

CELEBRATING OUR COMMUNITY



REPORT TO THE COMMUNITY
2018/19

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The background is a solid teal color. Overlaid on this are several white, thin lines that form a network of overlapping circles and arcs. Some of these lines intersect at small white circular nodes, creating a geometric pattern that resembles a molecular structure or a network diagram. The lines and nodes are distributed across the page, with a higher concentration on the right side.

Sinai Health's vibrant and dedicated community has a profound impact on people's lives. Our employees, physicians, nurses, scientists, learners and volunteers have a relentless drive to do better, to pursue bold ideas and to provide the best care imaginable.

As Canada's leading integrated health system, we are connecting people to the right type of care and creating a seamless health care journey for our patients and families. We are thankful to those in our community who support our organization through philanthropy.

At Sinai Health, we are leveraging the power of community to break down barriers, push boundaries and provide high-quality health care for all.



A MESSAGE FROM SINAI HEALTH SYSTEM LEADERSHIP

Since our amalgamation, Sinai Health has focused on leveraging our collective expertise to create a system that responds to the changing needs of our patients and the evolving health-care landscape. Built on the premise of serving patients across the continuum by integrating acute, rehabilitative and community-based care, Sinai Health is well-positioned to partner in advancing our government's vision for a totally reinvented patient experience.

To advance our mandate, we must invest in our people, who deliver care and create possibilities across our hospitals and research institute. This year saw us undertake the important work of discovering our shared purpose and values, which our employees, learners, physicians, scientists and volunteers all contributed to shaping. We engaged broadly and deeply, and together we have defined our purpose and values and ultimately, our culture for the thousands who work, volunteer and learn every day across Sinai Health. Alongside the advancements being made through our People Plan and Academic Practice Strategy, we are providing our people with the supports needed to confidently enter into planning for our next Strategic Plan 2020-25 — realizing the promise of Sinai Health.

The quality of care we provide our patients and clients continues to be our top priority. That priority was firmly underscored this year with Circle of Care being awarded Exemplary Standing by Accreditation Canada, with a perfect score of 100 per cent. We know that excellent care begins with quality, safety and accountability, and within our hospitals our Quality Aims continue to help us drive performance and enhance patient care.

This has been an intensely rewarding year of exciting initiatives that are yielding remarkable results, making us stronger and helping drive our growth. As you flip through the pages of this Report to the Community, we hope you will be as inspired and proud of our many accomplishments as we are.

We are immensely grateful to our extraordinary team of employees, learners, physicians, scientists and volunteers. None of these accomplishments would be possible without their passion and drive for delivering exceptional patient care across Sinai Health.

Translating our vision into reality cannot happen without the support of dedicated and engaged Board and Committee leadership. We are extremely fortunate to have the calibre of volunteer leadership for Sinai Health that we do, and we thank them for their contributions.

And our heartfelt thanks to our donor community. Their ongoing support and generosity allows us to put our patients first and realize our vision of being Canada's leading integrated health system.

This has been another solid year of progress across our hospital, research and home care environments. In creating value for patients, caregivers and through being an active participant in our rapidly evolving health-care system.

Brent S. Belzberg, C.M.
Chair, Board of Directors
Sinai Health System

Dr. Gary Newton
President & CEO
Sinai Health System



**A MESSAGE FROM SINAI HEALTH FOUNDATION:
TOWARDS SINAI 100**

Sinai Health Foundation, Bridgepoint Foundation and Arthritis Research Foundation are proud to raise funds in support of Sinai Health. The incredible accomplishments and breakthroughs featured in this year’s Report to the Community were made possible thanks to you.

Because of your support, this has been a year of transformation and growth. As we conclude the first year of our five year strategic plan *Sinai 100: Honouring our Past, Powering our Future*, we are proud to report that we are on track to achieving our goals and priorities.

We are grateful to our volunteer leadership for supporting our efforts to build a world-class foundation. Their work ensures we create the most engaged volunteer base and attract the best and brightest fundraising talent.

Since our founding, philanthropy and community have enabled us to push against boundaries. From standalone hospitals to building an integrated system, we celebrate the partnerships and supporters that enable us to accomplish excellence together.

Our community of donors continues to fuel discovery and world-class care. We are grateful to recognize our volunteers, leaders and supporters from our Sinai Stars to our Venture Sinai members to our transformational donors.

We celebrate our volunteers who led the incredibly successful Hold'em For Life, Party in Our Crib and many other events. Philanthropy provides much needed resources to support priority projects like *Renew Sinai*. This important redevelopment of one-third of Mount Sinai Hospital will enable us to match our facilities with our world-class care.

As we approach Mount Sinai Hospital’s 100th anniversary in 2023, we are pleased to kick off the celebrations by introducing you to some of the pioneers and trailblazers who have made breakthrough discoveries that we will honour as Sinai 100 Chairs.

We are proud to celebrate the founders, community leaders and philanthropists who have enabled Sinai Health to evolve into what is today. They are our giants, on whose shoulders we stand.

David Cynamon
Co-Chair,
Board of Directors
Sinai Health Foundation

Howard Sokolowski, O. Ont
Co-Chair,
Board of Directors
Sinai Health Foundation

Louis de Melo
Chief Executive Officer
Sinai Health Foundation

HEALTHY BEGINNINGS

ONTARIO FETAL CENTRE CELEBRATES FIRST ANNIVERSARY WITH NEW OPERATING ROOM

This pioneering centre for maternal-fetal medicine marked another milestone with the opening of a new state-of-the-art operating room, allowing for even more highly specialized procedures to be delivered in Ontario. Launched last year in partnership with The Hospital for Sick Children (SickKids), the Ontario Fetal Centre's team of surgeons repair rare conditions in-utero, including heart defects, spina bifida and twin-to-twin transfusion syndrome, which results in one twin getting more nutrient-rich blood from the placenta than the other. With the new operating room in the Slaughter Family Labour and Delivery Unit, access to advanced fetal therapies for women across Canada will increase dramatically.

REVOLUTIONARY NEW PRENATAL TEST ON THE HORIZON

Comprehensive screening for genetic abnormalities could be as easy as a Pap smear, thanks to a safe, non-invasive new prenatal test being developed by Mount Sinai's genetic specialists. Thanks to a multi-million dollar investment in research funding, the NIPD (non-invasive prenatal diagnosis) procedure will offer pregnant women a risk-free alternative to amniocentesis and chorionic villi sampling, and be performed as early as five or six weeks' gestation. Dr. David Chitayat, Head of our Prenatal Diagnosis and Medical Genetics Program, and Dr. Elena Kolomietz, Co-Head of our Division of Diagnostic Molecular Genetics, hope to have a prototype ready for clinical trials within three years.



**TOWARDS
SINAI
100**

**DR. SHOO LEE:
A LEADER IN
NEONATAL CARE**

Dr. Shoo Lee has revolutionized the care of mothers and babies at Mount Sinai Hospital and around the world. During his tenure as Paediatrician-in-Chief and Director of the Maternal-Infant Research Centre at Sinai Health, Dr. Lee designed the Family Integrated Care program for the Newton Glassman Charitable Foundation Neonatal Intensive Care Unit, where the tiniest, most fragile babies benefit greatly from involving parents as partners in care. He has also championed research innovation through the Canadian Neonatal Network, a collaboration between 30 hospitals and 17 universities. The Sinai 100 chair established in Dr. Lee's name caps a nearly 40-year career dedicated to excellence in research, clinical care and training. "I hope it will build upon Mount Sinai's legacy as a leader in improving outcomes and care, and explore new frontiers in achieving those goals," he says.

A photograph of a woman with long dark hair, wearing a black lace top, smiling warmly as she holds a young child. The child, a toddler with dark hair in pigtails and bangs, is wearing a light pink, short-sleeved dress and looking towards the camera with a slight smile. The background is a bright, out-of-focus white.

THERE SHE GROWS

Two years after a pioneering in-utero surgery, baby Eiko is thriving

Two years ago, my family received a diagnosis that changed our lives. Expecting our fifth child, my husband and I went in for a routine scan and learned that our little girl had a severe form of spina bifida. We were terrified. Then, perinatal specialist Dr. Greg Ryan gave us some stunning news: His team was ready to do the first in-utero surgery in Canada to repair her spina bifida. Now, at 18 months, baby Eiko is learning how to walk and is determined to catch up with her older brothers. Each day, she astonishes us by showing us what else she's able to do.

REIMAGINING CARE

MAKING MOUNT SINAI AN EVEN BETTER PLACE TO DELIVER AND RECEIVE CARE

Several projects are underway to meet growing demand and respond to our patients' most urgent needs: expanded surgical services and the doubling in size of the Emergency Department. Construction has begun on 18 new state-of-the-art operating rooms, while the driveway of the Schwartz/Reisman Emergency Centre is being redeveloped for more efficient ambulance access and a 24-hour pedestrian entrance. We also started the highly complex process of relocating Pathology and Laboratory Medicine, where over 10,000 tests are performed daily, to its new home.

VOLUNTEERS STIMULATE THE MINDS, BODIES AND SPIRITS OF OUR OLDER PATIENTS

In 2018, an innovative volunteer program designed to improve older patients' quality of life during their stay in hospital went system-wide. The Maximizing Aging Using Volunteer Engagement (MAUVE) program is made up of a group of specially trained volunteers sharing a meal, playing games, reading or taking visits outside with our older patients, improving quality of life as well as reducing cognitive and functional decline. After unprecedented success at Mount Sinai Hospital – first in the Acute Care for Elders Unit, then in four other nursing units and the Emergency Department – the program now provides aid and companionship to patients at Bridgepoint Active Healthcare. Since its Bridgepoint launch, MAUVE volunteers have provided over 900 hours of support on the Transitional Care Unit.



TOWARDS
SINAI
100

DR. BERNARD ZINMAN, C.M.:
**PIONEERING RESEARCH
IN DIABETES CARE**

As the inaugural Director of the Leadership Sinai Centre for Diabetes, clinician-scientist Dr. Bernard Zinman is a leading authority in the field of diabetes care and research. He played a key role in the Diabetes Control and Complications Trial, a pivotal study that has had a global impact on the management of Type 1 diabetes. Dr. Zinman, who received the Order of Canada in 2012, has also led landmark studies on drug therapies that have dramatically reduced the incidence of cardiac and kidney complications in Type 2 diabetes. "Not often does a researcher enjoy the reward of both answering a question and adopting a new standard of care," says Dr. Zinman. "Mount Sinai's commitment to both investigation and clinical care in diabetes has made us one of the leading centres for diabetes experts and researchers in the world."

A portrait of Dr. Christine Soong, a woman with dark hair, wearing a white turtleneck and a black jacket, smiling against a dark background.

LEADING THE WAY

Ontario's first Academic Division of Hospital Medicine launched

"As more patients are admitted with complex health needs, hospitalists have a unique lens. We create a cohesive, comprehensive care plan that looks at the overall picture. The field of hospital medicine has been around for a long time, but we haven't had the opportunity to study the impact of this model of care from an academic perspective. We have an exciting opportunity for Mount Sinai to become a leader in research and quality of care."

Dr. Christine Soong will head the province's first fully academic division of Hospital Medicine at Sinai Health. With an outstanding track record of creating transformative Quality Improvement measures, she is uniquely positioned to foster innovation in safe, timely and effective care for patients across our system.

NEW IDEAS, BETTER OUTCOMES

APP HELPS REDUCE READMISSION RATES FOLLOWING CANCER SURGERY

Mount Sinai is considered a national leader in the treatment of colorectal cancer. Dr. Erin Kennedy, a leading surgeon and researcher in this area, developed a guided recovery app that reduced 30-day readmission rates from 18 per cent to 6.1 per cent. Through their smartphones, tablets or computers, patients received reminders, accessed interactive education, tracked recovery milestones and recorded warning signs. Clinicians were automatically notified of any risk for complications and were able to view a patient's health status in real time. Patient satisfaction scores for the program were 89 per cent.

AN INNOVATIVE NEW SURGERY PATHWAY FOR AMBULATORY FRACTURES

As hip fracture cases make speedier journeys to the operating room, less serious fractures – such as the wrist or ankle – have unfortunately faced longer waits for surgery. Orthopaedic surgeon Dr. Jesse Wolfstadt devised a new surgical pathway for these patients during his fellowship at Mount Sinai, observing that one-quarter of ambulatory fracture patients were spending an average of four days in hospital. Enhanced nursing staff training allows these patients to wait for surgery in the comfort of their own homes, reducing unnecessary hospitalizations to zero. “We’ve had a pretty profound impact on patient care,” says Dr. Wolfstadt. “We’re avoiding having them pick up infections, and the patients are happier.”



TOWARDS
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**DR. PAMELA GOODWIN:
AT THE FOREFRONT
OF BREAST CANCER
DISCOVERIES**

As a clinician-researcher, the Marvelle Koffler Chair in Breast Research and Director of the Marvelle Koffler Breast Centre, Dr. Pamela Goodwin, pioneered host factor research: inquiry into the association between breast cancer and individual traits, including lifestyle and diet. Notably, she found strong links with vitamin D deficiency as well as obesity, changing the way clinicians understand and treat breast cancer. “Clinician-researchers are at the forefront of translating science to clinical practice,” she says. “In the future, I hope all new discoveries are made available to patients so that they can do better.”



STEPHANIE'S STORY

Triumphing over Crohn's with excellence in surgical care

At age 16, I was diagnosed with Crohn's disease and was sick for over 25 years with intense pain and discomfort. Every drug I tried failed, and I had over 14 surgeries before I met Dr. Zane Cohen, one of the world's top colorectal surgeons. Something about Dr. Cohen's demeanour made me feel safe and secure, and I knew he would take care of me.

Soon after we met, I underwent surgery to get a permanent ileostomy. When I woke up I was in remission for the first time in my life. I am incredibly grateful to Dr. Cohen and Mount Sinai for giving me my life back.

FAMILY FIRST

REALIZING OUR PLANNED DESIGN

Funding and support from the Ministry of Health and Long-Term Care is enabling Bridgepoint Active Healthcare to respond to the growing needs of our health care system and realize the hospital's original vision and design. The previously unoccupied 10th floor is now home to the Albert and Temmy Latner Family Palliative Care Unit. Featuring large private rooms and a seasonal rooftop therapy garden, the unit will also have a dedicated volunteer program enhancing the social supports for families.

CIRCLE OF CARE PERSONAL SUPPORT WORKERS LEND COMFORT AND SUPPORT DURING DIFFICULT TRANSITIONS

Many people experiencing terminal illness would prefer to spend their final days at home, but end-of-life care is often more than most families can manage on their own. A partnership between Circle of Care and Sinai Health's Temmy Latner Centre for Palliative Care allowed more than 1,000 Personal Support Workers (PSWs) access to training to help patients and families cope with these difficult transitions at home. Palliative care experts from Sinai Health provided insights on nutrition, pain management, family support and what to anticipate during the final hours of life in order for PSWs to better assist families in fulfilling their wish to spend their last days together in the comfort and privacy of their homes.





OUR STORY

In the words of a Family Caregiver

“My husband and I have been married for 42 years and have rarely been apart. After his stroke, family presence allowed me to fully participate in his care, from therapy to physician visits. It also greatly reduced my stress because I didn’t have to worry about travel. Most importantly, it allowed us to maintain our relationship during his recovery.”

In 2018, Bridgepoint Active Healthcare introduced a Family Presence policy, allowing families and caregivers 24-hour access to their loved ones. As an integral part of our collaborative care team, family caregivers provide indispensable support. The new policy is a major milestone in our Quality Improvement Plan as we work towards more patient- and family-centred care.

NEW FRONTIERS IN RESEARCH



NEW DISCOVERY COULD MAKE STEM CELL TREATMENT SAFER

The field known as regenerative medicine holds exciting possibilities that could revolutionize the treatment of disease. Lab-grown transplant tissue, however, can pose risks. Because engineered cells are constantly dividing, they can also accumulate mutations that could lead to cancer. The same is true for tissue derived from stem cells – embryonic-like cells that can turn into any other type of cell in the body. Dr. Andras Nagy has developed a remotely controlled “kill switch” for eliminating potentially dangerous cells. His research, published in 2018 in *Nature*, renews promise for the safe use of regenerative medicine to replace tissues and organs that have been damaged by disease.



PROLIFIC YEAR FOR LEADING CANCER RESEARCHER

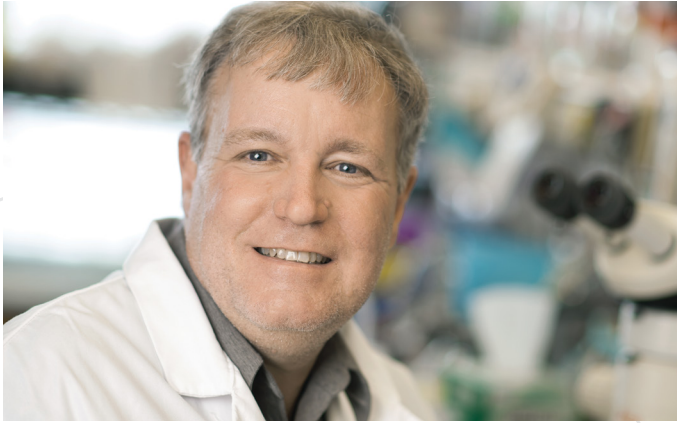
Internationally recognized molecular genetics expert Dr. Daniel Durocher has had an exceptionally successful year, with three papers published in the leading scientific journal *Nature*. Dr. Durocher and his team made key discoveries about the mechanisms of DNA repair in cells, including what he terms the Shieldin complex. Whether DNA damage occurs through environmental exposure or normal cell division, each of our cells rely on a complex detection and repair system to maintain our genetic integrity. A critical set of proteins together form a molecular machine that actively shields broken DNA from further damage and helps coordinate its repair.



**TOWARDS
SINAI
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DR. LOU SIMINOVITCH, C.C.: FOUNDER OF CANADIAN GENETICS

At age 99, Dr. Lou Siminovitch remains one of the visionaries of scientific medicine in Canada. He played a fundamental role in the development of several outstanding research centres, and made important contributions in the fields of bacterial and animal virus genetics, human genetics and cancer research, publishing more than 200 papers. As the founding director of Mount Sinai’s Lunenfeld-Tanenbaum Research Institute, he attracted the best and brightest minds and built what continues to be one of the foremost centres of research excellence in the world. He has been made both an Officer and Companion of the Order of Canada, and has been inducted into the Canadian Medical Hall of Fame. “The better the science, the better the patient care,” says Dr. Siminovitch. “Supporting research and becoming known internationally ensures we get the best possible people.”



A MAMMALIAN DISCOVERY THAT MAY LEAD TO BETTER MANAGEMENT OF INFLAMMATORY BOWEL DISEASE

Renowned cancer researcher Dr. Jeff Wrana has discovered a new type of intestinal cell in mammals that may be associated with Inflammatory Bowel Disease (IBD), an umbrella term that includes Crohn's disease and ulcerative colitis. The cell, previously only observed in animals that have the ability to regenerate body parts (such as newts and zebrafish), appears to play a central role in regenerating the damaged intestines of mammals. Dr. Wrana's finding could help us understand what leads to development of IBD and other disease pathways. He was recently awarded the McLaughlin Medal by the Royal Society of Canada for his pivotal contributions to our understanding of biology, human diseases and their treatment.



CHARTING A NEW COURSE IN STROKE REHABILITATION FOR COMPLEX PATIENTS

Rehabilitation care after a stroke can be especially complex for patients with multiple medical conditions. Bridgepoint Active Healthcare researcher Dr. Michelle Nelson has published a paper that defines a research agenda to address these patients' pressing needs, bringing together 43 researchers and clinicians for a two-day think tank. Through structured exercises, the participants helped set priority research questions to develop a greater understanding of complex patients and their needs; how to effectively manage these needs during stroke rehabilitation and the outcomes of high-quality care for complex rehabilitation patients. At the organization and health-care system level, this research agenda also defines questions to aid in decision making.

QUALITY AT SINAI HEALTH



In 2016, Sinai Health developed a five-year set of **Quality Aims** to define what the best high-quality care looks like for the complex and highly specialized patients across our hospitals. These aims form the scaffolding for our year-over-year **Quality Improvement Plan**. Looking ahead to 2019/20, we will be completing those initiatives while mapping out future performance expectations. Some highlights of improvements made over the past three years include:

REDUCING CRITICAL FALLS WITH NEW FLOORING TECHNOLOGY

Falls in hospitals continue to occur, particularly among older adults (age 65+). Often causing serious injuries, falls can have a traumatic impact on vulnerable patients and significantly reduce quality of life. Sinai Health has focused on preventative strategies, including the installation of SmartCells® cushioned flooring, first at our Bridgepoint Active Healthcare and now at Mount Sinai Hospital, which reduces the force of impact by up to five times compared to regular foam mats. That has translated to an average of 10–16 fewer critical falls per year.

EMERGENCY DEPARTMENT WAIT TIMES

Mount Sinai continues to be the top performer, with the lowest average emergency wait times among acute teaching hospitals in the province. A number of focused improvements have been made, including making ultrasound machines available at the bedside, reducing the average wait time for those scans by 30 minutes. Bedside ultrasound has now been implemented as a standard practice on weekdays.

IMPROVING THE PATIENT DISCHARGE EXPERIENCE

The transition from hospital to home can be a stressful time for patients and families. As part of our goal of patient-centred care, we implemented a Patient Oriented Discharge Summary (PODS), an easy-to-understand tool to arm patients and caregivers with the information they need as they plan to leave the hospital. The implementation of PODS for our Bridgepoint patients has improved our satisfaction rating from 44 to 56 per cent since 2016.

BRIDGEPOINT ACTIVE HEALTHCARE



511,112

Meals prepared annually at Bridgepoint



19,611

Outpatient visits/year



1,164

Total staff



300

Volunteers



527

Nurses



446

Beds in service



375

Rehab sessions in the pool

MOUNT SINAI HOSPITAL



29,062

Admissions/year



7,378

Births/year



4,646

Total staff



1,275

Nurses



827

Volunteers



385

Beds in service



363

Physicians

LUNENFELD-TANENBAUM RESEARCH INSTITUTE



362

Scientists, clinician-scientists and research trainees



760

Primary research articles

\$18.5 MILLION

Canadian Institutes of Health Research direct funding



12

Canada Research Chairs



12

Royal Society of Canada Fellows

CIRCLE OF CARE



1,426,957

Hours of personal support



206,152

Meals delivered



119,053

Rides for seniors



16,119

Clients



1,637

Holocaust survivors served



1,677

Total staff



880

Volunteers

COMMUNITY IMPACT

This past year, the community came together for many events and campaigns to support Sinai Health Foundation (including its partners Arthritis Research Foundation and Bridgepoint Foundation). These initiatives would not be possible without the dedication and leadership of our committees, sponsors, donors, attendees and volunteers. Thank you for raising critical funds and making a difference in the lives of the people we care for across our organization.

HOLD'EM FOR LIFE CHARITY CHALLENGE

Over the years, Hold'em For Life Charity Challenge events have raised over \$14 million for cancer research at Sinai Health. Your generous contributions are driving laboratory discoveries that translate into better, more personalized care. They have also helped establish the Hold'em For Life Charity Challenge Chair in Biomarker Cancer Research held by Dr. Eleftherios Diamandis.

This year's event also supported the breast cancer research of Dr. Pamela Goodwin, Director of the Marvelle Koffler Breast Centre. The funds raised at Hold'em are helping discover new therapeutic treatments for advanced breast cancer as well as uncovering risks related to diet and lifestyle choices.



PARTY IN OUR CRIB RAISES OVER \$1 MILLION

This past November, influencers and ambassadors took to social media to raise \$1 million in 24 hours for the Party in Our Crib campaign. A partnership between Sinai Health Foundation and The Canadian Shaare Zedek Hospital Foundation, this partnership raised funds for over 30,000 babies at Mount Sinai Hospital in Toronto and Shaare Zedek Hospital in Israel.

Co-chaired by Stacey Cynamon and Jenny Solursh, Party in Our Crib included an army of over 135 ambassadors, influencers and volunteers who manned phones, sent emails and actively posted about the campaign on social media. The campaign raised an incredible \$1,091,191 from over 800 donors. Those critical funds will provide new birthing beds, warming beds and incubators to give the 30,000 babies born annually at both hospitals a healthy start in life. We would like to thank Stacey and Jenny for their leadership and all those who participated, posted and donated.

THE GREAT JEWELLERY HEIST

More than 400 guests came together in support of Bridgepoint Active Healthcare at the eighth anniversary of The Great Jewellery Heist, presented by CIBC and Ivanhoe Cambridge. The sold-out fundraiser brought together a diverse and influential group of men and women from Bay Street and Toronto's fashion circles for a glamorous luncheon and jewellery auction at The Ritz-Carlton hotel. The event was hosted by Jeanne Beker and has raised more than \$2.1 million since its inception.



MOUNT SINAI CLASSIC GOLF TOURNAMENT

In June, 144 ardent golfers came together at St. George's Golf and Country Club for the 24th Annual Mount Sinai Classic Golf Tournament, presented by Equitable Bank and Chestnut Park & Echelon Wealth Partners. Thanks to the generous support from donors, sponsors and attendees, the event raised \$555,000 (net) in support of groundbreaking research at the Lunenfeld-Tanenbaum Research Institute (LTRI).

DAY AT THE RACES

In September, more than 100 guests joined us for a champagne reception, gourmet lunch and horse racing at Woodbine Racetrack. With support from our generous attendees and sponsors, the event has raised over \$2 million since its inception in support of the Arthritis Research Foundation. Arthritis is an umbrella term for over 50 different irreversible autoimmune conditions, including rheumatoid arthritis, vasculitis, scleroderma, lupus and others.



SERVING FOR SINAI

Over 300 players came together to compete at the third annual Serving for Sinai beach volleyball tournament and showed their support for research at Sinai Health. Serving for Sinai is hosted by a group of young philanthropists and raises critical funds for groundbreaking research at the LTRI. This year, Google won the competitive league, and Barry's Bootcamp won the recreational league. The event raised over \$180,000. Thank you to the committee, players and sponsors for your generous contributions.

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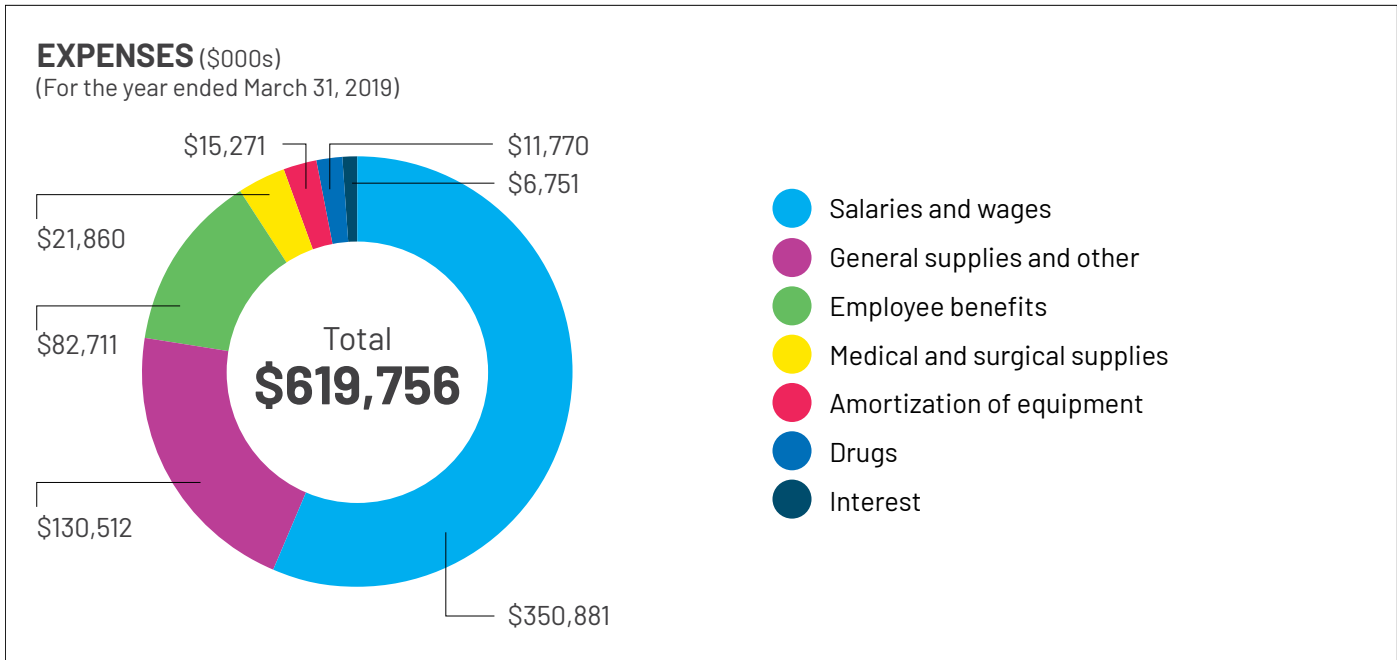
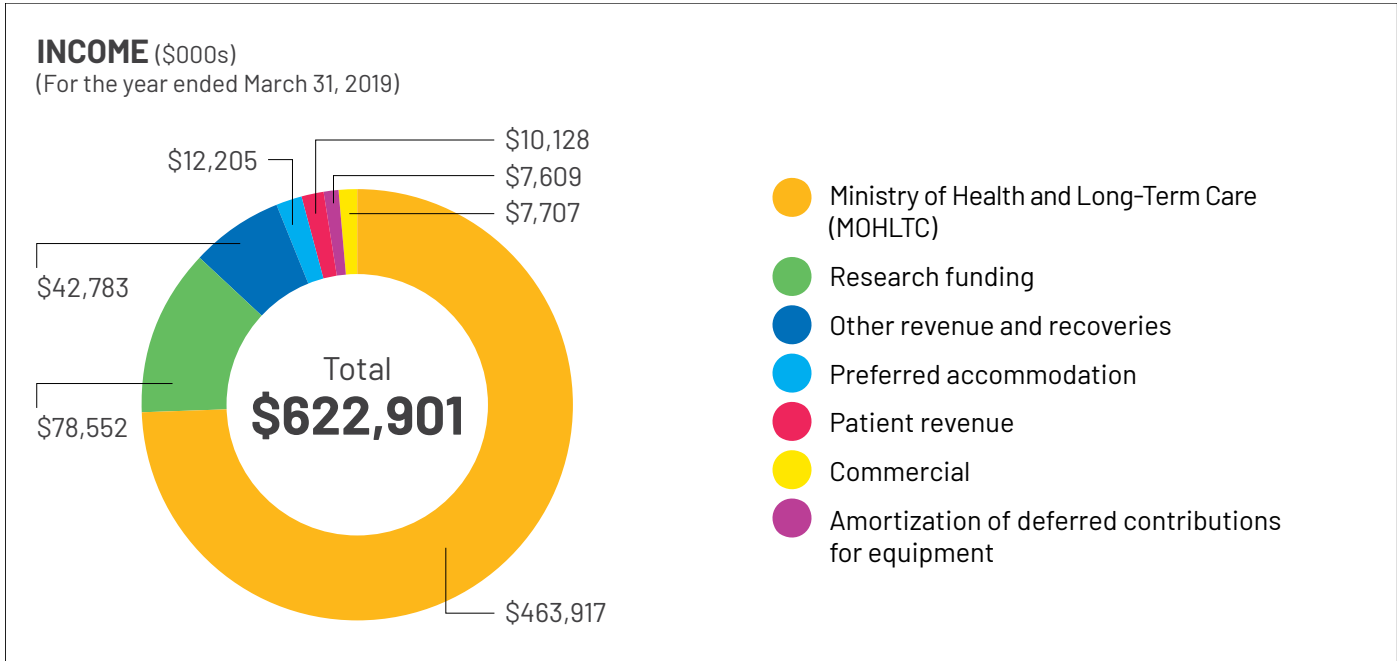
Millard Roth

Chief Executive Officer

Louis de Melo

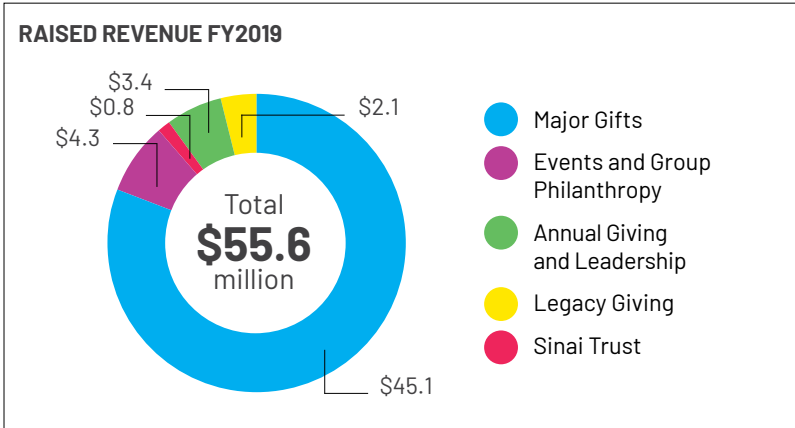
OUR FINANCIALS

The following charts show the distribution of income and expenses for Sinai Health System for 2018/19. Audited financial statements are available on our website.



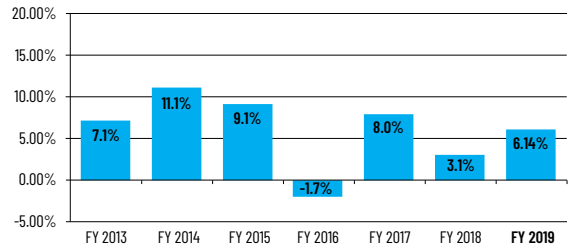
OUR FINANCIALS

The following financial highlights show our raised revenue and grants, and also gives an overview of our endowment activity.

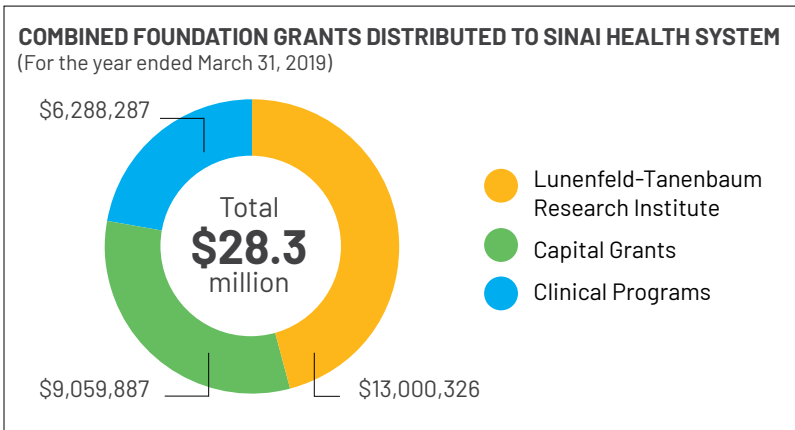


Portfolio Returns - Sinai Health Foundation

(Investment Returns - Endowments)

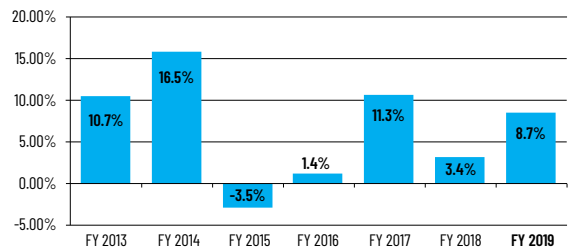


The average return over the past seven years has been approximately **6.0%**



Portfolio Returns - Bridgepoint Foundation

(Investment Returns - Endowments)

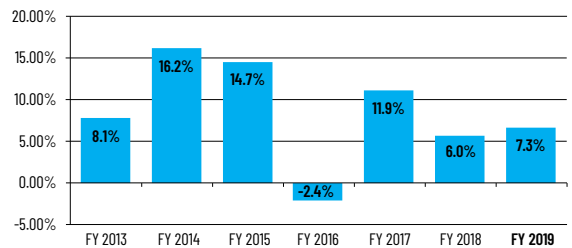


The average return over the past seven years has been approximately **6.7%**

To view full financial statements, please visit www.supportsinai.ca.

Portfolio Returns - Arthritis Research Foundation

(Investment Returns - Endowments)



The average return over the past seven years has been approximately **8.7%**

SINAI HEALTH FOUNDATION

CUMULATIVE GIVING

Thank you to our visionary donors for their lifetime commitment to Sinai Health.

This list represents donors whose cumulative lifetime commitments total more than \$100,000 as of March 31, 2019.

\$50,000,000+

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Larry & Judy Tanenbaum

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Lawrence & Frances Bloomberg
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Katz Group Canada Inc.
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Krembil Foundation
Albert and Temmy Latner Family Foundation
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Miles & Kelly Nadal and Family
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The Slaughter Family Foundation

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Golf Classic
RBC Foundation
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CIBC
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Venture Sinai
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Sinai Health Foundation makes every effort to ensure accuracy in its donor listing. However, should an error or omission occur, please email foundation.msh@sinaihealthsystem.ca or call 416-586-8203.

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\$500,000 – \$999,999

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 Behind Closed Doors
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SINAI HEALTH FOUNDATION

FISCAL 2018-2019

Thank you to our generous community of donors for the contributions they made to Sinai Health this past year.

This list represents cumulative gifts and sponsorships totalling more than \$5,000 made between April 1, 2018 and March 31, 2019.

*These donors have pledged new commitments of \$10,000 or more during the fiscal year.

\$5,000,000+

The Dovigi Family*

\$2,500,000 – \$4,999,999

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\$1,000,000 – \$2,499,999

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Newton Glassman Charitable Foundation*

Ira Gluskin & Maxine Granovsky Gluskin

Robert Harding & Angel Yang*

Jay & Barbara Hennick and Family*

Albert and Temmy Latner Family Foundation*

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RBC Foundation*

RioCan Real Estate Investment Trust*

Isadore & Rosalie Sharp

Gerald Schwartz & Heather Reisman*

The Slaughter Family Foundation

The Sorbara Group of Companies*

TACC Developments, Fieldgate Developments,

and Paradise Developments*

Anonymous* (1)

\$500,000 – \$999,999

Lawrence & Frances Bloomberg

The Brown Group of Companies*

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Phillip & Peggy DeZwirek

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Goldie Feldman*

Greybrook Realty Partners*

Hold'em For Life Charity Challenge

Katz Group Canada Inc.

Ronald Kimel Foundation Trust*

Minto Foundation Inc.*

Miles & Kelly Nadal and Family

\$250,000 – \$499,999

BMO Financial Group

Conam Charitable Foundation

David & Stacey Cynamon*

John & Myrna Daniels*

Element Fleet Management

Estate of Max Murray Glassman

The Peter and Shelagh Godsoe Family Foundation

Andrew & Aviva Goldenberg*

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We are proud to recognize those individuals who have committed to including Sinai Health in their estate plans. Gifts made by these dedicated donors will ensure we continue providing exceptional patient care and making innovative research discoveries for generations to come. Thank you.

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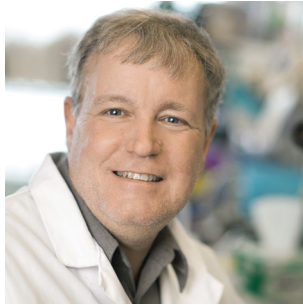
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