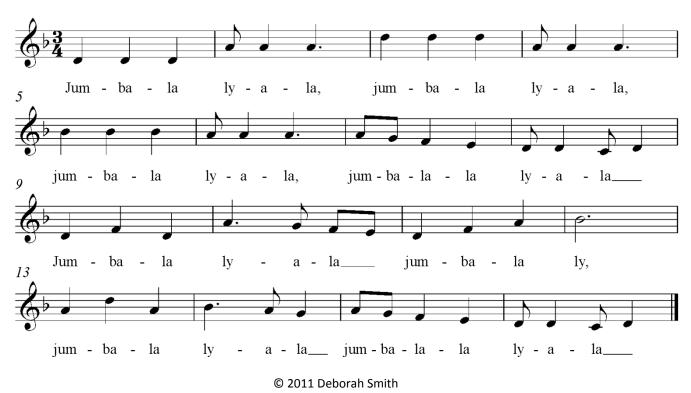
Jumbala Lyala

Words, music and actions by Deborah Smith



Tone Set	Scale	Teaching Purpose(s)
so, la) ti, do re mi fa la	Natural minor	3 4

Level 1 Reference	Song Type	CSP (Comfortable Starting Pitch)
Lesson 40	Composed Game	C and D

Jumbala Lyala – Actions

Formation: students sit in a single circle with their legs crossed and clap 3 beat body percussion patterns created by the students.

Example Pattern 1

Beat 1 Clap own hands once.

Beats 2 & 3 Hands on own knees twice.

Repeat for rest of song.

Example Pattern 2

Beat 1 Clap own hands on own knees once.

Beats 2 & 3 Lean towards the left and tap person on your left's knees twice.

Beat 4 Clap own hands once.

Beats 5 & 6 Lean towards the right and tap person on your right's knees twice.

Repeat for rest of song.

Example Pattern 3

- Beat 1 Clap own hands on own knees once.
- Beats 2 & 3 Cross hands and clap own knees twice.
- Beat 4 Uncross hands and clap own hands on own knees once.
- Beats 5 & 6 Spread hands and tap the knees closest to you on your left and right (i.e. the right knee of the person on your left and the left knee of the person on your right).

Repeat for rest of song.

Example Pattern 4

Beat 1 Clap own hands on own knees once.

Beats 2 & 3 Tap right hand to own left shoulder twice.

Beat 4 Clap own hands on own knees twice.

Beats 5 & 6 Tap left hand to own right shoulder twice.

Repeat for rest of song.

Example Pattern 5

- Beat 1 Clap own hands once.
- Beat 2 Hands crossed at elbows and tap shoulders once.
- Beat 3 Clap own hands on own knees once.

Repeat for rest of song.

Example Pattern 6

- Beat 1 Clap own hands on own knees once.
- Beat 2 Clap own hands once.
- Beat 3 Place right hand pointer finger on nose and left hand over right hand on right ear
- Beat 4 Clap own hands on own knees once.
- Beat 5 Clap own hands once.

Beat 3 Place left hand pointer finger on nose and right hand over left hand on left ear Repeat for rest of song.