>	Diana Will	Aberdeen Univ	East v West	Jordanhill	10 May 1958
<b>131'9½</b>	Hilda McCann	Perth Strathhtay H	East District	Saughton	5 May 1962
<b>142'6</b>	Rosemary Payne	Lozells	Scottish Championships	Pitreavie	8 Jun 1963
<b>152'1½</b>	Rosemary Payne	Lozells	Scotland v Ireland	Ayr	8 Aug 1964
<b>157'11</b>	Rosemary Payne	Lozells	Scottish Championships	Grangemouth	6 Jul 1968
<b>169'2 (51.56)</b>	Rosemary Payne	Lozells	Claude Grahame-White	Meadowbank	2 May 1970
<b>52.40</b>	Rosemary Payne	Lozells	British Games	Meadowbank	13 Jun 1970
<b>54.46</b>	Rosemary Payne	Lozells	Commonwealth Games	Meadowbank	18 Jul 1970
<b>57.02</b>	Rosemary Payne	Lozells	UK v Poland	Meadowbank	16 Jun 1972
<b>57.68</b>	Margaret Ritchie	Edinburgh SH	UK v Russia	Meadowbank	25 Aug 1977
<b>59.88</b>	Margaret Ritchie	Edinburgh SH	Scotland v Norway	Coatbridge	3 Sep 1977
<b>62.06</b>	Margaret Ritchie	Edinburgh SH	Milk in Sport Classic	Meadowbank	16 Aug 1980
<b>63.76</b>	Margaret Ritchie	Edinburgh SH	European Cup SF	Meadowbank	5 Jul 1981
<b>All-comers' records</b>					
<b>152' 1½</b>	Rosemary Payne	Scotland	Scotland v Ireland	Ayr	8 Aug 1964
<b>156' 3½</b>	Rosemary Payne	Scotland	Scottish Championships	Pitreavie	12 Jun 1965
<b>157' 11</b>	Rosemary Payne	Scotland	Scottish Championships	Grangemouth	6 Jul 1968
<b>169' 9 (51.76)</b>	Rosemary Payne	Scotland	Claude Grahame-White Trophy	Meadowbank	2 May 1970
<b>55.32</b>	Brigitte Berendonk	East Germany	British Games	Meadowbank	13 Jun 1970
<b>57.04</b>	Karin Illgen	East Germany	British Games	Meadowbank	12 Jun 1971
<b>58.24</b>	Krystyna Nadolna	Poland	UK v Poland	Meadowbank	16 Jun 1972
<b>69.48</b>	Faina Melnik	Soviet Union	Europa Cup	Meadowbank	7 Sep 1973

## Hammer

### National records

<b>47.54</b>	Jean Clark	Milton Keynes	Corby International Meet	Corby	21 Jun 1992
<b>49.86</b>	Catherine Garden	Pitreavie AAC	Pitreavie Open	Pitreavie	20 May 1997
<b>50.28</b>	Catherine Garden	Pitreavie AAC	Scottish Championships	Meadowbank	28 Jun 1997

50.34	Jean Clark	Milton Keynes	Jubilee Cup	Sheffield	27 Jul 1997
50.52	Catherine Garden	Pitreavie AAC	Scottish Cup	Coatbridge	3 Aug 1997
50.66	Catherine Garden	Pitreavie AAC	Central AC Championships	Grangemouth	28 Mar 1998
50.69	Catherine Garden	Pitreavie AAC	Scottish Universities	Linwood	18 Apr 1998
52.52	Catherine Garden	Pitreavie AAC	British Universities	Bath	2 May 1998
52.57	Catherine Garden	Pitreavie AAC	GB U23 v France U23	Hexham	14 Jun 1998
53.37	Catherine Garden	Pitreavie AAC	GB U23 v France v Germany	Dessau, GER	1 Aug 1998
54.03	Catherine Garden	Pitreavie AAC	West London Hammer Sch	Colindale	25 Apr 1999
55.10	Mhairi Walters	City of Glasgow	U20 International	Nicosia, CYP	27 May 2000
55.92	Mhairi Walters	City of Glasgow	Aqua-Pura International	Loughborough	20 May 2001
56.02	Mhairi Walters	City of Glasgow	Aqua-Pura International	Loughborough	20 May 2001
56.14	Mhairi Walters	City of Glasgow	Aqua-Pura International	Loughborough	20 May 2001
56.86	Mhairi Walters	City of Glasgow	GB U23 v Spain U23	Liverpool	23 Jun 2001
56.87	Mhairi Walters	City of Glasgow	Edinburgh Games	Meadowbank	25 Aug 2001
58.31	Mhairi Walters	City of Glasgow	Edinburgh Games	Meadowbank	25 Aug 2001
58.47	Mhairi Walters	City of Glasgow	West District	Meadowbank	12 May 2002
60.19	Shirley Webb	City of Edinburgh	East District	Meadowbank	11 May 2003
61.09	Shirley Webb	Trafford AC	Loughborough International	Loughborough	8 Jun 2003
62.45	Shirley Webb	Trafford AC	UK Women's League	Eton	14 Jun 2003
62.80	Shirley Webb	Trafford AC	GB v USA v Russia	Scotstoun	29 Jun 2003
63.35	Shirley Webb	Trafford AC	GB v USA v Russia	Scotstoun	29 Jun 2003
67.52	Shirley Webb	Trafford AC	European Winter Throwing	Marsa, MLT	13 Mar 2004
67.58	Shirley Webb	Trafford AC	Loughborough EAP Meeting	Loughborough	16 Jul 2005
<b>Native records</b>					
36.26	Aline Cross	Edinburgh Univ	British Universities	Meadowbank	2 May 1993
37.72	Linda Low	Edinburgh AC	East District	Grangemouth	16 May 1993
39.56	Linda Low	Edinburgh AC	Monklands Cup	Coatbridge	23 May 1993
43.88	Helen McCreddie	Edinburgh WM	Scottish League	Crownpoint	24 Apr 1994
46.48	Helen McCreddie	Edinburgh WM	UK League	Crownpoint	6 May 1995
46.66	Catherine Garden	Pitreavie AAC	East District	Meadowbank	11 May 1996
48.00	Helen McCreddie	Edinburgh WM	Scottish League	Aberdeen	9 Jun 1996
48.32	Helen McCreddie	Edinburgh WM	Scottish League	Aberdeen	9 Jun 1996
49.00	Catherine Garden	Pitreavie AAC	East District	Meadowbank	10 May 1997
49.86	Catherine Garden	Pitreavie AAC	Pitreavie Open	Pitreavie	20 May 1997
50.28	Catherine Garden	Pitreavie AAC	Scottish Championships	Meadowbank	28 Jun 1997
50.52	Catherine Garden	Pitreavie AAC	Monklands Cup	Coatbridge	3 Aug 1997
50.66	Catherine Garden	Pitreavie AAC	Central AC Championships	Grangemouth	28 Mar 1998
50.69	Catherine Garden	Pitreavie AAC	Scottish Universities	Linwood	18 Apr 1998
50.86	Catherine Garden	Pitreavie AAC	East District	Meadowbank	9 May 1998
52.38	Catherine Garden	Pitreavie AAC	Scottish Cup Semi Final	Coatbridge	21 Jun 1998
53.85	Mhairi Walters	City of Glasgow	West District	Grangemouth	13 May 2000
58.47	Mhairi Walters	City of Glasgow	West District	Meadowbank	12 May 2002
60.19	Shirley Webb	City of Edinburgh	East District	Meadowbank	11 May 2003
62.80	Shirley Webb	City of Edinburgh	GB v Russia v USA	Scotstoun	29 Jun 2003
63.35	Shirley Webb	City of Edinburgh	GB v Russia v USA	Scotstoun	29 Jun 2003
64.54	Shirley Webb	City of Edinburgh	East District	Meadowbank	16 May 2004
65.27	Shirley Webb	City of Edinburgh	East District	Scotstoun	15 May 2005
65.72	Shirley Webb	City of Edinburgh	East District	Scotstoun	15 May 2005
66.42	Shirley Webb	City of Edinburgh	Scottish Cup	Grangemouth	23 Jul 2006
<b>All-comers' records</b>					
47.10	Jean Clark	Scotland	Scottish Championships	Meadowbank	4 Jul 1992
49.44	Fiona Whitehead	England	British Universities	Meadowbank	2 May 1993
50.90	Sarah Moore	Wales	British Universities	Meadowbank	6 May 1995
60.14	Lorraine Shaw	England	UK Women's League	Meadowbank	4 May 1996
61.34	Lorraine Shaw	England	UK Women's League	Meadowbank	4 May 1996

<b>61.64</b>	Amy Palmer	USA	GB v USA	Scotstoun	4 Sep 1999
<b>63.33</b>	Lorraine Shaw	England	GB v USA	Scotstoun	4 Sep 1999
<b>64.18</b>	Dawn Ellerbe	USA	GB v USA	Scotstoun	4 Sep 1999
<b>71.73</b>	Olga Kuzenkova	Russia	GB v Russia v USA	Scotstoun	18 Aug 2002
<b>71.97</b>	Sultana Frizell	Canada	Commonwealth Games	Hampden Park	28 Jul 2014

## Javelin

### National records

<b>120' 1</b>	Gwen Summers	Aberdeen AAC	Dundee v Aberdeen (exhib)	Montrose	24 Jun 1959
<b>122'11</b>	Gwen Summers	Aberdeen AAC		Aberdeen	1 Jun 1960
<b>135' 1</b>	Sylvia Clark	Edinburgh AC	East District	New Meadowbank	1 May 1965
<b>136' 2</b>	Sylvia Clark	Edinburgh AC	Scottish Championships	Pitreavie	8 Jul 1967
<b>137' 9 (41.99)</b>	Sylvia Clark	Edinburgh AC	Inter-Area	Grangemouth	9 Sep 1967
<b>44.04</b>	Sylvia Brodie (Clark)	Edinburgh SH	East District	Pitreavie	5 May 1973
<b>45.48</b>	Sylvia Brodie	Edinburgh SH	East District	Pitreavie	11 May 1974
<b>47.24</b>	Sylvia Brodie	Edinburgh SH	East v West	Meadowbank	26 May 1974
<b>48.44</b>	Diane Williams	Stretford AC	Scottish Championships	Meadowbank	25 Jun 1977
<b>49.54</b>	Diane Williams	Stretford AC	Open Meeting	Grangemouth	20 Jul 1977
<b>49.64</b>	Diane Williams	Stretford AC	Open Meeting	Meadowbank	23 Apr 1978
<b>50.14</b>	Diane Royle (Williams)	Stretford AC	Scottish Championships	Grangemouth	15 Jun 1979
<b>53.36</b>	Diane Royle	Stretford AC	Scotland v Wales v Israel	Cwmbran	21 Jul 1979
<b>54.24</b>	Diane Royle	Stretford AC	GRE Gold Cup Final	London (CP)	1 Sep 1979
<b>54.96</b>	Diane Royle	Stretford AC	Gt. Manchester Champs	Stretford	15 May 1982
<b>56.36</b>	Diane Royle	Stretford AC	Scotland v Belgium v Neth	Willebroek, BEL	11 Jun 1983
<b>56.68</b>	Diane Royle	Stretford AC	Scottish Championships	Meadowbank	17 Jun 1983
<b>61.92</b>	Diane Royle	Stretford AC	Northern Eng. Champs	Cleckheaton	2 Jun 1984
<b>61.94</b>	Diane Royle	Stretford AC	GRE Cup Final	Birmingham	2 Sep 1984

### With new specification javelin

<b>57.19</b>	Lorna Jackson	Edinburgh WM	UK Women's League	Peterborough	9 Jul 2000
--------------	---------------	--------------	-------------------	--------------	------------

### Native records

<b>65'10</b>	Anna Miller	Maryhill Harriers	Scottish Championships	Ibrox Park	16 Jun 1931
<b>83' 10</b>	Margaret Mackenzie	Edinburgh Univ	Scottish Championships	Ibrox Park	16 Jun 1933
<b>85'6</b>	Margaret Mackenzie	Edinburgh Univ	Scottish Championships	Ibrox Park	15 Jun 1934
<b>88'8</b>	Patricia Walker	Edinburgh Univ	Scot Univ v Eng Univ	Aberdeen (L)	9 Jul 1949
<b>103'8</b>	Betty McInnes	Glasgow Univ	Scottish Championships	Glasgow (Hv)	17 Jun 1950
<b>105'9½</b>	Emma Anderson	Dumfries LAC	Scottish Championships	New Meadowbank	9 Jun 1951
<b>113'2½</b>	Gwen Summers	Aberdeen AAC	East District	Saughton	16 May 1959
<b>116'7½</b>	Gwen Summers	Aberdeen AAC	East v West	Scotstoun	23 May 1959
<b>120'1</b>	Gwen Summers	Aberdeen AAC	Dundee v Aberdeen (exhib)	Montrose	24 Jun 1959
<b>122'11</b>	Gwen Summers	Aberdeen AAC		Aberdeen	1 Jun 1960
<b>135'1</b>	Sylvia Clark	Edinburgh AC	East District	New Meadowbank	1 May 1965
<b>136'2</b>	Sylvia Clark	Edinburgh AC	Scottish Championships	Pitreavie	8 Jul 1967
<b>137'9</b>	Sylvia Clark	Edinburgh AC	Inter-Area Match	Grangemouth	9 Sep 1967
<b>44.04</b>	Sylvia Brodie	Edinburgh SH	East District	Pitreavie	5 May 1973
<b>45.48</b>	Sylvia Brodie	Edinburgh SH	East District	Pitreavie	11 May 1974
<b>47.24</b>	Sylvia Brodie	Edinburgh SH	East v West	Pitreavie	26 May 1974
<b>49.24</b>	Jacqueline Barclay	Shettleston Ladies	Bells Junior Int'l	Meadowbank	7 Aug 1982
<b>52.58</b>	Shona Urquhart	Fife Southern H	Scottish Championships	Meadowbank	17 Jun 1983
<b>54.62</b>	Lorna Jackson	Edinburgh WM	Scottish League	Meadowbank	4 Sep 1994
<b>55.68</b>	Lorna Jackson	Edinburgh WM	UK League	Meadowbank	4 May 1996
<b>55.79</b>	Lorna Jackson	Edinburgh WM	Scottish Championships	Meadowbank	17 Jul 1998

### With new specification javelin

<b>56.00</b>	Lorna Jackson	Edinburgh WM	Monklands Scottish Cup	Coatbridge	22 Aug 1999
--------------	---------------	--------------	------------------------	------------	-------------

### All-comers' records

<b>124' 1½</b>	Jean Elliot	England	St And U v Edinburgh U	St Andrews	1 May 1954
<b>135' 1</b>	Sylvia Clark	Scotland	East District	New Meadowbank	1 May 1965
<b>143' 4</b>	Averil Williams	England	Inter-Club	Westerlands	29 Apr 1967
<b>147' 0</b>	Rosemary Morgan	England	Inter – Area	Grangemouth	9 Sep 1967
<b>157' 11 (48.14)</b>	Angela King	England	Claude Grahame-White Trophy	Meadowbank	2 May 1970
<b>53.16</b>	Jay Dahlgren	Canada	Open Meeting	Grangemouth	12 Jul 1970
<b>59.26</b>	Ewa Gryziecka	Poland	GB v Poland	Meadowbank	17 Jun 1972
<b>66.10</b>	Ruth Fuchs	East Germany	Europa Cup	Meadowbank	7 Sep 1973
<b>73.58</b>	Tessa Sanderson	England	Tarmac Games	Meadowbank	26 Jun 1983
<b>With new specification javelin</b>					
<b>56.00</b>	Lorna Jackson	Scotland	Monklands Scottish Cup	Coatbridge	22 Aug 1999
<b>63.59</b>	Goldie Sayers	England	Norwich Union Grand Prix	Scotstoun	3 Jun 2007
<b>65.96</b>	Kim Mickle	Australia	Commonwealth Games	Hampden Park	30 Jul 2014

<b>Heptathlon</b>					<b>p = record for pentathlon</b>
<b>National records</b>					
<b>1954 scoring tables (LJ, 200m, 80mH, SP, HJ)</b>					
<b>4,024 p</b>	Alix Jamieson	Maryhill Harriers	Scottish Championship	Edinburgh	14 May 1960
<b>4,104 p</b>	Sandra Brown	Edinburgh SH	Decathlon Club Meeting	Grangemouth	22 Sep 1968
<b>(LJ, 200m, 100H, SP, HJ)</b>					
<b>4,241 p</b>	Moira Walls	Western AAC	Scottish Schools	Nethercraigs	14 Jun 1969
<b>4,591 p</b>	Moira Walls	Western AAC	WAAA Championship	Birmingham	2 Aug 1969
<b>4,704 p</b>	Moira Walls	Western AAC	Commonwealth Games	Meadowbank	22 Jul 1970
<b>1971 scoring tables (100H, SP, HJ, LJ, 800m)</b>					
<b>3,927 p</b>	Moira Walls	Edinburgh SH	Scottish Championship	Grangemouth	14 May 1977
<b>4,029 p</b>	Moira Walls	Edinburgh SH		Madrid, ESP	20 Jun 1977
<b>4,121 p</b>	Moira Walls	Edinburgh SH	European CE Cup	Sittard, NED	31 Jul 1977
<b>4,227 p</b>	Moira Walls	Edinburgh SH	European CE Cup	Lille, FRA	17 Sep 1977
<b>4,233 p</b>	Moira Maguire (Walls)	Edinburgh SH	WAAA Championships	Birmingham	16 Jun 1979
<b>4,309 p</b>	Moira Maguire	Edinburgh SH	European CE Cup	Dresden, GER	1 Sep 1979
<b>Heptathlon</b>					
<b>5,322</b>	Valerie Walsh	Tonbridge AC	Midland Champs	Birmingham	5 May 1985
<b>5,548</b>	Valerie Walsh	Tonbridge AC	GB v France	Arles, FRA	18 May 1986
<b>5,606</b>	Jayne Barnetson	Inverness H	Sco v Cze v Fra v Hun	Prague, CZE	4 Sep 1988
<b>5,803</b>	Jayne Barnetson	Inverness H	GB v USSR	Kiev, UKR	20 Aug 1989
<b>Native records</b>					
<b>1954 scoring tables (LJ, 200m, 80mH, SP, HJ)</b>					
<b>3,591 p</b>	Alix Jamieson	Maryhill Ladies	Scottish Championships	Stevenston	27 Sep 1958
<b>3,854 p</b>	Alix Jamieson	Maryhill Ladies	Scottish Championships	Scotstoun	25 Jul 1959
<b>4,024 p</b>	Alix Jamieson	Maryhill Ladies	Scottish Championships	Edinburgh	14 May 1960
<b>4,036 p</b>	Moira Walls	Western AAC	Decathlon Club Meet	Grangemouth	22 Sep 1968
<b>(LJ, 200m, 100mH, SP, HJ)</b>					
<b>4,241 p</b>	Moira Walls	Western AAC	Schools Champs	Glasgow (N)	14 Jun 1969
<b>4,452 p</b>	Moira Walls	Western AAC	Scottish Championships	Scotstoun	30 Aug 1969
<b>4,704 p</b>	Moira Walls	Western AAC	Commonwealth Games	Meadowbank	22 Jul 1970
<b>1971 scoring tables (100H, SP, HJ, LJ, 800m)</b>					
<b>3,927 p/ 3,811 p</b>	Moira Walls	Edinburgh SH	Scottish Championships	Grangemouth	14 May 1977
<b>Heptathlon</b>					
<b>5,420</b>	Valerie Walsh	Tonbridge AC	Commonwealth Games	Meadowbank	27 Jul 1986
<b>All-comers' records</b>					
<b>4,452 p</b>	Moira Walls	Scotland	Scottish Championships	Scotstoun	30 Aug 1969
<b>5,148 p †</b>	Mary Peters	Northern Ireland	Commonwealth Games	Meadowbank	22 Jul 1970
<i>Mary Peters' performances included 100 metres hurdles with a following wind of +4.5m/s. It should therefore not</i>					

<i>have been recognised as a record. The actual best legitimate performance was 5,106 by Ann Wilson (England)</i>					
<i>Change of scoring tables (1971)</i>					
<b>4,515 p †</b>	Mary Peters	Northern Ireland	Commonwealth Games	Meadowbank	22 Jul 1970
<b>1971 scoring tables (100H, SP, HJ, LJ, 800m)</b>					
<b>3,927 p</b>	Moira Walls	Scotland	Scottish Championships	Grangemouth	14 May 1977
<b>Heptathlon</b>					
<b>4,818</b>	Shona Urquhart			Grangemouth	9 May 1981
<b>5,634</b>	Linda Spenst	Canada	Commonwealth Games	Meadowbank	27 Jul 1986
<b>6,597</b>	Brianne Theisen-Eaton	Canada	Commonwealth Games	Hampden Park	30 Jul 2014

<b>4 x 100 metres relay</b>		<b>y = time for 4x110 yards</b>			
<b>National records</b>					
<b>50.0 y</b>	Ardeer Recreation Club		Cowal Games	Dunoon	29 Aug 1959
	<i>M Brown, S Marshall, D Telfer, Isobel Bond</i>				
<b>49.5 y</b>	Maryhill Harriers			Redford	29 Aug 1964
<b>48.8 y</b>	Maryhill Ladies AC		Scottish Championships	Pitreavie	10 Jul 1965
	<i>Christine Campbell, Patricia Petrie, Patricia Johnstone, Mary Campbell</i>				
<b>48.7 y</b>	Maryhill Ladies AC		Scottish Championships	Pitreavie	12 Aug 1967
	<i>Ruth Rintoul, Lindy Carruthers, Elspeth Macpherson, Patricia Pennycook</i>				
<b>48.6 y</b>	Maryhill Ladies AC			Solihull	27 Apr 1968
<b>48.1</b>	Edinburgh Southern Harriers		Scottish Championships	Grangemouth	16 Aug 1969
	<i>Helen Golden, Patricia Brown, Alison Robb, Sandra Brown</i>				
<b>47.5</b>	Maryhill Ladies AC		WAAA Championships	Crawley	13 Jul 1968
	<i>Ruth Rintoul, Avril Beattie, Patricia Pennycook, J Smith</i>				
	<i>Although set earlier than ESH's 48.1, it was not ratified until October 1969</i>				
<b>45.2</b>	Edinburgh Southern Harriers		WAAA Championships	London (CP)	27 Jun 1970
	<i>Alison Robb, Sheila Pringle, Helen Golden, Elizabeth Sutherland</i>				
<b>National team:</b>					
<b>47.7 y</b>	Scotland		Scotland v Ireland	Ayr	8 Aug 1964
	<i>Alix Jamieson, Anne Wilson, Avril Beattie, Maureen McLeish</i>				
<b>47.2 y</b>	Scottish Team Select		Inter-Area	Grangemouth	9 Sep 1967
	<i>Ruth Rintoul, Patricia Pennycook, Alison Robb, Maureen McLeish</i>				
<b>45.37</b>	Scotland		v Catalonia v Ireland	Lloret de Mar, ESP	8 Jun 1986
	<i>Joan Booth, Kim Hogg, Janis Neilson, Sandra Whittaker</i>				
<b>Native records</b>					
<b>54.0 y</b>	Aberdeen University		Inter-University Champs	Craiglockhart	13 Jun 1931
	<i>Laura Greig, Alice Dugan, Lillas Mackenzie, Winifred Neilson</i>				
<b>53.0 y</b>	Edinburgh University		Inter-University Champs	Westerlands	11 Jun 1932
	<i>Margaret MacKenzie, D Mowat, Elwyn Herriot, Reta White</i>				
<b>52.6 y</b>	Edinburgh University		Scottish Championships	Ibrox Park	15 Jun 1934
	<i>Barbara Barnetson, JM Dawson, MS Sinclair, Joan Cunningham</i>				
<b>52.0 y</b>	Edinburgh University		Scottish Championships	Ibrox Park	19 Jun 1936
	<i>Barbara Barnetson, JM Dawson, MS Sinclair, Joan Cunningham</i>				
<b>51.8 y</b>	Bellahouston Harriers		Scottish Championships	Ibrox Park	9 Jul 1949
	<i>M Russell, F Kennedy, Y Shaw, M Carmichael</i>				
<b>50.6 y</b>	Edinburgh Southern Harriers		Scottish Championships	New Meadowbank	8 Jul 1950
	<i>M Taylor, J Morison, A Herman, S Burns</i>				
<b>50.2 y</b>	Edinburgh Southern Harriers				1950
<b>50.0 y</b>	Ardeer Recreation Club		Cowal Games	Dunoon	29 Aug 1959
	<i>M Brown, S Marshall, D Telfer, ISH Bond</i>				
<b>48.8 y</b>	Maryhill Ladies AC		Scottish Championships	Pitreavie	10 Jul 1965
	<i>C Campbell, P Petrie, P Johnstone, M Campbell</i>				

<b>48.7 y</b>	Maryhill Ladies AC	Scottish Championships	Pitreavie	12 Aug 1967
	<i>Ruth Rintoul, Linda Carruthers, Elspeth Macpherson, Patricia Pennycook</i>			
<b>48.4</b>	Maryhill Ladies AC	Scottish Championships	Grangemouth	15 Aug 1970
	<i>?, Christine Smith, Patricia Pennycook, ?</i>			
<b>48.2</b>	Maryhill Ladies AC	Scottish Championships	Grangemouth	6 Jun 1971
	<i>Maureen Wallace, Avril Beattie, Patricia Pennycook, Christine Sprigg</i>			
<b>48.2</b>	Edinburgh Southern Harriers	Scottish Championships	Grangemouth	18 Jun 1972
	<i>Helen Wilson, Sheila Pringle, Helen Golden, Elizabeth Sutherland</i>			
<b>46.7</b>	Edinburgh Southern Harriers	Motorway League	Meadowbank	15 Jul 1972
	<i>Helen Wilson, Sheila Pringle, Helen Golden, Elizabeth Sutherland</i>			
<b>46.5</b>	Edinburgh Southern Harriers		Meadowbank	20 Aug 1978
<b>46.36</b>	Edinburgh Woollen Mill	British League	Meadowbank	3 Jul 1993
	<i>Aileen McGillivray, Joan Booth, Patricia Divine, Emma Lindsay</i>			
<b>National teams:</b>				
<b>47.7 y</b>	Scotland	Scotland v Ireland	Ayr	8 Aug 1964
	<i>Alix Jamieson, Anne Wilson, Avril Beattie, Maureen McLeish</i>			
<b>47.2 y</b>	Scottish Team Select	Inter-Area	Grangemouth	9 Sep 1967
	<i>Ruth Rintoul, Patricia Pennycook, Alison Robb, Maureen McLeish</i>			
<b>46.6</b>	Scotland	Claude-Grahame White	Meadowbank	2 May 1970
	<i>Maureen McLeish, Avril Beattie, Helen Golden, Elizabeth Sutherland</i>			
<b>45.6</b>	Scotland	British Games	Meadowbank	13 Jun 1970
	<i>Elizabeth Sutherland, Avril Beattie, Anne Wilson, Helen Golden</i>			
<b>45.4</b>	Scotland	Commonwealth Games	Meadowbank	25 Jul 1970
	<i>Patricia Pennycook, Elizabeth Sutherland, Anne Wilson, Helen Golden</i>			
<b>Automatic timing:</b>				
<b>45.50</b>	Scotland	Scotland v Iceland v Ireland	Grangemouth	9 Jul 1988
	<i>Aileen McGillivray, Janis Neilson, Kathleen Lithgow, Melanie Neef</i>			
<b>All-comers' records</b>				
<b>48.1 y</b>	Netherlands	Edinburgh Highland Games	Murrayfield	18 Aug 1962
	<i>L Boele, G Soesbeek, T van der Zwaard, L Hinten</i>			
<b>47.7 y</b>	Scotland	Scotland v Ireland	Ayr	8 Aug 1964
	<i>Alix Jamieson, Anne Wilson, Avril Beattie, Maureen McLeish</i>			
<b>47.2 y</b>	Scotland	International	Grangemouth	9 Sep 1967
	<i>Ruth Rintoul, Pat Pennycook, Alison Robb, Maureen McLeish</i>			
<b>46.6</b>	Midland Counties	England	Claude Grahame-White	Meadowbank
	<i>Team make-up not known</i>			
<b>46.6</b>	Scotland	Claude Grahame-White	Meadowbank	2 May 1970
	<i>Maureen McLeish, Avril Beattie, Helen Golden, Liz Sutherland</i>			
<b>45.6</b>	Scotland	British Games	Meadowbank	13 Jun 1970
	<i>Elizabeth Sutherland, Avril Beattie, Anne Wilson, Helen Golden</i>			
<b>45.6</b>	England	British Games	Meadowbank	13 Jun 1970
	<i>Madeleine Cobb, M Critchley, Barratt, Val Peat</i>			
<b>44.1</b>	Australia	Commonwealth Games	Meadowbank	25 Jul 1970
	<i>Pam Kilborn, Jennifer Lamy, Marion Hoffman, Raelene Boyle</i>			
<b>42.95</b>	German Democratic Republic	Europa Cup	Meadowbank	7 Sep 1973
	<i>Petra Kandarr, Renate Stecher, , Doris Maletzki, Christine Heinich</i>			
<b>42.74</b>	Great Britain	Glasgow Grand Prix	Hampden Park	11 Jul 2014
	<i>Asha Philip, Ashleigh Nelson, Jodie Williams, Desiree Henry</i>			
<b>42.44</b>	Jamaica	Commonwealth Games	Hampden Park	1 Aug 2014
	<i>Kerron Stewart, Veronica Campbell-Brown, Elaine Thompson, Shelly-Ann Fraser-Pryce</i>			
<b>41.83</b>	Jamaica	Commonwealth Games	Hampden Park	2 Aug 2014
	<i>Kerron Stewart, Veronica Campbell-Brown, Schillonie Calvert, Shelly-Ann Fraser-Pryce</i>			
<b>(Club Teams)</b>				
<b>46.36</b>	Edinburgh Woollen Mill		Meadowbank	3 Jul 1993



<b>4 x 400 metres relay</b>		<b>y = time for 4x440 yards</b>		
<b>National records</b>				
<b>4:08.4</b> y	Maryhill Ladies AC	Bracknell Relays	Bracknell	21 Aug 1965
<b>4:01.5</b> y	Maryhill Ladies AC	Bracknell Relays	Bracknell	17 Aug 1968
<b>3:46.4</b>	Edinburgh Southern Harriers	WAAA Championships	Birmingham	2 Aug 1969
	<i>Patricia Brown, Alison Robb, Mary Munro, Barbara Lyall</i>			
<b>3:44.1</b>	Edinburgh Southern Harriers	WAAA Championships	London (CP)	27 Jun 1970
	<i>Sheila Pringle, Patricia Brown, Mary Munro, Barbara Lyall</i>			
<b>3:39.3</b>	Edinburgh Southern Harriers	Pye Gold Cup	London (CP)	21 Sep 1974
	<i>Mary Munro, Elaine Douglas, Anne Clarkson, Anne Littlejohn</i>			
<b>National team:</b>				
<b>3:35.2</b>	Scotland	Commonwealth Games	Christchurch, NZL	2 Feb 1974
	<i>Margaret Coomber, Evelyn McMeekin, Rosemary Wright, Helen Golden</i>			
<b>3:33.8</b>	Scotland	v Norway & Wales	Ardal, NOR	29 Aug 1981
	<i>Linsey Macdonald, Fiona Macaulay, Alison Reid, Anne Clarkson</i>			
<b>3:32.92</b>	Scotland	Commonwealth Games	Brisbane, AUS	9 Oct 1982
	<i>Sandra Whittaker, Anne Clarkson, Angela Bridgeman, Linsey Macdonald</i>			
<b>3:31.50</b>	Scotland	Commonwealth Games	Manchester	31 Jul 2002
	<i>Carey Easton, Sinead Dudgeon, Susan Burnside, Lee McConnell</i>			
<b>3:30.91</b>	Scotland	Commonwealth Games	Delhi, IND	12 Oct 2010
	<i>Gemma Nicol, Eilidh Child, Kathryn Evans, Lee McConnell</i>			
<b>3:29.18</b>	Scotland	Commonwealth Games	Gold Coast, AUS	14 Apr 2018
	<i>Zoey Clark, Kirsten McAslan, Lynsey Sharp, Eilidh Doyle</i>			
<b>Native records</b>				
<b>3:55.7</b>	Maryhill Ladies AC	ESH Trophy Meeting	Meadowbank	30 May 1970
<b>3:50.7</b>	Edinburgh Southern Harriers	Motorway League	Meadowbank	15 Jul 1972
	<i>Sheila Pringle, Elizabeth Sutherland, Mary Munro, Helen Wilson</i>			
<b>3:44.8</b>	Edinburgh Southern Harriers	Motorway League	Meadowbank	6 Jul 1974
	<i>Anne Clarkson, Elaine Douglas, Mary Munro, Anne Littlejohn</i>			
<b>3:42.63</b>	Edinburgh Woollen Mill	UK League	Grangemouth	3 Aug 2003
	<i>Catriona Pennet, Sinead Dudgeon, Susan Burnside, Carey Marshall</i>			
<b>National team:</b>				
<b>3:42.3</b>	Scotland	Scot v Eng v NI	Meadowbank	11 May 1980
	<i>Anne Clarkson, Ann Harley, Rona Livingston, Linsey McDonald</i>			
<b>3:41.86</b>	Scotland	Scot v Denmark v Eire	Meadowbank	2 Aug 1981
	<i>Margaret Southerden, Carol Candlish, Alison Reid, Anne Clarkson</i>			
<b>3:41.45</b>	Scotland	Edinburgh Games	Meadowbank	25 Aug 2001
	<i>Lisa Whigham, Carey Easton, Lesley Clarkson, Mary McClung</i>			
<b>3:33.91</b>	Scotland	Commonwealth Games	Hampden Park	1 Aug 2014
	<i>Kirsten McAslan, Diane Ramsay, Gemma Nicol, Zoey Clark</i>			
<b>All-comers' records</b>				
<b>3:39.7</b>	Great Britain & Northern Ireland	GB v Poland	Meadowbank	16 Jun 1972
	<i>Verona Bernard, Rosemary Stirling, Jannette Roscoe, Janet Simpson</i>			
<b>3:28.66</b>	German Democratic Republic	Europa Cup	Meadowbank	7 Sep 1973
	<i>Waltraud Dietsch, R Siebach, Rita Kühne, Monika Zehrt</i>			
<b>3:26.24</b>	Soviet Union	GB v Soviet Union	Meadowbank	19 Jul 1991
	<i>Yelena Ruzina, Lyudmila Dzhigalova, Aelita Yurchenko, Olga Nazarova</i>			
<b>3:23.82</b>	Jamaica	Commonwealth Games	Hampden Park	2 Aug 2014
	<i>Christine Day, Novlene Williams-Mills, Anastasia Le-Roy, Stephenie Ann McPherson</i>			
<b>(Club Teams)</b>				
<b>3:42.07</b>	Birchfield Harriers	England	Meadowbank	7 May 1988

Team make-up not known

#### 5000 metres track walk

##### National records

<b>23:46.68</b>	Verity Larby	Aldershot	WAAA Championships		1990
<b>23:41.17</b>	Verity Larby	Aldershot	WAAA Championships	Birmingham	28 Jun 1992
<b>23:26.6</b>	Verity Larby	Aldershot	WAAA Championships	Horsham	20 Jun 1993
<b>23:22.52</b>	Verity Snook (Larby)	Aldershot	WAAA Championships	Horsham	19 Jun 1994

#### 10000 metres track walk

##### National records

<b>47:10.7</b>	Verity Larby	Aldershot	WAAA Championships	Horsham	20 Jun 1993
----------------	--------------	-----------	--------------------	---------	-------------

#### 20 kilometres road walk

##### National records

<b>1:54:15</b>	Verity Snook	Aldershot	RWA Championships	Horsham	7 Sep 1996
<b>1:38:25</b>	Sara-Jane Cattermole			Perth, AUS	31 Oct 1999
<b>1:37:31</b>	Sara-Jane Cattermole			Perth, AUS	23 Jan 2000
<b>1:36:40</b>	Sara-Jane Cattermole			Perth, AUS	4 Mar 2000

## DISCONTINUED RECORD EVENTS

300 Metres			record discontinued 2003		
National records					
36.46	Linsey Macdonald	Pitreavie AAC	Amoco Internat. Games	London (CP)	13 Jul 1980
Native records					
38.6	Elizabeth Sutherland	Edinburgh SH	Invitation Meeting	Grangemouth	10 Sep 1977
38.6	Fay Nixon	Edinburgh SH	Invitation Meeting	Grangemouth	10 Sep 1977
37.33	Melanie Neef	City of Glasgow AC	GB v USA	Meadowbank	8 Jul 1994
All-comers' records					
37.2	Donna Murray	England	International Meeting	Coatbridge	9 May 1976
36.85	Kim Graham	USA	TSB Challenge	Meadowbank	8 Jul 1994

600 Metres			record discontinued 2003		
National records					
1:29.88	Anne Clarkson	Edinburgh SH		Brisbane, AUS	25 Sep 1982
Native records					
1:30.5	Margaret Coomber	Cambridge H	International Meeting	Coatbridge	9 May 1976
All-comers' records					
1:29.2	Angela Creamer	England	International Meeting	Coatbridge	9 May 1976
Subsequent improvements (without record status)					
1:27.51	Lynsey Sharp	Edinburgh AC	Intermediate time @ European Championships	Zurich, SUI	16 Aug 2014

80 Metres Hurdles		y – 80 yards hurdles		record discontinued 1969	
National records					
11.9	Marjorie Bain	Dunfermline CPE	Edinburgh Highland Games	Murrayfield	20 Aug 1960
11.8	Alix Jamieson	Western AAC	Edinburgh Highland Games	Murrayfield	15 Aug 1964
11.5	Alix Jamieson	Western AAC	Scotland v Belgium v Ireland	Brussels, BEL	5 Sep 1964
11.4	Lindy Carruthers	Maryhill Ladies AC	East v West	Grangemouth	3 Jun 1967
11.4	Elizabeth Toulalan	Dunfermline CPE	Edinburgh Highland Games	Murrayfield	17 Aug 1968
Native records					
12.6 y	Lilias Mackenzie	Aberdeen Univ	Scottish Championships	Celtic Park	17 Jun 1932
12.2 y	Lilias Mackenzie	Aberdeen Univ	Scottish Championships	Ibrox Park	16 Jun 1933
12.2 y	Lilias Mackenzie	Aberdeen Univ	Scottish Championships	Ibrox Park	15 Jun 1934
12.2 y	Alison Harper	Edinburgh Univ	Scottish Championships	Ibrox Park	28 Jun 1935
12.1 y	Alison Harper	Edinburgh Univ	Scottish Universities	Westerlands	13 Jun 1936
11.9 y	Alison Harper	Edinburgh Univ	Scottish Championships	Ibrox Park	19 Jun 1936
13.8	Olive MacMillan	Edinburgh Univ	Scottish Championships	Westerlands	17 Jun 1938
13.4	Olive MacMillan	Edinburgh Univ	Scottish Championships	Westerlands	30 Jun 1939
12.5	Jean Thomson	Dumfries AC	Edinburgh Highland G	Murrayfield	3 Sep 1949
12.2	Quita Shivas	Aberdeen Univ	Scottish Universities	Westerlands	2 Jun 1951
12.0	Marjorie Bain	Edinburgh SH	East v West	Jordanhill	10 May 1958
12.0	Alix Jamieson	Maryhill Harriers	East v West	Scotsstoun	21 May 1960
12.0	Marjorie Bain	Edinburgh SH	East v West	Scotsstoun	21 May 1960
11.9	Marjorie Bain	Edinburgh SH	Edinburgh Highland G	Murrayfield	20 Aug 1960
11.5	Alix Jamieson				1964
11.4	Lindy Carruthers	Maryhill		Grangemouth	3 Jun 1967
11.4	Elizabeth Toulalan	Dunfermline CPE	Edinburgh Highland G	Murrayfield	17 Aug 1968
All-comers' records					
12.2	Maureen Gardner	England	Edinburgh Highland Games	Murrayfield	4 Sep 1948
11.3	Fanny Blankers-Koen	Netherlands	Edinburgh Highland Games	Murrayfield	3 Sep 1949
11.2	Shirley Strickland	Australia	Edinburgh Highland Games	Murrayfield	23 Aug 1952
11.1	Norma Thrower	Australia	Edinburgh Highland Games	Murrayfield	9 Aug 1958

10.9	Betty Moore	Australia	Edinburgh Highland Games	Murrayfield	19 Aug 1961
------	-------------	-----------	--------------------------	-------------	-------------

200 Metres Hurdles					record discontinued 1978
National and Native records					
28.7	Lindy Carruthers	Maryhill Ladies AC	East v West	Grangemouth	25 Apr 1970
28.0	Lindy Carruthers	Maryhill Ladies AC	British Games	Meadowbank	13 Jun 1970
27.7	Fiona Macaulay	Edinburgh SH	Monkland International	Coatbridge	7 Aug 1976
All-comers' records					
28.7	Lindy Carruthers	Scotland	East v West	Grangemouth	25 Apr 1970
27.0	Teresa Sukniewicz	Poland	British Games	Meadowbank	13 Jun 1970
26.8	Danuta Straszynska	Poland	British Games	Meadowbank	12 Jun 1971

2000 Metres Steeplechase					
National records					
7:01.74	Allison Higgins	JW Kilmarnock H	Open Graded Meeting	Scotstoun	18 Jul 2001
6:55.12	Claire McCracken	City of Glasgow		Derby	14 Aug 2005
6:42.70	Eilish McColgan	Dundee Hawkhill	Trafford Grand Prix	Stretford	29 Jul 2008
6:29.58	Emma Raven	Central AC	Inter-Regional Champs	Wishaw	16 May 2010
Native records					
7:01.74	Allison Higgins	JW Kilmarnock	Open Graded Meeting	Scotstoun	18 Jul 2001
6:54.00	Nicola Hood	Vict Pk Glasgow	Inter-Regional Champs	Wishaw	10 May 2009
6:29.58	Emma Raven	Central AC	Inter-Regional Champs	Wishaw	16 May 2010
All-comers' records					
7:01.74	Allison Higgins	Scotland	Open Graded Meeting	Scotstoun	18 Jul 2001
6:58.10	Hana Carroll	England	Scottish Championships	Scotstoun	15 Aug 2004

4 x 200 metres relay					y = time for 4x220 yards
National records					
1:51.8 y	Maryhill Ladies AC		Bracknell Relays	Bracknell	21 Aug 1965
	<i>C Vallance, E Macpherson, L Carruthers, N Connarty</i>				
1:45.0 y	Maryhill Ladies AC		Scottish Championships	Pitreavie	25 Jun 1966
	<i>?, Lindy Carruthers, Elspeth Macpherson, Ruth Rintoul</i>				
1:42.9 y	Maryhill Ladies AC		Scottish Championships	Pitreavie	12 Aug 1967
	<i>Ruth Rintoul, Elspeth Macpherson, Lindy Carruthers, Patricia Pennycook</i>				
1:42.4 y	Maryhill Ladies AC		Spring Relays Meeting	Solihull	27 Apr 1968
1:40.2	Edinburgh Southern Harriers		Scottish Championships	Grangemouth	16 Aug 1969
1:36.7	Edinburgh Southern Harriers		Sward Trophy	London (CP)	5 Jul 1970
	<i>Alison Robb, Barbara Lyall, Sheila Pringle, Helen Golden</i>				
Native and All-comers' records					
1:45.0 y	Maryhill Ladies AC		Scottish Championships	Pitreavie	25 Jun 1966
	<i>?, Elspeth Macpherson, Lindy Carruthers, Ruth Rintoul</i>				
1:42.9 y	Maryhill Ladies AC		Scottish Championships	Pitreavie	12 Aug 1967
	<i>Ruth Rintoul, Elspeth Macpherson, Lindy Carruthers, Pat Pennycook</i>				
1:40.2	Maryhill Ladies AC		Scottish Championships	Grangemouth	15 Aug 1970
	<i>Christine Sprigg, C Smith, Patricia Pennycook, Maureen McLeish</i>				

1600 metres medley relay					y = time for 1 mile medley
National, Native and All-comers' records					
4:42.6 y	Shettleston Harriers		Scottish Championships	Ibrox Park	16 Jun 1931
	<i>Nan Aitken, Cathie Jackson, Sarah Rogan, May Smith</i>				
4:39.0 y	Maryhill Harriers		Scottish Championships	Ibrox Park	17 Jun 1932
	<i>Constance Johnson, Isabel Kennedy, Effie Pickering, Minnie Kinniburgh</i>				
4:33.5 y	Edinburgh Harriers		Scottish Championships	Saughton	28 Jun 1952

	<i>Betty Moffat, S Plenderleith, I Henderson, H Houston</i>			
<b>4:28.7 y</b>	Maryhill Harriers	Scottish Championships		1953
<b>4:27.2 y</b>	Ardeer Recreation Club	Shotts Highland Games	Shotts	1 Sep 1956
	<i>Anne Reilly, Isobel Bond, M Morgan, I Burns</i>			
<b>4:17.9 y</b>	Ardeer Recreation Club	Scottish Championships	Shotts	5 Sep 1959
	<i>Anne Reilly, Sandra Marshall, D Telfer, ISH Bond</i>			
<b>4:12.7 y</b>	Maryhill Harriers	Scottish Championships	Redford	29 Aug 1964
<b>4:05.8 y</b>	Maryhill Ladies AC	Scottish Championships	Pitreavie	10 Jul 1965
	<i>Patricia Johnston, P Petrie, Isobel Inwood, Mary Campbell</i>			
<b>4:04.4 y</b>	Maryhill Ladies AC	Scottish Championships	Grangemouth	16 Aug 1969
<b>National records</b>				
<b>4:00.7 y</b>	Edinburgh Southern Harriers	Scottish Championships	Grangemouth	15 Aug 1970
	<i>Alison MacRitchie, Helen Golden, Pat Brown, Barbara Lyall</i>			
<b>3:54.4</b>	Pitreavie AAC	Scottish Championships	Coatbridge	9 Jun 1979
	<i>record status for event discontinued in 2003</i>			
<b>Native and All-comers' records</b>				
<b>4:02.8</b>	Maryhill Ladies	Scottish Championships	Meadowbank	25 Aug 1974
<b>3:54.4</b>	Pitreavie AAC		Coatbridge	9 Jun 1979

<b>4 x 800 metres relay</b>				
<b>National records</b>				
<b>8:44.4</b>	Scottish WAAA	Edinburgh Highland Games	Meadowbank	21 Aug 1971
	<i>Christine Haskett, Barbara Lyall, Mary Speedman, Margaret Coomber</i>			
<b>(Club Teams)</b>				
<b>9:13.1</b>	Edinburgh Southern Harriers	Octavian Relays	Meadowbank	28 Aug 1977
<b>Native record</b>				
<b>9:13.1</b>	Edinburgh Southern Harriers	Octavian Relays	Meadowbank	28 Aug 1977
	<i>record status for event discontinued in 2003</i>			
<b>All-comers' records</b>				
<b>8:27.0</b>	Great Britain	British Games	Meadowbank	13 Jun 1970
	<i>Rosemary Stirling, Sheila Carey, Pat Lowe, Lillian Board</i>			
<b>(Club Teams)</b>				
<b>9:13.1</b>	Edinburgh Southern Harriers	Octavian Relays	Meadowbank	28 Aug 1977
	<i>Team make-up not known</i>			

<b>One mile walk</b>				
<b>National and Native records</b>				
<b>8:43.8</b>	Vera Murray	Dundee Hawkhill	Scottish Championships	Ibrox Park
	<i>record status for event discontinued in 1974</i>			

<b>3000 metres track walk</b>				
<b>record discontinued 2003</b>				
<b>National records</b>				
<b>13:49.3</b>	Verity Larby	Aldershot	London (He)	20 May 1992
<b>13:32.90</b>	Verity Snook (Larby)	Aldershot	Birmingham	20 May 1995
<b>13:16.23</b>	Verity Snook	Aldershot	Bedford	27 May 1996

<b>10 kilometres road walk</b>				
<b>record discontinued 2003</b>				
<b>National records</b>				
<b>47:01</b>	Verity Larby	Aldershot	Eschborn, GER	12 Jun 1993
<b>46:06</b>	Verity Snook (Larby)	Aldershot	Commonwealth Games Victoria, CAN	25 Aug 1994

## SCOTTISH MEN'S INDOOR RECORDS

<i>Performance</i>	<i>Athlete</i>	<i>Club</i>	<i>Competition</i>	<i>Venue</i>	<i>Date</i>
<b>60 Metres</b>					
<b>National records</b>					
<b>6.62</b>	Elliot Bunney	Edinburgh SH	UK Championships	Cosford	26 Jan 1987
<b>6.60</b>	Nicholas Smith	Shaftesbury Barnet	Aviva Grand Prix	Birmingham	20 Feb 2010
<b>Native records</b>					
<b>6.82</b>	Jamie Henderson	Edinburgh SH	Invitation @ GB v France	Kelvin Hall	6 Feb 1988
<b>6.81</b>	Jamie Henderson	Espc AC	Districts v Uni v Schools	Kelvin Hall	25 Feb 1990
<b>6.76</b>	Elliot Bunney	Caledon Park H	Scottish Championships	Kelvin Hall	26 Jan 1991
<b>6.71</b>	Elliot Bunney	Caledon Park H	Scottish Championships	Kelvin Hall	26 Jan 1991
<b>6.70</b>	Nicholas Smith	Shaftesbury Barnet	Scottish Championships	Kelvin Hall	15 Feb 2004
<b>6.66</b>	Nicholas Smith	Shaftesbury Barnet	Scottish Championships	Kelvin Hall	15 Feb 2004
<b>6.66</b>	Nicholas Smith	Shaftesbury Barnet	Scottish Championships	Kelvin Hall	23 Jan 2005
<b>6.64</b>	Nicholas Smith	Shaftesbury Barnet	Scottish Championships	Kelvin Hall	1 Mar 2008
<b>6.63</b>	Nicholas Smith	Shaftesbury Barnet	5-Nations International	Kelvin Hall	31 Jan 2009
<b>All-comers' records</b>					
<b>6.57</b>	Michael Rosswess	England	GB v USA v USSR	Kelvin Hall	10 Mar 1989
<b>6.56</b>	Linford Christie	England	European Championships	Kelvin Hall	4 Mar 1990
<b>6.55</b>	Linford Christie	England	GB v USA	Kelvin Hall	3 Mar 1991
<b>6.51</b>	Jason Livingston	England	Pearl Assurance Games	Kelvin Hall	8 Feb 1992
<b>6.50</b>	James Dasaolu	England	Scot v GB, USA & Comm	Emirates Arena	25 Jan 2014
<b>6.50</b>	Bingtian Su	China	Muller Grand Prix	Emirates Arena	25 Feb 2018

<b>200 Metres</b>					
<b>National records</b>					
<b>21.55</b>	William Fraser	Edinburgh AC	Scottish Championships	Kelvin Hall	17 Jan 1988
<b>21.28</b>	Elliot Bunney	Edinburgh SH	Scottish Championships	Kelvin Hall	27 Jan 1991
<b>21.25</b>	Ryan Oswald	Pitreavie AAC	British Championships	Sheffield	9 Feb 2014
<b>21.14</b>	Cameron Tindle	Edinburgh AC	British Championships	Sheffield	28 Feb 2016
<b>Native records</b>					
<b>21.55</b>	William Fraser	Edinburgh AC	Scottish Championships	Kelvin Hall	17 Jan 1988
<b>21.28</b>	Elliot Bunney	Edinburgh SH	Scottish Championships	Kelvin Hall	27 Jan 1991
<b>All-comers' records</b>					
<b>20.99</b>	John Regis	England	GB v USA v USSR	Kelvin Hall	10 Mar 1989
<b>20.97</b>	Marcus Adam	England	GB v German Dem. Rep.	Kelvin Hall	23 Feb 1990
<b>20.97</b>	Linford Christie	England	GB v German Dem. Rep.	Kelvin Hall	23 Feb 1990
<b>20.83</b>	John Regis	England	GB v USA	Kelvin Hall	3 Mar 1991
<b>20.78</b>	John Regis	England	Pearl Assurance Games	Kelvin Hall	8 Feb 1992
<b>20.74</b>	John Regis	England	GB v USA	Kelvin Hall	12 Feb 1994
<b>20.67</b>	John Regis	England	GB v France	Kelvin Hall	11 Feb 1995

<b>400 Metres</b>					
<b>National records</b>					
<b>45.98</b>	Brian Whittle	Ayr Seaforth AC	European Championships	Budapest, HUN	6 Mar 1988
<b>Native records</b>					
<b>47.03</b>	Brian Whittle	Ayr Seaforth AC	GB v France	Kelvin Hall	6 Feb 1988
<b>46.52</b>	Brian Whittle	Ayr Seaforth AC	GB v German Dem. Rep.	Kelvin Hall	23 Feb 1990
<b>All-comers' records</b>					
<b>46.85</b>	Mark Rowe	USA	GB v USA v USSR	Kelvin Hall	10 Mar 1989
<b>45.92</b>	Thomas Schoenlebe	German Dem. Rep.	GB v German Dem. Rep.	Kelvin Hall	23 Feb 1990
<b>45.33</b>	Danny Everett	USA	Pearl Assurance Games	Kelvin Hall	8 Feb 1992

<b>800 Metres</b>					
<b>National records</b>					
<b>1:47.55</b>	Paul Forbes	Edinburgh AC	Fed. Rep. Germany v GB	Dortmund, GER	19 Feb 1983
<b>1:46.86</b>	Thomas McKean	Bellshill YMCA H	GB v German Dem. Rep.	Kelvin Hall	23 Feb 1990
<b>1:46.22</b>	Thomas McKean	Bellshill YMCA H	European Championships	Kelvin Hall	4 Mar 1990
<b>Native records</b>					
<b>1:49.1</b>	Thomas McKean	Bellshill YMCA H	Sco v Belg v Ire v Nor	Kelvin Hall	17 Feb 1990
<b>1:46.86</b>	Thomas McKean	Bellshill YMCA H	GB v German Dem. Rep.	Kelvin Hall	23 Feb 1990
<b>1:46.22</b>	Thomas McKean	Bellshill YMCA H	European Championships	Kelvin Hall	4 Mar 1990
<b>All-comers' records</b>					
<b>1:47.05</b>	Andrey Sudnik	USSR	GB v USA v USSR	Kelvin Hall	10 Mar 1989
<b>1:46.86</b>	Thomas McKean	Scotland	GB v German Dem. Rep.	Kelvin Hall	23 Feb 1990
<b>1:46.22</b>	Thomas McKean	Scotland	European Championships	Kelvin Hall	4 Mar 1990

<b>1500 Metres</b>					
<b>National records</b>					
<b>3:38.28</b>	Graham Williamson	Springburn H	GB v Belgium	Cosford	10 Feb 1982
<b>3:37.25</b>	Chris O'Hare	Edinburgh AC	Millrose Games	New York NY, USA	16 Feb 2013
<b>3:37.03</b>	Chris O'Hare	Edinburgh AC	IAAF Grand Prix	Boston MA, USA	10 Feb 2018
<b>Native records</b>					
<b>3:45.27</b>	Ian Campbell	Haringey AC	East District	Kelvin Hall	15 Jan 1995
<b>3:43.54</b>	Ian Campbell	Haringey AC	GB v France	Kelvin Hall	11 Feb 1995
<b>3:43.13</b>	Ian Campbell	Haringey AC	Glasgow Open	Kelvin Hall	4 Dec 1996
<b>All-comers' records</b>					
<b>3:39.55</b>	Steve Crabb	England	GB v USA v USSR	Kelvin Hall	10 Mar 1989
<b>3:38.37</b>	Bethwell Birgen	Kenya	5-Nations International	Emirates Arena	26 Jan 2013
<b>3:34.94</b>	Abdalaati Iguider	Morocco	Glasgow Grand Prix	Emirates Arena	20 Feb 2016

<b>One Mile</b>					
<b>National records</b>					
<b>4:02.20</b>	Colin Hume	Edinburgh SH		Bloomington IN, USA	4 Feb 1984
<b>4:01.75</b>	David Strang	Haringey AC	Terrier Classic	Boston MA, USA	31 Jan 1992
<b>3:59.40</b>	David Strang	Haringey AC		Fairfax VA, USA	22 Feb 1992
<b>3:58.69</b>	David Strang	Haringey AC	Commonwealth Mile	Cambridge MA, USA	23 Jan 1993
<b>3:57.57</b>	David Strang	Haringey AC		Fairfax VA, USA	7 Feb 1993
<b>3:55.43</b>	David Strang	Haringey AC	Commonwealth Mile	Boston MA, USA	22 Jan 1994
<b>3:52.98</b>	Chris O'Hare	Edinburgh AC	Millrose Games	New York NY, USA	16 Feb 2013
<b>3:52.91</b>	Chris O'Hare	Edinburgh AC	Millrose Games	New York NY, USA	20 Feb 2016
<b>All-comers' records</b>					
<b>4:00.37</b>	Steve Crabb	England	GB v USA	Kelvin Hall	3 Mar 1991

<b>3000 Metres</b>					
<b>National records</b>					
<b>7:50.0</b>	Ian Stewart	Birchfield H	Cosford Games	Cosford	29 Jan 1972
<b>7:49.86</b>	Ian Gillespie	Birchfield H	Grand Prix Meeting	Birmingham	23 Feb 1997
<b>7:42.97</b>	Andrew Butchart	Central AC	New Balance Grand Prix	Boston MA, USA	28 Jan 2017
<b>7:41.05</b>	Andrew Butchart	Central AC	Millrose Games	New York NY, USA	11 Feb 2017
<b>Native records</b>					
<b>7:55.85</b>	Alastair Currie	Dumbarton AAC	Scottish Championships	Kelvin Hall	15 Jan 1989
<b>7:53.15</b>	Andrew Butchart	Central AC	Glasgow Grand Prix	Emirates Arena	20 Feb 2016
<b>All-comers' records</b>					
<b>7:55.85</b>	Alastair Currie	Scotland	Scottish Championships	Kelvin Hall	15 Jan 1989
<b>7:53.47</b>	Uwe Pflugner	German Dem. Rep.	GB v German Dem. Rep.	Kelvin Hall	23 Feb 1990
<b>7:49.63</b>	Paul Bitok	Kenya	5-Nations International	Kelvin Hall	28 Jan 2006
<b>7:40.99</b>	Mo Farah	England	5-Nations International	Kelvin Hall	31 Jan 2009

<b>7:39.55</b>	Mo Farah	England	Glasgow Grand Prix	Emirates Arena	20 Feb 2016
<b>7:39.09</b>	Justus Soget	Kenya	Muller Grand Prix	Emirates Arena	25 Feb 2018

## 60 Metres Hurdles

### National records

<b>7.90</b>	Neil Fraser	Inverness H	Scottish Championships	Kelvin Hall	16 Jan 1988
<b>7.89</b>	Ross Baillie	Victoria Park AAC	GB U23 v Fra v Ita v B'lux	Lievin, FRA	1 Mar 1997
<b>7.88</b>	Ross Baillie	Victoria Park AAC	GB U23 v Fra v Ita v B'lux	Lievin, FRA	1 Mar 1997
<b>7.77</b>	Ross Baillie	Victoria Park AAC	Midland Counties Open	Birmingham	9 Jan 1999
<b>7.72</b>	Ross Baillie	Victoria Park AAC	AAA Championships	Birmingham	31 Jan 1999
<b>7.60</b>	Ross Baillie	Victoria Park AAC	BUPA Grand Prix	Birmingham	14 Feb 1999
<b>7.59</b>	Allan Scott	Shaftesbury Barnet	AAA Championships	Sheffield	12 Feb 2005
<b>7.58</b>	Allan Scott	Shaftesbury Barnet	AAA Championships	Sheffield	12 Feb 2005
<b>7.52</b>	Allan Scott	Shaftesbury Barnet	Closed Championships	Kelvin Hall	13 Jan 2008

### Native records

<b>7.90</b>	Neil Fraser	Inverness H	Scottish Championships	Kelvin Hall	16 Jan 1988
<b>7.85</b>	Ross Baillie	Victoria Park AAC	Scottish Championships	Kelvin Hall	24 Jan 1999
<b>7.78</b>	Allan Scott	Whitemoss AAC	Scottish Championships	Kelvin Hall	8 Feb 2003
<b>7.74</b>	Allan Scott	Whitemoss AAC	5-Nations International	Kelvin Hall	24 Jan 2004
<b>7.71</b>	Allan Scott	Shaftesbury Barnet	West District	Kelvin Hall	16 Jan 2005
<b>7.65</b>	Allan Scott	Shaftesbury Barnet	Scottish Championships	Kelvin Hall	23 Jan 2005
<b>7.52</b>	Allan Scott	Shaftesbury Barnet	Closed Championships	Kelvin Hall	13 Jan 2008

### All-comers' records

<b>7.44</b>	Colin Jackson	Wales	GB v USA v USSR	Kelvin Hall	10 Mar 1989
<b>7.42</b>	Colin Jackson	Wales	Pearl Assurance Games	Kelvin Hall	8 Feb 1992
<b>7.36</b>	Colin Jackson	Wales	GB v USA	Kelvin Hall	12 Feb 1994

## High Jump

### National records

<b>2.30</b>	Geoff Parsons	London AC	UK Championships	Cosford	25 Jan 1986
-------------	---------------	-----------	------------------	---------	-------------

### Native records

<b>2.07</b>	James Stoddart	Bellahouston H	Glasgow Univ v Edin Univ	Kelvin Hall	1 Mar 1989
<b>2.10</b>	James Stoddart	Bellahouston H	Scottish Championships	Kelvin Hall	9 Dec 1989
<b>2.10</b>	David Barnetson	Inverness H	Scottish Championships	Kelvin Hall	9 Dec 1989
<b>2.15</b>	David Barnetson	Inverness H	Scottish U20 Champs	Kelvin Hall	18 Feb 1990
<b>2.16</b>	David Barnetson	Inverness H	Scot v Midland Counties	Kelvin Hall	29 Feb 1992
<b>2.17</b>	Tony Gilhooly	City of Edinburgh AC	Scottish Championships	Kelvin Hall	19 Jan 1997
<b>2.18</b>	Tony Gilhooly	City of Edinburgh AC	Jump to Music Event	Kelvin Hall	9 Mar 1997
<b>2.20</b>	David Barnetson	City of Edinburgh AC	Scottish Championships	Kelvin Hall	25 Jan 1998
<b>2.22</b>	Allan Smith	Shaftesbury Barnet	Scottish Universities	Emirates Arena	12 Jan 2013
<b>2.23</b>	Allan Smith	Shaftesbury Barnet	5-Nations International	Emirates Arena	26 Jan 2013
<b>2.24</b>	David Smith	Giffnock North AAC	5-Nations International	Emirates Arena	25 Jan 2014
<b>2.25</b>	Allan Smith	Shaftesbury Barnet	Scottish Championships	Emirates Arena	1 Feb 2015
<b>2.25</b>	David Smith	Giffnock North AAC	Scottish Championships	Emirates Arena	1 Feb 2015

### All-comers' records

<b>2.32</b>	Aleksey Yemelin	USSR	GB v USA v USSR	Kelvin Hall	10 Mar 1989
<b>2.33</b>	Artur Partyka	Poland	European Championships	Kelvin Hall	4 Mar 1990
<b>2.37</b>	Vyacheslav Voronin	Russia	5-Nations International	Kelvin Hall	5 Mar 2000

## Pole Vault

### National records

<b>5.10</b>	Graham Eggleton	Haringey AC		Haringey, London	6 Feb 1983
<b>5.10</b>	Richard Hurren	Falkirk Victoria H	Northern Ireland Champs	Belfast	16 Feb 2003
<b>5.15</b>	Alasdair Strange	Shettleston H	Loughborough Univ Open	Loughborough	9 Jan 2010
<b>5.16</b>	Alasdair Strange	Shettleston H	Scottish Championships	Kelvin Hall	6 Feb 2010



5.16	Alasdair Strange	Shettleston H	UK Championships	Sheffield	14 Feb 2010
5.19	Gregor Maclean	Shaftesbury Barnet	Insa Perch'formance	Villeurbanne, FRA	21 Jan 2012
5.25	Gregor Maclean	Shaftesbury Barnet	Celtic Indoor Cup	Cardiff	29 Jan 2012
5.35	Gregor Maclean	Shaftesbury Barnet	UK Championships	Sheffield	11 Feb 2012
5.40	Jax Thoires	Vict Pk Glasgow AC	Open Graded Meeting	Grangemouth	2 Jul 2014
5.61	Jax Thoires	Vict Pk Glasgow AC	Open Graded Meeting	Grangemouth	2 Jul 2014
5.65	Jax Thoires	Vict Pk Glasgow AC	Open Graded Meeting	Grangemouth	1 Jul 2015
<b>Native records</b>					
4.40	Douglas Hamilton	Edinburgh SH	Scottish Championships	Kelvin Hall	2 Feb 1987
4.50	Ian McKay	Epsc AC	Scottish Championships	Kelvin Hall	26 Jan 1991
4.51	Douglas Hamilton	Edinburgh SH	Scottish Championships	Kelvin Hall	23 Jan 1994
4.55	Douglas Hamilton	City of Edinburgh AC	East District	Kelvin Hall	17 Jan 1998
4.60	Richard Hurren	Falkirk Victoria H	Open Graded Meeting	Kelvin Hall	22 Dec 2001
4.65	Richard Hurren	Falkirk Victoria H	Scottish Universities	Kelvin Hall	26 Jan 2002
4.70	Richard Hurren	Harrow AC	Scottish Championships	Kelvin Hall	8 Feb 2003
4.90	Richard Hurren	Harrow AC	Scottish Championships	Kelvin Hall	8 Feb 2003
5.05	Richard Hurren	Harrow AC	Scottish Championships	Kelvin Hall	8 Feb 2003
5.16	Alasdair Strange	Shettleston H	Scottish Championships	Kelvin Hall	6 Feb 2010
5.20	Gregor Maclean	Shaftesbury Barnet	Scottish Championships	Kelvin Hall	19 Feb 2012
5.30	Gregor Maclean	Shaftesbury Barnet	Scottish Championships	Emirates Arena	2 Feb 2014
5.40	Jax Thoires	Vict Pk Glasgow AC	Open Meeting	Grangemouth	2 Jul 2014
5.61	Jax Thoires	Vict Pk Glasgow AC	Open Meeting	Grangemouth	2 Jul 2014
5.65	Jax Thoires	Vict Pk Glasgow AC	Open Meeting	Grangemouth	1 Jul 2015
<b>All-comers' records</b>					
5.65	Igor Potopovich	USSR	GB v USA v USSR	Kelvin Hall	10 Mar 1989
5.70	Rodion Gataulin	USSR	European Championships	Kelvin Hall	4 Mar 1990
5.70	Thierry Vigneron	France	European Championships	Kelvin Hall	4 Mar 1990
5.70	Hermann Fehringer	Austria	European Championships	Kelvin Hall	4 Mar 1990
5.75	Grigoriyi Yegorov	USSR	European Championships	Kelvin Hall	4 Mar 1990
5.80	Rodion Gataulin	USSR	European Championships	Kelvin Hall	4 Mar 1990
5.80	Maksim Tarasov	Russia	Pearl International Games	Kelvin Hall	30 Jan 1993
5.89	Shawnacy Barber	Canada	Glasgow Grand Prix	Emirates Arena	20 Feb 2016

<b>Long Jump</b>					
<b>National records</b>					
7.38	David Walker	Edinburgh SH	Seattle Invitational	Seattle WA, USA	7 Feb 1970
7.38	Stewart Atkins	Birchfield H	Cosford Games	Cosford	8 Jan 1972
7.40	Darren Ritchie	Sale Harriers	East District	Kelvin Hall	13 Jan 1996
7.48	Darren Ritchie	Sale Harriers	Scottish Championships	Kelvin Hall	21 Jan 1996
7.53	Darren Ritchie	Sale Harriers	East District	Kelvin Hall	10 Jan 1999
7.58	Darren Ritchie	Sale Harriers	East District	Kelvin Hall	10 Jan 1999
7.68	Darren Ritchie	Sale Harriers	East District	Kelvin Hall	10 Jan 1999
7.81	Darren Ritchie	Sale Harriers	Scottish Championships	Kelvin Hall	24 Jan 1999
<b>Native records</b>					
7.18	Kenneth McKay	Pitreavie AAC	EWM Indoor Meeting	Meadowbank	18 Jan 1987
7.22	Craig Duncan	Shettleston H	Scottish Championships	Kelvin Hall	10 Dec 1989
7.25	Brian Ashburn	Cambuslang H	Scottish Championships	Kelvin Hall	26 Jan 1992
7.40	Darren Ritchie	Sale Harriers	East District	Kelvin Hall	13 Jan 1996
7.48	Darren Ritchie	Sale Harriers	Scottish Championships	Kelvin Hall	21 Jan 1996
7.53	Darren Ritchie	Sale Harriers	East District	Kelvin Hall	10 Jan 1999
7.58	Darren Ritchie	Sale Harriers	East District	Kelvin Hall	10 Jan 1999
7.68	Darren Ritchie	Sale Harriers	East District	Kelvin Hall	10 Jan 1999
7.81	Darren Ritchie	Sale Harriers	Scottish Championships	Kelvin Hall	24 Jan 1999
<b>All-comers' records</b>					
7.94	Paul Johnson	England	GB v USA v USSR	Kelvin Hall	10 Mar 1989

<b>7.95</b>	Emiel Mellaard	Netherlands	European Championships	Kelvin Hall	3 Mar 1990
<b>8.00</b>	Robert Emmian	USSR	European Championships	Kelvin Hall	3 Mar 1990
<b>8.03</b>	Dietmar Haaf	Fed. Rep. Germany	European Championships	Kelvin Hall	3 Mar 1990
<b>8.08</b>	Emiel Mellaard	Netherlands	European Championships	Kelvin Hall	3 Mar 1990
<b>8.11</b>	Dietmar Haaf	Fed. Rep. Germany	European Championships	Kelvin Hall	3 Mar 1990
<b>8.36</b>	Michael Powell	USA	Pearl International Games	Kelvin Hall	30 Jan 1993

### Triple Jump

#### National records

<b>15.71</b>	Craig Duncan	Shettleston H	GB v Hungary	Cosford	8 Feb 1986
<b>16.13</b>	John Mackenzie	Belgrave H	Birmingham Games	Birmingham	8 Jan 1994

#### Native records

<b>15.58</b>	Craig Duncan	Shettleston H	EWM Indoor Meeting	Meadowbank	19 Jan 1986
<b>15.97</b>	John Mackenzie	Dundee Hawkhill	Scottish Championships	Kelvin Hall	22 Jan 1995

#### All-comers' records

<b>16.85</b>	Kenny Harrison	USA	GB v USA v USSR	Kelvin Hall	10 Mar 1989
<b>17.14</b>	Igor Lapshin	USSR	European Championships	Kelvin Hall	4 Mar 1990
<b>17.19</b>	Jonathan Edwards	England	5-Nations International	Kelvin Hall	18 Mar 2001
<b>17.20</b>	Christian Olsson	Sweden	5-Nations International	Kelvin Hall	27 Jan 2007

### Shot Putt

#### National records

<b>18.73</b>	Paul Buxton	Edinburgh SH		Pullman WA, USA	19 Feb 1977
--------------	-------------	--------------	--	-----------------	-------------

#### Native records

<b>17.19</b>	Paul Buxton	Edinburgh SH	Scottish Championships	Perth	20 Mar 1976
<b>17.37</b>	Stephan Hayward	Sale Harriers	GB v France	Kelvin Hall	24 Feb 1996
<b>17.56</b>	Stephan Hayward	Sale Harriers	GB v France	Kelvin Hall	24 Feb 1996
<b>17.92</b>	Stephan Hayward	Sale Harriers	GB v France	Kelvin Hall	24 Feb 1996
<b>18.25</b>	Stephan Hayward	Sale Harriers	Scottish Championships	Kelvin Hall	19 Jan 1997

#### All-comers' records

<b>20.72</b>	Vyacheslav Lykho	USSR	GB v USA v USSR	Kelvin Hall	10 Mar 1989
<b>21.03</b>	Klaus Bodenmuller	Austria	European Championships	Kelvin Hall	3 Mar 1990

### Heptathlon

#### National records

<b>4,629</b>	Paul Allan	Aberdeen AAC	Scottish Championships	Kelvin Hall	4 Feb 1990
<b>5,124</b>	Duncan Mathieson	Caledon Park H	Scottish Championships	Kelvin Hall	16 Feb 1992
<b>5,453</b>	Jamie Quarry	Blackheath H	Scottish Championships	Kelvin Hall	6 Mar 1994
<b>5,593</b>	Jamie Quarry	Falkirk Victoria H	Scottish Championships	Kelvin Hall	16 Feb 1997
<b>5,640</b>	Jamie Quarry	Harrow AC	Scottish Championships	Kelvin Hall	14 Feb 1999

#### Native records

<b>4,629</b>	Paul Allan	Aberdeen AAC	Scottish Championships	Kelvin Hall	4 Feb 1990
<b>5,124</b>	Duncan Mathieson	Caledon Park H	Scottish Championships	Kelvin Hall	16 Feb 1992
<b>5,275</b>	Duncan Mathieson	City of Stoke AC	Scottish Championships	Kelvin Hall	16 Feb 1997
<b>5,402</b>	Andrew Murphy	Kilbarchan AC	Scottish Championships	Emirates Arena	5 Mar 2017

#### All-comers' records

<b>4,629</b>	Paul Allan	Scotland	Scottish Championships	Kelvin Hall	4 Feb 1990
<b>5,124</b>	Duncan Mathieson	Scotland	Scottish Championships	Kelvin Hall	16 Feb 1992
<b>5,695</b>	Anthony Brannen	England	Scottish Championships	Kelvin Hall	7 Mar 1993
<b>5,834</b>	Ben Gregory	Wales	Scottish Championships	Emirates Arena	5 Mar 2017

### 3000 Metres Walk

#### National records

<b>11:54.96</b>	Martin Bell	Splott WC	GB v USA	Birmingham	13 Feb 1993
-----------------	-------------	-----------	----------	------------	-------------

<b>4 x 200 Metres Relay</b>				
<b>National records</b>				
<b>1:26.94</b>	Scotland National Team	V Belgium, Norway, Ireland	Kelvin Hall	17 Feb 1990
<i>Brian Ashburn, Mark Davidson, Gregor McMillan, Mark McMahon</i>				
<b>(Club Teams)</b>				
<b>1:29.30</b>	Pitreavie AAC	Scottish Championships	Emirates Arena	14 Mar 2015
<i>Declan Brennan, Ewan Dyer, Steven Perrie-Clyde, James McLaren</i>				
<b>Native records</b>				
<b>1:31.57</b>	Scotland National Team	Scot U20 v Belgium U20	Kelvin Hall	18 Jan 2003
<i>Jason Rogers, Neil Gray, Richard Blair, Mark Anderson</i>				
<b>1:30.93</b>	'Silver Fox' Select	Invit. @ NU International	Kelvin Hall	29 Jan 2005
<i>Chris Hodgkins, Scott Partka, David-Ross Hunt, Colin Severin</i>				
<b>1:29.30</b>	Pitreavie AAC	Scottish Championships	Emirates Arena	14 Mar 2015
<i>Declan Brennan, Ewan Dyer, Steven Perrie-Clyde, James McLaren</i>				
<b>All-comers' records</b>				
<b>1:23.46</b>	Great Britain	GB v Fed. Rep. Germany	Kelvin Hall	28 Jan 1989
<i>Ade Mafe, Donovan Reid, Marcus Adam, Jon Ridgeon</i>				
<b>1:22.99</b>	Great Britain	GB v German Dem. Rep.	Kelvin Hall	23 Feb 1990
<i>Marcus Adam, John Regis, Clarence Callender, Linford Christie</i>				
<b>1:22.11</b>	Great Britain	GB v USA	Kelvin Hall	3 Mar 1991
<i>Linford Christie, Darren Braithwaite, Ade Mafe, John Regis</i>				

<b>4 x 400 Metres Relay</b>				
<b>National records</b>				
<b>3:16.40</b>	Scotland National Team	Celtic International	Cardiff	22 Feb 2009
<i>Jamie Bowie, Donald MacLeod, Graeme Oudney, Kris Robertson</i>				
<b>3:09.84</b>	Scotland National Team	Scot v GB, USA & Comm	Emirates Arena	25 Jan 2014
<i>Jamie Bowie, Greg Loudon, Anthony Young, David Martin</i>				
<b>Native records</b>				
<b>3:09.84</b>	Scotland National Team	Scot v GB, USA & Comm	Emirates Arena	25 Jan 2014
<i>Jamie Bowie, Greg Loudon, Anthony Young, David Martin</i>				
<b>All-comers' records</b>				
<b>3:05.21</b>	United States	GB v USA v USSR	Kelvin Hall	10 Mar 1989
<i>Clarence Daniel, Charles Jenkins, Ken Lowery, Mark Rowe</i>				
<b>3:04.96</b>	Russia	5-Nations International	Kelvin Hall	5 Mar 2000
<i>Andrey Semyonov, Dmitriy Glovastov, Yuriy Barazovskiy, Boris Gorban</i>				

## DISCONTINUED RECORD EVENTS

<b>300 Metres</b>						<b>record status discontinued 2003</b>
<b>National records</b>						
<b>35.03</b>	Gregor McMillan	Haringey AC	Pearl Assurance Games	Kelvin Hall		30 Jan 1993
<b>34.84</b>	Ian Deeth	Falkirk Victoria H	RAF Invitation Match	Birmingham		13 Feb 2001
<b>All-comers' records</b>						
<b>32.72</b>	Steve Lewis	USA	Pearl Assurance Games	Kelvin Hall		8 Feb 1992

<b>1000 Metres</b>						<b>record status discontinued 2003</b>
<b>National records</b>						
<b>2:18.31</b>	David Strang	Haringey AC	Terrier Classic	Boston MA, USA		30 Jan 1993
<b>All-comers' records</b>						
<b>2:23.50</b>	David Sharpe	England	GB v German Dem. Rep.	Kelvin Hall		23 Feb 1990

<b>2000 Metres Steeplechase</b>						<b>record status discontinued 1992</b>
<b>National records</b>						
<b>5:34.0</b>	William Ewing	Aberdeen AAC	Inter-Area Match	Cosford		20 Apr 1968

<b>Octathlon</b>						<b>record status discontinued 1990</b>
<b>National, Native and All-comers' records</b>						
<b>5,800</b>	Callum Orr	Edinburgh AC	Scottish Championships	Kelvin Hall		26 Feb 1989

<b>5000 Metres Walk</b>						<b>record status discontinued 2003</b>
<b>National and native records</b>						
<b>20:26.36</b>	Martin Bell	Annan & District AC	GB v USA	Kelvin Hall		10 Mar 1989
<b>All-comers' records</b>						
<b>18:56.27</b>	Axel Noack	German Dem. Rep.	GB v German Dem. Rep.	Kelvin Hall		23 Feb 1990

## SCOTTISH WOMEN'S NATIONAL INDOOR RECORDS

<i>Performance</i>	<i>Athlete</i>	<i>Club</i>	<i>Competition</i>	<i>Venue</i>	<i>Date</i>
<b>60 Metres</b>					
<b>National records</b>					
<b>7.56</b>	Kaye Scott	Edinburgh WM	Scottish Championships	Kelvin Hall	16 Jan 1988
<b>7.56</b>	Kaye Scott	Edinburgh WM	Scottish Championships	Kelvin Hall	16 Jan 1988
<b>7.52</b>	Aileen McGillivray	Edinburgh WM	Scottish Championships	Kelvin Hall	26 Jan 1991
<b>7.43</b>	Aileen McGillivray	Edinburgh WM	Scottish Championships	Kelvin Hall	26 Jan 1991
<b>7.39</b>	Aileen McGillivray	Edinburgh WM	East District Championships	Kelvin Hall	15 Jan 1995
<b>7.36</b>	Melanie Neef	City of Glasgow AC	Scottish Championships	Kelvin Hall	22 Jan 1995
<b>7.36</b>	Aileen McGillivray	Edinburgh WM	AAA Championships	Birmingham	4 Feb 1995
<b>7.36</b>	Susan Burnside	Edinburgh WM	5-Nations International	Kelvin Hall	2 Feb 2003
<b>7.35</b>	Susan Burnside	Edinburgh WM	AAA Championships	Birmingham	1 Mar 2003
<b>Native records</b>					
<b>7.56</b>	Kaye Scott	Edinburgh WM	Scottish Championships	Kelvin Hall	16 Jan 1988
<b>7.56</b>	Kaye Scott	Edinburgh WM	Scottish Championships	Kelvin Hall	16 Jan 1988
<b>7.52</b>	Aileen McGillivray	Edinburgh WM	Scottish Championships	Kelvin Hall	26 Jan 1991
<b>7.43</b>	Aileen McGillivray	Edinburgh WM	Scottish Championships	Kelvin Hall	26 Jan 1991
<b>7.39</b>	Aileen McGillivray	Edinburgh WM	East District Championships	Kelvin Hall	15 Jan 1995
<b>7.36</b>	Melanie Neef	City of Glasgow AC	Scottish Championships	Kelvin Hall	22 Jan 1995
<b>7.36</b>	Susan Burnside	Edinburgh WM	5-Nations International	Kelvin Hall	2 Feb 2003
<b>All-comers' records</b>					
<b>7.31</b>	Laurence Bily	France	GB v France	Kelvin Hall	6 Feb 1988
<b>7.27</b>	Silke Moller	German Dem. Rep	GB v German Dem. Rep.	Kelvin Hall	23 Feb 1990
<b>7.22</b>	Nelli Fiere-Cooman	Netherlands	European Championships	Kelvin Hall	3 Mar 1990
<b>7.21</b>	Ulrika Savari	Fed. Rep. Germany	European Championships	Kelvin Hall	3 Mar 1990
<b>7.16</b>	Laurence Bily	France	European Championships	Kelvin Hall	3 Mar 1990
<b>7.15</b>	Laurence Bily	France	European Championships	Kelvin Hall	3 Mar 1990
<b>7.13</b>	Ulrika Savari	Fed. Rep. Germany	European Championships	Kelvin Hall	3 Mar 1990
<b>7.10</b>	Ulrika Savari	Fed. Rep. Germany	European Championships	Kelvin Hall	3 Mar 1990
<b>7.04</b>	Merlene Ottey	Jamaica	Pearl Assurance Games	Kelvin Hall	8 Feb 1992
<b>200 Metres</b>					
<b>National records</b>					
<b>24.20</b>	Linsey Macdonald	Pitreavie AAC	Invit. @ GB v Netherlands	Cosford	10 Feb 1982
<b>24.16</b>	Melanie Neef	City of Glasgow AC	East District Championships	Kelvin Hall	15 Jan 1995
<b>23.73</b>	Melanie Neef	City of Glasgow AC	Scottish Championships	Kelvin Hall	22 Jan 1995
<b>23.62</b>	Melanie Neef	City of Glasgow AC	GB v Russia	Birmingham	27 Jan 1996
<b>23.58</b>	Zoey Clark	Aberdeen AAC	Scottish Championships	Emirates Arena	28 Jan 2018
<b>Native records</b>					
<b>25.04</b>	Mary Anderson	Edinburgh AC	East District Championships	Kelvin Hall	4 Dec 1988
<b>24.96</b>	Gillian McIntyre	Shettleston H	Scot Uni v Districts v L'boro	Kelvin Hall	25 Feb 1990
<b>24.59</b>	Aileen McGillivray	Edinburgh WM	Scottish Championships	Kelvin Hall	27 Jan 1991
<b>24.36</b>	Aileen McGillivray	Edinburgh WM	GB v USA	Kelvin Hall	3 Mar 1991
<b>24.16</b>	Melanie Neef	City of Glasgow AC	East District Championships	Kelvin Hall	15 Jan 1995
<b>23.73</b>	Melanie Neef	City of Glasgow AC	Scottish Championships	Kelvin Hall	22 Jan 1995
<b>23.67</b>	Susan Burnside	Edinburgh WM	Scottish Championships	Kelvin Hall	8 Feb 2003
<b>23.58</b>	Zoey Clark	Aberdeen AAC	Scottish Championships	Emirates Arena	28 Jan 2018
<b>All-comers' records</b>					
<b>23.82</b>	Fabienne Ficher	France	GB v France	Kelvin Hall	6 Feb 1988
<b>23.24</b>	Silke Knoll	Fed. Rep. Germany	European Championships	Kelvin Hall	3 Mar 1990
<b>23.05</b>	Natalie Kovtun	URS	European Championships	Kelvin Hall	4 Mar 1990
<b>22.96</b>	Ulrika Savari	Fed. Rep. Germany	European Championships	Kelvin Hall	4 Mar 1990

22.81	Natalya Voronova	Russia	GB v Russia	Kelvin Hall	30 Jan 1993
-------	------------------	--------	-------------	-------------	-------------

#### 400 Metres

##### National records

54.05	Karen Williams	Pitreavie AAC	GB v Fed. Rep. Germany	Berlin, FRG	3 Feb 1979
53.85	Melanie Neef	City of Glasgow AC	East District Championships	Kelvin Hall	15 Jan 1994
52.91	Melanie Neef	City of Glasgow AC	GB v Russia	Kelvin Hall	29 Jan 1994
52.82	Melanie Neef	City of Glasgow AC	AAA Championships	Birmingham	4 Feb 1995
52.57	Melanie Neef	City of Glasgow AC	KP Invitation	Birmingham	25 Feb 1995
52.50	Melanie Neef	City of Glasgow AC	AAA Championships	Birmingham	4 Feb 1996
52.47	Sinead Dudgeon	Edinburgh WM	AAA Championships	Birmingham	27 Jan 2001
52.06	Eilidh Child	Pitreavie AAC	UK Championships	Sheffield	9 Feb 2013
51.50	Eilidh Child	Pitreavie AAC	British Athletics Grand Prix	Birmingham	16 Feb 2013
51.45	Eilidh Child	Pitreavie AAC	European Championships	Gothenburg, SWE	3 Mar 2013

##### Native records

54.46	Mary Anderson	Edinburgh AC	GB v Fed. Rep. Germany	Kelvin Hall	28 Jan 1989
53.85	Melanie Neef	City of Glasgow AC	East District Championships	Kelvin Hall	15 Jan 1994
52.91	Melanie Neef	City of Glasgow AC	GB v Russia	Kelvin Hall	29 Jan 1994
52.88	Eilidh Child	Pitreavie AAC	5-Nations International	Emirates Arena	26 Jan 2013
52.38	Eilidh Doyle (Child)	Pitreavie AAC	Muller Grand Prix	Emirates Arena	25 Feb 2018

##### All-comers' records

52.81	Sally Gunnell	England	GB v France	Kelvin Hall	6 Feb 1988
52.53	Marina Shmonina	USSR	European Championships	Kelvin Hall	3 Mar 1990
51.22	Marina Shmonina	USSR	European Championships	Kelvin Hall	3 Mar 1990
50.62	Olga Zaytseva	Russia	5-Nations International	Kelvin Hall	28 Jan 2006

#### 800 Metres

##### National records

2:04.01	Yvonne Murray	Edinburgh AC		Budapest, HUN	6 Feb 1987
2:03.27	Joanna Ross	Victoria Park AAC	AAA Championships	Sheffield	12 Feb 2006
2:02.59	Susan Scott	Vict Pk Glasgow AC	Norwich Union Grand Prix	Birmingham	16 Feb 2008
2:00.94	Laura Muir	Dundee Hawkhill H	Scot v GB v USA v Comm	Emirates Arena	25 Jan 2014
2:00.30	Lynsey Sharp	Edinburgh AC	Hemery Valentine Invit.	Boston MA, USA	12 Feb 2016
1:59.69	Laura Muir	Dundee Hawkhill H	Scottish Championships	Emirates Arena	28 Jan 2018

##### Native records

2:06.32	Karen Hutcheson	Berry Hill Mansfield	Scottish Championships	Kelvin Hall	14 Jan 1989
2:04.38	Hayley Ovens	Edinburgh SH	District Championships	Kelvin Hall	15 Jan 2006
2:04.27	Joanna Ross	Victoria Park AAC	Scottish Championships	Kelvin Hall	22 Jan 2006
2:00.94	Laura Muir	Dundee Hawkhill H	5-Nations International	Emirates Arena	25 Jan 2014
2:00.70	Laura Muir	Dundee Hawkhill H	Glasgow Grand Prix	Emirates Arena	20 Feb 2016
1:59.69	Laura Muir	Dundee Hawkhill H	Scottish Championships	Emirates Arena	28 Jan 2018

##### All-comers' records

2:01.82	Gaby Lesch	Fed. Rep. Germany	GB v Fed. Rep. Germany	Kelvin Hall	28 Jan 1989
2:01.63	Lyubov Gurina	USSR	European Championships	Kelvin Hall	4 Mar 1990
2:00.62	Stephanie Graf	Austria	5-Nations International	Kelvin Hall	5 Mar 2000
2:00.51	Jolanda Ceplak	Slovenia	5-Nations International	Kelvin Hall	2 Feb 2003
1:58.46	Maria Mutola	Mozambique	5-Nations International	Kelvin Hall	24 Jan 2004

#### 1500 Metres

##### National records

4:09.15	Yvonne Murray	Edinburgh AC	International Meeting	Stuttgart, FRG	1 Feb 1987
4:09.07	Susan Scott	Vict Pk Glasgow AC	GE Galan Grand Prix	Stockholm, SWE	21 Feb 2008
4:05.32	Laura Muir	Dundee Hawkhill H	British Athletics Grand Prix	Birmingham	15 Feb 2014
4:02.39	Laura Muir	Dundee Hawkhill H	European Championships	Belgrade, SRB	4 Mar 2017

##### Native records

<b>4:13.52</b>	Karen Hutcheson	Berry Hill Mansfield	GB v Fed. Rep. Germany	Kelvin Hall	28 Jan 1989
<b>4:11.39</b>	Susan Scott	City of Glasgow AC	Scottish Championships	Kelvin Hall	22 Jan 2006
<b>4:05.37</b>	Laura Muir	Dundee Hawkhill H	Scottish Universities	Emirates Arena	10 Feb 2018
<b>All-comers' records</b>					
<b>4:13.52</b>	Karen Hutcheson	Berry Hill Mansfield	GB v Fed. Rep. Germany	Kelvin Hall	28 Jan 1989
<b>4:09.95</b>	Doina Melinte	Romania	European Championships	Kelvin Hall	3 Mar 1990
<b>4:09.73</b>	Doina Melinte	Romania	European Championships	Kelvin Hall	4 Mar 1990
<b>4:05.48</b>	Natalya Goralova	Russia	5-Nations International	Kelvin Hall	18 Mar 2001
<b>4:05.44</b>	Jolanda Ceplak	Slovenia	5-Nations International	Kelvin Hall	9 Mar 2002
<b>4:01.40</b>	Sifan Hassan	Netherlands	Glasgow Grand Prix	Emirates Arena	20 Feb 2016

<b>One Mile</b>					
<b>National records</b>					
<b>4:35.06</b>	Liz Lynch	Univ of Alabama	South Eastern Conference	Baton Rouge LA, USA	2 Mar 1986
<b>4:32.00</b>	Yvonne Murray	Edinburgh AC	GB v USA	Birmingham	13 Feb 1993
<b>All-comers' records</b>					
<b>4:34.94</b>	Ailsa Hill	USA	GB v USA	Kelvin Hall	3 Mar 1991

<b>3000 Metres</b>					
<b>National records</b>					
<b>8:34.80</b>	Liz McColgan	Dundee Hawkhill H	World Champonships	Budapest, HUN	4 Mar 1989
<b>8:26.41</b>	Laura Muir	Dundee Hawkhill H	World Indoor Tour	Karlsruhe, GER	4 Feb 2017
<b>Native records</b>					
<b>8:54.81</b>	Liz McColgan	Dundee Hawkhill H	Scottish Championships	Kelvin Hall	15 Jan 1989
<b>8:50.24</b>	Stephanie Twell	Aldershot F & D	Glasgow Grand Prix	Emirates Arena	20 Feb 2016
<b>All-comers' records</b>					
<b>8:54.81</b>	Liz McColgan	Dundee Hawkhill H	Scottish Championships	Kelvin Hall	15 Jan 1989
<b>8:52.31</b>	Helen Clitheroe	England	5-Nations International	Kelvin Hall	29 Jan 2011
<b>8:42.59</b>	Hellen Obiri	Kenya	5-Nations International	Kelvin Hall	28 Jan 2012

<b>60 Metres Hurdles</b>					
<b>National records</b>					
<b>8.39</b>	Nathalie Byer	Haringey AC	WAAA Championships	Cosford	29 Jan 1983
<b>8.39</b>	Nathalie Byer	Haringey AC	UK v France (guest)	Cosford	12 Feb 1983
<b>8.39</b>	Nathalie Byer	Haringey AC	UK v France (guest)	Cosford	12 Feb 1983
<b>8.39</b>	Gemma Werrett	Birchfield H	UK Championships	Sheffield	13 Feb 2011
<b>8.34</b>	Gemma Werrett	Birchfield H	McCain City Challenge	Cardiff	26 Feb 2011
<b>8.34</b>	Heather Paton	Birchfield H	AAI Games	Dublin, IRL	5 Feb 2017
<b>8.34</b>	Heather Paton	Birchfield H	Scottish Championships	Emirates Arena	28 Jan 2018
<b>Native records</b>					
<b>8.80</b>	Jane Low	Glasgow AC	Scottish Championships	Kelvin Hall	17 Jan 1988
<b>8.68</b>	Claire Reid	Edinburgh WM	Scottish Championships	Kelvin Hall	10 Dec 1989
<b>8.67</b>	Jocelyn Kirby	North Shields Poly	Scottish Championships	Kelvin Hall	10 Dec 1989
<b>8.62</b>	Jocelyn Kirby	North Shields Poly	Scottish Championships	Kelvin Hall	10 Dec 1989
<b>8.52</b>	Jocelyn Kirby	North Shields Poly	5 Nations International	Kelvin Hall	17 Feb 1990
<b>8.52</b>	Alyssa Fullelove	City of Glasgow AC	Scottish Championships	Kelvin Hall	22 Jan 2006
<b>8.50</b>	Gemma Werrett	Rugby & Northampton	Scottish Championships	Kelvin Hall	1 Mar 2008
<b>8.37</b>	Heather Paton	Birchfield H	Scottish Championships	Emirates Arena	28 Jan 2017
<b>8.34</b>	Heather Paton	Birchfield H	Scottish Championships	Emirates Arena	28 Jan 2018
<b>All-comers' records</b>					
<b>8.20</b>	Monique Éwanjé-Épée	France	GB v France	Kelvin Hall	6 Feb 1988
<b>8.12</b>	Jackie Agyepong	England	GB v German Dem. Rep.	Kelvin Hall	23 Feb 1990
<b>7.87</b>	Lyudmila Narozhilenko	USSR	GB v German Dem. Rep.	Kelvin Hall	23 Feb 1990
<b>7.78</b>	Lyudmila Narozhilenko	USSR	European Championships	Kelvin Hall	3 Mar 1990

<b>7.74</b>	Lyudmila Narozhilenko	USSR	European Championships	Kelvin Hall	4 Mar 1990
-------------	-----------------------	------	------------------------	-------------	------------

## High Jump

### National records

<b>1.86</b>	Jayne Barnetson	Inverness H	5-Nations International	Athens, GRE	11 Feb 1989
<b>1.86</b>	Emma Nuttall	Edinburgh AC	UW Indoor Preview	Seattle WA, USA	18 Jan 2014
<b>1.87</b>	Jayne Nisbet	Edinburgh AC	British Championships	Sheffield	8 Feb 2014
<b>1.88</b>	Emma Nuttall	Edinburgh AC	CIS Championships	Edmonton, CAN	8 Mar 2014
<b>1.90</b>	Nikki Manson	Giffnock North AAC	Scottish Universities	Emirates Arena	10 Feb 2018

### Native records

<b>1.83</b>	Jayne Barnetson	Inverness H	Scottish Championships	Kelvin Hall	15 Jan 1989
<b>1.83</b>	Lee McConnell	City of Glasgow AC	British Universities	Kelvin Hall	14 Mar 1999
<b>1.83</b>	Emma Nuttall	Edinburgh AC	Scottish Championships	Kelvin Hall	26 Feb 2011
<b>1.85</b>	Nikki Manson	Giffnock North AAC	Scottish Universities	Emirates Arena	10 Feb 2018
<b>1.90</b>	Nikki Manson	Giffnock North AAC	Scottish Universities	Emirates Arena	10 Feb 2018

### All-comers' records

<b>1.90</b>	Ute Demming	Fed. Rep. Germany	GB v Fed. Rep. Germany	Kelvin Hall	28 Jan 1989
<b>1.91</b>	Britta Voros	German Dem. Rep.	GB v German Dem. Rep.	Kelvin Hall	23 Feb 1990
<b>1.91</b>	Heike Henkel	Fed. Rep. Germany	European Championships	Kelvin Hall	3 Mar 1990
<b>1.91</b>	Britta Voros	German Dem. Rep.	European Championships	Kelvin Hall	3 Mar 1990
<b>1.91</b>	Hanne Haugland	Norway	European Championships	Kelvin Hall	3 Mar 1990
<b>1.91</b>	Galira Astafei	Romania	European Championships	Kelvin Hall	3 Mar 1990
<b>1.91</b>	Andrea Arens	Fed. Rep. Germany	European Championships	Kelvin Hall	3 Mar 1990
<b>1.94</b>	Heike Henkel	Fed. Rep. Germany	European Championships	Kelvin Hall	3 Mar 1990
<b>1.94</b>	Britta Voros	German Dem. Rep.	European Championships	Kelvin Hall	3 Mar 1990
<b>1.94</b>	Galira Astafei	Romania	European Championships	Kelvin Hall	3 Mar 1990
<b>1.96</b>	Heike Henkel	Fed. Rep. Germany	European Championships	Kelvin Hall	3 Mar 1990
<b>2.00</b>	Heike Henkel	Fed. Rep. Germany	European Championships	Kelvin Hall	3 Mar 1990
<b>2.00</b>	Anna Chicherova	Russia	5-Nations International	Kelvin Hall	24 Jan 2004
<b>2.01</b>	Katja Bergqvist	Sweden	5-Nations International	Kelvin Hall	28 Jan 2006

## Pole Vault

### National records

<b>2.35</b>	Katie FitzGerald	Pitreavie AAC	Scottish Championships	Kelvin Hall	23 Jan 1994
<b>2.35</b>	Gail Marshall	Glasgow Univ AC	Scottish Championships	Kelvin Hall	23 Jan 1994
<b>2.40</b>	Fiona Allan	Notts AC	AAA Under-20 Champs	Birmingham	13 Feb 1994
<b>2.55</b>	Gail Marshall	Glasgow Univ AC	Scot v Wal v English regions	Birmingham	26 Feb 1994
<b>2.60</b>	Gail Marshall	Glasgow Univ AC		Kelvin Hall	11 Mar 1995
<b>2.65</b>	Alison Ronald	Edinburgh WM	Scottish Championships	Kelvin Hall	21 Jan 1996
<b>2.90</b>	Kirsty Armstrong	Woking AC	AAA Under-17 Champs	Birmingham	17 Feb 1996
<b>2.90</b>	Kirsty Armstrong	Woking AC	Scottish Championships	Kelvin Hall	19 Jan 1997
<b>3.60</b>	Alison Murray-Jessee	City of Glasgow AC		Reno NV, USA	23 Jan 1998
<b>3.81</b>	Alison Murray-Jessee	City of Glasgow AC		El Paso TX, USA	20 Dec 1997

*Record ratified in 1999*

<b>3.90</b>	Kirsty Maguire	Edinburgh WM	Scottish Championships	Kelvin Hall	15 Feb 2004
<b>3.90</b>	Kirsty Maguire	Edinburgh WM	British Universities	Cardiff	29 Feb 2004
<b>3.91</b>	Kirsty Maguire	Edinburgh WM	Invitation Meeting	Kelvin Hall	6 Mar 2004
<b>4.01</b>	Kirsty Maguire	Edinburgh WM	Invitation Meeting	Kelvin Hall	6 Mar 2004
<b>4.02</b>	Kirsty Maguire	Edinburgh WM	Scottish Championships	Kelvin Hall	20 Jan 2007
<b>4.10</b>	Kirsty Maguire	Edinburgh WM	European Trials	Sheffield	11 Feb 2007
<b>4.15</b>	Kirsty Maguire	Edinburgh WM	Scottish Universities	Kelvin Hall	24 Feb 2007
<b>4.15</b>	Henrietta Paxton	Birchfield H	Vault Manchester	Manchester	16 Jan 2010
<b>4.22</b>	Henrietta Paxton	Birchfield H	Vault Manchester	Manchester	16 Jan 2010
<b>4.31</b>	Henrietta Paxton	Birchfield H	Welsh Championships	Cardiff	23 Jan 2010

### Native records



2.35	Gail Marshall	Glasgow Univ AC	Scottish Championships	Kelvin Hall	23 Jan 1994
2.60	Gail Marshall	Glasgow Univ AC		Kelvin Hall	11 Mar 1995
2.65	Alison Ronald	Edinburgh WM	Scottish Championships	Kelvin Hall	21 Jan 1996
2.75	Alison Ronald	Edinburgh WM	Scottish Universities	Kelvin Hall	25 Jan 1997
2.76	Alison Deuchars (Ronald)	Edinburgh WM	Glasgow Open	Kelvin Hall	29 Oct 1997
2.85	Alison Deuchars	Edinburgh WM	East District	Kelvin Hall	17 Jan 1998
2.90	Louise Gauld	City of Edinburgh AC	Glasgow Open	Kelvin Hall	16 Dec 1998
3.01	Louise Gauld	City of Edinburgh AC	Glasgow Open	Kelvin Hall	16 Dec 1998
3.05	Kirsty Maguire	Edinburgh WM	East District	Kelvin Hall	10 Jan 1999
3.10	Kirsty Maguire	Edinburgh WM	East District	Kelvin Hall	10 Jan 1999
3.10	Louise Gauld	City of Edinburgh AC	Scottish Championships	Kelvin Hall	24 Jan 1999
3.10	Kirsty Maguire	Edinburgh WM	Invit @ Scottish U20	Kelvin Hall	31 Jan 1999
3.10	Louise Gauld	City of Edinburgh AC	District Championships	Kelvin Hall	16 Jan 2000
3.10	Kirsty Maguire	Edinburgh WM	District Championships	Kelvin Hall	16 Jan 2000
3.20	Louise Gauld	City of Edinburgh AC	District Championships	Kelvin Hall	16 Jan 2000
3.20	Kirsty Maguire	Edinburgh WM	District Championships	Kelvin Hall	16 Jan 2000
3.30	Louise Gauld	City of Edinburgh AC	District Championships	Kelvin Hall	16 Jan 2000
3.35	Louise Gauld	City of Edinburgh AC	Scottish Championships	Kelvin Hall	23 Jan 2000
3.40	Louise Gauld	City of Edinburgh AC	Scottish Championships	Kelvin Hall	23 Jan 2000
3.40	Alison Murray-Jessee	City of Glasgow AC	District Championships	Kelvin Hall	14 Jan 2001
3.40	Kirsty Maguire	Edinburgh WM	District Championships	Kelvin Hall	14 Jan 2001
3.40	Alison Murray-Jessee	City of Glasgow AC	Glasgow Open	Kelvin Hall	17 Jan 2001
3.45	Alison Murray-Jessee	City of Glasgow AC	Glasgow Open	Kelvin Hall	17 Jan 2001
3.50	Alison Murray-Jessee	City of Glasgow AC	Glasgow Open	Kelvin Hall	17 Jan 2001
3.50	Alison Murray-Jessee	City of Glasgow AC	Scottish Championships	Kelvin Hall	21 Jan 2001
3.60	Alison Murray-Jessee	City of Glasgow AC	Scottish Championships	Kelvin Hall	21 Jan 2001
3.60	Kirsty Maguire	Edinburgh WM	District Championships	Kelvin Hall	13 Jan 2002
3.60	Gillian Cooke	Edinburgh WM	District Championships	Kelvin Hall	13 Jan 2002
3.70	Kirsty Maguire	Edinburgh WM	District Championships	Kelvin Hall	13 Jan 2002
3.70	Kirsty Maguire	Edinburgh WM	Scottish Championships	Kelvin Hall	8 Feb 2003
3.80	Kirsty Maguire	Edinburgh WM	Open Graded Meeting	Scotstoun	23 Jul 2003
3.80	Kirsty Maguire	Edinburgh WM	Scottish Championships	Kelvin Hall	15 Feb 2004
3.90	Kirsty Maguire	Edinburgh WM	Scottish Championships	Kelvin Hall	15 Feb 2004
3.91	Kirsty Maguire	Edinburgh WM	Invitation Meeting	Kelvin Hall	6 Mar 2004
4.01	Kirsty Maguire	Edinburgh WM	Invitation Meeting	Kelvin Hall	6 Mar 2004
4.02	Kirsty Maguire	Edinburgh WM	Scottish Championships	Kelvin Hall	20 Jan 2007
4.05	Kirsty Maguire	Edinburgh WM	Scottish Universities	Kelvin Hall	24 Feb 2007
4.15	Kirsty Maguire	Edinburgh WM	Scottish Universities	Kelvin Hall	24 Feb 2007
<b>All-comers' records</b>					
2.35	Katie FitzGerald	Scotland	Scottish Championships	Kelvin Hall	23 Jan 1994
2.35	Gail Marshall	Scotland	Scottish Championships	Kelvin Hall	23 Jan 1994
2.75	Janine Whitlock	England	Scottish Championships	Kelvin Hall	22 Jan 1995
3.60	Kate Staples	England	GB v France	Kelvin Hall	11 Feb 1995
3.60	Julie Vigourt	France	GB v France	Kelvin Hall	24 Feb 1996
3.60	Linda Stanton	England	GB v France	Kelvin Hall	24 Feb 1996
3.60	Kate Staples	England	GB v France	Kelvin Hall	24 Feb 1996
3.70	Caroline Ammel	France	GB v France	Kelvin Hall	24 Feb 1996
3.70	Kate Staples	England	GB v France	Kelvin Hall	24 Feb 1996
3.70	Linda Stanton	England	GB v France	Kelvin Hall	24 Feb 1996
3.70	Julie Vigourt	France	GB v France	Kelvin Hall	24 Feb 1996
3.75	Julie Vigourt	France	GB v France	Kelvin Hall	24 Feb 1996
3.81	Kate Staples	England	GB v France	Kelvin Hall	24 Feb 1996
3.81	Caroline Ammel	France	GB v France	Kelvin Hall	24 Feb 1996
3.85	Caroline Ammel	France	GB v France	Kelvin Hall	24 Feb 1996

3.85	Kate Staples	England	GB v France	Kelvin Hall	24 Feb 1996
3.91	Janine Whitlock	England	Scottish League (guest)	Kelvin Hall	23 Nov 1997
4.01	Janine Whitlock	England	Scottish League (guest)	Kelvin Hall	23 Nov 1997
4.05	Janine Whitlock	England	5-Nations International	Kelvin Hall	18 Mar 2001
4.05	Hanna-Mia Persson	Sweden	5-Nations International	Kelvin Hall	18 Mar 2001
4.20	Doris Auer	Austria	5-Nations International	Kelvin Hall	18 Mar 2001
4.32	Doris Auer	Austria	5-Nations International	Kelvin Hall	18 Mar 2001
4.32	Svetlana Feofanova	Russia	5-Nations International	Kelvin Hall	18 Mar 2001
4.44	Svetlana Feofanova	Russia	5-Nations International	Kelvin Hall	18 Mar 2001
4.44	Doris Auer	Austria	5-Nations International	Kelvin Hall	18 Mar 2001
4.56	Svetlana Feofanova	Russia	5-Nations International	Kelvin Hall	18 Mar 2001
4.56	Svetlana Feofanova	Russia	5-Nations International	Kelvin Hall	9 Mar 2002
4.66	Svetlana Feofanova	Russia	5-Nations International	Kelvin Hall	9 Mar 2002
4.76	Svetlana Feofanova	Russia	5-Nations International	Kelvin Hall	2 Feb 2003
4.76	Yelena Isinbayeva	Russia	5-Nations International	Kelvin Hall	24 Jan 2004

### Long Jump

#### National records

6.21	Myra Nimmo		GB v German Dem. Rep.	Cosford	31 Jan 1976
6.27	Ruth Irving	Edinburgh WM	Scottish Championships	Kelvin Hall	8 Feb 2003
6.32	Gillian Cooke	Edinburgh SH	Jeff White Trophy	Cardiff	5 Feb 2006
6.32	Gillian Cooke	Edinburgh SH	Closed Championships	Kelvin Hall	14 Jan 2007
6.33	Gillian Cooke	Edinburgh SH	European Indoor Trials	Sheffield	11 Feb 2007
6.43	Gillian Cooke	Edinburgh AC	Celtic Cup	Cardiff	3 Feb 2008

#### Native records

6.09	Lorraine Campbell	Edinburgh WM	Scottish Championships	Kelvin Hall	16 Jan 1988
6.27	Ruth Irving	Edinburgh WM	Scottish Championships	Kelvin Hall	8 Feb 2003
6.32	Gillian Cooke	Edinburgh SH	Closed Championships	Kelvin Hall	14 Jan 2007

#### All-comers' records

6.42	Fiona May	England	GB v Fed. Rep. Germany	Kelvin Hall	28 Jan 1989
6.57	Helga Radtke	German Dem. Rep.	GB v German Dem. Rep.	Kelvin Hall	23 Feb 1990
6.72	Helga Radtke	German Dem. Rep.	GB v German Dem. Rep.	Kelvin Hall	23 Feb 1990
6.76	Helga Radtke	German Dem. Rep.	GB v German Dem. Rep.	Kelvin Hall	23 Feb 1990
6.85	Galina Chistyakova	USSR	European Championships	Kelvin Hall	3 Mar 1990
6.92	Khadijatou Sagnia	Sweden	Muller Grand Prix	Emirates Arena	25 Feb 2018

### Triple Jump

#### National records

12.08	Karen Hambrook	Ashford AC	Scottish Championships	Kelvin Hall	27 Jan 1991
12.26	Karen Hambrook	Ashford AC	WAAA Championships	Cosford	2 Feb 1991
12.30	Karen Hambrook	Ashford AC	Scotland v Wales	Kelvin Hall	19 Feb 1993
12.49	Karen Hambrook	Ashford AC	Inter-Area Match	Birmingham	21 Feb 1993
12.49	Karen Hambrook	Ashford AC		Lievin, FRA	13 Jan 1996
12.52	Pamela Anderson	City of Glasgow AC	Scottish Championships	Kelvin Hall	21 Jan 1996
12.64	Karen Hambrook	Ashford AC	World Championship Trials	Birmingham	8 Feb 1997
12.64	Ruth Irving	Edinburgh WM	NE Counties Championships	Jarrow	15 Dec 2002
12.65	Nony Mordi	Fife AC	Closed Championships	Kelvin Hall	14 Jan 2007
12.72	Gillian Kerr	Edinburgh SH	Closed Championships	Kelvin Hall	14 Jan 2007
12.85	Gillian Kerr	Edinburgh SH	Scottish Championships	Kelvin Hall	20 Jan 2007
12.87	Gillian Kerr	Edinburgh SH	Indoor City Challenge	Kelvin Hall	21 Jan 2007
13.14	Nony Mordi	Fife AC	Closed Championships	Kelvin Hall	12 Jan 2008
13.24	Nony Mordi	Fife AC	Indoor City Challenge	Manchester	27 Jan 2008
13.31	Nony Mordi	Fife AC	Scottish Championships	Kelvin Hall	18 Jan 2009
13.39	Nony Mordi	Fife AC	Scottish Championships	Kelvin Hall	18 Jan 2009

<b>13.45</b>	Nony Mordi	Fife AC	Scottish Championships	Kelvin Hall	18 Jan 2009
<b>Native records</b>					
<b>11.16</b>	Nicola Barr	Central Region AC	Scottish Championships	Kelvin Hall	27 Jan 1991
<b>11.20</b>	Nicola Barr	Central Region AC	Scottish Universities	Kelvin Hall	13 Feb 1991
<b>11.50</b>	Nicola Barr	Central Region AC	Scottish Championships	Kelvin Hall	26 Jan 1992
<b>11.52</b>	Fiona Watt	City of Glasgow AC	Glasgow Open	Kelvin Hall	14 Dec 1994
<b>11.52</b>	Fiona Watt	City of Glasgow AC	West District Champs	Kelvin Hall	14 Jan 1995
<b>12.15</b>	Fiona Watt	City of Glasgow AC	Scottish Championships	Kelvin Hall	22 Jan 1995
<b>12.52</b>	Pamela Anderson	City of Glasgow AC	Scottish Championships	Kelvin Hall	21 Jan 1996
<b>12.56</b>	Gillian Kerr	Edinburgh SH	Closed Championships	Kelvin Hall	14 Jan 2007
<b>12.57</b>	Jayne Nisbet	Edinburgh SH	Closed Championships	Kelvin Hall	14 Jan 2007
<b>12.65</b>	Nony Mordi	Fife AC	Closed Championships	Kelvin Hall	14 Jan 2007
<b>12.72</b>	Gillian Kerr	Edinburgh SH	Closed Championships	Kelvin Hall	14 Jan 2007
<b>12.85</b>	Gillian Kerr	Edinburgh SH	Scottish Championships	Kelvin Hall	20 Jan 2007
<b>12.87</b>	Gillian Kerr	Edinburgh SH	Indoor City Challenge	Kelvin Hall	21 Jan 2007
<b>13.14</b>	Nony Mordi	Fife AC	Closed Championships	Kelvin Hall	12 Jan 2008
<b>13.31</b>	Nony Mordi	Fife AC	Closed Championships	Kelvin Hall	18 Jan 2009
<b>13.39</b>	Nony Mordi	Fife AC	Closed Championships	Kelvin Hall	18 Jan 2009
<b>13.45</b>	Nony Mordi	Fife AC	Closed Championships	Kelvin Hall	18 Jan 2009
<b>All-comers' records</b>					
<b>13.63</b>	Galina Chistyakova	USSR	European Championships	Kelvin Hall	3 Mar 1990
<b>13.91</b>	Galina Chistyakova	USSR	European Championships	Kelvin Hall	3 Mar 1990
<b>14.09</b>	Galina Chistyakova	USSR	European Championships	Kelvin Hall	3 Mar 1990
<b>14.14</b>	Galina Chistyakova	USSR	European Championships	Kelvin Hall	3 Mar 1990
<b>14.34</b>	Ashia Hansen	England	5-Nations International	Kelvin Hall	9 Mar 2002

<b>Shot Putt</b>					
<b>National records</b>					
<b>17.85</b>	Margaret Ritchie	Edinburgh SH		Princeton NJ, USA	24 Feb 1984
<b>Native records</b>					
<b>14.43</b>	Mary Anderson	Edinburgh AC	Scottish Championships	Kelvin Hall	2 Feb 1987
<b>14.45</b>	Alison Rodger	Victoria Park AAC	District Championships	Kelvin Hall	15 Jan 2006
<b>14.83</b>	Alison Rodger	Victoria Park AAC	Scottish Championships	Kelvin Hall	22 Jan 2006
<b>15.48</b>	Alison Rodger	Sale Harriers	Closed Championships	Kelvin Hall	14 Jan 2007
<b>16.05</b>	Alison Rodger	Sale Harriers	Inter-Regional Champs	Kelvin Hall	17 Jan 2010
<b>All-comers' records</b>					
<b>18.56</b>	Judy Oakes	England	GB v France	Kelvin Hall	6 Feb 1988
<b>18.93</b>	Grit Hammer	German Dem. Rep.	GB v German Dem. Rep.	Kelvin Hall	23 Feb 1990
<b>19.24</b>	Grit Hammer	German Dem. Rep.	GB v German Dem. Rep.	Kelvin Hall	23 Feb 1990
<b>19.35</b>	Grit Hammer	German Dem. Rep.	GB v German Dem. Rep.	Kelvin Hall	23 Feb 1990
<b>20.35</b>	Natalya Lisovskaya	USSR	European Championships	Kelvin Hall	3 Mar 1990
<b>20.64</b>	Claudia Losch	Fed. Rep. Germany	European Championships	Kelvin Hall	3 Mar 1990

<b>Pentathlon</b>					
<b>National records</b>					
<b>3,915</b>	Jayne Barnetson	Inverness H	Scottish Championships	Kelvin Hall	25 Feb 1989
<b>3,957</b>	Emma Lindsay	Edinburgh WM	Scottish Championships	Kelvin Hall	18 Feb 1996
<b>4,096</b>	Aileen Wilson	Peterborough AC	Scottish Championships	Kelvin Hall	10 Feb 2002
<b>Native records</b>					
<b>3,915</b>	Jayne Barnetson	Inverness H	Scottish Championships	Kelvin Hall	25 Feb 1989
<b>3,957</b>	Emma Lindsay	Edinburgh WM	Scottish Championships	Kelvin Hall	18 Feb 1996
<b>All-comers' records</b>					
<b>3,915</b>	Jayne Barnetson	Inverness H	Scottish Championships	Kelvin Hall	25 Feb 1989
<b>3,957</b>	Emma Lindsay	Edinburgh WM	Scottish Championships	Kelvin Hall	18 Feb 1996

<b>4,096</b>	Aileen Wilson	Peterborough AC	Scottish Championships	Kelvin Hall	10 Feb 2002
<b>4,103</b>	Jo Rowland	England	Scottish Championships	Emirates Arena	5 Mar 2017

#### 4 x 200 Metres Relay

##### National and Native records

<b>1:39.17</b>	Scotland National Team		v Belgium, Norway, Ireland	Kelvin Hall	17 Feb 1990
	<i>Donna Brown, Linsey Macdonald, Ruth Girvin, Gillian McIntyre</i>				

##### (Club Teams)

<b>1:41.28</b>	Victoria Park City of Glasgow AC		Scottish Championships	Emirates Arena	13 Feb 2016
	<i>Mhairi Patience, Sharon Jakisa, Diane Ramsay, Chloe Lambert</i>				
<b>1:40.95</b>	Edinburgh AC		Scottish Championships	Emirates Arena	4 Mar 2017
	<i>Siobhan Kingham, Jazmine Tomlinson, Sarah Malone, Stacey Downie</i>				

##### All-comers' records

<b>1:33.83</b>	German Democratic Republic		GB v German Dem. Rep.	Kelvin Hall	23 Feb 1990
	<i>Silke Möller, Annett Hesselbarth, Stefanie Fabert, Sabine Gunther</i>				
<b>1:33.33</b>	Russia		GB v Russia	Kelvin Hall	29 Jan 1994
	<i>Galina Malchugina, Natalya Voronova, Olga Bogoslovskaya, Yelena Ruzina</i>				
<b>1:33.24</b>	United States		GB v USA	Kelvin Hall	12 Feb 1994
	<i>Flirtisha Harris, Christy Gaines, Terri Dendy, Michele Collins</i>				
<b>1:32.41</b>	Russia		5-Nations International	Kelvin Hall	29 Jan 2005
	<i>Yekaterina Kondratyeva, Irina Khabarova, Yuliya Pechonkina, Yuliya Guschina</i>				

#### 4 x 400 Metres Relay

##### National and Native records

<b>3:35.27</b>	Scotland National Team		Scot v GB v USA v Comm	Emirates Arena	25 Jan 2014
	<i>Eilidh Child, Diane Ramsay, Zoey Clark, Gemma Nicol</i>				

##### All-comers' records

<b>3:34.66</b>	United States		GB v USA	Kelvin Hall	3 Mar 1991
	<i>Terri Dendy, Natasha Kaiser, M Gillard, Jearl Miles</i>				
<b>3:30.23</b>	Russia		5-Nations International	Kelvin Hall	5 Mar 2000
	<i>Irina Rosikhina, Olesya Zykina, Svetlana Pospelova, Natalya Nazarova</i>				
<b>3:23.37</b>	Russia		5-Nations International	Kelvin Hall	28 Jan 2006
	<i>Yuliya Gushchina, Olga Kotlyarova, Olga Zaytseva, Olesya Krasnomovets</i>				

## DISCONTINUED RECORD EVENTS

<b>300 Metres</b>				<b>record discontinued 2003</b>	
<b>All-comers' records</b>					
<b>37.88</b>	Sally Gunnell	England	Invit.Race@GBvUSAvUSSR	Kelvin Hall	10 Mar 1989
<b>2000 Metres</b>				<b>record discontinued 2003</b>	
<b>National records</b>					
<b>5:40.86</b>	Yvonne Murray	Edinburgh AC	TSB Meeting	Birmingham	20 Feb 1993
<b>5000 Metres</b>				<b>record discontinued 2003</b>	
<b>National records</b>					
<b>15:03.17</b>	Liz McColgan	Dundee Hawkhill H	TSB Meeting	Birmingham	22 Feb 1992
<b>Subsequent improvement without record status</b>					
<b>14:49.12</b>	Laura Muir	Dundee Hawkhill H	Glasgow AA Miler Meet	Emirates Arena	4 Jan 2017
<b>3000 Metres Walk</b>				<b>record discontinued 2018</b>	
<b>National records</b>					
<b>14:12.50</b>	Verity Larby	Aldershot F & D	5-Nations International	Athens, GRE	10 Feb 1990
<b>13:53.33</b>	Verity Larby	Aldershot F & D	WAAA Championships	Cosford	3 Feb 1991
<b>13:50.80</b>	Verity Larby	Aldershot F & D	GB v USA	Kelvin Hall	3 Mar 1991
<b>13:31.32</b>	Verity Larby	Aldershot F & D	GB v USA	Birmingham	13 Feb 1993
<b>All-comers' records</b>					
<b>12:38.34</b>	Beate Anders	German Dem. Rep.	GB v German Dem. Rep.	Kelvin Hall	23 Feb 1990
<b>11:59.36</b>	Beate Anders	German Dem. Rep.	European Championships	Kelvin Hall	4 Mar 1990

|

## INDEX TO RECORD HOLDERS

The following index is an alphabetical list of all athletes who have held Scottish senior records. The abbreviations used are NL – National record, NV – Native record, AC – All-comers record, NLI – National indoor record, NVI – Native indoor record, ACI – All-comers indoor record

### Scottish Athletes

#### MEN

AITKEN, Bruce				NLI 4x200	1:26.94	1990	AC ¾M	3:00.5	1964
NL Scots HT	41.30	1994		NVI LJ	7.25	1992	AC 1600MedR	3:23.7	1969
NL Scots HT	43.19	1999		ATKINS, Stewart			BATHGATE, Michael		
NV Scots HT	41.30	1994		NV LJ	7.47	1974	NV 4x100	41.3	1970
NV Scots HT	43.19	1999		NLI LJ	7.38	1972	AC 4x110y	41.7	1965
AC Scots HT	41.30	1994		BAILLIE, Chris			BEATTIE, Samuel		
AC Scots HT	43.19	1999		NL 110H	13.44	2006	NV TJ	43'0¾	1938
ALDER, Jim				NV 110H	14.03	1999	AC TJ	43'0¾	1938
NL 6M	27:55.6	1965		NV 110H	14.03	2000	BEGG, Thomas		
NL 6M	27:30.6	1966		NV 110H	13.99	2001	NV MileMedR	3:31.7	1950
NL 6M	27:28.6	1968		BAILLIE, Hugh			BELL, Martin		
NL 15000	44:57.0	1970		NV 440y	48.0	1966	NL 3000W	12:04.6	1988
NL 10M	47:29.0	1968		NV MileMedR	3:28.9	1965	NL 3000W	11:59.47	1998
NL 11M	53:21.8	1971		NV MileMedR	3:26.8	1966	NL 10000W	43:27.63	1988
NL 12M	58:18.8	1971		AC 4x110y	41.7	1965	NL 10000W	43:15.3	1991
NL 1hr	12m 618y	1971		BAILLIE, Ross			NL 10000W	42:12.88	1992
NL 20000	60:03.6	1970		NL 110H	13.80	1998	NL 10000W	42:07.42	1992
NL 15M	1:12:51	1970		NL 110H	13.66	1999	NL 10000W	41:16.13	1995
NL 25000	1:15:34.4	1970		NLI 60H	7.89	1997	NL 10000W	41:13.65	1995
NL 30000	1:31:30.4	1970		NLI 60H	7.88	1997	NL 20kW	1:29:56	1988
NL 20M	1:40:58	1964		NLI 60H	7.77	1999	NL 20kW	1:25:42	1992
NL 2hr	23m1071y	1964		NLI 60H	7.72	1999	NL 30kW	2:27:00	1989
NL Mar	2:12:04	1970		NLI 60H	7.60	1999	NL 30kW	2:22:21	1994
NV 15000	45:01.6	1971		NVI 60H	7.85	1999	NV 3000W	12:20.94	1987
NV 11M	53:21.8	1971		BALLANTYNE, Alistair			NLI 3000W	11:54.96	1993
NV 12M	58:18.8	1971		NV 4x110y	42.9	1958	NLI 5000W	20:26.36	1989
NV 1hr	12m 618y	1971		NV 4x110y	42.6	1959	NVI 5000W	20:26.36	1989
NV Mar	2:12:04	1970		BARNETSON, David			BELL, Stuart		
AC 15000	45:01.6	1971		NV HJ	2.19	1992	NL 4x100	40.5	1970
AC 11M	53:21.8	1971		NV HJ	2.20	1997	NL 4x100	40.0	1970
AC 12M	58:18.8	1971		NVI HJ	2.10	1989	BERISFORD, Michael		
AC 1hr	12m 618y	1971		NVI HJ	2.15	1990	NL Mile	3:59.2	1962
ALLAN, Paul				NVI HJ	2.16	1992	BINNIE, Ian		
NLI Hep	4,629	1990		NVI HJ	2.20	1998	NL 7M	35:01.8	1953
NVI Hep	4,629	1990		BARR, Hugh			NL 8M	40:01.8	1953
ACI Hep	4,629	1990		NV LJ	22'1	1896	NL 9M	45:05.0	1953
ALLAN, James				NV LJ	23'2	1899	NL 11M	55:24.2	1953
NV 600y	1:17.8	1888		AC LJ	23'2	1899	NL 1hr	11m1575y	1953
ALLWELL, Peter				BARROW, Hugh			NL 12M	60:34.2	1953
NV 2M	9:13.4	1938		NL ¾M	3:00.5	1964	NV 2M	8:58.4	1953
ANDERSON, Mark				NL 2000	5:16.6	1966	NV 2M	8:57.2	1958
NVI 4x200	1:31.57	2003		NL 4x440y	3:18.6	1968	NV 3M	14:01.4	1953
ANDERSON, William				NL MileMedR	3:23.1	1967	NV 3M	14:00.2	1954
NV 880y	1:58.8	1905		NL 1600MedR	3:23.7	1969	NV 3M	13:54.8	1955
ASHBURN, Brian				NV ¾M	3:00.5	1964	NV 3M	13:51.4	1957
				NV ¾M	3:00.5	1968	NV 4M	19:28.0	1953
				NV ¾M	3:00.5	1969	NV 4M	19:18.4	1954
				NV 4x440y	3:18.6	1968	NV 5M	24:59.0	1952
				NV MileMedR	3:26.6	1967	NV 5M	24:24.1	1953
				NV 1600MedR	3:23.7	1969	NV 5M	24:12.2	1954

NV	6M	30:04.2	1952	BLAIR, Thomas			NL	HT	202'8	1970	
NV	6M	29:20.7	1953	AC	220y	23.6	1887	NV	HT	194'0½	1967
NV	6M	29:11.0	1954	BLAKELY, Thomas				NV	HT	195'8	1967
NV	7M	35:01.8	1953	NV	2M	9:19.8	1933	NV	HT	201'4	1969
NV	8M	40:01.8	1953	NV	3M	14:38.2	1932	NV	HT	61.42	1970
NV	9M	45:05.0	1953	NV	3M	14:33.0	1933	BUCHANAN, Alan			
NV	10M	50:11.0	1953	BLAMIRE, Alistair				NL	3000W	13:15.4	1975
NV	11M	55:24.2	1953	NL	3000S	8:41.4	1969	NL	10000W	46:36.6	1975
NV	1Hr	11m1575y	1953	NV	3000S	8:46.2	1969	NV	10000W	49:54.6	1972
NV	12M	60:34.2	1953	AC	3000S	8:46.2	1969	NV	10000W	48:56.0	1974
AC	3M	14:01.4	1953	BLANE, John				NV	10000W	46:36.6	1975
AC	4M	19:18.4	1954	AC	1M	4:30.2	1888	BUNNEY, Elliot			
AC	5M	24:24.1	1953	BOBROWNICKI, Ray				NL	4x100Club	40.19	1988
AC	5M	24:12.2	1954	NV	HJ	2.24	2014	NV	4x100Club	40.44	1989
AC	6M	29:20.7	1953	NV	HJ	2.28	2014	AC	4x100Club	40.44	1989
AC	6M	29:11.0	1954	BONE, J. M.				NLI	60	6.62	1987
AC	7M	35:01.8	1953	NV	1MMedR	3:34.3	1936	NLI	200	21.28	1991
AC	8M	40:01.8	1953	BORLAND, Ian				NVI	60	6.76	1991
AC	9M	45:05.0	1953	NV	1MMedR	3:34.6	1932	NVI	60	6.71	1991
AC	10M	50:11.0	1953	BOWIE, Jamie				NVI	200	21.28	1991
AC	11M	55:24.2	1953	NL	4x400	3:03.94	2014	BURGESS, Brian			
AC	1hr	11m1575y	1953	NV	4x400	3:03.94	2014	NL	HJ	2.15	1976
AC	12M	60:34.2	1953	NLI	4x400	3:16.40	2009	NL	HJ	2.20	1978
BIRKMYRE, David				NLI	4x400	3:09.84	2014	NV	HJ	2.15	1976
NL	JT	73.74	1970	NVI	4x400	3:09.84	2014	BURNETT, Grant			
NL	JT	75.88	1971	BOYD, Jack				NV	4x400	3:11.60	2005
NV	JT	73.74	1970	NL	880y	1:50.7	1957	BURTON, Robert			
NV	JT	75.88	1971	NL	1000y	2:10.9	1958	NV	880y	1:58.8	1910
AC	4x100Club	42.0	1970	NV	880y	1:50.7	1957	NV	880y	1:58.4	1910
BLACK, Chris				NV	1000y	2:10.9	1958	BUTCHART, Andrew			
NL	HT	64.84	1972	NV	4x440	3:25.6	1957	NL	3000	7:45.00	2016
NL	HT	67.24	1974	BOYNE, Frank				NL	3000	7:37.56	2017
NL	HT	68.96	1974	NL	3x800	5:47.35	1994	NL	5000	13:13.30	2016
NL	HT	69.48	1974	NV	3x800	5:47.35	1994	NL	5000	13:08.61	2016
NL	HT	70.16	1975	AC	3x800	5:47.35	1994	NLI	3000	7:42.97	2017
NL	HT	71.00	1976	BRECKENRIDGE, Alex				NLI	3000	7:41.05	2017
NL	HT	73.58	1976	NV	1M	4:11.2	1953	NVI	3000	7:53.15	2016
NL	HT	74.12	1976	NV	2M	9:05.6	1953	BUXTON, Paul			
NL	HT	74.98	1976	BRENNAN, Declan				NL	SP	18.93	1977
NL	HT	75.40	1983	NLI	4x200	1:29.30	2015	NL	Scots HT	39.50	1976
NL	28lbWt	26.18	1974	NVI	4x200	1:29.30	2015	NL	56lbWt	4.64	1976
NL	28lbWt	27.70	1976	BRODIE, Scott				NV	SP	17.84	1976
NV	HT	64.84	1972	NL	4x100Club	41.7	1974	NV	DT	53.14	1975
NV	HT	65.44	1974	BROWN, Andrew				NV	DT	54.38	1976
NV	HT	65.90	1974	NL	10M	49:58.8	1962	NV	DT	56.42	1976
NV	HT	68.96	1974	NV	3M	13:47.6	1959	NV	56lbWt	4.64	1976
NV	HT	69.48	1974	NV	10M	49:58.8	1962	NV	Scots HT	39.50	1976
NV	HT	71.00	1976	AC	10M	49:58.8	1922	AC	Scots HT	39.50	1976
NV	HT	73.58	1976	BROWN, Charles				NLI	SP	18.73	1977
NV	HT	74.12	1976	NV	1MMedR	3:40.0	1888	NVI	SP	17.19	1976
NV	HT	74.98	1976	BROWN, Jim				CAIRNEY, Richard			
NV	28lbWt	26.18	1974	NL	10000	28:00.62	1975	NV	4x440yClub	3:25.6	1957
NV	28lbWt	27.70	1976	BRUCE, Sandy				CALVERT, Ewan			
AC	HT	74.12	1976	NV	4x110y	43.4	1950	NL	3x800	5:47.35	1994
AC	28lbWt	27.70	1992	BRYAN-JONES, Gareth				NV	3x800	5:47.35	1994
BLAIR, John S.				AC	3000S	8:46.2	1969	AC	3x800	5:47.35	1994
AC	120y	12.4	1883	BRYCE, Lawrence				CAMPBELL, Ian			
BLAIR, Richard				NL	HT	195'8	1967	NVI	1500	3:45.27	1995
NVI	4x200	1:31.57	2003	NL	HT	201'4	1969	NVI	1500	3:43.54	1995
				NL	HT	202'6	1969	NVI	1500	3:43.13	1996

CAMPBELL, James				CLEMENT, Frank				DEVINE, Stanley				
NL	JT	71.22	2006	NL	800	01:46.0	1973	NV	400H	51.81	1981	
NL	JT	71.60	2006	NL	1000	02:22.4	1976	NV	400H	51.70	1981	
NL	JT	71.94	2006	NL	1500	03:37.4	1974	NV	400H	51.16	1983	
NL	JT	73.18	2006	NL	Mile	03:55.0	1975	DINGWALL, Jim				
NL	JT	73.70	2008	NL	Mile	03:54.2	1978	NV	3000	7:57.8	1975	
NL	JT	76.71	2009	NV	1000	2:22.4	1976	AC	3000	7:57.8	1975	
NL	JT	80.38	2010	NV	1M	3:57.2	1976	DOBBING, Tom				
NV	JT	70.47	2007	NV	2000	5:04.5	1978	NL	JT	70.80	2003	
NV	JT	73.00	2007	NV	3000	7:56.6	1976	DOUGLAS, Craig				
NV	JT	73.92	2009	CLERK, Donald				NL	1000y	2:10.9	1966	
NV	JT	74.71	2010	NL	56lb	4.14	1973	NV	1000y	2:10.9	1966	
NV	JT	75.12	2010	NV	56lbWt	4.14	1973	DOUGLAS, Ewan				
NV	JT	80.38	2010	COCKBURN, Robert				NL	HT	192'6	1955	
CAMPBELL, Kenneth				NV	220y	21.9	1958	NV	HT	179'10	1951	
NL	110H	13.92	1994	NV	4x440y	3:23.7	1958	NV	HT	182'10	1954	
NL	110H	13.86	1994	COLLIE, James				NV	HT	188'5	1954	
NV	110H	14.12	1993	NV	220y	22.0 (sc)	1913	NV	HT	192'6	1955	
NV	110H	14.12	1994	COMBE, David				AC	HT	179'10	1951	
CAMPBELL, Menzies				NL	4x100Club	41.4	1976	AC	HT	182'10	1954	
NL	75y	7.5	1965	NL	4x100Club	41.2	1976	AC	HT	188'5	1954	
NL	100y	9.7	1964	NL	4x100Club	41.0	1976	AC	HT	192'6	1955	
NL	100y	9.6	1968	NV	4x100Club	41.9	1976	DOWNER, Alfred				
NL	100	10.2	1967	NV	4x100Club	41.4	1976	NV	100y	10.0	1895	
NL	100	10.2	1967	AC	4x100Club	41.4	1976	NV	120y	12.2	1893	
NL	150y	14.3	1964	COOK, Brian				NV	120y	11.8	1895	
NL	220y	21.1	1964	NV	3000W	13:51.4	1973	NV	150y	15.0	1895	
NL	220y	20.8	1967	NV	3000W	13:34.6	1973	NV	220y	22.8	1893	
NL	300y	30.5	1966	COWIE, James				NV	220y	22¼	1895	
NL	4x440y	3:19.3	1963	NV	100y	10.0	1884	NV	300y	31.4	1895	
NL	4x440y	3:19.1	1964	NV	440y	51.2	1884	NV	440y	51.2	1895	
NV	100y	9.8	1965	AC	100y	10.0	1884	AC	100y	10.0	1895	
NV	100y	9.6	1968	AC	440y	51.2	1884	AC	150y	15.0	1895	
NV	220y	21.5	1962	CRAWFORD, James				AC	220y	22.8	1893	
NV	440y	48.0	1962	NV	75y	7.8	1930	AC	220y	22.4	1895	
NV	75y	7.5	1965	NV	100y	10.0	1926	AC	220y	22¼	1895	
NV	150y	14.3	1964	AC	75y	7.8	1930	AC	220y	11.8	1895	
NV	300y	30.9	1961	CURRIE, Alastair				AC	300y	31.4	1895	
NV	300y	30.5	1966	NVI	3000	7:55.85	1989	DRUMMOND, James				
NV	4x440yClub	3:19.3	1965	ACI	3000	7:55.85	1989	NV	SP	46'5	1951	
NV	4x440yClub	3:19.1	1965	DALRYMPLE, Jock				DRY, Mark				
AC	75y	7.5	1965	NV	JT	170'0	1926	NL	HT	76.93	2015	
AC	100y	9.6	1968	DAVIDSON, Hamish				DUFF, Neil				
AC	150y	14.3	1964	NL	56lbWt	4.17	1975	NV	1MMedR	3:30.0	1962	
AC	4x110y	41.7	1965	NV	56lbWt	4.17	1975	DUFFUS, Stewart				
CARMICHAEL, Hugh				DAVIDSON, Mark				NV	3M	15:09.0	1894	
NV	1MMedR	3:26.8	1966	NL	400H	50.79	1989	NV	4M	20:40.0	1893	
CLARK, David				NL	4x400	3:04.68	1990	NV	4M	20:10.8	1896	
NL	4x100Club	40.19	1988	NV	400H	51.13	1992	DUFFY, James				
NV	4x100Club	40.44	1989	NLI	4x200	1:26.94	1990	NV	5M	25:52.0	1910	
AC	4x100Club	40.44	1989	DEETH, Ian				DUGUID, Harry				
CLARK, Duncan				NLI	300	34.84	2001	NV	DT	155'3	1951	
NV	HT	168'9½	1947	DENHAM, Robert				AC	DT	155'3	1951	
NV	HT	175'11	1950	NL	4x100Club	41.4	1976	DUNBAR, Allan				
AC	HT	175'11	1950	NL	4x100Club	41.2	1976	NL	4x110y	42.3	1960	
CLARK, William				NL	4x100Club	41.0	1976	NV	4x110y	43.4	1957	
NL	TJ	15.68	1973	NV	4x100Club	41.9	1976	NV	4x110y	42.9	1958	
NL	TJ	15.78	1974	NV	4x100Club	41.4	1976	NV	4x110y	42.6	1960	
NV	TJ	15.68	1973	NV	4x100Club	40.9	1976	DUNCAN, Craig				
				AC	4x100Club	41.4	1976	NL	TJ	16.08	1986	



NL	TJ	16.08	1987	FINDLAY, Alexander			GOURLEY, Neil				
NV	TJ	15.68	1984	AC	3M	15:54.0	1886	NL	3x800Club	5:47.21	2012
NV	TJ	16.01	1987	AC	5M	26:41.0	1886	NV	3x800Club	5:47.21	2012
NLI	TJ	15.71	1986	AC	6M	32:12.0	1886	AC	3x800Club	5:47.21	2012
NVI	LJ	7.22	1989	AC	7M	38:03.0	1886	GRACIE, David			
NVI	TJ	15.58	1986	AC	8M	44:01.0	1886	NV	440yH	56.2	1951
DUNCAN, David				AC	9M	49:53.0	1886	NV	440yH	55.5	1952
NV	1M	4:28.0	1888	AC	9M	49:52.0	1887	NV	440yH	54.7	1952
AC	Mile	4:32.2	1886	AC	10M	55:16.8	1886	NV	440yH	53.8	1952
AC	Mile	4:28.0	1888	FLECK, Graham				NV	440yH	53.7	1953
AC	2M	9:48.2	1887	NV	1MMedR	3:30.2	1957	NV	1MMedR	3:31.7	1950
AC	3M	15:32.8	1888	FLECK, Kenneth				AC	440yH	54.7	1952
DUNCAN, Kenneth 'Sandy'				NV	1MMedR	3:30.2	1957	AC	440yH	53.8	1952
NL	LJ	23'7½	1935	FORBES, Andrew				AC	440yH	53.7	1953
NV	LJ	23'7½	1935	NV	3M	14:32.2	1947	GRAHAM, John			
DUNION, Michael				NV	3M	14:18.4	1949	NL	Mar	2:09:28	1981
NV	3000W	13:03.4	1976	FORBES, Paul				NV	3000S	8:44.1	1978
NV	30kW	2:34:55	1986	NL	800	1:45.90	1982	NV	3000S	8:39.3	1978
DUNLOP, John				NL	800	1:45.66	1983	GRAHAM, Robert			
NV	4x400Club	3:11.60	2005	NL	4x400	3:06.90	1978	NV	880y	1:55.8	1932
DUNN, Leslie				NL	4x400Club	3:08.93	1975	NV	¾M	3:04.6	1935
NV	1MMedR	3:40.0	1922	NLI	800	1:47.55	1983	NV	Mile	4:12.0	1935
DYER, Ewan				FOSTER, Norman				NV	2M	9:17.3	1937
NLI	4x200Club	1:29.30	2015	NL	Dec	5,633	1964	AC	Mile	4:12.0	1935
NVI	4x200Club	1:29.30	2015	NL	Dec	6,736	1965	GRANT, Graeme			
EGGLETON, Graham				NL	Dec	6,840	1965	NL	1000	2:23.3	1971
NL	PV	4.90	1981	NL	4x440y	3:19.1	1964	NV	880y	1:50.3	1966
NL	PV	5.00	1981	NV	Dec	5,633	1964	NV	1000	2:23.3	1971
NL	PV	5.10	1981	NV	Dec	6,736	1965	GRAY, Neil			
NL	PV	5.13	1981	NV	4x440y	3:19.1	1964	NVI	4x200	1:31.57	2003
NL	PV	5.15	1981	AC	Dec	6,736	1965	GREGOR, Norman (1)			
NL	PV	5.21	1982	FRANCE, Charles				NV	PV	12'1¾	1949
NLI	PV	5.10	1983	NV	1MMedR	3:34.3	1936	NV	PV	12'8	1950
EVERETT, Graham				NV	1MMedR	3:32.9	1938	NV	PV	12'11¼	1951
NL	2M	8:38.2	1961	FRASER, Derek				NV	PV	13'0	1951
NL	1½M	6:31.4	1961	NV	1MMedR	3:30.2	1957	NV	PV	13'2	1952
NV	1M	4:07.5	1956	FRASER, Neil				NV	PV	13'3¾	1953
NV	1M	4:06.6	1957	NL	110H	14.11	1987	NV	PV	13'6¼	1954
NV	1M	4:03.9	1960	NV	110H	14.29	1988	GREGOR, Norman (2)			
NV	1½M	6:31.4	1961	NLI	60H	7.90	1988	NL	400H	52.0	1974
NV	2M	8:50.4	1959	NVI	60H	7.90	1988	NL	400H	51.6	1974
NV	2M	8:48.6	1961	FRASER, William				NL	4x400Club	3:12.6	1974
AC	1½M	6:31.4	1961	NLI	200	21.55	1988	NL	4x400Club	3:08.93	1975
AC	2M	8:50.4	1959	NVI	200	21.55	1988	GREIG, Robert			
EWING, William				GABRIEL, William				NV	4x440y	3:22.5	1962
NLI	2000S	5:34.0	1968	AC	3M	15:37.4	1887	GRIBBEN, James			
FAIRBROTHER, Crawford				AC	4M	21:16.6	1886	NV	75y	7.7	1964
NL	HJ	6'9¼	1962	GIFFORD, Jack				AC	75y	7.7	1964
NL	HJ	6'9½	1964	NV	1MMedR	3:34.3	1936	GUTHRIE, John			
NV	HJ	6'8	1960	NV	1MMedR	3:32.9	1938	NV	JT	65.76	1987
NV	HJ	6'8¼	1960	GILHOOLY, Tony				NV	JT	67.44	1989
NV	HJ	6'8½	1961	NVI	HJ	2.17	1997	HALLIDAY, Donald			
NV	HJ	6'9¼	1962	NVI	HJ	2.18	1997	NL	4x100	40.5	1970
NV	HJ	6'9½	1964	GILLESPIE, Ian				NL	4x100	40.0	1970
AC	HJ	6'9¼	1962	NLI	3000	7:49.86	1997	NL	4x100	39.8	1974
AC	HJ	6'9½	1964	GILMOUR, Ian				NV	100	10.4	1970
FARRELL, J. Emmet				NL	3000S	8:38.9	1978	AC	100	10.4	1970
NV	1hr	11m 77y	1945	NL	3000S	8:31.1	1978	HALLIDAY, Ian			
NV	1hr	11m 287y	1950	GORRIE, Donald				NV	4x110y	42.9	1958
				NV	880y	1:52.7	1955	NV	4x110y	42.6	1959

HALSWELLE, Wyndham				AC	10M	53:26.0	1895	NL	4x100Club	41.7	1974
NL	600y	1:11.8	1906	HART, John				NL	4x400	3:06.90	1978
NV	300y	31.2	1908	NV	120yH	15.5	1948	NL	4x400Club	3:12.6	1974
NV	440y	49.6	1906	NV	120yH	15.3	1949	NL	4x400Club	3:08.93	1975
NV	440y	49.0	1906	HARVIE, John				NV	400	47.2	1976
NV	440y	48.4	1908	NV	1MW	7:02.4	1884	NV	400	47.1	1976
NV	600y	1:12.8	1906	NV	2MW	14:56.0	1884	NV	400	47.1	1978
NV	600y	1:11.8	1906	NV	3MW	23:16.0	1884	HOGARTH, Tony			
AC	300y	31.2	1908	AC	1MW	7:02.4	1884	NL	120yH	14.6 y	1965
AC	440y	49.6	1906	AC	2MW	14:56.0	1884	NL	120yH	14.4 y	1967
AC	440y	49.0	1906	AC	3MW	23:16.0	1884	NL	120yH	14.4 y	1968
AC	440y	48.4	1908	HAYWARD, Stephan				NV	120yH	14.6	1965
AC	600y	1:11.8	1906	NV	SP	18.16	1996	NV	120yH	14.4	1967
HAMILTON, Douglas				NV	SP	18.22	2000	NV	120yH	14.4	1968
NVI	PV	4.40	1987	NV	SP	18.27	2000	HORSBURGH, Ian			
NVI	PV	4.51	1994	NV	SP	18.31	2000	NV	4x400Club	3:11.60	2005
NVI	PV	4.55	1998	NV	SP	18.79	2000	HOWDEN, James			
HANLON, Tom				NVI	SP	17.37	1996	AC	TJ	45'3¼	1939
NL	3000S	8:19.40	1989	NVI	SP	17.56	1996	NV	TJ	45'3¼	1939
NL	3000S	8:16.52	1989	NVI	SP	17.92	1996	HUME, Colin			
NL	3000S	8:16.31	1990	NVI	SP	18.25	1997	NLI	Mile	4:02.20	1984
NL	3000S	8:12.58	1991	HEATH, Alan				HUNT, David-Ross			
AC	3000S	8:16.50	1992	NL	JT	211'0	1965	NVI	4x200Club	1:30.93	2005
HANNAH, Alex				NL	JT	216'3	1966	HUNTER, Alastair			
NL	440yH	53.2	1958	NV	JT	211'0	1965	NV	4x400Club	3:16.7	1975
NV	440yH	53.2	1958	HENDERSON, Jamie				HUNTER, Mark			
HANNAH, Andrew				NL	4x100Club	40.19	1988	NL	56lb	4.70	1993
NV	2M	9:41.0	1894	NV	4x100Club	40.44	1989	NL	56lb	4.95	2003
NV	3M	15:13.4	1894	AC	4x100Club	40.44	1989	NV	56lbWt	4.70	1993
NV	5M	26:25.2	1894	NVI	60	6.82	1988	NV	56lbWt	4.95	2003
NV	5M	26:01.6	1895	NVI	60	6.81	1990	HUNTER, William			
NV	6M	32:00.8	1894	HEPBURN, Peter				NV	LJ	23'2½	1914
NV	6M	31:26.6	1895	NL	1MMedR	3:23.1	1967	HURREN, Richard			
NV	7M	37:34.2	1894	NV	1MMedR	3:26.6	1967	NL	PV	5.22	2010
NV	7M	36:55.0	1895	HILDREY, Michael				NV	PV	4.95	2004
NV	8M	43:08.8	1894	NL	220y	21.2	1962	NV	PV	5.00	2009
NV	8M	42:22.8	1895	NL	4x110y	42.3	1960	NV	PV	5.05	2009
NV	9M	48:37.4	1894	NV	100y	9.8	1960	NLI	PV	5.10	2003
NV	9M	47:55.8	1895	NV	100y	9.8	1961	NVI	PV	4.60	2001
NV	10M	54:02.6	1894	NV	100y	9.8	1961	NVI	PV	4.65	2002
NV	10M	53:26.0	1895	NV	220y	21.5	1960	NVI	PV	4.70	2003
AC	2M	9:43.4	1890	NV	220y	21.2	1962	NVI	PV	4.90	2003
AC	4M	21:06.4	1888	NV	200	21.1	1962	NVI	PV	5.05	2003
AC	5M	26:35.6	1891	NV	4x110y	42.6	1960	HUTTON, Allister			
AC	5M	26:25.2	1894	HISLOP, Drew				NL	10000	27:59.12	1986
AC	5M	26:01.6	1895	NL	4x100Club	41.4	1976	NL	Mar	2:09:16	1985
AC	6M	32:11.4	1891	NL	4x100Club	41.2	1976	HYND, Sid			
AC	6M	32:00.8	1894	NL	4x100Club	41.0	1976	NV	4x110y	43.4	1950
AC	6M	31:26.6	1895	NV	4x100Club	41.9	1976	JACK, Thomas			
AC	7M	37:41.8	1891	NV	4x100Club	41.4	1976	NV	5M	25:57.6	1907
AC	7M	37:34.2	1894	NV	4x100	40.9	1976	NV	6M	31:18.8	1907
AC	7M	36:55.0	1895	AC	4x100Club	41.4	1976	NV	7M	36:45.0	1907
AC	8M	43:13.6	1891	HODELET, Richard				NV	8M	42:14.0	1907
AC	8M	43:08.8	1894	NL	4x440y	3:19.1	1964	NV	9M	47:42.2	1907
AC	8M	42:22.8	1895	NV	600y	1:11.5	1968	NV	10M	53:04.0	1907
AC	9M	48:48.2	1891	NV	880y	1:50.4	1966	JACK, William			
AC	9M	48:37.4	1894	NV	4x440y	3:19.1	1964	NL	120y	11.6	1952
AC	9M	47:55.8	1895	HODGKINS, Chris				NV	100y	9.8	1952
AC	10M	54:18.6	1891	NVI	4x200	1:30.93	2005	NV	120y	11.6	1952
AC	10M	54:02.6	1894	HOFFMANN, Peter							

JACKSON, John				LINDSAY, Michael				NV JT 198'1 1954			
NV	JT	175'5	1935	NL	SP	59'2½	1962	NV	JT	203'8½	1954
NV	JT	177'10½	1938	NL	SP	60'8½	1963	NV	JT	204'11	1955
JAMES, Roderick				NL	DT	172'6	1962	MACKIE, Ian			
NL	JT	69.20	1989	NL	DT	181'6	1960	NV	400	46.13	2003
NV	JT	68.60	1992	NV	SP	52'3½	1957	MACLEAN, Gregor			
JENKINS, David				NV	SP	52'5½	1958	NL	PV	5.30	2011
NL	200	20.3	1972	NV	SP	52'9½	1958	NL	PV	5.35	2012
NL	400	45.2	1973	NV	SP	55'2½	1959	NLI	PV	5.19	2012
NL	400	44.93	1975	NV	SP	57'4	1962	NLI	PV	5.25	2012
NL	4x100	39.8	1974	NV	SP	58'4¼	1968	NLI	PV	5.35	2012
NL	4x100	39.24	1978	NV	DT	160'11	1959	NVI	PV	5.20	2012
NL	4x400	3:06.90	1978	NV	DT	167'10	1968	NVI	PV	5.30	2014
AC	100	10.3	1972	LITTLE, Peter				MACLEAN, Michael			
AC	200	20.3	1972	NV	4x100	39.94	1981	NL	4x400	3:12.5	1970
JENKINS, Roger				LIVINGSTONE-LEARMONTH, Thomas				NL	4x400	3:09.0	1970
NL	4x100Club	41.7	1974	NV	440yH	56.2	1927	NL	4x400Club	3:17.4	1970
NL	4x400	3:06.90	1978	LOGAN, James				NV	600y	1:11.5	1969
NL	4x400Club	3:12.6	1974	NV	600y	1:16.4	1888	NV	800	1:50.2	1970
NL	4x400Club	3:08.93	1975	LOGAN, Thomas				NV	800	1:47.7	1970
JOHNSTON, James				NV	SP	46'7	1954	NV	4x400Club	3:17.4	1970
NV	120yH	15.3	1957	LOUDEN, Greg				NV	4x400	3:12.5	1970
KIDNER, David				NL	4x400	3:03.94	2014	NV	4x400	3:09.0	1970
NL	Dec	7,145	1972	NV	4x400	3:03.94	2014	NV	1MMedR	3:28.9	1965
NL	Dec	7,328	1972	NLI	4x400	3:09.84	2014	NV	1MMedR	3:26.8	1966
KING, Stephen				NVI	4x400	3:09.84	2014	MACLEOD, Donald			
NL	Scots HT	42.94	1996	MACFARLANE, Stuart				NLI	4x400	3:16.40	2009
NV	Scots HT	42.94	1996	NV	4x440y	3:25.6	1957	MACLEOD, Norman			
AC	Scots HT	42.94	1996	MACGREGOR, Donald				NV	120yH	16.2	1892
KIRKWOOD, Tom				NL	35000	50:59.8	1970	AC	220y	23.2	1891
NV	SP	45'2	1906	NV	20000	1:03:24.0	1970	AC	220y	23.0	1892
NV	SP	45'8½	1906	NV	25000	1:19:16.6	1970	AC	120yH	16.2	1892
LANGLANDS, Robert				NV	30000	1:35:13.8	1970	MACLEOD, Robin			
NV	880y	1:59.6	1895	NV	20M	1:42:07.0	1970	NV	120yH	15.3	1960
LAURIE, Robert				NV	35000	1:50:59.8	1970	MACMICHAEL, David			
NL	4x440y	3:18.6	1968	NV	2hr	23m 971y	1970	AC	1000y	2:23.2	1890
NL	MileMedR	3:23.1	1967	AC	20000	1:03:24.0	1970	MALCOLM, William			
NL	1600MedR	3:23.7	1969	AC	25000	1:19:16.6	1970	NV	880y	2:00.2	1892
NV	4x440y	3:18.6	1968	AC	30000	1:35:13.8	1970	NV	1000y	2:21.0	1893
NV	1MMedR	3:26.6	1967	AC	35000	1:50:59.8	1970	AC	880y	2:00.2	1893
NV	1MMedR	3:23.7	1969	AC	2hr	23m 971y	1970	AC	1000y	2:21.0	1892
AC	1MMedR	3:23.7	1969	MACINTOSH, James				MARTIN, David			
LAWRIE, Jack				NV	SP	43'1	1895	NLI	4x400	3:09.84	2014
NV	400H	50.75	2018	NV	SP	43'3	1896	NVI	4x400	3:09.84	2014
LIDDELL, Eric				NV	HT	117'3	1897	MATHIESON, Duncan			
NL	100y	9.7	1923	AC	SP	43'1	1895	NV	Dec	7,144	1989
NV	100y	10.0	1922	AC	DT	117'3	1897	NV	Dec	7,272	1995
NV	150y	15.0	1922	MACISAAC, John				NV	Dec	7,404	1997
NV	220y	21.8 (sc)	1922	NL	440y	47.3	1958	NLI	Hep	5,124	1992
NV	220y	21.6 (sc)	1923	NV	440y	48.0	1958	NVI	Hep	5,124	1992
NV	1MMedR	3:40.0	1922	NV	4x110y	43.4	1957	NVI	Hep	5,275	1997
LINAKE, John				MACKENZIE, John				ACI	Hep	5,124	1992
AC	3000S	9:03.2	1960	NL	TJ	16.17	1994	MCALLISTER, Ronald			
AC	3000S	9:02.2	1962	NLI	TJ	16.13	1994	NV	4x440y	3:23.7	1958
LINDSAY, Allan				NVI	TJ	15.97	1995	MCCAFFERTY, Ian			
NV	TJ	45'9¾	1949	MACKENZIE, Ross				NL	1500	3:44.1	1970
NV	TJ	47'2	1949	NL	JT	204'11	1955	NL	Mile	3:56.8	1969
AC	TJ	45'9¾	1949	NV	JT	181'4	1951	NL	2M	8:33.2	1967
AC	TJ	47'2	1949	NV	JT	184'5½	1953	NL	3M	13:12.2	1966
				NV	JT	185'10	1953	NL	3M	13:06.4	1967

NL	5000	13:29.6	1970	NLI	800	1:46.86	1990	MCLEOD, Edward			
NL	5000	13:19.8	1972	NLI	800	1:46.22	1990	NV	4MW	30:21.8	1924
NV	1500	3:44.1	1970	NVI	800	1:49.1	1990	NV	7MW	55:41.2	1922
NV	Mile	4:02.3	1967	NVI	800	1:46.86	1990	AC	4MW	30:21.8	1924
NV	2000	5:21.0	1970	NVI	800	1:46.22	1990	AC	7MW	55:41.2	1922
NV	3000	8:02.4	1970	ACI	800	1:46.86	1990	MCMAHON, Mark			
NV	2M	8:42.2	1965	ACI	800	1:46.22	1990	NV	400	46.94	1984
NV	5000	13:29.6	1970	MCKENZIE, Angus				NLI	4x200	1:26.94	1990
NV	5000	13:23.4	1970	NL	HJ	2.14	1975	MCMASTER, Drew			
AC	2000	5:21.0	1970	NL	HJ	2.14	1975	NL	4x100	39.24	1978
AC	3000	8:02.4	1970	NL	4x100	39.8	1974	NL	4x100Club	41.7	1974
AC	2M	8:42.2	1965	NV	HJ	2.10	1975	NV	200	20.9	1976
MCCALLUM, Stewart				NV	4x100	39.94	1950	NV	4x100	39.59	1983
NL	400H	51.4	1975	NV	4x400Club	3:16.7	1981	MCMEEKIN, David			
NL	400H	50.7	1976	MCKENZIE, Lauchlan				NL	800	1:47.4	1973
NL	Dec	7,078	1971	NV	4x110y	43.4	1970	MCMILLAN, Gregor			
NL	Dec	7,113	1971	MCLACHLAN, George				NLI	300	35.03	1993
NL	Dec	7,401	1973	NL	120yH	14.6 y	1962	NLI	4x200	1:26.94	1990
NV	400H	52.1	1975	NL	Dec	5,456	1962	MCNAB, Tom			
NV	Dec	7,078	1971	NV	120yH	15.2	1962	NL	TJ	47'10	1958
NV	Dec	7,113	1971	NV	120yH	14.6	1962	NV	TJ	47'10	1958
NV	Dec	7,195	1973	NV	Dec	5,458	1962	MCNEILL, A			
NV	4x400Club	3:16.7	1975	MCLAREN, James				AC	120yH	16.6	1884
MCCARVEL, Francis				NLI	4x200Club	1:29.30	2015	MCNICOL, Douglas			
NV	1MMedR	3:30.0	1962	NVI	4x200Club	1:29.30	2015	NV	1000y	2:17.0	1911
MCCORQUODALE, Alastair				MCLATCHIE, James				MCPHEE, Duncan			
NL	120y	11.6	1948	NV	1MMedR	3:30.0	1962	NV	1000y	2:16.0	1920
NV	120y	11.6	1948	MCLAUGHLIN, M				NV	¾M	3:12.2	1921
MCCUAIG, Angus				NV	4x440y	3:23.7	1958	MCPHERSON, P			
NV	4x100	39.59	1983	MCLEAN, Donald				NV	1MMedR	3:30.2	1957
MCDONALD, Richard				NV	2M	9:31.0	1927	MCSTRAVICK, Bradley			
NV	400H	51.07	2001	MCLELLAN, Colin				NL	Dec	7,704	1980
MCGOUGH, John				NL	2MW	14:06.4	1925	NL	Dec	8,018/7,885	1984
NV	1000y	2:18.8	1904	NL	3MW	21:15	1925	NL	Dec	7,563	1986
NV	1000y	2:18.2	1905	NL	4MW	28:23.4	1925	MCWILLIAM, John			
NV	Mile	4:21.6	1906	NL	5MW	36:16	1925	AC	4M	20:56.2	1889
NV	1½M	6:52.6	1905	NL	6MW	43:58	1925	AC	4M	20:56.2	1889
NV	2M	9:37.0	1903	NL	7MW	51:42.4	1925	MEIN, Charles			
NV	2M	9:36.4	1903	NV	2MW	14:06.4	1925	NV	880y	1:57.8	1925
NV	2M	9:36.0	1904	NV	3MW	21:34.0	1925	MERCER, David			
NV	2M	9:32.4	1904	NV	3MW	21:15.0	1925	NV	4x110y	43.4	1950
NV	3M	14:44.6	1904	NV	4MW	31:33.0	1922	MICHIE, John			
NV	4M	20:06.2	1905	NV	4MW	28:49.0	1925	NV	HJ	6'0¾	1933
MCINROY, Angus				NV	4MW	28:23.4	1925	MIDDLETON, Duncan			
NL	DT	58.77	2010	NV	5MW	39:34.0	1922	NL	880y	1:48.6	1967
NV	DT	56.76	2010	NV	5MW	36:16.0	1925	NV	880y	1:50.2	1967
NV	DT	57.28	2014	NV	6MW	47:28.0	1922	MILLER, Gordon			
MCKAY, Ian				NV	6MW	43:58.0	1925	NL	4x440y	3:18.6	1968
NVI	PV	4.50	1991	NV	7MW	51:42.4	1925	NL	1600MedR	3:23.7	1969
MCKAY, Kenneth				AC	3MW	21:34.0	1925	NV	4x440y	3:18.6	1968
NV	LJ	7.48	1986	AC	3MW	21:15.0	1925	NV	1600MedR	3:23.7	1969
NVI	LJ	7.18	1987	AC	4MW	31:33.0	1922	AC	1600MedR	3:23.7	1969
MCKEAN, Tom				AC	4MW	28:49.0	1925	MITCHELL, George			
NL	800	1:44.80	1986	AC	4MW	28:23.4	1925	NV	Scots HT	106'11	1927
NL	800	1:44.61	1986	AC	5MW	39:34.0	1922	NV	Scots HT	111'4	1927
NL	800	1:44.45	1987	AC	5MW	36:16.0	1925	NV	Scots HT	120'5	1928
NL	800	1:43.88	1989	AC	6MW	47:28.0	1922	AC	Scots HT	106-11	1927
NL	4x400	3:04.68	1990	AC	6MW	43:58.0	1925	AC	Scots HT	111-4	1927
NV	800	1:44.80	1986	AC	7MW	51:42.4	1925	AC	Scots HT	120-5	1927
NV	800	1:44.79	1989								

MITCHELL, Robert	NV	HT	149'4	1903	AC	HJ	6'0	1884
NV 600y	1:15.6	1889	NV	HT	151'6½	1903	PARTYKA, Scott	
AC 880y	2:00.4	1890	NV	HT	153'0	1903	NVI 4x200	1:30.93 2005
MITCHELL, Victor			NV	HT	154'1¾	1904	PATERSON, Alan	
NL JT	237'2	1967	NV	HT	154'3	1905	NV HJ	6'1¾ 1945
NV JT	237'2	1967	NV	HT	154'9	1906	NV HJ	6'3 1945
MONCUR, Thomas			NV	HT	158'10½	1906	NV HJ	6'6½ 1946
NL 4x440y	3:19.3	1963	NV	HT	162'8	1908	NV HJ	6'7½ 1947
NV 4x440y	3:19.3	1963	NV	HT	164'8	1908	AC HJ	6'6½ 1945
MORISON, Niel			NV	HT	166'9½	1908	AC HJ	6'7½ 1947
NV 1MMedR	3:34.6	1932	NV	Scots HT	104'8½	1923	PATERSON, Jack	
MORRIS, Darrin			AC	HT	147'9½	1903	NV 880y	1:59.0 1900
NL DT	58.36	1990	AC	HT	149'4	1903	PATERSON, James	
NL DT	58.58	1991	AC	HT	151'6½	1903	NL 800	1:47.5 1957
MUIR, Gordon			AC	HT	153'0	1903	NV 880y	1:51.9 1956
AC 4x100Club	42.0	1970	AC	HT	154'1¾	1904	PATERSON, R.A.	
MUIR, Grant			AC	HT	154'3	1905	NV 4x440y	3:25.6 1957
NL 3x800Club	5:47.21	2012	AC	HT	154'9	1906	PATON, David	
NV 3x800Club	5:47.21	2012	AC	HT	158'10½	1906	NV 1MMedR	3:37.0 1929
AC 3x800Club	5:47.21	2012	AC	HT	162'8	1908	PATON, James	
MUIR, Nat			AC	HT	164'8	1908	NV 1MMedR	3:31.7 1950
NL 3000	7:56.2	1981	AC	Scots HT	104-8½	1923	PEAT, George	
NL 5000	13:17.9	1980	OGILVIE, Patrick				NV 4x440y	3:23.7 1958
NV 3000	7:56.2	1981	NV	PV	11'5	1930	PERCY, Nicholas	
NV 3000	7:51.46	1985	NV	PV	11'7	1931	NL DT	60.49 2016
AC 3000	7:56.2	1981	NV	PV	12'0⅛	1932	NL DT	60.52 2016
AC 3000	7:51.46	1985	O'HARE, Chris				NL DT	61.27 2016
MULLETT, William			NL 1500	3:33.61	2017		NL DT	61.78 2016
NL 3000S	8:40.8	1969	NL 1500	3:32.11	2018		NL DT	61.78 2016
MURDOCH, Anthony			NV 1500	3:35.06	2014		NL DT	61.78 2016
NL 4x400Club	3:17.4	1970	NLI 1500	3:37.25	2013		NL DT	63.38 2016
NV 4x400Club	3:17.4	1970	NLI 1500	3:37.03	2018		NV DT	59.9 2016
MURDOCH, Robin			NLI Mile	3:52.98	2013		PERRIE-CLYDE, Steven	
NV 100y	10.0	1932	NLI Mile	3:52.91	2016		NLI 4x200Club	1:29.30 2015
NV 1MMedR	3:34.6	1932	O'REILLY, Thomas				NVI 4x200Club	1:29.30 2015
MURDOCH, W.C.W.			NL 3000S	9:12.2	1960		PETTIGREW, Alan	
NV 1MMedR	3:32.9	1938	NV 3000S	9:12.2	1960		NV Scots HT	39.58 1987
MURPHY, Andrew			ORR, Callum				NL Scots HT	39.58 1987
NVI Hep	5,402	2017	NLI Oct	5,800	1989		AC Scots HT	39.58 1987
MURRAY, Fergus			NVI Oct	5,800	1989		PIGGOT, Leslie	
NL 3M	13:25.4	1965	ACI Oct	5,800	1989		NL 100y	9.7 1967
NL 3M	13:19.0	1965	OSWALD, Ryan				NL 4x100	40.5 1970
NL 4M	18:57.8	1965	NLI 200	21.25	2014		NL 4x100	40.0 1970
NL 5M	23:49.8	1965	LOUDNEY, Graeme				NL 4x100	39.8 1974
NL 6M	28:33.4	1965	NLI 4x400	3:16.40	2009		NV 75y	7.6 1964
NV 3M	13:25.4	1965	PARSONS, Geoff				NV 100y	9.8 1964
NV 4M	18:57.8	1965	NL HJ	2.20	1982		NV 100y	9.8 1966
NV 5M	23:49.8	1965	NL HJ	2.21	1982		NV 100y	9.7 1967
NV 6M	28:33.4	1965	NL HJ	2.26	1984		NV 100	10.4 1974
AC 3M	13:25.4	1965	NL HJ	2.28	1986		NV 100	10.3 1974
AC 4M	18:57.8	1965	NL HJ	2.28	1986		NV 4x100	41.3 1970
AC 5M	23:49.8	1965	NL HJ	2.28	1986		AC 75y	7.6 1964
AC 6M	28:33.4	1965	NL HJ	2.28	1988		AC 100	10.3 1974
MURRAY, R.G.			NL HJ	2.28	1989		AC 4x110y	41.7 1965
NV HJ	6'0½	1904	NL HJ	2.29	1990		PLENDERLEITH, Grant	
NICOLSON, Tom			NL HJ	2.30	1990		NL 4x400	3:03.94 2014
NV SP	44'0	1903	NL HJ	2.31	1994		NV 4x400	3:03.94 2014
NV HT	127'1	1902	NLI HJ	2.30	1986		POLLARD, George	
NV HT	140'10	1903	PARSONS, John				NV 3M	15:16.6 1892
NV HT	147'9½	1903	NV HJ	6'0	1884		QUARRY, Jamie	
							NL 110H	14.1 1994

NL	Dec	7,610	1994	NLI	LJ	7.40	1996	ROSS, D			
NL	Dec	7,739	1999	NLI	LJ	7.48	1996	NV	Scots HT	104'6	1895
NLI	Hep	5,453	1994	NLI	LJ	7.53	1999	AC	Scots HT	104'6	1895
NLI	Hep	5,593	1997	NLI	LJ	7.58	1999	RUND, Brett			
NLI	Hep	5,640	1999	NLI	LJ	7.68	1999	NV	4x400Club	3:11.60	2005
QUINN, Richard				NLI	LJ	7.81	1999	SCOTT, Allan			
NL	1MW	6:45.6	1910	NVI	LJ	7.40	1996	NV	110H	13.97	2004
NL	1½MW	10:21.2	1910	NVI	LJ	7.48	1996	NV	110H	13.82	2007
NV	1MW	6:58.2	1908	NVI	LJ	7.53	1999	NLI	60H	7.59	2005
NV	1MW	6:45.6	1910	NVI	LJ	7.58	1999	NLI	60H	7.58	2005
NV	1½MW	10:21.2	1910	NVI	LJ	7.68	1999	NLI	60H	7.52	2008
NV	2MW	14:49.2	1906	NVI	LJ	7.81	1999	NVI	60H	7.78	2003
NV	2MW	14:46.2	1907	RITCHIE, Stephen				NVI	60H	7.74	2004
NV	2MW	14:28.0	1909	NV	HJ	2.18	1989	NVI	60H	7.71	2005
NV	2MW	14:21.6	1911	ROBERTSON, Arthur				NVI	60H	7.65	2005
NV	3MW	23:01.4	1906	NV	1½M	6:48.4	1909	NVI	60H	7.52	2008
NV	3MW	22:31.6	1907	NV	4M	19:45.2	1908	SEVERIN, Colin			
NV	3MW	21:50.6	1909	AC	1½M	6:48.4	1909	NVI	4x200	1:30.93	2005
AC	1½MW	10:21.2	1910	ROBERTSON, Hamish				SHARP, Cameron			
AC	2MW	14:49.2	1906	NL	LJ	23'8	1966	NL	4x100	39.24	1978
AC	2MW	14:46.2	1907	NL	LJ	23'9¼	1967	NV	4x100	40.9	1976
AC	3MW	23:01.4	1906	NL	TJ	48'3	1965	NV	4x100	39.94	1981
AC	3MW	22:31.6	1907	NL	TJ	49'4½	1966	NV	4x100	39.59	1983
QUINN, Robert				NL	TJ	15.27	1972	SMITH, Alexander			
NV	4x110y	43.4	1957	NV	LJ	23'8	1966	NL	56lbWtD	36' 2½	1933
RAE, Ronald				NV	LJ	23'9¼	1967	NV	DT	126'0	1926
NV	4x440y	3:22.5	1962	NV	TJ	48'3	1965	NV	DT	130'7½	1931
REID, Frederick				NV	TJ	48'4¼	1970	NV	DT	135'7½	1934
NV	1MMedR	3:37.0	1929	NV	TJ	15.27	1972	NV	56lbWtD	32'9	1926
RIACH, Fraser				NV	MileMedR	3:28.9	1965	NV	56lbWtD	33'1	1927
NV	JT	187'8½	1953	ROBERTSON, I. M.				NV	56lbWtD	35'1½	1929
NV	JT	193'10	1953	NV	MilrMedR	3:40.0	1922	NV	56lbWtD	36'2½	1933
NV	JT	195'5½	1953	ROBERTSON, Kris				AC	DT	135'7½	1934
RIDDELL, Gary				NL	4x400	3:03.94	2014	AC	56lbWtD	32-9	1926
NL	3x800Club	5:47.35	1994	NV	4x400	3:03.94	2014	AC	56lbWtD	33-1	1927
NV	3x800Club	5:47.35	1994	NLI	4x400	3:16.40	2009	AC	56lbWtD	35-1½	1929
AC	3x800Club	5:47.35	1994	ROBERTSON, Robert				AC	56lbWtD	36-2½	1933
RIDDELL, Thomas				NV	LJ	23'4½	1934	SMITH, Allan			
NV	1000y	2:14.6	1934	ROBERTSON, William (1)				NVI	HJ	2.22	2013
NV	¾M	3:10.0	1929	NV	1M	4:27.2	1896	NVI	HJ	2.23	2013
NV	¾M	3:06.2	1932	NV	3M	14:57.2	1897	NVI	HJ	2.25	2015
NV	Mile	4:21.0	1930	ROBERTSON, William (2)				SMITH, David			
NV	Mile	4:18.0	1931	NL	4x400Club	3:17.4	1970	NV	HJ	2.22	2014
NV	Mile	4:15.0	1933	NV	4x400Club	3:17.4	1970	NVI	HJ	2.24	2014
NV	1½M	6:41.6	1935	NV	MileMedR	3:28.9	1965	NVI	HJ	2.25	2015
NV	1½M	6:36.5	1935	NV	MileMedR	3:26.8	1966	SMITH, John Suttie			
AC	1½M	6:41.6	1935	ROBERTSON-ADAMS, Charles				NV	3M	14:41.2	1932
AC	1½M	6:36.5	1935	NL	400H	50.43	1997	NV	7M	36:01.0	1929
RIDLEY, Keith				NL	400H	50.24	2001	NV	10M	51:37.8	1929
NL	4x400Club	3:12.6	1974	ROBSON, John				SMITH, N. M.			
RIMMER, Gordon				NL	1500	3:35.6	1978	NV	MileMedR	3:32.9	1938
NL	3000S	8:26.6	1980	NL	1500	3:33.83	1979	SMITH, Nicholas			
RITCHIE, Darren				NL	Mile	3:52.8	1979	NLI	60	6.60	2010
NL	LJ	7.86	1996	NL	3000	7:45.81	1984	NVI	60	6.70	2004
NL	LJ	7.88	2000	NV	1500	3:40.1	1978	NVI	60	6.66	2004
NL	LJ	7.93	2002	RODGER, James				NVI	60	6.66	2005
NL	LJ	7.95	2004	NV	1000y	2:20.4	1895	NVI	60	6.64	2008
NL	LJ	7.97	2004	NV	1000y	2:20.0	1895	NVI	60	6.63	2009
NL	LJ	8.01	2004	ROGERS, Jason				SOUTTER, James			
NV	LJ	7.80	2000	NVI	4x200	1:31.57	2003	NV	880y	1:58.4	1911

SPENCE, Lawrie				NV	10000	28:33.4	1970	NL	4x400	3:04.68	1990
NL	2000	5:12.8	1976	NV	10000	28:11.71	1970	NLI	1000	2:18.31	1993
NV	2000	5:20.8	1975	NV	7M	34:01.6	1966	NLI	Mile	4:01.75	1992
NV	2000	5:12.8	1976	NV	7M	33:55.0	1967	NLI	Mile	3:59.40	1992
STARK, Graham				NV	7M	33:31.0	1971	NLI	Mile	3:58.69	1993
NV	¾M	3:02.5	1959	NV	8M	38:55.6	1966	NLI	Mile	3:57.57	1993
NV	Mile	4:06.3	1959	NV	8M	38:51.6	1967	NLI	Mile	3:55.43	1994
STEEL, James				NV	8M	38:24.0	1971	STRANGE, Alasdair			
NL	4x440y	3:19.3	1963	NV	9M	43:50.8	1966	NLI	PV	5.15	2010
NV	4x440y	3:19.3	1963	NV	9M	43:50.0	1967	NLI	PV	5.16	2010
STEVENSON, David				NV	9M	43:14.0	1971	NLI	PV	5.16	2010
NL	PV	14'0½	1962	NV	10M	48:44.4	1966	NVI	PV	5.16	2010
NL	PV	15'1¼	1964	NV	10M	47:58.6	1971	STRONACH, Robert			
NL	PV	15'4	1966	NL	11M	54:27.2	1967	NV	120yH	16.2	1904
NV	PV	13'7½	1962	NV	11M	54:27.2	1967	NV	120yH	16.0	1904
NV	PV	14'0½	1962	NL	12M	59:29.0	1967	NV	120yH	16.0	1905
NV	PV	14'0½	1963	NV	12M	59:29.0	1967	NV	120yH	15.8	1905
NV	PV	14'3	1963	NV	1hr	12m 188y	1967	AC	120yH	16.2	1904
NV	PV	14'4	1964	NV	3000S	9:07.8	1965	AC	120yH	16.0	1904
NV	PV	15'1¼	1964	NV	3000S	8:59.0	1966	AC	120yH	16.0	1905
NV	PV	15'1¾	1964	NV	3000S	8:49.4	1966	AC	120yH	15.8	1905
NV	PV	15'4	1966	STEWART, Lachie				SUTHERLAND, Colin			
STEVENSON, Frank				AC	4M	18:38.2	1967	NL	DT	56.44	1976
NV	8M	41:15.0	1929	AC	5M	23:23.2	1967	SUTHERLAND, William			
NV	9M	46:30.0	1929	AC	6M	27:58.2	1967	NL	3000W	13:01.8 +	1971
STEWART, Cochrane				AC	10000	28:33.4	1970	NL	7MW	49:57.6	1969
NV	MileMedR	3:30.0	1962	AC	10000	28:11.8	1970	NL	10000W	45:27.8 +	1972
STEWART, Ian				AC	7M	33:55.0	1966	NL	50kW	4:38:39	1971
NL	1500	3:45.2	1970	AC	7M	33:31.0	1971	AC	3000W	13:01.8	1971
NL	3000	7:59.8	1970	AC	8M	38:51.0	1966	AC	10000W	45:27.8	1972
NL	5000	13:47.8	1970	AC	8M	38:24.0	1971	TAYLOR, Ricky			
NL	5000	13:22.8	1970	AC	9M	43:50.0	1966	NL	400H	52.1	1970
NL	10000	27:43.03	1977	AC	9M	43:14.0	1971	NL	4x400	3:12.5	1970
AC	1500	3:45.2	1970	AC	10M	48:44.4	1966	NL	4x400	3:09.0	1970
AC	Mile	3:57.4	1970	AC	10M	47:58.6	1971	NV	400	47.2	1970
AC	5000	13:47.8	1970	AC	1hr	12m 188y	1967	NV	400	52.1	1970
AC	5000	13:22.8	1970	STEWART, Peter				NV	4x100	41.3	1970
AC	10000	28:03.2	1977	NL	1500	3:40.6	1970	NV	4x400	3:12.5	1970
NLI	3000	7:50.0	1972	NL	1500	3:39.0	1970	NV	4x400	3:09.0	1970
STEWART, Lachie				NL	1500	3:38.2	1972	THOIRS, Jax			
NL	3000S	9:07.8	1965	NL	2M	8:26.8	1970	NL	PV	5.50	2013
NL	3000S	8:59.0	1966	NL	3000	7:55.8	1970	NV	PV	5.20	2013
NL	3000S	8:49.4	1966	NV	1500	3:40.6	1970	NV	PV	5.25	2013
NL	3000S	8:44.8	1966	NV	Mile	3:57.4	1970	NV	PV	5.35	2014
NL	4M	18:38.2	1967	NV	3000	8:10.6	1970	NV	PV	5.35	2014
NL	5M	23:23.2	1967	AC	Mile	3:57.4	1970	NV	PV	5.45	2014
NL	10000	28:33.4	1970	AC	3000	8:10.6	1970	NLI	PV	5.40	2014
NL	10000	28:11.8	1970	STODDART, James				NLI	PV	5.61	2014
NL	7M	34:01.6	1966	NVI	HJ	2.07	1989	NLI	PV	5.65	2015
NL	7M	33:31.0	1971	NVI	HJ	2.10	1989	NVI	PV	5.40	2014
NL	8M	38:51.0	1966	STODDART, Robert				NVI	PV	5.61	2014
NL	8M	38:24.0	1971	NV	4x440y	3:22.5	1962	NVI	PV	5.65	2015
NL	9M	43:50.0	1966	STONE, N.				TINDLE, Cameron			
NL	9M	43:14.0	1971	NV	MileMedR	3:34.6	1932	NLI	200	21.14	2016
NL	10M	48:44.4	1966	STOTHARD, Hamish				TURNBULL, Adam			
NL	1hr	12m 188y	1967	NV	880y	1:53.6	1935	NV	1000y	2:17.8	1909
NV	2M	8:33.0	1971	NV	1000y	2:13.3	1936	TURNBULL, Ian			
NV	4M	18:38.2	1967	AC	880y	1:53.6	1935	NL	4x100	40.5	1970
NV	5M	23:23.2	1967	AC	1000y	2:13.3	1936	NL	4x100	40.0	1970
NV	6M	27:58.2	1967	STRANG, David				TURNBULL, Neil			

NV	4x100Club	40.44	1989	NL	100	10.11	1980	WHITTON, Kenneth				
AC	4x100Club	40.44	1989	NL	200	20.21	1980	NV	SP	42'8	1885	
TURNER, Graeme				NL	4x100	39.24	1978	NV	Scots HT	100'5¾	1885	
NL	4x110y	42.3	1960	NL	4x100Club	41.4	1976	NV	Scots HT	103'0	1890	
NV	4x110y	42.9	1958	NL	4x100Club	41.2	1976	AC	SP	42'8	1885	
NV	4x110y	42.6	1959	NL	4x100Club	41.0	1976	AC	Scots HT	100'5¾	1885	
NV	4x110y	42.6	1960	NL	4x100Club	40.19	1988	AC	Scots HT	103'0	1890	
VALENTINE, Alex				NV	100	10.2/10.15	1978	WIGHTMAN, Jake				
NL	Scots HT	123'7	1962	NV	200	20.7/20.70	1978	NL	1000	2:16.27	2018	
NL	Scots HT	124'2	1966	NV	200	20.4	1979	WILLIAMSON, Graham				
NV	Scots HT	120'7	1951	NV	200	20.4	1980	NL	800	1:45.6	1983	
NV	Scots HT	121'10	1951	NV	4x100Club	41.9	1976	NL	1000	2:18.72	1982	
NV	Scots HT	123'7	1962	NV	4x100Club	41.4	1976	NL	1000	2:16.82	1984	
NV	Scots HT	124'2	1966	NV	4x100	40.9	1976	NL	1500	3:34.01	1983	
NV	Scots HT	38.10	1974	NV	4x100	39.94	1981	NL	Mile	3:50.64	1982	
VALENTINE, Alex				NV	4x100	39.59	1983	NL	2000	4:58.38	1983	
AC	Scots HT	120-7	1951	NV	4x400Club	3:16.7	1975	NV	1000	2:16.82	1984	
AC	Scots HT	121-10	1951	AC	100	10.2/10.15	1978	NV	1500	3:37.7	1982	
AC	Scots HT	123-7	1962	AC	4x100Club	41.4	1976	NV	1500	3:37.1	1983	
AC	Scots HT	124-2	1966	WELSH, Hugh				WILSON, David				
AC	Scots HT	38.10	1974	NV	880y	1:59.4	1899	NV	Mile	3:52.66	1982	
VALLANCE, Tom				NV	Mile	4:24.2	1897	NV	Mile	3:52.01	1983	
NV	LJ	21'11	1881	NV	Mile	4:23¾	1898	AC	1000	2:16.82	1984	
AC	LJ	21'11	1881	WELSH, William				AC	Mile	3:52.66	1982	
WALKER, David				NV	440y	50.6	1901	NLI	1500	3:38.28	1982	
NL	LJ	24'2½	1967	WENK, John				WILLIAMSON, Richard				
NL	LJ	24'6	1968	NL	880y	1:49.3	1961	NL	PV	4.88	1978	
NL	LJ	7.67	1968	NL	1000	2:23.3	1961	NV	PV	4.88	1977	
NL	4x400	3:12.5	1970	WHITE, Graham				WILSON, David				
NL	4x400	3:09.0	1970	NL	3000W	13:00.02	1984	NL	110H	14.3	1972	
NV	LJ	24'2½	1967	NL	3000W	12:54.9	1985	NL	110H	14.1	1972	
NV	LJ	24'6	1968	NL	10000W	44:30.00	1983	NL	110H	13.9	1974	
NV	4x400	3:12.5	1970	NL	30kW	2:26:27	1994	NV	110H	14.3	1972	
NV	4x400	3:09.0	1970	NL	50kW	4:29:41	1995	NV	110H	14.1	1972	
AC	LJ	24'2½	1967	NL	50kW	4:14:59	1995	NV	110H	14.48	1977	
AC	LJ	24'6	1968	NL	50kW	4:13:18	1998	WILSON, James				
NLI	LJ	7.38	1970	NV	3000W	13:00.02	1984	NV	5M	25:26.8	1920	
WALKER, Douglas				NV	10000W	44:30.00	1983	NV	6M	30:45.0	1920	
NV	200	20.67	1996	NV	20kW	1:31:02	1983	NV	7M	36:07.6	1920	
WALKER, Jack				WHITELOCK, Ronald				NV	8M	41:29.6	1920	
NL	3x800	5:47.21	2012	NL	75y	7.7	1962	NV	9M	46:48.6	1920	
NV	3x800	5:47.21	2012	NL	4x110y	42.3	1960	NV	10M	52:04.4	1920	
AC	3x800	5:47.21	2012	NV	75y	7.7	1961	WILSON, John A.				
WALLACE, John				NV	75y	7.7	1962	NL	4x440y	3:19.3	1963	
NV	110H	14.38	1984	NV	100y	9.8	1957	NL	4x440y	3:19.1	1964	
WALLACE, Ronald				NV	4x110y	43.4	1957	NV	4x440y	3:19.3	1963	
NL	4x400Club	3:17.4	1970	NV	4x110y	42.6	1959	NV	4x440y	3:19.1	1964	
NV	4x400Club	3:17.4	1970	NV	4x110y	42.6	1960	WOOD, Alastair				
WALLACH, George				AC	75y	7.7	1961	NL	3M	13:39.8 y	1960	
NV	7M	36:42.2	1914	AC	75y	7.7	1962	NL	6M	28:42.8 y	1959	
NV	8M	42:13.2	1913	WHITTLE, Brian				NL	4M	19:01.6	1959	
NV	8M	42:04.4	1914	NL	4x400	3:04.68	1990	NL	5M	23:54.6	1959	
NV	9M	47:39.2	1913	NV	400	46.66	1985	NL	40M	3:49:49	1969	
NV	9M	47:32.0	1914	NV	400	46.64	1986	NV	3M	13:39.8	1960	
NV	10M	53:01.0	1913	NV	400	46.47	1989	NV	4M	19:01.6	1959	
NV	10M	52:48.6	1914	NV	400	46.30	1994	NV	5M	23:54.6	1959	
WARD, Robin				NLI	400	45.98	1988	NV	6M	29:10.2	1958	
NV	1600MedR	3:31.7	1950	NVI	400	47.03	1988	NV	6M	28:42.8	1959	
WELLS, Allan				NVI	400	46.52	1990	NV	15000	47:40.8	1970	
NL	100	10.2/10.15	1978					NV	20000	1:03:24.0	1970	
								NV	25000	1:19:16.6	1970	



NV	2hr	21m 21y	1969
NV	40M	3:49:49.0	1969
AC	4M	19:01.6	1959
AC	5M	23:54.6	1959
AC	6M	29:10.2	1958
AC	6M	28:42.8	1959
AC	15000	47:40.8	1970
AC	20000	63:24.0	1968
AC	25000	1:19:16.6	1970
AC	2hr	21m 21y	1970
AC	40M	3:49:49	1967
WOOD, Andrew			
NL	4x440y	3:18.6	1968
NL	4x400	3:12.5	1970
NL	4x400	3:09.0	1970
NL	MileMedR	3:23.1	1967
NL	1600MedR	3:23.7	1969
NV	440y	47.8	1968
NV	4x100	41.3	1970
NV	4x440y	3:18.6	1968
NV	4x400	3:12.5	1970
NV	4x400	3:09.0	1970
NV	MileMedR	3:26.6	1967
NV	1600MedR	3:23.7	1969
AC	4x100Club	42.0	1969
AC	1600Med	3:23.7	1969
WOOD, James			
NV	3M	14:44.2	1931
NV	5M	25:12.0	1932
NV	6M	30:34.0	1932
WRIGHT, Duncan			
NL	2hr	20m 908y	1933
NV	2hr	20m 908y	1933
NV	1hr	10m1037y	1933
WRIGHT, M.C.			
NV	150y	15.4	1886
AC	150y	15.4	1886
YOUNG, Anthony			
NLI	4x400	3:09.84	2014
NVI	4x400	3:09.84	2014
YOUNG, David			
NV	DT	136'10½	1937
NV	DT	153'8	1938
AC	DT	153'8	1938
YOUNG, Derrick			
NV	4x440y	3:22.5	1962
YOUNG, G			
NV	MileMedR	3:34.3	1936
YOUNG, Ian			
NV	100y	9.9	1935
YOUNGSON, Colin			
NV	20000	1:02:14.0	1978
AC	2000	1:02:14.0	1978

## WOMEN

AITKEN, Nan			
NV	1MMedR	4:42.6	1931
ALLAN, Fiona			
NLI	PV	2.40	1994
ANDERSON, Emma			
NV	LJ	17'10½	1949
NV	JT	105'9½	1951
ANDERSON, Mary			
NVI	200	25.04	1988
NVI	400	54.46	1989
NVI	SP	14.43	1987
ANDERSON, Pamela			
NV	TJ	12.55	1996
NLI	TJ	12.52	1996
NVI	TJ	12.52	1996
ARMSTRONG, Kirsty			
NLI	PV	2.90	1996
NLI	PV	2.90	1997
BAIN, Marjorie			
NL	80H	11.9	1960
NL	HJ	5' 3½	1960
NV	80H	12.0	1958
NV	80H	12.0	1960
NV	80H	11.9	1960
NV	HJ	5' 2½	1959
NV	HJ	5' 3½	1960
BAIRD, May			
NV	LJ	15' 7	1931
NV	LJ	16' 2½	1932
NV	LJ	16' 5	1932
NV	LJ	16' 11	1932
NV	LJ	17'5	1933
BARCLAY, Jacqueline			
NV	JT	49.24	1982
BARNETSON, Barbara			
NV	4x110y	52.6	1934
NV	4x110y	52.0	1936
BARNETSON, Jayne			
NL	HJ	1.88	1985
NL	HJ	1.91	1989
NL	Hep	5,606	1988
NL	Hep	5,803	1989
NV	HJ	1.91	1989
NLI	HJ	1.86	1989
NLI	Pen	3,915	1989
NVI	HJ	1.83	1989
NVI	Pen	3,915	1989
ACI	Pen	3,915	1989
BARR, Nicola			
NV	TJ	11.85	1992
NV	TJ	12.22	1992
NVI	TJ	11.16	1991
NVI	TJ	11.20	1991
NVI	TJ	11.50	1992
BARRASS, Ann			
NL	3000	9:48.8	1971
NL	3000	9:34.3	1972

NL	3000	9:33.0	1973
AC	3000	9:33.0	1973
BEATTIE, Avril			
NL	4x110y	47.7	1964
NL	4x100	47.5	1968
NV	400	55.6	1970
NV	400	55.4	1970
NV	400	55.1	1970
NV	400	54.8	1970
NV	4x110y	47.7	1964
NV	4x100	46.6	1970
NV	4x100	45.6	1970
NV	4x100Club	48.2	1971
AC	4x110y	47.7	1964
AC	4x100	46.6	1970
AC	4x100	45.6	1970
BEVAN, Susan			
NV	800	2:01.93	1991
BLAIR, Violet			
NV	1500	4:14.47	1983
BOND, Isabel			
NL	4x110y	50.0	1959
NL	1MMedR	4:27.2	1956
NL	1MMedR	4:17.9	1959
NV	100y	11.3	1957
NV	4x110y	50.0	1959
NV	1MMedR	4:27.2	1956
NV	1MMedR	4:17.9	1959
AC	1MMedR	4:27.2	1956
AC	1MMedR	4:17.9	1959
BOOTH, Joan			
NL	4x100	45.37	1986
NV	4x100	46.36	1993
AC	4x100Club	46.36	1993
BOWDEN, Wilma			
NV	440y	61.3	1953
BRANNEY, Sandra			
NV	Mar	2:37:29	1986
BRIDGEMAN, Angela			
NL	4x400	3:32.92	1982
BRODIE, Sylvia (see CLARK)			
BROWN, Donna			
NLI	4x200	1:39.17	1990
NVI	4x200	1:39.17	1990
BROWN, Marion			
NL	4x110y	50.0	1959
NV	4x110y	50.0	1959
BROWN, Patricia			
NL	400	57.5 y	1961
NL	4x100	48.1	1969
NL	4x400Club	3:46.4	1969
NL	4x400Club	3:44.1	1970
NL	1MMedR	4:00.7	1970
NV	400	57.5 y	1961
BROWN, Sandra			
NL	100H	14.7	1968
NL	Pen	4,104	1968
NL	4x100	48.1	1969

BUCHANAN/CRAIG, Georgena				NL	4x110y	48.7	1967	NL	400H	54.09	2016
NL 880y	2:18.2	1962		NL	4x220y	1:51.8	1965	NL	4x400	3:29.18	2018
NL 880y	2:16.2	1962		NL	4x220y	1:45.0	1966	NV	400H	54.39	2014
NL 880y	2:13.9	1963		NL	4x220y	1:42.9	1967	AC	400H	54.39	2014
NL 880y	2:13.7	1964		NV	440y	57.3	1967	NL	4x400	3:30.91	2010
NL 880y	2:13.1	1964		NV	80H	11.4	1967	NLI	400	52.06	2013
NL 880y	2:10.1	1965		NV	100H	14.7	1967	NLI	400	51.50	2013
NL 1M	5:08.4	1966		NV	100H	14.2	1970	NLI	400	51.45	2013
NV 880y	2:18.2	1962		NV	200H	28.7	1970	NLI	4x400	3:35.27	2014
NV 880y	2:16.2	1962		NV	200H	28.0	1970	NVI	400	52.88	2013
NV 880y	2:13.9	1963		NV	4x110y	48.7	1967	NVI	400	52.38	2018
NV 880y	2:13.1	1964		NV	4x220y	1:45.0	1966	NVI	4x400	3:35.27	2014
NV 800	2:08.7	1970		NV	4x220y	1:42.9	1967	CHRISTIE, Margaret			
NV 800	2:05.8	1970		AC	200H	28.7	1970	NV HJ	4' 11½	1936	
NV 1M	5:08.4	1966		AC	4x220y	1:45.0	1966	NV HJ	4' 11½	1937	
AC 880y	2:18.2	1962		AC	4x220y	1:42.9	1967	CLARK, Jean			
BURNS, I				CATHCART, Elizabeth				NL HT	47.54	1992	
NL 1MMedR	4:27.2	1956		NV HJ	4' 11½	1938		NL HT	50.34	1997	
NV 1MMedR	4:27.2	1956		CATTERMOLE, Sara-Jane				AC HT	47.10	1992	
AC 1MMedR	4:27.2	1956		NL 20kW	1:38:25	1999		CLARK/BRODIE, Sylvia			
BURNS, Sheila				NL 20kW	1:37:31	2000		NL JT	135' 1	1965	
NV 220y	25.8	1949		NL 20kW	1:36:40	2000		NL JT	136' 2	1967	
NV 4x110y	50.6	1950		CHARTERS/PAYNE, Rosemary				NL JT	137' 9 (41.99)	1967	
BURNSIDE, Susan				NV SP	36'11½	1959		NV JT	135'1	1965	
NL 4x400	3:31.50	2002		NV SP	37'8¼	1905		NV JT	136'2	1967	
NV 4x400Club	3:42.63	2003		NL SP	14.6	1972		NV JT	137'9	1967	
NLI 60	7.36	2003		NL SP	14.67	1974		NL JT	44.04	1973	
NLI 60	7.35	2003		NV SP	13.98	1972		NL JT	45.48	1974	
NVI 60	7.36	2003		NV SP	14.28	1972		NL JT	47.24	1974	
NVI 200	23.67	2003		NL DT	142' 6	1963		NV JT	44.04	1973	
BYER, Nathalie				NL DT	155' 11	1964		NV JT	45.48	1974	
NLI 60H	8.39	1983		NL DT	156' 3½	1965		NV JT	47.24	1974	
NLI 60H	8.39	1983		NL DT	163' 8½	1965		AC JT	135'1	1965	
NLI 60H	8.39	1983		NL DT	167' 1	1966		CLARK, Zoey			
CAMPBELL/SALMOND, Christine				NL DT	170' 2½	1969		NL 4x400	3:29.18	2018	
NL 100	11.6	1973		NL DT	171' 4	1969		NV 4x400	3:33.91	2014	
NL 4x110y	48.8	1965		NL DT	171' 4	1969		NLI 200	23.58	2018	
NV 100	11.8	1972		NL DT	180' 7 (55.04)	1970		NLI 4x400	3:35.27	2014	
NV 100	11.6	1973		NL DT	58.02	1972		NVI 200	23.58	2018	
NV 4x110y	48.8	1965		NV DT	142'6	1963		NVI 4x400	3:35.27	2014	
CAMPBELL, Lorraine				NV DT	152'1½	1964		CLARKSON/PURVIS, Anne			
NVI LJ	6.09	1988		NV DT	157'11	1968		NL 600	1:29.88	1982	
CAMPBELL/SPEEDMAN, Mary				NV DT	51.56	1970		NL 4x400Club	3:39.3	1974	
NL 1500	4:27.7	1969		NV DT	52.40	1970		NL 4x400	3:33.8	1981	
NL 4x110y	48.8	1965		NV DT	54.46	1970		NL 4x400	3:32.92	1982	
NL 1MMedR	4:05.8	1965		NV DT	57.02	1972		NV 800	2:02.28	1981	
NL 4x800	8:44.4	1971		AC DT	152' 1½	1964		NV 800	2:02.11	1985	
NV 4x110y	48.8	1965		AC DT	156' 3½	1965		NV 4x400Club	3:44.8	1974	
NV 1MMedR	4:05.8	1965		AC DT	157' 11	1968		NV 4x400	3:42.3	1980	
AC 1MMedR	4:05.8	1965		AC DT	169' 9 (51.76)	1970		NV 4x400	3:41.86	1981	
CANDLISH, Carol				CHERRY, Helen				CLARKSON, Lesley			
NV 4x400	3:41.86	1981		NL 1M	05:08.4	1963		NV 4x400	3:41.45	2001	
CARMICHAEL, Moira				NV 1M	05:08.4	1963		COCHRANE, Kathreen			
NV 4x110y	51.8	1949		AC 1M	05:08.4	1963		NV 220y	27.8	1931	
CARRUTHERS, Lindy				CHILD/DOYLE, Eilidh				CONNARTY, Nancy			
NL 80H	11.4	1967		NL 400H	55.17	2010		NL 4x220y	1:51.8	1965	
NL 100H	14.7	1967		NL 400H	55.16	2010		COOKE, Gillian			
NL 100H	14.2	1970		NL 400H	54.96	2012		NV PV	3.80	2002	
NL 200H	28.7	1970		NL 400H	54.93	2013		NV PV	3.80	2002	
NL 200H	28.0	1970		NL 400H	54.22	2013		NV PV	3.80	2002	

NV	PV	3.90	2002	NLI	4x200Club	1:40.95	2017	GIRVIN, Ruth			
NV	TJ	12.56	2006	NVI	4x200Club	1:40.95	2017	NLI	4x200	1:39.17	1990
NLI	LJ	6.32	2006	DOYLE, Eilidh				NVI	4x200	1:39.17	1990
NLI	LJ	6.32	2007	(See CHILD)				GOLDEN, Helen			
NLI	LJ	6.33	2007	DRUMMOND, Aileen				NL	100	11.9	1969
NLI	LJ	6.43	2008	NV	1M	5:35.0	1953	NL	100	11.9	1969
NVI	PV	3.60	2002	DUDGEON, Sinead				NL	100	11.9	1970
NVI	LJ	6.32	2007	NL	400H	57.01	1999	NL	100	11.8	1970
COOMBER, Margaret				NL	400H	56.48	1999	NL	100	11.7	1970
(see MACSHERRY)				NL	400H	56.46	1999	NL	100	11.6	1970
CRAIG, Georgena				NL	400H	55.3	1999	NL	100	11.2	1974
(see BUCHANAN, Georgena)				NL	400H	55.24	1999	NL	100	11.2	1974
CROSS, Aline				NL	4x400	3:31.50	2002	NL	100	11.40	1974
NV	HT	36.26	1993	NV	400	52.78	2000	NL	200	23.9	1969
CUNNINGHAM, Joan				NV	400H	56.48	1999	NL	200	23.7	1970
NV	4x110y	52.6	1934	NV	4x400Club	3:42.63	2003	NL	200	23.7	1970
NV	4x110y	52.0	1936	NLI	400	52.47	2001	NL	200	23.6	1972
CURBISHLEY, Allison				DUGAN, Alice				NL	200	23.1	1973
NL	400	50.85	1997	NV	4x110y	54.0	1931	NL	200	23.0	1974
NL	400	50.78	1997	EASTON/MARSHALL, Carey				NL	200	23.14	1973
NL	400	50.77	1998	NL	4x400	3:31.50	2002	NL	4x100	48.1	1969
NL	400	50.73	1998	NV	4x400	3:41.45	2001	NL	4x100	45.2	1970
NL	400	50.71	1998	NV	4x400Club	3:42.63	2003	NL	4x200	1:36.7	1970
AC	400	50.73	1998	EVANS, Kathryn				NL	4x400	3:35.2	1974
DAVIS, Mary				NL	4x400	3:30.91	2010	NL	1MMedR	4:00.7	1970
NV	SP	33'11	1951	EVERETT, Andrea				NV	100	11.9	1970
NV	DT	107'1	1952	NV	1M	4:46.95	1981	NV	100	11.8	1970
DAWSON, J.M.				FITZGERALD, Katie				NV	100	11.7	1972
NV	4x110y	52.6	1934	NLI	PV	2.35	1994	NV	100	11.5	1976
NV	4x110y	52.0	1936	ACI	PV	2.35	1994	NV	200	24.3	1970
DEAS, Jean				FULLELOVE, Alyssa				NV	200	24.0	1970
NV	DT	110'7½	1955	NVI	60H	8.52	2006	NV	200	23.9	1972
DEUCHARS/RONALD, Alison				GARDEN, Catherine				NV	200	23.7	1972
NV	PV	2.81	1997	NL	HT	49.86	1997	NV	200	23.7	1973
NLI	PV	2.65	1996	NL	HT	50.28	1997	NV	200	23.1 (23.14)	1973
NVI	PV	2.65	1996	NL	HT	50.52	1997	NV	4x100	48.2	1972
NVI	PV	2.75	1997	NL	HT	50.66	1998	NV	4x100	46.7	1972
NVI	PV	2.76	1997	NL	HT	50.69	1998	NV	4x100	45.4	1970
NVI	PV	2.85	1998	NL	HT	52.52	1998	AC	100	11.8	1970
DEVINE, Margaret				NL	HT	52.57	1998	AC	4x100	46.6	1970
NV	SP	27'1	1935	NL	HT	53.37	1998	AC	4x100	45.6	1970
NV	SP	28'9	1936	NL	HT	54.03	1999	AC	4x100	46.6	1970
DEVINE, Patricia				NV	HT	46.66	1996	AC	4x100	45.6	1970
NV	220y	25.1	1954	NV	HT	49.00	1997	GRAHAM, Vida			
NV	LJ	17' 11	1955	NV	HT	49.86	1997	NV	HJ	4' 9½	1934
AC	220y	25.1	1954	NV	HT	50.28	1997	GRAY, Marjorie			
DIVINE, Patricia				NV	HT	50.52	1997	NV	HJ	4' 11	1936
NV	4x100	46.36	1993	NV	HT	50.66	1998	GREIG, Laura			
AC	4x100Club	46.36	1993	NV	HT	50.69	1998	NV	100y	11.6	1931
DOBBIE, Sheena				NV	HT	50.86	1998	NV	4x110y	54.0	1931
NV	220y	26.9	1935	NV	HT	52.38	1998	HAMBROOK, Karen			
DOBBIN, Beth				GAULD, Louise				NL	TJ	12.89	1992
NL	200	22.84	2018	NVI	PV	2.90	1998	AC	TJ	12.79	1992
NL	200	22.83	2018	NVI	PV	3.01	1998	NLI	TJ	12.08	1991
NL	200	22.75	2018	NVI	PV	3.10	1999	NLI	TJ	12.26	1991
NL	200	22.59	2018	NVI	PV	3.10	2000	NLI	TJ	12.30	1993
DOUGLAS, Elaine				NVI	PV	3.20	2000	NLI	TJ	12.49	1993
NL	4x400Club	3:39.3	1974	NVI	PV	3.30	2000	NLI	TJ	12.49	1996
NV	4x400Club	3:44.8	1974	NVI	PV	3.35	2000	NLI	TJ	12.64	1997
DOWNIE, Stacey				NVI	PV	3.40	2000	HARLEY, Ann			

NV	4x400	3:42.3	1980	IRVING, Ruth			KENNEDY, Isabel				
HARPER, Alison				NLI	LJ	6.27	2003	NV	SP	25' 5	1931
NV	80yH	12.2	1935	NLI	TJ	12.64	2002	NV	SP	25' 8	1933
NV	80yH	12.1	1936	NVI	LJ	6.27	2003	KENNEDY, Isabell			
NV	80yH	11.9	1936	JACKSON, Cathie				NL	1MMedR	4:39.0	1932
HASKETT, Christine				NV	1MMedR	4:42.6	1931	NV	1MMedR	4:39.0	1932
NL	1M	4:49.4	1971	JACKSON, Lorna				AC	1MMedR	4:39.0	1932
NL	3000	9:40.6	1972	NL	JT	57.19	2000	KERR, Gillian			
NL	3000	9:31.8	1974	NV	JT	54.62	1994	NL	TJ	12.98	2006
NL	4x800	8:44.4	1971	NV	JT	55.68	1996	NL	TJ	13.25	2007
NV	1500	4:42.3	1970	NV	JT	55.79	1998	NV	TJ	12.55	2006
NV	1500	4:40.9	1970	NV	JT	56.00	1999	NLI	TJ	12.72	2007
NV	1500	4:30.8	1970	AC	JT	56.00	1999	NLI	TJ	12.85	2007
NV	1500	4:23.8	1970	JAKISA, Sharon				NLI	TJ	12.87	2007
NV	1500	4:21.6	1975	NLI	4x200Club	1:41.28	2016	NVI	TJ	12.56	2007
NV	3000	10:06.4	1971	NVI	4x200Club	1:41.28	2016	NVI	TJ	12.72	2007
NV	3000	9:40.6	1972	JAMIESON/STEVENSON, Alix				NVI	TJ	12.85	2007
NV	3000	9:36.0	1974	NL	80H	11.8	1964	NVI	TJ	12.87	2007
NV	3000	9:24.6	1975	NL	80H	11.5	1964	KERR, Moira			
HAY, Elspeth				NL	LJ	18' 2	1959	NL	SP	40' 11	1963
NV	200	25.5 y	1952	NL	LJ	18' 4	1962	NL	SP	43' 4½	1964
HENDERSON, Annie				NL	LJ	20'0¾	1964	NL	SP	43' 8	1966
NV	SP	25'10	1934	NL	Pen	4,024	1960	NL	SP	44' 9¼	1966
HENDERSON, I				NL	4x110y	47.7	1964	NV	SP	40'11	1963
NL	1MMedR	4:33.5	1952	NV	80H	12.0	1960	NV	SP	43'4½	1964
NV	1MMedR	4:33.5	1952	NV	80H	11.5	1905	NV	SP	43'8	1966
AC	1MMedR	4:33.5	1952	NV	LJ	18' 1½	1959	NV	SP	44'9¼	1966
HERMAN, Anna				NV	LJ	18' 2	1959	AC	SP	43' 4½	1964
NL	880y	2:20.4	1957	NV	LJ	18' 4	1962	KINGHAM, Siobhan			
NV	440y	58.3	1955	NV	LJ	19' 4	1962	NLI	4x200Club	1:40.95	2017
NV	880y	2:21.5	1957	NV	LJ	19' 11¾	1968	NVI	4x200Club	1:40.95	2017
NV	880y	2:20.4	1957	NV	LJ	6.22	1970	KINNIBURGH, Minnie			
NV	4x110	50.6	1950	NV	LJ	6.27	1970	NL	1MMedR	4:39.0	1932
HERRIOT, Elizabeth				NV	Pen	3,591	1958	NV	1MMedR	4:39.0	1932
NV	4x110y	53.0	1932	NV	Pen	3,854	1959	AC	1MMedR	4:39.0	1932
HIGGINS/SIMPSON, Allison				NV	Pen	4,024	1960	KIRBY, Jocelyn			
NL	2000S	7:01.74	2001	NV	4x110y	47.7	1964	NVI	60H	8.67	1989
NL	3000S	10:55.70	2001	AC	LJ	19'11¾	1968	NVI	60H	8.62	1989
NL	3000S	10:36.91	2007	AC	LJ	6.22	1970	NVI	60H	8.52	1990
NV	2000S	7:01.74	2001	AC	4x110y	47.7	1964	LAMBERT, Chloe			
NV	3000S	10:55.70	2001	JEFFREY, Kaye				NLI	4x200Club	1:41.28	2016
AC	2000S	7:01.74	2001	NV	100	11.51	1983	NVI	4x200Club	1:41.28	2016
HOGG, Kim				NLI	60	7.56	1988	LARBY, Verity			
NL	4x100	45.37	1986	NLI	60	7.56	1988	NL	5000W	23:46.68	1905
HOOD, Nicola				NVI	60	7.56	1988	NL	5000W	23:41.17	1992
NL	3000S	10:33.71	2008	NVI	60	7.56	1988	NL	5000W	23:26.6	1993
NV	3000S	10:33.71	2008	JOHNSON, Constance				NL	10000W	47:10.7	1993
NV	2000S	6:54.00	2009	NL	1MMedR	4:39.0	1932	NL	3000W	13:49.3	1992
HOUSTON, H				NV	880y	2:25.6	1931	NL	10kW	47:01:00	1993
NL	1MMedR	4:33.5	1952	NV	880y	2:24.2	1932	NL	20kW	1:54:15	1996
NV	1MMedR	4:33.5	1952	NV	1MMedR	4:39.0	1932	NL	3000W	13:16.2	1996
AC	1MMedR	4:33.5	1952	AC	1MMedR	4:39.0	1932	NL	5000W	23:22.52	1994
HUTCHESON, Karen				JOHNSTON, Patricia				NL	3000W	13:32.9	1995
NVI	800	2:06.32	1989	NL	4x110y	48.8	1965	NL	10kW	46:06:00	1994
NVI	1500	4:13.52	1989	NL	1MMedR	4:05.8	1965	NLI	3000W	14:12.5	1990
ACI	1500	4:13.52	1989	NV	4x110y	48.8	1965	NLI	3000W	13:53.3	1991
INWOOD, Isobel				NV	1MMedR	4:05.8	1965	NLI	3000W	13:50.8	1991
NL	1MMedR	4:05.8	1965	AC	1MMedR	4:05.8	1965	NLI	3000W	13:31.3	1993
NV	1MMedR	4:05.8	1965	KENNEDY, F				LINDSAY, Emma			
AC	1MMedR	4:05.8	1965	NV	4x110y	51.8	1949	NV	4x100	46.36	1993

AC	4x100Club	46.36	1993	NV	400	52.8	1980	NVI	PV	3.60	2002
NLI	Pen	3,957	1996	NV	4x400	3:42.3	1980	NVI	PV	3.70	2002
NVI	Pen	3,957	1996	NLI	200	24.20	1982	NVI	PV	3.70	2003
ACI	Pen	3,957	1996	NLI	4x200	1:39.17	1990	NVI	PV	3.80	2003
LITHGOW, Kathleen				NVI	4x200	1:39.17	1990	NVI	PV	3.80	2004
NV	4x100	45.50	1988	MACDOUGALL, Lynne				NVI	PV	3.90	2004
LITTLEJOHN, Anne				NL	1M	4:30.08	1984	NVI	PV	3.91	2004
NL	4x400Club	3:39.3	1974	NV	1500	4:16.2	1982	NVI	PV	4.01	2004
NV	4x400Club	3:44.8	1974	NV	5000	15:51.7	1997	NVI	PV	4.02	2007
NV	400	54.6	1974	AC	5000	15:51.7	1997	NVI	PV	4.05	2007
NV	400	54.5	1975	MACKENZIE, Liliás				NVI	PV	4.15	2007
LIVINGSTON, Rona				NV	80yH	12.6	1932	MAGUIRE, Moira			
NV	4x400	3:42.3	1980	NV	80yH	12.2	1933	(see WALLS)			
LOW, Jane				NV	80yH	12.2	1934	MALONE, Sarah			
NV	HT	37.72	1993	NV	4x110y	54.0	1931	NLI	4x200Club	1:40.95	2017
NV	HT	39.56	1993	MACKENZIE, Margaret				NVI	4x200Club	1:40.95	2017
NVI	60H	8.80	1988	NV	JT	83'10	1933	MANSON, Nikki			
LOWE, Janet				NV	JT	85'6	1934	NLI	HJ	1.90	2018
NV	100y	11.1	1963	NV	4x110y	53.0	1932	NVI	HJ	1.85	2018
LYALL, Barbara				MACMILLAN, Olive				NVI	HJ	1.90	2018
NL	400	54.1	1970	NV	80mH	13.8	1938	MARSHALL, Carey			
NL	4x400Club	3:46.4	1969	NV	80mH	13.4	1939	(see EASTON)			
NL	4x400Club	3:44.1	1970	MACPHERSON, Elspeth				MARSHALL, Gail			
NL	4x200	1:36.7	1970	NL	4x110y	48.7	1967	NL	PV	2.70	1994
NL	1MMedR	4:00.7	1970	NL	4x220y	1:51.8	1965	NV	PV	2.50	1994
NL	4x800	8:44.4	1971	NL	4x220y	1:45.0	1966	NV	PV	2.80	1995
LYNCH/McCOLGAN, Elizabeth				NL	4x220y	1:42.9	1967	NLI	PV	2.35	1994
NL	3000	8:46.53	1986	NV	4x110y	48.7	1967	NLI	PV	2.55	1994
NL	5000	15:01.8	1987	NV	4x220y	1:45.0	1966	NLI	PV	2.60	1995
NL	10000	33:19.14	1985	NV	4x220y	1:42.9	1967	NVI	PV	2.35	1994
NL	10000	32:59.59	1986	AC	4x220y	1:45.0	1966	NVI	PV	2.60	1995
NL	10000	31:41.42	1986	AC	4x220y	1:42.9	1967	ACI	PV	2.35	1994
NL	10000	31:19.82	1987	MACRITCHIE, Alison				MARSHALL, Sandra			
NL	10000	31:06.99	1988	(see ROBB)				NL	4x110y	50.0	1959
NL	10000	30:57.07	1991	MACSHERRY/COOMBER, Margaret				NL	1MMedR	4:17.9	1959
NL	Mar	2:27:32	1991	NL	1500	4:22.4	1970	NV	4x110y	50.0	1959
NL	Mar	2:26:52	1997	NL	4x400	3:35.2	1974	NV	1MMedR	4:17.9	1959
NV	3000	9:01.12	1986	NL	4x800	8:44.4	1971	AC	1MMedR	4:17.9	1959
NV	3000	8:44.93	1989	NV	600	1:30.5	1976	MASSIE, Lilian			
NV	10000	31:41.42	1986	MAGUIRE, Kirsty				NV	HJ	4' 10	1935
AC	10000	31:41.42	1986	NL	PV	3.95	2003	MCASLAN, Kirsten			
NLI	1M	4:35.06	1986	NL	PV	3.95	2004	NL	4x400	3:29.18	2018
NLI	3000	8:34.80	1989	NL	PV	4.00	2005	NV	4x400	3:33.91	2014
NLI	5000	15:03.17	1992	NL	PV	4.05	2007	MCCANN, Hilda			
NVI	3000	8:54.81	1989	NV	PV	3.60	2001	NL	SP	38' 7¼	1960
ACI	3000	8:54.81	1989	NV	PV	3.60	2002	NL	SP	40' 9	1962
MACAULAY, Fiona				NV	PV	3.91	2005	NL	DT	131' 9½	1962
NL	200H	27.7	1976	NLI	PV	3.9	2004	NV	SP	35'1	1959
NL	4x400	3:33.8	1981	NLI	PV	3.9	2004	NV	SP	38'7¾	1960
NV	200H	27.7	1976	NLI	PV	3.91	2004	NV	SP	38'10¼	196?
NV	400H	61.3	1975	NLI	PV	4.01	2004	NV	SP	40'9	1962
MACDONALD, Linsey				NLI	PV	4.02	2007	NV	DT	131'9½	1962
NL	300	36.46	1980	NLI	PV	4.10	2007	MCCLUNG, Mary			
NL	400	52.76	1979	NLI	PV	4.15	2007	NV	4x400	3:41.45	2001
NL	400	52.76	1979	NVI	PV	3.05	1999	MCCOLGAN, Eilish			
NL	400	52.63	1979	NVI	PV	3.10	1999	NL	5000	14:48.49	2017
NL	400	51.66	1980	NVI	PV	3.10	1999	NL	2000S	6:42.70	2008
NL	400	51.16	1980	NVI	PV	3.10	2000	NL	3000S	9:47.03	2011
NL	4x400	3:33.8	1981	NVI	PV	3.20	2000	NL	3000S	9:44.80	2011
NL	4x400	3:32.92	1982	NVI	PV	3.40	2001	NL	3000S	9:38.45	2012

NL	3000S	9:35.82	2013	MCMEEKIN/WHITTINGHAM, Christine	NVI	800	2:00.70	2016			
NV	3000S	9:44.69	2014	NL	1000	2:37.05	1986	NVI	800	1:59.69	2018
NV	3000S	9:44.65	2014	NV	800	2:05.45	1976	NVI	1500	4:05.37	2018
MCCOLGAN, Elizabeth (see LYNCH)				NV	1500	4:17.2	1979	MUNRO, Mary			
MCCONNELL, Lee				NV	1M	4:40.65	1982	NL	4x400Club	3:46.4	1969
NL	4x400	3:31.50	2002	MCMEEKIN, Evelyn				NL	4x400Club	3:44.1	1970
NL	4x400	3:30.91	2010	NL	4x400	3:35.2	1974	NL	4x400Club	3:39.3	1974
NV	400	52.41	2001	NV	400	54.6	1973	NV	4x400Club	3:50.7	1972
NV	400	52.16	2002	NV	800	2:04.3	1978	NV	4x400Club	3:44.8	1974
NV	400	51.58	2003	NV	800	2:02.6	1978	MURRAY-JESSEE, Alison			
NVI	HJ	1.83	1999	NV	1000	2:49.6	1980	NL	PV	2.90	1995
MCCRACKEN, Claire				MILLER, Anna				NL	PV	3.00	1995
NL	3000S	10:43.42	2005	NV	JT	65'10	1932	NL	PV	3.60	1996
NL	2000S	6:55.12	2005	MOFFAT, Betty				NL	PV	3.85	1998
MCCREADIE, Helen				NL	1MMedR	4:33.5	1952	NL	PV	3.95	1999
NV	HT	43.88	1994	NV	1MMedR	4:33.5	1952	NL	PV	3.95	1999
NV	HT	46.48	1995	AC	1MMedR	4:33.5	1952	NV	PV	2.81	1997
NV	HT	48.00	1996	MORDI, Nony				NV	PV	3.00	1997
NV	HT	48.32	1996	NL	TJ	13.10	2007	NV	PV	3.21	1997
MCDOWALL, Margaret				NL	TJ	13.22	2007	NV	PV	3.30	1997
NV	220y	25.8	1937	NL	TJ	13.47	2008	NV	PV	3.40	1997
MCGILL, Edith				NL	TJ	13.55	2008	NV	PV	3.40	1998
NV	HJ	4' 8	1931	NL	TJ	13.62	2008	NV	PV	3.60	2000
MCGILLIVARY, Aileen				NV	TJ	12.66	2006	NV	PV	3.60	2001
NV	4x100	46.36	1993	NV	TJ	12.81	2006	AC	PV	3.21	1997
NV	4x100	45.50	1988	NV	TJ	13.22	2007	AC	PV	3.30	1997
AC	4x100Club	46.36	1993	NLI	TJ	12.65	2007	NLI	PV	3.60	1998
NLI	60	7.52	1991	NLI	TJ	13.14	2008	NLI	PV	3.81	1997
NLI	60	7.43	1991	NLI	TJ	13.24	2008	NVI	PV	3.40	2001
NLI	60	7.39	1995	NLI	TJ	13.31	2009	NVI	PV	3.40	2001
NLI	60	7.36	1995	NLI	TJ	13.39	2009	NVI	PV	3.45	2001
NVI	60	7.52	1991	NLI	TJ	13.45	2009	NVI	PV	3.50	2001
NVI	60	7.43	1991	NVI	TJ	12.65	2007	NVI	PV	3.50	2001
NVI	60	7.39	1995	NVI	TJ	13.14	2008	NVI	PV	3.60	2001
NVI	200	24.59	1991	NVI	TJ	13.31	2009	MURRAY, Vera			
NVI	200	24.36	1991	NVI	TJ	13.39	2009	NL	1MW	8:43.8	1935
MCINNES, Elizabeth				NVI	TJ	13.45	2009	NV	1MW	8:43.8	1935
NV	DT	104'11¾	1951	MORGAN, M				MURRAY, Yvonne			
NV	JT	103'8	1950	NL	1MMedR	4:27.2	1956	NL	1500	4:05.36	1986
MCINTYRE, Gillian				NV	1MMedR	4:27.2	1956	NL	1500	4:04.55	1987
NLI	4x200	1:39.17	1990	AC	1MMedR	4:27.2	1956	NL	1500	4:01.20	1987
NVI	200	24.96	1990	MORISON, J				NL	1M	4:34.83	1984
NVI	4x200	1:39.17	1990	NV	4x110y	50.6	1950	NL	1M	4:30.25	1984
MCLEISH/WALLACE, Maureen				MOWAT, D				NL	1M	4:28.64	1985
NL	4x110y	47.7	1964	NV	4x110y	53.0	1932	NL	1M	4:23.08	1986
NL	4x110y	47.2	1967	MUIR, Laura				NL	1M	4:22.64	1994
NV	100y	11.0	1966	NL	1000	2:33.92	2018	NL	2000	5:29.58	1986
NV	4x110y	47.7	1964	NL	1500	4:00.07	2014	NL	2000	5:26.93	1994
NV	4x110y	47.2	1967	NL	1500	3:58.66	2015	NL	3000	8:58.54	1984
NV	4x100	48.2	1971	NL	1500	3:57.49	2016	NL	3000	8:56.01	1986
NV	4x200	1:40.2	1970	NL	1500	3:55.22	2016	NL	3000	8:29.02	1988
AC	4x100	46.6	1970	NL	1M	4:19.12	2016	NL	5000	15:50.54	1984
AC	4x110y	47.7	1964	NL	1M	4:18.03	2017	NL	5000	14:56.94	1995
AC	4x110y	47.2	1967	NL	5000	14:52.07	2017	NV	1500	4:15.1	1982
AC	4x100	46.6	1970	NLI	800	2:00.94	2014	NV	1500	4:08.86	1985
AC	4x200	1:40.2	1970	NLI	800	1:59.69	2018	NV	1500	4:03.38	1989
MCMMASTER, Elaine				NLI	1500	4:05.32	2014	NV	1M	4:34.83	1984
NL	100H	13.5	1980	NLI	1500	4:02.39	2017	NV	1M	4:28.64	1985
NV	100H	13.5	1980	NLI	3000	8:26.41	2017	NV	2000	5:26.93	1994
				NVI	800	2:00.94	2014	NV	3000	9:07.77	1982

NV	3000	9:04.14	1983	NUTTALL, Emma			PRICE, Christine				
NV	3000	8:55.32	1986	NLI	HJ	1.86	2014	NV	10000	35:02.33	1986
NV	3000	8:36.05	1991	NLI	HJ	1.88	2014	AC	10000	35:02.33	1986
NV	5000	15:52.55	1983	NVI	HJ	1.83	2011	PRINGLE, Joyce			
AC	3000	8:36.05	1991	OVENS, Hayley				NV	DT	85'6	1949
AC	5000	15:52.55	1983	NV	1000	2:43.90	2004	PRINGLE, Sheila			
NLI	800	2:04.01	1987	AC	1000	2:43.90	2004	NL	4x100	45.2	1970
NLI	1500	4:09.15	1987	NVI	800	2:04.38	2006	NL	4x200	1:36.7	1970
NLI	1M	4:32.00	1993	PATIENCE, Mhairi				NL	4x400Club	3:44.1	1970
NLI	2000	5:40.86	1993	NLI	4x200Club	1:41.28	2016	NV	4x100	48.2	1972
NEEF, Melanie				NVI	4x200Club	1:41.28	2016	NV	4x100	46.7	1972
NV	4x100	45.50	1988	PATON, Heather				NV	4x400Club	3:50.7	1972
NV	300	37.33	1994	NLI	60H	8.34	2017	PURVIS, Anne			
NLI	60	7.36	1995	NLI	60H	8.34	2018	(see CLARKSON)			
NVI	60	7.36	1995	NVI	60H	8.37	2017	RAMSAY, Diane			
NLI	200	24.16	1995	NVI	60H	8.34	2018	NV	4x400	3:33.91	2014
NLI	200	23.73	1995	PAXTON, Henrietta				NLI	4x200Club	1:41.28	2016
NLI	200	23.62	1996	NL	PV	4.06	2009	NLI	4x400	3:35.27	2014
NVI	200	24.16	1995	NL	PV	4.15	2009	NVI	4x200Club	1:41.28	2016
NVI	200	23.73	1995	NL	PV	4.15	2010	NVI	4x400	3:35.27	2014
NLI	400	53.85	1994	NL	PV	4.25	2010	RAVEN, Emma			
NLI	400	52.91	1994	NL	PV	4.35	2010	NL	2000S	6:29.58	2010
NLI	400	52.82	1995	NV	PV	4.06	2009	NV	2000S	6:29.58	2010
NLI	400	52.57	1995	NLI	PV	4.15	2010	NV	3000S	10:13.81	2010
NLI	400	52.50	1996	NLI	PV	4.22	2010	NV	3000S	10:05.92	2010
NVI	400	53.85	1994	NLI	PV	4.31	2010	REID, Alison			
NVI	400	52.91	1994	PAYNE, Rosemary				NL	4x400	3:33.8	1981
NEILSON, Janis				(see CHARTERS)				NV	4x400	3:41.86	1981
NL	4x100	45.37	1986	PENNET, Catriona				REID, Claire			
NV	4x100	45.50	1988	NV	4x400Club	3:42.63	2003	NVI	60H	8.68	1989
NEILSON, Winifred				PENNYCOOK, Patricia				REILLY, Anne			
NV	4x110y	54.0	1931	NL	4x110y	48.7	1967	NL	1MMedR	4:27.2	1956
NICCOL, Moira				NL	4x100	47.5	1968	NL	1MMedR	4:17.9	1959
NV	100H	14.7	1970	NL	4x110y	47.2	1967	NV	1MMedR	4:27.2	1956
NV	100H	14.4	1970	NL	4x220y	1:42.9	1967	NV	1MMedR	4:17.9	1959
NICOL, Gemma				NV	110y	11.0	1968	AC	1MMedR	4:27.2	1956
NL	4x400	3:30.91	2010	NV	4x110y	48.7	1967	AC	1MMedR	4:17.9	1959
NV	4x400	3:33.91	2014	NV	4x110y	47.2	1967	RINTOUL, Ruth			
NLI	4x400	3:35.27	2014	NV	4x100	48.4	1970	NL	4x110y	48.7	1967
NVI	4x400	3:35.27	2014	NV	4x100	48.2	1971	NL	4x100	47.5	1968
NIMMO, Jade				NV	4x100	45.4	1970	NL	4x110y	47.2	1967
NL	LJ	6.47	2012	NV	4x220y	1:42.9	1967	NL	4x220y	1:45.0	1966
NIMMO, Myra				NV	4x200	1:40.2	1970	NL	4x220y	1:42.9	1967
NL	100H	14.0	1972	NV	4x200	1:40.2	1970	NV	220y	24.7	1967
NL	100H	14.0	1973	AC	4x110y	47.2	1967	NV	4x110y	48.7	1967
NL	100H	13.8	1974	AC	4x220y	1:42.9	1967	NV	4x110y	47.2	1967
NL	LJ	6.43	1973	PETRIE, Patricia				NV	4x220y	1:45.0	1966
NV	100H	14.0	1972	NL	4x110y	48.8	1965	NV	4x220y	1:42.9	1967
NV	100H	14.0	1973	NL	1MMedR	4:05.8	1965	AC	4x110y	47.2	1967
NV	100H	13.9	1974	NV	4x110y	48.8	1965	AC	4x220y	1:45.0	1966
NV	100H	13.8	1975	NV	1MMedR	4:05.8	1965	AC	4x220y	1:42.9	1967
NV	LJ	6.43	1973	AC	1MMedR	4:05.8	1965	RITCHIE, Margaret			
NLI	LJ	6.21	1976	PICKERING, Effie				NL	SP	16.4	1978
NISBET, Jayne				NL	1MMedR	4:39.0	1932	NL	SP	16.6	1980
NL	TJ	13.01	2007	NV	1MMedR	4:39.0	1932	NL	SP	16.84	1980
NV	TJ	13.01	2007	AC	1MMedR	4:39.0	1932	NL	SP	17.37	1981
NLI	HJ	1.87	2014	PLENDERLEITH, S				NL	SP	17.4	1981
NVI	TJ	12.57	2007	NL	1MMedR	4:33.5	1952	NL	SP	17.47	1982
NIXON, Fay				NV	1MMedR	4:33.5	1952	NL	SP	18.99	1983
NV	300	38.6	1977	AC	1MMedR	4:33.5	1952	NL	DT	59.88	1977

NL	DT	60.54	1978	NL	800	1:59.30	2002	STEVENSON, Alix			
NL	DT	61.88	1980	NL	800	1:59.02	2006	(see JAMIESON)			
NL	DT	62.76	1980	NLI	800	2:02.59	2008	STEWART, Mary			
NL	DT	63.72	1980	NLI	1500	4:09.07	2008	NL	1500	4:18.5	1973
NL	DT	64.30	1980	NVI	1500	4:11.39	2006	NL	1500	4:15.3	1974
NL	DT	65.08	1980	SELLAR, Rosamund				NL	1500	4:14.7	1974
NL	DT	65.96	1980	NV	LJ	17' 6	1939	NL	1500	4:06.4	1976
NL	DT	67.48	1981	SHARP, Lynsey				STIRLING/WRIGHT, Rosemary			
NV	SP	14.42	1977	NL	800	1:58.80	2014	NL	440y	54.4	1966
NV	SP	14.58	1977	NL	800	1:57.71	2015	NL	400	53.9	1970
NV	SP	15.53	1978	NL	800	1:57.69	2016	NL	400	53.2	1971
NV	SP	16.15	1978	NL	4x400	3:29.18	2018	NL	880y	2:05.4	1966
NV	SP	16.21	1980	NV	800	2:00.08	2014	NL	800	2:04.2	1970
NV	SP	16.37	1982	NLI	800	2:00.30	2016	NL	800	2:02.1	1971
NV	SP	16.80	1982	SHAW, Y				NL	800	2:00.15	1972
NV	DT	57.68	1977	NV	4x110y	51.8	1949	AC	440y	55.5	1968
NV	DT	59.88	1977	SHEPHERD, Judith				AC	880y	2:08.7	1966
NV	DT	62.06	1980	NL	1M	4:46.7	1979	AC	800	2:08.7	1969
NV	DT	63.76	1981	NL	3000	9:14.1	1979	AC	800	2:05.4	1970
NLI	SP	17.85	1984	NV	3000	9:20.3	1979	AC	4x400	3:39.7	1972
ROBB/MACRITCHIE, Alison				SHIVAS, Quita				AC	4x800	8:27.0	1970
NL	4x110y	47.2	1967	NV	100y	11.4	1949	NL	4x400	3:35.2	1974
NL	4x100	48.1	1969	NV	80H	12.2	1951	STORRAR, Mildred			
NL	4x100	45.2	1970	AC	100y	11.2	1951	NV	DT	76'10¼	1936
NL	4x200	1:36.7	1970	SIMPSON, Allison				STRONG, Felicity			
NL	4x400Club	3:46.4	1969	(see HIGGINS)				NV	100H	14.7	1970
NL	1MMedR	4:00.7	1970	SINCLAIR, MS				STUART, Heather			
NV	4x110y	47.2	1967	NV	4x110y	52.6	1934	NL	SP	45' 7¾	1970
AC	4x110y	47.2	1967	NV	4x110y	52.0	1936	NL	SP	45' 9 (13.94)	1970
ROBERTSON, Alice				SMART, Jennifer				NV	SP	45' 7¾	1970
NV	100y	11.4	1956	NL	100y	10.9	1961	NV	SP	14.07	1972
RODGER, Alison				NL	220y	24.5	1961	SUMMERS, Gwen			
NVI	SP	14.45	2006	AC	100y	10.9	1961	NL	JT	120' 1	1959
NVI	SP	14.83	2006	AC	220y	24.5	1961	NL	JT	122'11	1960
NVI	SP	15.48	2007	SMITH, Catriona				NV	JT	113'2½	1959
NVI	SP	16.05	2010	NV	4x100	48.4	1970	NV	JT	116'7½	1959
ROGAN, Sarah				NV	4x200	1:40.2	1970	NV	JT	120'1	1959
NV	1MMedR	4:42.6	1931	AC	4x200	1:40.2	1970	NV	JT	122'11	1960
ROLLO, Patricia				SMITH, J				SUTHERLAND, Elizabeth			
NL	100H	13.2	1983	NL	4x100	47.5	1968	(see TOULALAN)			
NL	100H	13.51	1983	SMITH, May				SYMON, Mary			
NL	100H	13.47	1983	NV	1MMedR	4:42.6	1931	NV	100y	11.2	1959
NL	100H	13.35	1983	SMITH, May S.				TAIT, Barbara			
NV	100H	13.56	1982	NV	440y	64.0	1931	NL	1M	5:18.3	1959
NV	100H	13.51	1983	NV	440y	63.7	1935	NV	1M	5:28.3	1956
RONALD, Alison				NV	440y	62.1	1936	NV	1M	5:24.6	1959
(see DEUCHARS)				SNOOK, Verity				NV	1M	5:21.0	1959
ROSS, Joanna				(see LARBY)				NV	1M	5:18.3	1959
NV	1000	2:39.89	2007	SOSINKA, Wanda				TAYLOR, M			
NLI	800	2:03.27	2006	NL	3000	9:45.0	1972	NV	4x110y	50.6	1950
NVI	800	2:04.27	2006	NV	3000	10:04.2	1972	TELFER, D			
ROYLE, Diane				NV	3000	9:45.0	1972	NL	4x110y	50.0	1959
(see WILLIAMS)				SOUTHERDEN, Margaret				NL	1MMedR	4:17.9	1959
RUSSELL, M				NV	4x400	3:41.86	1981	NV	4x110y	50.0	1959
NV	4x110y	51.8	1949	SPEEDMAN, Mary				NV	1MMedR	4:17.9	1959
SALMOND, Christine				(see CAMPBELL)				AC	1MMedR	4:17.9	1959
(see CAMPBELL)				SPRIGG, Christine				THOMSON, Jean			
SCOTT, Kaye				NV	4x100	48.2	1971	NV	80H	12.5	1949
(see JEFFREY)				NV	4x200	1:40.2	1970	NV	DT	110'3	1954
SCOTT, Susan				AC	4x200	1:40.2	1970	TOMLINSON, Jazmine			



NLI	4x200Club	1:40.95	2017	NV	440y	62.1	1949	NL	HT	58.47	2002			
NLI	4x200Club	1:40.95	2017	NV	JT	88'8	1949	NV	HT	53.85	2000			
TOULALAN/SUTHERLAND, Elizabeth				WALLACE, Maureen				NV				HT	58.47	2002
NL	100	11.6	1973	(see MCLEISH)				WATT, Esther						
NL	100	11.4	1973	WALLS/MAGUIRE, Moira				NV				100y	11.2	1960
NL	80H	11.4	1968	NL	HJ	5' 4	1967	NV	100y	11.2	1961			
NL	100H	14.7	1967	NL	HJ	5' 5¼	1968	WATT, Fiona						
NL	100H	14.7	1968	NL	HJ	5' 7	1969	NVI	TJ	11.52	1994			
NL	100H	14.3	1968	NL	HJ	5' 8 (1.73)	1969	NVI	TJ	11.52	1995			
NL	100H	13.5	1976	NL	HJ	1.82	1976	NVI	TJ	12.15	1995			
NL	400H	60.7	1977	NL	HJ	1.83	1977	WATT, Ruth						
NL	400H	60.0	1977	NL	HJ	1.84	1979	NL	HJ	5' 4½	1967			
NL	400H	58.3	1977	NL	HJ	1.86	1979	NL	HJ	1.73	1971			
NL	400H	57.93	1977	NL	HJ	1.86	1979	NL	HJ	1.74	1973			
NL	400H	57.59	1977	NL	HJ	1.87	1980	NL	HJ	1.77	1973			
NL	400H	57.5	1978	NL	LJ	20'7¼	1969	NL	HJ	1.77	1973			
NL	400H	57.43	1978	NL	LJ	20'10½	1969	NL	HJ	1.78	1974			
NL	4x100	45.2	1970	NL	LJ	20'11½ (6.39)	1970	NL	HJ	1.79	1974			
NV	100	11.6	1973	NL	Pen	4,241	1969	NL	HJ	1.80	1974			
NV	300	38.6	1977	NL	Pen	4,591	1969	NV	HJ	5' 4½	1967			
NV	400	54.4	1977	NL	Pen	4,704	1970	NV	HJ	1.77	1973			
NV	400	54.3	1978	NL	Pen	3,927	1977	WEBB, Shirley						
NV	80H	11.4	1968	NL	Pen	4,029	1977	NL	HT	60.19	2003			
NV	100H	14.7	1967	NL	Pen	4,121	1977	NL	HT	61.09	2003			
NV	100H	14.7	1967	NL	Pen	4,227	1977	NL	HT	62.45	2003			
NV	100H	13.8	1975	NL	Pen	4,233	1979	NL	HT	62.80	2003			
NV	400H	60.7	1977	NL	Pen	4,309	1979	NL	HT	63.35	2003			
NV	400H	60.0	1977	NV	HJ	5' 4	1967	NL	HT	67.52	2004			
NV	400H	59.7	1977	NV	HJ	5' 5¼	1968	NL	HT	67.58	2005			
NV	400H	57.59	1977	NV	HJ	5' 7	1969	NV	HT	60.19	2003			
NV	400H	57.5	1978	NV	HJ	5' 8	1969	NV	HT	62.80	2003			
NV	4x100	46.6	1970	NV	HJ	1.81	1977	NV	HT	63.35	2003			
NV	4x100	45.6	1970	NV	HJ	1.84	1979	NV	HT	64.54	2004			
NV	4x100	45.4	1970	NV	HJ	1.86	1979	NV	HT	65.27	2005			
NV	4x100Club	48.2	1972	NV	HJ	1.87	1980	NV	HT	65.72	2005			
NV	4x100Club	46.7	1972	NV	LJ	6.11	1970	NV	HT	66.42	2006			
NV	4x400Club	3:50.7	1972	NV	LJ	6.39	1970	WEBSTER, Jean						
AC	400H	57.59	1977	NV	Pen	4,036	1968	NV	440y	60.5	1954			
AC	400H	57.5	1978	NV	Pen	4,241	1969	WERRETT, Gemma						
AC	4x100	46.6	1970	NV	Pen	4,452	1969	NLI	60H	8.39	2011			
AC	4x100	45.6	1970	NV	Pen	4,704	1970	NLI	60H	8.34	2011			
TWELL, Stephanie				NV	Pen	3,811	1977	NVI	60H	8.50	2008			
NL	5000	14:54.08	2010	AC	HJ	5' 8	1969	WHIGHAM, Lisa						
NVI	3000	8:50.24	2016	AC	HJ	1.86	1979	NV	4x400	3:41.45	2001			
URQUHART, Lexy				AC	HJ	1.87	1980	WHITE, Reta						
NV	220y	27.6	1932	AC	LJ	6.11	1970	NV	4x110y	53.0	1932			
NV	220y	27.6	1933	AC	Pen	4,452	1969	WHITTAKER, Sandra						
URQUHART, Shona				AC	Pen	3,927	1977	NL	200	23.13	1983			
NV	JT	52.58	1983	WALSH, Valerie				NL	200	22.98	1984			
AC	Hep	4,818	1981	NL	Hep	5,322	1985	NL	4x100	45.37	1986			
VALLANCE, Catherine				NL	Hep	5,548	1986	NL	4x400	3:32.92	1982			
NL	4x220y	1:51.8	1965	NV	Hep	5,420	1986	NV	100	11.50	1986			
WAITE, Lennie				WALTERS, Mhairi				WHITTINGHAM, Christine						
NL	3000S	10:00.30	2009	NL	HT	55.10	2000	(See McMEEKIN)						
NL	3000S	9:50.48	2009	NL	HT	55.92	2001	WHITTLE, Laura						
WALBY, Dorothy				NL	HT	56.02	2001	NV	5000	15:33.72	2014			
NV	HJ	5' 0⅞	1951	NL	HT	56.14	2001	WILL, Diana						
NV	HJ	5' 2	1905	NL	HT	56.86	2001	NL	DT	130' 8½	1958			
AC	HJ	5' 2	1905	NL	HT	56.87	2001	NV	DT	116'2	1956			
WALKER, Patricia				NL	HT	58.31	2001	NV	DT	130'8½	1958			

WILLIAMS/ROYLE, Diane

NL	JT	48.44	1977
NL	JT	49.54	1977
NL	JT	49.64	1978
NL	JT	50.14	1979
NL	JT	53.36	1979
NL	JT	54.24	1979
NL	JT	54.96	1982
NL	JT	56.36	1983
NL	JT	56.68	1983
NL	JT	61.92	1984
NL	JT	61.94	1984

WILLIAMS, Karen

NL	400	52.98	1978
NV	400	54.0	1978
NV	400	53.4	1978
NLI	400	54.05	1979

WILSON, Aileen

NLI	Pen	4,096	2002
ACI	Pen	4,096	2002

WILSON, Anne

NL	LJ	19' 2	1963
NL	4x110y	47.7	1964
NV	100y	11.2	1961
NV	LJ	19' 2	1963
NV	4x110y	47.7	1964
NV	4x100	45.4	1970
AC	4x110y	47.7	1964
AC	4x100	45.6	1970
AC	4x100	45.6	1970

WILSON, Elaine

NV	100y	11.5	1936
NV	100y	11.4	1936
NV	220y	26.5	1936

WILSON, Helen

NV	4x100	48.2	1972
NV	4x100	46.7	1972
NV	4x400Club	3:50.7	1972

WRIGHT, Alison

NL	1M	4:41.83	1981
NL	3000	9:00.88	1981

WRIGHT, Rosemary

(See STIRLING)

## Non-Scottish Athletes

### MEN

ABADA, Patrick (FRA)			
AC PV	5.55	1983	
ADAM, Marcus (ENG)			
ACI 200	20.97	1990	
ACI 4x200	1:23.46	1989	
ACI 4x200	1:22.99	1990	
AIKINES-ARYEETEY, Harry (ENG)			
AC 4x100	38.39	2014	
AKABUSI, Kriss (ENG)			
AC 400H	48.79	1991	
AC 4x400	3:00.93	1992	
ALAROTU, M (FIN)			
AC SP	48'8	1935	
ALSOP, Fred (ENG)			
AC TJ	50'11¾	1967	
ANNYS, Eddie (BEL)			
AC HJ	2.25	1983	
APPLEGARTH, William (ENG)			
AC 100y	9.8	1913	
AC 220y	22.0	1913	
AC 220y	21.6	1914	
AC 220y	21.4	1914	
ARCHER, Carl (TRI)			
AC 4x100	40.3	1970	
ASATI, Charles (KEN)			
AC 400	45.8	1970	
AC 400	45.5	1970	
AC 400	45.0/45.01	1970	
AC 4x400	3:05.1	1970	
AC 4x400	3:03.6	1970	
ASHMEADE, Nickel (JAM)			
AC 100	9.97	2014	
AC 4x100	37.58	2014	
ASTAPKOVICH, Igor (URS)			
AC HT	81.64	1989	
AUKETT, James (ENG)			
AC 4x400Club	3:10.88	1975	
AULT, Richard (USA)			
AC 440yH	55.1	1949	
AWDE, Daniel (ENG)			
AC 4x400	3:00.46	2014	
BACKLEY, Steven (ENG)			
AC JT	83.28	1989	
AC JT	86.70	1990	
BACON, Fred (ENG)			
AC 1000y	2:19.4	1893	
AC 1000y	2:17.0	1895	
AC 1M	4:23.0	1893	
AC 1M	4:18.2	1894	
AC 2M	9:27.4	1894	
AC 3M	14:27.4	1894	
AC 4M	19:44.6	1894	
AC 5M	25:15.8	1895	
AC 5M	24:57.5	1895	
AC 10M	52:51.4	1902	
BAILEY, E. McDonald (TRI/GBR)			
AC 100y	9.7	1950	
AC 120y	11.5	1948	
BAILEY-COLE, Kemar (JAM)			
AC 100	10.03	2014	
AC 4x100	37.58	2014	
BAKER, Homer (USA)			
AC 880y	1:56.0	1914	
AC 880y	1:55.8	1914	
AC 1000y	2:16.4	1914	
AC 1000y	2:16.0	1914	
BAKER, Howard (ENG)			
AC HJ	6'2½	1921	
BAKER, Simon (AUS)			
AC 30kW	2:07:47	1986	
BANKS, Willie (USA)			
AC TJ	16.87	1985	
BARANOWSKI, Zenon (POL)			
AC 4x110y	41.8	1957	
BARAZOVSKIY, Yuriy (RUS)			
ACI 4x400	3:04.96	2000	
BARBER, Shawnacy (CAN)			
ACI PV	5.89	2016	
BARRY, John J (IRL)			
AC 1½M	6:33.8	1949	
BARRY, Steve (WAL)			
AC 10000W	41:14.4	1983	
BAUMGARTNER, Hans (FRG)			
AC LJ	8.12	1973	
BEATTIE, Phil (NIR)			
AC 400H	49.60	1986	
BEDFORD, David (ENG)			
AC 2000	5:17.6	1971	
AC 3000	7:58.8	1971	
AC 5000	13:22.2	1971	
BEETHAM, Charles (USA)			
AC 1000y	2:11.0	1939	
BINGHAM, Martin (ENG)			
AC 4x400	3:00.46	2014	
BINNS, Steve (ENG)			
AC 10000	28:02.42	1983	
BIRGEN, Bethwell (KEN)			
ACI 1500	3:38.37	2013	
BITOK, Paul (KEN)			
ACI 3000	7:49.63	2006	
BIWOTT, Amos (KEN)			
AC 3000S	8:37.0	1970	
BLACK, Roger (ENG)			
AC 4x400	3:00.93	1976	
BLAGROVE, Michael (ENG)			
AC 1000y	2:10.0	1958	
BLEDMAN, Keston (TRI)			
AC 4x100	38.33	2014	
BLUMMEL, K (FRG)			
AC 4x440y	3:12.4	1956	
BODENMULLER, Klaus (AUT)			
ACI SP	21.03	1990	
BOLDING, Jim (USA)			
AC 400H	49.7	1976	
BOLEN, David (USA)			
AC 440y	48.0	1949	
BOLT, Usain (JAM)			
AC 4x100	37.58	2014	
BONDARCHUK, Anatoly (URS)			
AC HT	74.08	1973	
BOSEK, E (POL)			
AC 4x110y	41.8	1957	
BOULTER, John (ENG)			
AC 1000y	2:09.2	1966	
BOYSEN, Audun (NOR)			
AC 880y	1:50.0	1954	
BRADLEY, Charles (ENG)			
AC 120y	11.8	1893	
BRAITHWAITE, Darren (ENG)			
ACI 4x200	1:22.11	1991	
BRANNEN, Anthony (ENG)			
ACI Hep	5,695	1993	
BREDIN, Edgar (ENG)			
AC 440y	50.4	1893	
AC 600y	1:12.4	1894	
AC 880y	1:58.0	1893	
BRIESENICK, Hartmut (GDR)			
AC SP	20.95	1973	
BROWN, T. (ENG)			
AC 3M	15:15.4	1962	
BUCIARSKI, Wojciech (POL)			
AC PV	5.24	1972	
BULL, Michael (NIR)			
AC PV	5.00/16'4¾	1970	
AC PV	5.10	1970	
BURGHLEY, Lord (ENG)			
AC 440yH	56.0	1927	
BURNS, Marc (TTO)			
AC 4x100	38.33	2014	
BUTTERFIELD, George (ENG)			
AC 1000y	2:16.8	1906	
CADO, Jan (USA)			
AC TJ	17.00	1990	
CALLENDER, Clarence (ENG)			
ACI 4x200	1:22.99	1990	
CAMPBELL, Colin (ENG)			
AC 800	1:47.3	1970	
CAPES, Geoff (ENG)			
AC SP	19.48	1971	
CARROLL, Tim (IRL)			
AC HJ	6'2⅞	1914	
CARTER, Andrew (ENG)			
AC 800	1:46.4	1973	
CHESKIN, Melvyn (ENG)			
AC 100y	9.6	1965	
CHIVERS, Joe (ENG)			
AC 4x400Club	3:10.88	1975	
CHRISTIE, Linford (ENG)			
AC 100	10.06	1993	
ACI 60	6.56	1990	
ACI 60	6.55	1991	
ACI 200	20.97	1990	
ACI 4x200	1:22.99	1990	
ACI 4x200	1:22.11	1991	
COHEN, Glen (ENG)			

AC 4x400Club	3:10.88	1975	AC 880y	1:55.4	1930	AC 56lbWt	5.02	1977
COLLYER, Arthur (ENG)			AC Mile	4:16.2	1931	HARPER, Ernest (ENG)		
AC 880y	1:52.8	1938	EMMIAN, Robert (URS)			AC 2hr 20m1604y		1933
CONLEY, Michael (USA)			ACI LJ	8.00	1990	HARRISON, Kenny (USA)		
AC TJ	16.84	1983	EVERETT, Danny (USA)			ACI TJ	16.85	1989
COURTNEY, Tom (USA)			ACI 400	45.33	1992	HEMERY, David (ENG)		
AC 880y	1:49.2	1955	EYRE, Leonard (ENG)			AC 110H	14.1	1970
CRABB, Steve (ENG)			AC 2M	8:54.7	1953	HILL, Albert (ENG)		
ACI 1500	3:39.55	1989	FAIRBAIRN-CRAWFORD, Ivo (IRL)			AC Mile	4:16.8	1919
ACI 1M	4:00.37	1991	AC 880y	1:57.2	1907	HILL, Ron (ENG)		
CRAM, Steve (ENG)			FARAH, Mo (ENG)			AC Mar	2:09:28	1970
AC 800	1:43.22	1986	ACI 3000	7:40.99	2009	HOFFA, Reese (USA)		
AC 1000	2:15.09	1985	ACI 3000	7:39.55	2016	AC SP	21.67	2014
CRAMER, John (USA)			FARRELL, Michael (ENG)			HOOPER, Brian (ENG)		
AC PV	15'8½	1964	AC 880y	1:49.2	1957	AC PV	5.50	1980
CRAWFORD, Hasley (TRI)			FARRELL, Thomas (ENG)			HORGAN, Denis (IRL)		
AC 4x100	40.3	1970	AC 440yH	52.8	1957	AC SP	44'7	1895
CULBREATH, Josh (USA)			FEHRINGER, Hermann (AUT)			AC SP	45'10½	1899
AC 440yH	52.8	1954	ACI PV	5.70	1990	AC SP	47'1	1899
CULSON, Javier (PUR)			FELL, Graeme (CAN)			HOWLAND, Robert (ENG)		
AC 400H	48.35	2014	AC 3000S	8:24.49	1986	NV 1MMedR	3:37.0	1929
DANEK, Ludvik (TCH)			FINLAY, Donald (ENG)			HUDSON-SMITH, Matthew (ENG)		
AC DT	66.44	1974	AC 120yH	14.7	1938	AC 4x400	3:00.46	2014
DANIEL, Clarence (USA)			FLANNAGAN, John (USA/IRL)			IBBOTSON, Derek (ENG)		
ACI 4x400	3:05.21	1989	AC HT	168'7½	1911	AC Mile	3:58.4	1957
DASAOLU, James (ENG)			FORD, Jim (USA)			AC 2M	8:50.8	1957
ACI 60	6.50	2014	AC 120y	11.5	1951	AC 2M	8:48.6	1959
DA SILVA, Robson (BRA)			FRITZ, William (CAN)			AC 3M	13:33.4	1956
AC 200	20.51	1989	AC 440y	48.0	1938	IGUIDER, Abdalaati (MAR)		
DAVIES, Howard (WAL)			FUCHS, Jim (USA)			ACI	3:34.94	2016
AC 4x110y	41.3	1967	AC SP	55'1½	1951	INESS, Sim (USA)		
DAVIES, Terry (WAL)			GABY, Fred (ENG)			AC DT	166'1	1952
AC 4x110y	41.3	1967	AC 120yH	15.2	1926	JACKSON, Colin (WAL)		
DAVIS, Buddy (USA)			GALAN, Romeo (ARG)			AC 110H	13.30	1992
AC HJ	6'8¼	1951	AC 100y	9.7	1953	ACI 60H	7.44	1989
DAVIS, Jack (USA)			GARDNER, Keith (JAM)			ACI 60H	7.42	1992
AC 120yH	14.4	1952	AC 120yH	14.1	1958	ACI 60H	7.36	1994
DITTNER, Hans (FRG)			GATAULIN, Rodion (URS)			JAGLINSKI, Szymon (POL)		
AC 4x440y	3:12.4	1956	ACI PV	5.70	1990	AC HT	68.49	1972
DIXON, Rod (NZL)			ACI PV	5.80	1990	JAMES, Kirani (GRN)		
AC Mile	3:56.60	1976	GAVRILOV, Valentin (URS)			AC 400	44.24	2014
DMITRENKO, Valentin (URS)			AC HJ	2.15	1973	JARZEMBOWSKI, Janusz (POL)		
AC HT	76.18	1977	GEBRHIWET, Hagos (ETH)			AC 4x110y	41.8	1957
DODGE, Ray (USA)			AC 5000	13:11.09	2014	JENKINS, Charles 'Chip' (USA)		
AC 1000y	2:13.6	1925	GISSING, Harry (USA)			ACI 4x400	3:05.21	1989
DROUIN, Derek (CAN)			AC 1000y	2:16.6	1911	JOHNSON, Ben (CAN)		
AC HJ	2.31	2014	GLOVASTOV, Dmitriy (RUS)			AC 100	10.07	1986
DRUT, Guy (FRA)			ACI 4x400	3:04.96	2000	AC 4x100	39.15	1990
AC 110H	13.7/13.70	1973	GONZALEZ, Antonio (ESP)			JOHNSON, Michael (USA)		
DU PLESSIS, Andries (SAF)			AC 3000W	12:54.60	1984	AC 200	19.85	1986
AC PV	13'0	1936	GORBAN, Boris (RUS)			AC 4x400	3:02.66	1990
DUNKLEY, Roger (ENG)			ACI 4x400	3:04.96	2000	JOHNSON, Paul (ENG)		
AC 3M	13:50.3	1955	GREGORY, Ben (WAL)			ACI LJ	7.94	1987
EDWARDS, Jonathan (ENG)			ACI Hep	5,834	2017	JOHNSON, Stephen (WAL)		
ACI TJ	17.19	2001	HAAF, Dietmar (FRG)			AC 3000W	12:00.20	1989
ELLINGTON, James (ENG)			ACI LJ	8.03	1990	JONES, Ron (WAL)		
AC 4x100	38.39	2014	ACI LJ	8.11	1990	AC 4x110y	41.3	1967
ELLIOTT, Peter (ENG)			HAISLEY, Ernest (JAM)			JONES, Samuel (USA)		
AC 800	1:45.5	1983	AC HJ	6'8½	1958	AC HJ	6'1¾	1902
ELLIS, Cyril (ENG)			HALLDORSSON, Hreinn (ISL)			JUNGWIRTH, Stanislav (TCH)		

AC Mile	4:04.5	1956	LEWIS, John (WAL)			MCKENLEY, Herb (JAM)		
KAHMA, Pentti (FIN)			AC 4x110y	41.3	1967	AC 220y	20.9	1952
AC DT	63.10	1973	LEWIS, Leslie (ENG)			AC 440y	47.7	1951
KANE, Harry (ENG)			AC 300y	31.1	1949	AC 4x440y	3:15.8	1952
AC 440yH	53.7	1954	LEWIS, Steve (USA)			AC 1MMedR	3:25.9	1952
KARLSSON, Sune (SWE)			ACI 300	32.72	1992	MCKENZIE, Arthur (ENG)		
AC Mile	4:09.9	1953	LINDSAY, C.A. (ENG)			AC DT	53.02 173'11	1975
KEINO, Kipchoge (KEN)			AC 300y	31.1	1959	MCKOY, Mark (CAN)		
AC 1500	3:40.4	1970	LIPPINCOTT, Donald (USA)			AC 4x100	39.15	1986
AC 1500	3:36.6	1970	AC 220y	22.2	1912	MELLAARD, Emiel (NED)		
KERR, George (JAM)			LIVERMORE, Jason (JAM)			ACI LJ	7.95	1990
AC 600y	1:09.8	1958	AC 4x100	37.58	2014	ACI LJ	8.08	1990
KIELY, Thomas (IRL)			LIVINGSTON, Jason (ENG)			MESENTER, T.E. (ENG)		
AC LJ	22'2½	1895	ACI 60	6.51	1992	AC 220y	22.4	1893
AC HT	137'1	1897	LONG, Maxwell (USA)			AC 600y	1:15.2	1893
AC HT	141'4	1899	AC 440y	50.0	1900	MIHALIC, Franjo (YUG)		
AC HT	145'4	1901	LOVELOCK, Jack (NZL)			AC 3M	13:54.3	1954
KILTY, Richard (ENG)			AC Mile	4:13.6	1933	MILLER, Lennox (JAM)		
AC 4x100	38.39	2014	LOWERY, Ken (USA)			AC 4x100	40.0	1970
KINGDOM, Roger (USA)			ACI 4x400	3:05.21	1989	AC 4x100	39.4 (39.46)	1970
AC 110H	13.31	1989	LYKHO, Vyacheslav (URS)			MILLS, Leslie (NZL)		
KIPLAGAT, Silas (KEN)			ACI SP	20.72	1989	AC SP	19.07 62'6¾	1970
AC 1500	3:32.84	2014	MAFE, Ade (ENG)			MOFFAT, Thomas (CAN)		
KIPSIRO, Moses (UGA)			ACI 4x200	1:23.46	1989	AC 880y	2:00¾	1883
AC 10000	27:56.11	2014	ACI 4x200	1:22.11	1991	MOORCROFT, David (ENG)		
KIRUI, Dominic (KEN)			MAHORN, Atlee (CAN)			AC 2000	5:07.0	1976
AC 5000	13:17.26	1992	AC 4x100	39.15	1986	MORTON, William (ENG)		
KOMAR, Wladyslaw (POL)			MAINGAY, Hugh (ENG)			AC 1M	4:24.2	1892
AC SP	20.95	1972	NV 1MMedR	3:37.0	1929	AC 2M	9:35.0	1892
KOPYTO, Jan (POL)			MAKAROV, Sergey (RUS)			AC 2M	9:29.8	1892
AC JT	249'6	1957	AC HT	87.99	2002	AC 3M	14:45.4	1892
KORDAS, G (POL)			MAKI, Taisto (FIN)			MOTTLEY, John (TRI)		
AC HT	170'3½	1941	AC 3M	14:03.4	1939	AC 4x100	40.3	1970
KORNELYUK, Aleksandr (URS)			MAKWALA, Issac (BOT)			MYRICKS, Larry (USA)		
AC 100	10.3	1973	AC 400	44.71	2014	AC LJ	8.13	1989
KOTKAS, Kalevi (FIN)			MALINOWSKI, Bronislaw (POL)			NDIKU, Jonathan (KEN)		
AC DT	146'5½	1935	AC 3000S	8:25.2	1976	AC 3000S	8:10.44	2014
KOZAKIEWICZ, Wladyslaw (POL)			MANN, H (FRG)			NEWBURN, Walter (IRL)		
AC PV	5.75	1984	AC 4x440y	3:12.4	1956	AC LJ	22'3	1897
LA BEACH, Byron (JAM)			MANNING, Anthony (AUS)			NIELSEN, Gunnar (DEN)		
AC 1MMedR	3:25.9	1952	AC 3000S	8:26.2	1970	AC Mile	4:08.9	1955
LADEJO, Du'aine (ENG)			MANSON, Pat (USA)			NIKICIUK, Wladyslaw (POL)		
AC 4x400	3:00.93	1992	AC PV	5.80	1994	AC JT	82.92/272'0	1970
LAINE A (FIN)			MAREE, Sydney (USA)			NOACK, Axel (GDR)		
AC LJ	23'10¾	1935	AC Mile	3:51.48	1983	ACI 5000W	18:56.3	1990
LAING, Leslie (JAM)			MARTIN, Eamonn (ENG)			NURMI, Paavo (FIN)		
AC 4x440y	3:15.8	1950	AC 3000	7:43.73	1989	AC 4M	19:20.4	1931
LAING, William (GCO)			MASON, DL (NZL)			NYAMAU, Hezekiah (KEN)		
AC TJ	48' 5¾	1952	AC 880y	1:55.4	1919	AC 4x400	3:05.1	1970
LAPSHIN, Igor (URS)			MAY, Phillip (AUS)			AC 4x400	3:03.6	1970
ACI TJ	17.14	1990	AC LJ	7.94	1970	O'BRIEN, Parry (USA)		
LAWSON, Carl (JAM)			AC TJ	16.72	1970	AC SP	55'2	1952
AC 4x100	40.0	1970	MCARDLE, John (USA)			AC SP	57'10	1953
AC 4x100	39.4 (39.46)	1970	AC 56lbWt	5.10	1981	OCHKAN, Vladimir (URS)		
LEHTINEN, Lavri (FIN)			MCCOMBIE, Ian (ENG)			AC LJ	8.14	1991
AC 3M	14:15.4	1934	AC 20kmW	1:23:27	1986	O'CONNOR, Peter (IRL)		
LERWILL, Alan (ENG)			MCFARLANE, Robert (CAN)			AC LJ	23'9¼	1901
AC LJ	25'6¼	1970	AC 440y	48.0	1950	OLSSON, Christian (SWE)		
LEWDEN, Pierre (FRA)			MCGRATH, Michael (AUS)			ACI TJ	17.20	2007
AC HJ	6'4	1924	AC TJ	16.09 52'9¼	1970	O'MUIRCHEARTAIGH, Iggy (IRL)		

AC 4x100Club	42.0	1970	ACI 200	20.99	1989	SCHOENLEBE, Thomas (GDR)		
OSBORN, Harold (USA)			ACI 200	20.83	1991	ACI 400	45.92	1990
AC HJ	6'5¾	1925	ACI 200	20.78	1992	SCHULT, Jurgen (GDR)		
AC HJ	6'6¾	1925	ACI 200	20.74	1994	AC DT	66.56	1989
OTTEY, Milton (CAN)			ACI 200	20.67	1995	SCRIMSHAW, Thomas (ENG)		
AC HJ	2.30	1986	ACI 4x200	1:22.99	1990	AC 880y	1:54.4	1933
OUKO, Robert (KEN)			ACI 4x200	1:22.11	1991	AC 880y	1:54.4	1933
AC 800	1:46.8	1970	REID, Donovan (ENG)			SEDEKH, Yuriy (USSR)		
AC 4x400	3:05.1	1970	ACI 4x200	1:23.46	1989	AC HT	81.64	1985
AC 4x400	3:03.6	1970	REMIGINO, Lindy (USA)			SEGAL, David (ENG)		
PADILLA, Doug (USA)			AC 100y	9.7	1954	AC 300y	30.1	1959
AC 2000	5:03.84	1983	AC 100y	9.6	1954	SEMYONOV, Andrey (RUS)		
PARTYKA, Artur (POL)			REYNOLDS, Jeff (USA)			ACI 4x400	3:04.96	2000
ACI HJ	2.33	1990	AC 4x400	3:02.66	1990	SHARMAN, William (ENG)		
PASCOE, Alan (ENG)			RHODEN, George (JAM)			AC 110H	13.21	2014
AC 110H	13.8/13.79	1972	AC 100y	9.7	1952	SHARPE, David (ENG)		
PAYNE, Howard (ENG)			AC 440y	47.6	1952	ACI 1000	2:23.50	1990
AC HT	193'4	1962	AC 440y	46.8	1952	SHEPPARD, Melvin (USA)		
AC HT	200'3	1962	AC 4x440y	3:15.8	1952	AC 880y	1:56.0	1908
AC HT	200'4	1966	AC 1MMedR	3:25.9	1952	SHERWOOD, John (ENG)		
AC HT	206'7	1968	RICHARDS, Bob (USA)			AC 400H	50.0	1970
AC HT	207'9	1969	AC PV	14'8	1951	SHRUBB, Alfred (ENG)		
AC HT	211'6½	1969	RIDGEON, Jon (ENG)			AC 1½M	6:49.4	1904
AC HT	67.80	1970	ACI 4x200	1:23.46	1989	AC 2M	9:09.6	1904
AC 28lbWt	87' 3	1961	RILEY, Ivan (USA)			AC 3M	14:27.2	1904
PECKHAM, Lawrence (AUS)			AC 120yH	15.6	1925	AC 4M	19:32.2	1903
AC HJ	2.14/7'0¼	1970	RIMMER, John (ENG)			AC 4M	19:23.4	1904
PFLUGNER, Uwe (GDR)			AC 2M	9:22.6	1902	AC 5M	24:55.8	1904
ACI 3000	7:53.47	1990	ROBERTS, Ed (TRI)			AC 6M	29:59.4	1904
PHILLIPS, Dwight (USA)			AC 4x100	40.3	1970	AC 7M	35:04.6	1904
AC LJ	8.26	2005	ROBERTS, William (ENG)			AC 8M	40:16.0	1904
PICKARD, Victor (CAN)			AC 440y	48.4	1935	AC 9M	45:27.6	1904
AC PV	12'4½	1924	RODGERS, Michael (USA)			AC 10M	50:40.6	1904
PORSCHKE, Manfred (FRG)			AC 100	9.97	2014	AC 11M	56:23.4	1904
AC 4x440y	3:12.4	1956	RODWELL, Trevor (ENG)			AC 1hr	11m1137y	1904
POTGIETER, Gert (SAF)			AC 4x400Club	3:10.88	1975	SIMON, Tim (USA)		
AC 440y	50.3	1958	ROSSWESS, Michael (ENG)			AC 4x400	3:02.66	1990
POTOPOVICH, Igor (URS)			ACI 60	6.57	1989	SINGH, Milkha (IND)		
ACI PV	5.65	1989	ROWE, Arthur (ENG)			AC 440y	46.3	1960
POWELL, Michael (USA)			AC SP	61'3½	1961	SLUSARKI, Tadeusz (POL)		
ACI LJ	8.36	1993	ROWE, Mark (USA)			AC PV	5.43	1976
PUCE, George (CAN)			ACI 400	46.85	1989	SMITH, Calvin (USA)		
AC DT	59.02	1970	ACI 4x400	3:05.21	1989	AC 100	10.06	1993
PUTTEMANS, Emiel (BEL)			ROWLANDS, A.E.M. (NZL)			SMITH, Geoffrey (AUS)		
AC 2M	8:17.8	1971	AC 3MW	21:39.2	1909	AC Dec	7,492	1970
QUARRIE, Don (JAM)			RYAN, James (IRL)			SMITH, Steve (USA)		
AC 200	20.5/20.51	1970	AC HJ	6'1	1895	AC PV	5.35	1972
AC 4x100	40.0	1970	RYBAKOV, Yaroslav (RUS)			SOGET, Justus (KEN)		
AC 4x100	39.4 (39.46)	1970	AC HJ	2.30	2005	ACI 3000	7:39.09	2018
RADFORD, Peter (ENG)			SANG, Julius (KEN)			SOLININ, Anatoly (URS)		
AC 100y	9.6	1965	AC 4x400	3:05.1	1970	AC 10000W	41:42.6	1977
RADZIKOWSKI, Zbigniew (POL)			AC 4x400	3:03.6	1970	SOLLY, Jon (ENG)		
AC PV	5.50	1982	SANYEYEV, Viktor (USSR)			AC 10000	27:57.42	1986
RAY, Tom (ENG)			AC TJ	16.78	1973	SORRILLO, Rondel (TRI)		
AC PV	11'1	1885	SAVIDGE, John (ENG)			AC 4x100	38.33	2014
RAZIQ, Ghulam (PAK)			AC SP	49'10	1951	STANFIELD, Andrew (USA)		
AC 120yH	14.1	1958	SCHENKE, Siegfried (GDR)			AC 100y	9.7	1951
REDMOND, Derek (ENG)			AC 100	10.3	1973	STEEN, David (CAN)		
AC 4x400	3:00.93	1992	SCHMIDT, Walter (GDR)			AC SP	19.21	1970
REGIS John (ENG)			AC HT	221'2	1970	STEWART, Errol (JAM)		

AC 4x100	40.0	1970
AC 4x100	39.4 (39.46)	1970
STONES, Latimer (ENG)		
AC PV	11'2½	1888
AC PV	11'4	1889
STRINGFELLOW, Savante (USA)		
AC LJ	8.20	2002
SU, Bingtian (CHN)		
ACI 60	6.50	2018
SUDNIK, Andrey (USSR)		
ACI 800	1:47.05	1989
SUMICH, Zlatko (AUS)		
AC Dec	5,744	1962
SWATOWSKI, Stanislaw (POL)		
AC 4x110y	41.8	1957
SWEENEY, Arthur (ENG)		
AC 120y	11.6	1935
TABORI, Laszlo (HUN)		
AC 2M	8:45.6	1960
TAIT, Robin (NZL)		
AC DT	55.80	1970
TAITT, Laurie (ENG)		
AC 120yH	14.1	1963
TALBOT, Daniel (ENG)		
AC 4x100	38.39	2014
TALBOTT, Lee (USA)		
AC HT	167'11½	1908
TANCRED, William (ENG)		
AC DT	172'11	1969
TARASOV, Maksim (RUS)		
ACI PV	5.80	1993
TAYLOR, Richard (ENG)		
AC 2000	5:21.0	1970
AC 3000	8:02.4	1970
AC 5000	13:26.2	1970
TEALE, Jeff (ENG)		
AC 56lbWt	4.62	1970
TERRY, Alton (USA)		
AC JT	224'8	1936
THOMAS, Sid (ENG)		
AC 4M	19:54.2	1893
THOMPSON, Daley (ENG)		
AC Dec	8,663	1986
THOMPSON, Richard (TRI)		
AC 4x100	38.33	2014
TULLOH, Bruce (ENG)		
AC 2M	8:45.6	1960
TULLY, Mike (USA)		
AC PV	5.50	1982
TYSOE, Alfred (ENG)		
AC 880y	1:57.6	1898
VAINIO, Hugo (FIN)		
AC JT	210'2½	1935
VALMON, Andrew (USA)		
AC 400	44.99	1990
AC 4x400	3:02.66	1990
VAN DAMME, Ivo (BEL)		
AC 1000	2:17.47	1976
VESSIE, Bill (USA)		
AC HJ	6'7½	1947

VIGNERON, Thierry (FRA)		
ACI PV	5.70	1990
VORONIN, Vyacheslav (RUS)		
ACI HJ	2.37	2000
WALCZAK, Andrzej (POL)		
AC JT	230'2	1956
WALKER, Reginald (South Africa)		
AC 120y	11.6	1909
AC 150y	14.6	1909
WALSH, Tom (NZL)		
AC SP	21.23	2014
WARMERDAM, Cornelius (USA)		
AC PV	14'3	1938
WATSON, Ray (USA)		
AC ¾M	3:04.8	1928
WEBB, Ernest. (ENG)		
AC 1MW	6:44.8	1909
AC 2MW	13:57.2	1909
WEIGHTMAN-SMITH, George (SAF)		
AC 120yH	15.0	1927
AC 120yH	14.8	1927
WHITFIELD, Mal (USA)		
AC 880y	1:50.7	1950
WILLIAMS, Conrad (ENG)		
AC 4x400	3:00.46	2014
WILLIAMS, Desai (CAN)		
AC 4x100	39.15	1986
WILLIAMS, Sylvanus (NGR)		
AC LJ	24'11½	1950
AC LJ	24'11½	1950
WILT, Fred (USA)		
AC 2M	9:05.2	1949
WINT, Arthur (JAM)		
AC 440y	47.7	1950
AC 4x440y	3:15.8	1952
AC 1MMedR	3:25.9	1952
WOLFERMANN, Klaus (FRG)		
AC JT	90.68	1973
WOOD, Ken (ENG)		
AC Mile	4:08.8	1969
WOODERSON, Sydney (ENG)		
AC 1500	3:49.0	1935
AC 1M	4:12.7	1935
AC 1M	4:11.0	1940
AC ¾M	3:00.9	1937
WOODS, Tom (USA)		
AC HJ	2.21	1976
WSZOLA, Jacek (POL)		
AC HJ	2.27	1984
YEGOROV, Grigoriyi (URS)		
ACI PV	5.75	1990
YEMELIN, Aleksey (URS)		
ACI HJ	2.32	1989

## WOMEN

ACUFF, Amy (USA)		
AC HJ	1.98	2003
AGYEPONG, Jackie (ENG)		
ACI 60H	8.12	1990
ALEXANDER, Kate (ENG)		
AC PV	3.00	1995
ALLISON, Joan (ENG)		
AC 3000	9:36.4	1972
AMMEL, Caroline (FRA)		
ACI PV	3.70	1996
ACI PV	3.81	1996
ACI PV	3.85	1996
ANDERS, Beate (GDR)		
ACI 3000W	12:38.3	1990
ACI 3000W	11:59.4	1990
ARENS, Andrea (FRG)		
ACI HJ	1.91	1990
ASTAFEI, Galira (ROM)		
ACI HJ	1.91	1990
ACI HJ	1.94	1990
AUER, Doris (AUT)		
ACI PV	4.20	2001
ACI PV	4.32	2001
ACI PV	4.44	2001
AYAA, Judith (UGA)		
AC 400	52.8	1970
AYALEW, Hiwot (ETH)		
AC 3000S	9:10.64	2014
BARRETT, Barbara-Anne (ENG)		
AC 4x100	45.6	1970
BARTOLETTA, Tianna (USA)		
AC LJ	6.97	2014
AC LJ	6.98	2014
BERENDONK, Brigitte (GDR)		
AC DT	55.32	1970
BERETTA, Joan (AUS)		
AC 880y	2:16.3	1962
BERGQVIST, Katja (SWE)		
ACI HJ	2.01	2006
BERNARD, Verona (ENG)		
AC 4x400	3:39.7	1972
BILY, Laurence (FRA)		
ACI 60	7.31	1988
ACI 60	7.16	1990
ACI 60	7.15	1990
BLAGOYEVA, Yordanka (BUL)		
AC HJ	1.84	1973
BLANKERS-KOEN, Fanny (NED)		
AC 80H	11.3	1949
BOARD, Lillian (ENG)		
AC 4x800	8:27.0	1970
BOELE, L (NED)		
AC 4x110y	48.1	1962
BOGOSLOVSKAYA, Olga (RUS)		
ACI 4x200	1:33.33	1994
BOWLES, Dawn (USA)		
AC 100H	12.92	1994

BOYLE, Raelene (AUS)				DENDY, Terri (USA)			GARDNER, Maureen (ENG)		
AC 4x100	44.1	1970		ACI 4x200	1:33.24	1994	AC 80H	12.2	1948
BRILL, Debbie (CAN)				ACI 4x400	3:34.66	1991	GILLARD, M (USA)		
AC HJ	1.78	1970		DEVALLY, Ann-Marie (ENG)			ACI 4x400	3:34.66	1991
AC HJ	1.94	1980		AC HJ	1.86	1979	GORALOVA, Natalya (RUS)		
BROUWER, Bertha (NED)				DEVERS, Gail (USA)			ACI 1500	4:05.48	2001
AC 100y	11.1	1952		AC 100H	12.79	2002	GRAF, Stephanie (AUT)		
BUDD, Zola (ENG)				DIETSCH, Waltraud (GDR)			ACI 800	2:00.62	2000
AC 1500	4:04.67	1985		AC 4x400	3:28.66	1973	GRAHAM, Kim (USA)		
AC 1M	4:23.14	1985		DRAGILA, Stacy (USA)			AC 300	36.85	1994
BUKIS, Anna (POL)				AC PV	4.05	2002	GRYZIECKA, Ewa (POL)		
AC 1500	4:07.72	1980		AC PV	4.20	2002	AC JT	59.26	1972
CALVERT, Schillonie (JAM)				AC PV	4.35	2002	GUNNELL, Sally (ENG)		
AC 4x100	41.83	2014		AC PV	4.50	2002	ACI 400	52.81	1988
CAMPBELL-BROWN, Veronica (JAM)				DZHIGALOVA, Lyudmila (URS)			ACI 300	37.88	1989
AC 4x100	42.44	2014		AC 4x400	3:26.24	1991	GUNTHER, Sabine (GDR)		
AC 4x100	41.83	2014		EHRHARDT, Annelie (GDR)			ACI 4x200	1:33.83	1990
CAREY, Sheila (ENG)				AC 100H	12.95	1973	GURINA, Lyubov (URS)		
AC 800	2:07.8	1970		ELLERBE, Dawn (USA)			ACI 800	2:01.63	1990
AC 800	2:04.7	1970		AC HT	64.18	1999	GUSCHINA, Yuliya (RUS)		
AC 4x800	8:27.0	1970		ELLIOT, Jean (ENG)			ACI 4x200	1:32.41	2005
CARROLL, Hana (ENG)				AC JT	124' 1½	1954	ACI 4x400	3:23.37	2006
AC 2000S	6:58.10	2004		ÉWANJÉ-ÉPÉE, Monique (FRA)			HAMMER, Grit (GDR)		
CEPLAK, Jolanda (SLO)				ACI 60H	8.20	1988	ACI SP	18.93	1990
ACI 800	2:00.51	2003		FABERT, Stefanie (GDR)			ACI SP	19.24	1990
ACI 1500	4:05.44	2002		ACI 4x200	1:33.83	1990	ACI SP	19.35	1990
CHERUIYOT, Vivian (KEN)				FARMER-PATRICK, Sandra (USA)			HANSEN, Ashia (ENG)		
AC 5000	14:44.93	2007		AC 400H	54.82	1989	AC TJ	13.90	1999
CHEWINSKA, Ludwika (POL)				FEOFANOVA, Svetlana (RUS)			AC TJ	13.96	2002
AC SP	17.32	1972		AC PV	4.35	2002	ACI TJ	14.34	2002
CHICHEROVA, Anna (RUS)				AC PV	4.50	2002	HARRIS, Flirtisha (USA)		
ACI HJ	2.00	2004		AC PV	4.62	2002	ACI 4x200	1:33.24	1994
CHISTYAKOVA, Galina (URS)				ACI PV	4.32	2001	HARRISON, Queen (USA)		
ACI LJ	6.85	1990		ACI PV	4.44	2001	AC 100H	12.58	2014
ACI TJ	13.63	1990		ACI PV	4.56	2001	HASSAN, Sifan (NED)		
ACI TJ	13.91	1990		ACI PV	4.56	2002	AC 1500	4:00.67	2014
ACI TJ	14.09	1990		ACI PV	4.66	2002	ACI 1500	4:01.40	2016
ACI TJ	14.14	1990		ACI PV	4.76	2003	HAUGLAND, Hanne (NOR)		
CHIZHOVA, Nadezhda (URS)				FICHER, Fabienne (FRA)			ACI HJ	1.91	1990
AC SP	20.77	1973		ACI 200	23.82	1988	HAWORTH, Jill (USA)		
CLITHEROE, Helen (ENG)				FIERE-COOMAN, Nelli (NED)			AC 1M	4:32.60	1984
ACI 3000	8:52.31	2011		ACI 60	7.22	1990	HAYWOOD, Claudia (USA)		
COBB, Madeleine (ENG)				FINN, Michelle (USA)			AC TJ	13.40	1993
AC 200	24.4	1970		AC 100	11.11	1990	HEINICH, Christine (GDR)		
AC 4x100	45.6	1970		FLINTOFF, Debbie (AUS)			AC 4x100	42.95	1973
COLLINS, Michele (USA)				AC 400H	54.94	1986	HELTEN, Inge (FRG)		
ACI 4x200	1:33.24	1994		FOULDS, Jean (ENG)			AC 100	11.22	1976
CREAMER, Angela (ENG)				AC 100y	11.2	1951	HENKEL, Heike (FRG)		
AC 600	1:29.2	1976		FRASER-PRYCE, Shelly-Ann (JAM)			ACI HJ	1.91	1990
CRITCHLEY, Margaret (ENG)				AC 4x100	42.44	2014	ACI HJ	1.94	1990
AC 4x100	45.6	1970		AC 4x100	41.83	2014	ACI HJ	1.96	1990
CUTHBERT, Betty (AUS)				FRIZELL, Sultana (CAN)			ACI HJ	2.00	1990
AC 100y	11.1	1958		AC HT	71.97	2014	HENRY, Desiree (ENG)		
AC 220y	24.5	1958		FUCHS, Ruth (GDR)			AC 4x100	42.74	2014
DAHLGREN, Jay (CAN)				AC JT	66.10	1973	HESSELBARTH, Annett (GDR)		
AC JT	53.16	1970		FUDGE, Paula (ENG)			ACI 4x200	1:33.83	1990
DAY, Christine (JAM)				AC 3000	8:53.63	1978	HILL, Ailsa (USA)		
AC 4x400	3:23.82	2014		GAINES, Christy (USA)			ACI 1M	4:34.94	1991
DEMMING Ute (FRG)				ACI 4x200	1:33.24	1994	HINTEN, L (NED)		
ACI HJ	1.90	1989					AC 4x100	48.1 y	1962



HOFFMAN, Marion (AUS)				KUZENKOVA, Olga (RUS)			MURRAY, Donna (ENG)		
AC 4x100	44.1	1970		AC HT	71.73	2002	AC 300	37.2	1976
HOFFMEISTER Gunhild (GDR)				KYLE, Maeve (IRL)			MUTOLA, Maria (MOZ)		
AC 800	1:58.94	1973		AC 400	56.8 y	1960	ACI 800	1:58.46	2004
HOPKINS, Thelma (ENG)				AC 400	56.2 y	1961	NADOLNA, Krystyna (POL)		
AC HJ	5' 6	1955		AC 400	55.7 y	1964	AC DT	58.24	1972
HORNBY, Emma (ENG)				LAMY, Jennifer (AUS)			NAROZHILENKO, Lyudmila (URS)		
AC PV	3.40	1997		AC 4x100	44.1	1970	ACI 60H	7.87	1990
HYMAN, Dorothy (ENG)				LEE-AHYE, Michelle (USA)			ACI 60H	7.78	1990
AC 100y	10.9	1959		AC 100	11.01	2014	ACI 60H	7.74	1990
IBBOTSON, Madeleine (ENG)				LE-ROY, Anastasia (JAM)			NAZAROVA, Natalya (RUS)		
AC 880y	2:16.0	1962		AC 4x400	3:23.82	2014	ACI 4x400	3:30.23	2000
ILLGEN, Karin (GDR)				LESCH, Gaby (FRG)			NAZAROVA, Olga (URS)		
AC DT	57.04	1971		ACI 800	2:01.82	1989	AC 4x400	3:26.24	1991
INKPEN, Barbara (ENG)				LISOVSKAYA, Natalya (URS)			NELSON, Ashleigh (ENG)		
AC HJ	5' 8	1968		AC SP	21.95	1988	AC 4x100	42.74	2014
AC HJ	1.73 (5'8)	1970		ACI SP	20.35	1990	NEUFVILLE, Marilyn (JAM)		
INVERARITY, Alison (AUS)				LOSCH, Claudia (FRG)			AC 200	23.6	1970
AC HJ	1.97	1994		ACI SP	20.64	1990	AC 400	53.0	1970
ISINBAYEVA, Yelena (RUS)				LOWE, Pat (ENG)			AC 400	51.0 (51.02)	1970
AC PV	4.05	2002		AC 4x800	8:27.0	1970	OAKES, Heather (ENG)		
AC PV	4.20	2002		MACHARIA, Faith (KEN)			AC 100	11.22	1986
AC PV	4.35	2002		AC 1000	2:39.26	2007	OAKES, Judy (ENG)		
AC PV	4.50	2002		MALCHUGINA, Galina (RUS)			ACI SP	18.56	1988
ACI PV	4.76	2004		ACI 4x200	1:33.33	1994	OBIRI, Hellen (KEN)		
JACKSON, Liz (USA)				MALETZKI, Doris (GDR)			ACI 3000	8:42.59	2012
AC 3000S	9:48.72	2001		AC 4x100	42.95	1973	OKAGBARE, Blessing (NGR)		
JONES, Pat (ENG)				MARTIN, Lisa (AUS)			AC 100	10.93	2014
AC 100H	14.5	1967		AC MAR	2:26:07	1986	AC 100	10.85	2014
JORDAN, Joy (ENG)				MAY, Fiona (ENG)			AC 200	22.25	2014
AC 880y	2:09.8	1962		ACI LJ	6.42	1989	O'SULLIVAN, Sonia (IRL)		
KAISER, Natasha (USA)				MCCORORY, Francena (USA)			AC 2000	5:25.36	1994
ACI 4x400	3:34.66	1991		AC 400	49.93	2014	OTTEY, Merlene (JAM)		
KANDARR, Petra (GDR)				MCPHERSON, Stephenie Ann (JAM)			AC 100	11.16	1989
AC 4x100	42.95	1973		AC 4x400	3:23.82	2014	AC 200	22.66	1989
KHABAROVA, Irina (RUS)				MELINTE, Doina (ROM)			ACI 60	7.04	1992
ACI 4x200	1:32.41	2005		AC 1500	4:02.09	1989	PALMER, Amy (USA)		
KILBORN, Pam (AUS)				ACI 1500	4:09.95	1990	AC HT	61.64	1999
AC 100H	13.4	1970		ACI 1500	4:09.73	1990	PEAT, Val (ENG)		
AC 100H	13.2	1970		MELNIK, Faina (URS)			AC 4x100	45.6	1970
AC 4x100	44.1	1970		AC DT	69.48	1973	PECHONKINA, Yuliya (RUS)		
KING, Angela (ENG)				MICKLE, Kim (AUS)			ACI 4x200	1:32.41	2005
AC JT	157' 11 (48.14)	1970		AC JT	65.96	2014	PERSSON, Hanna-Mia (SWE)		
KLEINAU, Regine (GDR)				MILES, Jearl (USA)			ACI PV	4.05	2001
AC 1500	4:15.6	1971		ACI 4x400	3:34.66	1991	PETERS, Mary (NIR)		
KNOLL, Silke (FRG)				MOLLER, Silke (GDR)			AC SP	50' 11 (15.52)	1970
ACI 200	23.24	1990		ACI 60	7.27	1990	AC SP	16.13	1970
KNUTSSON, Inger (SWE)				ACI 4x200	1:33.83	1990	AC Pen	5,148/4,515 p +	1970
AC 3000	8:54.0	1975		MOORE, Betty (AUS)			PETROVA, Totka (BUL)		
KONDRATYEVA, Yekaterina (RUS)				AC 100y	10.8	1962	AC 1500	4:09.02	1973
ACI 4x200	1:32.41	2005		AC 80H	10.9	1961	PHILIP, Asha (ENG)		
KOTLYAROVA, Olga (RUS)				MOORE, Sarah (WAL)			AC 4x100	42.74	2014
ACI 4x400	3:23.37	2006		AC HT	50.90	1995	PLUMER, Patti Sue (USA)		
KOVTUN, Natalie (URS)				MORGAN, Rosemary (ENG)			AC 3000	8:43.83	1989
ACI 200	23.05	1990		AC JT	147' 0	1967	POSPELOVA, Svetlana (RUS)		
KRASNOMOVETSOlesya (RUS)				MRACNOVA, Maria (TCH)			ACI 4x400	3:30.23	2000
ACI 4x400	3:23.37	2006		AC HJ	1.86	1974	POWDER, Irene (ENG)		
KÜHNE, Rita (GDR)				MURER, Fabiana (BRA)			AC 100H	14.1	1967
AC 4x400	3:28.66	1973		AC PV	4.65	2014	RADTKE, Helga (GDR)		
							AC LJ	6.95	1989

ACI LJ	6.57	1990	AC 4x400	3:39.7	1972	ACI HJ	1.91	1990
ACI LJ	6.72	1990	SMITH, Joyce (ENG)			ACI HJ	1.94	1990
ACI LJ	6.76	1990	AC 3000	9:43.8	1971	WARDEN, Christine (ENG)		
RIDLEY, Rita (ENG)			SOESBEEK, G (NED)			AC 400H	57.6	1977
AC 1500	04:18.8	1970	AC 4x110y	48.1	1962	WHITEHEAD, Fiona (ENG)		
AC 1500	04:15.6	1971	SPENCER, Kaliese (JAM)			AC HT	49.44	1993
AC 1M	4:37.4	1971	AC 400H	54.10	2014	WHITLOCK, Janine (ENG)		
RITTER, Louise (USA)			SPENST, Linda (CAN)			AC PV	3.00	1996
AC HJ	1.94	1980	AC Hep	5,634	1986	AC PV	3.20	1996
ROBERTS, Jean (AUS)			STANTON, Linda (ENG)			AC PV	3.60	1997
AC SP	15.63	1970	ACI PV	3.60	1996	AC PV	3.80	1997
ROSCOE, Jannette (ENG)			ACI PV	3.70	1996	AC PV	3.95	1997
AC 4x400	3:39.7	1972	STAPLES, Kate (ENG)			ACI PV	2.75	1995
ROSIKHINA, Irina (RUS)			ACI PV	3.60	1995	ACI PV	3.91	1997
ACI 4x400	3:30.23	2000	ACI PV	3.60	1996	ACI PV	4.01	1997
ROTHMAN, Kim (ENG)			ACI PV	3.70	1996	ACI PV	4.05	2001
AC PV	3.30	1997	ACI PV	3.81	1996	WILLIAMS, Averil (ENG)		
ROWLAND, Jo (ENG)			ACI PV	3.85	1996	AC JT	143' 4	1967
ACI Pen	4,103	2017	STECHER, Renate (GDR)			WILLIAMS, Jodie (ENG)		
RUZINA, Yelena (RUS)			AC 100	11.25	1973	AC 4x100	42.74	2014
ACI 4x200	1:33.33	1994	AC 200	22.81	1973	WILLIAMS, Kimberly (JAM)		
AC 4x400	3:26.24	1991	AC 4x100	42.95	1973	AC TJ	14.11	2014
SAGNIA, Khadijatou (SWE)			STEFANIDI, Katerina (GRE)			AC TJ	14.21	2014
ACI LJ	6.92	2018	AC PV	4.65	2014	WILLIAMS, Yvette (NZL)		
SANDERSON, Tessa (ENG)			STEWART, Kerron (JAM)			AC LJ	19'3¼	1952
AC JT	73.58	1983	AC 4x100	42.44	2014	WILLIAMS-MILLS, Novlene (JAM)		
SAUER, Mary (USA)			AC 4x100	41.83	2014	AC 4x400	3:23.82	2014
AC PV	4.05	2002	STRASZYNSKA, Danuta (POL)			WILSON, Ann (ENG)		
SAVARI, Ulrika (FRG)			AC 200H	26.8	1971	AC HJ	1.73	1970
ACI 60	7.21	1990	STRICKLAND, Shirley (AUS)			AC LJ	6.55	1970
ACI 60	7.13	1990	AC 80H	11.2	1952	WRIGHT, Alison (NZL)		
ACI 60	7.10	1990	SUKNIEWICZ, Teresa (POL)			AC 1000	2:48.8	1980
ACI 200	22.96	1990	AC 100H	14.0	1970	YEOMAN, Ann (ENG)		
SAYERS, Goldie (ENG)			AC 200H	27.0	1970	AC 3000	09:16.8	1975
AC JT	63.59	2007	SYKORA, Maria (AUT)			YURCHENKO, Aelita (URS)		
SCHAMM, Louise (ENG)			AC 400H	58.5	1973	AC 4x400	3:26.24	1991
AC PV	3.00	1995	SZEWINSKA, Irena (POL)			ZAYTSEVA, Olga (RUS)		
SCHIPPERS, Dafne (NED)			AC 100	11.6	1972	ACI 400	50.62	2006
AC 100	11.03	2014	AC 200	22.7	1976	ACI 4x400	3:23.37	2006
AC 200	22.34	2014	THEISEN-EATON, Brianne (CAN)			ZEHRT, Monika (GDR)		
SCHMIDT, Rita (GDR)			AC Hep	6,597	2014	AC 4x400	3:28.66	1973
AC HJ	1.78	1971	THOMPSON, Elaine (JAM)			ZYKINA, Olesya (RUS)		
SCOTT, Susan (ENG)			AC 4x100	42.44	2014	ACI 4x400	3:30.23	2000
AC 100H	13.7	1970	THOMPSON, Rachael (ENG)					
SHAW, Lorraine (ENG)			AC 1000	2:43.83	2005			
AC HT	60.14	1996	THROWER, Norma (AUS)					
AC HT	61.34	1996	AC 80H	11.1	1958			
AC HT	63.33	1999	TOMLINSON, Valerie (ENG)					
SHERWOOD, Sheila (ENG)			AC 1M	5:06.7	1965			
AC LJ	6.29	1970	VAN DER ZWAARD, T (NED)					
AC LJ	6.73	1970	AC 4x110y	48.1	1962			
SHMONINA, Marina (URS)			VIGOURT, Julie (FRA)					
ACI 400	52.53	1990	ACI PV	3.60	1996			
ACI 400	51.22	1990	ACI PV	3.70	1996			
SIEBACH, R (GDR)			ACI PV	3.75	1996			
AC 4x400	3:28.66	1973	VORONOVA, Natalya (RUS)					
SILVA, Yarisley (CUB)			ACI 200	22.81	1993			
AC PV	4.65	2014	ACI 4x200	1:33.33	1994			
SIMPSON, Janet (ENG)			VOROS, Britta (GDR)					
AC 220y	24.5	1967	ACI HJ	1.91	1990			