



June 2018
Waabgonii Giizis
Blooming Moon

THE REZOUND

1.3 Million Investment in our Future!



Shawanosowe School Staff and students are pictured alongside Chief Shining Turtle, Daycare Supervisor Cheryl Shawanda, Councillor Esther Osche and Band Manager Art Jacko at Maamwe Kendaasing's current building.

The need for quality child care is growing in Whitefish River and with that, Chief and Council are thrilled to announce they have been successful in securing funding in the amount of **\$1.3 million** to construct a new Daycare.

The funding is the result of years of persistence and effort by Chief and Council as this has been the goal, since 2007 when Shawanosowe School was newly opened for our students. Maamwe Kendaasing's existing building had its grand opening on October 14, 1998 and currently can accommodate five toddler, eight pre-school and twenty school age children. The new daycare will be added to the east side of Shawanosowe School, and will provide new space and opportunities for our children and will ultimately bring all our education under one roof.

Plans for the new Maamwe Kendaasing Early Learning and Innovation Centre are being finalized and construction is expected to begin shortly after the school closes for the summer.

Keep moving forward WRFN!

**Please note that the deadline for submissions
for the next issue is
Tuesday, June 19th, 2018 at noon.
Miigwetch!
rezoundeditor@whitefishriver.ca**

"A Place of Visions and Dreams"

Leslie McGregor - Health & Social Services Manager

From the Health and Social Services Manager's Desk...

Good day fellow community members!

I thought I would take this opportunity to update you on some past happenings and some upcoming activities for next month. First of all, I want to inform you that Amber Zona has resigned from her position as Youth Worker. She has accepted another position in Espanola which means we are looking for a new Youth Worker! Secondly, there has also been some changes to the primary Health Staff (nurses, nurse practitioners, etc.). Nicole Sokoloski, Nurse Practitioner, will no longer be offering services at our Health Centre. Although she continues to work for Noojmowin Teg Health Centre, her services will be provided through their Espanola satellite office and we still hope to "borrow" her every now and again. There are also some health practitioners leaving and new ones starting. As they say, the only thing that is consistent is change!

Last month we provided a number of events for the community. We had families participate in our Regalia making workshop and beading workshop series. We are currently running a soccer program, and we have started a boxing program for 10 – 18yr olds. We also had Mental Health Week with different workshops and events that culminated into a Mother's Day celebration at Rainbow Lodge. We tried a different approach to Mental Health Week this year. We added in workshops like how Food affects your Mood, the Benefits of Gardening and Mental Health, and the Youth Council held a workshop on Tie-Dyeing and the Colours of Emotions.

During May, we also collaborated with Shkagamik-Kwe Health Centre in holding their Annual Spring Fast.

Right out of the gate for June, we are hosting Traditional Knowledge Keeper, Dr. Jim Dumont for a two day workshop on the Creation Story. This will take place June 2nd & 3rd, 2018. In addition, we are pleased to welcome back Jimmy George, Vera George and Abraham Bearskin. They will be here June 6th – 9th, 2018.

Also during the month of June, we will be hosting a workshop for Elders on June 15th, 2018. There will be lunch provided, a prize bingo and interesting and relevant workshops. We are also hosting a Youth and Elder BBQ at Rainbow Lodge on June 26th, 2018. There will be posters put up for these events and flyers sent through the mail.

Finally, I am going to speak about the water security initiatives that the Health Department is involved in. Last year, we asked the community about the impacts of climate change and about your concerns regarding the quality of and threats to our water. We are working toward finalizing those reports and will present the information back to the community once it is reviewed by leadership.

I also wanted to write to you about a workshop we held for youth in March on Life Promotion. At this workshop, we talked about how water impacts your body, its significance to spirituality, emotions and our mental well-being. We brought in University of Toronto graduate students to test water samples with some variables to determine the quality of the water samples. The test samples included bottled water that was tainted (control sample), Toronto treated water, bottled water purchased from a store, and Whitefish River's "community" treated water. The results were astounding! Our water was the best out of the four samples tested and one of the highest quality for Canada - or so we were told by the grad-


uate students. Our water scored above Toronto treated water and bottled water. Our water is the best!

The Health Department, in partnership with Public Works, Economic Development and Lands, will continue to work on water security initiatives. To quote a community member from our Water Source Protection Plan (and we are one of the few First Nation communities to have one), "It is important because we can see the reflection of ourselves in the water". There are direct links between the health of our water and the health of our people.

For more information I can be reached at the Health Centre at 705-285-4354 or through email at: lmcgregor@whitefishriver.ca.





Rayvon & Jenna assist in testing water samples.

June 2018						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
WRFN Health Centre Visiting Health Professionals						
					1	2
3	4	5	6	7 Dr. Meikleham (PM Only)	8	9
10	11	12	13 Community Health Nurse	14 Nurse Practitioner	15 Diabetes Team Foot Care	16
17 Happy Father's Day	18	19 Dietitian (AM Only)	20 Dr. Jeffery (PM Only) Community Health Nurse	21 WRFN Offices Closed	22	23
24	25 Dr. Meikleham (PM Only)	26 Dietitian (AM Only)	27	28 Nurse Practitioner	29	30
unless otherwise indicated visiting Health Professionals will be in all day				* Community Health Nurse Lab/Blood Draw Clinic – Wednesdays @ 10:00 am Please bring your Requisition(s). Appointments recommended.		

Community Wellness Worker - Candice Assinewe

The Creation Story


with Traditional Knowledge Keeper **Dr. Jim Dumont**

A two day teaching with Traditional Knowledge Keeper, Dr. Jim Dumont. Jim Dumont is an Elder and Chief of the Eastern Doorway of the Three Fires Midewiwin Lodge and 5th Degree in his Midewiwin learning. We invite everyone to come out to listen to this beautiful story so that you can carry this knowledge to your families and the next generation.

When? June 2nd & 3rd, 2018 from 10am to 4pm
Where? The Whitefish River First Nation Community Center
LUNCH and REFRESHMENTS PROVIDED

Children under 12 must be accompanied by a parent or guardian
 Notice to parents: The Creation story is told over a period of 2 days, therefore we respectfully ask that parents monitor their child's behavior during this time.



For more information, please contact Candice Jacko-Assiniwe, Community Wellness Worker at WRFN Health at 705-285-4354 or candicea@whitefishriver.ca

Aanii/boozhoo Community Members We had a number of programs this past May. Starting with the Spring Fling where some families came out to support and set up their yard sale items. The WRFN Youth Council ran the canteen and were able to fundraise for their initiatives as well as it brought community members out to socialize and interact. Everyone who came out had an enjoyable time and clothing was donated to the good will in the process. Also, Anishinaabemowin Language Class with Elder Marion McGregor and Lisa McGregor, Language Instructor take place every Wednesday. As you know it is our language is important as it is an integral part of our identity as Anishinabek and the class is for all levels of learners from beginner to fluent speakers. Therefore, I encourage every community member to come out and participate, learn and even share their knowledge. Our Mothers Day Brunch and Spa was a success, we had 32 community members in total and 28 mothers who participated in the spa activities and were spoiled head to toe with foot soaks, manicures, pedicures, facials and massages. Also a Chi Miigwech to Mike Aelick (NAADAP), Dan Garcia, Gary Harvey and Gregor Jacko for honoring all the mothers by cooking an amazing brunch for them, we had some amazing reviews on the menu and the food was fantastic!

The spring fasting ceremonies was an amazing experience for everyone who participated. The Grandmothers, Grandfathers and helpers worked tirelessly to ensure the fasters needs were taken care of and I would like to say a huge Chi Miigwech to those community members who came and helped out. It is important to carry on this work for our community and most definitely if we all work together we can accomplish anything. Also, not only did some of our youth come out for sweats, women's and men's teachings, many of them were able to get hands on experience by helping with preparing the sweat lodge and participated in lighting of the fire, some also went on their own fast.

I have also attended the Advanced Wilderness & Remote First Aid Training this past month,

which is Four-day training that teaches you how to work and respond to emergencies in isolated or wilderness settings. This training is crucial to group leaders who will be attending our youth canoeing trips this summer, as well as any excursions we do out on the land. And being on the land this summer is something that I definitely look forward to. If we have any experienced community members who have their First Aid and would like to volunteer on any outdoor excursions, please contact me for more information.

In June 2018 we have number of events and are once again very fortunate to have been able to reschedule the Creation Story with Dr. Jim Dumont, Elder and Traditional Knowledge Carrier and his daughter Geesoohs Manitowabi on June 2nd & 3rd, 2018. This story is so very vital to our people and our families, and I encourage community members to come out as it is important to pass this knowledge onto our children and youth so they can carry it forward for generations to come.

We also have Traditional Healers from the North visiting us once again Grandfather Jimmy George and Grandmother Vera George for the week of June 5th-8th, 2018. They will be in the community to do ceremony and have one on one healing sessions with members. If you would like an appointment, please don't hesitate to contact me via email or by phone at 705-285-4354.

Last but not least, once again the Community Wellness Program will be hosting the Summer Fitness Challenge for adults 18+, starting with the first Weigh in on June 13th, 2018 from 9am - 6pm with Carolyn Strum, Community Health Nurse! The prize lot is a good one! Therefore, come out to join in and keep yourself active and motivated all summer long! You can pick up the summer weigh in calendar once registered at the weigh in!

If you would like more information and would like to contact me about any of the programs or services that are provided, please contact me at the Health Centre at 705-285-4354 or you can email me at: candicea@whitefishriver.ca.



JUNE 13TH, 2018

The Summer Fitness Challenge is BACK!

Various Prizes to be won! Bi-Weekly Check Ins! You could be one of the top Three Grand Prize winners of New Sudbury Shopping Centre Cards valued at \$400! \$300! & \$200! Dont miss out!


First Weigh in on June 13th, 2018 from 9am-6pm at the WRFN Health Centre!



For more information please contact Candice Jacko-Assiniwe, Community Wellness Worker at 705-285-4354 or Carolyn Strum, Community Health Nurse at 705-368-2182.

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Jimmy & Vera George

One on One Sessions Available (8:30am-4:30pm)
at the WRFN Health Centre
DATES: June 7th & 8th, 2018

For more information or to book an appointment, please contact Candice Jacko-Assiniwe, Community Wellness Worker or Doreen Jacko, Community Health Rep. at the WRFN Health Center at 705-285-4354.



Mental Health & Addictions Worker - NNADAP Michael Aelick

Aanii, I would like to start by thanking the men that came out to help with the brunch for Mother's Day! It was a lot of work and a great success.

On Tuesday June 5th, I am going to explore the newly acquired land on McCutcheon Rd to determine an ideal location for a future camping site. If you would like to join me to check out this area, let me know so I can arrange transportation.

On June 16th we will be celebrating Father's Day. Watch for a poster in the mail.

On June 19th from 6:00-8:00 pm at the Community Centre there will be a workshop on Starting the Conversation. How a community cares for its more vulnerable people is a sign of how healthy it is. Abuse of elders takes many different forms - will you know what to do to protect someone you care about? This workshop will be facilitated by the Health Centre and the UCCM Police.

If you have any questions or concerns, please contact me at the Health Centre @ 705-285-4354 or by e-mail maelick@whitefishriver.ca.



WRFN Welcomes Heartwood Mushrooms

Everyone Welcome

Benefits of Growing Mushrooms include:

- Food Source
- Boost your immune system
- Source of antioxidants to protect your body from damaging free radicals
- Soil amendment for gardens
- Breakdown organic matter to recycle essential nutrients

For more information, please contact Gail Jacko at (705) 285-4354.

Light Lunch

June 6, 2018 @ 10:00am

Garden beside Basketball Court

Save the Date!!
Father's Day Celebration will be held on June 16th, 2018 starting at 8am
Watch for your poster/agenda in the mail.

For more information please contact Michael Aelick, Mental Health and Addictions Worker at the Health Centre (705)-285-4354 or by email at maelick@whitefishriver.ca




HIKING EVENT

5TH JUNE AT McCUTCHEON RD 1 PM - 4 PM



Join me in hiking the new land on McCutcheon Rd. We will be looking for a ideal spot to set up a possible camping area. We will meet at the Health Centre at 1 P.M

For more information and to let me know if you need transportation please contact Michael Aelick at the Health Centre at 705-285-4354 or by email at maelick@whitefishriver.ca

PosterMyWall.com

UCCM ANISHNAABE POLICE and WRFN HEALTH CENTRE PRESENTS

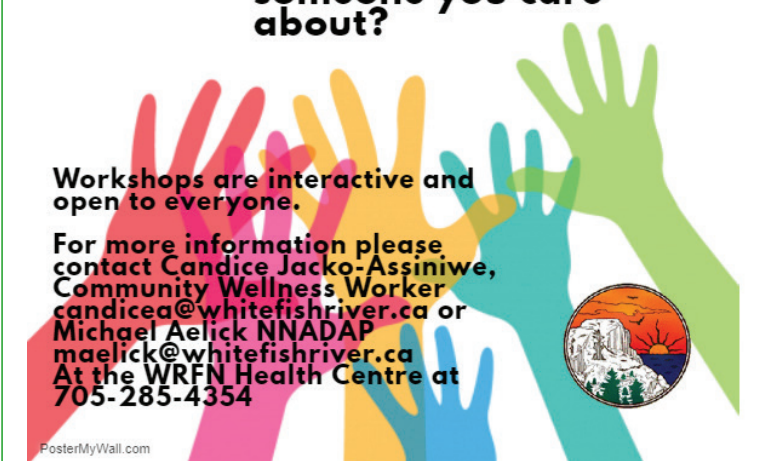

Starting the Conversation

JUNE 19TH
6 pm - 8 pm
at the Community Centre

How a community cares for its more vulnerable people is a sign of how healthy it is. Abuse of elders takes many different forms. Will you know what to do to protect someone you care about?

Workshops are interactive and open to everyone.

For more information please contact Candice Jacko-Assiniwe, Community Wellness Worker candicea@whitefishriver.ca or Michael Aelick NNADAP maelick@whitefishriver.ca At the WRFN Health Centre at 705-285-4354

PosterMyWall.com

WRFN PRESENTS

SUMMER CAMPS

July 3-6, 2018 - KICK CAMP (Ages 8-13)
 July 9-13, 2018 - DAY STAR
 July 16-20, 2018- BIRCH ISLAND TERRITORY CANOE TRIP (Ages 10-17)
 August 7-11, 2018 - TRADITIONAL JOURNEY (Ages 12-17)
 August 20-24, 2018 - SCIENCE CAMP (Ages 6-13)

Registration Week for all Camps is June 18-22, 2018

For more information please contact Crystal Clark-McGregor at WRFN Health Centre 705-285-4354

More Camps TBA



Right to Play Worker - Crystal Clark-McGregor

The month of May was packed with many activities and events.

I would like to acknowledge the Espanola High School Native Council on their successful Pow Wow, it was such a fun gathering and it was really great to see both Espanola High School and A.B Ellis Public School come together to celebrate. You all did an amazing job! Very proud of you all! Way to go Espanola High School Native Council!!

Also in May, two Youth Leaders got to attend a Right to Play Youth Symposium, they each got to explore a full week of learning, sharing program highlights and challenges to youth peers, and got to create new memories and meet new friends. It was sure a packed week of activities.

The month of June is upon us which means summer program/camps are just around the corner! I have been working hard to plan out the summer for all children and Youth. We have some new camps and some returning camps for children & youth. To register your child/ren or youth, please save the

dates. I will be holding **week-long registration** for summer programming from **June 18-22, 2018 at the Whitefish River First Nation Health Centre from 1:00pm to 6:00pm.**

A friendly reminder to Post-Secondary students who are looking to apply for Whitefish River First Nation summer positions, please take note that the deadline to apply is June 13th, 2018 by 12:00pm.

Waubetek also has summer student postings. These positions are for youth between the age 15-18 years old and the deadline to apply is June 15th, 2018.

This summer we are inviting all Elders and Youth out for a good time. Will be hosting our very first BBQ gathering for our Elders and Youth at the Rainbow Lodge on June 26th, 2018 from 5:30pm to 8:00pm. Come on out for some great food and some fun.

If you have any questions regarding any programs, don't hesitate to contact me at righttoplay@whitefishriver.ca or through the Health Centre at 705-285-4354.

WHITEFISH RIVER FIRST NATION

ELDER & YOUTH BBQ

Do you need a ride? Contact Doreen Jacko or Crystal Clark-McGregor at (705) 285-4354

BRING YOUR HUNGER!

5:30PM-8:00PM
RAINBOW LODGE

TUESDAY
JUNE 26TH




May 22nd, 2018

EMPLOYMENT OPPORTUNITY

Summer Recreation Coordinator
 2018 Summer Work Experience Program
 (Post-Secondary Position)

The Whitefish River First Nation (WRFN) is seeking a motivated individual to fulfill the role and responsibilities for the position of Summer Recreation Coordinator. As the Summer Recreation Coordinator, the successful applicant will be responsible for the following:

Responsibilities:

- Administer, develop, promote, and establish an active and healthy lifestyle for WRFN
- Assess the healthy lifestyle requirements for the entire community
- Develop programs to increase the physical activities for the entire community
- Work with other staff to enhance, assist and deliver and existing sports and recreational activities
- Assist in the management of all recreational facilities
- Develop programs to increase the use of these facilities.
- A valid driver's license and access to a reliable vehicle is considered an asset.
- Any other tasks as assigned by supervisor.
- Must abide by the WRFN personal policy and procedure

Qualifications:

- Must have been enrolled in school in the past academic year (2017/18) and continuing their education in the academic year of 2018/19.
- Must be a member of Whitefish River First Nation.
- Excellent verbal and written communication skills
- Basic computer skills and knowledge of Microsoft Office.

Interested applicants to forward a cover letter and resume no later than 12:00 noon, June 13th, 2018.

Whitefish River First Nation
 17A Rainbow Ridge Road,
 Birch Island, ON, P0P 1A0
 Attn: Keith Nahwegahbow,
 Economic Development Officer



Please contact
Gail Jacko at
(705) 285-4354
for more
information!

FIND FRESH, HIGH-QUALITY FOOD IN EACH BOX!

The Good Food Box is a non-profit, community initiative helping individuals and families in need of assistance to put fresh produce on the table. The program offers a variety of nutritious, delicious fresh fruits and vegetables at wholesale prices. The food boxes are packed and delivered to communities across Manitoulin on the third Tuesday of every month.

WHAT TO EXPECT



Participants can expect the same high quality vegetables and fruit found at the grocery store for a lower price. The Good Food Box produce is supplied by Manitoulin Island's local grocery stores.



LARGE BOX \$17
SMALL BOX \$9

SAMPLE LARGE BOX

- | | |
|-------------------|-----------------|
| 10 lb potatoes | 1 tomato |
| 3 lb carrots | 3-4 lbs apples |
| 3 lbs onions | 3-4 lbs oranges |
| 1 head of lettuce | 3-4 bananas |
| 1 cucumber | 4 cobs of corn |

Small boxes (\$9) are half of the large box portions. During the summer months, local gardeners donate extra veggies to the Good Food Box program through the Manitoulin Grow-A-Row initiative.



WANT TO GET INVOLVED?

If you would like to support the program you can
VOLUNTEER • SPONSOR A BOX • MAKE A DONATION
CONTACT US:

Contact the representative in your community if you would like to participate in the Manitoulin Good Food Box Program.
Phone: 705-368-0229 Ext. 270 • CPTF@noojmowin-teg.ca



Garden Committee Meeting



June 20, 2018

Health Center

7 p.m. — 8 p.m.

Join us and share your ideas!

Light snacks and refreshments provided.

For more information contact Gail Jacko at the Health Centre
705-285-4354

13 Moons Garden

by
Michael Aelick



The Nightshade Family Part 1

The Nightshade Family has over 2700 species including agricultural crops, medicinal plants, spices, and ornamentals. Tomatoes, potatoes, eggplant, bell/chili peppers, tobacco, and petunia are some of the more common plants in this family. In this article I will focus on growing potatoes and bell/chili peppers and will cover tomatoes and tobacco in the next article.

In a University of Michigan study it was found that potatoes, tomatoes, and eggplant all had measurable amounts of nicotine. This might explain the love of French fries and ketchup in North America. The best way to prevent pests and diseases when growing this family as a crop is to use crop rotation. Never plant them in the same spot year after year and give the area at least four years before you plant it in that spot again. Tobacco Mosaic Virus affects the plants in this family. If you smoke or handle tobacco at all you will need to wash your hands before handling any of the plants.

Growing Potatoes:

The Inca cultivated potatoes around 8000BC in Peru. After the Spanish invaded in 1596 they brought the tasty tubers back to Europe. It took around forty years for the potato to spread across Europe. In 1840 a potato blight swept through Europe. This blight was the cause of the Irish potato famine.

Potatoes are easy to grow, highly nutritious. They tolerate cool soils and moderate frosts. They can be planted in early spring when soil temperatures are around 6 Celsius. They are not overly fussy about soil but prefer well-drained loamy soil with a lot of organic matter. Set tuber sections with eyes 3-4" deep and 12" apart in prepared trenches with rows set at least 24" apart. When the plants reach about 12" above the ground, it is time to start hilling around the plant. Straw can be used instead of soil and may help cut down on a Colorado potato beetle infestation. New potatoes can be harvested 7-8 weeks after planting. Fall potatoes can be dug up and used when the foliage begins to die. For storing potatoes, keep the potatoes in the ground for 2 weeks after the foliage dies back to allow the skins to firm allowing longer storage times.

Growing Peppers:

Peppers have been cultivated for over 6000 years and are another plant that spread to Europe from South America after the Spanish invasion. Peppers come in a variety of colors, shapes, sizes, and range from sweet to spicy. There are over 3000 named types of peppers and chilies. Green peppers are immature Bell peppers that if left to ripen further would turn red, yellow, orange, white, purple, or brown depending on the variety.

Start seeds indoors 8-10 weeks before the last frost date, hardening them off 10 days before transplanting into the garden bed. Peppers need phosphorous and calcium, adding lime and compost to the hole before transplanting will help. Too much nitrogen will produce a lot of foliage but impact the amount of fruit you will get. Plants should be spaced 18-24" apart. Soil should be well draining but also hold adequate moisture. Cover the soil with mulch to maintain moisture levels. Peppers need at least one to two inches of water per week. Plants can be supported by tomato cages to prevent them from bending over. Pinching back some of the growth from the tips will encourage more leaves to grow, protecting the fruit from being scalded from the sun.

I hope you have found this informative. If you have any questions you can post them on my Facebook page @ 13 Moons Garden.

FROM THE HALLS OF EHS Marti Shawanda, RDSB- Aboriginal Support Worker

Ahnee, Boozhoo!

It's that most wonderful feeling in the world when you can see the smiling faces on the students. The smile says it all, that they are genuinely happy with the nice weather as it confirms that the season has changed and that spring will turn into summer. As we all know, our students are working toward achieving passing marks in hopes of successfully moving on to the next grade level.

The Aboriginal Support Team and the Native Student Council would like to take this opportunity to thank the Espanola High School Students & Staff, the communities of Whitefish River First Nation and Sagamok Anishnawbek, WRFN Sports and Recreation, Wolfies and all of the EHS students who helped make the mini-powwow (cultural event) a success. Chi miigwetch to all the communities who attended and enjoyed the activities of the student initiated cultural event. Miigwetch to the Grand Council Chief and Deputy Grand Council Chief of Union of Ontario Indians, Chief Shining Turtle, Town of Espanola Chief of Police-Mr. Zimmerman, UCCM Anishinaabe Police Services-Constable Murray Still (CSO), Head Veteran-Rene Espaniel, Head Elder-Eleanore Pine, Arena Director-Mr. Sunset Sagutch, MC-Mr. Greg Sutherland. The head dancers: Miles Sutherland, Acadia Solomon and youth head dancers Carter McGregor and Avery Sutherland and the EHS Ravens Program for keeping the first time ever Sacred Fire at EHS.

It's been quite busy since the planning and hosting of the EHS Powwow 2018 as the students gear up toward the last of the days of school. As the school year prepares to unwind and students move toward summer holidays, discussions should be had with your students on next year's course selections and preparations for summer work positions.

Civics and Careers Sign Up

EHS is hosting a grade 9 - First Nation and Metis Inuit, Career Studies and Civics and Citizenship course. Espanola High School invites all incoming grade (students who identify as FNMI to register for the Career Studies (GLC20) and Civics and Citizenship (CHV20) courses.

Upon completion of these two half credits, students will be able to start grade 9 with 1 compulsory credit already completed. It will also allow the student a smooth transition to high school as they have the opportunity to become familiar with their new high school environment before the regular school year commences.

Course development took place in July 2017 to build in opportunities for students to learn more about First Nations' governance structures, career and other opportunities in their respective communities as well as, ways students can positively contribute to their communities.

Dates: August 20-31, 2018
*August 25-26

(*will include an overnight outdoor cultural component)
Time: 8:30 a.m. – 5:00 p.m. (breakfast and lunch provided)

Location: Espanola High School
Register: Please contact the school at (705) 869-1590 by Friday, June 15th, 2018.

IMPORTANT INFORMATION

• **Grade 12 Students**
June 4, 2018 – Safe Grad Presentation
If your Spartan is graduating this year there is still time to pay the \$20.00 for the cap and gown fee which is payable at the main office of Espanola High School. FNMI students of EHS are encouraged to wear their ribbon shirts or skirts and/or their regalia to commencement ceremonies.

• **EQAO – Grade 9**
June 5-18 – EQAO Grade 9 Mathematics
• **Aboriginal Student Awards**
June 7, 2018 – Caruso Club, Sudbury ON
• **COOP luncheon June 15th, 2018**
• **June 18, 2018 - Professional Development Day – No School**

• **Exams – All students**
In Class Exams- June 19, 20, 21, 2018
Exams - June 22-28, 2018
• **Graduation – Thursday June 28**
Graduation Practice – 9:00 a.m. C3 C5
All graduating students should be in the B1 Gym by 6 p.m. Graduation should start promptly at 7:00 p.m.
• **Final Report Cards**
Note: To all students and parents the final report cards for the 2017/18 school year will be placed in the mail on July 6, 2018. So watch and check your mail after this date.

To all the EHS students, parents and communities, we (Marti and Eric) want to thank all of you for your awesome work in school and the contributions which ensured a successful school year. We wish you the best in your educational endeavours and hope that this has been a great school year experience. Have an awesome and safe summer and we look forward to seeing all of you for the 2018/19 school year. It was truly a great pleasure to work with and have the support of the communities and the support staff to guarantee that the student's needs were met.

Miigwetch,
Marti Shawanda and Eric Johnston,
EHS Aboriginal Support Workers,
Rainbow District School Board
Espanola High School
147 Spruce Street
Espanola ON P5E 1R7

Tel: (705) 869-1590 Ext. 6233

Email: shawanm@rainbowschools.ca
Website: www.rainbowschools.ca

Education Manager Jacinta Shawanda

Aanii kina weyaa!
First of all, Congratulations to all Graduates, young and old, near and far – your accomplishments are both an indication of our personal strength and gifts as well as showing up as shining stars from the community of Whitefish River!

Secondly, the Education department has been very busy with processing of Post-Secondary Applications for funding. Letters to applicants will be sent out this month.

Miigwetch,
If you have any questions, comments or concerns please contact me at 705-285-4335 ext.209 or via email at jshawanda@whitefishriver.ca.



Carter McGregor, Jr. Head Dancer and Miles Sutherland, Head Dancer at the EHS Pow Wow held on May 17, 2018.

Missed an issue of The Rezound?
Find them online at
www.whitefishriver.ca

Librarian - Evelyn Jacko

Come and expand your mind or just relax it

Aanii fellow community members! Recently, I attended The First Nation's Spring Gathering in Sudbury, May 8-10, 2018. The gathering was hosted by OLSN (Ontario Libraries Service North) who are based in Sudbury. I received a great deal of information to assist me with grant funding. The gathering left me excited with so many great ideas. I just have to make sure I'm not taking from other departments. This means I will have to be out visiting the Administration staff and Clinic Staff during some afternoons. I will leave a note on the door to

let you know where I am and can be found. I will be at the library in the evenings for sure. The hours of operation are below.

Until then you are welcome to come and visit, it will get hot out so you may need a place to cool down, have a look around, use some Wi-Fi or a computer to do some free surfing. Of course folks needing to do educational or employment related things have dibs on necessary equipment.

I look forward to your visits. You do have to sign in for statistical purposes which helps with our fund-

ing. I will make a form to send out or you can come in and we can complete it on the computer to get you a library card.

Happy Father's Day!
Have the greatest day Gentlemen.

The Library's hours of operations are:
Tuesday – Saturday: 1pm-7p.m.
Phone: 705-285-1888
Email: evelynj@whitefishriver.ca

**Maamwe Kendaasing
Cheryl Shawanda, RECE, Child Care Supervisor**

Summer is finally here! Please dress your child appropriately according to the weather. Please bring a summer hat, water bottle and sunscreen for your child as we do go outside daily depending on the weather. Remember to please label all your child's belongings, eg water bottle, hat, sunblock lotion etc.

We encourage you to regularly check the Parent's Bulletin Board in the main entrance as we post information such as community events, training opportunities or job descriptions.

Congratulations to Pheobe, Braxton, Uriah and Olivia who will soon be graduating from Daycare and moving on to BIG school! This past month they have been visiting the kindergarten class at the school twice a week; and riding the bus to help them have a smooth transition when they start school in the fall.

POW-WOW season is officially here! Some of the children went to the school powwow and enjoyed dancing with their niitwitis, netchkas and family it was sure a nice powwow. The children and staff continue to go on various field trips with the Child & Family Well Being Coordinator Arlene swimming at the pool in Espanola and other activities. A

big Chi-Miigewetch goes out to all the parents who have participated in some of the field trips; extra helping hands is always welcome for our busy little friends at daycare.

Daycare Spaces

We no longer have any open spaces and are full to our licensed capacity for the summer. However enrollment forms are always available and your child can be placed on the waiting list until a space becomes free.

We continue to look for supply ECE'S and supply cook's if interested please provide proper documentation to myself at the Daycare or to Jacinta at the Band Office.

Special Day / Activites

June 15th - Father's Day Activites & Playground Picnic!

• Please RSVP by June 6th.

June 17th - Happy Father's Day!

We wish all the Fathers a wonderful Father's Day!

June 18th - International Picnic Day -

Weather permitting the children will be eating their snacks outside in the playground.



May 15th, 2017

EMPLOYMENT OPPORTUNITY

Child Care Assistant
2017 Summer Work Experience Program
(Post-Secondary Position)

The Whitefish River First Nation (WRFN) is seeking a motivated individual to fulfill the role and responsibilities for the position of Child Care Assistant at the Maamwe Kendaasing Child Care Centre. As the Child Care Assistant, the successful applicant will be responsible for the following:

Responsibilities:

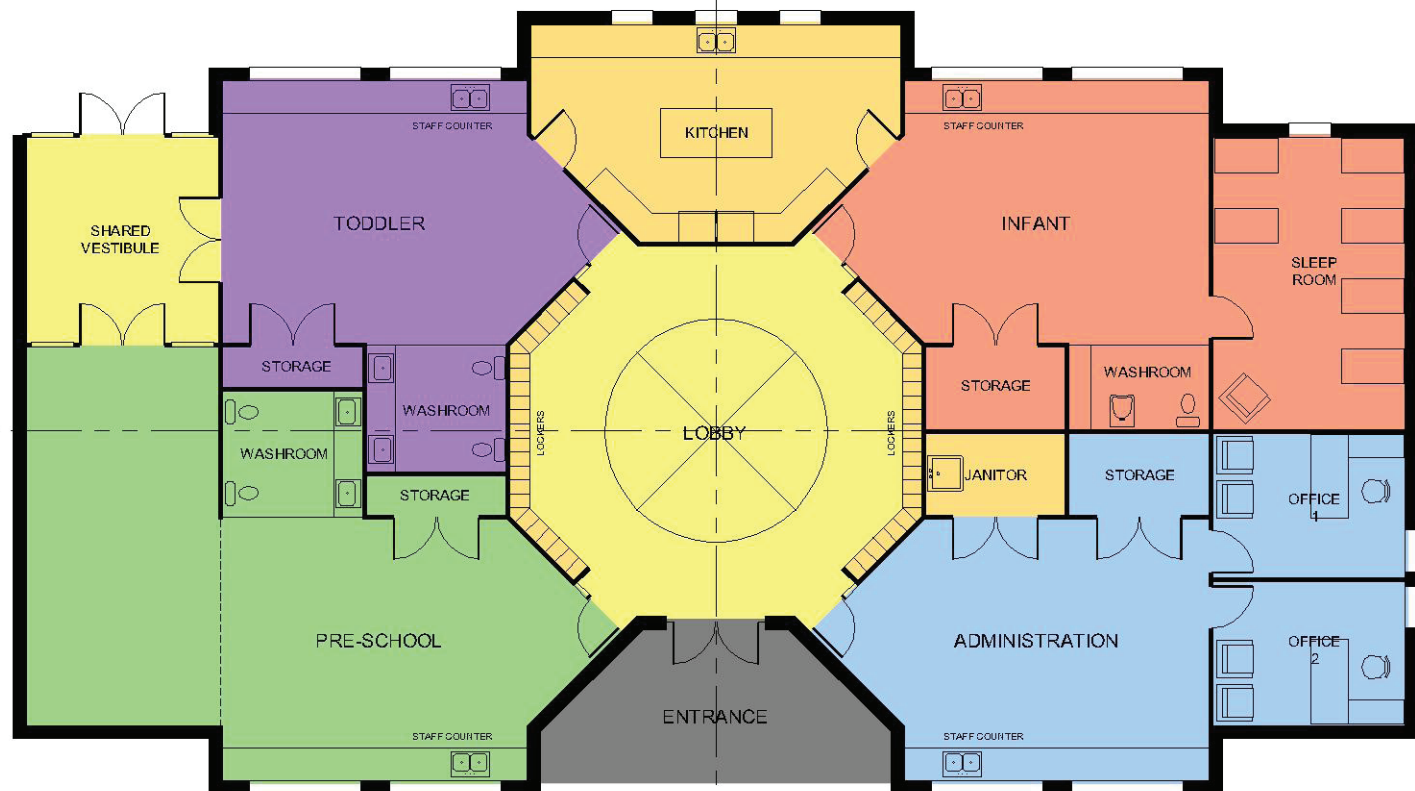
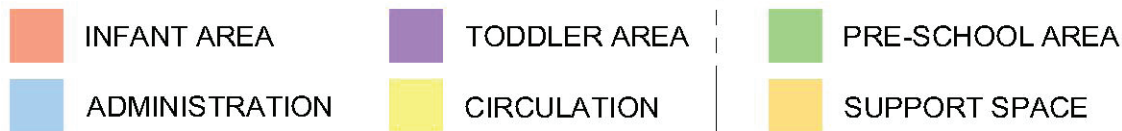
- ▶ Assist in planning and implementing programs plans that provide age appropriate play materials which continue to stimulate and challenge the children.
- ▶ Assist in providing age appropriate play materials which continue to stimulate and challenge the child, aiding in their growth and development.
- ▶ Assist in ensuring equipment and furnishing are suitable to age and development levels to meet their physical, intellectual, language, emotional, and social development.
- ▶ Assist Educator in playroom and creative supplies sensible and keeping creative shelves in a neat and orderly manner.
- ▶ Keeping playrooms clean, neat, appealing, and stimulating.
- ▶ To use Anishinaabewmowin language as much as possible with the children each and every day.
- ▶ Promote positive feelings and self-esteem in children
- ▶ Be a supportive and positive role model
- ▶ All other duties as assigned by supervisor.
- ▶ Must abide by Personal Policy of Whitefish River First Nation.

Qualifications:

1. Must have been enrolled in school in the past academic year (2016/17) and continuing their education in the academic year of 2017/18.
2. Must be member of Whitefish River First Nation.
3. Must have a CRC/VSSC (Criminal Record Check/Vulnerable Sector Screening Check)
4. Must have a valid First Aid Certificate

Interested applicants to forward a cover letter and resume no later than 4:30 PM, June 7th, 2017.

Whitefish River First Nation
17A Rainbow Ridge Road,
Birch Island, ON, P0P 1A0
Attn: Keith Nahwegahbow,
Economic Development Officer



The preliminary Maamwe Kendaasing Early Learning and Innovation Centre plans designed by Perry & Perry Architects.

The Bobcat



Wow June already!!!!

Important Dates:

- June 1st: Spirit Day! It's TWIN Day!
- June 14th: Grade 6 last A.B. Ellis visit
- June 20th: Graduation Ceremonies
- June 21st: National Aboriginal Day – NO School!
- June 25th: School Summer Olympics
- June 25th – June 28th: Land Based Learning
- June 28th: Classroom Clean-up
- June 29th: Last day of school

EQAO testing will be coming to an end on Monday, June 4 for Grades 3 & 6. EQAO is Provincial assessment done in reading, writing and mathematics. Each subject touched on prior learning experiences. EQAO testing will not affect student's report cards, and results from the EQAO will be delivered to the school in October- November of 2018.

May was a busy month!

Adult Painting

Adult painting with local artist Blake Debassige concluded this month. We had a good turnout and those who participated walked away with a masterpiece. Chi- Miigwetch to Blake Debassige for all his hard work in helping our community artists.

Mother's Day Tea

Thursday May 10th was Mother's Day Tea and it was a success! Miigwetch to everyone who came out to support our staff and students!

Heritage Fair

On May 15, the students presented their projects at the Annual Heritage Fair in our school gym. It was an absolute success and Chi-miigwetch for all the hard work that the grades 3,4,5 and 6's did. Congratulations as well to the JK/SK and the 1/2 classes for their participation and a job well done on their Maple Syrup displays. The judges had a very difficult job in deciding on winners as all of the projects were AMAZING!!! Congratulations to all participants, however, after much deliberation, the congratulations to the following;

Grade 3/4 winners

- 1st place goes to Violet Puddicombe for receiving the Ontario Heritage Fairs Award - Maple Syrup
- 2nd place goes to Nakia Nahwegahbow & Jackson Wa-boose for receiving The Multicultural History Society of Ontario Award- Tecumseh and the Walpole Island Connection
- 3rd place goes to Sasha Jacko for receiving The Multicultural History Society of Ontario Award- Turtle Clan

Grade 5/6 winners

- 1st place: Lucas Trudeau- Agawa for receiving The Human Rights Commission Award- Drumming
- 2nd place: Quintin Megwanabe for winning the Ontario Heritage Fairs Association Award- Fishing
- 3rd place: Raidyn McGregor for winning the Historical Thinking Award- Maple Syrup

Thank you everyone for all of your hard work.

Sucker Fishing

On May 15, students travelled to Sheguiandah and experienced Sucker Fishing. Some students got a little wet while on this adventure but they all had a fabulous time in the sunshine. Students had a delicious lunch provided for them. Students prepared and ate traditional foods with the elders from Sheguiandah First Nation, and also partook in traditional teachings and games. Students learned how to prepare and smoke the sucker fish, clean smelts and enjoy some maple syrup candy.

Hula Hoop Teachings

Throughout the month of May, all students participated in physical education and art activities with hula hoop activities with Natalie Hastings. Natalie came in to show the students how to hula hoop, some hula hoop tricks and they were all able to design and make their own sturdy hula hoop to take home!

Annual School Pow Wow

The Annual Shawanosowe School Pow Wow will take place on Friday May 25 at the soccer field with Host Drum High Eagle from Wikwemikong. Invitations have been sent out to other communities and we look forward to seeing everyone there. Come celebrate with us as we dance, drum, feast and there will also be a giveaway at the conclusion of the powwow. A big thank you to the hard working Pow Wow committee who has been putting this together. We look forward to seeing everyone there.

Traditional Teachings

Chi-miigwetch to Carmen Pitawanakwat and Tim McGregor who came to do traditional teachings with the 3/4 and 5/6 classes as part of health class! Miigwetch!

Coming up in June!

- **The graduation will take place on Wednesday June 20th.** Graduation will be held in the Shawanosowe school gymnasium. We look forward to seeing everyone there – come celebrate with our students as we enjoy the ceremonies, awards, food and don't forget - DJ Blake Debassige!
- From May 28 to June 1, Grades 3-6 will participate in water science-based workshops that will be held at Shawanosowe School. These workshops are funded as part of our ongoing Water and First Internship program in partnership with UCCMM and Wikwemikong First Nation.
- On May 31st, the JK/SK and grades 1/2 classes will be

heading to Lake Laurentian for a day trip.

- Northern Fruit and Vegetable Program 2018
- June 4: Celery sticks, Hummus dip, Honeydew melon chunks
- June 11: Carrot sticks, Apple sauce
- June 18: Mini cucumbers and whole strawberries
- Daycare transition visits to Shawanosowe
- Last transition visit for Daycare May 22nd and 24th from 9:00 am to 10:30 am.
- Land Based Learning will take place from June 25th- June 28th.
- Science North will be in on June 22nd for these days to teach students a variety of activities as scheduled below; JK/ SK: Sprout your Socks - will explore and investigate as young scientists and learn about different fruit and where they are grown. They will have a chance to communicate their findings with one another through active play and discover how seeds turn into plants.
- Grades 1-4: Invention Dimension - in this activity your young engineer will explore and find what kinds of 3D shapes can be found in real life. Students will design and construct and test structures and simple machines. Following a hands on activity students will then experience a trip through different architectural structures found around the world, making the math come alive!
- Grade 5/6: Zip to the Finish - as Zip lines become more popular around the world, the students will learn about forces that influence objects in our world by creating a marble chain reaction, your young extreme athletes will design, build and test a zip line.
- The Great Spirit Circle Trail June 26th and June 27th!

These days will include;

- **Canoe Lessons and Experiences**
- **Medicine Walks**
- **Eagle Cloud Crafts-Dream Catchers**
- **Voice of the Drum Experience**
- **Story Telling**
- **Anishinaabe Games**
- **Traditional Living and Lifestyles**

• Year End School Trips!

The year end is quickly approaching and with that comes year end trips! Each class is planning their own trip so please stay posted for further information as the dates approach.

- **June 13: JK/SK - ARC in Sudbury**
- **May 31: JK/SK and Grade 1/2 to Lake Laurentian**
- **Grade 3/4 - Sudbury Adventures**
- **Grade 5/6 - KUPP Centre and Sudbury Kart ways**

**Miigwetch,
Principal Cheryl Miller-Martin**



Victoria and Grandmother Elaine enjoy some quality time at the Shawanosowe Mother's Day Tea.



Lucas finds success at Sucker fishing.

Band Manager - Art Jacko

Aanii Bemaadizijig

We have some further exciting developments, we have secured the funding to proceed with Maamwe Kendaasing Early Learning and Innovation Centre to be added to our Shawanosowe School. We are in the process of finalizing plans and construction is expected to begin shortly after the school closes for the summer. This will create opportunities for our children and also provide the much needed space for our children. This will also create opportunities for the former daycare building.

Band Custom Election

The Band Custom working group is in place and the first meeting will be on May 26th. The working group will begin this very important work. The working group members are Marilyn Stevens, Anastasia Cywink, Tracy Megwanabe, Councillor Mark Shawanda and Esther Osche will be the elder. Martin Bayer from Weaver Simmons is the legal advisor for the working group. Leslie Manitowabi-Recollet and I will provide Administrative Support to the working group.

The first meeting will involve reviewing the terms of reference, developing a timeline chart, discuss a communication, consultation and engagement plan for Whitefish River citizens. We will be setting a page on our website to post information regard-

ing all the work with the working group. Monthly updates will also be provided through our Rezound. Please stay tuned for more information.

Boundary Claim Trust Working Group

The Trust Working Group have done a lot of work and are at the final stage of the first draft trust agreement. I encourage everyone to come out to learn more and to provide their input. If you are unable to attend the meetings, your ideas can be emailed to the Trust Coordinator or you can call or visit Esther Osche the Trust Coordinator at the Band Office.

Access to Fuelwood on Treaty Land

WRFN community members have access to fuel wood on our Treaty Lands, most are located by Fox Lake Road and all of the sites have easy road access. There is a mixture of wood ranging from maple, ash, poplar, birch, cedar, pine, spruce and fir. I encourage people to take advantage of this. There are no fees or permits required in accessing your wood. Maps of all the areas are available at the Administration office.

Elevated Storage Reservoir

Construction is well underway and we are on tar-

get with the construction schedule. The footing has been poured and now the work begins to build upwards. Community will begin to see the tower come over the tree line in 3 to 4 weeks. Two band members have been hire by the contractor.

Pickereel Spawning

Pickereel spawning has come and gone for another year. The Anishinabek/Ontario Fisheries Resource Center have completed a Spring Walleye Index Netting during the 2018 spawning season which revealed a disturbing finding. The female to male ratio for the pickereel netted is extremely low, where not many females were detected during spawning. There are a number of pressures place on the pickereel throughout the year, during the fishing and spawning season. It begs the question, are the pickereel population at risk on the river?

I am always available to the community, please feel free to drop by for a visit and have a Mkade Misko-diismin Naaboo (coffee) on us. You can also email me at ajacko@whitefishriver.ca or call me at 705-285-4335 or my cell at 705-863-3027.

Nahaaw, Baamaapii Miimwaa Kawaabmin



Construction of the Elevated Storage Reservoir is progressing nicely.

May 25, 2018

Whitefish River First Nation Elevated Storage Reservoir Update

The following brief is to provide the community with information on the Project.

Project: Construction of a 1220 m³ Elevated Storage Reservoir And Decommissioning of Old Standpipe

The Project Team is comprised of:

- Chief & Council
- Band Manager
- Water Plant Operators
- Cecchetto & Sons Ltd.-Contractor
- FHR Inc-Project Manager
- First Nation Engineering Services Ltd.
- ISC

Our project is well underway and we are expected to be complete by November 2018. Once the new tower is built, the old standpipe will be taken down afterwards.

Again, we stress to all parents and children this is an active work site and should be avoided. The area will be fenced off during construction, but we remind all parents to tell their children that it is not a play area for their safety.

The Project will require local labour. The following positions are soon to be available at the project construction site:

- **Two (2) Carpenters**
- **One (1) Labourer**

If you wish to apply, please come to the WRFN Administration office to get an application to fill out. Take the filled-out application and a resume to the site trailer and see Mr. Ron McCrae, Site Supervisor-Cecchetto & Sons Ltd.

For further project information, please contact Art Jacko , Band Manager at ajacko@whitefishriver.ca or Kelvin Jamieson, P.Eng at kelvin.jamieson@fhrinc.ca

Trust Coordinator - Esther Osche

Greetings Citizens!



My name is Esther Osche and as the Trust Coordinator for the Whitefish River First Nation Boundary Claim Trust Working Group I provide a monthly report that provides an update on the activities of the Trust Working Group and our engagement with members on the development of a draft Trust Agreement. The Working Group has now completed their third Community Engagement Session which was scheduled to **share the first draft of the Trust Agreement with members.**

Purpose of a Trust Agreement for the Whitefish River First Nation: The Whitefish River First Nation (WRFN) has reached a draft Boundary Claim Settlement Agreement with the federal government of Canada that specifies a settlement offer amount. The draft Settlement Agreement requires the First Nation to develop a Trust Agreement to flow, preserve and protect the Settlement Agreement funds.

A Trust Agreement is a Rule Book that preserves and protects the settlement offer funds for today's and future members.

A Trust Operates as a separate legal entity and its function along with Trustees, are limited to receiving the Settlement funds, investing the Trust property and, making an annual payment to the First Nation. The decision to determine how to spend the annual payment is left up to the community and is outlined in the Trust Agreement.

The Trust Working Group's Role in the Development of a Draft Trust Agreement: The Working Group provides representation and input into a draft Trust Agreement template. They will accomplish this with input from the members at community sessions.

The May Community Engagement Sessions: Three engagement sessions took place as planned on May 10th in Birch Island, May 11th in Sudbury and May 12th in Toronto. Two presentations were provided. Nancy Kleer, of the Olthius, Kleer & Townshend Law Firm, and the WRFN legal advisor on the Settlement Agreement, presented on the **"Highlights of the 2013 Initialed Settlement Agreement"**. The presentation covered such aspects as the basis of the Specific Claim; the Settlement Terms; the Ratification Process and the Representations & Warranties WRFN will need to provide to Canada.

Tracey O'Donnell, the WRFN legal advisor on the trust agreement development, presented on the **"Initial Draft Trust Agreement"**. The presentation covered such aspects as How the Trust Came Into Existence and its overall purpose; Trustees, Powers,

Duties & Liabilities; Unique and some unique standard drafting for WRFN based on member feedback; An overview on standard clauses; Investments, Initial Payments & the Personal Cash Distribution unique to WRFN; Trust Uses (what we use the funds for); Amendments & Term of the Trust unique to WRFN. The Trust Working Group and its technical advisor's will review the input and comments gathered at the May 2018 Community Engagement Sessions, consult further with the WRFN Chief & Council and input all feedback to create the first draft of the Trust Agreement by June 15th. A summary of the first draft will then be mailed out to all individuals on our address list, including those who have provided us with updated address information, for their review before the end of June 2018. Another Community Engagement Session will be scheduled for mid July 2018 to obtain further input on the draft trust agreement to ensure it is vote-ready.

Following the July Community Engagement Sessions, the Trust Working Group would then plan for the next stage in the **WRFN Trust Process** by sharing information and announcements on the planned **Referendum**. The month of June was initially targeted for this exercise. However, additional time is needed to develop the Trust Agreement into the form that members have provided direction on. It is anticipated that work will progress on the Referendum preparations beginning in the month of August 2018. The Trust Working Group encourages all members to plan ahead to attend the anticipated **July 2018 Community Engagement Sessions** to discuss the first draft of the trust agreement. This will be another opportunity to help refine the draft so it can meet member's expectations. Your input is **valued and important**. Please make every effort to attend the sessions to continue your input and feedback into the draft.

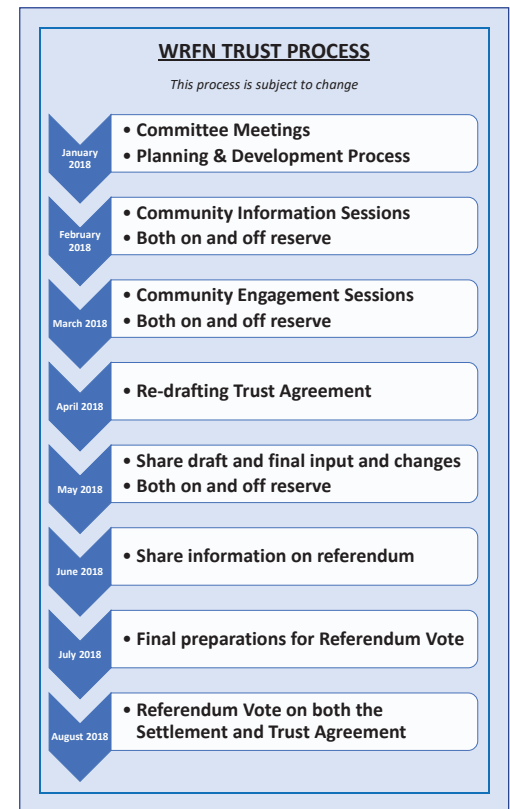
IMPORTANT UPDATE: The Trust Working Group will host another set of Community Engagement Sessions to take place on July 19th, 20th and 21st, 2018. The announcement notice to confirm this date will also be placed on the WRFN Community Website and included with a summary of the first draft of the Trust Agreement planned for mail out before the end of June 2018.

UPDATE ON MAILING LIST: Any member can attend the sessions. For those that do not have access to computers and can view our website for updates we have prepared a mailing list so information shared at the sessions can be mailed out to keep everyone informed on the trust developments. You can send the Trust Coordinator either a letter, email at eosche@whitefishriver.ca or, telephone call at 1-800-265-4335 and request to be put on a mailing list to receive information shared at the sessions or uploaded to the website. Miigwetch and thank you to everyone who have participated so far to update your mailing and contact information.

Questions: We encourage member feedback and questions at all times throughout the trust development process. Please send a letter or, email to the above-noted email address to the attention of Esther Osche, Trust Coordinator. A response will be prepared and sent back to you. The WRFN Chief & Council has approved a Members Queries Column for our home webpage. Please let us know when you submit your questions if you would like the questions and our responses to be shared at the website loca-

tion.

The WRFN Trust Process Chart: the chart has been developed as a guide for all to follow as the development of the draft trust agreement process unfolds. The Process chart is attached for your review and will be subject to change in a future edition as the Trust Working Group will need to move forward some dates in the process to accommodate the final design of the Trust Agreement.



REVISED COMMUNITY TRUST MEETING SCHEDULE

IMPORTANT NOTICE:

The following is additional to our previously posted community meeting schedules.

COMMUNITY ENGAGEMENT SESSION – PRESENTATION OF FIRST DRAFT OF THE TRUST AGREEMENT – JULY 2018

BIRCH ISLAND

July 19, 2018
WRFN Community Center
Time: 6:00 pm to 8:00 pm

SUDBURY

July 20, 2018
Holiday Inn - Regent St.
Time: 6:00 pm to 8:00 pm

TORONTO

July 21, 2018
Chelsea Hotel
Gerrard Room
4:00 pm to 6:00 pm

For more information please feel free to contact me at WRFN Administration at 705-285-4335 or via email at eosche@whitefishriver.ca.



AB Ellis students practice hand drumming with Cheyanne & Crystal.



Aurora Megwanabe, Nakia Nahwegahbow, Tim McGregor & Avery Sutherland were the Head Dancers at the Shawanosowe Pow Wow.



The students of EHS, Alexis, Jenna, Grace & Elijah who helped plan and organize their Pow Wow.



Amy, Iris, Shawna & Genny relax and unwind at the Mother's day Spa.



The May weather proved to be perfect for the Healthy Babies walking challenge.



Neither wind nor rain could deter the Kindergarten trip to Lake Laurentian.



Shawanosowe youth show their Community pride during the Annual Spring Clean-up.



Mother's Day Tea at Maamwe Kendaasing.



Shawanosowe students travelled to our neighbour community of Sheguiandah and learned to catch, clean and smoke sucker fish.



Rayna, Hunter & Brittney swing and sway the Anishinaabe way.



Heritage Fair winner Sasha Jacko poses with proud Dad AJ.

**Economic Development Officer
Keith Nahwegahbow**

In the past month I attended a workshop hosted by Waubetek on May 14th at the Manitoulin Hotel & Conference Centre about Business Marketing. The Marketing Strategy is the most important part of your business and business plan. The keynote speakers and guest entrepreneurs helped me understand the various costs associated with marketing your business and more importantly which types of marketing work for certain businesses. Trends in technology are changing the way marketing is done. This was a very useful workshop and I encourage all business owners and entrepreneurs to attend the **next workshop on June 19th 2018 entitled "Financial Management of Your Business"**. To register contact **Waubetek at 705-285-4275** and the best part is that it's **FREE** to attend!

The Anishinabek Ontario Fisheries Resource Centre (AOFRC) and WRFN started their Walleye tagging project during the spawning run on May 14th, 2018. The spawn was already underway when the AOFRC crew from North Bay arrived at the Whitefish River. The numbers collected correlate with the data from the previous years. The catch has shown a low abundance of females present in the population. This could have a negative impacts on the success of the spawn. This combined with the extended winter and late ice out does have an effect on the fish. The water temperatures rapidly increased causing

the spawning run to quickly come upon us as spawning run occurs when temperatures 4-10°C. Typically the water warms up at a rate of 0.5°C per day making the spawning run last approximately 12 days. This year we had the temperatures rapidly increase from 2-10°C in less than 8 days. We can't say what kind of effect this has on the spawning run itself but a shortened season may indicate less spawning activity and a less successful spawn.



Mike Megwanabe was the Contract Field Technician for the Walleye Spawning and Tagging survey.

All we could say is that the population is in a state of flux. The pressures during the spawning run, climate change, over harvesting, changing water levels and water quality all have an effect on the fish population we just

don't know what the extent of this effect is. If things continue the way they are we will continue to see the trend of a declining Walleye population.

As part of the summer employment season the job board in the employment resource room is updated on a weekly basis. Please take a look at the job board for local job ads, and if you need any assistance in searching for a certain job I can help you with your search. There is also many resources that can help you with making a cover letter and resume located in the employment resource room at the WRFN administration. Please visit the room and ask for help if you need any assistance.

And lastly June marks the start of our WRFN Summer Work Experience Program. WRFN will have 4 post-secondary positions that will run from June 18th to August 24th 2018. The 4 post-secondary student positions are; The **Summer Student Liaison** at the WRFN administration Office, **Health Centre Assistant** at the WRFN Health Centre, **Child Care Assistant** at the Mammwe Kendaasing Child Care Centre and the **Summer Recreation Coordinator**.

****Look for the Health Assistant Job Posting in the Employment Resource Centre****

For more information, please feel free to contact me at 705-285-4335 ext. 216 or via email at keithn@whitefishriver.ca



AOFRC Fisheries Biologist Curtis Avery collects data and tags a male Walleye from the Whitefish River.



A PLACE OF VISIONS AND DREAMS

May 17, 2018

Dear Community Members

As your Chief and Council, we ask for your urgent attention to an important matter concerning the fishery at our Whitefish River.

Beginning over 25 years ago, WRFN has worked with Community and Fish and Game clubs to help re-introduce pickerel into the Whitefish River. Collectively, we have made some strides, but in recent years our biologists report a slowly declining pickerel population, but an increase in the decline of female pickerel. Recent trap netting indicates the percentage of female pickerel under 5% of the total number of fish trapped. This is not good for the overall pickerel population in the Whitefish River.

Our young people know how important the pickerel are to our way of life. In our local school, the grade 5/6 class has re-introduced pickerel and speckled trout in to the surrounding water bodies. They are eager to see these fish populations that they have nurtured grow and thrive.

But the efforts of our youths and our elders to restore the fish require a commitment from the whole community. In particular, we need your support by attending the river to ensure that these fish are left undisturbed during the peak spawning period (water temps between 6 and 10 C). If you see anyone – community member or outsiders alike - disturbing the fishery in any way, please report this immediately.

Our treaty rights to the pickerel fishery belong not just to those of us alive today, but to the future generations of WRFN. If we are not good stewards of this delicate fishery, and if we do not ensure that all of our brothers and sisters respect the fish, they may be forever lost for those young people and their children's children who are counting on all of us. Effective immediately, until the pickerel spawn is over, let's all join together and respect the natural process of the spawn for the pickerel. By working together, we will all benefit from a healthier fishery.

We have retained the services of a security company to help with these efforts. You can report any harm to the fishery you see to our band manager or contact any member of council.

We look forward to your assistance and partnership in these efforts.

Ch. M. Igwetsh

 Chief and Council

WHITEFISH RIVER FIRST NATION
 17A Rainbow Ridge Road, PO Box 188, Birch Island, Ontario P0P 1A0
 TEL (705) 285-4335 FAX (705) 285-4532 www.whitefishriver.ca

Kathleen Migwanabi - Membership

Membership News
Office Hours: Monday to Friday
9:00 am to 4:00 pm

The Indian Registration Administrator (IRA) assists individuals with **registering Life Events** (such as Births, Name Change, Marriages, Divorce, transfers, and Deaths); and issuance of Certificates of Indian Status Cards (paper laminate card).

Certificate of Indian Status (CIS) Cards (paper Laminate Card) - If you require a status card, either for renewal or you lost your status card, **you are required to produce two pieces of government issued identification.**

Acceptable forms of identification are: Expired Status Card (no more than 6 months); Birth Certificate; Canadian Passport (counts as 2 pieces of i.d.); Driver's License, Employee ID Card, Firearms License, Provincial Health Card, Provincial ID Card, Student ID Card; Guarantor Form,

Please be advised that the membership office *no longer does mail out applications for status card renewals.* You may attend the WRFN Membership office to apply for a paper laminate card, or contact the nearest First Nation to see if they would issue you a card.

REGISTRATION VERSUS MEMBERSHIP - The amendments to the Indian Act in 1985 separated Registration in the Indian Register from Band Membership and gave the choice to bands to assume control of their own band membership.

REGISTRATION – The Indian Registrar retains sole responsibility for the registration of persons in the Indian Register. (This is known as a section 11 band.)

MEMBERSHIP – Membership in a band is determined either by: the band under section 10 of the Indian Act. All decisions on who can become a member of a section 10 band are made by the band itself in accordance with the membership rules it has established; or a piece of self-government legislation separate from the Indian Act; or the Indian Registrar under Section 11 of the Indian Act.

On **June 8, 1987**, WRFN gave notice to the Minister of Indian Affairs and Northern Development that WRFN is assuming control of its own membership. On **September 25, 1987**, Minister gives notice to WRFN, that **Whitefish River is a section 10 band under the Indian Act and determines its own Band Membership (Citizenship) under the WRFN Citizenship Code.**

Main Benefits of Registration and Citizenship (Band Membership)

Benefits of **REGISTRATION** may include:

- Certain non-insured health benefits
- possibility of post-secondary education assistance,
- treaty payments (if applicable),
- possibility of Federal and Provincial Sales Tax exemptions

Benefits of **Citizenship** may include:

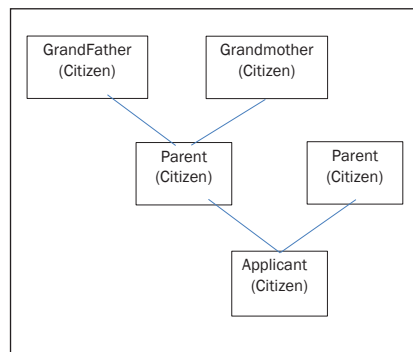
- a right to reside on reserve,
- a right to housing on reserve,
- voting privileges within the band,
- right to involvement in community affairs

Registration for Citizenship with Whitefish River First Nation is **not automatic**, and everyone must apply. It must be noted that Individuals who were registered **prior to September 25, 1987** formed the baseline for Citizenship.

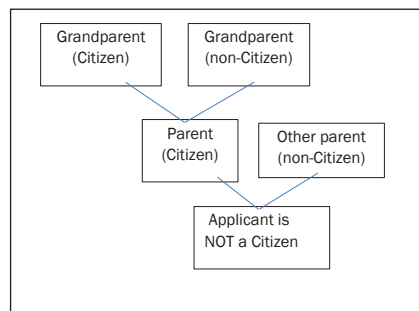
Applications for Citizenship and Probationary Citizenship are available in the Membership Office. When a person is seeking enrollment as a citizen or probationary citizen, as the case may be, the burden of proving the right or eligibility thereto rests upon the person who is seeking to establish entitlement or eligibility to enrollment.

The **WRFN Citizenship code recognizes two ways of becoming a citizen of our First Nation.** First, you may become a citizen, as of right, by virtue of your parentage under Article 4; or, Second, you may earn your right to become a citizen through a probationary Citizenship process under Article 5.1 thru 9.2

Example of a Person who is entitled to Citizenship



Example of a Person who is NOT Entitled to Citizenship



NOTE: in this example, however, that the applicant is *eligible* to apply for Probationary citizenship.

REQUEST TO UPDATE MAILING/CONTACT INFORMATION:

We are requesting members to please update your mailing address to include Post Box numbers, and contact information (telephone, email, etc.). Your mailing address is required for voting purposes within the band, (i.e. elections, referendums), as well as distributing important information. It is your responsibility to notify the Membership Office of change of address.

Should you have any questions, please do not hesitate to contact the Whitefish River First Nation Membership Clerk/Indian Registration Administrator, Kathleen Migwanabi at (705) 285-4335 ext. 208 or by email at kathleenm@whitefishriver.ca



I would like to thank Whitefish River for all of the help and showing us much love and support during our time of loss.

My mother (Anna Cywink) grew up here and always came back to visit her many relatives. She never forgot where she came from and she had much respect for Whitefish River and the people.

I especially would like to thank the following: Chief Franklin Paibomsai and Art Jacko, Ferdinand Paibomsai, the firekeepers: Wyatt Jacko, Joe Paibomsai, Fabian Paibomsai, Jimmy Atkinson, Emmett Pitawanakwat, and Bryton Fox-McGregor.

The WRFN Health team/ Leslie McGregor for support in the kitchen, Jean and Lawrence Andrews and Lisa Cywink for providing spiritual support. A special thank you to Ann McGregor for supporting us in her special way. Lee and Jordi Jacko and Carl Cywink for pallbearers and Wyatt Jacko for carrying mom's cross.

Also to those that donated food and offered prayers for my mother's journey, Chi- Miigwetch.

To those that we may have missed, thank you and you are all in our hearts.

Last but not least, a Chi-Miigwetch to my Aunti Stacey, who was a pillar of support and strength during this time for me and my family.

Scott Madahbee & Family.

Happy Birthday Mom, forever in our hearts and never forgotten.
 (June 2nd)



Birch Island Fire Department would like to thank the various businesses for their continued support and Riders of the Mudder's Day ATV Run and the Organizers of the Mun Run

Mukwa Adventures - Massey
 Espanola Home Hardware
 Watson & Parojic
 Wolfie's - Birch Island
 Harbor Vue Marina - Little Current
 Dennis McGregor - Cambrian Insurance
 Orr's Valumart - Little Current
 Guy's Auto - Espanola
 Red Dog Grill - Whitefish Falls
 Rivet Insurance - Sudbury
 Trailside Sports - Espanola
 Algonquin Equipment
 Jim Andrews
 Georgina Recollet
 Andrew and Stephanie Recollet
 and a very special thank you to Trevor McVey for all your help!

We must not forget to mention all the participants, especially those who travelled long distances to attend. Thank you to the volunteers that helped to make the day a success.

Thank you to the Volunteers that prepared the Meals!
 Aaron Recollet, Tony Andrews
 John Rutledge, Marcus Pitawanakwat
 Gerry McGregor, Doreen Jacko
 Jean and Grant Oshkabewisens
 Georgina Recollet, Theresa Recollet
 Gail Jacko, Tania Jacko
 Alex Shawanda

Thank you to the Birch Island Volunteer Fire Department for organizing this annual event
 I apologize if we forgot to mention anyone.
 We hope to see you all again
May 11, 2019.
Fire Chief: Gerry McGregor
Fire Captain: Andrew Recollet



ABORIGINAL DAY

JUNE 21, 2018

SAVE THE DATE

GLIMPSE OF THE ACTIVITIES

PIG ROAST

DJ BLAKE

BOAT AND QUAD TOURS

BOOK YOUR SPOT WITH DANIELLE

705-285-4335

Check mammogram off your to-do list!

mammathon

Wednesday, June 6, 2018
 Celebrate 11 years of Breast Screening Challenges across the North East.

Join other women ages 50-74 who have never been screened.
 No appointment necessary.

Contact Doreen Jacko at the Health Centre to participate. Transportation Provided.

TO-DO LIST
 Pick up milk
 Pay water bill
 Mammogram

Breast Screening and Assessment Service
 865 Regent St., South
 Sudbury, ON
 (705) 675-2283
 Toll-free: 1-800-661-8897
 8:00 a.m. - 4:00 p.m.

Health Sciences North
 Horizon Santé-Nord

Twitter: #mammathon2018
 Facebook: @HSN_Sudbury
 www.hsnsudbury.ca

Happy Grade 8 Graduate!
 We are extremely proud of your accomplishments.
 Love,
 Your Family

****IMPORTANT - NEW DEVELOPMENTS****

**Whitefish River First Nation
Custom Election Code**

Aanii!

During the month of December 2017 a Community Poll was conducted to find out if there was sufficient interest to proceed with the development of a Custom Election Code for the Whitefish River First Nation. The results of the poll indicated that 76% of those polled wanted the First Nation to proceed with the development of a Custom Code to guide the process for the election of the Chief and Councillor's for our community.

Councillor Mark Shawanda has stepped forward to champion this development in response to the December community poll. A notice to invite interested community members to sit on a Working Group to steer this development was circulated. A Terms of Reference was developed and approved by the Whitefish River First Nation Chief & Council on May 22, 2018. The inaugural meeting of the Custom Election Code Working Group was held on May 26, 2018 at the Whitefish River First Nation Administration Offices and work began on these important developments.

The Working Group members are as follows:

1. Chair - Councillor Mark Shawanda
2. Anastasia Cywink
3. Tracy Megwanabe
4. Marilyn Stevens
5. Esther Osche (elder)
6. Art Jacko, Band Manager, ex-officio to the committee.

The administrative and technical support members are:

1. Leslie Recollet, Executive Assistant
2. Martin Bayer, legal advisor from the Weaver, Simmons Law Firm.

Purpose of a Custom Election Code for the Whitefish River First Nation: The Whitefish River First Nation (WRFN) currently elects their Chief and Council under Section 74 of the Indian Act and there are many problems encountered as a result of this. Time and duration of office is restrictive for the leadership to finish projects that have been started in our community, such as a school addition or settling a land claim agreement or self-government agreement. It also leaves the power to the Minister to determine for things such as the size of the Council, who can run for Chief and Council and, how nomination meetings are conducted, for example.

The community has told us that it is time to decide for ourselves how we elect our Chief and Councilors in a Custom Election Code developed by the community members.

The Working Group's Role in the Development of a Custom Election Code: The Working Group will provide representation and input into a draft Custom Election Code template. They will accomplish this with input from the citizens through a door to door community survey and, at community sessions scheduled for this purpose.

The Community Survey Door to Door: The Working Group has formulated a Custom Election Code Survey which will be circulated door to door in our community households beginning in early June and **to be completed by June 15th at 4:30 pm**. The community surveyors will visit each household and follow a list of who is to be given a copy of the survey to fill out. The survey should take approximately 5 minutes to complete and would be immediately handed back to the surveyor. If you happen to not be at home at the time of the visit a note with a name and number will be left at your door that you can call to receive and fill out a survey at a mutually convenient time.

The Community Survey on the WRFN Community Website: The Custom Election Code Survey can be accessed two ways: first, by going to the homepage of the WRFN website and clicking on the link "Custom Election Code Developments". Search for the Custom Election Code Survey link and click to open. Secondly, you can access the survey by clicking on the following link: <https://www.surveymonkey.com/r/YQ5WY6H>

PLEASE NOTE: The paper survey cannot be left at your home for return at a later date as results must be compiled by June 16, 2018 in order to create the initial draft of the Custom Election Code to be shared at future Community Engagement Sessions.

The Community Engagement Sessions: Two community engagement sessions to share the initial draft and subsequent draft of the Custom Election Code will take place in three separate locations and can be found outlined in the table below:

The Working Group encourages all citizens to plan ahead to attend the anticipated **Community Engagement Sessions** to discuss the initial draft of the Custom Election Code. These sessions will be your opportunity to help further refine the draft so it meets your expectations. Your input is **valued** and **important**. Please make every effort to attend the

sessions.

The Vote Date for Acceptance of the Custom Election Code: the Working Group is tentatively scheduling the Vote Date for acceptance of the final draft of the Custom Election Code at the upcoming Whitefish River First Nation Pow-Wow scheduled to take place at Dreamer's Rock on August 18 & 19th, 2018. It is our collective hope this ambitious schedule can be achieved.

Questions: We encourage your feedback and questions at all times throughout the development of the draft Custom Election Code. Please send a letter or, email to: info@whitefishriver.ca Your inquiry will be forwarded to the attention of the Working Group members for a response.

**CUSTOM ELECTION CODE COMMUNITY
ENGAGEMENT SESSION SCHEDULE**

**COMMUNITY ENGAGEMENT SESSION #1 –
PRESENTATION OF SURVEY RESULTS & REVIEW
OF INITIAL DRAFT OF THE CUSTOM ELECTION
CODE**

BIRCH ISLAND

June 27, 2018
WRFN Community Centre
Time: 6:00 pm to 8:00 pm

SUDBURY

July 5, 2018
Holiday Inn- Regent Street
Time: 6:00 pm to 8:00 pm

TORONTO

July 7, 2018
Chelsea Hotel
Time: 4:00 pm to 6:00 pm

**COMMUNITY ENGAGEMENT SESSION #2 –
PRESENTATION OF DRAFT**

BIRCH ISLAND

July 10, 2018
WRFN Community Centre
Time: 6:00 pm to 8:00 pm

SUDBURY

July 12, 2018
Holiday Inn-Regent Street
Time: 6:00 pm to 8:00 pm

TORONTO

July 14, 2018
Chelsea Hotel
Time: 4:00 pm to 6:00 pm



*Congratulations to my son Keion and his partner Sage and big brother Ashton on the safe arrival of the twins Adaira and Adonis Price born on Monday May 14, 2018 Sudbury Health Sciences.

Love, Mom & Family*



Posted May 31, 2018



A PLACE OF VISIONS AND DREAMS

EMPLOYMENT OPPORTUNITY
Housing Maintenance Assistant

Whitefish River First Nation is seeking one Housing Maintenance Assistant. This position will assist Housing Maintenance in property management of band rental units. This position will be 35 hours per week for a period of 10 – 20 weeks, pending funding approval.

Responsibilities:

- Be a team player in the maintenance of band residential rental units.
- Assist with preventative maintenance and on-going maintenance schedules.
- Participate in all health and safety training as directed.
- Other support activities as required by the Program Manager
- Provide written weekly reports

Qualifications:

- Minimum grade 12 or equivalent
- Some experience in basic carpentry and basic home maintenance
- Must have own basic carpentry tools
- Strong interpersonal skills
- Ability to communicate effectively orally and in writing
- Ability to work independently
- Between 16 – 30 years of age.

Deadline for Applications: June 15 at 12:00 noon

Please submit your resume and three references to the attention of:

Georgina Recollet, Housing Manager
Whitefish River First Nation
P.O. Box 188
17A Rainbow Ridge Road
Birch Island, Ontario
POP 1A0

We thank all for submitting your applications, only those being interviewed will be contacted.

WHITEFISH RIVER FIRST NATION

17A Rainbow Ridge Road, PO Box 188, Birch Island, Ontario POP 1A0
TEL (705) 285-4335 FAX (705) 285-4532 www.whitefishriver.ca

Tenant Counsellor - Kim Laundrie

The Housing Department would like to remind tenants that they must renew their rental agreements annually to ensure that information is accurate and up to date. Content insurance is **mandatory and must also be submitted on an annual basis.**

This is outlined in the Whitefish River First Nation Housing Policy and every Rental Agreement.

Section 3.4 Tenant Responsibilities of the Whitefish River First Nation Housing Policy states:

- "Every Tenant who occupies a Rental Unit must enter into and sign a Rental Agreement and comply with its terms. It is the responsibility of all individuals living in a Rental Unit to become familiar with all of their responsibilities and

obligations."

- "the Tenant must enter into and sign a new Rental Agreement each year;"
- "maintain insurance for personal property in the Rental Unit. Should disaster strike, WRFN, including the Housing Department, will not be responsible for damage to or the loss of any property;"
- "indemnify and save harmless WRFN from all liabilities, fines, suits and claims of any kind or which the Housing Department or WRFN may be liable or suffer by reason of the Tenant's occupancy of the Rental Unit;"

Please contact the Housing Department to schedule a time that is convenient for you to review and update your Rental Agreement, and to submit a copy of your content insurance.



Fifteen WRFN Community members attended the Free Mechanical Training Session on May 15, 2018. The training included presentations by PSL and McDougall Energy. Pictured here is Jean McGregor-Andrews, the lucky winner of the Broil King BBQ. Some of the other door prize recipients were as follows:

- Propane Fill up - Joe Recollet

- Hydro One Credit - Barbara Recollet
- Septic pump out - Andy McGregor & Kiki Pelletier
- Gift Card - Gail Jacko
- Furnace Filters - Lee Jacko, Tracy Megwanabe & Rachel Shawanda

Sweaters were also given out to each participant.



TOOLS TO HELP YOU BETTER MANAGE YOUR MONEY

- Budgeting 101**
- Let's Talk About Credit**
- Know Your Rights**

DINE AND DASH
Tuesday, June 19th 2018
AT 3:30PM

Council Chambers
17A Rainbow Ridge Road, Birch Island



Whitefish River First Nation
17A Rainbow Bridge Rd
Birch Island ON



Learn the '3 Keys to Housing Success'

RENTSMART BASICS (YOUTH)

RentSmart Basics is a course developed specifically for young people on the unique challenges and opportunities they face when renting. Through RentSmart Basics you will learn strategies to create a healthy, successful tenancy in your rental home.

WHEN: Wednesday June 13 & 20, 2018 @ 3:30 pm
WHERE: Band Council Chambers
REGISTER: Kim Laundrie, Tenant Counsellor






When:
Wednesday, June 13 & 20, 2018
Where:
Band Council Chambers

Please contact the Housing Dept. to register. Limited participants

Dinner will be provided

Contact information:
705-285-4335
Ext. 213
kiml@whitefishriver.ca

WHITEFISH RIVER FIRST NATION & ELEPHANT THOUGHTS COMMUNITY NIGHT

**COME OUT AND LEARN ABOUT THE WACKY
AND WONDERFUL WORLD OF SCIENCE
JUNE 5, 2018 @ 6:00 PM
COMMUNITY CENTRE
EVERYONE WELCOME!
FOR MORE INFORMATION CONTACT:
TANIA JACKO, COMMUNITY ENERGY ADVISOR**

PosterMyWall.com

Community Energy Advisor Tania Jacko

Aanii Kina Wiya,
Spring finally sprung and before you know it, summer will be here. Along with summer will come the inevitable heat waves. Don't forget to switch the direction on your fan so that it now spins in a counter-clockwise direction.

There are a few exciting events that will be occurring in the month of June. First event is the Elephant Thoughts Community Night occurring on June 5, 2018 at the Community Centre. Everyone is welcome to come out and learn some science while having fun.

Space cooling accounts for 1% of residential energy use, but it has been increasing since the past 10 years.

Fun Fact: "Before air conditioning, homes and buildings were designed with high ceilings, breezeways, sleeping porches, landscaping to create shadows, and more so that inhabitants would stay cool. When A/C became the norm, architects stopped building for the cooling effect (making it that much harder when we have to go without air conditioning)."

We will also have a Get Local Session with Hydro One. Come on out for information about programs that you may help you save. There will be one-on-one sessions in the afternoon from 3-5 pm and a public information session in the evening at 6:00 pm.

The Community Energy Committee is looking for a youth to serve as a member on the committee. Please feel free to contact me if you have any questions.

Keeping that in mind, an easy and affordable way to keep your home cool in the summer is to keep your windows open at night while its cool and then shut them in the morning. You will also want to close your curtains. This should help keep your house cool for most of the day. If you find that keeping your windows open does not effectively cool your house be sure to keep the room doors open too. You will also want to ensure that the door and window to rooms across from each other are open. This will ensure that there is a cross-breeze. Cross-breeze simply means that the breeze enters through one window and exits the window across the building from the other window.

If you have any questions or ideas that Whitefish River may be able to pursue in the Energy Sector please feel free to contact me at (705) 285-4335 or by email at energyadvisor@whitefishriver.ca, or stop by the administrative office. You can also ask your Community Energy Committee members.

As always, remember to turn off the lights when you leave a room that is not in use. Gii Waabmin Miinwaa!

Natural Resources Canada. Cooling and Ventilating Equipment. <https://www.nrcan.gc.ca/energy/products/categories/cooling-ventilating/13756> MA 2018.

Oliver Heating & Cooling. 8 Fun Facts About Air Conditioning. <https://www.oliverheatcool.com/news-for-homeowners/8-fun-facts-about-air-conditioning/> MA 2018.




We're here to offer support!

In order to serve you better, we're dropping by for a visit.
We know that you want a partner who listens, but we're also following that up with action. We have lots of great information to share about your bill and exciting new programs that may help you save.

We'll be on location to:

- ▶ Help you save on your next bill
- ▶ Share the programs and incentives you may be eligible for
- ▶ Provide tips for reducing your usage
- ▶ Answer your questions

**Whitefish River First Nation
Administration Office
June 12: 3pm-5pm & 6pm-8pm
Refreshments and Door Prizes**

**In order to help you in a timely manner,
please bring your bill and status card.**

**Would you prefer to speak with us now?
1-888-664-9376**

**Please RSVP to Tania Jacko by May 31st
via phone 705-285-4335 or Email: energyadvisor@whitefishriver.ca**

www.HydroOne.com





Whitefish River First Nation is seeking one Youth to serve on the Community Energy Committee!



Please send a letter of interest to: Tania Jacko,
Community Energy Advisor
Whitefish River First Nation
17A Rainbow Ridge Road,
Birch Island, ON P0P 1A0
email: energyadvisor@whitefishriver.ca



Monster Garage
Murray McGregor Jr. - Plant Manager

With the arrival of warmer weather, so also arrives all of our four legged friends out scavenging for food. The most noticeable are our friends the black bears. These four legged friends spend their entire summer looking for food to help with their winter hibernation. Although we've had a good wet spring with lots of rain, the bears will go where there is an abundance of food; landfill site, homes with BBQs on the deck and also gardens out back. Listed below are a few tips we can do to help lower the risk of bears visiting our community.

- Put garbage in containers that have tight-fitting lids, and only put it out on garbage day, not the night before.
- Store garbage in a bear-resistant containers, secure shed or garage. Do not store garbage in plywood boxes, old freezers or vehicles.
- Do not stockpile garbage. Take it to an approved waste disposal site regularly. Keep meat scraps in the freezer until garbage day.
- Remove grease and food residue from barbecue grills, including the grease trap, after each use.
- Do not put meat, fish or sweet food (including fruit) in your composter. Pick all ripe fruit off trees, and remove vegetables and fallen fruit from the ground. Encourage your neighbors to practice Bear Wise habits.
- Use a strong disinfectant (Pinesol is recommended from Ministry of Natural

Resources) to eliminate all odors from garbage and recycling containers and lids.
 • Never discard cooking grease outside, instead place it in a container with a lid, transfer it to a plastic bag and include it with other properly stored garbage.

You are responsible for your own personal safety and the safety of your neighborhood. By following these simple tips we can all help keep the bears in the wild. Public works will also be changing the curbside pickup and landfill days of operation from Thursdays to Wednesdays. Saturday operation will remain the same. This change is necessary to even out the days of operation so community members have shorter time to store their own refuse between days of landfill openings from Sunday to Wednesday (3 days) instead of Sunday to Thursday (4 days).

With spring/summer-like weather in full gear, so is the maintenance crew. We will starting up with lawn maintenance, assisting our fellow departments and attending to unscheduled call outs. To assist with spring growing season public works has hired a couple of lawn cutters to support with the lawn cutting program. The seasoned lawn cutters will help keep our public buildings looking clean cut.

If you have any questions or concerns regarding this report do not hesitate to contact my office or drop a line at publicworks@whitefishriver.ca

Whitefish River First Nation

LET'S BE A CARING COMMUNITY

**SPEED
LIMIT
30**

**Please observe
all posted
speed limits!**

May 28, 2018

****NOTICE****

Landfill Operations will be changing the landfill days of operations and curb side pickup from **Thursday to Wednesday** effective the week June 4th, 2018.

New Landfill Hours of Operation:
Wednesdays - 8:00am to 6:00pm
Saturdays - 8:00am to 3:00pm

This change is necessary to help limit the amount of bears wandering into the community.

Miigwetch,
Whitefish River Public Works Department



My family is very proud of the accomplishments of our family members. My sister Lorrilee has successfully defended her thesis to achieve her Interdisciplinary PhD in Rural and Northern Health. We are also proud of Shane McGregor and Justin McGregor who have successfully completed their Ontario College Advanced Diploma in Civil Engineering Technology. Finally, we are proud of Arden McGregor, who graduates Grade 12 and moves on post-secondary school at George Brown and Theron McGregor who starts post-secondary school at Seneca College in the Fall.

Your hard work, dedication and smarts have paid off! Good job. ~ Leslie



WRFN Minor Sports & Recreation
CHI-BINGO
 • 3 - \$1000 JACKPOTS
SATURDAY
JUNE 30TH, 2018
 DOORS OPEN - 5:00 PM
 MINI-GAMES - 6:45 PM
WHITEFISH RIVER FIRST NATION
COMMUNITY CENTRE
FOR MORE INFORMATION CONTACT
JAKE PAKOSIGAN AT 705-285-0671



May 17th, 2018

EMPLOYMENT OPPORTUNITY

Summer Student Liaison
 2018 Summer Work Experience Program
 (Post-Secondary Position)

The Whitefish River First Nation (WRFN) is seeking a motivated individual to fulfill the role and responsibilities for the position of Summer Student Liaison. As the Summer Student Liaison, the successful applicant will be responsible for the following:

Responsibilities:

- ▶ Taking the lead role as a summer student in the 2018 Summer Work Experience Program (SWEP) and become the line of communication between summer students, supervisors, and WRFN management staff.
- ▶ Create and implement a performance appraisal for all summer students.
- ▶ Assist with the recruitment process for all secondary summer students.
- ▶ Creating a template and schedule for all summer students to submit their weekly report.
- ▶ Creating a database of all summer student timesheets and ensure all timesheets are handed in on time.
- ▶ Assisting with the facilitation of any community event as assigned by supervisor.
- ▶ Assisting with the planning and facilitation of the end of summer traditional celebration for all summer students.
- ▶ Any other tasks as assigned by supervisor.
- ▶ Access to a reliable vehicle is considered an asset.

Qualifications:

1. Must have been enrolled in school in the past academic year (2017/18) and continuing their education in the academic year of 2018/19.
2. Must be member of Whitefish River First Nation.
3. Excellent verbal and written communication skills
4. Basic computer skills and knowledge of Microsoft Office.

Interested applicants to forward a cover letter and resume no later than 12:00 noon, June 13th, 2018.

Whitefish River First Nation
 17A Rainbow Ridge Road,
 Birch Island, ON, P0P 1A0
 Attn: Keith Nahwegahbow,
 Economic Development Officer

Pet Care & Tips



Meow everyone!

Well, I guess our spring has finally arrived and things are starting to warm up. My cats are spending more time outside on the front deck where they know they will be safe. There is a couple who venture out a little further, like my Tinker. He likes to go down to the boat shelter down by the Marina.

Well, the hummingbirds have arrived for another summer. I have one that sits on my telephone line outside my kitchen window where my sink is and I have called him my Buddy. I have noticed him sitting on nearly the same spot for the last two summers. I was kind of getting worried that maybe he did not make it over the winter but he showed up after a couple of the other hummingbirds showed. I just saw a Baltimore oriole that I had bought a special feeder for. It is a bright orange coloured bird with black wings and it also likes hummingbird food. They say if you see one to cut an orange in half in a place where the bird can get at it as they like oranges.

The cats are starting to lose their winter fur. I had to cut a big chunk off of Tinker and Fabio has some spots that need to be brushed out. The ones that had gained winter fat have started to lose it. I wish I could lose some weight. As for me, I am slowly getting better, you might see me sometimes carrying oxygen with me. It helps me to keep up my strength. I was told I had a problem with my lower right side of my heart. It is not pumping as hard as the rest of my heart.

My next job is to go to the garden centre and get my flowers. I got one of my nephews to rake my yard for me and he did a good job. It is frustrating at times when you cannot do things that you used to do by yourself.

Some Cat Facts:

- The distinctive silk fabrics created by weavers in Baghdad, Iraq were inspired by the varied colours and patterns of the coats of cats. These patterned fabrics were called 'Tabby' by European traders.
- A cat can't lick the top of its head. Instead it uses its forepaw like a washcloth.
- The average meal of cat food is equivalent to about five mice.
- Cats spend about thirty percent of their waking hours grooming themselves.
- Nobel Prize winning writer Ernest Hemingway once had thirty cats at his house in Havana.

Well that is it for now, 'till next time, take care and remember to get your dogs or cats fixed to help keep the pet population down in our community. Remember to visit our elderly and shut-ins and take time to visit, I am sure they would enjoy it, and also remember our community members who are not well or are in hospital and remember them in your prayers.

Empress Farah, She-Pet Elizabeth and Webby Debby (The girl cats)
 Luka, Tinker, BJ, Francis and Fabio (The boy cats)
Dennis L. McGregor



Message from Ogimaa Shining Turtle Sturgeon Clan, Anishinabek Nation

June is upon us and it is also the beginning of summer. During the Summer Solstice, our Administration will undertake the ceremonies to welcome summer and to appease our spirits of our lands upon the arrival of summer. We have much that has gone on over the last month including;

- a) New Elevated Storage Reservoir Construction
- b) Work on the Trust process
- c) Community Clean up week
- d) Annual Treaty Annuity Day
- e) Daycare celebrations
- f) Traditional healing ceremonies for the community
- g) Annual Birch Island Fire Department Mud Run
- h) Growth Plans for the Daycare.
- i) Our Community Wellbeing.
- j) Whitefish Falls pickerel watch.
- k) Shawanosowe School sucker fishing in Sheguiandah
- l) Espanola High School Pow Wow
- m) Shawanosowe School Annual Pow Wow

The priorities of Chief and Council continue to focus on three key areas;

- 1) Community Wellness
- 2) Education
- 3) Economic Development

We are unwavering in our efforts to

move forward on wellness. Well we are making incremental progress, much work remains to be done and no challenge is too big for our community to overcome.

Chief and Council see the benefits of increased communication by the administration to share information with the community in a timely manner using our Rezound, Shawanosowe School Spirit, and with our approved WRFN social media tools. The Administration has taken very proactive measures to make sure we can communicate effectively. That is very clear, when you read the Rezound!!

One investment that we can all make towards our best news, is to end the language or negativity and myriad of rumours and untruths, together! Let's begin by starting to repair our relationship. Let us rise as one to meet these defining challenges of our time, so that future generations, basking in the sunlit uplands of tomorrow, might thank us and say truly this was their finest investment.

We now have two very significant major capital projects to update you on;

We are really moving along with the construction for the New Elevated

Storage Reservoir (ESR). The pedestal work is now being constructed and the work is on schedule. This exciting project includes; When completed our new Elevated Storage Reservoir will provide the water quantity needs for Whitefish River residents for a 50 year design period. The total estimated cost of Construction is over \$ 3 Million dollars. I wish to acknowledge Council for working with my office to continue to prioritize this important project.

With a lot of persistence and effort by Council, we have been successful in securing the funding to construct our new Daycare. The new Daycare will be added to the east side of Shawanosowe School and will bring all our education under one roof. This has been the plan since 2007 when Shawanosowe School was newly opened for our students. The new \$1.3 Million dollar project is a very exciting addition to the school system and fits into our 20 year community plan. Once again, I want to thank my council for working with my office to ensure that this project was realized.

The month of May has been very busy, but there are times when we need to be a little less busy. What do I mean by this; the attention that is needed

during the pickerel spawning period should be one of restraint. We have had tremendous pressure on the pickerel spawn this year and if we are not better caretakers of the land and waters, the pickerel will continue to decline in numbers. Future generations of our citizens may not benefit from a healthy fishery if we get so busy with our right to take. Food for thought!!!

The month of June is a special month for Fathers. So, this Father's Day, say thank you. Say, "I love you," and let's make sure we show that gratitude and appreciation through acts of respect throughout the year. No one deserves that more than our dads.

Happy Father's Day, and have a great month of June.

A special congratulations to all our graduates. Keep moving forward, we are all very proud of your accomplishments.

*Find me on Twitter
@ChiefPaibomsai
or on Facebook
Chief Shining Turtle*

Chief and Council Meeting Schedule						June 2018	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
					1	2	
3 Ceremony & Feast Robinson Huron Treaty Atikameksheng	4 Robinson Huron Treaty closing statements	5 Anishinabek Nation Grand Council Assembly -Fort Williams Kinoomaadziwin Dinner	6 Anishinabek Nation Grand Council Assembly -Fort Williams	7 Anishinabek Nation Grand Council Assembly -Fort Williams	8	9	
10	11 Special Chief and Council Meeting Council Chambers 6:00pm	12 Regular Chief and Council Meeting Council Chambers 6:00pm	13	14 OFNLP AGM Toronto	15	16	
17 Father's Day	18 Noojmowin Teg Health Centre AGM	19 Giiwednong Health Link AGM Working Chief & Council Meeting	20 Shawanosowe School Graduation	21 Aboriginal Day Celebration	22	23	
24	25 Cancer Care Board Luncheon-AOK	26 Sacred Heart Grad Elks hall 6:30 44 th Annual All Ontario Chiefs Conference	27 A.B.Ellis Public School 7:00 pm Graduation 44 th Annual All Ontario Chiefs Conference	28 Espanola HS Graduation 44 th Annual All Ontario Chiefs Conference – Nipissing F.N	29	30	



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NAME	JOB TITLE	EMAIL
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Kathleen Migwanabi	Acting Lands Manager	kathleenm@whitefishriver.ca
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HEALTH CENTRE: (705)-285-4354		
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Michael Aelick	Mental Health & Addictions Worker - NNADAP	maelick@whitefishriver.ca
Candice Assinewe	Community Wellness Worker	candicej@whitefishriver.ca
Crystal Clark-McGregor	Community Mentor (Right to Play)	righttoplay@whitefishriver.ca
Arlene Pitawanakwat	Child & Family Well Being Coordinator	arlenep@whitefishriver.ca
Gail Jacko	Food Security Coordinator	gailj@whitefishriver.ca
Winnie Paibomsai	Food Security Assistant	wpaibomsai@whitefishriver.ca
Cliff Jacko	Medical Transportation Driver	medtrans@whitefishriver.ca
SHAWANOSOWE SCHOOL: (705)-285-1311		
Cheryl Miller-Martin	School Principal	principal@shawanosowe.ca
Cara McGregor	Administrative Assistant	admin@shawanosowe.ca
Lisa Cutler	Grade 5-6 Teacher	lcutler@shawanosowe.ca
Rick Legrow	Grade 3-4 Teacher	rlegrow@shawanosowe.ca
Tiffany Gagan	Grade 1-2 Teacher	tgagan@shawanosowe.ca
Victoria Meuleman	JK/SK Teacher	vmeuleman@shawanosowe.ca
Sarah Oliver	Special Education Resource Teacher	soliver@shawanosowe.ca
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Jessica Reynish	Education Assistant	jreynish@shawanosowe.ca
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Danette McGregor	Native Language Teacher	dmcgregor@shawanosowe.ca
MAAMWE KENDAASING CHILD CARE CENTRE: (705)-285-7777		
Cheryl Shawanda	Supervisor/Educator	daycare@whitefishriver.ca
Dolores Pitawanakwat	Pre-school Educator	
Jo-Ann Recollet	School/Cultural Educator	
Cindy Tarr	Toddler Educator	
Blanch Recollet	Cook	

June 2018							
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Community Calendar						1	2 The Creation Story Dr. Jim Dumont 10am-4pm Comm. Centre BINGO
						3 The Creation Story Dr. Jim Dumont 10am-4pm Comm. Centre AA Meeting	4 BI Nightingales 7pm - Ball Field BINGO
10 AA Meeting	11 BI Nightingales 7pm- Ball Field BINGO	12 Elders Centre Soup/Sandwiches Hydro One Get Local Session 3pm-5pm & 4pm-8pm Band Office Regular Chief & Council Meeting	13 Renf Smart 3:30 pm Council Chambers	14 Elders Centre Father's Day Luncheon in AOK 10:30am-3pm BI Hitmen 7pm - Ball Field BINGO	15 Elders Workshops 7 Fires Centre-TBA Elders Centre Activities 10am-3pm	16 Father's Day Celebrations TBA - 8am BINGO	
17  AA Meeting	18 BI Nightingales 7pm - Ball Field BINGO	19 Elders Centre Soup/Sandwiches Budgeting Dine & Dash- 3:30pm Council Chambers Starting the Conversation 6pm-8pm Comm. Centre Working Chief & Council Meeting	20 Shawanosowe School Graduation  Renf Smart 3:30 pm Council Chambers BI Nightingales 7pm - Ball Field Garden Committee Mtg. Health Centre 7 pm-8pm	21 WRFN Offices Closed Aboriginal Day BI Hitmen 7pm - Ball Field BINGO	22 Elders Centre Activities 10am-3pm	23 BINGO	
24 AA Meeting	25 BI Nightingales 7pm - Ball Field BINGO	26 Elders Centre Soup/Sandwiches Elder & Youth BBQ Rainbow Lodge 5:30pm-8:00 pm	27 Custom Election Code Community Engagement Session 6pm - Comm. Centre	28 Elders Centre Meals on Wheels BI Hitmen 7pm - Ball Field BINGO	29 Elders Centre Activities 10am-3pm	30 \$ CHI-BINGO \$	

Birthday & Father's Day Wishes!

Happy Belated Birthday to Arianna,
Love Mom

Congratulations to all the
Graduates of 2018! Marti and family



Happy 13th Birthday Brandon!
On June 23rd. Hope you enjoy your
special day. To many more to come.
Lotsa love from Auntie Roz, Joel, Raidyn,
Daylyn, Sierra and Jax

Happy Birthday to my grandson Ryan
On June 14th.
Love Grandma

Happy Birthday to Marjorie King
From your friends at the Elder's Centre

Happy Birthday to my daughter Lorna
On June 2nd. Love Mom



Special Birthday wishes to our Special
Girl who will be turning a whopping 13
years old on June 8th. Time sure flying
by but we are still so proud of you in the
young strong Anishinabe Kwe that you
are growing into. Words cannot express
the love we feel. Love from Mom,-
Dad,Raidyn, Daylyn and Jax

Wishing my wonderful, loving, caring,
husband, best friend Steve Pareigis a
Happy Birthday on June 4th
Love u 4-ever, Veronica

Happy 2nd Birthday Alanna
on June 6, 2018

Alanna, a cuddle with you
Takes away my blues
A tender touch of your tiny fingers
Melts away my anger,
I am reminded by your innocent eyes,
That you are life's biggest prize.
We love you so much Alanna.

Happy Father's Day to all the Dads
Grandpas, Brothers, Uncles & Sons
From the Elder's Centre

Happy Birthday to Trevor
On June 1st
Love, Mom, Dad, Cheryl, Daniel & your
nieces and nephews

Sending Birthday Wishes to:
My niece Julia 'Bug' McGregor
on June 2nd
My son-in-law Jesse Bowles on June 9th
Love V-a & Steve

Happy Birthday to my
Daddy Jesse Bowles! Love Liam

Happy Father's Day to
my Dad John Recollet, Jesse Bowles,
Wayne McGregor, Paul McGregor,
Steve Pareigis, Larry Nahwegahbow



Happy 9th Birthday to our "Baby" Girl
On June 12, 2018

To our Daughter,
It feels like every time I close my eyes,
You grow! It's the scariest feeling for a
parent, as if I have blinked and missed
something. So if I try to keep you small
for a little longer, it's not because I don't
want you to grow up,
I am just scared of you growing up too
quickly. But I am so proud of the person
you are growing into.
Love, Mommy & Daddy
Again..Happy Birthday Sasha Payton
Xoxoxoxoxoxox
P.S. We love you more than all the words
in all the books in all the world!