# GLENTRESS NATURE LOOP & MANOR VALLEY (1)

(15.8 MILES, 25.4 KM)

Enjoy panoramic views of the Tweed Valley and Manor Valley on this 'figure of eight' loop from Peebles. **visitscotland.com/cyclingroutes** 



## ROUTE DETAILS

LEVEL Intermediate



DESCRIPTION

Cycle path, gravel forest road, and minor country roads with light traffic.

TIME

 $2^{1/2} - 3^{1/2}$  hours

### **VIEWPOINTS / ATTRACTIONS**

- JANETS BRAE EH45 8BJ
- B ELECTRIC BLUE MOUNTAIN BIKE TRAIL EH45 8NA
- MANOR SWARE EH45 9JE
- VIEW OF PEEBLES EH45 9JE

### **ROUTE PROFILE**

Total Ascent 1,142m

**Highest Point 396m** 

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### **ROUTE DESCRIPTION**

From Whitestone Park, cross the road to join the Tweed Valley Railway Path for 4 miles before turning left to Glentress

Pass the visitors centre, climbing steadily up the forest road to the Buzzards Nest car park, where you bear left for panoramic views across the valley and a fast-sweeping descent down 'Janet's Brae' towards Peebles.

Turn sharp right at the bottom, retracing your route to the start. By contrast, the second half of the route takes you through the open countryside, skirting the forested Cademuir Hill before crossing Manor Water, where a right turn takes you through Kirkton Manor. Take the next obvious right turn to cross the 300-year-old 'Old Manor Brig', for a short but sustained climb up to the Sware Viewpoints.

Enjoy panoramic views of Manor Valley and Peebles before a sweeping descent takes you back into town. Bear right and retrace your route to the start.

# POWEROFTHEBIKE





### **ROUTE LEVEL CLASSIFICATIONS**

Introductory

<15 KM FEW TO NO HILLS Intermediate

DISTANCE 15-35 KM
TERRAIN SOME HILLS

Challenging

DISTANCE >35 KM TERRAIN HILLY

THE DISTANCES MAY VARY SLIGHTLY FROM THE CLASSIFICATION DEPENDING ON THE AMOUNT OF HILLS AND THE NATURE OF THE ROUTE

### FRIENDLY STOPS

#### THE PEEL CAFÉ

DISTANCE

**TERRAIN** 

Glentress, EH45 8NB 01721 724571



#### **ALPINE BIKES**

Glentress, EH45 8NB 01721 724522



#### **BSPOKE CYCLES**

Old Tweeddale Garage, Innerleithen Rd, Peebles, EH45 8BA 01721 723423



#### PEEBLES HYDRO

Innerleithen Rd, Peebles, EH45 8LX 01721 720602

