

Bartter's
and
Gitelman's
Syndromes
~ An update

F2 莊惠倫
指導：張志宗 醫師



- ➔ **Story beginning...**
- ➔ **Clinical presentation**
- ➔ **Differential diagnosis**
- ➔ **Bartter's syndrome**
- ➔ **Gitelman's syndrome**
- ➔ **Treatment**
- ➔ **What's else ?**

Not so long ago...

1957 First case report:

2-month-old African-American boy
diarrhea, dehydration, failure to thrive,
persistent hypokalemia,
metabolic alkalosis,
hyperkaluria

1962 Bartter and colleagues:

Three African Americans:

5-year-old boy, 6-year-old girl, 25-year-old man

- ◆ Hypokalemia
- ◆ Hypochloremic metabolic alkalosis
- ◆ Increase urine excretion of K and PGs
- ◆ Renin, Aldosterone \uparrow , but normotension
- ◆ Vascular resistance to Angiotensin II
- ◆ Hyperplasia of JG apparatus

- 1966 Gitelman et al
hypomagnesemia & hypocalciuria
- 1988 28 cases review:
in siblings or
in children of consanguineous marriages
→ autosomal recessive inheritance
- 1992 Gitelman
A rose is a rose, or is it?

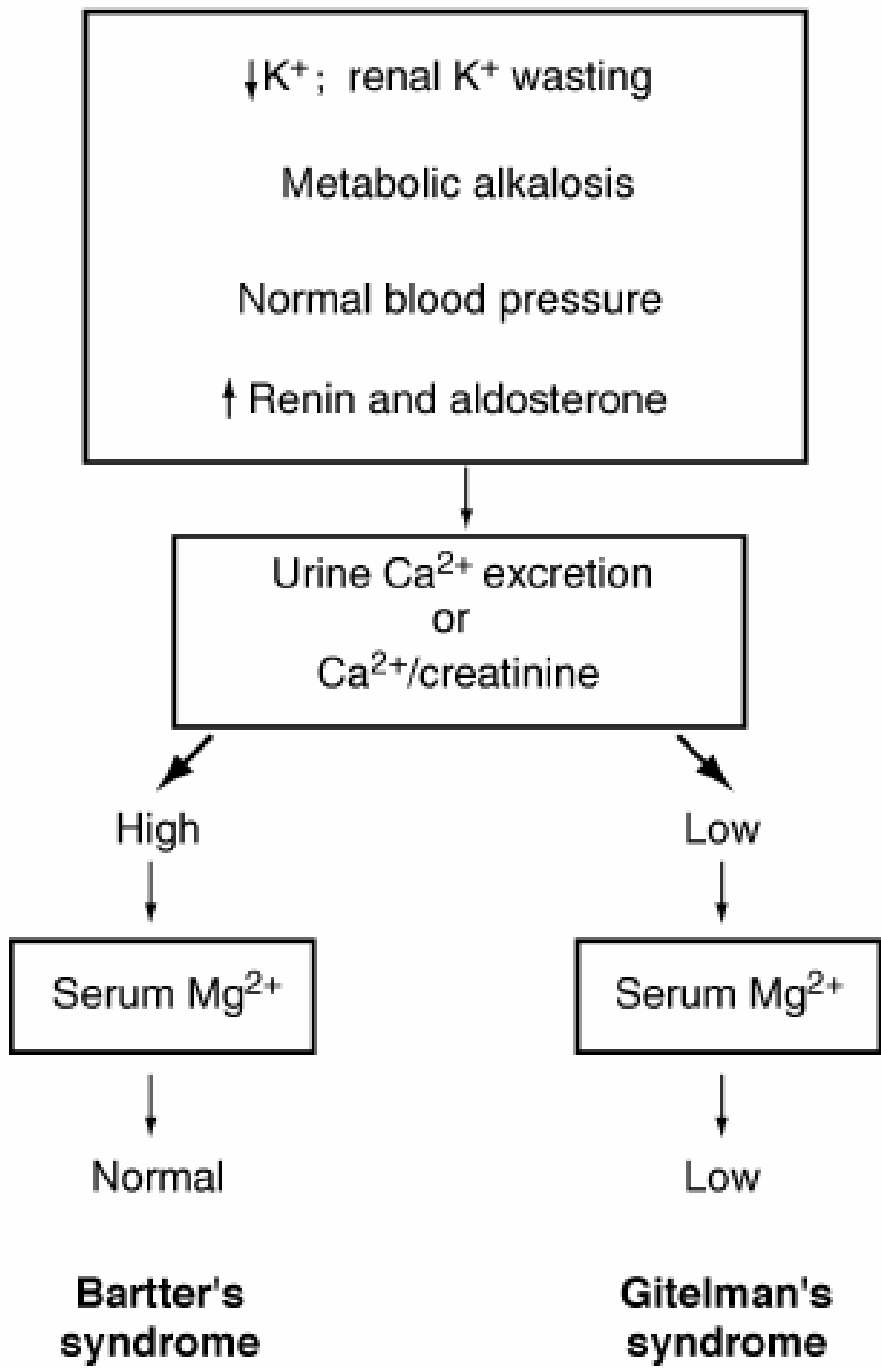
- ➔ **Story beginning...**
- ➔ **Clinical presentation**
 - ⊕ What's the difference ?
- ➔ **Differential diagnosis**
- ➔ **Bartter's syndrome**
- ➔ **Gitelman's syndrome**
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Clinical presentation ~ Bartter

- Occurred in first few years of life
- Polydipsia, polyuria, nocturia
- Growth retardation - common
- Fatigue and generalized muscle weakness
- Hypokalemia and metabolic alkalosis
- Plasma renin activity, angiotensin II & aldosterone ↑ ↑
- Normotension
- Urinary excretion PG ↑

Clinical presentation ~ Gitelman

- A milder and later clinical presentation
- Diagnosed in school age children or adult
- Polyuria & polydipsia – not prominent
- Growth retardation – not prominent
- Fatigue and generalized muscle weakness
- Hypokalemia & metabolic alkalosis
- Plasma renin activity $\uparrow \uparrow$, aldosterone \uparrow /normal
- Normotension
- Urinary PG excretion normal
- Hypocalciuria and hypomagnesemia



Bartter's syndrome

Salt wasting

Hypokalemia

Alkalosis

High plasma renin
activity and aldosterone

✓ Childhood

✓ Hypercalciuria

✓ Normomagnesemia

Gitelman's syndrome

Salt wasting

Hypokalemia

Alkalosis

High plasma renin
activity and aldosterone

Adulthood

Hypocalciuria

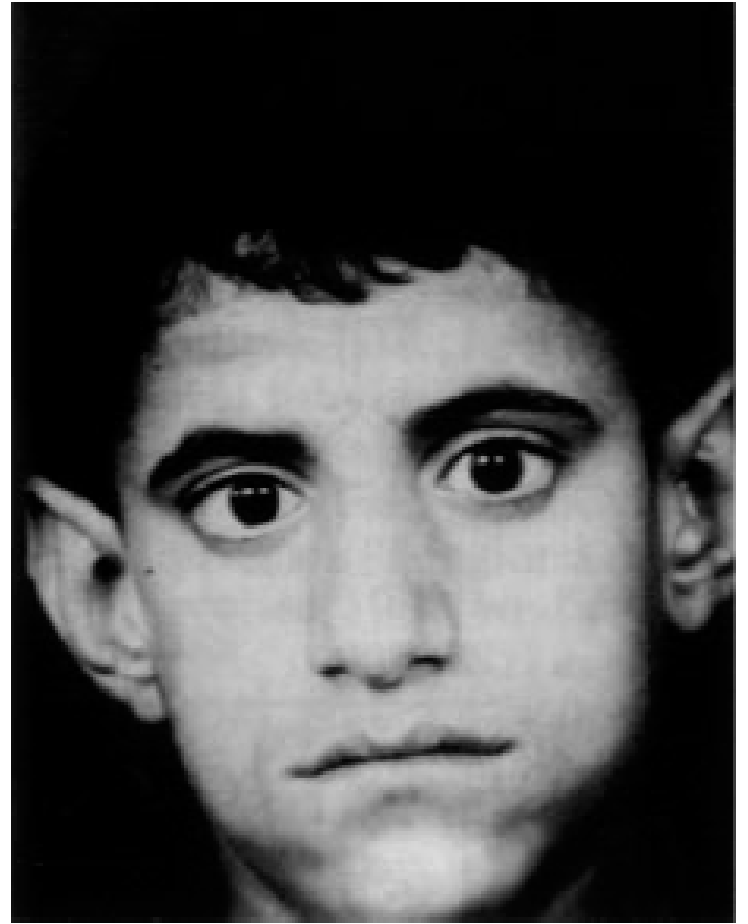
Hypomagnesemia

Recognize Bartter's syndrome ~ At a glance

- Prominent forehead
- Triangular face
- Drooping mouth
- Large eyes and pinnae

So, what do they look like ?





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Differential diagnosis

- Renal
 - Renal artery stenosis, renin-secreting tumor...
 - Diuresis use/abuse
 - Tubular dysfunction...
- Adrenal
 - Conn's syndrome, nodular adrenal hyperplasia
 - Liddle syndrome, mineralcorticoid excess...
- GI
 - Nasogastric aspiration
 - Diarrhea: congenital Cl diarrhea, colonic adenoma
chronic laxative use...
 - Sweat: cystic fibrosis...

Difficulty in differentiation

- Very low incidence of the disease:
1.2 cases / million
- Clinical heterogeneity



Pathogenesis

- 1) primary juxtaglomerular hyperplasia
- 2) primary insensitivity to angiotensin II
- 3) primary prostaglandin overproduction
- 4) primary defects in NaCl transport in various nephron segment
- 5) primary defect in K transport resulting excessive K excretion
- 6) primary defect in Cl transport in the TAL of henle's loop or the DCT

1) Primary juxtaglomerular hyperplasia

- Not unique feature
- A common characteristic of chronic hypovolemic states with hypokalemia
 - Chronic vomiting, chronic laxative abuse, familial Cl diarrhea...

~ Annu Rev Med., 1980

2) Primary insensitivity to angiotensin II

- Not unique feature
- Due to volume contraction,
elevation of vasodilator: prostaglandins...

~ *Eur J Clin Invest.*, 1993

- Volume expansion restore pressor sensitivity

~ *Am J Med.*, 1977

- PG inhibitor reverse the pressor resistance

~ *Am J Med.*, 1978

- Ag II antagonist cause hypotension

~ *NEJM*, 1976

3) Primary prostaglandin overproduction

- Not specific feature
- In multiple disorder associated with hypovolemia and K depletion
- Mediated by hypokalemia, Ag II, ADH...

~ *KI*, 1986

- COX inhibitor are not sufficient to correct all the manifestations

~ *Pediatr Nephrol*, 1987

Pathogenesis

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- ➔ **Clinical presentation**
- ➔ **Differential diagnosis**
- ➔ **Bartter's syndrome**
 - ⊕ Bartter's syndrome vs. Lasix
 - ⊕ Genotypes and pump families
- ➔ **Gitelman's syndrome**
- ➔ **Treatment**
- ➔ **What's else ?**

Bartter's syndrome

- Free water clearance (C_{H_2O}) ↓
Cl clearance ↑

~ *Am J Med.*, 1978

- Loop diuretics can produce the same physiologic derangement
Na-K-2Cl cotransporter

~ *Textbook of Clinical Nephrology*, 1991

- Not response to Lasix,
Normal response to Thiazide

~ *Miner Electrolyte Metab*, 1992

Bartter's syndrome

Salt wasting

Hypokalemia

Alkalosis

Hypercalciuria

High plasma renin activity
and aldosterone

Lasix

Salt wasting

Hypokalemia

Alkalosis

Hypercalciuria

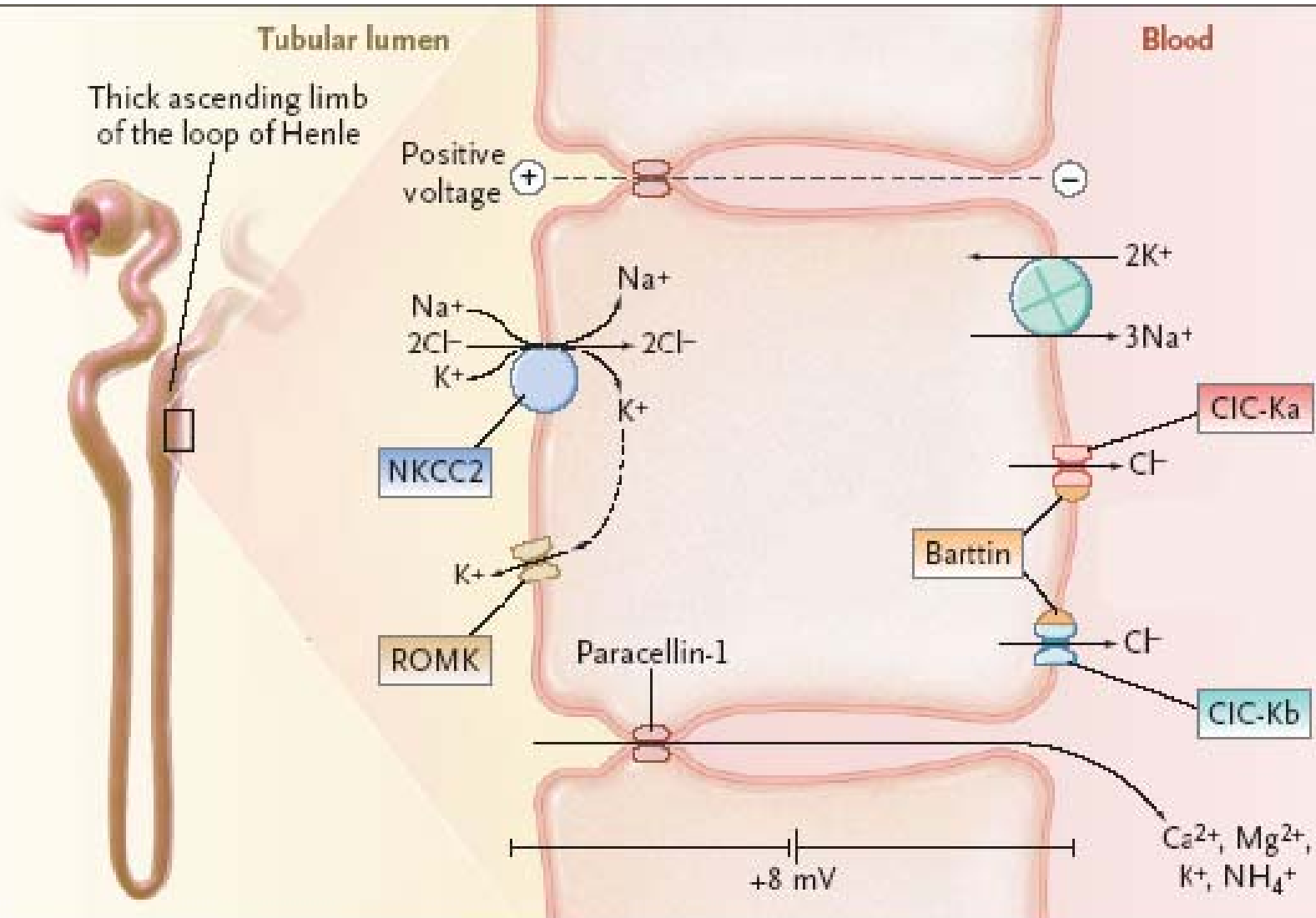
High plasma renin activity
and aldosterone

NKCC inhibition ?

Channels

- 1973 Rocha AS et al.
NACC: Na-K-2Cl cotransporter
- 1993 Ho K et al.
ROMK: apical K channel
Uchida S et al.
ClC-Kb: basolateral Cl channel
- 1994 Hebert SC
ROMK 1~5

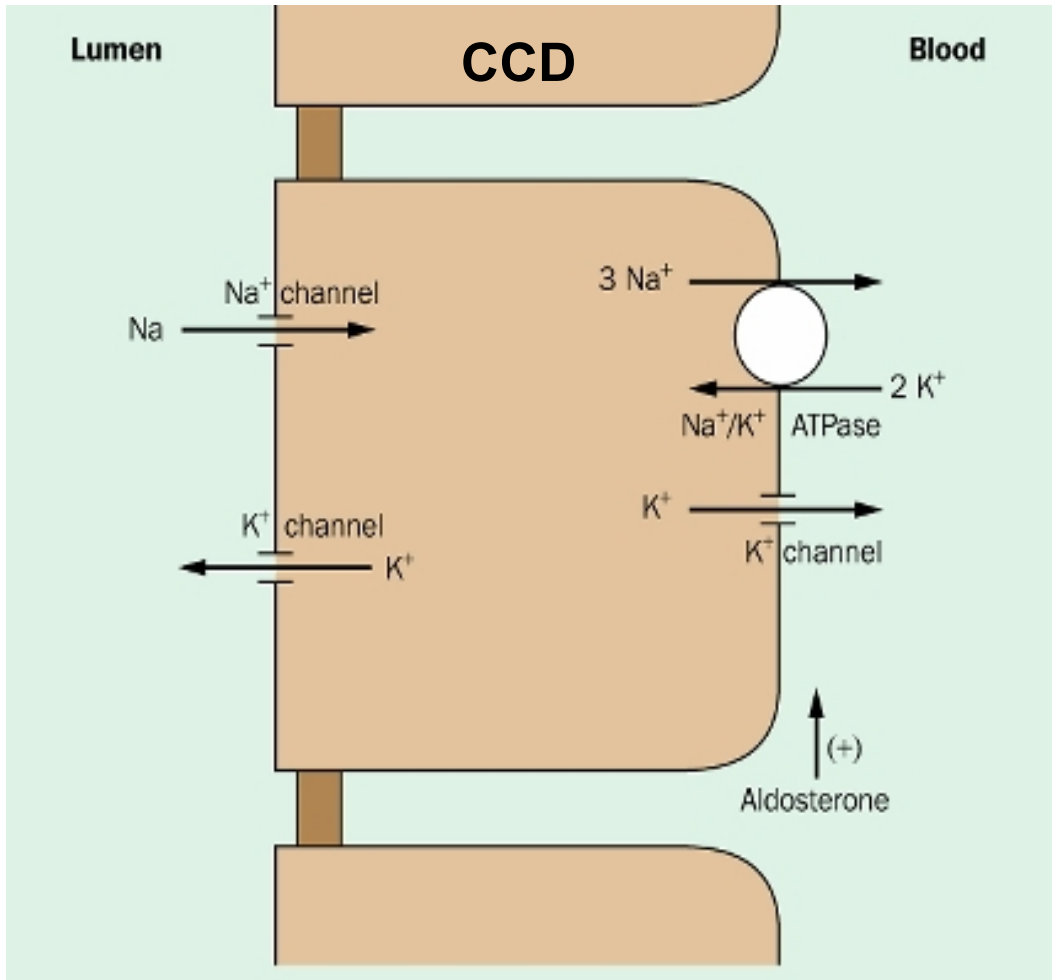
Basic effect of TAL



Polyuria

- Impaired reabsorption of NaCl in the TAL
- Salt delivery to distal nephron
- Salt wasting
- Polyuria and volume contraction

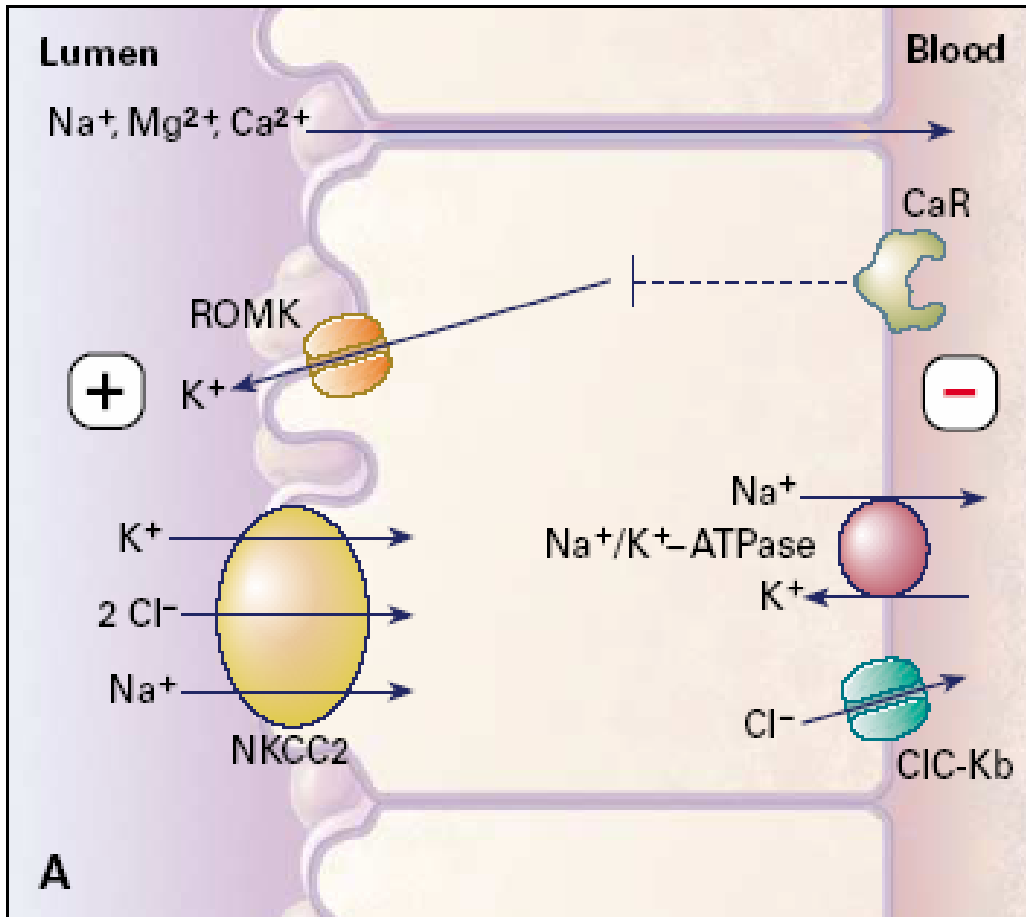
Hypokalemia



- Increase flow rate in the CCD
- Increase aldosterone-dependent ENaC activity
- Increase basolateral Na-K-ATPase
- Increase the luminal number of open Na & K channel

~ *Nephron*, 2002

Hypercalciuria

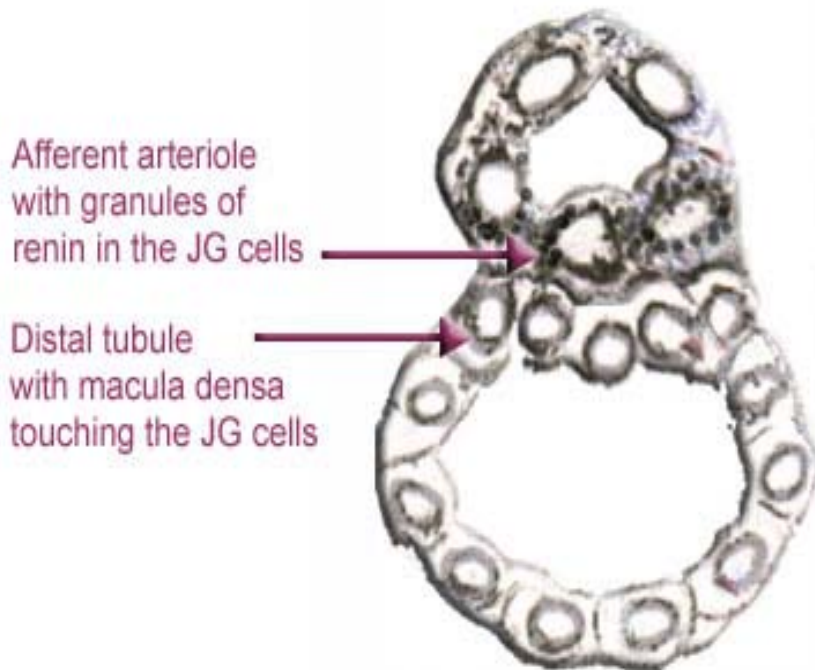


- Decrease lumen-positive transepithelial voltage
- Decrease paracellular reabsorption

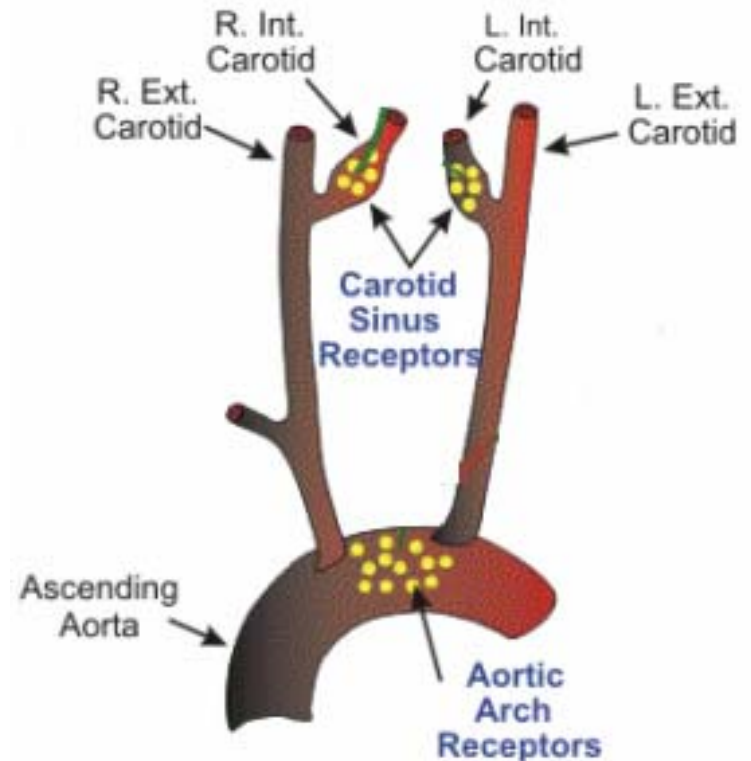
➔ Nephrocalcinosis

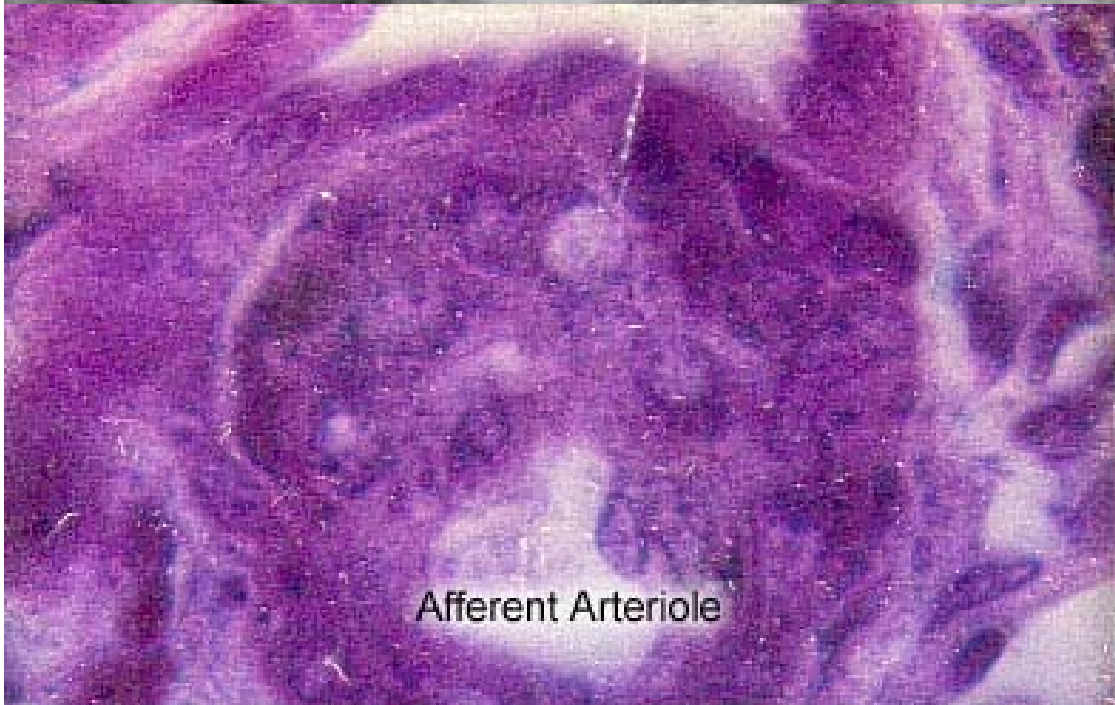
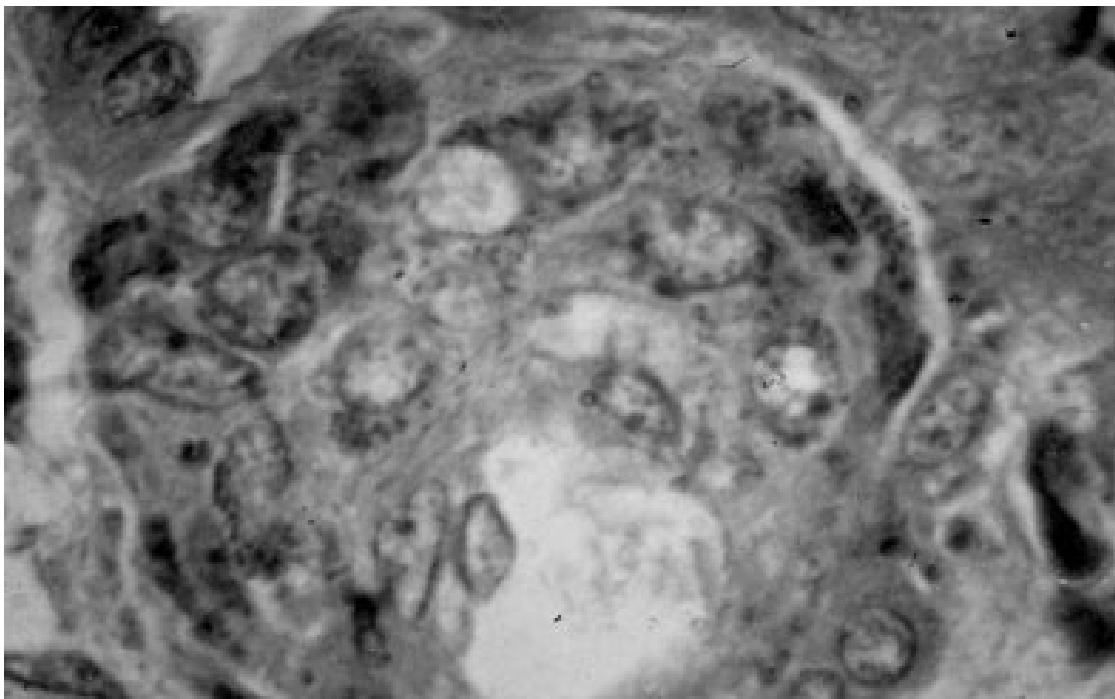
Hyperrenin & hyperaldosterone

Macula densa

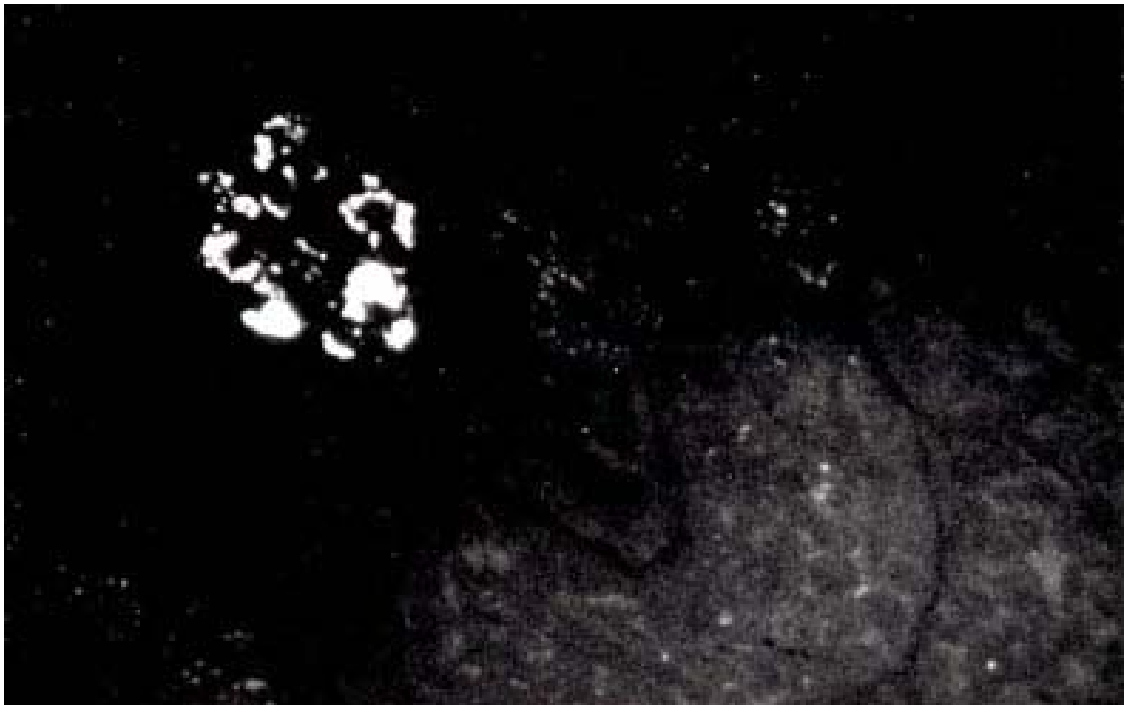
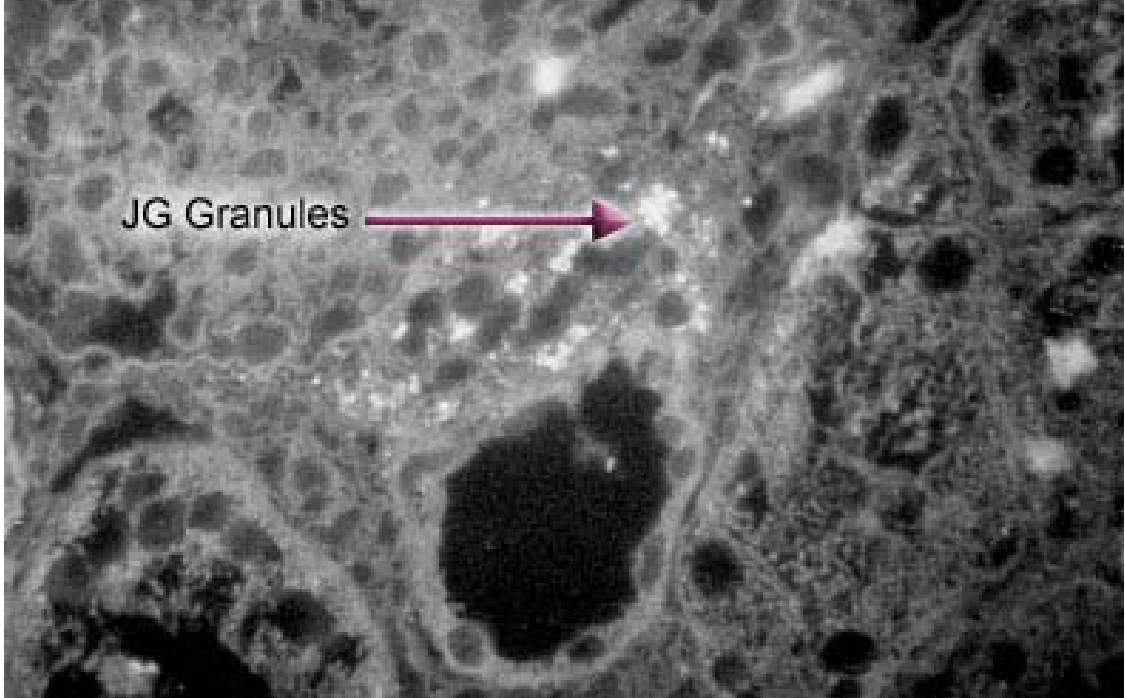


Baroreceptor





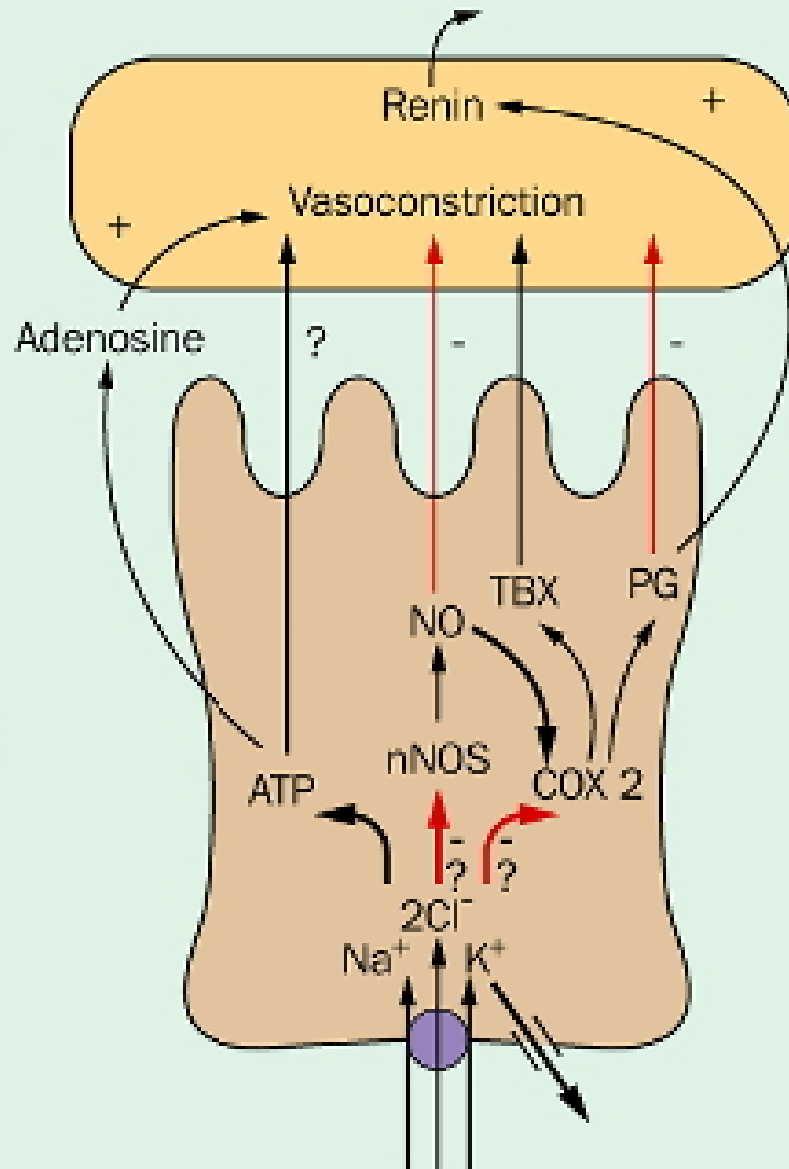
Afferent Arteriole

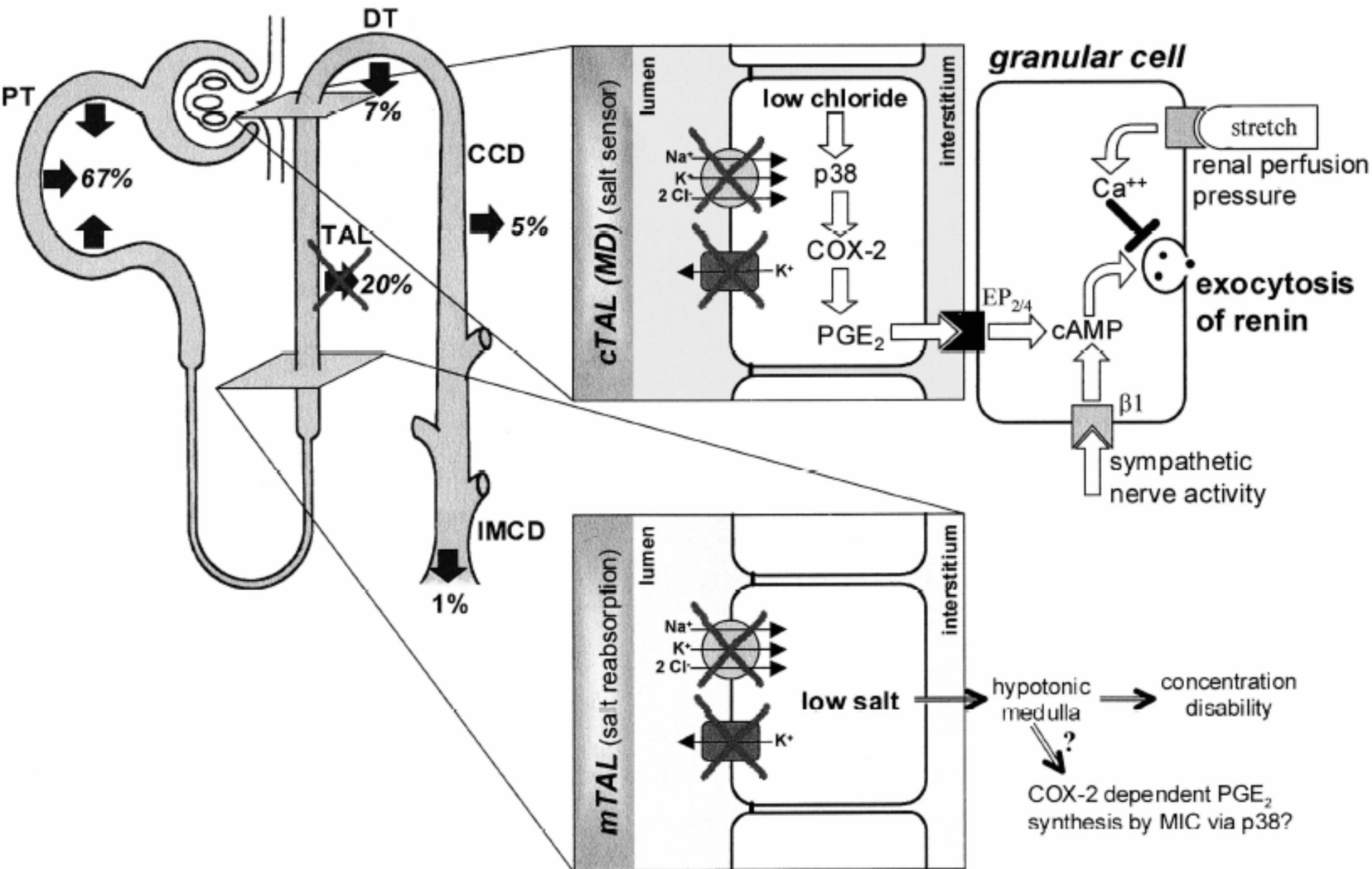


Afferent arteriolar granular cell

Macula densa cell

Tubular lumen





(nor)epinephrine

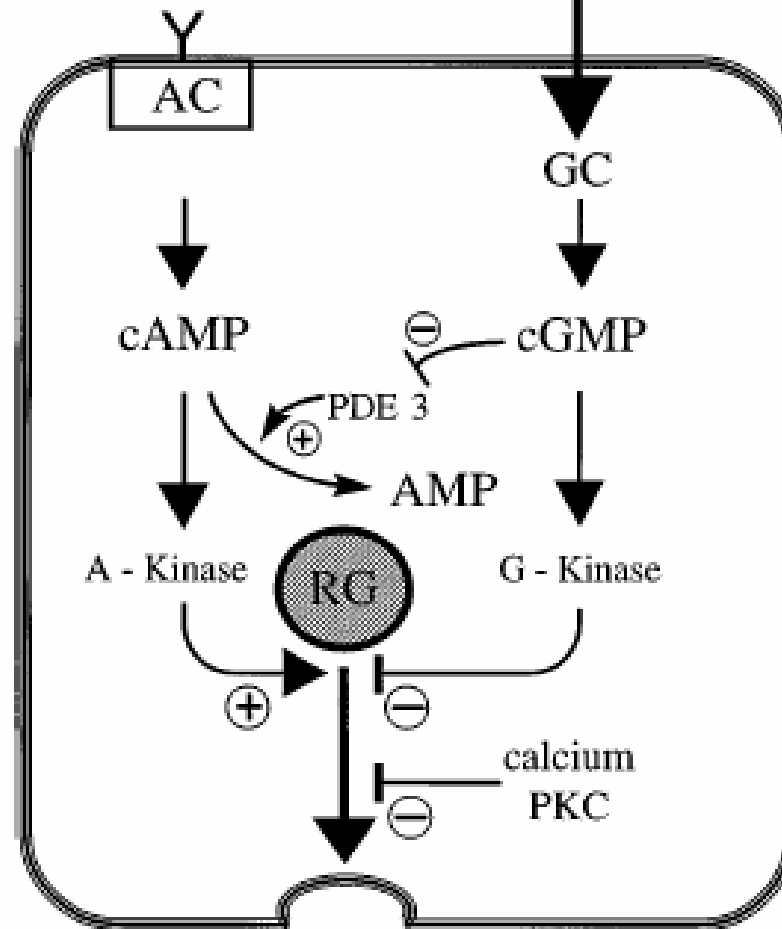
CGRP

dopamine

adrenomedullin

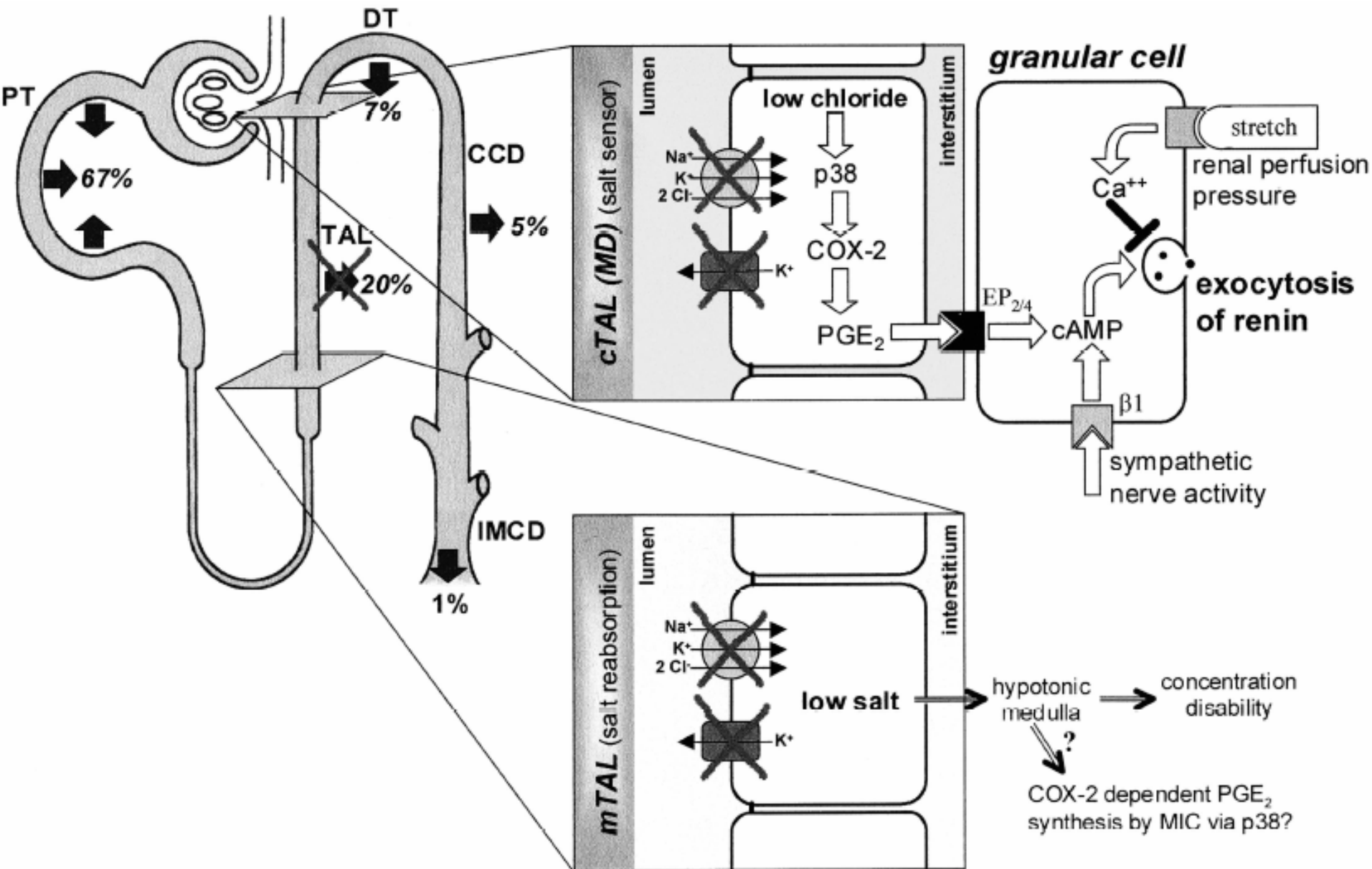
PGE₂, PGI₂

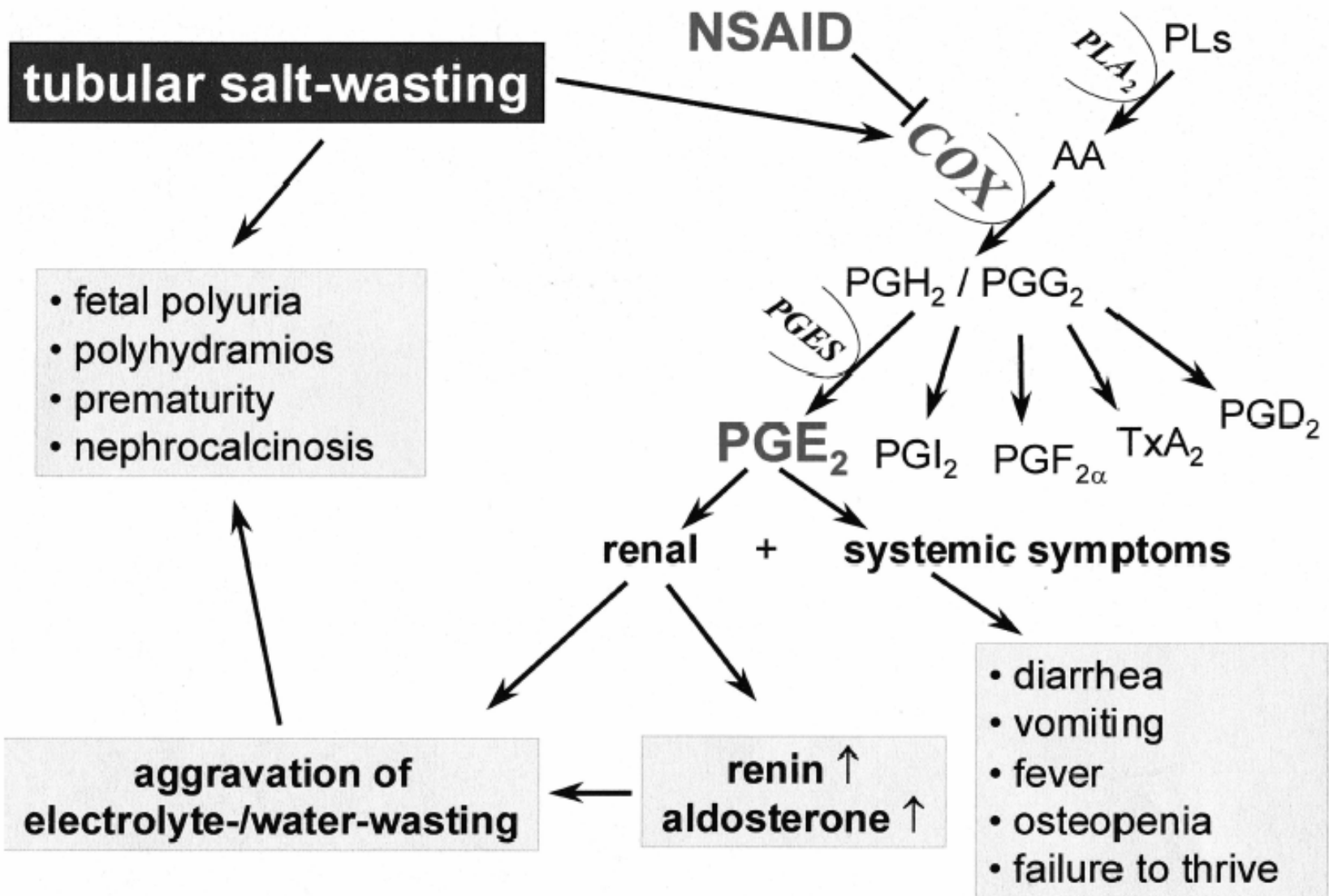
NO

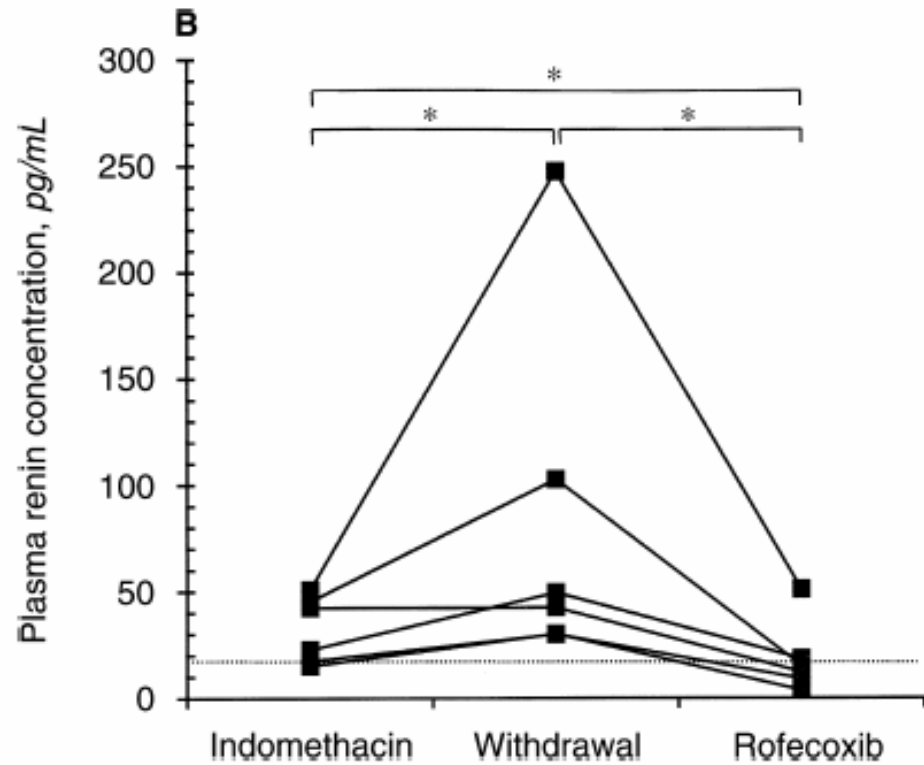
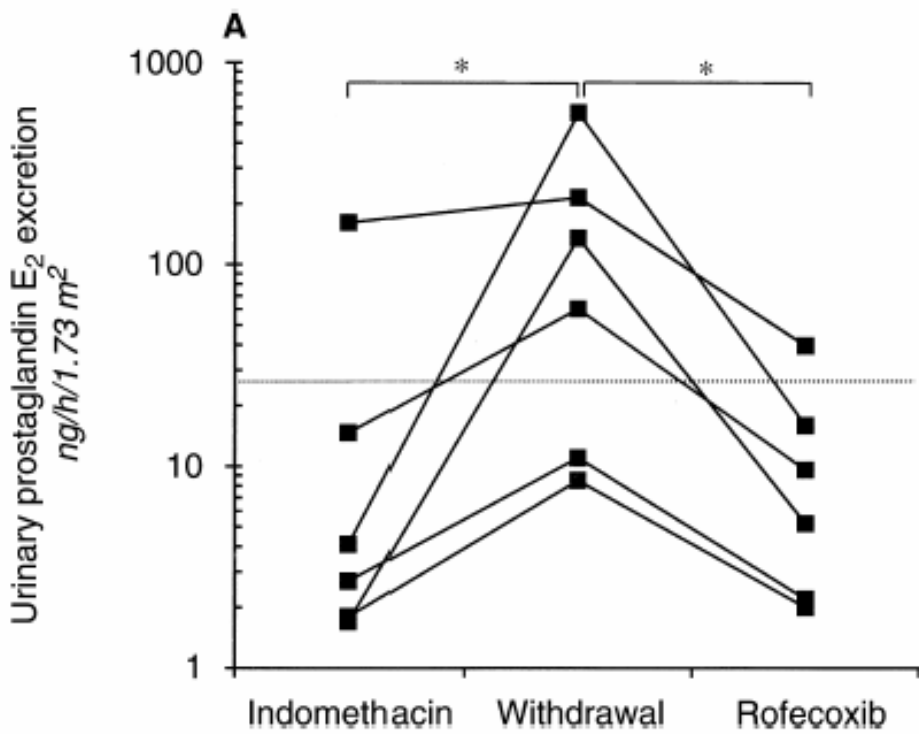


Hyperprostaglandinemia

- Cyclooxygenase 1 (COX-1)
 - In principle cell
 - Modulate salt & water absorption
- Cyclooxygenase 2 (COX-2)
 - In macula densa cell
 - Involve glomerular-tubular feedback



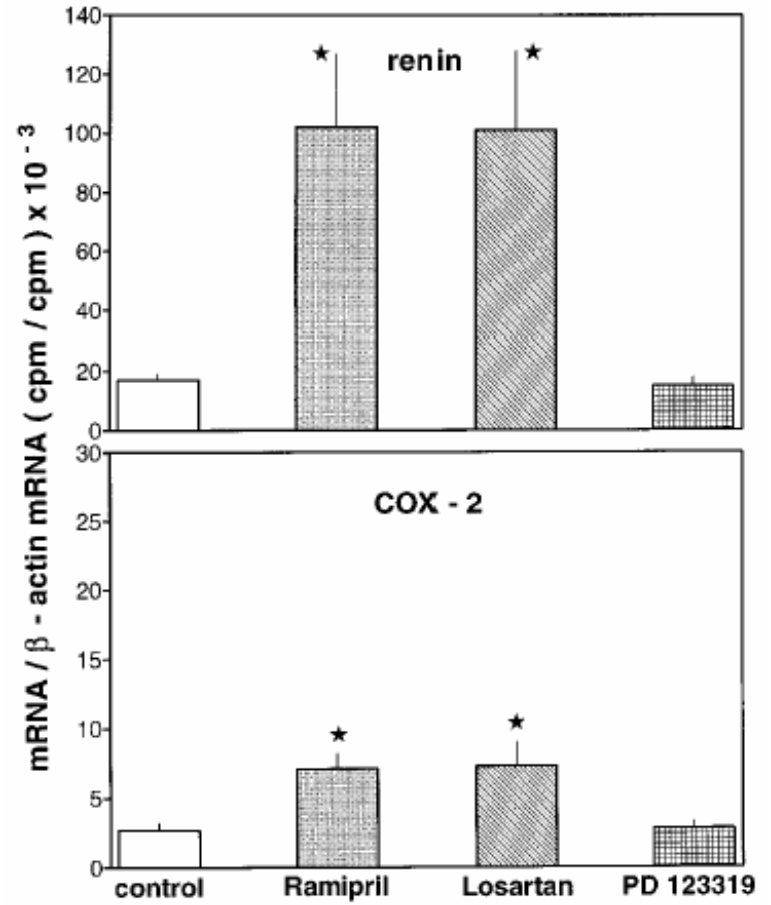
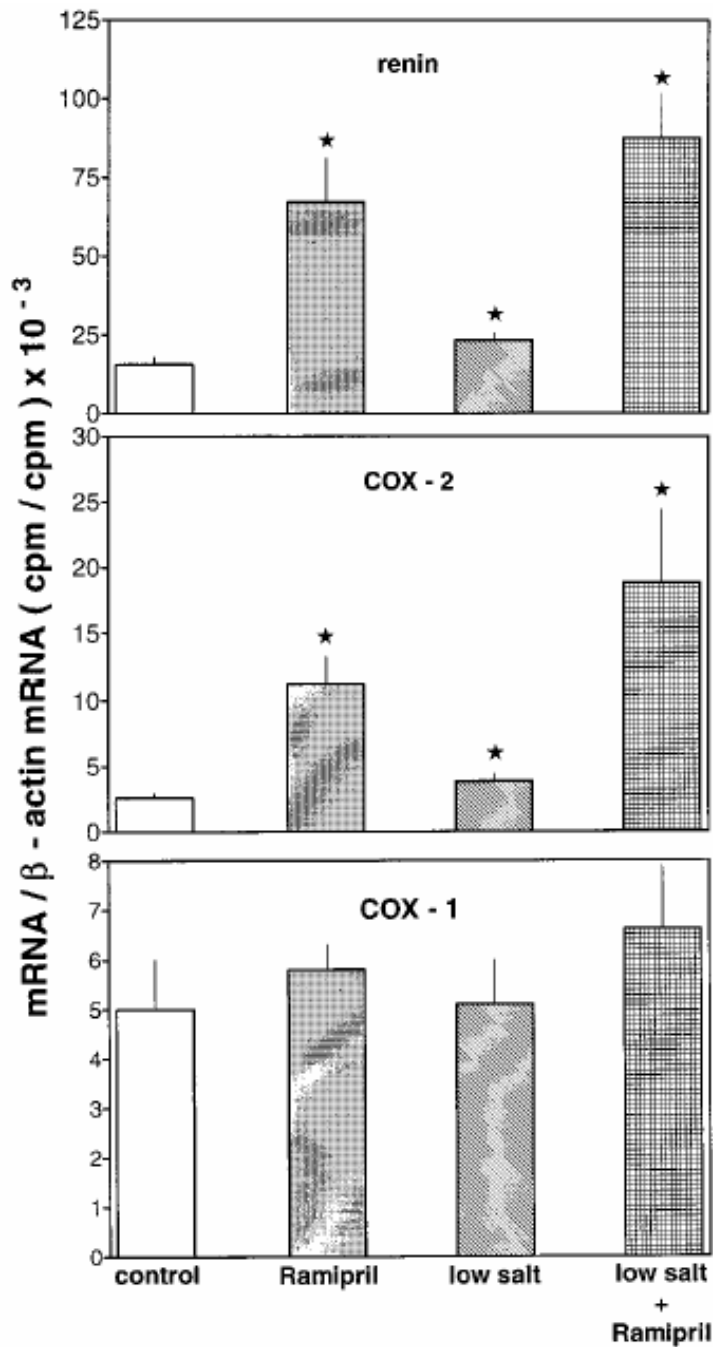




~KI, 2002

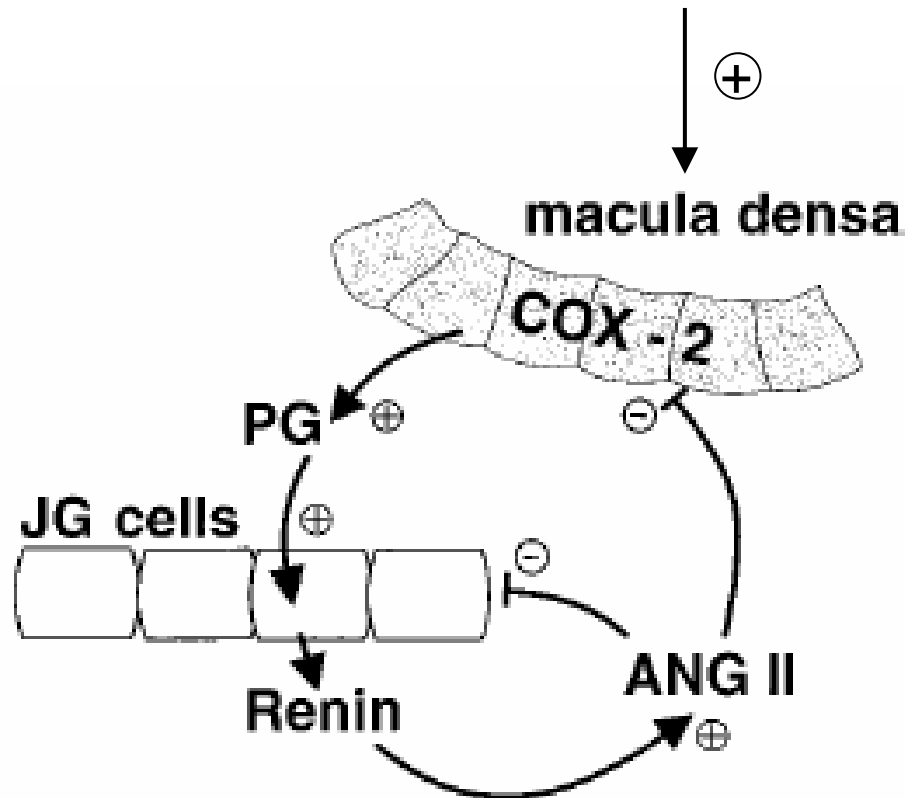
	Indomethacin	Withdrawal	Rofecoxib	Normal range
Serum potassium <i>mmol/L</i>	3.4 (3.1–4.3)	3.4 (2.9–3.7)	3.6 (3.3–4.3)	3.6–4.8
Serum pH	7.39 ^a (7.37–7.40)	7.42 (7.40–7.44)	7.39 ^a (7.36–7.42)	7.35–7.45
Serum chloride <i>mmol/L</i>	104 (101–107)	101 (99–104)	104 (102–106)	97–106
Aldosterone <i>ng/dL</i>	18.5 ^a (4.0–51.2)	41.6 (15.8–144.0)	8.5 ^a (5.6–28.1)	2.9–16.2
Diuresis <i>mL/kg*h</i>	2.0 ^a (1.2–6.2)	3.1 (1.5–8.3)	1.9 ^a (1.1–5.9)	1.0 ± 0.2 ^b
FE potassium %	16.0 (5.5–51.0)	25.7 (14.0–38.2)	16.6 ^a (9.8–26.8)	<15
Chloride excretion <i>mmol/kg/day</i>	2.1 (1.5–8.1)	4.0 (1.5–7.1)	3.0 (1.2–7.9)	2.3 ± 0.3 ^b
Sodium excretion <i>mmol/kg/day</i>	1.8 (1.5–7.7)	3.7 (1.5–6.0)	2.7 (1.1–6.7)	1.9 ± 0.3 ^b
Calcium excretion <i>mg/kg/day</i>	5.6 ^a (2.4–22.2)	10.4 (3.7–28.6)	5.3 ^a (2.3–20.3)	<4
Creatinine clearance <i>mL/min/1.73 m²</i>	87 ^a (74–95)	106 (86–124)	82 (65–122)	80–160
Urinary osmolality <i>mOsmL/kg</i>	284 (163–377)	272 (132–377)	279 (200–417)	>300

~KI, 2002



~ Hypertension, 1999

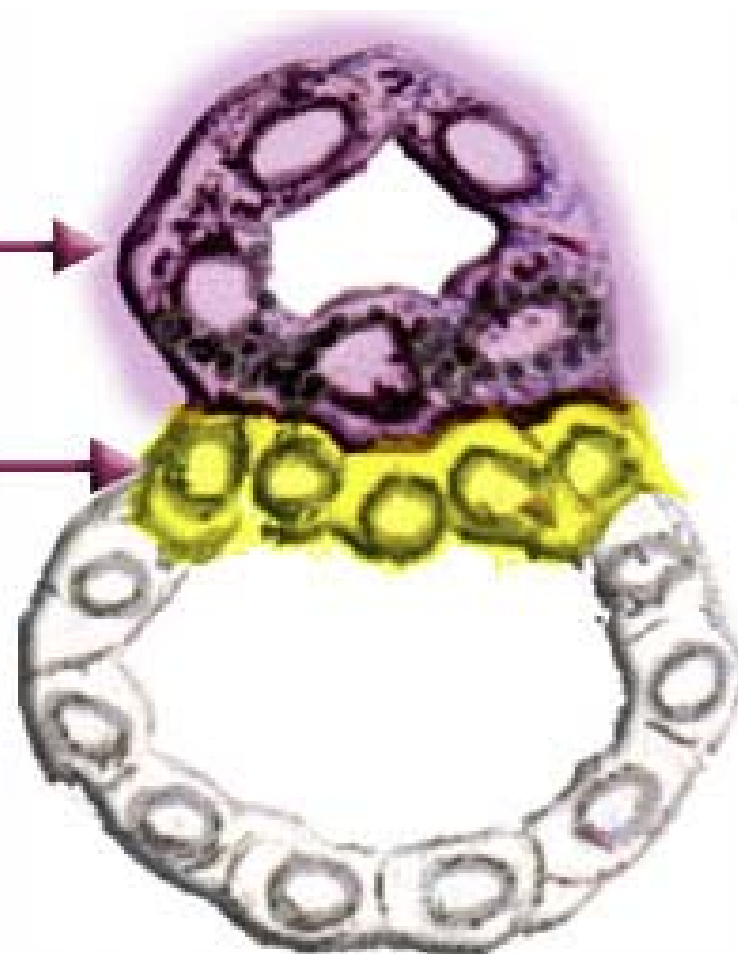
Low Cl concentration
Renal hypoperfusion
Salt wasting



~ Hypertension, 1999

prostaglandin E2
or "PGE2"

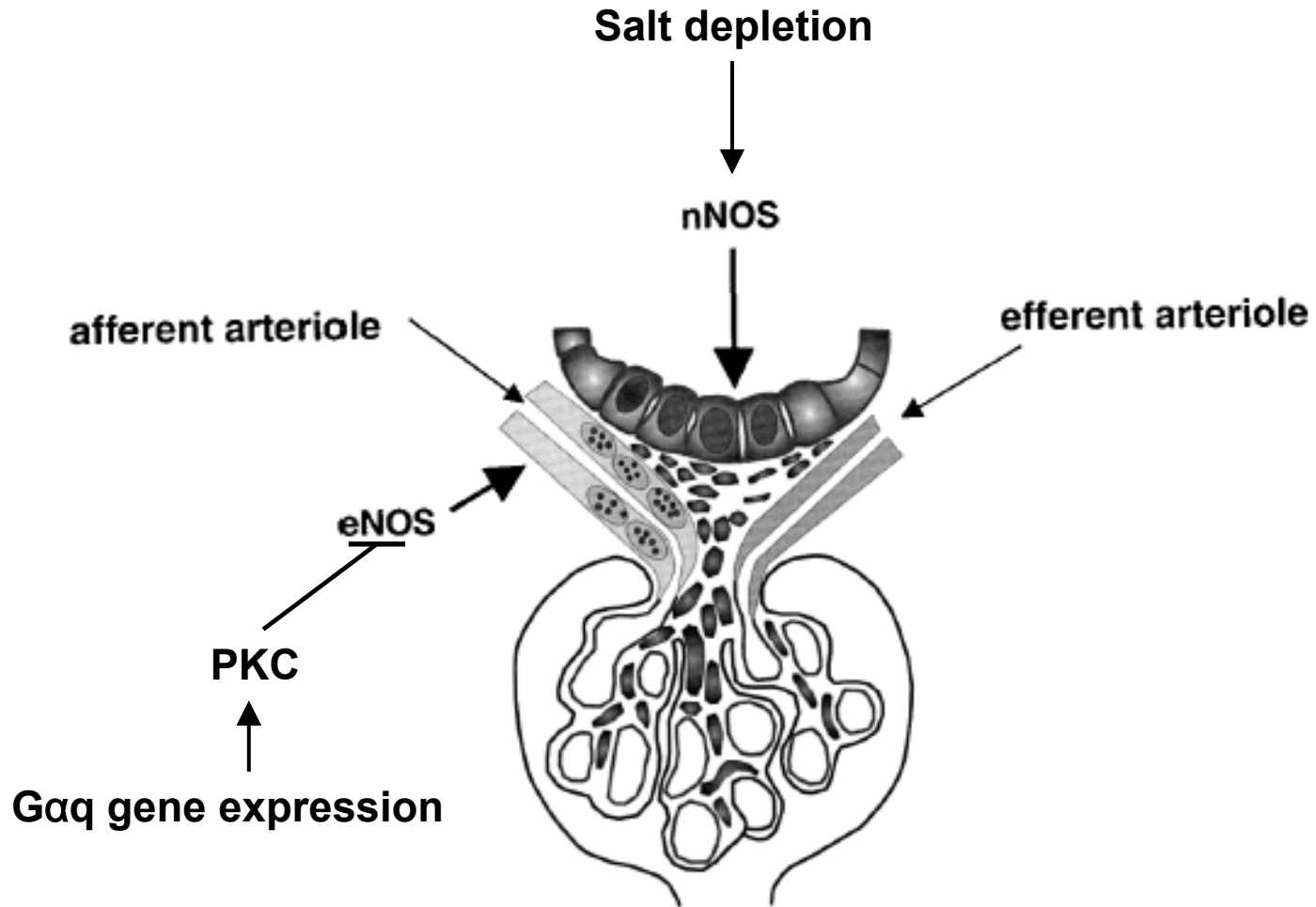
cyclooxygenase-2
or "COX-2"



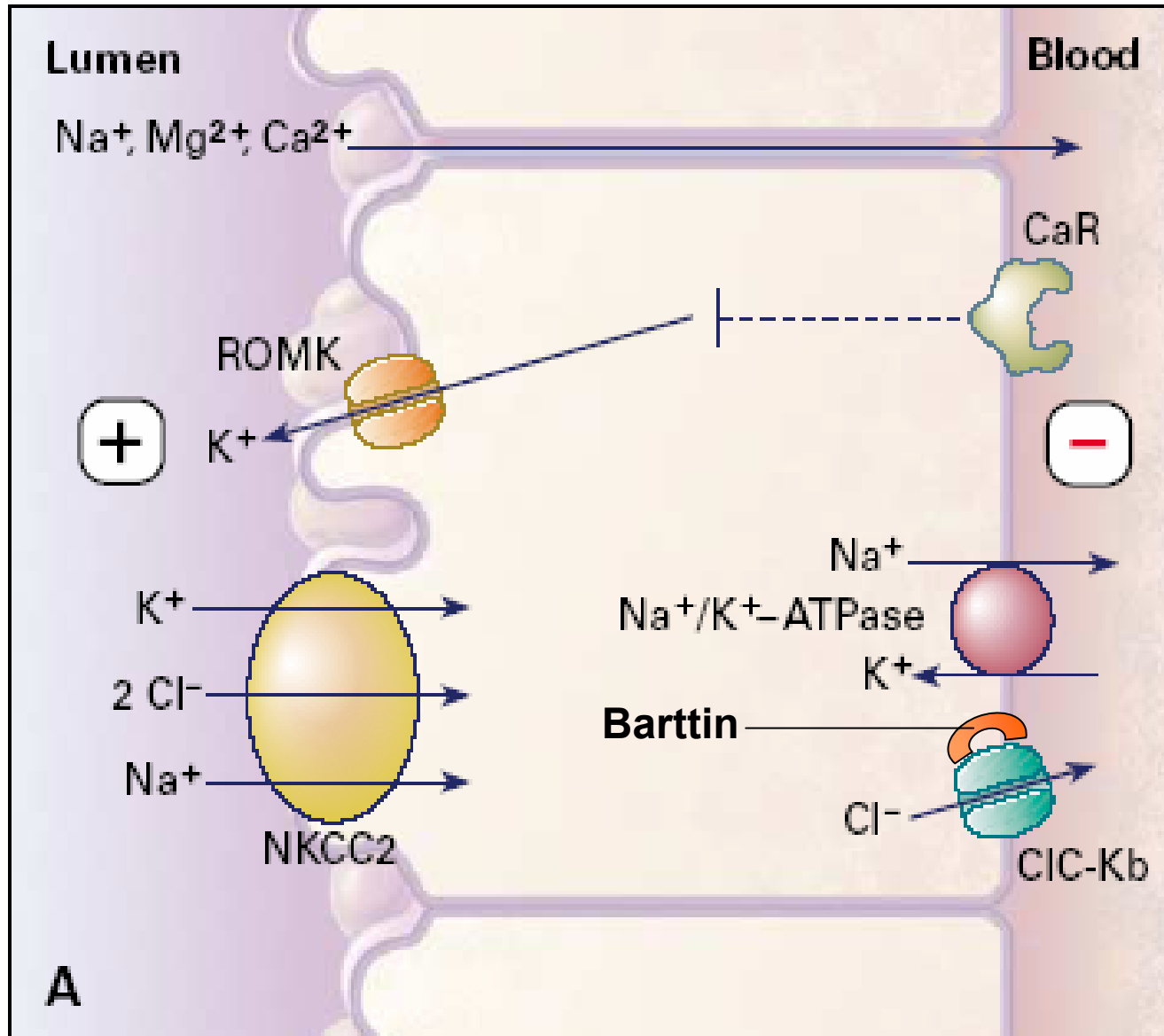


COX-2 expression

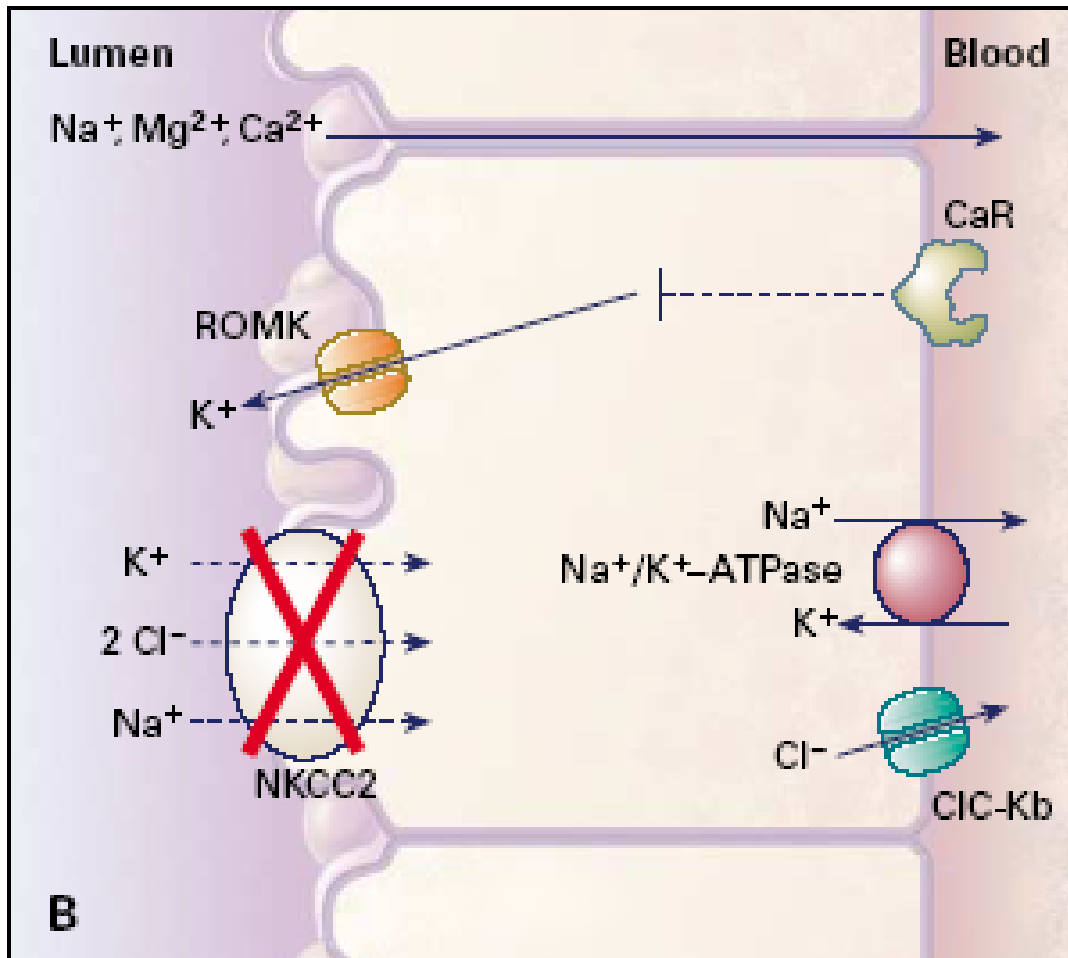
Vascular hyporesponse



Subtypes of Bartter's syndrome

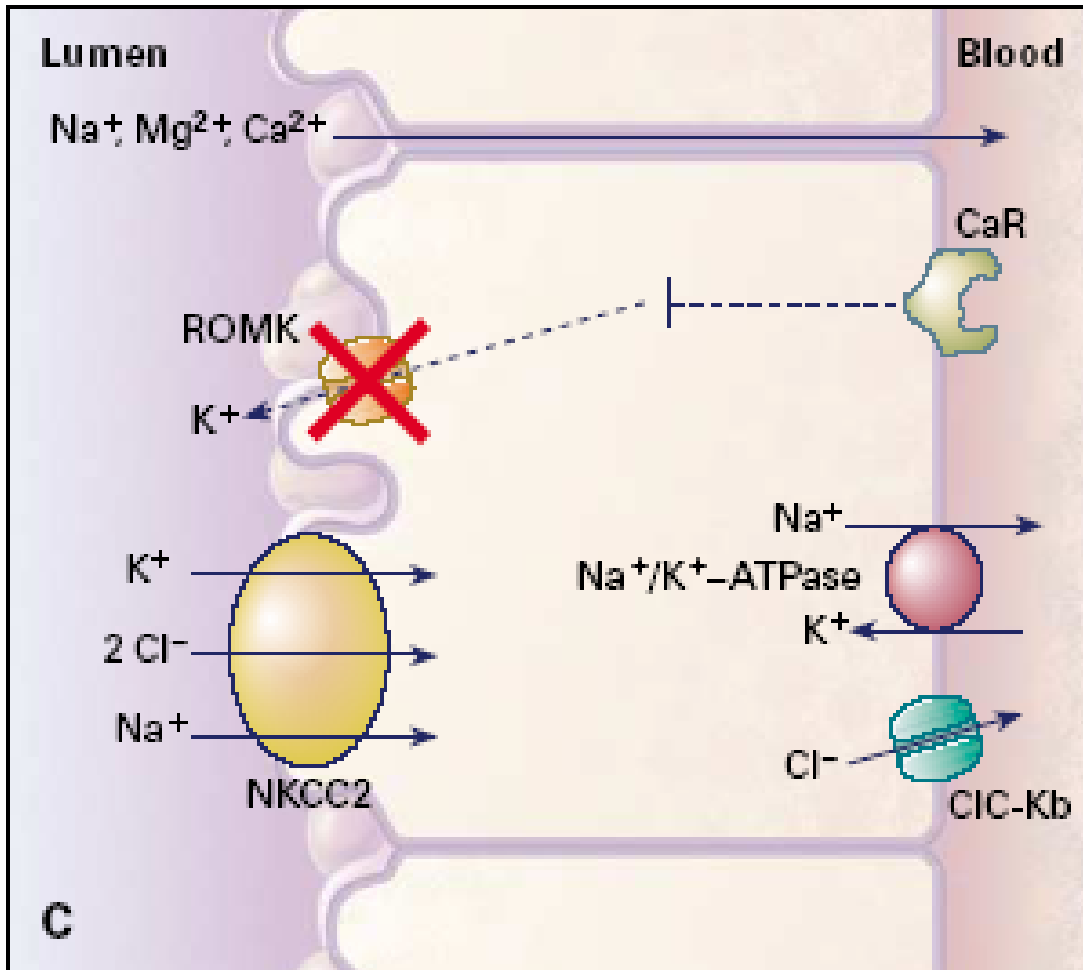


Bartter's syndrome ~ Type I



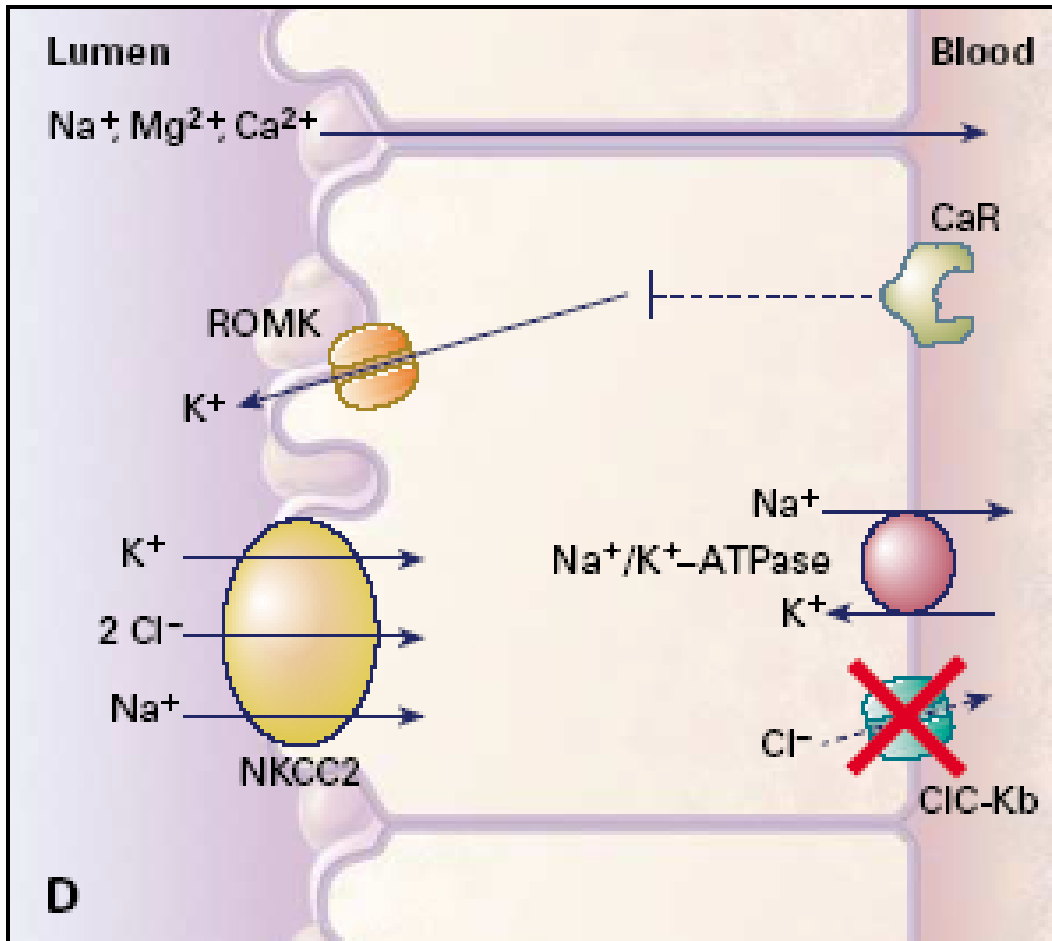
- NKCC2 mutation
- SCL12A1 gene in Chromosome 15q15-q21
- Bumetanide-sensitive cotransporter

Bartter's syndrome ~ Type II



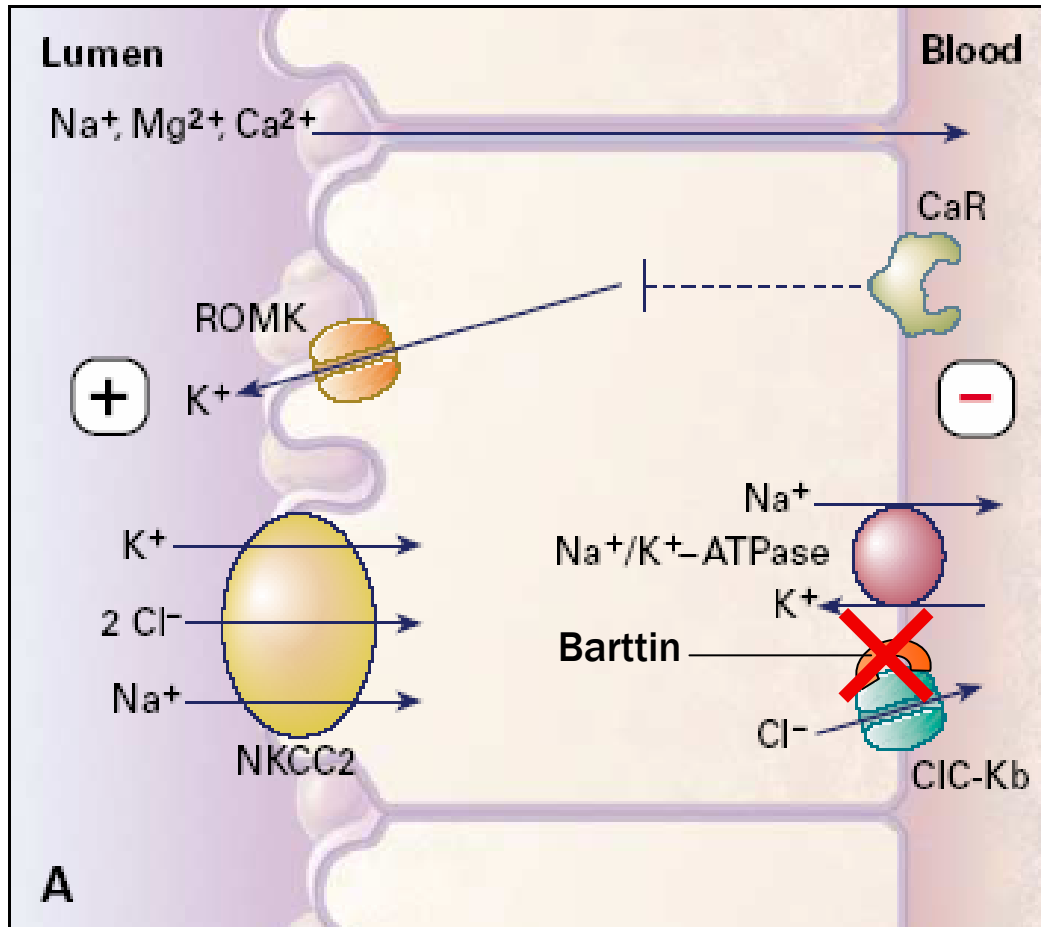
- ROMK mutation
- KCNJ1 gene in Chromosome 11q24-25
- Essential for NKCC2

Bartter's syndrome ~ Type III

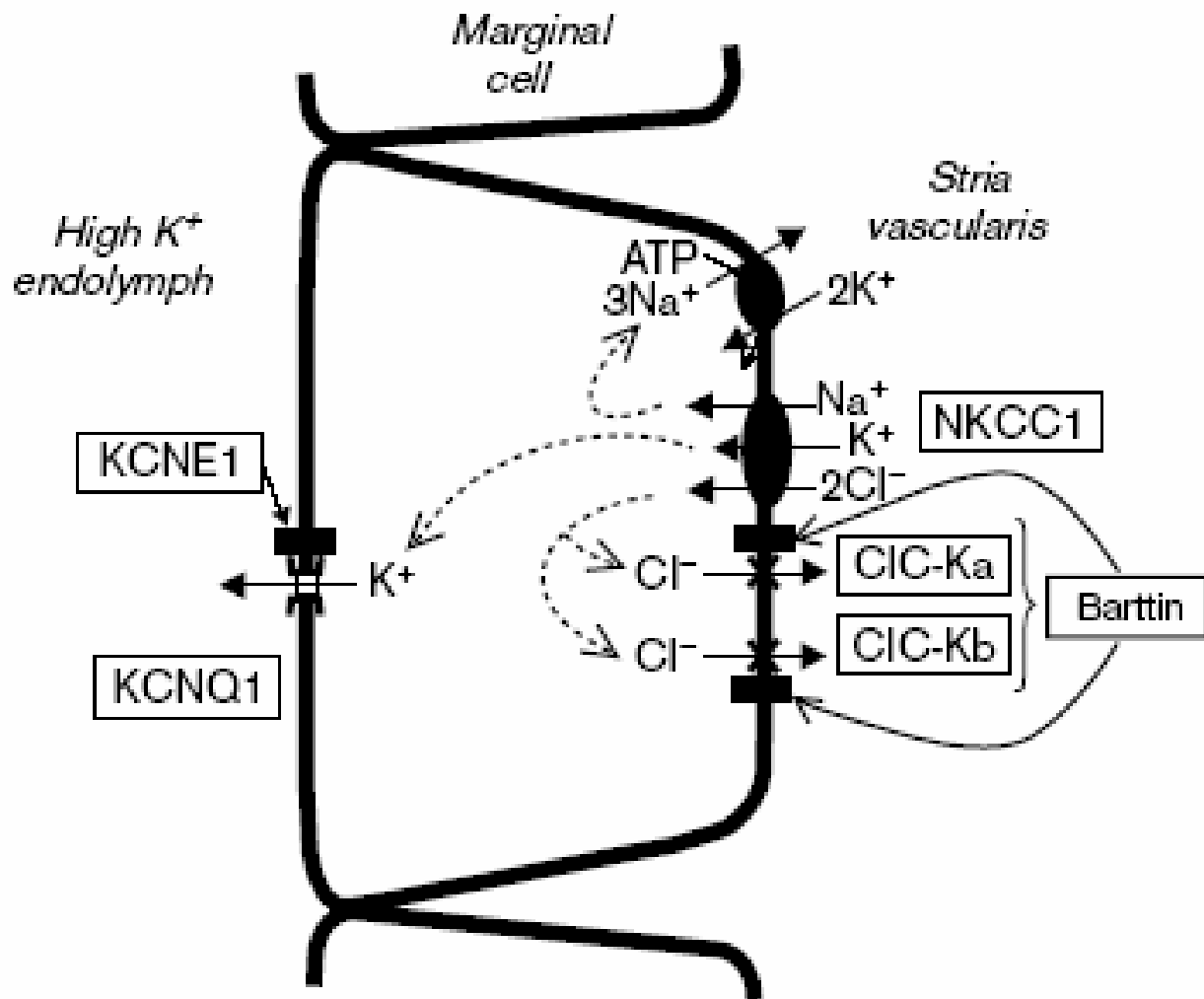


- ClC-Kb mutation
- CLCNKB gene in Chromosome 1p36
- No nephrocalcinosis

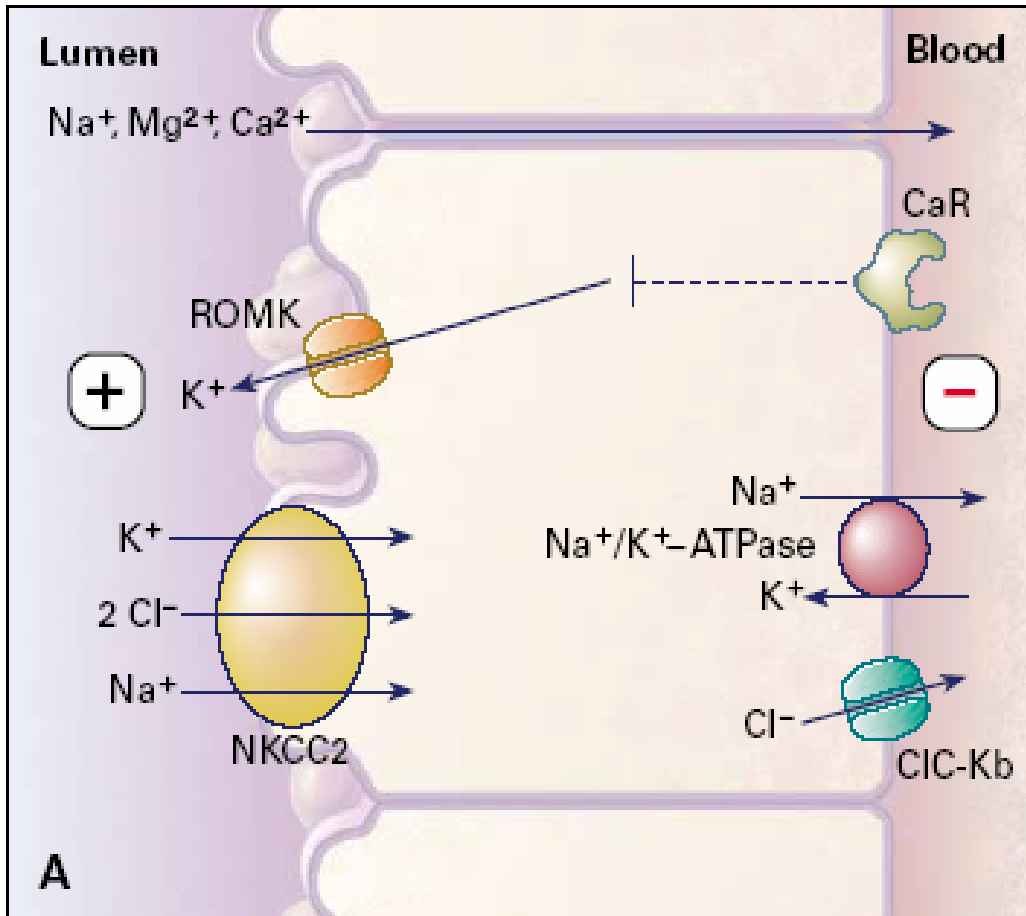
Bartter's syndrome ~ Type IV



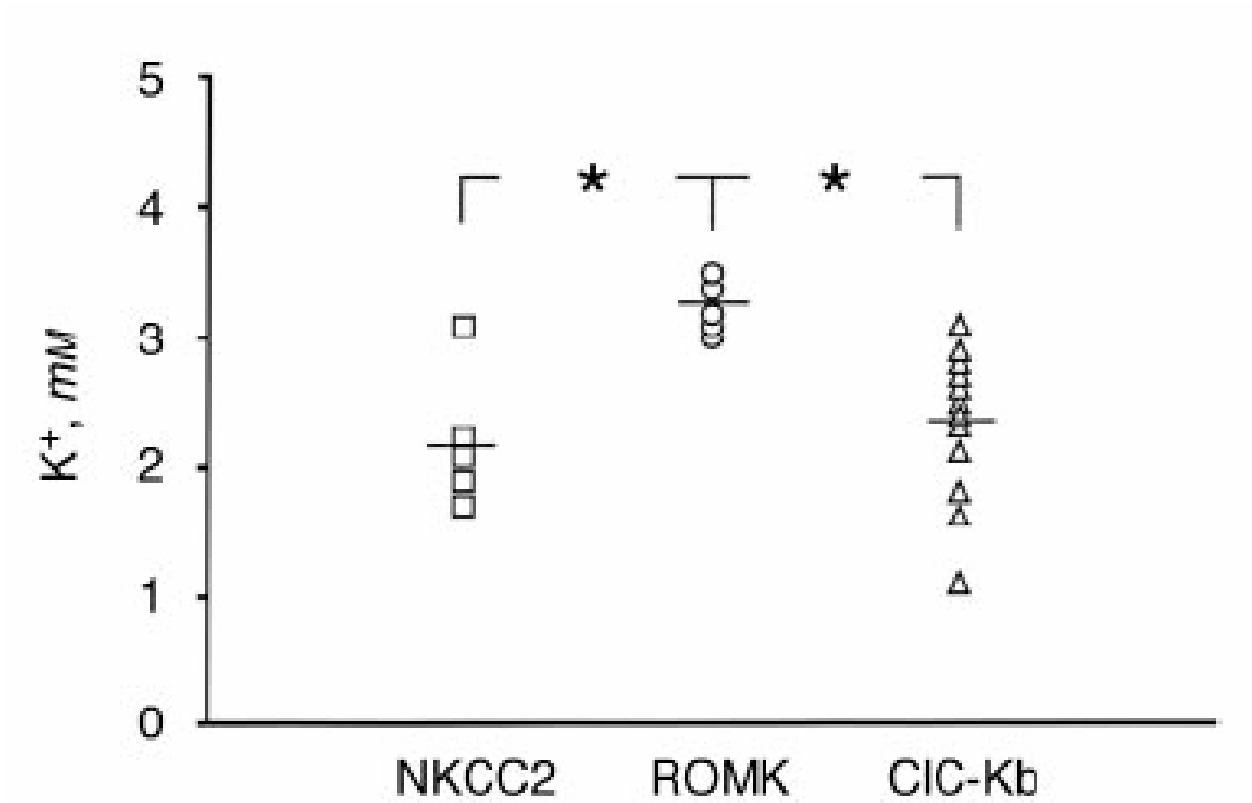
- Barttin mutation
- β -subunit for ClC-Kb & ClC-Ka
- BSND gene in Chromosome 1p31
- In thin ascending limb & marginal cells (stria vascularis of cochlea)
- Sensorineural deafness
- Extreme growth retardation



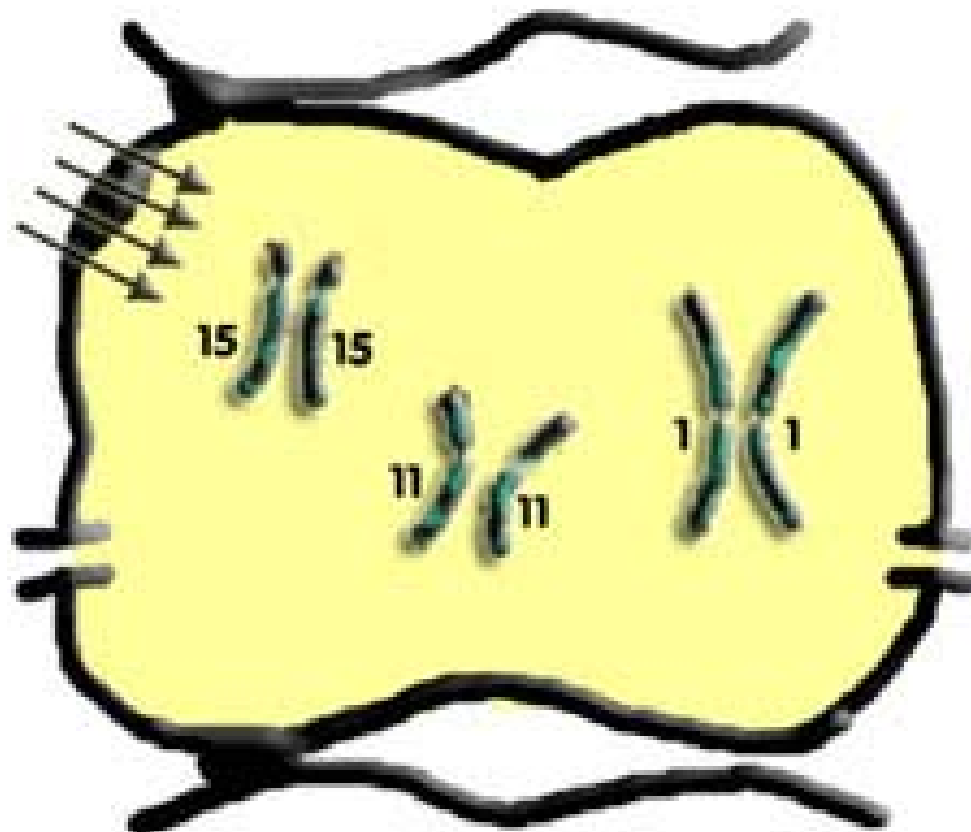
Bartter's syndrome ~ Type V



- Gain-of function mutation in CaSR (G-protein coupled)
- CASR gene
- Autosomal dominant



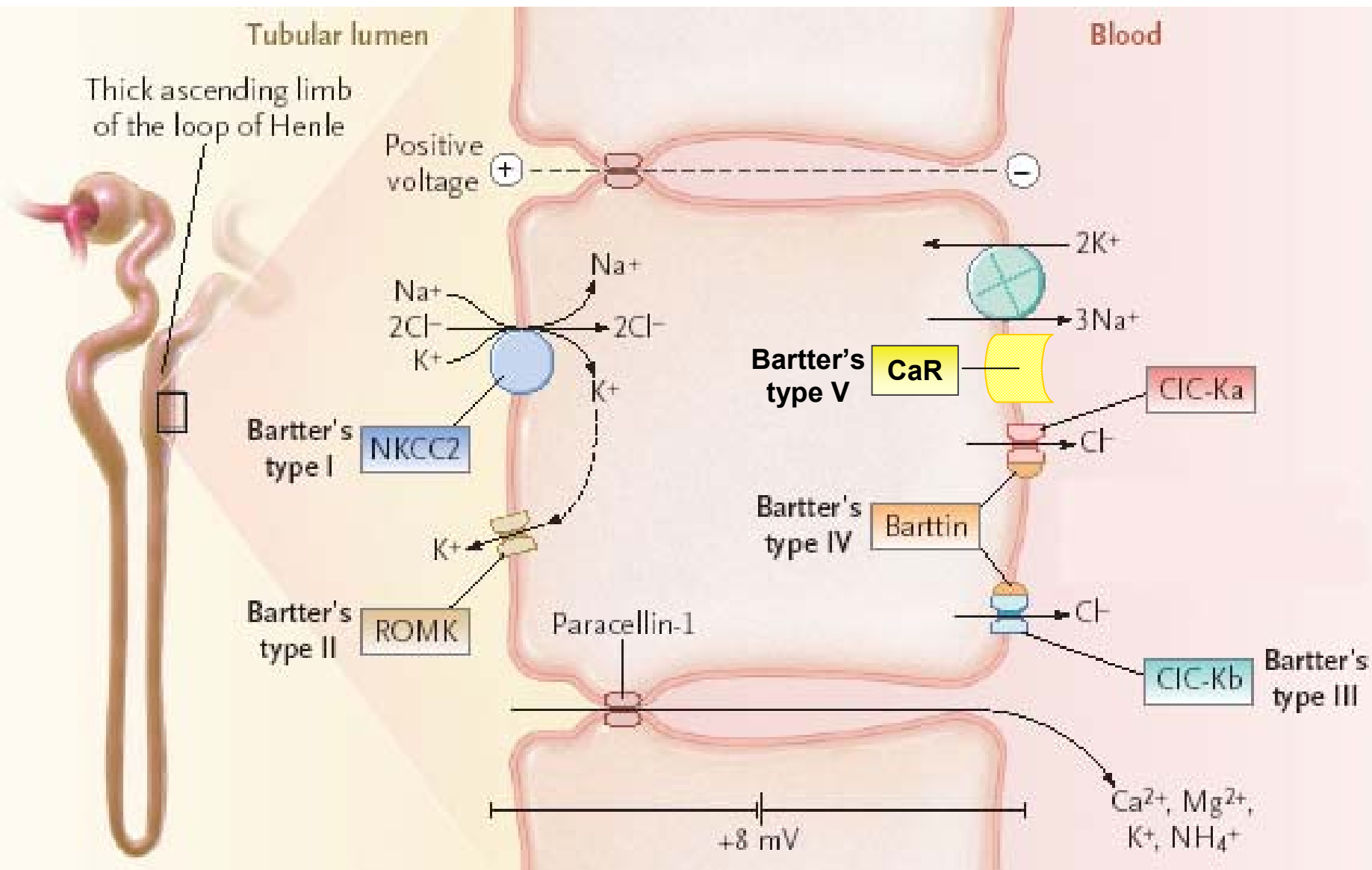
~ KI, 1998



15/11

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Disorder	Inheritance	Clinical Features	Hypokalemic Metabolic Alkalosis	Calcium Excretion	Serum Mg	Gene	Protein
Bartter/Gitelman syndromes							
Bartter type I	AR	Antenatal presentation, salt-wasting, nephrocalcinosis	+	High	Normal	<i>NKCC2</i>	Bumetanide-sensitive Na-K-2Cl cotransporter
Bartter type II	AR		+	High	Normal	<i>KCNJ1</i>	ROMK potassium channel
Bartter type III	AR	“Classic” Bartter syndrome, less severe, occasionally overlaps with Gitelman or antenatal	+	High	Normal or low	<i>CLCNKB</i>	CLC-Kb basolateral chloride channel
Bartter type IV	AR	Antenatal Bartter syndrome with sensorineural deafness	+	High	Normal	<i>BSND</i>	Barttin, chloride channel subunit
Bartter type V	AD	Hypocalcemia	+	High	Low	<i>CASR</i>	Epithelial calcium-sensing receptor



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- ➔ **Bartter's syndrome**
- ➔ **Gitelman's syndrome**
 - ⊕ Gitelman's syndrome vs. Thiazide
 - ⊕ Divalent cation in Gitelman's syndrome
- ➔ **Treatment**
- ➔ **What's else ?**

Gitelman's syndrome

- Thiazide can produce the same electrolyte imbalance

Na-Cl cotransporter

- No response to Thiazide
Normal response to Lasix

~ Miner Electrolyte Metab., 1992

- TSC (NCCT) : Na-Cl cotransporter

~ J Biol Chem., 1994

Gitelman's syndrome

Salt wasting

Hypokalemia

Alkalosis

Hypocalciuria

High plasma renin activity
and aldosterone

Thiazide

Salt wasting

Hypokalemia

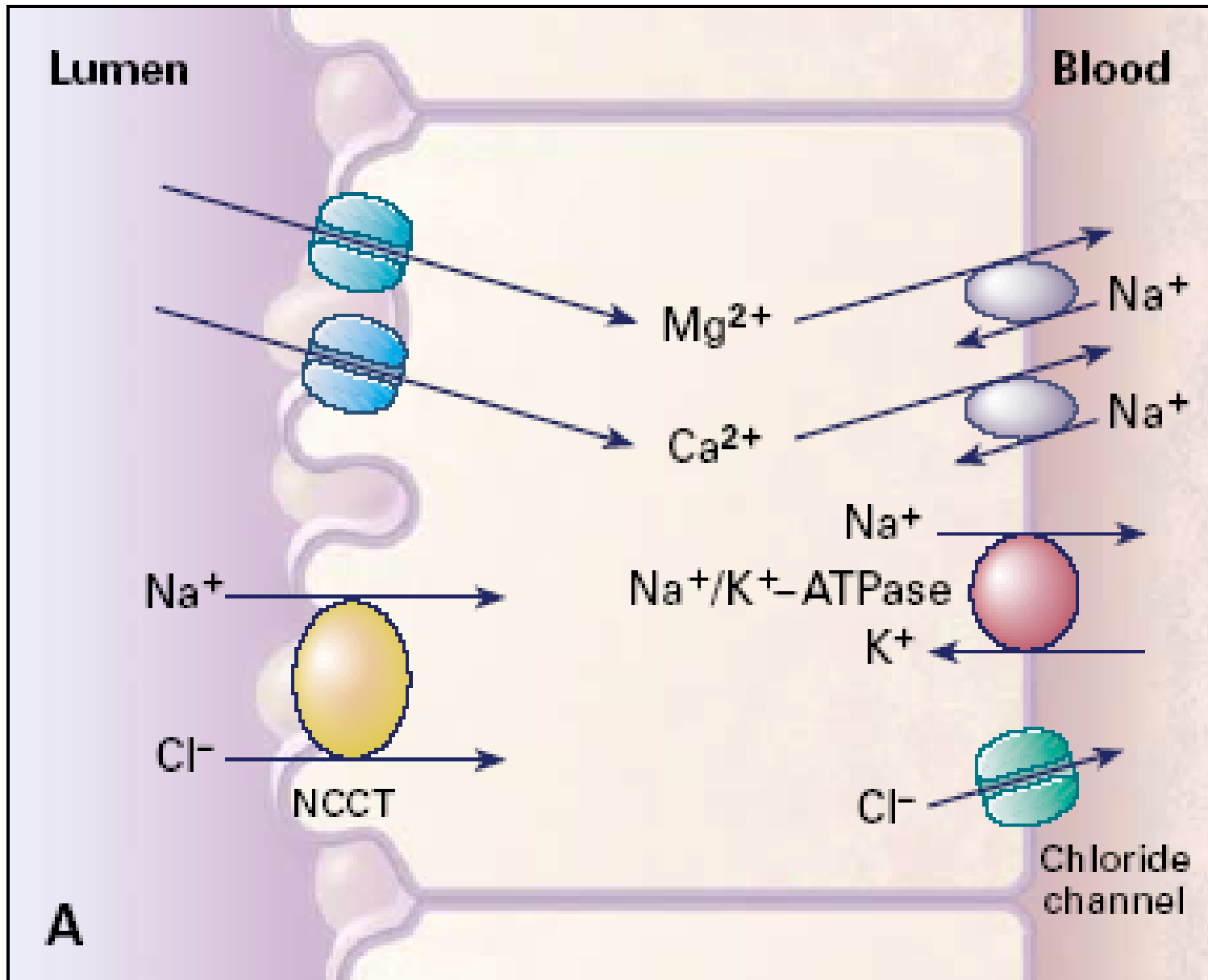
Alkalosis

Hypocalciuria

High plasma renin activity
and aldosterone

Na/Cl inhibition ?

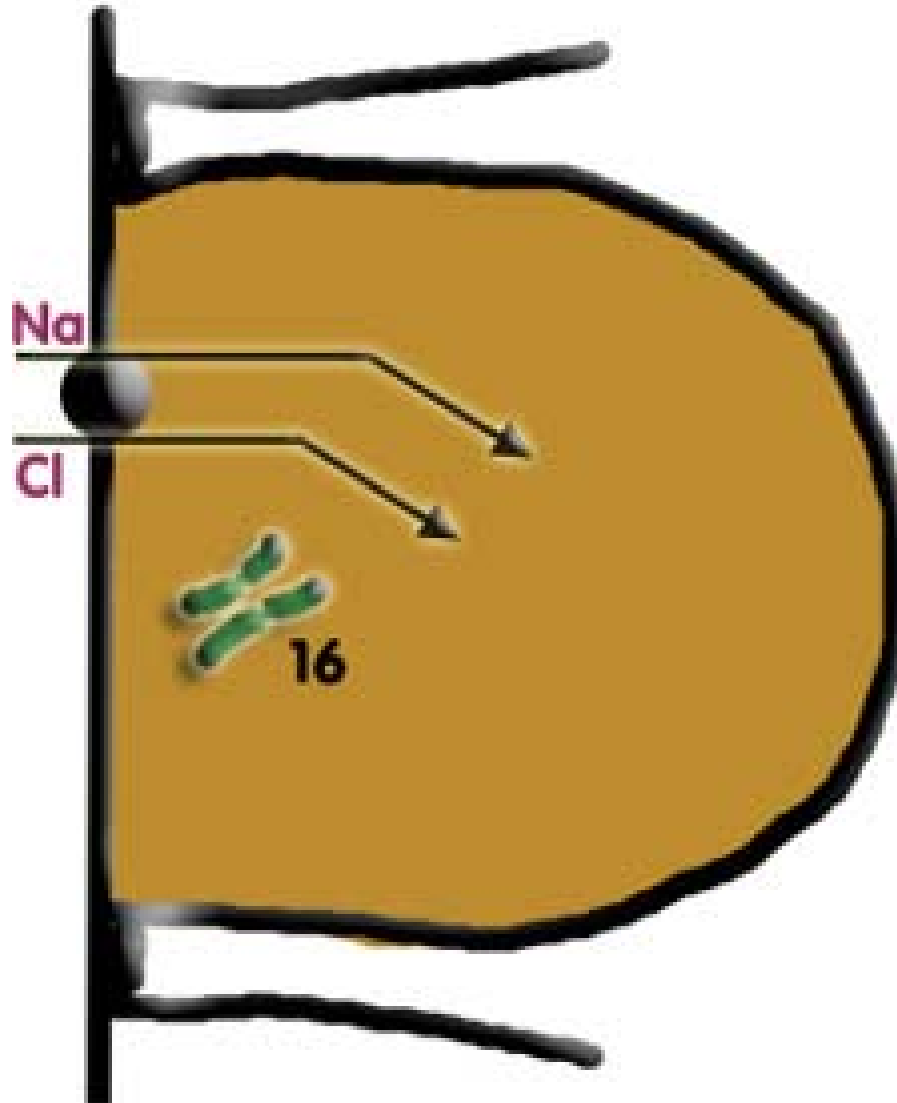
Basic effect of DCT



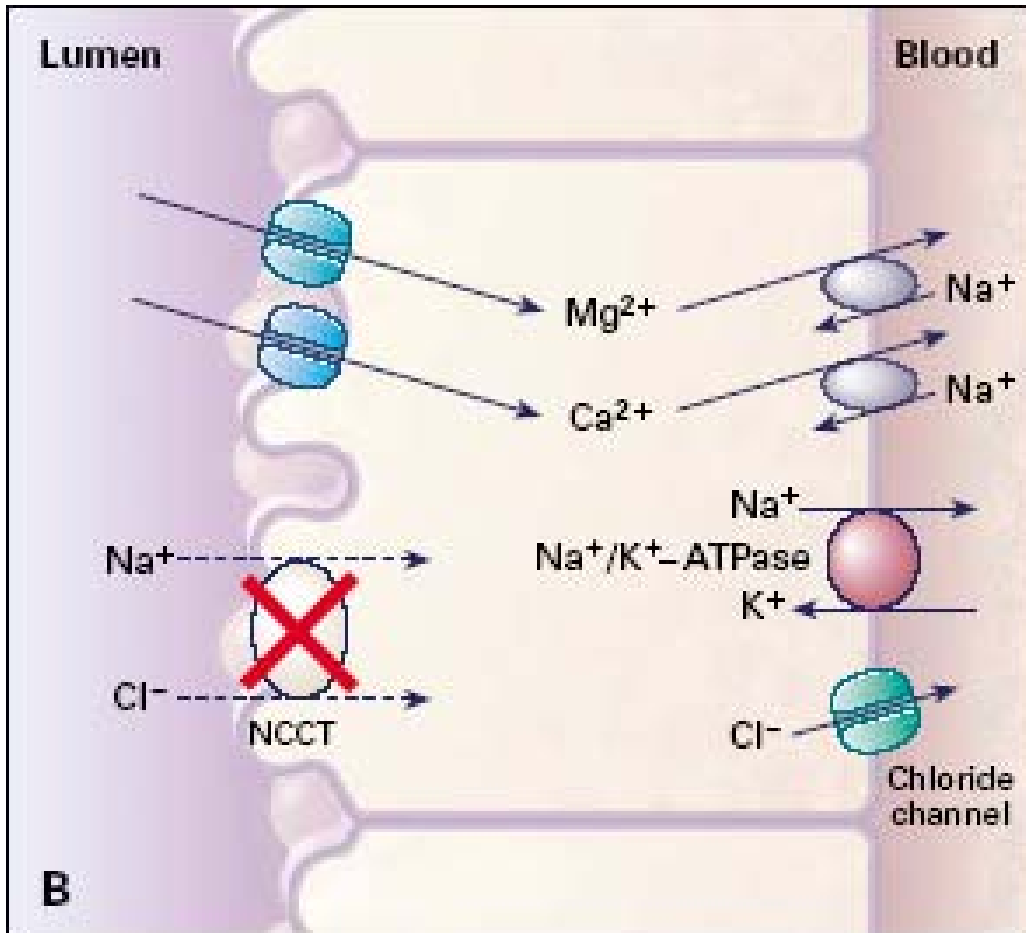
Gitelman's syndrome

- Genetically homogeneous
- Polyuria and polydipsia: less
- Hypokalemia
- Hyperrenin & hyperaldosterone: less
- Prostaglandin: normal
- Hypocalciuria, hypomagnesemia
- Chondrocalcinosis

There is no "getting out"
channel affected here.

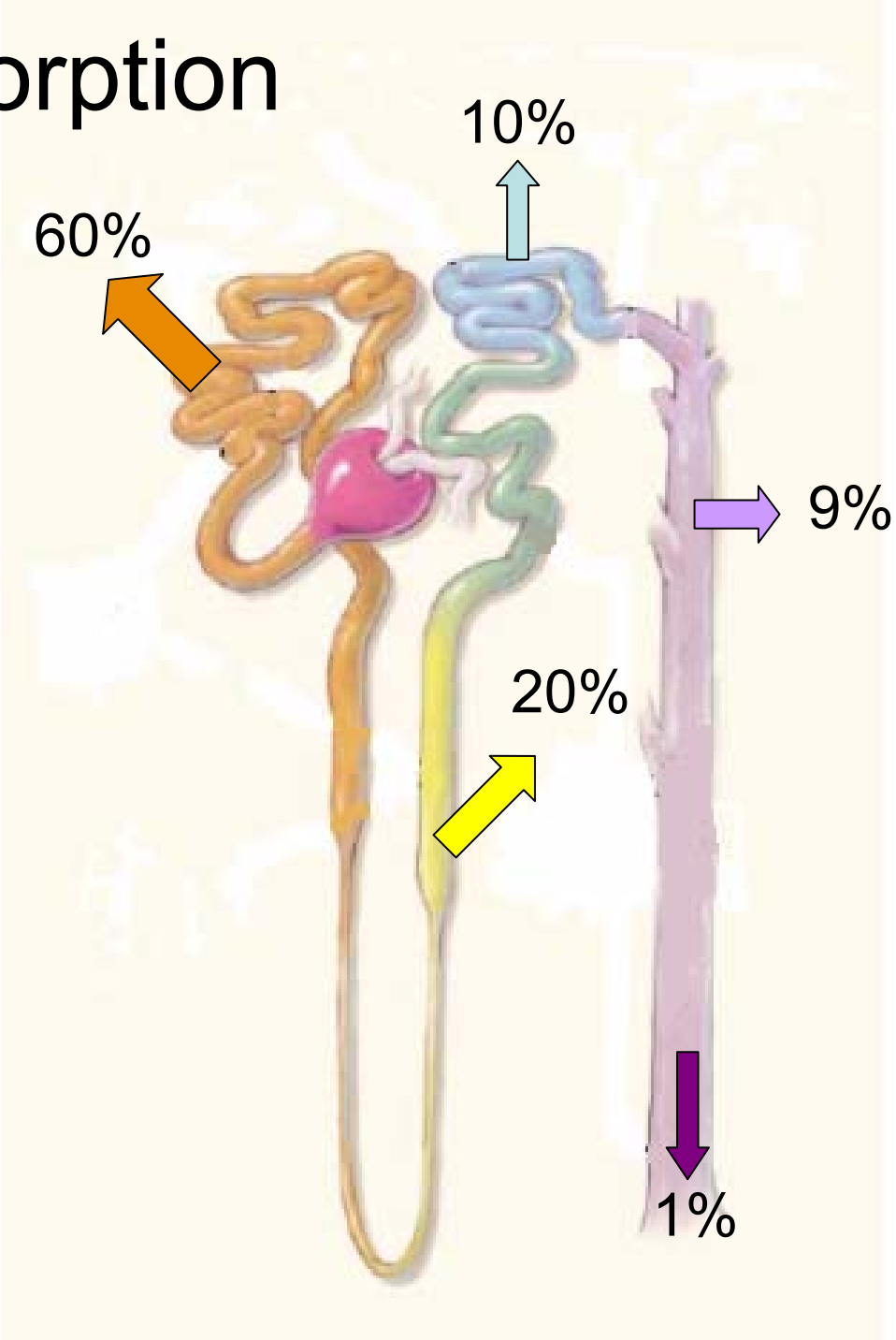


Gitelman's syndrome

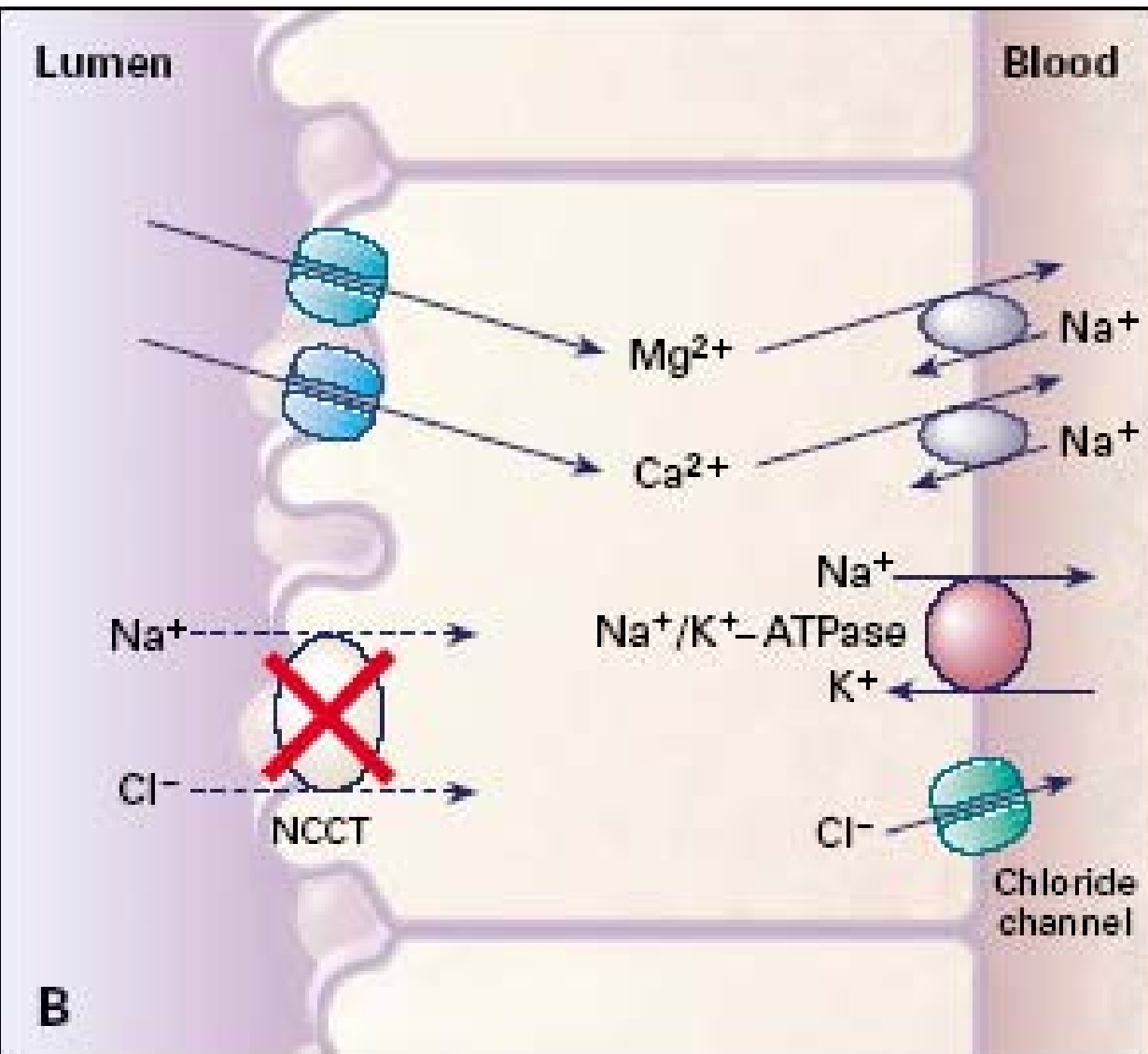


- NCCT mutation
- SCL12A3 gene in Chromosome 16q13
- Thiazide-sensitive cotransporter
- Hypocalciuria
- Hypomagnesemia

Ca reabsorption



Hypocalciuria



- ① Basolateral Na-Ca exchange ↑
→ Ca inflow via apical Ca channel ↑

~ KI, 1998

- ② Hyperpolarization
→ voltage-dependent Ca channel ↑

~ *Biochem Biophys Res Commun*, 1999

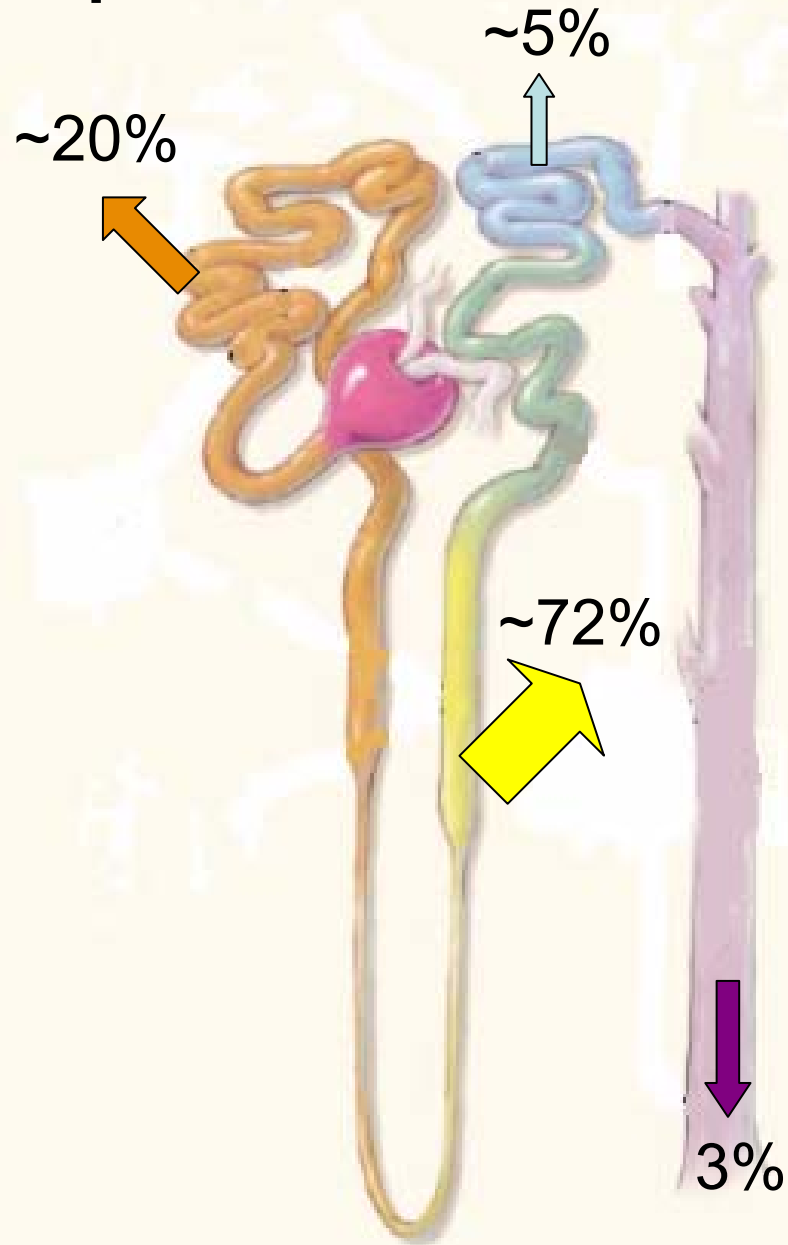
- ③ Upregulation of distal nephron

~ *Nephron*, 2002

- ④ Volume contraction
→ proximal Ca reabsorption ↑

~ KI, 2003

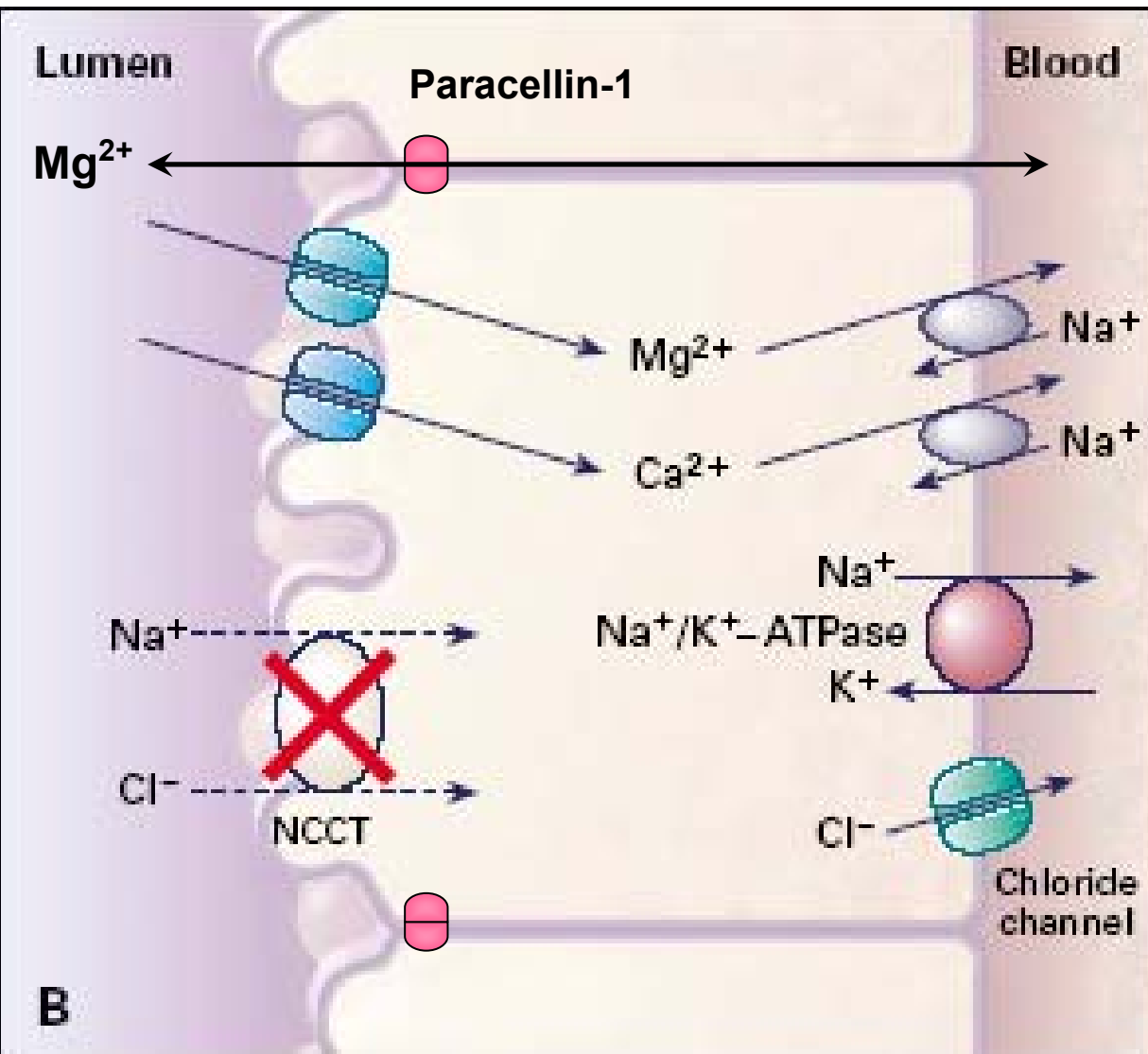
Mg reabsorption



Factors related to Mg reabsorption

- Promotive factor
 - ⊖ Volume depletion
 - ⊖ Metabolic alkalosis
 - Vasopressin
 - Parathyroid hormone
 - ⊖ Aldosterone
- Inhibitory factor
 - ⊖ K depletion
 - Increase Mg
 - Increase Ca

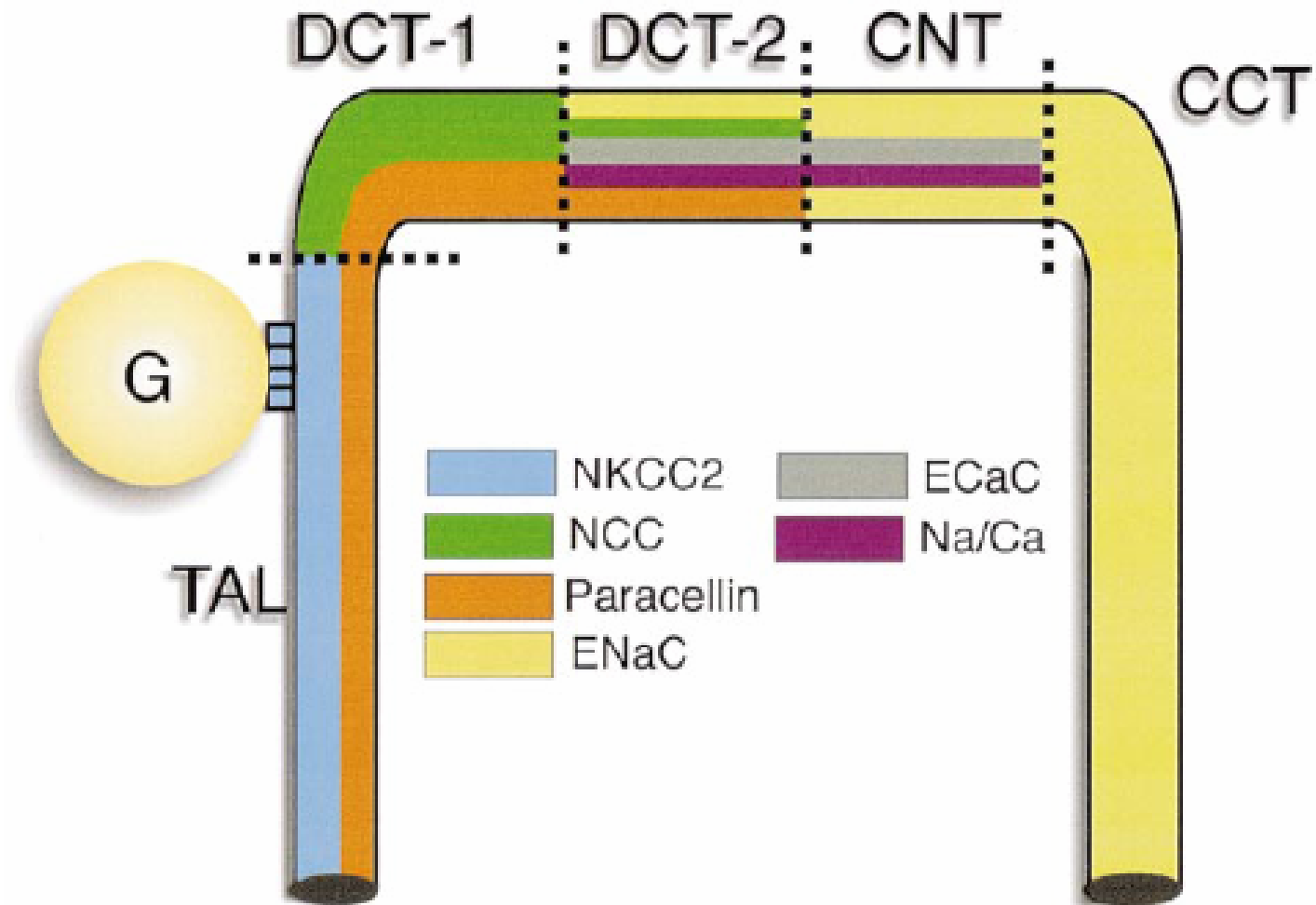
Hypomagnesemia



- ① Similar as Ca ?
- ② Hypokalemia ?
Why Bartter's not ?
- ③ ENaC
→ Mg secretion ↑ ?
- ④ NCCT knockout mice
→ histological changes
of DCT cells

~ J Biol Chem, 1998





~ *Am J Physiol Renal Physiol*, 2000



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Treatment

- Hypokalemia
 - Oral KCl: 10meq/Kg in children
500meq/day in adult
 - K-sparing diuretics
 - Aldactone & Amiloride
- Increase growth rate in children

~ AJM, 1998

- Hyperprostaglandin

- Indomethacin: 1.5~2.5 mg/Kg/day in divided dose

- ➔ Attenuate polyuria, salt wasting, hypokalemia, systemic symptoms of hyperprostaglandin

- ➔ Not effective in preventing nephrocalcinosis

- COX-2 inhibitor?

- Diuresis and calcium excretion is reduced

~ NEJM, 2000

- Contraindicated in neonate !!

- Necrotizing enterocolitis, nephrotoxicity

~ Pediatr Nephrol, 1998

- Useless in Gitelman's syndrome

- Hyperaldosterone

- ACE inhibitor

- Ameliorate the clinical symptoms
 - Improve hypokalemia and hyperaldosteronism
 - No benefit on NaCl reabsorption

- Propanolol?

- Decrease plasma renin activity and aldosterone
 - Did not alleviate hypokalemia
 - Lower BP result in paradoxical increase in renin & aldosterone

- Hypomagnesemia
 - Mg supplement
 - Chondrocalcinosis is the indication
 - Normalization of Mg is difficult

~AJKD, 1995

Intervention	Neonatal Batter's syndrome	Classic Bartter's syndrome	Gitelman's syndrome
Oral K supplement	Usually required	Usually required	Usually required
Oral Mg supplement	Not required	Not required	Usually required
NSAIDs	Used with caution in neonates	Indicated	Not indicated
ACE-inhibitor	Indicated	Indicated	Indicated
K sparing diuretics	Indicated	Indicated	Indicated
NaCl	Usually required IV perinatally	Recommend increased fluid intake	Recommend increased fluid intake
Audigram	Recommended	Not indicated	Not indicated
Growth hormone	May be beneficial	May be beneficial	May be beneficial
Beta-blocker	Not indicated	Not indicated	Not indicated

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- ➔ **What's else ?**

Q1. Why might the clinical phenotype change with time in a patient with a specific genetic disorder ?

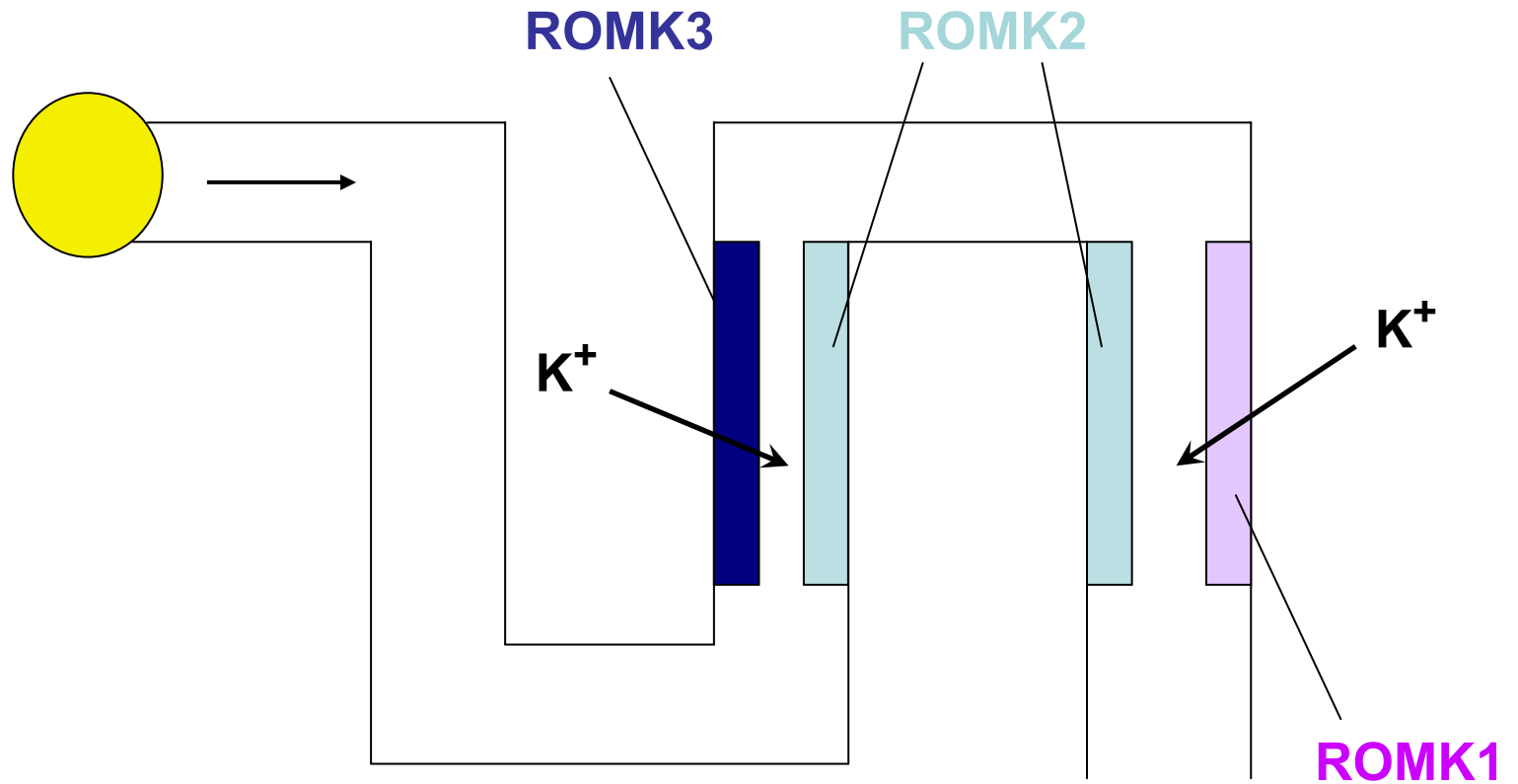
- 1) 5 patients with Bartter's syndrome
 - Hypokalemia and ROMK mutation
 - ✱ Hyperkalemia and hyperaldosterone during neonate ~ pseudohypoaldosteronism

~ *JASN*, 1998

- 2) Patients with Bartter's syndrome first
 - Hypokalemia; high excretion of prostaglandin, response to Indomethacin
 - ClC-Kb mutation
 - ✱ Develop hypomagnesemia & hypocalciuria
 - ➔ Gitelman's syndrome?

~ *Pediatr Res*, 2000

Hypothesis for (1)



Hypothesis for (2)

- Other Cl channel might be induced/activated in the loop of Henle
- Replace the function of ClC-Kb in TAL

Q2. What is the basis for the high rate of excretion of K^+ when Na^+ reabsorption is depressed in the LOH or DCT ?

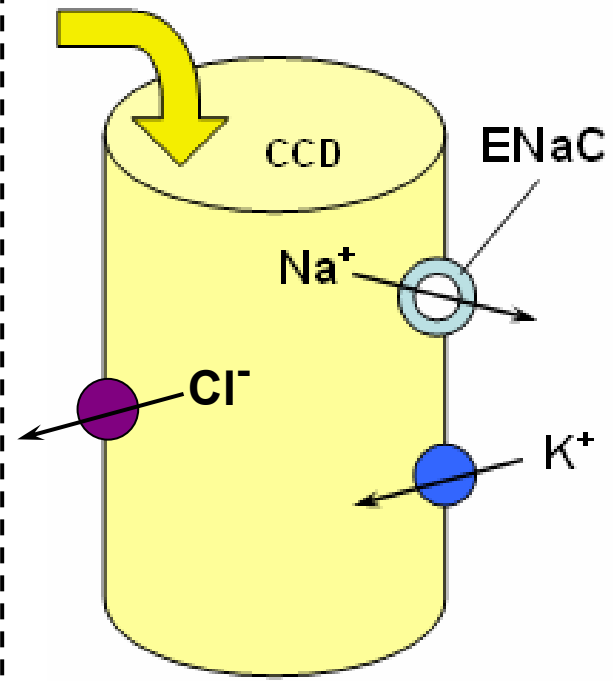
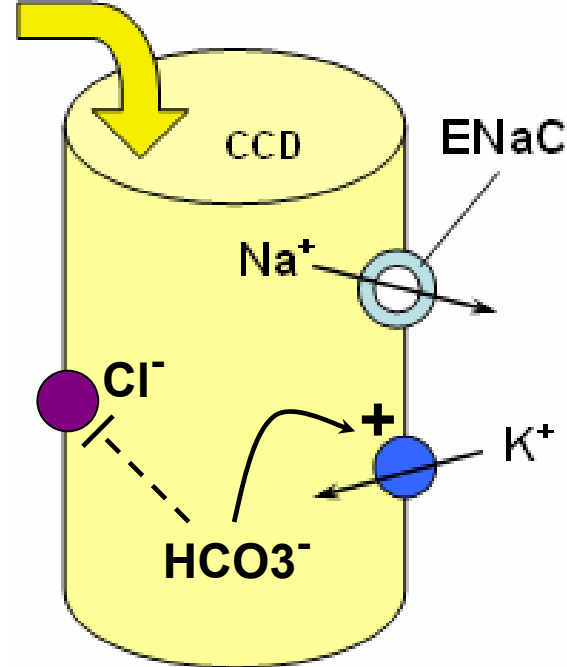
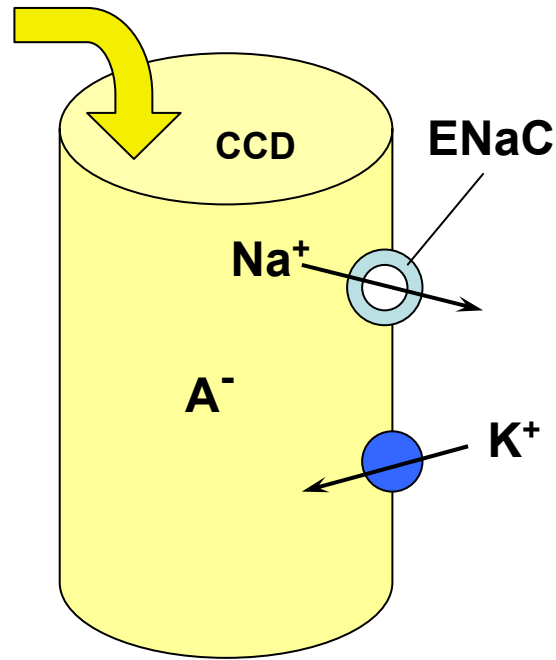
- K^+ content in the CCD lumen
= $[K^+]_{\text{CCD}} \times \text{flow in the CCD}$
- High $[K^+]_{\text{CCD}}$ is the primary cause

~ Am J Nephrol, 1998

Delivery of Na^+ without Cl^-

Delivery of HCO_3^-

Markedly increased delivery of Na^+ and Cl^-



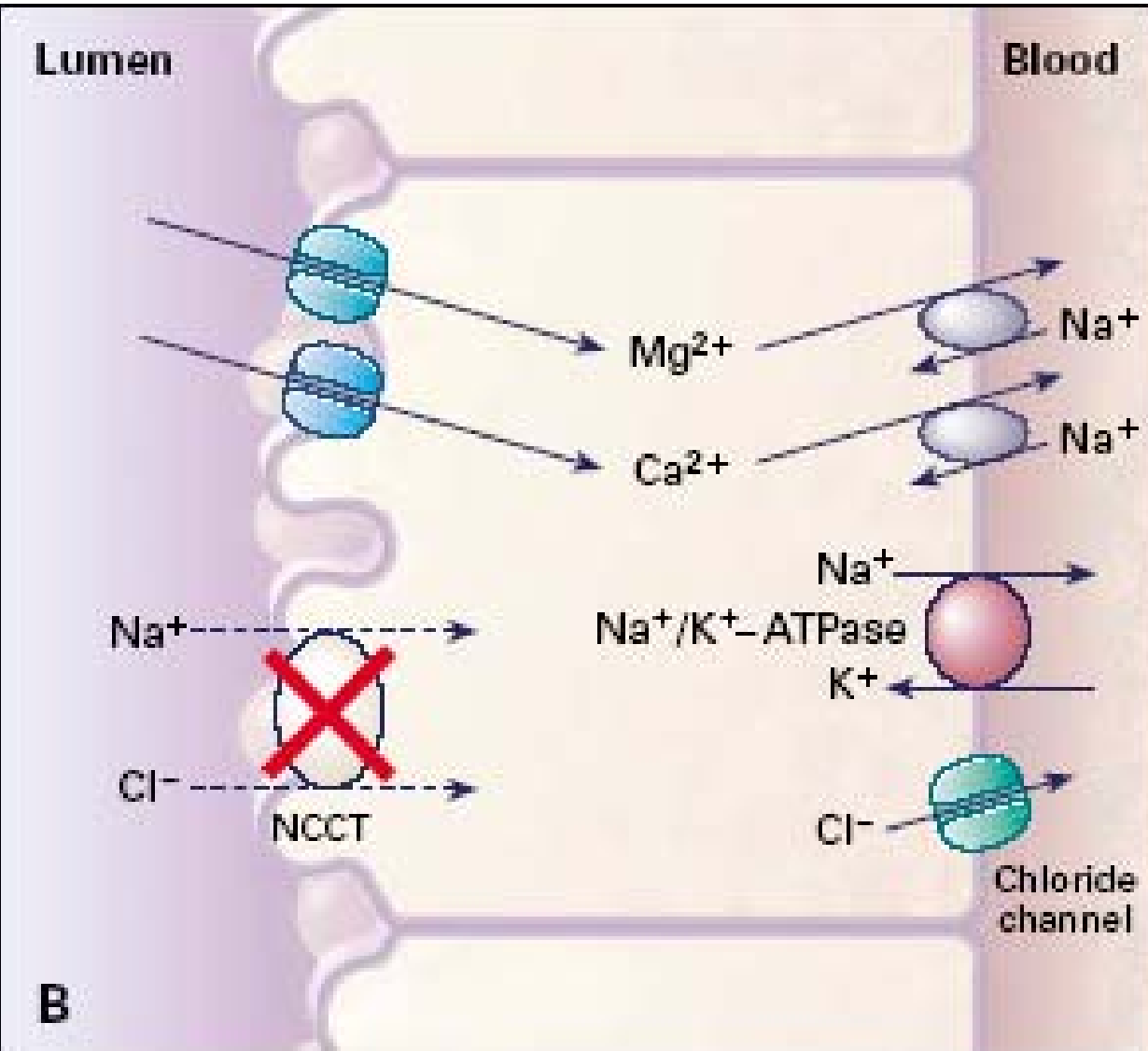
K^+ wasting

K^+ wasting

NaCl wasting
 K^+ wasting

Q3. Why do hypocalciuria and hypomagnesemia develop in patient Gitelman's syndrome ?

Hypocalciuria



- ① Basolateral Na-Ca exchange ↑
→ Ca inflow via apical Ca channel ↑

~ KI, 1998

- ② Hyperpolarization
→ voltage-dependent Ca channel ↑

~ *Biochem Biophys Res Commun*, 1999

- ③ Upregulation of distal nephron

~ *Nephron*, 2002

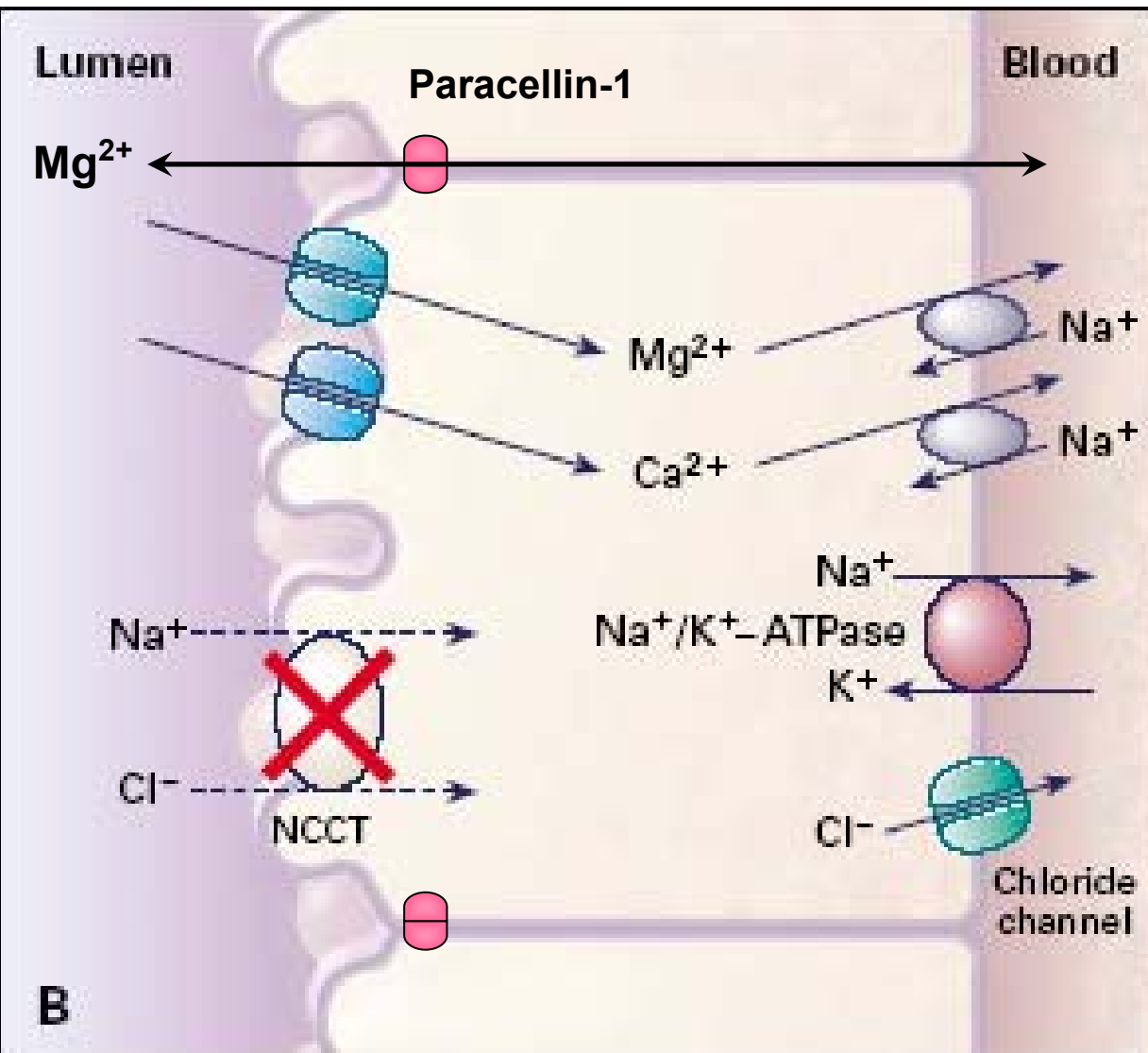
- ④ Volume contraction
→ proximal Ca reabsorption ↑

~ KI, 2003

- 2 patients had a negative mutation in the gene encoding γ -subunit of Na-K-ATPase
 - Had hypocalciuria?

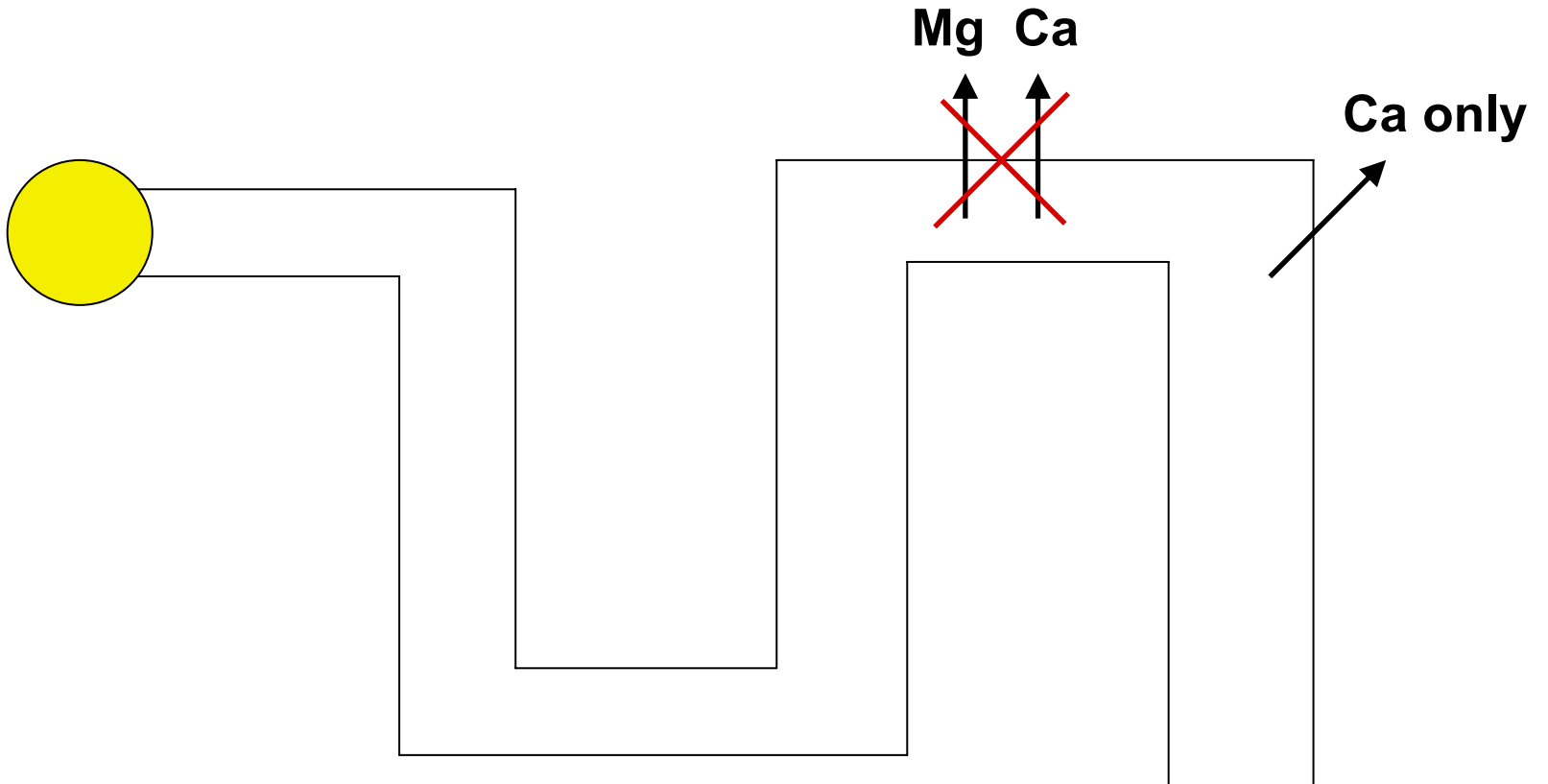
~ Nature genetics, 2000

Hypomagnesemia



- ① Similar as Ca ?
- ② Hypokalemia ?
Why Bartter's not ?
- ③ ENaC
→ Mg secretion ↑ ?

Hypothesis by Halperin



Q4. Why are higher dose of ENaC blockers required in patients with Bartter's or Gitelman's syndrome ?

- Amiloride fail to curtail kaliuresis
- Flow in the CCD =
number of osmoles in the CCD / P_{osm}
- The concentration of drug is diluted !!

Q5. Why does hypokalemia persist despite therapy with KCl in patients with Bartter's and Gitelman's syndrome ?

- K supplement: 500 meq/day
- K-sparing diuretics
- When more severe hypokalemia occurs
 - ROMK in CCD down-regulation
 - K secretion ↓
 - $[K^+]_{\text{plasma}}$ ↑
 - K supplement
 - ROMK conductance ↑

Differential diagnosis of hypokalemia

B. metabolic alkalosis

- i. gastric alkalosis—low urine chloride
- ii. diuretics or other drugs, infection...
- iii. genetic
 - a. Bartter syndrome (thick ascending limb transport)
 1. inactive NaK2Cl cotransporter (NaKCC2)
 2. inactive basolateral chloride channel (CLCNKb)
 3. inactive barttin (β -subunit for CLCNKb)
 4. inactive renal outer medullary potassium channel (ROMK)
 5. activated calcium sensing receptor
 - b. Gitelman syndrome (distal convoluted tubule transport)
 1. inactive NaCl cotransporter

Disorder	Inheritance	Clinical Features	Hypokalemic Metabolic Alkalosis	Calcium Excretion	Serum Mg	Gene	Protein
Bartter/Gitelman syndromes							
Bartter type I	AR	Antenatal presentation, salt-wasting, nephrocalcinosis	+	High	Normal	<i>NKCC2</i>	Bumetanide-sensitive Na-K-2Cl cotransporter
Bartter type II	AR		+	High	Normal	<i>KCNJ1</i>	ROMK potassium channel
Bartter type III	AR	“Classic” Bartter syndrome, less severe, occasionally overlaps with Gitelman or antenatal	+	High	Normal or low	<i>CLCNKB</i>	CLC-Kb basolateral chloride channel
Bartter type IV	AR	Antenatal Bartter syndrome with sensorineural deafness	+	High	Normal	<i>BSND</i>	Barttin, chloride channel subunit
Bartter type V	AD	Hypocalcemia	+	High	Low	<i>CASR</i>	Epithelial calcium-sensing receptor
Gitelman	AR	Presentation in young adults, hypomagnesemia, hypocalciuria	+	Low	Low	<i>NCCT</i>	Thiazide-sensitive NaCl cotransporter

Conclusion

- ◆ Hypokalemia, metabolic alkalosis, hyperrenin & hyperaldosterone → B & G syndrome
- ◆ Bartter's syndrome is a rare disease.
 - NKCC, ROMK, ClC-Kb, Barttin, CaSR
- ◆ Gitelman's syndrome may be seen in adult.
 - NCCT
 - The mechanisms of hypomagnesemia and hypocalciuria are important but not well known
- ◆ K, Mg supplement, K-sparing diuretics, COX-2 inhibitor & ACEI are current mainstay therapy

Thank You

