

Natural products for  
spa, wellness & therapy

New  
for you:  
**Oil blends,  
herb bags,  
stamps**  
and much  
more.

Prices attached!

PRODUCT CATALOGUE **2017/2018**

WE RELY ON NATURAL  
PRODUCTS PRODUCED  
LOCALLY – PRECIOUS  
AND TOP QUALITY.

Esa Ranta

# THE CLASSICS RE-INTERPRETED

## With the power of nature



Esa Ranta  
CEO, owner  
Haslauer GmbH

“The good old days!” Everyone knows the saying, but what do we really mean by it? Are they memories of our youth, when we were still care-free and unselfconscious? Or is it simply that everything from that time has become good because we as humans tend to forget bad memories more easily? For us at Kurland®, it means reclaiming things which are tried and tested, and which are classics. We embrace the knowledge from natural medicine and herbalism, and develop contemporary products – easy to use, natural and highly effective.

Herbs, medicinal plants and flowers, choice fruits, rich moorland muds, high-quality oils, goat butter or salts and marine algae: we make all of these precious raw materials available to you in their natural form or developed into wonderful products.

Combined with the latest technology, you can now use natural products effectively, for the greatest possible impact and effective treatment.

Our many years of experience in putting together unique recipes and the strictest controls ensure an extensive range of products which are of the highest quality. Exactly as you want them.

In our new product catalogue, you will find rich oils for blending and ready prepared oil blends, perfectly balanced face and body care, bath and care products and effective treatments, such as our famous moor mud, hay and Swiss pine curls.

Plenty of suggestions, new products, recipes and tips are waiting for you. Have fun browsing our current portfolio.

Kind regards,

Esa Ranta

### Order hotline

DE: +49 (0) 8654/4887-22  
Export: +49 (0) 8654/4887-41


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valid from  
01/09/2017


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# WHY KURLAND®?

## Because we are unique!



We at Haslauer, with our Kurland® brand, have always been known to be unique in the wellness industry.

Numerous patents, innovative systems, unusual treatment concepts and our enormous portfolio of natural treatment products have made us a reliable partner in the industry. The consistently high quality distinguishes us as a professional supplier for spas and wellness hotels but also doctors and therapists. We are unique and different to the others in many respects. Read more about why...

### We do it without animal testing, PEGs, parabens...

Our promise to you: we use exclusively high-quality base products, either from controlled cultivation or in organic quality, for the production of our Kurland products. 99% of our products are free from paraffin, parabens and PEGs. Our Kurland® products only contain what is listed on the packaging. We choose our raw materials suppliers and partners very carefully and oppose animal testing.



### We are happy to be traditional because we love talking to you in person

We love people. We value direct contact with customers and are happy to talk to you in person, over the phone, or to provide training at your premises. Why? Because we get to better know your wishes and needs as a result. In addition, we can also provide you with more targeted and individual advice, find solutions for you, and let you know about current promotions. So simply give us a call! We look forward to hearing from you. Of course, you can also place orders around the clock in our webshop.

Our phone lines are open to you Monday to Thursday from 7:00 AM – 12:00 PM and 12:30 – 4:30 PM and on Fridays from 7:00 AM – 12:00 PM  
DE: +49 (0) 8654/4887-22  
AT: +43 (0) 662/830667  
Export: +49 (0) 8654/4887-41



## With the power of nature, because we pay attention to what goes in!



You can be certain that we use the best ingredients for our products. Our oils, for example, are natural and free from artificial preservatives, parabens or PEGs, are filled with the best of nature, and are gently pressed and processed.

We know what is in them and stand enthusiastically behind our products, because “with the power of nature” is more than just an empty phrase

for us. In case of doubt, simply take a look at our ingredients. Their purity results in the fact that our products are so compatible with one another. Oils, herbs, exfoliation treatments, salts, essential oils or base creams can be mixed perfectly and mutually complement each other in individual care formulas.



## No bells and whistles, because we concentrate on what is important

When developing our products, our priority is on the content. So, we concentrate on what is important: the ingredients! In the packaging, we place value on the right material, good closing properties and practical handling – for optimal shelf life and the best quality of our products. For example, we use amber glass bottles for our oils because oils do not tolerate light. Only glass can ensure that the high quality lasts longer –

even without artificial preservatives. With us you actually buy the content, not the wrapper. We put all of our energy into the product and not into fancy designer bottles or flacons. We also take care to ensure that our packaging can be optimally recycled. For nature’s sake.



## We are a relatively small team, so we are uncomplicated, quick and flexible!

Being a bit smaller also has its advantages, since there is no bureaucracy in the annoying sense with us. We deliver quickly and reliably. We are often able to solve problems straightforwardly over the phone. We deliver worldwide and, thanks to

the quality of our products, are also world-famous in professional circles. With us, there are no legal deposits or minimum order volumes. Upon request, we create oil blends exactly to your wishes or personalised customer gifts.

Our hierarchy is flat but effective. That makes us flexible and allows us to react more quickly to market trends and customer requests.



## WHY DO WE UNDERSTAND WHAT YOU NEED?

Because we are a spa system manufacturer!

### Our advantages:

We have been supplying high quality treatment products to luxury hotels, wellness and spa centres for decades. In Germany and Austria we further have a long history supplying therapeutic products to medical institutions. For just as long we have been designing and planning wellness and spa centers all around the world and equipping them with our innovative and unique systems and equipment. For successful operation we further create individual wellness concepts, precisely fitting the spa requirements and equipment, and train the staff.

As spa experts, we naturally know what counts. That's why it's not just the quality of our products that counts, but also their cost effectiveness. In our product portfolio all products are compatible with each other. This allows our spa and wellness customers and therapists, to offer completely new treatment concepts without having to replace all of the treatment products to do so. This is not only more cost effective, it also guarantees consistently high quality.

## Three becomes many! – The “modular principle”



Body scrub, body pack, aroma massage? With just a handful of our versatile Kurland® basics, you can mix individual treatments for each guest and specifically address their actual requirements. You can thus string together a complete treatment package in the blink of an eye with just three products. Supplement the ensemble with a few of our premium

oil blends and sea salt or herbs, and there is (almost) no limit to what you can do! You just need some basic knowledge and you can get started. Mixing is not witchcraft with our products. And if you still need support, we have the right seminars for you. We are also happy to train your employees on your premises!

Simply give us a call on:  
Ingrid Hogger, Organisation Training Centre: +49 (0)8654/4887-43



Perfect for mixing: our Kurland® bowls



## Always different, but always good – diverse treatment concepts



**M**ix, blend, done! Our products have a lot to offer! Namely variety. A wide variety of body packs can be conjured up from our base cream. You just need one to two tablespoons of our oil blends for this, and the treatment concept is already defined. Romantic with "Red Roses", refreshing with "Freeze", or Alpine with the fitting

oil blend "Alpengluehen"; you simply choose the direction and you have created a complete treatment on a theme in the blink of an eye. You can mix a unique exfoliation treatment with our "cream peel mix", the chosen oil and the appropriate herbal mixture. The oil blend then provides the basis for a nourishing aroma massage.

You can even finish unscented base oils with our essential oils or perfume oils. There are no limits on your creativity. Of course, we are also happy to provide you with recipe suggestions for your spa menu upon request.

## Become the master of ceremonies, with a special experience for your guest!

**W**hat could delight a wellness guest more than the feeling that they are receiving a special treatment which is tailored personally to them?

That's why we supply you with everything you need for a personalised pampering programme. For example, we have developed pads and oils for our Permanent Contour®

device, which form a complete system around the Asian "four elements doctrine". Of course, just the treatment with this device in a steam stamp massage is an experience in itself. Pads and oils with the names Fire, Water, Earth and Air are wonderfully suited to helping the associated character types to relax or to increase energy levels.



### Appeal to all the senses!

A foot bath in the Kurland® singing bowl becomes a unique experience with fragrant oils, blossoms, the vibration when the bowl is struck, and the soothing sound. Info on page 117.



## HOLIDAY DESTINATION: GOOD HEALTH – with three Kurland® classics



Holidays with “added value for health” are a welcome trend. According to studies, increasingly more guests want more than just fun and entertainment from a holiday. It is important to them to improve their health and alleviate existing pains as well.

With Kurland products, the mix of relaxing wellness treatments and healthy preventive measures is easy. Be inspired by three of our “favourite Kurland® products” – **moor mud, alpine hay and clay** – for the well-being and health of your guests – completely side effect-free!

### Moor mud – healthy benefits with simple application

IN THIS CATALOGUE FROM PAGE 14

With medical wellness, you are guided by the guests desire to improve their health during the holiday. One of the best products for this purpose is moor mud – proven over centuries, easy to use and as effective as ever. Whether for joint problems, back pain, rheumatic problems, after a strenuous hike or after skiing – the entire body can benefit from a moor mud treatment. We have a simple treatment recipe for you here:

#### Moor mud in the Soft-Pack® system

Mix approx. 1.5 kg of classic moor mud pack with 4 drops each of rosemary and lavender essential oils and 4 tbsp. of Provence oil blend. Apply

to the front and back of the body and leave to work for 25 min.

**Ideal accessories:** Film as an underlay (white film, art. no.: 14020-021)

**Effect:** anti-inflammatory, relaxes the muscles, has a positive effect on the immune system, can help with rheumatic pain



Our disposable natural moor mud packs stand out thanks to their thick layer of mud. This guarantees a gentle heat increase and prevents overheating and burns.

## Moor mud on the massage table

Clean and simple: you just need an ascend disposable natural moor mud pack and a heat carrier (see page 18). Warm the heat carrier, place the disposable natural moor mud pack on the skin with the fleece side down, cover with the heat carrier, and the moor mud can get to work.

## Moor mud for treading in / kneading

Fingers and toes can also hurt. Kneading and treading in thick, paste-like moor mud can help to alleviate this pain. For this, warm a classic moor mud pack (the entire pouch, art. no.: 10601-03750) and allow the guest to knead directly in the open pouch with their hands or toes for 25 minutes.

**Effect:** improves mobility in the finger and toe joints, when applied as a cure can help to alleviate pain and prevent stiffness in the joints.

## Moor mud in the bathtub

Our moor mud bath is ultra-fine moor mud and moor water, and is simply added to the bathwater.

**Effect:** relaxes the muscles, can reduce musculoskeletal pain, relieves menopausal pain



## Moor mud – proven over centuries

Moor mud is one of the oldest natural remedies that is still used in medicine today.

Even in the 14th century, people knew of the relaxing and pain-relieving effects of warm moor mud baths. The “black gold” provides soothing warmth and is rich in valuable minerals, phytoestrogens and organic acids.

Moor mud is an ideal therapeutic, wellness treatment for many illnesses:

- for rheumatic diseases
- for patients with chronic pain
- for pain in the musculature, spine or joints (e.g. arthritis)
- for osteoporosis
- for back pain and much more

## Stay Healthy with Moor Mud – the moor mud set for home use

In order to extend the treatment success, as well as to provide quick relief if pain reappears: we have developed our “Stay Healthy with Moor Mud” set, with everything you need for successful home treatment. Ascend disposable natural moor mud packs and heat carrier included (see page 17).



## Alpine hay – gets the metabolism going



### Important:

The hay must be well moistened. Only in this way can the valuable plant compounds and coumarins be released, and be absorbed by the skin and work.

Fragrant Alpine hay is a renowned and proven therapeutic treatment. It helps with purification and can alleviate pain. Our hay is characterised by a colourful variety of herbs, blossoms and grasses, and is therefore particularly effective. Whether as a full body treatment or in part as a liver pack, stomach pack or back pack – hay is simply an “all-round talent”.

### Hay in the Soft-Pack® system

Our loose hay or our Alpine hay bath in fleece is perfect for this. Moisten it well, settle the guest into it and leave to work for 25 minutes.

**Effect:** detoxifying, purifying, soporific, stimulates the metabolism, leaves skin soft and smooth

### Hay on the massage table

Place the moistened ascend disposable hay pack on the skin, cover with a warmed heat carrier – the hay can now get to work.

**Effect:** detoxifying, purifying, stimulates the metabolism, nourishes the

skin

### Helpful while fasting: hay as a liver pack

While fasting, it is particularly important to support the liver. Because the liver must transport the impurities and toxins released out of the body. A warm, moist hay pack with a disposable hay pack (between 12:00 and 2:00 PM) helps the liver and speeds up the detoxification process.

**Effect:** detoxifying, purifying, stimulates the metabolism, promotes circulation





**Stay Healthy with Hay – the hay set for home use**

Sometimes it is also the case that your back hurts or your stomach pinches at home. It is good to have a little “helper” to hand (see page 31).



TOP retail product



**Clay – cooling, pain-relieving, relaxing**

IN THIS CATALOGUE FROM PAGE 21



Tired, heavy legs, sports injuries, bruises, joint wear – clay can help here. Clay quickly draws the heat of inflammation out of the skin. The release of water results in cooling through evaporation. This refreshes tired legs and joints.

**Easy use:**

Place a cool disposable clay pack (see page 21) on the affected part of the body. Or treat larger areas with loose clay – mix, apply, done.

**Effect:** cooling, anti-inflammatory, deblocking, soothing

**Stay Healthy with Clay – the clay set for home use**

Athletes, hikers and people who have to be on their feet for long periods of time know the problem particularly well: joints hurt, swell or throb with

heat. This natural method can often provide relief without any unwanted side effects!



TOP retail product

**Clay in medicine**

Clay draws tissue fluids out of the body through the skin. The inflammation residues and toxins stored there are thus filtered out of the body. It can have a pain-relieving effect for congestive pain. Clay stimulates circulation and the metabolism. Even in the fight against cellulite, clay promises improvements since slack tissues are activated. It also has a pleasantly cooling effect.





## MOOR MUD – NATURAL STRENGTH FROM THE EARTH

The remedy from the ice age



Fen pool on Leopoldskron Moor in Salzburg

People were alerted to the effects of moor mud through observation of the animal world.

The celebrated doctor Paracelsus was one of the first to specifically use the “black gold” in his treatments.

In the meantime, several centuries have passed. Science has long ago found explanations for the various effects and moor mud is today, as in those days, a valuable commodity.

It is an essential element in many natural therapies. A timeless jewel of

nature which can do a lot of good for our bodies and for our well-being.

As with all natural products, the quality of the healing moor mud is crucial to the success of the treatment.

That’s why we at Kurland® rely on our effective raised moor mud from Leopoldskron moor in Salzburg, Austria.

## What is special about Kurland® moor mud

- High quality, freshly dug moor mud from Leopoldskron in Salzburg, Austria.
- 100% pure natural product, no additives, highly versatile.
- Good for muscle tension, back pain, cold hands and feet, as a heat cushion on your stomach, for relief from menopausal pain.



## Moor mud – a product with many benefits: simple application, proven effect, low cost

### Moor mud from the Salzburg region, because the source matters!

Our moor mud is rich in active ingredients. The quality of the moor mud, **which depends on its source, is key to the success of treatment.** All our moor mud products are created exclusively with freshly dug natural moor mud from Leopoldskron Moor in Salzburg, Austria. Microbiological analysis defines the composition of this raised moor as “highly decomposed peat” (pH value of 4.5-5) with a high humic acid content; its physical and thermophysical properties make this mud an extremely valuable substance in balneotherapy and therapy.

Moor mud offers many possibilities for health applications. The **ingredients found in moor mud have a positive effect on inflammations, joint problems and rheumatic pains.** At the same time, **moor mud has no side effects and is equally popular with patients, wellness guests and spa visitors.** Regarding warmth our moor mud offers clear benefits in comparison with other heat sources, particularly in our heat carriers filled with moor mud. The **moor mud maintains its**

**temperature for longer than traditional hot water bottles, for example, and provides sustained consistent warmth over longer periods.** Our moor mud products are suitable for treatments in physiotherapeutic practice, in the Soft-Pack® system, for moor mud baths or for partial treatments. In addition, moor mud is also a **very economical raw material.** The costs and effort involved are low, and the effect is strong. It therefore pays to include our moor mud products in your programme.

### How to recognise quality:

When buying an ascend disposable natural moor mud pack, pay attention to the following factors:

- the source of the moor mud
- the humic acid content
- the layer thickness
- easy separability of the film and fleece (for disposal)
- the weight
- content just 100% pure moor mud

Our moor mud products contain 100% naturally pure moor mud from Leopoldskron Moor in Salzburg, Austria. The thick layer of mud ensures safe application. The high humic acid content (40.2%) indicates the quality of our moor mud. The moisture level is perfect. The film and fleece are sjar heat-sealed for easy disposal.

# TREATMENTS WITH MOOR MUD

Easy to use – great effect



**The benefits of moor mud:**

- easy use
- proven effect
- high customer acceptance
- low costs
- ecological
- no side effects

The effectiveness of moor mud has been proven and documented for centuries. Thanks to its pain-relieving

We provide products which are still easy to use and have proven even effects at a low cost. Our health products offer an easy way to expand your offering and provide your customers and guests with professional, effective and natural treatments.

effect and easy application, moor mud is very popular with spa guests, patients, spa visitors and people of all ages, as well as with users. The high quality of our moor mud products makes us the ideal partner and supplier. The invention of the practical disposable natural moor mud pack originates from our company!

With our moor mud products, you can provide relief from rheumatic pains, joint problems, back pain or neck pain. With the power of nature – for your success!

## Moor mud products

Various packs and heat carriers

### Disposable natural moor mud pack, ascend

Our packs are characterised by the following properties: Premium moor mud from Leopoldskron Moor in Salzburg, Austria, rich in humic acid. Thick layer of mud (385-460 g/pack) for safe application, even moisture content, sjar heat-sealed: fleece and film can be easily separated from one another.

**Contains:** 100% naturally pure moor mud from Leopoldskron Moor, Salzburg (Austria)

**Effect:** can provide relief from rheumatic pain, arthritis or for swollen finger and foot joints.

**Application:** place directly on the body part to be treated with the fleece side down and cover with a warmed moor mud heat carrier on the film side.

Sizes	Item No.	PU*	Notes
29 x 37 cm	10600-201	40-200 pieces	
	10600-201	200-1,000 pieces	
	10600-201	From 1,000 pieces	
	10600-201	from 2,000 pieces	





# MOOR MUD, CLAY, FANGO, MUD & CREAM PEELS

TOP retail product



## New! Stay Healthy with Moor Mud

So that your guests can take a slice of health home with them, the "Healthy with Moor Mud" set is now available as a retail product. Helpful for rheumatic pain or if your back hurts. In a practical carry case including all of



**The fleece** keeps the moor mud in the pack but lets the valuable active ingredients through. It can be easily separated from the film for environmentally friendly disposal.

**The moor mud layer** is particularly thick in our disposable natural moor mud packs – for safe handling and high content of active ingredient.

**The film** protects against contamination and ensures that the ingredients work specifically in one direction.

the accessories required for successful home treatment. The fitting terry cloth cover for the moor mud heat carrier turns it into a cuddly hot water bottle (see page 18).

### This set contains:

- 4x Disposable natural moor mud packs, ascend
- 1x Moor mud heat carrier, size 1
- 1x Goat butter joint balm, 75 ml

Sizes	Item No.	Notes
33 x 40 x 6 cm	11041-001	

## Classic moor mud pack

Ready-to-use – thick and paste-like – moor mud for spreading on the skin

**Contains:** 100% naturally pure moor mud from Leopoldskron Moor in Salzburg, Austria.

**Effect:** good for rheumatic pain, arthritis or for swollen finger and foot joints.

**Application:** either spread onto the skin for extensive treatment or knead with the hands and feet. Suitable for treatments on the massage table, in the Soft-Pack® system, as a hand or foot pack for kneading.

Content	Item No.	PU*	Notes
3,750 g	10601-03750	4 pieces	

## Moor mud bath

Ultra-fine moor mud with moor water for use in baths.

**Contains:** 100% naturally pure moor mud and natural moor water from Leopoldskron Moor, Salzburg, Austria.

**Effect:** relief from rheumatic pain, muscle tension, stress, menopausal pains

**Application:** Mix 1 litre of moor mud bath with 100 litres of water. For a partial or full body bath in the tub.

Content	Item No.	Notes
5 litre canister	10605-05000	
10 litre bucket	10605-10000	

**Upon request, we will also supply you with thick paste-like moor mud slurry for a classic moor mud bath. We will be happy to send a quote.**



Easy use: simply cut open and tread or knead directly in the bag with the hands or feet.



Moor mud bath undiluted

\*) packaging unit

## Hot or cold: heat carriers and cold packs

Whether for therapy with disposable natural moor mud packs, Swiss pine packs or ascend hay bags, for relief from muscle tension, treatment for cold legs or heat cushions

for the stomach – our heat carriers are versatile and easy to use. Once heated, moor mud is able to retain heat for an extraordinarily long time. That is why we fill our heat carriers

with thick raised moor mud paste from Leopoldskron Moor in Salzburg, Austria. You can use our preparation devices to ensure the ideal temperature for use (see page 118 for details).

PREPARATION  
UNITS  
FROM PAGE  
118



### Heat carriers/cold packs

Available in a range of sizes. Filled with thick moor mud paste for long-lasting heat. For preparation in a water bath.

**Effect:** warming and relaxing

**Contains:** 100% naturally pure moor mud from Leopoldskron Moor in Salzburg, Austria

**Application:** as a heat carrier for the ascend disposable natural moor mud packs, Swiss pine packs and hay treatments with our ascend hay bag. For relaxation before massages. As a heat source without packs, for tension, stomach cramps or menstrual pain. **Can also be used as a cold pack (approx. 7°C) for mild cooling. Please only ever cool in the refrigerator and not in the freezer.**

Sizes	Item No.	Notes
Size I, 29 x 37 cm	15300-001	
Size II, 58 x 37 cm	15300-002	
Half width, 29 x 18 cm	15301-001	
Half length, 37 x 14 cm	15301-002	
For hay bag, ascend, 27 x 35 cm	15302-001	

### Soft and fluffy terry cloth cover (for heat carriers)

Wonderful warmth and feels great on the skin: order the soft terry cloth cover with practical hotel closure now – particularly suitable for use at home. For size I heat carriers and the heat carrier for the ascend hay bag. Washable at 60°C. Colour: white.

Item	Item No.	Notes
Terry cloth cover for size I heat carrier and heat carrier for hay bag, ascend	15305-002	

## Soft and smooth! Only cuddling is better!

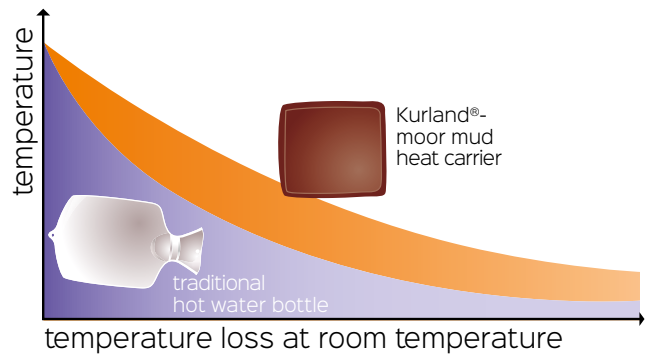
Perfect body adaptation is just one of the benefits of our heat carriers. They are pleasantly easy to knead and shape. The warmth of the moor mud thus blossoms exactly where you need it. Perfect for massages and relieving tension. Also suitable for use as a hot water bottle for children. Durable, hard-wearing and proven in therapy facilities. Soothing for stomach aches, cramps and menstrual pain.



## Moor mud heat carrier and the ascend effect:

### Long-lasting warmth

The warmed heat carriers from Kurland®, filled with thick paste-like moor mud, can retain warmth for a particularly long time and thus offer an additional benefit in comparison with the customary water or gel filled hot water bottles. Thanks to their plasticity, the moor mud heat carriers provide soothing warmth precisely to the strained area of the body and thus promote circulation in the right place.



### Ascend effect

The combination of our disposable natural moor mud packs and Kurland® heat carriers results in an extremely positive ascend effect: the temperature slowly increases and the skin can get used to the heat. That's why these

treatments are so gentle and easily tolerated. The moor mud develops its active ingredients and the pleasantly warm feeling provides additional relaxation.



### Cold pack

Can be cooled in the freezer down to minus 20°C;

**Contains:** 100% naturally pure moor mud from Leopoldskron, Salzburg (Austria)

**Effect:** strongly cooling

**Application:** good for relief from swelling, for acute sports injuries and after surgical procedures, reusable.

Sizes	Item No.	Notes
Size I, 8 x 30 cm	15000-001	
Size II, 18 x 30 cm	15000-002	



### Schroth pack

Heat/cold pack filled with water.

**Effect:** warming, cooling, pain-relieving

**Application:** for laying, as a heat carrier for Schroth therapy. Can also be used for cooling.

Sizes	Item No.	Notes
29 x 35 cm	15020-001	

## Preparation units from page 118

For professional use in physiotherapy practices, health spas or sanatoriums, spas and wellness operations, there are preparation units with a filling volume of 2-15 heat carriers – for gentle and easy warming of our Kurland® heat carriers. **Recommended treatment temperature:** heat carrier with moor mud: approx. 60-65°C heat carrier with hay: approx. 50-55°C, heat carrier as a hot water bottle: approx. 50°C



# FANGO, CLAY AND MUD

## Classic and all-round recipes



**Fango, clay and mud – a wide variety of treatment options:**

- for purification
- for stimulation of the metabolism
- for sports injuries
- for muscle tension
- for joint pain
- for wellness treatments (e.g. in the Soft-Pack® system, Rasul® or steam bath)

Here, you will find well-established classics for therapy facilities and spas.



### Classic fango pack

Thick, paste-like, ready-to-use fango pack.

**Contains:** inorganic powdered stone with water

**Effect:** anti-inflammatory; stimulates the circulation

**Application:** apply cold or warmed to the affected body part as required.

Content	Item No.	PU* Notes
4 kg bag	10301-04000	4 pieces



### Fango paraffin

High quality mixture of powdered stone and paraffin.

**Contains:** 100% fango paraffin

**Effect:** anti-inflammatory, circulation boosting, pain-relieving

**Application:** allow to melt in the fango mixer in accordance with the instructions for use and apply to the areas to be treated.

Content	Item No.	PU* Notes
1 kg bar	10303-01000	30 pieces



### Classic salt mud pack

Practical, ready-to-use salt mud pack

**Contains:** paste-like salt mud with valuable minerals such as calcium, jarassium, phosphorus and sulphur

**Effect:** purifying, metabolism stimulating, regenerating, pain-relieving, good for atopic eczema and rheumatic pain

**Application:** body pack, cosmetic treatments

Content	Item No.	Notes
4 kg	10760-04000	
15 kg	10760-15000	

## Bucket of clay



The thick, paste-like, ready-to-use clay which quickly draws out the heat of inflammation and provides additional cooling by releasing water during the treatment.

**Contains:** 100% natural clay

**Effect:** cooling, anti-inflammatory, deblocking, e.g. for swelling, sports injuries, bruises, swollen legs, etc.

**Application:** for mild drawing of heat, apply cooled clay to the skin. For stronger drawing of heat, cover the clay with a cooled heat carrier.

Content	Item No.	Notes
15 kg, ready-to-use	10141-15000	
10 kg, in powder form	10142-10000	

## Disposable clay pack

Ready-to-use clay layer, safely enclosed between a fleece and a film side. Can be used immediately.

**Contains:** 100% natural clay

**Effect:** cooling, anti-inflammatory, deblocking

**Application:** for inflammation, swelling, bruises, sore muscles, sunburn, insect bites and for tired legs. Place on the skin with the fleece side down.



Sizes	Item No.	PU*	Notes
25 x 33 cm	10140-201	30 pieces	



New packaging, tried and tested contents!

## Rügen healing chalk

Rügen healing chalk is a pure, allergen-free natural product which is extracted from the natural chalk deposits on the island of Rügen.

**Contains:** approx. 98% pure calcium carbonate with a pH value of 8.5

**Effect:** detoxifying and purifying, anti-inflammatory, deacidifying, promotes wound healing

**Application:** mix the powder with water to form a homogeneous, silky-smooth mixture. Add oils for nourishing face masks or body packs. Can be turned into individual, gentle exfoliation treatments with flowers and herbs.

Content	Item No.	Notes
2 kg box	10501-02000	
25 kg sack	10500-25000	



## Bolus alba enzymatic earth

A mixture of ultra-fine powdered stone. **Contains:** urea pura, magnesium bromelain

**Effect:** purifying, metabolism stimulating, detoxifying

**Application:** can be used for both facial and body treatments, e.g. on the hamam wet massage table, on the Soft-Pack® system and in the steam bath.

Content	Item No.	Notes
1 kg jar	10161-01000	
7.5 kg bucket	10161-07500	



Neu!

## Healthy with clay

The perfect "emergency set" for swollen legs or small sports injuries – now as a retail product for athletes, hikers or people who have to spend a lot of time on their feet. Cool the moor mud heat carrier in the fridge for this treatment. With the terry cloth cover, it can also be used as a cuddly hot water bottle (see page 18).

**This set contains:**

- 4 x Disposable clay pack
- 1 x 75 ml Freeze oil blend
- 1 x Goat butter joint balm, 75 ml

Sizes	Item No.	Notes
33 x 40 x 6 cm	11041-003	

## RASUL® MUD

Purify, detoxify, mineralise

Mud has been used for treatment and skincare for centuries.

### Our muds:

- detox
- purify
- exfoliate
- tighten and smooth
- provide minerals
- can balance the pH value

### Natural products

Our Rasul® mud packs are inorganic muds and consist of a mixture of pure powdered stone and water. They are

100% natural. Their varying colours come from the different areas of production.

Thanks to the sorptive (purifying) properties

of these types of mud, they are ideal for skincare. A range of grain sizes (from fine to coarse) is what creates the exfoliating effect. All our muds are extracted in Germany.

### Rasul® mud effect

Removes harmful substances from and purifies the skin; the exfoliating mud nurtures, tightens and tones the skin for a perfect complexion. Also prepares the skin for absorbing nourishing care products (e.g. oils, Comfort Spa).

### Rasul® from Kurland

We have turned a thousand-year-old purification and care ritual from the Orient into a modern system: Rasul®. Owing to the effectiveness and the experience for the visitor, this has become an indispensable part of many spa operations. More information about this classic but unique piece of equipment from our company can be found at:

[www.spa-worlds.info](http://www.spa-worlds.info)

### Recipe tip: Swiss pine exfoliation treatment

**You will need:** 120 g of Bolus alba enzymatic earth, 1 tbsp. of grape seed oil, 10 drops of Swiss pine essential oil, warm water as required, ground horse chestnut.

Mix everything together into a yoghurt-like paste. Enough for a full body exfoliation treatment.





## Bolus alpha (white)

A pure inorganic, ready-to-use mud with a very fine consistency, with a high proportion of silt and a moderate amount of montmorillonite ensures a creamy texture.

**Effect:** gentle exfoliating effect

**Application:** exfoliation treatment for face and neck

Content	Item No.	Notes
7.5 kg	10101-07500	



## Bolus beta (yellow)

A pure inorganic, ready-to-use mud with a fine texture.

**Effect:** good skin binding, medium sorption, with a gentle exfoliating effect

**Application:** gentle exfoliation treatment for the décolleté

Content	Item No.	Notes
7.5 kg	10102-07500	



## Bolus creta (pure white)

Mud of the finest consistency, particularly well tolerated and easy to wash off. In powder for mixing yourself.

**Effect:** high sorption, mild exfoliation effect

**Application:** exfoliation treatments for back and bottom

Content	Item No.	Notes
7.5 kg	10104-07500	



## Bolus delta (blue)

Creamy, inorganic mud with a high salt content – has an antibacterial effect and affects the skin's water balance. With a high proportion of granules.

**Effect:** removes hardened skin and refines the complexion

**Application:** for the knees, soles of the feet and elbows

Content	Item No.	Notes
7.5 kg	10105-07500	



## Bolus epsilon (grey)

Inorganic, ready-to-use mud with a high proportion of fine grain silt and a fine texture. An additional relatively high proportion of medium-size granules allows for active exfoliation.

**Effect:** stimulating exfoliation, very mild sorption behaviour

**Application:** leg exfoliation treatments

Content	Item No.	Notes
7.5 kg	10107-07500	



## Bolus gamma (red gold)

Pure inorganic, ready-to-use mud with a high proportion of silt. Provides warmth and is very fine-pored.

**Effect:** moderate sorption, easy to wash off, medium exfoliating effect

**Application:** stomach exfoliation treatments

Content	Item No.	Notes
7.5 kg	10106-07500	



## Bolus zeta (light grey)

Thick, paste-like ready-to-use, pure mud with a high proportion of silt and a very creamy texture with a low

fineness of grind.

**Effect:** powerful exfoliation, has an antibacterial effect and affects the water balance in the tissue (owing to the salt content)

**Application:** upper arm and leg exfoliation treatments

Content	Item No.	Notes
7.5 kg	10108-07500	

### Tip:

the light muds are for the face and décolleté. The darker the mud, the stronger the exfoliating effect. You should therefore use the lightest muds at the top of the body down to the darkest at the bottom.

## CREAM PEEL MIX

One product – 1,000 options



### Recipe tip: Facial exfoliation treatment with calendula

Mix a tablespoon of “cream peel mix” with half a teaspoon of calendula base oil and a little water to form a creamy consistency. Moisten the face with a warm compress, apply the mixture with a brush and gently massage in with the fingers. Then clean the face with a compress.



### Our cream peel – efficient and versatile in its effect:

- removes excess cell particles from the skin
- cleans intensively
- stimulates blood circulation
- stimulates cell production
- moisturising
- nourishing

This combination leads to a treatment which is quickly successful with little effort and great results: radiantly fresh, noticeably smoother and perfectly nourished skin. For both the face and body! What more could you want?



Reduced price!



## Cream peel mix

Cream peel in powder form with measuring beaker.

**Preparation:** As a general rule, mix a few drops of oil per tablespoon of "cream peel mix" powder with water to form a slightly liquid paste mixture.

**Effect:** removes old skin cells, promotes circulation, smooths the skin, stimulates cell regeneration

**Application:** for the face and body

Content	Item No.	Notes
1.250 g box	11804-01250	

## Cream peel mix for Salve-in-terra®

Cream peel set in powder form in practical mixing bags with 50 ml of an oil blend of your choice each.

**Preparation:** Add 1.5 l of water and 50 ml of oil blend (of choice) directly into the mixing bag – mix with the stirring rod – done.

**Effect:** removes old skin cells, promotes circulation, smooths the skin, stimulates cell regeneration

**Application:** Body treatments

Value for money as a set!



Content	Type	Item No.	Notes
1.300 g bag	Red Roses	11000-302	
	Inspiration	11000-303	
	Fresh up	11000-304	
	Sparkling	11000-305	
	Time together	11000-306	

## Exfoliation treatment recipes

### As varied as your imagination

### Create your own recipes very easily

We have designed our "cream peel mix" so that you can achieve a different exfoliating experience in combination with any desired Kurland® base oil or one of our popular ready-to-use oil blends. You can give the cream peel your own personal touch depending on how it fits into your treatment concept. You can thus adapt the "cream peel mix" to suit your current spa portfolio in just a few steps.

### Body exfoliation treatment basic recipe

Mix 4 measuring beakers of "cream peel mix" with ¼ of a measuring beaker of oil blend, 1 measuring beaker of herbs of your choice and 2½ to 3 measuring beakers of warm water to form a creamy consistency, and apply evenly to moist skin. "Red Roses", "Inspiration", "Fresh Up", "Sparkling" and

"Time Together" are perfectly suited for composition of a coordinated programme with body packs, exfoliation treatments and massages with the same fragrance notes.

### Mix with sea salt, herbs or flowers

Once you have chosen a neutral base oil for your exfoliation treatment, you can then add dried rose or lavender flowers, our Alpine herb mixture or "Pantai Luar®" spice to the mix for a soft, natural fragrance. Individual herbs are also great for incorporating into the exfoliation treatment mix and strengthening the exfoliating effect. You get more powerful exfoliation for the body if you add sea salt to the mixture.

### Focus on quality!

Use natural ingredients from our high-quality Kurland® herb range in this catalogue for your personal mix.

## Possible treatments:

- Salve-in-terra®
- Rasul®
- Steam bath
- Soft-Pack® system
- Facial treatment
- Full body exfoliation treatment
- Hand and partial body exfoliation treatments
- Foot treatment





# HAY – WITH THE FRAGRANCE OF THE ALPS

The therapeutic product with a long tradition



Hay generates pleasant warmth while drying inside the “hayrack”.

If you ask old farmers about hay and health, they will soon share a connection and tell you about the good old days when you simply lay in the hay to treat rheumatism and muscle pain.

Our forefathers knew exactly when the right time in the drying process had arrived, and a hay bath could do plenty of good. Because warmth was generated inside the “hayracks” which were used at the time during drying. The “patient” then opened a “hayrack” and quickly lay in the hot hay. The

pleasant warmth immediately helped them to relax and plainly provided relief from joint pain. The essential oils and coumarins released had an effect on the skin and the limbic system. So hay is a familiar and proven method of treatment, which has almost been forgotten over the years. But not by us at Kurland®!

We are also vigilant about the best, unfertilised quality for the hay. This depends to a great extent on the location and the large variety of herbs.



## Hay from the Salzburg region from lush, unfertilised meadows

### Why Alpine hay?

Our wonderfully fragrant Alpine hay comes from the countryside around Salzburg, Austria. We only harvest from unfertilised, lush meadows with a naturally occurring, colourful variety of mountain flowers, Alpine medicinal herbs and grasses such as yarrow, camomile, sweet clover and St. John's wort. It is exactly this variety which makes our therapeutic hay so effective.

### What can hay do?

Hay is able to alleviate rheumatic discomfort and release tension. When placed on the stomach, it can stimulate the metabolism, relax and soothe. It is also popular as a liver pack for detoxifying and purifying. Hay bag treatments are an important part of Kneipp therapy and provide relief from back, knee and hip pain, as well as improving mobility.

### Trust is good, inspection is better

Our therapeutic hay, like all of our natural products, is subject to constant quality controls during further processing. For the best possible treatment success with the power of nature.



### Possible treatments:

- Soft-Pack® system
- Kraxenofen®
- Detoxifying body packs as part of purifying treatments, e. g. alkaline diet, F. X. Mayer cure
- During cosmetic treatments (metabolism stimulating)
- As a hay bath
- Hay infusion in the tub

# PRODUCTS WITH HAY Alpine meadows for therapy, spa and wellness



Moistening of the hay before the treatment means that even people with hay fever can enjoy this treatment.

Bring the fragrance of the Alps into your treatment rooms!

**Hay treatments are:**

- easy to perform
- effective
- affordable
- side effect-free

With our products, you can very easily enrich your offering – for a real experience with added value for your guests.



### Alpine hay bath

For an easy-to-use hay bath, we have sewn our therapeutic hay into a thin fleece. The hay stays put and cannot be scattered, the active ingredients penetrate the fleece and are absorbed by the body.

**Application:** place the hay bath in a preparation bag and

spray warm water onto the hay

bath using a hand shower. Close the bag and shake it gently so that the hay is well moistened. Now place the hay bath as an underlay in the Soft-Pack® system or on a massage table.

Sizes	Item No.	PU*	Notes
60 x 80 cm	10401-261	10 pieces	

### Plastic bag for preparing hay

Therapeutic hay must always be moistened in order for the precious coumarins to be able to be released. The “plastic bag for preparing hay” is suitable for this. It is water-tight, tear-resistant and reusable.

**Application:** place the hay bath or therapeutic hay in the preparation bag and spray warm water onto the hay using a hand shower. Close the bag and shake it gently so that the hay is well moistened.

Sizes	Item No.	Notes
95 x 51 cm	25021-002	



### Therapeutic hay, long

Loose untreated therapeutic hay for use in the Soft-Pack® system, for filling the Kraxenofen® or on the massage table.

**Application:** for a full body wrap hay bath in the Soft-Pack® system, lay a film underneath. Then fill with the required amount of prepared (moistened) therapeutic hay and cover the hay with a fleece soaked in hay infusion.

Content	Item No.	Notes
10 kg in the box	10420-10000	

## The Kraxenofen®: wellness therapy with hay and steam

The name Kraxenofen® comes from the time when hay was still brought in on people's backs in carrier baskets, the so-called "Kraxen". In our modern wellness therapy, we have incorporated the therapeutic effect

of our Alpine hay into a special steam bath. In the Kraxenofen the back rests are filled with hay, simulating the "Kraxen" of former times. The steam is channelled through the fragrant Alpine hay and coumarins and essen-

tial oils are thus released. The Kraxenofen® is the mildest form of heat treatment and is therefore particularly gentle on the circulation. This fragrant hay treatment is a very special experience for guests.



### Kraxenofen® hay filling

Fleece filled with therapeutic hay for the Kraxenofen® (wooden insert at the back).

**Application:** used dry in the Kraxenofen.

Sizes	Item No.	PU*Notes
60 x 130 cm	10402-220	5 pieces



### Kraxenofen® hay bag as seat pad

Soft seat pad filled with therapeutic hay, with one plastic-coated side and one fleece side.

**Application:** in order to increase the effect of the Kraxenofen® treatment, use the hay bag as a seat pad; moisten well, place on the seat of the Kraxenofen® with the film side down.

Sizes	Item No.	PU*	Notes
49 x 32 cm	10402-201	30 pieces	



### Effect:

Our Kurland® Alpine hay can help:

- to stimulate the metabolism
- with rheumatic pain
- with tension
- with purification
- with draining
- with sleep disorders
- with stress

Ideal as a liver pack in support of diets or as an additional application during cosmetic treatments.

\* Packing unit

## Hay bags in various sizes

### Hay bag, ascend

Hay bag with a film- and a fleece side, filled with precious therapeutic hay.

**Application:** the hay bag is moistened and placed on the body part to be treated with the fleece side down. Now cover the ascend hay bag with a warmed heat carrier of an appropriate size. Slowly increasing, pleasant warmth will develop, under which the active ingredients in the hay will unfurl and are absorbed through the skin.



Sizes	Item No.	PU*	Notes
27 x 35 cm	10400-201	50 pieces	
		From 1,000	
		From 2,000	

### Gentle heat increase

The temperature of the pack slowly increases and the skin can get used to the heat. This is why treatments with the ascend effect are so well tolerated.

### Heat carrier for hay bag, ascend

Filled with thick moor mud paste for long-lasting heat; for preparation in a water bath.



**Effect:** warming and relaxing

**Application:** as a heat carrier for the ascend hay bag, Swiss pine packs and hay treatments with our hay bag. Also for relaxation before and after massages. Ideal for all forms of tension. Pleasant for stomach cramps or period pain. Order together with the terry cloth cover now (see page 18).

Sizes	Item No.	Notes
27 x 35 cm	15302-001	

### Hay bag detox gift set

This gift set contains a "Small hay bag" and a hay blossom perfume oil. In attractive gift packaging.

**Effect:** see box on page 29.

**Application:** warm the hay bag over steam, place it on the liver area and allow the purifying, detoxifying, and metabolism stimulating coumarins to work. You can strengthen the fragrance of the hay bag with the hay blossom perfume oil. To do so, sprinkle a few drops into steaming water or directly onto the warmed hay bag. The perfume oil can also be used as a room fragrance.



Content	Item No.	Notes
1 set	11040-006	
		from 10 sets
		from 30 sets

## Hay bags in small, medium, large, for the neck/shoulders

Precious therapeutic hay, enclosed in a soft fleece bag, through which the active ingredients in the hay can optimally escape during the treatment.

**Application:** to be moistened with a hay bag damper.

Item/sizes	Item No.	PU*	Notes
<b>Small hay bag</b>			
30 x 33 cm	10401-201	50 pieces	
		From 300	
		From 750	
		From 1.500	
<b>Medium hay bag</b>			
40 x 33 cm	10401-202	40 pieces	
		From 320	
		From 760	
		From 1.520	
<b>Large hay bag</b>			
50 x 33 cm	10401-203	30 pieces	
		From 300	
		From 750	
		From 1.500	
<b>Hay bag for the neck/shoulders</b>			
75 x 33 cm	10401-204	25 pieces	
		From 300	
		From 750	
		From 1.500	



We provide hay bag dampers upon request.



TOP retail product

Healthy with hay **New!**

So that your guests can take a slice of health home with them, the "Healthy with hay" set is now available as a retail product. Helpful for purification or if your stomach or back hurts. In a practical carry case including all of the accessories required for successful home treatment.

The appropriate terry cloth cover for the moor mud heat carrier also turns it into an ideal cuddly hot water bottle after the treatment (see page 18).

**This set contains:**

- 2x Hay pack, ascend
- 1x Moor mud heat carrier, size 1
- 1x 75 ml "Alpengluehen", Alpine oil blend

Sizes	Item No.	Notes
33 x 40 x 6 cm	11041-002	

\* Packing unit

## WITH NATURAL HERBS

back to nature



Herbs direct from the natural pharmacy are used around the world and in all cultures for pain relief and to support the body's own immune system.

In wellness, herbs are popular with all guests – not least as a result of their wide variety of possible uses.

### Our herbs work:

- as a herbal bath in the tub
- as a supplement in cosmetics
- as a versatile exfoliation treatment

We have the herbs and tips for you, which enhance the day-to-day life of your spa and delight your guests.

### Recipe tip

#### Cream peel mix

Mix 7 tablespoons of “cream peel mix” (page 25) with a teaspoon of an oil blend of your choice and some warm water to form a creamy consistency and apply evenly to moist skin. Then sprinkle on 3 tbsp. of Alpine herb mix and exfoliate gently.

## At Kurland®, a herb is grown for every purpose

When selecting our Kurland® herbs and flowers, we place great value on quality and effectiveness. Ultimately,

only the best herbs reach our customers.



Alpine herbal mixture

### Herbs in every form

Whole, cut, dried or ground – we offer a wide selection of wonderfully fragrant herbs and flowers.

Loose, in organza or fleece bags, with or without sea salt, just how you need them. With our Kurland® herbs, you bring the power of nature from the field directly into your therapy, spa or wellness area. Enrich your treatments in an entirely natural fashion and with the power of nature.



## Perfectly composed herb mixtures for fragrant treatments

### Alpine herbal mixture and Asian herbal mixture

Loose herbal mixture, cut, untreated and natural, quickly imparts its fragrance and its active ingredients.

**Effect:** circulation boosting, antispasmodic, relaxing

**Application:** for further processing into exfoliation treatments, for body packs, for creating infusions for the tub or as a filling for herb stamps

Item	Item No.	Content	Notes
<b>Alpine herbal mixture</b> With lavender, camomile, peppermint, calendula and rose	03439-205	1 kg	
<b>Asian herbal mixture</b> With lemongrass, ginger, tamarind, garam masala and galangal	03439-225	1 kg	

### Possible treatments:

- Herb stamps
- Body exfoliation treatments
- Supplement for body packs
- Making infusions for tubs or foot baths
- Room fragrance

## Relax, stimulate, heal Herbs sorted by effect

For a clear overview and targeted treatment success, we have divided our herbs into a variety of groups. For all herbs, we have specified the appropriate effect. Some herbs have a variety of effects and therefore appear in multiple categories.

### Stimulate & refresh

If you want to refresh and energise tired and drained guests, choose stimulating herbs from this group. You should also consider the right room fragrance and vitalising massage techniques or treatments here.

### Detox: purify & remove toxins

Here you can find the right choices for purification and slimming cures. We have also put herbs which have a disinfectant effect and can have positive effects on an irritated complexion in this group.

### Relax, soothe & warm

If you want to help stressed guests to find relaxation and inner peace more quickly, choose herbs from this group for exfoliation treatments, baths and washing. A room fragranced with a bowl of the appropriate loose herbs or the matching essential oils (from page 57) also ensures quick relaxation.





## Loose herbs – use pure or mix them yourself

Use Kurland® herbs pure or compose your own herb recipe. Loose herbs, cut, whole or ground, untreated and natural, quickly impart their

fragrance and active ingredients. **Application:** for further processing into exfoliation treatments, for body packs, for creating infusions for the

tub or as a filling for herb stamps

Edelweiss blossoms, whole



## Stimulating and refreshing herbs

Item/effect	Item No.	Content	Notes
<b>Edelweiss blossoms with leaves, whole</b> skin smoothing, moisturising	03243-00050	50 g	
<b>Orange blossoms, whole</b> balancing, invigorating	03550-01000	1 kg	
<b>Rosemary, cut</b> circulation boosting, invigorating	03662-01000	1 kg	
<b>Lemongrass, cut</b> refreshing, invigorating, uplifting	03971-01000	1 kg	

Orange blossoms, whole



Rosemary, cut



Lemongrass, cut





## Possible treatments:

- Herb stamps
- Body exfoliation treatments
- Supplement for body packs
- Making infusions for tubs or foot baths
- Room fragrance

## Detox: purifying herbs which remove toxins

Item/effect	Item No.	Content	Notes
<b>Arnica blossoms, cut</b> anti-inflammatory, pain-relieving	03980-00500	500 g	
<b>Nettle leaves, cut</b> draining, purifying, detoxifying	03160-01000	1 kg	
<b>Marsh mallow root, cut</b> anti-inflammatory, soothing, moisturising	03984-00500	500 g	
<b>Alchemilla, cut</b> blood-cleansing, diuretic, antispasmodic	03982-00500	500 g	
<b>Goldenrod, cut</b> antiseptic, anti-inflammatory, astringent, draining	03973-00500	500 g	<b>New!</b>
<b>Rosemary, cut</b> circulation boosting, invigorating	03662-01000	1 kg	
<b>Horse chestnut, ground</b> circulation boosting, astringent	03663-01000	1 kg	
<b>Sage, cut</b> expectorant, anti-inflammatory	03680-01000	1 kg	
<b>Horsetail leaves, cut</b> anti-inflammatory, for rheumatic processes, for varicose veins, wound healing	03981-00500	500 g	
<b>Sunflower blossom, cut</b> antioxidant, protects the skin against free radicals	03983-00500	500 g	
<b>Woodruff leaves, cut</b> soothing, antispasmodic, diaphoretic, for insomnia, nervous restlessness, circulation boosting	03978-00500	500 g	



Arnica blossoms, cut



Marsh mallow root, cut



Sunflower blossoms, cut

## Relaxing, soothing and warming herbs

Item/effect	Item No.	Content	Notes
<b>Arnica blossoms, cut</b> anti-inflammatory, pain-relieving	03980-00500	500 g	
<b>Alchemilla, cut</b> soothing, for insomnia, for menopausal symptoms	03982-00500	500 g	
<b>Elderflowers, dried</b> warming, diaphoretic	03340-01000	1 kg	
<b>Camomile blossom, whole</b> anti-inflammatory, soothing, balancing, relaxing	03420-01000	1 kg	
<b>Lavender blossoms, whole</b> soothing, balancing, disinfectant, uplifting	03450-01000	1 kg	
<b>Linden blossoms, cut</b> soothing, relaxing, for oedema, muscle pain, sciatica, warming	03977-00500	500 g	
<b>Lemon balm leaves, cut</b> soothing, relaxing, balancing, strengthening	03480-01000	1 kg	
<b>Rose petals, cut</b> harmonising, balancing, uplifting	03661-01000	1 kg	
<b>Yarrow leaves, cut</b> soothing, anti-inflammatory, antihypertensive, circulation boosting, good for menopausal symptoms and gynaecological problems	03974-00500	500 g	
<b>Woodruff leaves, cut</b> soothing, antispasmodic, diaphoretic, for insomnia, nervous restlessness, circulation boosting	03978-00500	500 g	



Alchemilla, cut



Elderflower,  
dried



Yarrow,  
cut



Lemon balm  
leaves, cut



Woodruff,  
cut

## All Kurland® herbs, sorted alphabetically

Item/effect	Item No.	Content	Notes
Alpine herbal mixture	03439-205	1 kg	
Arnica blossom, cut	03980-00500	500 g	
Asian herbal mixture	03439-225	1 kg	
Nettle leaves, cut	03160-01000	1 kg	
Edelweiss blossoms with leaves, whole	03243-00050	50 g	
Marsh mallow root, cut	03984-00500	500 g	
Alchemilla, cut	03982-00500	500 g	
Goldenrod, cut	03973-00500	500 g	
Elderflowers, dried	03340-01000	1 kg	
Camomile blossoms, whole	03420-01000	1 kg	
Lavender blossoms, whole	03450-01000	1 kg	
Linden blossoms, cut	03977-00500	500 g	
Lemon balm leaves, cut	03480-01000	1 kg	
Orange blossom, whole	03550-01000	1 kg	
Rose petals, cut	03661-01000	1 kg	
Rosemary, cut	03662-01000	1 kg	
Horse chestnut, ground	03663-01000	1 kg	
Sage, cut	03680-01000	1 kg	
Horsetail leaves, cut	03981-00500	500 g	
Yarrow leaves, cut	03974-00500	500 g	
Sunflower blossom, cut	03983-00500	500 g	
Woodruff leaves, cut	03978-00500	500 g	
Lemongrass, cut	03971-01000	1 kg	

New!



Nettle leaves, cut



Goldenrod, cut



Camomile blossoms, whole



Linden blossom, cut



Lavender blossoms, whole

## Herbal infusions – concentrated herb power



Herbal infusions have been known and loved in monastic medicine for centuries. Ultimately, they are the quickest and simplest method of releasing the valuable active ingredients in the herbs and making them accessible for therapeutic purposes. You just need hot water, a container and a few minutes of time to let the herbs steep – the infusion already smells intense, and it unfurls the full power of nature.

### Delight the eye...

...and sprinkle a touch of fresh herbs or flowers in the water – the herbal bath thus also becomes a visual experience for the guest.

### A herb for every occasion

Relaxation, energising or detox – regardless of what your spa programme is geared for, there are no limits on the creation of your own infusion recipe. With a selection of our Kurland® herbs, you can carry out a multitude of different treatments.

## Recipe tip

### For the bathtub:

leave 2 handfuls of herbs or Kurland® herbs in organza or fleece bags to steep in approx. 5 litres of water for 10 minutes. For preparation with loose herbs, strain and then pour the herbal infusion into the bathwater and add 2 tbsp. of base oil or oil blend of your choice.

You can also then optionally mix 100 ml of goat milk bath with 1 litre of warm water and add into the bathwater. Herbs in organza or fleece bags can also be added straight to the tub.

### For foot baths:

sprinkle a handful of herbs in approx. 3 litres of warm water, then add 2 tbsp. of base oil or of an oil blend of your choice.



### Fir branches for the Brechelbad®

The floor in the Brechelbad® is strewn with freshly cut fir branches. Walking barefoot over the branches releases the essential oils, which provide the unique fragrance and have a disinfectant effect – the natural base stimulates circulation in the feet.

**Effect:** disinfectant, circulation boosting

Item	Item No.	Notes
Fir branches, cut, for an area of approx. 3 m <sup>2</sup> in the box	15220-001	
Fresh product – only available from September to May		

## Herbs in organza bags or fleece bags

Wonderful fragrance, strong effect, ready-to-use, as a gift or for resale



Our herbs smell good, and they look good too. Deep blue lavender, rose petals, orange blossoms, elderflower and aromatic rosemary shine through the translucent organza bag. The herbs in organza bags are suitable for gentle herbal exfoliation treatments in the shower or tub, as attractive room fragrances or for the wardrobe. Alternatively packaged in fleece bags, you can use our herbs for cosmetic treatments, foot baths or gentle moistening of the skin.

### For resale

As a small gift or for use at home or for attractive room fragancing – the herb sachets and bags are an ideal product. 10 pieces in each practical counter display box.



Rose petal / orange blossoms herbs in organza bags in the practical counter display box



Herbs in fleece bags in the practical counter display box

## Herbs in organza bags or fleece bags

Item/effect	Item No.	PU*	Notes
<b>Lavender/elderflower/rosemary – balancing, draining, invigorating</b>			
Organza bag, 10 x 14 cm	03443-001	10 pieces	
Fleece bag	03440-244	10 pieces	
<b>Lavender / orange blossoms – balancing, harmonising</b>			
Organza bag, 10 x 14 cm	03443-002	10 pieces	
Fleece bag	03440-245	10 pieces	
<b>Orange blossoms / lemongrass – invigorating, refreshing</b>			
Organza bag, 10 x 14 cm	03443-003	10 pieces	
Fleece bag	03440-246	10 pieces	
<b>Rose petal / orange blossoms – harmonising, invigorating</b>			
Organza bag, 10 x 14 cm	03443-004	10 pieces	
Fleece bag	03440-247	10 pieces	
<b>Alpine herbs– soothing, balancing, for menopausal symptoms</b> (Swiss pine, sunflower blossoms, arnica blossoms, alchemilla, marsh mallow root, etc.)			
Organza bag, 10 x 14 cm	03445-001	10 pieces	

\* Packing unit

**Neu!** Powerful, wild and from our homeland – the Alps: our new selection from the herb garden



The mix makes it, as well as knowledge of the effects of wild herbs. This time, we have deliberately not included the Mediterranean "relations" in the organza bags, but have rather concentrated exclusively on the power of our native Alpine herbal treasures. Also available in fleece bags.

**Application:** for making herbal infusions for hand, foot or full body baths, as a exfoliating bag, for cosmetic treatments.

**10 pieces in each practical counter display box.**



Herbs in an organza bag in the practical counter display box



Herbs in a fleece bag in the practical counter display box

**Native herbs mixtures in organza bags or fleece bags**

Item/effect	Item No.	PU*	Notes
<b>"Ladies Vitality" – the powerful herbal mix especially for women</b> <b>Contains:</b> woodruff, alchemilla, camomile, linden blossoms and yarrow <b>Effect:</b> anti-hypertensive, soothing, eases cramps, anti-inflammatory, warming, anti-biotic – gently sweet fragrance			<b>New!</b>
Organza bag, 10 x 14 cm	03443-020	10 pieces	
Fleece bag	03440-220	10 pieces	
<b>"Inner Peace" – calming herb power</b> <b>Contains:</b> arnica blossoms, rose petals, sunflower, camomile, marsh mallow root, lavender, mallow, horsetail and goldenrod <b>Effect:</b> harmonising, balancing, relaxing – gently floral fragrance			<b>New!</b>
Organza bag, 10 x 14 cm	03443-021	10 pieces	
Fleece bag	03440-221	10 pieces	
<b>"Mental Strength" – the sunshine mix for rainy days</b> <b>Contains:</b> sunflower, lavender, lemon balm, rose petals, St. John's wort, peppermint, linden blossoms <b>Effect:</b> uplifting, balancing, invigorating, lightly cooling – with the fresh fragrance of peppermint			<b>New!</b>
Organza bag, 10 x 14 cm	03443-022	10 pieces	
Fleece bag	03440-222	10 pieces	
<b>"In Balance" – the gently mix for irritated skin</b> <b>Contains:</b> ivy, arnica blossoms, woodruff, goldenrod, alchemilla, marsh mallow root, marjoram, juniper, calendula <b>Effect:</b> balancing, soothing, anti-inflammatory, moisturising, protects against free radicals			<b>New!</b>
Organza bag, 10 x 14 cm	03443-023	10 pieces	
Fleece bag	03440-223	10 pieces	

\* Packing unit



# RELAX EMOTION – Herbs in Organza bag following the 4 elements doctrine



In the Asian four elements doctrine, human personality traits and their behaviours are assigned to one of the four elements of fire, water, earth and air.

For each type, we have developed herb mixtures which can help to re-establish the necessary balance.

### What is so special:

- Individual
- Type-appropriate
- Effective
- An atmospheric experience for every guest

## Fire, water, earth, air – herbs for each type

Relax Emotion herbal bags contain the perfect mix for people who suffer from sleep disorders, stress, restlessness or depressive moods. The herb mixtures are lovingly put

together and should balance out weaknesses in the various character types. From page 104 you can find more detailed information about determination of types and additional

products for holistic wellness treatments with the Permanent Contour® stamp massage.

## Relax Emotion herbal bags for each type according to the four elements doctrine

Item/effect	Item No.	PU*	Notes
<b>Relax Emotion Fire</b> (choleric), 10 x 14 cm Effect: cooling, soothing, can drain off excess energy	03444-001	10 pieces	
<b>Relax Emotion Water</b> (phlegmatic), 10 x 14 cm Effect: can bring emotions into balance, provides energy and emotional stability	03444-003	10 pieces	
<b>Relax Emotion Earth</b> (melancholic), 10 x 14 cm Effect: can increase vitality and improve mood	03444-002	10 pieces	
<b>Relax Emotion Air</b> (sanguine), 10 x 14 cm Effect: can help provide grounding and create stable mental equilibrium	03444-004	10 pieces	



### Application:

- for baths
- for body exfoliation treatments
- as a shower exfoliation treatment
- as a customer give-away
- ideal as an item for resale!

## Sea salt and herbal bath – a wonderful duo



Why are sea salt and herbs a great combination? It's easy to explain: sea salt draws the active ingredients out of the herbs and passes them on to the skin through water. From there, the salt with the active ingredients from the herbs is absorbed into the skin and supplies it with additional moisture. The herbs develop their effects optimally through the fine mesh of the organza bag. Thus wrapped in softness, the herbs are perfectly suited for resale or as a treasured customer give-away. **They are supplied with a practical display box for the counter per 10 pieces.**



**Tip:** after a sea salt bath you should simply dab the moisture away rather than rubbing firmly so that the salt remains on the surface of the skin for longer and stays effective for longer.

### Sea salt and herbal bath – detox, uplifting or balancing

Item/effect	Item No.	PU*	Notes
<b>Sea salt herbal bath with hay blossom, 10 x 14 cm</b> purifying, metabolism stimulating, detoxifying	10780-006	10 pieces	
<b>Sea salt herbal bath with lavender, 10 x 14 cm</b> relaxing, soothing, balancing, uplifting	10780-007	10 pieces	
<b>Sea salt herbal bath with rose petals, 10 x 14 cm</b> balancing, harmonising	10780-010	10 pieces	

### Two irresistible new varieties:



Item/effect	Item No.	PU*	Notes
<b>"Inner peace" sea salt and herbal bath, 10 x 14 cm</b> balancing, harmonising, soothing, relaxing	10780-021 	10 pieces	
<b>"Mental strength" sea salt and herbal bath, 10 x 14 cm</b> uplifting, balancing, invigorating	10780-022 	10 pieces	

### Treatment:

- for baths
- for body exfoliation treatments
- as a shower exfoliation treatment
- as a customer give-away
- ideal as an item for resale! (Display box)



\* Packing unit

# SMALL GIFTS

## keep the friendship going

Want to welcome your customers with a little something?  
Should your gift revive good memories for a long time?  
Chocolates on the pillow don't fit with your wellness concept?  
With our fragrant little gifts you arouse positive emotions –  
low-calorie and with no undesirable side effects!

### Use as:

- as a customer give-away
- as a promotional item
- as a room fragrance
- as a laundry freshener in the wardrobe



Your logo can go here. We are happy to develop individual greetings for you.

## Herbs or Swiss pine curls in an organza bag – the ideal gift with a personal greeting

Small gifts keep the friendship going! Surprise your guests when they arrive with a fragrant little something, or leave a healthy and lasting alternative to chocolate on the pillow. Our herbs and Swiss pine curls in an organza bag are a popular gift for guests! We also supply them with individualised little cards. You can thus welcome your guests, wish them a pleasant stay or deliver seasonal greetings. **We help you with the design of the little card and supply finished gifts, lovingly made by hand.**

### Herbs or Swiss pine curls in an organza bag

Item/effect	Notes
<b>Lavender – balancing, harmonising</b> Organza bag, 7 x 10 cm	Price upon request
<b>Rose petals – harmonising, invigorating</b> Organza bag, 7 x 10 cm	Price upon request
<b>Swiss pine curls – concentration boosting, for relaxed sleep</b> Organza bag, 13.5 x 10.5 cm	Price upon request

### Prices:

ask about our prices. We are also happy to provide custom fillings. Tel.: +49 (0) 8654/4887-41

# SWISS PINE PRODUCTS – simply breathe in and relax



## What Swiss pine does for you:

- allows your guest to relax immediately
- promotes healthy and restful sleep
- diffuses a pleasant Alpine fragrance
- can improve concentration in seminars
- can stimulate and soothe

Used for centuries, 100% natural and with no side effects – Swiss pine gives your room a fresh and pure atmosphere which immediately allows your guests to breathe.

## Swiss pine: study results

A study by Johanneum Research in Weiz has proven that Swiss pine wood has an uplifting effect on the spirit and yet brings the heartbeat down to around 3,500 beats a day – a relief for the heart, and properties which predestine Swiss pine for use in spa and wellness areas, seminar rooms, hotel rooms or treatment rooms.

Swiss pine curls in an organza bag



Swiss pine cushions

Swiss pine essential oil    Swiss pine oil blend

## Swiss pine curls in an organza bag

Packed, pure, into an organza bag, the scent of the Swiss pine curls permeates through the fine-pored fabric here and makes the ideal gift for customers or guests.

**Contains:** 100% natural Swiss pine curls from freshly shaved Swiss pine wood

**Application:** as a room fragrance or as an air freshener in cupboards. Place on the desk to promote concentration or on the bedside table as a soporific.

Sizes	Item No.	PU*	Notes
15 x 25 cm	10460-005	5 pieces	

## Permanent Contour® Swiss pine curls

Our Swiss pine curl packs were specially developed for use with the Permanent Contour® device. The steam speeds up the development of the essential oils and makes the skin receptive. The effect of the Swiss pine curls can thus be increased even further.

**Contains:** 100% natural Swiss pine curls from freshly shaved Swiss pine wood

**Application:** connect the hose of the Permanent Contour® device to a Swiss pine curl pack and switch the device on. Place the pack on the affected part of the body and allow the essential oils to work.

Sizes	Item No.	PU*	Notes
38 x 31 cm	11409-210	10 pieces	

## Swiss pine cushions

Carefully sewn into fine organza, our freshly shaved, large Swiss pine curls diffuse their wonderful fragrance unhindered.

**Contains:** 100% natural Swiss pine curls from freshly shaved Swiss pine wood

**Application:** as pillows in the Soft-Pack® system, as cushions in bed.

Sizes	Item No.	PU*	Notes
38 x 26 cm	10460-001	1 pieces	
		From 25	
		From 50	

## Swiss pine essential oil

Enjoy the rounded, woody warm fragrance of Swiss pine with this pure essential oil.

**Application:** as an addition to base oils or creams, for room fragrancing or for enhancing the scent of Swiss pine curls.

Content	Item No.	Notes
10 ml	02972-00010	
100 ml	02972-00100	

## Effect:

- simultaneously stimulating and soothing
- boosts concentration
- for restful sleep



## Swiss pine oil blend

Our finely balanced oil blend with natural Swiss pine fragrance.

**Contains:** grape seed, olive, almond, linseed, aloe vera and avocado oil, as well as Swiss pine essential oil

**Application:** as a massage oil, for use in the bath, for scenting Swiss pine curls



Content	Item No.	Notes
75 ml	11240-00075	
200 ml	11240-00200	
1 litre	11240-01000	
3 litre bag in a box	11240-03000	



\* PU = packaging unit

## SEA SALT, BRINE AND ALGAE

The best wellness ingredients from the sea



A holiday or a treatment by the sea is recommended for psoriasis, atopic eczema and acne.

But if there's no beach holiday in sight and the sea is too far away, then we supply sea salt for the treatment directly to you.

Regardless of the weather conditions and the sunshine, you can therefore offer your guests the sea in a tub, or pamper them with a natural salt exfoliation treatment or with nourishing Thalasso Mare body packs.

### What our sea salt and algae products offer:

- easy use
- natural ingredients
- valuable minerals
- important trace elements
- wide variety of possible applications

In a salt bath, the sea salt is deposited in the outermost corneal layer of the skin and binds with moisture there. The skin's natural protective layer is thus maintained and the skin does not dry out. For this reason, salt baths are particularly advisable for dry skin. In addition, they have a purifying effect. The magic word is "osmosis". Thanks to this, toxins from the body are expelled into the bath water, while minerals are absorbed from the salt water through the skin. A salt water bath promotes the neutralisation of our body and leads to a balanced and natural skin pH value.

### Don't towel off!

After a relaxing bath with sea salt, you should not rinse the skin off or rub it dry with your towel. Simply blot the moisture off the skin gently so that the valuable minerals can work on the skin for longer.

### Organically produced sea salt – coarse ground

This salt is produced with particular consideration without the addition of chemical additives. The salt contains clay fragments and algae.

**Effect:** hypo-allergenic, anti-inflammatory in the bath, suitable for psoriasis, atopic eczema, acne, rheumatism and painful tension, boosts the metabolism, smooths the skin, provides moisture. Do not use with open skin lesions.

**Application:** spread pure onto moistened skin for exfoliation treatments and gently exfoliate or mix with oil blend first for nourishing and moisturising exfoliation treatments. Dissolve in the bathwater for baths.

Content	Item No.	Notes
1 kg	10702-01000	
5 kg	10702-05000	

### Dead Sea salt – fine ground

Salt from the Dead Sea has a particularly high magnesium and trace elements content. Do not use with open skin lesions.

**Effect:** see organically produced sea salt

**Application:** spread pure onto moistened skin for finer exfoliation treatments and gently exfoliate or mix with oil blend first for nourishing and moisturising exfoliation treatments. Also perfect for bathtubs.

Content	Item No.	Notes
1 kg	10710-01000	
5 kg	10710-05000	

### Recipe tip: sea salt and oil exfoliation treatment!

**For a full body exfoliation treatment:** mix 5 tbsp. (130 g) of Dead Sea salt and 1½ tbsp. (12 g) of an oil blend of your choice.

**Application:** moisten the body so that the salt will stick to the skin more easily and the active ingredients can be absorbed better, gently exfoliate, then rinse off.

**Effect:** removes hardened skin cells, has a smoothing, rehydrating, moisturising effect.

### The effects of sea salt:

- supplies the skin with plenty of valuable minerals
- helps maintain the pH balance
- stimulates blood circulation
- soothes skin irritations
- gently removes dead skin particles
- retains moisture in the skin
- has a purifying, anti-inflammatory and hypo-allergenic effect



## Brine and salt sheets – get beautiful and healthy skin with a simple salt treatment



A bath in natural brine or a pack with handy salt sheets: salt treatments mineralise and help to maintain the skin's pH balance. Body packs with salt sheets increase the receptiveness of the skin and promote the effect of creams and care substances. High percentage salt sheets help to detoxify and purify.



### Brine sheets

Each pack contains two 100 x 180 cm brine sheets, soaked in brine ready-for-use. They are fantastic moisturising sheets for the Soft-Pack® system or on the massage table. **Use within three months (produced fresh for you)!**

**Effect:** 6% brine sheets facilitate the transfer of active ingredients (from creams, packs, etc.) **into the skin.**

The 12% and 24% brine sheets facilitate the removal of waste substances and toxins from the top layer of **the skin** (in algae treatments, for example).

**Application:** have the guest lie between the two warmed brine sheets. (Warming devices can be found from page 118 onwards)

Item	Item No.	Notes
6% brine sheet, 2 pieces	10820-06000	
12% brine sheet, 2 pieces	10820-12000	
24% brine sheet, 2 pieces	10820-24000	

### Brine 24% salt solution

Clear, ready-to-use brine in a canister.

**Effect:** helps to remove waste substances and toxins from the top layer of the skin (in algae treatments, for example).

**Application:** replace the water with brine when mixing a wide variety of packs or make your own salt sheets by soaking dry fleece in the brine.

Attention: Do not use with open skin lesions.

Content	Item No.	Notes
10 litre canister	10800-10000	

### Possible treatments:

- in the Soft-Pack® system
- on the massage table
- for full body treatments



## Algae drains, purifies and tones

Algae contains high quality minerals such as calcium, magnesium, iodine, zinc and selenium, trace elements such as niacin and folic acid, and vitamin A, C, E and B complexes. The metabolism in the skin and the structures beneath it is strongly stimulated by direct application. Algae is

### Thalasso Mare purification wrap

The valuable substances in the sea algae nourish the skin and stimulate the cell metabolism and circulation. Lime promotes the breakdown and removal of toxins. Fresh sea breeze fragrance.

**Application:** mix with water to a creamy consistency. Apply and leave to work for around 25 mins.



Content	Item No.	Notes
1.5 kg	10000-01500	
5 kg	10000-05000	

### Thalasso Mare Body Peel

This gentle exfoliation treatment pampers the skin with the valuable ingredients in sea algae. Fresh and herbal fragrance.

**Effect:** provides lasting moisture, stimulates the metabolism and circulation, purifying, refines the complexion, smoothing

**Application:** apply to moist skin and gently exfoliate with circular motions.

Content	Item No.	Notes
300 g	10008-00300	
1,250 g	10008-01250	

amazingly versatile. Its varied effects produce amazingly smooth and firm skin. Our "treasures from the sea" are wonderfully effective and easy to use. See and feel the revitalising and rejuvenating effects of our algae products almost immediately!

New packaging, tried and tested contents!



### Thalasso Mare Basic sculpting

This mask is extremely well suited for skin-firming treatments for the face and décolleté. It is applied as a liquid, solidifies and can be easily peeled off without leaving any residue. Fresh fragrance with a hint of grapefruit. Basic sculpting contains laminaria and spirulina algae. Free from preservatives.

**Application:** mix the powder with water to a creamy consistency and apply quickly with a fan brush. Once the mask has solidified, peel off upwards from the chin.

Content	Item No.	Notes
100 g	10005-00100	
800 g	10005-00800	



## The effects of our algae:

- purifies
- removes excess water
- detoxifies
- stimulates the cell metabolism and circulation
- guarantees a toned and smooth complexion



### Thalasso Mare body wrap

The active ingredients in the brown algae promote cell metabolism and circulation, nourish the skin and have an intensely moisturising effect. This promotes the breakdown and removal of toxins. Fresh fragrance with a hint of grapefruit.

**Application:** mix with water to a creamy consistency. Apply and leave to work for around 25 mins.

Content	Item No.	Notes
1 kg	10007-01000	
3 kg	10007-03000	

## KURLAND® BASE OILS

Natural and nutrient-rich care



Our oils are suitable not only for massages, but also for intensive skincare. Because natural oils are similar to the skin's own fat and provide our body with the best nutrients from top to toe.

As always, only the highest quality standards are good enough for our oils, so that all of the key nutrients and ingredients are retained in a natural manner.

Our oils are natural products with a wide variety of effects.

In each individual drop is the best of selected fruits, nuts, leaves, blossoms or seeds.

### Kurland® oils are:

- pure natural products
- of the highest quality
- rich in nutrients
- skin-friendly
- intensively nourishing
- rich in minerals, proteins and enzymes

### Oils have a more intensive effect on damp skin

For best results, apply the oils directly to damp skin (after a shower or bath). In this way, the nutrients and vital substances can optimally soak into the skin and really work their magic.

Our natural elixirs, as we like to call our Kurland® skincare oils, nourish, regenerate and protect the skin. Whether pure or as part of care or massage oils you have mixed yourself – our base oils are all-rounders with high quality ingredients.

We only stock considerably produced oils of the highest quality. You can use them for healing and aroma oil massages, pure, in blends, as exfoliation treatments with sea salt or as an additive in skincare creams.

Our natural base oils are absorbed nourishingly into the skin and provide it with essential nutrients, without the addition of artificial fragrances or preservatives.



## Kurland® oils – high quality, natural and pure

### Oils for any skin type

Not only dry skin, but also normal, sensitive and greasy skin can benefit from care with base oils (Kurland® base oil). For a clearer overview of the effects of our oils, you will find a points overview in our tables next to the descriptive text.

Particular properties are highlighted with the keywords “dry”, “sensitive”, “combination skin” and “regeneration”. The more points there are under the

respective categories, the better the oil is for dry, sensitive or combination skin, or the more it also promotes regeneration and cell renewal.

### Why amber glass bottles?

Our precious oils are **free from artificial preservatives**. They are therefore bottled in amber glass bottles. The oils are thus protected from the light and keep for longer. For purity and the highest quality down to the last drop.



Jojoba nut



Avocado



Argan nut



Evening primrose



### Tips:

**Massage tip:** non-drying oils, i.e. oils which do not absorb fully but rather leave behind a fine film on the skin, are recommended for massages. For example, almond oil, avocado oil or macadamia nut oil.

**Winter tip:** facial cream can be enriched with a few drops of almond or jojoba oil for more intensive nourishment on cold winter days.

## Base oils

Item, effect	DRY	SENSITIVE	COMBINATION	REGENERATION	Contents	Item No.	Notes
	SKIN						
<b>Aloe vera oil</b> Regulates moisture, particularly good for allergies, psoriasis and sunburn <b>Carrier oil:</b> soya bean oil	●●●	●●	●	●●●	200 ml 1 litre 5 litres 10 litres	01110-00200 01110-01000 01110-05000 01110-10000	
<b>Argan oil, pressed</b> From Morocco; ideal for dry skin, acne, skin allergies and atopic eczema; stimulates cell renewal	●●●	●●●	●●	●●●	200 ml 1 litre	01111-00200 01111-01000	
<b>Avocado oil</b> For dry and inflamed skin; a rich and nourishing oil	●●●	●●	●	●●	200 ml 1 litre 5 litres 10 litres	01120-00200 01120-01000 01120-05000 01120-10000	
<b>Calendula oil, pressed</b> For sensitive, dry and rough skin; suitable for treating scars and as a cream base <b>Carrier oil:</b> peanut oil	●●●	●●●	●	●●●	200 ml 1 litre 5 litres 10 litres	01180-00200 01180-01000 01180-05000 01180-10000	
<b>Hempseed oil, pressed</b> For inflamed skin, skin irritations, atopic eczema and dry skin; rich in vitamins, calcium, magnesium and essential fatty acids, excellent massage oil	●●●	●●●	●●	●●●	200 ml 1 litre 5 litres 10 litres	01740-00200 01740-01000 01740-05000 01740-10000	
<b>St John's wort oil</b> Stimulates blood circulation, anti-inflammatory; ideal for swelling and sore muscles; attention: photosensitising <b>Carrier oil:</b> olive oil	●●●	●●	●●	●●●	200 ml 1 litre 5 litres 10 litres	01400-00200 01400-01000 01400-05000 01400-10000	



Item, effect	DRY	SENSITIVE	COMBINATION	REGENERATION	Contents	Item No.	Notes
	SKIN						
<b>Jojoba oil, pressed</b> Protects against environmental factors; blends well with essential oils; for all skin types; sun protection factor 4	●●	●●●	●●	●●	200 ml 1 litre 5 litres 10 litres	01401-00200 01401-01000 01401-05000 01401-10000	
<b>Coconut oil, pressed</b> With a mild and exotic coconut fragrance; fat-like consistency, solid at room temperature, melts at approx. 25°C; ideal for making oil and cream blends, good massage oil, ideal for skincare	●●●	●●	●	●●	500 ml	01430-00500	
<b>Linseed oil, pressed</b> For stressed, dry skin; disinfectant; anti-ageing effect; blends well; over 50% alpha-linolenic acid	●●●	●●●	●●	●●	200 ml 1 litre 5 litres 10 litres	01450-00200 01450-01000 01450-05000 01450-10000	
<b>Macadamia nut oil</b> Suitable for haircare; blends well; easily absorbed	●●●	●●	●●●	●●	200 ml 1 litre 5 litres 10 litres	01480-00200 01480-01000 01480-05000 01480-10000	
<b>Almond oil</b> For sensitive and dry skin; main compo- nent in massage oils; good for skin irritations; very good massage oil	●●●	●●●	●●	●●	200 ml 1 litre 5 litres 10 litres	01481-00200 01481-01000 01481-05000 01481-10000	

## Coconut oil – the all-rounder among the base oils

Hardly any other oil has been the subject of as many studies as coconut oil. For good reason: not only does it have a multitude of positive effects as an edible oil, it also offers many benefits in cosmetics. It is thus used to combat:

- Impurities
- Wrinkles and dry skin
- Cellulite
- Atopic eczema
- Psoriasis
- Liver sjars

No wonder, then, that coconut oil is among our most popular base oils and we have made the fragrant "Summer

Feeling" good mood summer product from it. Many wonderful treatments can be carried out with our coconut base oil. **It comes from controlled organic cultivation.**

### Summer Feeling

Refreshes, moisturises and smells wonderful: after the shower, for massage, in the bath or for moisturising. **Tip:** leave to cool in the fridge and then massage your damp skin with the cooled oil block – very refreshing!



PU*/Content	Item No.	Pieces	Notes
40 ml Organza bag	01430-010	1	
40 ml Organza bag	01430-010	from 25	
40 ml Organza bag	01430-010	from 50	
5x 40 ml Gift set	01430-005	per set	
100x 40 ml box	01430-002	per piece	

## Base oils

Item, effect	DRY	SENSITIVE	COMBINATION	REGENERATION	Contents	Item No.	Notes
	SKIN						
<b>Poppy seed oil</b> Light oil, ideal for reddened, irritated skin; soothing, rich in unsaturated omega 6 fatty acids	●●	●●●	●●	●●	200 ml 01750-00200 1 litre 01750-01000 5 litres 01750-05000 10 litres 01750-10000		
<b>Evening primrose oil</b> For dry skin; anti-inflammatory, metabolism boosting, stimulates cell renewal; good for allergies and irritated skin	●●●	●●●	●●	●●●	200 ml 01510-00200 1 litre 01510-01000 5 litres 01510-05000 10 litres 01510-10000		
<b>Olive oil, virgin</b> Anti-inflammatory, soothing, regenerating, disinfecting	●●●	●●●	●●●	●●●	200 ml 01550-00200 1 litre 01550-01000 5 litres 01550-05000 10 litres 01550-10000		
<b>Castor oil</b> For all skin types, in particular dry and stressed skin; very easily absorbed	●●●	●●●	●●	●●	200 ml 01651-00200 1 litre 01651-01000 5 litres 01651-05000 10 litres 01651-10000		
<b>Sesame oil, pressed</b> For dry and tired skin; clarifying and cleansing oil	●●●	●●	●●	●●	200 ml 01680-00200 1 litre 01680-01000 5 litres 01680-05000 10 litres 01680-10000		
<b>Sunflower oil, pressed</b> Suitable for all skin types; stimulates the circulation	●●	●●	●●	●●	200 ml 01691-00200 1 litre 01691-01000 5 litres 01691-05000 10 litres 01691-10000		
<b>Black Cumin Oil, pressed</b> Particularly good for allergies, atopic eczema and psoriasis	●●	●●●	●●	●●●	200 ml 01730-00200 1 litre 01730-01000		
<b>Grape seed oil, pressed</b> Contains traces of fruit acids; particularly suitable for greasy and sensitive skin	●	●●●	●●	●●	200 ml 01780-00200 1 litre 01780-01000 5 litres 01780-05000 10 litres 01780-10000		
<b>Wheat germ oil</b> Ideal for dry and damaged skin; revitalises tissue; suitable for hair masques, rich in natural vitamin E.	●●●	●●●	●●	●●●	200 ml 01880-00200 1 litre 01880-01000 5 litres 01880-05000 10 litres 01880-10000		

**New!**

## Accessories – practical filling aids

### Pump dispenser for 1 litre amber glass bottle

Empty down to the last drop without having to lift the bottle – it's easy with this dispenser pump, suitable for screwing onto our 1 litre amber glass bottles.

**Application:** simply screw on, open by turning the nozzle 90 degrees and dispense the desired amount by pressing lightly.



Item	Item No.	PU*	Notes
Dispenser pump	25449-004	1 piece	
		from 10 pieces	

\* packaging unit



### Dispenser pump for 5 or 10 litre oil canisters

With this practical dispenser pump, you can get oil out of the canister effortlessly without needing to lift or tip it.

**Application:** Shorten the tube on the dispenser pump to the height of your canister and cut the tip diagonally. Now screw the dispenser pump onto your canister.

Item	Item No.	Notes
Dispenser pump	20220-005	

### Plastic wrench for 5 or 10 litre oil canisters

With this wrench, you can effortlessly open your canisters and firmly close them again.

**Application:** place the wrench on the canister lid, allow it to engage and turn and open it very easily by means of leverage.



Item	Item No.	Notes
Wrench	20220-007	

### Screw-on tap for 5 or 10 litre oil canisters

With the screw-on tap, you can empty your oil canisters cleanly and effortlessly down to the last drop.

**Application:** simply screw onto the canister instead of the screw lid and open and close using the tap (see image).

Item	Item No.	Notes
Tap	20220-004	

\* PU = packaging unit



# KURLAND® FRAGRANCE OILS

## Delightful fragrances from nature



Fragrances have a subconscious effect, work through the limbic system and immediately trigger emotions.

As soon as we can smell a fragrance, it has reached our brain and has done something. You can use this connection positively for your guests.

**D**id you know that we can discern around 10,000 different smells? And that some of them remain in our memory for decades? This shows what an important role smells play in our lives.

### Essential oils can:

- soothe
- balance
- stimulate
- bring back memories
- create positive moods
- underpin your treatment concept

With pleasant fragrances, you can enter unnoticed into your guest's memory and trigger positive feelings for a long time. Well-being, harmony, inner balance and pleasure are thus available at any time in the form of wonderful aromas. Highly concentrated essences from leaves, flowers and fruits with special effects.



Allow your guests and customers to relax more quickly with our essential oils, or underpin your treatments with soothing, balancing or invigorating aromatic oils.

**Massage tip:** a massage with essential oils is a sensual experience. Choose your favourite fragrance and mix a maximum of 12 drops of it with 200 ml of a base oil (carrier oil) of your choice. Jojoba oil, almond oil, macadamia nut oil, hempseed oil and avocado oil are particularly good base oils for a massage.



## Soothing, balancing or invigorating and energising – essential oils by their effects

Our pure essential oils smell wonderful, underpin your treatments and thereby ensure a particularly sensory experience. We have introduced the following categories so that you can find the right oil quickly in our

extensive range: **soothing**, **balancing** or **invigorating** (energising). Some oils are suitable for multiple treatment objectives. You can recognise these through the distribution of points in the following table.

### Possible treatments:

- for refining all Kurland® base and massage oils
- as an active ingredient or fragrance additive for base creams
- as a room fragrance in fragrance lamps
- for enhancing the fragrance of our Kurland® herb bags
- as fragrance in blossom jar pourri

## Essential Oils

Item, effect	SOOTHING	BALANCING	INVIGORATING	Contents	Item No.	Notes
<b>Bergamot</b> Delicate lemon fragrance, fruity and floral – anxiety-reducing and antispasmodic, balancing, relaxing, stress-reducing, increases the photosensitivity of the skin (no exposure to artificial or natural sunlight after use); <b>Goes well with:</b> lemongrass, rosemary, lavender, vetiver, verbena	●●●	●●●	●	10 ml 100 ml	02150-00010 02150-00100	
<b>Blood orange</b> fruity and fresh – balancing, uplifting; <b>Goes well with:</b> honey, jasmine, lavender	●●	●●●	●●	10 ml 100 ml	02160-00010 02160-00100	
<b>Cassia (cinnamon)</b> characteristic fragrance – warming, aphrodisiacal, antiseptic; <b>goes well with:</b> lemon, orange, blood orange	●	●●	●●●	10 ml 100 ml	02183-00010 02183-00100	
<b>Eucalyptus</b> sharp and fresh – promotes concentration, alleviates swelling, stimulates circulation; <b>Goes well with:</b> rosemary, juniper, tea tree, lemon balm	●	●●	●●●	10 ml 100 ml	02260-00010 02260-00100	
<b>Grapefruit</b> fresh and tangy – stimulating, refreshing; <b>Goes well with:</b> bergamot, lavender, neroli, rosemary	●●	●●	●●●	10 ml 100 ml	02311-00010 02311-00100	
<b>Camphor</b> sharp and fresh, similar to eucalyptus – promotes concentration, soothing, clarifying; <b>Goes well with:</b> lavender, juniper, atlas cedar	●●●	●●	●●●	10 ml 100 ml	02671-00010 02671-00100	

# OILS AND OIL BLENDS

Item, effect	SOOTHING	BALANCING	INVIGORATING	Contents	Item No.	Notes
<b>Natural cherry and vanilla</b> exotically sweet and fruity – for cream and care oil blends, and for room fragrance	●●●	●●	●	10 ml 100 ml	02424-00010 02424-00100	
<b>Coconut and vanilla</b> exotically sweet – for cream and care oil blends, and for room fragrance	●●●	●●	●	10 ml 100 ml	02431-00010 02431-00100	
<b>Mountain pine</b> characteristic fragrance – invigorating, concentration boosting, clarifying; <b>Goes well with:</b> orange, blood orange	●●	●●●	●●●	10 ml 100 ml	02453-00010 02453-00100	
<b>Lavender</b> herbal and sweet – cleansing, balancing, soothing, disinfectant, air-purifying; <b>Goes well with:</b> blood orange, camphor, grapefruit	●●●	●●●	●	10 ml 100 ml	02450-00010 02450-00100	
<b>Lemongrass</b> lemony and grassy – toning, refreshing, uplifting, concentration boosting; <b>Goes well with:</b> citrus fragrances	●	●●	●●●	10 ml 100 ml	02451-00010 02451-00100	
<b>Litsea Cubeba</b> sweet and lemony – concentration boosting, aphrodisiacal, refreshing, invigorating; <b>Goes well with:</b> jasmine, lavender, neroli, bergamot, sage	●●	●●	●●●	10 ml 100 ml	02452-00010 02452-00100	
<b>Lime</b> green and tangy – invigorating, deodorising, refreshing, antiseptic; <b>goes well with:</b> rosemary, vanilla, grapefruit, lemon balm	●	●●	●●●	10 ml 100 ml	02454-00010 02454-00100	
<b>Natural almond and apple</b> freshly sweet and fruity – for cream and care oil blends, and for room fragrance	●●●	●●●	●●	10 ml 100 ml	02481-00010 02481-00100	



Item, effect	SOOTHING	BALANCING	INVIGORATING	Contents	Item No.	Notes
<b>Lemon balm</b> fruity and lemony – antiviral, soothing, antispasmodic, uplifting, invigorating; <b>Goes well with:</b> lime, lavender, peppermint	●●●	●●●	●●	10 ml 100 ml	02480-00010 02480-00100	
<b>Marjoram</b> spicy and sweet, warm – uplifting, restful, relaxing, circulation boosting; <b>Goes well with:</b> rosemary, sage, bergamot, lemon	●●	●●	●	10 ml 100 ml	02674-00010 02674-00100	
<b>Neroli</b> delicately sweet and floral – soothing, uplifting, relaxing, stimulating; <b>Goes well with:</b> jasmine, bergamot, lavender	●●	●●●	●●	10 ml	02511-00010	
<b>Orange</b> sweet and fruity – stimulating, balancing, uplifting; <b>goes well with:</b> cassia (cinnamon), honey, jasmine, lavender	●●	●●●	●●●	10 ml 100 ml	02550-00010 02550-00100	
<b>Peppermint</b> cool and fresh – stimulating, invigorating, refreshing, cooling, aphrodisiacal; <b>Goes well with:</b> Lavender	●	●●	●●●	10 ml 100 ml	02591-00010 02591-00100	
<b>Rose</b> sensuous and floral – aphrodisiacal, balancing, cheering, relaxing; <b>Goes well with:</b> all base oils, particularly almond oil	●●●	●●●	●	10 ml 100 ml	02660-00010 02660-00100	
<b>Rosemary</b> resinous and intense – stimulating, sharpens awareness, boosts circulation; <b>Goes well with:</b> juniper, marjoram, lemon balm	●	●●	●●●	10 ml 100 ml	02661-00010 02661-00100	
<b>Sage</b> aromatic and spicy – antiperspirant, diuretic, disinfectant, circulation boosting; <b>Goes well with:</b> vetiver, lavender, lemon, eucalyptus, thyme	●●	●●	●●●	10 ml 100 ml	02680-00010 02680-00100	
<b>Tea tree</b> herbal and fresh – disinfectant, immune system strengthening, anti-inflammatory, bacteriostatic; <b>Goes well with:</b> lavender, lemon	●●●	●●	●	10 ml 100 ml	02770-00010 02770-00100	

# OILS AND OIL BLENDS

Item, effect	SOOTHING	BALANCING	INVIGORATING	Contents	Item No.	Notes
<b>Natural vanilla extract</b> warm, intensively sweet – uplifting, aphrodisiacal; <b>goes well with:</b> grapefruit, lime, bergamot, orange, blood orange	●●●	●●●	●	10 ml 100 ml	02851-00010 02851-00100	
<b>Vetiver</b> heavy and earthy – stabilising and balancing; <b>Goes well with:</b> bergamot, cassia (cinnamon), Ylang-Ylang	●	●●●	●●●	10 ml 100 ml	02850-00010 02850-00100	
<b>Juniper</b> resinous, spicy, tangy and woody – strengthening, drains excess fluid, stabilising for faintness and fatigue, cleanses the mind and spirit, antiseptic; <b>Goes well with:</b> orange, lemon, lemongrass	●●●	●●●	●●	10 ml 100 ml	02670-00010 02670-00100	
<b>Ylang-Ylang</b> feminine, floral, sweet – relaxing, euphoriant, aphrodisiacal, balancing <b>Goes well with:</b> bergamot, rose, lemon	●●●	●●●	●	10 ml 100 ml	02950-00010 02950-00100	
<b>Swiss Pine</b> spicy, woody, fresh and resinous – soothing, relaxing, soporific effect <b>Goes well with:</b> lavender, sage, juniper	●●●	●●●	●	10 ml 100 ml	02972-00010 02972-00100	
<b>Lemon</b> fruity and fresh – refreshing, stimulating, invigorating, concentration boosting; <b>Goes well with:</b> bergamot, grapefruit, orange, blood orange	●	●●●	●●●	10 ml 100 ml	02971-00010 02971-00100	
<b>Cold oil blend</b> Orange and rose – warming and uplifting	●●	●●	●●	10 ml 100 ml	02421-00010 02421-00100	
<b>Hot sun oil blend</b> Lemongrass, ylang ylang, patchouli – refreshing, invigorating	●	●●●	●●●	10 ml 100 ml	02690-00010 02690-00100	



## Perfume oils – taking nature as an example

Our perfume oils are entirely modelled on nature. The wonderful fragrance combinations awaken pleasant feelings and memories, are good for the soul, sooth, relax or vitalise. Best suited for fragancing of your

home-made creams, oils, exfoliation treatments and for fragrance lamps. Anyone who has an allergic reaction to essential oils does not have to forego fragrances entirely. The synthetically produced creations allow

for a wide range of fragrances: fresh and fruity, floral and sweet, tangy or exotic. Always use as an additive for our base oils or base creams since the essences can lead to irritation if applied pure to the skin.

### Perfume oils

Item	Contents	Item No.	Notes
<b>Apple</b> fruity and fresh	10 ml 100 ml	02110-00010 02110-00100	
<b>Blackberry</b> sweet and sharp	10 ml 100 ml	02161-00010 02161-00100	
<b>Champagne</b> stylish and tangy	10 ml 100 ml	02184-00010 02184-00100	
<b>Coco mango</b> exotic and fruity	10 ml 100 ml	02190-00010 02190-00100	
<b>Edelweiss</b> slightly sweet, light hay scent	10 ml 100 ml	02685-00010 02685-00100	
<b>Frangipani</b> exotic, floral and sweet	10 ml 100 ml	02282-00010 02282-00100	
<b>Garden of Life</b> smells like a summer walk through a Mediterranean garden – fruity, fresh and sweet with wild rose, a touch of lavender, mallow and lemon verbena	10 ml 100 ml	02689-00010 02689-00100	
<b>Elderflower</b> floral, fresh, sweet, fruity	10 ml 100 ml	02691-00010 02691-00100	

**New!**



## Mixing fine creams and rich oils yourself

For 50 g of Kurland® base cream or 50 ml of Kurland® base oil, you use a total of **3 drops of essential oil / perfume oil** of your choice. Of course, you can choose multiple essential oils or perfume oils for your individual care products but take care to mix no more than 3 drops with 50 ml/50 g. When adding more, the concentration is too high and can lead to skin irritation. The use of skincare products mixed at home with essential oils and perfume oils is not recommended during pregnancy.

## Perfume oils



Item	Content	Item No.	Notes
<b>Pomegranate &amp; Lemon Verbena</b>	10 ml	02687-00010	
tangy and fresh, slightly lemony – comes into its own without other admixtures, buoyant and ensures a good room atmosphere	100 ml	02687-00100	

<b>Guava &amp; Papaya</b>	10 ml	02688-00010	
sweet and melony, light musk note – comes into its own without other admixtures, charms and puts you in a holiday mood	100 ml	02688-00100	



<b>Hay blossom</b>	10 ml	02672-00010	
floral and herbal, hay scented – invigorating, uplifting, promotes creativity, <b>Goes well with:</b> lemon balm, rose and lavender	100 ml	02672-00100	

<b>Honey</b>	10 ml	02677-00010	
floral and herbal, warm and mild fragrance – soothing, stress-relieving; <b>Goes well with:</b> vanilla, orange and lemon	100 ml	02677-00100	



<b>Jasmine</b>	10 ml	02390-00010	
floral, exotic, sweet	100 ml	02390-00100	

<b>Cocoa</b>	10 ml	02423-00010	
chocolatey and sweet	100 ml	02423-00100	

<b>Coconut</b>	10 ml	02432-00010	
tropical and mild	100 ml	02432-00100	



<b>Linden Blossom</b>	10 ml	02673-00010	
feminine and sweet, vanilla, summery – ensures inner peace and ease; <b>goes well with:</b> citrus notes and woody fragrances	100 ml	02673-00100	

<b>Musk</b>	10 ml	02502-00010	
intensive, rich, heavy, erotic	100 ml	02502-00100	

<b>Olive &amp; Golden Hibiscus</b>	10 ml	02552-00010	
masculine, tangy	100 ml	02552-00100	



<b>Papaya</b>	10 ml	02594-00010	
tropical and fruity	100 ml	02594-00100	

<b>Rhubarb &amp; Carambola</b>	10 ml	02686-00010	
fruity and exotic – invigorating, warm but fresh, perfect without additional admixtures	100 ml	02686-00100	

Item	Contents	Item No.	Notes
<b>Daphne</b> warm, sweet and floral fragrance – reminiscent of vanilla, <b>goes well with:</b> citrus notes	10 ml 100 ml	02681-00010 02681-00100	
<b>Violet</b> floral, light, subtle, lasting – brings inner relaxation, ideal as a fragrance for yoga relaxation exercises; <b>Goes well with:</b> jasmine and frangipani	10 ml 100 ml	02678-00010 02678-00100	
<b>Verbena</b> powerful and lemony – boosts concentration, balancing, refreshing; <b>Goes well with:</b> woody fragrances	10 ml 100 ml	02675-00010 02675-00100	
<b>Woodruff</b> typical fragrance – soothing, antispasmodic, soporific; <b>Goes well with:</b> lavender	10 ml 100 ml	02679-00010 02679-00100	



## Air freshener LEA – because a pleasant fragrance awakens emotions

### Air freshener LEA

This innovative fragrance diffuser impresses with its timeless, elegant design and high efficiency. It provides fragrance direct from the 10 ml bottles with no decanting or dilution of the essential oil or perfume oil. A single device can fragrance a 50 m<sup>2</sup> room. Thanks to rechargeable batteries, it can be used wirelessly. Nothing needs to be cleaned when changing the fragrance – simply insert a different bottle and turn it on.

**Contents:**  
one LEA air freshener and 10 ml of lemon essential oil

- Benefits:**
- Small and mobile
  - Wired or battery operation
  - No dilution of the oil required
  - No cleaning when changing fragrances
  - Daylight sensor with automatic switch-off
  - Intermittent or continuous operation

Item	Item No.	Notes
LEA air freshener	A2300-002	



The intensity of the fragrance impact depends on the specific weight of the essential oil or perfume oil. Some oils therefore smell stronger than others.

### Intensively scented oils:

Papaya, Litsea Cubeba, Swiss Pine, Blood Orange, Lemon, Jasmine, Lemongrass, Rose, Orange, Blackberry, Mountain Pine, Tea Tree, Honey, Olive & Golden Hibiscus, Cool Oil Blend, Hot Sun Oil Blend, Edelweiss,

Rhubarb & Carambola, Peppermint, Natural Cherry & Vanilla, Cassia (Cinnamon), Camphor, Lime, Natural Almond & Apple, Lemon Balm, Cocoa, Neroli, Rosemary, Sage, Frangipani, Guava & Papaya, Coconut, Linden Blossom, Daphne, Violet, Verbena.

# KURLAND® OILS AND OIL BLENDS

with decades of experience, carefully composed, produced in-house



Our oil blends are the result of decades of development and experience. The ingredients consist exclusively of pure base oils, fresh herbs, spices, pure essential oils or high-quality fragrance oils.

### You benefit from:

- unique oil blends
- the highest quality
- fresh ingredients
- recipes rich in active ingredients
- local production
- high concentration of active ingredients
- the best skin-friendliness
- high nourishment factor

## Individual blends and bottling – we make almost anything for our customers

Another distinctive feature of Kurland® is that we also bottle special blends in individualised bottles for you. The labels can be freely designed.

Our experts produced these oil blends for you. Naturally only from the best ingredients, precisely balanced with one another, and wonderfully fragrant composition.

Your logo can go here. We are happy to develop individual labels for you.





## Kurland® special oil blends\* – selected ingredients thus become a powerful skincare oil

Carefully selected herbs – individually, sometimes also together, but never all together – can bathe in our oil blends and release their active

ingredients. Some just briefly, others for a full week – because even herbs have their own idiosyncrasies. With plenty of feeling, knowledge and

experience, we get the best out of the powerful ingredients. For the spicy, fresh or floral fragrance and the powerful effect.



Fresh, sun-ripened lavender provides the pleasant and unmistakable fragrance in our Pantai Luar® special oil blend, for example.



Herbs, blossoms and spices give our oil blends that special something, the strong effect and the wonderful fragrance.



Selected spices such as vanilla, cinnamon and ginger, depending on the recipe, are added to the powerful base oils.



Here, fresh rosemary covers the oil blend so that it can mature and the ingredients can unfurl their full effect.



Mixed precisely according to our special recipe, the fresh herbs and spices are now covered with a sieve and immersed in oil.



Fine herbs and spices which are placed in the oil in a fleece, linger in the oil for a defined period and refine the composition.

\* Pantai Luar special oil blends (Alpine and Old India)

# KURLAND® OIL BLENDS – made for pampering



Our oil blends are made from natural, finely balanced, pure plant base oils and refined fragrance compositions. These blends each have their own effects and can therefore be used specifically for special treatments or to set the theme for entire treatment packages.

### Kurland® oil blends are:

- pure
- nourishing
- skin-friendly
- effectively composed
- rich in vitamins and minerals
- finely balanced
- highly versatile
- of the highest quality
- free from preservatives

### Retail size:

Our oil blends are also available in the practical 75 ml retail size – for private use or as a gift for the customer/guest – in order to take the relaxation home.

Oil blends which invigorate you when you are tired, provide new energy, promote concentration or work against lethargy?

Oil blends which boost the metabolism?

With the help of selected ingredients, essential oils and fresh herbs and spices, we are able to offer you a wide variety of powerful oil blends.

Our oil blends delight with individual fragrance and active ingredient combinations and offer your guests a very special wellness experience. All of our oil blends provide intensive nourishment, leave behind a pleasant fragrance and additionally impress with individual effects.

## Alpenglügen – Alpine oil blend

The full power of Alpine herbs is contained in this oil blend. They unfurl the fragrance of the Alps on the skin. The oil is perfect for massages and aroma oil massages, baths, for addition to creams, exfoliation treatments, salts, etc.

**Base oils:** grape seed and hempseed oil

**Essential oils / perfume oils:** mountain pine, peppermint, rosemary, juniper, hay blossom and edelweiss oil

**Effect:** powerful, refreshing, stimulating and invigorating

Content	Item No.	Notes
75 ml bottle	11241-00075	
200 ml bottle	11241-00200	
1 litre bottle	11241-01000	
3 litre bag in box	11241-03000	
5 litre canister	11241-05000	
10 litre canister	11241-10000	





### Adventure

The powerful fragrance of the coffee bean oil develops an intensive coffee fragrance. With aloe vera and vitamin E.  
**Base oils:** almond, grape seed, linseed and avocado oil  
**Effect:** draining, purifying, circulation boosting and combats cellulite, with antioxidants

Content	Item No.	Notes
75 ml bottle	11230-00075	
200 ml bottle	11230-00200	
1 litre bottle	11230-01000	
3 litre bag in box	11230-03000	



### Sensation

With ginger oil, rosemary and camphor for the powerful fresh and spicy fragrance and with aloe vera and vitamin E.  
**Base oils:** almond, grape seed, linseed and avocado oil  
**Effect:** warming, soothing, but also invigorating and antispasmodic, with antioxidants

Content	Item No.	Notes
75 ml bottle	11234-00075	
200 ml bottle	11234-00200	
1 litre bottle	11234-01000	
3 litre bag in box	11234-03000	



### Freeze

With peppermint and menthol – perfect for cooling treatments. With aloe vera and vitamin E.  
**Base oils:** almond, grape seed, linseed and avocado oil  
**Effect:** cooling, pain-relieving, anti-itching and antimicrobial, with antioxidants

Content	Item No.	Notes
75 ml bottle	11235-00075	
200 ml bottle	11235-00200	
1 litre bottle	11235-01000	
3 litre bag in box	11235-03000	



### Silky

Surrounded by a touch of marzipan – with plum stone oil, aloe vera and vitamin E.  
**Base oils:** almond, grape seed, linseed and avocado oil  
**Effect:** intensively nourishing and protects the skin, with antioxidants

Content	Item No.	Notes
75 ml bottle	11233-00075	
200 ml bottle	11233-00200	
1 litre bottle	11233-01000	
3 litre bag in box	11233-03000	

## Possible treatments:

- for Rasul®
- for Salve-in-terra®
- for the Soft-Pack® system
- for massages
- in the bath
- for skincare
- as an additive for body packs with Kurland® base creams
- as an additive for your own delicately scented oil or cream blends
- for making cream peels



### Delight

Sea buckthorn oil gives our Delight oil blend a fruity and fresh note with a touch of grapefruit and vanilla. With aloe vera and vitamin E.  
**Base oils:** almond, grape seed, linseed and avocado oil  
**Effect:** regenerating, anti-inflammatory and vitalising, with antioxidants

Content	Item No.	Notes
75 ml bottle	11232-00075	
200 ml bottle	11232-00200	
1 litre bottle	11232-01000	
3 litre bag in box	11232-03000	

## Oil blends to protect the skin with a delightful fragrance

Our oil blends are convincing as the ideal skincare or massage oil. Ready-to-use and perfectly harmonised – put together with valuable

essential oils into unique, fragrant oil blends. They offer outstanding skincare enjoyment with which every guest can pamper themselves.



### Provence

With an intensive and floral fragrance.

**Base oils:** sunflower, olive, avocado, soya, almond and argan oil

**Essential oils:** ylang ylang, rosemary, lavender, rose

**Effect:** intensively nourishing

Content	Item No.	Notes
75 ml bottle	11221-00075	
200 ml bottle	11221-00200	
1 litre bottle	11221-01000	
3 litre bag in box	11221-03000	



### Montana

With a tangy and fresh fragrance.

**Base oils:** jojoba, almond, linseed, olive and argan oil

**Essential oils:** rosemary, petitgrain, eucalyptus, vetiver, etc.

**Effect:** stimulating and vitalising

Content	Item No.	Notes
75 ml bottle	11220-00075	
200 ml bottle	11220-00200	
1 litre bottle	11220-01000	
3 litre bag in box	11220-03000	



### Toskani

With a sensual and aphrodisiacal fragrance. **Base oils:** almond, olive, jojoba and castor oil

**Essential oils / perfume oils:** musk, rose, ylang ylang, blackberry, vetiver, etc.

**Effect:** intensively nourishing

Content	Item No.	Notes
75 ml bottle	11222-00075	
200 ml bottle	11222-00200	
1 litre bottle	11222-01000	
3 litre bag in box	11222-03000	



### Tropical

With a tropical and exotic fragrance.

**Base oils:** aloe vera, almond, sesame, grape seed and linseed oil

**Essential oils / perfume oils:** Pineapple, frangipani, lime and coconut

**Effect:** moisturising

Content	Item No.	Notes
75 ml bottle	11223-00075	
200 ml bottle	11223-00200	
1 litre bottle	11223-01000	
3 litre bag in box	11223-03000	



### Tutti Frutti

With a warm sweet and fruity fragrance. **Base oils:** almond, macadamia nut, olive and coconut oil

**Essential oils / perfume oils:** pineapple, vetiver, coconut vanilla, etc.

**Effect:** boosts concentration

Content	Item No.	Notes
75 ml bottle	11224-00075	
200 ml bottle	11224-00200	
1 litre bottle	11224-01000	
3 litre bag in box	11224-03000	



### Fresh Up

With a fruity and fresh fragrance.

**Base oils:** almond, sesame and coconut oil

**Essential oils / perfume oils:** black-berry, peppermint, lemon and rosemary

**Effect:** pleasantly cooling

Content	Item No.	Notes
75 ml bottle	01583-684	
200 ml bottle	01583-685	
1 litre bottle	01583-691	
3 litre bag in box	01583-695	



### Inspiration

Sensuous, tangy, fruity and woody notes.

**Base oils:** jojoba and olive oil

**Essential oils / perfume oils:** rose-mary, musk, lemon and carrot seed

**Effect:** good for dry, pale and tired skin

Content	Item No.	Notes
75 ml bottle	01583-604	
200 ml bottle	01583-605	
1 litre bottle	01583-611	
3 litre bag in box	01583-615	



### Red Roses

With a sensual and light fragrance.

**Base oils:** almond, argan and linseed oil

**Essential oils / perfume oils:** rose oil and frangipani

**Effect:** stimulating effect

Content	Item No.	Notes
75 ml bottle	01583-664	
200 ml bottle	01583-665	
1 litre bottle	01583-671	
3 litre bag in box	01583-675	



### Sparkling

With a tingling, fresh fragrance.

**Base oils:** almond, olive and argan oil

**Essential oils / perfume oils:** champagne, vetiver and papaya

**Effect:** good for tiredness

Content	Item No.	Notes
75ml bottle	01583-624	
200 ml bottle	01583-625	
1 litre bottle	01583-631	
3 litre bag in box	01583-635	



### Time Together

With a fruity and floral fragrance.

**Base oils:** sesame, olive, linseed and argan oil

**Essential oils / perfume oils:** frangipani, lemon and papaya

**Effect:** mildly stimulating

Content	Item No.	Notes
75 ml bottle	01583-644	
200 ml bottle	01583-645	
1 litre bottle	01583-651	
3 litre bag in box	01583-655	

## Recipe tip

### Nourishing body pack:

mix 2 tbsp. of Kurland® base cream with 1 tbsp. of the desired oil blend. The quantity is sufficient for a full body treatment.

Our new Kurland® dishwasher safe bowls made from bamboo fibre are suitable for mixing. Now available in two sizes and three colours. (See page 122)





## Oriental Dream

With a warm sweet and fruity fragrance. Rich in saturated fatty acids.

**Base oils:** linseed, jojoba, aloe vera and olive oil

**Essential oils:** ylang-ylang and patchouli

**Effect:** tones skin, prevents wrinkles, stretch marks and cellulite

Content	Item No.	Notes
200 ml bottle	01654-00200	
1 litre bottle	01654-01000	
5 litre canister	01654-05000	



## Classic

With a soft rose scent. Rich in several unsaturated fatty acids such as gamma linoleic acid and vitamin E.

**Base oils:** castor, grape seed, almond and sesame oil

**Essential oils:** rose

**Effect:** protects the skin, nourishing

Content	Item No.	Notes
200 ml bottle	01650-00200	
1 litre bottle	01650-01000	
5 litre canister	01650-05000	



## Summernight

With a tropical and exotic fragrance. Smooths wrinkles, regenerates and provides the skin with moisture.

**Base oils:** macadamia nut, almond, aloe vera and grape seed oil

**Essential oils:** orange, rose, rosemary and lavender

**Effect:** revitalises the skin, promotes lymph flow, tones skin

Content	Item No.	Notes
200 ml bottle	01652-00200	
1 litre bottle	01652-01000	
5 litre canister	01652-05000	

## The blend makes it! The oil for your own fragrance compositions

Without essential oils!



## Base oil mix

High quality oil blend with no added essential oils. Ideal for guests with sensitive skin or as a base for your own fragrance blends.

**Tip:** also suitable for use as a Permanent Contour® oil.

**Base oils:** almond, sesame and jojoba oil

**Effect:** nourishing and moisturising

Content	Item No.	Notes
200 ml bottle	01551-00200	
1 litre bottle	01551-01000	
5 litre canister	01551-05000	

## Recipe tip

Nourishing oil blend with individual fragrance

Mix 200 ml of our Kurland® base oil blend with a total max. of 12 drops of the desired essential oils. You can thus create your completely individual fragrance composition.





## Our new oil blends – fruity and fresh with the scent of summer



Because summer beckons: our new summery oil blends call up memories of sun, holidays and relaxation. Luscious fresh fragrance notes and intensively nourishing base oils are the secret to the new varieties. In the familiar Kurland® quality, of course. Suitable for aromatic massages, for exfoliation treatments with sea salt or with Kurland® cream peel mix, or for adding to base creams for body packs.

### Our precious plant oils:

- moisturise the skin
- stimulate and nourish
- repair and regenerate
- protect the skin



### Ginger and lemon



A summery, fresh oil with fruity and aromatic notes. Perfect for massages thanks to the outstanding lubricating effect.

**Base oils:** jojoba, almond and grape seed oil

**Essential oils:** ginger, lemon

**Effect:** refreshing, invigorating, muscle relaxant, purifying and strengthens the immune system

Content	Item No.	Notes
75 ml bottle	01572-00075	
200 ml bottle	01572-00200	
1 litre bottle	01572-01000	
3 litre bag in box	01572-03000	



### Bergamot



Outstanding massage oil with a fine, fresh, citrus fragrance and a light Earl Grey note.

Can increase the photosensitivity of the skin.

**Base oils:** jojoba, almond and grape seed oil

**Essential oils:** bergamot

**Effect:** harmonising, balancing, brightens your mood

Content	Item No.	Notes
75 ml bottle	01573-00075	
200 ml bottle	01573-00200	
1 litre bottle	01573-01000	
3 litre bag in box	01573-03000	



### Elderflower



Fresh oil with a sweet, warm, fruity fragrance – reminiscent of warm summer days. A high quality massage oil.

**Base oils:** jojoba, almond and grape seed oil

**Essential oils / perfume oils:** elderflower

**Effect:** harmonising, balancing, slightly warming

Content	Item No.	Notes
75 ml bottle	01574-00075	
200 ml bottle	01574-00200	
1 litre bottle	01574-01000	
3 litre bag in box	01574-03000	

# RELAX EMOTION OILS

following the 4 elements doctrine



Being able to address guests' individual needs with special oils – that was the goal in the development of our Relax Emotion range.

It follows the Asian four elements doctrine, in which human personality traits and their behaviours are assigned to one of the elements of fire, water, earth and air.

As a result, your treatments – individually tailored to each guest – become even more effective!

## The Relax Emotion treatment is ideal for relieving:

- Tension
- Blockages
- Traumatic experiences
- Sleep disorders
- Restlessness
- Depressive moods
- Work-related or everyday stress
- Incorrect posture

Relax Emotion oils are perfect for relaxing massages. An even more intensive effect can be achieved in combination with Permanent Contour® stamp massage. Tension and blockages are resolved and negative thought patterns are dispelled. The warm herbal oil blends, in combination with the new herbal stamps (page 105) can increase the production of feel-good hormones, stimulate circulation and the metabolism, relax the muscles, strengthen the immune system and even help with sleep disorders.

**The 4 types** For each type – **fire/choleric**, **water/phlegmatic**, **earth/melancholic**, **air/sanguine** – there is the appropriate herbal oil blend.

The finely harmonised blends ensure balance and relaxation and can help with sleep disorders, stress, restlessness or depressive moods.

Find out what characteristics you can recognise the type from on page 104.





### Relax Emotion – Fire

With a slightly floral, spicy and distinctive fragrance.

**Developed for the fire type**

**(choleric):** enthusiastic, passionate, determined, persistent, reliable, but also irritable, impatient, stubborn, unforgiving, irascible and unrestrained

**Base oils:** grape seed, sunflower and castor oil

**Essential/perfume oils:** hay blossoms, juniper, camphor and lavender.

**Effect:** cools, calms and can release excess energy

Content	Item No.	Notes
75 ml bottle	01610-00075	
200 ml bottle	01610-00200	
1 litre bottle	01610-01000	
5 litre canister	01610-05000	



### Relax Emotion – Water

With a Mediterranean, tangy and herbal fragrance.

**Developed for the water type (phlegmatic):**

content, balanced, calm, devoted, but also indifferent, apathetic, indolent, indecisive and uninterested

**Base oils:** grape seed, sunflower and castor oil

**Essential/perfume oils:** honey, sage and rosemary.

**Effect:** can restore emotional balance and provide energy and emotional security



### Relax Emotion – Earth

With a velvety-soft, enticing fragrance.

**Developed for the earth type**

**(melancholic):** steady, industrious, thorough, loyal, conscientious, but also reserved, gloomy, sensitive, anxious and dispirited

**Base oils:** grape seed, sunflower and castor oil

**Essential/perfume oils:** verbena, musk, linden blossom and orange.

**Effect:** can boost vital energy and lift the mood



### Relax Emotion – Air

With a delicate and sweet fragrance.

**Developed for the air type**

**(sanguine):** happy, optimistic, sensitive, flexible, sincere, lively, articulate, but also careless, distractible, volatile, impulsive and garrulous

**Base oils:** grape seed, sunflower and castor oil

**Essential/perfume oils:** Marjoram, violet and woodruff

**Effect:** can help provide grounding, for mental and emotional balance

Content	Item No.	Notes
75 ml bottle	01612-00075	
200 ml bottle	01612-00200	
1 litre bottle	01612-01000	
5 litre canister	01612-05000	

Content	Item No.	Notes
75 ml bottle	01611-00075	
200 ml bottle	01611-00200	
1 litre bottle	01611-01000	
5 litre canister	01611-05000	

Content	Item No.	Notes
75 ml bottle	01613-00075	
200 ml bottle	01613-00200	
1 litre bottle	01613-01000	
5 litre canister	01613-05000	



## Relax Emotion tester set

Test our 4 new oils in the 75 ml sample size!

Item	Item No.	Notes
4x 75 ml (Fire, Water, Earth, Air)	11002-265	

# CLASSIC CARE LINE

Products for a radiant complexion



The secret of beautiful skin lies in proper cleaning and care.

The more natural the ingredients, the better for the skin. That is why we have developed our Classic Line according to this motto and for the highest standards – naturally with no parabens, paraffin and PEGs.

### Our Classic Care Series contains:

- Goat butter
- Aloe vera
- Shea butter
- Jojoba and almond oil
- Vitamin A, E, Q 10
- Apricot oil, wheat protein
- Olive leaf and linden blossom extract

Because nature has the best to offer for our skin!

With the new Kurland® Classic line, you get optimal care for the face and décolleté and give your skin exactly what it needs:

- Intensive, gentle cleansing
- Careful and long-lasting care
- Protection and moisturisation
- An immediate good skin feeling

### Perfectly balanced

Cleansing products, nourishing creams, exfoliation treatments and scrubs, masks, revitalising fluid, tonic, effective eye care and great serums for intensive additional skincare: for a radiant complexion, a fresh appearance and generally healthy, well cared for skin.

## Classically perfect:

the Classic line **for resale!** Let the product do the talking and order the **counter display**, with space for three product testers (200 ml each), to go with it, and increase your sales!

**Design:** aluminium Dibond sheet with the Classic logo on both sides on a solid beech wood base.

**Dimensions:** 33.5 x 33 x 10 cm.



Now with a solid beech wood base.

Item	Item No.	Notes
Counter display (unfilled)	29630-052	

## Our Classic line – the effective all-round beauty programme

Our Classic line is a best-seller and popular for resale. Your guests and customers are revitalised and rejuvenated with quality ingredients. The skin gets comprehensive care and the seductive fragrance indulges the nose. Cleansing products, rich nourishing creams, exfoliation treatments, masks, revitalising fluid, tonic, effective eye care and great serums: an all-inclusive beauty package for the face and décolleté.

Thanks to its non-irritant ingredients, our Classic line has been awarded the cosmetic analysis quality seal.



### Cleansing gel

Deep cleansing gel for normal and combination skin. The skin feels fresh and soft after cleaning.

**Contains:** wheat protein, vitamin E, linden blossom extract

**Effect:** intensively but gently removes dirt particles, sebum and make-up residues, antioxidant and toning, soothing

Content	Item No.	Notes
200 ml airfree	11415-00200	
400 ml airfree	11415-00400	



### Cleansing milk

Gently cleansing milk for dry and sensitive skin – leaves skin soft and silky.

**Contains:** sunflower oil, goat butter and vitamin E

**Effect:** removes dirt particles, grease and make-up residue without irritating or drying out the skin, smooths the skin

Content	Item No.	Notes
200 ml airfree	11416-00200	
400 ml airfree	11416-00400	



### Tonic

Highly effective cleansing fluid for revitalising the skin – provides perfect preparation for further care.

**Contains:** olive leaf and linden blossom extract

**Effect:** stimulates cell renewal, clarifying, invigorating, refreshing

Content	Item No.	Notes
200 ml airfree	11418-00200	
400 ml airfree	11418-00400	



## Peeling

Gently, deep-cleansing exfoliation treatment with natural rice wax particles.

**Contains:** beeswax, panthenol, vitamin E, exfoliating particles made from natural rice wax

**Effect:** removes dead skin, refines the complexion, boosts the skin's ability to regenerate itself, makes it soft and silky

Content	Item No.	Notes
50 ml jar	11414-00050	
200 ml airfree	11414-00200	



## Mask

Nourishing mask which provides lasting revitalisation for tired, pale facial skin. It leaves the skin softer and more supple.

**Contains:** Shea butter, jojoba oil, olive oil, panthenol and goat butter

**Effect:** nourishes stressed and irritated skin, moisturises, refreshes and smooths

Content	Item No.	Notes
50 ml jar	11413-00050	
200 ml airfree	11413-00200	



## Fluid

A nourishing foundation for further care, quickly absorbed, with a light texture – ideal as a make-up foundation.

**Contains:** jojoba oil, allantoin, panthenol, vitamin E, Q10, goat butter, beeswax

**Effect:** leaves skin smooth and can protect against skin ageing, nourishing, moisturising

Content	Item No.	Notes
50 ml jar	11417-00050	
200 ml airfree	11417-00200	



## Day & Night Cream – for mature skin

Wonderfully fragranced Day & Night Cream for demanding, mature skin – protects, regenerates and nourishes.

**Contains:** argan oil, olive oil, lecithin, vitamin A and E, goat butter, Shea butter

**Effect:** anti-inflammatory, balancing, supplies and retains moisture, protects against free radicals, can delay the skin ageing process

Content	Item No.	Notes
50 ml jar	11411-00050	
200 ml airfree	11411-00200	



## Day & Night Cream – for sensitive skin

Day & Night Cream for sensitive skin – leaves skin smooth and silky.

**Contains:** Shea butter, avocado oil, apricot oil, goat butter, olive leaf extract, Q10

**Effect:** moisturises, retains moisture for longer, protects against damaging environmental factors, prevents skin-ageing and wrinkles

Content	Item No.	Notes
50 ml jar	11412-00050	
200 ml airfree	11412-00200	



### Eye Gel Cream

Eye Gel Cream moisturises and invigorates the sensitive eye area – for more radiance.

**Contains:** jojoba oil, goat butter, vitamin E, hyaluronic acid

**Effect:** alleviates swelling, can reduce wrinkles.

Content	Item No.	Notes
30 ml airfree	11410-00030	

Fine lines around the mouth area?

Apply Eye Gel Cream generously around the mouth and massage in using circular motions.

## The concentrated power of plants! – Our Classic serums are natural, highly effective and great value



The powerful serums (5 ampoules of 3 ml each) with skin-tightening extract of cress, anti-inflammatory frankincense (Boswellia) and tissue-firming ivy are an extra treat for the face and décolleté – a natural, highly effective fresh kick. A 5-day course of treatment is particularly effective. The ampoules can also be used before applying the Day & Night Cream if your skin needs to be especially radiant.

### Cress – skin-tightening

Highly effecting skin-tightening serum.

**Contains:** cress extract

**Effect:** can relax expression lines, tightens skin, refreshing, moisturising

Content	Item No.	Notes
5x 3 ml ampoules	11430-001	

### Boswellia – anti-inflammatory

The ultimate serum for irritated, reddened and inflamed skin.

**Contains:** boswellia extract

**Effect:** anti-inflammatory, alleviates irritation, healing, smoothing, moisturising

Content	Item No.	Notes
5x 3 ml ampoules	11431-001	

### Ivy – tissue-firming

The “first aid serum” for combating bags and fluid under the eyes.

**Contains:** ivy extract

**Effect:** alleviates swelling, draining, toning

Content	Item No.	Notes
5x 3 ml ampoules	11432-001	



## CELL CREAM – natural skincare, with a clear rejuvenating effect!



### Apple, Charismon® and Caviar

These are the key ingredients for significantly younger-looking, smooth, revitalised and healthy skin. They help your skin to regenerate itself – effective and long-lasting.

Our skin can, thanks to its own stem cells, regenerate itself. Environmental factors and the natural ageing process work against this regeneration. Our Cell Cream breathes new life into the skin's own stem cells.

#### The result:

- revitalised cell production
- smoother skin
- a radiant complexion
- a regulated moisture balance
- a visible rejuvenating effect
- resilient, healthy skin
- a more youthful appearance

Nature knows the secret to regeneration! Revitalised stem cells are the answer to tired, stressed skin and wrinkles. Over the years, our body's own stem cells wear out. We are able to counteract this by specifically stimulating our stem cells. Strengthened stem cells are able to regenerate our skin more quickly and give it a fresher, smoother and younger appearance once again.

#### Energy for stem cells

The rejuvenating treatment for tired skin is called Kurland® Cell Cream – for more active cell regeneration, more vitality and resistance to damaging environmental factors. It stimulates the body's own stem cells which, in turn, are responsible for generating new cells in the skin.

#### Quality ingredients

Complexes from apple (*Malus domestica*), Caviar and Charismon® are the secret ingredients which are established anti-ageing components and can positively effect the facial skin's renewal process.



Cell Cream also available as a body product!

- for the Soft-Pack® system
- for cosmetic treatments
- for body packs
- for creating your own cream blends



### Cell Cream Apple

for dry skin, and slight wrinkling

The fruity secret recipe for an especially radiant complexion.

**Contains:** apple (*Malus domestica*) stem cell complex, almond oil, Shea butter, evening primrose oil

**Effect:** intensively moisturising and moisture-regulating, activates the cells, smoothing

**Also available as a body product in a 500 ml jar.**

Content	Item No.	Notes
15 ml airless	11444-00015	
50 ml airless	11444-00050	
500 ml jar	11445-00500	

### Cell Cream Charismon®

for stressed and irritated skin

The perfect partner for stressed skin – rich in omega 3 and omega 6 fatty acids.

**Contains:** Charismon®, jojoba oil, panthenol, vitamin A

**Effect:** strongly anti-inflammatory, healing, pain-relieving, stimulates cell regeneration, leaves skin wonderfully smooth

Content	Item No.	Notes
15 ml airless	11448-00015	
50 ml airless	11448-00050	

### Cell Cream Caviar

for mature, stressed skin

Luxurious, rich pampering programme for stressed skin.

**Contains:** caviar extract, avocado oil, Shea butter, rosemary extract, vitamin E

**Effect:** revitalising, moisturising, stimulates cell regeneration

**Also available as a body product in a 500 ml jar.**

Content	Item No.	Notes
15 ml airless	11440-00015	
50 ml airless	11440-00050	
500 ml jar	11441-00500	

## Cell Cream advertising for the counter

The Cell Cream line for resale! Anyone who has tried our Cell Cream for themselves can hardly keep their fingers out of it. Order the **counter display**, with space for three original size (50 ml) product testers, to go with it and let our Cell Cream speak for itself!

**Design:** aluminium Dibond sheet with the Cell Cream logo on both sides on a solid beech wood base.

**Dimensions:** 33.5 x 33 x 10 cm

Item	Item No.	Notes
Counter display (unfilled)	29630-053	



# SECRET RECIPE FOR SENSITIVE SKIN: Gentle care with goat butter



With the best of goat milk and the pleasant fresh fragrance: our goat butter products are the ideal intensive care for normal, irritated and sensitive skin.

### The benefits of our goat butter range:

- provides essential vitamins and minerals
- nourishes the skin
- activates regeneration
- bolsters skin protection
- helps the skin to heal itself

Rich in vitamins A, B, C and D, minerals, trace elements and moisturising factors, our premium goat butter products provide protective and regenerating skincare. From the rich cream through effective hand protection to soothing milk baths and nourishing massage lotions – with goat butter, you optimally provide your skin with nutrients and help it to help itself.



## Goat butter

...is the ideal care for problem skin. Also suitable for people with allergies and atopic eczema.



Best-seller!



### Goat butter cream

Daily care for normal, dry and problem skin.

**Contains:** goat butter, jojoba oil, panthenol, aloe vera, urea pura

**Effect:** creates a good moisture balance, promotes regeneration

**Also available as a 10 ml tester and in resale sizes.**

Content	Item No.	pieces	Notes
10 ml tube	04170-00010	1	
10 ml tube	04170-00010	from 100	
75 ml tube	04170-00075	1	
75 ml tube	04170-00075	from 6	
250 ml jar	04170-00250	1	
250 ml jar	04170-00250	from 6	
1 litre jar	04170-01000	1	
1 litre jar	04170-01000	from 6	

Best-seller!



### Aloe vera gel

Aloe vera gel with goat butter is recommended for daily care, particularly for dry skin, after sunbathing or for irritated and stressed skin.

**Contains:** aloe vera, goat butter

**Effect:** moisturises, helps combat skin ageing and wrinkles, provides youthful suppleness

**Also available as a 10 ml tester and in resale sizes.**

Content	Item No.	pieces	Notes
10 ml tube	04110-00010	1	
10 ml tube	04110-00010	from 100	
75 ml tube	04110-00075	1	
75 ml tube	04110-00075	from 6	
250 ml jar	04110-00250	1	
250 ml jar	04110-00250	from 6	



### Protective hand cream

The ideal protective hand cream for raw, stressed and chapped hands. Easily absorbed and provides lasting care.

**Contains:** goat butter, mango kernel butter, allantoin, urea and calendula extract, vitamins A, C and E

**Effect:** protective, moisturising, provides the hands with vitamins A, C and E

**Also available as a 10 ml tester and in resale sizes.**

Content	Item No.	pieces	Notes
10 ml tube	04330-00010	1	
10 ml tube	04330-00010	from 100	
75 ml tube	04330-00075	1	
75 ml tube	04330-00075	from 6	
250 ml jar	04330-00250	1	
250 ml jar	04330-00250	from 6	

Now with a solid beechwood base.



## Goat butter for everyone:

our successful goat butter range is also available for resale! What is more convincing than a personal test? Order the counter display, with space for three original size (75 ml) product testers, to go with it and increase your sales in next to no time!

**Design:** aluminium Dibond sheet with the goat butter logo on both sides on a solid beech wood base.

**Dimensions:** 33.5 x 33 x 10 cm

Item	Item No.	Notes
Counter display (unfilled)	29630-051	



## Body lotion

This daily care lotion is rapidly absorbed and does not leave a greasy film on your skin. **Contains:** passion flower oil, unsaturated fatty acids, vitamins A and E  
**Effect:** moisturising, promotes skin regeneration.

**Also available as a 10 ml tester and in resale sizes.**

Content	Item No.	pieces	Notes
10 ml tube	04430-00010	1	
10 ml tube	04430-00010	from 100	
75 ml tube	04430-00075	1	
75 ml tube	04430-00075	from 6	
250 ml jar	04430-00250	1	
250 ml jar	04430-00250	from 6	



## Goat milk bath

For a nourishing and relaxing bath like Cleopatra once took. Particularly suitable for sensitive skin.

**Contains:** calcium, magnesium, vitamins A and E.  
**Effect:** mineralising, nourishing, source of vitamins  
**Not suitable as a bath additive for whirlpools!**

Content	Item No.	Notes
150 ml bottle	04481-00150	
1 litre canister	04481-01000	
5 litre canister	04481-05000	



## Dispenser for 1 litre jar

The dispenser can simply be screwed onto the 1000 ml jar. You get the desired amount of goat milk cream by pumping several times. Also suitable for 1.000 ml massage lotion jars.

Content	Item No.	Notes
Dispenser	20220-002	



### Massage lotion

With an excellent lubricating effect, valuable ingredients, pleasantly mild and fresh fragrance, and extra nourishment for sensitive skin and the masseur's hands.

**Contains:** goat butter, avocado oil, sunflower oil, vitamins A and E, allantoin

**Effect:** nourishing, source of vitamins  
**Also available as a 30 ml tester.**

Content	Item No.	Pieces	Notes
30 ml jar	29640-005	1	
250 ml jar	04480-00250	1	
1 litre jar	04480-01000	1	
5 litre canister	04480-05000	1	



### Joint balm

The care emulsion with goat butter strengthens the skin and joints, provides valuable nutrients to the blood vessels and improves the circulation. Ideal for daily joint and muscle care.

**Contains:** mango kernel butter, vitamins A, C and E, minerals, witch hazel  
**Effect:** provides plenty of moisture, mineralising, source of vitamins

**Also available as a 10 ml tester and in resale sizes.**

Content	Item No.	Pieces	Notes
10 ml tube	04300-00010	1	
10 ml tube	04300-00010	from 100	
75 ml tube	04300-00075	1	
75 ml tube	04300-00075	from 6	
250 ml jar	04300-00250	1	
250 ml jar	04300-00250	from 6	



### Q10 - 24-hour cream

The perfect anti-ageing day and night cream for all skin types.

**Contains:** goat butter, the skin's own coenzyme Q10, hyaluronic acid

**Effect:** protects the skin against damaging environmental factors, toning, smoothing

Content	Item No.	Pieces	Notes
50 ml jar	10203-00050	1	



### Dispenser for 5 litre canister

Suitable for massage lotions and goat milk bath – easy to screw onto the 5 l canister. You get the desired amount of massage lotion or goat milk bath by pumping several times.

Content	Item No.	Notes
Dispenser	20220-003	

## Goat butter gift set

For trying them out or as a perfect travel size – goat butter always brings pleasure. The set is packaged in a wood chip box and cushioned with wood curls.



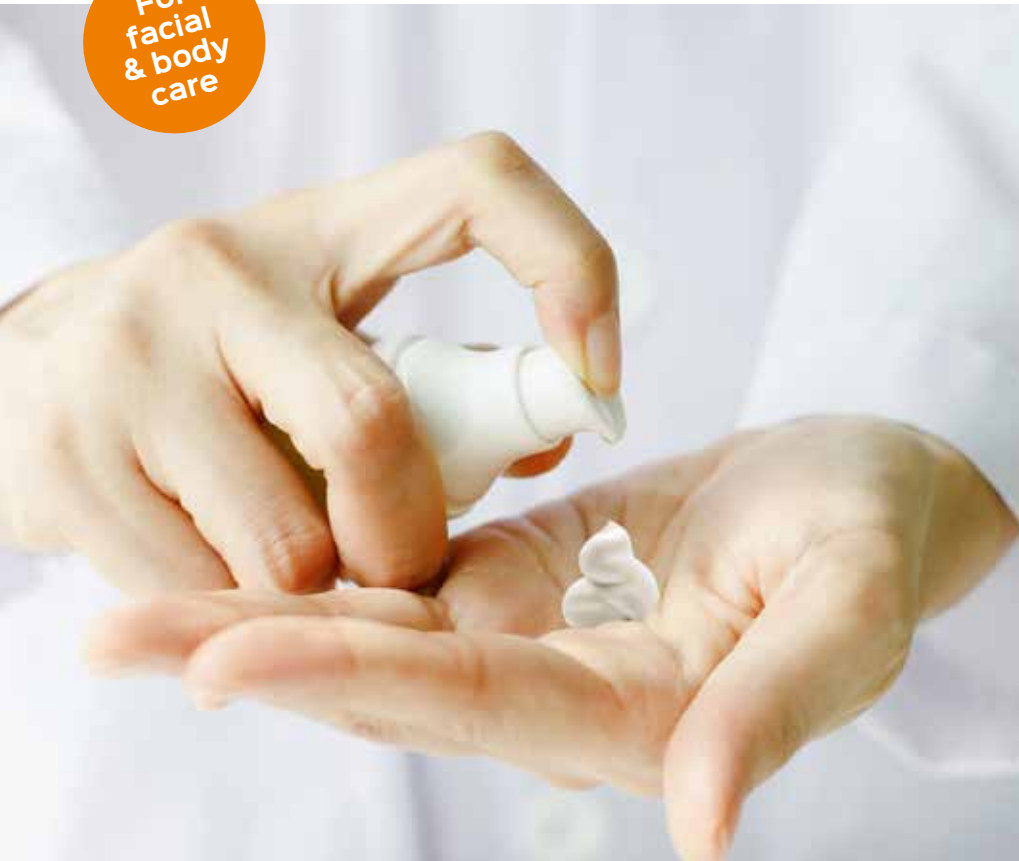
**The set contains:** 10 ml each of aloe vera gel, goat butter cream, joint balm, hand protection cream and body lotion.

Item	Item No.	Notes
Gift set	11002-322	

# CREAM BASES

## The basis for individual care recipes

For facial & body care



With our powerful cream bases, you have the basis for all of your care concepts.

**The benefits:**

- intensively nourishing
- with quality ingredients
- compatible with all base oils
- easy to personalise

Mixing has never been so easy! Choose the appropriate base cream and supplement it with a few drops of essential oil or perfume oil.

For more intensive care, you can even add in Kurland® base oils – your entirely personalised pampering programme is finished!

### What is special about our Kurland® cream bases: high concentration of active ingredients, premium quality!



You give the base cream fragrance with essential and perfume oils.

Our cream bases are used to “carry” the active ingredients. Depending on the base cream, you are already indulging with goat butter, argan oil, Shea butter or coenzyme Q10.

By adding Kurland® care oils and other components, such as our essential oils and perfume oils, for example, you affect which nutrients are also supplied to the

skin and give your blend a unique fragrance. Whether with urea pura as a natural moisturiser or with the exclusive Moroccan argan oil as a source of vitamin E – individualise your treatments with your own personal care recipe. Simply choose the cream base which meets your requirements.



### Base cream I

Smooth cream base with excellent moisturising and humectant properties, for a wide variety of treatments and supplementing with individual fragrances or active ingredients.

**Contains:** Shea butter, grape seed oil, vitamin E

**Effect:** nourishing, smoothing, leaves skin velvety soft

Content	Item No.	Notes
1 kg jar	10208-01000	

### Base cream II

A richer ointment base with vitamins A, B and E

**Contains:** Shea butter, olive oil, almond oil, cocoa butter, vitamin E

**Effect:** intensively nourishing, particularly for dry and sensitive skin

Content	Item No.	Notes
500 g jar	10202-00500	

### Base cream III with Charismon®

The base cream with that little extra something, for a wide variety of treatments and supplementing with individual fragrances or active ingredients.

**Contains:** Charismon®, goat butter, coenzyme Q10

**Effect:** regenerating, circulation boosting, balancing, energising, improves the skin's moisture retention, can help to combat skin ageing

Content	Item No.	Notes
500 g jar	10205-00500	



### DAC base cream

The renowned ointment base for the therapeutic and clinical fields. Like all base creams, can be enhanced with individual supplements.

**Contains:** lanolin, white vaseline

**Effect:** intensively nourishing, moisturising

Content	Item No.	Notes
1 kg jar	10200-01000	

### Urea pura

As a supplement in your cream blends in order to stabilise the moisture in the skin.

**Contains:** 100% pure urea pura (urea)

**Effect:** stabilises moisture, improves the body's own protective film

Content	Item No.	Notes
100 g jar	10260-00100	
1 kg bag	10260-01000	

## Our mix hotline

Want to mix your own skincare product, but not really sure which ingredients would be particularly suitable for you? We are happy to help and advise you on the road to finding your individual product.

**Call us on:**

+49 (0) 3654/4887-22 or +43 (0) 662/330667

or send us an email at: [info@kurland.de](mailto:info@kurland.de)



# COMFORT SPA CARE LOTIONS: convenient – nourishing – effective



## The benefits of our Comfort Spa range:

- wonderfully composed care lotions
- highly effecting ingredients
- easy use
- low product need per treatment
- easy to calculate treatment costs

APPLY  
SPARINGLY  
TO DAMP  
SKIN!

In addition, you meet the highest standards with this range, always with the perfect amount for a full body treatment, e.g. in the Soft-Pack® system or on the massage table. The complexion is improved and the seductive fragrance lingers pleasantly. What more could you want?

## Professional care is now very easy!

Double the amount of cream, double the effect? That would be great. Less is more! In accordance with this motto, we have enriched our care lotions with valuable ingredients. Because even a thin layer is enough for our skin to absorb the active ingredients, provided that they are contained in the care lotion in high enough concentrations. Moist skin absorbs things even more easily.

And on it, 50 ml is enough for a full body treatment in the **Soft Pack® system or on the massage table**. Depending on the type, they pamper, nourish and support the skin with **vitamins, ginseng, truffle or algae extract, precious oils, goat butter or aloe vera**, and much more. The compositions of nourishing ingredients **leave the skin smooth, provide moisture, soothe, even out and leave behind a pleasant feeling**. Each type convinces with immediately noticeable results and its seductive fragrance.

## Comfort Spa: a protective shield both in summer and winter

A time of extremes for the skin. Temperature fluctuations, dry heated air in the winter or strong direct sunlight in the summer remove a lot of moisture from the skin. Intensive care in the mornings and evenings works wonders! But one cream is not the same as another. Our body lotions are specially tailored for heat, wind and weather and lay on the skin like a protective shield – with a noticeable effect!

## Comport Spa for use at home: in organza bags!



Whether for your customers to take with them for use at home or as a guest gift in hotel rooms – Comport Spa as an individual portion in an organza bag is a good choice. Available in all types.

PU*/Content	Item No.	Notes
1x50 ml Truffle	10214-004	
1x50 ml Men	10212-004	
1x50 ml Cleopatra	10210-004	
1x50 ml Evening primrose	10211-004	
1x50 ml Vino	10216-004	
1x50 ml Thalasso	10215-004	
1x50 ml Sea buckthorn	10218-004	
1x50 ml Pomegranate	10217-004	
1x50 ml Elderflower	10219-004	

## Truffle – stimulating and invigorating

Gourmet nourishment for the skin. Leaves behind a delightful fragrance.

**Contains:** white truffle extract, vitamin A, urea pura, algae, apple and lotus flower extract

**Effect:** invigorating, healing, stimulating, invisible protective layer for the skin, promotes collagen production

PU*/Content	Item No.	Notes
1x 30 ml airfree	10214-006	
5x 50 ml cup	10214-005	
20x 50 ml cup	10214-020	
100x 50 ml cup	10214-100	



## Feeling, fragrance, delight: Comport Spa now in 30 ml testers!



## Possible treatment:

- Care treatment in the Soft-Pack® system
- Massages
- Skincare
- For moisturising after a shower
- After a bath or sauna
- Perfect finish to a care programme

## Truffle – the secret to success

Truffle, the exclusive fungus, is a symbol of luxury and wealth that found its way out of haute cuisine into the field of cosmetics long ago. In our products, white truffle extract helps to prevent damaging influences on the skin, has anti-oxidant and regenerating properties, provides youthful freshness, and has an invigorating and stimulating effect.

Truffle extract encourages collagen production and reinforces the skin's protective mechanisms. It is rich in essential amino acids, polysaccharides, phosphorus and silica® all valuable ingredients, which help the skin to help itself.



\* PU = packaging unit



## Men – moisturising care with a masculine fragrance

Skincare for men or women who like herbal and woody fragrances.

**Contains:** goat butter, aloe vera, almond, sunflower, soya and grape seed oil

**Effect:** moisturises, leaves skin soft and smooth

PU*/Content	Item No.	Notes
1x 30 ml airfree	10212-006	
5x 50 ml cup	10212-005	
20x 50 ml cup	10212-020	
100x 50 ml cup	10212-100	



## Cleopatra – for dry skin

The pampering care for dry skin with a fresh, floral fragrance.

**Contains:** almond, sunflower, soya and grape seed oil, nourishing goat butter

**Effect:** moisturises, leaves skin soft and smooth

PU*/Content	Item No.	Notes
1x 30 ml airfree	10210-006	
5x 50 ml cup	10210-005	
20x 50 ml cup	10210-020	
100x 50 ml cup	10210-100	



## Evening primrose – for irritated skin

Brings irritated skin back into balance. With a subtle fragrance.

**Contains:** goat butter, evening primrose oil, calendula extract, sunflower, soya and grape seed oil

**Effect:** nourishing, balancing, soothing

PU*/Content	Item No.	Notes
1x 30 ml airfree	10211-006	
5x 50 ml cup	10211-005	
20x 50 ml cup	10211-020	
100x 50 ml cup	10211-100	

## Vino – combating feelings of skin tension

The nourishing rejuvenating treatment with grape fruit acids. Subtly scented.

**Contains:** grape fruit acids

**Effect:** moisturises, alleviates feelings of tension, refines the pores, sustainably firms the skin, nourishes

PU*/Content	Item No.	Notes
1x 30 ml airfree	10216-006	
5x 50 ml cup	10216-005	
20x 50 ml cup	10216-020	
100x 50 ml cup	10216-100	



## Thalasso – firming, purifying

Smooth and firm with the best of the sea. Also perfect for sensitive, irritated skin. The perfect finish after a Thalasso Mare exfoliation treatment.

With a herbal and fresh fragrance.

**Contains:** algae extract

**Effect:** purifying, detoxifying, toning, nourishing, regulates the moisture

balance

PU*/Content	Item No.	Notes
1x 30 ml airfree	10215-006	
5x 50 ml cup	10215-005	
20x 50 ml cup	10215-020	
100x 50 ml cup	10215-100	

\* PU = packaging unit



## Elderflower – for irritated skin

New!

Elderflower has an anti-inflammatory effect on irritated and blemished skin and is particularly recommended for irritated skin and acne.

**Contains:** phytosterols, alpha-linolenic acid, anti-oxidants

**Effect:** anti-inflammatory, soothing, balancing, stabilises the lipid layer in the skin

PU*/Content	Item No.	Notes
1 x 30 ml airfree	10219-006	
5 x 50 ml cup	10219-005	
20 x 50 ml cup	10219-020	
100 x 50 ml cup	10219-100	



## Comfort Spa in practical 5-piece snap-off packaging

For our Comfort Spa care line, we have reduced the packaging to only what is most important. The individual cups remain well protected without creating too much waste. The outer packaging can be disposed of as waste paper, the pre-portioned individual applications can simply be broken off the stick.



## Sea buckthorn – a lot of power for the skin

Provides vitamin C for fresh skin – with the wonderful fruity fragrance of sea buckthorn.

**Contains:** natural vitamin C, unsaturated fatty acids

**Effect:** protects the skin against the loss of oils and moisture, regenerating, invigorating, nurtures a fresh appearance

PU*/Content	Item No.	Notes
1 x 30 ml airfree	10218-006	
5 x 50 ml cup	10218-005	
20 x 50 ml cup	10218-020	
100 x 50 ml cup	10218-100	

## New: skincare with basic pH value

Skincare with basic pH value encourages the body to release the stored acids and waste substances from the predominantly acid environment of the cells and relinquish them to the alkaline environment. In this manner, alkaline skincare effectively helps the body with its neutralisation. We have developed Comfort Spa pomegranate for this purpose. Give it a go. Your guests will be delighted!

BASIC PH VALUE

## Pomegranate – the skin charmer

This basic pH value care lotion, with a pH value of 7.2–7.5, protects against free radicals and optimises cell metabolism. With a wonderfully fruity, exotic pomegranate fragrance.

**Contains:** vitamin C, beta-carotene, zinc, selenium, polyphenols

**Effect:** prevents skin irritations, nourishes dry, irritated skin, maintains elasticity, contour firming, stimulates the metabolism, protective, purely alkaline

PU*/Content	Item No.	Notes
1 x 30 ml airfree	10217-006	
5 x 50 ml cup	10217-005	
20 x 50 ml cup	10217-020	
100 x 50 ml cup	10217-100	



BASIC PH VALUE

# SHOWERS, BATHS & SCRUBS

Dive into “the delightful water”



But taking the time for a soak in the tub in our otherwise stressful daily lives is often a luxury. That's why it's so great to submerge yourself in “the delightful water”.

Hardly any other pleasure stimulates as many senses at the same time. These are ideal conditions for doing an incredible amount for your guests with our products.

### The benefits of our BE foam oil bath:

- perfect supplement to the spa programme
- also available in hotel room sizes
- economical use
- affordable
- effective

## The wellness programme with a therapeutic effect

We have developed a whole range of wonderful, quality products to add to your bath time. Whether as part of treatment, in physiotherapy or simply as a feel-good treatment at a spa hotel, a warm bath is always a pleasure.

### The health aspect

The combination of warmth and essential oils results in relaxation of the muscles and joints, has a positive effect on the vegetative and limbic nerve systems, and stimulates the metabolism and the immune system.

### As part of the spa menu

Begin with a warm bath, followed by a cream peel and then a spa massage with our care oils. It is thus possible to create a complete treatment concept with low material costs per treatment.

## Did you know?

A warm bath is good for you in the summer too. Unlike after a cold shower, the fresh feeling from a lukewarm BE foam oil bath lasts for longer. The pores open up and the heat stored up is able to escape more easily.

## BE foam oil bath with rosemary, Swiss Pine or lemon balm

The selected ingredients in the Swiss pine, rosemary and lemon balm baths give your guests just what they need. Energy when they feel worn out. Peace when everything becomes too much. Or relaxation after a long and tiring day.



### BE balanced – lemon balm

Let go and slow down: BE balanced has been developed especially to do this using lemon balm essential oil. We recommend it particularly for nervous conditions, tension and inner imbalances. Best before going to sleep – for a relaxed night with pleasant dreams.

Content	Item No.	Notes
50 ml PET bottle	11702-00050	
250 ml PET bottle	11702-00250	
1 litre PET bottle	11702-01000	
5 litre canister	11702-05000	



### BE healthy – rosemary

If you are lacking energy and you feel unmotivated, BE healthy with natural essential rosemary oil is the right choice for a relaxing bath. It invigorates, stimulates circulation and gets you ready for action. BE healthy can also be used for tension, muscle ache and can help when you have a cold.

Content	Item No.	Notes
50 ml PET bottle	11701-00050	
250 ml PET bottle	11701-00250	
1 litre PET bottle	11701-01000	
5 litre canister	11701-05000	

### Tip:

BE foam oil baths are cost-effective and fit into every spa, wellness and therapeutic treatment package. Also perfect as high quality bathroom amenities for the hotel room.

### Possible treatments:

- bath before massages
- before skincare treatments
- for boosting the metabolism
- for relaxation
- after sporting activities



### BE relaxed – Swiss pine

For problems concentrating, mental exhaustion and insomnia: BE relaxed with naturally pure Swiss pine essential oil, lets you relax, strengthens both body and soul and unburdens the circulatory system.

Content	Item No.	Notes
50 ml PET bottle	11700-00050	
250 ml PET bottle	11700-00250	
1 litre PET bottle	11700-01000	
5 litre canister	11700-05000	

## Kurland® salt and oil baths for bathing, showering and exfoliating in three different types

TOP retail product



### Salt and oil bath with lavender blossoms

The full relaxing and soothing effect of the lavender blossom is released when the product is added to the bathwater. Suitable for use in baths or as an exfoliation treatment.

**Contains:** sea salt, ground lavender blossom, jojoba oil

**Effect:** soothing, exfoliating, nourishing

**Not suitable for whirlpools.**

Content	Item No.	Notes
260 g glass jar	10744-202	

### Classic salt and oil bath

Sea salt exfoliates, nourishing and floral essential oils smell delightful. Suitable for use in baths or as an exfoliation treatment.

**Contains:** sea salt, jojoba oil

**Effect:** soothing, exfoliating, nourishing

**Not suitable for whirlpools.**

Content	Item No.	Notes
280 g glass jar	10740-00280	
1 kg	10740-01000	incl. 100 ml of bath oil
5 kg* bucket	10740-05000	*4.5 kg of sea salt + 500 ml of base oil blend + 10 ml of cool oil blend

### Salt and oil bath with rose petals

When added to the bathwater, the combination of sea salt, nourishing oils and ground rose petals unfurls its sensuous fragrance. Can also be used for exfoliation.

**Contains:** sea salt, ground rose petals, jojoba oil

**Effect:** harmonising, cheering, exfoliating, nourishing

**Not suitable for whirlpools.**

Content	Item No.	Notes
260 g glass jar	10744-203	

### Don't towel off!

After a relaxing bath with sea salt, you should not rinse off or towel off your skin. Simply slip into your bathrobe while still wet! The valuable minerals can thus work on your body for longer.

TOP retail product



### Salt and oil shower bags

Wonderfully fragrant, ready-to-use shower bags with our popular Time Together oil – individually packaged. Simply apply gently to the skin in the shower and exfoliate, or dissolve in the bath.

**Contains:** sea salt, argan, jojoba, sesame, olive and linseed oil

**Effect:** smoothing, nourishing, stimulates cell regeneration

Content	Item No.	Notes
10 pieces	10742-201	

## Bath supplements with special ingredients



TOP retail product



### Goat milk bath

A nourishing and relaxing bath like Cleopatra once took. Particularly suitable for sensitive skin.

**Contains:** calcium, magnesium, vitamins A and E.

**Effect:** mineralising, nourishing, source of vitamins

**Not suitable as a bath additive for whirlpools!**

Content	Item No.	Notes
150 ml bottle	04481-00150	
1 litre canister	04481-01000	
5 litre canister	04481-05000	



### Classic bath oil

Floral scented oil blend suitable for baths, massages, adding to cream, or pure for skincare.

**Base oils:** almond, macadamia nut and calendula oil

**Essential oils:** Rose, ylang ylang and lemongrass

**Effect:** nourishing, revitalising

**Also perfect for aroma oil massages.**

Content	Item No.	Notes
200 ml bottle	01150-00200	
1 litre bottle	01150-00200	
3 litre bag in box	01150-03000	
5 litre canister	01150-05000	
10 litre canister	01150-10000	

### Summer Feeling

Refreshes, nourishes and smells wonderful: after a shower, for a nourishing oil massage, as a precious bath supplement or for moisturising – the Summer Feeling coconut oil bath is a pleasure.

**Tip:** leave to cool in the fridge and then massage your damp skin with the cooled oil block – very refreshing!

**Contains:** Coconut oil

**Effect:** intensively nourishing

PU*/Content	Item No.	Pieces	Notes
40 ml Organza bag	01430-010	1	
40 ml Organza bag	01430-010	from 25	
40 ml Organza bag	01430-010	from 50	
5x 40 ml Gift set	01430-005	per set	
100x 40 ml box	01430-002	per piece	



\* Packing unit

## Beer bath – enjoy beer without the hangover



The beer bath was discovered in the Middle Ages. Even then, monks knew of the properties of hops and malt. Today, it has once again become very popular – the name alone makes men's hearts beat faster. Of course, women enjoy it just as much!

### The effect:

- nourishing
- refines the complexion
- uplifting
- tissue-firming
- cell activating
- relaxing



### Beer bath

**Included in the set:** 4 fleece bags, 2x 50 ml of Classic bath oil, 1 jute bag – for the bath or as a scrub under the shower. The jute bag can be reused. Simply rinse it with cold water.

**Contains:** malt, almond oil, urea pura, macadamia nut oil and calendula extract

**Effect:** stimulates the metabolism, relaxing, nourishing, uplifting, cell activating

### Beer bath – how it's done:

place one of the fleece bags into the enclosed jute bag and leave it in two litres of warm water (50°C) for about 30 min. Then pour the entire brew, including the jute bag, into the warm bath water. Add a splash of Classic bath oil to it. While bathing, squeeze out the jute bag and use it to gently scrub the skin. Do not rinse off after the bath. Relax and chill out for about 20-30 minutes.

Content	Item No.	Notes
1 set for 4 treatments	11000-261	

### For reordering:

5 fleece bags	11280-201	
1 jute bag	11500-021	

## A fruity pleasure – steam bath exfoliation treatments with lavender or rose petals

Our fruity steam bath exfoliation treatments work best when freshly mixed. They ensure refreshing and relaxing skincare for all skin types and nourish dry and sensitive skin.

They prevent skin ageing and leave skin soft and fresh. Choose between lavender or rose – both with a wonderfully seductive fragrance.

### Possible treatments:

- Rasul®
- Steam bath
- Massage table
- Wet massage table
- Exfoliating in the bathroom at home



### Steam bath peel with lavender

**Effect:** lavender balances and soothes.  
**Application:** mix base fruit powder, oil blend and exfoliation treatment with water to a creamy consistency and apply to damp skin. Leave to work and then exfoliate gently.

Content	Item No.	Notes
2 treatments	11600-001	
30 treatments	11600-021	

### Steam bath peel with rose

**Effect:** rose harmonises and give off a sweet, delicate fragrance.  
**Application:** mix base fruit powder, oil blend and exfoliation treatment with water to a creamy consistency and apply to damp skin. Leave to work and then exfoliate gently.

Content	Item No.	Notes
2 treatments	11600-003	
30 treatments	11600-023	

### Sisal nest

For this natural exfoliating product, unbroken sisal fibres are wound into a nest. The natural fibre texture adds to the exfoliation.  
**Effect:** boosts circulation, gently exfoliating  
**Application:** exfoliate wet or dry with circular motions.

Content	Item No.	Notes
10 pieces	15100-001	
from 250 pieces	15100-001	

## Why do we have so many exfoliation treatments?

Because they leave you looking beautiful!

Exfoliation treatments rejuvenate the skin, leave it smooth and stimulate the circulation. Combined with our valuable oils, they nourish with lasting effects, provide vitamins and minerals, and result in a beautiful complexion. You can choose the appropriate exfoliation treatment to match your spa menu or conjure up your own exfoliation treatment which perfectly suits you from our “cream peel mix” with herbs, sea salt and oils. We are happy to provide you with recipes. Just give us a call!

### Tip:

intensify the fragrance of the steam bath exfoliation treatment by adding a drop of the appropriate essential oil (rose or lavender) – for a seductive fragrance.

## Fruit acid treatments with vitamins, minerals and trace elements



### White grape draff

**Effect:** the fruit acid refines, smooths and firms the skin. The strong body exfoliation gently removes dead skin cells.

**Application:** mix with water to a creamy consistency and apply to damp skin. Leave to work and then exfoliate gently.

Content	Item No.	Notes
750 g jar	03880-00752	
6 kg bucket	03880-06002	

### Red grape draff

**Effect:** the phenols and tannin dilate the arteries and stimulate the circulation. The strong body exfoliation gently removes dead skin cells and guarantees soft, nourished and rosy skin.

**Application:** mix with water to a creamy consistency and apply to damp skin. Leave to work and then exfoliate gently.

Content	Item No.	Notes
750 g jar	03880-00753	
6 kg bucket	03880-06003	

### Base fruit powder

Ultra-fine powdered stone, mixed with bromelain and urea pura.

**Effect:** particularly moisturising and purifying

**Application:** mix with water to form a creamy mixture – as a fruit acid exfoliation treatment or for mixing with creams as a body and face pack.

Content	Item No.	Notes
250 g jar	11800-001	
3.6 kg bucket	11800-002	

## Recipe:

red or white grape draff exfoliation treatment on the Soft-Pack® table:

80 g of Bolus alba enzymatic earth (page 21), 40 g of red or white grape draff, 1 tbsp. of grape seed oil, 4 drops of champagne perfume oil, cold water. Mix to form a smooth, creamy mixture and keep warm until treatment.

## The pick-me-up! Gentle exfoliation with coffee fragrance

### Body exfoliation treatment with coffee

Stimulating, coffee-scented body exfoliation treatment with ground coffee beans.

**Effect:** invigorating, circulation boosting, skin firming

**Application:** mix with warm water to a creamy consistency and apply to damp skin, leave to work, exfoliate gently.

Content	Item No.	Notes
1 kg jar	11807-01000	





## Styrian exfoliation – exfoliate and nourish with pumpkin



### Cucurbita oleum

This oil blend protects the skin from drying and ageing and reduces wrinkles. You need four tablespoons of Cucurbita oleum for a full body massage.

**Contains:** pumpkin seed oil, vitamins A and E and carotenoids

**Effect:** protective, smoothing

Content	Item No.	Notes
1 litre bottle	01200-01000	



### Cucurbita body wrap

A Styrian purification and moisturising wrap. For use in the Soft-Pack® system or on the massage table.

**Effect:** removes excess fluid, exfoliates, and at the same time provides optimal moisture

**Application:** mix with warm water to a creamy consistency and apply to damp skin. Leave to work.

Content	Item No.	Notes
3.5 kg bucket	03200-03500	

## Possible treatments:

- in the Soft-Pack® system
- on the massage table

## Recipe

### Cucurbita exfoliation treatment:

mix 5 tbsp. of Cucurbita body pack, 5 tbsp. of Rügen healing chalk and 1 tbsp. of Cucurbita oleum with water to a creamy consistency. Spread the exfoliation treatment evenly over the damp body and exfoliate with circular motions.

**Tip:** afterwards shower off with a salt and oil shower bag.

## Sweet detox! – Body exfoliation treatments with basic pH value



The ratio of alkalis and acids plays an important role in skin metabolism. Our basic pH value body exfoliation treatments help to re-establish the balance. Round out your skincare with our alkaline Comfort Spa pomegranate. (page 89)

### Body exfoliation treatment with rose

BASIC  
PH  
VALUE

Alkaline rice wax exfoliation treatment (pH value 7.2-7.5) with ground rose petals.

**Effect:** gently exfoliating, refines the complexion, harmonising, balancing and relaxing

**Application:** mix with warm water to a creamy consistency and apply to damp skin. Leave to work, exfoliate gently. The colour changes when mixed.

Content	Item No.	Notes
1 kg jar	11805-01000	

### Body exfoliation treatment with cocoa

BASIC  
PH  
VALUE

Alkaline, chocolate-scented body exfoliation treatment (pH value 7.2-7.5) with real cocoa and rice wax exfoliating particles.

**Effect:** gently exfoliating, uplifting, balancing, with the feel-good hormones of chocolate

**Application:** mix with warm water to a creamy consistency and apply to damp skin. Leave to work, exfoliate gently. The colour changes when mixed.

Content	Item No.	Notes
1 kg jar	11806-01000	

# HERBAL STAMP TREATMENTS, SOAP MASSAGE & MASSAGE

Treatments with that special something



## Seminars at the Kurland® Training Centre

We offer Permanent Contour®, Pantai®, hamam and Sassi dei Vulcano training. We are also happy to provide training at your premises. More information is available online at: [www.spa-ausbildung.info](http://www.spa-ausbildung.info)

Wellness programmes with the experience factor are the solution for modern customer requirements: experiencing as much as possible and still finding time for relaxation is the goal of many guests.

For this, we have developed treatments which offer a special something – making your guests' stay an unforgettable experience:

- Permanent Contour®
- Pantai Luar®
- Hamam soap massage
- Treatments with hot basalt and cold marble stones

## Permanent Contour® – the revolutionary steam stamp massage



European Health  
& Spa Award:

Our “Permanent Contour® Relax Emotion” treatment was nominated in 2016 for the European Health & Spa Award as “Best Signature Treatment” and awarded “Best in Germany”.

With our patented Permanent Contour® steam device, we revolutionised the world of stamp massages in 2008. Perfectly moistened and temperature-controlled pads (for body and face) and a multitude of pad types with different fillings ensure a varied wellness programme. You thus gift your guests with gentle contact with a high relaxation factor and therapeutic effect. For a unique, individual and intense experience, simply choose the appropriate pads and oils.

### Treatment success with Permanent Contour®:

- faster muscle relaxation through heat and steam
- better blood flow to tissues
- effective ingredients are absorbed easily by the skin
- the muscles are loosened through massage and the heat at the same time
- essential oils affect the limbic system and improve well-being

## Permanent Contour® – treatment options for body, face and slim line

Discover us on Youtube! "Kurland Spaworlds"



### One device, many possibilities

Our current Permanent Contour® model offers you a multitude of different application options.

### One device, many benefits:

- large selection of different pads and oils
- body, face and slim line treatments possible
- can also produce Hamam soap foam with the appropriate equipment (see Youtube)
- offers more intensive therapeutic success than conventional stamp massages (see p. 98)
- a special experience for the guest

### Permanent Contour® device

Our new, patented Permanent Contour® steam device offers you the optimal conditions for successful stamp treatments for the face and body and a multitude of different pack treatments.

**Details:** dimensions: 36.5 x 27.5 x 20 cm, weight (unfilled): 8.5 kg, water capacity max. 1.75 l, output: 750 W / energy consumption 0.3 kWh, free technical support over the phone

Online help at: <http://www.kurland.de/en/service/technical-support.html>

Item	Item No.	Notes
Permanent Contour® device	A5901-223	

## Permanent Contour® – accessories

Item	Item No.	Notes
<b>Special hose for facial treatments</b> Length: 100 cm, with quick coupler, incl. 2 stamp holders for face pads	65290-022	
<b>Special hose for body treatments</b> Length: 80 cm, with quick coupler, incl. 1 stamp holder for body pads	65290-024	
<b>Acrylic stamp holder support</b> For storing the stamp holder, to be screwed on	93000-005	
<b>Extending hose holder</b> Height approx. 75 cm, to be screwed on	83301-206	

## Permanent Contour® pads for steam stamp massage



**Item, effect**

**Application**

**Item No.**

**PU\***

**Notes**

**Salt – the tingling one**

**Contains:** pure, coarse crystal salt  
**Effect:** for use on the body only, for skin irritations and sensitive skin, refines the complexion and leaves a light salt film.

BODY

11409-001

10  
pieces



**Alpine herbs – the spicy one**

**Contains:** elderflower, ginger, peppermint, ivy, sweet clover and crystal salt (in a body stamp only)  
**Effect:** promotes circulation, boosts the metabolism and helps to relieve muscle tension. Peppermint and ginger provide the fresh, spicy fragrance.

BODY

11409-002

10  
pieces

FACE

11409-042

10  
pieces



**Malt – the soothing one**

**Contains:** various high quality malts and crystal salt  
**Effect:** soothing, analgesic, antibacterial and stimulates the metabolism. It is very popular with men due to its grainy, malty fragrance.

BODY

11409-003

10  
pieces



**Algae – the maritime one**

**Contains:** pulverised brown algae (Laminaria digitata, Fucus vesiculosus), crystal salt  
**Effect:** strongly purifying, metabolism boosting and firming. Water retention and fat deposits can be positively influenced with additional, localised stimulation.

BODY

11409-004

10  
pieces



**Moor mud – the classic one**

**Contains:** moor mud from Leopoldskron Moor in Salzburg (Austria), crystal salt  
**Effect:** rich in humic acids, this earthy, spicy pad is particularly effective. It is anti-inflammatory and antispasmodic, restores the hormone balance and regenerates the skin's acid mantle.

BODY

11409-005

10  
pieces

\* packaging unit

# HERBAL STAMP TREATMENTS, SOAP MASSAGE & MASSAGE

Item, effect	Application	Item No.	PU*	Notes
<p><b>Grape draff – the fruity one</b>  <b>Contains:</b> red grape pomace, crystal salt  <b>Effect:</b> this remarkable fruit acid pad dissolves excess layers of tough skin (keratolytic effect), prevents premature cell ageing and permanently refines the complexion.</p>	BODY	11409-006	10 pieces	
<p><b>Wheat bran – the gentle one</b>  <b>Contains:</b> organic wheat bran, crystal salt (in a body pad only)  <b>Effect:</b> clarifying, anti-inflammatory and soothing, ideal for blemished and irritated skin</p>	BODY FACE	11409-007 11409-049	10 pieces	
<p><b>Old India – the exotic one</b>  <b>Contains:</b> lime, ginger, lemongrass and lavender  <b>Effect:</b> warming, circulation boosting and harmonising. The balanced relationship between fruit acids and spices is an experience for all the senses.</p>	BODY	11409-009	10 pieces	
<p><b>Olive – the silky one</b>  <b>Contains:</b> high quality soap with olive oil  <b>Effect:</b> the fine soap flakes produce a soft, fine foam that gently cleans skin and does not dry it out thanks to the olive oil. For this pad you need the Permanent Contour® special hose for facial treatments. Ideal for full body soap massages and for our Permanent Contour® slim line treatment for slim and beautiful legs.</p>	BODY small pad	11409-050	10 pieces	

## Tip for toned legs

Place an olive soap pad in the face tube and set the Permanent Contour® device to 52°C.

Your guest should be lying on their back. Briefly moisten the legs with a warm damp compress, immerse the soap pad in a small bowl of water and first massage the thigh then the lower leg using gently circular movements. After the stamp massage, spread the Freeze oil blend on the legs, then stroke from bottom to top approx. 10 times with an organza bag filled with ice cubes with long strokes, beginning from the inside of the foot. The guest should then lay on their stomach and the treatment is repeated.



## Permanent Contour® pads for steam stamp massage



Item, effect	Application	Item No.	PU*	Notes
<b>Apple – the fresh one</b> <b>Contains:</b> cut apple pomace, crystal salt (in a body pad only) <b>Effect:</b> anti-ageing product, stimulates the metabolism, moisturising, tightens the connective tissue. The fruit acids it contains have a gentle exfoliating effect.	BODY	11409-010	10 pieces	
	FACE	11409-051	10 pieces	



<b>Rose – the fragrant one</b> <b>Contains:</b> rose petals <b>Effect:</b> a floral pad which is harmonising, balancing, moisturising and brightens your mood thanks to its fragrance.	FACE	11409-047	10 pieces	
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<b>Lavender – the relaxing one</b> <b>Contains:</b> lavender <b>Effect:</b> the balanced, rounded blend in this pad removes excess fluid and is harmonising and invigorating.	FACE	11409-043	10 pieces	
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## Natural, practical, good: Permanent Contour® pads in the recyclable dispenser box

Our new packaging should also be as natural as our pads. We have now packaged our Permanent Contour® pads in the practical dispenser box made from natural brown cardboard. The paper label can be easily cut with a thumbnail, the box opened

and the pull tab pulled out. A pad then slides into place automatically after each one is removed. Simple, natural, practical and good!



\* packaging unit



## Permanent Contour® special oils for steam stamp treatments



### Permanent Contour® special oil

Invigorating, stimulating, metabolism boosting. Recommended for Permanent Contour® malt, algae, moor mud, grape draff, wheat bran and herb pads

Content	Item No.	Notes
1 litre bottle	01600-01000	
3 litre bag in a box	01600-03000	
5 litre canister	01600-05000	

### Pantai Luar® Old India special oil

A premium blend of base oils such as sesame, aloe vera, calendula and olive oil. Rosemary, lavender, thyme, ginger, red sandalwood and a spice mix produce a spicy and exotic fragrance; recommended for Permanent Contour® Old India pads

Content	Item No.	Notes
1 litre bottle	01590-01000	
3 litre bag in a box	01590-03000	
5 litre canister	01590-05000	

### Base oil blend

A mixture of premium base oils such as almond, sesame and jojoba, without essential oils. Simply add essential oils of your choice (max. of 12 drops per 200 ml); recommended for all Permanent Contour® face pads

Content	Item No.	Notes
200 ml bottle	01551-00200	
1 litre bottle	01551-01000	
5 litre canister	01551-05000	

## Tip for stamp massages

Let the oil run over your finger onto the body and distribute it evenly. Apply the pressure for the massage with the free hand and gently guide the pad.

# PERMANENT CONTOUR® RELAX EMOTION

stamp massage according to the 4 elements



With our Relax Emotion line, we offer you and your guests an entirely individual and particularly effective Permanent Contour® experience.

Never before has it been possible to tailor treatments so precisely to the customers' needs.

In the Asian four elements doctrine, the typical characters are each assigned to a specific element. With our Relax Emotion line, you can now compensate for shortcomings in a targeted manner and get rid of excess energy.

**Fire, water, earth or air – determine the right type according to their characteristics**



**Fire  
(choleric):**

enthusiastic,  
passionate, determined,  
persistent, reliable,  
but also irritable,  
impatient, stubborn, un-  
forgiving, irascible  
and unrestrained



**Water  
(phlegmatic):**

content, balanced, calm,  
affectionate,  
but also indifferent,  
apathetic,  
indolent,  
indecisive  
and uninterested



**Earth  
(melancholic):**

steady, industrious,  
thorough, loyal,  
conscientious,  
but also reserved,  
gloomy, sensitive,  
anxious  
and dispirited







**Air  
(sanguine):**

happy, optimistic,  
sensitive, flexible,  
sincere, lively, articulate,  
but also careless,  
distractible, volatile,  
impulsive and  
garrulous



## Permanent Contour® Relax Emotion pads

Item, effect	Application	Item No.	PU*	Notes
<p><b>Fire</b>  <b>Contains:</b> lemon balm, lavender, rose, hops, juniper, camphor, camomile  <b>Effect:</b> perfect for dispersing excess energy, relaxing and soothing the body; ideal for combating stress.</p>	BODY	11409-300	10 pieces	
<p><b>Water</b>  <b>Contains:</b> peppermint, elderflower, sage, rosemary, yarrow and alpine herbs  <b>Effect:</b> can help with fatigue and faintness, antispasmodic.</p>	BODY	11409-302	10 pieces	
<p><b>Earth</b>  <b>Contains:</b> rosemary, rose, thyme, ginger, linden blossom and St. John's wort  <b>Effect:</b> relaxing, soothing and nerve strengthening. Good for anyone suffering from nervousness, agitation or tenseness.</p>	BODY	11409-301	10 pieces	
<p><b>Air</b>  <b>Contains:</b> sage, yarrow, goldenrod, rose, woodruff and marjoram  <b>Effect:</b> good for insomnia, antispasmodic and soothing.</p>	BODY	11409-303	10 pieces	

## Permanent Contour® Relax Emotion oils\*\*

Item, content, effect	Item No.	Notes
<p><b>Relax Emotion Fire oil blend, 1 litre</b>                      Slightly floral, spicy and distinctive fragrance – <b>Essential/perfume oils:</b> hay blossom, juniper, camphor and lavender <b>Effect:</b> cools, calms and can release excess energy</p>	01610-01000	
<p><b>Relax Emotion Water oil blend, 1 litre</b>                      Mediterranean, tangy and herbal fragrance – <b>Essential/perfume oils:</b> honey, sage and rosemary <b>Effect:</b> can restore your emotional balance and give you energy and emotional security</p>	01612-01000	
<p><b>Relax Emotion Earth oil blend, 1 litre</b>                      Velvety soft, seductive fragrance – <b>Essential/perfume oils:</b> Verbena, musk, linden blossom and orange <b>Effect:</b> can boost vital energy and lift the mood</p>	01611-01000	
<p><b>Relax Emotion Air oil blend, 1 litre</b>                      Delicate and sweet fragrance – <b>Essential/perfume oils:</b> marjoram, violet and woodruff <b>Effect:</b> can help to keep you grounded and achieve mental and emotional balance</p>	01613-01000	

\* packaging unit, \*\*more information and other unit sizes can be found on page 73.

## Permanent Contour® body packs for steam Swiss pine or herbal treatments



### Permanent Contour® herbal pack

Finely balanced, refreshing herb mix of mallow flowers, calendula, peppermint and mountain hay.

**Effect:** can provide relief from pain, rheumatic pain and tension, stimulate the metabolism, detoxify and drain.

**Application:** connect to the Permanent Contour® device, switch the device on, apply.

Sizes	Item No.	PU*	Notes
38 x 31 cm	11409-200	10 pieces	

### Permanent Contour® Swiss Pine pack

Filled with wonderfully aromatic Swiss Pine curls

**Effect:** relaxing, soothing, balancing.

**Application:** see herbal pack

Sizes	Item No.	PU*	Notes
38 x 31 cm	11409-210	10 pieces	

The Permanent Contour® body packs, filled with petals and herbs or Swiss pine curls, relax the stomach and back. Simply connect them to the Permanent Contour® steam device and hot air and steam flow through the pack and steadily release the

active ingredients. The body packs are light and therefore comfortable on the abdominal area. The steam ensures a consistent, pleasant temperature.

## Permanent Contour® test sets – compilation



### Permanent Contour® body pad set, compilation

The set contains 2 pads each of: Alpine herbs, algae, apple, salt, Old India

Perfect for testing.

Sizes	Item No.	Notes
10 pads	11409-030	



### Permanent Contour® face pad set, compilation

The set contains 2 pads each of: Alpine herbs, wheat bran, apple, rose, lavender

Perfect for testing.

Sizes	Item No.	Notes
10 pads	11409-031	



### Permanent Contour® Relax Emotion pad set, compilation

The set contains these pads:

3 x Fire, 3 x Earth, 2 x Water, 2 x Air

Perfect for testing.

Sizes	Item No.	Notes
10 pads	11409-310	

## Permanent Contour® special packages – Order now and secure savings!



**PACKAGE:**  
Basic

### Permanent Contour® “Relax Emotion” package, consisting of:

- 1 Permanent Contour® steam device (incl. special hose for body treatments)
  - 1 box of Permanent Contour® (10 pieces/box) Relax Emotion pad set, compilation: 3x Fire, 2x Water, 3x Earth, 2x Air
  - 4x 200 ml Permanent Contour® Relax Emotion special oil blends: Fire, Water, Earth, Air
- for free**

### Permanent Contour® “Basic” package, consisting of:

- 1 Permanent Contour® steam device (incl. special hose for body treatments)
  - 1 box of Permanent Contour® body pad set, compilation (10 pieces/box) with 2 each of the following body pads: Alpine herbs, algae, salt, apple, Old India,
  - 1x 1 litre of Permanent Contour® special oil
- for free**
- for free**

Item	Item No.	Notes
“Basic” package	12000-206	



**PACKAGE:**  
Relax Emotion

Item	Item No.	Notes
“Relax Emotion” package	12000-207	

**Permanent Contour® Relax Emotion courses**  
 At the Kurland training centre, we offer courses on professional Relax Emotion treatments. For more information and dates, see: [www.spa-ausbildung.info](http://www.spa-ausbildung.info)

\* packaging unit

# PANTAI LUAR® – the traditional Asian herbal stamp massage with hot oil



## Pleasure with rich herbal power:

- special and effective form of massage
- with fragrant stamps and hot oil
- stimulates cell regeneration in the skin
- relaxing and stimulates circulation

Pantai Luar® is a special East Asian massage technique with fragrant fruity herbal stamps and hot plant extract oil. The quick changes in the heat activate a self-healing process through the thermoreceptors in the skin. The result is effective cell renewal and revitalisation. The valuable herbs and essences have a nourishing effect on the skin. The exotic fragrances inspire dream journeys during the relaxation.

## Herb power from the Alps: Pantai Luar® stamp and oil with native Alpine herbs



### Pantai Luar® Alpine finished stamp

This powerful Alpine body stamp is lovingly hand-made in house. The filling is made from 100% native herbs rich in active ingredients.

**Contains:** sage, marsh mallow root, horsetail, woodruff, peppermint, rosemary, juniper, marjoram, thyme, lavender

**Effect:** smoothing, warming, harmonising and moisturising



### Pantai Luar® Alpine special oil blend

The herbal and aromatic fragrance of our Alpine oil blend comes from wild Alpine herbs such as sage, marsh mallow root, woodruff, calendula, peppermint, rosemary, juniper and thyme

**Base oils:** sunflower, hempseed, calendula, linseed, grape seed and Swiss Pine oil

**Effect:** relaxing, warming, anti-inflammatory, smooths the skin and relaxes the muscles

**Application:** for Pantai Luar® body stamp massage, for rheumatic pain, tension, anxiety, sleep disorders

**Application:** Pantai Luar® body stamp massage, for rheumatic pain, tension, anxiety, sleep disorders

Item No.	Amount	Notes
11408-101	1 piece	
11408-101	from 12 pieces	
11408-101	from 60 pieces	

Content	Item No.	Notes
1 litre bottle	01595-01000	
3 litre bag in box	01595-03000	
5 litre canister	01595-05000	



## Pantai Luar® Old India finished stamp

This exotic and fruity body stamp is lovingly hand-made in house. It contains 100% powerful herbs and fruits, without any wadding or other fillers.

**Contains:** lemon peel, ginger, lemongrass and lavender.

**Effect:** warming, circulating boosting and harmonising

**Application:** for Pantai Luar® body stamp massage, for rheumatic pain, tension, anxiety, sleep disorders

Item No.	Amount	Notes
11408-201	1 piece	
11408-201	from 12 pieces	
11408-201	from 60 pieces	



## Pantai Luar® Old India special oil

This exotically spiced and valuable oil blend is exclusively produced in our Company. (See page 65)

**Contains:** rosemary, lavender, thyme, ginger, red sandalwood and our special spice blend

**Base oils:** sesame, aloe vera, calendula and olive oil

**Effect:** warming, circulating boosting and harmonising

**Application:** for Pantai Luar® body stamp massage.

Content	Item No.	Notes
1 litre bottle	01590-01000	
3 litre bag in box	01590-03000	
5 litre canister	01590-05000	

## Pantai Luar® massage seminar

At the Kurland® training centre, we offer seminars on professional Pantai Luar® massage. For more information and dates, see:

[www.spa-ausbildung.info](http://www.spa-ausbildung.info)



## Pantai Luar® special spice mix

A perfectly balanced spice blend of ginger, tamarind, galangal, cardamom, cinnamon, etc.

**Effect:** warming, circulation boosting

**Application:** as a filling for Pantai Luar® stamps, as a body exfoliation treatment or for creating an infusion for foot baths or baths.

Content	Item No.	Notes
100 g jar	11300-00100	
1 kg box	11300-01000	



## Ribbon for Pantai Luar® stamp

This ribbon, in golden yellow, is particularly suitable for tying your individual Pantai Luar® stamps. It is 100 cm long and is perfect for winding and tying.

Content	Item No.	Notes
10 pieces	24000-001	



## Pantai Luar® cloth

Our Kurland® Pantai Luar® cloth is made from robust and non-abrasive pure linen and is hemmed at the edges. It can be washed at 60°C and reused. Remove your individual herb filling before washing.

**Application:** Create your own Pantai Luar® stamp using our Kurland® herbs or herb mixtures. Use our ribbon for tying Pantai Luar® stamps.

Sizes	Item No.	Notes
40 x 40 cm	14340-201	

# PANTAI HERBAL BELLE VISAGE – stamp massage for the face and décolleté with steamed stamps



The Pantai Herbal Belle Visage stamp massage gives your guests a glowing complexion and beautiful décolleté.

The herbal infusion from the steamed stamps and the special properties of the fabric clean the skin and refine the complexion. Stimulation of the microcirculation and the penetration of valuable oils renew and revitalise the cells and firm the cell membrane. The skin appears smooth and glowing. The pleasant herbal fragrance works through the limbic system, leads to deeper relaxation of the facial muscles and contributes to well-being.



HAND-MADE IN GERMANY



## Pantai Herbal stamp – Belle Visage stamp, orange

This fragrant face stamp is lovingly hand-made in house. It contains 100% powerful herbs, without any wadding or other fillers.

**Contains:** witch hazel, rose, calendula, camomile, lavender, peppermint

**Effect:** harmonising, relaxing, muscle relaxant, slightly cooling, circulation boosting, moisturising

**Application:** for treating the face and décolleté

## Pantai Belle Visage herbal oil

This high quality blend contains base oils such as jojoba, avocado, wheat germ, sesame, macadamia nut, linseed and black cumin oil. Cumin, cloves and patchouli create the subtle, pleasant fragrance.

**Effect:** antiseptic, soothing and relaxing.

**Application:** for Pantai Herbal Belle Visage stamp massage

Item No.	Amount	Notes
11406-222	1 piece	
11406-222	from 12 pieces	
11406-222	from 60 pieces	

Content	Item No.	Notes
1 litre bottle	01594-01000	
5 litre canister	01594-05000	



## Pantai herbal oil – Calmer

A high quality jojoba, sesame, soya, black cumin, linseed, aloe vera and calendula oil blend. Atlas cedar, bergamot, carrot seeds, lavender, rose, sage, ylang ylang, lemon and frankincense guarantee a seductive fragrance.

**Effect:** soothing, anti-inflammatory and balancing

**Application:** for Pantai herbal stamp massage.

Amount	Item No.	Notes
1 litre bottle	01591-01000	
5 litre canister	01591-05000	



## Pantai herbal stamps – Calmer, for body treatments, blue

Lovingly made by hand in house. It contains 100% powerful herbs, without any wadding or other fillers.

**Contains:** orange blossoms, mallow blossoms, St. John's wort, lemon balm leaves, cinnamon, etc.

**Effect:** soothing, balancing, anti-inflammatory, muscle relaxant, antibacterial; for skin irritations and bruises

**Application:** for body treatment

Item No.	Amount	Notes
11406-201	1 piece	
11406-201	from 12 pieces	
11406-201	from 60 pieces	



## Pantai herbal stamps – Calmer, for facial treatments, blue

This fragrant face stamp is lovingly hand-made in house. It contains 100% powerful herbs, without any wadding or other fillers.

**Contains:** orange blossoms, mallow blossoms, St. John's wort, lemon balm leaves, cinnamon, etc.

**Effect:** soothing, balancing, anti-inflammatory, muscle relaxant, antibacterial;

recommended for skin irritations  
**Application:** for treating the face and décolleté

Item No.	Amount	Notes
11406-221	1 piece	
11406-221	from 12 pieces	
11406-221	from 60 pieces	



## Pantai herbal stamps – Red Roses

This fragrant face stamp is lovingly hand-made in house. It contains 100% powerful herbs, without any wadding or other fillers.

**Contains:** rose petals

**Effect:** harmonising, relaxing, muscle relaxant, slightly cooling, slightly circulation boosting, moisturising

**Application:** for treating the face and décolleté

Item No.	Amount	Notes
11406-223	1 piece	
11406-223	from 12 pieces	
11406-223	from 60 pieces	

## Pantai stamp massage seminars

At the Kurland training centre, we offer courses on professional Pantai Luar® stamp massage and on our Pantai Herbal Belle Visage stamp massage. For more information and dates, see: [www.spa-ausbildung.info](http://www.spa-ausbildung.info)

## HAMAM SOAP MASSAGE – pampering like in the Orient



Enveloped in wonderfully silky soap suds, your guest gets a gentle, refreshing massage on the pleasantly warm wet massage table. Cleanses, stimulates the circulation and leaves the skin fresh and radiant.

An unforgettable experience with Oriental flair awaits your guests. With our hamam soap, the fleece or silk pouch or our hamam soap foam unit, you have the perfect accessories for a heavenly foaming result. For even more comfort, use our soft water-repellent and oil-repellent covers.

## Hamam – the traditional Oriental bathing culture

In the Islamic tradition, it is still customary today to perform the hamam bathing ceremony at least once a week, or at the very least before special occasions. This bathing culture has developed over thousands of years. The oldest and most beautiful bath houses can still be found in Anatolia today.

A hamam was traditionally used not for cleaning the body and relaxation, but predominantly as a meeting point for communication. Here, news was exchanged in a relaxed atmosphere. In Central Europe we have only adopted a part of this culture, the part which is used for cleansing and

relaxation. For us, heavenly fragrances, pleasant light and a comfortable atmosphere should allow you to forget all your stress.

The actual benefit belongs to a sojourn in this atmosphere: a steam bath as well as the traditional brush and soap massage in which well-trained hamam masters take plenty of time for each guest.

These treatments should provide relaxation as though there were no more responsibilities and deadlines.





## Hamam accessories for professional treatments



### Hamam soap

Wonderfully foamy and nourishing hamam soap in a 200 g bar with precious olive oil and a pleasant soap fragrance.

Content	Item No.	Notes
200 g	11500-061	



### Silk pouch for soap massages

reusable, made from 100% silk for the original hamam soap massage, washable up to 30°C.

Sizes	Item No.	Notes
60 x 90 cm	25021-004	

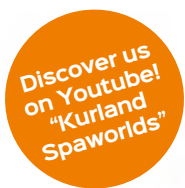


### Fleece pouch for soap massages

single use, in two sizes

Sizes	Item No.	Notes
Short 31.5 x 49.5 cm	25021-001	
Long 31.5 x 100 cm	25021-005	

## Hamam soap foam unit for connecting to the Permanent Contour® device



### Hamam soap foam unit

Perfect soap foam made simple: connect the hamam soap foam unit to your Permanent Contour® device, place an olive soap insert into the opening (see operating instructions) and the soap foam production starts. **Tip:** add a tablespoon of an oil blend of your choice to it – for wonderfully fragrant soap foam.

Sizes	Item No.	Notes
24 x 10 x 14 cm	74080-021	



### soap insert for the hamam soap foam unit

Contains premium soap with olive oil. **Effect:** the fine soap flakes produce a soft, fine foam that gently cleans skin and does not dry it out thanks to the olive oil. For use with the hamam soap foam unit.

Content	Item No.	Notes
3 pieces in a box	11409-100	
100 pieces in a box	11409-102	

## Hamam accessories – for professional treatments



### Cover for wet massage table

Soft padded cover, oil and water-repellent with waterproof zip, colour: light beige **not 100% waterproof.**

Sizes	Item No.	Notes
168 x 70 x 4.5 cm	20020-103	



### Neck pillow

Soft padding, oil and water-repellent, colour: light beige, **not 100% waterproof.**

Sizes	Item No.	Notes
21.5 x 19 x 4.5 cm	20020-026	



### Knee bolster

Soft padding, oil and water-repellent with waterproof zip, colour: light beige, **not 100% waterproof.**

Sizes	Item No.	Notes
60 x 20 x 11 cm	20020-025	

### Cover set for wet massage table

Contains:

- Cover (168 x 70 x 4.5 cm)
  - Neck cushion (21.5 x 19 x 4.5 cm)
  - Knee bolster (60 x 20 x 11 cm), all as described above
- oil and water-repellent, but not 100% waterproof, the foam can be removed from the cover and knee bolster, washed and dried.  
The entire set is coordinated in light beige.

CHEAPER  
IN THE SET!

Item	Item No.	Notes
Set: 1 cover, 1 neck pillow and 1 knee bolster	A3300-403	



## Hamam seminars

At the Kurland training centre, we offer seminars on professional hamam treatments. On the left, you can see a hamam room, designed by us, on the Reiter Alm in Airing.

For more information and dates, see: [www.spa-ausbildung.info](http://www.spa-ausbildung.info)

# SASSI DEI VULCANO

## Relaxation with stones



Relax, balance and soothe with warm, energising basalt stones and with cooling marble stones.

### Sassi dei Vulcano – original basalt stones

This set contains 50 smooth, shiny black basalt stones in a variety of sizes from Arizona; they are also suitable for tapping massages.

**Application:** the stones are heated to just the right temperature in the warming unit (see page 119), and then laid along the body's energy lines. Their effect can be felt even before the massage begins.

**Effect:** the warmth generated stimulates the circulation and relaxes the muscles.

Item	Item No.	Notes
Set with 50 stones	15200-006	



### White marble massage stones

This set contains 2 large marble stones (Ø approx. 8.5 x 6.5 x 5 cm).

**Application:** the cool marble stones are used in the leg area in combination with a warm basalt stone for alternating hot and cold.

**Effect:** the alternation between hot and cold stimulates the circulation and relaxes the muscles.

Item	Item No.	Notes
Set with 2 stones	15200-005	



## Tapping massage

The black basalt stones are almost unbreakable and therefore ideal for tapping massages. Learn hot and cold stone massage techniques at our Kurland training centre. Details and course dates are available at: [www.spa-ausbildung.info](http://www.spa-ausbildung.info)



### Oil for stone massage

The wonderfully moisturising oil blend is rich in unsaturated fatty acids and vitamins.

**Contains:** macadamia, olive, almond, aloe vera and linseed oil, etc.

**Application:** this oil is used together with basalt and marble stones in the Sassi dei Vulcano treatment.

**Effect:** soothing and circulation boosting, provides moisture. Leaving skin feeling pleasantly relaxed, refreshed and soft.

Content	Item No.	Notes
1 litre bottle	01571-01000	
3 litre bag in box	01571-03000	
5 litre canister	01571-05000	

# KURLAND® SINGING BOWL

## With sound for deep relaxation



In India and Nepal, singing bowls have been used for more than 5,000 years in order to put people in a state of deep relaxation during meditation.

With our singing bowl, you put your guests into a pleasant state of relaxation.

### Special features:

- produced using traditional, Nepalese handicraft
- developed for us by a Tibetan monk
- every bowl is unique
- made from 7 metals
- rich, deep sound
- long reverberation

## Can sounds heal? The effects of sound

The tones of a singing bowl take effect in two ways: our ears hear the wonderfully pleasant sound, and our bodies feel the vibrations. If you want to make these vibrations visible then you can strike the water-filled singing bowl with the clapper. Concentric circles form immediately and remain for a long time. Our body, which is up to 80% water, also senses this vibration and experiences it as a gentle "inner massage". This treatment stimulates far deeper than a manual massage can.

If a singing bowl is placed on a person's body and struck, then these vibrations are transferred to the body, where they spread bit by bit and bring things back into balance. Ten-

sions should ease, self-healing powers are activated and energy is released. Singing bowls can have a soothing effect, but can also be invigorating and vitalising. The relaxation occurs on both a physical and a mental level. Sound and vibrations bring us back into balance and increase well-being. Fundamentally, you can say: the larger the bowl, the deeper the tone, and the deeper the tone the more relaxing the effect.

### Kurland® singing bowl

Our Kurland® singing bowl is made by hand. If it is struck, it has a round, full, deep tone which lasts for a minute. Thanks to its size, it is also suitable for foot baths with herbal extracts of an infusion. It is supplied with a clapper and cushion.

Sizes/weight	Item No.	Notes
Ø approx. 38 cm, approx. 5.5 kg	21230-001	

### Possible treatments:

- for singing bowl massages
- for sound meditation
- for autogenic training
- for yoga
- for welcome rituals
- for hand and foot baths



### Singing bowl massage

- Can be particularly helpful for:
- Stress and sleep disorders
  - Trouble concentrating
  - Tension
  - Pain
  - High blood pressure
  - Migraines
  - Abdominal pain
  - Digestive disorders
  - Joint pain

# APPLIANCES:

## spa and other accessories

Of course, with our accessories you can count on the best quality, for a long service life even with daily use. Here, you can also find accessories and professional supplies for day-to-day spa use and for many cosmetic treatments.

**Our range includes:**

- Pantai preparation unit
- Warming units
- Compress warmers
- Empty cream jars
- Measuring spoons, and much more



## Devices for preparation and warming



### Combi 200 & 400 preparation unit

For warming heat carriers (for moor mud and hay). Moor mud hand packs, classic fango or salt mud packs, oils, creams, salt sheets, stones, fango paraffin, etc., can be warmed and kept warm in the accessory tub. With the trolley, you have a mobile device in the blink of an eye – equipped with 2 fixed and 2 swivel castors.

**Application:** simultaneous warming of 4 to 6 size I heat carriers (Combi 200), or 10 to 12 heat carriers for the Combi 400.

**Technical specifications:** 230 V unit voltage, Combi 200: 700 W output, Combi 400: 2x 700 W output

**Weight:** Combi 200: 10 kg, Combi 400: 21 kg

**Temperature control range:** 30-80°C

**Capacity:** Combi 200: 24 litres, Combi 400: 2x 24 litres

Item/sizes (W/D/H)	Item No.	Notes
V 200 54 x 33 x 29 cm	75660-002	
Trolley V 200	75660-003	
V 400 66 x 54 x 29 cm	75660-004	
Trolley V 400	75660-005	



200 variant with trolley



**Hot Towel Cabi with UV light**

For warming around 12 (or more, depending on the size) damp compresses at the same time. With removable baskets – the Hot Cabi is therefore very easy to fill. Simple device operation with an on/off switch, ready to use after the pre-heating phase, internal automatic temperature regulation between 70-77°C.

**Technical specifications:** 230 V unit voltage, 250 W output  
**Weight:** 5.2 kg

Sizes (W/D/H)	Item No.	Notes
36 x 28 x 43 cm	74201-007	



**Warming unit, square with shelf**

The square warming unit is made from stainless steel and can warm up to 2 sets of massage stones (approx. 100 stones) or 2 size I heat carriers or herbal packs when completely filled. Continuously adjustable up to 100°C.

**Application:** warming massage stones, moor mud heat carriers or herbal packs

**Technical specifications:** 230 V unit voltage, 1,000 W output  
**Weight:** 8.4 kg

Sizes (W/D/H)	Item No.	Notes
61.5 x 33.5 x 28 cm	74201-203	



**Warming unit, round**

This stylish warming unit is suitable for warming massage stones or for keeping soap foam warm. It is made from heat-resistant polypropylene. Continuously adjustable up to 100°C.

**Technical specifications:** 230 V unit voltage, 500 W output, 6.8 litre capacity,  
**Weight:** 5.8 kg

Sizes	Item No.	Notes
Ø 40.5 cm Height 24.8 cm	74201-004	



**“Pantai” preparation unit**

For Pantai Luar® and Pantai Herbal Belle Visage treatments. Temperature range up to 135°C. Made from stainless steel.

**Application:** for warming Pantai Luar® and “Pantai Herbal Belle Visage” stamps.

**Technical specifications:** 230 V unit voltage, 300 W output,  
**Weight:** 5.12 kg

Sizes (W/D/H)	Item No.	Notes
41.5 x 21 x 16 cm	75661-201	



**Guest table top preparation unit, recessed, size I**

This preparation unit made from chromium nickel steel warms 13 to 15 moor mud heat carriers (size I) at the same time and is therefore an indispensable helper in physiotherapy practices. Right-hand screw-on tap. Also available as a preparation trolley.

**Technical specifications:** 230 V unit voltage, 1500 W output

**Weight:** 20 kg

**Other models made from chromium nickel steel with larger capacity volumes upon request.**

Item/sizes	Item No.	Notes
Table top preparation unit, recessed (W/D/H) 65 x 42 x 41 cm	75600-001	
Preparation trolley, recessed (W/D/H) 42 x 65 x 86 cm	75600-022	

## Spa and other accessories

### Brushes, jars, cosmetic and tub accessories



#### Fan brush

The fan brush is particularly suitable for the precise and hygienic application of masks and packs.

With skin-friendly brush hairs.

**Length:** approx. 19 cm.

Item	Item No.	Notes
Fan brush	20000-003	



#### Crescent-shaped tub cushion

The crescent-shaped tub cushion ensures relaxed lying in the bathtub. It is inflatable, washable, waterproof and can be attached to the bathtub rim in the desired position using suction pads. It can be removed with no residue.

Sizes	Item No.	Notes
43 x 23 cm	20020-002	

#### Shell-shaped tub cushion

The shell-shaped tub cushion is also inflatable, washable, waterproof and can be attached to the bathtub in the desired position using suction pads. It can be removed with no residue.

Sizes	Item No.	Notes
57 x 38 cm	20020-007	

### Recipe tip

Our Kurland® aloe vera oil, apple Cell Cream (just a pinch) and the masks from our Classic care line, for example, are suitable for towel masks.

Simply mix with 30 ml of warm water, add the pill mask, unfold and apply. Leave it to work for between 10 and 15 minutes.



#### Fleece face masks (pill masks)

The practical pill masks, in a 6 pack, are the ideal towel masks for facial care: mix 30 ml of

water with a Kurland® care product (see the box above for recipes). Place the pill mask into the mixture. Once it is saturated, it can be unfolded and placed on the face. Our towel masks have gaps for the eyes and nose.



Content	Item No.	Notes
6 pack blister	11504-001	



## Gabi jar, Olga jar

Practical jars with screw lids and intermediate covers for filling with your home-made creams – in two different sizes:

**Gabi jar:** 30 g jar, semi-transparent,

**Olga jar:** 50 g jar, pure white.

Sizes	Item No.	Notes
Gabi for 30 g	25210-00030	
Olga for 50 g	25210-00050	



Gabi jar,  
30 g filling volume



Olga jar,  
50 g filling volume



CHEAPER  
IN THE SET!

## Bamboo brush, broad or narrow and as a set

Our bamboo brush is available in two widths:

**narrow:** 3.5 x 15 cm

**wide:** 6.5 x 15 cm

The brush hairs are skin-friendly, soft and absorbent and are also suitable for the large-scale application of care products. The decorative handle is made from bamboo and rests beautifully in the hand. Choose the broader brush for body treatments. Also available as a set.

Item	Item No.	Notes
Bamboo brush, narrow	21503-027	
Bamboo brush, broad	21503-028	
Bamboo brush set	21503-029	



## PET pump bottle, oval

You can fill this practical PET bottle with oils mixed at home. You can dispense exact amounts thanks to the pump lid.

Volume	Item No.	Notes
250 ml	25483-004	



## Face brush, Acrylic

The face brush stimulates blood circulation and removes excess dead skin cells. The result: a radiant complexion. Length: approx. 13 cm.

Item	Item No.	Notes
Face brush	20000-004	

## Measuring spoon set, four-part

For measuring your own mixtures and recipes, with four different measurement units (1 tablespoon, 1 teaspoon, ½ a teaspoon, ¼ of a teaspoon) in a timeless design and made from long-lasting stainless steel.

Item	Item No.	Notes
Measuring spoon set	20680-001	



## The perfect bowl made from natural material for mixing, stirring and application



### For information:

- waterproof
- food-safe
- dishwasher-safe
- colourfast
- suitable for oils, creams, salts and herbs
- for making individual cream peels, cosmetic and body packs

### Kurland® bowl, small 10 cm Ø, in three colours

Our new small Kurland® bowls are ideal for mixing individual recipes for facial treatments or for soaking pill face masks. Available in three attractive colours.

Bowl 10 cm Ø	Item No.	Notes
Slate	21510-101	
Natural white	21510-102	
Orange	21510-103	

With our new Kurland® bowls, we have found the perfect accessory for you for mixing individual application recipes. The material is made from bamboo fibre and resin, is waterproof, food-safe, dishwasher-safe and colourfast, and has a velvety finish.

### Kurland® bowl, large 16 cm Ø, in three colours

The large Kurland® bowls are suitable for mixing body exfoliation treatments and packs. Oils, essential and perfume oils, herbal extracts or salts can also be mixed and processed perfectly in these bowls. – Available in three attractive colours.

You can blend your mixtures perfectly in our new bowls and apply them directly from the attractive bowl. Also suitable for creams, oils, essential oils, herbal extracts or salts. The material has natural fibre inclusions.

Bowl 16 cm Ø	Item No.	Notes
Slate	21510-001	
Natural white	21510-002	
Orange	21510-003	



## Amber glass bottles for oils and oil blends



### Amber glass bottles

If you want to bottle natural oils in the best possible way and keep and store them for as long as possible then you should rely on our amber glass bottles. Glass is the best material for storing oils and the brown colouring protects the contents against light and oxidation. The sizes with 100 ml and 10 ml filling volumes are supplied with a childproof cap.

Volume	Item No.	Notes
<b>with childproof cap</b>		
100 ml	25420-263	
10 ml	25420-213	
<b>with black screw lid</b>		
1 litre	25440-262	
500 ml	25440-241	
200 ml	25440-221	
75 ml	25440-211	

## Water purifiers and cleaning agents for preparation units, Soft-Pack® systems and King's baths



### Stable Aqua

Inhibits algae growth and odours and stabilises the water. Great value – just a few drops is enough. Particularly suitable for stabilising the water in preparation units for heat carriers, Schroth packs, oil bottles, etc. Simply add to the water according to the operating instructions.

Content	Item No.	Notes
100 ml	54140-001	



### Micropur water stabiliser

This water stabiliser inhibits algae growth and odours using natural methods (silver ions). Particularly suitable for the preparation of large quantities of water (e.g. Soft-pack® system). Simply add to the water according to the operating instructions.

Content	Item No.	Notes
100 ml	54140-003	



### “Copper fix” tub polish

Tub polish is the ideal cleaning agent for the copper King's bath and all other copper surfaces. Provides shine without scratching.

Content	Item No.	Notes
1 litre	54142-021	

# SHEETS & FLEECES



hygienic underlays for dry, damp or oily treatments



Sheets & fleeces are your hygienic companions for all treatments in spa and wellness businesses.

We provide you with a large selection of high quality underlays for all purposes. Handy help: our pre-cut sheeting and fleece. They protect massage tables and are perfectly suited for treatments in the Soft-Pack® system or as covers for cosmetic treatments. Towels delivered on the roll can individually be cut to the appropriate size.

## Covers and fleeces for creamy and runny treatments and body packs

Item, properties	Treatment type	Item No.	PU*	Notes
 <p><b>Coated lining, pre-cut, 160 x 210 cm</b> Waterproof cover with a tissue-like coating on one side, pleasant to the touch; ideal for all creamy and nourishing treatments in the Soft-Pack® system or on the massage table, pre-cut to 160 x 210 cm</p>	for oil or cream treatments on massage tables	14400-001	50 pieces	
 <p><b>Coated lining, roll of 100 running metres</b> Waterproof cover with a tissue-like coating on one side, pleasant to the touch; ideal for all creamy and runny treatments in the Soft-Pack® system or on the massage table, to be cut by you</p>	for oil or cream treatments on massage tables	<b>60 cm wide</b> 14000-00600 <b>90 cm wide</b> 14000-00900	1 piece 1 piece	

\* Packing unit

Item, properties	Treatment type	Item No.	PU*	Notes
<p><b>Stamped film, 160 x 210 cm</b> Waterproof, finely structured, extremely strong; ideal for runny and creamy treatments (algae, Comfort Spa, salt sheets, etc.) in the Soft-Pack® system and on the massage table; body heat makes the film soft and smooth</p>	For infusion and wet treatments, algae, healing chalk, Bolus alba treatments	14020-001	100 pieces	
<p><b>White film, 200 x 250 cm</b> Waterproof, extremely strong; Custom sizes for more portly guests; treatments as for the structured film</p>	for infusion and wet treatments, moor mud, Alpine hay, algae, chalk, cucurbita, mud treatments	14020-021	100 pieces	
<p><b>HDPE film, perforated at 170 x 200 cm</b> Waterproof, thin cover for treatment and massage tables, 600 running metres on the roll with 300 tear-offs</p>	for oil or cream treatments on massage tables, mud and chalk treatments	14020-041	1 piece	
<p><b>Large film inserts, 250 x 300 cm</b> Waterproof, extremely strong; ideal for runny and creamy treatments (algae, Comfort Spa, salt sheets, etc.) in the Soft-Pack® system and on the massage table; body heat makes the film soft and smooth</p>	for infusion, wet or creamy and oily treatments	14024-002	100 pieces	



Still have questions?






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## Covers and towel wraps

Item, properties	Treatment type	Item No.	PU*	Notes
 <p><b>Towel wrap, 210 x 160 cm</b></p> <p>Washable (40°C), non-iron, non-woven towel; ideal for treatments on the massage table, for rest after treatments and for covering loungers in the sauna and rest area; an alternative to conventional sheets</p>	 <p>infusion and wet treatments</p>	14300-202	5 pieces	
 <p><b>Dermatvlies, roll, 100 cm wide</b></p> <p>Highly absorbent, fluffy fleece, gentle on the skin. For liquid treatments such as brine, milk/oil, herb infusions; for use in the Soft-Pack® system or on the massage table; put waterproof film underneath!</p>	for oily, creamy or infusion and wet treatments on massage tables	<b>100 running metres</b> 14402-001  <b>300 running metres</b> 14402-003	1 piece  1 piece	
 <p><b>Dermatvlies, pre-cut, 100 x 180 cm</b></p> <p>Highly absorbent, fluffy fleece, gentle on the skin. For liquid treatments such as brine, milk and oil and herb infusions; for use in the Soft-Pack® system and on the massage table; put waterproof film underneath!</p>	for oily, creamy or infusion and wet treatments on massage tables	14403-001	100 pieces	
 <p><b>Disposable sheet, 65 cm wide, 100 running metres</b></p> <p>Pleasant, soft, moisture-binding fleece for covering treatment and massage tables</p>	for cosmetic treatments, massages	14420-00650	1 piece	
 <p><b>Disposable towel, 90 x 210 cm</b></p> <p>Soft and highly absorbent fleece; ideal for resting after creamy or oily treatments; also suitable as a cover for treatment couches and massage tables</p>	for dry or creamy and oily treatments	14440-045	50 pieces	
 <p><b>New!</b> <b>"Premium" towel wrap, 210 x 160 cm</b></p> <p>fluffy, non-iron non-woven towel, washable to 60°C, use like "towel wrap, 210 x 160 cm"</p>	 <p>dry treatments</p>	14300-203	2 pieces	
 <p><b>Sanitary paper, perforated, 59 cm wide, 50 running metres</b></p> <p>Cover for massage, treatment and diagnosis tables, made from a cellulose mix, 139 tear-offs per roll, perforated every 36 cm</p>	dry treatments	14442-001	1 piece	

\* packaging unit

## Covers for equipment

Item, properties	Treatment type	Item No.	PU*	Notes
<p><b>Pre-cut fleece sections for Kraxenofen®,</b> 160 x 120 cm</p> <p>With waterproof PE coating on one side, for use in Kraxenofen®</p>	for Kraxenofen®	14440-001	100 pieces	
<p><b>Mat, pre-cut</b> 40 x 30 cm</p> <p>Ideal hygienic cover for seating areas (sauna, steam bath and Rasul®) and head cushions, ideal as a floor mat</p>	for sauna, steam bath, Rasul®	14440-021	100 pieces	
<p><b>Pre-cut fleece sections for Sabbia Med®,</b> 75 x 200 cm</p> <p>Pleasantly soft cellulose mix, sweat-proof and waterproof, suitable as a cover for Sabbia Med®; also ideal for covering treatment couches</p>	Sabbia Med®	14440-041	50 pieces	
<p><b>Fleece for Body Conclusio,</b> 160 x 180 cm</p> <p>With waterproof PE coating on one side; for Body Conclusio treatments</p>	Body Conclusio	14440-101	1 piece	
<p><b>Insulating mat</b></p> <p>For easy temperature control for Soft-Pack® system treatments (e.g. for vein complaints and sensitivity to heat)</p>	Soft-pack® system	<p><b>without window</b> 14320-201</p> <p><b>with window</b> 14320-202</p>	<p>1 piece</p> <p>1 piece</p>	



Still have questions?

Simply give us a call!  
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# KURLAND® TRAINING CENTRE

Our spa and wellness training centre



Knowledge is success. Knowledge is capital. In our Kurland® Training Centre, professional groups from the spa and wellness industry can continue their education, learn about the latest spa research findings and take another step towards success with our know-how.

Alongside classic seminars, in which you learn a wide range of types of massage and professional treatments, we also offer a range of special training seminars in which the focus is on the correct handling of our systems and equipment as well as the effective use of the Kurland®

products. Our offer covers a wide range of seminars for full body treatments and treatments for selected body parts. Upon request, we also offer special seminars completely tailored to our customers' requirements. Exciting workshops and seminars on topics

such as skincare or dos and don'ts when dealing with guests are also crucial course content. Our courses take place year round.

**Upon request, we are also happy to offer on-site training at your premises.**







## Efficient learning in a perfect atmosphere

High up in a perfect atmosphere, in Ainning, with an incomparable panoramic view of the neighbouring Austrian mountains and the city of Salzburg, is the idyllic Reiter Alm.

Of course, you can also stay overnight at the Reiter Alm during the training seminars and admire the wonderful sunrise before breakfast. You thus take not just knowledge but unforgettable memories home with you from your seminar.

All of the Kurland® Training Centre training courses take place here. Our professional team of trainers, comfortable seminar rooms and modern equipment await you. During breaks, the Restaurant der Reiter Alm provides you with its excellent cuisine. After the seminars, the spa and wellness area on the premises is perfect for relaxation.



## Range of seminars:

- Classic massage
- Energy point massage
- Foot reflexology
- Herbal stamp massages
- Permanent Contour® treatment
- Hamam soap massage
- Kurland® cosmetics
- Kurland® products
- Treatments in the Soft-Pack® system
- Etiquette – the right way to deal with your guests in the spa

You can find more information about our range of seminars at:

[www.spa-ausbildung.info](http://www.spa-ausbildung.info)  
or phone.:  
**+49-8654-4887-43**

## Your contact person



Esa Ranta  
CEO



Oliver Bauer, Head  
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Edyta Pochopień  
Training



Ingrid Hogger  
Organisation

# FORM

## for ordering via fax

Germany: +49 (0) 8654/48 87-55 | Austria: +43 (0) 662/82 17 40

Item/description	Item No.	Quantity	Unit price in €

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First name: \_\_\_\_\_ Last name: \_\_\_\_\_

Street: \_\_\_\_\_ Postcode / town or city: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

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Date: \_\_\_\_\_ Signature: \_\_\_\_\_

**Direct debit:** Pay simply and easily by direct debit (in DE and AT) and get a 3% discount – simply download and complete the SEPA core direct debit mandate and return it to us: <http://www.kurland.de/en/service/download.html>

# GENERAL TERMS AND CONDITIONS

## Delivery & payment

### General information

This catalogue replaces all previous price lists, catalogues and offers. Prices are non-binding and subject to change.

### Prices, delivery and payment terms

All prices are given in Euro (€) and exclude statutory VAT. Subject to price changes. Errors and omissions excepted. For delivery from a net order value of €150, shipping of the goods within Germany and Austria is free of charge, from a net order value of €350 to South Tyrol and Switzerland. Risk is transferred to the purchaser as soon as the goods are handed over to the party responsible for transport or leave the seller's factory for delivery. At the request of the purchaser, deliveries can be insured on behalf of the purchaser at the purchaser's cost. For payment by direct debit (for DE and AT) 3% discount, payment within 8 days of receipt of the invoice 2% discount or payment within 30 days no discount, for South Tyrol and Switzerland payment within 30 days no discount. Bank charges for chargebacks in the event of disputed/refused payments or an insufficient credit balance shall be borne by the purchaser. Natural disasters, poor harvests and changes on the global market cannot be foreseen; the prices for oils and herbs are therefore non-binding.

### Ordering

Orders can be placed by telephone, fax or e-mail. Orders are binding and governed exclusively by our delivery and payment terms. A written order

confirmation shall only be provided if explicitly requested by the customer. The purchaser is responsible for ensuring that orders are correct and lawful. We do not examine the correctness or lawfulness of orders.

### Inspection of goods received

The good must be checked in the presence of the delivering party to ensure that they are complete and undamaged before the delivery documents are signed, i.e. before you accept the goods. For insurance reasons, complaints at a later stage cannot be accepted. By signing, you confirm that you have received a complete and undamaged delivery.

### Returns and replacements

Returns and replacements are only possible following written agreement. We reserve the right to return, at the customer's cost, items that have been returned to us without our agreement. We reserve the right to charge an administrative fee (based on cost) for handling returns.

### Retention of title

Deliveries are made under full retention of title. The seller shall retain title until payment is made in full, even upon resale by the purchaser.

### Applicable law, competent courts and severability

(1) These general terms and conditions and all business between the seller and purchasers based in Germany or abroad shall be governed by the law of the Federal Republic of

Germany with the exception of business with purchasers based in Austria, which shall be governed by the law of the Republic of Austria.

(2) If the purchaser is a merchant entered in the commercial register [*Vollkaufmann*] as defined in the Commercial Code [*Handelsgesetzbuch*], a legal person under public law or a public-law special fund, in Germany the courts of Traunstein and in Austria the courts of Salzburg shall have sole jurisdiction for all disputes arising from or in connection with the contract.

(3) In the event that one of more provisions of these general terms and conditions or any provision of any another agreement be or become invalid, this shall not affect the validity of the remaining provisions.

### Closing provisions

In the event that any part or passage of these terms and conditions become invalid as a result of changes in the law of obligations or in any other statutory provisions, the legally effective provision pursuant to the Commercial Code [HGB] that most closely corresponds to the actual meaning and business purpose of the invalid part or passage shall apply. The same shall apply in the event of any omissions. Prices subject to change. Printing errors excepted. All prices are given in euros (€) and exclude statutory VAT. Our above delivery and payment terms shall apply exclusively. Product illustrations do not have to match the actual products.

Prices valid from 01 September 2017

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facility design  
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equipment  
for therapy and  
spa facilities



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