


Waiau Elementary School

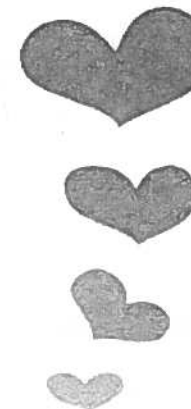
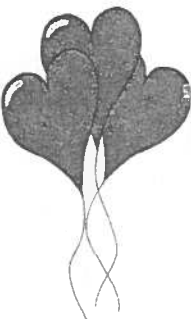
February 2023 Breakfast & Lunch Menu

(Breakfast in Bold)

*Alt Cereal/Yogurt Breakfast Available
Menu Subject to Change

1/2 pt. 1% White or Skim Chocolate milk included

30 Belgian Waffle Mixed Fruits Banana Cheese Pizza Green Salad Baby Carrots Apple Wedges	31 Yogurt w/ Granola Pears Apple Wedges Spaghetti w/ Meat Sauce Green Salad & Cucumber Edamame Orange Wedges French Bread	1 <i>School-Made Cinnamon Roll</i> Apple Chips Orange Wedges Fish Sandwich Wedge Fries Baked Beans Veggie Sticks White Grape Slushy	2 Cheese Stuffed Sticks Sliced Peaches Marinara Sauce Roast Pork w/ Gravy Steamed Rice Steamed Broccoli & Carrots Cran Razz Juice	3 Portuguese Sausage Steamed Rice Applesauce & Craisins Hot Dog in Bun Tater Tots Coleslaw Apple Crisps
6 Cereal w/ Toast Diced Pears Banana Tasty Chicken Tenders Steamed Rice Celery Sticks/Baby Carrots Edamame Applesauce	7 Br. Chicken Patty w/ Rice Apple Wedges Sliced Peaches Beef Chili Nachos w/ Queso Green Salad Salsa Strawberry Kiwi Juice	8 Coffee Cake Turkey Ham <i>Orange Wedges & Apple Chips</i> Chicken Sandwich Emoticon Potatoes Lettuce & Tomato Edamame Apple Wedges	9 Pizza Bagel Mixed Fruit Grape Juice Beef Patty w/ Gravy Steamed Rice Broccoli & Corn Orange Wedges	10 <i>French Toast Sticks w/ Syrup</i> Pineapple Chunks Power Punch Juice Kalua Pork w/ Cabbage Steamed Rice Diced Tomato w/ Green Onions Pineapple Chunks
13 Breakfast Pizza Banana Apple Chips Pepperoni Pizza Veggie Sticks Corn Apple Wedges	14 Portuguese Sausage Steamed Rice <i>Apple Wedges & Pineapple Chunks</i> Mac & Cheese Edamame Carrots Orange Wedges	15 <i>School-Made Cinnamon Roll</i> Diced Pears Orange Wedges Tuna Sandwich w/ Chicken Noodle Soup Veggie Sticks & Tomato Apple Wedges	16 Country Scramble w/ Rice Applesauce Paradise Punch Juice Beef Curry Steamed Rice Corn & Broccoli POG Slushie	17 INSTITUTE DAY NO SCHOOL IN SESSION
20  PRESIDENTS DAY	21 <i>Plain Bagel w/ Cream Cheese</i> Apple Wedges Diced Pears Creole Mac Green Salad Edamame Applesauce	22 Country Gravy Pizza Craisins Pineapple Chunks Breaded Chicken Tenders Steamed Rice Corn & Edamame Sliced Peaches	23 Fruited Muffin Sliced Peaches Grape Juice Teri Burger Potato Wedges Leaf Lettuce & Tomato Orange Wedges	24 TEACHER PLANNING/ COLLABORATION DAY NO SCHOOL IN SESSION
27 Belgian Waffle Mixed Fruits Banana Cheese Pizza Green Salad Baby Carrots Apple Wedges	28 Yogurt w/ Granola Pears Apple Wedges Spaghetti w/ Meat Sauce Green Salad & Cucumber Edamame Orange Wedges French Bread	1 <i>School-Made Cinnamon Roll</i> Apple Chips Orange Wedges Fish Sandwich Wedge Fries Baked Beans Veggie Sticks White Grape Slushy	2 Cheese Stuffed Sticks Sliced Peaches Marinara Sauce Roast Pork w/ Gravy Steamed Rice Steamed Broccoli & Carrots Cran Razz Juice	3 Portuguese Sausage Steamed Rice Applesauce & Craisins Hot Dog in Bun Tater Tots Coleslaw Apple Crisps





Ke Kula o Waiiau Alemanaka Mea Ai Pepeluai 2023

Kaele ka Aina Kakahiaka

*He koho siriala/waiu tepe kau
Hiki ke loli na ano mea ai

1/2 paina. 1% Waiu a i ole waiu Kokoleka ma ke pa

<p>30</p> <p style="text-align: center;">Palaoa Kipoopoo Maia Huaai Like ole</p> <p>Paipika Waiupaa Saleta Kaloke Apala</p>	<p>31</p> <p style="text-align: center;">Waiu Tepe me ka Siriala Pea Apala</p> <p>Pakeki me ka lo Saleta me ke Kaukama Edamame Alani Palaoa Palani</p>	<p>1</p> <p style="text-align: center;">Lole Kinamona Kipi Apala Alani</p> <p>Kanauika la Uala Palai ia Papapa Moa ia Lau Lauai Hau Momona</p>	<p>2</p> <p style="text-align: center;">Lau Waiupaa Piki Kai Pakeki</p> <p>Puaa Oma ia me ke Kai Laiki Palakali me ke Kaloke Wai Huaai</p>	<p>3</p> <p style="text-align: center;">Naaukake Pukiki me ka Laiki Kai Apala Ohelo Maloo</p> <p>Naaukake Amelika Uala Moa ia Saleta me ke Kai Kipi Apala</p>
<p>6</p> <p style="text-align: center;">Siriala me ka Palaoa Papaa Pea Maia</p> <p>Lau Moa Laiki Kelaki me ke Kaloke Edamame Kai Apala</p>	<p>7</p> <p style="text-align: center;">Moa Moa ia me ka Laiki Apala Piki</p> <p>Kipi Mekiko Kili me ka Waiupaa Saleta Kai Mekiko Wai Huaai</p>	<p>8</p> <p style="text-align: center;">Mea Ono Kope Hame Pelehu Alani & Kipi Apala</p> <p>Kanauika Moa Uala Minoaka Lekuke me ka Ohia Lomi Edamame Alani</p>	<p>9</p> <p style="text-align: center;">Pekala Paipika Huaai Like ole Wai Hua Waina</p> <p>lo Pipi me ke Kai Laiki Palakali me ke Kulina Alani</p>	<p>10</p> <p style="text-align: center;">Lau Palaoa Papaa Palani me ke Kai Ono Hala Kahiki Wai Huaai</p> <p>Puaa Kalua me ke Kapiki Laiki Lomilomi Hala Kahiki</p>
<p>13</p> <p style="text-align: center;">Paipika Kakahiaka Maia Kipi Apala</p> <p>Paipika Pepaloni Lau Lauai me ke Kulina Apala</p>	<p>14</p> <p style="text-align: center;">Naaukake Pukiki me ka Laiki Apala Halakahiki</p> <p>Makaloni me ka Waiupaa Edamame Kaloke Alani</p>	<p>15</p> <p style="text-align: center;">Lola Kinamona Pea Alani</p> <p>Kanauika Ahi me ke Kupa Nula Moa Lau Lauai me ka Ohia Lomi Apala</p>	<p>16</p> <p style="text-align: center;">Hua Paka me ka Laiki Kai Apala Wai Huaai</p> <p>Kai Akia lo Pipi Laiki Kulina me ke Palakali Hau Momona</p>	<p>17</p> <p style="text-align: center;">Aohe Kula La Hana Kumu</p>
<p>20</p> <p style="text-align: center;">Aohe Kula La Pelekikena</p>	<p>21</p> <p style="text-align: center;">Pekala me ka Waiupaa Apala Pea</p> <p>Makaloni Moa ia Saleta Edamame Kai Apala</p>	<p>22</p> <p style="text-align: center;">Paipika Kai Ono Ohelo Maloo Hala Kahiki</p> <p>Lau Moa Laiki Kulia a me Edamame Piki</p>	<p>23</p> <p style="text-align: center;">Mapini Huaai Piki Wai Hua Waina</p> <p>Hamapuka Kai Akia Uala Moa ia Lekuke me ka Ohia Lomi Alani</p>	<p>24</p> <p style="text-align: center;">Aohe Kula La Hana Kumu</p>
<p>27</p> <p style="text-align: center;">Palaoa Kipoopoo Maia Huaai Like ole</p> <p>Paipika Waiupaa Saleta Kaloke Apala</p>	<p>28</p> <p style="text-align: center;">Waiu Tepe me ka Siriala Pea Apala</p> <p>Pakeki me ka lo Saleta me ke Kaukama Edamame Alani Palaoa Palani</p>	<p>1</p> <p style="text-align: center;">Lole Kinamona Kipi Apala Alani</p> <p>Kanauika la Uala Palai ia Papapa Moa ia Lau Lauai Hau Momona</p>	<p>2</p> <p style="text-align: center;">Lau Waiupaa Piki Kai Pakeki</p> <p>Puaa Oma ia me ke Kai Laiki Palakali me ke Kaloke Wai Huaai</p>	<p>3</p> <p style="text-align: center;">Naaukake Pukiki me ka Laiki Kai Apala Ohelo Maloo</p> <p>Naaukake Amelika Uala Moa ia Saleta me ke Kai Kipi Apala</p>

He wahi puuhonua keia ia kakou

