



Ration Books and Meat Tokens © Canadian War Museum

Ration Book and Meat Tokens

Introduced in 1942, ration books were part of the Second World War experience for most Canadians outside the military. People presented coupons when buying items such as sugar, coffee, tea, butter, meat and gasoline. Starting in 1945, meat tokens gave Canadians more flexibility in buying small amounts of rationed meat.

Original