

## SAP Diploma in Jungian Psychodynamic Psychotherapy with Adolescents and Young Adults



### Adolescence onwards: Working with the interminability of a mental state

#### A two year Diploma Course

For qualified counsellors, psychotherapists, psychologists, and analysts registered with BACP, UKCP, BPS, or BPC and qualified, English-speaking therapists living, practising and registered in other countries.

With limited therapeutic services available to the transitional age group ranging from 15-16 (mid-adolescence) until 24-25 (young adulthood), there is increasing pressure and demand on therapists in private practice and charities to treat patients within this group.

This course has been developed to further the therapist's skill and support when working with this challenging developmental stage.

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#### Course Aim

This course will focus on the adolescent "state of mind" and its interminability. This means that, although much of the theory and clinical work will be focused on adolescents and young adults, the attention will be on a mental functioning that is potentially interminable and can be found at any age. In addition, the term "interminability" refers to the evidence that in contemporary Western societies, fluidity and vagueness around transitions are in the foreground and constitute quite a challenging problem.

The course will support a learning and experiential space for the therapist to discover what it will mean to allow the patient's core anxieties—conscious and unconscious—to emerge in the service of development. The course will give close attention to transference and counter-transference manifestations and to the central significance of observation.

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## To apply

Application forms and further information from: Urvi Bhatt, Training & Education Manager, tel: 020 7419 8898 email: [training@thesap.org.uk](mailto:training@thesap.org.uk) or on our website at <https://www.thesap.org.uk/training-and-courses/advanced-professional-development-courses/adolescent-diploma/>

**Application deadline: 30 June 2023**

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## General course information

**Structure:** The course is a two-year programme covering 6 modules, three modules per year

Module 1 & Module 4: October – December

Module 2 & Module 5: January - March

Module 3 & Module 6: April – June

**Format:** The Saturday seminar day will be split into a morning seminar

This will be followed by group supervision of clinical material in the afternoon.

In addition to this, course participants will also have weekly individual supervision of patients seen in a therapeutic setting.

Participants can choose to attend as many or as few modules as they wish to. However, we strongly recommend that participants sign up for at least three modules in a row.

Participants who attend all six modules over two years will be asked to write a 5000 word clinical paper on one of the cases seen in individual supervision and complete two 1-0-1 yearly supervisions on two adolescent cases.

**Caseload:** Participants are expected to see two adolescent patients (hopefully belonging to different age groups), in at least once-weekly psychotherapy, for a minimum of six months each. Each case will have to be brought to discussion in weekly individual supervision, hopefully for the durations of the treatment (at least for six months each). One of the two supervisors must be an SAP analyst; the second can be a qualified child psychotherapist registered with other official organizations. Other cases will be brought to group supervision. Each participant will also have to write a report on one of the cases discussed in individual supervision.

**Award:** Those who attend all six modules, complete two 1-0-1 yearly supervisions on two adolescent cases AND write the clinical paper will receive the **SAP Diploma in Jungian Psychodynamic Psychotherapy with Adolescents and Young Adults**.

Those who attend less than six modules and/or do not write the paper and/or do not complete the two 1-0-1 yearly supervisions will get a **Certificate of Attendance**.

Both the Diploma and the Certificate will count towards Continuous Professional Development credits.

**Venue:** Online

**Convenor:** Dr Francesco Bisagni

**Fees:** £1400 (single payment) or 3 instalments of £500/- each

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## About the Course Convenor

**Dr Francesco Bisagni** is a training analyst of the SAP, a Tavistock trained child and adolescent psychoanalytic psychotherapist, and a psychoanalyst of the National Association for the Advancement of Psychoanalysis in the US. He is the Chair and Training Analyst of the Centre for the Studies in Contemporary Psychoanalyses in Milan, where he lives and works in private practise with adults, adolescents and children.

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## About some of the Seminar Leaders

**Anne Alvarez** is a child psychotherapist who has worked for many years with autistic and psychotic children. She has published extensively on the Journal of Child Psychotherapy and the International Journal of Psychoanalysis. She has also published two books: *The Thinking Heart: Three Levels of Psychoanalytic Work in Psychotherapy with Children and Adolescents* (2012) Routledge, and *Live Company: Psychoanalytic Psychotherapy with Autistic, Borderline, Deprived and Abused Children* (1998) Routledge

**Elizabeth Anscombe** is a Child and Adolescent Child Psychoanalytic Psychotherapist trained at the Tavistock Clinic and qualified in 2009, she is a highly specialist Child Psychotherapist for Eating Disorders at The Royal Free Hospital, where she undertakes assessments, treats patients and has set up groups for adolescents who are being treated for an Eating Disorder. Elizabeth along with Alessandra Cavalli has set up, designed and is one of the course organiser for CPD 50-at The Tavistock Clinic, for 'Psychodynamic Approaches To Eating Disorders', which has been successfully running for the last five years. Elizabeth previously worked as an Art Psychotherapist, having trained at Goldsmiths College, she likes to incorporate her art therapy skills in the psychodynamic work when treating the young people and when Elizabeth teaches and gives presentations she likes to use visual imagery to illustrate psychoanalytic concepts.

**Eduardo Pitchon** is an Adult & Child psychotherapist and Social Psychologist. He has worked in various clinical settings in the UK and internationally. He also teaches in the UK and internationally. He has a particular interest in education and working with closed communities

**Marica Rytovaara** is a training analyst for the SAP and the Association of Child Psychotherapists (ACP). She is a full-time Consultant in Adolescent Psychotherapy in an adolescent inpatient unit (NHS) in London. Marica has written several articles about adolescence and teaches widely. She received the Michael Fordham Prize 2010 for 'The transcendent function in adolescence: miracle cures and bogeymen'.

Note: This is the planned programme and speaker line-up for the year. It may change due to unforeseen circumstances.

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## What past Transitions Course participants have said...

*Stimulating programme that evoked new thoughts and wonderings about current work and personal experiences. I found the facilitators rigorous in their thinking.*

*The supervision of the case material in the afternoon is invaluable. And the speaker's honest and thought provoking presentation was illuminating. Thank you.*

*Presentation was rich in content and accessible in style of delivery. Later discussion of case material was open, and creative thinking encouraged.*

*Stimulating and interesting talks. Afternoon supervision personally very helpful, ..... (with the very small group) tended to be more like individual supervision.*