

# Relationship between lead in the blood and performance in the abilities from hearing process

## Relação entre nível de chumbo no sangue e desempenho nas habilidades do processamento auditivo

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### SUMMARY

**Introduction:** The contamination by lead affects all the nervous systems from the human body, mostly the nervous system.

**Objective:** Investigate if there is correlation between the blood lead levels and the performance in tests of hearing process.

**Method:** Retrospective study. 73 children, with ages between 7 to 15 years, residents in a area where happened emission of lead above the permitted, with level of blood lead level bigger or equal to 10 micrograms/dL, audiological exams (audiometry and tympanometry) inside the normality patterns. To evaluate the hearing process were used the Auditory Fusion Test-Revised (AFT-R), subtest 1, and the dichotic test of digits (binaural integration stage). Was used the Spearman test to verify the correlation between the data.

**Results:** The blood lead level varieties from 10 to 30,2 micrograms/dL, being the average corresponding to 15,8 micrograms/dL (standard deviation of 4,8). From those children, 60,3% presented a bad performance for the right ear and 67,3% presented a bad performance of the left ear. According to the results of the tests of correlation of Spearman, there were no significant statistical between the level of lead and the results of hearing processing tests.

**Conclusion:** There were no correlation between the blood lead level and the performance in the abilities of the hearing process; however the contaminated children by the lead presented a lower performance in the abilities of the hearing processing.

**Keywords:** lead, hearing, children, phonoaudiology, comprehension.

### RESUMO

**Introdução:** A contaminação por chumbo afeta todos os sistemas do corpo humano, principalmente o sistema nervoso.

**Objetivo:** Investigar se há correlação entre o nível de plumbemia e o desempenho em testes do processamento auditivo.

**Método:** Estudo retrospectivo. 73 crianças, com idade entre 7 a 15 anos, residentes em uma área onde houve emissão de partículas de chumbo acima do permitido, com nível de plumbemia maior ou igual a 10 microgramas/dL, exames audiológicos (audiometria e timpanometria) dentro dos padrões de normalidade. Para avaliar o processamento auditivo foram utilizados o Teste de Fusão Auditiva-Revisado (AFT-R), subteste 1, e o Teste Dicótico de Dígitos (etapa de integração binaural). Foi utilizado o teste de Spearman para verificar a correlação entre os dados.

**Resultados:** O nível de plumbemia variou de 10 a 30,2microgramas/dL, sendo a média correspondente a 15,8 microgramas/dL (desvio-padrão de 4,8). Dessas crianças, 60,3% apresentaram desempenho ruim no teste AFT-R, ou seja, resultados superiores a 60ms. Quanto ao Teste Dicótico de Dígitos, 46,2% das crianças apresentaram desempenho ruim para a orelha direita e 67,3% apresentaram desempenho ruim na orelha esquerda. Conforme o resultado do teste de correlação de Spearman, não houve significância estatística entre o nível de chumbo e os resultados dos testes do processamento auditivo.

**Conclusão:** Não houve correlação entre o nível de plumbemia e o desempenho nas habilidades do processamento auditivo, entretanto crianças contaminadas pelo chumbo apresentaram desempenho inferior nas habilidades do processamento auditivo.

**Palavras-chave:** chumbo, audição, criança, fonoaudiologia, compreensão.

## INTRODUCTION

The contamination by lead affects all the systems in human body, especially the nervous system. The clinical manifestations depend on the intensity of time of exposure and individual sensitivity (1).

The tolerated level in human organism, according to the American Disease Control Center (2) is of up to 10 µg/dL, however some studies (3-9) revealed harmful effects to the health in concentrations inferior to 10 µg/dL.

The lead effects in the auditory system, there is no consensus in the literature. In January of 2002, at Bauru city, there was prohibition of a factory due to emission of particles of lead to the environment, superior to the allowed. This event enabled the study of the effects of lead alone. The studies (10,11) performed did not show changes in the functioning of outer hair cells, auditory nerve and brainstem.

It is known that the contamination by lead may affect the development of central nervous system, may cause attention deficit, concentration, memory, intelligence, learning, perceptive processes, psychomotor development and interpersonal (12-14), among others.

The Auditory Processing is a set of processes and mechanisms which occur in the hearing system in response to acoustic stimulus and that are responsible for localization and lateralization of sound, discrimination and recognizing the hearing patterns, temporal aspects of hearing, hearing performance with competing acoustic signals and with degradation of acoustic signal (15). For these skills develop properly, it must have functional and structural integrity of peripheral and central auditory system.

Considering that the contamination by lead may affect some functions of central nervous system, it was judged necessary to perform a prospective study of the level of blood lead in children exposed to lead and their performance of behavior tests, chosen to triage the hearing processing, in order to help the investigation of relating between the lead and hearing processing changes.

Thus, this work has as objective to check the performance of the children exposed to lead in hearing processing tests.

## METHOD

This study was approved by the Ethics and Research Committee of University of Sao Paulo, College of Odontology of Bauru, protocol number 73/2010.

90 children participated of this study of masculine and feminine genders, at age between 7 to 15 years-old.

The inclusion criteria were: reside at Bauru city in the area where there was emission of particles of lead above the permissible; parents consent to evaluation and publishing of the results; lead level equal or superior to 10 µg/dL; audiometry with results within the normal range in the frequencies tested; tympanometry curve type A.

The children were submitted to Pure Tone Audiometry in the frequencies from 500 to 4 KHz and to tympanometry. In order to get the hearing processing it was used Auditory Fusion Test-Revised (AFT-R) subtest 1(16) and the dichotic listening test (binaural integration stage) (17).

The AFT-R evaluates the temporal resolution, determining the duration in milliseconds (ms), in which the listener is able to distinguish a brief interval of silence between two pure tones. It was considered as good performance to the perception of sound in an interval equal or inferior to 60ms and as poor performance, the perception of sound in an interval superior to 60 ms.

The Dichotic Listening Test consists in four presentations of a list of two digits of two-syllable in Brazilian Portuguese, in which four different digits are presented simultaneously, two in each ear, characterizing a dichotic task. The results were classified as good performance according to the Table 1, being considered poor performance values inferior to the described in the Table (17).

All of the children evaluated had samples of blood collected in order to determine the levels of blood lead. These examinations were conducted by Municipal Health and performed at Adolfo Lutz Institute (IAL/SES-SP).

It was performed statistical analysis of the results, being used instruments for descriptive analysis and the Spearman test to check the correlation between the data.

## RESULTS

From 90 children evaluated, 14 were excluded from the sample because they had changes in audiometry or

**Table 1. Good levels of performance.**

Age	Good Performance	
	Right Ear	Left Ear
7 to 8 years-old	≥ 85%	≥ 82%
≥ 9 years	≥ 95%	≥ 95%

tympanometry. Others 3 (3, 3%) were excluded for presenting lower lead levels to 10 µg/dL. Therefore it was analyzed the results of hearing processing results in 73 children, which corresponds to 81,1% of initial established number. Thus, total number was fixed as 73, so it would be possible to perform statistical analysis.

From these children, 32 (43,8%) were from feminine gender and 41 (56,2%) of masculine, with average age of 9,5 years-old. The blood lead level varied from 10 to 30,2 µg/dL, according to described on Table 2, and the corresponding average of 15,8 µg/dL (standard deviation of 4,8).

Related to the hearing processing tests, the AFT-R presented minimum result of 10ms and maximum of 200ms, being the average 90ms and the standard deviation, 62. According classification proposed in the methodology, 44 (60,3%) children evaluated presented poor performance in this test, in other words, superior results to 60ms.

For analysis of the dichotic listening test separation was made between the right ear and left ear. The minimum value found was 40% (OD) and 23,7% (OE), and the maximum was 100% in both ears. This test was performed in only 52 children. Thus, following the classification criteria proposed in methodology, 13 (25%) presented good performance in both ears; 20 (38, 5%) presented poor performance in both ears; 4 (7, 7%) presented poor performance only on the right ear; 15 (28, 8%) presented poor performance in the left ear.

According to the result of Spearman correlation test, there was no statistical significance between the lead level and the hearing processing results.

## DISCUSSION

In order to a listener realize the silence interval between two sounds; this interval should be increased till 17ms. The judgment of the temporal order seems to be independent of the nature of acoustic sounds (18). In this way, any with threshold detection range greater than 20ms probably has deficit in the ability of temporal resolution,

which interferes on the perception of normal speech and in recognizing phonemes. So, when the greater is the interval detection threshold, in milliseconds, great is the probability of a deficit in temporal processing.

It was consulted several data basis, thus it was not found study with subjects in similar conditions to this present study. The results found were compared to other literature finding and with normal range of the tests.

In school-age children (6 to 10 years-old) without hearing change, a study showed the mean thresholds of AFT-R were 10 ms inferior and to the children with risks of changes in the language development (sensory deprivation and hearing, learning difficulties) the thresholds were greater than the interval of confidence interval established (15ms) (19).

Other work presented threshold of auditory fusion ranging between 56,25ms and 59,75ms in children with cleft lip and palate from 11,44ms to 14,42ms in children without cleft (20).

In this study it was found mean threshold of 91 ms to the children evaluated contaminated by lead, obtained in the subtest 1 of AFT-R. The minimum threshold found was of 10 ms and the maximum was of 200 ms. Despite of not being possible to compare with the studies cited above, it is possible to affirm that these results are below to the expected at age of the children evaluated.

As regards proof of digits dichotic, the presented performance by young adults was a higher percentage of correct answers than 90% in three steps (binaural integration, directed attention to the right and directed attention to the left), coinciding with international findings (17).

In a study (21) which investigated the simultaneous exposure to lead and to noise about hearing nervous system in 43 workers from a factory of batteries in Brazil, it was used the following procedures: measure of the level of lead in blood (Pb-S), Tone Audiometry, Tests such as the dichotic listening, Sentences Identification Competitive (SSI), Dichotic listening digits, Dichotic Dissyllable Listening (SSW), and Filtered Speech. From these 43 research participants, 17 was exposed to the noise levels of 96 dBA, and 26 were exposed to noise (84 dBA) and lead. For the dichotic digit test (binaural integration) it was not observed changes in exposed subjects only in noise, however, 50% of the group of subjects exposed to lead and to noise presented change.

In this study, evaluated children were exposed to lead (differently to the subjects from the study aforementioned, in which the subject were exposed to

**Table 2. Distribution of blood lead level.**

Blood lead level	Number of children	%
≥ 10 µg/dL and < 15 µg/dL	37	50,7
≥ 15 µg/dL and < 20 µg/dL	17	23,3
≥ 20 µg/dL and < 25 µg/dL	15	20,5
≥ 25 µg/dL and < 30 µg/dL	3	4,1
≥ 30 µg/dL and ≤ 36 µg/dL	1	1,4

other agents, like noise), which allowed a possible analysis of interference of isolated lead contamination in the abilities of hearing processing. However, in the dichotic listening test, it was found an average of 89% for the right ear, and 84% for left ear, being these values lower than described in literature as normal range.

In order to identify possible changes in peripheral and central hearings in workers who was exposed to metallic mercury, researchers (22) performed the tests of tone audiometry (air and bone), and impedance audiometry (tympanometry and stapedial reflex), and that workers had mean exposure of six years. As conclusion, it was identified both peripheral and central auditory disorders in these subjects.

Other authors (23) studied the cognitive function using a mode of late evoked potential (P300) in 22 workers, whose lead concentration in blood was between 12 to 59 µg/dl. The P300 latency was significantly longer compared to the control group, showing correlation with lead level in blood. The authors evaluated, this same sample, the speed of peripheral nervous conduction. The results showed that the speed is slower in the workers exposed, being this correlated to the same way of presence of lead level in blood. No significant correlation was found and between the speed of nervous conduction and the P300, This led the authors to conclude that the mechanism of the effects of lead in the Central Nervous System it seems to be different from the effect of the mechanisms in peripheral nervous system. Moreover, these researchers claimed that the results of this study suggest that lead affect the cognitive function, as well as the functions of central auditory nervous system

Although the analysis did not show statistical significance between the performed tests, when comparing to the other results it is visible that these children present some kind of change in hearing processing, that may lead to problems in development in hearing skills, in communication and reading and writing development.

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## CONCLUSION

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The performance of the children exposed to lead was inferior to the described by literature, however there were no statistical correlation between intoxication by lead and the development of hearing processing abilities.

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