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The First Lesson of a Course

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on

THE SUBLIMINAL MIND

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Keeler's

COMMENTS

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Prayer and Its Therapeutic Value

By

ELWOOD WORCHESTER, D.D., Ph.D., and
SAMUEL McCOMB, M.A., D.D., of
Emanuel Church, Boston.

Our view of prayer will be influenced by our conception of the relation in which we stand to God. If we think of Him as some far-off Being, with whom we are only externally connected, the idea of prayer is, to take a homely illustration, like calling up a distant person on a telephone, making known our wishes and then waiting for a return of material goods. This is, of course, hopelessly crude and materialistic. But if we grasp the thought that we are organically related to God, that we exist in Him spiritually somewhat as thoughts exist in the mind, we can see that a strong desire in our soul communicates itself to Him and engages His attention just as a thought in our soul engages ours. The stronger the thought, the more frequently it returns, the more it is likely to be acted upon.

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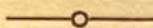
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The Subliminal Mind

The Course on the Subliminal Mind, of which the following is the First Lesson, was intended to be published as a book, but I give it to the Comments. It will consist of fifteen or more Lessons.

I do not believe that the subconscious mind is the true and most powerful level in which healing occurs, but I know that the subconscious mind accepts and retains the patterns, the correlatives of disease. For one to distinguish between the Subliminal Mind and the subconscious or habit mind and the activities and the approach to each is to raise one from the limits of a popular psychological conception to that of true healing metaphysics. Psycholo-

gy has its values but one cannot force one's way to health and masterfulness by using worldly information and mental means that do not in themselves rise above the troubled conceptions that act as cause of disease. Our true aim should be to make use of powers that transcend the merely mortal man. I hold that the Subliminal Mind is the seat of true and permanent **healing** as distinguished from that which brings temporary cures. Man will never meet his problems by resources that are entirely of mortal levels. To become acquainted with Subliminal Mind levels is to raise one's consciousness into self-protecting powers and Divine security.



The Subliminal Mind

Poised between the absolute and the animal, partaking of characteristics of both and the power of the One, yet it is neither, there is in each of us the Master, the perfect Man, the Superman, that which Emerson

calls the Oversoul; an eternal sublimated God-in-us known to the Hebrews as Emanuel, to the Hindus as the Buddha and which we worship in its most perfect incarnation in Jesus the Christ.

This level of life and the consciousness of it we know from the modern standpoint of higher psychology and applied metaphysics as the Subliminal Mind.

Disregarding technical terms and historic terminologies, it is that which is truly sublime in men.

But it is subject to scientific scrutiny. It can be clearly defined; its laws and its ways understood. Its faculties may be cultivated and its powers applied to the commonest affairs of daily life, for though it is divine in its nature, it is intensely and unashamedly human in its prerequisites. Nothing can contaminate it. It reaches deep into the muck of disease and despair, but always rises above the surface of the waters of life, as the white flower above the lily pad. Although it opens in the pure light, it is neither light nor the mud, but a thing of living beauty in itself always carrying the distinguishing character of the Sublime, always highly individualized, living among things and conditions but never subject to them.

The perfected Samuri of Japan is its progenitor, the Knight Errant its exponent, its objective is the Holy Grail the Cup of Brotherhood of the Christ. It knows sentiment but no sentimentality. It has at once the un-

changeable rigidity of Spirit and the all inclusive flexibility of Love. Its significance is Love and Truth, the Truth that no mortal can countenance and remain merely mortal and the Love to which all, even the lowest, respond. It is the angel in man, but always man, made in the image of God.

In order to comprehend the Subliminal Mind we must grant it forthwith the powers of the so-called impossible. Logic cannot confine it, for it is a living thing and life was, is and always will be, before and beyond logic.

Begin, then, the cultivation of its consciousness. Meditate upon that which can consciously be comprehended as being both Divine and earthly as one: i. e. the Divine on earth functioning as the Absolute and the Creative. It is the creative, the created, the visible living man or woman who sublimates with pure Divinity.

Who believes in the Absolute but rejects the Master enthroned in mankind here on earth denies this Indwelling Christ and the Subliminal Mind through which true enlightenment functions. Such a one may call himself spiritual, he can be devout and religious; nevertheless he will be a denier of that which

truly sublime in man, and will suffer thereby.

Jesus died proving BOTH His divinity and His humanness. He brought God and Godliness OUT of Pure Spirit and out of the Absolute into and upon the earth; He taught Fatherhood, Sonship and Brotherhood; and whoso comprehends these three teachings comprehends Godhood strictly and undeniably ON EARTH, regardless of wherever else in the wide Universe all of these qualities may be.

One who is impelled to deeds that heal and perpetuate humanity at its best, instead of toward angelhood as something over, above and different from human life, is actuated by the Subliminal Mind in him. Any doctrine, however high and noble its tenets may be proclaimed that fails to give man, any man, his rightful Sonship and that Sonship enthroned in its kingship of his very own individuality denies the true and living Christ. The past is done and self-immured, the future is unborn, but the present is here and it belongs to man—chattel not merely to his possibilities but to his loving powers, the Subliminal, Very God in him and actively so. It is the Subliminal, the Masterful in man that frees him from his dungeon of mortality.

We sense the Subliminal Mind as the Urge, the Untroubled Conscience, the Can-do, the incentive of True Art, the Healer, the Seer, the Server, the Knower. Without it the husband is a beast, the wife vixen, the human life an empty shell.

If that which is good beyond the dream of mortal ever can be, then the Subliminal in him is, and it can be lived, applied and enjoyed. In some of its phases it appears in our lives as miraculous commonplaces, exciting the awe that every birth of a child brings, yet often it is passed by as the flower by the wayside — unnoticed; by the same individual it may be truly hailed as the source and expression of each and every talent, all skill and genius itself, for these things are its faculties.

We are to learn to recognize it and not pass it by, we are to apply its limitless capabilities. We are not to be overawed by its richness nor blinded by its Light. We who are heirs as Jesus taught are to accept our birthright and no longer "hang on the tree" of mortal law or be "under tutors," "subject to times and portents." We are to make use of the things God has given us through this level of mind with which He has endowed us.

If we meditate upon the Subliminal and the characteristics

given above, making them real to us, uniting all and dividing none from the others, we will come into the Subliminal consciousness and into the powers and talents of its mastery which belong to each individual selfhood. Our science, our philosophy, our devoutness and our religion may and will aid us in

doing this, but above all, the Master-in-us will aid us most. He enlightens those of us who serve Him and accept Him. The mind in which functions in doing this we know as the Subliminal Mind. We shall learn potent facts concerning it, and we shall come to live at its level.

No Secret About Healing

Early in the Bible, in its second book Exodus (15:26) there is the injunction of Healing and Guidance "If thou wilt diligently hearken to the voice of the Lord thy God, and wilt do that which is right in His sight, and will give ear to His commandments and keep all His statutes, I will put none of these diseases upon thee which I have brought upon the Egyptians; for I am the Lord that healeth thee."

From whence do we obtain our doctrine and practice of healing? From the Bible, from one end of it to the other and throughout its pages. Here we have one of the first plain statements of healing and the very last words in the Book are those of the Eternal Christ saying, "I came quickly."

The Bible offers the Truth to you as well as me and to the Egyptians as well as to the peo-

ple of Moses, but in those primitive days the wonderful people of Moses who had discovered that they could "walk and talk with God and that He would guide and heal them, thought that they must therefore be the only people, that evil came to their enemies, not to them, for they were the chosen people.

God did not affect the Egyptians. God does not affect. God heals. Axiomatically when we say that God heals we do not and cannot say that He destroys.

There are always these "superior" people, those who believe that they are chosen to rule all others, that the laws of the cosmos are made for them. From this egotistical state of mind wars arise, struggles ensue, and resentments enter and canker the heart. So soul and body are destroyed.

That nation and that individual is healed and remains whole who in the recesses of their hearts accept God's Equal Goodness. The Jews still struggle and find prosecution for they remain a people apart. They practice aloofness instead of the Brotherhood of Man. This is not a doctrine. It is a dangerous practice.

The wars of mankind arise because one race, or nation, or set of beliefs assert themselves as superior.

The acquirement of the One Goodness of Non-struggle is the perfection of healing and helping mankind.

It is struggle that causes disease, not occasional periods of struggle in the consciousness of the individual or the group but the heart-hidden, set, fixed purpose (or fear) of struggle.

The Remedy is not a secret. There is no secret of healing. Those who will hearken to God and do that which is right in **His Sight** will be well, happy and free. In Truth as well as in practice we know this to be the proven way of immediate wholesome life. It is not a doctrine with us. It is a practical fact that actually heals.

We as practitioners seek the hidden sin, fear, or struggle. We through practiced prayer dissolve hidden cankers in God's

Truth, not in personal opinion, nor by our personal ideas. It is all a sharing, never the exercise of influence. How could there be influence when one person in Truth (in the Sight of God) is as good as another. It is God's Good Way that heals, not even any personal opinion of good.

Healing is **always** some phase of conversion from "I will have my way because my way is best" to "I accept God's Way" knowing that God's Way is always Best.

Remember that one can easily prove the marvelous effectiveness of all this to oneself provided one be consistent and sincere and practice it.

Remember, too, that it is the oldest of all teachings.

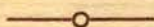
Exodus again (23:25), "And ye shall serve the Lord your God, and He shall bless thy bread, and thy water; and I will take sickness away from the midst of thee."

Serve "your God," your good. Such a daily endeavor in silent prayer will take you far beyond the fondest imaginings of your personal ideas of good and of fear also, and into the realm of positive living.

Or would you rather have a good time in your very own way. Very well, the only up or down in life is that we are all

free. Onwardness is as easy as backwardness, and "ups" and "downs" do not constitute life.

Life is pleasantly onward. Why not, then, repent of struggle. It is much the easier way.



'People Must Develop Inner Qualities of Mind, Spirit'

"The world will not be fit for human habitation until its people have developed those inner qualities of mind and spirit that produce great living."

This was the statement of President Robert Gordon Sproul of the University of California, in a recent address.

Pointing out that the world which science has built needs the directive force of religion, Dr. Sproul said: "In recent years that were ending an era though we knew it not, many men resolved the so-called conflict between science and religion on what seemed to them a practical basis in favor of science. Today as they stand at one of the great decisive moments in history, when the engines of the machine age are destroying the lives and liberties of men, would any of them dare to answer that science suffices? I think not. There is a great and imperative necessity for some counter-availing, or I think more

accurately, some directive and in some degree complementary force, that shall rally the recuperative powers of mankind and win the race with catastrophe.

"Education cannot provide such a force, important as it is," Dr. Sproul said, because "it is not the minds but the souls of men that must be regenerated. Catastrophe is not surely to come. Men and nations must have not so much a change of mind as a change of heart. They must listen to God and obey, lest they listen to Hitler or Stalin and grovel.

"The fundamental tenets of faith in democracy and of faith in a merciful God are complementary and supplementary to each other."



"The man who knows the law is sure that his welfare is decided to the heart of Being; he believes that he cannot escape from his good."—Emerson.

From My Correspondence—Problems

—Those other people

I think most of the mental side of his case has occurred because of the presence of the third party in your home, which is in accordance with your report. It is very often the rule that a third party in a home is dominant. They so seldom seem to accept a home as any sort of favor. They try to run it, manage it all. These are common cases with practitioners.

I believe God should control your life, your husband's life and mine, and just exactly no one else should do so. If you accept this belief as a Principle thoroughly and deeply in your heart, you will find that the whole thing will change.

On my part I can accept your Freedom for you, definitely for you, and I am going to do so of course as a practitioner. We also have to get rid of any idea that for you to have your Freedom means anything against anyone else, or takes any kind of freedom from anyone else, for that is not true. Whoever personally attempts to interfere with the Freedom of another simply loses some of their own and they generally have little to lose in the first place. Therefore, treatment for Freedom in

such circumstances is to be a happy healing for all concerned in every case. I shall treat the whole situation of course, and I am glad to have you report anything that disturbs you.

God's Freedom brings personal freedom.



—The Truth about prosperity—

In the first place, it is a fact in all cases that when there is not prosperity, that prosperity is subconsciously, (unconsciously,) definitely refused. Of course the world does not believe that, but then the average person in the world is not prosperous. I have told you why. They really in their heart of hearts do not believe in prosperity and neither do you. You say so plainly. How do you say it? You say during some immediately preceding years that you have thought that if you had money unwanted responsibility would be thrust upon you. There you are. Consciously you say you want money. But by a conscious and subconscious habit you are afraid something will happen to you if you have it. That is your case. When you can stand up before God and say that you will accept money and say so

with your heart, your soul, your feelings, with your whole being, the money will come. That is all a practitioner ever brings about for a patient, he consents for the one he is treating, he Accepts for that one.

Also in your letter you object to others having money. You say always some one near you, sometimes several, have money—have had unusual prosperity. There is criticism in this. If you are against money you are against it. If you are against prosperity you are against it and you will win against it and you will become less prosperous. Oh, no, you are not against it for anyone else. The "anyone else" does not count. When you become harmonized in your heart and in your emotional life for prosperity for you yourself, you will have it. This never fails. All this is plain, simple instruction in the fundamentals of ordinary metaphysics and Bible Truth.

—o—

—I love my children, but—

I have said many times that the only way I know how to settle these matters of sensitiveness and what I call exaggerated love between mothers and children is by placing the child under God's care, by giving that child, surrendering the child, to

God. After all, everything and every person belongs to God, this is fundamental. I do not believe that you or I give a treatment, but that God does it for us. I would carry that so far as to say that I do not believe that any human being loves another human being, but that God establishes His Love between the two, that He does it all, that what we call mortal love, human love, is one of the most abused and least understood actions that ever crossed the human mind, because worldly love is always based on ownership. "I own you, you are mine. Therefore you must do this or that.

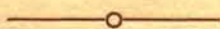
You are still both injuring yourselves over what you call and most of the world calls your love of each other. I consider that kind of problem one of the most serious on this earth. But if we can remember that we all belong to God and give each other His Freedom, then it becomes solved.

Honestly, I do not believe that if you and I were masters before God we would take upon ourselves any responsibility of these wayward children of the earth. We would pray for them and we would give them what we could through prayer and probably only that and we

would then let them do and be what they will just as God lets them do and be. I think we all live eternally and that we all correct these things finally and that we really like to correct them, each one for himself, except that there remains the power to teach and guide and help through the labyrinths of life and there remains a power to do everything for any other person through prayer. However, there is this other side of the question. Any individual can refuse to allow anything to be done for him or her, for God has given absolute freedom to each. So why should we be crying about this, and what we can and cannot do for others and what and how badly they treat themselves and etc.? All this is illusion. Let us come out of it and into Peace, into God's Peace and silently and prayerfully serve upon that Fundamental. Invariably this treatment of such cases reaches the other person helpfully. It saves wayward boys time and time again.



"Universal Mind sees and speaks from **within**."



Late Cases, Excerpts from Reports

No. 1016—"Mr. Y. is so very

much better, there is some definite improvement in every way. His business is beginning to pick up. We are deeply grateful that your spiritual treatments have been so effective."

No. 1005—"I wish to let you know how well I have progressed and how well I feel now, for which I thank you so much for your help in my recovery. I feel that there are perhaps only a few small adjustments yet to be made, but on the whole I am so very much better than I have been for a very long time."

No. 1034—"I am happy to report improvement in the menopause condition. The perspiration has been less severe and also rush of blood to face and head."

No. 1038—"E. is doing very nicely. She wasn't frightened in the least, which was a joy to the doctors and nurse. Tonsils and adenoids were very large and diseased, so her doctor and nurse have remarked."

No. 1036—"This is to let you know that my joints and muscles are still improving noticeably each day."

No. 1018—"I'm ever so much better of the constipation and am feeling very well in every way."

To Every Particle An Unseen Pilot, Says Science

In studying the structure of matter it is found that we must study material things which modern physics name as atoms, molecules, and electrons and also we must study non-material structures such as fields of electricity and radio waves, and in addition to this we confront an activity that is now called "pilot waves."

Newtons, positons and electrons consist of matter. Recognized as such they in turn are held together in units by wave structures, wave-like patterns. These patterns of course are not matter.

It is now known and accepted by regular science that these matter-particles not only move but that the movements that actually carry on as chemical changes in matter, such as crystallization in metals or as the living inflations and cleavages or splittings of cells which constitute their propagation or recreation activities and occurs according to **unseen definite plans** that are so completely understandable and dependable, in a word so forceful and insistant, that they are called forces, the unseen force "structures" of classical physics. These have their own "energy levels" and are even called "quantum cells," that is,

measurable dynamic insistencies.

The particles of matter do not know where to stay or how to move, but there is in all phases of matter a recognized **guiding field**, guiding waves which direct and determine what these particles shall do. These actions of guidance were discovered in the study of light **before** the so-called particles of light were themselves found.

What are these living, guiding powerful insistant forces that pervade all substances? It is not admitted that they cannot be expressed in concepts of time, space or matter. Physics does not know of them, but it as a science is obliged to confess that it cannot describe them as other things beyond the usual mortal conceptions. Herman Weyl, a distinguished mathematical physicist writes, "If it (this action) is not God, it must certainly be a superhuman giant." (Yale Press, 1931)

The point is this: Physics as well as mathematics has discovered and is trying to name and to conceive of the Design of God in creation, a subliminal, everywhere prevailing intelligence, the particle structure of so-called inanimate matter in its changes and of the cell structure in its every movement, the unfoldment and health pro-

ervation of each living creature. They have discovered **That Something** which is distinct from matter particles, electricity and magnetism (all of which are also essential to cellular action) and which **pilots every action**. Science states that these are "the sources for living wave systems of different degrees of complexity," and says that they compare with "mental frameworks."

The body is but a photograph of the unseen man. The unseen man in his perfection and normal health, is so according to the ever present and persistent Design of God.

That Design registers upon the physical and upon the mental man. It is perfect in the subliminal and spiritual levels of man.

But God's Design can be diverted temporarily in earth life by mortal-mind patterns of fear and non-acceptance of the Original Design, because man is endowed with Creative Freedom and therefore can create an unnatural freedom that requires a complete reconstructive new beginning (called mortal death) unless the Original Over-present Design is Accepted in the mind and soul of the individual. The partial non-acceptance we know as the inharmonies of lack, unhappiness or disease according

to their registration upon the physical or the emotional life of the individual.

Healing consists of restoring the individual to an interior Acceptance of the Original Design. The Sources of the Design are reached by prayer, by spiritual activity. Since the Design is an action of intelligence, it responds to intelligent appeals on the part of any individual that are made according to the laws of the Intelligent Design.

The above is a statement of Spiritual Power Fact now admitted by regularly accepted science on the one hand and a conception of Divine Science Healing arising therefrom on the other hand.

Since this method of arriving at an understanding is comprehensible to many persons who are trained in the material sciences, further articles along this line of explanation will appear in the Comments.

"The Soul of the Universe" by Gustaf Stromberg, a physicist and an astronomer attached to the Mount Wilson Observatory and Carnegie Institute, will interest those who seek a more thorough and technical analysis along the above lines. (Published by David McKay Company, Washington Square, Philadelphia.)

"Thou shalt make thy prayer unto him, and he shall hear thee, and thou shalt pay thy vows. Thou shalt also decree a thing, and it shall be established unto thee: and the light shall shine upon thy ways."—Job 22:27,28.



News and Briefs

I am enthusiastic about the first article in the Divine Science Monthly (East 14th and Williams Street, Denver, Colorado) for September, entitled "Thomas Paine and Thomas Troward" by Ralph Roper in which both these wonderful men are compared favorably. The article repeats our fundamentals of Truth in a new and interesting way. Paine the great orator chairman of the Committee that drafted the French Constitution, himself drafted from England for that purpose, speaking of "thoughts that come into our minds of their own accord," said "I acquired almost all the knowledge I have from them."

I tell you that there is a very live and lively Inner Teacher that never fails one who heeds it.



Nautilus Magazine (Holyoke, Massachusetts) announces an article to appear in its October number by Dortch Campbell on

the subject, "His Prayers Were Answered Daily for a Year." You know Dortch Campbell and know that he knows what he is talking about. How would you like to have your prayers answered? Don't tell me you cannot find the way to learn how.

The September Nautilus also contains a fine article on "Winning a New Life," by Robert C. Harris.



There are lots of good things in our current literature. Fight, fly the feathers, work hard, no worry and envy those who have it if you just must or so believe, but it is all unnecessary. You know differently! Very well, have it. Some day when you change these beliefs your whole life will change. Others' lives do. And you are not outside the Law of Good Change for there is no outside.



There is a new booklet by Harriet Ayre Seymour, the daughter of Harriet Ayre, the first woman newspaper columnist, on "How to Use Music for Health." (Thirty Cents; address 65 Willow Avenue, Larchmont, New York). Mrs. Seymour is the leader in Music Therapy in New York City. You will find an article about her interesting work in the American Magazine for September.

Dr. Alexis Carrel, in his book, "Man, the Unknown" asserts that the telepathic faculty, though rare, is a normal activity of the human being.

A short time ago, a little man in Hungary mystified the psychologists with astounding feats of telepathy. This man, Dr. Frank Polnar, of the University of Budapest, penetrates secret thoughts and bares mysteries as easily as you would peel an orange. How does he do it? He doesn't know. The psychologists don't know. The secret of telepathy, of thought transference, remains unsolved, although great intelligences, like Dr. Carrel's, are at work on that stupendous problem now.



Some of us believe that life is without end, anyway this fact is known: "In the region of 1 degree K (about 272 centigrade) certain substances lose all electrical resistance, so that an electric current flowing around a lead ring, for example, keeps going indefinitely." If electric motion or any other activity is without end, why may it not be true that life is without end?



In these Comments I intend to coach those who are interested in the practical use of intuition. You have intuition. Everybody has it sometimes; therefore I hold that we can have it at will, that when we really seek the

Truth about a given situation, the Truth answers. By doing a little training and giving the matter attention, we can Know that answer.



It seems that nearly everybody wishes to write short stories, or write something, in order to bring in some extra money. I am answering all inquiries about such a venture definitely by indicating the book "Writing and Selling" by Jack Woodford (Garden City Publishing Company, New York City: \$1.00).

Mr. Woodford writes and sells what he writes. He speaks to the point and tells you all about it, if you read his book you will receive a few mild shocks to your pre-convictions. Isn't that interesting? Or would you prefer to dream on? I wouldn't. There is nothing in a dream. Let's face it and do it.



All unsigned articles in the Comments are by me, W. Frederic Keeler, but I am looking for some very **short** ones from you, however do not send any unless you expect me to have final say about using them. I am not subject to you any more than you are to me. Why should we ever presume in this God's Great World? And I do not know how to write, I never said I did. I just set down a few things about the subjects I love, and I wish the same to you.

The Great Truth concerning Man is that he is in the image and likeness of God. Man is at first ignorant of this Truth, and this ignorance is his Fall. Man at last comes to the perfect knowledge of this Truth, and this knowledge is his Rising-again, and these principles will expand until they bring us to the full Expression of the Life that is in us in all the glories of the Heavenly Jerusalem.

(From "Bible Mystery and Bible Meaning," by T. Troward)

I. N. T. A.

The International New Thought Alliance Congress held in San Francisco in July was one of the best ever. Regretfully, I could not attend, for the dentist had designs upon a goodly number of my teeth which was not so good. I was to speak a few times but a fellow has to talk through his teeth even if he does not have so much packed away between his ears to say. Well, I will try to go to Nashville, Tennessee, next year where the next Congress will be held in June. Mrs. Fay Sheridan, formerly of Healdsburg, California, will be its Chairman there.

They did things at the San Francisco Congress, among

them a New Constitution and By-Laws. I wonder what they are. But we know they were in safe hands for most of our best and most experienced leaders were there.

Mrs. Erma Wells of Spokane was re-elected President, Reverend Nona Brooks of the Denver College of Divine Science First Vice-President and Dr. James E. Dodds of Portland, Oregon, Second Vice-President, three active workers in Truth with large local—and general for that matter—followings.

And there is a very strong representative Board. The Alliance is a healthy going concern the one organization in the whole world that unites the ministers, teachers, and practioners of the great Quimby—Emerson—Troward—Cady Truth Movement.

And to Henry Victor Morgan went the honors of Honorary Board Member and poet laureate, and justly. He is the grand man veteran of our Truth. You should read everything he writes, you will find no misleadings there.

A dollar will do more for our Christian Healing endeavor if sent to the Alliance for a membership than in any other way it could be spent.

About (seventy-five) volumes of the Triumphant Christ version of the New Testament as translated for Truth students by Arthur E. Overbury (Monrovia, California) were given to leaders and teachers at the last I. N. T. A. Congress. This is another value occurring to our workers who attend these yearly Congresses. It is an unusually helpful book, in fact it is two books in one volume, consisting of 502 pages of translated New Testament and 240 pages of very informative and explanatory index.



The first of the I. N. T. A. Principles (see foot of inside back cover) is the pride of my religion. I can say to anyone, "Our religion is of true Christian liberality. We do not say that we have all that is true about Christianity, that we are right and that other beliefs are wrong, and that, therefore, you should believe as we believe. We do not proselyte. We say we are right for us and your way is true for you. We preach, at least I do, that if your church is acceptable to you be true to it, support it. But if you are not happy in your present doctrines, you are free to accept ours. And, we are your friend in any event. Your sincerity is your password to right-

eousness. Sit with us, sing with us, pray with us, you are welcome in your own conscientious acceptances."

I believe this is a new departure among the religions; not we are right therefore you are wrong, but we are right and you are right. Be not disturbed. God is with us all.



Why did the Comments change from its mimeographing form to printing? Because it costs less to print more, and of course this present new format is handier and more compact.



We will send free sample copies of the Comments to your friends. Simply send their addresses.



Treatments

Yes, of course I give treatments. I have done so most of my life, in New York twenty years ago, although I would see my patients and talk things over with them, I did not treat them in their presence. I would note the case and make some study of it as I now do by mail, then free from all argument, sorrow and agitation, under the best of conditions away from people, I would treat. I would lift the case, the trouble, entire-

ly out of the world over into my consciousness. The house, the child, the patient, the problem became then a mental conception. Having transferred the case out of the exterior life into consciousness I would then bring myself into Divine Presence and that is the important act in healing. On each healing occasion my business is with the Divine. I cannot of myself meet a case, but I know that Divine Love can. I bring the matter into Divine Law. I can think of the case and hold it in consciousness and I can, as my grandmother told me to do, "Think on God." The healing ministrations, as I know it, consists of bringing the problem to God. Nobody can prevent me thinking of the case and of God. I am practiced in that and that is why I am a healer. I like nothing better than to heal. Let others fish, dance, hike or play pool. I have had enough of all that. I had enough of it before I ever had any of it, that is simply my way.

So I keep away from people, although I like them very much, else I could not heal with the results I like.

I give no interviews. Write me about your case if you wish me to consider it. I will give a few test treatments freely without obligation and write you what my leading is about it.

Then if you wish treatment and if I am guided that I can bring about results we can go ahead but I desire some understanding first unless you have been one of my patients before. However, if there is an emergency simply send word by air mail or directed to me simply Western Union, San Diego. I will do my best immediately and we can correspond afterward. I like to treat emergencies. Yes, indeed, I can do it. Excuse me. I seem forward in saying that but a mature man ought to know what he can do in his daily work.

And you need not believe, I will do the believing. And do not be bothered about any idea of your not having faith. I have it, and if I should not have it God has it and He has it for both of us. The entire universe is packed full of Faith. We will just use that. I have nothing to be mealy mouthed about, I know my Supply. Some people think that supply means money. Perhaps, but I think it means Faith, and that all things follow real Faith.

We will speak of these things yet another day.

—o—

"All things whatsoever ye pray and ask for, believe that ye receive them, and ye shall have them."—Mark 11:24, R. V.

Some Thoughts About War

What Loatze the ancient spiritually wise man says that relates to war (struggle):

"When a wise man who wishes to reform the world takes it in hand, I perceive there will be no end to it."

"A good soldier is brave when occasion requires."

"Brave is he when occasion requires, but he is not mean."

"The Spirit of Heaven penetrates but does not injure."

"The Spirit of the wise man acts but does not strive."

"Whoever adapteth himself shall be preserved to the end.

"Weapons are things of ill omen, and the man of enlightenment does not use them except when he cannot help it.

Buddha teaches "Ye suffer from yourselves, none else compels."

"What lets? — Brothers! the Darkness lets, whereby ye take these shows for true."

"Eager ye cleave to shadows, dote on dreams;

A false self in the midst ye plant and make

a world around which seems

Blind to the height beyond . . .
Dumb to the summons of the

true life kept
For him who false puts by.

So grieve poor cheated hearts

and flow salt tears;

So years chase blood stained years."

The Song Celestial of India, a masterpiece of Truth, is founded upon the theme that all struggle is with oneself, that exterior objects or other personalities form no part of any struggle. And that outer manifestations, even war, cannot injure the Soul, that the Soul of man who keeps his peace in battle remains untouched and he should keep his peace even there.

The Old Testament is a history of the wars of the natural man, also a history of the relation of the spiritual man with God. It is the history of the mind in its varying activities.

The New Testament consists of a New Law whereby we can covenant with God, and wherein He does covenant with man that no struggles nor wars need be. Struggle must cease in the heart of the individual man. Christianity is primarily for the individual and its laws apply to those persons who accept them.

This is what I believe in general about war; that nations and groups will war upon nations and groups as long as the great majority of the individuals of those nations or groups struggle within themselves. The man who condemns others in his heart

will have fights and clashes of various kinds brought to him, and that the belief in the **necessity** of war leads to it.

Also that I should meet the occasion, and if I cannot meet it in prayer and heal it in my heart according to Christian and Truth teachings, then I should meet it calmly upon the outer plane and face things as they come, and do my best in that outward struggle knowing that I have sinned in my heart or I would not have been called to that struggle. I confess my sin, and keep my faith and do as others do when it is unavoidable, provided they and I believe we do it in defense of others and self.

I always remember that sins in outer expressed acts are minor ones. Christianity teaches that real sins occur only in the heart, therefore I follow on. Neither a coward nor the one who loves to fight is a Christian. We are to take our place in life and be men, not self-elected superiorities. There is no place in heaven for a cocksure egotist. We are not called upon to stand still and see our loved ones die for that would be negative murder.

All this simplified means—Do that which is before you realizing that if you had kept utterly clean within you would never have met the occasion of fighting in war or elsewhere and

that the sin is not so much in the sword as in the heart. Let your man be more calm nor more brave than you when under trial or on the battle field. You are no better than anyone else. Although you may have made mistakes, so have others. After all, sins are but mistakes. It is your choice as between the sin of cowardice of a brave act that you are loth to commit.

Personally I believe that that one who does his duty in faith and without condemning either himself or his enemy will reach the heavenly estate far sooner than the evader.

All this applies really to every act in life. We are not to judge by whitening the sepulcher. Self for death will still prevail within. We should solve the question, for everyone asks until they do so.

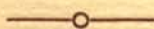
Perform well in Truth without do what you know as best without. Keep your **own** peace. Never fear, **God is with such when ever they are.**

As for the metaphysical movement, it is not a peace movement. It is American born, it favors richly of patriotism. I know that it stood clear of all taint of subversiveness during the first World War and was so recognized by our Government. We do not take sides in wrangle. We follow on and do our be

We had chaplains in the last war and had it lasted longer, I would have been one of them.

I would not pray for a man to be a coward nor to be a traitor to the duties that his fellows may seemingly impose upon him, nor would I refuse to do that which I encourage other men to do. I am an American and a law abiding citizen.

In saying the above, I am not advising. I speak of fact and Principle as I know them and I speak for myself answering questions that pour in from many sources continually. All men are Free and all have Choice. The final advice of one person to another can only be: Do that which you, in your conscience, know as Best. I do hold to the Fact-Truth that God will guide us in conscience. God created individuals and He believes in them and individuality means that men are different. But settle this question about struggle and war in your hearts. It is mighty good for your health to do so. And what is good for you is good for the Nation. We are really one.



Chat

"Why do you not use insight, the answer-to-prayer knowing, that you may have about the present world wars?" Over and

over again this sort of question is asked.

First, I cannot do a good job of it. I am not skilled in reading wars or international conditions. Oh, yes, I should be, of course, but I am not. I am speaking of practice, not of idealistic "should bes."

Then again some things that I have seen have been too much even for me to believe, and I know **others would not believe them** and that they would shoot their arrows of argument and condemnation at me for which I would not care a hoot, but I prefer rain and sunshine and why make enemies when it is not necessary? It is sometimes considered to be a sin to know things others won't believe. The wise man never shines and he does not deal in excitement. Who would believe that France would collapse so quickly? Suppose I had predicted this a while back.

Let devastation spread itself. I am not going to help spread it. Besides I have never forgotten the shock I experienced when I foresaw the first world war and how my pupils at the Long Island Institute I had at that time reacted to my description of it, not a national battle front, but an European battle front. It struck about three weeks after the announcement.

I can nevertheless predict Hitler will never invade this country nor will he attempt to do so. We will have taught him that he had better not by the time he might have liked to do it. Also he will be too sorry for himself for any such possibility by that time. Hitler isn't going to do so bloodily well in the not very distant future. This, of course, for what it is worth. It looks like a good clear intuitive answer to me. I always place a value upon every silent answer I receive, to do so aids in accuracy.

But my real accuracies lie in how to treat the given individual case that is to be healed.

I am a healer, not a wonder monger, although the "dear world" would appreciate much more the latter than the former, and the dear world would rather be entertained than be healed, unless very, very sick. The fact is I am still interested in Truth and its beauties and practicalities.

—o—

And these things about the nations and I remind me at this time my Comments are entering upon a new phase of publication.

You are very good to me, you readers. I do not know how one could expect a better attitude than yours to me. If any of you

do not like things I say, you never tell me so. And how you like to know the Truth about healing, but may I slyly say that it is very evident that you would much rather be healed than have to learn how to do it. However, I admit being somewhat stubborn for I am going to pe away at telling you how to heal. I do this just because it is too good to keep to myself.

Surprisingly, the following is the only criticism the Comments has brought me. One time stated in the Comments, "I am an American." Whew! One below wrote in a broken jargon that reeked of other shores that I was a this and that "no good" and that such "fellers shud not be permisted to publisher such things."

I liked that criticism, considering, it is so understandable. What right had I, with four more generations of Americans back of me on the four sides of my ancestors, to be an American. Of course a person should n't shout, but I am an American.

And I wish the same to you.

—o—

"Delight thyself in the Lord, and he shall give thee the desires of thine heart." — Psalm 37:4.

"Finally, my brethren, be strong in the Lord, and in the power of his might." — Eph. 6:

We believe in . . .

The Supremacy of Good; God is Good.

The Truth that the undesirable is never necessary in the life of mankind.

That prayer heals and guides those practiced in it, and we believe this without prejudice against any other forms of helpfulness whatever.

That man is both human and divine and united so as one whole, thence normally arises wholesomeness, as divine qualities manifesting in terms of constructive human life upon this sacred earth.

The Church of the Indwelling Master, a Church of Truth.

The modern American movement of Applied Metaphysics which is now closely approaching centennial.



This magazine devotedly believes in, supports, advocates and is a member of the International New Thought Alliance, whose headquarters is at 1317 F Street, Northwest (American Building, Room 306), Washington, D. C. The Alliance includes many societies of metaphysical and spiritual purposes and gladly accepts the membership of individuals who are in agreement with its principles. The fee is One Dollar a year and includes its Bulletins for the given year.

The first of its Declaration of (nine) Principles follows:



"We affirm the freedom of each soul as to choice and as to belief, and would not, by the adoption of any declaration of principles, limit such freedom. The essence of the New Thought is Truth, and each individual must be loyal to the Truth he sees. The windows of his soul must be kept open at each moment for the higher light, and his mind must be always hospitable to each new inspiration."

