



# LINKS OF INTEREST DISCLOSURE

**Name of the speaker: Sara Romano-Bertrand**

**I have no link of interest.**



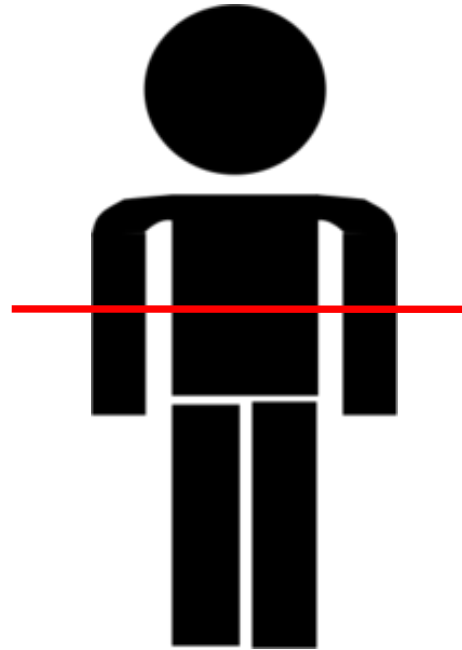
# And what about getting rid of catheter-associated urinary tract infections?

## CAUTI: the valuable concept of healthcare-associated pathobiome

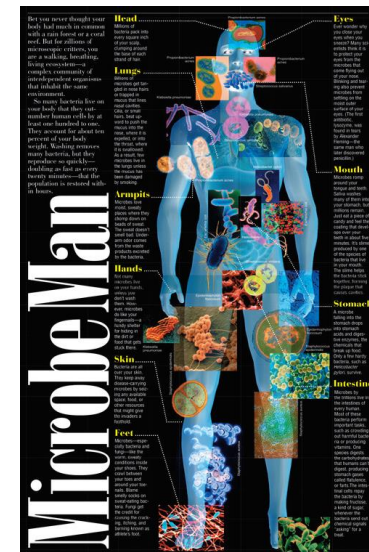
Dr Sara Romano-Bertrand, PharmD, PhD  
Associate Professor  
Microbiology, Infection Prevention and Control  
University Hospital of Montpellier  
Pharmacy School of Montpellier

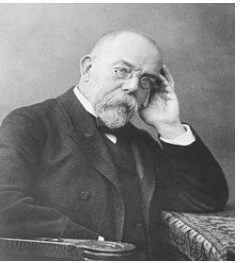


50%  
human cells



50%  
bacteria



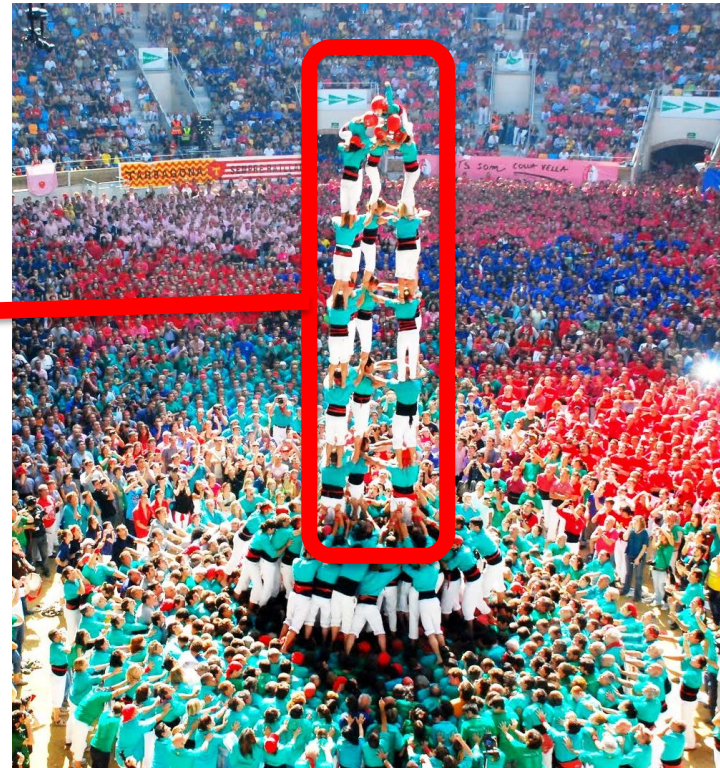


Robert Koch

Classical Infectiology  
1 infection = 1 bacteria



Modern Infectiology  
1 infection = result of  
community-level phenomenon

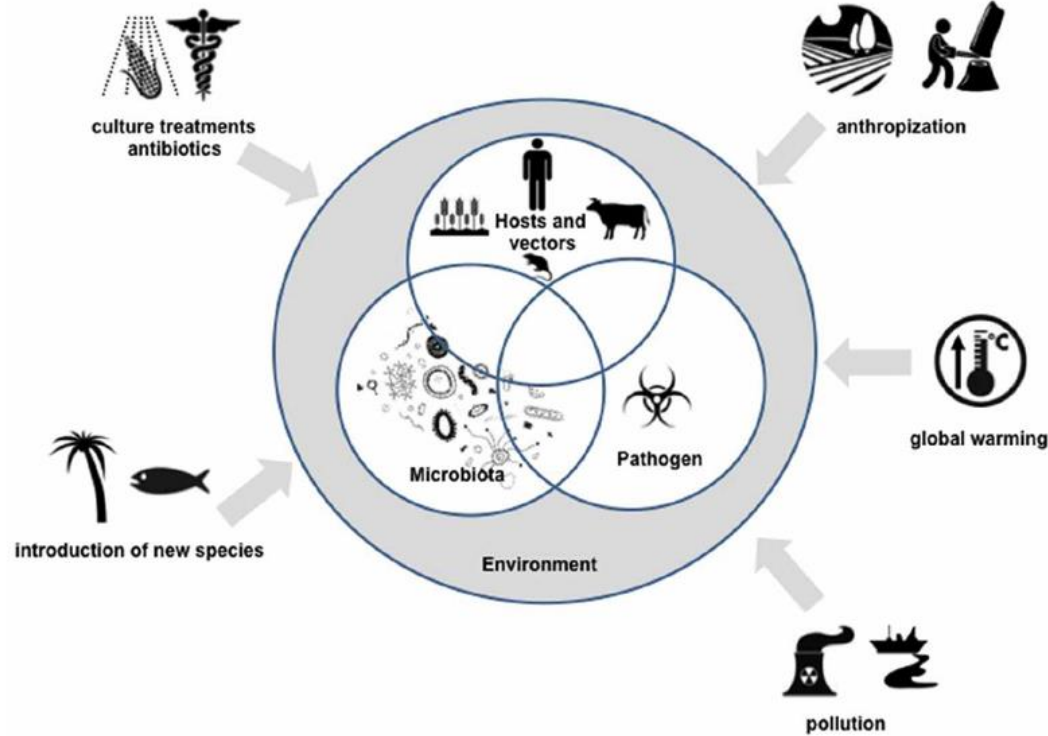


Sergueï Winogradsky



*Soil is "...a living environment, a collective entity that possessed the characteristic functions of a living organism"*

⇒ Particularly true for opportunistic infections



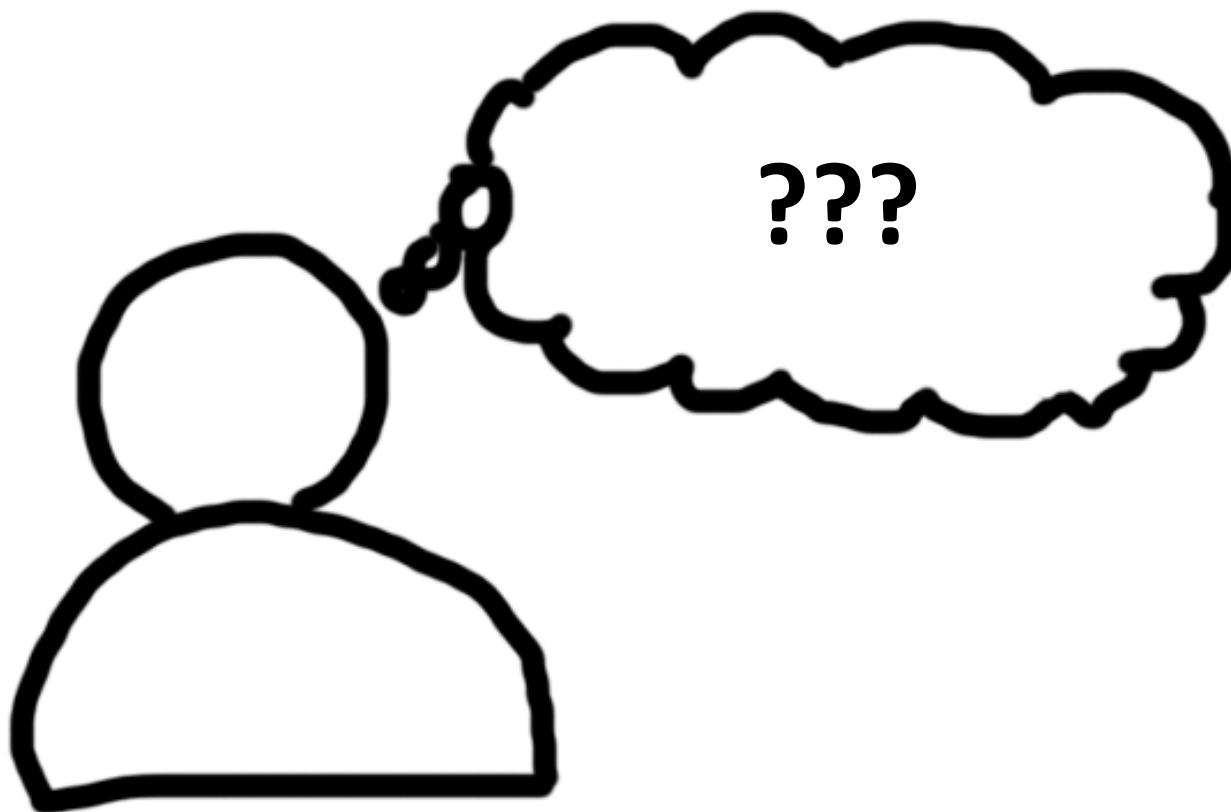
Considering  
the **pathogenic agent**  
within its **host** and  
its **environment**  
submitted to  
**abiotic conditions**

FIGURE 1 | Overview of the pathobiome concept and scientific challenges for the coming years.

Interactions occurring within bacterial community influence the **pathogenesis, emergence, resistance, transmission, persistence...** of certain members of this community.

*In accordance with the 'OneHealth' initiative*







Unusual  
conditions



Microbiome  
disruption  
& pathogen selection



Patients



Healthcare workers

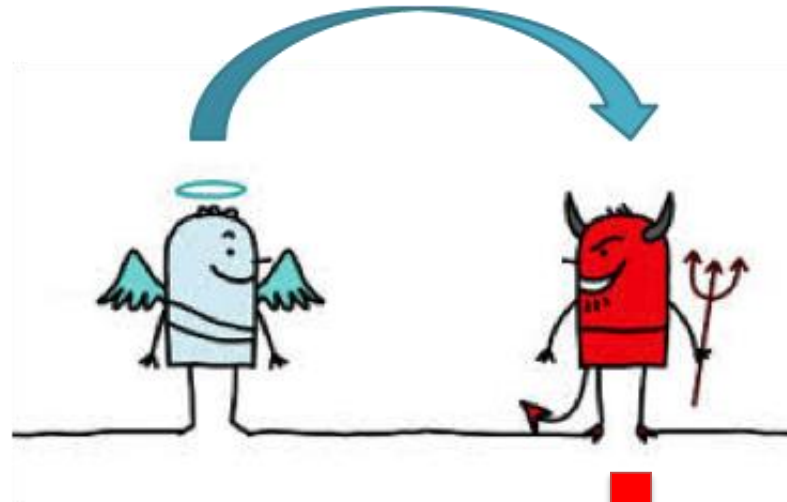


Hospital  
environment



Microbiota disequilibrium and/or barrier effect disruption

Gut microbiota hosting  
opportunistic pathogens  
(pathobiontes)



dysbiosis and  
pathobiontes selection

Infection  
(HAIs)

frontiers  
in Microbiology

REVIEW  
published: 10 April 2018  
doi: 10.3389/fmicb.2018.00646

## *Clostridium difficile* – From Colonization to Infection

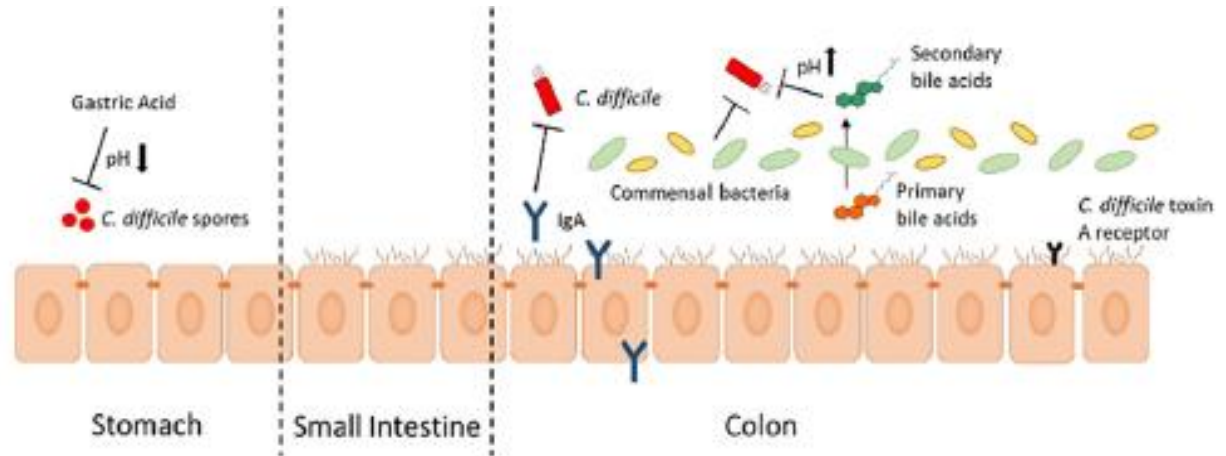
Holger Schäffler<sup>1</sup> and Anne Breitrück<sup>2,3\*</sup>

<sup>1</sup> Division of Gastroenterology, Department of Medicine II, University of Rostock, Rostock, Germany, <sup>2</sup> Extracorporeal Immunomodulation Unit, Fraunhofer Institute for Cell Therapy and Immunology, Rostock, Germany, <sup>3</sup> Institute of Medical Microbiology, Virology and Hygiene, University of Rostock, Rostock, Germany



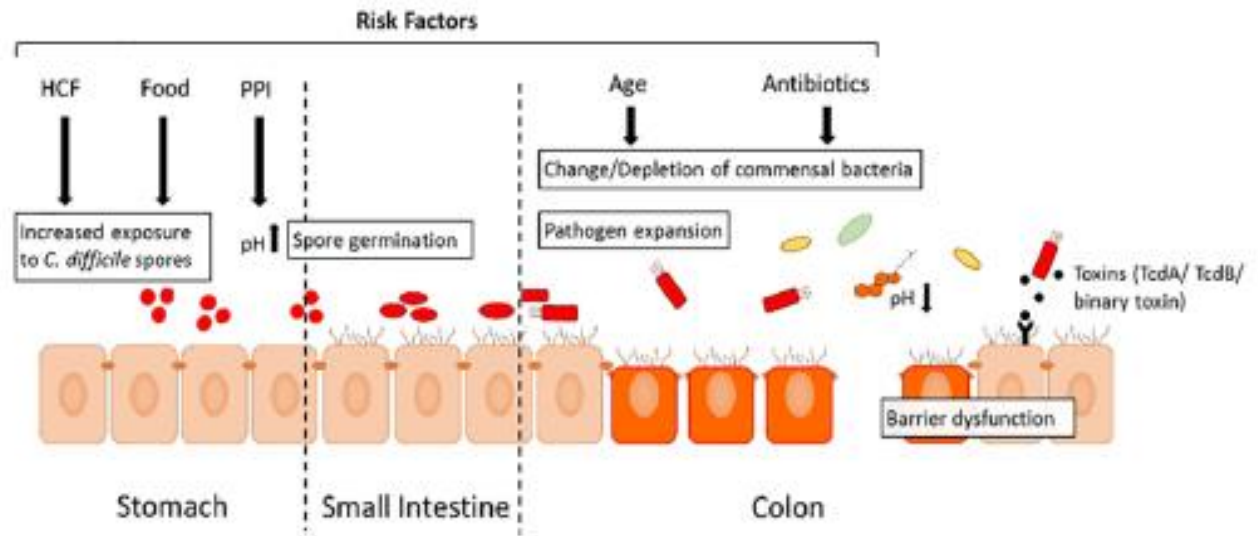
## Asymptomatic colonization

- Factors controlling *C. difficile*
- Colonization resistance
  - Bacteriocin secretion
  - Bile acids composition
  - Increased IgA levels



## *C. difficile* infection (CDI)

HCF = Healthcare Facilities  
PPI = Proton Pump Inhibitor



**FIGURE 1** | Processes leading from asymptomatic *C. difficile* colonization to CDI.

*Shock*. 2016 May ; 45(5): 475–482. doi:10.1097/SHK.0000000000000534.

## The shift of an intestinal “microbiome” to a “pathobiome” governs the course and outcome of sepsis following surgical injury

Monika A. Krezalek, MD, Jennifer DeFazio, MD, Olga Zaborina, PhD, Alexander Zaborin, PhD, and John C. Alverdy, MD FACS  
Center for Surgical Infection Research and Therapeutics Pritzker School of Medicine, University of Chicago, Department of Surgery, 5841 S. Maryland, Chicago, Illinois 60637

frontiers  
in Microbiology

PERSPECTIVE  
published: 02 March 2017  
doi: 10.3389/fmicb.2017.00322

## The Influence of Host Stress on the Mechanism of Infection: Lost Microbiomes, Emergent Pathobiomes, and the Role of Interkingdom Signaling

John C. Alverdy<sup>1\*</sup> and James N. Luo<sup>2</sup>

<sup>1</sup> Sarah and Harold Lincoln Thompson Professor of Surgery, Pritzker School of Medicine, The University of Chicago, Chicago, IL, USA, <sup>2</sup> Pritzker School of Medicine, The University of Chicago, Chicago, IL, USA

Review

## The gut microbiome and the mechanism of surgical infection

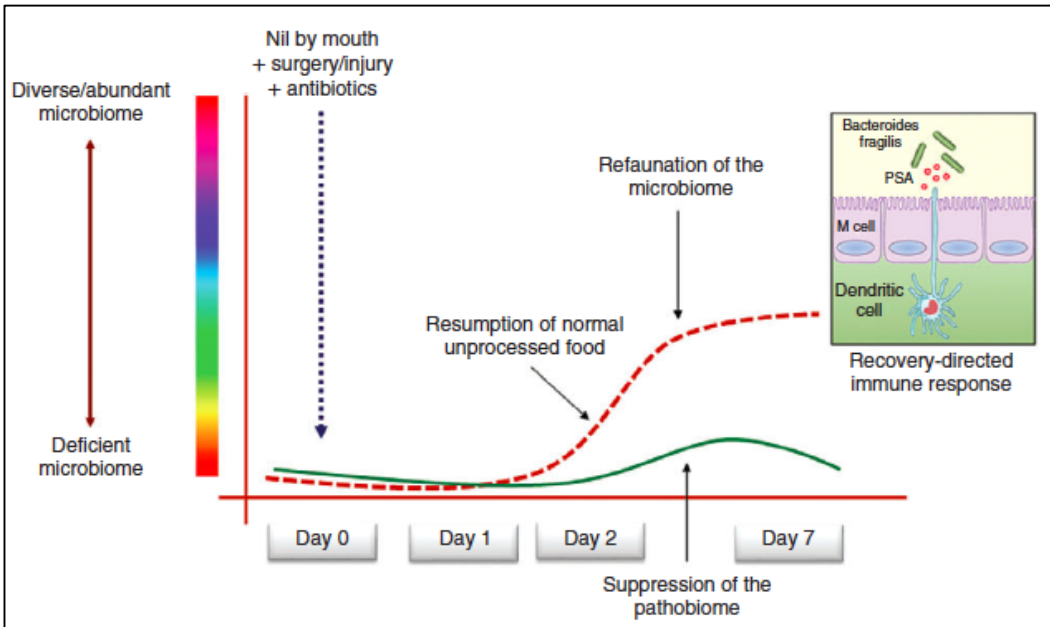
J. C. Alverdy<sup>1</sup>, S. K. Hyoju<sup>1</sup>, M. Weigerinck<sup>2</sup> and J. A. Gilbert<sup>1</sup>

*BJS* 2017; 104: c14–c23

## Collapse of the Microbiome, Emergence of the Pathobiome, and the Immunopathology of Sepsis

John C. Alverdy, MD, FACS, Monika A. Krezalek, MD

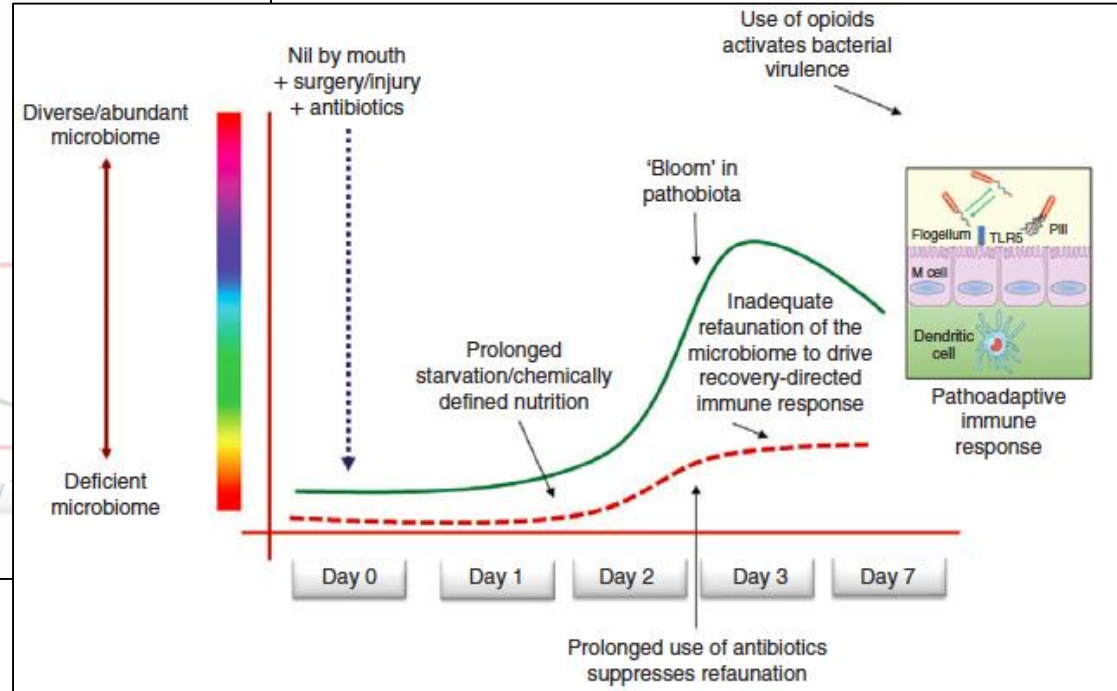
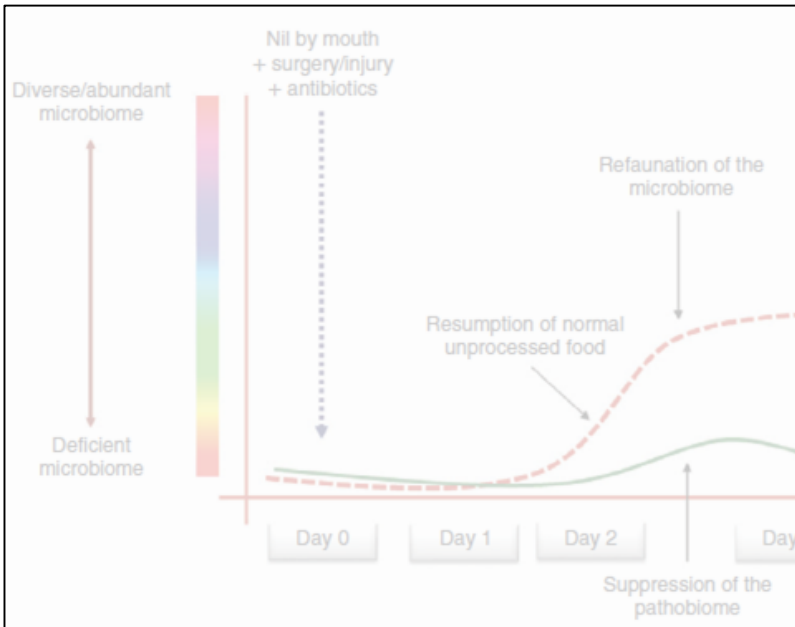
Critical Care Medicine  
February 2017 • Volume 45 • Number 2



Limited surgical injury

↪ Transient pathobiome

↪ Resilience and microbiome restoration



Limited surgical injury

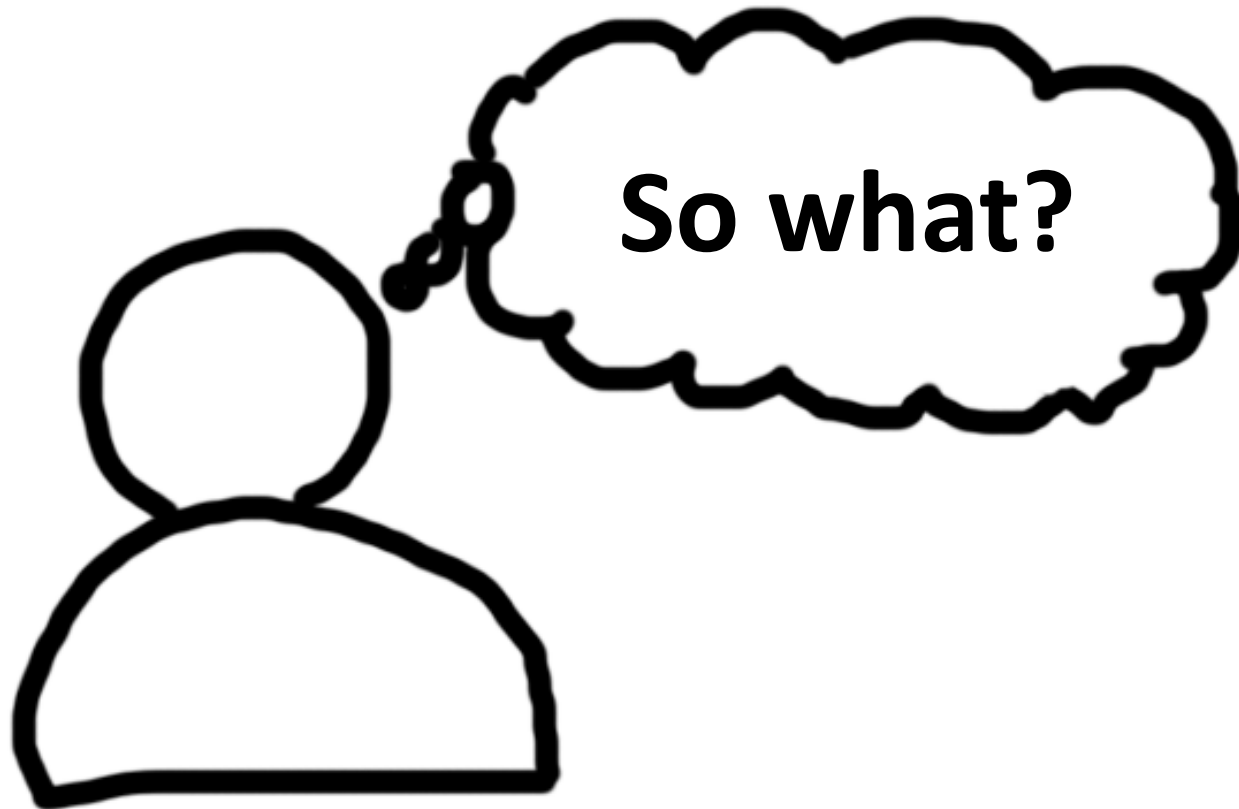
Transient pathobiome

Resilience and microbiome restoration

Severe surgical injury & prolonged pressures

Sustained pathobiome

Pathobiontes colonization and vulnerability to infection



EUROPEAN UROLOGY 68 (2015) 173–174

available at [www.sciencedirect.com](http://www.sciencedirect.com)  
journal homepage: [www.europeanurology.com](http://www.europeanurology.com)



European Association of Urology



## Platinum Opinion

# “Sterile Urine” and the Presence of Bacteria

Alan J. Wolfe<sup>a,\*</sup>, Linda Brubaker<sup>b</sup>

<sup>a</sup> Department of Microbiology and Immunology, Stritch School of Medicine, Loyola University Chicago, Maywood, IL, USA; <sup>b</sup> Departments of Obstetrics and Gynecology and Urology, Stritch School of Medicine, Loyola University Chicago, Maywood, IL, USA

The end of the long-held “sterile urine” paradigm?

⇒ the discovery of the Bladder microbiota

NATURE REVIEWS | UROLOGY

REVIEWS

# The microbiome of the urinary tract —a role beyond infection

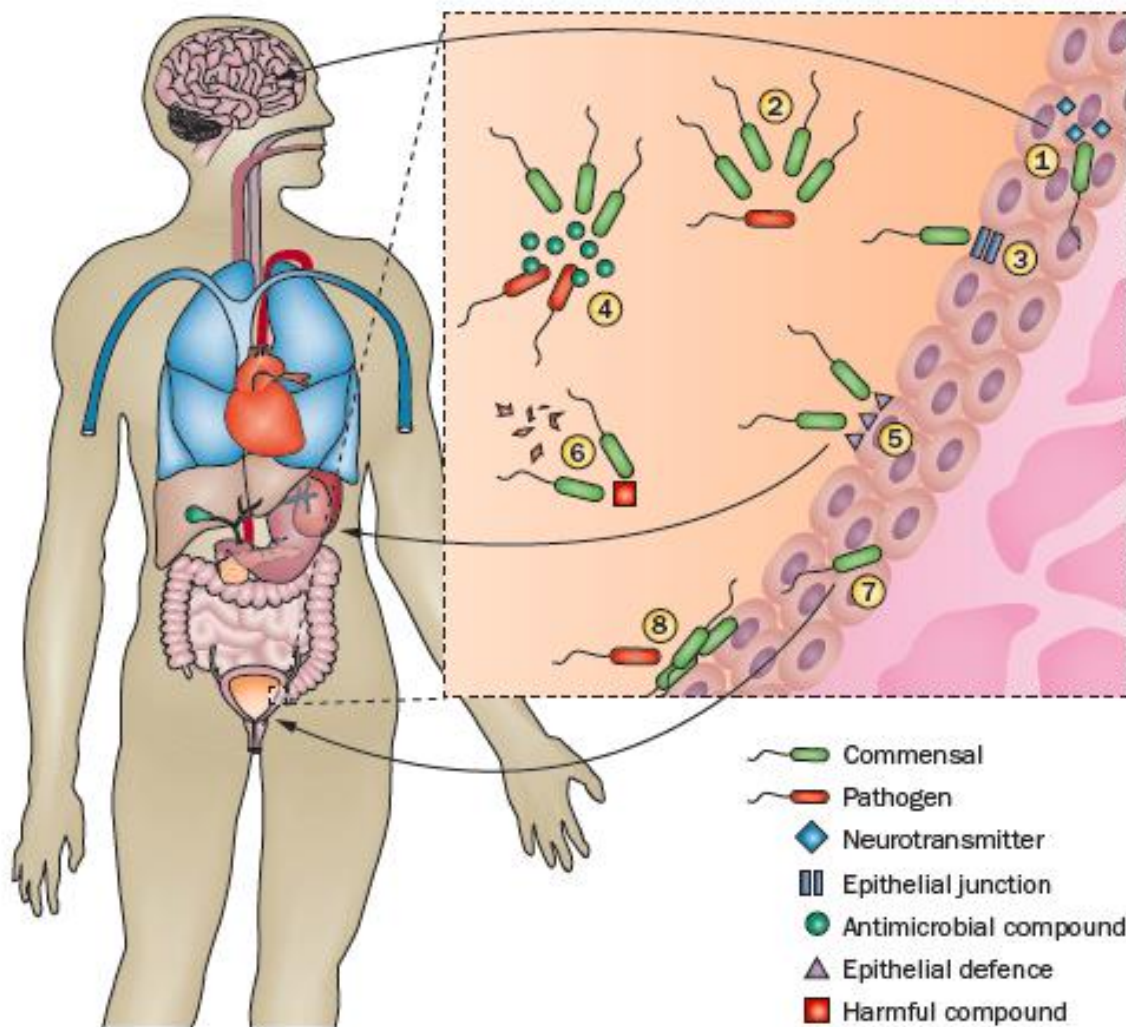
Samantha A. Whiteside, Hassan Razvi, Sumit Dave, Gregor Reid and Jeremy P. Burton

**Abstract** | Urologists rarely need to consider bacteria beyond their role in infectious disease. However, emerging evidence shows that the microorganisms inhabiting many sites of the body, including the urinary tract—which has long been assumed sterile in healthy individuals—might have a role in maintaining urinary health. Studies of the urinary microbiota have identified remarkable differences between healthy populations and those with urologic diseases. Microorganisms at sites distal to the kidney, bladder and urethra are likely to have a profound effect on urologic health, both positive and negative, owing to their metabolic output and other contributions. Connections between the gut microbiota and renal stone formation have already been discovered. In addition, bacteria are also used in the prevention of bladder cancer recurrence. In the future, urologists will need to consider possible influences of the microbiome in diagnosis and treatment of certain urological conditions. New insights might provide an opportunity to predict the risk of developing certain urological diseases and could enable the development of innovative therapeutic strategies.

Whiteside, S. A. et al. *Nat. Rev. Urol.* **12**, 81–90 (2015); published online 20 January 2015; doi:10.1038/nrurol.2014.361

*“...the microorganisms inhabiting the urinary tract might have a role in maintaining urinary health »*

Acting as a protective agent against pathogens



**Figure 2** | Potential roles of the urinary microbiota in homeostasis of the urinary tract.

- (1) Bacteria might produce neurotransmitters that interact with the nervous system.
- (2) Commensal bacteria might **outcompete pathogens for common resources**.
- (3) Bacteria might have a role in the regulation and maintenance of **epithelial junctions**.
- (4) Commensals might produce **antimicrobial compounds** that kill pathogens.
- (1) Bacteria might **prime epithelial defences, including immune defences**.
- (2) Commensal bacteria might **degrade harmful compounds**.
- (3) Bacteria might be necessary for **proper development of the urinary tract**, including the uroepithelium, immune system and peripheral nervous system within the bladder and surrounding tissues.
- (4) Commensals might create a **barrier, blocking pathogen access to the uroepithelium**.



 PLOS ONE

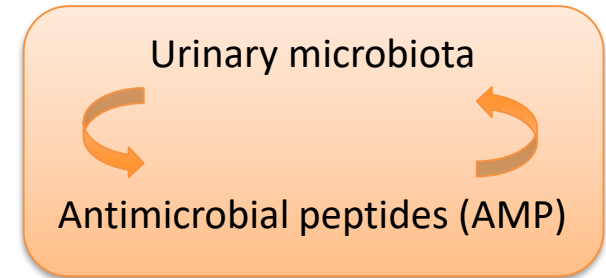
RESEARCH ARTICLE

# Interplay between Bladder Microbiota and Urinary Antimicrobial Peptides: Mechanisms for Human Urinary Tract Infection Risk and Symptom Severity

Vanessa Nienhouse<sup>1,2,3,4</sup>, Xiang Gao<sup>10,11</sup>, Qunfeng Dong<sup>10,11</sup>, David E. Nelson<sup>9</sup>, Evelyn Toh<sup>9</sup>, Kathleen McKinley<sup>6</sup>, Paul Schreckenberger<sup>3,4,6</sup>, Noriko Shibata<sup>2,4</sup>, Cynthia S. Fok<sup>3,5,7</sup>, Elizabeth R. Mueller<sup>3,5,7</sup>, Linda Brubaker<sup>3,5,7</sup>, Alan J. Wolfe<sup>2,3,4</sup>, Katherine A. Radek<sup>1,2,3,4,8\*</sup>


PLOS ONE | DOI:10.1371/journal.pone.0114185 December 8, 2014

### Innate immune system regulation



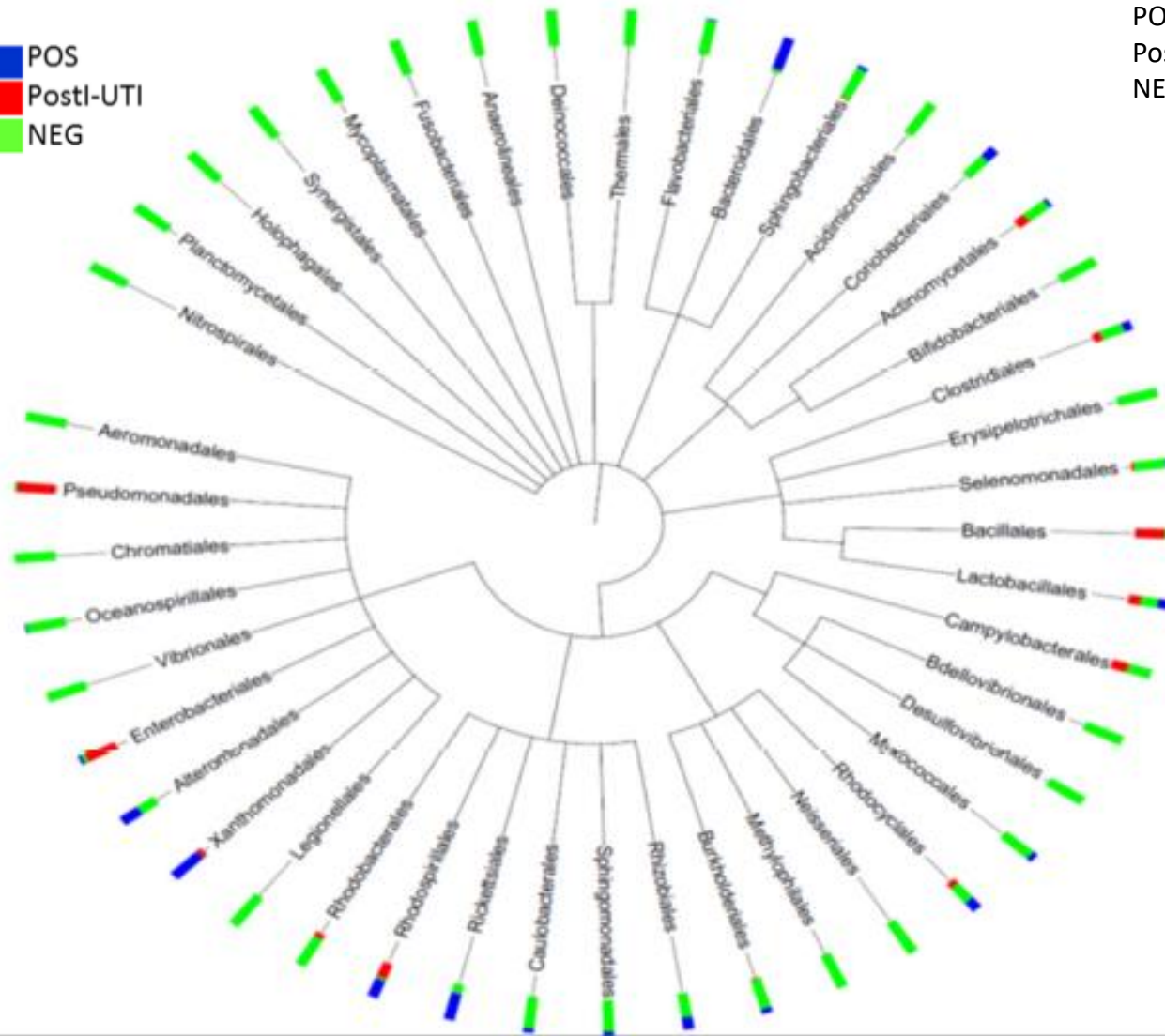
**UTI risk**  
significantly correlated  
with specific urinary  
microbiota  
& AMP levels

AMP hydrophobicity and protease activity in urine ↗ in case of UTI and correlated positively with both UTI risk and pelvic floor symptoms

 interdependency between the urinary microbiota, AMP responses and symptoms

■ POS  
■ PostI-UTI  
■ NEG

POS= Positive Urine Culture  
 PostI-UTI= Post-Intervention UTI  
 NEG= Negative Urine Culture



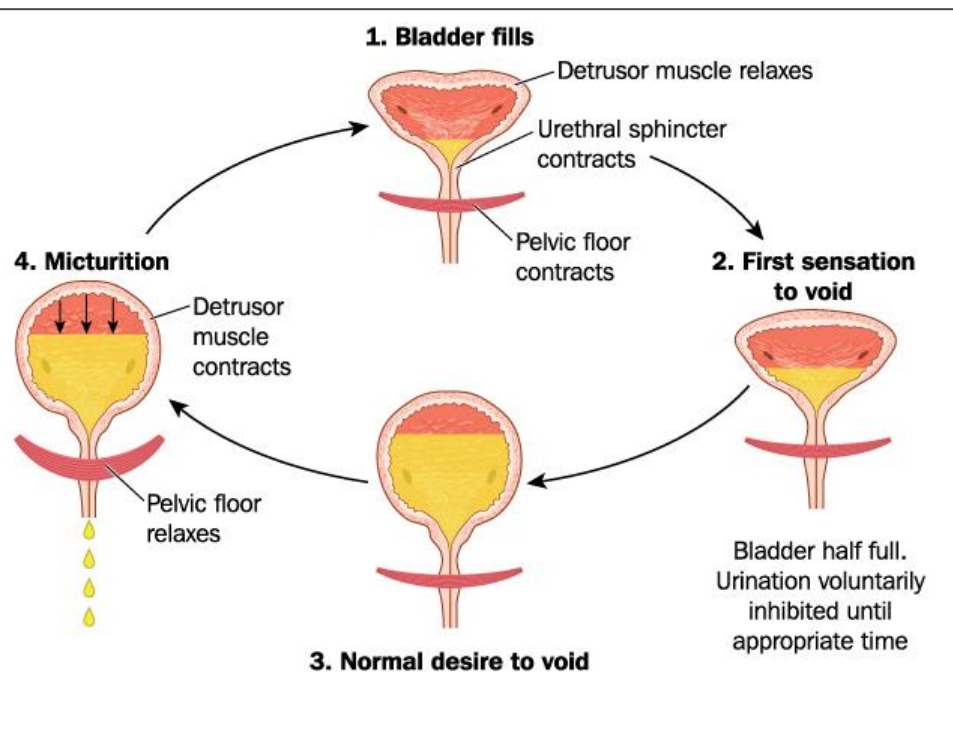
Urinary microbiota diversity correlated to risk of UTI

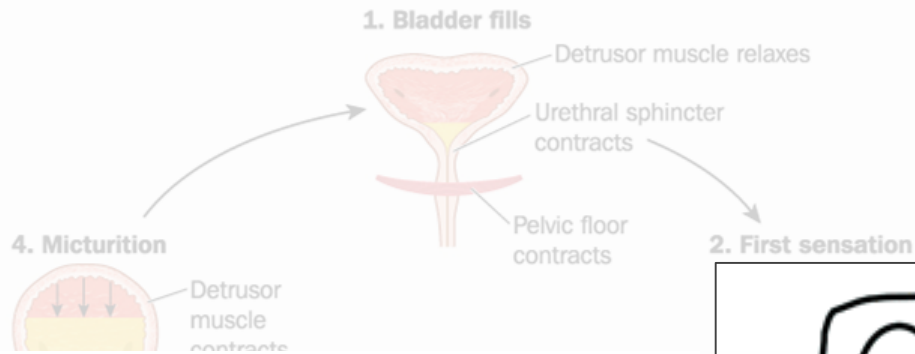
*“Some members of the urinary microbiota could contribute to lower urinary tract infections, while others could be protective”*

**Fig. 1. Bacterial diversity correlates with the susceptibility or resistance to UTI.** Phylogenetic tree comparing the bacterial diversity at the Order level within the female urinary microbiome. The bacterial diversity was compared between the three cohorts: POS (Blue), PostI-UTI (Red) and NEG (Green).

## In physiologic conditions

Bacterial multiplication during bladder filling and urine stasis  
*but*  
mechanic elimination by flushing during the micturition





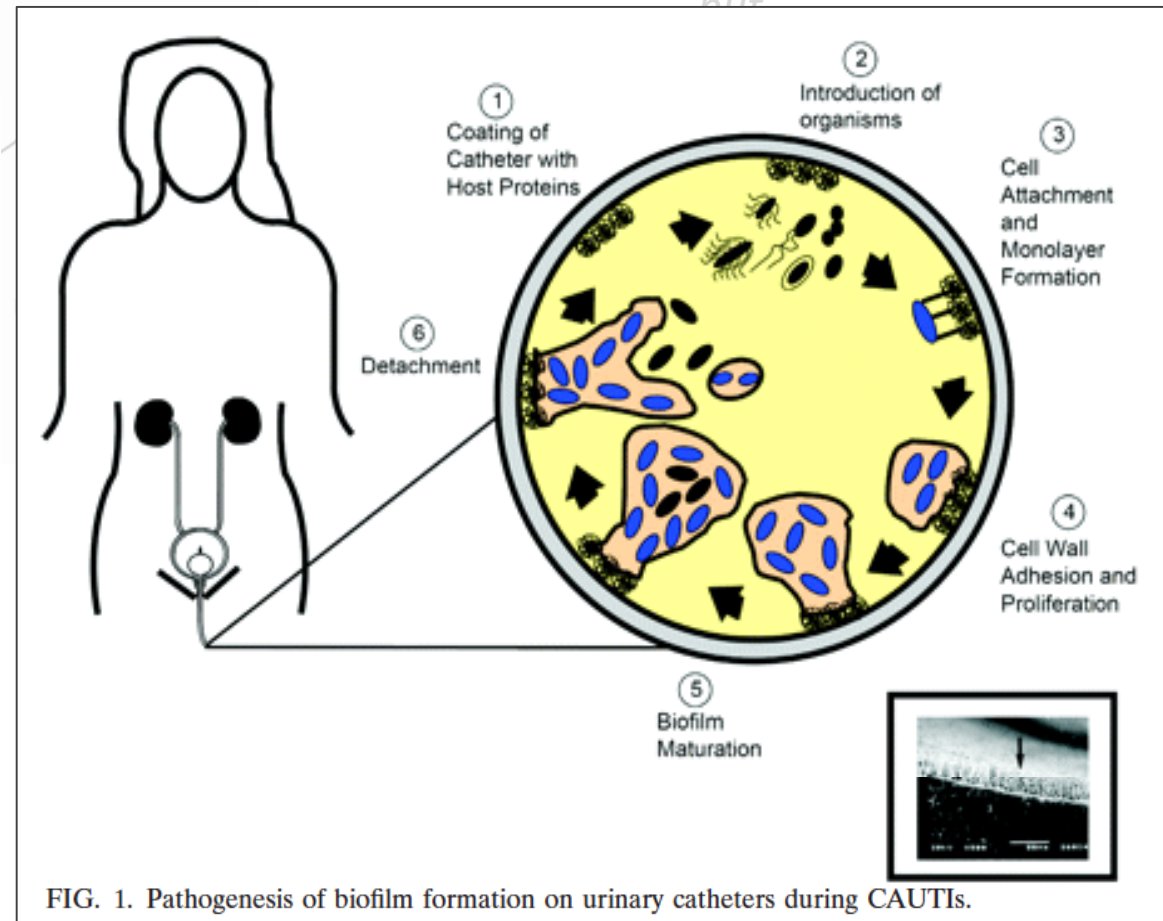
In physiologic conditions  
Bacterial multiplication during bladder filling and urine stasis

## When the catheter is placed...

- (1) catheter surfaces are coated with proteins
- (2) microorganisms are introduced
- (3) colonizing
- (4) proliferating
- (5) forming a biofilm
- (6) that mature

⇒ Catheter-colonization in few hours

⇒ CAUTI



\*Mutli-Drug Resistant Organisms

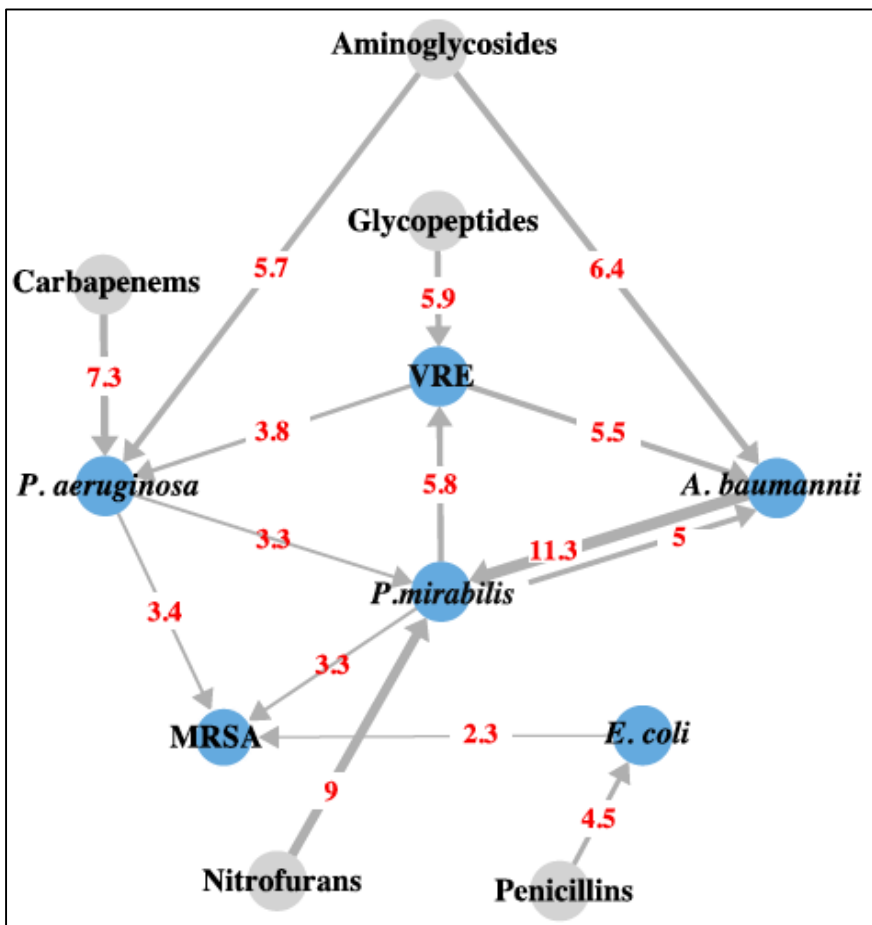


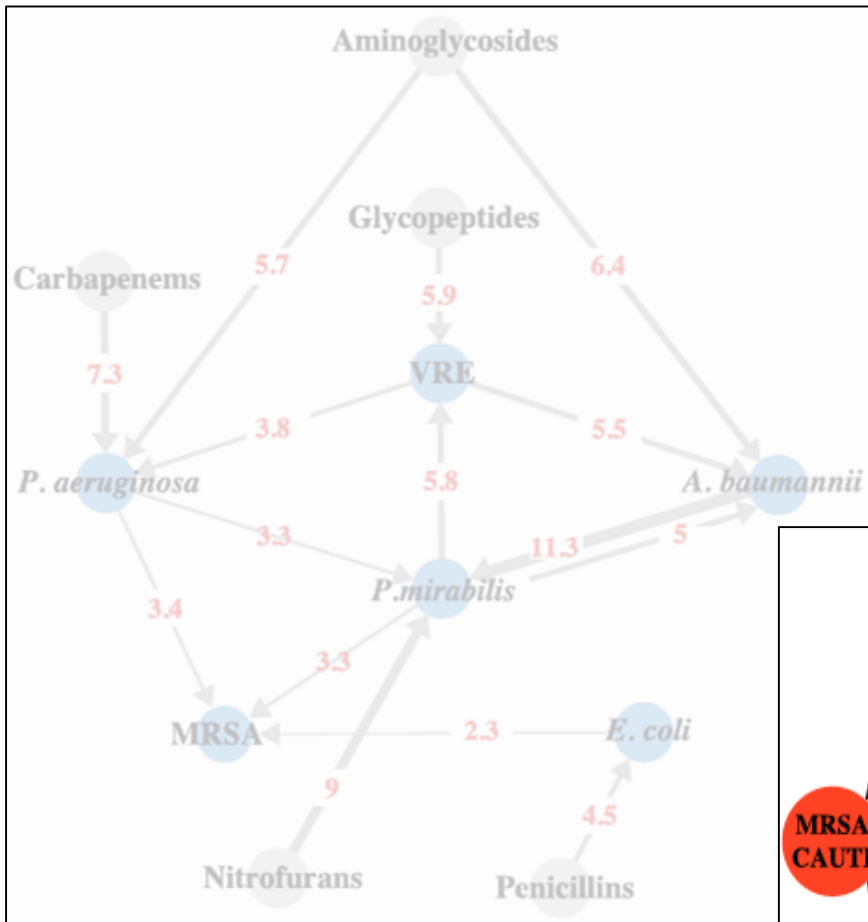
Fig2: Risk network for MDRO colonization

existing bacterial colonization → risk of secondary acquisition

relationship between antibiotic exposure & MDRO\* colonization

joint influence of microbial and antibiotic factors onto MDRO colonization

\*Mutli-Drug Resistant Organisms

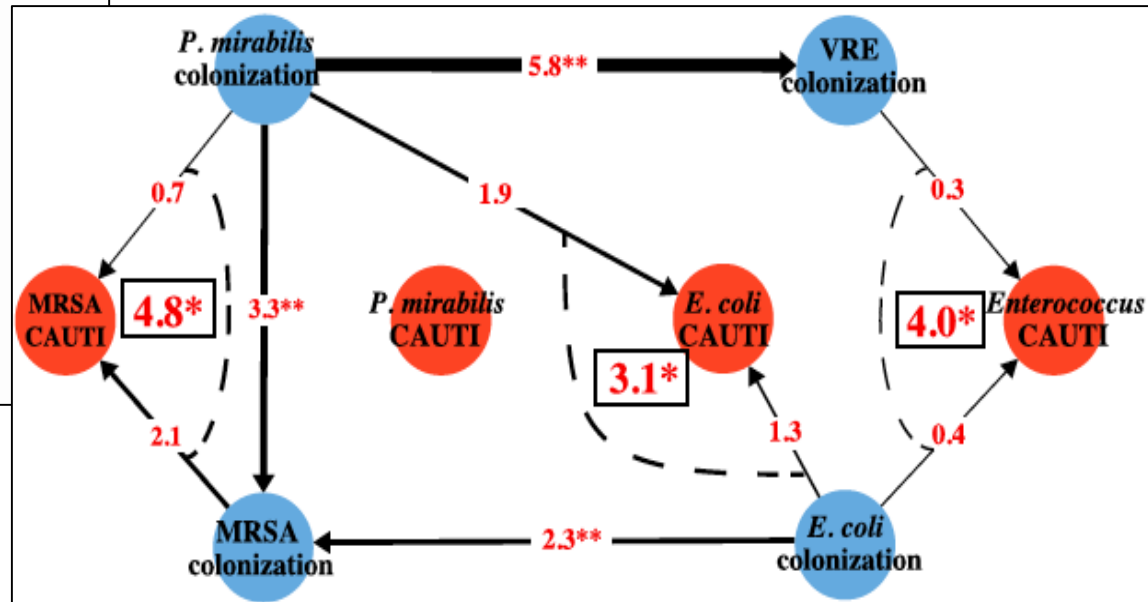


cocolonization associated with increased risk of CAUTI by specific bacteria

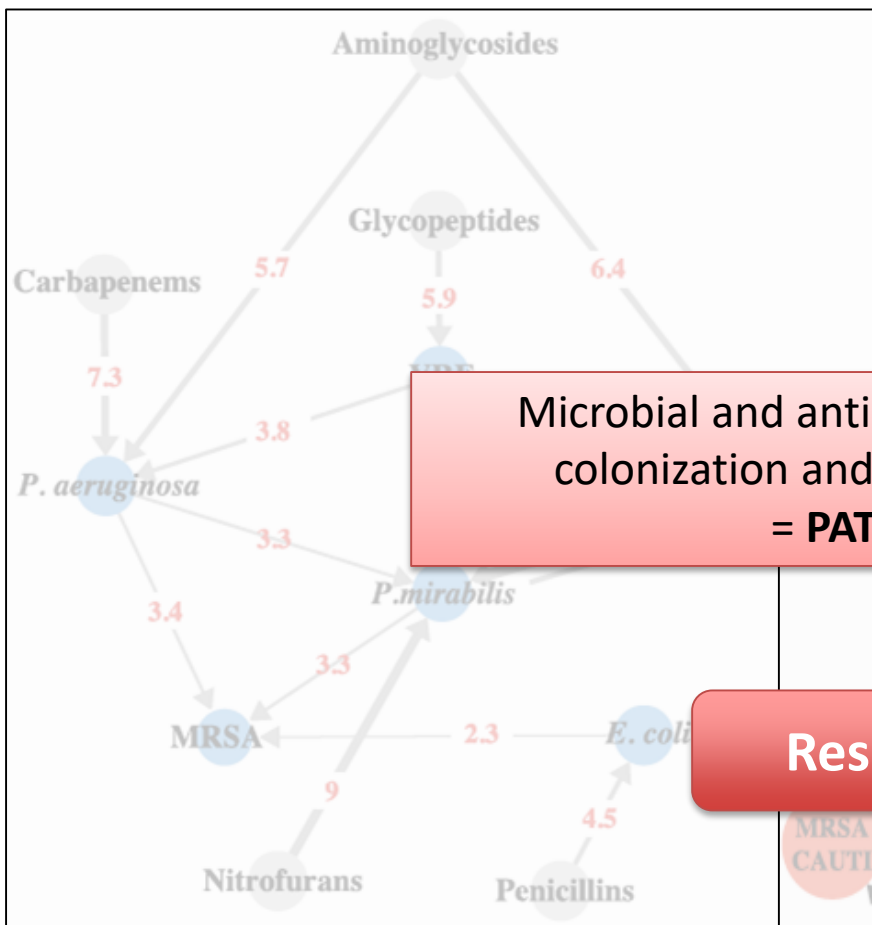
existing bacterial colonization ➔ risk of secondary acquisition

relationship between antibiotic exposure & MDRO\* colonization

joint influence of microbial and antibiotic factors onto MDRO colonization



\*Mutli-Drug Resistant Organisms



existing bacterial colonization → risk of secondary acquisition

relationship between antibiotic exposure & MDRO\* colonization

joint influence of microbial and antibiotic factors onto colonization

Microbial and antibiotic interactions drive colonization and infection with MDRO = **PATHOBIOME**

**Resistome**

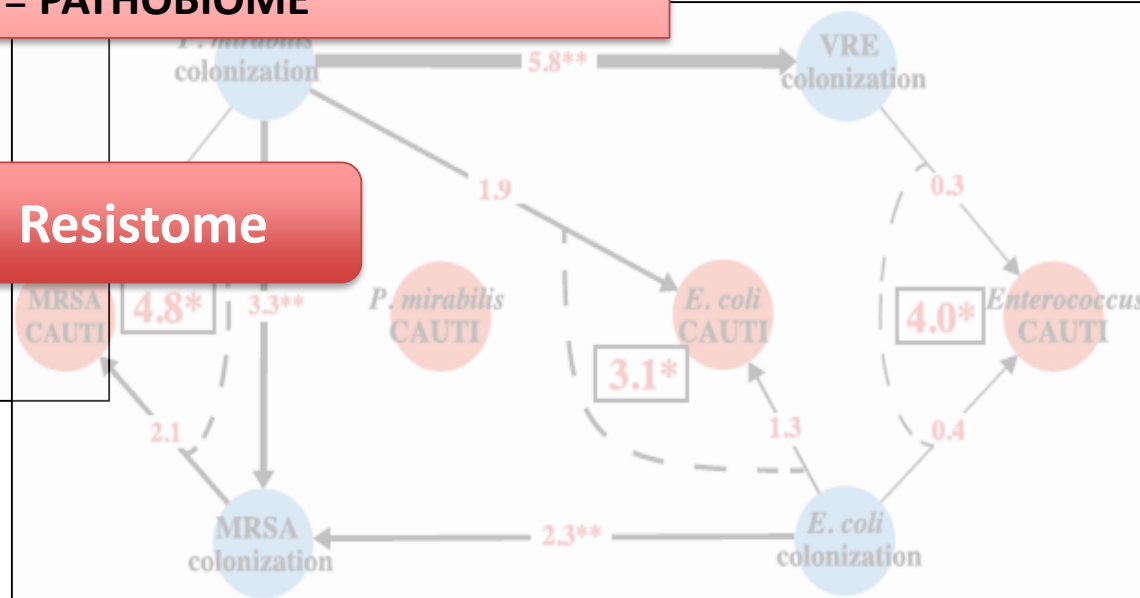


Fig2: Risk network for MDRO colonization

cocolonization associated with increased risk of CAUTI by specific bacteria

Fig3: Risk network for catheter-associated urinary tract infection (CAUTI)

Resistome = reservoir for antimicrobial resistance genes in the human microbial ecosystem

- open and dynamic entity
- shaped by several extrinsic and intrinsic factors
- massive interactions

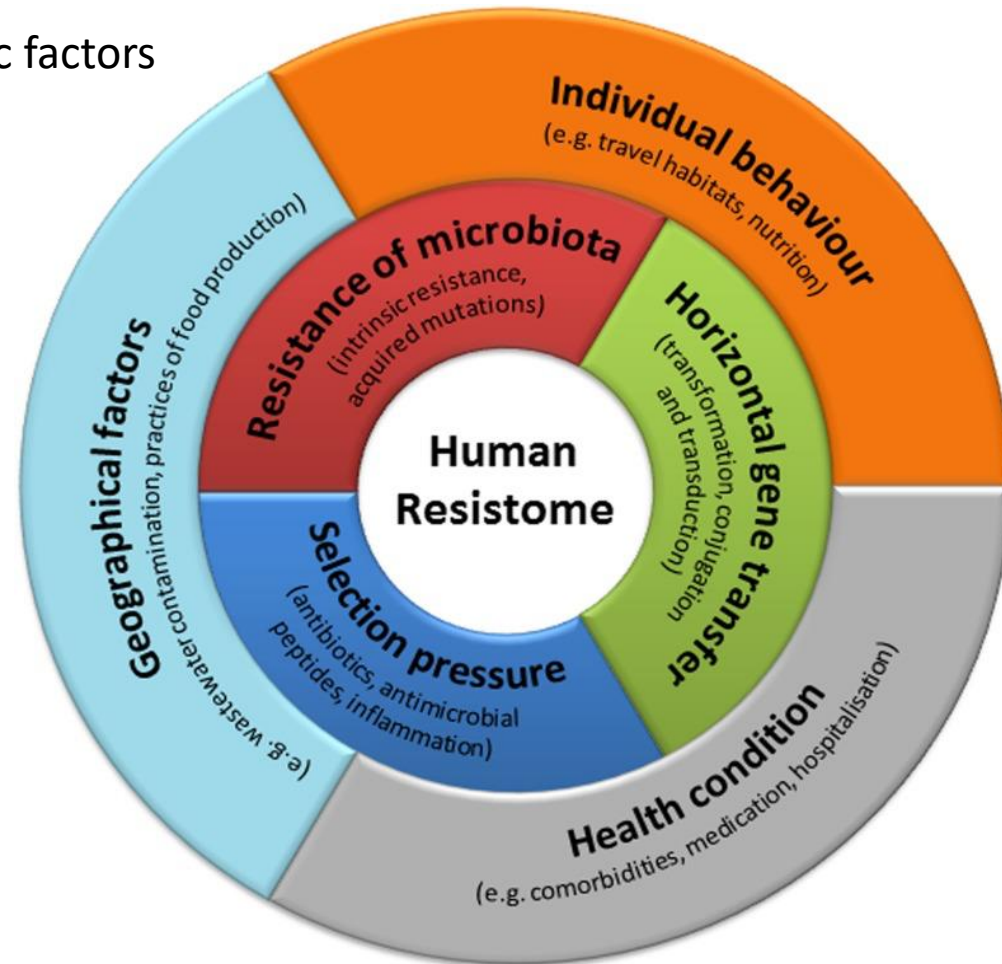


Figure: Potential factors shaping the human resistome



Resistome = reservoir for antimicrobial resistance genes in the human microbial ecosystem

- open and dynamic entity
- shaped by several extrinsic and intrinsic factors
- massive interactions

Considering resistome and factors acting upon it as a whole

emergence of MDRO  
and change  
commensal/mutualistic  
bacteria to pathogens

Ex: *E. coli* pathotypes  
Carbapenem-producing Enterobacteria...

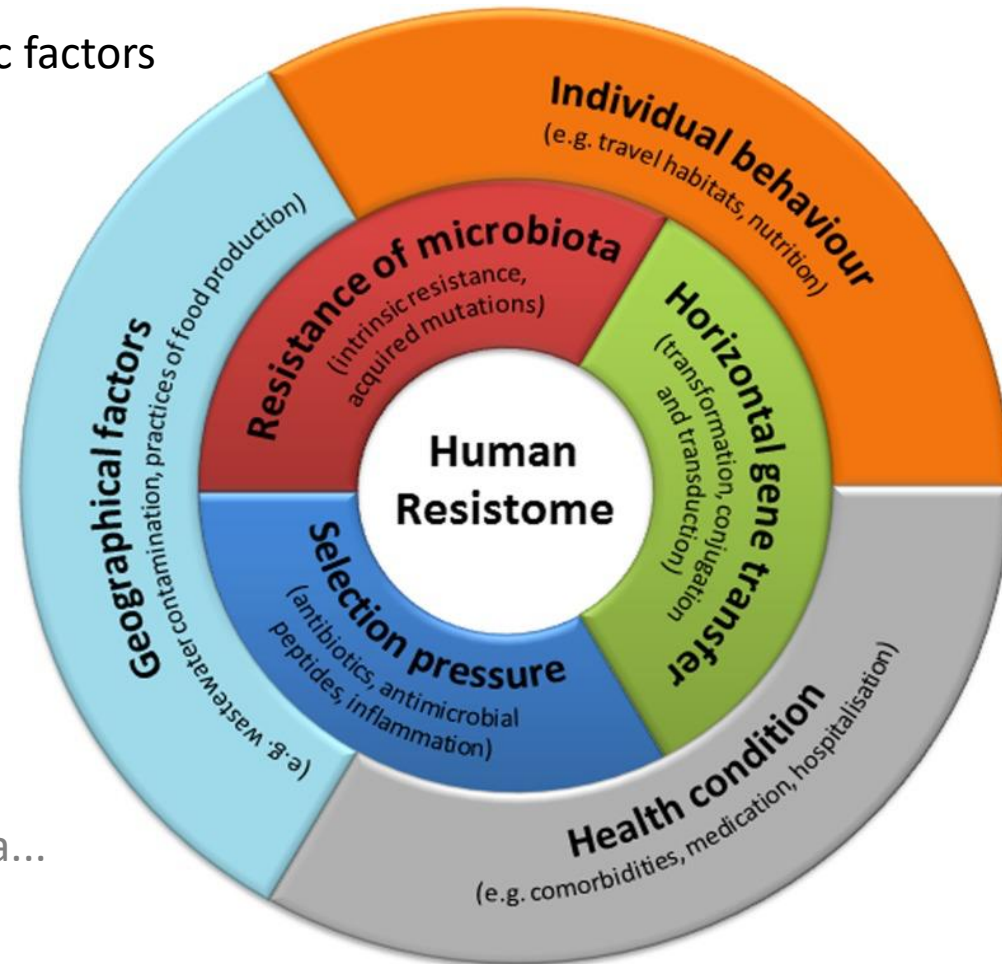


Figure: Potential factors shaping the human resistome

## Proofs of concept

*Clostridium difficile* and faecal transplant  
resistome and MDRO

post-surgical sepsis, CAUTI, ventilator-associated pneumonia...

**Preserving microbiota balance = preserving patients' safety ?**

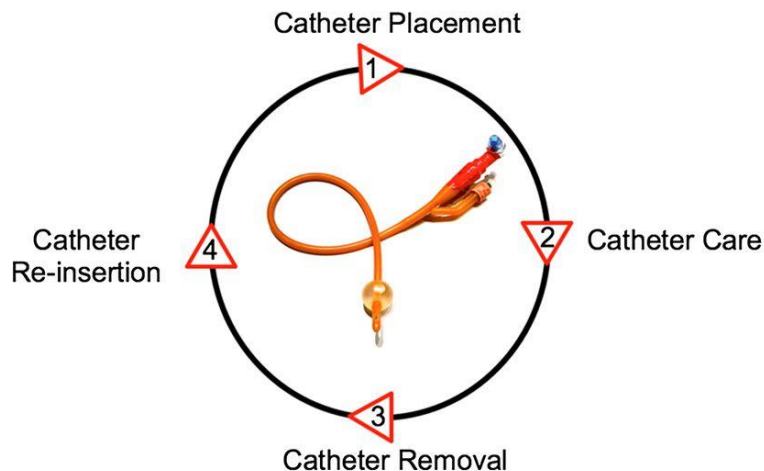
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### Lifecycle of the urinary catheter:



Meddings J, Saint S Clin Infect Dis. 2011;52:1291-1293

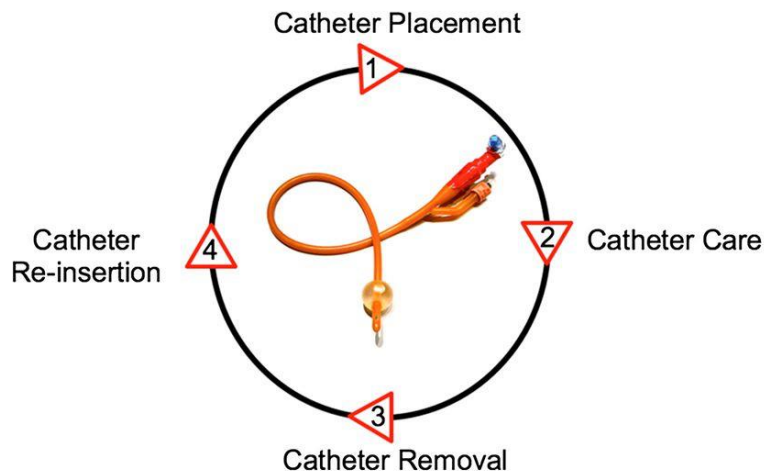
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### Lifecycle of the urinary catheter:



**WTF?**

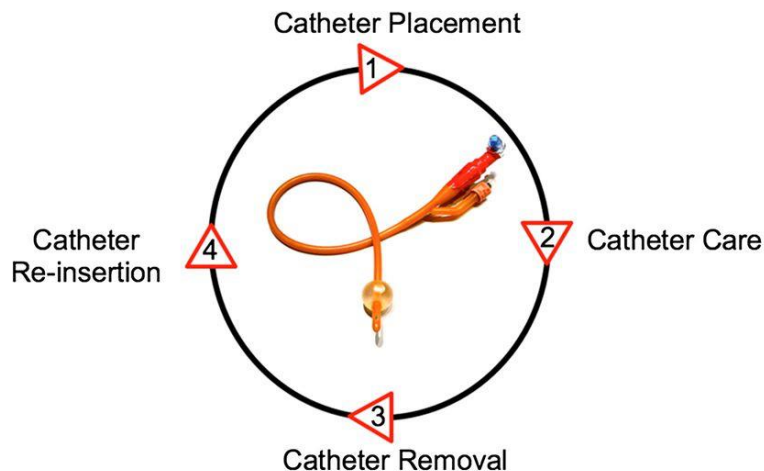
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## Lifecycle of the urinary catheter:



23

Meddings J, Saint S Clin Infect Dis. 2011;52:1291-1293

**WTF?**

**“Why The Foley ?”**

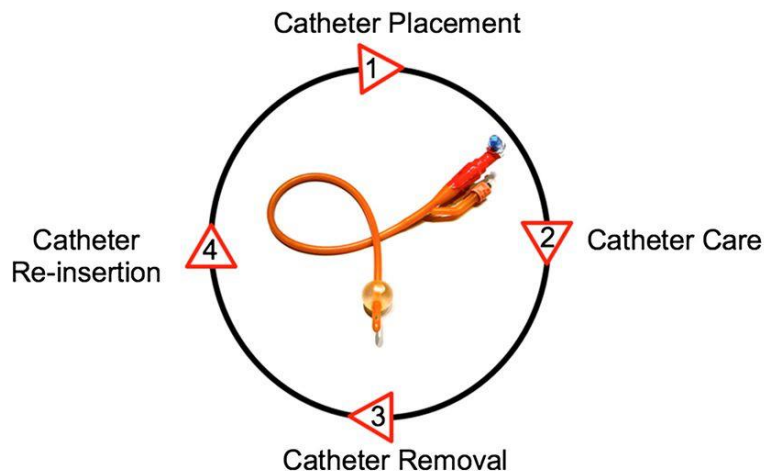
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## Lifecycle of the urinary catheter:



Meddings J, Saint S Clin Infect Dis. 2011;52:1291-1293

**WTF?**

**“Why The Foley ?”**

*“No answer to give?”*

*⇒ Get the Foley out!”*



**Thank you for your attention!**

